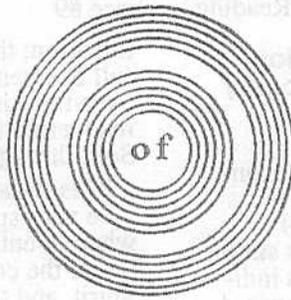


Revelations

The Cosmic Newsletter

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Awareness

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The Concept of "Self"—a Redefinition

(A Prelude to the "Lessons of Enlightenment" to Come)
(C.A.C. General Reading, June 24, 1997)

OPENING MESSAGE:

This Awareness indicates the necessity for a reconceptualization of the concept of self. This Awareness indicated in an earlier session, the importance of entities to reconnect with the Law of Love in its simple beauty and clarity and wisdom. This Awareness indicates that there has been a great deal of distortion and misconception concerning the concept of self.

The Law of Love states in verbiage that seeks to put others above self, and in one interpretation, this is accurate, but in other interpretations, in which the concept of self is distorted, vilified and associated with satanic forces; that this concept has become grossly misunderstood.

This Awareness indicated through previous channels how entities who are disconnected from the Source, who are disconnected from the Divine Universal Energy, who are disconnected from this Awareness, are choosing to focus on a more self-oriented frequency rather than attuning to the Universal Divine.

The previous indication used a metaphor regarding the focus of the Light, as to an intense point, with almost laser clarity, focusing upon the self as diametrically opposed to focusing upon the Universal Oneness. This Awareness indicates that there was a degree of distortion in this metaphor, such that in an overall sense, the concept was communicated, yet with a distortion, and a confusion in the concept of 'self,' an important aspect of the Universal Divine Force was not taken into consideration.

This Awareness indicates that the aspect of the Universal Force not taken into consideration previously is of essential importance to the teachings that will usher in the new millennium. The lessons will be delivered through this source, but as a preparatory reconceptualization, this Awareness indicates a preliminary discussion of 'self' and a redefinition is in order.

This Awareness indicates a great deal of clarity has already been achieved in previous communications through previous channels from this Awareness regarding this Awareness as a vibration, as an energy source, a vibratory frequency to which entities can attune to attain a direct interaction with the totality and All That Is, through higher aspects of themselves.

This Awareness seeks to emphasize the word 'self' as has just been used in the context of a higher aspect of the self, which in fact is included in the Oneness, in the Totality that comprises this Awareness. This Awareness indicates it is essential to retain a connectedness with this sense of self, for it is the individual tie that connects the earthbound entity with the spiritual energy and vibratory frequency of All That Is.

The Word "Self" has Been Negatively Overemphasized

This Awareness indicates that the word 'self' has been over-emphasized as a negative egoistic, separate, "selfish," even Satanic and Luciferian choice of focus, rather than attuning to the Universal Oneness. This Awareness indicates that the negative aspects embodied in the previous conception are valid, but only in the context and understanding of the complete physiological spiritual system, interconnectedness, and a communicative force that operates through the human emotional system.

This Awareness indicates that this higher aspect of self is the strand of connectedness that is necessary to validate the physical experience with the spiritual

intention; that this attunement to this particular aspect of self is essential and that it be not confused with the over-focusing, egoistic self-serving impulses that have inadvertently enveloped the necessary strand of Higher Self, through which Spirit communicates with the flesh.

This Awareness indicates that the lessons to come will give very specific boundaries and understandings wherein entities can define and embrace and value and honor the concept of self, which includes the soul, the Spirit, and the connectedness to the Universal Divine, as separate and distinct from those aspects of self which are affected by distortion, misperceptions, misinformation, and generally accepted knowledge from the realm of human mind.

The "Self Operating Solely on Preservational energy

This Awareness indicates that the second class of 'self' manifests in the drive towards self-preservation, and if sufficient disconnection to the higher aspects of self occurs, then the entities are operating solely upon self-preservational energy and this is the energy that has been referred to in earlier communications which have declared that self and the Universal Source, and focusing upon the two at once is impossible and in direct conflict with one another.

This Awareness indicates however, that the higher aspects of self are those to be reconceptualized, re-claimed, and valued, for they have become lost in the shuffle of ideas and information, dogma and religious tradition within the mind of man that has allowed the entire concept of self, including those aspects that connect mind, body and soul to take on a negative connotation.

Damages from Misinformation of Various Channels

These understandings must be imparted to recover entities' innate connective devices that unfortunately have gone unclaimed and virtually undiscovered, due to distortion and misinterpretation of universal information that has been received by various channels throughout the evolution of mankind.

This Awareness indicates that the loss and the vilification of the concept of the self has allowed for the propagation and the facilitation and the encouragement of victimization, martyrdom, the giving away of self-needs in a misguided attempt to be carrying about Divine Intention at the expense of the self, in the belief that complete 'self-lessness' was the *only* path to the Divine.

Setting Aside Mind, Emotion and Feeling

This Awareness indicates that the individual self embodies the soul, whose spiritual needs are communicated intuitively and manifest physiologically through the emotional system. This Awareness indicates that entities can achieve a vibratory connection, an intuitive awareness by setting aside mind, emotion and feeling. This is to attain a clarity and a direct channel to this Awareness in altered state of consciousness. But that it is through the emotional system that entities in normal consciousness, in day to day living, manifest the direction of the Spirit, although it is greatly misunderstood.

This Awareness indicates that since most entities are not aware of their intuitive channel of communication, that the emotional channel, which is intended as a safety net, a safeguard to ensure against the mind overcoming the spiritual intention, has now become the sole communicative device, and yet it remains misunderstood due to some misconceptualizations regarding the self.

This Awareness indicates the emotional system operates upon the prime directive of self-preservation which

is the base animal necessity for survival and the meeting of a minimum of the spiritual needs to retain a physical form. This is far and away a *minor* portion of the ability that humans have, should they access *all* of their intuitive channels, mental and physical abilities.

The lessons to come are to allow for the reclaiming of these abilities, but the initial understanding of how the emotional system works is essential. For even entities disconnected, the emotional urges in actuality is working toward their best interest, whether they would realize it or not, for it is the spiritual/physical safety net that operates at a level of necessity and subsistence below which the Spirit cannot dip without complete separation and demise of the physical form.

The Only Remaining Connection to the Universal Source

This Awareness suggests at this time for individuals to think very carefully about their concept of 'self'; to begin to move away from the dogmatic martyred concept that selflessness as the only pathway to God-fulness, for if one completely rejects the soul aspects of self which speak from within through the emotional system, one severs the only remaining connection to that Universal Source.

If entities are experiencing fear, mass-paranoia, anger, mass-violence in their culture, it is due to the Spirit crying out for the needs to be answered one way or another. This Awareness suggests that entities embrace those aspects of self that include the soul, the spirit, and everything innate. This Awareness indicates that these aspects are to be revered, honored, respected, and that those aspects of self which spring specifically from knowledge, teachings, experiences, memories; any beliefs and attitudes and pieces of knowledge which have been learned and that originate from mass-consciousness; it is essential that these self attributes from the mind of man be *subordinated* to these higher aspects of self. For they are secondary, are completely flexible, conditional, consensual, based upon the time, the dictates of culture, and should always remain flexible and adaptive in order to accomplish and carry out the soul dictates, these higher aspects of self as communicated through the emotional system.

This Awareness indicates that if these lesser temporary cultural aspects of self are focused upon in their entirety, that this is the condition meant by the metaphor of Satanic, Luciferian, laser-like focus upon self, as opposed to attunement to Universal Forces. This is the condition that has been referred to through previous channels; that this has been distorted and oversimplified to the point of the mass rejection of those aspects of self which cannot be denied in the name of martyrdom or selflessness, for with this denial entities are in fact separating from the very source with which they seek to attune.

That is the opening message at this time.

FILIAL PIETY: HOW MUCH DO WE OWE TO OUR PARENTS?

QUESTION:

A question from JD in New York. "What does Awareness think of filial piety? Some cultures feel that one owes one's parents or father life-long submission and obedience for having been brought into this world. Other cultures have lesser versions of this, and some have no such.

"What is the Awareness' view of how much submission and obedience we do, or do not properly owe to our parents, recalling that many parents are in such condition as to be scarcely worthy of respect."

COSMIC AWARENESS:

This Awareness indicates that the concept of filial piety roots back to the earliest cultural traditions in which the rudimentary understanding of an essential connectedness to a broader awareness, a more all-encompassing energy, and a connectedness basically to the Universal Divine, was embodied in the parent/child relationship, in such way that many religions manifested traditions in which an omniscient, omnipotent paternalistic god would satisfy the desires of a child, such as the relationship of a parent in earthly existence to an infant they bring into the world.

This Awareness indicates again, there is much distortions in the concepts that have been imparted, that have morphed with the varying recounts over time from human to human, the distortions that exist within mass-consciousness in the realm of culture, in the mind of man.

This Awareness indicates that entities would find benefit in applying the concept of filial piety. This Awareness suggests that the editor make the necessary correction to the terms. This Awareness indicates that this concept should be likened to the reconnection to the Higher Self, to those vibratory frequencies that attune with the Universal Divine and the Oneness, the totality of All That Is, for there can be no greater Divine Creator or "Father" than this.

This Awareness suggests that entities will be born to parents both maternal and paternal, who can be wise, loving, fostering care-givers, who can help them attune through their inner senses, to the Divine Force on one end of the spectrum, and on the other end of the spectrum, entities can be born to parents both paternal and maternal who lack such attunement themselves, who instead offer chaotic anger and fear-dominated environments and energies that permeate their own consciousness and create a portrait of the world that the entity must struggle against in his or her own spiritual development.

This Awareness suggests that although a great deal of this negativity is unnecessary in a higher sense, it has become necessary due to the tar-pit of mass consciousness that contains so many gross misconceptions which are imparted as knowledge and wisdom, universal truth, religious faith and doctrines of such religious faith, which in fact dis-allow and dis-encourage entities to attune to the very spirituality that they claim to embody.

This Awareness indicates that entities born to a situation of poverty, fear, anger, and want, have either chosen to do so, being seasoned souls born with a heightened consciousness which allows the race memory to dominate with its spiritual endowments over the earthly knowledge within which entities are steeped and poisoned from the day they are born.

Such entities choose such an existence in order to make a contribution to leave behind in the mass consciousness, to assist in the alchemy of transmuting the tar-pit of dogma to a more fluid mix of ideas which facilitate the development and expression of human spirit rather than thwart its expression.

This Awareness indicates that entities can choose to seize such existence's through many mechanisms, and that many events: unexplained deaths, diseases, and physical maladies which take away life before its conceived time, are due to the choices of entities who choose a particular task in a harsh, yet usually shortened earthly existence, to set in motion the alchemy to bring about the change.

This Awareness indicates that if entities feel a spiritual attunement to a higher power that directs them to

disregard the negativities and those dogmatic offerings of parents, who they feel do not deserve what has been termed filial piety; that they do not offer respect that they feel is not deserved. This does not mean that they are to be discourteous or uncompassionate or to work against the enlightenment, but instead to facilitate the development of these people who are in the parenting role.

It **does** mean to attune to the higher intuitive resonance and wisdom that springs from within, that offers higher wisdom and to choose this wisdom, to direct entities' behavior above and beyond the dictates of the parents who are less enlightened. This is what filial respect, filial piety and honor thereof is intended to embody conceptually.

This Awareness suggests that parents should allow the freedom and opportunity for children to develop their own intuitive pathways, to develop their own spiritual communication, to develop their own ability to direct by choice their Will energy, to choose and manifest those events in their lives that allow for the development and expression of their soul, which is a part of the self.

Tolerating Teen-Age Rebellion

This Awareness suggests that parents who find rebellion in their children during the teen years, in which the task of the entity is to develop the individual guidance within and to cease to rely upon external guidance; that if rebellion is occurring, to examine the freedoms allowed. If the necessary freedoms to develop and express are available to the entity, then actions perceived as rebellion; the breaking of rules or moral codes, or even legal codes, which are those that allow for the creative development and expression, are those that should be tolerated as a necessary part of the differentiation process which is occurring. The parental role is more of a safety net, yet one that holds the child accountable for the results of those choices.

