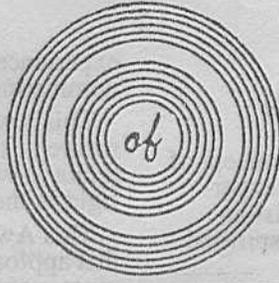


Revelations

THE COSMIC NEWSLETTER
(Uncovering the Mask of Illusion)



Awareness

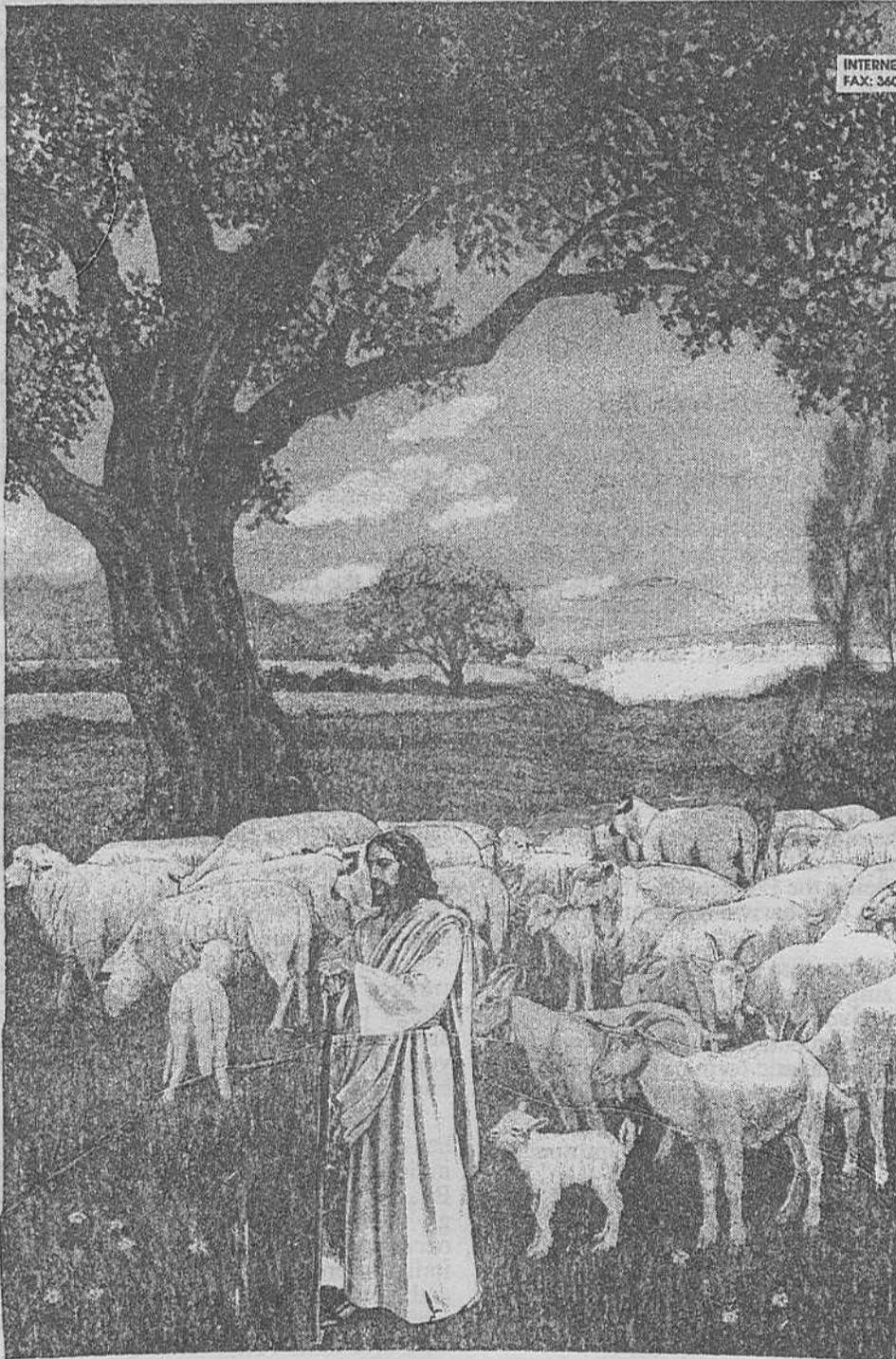
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Understanding the Concept of Christian SALVATION (The "Born Again" Experience)

(CAC General Reading, November 15, 1989)

THE CONCEPT OF SALVATION

OPENING MESSAGE:

This Awareness wishes to comment on the concept of salvation and its meaning and the nature of the experience, as interpreted by the fundamentalist Christian perception and its relationship to the universal spiritual energies.

The First Protestant Schism From the Catholic Church

This Awareness indicates that there have been in the breaking off of the Christian Protestant groups from the Catholic movement that which developed wherein rather than having a priest officially serve as a mediator between the Christ, between the individual and the Christ, or the divine being of God, wherein the Protestant movement broke off, allowing entities to have direct communion through prayer with the Divine Being, the Christ, as perceived by these Christian organizations: this created the first schism or major change in the western or Roman Catholic church.

This Awareness indicates of course there was the earlier schism of the eastern Catholic Church, the Greek Orthodox Church.

This Awareness indicates that from this first Protestant schism, more schisms occurred, creating a multitude of Protestant churches, some developing and forming with the concept that prosperity was an indicator of one's closeness to God, of one's divinity, which encouraged these entities to base their judgment of each other's spirituality on each other's wealth, and temporal accomplishments. Others focused on the good works; other focused on the sacrifices that entities made in helping each other, working for one another, to improve each other's living conditions, and discouraged the accumulation of great wealth.

The Recent Fundamentalists Influence Over the Masses

This Awareness indicates that some of these, in fact, discouraged movement toward modernization. This Awareness indicates that during this last decade of the 1980's, actually beginning in the mid 70's, the grouping that caught most of the attention of the masses in the United States especially, was that known as the fundamentalists, this being the Protestants which were involved more or less in the charismatic or emotional aspects of religion.

This Awareness indicates that this as that which has held a great mesmerizing influence over the masses, and which has changed the lives of many entities. It is also that which is the most judgmental of the lives of others, and which reflects a more fanatic form of Christianity.

This Awareness indicates that in many respects, it has altered the lives of entities from a life of degradation and downward movement to an uplifting and spiritual focus.

This Awareness indicates the general effect of these experiences as that which has created much of the excitement, enthusiasm and fanaticism associated with the fundamentalist movement, which in some respects leads these entities to appear or to seem to be narrow-minded in regard to the opinions of others who are not in full agreement with them.

The Salvation Experience Helps Create Fanaticism

Those who have not fully experienced the nature of that which is called the salvation experience, have some difficulty in understanding why these entities become so imbued with the spirit or fired up with enthusiasm and fanaticism in their religious outlook, and see them as being odd or strange, yet these entities couldn't care less what others think, because they know what they

experienced, and it is that experience which is the most dominating force in their lives.

This Awareness wishes to discuss to some degree the nature of that experience, so that entities can better relate to what these entities feel and why they are so rigid in their perceptions.

This Awareness indicates that this is not to endorse this approach as being the only way to spiritual upliftment, nor to indicate it as being a fallacious approach, for indeed it does have its certain value, and for some entities it is the most dramatic of all approaches.

This Awareness indicates that for some entities, it takes such an extreme and dramatic experience to turn around the lives of the entities.

The Principles Involved In Obtaining Salvation

This Awareness indicates that there are, however, certain principles involved that can clarify much of the mystery of the salvation experience, so that others can also understand and relate to these entities with a new understanding that is not based solely on the irrational and confusing information that often accompanies the explanation of such experiences.

This Awareness indicates that in the fundamental Christian approach, entities are repeatedly informed that they are essentially sinners, born in sin, have no means whatsoever of escaping from the sins with which they have been born, except through the salvation and grace of the entity known as Jesus.

This Awareness indicates that karma, as such, the Law of Cause and Effect, are not considered in any way as valid in the fundamentalist Christian doctrine; that salvation through the grace of Jesus is the approach; that to obtain the grace from the entity known as Jesus, one must surrender totally to this entity, turning one's life over to the divine presence of Jesus.

Christian Philosophy is Based on Bhakti Yoga

This Awareness indicates that, looking at this in perspective, the concept of karma, cause and effect, repayment of debts and reaping rewards for good deeds, which is prevalent in the teachings prior to the Christian interpretation, as that which essentially is a Hindu concept, and is prevalent in the Orient. Basically, it comes from Gnana Yoga, or the Yoga of knowledge. Christian philosophy, the worship of a deity representative of the Divine, which also occurs in India, as that which is called Bhakti yoga. There are various yogas, or ways of joining: the way of Yoga, as a yoke, joins two things together into one. The joining of an entity into and with the Divine is an action known as; yoking, or yoga. Thus Jesus spoke of the yoke, or carrying the burden.

This Awareness indicates the statement: "My yoke is heavy, but the burden is light." This Awareness indicates that the statement referring to the yoga of Bhakti, Bhakti yoga as following a divine messenger, giving oneself over to the divine teacher. Much of this occurs even today with many of the leaders or gurus in India, wherein the followers are encouraged to follow and worship their guru; this, as a way of turning over their lives, their burdens, to the guru, the master, who then in turn leads them to salvation.

This Awareness indicates that it is for those who are influenced by heart or emotions more than by thought, knowledge, and the mind.

This Awareness indicates those entities known as the Gnostics, would be more inclined toward the yoga of knowledge, that which is known as Gnana yoga. This Awareness indicates that those who are led by the heart, by loving the master, are those followers of the

path known as Bhakti yoga.

Followers of the Master Follow Without Question

This Awareness indicates that essentially, the Christian religion is a Bhakti yoga religion, in which a master teacher asks for devotion, and the followers are asked to follow without question, to surrender to this master. In so doing, they give up themselves, they give up their personal will, to that which is represented by the image and all that is known and described as the perfect being of Christ. By surrendering to that image, surrendering their own self and their own will totally, they give up all of their more negative aspects, surrendering these and embracing those higher qualities known as the Christ qualities. Thus, they merge with the example that has been presented to them as being the world's perfect deity. They are informed that in so doing, all of their errors are forgiven, thus any guilt they have held in regard to mistakes of the past, is cleansed or thrown aside. They are clean, they are fresh, they may start anew. They are essentially born again, reborn in the spirit of the Christ light.

Yet, Bhakti yoga adherents are often without understanding; they simply have the faith, and any understanding they have is based on their experience and on their faith, and they can only relate in terms of that experience and their beliefs in their master.

This Awareness indicates that for some entities, this is the most satisfying and completely fulfilling approach, for they do not have the curiosity or the need for anything more, and they feel that they have their master, and if they need anything, they simply ask their master for fulfillment of their needs, if such is appropriate, and if it is the will of the master. If it does not come about, they are satisfied that it was not the will of the master for them to have their prayer answered. And thus they live their lives contentedly, as long as they stay within the confines of the parameters of their belief structure, and the definitions given to their belief, and of their master's teachings.

So it is also with Christianity, as well as any of the other Bhakti yoga leaders.

This Awareness indicates the Gnana yoga types, those who follow and seek to discover the right path to knowledge: this type will seek to understand on a more rational foundations how things work, why things are such, and which way they should go in accordance to the discoveries of the knowledge that is acquired. Thus, that which you call science, is that which follows the path of Gnana yoga, and all of the gathering of facts and data, and information by science, attempts to put together theories and concepts that explain realities, so that entities can approach these patterns or models of reality in such a way as to make sense, logical sense, and proceed within those models, in a way that applies to life.

The New Aquarian Age is Based on Gnana Yoga

This Awareness indicates that the Piscean age was an age of belief based on Bhakti yoga pathways, moreso than on science or Gnana yoga. The new Aquarian age, which entities are now entering, is based on Gnana yoga, or that which is the scientific approach. Thus far, however, science has not come to grips with religion, or the spiritual side of creation, seeing rather the universe as matter and material particles and waves, without fully understanding the concept of Universal Consciousness, or seeing the universe as a being, a living being. Therefore science, or this path of Gnana yoga, is still in its infancy. Whereas Gnana yoga as practiced in India is that which understands greater ramifications of the knowledge behind the matter: the consciousness that lies

beyond the brain, consciousness that lies out in space, inhabits planets, systems, light and vibration.

