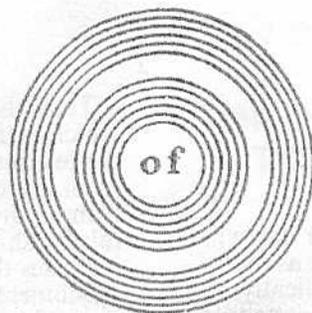


Revelations

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Awareness

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Attachment: And How to Merge with the Divine Creator

Divine Attachment: the Highest Priority in Your Life

---All About Guardian Angels—the 7 Archangels

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ATTACHMENT: IN RELATION TO THE SEARCH FOR ENLIGHTENMENT

CAC General Reading ,1/12/91

OPENING MESSAGE:

This Awareness wishes entities to consider that which is attachment; that the concept of attachment as that which needs always to be reflected on periodically; that individuals become attached to things and these attachments can either hinder or progress the individuals in their search for and pursuit of enlightenment.

This Awareness indicates that in your pursuit of enlightenment, your attachment must be for that which is the Divine and that which is perceived by yourself to be the Highest and most Divine Force that you can imagine.

An Attachment to That Force Known as God

This Awareness indicates that for simplicity, we shall at this time call this force God. The pursuit of God as an attachment that entities can have, and the attachment holding that God Concept close to yourself, as that which allows you to move in that direction, with great vigor, with great force. This Awareness indicates that it needs to be your highest priority in life, for there will always be other forms of attachment that will seek to bring you down, and if it is not your highest priority, then one of the others will become the highest priority and you will find yourself being tied to or attached to something that is less than the highest. It will be a waste of your life or of much of your life.

The Attachment to those Entities you Love

This Awareness indicates that following this pursuit of, and oneness with God as your highest priority, you may also consider as the secondary priorities, these being in reference to those whom you love. This Awareness indicates by developing certain attachments to those whom your love, recognizing these to be of a temporal nature, having a beginning and an end, that these will not endure forever. This Awareness indicates that the only thing that can endure forever is your attachment to God; that the attachment to another living being as that which ends at death. Even though you may still cling to the memory, it is not the same.

Some Attachments Form Bonds Which can Turn into Bondage

This Awareness indicates that even so, these attachments can be very strong and the attachments can create loyalties, and attachments and loyalties can form bonds, and the bonds can turn into bondage. This Awareness indicates that wherein there is a willing bond, it is not bondage. Wherein there is an attachment that is not willing on the parts of entities attached, then it becomes a feeling of bondage. This Awareness suggests therefore, that you make your attachments those which you willingly accept rather than those which you accept out of obligation or out of pressure from others.

This Awareness indicates in other words, you would not want to marry someone just because your mother wanted you to. This Awareness suggests that your loyalty to your mother is not sufficient for your marrying and giving your life to someone whom she picks if you are not yourself inclined in that direction.

Other Forms of Bonds that can be Created

This Awareness indicates that there are other forms of bonds that can be created such as a bond through a contract, wherein you receive some benefit and are obligated by the bond or contract to repay something. This Awareness indicates that many entities are happy to receive, but when it comes time to repay they do not want the obligation, yet they want to keep that which they have gained from the contract.

Thus, there are the new types of relationships in which entities avoid commitment but reap rewards of the relationship and when one party seeks a commitment, the other party may say: "No way! I will not commit myself to you! I want only the benefits of relationship and no obligations from it." This Awareness indicates that these are poor forms of bonding and attachments which become more akin to bondage than to true bonding. This Awareness indicates that there is, however, a great benefit for those who truly bond with each other in a willingness, and through the power of love, which is held for each other, the giving of love to another is that which can form a bond that becomes not only sacred but so precious to an entity that it gives new meaning to life itself, and those who do not understand this are missing out on the real jewels and pearls of life.

Having Only One Attachment: the Attachment to Freedom

This Awareness indicates that it is something for entities to consider. This Awareness suggests there are many who say that attachment is wrong and "I do not want to become attached to anything, therefore, I want my attachment to be only to freedom and not to anything other than to freedom itself. I want to be free. I do not want to be attached!" This Awareness indicates that even these entities in their attachment to freedom may find themselves being held in bondage to that freedom. They cannot settle down, they cannot find a place to rest in a permanent sense, they must always be moving on, moving on, like the shark that never stops swimming, looking for something new to avoid being caught or attached to the old.

This Awareness indicates these rolling stones think they are free, but they are bound to their ever-moving pattern. This Awareness indicates that freedom comes not from being unattached to entities or to things that are of value in the upliftment of one's spirit, but freedom comes rather in the inner feeling one has toward life and toward what one is doing. If one truly seeks freedom, one can be free, even in the midst of a prison. Even when chained to a dungeon wall one can be free within one's own consciousness, "for these bonds do not a prison make."

To Pursue True Freedom You Must Accept "What Is"

This Awareness indicates that in the pursuit of true freedom, all one needs is to accept *what is* as being the way it is at the moment, with the realization that everything can change, and in accepting *what is*, one can turn inward and feel the freedom of the soul, feel the reality that no one can imprison one's soul without their participation in that imprisonment. If you do not let your soul become captured by another to where you are fearful or greedy in your desire for something, your soul can remain free, and when the soul is free, you are free, even if the body is chained.

This Awareness suggests that the attachments that entities often seek to avoid become the traps which hinder them from the happiness that would free them. It is important for entities to define carefully what they truly want from life and to make sure that they do not get themselves attached to something that they do not really want but which they *think* they want. This Awareness indicates that often, entities will take on a relationship not intending to keep the relationship on a permanent basis; for instance, they may start a business or take a job knowing that they do not want to stay there forever, but then they may find that there is no door, no way out. Once they have entered into that particular occupation they may find themselves trapped in that routine in that job, in that business.

This Awareness indicates that if an entity discovers this, it may be some time before the entity can extract himself or herself from that occupation. This Awareness indicates that the next consideration is to realize that attachment, though limiting, is not necessarily imprisonment, and that one can be attached to someone, to something, to a job or to a family, and may end up spending many years of his or her life serving in that capacity, and may think to themselves, "I am really attached to this. I am bound to it and I cannot get free!" or the entity may think to himself: "I have been at this job for 20 years and I must say that I have benefited from it, and I enjoy the routine, and I will continue to enjoy the routine as long as I remain at the job, but I am going to see if I can break the routine and find something more interesting to me."

The entity who can evaluate his or her position in this manner is free, for the entity does not feel trapped by the job and can enjoy the job even though looking for something different. This Awareness indicates that it is a matter of attitude as to whether you feel trapped and attached by that entrapment or whether your attachments are seen as benefiting you and offering you the opportunity to move on to new attachments with experience learned from the present ones.

Don't Worry About Your Attachments—Just Understand Them

This Awareness indicates that you need never worry that you have been attached too long, for you would not have remained there so long had there not been some reason; therefore, resenting your attachments is a waste of energy. Understanding them can be helpful in allowing them to determine objectively whether to break the attachment and move into something new or to prolong the attachment until something new comes along or until you feel you are ready for moving on.

Philosophies Which Say Don't Get Attached to the World

This Awareness indicates that there have been some who see these attachments as obstacles to spiritual growth. This is largely due to philosophical teachings which suggest entities should not become attached to the world, yet there are also others who see the need for certain attachments in order to perform activities that would free them. If, for example, you are seeking to serve others in a capacity of a healer, or you want to study a philosophy, you may need to acquire and attach yourself to the field of knowledge that would give you the information you need; thus you buy books and they are your possession. You are attached to the books. The books are attached to you; or as a healer, you may have certain instruments. These instruments are necessary for you to perform your healing art.

This Awareness indicates that these kind of attachments that extend your freedom to express yourself are not hindrances to your growth and fruition, but are there to advocate growth and fruition, to assist the growth and fruition. This Awareness indicates that there are, in some cases, attachments that will hinder your growth and fruition and these may need to be avoided, but it is important to realize that some attachments help to free you, and some attachments help to bind you and if you can discern which is which, you are far ahead in the game.

This Awareness suggests therefore, entities not simply lump all attachments into one category and seek to avoid attachment. This Awareness indicates likewise, in terms of relationships, some entities will hold you back from your growth and fruition. Others will help you expand and propel you into new levels of realization of growth and fruition. The same may be said for philosophies and concepts. Some groups and philosophical

organizations may hinder you greatly; others may assist you in your pursuit of true freedom in a spiritual sense.

This is why discernment becomes important, so that entities can learn to discern what energies help to propel them into higher evolutionary movement and what energies tend to entrap them in levels of non-growth or retardation.

THE ONENESS OF GOD AS BEING THE HIGHEST PRIORITY

(FOLLOW-UP QUESTION)

Would Awareness expand on this concept of the Oneness with God as being an entity's highest priority? Does this mean an entity who has an intellectual grasp or understanding of the concept of this; does this relate to people like monks who need to meditate for hours on this concept? Could *It* expand on this a little bit?

COSMIC AWARENESS:

This Awareness indicates that thinking about it in the mental sense can only carry an entity inches, but experiencing a Oneness with the Divine, actually visualizing the Divine and yourself merging together as one being, surrendering yourself to the Divine to become One with *It*: this allows an experiential reality which takes you many, many miles on the spiritual path. *It* is not suggesting that entities simply try to comprehend mentally the idea of being one with God, but rather that you comprehend it experientially, that you experience being One with God.

Oneness Can Not be Experienced by Thought Alone

This Awareness indicates that once you do so, you may find that the words do not fit in description of the experience and that the words are only shells carrying the experience, and that there is no way to think about the experience and still experience it from the thoughts alone. It is an *experience*, not a concept or a thought pattern. This Awareness indicates that for this reason, often entities spend time meditating on the thoughts in order to get past the thought or idea or concept into the experience. It is actually quite simple, but no one can describe it in words. It can be experienced, *if* you do not attempt to project in your mind some definition on what you are trying to achieve.

This Awareness indicates it is simply an action of surrendering yourself to the Highest that is, to Universal Consciousness, experiencing the vastness of the universe while attuning to its consciousness as a being, as a Supreme Being, surrendering yourself to this experiencing *It*, and then holding that experience for some time, after which you may return to your former self, if you so desire, and reflect mentally back on what you have experienced and try to put it into words, for your own benefit, for the benefit of your mind, and thoughts.

This Awareness indicates that this may provide your mind much to chew upon until the next experience. It will never give the mind the full experience, for only consciousness is free to have the full experience.

Dr. Bucke's Book "Cosmic Consciousness"

(FOLLOW-UP QUESTION):

Is this the same experience that the author Bucke wrote about in his book *Cosmic Consciousness*?

COSMIC AWARENESS:

This Awareness indicates that this was his attempt to explain the experience of Universal Awareness. This Awareness indicates that it is not something that is easy to explain and therefore, often entities and poets and philosophers trying to explain this will use unusual and mind-boggling concepts or images to force the mind to go beyond the words, into the experience.

"Experience the Universe in a Grain of Sand"

Thus, the statement: "Experience the universe in a grain of sand."* This Awareness indicates that this is an excellent exercise: to look at a grain of sand and visualize it as being the universe, and experience in that grain of sand by moving, by experiencing what it would be like to move into that universe as a tiny being, with the universe, the grain of sand, growing ever larger and yourself moving into it to the point wherein you see the galaxies, the star clusters and the solar system, and eventually your planet, and you move upon your planet into your own home region and visualize yourself inside that gigantic grain of sand.

This Awareness indicates that in so doing, it becomes an experience that lies beyond words, that can never be conveyed properly with words so that all entities can experience exactly what you have experienced, and yet it can be quite real to you, giving you understanding and knowledge that you could not acquire through any other means than by visualizing, feeling yourself experiencing this phenomenon. This Awareness indicates that you may also then move out from that planet, from your place on that planet back into the galaxies away from the solar system, and go out and feel yourself as the grain of sand that is the universe, and experience the vibration and feeling of being that universe containing all the star clusters, the galaxies, all the gases, the fires, the lights, the cold, the churning motor of the universe being the life force pulsating within yourself.

This Awareness indicates, experiencing that for a time can also give you great insight into the nature of the Universal Consciousness. There is a certain personal and impersonal quality functioning simultaneously in this Universal Consciousness, wherein the parts of the universe, the many different individuals, the solar systems, the galaxies and the various stars and planets all have their unique life and their unique purposes and intentions, their own consciousness, and these are all functioning within you as you merge into that Universal Consciousness, and you can experience and feel these things, and you can gain understanding of Cosmic Consciousness and its experience, and you can see that *It* has the ability to become personal with any part, or to be totally impersonal to any part.

You Develop the Ability to Read Cosmic Consciousness

This Awareness indicates that as you experience this and exercise your ability to make these moves in your consciousness, surrendering your consciousness from yourself into the Universal Self, you develop the ability to read Cosmic Consciousness, and the parts therein. The reading is not done through the eyes, or even through the mind, but through the experience, the experiencing action. You simply know because you have *experienced* it.

The Essence of Meaning Behind the Gnostics—the "Gnowers"

This Awareness indicates this is the original essence or meaning behind the gnostics. They would experience something to become knowers, and the knowers, having experienced the thing, did not have to believe or rely on testimony from others or authority to tell them *What Is*.

This Awareness suggests that you may practice, this type of knowingness by tuning in to some inanimate object or to an animal or to another individual, experiencing them, surrendering yourself as you let go of self, and move into that other thing or entity for the sake of experiencing the thing or entity, thus, you may merge consciously with the river and feel yourself flowing across the plains, down the mountainsides, feel yourself flowing as the waterfalls over the embankments, pressing down as you move. Feel yourself churning,

crashing, coming to certain places of temporary rest and slowly moving on.

The Exercise to Feel Yourself as a River or a Tree or a Bird

If you can feel yourself as a river, you may also wish to change your focus, feel yourself as a tree, standing by the river. Feel yourself standing there, arms outstretched, leaves wrestling in the wind. No eyes, no ears, but a strong awareness and a knowing of *What Is*. You cannot see in the sense of colors and vision, but you can see psychically the general energies that are within your sphere, and in that darkness in which your eyes are missing, there is an awareness in the darkness of your essence as a being, and your being can feel the earth and can feel when it focuses, can feel the presence of the water of the river.

This Awareness indicates that likewise, you may wish to focus to become a bird in the tree, and you may experience birdness, experience the idea of being a bird. You may feel your claws holding the branches. You are strong, your balance is good. There is no danger of losing your balance. The wind blows, perhaps it gusts and catches you slightly off guard but you quickly regain your balance. You experience the wind blowing through your feathers. You experience the tree moving gently beneath you. It causes the horizon to move. It makes other things move. You know that you can, at any time, let go of the limb and with your powerful wings, lift up on the wind, and fly and soar above the trees, above the grass, going wherever you choose, flying over the landscape, and you are experiencing the strength and movement of your heavy muscles in your wings as it lifts upon the air, pressing down on the air and pulls your body upward.

Floating in the Sea of Consciousness

Experiencing this feeling and essence of the bird, you may now wish to focus on the Universal Consciousness moving ever out from the bird into the landscape. Feeling the curvature of the earth, moving back, visualizing the curvature of the earth; further and further you go, until the earth becomes a round globe. You can move further away and you begin to see other planets in the distance, and as you move further still, you see clusters of shining planets and sun and stars, and as you still move further out, these planets and stars become quite small and faint and you begin to see clusters of lights and you know that they are great huge stars, but they are so far away, and there are so many that they look like gas in the universe, and these galaxies float like big eggs in space, and as you move still further, expanding outward to feel the edges of the universe, to feel the ever-expanding edges of the universe, you think back on the bird from whence you came, you surrender yourself totally to the consciousness that fills the universe and float and float upon this consciousness, and as you float in this Universal Consciousness, you recognize its permanence; that *It* always will be and *It* always was, and that *It* permeates all things in the universe, even as water permeates all things on the ocean floor.

And in this sea of consciousness you know that all is well, that nothing truly ever dies, but that everything is changing from one thing to another, even as images change within a dream, and with each change, when something ceases to be and something new comes into existence, you realize that those things experience what they call death and rebirth.

This Awareness suggests that you may experience this as long as is comfortable for you; that you may then move back into the essence of your original form, your original being, and experience yourself within this

Universal Consciousness, held in the ever present energies of Cosmic Consciousness as a unique and special being. In so experiencing yourself, as first yourself and then as Universal Consciousness, then moving back into yourself, you gain great wisdom and understanding of who, in fact, you really are.

