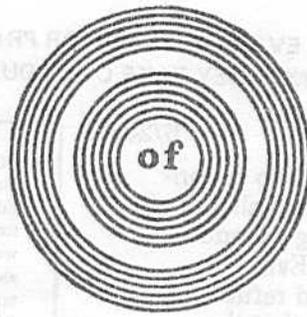


Revelations

THE COSMIC NEWSLETTER
(UNCOVERING THE MASK OF ILLUSION)



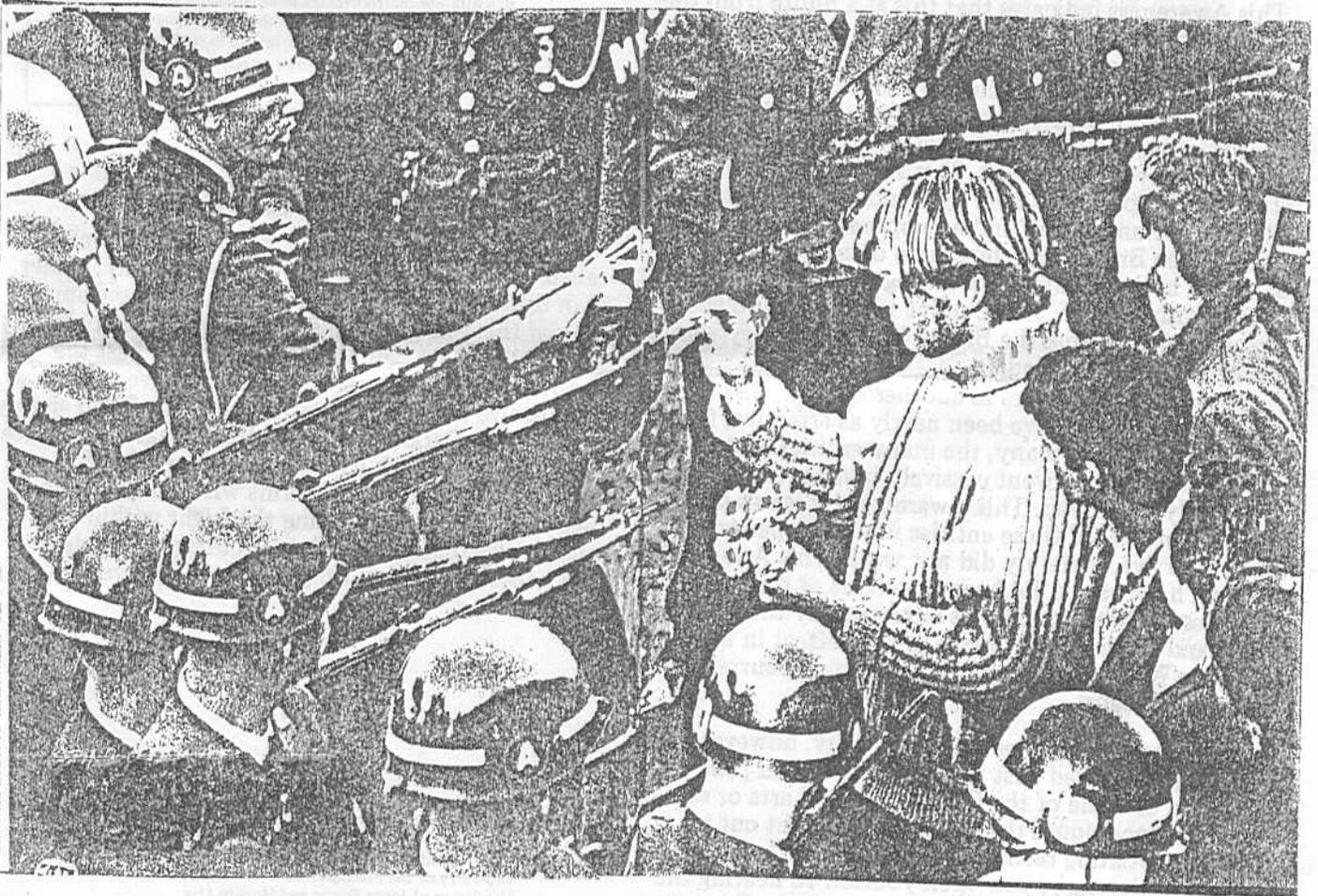
Awareness

Cosmic Awareness Communications
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Helping People Become Aware

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ISSUE NO. 448



RESIST NOT EVIL (Part 2)

SHOULD WE REFUTE AND CONFRONT EVIL AND ERROR OR PRACTICE PASSIVE RESISTANCE ?
(IF WE DON'T RESIST THE ALIENS, WON'T THEY TAKE OVER OUR EARTH?)

6/23/89

QUESTION:

A question from S.P. She writes: "I have tried to rationalize 'Resist Not Evil.' I now do believe that should be obeyed in an emergency, as one is holding a loaded gun to another being's head, then Resist Not Evil. However, as a general rule, I believe we should refute and confront evil and error. We should make sure that these "evil, negative and error-beings" are taken from planet earth and dealt with legally. This phrase may have been mistranslated or originally mischanneled through a misunderstanding or perhaps taken out of context. Passive resistance might cause our planet to be overrun by negative forces and negative beings from outer space. What is the unequivocal truth concerning this?"

COSMIC AWARENESS:

This Awareness indicates that this as a quote from the New Testament, in Matthew, wherein Jesus speaks and says that you Resist Not Evil; that if one strikes you on the one side of the cheek, that you turn the other side. This Awareness indicates that the meaning in this instance is that you resist not the attack of an entity who would violate you, by striking back. This Awareness indicates that this was the principle used by Gandhi in India, and it was an important part of India's approach to becoming free from the British rule, but there of course was a great loss of life in the process of reaching the British, the heart of the British Empire, to the point where the public opinion turned against the British in the way they were treating the people of India.

This Awareness indicates in another setting, the passive resistance might not have been nearly as effective, for example, in Nazi Germany, the many entities sent to concentration camps went passively in most cases, and were simply destroyed. This Awareness indicates that if the intent or goal of these entities was to be passive in order to survive, it simply did not work. This Awareness indicates, however, it did have the effect of turning consciousness against brutality, as expressed by the Nazi regime, and perhaps has had a greater effect in the years after World War II, in preventing a reoccurrence of such a holocaust.

This Awareness indicates that essentially, however, the message is related best to the metaphorical principle of Ju Jitsu, or some of the Oriental martial arts or some of the new techniques that are being brought out in terms of negotiating techniques; that rather than confronting an adversary, you open yourself to hearing the message of the adversary, or open yourself to allowing the adversary to take a punch or to strike out. This Awareness indicates in regard to martial arts, for example, you do not resist the punch, you use the punch to throw the entity off balance.

This Awareness indicates that likewise, in regard to the concept of evil, if you are fearful that there is some evil being attacking you, the very action of becoming combative with such a force is going to give it energy. This Awareness indicates not resisting, does not mean that you must accept the evil, it rather means that you may defuse the evil by not recognizing its power and simply let it express itself and maintain your own holiness, your own purity, your own light, so that it has nothing to strike, has no resistance to battle against.

COSMIC AWARENESS is the Force that expressed Itself through Jesus of Nazareth, the Buddha, Krishna, Mohammed, Edgar Cayce and other great avatars who served as 'Channels' for the 'Heavenly Father' and who speaks again today as the world begins to enter the 'New Age' of spiritual consciousness and awareness. Since 1963 Cosmic Awareness has been communicating through carefully trained channels. This information is for those who desire to help in bringing in the New Age. Throughout the thousands of 'Readings' given through these various channels, Cosmic Awareness tells us not to believe anything, but to question, explore, doubt, and discover for yourself, through your own channel what is the truth. Cosmic Awareness will only 'indicate' and 'suggest'. Neither C.A.C. or any of the Interpreters is responsible for anything Cosmic Awareness states in any of these readings, nor does C.A.C. or the Interpreters necessarily agree with the statements of Cosmic Awareness. The Interpreters interpret the energies as they see them in trance levels and are not personally responsible for what is said. The Interpreters published herein have no connection with, nor control over the editorial comments and material, including illustrations. This is entirely the responsibility of the editor. Members of C.A.C. are invited to send in questions of general interest to ask Awareness for possible publication in this newsletter.

Paul Shockley, Interpreter

How to Speak to the Dark Force

This Awareness indicates, for example, if the so-called evil force is attacking you psychically, rather than responding with anger or hostility, you simply look at this force with the light that you can identify with, attune yourself to the highest and best that you can visualize, the Christ Light, or whatever you wish to conceive as being highest and best, and you simply look at that Dark Force with all its negativity, its fear, its hostility, and ask it: "What's the problem?", or speak to it in some other terms without losing your own balance, without losing the Light within you, without becoming fearful, without trying to destroy that other force. You simply wrap it in love, in Light.

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This Awareness indicates that in such cases, it generally defuses the power of the other force that would otherwise attack or which would be oppressive. It is the same when you are speaking to another individual who comes at you full of anger. If you respond with like anger, that entity will simply become louder and more angry to try to top your anger, but if you respond in a soft voice, asking the angry person, "What happened, anyway? What is your problem? What can I do to help?" or if you ask: "It seems as though you're upset about something. Do you want to talk about it?", it immediately creates an opening wherein the entity can unfold his anger, discuss the problem and release all the tension that he feels he would otherwise have to push upon you, but because you are receptive to hearing it, to receiving it, the entity can speak freely without all of the pressure that would otherwise be necessary or which he might assume would otherwise be necessary.

This Awareness indicates that likewise, the entity who slaps you, if you turned the other cheek, for example, and the entity again slaps you on the other cheek, you might then ask: "Now, does that make you feel any better?" or "Why did you do that?", or you might ask something else, in a calm voice, and the entity will simply be disarmed by your calmness and by your non-resistance. This Awareness indicates that this is something that can be a useful tool to avoid furthering the violence involved, furthering the hostility involved. It is basically a tool that can be used in confrontation of anger.

This Awareness indicates that of course, when you are speaking in terms of the concept of evil, which this Awareness has indicated is brought on as a problem of separateness and ignorance, but which can result in extreme violations to others; when you're talking about this kind of wanton hostility or cold activity that harms another and you simply resist not, allowing that entity to get their kicks out of harming yourself, or another, *It* does not advocate that this action of an evil expression be allowed to persist, to create a victim for its own gratification. *It* does not ask that entities become martyrs; in fact, *It* has suggested there has been enough sacrifice, there have been enough martyrs.

Don't Be A Martyr--But Make it Difficult For An Aggressor

This Awareness suggests that instead of being martyred or allowing yourself to be martyred, or allowing others to be martyred by some force that is of a negative nature; that you expose the force, you open the force to attention, you give attention to that force, you discuss the issues at heart, you discuss with the entities involved or any others, in such a manner as to open up for communication, if possible, so that the whole thing can be exposed in as wide an area as possible. If, for example, you are in an automobile, with an entity who is attempting to rob your person or steal your automobile or who is attempting to kidnap you; if it is possible to get close to a crowd, or if you are driving, if it is possible to drive up to the front of a police station, this kind of resistance to their ends, so that you thwart their purpose is quite an appropriate response, whereby you make it difficult for them to acquire or achieve what they wish to achieve. The more people you have involved, the more difficult it becomes for them to achieve their mischief.

Recognize The Non-Existence of Evil

This Awareness indicates that you cannot simply go along with something and be victimized by that thing and say that it is because you are resisting not evil. This Awareness prefers that you recognize the nonexistence

of evil in the sense that it is in fact a misconception within the minds of some entities that they are a separate being; that they are somehow set aside from the rest of the universe and in that separation they are outside of any jurisdiction of the rest of the universe. This Awareness indicates that this is what brings about for an entity, the belief that he or she is above the law, or that the law does not have any jurisdiction over them; wherein those who, for example, participate in Satanic concepts and activities, they do not see themselves as being involved in a universe in which all things are interconnected. Rather, they prefer to see themselves as being a separate creation, stepping outside of universal laws, having their own personal laws, so that as a separate entity not involved in the feelings or energies of others, they think they have greater power.

