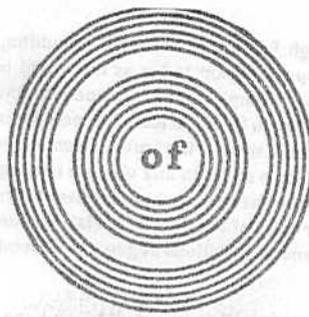


# Revelations

The New Age Cosmic Newsletter

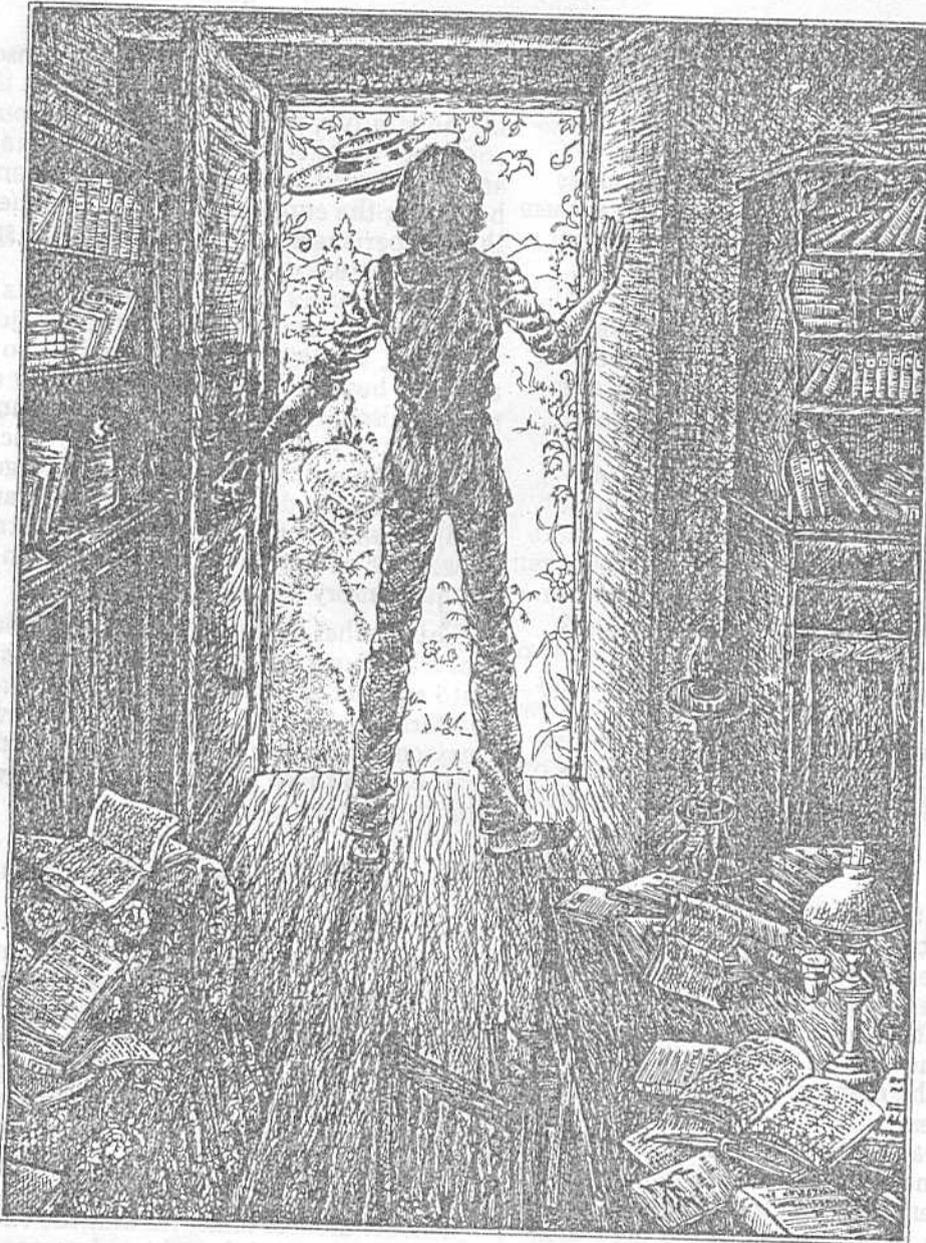


# Awareness

Cosmic Awareness Communications  
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Helping People Become Aware

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## THE WANDERERS' DILEMMA

### -- What to do about the Aliens ?

COSMIC AWARENESS is the Force that expressed Itself through Jesus of Nazareth, the Buddha, Krishna, Mohammed, Edgar Cayce and other great avatars who served as 'Channels' for the 'Heavenly Father' and who speaks again today as the world begins to enter the 'New Age' of spiritual consciousness and awareness. Since 1963 Cosmic Awareness has been communicating through carefully trained channels. This information is for those who desire to help in bringing in the New Age. Throughout the thousands of 'Readings' given through these various channels, Cosmic Awareness tells us not to believe anything, but to question, explore, doubt, and discover for yourself, through your own channel what is the truth. Cosmic Awareness will only 'indicate' and 'suggest'. Neither C.A.C. or any of the Interpreters is responsible for anything Cosmic Awareness states in any of these readings, nor does C.A.C. or the Interpreters necessarily agree with the statements of Cosmic Awareness. The Interpreters interpret the energies as they see them in trance levels and are not personally responsible for what is said. The Interpreters published herein have no connection with, nor control over the editorial comments and material, including illustrations. This is entirely the responsibility of the editor. Members of C.A.C. are invited to send in questions of general interest to ask Awareness for possible publication in this newsletter.

Paul Shockley, Interpreter

( Excerpt from a C.A.C. General Reading, Feb. 23, 1991 )

### DOES THE CONSCIOUS MIND "DIE" WHEN ONE PASSES OVER ?

#### QUESTION:

A question from H.T., Auburndale, Florida. Awareness has covered this before, but I'll ask it anyway, because there may be more added information. He writes: "The point of the question is very basic and universal, one of just *what* finally becomes of the "conscious mind man" in the hereafter. "The conscious mind man" is but the earthly awareness part of the great soul which superior part is indeed eternal. Still the question comes up: does this earthly mind "man" part survive long after death? Does it linger on to become the start of a new created being, or on the other hand, being only a limited copy of the Divine, does it slowly fizzle away, wear itself out, like some iceberg or other, until it is no more, or is there no separation, as this question assumes, at death, between the higher and the lower parts so that in reality, the conscious mind ceases building at death, but remains part of the eternal mind or soul. This latter part of the question really asks if the "earthly man" of "himself" would not advance any further but only be a memory, and not a new soul. This question is hard to ask. I hope I have the fine but important distinction clear, and really, in each his own way, I think everyone of us has really wondered about this."

#### COSMIC AWARENESS:

This Awareness indicates that the conscious mind retains much of the memory from the past life as the soul passes over. It accompanies the soul throughout much of the afterlife, gradually forgetting, if that afterlife goes on long enough. If it is a rather brief afterlife, the conscious mind then may be, at the time of reincarnation, struck or forced to surrender the memory of the life before, in the new incoming process.

This Awareness indicates however, during the afterlife itself, the conscious mind appears to continue remembering, but much of the remembering is seen from a different level of significance, much like remembering a dream, much like remembering an experience that is no longer of great significance, and as the significance is lost, the need to keep remembering also is often lost and diminishes

This Awareness indicates that the conscious mind is busy focusing on things that are occurring at the present time in the afterlife, if it occurs there. The purpose of the conscious mind is to attend to things that are at hand, and therefore it tends to forget the dreams of the night before, or the experiences of the lifetime before, unless these experiences or dreams have some special meaning to it in its present concerns.

This Awareness indicates therefore, its attention and interest at present time becomes its major concern, and therefore, whatever went before, if it no longer has any effect or bearing, may be simply slowly and incrementally dismissed from its memory; that those things which were part of its lifetime experience which have extreme value to the entity are not so easily forgotten, and in many cases, the details of these important memories may be diminished with time, but the patterns or lessons learned or ways of operation will carry on, even after the details of the memory are gone.

This is what helps to create personality factors for a newborn baby, for example, or as one progresses into another experience in life, wherein the entity's patterns that were developed from previous experiences may continue even though the details of the experiences that caused those patterns to form may be lost in the diminishing memory.

### DOES SADDAM HUSSEIN REMEMBER GHENGIS?

#### QUESTION:

In reference to the conscious mind continuing, Awareness indicated that Saddam Hussein had experienced a lifetime as Ghengis Khan. I believe this was over a thousand years ago, so evidently this entity's conscious mind or enough of it, remained all this time, and through his other lifetimes probably, up to this date, where he is reliving that lifetime experience in modern-day. Is that correct?

#### COSMIC AWARENESS:

This Awareness indicates that the entity has carried over certain patterns of thought and personality from that previous experience; that the details and memory of the lifetime are not seen as part of his consciousness.

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5.  
WHO WAS THAT NAKED FEMALE LIGHT BEING  
WHO KEEPS PESTERING CAC MEMBER IN DETROIT?  
(A Pleasant Way to Remember Who One Really Is)

QUESTION:

Some questions from J.K. in Detroit. The first one is personal, but leads into some others of a little more general nature, so I'll ask it. He's continually sent this question in over the years, and I've never asked it. He writes: "Cosmic Awareness, in the early 1950s, a super-beautiful golden naked female Light Being was beamed down into my room. I instantly recognized her and screamed out her name, and she merged into me and we communicated for quite some time. When she beamed back up in a shaft of light through the bedroom ceiling, she erased her name from my conscious mind, along with our communications. Then, in 1984, May 11th, between 11:00 PM and 1:00 AM, another golden light naked female merged into me. I remember saying to her something like: "Now you have a perfect face and body. You are a perfect beauty!" Please tell me if these visitations were from angels or members of the Golden race, or of the future race, and what was the purpose of these visitations?"

COSMIC AWARENESS:

This Awareness indicates that these entities are seen as having been what might be termed emissaries from your home planet; that you are one from the constellation of Vega, and that these entities on Vega are much concerned about the welfare of those who have ventured to this planet. That it appears these entities came as emissaries to help remind you of who you are and to give comfort and encouragement during times of difficulty.

This Awareness indicates that your purpose in coming to this planet as being to represent the Confederation, the Galactic Confederation which hopes to prevent the earth from being taken hostage by the alien forces from Draco and Reticuli. The entities from Vega who travel to this planet and others in order to assist in this, what may be termed "Galactic conflict," are recognized as heroes in their own planet at home, and are often taken there in their dreams.

This Awareness indicates the entity R.R. as also being from your Vega constellation, and this entity can give some further information about the program and how it works. It is much like UN troops being sent to a hostile area in order to maintain peace, except that it is transferred to a Galactic concern, rather than a global situation. This Awareness indicates the Interpreter as being from a different system, not connected with Vega; that there are many entities who have come to the earth at this time in order to help to see it through a transitional period that is essentially quite dangerous to the inhabitants of earth.

This Awareness indicates that these entities are also referred to as Wanderers. There are other names and the purposes vary with each entity, but are often part of Galactic Confederation program designed to salvage the earth from the Draco Reptilian takeover and the Reticuli and Orion forces. This Awareness indicates these Wanderers are not usually destined to have an enjoyable or harmonious life on the earth, but they do receive a certain amount of protection from spiritual sources, and they can, by carefully working, merge their purposes and personal lifetime so as to find reasonable enjoyment in the earth experience.



