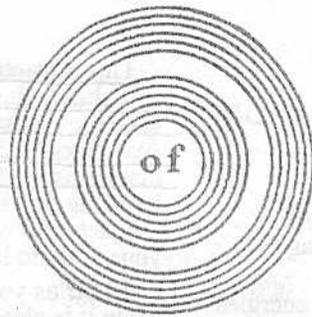


# Revelations

The Cosmic Newsletter

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# Awareness

COSMIC AWARENESS COMMUNICATIONS  
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Helping People Become Aware

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Celebrating our 26<sup>th</sup> Anniversary



**IMPORTANT!**

Please see page 19 for an important announcement regarding conspiracies and the Lesson of Enlightenment enclosed with this mailing.

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## Some Bible Mysteries Explained

The Karla Fay Tucker Execution

The Psychology of the School Yard Bully

## HOW TO DO A WHITE LIGHT HEALING ON YOURSELF OR OTHERS

### Question:

Awareness, we're here to resume the general CAC readings. Does Awareness have an opening message?

#### COSMIC AWARENESS:

This Awareness wishes to send further healing energies to the Vikki T. This Awareness suggests that the energies yesterday were those that helped bring White Light healing energy to the entity but did not reach deep into her physical form. This Awareness wishes at this time to gather energy for this purpose. (long pause)

ED's Note: Vikki was starting to come down with the flu and it was evident that we would have to cancel the sessions, since she was an important and necessary energizer. Awareness picked up on this and in the session the previous evening, interrupted the questioning and gave her a healing that reversed the symptoms and provided enough energy to enable her to continue. This Opening Message is a continuation of that healing.

This Awareness indicates that the energy has been gathered. This Awareness asks the entity Vikki T. to visualize this large White Light energy as hovering above her as this Awareness pulls it down, covering her form. This Awareness indicates that *It* now wishes to pull this energy through the crown of her head, down into the inside of the skull; this as White Light energy coming in through the top of her body, through the top of her head.

It is flowing in bright shiny energy. This Awareness indicates this is now approaching the level of her eyes and moving down into the level of the cheeks, down through her head; this White Light energy is cooling those hot spots and warming those spots that are cold, and bringing healing energy to the entire face, to the entire head; the head being filled with White Light energy.

This is as an extremely high vibration that gives vitality and energy to this area of her body, to bring about a curing of the problems related to the general head area, in regard to the cold, in regard to the throat. The White Light energy now touching the area of the throat, moving into the tissue, moving into the tissue of the throat, healing those swollen areas, that swollen tissue, moving deep into the tissue of the throat, spreading deep into the tissue.

This has now filled the area of the throat and the Light Energy continues to permeate and move down through her body, through the shoulders and on down through the chest and on down through her body, filling the entire body with White Light energy.

This Awareness indicates that the aura of White Light around her, and permeating into her body, as that which now begins its healing action upon the cells, upon the atoms and on the space between these atoms of her body which are inhabited by her consciousness. This Awareness indicates that these energies shall continue the healing action as this reading progresses.

This Awareness indicates that she needs not give further thought to this as this will continue. This Awareness suggests that entities may use this healing or a similar approach to healing themselves when they have a cold, or tiredness or weakness of energy. It can be even effective in more serious types of illness. It may not be the absolute and final cure for their certain type of illness, but it can go a long way toward helping an entity's immune system and with the proper visualization of the White Light energy permeating the cells and atoms of one's body, it can do miraculous types of quick healing for entities.

This Awareness suggests that it is simply a matter of visualizing the details for a long enough time to experience the reality of it on a subconscious level and this Awareness indicates that the subconscious cannot distinguish between visualization and imagery. Therefore, by using this kind of White Light healing, it is as though you actually were drawing a White Light energy into your body to heal it.

As far as your subconscious goes, it is absolutely fact, when it is clearly visualized. This Awareness suggests that the questions for the reading may now begin.

## PAT ROBERTSON AND HIS CHRISTIAN MOVEMENT: IF HE WERE IN CHARGE WOULD IT BE AS REPRESSIVE AS THE NEW WORLD ORDER?

### QUESTION:

A question from Amelita C., in Honolulu, Hawaii, who wrote a long rambling letter after she received the New World Order issue, agreeing with the points brought out. I'll read a little of this because it leads up to the question. She writes: "And concerning sending this information to Pat Robertson, and those like him, I feel that he and those so-called Christians like him are in the same class as those Global 2000 oppressors.

"Theirs is just a different form of religious oppression, for if he was the President of the United States everybody would have to conform to his religious ideas and restrictions and life would just proceed under a different form of oppression..."

#### COSMIC AWARENESS:

This Awareness indicates this is quite true in terms of probability. This Awareness indicates that were the Christians to have absolute control, the tyranny that would follow would be that which would be intolerable to most entities. This Awareness indicates, however, that you must also recognize that wherein there is a New World Order being prepared, it will need certain entities as victims, and it appears that the Christians, being the most outspoken opponents of the New World Order, may be made to be the scapegoats of that New World Order, and therefore, victims of the New World Order, and being thus the case, they have much to lose.

This Awareness suggests that if this is so, then they are likely to be strong allies to those who would oppose the tyranny of the New World Order, even though they might be worse if they were given absolute control. This Awareness does not advocate giving them absolute control, but does suggest that they should not be put into a position of being made scapegoats and victims in order to give the New World Order advocates their absolute control over these entities.

This Awareness indicates that in other words, by keeping power limited, by hindering the rights or abilities of anyone to have absolute control over others, the chance of a balance that benefits everyone becomes greater. This Awareness indicates if you have two enemies and they are both potentially dangerous to you, but they are also hostile to each other, it is sometimes helpful to have one of those enemies more friendly to you so that you help it in its conflict against its other third party enemy, so that the third party enemy, which may be the stronger of the two is weakened by having to confront not only yourself, but also your allied entity who is also enemy to that third party.

This does not mean you would need to absolutely trust the ally any more than the United States could absolutely

trust Stalin during World War 2, but it was a situation in which the United States needed to have an alliance with Russia during World War 2, in order to defeat a very powerful Nazi movement in Europe.

This Awareness suggests the question continue.

### Former Good Catholic Has Lost Faith in Christianity

#### QUESTION CONTINUES:

Yes, she goes on, referring to Pat Robertson. "After all, his main objective is the same as the Global 2000 group, and that is the power to control people's lives and also their thoughts." Now here's her question: "As you can guess, I have lost faith in Christianity and no longer consider myself a Christian or a Catholic, the religion I was born into.

"I believe in God above and pray to him and my guardian angel at home and have given up going to a church of any kind. Does Awareness have a comment on this?" she asks.

#### COSMIC AWARENESS:

This Awareness indicates that spirituality can be just as effective and sometimes even moreso without religion; religion being the structure that was intended to channel spirituality to people. This Awareness indicates that the structure often becomes an obstacle to entities' experiencing the spiritual life. The structure often becomes nothing more than a series of words and deeds and rituals to hold entities together as a unit for the purpose of furthering the structure.

#### A Church Not Required for Entities to Have Spiritual Experiences

Often the church is the object of the structure rather than the spiritual message and spiritual experience. This Awareness indicates that one does not have to belong to a structure or church to have spiritual experiences. This Awareness indicates, however, if one is seeking to help spread spiritual energies, it is sometimes beneficial to create a structure that channels those spiritual energies. The difficulty is keeping the structure pure so that its purpose is not forgotten, so that it does not become the greater focus.

This Awareness indicates it is likened unto a telephone which is designed to carry messages. The structure is the telephone. The message goes through the telephone. If one begins to think more in terms of protecting, maintaining and gaining money in order to keep the telephone or get in more telephones, to the point where the messages are not the main purpose, but a bank of telephones becomes the main goal, the main purpose, because they are making money, then one has lost sight of the original purpose and intention.

This Awareness indicates therefore, religion, likened unto this allegory or metaphor, sometimes focuses more on the needs of the church, on creating more churches or going out and getting more support for entities and sometimes fails to give the message or gives messages that are designed to further the church rather than to present a spiritual message needed by the people.

This Awareness indicates that therefore, *It* understands what you are experiencing and sees this as a natural reaction to religion when an entity begins to become more aware. This Awareness suggests, however, that you not be too harsh in your criticism of your previous religion because during the Age of Pisces, entities by nature tended to focus more on material things than on the unseen spiritual world, and of concepts and experiences dealing with those things of the heart.

It is only now that entities are becoming sensitive enough to look beyond the structure at the essence that

has been carried by religious messages and spiritual teachings. This Awareness suggests that it is good that you are embracing the spiritual information available, and not the structure that has been so long grabbed and used by entities who carry the flag of religion instead of the spiritual experience.

### HOW DOES ONE TELL WHICH PARTS OF THE BIBLE ARE TRUE?

#### QUESTION:

We received a series of questions from Dale H. a professional engineer, Saint Petersburg, Florida, that all hinge upon the Bible. And he writes: "I have more questions enclosed. These I have pondered over for 10, these 20 years. I would surely like to have some answers to them." And let's see, we'll start with this one:

"I understand that some portions of the Bible could be taken only symbolically or as the opinion of the writer or as related to ancient customs that do not pertain to use today. Also, that other portions of the Bible are to be taken as absolute literal truth, as for one example, the locations of ancient cities derived from Bible information.

"My question is: How is a clod like myself to determine which portions of the Bible are to be taken as absolute truth and which parts are to be taken as interesting or inspirational reading?"

#### COSMIC AWARENESS:

This Awareness indicates that it can become extremely difficult for an entity to sort out, if one uses only Biblical information exclusively, what is to be taken literally and what is to be taken symbolically. This Awareness indicates that there are many things in the Bible that have been lifted almost verbatim from earlier books and writings of other cultures.

This Awareness indicates that the entity Sitchin, in his Earth Chronicles series, discusses some of these Biblical messages that are lifted directly from earlier Sumer writings or writings from Ur, or other cultures. There are also other books such as "Deceptions and Myths of the Bible" by Graham, which lists the plagiarism of Biblical references as having been taken from other writings of other cultures of earlier times, and the entity shows the parallel of these writings and how they were lifted and put into the Bible.

The same is so from the book "The World's 16 Crucified Saviors Before Christ." This Awareness indicates that it is subtitled "Christianity Before Christ"; that this also is one which shows earlier writings, and how Biblical scholars had plagiarized these earlier writings and put their information, sometimes quoting it exactly, sometimes altering it slightly, into Biblical passages. This Awareness indicates that this cannot easily be separated by a single individual, for much of this work has taken place over many years by many individuals and through much lifetime dedication of these entities.

Fortunately, most of them spending a lifetime of research to find some little bit of information, put it into a book or give it to some body of science so that their findings can become researched later by scholars who are objective and not subjective in their work, and one can gradually, by studying the works of some of these scholars, begin to see the connection between the writers of the Bible and many of the works of earlier cultures from which the Biblical writings have been lifted.

This Awareness indicates in other words, it soon becomes clear that the Bible was written by, probably in most cases, priests, who were scholarly in their work, and who were discerning in their observation to gather material that would compile a cultural center of knowl-

edge or book of knowledge for the Hebrew race, or Hebrew cultures.

This Awareness indicates that in this action, the Bible was constructed from writings around the then known world, from writings of then known ancient civilizations, gradually pulling together and assembling these writings into a volume of collected material from all over the then known and earlier known worlds and cultures.

**The Big Biblical Deception: That it Was Written by God**

This Awareness indicates that the deception that followed is not so much that the information in the Bible is not what it is purported to be, the deception is that entities in writing the Bible and promoting the Bible have often claimed it was written by God. This is a way of saying that something was created artificially, but attributing it to nature or to the Divine Creator in order to give it greater credits.

