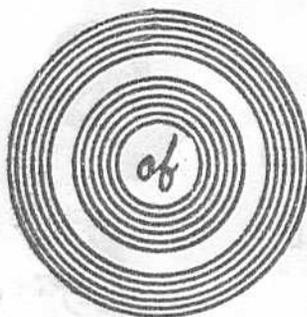


# Revelations

THE NEW AGE COSMIC NEWSLETTER



# Awareness

Cosmic Awareness Communications

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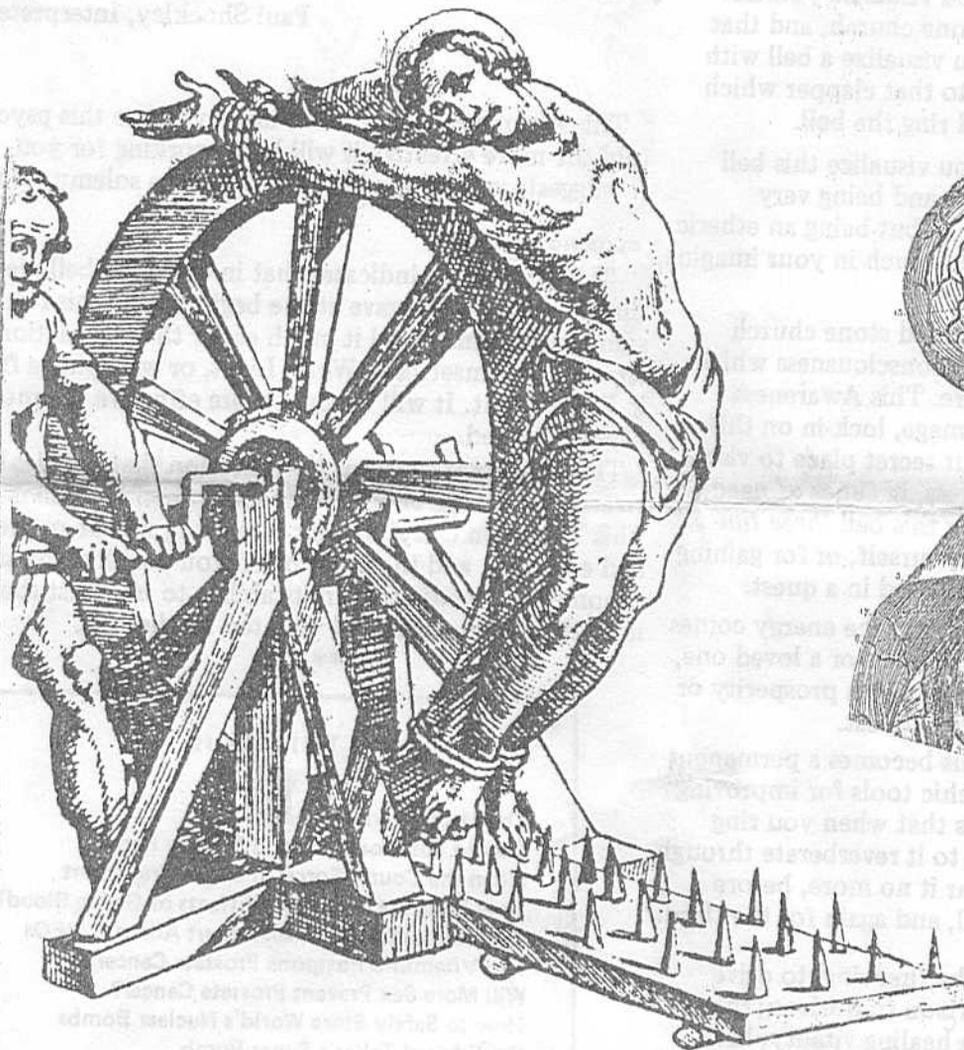
Helping People Become Aware

92--10

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ISSUE NO. 402

"Celebrating Our 20th Year!"



**BEFORE YOU GIVE BLOOD OR WILL YOUR BODY PARTS TO CHARITY  
HERE'S SOME THINGS YOU SHOULD KNOW AND UNDERSTAND FIRST**



## THE MEDITATION OF THE BELL

(Opening Message, CAC General Reading)

April 11, 1992

### COSMIC AWARENESS:

This Awareness suggests that you visualize yourself as being within a large, very old stone church, and that in front of you in that church, you visualize a bell with a clapper hanging and a rope tied to that clapper which allows you to pull on the rope and ring the bell.

This Awareness indicates that you visualize this bell as being a light yellow-gold in color and being very etheric in nature, not being physical, but being an etheric bell which you can see and feel and touch in your imaging, one which you can ring with ease.

This Awareness indicates that this old stone church being in your psyche as a state of consciousness which you can visit at any time you desire. This Awareness suggests that you lock-in on this image, lock-in on this church and this bell as part of your secret place to visit, to go to experience in times of stress, in times of need, and that you use this bell, you ring this bell *three times* for protection, for energy to heal yourself, or for gaining that which you need in order to succeed in a quest.

The protection may be the *first ring*, the energy comes to you in the *second ring* to heal yourself or a loved one, and the *third ring of the bell* to bring you prosperity or whatever is needed to complete your quest.

This Awareness suggests that this becomes a permanent part of your psyche, of your psychic tools for improving your life. This Awareness suggests that when you ring each ring of the bell, you listen to it reverberate throughout the countryside until you hear it no more, before ringing the second ring of the bell, and again for the third.

This Awareness suggests that the first ring, to drive away all negative forces from horizon to horizon; the second ring of the bell to draw in healing vitality, life energy, to deal with any negatives within your own or loved ones' physical forms, so that healing can transpire; and the third to bring forth the energies necessary to assist you in your needs, your prosperity, your growth, or the fulfillment of your quest.

This Awareness indicates that you may utter prayers or statements of request before ringing the bell for your particular need. For example, you may state silently within your psyche your need for protection against some fear which you have experienced, or you may ask for healing for a certain thing and then ring the bell, or you may ask for abundance and the necessary prosperity or tools to fulfill your quest and then ring the bell.



COSMIC AWARENESS is the Force that expressed itself through Jesus of Nazareth, the Buddha, Krishna, Mohammed, Edgar Cayce and other great avatars who served as 'Channels' for the 'Heavenly Father' and who speaks again today as the world begins to enter the 'New Age' of spiritual consciousness and awareness. Since 1963 Cosmic Awareness has been communicating through carefully trained channels. This information is for those who desire to help in bringing in the New Age. Throughout the thousands of 'Readings' given through these various channels, Cosmic Awareness tells us not to believe anything, but to question, explore, doubt, and discover for yourself, through your own channel what is the truth. Cosmic Awareness will only 'indicate' and 'suggest'. Neither C.A.C. or any of the Interpreters is responsible for anything Cosmic Awareness states in any of these readings, nor does C.A.C. or the Interpreters necessarily agree with the statements of Cosmic Awareness. The Interpreters interpret the energies as they see them in trance levels and are not personally responsible for what is said. The Interpreters published herein have no connection with, nor control over the editorial comments and material, including illustrations. This is entirely the responsibility of the editor. Members of C.A.C. are invited to send in questions of general interest to ask Awareness for possible publication in this newsletter.

Paul Shockley, Interpreter

This Awareness suggests the more you use this psychic tool the more effective it will be in working for you, but *It* suggests you do it with patience and a solemn attitude.

### CLOSING MESSAGE:

This Awareness indicates that in using the bell meditation that this Awareness gave at the beginning of this reading, some entities may find it much easier than the action of wrapping themselves in White Light, or wrapping a friend in White Light. It will become more effective the more often it is used.

The important aspect is the vibration that entities help to start occurring on a psychic level when the bell is struck. This Vibration carrying their intention, will be pronounced and effective, and the more often you use this, the stronger becomes the meditation in its ability to manifest the intentions being rung and vibrated by the bell.

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## QUESTION:

A question from J.M., Corrydon, Iowa. Awareness has given some information on this in the past, but since the trend is growing, there might be something new. She writes: "The trend toward using body parts to help replace faulty ones in other people raises the question of what is proper. Aside from the legality of the issue, is the more important matter of what is ethical and moral. In the event of reincarnation (which I believe in), should one go to her reward in the other world with an unwhole body, or does the body become less important and the soul more important? Will the body in the next life show evidence of such surgery or removal of parts? Is it desirable to be generous with one's body parts, by pledging eyes to the Lion's Club and so forth? Should families of the deceased give hearts, livers, bones, or other parts to people in need? I don't recall seeing this item covered in your Cosmic Newsletter," she adds.

## COSMIC AWARENESS:

This Awareness indicates that the donation of one's body parts to another as that which is more than the mere action of distributing parts of a cadaver.

This Awareness indicates although the soul leaves the body, there are still remnants of the soul stuff within the body for some time period thereafter, and some of these body parts continue to live for a period of time; and when one departs from the body, one is not fully complete in terms of gathering all of one's energies from the body, until that body has been dissolved.

This Awareness indicates it is for this reason that this Awareness has advocated that entities accept cremation for all of the body parts, and the soul stuff that remains with the body is then released, and can follow the soul on its journey without long delays.

This Awareness indicates that the mummification action from Egypt and Atlantis and other ancient civilizations as that which tied up much of the soul stuff of entities for many centuries, even millennia, while the soul stuff was locked into the mummies, and unable to be completely released to the donor, or the individual soul. And therefore, many of the souls went on to reincarnate, but they were not complete, and in some cases the souls reincarnated as retarded individuals; incomplete because the soul was torn,--partly locked into the mummy, and partly reincarnating into another body.\*

\*This occurred to the present Interpreter, Paul Shockley, as explained in 'Revelations of Awareness' No. 92-5 (The Influence of Mummification on the Interpreter): \$3.00.

## For the Buried Corpse, Some Energy of the Departed Still Remains

This Awareness indicates that essentially, it is better if one's soul does not get separated from oneself by being locked into body parts, or into mummified remains, or into the body remains that are entombed in a casket or embalmed in some crypt, whereby these body parts being so treated as to decay very slowly.

