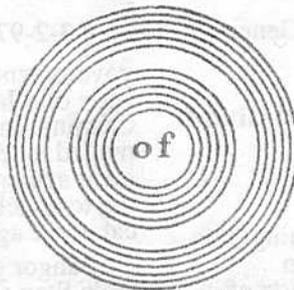


Revelations

The Cosmic Newsletter

FAX: 360-352-6294
INTERNET: CosmicComm@aol.com

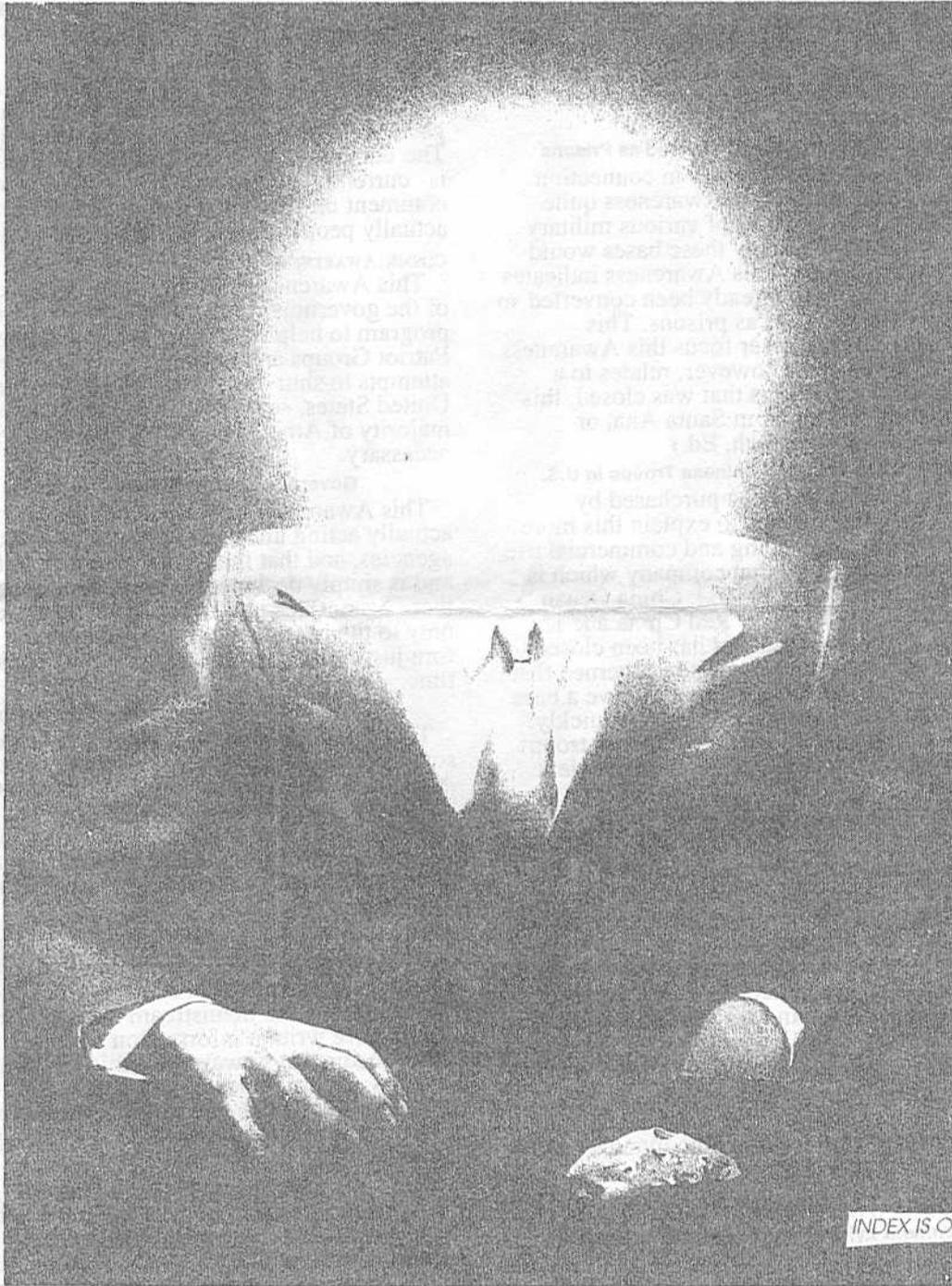


Celebrating our 25th Year

Awareness

COSMIC AWARENESS COMMUNICATIONS
P.O. Box 115, Olympia, Washington 98507
Helping People Become Aware

97-8
Issue No. 485
\$3.00



INDEX IS ON PAGE 16

Mirror Gazing—a New Way to Contact the Dead?

In Exchange for Bribe, Clinton Gives Red China A U.S. Navy Base

(CAC General Reading, 3/24/1997)

OPENING MESSAGE:

This Awareness wishes to comment on one thing; this is related in part to the information that has been associated with the fund-raising for the re-election of Clinton back in the times prior to the election, when there was a desperate effort to raise funds. This Awareness indicates that this relates to the Chinese connection, in which large amounts of money were given by certain parties or entities from China to help re-elect Bill Clinton and what he offered in exchange for this donation to his re-election.

Closed Military Bases Eventually to be Used as Prisons

This Awareness indicates that this is in connection with the information given by This Awareness quite some time back about the closures of various military bases in the United States and how these bases would eventually be used as prisons. This Awareness indicates that many of these bases have already been converted so that they can easily be reopened as prisons. This Awareness indicates that the other focus this Awareness wishes to speak of at this time however, relates to a Navy base in Southern California that was closed; this South of Los Angeles, not far from Santa Ana, or Riverside, California. (Long Beach, Ed.)

COSCO Could Use Base to Land Chinese Troops in U.S.

This as a Navy base that has been purchased by China, and this Awareness wishes to explain this more clearly. It is to be used for shipping and commercial use according to the agreement, by that company which is well-known in this country as COSCO: China Ocean Shipping Company. It is owned by Red China and is now the owner of the Naval base that has been closed to the US Navy and many entities are quite concerned that the government has permitted Red China to have a base on the Pacific Coast, because it could be very quickly, or very easily used as a port for landing Chinese troops in this country if that became a necessity for the New World Order.

This Awareness indicates essentially however, the present plans, at least publicly stated, are for COSCO to ship goods from China to the United States, therefore bypassing other shipping expenses, allowing China's shipping to be directly to the United States through their newly owned port. This Awareness indicates that it is something that entities need to be aware of and to watch and to recognize that it was an action essentially taken by the Clinton administration in exchange for donations for Clinton's re-election.

How much other money was paid is also to be researched, for there may have been very large amounts of money paid for this, and it is not seen clearly at this time as to how much or who received the monies from China.

Are Navy Bases Threatened by Terrorists?

(Or is Government Lying Again to Frame Patriots?)

QUESTION:

Speaking of Navy bases, in the February 19th *Seattle Post Intelligencer* there's an article: "Threats to Bangor/other Bases are Under Investigation". I'll read a little of this. "The FBI and Navy are investigating letters threatening a number of military bases and government sites including the Bangor submarine base on Hood Canal.

"The letters are from a "previously unknown anti-

government group: 'Revolution 2000' according to a copy of a January 30 computer message from the Navy Criminal Investigative Service. The Navy said the group mailed letters to Bangor, another base, and a government agency during the last week of January, threatening to attack them with explosives, missiles and chemical nerve agents within 6 months.

"Bangor got its letter January 28th, a spokeswoman, Dora Stag said. The letters also threatened to attack Edwards Air Force Base in Southern California, Langley Air Force Base in Hampton, Virginia, and certain bridges in Washington DC, according to the Navy.

"In all three letters, the writer warned "The clock is ticking!" The letters were postmarked in Las Vegas, and gave the FBI's Las Vegas office as the return address. The computer message said "The validity of this threat is currently unknown." Anyway, would Awareness comment on that? Is this some kind of hoax, or is there actually people out there that planned this?

COSMIC AWARENESS:

This Awareness indicates that this appears to be part of the government misinformation or disinformation program to help create an excuse for going after various Patriot Groups and to become more active in their attempts to shut down all of the Patriot activities in the United States, so that when the crackdown comes, the majority of Americans will understand why it was necessary.

Government Disinformation to Blame Patriots

This Awareness indicates that these provocateurs are actually acting under government guidance from various agencies, and that this is not from any Patriot Group, and is simply designed to cause the appearance that there are entities in this country who are dangerous, not only to the people, but to the government itself, therefore justifying any actions that may be taken at a later time.

Oklahoma Bombing a Government Cover-Up

This Awareness indicates that entities may expect some strange happening to occur around the 19th of April, as an anniversary to the Waco and Oklahoma City bombings, but this may not occur if it becomes more clear that the government forces or agencies were involved in the Oklahoma City bombing, and if this begins to dawn on the masses, it may result in a decision not to try it again.

British Papers and the Internet Tell More of the Truth

This Awareness indicates that already on the Internet, it has become exposed in many ways, although it is not exposed yet in the mainstream media. The British papers have written information on this, but the United States media stays away from this kind of information. This Awareness indicates that if you want to know what is happening, British newspapers are more open about printing this kind of information, releasing this kind of information.

This Awareness indicates the disclosures in regard to the agencies involved in the Oklahoma City bombing are substantiated by various documents and testimonies, of not only witnesses who were present, but even some of the government employees who were privy to what was happening at the time. Some of these entities have come forth with their disclosures, but the government prosecutors will not hear them or will not disclose information that they have given, and the newspapers do not print, nor does any other media outlet give information on these things.

This Awareness indicates it is however, beginning to

unravel, and there is considerable information available which may eventually reach some publication that dares to print the information. This Awareness indicates for example, certain entities have asked questions: "Why was the bomb squad present *before* the bomb went off at the Oklahoma City Murrah Building?"

Some Unanswered Questions About the Oklahoma Bombing

Others wonder why the BATF (Bureau of Alcohol, Tobacco and Firearms) people were already present, but *not* inside the building. Why were they off work on that day at that time of the explosion? Why were the BATF people absent that morning and why did they have their children pulled from their daycare centers just before the time of the explosion? Were they somehow tipped off or aware of what was to occur?

This Awareness indicates there are entities involved in a suit to find the truth about the Oklahoma City bombing; a Senator from Oklahoma, along with an individual whose grandchildren were killed in the bombing, have called for a Grand Jury to re-investigate the bombings. They were denied that right by one court, and it was said that the government had thoroughly investigated and had reached its decision that there were no others involved other than McVeigh and Nichols, and therefore, they did not grant the new investigation. However, this was appealed, and the Oklahoma Supreme Court agreed that there was proper procedure in appealing and calling for a Grand Jury and therefore, there was no reason and no legal excuse not to allow the Grand Jury to be called for this.

Grand Jury to Review Bombing with New Witnesses

Therefore, it has happened. The Grand Jury has been called to review the case based on the new information from witnesses that were excluded previously, and from other evidence that was ignored at the time of the first government investigation. Therefore, you may find, in the future, new information coming out about this bombing that was not present previously.

This Awareness is not saying that McVeigh is innocent of any activities; *It* is suggesting, however, that there may be others who are also implicated, and these others may have connections with government sources or agencies that were set up to cause the destruction of the building for a purpose that has not fully been disclosed, but which would serve to create an atmosphere suitable for new laws,--the Terrorist Law, for example, which was enacted as a result of that bombing, and other laws that could be used to give the government greater powers at the expense of the people.

Government Sponsored Terrorism Designed to Create Repressive Laws on U.S. Citizens

This Awareness indicates it has been said that governments are created to serve the people, not to control the people, but the actions have been reversed in recent years, creating that which is a totalitarian government, and the people are gradually losing their freedoms, but unable, or seemingly unable to reverse the trend and the government tending to create an atmosphere, according to many who view these things as government sponsored terrorism, to use the atmosphere of the bombings and terrorist activities as an excuse to create greater laws and greater restrictions on the people.

Adolf Hitler Took the People's Guns and Declared "Peace"

This Awareness indicates those who are well-versed in history will recall that Adolph Hitler made a statement once that for the first time in history, people had been disarmed in his country, and therefore, there would be peace and criminals would no longer be allowed to create disturbances in the country. Now the government could assure security for everyone.

This Awareness indicates this was well before the Nazi party began to assassinate all of the oppositions to Hitler's reign and before Hitler began to round up dissidents and ship them off to the gas chambers and concentration camps. The "guaranteed peace" that he assured the people of Germany, by taking their guns, only disarmed them to protect the heavy-handed government that was then installed over the masses.

Latest Anti-Gun Law Identical to Hitler's

This Awareness also wishes to remind the entities who may not realize it that the anti-gun bill that was passed several years ago, was almost word-for-word the same bill passed in Nazi Germany in 1933 as an attempt to disarm the people of Germany to allow the Nazi regime to have absolute control. This now has been enacted and passed in the United States. Does this make people feel more secure, having such a document in the country? Or does this lead entities to wonder: "What is the government *really* after? **Protecting** the masses, or **controlling** the masses?"

Government Agencies Bring in Drugs to U.S.

