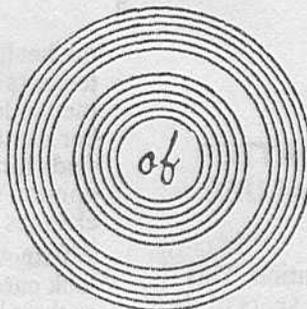


# Revelations

THE COSMIC NEWSLETTER  
(Uncovering the Mask of Illusion)

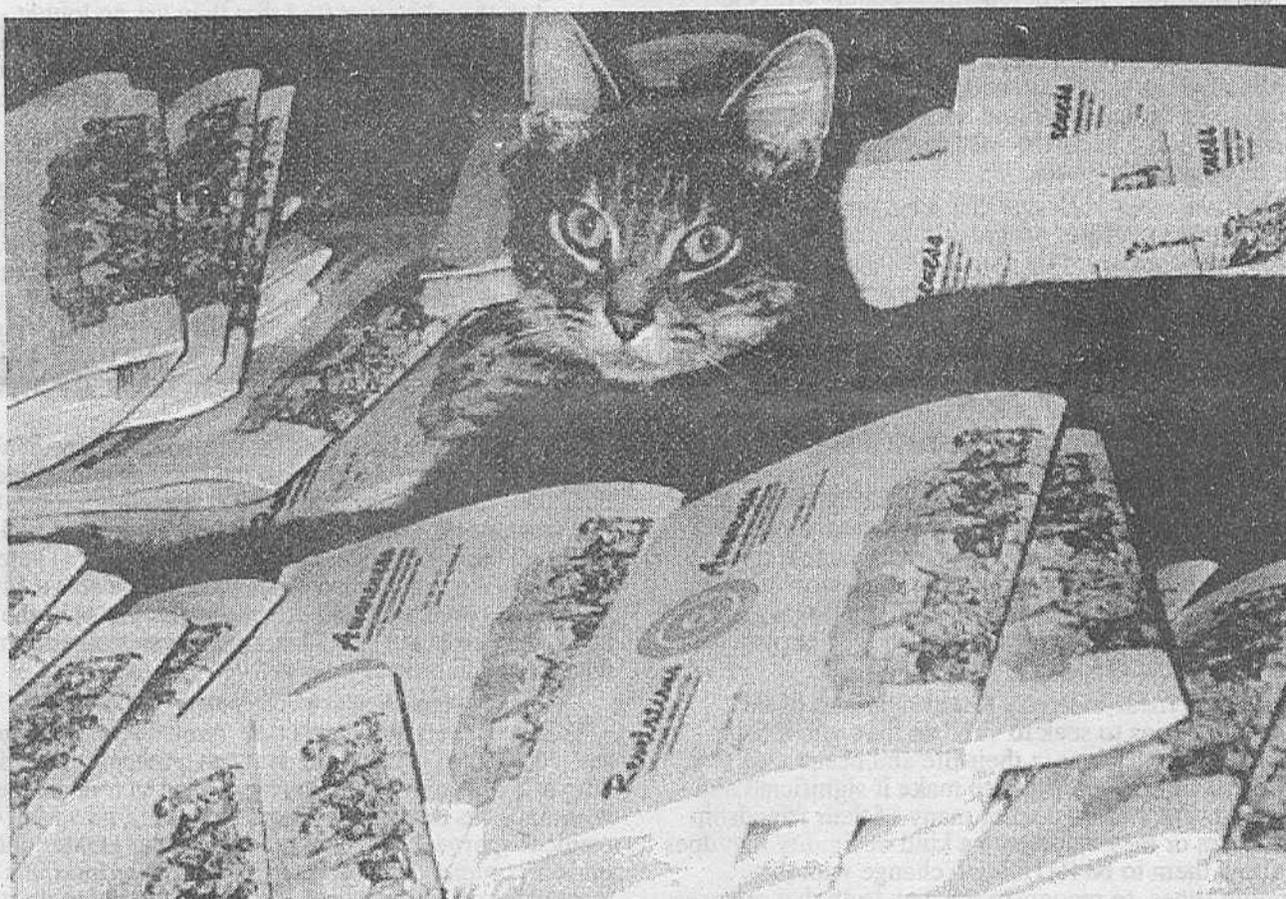


# Awareness

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## VALIDATING YOUR LIFE

(LEAVING YOUR MARK ON THE WORLD)

...Changing Values and Morals in the 90's

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## VALIDATING YOUR LIFE NO MATTER WHAT YOUR BELIEFS AND VALUES

### OPENING MESSAGE:

This Awareness wishes to speak of validation. This Awareness indicates that entities often live years of their life attempting to validate their life or their lifestyle, or their life's values for fear that if it is not validated, their life will be considered a waste. This Awareness indicates it is for this reason that some entities become extremely opinionated. The beliefs they have held over the years, whether it be religious, political, social or personal beliefs of any kind are representative of their life and therefore, they defend their beliefs with the same kind of vigor they might defend their life.

This Awareness indicates that therefore, they attempt to validate their beliefs, to validate their behavior, their lifestyle, the things they have done, the things they stand for, even when it becomes very destructive to their relationships with others.

This Awareness indicates that it becomes even more of a concern as entities progress in age and realize they do not have a great future ahead of them and that all they have is their past and the lifestyle they have lived and the beliefs they have held.

Therefore, as entities progress in age, their beliefs become more solid, more polarized, more inflexible, and they spend more time attempting to validate those beliefs and those experiences they have had and have held as being of importance.

This Awareness indicates they do not like to see their lifelong beliefs challenged or to see potential mistakes that have happened in the past or mistakes that may invalidate their beliefs in the future. Therefore, they become very fixed, rigid and inflexible in the way they look at life, deal with others and what they expect from others.

This Awareness indicates it is simply part of the nature of entities to seek to validate that which they have held as important in their life and because of that, attempt to validate their life to make it significant and important. They often disrupt many of their friendship with others or they can create a kind of rigidity that does not allow them to be flexible, to change with the changing times, to recognize the new truth that replaces an old truth.

This Awareness indicates that if entities are to live long without too much rigidity and to be flexible and capable of bending with time, it is important for them to be able to live a life that can change, that can renew. The young willow branch is able to bend with the environmental effects: the winds, the waters, the pressures that cause it to bend; but the old rigid plant, when pushed too hard by environmental influences will simply snap and break.

#### Those Who Don't Go With the Flow Will Often Snap

So it is also with humans. If they cannot flow with the changes of time they often find themselves snapping, breaking. It can happen either on physical levels where

the health breaks, or on emotional levels where the tempers flare or the emotions crack, or it can happen in mental levels wherein one simply cannot change his or her mental attitude or mind set about something and finds himself or herself in a wrong position because the opinion was too strong and too set to recognize the changes that were in effect on a real level.

This Awareness indicates that it behooves entities to look carefully at the areas which they are identified with as their life, their values, to make sure that they are not clinging to old ways, old ideas, old behavioral patterns simply to validate your life because it is much more important to move with new truths that emerge, that reveal themselves, than to hold on to old traditional concepts that are no longer valid, if that is the case.

This Awareness indicates in other words, as you move through life seeking truth, be prepared to throw off old valued truths when you find that they are no longer accurate and to take on the new truths that you discover are real. It will assist entities in living longer lives, in having greater freedom and in being more attuned to the new realities as they emerge.

#### Quantum Physics Concepts Are the New Way to Think

This Awareness indicates that the quantum physics concepts not only help to create new ideas about matter, but also help to show entities new truths about spirit, about consciousness, and about the reality of the basis for all things in the universe and if entities are still stuck in Newtonian physics and in the old ways of thinking, they cannot possibly comprehend the new truths which are based on higher levels of understanding that have the real essence of truth.

This Awareness indicates for example, the medical paradigm of the past looked at the body as a machine, but failed to recognize that there is something more than just mechanics. There was also a Life Force that had an effect on the mechanical behavior of the body. There was something more than chemicals. There was a Life Force that could alter and affect the chemicals in the body and that is the new Quantum Physics paradigm which is beginning to emerge.

#### Vibrational Medicine: The Wave of the Future

This Awareness indicates that many doctors still go by the old ways of treating the body as a machine, taking out parts that aren't functioning, trying to replace them with implants or transplants, but there is a new kind of medical approach that will gradually take greater and greater command. This has to do with the vibrations or what is termed Vibrational Medicine, having to do with the Life Force itself and its ability to heal an organ that is not functioning properly through the use of vibrations.

There are many doctors now using electrical energies, magnetic energies that affect the vibrations of the body and help bring about cures. This Awareness indicates that this is a step above and beyond the old Newtonian, the old cause and effect concept of a mechanical body in a mechanical world, wherein the new concepts recognize the role of consciousness, and life and vitality and vibration as having its effect on the mechanics in the world and in the body.

This Awareness indicates this kind of recognition requires and creates a new understanding of truth.

This Awareness indicates that many entities find it difficult to change their view of the world, of their profession or of their expectations because they are stuck trying to validate their life and lifestyle and way of thinking.

When it comes to validating oneself, it is simply an action of ego and has nothing to do with seeking the truth. It is a form of self-justification. This Awareness indicates that entities must be cautious about this kind of pattern for it can cause them to become stuck and not to progress or evolve spiritually.

## HOW IMPORTANT IS IT TO LEAVE YOUR MARK ON THE WORLD?

### FOLLOW-UP QUESTION:

You see quite often these days in these interviews with various celebrities when the reporter asks them why they're doing something particular in their life, and they reply that they want to leave something that they have done for the world, by the time they leave; in other words, leave some kind of a mark. Is this usually just their ego or is it really important that people, after they depart, have left something that is memorable in their life?

### COSMIC AWARENESS:

This Awareness indicates that this is not only true in regard to the leaving of the mark, but you will also notice that young children, as soon as they are able to affect their environment will walk through a room where everything is in perfect harmony, and they will move things just to make their mark on the environment.

If they cannot do something constructive, which is normally the case with young children, they will move things in a destructive way and thus it shows that they were there, that they have done something.

It is inherent in the nature of entities to affect the world in which they find themselves, to make a mark. This is why entities scribble graffiti or scribble on the walls of their new home or pound nails into the floor or whatever it is that strikes their fancy. They want to affect things around them. It proves their existence was real.

If an entity went through life never having an effect on the world in which he or she lived, would they even feel that they have lived? This Awareness indicates that the greater the effect an entity has, the more certain in the entity's mind he has lived. This Awareness indicates asks: "Is there any doubt that Hitler existed? Is there any doubt that Ghengis Khan existed?" These entities chose the destructive path to prove their existence.

This Awareness indicates that when psychologists were interviewing entities they experimented, and with some entities they would ask a question and simply look down at their paper, not writing, not responding in any way as the entity spoke, and the entity would stop speaking very quickly, and would not speak very often except when asked a question.