This Awareness indicates it is that illusion which they must hold onto as being a separate entity, separate from everything else; separate from their victim, separate from the society; that illusion is what they hold in order to give themselves the illusion of power. This Awareness indicates that as entities can begin to focus more of these people's attention on their connectedness to everything else, it will help to break the myth that they are separate. This Awareness suggests, for example, an entity who is under the illusion of being separate causes such an entity to be classed as evil and even the entity himself may believe that he or she is exhibiting evil, and may thrive in that belief and action.

Remind The Violator of His Connectedness

This Awareness indicates that when *It* speaks of separateness, *It* is using the terms almost synonymous to that which you call 'evil', for all evil is really nothing more than the illusion of one's separateness, so that if one is separate in their mind, they can do things that they could not otherwise do, if they felt themselves to be connected with others. In other words, if one who sees himself as a separate being is attempting to victimize another, and if it is possible for you to somehow remind that other entity of the connectedness which he or she holds, and convince the other of their connectedness, it will go far in reducing their ability to carry out mischievous plans.

This Awareness indicates, for example, a single individual who is violating you needs only to be reminded that there are other people outside, there are other people in the family, there are other entities who would not approve of what is happening here, and you need not even threaten the entity, you may simply ask the question: "Would your mother like to see you doing this?" or "Is this something that your family taught you to do?", reminding the entity of his roots, of his family, or, if in the case of some entities he is actually expressing his violations toward you because of his mother, this might not be the best approach. It might be better to ask the entity: "Don't you think there will be other people who will find out from this what you are doing?"

This Awareness indicates the connectedness, the reminders of an entity that he or she is connected to others often is enough to cause the entity to back off from his separateness and feelings of isolation. This Awareness indicates in the event where there are other entities involved, you may have to remind all of them of their connectedness to the rest of society and to their families, or to the potential of having this event or this activity made public. This Awareness indicates that such can alter an entity's attitude so that

the separateness feeling cannot hold long enough to carry out that which it would otherwise foster.

How To Divert a Focused Evil And Avoid Negligence

This Awareness indicates that indeed, the concept of 'resist not evil' has certain limitations. It is important not to let yourself be violated, not to let others be violated. This Awareness indicates that negligence in allowing an entity to violate another in your presence, and doing nothing about this, actually makes you an accomplice to the crime, in some instances. This Awareness indicates that it is important that some entities understand the nature of how they can divert a focused evil so that it misses its mark, and in this way, likened unto the martial arts expression, one can divert the energy, without resisting the energy.

The diverting of the energy is what can substitute for resistance of the energy, thus, you either divert the energy or you allow the energy to be expressed without setting up a resistance, so long as the energy and its expression is not so violative that it prevents or harms another to any considerable degree; for example, an entity who seeks to steal your purse, if you can simply give the entity your purse and have the entity leave, then indeed you may be more lucky than if you attempt to resist the entity and go through a great struggle.

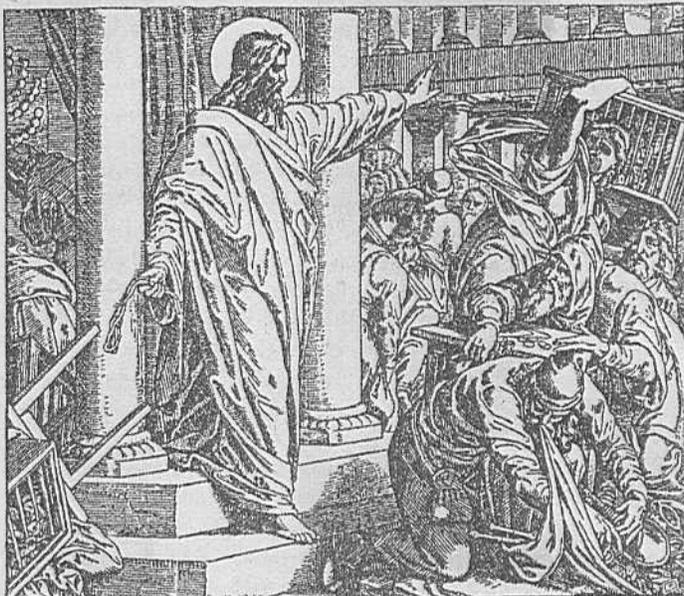
This Awareness indicates each situation is totally different. In one instance it may turn out that you give the entity the purse, and then the entity wants your life also. In another instance, you give the entity your purse and the entity leaves. In still another instance, you may find that rather than giving the entity your purse, which you need desperately to survive, you resist the entity, struggle with the entity, overcome the entity, retain your purse, and you still survive. This Awareness indicates each situation is different.

This Awareness suggests, however, that as a general rule of thumb, your first approach should be to resist not. If that does not appear to be workable by your own discernment, then your next approach would be to divert any negative or evil energy so as not to be harmed by it, such as in a martial arts type of diversion, and if that is not satisfactory, then indeed you may find it necessary to engage in a confrontation that results in a test of wills and strengths.

This Awareness indicates that in the martial arts schools, they often teach entities that if you are being threatened, leave the area if possible, even run, if possible. If that doesn't appear to be the proper solution, then avoid the blows being delivered, if possible, and if that isn't sufficient, and you must strike back, then strike in a way to the least harm and still be able to disarm the entity and only strike to do harm if there is no other alternative. This Awareness indicates that in some instances you may find that certain types of entities who are headstrongly set to destroy you or to destroy someone, require an extreme amount of resistance in order to stop them.

This Awareness indicates that this can be most dangerous for you may go overboard on the amount of resistance. This Awareness suggests the Interpreter does see an instance which can be used for an example, in which his father knew a person who went berserk when he drank, and this entity came to his father's trailer at one point in a berserk rage, and his father tapped him on the head with a hammer, enough to knock the entity down. It was an extreme action. It did not kill the entity. Had the strike with the hammer been even stronger, it might have done so, and this could have been extremely difficult and made a much worse situation.

4.



This Awareness indicates there is this thing that is necessary in all relationships called discernment. One must be able to discern how much resistance, how much force to use in resisting attacks toward oneself, and to put the priority on nonresistance is the first approach. If that doesn't work, then indeed further and more aggressive action may be necessary. This Awareness reminds you that Jesus walked into the temple in which the money changers were busy. He did not walk in with flowers. He walked in with a whip. Was this resisting evil?

This Awareness indicates that all these rules have exceptions under certain circumstances, and if one gets hung up too much in the rule and does not discern sufficiently according to one's own assessment of reality, one's rules can cause them great difficulties. This Awareness suggests you remember that all laws and all rules have their exceptions, depending on the case or situation that comes up.

Love One Another (Difficult When Being Tortured)

This Awareness indicates, for example, a good rule of thumb is that entities love one another, but it is very difficult to love someone who is, for example, burning your chest with cigarettes or torturing you in some way. This Awareness indicates that such a situation is likely to call forth some other action of resistance or struggle to overcome the power of that entity. Can one say: "Hey! I have to continue letting this entity burn me because I love him?" or one can say: "I must overcome this entity's threats to my life, the entity's torture to my body. I will not tolerate this because I love myself also, and I cannot let this person continue doing this if I really love this person, because it is not good for him or anyone else that I be tortured by this entity."

This Awareness indicates that all of these rules have certain exceptions. They are created for normal situations, not for the abnormal situations, and as situations become more and more abnormal, the rules tend to apply less. This Awareness suggests however, that entities may find that most of these rules apply more often than they would expect and that most entities prefer to grab the whip, the resistance factors prematurely, and that they would be better off using nonresistance a little more often in their relationships, but there comes a time in which nonresistance needs to be coupled with some more aggressive approach.

This Awareness indicates that the actions of Gandhi,⁵ for example, even in expressing nonresistance, by letting these entities strike them with clubs, this entity resisted. The very action of going on hunger strikes was an action of resistance. It was a passive resistance, but there is resistance involved in these actions, thus, entities should understand that you cannot take these rules of thumb and apply them literally to the extreme. This Awareness indicates in this instance, and with this understanding, the questioner's assessment of the Law of Love and the statement of Jesus in which he said "Resist Not Evil," these are expressions of a general rule of thumb that has many exceptions, depending on the situation.

DENYING THE EXISTENCE OF EVIL: HOW DOES ONE DO THIS?

QUESTION:

While we're in this area, a closely related question in the Law of Love is another one, along with the 'Resist Not Evil' that has brought in many many letters over the years and is a concept that's very difficult to grasp, and I wonder if Awareness could expound somewhat on that concept to: "Deny the Existence of Evil"?

COSMIC AWARENESS:

This Awareness indicates that one cannot say that everything is good, for entities can obviously see that there are things which are tragic, which are painful, which are difficult to experience or to watch, or even to witness and hear about. These things entities may class or call evil. When someone is violated unjustly or justly even, entities will say that violation was 'evil'. It is hard, it is impossible to deny that event or to condone that event, and the denial of the event as being abhorrent to their consciousness, is what many entities believe is being said in the phrase "Deny The Existence of Evil." This Awareness does not ask that you deny the existence of these abhorrent deeds or the existence of entities who would perpetrate such abhorrent deeds, for indeed there are entities who would do such things, and there are such things done.

Separateness is The Root of All Evil

This Awareness suggests, however, that denying the existence of evil actually means that entities should look at this concept of evil in a slightly different way and to understand it in a different way, in that the very nature of that which entities call evil comes about through the misconception or mythical belief of being separate. This Awareness has indicated that separateness is the root of evil; that if entities did not perceive themselves as being separate, they could not express or be evil. The very action of thinking that one is set apart, is separated from the rest of humanity, from the rest of the universe, allows the entity to feel that he or she has a particular choice of being a certain way and of behaving in a manner of a certain way without being affected by the results of that action.

If one, for example, violates another, and that one who does the violation thinks of himself as separate from the action of violation; the entity may think: "Hah! You got hurt, and I didn't!", but if the entity feels himself to be one with all, and harms another, the entity sees that he has simply acted out a polarized activity and this other person is part of consciousness, of the same consciousness of which this first person is, and therefore, in this body of consciousness which resides throughout the universe, there will come about a repercussion to balance the pain thrown out, with pain coming in, and the entity will eventually receive back the proper response to that negative expression which he presented.



This Awareness indicates therefore, when one fully understands the nature of a universe that is whole in which all parts are part of the universe, one cannot violate others without violating themselves as well. Putting this in another way, your subconscious knows you violated the other person, and is not going to let you off the hook. This Awareness indicates that it is only that illusion of separateness that allows an entity to think he can get by with such action of violating others, and this illusion of separateness is that which is the father of the illusion called evil. This Awareness indicates that in another way of looking at this denying the existence of evil, the phrase "Deny the Existence of Evil" is like a command; rather than allowing the existence of evil, or admitting the existence of evil, the command says for you to *deny* its existence.

How does one deny its existence? It is not saying that you don't *admit* it is there, it is saying for you to *deny* it any existence. This Awareness suggests that the question is: How can you deny any existence of evil? You can either deny it by calling it something else, by seeing it as something else, by seeing it as separateness, by recognizing it as this person's ignorance, or you can deny it by not letting it continue in its momentum and expression by stopping it. This Awareness indicates that it doesn't mean you ignore it; it means you either stop it, or you define it differently, and in the different defining, you gain a different understanding.

The Zoroastrian Philosophy of Good and Evil

This Awareness indicates the point of this phrase, however, is to influence entities to quit thinking in terms of some evil force in the universe, to quit thinking that there is good and evil as two powerful forces in the universe, as promoted by the Zoroastrian philosophy from which so many other religions have claimed or have adopted their thinking. There was a time when the Zoroastrian belief of good and evil did not exist upon this plane. Entities did not see good or evil, they simply saw things as they were. They did not class them or label them as good or evil. They saw things happening; they either liked it or didn't like it.

The Koreans, for example, had no word for evil. They did not have a word for good. They did have a word for not-so-good. This Awareness indicates that if you do not have this concept of an evil force in the universe, it loses its power to do mischief. If it loses its power to do mischief and instead there is that recognition that certain entities have aberrations which cause trouble to others, then you can deal with these entities in a more practical way. You can say: "This person has a problem that is spilling out and affecting other people, and I must do something to help this entity to get through this problem so that he will quit messing up the lives of others." That approach allows a practical opportunity for dealing with the problem, but if you see this person creating mischief for others, and you simply throw out this label: "That person is evil, and evil is part of the universe, and I must battle evil wherever I see it, and I am afraid of evil, and we must all go against evil and destroy evil, therefore, we must destroy this person who is evil," then what you have are all of these excuses for people killing their enemies whom they see as evil, and the evil continues because the killing of those persons is seen by others as being evil, so one seeks to kill evil, and in so doing, appears evil to someone else.