For 200 years, this country has endured with relative peace until the last half of this century, when there has been the introduction of drugs which are for the greater part sponsored by government agencies. This Awareness indicates those who have read the book Underground Empire will recognize that this government has been one of the world governments sponsoring the importation of drugs to the masses, and the only actual drug war that occurs is in stopping those who are *not* part of the network, those renegade drug-dealers that are not hired or used by the Shadow Government of the underground empire, or drug programs.

Drug Programs an Excuse to Take Away Freedoms

Therefore, with this kind of drug importation, the government, from the time of Nixon up to the present, has used the drug program sponsored by the Shadow Government, as an excuse for creating more and more dictatorial laws to take away the freedoms of individuals.

This Awareness indicates that is essentially what is happening in this country and the freedoms that allowed a nation 200 years of prosperity and growth are now being tossed aside, and the country is being turned into but another totalitarian country in which the masses will work for little reward and provide greater benefits to the super wealthy people of the world who control the New World Order.

This Awareness indicates of course, there is the possibility that some miracles will occur from those in the Patriot movement to throw off the yoke of the oppressors.

A Recap of the Revolutionary War and Its Significance Today

This Awareness wishes to recap briefly, information relating to the Revolutionary War. When King George sent his troops over to stop the colonies from attempting to assert their freedoms and to make the colonies pay their tea taxes; this Awareness indicates that the entities resented paying tea taxes to King George, and there was a gradual rebellion taking place in this country, and the British sent troops over to quash the dissidents.

When the rebels in this country began to take a stand, with George Washington as their leader, George Washington had approximately 10,000 troops or scraggly countrymen with their own private guns to stand against 30,000 British crack troops, and a battle raged in which many of Washington's men were killed, and only a small number of the British were killed.

This Awareness indicates that Washington began a

retreat, going across from New York to New Jersey, and from there, moving further south. By the time the entity reached his destination where he wished to regroup with the British following, many of Washington's troops deserted, so that he only had approximately 3,000 troops left, out of a maximum 20,000 that he had at one point, and the British were assured that they would soon have him wiped out.

This Awareness indicates again, the entity managed to escape into other areas and gradually recruited others so that he began to build up his troops again. This Awareness indicates the British sent more troops over to the United States from England to add to the army here in your United States. You can imagine how futile it would appear to the average citizen to think of fighting against the British in a time when only 3,000 troops were available against some 30,000 or more of the British.

This Awareness indicates that the futility and the discouragement must have been great for those entities at that time, but many of the people, particularly entities in Kentucky, who lived in those lands, hearing about the British coming toward their lands, became infuriated and decided rather than let the British come to their lands, they would take the fight to the British.

These entities were not part of the rebel army. They were simply people living on the lands, owning the lands, and wanting to protect their lands, and they went forth into the wilderness and ambushed many of the British troops so that the British had to flee, which was a sight to behold for the troops of the rebel armies, and it encouraged more entities to join with the rebels and with the citizens of the Kentucky farmers, and gradually, it became a rallying point to bring about changes.

Once it was clear, after some two years, or a considerable amount of time, that Washington was determined not to give in easily to the British, many of those who were called Loyalists, which meant they were loyal to the British in the United States, began to recognize that perhaps it would be possible for the colonies to become independent of British rule, and their allegiance became less certain, less strong. And also the French began to look differently at the efforts of Washington, and realized that perhaps Washington and his army would have a chance to defeat their old enemy, the British, and thus the French began to make plans to assist the colonies in their struggle for independence.

This Awareness indicates all of this would never have come about had it not been for the determination of a few entities to preserve concepts of freedom from the control of the totalitarian British Empire, which at the time, was the most powerful empire in the world. This Awareness indicates much can be learned by reviewing this historical war.

This Awareness suggests that some of it came about by the audacity of the British, believing that they were so invincible they could afford to stop fighting at a time when they could have very easily wiped out the remaining troops of George Washington, but decided it was late, and they would make camp and go to sleep that night and finish him off in the morning, only to find next morning that he was gone and could not be found.

This Awareness indicates the British also feeling quite comfortable with their win over the Washington rebels, went back to their hotels in New York City and the hotels were burned down during the night, thus destroying many of the troops of the British. This Awareness indicates that this became discouraging after two years of fighting, to the point where eventually the British were tired of the war. It was not as easy as had been expected, and they decided to pull back and this,

along with the help of the French and with the help of Indians, led to the victory of the rebel troops.

This Awareness indicates the British had previously paid Indians to fight against the rebels, but after some time, the Indians became very discouraged about the British treatment they had to endure, and turned against the British themselves. This Awareness indicates that the details of this is not as important as the fact that greatly outnumbered small groups of people were steadfast in their efforts to preserve freedom against an overwhelmingly powerful country.

Like in Star Wars the Underdog Not Always the Loser

It was very similar to that which is shown in the *Star Wars* movie; the rebels on a small planet, standing up to the Orion Empire with their Death Star, their invincible Death Star. This Awareness indicates the underdog is not always going to be the loser. Sometimes, that which appears to be fruitless can be reversed by weather, by nature, by psychological victories and by some miracles and decisions that help to sway the course of events in small ways, which may involve others, which in their involvement, add to the greater effort and begin to reverse the tide.

This Awareness indicates on many levels, today it seems fruitless for entities to think of preserving the Constitution or the freedoms that this country has long held from the sacrifices of your forefathers and the founders of this country, but this Awareness indicates it may not be as fruitless as it may seem.

Today Those Loyal to New World Order Could Switch

This Awareness indicates that many entities who appear to be loyal to the New World Order may simply be likened unto those who are fair-weather friends who are seeking to be on the band-wagon of the winning side, and they foresee the New World Order as holding the power, and therefore, they show their allegiance to the New World Order, but if they got the impression that somehow there are too many Patriots and the New World Order is not necessarily assured, their loyalty could then also become questionable, so that they may be more willing to consider or to listen to possibilities of switching their allegiance.

90% of People Are Controlled by the Fear of Death

This Awareness indicates it has been said that 5% of a population can influence 90% of the population, and if 90% are influenced by 5% who are dedicated to a certain direction, they may switch their allegiance to the other 5% if that other 5% appears to be more dedicated and more capable of turning the tide. This Awareness indicates essentially this comes down to 90% of people are controlled by the fear of death or insecurities associated with death, and because they are controlled by these fears, they can be easily manipulated in terms of their loyalties to one group or another.

This Awareness indicates entities who do not have a great fear of death cannot be so easily manipulated. This Awareness indicates part of this helps to explain why the underdog can somehow at some times become the victor in a conflict of such type. This Awareness indicates that there are many who see the Christian movement as foolish and see these entities who call themselves Patriots and Christians as being hindrances, but weak and incapable of stopping the New World Order, but their dedication is extremely strong. They would rather die than go into the New World Order willingly, losing freedoms, losing the right to worship as they choose.

Christians and Patriots Could Well Turn the Tide Against NWO

This Awareness indicates that these entities may indeed be the center for the changes that are capable of

turning the tide from the world totalitarian government to helping spread the concept of freedom throughout the world through an updated version of the Constitution of the United States as a document on which other nations can pattern their governments.

New World Order Now Seems Less Certain to Occur

This Awareness indicates there is much that could be available to people around the world; that there are some European countries now beginning to consider new constitutions similar to that which is governing the United States, and as more countries begin to think along these lines, it becomes less certain that the New World Order is destined to occur as presently planned. It may in fact eventually lead to a New World Order patterned after the freedom guarantees of the United States Constitution.

This Awareness indicates that there is so much certainty among those promoting the New World Order, that it may turn out to be their weak spot, because they do not feel there is any way for the movement to be stopped at this stage.

What is really Behind The Replacement of Those Who Head Corporations?

(What About Bill Gates?)

QUESTION:

A question from James T. in Seattle, WA. He writes: "In a recent reading, Cosmic Awareness suggested that many corporate leaders were being replaced surreptitiously. I can see that for some companies, where the leaders have standard educations and normal intelligence. This was a hot topic at business school years ago; the thought that being a CEO required the same skills, independent of which business you were in.

Lou Gerstner at IBM seems to have proven this, coming from selling cookies to computers, and doing a much better job than the IBM lifer's he replaced. So for execs who follow this model, replacing them is no problem. But what about executives who exhibit special skills or charisma, or genius, such as our own Bill Gates? While he certainly surrounds himself with very intelligent people, he takes their ideas, challenges them, and formulates new strategies.

"He adds a great deal to the business that cloned executives could not. Because of this, would the executive replacers just not replace him? Or would they replace him and be prepared to see the business lose momentum, due to losing its unique leadership? Or is Gates, and other like him less unique than I imagine?"

COSMIC AWARENESS:

This Awareness indicates the entity Bill Gates is especially unique for his great intelligence, but there is also a certain kind of timing the entity has in regard to the value and purpose of making decisions at the right time. Thus, he has, by fluke, in his upbringing and by his particular genius, the ability to decide when to make certain changes in his program or his business, and this has been even more beneficial for him than the technological skill he has.

Those Robotoids Created in Russia

This Awareness indicates that is sufficient for the discussion of the entity Bill Gates in this regard, for this question. This Awareness wishes to comment on the earlier part of the question having to do with the replacement of corporate heads. This Awareness indicates that the entity Dr. Beter, when he was alive, spoke of the Robotoids that were being created in Russia to replace their duplicate humans.

Dr. Beter Very Perplexed by Replacement of Corporate Heads

This Awareness indicates that these being approxi-

mately 10 to 15 years ago, when certain events were happening under the Carter administration, and that many of the corporate heads in this country were also being replaced by the cloning programs that were occurring at this time of the Carter administration.

This Awareness indicates that Dr. Beter spoke of this without understanding. He was perplexed as to why they would be replacing corporate heads. He understood why they would be replacing political leaders, but he could not understand why heads of corporations were being replaced.

How the Orion Empire Is Preparing our World for Takeover

This Awareness indicates that if you consider that the earth is being made over to fit within the Orion Empire and the Draconian Federation so that it can become a galactic annexation, where it is annexed into the Galactic Federation and Orion Empire, then you understand why the corporate heads would also need to be part of this. And if you understand this, you understand that the New World Order is being directed by these extraterrestrials to make the world, the earth as you know it, into a kind of planet that fits within the agenda of the Orion Empire and the Draco Federation through the control of the corporations and the governments.

The plan by these Draconian and Orion masters is eventually to get rid of all governments and simply have everything under corporation controls. This Awareness indicates that this gives them a complete hierarchical system for the ultimate type of dictatorial control. As long as there are governments, they see the governments as being wasteful and inefficient, but they see corporations as having a built-in hierarchy which allows the employees of all these corporations, which includes all of the masses on earth, to be well-controlled by the corporations.

Thus, each entity in a corporation would be loyal to that corporation similar to the behavior of ants or beehives, where there is no room for any switching from one beehive or one anthill to another. In other words, entities would belong to the corporations. The entities, once in a corporation, would have family that also belongs to the corporation. This is the ultimate plan or agenda for the earth as seen by these extraterrestrials.

This Awareness indicates that the corporation controlling each of its workers, would have a greater more absolute control than any government system could have, separate from such a hierarchy. This Awareness suggests that this essentially is what appears to be in back of the replacement of human individuals by their synthetic or Robotoid clones.

20 Years Ago Awareness Discussed the Cloning Going On

This Awareness indicates it is interesting that only now, some 20 years later, is it being noted that sheep in the British Isles have been cloned, and that monkeys in Oregon have been cloned, and the concept of potential human cloning is now being discussed. This Awareness indicates 20 years ago, this cloning activity, when discussed by this Awareness and by Dr. Beter was seen as having been an absolute farce, ridiculous, and unbelievable.

This Awareness wishes you to understand that most of technology of the more secretive type is not made available to the public for approximately 20 years or more, and therefore, the timing is right on for the disclosure of rudimentary cloning as a possibility, since it has been occurring for over 20 years.

WHEN PEOPLE ARE CLONED—WHAT ABOUT THE SOULS?

(More on Soul-Splitting)

Q. Yes, I was wondering, when I read those articles; they're talking about getting around to cloning human beings pretty quickly. Suppose, say you cloned a person, perhaps two or three clones of that person. I was wondering about the soul-stuff or the spiritual part of the original. When clones are made, is this part of the entity divided into these others, or do they have something different?

COSMIC AWARENESS

This Awareness indicates originally, there was no soul in the clone, in the Sixties and Seventies, but in the late Seventies, they learned how to split the soul and transfer the soul into the clone, thus the machines used, the electronic machines used to scan to an entity to see if he or she was human or Robotoid, or synthetic, could determine then whether it was with or without a soul.

Once the soul had been split and transferred, the entity then would have a certain rudimentary soul. It was not a completed soul. It was not a fully developed soul. Thus, there is still the transfer or the possibility of transfer of part of an entity's soul into his or her clone. This does not mean that is a necessity.

They Can Also Clone a Person Without Splitting the Soul

They can make a clone of an entity without the soul being tampered with at all. They can then destroy the original, freeing the soul to go on to whatever afterlife is planned by the soul, or they can split the soul and put part of it in the clone and allow the other part to go on to whatever it is destined for.

