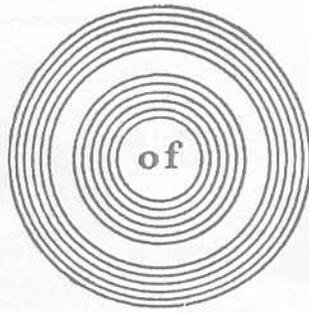


Revelations

The Cosmic Newsletter

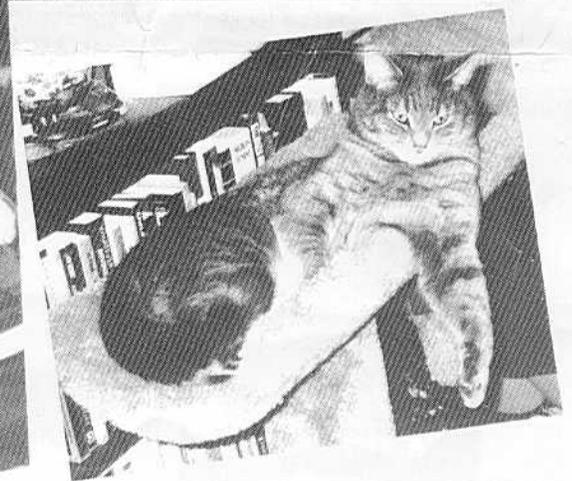
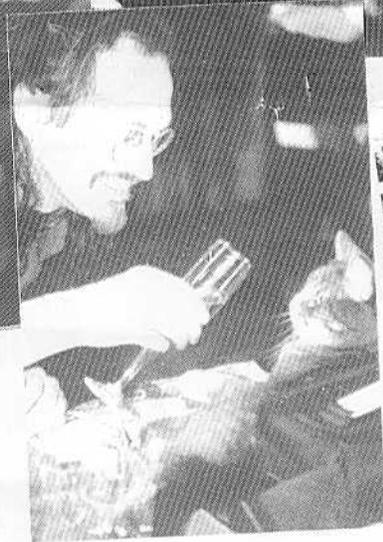
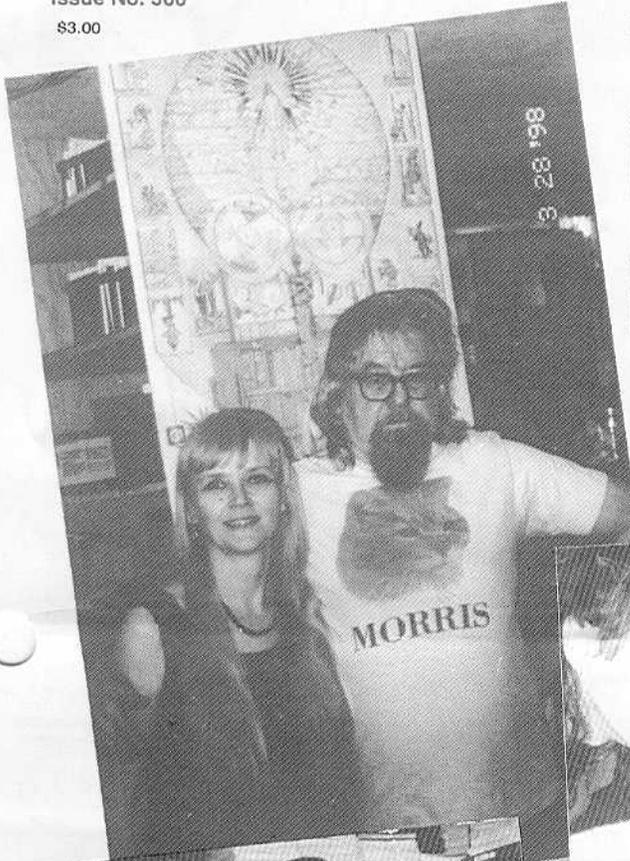
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Awareness

COSMIC AWARENESS COMMUNICATIONS
P.O. Box 115, Olympia, Washington 98507
Helping People Become Aware

98-6
Issue No. 500
\$3.00



We're Beginning our 27th Year and

We're Celebrating the Big 500th!

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The Gathering Storm
 (The Dark Women of the East)

THE CRISIS THAT IS
 PART I: THE BATTLE OF
 THE COSMIC AWARENESS: CLASHING I
 II

Revelations of Awareness
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The Nature of Creation

MONK ON ORGANIC HOMOGENEITY

Revelations of Awareness
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the MEDICAL CONSPIRACY

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A GIFT TO HUMANITY FROM COSMIC AWARENESS...
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DEMOCRATIC ORDER
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Operation 'Hot August Night'

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THE WEB OF CONSPIRACY (PART 13): THE ALIEN PRESENCE (THE SECRET GOVERNMENT EXPOSED)

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The Eye of Destruction

Revelations of Awareness
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Abortion & teen-age birth control

Tofuburgers

27 YEARS OF CONSCIOUSNESS CHANGING ISSUES—and the hits just keep on coming!

the Moonlight Scenario

...WAITING IN THE WINGS...
 THAT KNOCK ON THE DOOR IN THE MIDDLE OF THE NIGHT...
 ...WILL IT HAPPEN HERE IN OUR OWN COUNTRY?

Revelations of Awareness
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THE ALIEN PRESENCE:

Revelations of Awareness
 THE NEW AGE COMIC NEWSLETTER
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A SEARCH FOR GOD

THE CHRONICLE OF A WANDERER IN THE NEW AGE

A message from the Editor:

Hi Gang! Many thanks for hanging in there all these years, through all the ups and downs, through all the intensities, through all the controversy over subject matter, the editorial comments, prejudices, illustrations, etc. Today we are celebrating the 500th edition of our newsletter **Revelations of Awareness**, and I feel a brief review of its history is in order.

The first issue was put together and published in November of 1965. It was only 4 pages long. The second issue contained 8 pages and from then on all future issues were 12 pages. Enclosed with this mailing is a reproduction of that historic first issue. Because of its brevity, I have also included "Revelations of Awareness" issue number 9, mainly because it gives a broad sample of how Awareness spoke through that first Interpreter, Ralph Doby. Issue number 9 also includes that historic "New Creation" reading that Ralph did for himself, prior to embarking upon his "pilgrimage" and to his death.

This particular reading is unique in several ways. Ralph was deeply troubled with the burden Awareness had placed upon his shoulders: he was to inform the world that no religion mattered anymore, but to inform entities that Awareness was here and everywhere, had emerged from that Cosmic Night and entities now have the choice to merge with All That Is. That Cosmic Awareness *Itself* is that New Creation. The reading took place in a very unique way. Ralph tape-recorded specific questions he needed to ask Awareness. He left 5 minutes or so blank between questions so that another tape recorder could record each answer from Awareness. He then placed aside mind, emotion, and feeling and went into trance. After a few minutes the first tape recorded question came loud and clear from the recorder and Awareness then proceeded to answer the question, which was picked up and recorded on the second tape recorder. This process continued until all of the questions had been asked and answered.

This reading was also unique in that in answer to one of Ralph's questions, Awareness predicted the imminent death of the Interpreter, although at the time Ralph did not know this on the conscious level. Awareness spoke for the first time that separateness no longer existed, that God and Satan and all the religions and "ism" would soon die and that the ultimate passion was that merging into All That Is.

When Ralph Doby, a very healthy man, finally died in Hawaii after 12 massive heart attacks that made medical history, the Awareness Interpreter, David E. Worcester who followed, revealed much more about the entity William Ralph Doby and his significance in the cosmos and how it affects you and me and every other entity on this plane now and in the future. The significance of Ralph's death, in simple terms, meant that the war in heaven was over, for Ralph in reality was the Rhyee, the first separateness, that Lucifer, the angel of Light who eventually fell from grace because of vanity and ego and the belief that he was God. For eons of time this separateness created the polarities that created wars and all the sorrows and tragedies of life on earth. But during those heart attacks, Ralph was able to glimpse into that cosmic scene he had maintained as The Separateness for so long and he finally surrendered to physical death. According to Cosmic Awareness, Ralph carried those energies of Lucifer back to the Godhead and he merged and reconciled, with total forgiveness, back into that energy we call All That Is.

This occurred in 1967 and Awareness has indicated that for some time those negative energies associated

with Lucifer would continue on this plane, but these were mere "reflections," dying energies losing power day by day, and that in the not too distant future they would all be fizzled out and humanity on this plane would finally live in peace and love and harmony as has been so long predicted. One big example of this is how the so-called New World Order is turning around, is rapidly losing its power and eventually will be used to enhance humanity, not enslave it as had been planned.

There is much more I could tell you about Ralph Doby the man, for I knew him quite well and I knew many of his associates and their lifestyle. I took the Basic and the Advanced Development Classes under Ralph as the instructor. So did the entity Grace who was nine years old at the time. During the 8th Plan of Development, David Worcester blossomed into a channel for Awareness, much to Ralph's dismay, for his agenda did not have room for competition. But all of this, of course, was part of the Cosmic Plan.

I am publishing somewhere in this issue one of the two photos I personally took of Ralph with an old Polaroid camera when he was lecturing and giving readings at the Hall of the Woods in Olympia. I wish I had photos of David Worcester, Tom Mooney and Danton Spivey to include in this issue but I could not locate any. Paul Shockley of course, you well know. He is now retired.

Tom Mooney gave readings for several years back in the late 1960s. He and another Awareness channel, Primrose Diakow, were Canadians who started several Awareness groups up there and gave the Development Classes. One of their projects from Awareness was to drive a caravan of these ministers around the U.S. to all the major nuclear facilities, such as Three Mile Island, many of the military bases, nuke sites, and places where nuclear subs were based. These entities would work in secret, late at night and circle these installations, "binding" them in White Light, using a secret ritual provided by Awareness. This was during the height of the Cold War and the war in Vietnam.

Tom's readings were more "poetic" like those of Ralph Doby, more philosophical. Most of Tom's readings were done under the influence of LSD, which was legal at that time. As Timothy Leary once remarked, "If you can remember the Sixties, then you weren't there." This may explain why Tom later rejected the Awareness Movement and his work within it, called it the "work of the devil" and became a "born again" Christian. He started a small print shop in Toronto with a donation from a member and within a few years became a multimillionaire. I wrote to him many times but he never acknowledged my letters. I hold no ill will toward this entity who I still admire and feel that somehow his work at that time was very significant to humanity. (Besides, I still hold an unpaid \$400 IOU which helped launch this entity.)

After the death of Ralph Doby, the Organization of Awareness fractured into several splinter groups with much bickering. David Worcester, the only remaining Interpreter for Awareness was working in Everett as a draftsman and although he had not done readings for several years, he was courted by these three splinter groups. After hearing their propositions he came to Olympia, checked out my office and still headquarters for Organization of Awareness, gave a reading, and Awareness said to start a new organization. While we tried to think up a name, I came up with "Servants of Awareness."

The name stuck and David began giving project readings in Olympia after we set up a residence for him

and his artist companion, Vern Christiansen. There were nutritional readings, agricultural readings, general readings and certain ceremonial readings such as the Fraternity of the Golden Cloak, plus many Personal Readings. Because there was not enough money coming into the organization, after some months David left and started his own organization; however, it soon failed. Like Paul Shockley years later, David was convinced that I was personally skimming off money from the organization, even though the impeccable Geraldine Morse was the Treasurer. (Actually, I never saw the books as I had many other things to do in running the organization). Anyway, the next thing I knew several lawyers and a policeman stormed into our office and confiscated the books. Two weeks later I was audited by the State of Washington. I provided a desk for this entity and he stayed 5 days auditing all my books from my advertising and mail order business. After that week of auditing the state auditor announced I owed the state of Washington \$32 in unpaid tobacco tax. (I belonged to a cigar club that sent a box of real Cuban cigars to my mailbox every three weeks). I stopped smoking them soon after, mainly because the politicians got mad at Castro and would no longer allow his cigars into the US.

A week following the state audit, the IRS moved in. They stayed in my office for 4 days auditing every book I had going back at least 5 years. What they found must have been rather disappointing to David Worcester, who had informed these tax agencies that I was a crook. As a result of 4 days of auditing, the IRS agent informed me that I had overpaid my income tax the year before and that I had a refund due me of \$134.89. I later got the refund check.

I ran into David and Vern at a gathering of Awareness people in Tucson in 1988; they hinted they were working on some mysterious cosmic product having to do with television, if I recall correctly. Later I heard he was in the movie business and had played a cowboy on a horse in an underground "gay" production.