This Awareness indicates that this being more akin to that which is known as the metaphysics of the west. The concepts presented in western metaphysics carries more of the Gnana yoga material or information or approach, whereas the fundamental and Catholic religious doctrines tend to embrace the Bhakti yoga approach.

There Will Always be the Sheep Who Follow the Good Shepherd

This Awareness indicates that *It* wishes entities to understand that not everyone has the inclination toward Gnana yoga; that only approximately one entity in seven is inclined toward the Gnana yoga, and that most entities are essentially heart people, or Bhakti yoga individuals, preferring to follow the lead of their master or guru, rather than to think for themselves. Therefore, there will always be, as Jesus said, the sheep who follow the good Shepherd.

This Awareness indicates that these sheep, or those who are the followers, also can be saved, in the sense of being attached to one who knows which way to go. Thus, by following one who is not blind, the blind are brought out of the wilderness into safety.

This Awareness indicates that in this sense, the fundamentalist Christian movement as that which serves a great and noble purpose, in helping entities at a certain stage in their development, to become freer from the entanglements of matter, especially from those entanglements associated with the negative polarizations, which they call evil.

This Awareness indicates that essentially these entities are entrapped in polarities, and need to have that force which brings them out of the extremes and particularly out of the negative polarities. By leading them out of the negative polarities, toward a behavior that is forgiving, toward an example or master teacher who is forgiving, it helps these entities to learn to be forgiving of others who are negative, so that gradually, they too become able to reconcile polarities, and escape from the extremes that dog so many entities who are caught in polarities of right and wrong, good and evil.

True Christians Become More Forgiving

The longer entities stay and follow the higher teachings of the master Jesus, the more forgiving they become, so long as they are not themselves assisting to commercialize on the teachings, to earn money from the teachings, to gain profit from the teachings, for then entities get into that kind of commercialization of Jesus's teachings. They tend to focus more on the polarities of good and evil, and focus more on the ills of others. They become more condemning of others, and try to create greater divisions, so that they can separate good from evil, and entities becoming separated, can then be either brought into the fold or cast out, as devils.

This Awareness indicates that the truer Christians become more loving to all people, as was the Christ himself.

"Knock, and the Door Shall be Opened Unto You"

This Awareness indicates that once the entity moves in this direction far enough, to forgive self, to accept the forgiveness of the master, and thus forgive the self also, the entity then begins to emulate and take on qualities of the master, and thus the entity becomes more Christ-like, and as time passes, the entity reaches a point in which, at some stage, the entity may even become one with the Christ, or one with the Father in heaven, and feel the Light of Christ within.

This Awareness indicates that when this happens, the

entity experiences that which is perceived as salvation. This salvation is, in essence, the union or yoking of the individual through surrender to the Christ Light and allows the entity to experience the union with the High Self with that which is the Christ Light or the Divine Deity that is always present in the entity's realm of existence, simply by opening the door, for as Jesus said: "Knock, and the door shall be opened unto you."

With Salvation, Past Errors Must be Repaid

This Awareness indicates that as entities open the door to embrace and welcome their own Higher Self, or that which is called the Christ Light, or which in Christian terminology is Jesus; as entities embrace this light into their lives, they experience that which is the salvation, the concept or feeling of being cleansed and born again. To do so, they must be willing to make recompense, to repay for errors that they can repay. They must be remorseful for errors they cannot themselves repay. They must be grateful for the help of the Divine, and thus in the simplistic approach of the Christian technique of salvation, they surrender themselves on bended knees, praying, asking for forgiveness and trust in the Divine Light of Christ or Jesus to make them clean, to make them whole, to make them pure, to forgive them for their sins.

This Awareness indicates that this has a dramatic effect on entities' lives, and gives them a new spark.

Salvation is a Zen-Like Action With Profound Effects

This Awareness indicates that in itself, it is a profound action; it is a kind of Zen-like enigma, in which an entity creates, through the action of forgiving, of asking for forgiveness, of joining in union with the Divine, of surrendering oneself to the Divine, and accepting through faith and belief the forgiveness of the Divine. It is an action which reverses and eliminates many of the aberrations that are inherent within the individual, from past mistakes, or from violations that have been imposed upon the individual by others, and from rejections that the individual has felt, from parents or from other loved ones, for indeed, what can be more gratifying than to feel loved by the most Divine Being known? And if entities feel that they are loved by the divine being of Jesus, the Christ, or whatever master they worship, then what does it matter if their parents or other loved ones rejected them? Thus, those illnesses, those physical infirmities that have plagued the entity, which were perhaps caused by hostilities or feelings of rejection from the past, may even be miraculously cured, by this new sense of being accepted, this new sense of being forgiven, and forgiving others in return.

This Awareness indicates that it can have profound effect. This Awareness indicates that for many entities, this is lasting, changes their lives, and puts them on a path for the duration of their lives, that is beneficial.

For some entities, it brings about a momentary change, a feeling of self-importance, a glorying in one's own spirituality, followed by condemnation of others, criticism of others, and self-glorification, self-righteousness, and the entity does not benefit from the experience, but may even become worse for the affair.

For Some the Salvation Experience is Only Temporary

For others, the experience is temporary. The entity has little understanding of what happened, but felt good when it happened, because the entity was tired of being rejected, and now felt acceptable, and it was good to be acceptable and to have friends, when perhaps the entity did not have friends before. Thus, for some entities, it is a way of changing one's environment into that which is more wholesome, but the spiritual aspects and total change may not be as meaningful to such an entity, for

perhaps the entity did not really have any significant problems internally other than a need to be accepted by others, and by accepting their philosophy, the entity was accepted by these others.

Still other entities will find benefits and the experience will alter their consciousness considerably, but as time passes, problems will creep in, and they will find themselves still having mundane difficulties, and the change will not be that which is permanent. Or the entity may even reach a point of feeling hostile because benefits are not forthcoming as he would desire, and the entity then may even become prone to seeking other experiences to fulfill the experience that was only temporarily fulfilling.

The Heroin High is Very Similar to Being "Born Again"

This Awareness indicates that though many of these entities who turn to drugs, are in fact seeking to find that experience that is so high and so wild, that they would never need another, while in actuality, many of those who experience the heroin use are experiencing very much a similar feeling to that of the salvation that Christians call the 'born again' experience. Yet the heroin use is only temporary and lasting for only a few hours, and demanding another experience, while the salvation was that which can be of a more permanent and lasting nature, so long as entities totally surrender, and remain surrendered, to the Divine Light.

Many Believe Jesus was the Only Christed One

This Awareness indicates that the one difficulty or problem that occurs in regard to the fundamentalist approach to the salvation principle, is that they see this as coming from a particular person, in the person of Jesus, and do not recognize that it can also come from others who channel the Christ Light. They do not understand that the "Word which was in the beginning, and was God, and was with God, and that all things that were created were from the Word of God"--they do not understand that this Word is the Christ Consciousness, and that the Christ Consciousness is the universal vibration or consciousness that is Universal Mind, and that it is everywhere present, and they instead personify this as the entity Jesus, when in fact the entity Jesus was Christed: Jesus the Christed one, and that there were others that were also Christed, or Christened, by this Divine Light, and that these entities in becoming one with the Divine Light, have the ability to channel and pass on this Light to others, and can become master teachers, serving as Bhakti yoga masters.

This Awareness indicates that when they do not recognize or understand that it is not the *man* Jesus, but the Christ that worked *through* Jesus, which creates the salvation, and when they demand that everyone must follow and worship the man Jesus, rather than the Christ Light, they are missing the mark and narrowing the truth into that which is incomprehensible to many and erroneous in fact, and which casts aside entire religions and the experience of salvation that others in other philosophies or religions may have, as they experience God attunement, or God Consciousness.

Too Narrow a Perception is the Error of the Fundamentalist

This Awareness indicates that the error of the fundamentalists is that they are too narrow in their perception and are taking a view much like that of a salesman who sees only one headache remedy in the world, and does not consider or recognize that other headache remedies might exist.

The Time Has Now Come When "Jesus" Must be Understood!

This Awareness indicates that the time has come when Christians around the world begin to focus on Christ for what it is, as the Christ Light, the Universal

Vibration, the Universal Consciousness, the Word of God, that vibration that exists everywhere throughout the universe as the mind, the frequency of Universal Consciousness, and realize that Jesus was one who was Christed, that there were others who were Christed, that there are Christed ones living in the world today, and that all entities may be Christed, or christened with this Divine Light. For when entities fully understand this, then indeed the Rapture, the coming again of the Christ Light the Second Coming will occur, and entities will become one with God, one with the Divine Light of Christ.

This Awareness indicates that it is possible for entities to surrender themselves to the name of Jesus, and seeing this entity as the Christ, to be Christed or Christened, to have this experience of the salvation.

Divine Christ Light Is Available to ALL Religions (even Catholic)

But this Awareness wishes entities to understand it is not an exclusive right of fundamentalists. It is not only for those who go to the Baptist church, or to other Protestant churches. It is something that is available to *all* entities, in *all* religions, whether eastern or western. It is available to the Hindu, to the Moslem, to the Jew, to the Christian, to all types of Christians, to the Catholic. It is available to the American Indians, in their quest of the Great Spirit. It is available to all entities who are open to receive union with the Divine Light of Christ, to the Divine Light of Buddha, to the Divine Light of any teacher who represents, by any name, that Universal Vibration, that frequency, which is highest and unpolarized in its essence and expression. For that indeed is the Word of God. It is the Universal Mind. It is Cosmic Consciousness. It is Divinity Itself.

This Awareness indicates that understanding this, it is not the right of any one group to condemn others for having different names, different languages, to describe the same essence. For those of other cultures, for those of other religions, for those of other realms, who also relate to, depend on and merge with the Divine Light, these entities, too, must be respected as having their own and equal place in the worship of God. And to condemn them because they do not use the same words, or carry the same story is an affront to consciousness, and demeans those who thus condemn.

Copy this Reading for Those Who Condemn You

This Awareness suggests that those entities who from time to time write to you, your organization, or speak to your members as being of the devil, because they do not adhere to the hard line of fundamental Christianity; this Awareness suggests that this reading be given to these entities.

This Awareness suggests that questions pertaining to this topic may be asked at this time, or the Interpreter may be brought from trance.

DO OTHER RELIGIONS HAVE A SALVATION EXPERIENCE?

QUESTION:

I have one question. This phenomenon of salvation, or the Christian salvation: is something comparable to this also occurring in other religions, such as the Buddhist and the fundamentalist Moslems and so forth, or is this strictly a unique phenomenon with Christianity?

COSMIC AWARENESS:

This Awareness indicates that it is unique in that through the approaches by the Christian techniques, the entities are emotionally bombarded by accusations, threats, and fear of punishment eternally with the hell fires and the feeling of being isolated and separated and condemned, not only by God, but also by the minister

who delivers the message, and by those who are present in the audience of the church in which such sermons are being presented.

Thus, the entity endures feelings of being chastised, castigated, and ostracized out of society, and also condemned eternally of any chance for afterlife survival, into a punishment of potentially flaming fires that never end in an eternal torment. And the entity does not know whether the threat of hell and eternal torment are real, but the entity does know that the present sense of feeling ostracized from surrounding people is absolutely real, and while this is being felt intensely, the entity's consciousness is on eternal things, wherein the entity feels this threat of eternal torment, which while only experienced in the imagination, without any proof of reality, the experience vividly described, along with the reality of being rejected there in the presence of all these people, being condemned as a sinner, then he begins to feel worse and worse and worse about himself, and cannot sustain a good self image.

The Power of Hypnotic Suggestion by the Preacher

Therefore, the entity reaching a point of desperation, particularly if other things within the entity's life are not proceeding well, the entity may simply feel that, "I cannot stand myself. I cannot stand living this way. He has focused on my worst qualities; he has seen how horrible I am. He's speaking directly to me. He must know what a terrible person I am." And the entity begins to search within, and if the entity is a good somnambulist, or one who is easily hypnotized, the entity will surely and easily succumb to these suggestions that he is a horrible sinner, and that there is no hope except as provided by the hypnotist on stage, calling himself a minister.

This Awareness indicates that it is ironic that these ministers condemn hypnosis, when in actuality all preaching is a form of hypnotism. It is giving suggestions, and getting through to the subconscious, to the emotional level of individuals. It is focusing on certain aspects of the individual that are of a negative nature, and giving suggestions that they come and get the positive cure.

