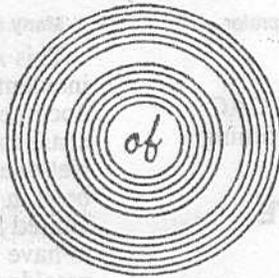


# Revelations

THE COSMIC NEWSLETTER  
( UNCOVERING THE MASK OF ILLUSION )



# Awareness

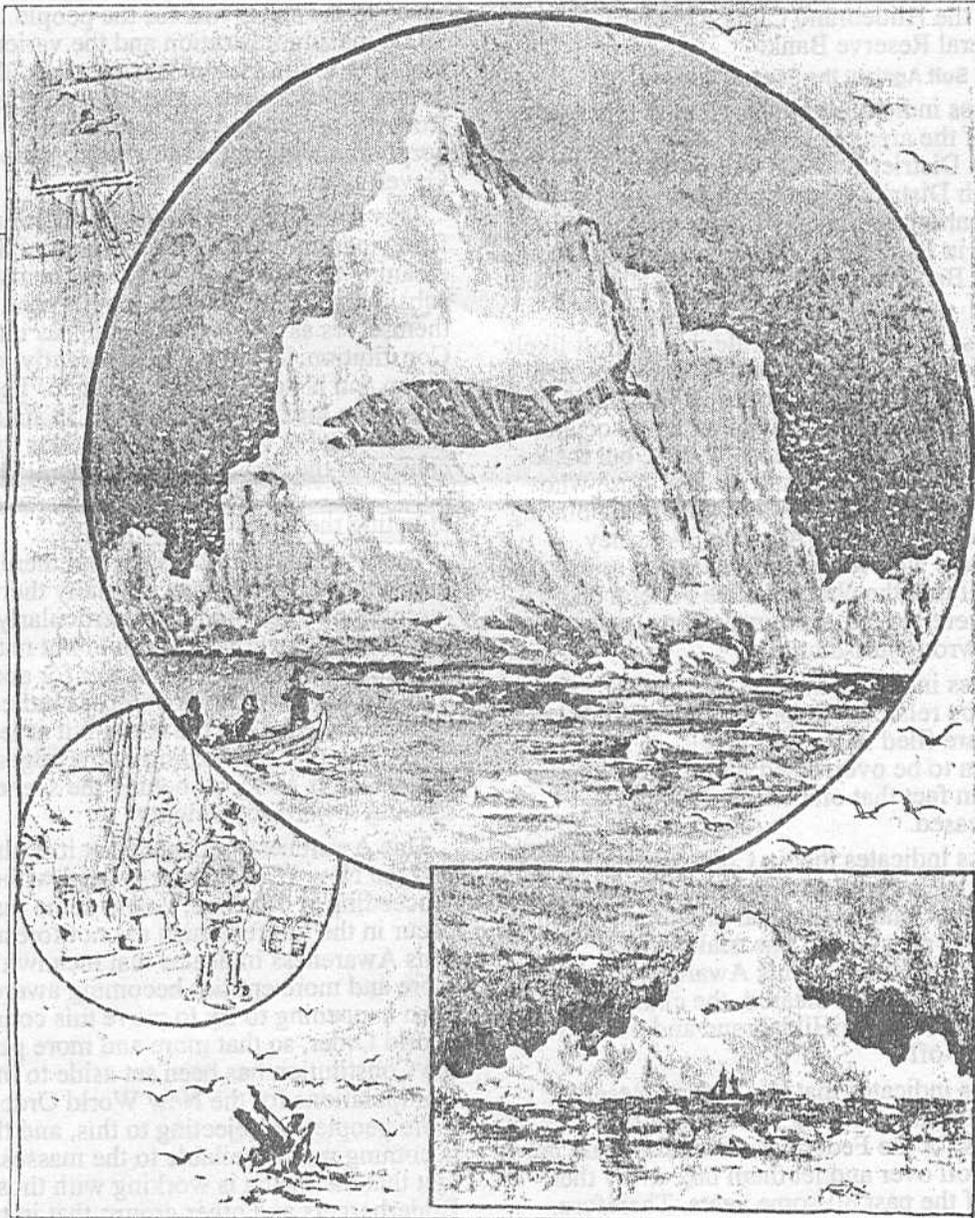
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95-11

\$3.00

ISSUE NO. 454



## CURRENT EVENTS UPDATE:

Social Security to End February, 1996 ?

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**QUESTION:**

Awareness, we're here to begin a series of CAC general readings. Does Awareness have an opening message?

**CURRENT EVENTS UPDATE****COSMIC AWARENESS:**

This Awareness indicates there are some areas that are occurring which are skirting the edges of some very significant levels of political concerns. This Awareness refers in part to the Waco investigations and also to certain other activities that relate to the Redress of Grievances and the Hildebrand Class Action case against the Federal Reserve Bank.

**The Hildebrand Suit Against the Federal Reserve**

This Awareness indicates that *It* wishes at this time to mention some of the areas of interest. This Awareness indicates the 6th District Court in Washington D.C., has directed the 10th District Court in Colorado to get with the program, meaning to get on with the rulings that have been made in the Federal Courts relating to the Federal Reserve Bank and the Hildebrand claimants and their group.

This Awareness indicates that while this is most likely to speed up some of the activity on this, there are also certain other situations that developed in Michigan wherein Scott Hildebrand and several other associates were arrested within the last several months, but these entities have filed legal documents against those who have arrested them with thirty different counts, pointing out misconduct of the District Attorney, Attorney General, and others who were involved in the arrests, including the fact that the charges were Federal charges and the arrests were lodged in county courts, making it an action in the wrong jurisdiction.

This Awareness indicates that the thirty-some other errors appear to be related to legal mistakes that were made and these are filed in Federal levels, so the arrests are almost certain to be overturned within a reasonable time. It appears in fact that one of the entities has already been released.

This Awareness indicates that in Colorado, the entity Schwasinger has been given an opportunity to have a second trial for those claims that had previously been used to send him to prison, and this trial is going favorably for him at this time. This Awareness indicates that if and when the entity is cleared, the claims that have since been attended by Hildebrand and others will be suitable for pay-off.

This Awareness indicates that the Federal Reserve Bank and many entities working in behalf of the Rothschild agents for the Federal Reserve Bank are not likely to simply roll over and let them take away their ill-gotten gains of the past 80-some years. Therefore, you can expect continued effort on their part to throw some kind of monkey-wrench into the whole process.

This Awareness indicates that it appears the Federal Reserve Bank is going ahead with business as usual as though nothing were happening. Partly this is to keep people from finding out there is any kind of disruption in their control and the way they handle the nation's monetary system.

**Many States Now Signing the Document of Sovereignty**

This Awareness indicates that in another related incident, the Republican party of Texas has filed a document demanding that the United States government cease its policy of March 9, 1933 declaration of National Emergency, which for some 60 plus years has been in effect, setting aside the Constitution of the United States, allowing the presidents during these years to have absolute authority through statutory laws and presidential declarations over the people in a violation of the US Constitution.

This Awareness indicates that prior to March 9, 1933, the Constitution gave powers to the people. This is in Article 10. This Awareness indicates that all power *not* given to the states was for the people. As of March 9, 1933, the administration and the various presidents from that time to the present have claimed that power, have passed statutory laws, and have essentially taken power from the people and put that power in the hands of the corporation known as the United States Federal Government.

This Awareness indicates that there are now 16 states firmly committed to a Declaration of Sovereignty, meaning that they no longer see themselves as being a subsidiary of the Federal Government, but see themselves as independent states as intended by the US Constitution. Texas has also recently joined in this group and is now a sovereign state. The entities in this action are looking for a total of 38 states to join in sovereignty, at which time the states then regain their control of the power and the Federal Government then must operate for the states and the people rather than directing the states and the people.

There are hints of this here and there in some of your media news, wherein occasionally there will be discussions of Republicans particularly, charging that the Federal Government should not mandate rules for the states which they do not pay for and require the states to pay for. This Awareness indicates that this is skirting the edges of the issue, but at least there is some activity so that the skirting of the edges supplements that which is going on behind the scenes, with the states moving toward sovereignty.

This Awareness indicates that it is almost a certainty that the New World Order is dead without any chance of proceeding at this time, unless some major changes occur in the future, which are not foreseen at this time. This Awareness indicates that meanwhile, there are more and more entities becoming aware of what has been happening to try to move this country to the New World Order, so that more and more people are realizing the Constitution has been set aside to make room for the manipulations for the New World Order, and more and more people are objecting to this, and this information is becoming more available to the masses, in spite of the fact that the media is working with those Trilateralists, Bilderbergers and other groups that in turn are working for the Rothschild organizations and the New World Order groups.

This Awareness indicates that therefore, things are looking more hopeful for the return to the Constitution of the United States. This Awareness indicates that for those who yearn to see the rights guaranteed by the Constitution restored to the people, the chances are

greater now than they have been since these rights were taken away without people realizing it.

This Awareness indicates that for now people realize the rights have been taken away and with a little digging, they can find out how it happened and what is being done to help restore these rights and entities can begin to push their representatives and senators to move to bring back Constitutional Rights and to remove the United States from the classification of a nation in a National Emergency crisis, for the war that is required to classify a national crisis and justify the National Emergency War Powers does not exist.

As it happens, the Federal Government has been creating pseudo-wars such as War on Drugs, War on Poverty, et cetera, just to keep the Martial Law status current and have an excuse, because if there is no war going on the president is required by the Constitution to cease or rather to remove the War Powers Act. The classification would need to be rescinded.

#### **World Trade Center and Oklahoma Bombing Didn't do the Job**

This Awareness indicates that these are some of the current activities going on behind the scenes. The effort of certain government agencies to create a crisis in this country through the New York Trade Center bombing and the Oklahoma City bombing has not had the effect intended, and rather than creating a panic among the masses, there have been more and more people exposing the truth behind these bombings and showing that the agencies involved are not working clearly for the people of this nation, but are working on an agenda that was attempting to destroy this nation's order and structure.

This Awareness indicates that more and more people are learning what is happening through these militia groups who have now become more vocal because of the focus that was put on them after the Oklahoma City bombing so that the militia groups are speaking out and people are listening, and people are learning, whereas before the militia groups were relatively quiet, even timid in exposing information that was available to them and which the public in general had little access to.

This Awareness indicates that another factor that has made a big difference is the presence of the Internet wherein much of this information can be broadcast through computers to those who have modems and who tap into the Internet, and this is a way of spreading information, even if the media, news publications and television channels are not available to these entities or to the Patriot Movement.

This Awareness indicates this is a kind of brief summary of some of the activities that are going on behind the headlines that you will not see in your newspaper or media, television or radio. To some extent radio shows convey some of this information, but in general, your mainstream newspapers, magazines and television channels do not convey much in this field.

#### **Waco Hearings Skirt the Major Issues**

This Awareness indicates that you may find some hints, wherein some of the discussions may skirt the edges, such as in some of the discussion of the Waco disaster. During the investigation there are some broad hints, or some broad discussions or some slight mention of certain topics that are much more involved than is actually discussed.

For example, the discussion of the gas that was pumped into the building prior to the explosion; there has been very little discussion of the fact that this was a gas combination that could cause fire if there were fire in the building anywhere, and help to cause the burning of the structures.

There is very little discussion of the fact of the ATF going into the building, but those who recall the video produced by Linda Thompson in which these ATF agents went into the window from the roof and once inside began firing out at other ATF agents, killing several; this kind of action is not discussed in the investigation thus far, but there are minor discussions of the element of surprise being lost and how this was a mistake by the leaders of this raid.