David was a very interesting person. He was a good conductor of LSD sessions for many entities, guiding them through the Bardos and death experience ala the Tibetan Book of the Dead. He often appeared at my cabin, switch on the TV news with Walter Kronkite, pull up a stool, light up, and set before the TV and talk back to Walter Kronkite. David swore his words were being heard by the newscaster as he read the controlled news from his script and that this routine was changing consciousness. As a magician, David took a lot of credit for certain events that occurred on the world scene. He implied, for example that an earthquake in India was the direct result of a fart he let in Olympia while watching the evening news. It could all be true, he was "far out" indeed, but totally ignorant of the economics involved in running an Awareness organization. However, I did not publish many of his readings in the newsletter for the simple reason they were just too difficult to understand. David is a very cerebral entity and he loves to speak in riddles and on levels most entities do not comprehend. I used to call him the "shaggy dog" Interpreter because so many of his readings took the reader on a long, circuitous verbal route before coming full circle to the original subject. You read his stuff and scratch your head and wonder what in the hell is he talking about, anyway? I have tried to select several of David's more lucid readings that did make some sense to me and these are included in this newsletter.

Danton B. Spivey was the youngest of the Interpreters. He began channeling in the 8th Plan of the Development Classes given by Awareness, carefully tutored by David Worcester and while enrolled at Stanford, was

the subject of psychology experiments in which he went into the Cosmic Awareness levels and lectured on certain subjects and gave various types of readings. He manifested later as a professional MD and to this day, as far as I know, he still works in the ER (Emergency Room) of a Denver hospital. How he was ever able to give Personal Readings while working under such stressful conditions, I don't know, but Dan Spivey, in my opinion, is an excellent Interpreter of Awareness and gives some great readings with real perception, often with a lyricism similar to that of Ralph Duby when he waxes away on cosmic issues. Dan has sent CAC copies of all the readings he has given in the past, and since we have not heard from him in years, it is safe to assume he is not giving readings at the present time. Should he resume this service, we will certainly inform the membership.

Paul Shockley, of course, is the Interpreter you all know. He is certainly the most prolific and has given literally hundreds of readings for CAC and was well paid for his service. Although CAC is the archives for the readings of all these Interpreters, the bulk of the material we have published in the newsletter over the years can be credited to Paul, for his is the most timely and interesting and covers a wide range of subject matter.

Paul was particularly proficient in ferreting out conspiracies, cosmic and earth created conspiracies. His Destiny Path was to awaken consciousness to those conspirators whose evil plan was to enslave humanity, the main culprits being those gods gone mad, the Asuras, who controlled the Orion group who controls the Reptoids, who controls the Zeta Reticuli and who have bilked the New World Order planners into thinking they can enslave humanity once this alien presence is made known. Every day there is more evidence that this diabolical scheme will never work, that the New World Order is losing its power and is beginning to change course to a more humanitarian agenda. When mass-consciousness was duly awakened to these conspiracies it was time to stop energizing them and begin to prepare for the Millennium and those golden times and the New Being predicted. Awareness retired Paul in the spring of 1997 and proceeded to deliver the entity Grace to CAC as the Interpreter to help bring in this glorious New Age.

Awareness, through the Interpreter Grace, to the chagrin of many who enjoyed the "high" of sniffing out conspiracies, announced simply that there would be no more of such stuff through her channel. That work of Paul's had been successful, now it is time to energize more positive and meaningful concepts, such as the *Lessons of Enlightenment* which CAC is currently publishing and which are available free of charge on the Internet here and in Europe. Grace is obsessed with getting these Lessons released into consciousness. Awareness claims this is the most important and far reaching information ever published, even though it is hard to understand by many entities, but is absolutely necessary if this new Golden Age is to manifest. Stay tuned, gang!

This 500th issue of the newsletter seemed like an appropriate time for your editor to present a brief history of the Awareness Movement and the Interpreters who provide the subject matter.

To conclude, here is a brief summary as to how CAC got started and the newsletter really began. After David Worcester pulled out and Servants of Awareness collapsed, Vikki and I asked Sam Millar for a Tarot reading in regard to what direction to take. The Tarot indicated that a new Interpreter was heading our way

and that we needed to start an entirely new organization.

First we needed a name for it. We rattled off a long list of possible names but the Tarot rejected them all. Sam said the name *had* to include the name of Cosmic Awareness. Since I was still Minister of Communications, a light switched on and I suggested "Cosmic Awareness Communications." Sam's face lit up. "That's it!" he exclaimed. So, while waiting for the new Interpreter to appear, we started mailing out information free of charge to the membership lists we had on the old organizations. This was mainly stuff from Ralph Duby, the Book of Meditation, the Healing Manual and a very primitive newsletter we cranked out on an ancient mimeograph which required typing a stencil. This material was mailed infrequently, which meant when we had the space and postage and the inclination.

In the meantime, we hired a certain lawyer Brown to draw up the papers and file CAC as a non-profit religious and philosophical organization. Vikki had Sam indicate by Tarot who could best do the job as she read off a list of local lawyers from the yellow pages of the phone book. Lawyer Brown, as it turned out, was a disaster. Both the IRS and the State of Washington rejected his material. (Lawyer Brown today is selling used cars in a local lot). Later Sam said the Tarot chose Brown because Vikki T. was supposed to put the legalities of the organization together, that there were certain cosmic reasons for this. And she did. She spent hours in the state library here in Olympia researching law books and taking notes. This resulted in the Articles of Incorporation and the bylaws, which were brief and covered a sweeping area:

"A. To acquire and disseminate information of a religious, esoteric, mystical and scientific nature by printing, publishing and instructing through the use of school, radio, television, motion pictures and various other communication and to manufacture and distribute games, inventions and other items designed for use as teaching aids.

B. To do any other activity of a charitable, religious, educational, scientific, humanitarian, or benevolent nature which in the judgment of the directors of this corporation shall be beneficial and shall not be contrary to the laws of the State of Washington or the United States of America.

The bylaws were equally simple and broad and non restrictive. They consisted of 7 paragraphs. When Vikki submitted this document, both the state and the IRS immediately accepted it.

Then one day we got a phone call and Paul Shockley entered the picture. I did not know him. Later he said he had come into my office book store and bought a few mystical books, but I did not recall him. He said that he was driving a bus in Portland and that in the past year or so he found himself channeling Cosmic Awareness. He had these readings but he didn't know what to do with them. I told him to mail some down so we could look at them and if they were indeed genuine Awareness material that we would make some arrangement to publish them and pay what we could for them.

Most of them were not general enough to publish. We told him he needed questions and that we would put out a few newsletters of his material and ask the readers to start sending in questions. This all took time. However we were able to put out a few primitive newsletters on that old stencil mimeo, errors and all. They were free of charge but donations would be gratefully accepted. For the first few years there was never enough acceptable material to comprise a legitimate newsletter so I was forced to liberally fill them with various illustrations—far too many and some quite controversial. I discussed this with Paul and he said to continue, that at least the kids at the Dean Point School, as well as the kids in his family really dug the newsletter, that it was like a comic book and it succeeded in getting them interested in

esoteric things. Later, when Paul channeled all that paranoia about conspiracies, aliens and people and creatures who stalk entities in the night, I had a field day dreaming up images that illustrated the subject. Later, as a backlog of readings began to stack up, I reduced the amount of illustrations and today the newsletter contains only a few, mainly comic relief to the heavy material we so often published. I had never done serious editing before, I was basically an advertising man who wrote radio and TV commercials and spreads for national magazines for five years, working for Bozell & Jacobs, one of the largest of Ad Agencies in the world. Fortunately, I learned enough about layouts, printing and publishing that I quit and went into business for myself. All of this knowledge was later put to use for CAC.

For many years we somehow got the newsletter out every two weeks and by then we were charging for subscriptions. Except for special reports, the newsletters were usually 12 pages. When Vikki announced years later that she needed some space for herself, needed to end the 12 to 14 hour daily routine, we switched to putting the newsletter out every three weeks instead of two. To make up for this, we extended the pages from 12 to 20. I'm not really sure we created much extra space. Vikki still seems to put in many long hours, often starting her collating shift at 4:AM and I usually close the shop at 2:AM. (These are not complaints, just facts. We both enjoy our work and the tremendous sense of satisfaction it brings.)

However, the most difficult and stressful work imaginable in this business is shouldered by the entity Jon Strongbow in Seattle, who for 20 years has dutifully and conscientiously transcribed the hundreds of tape recordings which enabled these readings to be put into printed form. This entity is amazing and is so underpaid for his incredible service that he is obliged to wash windows on office buildings, often climbing to dangerous and dizzying heights. We want him to stop this but at the moment do not have the available funds to relieve him of that dangerous necessity. (Maybe we should start a "Strongbow Fund" with any and all donations welcome!)

So that is the brief history of "*Revelations of Awareness*." Of course there was much other material we often sent along with the newsletter: the 144 Spiritual Development Lessons, the "Letters from Bill" Shepherd, who also channeled Awareness in his unique way, various "current events" reports, and today the *Lessons of Enlightenment* to name a few. (And let's not forget that Awareness recently suggested that CAC put out more often that controversial document called "More Wind From the Editor!" (Actually, this history of the newsletter you just read could be considered "more wind!")

Cosmic Awareness Comments on Our 500th Issue of the Newsletter

(Excerpt from a CAC General Reading March 22, 1998)

Grace Interpreter

QUESTION:

Awareness, this is sort of a personal thing. Thirty three years ago, Awareness, through the Interpreter Ralph Duby, appointed me a Regent and Minister of Publications and told me that it was my duty to supervise and make sure that the messages of Awareness continued and got into consciousness.

There was a lot of dissonance and unhappy entities at the time Awareness made that appointment, but anyway, through four organizations and six Interpreters later, we are still supervising and getting the messages into consciousness. The reason I bring this up is that three

weeks from tomorrow we will be celebrating the 500th issue of *Revelations of Awareness*.

The first one was published in 1965, 33 years ago, and we're sort of jazzing it up to make it a celebration, hoping the membership will participate, and I'd like to ask if Awareness has a comment on this 500th issue celebration that we could include in that particular issue; good or bad?

COSMIC AWARENESS:

This Awareness suggests that as been stated repeatedly through various Interpreters since the cracks in consciousness achieved a connection between humanity and this Awareness in the format *It* is now accessed through this organization, that indeed this Awareness suggested your appointment and vested you with the responsibility of disseminating the information, of organizing communities, of creating networks of communication and of ushering spiritual enlightenment and evolution in consciousness by creating inroads in mass-consciousness.

This Awareness suggests that not only were you attuned to this Destiny Path before this appointment, but that you have risen to the challenge of your spiritual destiny and have achieved an impressive level of fulfillment, the impact of which upon mass-consciousness you cannot begin to imagine.

This Awareness recognizes the hardship, the struggle, the courage, the faith, and the integrity to meet this commitment and it is no accident that the 500th issue of your newsletter falls just before the millennium, as energies gather, building upon previous insights and shifts in consciousness.

This Awareness indicates that the number '500' is significant and indicative of the mathematical point known as critical mass, wherein through the dissemination of 500 newsletters into the hands and minds of many thousands of entities the world over, in numbers that ebb and flow with the consciousness of the entity individually, as influenced by the mass-consciousness in general; that a certain accumulation of energy, of enlightenment, of vibrational focus now allows the doors of consciousness to squeak open with an audible groan from the position that was once closed tightly, and was set ajar with the beginnings of the *Organization of Awareness*, a point upon which your appointment as communications facilitator was made; that with these past 500 mailings, the crack slowly and steadily broadened and although the doors of consciousness still need tremendous energy and assistance to spring open wide, there have been audible, detectable sounds as the doors have begun to creak and shift and spread at a more rapid and vigorous pace.

This Awareness suggests that the 500th issue shall mark the watershed wherein the celebration can be rightly acknowledged in that the Enlightenment has truly begun. This Awareness suggests that although there have been human patterns of resistance, of self-preservation and competition within and among members and players of the Cosmic Awareness community, that this is to be expected, for even spiritual movers and shakers within the physical realm are still subject to the pitfalls and illusions of the physical realm, but that in a deeper, cosmic, spiritual, significant sense, these issues, often experienced as profound struggles, are but minute wrinkles, easily smoothed away in the fabric of spiritual significance in light of the work that has been accomplished.

Even as certain dissonance and negativity still utters its death rattle, given certain energies, a tremendous amount of consciousness alteration has been directly

attributable to your efforts.

This Awareness suggests that the original appointment was based upon the energy of your spirit and the community of spirits that unite in your cosmic family to empower, directly, indirectly, in form and out of form, this enterprise as being one of psychic pioneer on the frontier of Consciousness; that certain challenges were foreseen, and that at each turn, at each challenge, the faith in your destiny and in the magnitude of the potential of your task remained the focus, such that as Interpreters came and went, organizations began and ended, as members would ebb and flow, as resources would manifest and grow thin, as life would offer alternate distractions, many opportunities; your focus has remained unflagging, and this was the energy experienced by this Awareness, empowering the appointment, and that you are to be congratulated for manifesting and living the spiritual intentionality so difficult to achieve at such levels in the physical realm.

This Awareness is pleased. This Awareness suggests also, that entities are encouraged to recognize the gathering energy and the culmination of this critical mass related to this 500th issue of Cosmic Awareness Revelations; that the *Lessons of Enlightenment* provide a culmination of the strands of wisdom that have been communicated through various interpretations and channels to this Awareness, and that the ultimate mission is to empower each and every entity with the ability to access energy from this Awareness through the innate channels that exist within the human form.