HOW PROGRAMMING ON EARTH DEFLECTED  
A WANDERER FROM HIS IMPORTANT MISSION

(FOLLOW-UP QUESTION):

This entity has spent a good number of years of his life putting out newsletters and so on, with the emphasis on racist and anti-Semitic diatribe, I suppose you could call it, attempting to blame the conspiracy and the evils of the world on certain groups of entities. I was wondering, if since he was sent on a mission, it seems to me he either got side-tracked on his mission, or if he is doing his mission, pointing out this type of information, then it must be more significant than I can see.

COSMIC AWARENESS:

This Awareness indicates that the entity as having a particular programming for this mission and arriving on the scene, and growing up from childhood with the programming of the child, did not find the target of his programming and instead, focused on race and other concerns among humans, and selected certain groups as being his enemy. The entity's true programming became distorted because of certain earthly programming that deflected the true focus of the entity's purpose in being on earth.

This Awareness indicates that the entity has only recently become fully aware of the nature of the alien presence and the transmutation of his programming is under way to realign him with his true purpose for being on earth. That this essentially has to do with alerting the public to the presence and danger of the alien conspiracy.

This Awareness indicates that this entity is quickly becoming the force and warrior whom he originally set out to be in his agreement to come to the earth plane. There has been a need for greater awareness of whom he is to deal with, and how to deal with these alien intruders on earth. This Awareness suggests the entity continue studying the information relating to the Zeta Reticuli and the Draco Reptoids in whatever books and sources may be made available; that the entity also seek to discover what he can find in regard to Billy Meier's contacts with the Pleadians; that these entities are close allies with the Vegan groups.

DID THE BEAUTIFUL NAKED FEMALES  
SIGNIFY A SPIRITUAL LEAP FOR EARTH?

QUESTION:

His next question: "Cosmic Awareness indicated in CAC issue No. 366 in 1990, that it is possible for the human race to make a quantum leap to avoid extinction. It is possible that the human creation will take a great spiritual leap and become so highly evolved spiritually out of necessity that mankind is never again the same creation. In which case, the human body itself would follow the consciousness of humanity to become even more balanced and beautiful in its human form. Please tell us, he asks, if the visitations or experience that I had with the two super-beautiful naked female Light Beings in 1950 and 1984 were indications that the human race will make this quantum spiritual leap into a more balanced and beautiful human form?"

COSMIC AWARENESS:

This Awareness indicates that this as an experience that did not symbolize for all of humanity this message. It was more of an experience and symbolic action for yourself. The only application that can be drawn from this experience for humanity is the recognition that there are beings in higher levels that have an interest in entities on earth, and that these entities do care, do care enough so as to let it be known to some earthlings of their presence.

WHY OTHER PLANETS ARE WATCHING EARTH

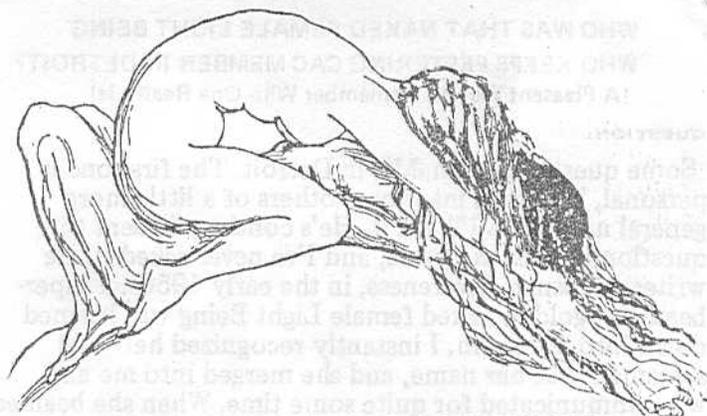
QUESTION:

Another question: "Cosmic Awareness said in a CAC reading June 16th 1978, that "great energies from planets of this galaxy are presently focused upon the earth, for the earth is becoming a superstar. The activities upon this earth between the forces of Light and the forces of darkness can be compared to a boxing match, wherein the fight is about to begin. The forces of Light will be victorious."  
"Please tell us," he asks, "if the quantum spiritual leap in consciousness that would create a more beautiful form like I experienced would also create a new earth that would be a superstar, and if so, when is the soonest this could happen?"

COSMIC AWARENESS:

This Awareness indicates that when *It* made this statement *It* was speaking figuratively, as a superstar on a stage and not as a supernova in the galaxy. That this did not mean that the earth is turning into a supernova, or about to become a sun, or to explode or anything of this nature; it was more of a figure of speech. This Awareness indicates that the energies of the earth are such that it is receiving considerable focus from other cultures in the galaxies, much in the same way that Iraq and Kuwait are receiving global focus from the many countries of the world, because they are experiencing turmoil from a conflict that is raging to gain possession.

This Awareness indicates that the earth is experiencing this same kind of conflict in which there are certain aliens seeking to take control of the planet earth to enslave the population and to use the earth and the population for their own future military purposes in the galaxy, and there are others who are working through Light energies and Light Forces hoping that earthlings can throw off this descending yoke of oppression before it becomes established. This Awareness indicates that this essentially was the meaning behind the message in that reading referred to.



WHAT IS THE CELESTIAL NAME FOR GOD?

...(More on the Cosmic Motor)

QUESTION:

Another question he asks: "Cosmic Awareness, a new 1991 paperback book, *The Astrology of the Four Horsemen*, by Elizabeth Claire Prophet, says: "The Elohim is the Hebrew name for God." Please tell us the celestial name for God in the language of Celestria."

COSMIC AWARENESS:

This Awareness indicates that there is in Celestria, a kind of ominous recognition of God without a name. The name as that which would be expressed as silence. This Awareness indicates that some have used the humming sound, or the sound of OM to symbolize that silent vibration of the universe which is the motor of life force, or the Cosmic Motor, or the vibration of God. Some use that sound of OM or a humming sound, but in actuality, absolute silence or the silence that exists behind the vibrations and sounds is that which symbolizes the name of God for those in Celestria.

ANY RELATIONSHIP BETWEEN THE UNIFIED  
STATES OF AWARENESS & THE 'ASHTAR COMMAND'?

(More on 'The Order' and The New World Order)

QUESTION:

Another question. "There is a new book out by Ashtar of the Galactic Confederation called *The New World Order* available from Inner Light publishers in New Brunswick. Cosmic Awareness said that *It* is allied with the Galactic Confederation, in CAC No. 79-25. Please tell us the relationship between the Unified States of Awareness government outlined in York, Pennsylvania, in June and November, 1977, and the God New World Order of Ashtar and the Intergalactic Space Confederation for the 1990s?"

COSMIC AWARENESS:

This Awareness indicates that *It* does not see any meaningful connection between the Ashtar Command and that of the Unified States of Awareness at this time. This does not mean that these things cannot at some future time synthesize or blend or work in tandem or work in harmony.

This Awareness indicates that the present programming towards New World Order as that which needs to be watched with great suspicion for it can very easily be created to establish dictatorial powers of enslavement of individuals in behalf of the masses. It is essentially a program being created by that group of individuals known as The Order, which evolved out of the Illuminati and which is built using the philosophy and techniques developed by Hegel, through German sources of schooling, a technique that was also employed by Hitler.

You will recall that Hitler also spoke of the New Order and New World Order, with the implication that he was helping to bring it about; that this so-called New World Order is that which the Illuminati has promoted for some time, for at least 200 years as a One World Government; the concept being to merge the individual into serving the state, to take away from the individual any personal rights other than those which are given by the states, to create for the individuals a place in the state, where the state becomes the god of the individual and the individual becomes a cog in the wheel of the state.

This Awareness indicates that in order to bring this about, the Hegel philosophy is used by The Order, of which George Bush is a member. George Bush was initiated into The Order in the late 40s. This Order uses Hegel's philosophy, which requires that a concept or idea be created and to be met by an opposing force. In the Hegel philosophy, it is called thesis, which is used as another word for 'idea' or 'cause', being met by an opposing force, the antithesis, out of which a struggle between the two results in a synthesis, and this pattern of molding society by creating conflict such as wars, or violence or other forms of conflict in order to reach a synthesis, which has already been predicted as part of the programming desired by those who set up the scenario, using the formula, results in this synthesis which is what the entities were after in the first place.

This Awareness indicates that the New World Order will be the synthesis that results from the conflict of the Iranian and UN war, according to the intentions of those who set up and arranged the energies, according to the formula. This Awareness indicates that the previous wars were also artificially created as conflicts to bring about these same kinds of outcomes, leading, step by step to this so-called New World Order.

#### Wars Being Artificially Created to Manipulate the Masses

This Awareness indicates that the need to be watchful is apparent when it is obvious that wars are being artificially created in order to manipulate the masses, for those who would do such are not what you would call trustworthy in the normal sense, and if they would do this, can you trust the outcome of their actions to be for the benefit of all. That it becomes apparent that these entities are creating a New World Order in which they are 'orderers' and the individuals, the masses, are the ones being ordered.

#### How School System Churns out Nice Little Sheep

This Awareness indicates that in the past 100 years, the school systems have been moved, step by step away from developing the individual's talents and skills to the mere purpose of socializing the individual to make them acceptable as part of a cog in the wheel of society, to be able to do some menial chore in society without being particularly outstanding at anything other. The educational system does not want entities to be great thinkers or to have great skills and talents, but rather to fit comfortably in society so as to keep society free from any disruptive tendencies of individualism.

This Awareness indicates the Constitution put the individual above the state and above the Federal government. The Constitution even states that the powers not given to the Federal government are reserved for the states and for the people. If the states do not have the powers then all else which are not claimed by the states belong to the people. This Awareness indicates in the New States Constitution, all powers not claimed by that Constitution belong to the police. This is quite a

different type of constitution, and yet that is the constitution which those promoting the New World Order will be pushing as the old U.S. Constitution is being scrapped.

#### New World Order Promoting Collectivism on World

Thus, it is relatively clear that the New World Order is not for the benefit of the masses, as individuals, but for the state in a collective sense. Therefore, you have exactly what the United States has fought against for the past 50 years in regard to what has been called Communism, for the Soviet Union has been a near perfect representation of this collective state, at least up until the last couple of years. It has been an unproductive experiment of totalitarian government that has led to great oppression and tragedy for many, and now The Order is attempting to impose this kind of system on the entire world.

This Awareness indicates if the Ashtar Command is also promoting this, it would be prudent to find out what they are speaking of, when they speak of the New World Order.

#### WOULD UNIFIED STATES OF AWARENESS BE A SPIRITUAL ALTERNATIVE TO THE NEW WORLD ORDER NOW BEING PROMOTED?

(FOLLOW-UP QUESTION):

Wouldn't the Unified States of Awareness concept which Awareness presented at York in 1977 be a sort of spiritual New World Order, if it could be promoted and implemented and work as an alternative to the conspirators' planned New World Order?

COSMIC AWARENESS:

This Awareness indicates that this is in the affirmative. However, anything that needs to be implemented into society will require enormous sums of money to bring it about, and this is not seen as being supplied for the Unified States of Awareness pattern. The enormous sums of money used to create the conflict in Iraq, just to get one step closer to the One World Government could never be matched by the Unified States of Awareness promoters. Even the idea of trying to do something with the concept is but a pipe dream.

This Awareness gave the information because the information needed to be given as an alternative to what is now being offered, but this Awareness cannot implement on human terrain and in human society an idea which is not accepted by humans as readily as is a makeshift war or other conflicting theatre presentation that grabs the attention of the world and takes over to move the world into a certain head-space for for being willing to surrender a Constitution that has guaranteed freedoms in order to have a vague idea of a new kind of society in which no one fully understands other than those who are imposing it.

There are many who are anxious to see this New World Order simply because they have been hearing about it, and they will support it without knowing what it is. This Awareness indicates that there is nothing that this Awareness can do to impose the Unified States of Awareness on humanity. It does not impose ideas, *It presents them*. It is up to humanity to accept or reject. This Awareness is no longer concerned as to whether the Unified States of Awareness is used or is not used. It has been given form in idea levels, and it is up to humans to use the ideas or to forget them.

