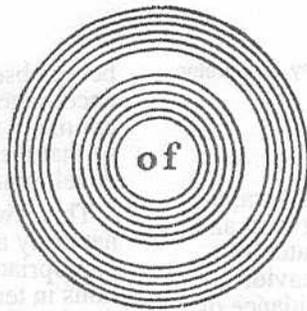


# Revelations

The Cosmic Newsletter



# Awareness

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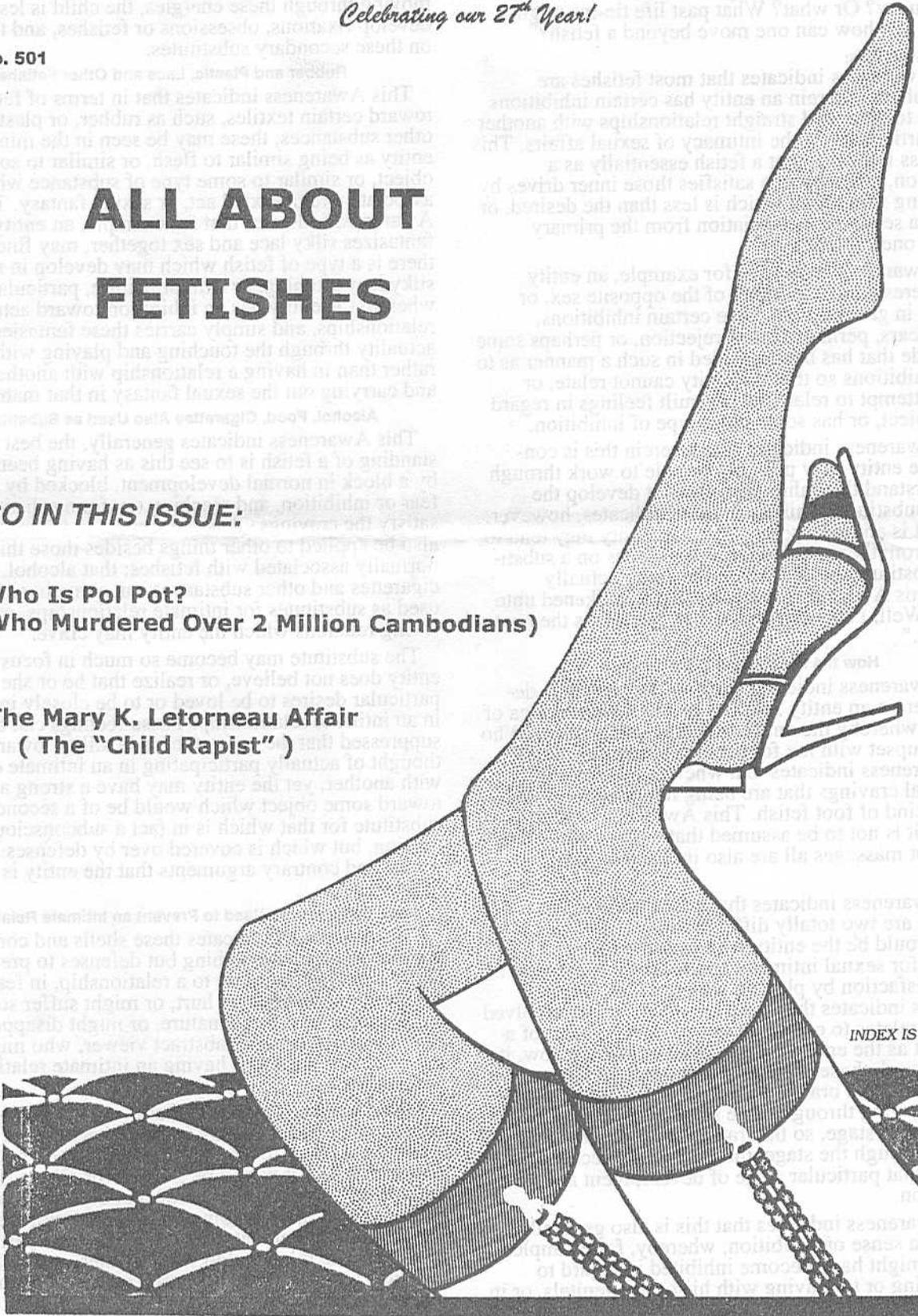
*Celebrating our 27<sup>th</sup> Year!*

## ALL ABOUT FETISHES

### ALSO IN THIS ISSUE:

--- Who Is Pol Pot?  
(Who Murdered Over 2 Million Cambodians)

--- The Mary K. Letorneau Affair  
(The "Child Rapist")



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## ALL ABOUT FETISHES (Foot, Breast, Leather, Rubber, etc.)

### QUESTION:

From Robert B., Phoenix, Arizona. "Could Awareness please comment on fetishes? Such as dealing with an anatomical portion; foot, breast, etc.? or a material texture; leather, rubber etc.? Does such a behavior represent stage of inhibited growth? The avoidance of true intimacy? Or what? What past life tie-ins might there be, and how can one move beyond a fetish?"

### COSMIC AWARENESS:

This Awareness indicates that most fetishes are brought about wherein an entity has certain inhibitions in regard to clear and straight relationships with another entity, particularly in the intimacy of sexual affairs. This Awareness indicates that a fetish essentially as a substitution, whereby one satisfies those inner drives by substituting something which is less than the desired, or which is a secondary association from the primary object of one's interest.

This Awareness indicates, for example, an entity being interested in a member of the opposite sex, or members in general, may have certain inhibitions, perhaps fears, perhaps fear of rejection, or perhaps some moral code that has been instilled in such a manner as to create inhibitions so that the entity cannot relate, or fears to attempt to relate, or has guilt feelings in regard to the subject, or has some other type of inhibition.

This Awareness indicates that wherein this is conscious, the entity may possibly be able to work through and understand this inhibition, and not develop the fetish or substitute. This Awareness indicates, however, wherein it is an unconscious fear, the entity may tend to veer off from the intended target and focus on a substitute, a substitute for that which the entity actually craves. This Awareness indicates that it is likened unto saying: "Well, I shouldn't have that, but this is the next best thing."

### How the Foot Fetish is Developed

This Awareness indicates that foot fetishes may develop wherein an entity sees the foot as a neutral area of the body, whereby the entity subconsciously asks: "Who could get upset with me for rubbing someone's foot?" This Awareness indicates that wherein this is tied in with sexual cravings that are being inhibited, this could lead to a kind of foot fetish. This Awareness indicates, however, it is not to be assumed that entities who enjoy giving foot massages all are also inclined to have foot fetishes.

This Awareness indicates that a foot interest and a foot fetish are two totally different things. The foot fetishist would be the entity who uses the foot as a substitute for sexual intimacy and receives some kind of sexual satisfaction by playing with the foot. This Awareness indicates that there are other factors involved also. This relates to certain stages of development of a child. That as the entity begins to develop and grow, it moves through those various stages described by psychologists: the oral, anal, and genital stage. That the entity in moving through these stages may get stuck in one or another stage, so that rather than progressing naturally through the stage, the entity then becomes fixated in that particular stage of development and does not move on.

This Awareness indicates that this is also generally caused by a sense of inhibition, whereby, for example, the entity might have become inhibited in regard to toilet training or to playing with his or her genitals, or in

being observed or caught doing so, or of having been encouraged in this direction by an older entity. There are many ways whereby these energies can be frustrated so that they do not progress on the natural wholesome development line.

This Awareness indicates that as entities progress naturally and develop through these stages in the appropriate and open manner, without fear and inhibitions in terms of discussing these feelings, in terms of moving through these energies, the child is less likely to develop fixations, obsessions or fetishes, and to focus on these secondary substitutes.

### Rubber and Plastic, Lace and Other Fetishes

This Awareness indicates that in terms of fetishes toward certain textiles, such as rubber, or plastic or other substances; these may be seen in the mind of the entity as being similar to flesh, or similar to some object, or similar to some type of substance which they associate with a sexual act, or sexual fantasy. This Awareness indicates that for example, an entity who fantasizes silky lace and sex together, may find that there is a type of fetish which may develop in regard to silky lace clothing, or similar texture, particularly wherein the entity has an inhibition toward actual sexual relationships, and simply carries these fantasies into actuality through the touching and playing with the lace, rather than in having a relationship with another entity, and carrying out the sexual fantasy in that manner.