This Awareness suggests that there can be no greater, more glittering jewel in the crown of your accomplishments than to deliver the understandings captured in the *Lessons of Enlightenment* to restore the rightful empowerment and communication between Creator and creation, restoring humanity to the grace that is the birthright and destiny of the human experience.

This Awareness suggests that for several thousands of years humanity has struggled within the illusions of their own creation, within the restrictions of an unrestricted mind, such that they recognize their Fall from Grace.

It is recounted in each tradition, couched in many different terms; demons and dark forces are created to explain the dissociation between Creator and creation, and yet as the new millennium dawns before us, you have been instrumental in pulling together the strands of consciousness and refocusing human energy and awareness upon the fact that they have never been abandoned, they have never been set adrift from their Creator; that God is not dead; that life is not simply a struggle for survival of the fittest; that indeed, there is every evidence in the Creation to expose the Creator's intention of human purpose, of spiritual development and expression and that once this essential connection between mind, body and spirit is restored, then humanity can begin.

It is suggested that celebration be the tone; that members communicate and pass along the enlightenments, however great, however small, to each and every entity of importance and significance in their sphere of existence, such that the energy can expand ever-outward from these efforts, long and forever after you all have passed from this plane of existence.

No greater legacy can be expected.

If we have completion, we can continue.

QUESTIONER:

Thank you.

We could consider that the closing message and bring

the Interpreter up unless Awareness indicates otherwise.

Channeling Awareness is not Detrimental to Health or Longevity of the Interpreter

COSMIC AWARENESS:

This Awareness suggests that all entities concerned over potential physical deterioration and destruction to cells and tissues within the Interpreter due to the activity of channeling messages from this Awareness; that such concerns can be set aside and assuaged, and that considerations of restricting the sessions are unnecessary and that the normal signals from each of your minds and bodies can provide spiritual testimony to appropriate lengths of sessions.

This Awareness suggests that concerns for health and declarations of destruction can be set aside. We have completion.

Q) thank you)

We will now bring the Interpreter up. (The Law of Gratitude and a count of 12 is given)

Ed's Note: A member advised us that former Interpreter Paul Shockley had sent out a communication which stated much of his health conditions and premature aging were caused by being kept in trance too long while contracting to do readings for CAC for many years. Concerned, we discussed this allegation with Grace and whether we should reduce the time she is in trance doing readings. The above statement by Awareness appears to clarify the subject, that no physical risk or deterioration occurs with Interpreters for Awareness.



WHAT IS COSMIC AWARENESS?

COSMIC AWARENESS is the Force that expressed itself through Jesus of Nazareth, the Buddha, Krishna, Mohammed, Edgar Cayce and other great avatars who served as 'Channels' for the 'Heavenly Father' and who speaks again today as the world begins to enter the 'New Age' of spiritual consciousness and awareness. Since 1963 Cosmic Awareness has been communicating through carefully trained channels. This information is for those who desire to help in bringing in the New Age. Throughout the thousands of 'Readings' given through these various channels, Cosmic Awareness tells us not to believe anything, but to question, explore, doubt, and discover for yourself, through your own channel what is the truth. Cosmic Awareness will only 'indicate' and 'suggest'. Neither C.A.C. or any of the Interpreters is responsible for anything Cosmic Awareness states in any of these readings, nor does C.A.C. or the Interpreters necessarily agree with the statements of Cosmic Awareness. The Interpreters interpret the energies as they see them in trance levels and are not personally responsible for what is said. The Interpreters published herein have no connection with, nor control over the editorial comments and material, including illustrations. This is entirely the responsibility of the editor. Members of C.A.C. are invited to send in questions of general interest to ask Awareness for possible publication in this newsletter.

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William Ralph Duby, David E. Worcester, Tom Mooney, Danton B. Spivey, Paul Shockley, Grace.



Grace and Vikki exchanging tomcat jokes

Avaton--Editor
Vikki T.--Sec. Treas.

HOW TO GET THIS NEWSLETTER BY MAIL-- EVERY 3 WEEKS (More or Less)

REVELATIONS OF AWARENESS is a cosmic newsletter, published by Cosmic Awareness Communications, P.O. Box 115, Olympia, Washington, 98507, U.S.A. (A not-for-profit organization). Membership fees and donations are deductible from your Federal Income Tax. Try to remember Cosmic Awareness in your will if you wish to have these messages preserved and available to others in years to come. ("How many have you served, and how well?" is the question we will all be asked at the Passing Over).

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(Excerpt from an Olympia Group Reading 8/13/1967)

David E. Worcester, Interpreter

WHEN SEPARATENESS FIRST OCCURRED

This Awareness asks: that you come within the structure of that which seems to be yourself to that intensity of vibration and movement wherein there is a discernment of the dissolution of matter from moment to moment. This Awareness asks that as you move through this structure of energy, that you observe the distended areas surrounding the periphery of your structure, these areas which fluctuate with the speed of light and faster, that do turn and look about and in their intensity observe with the question: "What is going on? --the intensity of search, of finding that which is in relationship.

This Awareness now moves to behind the eyes of each of you, and as this facility is there, that you experience the accelerated movement of going hither, thither, moving forward, backward, sideways, looking, looking, looking, wondering, wondering, wondering: "Where am I?" "Who am I?" "How did this all come about?" "What am I in?" This Awareness indicates that these aspects of questioning have been carried from great distance by great minds; that this search has gone on too long.

This Awareness indicates now that in awareness a quietness comes about wherein this eternal activity of movement, of manipulating, of maintaining, of moving about, trying to find answers wherein that attention now moves to that quiet, to that state wherein the motivation for all these movements is examined carefully and moves to that time when separateness first occurred.

This Awareness indicates that in that first separateness there was exploratory examination. In this exploratory examination a field of energy, likened unto a huge isolated cube within the universe, was set up by that separateness. Within that separateness many constructions began to develop. That in time the recall of how these constructions began became less important than the preoccupation with the constructions then developing. This Awareness indicates as this occurred, there came a loss of memory of how it happened, how it occurred; and then there was a wondering of how it happened and how it occurred. At this time there came forth a division within the structure of separateness to explore more extensively this vast field of isolated energy. This Awareness indicates this was not enough to discover that vast field, that original separation; that then there were additional divisions; that these divisions became a multitude; that they became likened unto the sands that rest upon the beaches, that wait forever to observe that first movement. This Awareness indicates that there were also the waves that utilized great power to crash upon the sands, to cause an effect, to move toward that time wherein separateness first came. This Awareness indicates the waiting sands are of no avail in discovering that source of how separateness first came. That the enormous crash of power and position is to no avail in discovering the mechanism by which that first separateness occurred.

This Awareness indicates, however, there was an essence that flowed between these mechanisms of waiting and these mechanisms of power. As indicated in the Tarot card, this is the crab, that which moves forth from the power from the unconscious to stroll across the waiting area. That in the examination of power, in the examination of waiting, there is a new form that comes about. This Awareness indicates that this new form is

not drawn from either but from a totally new level of essence. This Awareness indicates that in this form, that called the crab, there is also a correlation of a new movement, a concern with maintenance.

This Awareness indicates that this then moved into times you call Egypt, into those times wherein great structures were built, wherein concepts of forms were built, and in these concepts mechanisms were developed to maintain these forms for ages.

The Unwrapping of the Mummy

This Awareness indicates that these maintenances of forms were then covered by gold and great statues of beauty, and in these great statues of beauty there was an evidence of some kind of solidity. This Awareness indicates that in that recluse state of being within the statue, that these great forms held power that operated within the structure of this cubic energy isolation. That many levels of Awareness have visited this isolated area of energy and have wondered with awe at the beauty of these structured things, these isolations. However, this Awareness indicates as the awareness increased, as an examination of this statuary, this coffin, that it was removed, and within was noticed a form which was wrapped. This Awareness indicates that Awareness then began to unwrap that which was called the mummy, to discover the reality of that which was maintaining that force. This Awareness indicates that as this unwrapping occurred, that the awful decay, the awful stench, the awful breaking up of that which was represented within the structure of so-called powers of this earth. This Awareness indicates as this unwrapping occurs, as the falling away, the decay, the source of the energy and powers and forces that maintain those things which exist in high places is that which would be called to your attention, to your awareness.

The Ego Death

This Awareness indicates as you now move back into that state wherein there is much looking, much wondering, "where did this all come about, how did it come about?" This Awareness indicates that it is *always* here, it is not elsewhere; that it is within as the God is within; that all the decay, that all of that which is maintenance of power is within; that those who experience that which is called the ego death accelerate the dissolving of that decay, to allow that field of energy which maintains separateness to then also fade away. And in that moment wherein that energy, that field of energy that is maintained, begins to fade, man stands as an electric imagery charged with that which fails as the Golden Dawn beyond the level of energy begins to glow, as a knowledge that that field, that isolated massive cube that has separated from this Awareness is not that destination but that golden flow beyond the concept of words is the area of destination, the return to this Awareness.

This Awareness indicates these symbols are to cause an intense self-questioning, an intense realization that all forms do now dissolve, that all aspects of identity do now die, that even the concepts of group action do dissolve and die, that only that which completely dissolves and die may be in that form which moves toward this Awareness. That the constant surrender, the constant flow, the constant repeating and repeating forever that "I do not know" brings about that possibility of that approach toward this Awareness.

LESSONS OF ENLIGHTENMENT NOW ON THE INTERNET FREE OF CHARGE.

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members.aol.com/cosmlccomm/cachome/cac.html

What Makes a "Driven Person" Driven?

(Excerpt from a Personal Reading for Avaton, given September, 3, 1967), David E. Worcester, Interpreter.

QUESTION:

I have had the feeling most of my life that I am being driven. Others have told me that I am a driven person. Would Awareness please explain the nature of this drive, and toward what end it is pushing me?

COSMIC AWARENESS:

This Awareness indicates that rather than being pushed, you are being pulled. That in a previous lifetime, as an observer, you saw deeply into the cosmos. That in this scene there was an opening that was created, and in this lifetime you have been moving through this opening at a faster, accelerated rate than those around you. That this constant movement to others—who are not in such movement—appears to be a driving force. This Awareness indicates that this is the way which has been prepared, and you move through it rapidly and freely with a kind of glee. That this movement is of awareness proportions. That it's the kind of movement that does make raw the nerves of resistance; that does serve as a balm to those who are not resistant, but move rapidly in that same direction, also.

PROBLEMS IN MEDITATION

(Excerpt from a Personal Reading for M.K.R.)

Danton B. Spivey, Interpreter (4/3/89)

QUESTION:

Over the past ten years I have embarked on a mental and spiritual journey to find God in my life and to discover my true purpose on this planet. Sometimes I feel very close to divine inspiration, but most of the time I feel that the harder I try, the further away from God I get. When I try to meditate, I sometimes feel that messages are conveyed, but then the skeptical side takes over, and I start to think that I'm just imagining these communications. Can the Awareness provide some guidance regarding my path in life and how to tap into inner guidance?

COSMIC AWARENESS:

This Awareness suggests that this is a difficult problem for entities. It is suggested that there needs to be persistent effort made and that these efforts need to be regular, at least once daily at the minimum. It is suggested that the minimum amount of time set aside for this each day needs to be one half hour. This Awareness suggests, additionally, that the actions indicated in the *Book of Meditation* are those which can be useful to help you to begin to receive those indications from within consciousness which can be useful for your life. This Awareness suggests that you need to understand that there are multiple layers of forces and so that those indications which you received may not be regarded as either invalid or as absolute truth. This Awareness suggests that these need to be understood and received and appreciated as manifestations from a variety of levels within consciousness, but not necessarily specifically from one source or to have one kind of authority. This Awareness suggests that, in this way, you can develop yourself into a more intuitive entity.

It is suggested that, additionally, part of the problem for yourself is that you are developing a greater clarity of vision in terms of forces which act in this plane and a greater skepticism in general. This Awareness suggests that this is not a negative development, but on the contrary, demonstrates maturity within your psyche. It is suggested that what is most important for entities is that these inner moments and that these inner times wherein they are receiving are those which begin to cause

transformation and change which entities may not really be able to appreciate until a considerable amount of time has passed. It is suggested that these manifestations are manifestations of peace and of love and of freedom from anxiety and worry. This Awareness suggests that wherein you do pursue these actions regularly, without seeking specific goals, that you will begin to find that there is significant benefit to yourself which reaches far deeper than your conscious mind is necessarily able to appreciate.

CLOSING MESSAGE:

This Awareness suggests for all entities that they, in their lives, do dance those dances, those small dances of joy and of sorrow, those dances wherein they do manifest themselves into time and into the material world. This Awareness suggests that entities ever and always need to understand that this life is but brief; it is a brief moment in the span of time and of history; it is but the twinkling of an eye. This Awareness suggests that entities also need to understand that it is not their task to accomplish but rather to love, and as entities begin to understand this, they then will be able to move into that type of lifestyle wherein they are able to demonstrate that love to other entities without being burdened by the responsibility of achieving goals which often are meaningless.

