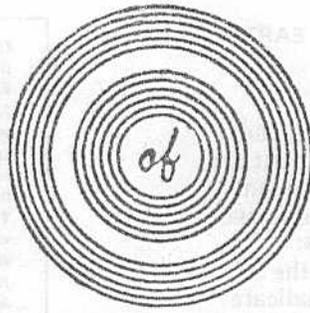


# Revelations

THE COSMIC NEWSLETTER  
( UNCOVERING THE MASK OF ILLUSION )



# Awareness

Cosmic Awareness Communications  
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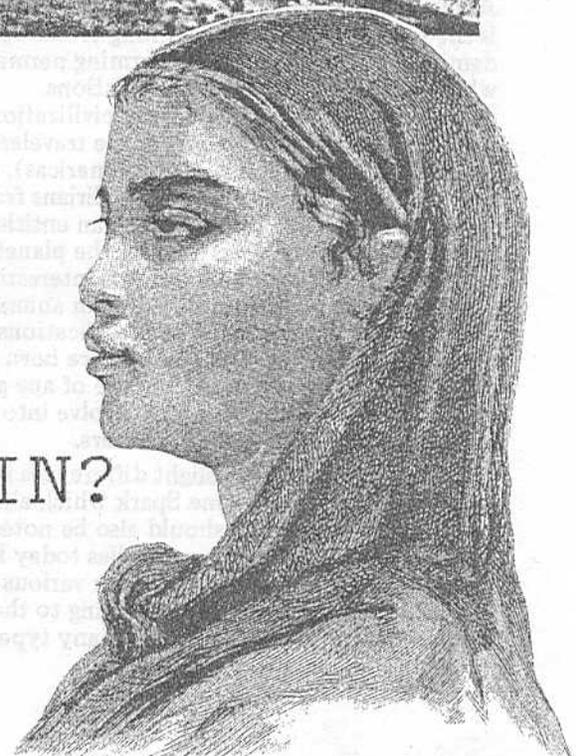
ISSUE NO. 437



"WE ARE PART OF A MAGNIFICENT CREATION"

THE FAMILY OF MAN :

WHERE DID IT ALL BEGIN?



CAC General Reading, Feb. 4, 1992

QUESTION:

In the last reading we were discussing channeling, and I had one question left that I'd like to ask now about a method this entity uses. Also, is the channeling he sent us, which I'm about to read, particularly valid information? It's from J.J. in Seal Beach, California. He writes:

"I am writing in reference to issue 392, 91-17, the section about the origin of the races. My inner sources indicate that this contains some substantial distortions. I believe that I am able to channel Awareness so I produced what I think is a more accurate version of this information.

My channel works differently than the trance type that has been used in your publication. Information comes to me as thoughts in a normal conscious state. I use a 'Yes-No' signal that is in the form of a body movement which allows me to keep a check on every word that appears in my mind. I believe that this signal is operated by my spiritual master who has thereby made it possible for me to use my intuitive ability to produce specific messages. If you are interested, I would be happy to send you more of my work. Sincerely, J.J."

Now I will read his channeling on origin of the races:

"This Awareness indicates that the origin of the races as that which proceeds from five basic groups. The first group to inhabit earth as entities similar to the human known today was the Lemurian race. These entities were made by genetic engineering which was done by Sirians on the highest ape of that time. These people evolved away from the animal traits and became more and more human-like as time went on.

"In their long history they evolved into an advanced civilization and when the cavern worlds that they inhabited flooded and sank, most were killed. A few remained alive and were forced to live on islands and became surface dwellers. This is the origin of the Polynesian tribes.

"The second group was the Atlantians who were genetically invented by Pleiadians and transplanted onto earth. They were caused to evolve quickly by the influence of their creators, and they interacted with other races which came later.

"The Atlanteans were white-skinned and they mixed with other races to form such groups as the Indians (India), the Arabs and Jews, and the Filipinos. The white race of today is the result of Atlanteans coming to Europe before the demise of the continent and forming permanent colonies which later grew into large populations.

"Near the end of the Atlantean civilization, the other three groups were formed by space travelers from Arcturus (Chinese), Vega (Indians of the Americas), and Sirius (Blacks). The Blacks were modified by the Sirians from their original state as slaves made by the Reptilian entities.

"In view of the original state of the planet being that which was not inhabited by humans, it is interesting to note that the first humans were modified from animals while groups that came later were made as modifications of the space travelers themselves. The Blacks were born from a combination of reptilian genes and the use of ape genes but were later modified by the Sirians to evolve into humans with the same characteristics as all the others.

"Today there are only slight differences in the races and they all contain the Divine Spark which allows them to become enlightened. It should also be noted that most souls who are appearing in human bodies today have incarnated into all the other races during their various past lives. To fulfill the requirements for ascending to the Divine Awareness, each soul must go through many types of experiences.

COSMIC AWARENESS is the Force that expressed itself through Jesus of Nazareth, the Buddha, Krishna, Mohammed, Edgar Cayce and other great avatars who served as 'Channels' for the 'Heavenly Father' and who speaks again today as the world begins to enter the 'New Age' of spiritual consciousness and awareness. Since 1963 Cosmic Awareness has been communicating through carefully trained channels. This information is for those who desire to help in bringing in the New Age. Throughout the thousands of 'Readings' given through these various channels, Cosmic Awareness tells us not to believe anything, but to question, explore, doubt, and discover for yourself, through your own channel what is the truth. Cosmic Awareness will only 'indicate' and 'suggest'. Neither C.A.C. or any of the Interpreters is responsible for anything Cosmic Awareness states in any of these readings, nor does C.A.C. or the Interpreters necessarily agree with the statements of Cosmic Awareness. The Interpreters interpret the energies as they see them in trance levels and are not personally responsible for what is said. The Interpreters published herein have no connection with, nor control over the editorial comments and material, including illustrations. This is entirely the responsibility of the editor. Members of C.A.C. are invited to send in questions of general interest to ask Awareness for possible publication in this newsletter.

Paul Shockley, Interpreter

Some are crude and some are sublime but all are necessary to bring the soul to maturity."

Would Awareness comment first on the channeling, regarding the races?

COSMIC AWARENESS:

This Awareness suggests that this be reread to allow comments during the reading. This Awareness indicates that of course this is a channeling looking at the races. This Awareness has not given information pertaining to the creation of the races; It has simply touched on the creation of the cro-magnon type of human in *Its* discussion of the extra-terrestrials or Greys in their genetic experiments with humans, *It* was not speaking of races as this entity's original question would imply. Therefore, it is not seen that there is a discrepancy in what Awareness has given in the past and what this entity is giving at this time for this Awareness has not commented yet on this particular issue.

This Awareness suggests that the entity's material now be read for this Awareness to issue comments.

BEGINNING OF STATEMENT IS READ:

"This Awareness indicates that the origin of the races as that which proceeds from 5 basic groups. The first group to inhabit earth as entities similar to the humans known today was the Lemurian race."

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COSMIC AWARENESS:

This Awareness indicates that the Lemurians were of a very old historic origin on this earth, and there is seen no disagreement in this entity's comment in this regard. This Awareness suggests that these entities did at one time have inter-space travel; there were visitations from other planetary systems to and from Lemuria. This Awareness suggests this continue.

STATEMENT:

"These entities were made by genetic engineering which was done by Sirians on the highest ape at that time. These people evolved away from the animal traits and became more and more human-like as time went on."

COSMIC AWARENESS:

This Awareness indicates that *It* sees the genetic engineering as that which produced human genes or Sirian genes into the animal kingdom to produce apes. That it was not so much that the apes were made to evolve toward the human by these Sirians, but that the humans added certain human genes to the apes, or to those creatures of anthropoidal nature and altered them somewhat. The humans were the Sirians and had their development already intact.

The effort to alter the apes was a separate experiment. This Awareness indicates that there were alterations in the apes or anthropoid types. These were not as widespread as many would believe. This Awareness indicates however, the Lemurians in general were descendants of the Sirians, and some genetic engineering made use of genes from animals to give the Sirian humans a kind of stability that allowed them to survive on the earth plane which was necessary for the survival due to harsh conditions.

This Awareness indicates this had to do with certain qualities of the native anthropoidal beings which were used to the environmental conditions, whereby these qualities added to the Sirian natural physical bodies, and gave them the greater survival ability on the earth plane and the ability to adapt themselves to the life conditions on the earth.

This Awareness suggests the message continue.

STATEMENT:

"In their long history, they evolved into an advanced civilization."

COSMIC AWARENESS:

This is in the affirmative. This Awareness indicates this reaching a peak of civilization approximately 200,000 years ago; that these entities did have a high civilization based not so much on materialism and material technology as on mental and psychic technology. They were able to do with their minds things that later the Atlanteans did with tools and equipment.

This Awareness indicates that during this time, they continued to have contact with Sirian entities and travelers and there was a degree of trade between the two worlds. This Awareness indicates that the civilization began to diminish approximately 100,000 years ago and approximately 50,000 years ago was more or less at its destruction, wherein the seas began to rush over the lands and waters entered into the caverns.

This Awareness suggests the message continue.

STATEMENT:

When the cavern worlds that they inhabited flooded and sank, most were killed.

COSMIC AWARENESS:

This is in the affirmative.

STATEMENT:

"A few remained alive and were forced to live on islands and become surface dwellers.



COSMIC AWARENESS:

This is in the affirmative.

STATEMENT:

"This is the origin of the Polynesian tribes.

COSMIC AWARENESS:

This is in the affirmative, to some extent. Many of the Polynesians actually migrated to the Pacific from Africa, from northern Africa, moving eastward through India, Indonesia and into the Pacific. These entities brought some of the Western teachings with them into these Polynesian lands.

STATEMENT:

"The second group were the Atlanteans who were genetically invented by Pleiadians and transplanted onto earth."

COSMIC AWARENESS:

This Awareness indicates that there were those who were called Atlans who were space beings, who lived in what is now known as the Atlantic. These entities became enemies of the Lemurians early in the time of Lemuria. Atlantis, or the Atlanteans were a group whose origin was found on Mars through genetic engineering by the Greys, in particular, the Orion Greys.

This Awareness indicates that these entities from Orion, using genetic engineering, created the Semites and certain of the Atlanteans that were most advanced in a civilization during the time of the decline of Lemuria. This Awareness indicates that in actuality, the civilization on Mars was at its highest nearly a million years B.C. and had undergone a great decline by the time the Greys used it as a genetic engineering base for creating the latter Atlanteans.

The original Atlans used the Mars bases; these entities were not the same as the Atlanteans, they were called Atlans and their origin was that which was from beyond the solar system. These were the early enemies of the ancestors of the Lemurians, those who were on earth long before the Lemurians.

STATEMENT:

"They were caused to evolve quickly by the influence of their creators and they interacted with other races which came later."

COSMIC AWARENESS:

This is in the affirmative. This Awareness indicates that some of these other races included the Semites; that the white race as known today, first arrived in the Caucasus area in Russia or the Caucasus mountains, and prior to this arrival most Atlanteans were what would be termed red-skin or closer to the American Indian in terms of race.

The Atlanteans at the sinking of Atlantis moved into Central and South America and were known as the Mayans. That the Atlantean Mayans moved further into South America and spread into different tribes, taking on different names and a small number keeping the name Mayan, and these entities are not the same as the Mayan of modern history, but as ancestors to these entities.

This Awareness suggests the information continue.