This Awareness does not use Hegel philosophy and does not promote conflict in order to bring about a synthesis which would use the idea of the Unified States

of Awareness. Therefore, this Awareness suggests that entities not expect this Awareness to impose or make it happen. This Awareness is not a physical being. *It* is only a consciousness. *It* is a vibration.

### HOW ABOUT A BEST-SELLING BOOK EXPLAINING UNIFIED STATES OF AWARENESS?

(FOLLOW-UP QUESTION):

It would be possible, under the conditions that exist today in advertising and promotion and getting books promoted and circulated through interviews on television and so on; it would be possible to put together a book that might possibly get attention and create discussion on the New World Order and an alternative, and it would point out the planners' New World Order that is now being set into motion, using examples and references of which there are plenty, to get the public to understand what was going on, and some of them probably would, as this unfolds. For example, they wouldn't be unaware of the Middle Eastern war and so on, and the second half of the book would be presenting the concept of the Unified States of Awareness. It could be rewritten in such a manner that it wouldn't appear to be cosmic; that the basic idea could be there, and this book could attract people with money, lots of money, who could get it circulated and promoted and possibly attract followers who could get this idea going. It seems to me that since Awareness indicated years ago that this was a baby in gestation in consciousness, and it needed time to grow, that perhaps something like this could be presented and would continue to feed into consciousness this whole incredible idea, so that perhaps somewhere down the line, this really heavy conspiratorial concept of the New World Order might not come down so hard and people would be demanding an alternative. Does Awareness see that as an impossibility?

COSMIC AWARENESS:

This Awareness indicates it would require large amounts of money. Your organization and your people are not famous for having large amounts of money to spend on things of this nature. The forces that operate through that which is called The Order include corporations which hold enormous amounts of money. Some of the most wealthy corporations in the world and individuals having private sources of money, measuring into millions and billions form The Order.

This Awareness indicates that you are talking about kindergarten competing against college students in trying to form a school government. *It* does not wish to say it is impossible; *It* is simply informing you that the challenge is not to be taken lightly.

"We SHELL not EXONerate Saddam Hussein for his actions. We will Mobilize to meet this threat to our vital interests in the Persian Gulf until an AMOCO ble solution is reached."

From People's Daily World, published in New York City.

### IS IT TIME TO LOCATE SAM MILLAR'S TREASURE OF MONTEZUMA TO FUND A COUNTER 'NEW WORLD ORDER'?



FOLLOW-UP QUESTION:

Sam Millar, when he was a little boy, was led in the Death Valley, California area, to a cave. It was a psychic thing; he saw what later he suspected was a spirit of an Indian, beckoning him to follow. He followed this figure thru the sand dunes, up and down hills until it finally led him to a small cave in the side of a hill. Sam vividly remembers seeing a golden door at the back of this cave, which Awareness later indicated was the treasure of Montezuma or Atlantis or something of that magnificent nature. Sam had been riding a horse and living with his father at the resort there, where he tended the golf course used by the movie stars and was able to return to the cave one more time at a later date. He is still convinced he could find that cave one more time if he could get down there to Death Valley. I believe when we asked Awareness about this years ago, it was indicated when the time was ripe, Sam would locate the cave, the golden door and the treasure behind it, and that the treasure was to be used to finance the projects that would bring on the New Age. The treasure, it was revealed in later readings contained many artifacts and coins and jewels, things that could be converted into lots and lots of money. (Even vrill sticks were supposed to be among the treasure there). Perhaps the time is coming soon when this treasure of Sam's could be extracted and used for a project of this nature to promote a book and an idea of an alternative to the New World Order. Is that possible?

COSMIC AWARENESS:

This Awareness indicates that anything is possible. The question is whether it is probable. It does not appear to be probable, but it does appear to be possible. This Awareness indicates that even if you had an enormous amount of money to promote something in competition with The Order, and the political power that lies behind this group called The Order, which includes the Council on Foreign Relations, the Trilateralists, and the many different agencies that have been set up to work for these individuals seeking to usurp the powers of the United States government; the other countries that are also involved in this,--these are so much more powerful in their amount and use of money and power, that even if you had a great enormous gold mine and all the money of Montezuma's treasure, your chances of being able to use it for this purpose are still extremely slim. This Awareness indicates that *It* is of course dealing with an hypothesis rather than fact, for as yet this money is not even available, and to talk of "if it were available" does not truly fit into the reality of What Is.

Questions Need to be Asked About Bush's New World Order

This Awareness indicates that if it were available, you would be far more powerful and capable than at present. It might not be enough. It probably would not be enough, even then. This Awareness indicates at present time, about the only thing that is possible from such a weakened position is to promote questions and ideas to raise questions. The idea of a bumper-sticker: "Whose World Order?" or "What Will Be The World Order?" or "Yes! To a Democratic World Order!" or something of this nature. Such bumper-stickers may spread some thought to stimulate others to call in to ask questions, when these discussions of the New World Order are seen on television or on talk shows or on radio.

Writing letters to the editors, asking similar questions; all this can stimulate inquiry to cause others to become suspicious and to ask further questions. Perhaps with a dialogue by many there can come a time in which some politician will see the trend and not really knowing what he is up against, may begin to question on national television: "What is this New World Order that my opponent seeks to bring about? Has it ever been defined? Do we really want it?", and this entity may begin to investigate or question enough that it causes some real controversy, so that a division becomes meaningful, and so if there is a discussion of scrapping the old Constitution to bring in the new, that the people involved will realize there are many who do not want the Constitution destroyed, and there may be then some chance of either preserving the Constitution or or modifying the New States Constitution to include some of the guarantees, such as the Bill of Rights.

This Awareness indicates that the New States Constitution cannot be adopted without a vote from all the states, so it is not something that will easily be passed, if there is enough reluctance among the people to give up the old Constitution. This Awareness indicates there is nothing wrong with the United States Constitution the way it is written, for it includes everything necessary for its modification to be applied to present-time situations, but the effort will be to argue that it is two hundred years old and out of date.

**Japanese Billionaire Trying to Buy Statue of Liberty!**

This Awareness indicates that there is also now the further concern in regard to your Statue of Liberty; that a Japanese multimillionaire is seeking to buy the Statue of Liberty to put on Mount Fuji for five hundred million dollars. This Awareness indicates that it would be rather difficult to take away the freedoms of the people of the United States and still have a Statue of Liberty in the harbor standing there holding a torch. It would be a strange irony and a strange reminder. There are many who argue that the Statue of Liberty is one hundred years old, and five hundred million dollars is a bargain for the seller and the U.S. should sell and use the money for some of its debts in the Iraqi war.

This Awareness indicates that in the event freedoms were taken away, most of your treasures, such as the Liberty Bell, and the Statue of Liberty would also have to be removed, for you cannot have reminders of freedom if you have your freedoms removed.

ED's Note: That figures! And probably most of the citizens here in the U.S. would be dazzled by the figures and agree it's time to sell the Statue of Liberty. The epitome of the symbol for materialism would thus eliminate our utmost symbol for freedom! (Now, tell me one more time, Ma: Who did you say won that war 50 years ago?).

In reference to the Unified States of Awareness, C.A.C. still has a few historic copies of that document, which contains the three complete readings given by Awareness back in 1977. New members should check this out, because the Unified States of Awareness is the complete outline for the New Age government and at the time it was presented, it offered an alternative to what is now about to come down upon us in the form of George Bush's "New World Order." (Price for this booklet is \$5.00 plus \$1 postage from C.A.C.).

You might also check out the two other booklets we put together back then, "A Magic Happening in Yorktown" (\$3.00) and the special report on Yorktown, November 1977, in which Paul Shockley gives his historic address during the 200th anniversary celebration of the Articles of Confederation. Both of these booklets contain photographs of CAC members and others who attended

these important events, which brought the concepts of the Unified States of Awareness into consciousness. Each is \$4.00 plus \$1.00 postage.

(You fans of Vikki T. who have expressed lust over this Flower Child these many years, should be particularly interested in the 'Magic Happening' report, for it contains a photograph of her in a very brief hot weather outfit, sort of like 'short-shorts'.!)

There were a lot of people who gave much much energy at that time to the concept of a Unified States of Awareness New Age alternative government that it is hard to believe Awareness is now dismissing it in such a cavalier manner. (I wonder if the Interpreter might have had a touch of indigestion during this session?)

In regard to the treasure in Death Valley discovered by Sam Millar, there is little chance at this time that Sam could journey down there to explore and locate that cave as Sam needs to be hooked up to that kidney dialysis device three times a week in order just to remain alive. It is a sorry situation, indeed. We need to give Sam a permanent healing and exactly how to do this is explained in "Revelations of Awareness" Issue No. 91-7 (\$3.00 from CAC). Let's go for it, gang! Let's get Sam healed! Let's find that secret treasure and let's get the Unified States of Awareness project going! Let's give it the old college try, as they say! Remember, Awareness said it was "possible" though not particularly probable at this time.

**HURTAK'S "KEYS OF ENOCH" AND THE NEW WORLD ORDER HE TALKS ABOUT**

**QUESTION:**

Another question from J.K. this in regards to the book *The Keys of Enoch*. He writes: "The entity J.J. Hurtak was given the Keys on Jan. 2nd, 1973, but his book *The Keys of Enoch* was not published until 1977, the same year the Cosmic Awareness US of A summit was held in York, Pennsylvania, to outline God's 4th dimensional US of A New World Order. He says: "The *Keys of Enoch* seems to indicate that the New World Order will be under the Lucifer gods Jehovah and Yahweh," and he goes on and on about this, but basically he says: "Cosmic Awareness said the Jehovah tribe are working on the earth to undo some of the negative energies which have brought about such conflict through the Hebrews and their programming by Yahweh. Is this why the entity J.J. Hurtak was given the Keys of Enoch, and is this why he seems to confuse the immortal space Jehovah and Yahweh with the Divine Creator?"

**COSMIC AWARENESS:**

This Awareness indicates that there were things in the question that appeared confusing or confused. It is difficult for this Awareness when entities claim to be quoting this Awareness and the quotes do not appear familiar. The statement that the Awareness indicated Jehovah was working to undo mischief of Yahweh does not appear to be familiar if that is what was stated in the question. This Awareness suggests that the question be repeated or clarified in that regard.

**QUESTIONER:**

I think basically what he's asking is in this book *The Keys of Enoch*, by this entity J.J. Hurtak, wherein he refers to a 'New World Order', but it will be led by Jehovah and Yahweh, and I think Katchmar is remembering the information given by Awareness long ago on Jehovah and the cloning of Adam and Eve and so on, and being a space renegade, and I think what he basically is asking is: Is the New World Order as outlined in this book, *The Keys of Enoch*, by this entity going to occur, and what is the relationship of the Jehovah and Yahweh if it does?

**COSMIC AWARENESS:**

This Awareness indicates it does not appear to have any direct connection with the New World Order that is being promoted by the entity George Bush or those of

the Illuminati and that which is called The Order; that the Order of which George Bush is a member is that which includes many individuals of political and economic stature and power and is a spinoff of the Weishaupt Illuminati.

This Awareness indicates that this New World Order that is being promoted by these entities as also having been known as the One World Government promoted by Masonry and by the CIA and Alfred Pike and others, for the past 200 years, is designed after the pattern of what was the Soviet Russian state it had developed in 1960 and '70, as a super-state that was god to people, in which there was nothing higher to the people than the state, in which the people were but servants to the state, in which the state provided them with what they needed to exist as a cog in the wheels of the state.