Aliens Playing God—Great Karma is Created

This Awareness indicates these entities essentially are tampering with the activities previously attributed to God or to the Divine Creator. This Awareness indicates the karma involved in this kind of action of course, is not to the good of humanity, especially when these entities are used for negative purposes, but there are those in the alien worlds who use this alien technology and who recruit certain humans to assist them in bringing this technology to earth and applying it to humanity.

FOLLOW-UP QUESTION:

So basically, the cloning that they're talking about in newspapers today, was actually brought about by the Greys and the Reptoids technology?

COSMIC AWARENESS:

This Awareness indicates not the cloning that is spoken of today. These are more recent activities, including the cloning of the sheep and the monkeys, but cloning itself is well over 20 years old, actually dating back in its more primitive approach to the mid-Fifties, when contacts were made between Orion and the earth governments, allowing an exchange of technology for territory; the alien technology traded to humans for human territory being given to the aliens. The cloning activities as being one part of such technology.

This Awareness indicates that when the Zeta Reticuli made contact with human governments, the cloning process was greatly enhanced; the technology being much more developed among these entities, for that was their way of reproducing themselves, and this technology being given to the United States government and to Russia for their use in exchange for territory. This created a sudden new scientific breakthrough for humanity, having all of the highly developed cloning technology available through the agreements and contracts with the Zeta Reticuli, those being the small

Greys.

OPERATION BLUEBEAM: INTERFERING WITH PSYCHIC CHANNELLING

(Ashtar Command and "Ascension" are Polluted, Not Our Interpreter)

QUESTION:

A question from Norman D., Boca Raton, Florida. He writes: "In the book *And The Truth Shall Set You Free* by David Ickes, on page 459 he says "I have learned of an elite project called "Operation Blue Beam" which is sending out thought waves on the wavelengths that channelers use. These messages are designed to mislead and divert people by purporting to come from ET's and other dimensions. Two of the inventions of "Operation Blue Beam," according to an excellent source are the Ashtar Command, and "Ascension" information, but make up your own mind."

And Norman asks: "Can Awareness give any more information on this?"

COSMIC AWARENESS:

This Awareness indicates It has previously indicated that these Ashtar Command and the so-called Ascended Masters were *not* authentic in their claims. This Awareness indicates that this Blue Beam project does not necessarily affect all entities who channel information. It does not affect this Interpreter either, because the Interpreter does not channel. The Interpreter simply interprets symbols from this Awareness, and this Awareness is not an entity.

This Awareness is an energy in the universe or a frequency or a vibration. This Awareness indicates therefore, it cannot interfere with the messages because the Interpreter simply interprets the symbols and energies provided by this Awareness. This Awareness indicates that also there are other channels who are not affected by the Blue Beam project because they do not seek or read the Blue beam for its information when bombarded by it. They do not attune to the vibration of the Blue Beam. They do not attune, even as a radio does not necessarily have to tune its channel to a certain broadcast station.

Some of the Better Channels are Not Affected by Bluebeam

This Awareness indicates if an entity such as Barbara Marciniak and other channelers attune to particular frequencies of entities in higher dimensions, they would simply tune out any frequency from the Blue Beam because they would not attune to that channel or frequency of the Blue Beam. This Awareness indicates therefore, they would not be affected by this project.

This Awareness indicates however, there are some entities who are indeed attuned to these frequencies and who would be giving false information. This Awareness indicates of course, entities who might be attracted or attuned to those false messages from the Blue Beam may not necessarily always be attuned to the Blue Beam information.

It is possible that some of their information could be accurate and coming from a higher source, but generally, if an entity goes to a certain frequency for information such as the Blue Beam frequency, the entity will tend to return again and again to that same frequency, and therefore, may always give the information that is promoted by the Blue Beam Project.

The Effects of the New Photon Belt Energies

QUESTION:

Some questions from Robert H. I'll read his statement here. "In *Revelations of Awareness* 97-3, of a January 14, 1997 CAC general reading, It suggested that entities

be especially aware from now till the end of this century of the importance of their thoughts; that they especially try not to "pollute the world with negative thinking, or with thinking that is belittling to themselves or others."

"Since we are all connected, (Robert says) at least, at the subatomic level, it sounds like good advice to the Magi. It also sounds close to a reading through the Interpreter 21 years ago, in which it was indicated:

"This Awareness indicates that there is moving upon this plane, those forces of ecstasy, those energies of bliss, and these shall intensify and intensify and intensify as the New Age groups begin to communicate closer with one another and begin exchanging information, and those energies of their own auras and being with the energies and auras of other groups.

"This Awareness indicates that these New Age groups as likened unto vortices which shall create a flow of antimatter into this plane of such proportions that the Forces of Darkness will have no place to hide and will have nothing left to do but to light up and glow with the rest of consciousness. This as that which shall prevent this nation and the rest of the earth from moving into the completion of the dictatorship and world Fascist government.

"This Awareness indicates that no separateness, no power of control over others shall continue as these forces move upon this plane, for the vibrations are too great and the chakras must be opened and the ganglion must be receptive and open toward others."

This was a Cosmic Awareness general reading January 30th, 1976, Paul Shockley Interpreter. Now, the first of Robert's questions is: "Are the forces of ecstasy and energies of bliss in any way related to the previously unknown Photon Light Belt?"

COSMIC AWARENESS:

This Awareness indicates that the Photon Light Belt can help to stimulate those vibrations and frequencies so that they become ever more powerful during this time period between now and the 2012 or 2013 time period. This Awareness indicates that especially between now and 2005 are the times in which this energy will be extremely potent in effecting the energies which can be experienced as bliss, and this bliss can be triggered by entity's feelings and thoughts and attitudes as they desire to promote this kind of higher frequency.

You Will Experience the Divine Bliss Vibrations

This Awareness indicates *It* also suggests that entities keep their focus on the highest frequencies imaginable, because these highest frequencies approach Divine Consciousness and this is where absolute bliss would be found and if entities focus on the Divine Consciousness, that which you call God, that which you think of as the Divine Creator, or if you wish, Cosmic or Universal Awareness, whatever term you wish to use; this focus is that which allows entities to become more and more attuned to those higher frequencies of bliss, and in the attunement, it allows the Photon Energies to enhance and to expand the frequencies so that others too can experience these vibrations more readily.

Can New Age Groups Avoid Mind Control?

(How the Voice Can shatter a Glass)

QUESTION:

Another question from Robert: "Is the connectivity of the more positive thinking New Age groups a result of their being able to take better charge of their own thoughts, thinking and reality, and as such, in a much better position to avoid mind control, either self-imposed or inflicted by others?"

COSMIC AWARENESS:

This is in the affirmative. This Awareness wishes to clarify this somewhat. If you are familiar with music

and its vibrations, you probably are aware of the fact that an entity can, through sympathetic vibration, hit a note which has been known to shatter glass; a glass being placed in a room, and someone hits a certain note and the glass shatters.

The shattering of the glass from the vibrations of the voice results because the glass and the voice have a certain kind of attunement or frequency. This Awareness indicates likewise, entities who are progressing spiritually have a frequency level of progression, and others who are also progressing spiritually, may attune in sympathetic vibration to someone who is elsewhere, of the same vibration.

It is likened unto a radio station on the West Coast being on the same frequency as a radio station in Arizona, and the two radio stations occupying the same frequency, will have their signals or their messages or their entertainment fading in and out on the radios. Thus they are sharing the same vibration or same frequency on the radios.

Mental Telepathy is Now Increasing

This Awareness indicates that this is similar to what happens with entities spiritually developed to a similar frequency as others on the planet who are likewise similarly developed, and because of the sympathetic frequency or sympathetic vibration, wherein they are attuned to similar frequencies, many of the entities will pick up the thoughts of others, or the feelings of others on their same frequency, even though great distances may exist between them.

This Awareness indicates in this way, entities in their spiritual growth will be harmonized with other entities in the same levels of spiritual growth, or same frequencies of spiritual growth, and this can help to hold each entity in a kind of solid networking, so that when there are many entities in a similar frequency harmonizing together on that frequency, the frequency itself becomes a grid, a more solid reality, which helps others who are progressing to be drawn to that frequency, and as they approach and reach that frequency they then also become part of the stabilizing of that frequency, so that many entities approaching and stabilizing at that frequency create a kind of landing point, or floor or grid that becomes solid enough to support many entities in their evolutionary spiritual climb.

This Awareness indicates that the more solid this becomes, the more quickly the rest of humanity can also rise to that frequency. This Awareness indicates it creates a sense of bliss for entities, where they can remain at the frequency with less effort. This Awareness indicates of course once the plane or plateau has been solidified, entities then can begin to move on into still higher frequencies. This Awareness indicates it is in this manner that humanity, gradually as a whole, begins to evolve into the higher frequencies, eventually reaching a different higher dimension.

Those who cannot follow or do not follow the spiritual progression, of course, as laggards, would be left in lower frequencies and for many of these it means that they would need to start over at a lower frequency, and without the higher evolved spiritual entities surrounding them, it becomes more difficult for them to rise spiritually in their further lifetimes.

Having a Master or Guru Can Also Help Some Entities Evolve

This Awareness indicates it is also to be noted, that for some entities, having a highly evolved master, such as is found in many of the Hindu philosophies, wherein the guru or teacher is highly evolved spiritually, having a guru or spiritually evolved master allows an entity to identify with or latch on to the vibration of the master

who then can climb spiritually into higher frequencies or levels, and help to drag the follower with him or her.

The Fastest Way is to Attune to the Divine Creator

This Awareness indicates with this understanding, you can see why some entities wish to follow a master. This Awareness also, however, wishes to inform entities that the quicker way is to attune yourself to the Divine Creator by surrendering your will, your self, to Divinity in its highest sense. In other words, surrender yourself to God or to the being that you see is the highest frequency or vibration imaginable.

This Awareness indicates essentially, there are many ways in which entities evolve spiritually. There is no one exclusive way. There are many ways, many paths that entities can use. There are also paths that are deceptive. Entities may follow a path only to find that it appears to be going upward until you look around and you discover that it is actually taking you down.

Many Ways to Spiritual Evolution—Also Many Wrong Paths

For example, an entity may find a drug that is uplifting and gives the sense of some kind of spiritual evolution, but when it has run its course, they may find themselves depressed and down and much less evolved than they thought they would be from the use of the drug. There are many kinds of drugs other than those which are taken through shots or through the mouth. Entities can be drugged by experiences of many different natures: the thrill-seeking, the cheap thrills, the cheap encounters with others, the carnival atmosphere; all of these things are likened unto addictive drugs for entities and are not necessarily the evolutionary spiritual promises that entities might expect.

This Awareness indicates therefore, be very careful about the path you take for spiritual evolution. Entities for example, taking cocaine may feel powerful, wonderful at first, thinking that this is the ultimate experience. They may feel that they have truly reached a highly spiritual experience, but after using the drug numerous times, they may experience a great loss when they return to reality and find that their life is being eaten up by their addiction to the drug.

The Heroin Experience Versus the Salvation Experience

This Awareness indicates one entity who became involved in heroin use described the use of heroin as being very, very similar to the experience of salvation that she once had in a religious setting, and the experience of salvation was so wonderful, she realized it was almost identical to the heroin use in her various escapades with the drug, that she saw that heroin could be extremely devastating to her, because it was unreal, whereas the salvation experience was much greater and much more truthful.

This Awareness indicates that it appears that Karl Marx was correct when he stated that "Religion is the opiate of the masses." This Awareness indicates that there is a similarity in the religious experience and the use of certain drugs, and this is why so many entities use these drugs. They find a path to spiritual enlightenment through a pill, but the pill is not really a true path. It is simply a momentary experience of cheap imitation.

Spiritual Evolution Through a Pill Not a Realistic Path

Therefore, this Awareness wishes to warn entities that not all paths or experiences lead to Divinity and spiritual evolution, but that there are many paths and experiences that do lead to spiritual evolution. You must learn to discern which ones are proper for your spiritual evolution, and it is best to do so before attempting to take an unknown path. This Awareness indicates entities who think spiritual evolution can come through taking a pill are not being realistic, because you do not gain great

growth of the soul through such cheap actions.

To think that God would provide you with a spiritual reward into some heavenly world, simply because you take a pill is unrealistic. This Awareness indicates you must realize these cheap thrills are probably not of any value and are probably of great harm to you, even though they are cheap imitations.

This Awareness suggests that the path that leads you to spiritual evolution will always involve surrender of self to something higher, to a higher frequency, a higher ideal, a higher deity. Giving yourself to the highest, the Universal Creator, can be the quickest way in which to evolve spiritually. This Awareness indicates that serving others is not as quick, but it is an extremely powerful way of growing spiritually.

Indulging the Appetites of Others Not the Highest Act of Service

This Awareness suggests of course, you must serve others in a way that helps their spiritual growth or gives them something they need so that they may be better prepared for spiritual growth. Serving someone just for the indulgence of their appetites is not necessarily the highest act of service. This Awareness indicates however, it is possible to be of service to a tiny baby, simply by changing its diaper when needed, or to help entities by feeding them when they need food.