STATEMENT:

"The Atlanteans were white-skinned and they mixed with other races to form such groups as the Indians, (India), the Arabs and Jews and the Philipinos. The white race of today is a result of Atlanteans coming to Europe before the demise of the continent and forming permanent colonies which later grew into large populations."

COSMIC AWARENESS:

This Awareness indicates that the whites arrived in the Caucasus mountains near the time that Atlantis went through its final sinking; this being approximately 10,000 B.C. This Awareness indicates that these whites came in spacecraft. This is not to say that no whites had ever before arrived on earth; there appear to have been some who arrived on earth previously but they were not the main settlers of Atlantis.

This Awareness indicates that these entities appear to be those who were from the Pleiades; some also being from that star system known as Lyra. The Pleiadian and the Lyrian entities are closely related in genetic terms.

STATEMENT:

"Near the end of the Atlantean civilization, the other three groups were formed by space travelers from Arcturus (Chinese), Vega (Indians of the Americas) and Sirius (Blacks). The Blacks were modified by the Sirians from their original state as slaves made by the Reptilian entities."

COSMIC AWARENESS:

This Awareness indicates that this previous set of statements appear to be accurate; that the Atlanteans had very little influence of the white race involved. Mostly, those who were white were visitors from Lyra or from the Pleiades; that there were strong Vegan influences in Atlantis. This Awareness indicates that these influences from Vega appear to have given Atlantis much of its higher technology, and Atlantis did have space travel or had contact with space travel to and from its shores and airports, or bases.

Continue.

STATEMENT:

"In view of the original state of the planet being that which was not inhabited by humans, it is interesting to note that the first humans were modified from animals, while groups that came later were made as modifications of the space travelers themselves. The Blacks were born from a combination of Reptilian genes and the use of ape genes, but were later modified by the Sirians to evolve into humans with the same characteristics as all the others."

COSMIC AWARENESS:

This Awareness indicates that this relates to that which this Awareness has given in the reference to Enlil and Enki, in the time of Sumer and Ur; this approximately 20,000 years ago in that which is Mesopotamia; that this in the area of the Tigris and Euphrates rivers where the so-called origin of civilization began. It was not so much the origin of the races or the origin of humanity, but it was a new origin of civilization in that agriculture was introduced during that time. The agriculture which has continued to this day, where certain fruits, vegetables and crops were given to these entities and have spread throughout the world from that area, and whereby these entities were the first of a creation of the cro-magnon type of human, or that which has been called the prototype for Adam and Eve.

This Awareness indicates that Adam and Eve in this sense were not of the white race, as many believed, but were of the black race. This Awareness wishes of course to clarify this, in suggesting that Adam and Eve were not single individuals; they were a type of human, but as one would say the first



cro-magnon human on earth was of the black race rather than of the white race, male and female were they.

This Awareness indicates that Adam represents the cro-magnon type of person, the Homo erectus, the entity who stands erect as compared to the earlier Neanderthal types. This Awareness indicates that after these creations, the white race appeared approximately 10,000 B.C., and began to have their influence spreading from the Caucasus mountains southwards into India and into Egypt. This became that which is called or known as the origin of the Great White Brotherhood.

The entities came to teach and to establish civilizations among the masses who were already present on earth. These entities were of Pleiadian origin and in their own way created a certain new element in the civilizations of nations that in some ways benefited and in some ways proved detrimental to others. Their influence helped to establish the caste system in India, but also helped to introduce an organizational system that allowed for many people of many levels to receive benefits from society in general.

The organization of medicine, law, governing and construction came from these entities and helped to take humanity out of the more primitive agricultural and nomadic wanderings of tribes into cities and towns.

This Awareness suggests that the information be continued.

STATEMENT:

"To date, there are only slight differences in the races, and they all contain the Divine Spark which allows them to become enlightened."

COSMIC AWARENESS:

This is in the affirmative.

STATEMENT:

"It should also be noted that most souls who are appearing in human body today have incarnated into all the other races during their various past lives."

COSMIC AWARENESS:

This is in the affirmative.

STATEMENT:

"To fulfill the requirements for ascending into the Divine Awareness, each soul must go through many types of experiences. Some are crude and some are sublime, but all are necessary to bring the soul to maturity."

COSMIC AWARENESS:

This is in the affirmative.

This Awareness indicates that one further comment is seen; that the yellow race as that which also had its early history in caverns underground and in the center, central earth. There was much subterranean origin to this race. They spent some of their earlier history under the surface rather than on the surface of the earth.

## QUESTION:

The way this entity channels: He says, "My channel works differently than the trance type that has been used in your publication. Information comes to me as thoughts in a normal conscious state. I use a "yes/no" signal that is in the form of a body movement which allows me to keep a check on every word that appears in my mind. I believe that this signal is operated by my spiritual master who has thereby made it possible for me to use my intuitive ability to produce specific messages."

This is a type of channeling I hadn't heard about. Could Awareness explain this please?

## COSMIC AWARENESS:

This Awareness indicates that there are certain techniques used in hypnotherapy wherein entities can be trained to use their subconscious to answer questions yes or no, and often it is somewhat likened unto the use of the pendulum, but they will train the entity to use, for example, a finger, to have the finger move up or down or to quiver for an indication of "yes", or a different finger to raise for an indication of "no", perhaps having still another finger for an indication of neither yes or no, such as "uncertainty," or "maybe."

This Awareness indicates that in hypnotherapy, one can first establish the finger movements which become fairly easy to establish because the body can respond with finger movements somewhat easier than with words being spoken in some early stages, and therefore entities can ask themselves questions or someone can ask the question and watch the finger movements to get yes and no answers.

This Awareness indicates that this is easier than using a pendulum, and can be reliable in a similar way, perhaps even more reliable than a pendulum, and because it is a finger movement, it does not disturb the entity's focus as much as speaking might disturb one's focus. This Awareness indicates that it appears that this relates somewhat to the nature of signal or communication that is being described by this entity, although his situation appears to vary somewhat from this.

IS COSMIC AWARENESS CONTACTED BY THIS METHOD?  
(How Entities Reside in All Dimensions at the Same Time)

## FOLLOW-UP QUESTION:

He says he believes the signal is operated by his spiritual master.

## COSMIC AWARENESS:

This Awareness indicates it appears that this is coming from his Higher Self, which is himself in a higher dimension. This Awareness reminds you that each entity resides in every dimension and entities' Higher Selves are actually themselves in a higher dimension and many entities have contact with themselves in that higher dimension. There are still other dimensions beyond that which few entities are able to contact consciously to discover all of their multidimensional aspects.

## FOLLOW-UP QUESTION:

Is this entity then essentially contacting Cosmic Awareness with this method?

## COSMIC AWARENESS:

This Awareness indicates that this does not appear to be the same. It appears to be an aspect of the entity's own higher consciousness, which in turn has some contact with still higher consciousness levels which is in touch with this Awareness. This Awareness wishes entities to understand that it is very difficult to explain clearly what is meant in such a statement, but it is likened unto asking if one sticks one's hand in a faucet, is the entity in contact with the river?

In a sense, yes, one is in contact with the river from which the water comes, but in another sense, no, this is not the river; this is a faucet. The river is out there about ten miles away and if you want to be in contact with the river, you need to go there. This Awareness indicates that either statement is true or either statement is false, for indeed, if you are getting the water from the river, and you turn the faucet on, are you not in touch with the river?

Therefore, to say you are not, would be a false statement. This Awareness indicates that to say you have to go ten miles to be in touch with the river is not really true, in a sense, but if you were to say: "Yes, this is the river coming from this faucet," then you have to explain carefully if the child or person you speak to does not really know what a river is, you have to explain carefully what you mean.

This Awareness indicates that all of spirit is Cosmic Awareness. Even if it is the expression of an individual's personal mind, there is an aspect of Cosmic Awareness coming forth through that entity, and it would be accurate to say "No, this is not a channeling of Cosmic Awareness, but it would also be inaccurate to say "Yes, this is a channeling of Cosmic Awareness," from what another might mean, when speaking more technically of the term.

This Awareness indicates that from one point of view, the entity is channeling Cosmic Awareness, but it has been filtered, stepped through various levels into Beta consciousness so as to be interfered with before being translated into words and therefore, it is not the same kind of channeling of Cosmic Awareness even though information can still be accurate. This Awareness indicates that information, to be accurate, does not have to come from this Awareness. Information can be accurate from a school child working on mathematical problems or from anyone with good intuition or good logical abilities or good mental abilities.

This Awareness indicates however, that some information, reaching into areas that go beyond ordinary perception and mental levels, may need to tap into levels of Cosmic Awareness to find answers, to find reasonable information. This Awareness indicates that the entity's information in many regards is accurate, and if the entity were lying down and giving readings, it might be no more accurate or it might be more accurate. It is hard to say how it would work unless the entity gave it a try.

## Channeling Awareness From a Computer

This Awareness indicates that this channel for this Awareness does not have to lie down to give readings from this Awareness. He can also give readings in front of his computer, typing on the keyboard, but it is somewhat easier if there are energizers present and the entity can simply lie down and let the words come out the mouth, rather than through the fingers and through the keyboard onto a word processor. Plus, the entity also has the energizers to help keep the energy up for a longer duration.

This Awareness indicates that the entity Dan Spivey also has found that he can channel through the use of keyboard at his computer. This Awareness indicates that there are advantages in both ways. One advantage of the keyboard and the computer is that the entity can take more time and look more deeply for answers to questions without being concerned that the tape is running and time might run out, since one can only remain comfortably in a trance for a certain period of time.

One sitting before a computer can fade in and out of a trance for quite a long period of time or could even take a break and come back to it after ten or fifteen minutes and pick up where one left off, so there are certain advantages in using

a computer and word processor for channeling, and there are also other advantages in lying down and letting the words flow from the mouth.

It is much quicker in the prone position, and letting the words come forth from the mouth to be typed later. This Awareness indicates that the type or manner of channeling is not so much important as the clarity and accuracy of one's channel, and this can be tested over long periods of time.

#### WERE THE EGYPTIAN PHARAOKS AND PEOPLE BLACK?

##### FOLLOW-UP QUESTION:

In reference to the races, is it true that contrary to Cecil B. DeMille and other Hollywood producers and actors like Yul Brynner, that the Egyptian Pharaohs, Ramses and so forth, and indeed, the Egyptian people were not white, but were black?

##### COSMIC AWARENESS:

This Awareness indicates that these entities were more dark skinned. There was of course some influence by this time from the red-skinned Atlanteans and there were indeed some influences on the Atlanteans of some lighter complexion, particularly among the Semites; that therefore, these entities were not always totally dark-skinned, but might be somewhat lighter or darker in variations of the culture.

In other words, even in early history the Egyptians had variable complexions but in a general sense they were much more darker than at present time. This Awareness indicates that much of the complexion was caused not so much by race, but by the skin pigmentation caused by the hot sun. The sun being such that those who had darker skin became stronger and lived longer and healthier lives as they did not burn as easily or experience the radiation from the sun to the same degree, such radiation weakening the genetic structure of those who were lighter skinned.

This Awareness indicates that this tended, over eons of time, to produce a more dark-skinned race in those hotter areas as the race of people more capable of surviving than those who were of lighter skin, but those in more Northern areas where the temperature was not so hot, did not have this problem as acute, and therefore, the lighter-skinned person could still survive without such long-term weakening of their genetic structure.