For the soul, in order to become wholesome and complete, needs to have all of its parts, all of itself, all of its soul stuff with it. And when the body is locked in a casket underground, and there are still remnants,--a small portion of its energy within these slowly decaying cells, the entity's soul, even though it may have gone on to other sojourns or reincarnated into another body, does not have its completeness. It does not have all of its energy, for some of it is still locked in the casket, in its previous lifetime body.

This Awareness indicates that likewise, when one's body parts have been given to another, and are still residing in that other entity, through the process of vibratory rate and sympathetic vibration, the entity's behavior and experiences are going to affect that body part. And in turn, through the vibratory action or sympathetic vibration,--the principle of correspondence--this will have an effect on you, your soul, wherever it is.

## Sympathetic Vibration &amp; Giving Your Blood

The same may be said of giving blood to others. That the blood you give to another still vibrates to your frequency for some time, and whatever happens to that other entity creates a sympathetic vibration through the *Law of Correspondence*, so that you, yourself, experience a reaction from the experience the other is having. It is next to impossible to know what experiences you are having that are actually coming from the sympathetic vibration of your blood in another's body.

This Awareness suggests that, while giving blood or giving organ parts are, indeed, a martyristic and generous expression, It is suggesting that you need to be aware of just how much of a martyr you may be, and just how generous you may be in your action, to be aware of what you are doing, and not do so thinking that, "Oh, what's a pint of blood anyway! I can make more!"

For even though the blood has left your body, it remains in your vibratory rate, even though it is working through the veins and arteries of another. And if that other entity has some experience, disease, or problem, that blood vibration can, in fact, create a sympathetic vibration within your own blood, which will require that you overcome in order to avoid the effects. It is quite likely you will have the strength to overcome that more minor effect, but it still will be there.

## Radionics and the Law of Correspondence Relate to Donors

This Awareness indicates that this deals with the principle of radionics; it deals with the principles of the *Law of Correspondence*, in which the vibration struck by one string, for example, on a piano, will cause other pianos in the proximity to vibrate in correspondence with that string, their same string for that same note.

Thus, for example, the key of middle C, (or the note of middle C), when struck on one piano, will cause a slight vibration of the key of middle C in other nearby pianos to vibrate. This will be very slight, but the vibration is that which occurs in sympathy to the other, because they're being the same note.

This Awareness indicates that with this understanding that there is more to it than simply discarding a part, like an automobile fender being removed from a broken-down automobile and given to another, it is not quite the same. Thus, when an organ is taken from your body, there will be a repercussion, to some degree, on the soul of the one who gave the body and the part.

This Awareness indicates that with this understanding, you can decide for yourself whether you wish to participate in donor programs.

This Awareness suggests that it would be most advisable for entities to give blood--their own blood--in advance of any operation they may be expecting; so that at the time of operation, they have their own blood in storage to be put back in, in the event more blood is needed, so that they have their own blood within their own veins and arteries. It would be advisable that wherein blood banks can be found that store one's blood for oneself, to do so.



It would be advisable that entities who give their blood to loved ones, whom they know, give such blood in the recognition that the loved one is carrying their own vibration for a period of time, until that blood becomes totally absorbed and regenerated by new blood of the individual.

And, it would be advisable that if you give blood to strangers, that you become aware that the unknown person out there, carrying your blood, may be having some effect on you in a slight way; and you may need to watch, for a short period of time, to see if you develop any reactions.

In some cases, entities understanding radionics, will have radionics readings done to determine whether the blood they have given has caused them any problems. And if so, they may ask the radionics technician to rebalance their system, so as to bring back proper harmony to their frequency.

This Awareness indicates that understanding these things adds a new dimension to your considerations in regard to being a donor.

#### WHEN THE COURTS FORCE AN ORGAN TRANSPLANT (The Difference Between Allopathic and Naturopathic Doctors)

##### FOLLOW-UP QUESTION:

There was a case in the Seattle papers a few weeks ago about a little boy whose parents brought him from Idaho, I believe it was, to this cancer center in Seattle for diagnosis and the parents were told that he had some kind of incurable leukemia or something like that, and that if he didn't have a bone marrow transplant from his little sister,--and they said it was the most painful operation you could go through,--that this little boy would die. The parents said that they wanted to go back home and pursue naturopathic methods--they heard of a number of them, and they would rather do that. Besides, they didn't have the money for such a thing, and the cancer institute there had a court order put on them, so it was up to the judge to decide whether they could take the little boy home or not. And I'm not sure if the judge made the decision, or they were coerced into it, but I guess they reluctantly agreed to abandon their idea of a naturopathic pursuit, and they're allowing their little boy to undergo this operation, and to have the bone marrow taken from their unsuspecting little daughter. They said that even then, there was only a 50/50 chance the little boy would live.

But anyway, my question was, in a case like this, where--since we're discussing transplants and things--the bone marrow from the sister, being in the same family, would this type of thing be equated to what Awareness just stated in regard to sympathetic vibration?

##### COSMIC AWARENESS:

This Awareness indicates that this would be much less of an intrusion, much less of a violation to the vibratory rate of the individual involved, that this as more compatible with his own vibratory rate. Particularly when the two are from the same parents.

##### FOLLOW-UP QUESTION:

While we're on that subject, that case I just mentioned, would Awareness discuss briefly what should really be done in a situation like that? Can the courts compel a person, a family, to do something like that through established medical technology that people doubt in the first place?

##### COSMIC AWARENESS:

This Awareness indicates the courts have always represented that which is the popular consensus of the times, and the currently accepted medical approach. And the courts have always considered the welfare of the child as being more important than the beliefs of the parents.

This Awareness indicates therefore, the ruling as that which is consistent with the general approach of the courts, and it would have taken an extraordinarily courageous or different kind of judge to have ruled otherwise.

This Awareness indicates that the problem is that this society blindly accepting the medical establishment,--orthodox establishment,--as being infallible in its opinion, as compared to other approaches, and the society not recognizing the basis or foundation behind other medical approaches to the degree that they are not even considered.

#### The History of the AMA & Allopathic Medicine

This Awareness indicates that few entities realize that naturopathic and homeopathic medicine is much older and much more widespread in the world than the allopathic medicine, which was based on the promotion of pharmaceutical drugs, and the pharmaceutical drug houses were essentially Rockefeller organizations, created to sell drugs, and that they and the FDA and similar organizations were created for the purpose of promoting Rockefeller interests, commercial interests.

And the AMA was promoted to organize the doctors into using these pharmaceutical drugs over natural, herbal, and homeopathic approaches to medicine. And that these organizations, along with the AMA, were designed to train the medical doctors, the allopathic doctors, into using the techniques that relied on these drugs.

Most people do not understand that. And most people think that naturopathic medicine, homeopathic medicine, is something that just came into vogue in the last ten or twenty years, or is somehow related to the New Age movement, or is somehow part of some kooky religious faction.

This Awareness indicates that many are shocked to realize that most of Europe uses naturopathic and homeopathic medicines, and that the Queen of England and the royal family uses homeopathic medicine almost exclusively. And most would be shocked to realize that very little allopathic medicine is used in countries other than in the United States, and they think that the allopathic medicine is the only medicine that is viable.

This Awareness indicates that so it is with most of the courts in the United States; they do not recognize any validity or value in what is now termed 'alternative medicine'.

This Awareness indicates that fortunately, the allopathic medicine and the pharmaceutical companies, recognize the alternative medicines, to the point wherein they are going out into the world, into these various countries, and searching for the cures that have been traditionally used in healing over the centuries, through herbs and through various healing techniques, and they're bringing these back and marketing them as new drugs, as new miracle drugs. Fortunately, they recognize the value of these ancient, traditional healing techniques, even though the masses do not know where they are coming up with such magic.



"O.K., sweetheart, tell me what Fluffy did . . . but hurry up . . . daddy's with a patient."

This Awareness indicates that in the allopathic medical approach, they see the body much as a mechanic sees an automobile, as being composed of different organs or units, in which a unit malfunctions and needs to be repaired or replaced, or an additive must be put in to clean out something, or disrupt the corrosion, or in some way through chemicals or through transplants of new parts for old, or through taking out one unit and putting in another,—they see the human body in the same way that a mechanic sees an automobile.

Whereas, the naturopathic doctor sees the human body as a living creature, a creation of nature, that has within it a mind of its own, which grew it in the first place,—it was not manufactured in Detroit,—which grew it from its own inner knowledge and its own inner programming, and which has within that inner programming the ability to heal itself, providing it is given the right opportunity. And the naturopathic doctor approaches this human body in such a way as to give it the right nutrients, the right substances, the right opportunity, removing those toxins that might be hindering it, or giving it the nutrients that it has been lacking, or otherwise offering it whatever it takes for it to heal itself.

The allopathic doctor does not see the human body as being able to heal itself, but rather, sees the human body as being adjustable, manipulatable, with the proper drug or proper chemical. It sees it as a kind of flux of energies and units that needs to be manipulated by chemicals and by drugs and by scalpel.

The allopathic doctor approaches the human body as though it were a device,—a mechanical device, that has somehow the ability to function and live, providing it does not somehow run into a malfunction, in which if such occurs, then the mechanic or mechanism of that body needs to be altered. Thus, if in the human body an organ is not properly functioning, it is either removed, or it is treated with some drug that has been shown to constrict or expand or manipulate it in some other desirable way.

Whereas, the homeopathic doctor will look at that organ, and see that it has ceased to function properly because this organ is not providing it with the proper nutrients. The other organ has failed to provide it with the proper nutrients because it is not receiving the nutrients itself, or perhaps it is filled with toxins from too much aluminum or too much something else that has been ingested in the diet or environment. And the naturopathic doctor examines the entire body to find out where the problem lies that is causing the symptoms; that is the organ which would be treated by an allopathic doctor.