Then the psychologist would ask a question and every time the entity gave a sentence in reply, the psychologist would tap his pencil. The entity would then give more information and the psychologist would tap his pencil

again. As long as the psychologist continued to tap the pencil, the entity continued to speak. The entity was getting recognition, and wanted the recognition, and therefore continued to speak as long as recognition was forthcoming.

### Entities Express Themselves When They are Recognized

In other words, entities express themselves when they are recognized and stop expressing when they are not recognized. Therefore, entities who would receive even negative recognition would continue to act in a negative way to keep recognition coming, or if entities receive positive recognition they would continue acting in a positive manner to keep the recognition coming, but entities who receive no recognition do not express themselves much unless they are making a great effort to be recognized, then they can be over-expressive or can be negatively expressive, if that is what is required to get recognition.

It is related to the same theme of validation. They want to have their life validated or recognized and of course, when an entity becomes older they want recognition for what they have done and this is a form of trying to get validated. If they want others to recognize their existence, their lifestyle, or their life to be of meaningful value, they need to have others recognize it.

If they do not get the proper recognition, they will feel as though they have failed in their chosen lifestyle. This Awareness indicates that it is for this reason that when an entity has chosen a path of negative behavior throughout much of his or her life, they can still have a very strong personality, even if it is in a negative sense, even if it receives hostile recognition.

This Awareness indicates that they would rather have the hostile recognition than no recognition at all. It is important therefore, that entities wishing to raise a child or influence another's life in a positive way to become more positive, that those influences should recognize the more positive aspects of a person rather than simply being critical of the negative aspects that the entity offered.

### Don't Focus on the Negative Aspects of an Entity

If entities focus on the negative qualities, the negative aspects of another, then of course the recognition of the negatives becomes outstanding in the mind of the entity who has expressed those negative behaviors, and if the entity begins to identify himself with being negative because of the immense criticism, then the entity's negative self-image becomes greater and more fixed, and the entity can begin to identify himself as being a negative being, or a negative entity, one who is destructive or basically unworthy, and such an entity can act out that suggestion of negativity.

This Awareness indicates that regarding the various actors and celebrities who wish to leave something of significance before departing in life, most of these entities will try to leave something they can feel proud of, something they feel represents the image they hold of themselves, therefore, if they hold an image of themselves as being sexy or being shocking to the public, wherein they enjoy being shocking to the public, the kind of message they would like to leave would be of that nature.

This Awareness indicates that if an entity wishes to be seen as a benevolent person, one who is wholesome, healthy, benevolent and caring toward his or her fellow man, that entity will leave something representative of the image he or she holds and wishes to promote. This Awareness indicates if an entity wants to see himself or herself as artistic and classical in taste, then the entity will want to leave something of that nature that represents his or her best artistic and classical expression.

Thus, the entities make their mark on the world. It is part of the immortality of an entity so that even long after the entity has departed, part of the entity remains in the mark that was left, even if it is simply a little man's eyes peering over a wall, his hands beside the eyes and a little sign that says "Kilroy was here!", entities will know that "Kilroy" was there.

This Awareness indicates that this became a common symbol during World War II to indicate that the GI's have been there and left and it was a way of notifying others of this fact, and each entity who passes through life wants to leave a little mark somewhere to indicate that they were here, even if they have left, for if there is no mark, there is no indication that the entity ever existed.

It is for this same reason that entities honor each other by leaving a tombstone with the name of the entity to indicate the entity was here, but has departed. It is human nature to want to leave a mark of your existence. Why else do lovers carve hearts in the tree or on the cliff or in the sand, indicating that they were there and that they love each other?

These are marks that entities wish to express to the world in regard to some essence that is sacred to them. Either their own name or their love for someone: "Bill loves June"; it is a mark of the love these entities have shared. It may be only for that week, but it was real at the moment of the writing.

This Awareness indicates that by writing it down, it makes it more real. It grounds it in reality, in the material realm. And thus, an entity who passes through the material and leaves a mark of his passing, grounds his existence into the material realm for as long as the energies remain, and the energies remain depending on how strongly the mark is set and how well it is protected by future generations.

Thus, Shakespeare and his work, his mark on humanity is protected by future generations far into the future. The energies and activities and the work of the great religious leaders have survived many civilizations that have risen and fallen. This Awareness indicates that there have been historical figures that have remained alive through history, even thousands of years after their body was gone.

This Awareness indicates the entity Cleopatra would not even be known had it not been for the stories and the historical records and writings, for this entity would be nothing more than dust through the hours of time. This Awareness indicates thus the mark entities leave, if to endure, needs to be planted deep into solid matter in the material world and needs to be protected so that the mark is not scratched out by future vandals who wish to leave *their* mark by destroying other people's marks.

The historical revisionists who wipe out the marks of others, who change history by rewriting it, can disturb, disrupt, destroy the marks that were left by the experiences and expressions of others. Therefore, if entities wish to leave their mark, all these things need to be considered for your mark to have endurance.

There must be something in your mark that is worth saving by future generations, and there must be something in your mark that is recorded in the material realm in order for it to be preserved for the future generations to protect. You cannot simply leave your mark on a computer disc if that computer is to be played with by others, for files can be erased. You cannot simply leave your mark by scribbling on a wall in a room. You cannot simply leave your mark by impregnating someone without giving your name, for the offspring will not carry your name.

Therefore, many entities who express themselves and make their mark foolishly avoid giving it any substance of lasting quality. The purpose of leaving a mark is to have it preserved. Otherwise, why even bother? And some entities are foolish enough to think that by knocking over the fishbowl they have accomplished something; they have made their mark.

This Awareness indicates that there are many others who are older and more mature, but whose expression is just as foolish and temporal as the child who knocks over the fishbowl.

## LEAVING ONE'S MARK FROM A COSMIC POINT OF VIEW

### QUESTION:

These celebrities, these actors, artists and people who are in the media quite often, who claim they just want to leave something that they created, or leave a mark; from the cosmic point of view though, when looking down on an entity who probably has tens of thousands of lifetimes, this is very insignificant, is it not, or unimportant?

### COSMIC AWARENESS:

On a scale of one to one million years of human existence it is much more insignificant than on a scale of one to 100 years of existence. It is a matter of what scale one is speaking on. This Awareness indicates that one million years ago there were creatures on this earth whose existence is only noted now by fossils and perhaps a few bones, but in their own time, they were significant to themselves and to others whom they influenced.

Within that shorter scale they had a great significance. They made their mark. They had their trails. Their trails were well marked as they repeatedly traveled those trails. They were significant in their time. Today, entities looking back could care less about whether they had trails or whether one was tougher than the other in a fight. They only concern themselves with finding their bones, finding any marks that remain to this day to indicate what these entities were like; what they ate, how they survived as a class of creatures, or as a civilization.

This Awareness indicates that it is a matter of scale. If you want to look at this on a cosmic scale, viewed from

the creation of the universe with its stars and planets, it pales in any significance at all, and the actors and actresses who want to leave something as a mark of their existence count for nothing in the scheme of planets, nebulae, galaxies and the universal creation and dissolution. But this Awareness indicates not everybody wants to try to leave a mark on the universe: They are happy to leave a mark on their own little world, on Hollywood, on the mud-puddle in which they were the biggest frog for a little while.

This Awareness indicates that putting it in perspective, what can one say? The biggest frog in the mud-puddle may have piled up a little area in the corner where everyone knows it is his or her abode and that may be the mark of the frog's greatest accomplishment in its life in the mud-puddle. A thousand years later the mud-puddle is dry. No trace of any frogs remain. What can one say for the frog? "He was. He isn't. Was he ever?" There is no mark remaining.

This Awareness indicates who cares? After far enough distance, it matters not anyway whether an entity has left a mark or not! Who cares if the child knocked the fishbowl over, twenty years later, 50 years later. Who even remembers? Perhaps someone remembers. Perhaps the child remembers. But a hundred years later, who will remember?

Thus, perspective in regard to distance from the mark in terms of space and time creates greater or lesser significance in the nature of the mark. This Awareness indicates if you get far enough away, even the important marks may still remain, but the founders may be forgotten. Who, for example, remembers the name of the person who first found a way to make and control fire? Who even remembers the name of the entity who created matches to make fire more easily obtainable?

This Awareness indicates yet, these were significant marks in humanity's expression and evolution. Many great accomplishments are still appreciated and taken for granted, but the inventors are long forgotten; yet these inventions were the mark of someone in his or her life expression.

If an actor or an actress can leave a great piece of art before departing, entities should rejoice: those entities who appreciate that piece of art.

This Awareness indicates that there are great sports figures, basketball players who do uncanny maneuvers, whose actions of grace and poise cause people to gasp as though they were inhuman, able to fly, to wiggle like a snake through the bodies of others in order to reach the basket without setting foot on the floor, yet these entities only can do this for a short period of time in their lives and a decade passes and these entities are gone. Their mark has been made. It is fading. It is fading. It is soon forgotten, and entities look to others to repeat or surpass that mark, and these are called records and recordings being broken.

This Awareness indicates that it is all a glorification of human accomplishment and the marks entities make and seek to make, attempting to accomplish something that has not yet been previously done, so that they can create and make a new work in the records of consciousness; this is all part of human effort. It is a healthy expression of human energy and creativity.

#### No One Can Live Up to the Expectations of Others

It is an attempt to raise humans to a higher standard on these many different fields of expression. Soon enough the best will be criticized because they are not living up to the expectations of others, the expectations that others hold as being ideal. This Awareness indicates that no one can live up to the expectations of others, for regardless of how well one does, the imagination allows entities to expect something more and therefore, it is a fact that accomplishment is often mirrored by denunciation and criticism.

Abraham Lincoln, who is now viewed as a great American hero, was highly criticized and denounced during his time as president. The same is so with John F. Kennedy and with Franklin D. Roosevelt. This Awareness indicates even Jesus was highly denounced during his lifetime. This entity who performed miracles, who helped the sick, who inspired the downtrodden was still denounced by many critics during his lifetime because entities expect more of their heroes than they do of themselves.

This Awareness indicates you do not hear entities criticizing the worst player on the team who is sitting on the bench. The ones they criticize are the best players when they are not performing at the height that they have performed previously or at a height that is sufficient to carry the team even beyond its previous accomplishments.

The heroes are the ones who are most criticized. This Awareness indicates that this is a part of human nature. The kid who knocks the fishbowl off the stand may receive an immediate criticism, but if the criticism is too strong, someone comes to the child's rescue. But if a husband in his clumsiness knocks the fishbowl off of the stand, the action is seen as really stupid, and if entities could express themselves freely around this entity he would hear enormous amounts of criticism for such stupid awkwardness.

It is for this reason that many of the families today have a great enjoyment in seeing comedies wherein the father of the family is the buffoon, because traditionally, the father is supposed to be the hero of the family, the leader, the one who pulls the family through in a crisis, and entities who are not heroic like to drag the hero down and enjoy watching the father be the buffoon in the family.