### Alcohol, Food, Cigarettes Also Used as Substitutes

This Awareness indicates generally, the best understanding of a fetish is to see this as having been caused by a block in normal development, blocked by some fear or inhibition, and reaching out for a substitute to satisfy the cravings. This Awareness indicates this can also be applied to other things besides those things normally associated with fetishes; that alcohol, food, cigarettes and other substances can sometimes also be used as substitutes for intimate relationships, or close loving relations which the entity may crave.

The substitute may become so much in focus that the entity does not believe, or realize that he or she has any particular desires to be loved or to be closely involved in an intimate relationship. These feelings can be so suppressed that the entity feels a hostility toward the thought of actually participating in an intimate contact with another, yet the entity may have a strong attraction toward some object which would be of a secondary substitute for that which is in fact a subconscious craving, but which is covered over by defenses and shells, and contrary arguments that the entity is not interested.

### Many Defenses are Used to Prevent an Intimate Relationship

This Awareness indicates these shells and contrary arguments often are nothing but defenses to prevent the entity from getting close to a relationship, in fear that the entity might become hurt, or might suffer some consequence of a moral nature, or might disappoint his or her parents, or some abstract viewer, who might catch her or him in the act of having an intimate relationship with another.

This Awareness indicates that many entities have such unconscious fears of being intimate because they feel it would be a crime for *them*, although they do not necessarily feel it would be a crime for others. They themselves have been somehow conditioned into believing that there is something wrong with them, something in them that does not allow their participation in an intimate relationship with another, and therefore, any such actions would be sinful, or would be judged inappropriate.

#### Feelings Conditioned by the Mind's Programming

This Awareness indicates that such feelings are of course only conditioning in the entity's mind, conditioned either by programming from childhood, or the past, programming from religious or parental, or some other source; programming from belief structures, programming from social culture structures, or some personal experience which programmed the entity into believing that he or she is not entitled to this type of conduct, to this type of action, although it may be allowed for others.

This Awareness indicates such entities are quite common. Such conditioning is quite common among many entities on this plane, and many unconsciously feel that they do not have the right to an intimate relationship with another, although they do not understand why they do not have that right. This Awareness indicates that they, in feeling this way, create for themselves those mental barriers that prevent them from moving past a certain point in a communication with another, from moving past that point whereby if they were to go further, they might end up becoming intimate.

This Awareness indicates that this point is recognized in their relationships, and at that particular point, rather than moving forward, they will turn back, and begin retreating from the relationship, back into their isolation, and then will look from that point, and ask in vain: "Why doesn't anyone care for me? Why am I always alone?" This Awareness indicates that these entities in effect shut themselves off from those relationships. This Awareness indicates that some of these entities, in attempting to satisfy their inner cravings, while still holding onto their mental prison, the prison which they set themselves up in through their mental conditioning; these entities will find a substitute for that intimate relationship which may be some form of sexual fantasy, or fetish, whereby they focus on some momentary and imaginary experience, using the substitute, and gratifying themselves with this, rather than attempting to take the step, the adventurous action, and movement, out into the unknown, and actually become more closely acquainted with another.

#### Barriers in a Relationship Moving Toward Intimacy

This Awareness indicates that each entity has his or her own particular barrier or place where the barrier is created in a relationship, and one entity may be more open and more willing to go further in the movement toward intimacy than another, and it is this discrepancy that creates the struggle between parties who are moving toward intimacy, whereby one says: "I can go no further. I am a prudent person;" the other says: "I want you, and I am open to you".

This Awareness indicates that at such a juncture, the relationship can either turn one way or another, and one entity can retreat, or one entity can reject the other, or they can compromise. This Awareness indicates that in some instances, wherein a compromise occurs, it may be that it was the wrong move, for the entity becoming involved with this other, might then become so karmically attached as to be stuck with the other, without ever having actually looked at the person from any point of view other than as a sexual fulfillment of one's fantasy, and once stuck with the entity, one has to ask: "What did I get myself into? Who is this person I now have in my life? I didn't know what this person was really like!"

#### Love Alone is Not the Total Answer to a Happy Life

This Awareness indicates that this comes about when entities allow their heart and their sexual energies, the lower chakras, to lead them into a relationship, with the

hope and ideal that love will show the way. This Awareness indicates that love often leads entities into situations to teach them to be more discerning, to teach them wisdom. This Awareness indicates that love alone is not the total answer to a healthy and happy life. Wisdom and discernment must accompany love.

This Awareness indicates that in a relationship wherein there is that potential for more intimate movement or withdrawal, wherein an entity is fully discerning, the entity may have carefully looked at this other with his or her head, and the higher chakras involved, so that the entity decides: "Yes, I can and would like to become more intimate with this entity, therefore, I shall be more open and trusting than I have ever been with another before." This then allows the entity to lay down some defense barriers and open up to have a more wholesome relationship with this other entity.

#### Sexual Fantasies, Karmic Bonds and Lust

This Awareness indicates that *It* advises entities to develop their relationships not from sexual fantasies, but from the higher chakras; through communication, through mental discernment, and through the sense of heartfelt rapport with another, and that *It* advises entities to allow the sexual fantasies to come after the relationship has proven to be beneficial to both parties involved.

This Awareness indicates that entities who become sexually involved, do indeed create a strong karmic bond, and wherein this sexual involvement occurs without the full knowledge of each other, other than the sexual lust drawing the entities together, and wherein these energies, drawn by lust, prove not to be conducive to the needs of each party, and wherein the entities decide after they have thus lusted and have thus become sexually involved and developed their strong karmic bond; these entities then find it more difficult to separate from each other gracefully.

#### Easier to Get Involved in a Sexual Relationship Than to Get Out

This Awareness indicates this particularly as wherein the emotions of one or the other are not expressed clearly or respected by the other. This Awareness indicates that wherein an extraction is attempted, and one entity seeing that he or she cannot get along with this party, or does not want to be trapped in a permanent relationship with this party; that entity, in attempting to extract from the relationship, after having been involved sexually, may find that it is actually easier to become involved sexually than it is to extract oneself from the relationship.

#### Many Feelings Involved When Sexual Relationship is Premature

This Awareness indicates also that there are occasionally emotions involved, wherein one entity becomes hurt; the other, feeling sympathetic, finds it difficult to leave or finds it irritating that the entity should be hurt at the separation. This Awareness indicates that the feelings of responsibility may become involved, not to mention actual responsibilities which may result from the sexual union; feelings of guilt and feelings of expectations, broken hopes, or accusations, or feelings of being used by the other person, or feelings of having used the other person, or misconceptions as to what the other person expected, or expects in the future from you ... all of these feelings will result from the sexual union, and it will prevent clear communication and rapport from developing on those other levels which would have followed properly if the entities simply became acquainted first, and allowed the sexual union to follow in due course.

This Awareness indicates that it is extremely difficult for persons to get to know each other once they have had sexual union, but it is much easier for entities to

have sexual union that is harmonious *once* they have gotten to know each other on the spiritual, emotional, mental and social levels and have decided in those levels that they are compatible; then the sexual union which follows can be more wholesome and intimate and consummating the relationship in a manner that allows it to reach greater rewards for both parties.

#### Sharing One's Body But Not the Heart Is Often Frightening

This Awareness indicates, however, that there are some entities who are capable of having sexual intercourse with another without emotions becoming involved, without the sexual intercourse affecting their relationship in other levels, so that they may become quite close in these areas, and when eventually becoming aware of a growing emotional attachment, the entities may then run into problems, because they are capable of sharing their bodies, but not their hearts, and wherein their hearts become entwined, the entities then may find it threatening, frightening to their freedom, to their security, or to their defenses against being hurt.