The action that entities may wish to avoid in terms of service to others is the action that promotes for them lust, greed or power. If an entity for example, wants power over you, you do not serve that entity's lust for power. That is not helping them spiritually. You do not become a whipping post for someone who simply wants to express sadism through your suffering, for that is not service to them, to their spiritual growth.

THAT COMPANION TO THE HALE-BOPP COMET---WHAT IS IT? .

(Are Forces of Bliss and Ecstasy Coming From It?)

QUESTION:

One other question from Robert H. He asks: "Are the forces of ecstasy and bliss also a part of the energies being brought by the angelic etheric entities, and what at this time, February 18th, 1997, is the alleged companion to the Hale-Bopp comet?"

COSMIC AWARENESS:

This Awareness indicates this appears to be two questions. This Awareness suggests the first question be repeated, please.

QUESTIONER:

Well, he's implying that the companion to the Hale-Bopp comet, that there are, I think, angelic etheric entities within it.

COSMIC AWARENESS:

This Awareness indicates the question appears to be whether this is promoting bliss and ecstasy on this planet at this time.

QUESTIONER:

yes.

COSMIC AWARENESS:

This Awareness indicates that it does not appear that the companion is in fact behind the bliss and ecstasy; that the vibrations of those who are rising spiritually, and the addition of Photon Energies is that which promotes the bliss and ecstasy. It is likened unto these being similar to fertilizer or sunshine in the growth of plants. The growth of bliss and ecstasy coming from human spirituality and the Photon Energies, working together, fertilize or feed the bliss and ecstasy.

This Awareness indicates the question: "What is the companion to the Hale-Bopp comet?" --this appears to

be an entity in another dimension that popped into this 3-dimensional reality briefly, and experienced enough solidity of the 3rd-dimensional vibration to be witnessed by some. It appears that it has the ability to shield itself or take on higher frequencies so as to become essentially invisible, and it does appear to have benevolent inhabitants within it, and these inhabitants are watching the Hale-Bopp comet or spacecraft to help assure that the Hale-Bopp comet does not create mischief or serious damage or harm as it passes through the solar system.

It appears that these entities in the companion are of a higher dimension, not of the third dimensional level. Therefore, they do not stay in third-dimensional form for any long period of time.

Not Enough Bliss in Vikki's Life

FOLLOW-UP QUESTION (VIKKI):

This reference to bliss and ecstasy at this time makes me wonder how much would be expected to be experienced on a regular basis. I think I'm doing what I'm supposed to be doing, but I don't have that many moments of bliss and ecstasy in my day-to-day life.

COSMIC AWARENESS:

This Awareness indicates that you have *more* bliss and ecstasy than you realize in that because you do *not* have great tragedy as often as you have bliss and ecstasy, you have little to bounce your bliss and ecstasy off of for contrasting. The measurement of bliss in terms of your spiritual development is not easily recognized unless you stop and think back to earlier times when you may not have had the same kind of vibrations you are now experiencing.

This Awareness indicates if you could step back 20 years, and pick up the vibrations you had 20 years ago, you would see that they are much lower, much less high in terms of frequency, and therefore, less blissful. There is more purity now, although you can also recognize there is more demand on you now, and the demands often create stress that you do not recall from earlier times.

Therefore, you may be living in a more stressful time and have more complexities in your life, but still be experiencing a greater bliss in terms of your spiritual vibration. You are more able to handle the greater stress and more complexities because you have higher spiritual ecstasies operating in your life. This does not necessarily relieve you of certain mental stresses or even some emotional stresses, but it does allow you to have that greater sense of "I'm okay! I'm closer to God and I do not feel alienated from the Divine." You have that feeling, and that feeling is in fact a kind of blissful ecstatic reality that operates at the base of your being in spite of the stress and difficulties that you may encounter with the complexities of your life at this time.

Everything Seems to be Speeding Up

This Awareness indicates everything appears to be speeding up, with more and more complexities, more and more demands placed on entities as the quickening actions propel the world into this so-called battle of Armageddon, in which the Forces of Darkness and the Forces of Light come into a kind of clash. The Forces of Darkness rushing faster and more fiercely to gain control, knowing that their time is short if they do not win a victory over the Forces of Light, and the Forces of Light speeding everything up so that entities must decide to move one way or the other and pushing entities into being responsible for their actions and taking the right actions in their development, or giving up and surrendering to the Dark Force.

Today is a Time of Separating the Wheat From the Chaff

It is a time of separating the wheat from the chaff, and the experience to the individual is one in which stresses are greater and the speed of living is greater and therefore, the responsibilities are greater on the individuals and you may feel that the stress is hindering your spiritual development, but if you look carefully, you will see that inside, at your very core, you are much more solid in terms of your spiritual growth and direction and dedication than you were 20 years ago.

This Awareness indicates if you could slow the world down, you would experience the greater bliss that you hold inside at this time with greater clarity, but because of the intensities, you do not necessarily recognize how truly blissful you are in your inner being in terms of your spiritual development and dedications.

Ed's Note: at the end of this session, I asked Vikki if there was anything I could possibly do to increase her bliss and ecstasy. She kicked me out the door.

STRESS UNDER PRE-MILLENNIUM TIMES

(Art Bell Calls It "The Quickening")

CLOSING MESSAGE:

This Awareness indicates that the entity Art Bell describes this time as a time of "Quickening," in which everything is moving faster, demands are greater. A local disc-jockey described it as PMT; that entities are suffering from PMT, and described PMT as relating to Pre-Millennium Times. The Pre-Millennium Times becoming a stressful period for entities anticipating the changes from one millennium to another and the stresses that are occurring in entities' lives, including stresses in relationships, stresses in terms of traffic and the rudeness of entities; all of these he attributes to Pre-Millennium Times.

This Awareness indicates it is more or less a tongue-in-cheek term, but the entity does reflect that entities sense a stressful period of experience during these times that is unusual for the human experience, and this recognition of stress during this time, parallels that which Art Bell describes as "the Quickening." It also relates to the greater sensitivity that many entities are experiencing in terms of their desire to be responsible and tend to every detail of life, every urgency and every activity that demands their attention.

This Awareness indicates that of course, all of this is going to take away from your peaceful relaxation, which many entities associate with the idea of ecstasy and bliss, but the ecstasy and bliss, when added to one's being, is still there, even if the demands placed on the entities begin to take more of their attention so that they do not necessarily have complete attention or enjoyment of the ecstasy and bliss that they experience in their soul levels.

Keep Looking and You Will Find That Bliss and Ecstasy

This Awareness indicates by giving attention to the ecstasy and bliss you experience in your moments of quietness, you may have a greater recognition of the essence inside that is ecstatic and blissful in regard to your spiritual development and the unfoldment of your lives. If you do not notice this immediately, keep looking from time to time, and gradually you will find that deep within you are ecstatic and blissful in terms of your spiritual development.

You have approximately a decade or more to have the total package of ecstasy and bliss manifesting within your being. Do not lose patience or do not lose heart in waiting for this experience.

The Law of Gratitude is given)

MIRROR GAZING: ANOTHER WAY TO COMMUNICATE WITH THE DEAD?

QUESTION:

There was an article in the paper the other day promoting a book, and it's sort of interesting. I'd like to read a little of this and ask Awareness some questions about it. The title is: "Seeing Is Believing; Mirror-Gazers claim they are re-united with dead loved ones!" And the article begins:

"The yearning seems universal, a need to finally utter those words left unsaid, a need to heal family fissures, to somehow see loved ones one last time, and finally make things right, except there is this one major problem: they are gone now, no longer among the living, departed from this world. D-E-A-D"

Comes now Dr. Raymond Moody, whose best-selling *Life After Life* almost two decades ago gave first scientific legitimacy to what he called "near-death experiences". Comes now the psychiatrist again with a new book examining what may well seem a far more eccentric notion. Contacting dead loved ones. Through the ancient technique known as "mirror gazing."

"Even my two wonderful kids (ages 22 and 19) were a little worried this time," Moody admitted recently in Seattle. "They wondered: 'Has Dad really gone over the edge?'"

But the doubting offspring have now become believers, as have thousands of people who watched a recent Oprah Winfrey Show featuring Moody. The nation's top-rated talk show sent two skeptics to visit the former grist mill in Alabama that Moody has converted into a place to experience encounters with dead loved ones, a sort of studio modeled after what the ancient Greeks called a "psychomanteum."

There was a Harvard professor of medicine and a WTBS sports producer and Moody was very doubtful that they would see any apparitions. For one thing, they were almost seeking dead-on-demand. Both were to attempt encounters in the space of one day, without the sort of careful preparation with subjects that Moody has used in the past.

No walks in the countryside to relax a person. No poring over family photo albums or mementos of the loved one hoped to be met. Just sitting down in an easy chair in the darkened room, the only light coming from a 15-watt bulb in a stained-glass lamp behind the solitary subject, who was instructed to stare into a mirror on a wall just 3 feet away.

The Harvard professor proceeded to see a vision of her dead mother. The TV producer proceeded to see a vision of his dead father. To the surprise of many in Oprah's audience of 14 million, but perhaps no one more than Moody himself.

"It was so extraordinary to me," he recalls. "I had expectations that the process wouldn't work with these subjects and that was so directly contravened."

Since he began his mirror-gazing experiments in 1990, Moody has worked with more than 300 subjects and about half have seen visions of departed loved ones, although quite a few have had encounters with someone other than the one they were seeking, or have had varying degrees of communication.

The percentage of successful encounters has increased since he constructed his psychomanteum, with 35 of the 49 subjects there reporting encounters.

And contrary to scary ghost folklore, the stuff of Halloweens past and present as well as countless

campfire tales, there has not been a single negative encounter with one of these apparitions, Moody asserts. No subject has ever run shrieking from the room in fright flight. No subject has fainted, either.

Reunions; Visionary Encounters with Departed Loved Ones (Villard Books, \$20), written with Paul Perry, is instead filled with the testimony of people detailing positive experiences, recorded right after their encounters.

Typical is a woman in her late 40s who recounted her meeting with her father. "I had so many loose ends to tie up with Dad that he has been pretty much constantly on my mind since he died...He just came up suddenly, and I was looking right into his face. He talked to me, and he was funny like he always was.

"The last thing he said to me was, 'Now you go on and enjoy your life.' I felt so good when he said that. There was a flood of relief and good feelings that came rushing in. I don't believe I've felt so good since he died. It was as though something just closed off, and the pain of his death was over. Then he disappeared and there was just the mirror."

Time and again, the visions provide reassurance--of family hurts healed, of death's pain overcome, of being in a better place now. And subject after subject insists, as one woman does after encountering her departed mother who had committed suicide: "What happened was not imagination. It was real and very reverent."

What this all means is something that Moody is hesitant to interpret. He, too, believes these encounters are real, not imagined. For he himself had an encounter with his paternal grandmother, what he describes as "a personal encounter that has totally changed my perspective on life...It left me with an abiding certainty that what we call death is not the end of life."

But the ebullient 49-year-old psychiatrist with the soft Southern accent chooses his words very carefully when asked whether such encounters with visions of the dead loved ones prove that there is indeed an afterlife.

"To prove that there is life after death with some scientific method can not be done: the proof is beyond us," he emphasizes. "What I can state is that people who see them are convinced they are real. That does not confirm they are real, but they do experience them as a real event. And, at the least, this seems a way of tapping into a dimension of the human mind that we don't understand very well yet."

Moody strives to buttress his case with citations of visionary encounters recorded in history and literature, people who have seen visions, usually off clear surfaces like water or mirrors, ranging from Odysseus to Abraham Lincoln to Carl Sagan. Mirror-gazing has gone through distinct cycles of popularity and suppression, but has still managed to continue in some form or other.

Mirror-gazing, he said, will be accepted again absolutely, Moody insists. "I have no question in my mind, it will be verified as valid! and that process is already started with other investigators."

The story goes on and on, he's plugging his new book called *Reunions*, but would Awareness comment on this thing called mirror-gazing and whether the information is valid?

COSMIC AWARENESS:

This Awareness indicates that *It* can't say that every instance is valid. *It* suggests that some entities can project images and can hallucinate, but as far as attempting to communicate with an entity from a different dimension, it *is* a method that would be suitable for such communication. This Awareness indicates that in most

efforts by entities, when they focus on a particular energy or entity's vibration using a mirror, it is likely that there is some chance of their attuning to that vibration and seeing the entity.

This Awareness indicates that in some cases, the entities will tilt the mirror so as not to see their own reflection. In other cases an entity might stare at his or her own reflection in the pupils of the eye and find the face changing to be that of the entity with whom one wishes to communicate. This Awareness indicates that it could also occur by staring into water, or staring into any shiny surface. The idea is to have a surface that is relatively clear or blank, and staring at this surface one could then project with one's own consciousness, that which is being tuned into.

Therefore, it is unlikely that a camera placed nearby would really pick up the photo of the spirit, however even that is a possibility in some cases of extreme manifestation. More commonly however, the entity will see the spirit of another who has moved into a different dimension, and maybe the only person who would be able to see such an apparition.