This Awareness indicates that if the rebellion includes self-destructive activities, or activities that are destructive to others, that this is not simple rebellion. This is the spiritual expression of the frustration due to the absence of avenues of opportunity, the overly-restrictive tenets that stifle the creative impulse.

The anger, fear and negativity associated with these acts of self-destruction and the destruction of others, or the property of others, is a symptom that other avenues of opportunity should be made available to the entity, so that the negative energy which is symptomatic of the frustrated spirit, can express itself as a positive energy through activities and creative pursuits that bring feelings of pleasurable excitement, which are the healthy pleasures that facilitate individual development and expression of those aspects of self, which are known as soul and spirit, which maintain that connectedness with the Universal Divine and the energy of All That Is.

The Purpose of Human Existence in the Physical World

This development and expression of that unique self which manifests as mathematically astronomical genetic uniqueness; that this unique self which is manifested genetically in the body, is that which seeks expression and development in the physical world. This Awareness indicates that such self-development and expression is in fact the purpose of human existence in the physical realm.

Love Itself Is Emotion—the Divine Energy of Universal Spirit

This Awareness suggests that such self-development and expression as a goal has become greatly misunderstood and even lost, due to the dogmatic assertions that selflessness is a necessary ingredient in Godfulness. This Awareness indicates that these soul aspects of self

speaking through the emotional system through feelings of pleasure and pain, and that these feelings speak an ultimate truth, springing from spiritual Divine Energy, for love itself is emotion; the Divine Energy, the vibratory frequency of Universal Spirit.

There is gross misconception regarding hedonism and the pursuit of pleasure as opposed to selflessness and the pursuit of Godliness, for the God Force, the Creator speaks and communicates both on the spiritual and physical level through the energy of love which vibrates on the spectrum of the feelings of pleasure and pain.

The feeling system should be regarded as superior to any dictates that are imparted, that reside within the mind of man, that exist in the tar-pit of mass consciousness and taught to entities upon their birth. This Awareness indicates that entities will find salvation in not subordinating the feelings to the knowledge imparted and that there are so many misguided and mal-attuned entities in a parenting role, that the emotional system be identified and be respected as the God Voice Within, as it is *intended* to be.

This Awareness indicates that the ultimate respect, filial piety, is to honor this natural system as it has been designed to endure by the architect of nature and cannot be manipulated by anything cultural or man-made, and thus, is pristine and unsullied by the human misunderstandings and distortions.

This is not to say that certain feelings do not embody certain cultural dictates and expectations, for they do, yet once the feeling system is understood in its entirety, it will allow for entities to understand and separate those aspects of self which should be continuously changed and altered and adapted from those aspects of self that embody and communicate the God Force through the soul and the feelings.

This Awareness indicates the entity JD asking this question, is attuned to this particular set of lessons, and has a role to play in the imparting of them through this organization and through other channels, and that through her questions, is allowing the initiation, the facilitation of the lessons which are to come.

Should We Always Assist Others in Need?

("No One Comes Into This World to Starve")

QUESTION:

Another question from JD. She writes: "I have two related questions, one following on the other. First: simple compassion necessitates our helping others in need whenever we can; however, all that we,--and particularly here, they--experience, is said to be the result of our and their thoughts and actions, that is karmic.

"Some refuse to help others for that reason, saying 'It's their karma!' yet an esoteric teacher I respect insists that 'No one comes into this world to starve,' that such misfortune is due to the likes of greed and politics and eco-mismanagement, and that we should **always** help those in need.

"Would Cosmic Awareness suggest that we should **always** assist others in need, even if they may have, in some way, caused their own suffering? If so, explain why?"

COSMIC AWARENESS:

This Awareness indicates that there is a great deal of distortion in the concept of 'karma' and the understanding of human compassion, of human empathy, and of human nature itself. Human nature is generally conceived in a distorted view, as containing 'evil' in most cases, and in some cases as containing a degree of 'good,' but a larger degree of 'evil'.

There Has Been Gross Distortion in the Concept of Karma

This Awareness indicates this is a gross distortion. That the nature of humanity, that the nature of human essence, the spiritual essence that is embodied in physical form, is 'Good,' is motivated by the Universal Divine Energy to manifest that goodness, to develop that essence, and express it in physical existence.

This Awareness indicates the large degree of suffering on earth at this time is due to the many misunderstandings, misconceptions and distortions that are offered as factual, and that the disconnection with the innate inner senses that offer more legitimate interpretations and information, insights, intuitions and motivations toward full and complete expression in physical form, go unaccessed and underutilized largely due to the mish-mash of misconceptions, information and dogma that exist in the tar-pit of human mind, one concept of which, is 'karma'.

Humans Have Complete Control Over Their Destiny

This Awareness indicates that there is much confusion regarding the concept of predeterminism, predestiny, on one end of the spectrum, and free will, human choice, and freedom of expression in the earthly dimension on the other end of the spectrum. This Awareness indicates that humans in physical form have complete control over their destiny, but that they have lost touch with the spirit that can communicate that destiny, as it has been predetermined by them before physical embodiment, once they become limited in their perceptions necessary for physical experience.

This Awareness indicates that the spirit, the intentions of the spirit, are intended to be carried out and made manifest through the Will energy, which operates through desire and intention and the utilization of emotional energy to manifest the desired events and outcomes, and any material forms that are desired and necessary to allow for the development and expression of Spirit in physical form.

Problems Created by Stifling the Will energy

This Awareness indicates that human beings grossly misunderstand the emotional energy and how it is to be utilized as a communicative and facilitative device to manifest the desired spiritual intention. Thus, the Will energy is stifled and has been allowed to become chaotic, chance-like, in that so much fear and anger, (which is symptomatic of a frustrated spirit, and a misdirected Will) that the fear and the anger and the emotional energy of the fear and anger are creating the very events that entities do **not** want and do **not** need. This is do to beliefs that **do** exist in the individual consciousness, and **can** exist in mass consciousness, that disallow them to develop and express the creative impetus.

When Will Energy Runs Amok

The condition of Will energy run amok is such that events seem to be created by chance and in a universe which "rolls dice" rather than has any order, and is simply due to the fact that human beings no longer understand how to use the energy as they once could before they bit of the fruit of knowledge and distanced themselves from their direct communication with the overall spiritual energy that a portion of them embodies in physical existence.

This Awareness indicates that many of the events that occur in people's lives; these dramatic debilitating events that touch the human empathic system, and motivate to reach out and to help to relieve the suffering and to contribute, are those that have been deemed as 'karmic.' Yet, this symbolizes a collective throwing up of the hands. An acceptance of misinterpretation of a

pre-determination, promoting a fatalistic attitude which is man-made, which virtually sets aside the empowerment, disregards the Will energy and disallows the entities to utilize the free will to manifest the events, to create a world in which free will and spiritual intention operate in concert.

This Awareness suggests misconceptions should be replaced with ideas which achieve a balance for the entity in physical form, between freedom of destiny to freely carry out that destiny which the spirit, the entity in its totality, has chosen. That role which has been taken on to bring about the changes, the alchemy of which the overall goal at this time is to transmute the tar-pit of mass consciousness to eliminate the "stuff" that's in the way, and generate the ideas that facilitate Universal Will and Spirit to freely develop and manifest in physical form.

This Awareness indicates that religious dictates that throw up the hands and call something 'karmic' and choose not to do anything about it, is a mass form of denial, which is an easy escape from the emotion which springs from the Spirit, which urges the individual to do something about it, for it is wrong. Suffering is opposed to the Love energy, the universal force that is the intended state, and that individuals who continue to entertain the possibility and live by the dogma that "some people are born to suffer, and that it is their karma," so that they can stand by with their comforts and choose to look down upon such entities; that they will experience emotion, and should they continue to deny this emotion, they will be creating events in their own life which shall bring about understandings one way or another.

This Awareness suggests that instead, entities attune to their natural feelings of compassion and do what they can to enlighten the suffering ones, not as a temporary dependency, but as liberation *from* dependency, upon those ideas which allow them to remain victimized and under-empowered.

This Awareness suggests that the communication of how entities, feeling the compassion and wanting to help, have attained their successes to facilitate education and spiritual enlightenment that does not contain limiting dogmas, but instead those ideas that facilitate the freedom and empowerment of entities to create for themselves those situations in which they can manifest and develop and express their innate soul potential, which has a unique role to play in the turnabout and the destiny for humankind at this time.

How Guilt Energy Should be Directed

This Awareness suggests that guilt energy be directed toward self-development, the understandings, the broadening of perspective, the gaining of tolerance, and the strategies and skill developments with which entities can reach out and improve the conditions of others. This Awareness suggests that the guilt energy is that emotional energy that specifically relates to ideas that exist within mass consciousness to the cultural ideas which have been accepted, which should be changed and updated to allow for broader opportunity for every individual to develop and express innate potentials.

Guilt energy directed in this manner can remove the ideas within the individual that are conflicting, that are frustrating the spirit, and that if such actions (internal, mental manipulations and self-developmental acts) occur, that the guilt energy will become less and less apparent, and that the positive pleasurable energy of joy, which evidences attunement to the Universal Divine, will become the dominant feeling state for the entity.

This is a reward in an of itself: the Divine Universal

Reward; the feeling of pleasure, the feeling of joy, the feeling of universal love, that humans are intended to embody and create. If we have completion we can continue.

Rushing in to Help Another Sometimes is a Detriment to That Entity?

(How do we determine the Best Interest of the Entity?)

QUESTION:

Her second question along this line, which may be somewhat redundant, is ...It's a long statement, so I'll read the statement... "Do we not come into this life for purpose? And do we not select the circumstances of this life for learning or to balance karma or some other good reason? And might not our friendly rushing in to help such people actually be to the detriment of those we perceive to be in need of our help, due to their miserable circumstances?"

"Someone once asked Sai Baba why he did not heal a severely disabled child brought before him by its suffering mother. Sai Baba showed the questioner a vision of another time and place in which the mother and child had been a judge and his associate and together they had been most cruel and uncompassionate, indicating that their present circumstances were for learning kindness and compassion; hence, he would not interfere, even though it was within his ability to heal the child.

"Given that most of us do not have Sai Baba's ability to "see" the karma or purpose of the situations in which we see others suffering or in need, how are we to determine when or whether giving assistance is in the person's best interest? Very few cases are clear cut as that of the visible drunk man, chain-smoking cigarettes, begging outside a gambling office!" she adds.

COSMIC AWARENESS:

This Awareness indicates that entities do indeed have the ability to ascertain purpose, much like that described in Sai Baba, but that each entity is attuned to their own particular purpose and if they are to give priority to their inner senses, to follow the inner urgings, to respect the emotional motivations, *then* and only then will they be able to manifest that purpose.

It is Non-Productive to Dwell on Why an Entity was Born

This Awareness indicates that whatever particular purpose or karma might have been chosen by another entity, that this is less important than the understanding of the compassion and the emotional connectedness between entities and within entities. This Awareness indicates that it is non-productive for entities to dwell upon specifics of *why* any particular individual would be born to any particular set of circumstances, including physical disfigurement, mental disfigurement, poverty, cruel discriminatory activities, or any other such negative situation.

This Awareness indicates that choosing to focus on these details is yet but another pathway of escape from the emotional energy that springs within entities which is known as compassion and it is that empathic ability within every human being which evidences innate human goodness.

This Awareness indicates that the human emotional system is universal and is the thread that unites individuals. The love energy in particular is the connective strand that is accessed when entities witness other entities in situations where they are suffering.

This Awareness indicates that choice is involved in a particular physical and social manifestation to an entity entering physical existence, in that the parents, the situation, that a degree of choice is involved here, and

yet, once the embodiment is in place, the teaching begins, the entity becomes mired within the realm of human mind, with ideas that limit self-development and expression; so that the only strand of communication remaining oftentimes is the emotional system.

It is through the feeling system that each and every entity is motivated to manifest and actualize their individual value. This Awareness indicates that it is not necessary to know what that is as much as it is to discover through their feelings what that is and manifest it in physical existence.