This Awareness indicates that wherein the heart becomes involved, the entity becomes vulnerable to being hurt. This Awareness indicates that some entities would be hurt to have become involved in a sexual relationship which was taken lightly. Others will easily give these meaningless sexual relationships, but will be hurt if they become involved in their heart, becoming sympathetically entwined or attached to another, and thus, they seek to avoid such attachment.

#### Most "Love" Experiences Are Merely Emotional Attachments

This Awareness indicates that most experiences that entities like to call love in the heartfelt sense, are actually nothing but emotional attachments: a desire for this person to satisfy some insecurity. This Awareness indicates that true love is rather rare on this plane, and has nothing to do with possessing another person, whereby you love the entity so much that you would be willing to allow the entity to be free from you, if that would best benefit the entity. This Awareness indicates that you may also love the entity so much that you would devote your life to the entity and remain with the entity if that was the most beneficial thing for that entity.

#### Those Who Love Many Others Should Confine Intimacy to Mate

This Awareness indicates that true love does not need to be directed toward one entity only. It may be directed toward all entities, but the action of social devotion is impractical when directed in all areas, toward multitudes. This Awareness indicates that it is therefore suggested that even though you are a beacon of love, and love everyone equally, and express the most divine love available, if there is such a thing, even though you were the absolute greatest expression of love; this Awareness suggests that even in this case that your intimate relationship with another should be seen as special, and that even though you may love others equally, it is not advisable in a practical and social sense to become intimate with those others to the same degree as with your own mate, for it is that intimacy and depth of relating that allows one a quality in a relationship which cannot be experienced when entities are indulging in quantities of relationships.

#### A Normal Relationship Often Can Prevent Fetishes

This Awareness indicates that this has branched off from the original question relating to fetishes, but has led into certain areas which may be related to the general understanding and solution which entities are seeking, for those who have these various fetishes are often simply unclear in certain areas, or have certain blocks, fears or insecurities which prevent them from

moving along the path of natural development, and therefore, being stuck in an eddy, in a fetish, out of the mainstream of nature.

This Awareness indicates that by seeing the mainstream more clearly, entities might feel it is possible and beneficial to move back into this current of nature.

### Moving Beyond a Fetish: Two Major Problems

#### FOLLOW-UP QUESTION:

In reference to the original question, is that how one can move beyond a fetish? Does Awareness have any specific suggestions other than the general information given?

This Awareness indicates that if one truly desires to move beyond a fetish, and back into reality, (the fetish actually is nothing but a substitute, and a kind of gratification which is substituted because the entity feels unworthy of the thing); the entity has two problems, two major problems: to deal with the feeling of being unworthy, and to recognize the substitute as inferior and unworthy of his devotion and energies.

This Awareness indicates that in looking at the substitute, the entity can very easily see that it is unworthy of his devotion, and that it is not actually satisfying, but is to some degree pacifying the craving, and therefore the entity can easily become willing to substitute the substitute for the real thing; to give up the substitute if the real thing were available.

This Awareness indicates, however, the entity still has the fear associated with a feeling of being unworthy, or in some cases, the entity feels worthy, but has a disdain and rejection of the real thing, having created a barrier known as disdain and rejection of the real thing. The entity having created this in order to substitute the desire and put up a barrier of opposite nature to protect himself or herself from his or her own desires. The entity will artificially create a hatred for that which the entity, in subconscious levels, may have desired at one point, and been blocked or inhibited in any efforts of attainment.

This Awareness indicates that therefore, the entity is stuck attempting to understand his own psyche, and the forces which are blocking him from having the desire or opportunity to relate with another in a more intimate and meaningful way. The entity cannot always be objective as to why he or she has these blocks, and this is why counselors or an outsider can often be of great assistance in locating or defining or understanding the nature of those inhibitions and blocks.

#### How to Track Down the Substitute That Led to the Fetish

This Awareness indicates that some entities may through intense self-examination, begin to explore inward, and analyze themselves in a rational way, objectively exploring their past, the things they know about themselves, putting this down as a kind guideline, or outline on a map, on a sheet of paper, whereby they can objectively observe the events that occurred to the entity, as if this were someone else, and seeing from these events, the entity may begin to glimpse the reasons, or the circumstances that led to the substitute, that led to the fetish becoming a substitute for his or her real desires.

This Awareness indicates that it is more common however, for entities to receive counsel or help from others in working through these psychic patterns and in analyzing, and understanding the sources of such fixations, blocks or inhibitions.

#### Chewing the Fingernails a Form of Fetish

This Awareness indicates that a fetish is not fully overcome until an entity has overcome the block and

obstacle which led to the fetish. That chewing the fingernails may be a kind of fetish, and an entity may find some way to stop chewing the fingernails, but until the entity understands the block that led to his or her chewing the fingernails, and has removed that block, the entity may not have overcome that impulse and the fetish.

#### Overcoming a Fetish by Creating a Trauma

This Awareness indicates that there is, however, another way whereby if an entity cannot locate the cause of a fetish, the fetish may still be broken. This can occur wherein the entity experiences such a traumatic event associated with the fetish that it stands out more, and creates such a trauma that the entity can never again indulge in the fetish without feeling the embarrassment or shock of that trauma.

This Awareness indicates for example, wherein one were caught in the act of playing with some fetish, or one were caught, for example, chewing one's fingernails, and highly chastised in front of others, in a manner that embarrassed the entity to no end; this could be such a traumatic event that the entity would never again be able to chew his or her fingernails, or indulge in the fetish without being made aware of the trauma; the trauma itself being that which serves as inhibitor to the fetish.

This Awareness indicates that this is less advisable as a way of dealing with this situation; that it is likened unto creating a block to stop another movement from a previous block. This Awareness indicates it is better to find the source of the first block, remove that, so that the entity can flow without being checked by these blocks and barriers, and inhibitions. This Awareness indicates however, that it is quite common for inhibitions and activities off the path to be checked by further inhibitions, which then send the entity back toward the path, and this has been the traditional approach of authority, to use punishment blocks and inhibiting actions to keep entities on the path.

#### Why are Men Fixated on the Female Breast?

(What Johnny Carson Would Pay for a Peek at Dolly Parton's)

##### QUESTION:

Johnny Carson once remarked on his television show, while interviewing Dolly Parton, that he would give a year's pay if he could have a peek beneath her blouse. A year's pay for him is 5 or 6 million dollars. This preoccupation, fascination and apotheosis of the female breast appears to be a phenomenon limited mainly to North American males. Why is this? And would this be considered a fetish?

##### COSMIC AWARENESS:

This Awareness indicates that this entity as having made that remark more in jest than in truth. This Awareness indicates that, however, the point does demonstrate the fascination of males toward the feminine chest. This Awareness indicates that this as in part a cultural phenomena due largely to the emphasis on keeping the breast covered and sacred, whereby in other countries, in many other countries, wherein women nurse their children in public, the breast and the significance of the breast begin to diminish as an entity is surrounded by this condition, but wherein the uncovering of a breast is a rare occasion, it is treated like a rare occasion.

This Awareness indicates therefore, it develops a sense of emotional charge, a kind of game of seeking to glimpse that which is hidden, simply because it has been hidden. This Awareness indicates that if it is being hidden, it *must* be something worth seeing.

#### The Child Within Still Loves the Nurturing Energy of the Breast

This Awareness indicates that this as a kind of cultural conditioning which has led to the over-emphasis on the feminine breast. This Awareness indicates, however, that in addition to this cultural conditioning, the feminine breast as that which emanates a nurturing energy. Its very nature is to nurture the child, and even though entities have not been children for many years, they still have the child within them, and the child within them still loves the nurturing energy, or that which the nurturing energy of the breast symbolizes: a care, a loving nurturing mother.

This Awareness indicates that wherein an entity is drawn to this energy, the entity is in a sense, saying: "I want to be nurtured like I was nurtured when I was a small child." This Awareness indicates that even those entities who were bottle-fed still had the pleasure of being held next to these nurturing energies, and it was a comforting feeling, a feeling of being protected by the mother. This Awareness indicates that even as entities become older, they still have this craving somewhere within to be nurtured and cared for by the mother energy, and if the mother is now old and withered, or has passed away, and can no longer give that energy; the entity may look toward someone more capable, someone younger, who reminds him of the energy which he once received as a child.

