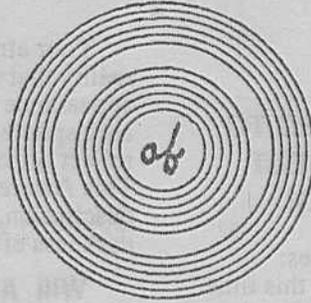


Revelations

THE COSMIC NEWSLETTER
(Uncovering the Mask of Illusion)



Awareness

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96-2

Issue No. 462

\$3.00



Null Zone Angst

PREPARING FOR THE NEXT DIMENSION....(Part 5)

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CAC General Reading, 10/25/95

EVERYTHING YOU EVER WANTED TO KNOW ABOUT THE PHOTON BELT (BUT WERE AFRAID TO ASK!)

QUESTION:

A question from JD in New York. She writes: "Awareness has said *Its* purpose in coming at this time is to reconcile polarities. Is this directly related to the similar effects of the Photon Belt?"

COSMIC AWARENESS:

This Awareness indicates that this is similar in nature; that the *Photon Belt* is that which is an effect that will help to nullify polarities in material things, while allowing for a different kind of polarization in light energies. This Awareness indicates that when the magnetic polarities reconcile, it creates a kind of energy that is of a higher nature, which then forms part of the light polarity, the polarity of light, which may be equated to that which is anti-matter polarization.

Anti-Matter: A Movement Into a New Dimensional Realm

This Awareness indicates anti-matter as being that which is above and beyond the physical matter; that which is within spirit. The movement into anti-matter as a movement into a new dimensional realm of spiritual energy in which the physics are based on a totally different reality.

This Awareness indicates that as entities move into anti-matter, the realm becomes one of a different dimension, invisible to the world of matter, and the material and immaterial or anti-material world appear to separate and become two distinct dimensions. This Awareness indicates that these dimensions will be as distinct as your world of third-dimensional reality from the world of dreams, although it is not to say that the new reality will be a reality of dreams.

It will simply be a different reality, very distinct from the reality you have known in the past.

WHAT PRECISELY WILL CAUSE THOSE "DAYS OF DARKNESS"?

QUESTION:

Another question from JD. "Please explain precisely, but concisely, what causes (a): Three days of darkness, or (b): The same period of fiery sky as the null zone is reached?"

COSMIC AWARENESS:

This Awareness indicates that in the exchange of polarities, there is that which becomes likened unto a short-circuit, wherein the polarization of matter shorts out, and this causes what might be termed "discharges" or electrical shorting or discharges, and light will be the result. Once this discharge has been effected, there will then be darkness following as the energies will have been spent.

This Awareness indicates that there is a lack of substance to carry light, to deflect light from the sun, and it will be much like that of outer space in which there is darkness until sunlight meets an object to reflect off of. If the object does not contain certain material qualities, the light is simply absorbed in the object and there is seen darkness.

Your atmosphere creates a substance in present reality that reflects light which allows for the appearance of light in the daytime, but if your atmosphere undergoes a depolarization, light will not reflect off of the oxygen molecules in the atmosphere. This Awareness indicates that this is not a complete description, but a concise description of why the darkness effect occurs.

Will All Computer Data be Knocked Out?

(The Bible has Reference to Photon Belt Events)

QUESTION:

She also asks: "Is the null-zone shortly going to wipe out all our computer data, and if so, how will it affect the government, military and so forth?"

COSMIC AWARENESS:

This Awareness indicates it appears that when this occurs it will create an opportunity for enormous change; however, the probability of being prepared to shift over into new energy for computers and for your machinery and energy sources will be addressed prior to this situation, prior to the entry into the null-zone.

This Awareness indicates there is some Biblical reference to this event. This Awareness indicates that this appears to be in Matthew.*

*Matthew 24 verse 29. "Immediately after the tribulation of those days shall the sun be darkened, and the moon shall not give her light, and the stars shall fall from heaven, and the powers of the heavens shall be shaken."

Isaiah 13 verse 10. "For the stars of heaven and the constellations thereof shall not give their light: the sun shall be darkened in his going forth, and the moon shall not cause her light to shine."

Is Panic Anticipated When the Lights Go Off?

QUESTION:

She wants to know: "Do you anticipate panic when the lights go off?"

COSMIC AWARENESS:

This Awareness indicates that the term "panic" is a subjective term. Panic to one person is simply concern to another. One person being excited does not necessarily mean that the person is in a state of panic. There will be concern, there will be attention. The situation will be highly unusual. People tend to adjust to unusual crises and circumstances in their own individual ways.

Some will attempt to take advantage of the darkness to loot and pillage. This Awareness indicates if this is panic, it is not likely to be much different from the kind of panic that occurs during earthquakes or other unusual phenomenon: great storms and so forth. It will be an unusual situation.

Prior to the Event, Information will be Released

This Awareness indicates that many people will be extremely calm and most entities will try to find a safe place to wait, to watch, to listen for any information available. This Awareness indicates also, it appears that there will be a considerable amount of information made available just prior to such an event.

This Awareness indicates it does not appear that this is likely to occur in the near future; that something is seen as being more likely in the year of '96 or '97, than in the year of 1995 as far as notable change or disturbance.

"People never believe in volcanoes until the lava actually overtakes them."-George Santayana.

30 MOST ASKED QUESTIONS ON THE PHOTON BELT PHENOMENON

QUESTION:

JD, in New York, not being one who will settle for vagueness or possibilities, has sent a list of questions she'd like me to ask, one by one, on this Photon Belt.

COSMIC AWARENESS:

This Awareness wishes to suggest that not every question that is asked is necessarily to be answered. This Awareness will decide what to answer.

Question: (WHEN WAS IT DISCOVERED?)

It was discovered by our scientists in 1961, and kept quiet. (the Photon Belt was)

COSMIC AWARENESS:

This Awareness asks: Is this a question, or a statement?

QUESTIONER:

Yes. These are questions she's putting in statement form, but she'd like Awareness to confirm or deny them.

COSMIC AWARENESS:

This Awareness indicates that this appears to be in the affirmative; that since that time period there have been other members of the scientific community who have also become aware of the phenomenon, and some have kept quiet and some have given out information; that the Russian scientists have also become aware of the phenomenon and have also given out considerable information to their own people.

This Awareness indicates that in other words there has been the initial discovery by a few, and a gradual release of information over the years, and more recently, the release of information to the public in general.

Question: HOW OFTEN DOES PHOTON BELT OCCUR?

Our solar system circuits during 24,000 approximate, of our years, in which it passes through the Photon Belt twice, for approximately 2,000 years each. Is that correct?"

COSMIC AWARENESS:

This Awareness indicates that this appears to be 25,000 years, and approximately 2,100 years each.

Question: WILL LANDS AND POPULATIONS BE DEVASTATED?

If the answer is yes, will the resultant heat and resultant flooding devastate lands and populations, and will many species perish?"

COSMIC AWARENESS:

This Awareness indicates that there is a shift in polarities that allow for the lesser cycles of 2,100 years, and in each of these, there will be the growth of new species and the death of some species, much as has occurred throughout history. Many of these things becoming so gradual in their changing that it is not really notable in the sense of a major event.

This Awareness indicates that the 25,000 year cycle has occurred repeatedly on the earth, and occasionally a substantial change occurs within such a limited time period that entities become very much aware of what is happening, and it is this awareness that has left the historical knowledge of the earth ages and cycles; but once the event has passed and things settle down to a more normal pace, entities tend to forget the great earth changes, except for occasional reminders in philosophical or scientific records, historical records of such changes such as references to great floods or great earth-

quakes or great cosmic changes that may have occurred in the past, which *are* recorded in legends and such.

This Awareness indicates that in today's modern society, people will assume that everything which occurs during this time will be recorded in the archives, in books and in computers, of historical record. This Awareness indicates this *assumes* that computers will continue to work in the same way and that records will be saved and preserved for future reference as was assumed by previous civilizations prior to such momentous changes.

In the end, the records may simply be preserved in stories, by word of mouth.

Question: Did Photon Belt Cause Past Ice Ages?

In the past, the Photon Belt has been the cause of past ice ages.

COSMIC AWARENESS:

This Awareness indicates that this is in the affirmative, although it was not necessarily the *cause*, but a kind of harbinger of an ice age. The events following certain cycles in which the earth tilt occurs, creating a tilting from the sun so that what is currently experienced as winter may become for that particular area equal to what will be equivalent to a summer in that particular area, and the winter may become colder so that entities have a colder weather in a certain area, and also creating a situation in which another area may become warmer, which was once cold tundra.

Question: There Is In Existence a "Photon Belt Detector"?

"A tribe of people in South America were given by "Sky People" a Photon Belt detector which began humming in 1978. Is that correct?"

COSMIC AWARENESS:

This Awareness indicates that this appears to be partially correct. The question is related to the term "Sky People." To whom does this actually refer? It appears that it was given to them by someone who had some scientific connections in the scientific community and who gave this with this story to make it special for these entities so that they could cherish the object.

This Awareness indicates that it does not appear that these entities were actually "Sky People."

Question: Is Photon Belt Also Known as the "Monasic Ring"?

"The Photon Belt is also known as the Monasic Ring?"

COSMIC AWARENESS:

This is in the affirmative.

Question: Our Sun is Within Monasic Ring?

"Our sun is Part of the Pleiades system within the Monasic Rings?"

COSMIC AWARENESS:

This is in the affirmative.

Question: Our Sun Will Enter Photon Belt Before Earth Will?

"Awareness sees the sun as entering the Photon Belt before the earth. Were earth to enter first, instead of the three to five days of darkness, and falling star type visuals, the sky would appear to be on fire without accompanying heat, and the intense blinding light would damage our eyes, skin, crops and water supply."

COSMIC AWARENESS:

This is in the affirmative.

Question: Our Sky Will Get Darker as It Approaches?

"Our sky is appearing darker as we approach."

COSMIC AWARENESS:

This Awareness indicates that this is in the affirmative, although this darkness will be difficult for the naked eye to perceive, because the eye tends to adjust to darkness, opening wider as darkness approaches, to normalize the amount of light entering the eye, so that entities will not necessarily notice a darkening unless they have certain instruments to read this darkening effect.

Question: Photon Belt Is Causing Erratic Weather Today?

"The photon Belt is causing warmer winters, erratic weather, and longer animal hibernations."

COSMIC AWARENESS:

This Awareness indicates this is in the affirmative.

Question: Photon Belt Is Causing More Illness on Earth Today?

"It's causing more illness in humans, especially tinnitus, sinusitis, and nervousness."

COSMIC AWARENESS:

This Awareness indicates this is in the affirmative, and it is also helping to prepare the cells in the body for the changes that are necessary for the body to adapt to the photon energy as it approaches. This Awareness indicates that many of the illnesses that entities experience today are related to Photon Belt influences on their physical form.