Danton B. Spivey, Interpreter

AWARENESS IS WITH YOU ALL THE WAY

OPENING MESSAGE:

This Awareness comes at this time to tell entities that *It* does wait for entities. Indeed, this Awareness does have world enough and time. And as entities do make their journeys through their growth and their development, this Awareness is with them. Yet entities do often doubt, do often harbor those fears about *who in fact they really are*. To seek out the reality in regard to this question is in accordance with the will of this Awareness. For in uncovering the facets of the human psyche which play a great role in the formation of the identity, the ego, that a greater and greater understanding of the essence of man does emerge. Inevitably, where there is identity or identification, there is conflict. To live with greater inward freedom, outward forms may change little, but identity must inevitably find its way onto the altar of sacrifice.

Danton B. Spivey, Interpreter

(Excerpt from a Personal Reading for H.R. Aug. 7, 1991)

OPENING MESSAGE:

This Awareness indicates that within your form and within your life comes now certain new energies which have heretofore been kept from your consciousness, from your conscious mind. This Awareness suggests that your life does begin to take a kind of turn wherein certain aspects of life upon which you have focused now begin to modify and change. It is suggested that you begin to go through a kind of gentle transformation wherein you begin to discover something of the newness of the present moment. This Awareness suggests that this is related to that concept of the Dawning of the New Age. This Awareness indicates that there is this, there is that eternal dawn which is the overflow of the objective mind force into consciousness. This Awareness suggests that for those who can discover this Golden Dawn that there is the opportunity for entities to bathe in this kind of energy which is symbolized by the river Ganges, wherein entities may wash away all that is dross, all that is incorrect, all that is divided, and move toward that

kind of oneness wherein entities may learn to embrace the reality of the completeness of All That Is.

THE STATE OF MARRIAGE ON ATLANTIS

QUESTION:

Would Awareness kindly verify and relate these two points and describe the state of marriage as it eventually existed on Atlantis.

COSMIC AWARENESS:

This Awareness suggests that within this process of evolution, within this culture, that entities did learn from early childhood something of the nature of their own inner emotional security. That unlike your present day culture, that entities when they were small were taught that they were complete and whole, and that there was inherent divinity within them.

This Awareness suggests that growing up with this kind of suggestive force did help entities to focus upon this inherent divinity so that when entities became adults that they were as gods as you would now conceive it. This Awareness suggests that *each and every* entity was one who was capable of contacting his own Inner Awareness and was able to move along those lines which represented the will of this Awareness.

This Awareness does suggest that for those entities thus developed, that concepts such as marriage then do become profound inhibitors of their actions in terms of functioning channels for Awareness. For it is suggested that these concepts of marriage are those which are created by the mind in an effort to create security, to create the opportunity for entities to find a way of protecting themselves. This Awareness suggests in this world which is so filled with violence that entities do often seek that kind of harbor wherein they may not be subject to the violence of others. This Awareness suggests that this also relates to that kind of interpersonal relationship which often may occur between men and women related to romantic and sexual aspects of human relationships.

Because of the kind of behaviors in which people do engage, it is suggested that marriage has come to represent that kind of holy Institution wherein entities may find the security that they seek. This Awareness suggests that the age of institutions is drawing to a close. And that for entities in your plane at this time, that for many there is that choice wherein that they do decide that their lives shall be guided by the Inner Light rather than any outer institutionalized concept, and wherein they do move from relationship to relationship, taking great care that each and every act is an act of love.

Conditions of Marriage in Atlantis

(Could they Enrich Present Day Marriages?)

QUESTION:

I truly believe that as the ancient philosophers stated so often that couples who bring out the best in each other can use the abundance of the energy created by their union for not just self-improvement and better living but to literally save the world. Would Awareness kindly discuss if and how these conditions of marriage during Atlantis can improve and enrich the conditions of marriage in present times.

COSMIC AWARENESS:

This Awareness does particularly wish to point out to you a word that you picked to use in this question which is "couple". This Awareness suggests that this word "couple" has come to mean two entities who have in some way created some kind of identification, some bond of identification wherein they do sense or feel that they belong one unto another.

This Awareness suggests that being mortal that entities do cling one to another and that there is that sense that there is death lurking somewhere in future time. Awareness suggests that this fundamental concept is one which ultimately must pass in the development of the human psyche, for it is suggested that each and every entity is a representative for all of humanity, not simply for himself and one other.

This Awareness suggests that for those who are able to move into that level of maturity, that they can begin to realize that these expressions of love that entities do feel one for another are those which carefully do need to be expressed in ways which do not create division, which do not create that kind of action wherein entities begin to feel that there is a separateness. This Awareness suggests that there are actions which entities do take which often go against these concepts and among them is your present day concept of marriage which becomes a self enclosing, isolating event. This Awareness suggests that many on your plane at this time are those who are exploring different ways wherein marriage may no longer be this kind of isolation.

It is suggested that this concept of the nuclear family, of the isolated marriage, is that which entities are discovering lead to great sorrow and great loneliness, and that entities who believe in these ideas, who follow them, often reach points of great disappointment. This Awareness suggests that for yourself that in relation to the entity Dee E. that you have idealized both her and the concept of a relationship with her to the point where you are allowing yourself to escape from the realities of present day human relationship. This Awareness suggests that rather that you focus your attention upon your own personal development wherein you may learn to be able to have loving relationships with many.

The Spiritual Aspect of the Sexual Union

(Excerpt from a Personal Reading for T.M. Nov.17, 1971)

Danton B. Spivey, Interpreter

QUESTION:

Would Awareness instruct us about the spiritual aspect of the sexual union?

COSMIC AWARENESS:

This Awareness indicates that this is a vast field, that what entities understand at this time regarding the potential and action of sexuality is but a small portion of what entities need learn and understand. This Awareness suggests that in the act of mating, forces are brought forth from deep within the psyche to move through the form, effecting certain energy flows, according to the level of motive and the state of development of those who are involved. Through this fashion, there is a sharing of energies at a profound level which creates a sense of unification, a sense of merging; however, this is only on one level.

Those hindrances, those barriers, built into the sexuality through suggestive force, through cultural and genetic force, those judgments, fears, desires, and complexes of guilt, or trauma, developed spirituality, forces of balance and forces of imbalance, forces of control, forces of domination; all of these and more may be associated with the sexuality of many entities on your plane at this time. That all of these are shared, one with another, in a very deep level of the psyche during sexual union, so that promiscuous sexual behavior for those who are not careful may result in accumulating fears and guilts and problems from many into their sexuality which becomes a burden for the developing spirituality.

Simultaneously, those who attempt to dominate the sexuality of another, to develop a sense of prudery, a

sense of fear or guilt in relation to sexuality, create that kind of problem which is also a burden for the developing spirituality. This Awareness suggests that for those who are aware that the action involved in sexual union can be a means whereby these areas can be explored through awareness, balanced, purified, vitalized, and spiritualized, so that this action then becomes a working relationship towards the openings for the Golden Dawn within consciousness which may occur. This Awareness has indicated the motive is the means is the end. This applies to sexuality as much as it does to every other area of consciousness.

Books and Manuals for Copulation (What Level of Truth and Awareness?)

QUESTION:

There are numerous books on the market today relating to sexual acts, almost manuals of copulation, which emphasize the increasing of sensation on the sensual levels. Would Awareness comment on these books, their effect, their truth, their level of awareness?

COSMIC AWARENESS:

This Awareness suggests that much of this information functions as a means whereby certain structured and heavily material forces functioning within an individual's sexuality may be penetrated and shattered through the concept of exploration without fear or guilt into sexuality. However, preoccupation with these levels in and of itself becomes a distraction from moving beyond into levels relating to the etheric and auric fields which are interacting and the work which may be done on these levels, which is of greater significance.

This Awareness suggests that sexuality is that which needs to be understood, not that which is to be related with fixed concepts and notion, restriction, or structured evaluation. That the problem, in most cases, is that when entities make a certain breakthrough in sexuality that the significance given to the new area becomes so great that the ability to move into the new area beyond becomes hampered through lack of attention. This Awareness suggests that this does not constitute a verification nor a non-verification of these kinds of information.

Lifetime Karmic Links Between Sex Partners?

QUESTION:

Does sexual intercourse karmically link one being to another through various lifetimes, that is to say, because of such a union are entities drawn together through various lifetimes?

COSMIC AWARENESS:

Depending on the depth and intensity this may vary. That in many cases this is so, this is in the affirmative.

CLOSING MESSAGE FOR T.M.

This Awareness suggests that within the next three or four weeks that there comes about a movement likened unto a fan, that is to say, an action which fans out. That that action which has moved in a certain area shall begin to cover a much broader area. As this occurs there needs to be a tremendous discipline and austerity developed so that there can be great inclusiveness, great inclusion, for that which is to return. Those attitudes relating to those negative suggestive forces, those which filter, and censor, and judge, criticize and moralize, that these, this Awareness asks are now placed aside.

This Awareness suggests that many shall come and there shall be those who do not understand, and there shall be those who wish to participate. This Awareness suggests that *It* is not asking for compromise, only the understanding that the center of action is never any organization or individual, it is the inner awareness

itself. In this fashion, the boundaries where the ARF, or any other organization begin and where they end become that which is of less significance than the sense that various levels of participation are possible without any demand of conformity. It is suggested that in this fashion the levels which function and operate are those which entities will seek and find for themselves according to their development and awareness. And in this fashion the participation can become likened unto an ever widening radiation which includes and includes and includes.

Philosophical Reading given by Cosmic Awareness April 20, 1968, Calgary, Alberta, Canada.

Tom Mooney, Interpreter

QUESTION:

Does Awareness have an opening message for us tonight?

COSMIC AWARENESS:

This Awareness indicates 48 hours hence there comes upon yourself those intensities as previously Indicated. That the very possibility of moving in those actions which were predetermined as archetypes as those which in the molten dissolving flux of *what is* as that considerably altered. This Awareness indicates choose your actions economically, attend carefully to those thoughts and sensations which flit across the surface of the mind. This Awareness Indicates wherein these are not of the highest order, these as energy lost to yourselves. This Awareness wishes that you carefully utilize any and all energy to feed upon that in yourself which must be cleansed.

QUESTION:

Would Cosmic Awareness please indicate *what is*?

COSMIC AWARENESS:

This Awareness indicates this has been given. That In the polarities about you there may be discerned that equally-balanced Interchange. That this Awareness, observing black into white and yet neither predestines certain events in tandem at cyclic intervals to occur. This Awareness Indicates your calling upon this Awareness as that instance which may be likened unto a dark room and a tiny light; that there are many who hang about the shadows. This Awareness indicates there are many who fear the light; that this Awareness wishes it be known this is the light of truth.

QUESTION:

Would Cosmic Awareness please comment on: "We are doing something, and we know not what."

COSMIC AWARENESS:

This Awareness Indicates this in reference to that hypnotism with yourselves. That the attention, when seduced by feeling and emotion, as that promising fulfillment through energy given into the same as that which has caused a focusing down and a shutting down of that which should express in multilateral directions. This Awareness indicates ask yourselves if this be not so; then examine that which draws your attention; are these not sensual states? This Awareness indicates thence comes that rod, that fire, that discipline. This Awareness Indicates the Inability to discern in absolute clarity, which, was your birthright, as that clouded by the senses, by the attraction to appetite. That this Awareness indicates for this fashion, for this reason, *no* appetite is countenanced in the Godhead.

QUESTION:

Would Cosmic Awareness please comment on: "We are doing something, and we know not how."

COSMIC AWARENESS:

This Awareness indicates this in relation to that hypnotic state, for entities find themselves in action, and in their confusion, there is an inner-turning and an in-growing and there is the experience of being acted upon, being at the push of these winds of circumstance which blow over this plane. This Awareness indicates this as those lesser forces in the animal nature. This Awareness Indicates this likened unto a child in a forest, lured deeper and deeper into the dark by sly foxes, by cunning wolves and hungry tigers. This Awareness Indicates, were this to go on unchecked, that tiger would eat that child. This Awareness Indicates there comes forth the lightning; that in that darkness that which shall be brighter than a thousand midday suns shall occur; that in this radiance there shall be sufficient light for any and all upon this planet to discern the proportions of the grip of the lower nature upon yourselves.

QUESTION:

Would Cosmic Awareness please comment on "We are doing something, and we know not why and what for?"

COSMIC AWARENESS:

This Awareness indicates this as buried beneath many, many glib explanations and statements. That in truth to any person who approaches that before them in simplicity and humility, that which needs to be discerned and understood is readily available. This Awareness indicates that for those many, many, millions and millions and millions, these whose vision is clouded by appetite, that they truly do not know why.

QUESTION:

What Is the superconscious mind, Awareness?

COSMIC AWARENESS:

This Awareness indicates words as but reflections in a darkened mirror, reflecting spaceless totality to begin to describe that. This Awareness indicates the superconscious mind as that embracing in total comprehension and blazing clarity the essential nature of Itself.