For the Millennium: Creative Entities are Returning In Drones

This Awareness indicates that entities are returning in drones with specific activities and informations and creative impetuses that will usher the new millennium, particularly to remove certain ideas and enduring dogmatic assertions that have taken root within human culture that stifle and thwart the development and expression of spirituality rather than foster and facilitate it.

This Awareness indicates that entities born to specific situations perhaps choose to do so because not only is the mind of man, the realm of mass-consciousness, mired and choked with weeds, but that these misconceptions are also affecting the physical form and the choices that entities make due to their medical technology. This refers to the uses and abuses of the body during the reproductive process, due to the rampant disease and viruses that exist predominantly due to the physical manipulations of man, operating upon misconceived information.

Confused Women Today who Give Birth to Defective Babies

This Awareness suggests the example of women who are so confused and emotionally disconnected that they operate upon a level of awareness and activities which are self-destructive in such ways that they medicate their bodies with alcohol, drugs, and any other substance to manipulate the emotional system to make the pain go away. They are so disconnected from the message that it brings that entities are being conceived in situations where the energy is so low that the physical forms are inadequately developed, malformed, and genetically altered due to the ignorance and the mis-attunement of the mothers and the choice to reproduce regardless of these facts.

This Awareness indicates that the choice of abortion is far superior to such a choice to reproduce at such a low vibratory level that a normal functioning human fetus is not possible. This Awareness indicates that this is the ultimate symptom of the destitution and the spiritual impoverishment that exists within the tar-pit of human existence due to the many conflicting dogmatic ideas and belief systems which disconnect human beings from their innate inner guidance.

This Awareness suggests that entities feel a great deal of negative emotions surrounding such issues and that this emotion should be channeled toward adequate opportunities for such entities to develop and express, to find themselves as individuals far before ever procreating. This Awareness indicates that there are entities that will choose to embody for however brief, such physical monstrosities that are being brought into existence, but that this is necessary to bring about the understanding to reverse this trend and to prevent such monstrosities from occurring in the future.

Guidelines Which Suggest When to Intervene

This Awareness suggests that entities can use as a guideline for when to intervene and when not to intervene, their own emotional system. This Awareness suggests that when an entity feels an empathic emo-

tional feeling of sadness, pity, compassion, even love for an entity who is suffering; that that energy be acted upon with behaviors that seek to develop the compassionate entity; that speak, that voice the concerns, that make the political, the social, the moral contributions, so that the conditions that allow this are removed; the ideas that facilitate these limitations are removed, that opportunities are facilitated.

These actions are the necessary interventions, and actions that force one particular morality on another, actions that judge, actions that limit opportunity, are non-productive and misuses of the emotional energy. This Awareness indicates that entities when making such efforts, will notice the abatement of a negative emotion generated from the compassionate experience of the other.

This is a sign from the Spirit that the necessary actions have taken place, even though the entity (particularly an entity smoking cigarettes, drinking alcohol outside a gambling joint, begging for money) has not been personally assisted. If the action touches the conditions that created such a lost entity, then the action has been a productive one; then the emotion will abate.

This is the way entities should respond to the emotional system, both to develop and express their innate potential, and to maintain the connectedness and to contribute to the society those ideas, attitudes, beliefs, and mechanisms that facilitate opportunity for all, rather than deny the feelings through adopting ideas and attitudes which blame 'karma,' 'god,' 'satan,' or the individual, for his conditions. For although each individual is ultimately responsible and accountable for the life events, the realm of mind, the human tar pit has become so muddled, that even the most evolved souls can get mired within the dogmas and attract experiences that generate pity, compassion, and other negative emotional experiences.

This Awareness indicates that in answering the emotions stirred within, whether it be compassion for another, or anger from injustice, from limitation in one's own environment in existence, that the actions necessary to promote broadened opportunity be taken. This shall facilitate the evolutionary and spiritual development of humankind which is now at a critical point of need.

The Oklahoma Bombing Trial: More Facts?

QUESTION:

Another question from JD, a current events question. She writes: "Now that the Oklahoma bombing trial is over, can you fill in the facts for us? Does the patsy, Tim McVeigh believe *he* caused the bombing with the truck he left there? Who were the "other men" seen with him, their affiliations, not their names; and how did they set him up? What was the hanky-panky with the venue, the defender and the judge?"

"Why were no demolition experts, seismic evidence, etc., presented in his defense? Was he totally "sold up the river" by his attorney? Does the government want him dead so that he doesn't reveal what he knows? Was the testimony of his friend and family coerced? Have the people with individual testimony exonerating him come forward and been rebuffed by his attorney? Is there something more about the defendant we should know?"

There a lot of questions here, but perhaps just an overall look at this situation would suffice.

COSMIC AWARENESS:

This Awareness indicates that there is a large degree

of distortion regarding this particular incident and that there has become a precedent for a predominance of fear and paranoia regarding certain events as focused upon through the previous channel regarding government interventions, schemes, manipulations, regarding particular events, one of which was the Oklahoma bombing incident.

This Awareness indicates that the tide has now turned, the focus is less on the fear which was necessary to reach a critical mass to get the attention of entities, to refocus upon the human emotional system. This Awareness indicates that there were more facts surrounding the situation than have been made public, but that in a more useful sense, the situation is an illustration of how individuals can become entrapped within belief systems and misuse the very emotional energy that exists to retain their connectedness. This Awareness suggests this energy which motivates the individual development and manifestation of their higher intended spirit, when misunderstood and abused, can create the situations and the actions of a personification of true evil as it has been perceived, as part of human nature.

This Awareness suggests that the entity McVeigh and those affiliated with him, grouped together in a limited consciousness, a limited environment, a limited grouping that allowed them to create their own individual reality that was separate and disconnected from the rest of society, not to mention the rest of the world. This narrow self identification shut them off from the remainder of people who have chosen to operate in concert, to work within the existing socio-political structures, to make their statements, to manifest their potentials and to contribute to mankind.

Mr. McVeigh was motivated by his fear and anger rather than utilizing those energies as communicative tools within himself to examine his beliefs, to find where his spirit was frustrated, and to utilize the energy toward acquiring knowledge, skills, developing himself whereby he could exploit opportunities that already existed for him within his existing socio-political environment.

Instead, he chose to convince himself that there were no opportunities. He chose to focus his fear energy and to entertain the belief (which became his reality) that the government was controlling him and was stifling him, and must be stopped. He used his anger at this belief, which was mostly invalid, to lash out upon the innocent, upon those men and women who were working in a government office that had little to do with any manipulation that may have occurred at the time.

This situation is the ultimate manifestation of how human beings can become confused and mired within their beliefs whereby the emotional system which is intended to guide and motivate behavioral responses that *reduce* the fear and anger, can actually *increase* the fear and anger and release an energy upon individuals and upon societies and upon innocent victims such as those in the bombing, such as those in war, such as those in acts of racism, such as those in acts of elitism, such as those in acts of separatism that shut off opportunities to those of races, of economic and social beginnings which lack the opportunities necessary. These are the conditions that must be removed from those in a position to do so.

This Awareness indicates that the channeling of fear and anger into productive acts which change internal knowledge and strategies and skills which operate on the individual level, can also encourage those strategies and knowledge and opportunities for skill development in mass-consciousness, in religious and social and

educational and political institutions that are in place to provide opportunity for individuals to develop and express their innate potential.

If McVeigh and his ilk had experienced the connect- edness necessary, had attuned to the positive energy of affiliation with a broader scope of people rather than to have limited their affiliation to a cult-like environment with ideas that became their truths, that facilitated an evil act such as one so distorted as this, is an excellent example of how the emotional system, (if the feelings are not extended to all humans) can connect the feelings of compassion to a limited few. This Awareness suggests the connection can be severed between groups which allows for racism, cultism, acts of holy war and ultimately genocide, which actually go against the Spirit, and create further emotional dissonance because of the disconnectedness that has been allowed.

This Awareness indicates that this is the wisdom to be mined from this experience, rather than focus upon the fear and the conspiratorial energies that were once the focus, to bring about the understanding of the emotional system, of how fear and anger perpetuate "evil acts," when 'evil' is outside, or against the grain of the spiritual intention.

But What About the "Conspiracy?"

FOLLOW-UP QUESTION:

How does Awareness explain the fact that many who are authorities on various types of bombs have all claimed that there's *no way* that the material in that truck parked in front of this building could have created all that damage, and that in fact there were two other explosions with very sophisticated types of explosives attached to major pillars of the building? And how does Awareness explain that these government agencies: the Alcohol, Tobacco Firearms floor, the people there had been told not to come to work that day; they had taken their children out of the day-care center and so forth?

Is Awareness saying that this was not a situation of a government provocateur taking advantage of this entity's anger at the government toward the Waco disaster and so on, and being influenced into becoming, as JD said in her question, a 'patsy'?

COSMIC AWARENESS:

This Awareness indicates that many so-called 'facts' surrounding this issue are distorted and motivated by fear and anger. This Awareness indicates that all entities are patsy's if they are not attuned to their own emotional system, and if they are susceptible to emotional manipulation, then they are in fact, setting themselves off from their very Spirit.

This is all Awareness wishes to comment upon further for this particular issue.

How About an Explanation to the Readers?

FOLLOW-UP QUESTION:

It's going to be difficult for our readers to get used to the entity Grace's interpretation of some of these current events, after 20 years of interpretation by Paul Shockley. Perhaps Awareness can give a little statement that we can publish when we introduce Grace through our newsletter, that would help clarify this and perhaps avoid the type of questions she doesn't particularly care to address.

COSMIC AWARENESS:

This Awareness indicates that this is not a recalci- trance upon the part of the channel, but that this Awareness has long been frustrated due to the limited avail- ability of channels, and the fact that emotional attune- ment is such a foreign concept. This Awareness indi-

cates that the 20 years of information imparted through the previous channel, Paul Shockley, was of a particular nature which served a particular purpose which has now been completed.

This Awareness indicates that this particular entity had set about a task for himself to play a role in the usherance of the information, the new lessons which will bring in the millennium, however, his focus in doing so was to call the reader's attention to the fact that there **can** be manipulation, there **can** be conspiracy, there **can** be quite elaborate systems within which entities can become enmeshed and disempowered.

Paul Shockley: The Man who Came to Dinner

This Awareness indicates that his particular role in setting the stage... This Awareness indicates that there was an *extension*. This Awareness indicates that this extension relates to the period in which this particular entity had originally intended to provide a channel for this Awareness. This Awareness indicates that this extension period was not necessarily as productive as it could have been if the entity had not become so embroiled in his own fear energies, so much so that the channel for this Awareness was funneled into a more specific direction than the overall plan required.

This Awareness indicates that the entity did a tremen- dous service by preparing the readership to become attuned to their own fear energies, to their own vulner- abilities in not believing all that they are told to be true, but there was such an emphasis on the *specifics* of certain current events, that the forest has become perhaps lost in the trees.

This Awareness suggests that the trees in this par- ticular metaphor are the understanding that the realm of human mind, the mass-consciousness, the tar-pit of human existence, the communicative methods that are in place, the political systems, the social systems, the religious systems, the laws, the moral codes; all of which constitute the mass-consciousness, the mind of man, contain many, many anomalies, so that when they are believed, they disempower human beings.

They disconnect human beings. They take away the freedom of human beings. They stir the ire and com- promise the innate sense of justice in human beings. The intention of this particular channel was to call this fact to the attention of entities, to the readership, so that they could begin to examine their own degree of empower- ment to manifest their own decision-making process, to spark within them that connectedness to the Universal Love Force which communicates through the emotional system.

This Awareness indicates that he pinpointed fear as a predominant energy and correctly so, yet that connect- ion was not completed between the understanding of the empowerment and disempowerment which can be effected through the beliefs accepted from the mind of man, to the mind of the individual.

Readers Can Now Heave a Sigh of Relief

This Awareness indicates that the readers can heave a sigh of relief in that they no longer have to look over their shoulders so much, nor to attend to the details of specific events which suggest that they can be manipu- lated by the media, by the government. Instead, entities know now that they can look *within* for the answers, the liberation and the empowerment that their fear tells them they have given up.