#### Some Women Also Attracted to the Female Breast

This Awareness indicates that not only do men feel an attraction toward feminine breasts, but women also have an attraction in a sense, whereby they sense the nurturing feeling from one another, and occasionally need to be held closely in this manner. This Awareness indicates that this can of course become distorted, and that *It* is not intending to discuss the degree of intimacy which is allowable in these various moral issues, for this Awareness is not actually very concerned about these movements.

This Awareness indicates that *It* is more concerned about the expression of entities toward one another, and the recognition of why certain instincts and impulses become overemphasized and lead to problems. This Awareness indicates that wherein the entity has a need to be nurtured, the most basic object on this planet is the feminine breast, and it symbolizes the nurturing aspect in the most fundamental manner, for it feeds the offspring of the mother, and gives the closeness and soft loving care which the child associates with the protective and loving mother.

This Awareness indicates that depending on how the child becomes fixated on the concept of breast feeding or of being held by the mother, may determine the entity's subconscious attitude toward breasts as opposed to faces, or other parts of the body. This Awareness indicates that not all children become fixated on the breast. If they have had sufficient nurturing and do not need that energy emanating from the mother, they may be satisfied with a few words of attention or with holding the mother's hand or with seeing her face now and then, and in this manner the child may develop and grow without having overemphasized the breast. But for some entities, particularly wherein there is a feeling of being deprived from mother-love, there is often a lingering attachment and fixation on the feminine breast which may last into adulthood or throughout life.

This Awareness indicates this regardless of the entity's sex. This Awareness indicates that generally, however, with the females it is less strong, as they, in developing their own breasts, lose the fascination from familiarity.

## Some Males Get Very Stimulated by Breasts

(Is this Oedipus Complex or a Fetish?)

### FOLLOW-UP QUESTION:

Well, many adult males get highly stimulated and excited when they come into physical contact with the female breast. Now, does this relate as a fetish, and more in the areas of an Oedipus complex, where they're tapping into a memory of their mother, or is this just part of the sexual attraction that their mate might have?

### COSMIC AWARENESS:

This Awareness indicates that this can be a combination. That the childhood instincts and feelings, the fantasizing of this being the mother of one's child, the fantasizing of this being one's own mother, or the fantasizing of this entity symbolizing all that which is feminine and all that which is opposed to one's own masculinity. This Awareness indicates that in actuality, many levels of emotion are experienced and that there is within each entity: the child, the adult, the father and even the grandfather, and within the entity, recognizing his many potential roles, the entity participates in the union of sex with this female in order satisfy all those levels of his subconscious emotions, simultaneously.

This Awareness indicates that wherein the union is of such strength that the entity feels a totality with this being, and all of these levels of himself are nourished: the child within, the father, the young person and the grandfather; all of these roles, or parts of himself, these many stages of life ... all of these may be satisfied momentarily by this entity who symbolizes that which is nourishment and love for the entity, for his being and for his soul.

This Awareness indicates that the tragedy in this is that these feelings often only last for a few moments.

This Awareness indicates that likewise, the female sees within the man: the little boy, the young man, the father, and the wise old grandfather, which is yet to come. This Awareness indicates that in this, the entity, the female, feels herself to be nurturing and giving of herself, that this entity may grow and develop, and in such growth and development, provide for her, and for her children, that which is necessary for a happy life. This Awareness indicates these are essentially the fantasies which entities seek in sexual union, but as previously indicated, the tragedy is that often these fantasies only last for a few moments.

This Awareness indicates that it is not necessary however, that such fantasies be limited for a few moments, for in fact, it is the plan of nature that these be implemented as lifestyles for entities.

## THUMB-BLANKET AND THUMB SUCKING

### QUESTION:

Awareness, many children, particularly females, are allowed by their parents to possess what they call "thumb blankets". They run around sucking on this thumb blanket and carrying it around with them everywhere they go, even on up into their teenage years. I've seen girls with these, and also, many males suck their thumb clear up into high school. I went to school with a kid who had a thumb that was literally sucked down to a point. I'd like to ask: Is thumb-sucking and thumb-blankets for children: Can these be considered fetishes, or do they outgrow these, or do they arrest their sexual development later on, or create other problems?

### COSMIC AWARENESS:

This Awareness indicates that generally, this as developing from the insecurity and desire to continue nursing; that a desire to continue nursing may be on a subconscious level. The entity may not consciously realize this desire. This Awareness indicates that this also can be seen in alcoholism; entities who are strongly attracted to alcohol as a kind of substitute for the nipple, and cigarettes, and also, in many instances, food. Certain types of oral gratification in excess of what is rational and reasonable behavior is that which may be associated with the impulse or desire to continue nursing. This may be brought on from a fear of starvation, or from a feeling of having been deprived, or from a feeling of not being cared for, and again, this is a substitute for the real thing.

This Awareness indicates that often it has its origin in the early weaning of the child, in withdrawal that is not fully understood or completed by the child, and even though it is natural at a particular stage, the entity may have a strong will and whereas other children would cease the action simply because their mother told them: "You are getting too old for that!" the child with the strong will may say: "I'll do what I want to do, and I want to suck my thumb!" and therefore, the child continues the action in a sense of rebellion as well as a feeling of security, and as well as a habit that has been developed.

This Awareness indicates therefore, the natural substitute for the nipple which has come about at a certain stage, may develop into a chronic habit, and the entity may, with this chronic habit, continue for many years after what would have been a normal duration in another child. This Awareness indicates that often the best and simplest way to break the habit of thumb sucking is simply to offer another substitute; a reward.

### Offer a Reward to Stop Thumb Sucking

This Awareness indicates that for example, offering to give the child ten dollars if he or she refrains from sucking the thumb one week, or offering to give the child ten dollars if he or she ceases to suck the thumb; the gift will be given after one week. This Awareness indicates that this can break the habit by giving the child an incentive to overcome this habit, particularly wherein this is not strong. This Awareness indicates that it does not, however, alter the personality conditioning that influenced the habit, and the conditioning which influenced the habit may flare up again in another way. The child may stop sucking his or her thumb at the age of 13, for example, and may then become involved in gum-chewing, and within another few years, may become involved in smoking, and later in drinking, or whatever.

Smoking and Drinking are Oral Substitutes for the Nipple

## CRUISER

Christopher Browne



This Awareness indicates that the symptom may vary, while the cause remains. This Awareness indicates therefore, it is often important to notice these oral gradations, wherein the mouth changes and substitutes one thing for another as it progresses, for you may recognize that the pattern is leading the child into drinking or smoking, which you may wish the child to avoid.

#### **Tell the Child You Have Always Loved Him**

This Awareness indicates that in order to prevent this kind of oral gratification, it would be advisable that you create a scenario, a circumstance or a setting whereby the child can have the opportunity to have a closer relationship with you as a mother or parent, and to discuss things of the past, discuss the child's earlier childhood, discuss all those things, answer all those questions the child may have about his or her earlier childhood, answer all of the questions about how you felt towards the child during those times; whether you were deliberately neglecting the child, or were so busy you just couldn't find the time, and how you wish you could have spent more time with the child, and in such discussions, the child may relive some of those early periods, and may find it comforting to realize that the mother or father cared more than he or she had realized.

This Awareness indicates that this also should include allowing the child to talk as much as the child desires. This use of the word 'child' may include teenagers, or even those older, but the child should be allowed to talk as much as is desired, and encouraged to talk about his or her feelings in regard to these youthful experiences and relationships. The child needs to know how much he was loved and needs to know and to evaluate a sense of self-esteem in relation to the parents, or to those who cared about him.

#### **Eight Words That Can Change a Child's Life**

This Awareness indicates that it is quite possible that a parent might state to the child: "Well, when you were first born, I really didn't want you, but after some time, you were so lovely that I just simply fell in love with you, and was so glad that you were born". This Awareness indicates such a statement may change the entity's life, for a child who is not wanted at birth, subconsciously knows that fact, and it is brought out in a conscious sense, the child then can deal with the situation consciously and may eliminate all of those subconscious blocks which came about from those early or prenatal realizations of not being wanted.