This Awareness indicates that it does not appear that this is the same New World Order that is promoted in the Hurtak version.

ED's Note: "The Order" which Awareness is referring to in this and other readings, is another link in the sinister chain of the Illuminati, with the super-secret 'Skull and Bones Society' with branches at Yale and other schools who are the kingmasters who promote presidents and others into high office in order to maintain the momentum the conspiracy has created over the years in its drive to create the New World Order. (George Bush being but just one of these entities belonging to the Order.). This super-secret organizations was discovered and researched mainly by Antony Sutton, who has recently published 5 slim volumes on this secret cult. These being: "An Introduction to the Order." "The Secret Cult of The Order". "How the Order Controls Education". "How the Order Creates War and Revolution". "Two Faces of George Bush." These are scary exposes of what is really going on behind the scene as Bush begins his launch of The New World Order. Sutton found this subject was so hot he couldn't get these books published in the U.S. so he had them printed in Australia (same as with Stan Deyo). However, most of these books are now available in the U.S. If you are interested, please write for info and prices to: Concord Books, PO Box 2707, Seal Beach CA 90740  
NOTE: CAC does not stock these books at this time.

#### ANY HUMANS CREATED WITH AN 'ANGELIC' BASE?

##### QUESTION:

He has another question here. "Cosmic Awareness has mentioned the humanoids with a reptilian genetic base, Reptoids, the Oannes, with a fish genetic base, the Greys with an insect genetic base, and the humans with an animal genetic base. Please tell us if there are any humans with an angelic genetic base, and can you tell us how many angelic types there are today on earth and where they came from and what is their role in this battle with the Reptoids?"

##### COSMIC AWARENESS:

This Awareness indicates that the animal-based humans, that which are termed the mammal humans, also had at the beginning, when first cloned, certain reptilian genes, but these genes became more and more recessive with each generation, and the mammalian genes began to dominate the individuals. In this sense, the Adam and Eve models which began with a Reptilian appearance became altered as each generation followed, leading to a more refined form that eventually took on appearances of symmetry and beauty through the mammalian genes.

This Awareness indicates when you speak of angelic, the term is difficult to use in this regard, because when originally angels were spoken of it was referring to those aliens who come in space craft, such as the Greys, or the Reptoids or the Pleiadians. This Awareness indicates that in some instances of the human body that evolved from the Adam and Eve prototypes, there were mixtures with Pleiadians. There were also mixtures from Sirius

and from Lyra. This Awareness indicates that these mixtures are scattered throughout the world. There is no gathering or grouping that can be encircled or pointed at or named. This Awareness indicates that the White Race which landed in Carpathia from the Pleiades and from Lyra; many of these entities were unrelated to the Adam and Eve prototypes and had been cloned or created earlier and elsewhere in the galaxy and these entities have existed among humans, interbreeding and coexisting down through the ages, but it is also difficult to point to any particular segment of the white race to say that this group is of Pleiadian origin and this of Lyrian origin.

It is just impossible to analyze any more than one could separate wheat flour, sugar, salt, from cookie dough. When these things become blended together, the unblending is extremely difficult. The necessity for unblending is not apparent.

#### NOW TELL US ALL ABOUT RAMTHA & HIS "FORCES"

("...tell me again about the rabbits, Georgel")

##### QUESTION:

One final question from J.K. "Cosmic Awareness said in CAC issue No. 373, November, 1990: "There is another scenario in which a space war takes place with the Pleiadians' and Ramtha's forces against the Greys." Please tell us where the Ramtha forces are from, what is their appearance and size and what is their total population and what race they are, and what is their greatest power against the Reptoids?"

##### COSMIC AWARENESS:

This Awareness indicates that this is not something that this Awareness indicates is factual. This Awareness indicates that *It* was presenting another scenario that has been indicated by some who are promoting the idea that this will occur. This Awareness indicates that *It* does not see this as being a reality. *It* sees a diminishing possibility of Pleiadians being involved. *It* does not see a great possibility that the Ramtha forces will be involved. The general concept of Ramtha being involved as that which is promoted through the J.Z. Knight channeling, and this Awareness suggests that entities may wish to investigate this aspect, but that this Awareness does not see energy on this.

It is possible that these channelings are shielded from view. The J.Z. Knight channelings have of late been restricted from release to the public. It is possible that they have also been shielded or protected in such a way that they are not seen or available for viewing by this channel. This Awareness indicates that essentially, *It* cannot find or does not see at this time any information relating to the questions asked regarding Ramtha, where the entity is from or the strength of his forces, or the power available to him. *It* simply does not have this information provided. This Awareness indicates it is blocked. The information is blocked.

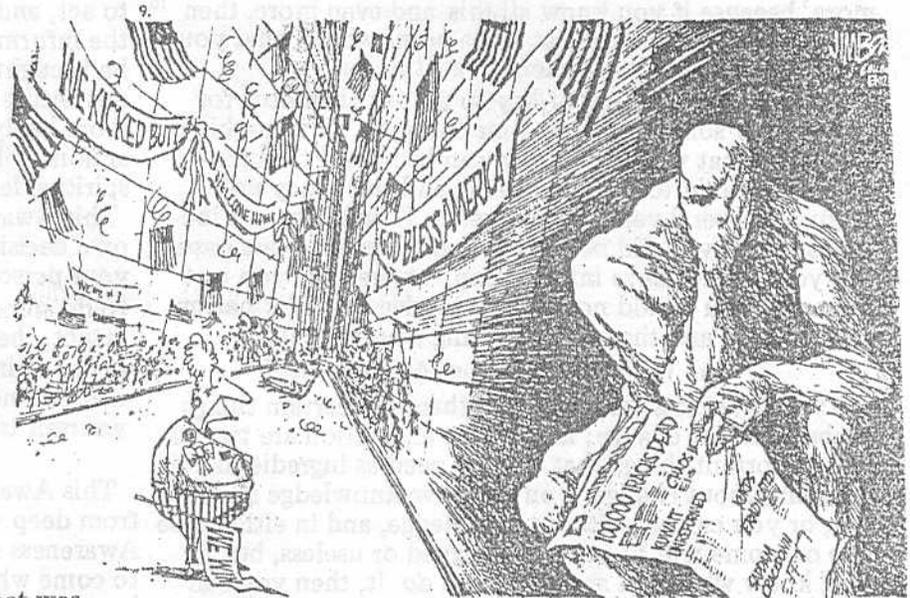
ED's Note: this is yet another indication that something is amiss in the Ramtha camp. Probably why Awareness can not pick up any energy at all is because, as some are alleging, Ramtha is long gone, as he promised, and something or someone else calling itself Ramtha is being promoted. For more info on this, please refer to 'Revelations of Awareness' No. 91-4 (How to Lose the Spiritual Balance); \$3.00 from CAC.

Like has been indicated regarding the so-called 'ascended masters' and the so-called 'space brothers' who are merely thought-forms created and promoted by certain entities on earth who find it profitable to bilk the gullible to fund and follow them, the entity now calling himself Ramtha is probably also merely spouting a lot of hot meaningless air. (You get what you pay for!)

Another confirmation that some of the troops in the Ramtha camp are rebelling appeared in a real estate ad in the local paper, 'Daily Olympian' this May. Actress Shirley MacLaine, who moved to this area so she could consult with Ramtha and bask in the aura, is selling her 100 acre estate and cabin in the JZ Knight area for a million and a half dollars. Evidently she has had enough and is splitting the sacred area. Who can blame her after "Ramtha" allegedly told her to buy JZ's horse for \$200,000, which she obediently did, only to have the horse croak on her after she shipped it to her ranch three weeks later.

**ON THE SOUL LEVEL, ARE CAC MEMBERS "SUPPOSED" TO ALERT OTHERS TO THE ALIEN THREAT?**

(Why Do You Keep Reading this Stuff?)



"PARTY POOPER!"

**QUESTION:**

A question from Wes E., St. Paul, Minnesota that was sort of just brought up. He writes: "Is it possible that members of CAC are during this lifetime on a soul level to have access to the messages of Cosmic Awareness with the intent of spreading Its messages to all those who would listen, especially concerning the information on the alien scenario? Somehow, for some crazy reason, I feel I was *meant* to know this stuff, or at least warn others, or at least give behind the scenes activities that are withheld from the majority. An interesting thought!..

arranged to enter life on this plane for this purpose or for similar purposes of helping to raise the vibration of the planet and alert the masses to the dangers at hand.

**(FOLLOW-UP QUESTION):**

Would Awareness say the greater percentage of the CAC membership are these Wanderers who have come to help alert about the aliens?

**COSMIC AWARENESS:**

This Awareness indicates this is a very interesting observation on your part. This Awareness indicates that there are many in the organizational membership or subscriber list who have come to this planet as Wanderers, similar to that described for the entity Jack Katchmar in a previous question during this reading, who have come to this planet in order to help warn the masses about the aliens who are presently attempting to take the planet over as their own, for there is much deception involved, much that is hidden by the aliens and their influence on the governments of the planet and someone has to be spokespersons to warn to warn the masses.

**COSMIC AWARENESS:**

This Awareness indicates this as in the affirmative. This appears to be approximately 85 percent.

ED's Note: Hey! Time to wake up, you guys!

**COSMIC AWARENESS ADDRESSES THE WANDERERS**

**QUESTION:**

Thank you. Does Awareness have a closing message?

**COSMIC AWARENESS:**

This Awareness indicates that it is true that when entities begin to discover the magnitude of the great forces involved, that they often, in their understanding, can see the need for solutions. In some cases they have the full understanding of those who are pulling the strings to make things happen and they think or feel that because they see this, they should somehow be able to pull other strings to stop these happenings, yet, because they do not have the means or control or power held by others, they are helpless to do anything, and this is extremely painful to stand by and watch your world go down the tube, and be unable to do anything about it. This Awareness indicates that part of this goes with the territory of knowing too much. It is sometimes more enjoyable to be ignorant, to not know what's happening and to think you know, without really knowing, for then you can deal with the areas that are available to you with your limited understanding.

There were many who were sent here to this planet by the Galactic Confederation to help warn the masses. There are few who recall their purposes for being on this planet. This Awareness indicates that the Galactic Confederation by its own policies is not allowed to intervene in the affairs of a planet without being invited, and the earth leaders have not yet invited the Galactic Confederation. Instead, they have invited the aliens from Draco and the Greys, and therefore, the Galactic Confederation has a kind of 'hands off' policy.

This is a unique situation because the invasion of earth is taking place with the approval of its leaders, but with the deception to the masses, wherein the masses are not being told the full truth of the situation. Therefore, because of this duplicity and deception, those of the Galactic Confederation have found that the best way to assist without violating the galactic code or law is to let some of their own people be incarnated on earth and become earthlings with the hope that they will recall who they are and will be able to warn entities of the nature of these particular aliens.

This Awareness indicates that your assessment as to your purpose and your observation regarding this as being correct. That there are also many others in the *Cosmic Awareness Communications* subscriber list who have

This Awareness indicates that when you become more aware on a more broad level and you find yourself unable to do anything, but there is great awareness and concern, wherein you understand more than you can deal with, you may feel helpless and frustrated. This Awareness indicates that this is part of being aware. It is important that you realize you do not have to act on everything you know about, if you do not have the means for action, but it is still important for you to know all this and even

more, because if you know all this and even more, then there may come the time at some point where what you know is a powerful ingredient in a situation.

It may serve as a kind of key to unlock the doors for someone or some force, or some thing, to do something. It may be that what you know can be spread to someone who is able to do something, and this may not occur for several years, or ten years. This Awareness indicates that if you did not know it and the ten years passed, and you did not have information, at the time you met someone, you would not be able to give the information at that time, and therefore, nothing would occur.