This Awareness indicates that those who experience certain physical tiredness, weaknesses or what appear to be poor immunity to various diseases, may be experiencing photon influence on their physical form and it may turn out to be a blessing in the long-run because their body will become more able to adapt to the new photon energy.

Those whose body does not respond to the photon energy may find themselves suddenly at some later time being confronted with photon energy of a greater effect on the physical, which they are not prepared for, and experiencing a more dramatic and sudden change, which can be very difficult.

Prepare for Photon Energies by Using Antioxidants

This Awareness suggests that entities do need to prepare the body by the right kinds of supplements, particularly antioxidants and some of the more highly effective supplements such as the enzymes that help the body to cleanse itself, to digest foods, and to strengthen the immune system.

This Awareness indicates that which is called phytochemicals are seen as being beneficial. Regular vitamin supplements can be beneficial, but over a period of time they lose some of their potency. The rougher foods such as red meats and chicken may become less beneficial to entities as the photon energies approach.

Use of Plastics Causing Breast Cancer and Homosexuality

This Awareness indicates particularly those foods that are commercially produced in cans, with plastic lining will become less beneficial because of the effects of hormones released through the plastic lining in the cans that create excessive estrogen in the consumer. The excessive estrogen consumption by the consumers will create more problems for the entities and this will be more detrimental as the photon energies gain greater influence on the physical cells of the individual's bodies.

This Awareness indicates that there has been a sexual revolution occurring from the way foods are preserved

in that the canning process of using plastic lining within cans and the packaging of foods with plastic has an effect of causing an enormous amount of estrogen to invade the diet. This is one of the causes of increased breast cancer. It is also a cause of much of the loss of sex drive in men. It is also a cause of an influence in causing an increase in homosexuality. This Awareness indicates it also has a degree of effect in enlarging the breasts of men. This Awareness indicates that it tends also to weaken men in general.

This Awareness indicates that the effect of plastic in the society in creating what results in the form of artificial estrogen in the diet of humans through the use of plastic, is a problem that is only now beginning to come to light. It has not yet become fully understood as to the strength and potency of the artificial estrogen and its widespread effect on the human diet.

This Awareness indicates that when the photon energies do become more influencing, the artificial estrogen effect will become even greater in a negative sense.

Question: Any Connection to "Cricket Sounds?"

"Is the Photon Belt the cause of the constant "sound of crickets?", lately, more of a high-pitched tone at times which the questioner began hearing in recent years?"

COSMIC AWARENESS:

This Awareness indicates this is not common for everyone, but this Awareness indicates it appears to be in the affirmative in regard to the questioner.

Question: We'll Have More Light Due to 2 suns?

"There will be constant light for the 2,000 years, possibly due to the light of the Pleiadian stars giving us two suns. Is that correct?"

COSMIC AWARENESS:

This Awareness indicates that in a general sense, this is in the affirmative; that the term "constant light" is that which is not precisely correct. There will be times in which more dusk or darkness occurs. There will always be some light however. Therefore, to a degree, the light will be seen as constantly there, even though not always as bright and sometimes much more dim.

Question: Photon Belt is the real cause of holes in Ozone Layer?

"The Photon Belt is the real cause of our expanding holes in the ozone layer?"

COSMIC AWARENESS:

This appears to be correct in terms of the major cause.

Question: Humans Can Expect Intense Electrical Shocks?

"The edge of the belt, called the null-zone, has a space /time overlap, creating gravitational compression. Passing through the zone's peak, we will experience an intense electrical jolt.

COSMIC AWARENESS:)

This appears to be in the affirmative. This Awareness indicates that it is during this time that much of the more serious effects will be experienced.

Question: Our Solar System is Literally Being Moved?

"Our solar system is literally being moved to a different location in the galaxy where there will be two suns."

COSMIC AWARENESS:

This is in the affirmative.

Question: Is the "Fourth Density the same as "astral plane"?"

"Is the astral plane the same as Fourth Density?"

COSMIC AWARENESS:

This Awareness indicates this term "Fourth Density" is something that simply has come into the human vocabulary within the past several years. In earlier times it was referred to as a different dimension. This Awareness indicates that the astral plane is not necessarily the same as Fourth Density, in terms of human semantics, but could be equated to the same by some entities.

This Awareness indicates that it depends on the individual's meanings and their definitions for the terms as to whether they are one and the same. This Awareness reminds you that *It* does not create the terms that humans use; that humans create these terms and pass them around and different entities have different meanings for these terms until they are presented into dictionaries wherein all can use a standardized meaning for the term.

Once a standardized meaning is available, then entities can refer to that standard for the correct meaning of that term.

Question: How Can Astral Planes be Regarded as Being 'Higher'?

She writes: "If the answer is yes, (and I'm not sure that it is), how can the astral plane be regarded as higher, when dreams and lower-level channelings are deemed "astral nonsense?"

COSMIC AWARENESS:

This Awareness suggests this is a good question, and therefore, entities need to re-evaluate their assignment of Fourth Density to the astral equation. If these are not equal in their mind then perhaps the terminologies are not the same. This Awareness indicates that *It* does not see that there has actually been a clear definition of the term "Fourth Density" that has been standardized for the use of humans, and that even the "astral plane" has not necessarily been standardized throughout the human vocabulary to where everyone speaks of the same thing, when using the term.

This Awareness indicates that *It* does not wish to standardize human language, but suggests that you not worry about these words unless you want to make certain standards of definition for them so that everyone is speaking the same language, when using the terms.

Question: In Photon Belt Fat People Will Lose Weight?

"In the Photon Belt, overweight people will automatically weigh less."

COSMIC AWARENESS:

This is in the affirmative. The light will be less heavy, and when breathing the light energy, entities will tend to be lighter in a physical sense. The lack of polarization will also help entities to lose the girth and excessive bulk from their bodies. The appetites will not be as strong.

Question: Satellite Instruments first "observed" Photon Belt?

"Satellite instruments first "observed" the Photon Belt as a cloud of photons that rotates at right angles to the plane of our earth's orbit."

COSMIC AWARENESS:

This is in the affirmative.

Question: Gamma Rays and X-Rays are photons?

"There are many kinds of photons in the universe, ranging from gamma rays to X-rays."

COSMIC AWARENESS:

This is in the affirmative.

Question: Underground Shelters Being Built by Military?

"There is a secret round-the-clock government military directed research project working on a photon storage system in order to survive the null-zone intact. Elite underground shelters have been built. Civil chaos is expected."

COSMIC AWARENESS:

This Awareness indicates that this is in the affirmative; that what is expected is not necessarily the result that will be experienced.

Photon Researchers Given Death Threat if They Tell?

"In June of 1992, scientists at MIT confirmed that M 87, which appears to be a colossal photon, a black hole, or the Photon Belt, is approaching us at the rate of 1.2 million miles per hour. Its estimated mass is that of three billion suns. It spans five hundred lights years. A gag order was issued, the researchers threatened with death or life imprisonment."

COSMIC AWARENESS:

This *did* occur. This is in the affirmative.

Question: Ultraviolet Radiation Will Cause Mass Sterilization?

"The ultraviolet radiation will cause massive sterilization of humans and animals."

COSMIC AWARENESS:

This Awareness indicates that this is seen as a "probability," not as an absolute certainty; that there are certain effects that will occur but which may only be temporary. This Awareness reminds you that the movement through the Photon Belt has occurred before, and humanity has survived to continue reproducing offspring, and therefore, the concept of sterility being caused by ultraviolet light is not as serious as may be implied in the question.

There may be some temporary sterility which may affect entities of a certain age group, without necessarily affecting all of humanity.

Question: Did Photon Belt Cause Massive Deaths In the Past?

In the past, was the Photon Belt the cause, or a cause of massive die-offs observed by archaeologists?

COSMIC AWARENESS:

This Awareness indicates that this is in the affirmative; that many of those who have died in the physical sense, moved into higher dimensions, into other realms, and experienced what metaphysicians might refer to as an "ascension." It was not seen by these entities as a negative, but as a positive change that occurred for them.

Question: Many Deaths Will Occur During the Null Zone?

The Null Zone will cause massive deaths during the darkness?"

COSMIC AWARENESS:

This Awareness indicates that this is almost inevitable that many deaths will occur during the darkness, more than occurs on an ordinary night. This Awareness indicates that some people will panic, and some, in panic, will do things that are careless or dangerous to themselves or others, and of course, such can result in the death of many, but nature itself is not likely to be the direct cause of such deaths.

It would be more likely that the cause of such deaths would be the reaction of people to what is happening.

Question: North American Forests Will Die?

"The Northern forests of North America will all die."

COSMIC AWARENESS:

This Awareness indicates that *It* does not see this as being correct.

Question: This Is What the "End Times" Really Mean?

This is what the "End Times" and "There will be a new heaven and a new earth," refer to.

COSMIC AWARENESS:

This Awareness indicates that this may be applied to these times with some accuracy. It does not necessarily mean that this was the intention of the writer of the *Book of Revelation* or of those references mentioned. There have been many who would refer to the "End Times" and many who speak of a "new heaven and new earth" but their meanings may not have been in any way connected with their knowledge of or lack of knowledge of the Photon Belt.

It is unlikely in fact, that they even imagined this kind of event when they wrote of these things. However, it is reasonable for entities to apply such terminology to this event.

Question: Greek Poet Pindar to be Spiritual Leader?

"The Greek poet Pindar helped shape earth's destiny. He will be spiritual leader of the new third density earth which will resemble the Dark Ages, aside from the technology. He is from Mercury."

COSMIC AWARENESS:

This Awareness indicates that *It* does not see anything on this at this time; that perhaps at some other time information can be given regarding this question. At this time, *It* does not see anything related to this question or the entity described.

Question: People Will Have Lighter Bodies

"The new Fourth and Fifth Density earth people will have lighter bodies and invisible auras."

COSMIC AWARENESS:

This is in the affirmative.

Question: Earthquakes and Useless Gas Furnaces?

"In the null zone there will be earthquakes, and gas burners will not work."

COSMIC AWARENESS:

This Awareness indicates that in the first part, this is in the affirmative: there *will* be earthquakes. For the second part of the question, *It* sees that some gas burners will be working. Others will not, depending on how they are constructed.

HOW WILL PLANT LIFE RESPOND TO PHOTON ENERGIES?

QUESTION:

Okay. That concludes the series of questions from JD on the subject for this particular time. Other entities have questions about this also. Michael B., McMinnville, Oregon, asks: "Outside of our comfort zone concerns, how will plant life deal with and respond to photon energies and the movement into these energies?"