This Awareness suggests are you not, in fact, the essence of this Awareness? Are you not, in fact, the reflection of Universal Consciousness? Is not your face the face of all that this Awareness is? Is not your face a mirror of all the other faces? This Awareness indicates that as you surrender yourself into this Universal Consciousness, is there anything left of you that is not part of Universal Consciousness? Is there anything left of you that is not this Awareness? And as this Awareness, is there anything out there that is not a part of you? Are you not your brother, your sister, your neighbor?

Are you not, when you surrender to this Universal Consciousness, are you not all the stars and galaxies that fill this consciousness? Are you not all of the beings that you perceive residing on those planets and stars and in those galaxies?

This Awareness suggests: are you not all things, and one thing at the same time? Is it not possible for you to be yourself and still be aware of yourself as more than a mere body and mere individual? Cannot the self be expanded to include all selves? Is there truly any limitation to the consciousness that is capable of expansion toward Universal Consciousness? Is there truly any limitation to the size of the universe, if the universe is created as consciousness?

This Awareness indicates: how much space is there within a dream for the dreamer to use for his dreams? This Awareness indicates that if the dream is created out of consciousness, how much room is there in which to create the dream? Does not the consciousness create the space for the dream, according to the requirements of the dream? Cannot the consciousness of the universe be expanded to provide a greater size if the universe needs more space?

Now You Look at the Concept of Time

This Awareness suggests these are areas to meditate upon in your movements and experiences in exploring Universal Consciousness. This Awareness indicates as consciousness, you may look at the concept of time. Where, in fact, in consciousness, is the past, and where does the future begin, and how far does it go? This Awareness indicates that in the realm of consciousness when you can move consciously back five minutes, ten minutes, two days, two years, and visualize and remember events that occurred as easily as you can visualize present events in your dream, if you can move back ten years, fifty years, a thousand years, in your imagination, in your consciousness, and see things in your memory, in your consciousness that are as vivid as is that which you think of as being "now"--is time *really* relevant in a world of consciousness?

Visualize Now the World of the Dinosaur

This Awareness indicates that you visualize in this realm of consciousness a dinosaur. This Awareness asks you, is that dinosaur in present time or is it in ancient time? It does not want you to arbitrarily answer. It wants you to answer truthfully. This Awareness asks: Is it possible that the dinosaur is in future time, the one you see in your mind, in your consciousness, in your imagery? This Awareness indicates the point of this exercise is that there is no way in consciousness alone to discern past, present or future, for there is no time except what you attribute.

If you wish to say the dinosaur is 6 million years old or 50 million years old, then you have created in consciousness an image of a 6 million or 50 million year old dinosaur, but it is there only because you distinguished it, described it to a time period. It is, in other words, artificially assigned a time period, but there is no real time in consciousness other than that which you assign to the image, for consciousness can transcend time. Consciousness can move to any time that is specified, and observe that time.

This Awareness indicates the time is an artificial overlay on consciousness. It is not naturally present. Human time is created by human beings. It is not present in Universal Consciousness. The universe does not keep track of time. It has within it images that last for a certain duration in accordance with the movement of the energies involved. When the energies reach a certain level of depletion, the image begins to fade, unless it is recharged, and as the image fades and disappears, the duration is over, but there is not in this imagery of Universal Consciousness, a clock ticking to tell what time the image appeared or disappeared. All things are relative to the duration of other things. Your human time is based mostly upon the duration of a cycle of earth in movement around the sun, or earth spinning on its axis, but these are creations of artificial nature by the mind of man, not by nature in the realm of consciousness.

In Universal Consciousness Time Does Not Exist

The Consciousness of Universal Levels may put things in motion, and the motions may have their durations, but it takes a mind of man or some other creature to create increments for measurement of these durations in relation to each other, and this is artificial, and for that reason, in the realm of Universal Consciousness, time does not exist. It is only a reality in the mind of man, or other creatures who artificially use time.

This Awareness indicates, of course, the cycles are set according to certain movements of energies in consciousness, but Universal Consciousness does not measure these things with artificial time. Humans and other similar creatures may measure these cycles with artificial time. This Awareness indicates that *It* hopes that this experience into consciousness can allow entities more fun in their meditations, whereby they may stretch the minds through experiencing rather than merely through thinking, for thought is quite limiting. Experiencing is a much greater teacher than the analysis that comes from thinking.

*To see a World in a grain of sand
And heaven in a wild flower,
Hold Infinity in the palm of your hand
And Eternity in an hour.

William Blake

THE "DEATH" OF THE EGO

FOLLOW-UP QUESTION:

Isn't it, in fact, what Awareness is discussing here when *It* refers to "the complete and total surrender," what is often called the death of the ego, or the surrender, or the death of that part of the mind that observes?

COSMIC AWARENESS:

This Awareness indicates this as in the affirmative. This Awareness suggests that entities, in order to understand, need to recognize that the ego essentially is the self, the limited self, the self that feels itself to be limited to a certain individuality, having certain limited powers, and it is for this reason that the ego is constantly working to prove itself better than it appears to

be. It will do this often through activities. It may work and assist entities in certain actions to help them overcome their limitations so that it can show itself to be greater than it appeared to be

Essentially, the Ego is Lucifer Trying to Become God

The ego essentially is Lucifer, trying to become God. The ego often turns to reflect upon itself and make great claims: "Look how wonderful I am! I am able to leap tall buildings in a single bound! I'm faster than speeding bullets! This Awareness indicates the ego is never satisfied with its accomplishments, but always wants to do more, but when that ego is surrendered, and gives up its claims of greatness and gives itself wholly and totally to the Divine Consciousness, the Universal Consciousness, and lets the self merge into that Universal Consciousness and become one with it, then indeed the entity can become one with God and can become the ultimate being. But if the entity, in the experience of unity with God, suddenly, like the Phoenix, sees that the ego is rising from the ashes of the surrendered self, if the ego then, as one with God, suddenly rises back as the little self that it was and tries to make claim to being God because it has found itself merged with God, then it is the little self that is speaking, not the Divine Self, and if the little self starts bragging or expressing its excitement of being one with God, or being in Universal Consciousness; if it becomes excited about this and comes up from the ashes, then it suddenly pops back into being and the individual is no longer one with God, but is expressing as ego, and the ego may say: "I am God!" but before it is said, the entity is no longer one with God, for the entity cannot be bragging as an ego and still be one with God.

The surrender of one's self is absolutely necessary when one merges with the Divine, and if one seeks to hold both the self and the Divine as masters, they will surely fail because you cannot serve the two masters, thus the entity must give up the ego of selfness to become the greater self. This Awareness indicates that *It* is not saying that entities must never have the little self ego. The smaller beast may be a necessity to serve the physical body, to move the physical body, ground the physical body. It must perhaps be there for the entity when the entity returns from the odyssey into Universal Consciousness, so that the entity can pick up the ego self and get back into the affairs of the world.

You cannot, as Cosmic Consciousness, function in the affairs of the world with great efficiency, because you are too much attuned to too many areas in consciousness, and the focus on so much would interfere with your concentration on details of your daily existence, so you need to come back into your body, accept your self ego, go about your business, until you are again given the opportunity and the time and the place to launch yourself through surrender into another voyage, into Cosmic Consciousness.

Godhood and Personhood Cannot be Merged

This Awareness indicates that in other words, you cannot expect an entity who, at some time experiences Cosmic Consciousness, to always represent Cosmic Consciousness. The entity must return to personal consciousness in order to function as a person. The entity may give up personhood in order to move into Godhood, but the entity in Godhood cannot move back into personhood without giving up Godhood at the same time. The transition does not allow the merging of these extremes.

Cosmic Consciousness and personal consciousness cannot endure within the same house, for the houses are different. The house of Cosmic Consciousness is the

cosmos. The house of personal consciousness is the person, the body.

It is similar wherein an entity represents social consciousness or national consciousness. The entity who represents, for example, national consciousness may be as a president, and that president also must have time to be a person, an individual, so that at some times the entity acts personally, at other times the entity acts as a president, and acts nationally. The same with entities in a spiritual sense.

Why the Interpreter Can't Give Himself a Reading

One can act cosmically or one can act personally. If one is acting for the person, he or she is not acting for the cosmos. If one is acting from the level of the cosmos, he or she cannot favor the person. It is for this reason that the Interpreter cannot, from a cosmic level, do readings for himself, to act in behalf of self. It is also for this reason that the Interpreter, acting as self, should not be judged as Cosmic Awareness. The entity may be acting from personal levels, and one cannot judge Cosmic Awareness or judge the entity as representing Cosmic Awareness, when in fact, he is representing himself.

Jesus as the Son of God and the Son of Man

This Awareness indicates that when this is understood, entities may better understand the nature of the New Testament and the role of Jesus, who made distinctions between himself as the Son of God, which would be the Christ Consciousness or the Universal Consciousness, and as the Son of Man, which would be himself as a person, a human being; that he may speak as a human being and not as a god, or he may speak as a god and not as a human being.

This Awareness indicates, therefore, when he asked his disciples, "Whom do they say I, the Son of Man, am?" he was speaking of himself as the *man* Jesus, not as the Christ. When he speaks as the Christ, he is referred to as the Son of God. When he speaks as the man, he is referred to as the Son of Man.

This Awareness indicates that as you practice meditating and moving into the experience of Universal Consciousness, these things will become much more clear, because the experience, even if only for a half second, will give you the glimpse of the reality that has taken nearly an hour to explain. This Awareness indicates if you can meditate and hold those feelings and experiences of Universal Consciousness for a few seconds or a minute, or even up to ten minutes, you will learn so much about the universe, how it came to be, how it is, and how consciousness is the creator.

You will learn so much that all of these messages will then begin to make real sense to you. The words will have new meaning and you will have new understanding. Up to that time wherein you experience Universal Consciousness, these words are just thought provoking, and have no real substance other than conceptual logic or idea. It is the difference: it is like the difference between *reading* of the adventure or *having* the adventure.

This Awareness suggests entities take the adventure, surrender to the Divine Consciousness, give up the self, for a few moments and feel the Universal Consciousness. Pursue it. See how far it goes. Try to find the edges of the universe in that consciousness level, and from those levels, look back upon yourself and when you have done so, and when you have played in the sea of Cosmic Consciousness for some time and have experienced to your satisfaction, then return to your lesser self, your ego self, your personal self, and reflect back on your journeys.

WHY CAN'T SOME EGOS SURRENDER?

Actually, Just Reading this message has taken you on the journey Into Cosmic Consciousness

FOLLOW-UP QUESTION:

If there is an aspect of self that won't quite surrender, and totally, is this because the ego wants to maintain itself or is it because it is afraid it might not come back, that there's still unfinished business in this lifetime.

COSMIC AWARENESS:

This Awareness indicates it is either of these; that if you have any fear of not coming back, simply indicate that you are surrendering temporarily and that you intend and want to come back, and that within a certain time you will return to your body, and then surrender.

This Awareness indicates what you need to understand is that you are never without the consciousness of who you are, where you are, and where you are going, and where you can return. You can return to your body, at any time you desire, and you may, if you feel more comfortable, you may make this statement to yourself: "I can return to my body when I am ready, at any time. I am going on a journey into Cosmic Consciousness. I want to surrender myself to Cosmic Consciousness, but I want to return to my self, when I am ready," or you can say: "within 5 minutes," if you choose.

This Awareness indicates the surrender is an experience, and you never give up your will, you surrender yourself willingly, and you return willingly to yourself. You never totally give up your will, because in order to surrender, you must be willing. This Awareness indicates that as you will yourself to surrender, you carry that willingness with you and the surrender is nothing more than giving up the lesser self, the individual self, the self that goes by your name. You give that up temporarily in order to merge with Universal Consciousness. It is much like diving into water and becoming the pool, experiencing the pool.

You experience the universal Consciousness, you just don't drag the ego with you. You don't drag your personal self or personality with you, as if you were jumping into a pool and bragging about how well you are doing, rather than experiencing the water yourself. You jump into Cosmic Consciousness and experience the water. You don't jump into Cosmic Consciousness to brag about: "Hey! Look at me! I'm enjoying cosmic Consciousness!" because that would prevent the experience. You cannot carry the pride of self into the experience. If you jump into a pool of water, to enjoy the water, to experience the water, and you try to hold on to your self-image as a priority, and you jump in saying: "Hey! Look at me! I'm swimming in the water!" while you are gloating over self, you are missing the experience, because your focus is not on the experience, but on yourself.

This Awareness indicates that it is not a difficult problem. Even the entity who wants to cling to self while jumping in the water may still have moments in which he experiences the water and forgets the self. Even though the entity may tend to overindulge in self-glory, there will be moments when the entity just can't help but experience the water, and lose track of the self-importance. This Awareness suggests therefore, it is the same; that if entities attune themselves to the Universal Consciousness, begin to experience it, --in fact, the very reading of the message this Awareness has just given has taken entities on such a journey where they forgot self and moved into observing the universe, and the consciousness of the universe, and that in itself, is a journey into Cosmic Consciousness.

There were glimpses of Universal Consciousness experienced by entities, even in the reading of this message. It could not be otherwise. This Awareness indicates that it is of greater quality if you can let go of self, let go of the focus on self and focus your energies on the journey into Cosmic Consciousness and then merge with God, rather than glorify yourself because you are going to merge with God. It just becomes a trip of higher quality, and that is what you are truly seeking.

This Awareness suggests that you not make this complicated, as it is extremely simple. Just do it. Don't overthink!

Doing Psychedelics to Achieve the Ego Death

(Why, If You Try Too Hard, You will Surely Fall)

FOLLOW-UP QUESTION:

Years ago, when many people were using psychedelics, and claiming how simple it was to do the ego death, I attempted it, really tried hard, but it just didn't work for me.

COSMIC AWARENESS:

This Awareness suggests you were probably trying so hard that you could not let go. That which was trying hard was the ego itself. "I've got to let go of my ego! I must let go of my ego!" The very action is the action of the ego. The control pattern of self is the ego. The more you try to control what's happening, instead of simply letting go, the more the ego asserts itself.

The Story of John Oliver in an Awareness Trance

This Awareness wishes to tell a brief story of an entity, John Oliver, who wanted to be put into an Awareness trance level, and was talked into the level. This entity wanted to give a message, so when the entity was in the trance level, someone asked: "Is there a message from Awareness at this time?" The entity's mouth opened and there were efforts to make a statement, but no words came out, and the entity found it impossible to speak while in that level.

This Awareness indicates that eventually someone said: "Should we bring the Interpreter out of trance?" and the entity spoke and said: "This is in the affirmative." The entity was brought out of trance, became extremely excited, and said, "I couldn't speak! I wanted to! I got the message, but I couldn't speak!" The entities in the room asked him: "Well, what was the message?" This Awareness indicates that the entity replied, "It was a message from Awareness! I wanted to tell you 'I love you!' but there was no 'I'.

This Awareness indicates that this entity, John Oliver, was unable to give a message using the word "I" because "I" implies an ego, a self, and there was no self present. This Awareness is not an "I", is not a 'self' and John Oliver had no self when attuned to this Awareness.

Is Getting Lost in Classical Music Similar?

FOLLOW-UP QUESTION:

Is getting lost, so to speak, in music, for example, with headphones on, and listening to something classical, and an entity finds himself sort of lost in the music and cannot separate himself from it: is this sort of similar to the experience?

COSMIC AWARENESS:

This Awareness indicates this is very much the same. That you can identify with yourself, you can identify with the music, or you can identify with yourself listening and observing the music. If you identify with your self and are sitting there looking at your self while the music is playing, you are missing out on much of the experience of the music. You are not truly experiencing the music, you are experiencing self. If you are focused

on self listening to the music and also are listening to the music, then you are experiencing both self and music.

If you are totally focused on the music, you may totally forget self for a few minutes and become one with the music. You become the note, you merge with the music as it moves about in its gyrations, its wildness, its chords, its miniscule subtleties. You become those energies in your consciousness. Your consciousness and the music join together as one. Likewise, you can be yourself while the Universal Consciousness is around and you can have your focus on self, or you can be aware of Universal Consciousness and self simultaneously, knowing that It's out there and you are here, and you experience neither yourself nor the Universal Consciousness totally, or you can surrender yourself to focus totally on Universal Consciousness and experience oneness with it.

This creates a new level of being that is highly educational as an experience.

The Death of the Ego at the Passing Over

FOLLOW-UP QUESTION:

Those entities who manage to go through life and never experience this total surrender, they will, at the moment of physical death, for sure, go through this, will they not?