This Awareness suggests a congratulations are in order for Paul Shockley for culminating his destiny, for laying the groundwork understandings from which the new channel Grace can act as a springboard into the

next millennium. This Awareness indicates that readers interested in the specifics of particular events are encouraged to ask any questions, but that to entertain, as they ask the questions, the concept that they do indeed have personal empowerment and that their task at hand now is to reconnect with that empowerment.

This Awareness indicates that until the fear and manipulation was acknowledged, that many entities were blind to the manipulation and unaware of their own emotions. This Awareness indicates that there will be a more formalized forthcoming introductory message regarding the channel Grace, but that the central understanding is that there is a *necessary* shift at this time.

This Awareness indicates that the shift in actuality began ten years ago, but that the channel was not yet ready in place, and that the former channel was more limited due to his own particular task and how he went about carrying it out. This Awareness indicates that a great deal of valuable material has been brought forth by the entity Paul Shockley and that there will be references to this material by the entity Grace and that if particular questions relating the two perspectives come to mind, then they are encouraged to be expressed.

This Awareness indicates the coming of the millennium marks a reclamation of the innate human capacity to attune to the Divine Energy, to facilitate the interaction between Divine Spirit, soul, mind and body. This Awareness indicates that many Light Workers in addition to Paul Shockley have laid additional bricks in the masonry which constitutes the foundation.

This Awareness suggests that recent developments in science, recent understandings and political centrism, certain current events are creating the climate, the zeitgeist, a critical mass whereby entities shall be receptive to the knowledge of re-empowerment. (We have completion).

Paul Shockley has Now Completed his C.A.C. Connection

CLOSING MESSAGE:

This Awareness indicates that the previous channel, Paul Shockley, continues providing information regarding specific details regarding the manipulation, and of specific current events, to which some readers retain a great interest. This Awareness indicates that he makes himself available for such services, but that the role that he has played in this particular organization, in this particular sequence of events, for the destiny to be manifested, through the channel Grace; that there has been completion, and that his efforts have been received and greatly appreciated.

This Awareness indicates that what he offers at this time is no longer in line with this Awareness, and the direction *It* is taking to emphasize the understandings necessary for the empowerment and the reclamation of the inner channel, wherein *every* entity can access this Awareness, regain empowerment to channel the emotional energies in positive directions, and to become less vulnerable to the manipulation by external forces and the vulnerability and the chaotic events they are creating with the negative emotions of fear and anger, envy and guilt, rather than the understandings that they bring.

There is no further closing message at this time.

(The Law of gratitude is given)

**Destroy the family and the society will collapse.
(Vladimir Lenin)**

WHAT IS COSMIC AWARENESS?

COSMIC AWARENESS is the Force that expressed itself through Jesus of Nazareth, the Buddha, Krishna, Mohammed, Edgar Cayce and other great avatars who served as 'Channels' for the 'Heavenly Father' and who speaks again today as the world begins to enter the 'New Age' of spiritual consciousness and awareness. Since 1963 Cosmic Awareness has been communicating through carefully trained channels. This information is for those who desire to help in bringing in the New Age. Throughout the thousands of 'Readings' given through these various channels, Cosmic Awareness tells us not to believe anything, but to question, explore, doubt, and discover for yourself, through your own channel what is the truth. Cosmic Awareness will only 'indicate' and 'suggest'. Neither C.A.C. or any of the Interpreters is responsible for anything Cosmic Awareness states in any of these readings, nor does C.A.C. or the Interpreters necessarily agree with the statements of Cosmic Awareness. The Interpreters interpret the energies as they see them in trance levels and are not personally responsible for what is said. The Interpreters published herein have no connection with, nor control over the editorial comments and material, including illustrations. This is entirely the responsibility of the editor. Members of C.A.C. are invited to send in questions of general interest to ask Awareness for possible publication in this newsletter.

Interpreters for readings in this issue:

Paul Shockley
Grace ***

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VISIT THE NEW C.A.C. HOME PAGE ON THE INTERNET

CAC now has another site here in Olympia. It contains a lot of information on the history of the Awareness Movement, what CAC is all about, plus colored photos of the entities who make this newsletter possible: Vikki T., your editor, Paul Shockley, Strongbow, Lady K, Rufus and Wilber. There is also information on some of the health products available: Silver Wain Water, Silver Wayne Water Colostrum and Silver Wain Water Colloidal Minerals. Check us out. You can also click and tie in to our other website (tescat site). Just type in:

members.AOL.com/cosmiccomm/cachome/cac.html

Note: non AOL users may have to type in the following before adding our new site: <http://>

(June 26, 1997)

A NEW ANALYSIS OF THE LAW OF LOVE**OPENING MESSAGE:**

This Awareness suggests an introductory preface to the Lessons of Enlightenment which shall be forthcoming. At this time this Awareness suggests for the energizers to verbally express the Law of Love, line by line, with this Awareness commenting and Interpreting at the end of each sentence, so that as the readership receives this introductory preface, they can ground themselves in the essential understandings and the clarifications concerning this elemental and important Law of Love.

ENERGIZERS:

The Law of Love is that law which places the welfare and the concern and the feelings of others above self.

COSMIC AWARENESS:

This Awareness indicates this statement perceived in its highest level of abstraction, contains beauty, wisdom and enlightened guidance. This Awareness indicates that there has been a great deal of distortion due to how particular words contained in this sentence have been assessed and the limitations contained in the realm of knowledge: that a clarification is now in order.

This Awareness suggests that the placing of the feelings of others above self should be considered with the specific definition of 'self.' That the two aspects of self: the higher aspects and the lower aspects, which will become known as the 'genetic self,' includes the higher aspects of Spirit and Soul, versus the 'cultural self' which includes the lower aspects: the ego, the personality, the individual as it is rooted in fundamental earthly experience in incarnation, with the given understandings, restrictions and belief systems that have been impressed upon it from the external cultural world of man.

This Awareness indicates that a more accurate interpretation of placing the feelings of others above self would be an 'alignment' with the feelings of the Higher Self, which contain the empathic compassion and resonance with the feelings of others. These feelings are experienced through the Higher Self, and if all concepts of self are removed or included in the lower concepts of self which are separate, then the point is lost.

This Awareness suggests this reconceptualization of "self" and the application of these concepts to spiritual and religious beliefs of any entity interested in individual evolution and to making a contribution to the social and physical evolution of mankind. That such philosophies are intended to be examined, and the reframing of self included, to eliminate such concepts as 'martyrdom,' and the complete elimination of 'self,' which flies in the face of the natural system, which is in fact the system endowed by the Creator to ensure a communicative strand no matter how deeply mired in earthly experience entities can become. This Awareness indicates that it is through the feeling experience which is rooted in the self system, that these feelings are experienced.

If the higher aspects of self are not acknowledged and honored, then the feeling system remains misunderstood, and the goals of this Awareness and of the Creator remain unacknowledged and the individual missions of entities developing and expressing their own value, shall be severely limited as a result.

This Awareness suggests that the setting aside of the cultural aspects of self, those beliefs and tenets which many entities rely upon for their very sense of identity, become separated in their mind from those aspects of self which are in fact their very identity: the Spirit and

the Soul; separate, yet intertwined with the cultural aspects of self, which are mere tools to be utilized no longer than their effectiveness and should remain in constant development and evolution in order to facilitate the expression of the higher aspects of self.

This is the setting aside that is referred to in this first sentence of the Law of Love; that the connection is strengthened between the physical entity and the Universal Divine, which is attuned to the higher aspects of Self through the emotional system. We can proceed with the second sentence.

ENERGIZERS:

The Law of Love is that close affinity with all forces that we associate with as 'good'.

COSMIC AWARENESS:

This Awareness indicates that there is a tremendous amount of consensual judgment and conflicting judgment based around the concept of 'goodness'. This Awareness indicates that what constitutes the 'good' in one culture might very well constitute the 'bad' in another culture. If the concept of 'good' remains within the cultural self, it remains affected and limited by the tools of mankind that exist in the realm of mind, and on the external worldly dictates rather than the innate godly "goodness" that is, in fact, endowed in human nature.. If the good relies upon the whims of man then again, the close affinity which is suggested is minimized.

This Awareness suggests the redefinition of the concept of 'good,' those choices made by the individual from the existing tools and those inspired and created by entities themselves, which for that individual, creates the pleasurable experience of joy through which the Spirit communicates the successful nature of that attitude, idea, belief or skill chosen by the entity.

Emotions of Pleasure and Joy are Divine Energies of Love

This Awareness suggests that universal concepts of good and evil no longer apply, considering the myriad cultural tenets which conflict and confuse. This Awareness suggests that the ultimate innate natural measure of 'goodness' are those things which connect and resonate and communicate the successful development and expression of the Spirit. The emotional experience of pleasure, which is the emotion joy, which is the universal Divine Energy of Love, is that communicative force which validates the goodness for that individual.

This Awareness indicates that the concept of 'bad' and 'evil' has been distorted in concordance with the distortion of the positive. This Awareness suggests that those beliefs, ideas, attitudes and strategies chosen by entities as workable tools to develop and express the innate potential; when these do not work, will facilitate feelings of pain, or fear, of anger, of envy, of guilt.

This Awareness suggests that the concept of "bad" be interpreted so that those beliefs which prompt such feelings are to be examined, identified, and rejected; so that the feeling has recognized the fact that the spirit is frustrated in its goal of development and expression.

This Awareness suggests in the lessons to come, there will be very specific guidelines regarding how cultural beliefs have affected the emotional feelings. However, it is a necessary preliminary understanding to realize the innate, natural, spiritual good and bad spectrum polarity, exists not in the realm of human culture, but in the realm of Spirit, and the realm of the Universal Divine, which speaks through the body on the continuum, the hedonic polarity of the emotional system of pleasure and pain.

A Radical Piece of Information Certain to be Resisted

This Awareness suggests that this is going to be a

radical piece of information which will be met with resistance, since many religious tenets identify emotion as an evil capacity, that scientists often ally emotion with the animal vestiges of Darwinian evolutionary scenario.

This Awareness suggests, however, that entities will also resonate to the innate motivational system through which they are driven, and yet often without the understanding of *why* certain behaviors are chosen. This Awareness indicates that these understandings will provide entities with a tremendous amount of clarity and understanding regarding their own life, their own choices, their own foibles, and how they can regain control over their life, so that they can choose the beliefs and strategies and develop the necessary physical, social, mental and motor technical skills necessary for the development and expression of the Spirit.

The clarification of the concept of 'good and bad' as it relates to the feelings of pleasure and pain are a preliminary understanding that this Awareness indicates is necessary at the beginning of the Lessons of Enlightenment. Can we continue the next sentence?

ENERGIZERS:

The Law of Love is that force which denies the existence of evil in the world; that resists not.

COSMIC AWARENESS:

This Awareness indicates that there is a great deal of distortion regarding 'evil,' as it relates to the previous discussion of 'good and bad.' This Awareness indicates that the Divine Universal Force is, in fact, love, and that the *absence* of love is what is known as 'evil'.

This Awareness suggests that a tremendous amount of distortion has arisen through the various cultural traditions, in that 'evil' has become an empowered force, simply by entities in ignorance choosing to empower themselves or to disempower themselves with such beliefs.

This Awareness indicates that resistance to the Love Force, whether consciously chosen or chosen in ignorance, due to confusion regarding the natural system and the severance of the communicative tie which exists between body and spirit; that such resistance creates a void in which Universal Love does not enter.

This Awareness suggests that this void constitutes a shadowed area in need of the light, and that such a concept of 'love' and such a concept of 'evil' become an operative belief system, replacing such concepts of evil in which forces powerful and beyond the control of the entity, can manipulate and disempower; and instead, to conceptualize 'evil' as a void which seeks to *attract* the light.

This is an accurate more enlightened conceptualization, and in fact, the ultimate denial of evil. Resisting not is the participation in an uninterrupted flow of spiritual energy, so that experiences are facilitated and skills are developed and beliefs are adopted which facilitate the moving of emotional Will energy to allow the Spirit development and expression.