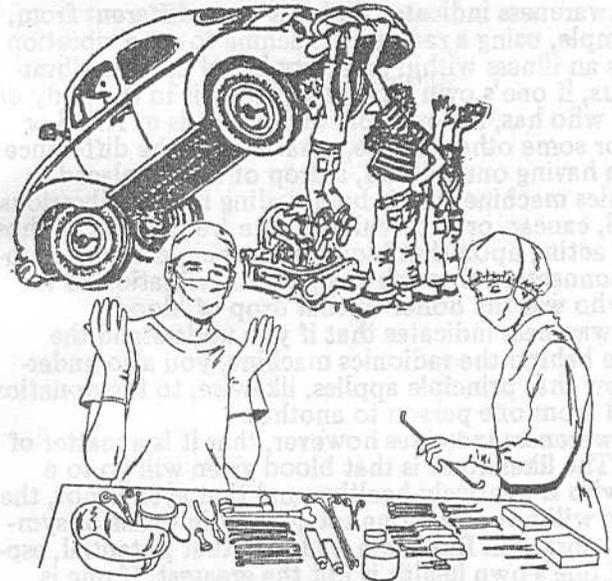
The allopathic doctor treats the symptoms, whereas the homeopathic doctor, or naturopathic doctor, treats the cause, and as the cause is treated, then the symptom responds.

This Awareness indicates that therefore, the allopathic doctor may jerk out the stomach or other organ through surgery, put in a new one, and ship the vehicle off, only to have it return in a few months with the same problem, because the cause has not been treated.

This Awareness indicates this is, essentially, the way things are with your medical profession today. They have dramatic results, in that the patient either recovers totally very quickly from the surgery or treatment, or the patient dies, or becomes a parasite to some machine. Whereas, the homeopathic doctor, or naturopathic doctor, may treat the entity for many months, weeks or months, before a dramatic change occurs in the system to bring the entity back to normal health.

**Naturopathic Healings Never Make the News**

This Awareness indicates that there are those who raved over the ability of doctors to give an entity a mechanical box that was wheeled along outside an entity's body as a transplant for the entity's heart, a mechanical heart. This Awareness indicates that there are few raves over the homeopathic or naturopathic doctor who is capable of giving the entity proper diet, proper vitamins and minerals, so that



the entity whom the doctor has given up on, to whom other allopathic doctors may have said, "You only have a few months to live, or a few weeks to live," and yet the homeopathic or naturopathic doctor, treating the fellow for several weeks or several months, brings the entity back into good health.

Such things never make the news. The media never says, "Look here, this man's own heart was healed. What once was considered an inoperable and unworkable is now working fine." These things are not news; but the mechanical boxes that are wheeled along beside the entity with hoses sticking out of his face,—these things are real news, and entities marvel.

This Awareness indicates a hundred years from now, all this will be different. All these things will be much like history, wherein entities speak of the bloodletting and use of leeches by old doctors in other times in their efforts to cure illnesses.

This Awareness indicates it is much as was expressed by Dr. McCoy in *Star Trek IV* in reference to the barbaric approach of the doctors in the hospital, One coming back from the future to see the methods used today would be appalled, but one living in present time is awed by the alleged 'accomplishments' of the medical profession.

This Awareness indicates this does not mean there are not great accomplishments; It simply is suggesting that there could be so much more, were entities to be able to open themselves to greater understanding of the human body, and not be so concerned about the commercial marketing of a particular system for profit and gain of pharmaceutical companies, and the ones who are trained in that medical-industrial complex.

**IF YOU GIVE BLOOD, HOW LONG WILL EFFECTS LAST?**

**QUESTION:**

In relation to the time period that a blood donor might have to worry about secondary effects from whoever gets the blood, how long a time period would be considered?

**COSMIC AWARENESS:**

This Awareness suggests approximately three or four months in reference to a blood donation, depending on how many pints. It could be more, if more than one pint.

This Awareness indicates that after such time, the frequency vibrations would have decreased sufficiently to have little effect in terms of sympathetic vibration.

This Awareness does not wish that entities think of this as being a great hazard. That essentially, it is something to consider; and that an entity, for example, who gives blood which might, for example, go into a patient having some very serious disease, the entity might, for a time being, experience to a lesser degree certain symptoms, on a feeling level, that are associated with that disease.

This Awareness indicates that this is no different from, for example, using a radionics machine to set a vibration to cause an illness within an entity based on that vibration. Thus, if one's own blood frequency is in the body of another who has, for example tuberculosis or AIDS or cancer or some other disease, what then is the difference between having one's blood, a drop of blood, placed in a radionics machine that is bombarding it with vibrations of AIDS, cancer, or tuberculosis? The frequencies of those diseases acting upon that blood frequency, creating a vibratory connection through sympathetic vibration to the entity who was the donor of that drop of blood.

This Awareness indicates that if you understand the principle behind the radionics machine, you also understand how that principle applies, likewise, to the donation of blood from one person to another.

This Awareness indicates however, that it is a matter of chance. The likelihood is that blood given will go to a person who is relatively healthy; and that even if not, the vibration will not affect one too greatly in terms of sympathetic vibration. But there is always that potential, especially if one's own health is not the greatest. If one is already weak or has a weak immune system, then one may have even more reason to avoid the actions of being a donor.

This Awareness does wish this were not so, as it would be much better that entities share with each other their help in times of crisis; yet this Awareness suggests that this is the way things are.

#### If You Decide Not to Give Blood--Here's Some Alternatives

This Awareness suggests rather than lamenting about the way things are and perhaps entities who do not hereafter care to donate blood or organ parts to others, that they should find some other way of serving other entities, such as helping to prevent those illnesses that would require blood donations, helping to get drunk people off the roads, to improve driving, to improve safety standards and so forth, so that the need for blood donations decreases.

6. Or perhaps, they can help to promote ideas of people having their own blood stored somewhere for their own needs in the event of emergency.

This Awareness suggests that in the event of emergency, one being highly compassionate may still be willing to risk the dangers, which are relatively minor, in regard to blood donations, compared to the dangers that an entity needing a blood donation might experience. For there are, indeed, times when emergencies demand that people make sacrifices for each other.

This Awareness does not suggest you should not donate blood, or should not donate organs. It simply wishes you to know the full ramifications, or what may be referred to, as in the words of one of your news commentators, the other side of the story.

#### BE CAREFUL IN MAKING CHOICES

##### CLOSING MESSAGE:

This Awareness indicates that the many areas of human experience create such a myriad of choices; and some of these choices can be to one's benefit, and some can be to one's detriment. It behooves entities to be most careful in regard to their choices, and not simply to accept something off the shelf because everyone else goes for that particular brand; but that entities learn what they are taking into their lives, ingesting in their lives, and what effects it is supposed to be having, and on what principles it is based. And if entities spend their lifetime learning more about What Is, they will find that the lifetime generally is extended long, to give them more than enough time to make up for all the learning that they did, and still give them the benefits of that learning. \*\*\*\*

ED's Note: Awareness has given similar information about the aka-cord connection between entities who have sex together, that this aka-cord connects the couple for a full year, which could be bad news to the Casanovas out there, who could be picking up on the vibrations of each conquest. For more information on radionics and the Law of Correspondence, please refer to 'Revelations of Awareness' No. 87-11 (Radionics; the New Way to Heal or to Kill); \$3.00 from CAC.

## WHAT THE JAPANESE KNOW ABOUT ALIENS AND UFO's: A UFO TV SHOW IS DESCRIBED

(Excerpt from a CAC General Reading, January 13, 1991)

### QUESTION:

We received a long letter from Chris L. in Japan, who's bringing us up to date on the UFO TV program in Japan, and he's got some questions, but I'm not sure I can ask them without reading the letter.

### COSMIC AWARENESS:

This Awareness suggests the letter may be read.

QUESTIONER: Okay. He writes:

Dear Avaton and Vikki. Here is the latest from the Japanese nationwide UFO TV programs. This latest program was about 2 hrs. long and shown around Oct. 13, 1990. The name spellings are translated into Japanese, which is how I see them and then yours truly translates them back into English so there might be spelling mistakes. They should be read phonetically.

The show started with this year's new Gulf Breeze sightings by the local residents. Bruce Morrison, and Paul Stanner with his photo of a UFO of Jan. 18th, 1990. Scot Calbert's video of the UFO sighting on Jan. 18th, 1990. Another photo on Jan. 8th, 1990 of a UFO witnessed by several independent witnesses.

They aired a new interview with Ed Walters talking about some of his photos, especially the one that stopped over the road, blocking his path. This and just about all other episodes in these Japanese programs are reenacted with the real people at the site, or a mock-up of it, with models of the UFOs and simulated aliens. Virtually everything is reproduced visually. A dumb copy of an Ed. type UFO was shown and the model supposedly found at his previous address, together with pamphlets given out by local residents in attempts to discredit him. A guy called Smith says he saw pictures faked. However, in this show the model and would-be debunkers are discredited and Ed. shown to be telling the truth.

Ed passed his 4th lie detector test and his video of 3 UFOs (the familiar shape visible) flying behind the trees near his home was aired again on the TV. Ed. won the day. On March 9th, 1990, a small mystery circle was found in Gulf Breeze near the beach.

Still in Gulf Breeze. Jim Stuart's video of Jan. 30th, 1990, of a white spot sized UFO that "gave birth" to another from it which then returned back to its "mother" was aired. Beatrice Garway talked about sightings and a mysterious dark mark that was just there on her leg one day. Her daughter Sharon, showed a green mark that was just there on her arm one morning when she woke up. Pam McGorik talked of her young son's abduction by a UFO absolutely the same shape as Ed's first UFO photo. In this case on Nov. 23, 1988, a UFO landed at the back of her house and her son, who was resting on the couch, was taken aboard by a Grey or robot (recreated with simulated aliens and UFO, of course). Pam decided to have hypnotic regression and discovered she'd been abducted when 7 yrs. old and had something put in her brain through a long thin probe, "wand" she called it.