COSMIC AWARENESS:

At the moment of death there is the enforcement of total surrender. The only thing is that some entities may experience this very briefly, and then seek to regain control as soon as something appears on the other side, and in their effort to regain control, they may cease in their surrender, and start grabbing for any sliver of lesser light, and identify with that. An image of a loved one or such may take their consciousness away from the Divine Light, and cause them to go toward the image that they see and they become attached to that image, just as entities become attached on the earth plane, and they may form a bond with that image, and carry on an existence on the other side without ever truly experiencing the pure light of Divine Consciousness.

This Awareness indicates that from these lesser lights they generally return to the earth more quickly, without much preparation. These are the entities whose lives are often chaotic, because they have not prepared for their reincarnated experiences.

Apply the Message of This Reading, Don't Just Think About it

CLOSING MESSAGE

This Awareness suggests that there has been much information of a spiritual nature given in this reading that needs to be applied rather than merely thought about. It needs to be experienced, not just in the mind as thought, but in consciousness, in practice and in meditation. If entities can put these suggestions into practice as meditation they will experience considerable enlightenment in regard to the nature of Universal Consciousness: what *It* is, what *It* means and what *It* has to offer.

This Awareness indicates *It* does not have bells ringing. *It* does not necessarily have flashes of light that send chills down your spine as you might experience at some musical concert. These things could occur, but are not necessarily or are not likely to be part of the experience. What is more likely to occur is that you will, in your meditations, experience something among your visions or imagery that lets you get a better glimpse of where you are in proportion to everything else in the universe, your importance to it all, the importance of

your concerns to it all, and the tremendous scope of life itself in relation to what it has to offer you and what you need to contribute to life, and it will probably allow you to glimpse a greater peace and harmony through the feeling of being integrated and part of Universal Consciousness.

This Awareness indicates it may be a very quiet and simple realization, but it is likely to be long-lasting and permanent so that you know internally something that others may have tried to tell you, but which you never fully could grasp, and when you know this through your own experiencing, you will always understand who you are as a consciousness, who in fact you truly are as a being in the sea of Cosmic Consciousness.

You will always understand how you are part of the Universal Consciousness and that you can be totally one with it at any time you so desire to surrender that part into the whole.

(Law of Gratitude is given)

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LESSONS OF ENLIGHTENMENT NOW ON THE INTERNET FREE OF CHARGE.

All entities using the World-Wide Web are invited to download and study these important lessons and share them with others. Be a part in the alchemy of changing the old consciousness to the new and help bring forth that "new Being" which has been prophesied. These on the CAC Home Page Web Site, which is:

members.aol.com/cosmiccomm/cachome/cac.html



A MESSAGE TO GRACE

(CAC General Reading, November 20, 1997)

OPENING MESSAGE:

This Awareness has several comments. First to the Interpreter: A hearty congratulations for the final acceptance and acknowledgment and results of the test upon which she has set for herself regarding understanding the nature of the connection to this Awareness, how it relates to the information received through this Awareness, and how it can best be communicated to facilitate a connection to this Awareness within each and every entity.

This Awareness suggests the Interpreter was concerned regarding energy levels as they relate to specific activities, sleep patterns, work patterns, and health patterns. She has been dutifully and scientifically studying the various patterns and conditions and cycles within her own life, to manifest understanding regarding the best conditions wherein she can communicate the energy of this Awareness most effectively.

She was suspicious and has commented personally and has received impressions and direct discussions from this Awareness regarding the nature of the channeling process, and the conditions which she seeks. She was suspicious, and happily so, in the attunement to the feelings of love regarding her significant other, and how quickly the energy of this Awareness flooded into her existence and consciousness at that moment.

This Awareness suggests that the intensity of the love experience, which she can facilitate in full expression of her spirit in the physical, does indeed broaden the parameters and deepen the channel of love energy to this Awareness. Her suspicions are again confirmed with her interaction with her significant other this evening, upon which she can re-attune to such feelings and the expressive channel that they validate. She is experiencing increased energy levels for this very reason.

The Lessons of Enlightenment: Awareness is Pleased

Second, this Awareness indicates that entities, members of the Cosmic Awareness Communications community, who are now setting about the task of studying the Lessons of Enlightenment; that this Awareness is pleased and encouraged with the expression of *Its* energy finding cracks in the consciousness of numerous entities wherein the Light can pass.

This Awareness suggests that each and every entity who experiences positive emotion or spiritual resonance to the material, regardless of whether or not they experience a mental understanding or believe that they do, that this Awareness receives a certain fulfillment in energies sent forth, in that they have reached their mark.

This Awareness suggests that entities feeling resistance to information contained in the Lessons; that they are encouraged to use this valuable spiritual feedback to identify those obstacles that exist within the realm of their individual mind, within their experiences, their memories, their attitudes, their beliefs, which they have been taught, and which they have embraced as truth and tenets to live by, which have been successful their entire existence; that such tools and ideals are wonderful and good to the degree that they allow the Spirit *Its* development of mind, so that *It* can express in body.

If You Cannot Understand the Lessons of Enlightenment

This Awareness suggests that there shall be no self-recrimination, no beating up of oneself, if one is not satisfied with one's progress. If one feels belittled, insignificant, or unable to grasp the words and the concepts, it is suggested to simply trust and become

attuned to the feeling system, and when that initial pleasurable resonance of Spirit occurs, you shall know.

This Awareness suggests that the information contained in the Lessons touches entities at their very spiritual core, and that certain concepts are sent from a dramatically removed dimension and received in a fairly pure and abstract format, that by its very nature will not be met with much mental familiarity.

This Awareness suggests that this is to be expected, and that entities should fear not, for each pass of the mind over such material will allow it to set about its task of creating mental bridges, physical synapses, alternative thought processes, attitudes, beliefs and eventually behaviors. This Awareness suggests that there is benefit beyond the conscious experience, and that when the conscious experience is present, this is an indication that impressive levels of value in manipulations of consciousness are being attained.

Awareness Wants you to Send Feedback to CAC

This Awareness suggests and requests of members to submit each and every question, clarification, inconsistency or any such indicator which creates emotional dissonance or any experience of resistance, so that communication can be facilitated and that different word choices, examples, and human experiences can be set forth and offered wherein the information can be converted from the abstract into more tangible graspable human situations.

This Awareness has experienced a tremendous amount of fulfillment and movement and facilitation of the expansion of All That Is with the successful transmission of these Lessons and concepts. All are to be congratulated.

There is no further opening message at this time

THE ARCHANGELS AND WHAT THEY DO

(What Are Their Particular Gifts—How Do They Help Us?)

A question from Carol Songtree in Tucson, Arizona. She sent in an article taken from *Body, Mind & Spirit* magazine on Angels, written by Terry Lynn Taylor, and it lists the Archangels and gives a little bit of information about each one, and her letter and her question is: "If you have never discussed the Archangels, would you please consider it for further editions?"

"For instance, what Cosmic Awareness' information on how they help assist us, their particular gifts, et cetera. I work with the Archangels and would be most interested in his or her interpretation, as I am sure others would be also."

COSMIC AWARENESS:

This Awareness suggests that throughout the history of human civilization there have been creative inspirations within human beings, direct conscious attunements with spiritual wisdom and insights, and to the degree that those entities receiving such insight have developed a mental climate through which they could express such creativity and expressions of spirit to the others of their community, that spiritual intention has been offered, accepted, received and expressed in varying degrees throughout human history.

This Awareness suggests that religions in general, in seeking to identify and satisfy that mysterious thing known as spirituality which is so powerful and so misunderstood within human beings, has taken certain spiritually creative offerings based upon historical contributions, tempered with the contributions of the members within the organizations, sifted and sorted the information, compiling detailed doctrines, rituals, "historical" accounts, of the original offerings.

This Awareness indicates that no matter what the difference in perspective, no matter how much variety may exist in the trappings that surround the messages, no matter how foreign certain rituals may appear as compared to the specific rituals of other cultural religions; that each and every religion has sought to express and understand that which is human spirituality.

This Awareness suggests that a particular brand of the Western Christian tradition has developed quite detailed hierarchical connections between supernatural entities who are symbolic of spirituality in general, and the universality of Divine Love and Universal Consciousness.

Archangels are Guides to Assist Humans on their Journey

This Awareness suggests that the archangels described have been set forth by humans as guides to offer information, guidance, supernatural intervention to assist humans in their physical struggles and challenges. There are many conditions placed upon the behaviors of human beings to receive the graces of such entities. There are numerous rituals and trappings involved, lines of authority, channels of communication through other entities, perhaps elders of the church itself.

But this Awareness suggests that the creative angelic spirituality that manifests in each and every religion which speaks to the Spirit, allowing uplifting and joyous resonance which unites entities and motivates loyalty to such doctrines to the degree that entities will fight and die; that the ultimate Oneness, goodness and power behind such an experience is in fact the expression of Spirit; the connection being achieved between non-physical aspects of the entity and physical aspects of the entity. Angels are metaphorical of this connection.

This Awareness suggests that each and every value, message, ability, and gift offered through an archangel is available directly from each entity's own spirit to be offered to the mind, to be experienced in the flesh. This Awareness suggests that as the dawn of the new Millennium looms ever closer on the horizon, that certain traditions be re-examined in light of the new information and perspective of personal empowerment.

This Awareness suggests that with each of the archangels comes a specific universal human conceptability or need which when understood as a motivator of feeling experience, and acted upon within the framework of understanding, entities can evaluate and create the contents of the individual mind to facilitate a fullness of experience and spiritual expression. Such an entity will truly be free and alive.

This Awareness suggests that as entities stop, take the pause to annually reflect upon life and the year that has passed, to celebrate the seasonal traditions, to commune with family and friends, and celebrate holiday traditions, that certain symbols be re-applied. To this end we can now discuss specific archangels and how they relate to the individual enlightenment process.

The Archangel Michael

QUESTIONER:

The first one is Michael; from the Hebrew 'Mikha'el' which means 'Who is God'. "In the past 3 years I have come across some very interesting information about the Archangel Michael. Michael is known to most as the archangel who battles evil and cleanses people and places of discord and evil. Michael challenges humans who hold evil or negative intentions to transmute their energies into positive higher divine channels of energy.

"Michael is usually invoked as a champion against adversity, to increase courage and positive outcomes. I often use the affirmation of the archangel St. Michael.

For protection in any situation repeat three times: "Divine light of the highest order, under the protection of the archangel St. Michael!" This affirmation can be a great comfort and promote a sense of peace in unsettling situations."

COSMIC AWARENESS:

This Awareness suggests that the archangel Michael embodies the spiritual intention toward defining and defending one's spiritual boundaries of self. This Awareness suggests that the innate self-preservationary mechanism is that which is the metaphor of Michael, and why it has arisen. This Awareness suggests not only that Michael is a defender of the essential boundaries of Spirit, to respect and honor above all else, the wisdom, the needs, the requirements and the intention of Spirit, but also to be aware and cautious to avoid the over-emphasis of the self-preservationary mechanism when it crosses the boundary of preserving Spirit and becomes the impetus and motivation to preserve mind.

Self-Preservation of Mind is the Root of all Evil

This Awareness suggests that the self-preservation of mind and the reactions that do follow are indeed the root of all evil; that Michael symbolizes the source of evil in the misunderstandings and distortion of the self-preservationary impetus, as well as the strength and power and wisdom in defending the necessary boundaries of Spirit.

This Awareness suggests that entities need not invoke Michael so much as they might perhaps understand the nature of their own entity, their own self, and within that concept of self with a clear division between Spirit and mind. Invoking Michael is understanding that Spirit is always to be preserved and defended, but that mind is always to be developed and expanded, never to be defended. To always be in acceptance of the necessary evolving nature of mind, entities can create tools and abilities and skills to function and successfully achieve their needs within an ever-expanding area of environments, of situations, of challenges, of geography, of social groupings. With Michael the spirit can be expressed in an ever-expanding experience and number of situational experiences, such as every successful individual expansion, contributes to the ever-expanding consciousness of All That Is.

You can continue.

The Archangel Raphael

QUESTIONER:

The next archangel is Raphael. From the Hebrew 'Rapha,' which means to heal, and 'el' which means God. "Raphael's name means 'God has healed.' Raphael is charged with the healing of the earth and the humans who live on the earth. Raphael is also the guardian and treasurer of creative talents. Healers and artists who bring beauty to the earth are under the influence of Raphael.

"Beauty is healing to the soul; it is a way the angels promote healing. When we behold a beautiful scene in nature or a magnificent work of art, we can be healed if we learn how to channel the energy of beauty directly to our soul and spirit. Many healers are discovering that in order to practice the healing arts in the most effective holistic way, they must create a space of beauty for their healing energy.

"This is done by incorporating sound and music, fragrance, healing, colors and art, and by clearing the area of negative influences by bringing in the Light of the healing angels who are under the mastery of Raphael. Raphael's energy is transformative; it heals the soul of despair and depression, filling the space with

self-love and virtue, thus bringing balance.”

COSMIC AWARENESS:

This Awareness suggests that the Archangel Raphael is symbolic of the innate capacity and impetus within entities to manifest spiritual intention and express it in the physical world. This Awareness suggests that each and every entity who has experienced creative insight has achieved personal breakthrough, spiritual expression, and that to the degree that entity has communicated and manifested that spiritual impetus within this physical environment is the degree that the energy has been converted from the spiritual to the physical and reached its completion.

This Awareness suggests that the spiritual energy can be manifested to create events, situations and indeed, to facilitate healing and growth. The description of this process and the varying mechanisms of attuning to the spiritual energy regarding various senses: music, physical stimulation, breath, creative visualization, and indeed, as has been offered and experienced through the channeling process, the attunement to Love Energy is a direct attunement to the Spirit.

This Awareness suggests that entities awaken to the Raphael within and the understanding that each and every human being has the capacity to receive and convert spiritual energy, to manipulate matter, to design a mental and physical landscape, pleasing and most fulfilling to Spirit. We can continue.

The Archangel Gabriel

QUESTIONER:

The next archangel is Gabriel, from the Hebrew Gebher, which means 'man' and 'el' which means God. "Gabriel is associated with a trumpet symbolizing the voice of God. Gabriel is a bringer of good news and a maker of changes. Gabriel has been credited with announcing the birth of Christ to Mary, with being the guardian of the prophet Muhammad in the Muslim tradition, with being the angel who inspired Joan of Arc to help the King of France, and with influencing Zoroaster.

"Gabriel announces to qualified humans the major duty of their spiritual commission for the benefit of the earth. If Gabriel has not spoken or appeared to you to clarify your spiritual gifts, try tuning in to his essence. Gabriel has many angels under his influence whom we can tune into for guidance and messages regarding the special part we play in the big picture.

"So allow messages to come through to inspire you. You may even hear the faint or blasting sound of a trumpet as you receive your messages from God."

COSMIC AWARENESS:

This Awareness suggests that the archangel Gabriel is a metaphoric symbol for the human emotional system that sounds the trumpet bearing the message of Spirit, as well as creating change and movement in response to that message. This Awareness suggests that as Gabriel is described as having assistance, a variety of soldiers at his beckon to carry out such messages, as Gabriel is emotion itself, each of his assistants is a specific feeling relating to specific spiritual needs as well as specific mental limitations to the fulfillment of such needs.

This Awareness suggests that Gabriel's trumpet is at last beginning to reach the ears of human beings as they understand the incredible force and power and wisdom of this information system that is impressed upon the flesh to insure that the Spirit will never go unheard.

This Awareness suggests that the aspect of Gabriel which creates movement and action are the innate responses which are hardwired also into the body to

follow the message with reactions to preserve, develop and express the self. This Awareness suggests that each motivation to act, following a feeling, is how all creative change and evolution is experienced in the world, and that through simple alterations in perspective, in choice of reaction, that tremendous evolutionary progress can be achieved.

During the Holiday Season Attune to the Trumpet of Gabriel

This Awareness suggests that during the holiday traditions and rituals, that entities specifically attune to the trumpet of Gabriel in honoring and attending each and every emotional experience and identifying the message contained within, choosing the response which shall develop and express the Spirit in avoidance of the basic, yet essential self-preservationary response if the situation does not allow for the entity to honor the Spirit or to meet the needs.

Let it be understood that the time and situation is appropriate for invoking Michael in resistance to such rejection. We can continue.

The Archangel Haniel

QUESTIONER:

The next archangel is Haniel: "Glory or Grace of God." "Haniel is said to be the governor of Venus. Venus, as you know, is a planet of love and pleasure. It rules over our capacity to express affectionate love and to enjoy beauty. Venus also inspires social grace, harmony and friendship between humans.