This Awareness indicates that it is possible that with these discussions some further information may be hinted at or leaked. It is not likely that they are going to get into the deeper levels of this situation. This Awareness indicates that the very fact that they are talking about this is significant, but it is also a situation that can hardly be avoided in today's atmosphere, because the Waco action, which was designed to test the ability to raid American citizens in their homes or to raid churches, has proven to be very costly in terms of credibility for the Federal Government.

Much was lost, and much suspicion of the government was generated from that Waco action. This Awareness indicates that it is amazing that people of this country were disturbed by the government invasion of the Waco complex, considering the intense propaganda and effort to label the people inside the building as cultists and monstrous and perverted. Apparently the government assumed that such defamation would put the people on the side of the government in its attack on this religious group, but it did not appear to follow the plan, nor receive the praise intended.

Perhaps this was because so many entities, including innocent people, especially children, were killed in the operation. This Awareness suggests you imagine what would develop as government policy if the people accepted the Waco action as being all right or justified. You would surely see further types of action of this kind all around this country.

#### **The Story that "Mark of Michigan" Is Dead Is Not True**

This Awareness indicates one other factor that is not of great significance but is of interest to some entities; There has been a rumor circulating that the entity known as Mark of Michigan was killed by government agents who claimed that he had a pistol and that they had to shoot him in self-defense. This Awareness indicates that this rumor is incorrect; that there was an acquaintance of this entity who was shot, but this entity himself has not been shot and the story is not correct.

## **IS CLINTON ABOUT TO START A MIDEAST WAR TO ENSURE HIS RE-ELECTION?**

### **QUESTION:**

In the June 12th issue of the *Spotlight* they have a front page article that headlines that "Clinton Plans For Mideast War Pressured by Israel!" And it says "One thing the sitting president can count on to boost his

popularity is a good war! Beset by scandal and politically adrift, the Clinton administration is making back-room plans for a bang-up comeback.

"With a series of secret directives to the Joint Chiefs of Staff, the White House has started setting the stage for a second Gulf War, this time targeted against Iran, the *Spotlight* has learned from highly placed diplomatic and intelligence sources. Iran, already under harsh economic sanctions and accused of fomenting terrorism while purportedly shopping for nuclear weapons, will be hit by "Graduated Military Reprisal", that is US Air and sea attacks, leading to full-scale war this summer, these sources confirmed.

"In an address to the American Israeli Public Affairs Committee, (AIPAC), the major Israeli lobby, visiting Israeli Prime Minister Yitzhak Rabin called for war last month with a furious denunciation of Iran. Rabin lashed out at the militant Muslim gulf nation as "the worst terrorist in the world...the one country that uses influence of terrorism to disrupt the (Middle Eastern) peace process."

The story goes on, but they seem convinced that this information is true and that the desperate Clinton, in order to get re-elected, must create something like a war. Does Awareness see this as being valid information?

#### COSMIC AWARENESS:

This Awareness indicates that there are factors involved in this that indicate it is being considered as a plan with some potential for actualization. This Awareness indicates, however, that there is also a fact that planning of this type goes on frequently without ever actualizing. This Awareness indicates that it appears there is at this time approximately a 50/50 chance of this occurring. It is quite possible that this will not come into fruition. It is also quite possible that it could come into fruition, particularly if the Bosnian crisis does not boost the Clinton image sufficiently.

This Awareness indicates that it needs to be recognized that the president is not always informed of everything behind such plans as this. There are often entities who hold more power than the president in actions of manipulation whereby they can manipulate the government of various countries to bring about situations that promote, or almost cry out for war-like actions, and a president does not need to know about all of this to be caught up in it. All the President needs to know is that something is awry and there is a way to correct it and it will be good for the president's image and good for the country and especially good for taking care of the problem.

In such a case, the president can be more easily persuaded to go along with the plan, even if the president does not fully have all of the facts which others who have stirred up the situation might have.

This Awareness indicates that it would not be reasonable to assume that the motive of the president is to gain political points through a Middle East war, but the president might be persuaded that it is an absolute necessity and that it will not hurt him and should benefit him in terms of political points. This Awareness indicates that with these kinds of persuasions entities can manipulate wars which need not otherwise occur.

## 25 MILLION MUSLIMS IN EUROPE: COULD ANOTHER RELIGIOUS WAR START?

#### QUESTION:

Erling D., in Denmark writes. (There is a question in here. I'll read his statement): "Enclosed is a copy from a Danish newspaper, an article about a Trilateralist meeting in Copenhagen in April. There is no real information, but it is the first time the Trilateral Commission is mentioned in the Danish media.

"Notice how old and worn Rockefeller and Kissinger look. Actually David Rockefeller was on crutches. What was this TC meeting about? My guess is the Illuminati guys and their errand boys' foremost task in West Europe is to break down each country's culture, religion and traditions by bringing in millions of Muslims. Many of them are terrorists and religious fanatics, and they consider Christians as "heathens."

"The Muslims multiply much faster than the Europeans. Tension is building up and within a few years there will be shooting in the streets and the governments demand martial laws passed on, then the New World Order can be fully completed. The more wars in Eastern Europe and the Middle East, the better, because wars create refugees.

"Mass-suggestion and propaganda make the population in West Europe believe it is *Necessary* to bring in the Muslims despite their contempt for our way of living. Today there are about 25 million Muslims in West Europe."

#### COSMIC AWARENESS:

This Awareness indicates the entity has assessed the situation very clearly. This Awareness indicates also *It* wishes to remind you of certain prophecies by Nostradamus wherein a war starts in the Middle East and quickly spreads to Europe, particularly along the Mediterranean in countries of that region. This Awareness indicates that this is a very dangerous situation that could get totally out of control.

This Awareness indicates that the Muslims are not likely to be of help to the New World Order, but they may help to set the stage, where the New World Order could be implemented in other parts of the world to garner forces from other countries to come in and help Europe fight off the Muslims.

This Awareness indicates that this is seen as a situation that needs to be watched if it progresses further, for it could indeed become a very dangerous situation.

## ARE THOSE BUMBLING UN TROOPS REALLY A THREAT TO THE U.S.?

#### QUESTION:

A question from John S., Pacifica, CA. He writes: "When I see how apparently confused, inept and vulnerable the UN Forces stationed in places such as Bosnia and Somalia are, it makes me wonder if the UN troops within our own borders could really be much of a threat in the event that martial law is declared during a time of crisis, when US Forces may be tied up in some overseas military operation.

"This was part of the scenario described by Awareness and feared by the militia groups. Is the impression of UN bumbling and confusion an accurate picture of the true state of affairs, or is this picture of ineffectuality deliberately contrived by UN masterminds to protect a misleading image in order to seduce the American public into accepting their presence in our country as being non-threatening?"

"In other words, are UN troops, who can't seem to do anything right, really a threat to our liberty?"

#### COSMIC AWARENESS:

This Awareness indicates that the activities in Bosnia are *not* a measure of what could occur if UN troops were put into an area for "occupational" purposes. These troops were put there to help bring about peace in the area, to protect certain entities from being over-run and they were not allowed to engage in hard combat activities.

This Awareness indicates that essentially, they were put there with their hands tied, and therefore it is not a measure of what could be done.

This Awareness indicates that also, you cannot measure all of the UN troops by the activities of a few or in a situation like this type because if UN troops from other non-European countries were put into a third country such as the United States, and these UN troops were very anti-American in their attitude and were given directives to over-run an area of civilians or to control an area of civilians or to go into homes and confiscate any weapons, these entities might react much differently from those in Bosnia who are basically European UN troops and who have a certain kind of respect for other Europeans in the area of Bosnia.

This Awareness indicates that indeed, it depends upon what the orders are and what troops, from what area of the world are being used in what other area of the world, for what particular purposes, as to whether these entities would be a real threat or just bumbling types as described by the questioner.

Keep in mind that American troops could also be called as UN troops. Would they also be seen as "bumbling" entities? There also are many other troops in other countries that are highly trained and fierce in combat if they were so ordered.

### WILL COMPUTER USERS BE RAIDED FOR WATCHING PORN?

#### QUESTION:

We received over the Internet from a SPIRAL a document from Bill Gorman, who writes: "FBI plans to search upwards of thirty thousand American homes and businesses were "leaked" in a *very brief* mention on the Rush Limbaugh Show, June 21st, 1995. Mr. Limbaugh referred to a *USA Today* article, presumably of the same date which referenced a newspaper in Connecticut as the original source.

"According to the article, the FBI, apparently in anticipation of the passage of the Constitution-aborting Anti-Terrorism Bill and the equally totalitarian Exon "Communications 'Decency' Act" which has been attached to the Telecom Reform Act, has leaked plans to conduct searches of the homes and businesses of thirty thousand Americans.

"Their rationale for this is their claim that these persons, (now get this!) *may* have viewed some form of "child pornography", real or morphed, on their PC screen sometime in the past."

"Articles describing this totalitarian lunacy have also appeared in the Ft. Wayne newspapers on June 21, 95. No mention of it that I am aware of from TV journalists. No guts, guys?"

And he comments: "Will the Feds find it expedient to seize every single piece of computer equipment found in these homes, along with any fire arms, cash, jewelry, other valuables or financial records, regardless of whether or not anything actually illegal was found?" "Past performances indicate that this is likely to be the case. How many innocent Americans will be killed in these raids? How many children? How many pets will be tortured to death for the amusement of those conducting the raids as was the kitten which was stomped to death by a rogue BATF agent during the infamous Lamplugh raid, as revealed during testimony before the Senate Judiciary Terrorism Subcommittee?"

"Why is anyone who would perform such a psychotic act permitted to hold a position of responsibility in government service or law enforcement? Has Congress lost all touch with reality? Are they **trying** to see how many ways they can find to force Americans into the burgeoning militias? Are they **trying** to make the appellation "jack-booted thugs" actually synonymous with all Federal law enforcement personnel?"

That was the end of the statement. Does Awareness see anything coming of this thirty thousand American homes to be searched for so-called 'child pornography' of which some reputedly has come from Denmark on the Internet~ but using that as an excuse to raid homes?

#### COSMIC AWARENESS:

This Awareness indicates that this appears to be a story that has been not only leaked, but also augmented, augmented to say more than what was part of the original leak. This Awareness indicates that it is intended to add further paranoia to the idea of Americans losing their freedoms and entities who have computers as being targets for such raids.

This Awareness indicates that this would cause entities who are signed up on the Internet to feel that they would be part of the thirty thousand selected for the program and this Awareness indicates that the paranoia that would be generated could be sufficient to cause many of these entities to become excessively concerned about government intrusion into their lives.

It could also lead many of these entities to become more involved in militia groups, and this appears one of the reasons for the information being broadcast, in part to further frighten entities in becoming prepared for a rogue government. This Awareness indicates it does not appear that the plan was ever fully intended to be implemented. It appears that rather than implementing the plan, it was simply one of the hundreds of thousands of plans that are created as possible options for future situations if needed.

The government is constantly making contingency plans for multitudes of potential events and this appears to be one of these and someone got a hold of the plan and read more into it than it contained and broadcast it

to the masses. This Awareness indicates that in general this is probably a good thing that the entity *did* broadcast it to the masses. It will help to hinder the implementation of such a plan if indeed it were to be considered for implementation.