COSMIC AWARENESS:

This Awareness indicates that much of this will depend on the age and size of the plants; how quickly they can convert light or can convert energy from light into that which they need. Some plants will suffer and die quickly. Others will suffer somewhat but survive in the long run.

This Awareness indicates it is likened unto the fact that plants convert light energy into material substance of their own body and therefore, can use the photon energy for sustenance, if they are able to adjust to the change that occurs in the environment. Therefore, there will be some plants that will disappear. Others will thrive excessively from the effect of the photon energies.

Plants which are small may suddenly grow large because of the photon energies. Plants which are large may produce dwarves in the next seedlings. It depends on the nature of the plant in its ability to utilize or defend itself against the photon energies, if necessary, and because there are so many varieties of plants, this Awareness does not wish to get into discussing each type of plant.

What Will Happen to Electrical Appliances?

QUESTION:

A question from Bonnie I. in Garland, Texas. She writes: "I was talking to a scientist the other day and he said that we would not lose electricity when we go through the Photon Belt, but the electric energy in the atmosphere would be so great that it would make people go into a higher dimension immediately, and that those who do not believe or understand would not be able to take this higher electric input in their mind, and a lot of them would pass on, however, that most the electrical appliances *would* work."

And she asks: "What does Awareness think about this?"

COSMIC AWARENESS:

This Awareness indicates that it appears there will be a time wherein most of the electrical appliances will fail to function because of the intense or extreme voltage that occurs everywhere at once. Many of these electrical appliances will simply short-out from too much current or too much voltage.

This Awareness indicates that it *does* appear however, that after some period of adjustment, these can be recalibrated to become functional, to work after the passage through the period of time such as might occur during the null zone, so that the loss of equipment is not necessarily to be seen as a permanent loss. Some of the equipment, however, may short-out and burn itself to the point of being irreparable.

This Awareness indicates that it also appears that new types of energies for operating machinery and devices will be created after entities have entered into the Photon Belt which can be made to utilize the energy of photons instead of electricity as is presently used.

This Awareness indicates of course, during a time when polarities are nullified, none of the electrical appliances will be workable.

Camping Wands Can be a Form of Light?

QUESTION:

Another question from Bonnie I. "There are small wands that people use for camping that can be broken in two which produce light. Could these be used in the Photon Belt?"

COSMIC AWARENESS:

This Awareness indicates this is in the affirmative; however, these are only workable for a few hours. This Awareness indicates that if they are kept at freezing

level they can be stored for some time, to be bent or broken so that at some time when needed, the light can be utilized. This Awareness indicates that these work from a chemical level of influence rather than from electrical polarization.

How Will Politicians React to Photon Change?

QUESTION:

She also asks: "What would be the changes in the minds of those people who did not believe and then this sudden input of higher metaphysical energy would take over in them; how would they take this? For instance, the people in our government who have lied and cheated and stolen from the average person?"

COSMIC AWARENESS:

This Awareness indicates these entities would do some quick rethinking and depending on their motivation, their agenda, they will come up with some reprogramming that allows them to pursue their agenda or change their agenda as is necessary in order to survive. All people under any circumstance will attempt to survive. Survival for some means keeping their goals; for others it may mean giving up their goals and taking a different route.

It is impossible to predict what any one group of individuals or any class of individuals will do, because each individual is distinct and they have a different way of dealing with a crisis.

CABLEVISION AND SOLAR FLARES: ANY RELATION TO PHOTON BELT?

QUESTION:

Elaine S., Leominster, MA., has a question, and she sent in a notice from her Cablevision, which I'll read because it relates to her question. It says: "Attention subscribers. Do to solar interference between October 4th and October 13th, all channels other than local broadcast channels may experience brief outages. We apologize for any inconvenience."

And that was the notice from her Cablevision. In her question, she writes: "I am enclosing a note from the local TV Cable company, the Cablevision company makes reference to solar interference during October 4th to 13th. My question is: Is the TV outages really due to solar interference, or is it the Photon Belt? If it is solar interference, what is the reason for the solar flares?"

COSMIC AWARENESS:

This Awareness indicates that there have been historically, solar flares interfering with the earth's broadcasting systems for as long as radio has been in effect; that back in the Forties this became a concern. This Awareness indicates that there were many different studies of these solar flares and their affect upon broadcasts and therefore, this is not something that is necessarily unusual nor indicative of a photon effect.

This Awareness indicates that solar flares are essentially the eruption on the sun of certain energies that flare up into the atmosphere, sometimes going many thousands of miles into the solar atmosphere. These have been photographed, and at times they are much larger and at other times much smaller in size. When they are enormous in size, it affects the communication system on earth, particularly those dealing with electrical forms of communication such as radio and television.

It also is tied to astrology, wherein certain planetary alignments have been found to influence solar flares. This allows the solar flares to be predicted through the use of astrological principles such as the angle of Mars to the earth or to other planets in their relationship with the sun.

This Awareness indicates that the scientists working for RCA in the late Fifties discovered the connection between certain planetary aspects and the solar flares and was able to predict when solar flares would occur.

HOW CAN WE BE SURE PHOTON BELT EFFECTS WILL OCCUR?

QUESTION:

A question from Stan W., in Manchester, England. Awareness has covered most of this, I'm sure, but perhaps he *does* have a sort of another aspect here. He writes: "With all of the details I have read to date of the Photon Belt, I still cannot grasp how it will take place and the consequences. I hope it will occur gradually for the sake of those who are not as able to withstand such events.

"What about airplanes, flights being suddenly cut in mid-air, cable-cars, lifts, et cetera, et cetera? And on the other side the question is: How can we be sure? I think back to some years ago when many were left blushing and red-faced, waiting for such an event!"

COSMIC AWARENESS:

This Awareness indicates that there is nothing in life that is sure; even the question of whether the sun will rise again tomorrow, just because it has always done so, is not an absolute sure thing. This Awareness indicates that entities who want sure things can place their bets on death and on paying taxes, but in general, there is no sure thing in life.

This Awareness indicates that these energies are recognized by scientists. There has been much information leaked from the scientific community regarding the Photon Belt. There has been much speculation from others about the Photon Belt. This Awareness has given a considerable amount of information.

The Interpreter and even the editor of this newsletter both have the same kind of doubts as you. They both wonder whether there is anything to this. They do not have any special insight. The Interpreter sees what he sees in trance, but does not necessarily feel in total agreement that this is a sure thing. This Awareness indicates that all he can do is give the information as he sees it while in trance, according to what this Awareness provides for him to interpret.

Entities Don't Really Want to Know Details of Their Death

This Awareness indicates that *It* cannot provide a sure-fire answer to your question, so that no question is left for you; *It* cannot provide the proof you may seek. This Awareness suggests that nor can *It* describe in detail the events as they will affect you personally, nor will *It* provide details of your eventual departure from your physical body.

These are things that everyone wonders about, but if it comes right down to it, entities do not really *want* to know the details of their death, the exact timing and the exact nature and what they will feel and how they will adjust and so forth.

The Main Concern of People Is Insecurity

This Awareness is not, repeat, is *not* implying that this event has anything to do with your death; *It* is simply making a comparison, for what entities are *really* concerned with is the feeling of insecurity, and insecurity has to do with their apprehension with potential danger and possible death. Therefore, they are concerned about the photon event because they are concerned about the potential danger and threat to their lives.

This Awareness does not wish to give entities too much information that might settle their questions about the event, because they really are seeking not precise details of the event; they are simply wanting reassurance that they will survive, and this Awareness does not wish to reassure entities that they will survive, because in some cases, it may not be correct.

This Awareness indicates that most entities in the CAC membership *will* survive. There are very few that won't, and if they don't, in most cases it will simply be because of their own lack of proper response to what is happening. If they react in a way that endangers themselves, then they may not survive, but most entities will survive the experience.

This Awareness indicates that if *It* opened the door for each individual to ask the personal details of how he or she will function during the earth's entry into the Photon Belt, *It* will be tied up for months doing readings for individuals in this regard, and this Awareness indicates it will not really give entities a calm or sense of security which they desire, unless *It* tells them directly: "You are going to survive very happily!"

Awareness Can't Promise Your Comfort Zone Will Remain

This Awareness wishes entities to understand that even if *It* were to tell them such a statement, they would still have the apprehension of wondering whether to trust Awareness on such a message. "How can we be sure Awareness is correct in assuring me of my survival?"

This Awareness indicates that living is a risk. Experiencing change creates apprehension and insecurity. Hearing about a potential change creates insecurity. Entities want that which they are familiar with. They want their routine, and they want things to continue exactly as they have been, because that is the comfort zone that entities are used to.

Entities want their bed to be warm at night, and they want everything to be the same in the morning as it was when they went to bed. Most entities are happy to have a dull routine in their lives without any surprises, without any unusual events occurring.

This Awareness indicates that this is not the guarantee in life that entities may seek, for there is no absolute security other than in the devotion to the Divine. If entities wish to have absolute security, surrender totally to the Divine Force of the Universe and there is nothing left to fear.

COULD PHOTON BELT BE A METAPHOR?

QUESTION:

Awareness, how much, if any, of this Photon Belt information is actually some kind of metaphor or something symbolic rather than actually physical?

COSMIC AWARENESS:

This Awareness indicates that much is physical. Much of the speculation as to what events may occur or what

the properties of the photon energy are and what effects these may have on entities may be seen as what are termed "extrapolations." Extrapolations are more or less likened unto drawing conclusions from the implication of something, and this can be considered as metaphorical as opposed to absolute truth.

It is likened unto knowing the property of gasoline, and knowing that it ignites and is explosive. One could extrapolate that if it were put into some kind of cylinder which was closed in one end and opened on the other, along with something that is put on top of the gasoline and a spark-plug was placed in a way to deliver a spark of fire in the midst of the gasoline, one can extrapolate that it will blow the object out of the cylinder, out of the opened end of the cylinder.

This Awareness indicates that there is no proof it is going to work that way. It is simply extrapolated from the logic of the nature of things. Photons are light energy particles, and light energy particles have certain properties, and therefore, can be useful in extrapolating the results in certain circumstances. This Awareness indicates that this may be considered as metaphorical, but not in the classical sense of the metaphor. The metaphor is simply a comparison of one thing to another, whereas this is more of a logical syllogism that creates a result from the implications involved.

This Awareness indicates that in much of this analysis, this Awareness has moved in *Its* analysis through certain principles that are clearly understandable and logical in the classic sense. There is much that can be researched by individuals such as to determine how far the photon mass is from the earth at a given date, how fast it is moving, and when it will, if all goes as CAC indicated, arrive in contact with the earth.

Whether the photon mass is well-defined, or if it is more vague in the outer regions with a gradual intensifying density in the inner regions will determine whether it is coming suddenly upon the earth or whether there will be forewarnings. This Awareness indicates that much of this can be researched by individuals having some interest, and through the available information from the scientific community which has already done considerable amount of work in this regard.