This Awareness indicates that by the time the entity finally resists to the bitter end and cannot resist any further, and especially in some of the churches where the parishioners will come around and look for faces that seem troubled, and come to these entities and put their arms around the entity and say: "Son, daughter, or mister, it looks as though you would like to come and have a prayer with us. Won't you come and let Jesus take over all of your troubles? Give up your troubles," and thus the entity, being singled out in front of all these people, already having a poor self-image, already feeling bad about himself for something, may then, rather than to endure any further torment or focus of attention, simply break and go with the entity to the altar for prayer, wherein the prayers begin, (these being emotional in nature), and wherein the entity himself, having held back with great effort all of these negative self-images or feelings, now is ready to gush them out, to give up, to throw them off, in hopes that there is some divine interference or intervention that will take them, and give him a new start.

And thus the entity in so doing, becomes receptive to suggestions of positive nature, and the hypnotists gather round and begin the positive suggestions: "Jesus will save you. Jesus loves you. Jesus forgives you. Jesus will take all of your troubles. Jesus has come into your heart." This repeated, again and again, the entity begins to accept this as reality, and the entity then begins to

feel a different attitude, an attitude that accepts himself as a new being, as having a new start. And thus the entity feels different; the entity feels cleansed, because the old trouble, the old guilts that the preacher was previously directing, are now replaced by positive suggestions.

Many Who Are Saved Get Suggestions They Have Backslided

It is a unique Zen action, and causes changes in consciousness to occur very quickly, and if the entity can accept this as permanent, then it becomes a permanent change. The suggestions must be given that it is a permanent change. Many of the hypnotist preachers will come back and talk about entities backsliding, and within a few weeks the entities begin to think, "Hey, is he talking about me? Does he think I backslid? Does he think I've sinned since I was saved?" And the entity begins to look and question and wonder, "Have I done something wrong?" And the entity can think of the time he kicked the cat, or pushed the dog aside, or snapped at someone in the family who was interrupting him on the phone, or something else, and the entity begins to feel guilty, and the more the hypnotist preacher speaks of backsliding, the more the entity feels that he indeed has backslid, and has sinned.

And thus the entity finds that as time goes on, he needs to be saved again. And there are entities who repeatedly get saved again, and again, and again, and backslide, only to need further saving. It becomes much likened unto the work of psychiatrists, who counsel entities every time there is a problem, only the psychiatrist works with one individual at a time, and therefore must charge large amounts for an hour of work, wherein those who attend the churches can drop in quarters, dollars, ten dollars per service, or tithe through the months, and thus have ongoing counseling from the hypnotist-minister.

This Awareness indicates that both the psychiatrist, who counsels an entity for every problem that comes up, who listens to the entity's own self-negation, and listens to the entity's problems, and then informs the entity that the entity is all right, or helps the entity to get a new perspective on the experience, and the minister-hypnotist, who informs the entity by insinuation that there is something wrong, and through such insinuation convinces the entity that there is something wrong, so that the entity comes down and says, "Hey, I did it again, I messed up. I need more salvation." And the minister then says: "Jesus forgives you, Jesus loves you, Jesus will take away your sins. Give up your sins to Jesus," and thus plays the same role, using a slightly altered dialogue, as that of the psychiatrist, but the minister, being paid by a multitude of people, does not need to tax any one individual so much for his service, as does the psychiatrist.

Group Gatherings Where Problems are Shared

This Awareness indicates that there is a strong likelihood that within the next century, if not before, there will be group gatherings in which psychiatric confessions, working in a similar manner, whereby groups of entities gathering to share their problems, will be encouraged to publicly discuss their problems, wherein everyone gives them positive feedback for having shared their negative difficulties, in a similar manner as that used in fundamentalist churches, it in the techniques of salvation, and the results will be much the same, if not identical.

How Anyone Can Experience the Salvation Experience

This Awareness indicates that entities wishing to experiment could obtain the same results in terms of the salvation experience, by praying to the Christ Light, by

letting entities know that the Christ Light is aware of all the errors, all the problems, all the mistakes, all the rejections, all the guilt that that is felt by each entity herein present, and that the Christ Light wants you to come, or to kneel, or to give up all of this to *It*, that *It* replace those negative things with the warm, glorious Light that *It* holds for you. And entities would have the same blissful experience as felt by fundamentalists in their salvation.

But the essence of the teachings surrounding this effort could be much different, in that rather than narrowing the religion, and the use of the Christ Light, entities would be able to embrace all religions, and to accept all people, and recognize that it is available for everyone under any name, and that the name is simply a cultural language consideration, and has nothing to do with the reality of the essence all energies involved.

This Awareness indicates that once this occurred, a New Age would truly be born, in which masses of entities could be helped in quick and sudden changes in consciousness.

This Awareness suggests this is something that entities might wish to consider, and to discuss, particularly in regard to the group gatherings, or church services, or friendship gatherings, or even privately in small groups, wherein entities seek, pray or ask for the Christ Light intervention into their lives, with the understanding that they are calling upon Divine Mind, Universal Consciousness, the Light of that which is the Word of God, the Vibration that is Universal in nature, the Vibration that is unpolarized, as the Christ Energy. That entities, in so seeking, may ask that this Light come down upon them, embrace them, cover them, and that in so seeking this Light, they must be willing to surrender themselves totally to Its will, to serve It.

This Awareness indicates that in understanding what this Awareness is suggesting, you must also understand that all entities who are involved in, and are long participants in the reading and studying of messages given by this Awareness, are essentially following Gnana yoga, or the path of knowledge, but there is some degree, however small, of Bhakti yoga involved, in that these entities also tend to trust this Awareness.

This Awareness suggests that *It* is not asking that entities trust this Awareness, but asks that entities examine the messages from this Awareness, and in so doing they will expand their own awareness, and in this process their own awareness will gradually touch and open and reach into realms and contact with this Awareness, so that the channel who gives these messages eventually will not be as necessary to them for their own channeling, their own perception becomes clearer, and they understand, by their own expanding awareness, many of the questions that might have previously needed answering through Interpreters.

Those Who Are Aware Won't Need Salvation Experience

This Awareness indicates that what *It* wishes entities to understand, especially those who have long been reading these messages, is not so much that it is necessary to experience a Bhakti yoga experience as with the salvation experience, for you are gradually and more slowly opening your consciousness to merge with the Christ Light, whereas with Bhakti yoga experience, the merging is sudden, but its experience is not as permanent, or is not as solid and meaningful, because it is based so much on faith and on feeling, and on belief in the words of the hypnotic minister, and is not understood in depth, as is the experience that has grown from the knowledge over the long and slower time periods.

This Awareness indicates that as entities develop and grow and look, and have small insights, small experiences, the "Aha!", the "Oh! I understand!", the insights that develop slowly over months or years, often open consciousness to accept the Divine in a much greater and much wider level of acceptance than is experienced by those who have the sudden and blissful experience of that which is called salvation.

Such entities over a long period of time may have great soul growth from the many little insights that accumulate repeatedly from time to time, month in and month out, not only from messages given through this Interpreter, but from other sources of spiritual nature. Even those self-help groups can give entities greater insight that leads or helps to lead, toward that Christ Consciousness, and therefore entities find themselves and know themselves without doubt, without question, to be spiritual in nature, and such entities could sit in the midst of a church, hearing the minister shout and scream that they are doomed to hell, that they are sinners of the worst kind, that they have no chance without the salvation technique that they have to offer; and such entities would know without question that this was *not* so, for they have moved beyond the level in which they need that kind of coercion or wherein they are that easily hypnotized, for their minds have expanded into higher levels of consciousness, and the Christ Consciousness is already with them in a way that is stronger than even the salvation technique might offer.

Entities Who Sometimes Need a Spiritual Quick-Fix

This Awareness indicates that there are some entities who may in times of great trouble, wherein there is much stress in their lives, wherein there is some kind of personal guilt or self-denial, or self-condemnation, wherein such entities may need a quick fix spiritually, and such techniques as this Awareness has described, in which entities pray for each other and pray with each other for the Christ Light to come and heal this entity, to take away those negatives, and to fill in that vacuum with blissful Light; wherein this approach can be most beneficial in helping entities in those times of stress and great need, it is not necessary to tell entities they are sinners; it is enough to recognize their need for healing by the Christ Light.

This Awareness indicates it is not necessary to assure them that without this healing they are doomed to hell forever. This Awareness indicates rather that you simply make it available as a service, to help them to be more fulfilled in terms of their spiritual essence, rather than threatening them if they don't.

This Awareness indicates that this appears to have covered the basics of this topic. If there is any further question, that this be asked now.

SELF-IMPROVEMENT SEMINARS: ARE QUALITIES SIMILAR?

FOLLOW-UP QUESTION (VIKKI):

One last question. In relation to the energy of those who have been saved; we just attended a secular self-improvement seminar, that felt very much like a religious conversion zeal event. Aren't there a lot of similar qualities to each?

COSMIC AWARENESS

This Awareness indicates that this is in the affirmative, that essentially the techniques involved in these events, and involved in the salvation technique, is to point out the problems, and point out that you have the solutions.

And those who have problems in coming to you for service, receiving your solution in which basically your

whole action is to take the problem, deal with it, not necessarily in a curing fashion, but with the attitude level, so that the problem itself may remain, but your attitude toward it changes, and thus the entity who comes to be saved, may have terrible problems, which he or she cannot handle, anything ranging from personal guilt to excessive debt or a lack of a job or a breakup of a marriage or some other problem, but entities will assure the needy one, that all that is necessary is to "turn over your life to Jesus, and he will take care of it." And in so doing, if the entity does, the entity's attitude toward the problem is changed.

Likewise, going to a seminar, a self-help seminar, entities may have the same problem, but the facilitator will indicate a way of changing one's attitude, so that you do not have the same attitude toward your problem when leaving as you had upon entering. You feel now more competent to handle your problem. You feel that you can make a decision or express yourself without fear, or that you can deal with the relationship, because you have been given the proper tools.

The difference between the religion and these self-help seminars is that one asks you to rely on faith and belief in higher powers, and the other asks you to use certain tools that enhance your own power, your own personal power to do things in your world. Thus you feel empowered, or you feel the empowerment by giving your will to a higher power. In both cases, you feel hopeful and trusting that you can now deal with the crisis that was troubling you.

This Awareness indicates it is no different from going to a lawyer. You are sued, or someone threatens to sue you. You are troubled by the threat. You go to a lawyer. The lawyer is your savior. The lawyer knows how to do what needs to be done. The lawyer gives you assurances. You pay the lawyer; you feel comforted. You go away and let the lawyer take care of it. Hopefully, one of you will win. Usually, both entities lose to the lawyer.

This Awareness indicates the self-help programs fulfill a need. The religious programs fulfill a need. Not everyone needs both or either. Some need lawyers. Some need janitors. Some need psychiatrists. Entities tend to seek out help from each other as may be needed, and as they hear about help that appeals to them, in accordance with their particular need. There are always those that are ready to fill the gap. Some are competent, and some are shysters. It is good for entities to be aware of the machinations of the different options that are available in solving their needs, and to know that there is often more than one way to resolve a difficulty.

ED's Note: For supplementary reading on this subject, please refer to "Revelations of Awareness" issue No. 80-20 (Should Children be Taught the Fundamental Christian Doctrine?) \$3.00 from CAC.



WILL THE "GOOD" ALIENS MANIFEST TREASURE FOR LIGHT WORKERS?

QUESTION

Joseph C., Ardmore, PA, has a suggestion. I'd like to ask Awareness if there is any validity to this. He writes: "I always thought about the benevolent extraterrestrials or any other good guys, that they could materialize some precious metals like gold or some gems. That would be one way of possibly helping the Light Workers. I don't think that they would counterfeit currency, but they could lead Light Workers to areas where precious metals and gems could be found legally."

Is that a possibility?

COSMIC AWARENESS:

This Awareness indicates that anything is possible. It is a question of whether there is someone around who can persuade them to do so; someone, who has contact with these entities. This Awareness indicates *It* does not wish to be put in a position of being the one who contacts the entities.

This Awareness indicates that *It* just does not play that role of influencing entities to manifest wealth for others to operate on. This Awareness indicates the *Law of Gratitude* is essentially that law which allows entities to put forth energy and receive gratitude in return and this Awareness suggests that Law is capable of assisting the Light Workers.

If they wish to have short-cuts in terms of funding so that they get something for nothing, or for very little, then indeed that is their own business and their own pursuit. This Awareness indicates that entities who have contacts with the benevolent Light Workers and the benevolent aliens may work to bring these entities together through some kind of magical activity of manifesting wealth. It is a matter of your own choice, whether you want to spend time trying to make such a deal.