This Awareness indicates rather than seeing good or seeing evil, entities should see each other as having certain aberrations that cause harm or cause good things to happen. You can see an entity as being harmful in his or her behavior without labeling that entity as evil. Then you have the opportunity to modify that behavior. But how can you modify evil? It is inconceivable to modify evil. Who thinks that: "Well, I think we'll try to make evil a little better, a little less evil. I want to work with the evilness in this person to see if we can't modify the evilness into something that is not quite so evil."

People just don't think that way. If they see something as evil, they want to destroy it, but if they see an entity as being harmful in his or her behavior, they can say: "I want to work with this person so that they stop behaving in such a harmful way," there is then an opportunity to modify behavior. This Awareness indicates that if this has not been fully clarified, that you may ask further questions in regard to any points.

DENYING THE EXISTENCE OF EVIL

—ANOTHER POINT OF VIEW

(Energizing Evil Gives It More Power)

QUESTION:

There's a book out of Australia called *Journey Into the World of Metaphysics*, by Dr. J.S. Chiappalone, and in this book, which also covers many conspiracies, (the entity is conspiracy oriented) he devotes a lot of the book to this existence of evil and the denial of same. I'd like to read a little excerpt of this and ask Awareness to comment. He writes:

To deny the existence of evil is the greatest act of self delusion, deception and self destruction which true beings can commit.

Naturally evil beings and those who have become evil are only too keen to deny the existence of evil for it suits them admirably, and not being acknowledged as evil, they go ahead and continue being destructive, trapping the unsuspecting true beings in their web of deceit.

The basis of all religious philosophy is the struggle of the Divine creation against an evil force--this is true from the days of Lemuria and Atlantis, and the time of the battles of Horus against Seth in ancient Egypt.

6.

It is the fundamental basis of the Caballa, Ramayana, Bhagavad Gita, Vedas, Upanishads, Zend-Avesta, Koran etc. and of course the Judeo-Christian sets of beliefs in the Bible and Tora.

In these religious philosophies Evil manipulation of the facts of this basic struggle of Good against Evil has distorted the origin of evil, its manifestation and its significance in relation to man, but certainly has not questioned the existence of evil. "God" did not create evil to test man.

Evil began as a self evolving aberration from a subordinate member of the Godforce which escaped the self regulatory controls of the Godforce Hierarchy as a result of a freak accident.

Another argument put forward is that evil was created by "God" to test man and make him worthy of attaining salvation by conquering the temptations of the evil "He" had created as a test.

To deny the existence of evil and to accept the argument that all experiences are valid is tantamount to accepting the evil philosophy and exposing oneself to all the dangers inherent in it. This is the first step for true beings in becoming evil. Likewise, to accept the fallacious argument that evil is a product of man's folly is to deny the existence of our greatest enemy, the evil usurping demigod. This would then lead to a denial of his rebellion, a denial of his creation, which includes evil entities and demons and non-permanent atom beings, a denial of this war, a denial of our entrapment and spiritual suffering and the need for liberation from this entrapment.

[The article goes on and on and at the end says:]

...It makes a mockery of God's message to us and a mockery of all the pain, suffering, humiliation and emotional exploitation the true beings have endured for so long, awaiting the final descent of their creator and the liberation from the evil usurper's vice-like grip."

Would Awareness comment on that, please;

COSMIC AWARENESS:

This Awareness suggests you reread the first sentence of that.

QUESTIONER READS:

"To deny the existence of evil and to accept the argument that all experiences are valid is tantamount to accepting the evil philosophy and exposing oneself to all the dangers inherent in it. This is the first step for true beings in becoming evil."

COSMIC AWARENESS:

This Awareness indicates that this entity's concept or understanding of the denial of evil is that which is not the same as that which this Awareness has been discussing. This Awareness indicates that *It* acknowledged earlier that you must admit there are horrendous activities that take place; there are also entities who act in manners that are horrendous. This Awareness indicates that the nature of so-called 'evil' is based on the feelings of separateness and that when this separateness feeling is energized and is called evil, it gains power. This Awareness indicates that the very action of admitting and claiming and promoting the power of evil in the world, adds to that power. The action of denying that power, not to ignore the effects, but to deny the essence of evil, is to remove any energizing process to those demonic beings or those entities who have their beings based on and created by the concept of separateness.

Can "Evil" Be Segregated?

This Awareness indicates that in order for those Higher Light Beings of universal nature to have the final reckoning and to eliminate the evil from the universe, to eliminate the separateness from the universe, they must be able to integrate these entities, for you cannot segregate

without creating greater separation. This Awareness indicates by segregating evil, classifying it as something that is, and is continuing to be, and to think that you can toss it out of the universe, out of the whole; where is it going to go? If the whole is the whole, where do you throw the garbage? The garbage has to be integrated, recycled, brought back in such a manner as to be reformed into something else.

This Awareness suggests therefore, that rather than thinking of evil as evil, you start looking at it as *misconception*, the misconception that is being held by certain entities whom you may call demons if that pleases you, but whose philosophy is based on the belief that they are separate from others, set apart from others, and that being set apart and separate gives them equal power. This Awareness indicates that by looking at these so-called evil beings from this new light, and recognizing that they are living in a misconception, and rather than pointing at them and getting everyone to see them as evil, looking at them as poor insane beings who are living under a delusion of power from their separateness, and giving them little energy for their action, these entities will begin to wither. They cannot live without all of that attention. They cannot survive without the attention that is given to them for their separateness.

Giving Life Energy to One Another Through Attention

It is because of this separateness that so many entities who find themselves becoming highly separated, doing things to draw attention to themselves; entities cannot live without some kind of attention, thus, an entity who is alienated, who feels alienated and who does not feel it is possible to fit in with others, will do something of a negative nature and become antisocial in order to get attention, because attention is what gives the life energy to each other; as entities work together and attend each other through focusing, through awareness of each other, they give each other life energy.

This Awareness indicates that if an entity is totally isolated with no human contact whatsoever, with no living contact, the entity will not survive for any great length of time, yet that same entity, being put in a situation in which there are others who can give attention, may survive for many many years or decades. This Awareness indicates that likewise, it is with that so-called 'evil'. If you give it energy, if you say: "My, what a villain that fellow is! Wow! How great a villain! What a fantastic villain!", the entity just loves the attention and the energy that comes from it, but if you totally ignore that entity, and you simply say: "The mischief that entity causes sure does reflect his poor situation," and you have sympathy for the entity for being so deluded, the entity doesn't gain the same kind of energy.

In School: Attention to the Victim Not the Violator

These entities thrive on hostility. They don't thrive on sympathy. They don't thrive on being ignored. This Awareness suggests that in the Windsong School, for example, when a child violates another child in most schools, the parents, the teachers, focus on the violator; in this school they immediately focus on the victim, rush to the victim, assist the victim: "Are you all right?" The attention does not go to the violator in the initial moments; it goes to the victim, and then, after all the attention has been played out, they quietly take the other student out of the room, where little attention can be given to him. This Awareness indicates this has been extremely effective in keeping down violence in the school, for when an entity gets great attention for negative behavior, the entity thrives on that attention.

The Power of Attention: Very Important to Understand

This Awareness indicates that it is important for entities to understand the power of attention. The power of attention is such that it can heal and it can destroy. Attention can heal entities, and attention can destroy, but likewise, attention can be withheld, and that withholding of attention leaves an entity reflecting on himself for his own attention, leaves an entity looking to himself and attending himself, trying to find something of significance, and when an entity who is in an action of negative behavior cannot get outside attention for that negative behavior and must turn inward to look at himself, he generally does not like those things that he sees. It is different when others don't like the things they see in him. He can smile and enjoy all of the attention, even though it's negative, but when he is alone and looking at his own self and doesn't like the things he sees, it isn't nearly as fun.

Dealing With Demons in Your Life

This Awareness indicates therefore, in giving the attention to the negative behavior, you strengthen that negative behavior unless, in the process of attending to it, you can communicate with the being sufficiently to get them to recognize that they will receive greater rewards from positive behavior than from negative behavior, but who ever takes the time to deal with a demon, to talk to the demon about his or her negative behavior to try to get the demon to behave in a more positive way? It's not the nature to reform demons, it's the nature of entities who believe in demons to want to destroy them, and that simply gives the demon more demonic energy, makes them more desperate.

This Awareness suggests that in dealing with the so-called negative, with the demonic beings, assuming that they can never be anything else puts them in a class of separation that can never have a place in a unified universe and so casts them out, but where do they go? Perhaps to the other side of the universe, to make mischief over there. They'll be back. This Awareness indicates the best way to deal with demons is to deny the evil in them and to start modifying the demon, modifying their behavior, giving them light, wrapping them in light, putting the Light of Christ in them and around them, molding the Christ Light in and through them, stick those crosses on them, visualize them holding the Holy Grail, visualize the demons standing there, looking up, kneeling to Christ, looking up adoringly to Christ. All of a sudden the demon is no longer evil, the demon no longer has power of evil. You can reform those demons, or you can make these demons. The world is, the universe is processing information and each of you is presenting information that can be processed.

This Awareness suggests that if you have demons in your life, visualize them kneeling before Christ. Visualize them repenting for their sins.



TO BE COMPLETE, EVIL NEEDS TO BE EXPERIENCED?
(The Concept of the Prodigal Son Returning to the Father)

FOLLOW-UP QUESTION:

In this book previously quoted, the entity goes into one other aspect of this, while we're on this subject of the existence of evil, and denying it. He says: "Others claim that evil is another experiential exercise in the eternal existence of man, that is, that the experience of evil completes the being's education as it were; in other words, that evil and its creation are all part of the Divine Plan for the progression of beings, and as such, they do not really exist. This is another spurious claim to state that evil is simply another part of the Divine Plan. This is the most surreptitiously evil argument for the acceptance of evil which exists.

"Many New Age philosophers extol the virtues of this argument, claiming that there is no such thing as evil, simply so that it can be experienced and so that all have to experience evil, and that by doing so, people will awaken to the futility of being evil and will eventually become good, and that the rate of this awakening to this futility of evil will vary according to the individual, but essentially, all eventually come to the conclusion that there is no harm in evil, no need to condemn it or fight it. This is very wrong," he adds.

Would Awareness comment on that aspect?

COSMIC AWARENESS:

This Awareness indicates that regardless of what entities wish to do, they will always make mistakes. Depending on how extreme those mistakes are, they may or may not be classed as evil, but to some degree or another, they are actions of error. This Awareness indicates that in any action wherein an entity takes a psychic or mental position of being separated from others, wherein you see yourself not as being one with others, but as being separate, you develop that which is a sense of separation, a sense of self, and a sense of being a separate ego, and in this action there will be error in your relationships with others, and this error will lead to your own personal suffering, as well as the suffering of others.

This Awareness indicates that in the extreme degree of separateness, these things are classed as 'evil', the behavior and activities will be seen as evil actions and behavior. This Awareness indicates that as long as they stay within a certain norm, they are simply seen as characteristics of aberrations of an individual that are either acceptable or unacceptable to others and can be tolerated without being classed as evil. This Awareness indicates it is simply a matter of how extreme on the scale one moves in his or her expression of separateness and the ramifications of his or her activities from that state of being.

This Awareness indicates that when an entity is moving through life, the entity may seek to walk the straight and narrow, but will occasionally step off the path, or even wander off quite some distance from the straight and narrow and become involved in extreme polarities and separateness, which others would class as evil actions. This Awareness indicates that when the entity comes back to the path, the entity notices, if the entity is at all discerning, the difference, and eventually, the entity may find that it is better to stay near the path, at least keeping one foot on the path and straying only slightly with the other foot so as not to become lost and wander off into the more dismal areas of existence.

This Awareness indicates the story of the Prodigal Son as that wherein it reflects the entity going away from the Father, away from the Light, and out into the error of the world, and then returning with a new appreciation. This Awareness indicates that this is natural for entities in the physical plane to leave the straight and narrow, to leave the perfection that they were originally given as souls in order that they find and discern the nature of error, and when they experience error or that which you may call sin, sufficiently for their own personal needs, to see that it is not satisfactory and does not bring them what they desire, they then will return with a new understanding, a new appreciation, not because it was taught to them by some higher being, but because they learned it themselves.