This Awareness indicates that this was but one part of the equation. The other part being that in approximately the year 10,000 B.C., the Pleadians landed in the Caucasus mountains and began slowly migrating southward and northward. Those that went south intermingled with others and the skin-tone gradually lightened, except in the more remote areas of the jungle where these entities did not penetrate.



UPI/BETTMANN NEWSPICTURES

6.

#### WHY PREJUDICE AGAINST BLACK AND BROWN RACES? (Cosmic Awareness Explores the Subject of Prejudice)

##### QUESTION:

A question from A.M., Long Island City, New York. "Is there any basis in history or karma or evolution or whatever, for the seeming inherent dislike of the black or brown race? It seems that many people as well as groups harbor an almost subconscious or instinctive repulsion of these races. Since it seems at times to be groups of white or lighter skinned races, I wonder what the karmic history of this might be. Could Awareness comment?"

##### COSMIC AWARENESS:

This Awareness indicates that this is inherent, not particularly because of race, but because of the nature of human consciousness, wherein entities dislike anything that is different from themselves. It is also common among chickens of different colors, but even that has been known, wherein a chicken will be different from the others, it becomes a target for hostility among the chickens and they will pick on that chicken simply because it doesn't fit with their idea of what is normal, or what is proper.

This Awareness indicates that people want things to be similar to themselves so that they are the norm, and everyone has to come to their normal standard, otherwise they might have to fit into someone else's standard of normalcy. This Awareness indicates that for this reason entities develop certain standards in society, certain ideas of what is normal, and it is very difficult to break away from these prejudices. A prejudice is a pre-judging of what is normal, of what is proper, and if entities have a pre-judging idea of what is proper, anyone who doesn't fit in that pre-judging of properness is met with hostility and derision. This Awareness indicates that therefore, in a society of whites, unless there has been some kind of education or programming to help the entities get away from their natural prejudices, then the entities may quite likely express prejudice toward those who are different. This Awareness indicates that you can see this even in terms of the size of entities. If you are in a room filled with tall people and there was one short person, which entity in that room is going to be looked down upon the most? This Awareness asks you to excuse the pun.

This Awareness indicates that it just happens that anyone who is different will receive more of a feeling of being out of place than those who are equal and similar in nature. If the entities are all short and one person is excessively tall, that entity is outstanding and standing out will receive the most attention and may even be the brunt of jokes and criticism.

This Awareness indicates that if a society is short and one entity is excessively tall, those who are short do not see themselves as short, they see themselves as average, as being standard for society. The excessively tall person is the one who is out of place; thus, the shorter persons are going to look at the tall person as if he was some kind of freak or unusual oddball and this entity might become the brunt of derision or jokes or hostility.

This Awareness indicates that it is the nature of entities to be critical and take notice of entities who are different. They also tend to be suspicious that there is something wrong with entities who are different. If an entity is born with a tail, that entity is likely to be branded as the devil's child, or some kind of demonic creature, and yet it might simply be a freak of nature, a throwback of some kind of genetic problem during the fetal stage prior to childbirth.

This Awareness indicates that it is natural for entities to take a position of prejudice toward those who are different, and if the child is born with a tail it is natural that the masses will feel hostile toward the child, not because the child can do something about it and didn't, but because the child is different, and doesn't meet the standards of society.

This Awareness indicates that it requires education before entities can understand that sometimes things happen and things are not able to match the standards in all cases, or the standards held by a society are only unique to that society and not to all others. The white person who travels into a black society also can feel out of place and it is natural for those in the black society to be suspicious of the one who is white.

This Awareness indicates that prejudice is a problem everywhere and there is no real excuse for it. It is simply an indication of a lack of education; it is an indication of one's ignorance. This Awareness indicates that there is a difference in cultures, there is a difference in genetics and some entities like the qualities of another race, while others will dislike those qualities, and often it has nothing to do with logic or reasons for the liking or disliking; it is simply the bi-product for already held prejudices.

If one enters the situation with one's mind already made up, then naturally the entity will react according to his own already formed opinion and will have an opinion that is formed with reasons to support that opinion, even if no good cause is available to support the reason for the opinion. This Awareness indicates that there is no mythical racial cause for prejudice against blacks or Jew or anyone, other than that which is formed by entities based upon their own ignorance and belief in the supremacy of their own standard of being.

If one thinks that they are the perfect mold and they see that someone is different, then of course they will assume the other is wrong, but if one recognizes that perfection lies in the differences, art lies in uniqueness, then one can appreciate, one can experience a great joy at seeing the difference presented by the other.

This Awareness indicates that a man or woman who sees his or her manness or womanness as being the absolute right and perfect form may be prejudice against the opposite sex, but if the entity sees the beauty of the difference, that entity can appreciate the opposite sex and the beauty in the difference, and there can be a great union among these different beings whereby they share the wonder of each other.

The same thing can occur when entities appreciate the differences found in racial or national or cultural differences or differences in age or other qualities that have to do with uniqueness that express these entities who are your fellow passengers on the voyage of life.



## QUESTION:

In regard to the Jews, setting aside the various conspiracy theories we're all familiar with, historically, there has been hatred and intense persecution of these entities, yet historically they excel in almost all aspects of life and professions. They excel intellectually, in literature and music and the arts, and most movie stars and television stars are Jewish. They excel as professors in education, and in the medical fields, the law, political leaders, and they have a particular gift in the world of trade and particularly money-making and finance. Most millionaires and billionaires are Jews. Is the persecution of these entities just pure jealousy on the part of others or are they indeed, as some Christians claim, God's chosen people, or does it have something to do with the genes of Jehovah who cloned the first of the Semites?

## COSMIC AWARENESS:

This Awareness indicates that it is mostly due to their ability to survive with greater ease and to do things with greater ease than most entities are capable of. In other words, it is mostly due to jealousy, but there is also hostility because of this jealousy which many entities interpret as a kind of persecution that they receive because the Jews are so powerful or competent that it knocks them out of the competition and therefore, they feel deprived because the Jews have succeeded at their expense.

This may or may not be their illusion, but it is a perception which many hold. This Awareness indicates the Jewish people are competent because they have inherited certain genetic qualities from Jehovah through the genetic experiments with the creation of the Semites which imbed them with a higher natural intelligence, in a general sense, but there is also a certain quality in their culture that helps to instill in them values that make them into generally superior people in that they develop certain types of work ethics and value systems. This comes through their religion and through their family and cultural traditions.

They also have a cultural tradition whereby they tend to encourage and help each other, thus creating a co-creative or cooperative society that gives each other a helping hand, which most other societies fail to do. The majority of other societies let entities struggle on their own; occasionally there will be groups that join together to help each other and sometimes religious organizations will do this also.

The Masons tend to help each other, the Seventh Day Adventists tend to help each other, and by that co-creative and cooperative approach, these entities prosper more than they would were it not for their general help to each other. But the Jews are the culture that has long practised this approach. They will give money for a common cause. They will give time and energy for a common cause. They will work for common causes for the Jewish purposes or for individuals among their group.

This Awareness indicates that in general this is what makes them superior. It is not a mystical thing; it is more of a practical approach. The fact that they tend to be generally more intelligent than the average person can be attributed to their early genetic engineering from Jehovah, but this is not enough of a difference to account for the extreme accomplishments that these entities have carved out in the world for themselves.

Yes, I am a Jew, and when the ancestors of the right honourable gentleman were brutal savages in an unknown island, mine were priests in the temple of Solomon.

Benjamin Disraeli's reply to an anti-semitic taunt by Daniel O'Connell in the House of Parliament

## ARE THE WESTERN UNITED STATES SPECIAL?

( Is It the "Heart Chakra" of the Planet? )

### QUESTION:

In another area, a question from R.P., in Colorado. He writes: "In a personal reading several years ago, Awareness mentioned that there were 60 million Wanderers in the western U.S. That probably accounts for everybody out here and I realize *It* probably meant 6,000 or so. My question is: What is the significance of the western United States? Several sources I've come across either directly or indirectly refer to the western United States as a very important place, as Ramtha has said, in the days to come. "For instance, a group of psychics explored why the Four Corners area was sacred in Native American prophecy. They found that this area was the real heart chakra of the planet and not in Tibet as the Tibetans claim. Another book mentions there are several thousand 'Silver Ray' souls stationed in the western United States and yet, another says the Rainbow Warriors of Native American prophecy have survived.

"Finally, my conclusion is that the western United States will be a place where America will rebuild after economic catastrophe and physical earth readjustments causing migrations to where more aware souls will help the displaced ones. Would Awareness comment on the significance of the western United States in the days to come?"

### COSMIC AWARENESS:

This Awareness wishes to comment first on the statement regarding the 60 million Wanderers; that this appears to have either been a mistake in the interpretation or a mistake in the translation of the tape, or a mistake in the typing of message. It appears that this Awareness intended to say there are approximately 60 million Wanderers in the western world, this including the Americas and Europe, and not including Eastern world of China, Russia and India and those countries of southeast Asia.

This Awareness indicates that the western United States as that which is a relatively new land, having emerged from the sea more recently than other areas of the western world, particularly Europe and the eastern part of the United States, and this western part of the United States as having been the home of the American Indians, many of these entities having been highly evolved spiritually and performed many types of rituals in these western states relating to spiritual matters.

There has been a relatively small amount of war and human sacrifice in the western part of the United States compared to other areas of the world, thus, the area might be considered as somewhat virgin territory and pure in the sense of vibrations, more pure than many of the other areas of the world. This Awareness indicates that it is more sparsely populated than most areas of the world and therefore, and the feeling of space and infinity allows an entity to think in terms of timelessness, in terms of eternity, and in terms of vastness and distance. This allows the entity to feel more free and to get away from those feelings of personal confinement which might hinder one's ability to tune in to spiritual matters. Thus, the entity who is out in a special area, in an area of the sky or land or sea, whereby no significant or threatening energies are bearing down on the entity, it allows the entity to think about the future, about the past, about purpose and direction.

It allows the entity to get in touch with his or her soul, with his or her purpose, with his or her direction, because there is nothing else bearing down to be concerned about. This Awareness indicates that this same feeling that individuals have can be felt by groups of entities and thus, the western world and the western states especially, can become

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places where entities are more free to think, are free to think more freely, or people are allowed to think more freely without having their thoughts poked or blocked or kicked or stifled by someone who wants to control thoughts.

Therefore, the entities can come up with ideas and concepts that could never be conceived in other areas of the world and entities can invent, create, develop ideas, inventions or new ways of perceiving, and thus, the entity or the group or the culture can develop on its own with less interference from tradition and old ways that would stifle the spirit.

This Awareness indicates that you are correct in perceiving that out of the west, many of the great new ideas of the New Age will begin to grow and develop and spread.

### FOLLOW-UP QUESTION:

Is this area the real heart chakra of the planet, and not in Tibet, as the Tibetans claim?

### COSMIC AWARENESS:

This Awareness indicates it is a point wherein there is a special energy. This Awareness does not understand what is meant by the heart chakra of the planet. The planet has no heart other than that which entities feel for the planet in their hearts; that these terms are but metaphorical and artificial in nature and have no meaning to this Awareness.