#### In Reality the Mother is the Real Hero of the Family

This Awareness indicates that normally, in reality, the real hero in a family is the mother, who in crises remains very practical, attending to the basic needs of the family. While the husband freaks out about the larger picture, about what must be done, about his responsibilities, the mother simply makes the meal, feeds the children, clothes them, puts them to bed on time, comforts them, comforts the husband who is so upset and distraught during such a time of crisis, and she is the unsung unnoticed hero of the family.

This Awareness indicates that it is because the focus is on the father to be the hero that the family expects so much from him, and because of this expectation, comedy making him a buffoon becomes hilarious. It becomes much funnier because of the incongruence

between the expected hero and the actual role of the father in the time of crisis.

This Awareness indicates it is much the same in regard to your political leaders, your president. Whoever is president at the time is seen by many as an absolute fool who can't get anything right, but as soon as that entity is gone, these same people look back on him with nostalgia because the new president is even worse yet.

This Awareness indicates that this is all just part of human nature. It goes with the territory of accomplishment, and many entities do not want that kind of accomplishment because of what goes with it: the criticism, the hostility, the great expectations, the demands; so they prefer the role of being passive follower, or a failure in a society rather than the role of a leader or responsible person.

#### Some Leave Their Mark by Littering the Streets

This Awareness indicates that a person who does not accomplish anything of significance can still leave a mark. The marks they leave may be of little importance to others, or may even be an annoyance to others. They may throw their broken bottle on the beach. They may toss tin cans out of the car window. They may do many different things which to them gives them a sense of importance.

"I am here! I have my rights! I have a right to throw this down here, even if it is against the law! No one is looking! I can throw my can out of the window!" This entity feels important because of his accomplishment, in spite of the rules that hinder his expression. Thus, he has left his mark at the side of a highway. This Awareness indicates it is simply a matter of personal values and how entities wish to validate their existence.

### WHAT IS THE MOST IMPORTANT FACTOR IN ONE'S EXISTENCE?

#### QUESTION:

A question from JD in New York, sort of along this line. "People find importance, value in various factors in life such as physical comfort, wealth, prestige, progeny, learning and so on. What is in fact the most important factor in one's existence?" she asks. "It would seem to be the quality of one's consciousness, its expanse, clarity, high-mindedness, joy and so forth, but is it?"

#### COSMIC AWARENESS:

This Awareness indicates that this is very close. This Awareness indicates that in regard to physical and material wealth, the main value of acquiring material wealth is to get enough that allows you to do those things you wish to do with your life. It is not simply to be comfortable, or to appear important.

This is not of any significant value in regard to acquiring physical wealth or material wealth, but if an entity has something that he or she wishes to acquire in life, one must be able to afford those tools and the setting, the environment, and the ability to move and travel as is needed to accomplish your purpose or mission or goal, and if such requires a large spacious living quarters to be in that mode for the accomplishment of your goal, then that can become a justifiable reason for your amassing of wealth.

If you need money for travel, if you need money for legal and organizational purposes, then you have a bona fide justifiable reason to acquire wealth for those purposes. If the organization you are building has no meaningful value, it is not meaningful to anyone else, then of course, regardless of what your goals are, the amassing of wealth is of little significance because your goal is of little significance.

This Awareness indicates however, if it is something of significance not just to yourself but to others also, then you may need to amass a certain amount of wealth in order to carry out your purpose and your goals.

This Awareness indicates perhaps you have a very unique old, old gun that you found buried in an old, old house, or in the ground somewhere by an old, old battlefield. You decide that "I want to make this gun into a shrine, to celebrate the war and approach of the Spanish American conflict. Therefore, I need to build some kind of museum to house this gun."

The thought of course doesn't occur to you that you just might give the gun to an *existing* museum, so you pursue instead, millions of dollars to build this museum you have in mind, and you set out to acquire millions of dollars. Is this justifiable? Is it necessary? This Awareness indicates of course it is not. Your goal may be dear to you, but who else shares such a devotion to your goal, and is it not simply a foolish excuse to acquire millions of dollars for such a purpose?

This Awareness indicates that in other words, you must examine your goal and be absolutely certain that it is something humanity needs, humanity wants or will truly appreciate and benefit from, and then consider how much wealth you will need to acquire in order to bring this about. This Awareness indicates perhaps you want to be a great painter. Do you need a great and beautiful mansion in order to paint? Can you not, like many of the great artists of old simply find a space, an apartment, a room in a warehouse or in a garage and do your painting?

This Awareness indicates however, if you want to be a person who promotes certain concepts or ideas, who caters to clients who are of a wealthy class, you do not want these entities to come to your garage to meet with you for your marketing purposes. You will have to have an environment that is pleasant to them.

They will not want to go to a run-down flophouse to meet with you for your expertise wisdom on how they should live their life, or how they should proceed with their investments, so you will need an environment that is impressive to them, and you may need a certain amount of wealth to create that environment so that they feel comfortable in listening to your advice on how they invest to make better earnings from their investment.

This Awareness indicates in other words it is a matter of what your goals and projected purposes are and what the appropriate environment is for those purposes and then from that you can determine the kind of wealth and comfort necessary for your purpose. You would not, for example, expect a rocket being launched to the moon to be launched from a junkyard. It has to be launched from the proper setting.

Likewise, your rocket to your goal, to your purpose, much be launched from the proper environment, and

therefore, you may need to set the stage, set the environment in order to properly launch your goal, your purpose. This Awareness indicates that in many instances however, you can operate from appearances.

You can for example, in mail order businesses, give an impression that you are a large professional company, having something of great value to offer without actually building a factory or a large warehouse. You can simply give the impression that you have a large business.

This Awareness indicates that allows you to operate with less assets in a way that creates a more affluent appearance, even helping you to receive more business because you look more affluent. This Awareness indicates in other words, there are many ways to operate in ways that do not cost an arm and a leg to accomplish your goal, even if you would first think it would be enormously expensive to get started.

This Awareness suggests that many cottage industries begin in a home and entities can often find themselves making enormous amounts of money from their home before moving into larger quarters. Some of these businesses may be making a hundred thousand or a million dollars within a year or two while still operating out of the home, but once of course you have excessive amounts of money to deal with you may wish to expand into larger quarters.

This Awareness indicates in other words, comfort for the sake of comfort, wealth for the sake of wealth is not seen as a really important aspect or goal unless there is good reason for it. This Awareness indicates of course, comfort is necessary if entities are to live a healthy life. You cannot be healthy and be without a degree of comfort. If an entity is cold, if an entity is hungry; these discomforts can hinder the entity's expression and productivity.

If you want to be productive in life you must have a degree of comfort. If you do not care about any form of productivity, then perhaps you do not need comfort. Perhaps you can spend your energy trying to get comfort in areas where there is little available.

Perhaps you are satisfied in sleeping under bridges or in alleys under cardboard boxes, but most entities do not consider that sufficient or a reasonable lifestyle and would prefer to put their energies into some kind of production and have reasonable comfort from which to operate and to produce.

This Awareness indicates that from one extreme to the other; there are entities whose sole purpose is to comfort themselves, and they have great wealth to do so. They may have inherited the wealth or they may have gotten it through some kind of ill-gotten purpose or ill-gotten actions wherein they receive their wealth fraudulently or without good cause, but they have great comfort.

These entities are usually not satisfied just to be comfortable with all their wealth; they will also seek something further. They may want control over other entities. They may want to control more wealth or to affect the comfort of others.

This Awareness indicates that some entities have little comfort and take comfort only in their religion or in their beliefs or in some kind of service they give to

others. The entity who lives in a small log cabin somewhere in the mountains may find comfort in solitude or may find comfort in helping some neighbor in his or her farming activity.

Therefore, it is simply a matter of values that entities hold and what these values are in their relationship to the world in which they exist. If you cannot find a way to serve humanity, serve society, serve someone else. If you usually do not feel happy about your life, if you can help others, you will feel much greater joy in your life than if you only serve yourself.

#### Lack of Love Begins the Movement Toward Death

It is not such a joy to be totally selfish, even if you gain from your selfish behavior. You do not gain the love and affection from others and it is important to be loved by others because love is an energy. Energy is valuable. If you can be loved, you receive energy, and that is very valuable, as you may soon discover, if you find yourself without love.

This Awareness indicates that love keeps entities healthy and alive. When there is no love forthcoming from anyone, entities begin the movement toward death. It may take awhile, but eventually entities will surely and rapidly move toward death if there is no love, no special recognition from others.

Even the worst criminal wants recognition and appreciation from someone. They may appeal to their own criminal peers for such recognition. This is why criminals often brag about their crimes to each other, wanting recognition from each other, wanting to be appreciated for their accomplishment in crime.

This Awareness indicates they need some kind of recognition from someone in order to feel that they are appreciated, that they are loved, that someone cares about them. This Awareness indicates that therefore, if entities really want love energies, it is best received by serving others. Not to the point of self-sacrifice, not to the point of great sacrifice of self, but to the point of giving what you can to help others, short of great self-sacrifice.

You know how much you can give better than does anyone else. You know when it hurts to give and when the hurt is beyond your capacity. This Awareness suggests you stop short of such excessive pain, if you can do so without suffering more from your self-protection. If the person you care about, if the person you wish to help means more to you than your own suffering, then by all means it becomes important for you to go ahead and give of yourself all you have to give to that person who means more to you than does yourself.

This Awareness indicates there is a line which only you know, and This Awareness suggests that love puts the welfare and concern and feeling for others above self. And therefore, if your love for others is greater than for yourself, only you determine how much of yourself and your energies you can give to the loved one whom you put above self.

This Awareness indicates that obviously you cannot love everyone you meet to that degree. You can love everyone to some degree, and you may find yourself loving some to such a degree that you are willing to sacrifice yourself even unto death for this entity.

## SO LOVE REALLY IS THE ANSWER!

( More on How to Play the Love Game )

### FOLLOW-UP QUESTION:

So is that the answer: Love? , to the basic question she asked which was: "What is in fact the most important factor in one's existence?"

### COSMIC AWARENESS:

This Awareness indicates that without love given and received, is there anything of importance? What is comfort? What is wealth without love given and received? This Awareness indicates that one can have all the feather pillows. One can have 70 degree rooms, or 71 or 72 degree rooms, if that is perfect; one can have all the best food; one can be served by the best of servants. But what is it without being loved? And especially what is it without being able to give love? This Awareness indicates you can have 10, 20, 50, 100 people loving you, but if you cannot love, what have you? These entities who love you become irritable after awhile. You cannot stand love being given to you. You feel unworthy. It irritates you to be loved when you can't love in return.

This Awareness indicates that the giving of love, the caring for another, the concern for the welfare of someone is perhaps the greatest blessing your life can have. When you truly care about someone else to the point wherein you want to live a portion of your life for that person you do not want to capture them with your love, to possess them with your love. You want to give them enough love to encourage them to become their best, the best that they can be.

This Awareness indicates if they feel they must leave you, must get away from you in order to become themselves, to have their highest potential fulfilled, you must love them enough to let them go, for love cannot be true if it is simply self-serving. If you simply love someone so they'll love you in return, it is self-serving love. You think: "Oh! I'll give my love to you! Isn't that wonderful?" Is it?