This Awareness indicates that it is this personal experience which entities were put here on this plane to experience and learn from, and in such learning, the entities develop that which may be called individuality; it is through the error that individuality develops. If you have never made a mistake, you probably do not have any individuality. This Awareness indicates that the individuality is that which comes from the separateness, from the isolation, from the movement out of favor, out of the fold of the Divine. It comes from stepping off the straight and narrow. It comes from the error and sin that entities have experienced, but once this individuality has been developed sufficiently for the entity to have a learning experience based on experience rather than being based on the word of God, or the word of the Creator; that entity is never again going to stray, because the entity knows firsthand the results and ramifications of having strayed.

This Awareness indicates this goes back to the First Separation, wherein Rhyee, or Lucifer, separated and thought that by developing a separation, he could become equal to God. This Awareness indicates that separation and the subsequent return to the Godhead as that which served as a learning experience, just as with the Prodigal Son. The learning experience is that which was necessary so that the Divine Beings, in separating from God, upon their return, know firsthand the consequences of such separation and they no longer are intrigued by the separation, and they do not need to wonder about it, and their stay with the Godhead is from personal choice, rather than from being obedient as was the case before the separation of Rhyee or Lucifer.

Prior to that separation, prior to the Fall of Man, everyone was with God because they believed and obeyed God and stayed there. Once they had a choice to stay or separate, and those separated return, their return comes with new information, new understanding, individuality, recognition and greater realization as to why they should return and never again stray. It would be ideal in the one sense if no one ever left the Godhead, but it is not the case, and if entities say you should never leave the Godhead, it is simply hypothetical, for the fact is that *everyone* residing in physical form has to one degree or another erred in that they have left the Divine Vibration or frequency, in order to inhabit physical form.

This Awareness indicates that there are none here in physical form who have not erred in this sense, but so what? Mistakes are not fatal. Even fatalities are not permanent. There is always redemption. Entities passing from body to body can return once they learn the error of their ways. This Awareness indicates that *It* does not advocate that entities go out and seek to make

mistakes. Rather, *It* advocates that entities do the best they can, and if they make mistakes, not to worry so much, but try to learn from those mistakes so as to reach the higher more satisfying levels, and consider those mistakes as beneficial for the lessons that can be learned from them.

This Awareness indicates you need not seek to make mistakes, for surely you will make enough.

The Law of Gratitude is given.

ED's Note: for more on this subject please refer to 'Revelations of Awareness' issues No. 80-34 (Resist Not Evil: Part 1); 81-23; 85-02; 78-37; \$3.00 each from CAC. For more on denying the existence of evil, please refer to issue 92-11 (It's Getting Harder!); \$3.00 from CAC.

To see how "Resist Not" historically worked in real life, go rent that classic 1982 British-Indian movie "Gandhi" which swept the Academy Awards that year. A riveting performance by Ben Kingsley as Mohandas Gandhi, who rose from a position as a simple lawyer to become a nation's leader and worldwide symbol of peace and understanding thru his many passive resistance encounters with the brutal British Empire that controlled India for centuries. For it was Gandhi, who made that statement of Jesus come alive: "But I say unto you, That ye resist not evil; but whosoever shall smite thee on thy right cheek, turn to him the other also."

You will weep, as I did, but your soul will sing as you watch this entity as he liberates the spirit of mankind.

A rather interesting example of Resist Not Evil, was a true story related on the Today Show of March 21, 1995. It concerned Larry Trapp, a Grand Dragon of the Ku Klux Klan in Nebraska, who later was confined in a wheelchair from diabetes, spent years making racist remarks and telephone calls to "niggers" and Jewish families in the area. When a new Jewish family moved into town recently, Trapp made threatening calls, warning the entities that "You'll be sorry you moved into 321 Elm Street, Jew Boy." The father of the Jewish family, who happened to be a cantor in his synagogue, told his frightened family: "Do not call the police. The next time he calls, tell him I wish to meet with him personally. Be polite. Tell him I wish him to meet our family." The next time Trapp phoned, with his usual anti-Semitic threats, the cantor politely answered the phone and addressed the entity. He told him that it sounded like he had a problem about Jews and that it might help if he got to know a Jewish family. He invited Trapp to his home for dinner and the cantor's family, including his children, all shook Trapp's hand and politely made him welcome. Thus began a relationship, a friendship, in which Trapp confessed he wanted out of the Ku Klux Klan, that his hatred of blacks and Jews was the product of being programmed by his father, an avid racist and anti-Semite. Over the months the friendship with the cantor's family deepened; he was taught much about the Jewish faith, and when Larry Trapp was confined to a wheelchair, dying from diabetes, the cantor's family took him into their home, nursed him day and night. The entity even converted to the Jewish faith before he died. When he finally did die, the entity was treated as one of the family, with all the respect and ceremony. The cantor, his family, his children all cried during the funeral.

(I thought that was a cool little story)

Avaton

COSMIC AWARENESS NOW GIVES YOU THE SECRETS TO INNER POWER AND HOW TO HANDLE THE USE OF THAT POWER IN RELATIONSHIPS (Part 1)

THE NEW WORLD ORDER: SO SUBTLE
YOU MAY NOT EVEN NOTICE IT AT FIRST
(Keeping any Rebellion to a Minimum)

C.A.C. General Reading, November 8, 1991

OPENING MESSAGE:

This Awareness wishes to make some comments regarding the perception that many entities may have gathered from these readings in reference to the New World Order. This Awareness indicates that *It* has given some information on this in the past, and in regard to some of this information, *It* may have caused some anxiety among the readers of the *Revelations of Awareness* as to what the entities might expect from the New World Order as it becomes implemented.

This Awareness indicates that *It* wishes to comment on different aspects of this. First, it is possible that this New World Order will not be implemented at all. There are many entities, many of them in higher positions in government who are not at all favorable toward the concept of the New World Order. It is also possible that if the New World Order is implemented, that it will not be as hostile as many would perceive it to be or as some may plan it to be.

It may indeed be altered considerably as it is imposed or developed so that it becomes less threatening to humanity than is perceived. It may also be that even if implemented exactly as planned, that the majority of entities living today will hardly notice any change whatsoever in their lifestyles. This Awareness indicates that it does appear that if implemented as planned, it would be brought in with little real disturbance to the masses.

The idea would be to bring it into society and gradually remove the Constitution or weaken the Constitution so much that it is no longer a viable document in society, replacing it with something else which might have dictatorial-type controls but which controls would not be implemented for perhaps one, two, or even three decades so that everything

is so gradually applied that the older generation today who are familiar with the rights given by the Constitution, will have more or less died off, and so that the newer generation will be the older citizens in the future, and will have been conditioned to accept the new rules of the New World Order as the law of the land and will be conditioned to go along with these rules, even if they are oppressive.

This Awareness indicates that in this manner, the promoters of the New World Order would be able to keep rebellion to a minimum. The concept would of course also include ridding the earth of any entities who might speak out against the New World Order or otherwise cause problems in society in regard to this New World Order. This Awareness indicates that for most people who are adults today, it would simply be a slight adjustment here and there in their lives that would be almost unnoticeable to their lifestyle unless they became rebellious.

This Awareness indicates therefore, if you have fears and cater to those fears and insecurities, you may simply want to conform and be silent or as some would say, consume and die, at the appropriate time. This Awareness indicates that it does appear that there is considerable potential for changes to occur in such a way that the New World Order will not develop as fully as planned and that it may simply turn out to be a United Nations activity which helps to promote peace between nations without developing into a world totalitarian system, for it may be that the people of the world just will not go that far, will not tolerate totalitarian systems any more.

If this is the case, then it may well be that the small influence of the New World Order will be that which not only is tolerable, but which also acknowledges and recognizes democratic and republican ideals in government around the world so that individuals still have rights in

their own respective countries and so that the countries still have certain sovereign rights within the community of nations.

In other words, it is quite conceivable that things will synthesize in a way that is acceptable, even if there are plans in motion of which the outcome would be unacceptable. There is a great difference between reality and planning. As the saying goes; "The best laid plans of mice and men often go awry."

No Need to Fear the Future

This Awareness indicates that *It* wished to give this information so that entities do not become overly concerned or frightened about the future, for there are always the higher forces that can find the exact and perfect moment for introducing something in the affairs of humanity that alter the best laid plans of man, so that good comes out even if the plans are not intended for the good of humanity.

This Awareness has, for the last two years, given some very heavy and grave information in regard to aliens, also in regard to the New World Order plans, in regard to the earth's investment with other life-forms in the galaxy, and much of this information may have left many entities feeling weakened or insecure. This Awareness indicates that this information and the feelings of insecurity for most entities has passed and has been absorbed and digested so that entities are no longer quite so nervous or frightened about the concept of aliens on earth.

Most entities receiving these messages have adapted to the potential of having alien forces on earth and have a better understanding of the nature of these forces. This Awareness perhaps has not given sufficient attention to the aliens of the more positive nature: the Pleadians, Vegans, Lyrians, Andromedians, and Arcturians.

Why Awareness Avoids Information on Good Aliens

This Awareness indicates that *It* deliberately avoided giving too much attention to these entities because these entities are themselves very much tied up with their own struggles with the Greys, Reptoids and Orion aliens, and therefore, *It* does not wish to give entities false hope that everything will be taken care of by these space brothers and friends, for these entities are going through their own struggle for survival, and it is not something that earth entities can count on as a force to attend earthian needs.

This Awareness indicates that depending on how these struggles progress, there may be help from these entities. It does not appear that mankind is quite resourceful in emergencies, and that there are many who are recognizing the emergency and are preparing and drawing on resources to be ready if and when the time for such readiness is here.

This Awareness indicates therefore, by your being informed as to the nature of the alien presence, you have gained much information and readiness which you did not have two years ago, and in realizing what you have gained, you are more prepared than you actually realize and can deal with more than you could imagine two years ago.

The very fact of your awareness has helped to make it possible for you to remain calm in an event of crisis in this matter. Simply by knowing what you know, you may be a more calm person in your group, in your area, in your circle, for once you have glimpsed the nature of a threat or a potential threat, you have an advantage over those who do not know anything about the potential threat, and by being able to remain calm, simply because you know what is going on, you also help others to remain calm during such times, and you may either be more qualified or capable of making the right decisions because of your calmness, or you may help others who mimic your calmness or pick up on your calmness, to make their own proper and calm decisions as needed.

This Awareness indicates that making good decisions requires a mind that is not agitated by fear or terror or lack of understanding. Therefore, what you have learned has been a part of preparation in the event of an emergency.

This Awareness indicates that these readings from this Awareness are designed to help entities to increase their own personal awareness, and in so doing, to rise above those levels of unawareness and ignorance or lack of understand-

10 ing, partly because as you become more aware, you automatically become more capable of making right choices, and making right choices automatically makes you a more effective person in times of crisis, in times where decisions are important.

This Awareness indicates that in other words, over the years, entities who have been with this Awareness reading these messages, have grown in stature, have grown in authority, have grown in levels of awareness and have become more capable of leading others.

You Have the Ability to Lead and Influence Others

This Awareness indicates that at this time, *It* wishes to give entities a little more of an ability to lead and influence others, for the time may come when this quality of leadership and influence over others not only helps all involved in a critical situation, but wherein it can save lives also, if it is properly used.

This Awareness indicates the history of humanity is filled with stories of individuals taking and holding power over others, and surely it is not the intention of this Awareness to create more stories of despotic rule over others by those who have studied these messages, but it is the intention of this Awareness to inform those entities who have long been influenced and taught by messages from this Awareness to have the use of the same secrets of power that are held by those who would misuse power over others, in hopes that those who have been influenced by this Awareness to love others, to do good to others, to put the welfare and concern for others above self; that these entities would use power in a proper way to help bring about a world that is less hostile, less violent and less abusive.

If Misused, Your Power Can Be Taken From You

This Awareness indicates that for those who misuse this power, there is the *Law of Karma*, which is still at work and which can take away the power very quickly when it is misused, and this Awareness will watch entities' use of power to help assure that it is not misused for long without lessons being taught, lessons being learned as to the cruelty and danger involved in misusing power.