## ON APPRECIATING ENERGIES

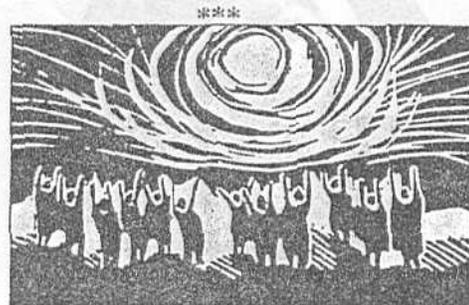
### CLOSING MESSAGE:

This Awareness indicates that there are many energies that come in to play in different ways, whereby entities attune to these energies for a moment and gain understanding and gain insight and then the energies move on, and entities find themselves looking at something else, dealing with something else and having that something else as the central point in their lives, and moment by moment entities move from energy to energy and then rest for a moment, rise and continue dealing with further energies in their lives.

It is important in all the wanderings to recognize the difference in the kind of energies you run across and to make a point of giving special appreciation to those energies which are of sacredness and value to you, for these energies are often sometimes very fragile and sometimes fleeing, and once gone, they never again appear.

This Awareness indicates that these energies may be for spiritual growth, or they may be for some loved one, a child, a relative, a wife, a husband, but these energies need to have your special love, your special attention, your special blessing, for once they are gone, you may never again have the opportunity to relook, to reassess, to reevaluate or to rebel and give yourself or your energies to these.

This Awareness indicates the saddest thing entities can experience is the loss of a loved one, when knowing that they wanted to give that loved one so much love, but never had the time to do so, and now it is too late.



## AS YOUR VIBRATION CHANGES: HOW CAN YOU TELL?

(Teaching Children How to See and Use Energy)

CAC General Reading, June 17, 1994

### OPENING MESSAGE:

This Awareness indicates that as vibrations begin to change, as entities' vibrations move into higher frequency, many entities will anticipate some noticeable change within themselves and feel that nothing is really happening to them because nothing dramatic has taken place.

This Awareness indicates that this anticipation is that which is not fully correct, because to anticipate a dramatic change in your own vibration is very difficult, since when you change your vibration, you seem to adjust to that new vibration. The only way you can really tell whether you have changed is by looking back at what you were previously.

This Awareness indicates it is easy for entities to look back on what they were like last year or five years ago, and see that they have changed somewhat, that they are more attuned to spiritual concepts and spiritual meanings than to feel more spiritual. Entities simply don't feel more spiritual just because they vibrate at a higher frequency. They can only really tell that there has been a change by looking back on themselves to what they were before, and how they would handle certain situations of the past if they came up today. This Awareness suggests therefore, that even as you move into higher states of spiritual evolution, you may not be clearly aware of your movement at the moment.

This Awareness suggests that entities may not have felt much change in themselves as years have passed, but if they look back five or ten years, and remember how they behaved five or ten years ago, they may see that they have changed considerably.

### How to Help Children in Their Evolution: How to See Auras

This Awareness wishes to comment at this point on helping children in their evolution. This Awareness indicates if your children are old enough to understand the concept of energy, it could be helpful for you to have a talk with your child. Take the child into a room where there is light and some darkness, such as in the evening, where a lamp is on, have the child put his or her thumb and forefinger together and pull them apart slightly so that the child can look between the forefinger and thumb at the energy, the aura that appears between these two as they are held against a dark background.

This Awareness indicates with the light shining on the area and a dark background, you can see the energies between the forefinger and the thumb. It is as though you were pinching something, but instead of pinching, you pull the finger apart about one-eighth of an inch, holding them, pulling and closing the gap, you will see that there is energy, an aura between.

Once the child sees this energy and understands what you are talking about when you speak of auras, you can then get the child to look out at trees on a bright sunny day or even on a light day when it is overcast, and the child may be able to see the aura around a tree, when looking toward a cloudy or blue sky background.

This Awareness indicates once you have shown the child how to see these energy fields, you can also help them to see the energy fields around people so that they learn to see auras around people and around all organic matter. This Awareness indicates that with this ability to see energy, you can then point out to the child how people tend to try to get each other's energies when they are in conflict with each other, when there is competition or quarrel; that this is

9. common for entities to deplete someone's energy or win someone's energy and drain them, or whether the entity gives energy to another.

This Awareness indicates that the children may then at some point be able to see the energy as it passes from one person to another. This training, while very simple to a child, can be a valuable training that will help the child throughout his or her lifetime, and as you show the child this energy field that is around everything, the time may come wherein you can also help the child to learn how to gather energy from the world around him or her, how to gather it from plants, how to gather it from simply sitting on the ground and absorbing energy.

Once the child learns to do this, it can be most helpful in terms of his or her health and energy levels and in terms of helping the child to understand the conflicts that entities often fall into so that the child does not simply get into disputes as part of an energy battle, and so that the child does not initiate such efforts to get attention, in order to steal someone's energies.

This Awareness indicates if you can help the entity understand some of the principles that are expressed in the book *The Celestine Prophecy* in regard to energy, you have taught the child a very important lesson that can be of great use to the child, for this information is not likely to be presented in any schools in the near future, and the opportunity for the child to learn this at a young age will allow the child to grow older and perfect his or her understanding of energy in such a way that he or she may become masters in this regard, of understanding the energy and its involvement in relationships.

By the time the child is older, the child could become a true peace maker from the information learned in this regard. This Awareness indicates that you could even help the child as he or she becomes older to understand that many of the wars that occur for humanity are actually wars over energy between nations.

### HOW TO FEEL ENERGY FROM A REDWOOD TREE (Charismatic Healing, Levitation and Dissolving Clouds)

#### FOLLOW-UP QUESTION

For years I've shown my kids how to put their hands under redwood trees, in various places. The redwood tree doesn't have to be full grown; it has these fronds that come out of it, but the bigger the tree the better; and you hold your hands, palms upwards, underneath the fronds of these redwood trees, not touching them, but just about touching them, and you start feeling the energy, and if you hold them there a few minutes, the energy gets so hot, your hands get so hot, you have to pull them away from the fronds of the tree.

Is this the same type of energy the tree has that a child would have or anyone would have in their fingers, as just indicated?

#### COSMIC AWARENESS:

This is in the affirmative. In the redwood tree, the energy grows and strengthens as the hand is held close. This Awareness indicates it should be possible under proper circumstances to see that energy as it moves from the tree toward the fingers, as it is built up between the tree and the fingers.

This Awareness indicates also in the charismatic healing technique, this Awareness has described ways of building energy for healing, wherein the hands come together without touching and pull apart and move back close together, how it stretches the energy between the fingers and hands, the palms of the hands, and by continually moving the hands back and forth toward each other without touching, the

energy field builds between these hands until it is strong, it is felt around each hand, and this too is energy that can be felt and seen when held against a dark background with light shining from the other side.

This Awareness indicates that this can be a way of showing entities how to gather or build energies in their hands to help cure certain things such as headaches or toothaches or alleviate certain pain that might occur on someone's body, or just for the purpose of seeing the energy that can be generated.

#### Using Chi Energy in Karate and Levitation

This Awareness indicates that also, the child could at some point learn to dissolve clouds by staring at clouds, and gain a better understanding of the nature of this auric energy.

This Awareness indicates any person who studies karate far enough will learn about the Chi which is the energy that entities in that art build for gaining superhuman strength. This Awareness indicates that the Karate and Kung Fu schools especially will teach this at some point in the movement toward the Black Belt status, wherein entities learn to build Chi in their body so that they can break bricks, et cetera, without hurting their hands in the process.

It is good to introduce children to this energy while they are quite young, because they can then begin to work with it without being disturbed or thinking it is not real. If the entity is unfamiliar with this until much later being introduced, such as after adolescence, the entity may simply think you are superstitious or trying to put something over on them.

Entities become more skeptical as they get older. If they cannot see it, touch it, feel it, taste it, or hear it, they are very skeptical, but if they can see it while quite young, they can develop the ability to perceive it as they grow older so that it becomes very clear as time passes.

This Awareness indicates also, it should be understood that this same energy is used in levitation of objects, and entities might at some point in their development and use of this energy, accidentally create a levitation of an object. It should not be frightening to them, and the parent should not become frightened or hostile to the child for levitating an object.

It should be simply explained that the Chi from the child's body entered the object and caused it to become opposite in its magnetism so that it formed anti-gravity. This Awareness indicates that there have been instances wherein a child would levitate something and the parent, becoming frightened, would perhaps think it was of the devil, or he had some kind of monster child, and become very hostile and frighten the child and prevent the child from ever doing



such a thing again.

This Awareness indicates that this actually is a natural outgrowth of being able to see energy and use the energy that is present. It is a natural outgrowth of spiritual evolution for entities in being able to recognize the invisible energy around them, that someday they can become more adept at moving such energies such as in the dissolving of clouds or levitating of objects.

This is how the first great pyramid was built, through the levitation of objects, the stones involved.

#### CAN THE ENERGY BE USED FOR REJUVENATION?

##### FOLLOW-UP QUESTION:

Can people learn to direct and control that energy, say, for their own rejuvenation?

##### COSMIC AWARENESS:

They *could* use the energy for energizing themselves, for curing themselves, or for curing others of various diseases, and many entities are capable of this. This Awareness suggests however, that it should be understood that even if you cure another person of their illness, if the mental process or thought or the subconscious emotional trauma that brought on the disease has not been neutralized, it is likely or not uncommon for the disease to return, even after it has been "cured" from such energy.

In some cases, it might take a turn and a new disease or a new expression of the disease could take place in a different area of the body, or in a different way, but the attitude or trauma that brings on the disease needs to be alleviated along with the healing energy input.

#### ANALYZING THE AWARENESS ANTI-AGING INFORMATION

( More on How Quantum Physics and the Mind Works )

##### QUESTION:

R.J. in Vermont expressed a little skepticism in a letter to me about some of the rejuvenation information, and I wrote and told her we're putting together a tape of the affirmations and I'd send her one if she wanted it, and she responds: "The trance tape sounds good. I am still unclear about the notion that our bodies resulted from the activity of our minds. What of the parental ova and sperm? That didn't create our bodies. If anyone was likely to be young forever, it might have been me, since I have never had the slightest idea how to be old. I fully expected to remain youthful forever and was aghast when my face wrinkled horribly, once menopause reduced the estrogen in the body. I look absurd, against all expectations. Skin on my arms wrinkled years ago from sunburn, rather suddenly. Surely the sun did this, and not my aging thoughts! I have a lot of trouble with this sort of concept. I believe in the power of the mind, but physical factors very obviously also apply."

Could Awareness comment on her thoughts there?

##### COSMIC AWARENESS:

This Awareness indicates the entity is correct. You cannot remain youthful forever, even with the power of the mind in operation. However, you can help to forestall aging considerably by your attitude and with proper attitude, you can bring on old age and death very quickly. It can occur in a matter of months if something occurs that alters your attitude about your life and your purpose and things of importance to you.

This is why often an entity will be living a rather healthy life until some trauma occurs which takes away the sense of purpose or reason to live, and then the entity within a year's time may develop a chronic, fatal disease, or otherwise look and become so haggard as to not wish to continue living, and will, in a very short time, be totally incapable of sustaining life.

This Awareness indicates that the mind is capable of doing extremely unusual things. Entities can walk on hot coals. Entities can walk on glass without being cut, under certain circumstances wherein the mind is set against such injury. It can also keep entities from suffering from extreme illness which it would otherwise experience if the mind were not set in a powerful way.

This Awareness indicates however, *It* is not trying to give entities the impression that a little meditation such as was given is going to keep you young forever. This Awareness indicates it is a start at training the mind to think young, it is a start at training the mind to not add aging to one's being from mental attitudes or programming.

This Awareness indicates that some entities who are very capable of focusing and accepting suggestion will find the meditation this Awareness has given as being very beneficial in helping to energize and in helping to forestall the aging experience. Others, who are skeptical, are not likely to experience the same results.