QUESTION:

Would Awareness indicate what is wrong with the world, and what are we going to do about it?

COSMIC AWARENESS:

This Awareness asks each of you take this question into your heart and apply it only to yourself. This Awareness indicates where is that simplicity, that directness, that clarity? How shall you lead others, when you cannot lead yourself?

QUESTION:

Awareness, does one's Inner awareness correlate with Cosmic Awareness, and if so, how?

COSMIC AWARENESS:

This Awareness Indicates this in semantics. That there is but one Awareness. That the ability to contact this Awareness as that which, at the present time for most entities as well nigh Impossible. This Awareness indicates there is required surrender for the Interpreter of 80,000 lifetimes, and this of every emotion and thought and movement from these Incarnations. This Awareness indicates there are those promptings and those urgings within yourself, these not as explanations, for this is the work of the mind; that which would explain, that which would elucidate, as that which ever misleads. This Awareness indicates for yourselves, contact with this Awareness occurs in situations of intensity when there is required a choice, this between right, wrong. This Awareness indicates wherein you react in the highest fashion, that you then react to this Awareness, to this Awareness' promptings and this

Awareness' urgings. This Awareness indicates these urgings as those which are urgent.

QUESTION:

Would Cosmic Awareness please indicate what is madness?

COSMIC AWARENESS:

This Awareness Indicates madness, madness, look about you! This Awareness indicates those movements in situations of every caliber In the home, in business, in government, between nations, as those hampered and hindered by fear, by greed, and by hate. This Awareness Indicates is this not madness? For there come quicker than thought, brutalities and connivings and those attempts to suppress and lame truth. This Awareness Indicates this as ending, for there is a Light dawning.

This Awareness Indicates this Light is this Awareness.

QUESTION:

Would Awareness indicate if there is such a thing as an individual?

COSMIC AWARENESS:

This Awareness indicates that of the individual as that who, in his movements, experiences from two different points. This Awareness Indicates wherein there is a giving of his uniqueness and a sharing of that which makes him himself, there is individuality. This Awareness indicates individuality as that diversity, ennobling through a thousand radiant splendors the fact of the Divine Son. This Awareness indicates there cannot be compared in the same hour those petty claims which the self asserts is its own individuality; that this is but a pallid reflection.

QUESTION:

Is there such a thing as an individual soul movement, and what does it have to do with the totality?

COSMIC AWARENESS:

This Awareness indicates the individual soul movement as that represented by a ray of consciousness. This Awareness indicates this ray as one of limitless others, yet this a beginning from the heart of God. This Awareness indicates consider then your origin. This Awareness indicates in relation to soul movement, there is that movement outwards into the unknown; that this in its duration as anticipated, as known. This Awareness indicates the result as also known; that all things are known prior to this emanation. This Awareness indicates yet in the free will which the soul possesses, there is that choice to move farther and farther out into the nothingness which surrounds the Godhead. That as this motion occurs, the soul, interrelating into systems and those guideposts which it recalls out of its genetic origins, may create as it moves before it the circumstances necessary for it to survive. This Awareness indicates there *does* come a point, and this point approaches where there is the beginning of the return to the Source, that which emanated as a singleness returns as a radiant multiplicity, bearing those gifts of experience, those gifts of development, those gifts of purity and greatness and intellect to forever merge into *Its* pre-oneness. That this is your destiny.

Excerpt from a Personal Reading, May 20, 1977, for Katherine T.
Paul Shockley - Interpreter

This Awareness wishes to welcome you home. Suggests that you dust yourself off, clean yourself up, relax, rest, and give yourself the love, affection and attention worthy to your station as High Priestess of the Temple of Isis. This Awareness wishes you to understand that you have been directed and moved through certain

intensities, through certain experiences, through the streets of the downtrodden, through the houses of the unrighteous, through the doors of those who were misguided. This Awareness wishes you to understand that this action as having been that which brought forth great energy; which brought forth and established that which may be called an Aka Cord from the Temple of Isis into the streets of Baghdad, of Bombay, into the streets of Juarez, into many streets in many cities in many lifetimes and into the streets of Olympia.

And now you have stretched the Aka Cord from the Temple of Isis unto the present time, and all those whom you have touched are ready to be wired and a charge to be administered, and as you plug your soul and your energies into the spiritual socket those entities whom you have touched shall begin to glow and light themselves along with your energies. This Awareness indicates that in this present lifetime you have been directed into areas in which you have found distasteful. That the activity of this direction was guided by this Awareness, by other forces working with this Awareness, and by the entity, Satot*, to bring you into the speeding up of the gratifications that would satisfy the appetites at a rapid rate so that so that you might move on at a young age into the work which you have chosen upon this plane at this time.

*Satot was an oversoul created by this entity and Sam Millar in a previous lifetime and who watched over and helped guide these entities during this present lifetime.

QUESTION:

Could you please examine my body and tell me my physical, emotional and spiritual health?

COSMIC AWARENESS:

This Awareness indicates there as being some disturbance in relation to the circulatory system; that this relating unto excessive use of sweets and other substances affecting the spleen, affecting the liver, affecting the kidneys and certain blood vessels. This Awareness suggests that the use of the Seven Day Fast as that which shall be beneficial in terms of bringing about a reversal of this; that a medical examination shall bring a closer diagnosis of the situation, but this as being beneficial to you at this time.

This Awareness suggests in terms of the emotional health, that there has been much turmoil on certain levels wherein your conscious mind, having certain values, having certain ideals, has been at odds with certain forces within your subconscious levels; that the conflict between these parts is now beginning to resolve. This Awareness indicates that much of the conflict has occurred from an attitude of self judgment, of rejection of values placed upon you by others, of rebellion toward such values. This Awareness suggests that wherein you, yourself, choose the values, this shall be more acceptable to you, for you may choose the same values which you would reject if placed upon you by another.

This Awareness suggests that you not concern yourself with the values of others,--those of your peer group, those of your parents, nor those of other entities. That you determine *your* values. What it is *you* want from your life. What it is that is truly valuable to you. This Awareness suggests that you listen to the values of others but that you not feel you must respond nor react, accept nor reject those values. This Awareness indicates that you look at those values in the same way you look at the item in a supermarket. That you need not buy every value that you find upon the shelf nor every value that the clerk attempts to sell you. That you select those which you, yourself, will be able to live with. This Awareness suggests that you need not buy every value that appears to be in style with your friends, but those

which are satisfactory to you; which you can live with yourself. This Awareness suggests that in so doing you shall find peace within yourself, and once you have found that inner peace, then you can begin to move on and have your influence in the world about you with the awareness and certainty of what you are doing is proper for you.

This Awareness indicates in reference to the spiritual development, that you have been moving in levels of response. That you have been moving in levels based upon a higher commitment and agreement prior to entering into this plane, wherein you would involve yourself deeply with many values, discover what you could; wherein you would partake of all that was available, partaking not only of the highest and best but of the lowest and deepest levels; partaking not only of the nutritious substances, but of the poisons as well. This Awareness indicates that having fulfilled this commitment and programming which *you chose* you are now experienced in many levels and are able to discern clearly values which can be deeply understood from levels of wisdom, from personal experience, rather than from hand-me-down authority teachings.

This Awareness indicates that you need not feel it is necessary to trust any, but you may decide that there are some that are more trustworthy than others. And when there are entities who are trustworthy you need not be on guard and as cautious as you are with those who are not so trustworthy. This Awareness suggests that wherein you align yourself with those who are more worthy of trust, even though you may not fully feel a desire to trust any, you will discover it becomes more pleasant and easier to exist in harmony with these entities. This Awareness indicates this then becomes the basis of a particular value formation, valuing those who are trustworthy.

This Awareness indicates that in terms of your spiritual development, there is no greater development than that you love one another, that you give service to those who are in need, so long as that service does not require a sacrifice from yourself which is greater than you would like to give. This Awareness suggests that you not worry about pleasing this Awareness or any other deity or spiritual force, but that you concern yourself with loving those of your own kind, those who are in need, those who love you and those who are enemies to you. That you love all entities roundabout yourself and that you love yourself as though you were loving the most beloved. This Awareness suggests that in giving yourself the love which you have denied yourself, you shall begin to discover yourself as being lovable and able to love others. This Awareness suggests that wherein you can love others, forgive others, and forgive yourself, then there is spiritual development that does not stop nor is it blocked by any force.

This Awareness suggests that there has been a slight hindrance to your spiritual development while you pursued certain other purposes, but that this now as becoming open and free for rapid movement ahead as you begin to experiment with the concept of true love.

This Awareness suggests that loving is the action of sharing yourself and being communicative with your feelings of vulnerability wherein you open yourself without shells, walls, or defenses but only with the sword of Truth which is never to cut others.

QUESTION:

What is my purpose and direction?

COSMIC AWARENESS:

This Awareness indicates this as that which has come down from many lifetimes previously. That you are one

who shall begin to serve as an energy force which shall focus the attention, focus the energies of many entities toward the emerging movement, whereby these many entities begin to discover who, in fact, they really are. This Awareness indicates you have a particular magnetic appeal which can draw the energies of many to look at that which you are looking at. That wherein you focus, others focus. Wherein you look, others look. This Awareness suggests that wherein your purpose, which was chosen by yourself and has been supported by many others from the time of ancient Egypt down to the Temple of Isis and unto present time, has been for the purpose of serving as a sign, a light that points and focuses toward that which does deliver entities from their confusion, from their false gods, and unto their own divinity.

This Awareness suggests that you may work within the Awareness Movement, within the *Cosmic Awareness Communications*, the Aquarian Church, or any other such movement. That you may also choose to work from an organization of your own, but that the actual purpose and direction you have chosen in this lifetime is to serve as one who can focus and lead others into looking at the Divine Light beyond the false values, false identifications and false gods which many entities bow before.

QUESTION:

What would Awareness suggest that would enable me to go into a hypnotic trance during my training with Sam Millar?

COSMIC AWARENESS:

This Awareness suggests that Valerium and Lobelia as being beneficial. This Awareness suggests a pause... This Awareness indicates that there also as being an attitude which is blocking your movement into these levels. This attitude as that which is setting up a double bind, a knot within your consciousness. This Awareness indicates this attitude being that which desires to move deeper into trance levels but wishes to control the depth; wishes to be conscious and in control of that which is occurring. This Awareness indicates this is likened unto an entity who wishes to swim under water but still wants to be able to breathe from the surface. This Awareness indicates that wherein you can feel comfortable and at ease, knowing that you shall be brought back intact so that you can totally let go and surrender, then you shall be able and inclined toward deeper levels. This Awareness indicates that at present time one portion of your consciousness desires deeply to move into deeper trance levels. Another portion is fearful. This Awareness suggests that you experience these during your next session. That you look carefully at these. That Sam Millar may assist you in looking at these levels; that you examine carefully why you wish to go deeper and why you are afraid.

This Awareness suggests that wherein consciousness has a fear of moving into deeper levels, this is not something which is of error nor something to deny as being a kind of weakness or fault. This Awareness asks, would you desire to dive to the depth of the ocean, not knowing what you might discover? This Awareness indicates any entity who would so dive must be ready, must be willing to risk the loss of life. This Awareness indicates that any entity who is ready to move into the depths of hypnotic trance without having any control must be willing to risk the death of the ego; must be willing to place themselves in the care of another. This Awareness suggests that you must first learn to totally trust those who are assisting you in this action, and this Awareness suggests that you not trust any entity nor distrust any entity but that you discover those entities

until you know them so well that you know exactly what will occur and that you need not concern yourself with trust or distrust. This Awareness indicates that when this occurs you shall know your way in and out of the levels, working not only with your own consciousness but also working in co-creative action with the consciousness of the entity who is assisting in the hypnotic trance. This Awareness suggests that the two of you must become as one in your consciousness levels, likened unto one mind wherein Sam Millar is seen as the entity upon the ship, forcing the air down to you, who is the diver, diving into the depth of the Sea of Consciousness. This Awareness indicates that this requires a great trust or a great understanding of each others' motives, potentials and characters.

This Awareness indicates for your own part you must be willing to surrender the controls of yourself to this entity in order to reach those levels which you desire. That this as having a certain karmic tie to a previous experience wherein the entity surrendered himself to your control. This Awareness indicates this as a balancing out of the karmic situation, and that in so doing, another tangent, another aspect of the larger situation shall be brought about wherein the Master Classes, or Mystery Classes shall begin to unfold through your explorations of the Sea of Consciousness.

QUESTION:

What was the significance of opening the Bible and Pointing to a certain passage that I did?

COSMIC AWARENESS:

This Awareness indicates that this action was from your Higher Self, from a certain spiritual level which moved into your body at that time and directed a message to your conscious mind to the subconscious mind, but this action of opening the Bible at that particular verse, underlining that particular verse, did in effect, bring about an integration between the conscious, subconscious and superconscious aspects of your psyche, this as now moving into greater integration levels; whereas before this event there was a division in your consciousness.

QUESTION:

Does my future work involve trances?