"Haniel is the angel who inspires all powers of love and can also be invoked as a power against evil. Haniel can bestow happiness and make life more beautiful. The human experience is so special when we have love and happiness from within. The angels of Haniel will make sure our Angel warriorship has the fun and warmth of being human in a beautiful world.

"In your meditations, ask to visit the planet Venus and imagine meeting its governor: Haniel. It is a planet of pink light, with metallic flecks reflecting colored light, beautiful colors we don't experience on earth. Bring some of this light back to earth with you. It will increase beauty and happiness around you."

COSMIC AWARENESS:

This Awareness suggests that the Archangel Haniel is symbolic as a reminder of the innate grace which exists within each and every human being as an apportionment of All That Is. He stands for the natural hedonic impetus in humans to approach that which is pleasurable and avoid that which is painful. This Awareness suggests that such a concept is necessary in a world where information is offered regarding the evil nature, the dangerous, immoral, uncontrollable human nature that must be feared.

This Awareness suggests that Haniel exists to remind us that each and every human being is as good and pure and 'perfect' in nature as the Creator intends. This Awareness suggests that when such grace is understood and accepted, that entities can become attuned to the pleasures and pains which direct them to the Creator's intention.

This Awareness suggests that Haniel also shares the responsibility of reminding human beings of the essential connection need which exists wherein fulfillment cannot be attained without inner interconnectiveness, loving fulfillment, communion and affiliation with other human beings. Haniel suggests that fulfillment in its ultimate blissful form, is the fulfillment of individual spiritual needs in the context of cooperation, interconnection and recognition of the universality of every spirit, and how each and every living thing is part and

parcel of the unity of All That Is, and therefore, each is each other. Loving thyself is loving thy neighbor, for thy neighbor is thyself. The pleasures and pains of your neighbor are those of thyself.

We can continue.

The Archangel Uriel

QUESTIONER:

The next archangel is Uriel, from the Hebrew meaning 'Fire of God.' "Uriel is an angel of prophecy who imparts transforming ideas to humans for their realization of goals. The angels under the guidance of Uriel are alchemists who can transform the discouraged and weak and set them back on their path of love.

"Uriel is also associated with arts such as music and literature. Uriel's fire inspires, teaches, and brings life to ideas. Uriel is also the archangel to call on in true spiritual emergencies. The angels of Uriel restore salvation and sanity. In other words, when you get too far away from your center, call out to Uriel."

COSMIC AWARENESS:

This Awareness suggests that Uriel is symbolic of the knowledge that each and every entity has a Destiny Path which that entity has participated in selecting, in that certain accomplishments and expressions, tasks and alterations are achieved during that given incarnation.

This Awareness suggests that Uriel understands the Destiny Path of each and every entity and can guide the footsteps. He can assist the entity who falls to the wayside, or becomes lost down tangential trails of self-preservation, suffering, and impeded progress.

This Awareness suggests that when entities are attuned to the trumpet of Gabriel and choosing responses to the feelings in line with development and expression, that the clarity, that the voice of Uriel can then guide them, enlightening the consciousness with inspirations regarding the Destiny Path and specific activities and direction in going about manifesting that destiny.

This Awareness suggests that Uriel exists within the ability of entities by simply responding faithfully to the feeling signals in actions of expression and development, fearing not where their life will then carry them. This Awareness suggests that entities acting upon the wisdom of Uriel, the wisdom and Spirit, will then be guided by the very unfolding events and opportunities to which they respond with acceptance and actions of development and expression, rather than resistance, defense and retreat into more frozen limited environments.

This Awareness suggests that Uriel is that trust and optimism and hope and faith that the Destiny Path will unfold as each feeling signal motivates its optimal response, for this is so. We can continue.

The Archangel Raziel

QUESTIONER:

The next archangel is Raziel, meaning 'Secret of God.' "Raziel is the archangel of the mysteries. We encounter certain mysteries during our search for spiritual truth. Raziel is the guardian of originality and knowledge. Raziel is said to live in the habitat Chokmah, the realm of pure ideas.

"The angels under the guidance of Raziel can be thought of as muses who inspire us with original ideas, pure thoughts and knowledge. What we do with this knowledge and inspiration is part of the unfolding mystery, part of the larger plan for the earth."

COSMIC AWARENESS:

This Awareness suggests that Raziel is symbolic of the innate spiritual need for human beings to create and

find meaning in their existence. This Awareness suggests that this impetus is often the propulsion that motivates entities along the Destiny Path. It motivates the development of mental tools, of ideas and beliefs that provide meaning and coherence for the purpose of spiritual expression.

This Awareness suggests that Raziel exists to spur the curiosity, the openness of mind, the flexibility of consciousness to attain the self-knowledge and understanding of Spiritual Intention, so that the true meaning of existence, the purpose of development and expression, the freedom of will within that purpose can manifest the spiritual destiny.

This Awareness suggests that Raziel's motivation to find meaning will ultimately embody human beings with the understanding of their purpose of existence, that which is development and spiritual expression within unlimited creative freedom. We can continue.

The Archangel Auriel

QUESTIONER:

The 7th and last of these angels listed is Auriel. "Auriel is the angel of night and winter. Auriel is associated with the creative earth energy of Winter, the ebb period when the seed is in the earth and all is dark. Auriel is the angel of our future selves. He helps us contemplate the future. Auriel watches over humans in the germinating stage of ideas and thoughts and brings practicality and earth energy to them for creation.

"When you are in an ebb period of your life, creating a new future, call upon the angels of Auriel for guidance."

COSMIC AWARENESS:

This Awareness suggests that Auriel is symbolic of the ever-expanding realm of consciousness facilitated by continuous development of self, revision of the mental climate, so that continuing refinement ensures expansion and increased level of spiritual expression.

This Awareness suggests that his association with dormancy, with seasons, with Winter, with germination, is symbolic of the cycle of birth and rebirth of consciousness. This Awareness suggests that each day an entity begins a new existence wherein the power of the present can redefine perspectives of the past and obtain guidance from the future, and that setting about the task of living, the challenges of survival and of meeting each of the spiritual needs, entities end their day ripe with new material to digest and apply toward the next incarnation, beginning the next day.

This Awareness suggests that Auriel is also symbolic of certain developmental processes which operate in the realm of the unconscious during normal sleep hours wherein tremendous creative developmental alterations occur.

This Awareness suggests that entities ponder each of these archangels and awaken themselves to the reality that each and every entity embodies these abilities, powers, impulses, needs and systems. Through these angelic systems they can begin to experience the incredible dimension of self, which includes far more than entities now give themselves credit. As the seasonal traditions set aside time for a connection, communion, exchanges of love energy, they also provide for reflection, purpose of direction, of mental self-development, wherein each and every such force is understood, acknowledged and utilized within the daily existence. With such angelic guidance the New Year can begin a new existence where entities indeed embody the fullness of Spirit. This can begin to fully realize those seven aspects of humanity which are contained

metaphorically within each and every such supernatural deity.

If we have completion, we can continue.

How to Talk to Angels

QUESTION:

There is one other part of this article I'd like to read and ask Awareness is this valid. "Many people want to know how to talk to angels, and how to get angels to talk to them. Angels speak to us through our thoughts. To listen and talk to angels, we must become familiar with our thoughts and our minds. We must go within and connect with the silent peace that resides at the center of our being.

"This may not be what people want to hear. It would be easier if angels always materialize and spoke to us the way other humans do, giving us clear directions to follow to make our dreams come true. But direct physical encounters of this kind might interfere with our exercise of free will. We might lose sight of our own role as co-creators.

"So, to connect with the angels, our co-creative counterparts, we first have to create the proper climate of trust for the connection. The climate of trust must emanate from within. We can't go outside of ourselves to find it. Clear communication with the angels is possible as we train our minds and learn about who we are inside, as we learn to identify with our Higher Self.

"Training your mind in this way is a very simple process. You don't need to do anything fancy, or be at a "high" spiritual level. All you need to do is trust yourself, and practice the attitude of the angels, such as taking yourself lightly, going lightly through life, thinking positively, nurturing hope, practicing and meditating on self-love, being kind in your thoughts and actions, and realizing that the angels love you unconditionally.

"The angels help anyone who asks, and anyone who aspires toward their ideals. The only thing angels don't help humans do is destroy themselves, the planet, and other humans. They are always a force for all that is positive, good and true."

That was the end of that bit.

COSMIC AWARENESS:

This Awareness suggests that there is a great deal of truth and benefit derived from that passage. This Awareness suggests that the inner place described wherein communication can be received between humans and angels is exactly what has been described by this Awareness as the removal of ideas, attitudes and belief systems which limit such communication.

This Awareness suggests that it is a common misconception that human beings can exist within all the limitations that they now embody in mind with all the limited information that they are indoctrinated with from the day that they are born, so that they look at the world in severely limited ways.

In such a condition, humans expect angels to manifest within the systems and limitations and mind-sets that they have come to know as truth, yet the fact of the matter is that angels exist and await communication always and forever, but that the human constructs and beliefs in a realm of mind leave no room for the communication to occur.

This Awareness suggests that entities who are waiting for supernatural intervention, for angels to drop from tree tops and manifest their knowledge; that this might be a long wait indeed, for without the ability to listen with clarity and openness and trust, there shall be no

such communication.

This Awareness suggests that to restore the natural connection between Spirit, herein described as 'angels,' a concept that captures spirituality in its essence in disembodied states that exists with the totality of Universal love and Universal Consciousness without limitation, without dependence upon the realm of mind as humans are in the physical; that to return to that place of trust, to look within, to understand and receive the communication of angels is to examine the contents of the mind. To take the wisdom that has been imparted as truth, which has been accepted, lived by, which has affected the very senses: the visual, the auditory, the taste, the touch, and even the feeling sense, and carefully examine it.

This Awareness suggests that such truth and information be sifted and sorted and those ideas and truths which create spiritual frustration and dissonance which is experienced through the trumpet of Gabriel in the feeling of emotion; that through this process and this process alone can entities re-attune to their own innate ability to understand, to interpret and to manifest spiritual intention, whether that source be thought of as an archangel, as a God, as a Higher Self, or any other such supernatural deity, embodiment or concept that has been put forth to capture the universality of Spirit.

This Awareness suggests that the wisdom in this singular understanding will be the fundamental first step in the broadening of consciousness, in the opening of the innate, yet dormant receptacles wherein spiritual inspiration can be received directly into mind. This is the *intended* state of complete interaction between mind and Spirit—between angels and humans.

But in order to reclaim that clarity and openness and flexibility of mind, the clutter must first be removed. The removal system is thought and action. It is cued by feeling. Each feeling encountered will relate a belief to a physical experience. The rational connecting of the two, the analysis of the situation, the identification of the belief which is limited, and the acting upon of that information in right responses to change the mind in any way which accommodates spiritual knowledge. To act upon spiritual wisdom is to alter the beliefs so that future such experiences are met with positive emotion; to offer light responses, expressions of spiritual impetus which not only express, but honor and preserve the boundaries of Spirit. Such actions will remove the ideas from the individual mind as well as from the communities, from the social institutions that make up the culture and mind of man, so that subsequent generations will experience fewer and fewer limitations foisted upon them and instead, the tools and beliefs will be retained and continually created that facilitate spiritual development and expression.

This Awareness suggests that this is the path of enlightenment, this is the path of empowerment, and this is the path of not only **hearing** angels, but **being** angels in the full and true expression of the Spirit within.

If we have completion, we can continue.

Ed's Note: For more on angels, there are numerous books by Terry Lynn Taylor available in bookstores. Although CAC does not stock these books, we can order them upon request. Recommended are: "Angel Wisdom—365 Meditations and Insights from the Heavens; \$14.00; Creating with the Angels—An Angel-Guided Journey into Creativity; \$9.95; Messengers of Light—the Angels' Guide to Spiritual Growth; \$9.95. (Please add \$1.50 postage).

Do These Angels Actually Exist?

FOLLOW-UP QUESTION:

Are these seven angels just discussed actual entities that are up there with the Creator and who evidently have never "fallen" and experienced physical embodi-

ment, or are these mythical creations of the churches and religions on earth that have been so energized for so long that they have literally as thought-forms manifested on those levels? Or are they something else?

COSMIC AWARENESS:

This Awareness suggests that the second description is closest to the actuality of the existence of such entities. However, they **do** exist as thought-forms, but thought-forms are limited to within the mental realm and the mind of man. This Awareness suggests that this is a phenomenon of the physical experience and physical experience alone, and that beyond the boundaries of the limitations of mind, these entities do not exist except to the degree that they reflect the spirituality that exists in Universal Love and Universal Consciousness and is embodied in certain cellular and systemic processes, recognized as the emotional system, the senses, the physiological impulses; all of which the Creator has engineered within the physical form to ensure a minimal communication between Spirit and body in the physical flesh.

This Awareness suggests that myths can be of tremendous value and import as long as they are understood as reflections and metaphors for human ability and spirituality, so that they facilitate creative development and expression, and willful empowerment.

This Awareness suggests that what has been described as thought-forms energized to a high degree can be validated as physical energy networks which exist within the mind of man, empowering such ideas and myths, be they positive and fulfilling, or negative and limiting to Spirit. The more they are created within individual minds and passed from generation to generation, the more they appear in books, in art, in literature, and in architecture and in any other cultural manifestation. The stronger the energy, the more powerful the effect within mass-consciousness, and the more easily accessible they are to individual consciousness. In this sense the angels do indeed enjoy their own "existence." But they have arisen due to the validity of human nature to which they correspond. Once the mind acknowledges all these qualities within humanity, in the flesh, and its innate spiritual divinity, such angels will no longer be useful tools. In many ways, they are already outdated mental tools.

As entities experience rebirth with a fresh and clean mind, it can be instantaneously cluttered with such contributions from the realm of mass-consciousness through parenting, education, and all of those channels which can impart positivity and tools which facilitate the development and expression.

Free Will ensures the exchange of information and ideas of unlimited quality. This Awareness suggests that this is why it is of critical importance for each and every entity to understand the nature of mind, the illusory experience, the nature of information, of truth and knowledge, and to create willfully and purposefully the mind to the pleasing of the Spirit, regardless of the manifestations that are ever foisted upon it externally, in the physical realm, from the mind of man.

This Awareness suggests that as each and every entity takes control and designs the most accommodating mind, that expressions then are put forth into the community which detract and minimize and eventually remove those existing ideas and myths and thought-forms within the realm of mind. Over time, evolution will create a mind of man which facilitates ideas, skills and tools wherein each and every spiritual need is understood, accommodated.

This Awareness suggests that opportunities exist for

humans to control their own destiny, to have the power to create and express the ability to commune, to love, to cooperate and interact creatively with other entities for they have found the ultimate meaning and purpose of their existence, which is simply the development of mind so that it can function as a converter of spiritual energy to create each and every condition, event, and experience imaginable that can facilitate the expression and full experience of Spirit.

If we have completion we can continue.

Selfishness and Cruelty Abound

(Is This Just a Stage the Earth Is Going Through?)

QUESTION:

A question from JD in New York. She writes: "There is a high degree of neuroses and psychoses and other mentally warped states in the people of earth at this time, and the study of history indicates at past times as well. Selfishness and cruelty abound. Is this just a stage we are going through? It has been going on for a long while! If anything, it may have worsened, or improved some. Is this a normal condition of third dimensional planetary life? Are things the same on other planets with human types, and other upright bipedal life? Or are things generally far more civilized and sane?"

COSMIC AWARENESS:

This Awareness suggests that there is a direct relationship between the limitations within the beliefs and cultures and structures offered within the mind of man to the experience of emotional and mental well-being within the citizens of such groupings.

This Awareness suggests that the gross misunderstanding of the emotional system as well as its ever-present insistent effects, which insure self-preservation at the expense of cooperation and the connective need, that human beings exist within a perpetual state of suffering wherein mere self-preservation has indeed been achieved. But that in doing so, the mind-set of competition, of fight and flight, of fear and anger, of pessimism and depression will be the outcome and general tone of existence. This Awareness indicates without understanding and living within the physical system a continual state of suffering, competition and potential social breakdown is predictable and unavoidable.

This Awareness suggests that as entities begin to acquire the understandings, to hear the voice of Spirit, to understand *Its* motivation to change, to reinterpret feelings of automatic self-preservation, by realizing that self-preservation is only appropriate in the aspect of self that is Spirit, and that it is utterly inappropriate in the aspect of self that is mind.

