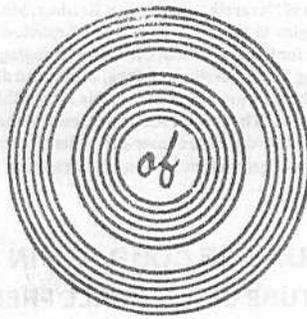


Revelations

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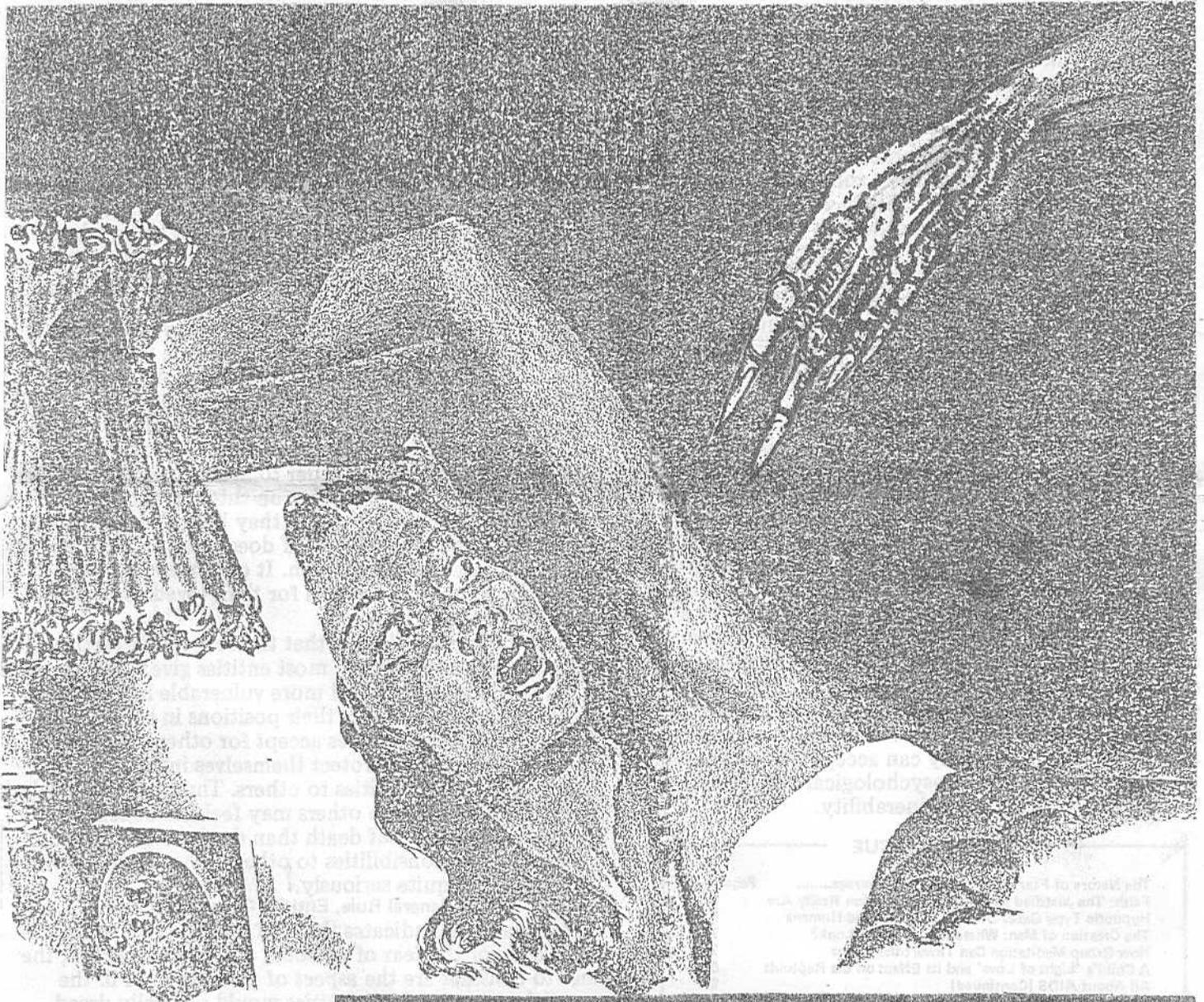
P. O. Box 115, Olympia, Washington 98507

Helping People Become Aware

91-12

ISSUE NO. 387

\$3.00



HOW TO OVERCOME

F E A R

COSMIC AWARENESS is the Force that expressed Itself through Jesus of Nazareth, the Buddha, Krishna, Mohammed, Edgar Cayce and other great avatars who served as 'Channels' for the 'Heavenly Father' and who speaks again today as the world begins to enter the 'New Age' of spiritual consciousness and awareness. Since 1963 Cosmic Awareness has been communicating through carefully trained channels. This information is for those who desire to help in bringing in the New Age. Throughout the thousands of 'Readings' given through these various channels, Cosmic Awareness tells us not to believe anything, but to question, explore, doubt, and discover for yourself, through your own channel what is the truth. Cosmic Awareness will only 'indicate' and 'suggest'. Neither C.A.C. or any of the Interpreters is responsible for anything Cosmic Awareness states in any of these readings, nor does C.A.C. or the Interpreters necessarily agree with the statements of Cosmic Awareness. The Interpreters interpret the energies as they see them in trance levels and are not personally responsible for what is said. The Interpreters published herein have no connection with, nor control over the editorial comments and material, including illustrations. This is entirely the responsibility of the editor. Members of C.A.C. are invited to send in questions of general interest to ask Awareness for possible publication in this newsletter.

Paul Shockley, Interpreter

THE NATURE OF FEAR & THE NATURE OF COURAGE IN RELATION TO DEATH AND ALIENS (UNDERSTANDING THE NATURE OF FEAR WILL FREE YOU FROM IT FOREVER)

(Opening Message, CAC General Reading, Nov. 8, 1990)

COSMIC AWARENESS:

This Awareness wishes to discuss the concept of fear. This Awareness indicates that *It* wishes to discuss this concept so that entities fully understand the cause and the cure of the fear, as well as the consequences of the fear. This Awareness indicates that all entities are vulnerable, whether they realize the vulnerability or not, but some entities are more vulnerable than others and some entities are more aware of their vulnerability than others, and some entities are vulnerable in ways that are more disturbing to them than are others.

This Awareness wishes to discuss some of these ways whereby entities become disturbed by their vulnerability, for that disturbance of the vulnerability is fear. Fear is being disturbed by the fact that one is vulnerable. If one is not disturbed by one's vulnerability or by the vulnerability associated with something, then one is not fearful in that regard.

This Awareness indicates that the disturbance is an emotion that calls out for some kind of action; that generally, once an action is taken, fear departs. The disturbance departs. Fear, or disturbance, like any kind of stress, only exists when there is a lack of action. Once action is taken, the entity is so involved in the activity that there is not need for psychological stress, for psychological disturbance or the emotion that accompanies such disturbance known as 'fear'.

This Awareness indicates that the nature of being disturbed by one's vulnerability is generally caused when an entity does not think through to completion the concept of vulnerability and what can be done to either shore up the vulnerability so that it is not seen as vulnerable or whereby the entity can accept the vulnerability without a disturbance, a psychological disturbance, for there are many kinds of vulnerability.

Fear of Death--The Number 1 Fear of Entities

This Awareness indicates that the greatest of the feelings of vulnerability is associated with the fear of death and around that fear of death, entities have various degrees of fortifications to ward off death; they place barriers around the fear of death in different ways on different levels to prevent different kinds of death. They create walls around themselves. They create civilizations and societies that protect themselves. They create buffers so that they do not starve. They create certain medical and healing systems to prevent them from being taken by disease and in general they create behavioral patterns to keep them from falling into situations that might lead to death.

This Awareness indicates that all of these are buffers or fortifications to prevent the number one fear that most entities have: the fear of death. This Awareness indicates that those entities who would control the masses need only to promote the fear of death in order to find ways whereby they can cause the entity to behave in certain ways in order to avoid threats of death. That insurance companies play on this and many entities will pick out insurance because they have a fear of death, even though the insurance itself does not provide them with fortification against death. It only provides them with some kind of protection for their loved ones in the event of their own death.

This Awareness indicates that the concept of fortifying against death is that which most entities give some thought to, particularly as they feel more vulnerable in their lives, in their occupation and in their positions in society. The more responsibility entities accept for others, the more they feel the need to protect themselves in order to also protect the responsibilities to others. Thus, an entity who has no responsibility to others may feel less concerned about the possibility of death than does the one who has a number of responsibilities to others, who takes those responsibilities quite seriously.

As a General Rule, Entities Cling to Life

This Awareness indicates that as far as the fear of personal safety or the fear of personal death is concerned, the issues to consider are the aspect of pain involved in the potential of death which entities would naturally dread, just as entities would dread going to a dentist or a doctor wherein there might be pain involved, and the aspect of the permanent loss of something they are attached to. It is not the unknown that is so frightening, it is more the fear of losing that which is known. Even the most unpleasant attachments entities may have are at least known to them and entities do not know what lies beyond, whether the beyond has any kind of circumstances or situations that are manageable as are the more familiar and known aspects of life. Therefore, entities cling to life as a general rule unless it becomes so unbearable to them that they feel they would rather face anything other than continue in the direction and with the circumstances they now endure.

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3.
This Awareness indicates that entities who wish to overcome this fear of death should consider two things. First of all, there is a need to be concerned about death, but there is little need to be afraid of death, and one can take action regarding one's concern without experiencing great fear. One can be just as active and just as careful and prudent in one's concern without being hindered by a great fear. The action of being fearful can, in fact, hinder one's performance level in taking prudent action. There is of course some value in certain circumstances wherein fear is involved, especially wherein quick action is demanded in order to save one's life, and for some reason the quick action stimulates adrenaline, which can speed up an entity's reflex actions and perhaps save an entity's life, whereas if the entity were not frightened, the entity might not respond quick enough. That this is a justified use of fear.

A Way to Avoid Permanent Fear

This Awareness suggests that for the more permanent or continued dwelling of the mind in terms of fear, it is more detrimental than helpful except in a situation where danger is imminent, in which case, it can make an entity more alert. This Awareness suggests that the way to avoid a permanent type of fear, a fear that remains with a person longer than is necessary for one's survival, the best way to avoid this is to create for oneself a new understanding of life and death, in which, for example, one recognizes that the body itself does not house or produce life; that life produces the body and creates the body around itself.

The Materialistic VS the Spiritual Point of View

This Awareness indicates that when entities recognize that consciousness is the life and the body but its vehicle, then they will have a totally different attitude towards the concept of death. It is possible for entities to look at things from two different points of view: the materialistic view, or the spiritual view. When looking at the creation from a materialistic view, one makes an assumption that consciousness and life come out of dead matter, by the process of chemical reaction that evolved over long periods of time into something that appears to be animated and takes on the appearance of life, of some of that dead matter, and which appears to take on forms.