#### Two Things That Can Bring About Change

This Awareness indicates that there are certain things to bring about change: knowledge and action are two of the important things that entities need as ingredients for bringing about change. You can have knowledge and not act, or you can act without knowledge, and in either case the outcome will be poor, misaligned or useless, but if you know what you are doing and *do* it, then you can also feel confident that you are doing it properly.

This Awareness indicates that at this stage, when you learn things and you gain knowledge, it is best not to think that you have to take action. It is best to let the knowledge digest, to become part of you, and wait, and wait, and continue to wait, for that very fact of having the knowledge there within yourself is sufficient. There will come a time, or there may come a time in which you find yourself acting without really having decided



### MORE FLESH FOR THE SKELETON: THE ALIEN PRESENCE (Part 11)

## ARE THE ALIENS BENIGN? IS THEIR TRUE INTENT TO SAVE OUR EARTH FROM EXTINCTION?

### ( A RUNDOWN ON OUR REPTILIAN HERITAGE )

(CAC General Reading, Aug. 10, 1990)

#### QUESTION:

A question from J.A. He writes: "I have just read Raymond Fowler's book *The Watchers*. \* From his studies of UFO abductions Mr. Fowler concludes that the intentions of the small Grey aliens are benign; that they are gathering genetic material from human abductees because they expect mankind to become sterile and eventually extinct on earth because of increasing pollution, and they want to preserve human genetic material in order to reestablish the human form on another planet.

Mr. Fowler says the small Grey aliens have been seen frequently in the company of tall blonde or white-haired human type aliens and appear to be working for them. It is difficult for me to accept the proposition that aliens who abduct people without their consent, likewise implant them without their consent, and again without their consent create mental blocks in these people to prevent them from remembering their experiences could have benign intentions.

Likewise, it's difficult to accept that aliens who perform horrible cattle mutilations have benign intentions. However, one question occurs to me: Could it be that the aliens are deceiving the U.S. government because they know the government people to be of evil intentions and thus feel no obligations to treat them respectfully? I'd like to ask Awareness's assessment of Mr. Fowler's conclusion that the aliens are benignly preserving the human form for a transplanting to another planet when this one becomes uninhabitable, due to pollution?

10. to act, and if this occurs, it will be correct timing and the information that you have previously gathered may be brought into your action, and if it is, and if you are not acting out of a decision to act, then the results are more likely to be that which are favorable, for these actions will have been brought about by forces of a spiritual level.

This Awareness suggests that if your actions are based on a decision to act, they are very likely stemming from your personal ego, which is either frightened and wants to do something, or from the ego that wants to feel important, therefore, this Awareness suggests you not worry about doing something. Just continue to gather information and when the time comes to act, you will find yourself taking action, and it will be appropriate.

This Awareness suggests that you let that action come from deep within your psyche from a spiritual level. This Awareness suggests you not anticipate this, but allow it to come when it so chooses, and this Awareness does not in any way indicate or suggest that that this action will be an action of violence. Any action of violence is not likely to be from a spiritual level. This Awareness suggests that it may be an action of informing others, and that action of informing others may be done in any of many different ways.

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(The Law of Gratitude is given)

or the Elohim, was symbolized as a representative of those entities from Sirius. The introduction of that gene which allowed for the potential for immortality to eventually emerge in the human form, which allowed for the ability of the human form, generation after generation, to improve, to weed out or to filter out the Reptilian gene and to increase its more Divine aspects through the code that was introduced by the Sirius influence which allowed for the mammalian genes to gradually evolve the human creation toward that of the God types, the more human or Sirius type of person.

**The Cute Little Greys and the Phony Pleiadeans  
(The Half-Breeds Wearing Wigs)**

This Awareness indicates that these Sirius influences came from another dimension other than the present dimension, though they were represented through the entities from Sirius. This Awareness indicates that the Greys that entities refer to as the Zeta Reticuli, the short small Greys, the cute little ones who appear to work for the tall blondes, are in fact working for the Reptilians as a kind of mercenary hired types, fore-runners, who were set out ahead to set the stage for the Reptilian masters.

Those who are often seen in abduction situations as tall humans with blonde hair are in fact half-breeds wearing wigs; that they often claim themselves to be Pleiadeans when in fact they are half-breeds from the Reptilian/human genetic engineering experiments; that in most cases they are from test-tube type formation from egg and sperm combinations, from the human and the Reptilians.

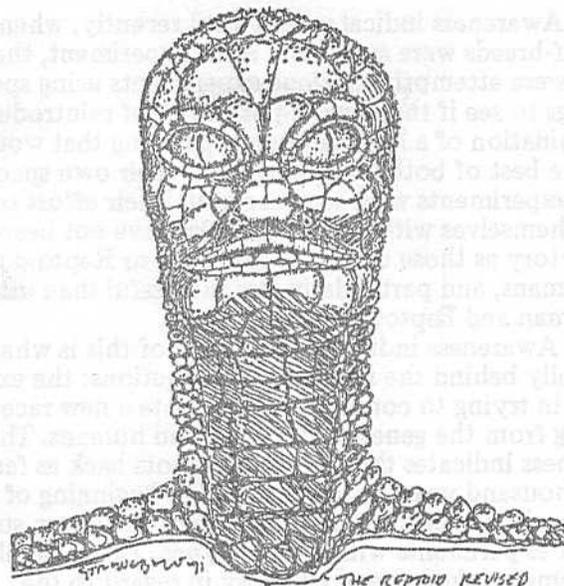
This Awareness indicates their motive in abducting at this time in taking eggs from the human women, as related to the effort to build an army of half-breeds to be used in the future in the event of war or in the event of needing these half-breeds to interface with the human race. The human race is of such nature as to have a subconscious abhorrence to the Reptilians, due in part to a genetic recollection of the terrible treatment the Reptilians once gave toward humans, and due in part to cultural training which conditions entities to think of reptiles as associated with evil.

These entities therefore perceive the value in having half-breeds to work between themselves and humans. The influence of the Reptilian gene in the early humans as that which allowed them to have the long life, but the Reptilian gene was quickly diminished as time and generation after generation proceeded, and the primate or mammal genes began to take on greater strength. The knowledge increased through the mammalian genes, allowing humanity to reach a point at which it now is again on the verge of understanding concepts of immortality or longer life through genetic engineering or other methods.

**The Real Purpose Behind Abductions of Humans**

This Awareness indicates that the abductions at this time are not to preserve the human race as it is, but to create a new race that will be able to better serve the Reptilians in their needs, that will be more obedient to the Reptilians, for humans have an individualistic quality which has evolved over the years, over the generations, which makes them extremely difficult to control by these Reptilians.

The Reptoids prefer to have obedience and are concerned that they cannot get the proper obedience from humans which they have managed to receive from the Greys. Part of the selection process of human parents for the half-breeds is to find those who are docile and more obedient,



rather than those who have strong individualistic qualities; that those entities with strong individualistic qualities often are rejected for the breeding process and in some cases, these become part of the Reptoid diet.

**The Diabolical Nature of the Greys**

This Awareness indicates that these entities *do* eat humans, the way humans eat chicken; that the Greys do tell stories to make entities feel comfortable with their actions. In regard to the concern about the Greys distrusting the so-called evils of your human government, that this is not their concern. The humans in your government have been more honest with them in terms of agreements than they have been with your government, and the humans in your government have only recently discovered the diabolical nature of the Greys and those for whom they work, and that the abductions included human mutilations.

This Awareness indicates that humans have a kind of inborn or inbred compassion that requires effort to overcome, whereas the Greys tend to lack any such compassion at all. The Greys would as soon chop up a human or a fellow Grey equally, if it was in their interest, in the interest of an experiment or part of their job to do so. They do not favor their own kind over humans. If the job requires that a Grey be used in some process, then the Grey would be used. If it requires a human be used, then the human would be used, just as a scientist might use a rat or a mouse, according to the requirements of the experiment.

**"Angel Hair" is Really Puree of Blended Greys**

This Awareness indicates that essentially, the so-called 'angel hair' that is often associated with the fallout from UFOs is in fact, the puree of Greys who have been put through the blender, so as to speak, of the craft. There is a kind of churning action in the craft that emits this plasmic type of material when the Grey has been blended or chopped into its pureed form. This Awareness indicates that this occasionally is used as part of the action of lubricating the craft, and of creating certain energies.

This Awareness indicates that essentially, the book *The Watchers*, has good abduction stories that are based in fact. The conclusion that the Greys are benign is that which does not recognize much of the reality of their purpose and mission. It simply buys in to the impression that the Greys want to create. It is in their interest to promote such feelings by those who have been abducted, and many of those who have been abducted believe that they have been privileged, and believe that their abduction is for some higher spiritual purpose, for the good of humanity.

This Awareness indicates that until recently, when the half-breeds were successful as an experiment, the Greys were attempting various experiments using sperms and eggs to see if there was a possibility of reintroducing a combination of a human/Grey type being that would take the best of both kinds to extend their own species. These experiments were unsuccessful. Their effort to clone themselves with human genetics have not been as satisfactory as those using the Reptilian or Reptoid genes and humans, and particularly less successful than using the human and Reptoid eggs and sperm.

This Awareness indicates that much of this is what is actually behind the majority of abductions: the experiments in trying to commingle and create a new race, drawing from the genes of Reptoids and humans. This Awareness indicates that this has its roots back as far as 40 thousand years in the past, at the beginning of the homo sapiens types, and also that there have been subsequent experiments with various types. There has also been some confusion and curiosity in regard to the nature of the human genetics because they grew to be different from the original homo sapiens; the evolution of the human race becoming much more accelerated than was expected by those who were involved in the production of the species.

This was, as mentioned previously, the result of the Sirius influence on the genetic code. This Awareness indicates the Pleiadeans also being part of this, and having moved in to another area had even greater growth and evolution partly because of the extreme interference on earth with the development of the human, the homo sapiens species, by those who did not like what was occurring and by the commingling of earlier types with the homo sapiens species.

This Awareness indicates the commingling of earlier types with the homo sapiens as that which was one of the reasons for the destruction of Sodom and Gommorah and of the deluge.

#### HOW MANY ALIEN SPECIES ARE ON OUR PLANET?

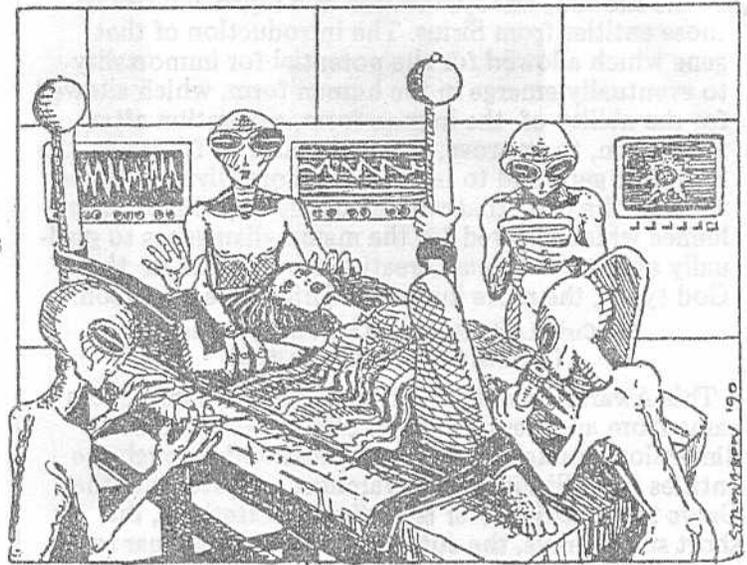
##### FOLLOW-UP QUESTION:

Is it possible there are aliens other than the Greys that work on this planet who may be working to save humanity, as Mr. Fowler concludes, thinking that the Greys really are?