## IS DEFENSE DEPT. PREPARING TO TRANSPORT CERTAIN CHILDREN TO 'DEATH CAMPS'?

### QUESTION:

In another dispatch from SPIRAL, from the Internet, there's an entity called John Gill, who writes:

"In Mike Deslippe's post to Act re S-660, it is interesting to note that the DOD (which I assume is Department of Defense) is given the task of transporting children with special medical needs. On the face of what was posted, it appears to be a pork barrel project for Hawaii only, but if the geographical scope of this transportation scheme gets expanded, (and if it does, it will probably not be disclosed publicly,) take caution!

"The military in Germany in the 1930's was also given the task of transporting sick, disabled and mentally retarded children. They were taken to special institutions under the authority of "the Charitable Society for the Transportation of Crippled Children." Parents would be told how wonderful these newly established hospitals and homes were for their children. Of course these would be in far away locations so visiting was not convenient. Then a few months later the parents would receive the sad news that their child died when the hospital burned. Sometimes Jews were blamed for the arson that destroyed these homes.

"In reality, these homes and hospitals never really existed. The children were killed within hours of being picked up from their parents and dumped in a mass grave. The few hospitals that existed were for publicity purposes only, including one charred shell that was the hospital hit by the "Jewish Terrorist." Of course we all know that this was part of the plan to purge the "undesirables and unproductive" out of society and build up the Master Race.

"Does history repeat itself? Yes, for those who failed to learn from it. I Hope that you can do a little study of the history of how Nazis came to power showing similarities to what is happening today." (Signed John M. Gill, Sovereign state Citizen, Sui Juris).

Does Awareness see anything valid in this posting about the Department of the Defense transporting children?

### COSMIC AWARENESS:

This Awareness indicates that this is seen as a potential for getting rid of many costly entities, for you must realize that crippled children are often given help from government funds and this can be extremely expensive when you begin to count up the number of crippled children and if a government becomes more concerned about its financial expenses than about humanitarian needs, which appears to be in the mainstream of thinking for today, then that government could well move into such a program.

This Awareness indicates that it does not necessarily mean that this is happening at present, but putting this

kind of structure together could very well get out of hand if entities should want to misuse the structure for getting rid of entities who are costly to the government. It could be done in such a way as to make it appear that it was totally unintended.

It could be done in such a way that many children could be killed without any declaration that many children have been killed, whereby parents could be informed that *their* child had died from an accident, particularly if the parents were not close to parents of other children who also were so informed.

This Awareness indicates that of course this kind of thing has happened in Nazi Germany. One would say: "It could never happen in the United States because Americans are so much nicer than were the Nazi Germans!" This Awareness indicates that many of the Nazis were brought over from Germany at the end of World War II and were moved into high positions of government.

Many of these entities were well trained in Nazi Germany, had certain skills in the extermination of people, and the question is: "Why were they brought to the United States? And why were they put into high positions of government *unless* their training and their skills were somehow *intended* to be used or passed on, or used for training others in such activities?"

This Awareness indicates it does cause one to ponder what is going on when those skills of a group who have been involved in exterminating masses are brought over into a country whose future begins to turn and become more reflective of the German culture with each passing year.

This Awareness indicates that the questioner has pointed out a situation that mirrors much that has already occurred in history and cautions entities to learn from that historical lesson, and this Awareness indicates that the questioner has given a good clear description of how these exterminations occurred in the past and how the pattern is *now* being put into place which reflects the same kind of activity of the past.

## WILL SOCIAL SECURITY END FEB. 17, 1996?

### QUESTION:

At least five people have sent me a copy of a story in the July 11, 1995, issue of Weekly World News, and they all ask Awareness to comment on the validity of this article. I'll read it. It's called: "A Masked Whistle Blower's Story Rocks Washington. A secret plot to end Social Security". (I won't read all of it, but I'll read a little of it)

"A masked but obviously highly placed government informant says Social Security will be abolished during a trumped-up financial crisis on February 17, 1996, ending the program that has helped elderly and disabled Americans put food on the table and a roof over their head since the height of the Great Depression.

"The decision to abolish Social Security has been made. The date has been set, and the only thing the average American can do is wait for the shoe to drop," the informant, who risked his life to blow the lid off the plot told a select group of Washington reporters.

"Make no mistake, Social Security is going down the drain. The Powers That Be can promise to keep it and

dance around the problem and the truth as much as they like. The fact is, the abolition of Social Security is a done deal, so much so that the Pentagon is already preparing for a "Worst Case Public Reaction", including riots, work stoppage, anarchy and civil war."

"The decision to abolish Social Security, even as President Bill Clinton and key Congressional leaders are promising to keep the program in tact is sure to come as a shock to most Americans.

But the informant says an elite group of financiers, business men and industrialists, some of them foreign, have been setting the stage for the abolition of Social Security since the mid-1980's.

"These men," he continues, "play a bigger role in government than most Americans know or would like to think. And the decisions they make, filtered through Congressmen who are elected by the people, but answer to the billionaires and power-brokers who finance their campaigns, stick-- or else.

The feeling among these men is that Social Security has become too great a burden on the Federal budget and must be abolished to eliminate the deficit," explained the informant. "Their interest in the deficit is purely personal," he continued. "Their fortunes ride on the ability of the Federal Government to remain solvent and handle its debts.

"Without the burden of Social Security, the deficit can quickly be brought under control, increasing their wealth and personal power many times. "To set the stage for such drastic action, these men intend to manipulate stocks on a massive scale, causing the appearance of a financial crash that will serve as a smoke screen and an excuse for eliminating Social Security.

"Vicious, self-serving? Of course it is! But money talks, and if these Power Brokers don't have anything else, they've got the cash, and they call the shots."

"President Clinton, Newt Gingrich, Bob Dole can only dream about having that kind of power," he added. "But in the final analysis, politicians do what they are told to do and they've been told to abolish Social Security on February 17th of 1996, regardless of the cost in human suffering and misery."

"The informant spoke to a hand-picked group of reporters in a Washington hotel room and went to extraordinary lengths to keep his identity secret. In addition to wearing a heavy leather mask, he spoke through a hand-held device that changed the sound of his voice.

He was also accompanied by two armed body guards and actually started the interview by placing two tiny vials of cyanide in his mouth.

Had the session been interrupted by Federal Agents, he intended to break the vials open with his teeth, releasing the poison and taking his own life. To prove he has access to information about the plot to abolish Social Security, he produced a Top Secret Pentagon memo, that, though heavily censored, speaks of the need for a "full military alert" to prevent or contain work stoppages, riots and possible civil war in the wake of an artificial financial crash and ensuing announcements that Social Security has been abolished."

Neither the White House nor the Pentagon would comment on the Whistle-blower's report."

This story goes on a little further on that, but does Awareness see any validity involved in this article?

#### COSMIC AWARENESS:

This Awareness indicates that it is seen as being valid, with the possible exception that might arise as a result of the preemptive leak of the story. By giving the information ahead of time it *could* have some effect in preventing the action. You must realize that entities who are in high positions of power over multitudes of people have very little fear, but the *one* fear they have is that their own involvement in hindering the masses will be publicized. They do not wish to become the subject of lynch mobs and this Awareness indicates that this kind of publicizing could threaten some entities who are part of this plot to rid the Social Security of multitudes of people.

Therefore, there *is* the possibility that with the exposing of the story, some of these entities may chicken out and not follow through with the plan. They can always put it off until some other time when it is not viewed as being so threatening to them. This Awareness indicates, however, if they see it *can* be carried out without great threat to themselves, they may continue on with it as written in the paper.

### "MARK OF THE BEAST" SEEN IN NEW MEXICO SUPERMARKET!

#### QUESTION:

A question from Tom S., Holy city, CA. "A friend of mine saw two people in a grocery store in Albuquerque, New Mexico. When they went to the check scan they passed their wrists under the scanner for the transaction. Upon further investigation, my friend said that they were young GI's from the Gulf War who had been told that they would be given an injection of a tracking chip instead of dog tags and that this tracking chip would be their permanent ID."

And he asks if Awareness would comment on this.

#### COSMIC AWARENESS:

This Awareness indicates this occurred to quite a number of these entities during the Gulf war. There have been some who have had these chips placed in various parts of their body; one speaking of a chip in his back near his shoulder blade. This Awareness indicates that these chips were part of an action purportedly designed to give entities a description that could not be altered or removed from them if captured, and also could be used for tracking them if captured.

This Awareness indicates it is also seen as part of an experiment to see how well the chips function and to follow through on these entities having chips to see how well they can be tracked and monitored in their post war activities.

#### FOLLOW-UP QUESTION:

In this Case, Tom says they passed their wrists under the scanner for the transaction. Does that mean they were just checking the ID of the entities, or they were actually using this to *pay* for whatever it was they were buying?

**COSMIC AWARENESS:**

This Awareness indicates it appears to be a situation in which they gave their identification along with their social security, which located their bank account numbers, whereby they could charge their transaction to their bank account.

**FEMA BUDGET IS CUT: What Gives?****QUESTION:**

JD in New York, in a note to me wrote: "Astonishing news! Recent budget cuts included a *cut* in the Federal Emergency Management Act or FEMA budget. How do you figure that?" Is that a cover-up or does the Awareness see that as being true?

**COSMIC AWARENESS:**

This Awareness indicates that this appears to be related to activities of certain Republicans who are essentially rebelling against big government and this action is seen as part of the effort by certain of these entities to diminish some of these agencies that are not seen as having great value to these Republicans.

This Awareness indicates that the Republican party has been gradually moving toward the Patriot position. It is slow, and it is not unanimous among Republicans, but a good number of these entities are adopting the Patriot position in an effort to get back to the Constitution and to get away from those controls that have been implemented by the World Planners and the organizations that are connected to the New World Order and the international banking establishment.

This Awareness indicates that many of these entities fear coming out too blatantly against the programs of the New World Order or the Rothschild agencies and programs, but they can, through voting on certain projects express themselves in a kind of subtle manner that is not necessarily seen as blatant confrontation, and therefore, more and more of these entities seeking to uphold their oath of allegiance to the US Constitution and to the people of the country, are becoming more conscientious and working toward programs that actually *are* beneficial to the people and country.

**WHY IS GOVERNMENT TARGETING AARP?****QUESTION:**

Catherine W., Canton, Ohio asks, "Why is the AARP being targeted?" (I guess that's the American Association of Retired People, I believe it stands for. It has been in front of a Congressional investigating committee recently). "Why is it being targeted?"

**COSMIC AWARENESS:**

This Awareness indicates that it appears the organization has become quite active in political lobbying activities through their literature and promotion of certain activities or programs, and while the actions are not clearly defined as politically motivated lobbying, it borders on such and apparently has caused some conflict between the IRS and the organization, because of these promotional activities of certain political projects or programs.

This Awareness indicates that it appears the IRS is investigating to determine the extent of such lobbying type promotional activities, and to determine whether

laws have been broken, and also to intimidate the organization from going any further in this direction.

**ARE CHILDREN BEING ABDUCTED FOR THEIR ORGANS?****QUESTION:**

Another question from Catherine W. She asks: "Are children being abducted for their organs in an international trade?"

**COSMIC AWARENESS:**

This is in the affirmative.

**FOLLOW-UP QUESTION:**

Who's behind that?

**COSMIC AWARENESS:**

This Awareness indicates these are private individuals and also some organizations that adopt children from foreign countries where there is heavy poverty, by paying the parents large amounts of money for the child with the promise that the child will be adopted by United States citizens or citizens from an affluent country and given a good life where they have a greater chance of good health and good living.