This Awareness indicates that these forms are then called 'bodies' and it is presumed by assumption that the bodies are limited to chemical reactions that are within the bodies, and which are continued by input from external chemicals called nutrients. This is essentially the materialistic assumption of life in the physical realm and it has many adherents to this belief.

However, it is equally possible and plausible to make an assumption that the material realm came out of consciousness and that consciousness existed first, and from that consciousness came images and the images solidified into what appears to be matter. The appearance is made by the ability of the senses in their limited way of perceiving.

Mental Telepathy is Explained

This Awareness indicates that by assuming that matter came out of consciousness, that consciousness existed prior to matter, many of the mysteries and experiences can be explained and understood which cannot be explained or understood from the materialistic viewpoint. For example, how is it possible for entities at a distance to perceive, as has occurred in many cases, a realization that a loved one has experienced something traumatic at that very moment or perhaps has died, when there is a great distance involved and no telephone communication or other types of tangible messages have been passed, and yet the entity in one place, perhaps a thousand miles or more in distance, simply *knows* something happened to this other entity?

This Awareness indicates that this is because they are connected in consciousness, and their consciousness, connected to the universal consciousness allows them to attune through the vibrations of that consciousness, that mutual consciousness, to one another, but the materialistic approach would not recognize consciousness existing as a vibration in the universe. It sees all things coming out of matter in terms of chemistry and consciousness simply evolved out of that chemistry, and there could be no substance between entities that would link them together to have similar experiences.

This Awareness indicates that the concept of telepathy would be seen as mere coincidence, accident rather than fact, even though some civilizations and individuals may have brought this talent to a fine art. If entities look at the aspects of consciousness seriously, it becomes obvious that consciousness came first, matter followed and images and form came out of consciousness, just as forms come out of consciousness in your dreams.

This Awareness indicates that once this is accepted by an entity, the entity then becomes aware that he or she is part of a Universal Consciousness, is acting and operating as a kind of 'Thought-form,' an entity being a kind of Thought-form in the mind, or in the consciousness of the universe, and once this is understood, then it becomes more obvious that your real essence is your vibratory essence rather than your physical essence, and that your true self is your consciousness, rather than your physical self, and once you understand this, then you know you are part of the Universal Consciousness and that death no longer exists as a reality, even though the end of the body can occur.

This Awareness indicates that it is likened unto realizing you exit your automobile, the automobile may be sent to the junkyard, but you are not sent with it, and you may get a new body just as the driver may get a new automobile. This Awareness indicates the body then becomes your vehicle which you are entrusted with, to take care of in the way you best do so. It is a responsibility, a blessing; it is also a tool for you to use in order to fulfill your purpose in the flesh for your sojourn on earth.

Once this is truly understood, you need not ever again have a fear of death, even though you may have a concern regarding the avoidance of death. It becomes likened unto the concern to keep your car in good running order, to keep it from having an accident. You need not spend your life being fearful of the day when your automobile will give up the ghost. You need not be fearful that it will someday cease to operate. You simply keep it in good shape, keep it healthy, take it to the automobile doctor as parts are needed, or as tune-ups are required. You give it the nutrition it needs to keep it healthy.

This Awareness indicates you need to be concerned about it, but you need not be paralyzed or fearful of its lifespan running short; that this as one way to assist entities in looking at life with a philosophy that allows them to avoid having a great fear of death, even when there are hazards and dangers around; that also, if you find yourself dwelling on such fear, it is good to get out and do something; take some kind of action.

The Nature of Courage

If you do not want to get outside, if you are afraid to go out, then get something that you can do at home, but keep active; that action helps to ward off fear. This Awareness indicates that *It* wishes to discuss this with entities so that they learn the nature of fear and the nature of courage. Courage is the ability to act in spite

of fear, in spite of concern; that if you are able to act in a way that is necessary, even though there are hazards involved or risks to take, then you are exhibiting courage.

How Lack of Courage Can Lead to a Life of Crime

There are many entities who do not have enough courage even to step out, to go seek a job which they desperately need, for fear that they will be told "no." This Awareness indicates that there is no danger of them being told no because they do not even venture out for the possibility of rejection; that this is a form of fear and the fear keeps them from progressing or improving their situation, and their lives become even more endangered because they are put in a weaker position.

Now they are unable to find a job because they are afraid to look for it, or they are fearful of taking risks and doing something to better their situation, and in the process they have become weaker and therefore, more desperate. The idea for them of their going out and risking rejection terrifies them more than for them to go forth and steal something from someone. Thus, they may venture out to steal something because they are afraid to risk rejection in the search for a legitimate livelihood, and thus they risk being arrested or shot for burglary or otherwise violated for criminal behavior, and the entities may then venture into a life of crime simply because they were afraid of asking for legitimate help for fear of being rejected.

This Awareness indicates that this can occur to entities who have fear in a misplaced direction or distorted area of their value system. Whereas most entities would be afraid of any kind of criminal action, some are afraid of taking a step in a legitimate direction and find it easier to move towards criminal action. This Awareness wishes entities to understand that courage is the ability to try, even though one has a certain degree of fear, and that nothing comes without a certain amount of risk, and this Awareness suggests that it is a matter of intelligence to avoid those risks that are not likely to pay off in the long run, even if they may pay off momentarily with some miniscule gratification.

The Value System Suggested by Awareness

This Awareness indicates that there are many entities who will take a momentary payoff, though it costs them in the long run, either in character integrity, or social reputation. They may cheat a friend to gain a few dollars, or they may do something that gains them a momentary gratification at the expense or risk of their reputation, which could then jeopardize their future job opportunities, or career opportunities. There are many entities, for example, who might involve themselves in some robbery or theft, get caught, then discover that because of their felony, they are no longer wanted in other job opportunities, even being turned down when seeking to join the army or military branches.

This Awareness indicates this is quite a shock to these entities to discover that their felony keeps them out of the armed services, whereas they might have otherwise thought their toughness and hard reputation would have been a qualifying quality for their induction. This Awareness indicates that too many people seek the momentary gratification without the intelligence of recognizing the long-term value system that is recognized by society, and the importance of friends and wholesome relationships that are held together by integrity, honesty and clear behavior.

This Awareness indicates that too many entities take advantage of their friends and then leave their friends and wonder why nobody wants to help them anymore.

4. If entities could understand the value of cultivating friendships, of cultivating wholesome reputations, personal credit, personal reputations as a good law-abiding dependable person and the benefits that come with such, they would recognize much more reward.

This Awareness indicates that the rewards from these things accumulate and assist in helping entities to build greater courage for their own inner strengths and confidence to go out and accomplish things in their world without fear of being recognized, fear of being seen or discovered as charlatans or cheats or whatever others may have thought of them from past behavior. This Awareness indicates that your reputation as a healthy honest social member in regard to your job, your friends, your family and those with whom you associate, is of great value and can be compared with a treasure of gold or silver in terms of its general worth to you, for as you develop credit to yourself for your good behavior, others recognize this and give to you and assist you in times of crisis or will refer you to others for their assistance to you.

These are very important considerations in strengthening your fortifications to protect your world in your society so that your society works for you rather than as an enemy to you. Meet your debts, pay your debts, create friendships, honor your friendships, for these are things that are most important to your own security in your society, in the moment and in the long-term. It also strengthens your own self-image of your being and this Awareness wishes at this time to point out to entities who are plagued with fear, whether it be fear of being discovered, or unfounded fear of secret or hidden or imaginary enemies, or real enemies; if you are plagued with fears, you tend to draw in those fearful energies in one way or another, or to draw in a kind of substitute energy that fulfills the fear you hold.

You Can Know About Aliens Without Attracting Them

It is in this sense that the statement was uttered: "The thing I fear has come upon me." This Awareness indicates that wherein you are aware of the dangers, this in itself does not bring these dangers upon you, and can, in fact, help you to avoid those dangers. It is not the awareness of negativity that is the threat, it is the fear of negativity that becomes the threat. Thus, you can know about aliens, you can know about negative powers and threats in your world without drawing these to you, so long as you do not let fear control your life.

If you are driving an automobile and the sign says: 'Dangerous Curves Ahead,' that sign can warn you of a potential hazard. It does not necessarily mean that you are going to run off the road because the sign is negative, and is causing you to become fearful, but if you should become fearful, slam on the brake or overreact to the sign, then indeed it may have an adverse effect upon your driving.

Why Awareness Has Presented the Alien Presence Information

Likewise, when this Awareness informs entities of an alien presence on earth and the nature of these entities, some become fearful, some become angry and do not want to know about it for fear that they will be somehow affected; that their lives will be shattered by the information. They then label this Awareness, or the organization as being a harbinger of negativity.

This Awareness indicates that It is simply indicating what is out there as a warning for those who might come in contact with these forces. Already there are thousands who have been abducted and have suffered harm. It does not wish to see this continue. That likewise, It does not wish to see entities hearing about this to become fearful to the point of harming themselves through panic or through dwelling on fear.

It wishes entities to recognize the value of courage, the value of knowing that as an aware being, you are better able to protect yourself than you would be without the awareness of the dangers in your world. This Awareness indicates that it relates to the statement: "Yea, though I walk through the valley of the shadow of death, I shall fear no evil, for Thou art with me."

This Awareness indicates that entities who are aware have a power so long as they do not accompany that awareness with unnecessary fear that paralyzes their being, for the paralyzing fear may act as a kind of magnet to draw in that which entities fear. This Awareness suggests that you recognize the danger of the sharp curves, but not become paralyzed with fear, instead, that you guide your vehicle to avoid those dangers; that you avoid contact with these aliens.

It is likely that most of the entities hearing the messages from this Awareness will never have any contact with aliens. There are a few who may, and if those few *should* have contact, it is important that they also have some knowledge as to what the contact means. Thus, they, in being aware, may have better opportunities to know whether to escape, avoid further or closer communication or whether to relate to the entities, and if so, how.

This Awareness indicates that this has been the purpose and intention for much of the material given in regard to the aliens. This Awareness also wanted to inform entities because there has been a great ignorance on this plane among earth people in regard to the nature of their origins and their place in the universe, because others in the universe have been shut off from their awareness.

There Are 700,000 Types of Humanoids in Our Galaxy Alone!

This Awareness indicates that in this galaxy alone there are approximately 700 thousand types of humanoids. There are approximately 70 thousand types that have at one time or another, passed through the earth's atmosphere. There are approximately 70 different types of humanoid creatures or aliens that are known by your government as visitors to the earth.