Didn't Semjase Lead Billy Meier to Treasure?

FOLLOW-UP QUESTION:

Didn't Semjase or somebody lead Billy Meier to some sort of mineral or treasure at one time?

COSMIC AWARENESS:

This is correct. The entity did receive certain help from her financially. It was not a great deal, but because he had put out so much of his own personal energies and efforts and his time was being taken by so many curious people, she assisted him at some time.

This Awareness indicates that the entity had a very long-standing relationship, a good relationship with her, and whether entities who do not even have a relationship with benevolent extraterrestrials can talk them into letting themselves be used to help entities enhance their financial well-being is somewhat different than the gift of Semjase to Billy Meier, for Billy Meier did not ask for that. He simply explained to her why he was unable to do more than he was doing and from her own perception and understanding, she made the effort to assist him.

Problems in Trying to Manifest Money

CLOSING MESSAGE:

This Awareness indicates that *It* does not wish to discourage entities from visualization and from attempting to manifest things in their lives to benefit, to help them to do those things that are important, but this Awareness indicates that there are also problems when entities begin to think in terms of manifesting and begin to look for someone else or some other force to do the manifesting for them. This is the part that is most difficult.

This Awareness indicates that far too often, entities expect this Awareness to manifest something for them so they don't have to do even the work of manifesting. They want something for nothing. They don't even want to have to use their imagination/ visualization to energize the manifestation.

This Awareness has given entities information on manifesting from the higher frequencies into the terrestrial reality. It has been given in many different ways, many different times. Perhaps the most precise expression of this was in the Scorpio Development Course relating to the use of the conscious, subconscious and Superconscious or middle self, low self and Higher Self connection along with the use of visualization and mana.

This is a way by which entities can manifest. But most entities don't want to put forth the kind of effort it takes to manifest. And therefore, they expect this Awareness or some other spiritual force or someone other than their own energies to do the manifesting for them. This Awareness indicates that this is a problem. If you cannot manifest, you do not wish to spend the energy to manifest for yourself that which you need, then perhaps you don't really need it bad enough or want it bad enough, and this Awareness suggests therefore that you know how to manifest; you have been told enough of this, and therefore, this Awareness suggests you find ways to manifest, to do it yourself.

This Awareness indicates that it is important that entities give of themselves in order to make a vacuum whereby something else can enter into their lives. But most entities are not ready to give of themselves. They simply want something for nothing. They will be a Light Worker if they are *paid* to be a Light Worker. Otherwise, they are happy to complain about not being able to be a Light Worker or to get anything done because the gods are not providing them.

This Awareness does not mean this message to be directed to the questioner, for this entity, the questioner, has not indicated himself to be this type of complainer, but there are those who have such a mentality, who expect the gods to provide every thing for them so they do not have to do anything themselves, and because they are so expectant of Divine help, they seem not to do anything in terms of progressing in a spiritual direction. Their focus of spiritual effort is only that of a spiritual beggar asking for Divine intercession, Divine help. They are *praying for Divine intervention, but they are not willing to put forth their own energies to do something.* This Awareness indicates that often, the Divine *will* help entities who are doing all they can with what they have and whose dedication to a cause is such that they show their dedication through action rather than through lamentation and complaints.

(The Law of Gratitude is given)

CAC HAS A NEW FAX NUMBER

(Effective March 1, 1996)

CAC HAS A NEW FAX NUMBER: please change your records to our new FAX number which is: 360-352-6294. Thank you!

ARE THERE ALIENS WHO EAT SOULS AT THE MOMENT OF DEATH?

QUESTION:

A question from Asbjorn E., in British Columbia. He writes: "I am quoting a couple of sentences from the book *Extraterrestrial Friends and Foes* by George C. Andrews.* One of the allegations concerning the short Greys is that they have a way of deriving nourishment from what leaves our bodies at the moment of death; that they are eaters of souls who extract from our spirit a certain principle through the process comparable to the extraction of hemoglobin from blood, which they use as food, burying the residue elsewhere in the universe, not on this planet.

"The ancient Egyptians distinguished between the KA, the soul and BA, the etheric body that contains one's life experience. What was feared was the separation of the etheric body from the soul when the heart of the deceased was weighed against the feather of truth at the moment of judgment in the presence of the gods." And his question is: "Could Awareness please comment positively on this and what would be beneficial for us to know in this respect?"

*This book available from CAC. Please refer to Book Price Sheet.

COSMIC AWARENESS:

This Awareness indicates that the term "positively" appears to be asking for something...

QUESTIONER:

I think he means "clearly and succinctly" in that respect.

COSMIC AWARENESS:

This Awareness indicates the question, also is vague in regard to whether it's speaking of the Egyptian version, or whether it is speaking of the effects of aliens eating the energies of a dying person. This Awareness indicates that the question appears to be very vague in term of the topics touched upon and the comment requested is not clarified as to what is being sought.

QUESTIONER:

Well, first let's ask: Is the information in the book *Extraterrestrial Friends and Foes* as he stated; is that valid information?

COSMIC AWARENESS:

This Awareness indicates that in regard to the particular topic from this book, there have been reports from abductees that aliens can, by staring into the eyes of an abductee, can draw energy from the abductee. It is not seen that this requires the death of the abductee, but it is seen that these energies can be drawn from the abductee if they lock eyes with the alien, and the alien so desires to draw energy from the abductee.

This Awareness indicates that the energy drawn can leave the abductee depleted and confused. It is likened unto drawing off etheric energy, or what can be called spirit, or Life Force from the abductee. This Awareness indicates of course, once the entity is left alone and given sufficient time, the energy can be recultivated, but it is not a healthy experience for an entity to have his or her vitality and Life Force stolen in this manner.

This Awareness indicates it is for this reason that a positive response to this is not something that this Awareness can give. It is not seen as a positive experience, if that is what the questioner was looking for. This Awareness indicates it is essentially a very unpleasant and negative experience. It is unhealthy to have vital energies taken from you.

Aliens Not Only Ones Who Can Vampire Energies

This Awareness also wishes to comment that aliens are not the only ones who can sap your vital energies;

that just being around certain entities can cause you to feel a loss of vitality. There are people who are psychic vampires, and these psychic vampires, just in being nearby, can vampire your energy from you. Almost everyone can think of some friend or associate who does that to them. They draw your attention, they draw your energy, and they make you feel depleted for having been with them for even a short length of time, and you simply want to get away to get your energy back.

This Awareness indicates that many of the Greys have perfected the psychic vampire phenomenon to a degree that they use it very expertly in gaining energy from humans at the expense of the humans.

Does Extracting Energy Cripple the Soul?

FOLLOW-UP QUESTION:

How about, as stated, that these aliens can extract, at the moment of an entity's death a certain energy comparable to the extraction of hemoglobin from blood. If that is true, does this cripple the soul somehow?

COSMIC AWARENESS:

This Awareness indicates it essentially is stealing the astral energies of the entity. It does not affect the soul, but it *does* take the emotional and astral energies from an entity and this is something that of course the aliens who have no astral body can thoroughly enjoy. It is likened unto a drug to them.

Can Anyone be Victimized at Death by Aliens?

FOLLOW-UP QUESTION:

Is anyone at the passing over subject to this victimization, or is it confined to certain entities?

COSMIC AWARENESS:

This Awareness indicates that generally it does not occur to most entities who pass over, but those who have been abducted frequently or who have some kind of special karmic connection or obligations to the Greys may become targets for this kind of carnivorous action. It is likened unto sucking the emotional and astral bodies from the entity in order to gain a special momentary treat and the entity of course, being in the process of dying, has no further use for the astral body; therefore, it is not actually a theft.

It is simply an action of discarding the astral body in front of an astral body snatcher. For the one who is dying, it is garbage. For the one who snatches the astral body it is a special treat.

Is Canada to be the Next U.S. State?

QUESTION:

Another question from Asbjorn E. I'm not sure where he got this information. He writes: "When the Free Trade Agreement between the United States and Canada was signed, it was written in that Canada is to become the next state of the United States. Further more, the Hudson's Bay is supposed to be dammed up to provide fresh water for the United States. All this is supposed to be in place by the year 2003, or 2006. I don't remember which year.

"The agreement that was signed as opposed to what was shown to the respective Canadian Provincial Premiers at the time, were not the same. Please shed some light on the truth of this matter."

COSMIC AWARENESS:

This Awareness indicates there appears to be some misinformation involved in the presentation of the material. It is suggested that the documents be researched more carefully; that in the researching of the documents, the clarification will be found. This Awareness indicates that this is in itself the source and solution to the evidence in question.

QUESTIONER:

Is Awareness saying that these two tenets mentioned are not in the Free Trade Agreement as this entity claims?

COSMIC AWARENESS:

This Awareness indicates that it appears there have been distortions in regard to the documents. That there needs to be a restudying of these documents rather than taking someone's word for what the documents say, and in studying the documents themselves, the clarification will be forthcoming; that the claims as to what is in the document are not trustworthy when coming from sources other than the documents themselves.

This Awareness indicates that there needs to be a very careful reading, because certain terminologies or wordings can have dual meanings and with the realization that more than one meaning of certain terminology could change the entire nature of a document or allow a kind of loophole for a different interpretation; that this is something also to watch for.

Maitreya Now Making Statues Drink Milk

(More Deception and Foolishness by Benjamin Creme for the New World Order)

QUESTION:

In the November 1995 issue of the "Emergence" newsletter, which is put out by Share International (Tara Center) and concerns the Benjamin Creme tour and the latest antics of the so-called Maitreya. I'd like to read this and ask Awareness to comment. It's called "The World-wide Milk Miracles; a sign that a great soul has descended."

'On Thursday, 21st of September, the news swept around the world of the extraordinary miracles of milk-drinking Hindu statues. Never before in history has a simultaneous miracle occurred on such a global scale. Television, radio and newspapers eagerly covered this unique phenomenon, and even skeptical journalists held their milk-filled spoons to the gods and watched, humbled as the milk disappeared.

"The media coverage was extensive, and although scientists and experts created theories of "capillary absorption" and "mass hysteria", the overwhelming evidence and conclusion was that an unexplainable miracle had occurred. Benjamin Creme's master has explained that Maitreya and a group of masters were responsible for these manifestation. He also predicts that there will be even more amazing miracles in the very near future.

"These signs are events co-ordinated with the eminent appearance of Maitreya on television. In his article in Share International's July, 1992, Benjamin, Creme's master forecast: "In time, even biases and cynical media will find it difficult to gainsay the experience of thousands is that the age of miracles has no end."

Would Awareness please comment on this world-wide "milk miracle"?

COSMIC AWARENESS:

This Awareness indicates there is so much new technology today that can be used to fool the people that it is not unlikely that this will become more and more common. This Awareness indicates that it is possible to make things totally disappear with this new technology, just as described in the Philadelphia Experiment wherein a ship was made to disappear from one place, and reappear in another.

The event would have been much more interesting to the masses, had there been someone standing on the dock, claiming to move the ship from one place to another, and had the press been there to witness the

movement of the ship from one place to another; it is an opportunity for a would-be messiah that may not come again for some time.

This Awareness indicates that making milk disappear from a spoon could be a rather simple trick compared to moving a ship from one place to another, but this Awareness indicates there is no end to the desire to fool the masses, to get them to believe in a new Messiah emerging for the New World Order, and it is that time wherein a new Messiah is what the new world orders, and therefore, you will hear more from this effort to bring about a new Messiah to take the place of the old Messiah of the Piscean Age, the Fisher of Man.

This Awareness indicates that the so-called miracles of the Piscean Age created, or allowed to be created, a great society based on the myth of Christianity and the myth of certain claims. Even though it was in actuality a lifting of information taken from other pagan sources, the myth has endured for 2000 years and there is the effort and need to create a new god for the New Age, the Aquarian age, to create the new god in the guise of the return of the Messiah, for those who expect the Messiah's return so that they can make the changes in the religion for the New Age that they wish to endure for the New World Order, which the Christian Age does not satisfy for these entities, and by changing the nature of the New Age god, while still holding on to some of the promises from the earlier Scriptures, they can make it appear to the masses that Jesus has returned in the guise of Lord Maitreya for the Christians, or that Buddha has returned for the Buddhists, and so forth.

Keep in mind that the story of Jesus in his day suggested that he would return. There are many Scriptures that have to be ignored to buy into this scenario, because he informed his disciples that he passed away, he would be back. This Awareness indicates that obviously, they have since died, and he never returned during their lifetime.