This Awareness suggests the last line be repeated

ENERGIZERS:

"Love is the path of least resistance."

COSMIC AWARENESS:

This Awareness indicates love is the path of least resistance, in that it is an unabated flow of Universal Love Energy. There is a great deal of discussion in the upcoming lessons regarding resistance, which is a predominant factor in the frustrated evolutionary process of mankind, but it is resistance due to the misunderstanding of the emotional system.

It is the denial of the message of the emotional system. It is the manipulation of events and even biological states to eliminate emotional pain, since the situation is such that there is a predominant experience of negativity, fear and anger, rather than the intended state of joy.

This Awareness suggests that with these concepts, that entities ponder the *Law of Love* and live by it as fully and honestly and openly and without resistance as possible. We can continue.

Any Spiritual Benefits in Being Baptized?

QUESTION:

A question from Steve Nelson, in Canada, sent by the Internet quite a while back. He asks: "Is there any spiritual benefit for an adult person to be baptized? I recently visited the islands and was physically baptized in the ocean by members and a priest of a local spiritual Baptist church, and I am wondering, what are the physical, spiritual and social benefits of such a procedure? Feel free to give as much information as necessary."

COSMIC AWARENESS:

This Awareness suggests that the earth at this point in history has some rather advanced and detailed religious traditions, many of which facilitate the development and expression of the Spirit, many of which frustrate and confine the Spirit. This Awareness suggests that the power of any one particular religious tradition lies in the acceptance of that package, of the belief, and the energy applied through the belief system to that particular religious tradition.

This Awareness suggests that the experience of baptism to a 'believer' can be rapturous, and that the same experience of baptism to a non-believer can be a belly-laugh. This Awareness suggests that since entities have lost touch with the essential connection between spirit, mind and body; that instead, their Will energy is directed through intermediaries of the belief system, so that any success accomplished is watered down with unnecessary ritualistic behaviors, the acceptance of negative restrictions. Such limitations are insidious in that they are part of the package which contains an adequate level of effective techniques which do in fact resonate with the spirit and facilitate its development and expression.

This Awareness suggests that it is the task of each and every individual to examine such packages and reject any pieces of any package which create emotional dissonance, fear, frustration and anger, to question the beliefs which create such feelings, for ultimately they will be discovered to be those that are in opposition to the needs of the spirit.

This Awareness suggests that in most traditions, the dogma is an all or nothing proposition, and if there is to be an accurate choice in an all or nothing proposition, that the 'nothing' would be the best choice. However, this Awareness suggests that entities *do* seek out and cultivate any skill or tenet contained within any religion, that they can pick and choose from the varying choices as if eating from a smorgasbord to develop their own particular menu of beliefs and tenets which develop and express their spirit.

This Awareness suggests that the Mr. Nelson (the questioner) could develop a system of beliefs in which he could experience rapture from the baptism; he could go home and chant, he could go on Sunday to celebrate any number of religious traditions. He could also enjoy a pilgrimage to the holy land, or a sojourn to a guru; any activities he could imagine or find or learn or discover that facilitated the development and expression of his

spirit.

This Awareness suggests that the more ideas contributed to the realm of man, the more productive, for the more choices available for any given individual to find the combination of strategies which he knows through his feeling system or through her feeling system; those items of belief, those skills and rituals which serve the purposes of the spirit rather than frustrate them.

This Awareness suggests the creation, the natural physiological system of humankind reflects the grace, love and faith that the Creator placed in his creations, so that far more freedom of choice is allowed in religious tradition than existing prepackaged ideologies would suggest.

ART BELL SHOW MUSINGS

(What's Going on: Mars, ET's, Arizona etc.)

QUESTION:

A question from Garard R. Jr., in Hollywood, Calif.. He writes: "As I write this, the "quickening" events spewing forth from the Art Bell Show seem to be coming to a climax. Something big is brewing in Phoenix and on Mars; lots of NASA people reported gathering in phoenix. Could it be that this will be the official announcement of the ET presence, with confirming flights of spacecraft over major cities to follow?"

"Will the Mars Pathfinder vanish, and then reappear to land on July 20th, rather than the currently scheduled date of July 4th as Richard Hoagland forecast on the Art Bell Show? Will there be martial law?" he asks.

COSMIC AWARENESS:

This Awareness indicates a necessity to assuage the fears of Mr. R. (the questioner) regarding martial law, government conspiracies, and if there is to be an announcement regarding ET presence, it will not be for quite some time.

This Awareness suggests that instead, entities such as Mr. R. who have become entangled in the many specific details of the potential manipulations, conspiracies, et cetera, which have been delivered through the channel previously mentioned during the extension period; that a refocusing toward the major concepts that the mind of man, the realm of cultural knowledge, government, religion, can in fact effectively manipulate individuals and reduce their freedoms if such individuals *believe* from a fear-based position that their power can in fact be taken away.

This Awareness suggests the attunement instead to the New Age, the New Millennium, and the Lessons of Enlightenment which bring power and empowerment, freedom and individual liberation to the 21st Century. If we have completion, we can continue.

But What About the Letter-Writing Campaigns?

QUESTIONER:

Does that also mean, that many of our members who have for many years had letter-writing campaigns to the Congress people and so on, and the big banking families and so forth, whom information implied a conspiracy to eventually enslave people, and that by writing these letters, hoping to change laws, and make people aware, could prevent this..Is Awareness suggesting that people who have been in the habit of doing this, now stop doing this and focus on the emerging Lessons of Enlightenment?

COSMIC AWARENESS:

This Awareness suggests that entities are entitled to any activities they see fit; however, this Awareness cautions entities from actions which are motivated from a fear based position without identifying the belief

underlying the fear. This Awareness suggests that letter-writing campaigns can be, and in fact, in this situation have been effective toward reversing certain energies that were building to a critical point, but that there has been a turning of the tide due to the efforts of the many Light Workers, and that now the emphasis and the urgency lies in reclaiming the power of the individual.

This Awareness suggests that the energy going into the letter-writing campaign would be more advantageously and productively spent energizing the individual empowerment and becoming acquainted with the system through which the empowerment is intended to occur.

This Awareness would like to express appreciation for entities who have participated in efforts to bring about the turning of this tide as well as to suggest the refocusing of the energies back to those aspects of self which have gone undiscovered and under-respected due to the misconceptions regarding the subordination of self to accommodate the enlightenment.

This Awareness suggests that entities have *far more* power and control over their lives than they imagine, and that entities born into the modern world, no matter what culture, have such a limited concept of their own individual power and spiritual energy, and Will Energy, that they do indeed feel controlled and manipulated, simply due to the fact that they have been *indoctrinated* out of 90% of their innate ability.

This Awareness suggests that the Lessons of Enlightenment can accomplish the reconnection with that empowerment so that the primitive Medieval conditions that exist in earth today can begin their natural social evolution as entities make individual contributions through responding adaptively to the feelings which direct the energy of the spirit toward its development and expression.

If we have completion we can continue.

RICHARD HOAGLAND ADMITS HOAXING?

QUESTION:

A question from Marion Smith that came in over the Internet, no address. He writes: "I wanted to submit a couple more questions closely related to the several I sent yesterday that came to mind after I sent the E-Mail. For those not familiar with Richard Hoagland, he is the ex-NASA public relations official who has spent the last several years studying the face and other structures on the Mars Viking photographs of the Cydonia region on Mars.

"I've long admired Hoagland for his dedication and absolute doggedness in the face of massive acute scientific ridicule and denial. Recently, Hoagland has been claiming additional NASA cover-ups of ancient ruins of domes and other structures found on the moon. His videos and books are very intelligent and convincing.

"Much to my dismay I came across a web-site on the Internet yesterday that claimed Hoagland recently admitted he had perpetrated a massive hoax to dupe and embarrass the UFO crowd. My question is: Who is telling the truth? If Hoagland is correct, who built those structures on the moon? If he did perpetrate a hoax, who is he working for?

"I find it very difficult to believe that he would perpetrate a hoax of this magnitude and will be absolutely disgusted if this is the case." That's the end of the question.

COSMIC AWARENESS:

This Awareness indicates that the structures referred

to on the planet Mars do in fact exist as vestiges of some civilization, however it is indicated that no such structures exist on the moon. This Awareness suggests that this entity had a dual agenda, given these particular incidents related.

This Awareness indicates that initially, the information this entity possessed regarding the structures on the planet Mars and his particular role within the government and the dissemination, (or lack thereof) of information regarding any official determinations, but that in time, with little understanding of his own fear and anger, that this entity did in fact participate in some sort of deceptive scenario like the one described.

This Awareness suggests that within the next 50 years, there will be more details regarding the structures on the planet Mars, but that within that same 50 years there will be a radical change in the consciousness of humanity, given many forces at work, and particularly the readiness of entities for changes surrounding the millennium and its epic milestone in human history, in addition to the Photon energies and those energies that are contributing to a growing critical mass which shall allow certain understandings to become available, empowering entities whereby they will be less vulnerable to manipulators and to self-manipulation through the ignorance of their motivational system and their spiritual intention.

If we have completion we can continue.

MAKING WAR IN COMPETITIVE SPORTS

(Will Changing Consciousness Really Change Anything?)

QUESTION:

A question from Eugene H. of American Falls, Idaho. He writes: "In *Revelations of Awareness* 97-1, Awareness indicated that the object alongside Hale-Bopp comet would bring vibrations and frequencies that will lift the consciousness of humanity. My question is concerning what I see as the extreme competitiveness being instilled in our young people by the strong emphasis on so-called 'sports' in the schools.

"Both boys and girls are encouraged to join a team, (the gang): volley ball, soccer, soft-ball, baseball, basketball, football, and make war on another (team/gang). In the 1960's the Hippies said "Make love, not war!" Today our schools seem to be saying "Make war, not love!" I am wondering if lifting human consciousness will change this competitive attitude to a more cooperative loving attitude. Would Awareness care to comment on this, or any other results we may expect from the raising of human consciousness?"

COSMIC AWARENESS:

This Awareness suggests that the entity's formulation of the role of competition and the changes in consciousness as becoming more oriented toward the communal connected love-aspects of humanity, rather than the isolation of the competition for scarce resources.

This Awareness suggests that although there can be tremendous benefit in such individual groupings: the imparting of a sense of connectedness with other individuals in such organizations; the connectedness with the higher goal of the group; the instilling of certain traditions, activities and behaviors which will be useful to children in a broader environment, professional or otherwise; this Awareness suggests however, negative debilitating concepts are also being fostered through organized sports in particular.

This Awareness indicates particularly those with violence, for sheer entertainment's sake. This Awareness suggests that this particular phenomenon: fighting, boxing, wrestling; these phenomenon would be exam-

ples that entities who would find entertainment in such, (and that obviously, they do exist), has more to do with the venting of vicarious emotion and energy, particularly pent-up anger which springs from a sense of real world injustice, when the spirit is frustrated due to lack of opportunities: economic, social, educational, professional.

This Awareness indicates that such anger is vicariously vented through such activities as viewing and becoming emotionally involved in sporting events, wherein entities pummel one another or brutalize one another in any way. This springs from the self-preservation drive in those lacking sufficient opportunity whereby competition rather than cooperation is the response. This Awareness suggests this phenomenon is also a manifestation of the human tendency to create groups as distinct from other groups.

This Awareness suggests that the Spirit speaks through a need for connectedness, for the Universal Oneness brings feelings of pleasure when the spiritual connectedness with others is achieved. This Awareness suggests however, that humans belonging to particular groups, can become ingrown and limited in their mentality, whereby they no longer generalize their experiences and compassion and empathic emotional understanding to all human beings.

Instead, they extend such grace only to the members within the limited confines of their particular group. The phenomenon of the 'sports' fan' indicates a vicarious grouping, an identification with the successes and losses of a group to which one experiences an affiliation, part of which is accepted and defines the individual concept of self.

Sports' fans say "It's a good day to be a Brave!" or a Husky or a Raider. When that particular team has won, that particular entity experiences a vicarious emotional experience simply by virtue of their membership in that group.