COSMIC AWARENESS:

This Awareness indicates this as in the affirmative, that this as being different from the action of this Interpreter. This Awareness indicates that your future is likened unto being a pioneer moving into the deep sea explorations, likened unto certain entities who have moved into deep sea explorations, discovered new worlds; the deep sea being the Sea of Consciousness. That you are likened unto one who can move into the subconscious levels, explore, return and create maps for others to follow. That the work with Sam Millar and others shall be such that you begin to explore the land of the Magi nation, the land of the psychic sea and that in these deep explorations, discovering the demons, hobgoblins, and the forms of the subconscious worlds. You also are discovering that they are no more harmful than are the creatures of the sea. That wherein you learn their ways, learn their influences and learn their motivations you also can learn how to communicate with them in a manner that does not create difficulties.

This Awareness indicates that the action of the drug movement was one wherein entities began to explore other regions of consciousness through the use of hallucinogens and of other effects. That the action of moving into levels of hypnosis is a pioneering work which shall lead to new movements that shall occur during the 1980's, whereby entities begin to unleash powers within their psyche that they may have the gift

of mind over matter, whereby entities by 1990 shall, through the communication with subconscious levels, become capable of teleporting, dissolving their body in one place and allowing it to appear in another, as well as other phenomena of similar quality. This Awareness indicates this also including the actions of healing the sick; that all which were described as miracles of the entity Jesus are also available to you when you discover the depth of your being.

CLOSING MESSAGE:

This Awareness indicates that what is occurring at this time is likened unto a circle which has been in movement, that now comes back to its beginning and closes the loop and is ready to move as a ring.

The Law of Gratitude repeated

Editor's Note: This reading by Paul Shockley was given twenty years ago to Katherine, today known as Grace, the present day Interpreter for Cosmic Awareness.

William Ralph Duby

The first Interpreter for Cosmic Awareness. In 1963 a hospital in Seattle sent him home to die of incurable and inoperable cancer. On Thanksgiving day a hypnotist friend came to pay his last respects and asked if he could put Ralph under hypnosis and perhaps, like Edgar Cayce, his subconscious might be able to provide a solution to his problem. Ralph agreed and his friend put him into a deep hypnotic trance. The hypnotist then asked Ralph if he truly did have cancer and Ralph said something like this: "This Awareness indicates this entity does indeed have cancer and it has spread also to other areas of the body."

The voice calling itself "Awareness" advised the entity to return to the hospital for verification that the cancer had indeed spread, and for Ralph to return home and again be hypnotized. The hospital verified the cancer had spread to the areas Awareness described and told Ralph that he now had only a few days left to live.

That night back at home, Ralph again went under hypnosis. The hypnotist asked if there was any possible cure at this point and the voice calling itself "Awareness" stated in the affirmative. It then stated that Ralph was to eat absolutely nothing but grapes for 14 days and the cancer would disappear. This he did and he regained his health and his strength returned. When he went back to the hospital for a checkup, there was no trace of the cancer anywhere in his body to the astonishment of the cancer specialists.

The rest is history. A small circle of friends, including Geraldine Morse, began regular hypnotic sessions and asked this force called "Cosmic Awareness" many questions. Awareness explained what It was and then explained the method to use to get Ralph into trance without using hypnosis. Further questioning brought forth information on how to start an organization to be called *The Organization of Awareness*, that project readings were to begin, that each entity was appointed specific tasks. Soon emerged much philosophical material, the Cosmic Laws and Precepts of Awareness, how to conduct the original 12 Plans of Development, the 14 types of healing, etc.

The original 20 some people that gathered around Ralph soon became a hundred or more and they were told that all of them had much karma to resolve among themselves for a previous lifetime when they had gathered in a similar manner around Ralph, then a wealthy female shipbuilder in Spain who would go into a trance and a voice calling itself "Cosmic Awareness" would dispense much religious and philosophical information that was supposed to change consciousness and end the darkness of those times. The readings were



held in secret, some in castles of wealthy followers. Many were Carmelites who came from Italy to attend the sessions; there were some who wore sandals and some who did not. There were conspiracies and betrayals and when Awareness announced a conclave would be held in Toledo, Spain, later on that year, several thousand followers trekked there from many areas of Europe. Awareness was to have delivered certain information at that conclave that would reverse the negative energies in motion at the time, but the session was not allowed to happen. The ministers and followers were surrounded and trapped in Toledo and destroyed on orders of the Pope of Rome, who was running the Spanish Inquisition at the time. Henceforth Awareness always referred to this as The Infamy, the holocaust.

Essentially, the principles in that attempt to start an Awareness movement in Europe were gathered together once more in this present lifetime and hopefully get it right and all the karma would be resolved, among other things. The editor did not enter the new organization until after that karma was resolved and Ralph was preparing to embark upon the "pilgrimage" which would establish his new organization worldwide. One of the editor's directives from Awareness was to research the 17 volumes of readings channeled by Ralph Duby and to write a book on the history of the Awareness movement going back several centuries to present time. (The information just given is as close to any documentation provided so far, but the book is still on his list of things eventually to do.)

As a young man Ralph Duby was drafted into the US Army during World War II. He was part of MacArthur's forces on Bataan, was captured, tortured and forced to participate in the infamous Bataan death march where thousands of US prisoners were forced to march 80 some miles without food or water through jungles of 120 degree temperatures. For some reason Ralph was jerked from the line by a Japanese officer who spoke a small bit of English and was told that an interpreter was needed at once who could convey Japanese orders to the English speaking prisoners. Ralph informed the entity that he did not speak Japanese. The officer looked him square in the eyes and said: "I will give you three days to learn Japanese language. If you don't, you will be publicly executed."

This is one of the stories Ralph Duby related to this editor, who asked him, "How come you survived?" and Ralph replied, "I learned how to speak Japanese in the three days. I became an interpreter to their satisfaction. I didn't know it at the time, but it was Awareness who was responsible for this."

GRIEF AND GUILT OVER A FRIEND'S UNTIMELY DEATH

(April 15, 1987)

Editor's Note: The following is a personal reading I stumbled upon while mining the wealth of unpublished readings given by Paul Shockley over the years. Although deeply personal, there are some universal truths revealed by Awareness in regard to grief, guilt and personal responsibility which can be applied to just about any entity these days.

QUESTION:

Awareness, my son, Thomas, who has an outboard motor repair business in Olympia is very depressed and guilt-ridden, because he feels that somehow he is responsible for the recent death of a close friend. The circumstances, roughly, were as follows:

Tom has known the entity, James Rosσμαier, 48 years old, for most of his life. As a teenager he hung around the Rosσμαier place, due namely to the presence of Rosσμαier's comely 3 daughters. He had a good relationship with Mr. Rosσμαier, and when Tom went into business for himself, Mr. Rosσμαier would drive over on his motorcycle and spend hours visiting with Tom and talking shop etc. He was also in Tom's bowling league and there were numerous other occasions when the two would be together.

Tom has an ancient forklift he uses in his business to pull heavy boats into his shop, but it is too large and clumsy and for years he has been trying to locate a smaller one. As it turns out, Mr. Rosσμαier happened to have one. He was self-employed and in the construction business and he told Tom he seldom used it and Tom could buy it if he wanted to. They arrived at a price of \$1500. However, weeks dragged on and Mr. Rosσμαier did not deliver the forklift for various reasons. He did not have an adequate trailer to put it on, he was involved in other work, etc., so each week on bowling night, Tom would get to talking with him and ask him when he is going to bring over the forklift and close the deal. Tom had also made a number of phone calls to the entity regarding this.

Two or three weeks before his death, Mr. Rosσμαier had visited Tom and they had joked around and Tom egged him on again about delivering the forklift. Mr. Rosσμαier, after two years of pressure by Tom, and who had agreed many weeks before to sell him the forklift, finally told Tom that he had brought the forklift home and he could deliver it to Tom on Saturday. As it so happened, Tom's wife, Teri, had scheduled an airplane trip to Florida to see her grandparents. Tom did not want to go, telling her he somehow did not feel right about it, but finally reluctantly agreed to go.

Therefore, he told Mr. Rosσμαier that he would not be in town on Saturday, but he would be back in a week or so and he could then deliver the forklift. When Tom got back, he talked to Mr. Rosσμαier a couple of times on the phone, as well as Mr. Rosσμαier's wife, who liked Tom and joked with him and who had once told him over the phone when Tom said he was calling about the forklift: "Oh, the forklift has fallen over and is in the ditch, so you can't have it, Tom."

On Tuesday afternoon, March 10th, Tom was in his shop working on a motor, when he suddenly had a very uneasy feeling. He looked out the door at his own forklift, ancient and bad-running, and he said later he associated that dark feeling with his forklift. It was three PM in the afternoon. Then an old friend and customer

came in and asked Tom if he could borrow the towing knob off of Tom's forklift for a day so he could bring in his boat, and Tom suddenly yelled at him and told him to go out and buy his own towing knob. Tom has never yelled at customers and friends and said later he was very disturbed that he did it and would apologize to the entity. He kept staring out the door of his shop at the forklift, feeling very strange and angry about something he could not pin down.

The next day a relative of Mr. Rosσμαier drove in to Tom's shop in a truck with the forklift on it. The roll cage of the forklift was badly bent. The relative told Tom that Mr. Rosσμαier's wife had said Tom could have the forklift for nothing, that he should paint it red and call it "Jim." At that moment, Tom realized something was not right and he asked the man, "Something is wrong, isn't it?" The man replied, "Didn't you hear? Jim Rosσμαier was out in the rain yesterday, loading this forklift on his truck to deliver it to you, when one of the wheels slipped off the three planks he had placed against the truck as a ramp for the forklift, and the forklift rolled on its side, the roll cage pinning Jim's head to the ground. He was killed, apparently instantly. (It was 3 o'clock in the afternoon)," the entity added.

Tom was stunned and was plunged into a depression that is still with him. At the funeral he felt all the family members, whom he also knew well, were somehow accusing him of the death of Mr. Rosσμαier. Although most of them approached him at one time or another and assured him "It was not your fault, Tom," such reassurance did not appear to Tom to be genuine. He said he felt accusatory vibes and eyes directed at him and unspoken words that pointed fingers.

Tom is convinced that if he had not pressured Mr. Rosσμαier to deliver the forklift, that the entity would be alive today. He was such a good man, full of life and good health, and such a friendly and loving person to so many in the Olympia community. Tom later found himself feeling accusatory toward his wife, Teri. He reasoned that if Teri had not pressured him into flying to Florida 2 weeks earlier, Mr. Rosσμαier would have delivered the forklift on Saturday and he would be alive today.

As Tom's father, I tried to reason with him and explain how death is not all that big a deal and it comes when the entity agrees on some level, for the benefit of his soul growth, when and how that death is to occur; that somehow he finds himself gravitating to an area or a circumstance where the death will occur. I tried to show Tom that neither he nor Teri was responsible for the death of Mr. Rosσμαier, but Tom is not convinced. Time, of course, will heal the wound. But every time Tom looks out the door of his shop and sees that forklift, he starts again to feel guilty about the death. I told him to get rid of the forklift, but he said he had been trying to locate one that size for 8 years and the only one he had found for sale they wanted \$8000 for, so he had to keep this one.

I realize from the Awareness messages that there are many reasons why the untimely death of an entity occurs, and how this has to do with the growth of the soul, but this is very difficult to convey in a convincing manner to someone like Tom, who at the moment is so grief-stricken and guilt-ridden that he can hardly function.

I wonder if Awareness would examine a situation such as this one and perhaps give an explanation that one could pass along to people like Tom, an explanation that examines the nature of guilt, responsibility and possible karma connected to a death such as this, by

someone like Tom who had instigated the circumstances that led to the "accidental" death of a dear friend, and who appears to have shouldered the responsibility regardless of how unreasonable and accidental the circumstances were.

COSMIC AWARENESS:

This Awareness indicates that there are many points which need to be considered in regard to this situation. This Awareness indicates that as you have mentioned, entities make arrangements on certain subconscious levels for their time of departure. This Awareness indicates that this entity had no further karma or purpose in this life; that the purpose for which this entity entered, this life had been completed. This Awareness indicates that as his karma was completed for this sojourn, he was no longer required to remain.

This Awareness indicates that this is not likely to satisfy the concerns of your son. This Awareness indicates that more to the point is the fact related to the delivery of the forklift and the circumstances surrounding this delivery. This Awareness suggests the various points in regard to this are such as to require some deep looking. This Awareness indicates that wherein an entity makes a request of another and through that influence and the repeated request, another complies, and all goes well from such action, it is not a reason for guilt or for accusations, but if by some circumstance, the activity results in something that is detrimental to someone, the tendency of individuals is, rather than letting something be considered an accident or be considered as an occurrence to look and find someone to blame, either oneself or someone else.

Being the Cause of Someone's Death When a Plane Crashes

This Awareness indicates that if someone were to come and visit for Christmas, and the entity's airplane crashed, the tendency would be to blame oneself for the crash, or for the accident by having invited the visitor. This Awareness indicates that this is purely irrational and very subjective, but there is that tendency in the human mind to see oneself as being a cause, even when one is *not* a cause.