This Awareness indicates that in talking about the Photon Belt, which scientifically has been proven to exist, it is not precisely the same consideration as a metaphor. A metaphor is simply a mental comparison or symbolism. This is certainly not symbolic of anything. However, one may wish to interpret a symbolism that can be compared to the Photon Belt, if one so desires, and one can make comparisons to Biblical references or to the *Book of Revelation* and find there is some symbolic or metaphorical connections in that regard.

So Many Energies are Vying for Our Attention

(Should we Ignore Them or Head for the Bar)

QUESTION:

One last question from Michael B., McMinnville, Oregon. He writes: "Recently Awareness has indicated that the 'elite' has had a softening of heart, and an awareness that all life is 'in this together.'" At the same time, we are being prepared by Awareness for a potential clamping-down by the lackeys of the elite, and it has been indicated that mid-1996 is the entry into the

Photon Belt, which, I presume, will eradicate computer-based observations of our lives, including financial, or mostly, I suppose.

"This seems to me like a *lot* of different energies vying for our attention. Any comments? Should we just ignore it all and concentrate on our inner life, or maybe head for the bar to watch reruns?"

COSMIC AWARENESS:

This Awareness indicates that if there are five forces moving toward a particular focal point, and each of these forces has a different agenda, are you better off to avoid noticing the event? Are you better off ignoring the event? If one of the forces in movement is said to be softening its aim or agenda, does that mean it has given up, or is simply reconsidering at the last moment? And if it is reconsidering, does it mean it has reconsidered already, and no longer is a threat? Or does it mean that it is reconsidering and *may* change its agenda?

This Awareness indicates if these five forces are aiming at a particular focal point in time, and they have different agendas, some are conspicuously in motion, others are in motion because of nature or because of some higher power that is unknown to the observer; does this mean that the observer has no need to watch and should just go his merry way to the local bar to watch reruns of last week's football game?

The Main Purpose of Cosmic Awareness at This Time

This Awareness indicates it is all up to the observer as to what is important to him. This Awareness indicates that the purpose of this Awareness is to help entities become aware, to become aware of those things that are happening in their own realm of reality, in their world. And in becoming aware of what is happening to them, the purpose of this Awareness is also to help them to better understand their own place in the world of reality in which they reside, and what they themselves need to do in order to be ready for what is the reality they witness.

This Awareness indicates that *Its* main message has been "Surrender self to Divinity! Give up the personal agendas to follow the agenda of the Divine." If you find the reason for your life in a Divine Sense, then you have an agenda that serves the Divine Purpose. It is not necessarily your own personal agenda that you are following.

The Purpose of Following the Divine Agenda

This Awareness indicates that the personal agenda is generally one that satisfies the joys of the flesh. The Divine Agenda generally is one that serves the needs of others to whom you may have an obligation, and serves the needs of many to whom you choose to obligate yourself and your energies to as an act of devotion to the Divine.

Thus, you may serve many and serve them well. It may be an act of devotion to God that motivates your service to others. This Awareness indicates in order for you to serve others and serve them well it is important for you to know what is happening in your reality, not to ignore it, not to go back to the bar to watch last week's football game, but to know who you serve, why you serve them, and why this is an act devoted to God.

This Awareness indicates that your first duties are to keep your own physical well-being so that you can be of service and do not need service from others as much as

is possible, and in keeping yourself healthy. To be able to serve others requires a certain amount of self-care, and from that self-care, building yourself to the point where you *can* serve others; serve those especially whom you are already obligated to; those whom you have chosen to bring into the world; those whom you have accepted as part of your life, and those into whom you have found yourself related to in such a way as to be part of their lives, so that you serve those whom you are close to.

To Serve Many, Start an Organization

This Awareness indicates when you can serve those, and serve them well, you may look around and see if you are able to serve others outside of your own family, outside of your own group. This Awareness indicates that it has been pointed out that the best way to serve many is through an organization. It may be an organization you form, or an organization you support, and in your activity of serving others through the organization, you may then begin to add greater influence of your own energies to the lives of others.

This Awareness indicates that going to watch the rerun at the bar of last week's football game, where you can recall that pass and that tackle which was so exciting at the time, and attempt to recapture the excitement again, is somewhat sad, as a kind of waste of time, a kind of uselessness of human energy, or consciousness.

This Awareness suggests that you may wish to look closer at priorities, and if you see five forces moving toward a focal point, and these forces each have some personal or individual agenda; some controlled by nature, some controlled by artificial intelligence or some controlled by living intelligence; you may wish to know more about them and how they may affect your family, your self, your life and your devotion to the Divine in *Its* agenda for humankind, and you wish to simply become aware for the sake of being aware, and thus you wish to know: "What is going on here?"

The problem with many entities is that they want an answer to that question. They want it now, once and for all, so they can stop thinking about "What is going on here?" and go back to the bar to watch last-week's football game. This Awareness indicates that is not so simple that all entities have to do is come into a life and realize it is last life's experience being lived again.

"Oh, yes! I remember meeting her! I remember marrying her! I remember how many children we had, how many fights we had; how many problems we went through. I remember how she got sick and died in hospital. I remember this life. I lived it several times before!" This Awareness indicates that perhaps if entities wanted everything to be absolutely sure, they could simply relive past life's football game over and over and over and over and over and over again, and again.

But this Awareness indicates that is not helping entities to become more aware.

QUESTIONER:

I think the entity's reference to the bar was sort of tongue-in-cheek.

COSMIC AWARENESS:

This Awareness indicates it was symbolic. It was tongue-in-cheek, but this Awareness considered it as

appropriate in the reference to life and its value system and the message that this Awareness wished to emphasize.

There Is a Time to Relax and be Less Serious

CLOSING MESSAGE:

This Awareness indicates there is of course, something of value for entities who need a vacation from serious focus on life, its problems and its general seriousness. It is important for entities on occasion, to have not only comic relief, but pleasant relief from the continuous concerns about life. To be able to simply sit back, take a deep breath and relax, enjoy the summer air, the bugs that fly around, the pollen that smells so enjoyable, or the cool air and the rain as it falls in the winter and fall of the season; all of these various times of the year, the weather; all of these things are precious and need to be enjoyed with full attention from time to time.

Forget Conspiracies and Photon Belt and Enjoy the Kids

There is a time in which entities need to stop being concerned about Photon Belts and conspiracies and potential wars and disasters, and simply look at the children, at the grandchildren, and note their needs, and how their needs are being attended, or if they're being attended. Are they learning what they need to learn? Have they discovered the joys of life? The wonders of the butterfly? The importance of the insect, the importance of the birds, the beauty of the grasshopper? Have they really looked at these things with a deep attention, so that they too, at their level of understanding, are gaining awareness in their world?

Share Memories of Your Childhood With Grand Children

Can you find it enjoyable to share some of the memories of your childhood with your grandchild? Can you share some of your memories with your children? Is it enjoyable and relaxing, to be with such fresh young minds? Is there something you can give these children that will inspire them throughout their life to be the best they can be? These are ways that you too can find great joy in helping others.

This Awareness indicates that there are many things that can be done that give you joy as well as fulfill a need for others and bring about greater pleasure in your own life simultaneously, so that your recreation becomes a benefit to others so that they enjoy being with you and learning from you, not in a chastising and enforcing type of teaching, but in a way that is loving and fun for the child, for the young one, so that they truly have great memories when they in their later years look back on their life and say: "My grandmother, my grandfather were so good to me! They told me this, they told me that! I'll never forget what they made me feel!"

This Awareness asks: Can you do this and find great joy in it for your self, and still come back to your world of reality, your concerns for what is happening to the five forces that are moving toward a particular focal point in time? Can you keep all of these things balanced appropriately in your life, where you make your daily bread and you cook your needful meals, you clean your home and you deal with the world's problems in your mind and serve your children/ grandchildren as is necessary, and appropriate, according to your own ability? Can you keep the balance of a spiritual life with the physical demands of living?, and can you do it in a

way that is satisfying to yourself, wherein you do not feel overburdened by it all?

(The Law of Gratitude is given)



"I don't know about you, but I'm pinning all my hopes on being a late developer!"

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WHAT IS COSMIC AWARENESS

COSMIC AWARENESS is the Force that expressed Itself through Jesus of Nazareth, the Buddha, Krishna, Mohammed, Edgar Cayce and other great avatars who served as 'Channels' for the 'Heavenly Father' and who speaks again today as the world begins to enter the 'New Age' of spiritual consciousness and awareness. Since 1963 Cosmic Awareness has been communicating through carefully trained channels. This information is for those who desire to help in bringing in the New Age. Throughout the thousands of 'Readings' given through these various channels, Cosmic Awareness tells us not to believe anything, but to question, explore, doubt, and discover for yourself, through your own channel what is the truth. Cosmic Awareness will only 'indicate' and 'suggest'. Neither C.A.C. or any of the Interpreters is responsible for anything Cosmic Awareness states in any of these readings, nor does C.A.C. or the Interpreters necessarily agree with the statements of Cosmic Awareness. The Interpreters interpret the energies as they see them in trance levels and are not personally responsible for what is said. The Interpreters published herein have no connection with, nor control over the editorial comments and material, including illustrations. This is entirely the responsibility of the editor. Members of C.A.C. are invited to send in questions of general interest to ask Awareness for possible publication in this newsletter.

WHY ARE THE ROLLING STONES SO POPULAR:

QUESTION:

A couple of questions remaining on that reading regarding to music, this one from Michael T. in New York City: "Is there an occult principle in back of why the Rolling Stones have been extremely popular for over 30 years?"

COSMIC AWARENESS:

This Awareness indicates the word "occult" meaning hidden or secret. This Awareness indicates that *It* does not see any hidden or secret principle behind these entities; *It* sees that they have worked hard and have acted relatively responsible in their music careers.

There have been some controversies, but these were not related to their music careers.

This Awareness indicates there is the rumor circulating that they are or have been associated with Satanic influences, and that certain pieces of their music played backwards yields messages that are Satanic in nature. This Awareness indicates that this is not seen as being accurate and that if you play any music backwards you can get strange sounds that appear to be words or tones that could be interpreted as words of an occult nature.

This is simply because when words are played backwards, they don't sound like any language you are familiar with, and when some sounds occur by coincidence, they may appear to create the sounds of a sentence, or sounds of some phrase. This Awareness does not see that this was intentional. This Awareness does not see any sinister trick or scheme or plan or device of an occult or demonic nature that has been of benefit in keeping their career going.

This Awareness indicates that there are many groups that could have remained together for such a long period of time, had they simply kept their relationships clear and kept their dedication to their art as strong and clear as have the Rolling Stones.