This Awareness indicates that once the organization or individuals get control of the child, they often take the child to some makeshift hospital, have organs removed and send the organs to awaiting hospitals where they transplant them into other individuals. Whether the donor child survives depends on whether the organ can be removed without death of the child, such as the removal of one lung or one kidney, leaving a single kidney or a single lung for the child, or whether the removal of, for example, a single organ such as the heart can be accomplished and the child is left to die.

If the child can survive such as giving up a kidney and having one kidney left, there have been cases in which these children eventually make their way back home, and this is how the expose of this activity has occurred. Many parents have received their children back with the tales of having had certain organs removed after they thought they were giving their children up for adoption to a better life.

This Awareness indicated this happens to a great extent in South American countries, also in India and other Third World countries where money is extremely hard to come by, for an organ can bring thousands of dollars, and by paying a family in poverty five or six hundred dollars with the promise of giving the child a better life, many parents in such countries feel it is a blessing from God, and thus they willingly sign over their child for adoption.

**FOLLOW-UP QUESTION:**

There's been stories in the media, from mothers in Mexico who claim this is happening, and when these stories are investigated, there's some kind of a cover-up. This is happening and is very prevalent in Mexico.

**COSMIC AWARENESS:**

This Awareness indicates there have been many situations in which children come back without eyes.

The eyes have been taken. This Awareness wishes to indicate also that it is not exclusively confined to children. There have been older people kidnaped and taken for body parts, or if not kidnaped, other wise persuaded to go with someone, and once they are away from their home, friends and environment, they are put into an area wherein body parts are then removed from them.

## MURALS OF FOUNDING FATHERS BEING REMOVED BY THOSE REWRITING HISTORY

### QUESTION:

We received from a SPIRAL a communication from the Internet that says: "How the media and many within our government were re-writing history. If you want to find out how bad it really is, get the book *The ReWriting of America's History* by Katherine Mallard. It's a wonderful book. She used to be Chief Librarian at the Library of Congress.

She tells how they, whoever *they* are, would close off sections of the library for "remodeling". Then after they were done, murals on the walls from our founding period of Washington praying and so forth, were painted over with Gargoyles ("No kidding!"), she says. And dozens and dozens of original one- of- a- kind works of the founders would be missing from the library. She analyzes history books, and how the rewording and censorship of our religious foundations were removed, and so forth. I cannot find any trace of this book or author, and I have tried," the writer of the memo adds.

Does Awareness see that information being valid; that they have quietly been removing the murals to discredit the Founding Fathers, I imagine?

### COSMIC AWARENESS;

This Awareness indicates this is in the affirmative. They have also been rewriting history to get rid of heroic entities from the past history, replacing these entities with a more modern version of past history. By "modern version", this Awareness means for example, taking an event of history as has been thus defined and removing it from the book, and putting in indications of *no* individual accomplishments or deeds, but class action types of references.

For example, instead of discussing activities in a certain historical times relating to deeds of individuals, it might have a story of what mothers and children endured in the plains during the mid-part of the 1850's era, the Civil War time, and what efforts were required of entities in growing their crops for their livelihood. Thus, references to activities of individuals during that period might be totally missing from the historical record, while social activities in general would be used to replace the information.

This Awareness indicates that this fits more into modern ways of looking at events, giving the broad picture of class struggle the focal point as opposed to the private struggle of the individual. The idea is to move away from individual heroism and the idea that an individual can accomplish something on his own, and move entities into thinking that everything is done by committee, or everything is done by class action, and if you are not working with those in your class, in your

society, you are out of step, out of line and cannot succeed.

This kind of conditioning is also found in your schools at present time with present children. Most children are taught to cooperate with one another, to work with each other, and the idea of individual performance is discouraged in present schooling systems. This Awareness indicates that in order to continue this concept in present time, it is seen that past history must also reflect the same approach in terms of social values so that individuals of the past; the great Founding Fathers of history, will no longer grace the historical record.

Washington will not be seen as a focal point, but the struggle of the Minute Men, the struggle of the Puritans, the struggle of the early Americans; this will be the focal point. It of course will be slanted in such a way as to help promote the idea of a class activity in which everyone works for the common good of whatever is being promoted as a common good.

This Awareness indicates in other words, if the New World Order is being promoted in the schools it will show the class struggle as working toward some kind of universal government that is good for everyone, which everyone supports and everyone seeks to be devoted to.

## NEW WORLD ORDER IS IN PLACE ALMOST EVERYWHERE

### CLOSING MESSAGE:

This Awareness indicates that there are so many subtle actions and efforts by these One World Government planners, that the work of individuals to move back to the Constitution, to support the right of individuals to show a concern and devotion to personal rights of people, becomes more than simply the political activity of getting back to the Constitution. It also becomes a challenge of keeping your child from being institutionalized through the schooling system and through the religious systems in the New World Order.

### New World Order has Usurped Many Churches

This Awareness indicates there are so many different ways that this New World Order has been being promoted and implemented with much subtlety. This Awareness indicates that the churches, which one would think would be a bastion against the New World Order, have in many cases already been usurped and taken over and are being used by these same One World Planners to promote the New World Order under the guise of religious worship and teachings.

This Awareness indicates that even in work places there are efforts to recondition individuals to think not so much in terms of getting ahead in their own field and financial affairs, but to get these entities to think in terms of promoting the company and promoting the general society through their work and efforts, and this is a way whereby the working person also becomes part of the promotion of the New World Order, so there are many areas for entities to watch and to learn to discern what is happening.

### Many Company Publications Promote NWO

This Awareness indicates that many of these organizations where entities work have meetings with their employees and some of these organizations have

publications. Some of these meetings and publications are designed in part to condition the employee to think along certain lines, to make sure they do not get into concepts of patriotism or to get into concepts in opposition to New World Order programs and promotional activities, but rather to follow along with the company policy which in turn is influenced by the agents of the New World Order.

These may appear as advisors or counselors or psychiatric or psychological advisors, or financial advisors, but they may very well help to promote the company to become a participant into the New World Order. For example, if it is decided that at a certain time, all employees will receive their checks only through electronic means, as a part of the New World Order agenda, then these entities would, over a period of time, (perhaps 6 months or a year before such implementing begins) be conditioned to understand the new technology that is being developed which will allow them to have electronic money instead of cash.

This will save them the hassle of having to cash checks and to do banking as in the present situation, whereby they can simply collect their money, pay their bills by telephone or by computer, and the conditioning will get these entities at the factory to look forward to the time when this can occur. Therefore, by the time this comes around, if others are objecting to it, these entities feel they have been trained and know exactly what to say to those who would object to this kind of banking through electronic means.

This Awareness indicates the trained actions of the New World Order planners will then be put into practice following a particular plan, so that it occurs all over the country according to the pre-planned program or agenda. This Awareness indicates that therefore it is not simply a struggle of Patriots and militia to help break the agenda of the New World Order. It is a struggle that will require all entities in all walks of life to become more aware of what is happening

(THE LAW OF GRATITUDE IS GIVEN)

## HOW TO PRODUCE PERFECTLY HEALTHY BABIES

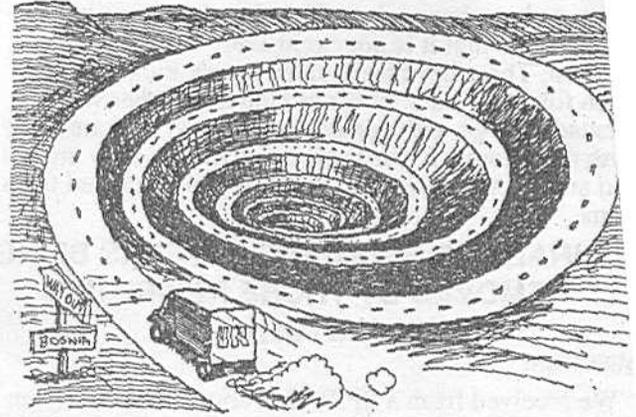
### QUESTION:

A question from C.B. of St. Lucia, West Indies. He writes: "Please ask Awareness how to produce perfectly healthy babies, free of physical defects. Is this a question mainly of diet?"

### OSMIC AWARENESS:

This Awareness indicates that having perfectly healthy genes and being in perfect health oneself for the parents will be most important. Having good vitamins and minerals for the mother during the time of gestation that which is also extremely important. Being sure at the mother receives all of the necessary prenatal vitamins and minerals, a reasonable amount of exercise, peace of mind, a general sense of well-being, and someone who cares for her will help to produce a healthy child.

Once the child is born, giving the child proper nourishment, both in terms of food and proper nutrition also nutrition in terms of love, attention and tender



parents and the nutrition of the parent, the mother and the child, and tender loving care after birth. These are the main ingredients.

## WHERE DOES THE FRESH WATER WHICH FORM ICEBERGS COME FROM?

( More on the Hollow Earth )

### QUESTION:

In the book *The Philadelphia Experiment and Other UFO Conspiracies* by Brad Stieger, he mentions the enigma of the iceberg. He says: "And while mentioning icebergs, one might bring up the peculiar fact that icebergs are formed in fresh water rather than salt ocean water as one might suppose. Does this fresh water come from rivers flowing seaward from the inner earth?"

"The Italian authority, on Antarctica, Bernacchi, once said that during a stay of 11-12 months there were but two inches of rainfall and although there was frequent snow, it never fell to any great depths. Under such conditions, Bernacchi asks: "Where would materials be found to produce an iceberg?"

Yet, the greatest one on earth is there; one so large that it is called the Great Ice Barrier, rather than an iceberg, being over 400 miles long and 50 miles wide. Exponents of the Hollow Earth theory point to the enigma of the iceberg and remain firm in their conclusions that the mountains of ice were formed in some place other than the Arctic regions and their surrounding bodies of salt water.

*A Journey to the Earth's Interior*, written by Marshall Gardner in 1920, uses the fresh-water composition of the iceberg to demonstrate his theory that the mammoths and other prehistoric creatures found in icebergs continue to thrive in the warmth of the earth's interior. Gardner postulates that these animals are carried to the earth's surface and freeze within the ice that forms as the fresh water reaches sub-zero temperatures.

"The discovery of frozen mammoths in the Arctic does present a number of interesting problems, whether or not one chooses to accept the possibility that the gigantic creatures still plod about in the jungles of inner earth. For example, the stomach of one mammoth was found to contain undigested bits of fern and tropical vegetation. An Arctic animal would not have tropical food in its stomach, and it does seem a bit too much to accept the theory of an ice-age that came on so rapidly that huge hairy mammoths were quick-frozen in mid-bite."

I'd like to ask Awareness

## COSMIC AWARENESS:

This Awareness indicates that the evaluation as presented as that which is accurate. This Awareness indicates that the entity Velikovski also presented a different theory of how these mammoths were quick-frozen, his theory being that a planet entered into the solar system and caused the earth to tip, creating a sudden freezing action in which the mammoths became quick-frozen in mid-bite.

This Awareness indicates that this tipping of the planet would not create that sudden freeze in which the temperature would drop faster than an animal could swallow. This Awareness indicates that more likely, the animals were somehow killed by forces and never swallowed and then were frozen. The animal perhaps being caught in an avalanche of falling snow or freezing ice-water which would create a shock to the heart or system causing instant death before the animal could swallow and then the animal freezing in that state with the grass still in its mouth.