This Awareness indicates that this may be valuable information for some entities. There have been many who have long requested from this Awareness information relating to things Biblical and things related to the UFOs, and now this information is being given, and some entities find it hard to digest, while others are quite intrigued. That this is to be expected. *It* suggests the entities who are frightened by the information are those who need to most examine themselves, to determine their own philosophy in regard to the nature of fear and to look carefully at the information this Awareness has given regarding fear, for it is unnecessary for entities to be frightened by this information. It is simply informative rather than frightening, depending on how an entity wishes to perceive it.

This Awareness asks you to perceive it not as entertainment to be frightened by, but rather information to help you become informed.

FAITH: THE JUSTIFIED CONFIDENCE IN KNOWING WHO, IN FACT, YOU REALLY ARE: INDESTRUCTIBLE!

...How to Survive Eternally and Enjoy Eternal Bliss

(FOLLOW-UP QUESTION):

Awareness once said something to the effect that faith was that justified confidence in knowing who, in fact, you really are. In this information given tonight one could then add, who we really are is an *indestructible* part, albeit a small one, of Universal Consciousness. Is that correct?

COSMIC AWARENESS:

This Awareness indicates this is in the affirmative; that when entities realize who in fact they really are, they also realize that the indestructible part has the capacity of expansion and is able to expand in consciousness to experience the totality of Universal Consciousness, and there is nothing within the universe that can destroy this consciousness.

This Awareness indicates that entities who wish to survive eternally can identify themselves with the Eternal Consciousness, and given such identification they are eternal. Entities who wish to survive only in terms of a brief gratifying moment in time will identify with something brief and gratifying that exists only momentarily, thus an entity may identify with some experience of the moment, and when the experience is gone, the entity feels that his life is over.

Thus, many entities look back on an experience and continue to pursue the reexperiencing of that once great and glorious moment, never to find it again, and feel themselves as having lost something of great importance to them. This Awareness indicates that this is the very essence of addiction; that entities can become addicted to an experience induced by drugs, by alcohol or by any other kind of sensation and the nature of such addiction is such that it causes them to seek a recapturing of that same experience over and over, even though it is only momentary in its gratification.

What entities are truly seeking is the Eternal Bliss and the Eternal Bliss that lasts forever can only come to entities who identify with the Eternal Bliss of Cosmic Consciousness of the Universal Consciousness, which lasts forever and is ever and always expressed in joy. This Awareness indicates that this comes to those who surrender themselves to the Highest and Best, to that which is the Divine Consciousness of God, the Divine Consciousness of the Universe.

This Awareness indicates that one surrendering to this may expect some kind of momentary gratification; this will not come. What comes is a sense of peace. What comes is a feeling that you have transcended the finite body and that you are eternal in nature. That you may, of course, jump back into your finiteness and back and forth from infinity to finiteness, according to your choice.

The Divine Consciousness Operates Thru the Cosmic Laws

You can be one with the physical body or one with the Universal Body, and switch back and forth. The more permanent approach would be to identify yourself with the Cosmic Consciousness of the Universal Body, and see yourself from that Universal Consciousness operating through your physical body, doing the chores that you were, as a physical body, destined or sent here to do, seeing your physical body as likened unto an appendage of your Universal Body.

The more you can identify yourself in the Universal Body, the more permanent your sense of eternity, yet you still have use of the physical body as a vehicle, as a

NANCY



tool to be used for the glory of the Divine Consciousness, ⁶ to do that which the Divine Consciousness asks you to do. This Awareness indicates that essentially, the Divine Consciousness operates through the Cosmic Laws that have been given. It will never ask an entity to do anything that would violate another, for all others are part of *Itself*. They are all aspects of the Divine Consciousness.

This Awareness indicates that once this is understood and once you understand the nature of your own Divine Consciousness, you need not have any fear of aliens. You need not have any need to put yourself in harm's way in regard to them, for you will have the Universal Guidance to avoid these areas of danger. Your own Higher Self will keep you safe. The aliens do not really care to get involved with entities who are spiritually complex. They do not mind getting involved with religious types who are easy to manipulate through their religious dogma, but wherein there is a spiritual awareness, they tend to avoid this type, because they cannot control spiritual awareness.



THE EFFECT OF HYPNOTIC TYPE GAZES USED BY THE REPTOIDS AND BY HUMANS

(FOLLOW-UP QUESTION):

It's been said that certain animals, particularly the big ones in Africa, can sense or smell fear in a human if the human is present and is frightened, and often, because they sense this fear, they will become predatory and chase the entity. In the case of the Reptoids, Awareness has indicated that these creatures control the Greys through a form of hypnosis or hypnotic gaze. In the rare chance that an entity would come face to face with one of these Reptoids and this entity, knowing who in fact he is and is not frightened, would this hypnotic gaze of the Reptoids have any effect on the entity?

COSMIC AWARENESS:

This Awareness indicates this would be minimal; that there is a certain type of gaze that these entities tend to use in order to captivate as they move or walk toward one, and this has been used by entities in a kind of hypnotic manner, but those who are of a higher consciousness tend to sense the danger involved and simply want to move away, and thus break the gaze, break the contact, and in breaking the contact, they break the hypnotic influence.

How Hypnotic Gazes Can Affect You

This Awareness indicates there is a related concern which this Awareness wishes to give entities in regard to hypnotic gazes; these not necessarily used by the Reptoids, but can be and are often used by other entities. The action of an entity looking at one from a distance with a certain technique, can cause an entity to become captivated by the gaze of that person; that this occurs when the entity looks not directly into one's eyes, but looks off-center, approximately an inch to the side of one's eyes, appearing to be looking at the person, but in fact looking slightly off-center from the locking of vision, and this causes the one who is the subject of that person's gaze to feel a kind of imbalance.

The entity does not sense the vision block that occurs when someone looks at them and tries to contact the eyes but can't, because the entity is not looking directly into their eyes, and whatever is being said by that entity who looks to the side, tends to go through into the subconscious of the entity. The entity cannot block it out as easily as if the eyes were actually locked, because

the entity is off balance in a psychological sense and is groping and receptive waiting for that eye contact, and the receptivity allows the suggestions or words to go through into the subconscious.

Avoid Eye Contact with Aliens and Lawyers

This Awareness indicates that lawyers sometimes use this technique in court, in an intimidating way, when cross-examining an opposing witness, and in so doing, can cause the witness to become confused, to answer incorrectly, or to appear to be lying or falsely responding. This Awareness indicates that it can also be used in reverse by the witness, if the witness is aware of this, so that the lawyer who may be hounding the witness, becomes confused when the witness refuses to look and make eye-contact, but looks closely enough to appear to be making eye contact.

This Awareness indicates that any witness who does not make eye-contact with the cross-examining lawyer will find that he or she cannot be easily intimidated by that lawyer. The same may be said in regards to aliens; that if you are ever confronted with an alien face to face, or any other hostile individual, by looking not directly into their eyes, but to the right or left, such as looking at the corner of the eyes, or looking at their ear, you will not be as easily intimidated by these entities.

AVOID EYE CONTACT WITH PIT BULLS ETC.



(FOLLOW-UP QUESTION):

I have read that something similar applies to animals; that if you suddenly are confronted by a hostile animal, like a dog, a pit-bull, for example, that you are never supposed to look him in the eyes, but look slightly just off-center, and start backing cautiously away; that with animals, if you look him in the eye, this is the way animals about to fight one another have initial contact. Is this correct?

COSMIC AWARENESS:

This is in the affirmative.

THE MOVIE: "PLANET OF THE APES" WAS IT INSPIRED BY REPTOIDS ?

QUESTION:

Awareness mentioned there was, I believe, 70,000 different types of humanoids in our galaxy. Some years back there was a series of movies called *Planet of the Apes*, in which the apes at one point took over and they looked down on humans as being ugly creatures and so forth; was this story inspired somehow by one of these humanoid civilizations, or was this just a good creative writer who came up with that idea?

COSMIC AWARENESS:

This Awareness indicates this as simply a science fiction creativity exercise and story; that it was designed to show that humanity had regressed in its evolution due to its use of technology that destroyed civilization and that the apes were more advanced in their evolution, because they were not as destructive on such a mass scale. It was simply giving a message to humanity that humanity was regressing rather than progressing.

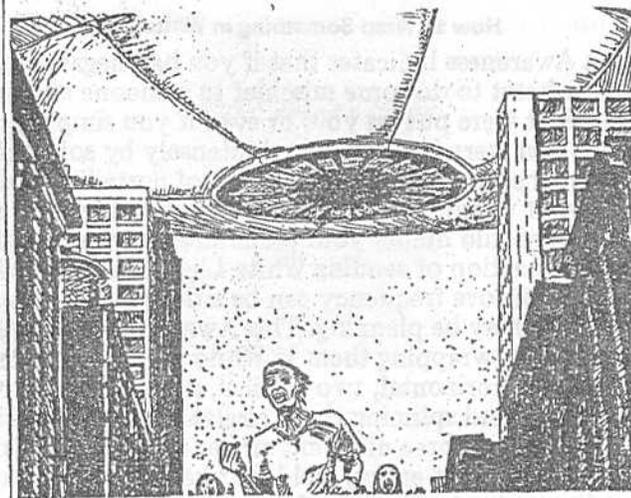
(FOLLOW-UP QUESTION):

These aliens that created mankind originally, from what I gather from our frame of reference, these entities weren't particularly handsome or good-looking entities. When creating humans, who seemed to have more perfect features and so on, was this an accident on the part of the aliens? How did they arrive at that? Why weren't they created in their own image?

COSMIC AWARENESS:

This Awareness indicates that in regard to the creation of modern humanity these creations were such as to have features that were relatively balanced and harmonious; that the original purpose of modern humans was that of serving those Reptoid masters of the past. This has been discussed previously in regard to Sitchin's books, in regard to mining and other operations.

This Awareness indicates that there were modifications made by those from Sirius and also from certain Pleiadian influences to the genetic nature of the earlier creation, and the Reptilian aspects of humanity began to fall away with each passing generation; the generations losing some of the long lifespan qualities but gaining more of the symmetrical beauty of the human nature as well as the more intellectual and decision-making power of the human qualities that were implanted through the Sirius and Pleiadian connections so that as time passed, the human development became ever more predominant and the Reptilian qualities of humanity fell away, almost entirely.



ED's Note: For more information on fear, please refer to the following 'Revelation of Awareness' newsletters: 78-38 (A Meditation from Awareness to Overcome Fear); \$1.00. (Highly recommended!); The Psychology of Fear: 84-4; 81-9 (How to Deal with Gut-Level Feelings & Attitudes); 84-13 (How to Overcome Vanity without Fear); 82-21 (The Death Wish and Its Relation to Cancer); 85-3 (How to Keep the Dark Force out of your Consciousness); 84-19 (Giving Up Attachments to Fear); 82-19 (Judge Not: Feeling Fear); 81-27 (Death and Dying); 83-15 (The Importance of Vulnerability); 85-6 (Projecting Fear from a Past Life); 87-5 (Fear and its Relation to Alcohol); 89-2 (How to Become Self-Aware); 89-6 (How to Overcome Fear and Stay Aligned with Spirit); 88-3 (Suicide Among Children); 89-8 (How to Attune to Cosmic Awareness); 89-14 (What Happens When you Tell a Lie); 86-15 (Fear and Overeating); 88-3 (Reading to Children); 89-4 (People Believe the Most Bizarre Lies); \$3.00 each from C.A.C.