WHAT HAPPENED TO BRIAN JONES

QUESTION:

Another question from this entity. "What exactly did happen to Brian Jones, of the Rolling Stones on July 3rd, 1969? Recently, a Miss Laura Jackson wrote an expose on the matter from her book entitled *Golden Stone*, which implicated a disgruntled employee named Frank Thoroughgood as Brian's murderer. Is she correct in her accusation? And have any of the other Rolling Stones been aware of what really happened to Brian that night?"

COSMIC AWARENESS:

This Awareness, as you may well know, does not act as a judge or accuser or point fingers at entities, and therefore, this question is out of the scope of questions for this Awareness. This Awareness suggests that you have read the entity's book, and you may make up your mind from your own level of understanding, if it is essential for you to have this answer.

This Awareness is not going to name entities as murderers or as having committed a crime. This has been the policy of this Awareness since the beginning of these channelings. This Awareness has spoken of certain criminal activities that affect all of humanity, such as conspiracies in terms of political or economic conspiracies; conspiracies to enslave humanity, and on occasion, entities' names were mentioned, but these entities are of such high levels in power that it is the institution of the entities' power that this Awareness speaks of.

When *It* speaks of the Rockefellers or the Rothschilds or others being involved in activities that could be detrimental to humankind in general, this is not the same as pointing the finger of accusation toward an individual, for these entities are more or less institutions, and the accusations or information given by this Awareness does not really touch them. It simply informs the masses.

FOLLOW-UP QUESTION:

Let's put it this way. If I recall correctly, Brian Jones supposedly drowned. The question is: "Was there foul play involved in his death?"

COSMIC AWARENESS:

This Awareness indicates it appears that this is true. This Awareness does not wish to name entities who may have been involved in such foul play.

WHAT'S BEHIND THE GRATEFUL DEAD PHENOMENON?

QUESTION:

A question from Becky F., Oneida, N.Y. She writes: "Awareness, what is in the energy behind the Grateful Dead phenomenon of 26 years. It seems to be gaining momentum each year!"

COSMIC AWARENESS:

This Awareness indicates for one thing, wherever these entities play, wherever these entities have a performance, not only does the reputation of the entities precede the performance, but also, LSD follows their performance, and many entities go to these concerts knowing that they can find LSD and similar psychedelic drugs fairly easily.

This Awareness indicates that the Grateful Dead are not being accused of passing out or selling LSD at their concerts. This Awareness suggests that there are entities who follow the Grateful Dead and who use the crowds as a marketing place for their drugs. This Awareness indicates it is reminiscent of much that occurred in the Sixties.

These entities have a certain kind of mellowness in their music that is relaxing and enjoyable to some of the followers of the Grateful Dead, wherein many of the other more modern rock bands have a more frantic and more intense and brassy approach to music. This Awareness indicates that there are certain spiritual overtones in the feeling of the Grateful Dead's music that is not present in hard rock bands or some of the metallic groups, and the modern musical rock presentations.

This Awareness indicates also, being around as long as they have been gives them an aura of being something very special, and this helps to entice entities to come and see them. There are many entities who have never seen the Grateful Dead in the 27 years of their performing, but because they are still there, they see this as a kind of verification that they must be "all right" or they wouldn't have lasted so long.

This Awareness indicates with this kind of reputation, more and more people become willing to go to their concerts, whenever the opportunity comes up, so that it is not always the same crowds. There are usually new people attending who have never seen them before.

WAS KURT COBAIN'S DEATH REALLY SUICIDE?

QUESTION:

Last year, a Seattle rock star by the name of Kurt Cobain, according to the papers, committed suicide with a shotgun. Later, there were stories and rumors going around that it was not suicide. Can Awareness tell us whether there was foul play involved in the death of that entity?

COSMIC AWARENESS:

This Awareness indicates it does appear that there was foul play. It appears that there was some conflict between this entity and someone whom the entity angered. It appears it was related to both drugs on the part of the entity who perpetrated the murder, and also the belief by the perpetrator that this entity had in some way wronged him.

It appears there may have been some jealousy relating to a girl or girlfriend or wife the murderer felt was involved with this entity. It does not wish to imply that the one who murdered him was correct in his belief, but it does appear that there was some belief on the part of the one who murdered him, that this entity had seduced his girlfriend or wife, a mate whom he became jealous of which enraged him against Kurt Cobain.

WHY WOULD PEOPLE HATE YOU FOR NO GOOD REASON

QUESTION:

A rather odd question from R.S. of Vancouver, B.C. He writes: "Why do some people hate you for no good reason at all?"

COSMIC AWARENESS:

This Awareness indicates that this is a question that asks for an understanding of how people's minds work in a general sense, for some people have the ability to hate others for no reason at all, or for very little reason. They may hate others simply because they themselves feel hatred or feel hatred toward themselves, or feel that they are hated, and therefore, they hate others also.

This Awareness indicates that: "Why are some people hostile?", may be another way to raise the question. Some people are hostile simply because they are filled with hostility that may have been nurtured within themselves because of hostility directed toward

them in their past, or because they could not get what they wanted and therefore, they feel hostile.

If one happens to cross the path of a hostile entity, it is not surprising that the hostile entity might direct his or her hostility toward the one who crosses paths with them. This Awareness suggests you not worry too much about what causes them to be hostile toward you unless you wish to become their psychiatrist or close friend to help them get through their hostility, and this Awareness suggests unless you are well-trained in such matters it is best for you just to stay away from such hostile people and not to take it personally, not to think that their hostility toward you is of any great significance or is your fault.

It is not your responsibility to make everyone good people or to make them loving toward you. It is your responsibility to be a good person, to be fair in your dealings with others. If you are a decent person, polite and fair in your dealings with others, that is sufficient. To try to make others like you is not necessary. Just being good, being fair and being decent in your relationship with others is enough. Most people will like you.

There will always be someone who has problems of their own who will not like anyone, and if they see you as a good decent person, this may anger them; just being around someone who is better behaved than they are, and therefore, they may dislike you because you are such a good person. You cannot be responsible for their likes and dislikes. All you can be responsible for is your own behavior, and if you behave to your best in all your relationships with others, what more can you ask for from yourself?

You Cannot Make People Love You

This Awareness indicates likewise, you cannot make people love you. All you can do is be a loving person. Being a loving person yourself, most decent people will return love to you. But for you to set out to try to make someone love you is an action that is inappropriate. It is not reasonable as a pursuit.

It is reasonable for you to be a good, kind and loving person. Rewards will follow.

DID THE POPE PEDdle MUSTARD GAS TO ARMIES?

QUESTION

A question from D.C., Armstrong, B.C. She writes: "Could you ask Awareness if it is true that the pope, before he became the pope and when the war was on and Russia treated the Polish people mean, he was a salesman selling mustard gas to the army? Which army I don't rightly know. Is there any truth in that?", she asks.

COSMIC AWARENESS:

This Awareness does not see this as being true.

ARE YOU LOSING YOUR SHORT-TERM MEMORY LATELY?

QUESTION:

A question from Elaine S, in Leominster, MA. She writes: "I have been asking people that I have come

into contact with the same question, and I have been getting the same results. "Have you noticed the loss of your short-term memory?" For instance, you go into another room, or walk down a hall and when you get there you think "Now why am I here? What was I going to do?"

I find that I have to write notes to myself. The other people are doing the same, or we forget what we were going to do. I had to write a note to myself just to remember to write to you, as without the note I kept forgetting to do it." (She wrote the note to Vikki) "Someone told me, or you may have written in one of your newsletters, that there is an LVW, Low Vibration or Wave being generated by rods inserted into the ground all over the countryside.

"Please ask Awareness what is happening, or who is doing this, and how can we block the low in vibration waves from affecting our brains and our memories?"

COSMIC AWARENESS:

This Awareness indicates this appears to be a reference to the ELF or Extra Low Frequency wave bombardment that has been going on for the past decade or so. This Awareness indicates that these do have an *effect of tampering with the intellect, the brain functioning and memory*. This Awareness indicates that there are certain devices that have been made: these are likened unto pendants. There are also watches that have been made that are designed to counteract the ELF frequencies.

This Awareness indicates that some of these, particularly the watches, are quite expensive. Some of the pendants are less expensive. This Awareness indicates that the entity Gary Zuckett had these devices available at some time previously and may still have the devices available or know a source for such devices.

Hydergine for Enhancing Memory

This Awareness indicates that also, hydergine is seen as helpful in this regard in enhancing the memory. Hydergine is sold for helping entities in regard to their ability to urinate properly. It is generally sold through a doctor's prescription.

Phos Choline Also Good for Memory

This Awareness indicates that there is also a product called Phos. Choline [Phosphatidylcholine] that helps strengthen entities' memories. The Phos. Choline may also require a doctor's prescription. This Awareness indicates that homeopathic medicines can be helpful in strengthening the memory; that the books by Dr. Schuessler in relation to homeopathic cell salts can be helpful in finding just which of these homeopathic cell salts is best for your particular needs.

It describes the symptom and lists the proper cell salt for that particular symptom. This Awareness indicates that also, if you pay more attention to what you are doing at the time, you can help to keep your short-term memory functioning better. Often an entity will be working on something and realize that he or she *must go get a stamp, or go get a bottle of white-out or something from another room, and then entering that room they do not remember what they came there for.*

If you go back to where you were, you usually recall what you wanted or what you needed. This time you go,

you pay more attention to what you are after, and you enter the room and get the thing you came for: This Awareness indicates if you had paid more attention the first time instead of simply visualizing yourself going to that room; if you visualized yourself going into that room and getting that particular thing you need, you would have arrived in that room with a clear picture of what you were there for.

This Awareness indicates in this way, your short-term memory is preserved. In other words, it is not just memory. It is *clearly picturing* your purpose of going into the other room from start to finish, not just visualizing yourself going into the other room. Visualize yourself going into the other room and getting what you want.

This Awareness indicates this happens quite frequently with many entities particularly after they pass a certain age, and when their lives generally become cluttered with many things that need to be attended. *Entities often have very busy schedules and they have a certain limited amount of time, and thus they begin working on something while thinking about other things that need to be done, and because the mind is split, or focused on different things simultaneously, they don't do the complete job, or do not clearly see the job they are doing from start to finish.*

They get distracted mentally and while walking from one room to another, but thinking about something else that needs to be done, and when they get to the other room they forget what it was they came for. It is not so much a matter of poor memory. It is a matter of too many distractions going on at the same time.

Calcarea Phos Will Help you Focus

This Awareness indicates the homeopathic cell salts Calcarea Phos. helps entities to focus better and this could be beneficial in dealing with this problem.

GOTA COLA AS A MEMORY AID?

QUESTION:

Is there any truth to the story that the Gota Kola plant in Africa is the reason elephants have long memories and that if entities eat Gota Kola, they'll have better memories?