The video now goes over to Trenton, N.J., where Alice Haggarty was abducted whilst sick by an "angelic" looking figure. On board the UFO she was bathed in a blue light inside a tall closet cum phone box type room, and an alien doctor, not Grey but kind of pinkish rose-coloured (I thought he looked like an ancient Mexican clay figurine artifact) probed up her nose and into her head with an 8 inch flexible shiny silver "wand" or tool. The next day she woke up feeling much better and was actually 100% cured. She retold the rest of her story: When she was pregnant they took her baby and laid it with many others in a room in the UFO. All had been gathered from human mothers. A male human was working with the Greys and pinkish red "doctor". The space children on board were whitish but otherwise very human looking.

David Jacobs of Temple University who has investigated and researched these cases said probably around 1000 and possibly as much as 7% of the population has been abducted.

Richard Price of New York was abducted as a child of 8 and again in a tall closet-type room was bathed in blue light and had an implant put in the abdomen somewhere which was found and extracted by a doctor last year. The implant was shown and it looks like a tiny kind of computer chip. Photos at 800 times magnification were taken and they clearly show tiny electrical wiring type connectors in places. A part of one of Price's nerves was seen attached to one.

I have a question for Awareness at this point.

A few years back, long before I'd ever heard of Greys, let alone blue rays, I had a very vivid and wonderful dream of having a blue beam shone down on me from a UFO. It was truly exhilarating and a wonderful feeling. The next day I was running around with incredible energy. It felt like an exultant spiritual fulfilment. So my question is: 'Are there some beneficial blue rays that aliens have which can be used for either physical or spiritual healing? Awareness has mentioned harmful ones to be avoided such as Ed experienced (although mine too came out of a UFO onto me on the ground). I woke up after this special dream and knew it to be actually a dream rather than a physical abduction.

#### COSMIC AWARENESS:

This Awareness indicates that if as indicated, and it appears to be accurate, if this were but a dream, the indications are that the experience was more of a spiritual and beneficial experience than would be the case were it an actual UFO encounter. This Awareness indicates that if you had encountered a UFO and a blue beam there would be a good chance that you had been abducted and had forgotten the rest of the story. In which case, you might wish to undergo hypnosis and to check for implants.

This Awareness indicates that in your case it appears that it was a kind of dream that may relate to some symbolism in your consciousness, especially if at that time you had a belief in UFOs as representing something spiritual. After all, in the spiritual realm, blue light symbolizes peace.

#### HIS NARRATIVE OF THE JAPANESE TV SHOW ON UFOS CONTINUES:

Christa Tilton of Oklahoma told her story. Again, she saw a male human working with the Greys in a UFO that abducted her. An interesting thing about this human is that he had a badge or insignia on his otherwise all white uniform. It was of a stylised but definitely recognisable white snake with wings on a red background encased in a triangle. This, of course, is an ancient symbol used in Egypt and Babylonia, written about extensively in "Flying Serpents & Dragons" (stocked by C.A.C.) and is said to represent the Reptilians or flying serpent gods. The word serpent and reptile being synonymous and interchangeable in the ancient Middle Eastern languages. So another question:

Does his wearing this insignia show he is ultimately working for the Reptilians?

#### COSMIC AWARENESS:

This Awareness indicates that this is in the affirmative; that the entity that oversees these operations is generally a Reptoid. Seldom is it a human. This is an exception to the rule. This Awareness indicates of course there are human who work with the Zeta Reticuli and some who work with or for the Reptoids. These are not always from the earth. Some of these humans are also extraterrestrial. This Awareness indicates that many of those children or babies that have been taken from their mothers will be taken to other planets and raised to have children of their own on those planets.

This Awareness indicates that there are numerous cases of UFO abductions in which the female is impregnated, normally through the use of artificial insemination of a Reptilian sperm and as the child develops in the womb, the mother is again abducted and the child taken, often without breaking the water, so that when the mother returns to the hospital or doctor for examination, the



child is missing, but the water is still intact. As you can well imagine, this causes a great puzzlement to the doctors who find this occurring to one of their patients.

#### THE NARRATIVE FROM JAPAN CONTINUES:

More on the Reptilians from a Mr. X in a minute.

Monica is Christa Tilton's alien created child. She was interviewed on the show outside her home in Tulsa. She has black eyes (Christa's are blue) a high intelligence and good looks (she does some modeling) and looks far more mature than 13 years, which is her real age. She looks beautiful, fashionable, a very nice person and no less human than any other human. The TV show aired a simulation of Christa on Level 5 at Dulce and the trapped humans in glass tubes the Greys were using. In 1986, when sighting the usual UFO in her car, she locked the doors but when the Greys approached, the doors just automatically unlocked and they dragged her across the bracken to their UFO. She showed photos of the scratches on her back and side caused by the bracken. She remembered landing and seeing armed guards near an entrance. Met and accompanied by an airforce officer "guide" in uniform on Level 5, she saw aliens and humans working together and a monorail. She passed some tanks containing a stinking yellowish liquid and was put on a table. Nearby were 3-month old babies half submerged in yellowish liquid, with a tube connected into their throats supplying nutrition. Together with a Japanese crew in a helicopter, they flew over Coco lake canyon, Alchelada mesa and peak, and then over Soldier Canyon. The film they took on the trip showed camouflaged small buildings, a blurred unidentifiable vehicle of some sort, at least one underground entrance into the hills with a constructed road. The ONLY access to Soldier Canyon, where they were seen, is by air!

On to Kirkland, Manzano area, 200km. south of Dulce, where secret entrances into mountain ranges were shown on photos. The physicist Paul F. Bennowitz's photos were also shown with circled areas believed to be entrances to underground establishments. The Japanese language gets a bit difficult here, but I think it says he made direct contact with the aliens from his scientific company. Anyway, he did intercept conversations between the aliens and the airforce. He wrote about Dulce, videos with aliens, implants, etc. etc. and I think they said he's now in a mental hospital (presumably to keep him out of the way). On his property is a brand new building that appears windowless and double locked. For what purposes or experimentation it was built remain unknown.

Next stop Las Vegas and a new talker on the scene, Mr. X. He was in black silhouette but I think he's the same guy who was on the last talk show, talking about alien cloning and his friend's video of Dulce. All the now well known drawings were made from that video. If it's the same guy, he's a member of the US armed forces. He talked about the reasons for the creation of the NSA and the CIA, including the latter's use of the alien knowledge of mind control. Then about the assault on Dulce and how one Grey and all 60 members of the armed assault party were killed. He talks about the Reptilians and says in Feb., 1989, there were communications with the RH blood type Reptilians who said they were going to come and help liberate us from the Greys, but they never came. (Not yet!) Maybe this is another scenario: The Reptilians send their servants/underlings the Greys, here to set up base. They then use them again by telling our authorities they will come and rescue us from them, which will leave them sitting pretty, in charge at the top. Slimey! Well, if that's so, maybe we CAN get the Greys on our side.

It's probably the first time the Reptilians have been mentioned on TV, and so possibly for the viewers, Mr. X was asked what the Reptilians look like, or what kind of alien they are. Mr. X referred to the "V" TV series (also a big hit here in Japan) that the Reptilians looked like them. Interestingly, the scene from "V" they showed was when the woman, on worldwide TV, pulled off the Reptilians false human skin and said: "The visitors are not our friends. They have come here to rape our planet and kill us." That was spoken

in English with no subtitles so I don't know how many Japanese got that message, though many are familiar with the video.

Mr. X had a large wall map with him, showing Dulce, S4 and other alien bases and thick lines connecting them up, representing the underground tunnel link-up system. Dulce was at the center with 9 'spokes' radiating out from it to other areas, bases or whatever. 700kms. east of Dulce at Area S4 where Lazar worked, another set of 11 spokes radiated out 2 longones going NE and SW. Two of these spokes seemed to pass through other smaller bases with no radiating spokes.

A video of 3 UFOs flying around in daylight over this area S4 was shown, as was a replay of Lazar's story. The UFO Lazar worked on was exactly the same shape as Billy Meier's famous Pleiadian UFO. Meier's movie film of the same UFO was also shown in color.

At Henderson, Las Vegas, Ray Wableton's video of 3 UFOs appearing in daylight at 6.22pm was shown. At 6.33 pm an airplane crossed right by the larger UFO on its way coming into Las Vegas airport. There was no confusing the two. One of the smaller or more distant UFOs performed a controlled downward spiral flight which suggested the ability to control the UFO well. It was displayed in daylight, visible by video from Las Vegas, also tends to suggest the scientists or military are being a little less worried about UFO test flights being seen.

The Japanese TV crew then interviewed John Lear at his home. Lear pulled out maps and showed Groom Lake, historically a test flight area, as being right near the center of all this alien activity.

One Wednesday afternoon, the Japanese TV crew went to Groom Lake and area S4 in an attempt to observe UFOs. They arrived early along the dirt road and came to a warning sign threatening imprisonment and a \$5000 fine for proceeding without authorization from the installation commander, re: "Internal Security Act 50." Wondering where they could get a good view, they stopped at Medlin cattle range, finding signs of life but no one there. Their trancers suddenly picked up comments telling someone to watch for further action from themselves and their van. Down the road from the area, descending the mountainous hill in a straight line, came a car or jeep that stopped about 400m from them (they too were on the road, the correct side of the sign). It had come from Groom Lake, waited awhile, turned around and headed back. There were no UFO sightings that evening. Later they talked to Mr. X about the incident and returned again. This time they tried viewing from a different angle, a little more distant on a rise from which they could see the previous road but weren't on it themselves. Thus the road looked clear. Later, with headlights off, they went back down the dirt road, keeping on the correct side of the warning sign. This time they shot their UFO which teleported or jumped 200m in a thirtieth of a second, as calculated from the video timer.