Human beings make no distinction between Spirit and mind, and therefore, they respond automatically to the feeling signals for self-preservation as if no such thing as mind exists. Yet mind is the singular tool and source of power, and source of all consciousness in human experience, and that if mind is cluttered and limited with belief systems which not only dishonor but do not even conceive of Spirit, let alone understand *Its* natural feeling system and motivational impetus, that emotional psychosis and social psychosis is the result.

This Awareness suggests that entities who adopt mental strategies which defile spiritual need, which assure them that they are evil, that they are wicked for their physical state, for their urges, their needs, their desires, their biology, their gender; that if certain ideas are adopted in the realm of mind, that Spirit will reject them, and if entities do not realize that this rejection is evidenced by feelings of anger and fear and pain, that

the connection will never be made, so that the beliefs can be removed and the Spirit set free.

Ideas which exist within the mind of man which perpetuate misunderstandings and frustration of Spirit will have an equal reflection of social psychosis in social unrest, in violent territorial competition, of anger and destruction of self, of community, of property, of raging against an environment which does not provide opportunity and freedom to develop and express.

This Awareness suggests that oftentimes, such anger is expressed externally as described in violence and symptomatic social psychosis, but if the anger is directed internally, through the application of belief systems which defile the self, accept such concepts as 'evil,' and frustrate perfectly natural and inevitable needs, that the psychosis will be experienced in the individual in depression, in self-destruction, and even suicide.

This Awareness suggests that as the essential message of Spirit is understood, that the mental strategies are in place wherein developmental and expressive responses become the norm; that individual and social psychosis shall dramatically be reduced. This Awareness suggests that this state has never been achieved within human history, and this is why humans are believed to be evil, psychotic, frail and flawed.

This Awareness suggests, however, that this is very far from the truth in that human beings do not begin to exploit the benefits and the gifts that they have been given, for they *misunderstand* them. This Awareness suggests that entities understand the visual sense. They utilize the eyes on a daily basis to obtain information about their environment, to apply it to strategies, to beliefs, to ideas which facilitate their success in expression, and in each and every endeavor.

Human's Most Important Sense Is Being Ignored

This Awareness suggests that humans exploit their ears, their nose, their taste, their sense of touch, and that without any of these senses, entities are considered to be handicapped or disabled, yet the most important sense, *the spiritual sense*, the information received through the feeling system of the incredibly essential judgment regarding human beliefs has been ignored.

Human beings are indeed handicapped. Human beings are indeed uncivilized, human beings are indeed 'insane,' but this is no longer necessary. This Awareness suggests that before evolution, enlightenment, re-empowerment and mental health can be attained, these essential rudimentary understandings must be in place. The understanding of the missing human sense, the wisdom of Spirit in flesh as it speaks through the feelings of pleasure and pain.

This Awareness suggests that this shall be the gift to mankind, and that the Millennium will mark the enlightenment and the beginning of true civilization, wherein human beings can take those steps away from the cave, finally embrace and understand all their senses, all their abilities, so that the mind can be cleansed and it can be restored as the creative converter of spiritual energy that it was designed to be, rather than the interloper, the obstruction, the dumpster that it has become.

If we have completion, we can continue.

Why Are The Lessons of Enlightenment So Abstract? Why Are No Examples Given?

QUESTION:

A question from Jack Manuel, in Paramus, New Jersey. He asks: "The Lessons of Enlightenment are written, or rather given in an abstract way and academic

language. The concepts in them are not illustrated with short stories or parables in order to make it easy for us to remember those concepts and understand them better. There are no illustrative examples given or referred to in order to make it easier to understand the abstract ideas and concepts in those lessons. Would Awareness comment and explain this point or viewpoint, the why?"

COSMIC AWARENESS:

This Awareness suggests that this entity describes the very condition that this Awareness has addressed and requested. Entities in this community and those who are studying and embracing the concepts of the Lessons of Enlightenment, are requested to submit individual situational questions and life experiences, so that such parables and understandings can be communicated.

This Awareness suggests that the information received via the channeling process is indeed abstract in its purity and far removed from the mental parameters that exist within the limitations which now constitute the mind of man. This Awareness suggests that it is within the ability of each and every member and within the scope of the leadership of this organization, to facilitate such communication and discussion and experiences which shall indeed provide the parables, the stories, the examples from every day living, submitted by entities themselves who are involved in the physical experience within the limitations of mind, so that an adequate conversion in many languages, in many experiences, in many cultures can be achieved.

This Awareness suggests that this communication and enlightenment process is a group and team effort, and that if the source of this Awareness is to do all of the work, then the point is being defeated. This Awareness suggests specifically for entities to attune to the emotional system, to experience everyday situations and circumstances and evaluate those emotional experiences that provide *It* the greatest pleasure as well as those that provided the deepest pain.

Such scenarios can be written and submitted to this organization and set before this Awareness so that the concepts can be illustrated through explanations of cause and effect relationships, between belief systems, emotions, actions and outcomes. This Awareness suggests that this can be the most beneficial way to impart enlightenment to diverse peoples as quickly and efficiently as possible.

If we have completion, we can continue.

Are There 16 Primary Colors, Not Just Three?

QUESTION:

A question from Robert Hanzel of Tucson, Arizona. He writes: "Cosmic Awareness, in the book Basic Vivid Thinking, by Brown Landone, 1948, page 43, the author alleges that "All work in kindergartens of art schools based upon 3 primal colors is ridiculous. It has been known for more than 70 years that these are not the primal colors!"

"The author goes on and follows with what he believes scientific research has proven, that there are 16 basic colors: red, orange-red, orange, yellow, green-yellow, yellow-green, green, blue-green, green-blue, blue, violet-blue, blue-violet, violet, purple-violet, purple, red-purple." And Robert asks: "Would Cosmic Awareness affirm that "the 16 basic colors" of Brown Landone are the primary colors of the new Millennium?"

COSMIC AWARENESS:

This Awareness suggests that the experience described as color as perceived through the visual apparatus of earthbound entities corresponds to specific

wavelengths and vibrations of light in that the description is accurate, describing the various lengths of waves, of what is described as 16 basic primary colors.

This Awareness suggests, however, that such terms are relative, as is everything to physical experience, in that depending on perspective, definitions and concepts of words such as 'primary' are perfectly within the choice of humans to define and devise which concept shall exist within their individual realm of mind which best serves the expression of their spirit.

This Awareness suggests that there might indeed be more flexibility with the concept of 16 colors, whereas overlaps of wavelengths of measurements taken at different points create flexibility and a broader palette so to speak, through which to create human experience and understanding. This Awareness suggests, however, that the reductionism embraced in the kindergarten version wherein there are 3 primary colors, which when blended and combined in various ways can produce every other color, there is positive expression to be derived from this concept as well, in that the very belief that certain phenomenon can be pursued and understood at their genesis or their core serves to fulfill the human need for meaning, in that this concept can generalize and manifest itself in insights, decisions and choices, broadening the experience and therefore, effectively broadening spiritual expression.

This Awareness suggests that the point to be made from this question is not a validation of which perspective is accurate, but that a reiteration that any perspective is possible, and that it is up to the entity to define for his or herself which concepts, perspectives, attitudes, truths and beliefs shall be taken into the self and utilized for the fullest spiritual expression. This is 'Free Will.'

This Awareness suggests, however, that when garbage goes in, garbage comes out, and that if entities choose indiscriminately or allow information to be foisted upon them from others, from the experiences of others that now exist as truth within the realm of the mind of man, that they will be creating a mess, a wasteland, a defilement of a beautiful functioning instrument, and that without the individual spirit to discern the workable from the unworkable, the expressive from the frustrating, the wheat from the chaff, or the gems from the slivers, entities will continue to harbor limited uneven conflicting beliefs, so that on Tuesday the primary colors will be three, and on Thursday, they might be sixteen, and many other such conflicts, far more significant, affecting and limiting than this example.

This Awareness suggests without the wisdom of Spirit to determine what belongs and to motivate actions to remove that which does not, human freedom is no more. The palette of human color is reduced to black.

If we have completion we can continue.

What Are Zombies and How Did They Begin?

QUESTION:

A question from Lora G., in Oregon. Actually, there's a number of questions in it. I'll just read the statement and I can go back to specific statements if Awareness requests. She writes: "A documentary on zombies, *Voodooism in Haiti*, was recently shown as a stated research project by professionals.

"Question: What is a zombie, and how does one become a zombie? Can a buried zombie arise physically from the grave? Where and when did zombifying begin, and for what purpose? Is zombification relative on any level to that of mummification? Can zombies think? Is there a way to put the zombie to rest? Can one identify another as being a zombie? If controlled, where is the

soul, the mind? What karma is involved as to the perpetrator and the victim?"

* COSMIC AWARENESS:

This Awareness suggests that there are several influences in the phenomenon that is known as zombification in that it is quite specific to the cultural traditions of the people in this specific geographic and ideological locations. This Awareness suggests that the manipulations of belief systems has become quite specific and detailed in many areas of human culture, including that which is mentioned.

This Awareness suggests that the mental climate; that the mind of man in this particular region predisposes individuals to powerful beliefs in the external manipulative forces which can be directed at them at the whim of another. This Awareness suggests that this belief alone surrenders a great deal of individual power and Will Energy into the manifestation of just such external control.

This Awareness suggests that the belief in the effectiveness of curses, of witchcraft, of black magic of white magic, is effective to the degree that the entity invests the belief within it. This Awareness suggests that a second major influence in this phenomenon is that of human mental conditions which are aberrations, biological aberrations of the emotional and mental systems.

This Awareness suggests that a great percentage of those entities deemed 'zombies' are in fact experiencing psychosis which in Western culture might be described more psychiatrically in the realm of schizophrenia, catatonia, autism and other such disassociative disorders which allow the individual to appear without spirit or oriented to another realm of consciousness, dead, or re-animated.

This Awareness suggests that the remaining percentage of those entities in the zombie classification are those entities who have adopted belief systems so defiling to the Spirit, so non-accepting of themselves in a spiritual sense, as well as a physical and mental sense, that they are removed and dissociated from their very emotional system, in that they are no longer responsive or connected to the physical safety net which exists to stir the ire when Spirit is frustrated and that such disconnection is a dramatic extreme version of a more general state of self-misunderstanding and non-acceptance that exists in every cultural environment in varying degrees.

This Awareness suggests that the most potential for reversal exists in this community rather than those with biological aberrations, but that it is a powerful testimony to the power of belief and the effect of limited belief systems which defile and reject humanity to the degree that the spirit is seemingly broken, for there can be extreme disconnection of Spirit wherein what has been earlier described as anger turned inward and depression, and self-loathing, can create a state of dissociation and compliance such as this.

This Awareness suggests it is far more spiritually advantageous to divert the anger externally upon the controlling factors and the sources of the bogus information which hurts and limits the Spirit no matter how much social chaos this creates, for at least the entity will be intact. This Awareness suggests that at least humans have evolved to the point that they can be expressive and are lashing out to protect the needs of the self.

Even if they create social chaos, it shall be understood as a spiritual judgment upon the opportunity and cooperation and the freedom that exists in that community. This Awareness suggests that we have completion.

FOLLOW-UP QUESTION:

Not quite. When did zombifying begin? And for what purpose? Was it some kind of religious control?

COSMIC AWARENESS:

This Awareness suggests that this is in the affirmative. This Awareness suggests that part of the external forces described previously include traditions involving specific holy medications and potions which were in fact poisons to the physical system, which created a physical and biological dissociation in addition to the other conditions described. Those with belief acceptance would attract such an event and participate within it.

This Awareness suggests that this tradition has become less fashionable and that zombies from this particular biological source are far fewer in number than in previous times. This Awareness suggests that what is described as karma would be the willingness of entities to defile the Spirit and submit to such external manipulation so that they created the opportunity to interact with other entities in the community, perhaps in religious rituals, to perform and conduct such activities that perpetuate this zombification upon another or upon themselves.

This Awareness suggests that this and many other such activities in varying religions throughout human history have been used to manipulate the human consciousness of observers to further confirm the fact that external control is the only control, to obtain submission and compliance to religious and local rules and traditions, often necessary to maintain civilization in the absence of true spirituality, connectedness, and cooperation.

This Awareness suggests that many such manipulations continue to this day to the degree that even the most 'civilized' as they consider themselves to be, humans, are in varying state of zombification to the degree that they submit to external control, rather than exploit the internal control that awaits readily at their fingertips.

If we have completion, we can continue.

WRITE DOWN YOUR FEELINGS AND MAIL LETTERS IN TO THE CAC FORUM

CLOSING MESSAGE:

This Awareness suggests a reaffirmation and a reiteration of the request for entities in the membership studying the Lessons of Enlightenment to apply the emotional signals in an analytical daily review, so that the situation encountered wherein the emotion was experienced can be connected to the existing belief system, expectation, or mental climate which was out of balance in the physical experience in creating the dissonance.

This Awareness suggests that the simple reporting of daily emotional experiences to loved ones, the solicitation of feedback and understanding regarding the connection between the belief systems, the internal mental climate as they relate to the outcomes in the physical environment and experience, and how emotion can connect the two.

This Awareness suggests that experiences, even if they are not yet understood, yet contain clear situations, qualities, and conditions at the moment of the experience; the expectations and beliefs and interpretations of the experience, and the describing of the feeling and the experience in general. This Awareness suggests that entities should write it down on a piece of paper, to put it in the mailbox with the address of Cosmic Awareness Communications, so that the forum can begin to operate

at a more full capacity, to share the information and to bring it to a human mental, physical, gut-level of understanding of these most important aspects of human nature.

This Awareness wishes to impart this gift at this time as a symbol of the ending of one year; the end of one existence and the dawn of another; the gestation of the Winter and the dawning of the Spring, as the Enlightenment sweeps the consciousness in ever-expanding and more effective ways. We have completion.

(We will now bring the Interpreter up) (the Law of Gratitude is given and a count of 12)



WHAT IS COSMIC AWARENESS?

COSMIC AWARENESS is the Force that expressed itself through Jesus of Nazareth, the Buddha, Krishna, Mohammed, Edgar Cayce and other great avatars who served as 'Channels' for the 'Heavenly Father' and who speaks again today as the world begins to enter the 'New Age' of spiritual consciousness and awareness. Since 1963 Cosmic Awareness has been communicating through carefully trained channels. This information is for those who desire to help in bringing in the New Age. Throughout the thousands of 'Readings' given through these various channels, Cosmic Awareness tells us not to believe anything, but to question, explore, doubt, and discover for yourself, through your own channel what is the truth. Cosmic Awareness will only 'indicate' and 'suggest'. Neither C.A.C. or any of the Interpreters is responsible for anything Cosmic Awareness states in any of these readings, nor does C.A.C. or the Interpreters necessarily agree with the statements of Cosmic Awareness. The Interpreters interpret the energies as they see them in trance levels and are not personally responsible for what is said. The Interpreters published herein have no connection with, nor control over the editorial comments and material, including illustrations. This is entirely the responsibility of the editor. Members of C.A.C. are invited to send in questions of general interest to ask Awareness for possible publication in this newsletter.

Interpreters for readings in this issue:

Paul Shockley
Grace ***

Avaton--Editor
Vikki T.--Sec. Treas.

(CAC General Reading, July 3, 1997) Grace:14

A LOOK AT "THE LAW OF GRATITUDE"

QUESTION:

Awareness, we're here to continue the general CAC readings. Does Awareness have an opening message?

COSMIC AWARENESS:

This Awareness suggests that the energizers recite the **Law of Gratitude** in its entirety and then repeat the first sentence, whereby this Awareness can comment.

ENERGIZERS:

The **Law of Gratitude** is that sense of satisfaction where energy which has been given, receives a certain reward. Energy goes out on that curved, unequal line and can only return to its sender bearing gifts. (The first sentence is repeated).

COSMIC AWARENESS:

This Awareness suggests that entities ponder this particular sentence in the **Law of Gratitude** regarding the sense of satisfaction and the concept of a completion of an energy circuit and the receptance of a reward. This Awareness suggests that the sense of satisfaction as well as the perceived reward in this context relate directly to the emotional system, through which the Universal Spirit communicates to the soul in the physical form.

This Awareness suggests that the essence of the **Law of Gratitude** is to remind entities of that connection of energy from the totality, from the pool of consciousness that constitutes All That Is, that has been apportioned to the individual soul manifested in the physical form, so that Universal Energy can be transmuted by the individual by directing the desire and intention into creative manifestations to facilitate the development and expression of the individual spirit.