HOW GROUP MEDITATION CAN THWART THE ALIENS

How to Wrap Something in White Light

QUESTION:

We got a letter from C.B., Glendale, Calif. She's not asking a question, but it's an interesting bit of information she puts in here, and I'd like to ask Awareness to comment. She writes: "Dear Avaton and Vikki: I have recently become a member of CAC. I was introduced to your publications and the general information about the aliens through the wonderful people at the Fellowship of Universal Guidance. One of their people, out of the blue so to speak, made copies of several editions published this year, specifically about the aliens, and gave them to me. I read them and immediately became a member.

I have had some run-in with aliens, not in person, but their energies and the interference of their energies. Our 'group' (we have no name) wanted to do some spiritual work and put the ring-pass-not around us and had it last about 60 seconds before it was down. We must have put the ring back up about 6 times before we could find out what was bringing it down. We discovered it was definitely some alien entities that had become aware of us and wanted to disrupt our focus of attention. When we discovered who they were (no names or identities, just that they existed) we found that when we focused the full power of the White Light infused with total love, they had to withdraw their energy from us completely. We continued for weeks to beam love vibrations towards them. We found that the more light and love we sent, the more we were able to upset and interrupt their communications with each other, including transmissions to their Mother scout ship which was at that time, parked behind

our Moon. Whenever we have 'felt' their presence we have continued to send them Love. It is an energy they don't understand and it actually seems to hurt them.

You can imagine how surprised and excited I was to then have received the 'Revelations of Awareness' papers, to have identities put on the aliens, etc. Since then information about the aliens has come to me from at least three other very reliable sources, including having attended a meeting called UFOrum, where there is a great amount of talk about space ships and most of the material acknowledged and added to by Awareness."

And I'd like to ask Awareness...it sounds like they were essentially doing the Kahuna Ring meditation without knowledge of the Kahuna Ring, and is it true that the aliens actually react that way and stop tuning in to entities when this energy is directed towards them?

COSMIC AWARENESS:

This Awareness indicates that the Kahuna Ring is set up to encircle the earth itself, leaving these involved in a ritual of a slightly different nature, but paralleling and similar to that. This Awareness indicates that the nature of the power of the love vibration and the White Light is such that it emits an energy that to the aliens is likened unto a high intensity Awareness. These alien energies prefer to work in shadows without being seen or recognized except as they choose and when high intensity Awareness energies are beamed at them, it becomes likened unto one who may have mischievous motives being placed under a spotlight of attention for all to see. This becomes frightening to the entity.

How to Wrap Something in White Light

This Awareness indicates that if you had negative plans in your heart to do some mischief to someone and suddenly a spotlight were put on you, or even if you simply got the feeling you were being watched intensely by something or someone, it would have an effect of curtailing your actions, of causing you to become disarmed in your activities. It would hinder your plans and activities. In this sense, the action of sending White Light to these entities in a kind of love frequency can be a deterrent to any mischief they may be planning. This Awareness indicates also, that by wrapping them in White Light, using three circles, one horizontal, two vertical, perpendicular to each other, and spinning those circles so that the entities are enclosed in three different circles or spheres; this also serves as a kind of energy field that keeps them from performing any serious mischief.

This Awareness indicates that those who have not learned to wrap themselves or those who would threaten them, or to wrap their loved ones in White Light, should learn to do so. There have been previous readings given on the exact ritual. This Awareness suggests that this can be a most powerful way of preventing harm to a loved one who is at a distance, who needs protection or who may need protection, especially when you are waiting for someone who is late, you are worried, wondering what has happened to them; by wrapping them in White Light in the three circles which then become three spheres, one inside the other, you send protection to them.

This Awareness indicates that you may also do this with your automobiles or your homes in case these are in any way endangered or threatened; that it is especially helpful when relieving one's anxieties to be able to use the White Light, wrapped around one's loved ones, when the loved one is missing or feared in jeopardy. This Awareness indicates also, when one is in danger, or if there are hostile forces, one may wish to wrap the hostile forces in White Light which prevents them from making their mischief effective against you.

(FOLLOW-UP QUESTION):

Was this lady correct where she says: "We discovered it was definitely some alien entities that had become aware of us and wanted to disrupt our focus of attention..." Is this something that....

COSMIC AWARENESS:

This as in the affirmative. The entity was aware of these forces.

How Aliens Manipulate Religions for the New World Order

(FOLLOW-UP QUESTION):

Is this a common practice of the aliens, for groups that are meditating?

COSMIC AWARENESS:

This is common, depending on the nature of the particular group's intention or focus of interest. This particular group was seen by the aliens as one which could become more powerful as a force of Light than the aliens desired. This Awareness indicates that before there can be clear control in the sense of a One World Government, that has absolute control of people, the spirituality and religious groups would need to be diffused in the viewpoint of these aliens.

There are already plans to destroy religions in order to gain secular control over the masses of the world so that the One World Government can be fully implemented. This Awareness indicates that they are more able to manipulate the religious groups that have strong dogma, than

they are able to manipulate spiritual groups that have a dedication to the concepts of unity and love of Universal Divinity.

This Awareness indicates that this type of organization that develops meditative rituals and concepts of Light and spiritual energy building, is difficult for the aliens to deal with, and they would like to disrupt these things before they get started, if possible. They generally seek to divert the spiritual organization to become involved in the promotion of their own alien agendas, if possible, and seek to turn spiritual organizations into organizations that promote the concept of 'our friendly space visitors', 'friends,' so that they can be made welcome by these organizations to allow them great freedom in making their mischief without hindrance from spiritual groups that would otherwise alert others or call upon the true spiritual forces from extraterrestrial levels or other dimensions who know the entities to be the messengers of deceptions, and servants of Ahriman.



A CHILD'S 'LIGHT OF LOVE' AND ITS EFFECT ON THE REPTOIDS

QUESTION:

One final question, this from R.P., Westminster, Colorado. He writes: "I offer this question as an opportunity to give hope to the innocent. I flipped on the TV recently. The show was 'The Best of the National Geographic.' A snake was climbing a tall pine. A woodpecker nest was drilled high up. The announcer said the young birds and the unhatched eggs were the target. The parents could do nothing. Then, as the snake got within 8 to 10 feet, it began having problems climbing. When the nest was built, the wounded tree secreted a lot of pitch or resins. As the reptile got close it tried to avoid contact with the resin, however, there was a yellow white shield around the hole. The snake lost its grip and fell. The resin was very irritating to the snake.

Is this the way the reptiles feel about the light in the human soul? The Light of Love that every little child exemplifies? Did Jesus once say that the children would lead you, and the meek shall inherit the earth? Does Awareness want to comment on this?"

This Awareness indicates that the reptiles, the Reptoid visitors perceive the little children as delicacies. They do not look at them as children of light and love in the same way that you or that Jesus saw them. They simply see them as healthy animals for their nourishment. This Awareness wishes *It* could say something otherwise. You are talking about a civilization that is totally different from your analogy. The reptiles see the children not as light, nor are they frightened by the light of the children, anymore than *the serpent climbing the tree was frightened by the eggs*.

It was not the eggs of the woodpecker that defeated the serpent, it was the resin from the tree. This Awareness indicates that it may be the weather of the earth itself or other substances on earth that irritate the Reptoids; it is not seen that the presence of little children are disturbing to these Reptoids. This Awareness indicates that the Light entities can emit or send psychically in wrapping these Reptoids, such as wrapping them with White Light, may have some effect, but the light emanating from a child is not a threat to the Reptoids themselves.

It is simply an indication of tenderness and vitality.

REPTOIDS EAT HUMANS LIKE WE EAT CHICKEN (The Way Awareness Hopes We Will Deal With it)

QUESTION:

Thank you. Does Awareness have a closing message?

COSMIC AWARENESS:

This Awareness indicates that you must realize the Reptoids think of humans much the way humans visualize cattle. They want to brand and mark humans much as cattle has been branded. They eat humans in the way humans might eat chicken; that this has not changed and is not likely to change.

The great potential for humanity is that it has a kind of ability to adjust to any threat in such a way as to deal with the threat according to its nature, once it is understood.

This Awareness indicates that there will be those who will deal with the Reptilian threat through military means, through scientific means, and there will be many who will use spiritual means of dealing with these invaders. This Awareness is promoting, for those who read this material, the spiritual means of dealing with the aliens, and the action of making oneself and others aware of the nature of the aliens.

This Awareness indicates that there are others who have already had military actions to deal with the aliens; the Dulce base as having recently experienced some military conflict from forces of your government, a kind of Delta Force that has hindered the alien operations there and that there are other areas of similar nature in which the aliens have been hindered through military strikes and actions. These will not be told about on your news broadcasts.

This Awareness indicates that there are various factions involved in dealing with the nature of the aliens' presence. There is considerable concern about the planetoid Nemesis which orbits outside of Pluto's orbit, and much of the scientific emphasis on the Hubble telescope is concerned with watching this planetoid and being prepared to track any movement to or from the planetoid.

This Awareness indicates that the human race has a great inner potential for survival and the ability to adapt and rise to the occasion. It is not seen as an endangered species in the solar system, in spite of the presence of these aliens.

(The Law of Gratitude is given)

ALL ABOUT AIDS (Continued)

QUESTION:

J.J. in New York City asks: "Regarding AIDS, I would like to know who created this virus, if created, and out of what (bovine and sheep viruses slived?)..in whose employ, for what purpose? Also, how and where was the virus released, and when? Why was it initially rampant among gay men? Is it actually heterosexually spread in Africa, and if so why that way, but primarily homosexually elsewhere. In what fashion is HIV related to the AIDS syndrome? Is it pure causal? Are other factors prominently causative? What, in any case, are the limitations of the germ theory?"

COSMIC AWARENESS:

This Awareness indicates that some information has been given previously in regard to this. This Awareness indicates that in terms of the creative forces involved in this disease, that there are many factors. It is a disease that evolved from genetic experiments, using other types of diseases in a kind of viral setting and genetic experimentation; that there are many different theories and expressions of its beginning.

There are indications that some elements of the disease were first found in the early 50's; that there are some stories by entities regarding the purpose of the disease to counter alien activities, such as the story given by John Lear, that by infesting most of humanity with the disease, it creates an impossible food chain for the aliens. This Awareness indicates however, that this is not seen as a valid argument, even though the vaccine and cure is also

said to be present and to be forthcoming, once the aliens have been directed away from this planet. This Awareness does not see this being accurate.