It is clear that his message, if you read all of the Scriptures, it is clear that his message was that he would return while they were still living in their present bodies, but it has been passed over in such a way that entities forget these verses and think of it as a message that he will return "some day" in some future generation, even though he said he would return, and "this generation shall not pass away" before he returned to them, personally.

This Awareness indicates by putting the message into a scenario of his future return, it is possible then to create a new Messiah that fulfills Jesus's prophecy of his return, some 2000 years after, which many will be happy to accept as a fulfillment, ignoring the fact that he said he would return during his *disciple's* lifetimes, and this Awareness suggests that the New World Order planners intend to use this new "Messiah" as a way in which to defuse Christianity because it has gotten out from under their control, and to instill or superimpose a new type of religion over the old Christian religion of the Piscean Age.

This Awareness indicates that the efforts to promote this will continue. There is not seen any likelihood of any let-up, and the trickery which will be called "miraculous", the trickery using new technologies will likely produce many miracles for the non-technical masses that will be very convincing.

Who cares whether statues drink milk? What kind of miracle is it? If the entity wishes to produce miracles, what about feeding the hungry, attending the sick, and helping those who are in pain? All of the pouring of milk into the mouths of statues has not done anything

for these entities. All it has done is draw attention to the entity Maitreya, to make the entity *seem* to have some special supernatural powers.

This Awareness indicates what about the entity who made the Wall of China seem to disappear, the magician who acknowledged it was all a trick, but before the cameras, caused it to seem to totally disappear? Had this entity been labeled a Messiah instead of a magician, had he not acknowledged it was a trick or proclaimed it a trick, would the masses have accepted him as some kind of supernatural god? It would seem so.

People are very quick, very ready to find some kind of new Messiah, a new god to follow and worship unquestionably. This Awareness indicates that the amazing thing is often entities do not even need to see the so-called miracle. Just to read a report: "Milk in a spoon disappears when placed at the lips of statues!" Big deal!

This Awareness indicates that reading the report is enough for some people to think: "My, my! He must really be the Messiah!" They do not even need to see the technology of the trick. They do not need to see the milk disappear. Just reading the report is enough, because it's right there in black and white, in printed word.

It is; likened unto a time in which an entity says: "It's true! I know it's true! It has to be true! I read it in the tabloid!"

CAN WE DIRECT OUR PRAYERS TO FLOAT EITHER WAY IN TIME?

QUESTION:

A question from Kriss R., of British Columbia, who writes: "Normally, when we pray, we ask for something in the future, be it a car, or the healing of a relative, but since time flows both into the future, as well as the past, is there a method to direct which way in time we wish our prayers to float? If there is a special method to do this, in what ways could this be used most helpfully?"

COSMIC AWARENESS:

This Awareness indicates that it is not so much a method as to the direction of your prayer, as an intent. Which direction do you intend your prayer to go? If you intend it to go backwards into time to change the past, then of course you must focus your intention to the past. This Awareness indicates that it may take more faith to change the past than to change the future, because you feel generally that the past has been settled, and the future is not yet fixed.

This Awareness indicates therefore, whether your prayer can be as effective in its need for more faith when dealing with the past is a question to ponder.

Using Hypnosis to Ingrain God in Your Mind?

QUESTION:

Another question from this entity. "What if you used hypnosis to help ingrain the desire for God even deeper into your being? Would this be wise?"

COSMIC AWARENESS:

This Awareness indicates that of course, you need to define what you mean by 'God.' If your view of God is that which is not beneficial to your well-being, then to use hypnosis to bring this non-beneficial entity or concept deeper into your being would simply have an effect of making you more fanatical in your fixation.

This Awareness suggests, for example, if you have a distorted view of God as a wrathful deity who seeks to punish all evil-doers, and you bring this view of God deeper into your subconscious, making yourself more accountable and closer to reflection of this god, then

you may find yourself becoming a wrathful god out to punish the deeds of others, which might be very harmful to you and others.

What is Your Definition of "God"?

Therefore, this Awareness suggests first that you consider what you mean by God and what you want as qualities to instill in yourself. This Awareness suggests that if you wish to think of God as compassionate, merciful, loving and caring for the needs of others, and you wish to instill those qualities within yourself, and you use self-hypnosis to bring those qualities into yourself, it could have beneficial effects when properly done.

For example you could say to yourself: "Every day in every way I am becoming more compassionate to the needs of others!" This Awareness indicates that anything of course, taken to the extreme, can be harmful, can have negative repercussions. Consider, for example, that you become so extreme in your compassion for others that you cannot function at the sight of someone having a problem. You simply break up and cry for them. You go to pieces when someone is hurt. Would this much compassion be good for you, or hard for you?

Perhaps you have so much compassion that a child cuts a finger and you can only cry for the child, you cannot even pull yourself together enough to get a Band-Aid. This Awareness indicates therefore, even the good qualities may become harmful if taken to extreme. Most qualities that entities have which they see as harmful could be less polarized and could become beneficial qualities.

For example, an entity who has an extreme temper, who gets very distraught and upset when things do not go his way. If the entity could modify the behavior so that his frustration at not getting his way becomes simply a kind of incentive to make the entity get out and do something with his life, with his energies, then it can become a beneficial quality because it is not so extreme.

Use Great Care if You Use Self-Hypnosis

He does not need to take out his hostility on others. He simply takes it out on his work by working harder, or more carefully, or more wisely. This Awareness indicates self-hypnosis should be used with great caution so that you do not lose control of reason and balance and harmony and so that you know where the center is.

This Awareness wishes to remind you that the Greeks taught a concept of the Golden Mean which was a path between the extremes of right and left, of good and bad, of extreme one way or extreme the other way. The Golden Mean is that which lies half-way between opposites, and they saw that this was the proper and best route in life: the Middle Road it is sometimes called.

This Awareness indicates that of course, one can become fanatical and extreme in trying to walk the middle path, the middle road, the Golden Mean and again get into trouble because of their extreme fixation, for as this Awareness has once indicated, it can be helpful at times to step off the narrow way in order to know you have left the path.

If you never leave the path, how do you know if you are still on it? This Awareness indicates that sometimes stepping off to the side reassures you that you are now off the path and gives you a sense of direction as to which way to go to get back on the path.

It's Okay to Stray off the Path at Times

This Awareness indicates in other words, if you become too fanatical in regards to righteousness, it can be a problem for you also, because you can move in a kind of uncertainty. This Awareness indicates a slight

variation off the path of absolute righteousness, wherein you may eat something that does not lie in your field of perfect diet, which allows you to indulge briefly in some food outside your prescribed diet, is not going to cause you great harm, as long as you don't leave your diet altogether and indulge in gluttony in those things that you know are harmful to you.

This Awareness indicates that you know what is on the righteous path and what is not on the righteous path and you know how far it is to those areas that are not on the righteous path, and you know that there are things which are on the fringe. This Awareness suggests you not be too afraid of the fringe. Do not be terrified of the fringe. Stay on the righteous path, but do so in a relaxed manner. If you stagger to the fringe, don't become panicky or guilty or self-abusive for having strayed a step or two.

If you make a mistake, don't let it destroy you. Just pick yourself up and get back on the path, not because it is horribly wrong to have fallen or strayed, but because you feel the path is the quickest way to get where you are going, and you want to get where you are going, and you know that those deviations off the path are simply going to slow down your journey and make things more difficult for you.

This Awareness indicates that *It* has veered off the path of the question, and that if this has created a problem, that the question may re-asked at this time.

QUESTIONER:

Well, I believe *It* covered that. Kriss wanted to know if hypnosis would help ingrain the desire for God even deeper into the being.

COSMIC AWARENESS:

This Awareness indicates that it could be used for that purpose. This Awareness suggests, however, that you be very careful about using self-hypnosis or hypnosis for such purposes until you are really sure as to what the effect of the hypnosis would be, and as to the nature of what you are trying to achieve from the hypnosis and the description of what you want.

Do you really know what the God is that you are trying to get closer to? Is the description of God as you seek the real key to your needs? What does the word 'God' mean to you? It's a good word that is socially acceptable, but it doesn't mean the same thing to everyone. What is it *you* mean by the word "God", and "getting closer"?

This Awareness suggests you may wish to define it more clearly, or break it down into other terms, and list qualities that you think of as being descriptions of God.

WHAT DOES HYPNOSIS DO WITH AN ENTITY'S KARMA?

QUESTIONER:-

Another question by Kriss on this hypnosis subject. who writes: "I find the possibility for hypnosis very compelling since it has been known as a helpful method for treating many things, such as quitting smoking, phobias, and general self-improvement. It seems like a very powerful tool for treating the subconscious. It almost seems like cheating because it's so easy!

"At what point do you draw the line? For instance, what if one of the main lessons and reasons for an entity's present incarnation was to learn the importance of self-control? Wouldn't hypnosis treatment for over-indulgence in sex, wine, food and other sensory pleasures be kind of a quick fix? What does hypnosis treatment of an important lesson such as this do to an entity's karma?

"Isn't it almost like karmic procrastination, where an issue isn't consciously dealt with, or is it simply a more efficient way to helping entities learn?"

COSMIC AWARENESS:

This Awareness wishes to point out another way of looking at this situation. This Awareness suggests you consider, "Am I really gaining from hypnotism when I do this? Or would I gain more from de-hypnotizing myself? Is my effort to control and change myself the real way of dealing with these problems, or should I de-hypnotize those urges that have caused me to have these negative habits, these habits that are not satisfying to my desires or my needs?

Could your over indulgence be caused by some hypnotism from your past, some conditioning that developed as a child? Could your over-indulgence actually be some kind of hypnosis in which you were rewarded with some kind of over-indulgent reward that satisfied your appetites because you did something praiseworthy? Is it possible that your praiseworthy act being rewarded by some over-indulgent treat could have given a hypnotic message or conditioning to you that over-indulging is good, over indulging is beneficial, and shows you have done something well?

How Hypnosis Can Ruin Your Sex Life!

This Awareness indicates that if you have these sexual urges or urges for some kind of sexual fulfillment, could it be that you have been hypnotized in the belief that sexual expression is a sign of importance of self-worthiness? Is that perhaps a kind of hypnosis that you could examine and de-hypnotize from yourself, so that you take away those conditionings and are left with more of a natural balance rather than a hypnotized conditioned being?

Suppose for example, you hypnotize yourself to avoid sexual expression. Suppose you hypnotize yourself to not eat what you want. Suppose after ten years or twenty years of following your hypnotic suggestion, things change in your life. You become married, and your wife wants a child and you find you cannot perform sexually. You might even discover it is because your hypnotic suggestion has taken such deep control of you that you feel it is wrong to have sexual drives.

This Awareness indicates suppose you find yourself unable to enjoy a meal because you hypnotized yourself into avoiding food, avoiding the enjoyment of food. Suppose you are now ten years down the road and you don't even like to eat, and you've lost weight, and you can't seem to get your appetite back. How do you deal with it? Do you now go for more hypnosis on top of the other hypnosis, or do you de-hypnotize your earlier effort?

This Awareness indicates *It* is not saying what you should or shouldn't do, *It* is simply pointing out some of the potential pitfalls from relying too much on hypnosis, and this Awareness indicates that *It* would much rather see entities become aware of themselves, become aware of your appetites, become aware of your urges, your biological urges, and know what they are and what they are triggered by, and *not* how to control them so much, but how to accept them in your life in a way that allows them to remain part of the balance in your life, part of your harmony as a being.

This Awareness indicates that if hypnosis is the only way you can keep the urge from getting out of balance, then perhaps that is helpful to you, but this Awareness does not see it as the ultimate solution to these problems any more than a pill is the ultimate solution to a health problem. This Awareness indicates that pills can help, hypnosis can help. Pills can also harm, and hypnosis can

also harm.

You must be very careful in using these different remedies and the remedy of becoming more and more aware of yourself, becoming aware of your urges, your feelings: where they come from, what they seek, whether there is a need to control them or whether they can simply be observed to the point where they lose control of you.

How Gluttony Occurs and How to Prevent It

These are approaches that this Awareness wishes to encourage also. This Awareness suggests often entities who overindulge, overindulge because something looks really good; they haven't had it for a long time, they may not have it again for a long time, and they want to get enough to last, but if they are aware in their consciousness about what is happening, they will look at it and they will indulge, enjoying every micro-moment of the indulgence: "I really like the taste of this!" and they will enjoy it so much, that by the time they have eaten the fourth bite, they will feel that they have eaten enough, and they will say, "I *could* eat more, but it will probably cause me to feel over-saturated.