Perhaps they don't want your love. Can you still love them if they don't really appreciate your love? Can you love them enough to let them go? This Awareness indicates there are many entities who do not understand that love is the concern for the welfare and feeling of others. It is not simply a desire to hold and possess and appreciate someone. It is more than that.

#### The Difference Between Love and Attachment

You can think: "This is the most beautiful person the world has ever created. I love this person more than my own life!", but that does not make love. That simply creates attachment. "I want to possess this person in my house in the same way that someone might want to possess a great painting to hang on the wall, but this is even better because the artistry of this person is able to walk around from room to room, to speak to me. It is my possession! My wife! My husband! My loved one! I own this loved one!"

This Awareness indicates this is not love. It is attachment. This Awareness indicates that true love recognizes the individuality, recognizes the qualities, the artistry, the beauty of the other and allows it to be what

it is, just as you love to watch the flock of geese fly overhead without having to shoot them or possess them as your own.

This loved one may be with you long enough to add joy to your life, to give you memories to recall in later years, but it may walk out of your life at any time, and if you can allow that, then indeed you do perhaps truly love that entity. But if you cannot allow the entity to come and go as he or she pleases, do you really love the entity, or are you simply attached? Are you simply possessive?

You say, "I want you!", just as a kid looking at a Power Wheel Car says, "I want that! I really want that!" So what? Does that mean you *have* to have it? By what law? Do you get everything you want? You want this person because you love its beauty, love its grace, love the personality, love everything about it. This is a *person*. It moves with its own energy; it has no batteries. You cannot purchase it. It runs of its own volition.

"But it is so much like the car I wanted when I was a kid! The Power Wheel Car! I want it! I must have it! Just as I had to have that Power Wheel Car when I was a kid!" You treat the person as an object, even though it doesn't have batteries. It has its own mind. It has its own goal, its own will, its own soul destiny, but you don't recognize that! You see it as a possession.

#### Hold Closely With Open Arms

"Someone's going to get it! That someone should be met I want this person!" This Awareness has admonished entities to hold closely with open arms, which means that you hold the preciousness of the person in your heart. You recognize the value of the person in your heart, but you do not wrap chains of possession or grab with your arms in order to hold the entity.

If you cannot hold them with your heart and thus allow them to recognize your love for them, then you are unworthy of having them. You do not deserve such a person, and if they do not recognize the value of your true love, they do not deserve you.

This Awareness indicates that you must also recognize that in every life there will be several loves come and go that seem to be your perfect soul mate at the time you loved them. But they will go, and you must expect that this will happen so you are not all totally heart-broken when someone leaves you, or so you do not become obsessed with possessing such a person, for possessive love is the worst kind of love. It is not love at all, it is simply emotional control and domination.

#### Those Who Become Obsessed to Control Someone

This Awareness indicates you can become obsessed with wanting to control someone. It can turn a beautiful person such as yourself into a true living monster in the action of trying to possess someone you think you love. If you truly love the person you would simply let them know, "I truly love you! If you ever want to see me, I will be waiting."

This Awareness indicates that is the most you can do. You cannot simply act as the caveman and grab the entity and haul her into your cave and expect that she will be impressed with you and your cave. This is a different world from those early days. Entities do not

appreciate being hauled away into your cave because of your brute force.

This Awareness indicates that entities today operate on a different level and expect love to be of a gentle nature. They expect to be able to have love in two ways so that both people care for the other to such a degree that each can have an influence on the other, so that one does not need to use brute force or possessiveness or manipulation to hold the other.

#### Indeed, Love is the Most Important Energy In Life

This Awareness indicates yes, indeed, love is the most important energy in any entity's life. It does not necessarily follow that love must be focused on a single particular individual for entities to have their life purposes activated. Entities can love many, can love humanity at large, can love people in general, can love the work they do in behalf of others.

Entities can love many entities to the point of giving service, giving themselves to those who they love. The doctor in serving his patients, the nurse helping hers, the entity serving those who buy from him on the street; the vendor who gives love in his service to his customers; there are many ways that entities can love and serve one another.

#### The Worst Kind of a Relationship

It does not have to be a relationship of one to one, although this is also a very special kind of relationship, when two entities love each other and feel devotion to each other. The worst kind of relationship is that wherein one loves and the other despises, but cannot get away. Where one loves but cannot get love in return, entities should indeed break apart and let each other go.

This Awareness indicates that perhaps when they have separated long enough their feelings will begin to resort themselves. Perhaps they can remain friends. Perhaps the friendship can grow into something stronger than friendship. The best love relationships grow out of friendships. If the friendship is strong then love can have a fertile ground on which to grow.

## HOW TO BECOME FRIENDS WITH SOMEONE YOU LOVE

### CLOSING MESSAGE:

This Awareness indicates that entities may wonder: "How do I become friends with this person whom I love?" This Awareness suggests you become friends by respecting the other person's wishes, by realizing you may not necessarily gain possession of this person, by letting go of attachments that hinder the other's free expression, and becoming communicative about these things, talking to the entity and accepting that person's feelings and expression as part of the new friendship.

You may ask the person: "Do you want to get away from me? And if so, can we remain friends? Can we simply break this feeling of romance and simply become acquaintances, friends who talk to each other? Can we build a friendship in which we respect each other's wishes?"

Usually, even a relationship that is on the brink of separation will have a certain amount of two-way attachment to the point where the one seeking to break away will want to keep the friendship together. If the

friendship can truly evolve to the point where the entities are able to communicate as friends, if there is an appreciation without excessive possession involved, then this relationship has a chance of growing along the lines of a true friendship with the potential for developing more trust, more affection, that can lead to actual two-way love.

This Awareness indicates that obviously, if a third party enters and starts trying to create a romance with one of the friends, it can make a distortion and even pull one of the friends away, but the friendship can still remain, even if a second romance begins. Therefore, entities must be prepared to lose their friend to someone else if the romance should develop, but it is better to have this happen than to have a romance that is based on possessiveness in which one entity loves and the other doesn't, for this is simply a mockery of love.

This Awareness indicates an entity who loves someone who doesn't love in return should have the discipline to withdraw from any possessiveness and should have enough self-pride or self-respect to not throw his or her love away where it is not appreciated, is not wanted.

This Awareness indicates that entities should not place themselves in any circumstance or situation for any long period of time where they are not appreciated. You should have enough self-respect to pull away when you are not appreciated. If you do not do this, you will find your self-esteem being broken, smashed to the point where you cannot accomplish or achieve much of anything with your life and you will feel yourself to be a total failure in life.

This Awareness indicates you must always find a place for yourself where you are appreciated, for this will help your self-esteem to the point where you can function, can accomplish, can achieve, can be productive. This Awareness indicates that this does not mean you must totally denounce and depart from those who do not appreciate you, but it *does* mean you must pull away, at least far enough to where you are comfortable that you are not in a setting where you are unappreciated.

If you can get away far enough, withdraw far enough where you feel comfortable, and they feel comfortable, then you may keep some measure of acquaintanceship at that level of separation. Perhaps in your absence they will come to appreciate what they have lost. Perhaps at some future time they may want you back in their lives.

At that point you can decide whether it is your wish also to return. This Awareness suggests that entities playing in that love game should use appreciation, how you are appreciated as a kind of barometer to determine whether you should approach or depart the presence of your loved one. If you do not feel appreciated, depart for awhile, long enough to where you feel your return will be appreciated.

#### The Approach and Departure In a Relationship

If it is not appreciated at your return, then depart again for a longer period, perhaps waiting for the entity to come to *you* instead of returning to be rejected or unappreciated further. This Awareness indicates that this is extremely important for entities: the concept of approach and departure in a relationship where there is

that mutual respect or disrespect that must develop as part of the relationship between entities.

#### How to Handle an Interruption of Your Speech

This Awareness indicates that the departure does not necessarily apply only to physical departure. If you are in a conversation, if you are talking and someone you are talking to interrupts and does not let you speak, does not respect your right to speak, does not care to hear you speak; rather than shouting and forcing your speech over the interruptions you may simply find that ceasing to talk, becoming silent, letting the person continue to talk until they have talked everything out that they wanted to say when they interrupted, is a way of departing. You depart the conversation, yet you may still listen and hear what the entity is saying.

You may bite your tongue so as not to interrupt and speak while the entity is speaking. Let the entity say everything he or she wishes to say. At the end of the message, the entity will have nothing more to say, and will have said everything, and will be curious as to whether you understood, whether you agree or disagree, and will want to know what you have to say.

At that point you may continue to be silent until you are invited to speak. They may ask you: "Now what were you saying?" at which time you can either express yourself, or you can object to the fact that you were interrupted, and therefore forget what you were going to say, and that it doesn't matter anyway.

This Awareness indicates that in other words, if the person rejects you in the discussion by interrupting and throwing out tirades against you, you may simply depart in a verbal sense, and cease to speak. After some time, when you feel that the person truly wants to hear your feelings, you may find an opening in which you also feel like speaking and you may share something, or perhaps you feel that the entity does not ever want to hear your response or that it could simply create another discord and you may decide it isn't worth the effort to try to talk.

#### "Would you like to go for a walk?"

You may then find that doing something different is an easier way of relating. You may simply ask the person: "Would you like to go for a walk?" This Awareness indicates that when an entity has totally blasted you and you are devastated by what the entity has said, you are shocked that the entity has such feelings, and you have not been able to put your feelings forth and you ask the entity: "Would you like to go for a walk?", what does this do to the entity who blasted you?

This Awareness indicates that for one thing, the entity has to look at you in a different way. The entity expected you to make an argument, but it was not forthcoming. The entity might expect you to fall apart, to cry or to leave, to storm out, but to ask them if they would like to go for a walk creates a mind-boggling experience for them. It leaves them looking at their own words, at their own tirade, for there is no tirade coming back.

It is likened unto someone trying to murder a cloud. The bullets go right through it. They don't seem to hurt it. The words pass through without damage. What is this? This Awareness indicates that if the person doesn't want to go for a walk, then you might simply say,

"Well, I'd like to go for a walk!", and just leave. The entity then sits there and can do nothing but reflect on the tirade he or she has thrown out. This can help entities to discover things about themselves.

This Awareness indicates that there are many different ways that entities can communicate. It does not always have to be in words, it can be in silence. It can be in action. It can be in departure. It can be through amiable responses. This Awareness suggests that entities experiment a little with their normal patterns of discussion. If you are used to having fights with each other, find a way to respond that is different.

If someone attacks you verbally, ferociously, listen to them, not your head once in awhile. When they have finished, ask them if they would like a cup of coffee or a glass of milk, or a glass of juice. Perhaps they are simply experiencing low blood sugar, having a hypoglycemic fit. Perhaps a glass of juice would help. You do not have to tell them this, but perhaps the glass of juice would make them feel better.