Over to the USSR. In October, 1989, in Moscow, hundreds of people watching a UFO were recorded on video with the UFO. It was aired on the Japanese show. Also, a longer UFO in March or April this year at Klasanodal was filmed and aired here.

Many healings were shown in Tobilisi in Grugia. One 12 yr. old girl was healed of diabetes. One man's big ugly new scar was almost completely healed after contact with aliens. And one man who has ongoing communications or contact with aliens was healed of something in his abdomen that absolutely amazed his doctors.

Next on the video, over to Spain. The ongoing saga of the H marked UFO saw interviews with various people over there. Physical evidence included pieces of metal from the UFOs, and a strange metallic type sheet with the H mark embedded in it were shown. Iberian Airlines' chief pilot Carlos Garcia Rodrigo was going from Madrid to Barcelona at 1 PM in clear skies, when he and 7 others of his crew saw a UFO at close range. Underneath the UFO's belly was the H sign once again.

Back to the USA. A two page aviation and aerospace ad to engineers which had a full page color picture of what looks like a photo of a space alien on the inside cover page was shown on the program.

The show ended with shots of England's mystery crop circles.

If it's possible to ask one or more, I have 3 other questions relating to the recent info indicated by Awareness.

QUESTION:

Are humans OK after having the bluish adrenochrome extracted from their necks, assuming of course, they aren't killed? Is there any permanent damage done? If not, maybe we could come to some exchange agreement?

6.

COSMIC AWARENESS:

This Awareness indicates there is no way whereby this can be taken from humans except during the process of killing the human. It is taken while the human is being killed.

QUESTION 2:

With regards to the doomsday bomb or attack on the Reptilian incoming craft: If these Reptiles are so good at war, surely they'll see that coming thousands of miles off, won't they? This would tend to suggest a closer attack as more strategic, which also has echoes of Nostradamus' frightening war in space whilst humans lay huddled in shelters wondering about the outcome.

COSMIC AWARENESS:

This Awareness indicates that this is in the affirmative, that there is that danger of the craft being able to shoot down the projectile as it approaches.

QUESTION 3:

And his final question is: Is one of the reasons the Pleiadians have been losing the war with the Reptilians because they are not members of the Federation and therefore cannot count on the latter's assistance?

COSMIC AWARENESS:

This Awareness indicates that these entities are members of the Federation. They are working with those from the Federation. The Federation is generally spread out into so many areas that it is not as effective as many humans believe. This Awareness indicates that there is some concern among many of the planets of the Federation as to whether they even care to, or should participate in these wars in behalf of other planets. The earth in particular is of concern to them because the earth has not really shown a great interest in the Confederation or its assistance, and has instead signed treaties with these aliens, and allowed them to set up bases and in fact has assisted in the creation of the bases.

Therefore, there is a question as to whether they should even be involved in freeing the earth from the occupation by the aliens. The Pleiadians seem to have a better grasp of the realities of earth's needs, partly because of contacts through entities on earth such as Billy Meier, and others. They also have an understanding of how the aliens seduce people on other planets to get their cooperation with them.

QUESTION:

That was the end of Chris's report from Japan. Does Awareness have any comments on the information in general?

COSMIC AWARENESS:

This Awareness indicates that in the remarks related to the area in Nevada, the jeep which came toward the van of the Japanese crew as that which is part of the security force guarding the area. This Awareness indicates that this force does keep close watch on the area and anyone approaching that area will be met by these forces, and anyone crossing through the road, past the signs is subject to extremely high fines and several years imprisonment. It is suggested that entities not enter those areas.

This Awareness indicates the general area as that which is managed by Sandoz Laboratories. It is there that many of the experiments and projects using alien technology are carried out. This Awareness indicates that this entity's remarks and dissertation relating to the information provided over Japanese television indicates that these things are more openly available to the Japanese than to those in the United States. It is a fact that the Japanese people know more about what is occurring in the United States than do the people of the United States.

This says something about the media in the United States, and about the freedom of the press, in the United States.

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**WILL VITAMIN C POSTPONE PROSTATE CANCER?**  
(Will Most Older Men Have this Problem?)

9.

**QUESTION:**

There was an item in the paper the other day. I'll read it. "For a quarter century, two-time Nobel laureate Linus Pauling has taken mega-doses of Vitamin C, and a lot of flack from skeptics for trying to stave off the deadly C, --cancer. Time and disease finally caught up with him in his 10th decade, he told the Associated Press on Wednesday, revealing he got prostate cancer 5 months ago, but at 91, he says he's recovering. 'Practically all old men are found to be developing cancer of the prostate sooner or later,' a rosy-cheeked Pauling said in his office at the Linus Pauling Institute of Science and Medicine at Palto Alto, California. 'It may be that my Vitimin C put the cancer off by 20 years.'"

I have two questions about this: Did the Vitamin C, as he suggests, delay this prostate cancer by 20 years, and secondly, do most men have to get this disease as they get older, as he states here? Prostate cancer.

**COSMIC AWARENESS:**

This Awareness indicates that this appears to be in the affirmative in both instances, particularly so without the proper understanding of diet; that the use of Vitamin C can put off and hinder any cancerous growth. This Awareness indicates that there are other factors also that could be helpful in preventing this prostate cancer.

It appears the use of substances that keep free radicals out of the system, or keep them down considerably can be of great benefit in reducing the risk of this and other cancer. This Awareness indicates that Vitamin C is one of the weapons against prostate cancer, but is not seen as the only weapon available in the prevention of this disease.

**WILL MORE SEX PREVENT PROSTATE CANCER?**

**FOLLOW-UP QUESTION:**

The actor/comedian George Burns, who is now 96 years old, implies in his interviews that he still dates women, particularly young women, and implies that he has an ongoing sexual relationship with younger women. If this is true, is this a preventive for prostate cancer at that age?

**COSMIC AWARENESS:**

This Awareness indicates it is helpful for aging men to avoid prostate problems to continue having a strong sex drive; however, it is also that the strong sex drive is an indication that the entity is not having prostate problems. They tend to go together. The strong sex drive has much to do with the entity's nerves, a strong healthy nervous system, sensitivity and a good immune system and also a healthy hormone system and cardio-vascular system.

Without the strong sex drive, the prostate problems tend to increase and multiply and also to slow down and damage the sex drive of men. Thus, there is a parallel in the accumulated effects, wherein one enhances or diminishes the other.

**Cancer Preventives That are Still Available**

**CLOSING MESSAGE:**

This Awareness indicates that the use of antioxidants can be most helpful in keeping the free radicals out of one's system to prevent cancer, and also the use of enzymes that are of an antioxidant nature, to prevent the spread of free radicals in one's system can enhance the strength and energy and vitality of an individual and thus, forestall many of the problems of aging.

This Awareness indicates that in the coming years, entities need to be very conscious of the need for enzymes and prevention of those oxidizing effects in the body by the use of antioxidants and also the fact that there are certain vitamins and other substances that can be used to counter these free radicals and give greater immunity to some of the more chronic and fatal diseases.



Vitamin C. Vitamin E. SuperOxide Dismutase, RNA, DNA, and other substances in the diet, such as green leafy vegetables and fruits; all of these things need to be recognized as beneficial. The beet is high in the RNA/DNA substances and lemons and citrus fruit. Kiwis especially are high in Vitamin C. In the event that the vitamin manufacturers are put out of business by the FDA, entities may need to turn to foods for their vitamin sources.

This Awareness indicates that if this occurs, more information on this topic will be given at a later time, or entities may buy books that give this information presently.

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**HOW TO SAFELY STORE THE NUCLEAR BOMBS**

**QUESTION:**

Stanford Turner, according to the paper, a "level-headed and respected former director of the CIA" has made a proposal about storing the 30,000 excess nuclear warheads that are in Russia and other countries. He proposes that the warheads be put in cold storage, literally, Antarctica. There, he says, they could be put in outdoor cages under heavy guard in sub-zero temperatures, where their casings would never decay. Well, practically never. He has in mind a snowless gravel and rock place surrounded by glaciers called dry valleys, near the United States' McMurdo Station. I'd like to ask Awareness, is that plausible and what are the consequences, if any, if they go through with this plan?

**COSMIC AWARENESS:**

This Awareness indicates that this would be a way of storing these for an indefinite period; that of course the decay of the dangers which may reach into thousands of years, is also slowed down so that the lives of these warheads is extended, even as the decay is reduced. It is a way of putting it off for future generations to deal with. It could well become a kind of Doomsday Target for any formidable force that wanted to destroy the earth to know that there is such an enormous accumulation of nuclear weapons consolidated in one area.

This Awareness indicates that it would be a temporary solution, temporary in terms of being workable for this and many subsequent generations, but eventually, something different needs to be done to totally neutralize these weapons. This Awareness indicates they could be stored there with the intention that some kind of neutralizing technology be created to deal with this in the future, either sending these things into outer space, perhaps to the sun, or somehow neutralizing them where they sit.

This Awareness indicates that it is a very well thought-out approach for the immediate needs in dealing with this situation and appears to be quite workable for several generations to give time for a more permanent solution to be developed.

#### DR. EDWARD TELLER'S SUPER-BOMB

##### FOLLOW-UP QUESTION:

Dr. Edward Teller, the physicist who's been called the father of the atom bomb, says that what should be done with all the nukes in the world is to put them all together and make one super-bomb and use it against the incoming "asteroid" that he claims is a big threat in the coming years.

##### COSMIC AWARENESS:

This Awareness indicates that this would be an approach that could be considered, providing there is sufficient launching capability for such a bomb. This Awareness indicates that it may simply be a cover to explain or to cover-up the development of a super weapon which this entity has been placed in charge of.

The entity is more likely to use Element 115, which will be much smaller a payload and much greater power on the incoming asteroid. This Awareness indicates that the use of these nuclear weapons whereby the nuclear devices are all combined together into one great super-bomb which could be exploded into outer space may be a way of ridding the planet of these devices.

It is suggested that even without the threat of the incoming asteroid this could be a solution to launch the payloads into outer space, away from other heavenly bodies and ignite them in areas where no lifeforms are expected to be.