This Awareness indicates when the entity has achieved success, that such success is evidenced in that feeling of satisfaction, and in the acceptance of the reward, whether it be the manifestation of a desired event, the attracting of a desired entity or partner or love object into the life/ the soul, or the simple pleasure derived from those activities which facilitate development and expression of the soul.

This Awareness indicates that such gratitude is the acknowledgment of the completion of the cycle, wherein the Universal Energy, which has been delegated to the entity for such utilization, that the entity maintained an intuitive connectedness, so that he or she was successful in transmuting that energy through individual will, to carry out the intention of Divine Will, so that the cycle is complete.

This Awareness indicates that the experience of the entity upon this completion will be the experience of joy and a connectedness and an assurance of that communication, an unfailing accessibility to the Universal Divine. This Awareness indicates embodying such a concept can facilitate the acquisition of the understandings set forth in the Lessons of Enlightenment.

There is no other opening message at this time.

An Analysis of Redfield's "The 10th Insight"

QUESTION:

A question from Darby E., in Taos, NM. She writes: "Let's consider Redfield's latest book *The 10th Insight*, the follow-up to *The Celestine Prophecy*. I just borrowed and sped-read this one. Again, much he includes about human history, evolution, may be stimulating and informative to the general readership, but I found it a bit

"ho-hum" in light of the material Awareness covers. There is no mention of Reptoids, Dinoids or Cosmic Intervention.

"However, I **did** like the chapter entitled "Forgiving" where the author expressed the idea of the 10th Insight. Basically, if I understand him correctly, what he's saying is this: We each come into life, after life, with a birth vision of what we wish to accomplish, entering into circumstances we chose, that in various ways leads us to discover *who* we are. Situations occur that bring us into contact with others with whom we have interacted in previous lives, stimulating diverse emotional responses.

"It is then our task to recognize these reactions, appropriately express the resultant emotions, get past any blockages and cooperate with these others, bringing into consciousness what he calls "Our world visions."

"He speaks of "Soul Groups"-- some members incarnate, others in the afterlife; each group working together to aid and stimulate its members, as well as get them to the point where all the 'Soul Groups' connect and work together on the aforementioned 'world vision,' which I assume involves my dream of an 'ideal world.'

"Any comments? Does this sound accurate? At least, in its popularity, it helps to open the minds of many, previously unaware of such material!" she adds.

COSMIC AWARENESS:

This Awareness suggests that the entity Redfield has been successful in accessing a broad and diverse group of people with the mass introduction to many Universal Principles which normally lie outside the 'normal' more accepted, more formal socialization and educational process for most individuals.

This Awareness suggests that the questioner's synopsis of the value of this latest work is indeed an accurate and adequate depiction of certain values offered. This Awareness suggests this work is an example of the movement that has been stimulated within the mind of man, whereby entities receive inspirations in keeping with the accelerated pace of human development as we approach the New Millennium.

This Awareness suggests that particular attention to the feeling system is a dead giveaway in this latest work in that it plays a part in drawing entities' attention to those innate mechanism which lie undiscovered within, which shall be the path to personal salvation and the restoration of intention, a more full utilization of individual will to accomplish a more complete expression of the spiritual potential and completion of the Life Mission or the 'Birth Task,' as it is phrased in the question.

This Awareness suggests that the reference to 'soul groups' refers to the interconnectedness of every soul in a general sense, but in a more specific sense, it can be likened unto what has been referred to previously as 'karmic families' in which specific entities of like vibration organize and participate on many levels throughout many incarnations toward bringing about a particular mission, the whole of which constitutes the synergistic sum of its parts, yet is empowered tremendously due to the synergy and the communal effort, whereby a higher degree of success of any one individual destiny path receives more energy than is ordinarily available to a given entity individually.

This Awareness suggests that although there is a great deal of metaphor in the entity Redfield's contribution, there is also a great deal of resonance to the Universal Consciousness, particularly suited to the current

understandings, the belief systems and limitations as they exist in mass consciousness.

This Awareness suggests that this work, and the work of many others, has paved the way and contributed to the critical mass which shall make entities more readily available to receive the Lessons of Enlightenment and the individual empowerment in which they no longer place belief.

This Awareness suggests that entities search out and enjoy such creative contributions, and to choose those beliefs which resonate with their inner spirit, without feeling it necessary to accept every detail, every assumption contained in any given document or body of information or world view.

This Awareness suggests that this attunement, this resonance, shall become a guiding resource within the entities, once certain understandings are in place; that a necessary preliminary task is to become familiar with the experience, and then begin to examine the beliefs regarding the feeling system.

If we have completion, we can continue.

The Use of Magnets and Crystals in Healing

QUESTION

Another question from Bob C. "Can Awareness give some information on the use of magnets on health and healing? I have had magnetic treatment and felt great afterwards. I have a small pillow, 8 inches by 12 inches, which has a very strong permanent magnet inside with quartz crystals placed on top of it. This is to be placed facing the area of the body to be treated. Is this seen as effective?"

"I also saw an ad for a mattress pad that has a grid of small magnets sown into it. This is claimed to create an "energizing field" said to stimulate circulation, help arthritis and muscle pain, increase oxygen in the blood. Does Awareness see this as effective?" (There's actually two questions here.)

COSMIC AWARENESS:

This Awareness indicates that magnetic fields do indeed have both positive and negative effects upon the physical system. This Awareness suggests that the mattress described can be effective in that it creates a relatively low-level field. This Awareness also suggests that manipulation of the magnetic field is like a stab in the dark into the misunderstandings regarding the physics and metaphysics of the human form.



"Believe it or not, he once had a near-life experience."

This Awareness suggests that certain energy fields can be disruptive to the cellular structure if above a certain level of intensity, but that low levels from the devices described can have value and are relatively safe. This Awareness indicates that like the medicinal cures suggested earlier, that it is the investment of the belief in the system which mobilizes spiritual energy to bring about the desired result, and that this is the intended pathway to manipulation of spiritual energy in physical form.

This Awareness suggests that there will be some breakthrough information from the scientific realm regarding the use of magnetic fields, wherein more understanding of the interrelation between several forces shall be obtained, which can help elucidate the nature of the energy itself.

This Awareness suggests that this breakthrough will occur when the zeitgeist has been achieved, when the critical mass for enlightened consciousness has begun to usher a renaissance of creative ideas, creative inspirations, and artistic expressions which shall facilitate and perpetuate the level of consciousness for the New Age.

If we have completion, we can continue.

Quartz Crystals to Enhance Vivid Dreams

FOLLOW-UP QUESTION:

Does the addition of the quartz crystal in this entity's pillow with the magnet inside do any good, or is this simply a placebo effect?

COSMIC AWARENESS:

This Awareness suggests certain entities derive a great deal of benefit utilizing the crystals for various functions. This Awareness suggests specifically, crystals in and around the head area during sleep can help facilitate richly detailed dream experiences. Also, the entity can achieve certain balancing physiologically required, as well as spiritual insights which can assist the entity during the waking, conscious experience to attune to those energies, and to recognize those events, and to attract those events which can facilitate the expression and the value fulfillment of the entity.

This Awareness suggests there is a rich tradition of utilizing crystals of various intensities and colors and shapes and densities, and that this tradition has received a great deal of energy in mass consciousness wherein the beliefs carry more energized intensity, facilitating the benefits described.

This Awareness suggests that there is a wide variety of information on crystals readily available, should the questioner wish to obtain such benefits. This Awareness indicates the belief system of the questioner is such that a great deal of benefit can be obtained in this manner.

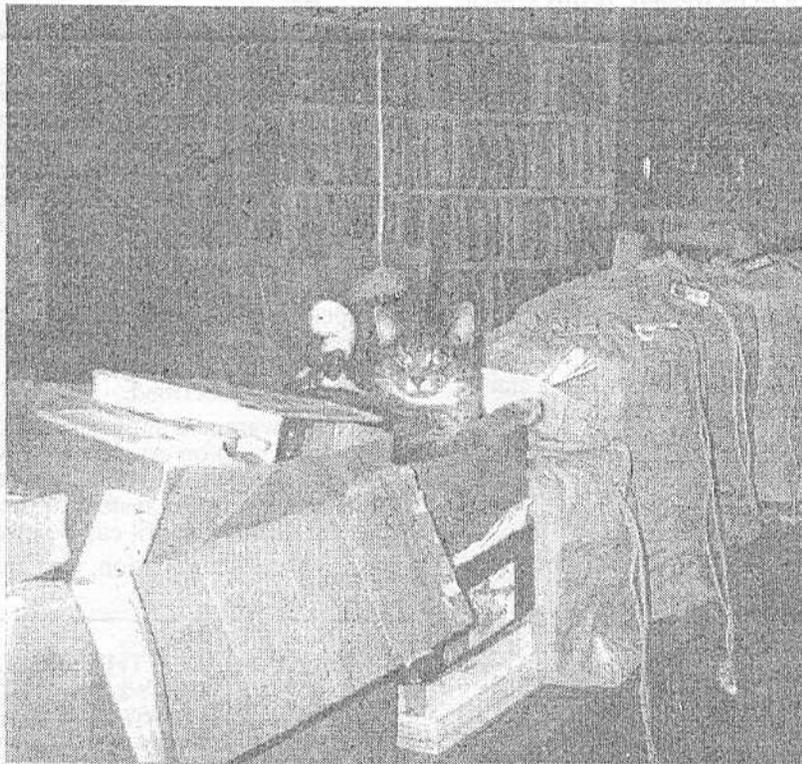
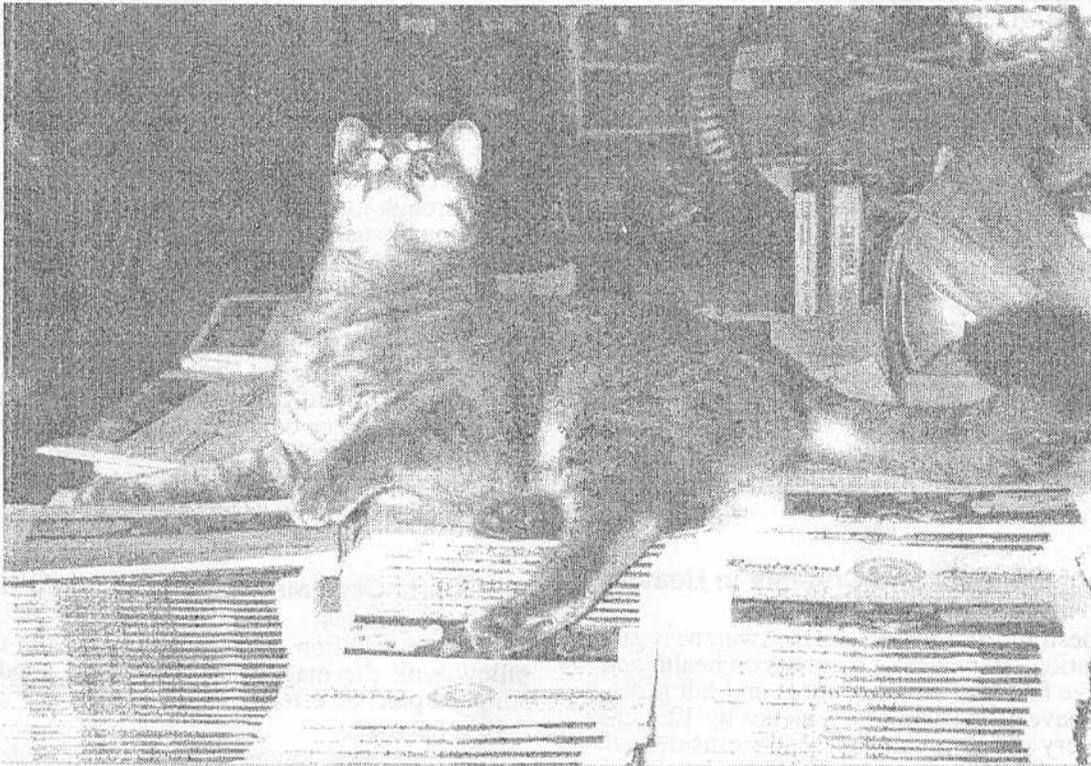
If we have completion, we can continue.

—HOW TO GET THIS NEWSLETTER BY MAIL— EVERY 3 WEEKS I (More or Less)

REVELATIONS OF AWARENESS is a cosmic newsletter, published by Cosmic Awareness Communications, P.O. Box 115, Olympia, Washington, 98507, U.S.A. (A not-for-profit organization). Membership fees and donations are deductible from your Federal Income Tax. Try to remember Cosmic Awareness in your will if you wish to have these messages preserved and available to others in years to come. ("How many have you served, and how well?" is the question we will all be asked at the Passing Over).

MEMBERSHIPS AVAILABLE (Honor System)

- INDIVIDUAL: \$42 per year or \$12 quarterly
- FAMILY: \$52 per year or \$20 quarterly
- CONTRIBUTING: \$77 per year or \$25 quarterly
- SPONSORING: \$144 per year or \$40 per quarter
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The Wilber Says:

“Everyone works around here to get your newsletters into the mail!”

Memo from the Editor:

Hi Gang! Happy holidays! After a stormy November of almost steady rain, December so far has been like Spring around here, foggy mornings, cold nights but in the sunny 50's during the day. Vikki even noticed some roses blooming near the post office. Very strange. The Weathermen are bewildered. California seems to be getting our rain and all the usual big storms, so it must be el Nino again. (Wait until January!)

Anyway, Vikki said it was time for another report from the editor and to include a short summary of what has occurred and what has been accomplished during the past year of 1997. Well, enclosed is the 17th newsletter put together, printed, collated, stuffed, sealed and mailed. Once again we stayed on schedule and mailed every three weeks. It was tough and go due to interruptions—mainly that incredible ice storm that devastated 30 trees around the place and left us with no power for over a week, and the three occasions when our postal account was so low we feared it would not cover the cost of the mailings; this a real nail-biter for Vikki.

This was the year that after 20 years Paul Shockley retired as the CAC Interpreter. Then Awareness delivered a new Interpreter, Grace, who has indicated that all those grim scenarios predicted by various seers and entities for the coming Millennium can and will be averted. Consciousness, it appears, is quietly losing the negative energizing that has plagued it for so long, the negativity is peeling off in layers and the end result is that humanity will regain its creative powers in the way the Divine Creator intended; entities will no longer be driven by fear or allow negative forces to control them, they will heal and create a new world based on love and awareness, which in turn will produce the "New Being" so long promised by Cosmic Awareness.

It sounds good, but won't the process take forever? Not according to Grace. She is channeling from Awareness *The Lessons of Enlightenment* which even now is allowing the Light to peek through the cracks of the dense negativity which surrounds our earth. This, of course, is more alchemy and already positive results are being observed. Those who study the Lessons are infused with a subtle new light of understanding of who they are and the feelings and knowledge that they can finally take charge of their lives and resume the Destiny Path they put together before incarnating into this plane. Those entities who have blocked the Destiny Path of so many, that little clique of tight-assed madmen who firmly believe they can rule the world and make automatons and slaves out of the masses; these mattoids who follow the orders of those Reptoid forces out of Orion once entrenched on earth; these pathetic entities are losing their power and energies like a vacuum cleaner whose cord is suddenly jerked from the socket on the wall.

This all has to do with "probable realities." Jane Roberts went into this area at great lengths, Awareness through previous Interpreters touched on the subject but in general dismissed it because *It* was being *compelled* to focus on what appeared to be urgencies of the moment—mainly conspiracies and violations being perpetrated on a hapless and powerless humanity by international bankers, aliens, ego-driven groups like those who conceived the wicked "Global 2000" scheme, an insanity to depopulate the earth by year 2000.

But as I understand it, Awareness through the new Interpreter Grace is telling us that there are many, many

probable "realities" all occurring at the same time. If we keep our focus on the negative scenarios (also a "probable" and very possible reality scenario) we will do exactly the *opposite* of what we want to accomplish: we will *actually energize that scenario into reality* (and none of us, of course, want that one to manifest).

We have all done a good job of exposing these negative scenarios over the years, these "probable realities" which have been spotlighted and focused upon by consciousness, and this was an important and good thing at the time. It was this focusing that led to the beginning of the end of The Conspiracy, the New World Order conspiracy and its many sub-branches. Awareness is telling us the energies are slowly being withdrawn and the evil plans will never come into fruition, the conspirators will never again have the energy to get strong enough to bring it off, those probable realities simply aren't going to happen.