"I could stop here. This is satisfying as it is. Or, I could eat all of the rest of this. Well, because I haven't had this for so long and might not have it again for quite a long time, I'll eat one more bite!" And they will eat it with great joy and attention.

They may even eat a 6th bite, but they will be attentive to it, and they will not find themselves simply shoveling it down their throats only to look at how much is left rather than how they feel about what they have eaten, and they will not need more than what they totally enjoy, and they will not simply go until it is all gone, which is what is called gluttony. Gluttony is not how *much* you eat, but *whether* you eat more than you actually need.

This Awareness indicates this of course allows one to determine how much to eat. If, for example, you are going on a long hike and you know there will be nothing to eat until you get back, you may eat more than you need for the moment, knowing that you must carry yourself through a period of time when there is nothing to eat, so you may feel the necessity to overindulge, because you will eventually underindulge before you have another opportunity to balance yourself with the food you need for your mission or purpose.

The Real Cause of Gluttony

This Awareness indicates entities often become gluttonous because they have been shorted and have not been given the foods necessary for their well-being at some time in their past, usually as children, or they may have learned as children to overindulge for fear that they may not get the next meal, and by learning to overindulge, that becomes commonplace.

It is likened unto: "This may be the last meal I get, so I had better eat all I can, just in case!", and eating every meal with that attitude allows one to become gluttonous at each meal without feeling that it is abnormal. It would be the normal way of things for such an entity.

This Awareness indicates the same attitude can be placed on anything, such as sexual drives, or such as the gluttony for money. One can go after more money than they need, letting go of other things that are equally or even more greatly important. One can, for example, be so determined to get more money for fear that it might be lacking in the future, that one ruins his or her health in the process of chasing money, or loses his or her family because of the need for, or desire or gluttony for money.

Therefore, the gluttony is a thing that occurs when

entities go after more than what they actually need, often triggered by fear that they might be short some other time, or by a desire to stock up on so much that they never ever have to worry about shortage. The problem is, when entities become gluttonous, they cannot discern when they have enough. They simply want to keep piling it up.

The Gluttony for Love and What It Brings

This Awareness indicates when you are at a weight that your gluttony affects your ability to move, you have overindulged. When you have so much wealth that you cannot enjoy life, your gluttony has taken control of the joy you could otherwise have, and you have too much wealth. When you are involved in satisfying your sexual appetites to the point where you cannot remember your true love because there are so many others out there, or you cannot find any single love, because you want so many, you have become gluttonous for love, and you cannot even love others yourself, so you have lost the ability to love because you want so much love for yourself from others, and when you lose the ability to love others because of your gluttony, what have you gained? You have lost everything in the realm of love!

In the realm of love, what matters more than your own ability to love someone? This Awareness indicates that by becoming more aware of these things, you will find that a balance begins to occur in your life, in your value system, so that the extremes and the gluttony begin to undergo a change, to fade, and it may not be necessary to seek out hypnosis to put you back in harmony. This Awareness indicates, however, there are many ways to deal with a problem, and if hypnosis is the only way that works for you, then consider it carefully, use it properly, but also look at the potential hazards that may be accompanying that method.

DOES THE "QUICK-FIX" OF HYPNOSIS INTERFERE WITH KARMA?

(The Nature of Addiction)

QUESTION:

The basic question of this entity, as I read it here, was in regard to using, or the possibility that hypnosis was a kind of "quick fix" on these problems that an entity carries over that he's supposed to master, and *does* the "quick fix" interfere with the karma that the entity was supposed to work out by mastering it himself?

COSMIC AWARENESS:

This Awareness indicates one must ask what the entity means by "mastering". Of course, the true mastering comes when there is no problem, and this Awareness suggests there is no problem when an entity becomes fully aware of the nature and balance and is able to respond to the problem or to the causes that result in problems. If you totally are aware of the nature of the problem, it tends to balance out, it tends to reconcile.

It is the awareness that brings about the reconciliation, just as the reconciliation helps to bring about an increased awareness. Therefore, on the path of becoming aware, reconciliation begins to occur and reconciliation enhances your ability to become more aware, and they feed on each other as it moves toward more harmony.

You Can Quit an Addiction but Are You Rid of Addiction?

The quick-fix of hypnosis may create a kind of temporary solution so that you don't deal with the problem. This Awareness indicates that it is likened unto the use of hypnosis for quitting smoking or drinking. You may quit the addiction, but have you *rid* yourself of the addiction? The addiction to cigarettes may be gone, but

you may still have an addiction waiting for some other substance to express itself through.

Thus, you give up cigarettes and soon you find yourself addicted to eating, or addicted to something else, perhaps chocolate, or perhaps gambling. Many people who are addicted to alcohol get off the alcohol addiction, but find that they still get addicted easily, perhaps to gambling or to something else.

If you become aware of the nature of your problem, including the tendency to be addicted, you can deal with the addiction better, and become free of the addictive patterns, not just of the addiction itself. You may not only become free of the cigarettes or the alcohol, but you may, by becoming more aware, get free of the addictive qualities in your personality or your psyche.

What Does Holding That Cigarette Signify?

What is it that has led you to become fixated and addicted to certain things? Why must you always have something as an addiction in your life to keep you distracted or to keep you occupied? Does the holding of the cigarette give you a sense of purpose? Does it give you a sense of individuality? Does it give you a protection to keep others from getting too close?

There are many reasons why entities may create an addiction. One entity, for example, may become addicted to coffee, because "Holding a cup of coffee keeps the children off of my lap, and therefore, by always having this coffee here, it serves as a shield against the wildness of my children." Once one realizes this, they may also discover they are not addicted to coffee. They are simply using the coffee as a shield, as a protection against having too many children interrupting their life, their privacy.

Once an entity really becomes aware, they might discover that they could handle the children one at a time, giving one child attention, then giving the other child attention, or organizing the amount of time given to each child: "This hour is *your* time. Next hour is his time." And by doing it in this way they might be able to enjoy the children in a way that they do not need to protect themselves by moving hot coffee as a barrier against their children.

Some entities hold a cigarette as a barrier to assure that they are able to have their personal space. Others will view alcohol as such and some will see alcohol as being a socially acceptable way of socializing, because that's how it was introduced to them.

"When I was young, people drank, which meant that they were sociable and they were likable, and they communicated with each other over their drinks, and this was fun. And that's the way it was presented to me. Now I drink and it makes me go through hypoglycemic problems. My brain doesn't function properly and I stagger and fall and my wife doesn't respect me and I get all bent out of shape, and sometimes strike her, and this is not good. But for some reason, alcohol doesn't work the way it's supposed to work, and yet it always worked in the movies and when I was a child, when I was younger, and therefore, I'm going to keep trying it until I can get it to work, because I *do* enjoy it!"

Thus the entity may become addicted to a system that he thinks has some benefit or should have some benefit. Another becomes addicted to the Bible or to religion, to the point where he or she is spending all kinds of time trying to make religion work in his or her life: "The Bible says this, therefore, this is supposed to happen now!"

This Awareness indicates that there are all kinds of ways in which entities can become addicted. They tried something. It works once, it works again, it works three

times; therefore, it must be a valid process. A year later, they are still using it. Everybody has caught on to what the person is doing, and no one buys it anymore. No one goes for it, and it doesn't work anymore.

The entity has developed a certain way of extracting money from friends and it has worked in the past, over and over, but for some reason people don't behave the way they used to. They don't seem to care. They do not seem to give in the way they used to. "But I haven't developed any other method yet to take the place of the one that always worked before, but doesn't work now!"

Therefore, the entity's addiction or addiction to the process he has developed, is not very effective. The satisfaction does not come, anymore than the satisfaction to certain drugs or alcohol or cigarettes always remains strong when one becomes addicted. It is just that the entities can't seem to give it up because they don't have a good substitute. They don't have something that *does* work for them.

Becoming Addicted to Patterns of Behavior

This Awareness indicates in other words, entities can become addicted to processes or methods or habit-patterns or ways of relating. For example, an entity can say: "In the past, when I beat you up after I had been drinking, all I had to do was come and beg you to forgive me! We always did it that way! Why doesn't it work now?"

The other entity says: "I am tired of being beaten up! I don't want to forgive you again because it just starts everything over!" "But it always worked before!" "Well, it doesn't work anymore! I don't want to forgive you! I'm out of here!"

This Awareness indicates that one can become addicted to a pattern of behavior and this Awareness suggests that withdrawal from patterns of behavior can be equally as difficult as withdrawal from other kinds of addictions.

Many Forms of Addictions & Fixations

CLOSING MESSAGE:

This Awareness indicates that there are many things that entities can discover in terms of their own enhancement of awareness by looking more carefully at the concept of addiction and applying it not only to drugs, but to patterns of behavior, patterns of speech. Entities are often addicted to a way of speaking, a way of relating.

Entities might, for example, come into a situation and immediately start complaining. They are addicted to the complaining, and other entities may be addicted to talking about their own lives to the point of boring others without realizing that they are boring others. They may find it fascinating that they have so many boyfriends, but can't find a single one to stay with them, and it is fascinating to them, so they assume it is also fascinating to their friends, and they are addicted to talking about it continuously to those friends.

This Awareness indicates that the subject matter of an entity's conversation may become a fixation or addiction so that they always talk about the same thing. This Awareness indicates that if you become self-aware, you begin to look at the way you think, the way you talk, the way you behave, the things you eat, the way you eat, the pattern of your expression with others, the pattern of your movements, the way you attend your daily routines, how you create your comfort space: Must it be spotless, or can it be slovenly? And are you addicted to spotless environments or to more casual environments?

This Awareness indicates that the more aware you are of yourself, your physical, biological, social, personal, your comfort zones, your business-like activities, your various expressions, your interests; the more you are aware of these things, the more you become capable of changing so that if you don't like something you do, you can change it because you are aware of it, but if it is something shoved back in your mind and you have simply become accustomed, or it is habit, or it is so commonplace you don't even know you're doing it, then how are you going to change things?

If you cannot know it's there, you are not likely to make a change. If you know all about this aspect of yourself, changing it becomes very easy. You can simply decide: "I will quit doing that! It is not to be part of my life anymore. It doesn't help!" And you simply make the decision, and it is no longer controlled by habit.

Habit requires that you not be aware of something. If you aren't aware of something, the automatic subconscious activities take over and keep repeating the behavior. This Awareness indicates once you become aware, you have it under control. You can keep it, or you can change it. This Awareness indicates that many people do not want to become aware of their patterns, their habits, or their ways of looking at life, or their way of doing things or of relating to others.

Becoming aware is somewhat embarrassing when you find out some of the blind spots you have toward yourself. You are blind as to your behavior in certain areas, and you become aware of those blind spots. Then you must also recognize that others have probably seen this all along, and it can be painfully embarrassing to recognize your shortcomings, but if you can get through the embarrassment, and continue to grow more and more aware, it can be of extreme benefit to your ever-increasing growth toward a higher level of awareness and greater effectiveness in your life.

Dumping Crabs and Lobsters in Boiling Water: Do They Feel Any Pain?

QUESTION:

There's an article about Mary Tyler Moore, the TV personality, who's a member of the People for the Ethical Treatment of Animals, and she took out a full-page ad on the opening day of the annual Maine lobster festival asking people not to eat lobsters. That she claimed the pain that the crustaceans endure during boiling is the reason.

Now, when they cook these lobsters, it isn't from putting them in *cold* water and gradually bringing it to a boil. Most of the cooks toss these lobsters and other crustaceans into the actual *boiling* water. So, I'm not certain how they know for sure, but I'd like to ask: Do crustaceans feel pain when tossed into boiling water?

COSMIC AWARENESS:

This Awareness indicates it is a pain that occurs so instantaneously that it's likened unto a paralysis. It is as though they are paralyzed with the pain, but within a matter of approximately ten seconds, the nerves cease to transmit the pain to the brain, and prior to that, during the ten seconds, it is a kind of shock and paralysis that is felt. Therefore, in the types of death available, it is not one of the more cruel forms, and it is quick, and because the shock factor from the initial pain of the boiling water, it creates a paralysis that does not allow time to reflect or to respond to the pain. In a sense, it is almost as though the initial pain and initial paralysis stuns the creature to death.

The creature becomes unconscious within approximately five seconds after the initial contact with the boiling water.

Jesus leads addict to sanity, sobriety

By Gail Wood
The Oymypan

Two years ago, Jay Attaway was a burned-out drug addict about to be committed to a mental hospital. He was out of hope, considering suicide.