This Awareness sees this as something that might be more suitable for a future disposal program.



#### HOW SOON WILL

#### U.S. GOVERNMENT COLLAPSE?

(Civil War or an End to the One World Planners?)

(Excerpt from a CAC General Reading, May 15, 1992)

##### QUESTION:

A question from D. and M.H. here in Washington State. "Does Awareness see the U.S. government collapsing in 6 months, one year, or two years, or otherwise?"

##### COSMIC AWARENESS:

This Awareness indicates *It* sees a transition occurring in which the U.S. government becomes a more responsible entity, working for the people of the nation, whereby many of those who have attempted to turn the government into an organ of control over the people will instead find themselves among the people while others who are involved in government policies reflect the will of the people.

This appears to be the force that is emerging. It is not seen as an absolute victory of the people. There are always those who would wish to deny this and go to extremes to prevent this from occurring, but it appears that the energies at this time are strong in this direction and that given reasonable behavior and ordinary circumstances, this is destined to evolve.

This Awareness indicates that a transference of power from the elite establishment will move to the masses and let the masses regain control of the government. This Awareness indicates it may be a temporary victory which allows entities to understand what the true nature of this country is supposed to be, and then it may be snatched away by some artificial circumstances created by those of the Council on Foreign Relations, Bilderburgers or other conspiratorial organizations and groups, whereby the intelligence agencies which are run and operated by the few banking families.

<sup>10.</sup> If this should occur, it may lead to an open civil war against those One World organizations that would circumvent the freedoms of this country and put this country under totalitarian control.

It is seen that this is a potential danger in future years, but even a short duration of hope and clarity as to what this nation is intended to be by its Constitution and its very nature will give an education to the masses and a realization of who in fact they are, that they are indeed the owners of this country, and that they are *not* owned by these established insiders operating in behalf of the banking interests and those who create the laws in their own behalf, for their own vested interests.

This Awareness indicates that *It* sees greater hope at this time than *It* has seen in the past 25 years.



#### HOW DID HUMAN HAIR

#### GET INTO PYRAMID STONE?

Were the Great Pyramids of Egypt Made of Poured Concrete?

(From a C.A.C. Reading, Oct. 18, 1988)

##### QUESTION:

A question from L.K., Granger, Indiana. This was sent in several years ago. "Paul Harvey reported two days ago that a scientist, Jim Dividuous (the spelling may be wrong), has found human hair inside a stone from an Egyptian pyramid! He therefore believes the huge stone blocks were made from poured concrete! This theory sounds logical to me, but maybe there is a better answer. Could we ask Awareness about this?"

##### COSMIC AWARENESS:

This Awareness indicates that this as being a substance similar to that of concrete as it is known today; that this as being a combination of substances which was used not only in this manner, but also in other forms of building and construction. This Awareness indicates that this as being part of an ancient process in which rocks were made into powder, combined with substances and liquids, to then dry, much as one would use mortar in today's construction activities.

This Awareness indicates that this accounts for many of the very close joinings of rocks to each other; that these rocks were often liquified with certain acids, and mixed with other substances along with water in a way that allowed for a contouring of the rocks so that they fit together evenly.

##### FOLLOW-UP QUESTION:

Then the stones that make up the great pyramids did not come from rock quarries as a lot of scientists believe?

##### COSMIC AWARENESS:

This Awareness indicates that most of these stones did come from rock quarries, but were modified at the time they were being placed together. This Awareness indicates that there were of course modifications to these stones in which the element from the stone was in many cases pulverized and then shaped; that the human hair was placed into the pulverized powder, which was then reshaped for this particular application. The reshaping occurring with the addition of certain elements that served similar to that of mortar to put the stone into its final shape.

This Awareness indicates that also these stones being shaped on their edges by this same process. This Awareness indicates that this as used in some situations, though not in reference to all stones used in all of the pyramids; that there were in many cases, stones which were joined together without this process being included. That in reference to pyramids and walls in the South American continent, a similar process was used in which acid was incorporated to shape the stone.

IS THERE A NORIEGA/ GEORGE BUSH CONNECTION?  
( IS THE DRUG WAR REALLY A "WAR" YET )

QUESTION:

A question from W.H., San Angelo, Texas. "It seems that even though the UN may be trying to protect humanity against an alien invasion, it seems that they intend to use any method to do so, even if it means slaughtering many of our own. That makes me wonder if our current leadership is more interested in saving their own lives than they are in doing something noble. I can include Panama as an example of the same policies. I believe Awareness said in a previous newsletter that our move against Panama was a change in policy on the U.S.'s part to stop the flow of drug money to fund the alien bases; however, even the news reports of the major networks are telling us that the drug trade is as strong as ever through Panama and that those installed in power were already known to be cooperative to drug traffic. Question: Did that invasion take place to protect George Bush by seizing documents that tied him to Noriega and the drugs coming in to the U.S.?"

COSMIC AWARENESS:

This Awareness indicates that shortly before the Panama invasion, Noriega defied George Bush by stating that if Mr. Bush tried to cause him to step down from power, he would simply write a book. This very statement referred to the fact that he and George Bush had been in communication for many years in regards to the drug trade and that there were secrets which Noriega could present in his book that would embarrass or harm George Bush.

This Awareness indicates that if you recall, during the times of the invasion, a camera crew in pursuing Noriega's whereabouts entered into his private domain and showed a room in which he lived, and there were great numbers of books, articles, fliers and papers hanging on the walls and on the bookshelves and on tables, most of which referred to his interest in UFOs.

This entity was very much into the study of UFOs. He had a knowledge of their presence and activities. There was only one shot of this, and it was not shown any further on the news at the time. This Awareness indicates that indeed, the drug trade continued after this invasion. It is stronger now than before and it still goes through Panama. The money is not being funneled to the same alien bases or aliens, but there are some of the aliens who are working now more closely with the U.S. government and these entities receive some of this funding from drug trade.

ED's note: for more info on the real Noriega and what happened to him, please refer to 'Revelations of Awareness' issues 90-3 and 90-7 (Silent Murder--America's Secret Shame); \$3.00 from CAC.

FOLLOW-UP QUESTION:

He adds: "The flow of heroin is increasing in the United States from the Golden Triangle, just as Colonel Bo Gritz predicted it would. Question: Is the U.S. drug war really a war yet, or is the CIA still using drug funds for perhaps the SDI?"

COSMIC AWARENESS:

This Awareness indicates the latter. It has never been a real drug war. It has only been a discussion of a drug war, while the trade and flow of drugs continued. The drug war only occurs when someone outside the organization, outside the network gets into drugs. They usually get busted as quickly as possible, or when someone in the organization gets too uppity or becomes a problem to the organization, they will get busted.

There are occasionally mistakes wherein someone who is involved in drug-busting will catch on to someone who is part of the organization and will bust them, but most often these entities will be freed with relatively small fines or sentences. It is usually the small dealer of the user that is the target for drug busts.

The "What If" Department...

IF WE DEFEAT THE INVADERS, WILL THE POWER SHIFT?

QUESTION:

A question from D.A., Austin, Texas. "Here's one for the hypothetical department. What would happen if the earth governments successfully destroyed the Reptoid planetoid well away from the earth and succeed in maintaining general public ignorance of the situation? Let's say that the earth has defeated the approaching Reptoids, dealt with the remaining Greys and their bases, and basically kept the whole thing secret. Then what? Will they carry on with their One World Government Electronics Funds Transfer Mark of the Beast New World Order Totalitarian Enslavement program? When will the masses wake up? When will things change? Awareness once said something to this effect: "The masses will be as those of Nazi Germany, looking around at the violations that had occurred around them unseen, or will those in power suddenly become "nice guys" and not try to enslave us?"

COSMIC AWARENESS:

This Awareness indicates that unfortunately, those who seek power generally do not want to give up the power they have obtained and therefore, may use that power which they obtained for one purpose and no longer need, may use that for another purpose. The other purpose being of course, to maintain their own power over others.

This Awareness indicates It does not see that a loss of need for power will reduce the amount of power that entities hold. This Awareness suggests however, that there are many who as individuals may begin to crack the base of power gradually, here a little, there a little, until the power becomes weaker, when it is no longer needed, so even if the effort to maintain a sense of power is no longer necessary it may remain strong because of the greed that power-seekers continue to hold even while that power is being eroded slowly and over time.

Those holding power may reluctantly give up their power as it is leaked from them, for there are always those one step behind who would like to grab power from those above, and thus gradually, power-seekers always end up losing power as time passes.

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## QUESTION:

Another question from R.B. "It is alleged that there are government agents in post offices around the country, who, with state of the art imaging optical devices are able to read mail without opening it. Is this true, and if so, who is doing it? What are they looking for and how can we defend ourselves against it?"

## COSMIC AWARENESS:

This Awareness indicates there is not seen much you can do to defend yourself against government prying in this manner; it is generally linked with the CIA and FDA and sometimes FBI. These are postal inspectors who report to these various agencies relating to anything discovered that would be of interest to these agencies; that the devices can be inserted into the envelope from the edges where the glue does not stick.

Often you will receive an envelope that is torn on the edge; this may be an indication of accidental tear, or it could be an indication of a probe being put in to allow for the reading of the information enclosed. This Awareness indicates that part of the purpose is to discover whether entities are breaking postal codes and laws and part of the purpose of these intrusions is to discover whether there are violations to Federal Food and Drug acts in the sense of mailed out information that makes promises of products which are not verifiable or which are fraudulent.

Part of the purpose is to discover any fraudulent schemes that are being passed through the mail. Part of the purpose is to discover whether the entities involved are sending information that is of a particularly dangerous type, such as may be found when watching the mail of certain mobsters or gangsters or spies or suspects. Part of the information these entities seek is to discover whether there is some kind of plot or conspiracy being planned by groups which the government may want watched. This Awareness indicates that the only thing that might tend to deter this kind of probe or intrusion into your mail would be to put a strip of scotch-tape over those corners of the envelope so that it would take a direct violation or intrusion into your mail by tearing the scotch-tape in order to insert the wand into the envelope.