This Awareness indicates that there are also publications that show the disease developed in connection with a certain vaccine relating to hepatitis B vaccinations and was spread from that, particularly in Africa, and that it began in this manner and came from that area, later emerging in other countries. There are also indications of it having come from monkey diseases and that this was as a result from certain genetic experiments using the monkeys to develop a disease that would diminish the population of the world, which was seen as growing rampant and needing to be diminished in order to preserve any quality of life on the planet.

This Awareness indicates that it appears that the information relating to a connection between certain German scientists and certain agencies in the United States working in conjunction with the purposes given in the Club of Rome to reduce the world's population by the year 2000, that this was one of the tools employed for this purpose and that it came from biological or germ warfare experimentation and genetic engineering research.

This Awareness indicates that it appears also that there are available substances for the curing of this disease that are being withheld. This Awareness is not, does not, and will not give names of individuals. *It* has indicated from the beginning that *It* does not point fingers at individuals, making accusations. This Awareness suggests therefore, that

WHY COSMIC AWARENESS 'GOOFED' ON THE RAPID FALL OF COMMUNISM

(More on How Predictions Work)

It not be asked questions which require the pointing of fingers, or the naming of names of individuals.

(FOLLOW-UP QUESTION):

In what fashion is HIV related to the AIDS syndrome? Is it purely causal, or are other factors prominently causative?

COSMIC AWARENESS:

This Awareness indicates that it assists in breaking down the immune system so that the combination of a breakdown in the immune system and many other factors begin the syndrome known as AIDS; that the AIDS syndrome, or what may be termed the symptoms of AIDS, may be combination of many different types of disease or physical reactions, due to a breakdown in the ability of the body to resist or to overcome assaults to it, through various viruses and other assaults.

This Awareness indicates that the homosexual spread of AIDS occurred largely because of certain practices by these entities wherein various disease were spread through the practices more readily than is commonly spread in other areas of society. This had much to do with some of the sprays and ointments being used by these entities, along with the spread of diseases wherein these ointments helped in the spread.

This Awareness indicates that it also relates to other more commonly known causes of the spread of the diseases; that the HIV virus accompanies the spread and helps to deplete the immune system, making it more easily vulnerable to the attack of the various viruses that are known as symptoms under the umbrella title of AIDS; that AIDS essentially is a combined or combination of a variety of symptoms that may appear in a complexity or in a group of various symptoms; each symptom may represent a different disease that is subclassed under or grouped under the grand title of AIDS.

This Awareness indicates that were the title of AIDS taken away, these entities might be classed as having pneumonia or cancer, or some other disease, and a very depleted immune system, unable to combat the disease. The AIDS title as that which groups these various diseases together and calls them symptoms.

ED's Note: Awareness has previously highly recommended for research in this area, the book "AIDS, INC. Scandal of the Century" by Jon Rappoport, published by Human Energy Press, San Bruno, California 94066. (Also available from C.A.C. See Book Catalog Price Sheet). Current price: \$13.95 plus \$1.50 postage.

For more on AIDS, please refer to 'Revelations of Awareness' issues: 89-8 (None Dare Call it Genocide); and the Global 2000 information in issues 81-20, 82-04, 81-24, 87-8, 85-9; \$3.00 each.

QUESTION:

J.H., a member in West Germany writes: "There's one issue I'd like to bring to your attention. Being a citizen of Germany, I was somewhat disappointed in regard to Awareness's comment concerning future developments: "the likelihood of Germany becoming reunited in this century is almost nil; that in the next century there is some greater possibility of a greater reuniting, but it appears that by that time the two nations will have solidified their own individualities sufficiently as to remain separate with unified parts, and agreeing with complete freedom, but whereby they remain separate governed systems."

Apparently that reading was conducted on November 15th, 1989, and I wonder why Awareness couldn't get a clearer picture of a process leading to the reunification under a common government by October 3rd, of 1990. I would be thankful to get some detailed information concerning the background of this development and I want to ask you whether it would be of common interest to delve into this subject and by asking related questions of Awareness. How does this fit in with the conspiracy scenario and so forth?"

COSMIC AWARENESS:

This Awareness indicates that It did not foresee all of the events at the time. Energies in regard to the question at the time were not strong enough to reveal the events that could take place. This Awareness indicates that this would be considered an error in the interpretation of the message due to a lack of proper energies in regard to the question.

FOLLOW-UP QUESTION:

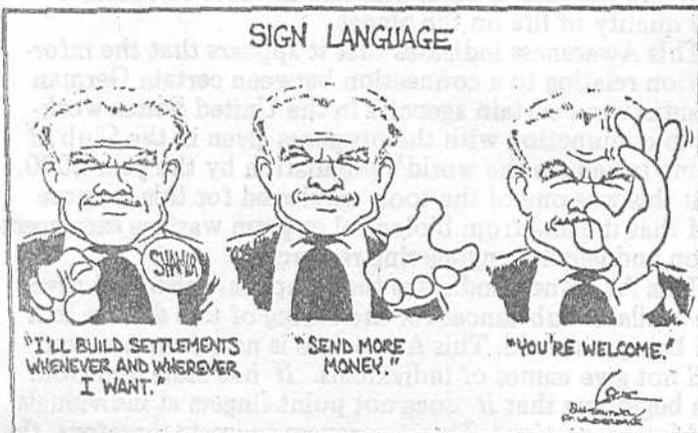
As energizers here, then Vikki and myself did not supply enough energy to get that question answered, is that correct?

COSMIC AWARENESS:

This Awareness indicates that there were many factors that came into play in subsequent weeks following that question, relating to the Berlin Wall and to events occurring within Communist countries relating to the economy of Eastern Bloc nations; all of these contributing to the eventual energies that led to this reunification; that even these were, if having been foreseen clearly in that reading would not have been sufficient to have led the conclusion of a reunification of the Germanies.

There also had to be the European and American trust in a unified Germany, that would allow these and Russia to agree to the reunification. This Awareness indicates that there were many factors involved that had not transpired and at the time appeared to be highly unlikely. This Awareness in asking about the future, has indicated previously that the future is not fixed and that It simply reads the energies in motion at present time in regard to questions about the future and that anything given can be altered, therefore it is not advisable for entities to put great stock in predictions regarding the future; that in some cases the energies read at a time relating to a future are sufficient, other times new energies may be introduced or the energies in movement may change, or subsequent forces may disrupt the energies to bring about a change in the prophecy.

This Awareness indicates that it is the same with all things, including that which entities would like to believe is absolute; that which is given in symbols. The symbolism can be more accurate in that an event told in symbolic terms can be made to fit future events by altering the



meaning of the symbols to fit the outcome and in this way, many prophets have given predictions regarding the future in regard to symbolic references and have been found to be accurate, but the accuracy would only have been so because the symbols were twisted or altered to fit the outcome of events that eventually transpired.

This Awareness indicates that if entities prefer that this Awareness be more elusive and give symbolic predictions, its chances of being accurate will increase, but the interpretation of what is seen as a likelihood will be elusive to those who hear the symbolism. This Awareness indicates that the Book of Revelation was given in symbolism. It has been perceived by scholars that the Book of Revelation has transpired in its prophecies at least six times since it was written; that it will continually, in almost every generation be made to apply to that generation because of the symbolic rendering of interpretation to fit the events. It is much like using the Tarot cards to describe events that are going on in an entity's life.

This Awareness indicates that when *It* makes predictions *It* is risking mistakes in that *It* can only foresee the energies

11. that are in motion, or energies that are likely to go into motion that might develop into a particular outcome. This Awareness indicates that obviously, reality does not always follow the logical movement of energies that transpire at a given time, because there are always opportunities for change in consciousness.

ED's Note: the reunification of Germany question was such a glaring goof, that it was pursued by several members in subsequent questions. Awareness has indicated many times that there is a 15% error in the interpretations, and this is an obvious example. In one of the readings, Awareness explained that the Interpreter was raised at a time when Communism was a worldwide threat, a threat that had taken 90 years to reach its zenith. The Interpreter in his youth was in the U.S. Army, where more of this hatred for communism was drilled into him. The simple fact was that when Awareness started sending the symbols indicating that communism was falling apart, that Germany would be soon reunified, the mind of the Interpreter stepped in, his energy and programming being so strong on that subject, that he believed Awareness was sending the wrong information. At that time, it would be more than a year later that the reason for the unexpected suddenness of the fall of communism and the dismantling of the Berlin wall, would be revealed as being the awesome threat to our world by the alien presence and those reptoids who plan soon to invade and enslave mankind. Once Awareness no longer withheld this information, things quickly fell into place regarding these subjects.



MORE FLESH FOR THE SKELETON: THE ALIEN PRESENCE

(PART 13): Preparing the Earth for Invasion

(C.A.C. General Reading, Oct. 4, 1990)

WHY DIDN'T THE ALIENS TAKE OVER EARTH LONG AGO WHEN IT WOULD BE MUCH EASIER?

(MORE ON THE COMPUTER INSIDE THE EARTH)

QUESTION:

D.C. in Indiana writes, or asks: "One of the most common argument put forth by various channels of space aliens is that all aliens are benevolent, because at any time in earth's history they could have easily overcome humans with their superior technology, but did not do so. This is a very good argument they come up with. If the aliens wanted to take control of humans on this planet, would it not have been ten times easier, say 40 years ago, or one hundred times easier about 100 years ago, or 1000 times easier 600 years ago. They could have done it covertly through making puppets of earth leaders with their robotoid technology or mind control implants or more directly with their superior fire power weapons system. As humans advance in technology, it gets harder and harder to overcome humans, so why are the aliens waiting and also giving technology to humans, if the aliens want to conquer and enslave humans? It would have made more sense to conquer and enslave humans several hundred years ago when it would not have required so much effort. Why wait so long?"

COSMIC AWARENESS:

This Awareness indicates that the entity is presuming that the term 'aliens' refers to a group of entities who are all either good or bad, one or the other. This Awareness indicates that there are many different types of aliens; that the aliens once *did* have total control of this planet in early Biblical and pre-Biblical history and came close to destroying the planet, leaving it unfit for life with it in such a state of disarray, they abandoned the place, having seen no value in the planet.

The humans were left here and expected to be but as victims of a dying planet. This Awareness indicates that it was only in recent times that the Reptoid affiliation, the Reptoid confederation saw a value in the earth and

its value in recent times has more to do with its position in the galaxy than any intrinsic human value; that it is like a strategic point. The Reptilians or Reptoids, having captured a number of planets in the galaxy, having taken approximately 60 some planets, see the earth as an outpost for this region that can help to serve as a base from which to launch other conquests.

This Awareness indicates the other value in the earth is related to the ancient computers in the underground caverns which are highly desired by the Orion Empire. The Orion Empire having long had an interest on the earth and having used earth governments as puppets for their control; that it is not something that is totally new in this sense, and there is a history of involvement by those entities from Orion in earthly affairs.