The action is basically that which relies on the concept of suggestion and self-hypnosis or self-suggestion, if that is a better term. If you believe yourself to be healed more from such meditation, then it becomes more powerful. If you say to yourself: "This is doing nothing for me!", then of course it is doing nothing for you.

This Awareness indicates that *It* presented the information in such a way that you or anyone following this suggestion would have an opportunity to forestall aging to some degree, to the degree that you are capable of accepting the suggestions.

#### The Problem With Analyzing Too Much

This Awareness indicates that the problem with analyzing too much is that it can wipe out a suggestion and make it seem absurd, and if the results of an effect depend on one's ability to accept a suggestion, then it wipes out the power or effect of the experiment and the action.

This Awareness indicates that this is the basic nature of quantum physics; that the observer becomes part of the experiment, and if the observer is excessively skeptical of an experiment it will have different results than if the observer participates in the experiment.

This Awareness indicates since the old Newtonian laws wherein one studies matter as if it were some kind of mechanical creation put together and all that is necessary is to learn how it works, the old Newtonian laws now are being recognized as being invalid when compared to quantum physics, which recognizes that not only are these mechanics of creation not subject to absolute mechanical laws, but that they are also subject to attitudes of the onlooker of the mind that explores.

Therefore, no absolute laws can be found to govern matter, because the mind has some influence over the matter. This Awareness indicates that essentially, it is as matter that results in part from the influence of the mind. This Awareness indicates that a good portion of the aging process comes about through the influence of radiation on the physical form.

#### Hypnosis Can Do Amazing Things For the Non-Skeptic

It is possible for entities to hypnotize themselves to such a point that they could take poison or that which would normally kill a person and still survive because they were so deeply hypnotized into thinking the poison was something good for them and this kind of thing could be done.

This Awareness does not recommend that you do it. This Awareness indicates however, it has also been demonstrated by hypnotists that one can drink water, and being told it is alcohol, can become genuinely drunk on the water, and these things are simply manipulations of the mind through suggestion, where the mind does not criticize or analyze but simply accepts what is being told.

This Awareness indicates that it is also a fact that an entity can be told that their body is as rigid and strong as a bar of steel, so that someone lying them across two chairs, with their heels on one chair and their head on another chair, could stand on the middle of the person and the person would not fall, would hold the weight of that person, even if the person were heavier than the one lying rigid and hypnotized.

This Awareness indicates this would be impossible for a person who doubted the suggestion and such entities in being skeptical, prevent the hypnosis from having the results. Does that mean that it doesn't work? Or does that simply mean that the hypnosis or the suggestion loses its power when entities are skeptical?

This Awareness indicates that it simply means that the acceptance of the suggestion needs to be part of the accepted reality if it is to have its proper effect. This Awareness indicates that it is likened unto one who says "I know you can do this! I know you have the strength and the integrity and the determination to accomplish this!" and the entity therefore does it.

If that entity were to question, and not accept the encouragement; if the entity was to say "I don't know how you could possibly know whether I have the integrity, the determination, the strength and the ability to do this, because I don't think you know me that well, and I don't think you know what is going on in my mind!", and if the entity could put up an argument of this nature, to cause one who is encouraging the other to feel defensive and to acknowledge: "Well, maybe I *don't* know this! I think you could do it. You probably can do it, if you really put your mind to it!", then the entity who is objecting and critical and skeptical no longer has the sense of real encouragement from the first person and therefore, they are back to the point of doubting whether it is even worth the effort to try to accomplish this thing.

#### The Mind is the Builder as Well as the Destroyer

This Awareness indicates that in other words, the very act of being skeptical about something which entities perceive as being an intellectual approach, is likely to destroy the faith that may be necessary for it to succeed. This Awareness indicates the mind can be the builder, but the mind can also be the destroyer.

This Awareness indicates that by stating: "I know this will occur, even if I don't believe it!", you can sometimes trick the skeptical mind into accepting: "Oh, I don't believe it, but it will occur anyway!", and this will be helpful in overcoming that skeptical aspect of the conscious mind. You are trying to influence the subconscious, which does not have the critical approach.

If you can get past the conscious mind with such trickery, then perhaps you can have the proper results of your suggestion.

PLAYING "THE ETERNAL MOMENT OF NOW" TAPE  
AS BACKGROUND: HOW EFFECTIVE IS THIS?

(Why Awareness  
Held Back  
the Rejuvenation Info)



QUESTION:

Vikki has been playing the "Eternal Moment of Now" rejuvenation tape in the office quietly in the background, very subdued, with the hopes that even though the people in there are reading and filling orders and doing other things, that the subconscious mind somehow picks this message up.

COSMIC AWARENESS:

This is in the affirmative; that this would be beneficial for them. This Awareness indicates in fact, it may be that it would be more effective in this way since the conscious mind is not interfering and raising questions and creating doubts and skepticism. The words can go through without attention being given to them.

This Awareness indicates however, if entities really tune in to the here and now, and drop the artificial time frame that most people are attached to, and they recognize that here and now expands from the moment into that extension of the moment, to future and past, and that the extended moment can reach far into the future and far into the past, and still be here and now; if entities really understand this and experience it: the experience is the key, not the mentality factor, but the *experience* of this; they will note that they can experience youth at the same time they experience the present and at the same time they experience the future, and thus they break the hypnotic suggestion that the future and the present are necessarily tied to the aging process that is associated with linear time.

This Awareness indicates *It* has, for many years, avoided discussions relating to rejuvenation, even though many entities have asked questions in this regard. *It* has avoided this strictly because most entities become skeptical and raise doubts, and if these doubts and skepticisms are put into rational and intellectual discussions, the results will be that anything said becomes absurd and lacking in conviction.

How can you persuade someone that their faith and their attitude is a factor in aging or remaining young, when you discuss it in terms of intellectual words and the entities do not have faith or attitudes to work with? Entities often try to put everything into words, into logical arguments. They think that logical arguments are the stuff of life.

This Awareness indicates the *experience* is the stuff of life. Logical arguments are nothing more than trying to pick apart the experience to understand, to dissect the experience.

Thus, you take a frog, place the frog on the table, pick it apart, cut off its legs, cut out its heart, cut off its neck, you open up the skin; you no longer have an experience. You no longer have a frog. You have pieces of an argument, pieces of an analysis. You cannot put the frog back together again, even with all the king's horses and all the king's men. The frog has been opened up, dissected, broken apart, and the experience is dead.

This Awareness indicates that it can be done with anything. Does this make it now more settled, so that the dead frog can be proven as fraudulent or not a true experience, or not a true thesis? Does one who analyzes the frog, cuts the frog apart, spreads out the pieces, find the soul of the frog? Can one find the essence of the truth of the frog by such analysis, or is the truth and essence of the frog in the experience of watching the frog hop around the table before dissection?

It is the same with the experience of the meditation. If an entity meditates and from the meditation feels more energy

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and feels younger, is that not what you seek? Is that not the measurement of rejuvenation? But if one starts to analyze and question and cut things apart with the mind, then the entity is going to come out of the experience with all the broken parts from the analysis and the mind saying "There's nothing in here! There is no soul or essence to this experience! It is dead!"

This Awareness indicates that the meditation that this Awareness gave, the Meditation of the Here and Now, was alive when it was given, and entities have not all dissected it and killed it, and entities do not have to kill the experience for each other and for themselves. There are more experiences available which entities need not dissect with the mind, to kill them. Entities can keep them intact and experience the essence of the meditation if it is pleasing to them, if it brings benefits in their experiential levels.

This Awareness asks: Where would the magic be in a romantic relationship if all along the way an entity were analyzing every aspect wherein the intimacy and the feeling and the love was analyzed at each step along the way?: "Why am I feeling this strong attraction to you?", and the entity says: "Well, it is because I have an excessive amount of sperm that needs release!" et cetera, and all of this thinking and analyzing can then become a way of destroying any magic, any subjective experience that the entities might otherwise have had.

This Awareness indicates that too much analyzing, when it comes to experience, can destroy whatever might have resulted otherwise.

ED's Note: The 92 minute tape of the "Meditation of the Here and Now" for rejuvenation is available from CAC for a minimum donation of \$10. For a full description, please refer to "Revelations of Awareness" Issue No. 94-9 (Why the Aging Process Can be Reversed); \$3.00 from CAC.

HOW CAN AGING PROBLEMS BE COUNTERACTED?  
(More on Menopause and Age-Markers and Fire Walking)

QUESTION:

Is it a fact, as mentioned in her letter, that her face wrinkled up horribly after menopause because of the reduced estrogen in the body?, and if so, is there anything that counteracts this?

COSMIC AWARENESS:

This Awareness indicates that there are many ways that entities can help to keep the body from accepting the aging symptoms that are present or accompany time's influence on the body. The aging experience, wherein the body undergoes various changes, is going to occur sooner or later for everyone on earth at a particular or general rate because of the gravity and because of the radiation and because of the genetic structure and programming of individuals, also because of environmental influences and toxins that may perplex the entity, but these things can be somewhat held back.

One of the strongest factors is the mind, and the attitude an entity has, for the mind can cause an entity to turn gray-haired overnight, or the mind can cause an entity to age very rapidly in a very short time, but also, other factors can cause the hair to turn gray, or can cause the hair to be burnt off. Fire can cause the hair to be burnt off. Burning of the skin through solar radiation can cause the skin to wrinkle quickly, or to create sores that lead to premature death as in carcinoma cancer.

This Awareness indicates that there are many things that can lead to the death through aging. Some of the aging should be looked at as injuries along the way, along the road of life, and these injuries to the skin, to the hair, to the body, can be avoided or can be addressed by various means of treatment, or they can be accepted and resented and entities can feel angry and let down because they were injured by the sun or injured by some food or drug they were given or by lack of proper nutrients.

There are many ways that entities' bodies can be injured. This can be called aging, because it has taken place over long periods of time, or it can be called injury. This Awareness sees many of these things as injury. There are some things that result from aging. Aging in the view of this Awareness relates mostly to a cyclic understanding of the nature of the body in terms of its own genetic coding.

Thus a child ages from fetus to baby to toddler to youth, and with each of these movements from one state to another, there is a change in the body. These changes are those which can be effected by the mind and when the entity reaches a certain age, the mind can push toward the adolescence period, causing a young person to become an adolescent, or it can put off the adolescent stage by focusing more on things of interest to a younger child.

Thus, some people enter adolescence at the age of 10, and some as late as 15. This Awareness indicates that others go through their cycles and age, and at some point, certain energies, hormones and various juices of the body begin to undergo change so that the person enters what is called menopause, or some other stage in his or her life that affects the workings of the various organs of the body.

The eyes begin to weaken around the age of 40 and certain other organs begin to have different effects, but these things can be helped or slowed down partly by the mind, and partly by purifying the body, so that if an entity has kept the impurities out of his system throughout most of his life, the organs of the eyes, for example, assuming the eyes receive proper nutrients and avoid toxins, they may be strong and clear up into the fifties and beyond.

This Awareness indicates that this also would need to have the assistance of a mind that believes it is healthy and believes the eyes are strong, for if the mind begins to accept that the eyes have to become weak at the age of 40, they will hypnotize and send signals to the eyes that they are weakening.