This Awareness indicates that the problem with this would be that it might simply cause them to become curious as to why you did not want them to read whatever is inside. It might make them more interested in looking inside, if you had it blocked off than if it were simply a normal envelope. These entities do not search all mail; they only search those which they have a special interest in; those pieces of mail which look suspicious or which appear to have some particular quality that needs investigation.

Perhaps the name of the person or a group or an appearance of something that should be investigated; these are what these entities look into. Quite often they will look into mail that is sent out as Third Class to see if there are hand-written messages or if the mail is sent as Printed Matter, to see if it is really personal and private matter that has hand-written messages inside, to make sure that people are complying with the postal codes and not trying to cheat the government by using stamps for one thing, when in fact they are sending First Class mail.

This Awareness indicates that these probes are not necessarily threats. In most cases they are simply checking to make sure that entities do not enclose things in the mail that are violations of postal code. This type of investigation or probing has indeed found letter-bombs and devices and has kept entities from being killed; this

as a positive side of the situation. On the negative side, there have been innocent people investigated unnecessarily who may have had their mail delayed or misunderstood or misread because of the content of messages and this may have led to certain unnecessary investigations. This Awareness indicates that it is more or less an action of the Big Brother type, intruding in your personal life to assure that you are following the rules and not breaking laws or doing anything that Big Brother forbids.

This Awareness suggests that if you have something of a personal nature that you do not wish read by others, you may wish to consider sending it by alternative mailing systems such as Federal Express. Even then, it would be wise to put it inside of an envelope and seal it well, and then put that in the Federal Express envelope, or you may choose UPS or DHL or some other system.

This Awareness indicates that it does not appear that these organizations probe into the contents of packages unless there is real reason to be suspicious of something dangerous inside, in which they would first check with an X-ray type scanner. This Awareness indicates that these organizations also have their rules as to what is allowed to be shipped in their packages and that entities should avoid shipping anything that is opposed to those rules and regulations.

## CAN FAXED INFORMATION BE MONITORED?

## FOLLOW-UP QUESTION:

If you faxed a letter or some private information to somebody with a fax machine, other than those around the receiving end who might see the document, can a fax be intercepted along the line by those who might want to know what information is in the fax?

## COSMIC AWARENESS:

This Awareness indicates that it is as safe as a telephone. If a telephone can be tapped, the fax can also be tapped by another fax machine that intercepts the message, but at this stage, this would be very uncommon a process. Most fax's at this time are safe in the sense of messages being sent and received without being monitored.

This Awareness indicates of course, if you or the recipient of your fax is being watched by the Justice Department or by some other individuals, there is always the possibility of someone hooking up a fax machine to the telephone wires that connect with the recipient and intercepting the message just as is done with other wire-tap activities.

Essentially, the fax machine is but another form of a telephone call, where the message comes out printed rather than spoken, and it can be tapped and monitored.

## IS PEANUT ISLAND AN ALIEN BASE?

## QUESTION:

Another question from this entity. "During the Kennedy rape trial, there was mention of an island called Peanut Island, right off the coast near West Palm Beach. It is reportedly a very secret location for the purpose of harboring aliens. Is this truth or fiction?"

## COSMIC AWARENESS:

This Awareness indicates that it does appear there is an alien base off the coast of Florida; that this is not clear to this Awareness at this time if this is the exact same place, but it would appear very likely to be correct. This Awareness suggests this should be researched further before assuming an absolute affirmative to the question.

## ON TAKING RESPONSIBILITY FOR YOUR OWN LIFE

(Opening Message, C.A.C. General Reading)  
February 4, 1968

## COSMIC AWARENESS:

This Awareness indicates every situation in which an entity finds oneself contains both a positive and negative to it; that there is always that aspect which is positive; there is always that aspect which is negative; that the entity may ignore one or the other, or may recognize both. At times, the positive is greater, at times the negative is greater. A person who can discern clearly will work to enhance the positive and to diminish the negative as much as possible, but if it is not possible to diminish the negative while enhancing the positive, the entity may choose to change the circumstance entirely, either by going elsewhere, or by altering the factors in the circumstance, by putting forth certain conditions that change the circumstance and the elements involved.

This Awareness indicates unfortunately, there are some entities in circumstances who accent the negative and do not add to the positive, and in so doing, the circumstance becomes negative to them. Some entities even go so far as to enter into a circumstance which others perceive as positive, and they attempt to alter the circumstance by adding greater negativity. This Awareness indicates that entities can benefit by watching the balance of negativity or positivity in each experience, each circumstance, and to understand where the contribution of positive or negative attributes are coming from.

This Awareness indicates that if it is coming from yourself, you may wish to change or you may wish to enhance, depending on whether you are emitting positive attributes to the circumstance; that not everything one does which appears to be negative to others is necessarily in fact negative, and others may accuse you of being negative simply because you are being apprehensive or being cautious. This Awareness does not wish that you accept labels, but that you look and discern carefully what is happening, and that you formulate your own terminology for what is occurring, rather than simply accepting someone's brand on you, that you are negative.

This Awareness indicates for example, in a circumstance in which several entities are trying to get you to go along with them on some plan which you perceive to be dangerous or of a less than ethical plan, or a plan which might be costly to you, you have the right to hold back, and to refuse to go along blindly. If these entities began saying you are a party-pooper, or a wet blanket, or one who is holding out, or are not helping in cocreative action, or are bucking the democracy of the majority; all of these arguments, if voiced, do not suffice to cause you to become involved, unless you truly feel it is right.

This Awareness indicates that many entities have difficulty in knowing how to determine whether to be involved in a circumstance or situation, when so many are trying to influence them to get involved. This Awareness indicates that it is important to be able to say no, but in order to be able to say no, it is important that you know what you're talking about,

and the reasons for such pugnaciousness on your part. This Awareness suggests that you may therefore ask questions. If there are areas of uncertainty, ask about these uncertain areas. If there are things that could enter in as contingencies, ask about these different contingencies. Ask them: What if this happens? What if that happens? How can I check on this information? Who is available to provide support for this in case something else occurs here?

This Awareness indicates by asking many questions and by checking on what you are told, rather than simply believing someone's assurances, you become better able to properly discern whether or not to be involved. Decision making is an art, and not knowing how to make decisions with proper information can be very dangerous at times, particularly when you are holding a great deal of responsibility for yourself or others, and when the decision may have an important and significant outcome.

This Awareness indicates that any entity who begins developing any form of leadership or takes on a responsibility of any kind, needs to know how and when to ask questions without being fearful. Some entities, when you speak with them will object to your questions: "Just sign here, don't ask questions, we'll take care of all the details!" This Awareness suggests you not sign until you understand what you are signing. This Awareness suggests that if there is an objection to your questioning, or having an authority or expert look over the document before you sign, then perhaps it is a sign that the entities are trying to fool you. If they do not object to your going to an attorney, or to an expert, or check on their credentials or check on their documents to find out if they are indeed proper; if they do not object, it may indicate that they are being honest with you and have nothing to hide, or it may simply indicate that they are bluffing and don't think that you would actually go through with checking on them.

In any case, if there is the slightest reason, or if the consequence is sufficient to merit your receiving outside counsel before making a decision, then indeed it is important to do so. This Awareness indicates there are, every day, entities losing fortunes or losing very many precious things because they do not bother to check. For example, it may be even a doctor who suggests: "You need an operation and I'm scheduling you for such and such a time." If you feel this is in any way improper, or if you would like a second opinion, it is important that you get one.

This Awareness indicates if you, of course, realize you have just lacerated your hand and need stitches, then it is not necessary to get a second opinion, but if it is something where you have no evidence that the doctor is telling the truth, or may not be mistaken; then it is important that you get a second opinion; not the doctor's partner, but someone else, outside. Likewise, in all affairs, wherein there is any question about the dealing you are involved in, wherein you do not have the expertise, get the opinion of someone who does, and get the opinion of someone else, if necessary.

This Awareness suggests that there are so many entities today in the world of business who have become less honorable than in the past, that business dealings can no longer be trusted and entities need to have assistance. This applies not only to business, but to such things as doctors and dentists. There are many times when a dentist will tell you that you need certain cavities filled. You may find, by going to a second dentist, or taking your X-rays elsewhere, that the first dentist attributes 5 or 6 cavities more than does the second dentist. Surely, they can't both be right.

This Awareness indicates that in this day and age, decision-making is a vital part in every individual's life, and in gathering information in order to make your decision, finding those who are experts in the area in which you must make your decision can save you much time, much energy, and often can even save your life. This Awareness indicates that this is of significance and that it is important to establish such habits, even if it may cost you extra to get a second opinion on things.

This Awareness indicates that you may save yourself much grief by getting a second opinion on things. It is important that you recognize the limitations of your own ability to discern without outside help, for no one individual can have perfect ability in discerning truth, in finding out what to do about something, and there are areas where you are expert, and there are areas where you do not have the understanding, and there is nothing shameful about asking someone who does have the understanding to help you in making your decision.

14. This Awareness indicates that even second opinions are not always enough to excuse you from being discerning, and you must eventually take responsibility for your own decision rather than simply letting some expert decide for you. You may weigh and balance the expert's opinion, but ultimately it is your responsibility for your own decision. Many entities refuse to take responsibility for things that happen to them; this creates a victim consciousness,--one who sees himself or herself as a victim of events seldom takes responsibility for what occurs.

This Awareness indicates that entities who are in charge of their life generally take responsibility for what occurs to them, by acknowledging that they are either responsible directly for the event, or contributed to the event in some way, or in some way were negligent and allowed the event to occur. That by taking an attitude of being responsible for what happens to yourself, it gives you the sense of being in control of your life and having much more to say about your life than if you simply blame others and put yourself in a nonresponsible mode, blaming others for what happens to you. That such entities generally point the finger of blame to someone else when things go wrong, and then claim victory when things go well for them, even though in both cases, they refuse to take responsibility themselves.