"Today, he's off drugs, married and working full time as a carpet layer. He said his belief in the healing power of Jesus" has transformed his life of misery to happiness.

"At my lowest point, they were ready to send me off to Western State," Attaway said. "They thought I was a goner, that I had blown too many brain cells with drugs."

For two months, Attaway, 22, sat in a psych ward having periodic fits of rage. He believes it was only the prayers of his mother, Karen Strand, that saved him.

"I had been pretty much stoned every day for three years," Attaway said. "My mind was pretty well gone."

From marijuana to crack cocaine and from speed to LSD, Attaway used it. If it was available, so was Attaway.

"I was really trying to find out what life was about through chemicals," he said. He says the high of drugs doesn't compare to the peace he's found in his faith. Sunday mornings now

find him in church, where before, he couldn't pull himself out of bed or out of his drunken stupor, he said.

His commitment is more than a Sunday suit-and-tie gathering. Besides attending two services each Sunday at Calvary Chapel in Olympia, he goes to weekly Bible studies at the church and prays daily with his wife, Michelle. They also take part in a monthly fellowship dinner at the church.

"It's not just thinking about the things in the Bible, it's living it and believing it," Attaway said. He said he lives his life on the commandment Jesus gave. Attaway tries to "serve and love God

with all my might and all my heart and all my strength."

"Our faith is totally reliant on Jesus Christ as our personal savior," he said. "It's not about good works, but it's about obedience to Jesus."

Now, several of Attaway's "drugie" friends are making the same commitment.

Attaway said when he accepted Jesus as his savior, he felt an instant peace. But turning his life around took time and commitment. First, he threw out six large plastic sacks of music cassettes, occult books and other materials that were not in line with his new lifestyle.

"I'm a new person," he said.



Patrick Neary The Oymypan
BUILDING A NEW LIFE: Jay and Michelle Attaway with their 1-year-old son, Seth.

OTHER WORLDS IN OTHER FREQUENCIES: THE MANY MANSIONS IN THE FATHER'S HOUSE IS EXPLAINED

QUESTION:

I had a question in relation to the information given last night in the reading on multiple levels, and the experiencing of some of these. The Interpreter tells a story, that at one time, I think it was during the 60s, he was travelling in a car, and he had been given a tranquilizer, and it sort of altered his consciousness evidently, because at a stop sign, he looked across the street and he saw a school filled with school children, back in the 19th Century England, or something similar, all dressed in very old strange school garb of that time, and the other people in the car or around the area couldn't see these children playing in the schoolyard, they saw something else; and I'd like to ask, was this an example of the multiple levels Awareness was talking about?

COSMIC AWARENESS:

This Awareness indicates this is in the affirmative, that this was an instance wherein the entity was seeing into another dimension. This Awareness indicates that these entities in fact, recognized that there was another dimension, that these children were aware that they were in a different dimension from the Interpreter, and recognized the Interpreter entering in to their dimension; in fact, two of the children, humoursly, jumped in front of the automobile and allowed it to strike them. They flew in to parts, and disassembled, then reassembled behind the automobile, laughing.

This Awareness indicates that these entities knew that they were astral shells, knew that they were not in the same dimension as the people in the automobile. It was likened unto a practical joke, to freak out the entity who was partially entering into their reality. This Awareness indicates this kind of humor and the nature of that reality was such as to be likened unto a level, very close to the vibratory rate of present earth entities, but was such as to allow those who are waiting for return to this frequency to experience the resting or noninvolvement in physical life, in a kind of limbo resting place.

This Awareness indicates that these entities saw their world as a reality, but had a kind of higher view, wherein they also could see into this present vale, the present frequency which you call reality. This Awareness indicates that there are still other frequencies in which realms or worlds exist. There are many worlds in which the entities on those worlds can exist simultaneously in the same time and space, but on different frequencies, even as the frequency in which you presently reside is but one reality and there are multiple realities, simultaneously expressing within the same time and space, but on different frequency levels.

The Many Mansions

This is what is meant by the phrase: "In my Father's house there are many mansions." This Awareness indicates these many mansions are superimposed over each other; that the work of *Steppenwolf* as a story, speaking of similar multiple realities superimposed one upon the other. This Awareness indicates that this is related to that which Seth speaks of, and these realities

can move into the direction of this reality, and when the frequencies are moving toward the present frequency known as *here and now* reality, it may be considered as coming from the future toward the present, and when these frequencies are moving out of *here and now* reality, and toward other frequency levels, it may be considered as moving into the past.

This Awareness indicates, however, these frequencies are always present somewhere, either moving downward or moving higher in higher vibration. For example, as a frequency begins to diminish, it also begins to drop toward lower and lower vibration and takes on the appearance of a lower frequency, which is associated with the movement toward the more material, and as it fades, into fainter and fainter reality, more subtle reality and also drops into lower tonality, the frequency tends to be in movement toward the *past*.

This Awareness indicates that frequencies can also move toward the future and as consciousness tightens and the frequency moves into higher pitch, the entity tends to move toward that which is the higher frequencies or spiritual dimensions, and also moves toward the concept of *future*. This Awareness indicates that if you fully understand this, you will recognize that future and past, as entities normally think, in the linear sense, *does not* necessarily exist; that a tower built in ancient times is not ever in the past but is *always* in the present, and its frequency may be holding steady to a considerable degree in present frequencies, even though it is decaying to some degree over the thousands of years so that eventually it fades also, and to some extent it is always fading and showing signs of age.

This Awareness indicates that this does not necessarily mean that time is linear or that time itself exists; in a sense, there is no time, there is only *Now* and the frequencies are those things which are fading and changing in the now, and some things hold up in their particular frequencies for greater duration, while other things fade quickly. It is that fading that gives the illusion of past.

There is No Such Thing as Time

This Awareness indicates that those things which do not ever change, in fact, if such was that nothing ever changed or faded, then entities would perceive that there was *no such* thing as time, that there was no linear time, for it is only the change and the fading of things that give a sense of time.

This Awareness indicates that there are two ways of measuring time: either that of movement or that of decay and regrowth. One is called sequential time, and the other is called cyclical time, the movement of something in a cycle, where it is repeated, such as the planets, or the hands of a clock or the cycle of a day as one way of measuring time. Another way is to watch the sequences, such as the growth and decay of plants or other objects.

This Awareness indicates that when a plant grows and puts forth a seed and the seed brings forth another plant; this is a matter of sequence. This Awareness indicates that these sequences are still much the same as frequency, impulses and decay of that frequency, for all those things are but vibration. A plant is but a pattern in vibration of certain frequencies. This Awareness indicates that the very atoms that make up the plant, the

blade of grass, for example, the very atoms that make up these plants or other objects that are seen as material, are in fact *vibrating frequencies*.

This Awareness suggests that this vibrating frequency, forming into particular patterns of frequencies unique to the thing they are representing, these are in the process of being created or decaying, and as they decay, the plant which they have created in their pattern also will decay. That in the sense of a cyclical movement as representing time, it is such that the vibration or frequency within a thing is having its effect, such as the frequency or vibration of the earth; but these orbiting objects, having their own particular frequencies, are *being pulled and pushed by other forces so that they spin around and around a center*.

The cycles in themselves are but a symptom of the forces involved, affecting those particular atoms that are collected to represent that thing; thus, the atoms that circle around the neutron and the atoms that make up the particular molecule and all of the other atoms that make up the parts of the greater body of physical material, these are perhaps forced into movement by forces.

They are not representative of time in the sense of a duration, and the vibration or frequency continues to operate as the force that causes things to come into existence or fade, the fading in and fading out of the frequency, but there is that cycle or that movement of these things, wherein they are influenced by environments that force them to move.

The human mind sees those movements, one following the other in terms of a line of events, a line of movement. This Awareness indicates the human mind thinks in terms of lines although this is not necessarily the reality. For example, you can put a series of dots on a sheet of paper and in a kind of random manner, and one person can look at those dots and see an image or see a picture, another person can see something totally different. This is because the human mind is filling in with *imaginary lines, which in reality are not necessarily linked*.

This Awareness indicates the human mind tends to see things that happen one moment and things that follow in the next moment as somehow connected, although they may be totally separated; they may have nothing to do with each other, but because of the proximity, the human mind tends to link things together in sequential manner; thus the orbiting of the earth moving around the sun in terms of an interpretation called years, creates the illusion that there is a line of time moving from one year to another, when the reality is that there is only the creation and the decay of energy, and some of that energy is being *pulled or pushed by environmental energies that affect it and force orbits and cycles and movements*.

This Awareness indicates that this may help entities to better understand that concept which refers to the fact that time shall be no more; that when the mind reaches a *point in which the linear ideas of time, in terms of mental illusion, are altered in the mind, then, the mind no longer sees time as a linear movement, it sees time only as a convenience for mankind, as an artificial creation of man to help him or her to meet deadlines and schedules simultaneously*.

"In defense of the World Order...U.S. Soldiers would have to kill and die. We are not going to achieve a New World Order without paying for it in blood as well as in words and money."-Arthur Schlesinger, Jr.

This Awareness indicates that the *only* actuality is *duration*, the duration of decay and the duration of created energies forming. This Awareness indicates that these are vibrations, and the cycles may be used for the convenience: "I'll be back with you when the moon comes around to the same place." This Awareness indicates that this is, in actuality, an agreement to meet at certain junctures of forces, but for convenient purposes, entities label the different increments as days and and nights and months, and entities begin to thank that these movements are in reality a long path called time.

This Awareness wishes you to realize that there is no yesterday, there is no tomorrow. There is only *today*.

This Awareness indicates the same truth will apply in the next moment, and in a thousand moments, and in ten thousand moments from now. There is only the moment of *Now* in this particular reality. This Awareness indicates these other moments, these other *Nows* are either coming into this reality or are fading away, and the fading process is called past.

This Awareness indicates that in a senses you can say the past is always now, because it still exists in a fading away process that never ends. This Awareness indicates you can also say the future is *now* because it is out there somewhere coming into existence but you can only, in all honesty, recognize existence when it appears before you in the moment of *Now*.

THOSE ASTRAL SHELLS IN THE SCHOOLYARD: A REPLAY?

FOLLOW-UP QUESTION:

Awareness indicated that the children the Interpreter saw in the school yard were astral shells. Does this mean that this was not an actual replay of the event of those children, but of the astral shells of the same entities that had been long departed?

COSMIC AWARENESS:

This Awareness indicates that this is in the affirmative; that these children were not from England; these were astral shells of children who at one time attended that school, that this was at approximately 2:00 AM in the morning, and these schoolyards were filled with what may be termed spirits of children; these children having attended those schools at other times in the past.

This Awareness wishes you to correlate this statement with the message that has just been given, that the past is always with you in the present, but on a *fading* level, and one which is more or less likened unto a departing or decaying frequency. This Awareness indicates the *entity as having touched into that decaying frequency* enough to where he could see these children and whereby they too could see him; this as like tapping into a frequency that was moving outward from the center and riding on that frequency long enough to observe something about that particular frequency.

How to Visualize How "Time" Works

This Awareness asks you to visualize a rock being thrown in the water in which ripples move ever outward from that rock. This Awareness suggests that if the rock represents the Here and Now, and the ripples moving out represent frequencies emerging from Here and Now and going ever into the past, you can better understand

what is meant by this; that there is that movement of the ripple associated with the *now* that moves out into the universe, the realm of time, the realm of space, and that movement is associated with time or duration and the space may be associated with the water which the rock was thrown into.

This Awareness asks now that you visualize instead of a pool of water, which is a flat surface, that you visualize a cube of space in which something inside that cube moves and that something represents to the cube of space the same thing as the rock striking the water, and from that movement in the cube of space, ripples go out in all directions toward the edge of that cube.

These go out as *spheres* rather than flat waves on the water. These spheres of energy, moving out from that point are frequencies, vibrations, and there are major vibrations and there are minor vibrations caused by the movements of the major vibrations; just as the rock caused the major vibrations, the major vibrations caused reflecting smaller vibrations, and these smaller vibrations create even still more small vibrations, and those ever growing smaller vibrations still have effects, vibrating until things are so miniscule that the mind cannot fathom, yet all of those miniscule vibrations are still creating still more miniscule vibrations, on into infinity.