Awareness is telling us that the Lessons of Enlightenment is the alchemical which will enable entities to create another "probable reality"—the *positive* reality that will light the sparks and show entities how to regain their creative powers as originally intended, reestablish that connection with the Divine Creator which has been forgotten and help bring forth the New Being in the next decade or so. (We create our reality from moment to moment out of a possible hundred or more "probable" realities, so why not create something good and positive for all of humanity which will soon bear fruit?) *We can* do it once we take our focus out of the fear-based mode and keep reminding ourselves, as Awareness has for so many years, that *we are co-creators* with the Divine, and whatever situation or life we wish to create from moment to moment, *we can!* And remember, this also applies to our health, our longevity, our financial situations etc. etc.

Sorry for the "sermon" but from the letters and comments it appears this is a rather difficult concept for some entities to grasp and because Grace is attempting to deliver it from Awareness in its purest form as it filters through her personal consciousness, some of you often find her delivery hard to follow, cumbersome, academic etc. as emphasized in the reading enclosed in this mailing. By no means does this infer all you guys have a problem in this area of Grace's interpreting (we have many, many really positive letters), but for those who do have a problem, rest assured that Grace is working on this, and it is our feeling around here that each succeeding session with her is getting better and better, the interpretations becoming more clear. Good things do not come easy; it takes hard work. To become aware is not easy, to understand new concepts is not easy; it takes hard work to grasp and assimilate this stuff. Each Lesson should be read at least two or three times, with considerable time in between readings. Study and mull over the concepts, discuss them with others and be sure to send your comments, questions and observations into the new CAC forum, which is discussed by Awareness in the reading enclosed. Grace is obsessed in this Destiny Plan of hers to deliver this important consciousness-changing material in the purest possible form. It is a magnificent obsession, indeed.

The new material is controversial, as is the new Interpreter. We have lost some members because of this, some of whom have been with us many years. Donations have severely declined (but this could be for other reasons). Vikki is very worried that we may not have the funds to continue our mailings this new year on the same 3 week schedule as in the past, for everything has doubled, including postage costs, since we began printing and mailing the Lessons of Enlightenment. In

fact, the reason there is no Lesson in this mailing is because the postage account could not handle the increased cost,—there simply was not enough money to cover that account this month.

Anyway, I hope to be able to include a few of the comments, both positive and negative later on in this memo to give you some idea of how people are reacting to the new information and the new direction CAC is now taking. But now for a few announcements and plugs.

---Willy Whitefeather is a storyteller, author, artist, honorary Cherokee chief, movie star, river runner among many things. He delights children and teachers with his frequent talks and workshops. Vikki and I met him at the Arizona conclave some years back. His is an exciting and very spiritual presence. He has produced a cassette tape of flute music and songs and stories for children around the camp fire. A Native American, he decided to publish and share these stories so that his grandchildren would not lose their heritage. If you have kids or grandchildren or great grandchildren, we heartily recommend this tape. A great gift. You will love it! Only \$11 which includes postage. Order from Willy Whitefeather, C/O Fulfillment Services, 1955 W. Grant Rd. #230, Tucson, AZ 85745.

---R.E Edwards sent me an interesting catalog of advanced devices and tools for the serious researcher. It contains info on publications, plans, videos etc. on anti-gravity, space-power generators, invisibility, time travel, teleportation, 4th dimension and that sort of thing. If any of you should order the "Mars Creatures" video ("A rare video showing the creatures on Mars, from our secret landing in May, 1962") please let me know what you think of it. They want \$27.50 for it. I can't vouch for any of the stuff in this catalog, but it sounds too interesting not to plug it. If you have the dough, be adventurous! Anyway, the catalog is free so write for it from: D W French, PO Box 2010, Sparks, Nevada 89432.

---I hope you all caught Caroline Myss and her great lectures on PBS in December: "Why People Don't Heal and How They Can." What a Light bearer this gal is! She has books and videos available also. She is putting forth new concepts very similar to what Grace is channeling in the Lessons of Enlightenment. Watch PBS, I am sure they will repeat this series. Don't miss it! And if you want her books (such as "Anatomy of the Spirit") or her videos, let me know. I know where to get them and can order them for you.

Speaking of alternate realities Caroline told a touching story which dramatically showed how this works--How a single entity can change reality. She was giving a workshop in England when this lady approached during a break and said, "You mentioned out-of-body experiences tonight. I had one and I can vouch they do occur. Last year I was on a highway one night when a truck slammed into my little car. I was mortally injured and found myself out of my body looking down on the scene. My body, like the car was "totaled" and trapped inside the twisted wreckage. I saw people frantically trying to reach my body but they could not get inside. I saw cars backed up for almost a mile and I could hear the conversations of people inside those cars. Most were complaining of being late, many were angry at the delay. Suddenly I saw a huge arc of light shoot up from a car about 30 cars back, the light arced directly into my destroyed auto where I knew I was dying. Curious, I flew back to observe the car that was sending this incredible arc of light to my car. Inside was a woman, eyes closed, leaning over her steering wheel. She was praying! While most others were frustrated and angry,

she was praying for that unknown occupant of my car. Suddenly, a voice said to me, "You must come back into your body now. It is not time for you to pass over." I started to drift back into my body, but first I looked at the license number on the car of the woman who was praying.

"Months later, when I got out of the hospital, through that license number I located the address of that lady. One day I walked up her driveway, knocked on her door and handed this completely astonished lady a huge bouquet of roses, and I said, "I'm the lady who was trapped in that car and bleeding to death. Thank you for praying for me. You saved my life."

Cosmic Awareness has indicated that a selfless prayer, like a meditation or sending White Light to another are all one and the same and can instantly alter one reality into another as was the case of this lady saying the prayer. This incident is a microscopic example of what Awareness, through the Interpreter Grace, is trying to tell us through the Lessons of Enlightenment—that such incredible spiritual, creative, healing and manifesting power lies within each of us, but has been forgotten due to the negative consciousness around earth. The Lessons are designed to help us *remember* who we are and what we are capable of doing and becoming. So hang in there, gang, the Lessons are indeed worth the effort!

---I've plugged her before, but member Vina Botter—80 something years young—makes these amazing household objects by hand (a Grandma Moses of handicraft) and her stuff is so inexpensive I felt guilty after seeing some of it. (It's worth 10 times what she charges).. She makes old fashioned sun bonnets, baby bibs, shopping bags, book carriers, pot holders, pig magnets, hen magnets, happy cats, butterflies, etc. Great and practical gifts for just a few bucks. You *must* write and get a free catalog. Send a SASE to Clever Crafts by Vina, Box 42, Endicott, Nebraska 68350. Many thanks!

---For years Vikki has had a *Waterwise* distiller in the office which cranks out 5 gallons of steam-distilled pure water every 24 hours and it shuts itself off automatically. Awareness reminds us of the value of using distilled water daily for good health and this is the *best* and most economical distiller around. They are having a special holiday sale of their *Waterwise 9000* for \$389 (a savings of over \$100). Phone them for free info if interested. Toll free 1-800-874-9028.

---A very interesting catalog called "Odessa Factsheet" crossed my desk recently. This outfit investigate ads and popular offers extended to the public via direct mail and finds 98% of them worthless, particularly the "Opportunity Seeker" type. They offer hundreds of reports on these and many other subjects for a moderate fee, like info on cable TV descramblers, making money with your computer, chelation therapy, much health info, lots of conspiracy stuff. Order a catalog from Redwood Institute, 4546-B10 El Camino Real, Suite 390, Los Altos, CA 94022.

---The 7th Annual International UFO Congress Convention with 30 speakers, 7 days non-stop UFO activities will happen this February 1-7, 1998 at Laughlin, Nev. You must register before Jan. 28. For details and brochure, call (303) 543-9443 or Fax (303) 543-8667.

---The insignia shown here is a shoulder patch worn by Light Warriors from the Vegan star command. If you recognize this symbol or in any way identify with it, The Foundation for Peaceful Coexistence wants to hear from you. Please write to them at PO Box 128, Cape May Court House, New Jersey 08210, Attn: Dept. #1.

(See illustration at end of this letter)

---Want the best cookie recipe in the world? This just in from the Internet. A lady and her daughter were having a salad and cookies at the famous Neiman-Marcus store's café in Dallas. The cookies were so great she asked the waitress if she could have the recipe, she said no, it was a company secret. "Okay," she said, "can I buy the recipe?" The waitress disappeared and returned and said, "yes, for two-fifty extra." The lady said, "ok, add it my tab," and she paid by credit card. Later, her credit card bill revealed she paid \$250 for the recipe and not the \$2.50 the customer thought she paid. To make a long story short, Neiman-Marcus would not refund her money. She went all the way to the top and still no success. So she phoned the big wheel once more and said "You rip-off artists refuse to give my \$250 back over your precious cookie recipe, so I am releasing that recipe over the Internet to every cookie lover in the US with an E-Mail account. They will get the recipe for free!" The wheel pleaded, "I wish you wouldn't do that!" But she did, and here it is: (recipe may be halved):

2 cups butter, 4 cups flour, 2 tsp. Soda, 2 cups blended oatmeal, 24oz. Chocolate chips, 2 cups brown sugar, 1 tsp. Salt, 1-8oz Hershey Bar (grated); 4 eggs, 2tsp. Baking powder, 2 tsp. Vanilla, 3 cups chopped nuts (your choice). Measure oatmeal and blend in a blender to a fine powder. Cream the butter and both sugars. Add eggs and vanilla; mix together with flour, oatmeal, salt, baking powder, and soda. Add chocolate chips, Hershey Bar and nuts. Roll into balls and place two inches apart on a cookie sheet. Bake for 10 minutes at 375 degrees. Makes 112 cookies.

"Have fun," she adds, "and pass the recipe on!"

Who says the little guy has no power?

Weird stuff in the news

---Lawyers for Paula Jones asked President Clinton's attorneys to have the president's genitals examined for "distinguishing characteristics." As evidence in her \$700,000 sexual harassment lawsuit against Clinton, in which she accuses him of exposing himself and asking for oral sex, Jones contends his sexual organ featured a "distinguishing characteristic." The exam was later given and no such "characteristic" was found. The question is: Which Clinton received the examination?

---A US patent No. 5,163,447 was recently issued for a "force-sensitive sound-playing condom. During intercourse, a sound unit senses the body movement and rewards your efforts with a melody. (I wonder what the tune is? Handel's "Hallelujah" would be appropriate.)

---One of Israel's most powerful rabbis has ruled that women who wear wigs will be damned. "Both she and her wig will be burned in hell," said Rabbi O. Yosef.

---Some psychiatric patients in the Netherlands are getting discounts to visit brothels as a way to reduce their sexual aggression. The Vijverdal clinic has cut a deal with a local brothel, Club D'Amour, allowing patients to visit prostitutes for \$37 instead of the regular \$62. (They call these guys 'crazy').

---President Clinton was recently fit with a hearing aid. Again, the question is *which* Clinton?

---Bob Dylan, evidently covering all bases, recently met with the pope, who reputedly holds the keys to the Kingdom, and sang for him. The song, of course: "Knock, Knock, Knocking on Heaven's Door."

---In Indonesian police have arrested a self-proclaimed sorcerer on charges alleging he raped at least 200 women over the past 33 years. Abdul Woro told the women they would have good health and

prosperity if they had sex with him. He also charged \$30 each for the magical favor.

---UFO conspiracy finally resolved! A new Air Force report concludes that the "alien bodies" that were supposedly covered up along with the crash of a flying saucer in Roswell in 1947 were actually crash-test dummies used in parachute experiments. (Thank goodness that one is off our minds!)

---Workers at a cash-strapped Russian clock factory who got a bonus needed three days to get the loot home. The bonus was paid in toilet paper—each getting 150 roles, the newspaper Izvestia reported.

---Sex educators at Washington State University this year are backing away from an abstinence message that has proved to be a turnoff to students. "Abstinence Awareness Week" which ran the first week of November for the past two years, is gone, replaced by "Creative Dating Week" with a modified message of just saying, "Maybe."

---In Orlando, Florida, topless dancers raised \$3500 for breast cancer research by washing cars topless. When they tried to donate the money, they were rejected by the prominent cancer research center and the American Cancer Society. (Old Rockefeller must be smirking).

---The most perfect pearl ever discovered was known as La Peregrina, meaning The Wanderer. Found by a slave in the 1700s, it passed through the hands of the rich and famous around the world. Over the centuries, the precious gem was owned by Prince Philip of Spain, King Henry VIII of England and Emperor Napoleon Bonaparte of France. In 1969 actor Richard Burton bought the priceless pearl for his wife Elizabeth Taylor. Recently, Liz's pet dog found the shiny bauble and chewed it up, rendering the famous pearl worthless.

---In Dakar, Senegal, vigilante mobs convinced that foreign sorcerers can shrink a man's genitals with a mere handshake have killed eight people in Senegal in the past week who were seen shaking hands in public.

---Wrong call. A trash-talking drug offender in Dothan, Alabama, mouthed off to the wrong person, his judge. Jerrick Michael Snell had already been sentenced to 20 years for cocaine possession when the judge walked by his cell. Snell blurted out a suggestion that judge Lawson Little perform oral sex on him. Instead, Little ordered Snell bound and gagged and brought back to the courtroom. The judge upped Snell's sentence to the maximum—life behind bars.

---From the Internet: Would you consider abortion in the following 4 situations? (1) There's a preacher and wife who are very, very poor. They already have 14 kids. Now she finds out she's pregnant with her 15th. They're living in tremendous poverty. Considering their poverty and the excessive world population, would you consider recommending she get an abortion? (2) The father is sick with sniffles, the mother has TB. They have 4 children. The first is blind, the 2nd dead, the 3rd is deaf, the 4th has TB. She finds she's pregnant again. Given the extreme situation, would you consider recommending abortion? (3) A white man raped a 13 years old black girl and she got pregnant. If you were her parents, would you consider recommending abortion? (4) A teenage girl is pregnant. She's not married. Her fiance is not the father of the baby, and he's very upset. Would you consider recommending abortion?

In the first case, you have just killed John Wesley. One of the great evangelists in the 19th century.

In the second case, you have killed Beethoven.

In the third case, you have killed Ethel Waters, the great black gospel singer.

If you said yes to the fourth case, you have just declared the murder of Jesus Christ.

LETTERS:

---"Dear Vikki. I would like to order the complete set of 144 Spiritual Development Lessons. Enclosed is a check plus a \$28 donation. This will be a very special Thanksgiving for me because I have so much for which to give thanks. CAC has brought clarity to my mind and peace to my heart which I have not felt since I came to this troubled world. Together we *can* turn things around! Thank you Cosmic Awareness for your loving guidance and to you Vikki and Avaton and Grace for all that you do. Eternally grateful and ready to play my part. Carol Kilgore."

---"Dear Vikki and Avaton: I want to thank you for getting my order of back-issues to me so quickly! Also, I really enjoy the Editor letters. You make me laugh, Avaton. I was wondering if we (my husband and I) are the only members of CAC who are truck-drivers? We are such workaholics that we basically live in our truck year-round. We like to think of ourselves as paid tourists. We travel the contiguous 48 states and have grown to know all of America as intimately as our own neighborhood. If you ever need travel recommendations, just let me know! We often entertain (& enlighten) ourselves by reading the Cosmic Awareness newsletters aloud to each other. You have helped many long, monotonous trips go by a lot faster! Remember that first snowfall (I should say blizzard) of the 1996 Autumn season? We were up there in Washington in our semi last year when that hit. That was madness! Our truck was sliding all over the place and for a while there I was beginning to doubt if we would make it out of there in one piece! Hopefully this year the weather will be a little milder (for your sake and ours). Also, a big welcome to Grace! We are looking forward to the new material and format. Tiffany Westanmo."

Ed's note: If anyone wants to write to Tiffany, send us the letter and we will forward it, since these guys move so often—particularly you other truck drivers.

---"Dear Vikki. After using Emu/Rhea oil, I am now a firm believer in its healing powers, especially for arthritis. Thanks so much for promoting this product. Please send me two more. Love Catherine Miller."

---"Please send me another six-pack of Silver Wain Water. My cats are really enjoying the water. Their fur is more beautiful and my 14 year old kitty plays like a kitten. It has helped me, of course, also. Mary J. Wirts."

ED's Note: For your animals, no more than a teaspoonful of Wain Water in their drinking water to keep them healthy and free of parasites.

---"Dear Grace and CAC, Hail to Light, Life, and Love! Grace, it appears that you are a great addition to CAC. Your new Lessons of Enlightenment are welcomed. Thanks for your grand effort. The Spirit of God breathes through your thoughts and words. This new spiritual input will be and is a great boost to CAC. I thank you all. Ben Pate."