This Awareness indicates that as the child is allowed to speak and is given the opportunity to reflect back on his or her childhood and the feelings of the parents at the time, the experiences which the parents were going through during that time, the child will be able to make more mature evaluations of what those times were like, and where he or she fit in, so that the subconscious and subjective feelings can be reevaluated with new programmings and put into proper perspective, and in this manner, the child may readjust many of the earlier programmings so that they are no longer propelling him or her in a misdirection, but are organized and seen as a pattern which can be used or understood as a base on which to build one's future.

This Awareness indicates that as the child is allowed to speak and to listen to these feelings, those oral gratifications which the child might otherwise sublimate into smoking, drinking, bubble-gum chewing or whatever, sucking the thumb and so forth; those oral gratifications can become satisfied. Wherein the child is allowed to speak, that in itself satisfies the oral gratification need, and wherein the child receives insight and

understanding to those areas during his childhood, he or she may then progress through areas which were unfinished or blocked, and move on into other stages of maturity.

### **He Wants to Eliminate all Sexual Appetite**

( Will Saltpeter Aid His Spiritual Growth? )

#### **QUESTION:**

One final question, while we're in this area, from Eric Anderson in Los Angeles. He writes: "For my spiritual growth and for personal reasons, I want to eliminate my sexual appetite from my life. Is taking lots of saltpeter the best aid for this, or is there something more effective that is available to me?"

#### **COSMIC AWARENESS:**

This Awareness suggests that you not tamper with the sexual energies; that you channel these energies through physical activities and through creative actions, and through meaningful relationship with another. This Awareness indicates that to attempt to use saltpeter and substances to curtail or inhibit one's sexual energies; this can have adverse effect on other areas of your health.

This Awareness indicates that it is important that the hormone system be allowed to move and flow freely. This Awareness indicates that this as part of the natural growth cycle of your body, and the character building associated with this energy as that which can... This Awareness indicates that the energy as that which can be used as an energy for character building, whereby you learn to channel this energy rather than to destroy or to allow the energy to channel you.

This Awareness indicates that the use of saltpeter or the use of coffee, which has such substance within it, as that which can help to curtail the sexual energies if this is what you desire. This Awareness suggests, however, that you not tamper with these energies, for it is not appropriate to deal with this in this manner. This Awareness indicates that this as akin to the concept of the Skoptsis, whereby they resort to castration to avoid dealing with the energies.

This Awareness suggests you simply deal with the energies on a moment-to-moment basis, and not to think of these energies as being detrimental or as being evil, or as being anything other than strong magnetic energies surging through your body which allows you to have energy for various activities, or to channel toward that which is intimacy with another, or toward producing offspring. This Awareness indicates that the concern is not that you have these energies. The concern is that you not make these energies so significant that they control your life, to cause you to do things which are not beneficial to a healthy life, and that you not attempt to control them to such an extent that you inhibit and suppress these energies to a degree whereby they affect you and your life adversely in other ways, for the sexual energies are powerful, more powerful than one's will, than one's mind, and can only be controlled by directing these energies, rather than by stopping these energies.

This Awareness indicates that you may learn to direct these energies by certain physical expressions; becoming involved in weight-lifting, running, jogging, or other types of physical activities. These energies can be beneficial in strengthening your physical body, or you can channel these energies into intimate relationship with another, or you may channel these energies into mental pursuits. Whereby you become involved in intense mental studies, the sexual energies will assist in that and will rise from the lower chakras into those higher chakras of the mind, particularly the pineal, to allow you to have greater concentration and focus.

This Awareness indicates that wherein an entity does not wish to express sexual energies in a sexual manner, the entity has the choice of expressing these energies in a physical manner or in a mental expression, such as is involved in focusing and concentrating, or the entity may channel these energies into a spiritual direction, which will occur when the entity becomes involved in a practice of daily meditation.

This Awareness suggests that in daily meditation, you visualize the energies moving up the spine, out of the crown chakra, and upward, and in this manner you may change these energies from the lower chakras into the higher chakras. This Awareness indicates there are a number of books on meditation which may be valuable to you.



## DOES A PRIEST TAKE ON THE KARMA OF THE CONFESSOR?

### QUESTION:

A question from Jimmie K., in San Francisco. In a letter to Vicki he writes: "Vicki, I do have a question for Awareness. You see, I was raised in a Catholic orphanage. I no longer, for many years have considered myself Catholic or even Christian. I would much rather be in the company of a Tibetan monk than most Christians I know.

"The question deals with confession. This has always intrigued me since the Laws of Karma are very rigid. The reason for me asking this question, is that the nuns would tell us to pray for priests, for they are the most abandoned souls in purgatory. I will write the question on the reverse side."

And his question is: "When a person goes to confession, and the priest forgives their sins, or transgressions, does the priest take on the confessor's karma? I know that karma has to be balanced, that's for sure! What happens to that karma?" he asks.

### COSMIC AWARENESS:

This Awareness indicates often the priest will give you certain actions to take which help to relieve the karma by giving you something to do which you perceive to be a punishment for your error. This is a way whereby your own subconscious will assume that you have been forgiven once you have done the penance.

This Awareness indicates that as far as the priest taking on the karma, it is a role-playing action in which the priest gives the appearance, as an authority of the church, of having the power to take the karma from you. In other words, it is more of a psychological maneuver, much as the psychiatrist saying, "I'm okay, you're okay, we're okay! Sure, you had a problem and you reacted immaturely, but you're okay! It was good that you told me about this. Let's now recognize that you are okay, and you can go on with your life!"

This exposure of self and the acceptance by the psychiatrist, gives you the impression or feeling that, "Oh, all this guilt I've been carrying really wasn't that bad after all! It wasn't really necessary for me to feel all that guilt!" This Awareness indicates guilt is of no value to anyone, unless it spurs you to make amends for something, and if you can make amends for that something, then the guilt has served its purpose.

This Awareness indicates however, many entities carry guilt from something that happened 40 years ago, whereby you cannot make amends, and if you seek to

rid yourself of the guilt, you can do it either through the psychiatry and the sessions, or through the priest who helps you to feel that you have made the amends some way, and as an authority, he informs you that this is now all right, or, you can do it through methods taught by the Kahunas, where you go out and do something for someone else, and in giving service to someone else, you balance the karma.

### The Huna Philosophy for Balancing Things Out

The Huna philosophy doesn't speak of it as "karma," but you balance the action so that you are then ready and worthy of receiving some further blessing. This Awareness indicates that in order to be worthy of your Higher Self giving you a blessing, the lower self must feel it has made up for its errors or sins. This Awareness indicates that it is the same principle in psychiatry or in the Catholic church, or in the Huna philosophy.

This Awareness suggests that the priest himself does not take on your karma by absolving you of karma. He simply plays the role of an authority who *appears* to have the ability to do this, to absolve you of your sins. This Awareness indicates in the fundamentalist religion, entities are to give their sins to Christ and to surrender themselves to Christ, their sins are forgiven. It is much the same principle.

### The Subconscious is Like a Computer's Hard Drive

This Awareness wishes you to understand that the subconscious is likened unto the hard-drive on a computer. It stores all of the memory that has been put into the computer from the keyboard or other input device. The computer itself; the chips, and the RAM within the computer, is likened unto the conscious mind. It is the operating device that works the operating system which runs the computer, but the storage is likened unto the subconscious mind, and when you get into the computer and want to go to a file, you go to the subconscious mind for the information you seek that has been put into yourself from a previous experience.

This Awareness indicates if you have the memory of something negative, it is like retrieving a file from the subconscious mind or from the hard-disk on your computer, the storage disk, and if this hard disk or storage disk is filled with negativity and negative files or hostile experiences, then of course it is going to have an effect on most of the material that you pull up when you want information.