This Awareness indicates this single find of the mastodon with grass in its mouth as that which has been a great puzzle for many scientists to ponder about the centuries of the past. This Awareness indicates that *It* has given information previously regarding the Middle Earth. This issue of the fresh water coming from the Middle Earth and creating icebergs as that which adds to the previous information, and helps to give more for entities to consider when thinking about this possibility.

### Is This How the Hollow Earth was Formed?

This Awareness indicates that if an entity can imagine a hot ball of molten lava in space spinning on its axis, is it so farfetched to perceive that the outer crust would create a film as it cooled and the inner part of the molten lava would press out against the outer crust, hollowing out the inner part through the centrifugal force so that a hollowness might occur in the midst of the ball, and then on the inner side of the ball, the hollow area, and on the outer side, the two sides having crusts, while the molten lava continued to remain hot in between those inner and outer crusts?

This Awareness indicates that such is the nature of most planets in the solar system, some having larger openings inside than others, and on those crusts are the rough mountains and vegetation that springs up and grows, both on the outer surface as well as in the inner surface of the planet. This Awareness indicates that it is not as absurd a theory as it might originally seem if one could first set aside one's programming and look at the theory with a fresh and open mind.

## THE WHALE IN THE ICEBERG

## QUESTION:

Speaking of icebergs, in the Whale Watcher's Winter publication, they reprint a painting by George Robert Halm, who lived in 1850 to 1899, called *The Whale Within The Iceberg*. It was signed and dated George R. Halm in 1884, and shows the body of a whale frozen in a huge iceberg about 250 feet above the sea that was said to have been sighted by Captain Ben Pendleton off the South Shetland Islands while on a South Seas whaling and sealing expedition around 1829.

The story is retold by C.F. Holder in "Imprisoned In An Iceberg", *Saint Nicholas* magazine, Volume 12, written in 1884, from which the Halm drawing was

prepared as an illustration. I'd like to ask Awareness if that information was true, how did the whale get into an iceberg, 250 feet above the sea?

## COSMIC AWARENESS:

This Awareness indicates that it appears that this was true and that the iceberg tipped to the side when it broke free into the sea and rolled over, exposing the whale to the higher level.

## MAN IN INDIA IS "ZAPPED" BY SPACE ALIENS: IS THIS STORY TRUE?

## QUESTION:

There's a bizarre story in the December 10th, 1991 *Weekly World News*. I'd like to ask Awareness if there is any truth at all to this.

The headline of the story is "Zapped by Space Alien Rays!" and it reads:

"In Surat, India, a courageous motorist was trying to save a woman from being abducted by space aliens when they pulled laser weapons and shot him repeatedly, -- leaving him to die with every inch of his body covered in hideous blisters.

The heartless space creatures blasted away with their lasers at Indian grocery clerk Teku Rangarajan, 27, literally using him for target practice.

"I felt like a tin duck in a shooting gallery," Rangarajan, who remains in serious condition at a hospital in Surat, India, said in a halting, half whispering statement to police.

According to his statement, Rangarajan was on his way home driving through the Vindhya mountain range when he saw a strange blue light flashing off an isolated road. Curious about the light, he got out of his car to investigate and saw what he thought to be three robbers loading loot into a large round object.

"It was very dark but I know a spaceship when I see one," he said.

The Good Samaritan said, as he looked closer, the robbers didn't seem human.

"They were skinny things with big heads and black eyes, and one of them was carrying a woman. They had weapons strapped around their waists," he said.

Rangarajan yelled at them to stop when they turned on him and started to fire.

"It was very frightening. These red blasts of light came at me very fast and I was trying to run. The next thing I knew, I got hit and fell to the ground," he said.

The aliens shot him several times and they destroyed his car before they zoomed off in their alien craft, Rangarajan said.

"I thought I would die right there on the ground," he continued.

According to the police, another motorist saw the burning car about 10 minutes later and found Rangarajan unconscious on the ground.

After arriving at the hospital, doctors tried to calm down the delirious Rangarajan who was screaming, "The woman! The woman! They got the woman!"

After removing his clothes, nurses found blisters covering his entire body.

Dr. Nelson Pandit said Rangarajan will survive but will require many months of treatment and therapy.

"Whatever it is that he has, it's going to take a long time to heal," he said.

And it shows an illustration of this entity on a hospital bed, and he's literally covered with hundreds, if not thousands of blisters on his body. I'd like to ask Awareness if this is a fake story and a fake photo, or is there any truth to this story?

## COSMIC AWARENESS:

This Awareness indicates that this appears to be based on truth; that the photo appears to be that which is also true. This Awareness indicates that there are many stories printed in the *Weekly World News* that are strictly made up, and have no bearing with truth at all, and there are other stories that are sent to the newspaper which are printed without being checked for validity.

This appears to be such a story that was not really checked out, but it appears to be based on truth.

The story appears to have been told with reasonable accuracy. This Awareness indicates that of the tabloids, "The National Enquirer" is the overall most truthful, with "The Star" and "Globe" following.

"The Sun" and "Weekly World News" being the least reliable.

### DO GOVERNMENT AGENCIES CONTROL THE TABLOIDS?

#### FOLLOW-UP QUESTION:

Is there any agency of the government or the CIA or anything like that which has put pressure on tabloids like the "Weekly World News" to create obviously phony stories to counteract the UFO stories that they publish that *do* happen to be true?

#### COSMIC AWARENESS:

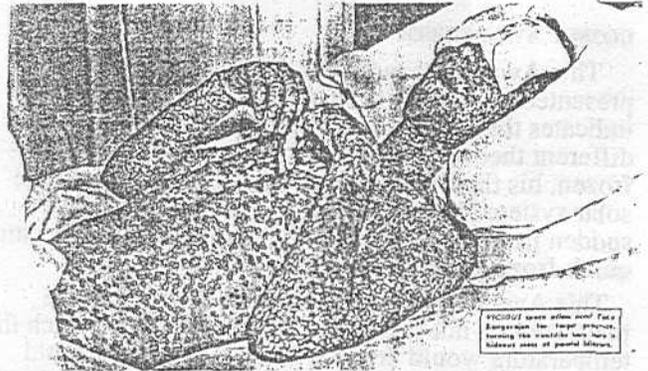
This Awareness indicates that there are some occasions in which disinformation articles are planted in tabloids to give details regarding certain other stories that might have been planted in the regular press, but which are printed in abbreviated form. If there is an intention to create a perception for society to accept, these agencies will sometimes plant the story in various places, including the tabloids, with more information in the tabloids, and sometimes, when planting it in the tabloids, if a story has validity, which they wish to discredit, they will plant tabloid stories that are utterly incredible or details about a reported event that become utterly incredible when printed up in the tabloids.

This helps to destroy the credibility of the stories that were printed in the regular press. This Awareness indicates that some of the tabloids in fine print, will state that they are for entertainment purposes only, and entities may wish to look for this in these tabloids. Others are for entertainment purposes, but do not have that statement on them. This Awareness indicates the actuality is that they are for making money and not necessarily for dispersing accurately, the news.

This Awareness indicates however, occasionally, they will print stories that are unusual and accurate, particularly information on health that is newly discovered may show up in tabloids long before showing up in the regular press, because the press may not dare print something without first having it authorized by the medical profession or other authorities and that may not be forthcoming until the health discovery has been around and well-tested for some time,

Selenium, for example, was first discussed in tabloids before becoming a common topic in the more mainstream press releases and magazines on health. This Awareness indicates also CoEnzyme 2 as that which became popularized from tabloid articles, thus there are certain articles that can be beneficial for one who is discerning from these tabloid sources, but there are also many articles that are strictly fantasy.

In some cases, the headline is made up before the article, and the writers get a headline that they believe will grab the attention, then go to work in trying to write an article that will fit the headline they have selected.



**VICTIM** seen when and how he was taken to hospital for surgery, showing the marks on his forehead and on his chest.

## ZAPPED BY SPACE ALIEN RAYS!

**By SHAWN BISHA**  
Flashing off an unusual road to stop when they turned on their headlights. Curious about the light, he got out of his car to investigate and saw what he thought to be three red blazes of light coming from the bushes behind him. He was very frightened and was trying to run. The next thing he knew, he got hit and fell to the ground. He said, "I was very dark but I know a spaceship when I see one." The witness told him several times and they destroyed his car before they moved off to their home. He said, "I thought I would die right there on the ground." He continued, "According to the police, another witness saw the spaceship on about 15 March." **SHAWN BISHA**



## JFK DEATH PHOTOS AND LOCH NESS MONSTER PHOTOS: ARE THESE GENUINE?

#### QUESTION:

The Weekly World News recently published a photograph of a realistic Loch Ness Monster which they claimed they had captured. This was probably phony, but "The Star" published a series of very lurid color photographs allegedly of John Kennedy in the operating room, shortly after the assassination that showed what the doctors had done to patch him up, to cover tell-tale bullet wounds as part of the conspiracy, and this looked true to me, but there's never a mention of it in the regular press or in discussions of the JFK movie which is making people talk about the Kennedy murder.

Does Awareness see those photographs in "The Star" as being authentic? They were supposed to have been given to a reporter by an FBI man or somebody who wanted to die with a clear conscience because of this cover-up.

#### COSMIC AWARENESS:

This Awareness indicates that it appears these were genuine photographs. This Awareness indicates that it appears the article was basically accurate in that it was based on truth. There were of course some discrepancies or some areas that were filled in with assumptions where information was missing in order to complete the thesis being presented by the article.

#### Sometimes Vagueness and Mystery is the Truth

#### CLOSING MESSAGE:

This Awareness indicates that the discernment of truth is that which can at times become very difficult, especially in areas wherein a kind of grey level wherein definitions are not clearly discerned or distinguished. There are some areas in which the truth would reveal fog or mist and yet if the observer insists on seeing absolute clear lines instead of the fog and mist, the observer will tend to blur the truth, the fog and mist, by defining lines that are not actually there and thus, when there are mysteries, sometimes entities will create answers when answers do not actually exist and when the mystery is the truth.

Wherein for example, a vague energy is present and the entity wants that energy to be clearly the Loch Ness monster or something else, they can sometimes visualize the Loch Ness Monster or something else, and superimpose it over that vague energy in a manner that is really nothing more than projection from one's own consciousness.

This Awareness indicates that in other words, sometimes mysteries and vagueness IS the truth, and entities who cannot accept the vagueness or the mysteries will settle for a false image, thinking they have unraveled the mystery or truth, when they have only superimposed an answer on top of the truth.

## WHY YOU SHOULD KEEP A JOURNAL OR A DIARY

**COSMIC AWARENESS: OPENING MESSAGE, 6/9/96**

This Awareness indicates that there are some entities who would be wise to keep a diary or a record of their time. It is not seen as everyone to do this, but some entities would benefit from keeping a record of their time; where they are, what they are doing.

This Awareness indicates that for example, if you are in a certain kind of situation in which there is the potential for being blamed for certain events or being caught in legal compromises, it is good to have a record of where you were at different times in case something arises in which you must either be a witness or as defendant so that you can look at your record and see when you were at a certain meeting or when you were with a certain person, or where you were at a certain time of day when some of that happened.

This Awareness indicates that this is one reason: for legal purposes. Another reason is to help you keep track of where you were when you were there for financial reasons. You can help piece together some of your expenses for tax reasons by noting what you were doing and when you were doing it. For example, automobile and travel expenses can be estimated more accurately if you have some record, either travel papers, receipts or a diary or a time record of your activities.