This Awareness suggests that as entities become acquainted with the uses and abuses of the emotional system, the understandings of the needs, the understandings of the abilities and the innate self-preservationary tactics entities rely upon, and automatic reactions to emotional dissonance; that many such activities will become less and less successful as the enlightenment and the consciousness is raised in those entities. This will replace the vicarious experiences of pleasure and the venting of pain through more productive behaviors which shall contribute to their own individual development and expression, rather than simply tricking the emotional system into thinking they are fulfilled.

If there is completion we can continue.

CRYONICS: FREEZING THE DEAD FOR RESURRECTION LATER

(What About those Frozen Severed Heads?)

QUESTION:

Two questions on the same subject here. I'll read them both. First is from Philip I, Ridgewood, NY. He asks: "What does Awareness have to say about the subject of cryonics, the freezing of bodies for defrosting in the future? What happens to the soul while the body or head is frozen?"

And on the same subject, a question from Elaine S., Leominster, Mass. She asks: "Maybe Awareness could speak on the people who are put into a deep freeze, a cryonic state when they die. They hope to be brought back at some unknown time in the future, in better

health, et cetera.

"I would think the soul of the people who's bodies are frozen have left and the joke is on them to find out what they have hoped for will not happen as they had planned. What a waste of money, time and cosmic joke! If any of these bodies are brought back to life, and some are only heads, would the same soul, if any, be with it? Will the bodies actually come back to life?"

COSMIC AWARENESS:

This Awareness suggests that the soul is no longer affiliated with the flesh in such a situation. This Awareness suggests that the whole phenomenon of cryogenics is symptomatic of the fear, the denial within humanity that death is inevitable. This Awareness suggests that the technological capability of human beings far outstrips their spiritual guidance and understanding and this is part of what necessitates the enlightenment that is now upon humanity.

This Awareness suggests that entities decide for themselves whether or not such a procedure would be beneficial to them. This Awareness also suggests that entities consider very carefully the technological limitations of the system, particularly when one becomes aware of the many illogical and conflicting propositions necessary for the success of cryogenics.

This Awareness suggests that success of any such activity is contingent upon technology that has not yet arisen and dependent upon an energy system which fails on a regular basis, in that numerous entities who had the intention of being preserved are no longer in that state. This Awareness suggests this phenomenon is a sorry state for humanity to act in such desperation and for entities to exploit such desperation for economic gain.

This Awareness suggests that as humanity becomes ever-more enlightened regarding the innate spiritual guidance which has been overlooked and the predominance of fear and anger which has replaced the intended state of joyous bliss; that such foolish activities will become less frequent. If there is completion we can continue.

FOLLOW-UP QUESTION:

Well, in the future, if they actually do perfect this technique of cryogenics, what are the chances that the actual spirit that had originally inhabited that body, perhaps eons, perhaps hundreds of years or decades later, of actually returning to that form?

COSMIC AWARENESS:

This Awareness suggests that entities' spirits can embody forms at will, and that the entire idea of cryonics as well as the idea of cloning, wherein a soul can be created or retained in a physical form, is metaphysically impossible, in that it denies the spiritual presence and the Will, as an embodiment in physical flesh, rather than as a result of the physical flesh.

This Awareness indicates that spirits can come and go at will, taking various shapes: animal, vegetable, human; and that if a particular entity felt a particular affinity to a body inhabited, that then would certainly remain an option, but so many of the premises of such activities are based upon distorted factual and idealistic limitations, which will seem very archaic in subsequent generations, just as activities as bloodletting, and lobotomizing have become archaic to modern humans.

WHAT HAPPENS TO THE SOUL DURING A LONG-TERM COMA?

QUESTION:

In a related question, somewhat, Philip asks: "Would Awareness comment on what happens to the soul of an

entity when that person is in a long-term coma?"

COSMIC AWARENESS:

This Awareness suggests that this particular situation constitutes a choice of the spirit to maintain a physiological presence, and yet predominantly exist in an alternate realm. This Awareness suggests that there are entities in coma with the spirit more involved, and some with the spirit completely vacated. This Awareness suggests that the coma state is more of an outgrowth of human technological advances rather than a phenomenon which existed in early humanity.

This Awareness suggests that there are many technological and ideological traditions which do in fact affect the body in reproductive choices, in mutations, in aberrations due to environmental contamination, and that such physical vestiges and alterations to the physical form are dramatic manifestations and examples of the way ideas, dogmas and consensual traditions which exist beyond their period of effectiveness, grossly limit, yet do affect the physical, emotional, mental, social and spiritual evolution of humanity.

This Awareness suggests that brief states of unconsciousness are not the same as a coma state, which is associated with the direct intervention of medical technologies and situations wherein death would have most likely occurred without the intervention.

This Awareness suggests further, that such spirits who continue to inhabit a comatose body in a perpetual vegetative state are, in fact, finding enjoyment in the simple physical vibratory level of expression without the intervention of mind. There is an accomplishment of an understanding which can facilitate a broadened consciousness and more clarity and understanding: a spiritual connection in a subsequent incarnation.

This Awareness suggests that this kind of learning and attachment is involved, and that in some rare cases, after a vegetative state, the entity chooses to return to that incarnation for however brief a period, but that in most cases, the severance is completed, wherein the body is ultimately vacated completely, regardless of the machines and interventions that keep the body 'alive'.

We have completion.

The 10th Annual World Congress on Illumination and the Removal of Lucifer

QUESTION:

Another question from Elaine . She writes: "The 10th Annual World Congress on Illumination that was held in August 1996; they invoiced the activation of the "Crystal Bridge System" and the removal of Lucifer, a cosmic evil, from the solar system. My question is: Has this really happened? Or did they just start the activation? I was unable to attend myself, but I have been able to receive the tapes of the meditations given each day," she says.

COSMIC AWARENESS:

This Awareness suggests that this particular activity performed by this particular group *did* have a powerful effect upon alterations in belief systems regarding the nature of 'evil,' specifically Satan, Luciferian energy as defined as an unruly, all-powerful, controlling, dark force. This Awareness suggests that those entities participating in this activity, by altering their own belief and withdrawing energy from that particular conception of evil, helped relieve and reduce some of the energy invested in mass-consciousness, which allows and empowers the concept and its impartation to entities as they learn and develop world-views.

This Awareness suggests that part of the enlighten-

ment involves the denial of evil as it has been defined, and as it has been empowered by belief systems for several hundreds of years. This Awareness suggests that these efforts and the efforts of individuals to rethink, and reconceptualize 'evil,' the concepts of 'good' and of 'bad,' and attuning to the innate system with which humans have been endowed, with the ultimate natural judgments --and only legitimate judgments --regarding 'good & bad' being those activities, skills and beliefs which facilitate the Spirit's development and expression, which is validated by feelings of joy.

This Awareness suggests that such efforts, regardless of the ritual trappings, all contribute to the changing consciousness and the reduction of those constrictions within the mind of man which displace individual's power onto such concepts through which the individual belief system actually provides the power.

This Awareness suggests that this creates a negative cycle in which a belief, when entertained and accepted into the individual's self-concept, bypasses the original, direct power and allows it to act only through that belief system, whereby humans operate on a minimal capacity as compared to universal intention. We can continue.

Did Biblical Characters Really Live to be 969?

QUESTION:

A question from JD in New York. She asks: "Did people in Biblical times really live to such ages as 969, and many for several hundred years? If so, why or how? And why are life spans so very much shorter a mere 2000 years later?"

COSMIC AWARENESS:

This Awareness suggests that this particular aspect of the mythology harkens to the original state of human existence in which spirits could create and manifest their energy in physical form simply by slowing the vibration, directing the Will energy to create physical forms, and manipulate energy to create those accouterments, food stuffs and adornments that help develop, express Spirit, and sustain the body.

This Awareness suggests that when the dalliance in the earth existence came to completion, that spirits would then speed up the vibratory level so that the matter became energy once again. Yet, that over time, with more and more earthly reality taking precedence over the spiritual intention (due to loss of the communicative tie, that the Fall from the state of Grace wherein humans invented cultural knowledge and the realm of mind, which existed as an interloper between Spirit and body) Spirit became less and less able to speed up the body, to take it home, and that eventually, the cycle of birth and death in the realm of matter, became a necessity.

This Awareness suggests that a body has the capacity within its genetic endowment to live a much longer life than what has now become the norm. This Awareness suggests that the ultimate destiny for humankind is to return to the state of full control and communion with the flesh, so that the matter can be transformed into pure energy, as directed by the Spirit, which was the original state.

This Awareness suggests humanity has become so far removed from the intended and original state, that many, many actions, steps and understandings are necessary before this can begin to occur. This Awareness suggests as the Enlightenment progresses, that more and more understandings regarding the longevity and the extension of vitality of a human body will occur.

This Awareness suggests that without such understandings, humanity will continue to be plagued with

more and more disease processes, viral invaders, chemical toxins which shall further degrade the physiological system. This Awareness suggests that the initial understandings obtained from the Lessons of Enlightenment regarding the reconnection through understanding the emotional system and how it unites mind, body and spirit, will be an essential foundation for entities to understand how certain energy disruptions create situations of disease and how they influence and degrade the immune system with emotional energy not directed toward its intended source.

This Awareness suggests that this information alone shall bring about impressive changes in the physical status of humankind. We can continue.

WHY DO SOME SOUNDS DISTURB AND OTHERS DON'T?

QUESTION:

Another question from JD. She writes: "Please explain why some sounds are extremely repugnant to some people, but not others. Most people are highly disturbed by chalk squeaking on a blackboard, which doesn't disturb me in the least! I'm told some people can't handle fingernails scratching denim. I can't deal with scraping a woven tablecloth. Why the differences? Why some common and some so rare?"

COSMIC AWARENESS:

This Awareness indicates that certain sounds resonate with certain vibratory levels and affect the energy network of the human body and the chakra system. This Awareness suggests that there is a great deal of misunderstanding regarding sound, and that this is to be an area with a flurry of interest and progress in the coming century when the connection is discovered between the vibratory levels and how they relate to the energy system of the human body.

This Awareness suggests the entity JD operates at a higher and faster vibratory level than the majority of human beings so that her attunement to specific sounds deviates from that of the norm, just as her attunements to what brings her individual experiences of pleasure and pain deviate from the norm. This is true for any entity who has had the fortune of innate guidance and a broadened consciousness with which they achieved attunement to the inner drummer, rather than in conformity to the dictates of a generic world.

This Awareness suggests that certain styles of music can help facilitate and open energy centers and effect receptivity to this Awareness, and that this entity could benefit substantially through experimenting with varieties of harmonies and rhythms to ascertain those which resonate with her spirit. This can be a productive technique for she and other entities to experiment with their inner senses and become acquainted with their biological systems.

This Awareness suggests that those tones, rhythms and patterns of movement up and down the scale; those that bring pleasure create a physical sensation, and innervation, are those that resonate with individual's particular vibratory frequency and that if specific entities identify those specific pieces of music which attract them on a spiritual level, that the opening to such frequencies during the enjoyment and quiet reflection of listening to such pieces of music, can facilitate on a biological level, spiritual and emotional development and expression, as well as broadening of internal channels and attunement to the creative impulses and insights of this Awareness.

We have completion. We can continue.

Did Apollonius Write the Biblical "Revelations?"

QUESTION:

A question from Chris L., Wilmington, Delaware. He writes: "I've been reading about Apollonius of Tyana. The channeled book *Antiquity Unveiled* claims that Apollonius wrote the Biblical *Revelation* now attributed to Saint John. Is this true?"

COSMIC AWARENESS:

This Awareness indicates *It* expresses no relevance to this particular question. This Awareness suggests that far too much attention has been paid to specific details offered within specific doctrines in that entities focus an inordinate amount of energy on irrelevancy simply due to a lack of connectedness to the Inner Source.

This Awareness suggests *It* expresses compassion, yet impatience, with this particular condition, that offering empowerment is the primary focus for this organization, and in offering empowerment to the members the details of incarnations of humans long since passed become far less powerful and relevant in an individual's life. This Awareness indicates that this entity, as well as all other entities have the capacity to intuit their own information as is relative to the development and expression of the Spirit, which is the mission, yet unheeded and misunderstood.