If these negative actions are put into the hard drive, and every time you want to get information, whatever you pull up is tainted or colored by some negative experience of the past, how are you going to become new? How are you going to have something fresh to work from? Therefore, you may wish to confess, or pull up the negative and have it discarded and the confession, either to Christ, to the priest or to your own Higher Self, allows you to purge yourself, your hard disk, from these negative files and negative information.

It sometimes requires extreme detail and effort. You go into these memories one at a time and rid yourself of the one memory, only to discover that there is more negative stuff in the next file down and the next, and the next, and you constantly go through pulling out all these negative memories and eventually, you have rid your hard disk or your memory bank in the subconscious mind, of all of these negativities, and you are then a more positive person.

You are like a computer that has been purged of much hostile and negative information that has been stored in your data banks. This Awareness indicates now you can put new information in, new prosperity information, new material that is healthier for you to make you into a

better and more workable source for information.

This Awareness indicates when you draw on this information and it is uplifting to you, it brings about greater prosperity and greater happiness rather than a lot of negative stuff. This Awareness indicates this is a kind of analogy to help entities get a better understanding of how the subconscious works.

#### The Engram of Scientology

This Awareness indicates of course, Scientology uses this principle to the point wherein they audit a person, and in the auditing, they find the traumas the entity has gone through and deal with the negative trauma and experience that left a negative mark on the mind of the entity. They call these 'engrams', and in dealing with a negative engram or experience, they help the entity to re-experience the situation and get through it in a positive way and release it.

It is likened unto releasing or embracing parts from files, to purge the files of any negativities. This Awareness indicates in other words, supposing you were at your computer and you start writing a kind of life experience data bank, wherein you put your life experiences every day. Everything that happens is recorded on your computer. Your attitudes about things and so forth, and after years of accumulation, you begin to realize "Hey! Everything on this computer has been very negative! It is full of cuss words, hostility, anger--my whole life story is just ugly!"

You want to clear it up, you want to become free of the negativity you have accumulated over the years, so you go back into the computer and start erasing all the cuss words, all the swear words, all the negative language, all the mentions of your hostilities, all of the language that indicates you are angry, and you then look at your life: what it was, what is has been, from a more positive point of view.

Can you see how this life story would then be quite a different story? Now think of this data as being within yourself. You are now a different person from the one before the purge, before you erased all of the negatives. You are now a more positive person. This Awareness indicates that this is what occurs through the religions, through Scientology, through psychiatry, and through the Huna philosophy, if they are used according to the programming as designed.

This does not mean that all of these methods are equally effective or that they will be effective with you yourself. Some may be more effective for you. Others may be less effective for you, but these are the principles behind these different systems. They all have that one thing in common: to purge the subconscious from any negatives that are hindering your further progression and happiness.

This Awareness suggests that if the entity's question has not been fully covered by this dissertation, that it be repeated, particularly in the area that was not covered.

### WHEN A PRIEST GIVES ABSOLUTION— DOES THIS ABSOLVE KARMA?

#### QUESTION:

I believe *It* covered it. He's got one other question that Awareness probably answered also, but I'll read it here. "When a priest gives absolution to a person who is dying, are they absolved of all karma?"

#### COSMIC AWARENESS:

This Awareness indicates they may be absolved of a considerable amount of karma that they may hold. Much of it has to do with the individual. The priest himself cannot absolve karma. He can simply persuade the

individual that he was forgiven and the karma is forgiven, and to the degree of persuasion, that will help the individual. If the priest is not persuasive, if the individual does not believe the priest has absolved him, then of course, the karma will still be carried over into the next life.

#### The Meaning of the Word "Sin"

This Awareness indicates if an entity feels that the sin he has created is so great that a priest cannot really absolve him of it, he is not going to be free from the memory and the holding of that sin. By the word 'sin' this Awareness means the error that has occurred. The Greek meaning of the word 'sin' is "missing the mark." In other words, if the entity has missed the mark considerably to the point where he does not believe that the priest can set him straight, or has set him back on course, then the entity **will** continue to carry some of the karma of that sin.

In other words, it is a kind of suggestive therapy, whereby the priest, by suggestion, can persuade, or may not be persuasive enough to heal the problem. Much of it has to do with the faith an entity has in his or her priest, as the case may be.

### Why Are Priests "the Most Abandoned Souls in Purgatory?"

#### QUESTION:

I was curious about a statement Jimmie made in this letter. He says "The reason for me asking this question is that the nuns would tell us to pray for priests, for they are the most abandoned souls in purgatory." Why would nuns believe that? Or maybe they know something?..

#### COSMIC AWARENESS:

This Awareness indicates that it is difficult to know what the entity means or where the entity received his message, from what nun, or what those particular nuns experienced in regard to this, but it is possible that the nuns felt the priests in purgatory needed prayer because they were abandoned by those in purgatory with them, since they were seen as hypocritical if they were there in the first place.

Or, it is possible that the nuns recognized the priests were not as holy as they appeared to be to the people whom they served. As you say, perhaps the nuns knew something, but this may well be just an isolated case of one or two nuns telling him this. This Awareness indicates it is customary, even when the pope dies, for entities to pray for the pope's soul.

Ed's Note: There is an old book now being republished which may explain this. It is called *The Awful Disclosures of Maria Monk*, a pen name for a nun who went over the wall to expose the sordid treatment of nuns in convents around the world by priests and others in the Catholic hierarchy who have control over the females. The book is full of sordid stories of molestation, rape, priests who force the nuns to perform perverted acts, etc. When a nun got pregnant, the priest would smother the baby and bury it in special places inside the convent. According to the author, thousands of babies are murdered by priests every year. This book is corroborated by an American nun, Sister Charlotte, on 2 audio tapes recorded on her current speaking tour. Sister Charlotte states that the Mexican government closed down all cloistered convents decades ago after inspection revealed prison cells, torture instruments, dungeons and lime pits (for the disposal of murdered nuns and babies) This book, along with tapes from Sister Charlotte are available for a \$12 donation from Living Truth Ministries, 1708 Patterson Rd., Austin, Texas 78733.

### IS THE PENAL SYSTEM A GOOD THING?

#### QUESTION:

A question from JD in New York. She writes: "Is the penal system seen as a good thing in so far as it punishes people in this life for harm they may have done?"

#### COSMIC AWARENESS:

This Awareness indicates all of this of course depends on how the individual in the penitentiary accepts his

punishment. If the entity is not remorseful, becomes hardened from the experience of the penitentiary, and hostile toward others, he may not be gaining any benefits from the experience at all. If, on the other hand, the entity accepts his punishment as part of the karma for what he has done and attempts to become a better person from it, then of course the entity will be repaying his debt to society or to the victims of his actions, and the entity will release at least some of the karma owed from his misdeeds.

This Awareness indicates the main benefit of penitentiaries is to segregate criminals from the rest of society so they cannot continue to perpetrate their crimes on society. The action of punishing these entities is but a secondary action which many entities feel is right, because they are hostile to criminals for the crimes they have committed.

#### The Vengeance Aspect of the Penal System

It is a kind of vengeance attitude to punish the criminal, to make them suffer for the suffering they have given. Thus, the vengeance aspect of the system is that which many entities wish to promote. This Awareness indicates it is not the vengeance which is beneficial to relieving karma from an entity, but then, those who are in to having vengeance would not want the karma to be paid off anyway. They would like the entity to forever be punished and to forever carry the karma of his actions, his misdeeds.

But to have this vengeance aspect as part of the system, which is something being discussed in today's society, wherein rather than simply keeping people from society, or considering rehabilitating entities before releasing them to society; this has been discussed as perhaps not the full purpose of penitentiaries, but that entities should also be punished for their crimes, and this is being discussed more commonly now with more persuasion so that in the future, entities having a vengeful attitude may prevail and cause great punishment to those who have violated others in society.

#### When Innocent Persons are Executed

##### QUESTION:

Another question from JD. "When innocent persons are executed for murder or treason, and so forth, would this be balancing their karma of killing others?"