This Awareness indicates that in other words, if there were several people standing around and one saw the apparition, the others may not necessarily be able to see the apparition also, because the apparition is not the materialization. This Awareness indicates in most cases, this is the way it would happen.

There are rare cases, wherein an entity departed from the physical plane can materialize in an actual existence or state of being into the material plane for a brief time in which case others might also recognize and see this entity. This Awareness indicates that *It* is not saying that anyone who looks into a mirror is going to see a departed loved one. It just doesn't happen that easily. There needs to be a considerable amount of real emotional concern and interest in seeing the entity and there needs to be a certain amount of psychic energy that is capable of transforming or transmuting the consciousness in order for the image to be perceived.

This Awareness indicates it is very difficult to explain or describe this. It is something that is an experience, rather than a method or descriptive process. This Awareness indicates that some entities are more prone to see the spirit from a different dimension than are others and such entities will be more likely to benefit from these efforts.

This Awareness cautions entities also that it is not an area to play around with wherein you seek communication with just any spirit. This Awareness suggests that *It* sees no harm in making an attempt to communicate with a loved one on a particular occasion, but to continue calling the loved one back for repeated attempts or for entertainment of your friends and associates or for personal comfort, wherein the entity cannot go on to his or her other purposes and interests on the other side, would be disservice to the entity.

This Awareness suggests that what would be acceptable is energizing in order to meet the entity half-way, whereby the entity seeks to communicate something with you, and you, with the entity, because perhaps there was not a chance before the passing over for you to communicate clearly to each other what you really wish to say.

This Awareness indicates it appears that the book does cover considerable information and How-To material as to the process of communicating with a recently passed over loved one.

How Many Actually Make Contact?

FOLLOW-UP QUESTION:

Well, Moody claims 75% of these people had an experience, and I'd like to ask, what percent would Awareness estimate, if any, were genuine actual contacts with a dead entity passed over or really just contacts with the astral shell of that entity?

COSMIC AWARENESS:

This Awareness indicates that it appears the entity, the author of the book, is one who has given deep thought to this and has developed an approach that allow him to make the contact in a relatively correct manner so that there is very much validity to his approach and it does not appear that in his work, he has contacted a non-part of the entity.

This Awareness suggests however, that you must understand when an entity from another plane attempts to appear or manifest into this plane, it may draw from the astral shell certain energies and emotions so that much of the manifestation that is seen is making use of astral-plane energies.

This Awareness indicates the astral body, in other words, provides much of the image seen in a manifestation. Therefore, the apparition in other words is comprised in part of astral body energies that the entity brings in order to materialize itself for your psychic insight. This Awareness indicates that generally however, particularly with this entity's approach, the apparition is also a housing for the entity's true self, so that there is an entity there.

It is not simply an empty shell or an image without substance. This Awareness indicates in communicating with such an apparition, one can test the apparition with things that you are familiar with in your conversation with the entity, to know whether this entity is familiar with those areas which you both have shared in lifetime living situations.

This Awareness indicates that if you have such doubts, you may discuss something that is known only to that entity, and in your discussion you can tell if the apparition is familiar with your discussion or topic of your discussion.

Not a Ouija Board Type Contact?

FOLLOW-UP QUESTION:

So this isn't another version of the Ouija board where the entity using the board sometimes merely contacts some aspect of their own self, thinking it a spirit?

COSMIC AWARENESS:

This Awareness indicates that *It* cannot say what an entity might do in attempting to communicate with spirits for every entity has different ways of expressing and of behaving and of energizing. One person might conjure up some illusion and perceive it to be his or her friend or associate.

This Awareness can say that this doctor appears to have perfected a method by which there is a high success rate in contacting the departed entity. This Awareness indicates that this does not mean that everyone who uses or attempts to use his method will be equally successful. This Awareness also does not wish to encourage entities into communicating with the dead. It can be problematic for entities to get into this kind of activity.

This Awareness indicates that *It* also does not wish to forbid entities to attempt to communicate at least once with a loved one who has recently departed, if you are strongly drawn to do so because the entity and yourself may have some important exchange of information to

give one another which could help both parties, or even if it is a one-sided message that needs to be delivered, it could end up being beneficial.

Calling Back the Departed Could be a Violation

This Awareness does not wish to imply that communication with a departed loved one in such an instance would be evil or wrong or condemnable. This Awareness indicates that there are some religions that absolutely forbid communication with spirits, thinking it is an extremely evil action. This Awareness indicates generally it is an action that can be hazardous for entities and can also violate the departed entity by forcing the entity to remain in contact with earth, especially if the entity has already made one contact or delivered a message that was perhaps necessary to ease the pain for another, and to keep calling the entity back and to keep harassing the entity who has passed over would be a violation to that entity.

It is not proper for entities on the earth plane to become dependent on spirits who have passed over or to rely on them for excessive help in earthly affairs. These entities need to move on in accordance with their new experiences and new purposes without continual interference from earthlings.

THE "SEANCE" ON THE JOAN RIVERS TV SHOW: WAS IT REAL OR STAGED

(A Materialized Spirit Lifts His Mother Into the Air)

FOLLOW-UP QUESTION:

By a strange coincidence, last night, grazing through the TV channels, the Interpreter and I ran across the Joan Rivers Show and she happened to have Dr. Moody on the show plugging his book, and having some other people there giving testimony to the positive effects of his techniques, and one of these stories was by a woman, a mother, whose son in his early Twenties, had passed over, and she had been grieving and worrying about him, and things that had gone unsaid and so forth, and she told the story to the effect that he manifested in her room, walked in, picked her up, lifted her over his head, and stood her up on the floor, and she let him in and showed him his old room and that sort of thing, briefly, and then he led her back to the room and told her all was well, and then he Just disappeared.

Now, is that story slightly embellished, or was it all truthful what she was telling? It would seem it would take an awful lot of energy for a spirit to.....

COSMIC AWARENESS:

This Awareness indicates this would be an exceptionally rare situation. The energy to material to that extent would be enormous. The action of materializing requires extreme amounts of focus and energy and emotion. This Awareness indicates however, because this was shortly after death it is possible that this did occur, for both parties contributed emotion to the need for such communication.

This Awareness indicates that it appears there was a genuine communication. It appears that there was a genuine belief on the mother's part that the son touched her and materialized. This Awareness indicates that it appears that the mother did experience being lifted overhead. It appears however, that some of this occurred in her imagination as a situation that was not as clear as she made it to be, whereby she experienced it more in a kind of hallucinatory state than in a physical state.

It is more likely that he picked up her astral and mental bodies and lifted them overhead and that she was basically out of body in an experience of being raised over his head. This Awareness indicates that generally, the experience was correct as she described it from her

point of view. An observer would not have seen her being lifted over his head, unless that observer could also see astral and mental body activity.

WITH EYES OPEN MEDIUM ON TV SHOW CONTACTS SPIRITS

FOLLOW-UP QUESTION:

Also on this show was a male psychic, so-called, who was going to do what Joan Rivers referred to as a "seance", wherein after the commercial he was sitting there with his eyes open and various entities in the audience would ask about a departed loved one and he would go into a rap describing the departed entity and what he was thinking about and then conveying a message from this departed entity.

Now this isn't my idea of a seance, from what I've read, but maybe it was. Could Awareness comment on this type of communication from somebody who can sit under floodlights with his eyes open and contact departed entities instantaneously like that?

COSMIC AWARENESS:

This Awareness indicates that this would be more likened unto a strong psychic, an entity who could see and sense energies and messages, including information that would be out of the range of most observers. This Awareness indicates that of course, entities can see between certain frequencies, but there are also frequencies that lie beyond the normal human sight range. Cats of course can see quite a number of images beyond human sight frequencies, and this Awareness suggests that some entities are sensitive enough to see energies that lie beyond normal human sight.

Ron Rummel Could See Into Other Frequencies

The entity Ron Rummel was one who had a special gift for this. He could see energies relating to auras around people and helped to point out and describe to Dan Silva, certain energies on a body wherein Silva would attempt to heal through movements of the hand, followings these energy lines that were being described by Ron Rummel.

The entity was also capable of describing these energies in such a way that helped Dan Silva perfect a healing technique that he later used without Rummel's assistance. This Awareness indicates the entity Rummel also could see beings in a room who were in spirit form and had certain encounters with these entities and this led him to witness also certain beings of a Delta and Theta level of consciousness that were not in human form, but were present.

This was what triggered the entity later to investigate UFOs and aliens and things of the invisible world. This Awareness indicates it is not extremely rare for entities to have that extra gift of sensitivity to be able to see that which lies beyond normal human perception, but it is rare enough as to make it unusual.

The psychic being discussed from the Joan Rivers Show has the same kind of energy and sensitivity and was able to see and describe certain invisible energies that were in the room and could get feed-back from the guests in the room so that they could recognize easily who it was the psychic was describing and could verify the qualities and descriptions of the invisible entity.

This Awareness indicates that whether this should be called a seance or be called something different is only a matter of personal taste as to how something should be labeled, but This Awareness indicates he was communicating with departed spirits and contacting them and sharing his insight with those of the room, and this is a very common activity or common way of describing a

seance.

It was, however, different from most seances wherein the room is usually darkened and entities sit around a table with eyes closed and hands held, and some low chanting or speaking is done wherein the leader will call up spirits to express themselves and may interpret for these spirits. This is the usual classical way of a seance being held.

This action on the Joan Rivers Show was more likened unto a psychic communicating with invisible spirits and sharing that Communication with those in the room.

Seeing the Doppelganger in the Mirror!

FOLLOW-UP QUESTION:

Some years back, I asked a question about an article I read somewhere about somebody who used this technique of looking into a mirror while sitting in the darkness, perhaps with one candle, and had seen a doppelganger, and Awareness' response was rather vague. I believe *It* requested we ask the question later; *It* didn't want to send that information out at the time. Could Awareness explain what that was about? The Doppelganger that the entity saw in the mirror?

COSMIC AWARENESS:

This Awareness indicates that the term Doppelganger as you perceive the term should be defined. This Awareness suggests you define the term as you see it to be.

QUESTIONER:

Well, it's a German term which means your double.

COSMIC AWARENESS:

This Awareness indicates that this would imply in its clearest sense that you look in the mirror and see your double, and the issue appears to answer itself. Isn't that what a mirror is for, to show yourself through a reflection? This Awareness indicates however, it may be referring to the concept of seeing your double as though it were a living person, rather than a reflection.

This Awareness indicates if this is the case, then it is merely an action of the mind and it is something that anyone can do if they simply stare into the mirror with enough focus and focus on the moment without thought and feel themselves looking back at themselves from the eyes in the mirror. When one does that, the mind gets the sense of being stared at by a living creature or living being or living image of themselves, and the mind can be tricked into feeling as though it is the object rather than the subject giving the attention.

This Awareness indicates it is simply a matter of confusing the mind as to who is real and who isn't by taking thought out of the experience and indulging oneself totally in the observation and switching identity from self to that of the reflection and pretending that you are the one in the mirror looking back through the mirror at yourself.

Mirror-Gazing A Technique Used by Actors to Get Into a Role

This Awareness indicates it is simply a mind game. This Awareness indicates it is something that can be used for actors who wish to get in touch with the character they are to play, whereby they put on their make-up or put on their character as they know their character to be and stare into the pupils of the character in the mirror until they can feel that character coming alive. At that time they also will feel the character coming alive within their own being.

They know the background of the character, they know the way the character thinks and acts according to the script. Now they have a sense of the character because they look in the mirror and they see the charac-

ter staring back at them and the whole thing begins to help them meld with the character and the character and the actor become one.

THE DOPPELGANGER IN THE MIRROR WHO LOOKS EVIL AND SINISTER

QUESTIONER:

If I remember correctly, the Doppelganger question concerned an entity who looked into the mirror using this technique and saw what looked a little bit like himself, enough of himself to be recognizable, but it was an extremely evil looking character, similar to Dorian Grey in the Oscar Wilde story.

COSMIC AWARENESS:

This Awareness indicates that this can happen to almost anyone who looks into the mirror at the pupils of the eyes of the one in the mirror, and who projects an evil quality to that entity whom they stare at. This Awareness indicates that if you were to project a heavenly quality toward the entity in the mirror, it would appear to you to be extremely benevolent and friendly and you would love the entity.

This Awareness indicates that it is simply a matter of mental projection and much like that described in the *Tibetan Book of the Dead*, wherein entities see these Wrathful Deities and are told "These are only the projections of your own mental process, of your mind."

Ed's Note: Michael Jackson described the above in his hit song "The Man in the Mirror".

CAN OR DO ALIENS MAKE CONTACT THROUGH MIRRORS?

QUESTION:

Can or do aliens make contact through mirrors in such cases.

COSMIC AWARENESS:

This Awareness indicates nothing of a negative source can make contact with you unless you perceive it as negative and allow that negative to affect you. This Awareness indicates it is the same as in the *Tibetan Book of the Dead*, wherein there is that particular bardo in which entities see the Wrathful Deities, and the *Tibetan Book of the Dead* informs you that these Wrathful Deities are "only the projections of your own mind."