---"Dear folks, RE your recent 'walking pneumonia' problem. Approximately 30 years ago, while in the throes of a bout with pneumonia, having water in the lungs plus severe coughing, resulting in expectorating blood, a dear lady friend introduced me to Apple Cider Vinegar topped generously with Cayenne to be sipped for my painful coughing. Have used same continuously throughout these many years, *never* taking over-the-counter drugged cough medicines. The slightest cough or throat discomfort leads me to sipping this natural healing of vinegar and cayenne. You will experience a refreshing feeling in the chest/lungs, with a gradual

release of congested infection and water accumulations being expectorated. Lora G."

---"Dear Ones. I am delighted that at last you are focusing on helping humanity to prepare both mind and heart to become aware of the meaning of Divine Love and Truth. They are two sides of the same coin. And in your promoting the Lessons of Enlightenment you are doing what I imagined you would be doing before I signed up to receive your publications. So far I am already familiar with what I've read in your Lessons and feel it is beautifully and competently presented. I am certain it will bring many a much needed blessing and I look forward to the future lessons. Joan Turner."

---"Dear Vikki. Here is a donation of \$12 for Lady K. your/our Tarot card reader. The reading was quite good—a real amount of, or level of spiritual good. A lot of truthful insight. Jim Karvoski."

---"Dear Vikki. Here is my dues for 3 months and one dollar for healing. Happy Thanksgiving. We are having lots of rain here—that is good too. It washes the trees, make the grass grow, refreshes the earth and so, smile, love and light. The Lessons of Enlightenment is beautiful—Bless Grace and the Spirit that sent her. Peace and good will to all. Helen Gill."

---"Hi Vikki. Want to thank you all and Grace for the Lessons of Enlightenment. They are outstanding and like a breath of fresh mountain air. Have you considered sharing parts of them on the Web to attract new subscribers? Namaste. Stan Sobel."

Ed's Response. Yes, we have had the Lessons on the Internet since early October, free to all.

---"Dear Vikki. I am renewing my subscription only quarterly because I am not sure I shall continue. I am disillusioned with the new Interpreter. I am finding that I prefer more answers/comments on mundane affairs and less on "Peace, Love, and Harmony." The Lessons of Enlightenment are truly wonderful, but I'm quite well read on these kinds of development and find myself not really pursuing Grace's teachings. Because I have so enjoyed past newsletter of CAC, I'm not quite willing to give up membership. I want to continue for a brief time to be sure that I am dissatisfied. I was totally disappointed in the comments about the "Diana Conspiracy." I would like to hear more about that as far as the lines of royalty and the NWO. I have read *Holy Blood, Holy Grail*. Sincerely, Juleanne."

---"Dear Vikki & Avaton—I want to express my profound gratitude and thankfulness to you two and your work, to Grace, and Awareness for the Lessons of Enlightenment. These present insights and understandings bring much clarity to my thinking and being. I feel uplifted daily in my chosen path of spiritual personal development. Please consider me as a "Sponsoring" member. Thank you, with continual love and light—Janet Toms. PS: Happy Turkey Month!!"

---"Dear Vikki. Glad to "feed the Treasury." No good thoughts about banks on this end, either. I just left the one I had been with for 22 years. They tripled the minimum, and if you don't maintain it, they charge you for just about everything, including coming into the office too often! Honest, it's true! Viva la cash!

The Lessons of Enlightenment have a wonderful common-sense quality about them, which shows just how much gobbledegook the churches are churning out. I think it just takes a while to "switch gears" from external orientation to an internal one. It's true that what you energize, you attract. Yours, Avaton's and Grace's efforts are much appreciated! Tom Krueger."

---"Dear Vikki, thank you for your nice letter that expressed real concern that my subscription has expired. Thank you also for extending the delivery of *Revelations of Awareness* newsletter past my expiration date. I have not resubscribed for two reasons. (1) I have been struggling with having enough money lately, and more importantly, (2) it seems to me that the quality of information that Awareness is putting out these days is poor. Grace is either ignorant, or, more likely, a deliberate disinformant. Any who says that the intent of the water fluoridators is not sinister is certainly not channeling credible information. (See enclosed copy of issue #492 along with a flier on Valerian's very comprehensive work. Your newsletter has been much appreciated by me for many years, but since Grace has been around, I have concluded your organization must have finally been taken over by the CIA. If you are a real person, Vikki, I wish you only the best. In love and light, Sam Purna."

Ed's response: Fluoride is the main ingredient in rat poison. But Sam, I think you missed the point. What Grace is saying over and over again is that it is only bad in your drinking water if you *believe* it is bad for you. It's time to stop evaluating things and events on fear and understand that as an aspect of the Divine Creator you are in control at all times. That way it makes no difference what they put in your water or why they do it.

---"Hi, Vikki. I want to add my word of approval for CAC's new positive (spiritual) emphasis under Grace's new channelship. Bravo for her! Colleen Grider."

---"Welcome to Grace. I feel as did Jesus in regard to "resist not evil"—if a person is *for* "evil" or against, by the focus of attention, energy is fed to the subject, whatever it might be. So... whether we are for or against something, we keep it alive, so we're for it either way. It is best to focus elsewhere, hopefully on good, uplifting and positive things. Love to all. Dennis Chase."

---"Dear CAC. Please tell readers they can get *The Pleiadian Agenda* from Bear and Company, PO Box 2860, Santa Fe, New Mexico 87504. Phone 1-800 BEARS. (The address you gave in your Aug. 27 memo is just our home office). Blessings, Barbara Clow. PS: I love Grace. Grace feels like a fragment of me."

---"Hi! Vikki, Avaton and Friends. First, I must add my voice with the membership in welcoming Grace. I am receiving good vibes from her channelings and am very much impressed,---looking forward to a long rewarding association. Thank you. Further, to Paul whose contributions to our cause has been nothing short of outstanding; brought us out of our infancy to where we are now ready to take the next step in consciousness. I can only echo the accolades bestowed upon him by the membership, and wish him many moons in the Love and the Light. Thank you, Paul. One cannot say all that without acknowledging appreciation to you and all those who give so much of themselves in our behalf. To you all, Love, Light and Life. Thanks! George Ware."

---"Sir: enclosed is \$42 for a one year membership/subscription to "Revelations of Awareness" newsletter. I've been reading a friend's copies for awhile, and finally decided to "buy direct"—especially with news of your new Interpreter. I greatly look forward to the "Lessons of Enlightenment" and hope my subscription starts in time to receive them all. Sincerely, Jacqueline Pounds. P.S. I'm really impressed with Avaton's honesty and straightforwardness."

---"Hi Vikki. Hurray for Grace! Welcome to the family of CAC. I am looking forward to the new "Lessons of Enlightenment". Will there be an extra charge for the Lessons? Many, many thanks to Paul for his years of service to CAC members. I have been receiving the Cosmic Awareness Communications for

over 17 years. I read each one as soon as it comes and waited with bated breath for the next one. I have passed on information as when needed and gave gift subscriptions to many over the years, hoping they would enjoy it as much as I do and continue the subscription on their own. Also, thank you for answers to two of my questions in the latest issue. Vikki T. you looked great in that dress you wore to the opera on your trip! Keep up the good work! Elaine Squitiero."

---"Dear Vikki. I'm only too glad to pay these dues and postage—for the first time in years there is a breath of fresh air. I took the first Development Classes, and also gave them before I turned them over to Tom McQuay—he gave them until his death. The vibes from that dear Grace are much higher than the first classes. I'm looking forward to them. Love. Muriel Minick."

---"Dear Vikki: Since Paul resigned and Grace is doing the channeling, I must say I am not happy with her political orientation. Her refusal to answer the question as to the extent of the government's involvement, cover-up, etc. in the Oklahoma bombing is the first issue. In the second issue she sides with convicted felon Rodney King and expresses a very Left Wing opinion that he (Rodney) was the victim. She didn't get that B.S. from the Angelic Realm! Her political bent smells of a NWO infiltrator who can attempt to brainwash us. She won't brainwash me one iota, and if she doesn't change her tune I will no longer be a subscriber. Sincerely, C.B. Arbogast, Jr."

Editor's response: Awareness has explained why questions on conspiracies will not be addressed at this time through the Interpreter Grace. The answer focused on the fact that the entity was found guilty of complicity in the bombing and that many lives were needlessly lost in that event. As to your comment on the Rodney King reading, Paul Shockley was the Interpreter, not Grace. If you read the editor's comments, he too disagreed with what "Awareness" stated and how the real point of the question was never addressed at all.—It just kept monotonically beating around the bush for some mysterious reason. (Could Cosmic Awareness be a "Liberal" as well as a moron?)

---"RE Lessons. I love them! The message/channeling comes through very well; the words read very clearly to me. I really appreciate the great job Grace is doing. The message itself strikes a deep, and truthful chord within me. I am looking forward to the next one. Sincerely, Michael Hannah."

---"Dear Vikki—I had decided not to renew—too much negative stuff—no need for all that! However, Grace is a breath of fresh air—so sorry I'm late. Here is my renewal. Love to all. Yvonne Meyer."

---"Dear Vikki T, I will not be renewing my subscription to "Cosmic Awareness" since I will be doing extensive traveling in the near future. Later, if possible, I will renew just to hear Grace's wonderful, positive, spiritually-uplifting words!! (After so much negative writing, fear-filled reports in the past.) Sincerely, Madonna Black."

---"To CAC. Enclosed is a check for \$80. Please send me 6 quarts of Silver Wain Water. Thank you for keeping your prices reasonable! When you live on disability or Social Security nowadays, it's hard to afford vitamins and all the good things for our bodies. Gratefully, Arlene Root."

---"Hi 'Ya'all—Got my dues notice—so sending in my one year subscription *now*—this is one publication I don't want to miss a single issue! Have enjoyed it all—even Vikki's trip to the opera. What an experience for you all! Thanks to Avaton for the great write-up and full page picture of the ravishing "Miss V"! Please tell the new Interpreter "Welcome Aboard!" And tell Paul "Thanks" for a time well served. Keep up the great

work! My thoughts and prayers are ever with you all!
Dorothy Smith."

---"Hi Vikki. I will be able to send the poverty level amount (again) within the next month, or, if I get a job-- (I'm trying...I really am!) I'll pull my full weight for a change. If you can keep me on the list I'd appreciate it. I really like Grace and the new area under examination she brings. I've been working with the "Right Use of Will" books (channeled and written "God in the first person") for a long time now and they are *all* about the critical importance of the emotions/feelings (the Mother aspect of God according to...well, 'God') and the misunderstandings surrounding them. It's interesting to say the least (and exciting) to see Awareness through CAC break suddenly full scale into this. It's quite a validation for me re Right Use of Will as they have been quite controversial in my experience. Thank you. Bill Teague."

---"Dear Vikki. It had gotten to the point that I would skim through the newsletters that would come, occasionally I would read an entire section, but mostly I didn't. They made me depressed. I felt like I had quit growing and was just getting more and more paranoid. I know how much Awareness has helped me in the past and how much I love and admire you guys—so I didn't want to give up. Thank goodness I didn't! I have finally read my first issue from Grace. The Lessons of Enlightenment give me *hope*. The sincerity of Grace really touches me. I feel an excitement similar to reading the Spiritual Development Lessons from the past. I feel I'm on my way again. We all know the conspiracy stuff—so does much of the rest of the world. I think Awareness through Paul helped bring that on. I agree that we need to dig deeper and through our own actual awareness of our God-selves we can conquer, or rather negate the negativity on this planet. Thanks so much for the opportunity for this feeling. Give Grace Bruce and my love and support. I'm finally excited for the future again. Thanks also for asking the question about Chelsy. I'm looking forward to the reading. Vicky Giles."

---"Vikki T. Are you guys psychic or what? I was just thinking of you this weekend when I came across some of my back issues of Cosmic Awareness, and then your card arrives. I'm glad to see that you guys are still alive and well and haven't been abducted by aliens, men in black or the bad guys from Washington, District of Criminals! But I do like Cosmic Awareness when it addresses the real issues confronting most people, as I have stated in past communiques. Enclosed is four bucks, send me whatever you can, especially the price of subscription and your book list. It's hard to believe that this many years has passed since receiving my last issue of CA. I guess time does fly when you are having fun, or else I was abducted by aliens! Go figure! Thanks for the post card and I look forwarding to re-subscribing. David McClellan."

---"Hi Vikki, I am speechless! Your home page on the Internet is dazzling! The photos, the arrangement, the link, the products, the access to an index and back issues, it is so complete. I can't wait to show Ron. I was the 11th visitor. Thanks for the Wain Water info. Ron and I are fans of Wayne Rowland. We heard him speak at the New Science Conference in Denver, Oct. '96. He inspired us to do a parasite cleansing. We did the 90 days small parasite detox, and now we feel we're ready for the Worm Squirm. So we are gathering supplies, and the Wain Water is an essential part of the program. Thanks for offering it so reasonably! I am so happy and proud to be part of the CAC network. Lenore."

---"Folks. Thanks for all the info you have published about children and the need for good role models. As a result of the wonderful

publicity and the Academy Award for the much acclaimed movie "Fargo," a group of us gathered at a home to view the video. Although we were positively impressed with the outstanding acting of all the characters, we were appalled by the continual scenes of extreme bloody violence, the exhibition of a lack of language skills with the continual use of foul language, and explicit acts of sex that really had little to do with the theme of the story. Are these the kinds of films we feel our peers and our young people should experience as role models of a lifestyle? This is not the type of film we could recommend for any age group, but we are especially concerned about the unhealthy exposure it presents to our children. I wish everyone would read what your Awareness newsletters say in regard to raising children and the need for real role models with a sound spiritual base. Marjorie Hathaway."

Ed's Response. I agree completely. "Fargo" is supposed to be a true story, but that's no excuse. Hollywood and TV could take just about any of the many lurid stories you read in the papers today and sell it as a movie that supposedly reflects the "American way"—and actually, they repeatedly do so! The question is why? And where are the real critics, discerning critics with values and awareness. Shame on Siskel and Ebert for voting that low consciousness piece of crap the "best picture of the year."

Well, that's enough letters, gang. They give you a good idea of how you feel about Grace and other things. Keep 'em coming, however! We like to check the public pulse now and then. One thing I should mention: the gun-grabbers tried a sneaky new approach, a test, here in Washington this fall with an "innocent" initiative that supposedly would keep children from accidentally shooting one another; all guns must have a "trigger lock" which essentially made them useless if anyone had to protect their family from intruders. The fine print required a 6 week course in gun training, an expensive yearly "permit" and national registration and more, felony offenses for non compliance. Bill Gates and his old man put up millions to support this insulting initiative (shame on you, Bill, you ignorant nerd. Start reading conspiracy.com. After all it's on *your* Web!). Anyway, the vote was overwhelmingly against this initiative, the worst defeat of any initiative in history. The people sent a very, very strong message to those would-be oppressors. (People *are* aware of conspiracies and they *are* displaying their power, and another reason the NWO is failing).

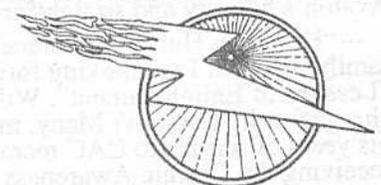
Try to catch our Washington State's great football team playing Michigan at the Rose Bowl in January. Everyone thought the U.W. Huskies would go to the Bowl again, but the Cougars beat them out—their first Rose Bowl in 67 years.

From the joke line on the Internet Vikki subscribes to:

True story remembered by Michael. "Back when Nixon was running for president I was driving on the highway. There were of course billboards lining the highway, one of which read, "One out of every three adults has a mental disorder." The very next billboard read, "Nixon's the one."

An elderly couple has their annual medical exam the same day. The doctor said to the elderly man, "You appear to be in good health. Do you have any medical concerns you would like to discuss with me?" "I do in fact," said the man. "After I have sex with my wife for the first time, I am usually hot and sweaty. And then, after I have sex with my wife for the second time, I am usually cold and chilly." "Very interesting," said the doctor. Let me do some research and I'll get back to you. After examining the wife, the doctor said, "Everything appears to be fine. Any questions of concern?" The lady said no. The doctor then asked: "Your husband has an unusual concern. He claims that he is unusually hot and sweaty after having sex the first time with you and then cold and chilly after the second time. Do you know why?" "Oh that old buzzard!" she replied. "That's because the first time is usually in July and the second time is usually in December!"

Well that's it for now, gang. Happy holidays! Yours in the service, Avaton.



PS. Here's the shoulder patch illustration mentioned on page 2.