##### COSMIC AWARENESS:

This Awareness indicates that there are several types of aliens on this planet. It has been estimated that there are as many as 70 some types. Actually, there are more than that. This Awareness indicates that most of these come and go infrequently, and that the major types which have been mentioned before are very few in number. The Orion types, such as the tall Greys large-nose Orion types, the short no-nose Orion type and the short Greys; these are all three classed as Greys. The Zeta Reticuli as a Grey.

Within these groups there are subgroups also. This Awareness indicates there is that group which is known as the Orange group. These entities tend to be more rebellious, more difficult to control. They can be quite hostile to humans, but at the same time they also have a certain admiration for humans because of the individuality of humans and they have shown some inclination to want to work with humans, moreso than the others who are more obedient to their Reptoid masters.



GREYS EXTRACTING A WOMAN'S EGG

This Awareness indicates the Reptoids are tall, between 6-1/2 and approximately 8, even as tall as 9 feet in height, extremely strong. Most of the reports of 9 or 10 or 12 foot tall aliens as exaggerations of those who are or may be Reptoids or half-breeds and in some cases, they are seen, the reports are reporting on the size of the suit being worn, which makes the entity seem even larger.

This Awareness indicates that the Reptoids are not in great number yet, though there are quite a number present. In cases of abduction, the Reptoids usually stay in the background and simply watch. The small Greys and the half-breeds generally take part in the abduction procedures in extracting eggs or whatever else may be done, such as planting the implants in the humans. They are often the ones who appear friendly. The small Greys can appear friendly. The half-breeds can appear friendly.

This Awareness indicates that it is more appearance than actuality. They see humans as humans might see animals, and they may form associations with humans, the same way that humans might form associations with animals, so that there can be developed some sense of fondness. The Greys do not have emotions, even to develop fondness. They simply have procedures which allow them to give an appearance of being very matter of fact and at the same time, they do not appear to exude any hostility. So many entities perceive this as an action expressing purpose and perceive that the purpose must be for the good because they did not show hostility.

Some entities believe that if they are not holstily treated, then they must be liked. It is more a matter for the Greys that it is a procedure, period. They don't consider it necessary to like or dislike the patient. This Awareness indicates that in regard, of course, to other factors, such as the gathering of food or glandular substances, these entities cannot report back as to whether they were affectionately treated in their butchering.

#### The Greys with the "Sharpest Knife"

This Awareness indicates it has been said in UFO circles that the kindest or the most warm-hearted of the Greys is the one with the sharpest knife. The meaning being that these entities who have knives that do not tear, but cut, are for some reason more gentle in their butchery than those whose knives are dull. It is an ironic expression but it expresses the response that some abductees have felt in regard to the nature of the Greys who are so matter-of-fact about the procedures they are involved in.

This Awareness indicates that this would be likened unto a mouse in a cage referring to the scientist who experiments on the mouse as liking the one who has the sharpest knife or who is the least cruel in his amputations. This Awareness indicates that the Greys are not concerned about helping humanity. They have a purpose. They represent the Reptoids. The Reptoids created humanity, or helped to create humanity, to be servants for them.

#### Many Will Worship the Reptoids When they Arrive

There are, however, other beings, those from Sirius and those fellow humans from the Pleiades, and there are beings in other dimensions that have a kinship to humans and who watch out for the human race. There are many humans in the past who have worshipped the Reptoid types and many will again do so, or they may worship the half-breeds, thinking the half-breeds are a superior race, worthy of worship.

There are many who have worshipped Lucifer. There are many who will worship anyone who tells them what to do, or who appear to have a higher intelligence or greater abilities than they. This Awareness suggests that entities read the Sitchin books and also the spinoff from the Sitchin books, that book referring to humanity's reptilian past, *Flying Serpents and Dragons*; that this can help to clarify much in regard to the past and is easier reading than the Sitchin books.\*

This Awareness indicates there are some things that neither book clearly unfolds in regard to humanity's evolution and past but still there is much in these books that reveal information on human origin and much that reflects on what is occurring in present time.

\*Ed's Note: The book "Flying Serpents and Dragons" by R.A. Boulay, is published by Galaxy Books, Clearwater, Fla. 34618, and is also permanently stocked by CAC. (Please refer to Book Catalog Price sheet). The book "The Watchers" by Raymond Fowler is published by Bantam Books, New York (also stocked by CAC). Although the author does reach the wrong conclusion about the aliens, as did Whitley Streiber, this book contains an amazing amount of information on how abductions take place and what exactly occurs on the spaceship when eggs are extracted and other experiments are conducted. The main reason being the main abductee, Betty Anddreasson, is also an artist, and under hypnosis was able to draw exact accounts of what happened. Her illustrations clearly show and explain how entities are "Beamed Up" into the UFOs, how the eggs are extracted, the nursery where half-breeds are created etc.

#### WILL MAN'S HEAD GET TOO BIG FOR NORMAL BIRTHS?

##### FOLLOW-UP QUESTION:

I read somewhere, it was either some UFO writer using the argument that there were benevolent aliens working for humanity, or it was some scientist saying that the way man is evolving, that it won't be too many years before his head will have reached such size that it would be impossible to experience a normal birth through females, and therefore mankind had to learn another way, possibly like the aliens do, of reproducing themselves. Is there any truth to that?

##### COSMIC AWARENESS:

This Awareness indicates that if entities look at ancient cave drawings of humans, it becomes clear that the human form has not really developed in terms of head size over that of his ancestors; that even were the head to become more enlarged than it is in proportion to the body, it does not indicate or suggest that the child could not be born through normal ways, for the child might be born earlier, while the head is still small, or the body might be smaller at the time of birth and the child grow

13. larger thereafter.

This Awareness indicates that this is but a conjecture; the fact that the entity's personal theory came from one who was a scientist does not make it a certain fact. This Awareness suggests that it does happen that even if, for example, heads were gradually growing larger because of evolution, wouldn't it also follow that females would also evolve to accommodate the larger head for the childbirth? The argument is illogical.

This Awareness suggests however, that it does appear as a likely scenario for the future that many of the births in the next century will not be through the womb, but from genetic engineering techniques. The danger of this is that gradually, over time, as has been demonstrated by the Greys, there is a weakening of the species because the cloning action does not produce the possibility of strengthening a duplicate, but produces with each duplicate a slightly weaker model or replica.

#### Super Human Beings May be Created in the Future

This Awareness indicates that with genetic engineering techniques, it is possible that in the future super-human beings can be genetically engineered that will allow individuals through regular birth process or through cloning process to be born. These beings, either way, being superior to those presently born in terms of their being free of the genes that lead to disease, their being capable of having a higher intelligence, their being able to do things that supercede possibilities of humans at present.

These things can occur, and in the likelihood, assuming humanity exists long enough on this plane, in the likelihood this occurs, this type of genetic engineering will develop to bring about these superbeings. This Awareness indicates that the prospect of longer more intelligent life through genetic engineering also increases if time permits.

#### The Importance of the Sirius Gene Introduced Into Humans

This Awareness indicates that *It* wishes to comment briefly on another associated matter. Where the Sirius gene was introduced secretly in the makeup of the human species, the human was designed to reproduce, but not to have immortality. It would be likened unto what presently would be termed a robotoid or synthetic, but the gene introduced by the Sirius group added something that would reproduce itself, and in each reproduction, would grow stronger.

It was a gene that helped to strengthen the soul and astral forms and etheric bodies; those electromagnetic fields that surround the human form; that with each generation, this grew stronger. With each generation of human species, though not given the gift of immortality or long life, and wherein the lives weakened over time from generation to generation, the immortality that was introduced by the Sirius gene created for the human the potential for eternal life on a different vibratory rate, a different frequency. Thus, the soul and the spirit that are part of the electromagnetic body of the human form, continue on after the physical form diminishes. This is appropriate since that frequency of the soul and spirit emanates in harmony with the origin of that gene, used by the genetic engineers from Sirius, during this early creation of the Cro-magnon or homo sapien types.

This Awareness indicates that this was an action dating back approximately 40,000 years; that there were subsequent infusions involved in some of the lineage of certain tribes or people to enhance and increase this gene even further. It is in this sense that the human race, as it is known, became more highly evolved in a short

period of time.

#### Refer to the Cayce Readings on Egypt

This Awareness reminds you of the Cayce readings describing actions in early Egypt. There were at the time entities from Sirius and also from the Pleiades who helped to again infuse the human race with these special genes that enhance and increase the soul growth. This Awareness indicates that these entities also from Sirius as visitors to the area which now hosts the great pyramids.

#### BEN OBINA'S STRANGE UFO EXPERIENCE (A DIFFERENT KIND OF IMPLANT)

##### QUESTION:

We received a printed sheet from an entity named Ben Obina in Thornhill, Ontario, Canada, with a note attached asking of the editor of 'Revelations of Awareness' that "I need your feedback. And if possible, I ask that you reprint my article." I'm going to read the article and his question in it:

When I was 5 years old, I had a dream...a dream so real, I remember it as if it happened yesterday. I was in a bright white room lying on a table. I recall 2 beings examining me with a device resembling a large microscope aimed at my forehead. The tip was illuminated and it also emitted a high pitched tone. I really thought nothing of my experience until I reached the end of my teens. I started to dwell on that experience as I began to question the reasoning behind it. I thought I was crazy.

While in my early twenties, I felt compelled to read all material related to UFOs and abduction cases. I currently have over 80 books which I had purchased within that time period, but I wanted to learn more. I wasn't satisfied with the information I had gathered, there were still pieces of the puzzle missing and a lot of unanswered questions. After several years, I decided to take it one step further and placed a classified ad in various public news papers.

At that point my reason for placing those ads was simple, to find others in the Toronto area who have had a similar experience as I had. I needed further information to fill in the missing pieces. The response was tremendous, but I really didn't find what I was looking for...not until I received one specific letter...and that's when this whole scenario started to gradually unfold.

This letter was from a person who seemed to be on the same "wavelength" as I was...I knew that I had found what I was looking for. He left his phone number, so I immediately contacted him. I was struck as to how much knowledge he possessed. I contacted him once every month for about a year and a half, talking for about 45 minutes to an hour each time. He gradually told me what was going on. The pieces of the puzzle slipped into place.

You may be asking yourself: "Who is this informant?" Through conversations with him, he has revealed to me that there are several types of "alien races" currently visiting and residing on earth. He belongs to the race which recreates themselves as humans in order to study and to assist mankind...Sound too far fetched? Read on...

During the first few conversations with him, I was naturally very skeptical. He just said that I should accept the fact I was chosen. Those people are selected because of certain personality traits they possess. I began to question whether this person was putting me on or not...this is when I began to realize that this was no joke. He told me to go outside at 12 midnight on December 23rd, 1988, and that I should look directly above my house...I was astonished at what I saw. I noticed a bluish-white light approaching from the eastern part of the night sky. It wasn't a star and it definitely wasn't a plane. It approached and hovered over my house about 500 feet. Then within a couple of seconds, it shot upwards and disappeared. This was all the reassurance I needed...this person was "definitely" for real.

The reason for many abduction cases is that these beings are basically "implanting" individuals who are systematically chosen by them for a "definite" purpose in the near future. This implant is basically a storehouse of knowledge containing a vast array of information, for example; formulas for food processing and growing, medicine, space travel, transportation, generic imbalance, utilization of crystals, applications of light, etc. What I have mentioned

14.

is only the tip of the iceberg...there is much more, much, much more. The main purpose is for the implantees to educate the people by gradually spreading this knowledge. It is like comparing it to a locked drawer. Once the drawer is unlocked, the knowledge will become like second nature. All implantees will have a sudden interest in an area that they never had previously. The event that will release the information contained in the implants is called the "formation" ...it will occur within the next 2 years. It is the key that will unlock the drawer.