This Awareness indicates the Greys or Zeta Reticuli being now the more well-known aliens, are recent arrivals to the planet. They are more or less mercenaries working for the Reptoids in their new goal of setting up a base in this area of the galaxy; that this being an action in which, if they are to have a base, they want the control in their hands, and do not want to risk being subjugated, under human domination or to be in a position of a 'guest.'

WHY THE ALIENS ARE ALTERING OUR WEATHER

QUESTION:

A question from D.C. "In the enclosed tabloid article from Weekly World News, dated August 21st, 1990, Dr. Hendrick Von Abend, a climatologist and astronomer from Germany has studied the earth's atmosphere for the past two decades. He discovered every time a gathering of 20 or 30 alien star ships would leave after spending some time in the earth's upper atmosphere, there was a thinning of the ozone where they had been. Is this part of the plan of the aliens to reduce the ozone, let in more ultra-violet light which will reduce the crop yields and produce a greenhouse effect on the planet, which in turn melts the ice at the polar caps, reducing the land area available to humans on the surface? This would probably greatly contribute to worsening the surface conditions for humans and greatly reduce the human population.

The aliens are killing off humans and making it appear to be normal changes in the weather. Would Awareness verify this as being correct?"

COSMIC AWARENESS:

This Awareness indicates that essentially, they are working to alter the weather patterns to fit the climate they are more familiar with and which is more suitable to their own feelings and their personal needs. They prefer a hotter climate. This Awareness indicates they live underground. It is cool there and in some areas it is cooler than they prefer, yet they prefer living underground than living on the surface where the sun damages their skin and hurts their eyes. Therefore, they are seeking to warm the outside of the planet in order to also warm the areas underground. This is especially important to the Reptoid species. This Awareness indicates the beings from Orion prefer cooler climates and thus live in more Northern areas of the earth.

(FOLLOW-UP QUESTION):

So the Reptoids, when they arrive, they do intend eventually to live on the surface. Is that correct?

COSMIC AWARENESS:

This is negative. They intend to live underground, but to venture onto the surface. They prefer living underground.

(FOLLOW-UP QUESTION):

Well, underground, isn't it said that the deeper one gets into the earth, the warmer it gets? Why then would they need to alter the climate on the surface?

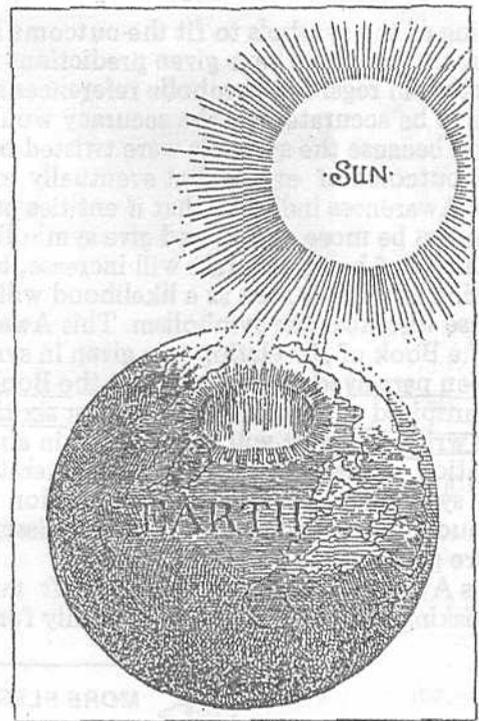
COSMIC AWARENESS:

This Awareness indicates that you are assuming that there is a ball of heat at the core of the earth. There are veins of lava that occur in various places. The earth's core is not heated; that the further they go does not necessarily mean it will get hotter. It may actually become cooler, but these entities prefer living underground, near the surface so they can enter and exit from their holes in a similar manner that other reptiles live in cool holes in the ground, or under water or in places where they can maintain an even body temperature.

How the Hollow Earth was Formed

This Awareness indicates that there are areas in which there is considerable heat underground, such as in Yellowstone park area. There are other areas of the earth where there is heat underground, but this is not so in many of the underground caverns used by aliens. To understand the center of the earth, visualize a ball of lava that is thrown off from an exploding mass that then begins to spin in space. The centrififical force of the spinning causes it to swell outward and some of the energies at first fly off, but the crust eventually begins cooling from the cool air blowing over the crust and that which is then on the inside held together within the crust continues to spin and becomes likened unto a hole appearing through the axis of the spinning earth, creating an opening on the inside, following the force of that which is the spin or that centrififical force, so that the inside is plastered outward against the spinning crust, thus creating the hollow earth which has been described in some books.

This Awareness indicates the subterranean caverns are something different from the hollow earth. They are caverns that penetrate in the area between the hollow earth and the surface level of earth. Within that area there are also the lava flows that occur in some areas of earth which are underground, and these lava flow areas would



of course be uninhabitable for the masses of beings who would drill tunnels or create caverns underground. They tend to stay away from those areas.

This Awareness indicates that the tunnel boring equipment creates holes much the way termites create holes in wood and move from various places to create a hub or cavern in which many different tunnels emerge; that there is no great heat or lava in these activities except where desired. In some instances, they will deliberately drill or bore their tunnels to tap into geothermal energies for purpose of using the heat or for getting underground steam and water, but generally speaking, it is not a haphazard activity.

HOW CAN REPTOIDS ENSLAVE US IF THEY REMAIN UNDERGROUND?

(FOLLOW-UP QUESTION):

When Awareness speaks of the aliens and their plans to conquer this planet, *It* conjures up images of military-type aliens patrolling the cities with their zap-type guns and so on, but with the information just given that these entities prefer living underground, how will they bring this about, if they don't like to come to the surface?

COSMIC AWARENESS:

This Awareness indicates they are using implants and are abducting entities to use those entities to interface with the human population. The abducted persons creating half-breeds from eggs taken from earth women and fertilized by Reptilians or Reptoid men, create a half-breed that is masquerading as Pleiadian humanoids and these entities are to interface between the Reptoids and the humans as being from the Pleiades and as being benevolent friends of humanity.

This Awareness indicates that the establishment of their presence on earth along with government compliance is the intention of the aliens, hoping that the government will cooperate with them in setting up a One World government in which they manipulate from behind the scenes the activities of the surface people, using them for slave labor or for work as needed and allowing them, the aliens, to have access to the human surface people according to their agenda: for food or for other purposes of their own needs.

This Awareness indicates that the television mini-series *V*, which played early in the last decade, is a reasonably good attempt to portray the way by which these entities would attempt to control the human masses on earth. The effort would be to control humans passively and to use force only when humans got out of line, or attempted to rebel.

This Awareness indicates there are plans for a new mini-series of the *V* movie, in which the aliens again return to earth, this time in a planetoid; the producers and writers working on this script have also connections with the *War of the Worlds* which ran for approximately two years on a weekly series. This Awareness indicates that these entities have some inside information in regard to the alien agenda and are attempting to inform the masses through these television mini-series and programs.

ED's Note: These two series, plus the series "War of the Worlds" are now being replayed over and over in most areas of the U.S.

(FOLLOW-UP QUESTION):

So essentially, what Awareness is saying, the Reptoids have come up with a diabolically clever way to enslave the entire planet and the average entity will probably never even see the face of one of these Reptoids.

COSMIC AWARENESS:

This is in the affirmative. This Awareness indicates that the Reptoids are already on the planet and few see them. Some who have been abducted have reported seeing these very tall people standing in the background watching. Most of the time these are Reptoids; in some cases they may be those from Orion, the Orion Empire. The Reptoids generally are present with the short Greys in the ships.

This Awareness indicates that it is the intention of the Reptoids not to engage directly in war with humans, but to have half-breeds and abductees involved in such, if war with humans erupts. It is the intention of the Reptoids not to engage directly in war with Pleiadians or those from Sirius who come in to rescue humanity, but to have the humans and the abductees and the half-breeds to carry on any war with those extraterrestrials from the Pleiades or from Sirius, if they enter into the affairs of earthians.

The Reptilians prefer to let others kill themselves off rather than get in the midst of direct conflict with their enemies. This Awareness indicates it would be likened unto a zoo keeper who has a competitor who seeks to take control of the zoo and therefore trains the animals in the zoo to fight the competitor when the competitor arrives, and also has a way whereby the animals in the zoo will fight each other in order to thin out the number of animals, if the zoo keeper needs this to happen so that the zoo keeper never has to actually get involved in the killing process, wherein he himself might be jeopardized.

This Awareness indicates that these entities think of themselves as custodians of humanity, much the way a farmer would see himself as a shepherd of sheep or one who owns cattle. This Awareness indicates that the aliens also occasionally refer to their role as 'handler,' especially in regard to the abduction of women, from whom they collect eggs for fertilization on a regular basis, each woman being assigned a particular handler who will always be the one dealing with that particular woman. This, they have found, creates greater ease for both the abductee and the abductor, through the familiarity in the arrangement.

HALF-BREEDS DESCRIBED IN THE BOOK:
"THE WATCHERS"--HOW ACCURATE IS THIS?

(FOLLOW-UP QUESTION):

In the book *The Watchers*, by Fowler, he describes how this woman under hypnosis would describe the eggs being taken from her year after year, and babies made by experiments, and these entities eventually taking her up to the ship or to the nursery and letting her hold these half-breeds. It goes into very great detail. This woman seems to be a very good hypnotic subject and other books have been written about her. Is this information valid in relation to how the aliens are doing this with some of those whom eggs they take?

COSMIC AWARENESS:

This is in the affirmative. This is quite a valid reporting of the incident by this entity. This Awareness indicates that there have been some unusual and nearly violent reactions by some of the entities such as mother and offspring upon meeting each other. In some cases the offspring became furious at being told an entity was his mother; being very angry because the mother appeared to be so unevolved and animal-like and would not accept the fact of having an earth human mother of that type.

In other cases, the mother, in one case, the mother being furious at seeing her half-breed daughter, stated that she wanted to "rip it's arm off;" that this because she saw it as half Reptilian and half human and felt it was an abomination to her to have such an aberration. This Awareness indicates this entity later became more accepting of the offspring. The Greys in working with humans attempt to avoid letting the child and mother become too close or to have too much of a bonding. This Awareness indicates however, they have also discovered that while the child is extremely young, it becomes healthier if there is some bonding with the mother, thus, they have in recent times begun to let the mother meet and hold her offspring, for short durations during the very early part of the child's life, as this helps the child to survive, but they still frown upon any long-term bonding between earth-mother and alien offspring of the mother.

ED'S Note: The book, "The Watchers: The Secret Design Behind UFO Abduction," by Raymond E. Fowler, is published by Bantam Books, New York. Also, CAC carries the hardbound edition, which is currently priced at \$24.95 plus \$1.50 postage. Please refer to CAC Book Catalog Price Sheet.