COSMIC AWARENESS:

This Awareness indicates that it appears that Gota Kola is beneficial in strengthening the brain. It also is a rejuvenator that helps entities to live longer. *The strengthening of the brain is beneficial to the memory.* This Awareness indicates that in itself Gota Kola is not so much a memory enhancer as a brain enhancer and the enhancement of the brain helps memory.

Blood Sugar Level Important

This Awareness indicates that another thing to consider in regard to memory is blood-sugar levels. If entities have low blood-sugar, their brains will not function as well. It is more difficult for them to focus, to think, and sometimes entities with low blood-sugar will find their school-work or mental work on their job becoming sloppy and poorly conducted. It is because the brain needs sugar to function well.

This Awareness indicates that the more slow-burning carbohydrates such as beans, rice and grains,

are the best form of carbohydrates to give steady blood-sugar for the brain. Candies create a quick picker-upper and a quick let-down. Sugar itself gives a quick boost, but it falls just as quickly. It is likened unto putting sheets of paper into the fireplace. It is better to have logs in the fireplace and the grains and beans and rice and nuts provide carbohydrates that burn more slowly, likened unto logs in a fireplace. They give a more steady release of blood sugar to the brain.

HUMAN PAPILLOMA VIRUS (HPV)

QUESTION:

A question from R.L. Paradise, California. She writes: "I came up with a question about the HPV, Human Papilloma Virus, that cause cancer of the cervix. I believe Awareness informed us that latex condoms could not protect against transmission of the AIDS virus because the *inherent holes in the condoms* are larger than the virus itself. Is this also true for the HPV? I have this, and was told by doctors that condoms prevent its transmission. I'd really like to know because I don't want to risk spreading it. Also, I previously wrote regarding any possible cure for this virus."

COSMIC AWARENESS:

This Awareness indicates that this appears to be a much larger virus than the HIV, and it does appear that the condoms would be helpful in screening this. This Awareness suggests that viruses, including cancer viruses, do not survive well when there is a high amount of oxygen in the system.

This Awareness suggests that they do not survive well when there are large amounts of antioxidants in the system. This Awareness suggests that the use of Pycnogenol in a larger than maintenance dose would be beneficial in this regard. This Awareness indicates for every twenty pounds of body weight, one capsule of Pycnogenol should be taken. Thus, the entity who weighs 120 pounds would need to take 6 Pycnogenol capsules daily, and this divided in morning and evening doses, so that three are taken in the morning and three in the evening.

It may be necessary to take a little more if your situation is serious, as it appears to be. This Awareness would suggest perhaps four in the morning and four in the evening for a 120 pound person, and this to continue indefinitely or until the problem has ceased to be. This Awareness indicates also, the use of other types of antioxidants, such as the use of Vitamin C in high doses, Vitamin E, and Beta Carotene and also the genetically-created wheatgrass, SOD, and catalyses would be of great benefit in strengthening the body, the immune system, and ridding it of free radicals. This can be beneficial in helping to ward off this problem.

This Awareness indicates that cartilage, particularly shark cartilage, is seen as extremely valuable in helping to rid the body of this problem. It is not always easy to get shark cartilage but it has been proven extremely beneficial in this kind of problem. This Awareness suggests that the Interpreter should be able to provide a lead which you can follow up on in order to find shark cartilage to purchase. This source is not from within the United States, but it is possible to get this from outside the country. This Awareness indicates there are some

entities who have also had benefits from bovine cartilage, but this Awareness suggests the shark cartilage is much more effective in this regard.*

This Awareness indicates there is a book by a doctor whose name appears to be Aguina. This may be spelled incorrectly. This entity has advertised on certain infomercials, advertising on television regarding his alternative medical sources and this entity provides information on how to locate certain off-shore medicines or medicines from other countries, how to purchase and how to legally bring these into the United States

There is a certain law that allows entities to order from outside the country for personal use, not to resell, but to use for themselves, for their own medical treatment, and this entity provides information on how to purchase shark cartilage from these outside sources for your own personal use.

This Awareness indicates that this book is extremely expensive. It is filled with information on all kinds of health products and the treatment of many different types of diseases, everything from cancer to AIDS and other things. It is provided by an organization that is called Megasystem and the Interpreter can get you the phone number if you wish to purchase the material that this doctor has available, or the Interpreter can find information and send you the phone number of address without purchasing the doctor's material.

This Awareness suggests that it would be better to have the doctor's material if you can afford the price of the book and tapes which range between \$150.00 and \$200.00. This Awareness suggests you may contact the Interpreter or the editor may arrange with the Interpreter to get the information to him and he can forward it to you.

*SHARK CARTILAGE SOURCE: SWANSON--BEST BRAND "SHARK TECH".PHONE:1-800-437-4148

WHEN ABORTION MAY NOT BE A VIOLATION

QUESTION:

A question from JD in New York. "Cosmic Awareness has indicated the need of some souls to incarnate for as brief a period as a few weeks or months in the womb, suggesting that in such cases, abortion may not be a violation. Please discuss this."

COSMIC AWARENESS:

This Awareness indicates there are some entities who have a certain amount of karma that requires reincarnation into a physical body, but the karma has been modified greatly by certain other actions the entities have done in a positive sense, and therefore, wherein they may face a karmic punitive need to reincarnate and suffer for having violated someone in the past; for example, perhaps they have killed someone and their karma is to be killed in their next life as a result of having killed someone in the previous life; such entities may choose to reincarnate into a body that they know intuitively will lead to their being aborted.

This more or less takes the karmic debt and neutralizes it. This Awareness indicates in other words, they do not go through the full process of being born and then being killed for their karmic punishment from

another lifetime experience. Rather, they enter into the womb and are killed prior to birth and thus, by their own agreement they are aborted.

This Awareness indicates it is an action that occurs for some entities as a kind of compromise because much of their previous lifetime carried some grace and good karma with it, so that they did not have to suffer the full punishment of being born and making attachments and then experiencing the death from their karmic debt in the same way that perhaps they had caused another to suffer.

This Awareness indicates in other words, if, in a previous lifetime, they caused another to die, to suffer and to be cut short in that others' life, the karmic debt for such an invasion into the life of another would be much more serious than the karmic debt of creating an abortion, the death of a person before being born, but, they are more or less let off the hook of the full payment because they also, in that previous lifetime, racked up some good karma.

This Awareness indicates that this is an example of why some entities experience abortion without it becoming a great karmic problem for the mother who has the abortion. This Awareness indicates in some cases, the abortion does carry karma for the mother, but in many of the recent abortions, there is not a great amount of karma for the mother, because of the principle involved as just described.

WHAT IS THE KARMA OF SOLDIERS WHO KILL MANY IN WAR?

QUESTION:

Another question from JD. "What is the karma of all of the good decent people who, through ignorance, innocence, cowardice, blind patriotism, propaganda, mass-hysteria, et cetera, got swept up into wars as soldiers and killed and injured many, often unaware of the result? Surely, they are not as culpable as the deliberately cruel premeditated murderer!"

COSMIC AWARENESS:

This is in the affirmative. This Awareness indicates there are always mitigating circumstances to any act. Karma essentially is cause and effect. If an entity causes another's death by negligence or by accident, it is different from the entity who plans the other's death and methodically works to carry out the plan.

This Awareness indicates that karma is essentially cause and effect and it relates very closely to intent, and to the motive, if there is a motive. This Awareness indicates when an entity has been taken naively from his or her peaceful home-life and made to believe that they must go and defend their country, defend their family, defend their religion and their way of life, such entities are often made to believe it is their "sacred duty" to fight for their country, to fight for God, to fight for their family, and thus they go into the war and kill their enemies.

They may not have been told that this war is for economic purposes to help the wealthy investors who have oil interests in that country or who have opium interest in that country. They may not know this. They may simply think they are fighting a religious war for God, or for family or for nation, to protect their loved

one from people who would, if possible, destroy everything that is decent.

Or, they may be taught that they are fighting for the people of their country against oppressors who are in control of the people, and they see this as a kind of holy war, in which they are the rescuers of the little people of that land. This Awareness indicates that thus, they find themselves killing, but their motive for killing is different from that of the murderer, is different from that of the thief, and therefore, the karma is less to bear.

THE COLLECTIVE KARMA OF MALDEK

QUESTION:

A question from Betty L., Bryan, Ohio. She writes: "Awareness has spoken of the destruction of Maldek. Such devastation would certainly involve both personal and collective trauma, yet the masses reject or appear to reject any subject outside their programmed reality, which is largely set up by the shadow government. What cycles might we, as a species be forced to replay as a result of this collective blockage?"

COSMIC AWARENESS:

This Awareness indicates that there is not a majority of earthlings who were involved on Maldek. This Awareness indicates that Maldek essentially was inhabited by those who were called the Dinoids, or the dinosaur or serpent, snake-like people. There are not too many humans who are reincarnated souls from this group. There are a few, and these entities may carry some karma or collective knowledge of the memory of Maldek and what occurred when they became an imbalanced planet, concerning themselves more with war and territorial claims than relationships and interspecies dialogue or communications.

The Maldekians were more into conquering and did not fully understand or realize the value of trade and relationships with other species. This Awareness indicates that It does not see a great karmic problem for humans stemming from what happened on Maldek. The problem is with certain individuals who have been on Maldek who are pursuing similar paths, but this Awareness does not see that these entities will ever succeed in destroying this planet in the way that Maldek was destroyed.

These entities will be stopped. Earth is actually on the threshold of becoming a great new and special showplace for the rest of the galaxy. Earth had its own special history and rates a special respect from many in the galaxy and it is approaching a time in which that respect will be forthcoming.

WHAT'S THE BEST WAY TO DIE?

QUESTION:

A question from M.V., Rockport, New York. Awareness may have given this information. I'll ask it anyway. Essentially he's asking the best way an entity should make the transition known as death. He says: "The Sufis say it's best to die on an out-breath." And he asks: "Would Awareness like give a step by step procedure on the best way to make the transition?"

EXECUTIVE ORDER 11002-Empowers the Post Office General to register all citizens nationwide.

COSMIC AWARENESS:

This Awareness indicates that it is not as though you have that much control over breathing at the time of death. It is of course that when you die, you lose the breath you have taken in and will breathe out. When you no longer can take a breath in, having died, you will be considered as dead. Therefore, it is not seen as a reasonable concern to worry about whether you should die while taking a breath in, or whether you should die while letting the breath out. This Awareness indicates that this is relatively meaningless.

This Awareness suggests that of the hundreds of thousands, the millions of breaths taken in a lifetime, what does it matter whether one more breath is experienced when you die as an outgoing breath or an incoming breath. You will die when you die. The breath coming in would be interrupted by death, as you would then breathe out, or the breath going out would be experienced as a letting go. Most entities do not die when experiencing an incoming breath unless they are being suffocated and cannot get the breath to come in, and die while trying to breathe in.