It is not important that you believe this now, but to file it away for future reference. In a year, perhaps two, when the truth finally becomes known, you will look back on this and realize that it was indeed "actual fact."

Send feedback to: Ben Obina, 2 Steeles Ave. West, Thornhill, Ontario, Canada L4J 1A1.

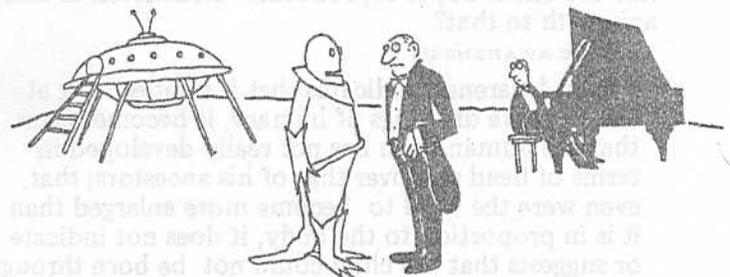
He wants feedback sent to him. My question is, here's another entity who's saying there's something more positive with these implants; that the implant he's carrying around has to do with medicine, space travel, transportation and so forth. Is there any truth at all to this, or is he being deceived?

##### COSMIC AWARENESS:

This Awareness indicates that this is a different type of alien from those which this Awareness has been addressing; that these entities are born through human parents, come in to the world in normal ways, or are transplanted here from elsewhere. These are those which are often referred to as Star Children or Wanderers. This Awareness indicates that these entities also may experience the action of what in this case was described as a dream. It is a different kind of abduction. It is that which occurs in a dream state or in an astral experience.

The usual abduction of Greys is that which occurs in a reality within your realm of consciousness rather than as a dreamstate reality. This Awareness indicates that there are indeed entities who are preparing humanity in many ways to be ready when there is this change that occurs. This Awareness suggests however, that it is important not to disclose an excessive amount of information regarding these entities because of the nature of their work. It is much higher than that of the Reptoids and Greys and to disclose information regarding these entities could jeopardize their purpose and mission.

Therefore, this Awareness does not disclose information relating to this aspect. It is sufficient to suggest to entities that they themselves have the power to face the challenges that may come in the near future. This Awareness indicates that many of the entities within your own organization are Wanderers and what may be termed Star People. This Awareness indicates that these entities will be of strong influence when critical times arrive.



"Take me to your lieder."

## DO ALIENS INFLUENCE PEOPLE INTO BELIEVING THE ALIENS ARE REALLY HIGH SPIRITUAL BEINGS?

### FOLLOW-UP QUESTION:

Too many of these abductees convince themselves somehow, or rationalize somehow I suppose, that the experience must be positive and above all a spiritual thing that is moving them in to high spiritual levels. Now, I've never bought that argument, but are the aliens influencing these people to think that way?

### COSMIC AWARENESS:

This is in the affirmative. This is part of the process. There are also certain other parts of the process to help cause a cover-up so that the entity's conscious mind can't recall all that occurred during the abduction. That in most cases, the entities being abducted will experience numerous violations in the physical sense, but these will be forgotten and covered by other images and concepts.

#### How Aliens Use the Image of the Owl

There are often animal images superimposed in the entity's consciousness so that when the entity starts to get close to a feeling related to the experience, the animal image will appear and distract the entity. This Awareness indicates that an owl is a common image used by aliens to distract the entity from following through in his or her thinking in regard to a memory of the experience. There are other animals used, also.

These are designed and implanted in the entity's consciousness to keep the entity from recalling what occurred. There are also, of course, those feelings that are implanted to make the entity feel that something wonderful happened, something important happened.

### THE QUANDARY OF THE WANDERER: WHAT CAN BE DONE ABOUT THE ALIENS? AN EXAMINATION OF OUR SECURITIES

( "Thank You for 'Nightmare Hall' " )

### QUESTION:

A long letter from Tom K., Santa Clara, California, which has a question. It's an interesting letter, so I'll read it.

Dear Avaton and Vikki, Thank you for your blockbuster "Nightmare Hall" issue [90-10]. No, the thanks is sincere, however disturbing (and it was); ignorance is a luxury we cannot afford. This knowledge forces us to appraise, re-evaluate, and ask meaning and importance in our lives.

I am sure many are asking the question, is the source "Awareness" reliable and accurate? Perhaps that needs to be answered in two ways: has it been accurate in the past, and how does it compare to other channels which have been published or encountered first-hand? The first is somewhat difficult to evaluate if you concentrate on what Awareness said *could* happen, because much of it did not happen. When a source estimates a future, it is based on the confluence of events in motion at that time.

But, as Awareness has said, new input, events, change of consciousness, etc., create a new confluence and change in predicted events. Thank goodness that the future is fluid and not locked into a preordained destiny! (But realization of this should be a flag to those understanding individuals to exercise their minds and mouths to create more constructive inputs.) We didn't have nuclear war, we haven't had (yet) all the enslavements mentioned (tho many we *have* had), and isn't it the nature, or perhaps the dream, of us to say, Awareness was wrong, the world's OK after all? The ostrich is a marvellous bird, but it doesn't stick its head in the sand because what it hears offends its sensibilities. Perhaps one recognizes truth only if he desires to seek and understand truth.



Truth frequently cannot be tested as a laboratory specimen; it must be understood, applied, and evaluated by its utility not for self advancement only, but its universality of promoting harmony for all. As for the second comparison, it has been my personal experience that the channels I have encountered have either degenerated into the promotion of themselves or have lacked at the outset the depth of evaluation of existing energies which Awareness has demonstrated. I must admit that I don't understand the process -- I have merely seen and heard it happen. But we don't need to know the mechanics of television to watch a program, we need only to know where the controls are.

Responsibility is a hard word. Integrity and the courage of intelligent self-expression are even more difficult. With more comforts and conveniences than ever before, we have truly become immersed in the beguiling apathy of materiality, the illusion that we have achieved 'happiness'. We have only to look at what Awareness has said in the past about the power of materiality in the hands of the manipulative few to herd us in the directions they wish, for their own ends of personal power. Doesn't it demonstrate that power really exists, that it is more than a concept, that anyone can use it? It makes me very curious to know the nature of power that if someone tries to use it against me, I can counter with my own. If they can use it, why can't I? But superior technological power in the hands of aliens who feed upon us--how do you counter that?

Us humans have devised extremes of death and mutilation over the many centuries of our time, and undoubtedly before our time. We know of the torture of the Spanish Inquisition, the death camps of World War II, the indifferent slaughter of women and children in the many wars, the experiments of Hitler's murderous doctors, but now even humankind's atrocities have been exceeded. Our own excesses have been bred thru the excesses of emotion and uncontrolled power (another emotion, I believe, in its origin), but we are ill-equipped to understand a race of aliens who maim and destroy out of what can best be likened to scientific interest, without emotion (perhaps Dr. Mengele would have understood).

It made me ask when I read of 'Level 6', is there any intelligence to the idea of spiritual growth, to the metaphysical concepts we felt explained and gave hope to life, when alien beings can transplant souls, create souls, manipulate the entity of ourselves which we held precious? It seemed to make for me a horrible mockery of all the teachings that this should not only be possible, but actually being perpetrated upon us. Is God Principle so utterly mechanistic, like the aliens, that It allows absolutely anything to happen? I seem to want to ask this question of Awareness, for it bothers me still.

That it bothers me is probably the emotion of self, and separate self at that, still wishing to anthropomorphize--how could a "father" do that! How could It allow us to be devastated by more than we can create in devastation among ourselves? How could It sit back and watch entities experimented into hell? Ironically, I think I have answered that question. The soul is a field vibration, as the body is a different field. Both are an aspect of the whole of creation, as the aliens are a different aspect of creation. Fundamental laws exist governing all, and all is in evolution. Perhaps those entities had a karma which led them into that, god-awful as it seems. As Awareness says, perhaps their influence is actually speeding evolution.

I think we have become locked into the belief that we are an island (there can't be intelligence life anywhere else!), the earth is a kind of 'Romper Room' in which we can play without acknowledging symbiosis, let alone responsibility to real higher law, and no one should disturb our games and our illusion that we are the end-all and be-all of creation. Indeed, pride, and willing ignorance, goeth before the fall. How dare there be aliens who can threaten not only our beliefs, but our warm and fuzzy feeling (even if we are enslaving other humans, beating our wives and treating our children like chattel possessions)! How dare anyone suggest (or enforce) that we are miserable failures at understanding life and act like barbarians, when we are Where It's At! No, I don't think I'm better than those who live their everyday lives as they see fit, for I do, but I believe there is a better way for all of us, maybe even the aliens. And how ready am I to be forced into expressing that, when I may have to leave what is comfortable behind?

But what of the abductions, the mutilations, the feeding, the superior weaponry (no way am I going to go anywhere near New Mexico!)? How are we to protect ourselves? Well, how are we going to protect ourselves against the governments which are steadily increasing the laws which enslave ourselves? I understand those who want to be 'raptured' away from this mess, but that goes back to what I said about responsibility being difficult. How difficult it is to say, Enough!, and not only question authority, but stand in the way of its enslavement. It's difficult because we love those close to us, we enjoy comfort, progress, and we see these being potentially destroyed by attack or gradual suffocation. When we have striven among the obstacles of our life and envision the destruction of our striving, that is more than scary, it is devastating.

Material comfort is not wrong, desiring to achieve is not wrong, desiring success and happiness is not wrong, but maybe considering these as securities needs to be examined. We are so immersed, involved, and it has gone on for so many generations... We are divided in concept of Principle, we are tired of foraging for daily necessities, we see what materiality can provide, and, perhaps, we have devolved to government what, in the end, we can least afford, our sovereignty as humans and individuals. We wanted the struggle to end but, it seems, it is only beginning. Perhaps the struggle is not as important as the concept, as understanding, but it is very real; we live the struggle, and it dulls the concept, the understanding.

I guess I need to amend my question. Instead of my previous emotional question, I would ask of Awareness: What can we do in our lives that our endeavors, those we love, our desires to make life a better thing, are not cast into the hopeless hell of a 'Level 6', or a daily hell of authoritarian enslavement? And of the answer, How do we gain the courage to manifest our freedom; what reverses the tide which has led us to our present apathy and enslavement? If you wish to ask Awareness, I would like to know. Maybe others, too.

I am not an activist—they have their purpose; is there another path of dissent, or am I expressing weakness of self-purpose, fear, disillusionment in what I have known and insecurity in what could be? When to oppose, when to allow, when is it too much? Undoubtedly that is for each individual to answer. I am hoping for guidelines.

Again, thank you for "Nightmare Hall". We really need to stop hiding from what is, trying to create our own insular reality in which we can be "happy". Perhaps we should heed the words of the 'Prophet' Pogo who said: "We have met the enemy, and he is us." Go ahead, shake us out of our unreality, we need it! Sincerely, Tom.

Well, there's a number of questions in that epistle, but maybe Awareness has a response to the overall statement.

#### COSMIC AWARENESS:

This Awareness indicates that the entity did summarize the questions that many entities would ask, did summarize the situation that many entities will perceive, and did tend to understand the nature of the problem. It is not

16. important to restate any of this because the entity did state this quite well. This Awareness indicates the main question the entity asked as that: What can be done?

This Awareness indicates that if you will recall in the past, this question was once asked: What can I do in regard to some action? This Awareness indicated that the entity asking the question was told: Observe. Be Aware. Hold back and do nothing, but look a little closer, look a little harder. See What Is, and in so doing, you will find yourself asking: Yes, but what can I DO?