This Awareness indicates it is likened unto saying the F-46 fighter plane was a creation of God, that in fact all of the military weapons this country owns were created by God. It is just as true to say this, as it is to say that the Bible was God's written word. This Awareness indicates that mankind, various engineers and various mechanics and planners created these weapons of war, but since all of the parts that went into the construction of these weapons was created by nature originally, one can say that nature or God created the weapons of war.

Didn't God create the metal that is used in this weapons? Didn't God create the chemicals that are used in making the fire-power for these weapons? The argument is truthful in a twisted way. Likewise, to say that God wrote the Bible is true in a twisted way in that God created the entities in ancient Sumer who wrote their history in accordance with their perception, who wrote information and messages that they believed to be important and valid.

The story of Genesis was given to certain people through word of mouth and eventually someone wrote it down, and eventually it was translated into Hebrew and made part of the Bible, and other stories from other cultures were also written down by various people and the various people allowed some of these writings to escape their control and go to other places where they were found by scholars, by priests, who thought them to be interesting and brought those parts of information from various cultures together and put them into the pot-luck that became the Bible.

This Awareness indicates that as these entities gradually assembled more and more material that would eventually be edited and rewritten in some cases, or added to by scholars, the Bible began to emerge as a work of art. This Awareness says a work of "art" rather than a work of "God".

However, this Awareness indicates also that from another point of view, since all of these entities who contributed remotely from ancient times up to that present time, from various cultures far and wide and from the immediate translations of scholars and rewrote passages to make them track better with other parts of the work of art, the entities, all who contributed, remotely or directly, *were* creations of God.

The paper or papyrus or whatever material was used in the earlier writings was also created by God or nature and the work of assembling the material by a group of men who are also creations of God, therefore, one could say that the entire Bible was a creation of God, just as the airplanes that make up your military might are likewise creations of God.

This Awareness indicates that with this understanding, you can look at the Bible more objectively, and this Awareness suggests that many of its parts came from various other cultures and were assembled and brought together into a collection of writings that became suitable and adopted by the Hebrew society, and was added to by those who collected information and writing for the New Testament.

This Awareness indicates that of course the Bible as originally written was rewritten under King James' directive so that it was changed in the 1600s, and became a totally different book with similar messages to the original, but with a somewhat different way of presenting those messages. This Awareness indicates since the King James' version it has been rewritten; approximately 7 popular versions have been presented and there are many others that did not receive popularity and many of these new versions are the works of various scholars who interpreted things somewhat differently, yet the similarity of these various writings carried through to some degree as quite close in meaning.

This Awareness indicates that in other words, you cannot think of the Bible as truly a written message from God unless you clarify your meanings to include the reality that it was written by men or women and you can also state that perhaps they were inspired by God in their work, but even that is questionable, for that is not known. There is little known about these priests and creators of the words used in the Bible.

It is hoped that they were inspired by God. This Awareness indicates that it is really no problem for entities who don't take the Bible as being absolute. Likened unto the song: "It Ain't Necessarily So", the things that you are likely to read in the Bible ain't necessarily so. This Awareness indicates that if you do not take it as absolute truth in the way that most Christians insist it be taken, then you do not have a problem, but if you had been taught it is an "absolute truth", you may want to explore further, to find out where these various parts of Biblical messages originated before you come to a conclusion that it is, or isn't true.

**No Point in Re-Inventing the Wheel**

This Awareness indicates that there are other writings and research that entities have spent their lifetime doing in this regard, and this Awareness does not suggest that you should spend your lifetime trying to determine what parts are true and what parts are not true. Until you check out what others have already done, there is no point in creating the wheel. There is no point in researching that which has already been researched by others and can be checked out, when you study their material in regard to what they say they have found.

It is much easier to check the reality of a researcher's references and find out if indeed he or she is accurate on his or her references, than to find those references from scratch. The entity who shows that a particular Biblical reference comes from some Akkadian or Sumerian culture will save much of your research, maybe years of research for you to re-track and find that same passage.

Therefore, if you wish to save time and energy, perhaps lifetimes of energy, it is best to find out what the scholars who have already done research have to say about various passages, where they originated, and once you have done this, you do not have to research, re-research the same passage to find its origin. All you have to do is check to see if the researcher did his work with accuracy.

This Awareness suggests therefore, the works of Zechariah Sitchin, the works that were described in the earlier part of this message. The entity Graham, in his

"Myths and Deceptions Of The Bible", the entity Kersey Graves, who wrote "The World's 16 Crucified Saviors Before Christ. \*

\*CAC keeps these books in stock at all times. Please refer to Book Catalog Price sheet.

This Awareness indicates there are several other books from the Health Research organization that also have much to present in regard to Biblical research by scholars, showing for example, some of the origins of passages and how these origins were brought into Biblical construction, also showing how some of these passages are inconsistent with each other.

#### Why the Bible Spawned so Many Different Churches

This Awareness indicates that indeed, there are many inconsistencies in the works of the books and information within the Bible, and there are many messages that are clearly contrary to others in regard to what is right and what is wrong. The morality which the Bible teaches has counterpoints that would cause one to become extremely confused if one did not simply discard some passage in favor of others. This is why there are so many churches, because one church will pick out a certain group of passages, emphasize those and discard or ignore others, while another church will emphasize other passages and the two churches can have quite different belief systems, even though they both claim to be following the Bible.

#### "Thou Shalt Not Kill" Contradicted Many Times

This Awareness indicates for example, there is the passage that says: "Thou Shalt Not Kill." Yet, there is also close by a passage that says: "If your wife is not faithful to you, put her away!", and it often refers to killing someone who is not following the principles that are being taught and it teaches this or presents this in a way as to show that this is all right to kill someone who is not righteous in terms of the principles that are being presented.

This Awareness indicates that it leads entities to where they recognize a conflict and some have argued that because there is this conflict in regard to messages of killing, that what the commandment really means is that "Thou Shalt Not Murder!" This Awareness indicates yet, at the same time, these same entities, when confronted with other passages of the Bible will tell you: "Don't translate or don't interpret the Bible! Take it literally!"

It is indicated that they have "interpreted" the passage: "Thou Shalt Not Kill!" to mean "Thou Shalt Not Murder!", but at the same time, they have indicated that you are not to interpret. You are simply to take it literally, whatever it says.

#### That Angel Standing on the 4 Corners of the Earth

For example, when the angels stand on the 4 corners of the earth, you are to take that literally, that there are 4 corners of the earth. The fact that they have never been found and that science and that the experience of millions of people suggest the earth is a globe, a sphere rather than a block or cube indicates that the Bible is totally wrong, if you take it literally, or that it needs to be interpreted and that the 4 corners of the earth are simply metaphorical references to directions: North, South, East or West.

This Awareness indicates there is so much in this regard that creates inconsistencies and questions, but of course if you are one who subscribes to the Christian doctrine, you are not to question anything, you are simply to listen to the fathers of the church, the teachers who tell you what to think or what not to think, and if you read the Bible, you are not to think about what it says, except as indicated by the church.

You are a Candidate for a Cult if You Take the Bible Literally

This Awareness indicates that therefore, it is suggested that those who seek to take the Bible literally, and to the exclusion of all other knowledge will find themselves being a perfect candidate for a cult that they can fit into. This Awareness indicates that those who wish to think freely may study the Bible and also study the origins of the Bible, and gain much understanding from the ancient wisdom of the various priests who presented information that went into the compilation of the Bible.

#### Saint Paul's Homosexual Suggestion to Men

##### FOLLOW-UP QUESTION:

That explanation wrote off a good percentage of the questions he sent in, but I'll ask some of these that have more historical figures in it. For example, his question here: "Paul says that it is best for men not to marry, that that would be the ideal condition. What then? Would there be no family life as we know it and consider to be a very desirable existence?"

##### COSMIC AWARENESS:

This Awareness suggests obviously, the entity Paul was either advocating mass-fornication or the end of humanity, for without sexual union between male and female, human life would soon cease to be. This Awareness indicates that without marriage, the sexual union could only exist through fornication. This Awareness suggests that Paul apparently did not think things through thoroughly.

##### FOLLOW-UP QUESTION:

There's a school of thought that Paul was a homosexual, and that's why he put out a philosophy like that. Is there any truth to that?"

##### COSMIC AWARENESS:

This Awareness indicates that this is too far in the past to concern oneself with; that this may be an explanation for his hostility toward women. It is not necessary for entities to label the entity. This Awareness suggests however, that if a label is demanded, that in all probability the entity was homosexual. This Awareness indicates however, that *It* does not wish to be on record as saying so, for this kind of statement in your publication can become quite inflammatory in the wrong hands.

#### Why Did Jesus Convert Paul on the Road to Damascus?

##### QUESTION:

Another question: "Jesus confronted Paul, one of his worst persecutors on the road to Damascus and converted him. Why Paul? Why did not Jesus convert others who persecuted him, or all of those who persecuted him?"

##### COSMIC AWARENESS:

This Awareness indicates that it is indeed a puzzlement how entities can, in their movement through life, meet another who is a persecutor and yet be very gentle and understanding and caring about such an entity. This Awareness indicates that there are many kinds of enigmas that occur in different lives and the story of Jesus in this instance presents a question as to why he was understanding of someone who persecuted him.

This Awareness indicates isn't this, according to the story, the very nature of this entity to be forgiving and to want to help the entity to make friends of enemies. This Awareness indicates that perhaps whoever wrote the story did not see this occur in other places, or hear of the tales of this kind of forgiveness by the entity in other instances.

Perhaps there were other instances that are not known about. You have a very small fragment of information on the life of Jesus in the stories written.

## "I Come Not to Send Peace, but a Sword"

(Warlike Statements From the Great Peace Maker)

### QUESTION:

Another question. Some of this Awareness has covered in the past, I'm sure. He writes: "Jesus has been proclaimed as a man of peace, a peace-maker, a man to bring peace to the world. If so, then why did he say the following?:"

"I came not to send peace, but a sword. For I am come to set a man at variance with the father, and the daughter against her mother."

"He that hath no sword, let him sell his garment and buy one."

"But those mine enemies, which would not that I should reign over them, bring hither and slay them before me!"

And another question: "Why did Peter have a sword to enable him to cut off the ear of the high priest's servants?"

In the Gospel According to Thomas, Jesus said: "Whoever doth not hate his father and his mother will not be able to be a disciple to me." And Dale says, "I have difficulty understanding why a peace-maker would say this!"

### COSMIC AWARENESS:

This Awareness suggests you have focused on a reality that the religious churches prefer you not to notice. This Awareness indicates that there are many inconsistencies throughout the Bible, wherein certain things that are promoted by one religion as being the example or being a fact, can be found by another scholar or prober into biblical Scripture to be inconsistent, to have inconsistencies.

You have found one of the inconsistencies. This Awareness indicates that anyone who claims to be a pacifist, who is without violence, would not condone having a right-hand man use a sword or carry a sword.

The words of Jesus in referring to the break-up of families in order to gain followings of entities is that of a radical. It is the kind of thing that would be said by someone like Malcolm X., or someone who is trying to make people turn against tradition and come into a new movement. This Awareness indicates that it is not someone who is promoting the comfort of society, the peace-making of individuals in a society, but one who wants to turn one part of society against another, members of a family against their parents or against each other.

This Awareness indicates that these are inconsistent with the concept that he indeed was a peace-maker. This Awareness indicates it is likened unto saying that the certain type of missile that was set up in Europe to serve as a peace-maker to keep Russia from launching an attack; the name as that which does not fit reality. It was a defensive or offensive weapon, and it was not what most people would call a peace-maker.