This Awareness indicates these are not seen as being of any great importance in the process of dying. If you can't get a breath in, you are going to die. If the breath goes out, while you die, then of course you could experience a letting go, a relaxing of energies. This Awareness indicates there is no recipe or formula or step by step program for how to die that this Awareness could give you that would be of any value.

To Avoid Future Lifetimes: Go For That Light

This Awareness indicates that *It* does wish to say that when you *do* pass over, and when you see a light, that you make sure that you do everything in your power to get to that light. If you have to claw, scratch and dig in your feet and crawl toward that light, then do so, because you can bypass many future lifetimes if you reach that light, and if you do not make it to that light, it can mean many continued lifetimes before you evolve to the same place spiritually that you would have experienced had you reached the light.

This Awareness indicates there will be that which has been termed "lesser lights." These are likened unto lights of various colors. *Do not* seek those lesser lights of the various colors, but seek the pure White Light, the Clear Light of the Divine, and move to that with every bit of strength you have and stay in that light as long as is possible.

In the Light You Stand Spiritually Naked

This Awareness indicates when you enter that Light, you will expose yourself. You will stand stripped of any element that can hide you. You will be spiritually naked. Everything about you will be seen and witnessed in that Light. It is likened unto standing before God with nothing hidden, but it will be an experience that will move you into the highest spiritual development possible and the longer you can stay there, the more fully you will evolve in a spiritual sense.

This Awareness indicates there may be part of you that wants to run and hide from the light. There may be part of you that feels guilty. You may want to cover yourself, to hide parts of yourself. You may have certain memories of guilt, memories that you are ashamed of, but this Awareness suggests you ignore all this and put

yourself right in the middle of the Clear Light. Expose yourself totally, bathe in the Clear Light as long as is possible, letting all of these shames and guilts and negativities wash from you, by bathing in the Light.

THE HANNA KROEGER HERBAL CHELATION WITH ALOE VERA**QUESTION:**

Max added in his note, to Vikki: "I'm doing the Hanna Kroeger herbal chelation with aloe vera gel. I don't know what it's doing for my heart, arteries, et cetera, but the aloe gel is really making a change in my skin." I'm not sure if that's a question, but I'd like to ask Awareness if *It* sees this Hanna Kroeger herbal chelation with aloe vera gel as being any good, compared with the other chelation methods?

COSMIC AWARENESS:

This Awareness indicates that this is not precisely what one would term a "chelation." It is the use of aloe vera and this can be beneficial. It can, over a period of time, help to cleanse the arteries, help to improve circulation. It can, over a period of time, benefit the body in balancing and improving blood-sugar levels, and cleansing the body.

It is much the same as ingesting aloe vera juice over a long period of time. This Awareness indicates to call it "Chelation" is not quite accurate. Chelation means "bonding." The aloe vera does not necessarily bond to particles in the veins. It does appear to purify the blood and help to improve the circulation through such purification, and it carries certain nutrient into the blood and body.

This Awareness indicates that to some extent it helps to clean the bloodstream and in this regard it could be loosely termed "chelation" for it *does* help to take out some of the plaque from the bloodstream, but it is not the same as chelation as normally used. This Awareness indicates it is a good health habit to ingest aloe vera juice for cleansing purposes and to help improve circulation and balance blood-sugar levels. Aloe vera is a very healing substance.

WHY DON'T ATOMS AND MOLECULES EVENTUALLY DECOMPOSE?**(More on Chondriana)****QUESTION:**

A question from Larry K. in Indiana. He writes: "Here is a question for the Awareness. How did the energy that keeps electrons orbiting and atoms begin? And what sustains it? All forces human produce eventually slow down and are converted to another form, due to resistance from friction, gravity, or being absorbed by contact with denser material or interference from stronger forces.

"Why haven't all the atoms and molecules lost their energy and electrical charges and decompose into subatomic particles after billions of years?"

COSMIC AWARENESS:

This Awareness indicates that the atoms and electrons that are in humans tend to slow mostly because of pollutants that enter the body and fill up the

spaces, so that the particles cannot move freely. This Awareness indicates that the particles in space, the particles in the universe have less resistance and have a way of purifying themselves and therefore, keeping the movement alive.

This Awareness indicates there is that which has been called the Chondriana. It appears as a kind of substance that is very much alive and which rids the atoms of resisting pollutants. It devours or destroys these resistant pollutants, cleaning the atoms so that spirit has more ability to vibrate, to move in greater freedom.

This Awareness indicates that there are places in space, in nature, where there is some shortage of Chondriana, and these become very negative places and resistance is heavy and death seeps into these areas, creating a negative force field. This Awareness indicates that there are also other areas wherein it is just the opposite and there is a positive energy or life force that becomes stronger in that particular area.

This Awareness indicates that Chondriana is a life force that helps to purify whatever it comes in contact with, and there are toxins or poisons or dark energies that help to cause whatever they come in contact with to move toward death.

This Awareness indicates that some things breed disease and death. Other things enhance life and vitality.

HOW TO PROTECT SELF FROM SUN RAYS

(The Color of Your Clothes VS Your Sun Sign)

A question from M.P. who lives in Tucson, Arizona. She writes: "Regarding the rays from the sun. It says that dark clothes absorb certain rays and white clothes reflect them, maybe reflecting them back into the face. Which colors are best for protection from sun rays?"

COSMIC AWARENESS:

This Awareness indicates that the wearing of clothing is not so much a problem of protecting against sun rays; it is the exposed skin that needs to be protected from sun rays.

This Awareness indicates if you wear dark clothing, the heat waves get through and warm up the body more than if you wear light clothing. Light colored clothing repels heat waves. This Awareness indicates that light-colored clothing in fact repels most of the rays of the sun.

This Awareness suggests that the area that is dangerous for entities is the area that is exposed to the sun's rays, particularly if the skin is sensitive. If the skin is protected naturally, or if it is protected by certain sun-screen applications, then the skin is relatively safe from any hazards of the sun. The sun's rays radiate and tend to cause the skin to age quickly, if entities receive too much of the sun's rays.

In Atlantis One Changed Clothes Every 2 Hours

This Awareness indicates as far as colored clothing is concerned, this is of little significance. There was a time in ancient Atlantis wherein entities changed clothing colors every two hours. This was a belief that the Tatvic tides somehow affected entities to such a degree that the need for changing colors would cause them to have luckier or more fortunate experiences if

they wore the proper colors for that particular Tatvic tide.

Matching Clothes Colors With Your Sun Sign

This Awareness indicates if you understand astrology you know that every two hours, more or less, during a day, a different sign rises on the horizon or overhead, and these different signs have different astrological influences, and entities wanting to be peculiar or astrological fanatics, could conceivably select certain clothing colors to match the sign that is chosen for that particular two-hour period.

This Awareness indicates that if you must have colors to match your astrological sign in a two-hour period, this Awareness suggests that red be equated to Aries, orange to Taurus, yellow to Gemini, lemon to Cancer, green to Leo, turquoise to Virgo, blue to Libra, indigo to Scorpio, violet to Sagittarius, purple to Capricorn, magenta to Aquarius, fuchsia to Pisces.

The question now is when do you wear these colors for the different two-hour periods? This Awareness indicates it depends on what time the sun rises and in what sign it rises in. If it rises in the sign of Aries, such as may happen at the Spring solstice, then for that two-hour period you would wear red. Two hours later you would wear orange, et cetera, for the next so many hours until sunset, or until darkness. You do not have any reason to keep changing clothes into the night.

This Awareness indicates that this practice, fortunately, is no longer part of the culture and customs of modern society and there is no real evidence that it did anything of value for the Atlanteans who practiced this pattern of changing clothes every two hours to fit the Tatvic tide pattern or the astrological patterns of the day. This Awareness indicates there is also the question: What is the importance of wearing clothes colors that match the sign on the horizon, particularly when the sun is moving overhead? Does it matter whether you follow the signs on the horizon, changing your clothes every two hours to match the sign on the horizon, or should you change your clothes to follow the sun in its movement across the sky? This Awareness indicates it is more superstitious and meaningless and tedious than it is worth.

CLOSING MESSAGE:

This Awareness indicates that the entity Mary Sheldon as one who has for many years sought more information on the Tatvic tides. This Awareness suggests that this information be sent to her. It is of little value to anyone, but entities often become fixated and curious about certain things. This Awareness indicates that there may be some interest in Tatvic tides by various people, and this information may help to put the matter to rest and let entities decide whether it is really of any importance.

This Awareness indicates as far as *It* is concerned, the changing of clothes to match the rising sign or to match the overhead placement at any given time is a waste of energy and concern. There are so many other things that entities could focus on that are of much more importance.

(THE LAW OF GRATITUDE IS GIVEN)

(CAC general Reading 12-13-95)

The Importance of the Adrenaline Gland

(More on slowing down the aging process)

OPENING MESSAGE:

This Awareness wishes to comment on the importance of the adrenaline gland. This Awareness indicates that throughout the youth of most people, the adrenaline glands are strong and are often used to gain control over situations that appear to be threatening to an individual. This Awareness indicates that they are particularly noted in the fight or flight syndrome, where the individual needs to escape or challenge an attacker.

It is not necessarily oriented only to physical attacks, but emotional attacks or intellectual attacks can also trigger the adrenaline glands to respond. This Awareness indicates that as long as one's adrenaline glands are strong and healthy, the individual feels he or she is capable of handling most chaotic situations.

This Awareness indicates that as an entity ages, the adrenals often tend to weaken, and as an entity undergoes extreme stress, or prolonged stress, the adrenals will also weaken to the point of depletion, and when the adrenals become depleted, the entity may find himself or herself unable to get very worked up about a challenge, an attack or chaotic or threatening situation.

Problems When the Adrenals Become Weakened

This Awareness indicates it is at this stage that things can become dangerous to the individual in a different way. When the adrenals are strong, the entity may be endangered by their own misuse of energies, but when the adrenals become weakened, they may become endangered by their lack of ability to respond to a threatening or sudden situation.

For example, if an entity is driving and there is a sudden activity on the highway in which quick response is needed, the entity may not be able to respond because the adrenals have been depleted and do not kick in at a critical time. Thus, the entity may be in a near collision and feel totally calm about the situation after it has resolved itself favorably, but the entity also intellectually knows that he or she could have easily been injured or killed in the situation had someone else not been very quick in his or her maneuvering.

This Awareness indicates that these are examples of the type of crisis that one needs a healthy adrenaline to call upon during a time of chaos. This Awareness indicates that there are certain important things entities need to understand about the adrenaline. You cannot continue to have adrenaline crises day in and day out over every little incident, even though many entities get energy from the use of adrenaline and will get off on any opportunity to find argument or conflict.