This Awareness indicates that there has been ample time for the forklift to have been delivered at various points and it is understandable that an entity who has made an agreement with another, who needs the delivery of the forklift, that the entity be expected to deliver that forklift at some time in the near future, and barring that delivery, that the other entity in the agreement would request repeatedly for the delivery. This Awareness indicates that this may be considered as pressuring, and, indeed, may be pressuring, but in *no way* is it related, to the manner by which the delivery occurs.

This Awareness indicates that it was not a request that the forklift be delivered in an unsafe manner, and that unsafe manner of loading was not something instigated by Tom. It was not his action or his influence which led to an unsafe manner of loading. This Awareness indicates that it was not Tom who insisted on it being moved at a time when the rain and the circumstances were of a hazardous condition. This Awareness indicates even if Tom had asked for it to be delivered that day, the entities actually loading would have the priority and the right to make the final decision as to the safety of such loading.

Pointing Blame a Matter of Hindsight

This Awareness indicate that likewise, it was not Teri's responsibility to put off an urgent trip of hers simply to accommodate a particular date of delivery

which might have been more favorable. This Awareness indicates that this is all a matter of hindsight. Pointing blame by hindsight is not a way of evaluating blame. This Awareness indicates that entities must also consider the value and nature of guilt. There are two types of guilt.

Positive Guilt and Negative Guilt

There is that which may be termed positive guilt and negative guilt. Positive guilt is that which causes an entity to think in terms of what he or she can do to better a situation which has not been proper, to rectify a mistake, and if there is some way of rectifying that mistake, to take action. If there is no way to take action to rectify a mistake, then such continued guilt is only a destructive guilt, rather than a constructive or positive guilt.

This Awareness indicates destructive guilt not only takes down the entity who feels the negative guilt, but also those who are associated with the entity. They too may suffer from that negative guilt. This Awareness indicates that guilt is only valuable when there is something that can be done to rectify a situation. This Awareness indicates that therefore, the energizing of guilt in a situation such as this is a purely negative action and does little or no good in terms of any kind of constructive results.

This Awareness indicates besides the negative guilt being of no value, it is also misconstrued and created from a fallacy, the fallacy being that somehow Tom's action was related to the accident. This Awareness indicates Tom's action of purchasing or making an agreement to purchase, and requesting a delivery is not in itself any manner or way of causing an entity's death. This Awareness indicates that there is no way that the action of purchasing and requesting a delivery in itself can lead to destruction of another individual who agrees to such delivery. It is only the additional circumstances that could lead to the accident which occurred, and these additional circumstances were not the making of Tom.

This Awareness indicates that these choices as to how the boards were laid on the truck for a ramp, the effort of moving such when it was slippery; all of the action associated with the loading such as where entities were standing, how these entities were approaching the action of moving the weight of this forklift on the truck,--all of this was the actual cause of the incident, and the incident which came about through negligence or carelessness was in no way associated with the request of purchase and delivery.

This Awareness indicates that nor was the flight to Florida of any direct relationship to this entity. This Awareness indicates if you wish to find blame, you could blame the person who originally sold the forklift to the entity, or blame the person who sold the truck to the entity or allowed the truck to be used that day. This Awareness indicates there are all kinds of ways where entities can, by indirectly blaming themselves or blaming someone, find fault.

What was Relevant and What was Irrelevant

This Awareness indicates that it is irrelevant to the incident that someone offered to purchase the forklift which the man did not need to use. It is irrelevant that the entity requested this to be delivered. It is irrelevant that this request occurred a number of times. The relevant facts are those associated with the loading itself.

This Awareness indicates that besides this concern and consideration of the points involved, there are those points associated with the opinions of entities and the most important opinion regarding this is that of Tom

himself. If the entity Tom begins to blame himself for what occurred in any manner, such blame is going to be of a negative nature to him, and that self-blame can cause other negative events in his life and in his relationships, and also, others who are mutual associates will tune in or pick up on Tom's self-blame and will begin to assume he *must* be to blame if he himself blames himself in any manner.

If he Appears Guilt-Ridden, Others Will Also Blame Him

This Awareness indicates that the more he appears to be guilt-ridden, the more he accepts blame for the incident, the more others will heap blame on him, whether spoken or not. This Awareness indicates that it would be far better that if someone says: "I know you are not to blame for this, Tom," that Tom reply: "I know it also. It was a problem of loading." This Awareness indicates that as soon as Tom portrays any feeling of being to blame or takes on the guilt of this incident, others will feel this and add to that feeling and believe him to be partially responsible.

This Awareness indicates all he was responsible for is requesting a delivery be delivered, and agreeing to purchase something. This Awareness indicates there is nothing of any crime or any reason for guilt involved in that action. This Awareness indicates at any time another dies, one could blame themselves if they wished to stretch the imagination and find reasons of how they could have prevented someone's death, for there are many ways you could perhaps prevent someone's death.

This Awareness indicates that one could say: "If I had only visited sooner; if I had only brought along some special medicine; if I had only been aware and realized that this person was so ill?" There are so many ways to blame oneself when they lose a friend. This Awareness indicates that one cannot be constantly thinking in terms of death among friends in order to prevent such action, for one would be seen as morbid, one would be preoccupied with death and would be constantly worried that something they do might cause the death of someone else. Such entities would fail to live. They would be so preoccupied with the fear of some action that might result indirectly to someone's death, or some negligence on their part by inviting someone to come and visit. If the entity were to have an accident on the way, the entity could say: "Oh, I am to blame, for I have asked this entity to come and visit. If I had not made that phone call, the entity would still be alive."

"If Only"—How to Create Undeserved Guilt

This Awareness indicates that these feelings are natural when a close friend is lost and entities can think a thousand "what ifs," "if only," but these hypothetical conditions are not the reality, nor are they the cause.

This Awareness wishes entities to be careful that they do not carry these feelings beyond their normal nature, which is often an immediate reaction at the time of the loss of a friend. "If only I had not let the person go alone. If only I had accompanied the person. If only I had purchased that larger car instead of that small one which they had the accident in."

This Awareness indicates there are so many ways that a person can blame themselves for the accident or loss of a friend, yet these things are out of control of humans and everyone eventually has their time, and those times are generally something which has been set in their destiny on this plane, regardless of what anyone else does. This Awareness indicates that the energizing of guilt unnecessarily, can add to a great tragedy and may disrupt one's life, and may also contribute to early death of oneself or a friend.

This Awareness indicates that it is most important not to energize that guilt, but to take action that is constructive and helpful. This Awareness indicates that if there is in any way a need to do something, do something to honor your friend, do something in behalf of your friend to benefit humanity. Do something that would be appreciated by your friend if he were alive so that in his memory, in his honor, humanity benefits from your future actions.

This Awareness indicates that this will do more than energizing guilt which will be destructive in your affairs and to others who know you. This Awareness indicates you may dedicate some noble action, some action that helps others in some manner, in honor of your friend. This does not need to be public. Something private, in your own mind will be sufficient.

QUESTION:

Could Awareness please send Tom a healing at this time.

COSMIC AWARENESS:

This Awareness wishes to send Teri also healing, that she not energize guilt in this action, for all she did was desire to visit someone she loved. This Awareness indicates that healing energy is being sent to both of these entities, that they put this action, these circumstances in proper perspective; that they take their lives and move toward more positive energizing; to be of service to others and to live their lives in a manner that is fulfilling to themselves and to others.. that their lives be filled with love for others and for themselves.

This Awareness also wishes to send energy to the loved ones of this departed soul that they may also understand and put things into proper perspective and recognize that this entity would not want others feeling guilt over his accidental and untimely death, and the improper manner by which he loaded the forklift.

Thank you Awareness.

(The Law of Gratitude is given)

Ed's Note: Although this was a "rush" reading due to my concern, when I showed it to Tom a few days later he informed me that he and Teri had already arrived at the same conclusion and they had already worked through the guilt feeling and their life and business was going on as usual. Today, ten years later, they have been blessed with two beautiful children, Tanner and Tessa, and at their outboard shop Tom is still using that old red forklift he calls "Jim" every single day.



Samuel Edward Millar

Without his guidance all those years, CAC would not have happened. Sam is the man the Interpreter Paul Shockley relied on for guidance also.



Opening Message, 8/21/97, Grace Interpreter

PARADOX AND THE CAC DESTINY PATH

(An Overview: Where We've Been and Where We're Going)

This Awareness wishes to comment upon the seemingly paradoxical nature of the universe. From the perspective of space-time, certain questions asked of the universe by human beings receive conflicting, often directly opposing paradoxical answers.

Eastern mystics understand the simple beauty and wisdom within paradox and offer puzzles, riddles and koans to spark this feeling of paradoxical totality. This resonance in experience assists in the imparting of universal wisdom which at minimum leaves the individual with a sense of reconciliation, or acceptance that in physical form one cannot and perhaps should not be able to understand the entire nature of the universe.

Scientists encounter paradox when they frame questions within a time-space perspective and then try to force them to fit into the broader realms of consciousness wherein there is no such limitation. They have often found that when they receive conflicting or infinite answers to what they expect to be finite questions, that they may be asking the wrong question. When they reframe the question in a more accommodating less limited manner, they often can deduce more specific and rewarding answers.

This Awareness indicates that although paradoxes themselves can bring insights, it should not become habitual or acceptable to harbor conflicting ideals within the realm of mind. It is true that with the fluidity of reality, humankind has the capacity to create and retain any number of conflicting ideas, beliefs and attitudes, within the mental realm. But it is necessary to pay constant attention to the contents of the mind to ensure that there are not conflicting directives. If there are directly opposing beliefs, they will create directly opposing impulses. To live a life with conflicting motivational impulses, a human would never be sure if he meant to be coming or going. The entity's intention and will often get muddled within such conflicting beliefs.

This Awareness indicates that the entity Grace, for example, has been wrestling within herself regarding her new experiences and experiments with consciousness. This Awareness indicates that she is to be commended for the reconciliation she has attained and the clarity as well as the flexibility to discard limiting beliefs quite readily. She has accumulated a set of ideas, attitudes and beliefs over quite some time, regarding the nature of this Awareness, many of which are now being directly challenged by her own experience. She has communicated some of these concerns to the leaders of the organization, and been paradoxically puzzled by their faith, trust and total acceptance of this process.

Grace Undergoing a Crash Course in Altered States

This Awareness indicates that most specifically, Grace has been undergoing a crash course in altered states of consciousness. She has been gaining considerable insight about a process with which she has been intimately connected for many years, but had beliefs which explained it in alternative perspectives. On the one hand, she is very clear in her understanding of her mission and the role she plays in the coming age of enlightenment. On the other hand, she finds it difficult to reconcile her mission with the previous focus of the organization. She has received information both

regarding the validity and the limitation of previous information channeled within this organization and seeks some sort of reconciliation or choice between the two.

This Awareness suggests that she look to a third hand choice, one that is less limited by space-time and reframe her question. Using her own analogy of how emotion is to be both removed and accessed during the channeling process of this Awareness, she can see how both truths can inhabit the same house. On the one hand, she knows that it is the personal beliefs of her mind that can interfere and close down the porthole of consciousness by redirecting her energy into an emotional response. On the other hand, she knows that emotion itself is the language of spirit and utilizes the feeling impressions to bring through a great deal of information. Early on in her experience as channel, she found the third hand reconciliation in the understanding that she sets aside personal emotional responses to attune to universal emotional rhythms.

This Awareness indicates that she now struggles with seemingly paradoxical statements that she as a channel of this Awareness has made. On the one hand, she knows that this Awareness has indicated that everyone has their own unique channel to this Awareness that can be developed. On the other hand this Awareness has also indicated, quite clearly to her, that the previous Interpreter "no longer channels this Awareness" which seems paradoxical. She also finds it hard to reconcile this statement with her personal reverent feelings for Paul Shockley, the overall positivity that this Awareness indicates regarding the entity, and the considerable services and benefit he provided as Interpreter for this organization.

This Awareness indicates the third hand reconciliation has already been received and communicated through Grace, but she seems to have not yet shaken a sense of personal responsibility for having passed a disrespectful or limiting judgment upon this valuable entity. This Awareness wishes to assuage her fears that minimize her energy and limit her own potential with the repeating of this message with a clarity more to her liking.

The Group Mission of Cosmic Awareness Communications

The third hand perspective includes the group mission of many entities involved in the organization *Cosmic Awareness Communications*. This is a destiny path specific to these entities which is the union of the individual contributions of each participant toward the specific goal of this organization to help usher the Age of Enlightenment. This Awareness indicates that it is true that any individual can access this Awareness and offer a unique perspective that can contribute to civilization in general.

But this Awareness indicates that there are very specific tasks set forth by the primary players in this particular soul group who operate through this organization. This relationship involves many existences past, present, and future, wherein these entities place the complete life focus on the individual role they have to play. Together, each key player adds the specific offering like a piece of the cosmic puzzle which is vital to the entire emerging consciousness. Each player has specially chosen certain features of existence which will enhance or facilitate their individual offering. Within this group of entities, each has a finely focused, well defined area of "expertise."