This Awareness indicates that likewise, to call an entity a peace-maker when he is disrupting and tearing families apart in order to gain followers is not actually a correct terminology. This Awareness indicates however, that you must also realize that one can be a peace-maker at one time in his life, and a radical at another time, and perhaps at the time, he was a peace-maker; he was not involved in taking entities from their families or turning them against each other.

### Was it Jesus the Man or the Christ Speaking Through Jesus?

This Awareness indicates of course, there is an entirely different level that applies in this question also. Keep in mind that the Christ which spoke through Jesus the man, sometimes gave certain information and sometimes the

man Jesus gave information. In this case, was it the man Jesus who was turning members of families against each other, or was it the Christ speaking through Jesus that gave this message?

This Awareness indicates that again, these ancient writings having been translated over and over down through the years by many entities, may have been distorted somewhere to create some of these inconsistencies or to make it more difficult to sort out the real statement attributed to Jesus.

This Awareness indicates it is therefore suggested that anyone who takes the Bible as absolutely correct on every page, in every sentence, in every utterance, is deluding themselves. After all, the book is almost 2000 years old, and how many books have been translated as often as this for 2000 years and kept to its original meaning?

This Awareness indicates also, many of the messages within the book date back 20,000 years, and these too may have been mistranslated from ancient languages, as they were brought into the Hebrew language, or the Greek language or the various languages and cultures that followed.

## Finding The Christ Underneath a Stone: What is the Meaning?

### QUESTION:

Another question from this entity. He writes: "The Gospel of Thomas has used the saying: "Cleave a piece of wood and you will find me there! Lift up a stone and you will find me there." And he says: "I can find no meaning or sense out of this! I like information, but I do not like statements that are meaningless to me.

"Would you explain this for me please?"

### COSMIC AWARENESS:

This Awareness indicates that the entity is saying exactly what this Awareness has been saying, repeatedly, since *It* began channeling; that Universal Consciousness or Christ Consciousness, or Divine Consciousness is everywhere present. It is a frequency, a vibration that permeates the entire universe.

This Awareness indicates that the Christ Consciousness was speaking through Jesus at the moment of these utterances: "Pick up a stone, you'll find me there." You will also find him or it, in the stone. It will also be above the stone. It will also be in the air you breathe.

The Life Force, the Christ Light, the Vibration which in Biblical terms is also called "The Word," was the beginning, and it is also the end of all things. This vibration that is of the highest, in reference to Universal Consciousness, in reference to Divine Consciousness, is everywhere present.

It doesn't matter whether you pick up the stone or not. You should know it's there. You should know it is everywhere!, and this is the Christ Light. It is the Christ Light that spoke through Jesus, the man.

### Jesus the Man Explained, but Little About the Christ

This Awareness reminds you that Jesus spoke to his disciples clarifying: "Whom do they say I, the Son of Man am?" He was making it clear that he was speaking as Jesus at that moment, for too often, they took the Christ speaking through Jesus as being him, and he did not want them to think that he was asking, as the Christ: "Who do they say I am?"

This Awareness indicates that regardless of his efforts to make a distinction between himself as the Son of Man and himself as the Son of God or the Christ as the Son of God, the church and the promoters of his work still confused the two as being one and the same, so that Jesus

was credited with all the work of the Christ, and the Christ was never explained clearly.

It was as though Jesus gained all of the glory from the work of the Christ that acted through him because of the church and its way of promoting and presenting the messages. This Awareness indicates of course, the church perhaps, probably did not understand this principle enough to perceive that there was a distinction between the two: the Christ Consciousness and the human consciousness of the man.

### The Beatitudes: "Blessed are the Meek"

#### QUESTION:

He goes on: "Likewise, it is hard for me to understand some of the Beatitudes. For example: "Blessed are the meek, for they shall inherit the earth." It seems to me that there are many meek persons who do not come close to inheriting the earth.

Also: "Blessed are the poor in spirit, for theirs is the Kingdom of Heaven." Why should we be blessed for being poor in spirit?" he asks.

#### COSMIC AWARENESS:

This Awareness indicates that the entity was simply showing that the Christ Consciousness loved even those who were weak in spirit, loved even those who were poor and meek in their expression. This Awareness indicates that it is much the same as earlier messages given by this Awareness through Ralph Duby; that this Awareness cares for those who are downtrodden, for those who are deserted, who are lonely.

This Awareness indicates *It* does not ask that these entities be big, special, strong or in great wealth or health. *It* simply presents *Itself* to them, giving them *Its* Light and *Its* Blessing. This Awareness indicates that likewise, the Christ Consciousness blessed the meek and offered them the world; even if they could not take it, it was theirs to have.

This Awareness indicates that to say one "inherits the world" means that it is given to them by some decree. This Awareness indicates that to say that one is "blessed" indicates that an entity is loved and that there will be rewards for the entity, even if the entity is weak in spirit. This Awareness indicates that it is likened unto telling the derelict on skid row that "Jesus loves you!"

This Awareness indicates that it is likened unto saying: "God loves you, regardless of your downtrodden situation." It is simply a phraseology, a message presented by the interpretation and understanding of some priest who wrote of Jesus and experienced a kind of psychic understanding of the entity, some time after the entity's death.

You must remember that these New Testament books were written many years after Jesus's crucifixion, according to the story, and the books of the New Testament are not written by God's finger, or some absolute witness to everything that was said. They were written by individuals, who, trying to remember 30 years back, or to put into suitable poetic form the essence and feeling of what was experienced in knowing this man or a representative of this man.

#### The Jesus of the New Testament was a Composite

This Awareness has also given information that Jesus, in accordance with that image of the man presented in the New Testament, was a composite of several entities, and the entities' writing of this man, this composite, may have had certain experience with one of the entities who made up that composite, or may have simply tuned in to the entity, with the understanding that this is what he would have said: "Blessed are the meek, for they shall inherit the earth."

This Awareness indicates the writers of the texts of the Bible were Hebrew priests in most cases. In the New Testament they were still very much likened unto Hebrew priests, many of them being Essene priests or individuals who were taught in letters and taught in poetry to be able to write in a phraseology akin to that which later became famous through Aristotle's work, whereby there were tricks in rhetoric that helped the entities to present their messages poetically.

#### No one Took Shorthand to Record Sermon on the Mount

This Awareness indicates the Beatitudes, the Sermon on the Mount; these messages were written not by Christ, but by entities who perhaps remembered generally the essence of the message and put those messages down on paper the best they could remember, while also making them as presentable as possible.

This Awareness indicates it was not as though someone sat there taking shorthand to get the message from the Sermon on the Mount, it was more like trying to remember what the entity said at a later time, and trying to write it down. You must remember that there were no pencils even at that time. They used ink and papyrus at best, or probably more likely, wood carving or some kind of marking action on a receptacle to present an idea.

In other words, it could not easily be taken down at the pace of speech that an entity present at the time of the message, unless the entity speaking spoke extremely slow. This Awareness indicates with this understanding, you must also realize that the entity who finally did write down the messages, constructed them from memory, or from the understanding of what was probably said, or how it was possibly said, using his or her own interpretive skills and writings skills to make it as presentable and acceptable as possible.

In other words, the poet who wrote the material and attributed it to Jesus, was the real author of the Sermon on the Mount, even though Jesus may have given the essence of the messages.

This Awareness indicates if you do not understand this, go to someone who is making a speech and try to use some kind of feather and quill and ink to write and copy what they say. You will find you cannot possibly keep up, and you will also find that if you gather anything from this, it will be more likened unto a memory of what they said; and when you return home, if you wish to reconstruct their speech, you will find it necessary to ad lib some of your own mentality into bringing their speech into presentable form.

### Why Is Christianity With Its Bloody History Portrayed as a Discipline of Love and Virtue?

#### QUESTION:

Another question by this entity: "Why is Christianity and other religions being portrayed as a discipline of love, forgiveness, tolerance, patience and all of the good virtues, when it has such a violent blood-bathed and cruel history, typified as follows:

The slaughter of all male children under two years of age.

The crucifixion.

The martyrdom of the apostles and early Christians.

The crusades.

The Spanish Inquisition.

The savage treatment rendered to natives by explorers to new lands in order to convert the natives away from their "heathen beliefs."

The Bartholomew Day massacre of the Huguenots.

Violence even today between members of various faiths."

**COSMIC AWARENESS:**

This Awareness indicates of course you cannot hold Christians responsible for the persecutions they suffered or for the victimization that was perpetrated against them as individuals or as Christians, but they can be held responsible for those actions and deeds in which they perpetrated violence against others as indicated in the question.

This Awareness indicates that it is essentially not a religion that has had a history of being peaceful. The entities do not always turn the other cheek. They do not always Resist Not Evil. They often confront evil with great hostility, intensity and will to destroy.

**Much Condemnation Perpetrated Under the Name of Christianity**

The question also can be asked: What is it that Christianity sees as evil that necessarily *proves* it is evil? Just because it does not agree with Christianity, why is it always seen as part of the Devil, or evil? This Awareness indicates there is much condemnation perpetrated under the name of Christianity which was not given in the account of Jesus as a quality of this entity.

This Awareness indicates that entities do not necessarily follow the teachings and the example of Jesus while calling themselves Christians. More likely they tend to follow the example of warriors and Crusaders who would promote Christianity at the expense of others' lives if necessary.

**Jesuits Exemplify the Violence of Christianity**

This Awareness indicates that fortunately, there are some who are accepting of the pacifists and peaceful example of Jesus as a person who can influence their lives in this direction. This Awareness indicates however, that it is very clear that from the higher levels of the church, a military type of mentality, especially that related to the Jesuits is a clear testimony of the violence of Christianity.

This Awareness indicates that likewise, the heresy trials and witchcraft burnings in the Middle Ages represented a dark period in terms of the violence of the church. This Awareness indicates there is no reason to trust that the church would not return or resort to such tactics again if given the opportunity, if it had full control over nations.

**"THERE IS NO REDEMPTION WITHOUT THE SHEDDING OF BLOOD"**

**QUESTION:**

Another question from this entity. "The Bible says: "There's no redemption without the shedding of blood." What is the meaning or significance of this remark?"

**COSMIC AWARENESS:**

This Awareness indicates this is based on old cultural concepts that relate to human and animal sacrifices. This Awareness indicates if it were printed in a Satanic Bible, Christians would point at this with great disdain and hostility, showing that Satanism is into human and animal sacrifice. The fact that it is in the Christian Bible will allow it to be interpreted as referring to the shedding of Christ's blood to save sinners.

This Awareness indicates that this becomes the vicarious sacrifice. Instead of slaying animals and humans in sacrifice, the ancient rituals are shifted to that of letting the Christ, the Son of God be slain for the sins of others. It is an allegory and symbol for humanity to replace the sacrifices of animals and humans so that they can get away from human and animal sacrifice and instead accept that the Son of God has already been sacrificed and no

more sacrifice of this nature is needed.

This Awareness indicates it is a good effort, it is a good attempt, and it has had its alchemical effect on humanity to help stop the ritual of shedding blood for ceremonial purposes. This Awareness indicates that in other words, this Awareness wishes entities to understand that there has been some great good that has come out of the Christian religion over the centuries that should be recognized and that some of the symbology used has been beneficial in changing the consciousness of humans, who at a time before Christianity, were heavily involved in blood sacrifices.

**Aquarian Age Will Stress the Spirit Rather Than the Structure of Christianity  
(What to Expect the New Age to Bring Forth)**

**CLOSING MESSAGE:**

This Awareness indicates that the Christian age essentially dominated the Age of Pisces. The Sign of the Fish was the sign of Christianity, and Christianity in Pisces was a time in which it had its greater expression and control. This Awareness indicates that at the end of the Piscean Age, the *spirit* of Christianity, rather than the structure of Christianity is that which can now carry on into the next age, the Age of Aquarius, wherein the true mercy, the love, the emotion and the experiences learned in terms of higher meaning and higher vibrations from the Piscean experience can be carried over into the Aquarian Age.