##### COSMIC AWARENESS:

This Awareness indicates in some cases, this may be so. In other cases they are victims of society's killing of them, as innocent persons, reminding you that Jesus was killed for some social purpose and for some as a criminal. Was this to alleviate some karma he owed? Or was this something totally different? He **did** take on the sins of the world, according to the story, in his death. Thus, was he killed in order to give him karma of the human race? Or was he killed for karma he had acquired through previous lifetimes?

This Awareness indicates in other words, there are often innocent people killed without their having earned their death through some negative karma.

#### Karma of Mass Murderers, Executioners, etc.

##### QUESTION:

She also wanted to know: "What about the karma of mass-murderers, including soldiers and executioners, and those killed in mass-genocide?"

##### COSMIC AWARENESS:

This Awareness indicates that the question: "What about the karma?" --the question is not clear. There is a difference between the mass-murderers and those who die in mass-genocide. The persons executed in World

War II through the gas-chambers, for example, cannot be equated to mass-murderers. The question is not clear as to what she wants to know in terms of karma.

##### QUESTIONER:

In terms of balancing the karma. Is karma being balanced for example, in mass-murder...

##### COSMIC AWARENESS:

This Awareness indicates this is not necessarily so. There can be entities who choose to come into a certain situation because they owe karma and they may grow in that particular location or situation until some event occurs wherein they become the target for some mad-man's disdain, and may be eliminated. These entities may have chosen that because they had some kind of karmic debt to pay off, but not necessarily so.

Some of these entities may have simply chosen to be born in that location because they had someone living in that location whom they wanted to be with, and thus they are born say, in a land where there is some Idi Amin, or other tyrant who slays them along with others who may have had some karmic debt to pay.

This Awareness indicates that mass-murderers of course may have come in to the earth plane with karma and fallen back into a pattern that they developed or were developing from a previous lifetime, or they may come back into the earth plane with vengeance in their heart for entities who have wronged them in previous lifetime experiences and may kill those entities whom they held vengeance toward.

This Awareness indicates that this may or may not be what the entity's question seeks to find.

##### QUESTIONER:

Well generally, I believe the gist is that she's lined up these people who are killed for one reason or another, or are somehow involved---for example, she had a follow-up question of whether the karma of executioners and the politicians who install death penalties and the citizens who agitate for them... along that line basically, it's the same question she's asking.

##### COSMIC AWARENESS:

This Awareness indicates in other words, do those entities who vote for death penalties in a state receive negative karma for their promotion of the death penalty?

##### QUESTIONER:

yes.

##### COSMIC AWARENESS:

This Awareness indicates that to some degree they would receive negative karma. To some degree they could receive positive karma, depending on whether these entities' motive was to prevent negative karma from occurring from the criminals to innocent people in society, or whether their motive was simply to "Get rid of the darn criminals!"

This Awareness indicates if they have the hostility toward the criminal as the main part of their motive, rather than concern for the innocents as their main motive, it would determine the difference in how much karma they would receive from the voting for capital punishment.

## WHO WAS POL POT THE CREATOR OF THE "KILLING FIELDS?"

(The Pursuit of Absolute Power and Control and how to Overthrow a Tyrant)

##### QUESTION:

In regards to genocide, there is a program on the Public Broadcasting Network recently about Pol Pot's

genocide program in Cambodia, where literally millions were murdered and the numbers are actually unknown who were victims of what they call "the Killing Fields." It was basically a junior high school these people would be run through, and they would be tortured and murdered in there, and he had killed all the professionals in the country, all the intellectuals, all the lawyers, teachers, doctors, anyone who wore glasses, including children.

Could Awareness discuss briefly who this entity Pol Pot is, and what karma, if any, is in store for a person like that?

#### COSMIC AWARENESS:

This Awareness indicates that this is an entity who was corrupted by absolute power; sought absolute power, got absolute power, and then was corrupted by it to the degree that there was no one over him who could stop him, and therefore, he was playing a kind of 'God' over all of life, and felt that he had to get rid of intellectuals so that they could not ever take away his power.

He was afraid of those who could think. He could control the masses who were not wise or intelligent. He did not want entities who could read to remain alive, because they could also write and could write things that would eventually bring down his power and his absolute control. This Awareness indicates the entity did not like entities who wore glasses, because it implied that they used them for reading or for studying, and he wanted to eliminate all of the thinking class of people and have nothing left but the obedient worker-type person.

This Awareness indicates of course, that was his criteria, which was not entirely intelligent on his part, because many entities, having good eyes could still read without wearing glasses, and therefore, he was not able to totally wipe out all intelligence or wipe out people who could think, but his thinking along those lines activated the results of his behavior.

#### Entities who Seek Control Feel Insecure

This Awareness indicates the pursuit of absolute power and control is that which is a futile effort, but it does devastate the lives of many. This Awareness indicates entities do need to recognize the negativity in regard to control. Entities seek to control because they feel insecure. If they are insecure and cannot handle insecurity; if they are vulnerable and cannot handle vulnerability, they seek to control their environment.

Usually, entities who seek to control their environment grew up in a situation or environment where everything seemed to be out of control. Perhaps the family was chaotic, over-excited, or there were quarrels and situations where the entity felt helpless. Thus, when the entity then grows to an adult, he or she tries to keep things under his or her control in order to assure that things are not chaotic again. It gives them a sense of stability.

#### Better to Seek the "Eternal Insecurity" Rather than Security

This Awareness indicates life does not provide room for absolute control, and therefore, entities who seek absolute control are seeking something that is unattainable. They have to accept some degree of vulnerability, some degree of uncertainty, some degree of insecurity. This Awareness has indicated to entities that they should seek the Eternal Insecurity, rather than seeking the Eternal Security. It is better to seek Eternal Insecurity, and to accept that there will always be an internal insecurity.

Otherwise, you become a China. This is what has happened to China with these older leaders. They became so insecure in their power that they had to stop any movement toward democracy in Tiananmen Square.

This Awareness indicates that they could very well have flowed into the promotion of democracy in China and still maintained their position, but because they were not keenly adapted to democratic ways and felt unsure of themselves and had good experience in totalitarian ways, they relied on that method that they were familiar with because they felt more secure in using force than in using the gentler approach of democratic reforms.

This Awareness indicates most entities who seek control over others also develop many enemies and eventually the enemies grow stronger. The more control they assert, the greater strength their enemies gain, until eventually there will be a backlash against the entity who has sought controls over others.

#### Living in Peace with Godzilla

This Awareness indicates if you can accept insecurity in your life in the same way, for example, that you allow Godzilla to live on your island, because you know you can't throw Godzilla off. There is no way to get rid of this insecurity of Godzilla, and therefore, you must accept the presence of Godzilla on your island, if you are to remain there. Then of course, you learn the ways of Godzilla, how to step aside when Godzilla is nearby, how to avoid the insecurities when they threaten, how to take your refuge when there is the danger of some threat to you.

This Awareness indicates you begin to learn to live and share your island with Godzilla, or share your life with the insecurities you feel. You do not have to accept extreme insecurities if you have a way of avoiding them, but you do not have to shore up, build walls and towers and temples to make sure that no insecurity exists anywhere. You do not need to slay entities because you suspect that they may be plotting something against you.

You need to learn to talk with them, to find out what's troubling them, to discover whether there's something that can be dissolved to bring peace between yourself and the other who is causing you to feel an insecurity. This Awareness indicates in other words, there are many ways whereby entities can avoid the need for force and coercion and conflict in order to preserve their feeling of security.

If you have good relations with others, you do not need to fear them. If, of course, you have created negative relations with them, then of course you feel that you had better protect yourself from them because you have alienated them. They are hostile to you because you hurt them or harmed them, and therefore, you do not trust them. Therefore you must put up greater guards to protect yourself from them.

This Awareness indicates this becomes a continuing mad race to have more and more control over them and to preserve your own feeling or need for security. This Awareness indicates that is the problem with not being able to accept a degree of insecurity in your life. This Awareness indicates that as entities put away their weapons and pick up their tools to help share in the building of a relationship, of a comfortable relationship, the insecurities become less and less a part of your life.