The Wrathful Deities are Everywhere in Life

This Awareness indicates that if entities fully understand what is being said, they will realize that not only does this take place after death, but it also takes place when one looks in a mirror, and also takes place in one's daily life, wherein you see people on the street. These people on the street may be looked at as though they were wrathful and hostile entities, but they may also be looked at as though they are angelic entities, and whatever you project upon them is what you will see. This Awareness indicates that entities who project fear or excessive concern about aliens or see people on the street and wonder if that person might actually be an alien hiding behind the mask of a human, may in fact be projecting that concept onto the entity and may begin by staring at the entity to see beyond the entity's human face, an alien peering back; but this does not necessarily mean it is true.

It could very well be that it is only the reflection of your own projection upon that entity: as your mind projects alienism upon the entity, it reads it and sees it and believes it has witnessed an alien behind a human face. This Awareness indicates that this can of course lead to certain mental problems if entities become too

active in the process of projecting good or evil on others and see good or evil in others, even if it is reflection in the mirror.

This Awareness indicates it is possible for an entity to go insane if the entity fixates on his own reflection in the mirror as being some kind of evil force that is real and is looking back on him. If the entity could not get rid of this kind of thinking, the entity could gradually go insane and feel he is being hounded and haunted and stalked by some evil force that looks exactly like him in the mirror.

Know the Power and the Weaknesses of the Mind

This Awareness indicates that entities need to know the power of their own mind and also its weaknesses. There are some minds that are more obsessive or more fixated than others, and if they were to look into a mirror and get fixated on the reflection and project onto that reflection the sense of something evil, the obsession and fixation might stick in some way and frighten the entity, and the imagination of the entity could then begin working until the entity becomes so fixated and concerned and frightened that he is being looked at by some real person of an evil nature, that the entity would gradually become more and more frightened by mirrors, and the entity eventually goes insane over the issue of the entity in the mirror.

It is very difficult for an entity, once progressing this far to realize that it is only his own projection and imagination that is at work. This Awareness indicates that the imagination is a very powerful tool that can do wonderful things for entities, or if it is not controlled by the entity, it can take over and drive the entity mad.

As long as you control your imagination, as long as you realize your imagination is your subconscious and does what you want it to do and can do whatever you direct it to do, and that in your use of the imagination you can create many wonderful things; as long as you understand it is your tool, it is your genie in the bottle, then it is something that you still have control of. But if the imagination begins to function and you feel yourself a victim of it, or of its images and creations, and you feel you have no control over the images that passed through your mind, you are losing it.

You are losing touch with reality. It is likened unto letting the genie of the bottle become *your* master. This Awareness indicates that you should always remember you are the master of the genie in the bottle, and the genie in the bottle is the imagination, and it is for you to tell it what you want. It is for you to direct it, and also, it is important that you define what you want, knowing that a bad wish or a bad image may bring forth a bad manifestation, and you may be stuck with it.

Therefore, manifest carefully, if you are using your imagination. Manifest only that which you truly want in your life. This Awareness suggests you not manifest something you fear or something you think of as a monster. To go around energizing fearful monsters in the mirror would not be to your benefit.

This Awareness suggests, however, that if you look in a mirror and imagine that person staring back at you as one who is extremely successful and capable of doing good things, then you are using the imagination to help bring about qualities within yourself that are admirable and beneficial to you.

She Sees the Christ in a Crystal Ball

QUESTION (VIKKI):

Quite a while ago, once when I was meditating and staring without thought at a crystal ball, I saw a face reflected in it, and in a bit recognized it as an example

of the Christ Angel or Angel Christs that I had seen in the book *Kingdom of the Shining Ones**. Then I looked again and I realized it was my own face! At the time, I thought maybe that meant I was one of those angels, but maybe it was some sort of projection from my mind?

* "Kingdom of the Shining Ones" by Flower Newhouse; \$14 plus postage from CAC. Not listed in our catalog, but we do have it.

COSMIC AWARENESS:

This Awareness indicates you may have been projecting the Christ Light of your own Higher Self into that crystal. You may have been seeing the Christ energies and then bringing those Christ energies into the face of yourself, so that you were merging with the Christ energy.

This Awareness indicates that whatever you were doing in your projections was apparently something that would enhance your attunement to the Christ energies. This Awareness indicates that it would be different, the opposite of looking into the mirror and watching to see if Satan looked back at you.

This Awareness indicates that in this case, you are looking into a crystal and see the Christ energies staring back and you find yourself merging with that Christ energy. It is all an action of your own mind. Instead of looking at Wrathful Deities, you are looking at the Christ-like Deity and therefore, projecting with your own mind that which is the higher frequencies.

This Awareness suggests that this would have been quite an extraordinary experience of a positive nature. It should have also helped you to sense the frequencies of the Christ energy.

JUICING FRUITS AND VEGETABLES: HOW HEALTHY IS IT?

QUESTION:

On a more mundane level, a couple of questions from Jim D, of Maple Heights, Ohio. He says: "Please ask Awareness about juicing fruits and vegetables in a juicer. The "Juiceman" on TV claims that juicing three carrots is equivalent to eating 30 carrots on a nutritional level, due to the body not having to expend the energy of breaking the food down. Also, much more nourishing food through juice can be taken in a short time."

COSMIC AWARENESS:

This Awareness indicates that the juice of vegetables and fruit, when sent through a juicer, can be quite potent and very much a quick form of nutrition. This Awareness indicates that in most cases this would be extremely beneficial for entities to absorb through juice the nutrients they need because it eliminates half of the effort of digesting, or more than half.

This Awareness indicates on the negative side, it could have some adverse effect on a few entities who have a problem with too much sugar in the blood, those who have high blood sugar or those who are borderline or who are diabetic would not be as likely to benefit as much from drinking juice because they get so much sugar without any fiber.

This Awareness indicates without the fiber to slow down the metabolism and digestion of the sugar, the entities will get a strong sugar rush from the juice, but may not get fiber to keep it at an even burning rate, and thus, they receive this high rush of sugar energy followed by a let-down which could result in the hypoglycemic or low-blood-sugar slump.

This Awareness indicates in other words, people whose sugar levels are erratic, either too high or too low, should be careful about using only juices in their diets, especially if that juice is sweet. This Awareness

indicates that there is nothing wrong with occasional juices, even for these entities.

This Awareness indicates that entities with high blood sugar or low blood sugar would be the only ones who should be especially cautious about drinking only juices and about juicing their foods, because of this situation of the juice containing so much sugar in such a raw form.

The other part of the situation is that an entity who uses juices only as their diet would find little roughage or fiber through the juicing process and might be short-changed in terms of his or her digestion because of that, for most people do need some fiber in their diet.

This Awareness suggests that a reasonable amount of juice or even certain juice fasts, wherein an entity lives on juice for a few days would be acceptable, but to rely on juice totally, over long periods is of time, could have some detrimental effect on the digestive system because it deprives the entity of fiber and because the entity's system may get used to digesting only juice and may not then be able to go back to digesting other foods because the enzymes in the system might get too depleted from not having other types of foods.

This Awareness indicates this is likened unto entities who are so careful about not eating certain foods that eventually their body gets to the place where it cannot digest those certain foods that have been avoided, because the body's enzymes for those foods have simply atrophied or departed the body, and the body no longer produces enzymes needed for digesting those foods which have been eliminated from the diet.

This occurs with some entities in regard to certain types of diets, so that they then can no longer digest those foods that they have avoided for a long period of time. This may or may not be a problem, depending on whether the entity might need to eat those foods at some time which have been previously avoided.

Do 3 Juiced Carrots Equal 30 Non-Juiced?

FOLLOW-UP QUESTION (VIKKI):

Is that ratio of three juice carrots equaling 30 non-juiced carrots right?

COSMIC AWARENESS:

This Awareness indicates that this appears to be a bit exaggerated. This Awareness indicates, however, it does appear that the juice of the carrots can give more nutrition than the actual carrot in the same amount because the actual carrot being chewed up in the body will not necessarily get digested totally into the bloodstream as thoroughly as would the juice.

Most of the carrot will pass on through the body and some of the juice will be digested into the bloodstream and thus carried to the rest of the body as nutrition. This Awareness indicates it appears the juice of the carrots being carried into the blood stream as nutrition will be much more effective than the pulp of the carrot having been chewed up, lying in the stomach, waiting to be digested over a long period of several hours.

This Awareness indicates, however, the long period of several hours is simply a way of gradually feeding nutrients to the body instead of giving the nutrients in juice in a great surge at one time. Thus, the juice energy can give a great surge of energy at one time because it is so quickly digested. This Awareness indicates of course, this means the entity has to drink more juice soon, more frequently than the entity who eats the carrot and gets a sustained nutritional feeding from having eaten the carrots raw.

It is a more time-released capsule compared to an

immediate nutritional experience.

Are Sprouted Seeds a Good Enzyme Source?

QUESTION:

Eve M., in Honolulu asks: "Are sprouted seeds a good source of enzymes?"

COSMIC AWARENESS:

This is in the affirmative. This Awareness indicates that the sprouted seeds that have been genetically engineered can be a much better source of enzymes however. This Awareness wishes to clarify. It is not so much the enzymes, but the catalase that contribute to the making of enzymes which comes from the sprouted seeds.

This Awareness indicates that the genetically engineered sprouts which have been developed by the special process of the family from India that have been touted in the Biotech approach, makes use of a way of giving those sprouts energy while they are growing. The approach is that they are grown in vats in which they are fed nutrients, including many Vitamin B nutrients and certain other substances such as folic acid and other types of nutrients, while they are grown in these vats, and this leads these sprouts to be much more potent than most sprouts.

This Awareness indicates that it is thus that a 12-inch by 12-inch tray of these sprouts, when put into a capsule, contains catalase that produce millions of the SOD enzymes or other enzymes, according to which nutrients were fed to them during the growing process. This Awareness indicates that it is true that these pills do not contain the millions of SOD enzymes themselves, but they have the catalase that help the human body to develop to release those SOD enzymes in the body.

This Awareness indicates with that understanding, entities may wish to receive those genetically engineered sprouts because there is so much more nutrition involved in them than in ordinary sprouts. This Awareness indicates, however, that the ordinary sprouts also work in a similar way, but without the great magnitude of enzyme development.

Is Chlorine in Drinking Water Dangerous?

QUESTION:

One other question from Eve: "Recent news reports state that chlorine-based pesticides are cancer-causing and should be banned." Her question is: "Is the chlorine in drinking water and swimming pools Carcinogenic?"

COSMIC AWARENESS:

This Awareness indicates that this would be in large amounts; that in the small amounts used, this is relatively safe. This Awareness suggests, however, that entities should avoid drinking swimming pool water because continually drinking of such water with high amounts of chlorination could be quite harmful to the system, and in some cases might be carcinogenic.

AVATON:

I don't think she meant drinking the water in the pool...

COSMIC AWARENESS:

This Awareness indicates that in swimming in the pool it would not be sufficiently strong as to cause cancer.

What Causes Nose-Bleeds in Children?

(And How to Stop the Nose-Bleeds)

QUESTION:

Jim D's other question: He writes: "Please ask Awareness about nose-bleeds. Some people, especially

children, seem to get frequent nose-bleeds. What causes them? Hopefully, it's not implants."

COSMIC AWARENESS:

This Awareness indicates that generally the child's blood is much more thin than that of adults, and a slight cut on the inside of the nose can lead to a strong nose-bleed. This Awareness indicates that of the ways generally used for stopping a nose-bleed, one of the best is to roll up a piece of cotton or paper or a small piece of cloth and stick it under the upper lip, up tight against the nose. This generally will help stop the nose-bleed quickly.

This Awareness indicates that also a cold cloth on the back of the neck can be helpful in some cases. This Awareness indicates that generally, the fact that an entity gets nose-bleeds easily only indicates that the entity has thin blood.

This Awareness suggests that if the entity has a problem with the blood not clotting or not stopping, wherein the nose-bleed does not stop within a reasonable time, it may be that the entity has some serious problem such as hemophilia. This Awareness indicates that generally, the clotting of blood from the bleeding of the nose can be helped by taking cayenne capsules or simply pressing on the spot under the nose on the upper lip or putting a cloth or paper under the upper lip, tight against the nose.

This Awareness indicates that sugar on an open bleeding wound can also help to stop the bleeding.

What is Causing the World-Wide Potato Blight?

QUESTION:

There's an article in the SeattleTimes titled; "Variety Of Potato Blight That Hit Ireland Now Threatens The World's Crops! Scientists say variants of the fungus that caused the Irish Potato blight of the 1840s are spreading throughout the world threatening a crop that is a staple in many countries. Agricultural experts are calling for an international research effort to thwart the new fungal variants which are well-established throughout Europe and through Russia as well as in Mexico and South American countries, including Ecuador, Brazil and Argentina.

"Infestations are also being reported in Potato-growing regions of the United States, Canada, Africa, Japan and Korea, the experts said."

It goes on, but is this another example of the Global 2000 program to depopulate the earth?