U.N. OFFICIALS ANNOUNCED THAT PLANET EARTH WAS SOLD TODAY TO AN IMPOSSIBLY HUGE BEING FROM ANOTHER GALAXY FOR AN UNDISCLOSED AMOUNT. THE PURCHASER HAS PLANS TO USE THE BLuish SPHERE AS AN ORNAMENT ON ITS KEyCHAIN.



This Awareness indicates this is in the affirmative. There could be some difficulties in regard to compass readings and navigation, and also in regard to the refuelling needs, but with a plane that had sufficient fuel and ways of navigating in spite of gravity anomalies, a plane could fly from one pole to the other in this manner. This Awareness indicates that the earth being 8000 miles in diameter. A forcefield in the center of the earth that collects cosmic rays entering the earth, forms that which is a kind of light, and serves as a sort of sun for those who live in the Middle Earth.

This Awareness indicates it is a different light than that which emits from your solar sun, or the surface sun. It is a cool light in the Middle Earth. It has some lifegiving properties similar to that which occurs on the surface, but because it is different in nature, the underground vegetation and animals have a difference in their makeup. It is for this reason that so many of the underground plants are greater in size than those on the surface.

This Awareness indicates there are mushrooms, for example, that would be equivalent in size to some of your oak trees;

that these huge plants are the same as those on the surface but are different in their growth because of the difference in the energies of the sun involved. The Middle Earth sun giving a different kind of energy than the solar sun; there is less radiation in the Middle Earth and there is no ultra-violet or very little ultra-violet in the Middle Earth sun.

(CLOSING MESSAGE):

This Awareness indicates that there are more things in heaven and earth than have ever been dreamed of in your philosophies. To consider these, to reflect on these, to wonder and ask in regard to these many things expands the experience of the consciousness of entities to allow them to have greater dreams and imagination than they might otherwise ever perceive.

(The Law of Gratitude is given)

ED's Note: For more information on the Hollow Earth, please refer to 'Revelations of Awareness' issues No. 79-25 (The Secret of the UFOs; \$4.00; 77-8 (More on UFOs & Hollow Earth); \$3.00; 79-18 (Cosmic History of the Illuminati; \$3.00; 83-18 (Bigfoot & the Hollow Earth); \$3.00 from CAC.

QUESTION:

There was an article in the paper the other day I'd like to read and ask Awareness if this information is true, and if so, why? It says:

Listen up, bachelors: Being single can be deadly, according to a national study that says unmarried, middle-age men are twice as likely to die as those who have spouses.

And don't think living together will save your lives.

"Even single men who live with someone other than a spouse have a higher death rate," Maradee Davis, primary author of the university study, said Friday.

Twenty-three percent of men ages 45 to 54 who lived without a spouse died within 10 years, compared to 11 percent of similarly aged men who lived with their wives, according to the study by the University of California at San Francisco.

The study also found that 7.7 percent of women ages 45 to 54 who lived without a spouse died within 10 years, compared to 4 percent of the married women in the same age group.

The study analyzed data compiled by the National Health and Nutrition Examination Survey. The 7,651 subjects from across the United States ranged in age from 45 to 74 and were studied from 1971 to 1975 and then again from 1982 to 1984.

COSMIC AWARENESS:

This Awareness indicates the information appears to be accurate in regard to the subjects studied and the statistics kept. It appears that the question of *why* relates in part to the mental state of entities. This Awareness indicates that entities who make a commitment to the welfare of another and share another's life, also tend to commit themselves to remain healthy in order to fulfill their commitment and likewise, they try to support each other when they have such commitments. The action of not being committed or not accepting marriage tends to indicate an unwillingness to give oneself, as much of oneself to the other, and to hold back oneself. The action of not accepting the marriage implies an entity who likewise refrains from caring as much about the other. It appears that this is a reflection on the entity's ability to love fully or as deeply.

The action of loving another deeply tends to have a physical effect on the one who loves, an effect that is healthful, helping one's biological balance, helping

DO SINGLE MEN DIE YOUNGER THAN MARRIED MEN?

to balance the metabolism and giving one a sense of purpose and zest for life, for living. This Awareness indicates that when one has no one who depends on them or who cares about them, and when one does not have anyone close to care for, life is less meaningful, and when life is less meaningful, people do not tend to take care of themselves as well as when their health is important to others and to themselves.

There appears also to be some physiological influence relating to the hormones and the general glandular and metabolism balance of entities that relates to their interaction with another, and this likewise has a bearing on the general energy level and health level; even the commingling of auras is a factor. This Awareness indicates that those who live together without being married have a better chance of improved health than were they living separately, but by being married, the health would be even better.

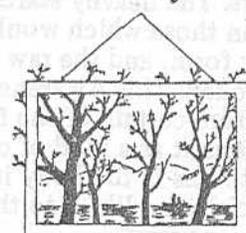
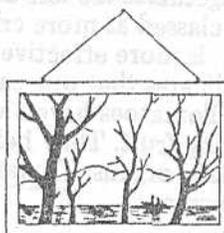
IS THAT WHY HOMOSEXUALS WANT TO MARRY?

FOLLOW-UP QUESTION:

Could this idea of making a commitment be the motivation, whether knowingly or unknowingly, of some homosexuals who are pushing for laws that would allow them to legally marry one another?

COSMIC AWARENESS:

This Awareness indicates that this may be so in some levels. In some cases however, it is more of a social challenge and social statement that is being attempted. It is a way of institutionalizing homosexuality. If it can be allowed in marriage through legal means, then it becomes institutionalized and therefore more acceptable in society. In this sense it is an attempt to make a statement that institutionalizes homosexuality.



QUESTION:

A Question from A.J., Columbus, Ohio. "Scientists have reported that when injections of DHEA hormones of the adrenal glands are given regularly to animals, the hormones help to prevent cancer, causes excessive fat to disappear from the body without dieting or exercise and lengthens the lifespan of animals which dies of old age. Injections are not available to us. Scientists also report that the human body produces only five to ten percent as much of the hormone in old age as it did in youth. Is there any method, middle-aged and elderly people could use which would cause a rejuvenation of the DHEA producing mechanism of the adrenal glands with the result that the adrenals would increase their manufacture and secretion of that hormone?"

COSMIC AWARENESS:

This Awareness indicates that this is often referred to as the 'juvenile hormone.' It appears the human body begins to diminish in its production of this hormone as it passes certain points in the aging process; that it can be slowed down in its reduction of the hormone through regular exercise and through the use of what is called the growth hormone, HGH: Human Growth Hormone, which is derived from the pituitary gland. However, GH growth hormone of a related value is available from bovine or cattle pituitary glands which is available in many health food outlets for body-building purposes.

This Awareness indicates that it is not quite as effective as the HGH, but the HGH has only been used experimentally on humans of considerable age and has been found to create more youthful vigor; that it is extremely expensive and difficult to come by and that the GH or growth hormone from cattle is a more reasonable expense and way to find some similar properties without the medical involvement necessary for the other.

How GH3 Helps to Retard Aging

This Awareness indicates that these areas are all somewhat experimental; that GH3 as that which is easily available and has considerable value in terms of keeping certain aging processes from developing as one grows in years. It can help to reverse certain age patterns by reducing the MAO properties and manufacture and this also has some relation to the growth hormone consideration.

Foods that Reduce the Aging Process

This Awareness indicates that there are also benefits that come in a similar manner through the use of certain foods that hinder aging or reduce the aging process; this especially in regard to those foods of the vegetable nature, and some fruit. The vegetables, especially relating to those of the broccoli/cabbage family, including cauliflower; lettuce, also is beneficial; celery, green onions and white or yellow or red onions are also beneficial in helping to ward off elements of the aging process.

Garlic, of course, is quite beneficial. Peas can be beneficial and lentils; these helping to reduce stress and there are others. The heavily starchy vegetables are less beneficial than those which would be classed as more crispy in their raw form, and the raw form is more effective than when cooked. This Awareness indicates that one can also benefit from certain of the fruit. Tomatoes have a very special benefit as a kind of cleansing fruit. They help to remove toxins in the body in certain organs. Tomatoes are especially healthful to the pancreas.

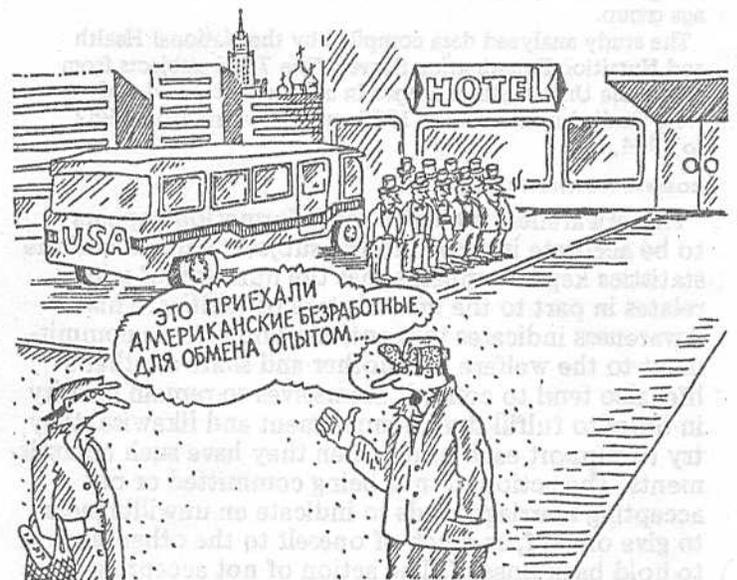
16. This Awareness indicates that certain of the Hawaiian fruits such as pineapple, papaya, guava, passion fruit, and others are quite beneficial for the digestive aspects of nutrition and dieting. Banana is quite a healthy fruit, being high in potassium; that these can be of considerable benefit to entities. The sugar content is that which some entities may wish to avoid.

Coconut can be a detrimental fruit in that it has an adverse effect on saturated fat levels, as does the palm oil when used in cooking or in diet. This Awareness indicates that essentially, the more green and fresh vegetables used, this in preference to non-starchy vegetables, the better the diet, in a general sense, for preventing the aging process.

This Awareness indicates that pumpkin is an extremely valuable food in that it is high in beta carotene and Vitamin A; this being healthful to hair and eyes and to ward off cancer. This Awareness indicates one of the great values in these green vegetables is that during the digestion process they tend to create certain enzymes similar to those that come from the wheat-grass juice, which eradicate free radicals in the system. It is associated with peroxides. In fact, hydrogen peroxide is released by the decaying of some vegetations, and the hydrogen peroxide, mixing with toxins or other substances in the body, creates oxygen which destroys the free radicals and restores vitality to the cells.