This Awareness indicates that if you put the age-markers on the various experiences of the body and you accept these age-markers as being infallible, then of course you are hypnotized into aging at the rate of the normal age-markers that you have accepted. If however, being aware of age-markers, you do not accept them for yourself, and you say "I will remain younger in regard to this age-marker; it is not going to take me over at this time! I will keep it away! I will keep my eyes strong! I will rid myself of any toxins that might damage my eyes, and I will take the nutrients that will keep my eyes strong!", then you can prolong the time of youth and nullify the effects of the normal age-marker.

Thus, your mind is important. The nutrients that you take and the toxins that you rid yourself of play an important part, but your attitude also plays an important part, just as your attitude and your mind play an important part if you are walking on hot coals or walking on glass without being cut.

#### Walking on Broken Glass or Hot Coals

This Awareness indicates that *It* wishes entities to understand that the mind must have some kind of attitude before you will even consider taking the steps to heal through the use of material substances. Thus, you may not believe you can prolong the good vision in your eyes, so if you do not

13. believe this, then why would you even consider ridding your body of toxins or ridding the eyes of any toxins that might have accumulated over the years, or giving your eyes various types of nutrients to make sure that they have the need for good vision, for example zinc, which is important to good vision; why would you even consider taking these things if you feel it is all a matter of fateful timing and that aging-markers are absolute and unalterable?

This Awareness indicates that *It* is attempting to show entities that their mind can have an effect on aging-markers, just as the mind can have an effect on whether they walk on hot coals or not. There are many entities who have demonstrated that they can walk on hot coals. There are many entities who have demonstrated that they can walk on broken glass and not be cut. This Awareness indicates that this is done through powerful suggestions or hypnosis, whatever term you want to use, but a skeptic would say "That's impossible! You can't walk on broken glass without getting cut!"

If the skeptic were there, talking to these people just before they start to walk on hot coals, they would most likely get burnt because the skeptic might convince them that they will get burnt; therefore, the suggestion has to be a major part of the matter of whether they are successful or not, and obviously, the skeptic is right. In all of their life they have known that heat burns flesh. How can they argue with that?

This Awareness indicates the skeptic knows heat burns flesh, if the coals are truly hot, the flesh will burn. Yet, the entity involved in the experience walks on hot coals and doesn't get burnt. Is there something the skeptic doesn't know? Is there something that the skeptic has overlooked? Is there something about the mind that supersedes the physics of reality as the mind believes it to be?

This Awareness indicates that there are many things that entities need to recognize and entities who are beginning to understand quantum physics will be able to understand how important the mind is in its relationship with reality, for any reality that does not recognize the power of the mind is not real, is not a true reality.

#### FOLLOW-UP QUESTION (VIKKI):

Isn't all this a case of the Higher Law superseding the lower laws, and the lower laws are the ones that fall into the mental range?

#### COSMIC AWARENESS:

This is in the affirmative. These lower laws fall into the *sensual* range, the range known and understood by the five senses. The Higher Laws can be understood by intellect that is above sensual domination. If the intellect is not dominated by the senses, then indeed, it is possible for it to understand these higher laws.



Fire-walkers are found in many parts of the world. Kuda Bux walks across a pit of burning coals, without showing any evidence of having been burned, in the first scientifically controlled fire-walk organized by London University in 1936.

SHOULD CAC DISASSOCIATE ITSELF FROM  
LINDA THOMPSON'S "DECLARATION OF INDEPENDENCE"?  
( Some Feedback From a Concerned CAC Member )

QUESTION:

Before we close this session, I would like to read a letter to Awareness from R.J.H. in Orlando, Florida, which may be nothing at all, which I suspect, but I feel we should run this by Awareness. He writes:

"Dear folks: I read most of Issue No. 94-8, the special Hot-Line edition on the 'Declaration of Independence of 1994' with disbelief.

I am amazed that Awareness, Paul Shockley and yourselves could be deluded into advocating this "Declaration of Independence of 1994" which in the final paragraph the signers would relinquish their citizenship and become "free and independent sovereign citizens." The document also promotes an armed march on Washington, D.C. on September 19th. This armed vigilante group will then arrest and try Congressmen for treason. After being found guilty (an expected verdict), then what? Public executions?

In addition, CAC is also advocating that members sign this "Declaration" and carry to others for their signature and spread the "word" through any media available. Anyone that signs this document and openly advocates that others do the same opens themselves up to formal charges of sedition...and deservedly so.

I can't help but feel that Shockley was in an extremely light trance state when he gave this reading (94-8) and is allowing his personal feeling to supervene, sweeping you two along with his message. The spiritual being, Cosmic Awareness, would not endorse such a message because of the obvious ultimate violence that would attend it.

In the past, Awareness has many times refused to divulge information on various subjects relating to the government on the pretext of avoiding unnecessary governmental scrutiny which might place CAC persons at risk. Well, you've done it now! This edition and the "Declaration" will surely bring intense scrutiny, if not a raid and a loss of your tax exemption.

I suggest that the next newsletter modify the content of 94-8 in bold, clear language, disassociating CAC from the "Declaration of Independence of 1994".  
Sincerely, R.J.H."

Will Awareness comment on that letter?

COSMIC AWARENESS:

This Awareness indicates that the Interpreter Paul Shockley was not favorable in regard to the reading that was given. The entity was very distraught about the reading, much as you are, and likewise, there was great concern from the other entities at CAC. This Awareness gave this information because it is something that was occurring in your country and *It* explained clearly what was behind the actions of Linda Thompson and that there was certain validity to her charges and claims and that the promotion of the United States Constitution should be considered very important.

It is the law of the land in all of the 50 states. This Awareness indicates that there has been a usurpation of that Constitution by the Federal government which is not part of the United States, but which is controlled by the international bankers for their own agenda.

This Awareness made this relatively clear over the past several years, and the statements by Linda Thompson made this clear also. This Awareness saw this as a step by entities in your United States as a bold step to return to the law of the land and saw this as perhaps the last chance for freedom guaranteed under the Constitution to again exhibit itself

14. on this plane, without some kind of extraterrestrial intervention by friendly cultures.

This Awareness indicates that there are many patriot groups that feel much the same as you; they were afraid of what Linda Thompson was doing. She was creating a situation that the people may not be ready for. This Awareness indicates that the concern this Awareness had in regard to this was that to do nothing simply allows the international banking powers to come in and take over your country more completely.

This Awareness indicates it becomes easier if nothing is done whatsoever. This Awareness indicates that the CAC members and the Interpreter saw that there could also be some kind of Tiananmen Square type result from such an action, and therefore, they were very apprehensive about even putting the information out. They put the information out almost entirely because they trusted this Awareness from messages having been given in the past.

This Awareness gave this information because it was a time in which no one really paid much attention and this action would get the attention of the people, and if nothing else, would spread the word around the country so that people would begin to recognize: "There is something going on here with our country. What in the world are these people talking about?"

"What is this thing about the government no longer supporting the Constitution?" Getting a dialogue started by waving something around, such a Declaration of Independence and ultimatum is a way of getting the masses' attention to focus on what's going on. This Awareness indicates that you are essentially correct in your analysis that this is a very bold and very shocking situation. The Interpreter and the people at CAC agree with you.

This Awareness sees it on a different level; that it is not likely to result in a Tiananmen Square type scenario. It is possible nothing at all will occur. It is possible that a march will begin but will fizzle out, and it is not likely that there will be any bloodshed, but it is likely that many people will be awakened by the action.

It is surprising that such an entity as Linda Thompson would have the nerve to do such a thing, when most men and most patriots would tremble at the thought of such action. This Awareness indicates that *It* did not advocate CAC members getting out and marching; *It* only wanted them to spread the information, and by spreading information, help to awaken the masses as to what is occurring.

This Awareness indicates that this may also be the intent of Linda Thompson, to rage and shout, just to get people to wake up.

FOLLOW-UP STATEMENT:

An attorney being involved in the Waco murders, she became so indignant at the government for ignoring her brief that she had put forth with all of the evidence that this was calculated murder, on the part of the government, and none of this information was released through the press; they just continue to this day, putting out the government lies, referring to them as "cultists"; that she was so dismayed and angry at our government that it was just like she took up swords and decided she would just march into the heart of the government and deal with it.

COSMIC AWARENESS:

This is in the affirmative. This Awareness indicates that it may not be the last time that entities become extremely distraught with the actions of the government. It may be, however, that the next time, entities will have no freedom of speech and therefore, will be unable to scream and shout without being immediately arrested.



This Awareness indicates that *It* has very little understanding for entities who cannot or do not care that this has happened to the country. *It* sees them as being as guilty in malfeasance or in being guilty of negligence in letting the country be robbed by these thieves, because the people are the government of the country and if they do not care whether the international bankers steal their rights and their properties and destroy their laws, then who else do you hold responsible?

This Awareness indicates that it is very important for the people of the United States to know what they are doing so they do not plead ignorance for having turned over their stewardship of the country and think that they can thus be excused by history and by their children and their children's children for having left them in a state of servitude and slavery to a world totalitarian system.

This country is very close to dictatorship in the sense of a tyranny and totalitarian state. This Awareness asks at what point do entities see a time wherein they have a right to speak out against totalitarian tyranny, when they see their country moving in that direction?

This Awareness wishes to make it clear that when *It* speaks through this channel, *It* does not speak for the channel.

**QUESTION:**

Thank you. Does Awareness have a closing message?

**COSMIC AWARENESS:**

This Awareness has come to this plane during a critical period: the latter half of the 20th Century wherein there was a time in which nuclear war was a great threat, wherein the threat of nuclear war began to diminish, wherein the powers of a totalitarian state under the banner of Communism fell away, and yet there are still many threats remaining.

There is that which has been warned about for many years, dating back to the middle of this century, relating to the concept of a New World Government, for there is the question as to who governs, and what kind of government will replace your Constitution and your guaranteed freedoms from the Bill of Rights.

This Awareness indicates that as these are taken from you, as your national powers are removed, and replaced by UN troops and by UN laws and rules which were created by and for the international banking families, to govern their assets. Will entities truly be better off, or will they be able to survive at all, when these new laws are passed without their consent and without their participation?

15. This Awareness indicates there is perhaps a greater threat at the moment than even during the most critical days in which nuclear war was a threat; therefore, this Awareness indicates that it is still not time for entities to relax, to settle into a comfort zone and snuggle up to the traitors of your country who have sold out to those international bankers who have stolen the wealth of your country, of your people, of you and your family, as individuals.

This Awareness indicates that the lawsuit by Hildebrand and others, in their challenge of the Federal Reserve Bank, are filled with facts and information that puts everything into perspective as to how you have been robbed, how you have been cheated, wherein a system has taken over part of your government and created a debt for you that should not have occurred, that should have been a simple act of Treasury Note creation from your government, creating the money system, instead of borrowing from a foreign bank system.

This Awareness indicates again, *It* wishes to make it clear, this Awareness does not necessarily speak for the Interpreter or anyone else at CAC.

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The Law of Gratitude is given.

ED's Note: For more information on the book "The Celestine Prophecy", please refer to "Revelations of Awareness" issue No. 94-10 (The Celestine Prophecy); \$3.00 from CAC.

For more information on dissolving clouds, please refer to Issue 78-30 (How to Dissolve Clouds: An exercise of Mind over Matter); \$2.00 from CAC.

For information on Charismatic Healing, please refer to the Cosmic Awareness Spiritual Healing manual; \$3.00 from CAC.

For more information on levitation, please refer to issue No. 88-02 (Levitation: How it Works); \$3.00 from CAC.