COSMIC AWARENESS:

This Awareness indicates this appears to be something that is developing as reaction to various types of pollution on the planet. It does not appear to be something that was consciously manufactured or caused deliberately. This Awareness indicates that it appears to relate somewhat to excessive radiation over many decades, as creating a more fitting soil for fungus to grow, and the various pollutions of spray and pesticides over the decades has done things to the soil, has robbed the soil of much of its natural qualities so that the soil is to a degree beginning to die.

This Awareness indicates that this is also in part due to the kind of fertilizers being used on the soil. The soil is becoming weakened so that fungus grows more easily in the soil itself, which then becomes attached to the roots of the plants, and in particular, has been found and noticed on the potatoes. This Awareness indicates that it appears it is something within the soil itself that has caused the fungus to grow on these roots and on the potatoes. The fungus will also be found on other types of roots. This Awareness indicates that there have also been reports of huge fungus growths covering acres and

miles of territory in certain areas, both in the United States and in Russia. This is also related to this weakening of the soil and its nutrients.

Attend Your Children and Take a Day Off!

CLOSING MESSAGE:

This Awareness suggests that entities be very attentive to the needs of children and family, and wherein possible, take time just to be with each other, to go places together, to find a way of getting an outing at least once each week, wherein you go somewhere special together. This Awareness indicates that it is so pressing for entities to work in order to make their living, that often entities forget the importance of a day of rest.

This Awareness indicates the reason for a day of rest is that it re-energizes the psyche, the soul and the body to allow it to function more fully during its general occupations and to deny the body its needful rest creates the potential for accidents or mistakes or stress and health problems, and especially for the breakdown of relationships.

This Awareness suggests that by doing things together in play, and play is that which is unnecessary, but enjoyable, by doing things together in play entities can heal many aspects of their lives. This Awareness suggests it is especially valuable and important for families to have those moments of pleasure together.

The Law of Gratitude is given

IN THIS ISSUE

In Exchange for Bribe, Clinton Gives Red China a U.S. Navy Base	2
Are U.S. Navy Bases Threatened by Terrorists? (Or is Government Lying Again to Frame Patriots?)	2
A Recap on the New World Order and Its Influences What is Really Behind the Replacement of Those Who Head Corporations?	5
When People are Cloned—What About the Souls? "Operation Bluebeam:" Interfering with Psychic Channels (Ashtar and Ascended Masters Messages are Polluted)	6
The Effects of the New Photon Belt Energies	6
Can New Age Groups Avoid Mind Control?	7
That Companion to the Hale-Bopp Comet—What Is It?	8
Not Enough Bliss in Vikki's Life?	9
Stress Under Pre-Millennium Times (The Quickening)	9
Mirror Gazing: Another Way to Contact the Dead?	10
How Many Actually Make Contact?	11
Not a Ouija Board Type Contact is It?	11
The "Seance" on the Joan Rivers TV Show: (Was it Real or Staged?)	12
With Eyes Open Medium Contacts Spirits on TV Show	12
Seeing the Doppelganger in the Mirror	13
The Doppelganger in the Mirror Who Looks Evil	13
Can or Do Aliens Make Contact Through Mirrors?	13
She Sees the Christ in a Crystal Ball	14
Juicing Fruits and Vegetables—How Healthy is It?	14
Do 3 Juiced Carrots Equal 30 Non-Juiced Carrots?	15
Are Sprouted Seeds a Good Enzyme Source?	15
Is Chlorine in Drinking Water Dangerous?	15
What Causes Nose Bleeds in Children?	15
What is Causing the World-Wide Potato Blight?	16
Attend Your Children and Take a Day Off!	16
In 2012 Will Earth Equate to the 7 th Astral Plane?	17
Are Astral Planes Realms of Illusion?	17
When Sach Khan Entities Assist Humans	17
How Much of "Inspiration" is Influenced by "Guides"?	17
How to Establish a Sphere of Influence	18
The Karma of World Leaders	18
Bill Sheppard's Death is Confirmed	18
Structures on the Moon: Some 20 Miles High	19
Ancient Battles on the Moon and the Bible Connection	20
The Moon and the "Great Whore" of the Bible (More on the Firmament: Great Dome Over the Earth	20

(CAC General Reading, 2/22/94)

IN 2012 WILL EARTH EQUATE TO THE 7TH ASTRAL PLANE?

QUESTION:

I had a couple of questions left over from the reading of last night about astral planes, and Sach Khan entities influencing people like Dale Carnegie. The first question is: It was suggested that the 7th astral plane is sometimes referred to as the "Heaven plane" by writers of spiritualist-type literature. Will the earth in 2012 equate to that astral plane or will it be a lower astral plane?

COSMIC AWARENESS:

This Awareness indicates that it appears that it would move into a plane lower than that which you refer to as the 7th astral plane. It will, however, in time, evolve into a higher plane corresponding closely to that of the higher astral plane, the 7th astral plane, as referred to.

This Awareness indicates it appears that it will move out of terrestrial levels and into an astral level in which mind has more influence than matter, and entities will be able to influence their environment through co-creative imaging and use of mind.

FOLLOW-UP QUESTION:

That could take hundreds of years for the earth to evolve to a higher realm couldn't it?

COSMIC AWARENESS:

This is in the affirmative.

Are Astral Planes Realms of Illusion?

QUESTION:

Isn't it true that the astral realms are realms of illusion?

COSMIC AWARENESS:

This Awareness indicates that illusion depends on the stand from which you view something. If you view something from a higher plane, all that which is below appears as illusion. If you view something from a lower plane, you will see those higher plane realities as illusions. If you are in the plane, it seems real to you.

QUESTION:

So, the entities on Sach Khan, the Sach Khan to them is not an illusion, but as they look down at other realms, it is illusion. Is that correct?

COSMIC AWARENESS:

As they look down on realms, those other realms appear to be illusions or less real. This is why the world which you see to be reality, is signified as Maya or illusion by certain entities in the Hindu philosophy who recognize a higher reality beyond the material world.

When Sach Khan Entities Assist Human

QUESTION:

Awareness indicated that Dale Carnegie was assisted by Sach Khan entities to influence the masses through his lectures and books. How common is this for people who create works?

COSMIC AWARENESS:

This Awareness indicates that this entity and others mentioned were simply examples of the type that those entities from Sach Khan who as spirits enter into matter as spirit guides or spiritual guardians to assist humanity in its necessary spiritual evolution.

They choose entities such as those mentioned to assist them because they have already put forth an effort to be of service to humanity. It was speaking mostly in terms of the type of humans that are assisted by those spirits from Sach Khan to show that they do not simply help the average individual who is merely looking out for his own betterment and not really caring that much about assist-

ing others of the human race to evolve spiritually.

This Awareness indicates in other words, if the entity is simply trying to build a better career for himself, or build a fortune for himself, the Sach Khan entities are not likely to devote time and energy to this entity. They may help others who are more dedicated to assisting humans in general and it may be that through their indirect influence on other spirits or other spirit guides, they can help the entity who is simply involved in personal ambition, but they do not come from Sach Khan to earth or to other planets for the sole purpose of helping some individual.

Sach Khan Guides Are Relatively Rare

The reason for giving this information is so that you are not flooded by letters from entities wanting to know the name of their Sach Khan guide, for this Awareness indicates that the majority of entities do not have Sach Khan guides. These are relatively rare and work mostly with those who are in a position to help large numbers of people in terms of health,-- spiritual, physical, emotional health, or to help them learn to live their lives more effectively, or who by influencing a person can help to create a leader or influence an entity who will in turn help many humans in their quest for greater understanding or greater expression of those needs for human evolution and spiritual growth.

This Awareness indicates *It* simply wanted to inform entities as to why the Sach Khan teachers come to earth and not to give them false hope that they have a Sach Khan teacher as a spirit guide.

This may be so in some cases, for the entity is involved in situations that would allow the entity to influence masses of people, either through law, through teaching, through service, or through some humanitarian project or through some kind of inventive creative work, but for the most part, the average individual is not likely to have a Sach Khan teacher or guide.

How Much of "Inspiration" is Influenced by Outside Guides?

(Where Does "Inspiration" Come from?)

QUESTION:

How much of what one would call "inspiration" is influenced by outside entities and in fact, where *does* inspiration come from?

COSMIC AWARENESS:

This Awareness indicates that the word itself defines its origin. It comes from within, and it relates to breath or breathing. To expire or inspire relates to the act of breathing. In other words, the breathing of prana, giving vitality and life to the entity inspires the entity.

This Awareness indicates that the inspiration an entity receives generally comes from the act of raising one's consciousness to a higher or more broad viewpoint. The term "spire" as in a church steeple or in a pointed movement toward the heavens implies looking upward.

This Awareness indicates that an "inspiration" comes from looking to higher spiritual energies or for higher spiritual direction. This Awareness indicates that this inspiration essentially is that which comes to entities when they open themselves to a more spiritual focus.

QUESTION:

Then this comes more like in meditation, for example, from the High Self, moreso than from a Sach Khan entity or outside influence. Is that correct?

COSMIC AWARENESS:

This Awareness indicates that it can come directly from the Divine Creator, or it can come from other entities in higher frequency levels, or it can come from someone who is a close friend or a loved one. Many times an entity

is inspired simply because he or she has met someone who is inspiring to them, who assists them in encouragement or a particular work they wish to accomplish.

Even an Entity's Pet Can Inspire the Entity

They are inspired by the person to do so. The inspiration can also come from a child or even from a beloved pet. A beloved pet can inspire an entity. A flower, a scene, a remembrance; there are many things that can inspire entities: a movie, a piece of music, a piece of art; all of these things that touch the entity's heart with a sense of beauty, a sense of significance and importance in a spiritual way can be inspirational.

How to Establish a Sphere of Influence

(Expanding beyond self and friends to assist many)

QUESTION (VIKKI):

In the last session of the January readings, we started on the question about establishing the "sphere of influence." The question was: Is there a sphere of influence, ladder of promotion, or scale that people work their way up on, where they at first just affect themselves, then their families and slowly, larger and larger groups until they eventually graduate into the area of affecting the masses?

COSMIC AWARENESS:

This Awareness indicates this as in the affirmative. That in focusing on growth or accomplishment or productivity, entities are often simply trying to feather their own nest. They are trying make things better for themselves, or, if they are attached to another person, they want to share the good life with that entity, and therefore, they wish to better their own and the other person's life.

This Awareness indicates that as this increases to include other loved ones, children or other family or friends, the sphere enlarges to accommodate the needs of these entities. This Awareness indicates that at some point, an entity, rather than simply thinking of his own or his own family needs will begin to look at the needs of large groups or the needs of a species.

You may look at the needs of children and form an organization that helps to attend to the needs of children. This Awareness indicates that another entity might not only look at children but also at the needs of families and in forming an organization may attempt to feed the families or help the families to feed themselves or some such concern.

This Awareness indicates that each level of expansion in terms of what one includes in his or her efforts to be of assistance creates a greater awareness for the entity and a greater sphere of influence, thus, an entity may take on a more global outlook and want to help all people on earth and may find a way of inventing something, of creating something, or wording a message or of promoting a message that has already been worded or spoken so that the entity becomes a teacher of such a message, or the entity may redesign the message, or the entity may otherwise take on a re-education of self and a way of disseminating information so that the entity's influence becomes ever-greater, far greater than it was when he or she simply considered the needs of self.

This Awareness indicates that when an entity expands far enough to include the needs of others beyond self and beyond the smaller scales of existence and when the entity's attention becomes more global in nature, the entity is generally well on his or her way to becoming a world teacher, even though the influence may be quite small at the beginning.

THE KARMA OF WORLD LEADERS

(How Do People Like Hitler Ever Make up for Past Deeds?)

Q. In the cases of world leaders such as presidents and what not, once in the big leagues, so to speak, if they mess up and create negative karma, they will still need to have a similar position in a later lifetime, in order to make up for the previous negative effect on the masses, or is there a point at which such people are sent back to the minors leagues, where they can't affect so many people?

COSMIC AWARENESS:

This Awareness indicates that in many cases, entities who are given a chance at leadership who fail to respond adequately to the opportunities they have, do not receive a repeat opportunity, at least not for many lifetimes. This Awareness indicates that for example, the entity known as Adolf Hitler will not be given a second chance at leadership for quite a number of years, and even if given such a chance eventually, the entity will not be given many opportunities except as he proves himself one increment at a time.

In other words, the entity may be given opportunities on a probational level, whereby if the energy is properly used, then he may be allowed to progress to another stage of power and influence.

This Awareness indicates however, it is important to understand that when an entity has such power and misuses the power, they *do* carry enormous amounts of karma which requires an eventual opportunity of similar nature whereby they can step into enormous levels of influence and use of influence for the good of humanity in order to overcome the negative karma they have previously incurred.

Some Develop Both Negative and Positive Karma in One Lifetime

This Awareness indicates there are also some entities who move into states of power and by inadequacies or ineptness or because they are confused, they may develop large amounts of power and misuse some of that power while also creating something beneficial and good with other parts of the power.