Proper use of power is that which helps to influence others toward activities that bring about good for all to share in. There are often times entities who will begin a project that will bring about good for all, but as the good becomes available, such entities may try to steal the good for themselves, leaving the others who have participated, empty-handed. This is a misuse of power and will not be tolerated. The *Law of Karma* will have its say in the matter.

This Awareness indicates that having given this warning; it is more than a warning, it is a fact, relating to the *Law of Karma*, which is the Law of Cause and Effect; having given this, *It* will now proceed with explaining the nature of power, the accumulation of power and the proper use and expression of power, so that entities who are close to this Awareness can understand this both as a defensive recognition so as not to be oppressed by power, and also as a tool for the use of power applied in their lives to accomplish certain things that need to be done in order for all to benefit.

This Awareness indicates that it first needs to be clarified that power comes in many forms. There are external powers that entities can draw on and there is the internal power that entities emit silently in their appearance. Entities can see a person and recognize the person has power. The external powers are not necessarily seen, though sometimes they are seen in some form of tool, agency or posture or position.

The Forms of External Power

It is the external powers that are most commonly used on earth in the misuse of power, and these external powers are those which most commonly are falsely applied and most fleeting as they are applied and are the subject of conflicts, for there will be those who seek to rob you of these external powers. External powers are those things that are based on weapons, position in a hierarchy such as a job position, power from the use of a tool, such as money, power from the use of law, and power from the use of others who serve as a club or weapon to enforce your will; these are forms of external power.



This Awareness indicates that entities struggle, indeed, fight each other to gain higher position on the hierarchy ladder in order to be able to look down on others and give orders and directions expressing their power through words or actions, to intimidate or to control others by position or by some form of authority.

There are those who use a weapon to intimidate and control others. There are those who use their particular relationship or station in life, or perhaps their status in a culture to have power over others. One person may have power over others for being white in a particular society, when the others are dark skinned, or if reversed in a dark skinned society, the white skinned entity may be discriminated against.

One person may be more powerful in a culture or a society because of his or her name or family status in a community or position in a business, college or organizational hierarchy. A person may have greater power because of their gift of speech over others who do not have that same gift of speech. These are all external types of power that entities often spend much energy seeking to attain, acquire or gain use of in order to have control over others, and to threaten that control can create for many considerable emotional distress.

To take away one's most important tool for power may leave the entity totally vulnerable. This Awareness indicates that there are some who may gain a sense of power from drink or drugs, and to take these from him may leave him feeling vulnerable, weak and impotent. This Awareness indicates that the entity who is a friend of the local police, who believes that he can use the police to enforce his friends into acquiescence and submission is attempting to use a power outside of himself. The police become a club in the relationship, by which the entity beats his opponents. **Internal Power: It Only Comes from Within**

This Awareness indicates that there are many kinds of weapons, many kinds of power that entities can draw on, and entities do these things and often they gain from their use of external powers, and in some cases the need for external powers may be reasonable, but the use of internal power is a greater value than the use of external powers. The internal power is that which comes from within yourself. It is not something that can be purchased or given to you. It is something that you must discover.

How You Once Had Much Power and Then Lost It

This Awareness cannot give internal power to you, It can only point at the internal power that you have and remind you that you were given this at birth, but that you lost it along the way. This Awareness indicates that when you were born, you had the power to control strong, effective powerful adults. One wail from you could bring adults into the room ready to do your bidding. You had the sense of being an individual and you had the sense of being important. Your importance dealt with your needs. Your stomach hurt and you needed food, and you let it be known, and entities responded, catering to you as though

11. you were a king or a queen. You did not have to be nice to them, you did not have to butter them up or tell flattering lies to them. You did not have to cater to them in order to get them catering to you. You were born with power and influence over others.

This Awareness indicates that as time passed, you learned to speak and to understand the meaning of words, you were trained how to treat people, how to be polite, how to do nice things for people to make them like you better and you learned that if you catered to them, they give you something in return, and so you began to lose your personal power and become a fawning puppy dog, trying to please, doing the right things, saying the right things, looking proper, acting proper, listening in a way that gives the impression you are catering and courting the other so that you can please them and make you feel important.

This Awareness indicates that in this manner you begin to give up your personal power. This is the nature of childhood, for children, once learning the use of language, begin to become subjects of the adults who then seek to use the children for their own personal needs.

This Awareness indicates that as time passes over the years, gradually you stop catering to the adults in your family and find a new interest. The next interest is among your own peers, those of your same age group. You begin to cater to each other. You want to court the affection of "this" person, to make this person like you. You do things to make the person feel that you like them and you flatter the person and you run errands for the person, and you give the person presents and the person thinks: "He likes me!" and you want to promote that impression, even if the person does not reciprocate.

You may find yourself giving and giving and giving to this person, only to be rejected and rejected and rejected, or looked at with a kind of disdain, and yet you don't know what to do. You have given this person so much and they still don't seem to really like you. How much more must you give to get a reasonable reciprocation?

This Awareness indicates that it is at this time that you need to know and understand the nature of your own power. You cannot have personal power if you are trying to get approval from others by giving yourself, your energies and approval to them when they are simply uninterested or appear to have no interest in reciprocation. You must decide whether you want to get along and become friends or whether you want to have influence with this person. **For a Good Relationship—Stop Catering!**

In some cases, you may be perfectly happy to have a friend to whom you can contribute your energies. You may be satisfied to have a mate whom you can give yourself to without expecting anything in return, but these relationships for most entities grow stale and unrewarding and you may find that it is for you an unrewarding relationship when you must give 90% of the energy to keep it alive.

This Awareness indicates that in order to change such a situation and to have an influence where the other turns to court you, you must first stop courting the other. You cannot court an individual seeking to gain their respect for you by giving yourself in a catering manner to them. If you are catering to them, why do they need to cater to you for your affection. It is obvious they already have it. If you wish to establish a relationship in which you are the eternal caterer, then you must keep catering eternally, and if you want a reciprocal relationship, there must be some kind of reason for the other to reciprocate.

Thus, when you stop catering, the entity may ask: "What happened? Where is my slave? Where is my servant? The one who brings me everything I want!" They turn and look for you. You are over there. They approach you to find out what's wrong: "Why aren't you doing my bidding?", and you say, "I'm tired of doing your bidding, when you don't appreciate it!"

At such time they may respond: "You need your back rubbed," or "You need this. Let me do something nice for you." Suddenly you find that they are catering for you. It has been reciprocated. First you gave and now you have stopped giving and then they want to give. This Awareness indicates that the first thing one needs to do in developing

personal power is to stop catering to entities, especially those who are themselves nonresponsive, and to let those entities cater to you for a change.

This Awareness indicates that when there is mutual catering, this becomes the basis for a good friendship or a good relationship between entities who can develop a fondness for each other. This Awareness indicates however, that for those who want personal power that goes beyond friendship levels into business levels, the catering must cease altogether for you do not seek a friendship, but you seek the relationship where entities give you their energy willingly. You first must cease catering to them. You do not cater to them. You do not seek their flattery, although they may begin to cater to you and flatter you.

You respond courteously to their flattery, but you do not need it. You see it for what it is. It is a manipulative action on their part to try to seduce you into needing them for your ego enhancement. You do not need their flattery, but if you wish them to continue catering to you, you need to acknowledge their effort, and when they flatter you, simply thank them for their flattery, or thank them for something they have done.

This Awareness indicates that as the entities begin to cater to your needs, always give them appreciation and always act as though you expect it to continue. This Awareness indicates that you must treat them with respect and never treat them as though they were inferior, always treating them with appreciation, caring for them as individuals, even if you feel a frustration with their continual flattery and catering.

Otherwise, if they do not sense that they are needed, they will gradually lose interest or become resentful to you that they are doing so much for you and you don't appreciate it, and they will at some point cease to cater, cease to court you. They may go elsewhere to work for your competitor.

When Addressing Entities: Use Their Last Name

This Awareness indicates that as you find yourself in a position of working with entities where you recognize that you have ceased to cater to them, you must also show them courtesy, respect and polite responses. It is important likewise to begin, especially in a business relationship, to begin using last names, referring to them as Mr. Jones, instead of Henry, or whatever the first name might be. Instead of Julie, call her Ms Smith.

This may cause them some slight awkward feelings at first, but as you persist, it will change and they will likely begin to refer to you by your last name. If you find them questioning: "What is all this about? My name is Julie!", or "My name is Henry!", just tell them that it seems to you that they deserve a Ms or Mr., and that you feel they have earned the right to be called Mr. or Ms.

This Awareness indicates that the very action of switching to last names automatically creates a more respectful distance between you and them and creates a mystery for them to deal with. It strips away some of the intimacy that first name relationships tend to have, wherein entities think that they can control an entity through more close intimacy. It strips away the impression that an entity might have that he knows you by first-name basis and therefore can get you to cater to him or give him favors.

It creates instead a sense of a partner who is still approachable, but approachable with caution and purpose and meaning, not with foolishness. This Awareness indicates that this action, though small and simple, removes much of the familiarity that breeds contempt between entities. This Awareness indicates also, avoid calling or saying "sir" to the other person. Preferably just answer questions or respond not by saying, "Yes, sir" or "No, sir," but by repeating the person's name: "Yes, Mr. Jones," "No, Mr. Jones," preferably followed by some further statement reflecting on what Mr. Jones has just said.

For example, if Mr. Jones says: "Did you pick up the mail this morning?", rather than saying, "Yes, sir," or "No, sir," you can respond as "Yes, Mr. Jones, I did pick up the mail this morning." This action and way of speaking creates a different feeling between yourself and Mr. Jones, causing him to become more formal with you, and causes him to

12 recognize your sense of individual power; that you are a person with an individual sense of purpose and not one who can be manipulated easily or bowled over by words.

If you respond to that question: "Did you pick up the mail this morning?", by saying: "Yes, Mr. Jones," or by simply saying, "Yes, sir," it implies that you are inferior in position and this diminishes your power in his eyes. If you respond as "Yes, Mr. Jones," then it implies that you are being somewhat curt and not completely open to him. It is almost as though you are being flippant toward him, but if you add: "Yes, Mr. Jones, I picked up the mail," then the entity has no reason to feel offended, but does indeed recognize your individuality and the strengths of your reply indicates a person of personal power.

This Awareness indicates that as you continue in your expression of personal power, neither courting nor catering, and replaving in ways that are subtle but meaningful in a way that kind of separates you from intimacy with others, which gives you a kind of standoffishness, without it appearing that you are snobbish, you become more and more aware of the need to be friendly toward others. To avoid that feeling that you are preoccupied with yourself, to avoid the appearance of being preoccupied with yourself, and to do so, you need to appear very interested, not only appear to be very interested, by you need to become very interested in everything that occurs around you.

Show Recognition to Others

Be more attentive and aware of people, their needs, their problems. Do not court those who are higher in status than you, while shunning those who are lower in status. The janitor who walks by deserves a recognition from you as much as does the president of the company when he walks by. This Awareness indicates that in showing your recognition to the janitor or the person of more lowly status, you show yourself to be quite a bigger person than if you ignored the entity and gave notice to the higher official.

This Awareness indicates that by recognizing the individual, regardless of what station in life, you show yourself to be a very powerful individual without your own self. You do not need to impress others with your importance by shunning this janitor or other individual while paying attention and notice to the president of the company. This Awareness indicates that such action would imply that you were needing to seek attention from the higher official and were trying to avoid attention from the janitor or more lowly status individual, as though you were ashamed of speaking to someone of lower status.

That does not imply a person who has personal power, it implies an egoistic individual who is seeking to climb to importance. It is the appearance of one who wants to appear more important, and if you want to appear more important, then you do not have personal power.

This Awareness indicates that the entity who insults those who are doing their job may think that it is an expression of personal power by finding fault in the work of others, by forcing others to cater to him when they are in a position where they have to cater to serve their job, such as in a situation on the golf course, wherein your assistant must cater to your needs, and you are insulting and berating to the entity or in a restaurant in which you insult the waitress or waiter and they must cater to you because it is their job.

These are actions that do not show a person of high personal power, but show the entity as seeking to impress others with the power they have. These are tricks that do not fulfill the intended purposes. This Awareness indicates that it is important for entities not to misuse what power they have or others will see that do not really understand or have personal power, but have only a bag of tricks which they are trying to promote as power.