This Awareness suggests that the entity asking this question has an impressive amount of energy which can be focused upon the development and expression of himself rather than applied to mind games and other activities less productive.

This Awareness suggests that the entity stay tuned for the Lessons of Enlightenment and reformulate this question as interpreted through a more enlightened and empowered framework, and the relevancy will be addressed at such a time. If we have completion, we can continue.

Don't Discard Some Accepted Beliefs

CLOSING MESSAGE:

This Awareness indicates that although the Lessons of Enlightenment are now upon humans to afford them heightened progress toward individual and mass development, this is not to say that they must discard accepted beliefs, traditions, skills and tools through which they identify themselves and achieve success in their lives.

This Awareness indicates that it is necessary to begin to examine that body of information: the belief systems, the frameworks of living that have been chosen, to examine the focuses, the pursuits of each individual to ascertain that those pursuits are in fact pleasing to the spirit, and productive toward the evolutionary goal, rather than diversionary distractions, mind games, and retreat responses; which seek to escape painful situations and feelings which remain misunderstood.

This Awareness suggests that responses that indicate irrelevance relate to the urgency of the imparting of the Lessons of Enlightenment and the return to the personal empowerment that humans are intended to possess, and that the relevance perceived by the entity is not to be taken as a judgment against that entity, instead, as a suggestion of a refocusing of the energy in this most productive empowering new direction.

There is no other closing message.

The Law of Gratitude is given)

PLEASE SEND US QUESTIONS!

We really need good questions! Put on your thinking cap and send them in! Send by mail, FAX, or E-Mail to C.A.C. Many thanks!

WILL CALIFORNIA AND NEW YORK SOON BE UNDER WATER?

(Alex Collier Joins Gordon Scallion as Cosmic Bullshitters)

QUESTION:

A question from Jerry K., of New York City. He writes: "In a recent issue of the Leading Edge Research Journal, issue #90, Alex Collier states the following: "Within 8 years, Southern California will exist only as eight islands. It's all going to be water. New York, by the year 2000 will not be there. It will be ash. It will be sacrificed. The powers that be have already made that

"The souls that live in New York will be an "offering". Alex Collier goes on to say that "The souls which will be destroyed in New York will be captured and placed in some kind of 'box' device and used for energy, Life Force Energy, and who knows what else!" Basically, Alex Collier states that what will happen on the East Coast will be the result of a man-made phenomenon and what will occur on the West Coast will be a natural phenomenon.

"My question to Awareness is: Is this true? Are the East and West Coast going to be destroyed before the year 2000? And if indeed it is true that New York will be destroyed in the above-mentioned manner, will those souls be captured and used?"

COSMIC AWARENESS:

This Awareness indicates that this entity has spoken according to his own purpose or view of things. This Awareness does not see this as being anything to be concerned about. *It* does not see it as being foreordained or a valuable forecast. This Awareness indicates that many people can make descriptive forecasts of future events. It is seldom that these entities can accurately foretell the future. It is much easier to pretend to foretell the future than to actually do so.

IS COLLIER'S INFO FROM ANDROMEDANS BASICALLY TRUE?

QUESTION:

Jerry also asks: "In general, is the information which Alex Collier is receiving from the Andromedans basically true? In other words, is most of it accurate?"

COSMIC AWARENESS:

This Awareness indicates this appears to be negative. This Awareness indicates it does not appear that this entity is actually receiving information from Andromeda, nor does it appear that the information he is receiving is generally accurate.

WILL ANDROMEDAN COUNCIL EXPEL ALL THE "BAD GUYS" IN 2002?

FOLLOW-UP QUESTION:

Then this probably also applies to his last question. "Alex also states in issue #90 that some type of major alien sightings which will be seen by all will happen by April of 1997; that it could happen sooner, but that April of '97 he was told would be the highest probability. That a lot of things will occur around that time, such as the arrival of Hale-Bopp.

"In issue 91 of Leading Edge, Alex, during his discussion with Val Valerian stated that the Andromedan Council will order the expulsion of all extraterrestrial influences by 2003, and that somewhere between 2002 and 2003 we will have a mass-exodus of "bad guys" both human and otherwise, and that this would permit a total collapse of the repressive regime, allowing a reunion of American Republics to form in 2004.

"Again, I ask Awareness if this is accurate information. If not, please tell us the truth of the matter."

This Awareness indicates it appears that there will be some serious changes going on during that period. The precise descriptions given by this entity or his interpretation of these changes is that which this Awareness does not see as being particularly accurate. There is in a general sense, however, a probability of changes that may be of great benefit to humanity during those time periods mentioned.

How to Remove Varicose Veins

QUESTION:

A question from Jan Van T., in Eindhoven, Holland. He writes: "A lot of women in modern times have swollen dark colored veins in their legs. This can be solved by removing them in the hospital. My question is if this is appropriate to do so, or better to leave them as they are, or do you have any comments and if you know a more natural approach?"

It sounds like he's describing varicose veins.

COSMIC AWARENESS:

This is in the affirmative. This Awareness indicates there is an herb, the name is not totally clear. It is an herb available in most health food outlets. The name relating to the word 'broom', 'brush' or something of that nature.

QUESTIONER:

Butcher's broom?

COSMIC AWARENESS:

This Awareness indicates something of that nature. It is not clear that that is correct. This Awareness indicates it is something of that nature; that this is beneficial in helping to clear the varicose veins. This Awareness indicates that it appears that that is the correct name. This Awareness indicates that this can be beneficial in helping to clear these, but there are also other naturopathic medicines that can be beneficial.

The naturopathic medicines that are commonly used for cleaning the arteries, such as Cardio-Guard and other similar type substances; those that are used for osteoporosis; all would be beneficial. This Awareness indicates that there is also benefit in the use of grape-seed pycnogenol, which is very helpful in terms of elasticity in the skin and cells. This Awareness indicates that the strengthening of the elasticity is what can be of great benefit in helping to shrink these veins.

This Awareness indicates the traditional use of Butcher's Broom is for this very purpose. The grape-seed pycnogenol is also seen as having been used for this purpose successfully, although it has other purposes also.

Any Drawbacks to Having a Lot of Sex?

(Can we have our cake and eat it too?)

QUESTION:

A question from Michael H., in Grimsby, Ontario, Canada. He writes: "I'm a 22 year old guy who is looking for wisdom and depth in this world. I have found *Revelations of Awareness* and the Cosmic Awareness very helpful in my search for this great wisdom. At this age I have a very strong sex drive and I am often enticed by attractive females in my age group. I have been brought up with a fairly conservative attitude toward sex: "Don't do it until you're married!", and in my readings I have learned that Buddhist monks refrain from sex totally.

"On the other hand, why shouldn't I be able to express my sexuality and sexual energy to somebody, and with somebody of my choice? If we both like it, why not? I am aware that I am a child of an era of changing values, and that I would appreciate some guidance from the Awareness in this area. I am also interested in Out of Body experience and lucid dreams.

"I have read in the Carlos Castaneda Don Juan books that this kind of work requires a strong "energy body" and I want to know if sex depletes the body of the necessary energy to do this kind of thing. Can one have their cake and eat it too? Are there any drawbacks to having a lot of sex, say, on a karmic or spiritual growth level?"

COSMIC AWARENESS:

This Awareness indicates most of the taboos about sex were formed during a time when there was great danger in regard to the spread of disease, and also there was a need for social order which loose sexual morality could distort and disrupt.

In other words, in earlier times especially, entities not having strong sexual codes, getting involved in loose sexual behavior, could have caused a tribe or society much conflict from within, because someone was having sex with someone who was already taken by someone else, and the jealousies and conflicts could lead to passionate violence.

This Awareness indicates that laws were made that one person, having one mate, was the most acceptable way of behaving. That way, disease would not spread, and likewise, jealousies and conflicts and violence would be minimized. This Awareness indicates it also made society so that offspring from these sexual acts would have a parent of each sex to attend the needs of the child: a father to provide and a mother to nourish and nurture. This Awareness indicates this was the prescribed ideal of these early days.

In the modern era it has come back from the time of the Sixties when birth control was the reigning factor in sex, allowed for entities to have more freedom of sexual expression to a consideration of disease in the Nineties; the spread of AIDS in particular, whereby birth control is not an effective blockage of the AIDS virus, so that a morality of a practical sense again needs to be considered as an important factor in society.

This Awareness indicates that likewise, again, having one particular mate whom you can trust not to spread disease by loose sexual behavior becomes an important factor. This Awareness indicates in other words, it is a practical concern that tends to bring about the morals of a society, and the word 'morals' comes from the word 'mores' or traditions. The traditions or rules of a society make up that society's morals, and this Awareness indicates it is not necessarily a spiritual issue, except that in a spiritual sense, if you harm others, it is lacking in spiritual responsibility.

The Need Not to Hurt Others is a Spiritual Concern

This Awareness indicates in other words, hurting someone is not a highly spiritual behavior. Therefore, morals have a place in spiritual development also. However, it is not something that is dictated so much by God as it is by practical social need, and the need not to hurt others is a spiritual concern in an essential consideration.

This Awareness indicates therefore, It would suggest to you that you be very careful in sowing your wild oats, if that is your intent, and that you think in terms of the responsibility for your behavior. It is much like carrying a gun. You do not give guns to children who are irresponsible, and you do not permit sexual expression to adults who are irresponsible. If you are to engage in sexual activity, be responsible for your behavior. Do not do things that spread harm or can hurt someone, and if you indulge in such action, take the responsibility that may result.

Between Ages of 17 and 29 70% of Your Karma is Developed

This Awareness reminds you that between the age of

17 and the age of 30 or 27-29; approximately 70% of the karma that you will develop in your lifetime is developed during that period of time. Whether that karma will be good karma or negative karma depends on how responsible you are for your behavior.

This Awareness indicates in other words, it is your choice, but it is a choice that you need to be fully aware of in terms of the consequences and the implications of your activities as they may apply to the consequences of your activities. This Awareness does not wish to imply or state that sexual activity is a sin to God or in the eyes of God, *It* simply wishes you to understand why those taboos were first established and why even today the responsibility for one's behavior is the important factor.

It is not going to hurt God if you have sex with someone, but it could hurt yourself, or the other person, if you are irresponsible.

Does Sex Deplete the Body of Energy?

FOLLOW-UP QUESTION:

His reference to the Castaneda books and the 'energy body,' and he wants to know if sex depletes the body and the necessary energy to do this kind of thing as expressed in the book...

COSMIC AWARENESS:

This Awareness indicates at this entity's age the sexual energies are strong and rebuild themselves quickly. It is not so much a concern of extreme depletion, if the entity does not become overly obsessed with sexual behavior. This Awareness indicates that essentially, sexual expression relieves tension, but there is also some concern in regard to the use of sexual energy being held that gives entities more of an ability to compete in terms of using that tension. The competition in certain sports, however, requires that entities not be too intense, particularly those sports that require a certain kind of grace such as basketball or perhaps running, wherein these entities may benefit somewhat from not being too tight, too intense.

This Awareness indicates that some athletes find their performance better if they have had sex, because the fluidity of the body, the relaxation in their body is helpful in the expression. Other athletes may find that building up tension by not having sex gives them greater competition and the ability to fight, or the pent-up energies to compete well against other competitors.

This Awareness indicates depending on the kind of physical activity one wishes to engage in may make a difference as to whether the entity would benefit or be hindered by sexual expressions. This Awareness indicates if entities go overboard and indulge in excessive sexual activities, they can deplete themselves in the sense of losing certain energies.

Low Zinc: "Masturbation Causes Blindness!"

For one thing, zinc is lost in sexual expression, particularly by men. It is in part responsible for the old superstition that masturbation causes blindness that was given in olden times to keep young boys from masturbating. This Awareness indicates that the only aspect of such a statement that may have had any truth to it is that zinc is lost from the male climax and zinc can be important for the eyes.

Low zinc in the body can hinder one's eyesight, causing for example, near-sightedness. The muscles do not respond well, letting the pupils focus properly, if the zinc is low. This Awareness indicates in other words, an entity may need to watch the zinc content in his diet if he overindulges in sex. This Awareness indicates anything in extreme can be harmful to entities. Even the drinking of water in extreme can cause death.