The "Word" of God: How it Began

This Awareness indicates that if you apply this image and understanding to the universe itself, you can call that rock or that vibrating center point the Creator, and all of those vibrations that come out from that Creator: that creator being ever in motion as a kind of universal dynamo, emanating frequencies forever, so that the vibrations never cease, but continue to emerge throughout the universe, coming from that Cosmic Motor; that you can call that Cosmic Motor "God", or you can see *It* as the Force of Life, or you can see *It* as what in the New Testament is called "The Word": *In the beginning was the Word, and the Word was God.*

It was called *The Word* because when this biblical passage was written, there was no word known to represent the meaning of the words 'vibration' or 'frequency.' The priests knew that words were based on vibrations and frequencies, even though what we today would call vibrations and frequencies, they knew the power of *The Word* or the vibration of a frequency, and they understood the mystery behind the vibration, but they did not have the word *vibration* available to them, so they called it the *Word* and they said: "In the beginning was the *Word*, and the *Word* was God."

Modern interpretation would rightly print this: "In the beginning was the *Vibration*, and the *Vibration* was God." This Awareness indicates that if this is fully understood, then biblical passages have greater scientific meaning, and it is not simply mythical teaching which needs to be accepted by faith alone, for one can understand then the creation of the universe.

This Awareness indicates that this *Vibration* which was in the beginning, *is* today, and always will be, and this is *also* the Light, the Cosmic Light, or the Light of Christ. *It is*, as it was, in the beginning.

This Awareness indicates that this vibration in the universe, emanating frequencies ever outward, creating from those frequencies, echoing frequencies of an

octave lower, and each of those octave lower frequencies creates again, and each of those creations repeats, repeats and repeats until the frequencies reach down into that which is called matter; the slowest frequencies being those things which vibrate very little and those gross vibrations may be in movement. This Awareness indicates that the higher vibrations are in movement and the lower vibrations are in movement; the movement of something in a lower vibration is visible and swings more widely.

If you pluck a deep note on a stringed piano, the string will vibrate much more widely than one of the higher notes, for those higher notes are much tighter and their vibration does not fluctuate nearly so wide, and the lower notes fluctuate quite widely, perhaps an inch or more, as they vibrate. This Awareness indicates that likewise, matter has its greater and lesser swings, and the wider the swing, the deeper the note or frequency.

This Awareness indicates those deep notes are such as to collect higher dust particles or higher frequencies and build up, around those particles. This Awareness indicates that these often tend to form a kind of pattern such as the planets circling the sun, where the sun has its deep frequency as a lower note, followed by associated planets moving around having higher notes, or frequencies. This Awareness indicates that on a string you are *dealing with linear vibrations based on the tightening of the string* and the size of the string, whereby loose strings with larger diameter will create lower notes, and tighter strings with more narrow diameter will create higher notes.

This Awareness indicates that in the universe itself, these are not tied in to lines, rather, they are spheres like the spheres of the planets circling the sun, but they still are vibratory forces in motion. It is a different dimension, a different way of seeing frequency. This Awareness indicates that the rock hitting the water, or the motor in the cube of space that vibrates the air, such as a speaker for a stereo set, where the air is vibrated by the movement of the motor or frequency, the speaker vibrates.

This Awareness indicates that in the universe, you must go a step further and recognize that this motor of the universe is sending out frequencies which in turn create overtones of higher and lower octaves and these various octaves mimic the higher motor of the universe and the first level, or motor, may be referred to as the Absolute Creator, and the second octave below that, or the next octave below that may be thought of as Archangels or deities of a sublevel, and these frequencies continue and entities are represented on those frequencies, energies are represented on those frequencies, and these energies may be termed entities, or gods, or deities, and they may also be named other things, depending on how far down the ladder of frequency and vibration one wishes to go; that there are many levels of vibration and frequency in the universal electromagnetic scale or spectrum

This Awareness indicates that as entities move more and more into the denser levels, they eventually reach that which is matter. This Awareness reminds you that even the lower strings on the piano vibrate first as a whole string, but then each half of the string also vibrates in a way that is allowing each half to reemerge the vibration of the whole, so you have, in the lower

vibration of the entire string, a less dominant echo or sound of the same note on an octave above.

This Awareness indicates on the vibration of a string you never hear only that particular note, you hear overtones, and each overtone breaks into still half, and forms what may be termed four parts to the total string, and each of those four parts vibrates, creating still another octave above, and this goes on infinitely with that string while the note is sounding.

How the Human Body is Formed

This Awareness indicates that likewise in life, when you come into the vibration that represents the human body, and that domination or dominion note of the individual creates its vibration, there is a higher octave also vibrating and that higher octave of the physical may represent energies of the astral, and the higher octave above that will be entities or energies of the mental and above that, energies of the spiritual.

This Awareness indicates that these vibrations create reflections or images associated with the outer shell of the human body. This Awareness indicates that the reality of the creation is that which comes downward rather than from the human body. The reality is that the note of the individuality vibrates at a higher level, just as does the universal motor, and then echoes downward through the various octaves until it reaches a point wherein the physical emanation is formed as a seed, which then continues to sound and vibrate to the point where eventually a human body is formed.

Regrowth of Body Parts Now Possible

This Awareness indicates that in understanding this message, entities can begin to see the future of many things, such as medicine, for this is the manner by which entities are formed, and with the proper vibration of an individual, the formation of the parts of that individual's body, when triggered by that same frequency, would allow the regrowth of arms, legs, fingers, even after amputation. This Awareness indicates that the stimulation of certain electrical frequencies on frogs, for example, have grown new legs on frogs. This has been done already in your laboratories. It is that *vibration* of the electric current that has had that effect.

This Awareness indicates when this is fully understood, and the vibration is attuned to the body's frequency, then this action of regrowing arms or legs will become a commonplace activity in the medical field. This Awareness indicates that there also will become a time in which entities can purify their bodies through the use of certain frequency sounds. This Awareness suggests also that you must understand that each word, according to its intent and meaning, carries certain sound, meanings or vibrations.

How the Mental Intent Heals

This Awareness indicates that when you wish to send a message to another person on the psychic level, when you wish to heal yourself through affirmation, it is the *mental intent* that accompanies the vibration that has the effect, for if you use a nonsensical word and send that nonsensical word out on a vibration, but you *intend* that nonsensical word to reach another entity, the *intent* is there, and will have its effect, and that nonsensical word will reach the entity; but because it has no meaning or

intent within the nonsensical word, there will be no effect after it is received.

This Awareness indicates however, if you put a meaning, an intended meaning, and send it to the same entity, then when that word reaches that entity, the intent behind the word will affect the entity. This Awareness indicates it is not the word that counts, for the word is only the carrier of the intent, but when entities collectively assign certain intentions of meaning to words, then those intended meanings are attached to the vibration of the word, and when spoken or sent out, the intended meanings are those things which are expressed. This allows entities to heal from a distance, or to send messages from a distance; wherein the intent is strong enough and the vibration is sent by intent to that entity.

This Awareness indicates you may think of this in the manner that the intent is the pilot of the ship who is going to another place to make contact with someone, and the ship itself is the word being spoken or the vibration being spoken.

This Awareness indicates that the same is so in terms of ritual or movement; the *intent* is that which counts, or the accepted meaning of a ritual in terms of its intent. This Awareness indicates that the world itself, the universe itself in terms of causal, in terms of causal forces, is represented by the intentions, which is the will, the intent of the will, and the will of God as that which is the intention of the Creator.

The will of the individual is that which is the intention of the individual. The vibration or word, or ritual or action expressing that intent or will is the carrier, it is the transporter of the will, of the intention. This Awareness indicates an entity in one culture may have an intention associated with a word which in another culture may be abhorrent in terms of meaning. It may mean something just the opposite.

This Awareness indicates for example, in recent past the gasoline company called Enco, was moved into Japan, and the intention of this Enco company was to open operations and gas stations to sell gas in Japan. It had done well in the United States and other countries, and now wanted to sell in Japan. This Awareness indicates however, the word Enco in Japanese meant "bad gas." This Awareness indicates that therefore, the intention of the word to this other culture was totally different from the intention desired by those who were attempting to open a market. This Awareness indicates that when anyone in that culture associated the name of Enco with that which was considered the meaning of the word, they would only think of bad gas and therefore did not wish to participate.

This Awareness indicates that it is the same in another sense, wherein one may pervert a meaning, wherein a word may have some very precious and valuable meanings, but when a culture or an individual hears that word and it becomes charged with a different meaning or value; that intention or the meaning associated with the word can have adverse effects, even though most people think of it as a favorable word. This Awareness indicates that in this sense words themselves are not sacred. The intention conveyed by the word is that which entities wish to preserve and keep sacred, and if

the word is perverted from its intended meaning, it can quickly lose its sacredness.

Why Your Words and Intent Must be Kept Pure

This Awareness indicates that for example, the name 'Jesus', at one time was highly sacred on all levels, because it was defined purely with its very clear and pure meaning, but in many areas today there are entities who do not like the word because it has in many instances become associated with violations that were done in the name of Jesus, the various atrocities of the Middle Ages in which entities were burned at the stake, in which entities were invaded by the soldiers of the church who went in and slaughtered the "heathens" in the name of Jesus. There are many entities who do not see this name with the same sacredness it once had.

This Awareness indicates therefore, it is important to keep the meanings pure to their original intent. That likewise, when you move into an action of seeking to create or manifest; if the words you use are not pure to your intention, then you may end up manifesting something entirely different.

Be Very Careful When Affirming Good Health

For example, if you state: "I do not want to exist in poverty. I wish to manifest myself out of disease, be free of disease." This Awareness indicates the word "disease" is carrying certain intended meaning which you can clearly define. This Awareness indicates that even though you wish to negate it in the sentence: "I do not want to continue having this disease"; even though you wish to negate the disease, the word that is being used is carrying the diseased meaning. It would be far better to say: "I wish to be healthy", for the word 'healthy' is carrying an intended meaning that implies something totally different, and that which you see is not the disease; that which you see in your intended expression is the *health* rather than the disease.

This Awareness indicates therefore, be most careful in the way you word things so you are not projecting an image, a vision of that which is negative. Be most careful, because even though the word 'not' is there, the *picture* of disease is present. You may say 'not disease' or 'not turn left,' as in those road signs which have an arrow point to the left and a symbol crossing them out. Many entities seeing that, carelessly turn left, following the arrow, not noticing the mark crossing out the arrow.

This Awareness indicates that this can happen in your own affirmations, wherein you say: "I do not want this disease," the disease then is that which sticks in the mind and continues to fester; whereas, if you say: "I want good health," then that image of good health sticks in the mind. This Awareness indicates that it is the *intent* that colors the image and the vision, and that is what you wish to work with, in your creating of your future.

This Awareness indicates that by understanding the nature of vibration, frequencies, and how these frequencies are wave lengths to carry images and words and intentions, just as they do so on radios and televisions, they do this also throughout the universe. A word spoken to God with the *intention* of reaching God, *does so*. A word spoken to a friend at a distance with the intention of reaching that friend, will do so, even if it is on a subconscious level.

(This Awareness indicates that this is sufficient for this message.)

WHAT IS COSMIC AWARENESS

COSMIC AWARENESS is the Force that expressed Itself through Jesus of Nazareth, the Buddha, Krishna, Mohammed, Edgar Cayce and other great avatars who served as 'Channels' for the 'Heavenly Father' and who speaks again today as the world begins to enter the 'New Age' of spiritual consciousness and awareness. Since 1963 Cosmic Awareness has been communicating through carefully trained channels. This information is for those who desire to help in bringing in the New Age. Throughout the thousands of 'Readings' given through these various channels, Cosmic Awareness tells us not to believe anything, but to question, explore, doubt, and discover for yourself, through your own channel what is the truth. Cosmic Awareness will only 'indicate' and 'suggest'. Neither C.A.C. or any of the Interpreters is responsible for anything Cosmic Awareness states in any of these readings, nor does C.A.C. or the Interpreters necessarily agree with the statements of Cosmic Awareness. The Interpreters interpret the energies as they see them in trance levels and are not personally responsible for what is said. The Interpreters published herein have no connection with, nor control over the editorial comments and material, including illustrations. This is entirely the responsibility of the editor. Members of C.A.C. are invited to send in questions of general interest to ask Awareness for possible publication in this newsletter.

The interpreter for the readings in this issue of "Revelations of Awareness" is Paul Shockley.

Avaton--Editor
Vikki T.--Sec. Treas.

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—HOW TO GET THIS NEWSLETTER BY MAIL— EVERY 3 WEEKS ! (More or Less)

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MEMBERSHIPS AVAILABLE (Honor System!)

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