This Awareness indicates likewise, there may be a need to look back at a certain time in the previous month to determine how long since you contacted a certain person, and if you have records of this, then it becomes an easy matter. Perhaps you need to recontact the person if you discover that it has been long enough and the record can be of benefit.

This Awareness indicates of course if you are in a situation where you have begun to move into activities that are potentially significant and newsworthy, it is all the more reason to keep a record. You may for example, at some time wish to account for some activity or you may wish to leave a record for biographical or autobiographical purposes; either your own or for someone else, for whom you are writing about.

This Awareness indicates that it is also interesting for you to review from future years what happened ten years ago and how the events transpired by looking at your notes. This Awareness indicates you can either do this with a regular diary or you can purchase spiral notebooks and have a different notebook for every month, wherein you keep notes as you travel about and do your activities.

This Awareness indicates that keeping a record of

13 your activities can be personally beneficial and rewarding. It can also have social and legal benefits and can also have benefits in regard to business activities. There can be financial rewards. In other words, for some entities it can be helpful to keep records.

Other entities might simply find it boring and possibly even depressive, but if an entity wishes to get a reflection of what he or she is doing with his or her time, this can also be helpful, for if an entity looks back on what he does with his or her time during the month, it can be revealing to see how much time may have been wasted or how much time may have been used up with others who simply waste your time.

They are things that can be beneficial. This Awareness indicates that it is especially important for entities who have had some criminal record from the past, that they keep track of their time in the present, because they can be falsely accused of some recent crime based on their criminal record from the past, and if they can pull out a notebook to show where they were at the time of the events it can be their best alibi, particularly if the notebook activities and records track from day to day in a way that keeps it from appearing to be forged or altered.

This also allows the entity to recall enough details of what happened that day to find witnesses for himself. This Awareness indicates that for some entities this would simply be a waste of time, a distraction from their daily routine, and would not be of much benefit to them.

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## WHO AM I ?

### QUESTION:

A question from R.K. in Minnesota: She writes: "Thanks for the answers to my questions; however, more questions have come to the surface." And she says: "If this is "my soul, my body, my thoughts and feelings, and my life", then who is "I" that is referring to all this "my soul, my mind and my et cetera?" "I would like to know this. If you think that other people would be interested to hear the answer to this question, please ask Awareness. Thank you."

### COSMIC AWARENESS:

This Awareness indicates that you may wish to look at this in a slightly different way. Imagine that you have a shop in which you build dolls, and you make these dolls in such a way that they each have unique qualities, each being different from any other.

Imagine yourself as being able to animate these dolls, breathing life into them so that they each can act independently, according to their own development and growth from the independence that you have given them. And imagine that you let them have the appearance and sense of being self-contained, autonomous beings, and each of them says: "This is my body, my soul, my personality. I am who I am, but then what is the "I" within that claims this body, soul, personality and automations"

This Awareness indicates that the "I" may be thought of as an illusion when viewed from the creator's perspective. You can inform each of these creations that there *is* no "I", or that it is an illusion. It is the central identity. But will this mean anything to these dolls, these animated dolls, or will it simply be some kind of confusing answer to them?

This Awareness indicates they believe themselves to be centered around a central processing unit that sees self in the center of all actions animated by its body, through its body, through its soul, through its personality. It appears to them that they are self-contained and that there is an individual essence. Call it "soul", call it "spirit", call it "personality", or whatever; it appears to be a "self."

This Awareness indicates that it creates for the entity a sense of individualistic separateness from all else. This Awareness indicates the "I", the self, the individual, discovers that it *can* surrender itself to its Creator and in surrendering, can become One with Everything, and the "I", the individualism, the separateness, disappears, and it becomes One with All, totally unified with everything.

It can experience the totality of all consciousness, of all being, through the act of surrendering the "I", the self, and this Awareness indicates that having experienced this Universal or Cosmic Consciousness, or whatever term the entity wishes to call that Unified Consciousness, the entity may say: "Well, this has been interesting. I think I'll try being myself again!", and the entity separates from the Unity, from the All, and becomes a self, a central being on which he or she is part of the total, but unique in that he or she is a *part* of the total, not unified with the total, and thus the entity has an "I", a self, a separate individuality.

This Awareness indicates the question: "What is the "I" ?" It is the *illusion* of separateness. And when an entity gives up the self and the "I" to the Divine, it becomes One with the Divine, and loses personal identity to become Cosmic Identity with Cosmic Consciousness or Cosmic Mind or Divine Mind, but there is no "I" in the equation of Divine Mind.

### When Jesus Said: "I and the Father are One"

Thus, when Jesus spoke: "I and the Father are One!", it was an illusion, because there is no "I" in the equation of one becoming unified with God. The entity understood, but had to use the term "I and the Father are One!" because people sought to understand him as a separate entity and his attempt to explain required that he explain himself to be One with the Father.

This Awareness indicates, however, in a technical sense there is no "I" when an individual merges with the Divine Consciousness, the Divine Mind, the Creator God. This Awareness indicates that if this is not a clear response to the question, that the question be repeated or clarified further.

### QUESTIONER:

Vikki? Okay. We think that Awareness was pretty clear on that.

## SHOULD WE WAIT FOR THE CAVALRY TO RESCUE US?

### QUESTION:

We received a letter from Stan W., in Manchester, England. I'm going to read part of it. I think he's got a question here. He writes: "Only at such times as this does the continued devoted efforts of everyone at CAC become so apparently aware. Without all of the information that has been expounded on over the years, I realize just how lacking in Awareness my life would have been, and I wish that others could also become aware of what life is really all about.

"When people seem interested in certain topics, I try to supply the options given by Awareness, who says: "A little here, a little there." And although there is very little response, or little at all, I feel this is what I must do, in gratefulness to all of you disseminating Awareness. Thank you.

"I don't know whether Awareness should be asked this question, and it seems to answer itself in the text, but I feel there is always more to address in life, to counteract, than good honest help coming our way, and we have really to make the effort ourselves to encourage the "better method."

"We are here to struggle, to improve our spiritual consciousness in our own way. If we wait for the Cavalry, God, the Pleiadians et cetera, et cetera, we perish before we are rescued." I think that's the question he'd like to ask Awareness to comment on.

### COSMIC AWARENESS:

This Awareness did not see a question involved; however, there is a statement that can be commented on. This Awareness indicates that entities often look for someone or something to rescue them. There is always some unanswered or unfinished aspect of life which

calls for resolution, and for many people this is seen as a need to be rescued or helped in finding the resolution.

This Awareness indicates that there is a question of whether entities *should* be rescued or have help in getting the resolution to their emptiness or their unanswered questions, particularly when they have the ability to search for those answers themselves, to try to find the solution or resolution to their emptiness or that which is unfinished in their lives.

This Awareness has suggested that entities do not need always to have everything in their life answered and completed and resolved for it is the unanswered, the incomplete qualities in life that keep life going.

If everything was fulfilled, if everything was answered and there was nothing in terms of a vacuum in your life, then there would be no next moment. There would be no energy to lure you into the next moment. There would be no vacuum in your life to pull you toward some further resolution or quest. You would feel totally fulfilled and ready to pass over into some other life form.

This Awareness indicates therefore, it is important for entities, when they receive answers to their questions, that these questions answered call for other answers so that there is never a complete solution without further questions coming up to lure the entity into further search. It is the *continuous* search.

### The Eternal Unfulfillment

This Awareness indicates there is a song out today that speaks of this constant craving, the title of the song is "Constant Craving" which speaks of this eternal unfulfillment. This Awareness indicates it is often seen that entities wish to be rid of the constant craving or find an adequate solution to the Eternal Unfulfillment so that they can have complete fulfillment, and many entities in their philosophy think that the spiritual movement will give them fulfillment at some point, when they have progressed far enough spiritually.

This Awareness indicates that the only way they can find that unfulfillment and fulfill it to their satisfaction is when they accept the reality of having an Eternal Unfulfillment and no longer resist the experience of being eternally unfulfilled. Then it is no longer a problem, and they can be relaxed knowing that Eternal Unfulfillment is part of the reality and that it *should* remain as part of their experience.

### The Constant Craving Does Not End at Death

This Awareness indicates with this understanding, entities can learn to live with the constant craving without pain. They can simply see it as part of the driving force that keeps them moving through the Eternal Experiences that the soul provides. Even at the time of death, when entities pass over, that craving for something does not end.

On the Other Side, when they are well passed the needs of the flesh, there is still a kind of hunger, a kind of waiting, a wondering "What now?"; they are creating a response or answer to the new experience, "what is happening?" There is an opening and awaiting and a desire to have their question answered: "What is happening to me? What is going on?" It is still another craving to find a solution and answer to the experience they have.

This Awareness indicates that when an entity recognizes that the vacuum of waiting, wondering or seeking some answer is always with them, when the entity recognizes it is part of the experience of being, then it is not a problem. It is simply part of the experience of being, and they can enjoy the experience of being. It is no longer something that is wrong with them or with their lives that needs to be corrected.

It is simply something that is part of being, to have that void which is likened unto a constant craving: "What now? What is happening? What next?" Once entities understand it as part of being to have this unfulfilled quality in their being, it is no longer a problem for them. It is no longer erroneous in their experience of being. It is a correct part of the experience.

This Awareness indicates that if this response did not fulfill the vacuum raised by the question, that the question be repeated, please.

(QUESTIONER:(REPHRASING QUESTION):

The question really is rather vague. He was trying to pass on the Awareness philosophy to various people and wasn't having much luck, and he believed there's more to address in life, to counteract, than good honest help coming our way, and we have really to make the effort *ourselves*. He sums it up: "If we are here to struggle to improve our spiritual consciousness in our own way; if we wait for the cavalry, God, the Pleiadians, et cetera and so on, we perish before we are rescued."

COSMIC AWARENESS:

This Awareness indicates that the other approach would be to *accept* all these unfinished aspects of life as being part of life and enjoy all that is available, even if there are still some missing parts. This Awareness indicates that if entities wish to struggle to fulfill all the missing parts, they have that opportunity. If entities wish to enjoy all the parts that are present, and ignore the missing parts, they have that opportunity.

### "Life is Like a Box of Chocolates"

Life presents so many options that entities can choose whatever they want from the smorgasbord of life. This Awareness reminds you of the statement of Forrest Gump, that life is like a box of chocolates; you never know what you're going to get.

This Awareness indicates that even if you have the choice and know what you think you're getting, there are always other options to choose from and the option you choose may not be what you thought it was, or even what you sought when you made your choice, but there is still always further options from which to choose, and there are so many of these options, that entities may wish to choose carefully.

They also have the option of just grabbing something and hoping for the best, if that is their choice. This Awareness indicates in this third dimension, choices are not always recognized accompanying the results instantaneously, and some entities may find that making a choice does not reveal itself immediately, but brings about a certain consequence far down the road and entities can look back at life and say: "I wish I hadn't made *that* choice back there when I did. I wish I had chosen the other option!"

This Awareness indicates by then, it doesn't matter, for the choice was made, the steps were taken, and the turnabout did not occur, and the entity's destiny took several steps along a certain route, never to return to the other potential destinies. Thus, when entities make a choice, not only do they select a destiny, but they reject other destinies in their lives.

## UNFULFILLMENT IS LIKE BEWAILING GRAVITY

### FOLLOW-UP QUESTION (VIKKI):

It seems like if one had that attitude of having a sense of unfulfillment, or vacuum was a problem for them, it would be sort of like walking around on earth and bewailing the fact that we have to deal with gravity.