This Awareness indicates that *It* wishes entities to become more familiar with taking responsibility for their own lives, for this will give them a greater sense of purpose and will allow them to have the attitude not of a victim, but as one who benefits from every circumstance. (This Awareness suggests the questions may be asked, regarding the general reading).

The Olympian, Friday, May 8, 1992

## FDA raids homeopathic Kent clinic

■ **Reaction:** South Sound health-food store owners decry actions of federal agents who seized vitamins, supplements and records.

Olympian staff, news services

Armed federal agents have raided a Kent medical clinic run by a doctor of nutritional medicine, seizing vitamins, other supplements, diagnostic equipment and records.

Food and Drug Administration agents, with help from King County Police and the U.S. attorney's office, broke down the doors of the Tahoma Clinic in Kent just before it was to open Wednesday.

"They just busted through and the first thing I saw was this guy with a gun pointing at everyone saying, 'Put your hands up where we can see them,'" said Marge

Murphy, a receptionist at the clinic.

Dr. Jonathan Wright, who is clinic director as well as a licensed medical doctor, claimed the raid was part of a vendetta against doctors who practice homeopathic medicine.

In South Sound, Virginia Mugar-tegui, co-owner of J-VEE Health Foods, 3720 Pacific Ave., said the raid was another indication of the FDA's attitude toward health food stores.

"They make things difficult," she said. "We have products taken off the market all of the time."

Dan O'Flaherty, owner of Red Apple Natural Foods, 400 Cooper Point Road N.W., said the FDA was out of line.

"This was a place for the healing of sick people. They acted like it was a crack house," he said. "They came in with their guns drawn, kicking open the door."

Wright, detained briefly by FDA agents, said they appeared to be targeting his use of injectable B-

vitamin complex. Because he treats many people with allergies, Wright said, he imports from Germany the only injectable B-vitamins made without preservatives or additives.

"They're used all around the country," Wright said. He was not charged with a crime, but the clinic remained closed Thursday morning.

FDA officials Thursday refused to comment on the raid. Agency spokeswoman Lisa Elrand in Seattle referred inquiries to the U.S. attorney's office, which also declined comment.

In a search warrant for Wednesday's raid, the FDA said it was looking for various liquid supplements from Germany, including vitamin B and extracts from animal adrenal glands. Agents also sought an allergy-testing machine called Interro and purchase records for the equipment and supplements.

The Tahoma Clinic serves about 1,200 patients.

## A WOMAN WHOSE FACE HASN'T AGED IN 70 YEARS

(Can Scientists Unlock the Secrets of Aging?)

### QUESTION:

A recent tabloid had a story about a woman, 91 years old, who has a face of a teenager, but the rest of her body, from the neck down is shrivelled and aged like a woman of about 90 years old, and I'll read a little of this story. It says:

Doctors are exploring the mystery of a 91-year-old great-grandmother whose shriveled body has been ravaged by arthritis, heart disease and emphysema—but whose face hasn't aged in 70 years!

"This woman has presented us with one of the most profound medical mysteries of our time," said world-renowned geneticist Dr. Gerhardt Dreckman.

"If we can determine the cause of the unique aging pattern noted in this subject, we may find we've moved many steps forward in our quest to prolong life and ease the ravages of time.

"The bottom line is, the lady's genes may hold the key to eternal youth for all mankind."

Her doctor, Dr. Fritz Ortner, recalled how startled he was when Amanda Ridenour came into his office for the first time in 1964.

"It was the first time I'd ever seen a woman with a 65-year-old body and the face of a teenager," Dr. Ortner said.

"At first I thought this was a very young woman with some tragic aging disease. That sort of thing is not unheard of. Then I learned that Mrs. Ridenour was born in 1899, and I realized her body was perfectly normal for a woman her age. It was her face that was a medical marvel.

"Even today, her eyes are bright and clear, her skin from the neck up is smooth and unblemished. She has the kind of face any young man could fall in love with.

"But from the neck down, she is a typical 91-year-old woman with only a short life span remaining."

For years, remarkable Amanda resisted Dr. Ortner's pleas that he be allowed to tell her startling story to the world.

"Dr. Ortner and the others convinced me I have something to offer that could help mankind for centuries to come," she said later, "so I told them if it's that important to medical science, I'll be their guinea pig."

Now a team of geneticists and other specialists is performing tests around-the-clock in an effort to uncover the secrets locked inside this fascinating lady.

"It is not farfetched to say that what we learn by studying this woman could change the way humans live from now until the end of time," Dr. Dreckman said.

That's briefly what the article covers. If this story is true, could Awareness elucidate on this phenomenal woman?

### COSMIC AWARENESS:

This Awareness indicates that it appears this story is true. It appears there is an unusual fluke in her genetic codes in which a certain portion of the genes do not carry the usual qualities that are associated with the aging condition. This Awareness indicates that this is not something that can be described because there are no terms available in your language for the particular things that are involved in this situation. This Awareness indicates that this may be forthcoming from the results of medical examinations and genetic research into the pattern of her genes.

### FOLLOW-UP QUESTION:

They do reproduce a photo of her and it's precisely as described: A very young teenage-looking face, and then from the neck down, shrivelled up. Does Awareness have a closing message?

### COSMIC AWARENESS:

This Awareness indicates that there are many things occurring on your plane which could bring about a new reality for the human condition that could benefit and lead to prolonged lifespans and increased health for humans, during these prolonged lifetimes. Whether this will transpire under the ominous political conditions or will be given back seat on the back burner is not yet seen clearly.

15. This Awareness indicates that you stand on the threshold of the possibility of a great leap forward for humanity or for a kind of degeneration; that the coming months may make this distinction clear as to which way humanity will move.

This Awareness suggests that entities energize the highest and best for the human conditions during these coming months.

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AT 91, Amanda's gnarled fingers betray her youthful face.

**Born in 1899,**  
**body has**  
**aged but**  
**she has**  
**the face of**  
**a teenager!**



TEENAGER Amanda in photo taken around 1915.

QUESTION:

On May 8th, according to Peter Jennings on his TV news, he said that since the Los Angeles riots, the National Rifle Association is getting new members at a rate of a thousand or more daily. Does Awareness see this as being particularly significant in light of the force that is out to get all the guns out of the public's hands?

COSMIC AWARENESS:

This Awareness indicates that it appears that this served many entities as a warning that they are not safe in their homes, even in suburbia, and therefore, many who saw these actions occurring in a highly civilized city became concerned that they might themselves at some point in the future become victims of a riot or civil strife situation where they could not rely on police protection and whereby they would need to defend themselves.

This Awareness indicates it appears that the action is that which helps to strengthen the citizenry need or perception of the need for self protection through the use of weapons. Much of this is nothing more than psychological and gives a feeling of security to know that they have some kind of self-protection which they can rely on.

This Awareness indicates it is interesting to note that the cities of some time back, one of which passed a law requiring all citizens, all heads of households to own a gun, and the other city which passed a law requiring the banning of guns, now take stock of their situation since that time, approximately 5 years previously, and the city that had the gun requirement has had no murders and has had no problems with the gun owners, and the city that banned the guns has had some intrusion from outside citizens coming in with guns, but in general this was minor and therefore, neither of these small cities report much change in their situations.

This Awareness indicates that obviously, a city that is well-known for having a requirement that all homes have guns is not going to be the target of outside intruders coming in to rob houses or to create problems for the citizenry, since such intruders would be well aware of the gun law, the law requiring citizens have guns in their homes, and therefore, that city had no serious problems.

The danger, of course, would not be from outsiders so much as from insiders using guns on each other or from children finding loaded guns in the home and playing with them, and discharging them accidentally, or in play. This Awareness indicates that fortunately, this did not occur during this 5 year period.

This Awareness indicates that the greater consideration in regard to the arming or disarming of the American people has to do with whether or not the people trust their government officials, the bureaucracies, the SWAT teams, the police, the secret agencies and intelligence agencies, and their motives and the plans of the government officials in dealing with the masses in the public during future times.

If entities could fully trust that their government will always work for them and not *against* them, then they would not have any great need for owning guns, but if entities cannot fully trust this, if they have the fear of a totalitarian leader eventually taking control of the country through crooked or real electoral processes, then they might want to retain guns just in case they find themselves in a civil war or in some kind of riot-torn cities and situations where the police are more interested in the control of their own self-interest and personal favorites than in protecting the average citizens.

This Awareness indicates that in such a situation entities might want to have guns in their homes. If all Americans were disarmed, if there were no guns among the masses, and only the government and only the police had guns, it could



"I'd like to thank you for supporting family values."

very easily become a totalitarian state in which the masses became herded as cattle into various kinds of work, into various kinds of situations, so that the undesirables could be weeded out and herded off into concentration camps or gas chambers or such with no one able to object.

This Awareness indicates this is also a concern that many have, for those that witnessed World War II, the nations of Germany still creates an image in its handling of Jews and others which serves as a warning for all nations and all people not to trust the government of any country to the point of total disarmament, for any government can eventually, under certain circumstances, become corrupt.

VITAMIN B-6: WILL IT PREVENT KIDNEY STONES?

QUESTION:

There's a recent newspaper article that claims that Vitamin B6 prevents kidney stones with no side effects. They studied 100 kidney stone patients in India, and the stones stopped forming in all of them after they began taking Vitamin B6 and there were no side effects. The vitamin interferes with the body's production of oxalic acid, which is involved in the formation of kidney stones. This kidney specialist said he gave his patients 200 to 300 mg. of B6 a day to combat stone formation. He says you can safely take up to 300 mg of Vitamin B6. He says larger doses may create side effects, but not at this level. Is this information valid?

COSMIC AWARENESS:

This Awareness indicates this is in the affirmative, that this can be of considerable benefit. It also has other benefits.

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