You do not have to identify with what they said. You do not have to argue with them about it. There are many ways to respond to these lovers' quarrels without adding to the volume or amplitude, without raising the decibels of the quarrel, and this Awareness encourages entities to experiment with some of these less violent verbal approaches.

#### Avoid the Toxic Use of Words

This Awareness indicates that the toxic use of words or the use of toxic words in trying to poison another in a relationship needs to be avoided in the same way you would avoid using fly-spray on each other when you are in an argument, but if an entity sprays you with toxic verbiage, become a higher vibration, become a cloud and let the words go through. You do not have to grab your fly-spray and shoot the toxic verbiage back. Just let it pass on through.

Change the conversation when the entity has spewed out all of the toxic verbiage and let it go, and go ahead with your relationship. Think of it as a catharsis for the entity, as though the entity had to throw-up the toxic verbiage in order to become healthier. This Awareness suggests the entity, the Interpreter be brought from trance.

The Law of Gratitude is given.



( Opening Message: CAC general reading 9-24-91 )

## CHANGING VALUES AND MORALS IN THE 90'S

This Awareness indicates that there is the movement into the '90s and that this decade as that which brings about a different set of values than those represented in the '80s and the '70s, the '60s and '50s: that each decade or each generation seems to embrace a different set of values. It is suggested that often the values are not the leaders of experience, do not cause the experience, but result from the experiences that entities are subject to.

This Awareness indicates that in the times prior to the '50s and '60s, entities had values in which there was a greater respect for neighbors, in which there was a greater respect for each other in the family, whereby entities worked together and had certain loyalties to each other based on concepts relating to individual rights and liberties which values are not as commonplace today, in the '90s.

### Self-Centered Values of the 90's Will Lead to Problems

This Awareness indicates that in the '90s, the values seem to be those which suggest that individuals are to attend their own needs and be cautious about involvement with anyone else's needs for fear that such involvement might be troublesome. This Awareness indicates that this has led many entities to be very self-centered and very sparing in giving help to others. This Awareness indicates that this attitude is that which may in the long term relationship of entities to each other, bring great problems to humanity, for if entities do not assist each other, do not help each other, then entities will simply sit back and watch each other suffer with very little compassion to assist those when they are in need, and this Awareness suggests that everyone is in need of something at one time or another.

### The Old Values Are Still Worth Consideration

You may not be in need at the moment and your neighbor may be in great need, and you may sit back and watch your neighbor in his or her need without offering to help. Tomorrow it may be the other way around. This Awareness suggests that the old values, wherein entities helped each other to some extent are still of valuable consideration, even in today's society, where most entities want to feel independent and separated from their neighbors, their friends or their family.

### A Reminder: You Are Still Your Brother's Keeper

This Awareness indicates that it is important for entities to realize that they *are* their brother's keeper; that this applies not just to brothers, to sisters and to family members of the human race, regardless of who they may be. It is important to realize that each and every human face is a reflection of each and every other human face, and does need to be treated in such a way as you would treat a loved one.

This Awareness indicates that wherein possible, if you can assist each other in times of need, you will find your own life growing in light, growing in abundance and gaining a greater satisfaction. This Awareness indicates that there are some entities who are by nature generous and basically kind to others. Often these entities become the victims of the selfishness of others.

## Your Kindness to Some May Look Like Weakness

It is important for entities to realize that your generosity, your kindness can sometimes be looked at as a weakness, and that you may be taken advantage of. This Awareness indicates that in some cases, such entities are tempted to become selfish, critical and hostile toward others. If you do so, you may find that your life then takes a turn for a sour note and you become one who is embittered, hostile and critical of others in such a way as to make yourself less likable, and also whereby you dislike yourself, even more than you dislike others.

It is better to be over-generous to the point of fault than to attempt to change yourself into a callous and cold and bitter person in order to keep from being hurt. This Awareness suggests that rather than either extreme, you may prefer to remain generous to those who are deserving and in need, and to be somewhat cautious in giving your energies to those who would be able to help themselves.

This Awareness indicates that if you see someone who attempts to take from you and who could help themselves, then of course, your generosity may be enabling the entity to remain helpless and to keep from developing his (or her) full potential. This Awareness suggests therefore that you not overindulge others just to show your generosity, but that you may find ways to help others to help themselves.

### When Unconditional Love Is and is Not Appropriate

This Awareness indicates that there are many entities who have a concept of unconditional love, unconditional assistance, and some will do these things, giving unconditional love or unconditional help to others as a way of lifestyle, while others believe that they should be given unconditional love and unconditional help, and resent it if anyone puts conditions on the help or on the love that is given to them.

This Awareness wishes to express that the only entities who deserve unconditional love and unconditional help are those who are helpless and those who are babies and that as babies are helpless; unconditional help and unconditional love are intended for babies and helpless people. This Awareness suggests that anyone who has that attitude that they should be given unconditional love and unconditional help, does need to look more carefully at their concepts and basic premise, for it is unfounded and unnatural.

Everyone should have some conditions to which they would be worthy of receiving love from another, and conditions under which they should be willing to give in order to receive help. This Awareness indicates it is only right that when help is given, the needy person should be expected to use that help under certain conditions or in certain ways, and not simply to require that the giver of the help give it totally unconditionally.

### Unconditional Help Is Disorienting to Young People

This Awareness indicates that this concept of unconditional help or unconditional love seems to be a concept that is causing many younger people at this time to experience disoriented social tendencies, tendencies that are not socially oriented or acceptable. This Awareness indicates it also leaves many of these

entities angry when they receive help simply because those who give the help expect something in return.

Often, that which is expected is simply appreciation for an effort on the part of the recipient to improve their situation. Too often the recipient simply takes the information or the help or the commodity or the substance offered and expects it to be repeated as soon as the energy is spent. If they do not receive a repeated dose of help, they become angry, embittered, and hostile toward the giver.

This Awareness indicates that such entities are not truly deserving of the help they have received and it simply enables them to continue a disoriented social lifestyle. This Awareness wishes entities to understand that it is their duty to attend their physical and bodily needs, moreso than the duty of others. That many entities in today's society think that others owe them a living, think that others owe them the right to life, liberty and happiness, and that others owe them a lifestyle that satisfies them, and they look for someone who will play that role.

They essentially search for a doting mother or doting father to fulfill the role they once envisioned of their own parents. They may find some individual in society who is sympathetic to them, who gives them something. They may then latch on to that entity as one who will fill the role they wish filled in their lives as a provider for their happiness, and such entities cease to attend to their own needs and spend their time trying to get their needs fulfilled at the expense of others.

#### **The Key to Abundance and Well-Being in Today's Society**

This Awareness indicates that this is an erroneous lifestyle, and that each entity *is* capable of doing something for society and finding some way of receiving a reward for energy that is given. This Awareness indicates that in giving others service of some kind, either through pleasure or work, others expressing appreciation can give that energy to that entity and the energy is cycled from one person to another and as this is expanded to many entities, the energy fields increase in the cycling to allow the entity to receive greater incoming energies or greater energies sent out.

This Awareness indicates that this is the key to increasing one's abundance and well-being in society. If energies are simply absorbed by an entity, the entity ceases to return energy to others, the entity becomes likened unto a fungus or parasite, simply attempting to sap energies of others without giving anything in return, and the entity will find that the source on which he or she sucks life from or energy from begins to either dry up or resent the entity's vampirism, and that the entity then loses its sustenance or source of sustenance.

#### **Many Individuals are Like Black Holes In Society**

This Awareness indicates that it is a very simple reality of nature that everything feeds off of everything else, but if something does not offer anything in return, it becomes likened unto the black hole, absorbing light, that collapses in on itself until it has no worthwhile purpose in the universe and simply falls inward and becomes a bottomless pit, which everyone seeks to avoid.

This Awareness indicates it becomes isolated by the rest of the universe, trying to avoid falling into this black hole. This Awareness indicates there are many individuals who are likened unto black holes in society, wherein entities coming close find themselves being absorbed, devoured, and entities may need to get away from such selfish self-centered pulls of energy toward the black hole being.

This Awareness indicates that gradually, entities become aware of these black-hole type entities who take but never give, and gradually, as entities become aware of these, they shy away from those entities and warn others away, and thus the entity becomes isolated and cannot find others who will come close in a normal relationship. Such black hole type entities will need to travel into strange lands, meet new people and start over with those who do not know of their self-centeredness and greedy needs, but the search for devouring other's energies never ceases, and always is with this type of entity, much like that of the shark, which never gives, but always seeks to devour and to kill or to take, searching for prey.

#### **The Only Way Out for the Black Hole Type Entity**

This Awareness indicates that the black hole-type entity, the self-centered entity, can only find a way out of the misery and pain and hunger he or she experiences by turning around and giving forth love and light to others, that by freeing others from self, and giving love and light from self to others, the entity reverses the polarity of self and becomes an energy *source*, rather than an energy drain, and entities will enjoy being near an energy source. They come to it because the energy source gives them energy.

This Awareness indicates that as you begin to emit energy for others through love, through light, through giving of self, entities seek to be near you, to feel the radiance coming from you. This Awareness indicates that generosity draws entities who want to be near that generosity. Compassion draws entities to the compassionate one who want to be near that compassion.

This Awareness indicates that when there is any quality of humaneness, compassion, generosity, love, light or warmth toward others being emitted from one's being, others will come, just to be near that energy, to absorb some of that energy, and in coming close, they share and give forth their own compassion, energy and warmth because they can do so without risking their own energy field to someone who would violate or who would devour them.

#### **A Loving Person Attracts Those Who Give Love**

This Awareness indicates in other words, a loving person draws loving persons to himself or herself because when entities are near someone who emits love, they too feel comfortable in emitting their own love in return. If an entity is simply trying to get love, others feel that greediness, that devouring energy, and they feel the love being sapped out of their bodies, out of their auras, and they have to get away in order to preserve their own energies, and thus, they deprive the greedy hungry entity from the love they would have to offer, had that entity not been so greedy.

This Awareness indicates that it is a matter of comfort zone. If you create a comfort zone for loving entities, or for any entities to come near you, because you are loving toward them, then indeed they can feel comfortable about being lovable toward you. If you draw them in and then seek to devour them, or move too quickly in grabbing their energies from them, taking their love, grasping at them, it will frighten them away and they may not return.

**LOVE is a Very Simple Process: Don't Try to Devour**

This Awareness indicates that it is a matter of comfort. If they always feel comfortable in your presence, that you care for them on a steady ongoing basis, and that you are always that way, they will have no fear of coming close and giving you their love and affection on a steady basis also. This Awareness indicates that love is a very simple process of making each other comfortable without trying to devour each other because of the love you feel for the other, because of the love you want to devour from the other.

When entities start seeking to devour another's love and want to pull more love out of the other, they are simply driving the other away, even if they manage to manipulate the other into a situation where they can devour them. This is the story of the spider who spins the web around the fly. The spider may devour the love and energy and sustenance from the fly, but then the fly is gone and the spider is again alone.