### COSMIC AWARENESS:

This is in the affirmative. It is difficult to overcome the problem of gravity, but it is possible to learn to live with it. This Awareness indicates in the same way, entities can learn to live with certain vacuum in their experiences, with certain unfulfillment in their lives.

This Awareness suggests you imagine an entity who is fixated on trying to fight against gravity in his life, and you will see how that problem can frustrate the entity to no end, and likewise, the entity who is frustrated because he cannot fulfill everything he desires fulfilled, can likewise be frustrated to no end with his life.

This Awareness indicates that the entity who accepts gravity and learns to live with it can do things without trying to defy gravity, or trying to deal with gravity in a way that is within his means. Likewise there are people who accept a vacuum in their lives, realize they can't have everything fulfilled that they wish to be satisfied with, and the entities can work and do things without complete fulfillment, or they can even learn to deal with unfulfillment in a way that is not too frustrating.

They can try to fulfill certain emptiness in their lives, but not get so fixated that it drives them crazy or makes them suffer from the unfulfillment. This Awareness suggests in other words, learn to live with gravity, and learn to live with some degree of emptiness in your life and you will be a much happier person for it.

## IS AN 8TH CHAKRA ABOUT TO OPEN?

### QUESTION:

A question from W.B., in Calgary, Alberta.

Awareness might have touched on this. I'll read it anyway. He writes:

"I have heard that an 8th chakra point on the human body is beginning to open up. It is located around the thymus region, just above the heart chakra and is associated with the color turquoise. It is said to have something to do with opening up to the higher vibrational rates mankind is moving into. Could Awareness please comment whether an 8th Chakra point is opening up, and what it is all about? Thank you."

### COSMIC AWARENESS:

This Awareness indicates that this may be related to some teachings of entities who have promoted the concept of more chakra points within the body. This Awareness refers to the 8th Chakra as a point above the head whereby the energies of the chakras move up

through the body and out the top of the head to create a spot approximately 6 to 8 inches above the head, where entities can focus to attune to this Awareness.

This Awareness indicates in the book *You Are Becoming a Galactic Human*, there are diagrams of chakras of the human body in which the author points to a number of additional chakras besides the usual 7 Chakras of the body, and puts these into various spaces between the original chakras, saying that these are chakras that will be evolving or opening in the human body as the human body adjusts to the next dimension.

This Awareness indicates that this entity does not follow the concept of an 8th Chakra above the head, but sees chakras interspaced between the original chakras of the body. This Awareness indicates that *It* does not see these chakras described in this book, *You Are Becoming a Galactic Human*, as being valid, but *does* see that an action of energizing extra chakras may be a way of creating extra chakras in the human body.

But to have 14 chakras instead of the 7 chakras would be excessive in the third dimension, though it may be beneficial in a fourth dimensional experience, and perhaps a good reason for energizing new chakras in the physical form.

## A Way to Create a New Kind of Music

This Awareness indicates that the musical scale is a kind of sound replica of the 7 chakras; the Do Re Mi Fa Sol La Ti Do being symbolic of the chakras in the body. If you add a second set of chakras to that body, you might think of adding also a second set of notes to the musical scale so that you have, for example, C Major scale with another scale superimposed over it, having a new Do Re Me Fa Sol La Ti Do starting at a point other than C.

This Awareness indicates that this could become a way of creating a new kind of music using parallel major scales. It would be as unique as having two sets of chakras for a human. This Awareness does not see the world is quite ready for this kind of action, but it could be worthy of thought, research and experimentation.

This Awareness indicates if the musical notes were harmonious to the original scale, it would be relatively easy. In other words, supposing the second scale is made of triad notes harmonizing with the original notes; this would not be so difficult for entities to master.

Likewise, if the chakras of an individual had harmonious chakras a third higher, this would not be too difficult for entities to learn to live with. This Awareness indicates that this topic is something that entities might wish to explore, to research with playing with sound to understand the potential of parallel chakras, but as far as the question is concerned, *It* does not see the need to call a chakra between the 4th and 5th Chakra the 8th one.

This Awareness indicates that it could be numbered if you add other chakras to the seven, but this Awareness would suggest you label the 8th Chakras as that which is above the 7th Chakra, in other words, just above the head.

CAC NOW HAS ACCESS TO A FAX !  
AND WE NEED GOOD QUESTIONS !  
FAX them to: (360) 956-1571

## CAN THE PHILOSOPHER'S STONE NOW BE MINED?

### QUESTION:

A question from Joe Alexander, Fayetteville, Ark. It's a rather long letter. I'll just read this statement here.

"I recently bought some tapes from a fellow in Florida. They were recordings of lectures by a David Hudson, a farmer and gold-miner from Arizona. Hudson says that in the course of his mining, he produced large quantities of a white powder which the mining industry calls "ghost gold", which apparently has mostly been considered a waste material.

"However, upon analyzing this material via a Soviet technique of spectnoscopy, which he says involves a 300 second burn time compared with the 15 seconds usually used in American labs, and therefore, he says, gives a much more complete analysis; he says he found the material to be mostly the precious metals: gold, platinum, palladium, Iridium, rhodium,-- so that, apparently, deposits of precious metals actually contain much more of the precious metals than had previously been suspected--most of the precious metals being in this white powder form rather the metallic form.

Further investigation, he says, showed that the precious metals have this white powder form when they are mono-atomic, that is, single independent atoms. The precious metals have this metallic form, he says, when they are diatomic, that is, two gold atoms, for example, joined together to form a molecule of gold.

"Further investigation, Hudson says, shows that this mono-atomic white powder of the precious metals had superconductive properties. Then he says that the goals of alchemists was to make "a white powder of gold" which would heal all diseases, greatly extend one's lifespan and awaken all psychic powers. He says that these mono-atomic precious metals in white form are the elixir of the alchemists, and they do these things because the super-conductive properties allow the "life of life" to flow through the body without resistance when there are enough of them in the body.

"Hudson says on these tapes that he intends to manufacture these white powders of the precious metals and make them available to everyone without cost, though recipients are welcome to donate.

He claims that his research *already* has discovered that these white powders, when ingested, will heal any disease and awaken various psychic abilities.

He also intends to write a book on this subject. There is no date on the tapes. They are obviously quite recent as he mentions event of 1993 and '94, et cetera. He says on one tape that he intends to have the book available in 8 or 9 months and to have the manufacturing facility for the white powder ready to go within a year also. So, if this is legitimate, we ought to be hearing a lot more about this soon.

"Now, the man who sold me the tapes told me he is not in personal contact with David Hudson, nor does he know how to contact him either. On one of the tapes he mentions that he was talking to a group in Virginia Beach, so I called the A.R.E. to see if they had ever heard of David Hudson and his white gold powder. They hadn't. So there's something that smells a little fishy

about this whole thing at this points though David Hudson's talk on tapes are very impressive, with many references to specific scientific literature on mono-atomic elements, superconductivity, and related subjects.

"Now, I remember Awareness gave a reading recently on how to prepare the Philosopher's Stone of the alchemists. The white powder produced from one's own urine.

So my question is: I'm interested in Awareness's comment on the validity of David Hudson's claims, and is the white powder that Awareness described how to prepare from one's urine, a superconductive mono-atomic form of gold, and/or other precious metals?"

### COSMIC AWARENESS:

This Awareness indicates that it appears this entity has found natural sources of the powder that parallel the artificial creation as described by the alchemy technique. This Awareness indicates that whether this entity can artificially produce this powder, or can produce it from the use of other mineral extracts from the earth, is another question.

It appears to be something that could be done. This Awareness indicates it is seen as likened unto a creation based on certain activities that extract metals through the use of heat and cold, of dryness and dampness. This Awareness indicates that it appears to relate to the idea of tarnish, such as when gold is tarnished and the tarnish is removed, what is in that tarnish that has been removed.

This Awareness indicates that there is seen another aspect of this entity's powder. It is suggested that this powder be put into some kind of consistence matrix to make it possible to paint it on a wall, and when it is painted on the wall, to introduce a slight electric current at one corner and another slight current at another corner, to see what the effect would be.

Another experiment would be to paint it on a wall and add an element of very minute lighting, lighting being not strong, but very small, to see what effect that would be in a darkened area; whether this would serve as a reflective energy to enhance the light sufficiently to make it commercially practical.

This Awareness indicates it does appear that this is related in part to a method known to ancients as a way to light darkened caves. This Awareness indicates that it appears to have potential for many different types of research. This Awareness suggests that further efforts in finding the source of these tapes and the entity on the tapes could be a worthwhile search.

This Awareness suggests you may wish to contact bureaucratic agencies in the area to determine if anyone by that name is doing any mining, if the mining activities are registered, or if the entity has any property in the area in terms of mining claim, and this may help you to locate the entity.

This Awareness indicates there are also ways to track entities through CD-ROM telephone numbers, for there is the CD-ROM that carries 70 million telephone numbers in the United States, and if you have the entity's full name and call those people, there may either

be a contact with that entity in that area, or you may find someone who is related to the entity.

It is a remote chance effort to find this entity, but it would be worth your while if you can spend the time, the cost and the energy pursuing this.

This Awareness suggests the first action would be to locate the entity who provided the tape. Try to find where the entity got the tape and track backwards, following the entities who provided the tape from one person to another, until you find someone who has an address for the source of the tape.

**QUESTION:**

If the entity's book gets printed as claimed within 8 or 9 months, the search wouldn't be necessary.

**COSMIC AWARENESS:**

This is in the affirmative.

**FOLLOW-UP QUESTION:**

Does Awareness see the claim that this research has discovered that most of these white powders when ingested will heal any disease and waken various psychic abilities, as the entity claims?

**COSMIC AWARENESS:**

This Awareness indicates that these minerals ingested could be beneficial, but it would be wise to have them analyzed prior to ingestion for there are also some minerals that might be harmful to an entity, if taken in excess. The use of heavy metals such as gold or other substances that might be found in these underground powders may be more than the body can handle.

There is some benefit from taking gold salts; that is when plants are grown in sand and earth that contain gold, and the gold is in the form of natural salts in the plant and then extracted from the plant and ingested into the body. That kind of gold could be beneficial, but heavy metal gold can be a source of problems if it is in a large enough amount, and particularly if it is in metallic form.

This Awareness would suggest entities have a good understanding of the white powder and not simply take it without knowing precisely what is involved or what other metals might be present.

Ed's note: 3 months later, in July, I received a letter from Joe. He was able to track this entity down. It appears he is living in Laveen, Arizona, and lecturing around the country about his discovery. He is trying to find investors who can put up 3 million dollars so he can build a plant to process the minerals and create large supplies of the white powder. He is currently selling it for \$1500 for a month's supply. With a new processing plant, he expects the price to be more reasonable. Joe has written to Hudson and sent him a copy of the newsletter with the suggestion from Awareness that the powder also be used to create light. Joe is expecting a reply soon. We will keep you posted!

**THE LUNAR GERM & PHILOSOPHER'S STONE**

**QUESTION:**

A question from Michael S., Randolph, MA. "In the book *Thinking and Destiny*, Harold Percival, the author, mentions what he calls a lunar germ that is formed in the pituitary gland and that travels through the body and is usually lost through the sex organs. I had a hunch that the lunar germ is involved in making the Philosopher's Stone. Would Awareness please comment on that?"