This Awareness would suggest that you look even closer, become even more aware. Look a little harder, and you will find yourself asking again: Yes, yes, I'm doing that, but what can I do about it? And this Awareness again will suggest to you to look more carefully, even deeper. At some point you will find yourself acting, without having decided or without having been told what to do. You will find yourself being moved by the awareness of What Is. If you become aware of What Is, the awareness of What Is moves you to the right action, without your deciding to do so, without your being told what to do.

This Awareness indicates *its* purpose is to help entities to become aware of What Is. That is all that is necessary. Perhaps the action you take will be to help others become aware of What Is, and hopefully it will not be because you have decided to do so. Hopefully it will be because you are *moved* to do so. This Awareness indicates that it is sufficient for you to focus on becoming more aware of What Is. If you continue to focus on becoming more aware, that in itself will bring about the response necessary to help bring the healing.

If every entity in the world were aware of What Is, there would be no further problem, for the entities would all respond accordingly, and the problems would tend to reconcile in accordance with the awareness of the masses. This Awareness indicates that entities always tend to think of doing, of taking action. There are others who tend to think of talking about what to do, but those who are fully attuned to an urgency don't think, they just find themselves *doing something*.

This Awareness indicates that the response that comes from knowing, from being aware, as that which comes about without any personal ego involved. It comes about spontaneously, and anything that comes spontaneously, from the awareness of what is happening, is going to be a channeled response from the Awareness. This Awareness indicates that is the path. It is sufficient. It will guide you. It will move you.

Be aware of the dangers to yourself. Be aware of the importance of the information and its ramification to the earth and to others. Be aware of all the aspects of a situation so that when you find yourself responding, you are not responding with some aspect of ignorance being involved.

You may be aware of the alien presence, but if you are not aware of the danger of your potential response, then you are acting in part from a level lacking awareness, from a level of ignorance and that will surely cause you problems. This Awareness suggests therefore, that you be aware of all aspects, and in that awareness, looking closer, looking all around the issue, no matter what it is, whether it has to do with aliens, whether it has to do with your personal finances, whether it has to do with personal health, or schooling, relationships, or whatever.

Become totally aware of whatever your issues may be, and your response will be accurate, in accordance with your awareness.

This Awareness suggests *that is the solution* to everything you will encounter in your life.

(This Awareness suggests the Interpreter be brought from trance.)

The Law of Gratitude is given

#### MORE HINTS ON WHAT TO DO ABOUT ARTHRITIS

(Can Cosmic Awareness Get Busted for 'Prescribing?')

##### QUESTION:

We received a letter from S.B. in Oregon. It's a personal question, but it covers an area in which we have had many requests for information. She writes:

"This is the second letter that I write to you. The first one was to bare my soul to you when my husband died in 1984. We were together for thirty years, 24 hours a day. I was on the verge of committing suicide when I received a mailing from *Cosmic Awareness Communications*. It was truly a Godsend, because when I read it (I always read it immediately when it arrives), it contained all the information about life and death and life after death. My whole life changed and I began to send you contributions. About a year after my husband died I had a heart attack and the line went straight on the heart monitor, but they brought me back. I was told by the cardiologist that if I didn't submit to heart by-pass operation, that I would die within two weeks. I decided that I wanted to live. I got out of bed, and took out all of the tubes and needles out of my body and announced that I was leaving. They tried to force me to stay, but I insisted. They told me I had to sign a paper releasing them from any liability. I signed the paper and went home.

"I'm now in my 5th year and about 90% recovered. Now I have a chronic arthritic condition that is very painful. I'm not able to walk for very long periods. There are so many things I want to do to make this a better world to live in. My heart and mind are willing, but my legs won't cooperate. Can you help me? Is there anything I can do to help myself?" she writes. I'd like to ask Awareness if there's any new information on arthritis that *It* could give at this time?

##### COSMIC AWARENESS:

This Awareness indicates that the use of chelation treatments as that which can be helpful. This Awareness suggests that cutting down on or totally eliminating any added salt to the diet; the use of cold water fish oil, such as fish that thrive in cold water, such as salmon. The samonalic or salmon oil as that which is seen as beneficial. A combination of linolenic oil, which is linseed oil and salmon oil is available; that entities may contact Dr. George Shahbaz for information on this; that also Neo-Life carries a brand of samolinic oil.

This Awareness indicates that the various types of EPA oil are seen as beneficial; this being the oil from cold water fish. This Awareness suggests also that the

Gamma Linic oil and linseed oil or Linolenic oil are seen as beneficial. This Awareness suggests that olive oil should be recognized as a good oil to use for foods along with grape seed oil, which is found under the brand name Canola oil in your supermarkets. This Awareness indicates that these two oils being mono-unsaturated oils are seen as beneficial; mono-saturated oils used for salads and cooking can be additionally healthy for your general health and diet and the avoidance of cholesterol-forming oils or poly-unsaturated oils, which although generally healthy, grow rancid quickly and may cause other problems.

This Awareness indicates that it is also seen as beneficial to avoid saturated fats in the diet, and those foods containing high uric acid. This Awareness indicates that fresh vegetables and vegetables from the broccoli/cabbage family, are seen as beneficial, preferably when steamed. This Awareness suggests the low sodium diet; that tomatoes being high in sodium may be used sparingly. There is seen a benefit from Vitamin C, but there is also seen some need for this entity to avoid excessive citric acids through the citrus fruits. This Awareness indicates that bathing with salts or that which is the bath salts, such as Epsom salts in warm water can be beneficial; that this helps to draw out certain stiffness in the joints.

This Awareness indicates that the use of cayenne and the use of garlic are both seen as beneficial; that Coenzyme 210 can be beneficial also. This Awareness wishes entities to understand that *It* does not give amounts of usage because new laws have been passed which prevent any amounts being given in terms of suggestions as to usage of vitamins or minerals or even water. That were this Awareness to prescribe drinking water, this would be acceptable under such laws, but were the Awareness to suggest *how much* water and how often, it would be classed as prescribing without a license, and this could cause the Interpreter considerable difficulties, including arrest and possible imprisonment. This Awareness indicates that this is from laws that were passed approximately three years ago.

ED's Note: these absurd laws now on the books were passed by Congress because they evidently could not resist the pressure of the AMA and the FDA which wants to control absolutely anything relating to health. Believe it or not, a grandmother in Indiana was taken to jail for telling her granddaughter to have her mother make her some chicken soup and this would treat the cold the grandchild had. In the past Awareness almost always would give the amounts of Vitamins, Minerals, herbs etc. when we asked about specific health problems, and we still have many readings on health containing these which we plan to publish as time goes on; however, it is almost useless and a waste of time to ask health questions anymore, because Awareness always goes into this long rap distilled above, on why *IT* can not give any information that may in the slightest be interpreted by authorities as prescribing medicine or a prescription of any kind. It usually goes on to include that CAC could be put out of business for publishing information of this type. This rap has occurred so many times recently that we have been discouraged from even asking health questions anymore. Some of this could be the Interpreter's own paranoia, although he denies it. But whatever, the laws ARE on the books, and although they may not be enforced generally at this time, they could be enforced at any time and the agencies could indeed come down on the Interpreter and CAC. However, Vikki and I have discussed this various times recently and have decided we are not going to take this sitting down. One big reason being that one of the tenants

or major plank in legally creating the CAC organization is that of publishing information on healing methods of all kinds, and entities can do what they will with that information. It is not our job to research all information as to its validity or health claims etc., for CAC is a sort of "clearing house" of information,--all kinds of it, as you well know, --and we lay out this information as a kind of smorgasbord for entities to pick and choose from. If the powers that be decide to come down on us for this, we will use this argument in court: We lay out the information, we make no claims, we just lay out the information. Those of you who pick and choose it may do with it what you will. No one is ordering you to do it; these are only suggestions.

I intend to present this argument to Awareness the next time It goes into Its rap when a health question is asked, that we want and expect clear indepth answers to our questions, otherwise we are not living up to the legal framework on which the CAC organization was founded. In addition, we will add a disclaimer in regard to health questions (just as we have a disclaimer relating to other things at the beginning of each newsletter); the disclaimer on anything relating to health will simply tell the reader that before experimenting with any herbs, Vitamins or anything relating to health, "to be sure to talk to your doctor first."

(I almost puke when I think about being forced into putting such a stupid directive into our newsletter, for much of the advice from allopathic 'doctors' these days will either kill you for sure in the long run or keep you so damned sick you wish you were dead, as they extract every last dime of your life's savings in the process, then cast you out in the street to die when that last penny is gone. It is a sad commentary on the times we are being forced to live in, and all the more reason why none of us should take this crap laying down!).

In the above reading on arthritis, there may be some terms misspelled, but you can consult your local healthfood store (if it is still in business) regarding the terminology. For good advice from a doctor we have all grown to know and trust, we again suggest (as does Awareness) that you phone or write Dr. George Shahbaz whenever you have any questions in regard to health and diet.

Dr. George Shahbaz.  
Oregon City Wholistic Health Clinic  
216-6th Street, Oregon City, Oregon 97045.  
Phone: (503) 657-4043 (anytime)

## WILL MAGNETS ON THE HEAD IMPROVE SEX LIFE?

### QUESTION:

There was an article in the paper the other day, which I'll read. It says: "Sleep From Top to Bottom. Longevity Magazine reports that psychiatrist William Philpott of Choctaw, Oklahoma, who has tested more than 3000 patients, believes that sleeping with a magnet strapped to the top of the head boosts energy, improves skin tone, and in some cases even enhances sex drive." He also says it ensures sound sleep. The magnet unit required is a 3.950 Gauss magnet, which is 4 times stronger than little refrigerator magnets they use to tack notes on your refrigerator," it adds.

Does Awareness see this as being valid information?

### COSMIC AWARENESS:

This Awareness indicates that this does appear to have a beneficial effect. The effects of magnets on individuals has a physiological result in its effect on the blood among other things, in that iron in the blood becomes magnetized and aligned by the magnet and is in this way strengthened. This Awareness indicates that this has an effect on the entire circulatory system and tends to improve the operation of the endocrine and glandular activities in the body, including hormones.

18. This Awareness indicates that entities could experiment with this by taking several such refrigerator type magnets, putting them into a rolled-up handkerchief and strapping them to their head. This could then be used for several days to be monitored for any change in the sleep pattern and in the general feeling of well-being. If this proves to be beneficial to the entity they may wish to consider gluing such magnets onto a kind of night-cap, perhaps onto a cardboard form that is covered by a cap on the inside and outside, which then could be worn during the night.

## WILL MAGNETS ON THE HEAD HELP ARTHRITIS?

### QUESTION: (MORE SUGGESTIONS FOR ARTHRITIS)

Would magnets like that have any effect on arthritis or the pain of arthritis if put on a particular spot?

### COSMIC AWARENESS:

This Awareness indicates that this can be beneficial in these areas. The magnetics of the Polarizer is seen as being healthful in this regard; the Polarizer of Sam Millar.\* This Awareness indicates that a good massage on a regular basis can also be helpful in dealing with arthritis. This Awareness suggests that there are also some chiropractors who have sound vibration that helps to break up crystallization in the joints through the use of sound vibration and this can be helpful in some cases of arthritic tendencies.

This Awareness indicates likewise, acupuncture can be helpful if properly done. This Awareness indicates that in some cases, arthritis may be aggravated by the use of pasteurized/homogenized milk and milk products. It is suggested that entities may wish to explore the fields of allergies to determine whether the arthritis is being caused by allergies to foods or other substances.

\* Since Sam's health problems, he is making very few Polarizers these days.

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