This Awareness indicates that likewise, with the individual who devours the love from his or her mate and leaves nothing for the mate, leaves no energies, no self-respect, no essence of who the entity was; such an action of devouring the essence of another for one's own greedy purposes, leaves the entity no longer the same, and the devouring being is no longer able to enjoy the essence of his or her mate who has been degraded into an empty shell of a person.

This Awareness indicates that it is very important for entities to give to their mate, to help enliven the mate, the loved one, the friend, the associate, the partner, for as you enliven your partner, the partner becomes a greater dynamo of energy which you can then associate with for your own enjoyment also.

This Awareness indicates that two people working with love for each other can build each other's energies so that each is strong and full of love, but if one of those entities tries to devour the love from the other while giving nothing in return, both entities shall wither.

**A Mutual Admiration Society Will do Wonders**

This Awareness indicates that a mutual admiration society, wherein entities help to boost each other's self-esteem would do wonders for health: mental, physical and emotional as well as spiritual. That if entities could give each other encouragement, appreciation through mutual admiration, there would be such an improvement in the behavior, in the health and in the activities of others involved who are recipients of such admiration, for it is within the power of individuals to heal the sick, teach those who do not know, and show by example the force of creative love; and through a mutual admiration society, these things can be done. Simply by assisting in each other's self-esteem.

This does not mean that entities should falsely flatter each other for some kind of manipulative purpose, but rather that you compliment each other for the better qualities seen, and when so doing, the worst qualities will fade away. As you focus and point out the better qualities found in each other, those lesser qualities tend to recede into the background and those qualities pointed out will stand out and grow stronger and more beautiful.

You can actually change behavior in others by pointing out those better qualities which may be hidden from view and bring them out by pointing them out.

**Point Out the Good Qualities Rather Than the Bad**

This Awareness indicates that for example, one who is often false, one who does not tell the truth frequently, can be helped best by entities who compliment them on their honesty when they do something that is honest, and by pointing out the appreciation for their honesty, this encourages them to be honest again.

This Awareness indicates likewise, by pointing out their faults, such as telling an entity they are a liar, often will simply encourage them to lie further, to cover their lie, and once the entity begins to see himself as all those negative things that everyone says about him, the entity then accepts those negative qualities as descriptions of himself and lives that role.

**Always Describe the Child as Being "Good" Not "Bad"**

This Awareness suggests also that rather than describing your child as a "bad boy" or a "bad girl", it is better to describe the child as a "good girl" or a "good boy" and remind them that "good boys" don't do this, "good girls" don't do that, and you're a "good girl", you're a "good boy". This Awareness indicates that by defining the child as a good person, the child will begin to accept the fact of being a good person, and will try to learn what rules apply and what behavior applies to good persons, particularly if good persons are rewarded for being good persons.

**EACH PERSON ON EARTH CAN DO SOMETHING REALLY WELL!**

**QUESTION:**

Is it true as someone has observed, that every person in the world has the ability or a quality to do something well, *really* well? Is this true, and if so, how do they discover this?

**COSMIC AWARENESS:**

This Awareness indicates that this is true, but that many entities do not have the programming or the opportunity whereby this can be expressed. This Awareness indicates that there are many entities who may be cowardly in some forms or expressions in their lives, but under certain circumstances, might do something that is extremely heroic, worthy of great admiration from others.

This Awareness indicates that there are many entities who are socially considered very bad people, but who might, under certain circumstances, do something very nice for others. This Awareness indicates that circumstances may pop up in an entity's life in a moment, wherein the entity has a choice of

either doing something for another, or preserving oneself or one's interest in a selfish sense.

If the entity has programmed or has been programmed to care about others, then the entity is more likely to act in a more heroic manner, doing something for another at that critical moment, where a split second decision will mean the difference between an heroic act or one of selfish purpose.

#### **Being Good or Bad is a Reflection of One's Programming**

This Awareness indicates that much of that which entities consider good or bad is nothing more than a reflection of a kind of programming an entity has received prior to the incident and the entity may either react from a selfish or self-serving purpose, or from the purpose of helping someone else, depending on the programming the entity has received prior to the incident.

### **WHY A PERSON'S LIMITATIONS MUST BE ACKNOWLEDGED**

#### **FOLLOW-UP QUESTION (VIKKI):**

We know of a fellow who had been most of his life more like the black-hole in space as far as energy goes, and once in awhile, he'll get inspired to try to help somebody and when he does, he's usually pretty inept and clumsy at it; but this is the right path for him to get out of that pattern, right?

#### **COSMIC AWARENESS:**

This Awareness indicates that this is in the affirmative, providing the entity isn't actually trying to serve himself, rather than serve the other. If he is truly trying to help someone, then the entity may be able to do something worthwhile, or at least assist in some way if not actually, then, at least intentionally.

Sometimes, if a person has never helped others, they simply don't know what it is to help, and may end up getting in the way, rather than solving the problem. This Awareness indicates that if the entity truly wants to help, he or she may need to ask others: "What can I do to help?", and take a very menial position, if necessary.

Sometimes an entity will pretend to want to help, but will simply be trying to further his ego and appear important to another. The entity may, for example, want to help in carpentry, and yet not be proficient or capable of the carpentry that he wishes to help with, and thus mess up the job that another seeks to accomplish.

This Awareness indicates that this kind of help was more likely based on the entity's own ego desires, seeking to show self-importance or to learn something at the expense of another, perhaps seeking to learn carpentry by pretending to know carpentry and getting the chance to hammer nails and put in boards or shingles or something, but in fact, costing the other for the poor work that was done and which may need to be torn out and redone.

This Awareness indicates this of course does not help the person and thus, a person who seeks to help in areas where he is not competent to help is not truly helping at all. This Awareness suggests therefore, that if an entity is truly seeking to help they will be able to acknowledge their limitations and will be able to help in

more menial ways if they are not capable of the more glorified help that they may wish to extend.

#### **Don't Try to Encourage the Incompetent**

This Awareness indicates therefore, it is not necessarily to be encouraged if an entity hasn't the competence to help; it should not be encouraged, even if the entity does need that kind of direction. The help the entity may be capable of doing might be somewhat more tedious. Perhaps the entity can pull weeds or carry gravel or do some other menial and tedious work or hard work, if the entity truly wants to help, and this might be more beneficial to the entity than putting the entity into a glamorous position and making him feel important because he is helping in an area that he is not competent to work at.

### **Use Caution When Asking for Help**

#### **FOLLOW-UP QUESTION (VIKKI):**

So, would the best approach for us in observing this pattern be to say something like: "It's good that you want to help this other person. Have you asked them what they need you to do?", and he will eventually get better with practice?

#### **COSMIC AWARENESS:**

This would be in the affirmative. This Awareness suggests also to ask the entity: "Are you sure you can do this for them in a way that will be satisfactory to them?" This Awareness indicates that for some entities, the worst news you could give them would be news that you want to help them, for often entities know exactly what they need to do and the help offered is often nothing more than trouble, even though the intentions are good.

This Awareness indicates therefore, be very cautious about trying to get someone to help someone else, unless that entity is capable of extending the kind of help needed.

### **THE 90'S DON'T SOUND TOO PROMISING ? ( The "Confused" Society is Upon Us! )**

#### **QUESTION:**

Awareness has indicated that the '90s is going to bring a new set of values which didn't seem to be too promising.

#### **COSMIC AWARENESS:**

This Awareness indicates that these values during the '90s will be undergoing great change. The '80s was called the "Me" society wherein entities were concerned about themselves. The '90s appears to be the "confused" society, wherein entities don't know what values to embrace. They appear to be waiting for something to fall into place and to fill in the puzzle. They are without values and are or have grasped values that are constantly changing, and many will look around for new values.

#### **Many of the Old Values Will Return as Century Closes**

Some of the values will reach back in time to an earlier time, accepting some of the more basic values. Others will try strange and unusual values that relate to momentary gratification, only to find that these are not lasting or truly self-serving. They are only momentarily pleasant, or giving in pleasure.

This Awareness indicates that as the '90s closes, many of the old values will be returned and entities will also find certain new ideals that help them to appreciate one another, and to respect one another; perhaps even strangers will be more caring about each other because of the ideals and values that are embraced. This appears to be later in the decade.

It goes from a decade of confusion and self-centeredness to one of looking out for each other. Near the end of the decade, looking out for each other becomes the watchword or attitude that emerges.

## WHAT HAPPENED TO THE "NEW VIBRATIONS" OF THE 60'S?

### QUESTION:

The great hope of many in the '60s and '70s was that the so-called "New Vibrations" which many called "love" and the ideals and examples set by others in that area, in the areas of sharing and relating and setting new trends and breaking new ground into areas that benefited the masses rather than the few: did those vibrations actually change anything?

One would think that the new generations now in the '90s would be in a better position!

### COSMIC AWARENESS:

This Awareness indicates that there were great changes that occurred during that time, that the changes in consciousness were powerful. However, there were also within that time period, the shoring up and strengthening of certain powers, and these powers gained controls and used techniques of manipulation and feedback to read and mold society; and these powers are now in control of the society, while the vibrations and value-changes that occurred in the '60s have been directed more toward utilitarian purposes, to serve the individuals holding the values rather than to serve society in general.

There are many who still embrace these values of a greater society in which masses are recognized, but these needs of the masses appear too far removed from the individuals holding these values, and all they can do is give lip-service and compassion to those masses who are violated or are ignored or are suffering social ills.

The homeless people receive a great amount of emotional compassion from many, but these individuals are not collectively organized to help the homeless people, since they are busy with keeping themselves from becoming homeless people.

This Awareness indicates that there appears to be in this decade, a time wherein all these silent voices who have a vision of a world in which people love each other, respect each other; it appears that there will be a time when the masses with these visions and ideals will have a chance to express themselves in a voice that has an effect on government, on society, and which will indeed bring about a major change in the values of society, so that society attends its needy people and does so not at the suffering of others in society, but in a way that allows everyone to come out as winners.

This Awareness indicates *It* sees this as occurring in the late part of this decade, approximately 1998, and following.

## Drugs, Violence Have Created Mistrust ( Also Corporate and Financial Violence )

### FOLLOW-UP QUESTION:

Is the rampant endless violence, the drug wars, the muggings, the rapes and so forth the basic reason for the mistrust in the '90s; that entities find it very hard to trust anyone anymore and particularly strangers?

### COSMIC AWARENESS

This is in the affirmative. This Awareness indicates that it is not only in these forms of physical violence, but also it is found in financial violence, in business dealings. There are so many businesses now that are not ethical or proper in their dealings with others. There are of course the larger corporations who have, through time and experience held on to certain business practices that have proven down through time to be beneficial, as ethical and meaningful business practices.

There are however, many of the smaller businesses and in some cases larger businesses, that will go to extremes to avoid being fair with others if it is perceived that they can make more money by being unfair. Thus, there are many who would swindle another business or business partner in a contract or out of a contract if possible, just to make the extra money.

This Awareness indicates that thus, you have what may be termed financial violence in the business world as well as the physical violence that is found on the streets and in homes.