This Awareness indicates in other words, the person who has personal power must be courteous to others, must get along with others, but must do it without courting or catering to others. This Awareness indicates that this is sufficient at this time for the first discourse in developing power and the proper use of power. It will give further information on this topic in later discourses.

THE CALM BEFORE THE STORM
(The Document: 'A Redress of Grievances')

13.

(Excerpt from a CAC General Reading, March 7, 1995)

OPENING MESSAGE:

This Awareness indicates there is a kind of quiet before the storm. This Awareness indicates that the Patriot groups have begun making certain demands on Congress and on the governors of the states to move back toward the constitutional laws of this country; this being done through a demand, a Redress of Grievances.

This Awareness indicates that it is a process that puts Congress and government officials on notice that the Constitution is the law of the land and that they are expected as elected officials to abide by the Constitution, to which they have sworn an oath of allegiance, and that they are also informed that anything other is treason.

This Awareness indicates that this is being presented through certified letters to members of the Congress and to state officials so that there can be no doubt as to the fact that they have been notified. This Awareness indicates that this does not necessarily mean that entities will take the notification seriously, for there are many entities who have for so long catered to the international leadership, the UN leadership, and the banking controls, that they are not likely to pay attention to the people.

This Awareness indicates that it *does* appear it will be a grave mistake for these entities to ignore this Redress of Grievances. It also appears that there are some who are taking this seriously, moreso than at any previous time. This Awareness indicates this is in the early stages, and more should be clear by this time next month in this movement. This Awareness indicates that it appears June may become a critical time in this Patriot movement.

FOLLOW-UP QUESTION:

What does Awareness mean when *It* refers to 'the storm'?

COSMIC AWARENESS:

This Awareness indicates that this may be seen as a political storm over whether the country is under the control of the Constitution, or under the control of the New World Order agencies such as the UN, such as the IRS, and the Federal Reserve Bank and other agencies that have been established to run this country over the past decades. Many of these agencies perceive themselves as the government, when in fact they are operating illegally, when in fact they were illegal from their beginning.

This Awareness indicates that in law, if something comes out of an illegal activity, even if it takes on the appearance of something real and legal, it is void from the beginning because it came from an illegal action. This is the case with the Federal Reserve Bank and with the IRS. It is also the case with some of the other agencies that have developed and which pretend to be part of the United States of America government.

This Awareness indicates there are two governments operating in this country: the United States of America is the Republic government created by the states, for the states, created by the people, for the people, and there is the US government, which is a corporate government, or corporation. Corporations are not allowed by law to become politically charged in terms of their controls over the masses of a region.

The Illegal Quasi-Government in Washington DC

A corporation is simply an entity which makes its own rules for its own employees and for its own structural operation. The US government, which is on a ten acre parcel of property in Washington D.C.,

outside the United States of America is a corporation that has taken on the role of a quasi-government, but which has no legal authority to do so.

This Awareness indicates that any action whereby this quasi-corporation known as the United States Federal Government attempts to make laws, to impose laws on the states or on the people that have not been authorized by the states or the people, operates illegally. This Awareness indicates that any of the states or the people who give their allegiance, and give their rights to such a quasi-government are doing so illegally.

Anyone who volunteers to let such a foreign entity control their lives is volunteering their freedoms away illegally, and this is where changes will soon begin to occur, and where entities will begin to recognize a breach in the relationship between the people, the states, and the quasi-government in Washington D.C.

The Illegal Internal Revenue Service (IRS)

This Awareness indicates that the IRS, for example, was never legally authorized because the head tax, or income tax, was never ratified by the states, even though at a point someone in Congress stood up and made the statement that the income tax finally had been ratified by sufficient numbers of states and was now law, and this, without challenge from members of Congress, was accepted as being fact.

In reality, it was not true. It was a bald-faced lie, and entities, believing it was the truth, began to put together the tax system and the IRS as tax agency, to collect from the people the head tax or the income tax.

This Awareness indicates that there are many who realize this was fraudulent from the beginning, just as there are many who realize the Federal Reserve Bank does not have the right to produce false bank notes and pass them off as American money or United States of America money, because the Constitution has not given the Federal Reserve Bank such a right.

This Awareness indicates that because these things are now well known among a great many citizens, it is being challenged. There are those who have put in claims against the Federal Reserve Bank for damages during its lifetime, and these entities are being treated by agents of the Federal Reserve Bank and its system as though they were corporate employees who have suffered some kind of damage from the Federal Reserve Bank and the corporation, and the agencies are trying to get some kind of settlement that will pay pennies on the dollar in terms of the damages, so that the Federal Reserve Bank can continue its operation, continue having its control over the money system of the United States and of the United States of America, which is illegally held.

There are those who know this is the effort of the Federal Reserve Bank and who will not allow this to continue and the storm will come when it is clear that Congress and the governors all have been informed, have had clear statements given them, and have an understanding, and if these entities do not act to help straighten out the situation, it is very likely that you will see a conflict in which these entities will be tried for treason against the United States of America.

How this storm will proceed is not clear, nor is it proper for this Awareness to express what *It* sees in the future on this because the future is not fixed, and things can change, or things can be modified by the choice and actions of individuals.

QUESTION:

We got a note from J.M. in Arizona, who writes: "Dear friends. Rumor has it that there may be military action taken against militia units and/or leaders sometime around March 25th through 28th. Supposedly, this ties in with some kind of astrological and/or metaphysical symbolism or significance. You might want to ask Awareness about this."

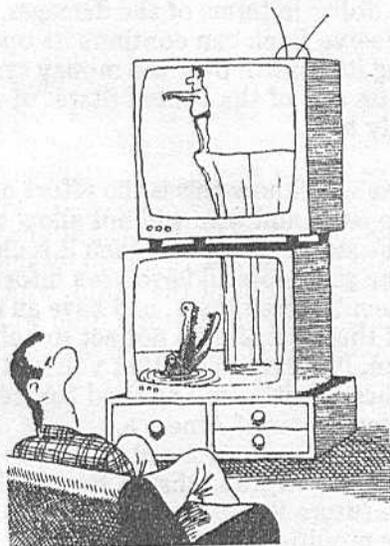
COSMIC AWARENESS:

This Awareness indicates that there are many rumors circulating at present based on presumptions and on some of the energies that are in the making. This Awareness indicates that there also are rumors that some of the entities who have been paid on their claims against the Federal Reserve Bank are being, or have been, coerced by agents pretending to be government agents, but who are probably Federal Reserve agents, into forcing these entities to return the money they have received. This Awareness indicates that this appears to be nothing more than rumor.

This Awareness indicates that *It* does not see a great deal of substance to these many circulating rumors at present, but there *does* appear to be considerable amount of intensity and energy building in this regard, wherein a conflict appears to be almost inevitable, which could lead to events occurring by either side, in an attempt at a pre-emptive strike to defuse the powers of one side or the other.

This Awareness indicates that this is still speculation in regard to the energies that are forming, for nothing is solid at this time. This Awareness indicates that *It* does not see any particularly strong negativity in astrological terms for that time.

ED's Note: The March 27, 1995 issue of The Spotlight reveals that leaders of the Militia of Montana and others were arrested on a variety of trumped-up charges. The headline of the Populist publication reads: "Situation Tense in Montana (This is a Trial for All America)". The Montana arrest of militia leaders is seen as Militia test case.



3/5/95

OPENING MESSAGE:

This Awareness indicates that there are in place, the makings of a global economic collapse. This could occur anytime in the next 18 months. This Awareness indicates that the propping up of the Mexican Peso by the United States has not helped the situation and has moved the United States even closer to the time of such a collapse.

This Awareness indicates that it is not just related to the dollar; it is connected to many other countries who are similarly close to economic disintegration. The Russian economy is very close to a collapse that will cause enormous political problems. France also is in a poor situation. Japan has suffered economic difficulties and holds many debts of other nations who are economically unable to make good on their debts.

This Awareness indicates that Germany appears to remain relatively strong; the Swedish and Finnish and Norwegian economies are weakened. Certain major banks in Great Britain are in trouble, particularly the Warburg bank. Several South American banks have suffered from the decline of the Mexican Peso.

This Awareness indicates that it is problem with the global economy, more than with any particular nation. It is seen that the global economy is simply out of balance. The Federal Reserve and the British banks, the entire Rothschild economic program is teetering on collapse. This Awareness indicates that when this occurs, it may be artificially caused in an effort to set up the New World Order during a time of crisis, but it also presents an opportunity for entities in this country to turn back to the Constitution and turn back the monetary controls to the U.S. Treasury.

Depending on how people move in response to actions that occur during the time of crisis, it is a potential for retaking the United States monetary system under the control of the Treasury Department, or it is a time of surrendering the entire nation and the world to domination of the New World Order.

This Awareness indicates that the more entities are educated to make the proper choices, the greater the chance of a prevailing freedom existing during this time of crisis and following such time of crisis. This Awareness indicates that *It* does not wish to alarm entities excessively, *It does* wish to alert entities to this possibility which is well on the path of manifesting.

IS COLLAPSE OF BARINGS BANK A BEGINNING?

FOLLOW-UP QUESTION:

Would the recent collapse of the Barings bank in England precipitate this? *

*An older bank than even the Rothschilds, Barings financed the Louisiana Purchase, the Napoleonic wars etc. but went belly up when a young yuppie employee speculated with its funds and lost a billion dollars, thus bankrupting the firm.

COSMIC AWARENESS:

That is another factor. There are very many banks in trouble throughout the world; there are also governments in trouble. This Awareness reminds you of the Orange County bankruptcy; that there are many counties in the United States that are similarly perched close to bankruptcy.

ARE AMERICA'S PENSION PLANS BEING DESTROYED? 15.
(More on the Collapse and How Banks Use Your Money)

QUESTION:

There is a number of articles and TV commentaries out about how such things as the pension plans of millions of entities in this country who have been putting money into these plans, expecting one day to retire and receive a monthly check, that many of the banks have taken these pension plan monies for investment, and have put them into a type of security that really isn't secure, and as a result of this, banks are failing and more and more pension plans and that type of investment are going down the tube with them, and it's going to be a tremendous shock to a lot of Americans when they discover that the money they've been saving and investing in these plans all their lives has been lost. Does Awareness see this occurring on a scale that some of these commentators are saying is inevitable?

COSMIC AWARENESS:

This is in the affirmative. This Awareness indicates the Savings and Loan crash in the Eighties will be seen as insignificant in comparison to the crisis that is looming in terms of the banking establishments in the next few years. This Awareness indicates that there are so many ways whereby the banking establishment is able to manipulate the masses and their money.

Entities do not fully understand these manipulations. This Awareness indicates that when entities get a secured loan from a bank, such as a mortgage, they turn over to the bank the title or deed to their property in exchange for Federal Reserve notes, or more likely, simply a number of notes tied on their savings account or checking account, so that the bank actually gathers an amount of money owed to them from the use of your property.

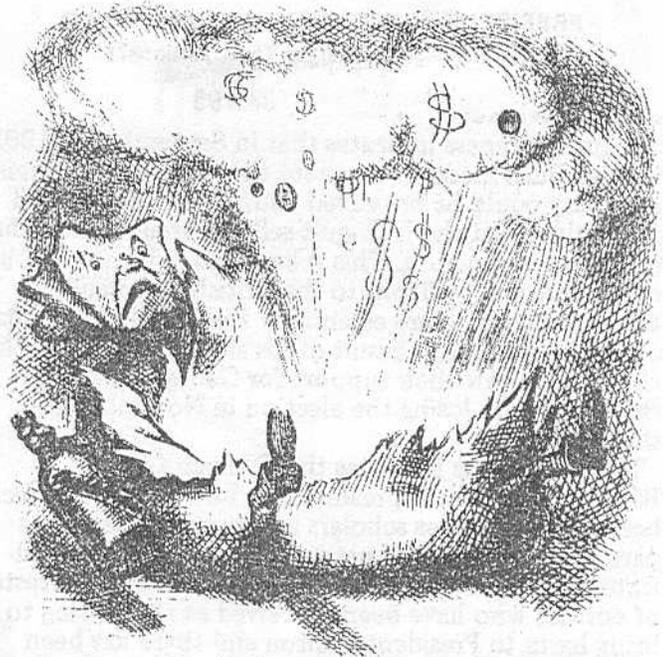
Thus, you turn over a \$100,000 home to the bank in exchange for a \$100,000 of debt. You receive this debt, and the bank loses nothing in exchange for gaining control of your home. It simply creates for itself a debt which you owe, worth whatever amount the bank loaned on your \$100,000 home.