Some people simply thrive on the energy they get from a conflict and will make arguments or adrenaline conflicts out of any possible hint of dispute. This Awareness indicates that this is a way of getting momentary energy for one's life of vitality for a moment or so, but it tends to deplete the adrenaline if used too often.

This Awareness indicates there are entities who rely too much on the adrenaline rather than normal energy and vitality that should come from good nutrition and

proper exercise and good health patterns or habits. This Awareness indicates that you will notice that often younger people will attend events or movies or activities where the adrenaline is in a constant state of racing or emitting adrenaline into the body because they feel so energized after the event. It is this reason that causes many entities to seek out the horror shows or those violent scenes or activities that cause them to get worked up so that they get the adrenaline rush.

The Adrenaline Rush Another Form of Drug Addiction

The adrenaline rush is just another form of drug addiction, but of course it is a natural drug that is emitted from the body itself, and there is no way for society to regulate it. Therefore, entities who begin to rely on the adrenaline for the highs and excitement levels may find themselves depleting their adrenaline over a period of time so that they age much quicker than they would otherwise with a more calm lifestyle and a more steady way of gaining their energy through good vitality.

This Awareness suggests therefore, that entities become more aware of the role of the adrenaline glands in their lives and how this can be of importance in prolonging or using up their life vitality when the adrenaline is over-used. If you find yourself relying more and more on the adrenaline through the use of certain drugs that call on the adrenaline, such as caffeine or other stimulants, then you may also need to consider whether or not this is beginning to deplete your adrenaline.

This Awareness indicates at some stage, when you find your adrenaline is not reacting to critical situations, you will realize the importance of keeping the adrenaline reserves and not simply getting all excited and worked up over little things just for the high you get from the excitement itself.

Less Excitement in a Home Is Beneficial

This Awareness indicates also that it is important to realize that the best home for entities is the home with less excitement. Many entities would call that boring, but a boring home allows for entities to be more creative, more mental and more thoughtful so that they can study and develop talents and skills and develop their thinking processes without too many disturbances. A home that is always excited about something does not allow for a calm learning or calm behavior in which entities can develop the more important qualities of human skills and development.

Foods that Strengthen the Adrenaline Gland

This Awareness indicates that there are some substances that can be helpful in the diet to strengthen the adrenaline. This Awareness indicates that the use of vegetables is beneficial in this regard, particularly the leafy vegetable and the cabbage family vegetables, and also the fruits can be helpful in strengthening the adrenaline.

This Awareness indicates that there is a product: Adrenal-Recharge, carried by the Goodship*, that has some benefits in this manner. This Awareness indicates that the phytochemicals that are often carried by health food stores can be beneficial, but these are essentially extracts from certain vegetables as mentioned in the previous paragraph.

This Awareness indicates that the phytochemicals are very condensed and powerful in the capsule or pill form, moreso than in the fresh green vegetables. This Awareness indicates that this is something that many entities do not often think about. They simply take their adrenaline for granted and assume that the adrenalines will do their job and there is nothing they can do to help or hinder the efforts of the adrenaline glands.

In fact, some entities might even wish they didn't have so much adrenaline. This Awareness indicates that it is important for entities to have a certain amount of adrenaline. The adrenaline depletion tends to hinder one's initiative, tends to hinder one's ability to react to urgencies and critical situations.

This Awareness suggests the questions for this reading may begin now.

*The Goodship, PO Box 1116, McMinnville, OR 97128

Why Are So Many Politicians Leaving Office?

QUESTION:

A question from Wane H., in Texas. He asks: "Why are so many politicians now leaving office? Is there a political purge taking place in Washington? Are certain politicians being asked to leave, or face criminal charges?"

COSMIC AWARENESS:

This Awareness indicates there is the petition relating to the Grievances on the part of certain Patriots in regard to the Federal Reserve Bank and how the government has allowed foreign people to take control of the nation's economy in a manner that is opposed to the laws of the land as dictated by the U.S Constitution, and in that Petition of Grievances, entities in Congress and in government have been warned that failure to act to bring back the Constitutional laws governing the minting and coining and control of money can implicate the senators and the government officials in a conspiracy of high treason.

There are a few of these entities who recognize the validity of this Petition of Grievances, and who see that indeed they do need to do something or face the possibility of being charged with high treason for working with this Federal Reserve Bank and those who are behind the actions, for this is the cause of the National Debt and some of the entities in Congress and in the Senate simply ignore the Petition of Grievances, but others have examined it carefully and realize they do have a valid claim against the senators and the Congress-people and if the Senate and Congress-persons fail to act in behalf of the American People, indeed they could be charged with treason.

Many think this is just a joke, but others realize the seriousness of it. Some of the older senators especially, who have been around for many years, understand that much of the lobbying has been successful only because of their own complicity and serving of the foreign masters of this country and that they indeed could themselves be seen as treasonous in their activities and feel that they have already served a long, healthy political life full of benefits and that they can get out of the way of anything that might be coming down the track, and that they should now get off the train.

"The high office of the President has been used to foment a plot to destroy America's freedom and before I leave this office, I must inform the citizens of their plight."--John F. Kennedy, at Columbia University in 1963, ten days before he was eliminated.

This Awareness indicates that others may have different reasons for retiring. They might simply see that it is not getting any better with the economic problems that are facing this country and they also recognize that they have made the best of their life and earned sufficient amounts where they can now go in a different direction with less consequence, or they may simply feel that they are tired of the responsibility associated with government.

This Awareness indicates that of course each senator or Congress-person may have a totally different reason for abandoning public service. Perhaps they have something better, or feel they can get something more beneficial with less stress and therefore they are choosing a different path. Perhaps they simply want to be closer to their friends and families and get away from the madness of Washington.

Therefore, it is not likely that there is a single reason for entities to be abandoning their jobs in Washington, and it is more likely that there are several various reasons why an entity will choose to give up his or her position in Washington for a different kind of life.

NEW POSTAL RULES FORBID MAILING OF CERTAIN CONTROVERSIAL INFORMATION

QUESTION:

Jean K., of Rapid City, South Dakota, writes: "I m enclosing an article for you to read and ask Awareness if this is valid, and not if, but *when* other postal rates for controversial matter." She sent in what looks like part of a news letter from the Cultivate Ministries out of Colorado Springs, and the part she outlined here is: "As of October 1st, the U.S Postal Service can refuse to mail, or charge double for any mail that advertises books or videos about the New World Order, NAFTA, GATT, or speaks out on abortion, homosexuality, pending legislation, politics or civil rights.

"These materials are considered divisive and controversial." The letter writer, the editor wrote: "I first learned of this from my friend, who does most of the prophecy research here, and I decided to verify this for myself. It took a few phone calls to get up the ladder to the postal service, but eventually I did speak to an official who did indeed verify this information to be true. He told me that anyone who has a non-profit status and is using the advantage of the third-class mail rates are "subject to inspection."

Now we know CAC is subject to inspection, but we had not been told that they could *refuse* to mail our newsletters if it carried any of the information like I read here: NAFTA, New World Order, and so forth. We certainly have broken that rule in the past. Does Awareness see this as valid?

COSMIC AWARENESS:

This Awareness indicates that it appears that this has become an issue and has become a means by which to curtail non-profit status somewhat. This Awareness indicates it does not necessarily cancel a non-profit status but can result in higher postal rates. It is the attitude of the entities that this kind of controversial information has little or nothing to do with non-profit purposes and is more political in nature, and that the non-profit status should not benefit political agendas.

This Awareness indicates it is much like preventing non-profit organizations from lobbying, and the use of the mails under non-profit status would be violated if used for political type lobbying activities. This Awareness indicates this is not well-known as of the present time, but can be used at any time against any non-profit organization. Much of the material that has been released through organizations in their newsletters relating to the New World Order or to other topics as mentioned could easily be used against them to stop them from further mailings of a non-profit nature, if the organizations were to continue.

This Awareness indicates that it does not appear that the law would operate from a retroactive state, but it does appear that it is designed to hinder future expression of non-profit organizations. This Awareness indicates this could be challenged on the grounds of Free Speech, but as yet has not been so challenged, and the argument would be a question of whether Free Speech applies to non-profit benefits, for the question is whether a non-profit organization has Freedom of Speech in the same manner as an individual, or if non-profit status is a privilege, and this of course would go back to questions of whether the non-profit status is given by the government or is simply recognized as non-profit status by the government.

Organizations can Proclaim Sovereignty

It is one thing to recognize that something is non-profit; it is something different to have the government give a non-profit status, and when an organization is incorporated, that organization becomes subject to the state that incorporates the organization. The organization that declares sovereignty as a... This Awareness indicates there is an action in common law wherein an organization declares itself sovereign and religious, and registers not with the state as a corporation, but registers with a county in the county's books which allows the organization to proclaim itself non-profit, and that kind of proclamation does not depend upon the state recognition for its existence.

The Christian Science organization was formed in such a manner and it is possible for this kind of organization to have its sovereignty whereby the nation never gave it non-profit status, but has to recognize it as a sovereign entity because of its own proclamation as a non-profit organization. This Awareness indicates that this would allow the organization to continue to function; however, even there, it may be that the government or postal law might be written in such a way that a self-proclaimed non-profit organization could be denied recognition and certain Federal benefits denied or certain benefits from the post office could be denied.

The non-profit status might be denied by the post office in its ruling and policies, which of course could be challenged also, but this legal maneuvering is often much more expensive than profitable. This Awareness remind you also that the post office is no longer a part of the government and is privately owned. Therefore, just as UPS or Federal Express, it can make its own rules. However it does generally follow the guidance of government pressure or policies.

Technically, it is private, but practically, it is still governed by governmental policy and procedures.

FOLLOW-UP STATEMENT:

I thought it was strange that the postal service, 6 months ago was whining that it was losing millions and millions of dollars, and that was the reason they were going to raise the First Class rate, and the other day they announced that last year they made some 60 million dollars in profit. I think that's rather strange.

COSMIC AWARENESS:

This is in the affirmative. This Awareness indicates that often, large organizations claim to be losing large amounts of money, when in fact, they are simply losing a large amount of anticipated profits. They can set an anticipated amount of earnings for a future year and aim at that anticipated amount, and then, if they fall short, claim that they have lost money for the year.

Most businesses of this nature, most large businesses do not like to announce monetary losses, because it hurts their stock, but in the case of an organization such as the post office, which has the constant desire to raise the price of its services, the announcement of a loss would be to its advantage. This Awareness indicates of course, the postal services are still regulated in terms of prices, by government officials to some degree.



--HOW TO GET THIS NEWSLETTER BY MAIL-- EVERY 3 WEEKS ! (More or Less)

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