This Awareness indicates that in the use of pure hydrogen peroxide for this purpose, which some use, there have been found to be certain benefits when used properly, but there are also considerable dangers, whereas with the use of vegetables, similar benefits occur without the dangers being present; the danger of absorbing too much peroxide in the system.

HUMOR



By Vasil Dubov

"Them? That's a delegation of the American unemployed. They're here for an exchange of expertise."

THE RECENT INCREASE IN BRAIN CANCER
--ARE ALIEN IMPLANTS RELATED TO IT?

QUESTION:

There have been articles lately stating that the brain cancer rate has skyrocketed, particularly in the elderly. They don't know why this is happening, and I was wondering, is there any relation to this increase of brain cancer and people implanted with implants by the aliens?

COSMIC AWARENESS:

This Awareness indicates that this does appear to have some correlation; the implants being such as to cause an irritation as well as from the radiation being emitted from the implants. This is not the only cause of brain cancer; that there are increases because of this, but there are also other causes for brain cancer, this having to do with free radicals in the system, pollutants in the body and poor dietary factors as well as other things such as smoke, alcohol and the general debilitating process caused by aging itself.

This can also be caused by external or environmental factors that occur to individuals through latent causes such as X-rays, and other environmental abuses to the system from earlier in life. This Awareness indicates that essentially, the increase that is notable as being largely from the implant factor.

THINGS TO LOOK FOR IF YOU HAVE AN IMPLANT

(FOLLOW-UP QUESTION):

Speaking of implants, is there anything physical that would manifest in some entities who have implants? For example, would they have peculiar problems with their sinus or their eyes, or their hearing, or something like that?

COSMIC AWARENESS:

This Awareness indicates that such physical telltale signs of implanting is generally found immediately after the implant. An entity may, for example, be abducted and have a mark on the back of the right ear indicating an implant to that area was effected, or in the area in the back of the head, where the head and neck join, or the entity may have the experience of a bloody nose or sore sinus problem or possibly an eye problem generally in the left eye, related to an implant in the left nostril, by the optic nerve.

This Awareness indicates that occasionally, an entity will recall a dream of being taken aboard a UFO, and if the entity has any such mark on his or her body, this may also include marks on the body such as on the wrist, in the navel, or in the area of the genitals or on the feet.--the feet are often used by aliens for drawing blood; that any such marks may be an indication that the dream had a basis in reality in which case the entity might wish to undergo hypnosis to attempt further clarification to determine whether or not the dream was truly a dream, or whether it was an actual experience.

This Awareness indicates that there is some evidence that some entities can neutralize implants by taking germanium over a long period of time. This germanium as available in health food stores as a dietary supplement. This Awareness indicates that it would appear that the use of chelation over extended periods of time will also have some effect, particularly on the metallic elements of the implant; that the implants made of plastic would not be responsive to chelation treatments.

17. This Awareness indicates that there is also seen in the future the possibility of public awareness bringing pressure on the government to find ways of removing the alien implants through the use of laser surgery in which a laser beam would neutralize the effects of an implant without necessarily removing the implant. This Awareness indicates that it appears that this will not occur until it becomes common knowledge that implants are implanted in many citizens and that the problem needs to be dealt with on a high priority level.

A PERSONAL NOTE FROM THE EDITOR

It has been two years since Siegfried, the official guardian of the CAC office and premises was struck and killed by a car at the age of 14. Since then several cats dropped by and adopted the premises and filled the void, for the most part, left by the departed Siegfried. Strangely, however, in the past month or so, both Vikki and myself somehow started nostalgically noticing dogs and hounds around town, finally admitting that we "missed the vibes" of an honest to goodness hound. Cats are okay, but a hound in his houndness is something else. Our 'mourning' for Siegfried was over.

This must have energized consciousness somehow, because a few weeks ago we were talking to this man we just happened to run into downtown, about old Siegfried, how we missed having a dog around and that we were planning to visit the dog pound and look around one of these days. The guy suddenly slapped his forehead with his hand in amazement and said: "My god! I wish I had known a week ago you wanted a dog, because I had to take one to the dog pound at that time, a really beautiful dog!"

It seems his sister and her kids were driving along the I-5 freeway when they saw this great reddish brown hound wandering along the side, looking scared and bewildered. She stopped the car, figuring the dog would be killed at any moment, opened the back door and whistled, and the hound jumped happily into the car. That was the good news. The bad news was that the landlord would not let her have animals, so after advertising for a week in the Lost and Found, she reluctantly asked her brother to take the huge beast to the dog pound. When we ran into her brother downtown that day, he said they kept a dog like that 7 days at the pound before executing him in the gas chamber. He figured that today was the 7th day and the dog by now was in that great doggie condo in the sky.

Vikki gave me a look that spelled panic and she hollared, "Let's go!" Within minutes we were at the pound, asked to see the dogs on death row, and sure enough, he was still there. The attendant said he was scheduled to die in about 40 minutes. Needless to say, we quickly adopted the dog, who showed how grateful he was by jumping all over Vikki and prancing on his hind legs with joy. To make a long story short, CAC now has a new guardian of the office (who gets along with cats!). We would like to introduce to the membership:

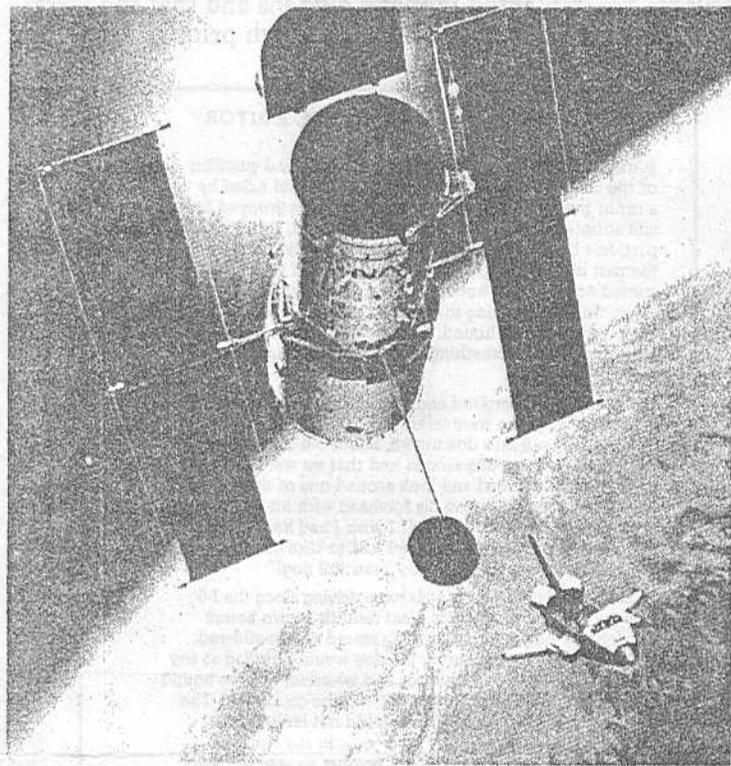
"RUFUS" (Which means reddish hair in Latin).

He is absolutely great! Although he snores all the time and it sounds like a freight train passing through the office. The vet tells us he is "probably a Rhodesian Ridgeback, with what looks like some bloodhound mixed in." It appears he has completely forgotten his recent harrowing experiences.

I wouldn't tell you this story except there was some space on this page to fill and I know there are many old Siegfried fans out there who delighted in my tales about him. We will keep you posted from time to time on how Rufus is doing.

(Avaton)





HUBBLE TELESCOPE BIG LIE



At a time when NASA public relations needs an outstanding success, they have been ordered to report the Hubble Telescope as virtually useless. There has to be a big reason for that, and indeed there is a VERY BIG REASON.

As you know, the purpose of this giant "Eye in the Sky" was to give us information on the universe we had never had before. It was designed to probe the universe, yielding visual images enhanced by a hundred times or more, than any telescope trying to penetrate the earth's atmosphere. And it does all that and more, even as NASA's Public Affairs department is busy explaining why it doesn't work and pointing the dread finger of blame here and there.

"Empty" space is not empty! To the limits of the universe, where space turns back on itself and beginning and end become

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the same, there are to be seen a variety of vessels in progress from one point to another. We must assume that these are inhabited, but by what? Even our own solar system is not without its share of USVs, Unidentified Space Vessels, which occasionally dip into our atmosphere causing great excitement, but a whole department of government has been set up to explain them away. Weather balloons, indeed!

In our history, whenever an inferior culture has been exposed to a superior culture, it has languished and faded away. This is supposed to be proof that our world cultures will suffer the same fate, if exposed to a vastly superior extraterrestrial alien culture. In the past, that may have been true of cultures in stasis, peoples who were satisfied with their way of life and didn't want to change it. Today, we are in a vastly different situation. We are moving

forward into a New World Order at a breath-taking pace. There is more technological progress in a day now than there once was in a thousand years before. We are not now of a nature to bow humbly to alien entities as "Our Masters." Give us some credit!

At least, that is the firm conviction of Dr. Hans Markowitz, and the "Secret College," of top scientists world over. They don't accept the politically fictionized history of man, but instead see a man as capable of holding his own. And deserving of the truth!

The big picture, the reason for the big lie, is this: We may be facing the greatest war, an interstellar war, that the universe has known. Far out in space, in the general direction of Sirius, the "Dog Star," a monstrous cloud of vessels is moving through space. All information obtained to this point has been subjected to computer analysis. The indications are that this is a space

flotilla that will intercept Earth in approximately twelve years. The word "approximate" must be used because, at their speed through the universe, they are subject to some degree of time compression. Never-the-less, there is every appearance that our green planet could be a target, or at least their destination.

These vessels, though huge, do not give the impression of enclosing vast amounts of useful space, as would be the case with freighters, or passenger craft. They are up to five hundred miles long, sleek, apparently all technological muscle, and are assumed to be military in nature, and therefore likely hostile. Such a conglomeration of power would not be put together to pay us a friendly visit! We must assume the worst!

In the meantime, the "Powers That Be" favor the approach, "business as usual," and such preparations as are to be made, made in secret.

How long have the gov-

ernments of the world had some inkling of this? Since the first "saucer" sighting was validated? Could this be the secret behind the "cold war," the apparent hostilities between the nations of Earth, requiring rapid progress in military technology and expansion as possible to ward off space aliens? Was it assumed that we would be less fearful if the enemy were recognized as our fellow man? Better the evil known than the evil unknown. Is that their belief?

Given these facts, we must begin a world-wide psychological preparation, and an all-out technological effort to prepare our defenses.

Has mankind perhaps faced a similar situation in the past? A very primitive tribe in Africa claims to have come from "Sirius," the Dog Star. They describe in astronomical detail and exactness of the twin-star system, the situation of the planets, and the physical make-up of their home planet. Yet they don't even have a written language!

It may be that we are outgunned. On the other hand, it may be that other entities have underestimated mankind's ability to rise to the occasion.