This Awareness indicates that it is the same as when the Age of Aries, which was governed by the Ram, the lamb of David, the concept of warriors and kings in constant battle with each other; the concept of a god Jehovah who was war-like and violent in picking and choosing his enemies and friends; when this Age of David concluded with the slaying of the lamb and wherein the God of Piscean Age emerged and called himself the "Lamb of God" and allowed himself to be slain as the energies of the two ages merged and the Piscean Age then began to shift, in which the new god was a fisher of men, and the fish became the symbol of Christianity.

The energies from Aries and its opposite which is Libra, were merged into energies that were carried over in Pisces. The energies of Aries and Libra, which ruled the Age of Aries, should be better understood. The sign opposite, ruling an age, in this case being Libra as opposite of Aries, wherein Libra was and is that sign of law and contracts and partnerships and whereby in the Age of Aries, Libra was the contract with God: the Ten Commandments and the Ark of the Covenant; the covenant between God and Man and the agreement between them and the law of the Ten Commandments became a part of the energies that carried from Aries into the Piscean Age.

The image opposite of Pisces was Virgo, the Virgin. The god of Pisces was born of the Virgin. The Virgin is symbolized as the goddess of Virgo which is a symbol for details and for filing and the collection of information and records and in other words, the gathering of the harvest wherein consciousness harvests its crop as time passes and the crop that is grown is harvested.

The priests harvest their information and the priests are symbolized as virgin priests in the church. They are to be virgin in their behavior, and this symbolic representation of the sign of Virgo in its connection with the sign of Pisces ruled the Age of Pisces. Pisces as a water sign, related to the exploration of the seas and the discovery of America.

The sign of the Fish and Virgo priests and the collect-

ion of information associated with the concept of Virgo and all of this harvesting of information and material over the Piscean Age now is being presented to Aquarius. The sign opposite Aquarius, which rules Aquarius, is Leo, and Leo is given as a sign that rules theatre, drama, presentations, demonstrations, packaging and the staging of anything of significance.

Therefore, all of these things that relate to Leo dominate the Aquarian Age; thus you have the stage, the television, the movie and the theatrics on the streets, in demonstrations or the packaging of materials and products by those companies and corporations that present and advertise, and you have the Sports which also are ruled under Leo; all of this is becoming part of the Aquarian Age that rules this age.

This Awareness indicates that likewise, Leo pertains to children and play and competition. It also relates to gambling; therefore, you have lotteries as being ways of raising money by states. You have children and concern for children as being a greater and greater focal point in the news and in life in general.

#### Children Suffered Unthinkable Abuse in Piscean Age

Throughout the Piscean Age children suffered abuse unthinkable without any real attention being given to it. Now this is something that is coming to light. It is being put on stage. It is being presented for entities to look at and realize that this must stop. This Awareness indicates that all of this is an example of the approaching Aquarian age and the influence of Leo on this New Age.

This Awareness indicates Aquarian itself relates to service. It is a sign wherein man pours water to serve others. It is suggesting that people serve each other and that in the serving of each other, there will be a better world evolving. There is much empathy rather than sympathy. Empathy calling for entities to *do* something, not just feel bad, but to do something to help.

#### Aquarius Rules That Which is Weird, Unusual and Queer

This Awareness indicates that likewise, the ruler of Aquarius being Uranus, indicates or in astrology rules the concept of flight, and you have your flight, your airplanes, your trips to outer space; all of this is part of the Aquarius factor in this New Age and likewise, Aquarius rules that which is weird, unusual or queer in nature, so you have the homosexual movement, you have the interest in the bizarre as exemplified by all of the tabloids and the bizarre stories that are presented.

You have a kind of far-reaching recognition and appreciation for things that are different. In the Piscean Age everything had to be the same. Now in this age, everything has to be weird and unusual to be appreciated. This Awareness indicates that the planet of Uranus also is involved in telepathy and altruism and higher mind consciousness, so you will find that entities are becoming or will become more able to communicate with each other telepathically. Uranus also rules electricity and in this age, electricity is dominant.

#### The Deity of the Aquarian Age Will Not be a Violent God

Electronics will be the thing more than as in the Piscean Age, the sailing of ships on the water. The dominance of electrical and flight and electronics and things of an unusual nature, the appreciation of new inventions: all of these things are part of this New Age, and the deity of the New Age will not be the violent God of Aries, Jehovah, nor the Piscean God of the Fisher of Men; it will be more the focus of attention on humans and their own capacity for becoming one with God.

It is not to say that they are God, but they are capable of merging for brief moments with God and appreciating the God Energies which are everywhere present, the

Christ energies that are everywhere present. This Awareness indicates that as entities begin to tune in more and more to these frequencies and vibrations, they will begin to understand and appreciate the New Age and what it brings.

They will also begin to understand and appreciate what the Piscean Age has done to help bring this about. This Awareness indicates that likewise, they can look to the sign of Leo to gain greater realization of what is happening in their world.

(The Law of Gratitude is given)



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### —HOW TO GET THIS NEWSLETTER BY MAIL— EVERY 3 WEEKS ( More or Less )

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## REGARDING FEARS CONCERNING THE LESSONS OF ENLIGHTENMENT

OPENING MESSAGE:

2/16/98

This Awareness wishes to address the entity Lester, a member who submitted comments to the Interpreter regarding understanding and reading difficulties in his attempts to comprehend the Lessons of Enlightenment. This Awareness suggests that this entity is not alone in his struggle and frustration, in that the ideas contained within the initial Lessons of Enlightenment are necessarily removed from existing belief structures, world views and truths as they are held in current mass-consciousness. Thus, they challenge belief and signals this challenge by negative feelings.

This Awareness offers encouragement to the entity Lester, and any other members who find themselves struggling with words and concepts beyond the bounds of their ordinary consciousness. This Awareness wishes to assuage the concerns that benefit is not being obtained, for there is far more benefit in this activity than is consciously conceived at such moments, and it is through the faith in spirit and the integrity and intention of the readers who pursue the knowledge, despite the fears and struggles and frustrations, who shall be rewarded.

This Awareness suggests, particularly in answer to the concern voiced by Lester regarding his fear that the Lessons may somehow be programming the readers for defeat, when they would experience such frustration given the sentence structures, the words, and the abstract concepts. This Awareness indicates that in no way can such negativity be programmed through such activity, but that in encountering such a feeling and concern is the first bit of spiritual evidence pointing toward a limitation in belief regarding the abilities of the self to grasp such concepts.

This Awareness suggests specifically, Lester, you are to be congratulated to confront such fears and issues and communicate your fears to the leaders of the organization and offer recommendations for alternate sentence structures and solicitations for specific experience examples, and alternate ways of communicating the material.

This Awareness suggests that these comments followed the first initial Lessons which were essentially the primary building blocks of a necessarily abstract nature, from which certain foundations will begin, and recognizable structures will begin to emerge.

This Awareness suggests that entities struggling with these initial concepts can rest assured that benefit is being obtained despite such struggle, for each intentional effort to obtain enlightenment is rewarded in ways not necessarily experienced consciously, but that a building and accumulation of perspective and energy is most certainly occurring and will yield a great deal of benefit as the Lessons continue to unfold.

This Awareness suggests that if the editor deems it beneficial, that certain excerpts of the entity Lester's letter can be edited in to this opening message to orient the readers to the understandings offered; however, the message to Lester and his comrades in frustration is one to continue with integrity and faith in spirit and fear not in a lack of ability, but instead to trace the strands of feelings of fear and inferiority to the very beliefs, and perhaps the experiences that empowered those beliefs. Examine them, for they are limiting.

This Awareness suggests that the entity Lester has far more spiritual ability and capacity which he utilizes in ways not necessarily conscious to the entity's waking

experience, but that he gives himself far too little credit, for his energy is vast and his wisdom is deep. This Awareness suggests that the ordinary life experiences of entities born into this physical experience with the density of mass-consciousness and distorted fact impressed upon the mind from such early ages; that beliefs in self-limitation, in inferiority, in lack of ability are offered at many turns, but that when accepted and empowered, can in fact minimize the actions and thoughts and behaviors necessary to prove them as fallacious as they are, and thus, energizes and creates further limitation, reinforcing the maladaptive idea that there is limitation to the self.

This Awareness encourages each and every entity to continue to faithfully study the Lessons of Enlightenment, to practice the visualization techniques offered, to most essentially pay attention to the feeling feedback signals, the messages from spirit, which they can now assume and be assured are messages from spirit regarding belief limitations to be removed from mind, and that as the understandings accumulate, heightened awareness shall naturally unfold, relating the ideas to the daily experience, so that resonance and recognition of ancient truth, power and light shall be obtained.

There is no further opening message at this time.

ED's Note: Lester had sent Vikki a very intelligent letter with some very constructive criticism concerning the newsletter and the Lessons of Enlightenment. Like many others, he finds it difficult to follow what Grace is saying and was disturbed at the reply given by Awareness to Jack Manuel's question in issue 97-19, asking why the Lessons were written in an abstract and academic manner rather than in a practical sort of way. Awareness indicated that the reader should provide the "parables, stories, and experiences" to enhance the learning experience. Lester asked, "Without a reasonable understanding first, how can the reader supply such information? We all learn much more when the subject is presented in a real-life context, that illustrations and examples are absolutely essential for the reader to grasp the ideas, especially those of a highly philosophical nature." As editor, at first I couldn't agree more, as along with Vikki, I have to proof-read each Lesson. But as the Lessons progressed, and I found myself reading them two or three times, something subtle, almost mystical began happening and things begin to fall into place and sort of click in my head. Others are reporting similar phenomena. And the Lessons do seem to get more understandable as they go along, and indeed, examples and illustrations of sorts are appearing more and more often. We must keep in mind that this is virgin territory, an entirely new paradigm, a completely new approach to our minds which have been programmed for years by information from mass-consciousness. This needs to be altered or replaced with the new (seemingly abstract) information now being channeled by Grace. I, by necessity, must "hang in there" at least till the Lessons are completed, printed, and into your hands, and like Awareness, I suggest and hope that Lester and others who feel the same way as he does, to just hang in there and let the alchemy, subtle as it appears to be, work its eventual magic which will result in our transformation. Anything worthwhile takes real hard work to attain; it simply does not come easy. Becoming aware is certainly no exception to this universal law. And it is gratifying to hear from Awareness that something good is happening to my head, even if I don't really understand everything I am reading. Yes, let's all "hang in there!"

## THE KARLA FAY TUCKER EXECUTION

(More to it Than Meets the Eye on Many Levels)

QUESTION:

A question from Gerry Long, in Ellinwood KS. I think she's a female. I'll read the letter. There's actually three questions, but I will read all of them in unison, because they're all related. She writes: "Hi Vicki. First I want to tell you how much I enjoy Grace as our new Interpreter. For me, she is so much easier to understand, and the subject matters are more positive and upbeat and of more interest to me. I love the Lessons and am sharing them with many friends as I do my Cosmic Awareness paper.

"I have some questions I would like answered. (1) It is my understanding that before coming into physical existence of living on the earth, we choose our lessons

that we are to learn, and when and how we are to leave this existence. Is this correct?

"If so, did Karla Fay Tucker, who was recently executed in Texas, choose this as her exist? She got so much media attention and reached so many lives through TV and newspapers. It seems to me there was a much bigger picture here than most realized. Did she choose this exit to help bring about changes in our laws about capital punishment and the way our prison system is run at this time?"

#### COSMIC AWARENESS:

This Awareness suggests that there is a great deal of accuracy in this perception of this particular event. This Awareness has suggested previously that entities leading high profile lives that gain media attention and degrees of celebrity, each has significant stories to tell and questions to ask mass-culture in general.