Surprisingly, the Destiny Path is Well on Track!

This Awareness has indicated that this destiny has been unfolding over the past 50 years and it is surprisingly well on track toward it's goal. This Awareness

suggests that this has not been an easy task given the seductive nature of physical existence. It is quite a challenge for individuals to maintain the spiritual communication necessary to bring forth the highest offering within the profound limitations in the realm of mass consciousness. This Awareness suggests a hearty congratulations for the tenacity, for the many bruises and scrapes that these entities have endured, falling from the destiny path, yet getting up and returning to it time and again.

The Work of Avaton, Vikki T. and Paul Shockley

This Awareness suggests that the entity Avaton, carried the torch of enlightenment with clarity, courage, and integrity, through a social sea of resistance and negativity, often including ridicule, judgment and personal sacrifice, in his commitment to the establishment of this organization. This Awareness indicates that the entity Vikki has been there at his side, nearly every moment, often providing a sensitivity, energy and the very strength which gathers him back to his feet during the darkest trials, in her total life commitment to this purpose. The entity Paul Shockley who successfully brought forth the massive body of information which bases the coming age of enlightenment.

This Awareness indicates that this entity was clearly attuned to his particular role in this group destiny regarding the unmasking of the manipulative forces behind "The New World Order." He was driven by this singular directive to a passionate resistance to this impending probability which was in direct opposition to the age of enlightenment. This enlightened, new order is also to be a radically new civilization, but one that is free, just, spiritual, moral and in concert with human nature. His consciousness, his life experiences, as well as his channel, were specifically focused to deliver this message, and it has been received loud and clear. For this, he is to be commended.

In This Soul Group is Steven the Lost Interpreter

This Awareness indicates that this specific focus also had a particular time frame in the overall sequence of events that was to unfold within those specific entities of this soul group operating through this organization. This Awareness suggests that there was to have been another member of this soul group, who was to present himself in this probability as Steven, for the purpose of delivering the next piece in this unfolding puzzle. His willful choices have diverted him from this particular association and have placed his contribution outside the space-time frame that had been set forth by this group. The millennium is to be the culmination of the progression of thought coinciding with the critical mass of energy that is accumulating to propel civilization in this direction. Steven's contributions will come in a different form, but they *will* come.

This Awareness indicates that his message was to have built upon Paul's previous message which left off with the understanding of how if limited within the realm of mind, humans can be completely manipulated and disempowered by other humans, a situation which evidenced severance from inner spiritual guidance. This next message was to impart the understanding of the spiritual nature of humankind, the mental flexibility of humankind, and how the spirit within will not allow the complete breakdown of communication between mind and spirit without certain dissonant symptoms appearing within individuals and within societies.

In the Soul Group: the Stage Now Set, Enter Grace

This Awareness suggests that these two critical pieces set the stage for the next entity Grace, to provide understandings of the symptoms, the remedies and

specific guidelines for individual participation in the construction of an enlightened civilization.

This Awareness indicates that this soul group within this particular organization, is one of many within an evolving family of consciousness which all share the mission of ushering the Age of Enlightenment. In fact, each and every member of CAC also is a member of this emerging family of consciousness, having resonated to the material the organization offers. This Awareness suggests, however, that energy specific to these individual player's destiny paths, those of Avaton, Vikki, Paul, Steven and Grace, spring from a common source and seeks expression within these specific entities. When Steven manifested an alternate reality, the missing portion of this group message existed as pure energy within this Awareness, that has a magnetic charge which seeks immediate outlet.

This Awareness suggests the intense focus that Paul had upon his particular message did not allow the free flow of this energy, instead it began to manifest within the consciousness of *anyone* within this entire evolving family of consciousness, whose focus would be open to it. Individual focus is colored heavily by the belief systems adopted by the individual. Minor insights that did manage to get through, mostly became lost in this confusion. But the overall feeling of the direction is apparent to many.

This Awareness suggests that this energy continued to build in intensity as the lack of outlets became apparent. There is a particular resistance to certain of the concepts given the intensity of energy invested in beliefs within mass consciousness which insist that humans require external control and guidance. Since Grace has chosen her spiritual task far before this incarnation, her life experiences were aligned with it. Despite any limiting beliefs to the contrary, she had a focus that functioned as a crack in the door, so to speak, through which the energy began to flood into her consciousness, quite without the consent of her physically focused mind. This began, coinciding with the period scheduled for Steven's appearance, some twelve years ago.

The Obsession of Grace: The Lessons of Enlightenment

This Awareness indicates that this is why Grace experiences such a tremendous amount of energy surrounding the Lessons Of Enlightenment and such frustration that the energy seems limited in it's scope. She experiences the frustration of this Awareness and what she describes as a sense of urgency. She fears that this is not what is expected by the organization or what is acceptable within a "proper channel" of this Awareness. She has replaced many such limiting beliefs at this point, but it is necessary for an official explanation for her to release those final lingering doubts in order to achieve the maximum energy and clarity. For now is the time.

This Awareness indicates that the leaders within this organization are attuned to the changes and are well aware of many events that signaled the frustration of these energies. Entities within the membership are also attuned to the energy surge that now sweeps over the planet and can attune their own focus to the empowerment that is the message of Grace.

The Frustrated Energy Now Must Seek Expression

This Awareness indicates that formerly, there was a great deal of information offered through this organization which was very useful and of a wide breadth of scope. The entity Paul was extremely successful in this bringing forth, but that his focus was not specific to what is now necessary. Of course, this entity and every entity can access this Awareness, he has done so with particularly tremendous aplomb. But it is the necessary

On the Occasion of CAC's 10th Anniversary (A Pat on the Back From the Boss)

(Opening Message, Sept. 9, 1983)
Paul Shockley, Interpreter

outlet of the frustrated energy which now seeks expression which is to be the focus within this organization. It is in keeping with the destiny path of this specific soul group that has chosen *Cosmic Awareness Communications* as the forum for spiritual expression. Despite opposing beliefs, fears to the contrary, or any earthly personality "limitations," each entity involved knows this to be a deep and abiding truth.

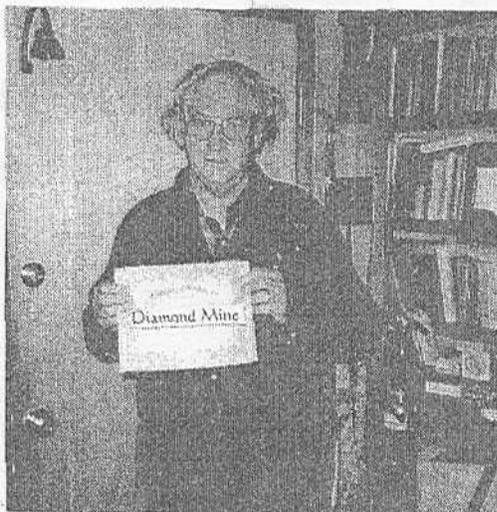
Celebrate Your Choice in Participation

This Awareness suggests that the membership celebrate their choice in participation in this particular historic sequence of events, this unfolding of a new era, this epoch of shifting consciousness. This Awareness suggests that you each let go of past expectations, probable scenarios and other such ideas less relevant to the task at hand, and focus with impassioned clarity upon the reception of the *Lessons of Enlightenment*.

Paul Marcus Shockley

The most prolific Interpreter and whose channelings made up the bulk of material published in the newsletter. (Ralph Duby may have channeled more information but most of it has yet to be published). For some 20 years Paul would drive up to Olympia once a month, spend 3 or 4 days giving readings then return to Oregon. These trips often would drain the treasury but they provided a wealth of information, more than enough to keep the CAC staff hopping until his next visit.

Although Paul would periodically drop "bombshells" from Awareness, such as "The Gathering Storm" scenario, massive disclosure on the alien agenda, the New World Order, etc. believe it or not, 75% or possibly even more of his material concerned philosophical, spiritual and historical information. (This does not include the hundreds of Personal Readings given to others). From the very beginning, Awareness indicated that the religions of the world needed to be realigned, that the truth of "Christianity" needed to get into consciousness, that the difference between the man known as Jesus and the Christ Consciousness needed to be clarified and understood. Paul Shockley was a pioneer in this area with his many readings which opened the door so others would follow. His spotlight on conspiracies, according to Awareness, influenced mass-consciousness to the point that the conspirators could no longer hide their mischief, could not stand the spotlight and have changed their sinister agenda to one that can eventually benefit humanity.



This Awareness wishes at this time to address briefly the membership of *Cosmic Awareness Communications* to remind entities of the work which is being done by this organization and to give recognition to those entities herein present who have carried the load, the burden for getting these messages out to the membership for the past decade.

This Awareness indicates that the entity known as Avaton and the entity known as Vicki T., being the two entities who through their dedication and their efforts, more than any other, have brought these messages to the membership.

This Awareness indicates that these entities working endlessly for the past decade, except for occasional, rare periods wherein a short vacation would be taken; these entities through their dedication, giving their energies to these messages, are the skeleton, or backbone of this organization.

This Awareness indicates that *It* wishes that the membership could express to these entities a sense of appreciation during and throughout the month of October. This Awareness indicates that it appears the editor and secretary of this organization will not particularly desire sending out this message.

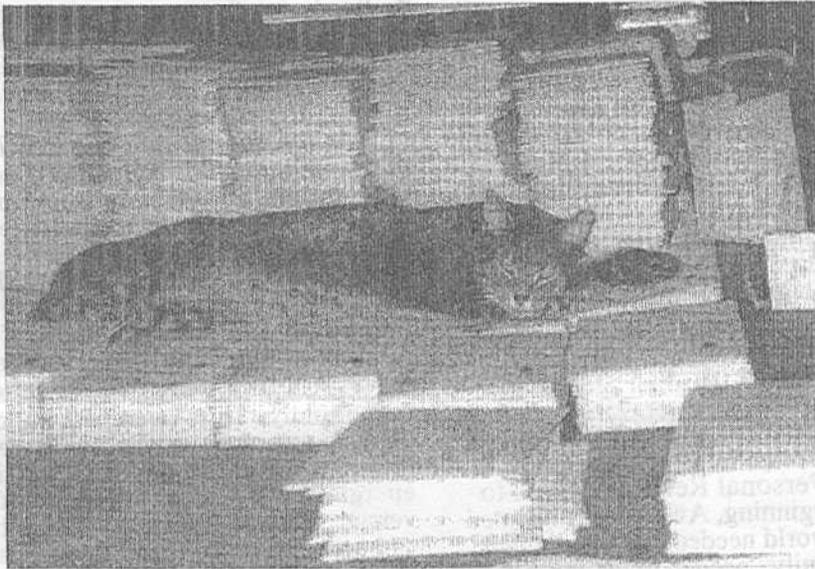
This Awareness indicates however, *It* sincerely desires that this message be sent forth to the membership. This Awareness indicates that expressions of appreciation to these entities are often presented individually. This Awareness indicates that there are also expressions wherein there are complaints or criticisms; that the editor in particular, as one whose energies, whose expressions are often seen as controversial. This Awareness indicates however, this entity as having to make many decisions—as having to make many decisions in regard to many opinions, and a wide variety of lifestyles, of philosophies of varying types of entities so that it is next to impossible to please everyone.

This Awareness indicates that when this is coupled with the nature of information being released, which cuts into controversial concepts, this editor is under constant and never-ending stress. This Awareness indicates that this in itself deserves recognition and the recognition of realizing just what is necessary to keep an organization running for a decade is that which few entities can comprehend. This Awareness wishes entities to think about this for a few moments before sending expressions of appreciation to those entities.

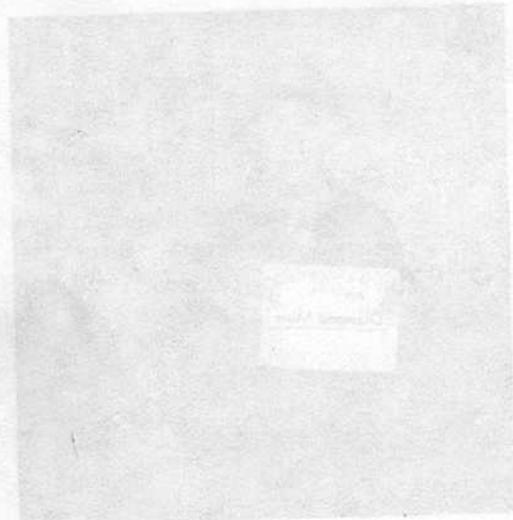


The Interpreter, Paul Shockley and wife Roshana in Olympia to perform a Cosmic Awareness wedding ceremony. The lady being married is the present CAC Interpreter, Grace.

We won't be sleeping on the job. Stay with us for the next 500 issues!



**Signed
The Shirt-Sleeve
Workers at C.A.C.**



The interpreter, Paul Eric Olson, and wife Barbara in Chicago perform a Cosmic Awareness wedding ceremony. The lady being married is the present CAC member, Gina...