Thus, for example, assuming it loans \$80,000 for your \$100,000 loan, you now are indebted to the bank for \$80,000 in order to get your home back. It is likened unto a pawn shop: You give your home, worth \$100,000, and receive \$80,000, which the bank creates at the time it issues the loan. Therefore, the bank gets its money for nothing. It is very happy to loan money to you because it creates more money which you owe it. This Awareness indicates that along with the money you owe, it also collects interest on that money, and therefore, the bank makes out in two ways: extra money which it did not have before it made your loan to you.

This Awareness indicates also, the money is insured by the government, or by insurance companies created through the manipulators, the Federal Reserve Bank. The FDIC insures the bank that it will receive the money, even if you don't pay it back. This Awareness indicates that if it is not the FDIC, then some other banking insurance company insures the bank's loans, provided they took in proper security.

This Awareness indicates that by having certain de-regulation of some of the banking policies, as occurred in the Eighties, the banks are then able to make more loans with less restrictions, so that they then create more money with each loan they make, and the restrictions being loosened, allow the banks then to manipulate or use the money in different ways.

This Awareness indicates that during the Eighties,



these banks and the Savings & Loan companies issued loans in enormous numbers with very little restrictions and the entire banking system became over-exposed, which led to the many collapses of the many banks from the default on the loans, which were insured by the government. This Awareness indicates that this insurance had to be paid by the United States citizens through their taxes, and thus, the 500 billion dollar Savings and Loan debacle of the Eighties.

This Awareness indicates that there are similar problems today, and even though some of the banks have tightened their policies in regard to secured loans, they still make it easy for entities to acquire credit card loans because the interest rate is so profitable to them, and because they create more money with which to work.

This Awareness indicates that when these banks close, or fail, the economy is weakened, the tax-payers must pay for the losses to the banks, so that the bank is covered from all sides. If money is siphoned off from the banks to certain individuals in the banking establishment, it is simply repaid by the tax-payers.

This Awareness indicates therefore, the banks have little to lose by being loose and careless in their policies of lending. This Awareness indicates that the present system is very volatile because many of the larger banks have been trading with each other, exchanging wealth in ways that are not considered sound and do not always follow the proper banking policies, and therefore, certain weaknesses appear as occurred in the British bank that resulted in billions of pounds being lost by one young worker in certain speculative activities.

This Awareness indicates that this is but one bubble in the global economy, but there are many similar things occurring in various regions of the world, which in turn, add up to creating a very volatile situation which appears to have gone too far to become corrected and stable, and therefore, this Awareness suggests that within 18 months and probably closer to six months, this Awareness sees a 90% chance of global economic collapse.

It may not be totally immediate. It may be a gradual stepping down as a falling, and further falling and further falling of the economies in various countries; a disintegration, rather than necessarily being a sudden bursting of a bubble.

PRESIDENT CLINTON'S LIFE THREATENED
(Are British Agents Behind These Actions?)

3/8/95

OPENING MESSAGE:

This Awareness indicates that in September of 1992, George Bush made a statement that the United States' economy could be improved and the deficit reduced or eliminated if the U.S. quit selling foreign oil to the people of this nation. This Awareness indicates that this was a direct affront to the British Petroleum or BP stations which are essentially Rothschild controlled oil stations, and as a result of his statement, the Rothschilds withdrew their support for George Bush and this led to him losing the election in November of that year.

This Awareness indicates that William Clinton, a Rhodes scholar, was presumed to be a Rothschild lackey because the Rhodes scholars are generally classed as part of the Rothschild network. This Awareness indicates that in the past year, there have been 17 arrests of entities who have been perceived as attempting to bring harm to President Clinton and there has been one death from the airplane crash on the west wing of the White House.

This Awareness indicates that it is also noted that there have been at least four different occasions in which Clinton broke with British political plans, and failed to support the British global plans so that his actions resulted in news articles in the British press, similar to those hostile articles that surfaced prior to President Kennedy's assassination, and also certain articles in the United States relating to the Whitewater affair, which were triggered by certain British agents.

This Awareness indicates there is the name Nichols as one entity who filed suit against President Clinton; this entity as a British agent suing the entity, claiming that he was involved with sexual affairs with his ex-wife. This Awareness indicates the entity also traveled around the country carrying a gun to speeches, and trying to incite entities to get rid of Clinton.

This Awareness indicates that all of this indicates that there is a threat to the welfare of the President of the United States. It is a threat not only in a political sense, but also should be watched in regard to his personal welfare. This Awareness indicates that it is something that should not be taken lightly or dismissed without investigations.

This Awareness indicates that there have been links between the British secret agents and assassinations of United States Presidents in the past. John Wilkes Booth,



WHEN YOU FINISH THAT LOST PARAKEET REPORT, MAYBE YOU CAN FIGURE WHAT TO DO WITH THESE 100,000 EXTRA OFFICERS MR. CLINTON SENT US.

16. for example, and the assassination of McKinley. This Awareness indicates it is something to research further, for those who are so inclined.

THE NEW WORLD ORDER PLANNERS: HOW ARE THEY REACTING TO THE PHOTON BELT?

QUESTION:

A question from C.L. in Delaware. He writes: "How are the New World Order planners reacting to the approach of the Photon Belt? A doctor from the Ukraine visited us this month and he said that scientists in his country are openly discussing the possible catastrophic results of its approach. If scientists in the Ukraine know about this, then so do the New World Order types."

COSMIC AWARENESS:

This Awareness indicates they are concerned about keeping it quiet, keeping it secret, in order to gain the most possible advantage from anything that occurs. If they can give the impression that they have control of the situation when it *does* occur, they can then direct entities toward certain ways of behaving and they can set up certain types of structure.

The only thing is, they are not taking into account the presence of the Sirians landing that has been indicated also, wherein these entities may supersede the power of the New World Order promoters, and thus, those of the New World Order may find themselves having been upstaged by this event.

The promoters of the New World Order see this as a natural phenomenon that they can take advantage of and lead the masses into a subservient position while they set up controls all over the planet. It does not appear to be a practical plan for the change of reality that is coming.

THOUSANDS NOW READING "GALACTIC HUMAN" BOOK: WILL THIS CHANGE ANYTHING AT ALL?

QUESTION:

Another question from C.L. "How does the rapid spread of this book of Nidle's affect what is going to happen? The book has already turned up in our local Borders book store, and I know how hard it is to get a self-published book into a large chain, while we've heard that in New York City the bookstores and even some distributors are sold out?"

COSMIC AWARENESS:

This Awareness suggests the question be restated.

QUESTIONER:

Well, essentially he's asking about this book of Nidle's --*You Are Becoming a Galactic Human*--and while this book is spreading very rapidly around the country and being read by thousands and thousands of people, and I guess he's asking how will the rapid spread of this information affect what's going to happen, if anything?

COSMIC AWARENESS:

This Awareness indicates that if enough people become alerted, they will also be prepared, so that events that transpire will not be so surprising or so shocking to them. If they are unprepared and events begin to happen, people tend to react with great alarm and with great confusion and do not believe certain realities and begin to cast about for someone to blame and general chaos and confusion can follow in a greater degree than if people have some idea of what is going on.

This Awareness indicates that if they have some idea ¹⁷ of what is happening, they will be able to adjust and calmly respond to the situation. This Awareness indicates that even with all the books being sold there will be far too many who are confused, who do not understand, who do not comprehend the chaos and who will become violent in some cases, or terrified in other cases, to the point of being unmanageable and dangerous to others..

It will be a time of great confusion, but the more entities who have read this book, the better they will be able to adjust.

ED's Note: For more on the photon belt, please refer to "Revelations of Awareness" issue No. 95-3 (The Cat is Out of the Bag); \$3.00 from CAC. The book "You Are Becoming a Galactic Human" is available in many book stores, also from CAC. Please refer to Book Price sheet.

SOMETHING SCARY CRAWLED UNDER HER COVERS! (More on Poltergeists & Interdimensional Beings)

QUESTION:

A question from G.C. in South Carolina, who writes: "Dear Vicki. Please consider asking Awareness about an experience I had several months ago that nearly scared me to death. I awoke one morning feeling awful, downright sluggish. Somehow I made it through the day, but decided to retire much earlier than usual. After getting into the bed, I reached over and turned the bedside lamp off. Before I had time to surround myself with Light, vibrations of a very dull yellow-brown color started pouring in right in front of my eyes. Suddenly the vibes stopped, and a red ring divided by a dark brown bar appeared directly in front of my eyes. This *thing* did not vibrate, just stood still, suspended in mid-air. All of a sudden that darn *thing* zoomed to my left, crawled under the cover with such force it lifted the covers off the bed and nearly knocked me to the floor.

"I screamed: "Get out of here!" Well, that blasted thing came out from under the bed cover, positioned itself in mid-air in front of my eyes, just as it appeared the first time, stayed there for a few moments, then it zoomed to my left once again, crawled under the covers with greater force than the first time. "My God, get out of here and leave me alone!", I shouted.

"Well, after that, I didn't hang around to see what that darn *thing* was up to. I got out of bed and walked the floor until 5:00 AM. Needless to say, I was exhausted, frightened and baffled over the whole thing. If Awareness gives an explanation for the above experience, and suggestions on how to prevent such a horrible thing, maybe others can be spared from such an event. God, I hope so. I'm still trembling! Thank you."

COSMIC AWARENESS:

This Awareness indicates that this was an encounter with energies from interdimensional levels; that this appears to have been an effort by such forces to frighten you to such an extent as to prevent you from further exploring and studying metaphysics and concepts associated with these interdimensional realities. However, it appears to have been



in part a personal situation, whereby an energy in the particular area, emanating from an entity who has a personal connection with the area, was offended by your philosophy and was offended by your presence in the area.

This entity does not appear to be aware of any direct connection with this energy, but the offensive feelings of this entity were emanated to the being on the inner plane, which then harassed you in this manner. That this is uncommon, but not so uncommon as to be considered unique. This Awareness indicates that there are on many occasions in a limited sense, cases wherein entities have experienced the so-called poltergeist, or noisy ghost, whereby these energies have emanated before entities in such a manner as to make things move, or to create appearances and manifestations. Use Vitamins to Prevent Spirit Possession.

This Awareness indicates that quite often the spirit forces from inner planes find openings through entities who have a Vitamin B deficiency, particularly Inositol, but that a general B complex combination as that which can be of great benefit in helping entities to avoid such experiences. This Awareness indicates that wherein an entity is experiencing such phenomena as hearing voices, or feeling the presence of a spirit within the entity's room, or feeling possessed by some entity; that this can be prevented considerably, can be avoided by the entity's use of a good Vitamin B supplement, whereby the B-1,2,3,4, 5, 6, 7 and Vitamin B-12, and Vitamin B-15 are used.

This Awareness indicates that brewer's yeast is also high in these vitamins. That choline and Inositol, PABA and niacin; these B vitamins appear to be important in relation to this type of phenomena. This Awareness indicates that wherein an entity is experiencing such unusual phenomena, a check of one's metabolism in regard to their vitamin needs is appropriate and could reveal a deficiency in this area. That also calcium is helpful in avoiding this type of phenomena.

Use Vitamins to Avoid Schizophrenia Etc.

This Awareness indicates that the B vitamins, when one is deficient in these, can also lead to schizophrenia and other types of similar mental disorders, and one suffering from such disorders can alleviate the disorders by the proper use of vitamins. This of course

depending on the degree of disorder and the period of time; whether it is chronic or is a temporary deficiency. This Awareness indicates essentially that entities should be quite aware and attentive to the metabolism, and to be sure that they are not deficient of those vitamins and minerals which are important to their well-being.

This Awareness indicates that a deficiency of copper or an excess of copper can also play some part in this type of phenomena. That these imbalances of one's system have their effect on one's consciousness, and it is through such openings in consciousness or warps in consciousness, that interdimensional energies may enter and may be perceived, or may express themselves. This Awareness indicates that there are also the stronger forms of drugs and hallucinogens that intensify these alterations of consciousness, whereby entities may see all types of creatures or beings.