This Awareness suggests that for the most part, many wondrous opportunities have been opened by lifetimes, however brief, yet well-publicized, which could have provided impetus for positive and necessary change to eliminate certain unnecessary restrictions and to broaden very necessary spiritual freedoms.

This Awareness suggests that the entity described offers several such questions for society to internalize and to come to certain conclusions regarding human nature, human development, human action, human destiny, and human violation. This Awareness suggests that as the energy gathers, propelling consciousness upward and outward as the new millennium dawns, it is particularly important to attend to the messages of the culture, and as a culture to effect Light responses within the community which alter the existing frameworks of thought, which alter the institutions which result from such frameworks of thought, which in turn can open realms of freedom and opportunity and remove unnecessary restriction limitation, intervention and enforcement.

#### A Human Being Is Complete and Finished at Age 18?

This Awareness suggests that the over-arching message to be derived from the life of Karla Fay Tucker, is for entities to understand the continuously developing nature of the self. This Awareness suggests that legal institutions, educational institutions, political institutions, are based upon the assumption that a human being is a complete and finished entity by the year 18, and that the entity is then a complete and finished product, an adult, wherein developmental cycles have been completed and life can begin. The assumption of completion leaves little room for the purpose of spiritual self-development.

This Awareness suggests that this is a grossly aberrant and limited perspective on human nature which disregards completely the developing nature of the self and the spiritual imperative that the mind continuously evolves, adapts and develops to accommodate the spirit in numerous and diverse and ever-changing environmental physical challenges.

#### A Single Thought Can Change an Entity Completely

This Awareness suggests that an entity given the ultimate punishment for choices made by a mind decades before, disregards the developmental capacity and necessity entirely and reinforces the erroneous assumption that human nature is set, human nature is evil, a mind is born unto this earth with evil or good intention, that sin is inherent and inevitable. For an entity can change with a singular thought, let alone decades of them.

This Awareness suggests that a secondary, also powerful message derived from the life of this entity, is for

society to examine and resolve their conflicting attitudes toward the ultimate human violation: the death of one human at the hands of another. This Awareness suggests that in human society in general, and particularly within the culture of the United States, there are gross conflicts in attitudes about the right to kill.

#### The Ultimate Act of Destruction Is an Anti-Spiritual Act

This Awareness suggests that although human spirit ultimately innately understands the violation, the ultimate act of destruction is anti-spiritual wherein the choice of one entity is to alter or end the life of another. This Awareness suggests that in a general sense, human beings understand that killing is wrong. For this reason, this woman became the symbol of evil for the act of murder which she committed, and as she proceeded through the legal criminal justice system, that a great deal of time did transpire wherein she had the opportunity to self-reflect, to obtain learning and study the experiences of others and begin to understand the source of some of her own distorted behaviors and responses and self-preservationary activities from a more enlightened sense of who in fact, she really is.

This Awareness suggests that although the American people can agree that it is intolerable to allow such murderous acts, it is quite easy for those same people to justify murderous acts in the name of political or economical government activities and conditions of war. This Awareness suggests that this dual perspective regarding taking the life of another has existed for far too long in mass-consciousness and that resolution must ultimately be attained.

This Awareness suggests that the outcry over the ultimate capital punishment of this woman could serve to call these questions, these situational ethics, these schizophrenically polar attitudes regarding when it is appropriate that one has the right—even duty to kill, reconciled with the spiritual imperative and innate knowledge that no one has such right.

This Awareness suggests that ultimately, the answers human societies shall obtain from such questions, when they decide to stop deluding themselves and to clearly identify their values, to not base their ethics upon the situational benefits, but to stand clear and firm for those tenets prescribed by Spirit, there shall be no tolerance for killing and such archaic practices as capital punishment and as war, shall become an ancient vestige of an ignorant, brutal pre-civilized species.

This Awareness suggests that as the Enlightenment sweeps the world, that as the definitive missing pieces of the puzzle of human nature fall into place, that society can at last begin to clarify and answer those questions that are now remaining unanswered due to the lack of information and conflicting assumptions regarding human goodness, human evil, and the right of society to keep the evil human in check.

#### The New Enlightenment Will Mark the End of the Killing

This Awareness suggests that as the spirit retains its rightful place in the understanding of human nature, that as its voice begins to mediate mind and body, that as the grand overall purpose of self-development and expression becomes the living directive rather than self-preservation, that not only will society have fewer and fewer such violations, but that instead, the innate morality which is encoded within the fiber of each and every entity shall come to the fore, and the dawn of a new civilization will eclipse the ignorance and mistakes which have haunted humans throughout their history.

If we have completion we can continue.

## Drugs and Possession by Disembodied Spirits

(Another Look From the Point of an Empowered Entity)

### FOLLOW-UP QUESTION:

This entity Karla Fay, as I recall reading, committed these awful crimes as a teenager, when she was out of control on drugs and alcohol. I understand that very often under such circumstances it is a dark force or a disembodied entity, a low spirit, that can take over the physical body of the entity and actually be the one who commits these acts, and of course judges are unaware that this is possible.

A number of psychiatrists know this is true, but the legal system does not, and so this is not taken into consideration when it comes to administering a death sentence. Does Awareness see this as being a factor in this woman's life?

### COSMIC AWARENESS:

This Awareness suggests an alternate interpretation, and a more empowering framework, and in being so, a more accurate one. This Awareness suggests that what is described and has been described for eons as alternate, evil or low spiritual forces embodying another, seizing the consciousness and removing the entity from conscious control of one's actions and thoughts, is mostly a misinterpretation of directives springing directly from faulty beliefs and attitudes of mind which have perpetuated continuing cycles of negative emotion, of anger and of fear, which are then acted upon in self-preservationary manners which seemingly alter radically a sane person's behaviors and activities to the degree that they can be utterly convincing as being possessed by entities other than themselves, or forces of evil and darkness.

However, no matter how many psychiatrists subscribe to such, no matter how many exorcists make a living expunging such dark forces from entities, they spring not from anything other than the Will Energy of that entity themselves.

This Awareness suggests that when entities succumb to the ultimate denial, the ultimate obliteration of spirit into cycles of thought, attitude and behavior where they imbibe and medicate the body with substances in desperate attempts to shut down the emotional feelings, for their beliefs have created such utter hell, havoc and displeasure and frustration to the spirit, that such entities alter the brain chemistry and quite literally can reduce their own consciousness to that which has been described as automaton.

In such a state, interpretations have been made and judgments have been called regarding the origins and the meaning of such a state, many of which have contributed to the limitation and rigid dogmatism within religion which insist that human nature is inherently evil or vulnerable to 'demonic' forces and innately sinful and that entities must become martyrs or slaves to specific external dictates and moral controls less the evil run awry and drive them to murder others with pickaxes.

### Would a Buddhist Murderer Find Such Outpouring of Support?

This Awareness suggests also, an irony in the fact that religious communities rallied around her due to her religious conversion, her female sex and her physical appearance—with even the Pope requesting that she be saved. A third question her life asks is: Would an unattractive man who had converted to Buddhism have found such an outpouring of support had he committed this same crime?

This Awareness suggests that the entity Karla Fay Tucker was solely responsible for her behavior, as is each and every entity, even those suffering psychiatric

disorders and fracturings of the personalities, whereas consciousness slips in and out of alternate incarnations and into areas unknown and unwholesome by some description.

This Awareness suggests that as entities begin to pull together the strands of mind and body and spirit and understand the chemical manipulation and how devastating it can become upon the electrochemical interactions in the brain structures, that such mysterious and evil behavior will be rightfully explained as that which it is, solely within human control,—all humans, no matter how they look, or what they think.

This Awareness suggests that it is the very concept of demonic possession which continues to empower the religious misconceptions and faulty judicial systems which disempower entities, for any assumption that some external force can rob the will and wreak havoc upon the lives of individuals continues to perpetuate the myth of personal disempowerment, and the removal of personal responsibility for actions which shall no longer be tolerated.

If we have completion we can continue.

## GUARDIAN ANGELS: WHICH DIMENSION MUST THEY ATTAIN?

### QUESTION:

A question from Andy Detmer, Ellinwood, KS. He asks: "In regard to our guardian spirits or angels, which dimension would they have to attain in which to be capable of the seemingly constant task of looking after our welfare, protecting us and such?"

### COSMIC AWARENESS:

This Awareness suggests that likened unto the previous question regarding negative, demonic or low force spirits, that likewise, that described as positive, powerful, angelic, is also in fact an extension of the entity.

However, there is more spiritual validity in the existence of angelic and higher energy entities, although each and every one is a reflection of the embodied entity, so that a communication exists from level to level, from abstraction to abstraction regarding precisely the intentions and the direction of the Will based on the contents of the mind, which manifests and creates earthly experience.

This Awareness suggests that the dimension described as necessary to facilitate communication so that an angelic force could intervene, offer guidance or enlightenment to a specific entity depends solely upon the content of that individual entity's mind, for the capacity to achieve clear and pure communication with such altered and removed energy states of the spirit are indeed accessible at all times.

It is merely due to the rigid restrictions and beliefs of mind which fill the potential with needless garbage, allocating energy, deflecting it outward in ridiculous waste, through belief structures which divert and channel it through what is intended or perceived to be accurate routes to attain specific ends, and that such ridiculously circuitous routes divert huge amounts of energy which would be open wide to receive pure and direct communication, should they be removed.

This Awareness suggests that the task set before humanity at this time to establish the necessary communicative tie between mind and spirit so that the beginning of the removal of the slivers and the beliefs systems which stymie and limit humankind are removed, one by one, piece by piece, that such energy flow and literal brain function shall be free to receive the direct intuitive communications which now bounce

off the entity due to the lack of appropriate belief structures which could receive and invite them into consciousness.

This Awareness suggests that if entities entertain these alternate perspectives and understand in the fiber of their being that *they are in fact in control* and have the ability to perceive angelic wisdom and to behave angelically and to attain superhuman and supernatural successes in the expression of spirit and accomplishments and expressions of Light wherein the slivers and obstacles are removed from mass-consciousness; that virtually the sky is the limit, but that the limit will be just as certain as those beliefs which perpetuate limitation.

This Awareness suggests that entities have now been given the tools to identify and remove such obstructions and a natural consequence of what has been termed the 'Enlightenment' is in fact to open the mind to the Light, to the love, to the energy of the angelic presence which awaits patiently.

If we have completion, we can continue.

### At the Passing Over: Is the Mind Capable of Making the Proper Decisions?

#### QUESTION:

Andy has one other question here. "After the passing over, as I understand it, we need to make rational judgment as to which path we are to take, whether it be yielding to the temptation of the earthbound realm, or to the White Light area. Would our minds in that state be as capable to make the proper decisions as it would in our present material existence?"

#### COSMIC AWARENESS:

This Awareness suggests that there is a degree of distortion regarding the passing-over process, however, that when the entity asks about the capabilities of mind, the entity must be reminded that the mind is a direct reflection, a focus, a portal of the physical experience, and during the passing over process, there is a liberation from the limitations and restrictions of mind and a more clarity of spiritual consciousness is obtained.

This Awareness suggests that the choice in question can be likened unto how entities describe the near death experience wherein there is a completely blissful, calming and loving presence, often seen as a White Light beckoning, and that even those entities who choose to return to the earthly existence to finish unfinished business, do so quite begrudgingly. In this transitional state ration defers to the wisdom of passion.

This Awareness suggests that this choice is a simple one for the resonance of spirit is clearly more direct without the limitations that exist within the ordinary realm of mind during the physical experience.

If we have completion we can continue.

### THE BOOK: THE LASTJIHAD

(Did it Foretell the Oklahoma City Bombing?)