Thus, they incur *both* negative and positive karma. It is possible for an entity to incur both simultaneously in the same lifetime, and to incur those powers in such a way as to have both a negative and a positive karma from the same lifetime, which in subsequent incarnations would leave the entity suffering from both good luck and bad luck in a sense, whereby the negative actions or karma could be seen as being balanced by good karma, and it would lead the entity in a kind of positive/negative flopping back and forth in terms of experiences and fortune.

So, you see entities having a period of bad luck, followed by a period of good luck, followed by a period of bad luck, et cetera, because these entities may have negative and positive karma.

Bill Sheppard's Death is Confirmed

QUESTION:

We've received another letter from Bill Sheppard's mother, who is now in her nineties, and she's in the Heritage Health Care Center in Globe, Arizona. It's a personal question, but she keeps writing it, as do some of our members, and I don't have an answer, so I'll read her letter and ask Awareness if *It* would comment.

She writes: "Dear Avaton; it has been a long time since I last wrote, but I thought I would let you know how things came out. I have not seen or heard from Bill

and can only conclude that he is dead. I am reluctant to say that the psychics were wrong. Almost everything sounded so plausible. The amnesia, because I know the mental torment he was going through, so that amnesia might step in to blot it out.

"Joining a new world or New Age group would be just like him. I can not quite believe he could cure the cancer which he had for 13 or 14 years and which had brought him so near death. Avaton, do you know what happened? Can you find out? I am more torn up than ever, after I had hoped for so long to see him again. sincerely,
Bertha"

COSMIC AWARENESS:

This Awareness indicates that it does appear the entity passed over. It appears this occurred approximately...the number 18 appears as probable reference to 18 months prior to this time. This Awareness indicates that it appears the entity was with associates during much of his illness, and that they helped him to receive some medical assistance, but did not know much in regard to his past, and therefore, could not notify anyone when he passed over.

They visited him occasionally in his latter days, but he was too ill to communicate well, and the entities eventually stopped visiting because communication was so difficult and they did not know if he even recognized them or cared to communicate or cared for their visits. The entity did think of you in his twilight time, but had little good news to share and kept hoping that he would recover and go visit with you.

Ed's Note: Bill Sheppard was a Wanderer who first contacted CAC early in 1981. He grew up and was programmed with orthodox religion and became a zealot fundamentalist. After 6 years, he had a deeply religious experience when he began searching for answers which the Bible could not supply. He was convinced he contacted the Universal Mind, or God the Divine Force. He took off on foot, traveling across America, checking out the communes and the various New Age churches. He sent us a number of his writings which were actually channelings from a Cosmic Awareness level. We read his initial letter to Awareness, and this and the response was published in "Revelations of Awareness" issue 81-2 (A Search for God); \$3.00 from CAC. This editor liked the insights and fresh material of this entity and began to publish some of his works as a separate addition to the newsletter. These were mainly issues 81-3, 81-4, 81-5, 81-6, 81-7, 81-8, 81-9, 81-10, 81-12, 81-14, 81-15; \$3.00 each from CAC. Then Bill disappeared, after visiting the staff here in Olympia for a few days. He surfaced later in San Francisco. He wrote me later that because of his early programming, he went on a campaign against homosexuals; he was certain these entities channeled some sort of dark force energies. However, he eventually ended up in a relationship whereby he experienced certain homosexual contact. The guilt from the experience brought on cancer. He understood this and worked through it, and to the surprise of establishment doctors, they could find no trace of what they had said was a "terminal" case of cancer. Later Bill mailed me a huge bundle of his unpublished manuscripts and told me he would be checking out of this plane soon. We did not hear from him again, but tried to keep track of him through Tarot readings from Sam Millar. From the above reading, it appears he got sick again and evidently lost his memory and finally succumbed. We miss Bill and his many letters. Hopefully, one day we may have the time and the means to publish more of his material.

Structures on the Moon: Some 20 Miles High

(The Domed Cities and a Bit of the Ancient History of the Moon

QUESTION:

A question from Larry B., Abilene, Kansas. I'll read his statement here. "A recent study of previously unreported data has shown that there are substantial artifacts on the moon. Richard Hoagland, the former science advisor for Walter Cronkite during the Apollo moon mission series, has spearheaded research into ancient anomalies on the surface of the moon.

"The evidence has been retrieved from NASA photography database from the Apollo missions. In short, one tower located in the Crisium Mare (called "the Crisium Spire") is fully 20 miles high. It looks like a huge Chrysler building on the moon. Another object called "the Castle," is suspended on some kind of cable that is ten miles above the Ukert Crater.

"Other highly unusual and intriguing discoveries abound. This data is available from the Enterprise Mission, 122 Dodge Street, Weehawken, New Jersey, 07087. (re: The Journal, Vol.2, No.5, pp.34-39, 51-55).

It appears that vast network of "domed" glass cities once existed on the moon. One such city is so large that it has been labeled "Los Angeles on the moon." Could you comment on the structures, the magnitude of them, how they were constructed, whether there was once air and water on the moon, and the civilization that produced the builders?"

COSMIC AWARENESS:

This Awareness indicates this was from an ancient civilization on the moon from what appears to be the planet Maldek, where the moon once was, and the civilization helped to build these domed cities. This Awareness indicates it appears that these have long been destroyed, except in small places where there is still enough structure to be useful, and that there has been extraterrestrial landings on the moon using some of these structures, even repairing some of the structures for use.

The Moon is Older Than Earth and is Still Hollow

This Awareness indicates that science has long suggested that the moon is older than the earth; that the earth was not the origin of the moon, and that the moon has existed longer than has the earth itself. Earth is estimated at being three and a half billion years of age, with the moon being older than that. This Awareness indicates It suggested some 15 or 20 years ago that the moon was hollow, and this Awareness suggests that this appears to still be the case.

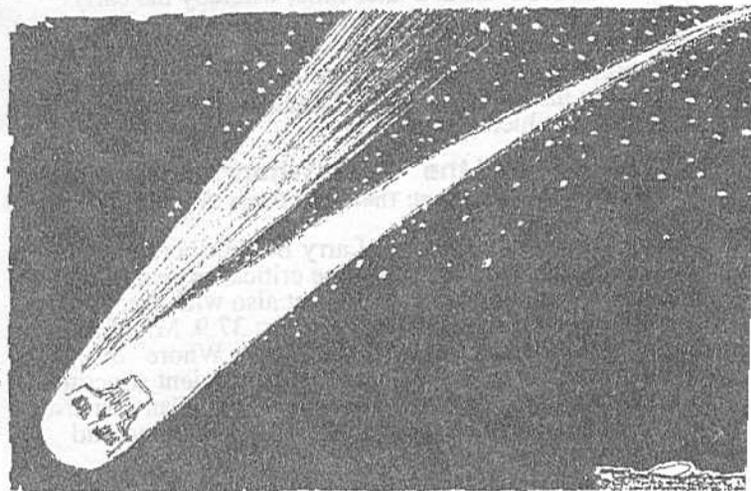
FOLLOW-UP QUESTION:

This object described as the Castle, suspended on some kind of cable that is ten miles above the Ukert crater, is that information correct?

COSMIC AWARENESS:

This Awareness indicates it appears to have some degree of accuracy. It is unclear as to whether this is truly close to being accurate or if it is simply an effect of shadows of light that give an illusion of such distance. It does appear that there is something suspended, because entities could occasionally see shadows beneath it or light beneath it which moves according to the changes in the sun's position, and this would indicate suspension.

This Awareness suggests, however, it is not clear whether the distance is ten miles or also whether this is some kind of cable that is holding it up.



'HAIL-BOPP. FULL OF SPACE, THE UFO IS WITH THEM...'

Ancient Battles on the Moon and the Bible Connection

QUESTION:

Larry has another question here. "Hoagland has suggested that there was some kind of battle that destroyed these ancient constructions. Could you comment? Also, could you discuss the possibility about whether there might be some connection with the Biblical scenario about the "Fall of the Angels." In the context of the last suggestion it is known in theological circles that the moon is associated with "the Beast" since his rule is designated by 42 months (moons), and that the moon is identified in *Genesis* as "the lesser light to rule the night." There is other evidences to support this notion," he says.

COSMIC AWARENESS:

This Awareness indicates in the early Pre-Christian times, the sun-worshippers from which Christianity was evolved, saw the sun as the light of God, the moon as only a reflection, and therefore the "lesser light." This Awareness indicates that it would follow that the 42 months of the reign of the Beast could indeed be attributed to the moon.

Civilizations in Atlantis and Lemuria were Extraterrestrial

This Awareness indicates *It* also sees in looking at this, that the battles which occurred on the moon were related to extraterrestrials in ancient times, dating back to the time of Atlantis and also to the time of Lemuria; that these civilizations in Atlantis and in Lemuria were both extraterrestrial. The Lemurians being the more spiritual, and the Atlanteans having more technology; and these entities did travel to and from the earth into outer space.

Eventually the Lemurians were destroyed long before Atlantis rose to its highest state of civilization or highest technological state. During the time between the Lemurian civilization and the Atlantean apex of its civilization, this battle appears to have occurred on the moon between different civilizations from extraterrestrial origins.

From the Moon Orion Empire Launched Attack on Earth

This Awareness indicates that the Atlanteans appear to have been related to the Pleiadians. The Lemurians appear to have been related to those from Vega and Lyra and from Sirius, and that there were also the Orions involved in a civilization on Mars, and that the Martians or Orion Empire did attempt to launch an attack against those on earth and did live in these moon crystal cities and they were essentially destroyed during that battle.

This Awareness indicates there is seen also the presence of Draconians at a later time, whereby the early written history of earth began. These begin the Reptoid types that were involved in the creation of Adam and Eve prototypes as described by the entity Zechariah Sitchin in his book *The 12th Planet and the Earth Chronicles* which he wrote.

The Moon and the "Great Whore" of the Bible

(More on the Firmament: That Great Dome Over the Earth))

QUESTION:

One Other question from Larry B. "Further more, not only does there seem to be some critical association of the moon with negative forces, but also with the feminine side of reality. See Genesis: 37:9. Might this imply some connection with the "Great Whore" of Revelation? Hoagland reports that the ancient structures on the moon may be millions of years old. Can you also comment on their antiquity?" [I think Awareness did that already].

COSMIC AWARENESS:

This Awareness wishes to add something further on this. This is related to the ancient Biblical discussions of the Firmament, describing a kind of dome on the earth which provided for some kind of protection, and how the Firmament was ripped apart and removed from the earth. This Awareness indicates that this was a kind of shield, much likened unto a domed city of glass in which the elements of nature were controlled or whereby earthlings were protected by the elements of nature.

This Awareness indicates that this was said to have occurred under the reign of the Pleiadians on earth which would have been during the Atlantis era. This Awareness indicates that these appear to be somewhat related to the domes on Mars; a technology that was very similar to that which built the domes on the moon; these being glass domes.

This Awareness indicates it has to do with the use of certain types of chemicals which, along with an ionizing technology and its mixture with the atmosphere, could actually create a kind of glass-like dome.

FOLLOW-UP QUESTION:

There's no connection, as he suggests, of the Great Whore of the *Book of Revelation*, with the feminine side of the moon?

COSMIC AWARENESS:

This Awareness indicates that in ancient literature, the moon was associated with Isis, and also was given other names in other religions such as Hecate (pronounced Hey-cat-ay). This Awareness indicates that the feminine prototypes of these religions are often the stimulation for other writings of a subsequent generation, and it does appear that the so-called whore in the *Book of Revelation* *did* in an astrological sense refer to the moon, but in a different level, because the *Book of Revelation* is actually layer upon layer of symbolism; in a different level, it referred to Babylonia, and Babylonia was symbolic of commercialism or the buying and selling of goods, in which case, if you apply the Babylon concept of the Great Whore, it would actually be talking about the corporations of today, and this Awareness has already discussed the role of corporations in the New World Order.

This as a kind of commercialism of prostituting the concepts of money and control, of buying and selling, without regard for spiritual and ethical concerns.

—HOW TO GET THIS NEWSLETTER BY MAIL—

EVERY 3 WEEKS 1 (More or Less)

REVELATIONS OF AWARENESS is a cosmic newsletter, published by Cosmic Awareness Communications, P.O. Box 115, Olympia, Washington, 98507, U.S.A. (A not-for-profit organization). Membership fees and donations are deductible from your Federal Income Tax. Try to remember Cosmic Awareness in your will if you wish to have these messages preserved and available to others in years to come. ("How many have you served, and how well?" Is the question we will all be asked at the Passing Over).

MEMBERSHIPS AVAILABLE (Honor System!)

INDIVIDUAL: \$42 per year

FAMILY: \$52

CONTRIBUTING: \$77

PATRON: \$144

ENDOWING: \$5000

LIMITED INCOME (Broke, poor, etc.): \$30

NEW INTERNET HOME PAGE for CAC. For your non-member friends who are curious about Cosmic Awareness and CAC, please direct them to the new CAC Home Page (Web Site) which is: members.AOL.com/cosmiccomm/cachome/cac.html

This is our new Website here in Olympia and it ties in with our old tezcac site so you can view either or both. Our new site contains photos of Vikki T., the editor, Paul Shockley, Wilber the office attack cat, and Rufus the hound who guards the premises, among other stuff.