## MISTRUST OF ELECTED OFFICIALS ( The Purpose and Problem of Law )

### FOLLOW-UP QUESTION:

It's also very hard for people to trust their elected officials anymore it seems like.

### COSMIC AWARENESS:

This is in the affirmative. This Awareness indicates that the purpose of law and contracts is to help entities deal with those who cannot be trusted. The problem with law in this sense is that it needs to be enforced if it is to be workable, and it is nearly impossible to enforce a good relationship in the business tense or in society, if entities don't care about the law enough to follow it.

The law, the procedures of law and of good contracts, the traditions that have made this country, made society workable, are likened unto definitions of the game of life so that everyone can win who plays fairly, but there are those who would as soon knock the checkers off the board and claim themselves as winners rather than play the game fairly.

This Awareness indicates that these are entities who become outlaws, or antisocial or who pillage the company or violate the contracts and the laws then have very little purpose or value. When one or more of the players refuse to abide by the laws of the game, then everyone suffers and the game becomes something

totally different. It becomes a game of chaos, wherein no one knows what rules to follow.

#### Many do Not Want to Play by the Rules

If you have entities playing bingo in a hall and someone comes through knocking over the bingo cards of the players, there can be no clear winner of the game; there can only be chaos. It is the same in society when you have people who do not want to play the game by the rules, and who set up situations in which they kill off this person or that person, for having a company or for having won something of a reward, or because they had a house-full of valuable furniture which they purchased, and these entities who come to rob the place need to sell the furniture in order to get drugs for some momentary pleasure.

This Awareness indicates that this is a totally different kind of society, a different game that entities are playing in. A new game has been created. It is a game of violence. It is a game no longer to help entities pursue happiness. It is a game of survival. Can you survive in this jungle of madness, in this chaos?

This Awareness indicates that the government of your society had the original purpose, given by the people, to protect the people and to serve so that the people could pursue happiness, and when the government fails in its duty, then of course the people have to revert back to their common law heritage of self-preservation.

This Awareness indicates that if the government does not provide, if society does not provide, then the entities must consider the game as that which is being newly defined. Many entities still attempt to define the social game as that which is defined previously by law, while discovering that law is still there, but even many in the government do not follow the law. Many in society do not follow the law, and there are new rules being created even from statutory levels, from government levels, that circumvent the law.

This Awareness indicates that it creates a confusion for many of the players, and thus, the players not only find themselves without a clearly defined law or rules of the game, but they also find themselves unable to get a clear definition of the rules of the game, so they don't even know how to play the game properly, and as time goes on, generation after generation, it becomes more and more uncertain as to what the real rules are.

#### When Chaos Reigns New Rules Will be Written

Thus, chaos emerges. It will get worse until the rules are more clearly defined. The trouble is, who will define them or will someone simply rewrite new rules of a more advantageous nature to themselves at the expense of the rest of the players of the game? This appears to be the more likely.

This Awareness indicates it appears there will be a great emphasis on rewriting new rules of the game which benefit a select few at the expense of the masses. This Awareness suggests it is all part of a long process; that the confusion in regard to the rules of the game, the breakdown and confusion are also part of setting the stage for rewriting new rules.

**HEY! WE NEED MORE GOOD QUESTIONS!**  
Send them by FAX, letter or web to CAC!

## No Role Models Like Gandhi in Our Future?

### FOLLOW-UP (VIKKI):

So since we are not being led by moral and ethical politicians like Lincoln or Gandhi, is our society then going to have to continue with no role models or moral leaders that people can look up to as an example?

### COSMIC AWARENESS:

This Awareness indicates the mention of Gandhi is a key here. Gandhi's role would never have been profound had it not been for the press that covered his activities and the role he played. This Awareness indicates that in your modern society, it is the same. Where the press goes, goes the attention of the world, and if there is a role model to be used, there must be a press to cover and parley the role model to the masses.

This Awareness indicates that if this occurs, it may be a manipulation, since most of the press is controlled by the elite few in the organizations that have garnered the power over the masses.

## SEARCHING FOR A LIVELIHOOD ONE CAN LIVE WITH IN TODAY'S SOCIETY ( Problems in Being too Idealistic )

### QUESTION:

A somewhat related question to tonight's discussion from Gary Z. He writes: "I have a question for Awareness which I think could be phrased in a way which would be of general interest. I have been trying to find ways of working in the world which would be aligned with my higher principles and urges; in other words, which would accomplish something I could believe in, while still earning a livelihood.

"The result has been that I have ruined what might have been a solid career in engineering, wasted my life savings and haven't accomplished a darn thing. Could Awareness comment on the process of searching for a right livelihood in this world?"

### COSMIC AWARENESS:

This Awareness indicates that it is very difficult to sell ideals; that there are some ways to do so. This Awareness indicates that it is much easier to sell commodities and services. If you can pick a service or a commodity that is not too offensive to your ideals, then work with that. This Awareness indicates that there will always be some who will criticize whatever you do as not being idealistic enough, or not fitting to their ideals.

It is next to impossible to make sure that all the money that comes to you or goes from you will not be spent, or has not been spent improperly on something less than ideal. This Awareness indicates that you can only be responsible for your own actions, and not for the actions of others in your company or for whom you work. This Awareness indicates that if you find you cannot live with the company for whom you work, because of its involvement with activities that confront your ideals, you may then wish to move to some other occupation.

This Awareness suggests however, that you not feel it is your responsibility to make sure that everything that occurs in society which is less than your highest ideals is confronted and fought. You cannot right every wrong. If you can make a difference and feel it is proper for you to try to make a difference, then follow your instincts, but if your work at a company is of the kind that would not make a difference in the operation of the company, whether you quit or remain, then consider that as possible necessity.

#### Working for McDonald's Should Present No Conflict

If the company is so much of an affront to your ideals, then of course, leave, in order to have your own peace of mind. This Awareness indicates that though you may not like, for example, the nature of McDonald's, its cutting of trees in Brazil to grow more beef; if you find it essential to form a contract with McDonald's that is not offensive to your ideals, or if you need to work at McDonald's, what difference does it make to the trees, so long as you are not part of that activity in Brazil?

This Awareness indicates that *It* is not telling you to work for McDonald's, *It* is suggesting that you not try to take on more of a guilt complex than is within your own capacity to deal with. You cannot be perfect in finding the perfect heaven-on-earth job, for most occupations will have something or some connection with something that is less than ideal.

If you work for one company, it may have contracts with government military outlets. If you work for another, it may have contracts with some companies that are environmentally negative.

If you work for still another company, it may have contacts or activities that affront some minority group. If you investigate any job you may find that it can be traced to something which affronts your ideals.

If you work at a paper mill, how do you know that those papers, the paper that is being sent out might not be sold to someone who prints pornography or used to diagram and draw nuclear weapons or something else that is an affront to your ideals?

This Awareness indicates that unless you want to go into the occupation of growing flowers and selling flowers on the street, you may find that there its very little that you can do which does not have some tie or link or association with things that affront your ideals. (How about killing flowers?) This Awareness suggests therefore, unless you wish to take on the sins of the earth, you may find it necessary to work for a company that is in some respects not idealistic and to work in an area within that company that is more suitable to your ideals.

#### You Are Only Responsible for Your Own Work

This Awareness indicates that you can only be responsible for your own work, and not for the work of others within your company, any more than you can be responsible for your nation's activities. You can only be held responsible for those activities you yourself conduct within your nation. Just because you are an American does not mean that you are responsible for activities that America may conduct against other nations which are not suitable to your own personal ideals.

This Awareness indicates just as you yourself may not live up to your own personal ideals, neither necessarily does your nation live up to your ideals or even its own ideals. Likewise a company for whom you work may not live up to your ideals or the ideals of society, but it is not necessarily your job or required of you that you make that company live up to your ideals in order to benefit from the company. If you yourself are doing nothing wrong that is the main consideration.

## ANY KARMA WHEN IGNORANCE IS BLISS?

### QUESTION:

Awareness once indicated something to the effect that ignorance is bliss and carries little or no karma, but isn't it true that entities with values and ideals who become aware of violations to others or the environment and so on, by the company they work for, they *must* attempt to change or expose that situation or they take on a certain karma by not doing so?

### COSMIC AWARENESS:

This Awareness indicates that it is impossible to move through life without accumulating karma of some kind. The entity who quit the job because a company is doing something that is negative to society, may find that he has avoided any karma with that company, but may in turn take his family into negative experience whereby perhaps the children lose their situation in the schooling or one of the individuals in the family becomes ill, or malnourished for lack of money, and the father is held karmically responsible for having moved into poverty voluntarily.

#### Karma is Simply Cause and Effect

You simply may find it a question of whether to have karma for one thing or karma for another, and which karma is to be the more easily accepted. This Awareness indicates that every action carries a reaction. That reaction is the same as karma. Karma is simply the law of cause and effect. Some of the effects are greater than others. The idea is to minimize the karma as much as is possible in order that your future experiences are not weighted down with karma from the past.

## THE "WHISTLE-BLOWER" FROM A COSMIC STANDPOINT

### FOLLOW-UP QUESTION:

But from a cosmic viewpoint, for example, or from a viewpoint the entity might view his life after passing over, for example, in relation to soul growth; if he was a "whistle-blower", so to speak, like we read stories about whistle-blowers in government and in oil companies and so on who see violations that are going on that are a threat to the environment, even to humanity; like in the case of the whistle-blower at Hanford in regard to atomic matter leaking into the environment; these entities end up being persecuted, fired, vilified and so forth, but the person who did that, in the cosmic point of view, doesn't he stand taller for having taken that stand?

Executive Order No. 10998--Provides for the takeover of all food resources and farms.

**COSMIC AWARENESS:**

Of course, this entity as having taken on the sins of the earth in that respect, will see himself and will have acted in a manner of great nobility. This Awareness indicates that the entity's debt for the action as being worked off by the persecution received and the entity's reward for the action as being that he has helped many who would have otherwise been hurt by the action.

This Awareness indicates that every action contains some degree of reward and some degree of debt in a karmic sense, and thus, one entity, by keeping quiet about a negative expression of a company, may receive the reward from the company, but may receive a karmic debt in life for being quiet for something that later proves to be detrimental to others.

**Discernment Must be Used When Determining Karma**

This Awareness indicates therefore, one must learn discernment to determine what kind of karma one is willing or desires to carry. The karma this entity takes on in exposing may be the negative karma of being persecuted by those in the plant for having blown the whistle, but the entity may acquire good karma for having saved the lives of many entities who would have otherwise been ignorant of the dangers.

This Awareness indicates that it is simply a matter of where your values are and whether you are discerning enough to recognize and work to express those values and the results will either be spiritually acceptable karma or spiritually detrimental karma to your soul.

**The Nature of Karma**

**And Keeping Your Ideals Practical and within reach**

**CLOSING MESSAGE:**

This Awareness indicates that the nature of karma is relatively simple. It is based on the same concept as cause and effect. An action has a reaction, a cause has an effect. If you can discern what the effect will be from a particular cause, you can understand the karma that will result from that cause. If you take an action, the result of that action is the karma. It may carry a combination of good or negative karma, or it may be mostly good or mostly negative.