This Awareness indicates that if one wishes to avoid such encounters, one does need to keep the metabolism in balance and to retain a healthy intake of the necessary vitamins and minerals, either through diet or through supplements; that this does not necessarily exclude the possibility of other than dietary causes of communications from extradimensional sources. This Awareness indicates that in your particular case, you had an encounter with what may be termed a poltergeist. That this being was mischievous, but not what would be termed an evil being. It was simply enjoying playing tricks and scaring you as a kind of mischievous prank.

WHY JOAN OF ARC SAW STRANGE VISIONS

FOLLOW-UP QUESTION:

There's a question somewhere in my file, (I can't put my finger on it), but it's appropriate here. The questions concerned what Awareness had mentioned previously about Joan of Arc, that one of the reasons she saw visions was due to some deficiency. Was that deficiency just answered by Awareness in this last question?

COSMIC AWARENESS:

This Awareness indicates that this is in the affirmative. This Awareness indicates however, that in instances wherein these experiences are chronic or in extreme, entities may have a number of deficiencies, or may have imbalances in the energies of their system which are influenced by the vitamin and mineral balance. That it is not simply the vitamins and minerals which create this effect in the system, but the vitamins and minerals feed certain other enzymes, amino acids, hormones and essences that are either activated or deactivated, that allow the flux in consciousness that perceives and experiences the psychic realm, or which may even initiate a psychic phenomena.

This Awareness indicates that mind and the effects of mind in conjunction with the energies available through the physical body, according to its metabolism, create the mana or the energies which are the food or energizing forces for psychic phenomena, and these

18.

forces may be used with mental direction or may be stolen and used by other spirits from other dimensions. This Awareness indicates that the various enzymes, hormones, chemicals and energies flowing through one's physical body, in connection with one's nerves and the message-carrying forces emanating from the brain to the energies of one's body; these different chemical and biological reactions have their effects on consciousness, can either draw consciousness close, as magnetic forces draw toward themselves, or can Astral Entities Are Attracted to the Color Red radiate consciousness outward, or can mold consciousness into a kind of screen upon which images may be projected.

This Awareness indicates that essentially, mind and matter working together can under certain circumstances cross between the physical dimension into that which is the astral dimension, or into other dimensions, or can create an opening whereby the astral energies flow into this dimension of the physical plane. This Awareness indicates that entities wishing to avoid astral energies in their homes should avoid the use of red lights, or too much red in their homes, for astral energies and the Forces of Ahriman are drawn to the color red.

This Awareness indicates that these colors of red being associated with the color of blood, tend to draw in certain types of energies. This Awareness indicates that a small amount of red gives an entity energy, and wherein an entity is tired often, the entity may wish to wear red to gain the benefits of the color, to become more energized. However, excessive red as that which draws in astral energies.

The Meaning of Other Colors in Your Environment

This Awareness indicates that orange as a cross between red and yellow which stabilizes the emotions between mental and emotional energies. This color of orange as that which helps to pacify emotions which tend toward anger. This Awareness indicates that the color yellow as that which appeal to the mind and to mental energies, and to entities from the mental plane. This Awareness indicates that students and entities wishing to study or to focus and concentrate will benefit from having yellow in their environment.

This Awareness indicates that other colors such as pink tend to drive out negative spirits, to allow warmth and harmony. Blue as that which creates for some entities a feeling of passive acceptance, a cool feeling. For others it creates depression and moodiness. The color violet for some is soothing and spiritual, for others it is passionate and associated with sexual expression.

How Your House Can Attract Spirits

This Awareness indicates that entities can through the use of colors in their environment, help to regulate the types of spirits or energies which may enter into their domain. This Awareness indicates that those homes which are dark, which have dark corners, which seem to be damp or gloomy in certain areas, these homes tend to draw in a kind of somber energy, a serious energy, and make nice resting places for those interdimensional beings who are brooding and serious in nature.



This Awareness indicates that those homes which are light and bright in colors, wherein the corners are brightened by various pictures or vases of flowers or some other decoration; those warm homes tend to draw in only those spirits which are seeking pleasure and beauty for themselves and which do not tend to seek out gloomy areas. This Awareness indicates that most spirits inhabiting an area do not attempt to make contact with physical beings except when the spirit has a need or desire to make such communication to the physical plane, or wherein the physical entity is for some reason open to communication with the spirit, and thus calls the spirit, or wherein there is an imbalance in the psyche of the individual and the individual's psyche being imbalanced, opens the door to the inner dimension, or what has been called the Twilight Zone, wherein the entity peers by accident or deliberate intent into that realm other than the physical realm.

This Awareness indicates that these experiences of tapping into the unknown realm are not easily understood by the rational mind, yet have occurred to masses, whereby they know the experience, have experienced psychic phenomena, but do not know quite how to explain or evaluate the event. This Awareness indicates that in part, all entities who are healthy have psychic abilities, and those who are imbalanced in some areas may have little psychic ability, and those who are imbalanced in other areas may have experiences of bizarre or unusual psychic phenomena.

This Awareness indicates that this is not always the result of an individual's own psyche, for these spirits of the inner planes also have their ability to manifest so that even entities who are not prone to having psychic experiences may under certain circumstances experience the unusual. That this may not be in any way connected with the observer of the psychic experience, for the entity may not have an inclination or qualities that make him psychic, but the forces of the spirit which emanates into the physical plane may be so pronounced that even a nonbeliever, a nonpsychic would see or experience the event.

This Awareness indicates that in terms of Joan of Arc and her hearing of voices, that this entity was experiencing a particular phenomena of being guided by voices from inner planes, and this entity was vulnerable and susceptible to those voices because of certain dietary deficiencies and because of a particular sensitivity which the entity was naturally gifted with through hereditary and environmental background.

ANOTHER CASE OF BAD SPIRITS ATTACKING?

FOLLOW-UP QUESTION:

While we're on this subject, I'd like to ask Awareness if the information just given would also apply to this lady, Bertha Y. of Seattle. She wasn't a member at the time, but it appeared to be a cry for help, and we sent her copies of several readings Awareness has given on psychic protection. She writes: "To whom it may concern. For seven years I have been tormented by bad spirits attacking my nervous system through the spine and my abdomen, front and back. It seems like they have a device that they work with, as they removed it once and I felt just wonderful for two hours. Then when I began to get ready to go out, they clamped it back on me, and I was in the same torture. I am getting psychiatric counseling. All they do however, is advise me to be more active, but I can't be so 24 hours a day! They wake me up with the same kind of torture every morning and I find it hard to get started for the day. It seems like they should be approached by a psychic who would convince them to go away. Can you do something for me or know of someone who can?" And she says: "I am 65 years of age," and she saw our ad in the *National Enquirer*.

COSMIC AWARENESS:

This Awareness indicates that this entity could benefit greatly from the use of a hair analysis which can reveal the condition of her vitamin/mineral balance and metabolism, and also can assist in determining certain toxins within the system which in combination with the various vitamin/mineral metabolism and its effect on the body, help to contribute to making this entity especially susceptible to these forces. This Awareness indicates that the entity's experience is not something which is simply imagined, although in a greater sense the entire universe is simply imagined and all of the experiences known as reality are also simply imagined.

This Awareness indicates however, in terms of the relative degree of the use of this term, the assumption that there is such a thing as reality, and that there is something which is nonexistent known as "imagined"; that assuming these two alternatives, this Awareness does not see that this entity's experience is simply imagined. This Awareness indicates however, that her experience is enhanced by her mind and the acceptance of the image, and expectation of these occurrences.

This Awareness indicates however, that even though there is the psychological quality involved in the experiences, there is much help, perhaps greater help available to this entity through the use of balancing her diet and giving her the proper vitamins and minerals

which will bring about the elimination of certain toxins in the system and bring about a greater harmony in her metabolism. 20.

This Awareness suggests the entity can also benefit from eating more garlic, or taking garlic tablets or capsules, the garlic and parsley capsules being beneficial. That also the use of brewer's yeast or a good Vitamin B complex combination along with calcium supplements. This Awareness suggests the entity could benefit generally from a multiple vitamin supplement, (a vitamin and mineral supplement with added emphasis on the B complex vitamins).

This Awareness indicates that also the various amino acids can be helpful for this entity, particularly Tryptophane, arginine, glutamine, omithine, and lysine, that choline also is seen as beneficial for this entity.

ED's Note: This General Reading continued with a number of other questions, none of which related to this subject of spirit obsession or possession. However, when we asked Awareness if It had a closing message at the end of this general reading, It gave the following:

(A Healing to Protect the CAC Membership)

CLOSING MESSAGE:

This Awareness wishes at this time to reconnect to the entity who had the experiences of being tortured by the device used by spirits. This Awareness suggests that this entity's name be repeated.

(The ladies name is repeated)

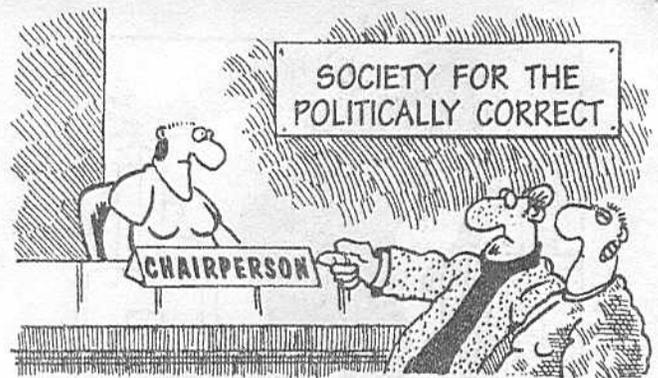
This Awareness indicates that *It* is moving into contact with this entity. That *It* will not permit these forces to further harm this entity. (Long pause)

This Awareness indicates that at this time *It* wishes to wrap this entity with White Light, protecting this entity forever from these forces. This Awareness indicates that *It* also wishes to wrap the entities in this particular home wherein this reading is being conducted in White Light, protecting these entities from those energies. This Awareness wishes at this time also to send forth White Light to every member of this organization, protecting these entities from these Forces of Ahriman; that these Ahriman Forces shall not directly interfere or affect the members of this organization of the Awareness movement.

(Long pause)

This Awareness indicates that the Light which has emanated upon the members of this organization, those who are touched by these messages whether members or not, the Light which this Awareness has sent to these entities as that which is a seed protecting them, and which will grow to protect their friends, and others so that the Forces of Ahriman find it harder and harder to find ways whereby they can enter into the lives of entities upon this plane and to touch and affect those lives to create mischief.

This Awareness bathes these entities in the resonating electromagnetic energies of the Christ Light, and invites the Ahriman Forces to enter into that Christ Light and to likewise bathe themselves clean.



WE FEEL THE "SON" IN CHAIRPERSON IS SEXIST...

IS "OPERATION HARP" A SEARCH FOR ALIENS LIVING UNDERGROUND?

QUESTION:

In a letter to Vikki, B.T. of St. Louis, mentioned that he'd read the announcement in the press about the government's "Operation Harp" in Alaska, having as part of its purpose to locate "tunnels" deep in the earth. Does Awareness see this Operation Harp as being part of the chasing down of aliens *It* discussed a few years ago,--blowing up tunnels and so forth, or what exactly *Is* it?

COSMIC AWARENESS:

This Awareness indicates that this appears to be connected to the need for gathering information in regard to underground, or what may be termed 'subterranean' life forms. This Awareness indicates that the Orion Greys tend to prefer tunnel networks in the northern climates, whereas the Zeta Reticuli Greys tend to prefer the southern climates.

This Awareness indicates that it is unusual that such references to underground tunnels would be mentioned in a public consumption news media. This Awareness indicates that this appears to be part of the activity of gathering information to assess the total situation regarding the underground population of aliens and their activities.

UNDERGROUND BASES & TUNNELS BOOK NOW AVAILABLE

ED's Note: CAC member Richard Sauder, Ph.D. has just published an updated version of his book "Underground Bases and Tunnels: What is the Government Trying to Hide?" with 50 pages of photos and illustrations, including photos of the latest technology in tunneling machines. Val Valarian, the author of "Matrix II" and other books, says Sauder's book is a "must" for anyone who wishes to research and understand the nature of underground aliens and the government conspiracy that is hiding this information from the public. CAC may stock this new book later on, but at the moment you can obtain a copy only from Richard Sauder, PO Box 81543, Albuquerque, New Mexico 87198. The price is \$13.95 plus \$2.95 postage and handling of \$2.95 to total \$16.90. (This is a well researched book and we recommend it.)

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