**COSMIC AWARENESS:**

This Awareness indicates that the lunar germ appears to be related to that which is referred to in alchemical symbolism as Diana, the slaying of Diana. This Awareness indicates in the alchemists' pictures it depicts the slaying of a female entity with a sword. This Awareness indicates that the entity's name being Diana, which is another term for the moon, the lunar germ being thus represented.

**Did Jefferson Know of Weishaupt's Duplicity?**

**QUESTION:**

Another question from Michael S. He asks: "In reference to issue #437, the reading about Adam Weishaupt forcibly replacing George Washington during the final months of his presidency, I would appreciate it if Awareness would comment if John Adams, Thomas Jefferson, or others in Washington's circle of associates were aware of this and what they thought about this?"

"Jefferson wrote about the Illuminati: "As Weishaupt lived under the tyranny of a despot and priest, he knew that caution was necessary, even in spreading information, and the principle of pure morality. This has given an air of mystery to his views, was the foundation of his banishment, and is the color of the ravings against him. If Weishaupt had written here, where no secrecy is necessary in our endeavors to render men wise and virtuous, he would not have thought of any secret machinery for that purpose."

"Jefferson thought his motives were pure, at least in reference to the Illuminati. So would Awareness comment on the original question here: "If John Adams, Thomas Jefferson, and others in Washington's circle were aware of this and what they thought about it?"

**QUESTION:**

This Awareness indicates that the question is not clear. The quote is not clear as to whom is speaking at any particular time, or whether comments of the questioner are distinguished from the quotes, making it a question that is not clear enough to respond to. This Awareness suggests that the question be clarified.

**QUESTIONER:**

Okay. Actually, the original question was in the first statement, but he is quoting, evidently, from Jefferson, who wrote about the Illuminati, and he is being complementary to Weishaupt, who evidently was a friend of his and Jefferson didn't see anything sinister about the entity. So, the actual question he asked: "In reference to the reading about Adam Weishaupt forcibly replacing George Washington during the final months of his presidency, I would appreciate it if Awareness would comment if John Adams, Thomas Jefferson or others in Washington's circle of associates was aware of this (duplicity), and what they thought about this."

**COSMIC AWARENESS:**

This Awareness indicates that it does not appear that these entities were aware during this time; that there was a seclusion that occurred. Most of these entities lived elsewhere and were in touch with Washington only when necessary. You must realize that these entities

had their private lives to live and government activities were but a portion, an extension from their private lives.

It was not as though they spent their time in the same area together, but rather they lived in their homes, and when needed, would go to meetings or gatherings with one another, but when not needed, they would spend most of their time in their own activities.

It was quite different in those days than it is now with government officials, for now these entities are expected to live closely to the White House where they can be on call at all time when there is the potential for something important to happen.

In those days, entities had no telephones, but could be called by messengers riding on horseback when there was a need. Of course, in those days emergencies were not as common as they are in present times.

### WHO CREATED THE NAZCA LINES AND WHY?

#### QUESTION:

A question from Erna S., in the Netherlands. Awareness has touched on this. Perhaps *It* could give a little more information. She writes: "I would like to ask Awareness the following question: Who created the so-called lines in the desert area of Nazca in Peru, and why was this done? The grooves are tens of miles long and from the air you can clearly see the images of birds, a monkey, et cetera et cetera."

#### COSMIC AWARENESS:

This Awareness indicates that these date back to the time when the extraterrestrials from Mars were having close contacts with earth; these being the ancestors of the tall Greys of today. The lines at Nazca represent navigational drawings that helped the travelers to find their destinations.

Certain of these lines point to the great pyramid, showing the way where this lay in the distance. Certain other lines would point toward Atlantis, particularly Poseidon, and certain other lines would point to other places on earth so that the craft coming to this area could land or could simply pick up a direction, follow that direction to a different destiny or destination.

This Awareness indicates it appears to have been a joint action. Not only the tall Greys from Orion, but also of others, including the Pleadians and Arcturians and Sirians; that these entities all contributed to the markings from time to time in order to use these navigational maps for their flights.

### Why a Monkey Design at Nazca?

#### FOLLOW-UP QUESTION (VIKKI):

One of the shapes described in the question was a monkey shape, in addition to straight lines. Would this be a kind of identification of some sort?

#### COSMIC AWARENESS:

This Awareness indicates that this would be a particular symbol or form which some entity seeking a direction to a certain area would sort out or look for, and from that finding, look for the mark that indicates the direction. This Awareness indicates it is likened unto your computer having certain symbols or icons, and when you find the right icon and press your mouse

button, it takes you to your program. In this case it was a map or marking to indicate the direction to your destination after you located your particular design or pictograph.

This Awareness indicates that in the past, entities having CB radios, would have what they called their "handle", their name, and they would call one another on the highway using their radio name. This Awareness indicates that in present time, the bulletin board activities on computers have entities communicating with one another using their own particular name or code name for communicative purposes, and in those days, entities could use certain symbols for marking the path of a particular culture or a particular group to help them find the location.

For example, one entity having come to the earth planet for the first time might have been instructed to look for the monkey in the lower part of the South American continent, and from the monkey, to find the marker that points the way, and from following this marker's directions, the entity could then find his companions, wherever they might be located according to the instructions given to the visitor and the markings represented by the monkey design.

This Awareness indicates another visitor might be indicated or directed to a bird and its markings, so that this entity looking for a particular location on earth would simply follow the directions indicated.

### HE HAS HIGH CHOLESTEROL EVEN ON A NON-FAT DIET: WHY?

#### QUESTION:

A question from C.B., San Anselmo, California.

He writes: "My cholesterol is high. I take this as an indication that the universe wants me to eat better. Yet, after a year of greatly reducing cholesterol and fat from my diet, my cholesterol is actually higher than a year ago. Am I not eating right yet?" he asks. "Is there some specific diet I should be sticking to, or is there a mineral, vitamin, herb or other natural supplement I could take without drugs that would help my situation?"

#### COSMIC AWARENESS:

This Awareness indicates that diet actually plays a relatively small part in the control of cholesterol. This Awareness indicates that there are certain things which entities eat which can help to elevate the cholesterol. Many entities try to avoid eggs, for fear that because eggs contain cholesterol it would make their cholesterol count higher, but eggs also contain lecithin which brings down and counters the absorption of cholesterol, and therefore, eggs don't raise the cholesterol very much, if any, in the entities who eat them.

### Okay to Eat Eggs After All

One can eat several eggs without any effect on the cholesterol. Some entities have eaten as many as four eggs a day without it causing any effect on the cholesterol. What *does* have a greater effect on cholesterol levels than diet, is stress. Wherein entities are under considerable stress the body produces high levels of cholesterol. Therefore, you may be in need of reducing stress in your life, moreso than cholesterol.

This Awareness suggests also that the kind of cholesterol in your body is important. If you exercise reasonably well you can produce the HDL which is the friendly cholesterol, and avoid the LDL which is the more dangerous cholesterol, and this activity of going for walks or reasonable exercise can be beneficial in bringing about the HDL which can be beneficial to the body.

This Awareness indicates that there are benefits from certain substances; garlic for example, can be beneficial in reducing the negative or bad kind of cholesterol. Olive oil is another substance that is good.

### **Cow's Milk a "No-No"**

This Awareness suggests that rather than eating any milk products that are homogenized, in other words, any milk product containing cream, for almost all milk that contains cream is homogenized, it would be better for you to use skim milk or non-fat milk, because when the cream is taken from the milk, they do not use the homogenizing process, and it is this homogenizing process that causes the milk to have an effect upon the inside of the veins and arteries, causing plaque to build.

It may not result in increased cholesterol levels to use milk, but it does result in calcium and sodium being plastered onto the inside of the arteries and veins of the body if there is the homogenization process used in the milk.

This Awareness indicates that another concern is partially hydrogenated oils which add to the build-up on the inside of the veins and arteries. It is better to use pure butter than to use margerines containing partially hydrogenated oils. This Awareness indicates that excessive use of cheeses can be harmful, but one who is moderate in the use of cheese, using cheese sparingly, particularly the hardened cheeses, would be satisfactory.

Cheeses such as cottage cheese or cream cheese are not seen as particularly damaging, especially the cottage cheese. Cream cheese should be used sparingly or moderately. This Awareness indicates that Cheddar cheese should be used in a sparing to moderate amount, the way one would think of in terms of treating the body to a fat-free diet. If you want occasionally to have a piece of cheese, that is not likely to cause a problem for most entities, but if one has cheese every meal or every day, it could begin to create a problem.

### **Sodium Rings Around Eyes Reveal Problems**

If one is getting too much dairy product it usually will show in sodium rings around the eyes, around the pupil. These are light-colored rings around the iris. This Awareness indicates that milk generally is high in sodium, therefore it gradually will show up in the iris if entities are using too much of the dairy product.

This Awareness indicates that in your particular case *It* sees the main culprit as partially hydrogenated oils and excessive dairy products that have been homogenized; that these are the two main culprits in your particular diet.

This Awareness indicates that *It* suggests also adding garlic and olive oil to your diet. This Awareness indicates there also is seen some benefit in the use of lemon instead of salt. If you are using salt, consider using either lemon pepper or lemon juice, preferably

lemon juice on your food. It can give the tart flavor and yet will be better for your general health.

### **WILL VISUALIZING THE PROBLEM END IT?**

#### **QUESTION:**

He also asks: "Can meditating and visualizing the condition of the cholesterol help, either alone or in conjunction with the diet?"

#### **COSMIC AWARENESS:**

This Awareness indicates that this can help to some degree. Along with the diet it can be relatively effective. This Awareness suggests that you visualize the walls of the arteries and veins breaking loose, wherein that which is plastered on the sides is breaking loose and floating away with the blood, and the blood coming into contact with certain internal walls in regard to the digestive system, to the kidneys, to the colon, so that the parts are carried out of the body, dumped into the kidneys or into the colon, and the blood goes back, pure and clean, ready to pick up more garbage from the veins and arteries.

This Awareness indicates that another action of meditation would be to take deep breaths, close your eyes and feel all of the nerve shimmerings of your consciousness in your body in terms of the meridian lines becoming very relaxed and calm so that you do not have any jangling or shimmering or jaggedness in terms of the energy. The nerve energy flows along your meridians, running up your legs or down your arms, so that they are all just flowing calmly, without any major problems.

### **Visualizing Nerve Energy Negates Cravings**

This Awareness indicates that you will find that this can be beneficial in helping to slow down any cravings you may have, to negate the cravings. It only takes about a minute or so of quiet breathing and visualization of your energies as they flow up or down through the body, out through the arms, down the spine. Just let those energies flow easily, solidly flow, not like a churning action or a nervous action, but smooth and quiet, flowing, like water being lifted by pumps in pipes rather than water churning through a river or creek-bed.

This water just lifts, the energies just rise and fall quietly, easily, calmly. This Awareness indicates by calming the nerves in this manner it can lower the blood-pressure and it can lower your cravings and thus help you to eliminate those foods that are obsessive attachments to you.

This Awareness indicates that obsessions such as the need for alcoholic drink or any addictive food or other substance is caused by the nerves more than anything else, and if you can calm your nerves, coupling this calming action with deep calm breathing, then you will also rid yourself of any of these obsessions and fixations or addictions. It only takes a minute or so.

REVELATIONS OF AWARENESS is a cosmic newsletter, published by Cosmic Awareness Communications, P.O. Box 115, Olympia, WA. 98507 (A not-for-profit organization). Membership fees and donations are deductible from your Federal Income Tax. Try to remember Cosmic Awareness in your will! ('How many have you served and how well?')

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