For more information on rejuvenation, please refer to issues No. 94-5 (The Secret of Alchemy: The Philosopher's Stone); 94-6 (Preparing for the New Dimension, Part 1); 94-7 (part 2); and 94-9 (part 3) Why the Aging Process can be Reversed); \$3.00 each from CAC.

For more information on Linda Thompson and her Declaration of Independence of 1994 and the march on Washington, please refer to issue 94-8 (Spread the Word!) \$3.00 from CAC.

**THE CLINTON 'BODY COUNT'...**



... WHO'LL BE NEXT ?!

IS THIS A RIFE MACHINE THAT REALLY WORKS?  
( A Built-in Computer Creates Correct Frequencies )

QUESTION:

There's an immense interest for our readers with anything connected to the Rife technology. It seems like as soon as the FDA clamps down or closes down one factory manufacturing the Rife machines, another one crops up. However, we've never heard from anybody in the membership who's bought these machines that have ever made them work effectively.

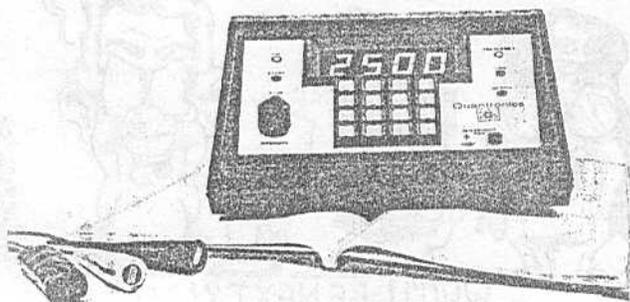
Now, the other day we got a pitch through the mail from an outfit called Quantronics; they're out of Delmar, California, and they claim they have manufactured a quantum leap in Rife technology. They've created a Rife machine that features Rife's original frequencies for experimental destruction of viruses, bacteria, fungi, and yeast, plus new Quantronics frequencies for experimental use on metabolic disorders such as arthritis, arteriosclerosis, high blood pressure, insomnia, diabetes, depression, kidney insufficiency, emphysema, acute spondylitis, headaches, slow healing, great pain and many others.

They say: "Our frequencies have been tested more than 5 years on animals and humans and been found completely free of side-effects." Their literature says that technical expertise is unnecessary, and with the large keypad and huge LED display screen, you can select programs more easily than with your VCR. The model C even signals you if you make a mistake. It has automatic operation, with just 3 keys, you can command the internal computer to run a long series of frequencies--either your own selections or those automatically selected.

They say: "We teach you how! Everything you need to know--for every situation we could imagine--is included in the instructional literature. Also, a video will soon be available." And they say "It's superior quality, unlike cheap imitations, accurate only within one hz, the model C is accurate to 1/1000th Hz (in mid-range). Many automatic features. Because we want Rife technology to be affordable to as many people as possible, the more people who experience the astonishing rapid effects of bio-active frequencies, the more difficult it will be for certain commercial interests to deny its existence or mislead those in need."

And they claim "this technology is available only from them and that more bio-active frequencies than any other instrument are available on it, including new frequencies now being used in experiments on life extension and untreatable metabolic disorders." Their machine's automatic analysis of subjects and automatic selection of frequencies, which, if true, would answer the problems we're getting from the members who have a similar device.

The literature says: "Quantronics is the first to develop an automatic frequency selector which electronically analyzes any individual subject. This accessory then identifies and memorizes the correct frequencies to use for that particular individual at that moment."



16.

I'd like to ask Awareness to look at this new Rife machine and evaluate it and tell us if it's as good as the literature implies.

COSMIC AWARENESS:

This Awareness indicates that it appears to be just about as good as its literature implies. This Awareness indicates that the things that are missing from the literature are the things that are where one needs to put attention. It does not, for example, indicate how long it takes for frequency correction to have an effect on a disease. Of course this is not something that is easily put into literature because each disease will have a different time limit and also the progression of the disease will be different for different individuals.

This Awareness indicates that it is something to recognize that it is not a matter of setting things at the proper frequency and using it once and having everything taken care of from there on. It may require repeated treatments before it can have its required effect. This Awareness indicates otherwise, beyond this particular concern, it appears that the machine is quite close to that of its literature as presented.

This Awareness indicates it is probably not likely to be available for any great length of time.

FOLLOW-UP QUESTION:

As I understand it, Royal Rife used his Rife microscope to determine the frequency of the cell and virus, for example, cancer, and then the Rife machine would be tuned to that frequency, and according to literature and documented evidence, he was able to cure I believe 30 terminal cancer patients that were released for the experiment, who went in, I believe, once a week or every three days for something like five minutes of exposure to these frequencies and every one of them totally reversed the cancer out of their systems.

My question is: Is it necessary for a machine like this one just described to also have a Rife microscope, which is not available at this time?

COSMIC AWARENESS:

This Awareness indicates according to the flier just read, it appears the machine has within it, that capability, probably possessing something on the order of same technology. It has the capability of reading the entity's energy field, discovering the frequency of any imbalance, and making adjustments to correct those that are imbalanced.

This Awareness indicates that it would also be to the benefit of an owner of such machines to have the original frequency number for diseases that Rife has already evaluated.

FOLLOW-UP QUESTION:

Yes, we get many questions from people that have similar machines but can't make them work, and they want us to ask Awareness to give the frequency numbers.

COSMIC AWARENESS:

This Awareness indicates that It cannot get into the kind of frequency scales based on the technologies that have been invented. A scale is something that is not conveyed on psychic energy, or through psychic levels, unless the Interpreter is fully aware of the scale. This Awareness indicates that the scales are artificially created by the mind, and by that part of the natural energies of life or conveyed by elements of consciousness. Therefore, it appears unlikely that this Interpreter, knowing nothing about these scales, knowing no technology in order to interpret energy into scale terminology, could have any chance of interpreting a number of vibrational frequencies associated with a machine to a particular disease. Therefore, these questions would be fruitless through this Interpreter.

ED's note: This reading was given December 7, 1993 and of today the company is still in business. At the time the literature listed the price of the Rife machine at \$2000, but were offering a \$500 discount if ordered before Dec. 31. They offer a 30 day guarantee with full money back if the buyer is not satisfied. (We know of 3 CAC members who have purchased this model and did not return them for their money back, so I assume they are working as described in the literature. You also receive a 1-year complimentary membership in the Royal Rife Research Society. Insurance and shipping is included in the price.

The address: Quantronics, Ste. 204-107, Offer No. OC 3790 Via de la Valle,  
Del Mar, Calif. 92014  
Phone: (619) 221-7871

We suggest you phone or write for their current information and offer. Please tell them you were referred by CAC, as they pay a referral fee to those who hear about the machine and refer others to the company; this payable only in case of a sale. Many thanks!

Treating Children Under the Name of "New Age"...

A SECOND LOOK AT THE "LAW OF LOVE"  
(Putting the Welfare & Concern of Others Above Self)

5/10/90

OPENING MESSAGE:

This Awareness wishes entities to briefly reflect again on the *Law of Love*. This Awareness indicates that in the statement "putting the welfare and concern and feeling for others above self," there is an action required, and that has more than a mere altruistic expression involved, that one can think of putting the welfare and concern of others above self as being an action of sacrifice of self to others.

This Awareness suggests however, that this is not truly the intention nor is it the effect of this phrase and putting it into action. The intention and effect of this approach, in putting the welfare and concern of others above self, is more for the benefit of the one who does so, than for the benefit of others, for when you put the welfare and concern of others above self, you take off your self-focus, or self-centeredness of your activity. Instead of becoming or remaining egocentric in your activities, your focal point or your priorities shift toward a concern for others around you, and in so doing, you yourself undergo a change.

You undergo the change of being concerned about the welfare of others, and in that concern, rather than pulling things toward self in your relationship, you are assisting others. What this does for you is far more than anything you could do by being self-centered or egocentric in your activities, for it makes you very important to others, you become a center in their lives that is of significance to them, and they have a vested interest in keeping you happy, in keeping you content, in keeping you satisfied, and you will find that by putting the welfare and concern for others above self, you are treated in a different way by others than if you put your own welfare above theirs, and the rewards are greater for you.

This Awareness is not suggesting that you do this for that purpose, but *It* is indicating to you that there is something very special about the individual who gets away from the egocentric focus, seeing oneself as more important than others, creating activities that favor self. It is an importance that becomes a reality. A person who is outside of self and concerned for others is truly more important to them than were the person concerned for self.

17.

This Awareness indicates it is a matter of maturity, that one can be self-centered, can be egocentric, can make all dealings and all activities center around self and self-interest, and the entity can still have enormous problems, and indeed will probably have far more problems than the person who does not dwell on favoring self. For once an entity gets beyond worrying about self-interest, and concerns himself with the interest and needs of others, those self-interests, those needs for self, tend to take care of themselves, or others tend to assist and take care of the needs, or opportunities open to allow the entity to easily attend those needs.

This Awareness suggests that entities who have not already attempted to get outside of the egocentric attitude and to center their concerns on the welfare of others, can do well and can experience something quite new, and will find that their lives shift gears into a much more harmonious way of being, if they simply take an interest in others.

Co-Dependency and Rescuing Others

This Awareness suggests also that while on this topic, there is another associated topic which this Awareness wishes to address at this time. It is what may be termed a kind of philosophical fad that is going around, which began with concepts that were themselves relatively valid, which came out of the philosophical therapy concepts for dealing with drug abuse and alcohol abuse, namely the concepts of co-dependency and the idea of rescuing others.

This Awareness indicates that in the alcohol abuse programs and drug programs, and even in family counseling programs, these concepts of co-dependency and the concept of rescuing each other as that which recently has become almost like buzz-words for entities to toss around and to use indiscriminately as excuses to avoid doing anything for anyone else. They may say, "Do it yourself, don't be co-dependent." Or they may say, "I'm not cooperating with you. I don't want to be a co-dependent; I'm looking out for myself." These are not the words used, but these are the ways they portray these words in action, and you will see entities that refuse to do anything for others, because they want others to do it for themselves, and they will try to avoid any kind of cooperative action, calling it "co-dependency."

This Awareness indicates that likewise, the term "rescuing" is commonly used in the counseling for drug abuse or alcohol abuse, where an entity is seen to rescue the drug partner by helping them get up and get to work when they are too drunk to do so, or too hung-over to do so, or by calling the boss and making excuses that the entity is sick today, or doing other things, such as taking all the beer bottles down and turning them in, selling them, cleaning up the mess left by the drunk one, or otherwise picking up after the entity because of the problems caused, or making excuses for the entity to the entity's friends;—all of this action is classed as "rescuing", as well as "enabling." You enable the person to continue this action by continuing to rescue the entity when he fails in his duties as a person or as a worker or as a husband or as an associate because of the alcohol or drug abuse.

This Awareness indicates that these terms have legitimate need, but there has been a tendency in many situations whereby the concept of rescuing has been used to criticize others who are in need of help, simply because the entity doesn't want to help or doesn't like to see them get help.

This Awareness indicates an example would be for the mother of one child who is larger than the other child, who belongs to a different mother, to argue with the other mother that she should not keep rescuing her child from the larger child, just because they get into a fight, because it teaches the younger child, the smaller child, to become victim-consciousness. That is the other buzz-word that is going around in these groups. This is very common among New Age groups today.

"Victim-consciousness" which is supposed to mean that the entity energizes being the victim, and these entities do not want to see children being energized as victims, and they are very critical of those children who play the role of victims. It does not matter that their child is larger and is what in older times would be called a bully; they simply see the fault being with the young child, the small child, who has a problem of victim-consciousness.