A question from JD. She writes "In 1991, Martin Keating, brother of Oklahoma Governor Frank Keating, wrote a book titled *The Last Jihad*, which describes a Federal building in Oklahoma being destroyed by someone named Tom McVay. The key suspect was stopped by an alert Oklahoma highway patrol officer. It is known the author consulted with ex-FBI agent Oliver Revele, to obtain ideas for the project.

"The parallels with the bombing of the Murrah building a few years later, seem uncanny! Where did the author get his notions? Did he pick up on these things psychically? Was it pure coincidence or what?" she

asks.

#### COSMIC AWARENESS:

This Awareness suggests that the entity JD knows better than to suggest the possibility of a coincidence. This Awareness suggests that the entity, in the normal pursuit of his creative self-expression in the field which he had best felt managed such expression, did indeed achieve a clarity of vision wherein as any seer or psychic, could tap the building energies toward specific probabilities shaping up to create ultimate physical events.

This Awareness suggests that many such literary offerings have also reflected probabilities, some of which came to pass, many more of which did not. This Awareness suggests that many such offerings have also tapped alternate existence, past, present and future, and that a great deal of spiritual wisdom is contained in creative artistic expressions such as these. All human expression asks questions.

This Awareness suggests that as the consciousness goes about journeying in the dream realm during the ordinary sleep experience for most human beings, some of the consciousness goes out in alternate realms, bringing back tidbits of information, some of which becomes consciously absorbed into the daily experience.

#### Much Information Passed In Dreams and Day Dreams

These prescient dreams are the normal mechanisms that entities obtain psychic information and predictions; the experiences known as *deja vu* experiences are familiar due to the dream process. This Awareness suggests that a great deal of information is exchanged in this manner, but that as the ordinary waking consciousness evolves when the limitations of mind are reduced and the belief structures are put in place which facilitate spirit, that this type of communication, this type of prescient day-dreaming can become far more normal and understandable and shall be hailed as a tremendous human tool and capability of mind which has yet to be tapped.

If we have completion, we can continue.

### ALL ABOUT THE ROCK GROUP "YES"

(Some of the Many Wanderers Who Declare the Integrity of the Human Spirit Through Music)

#### QUESTION:

A question from Paul Ruzicka, sent over the Internet. He writes: "I have seen things from Awareness on the Beatles and the Doors, for example, but never on the most spiritual, in my eyes, rock group, "Yes." During the Seventies the band released songs like "Close to the Edge" (based on Herman Hesse's *Siddhartha*), "Tales From Topographic Oceans" (based on the four-part Shastric Scriptures talked about in Yogananda's *Autobiography of a Yogi*); "The Gates of Delirium," (War Between Good & Evil) and "Arrive in UFO" etc.

"The group during the Seventies has reunited with a creative intensity that is astounding, releasing "Keys to Ascension" which consists of live "old" material, and new studio material which is its most energetic and spiritual to date. Jon Anderson is the leader of the band and has many side-projects as well. The latest is based on "The Power of Silence" by Castenada and is called "Toltec."

And he asks "Can Awareness shed any light on this band? Maybe what their role is, and maybe if the music is truly worth listening to? I know it set me on the path many years ago. Perhaps the others in the membership would appreciate the same."

#### COSMIC AWARENESS:

This Awareness suggests that, yes, indeed, as has been

stated previously, there have been many receptacles of consciousness in human beings over the past five decades, wherein creative inspirations regarding the enlightenment process have been obtained, attuned to the specific creative, intuitional capacities of many artists, musicians, even politicians, leaders and educators, so that significant pieces are in place which can be assembled by any entities sincerely interested in enlightenment and the raising of human consciousness.

The musical group described entitled 'Yes' was, indeed, just such a vehicle of creative expression for several of the members of the group with the specific emphasis upon uniting certain enduring religious tenets and utilizing the magic and resonance of the musical system and how it appeals to the emotional energy field of human beings to specifically impart enlightened understanding.

This Awareness suggests that this particular group was indeed ahead of their time and should have experienced a broader reception and popularity, had the society as a whole been more readied for the altered states of consciousness and perspectives which have now become more the norm. But even so, they provided for the wanderers of the Sixties whose minds had been set free, but were still in need of direction. This Awareness suggests that a revisitation of each and every such musical artistic expression, particularly this group mentioned and others, such as the Moody Blues, and many having already been commented upon; up until the present day there exist many minstrels who offer sounds and thoughts which resonate with Universal Spirit.

This Awareness suggests that the artistic expression is a highly personal vehicle so that widely varying responses can be attained within individual entities given the same visual or auditory experience. This Awareness suggests that the efforts and creative expressions of this particular group have indeed played an essential role in bringing about the necessary energy level, the building of the critical mass which can propel the consciousness forward.

This Awareness suggests that entities become like detectives in looking back over the history, the cultural trends, the music, the artistic expressions, the film industry, and finding those expressions of Light which resonate with Spirit, which recast human nature into its proper, more appropriate, more spiritually directed definition; those expressions which reinforce and declare the integrity of the human spirit, the human mind and the human soul and even the human body, so that the limitations and the concepts and restrictions of the dark ages can fall away into the Light. An astute detective will even find musical hints at 'emotional feedback'.

If we have completion, we can continue.

### Self-Examination and Self-Healing

(The Cause and Cure of Spinal Stenosis and Other Problems)

#### QUESTION:

A Personal question from Paul R.. He writes: "I have been diagnosed with spinal stenosis in one of the vertebrae in my neck. There seems to be nothing that can be done for it, except surgery, when it becomes a problem. I also have a herniated disc pinching on a nerve at the same area which affects my shoulder and arm.

"Much tension does not help at all. Is there anything that Awareness can suggest to help heal, especially the stenosis? Perhaps vitamins or color therapy? I have searched the Internet and have come up with very little.

Anything would be appreciated and I do not think I am alone. The stenosis was found by accident because of the disc problem. Anyway, I really don't want to have surgery unless all other avenues have been walked."

#### COSMIC AWARENESS:

This Awareness suggests that the ultimate source of this condition and *all* conditions, begins with emotional and psychological stresses which are allowed to remain, which spring from limiting beliefs systems, which disallow entities from fulfilling their spiritual needs in the physical realm, so that dissonance is created, energy flow is disrupted, and ultimately, health and vibrancy discontinues in specific areas.

This Awareness suggests that you seek immediately to examine those situations within your life which create anger, for it is the experience of feeling powerless, a victim within limitations, which the spirit cries out, and unnecessary limitations which require expressive responses for you to remove such limitations. This area of your every system relates to understanding the power of *choice*, the application and direction of Will Energy. Anger reflects a belief in external limitation which can be removed or altered by choice.

This Awareness suggests that there are certain beliefs and lifestyle options which you have chosen which acquiesce your spiritual needs to the external dictates and expectations normal to your culture, to your time period, to your profession and to your life in general as a masculine human being.

This Awareness suggests that certain compromises are not tolerated by spirit and that the symptomatic anger can point your consciousness to the source of the compromise so that adjustment can be made more pleasing and expressive of the spirit, to reconnect the energy to its source, which can counterbalance and restore the negativity that has resulted.

This Awareness suggests also, an increase in the B Vitamins can strengthen the tissues and that a simplistic vegetarian diet can facilitate the rebalancing of the physical energy system, but that if the issues which perpetuate the angers in a continuing haunting informational message from spirit to correct these choice strategies is not the primary focus, then other such strategies will be minimized in their benefit.

This Awareness suggests that this can provide an example for other entities to look within as well and that this entity is encouraged to provide feedback regarding this information to basically keep the membership posted on his progress and discoveries in this process of self-examination and self-healing.

If we have completion, we can continue.

### Edgar Cayce's Fountain of Youth in Bimini

(IF It Exists, How Can We Get a Drink?)

#### QUESTION:

A question from Vicky Harisis, in Australia. She writes: "A man by the name of David Zink discovered the whereabouts of the Fountains of Youth in Bimini, the Atlantean Fountains of Youth. He went on the instructions and so forth of Edgar Cayce readings and found them. In his book *The Stones of Atlantis*, I read about this, but the book neglected to say anything further like whether or not the water from those fountains can be obtained by people for their own use, or whether or not a health center has or is being built over them for use of the world's people, as Cayce suggested may happen when they are discovered.

"Please tell me how we can obtain these waters and if we have to travel to Bimini for their usage, how we might go about contacting an official of some sort to

grant that we may use the water. Please advise what you know of this."

#### COSMIC AWARENESS:

This Awareness offers comment from several perspectives. First: That the physical manifestation of what was described by Edgar Cayce as these youthful fountains harkening from previous civilizations such as Atlantis are indeed valid physical manifestations, and this source cited is perhaps one such source. However, the energy connected with this specific possibility of public access is minimal potential at this time.

There appears to be certain interference, certain territorialization regarding this specific piece of geography given the information and suggestion regarding the medicinal value of the wells. Thus, the probability is unlikely at this time that immediate access and benefit can be obtained from the specific source mentioned.

This Awareness suggests secondarily, however, that in a metaphoric sense, the waters described by Edgar Cayce can in fact accurately symbolize the wisdom, the Universal Knowledge which is available and has been available since time untold, a portion of which was more accessible to the entities in the Atlantean culture, given their focus upon spirituality and the development of specific attitudes, beliefs and structures which facilitated the spiritual capabilities.

#### The Fountain of Youth Water is Also Symbolic of Enlightenment

The prophecy regarding humans drinking from the wells corresponds directly to the enlightenment that is now unfolding in the consciousness, wherein entities can not only obtain benefit of the physical type regarding the decay of the human form and the reversing of certain age processes, but that they can regain the Universal Wisdom of creative reality and individual empowerment, and that such knowledge is accessible to all, no matter where they travel or where they reside; that the information awaits within as an untapped well of Universal Knowledge and Wisdom symbolic throughout human culture, often physically symbolized by the element Water.

If we have completion, we can continue.

### What is the Origin of the "Labyrinth"

(And Why do the Dolphins Come When the AUM is Chanted?)

#### QUESTION:

A question from Lora G., in Oregon. "In a booklet put out by the ARE, authored by Meryl Anne Butler, an internationally recognized fiber artist, who speaks at length on healing results when people walk what is referred to as the 'labyrinth,' stating that it dates back to ancient earth pre-Christian times.

"She states that the labyrinth resembles the human brain. Having created a labyrinth on Virginia Beach, Virginia, while she and three others chanted together the AUM, the dolphins came within 5 minutes. Would Awareness please comment on the origin of labyrinths and the meaning of the responsive approach of the dolphins and healing effects?

"Where would be the most effective location for the labyrinth and should it face the North, South, East or West, and how should one prepare self to make this approach? Should everyone walk the labyrinth for health and mental purpose?" she asks. There's several questions in there.

#### COSMIC AWARENESS:

This Awareness suggests that the process described connects with ancient aboriginal traditions regarding the joint focus of energy toward a specific manifestation or communication, and that such practices and experiments with such energy manipulation can be highly

beneficial.

This Awareness suggests that this labyrinth technique is yet one of many creative approaches to the utilization of Will Energy, and that certain communications can be obtained and facilitated by doing so. This Awareness suggests that the presence of the dolphins evidenced the reception of the communication offered, also evidencing the highly spiritual and evolved nature of this particular species.

This Awareness suggests that it matters not where the choice of the orientation: to the North, to the South, to the East, to the West, nor the location, for as many such centers can be established and as many such activities and communication attempts be facilitated throughout the countries of the world, as certain networks of communication and facilitation of the Enlightenment can occur.

This Awareness suggests that clarity of intention is the number one aid and guidance necessary, and that to allow the creative intuitions to guide the steps, the formation and the creation of the labyrinth itself.