This Awareness indicates that entities sometimes attempt to follow ideals without thinking things through sufficiently to fully discern the outcome of their ideals. One can be so idealistic as to want to wear a handkerchief over the mouth and nose so as not to breathe in and kill an insect.

This Awareness indicates that how idealistic one becomes has much to do with whether one can live up to one's ideals or not. If one becomes too extreme in the ideals it becomes harder to live in practical situations. This Awareness indicates therefore, it is a tradeoff. The higher the ideals, the more difficult the achievement of the ideals and the more difficult it is to survive in a world that demands practicality.

This Awareness indicates therefore, entities need to discern how idealistic and how practical they really want to be in terms of their life's expression and lifestyle. This Awareness indicates that you can make it extremely hard for yourself by having extremely high ideals. You can make it much easier if your ideals are

within reach, and while you are reaching for your ideals, your feet are on practical levels so that you can stand firm on reality levels.

This Awareness indicates that if an ideal is too high and it cannot be reached, what good is it? If an ideal is high enough but you can still stand on a practical foundation and work to achieve that ideal, then is not that ideal worth working for?, and isn't it practical to set such an ideal as a goal?

This Awareness suggests entities keep their ideals within reach, otherwise, they are but dreams and false hopes.

The Law of Gratitude is given.

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"Try to think of it, Mr. Grimshaw, as your final audit."

## HOW THE DRUG COMPANIES INTIMIDATE ENTIRE COUNTRIES

Does the CIA really stand for "Centre Of International Assassination"?

### QUESTION:

Awareness has given much information on the AMA and the drug companies and their machinations, particularly here in the United States, but I ran across some information that their influence is more far-reaching than most people realize, and I'd like to read an excerpt from a book called *You Can Overcome Asthma* by Ian Sinclair, an Australian, in a chapter titled "The Drug Industry: Saviors or Sorcerers?" I'll read this and then I have a couple of questions.

"The drug industry today ranks as one of the most powerful and corrupt organizations the world has ever known, and yet the masses continue to look upon this industry with reverence and worship.

To give you some idea of just how powerful and corrupt the multinational drug companies are, we've selected four examples:

(1) During the 1970s, the West German government withdrew marketing permission for ICI's drug Clofibrate after a comprehensive clinical trial showed that it caused more harm than good. ICI promptly threatened legal action against the government, and a short time later the drug was again made available in West Germany.

(2) In 1978, a medical commission set up by the Sri Lankan government recommended a drastic reduction in the number of imported drugs, mostly supplied by American drug firms. The US Ambassador immediately stepped in and threatened to stop all US food aid to the country if the proposal be approved—a clear example of the drug companies' influence over the US government.

(3) In 1979, Tina Anselmi, Italy's Minister for Health, proposed the withdrawal of thousands of drugs that a medical commission had found useless or damaging. Shortly thereafter, she was approached by a representative of the drug companies who offered her a 35 million lire bribe to withdraw her proposal. Her response was to inform the public of the attempted bribe, and it was only luck that she escaped injury when her car blew up three days later. She was subsequently sacked from her health post.

(4) In 1972, Chilean President Salvador Allende, a doctor himself, set up a medical commission to establish just how many drugs were really needed. The commission concluded that not more than two dozen had any benefit—and that therefore the international pharmacopoeia should be reduced accordingly. One year later, President Allende's regime was toppled by the junta who were assisted by the CIA. Those doctors who recommended the reduction of imported drugs (mostly from US companies) were murdered within one week of the takeover. The new dictatorship immediately reopened trade with the American drug market. There are those who believe that the initials CIA really stand for "Centre of International Assassination," with their true role being the protection of American Industry.

I conclude this piece with a biblical quote from the very last book of the Bible, Revelation according to John. It's important to note that in the original text of John's Revelation, the word translated as 'sorcerer' is the Greek word pharmakopoiia, which literally means 'drug maker'.

"And the light of a lamp shall shine in thee no more; and the voice of bridegroom and bride shall be heard in thee no more; for thy merchants were the great men of the earth, and all nations were deceived by thy sorcery."

(Revelation 18:23)

My question is : Are these examples given basically accurate and is the American Drug cartel that intimately tied up with the CIA?

### COSMIC AWARENESS:

This Awareness indicates that this is in the affirmative, on both counts. This Awareness indicates that the CIA was originally created under the influence of the Rockefellers and that the drug companies were originally created out of influence from John D. Rockefeller in particular, and his father known as "Wild Bill" Rockefeller.

#### How the Rockefellers Started the CIA and the AMA

The entity "Wild Bill" Rockefeller as one entity who traveled around the country in a stagecoach selling his snake oil formulas, mostly made from petroleum, as a cure-all for many different things. The petroleum included also certain other chemicals and compounds which included the heavy drugs such as cocaine as part of the formula.

This Awareness indicates of course it made entities feel good temporarily, and the entities would get a strong desire for more of that "special medicine," but the moneys made from this and the later recognition of other value in oil led the Rockefellers into the use and production of petroleum products for the automobiles when that became an item of importance, but once the automobile manufacturing and dependency on oil became a multi-million dollar business for these entities, they did not put away the health-care products of "Wild Bill" Rockefeller, they simply enlarged upon it, using petroleum based medicines in the making of many of their pharmaceuticals.

This Awareness indicates that some of the earlier forms of medicine included petroleum based substances in the formulas, with some addition of other herbs and drugs taken from various sources and places around the world. This Awareness indicates that the drug business became even more lucrative than the oil business at a certain stage and it was realized that in order to monopolize on the use of drugs, they would have to create a kind of regulatory body that would force doctors to use the pharmaceutical drugs rather than the herbs and medicines of previous medical value.

Thus, the FDA was created through the Rockefeller cartel and an entity who had written as a free-lance author for the Kansas City Star was hired to expose quack doctors in the mid-West. They traveled around and anyone who didn't sell pharmaceutical supplies from the major pharmaceutical companies was classed as a quack doctor in his writings and the entity led many people to lose their business because they were not using the pharmaceutical drugs.

This was in the Twenties and Thirties, particularly during the Thirties decade. In the early 1950s the Food and Drug Administration was created and this entity; the name appears to be "Fishbein" was put in charge. This entity of course had no medical background or training whatsoever. He was simply a free-lance writer, but his purpose in being in charge of the Food and Drug Administration was to weed out, search out and find out and kick out anyone who was not a pawn for the pharmaceutical companies.

Thus, many doctors, many formulas, many cures were taken off the market or were kicked out of the job, losing their license to practice medicine simply because they were not converts to the pharmaceutical company line in their medical practice.

In the early post-war years of World War II, the OSS was changed to become the CIA and Allen Dulles was put in charge as the head of that organization. Allen Dulles was a cousin of the Rockefeller brothers: Nelson,

David, John and Lawrence, and by being put in charge of the CIA, it helped to ensure that the CIA continued working for the Rockefeller empire following World war II.

Thus, its empire, its pharmaceutical drugs were then promoted wherever they had any influence, such as in South Africa, the Middle East, Japan and the United States and Canada in particular. This Awareness indicates of course the influence of pharmaceutical companies, just as any other multinational company, extends now into all areas of the world.

There are influences of these drugs from these pharmaceutical companies entering into Europe, particularly the major industrial nations, and even throughout some of the more primitive nations. This Awareness indicates that South America has had its full share of Rockefeller influence and likewise, to a lesser extent India, and to a greater extent Europe, particularly Germany, which was occupied for so long by American troops, and American corporations operating there helped to create a stable outlet for the pharmaceutical influences. Japan also, which was under the general rule of Lawrence Rockefeller, became a center for pharmaceutical influences.

### THE "REVOLVING DOOR" POLICY (How Drug Companies Control the Politicians)

#### QUESTION:

There was one part of this article that's sort of interesting. After he mentioned Allende's regime was toppled, and so forth, and trade was reopened, and so on, the persecution of doctors began, where he writes: "A doctor who spends too much time with his patients is brought before a medical inquisition. A doctor that believes in the principle of preventive medicine and self-care is asked to justify and explain such heretical behavior.

"This gives you an idea of what sort of people are running the show, people of similar character to those who are running the drug companies. Or could it be that these people are one and the same? Ever heard of the revolving door status? High level government health officials are offered cushy well-paid jobs in drug companies when they leave or retire from the service. Along with the massive contributions drug companies make to the political parties, you can understand how they influence government health policy.

Make no mistake! The entire medical system, which includes the medical profession itself, medical universities, research laboratories, sickness foundations, and even government health departments is directly influenced and controlled by the drug companies. The same drug companies that are at this moment peddling their poisonous useless drugs to the ignorant poor in third world countries; drugs which have been banned from their own countries."

#### COSMIC AWARENESS:

This is in the affirmative. This Awareness indicates *It* also suggests how these companies can have so much influence in the Congressional activities and Bills that are passed, and how these drug companies can assure that any alternative medical approaches, users of alternative medical care, are often harassed out of existence.

This Awareness indicates that the influence is not only in regard to the executive officials, officials of the Executive Branch, but to those who are elected, for these entities who are elected, who have influence over the laws that are created, are often given great grants

20 and contributions for their election by these pharmaceutical companies to vote for or against certain Bills and legislation.

### Did the Bible Predict the Drug Cartel?

#### QUESTION:

Is it possible, as this author suggests, that in John's reference in the *Book of Revelation* to sorcerers, which at that time meant pharmacopoeia, which literally means "drug-maker," that the quotation was actually referring or predicting this situation with the drug companies?

#### COSMIC AWARENESS:

This Awareness indicates this is a strong possibility; that in predicting future scenarios an entity can very easily extrapolate from a particular action that is relatively small, that it is or is not likely to grow and become more influential as time goes by. In the case of the use of drugs in ancient times, it was probably recognized by the entity that this practice would eventually grow at such a pace so as to become a threat to humanity in general.

This Awareness indicates that the use of drugs by sorcerers is of a common tradition and the entity could very likely see that the influence of sorcery and its drug influence on people could very well turn them into drug dependent servants of the sorcerer.

Ed's Note: the information in this question was taken from the chapter, "The Drug Industry--Saviours or Sorcerers?" from the book, *You Can Overcome Asthma*, by Ian Sinclair, who eliminated asthma from his life through diet after discovering the so-called asthma drugs only worsened the condition. This book is published by and available from the author, 5 Ivy Street, Ryde NSW 2112, Australia. (Price: \$25 plus \$3.00 postage. For more on Rockefeller, the early scams and founding of the AMA and FDA etc., please refer to the book *Murder by Injection--The Story of the Medical Conspiracy Against America*, by Eustace Mullins, which is available from CAC. Please refer to Book Price Sheet.

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The Interpreter for the readings in this issue of "Revelations of Awareness" is Paul Shockley.

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Vikki T.--Sec. Treas.

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