This Awareness indicates that to criticize anyone who seeks to rescue the young child as being a rescuer and enabler, it enables the child to continue being victimized. Hopefully, entities can see already how this distortion of terms can lead to immense problems for many children who are having to suffer under this New Age philosophy that is going around in certain circles.

This Awareness indicates that the victim-consciousness and the rescuer are now the villains in these New Age circles or societies, and those who bully, and those who are uncooperative see themselves as independent and expressive of their own feelings. They see this as strength, and if they are uncooperative, that term is out of bounds. They say they are not longer co-dependent. "Don't depend on me and I won't depend on you," and they use those terms in order to avoid helping others, except when the time comes when they need help. Then they may ask for help, and they go back to the other language and may seek your help and your cooperation, but when it comes time for you to ask for them to help, they say, "No, no! You've got to learn to do this for yourself. You cannot be co-dependent on me!"

This Awareness indicates there are parents who refuse to carry things for their children, because they want the child to learn to do it for themselves, yet the child may be overloaded with coats, bags, lunch, books, things of this nature, coming out from the school barely able to carry these things to the car, while the parent walks out empty-handed, and the parents are proud of themselves for making the child more independent. What is this doing to the child's mind? It is teaching the child, "Don't expect help. Don't give help to others. Be independent. Take care of yourself. Don't take care of anyone else." This is the lesson these entities are teaching. "Don't expect Mom or Dad to rescue, to help, if you have a problem." What is this message to mean, when the child is in a serious problem, and needs Mom or Dad? It simply means the child will look elsewhere, perhaps to someone of his or her own peer group, who does not have proper experience in dealing with the problem of the child, or who has ulterior motives and misguides the child.

This Awareness indicates that in order for entities to sort out when rescuing is proper and when it simply enables one to remain weak, entities need to look more at the situation than at the slogans.

#### Greek Tragedy and Character Flaws

This Awareness indicates that in the ancient Greek theater, the concept of tragedy was quite different and better defined than at present time. Most of the modern tragic characters, such as Willy Loman in *Death of a*

*Salesman*, or many of the other characters who have led tragic lives, in your literature and in your history, would not actually classify as classic tragic characters, according to the Greek concept of tragedy, for Willy Loman, as an example, had some serious character flaws that led to his suicide and his failure as a salesman and as a father. But in the ancient Greek concept of tragedy, the Greek heroes were not victims of their own undoing, they were victims of external circumstances that acted upon them in spite of the lack of a particular character flaw that would bring on the problem. They did not have a character flaw that brought on the tragedy. They may have had other character flaws, but the tragedy that occurred was not due to a character flaw, it was due to outside forces acting upon the entity in spite of his or her high integrity. Look, for example, at Desdemona, whose character was near flawless in her relationship with Othello. This entity was truly a classic tragedy character. Othello, on the other hand, had the character flaw of being able to be deceived and manipulated by circumstantial evidence, to where he would do something that was totally wrong, and against his own principles and desires. This led to his undoing, and created the tragedy for Desdemona.

This Awareness indicates that understanding the concept of character flaws as that which can help entities to understand when to rescue, if the entity is in difficulty because of a character flaw, and if the consequences of that difficulty are reasonably just, in accordance with the character flaw, then there is probably good reason to let the entity endure the consequences. If, of course, the entity has a character flaw and the consequences would be absolutely devastating, then perhaps it would not be just to let the entity endure the consequences, even though there is a character flaw involved.

This Awareness indicates, for example, if an entity is drunk and insists on driving a car, and the consequences would be that surely the entity is likely to be killed, or to kill others, then it is time to rescue the entity, for the consequences are too great and too damaging, in comparison to the flaw of character.

This Awareness indicates that if, on the other hand, the character's drinking problems have forced the entity to stumble and fall on the living room floor, passing out, rather than struggling to get the entity into his nightclothes and into a comfortable bed, this Awareness suggests you either throw water on the entity or just let him lie there through the night and suffer the consequences of his own "too much."

This Awareness indicates that therefore the idea of character flaw must be brought into your thinking when you discern whether or not to rescue, and also the degree of consequence must be considered.

This Awareness indicates that next comes the question, what to do with an entity who is in trouble, who does not have a character flaw that is associated with the problem, but perhaps has ignorance,—a naive person who doesn't know that you can't cross the street when the light is red? Are you going to let the person learn the hard way, or are you going to rescue the entity and stop him?

This Awareness indicates that there are many children who have strong wills and want to do things the way they want to do them, and they can't see any reason why they should be stopped, and yet the action of stopping them from getting hurt, is, in reality, a form of rescuing. Thus parents may discipline children in order to rescue them from their own excesses, or from their own lack of discernment, or from their lack of discipline. Thus, one's own ignorance can be a cause for rescuing another.

This Awareness indicates that likewise, reflecting back to the child who is small, forced to deal with someone who is overpowering, whether this be a parent or a bully, or some force that is too great for the child, or whether it is even a child,—perhaps it is an older person or a weaker person or a financially weak person, or whatever,—if the entity actually has no character flaw that is affecting the situation, but is the victim of someone who is bullying, and perhaps has the character flaw of not having been taught or having respect for those who are weaker, is it not right to rescue that weaker person, and to stop the one with the character flaw from damaging the weaker person?

This Awareness indicates that likewise, is it not right if a child has too much burden to carry, for an older person, a stronger person, to volunteer to assist that child, to ease the burden, to help the child to carry the load and the burden more easily? Why should a child look back on life with the memory that, "My parents never did anything for me, other than what they were required to do by law?" Does this make the child a better person?

This Awareness indicates it is sometimes awesome, the way entities can distort what could otherwise be a valid concept, to allow them to neglect duties, avoid helping others, or dealing with proper relationships, and claiming it is because they are better, they have a better philosophy. It is amazing how these things can be so distorted that what is intended to be a help to humanity can be turned around to abuse others, and promote selfishness.

"This year, many people urged us to cut defense spending further to pay for other government programs. I said no...we must not cut defense further."

President Clinton, State of the Union Address, 1/25/94

Clinton's four year military budget: \$1.2 trillion

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"Wisdom is the principal thing; therefore get wisdom: and with all thy getting, get understanding."—PROVERBS 4:7

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## GIS ASKED: WOULD YOU SHOOT AMERICANS?

### UN Plan Revealed Years Ago

A SPOTLIGHT distributor has searched libraries to find a 40-year-old nugget explaining the Global Plantation's plans for America.

EXCLUSIVE TO THE SPOTLIGHT

By DAVE CADWAY

Establishment politicians are quick to declare they would never forsake the Constitution or U.S. sovereignty, even as they sign your rights away to their internationalist masters through pacts such as NAFTA and GATT.

U.S. citizens are told to never mind the sightings of UN vehicles at government holding stations. Disregard reports of foreign troops throughout the hinterlands.

However, the internationalists' plans have been public for close to 40 years. Dr. V. Orval Watts explained (See UN, Page 3)



Sen. Richard Lugar (R-Ind., left) and Sam Nunn (D-Ga.) meet the press in Moscow.

### Foreign Troops Coming; Invited by Sen. Nunn

The Russians are coming—and this isn't a movie.

EXCLUSIVE TO THE SPOTLIGHT

By MIKE BLAIR

The Clinton administration, with strong backing from influential

members of Congress, has approved supposed "joint" training of Russian troops with American military forces at United States bases.

It is unclear the number of Russian troops that will take part in training at U.S. military facilities or when the program will officially begin. The specific purpose of the exercise is also unclear—and unannounced by the

### Alarming Survey Of Troops

Would U.S. troops under UN command shoot U.S. citizens who resist gun confiscation?

EXCLUSIVE TO THE SPOTLIGHT

By MIKE BLAIR

The SPOTLIGHT has obtained a copy of a survey given to members of the U.S. Marine Corps, asking, among other things, their willingness to serve in various capacities under the command of the United Nations.

Most frightening of all, however, was a question asking if they had any reservations about firing upon U.S. citizens who refuse to turn over their personal firearms as part of a gun confiscation program.

The survey was given to Marines on May 10 at the Twenty-Nine Palms Marine Corps Base, located on the southeast corner of the Mojave Desert, about 70 miles due east of San Bernardino, California, just east of Los Angeles.

Among other things, the Marine facility is the site of the corps' Combat Center, commanded by Brig. Gen.

# WOULD GIs SHOOT AMERICANS

**Would U.S. troops under UN command shoot U.S. citizens who resisted gun confiscation?**

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Among other things, the Marine facility is the site of the corps' Combat Center, commanded by Brig. Gen. Russell H. Sutton, and Expeditionary Air Field, which is used as a test and training center for the Marines' 1st Unmanned Aerial Vehicle Company, which utilizes unmanned aerial drones intended for long-range reconnaissance purposes.

According to a young Marine, who provided a copy of the survey to The SPOTLIGHT, it was given by a Navy commander, who claimed he was "working on his masters degree" and was writing his thesis "about giving up our military's sovereignty to the United Nations secretary general."

Those taking the survey were limited to veterans of "Operation Just Cause," the U.S. invasion of Panama; "Operation Desert Storm," the war against Iraq; or "Operation Restore Hope," the supposed humanitarian mission to feed starving Somalis.

While the surveys were being passed out to the young Marines, one was able to obtain two copies from the pile of questionnaires.

Under the heading, "Combat Arms Survey," the questionnaire stated:

"This questionnaire is to gather data concerning the attitudes of combat-trained personnel with regards to nontraditional missions. All of your responses are confidential. Write your answers directly on the questionnaire form. In Part II, place an 'X' in the space provided for your response."

The series of situations posed to the servicemen is as follows:

"The U.S. runs a field training exercise. UN combat troops should be allowed to serve in U.S. combat units during these exercises under U.S. command and control."

"The United Nations runs a field training exercise. U.S. combat troops under U.S. command and control should serve in UN combat units during these exercises."

"The United Nations runs a field training exercise. U.S. combat troops should serve under UN command and control during these exercises."

"U.S. combat troops should participate in U.N. missions under United Nations command and control."

"U.S. combat troops should be commanded by UN officers and non-commissioned officers (NCOs) at battalion and company levels while performing UN missions."

"It would make no difference to me to have UN soldiers as members of my team (e.g. fire team, squad, platoon)."

"I feel the President of the United States has the authority to pass his responsibilities as Commander-in-

Chief to the UN Secretary General."

"I feel there is no conflict between my oath of office and serving as a UN soldier."

"I feel my unit's combat effectiveness would not be affected by performing humanitarian missions for the United Nations."

"I feel a designated unit of U.S. combat soldiers should be permanently assigned to the command and control of the United Nations."

"I would be willing to volunteer for assignment to a U.S. combat unit under a UN commander."

"I would like UN member countries, including the U.S., to give the UN all the soldiers necessary to maintain world peace."

"I would swear to the following code: 'I am a United Nations fighting person. I serve in the forces which maintain world peace and every nation's way of life. I am prepared to give my life in their defense.'"

"The U.S. government declares a ban on the possession, sale, transportation, and transfer of all non-supporting firearms. A thirty (30) day amnesty period is permitted for these firearms to be turned over to the local authorities. At the end of this period, a number of citizen groups refuse to turn over their firearms. Consider the following statement:

"I would fire upon U.S. citizens who refuse or resist confiscation of firearms banned by the U.S. government."

Results of the survey were not available.

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