If we have completion, we can continue.

### THE PSYCHOLOGY OF THE BULLY (What Motivates Certain Kids to Bully Other Children?)

#### QUESTION:

"When I was a little boy I was bullied a lot, by, I guess you'd call them 'bullies,' and I never could understand what motivated them, and I don't remember Awareness ever discussing bullies. I found a small article on this subject the other day which I'd like to read and ask Awareness to comment on.

"Growing up, he or she was the person you avoided at all costs--the school yard bully. Maybe he was older, taller and stronger than you and demanded your lunch money. Maybe she convinced your other female classmates to taunt and tease you because you were slightly overweight and wore glasses. Or maybe he was the person who randomly selected victims to beat up "Because I can!"

"Bullying is nothing new, as many adults can attest. What is different is the maliciousness. It no longer is the harmless taunting that existed back in the 'Leave it To Beaver' era when Eddy Haskell would tease the Beav about his haircut. These days, tough boys and girls are making it not only difficult, but also, in some cases, dangerous, for other children.

"Bullying is an enduring problem" said Dr. Anthony Dowling, Medical Director of the Children's Crisis Intervention Service at Monmouth Medical Center in Long Branch, New Jersey. "And I think it's getting worse, not better."

"A report by the National Association of Elementary School Principals said one in ten students is regularly harassed or attacked by bullies, and 15% of all school children are involved in bully victim problems.

Bullying, according to experts, includes everything from name-calling, taunting and teasing, to showing, kicking and more violent physical assaults. Studies have shown that bullying, which usually begins in the 3rd grade, wanes by high school. The most intense bullying occurs in middle school, peaking in the 8th grade. One study showed nearly 60% of students skipped school at least once because they were afraid of being bullied.

"Who is at risk to become a bully, and which children are likely to become the target of a bully's rage? Dowling said bullies and victims come in all shapes, sizes and sexes. The one important trait both groups share he said, is low self-esteem. "Bullies, especially school yard bullies, are children who are having social difficulties and use bullying as a way to deal with their problems, and more often than not, they pick on kids who won't fight back."

In general, according to Marilyn Denninger, an adjunct Professor of Psychology at Monmouth University, bullies also are children who have been reinforced for their misbehavior and believe they can be "bad" to reach that expectation. At the same time, she said, they do not have an opportunity to develop an empathy for the sufferings of others.

"They develop a sense of self based on feeling important, only when they can show power," she said. Underneath, however, these children often feel discouraged about ever being seen as --or knowing how to be --"good". Bullies in many cases are older and larger than their peers, their victims generally younger and smaller.

"Children who are victims are usually sensitive and fair-minded, but passive and submissive with potential self-esteem problems," Denninger said. "They often lack close friendships, and even perceive themselves as weaker than their peers, or actually are weaker."

Not surprisingly, boys engage in more bullying and are victims of bullies more frequently than girls. And while boys tend to bully with more open tactics, girls tend to engage in indirect forms of bullying, such as spreading rumors and manipulating relationships.

Dowling said many children have sufficient skills to survive common bullying incidents, but others may need specific help to increase self-esteem and reduce the likelihood they will become victims or bullies. He recommended parents involve their children in activities to help them discover their own strengths.

What parents also need to do, he said, is to encourage children to find solutions, not exact revenge. "Parents should never tell their children to "Give him a taste of his own medicine," Dowling said. "Violence doesn't solve anything."

Rather, parents can play "What If" games to brainstorm ideas for solutions to potential problems. Also, a good idea: role-playing, so children can come up with their own answers.

"Parents need to let their children know that they have a right to be safe," Dowling said.

That was the end of the article. Does Awareness have any comments about this, or the subject of bullying?

#### COSMIC AWARENESS:

This Awareness suggests that a great deal of useful and accurate information has just been communicated in this article. There are several comments added. First, this Awareness indicates that although the trend of bullying appears to disappear around the age of high school and beyond, it is not due to the fact that bullying and the power dynamics behind it have been outgrown or disappeared in any way, for instead, the entities have developed more insidious and less obvious ways to manipulate and dominate over others.

This Awareness indicates that bullies exist throughout all levels of society, at every age, and will continue to do so as long as the belief structures they have in place continue to frustrate their spiritual power needs. This Awareness suggests that a bully is not born. A bully learns to be a bully.

This Awareness suggests that in most cases, virtually without exception, the bully has been the victim of a dominating parent or figure of such, whereas the power differential is clearly to the side of the aggressor, and the bully in this scenario is a victim of senseless violence, whether emotional or physical, wherein the spiritual need for control, connectedness and personal power is continuously frustrated; that such behavior modeled within the foster community and accepted within the dynamics of the family become the ill-conceived yet deep-seated belief structures and world views which motivate similar behavior.

This Awareness suggests that as the entity spends day in and day out in an environment where a parental figure, or other authority figure, continues to violate the spiritual boundaries necessary for the entity to develop mechanisms for control, connection, empowerment, achievement and creativity, so that the spirit is perpetually frustrated and that this is incorporated into the world view and the lifestyle and the motivational structures within the bully.

#### The Bully Fears his own Adult Bully and is Motivated by Anger

This Awareness suggests that the predominant emotional experience of the bully is fear of his own bully, which is replayed in the anger which results from the frustration and lack of power experienced in interaction with his own adult bully in sequences replayed within other interactions of smaller, less powerful entities, perhaps on the playground or in the classroom.

This Awareness suggests that the bullying activity is motivated solely by anger, which should be directed at the source, but instead is vicariously acted upon the innocent other, in a self-preservationary response to the abuse and control of the dominator. An effective defense is often a strong offense.

#### Many Bullies Die Young

This Awareness suggests that this quite unhealthy pattern is also minimized as age occurs, due to the fact that many bullies simply exist to be; for this angry, aggressive lifestyle can become a perpetual pattern which turns within, motivating the entity to turn the anger upon himself in self-destructive activities and behaviors which ultimately lead to an early demise.

This Awareness suggests that the comments regarding empowerment and self-esteem are highly relevant for the bully has no sense of self or self-esteem, for those which are intended to offer love connection and nurturance and to build the spiritual image for the child have instead perpetuated the very dissonance and chaos which have tortured and twisted the mind of the entity to respond in a brutish self-preservationary existence, without conception that he has a spirit, let alone a useful or necessary or innately moral one.

This Awareness suggests that entities can avoid the victimization of the bully experience if they are allowed to develop a healthy self-esteem and an understanding of their rightful personal power, and to establish belief structures within the foster community which facilitate the empowerment of the entities so that the energy they exude is not attractive to the bullying consciousness, for the power will be experienced and avoided.

#### Bullies are Repelled by Power or Empowerment

Bullies are repelled by power, for they seek to find the powerless, where they can recreate vicarious artificial power within themselves. This Awareness suggests that so much as a look, a glance and a physical posture can communicate empowerment and that such strategies can be developed through many activities which provide opportunity for the child to develop specific physical skills, be they sporting events, dance, physical arts or martial arts wherein the poise, the balance, the strength and physical continuity between mind and body allows the entity to experience the reward of physical effort and to bear the countenance and to express the energy of the confident self-esteem that has been obtained.

This Awareness suggests that such esteem can be also obtained in non-physical routes, but that the union between belief structures and physical motor activity can provide physical prowess and energy necessary to deflect the bully, to have him so suddenly alter his intention, oftentimes beneath his own consciousness, where the energy is experienced upon his energy

system. That of empowerment is as repelling as a positive or negative magnetic pull, wherein the entity would automatically seek out a more vulnerable and potentially successful victim.

This Awareness suggests that parental figures can provide the opportunities for sensitive, shy, intellectually gifted entities who already experience a dissonance with their world, given their perspectives, proclivities, and sensitivities; that such entities be offered a myriad of opportunities to develop socially and interactively so that they can develop mechanisms of expression from an early age, so that a separation between the self and the environment is less severe.

This Awareness suggests that society should also look upon the bully and carefully attend to the dynamics and investigate the foster community, the parental structure, for there may very well be some intervention necessary regarding the abusive power relationship that results in bully behavior.

If we have completion we can continue.

### **Is There a Karmic Connection Between the Bully and his Victims?**

#### **FOLLOW-UP QUESTION:**

Is there a karmic connection in some cases of bullies that persist in pursuing certain entities through several years of school and bullying the entity? Is there a connection like that?

#### **COSMIC AWARENESS:**

This Awareness suggests that rather than a karmic perspective, it is more useful to identify the dynamic between the individuals involved. This Awareness suggests that the specific experience held within the consciousness of the questioner at this time has more to do with the specific admiration and envy experienced within the mind of the bully from that of the object of his attention.

This Awareness suggests that in your situation, the bully experienced a spiritual resonance with your sensitivity, your actions and your intelligence, wherein his spirit recognized similar qualities within himself, yet the entity had no context or understanding of the meaning of those emotional signals and instead operated in purely self-preservationary automatic responses, exactly as has been modeled to him in virtually all of the power-related interactions received through the toxic parental figure.

This Awareness suggests that in a strange and twisted way, the bully was paying you a formidable compliment. This Awareness suggests that compassion and forgiveness for such ignorance can be powerful tools to re-empower the entity to move beyond the position of victim into a position of empowerment.

This Awareness suggests that in terms of the karmic relationship, that entities do in fact specify particular dynamics for the birth experience and the foster environment wherein they can challenge themselves to attune to spirit, to awaken within them the specific destiny path chosen, and in the example of this entity, the bully, certain understandings had not yet been attained, yet it was the resonance of spirit through seeing you and observing your intelligence and sensitivity and creative proclivities which intended to assist this entity out of the darkness and ignorance he was born into.

This Awareness suggests that there has been substantial progress within this entity and that certain compassions and certain dynamics have been reversed within the life of this entity, or the subsequent life of this entity,

and that profound benefit was obtained from this experience.

This Awareness suggests also, that the victim in this scenario had chosen a specific sensitivity, a specific foster environment wherein esoteric ideas, spiritual inclinations, and searchings became a part of the consciousness at an early age, coupled with certain familial negativities, allowing the entity to feel rather alienated within the ordinary culture of his environment, whereas there became an automatic tendency to evaluate the self negatively by comparison, and yet, in a strange empowering sense, there was an inherent superiority also understood.

This Awareness suggests that it is due to these very sensitivities that have empowered you to obtain insight and express your creative impetus and your spiritual destiny and that although painful, it was a minimal price to pay.

If we have completion we can continue.

### **Why do Lemmings Plunge Into the Sea ( And How Does the Species Manage to survive?)**

#### **QUESTION:**

A question from JD. She asks "Why do lemmings plunge en masse into the sea? And how has the species managed to survive despite this?"

#### **COSMIC AWARENESS:**

This Awareness suggests that certain species maintain a spiritual connection as do cells which operate in concert, creating organs and organ systems within such structures as the human body. This Awareness suggests that certain species such as the lemmings and many of the bird species, operate from the group perspective of consciousness which is unique to that particular physical experience wherein one mind is connected to every other individual mind, and that each operates in concert, resonating with the spiritual instinctual impetus, oftentimes, responding to their own overpopulation by such acts to cull the species.

This Awareness suggests that there is great delight in this experience in the choice of the embodiment in a lemming species, for there is a clarity of resonance, a universal connectedness which is not severed and need not be relearned and regained. This Awareness suggests that many entities now embodied in human form have dallied in such species for such specific experiences wherein now the recognition of connected experiences wherein spirit reaches fulfillment in its universal connective need, can be more readily experienced.

This Awareness suggests that such species exist and can offer reminders to mentally bound human beings of the utter delight in every physical experience, right up to and including the moment of death as experienced in such mass suicides as observed in this species.

If we have completion we can continue.