Abstinence Can Create an Obsession About Sex

Most things taken in moderation can be handled well by the body, by the mind and by the spirit. The Greeks had their Golden Mean of Balance, in which nothing was done in the extreme. That Golden Mean was the ideal. This Awareness indicates that even abstinence in the extreme can be harmful for some entities. The entities may become too fanatic if they are excessively frustrated or afraid of sexual expression.

If they can avoid sex without being obsessed by it, then such entities can probably be abstinent without great problem, such as the monks mentioned, or the priests of the Catholic Church. But if they become obsessed with the concept of abstinence, the obsession begins to cause their mind to focus on sex all the time until at some point they cannot avoid it.

That "Pink Monkey" Story Again

It is likened unto the entity who asks "How can I levitate, master?" And the master said: "First, you must learn to control your mind." "How do I do that, master?" "You must go home and for one week, do not think about pink monkeys. No thoughts about pink monkeys whatsoever." Of course, the entity had never thought about pink monkeys before, but now being admonished *not* to think about pink monkeys, the entity went home, and *all* he could think about was pink monkeys.

At the end of the week he came back and told his master: "What have you done to me? *All* I can think about is pink monkeys. You tell me not to think about pink monkeys, and now all I can think about is pink monkeys! How will I ever learn to levitate?" The masters explained: "If you cannot control your mind, how will you ever learn to levitate?"

It is much the same. If you are obsessed with avoiding sex, then all you will think about is sex.

Is Carlos Castaneda Secretly Stealing Energy?

QUESTION:

Another question from Michael H. "I have read on the Internet that Carlos Castaneda, writer of the Don Juan books, in his sorcery classes, is hoodwinking unsuspecting individuals by secretly stealing their energy. Is there any substance to this claim? I have also read that he is a charlatan and has impure intent to the craft of sorcery. What does the Awareness have to comment about this?"

COSMIC AWARENESS:

This Awareness indicates that anyone who takes attention from another is taking their energy. Everyone does so at one time or another get attention from others. There is nothing wrong with taking attention. If it is excessive, if an entity is constantly drawing attention from others, and that is the main purpose and if the entity does not give attention back, then of course the entity is what may be termed a 'psychic vampire.'

This Awareness indicates that otherwise, the entity is simply taking attention and giving attention and energies are going back and forth between entities. This Awareness reminds you that **information is energy**. Thus, an entity giving information is giving energy. Entities taking information, are taking energy; so there is the give and take, even in the exchange of information.

This Awareness indicates it does not appear to this Awareness that the entity Carlos Castaneda is one who steals energy from others without giving something in return, because he **does** give information, and information is energy.

Is There a Ritual for Healing the Inner Self?

(The Yogananda Recharging Exercise Is Given)

QUESTION:

Michael has one other question. He writes: "I've noticed that in the sorcery of the style of Don Juan and Carlos Castaneda, that it contains its own techniques and rituals. Also, in the way of the Tao, it has its own techniques to developing energy for the body. The path of Reiki contains many rituals and techniques to healing and energy. Which one is more a true path to developing the self?"

"Also, the many varied rituals in each path sometimes seem so strange and frivolous. Why is this so? Can one come up with their own rituals to develop inner health and have them work effectively?"

COSMIC AWARENESS:

This Awareness reminds you also of Yogananda's teaching in which he had a recharging exercise whereby an entity would simply stand or lie down and focus and tense the toes, the arches of the feet, the ankles, the calves, without releasing anything below the upper leg, the thighs, the hips, the back, the stomach, the chest, the shoulders, the upper back, the neck, the head, and at this point, tighten everything so that the entire body quivered. Then, in a reverse direction, relax the muscles of the head, the neck, the shoulders, the back, the stomach, the hips, the upper legs, the knees, the lower legs, the ankles, the arches and the toes, and the entity would feel recharged.

The entity Yogananda also taught that if you are in need of picking something up, to move the body to pick it up as if you were lifting weights, not tensing yourself, but with a full awareness of the complete energy of the body bending over to pick up the pencil.

In other words, all of this is a matter of putting attention into everything you do, and this would recharge and energize yourself.

This Awareness indicates that essentially those techniques that are discussed in the Castaneda book or using the Reiki practice also are ways of causing one to focus attention into certain activities relating to the body, and this kind of focus of attention is what gives a recharge of energy to one, and to the various parts of the body. It is a way of helping to keep you healthy, or to revitalize your health by use of the mind, the attention of the mind.

Is Homosexuality a Natural Phenomenon to Balance Over-Population?

(Do Certain Birds Explain the Homosexuality Phenomenon?)

QUESTION:

A question from Vikki. We saw the author of *Angels Don't Play This Harp* on a TV interview recently and he said that there's been a study of an outcropping of rocks off the Oregon Coast that is heavily roosted by birds. The important thing about this study is that after all 100 roosting spots are filled, all birds hatched after that point are homosexual, so that nature brings the homosexual in as a natural phenomenon when further breeding is not desired due to overpopulation, and as soon as nesting space opened up, the birds would revert to heterosexual relationships, which may be an example of a natural move on a world scale that is happening now due to world overpopulation. Would Awareness comment on this analogy?

COSMIC AWARENESS:

This Awareness indicates that this of course is a way whereby entities can avoid creating overpopulation and it appears that this is a significant part of the movement at this time; the movement not being something that is necessarily generated by humans, but in part generated by the natural energies of the collective consciousness

of humanity.

This Awareness indicates that usually when there is an overpopulation there is also more violence and starvation and other means by which creatures are destroyed. This Awareness indicates it is quite probable that the excessive population on earth today will meet with similar circumstances: disease, famine and war are likely to take their toll on humanity, along with homosexuality affecting the population to bring it down to that which the earth can handle.

Easter Island and Example of Overpopulation

There is only so much that the earth itself can handle in terms of population, before the earth becomes totally destroyed like Easter Island was. The life on Easter Island was destroyed by too many people cutting too many trees and too much vegetation, until there was nothing left for them to devour. They could not even find boats to fish with because they had cut too many trees, too much vegetation. Then the people themselves died and the population dying, left an island that was barren except for the stone carvings.

This Awareness indicates that likewise, if the population on earth continues to grow excessively without restraint, then earth too would become likened unto another Easter Island. It would become a barren planet unable to support life because it had such little amount of resource left. This Awareness indicates the concern of course is that there are entities who are focusing on this in a way that artificially is attempting to diminish the population by spreading diseases that wipe out large numbers of people such as the AIDS disease, and allowing famine to occur, which will wipe out large numbers of people, and there are wars being planned and ways by which many entities will be destroyed within a short time, in terms of generally history.

There is of course the effort to curtail childbirth through contraceptive use, but there are also certain religious practices that forbid contraception and there are the encouraging efforts to spread homosexuality, and this would be part of population control by these world planners. This Awareness indicates that these are factors that are occurring on earth at this time and there are certain needs for this kind of planning, because too many people do not have discipline themselves to stop breeding when the time to stop is obvious.

The continuous effort to have more children, to keep having children, becomes part of the problem. This Awareness indicates there are many entities who cannot imagine not having a reflection of themselves because they think of themselves as so important that they must have another child to carry on their own reflection after they have gone.

"Do I Really Need Another Reflection of Myself?"

This Awareness indicates that one could look at it like that, or one can simply say, "There are so many people, and I am just another face among thousands of other faces. Do I really need to keep having children? Do I need another reflection of myself?"

This Awareness indicates if people cannot discipline themselves to limit the number of children they have, then it is necessary for humanity to have wars, starvation, family planning, perhaps abortion or other means by which the population is limited, in order to save the planet itself. After all, the planet is your home, is the land that you love, and without it, none will survive in physical form.

Multiple Realities: How Many Parts of One's Higher Self are Incarnating at This Time?

QUESTION:

A question from Robert S., Vancouver, B.C. "I have read that one's infinite soul is not limited to having merely a single physical incarnation on earth at any one time. Indeed, there could even be a few hundred portions of my Higher Self running around all over the world.

"For example, while I'm living here in Vancouver, another part of me could be a small boy in Peru, a woman in Afghanistan, and a guru in India. Does Awareness accept this as being real?"

COSMIC AWARENESS:

This Awareness indicates it is a matter of how you define who you are, a matter of defining yourself; whether you are calling back to some soul of the past which was once a single entity that has splintered or fragmented to make other souls, or to give partial souls to other beings; if that is what you are defining, there is truth in it.

This Awareness indicates, however, when your soul fragments, it does not give a complete or fully developed soul to those fragmented parts just because some entity grows up around that fragmented part of one's soul. This Awareness indicates of course, when you fragment in that way it is no longer you that can claim to be all of those people, because your soul has indeed fragmented, and what is left of you is with you now, and the others are their own being.

It is a matter of interpretation, a matter of definition: how you define these different things. This Awareness indicates in other words, you could not as a person here, with a soul that has been whittled on to make fragments for other souls in Peru and other places, go down and locate those fragmented parts of your soul and tell the entity: "You are me! I am here to get my soul back from you!" You cannot make a claim to that part that has been cast off from your soul which someone else now possesses as *their* soul.

This Awareness indicates that most people do not let their soul get split or fragmented. It is very rare, very, very rare that anyone's soul would be fragmented into so many multiple parts. It is not excessively rare that a soul might split into two, three or four different entities.

The 12 Aspects in Jane Roberts' Seth Material

In the *Seth Material*, Jane Roberts channeling Seth described that there are 12 aspects of the soul, and thus, 12 entities in different dimensions, not on earth at the same time, and this is a discussion of the soul in a different way, for it is possible for the soul to have different levels or layers, and each of these layers, in a different dimension.

This is somewhat different from the concept of a fragmented soul, in which entities on earth are running around with portions of someone's soul. In the Jane Roberts' version, or Seth version, the soul can exist simultaneously on various dimensions. An entity can be in 12 different dimensions at once without being very much aware of the other dimensions, but there is a kind of connection, just as when you pluck a string on a piano, all of the strings of the same note on the piano will vibrate in harmony to that string. The vibration is more subtle on those other strings, but they do respond in sympathy to the main string that has been plucked.

Thus, the same with your soul. It is vibrating at a certain frequency and those souls that are on other dimensions that are of the same frequency as yours will also vibrate on those other frequencies or other dimen-

sions. Therefore, you can have multiple souls on different dimensions that are all part of the same soul.

Remember When Captain Kirk Met His Own Self on Star Trek

This Awareness reminds you of one of the Star Trek stories, in which Captain Kirk was caught between dimensions and met himself, and the two Kirks struggled against each other, trying to determine who had the right to survive. Eventually they worked it out where each went back to his own dimension. This Awareness indicates this is a kind of personified version of this concept.

WHY DO UFO'S FLY OVER BATURITE, BRAZIL, EACH MONTH?

QUESTION:

Another question from Robert. "On the television program 'Sightings,' the frequent flight of UFO's over the Northeastern Brazilian city of Baturite was reported occurring on a regular basis; this started happening in October of 1994, and has been ever since on the first Saturday of every month at 2:00 PM.

"Although many in Brazil believe the UFO to be a vision of the Virgin Mary or some such "Divine" show from God, good researchers like Irene Granchi assert that they are ET vehicles and not a "sign from the Lord" is what's being seen."

And he asks: "Would Awareness please explain the purpose of the UFO's that fly over this city every month?"

COSMIC AWARENESS:

This Awareness indicates this is a scheduled flight by these crafts taking information and messages and also material on a regular basis, just as you may have airplanes taking off from an airport on a regular schedule to take something from one place to another. You have your trains that run on regular schedules. If you were a dog, and you happened to notice that every Tuesday at a certain time, this big iron monster dragon-like creature went by on the tracks, it would be similar to what people are seeing in this UFO movement.

It is simply a scheduled flight.

FOLLOW-UP QUESTION:

What kind of aliens are in that thing?

COSMIC AWARENESS:

It appears that this is related to the Orion types, who were around in the Forties, shortly near the end of World War II. The Zeta Reticuli did not come along until 1962.

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