### **How to Undo a Mischief Done Long Ago ( An Exercise from Awareness to Alter Past Experiences )**

#### **QUESTION (VIKKI):**

Going back to childhood playgrounds and what-not...looking back over some childhood incidents, I've discovered certain actions that were violations to others that I did not understand until now. My question is: What can I do now that I have the understanding and some insight about them, since we've not been in contact for decades, the people involved?

#### **COSMIC AWARENESS:**

This Awareness suggests a resonance with the compassion and empathy and genuine caring communicated in this question. This Awareness offers this opportunity

to remind the membership in general that the point of power is in the present, and that quite literally, past experience can be altered with present intention and focus of will energy.

This Awareness suggests that as entities begin to reframe their life experiences and understand certain self-preservationary activities and violations perpetuated upon one another from former states of ignorance which have now washed away by a more enlightened perspective, that certain compassion and forgiveness for the ignorance of your own past is essential.

This Awareness suggests that the initial mental shift of self-forgiveness and recontextualizing the incident within the ignorance and the graspings of entities misguided, severed from the spiritual voice and misled at every turn by mass-culture; that this mental right response is the first essential step to rectify the situation.

#### In a Meditative State Return to the Original Experience

Secondarily, this Awareness suggests a light response, wherein a physical/ mental expression of reconciliation is offered to the entity upon which the violation was perpetrated. This Awareness suggests that from a meditative state, entities can literally return to the experience, taking with them the enlightenment and the belief structures that they have since put in place, re-examining the situation from an adult, rational and spiritual perspective, wherein a literal face-to-face encounter can be envisioned with every detail of the past, wherein the entities are speaking directly from soul to soul.

A simple expression of apology and explanation and compassion and gratitude for the learning experience can significantly alter the vibrations of past, present, and future. This Awareness suggests also, that perpetrators, violators themselves, which exist in the past and still attach diminished yet significant power, that such severance can be attained in a similar encounter wherein forgiveness is communicated, closure is attained, and the energy connects the present to some past event and is reclaimed within the system.

This Awareness suggests that although there will be no cosmic retribution for such violation, that the understanding and self-development that has resulted is in fact the just reward.

If we have completion we can continue.

ED's Note: This appears to be another version of "Doing an Awareness" wherein you mentally sit down in a chair and talk to the other entity facing you. Then you exchange places and speak as the other entity. This dialogue resolves any conflict or future karma.

### That Flu that Hit Olympic Village in Nagano

(How Did Such Centered Athletes contract it?)

#### QUESTION:

I believe it was yesterday Awareness was discussing the importance of staying centered and that by doing this, you could prevent negativities and so on from getting in to your energy field. I'd like to ask what's going on in the Olympic Winter Games in Nagano, Japan, at this very moment, that these athletes housed in that village are being subjected to a very intense type of influenza that is making them sick and knocking them down and so on, but still, since they have trained for this moment, they are being undaunted by this epidemic as they go out and they perform their skills on the ice and on the ski slopes and so forth.

My question basically is: You're never going to find people more centered, I would think, than these entities who are participating in these games, and I wonder, how can these flu bugs get to these people, which it obviously has done.

#### COSMIC AWARENESS:

This Awareness has several comments. First, a clarification regarding the discussion of centering and a reiteration of the idea that forces cannot enter the physical system without express invitation of the entity involved. This Awareness suggests that the concept of being centered relates to the power differentials and dynamics within the entity.

This Awareness suggests that an entity who retains the necessary percentage of personal power and utilizes it to manifest and create the desired experience and fulfilling expression, is an entity who has minimal investment in beliefs which attach the power to specific external forces creating disempowerment in each one of those directions.

For example, the organism described as influenza which is affecting the athletic contenders. This Awareness suggests that certain belief structures wherein the power is directed away from the innate natural resistance and dynamic and healing ability of the body and onto, instead, such ideas as contagion, infection, vulnerability, and powerlessness over micro-organisms, that each and every such idea entertained and believed to be true, diverts a specific amount of energy and power into that belief and away from the innate wholeness and vitality of the human energy system.

This Awareness suggests that although such entities reaching such pinnacle peaks of physical skill and prowess in such events, that empowerment and expression through the development of mind, specifically mental and physical skills leading them to the top of their events and fields, are in place, which specifically empower them toward spiritual expression; however, this does not detract in any way or negate in any way ideas, attitudes and beliefs in other areas which can detract their energy, such as this example.

This Awareness suggests that this situation can shed light upon many aspects of the human being, many concepts and ideas, some of which are beneficial, others of which divert power and energy away from the dynamic health and vitality

Another condition which affects this situation is the emotional investment of fear in the possibility of a singular performance determining the positivity or negativity, the success or defeat of years and years of practice, preparation and self-discipline.

#### When the Fear Factor Enters In

This Awareness suggests that certain vulnerabilities have been increased given the knowledge and belief which exist within varying degrees, but virtually without exception within each and every contender, that the possibility of failure or catastrophe during the one shot at a perfect performance can occur.

This Awareness suggests that the degree of investment in this possibility, the diverting of energy to external sources such as weather, luck, or the whims of the wind can influence their performance; that degree of energy can correspond exactly to their vulnerability and susceptibility to the influenza invader. This Awareness suggests that not everyone will experience the inevitable contagion and that different responses will be noted among those who do succumb.

This Awareness suggests that the concept of centering can better be thought of as the appropriate distribution and retention of the personal power to manifest spiritual intention by facilitating only those beliefs, structures, pieces of knowledge and world views which facilitate spirit rather than offer limitation and frustration.

This Awareness suggests that the degree of centered-

ness relates exactly to the percentage of negative limiting beliefs and that the lower that percentage, the higher the centering of the entity, and that ultimately, those entities who have sifted the mental contents and passed each belief before the spiritual adjudicator, receiving the positive feelings of affirmation or the negative feelings of rejection, and have altered the mind accordingly, have developed the optimal degree of centeredness, so that their life is experienced in fulfilling and rewarding in delightfully synchronistic ways,--and yes, they exude a healthy exuberance and vitality!

If we have completion we can continue.

### The Importance of Being Centered

#### CLOSING MESSAGE:

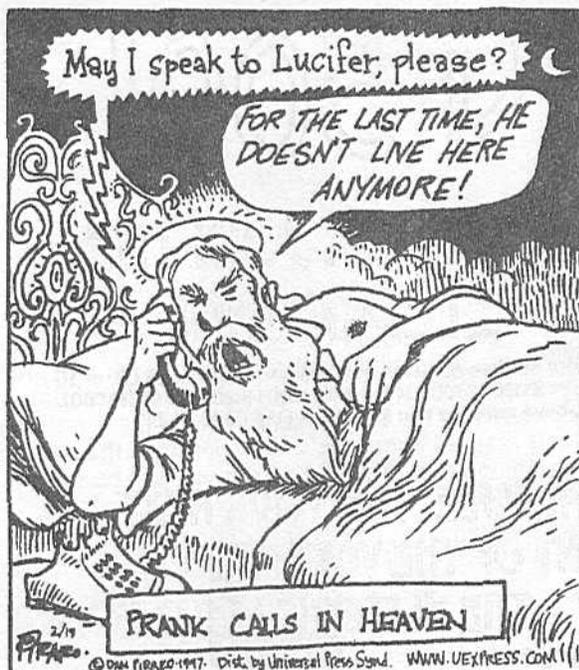
This Awareness suggests the concept of being centered is a useful one, corresponding to the completion, the wholeness and innate integrity of the physical energy system, wherein health, longevity and innate healing are the norm. This Awareness suggests that entities' individual minds reflect the off-centeredness of a mass-consciousness in general, which offers conflicting beliefs and tenets and dictates, never seeming to notice nor attempting to reconcile ridiculously polar and oppositional beliefs, such as the ideas regarding killing.

This Awareness suggests that each step entities make to refine the contents of mind to purge those limitations which elicit fear and anger and envy and guilt and the self-preservationary automatic responses, which follow, can be assured that they are one step forward, one movement closer on the fulcrum of balance toward that ultimately desirous state of centeredness.

This Awareness suggests that entities can rest assured that their efforts and their studies of the Lessons of Enlightenment can provide tremendous empowerment to rapidly attain a state of centeredness, understanding, fulfillment and creativity, beyond the mind's imagination at its present state. We have completion.

We will now bring the Interpreter up.

(The Law of Gratitude is given and a count of 12)



## A WORD ABOUT CONSPIRACIES AND THE IMPORTANCE OF THE ENCLOSED LESSON OF ENLIGHTENMENT

CAC General Reading Grace # 39 3-8-98

### Closing Message

#### COSMIC AWARENESS:

This Awareness encourages the editor to continue with such discussions and forums as provided in the recent edition of "Wind From The Editor". This Awareness suggests that this provides a forum and exchange, a communicative tool to satisfy inquiries of significance, from perspectives of mass-consciousness which are considered to be less significant and often oppositional, if given sufficient energy, at the expense of individual empowerment.

This Awareness suggests that the providing of information to entities interested in continuing pursuit of conspiracies and of alternative sources of information to divulge inner workings and plottings within mass-consciousness are encouraged in this particular format, as long as entities are of the understanding of this critical difference between mass-consciousness and Universal Consciousness, wherein the temporary potential human influence nature of mass-consciousness shall always be subordinated to the universal spiritually enlightened, yet abstract and perhaps in your terms, 'futuristic' insights offered through the Interpreter Grace.

#### The Enclosed Lesson of Enlightenment Is Extremely Important

This Awareness suggests also that following the addition and dissemination of that communication from the editor, will be the addition of the Lesson Beta-4, wherein the culmination of the primary tenets within the Lessons of Enlightenment and the empowerment are set forth and summarized. This Awareness suggests that entities studying the Lessons give particular notice to this edition, for it signifies the completion of the thought system necessary to replace existing limited frameworks.

This Awareness suggests that from this point on shall be lessons providing illustration, implication, example and replacement strategies based upon these central tenets. This Awareness suggests that this message accompany the mailing of this particular lesson, and that corrections be facilitated if necessary. We have completion.

Q)thank you)

### VISIT THE NEW C.A.C. HOME PAGE ON THE INTERNET

CAC now has another Web site here in Olympia. It contains a lot of information on the history of the Awareness Movement, what CAC is all about, plus colored photos of the entities who make this newsletter possible: Vikki T., your editor, Grace, Paul Shockley, Strongbow, Lady K, Rufus and Wilber. There is also information on some health products like Silver Wain Water. And for you who just can't wait for the next Lesson, The Lessons of Enlightenment are also there, free of charge. Just download and print! You can also click and tie in to our other website. Just type in:

[members.aol.com/cosmiccomm/cachome/cac.html](http://members.aol.com/cosmiccomm/cachome/cac.html)

Note: non AOL users may have to type in the following before adding our new site: <http://>

HAVE YOU JOINED THE CAC 500 CLUB YET?

See next page for details!



The Wilber guarding the editor's desk

The Wilber says: "Let's party, gang!"

# OUR NEXT ISSUE WILL BE THE BIG 500!

DROP VIKKI A NOTE OR A CARD OR JOIN THE  
CAC "500 CLUB!" (WE ARE CELEBRATING!  
PLEASE JOIN US!)

(Send your tax-free donation of 500 times 1Cent or \$5.00; or 10 cents(\$50), or \$1.00 (\$500), or if you're really loaded, \$10 (\$5000). Any of the above qualifies you to join the CAC "500 Club!")

IN ADDITION TO OUR REGULAR NEWSLETTER, YOUR NEXT MAILING WILL CONTAIN A REPRINT OF THE VERY FIRST "REVELATIONS OF AWARENESS"—THE HISTORIC ISSUE NO. 1 WITH RALPH DUBY THE INTERPRETER