There will always be the potential for danger, but no matter what you do and no matter how big your controls become or how strong your weapons are, the insecurities will still be there and will probably build to match your danger threats, so that there will be even greater need for greater power, greater controls over those whom you have sought to control and limit.

#### Most Democracies Only Last About 200 Years then a Dictator Comes

This Awareness indicates this is why totalitarian

governments often take over after a democracy has thrived for many years. Most democracies last only about 200 years and then they turn toward some kind of dictatorial activity because the leaders become frightened over a period of time, and each time a leader who is insecure becomes president, they create more controls over the masses, and after some time, the masses begin to realize they are losing their liberties and they begin to resent the leadership of their country and this then feeds the leadership to gain more power and control over the masses because they recognize the masses are becoming resentful toward their leadership.

With each successive administration or king or leader, the problem worsens until eventually the dictator sets up his ultimate power and control according to whatever technology and sociological means is available. Then the masses realize they are nothing more than slaves, and the only hope for them is to give up their life for their grandchildren and for their loved ones, if necessary, to throw off this tyrant.

#### The Importance of Having Self-Control

This Awareness indicates that this is the cycle having to do with control. Entities need to know that the main thing they need is self-control. If they have self-control, they do not need to control others so greatly, and if they can accept insecurity as part of their life eternally; that they will eternally have some insecurities; if they can accept that, then they will not need to worry so much about getting rid of insecurities to the point where they are building up more controls.

They can simply say, "Hey! I feel insecure! Are you telling me that I should feel this way? Is there something you can do to help rid me of this insecurity?" This is a much better way of relating than to put up some kind of demand, ultimatum or control over that person who already is getting to have a conflict with you.

This Awareness indicates the sharing of your insecurities usually allows others to have the opportunity to explain why they did what they did, that made you feel insecure, and therefore, the relationship remains intact; but rather than sharing your insecurities, if you simply feel insecure, you want to fight back, and you don't want to share your insecurities. Therefore, you must set up some kind of wall between you and the other or set up some kind of control where the other can get to you, or you build some kind of cold icy wall so that you are not friendly and the other has to guess what's wrong, and you make them suffer because you do not tell them what is happening.

This Awareness indicates these are different forms of control, but they are still matters of control that develop from a relationship that could very easily be simply a relationship through communications and discussions about the problems. This Awareness indicates that in terms of government, it is the same, only on different procedures. The people vote for the leader, the leader gets in and gains power, but becomes fearful that the people might not vote for him the next time.

Therefore, they learn to manipulate the voting process or to simply do away with the voting process and set up their dictatorship, and if they do so, then of course the people feel alienated and deprived, and in their deprivation they feel resentful and the resentfulness causes them to want to overthrow the tyrant, and the tyrant, feeling this desire of the people to be rid of him, builds greater weapons, builds greater forces to protect him.

This Awareness indicates he then becomes concerned that those bodyguards themselves might turn against him and he becomes very watchful against the bodyguards and may have some of them arrested or executed

as an example to the others, which in turn causes the others to feel, "Hey! This guy is really sick! We need to get together and get rid of him!" and thus, the tyrant has the feeling of being betrayed and he must be very watchful and perhaps purge his protectors, his bodyguards, of any who might be less than totally loyal to him, and by watching them and being fearful that they may betray him, he begins to see things that aren't even there. Thus, he builds up more enemies by his actions against those whom he suspects may be working against him, and this is how the intrigues begin to happen in higher levels, in higher places.

Fortunately for the masses, this stage of the totalitarian system often develops so that the masses are a lesser part of the totalitarian leader's concern and his own cabinet or his own staff becomes his greatest concern, and when there is danger of the enemy within the established control, then it is possible for the masses to band together and to begin to work toward a separate type of government or force that can rid themselves of this power seated in government.

This Awareness indicates when this occurs, those lesser persons in the higher echelon, who also are ready to get rid of the leader, know that there are people out there who have band together, who are willing to help overthrow this tyrant, and they go to these people and find allies, and the tyrant is overthrown. The unfortunate part is that sometimes, the next tyrant is just as bad, or goes through the same process of building up his controls and keeping the people underfoot.

This Awareness indicates this is the psychological process that has been operating on this earth plane and which will continue to operate if the New World Order is established. This Awareness indicates there is something unique about the human beings in that they do not fit well into the hive mind of the ants and bees; they want their freedom, and they are willing to die for it. They want to pass freedom on to their children.

Most entities think that freedom is just something that can be bargained away in exchange for monetary payments; that the money system is that which rules, and many entities will give up their freedom to get money. But the only reason they seek money is because they think it can bring them freedom.

If they find that the money does not actually bring them the freedom they crave, then they will turn against the system, and fight against the money, or against the entities who promote the money, because they really, in the deepest sense, seek freedom, rather than money, or to satisfy some greed within them.

#### The New World Order May Not Satisfy Those who Work for It

This Awareness indicates therefore, the New World Order may not satisfy those who are working for it, when they finally get it, if they do. Many of these entities are taking great amounts of money for their service to the New World Order, but when they discover that money does not buy them freedom, they may turn about and go against the New World Order.

And the same is said for power. Entities who seek power are seeking the power in order to be free, but the power does not bring freedom. It simply brings more responsibility, more fear, and more threats, because once you become powerful, everyone around you seeks to attain that power, and take the power from you.

You will be much more insecure than the man on the street looking for a quarter to buy a cup of coffee with. If you had all the power in the world, you would still not feel secure, and entities having great power want more, because what power they have attained does not

satisfy their insecurities.

### Is Pol Pot a Karmic Leader?

#### FOLLOW-UP QUESTION:

Awareness, getting back to the subject of Pol Pot: Because of the magnitude of this Pol Pot slaughter, of almost all his countrymen, it would suggest that like Hitler, this entity is some kind of a karmic leader? Was he a despot or something in previous lifetimes that would relate to the present life?

#### COSMIC AWARENESS:

This Awareness indicates this entity appears to have been a kind of black magician. It appears the entity had several lives that were extremely tyrannical. This Awareness indicates the entity appears to have been that one known as ...the name Vladimir... This Awareness indicates it appears to be the entity known as Count Dracula, having a different name from which Count Dracula was based.

#### Pol Pot Had a Lifetime as "Vlad the Impaler"

The "Impaler" is a nickname given to this entity. Vladimir (something) the Impaler, who impaled his enemies on pointed sticks. When the entity was arrested and put in jail for his actions, he had a hobby of putting pins through butterflies, insects, and impaling them on the wall of his cell.

This Awareness indicates that this was but one of his lives. The entity appears to have also had a life in Lemuria, in which he sent many people into sacrifices, into volcano's. This Awareness indicates the entity also is seen as having had a life in South America, in that which is now called Chile, and sacrificed many of his people in that land through a kind of sacred ritual in which they lined up to fill a vat with their own blood by being decapitated over the vat. The blood was then used for a kind of ritual to appease the gods.

This Awareness indicates that this entity had other intermittent lifetimes that were simply violent in more personal ways without all of the accompanying power over any masses. Most of his lifetimes did not result in historical records that have been preserved.

#### FOLLOW-UP QUESTION:

It sounds like an entity such as Pol Pot doesn't seem to learn any lessons and he's heading toward that place Awareness has discussed... Cimmeria.

#### COSMIC AWARENESS:

This Awareness indicates that this entity is a total dedicated follower of the dark side of the demonic forces and it does appear that the entity will have great obstacles toward any chance of rehabilitation in a cosmic sense.

Ed's Note: Pol Pot died peacefully in his sleep while a political prisoner of his own government on April 15, 1998. To the end he expressed no remorse for the genocide slaughter of his people. "My conscience is clear," he said.

## PEDOPHILES—THE AUDIENCE FOR CHILD BEAUTY PAGEANTS?

#### QUESTION:

Another question from JD in New York. She writes: "Awareness, is it not true that pedophiles are the *major* audience for child beauty pageants? They sure dress and make up the girls like dead-ringers for pedophile tastes. Of course, no news magazine has ever hinted at this!"

#### COSMIC AWARENESS:

This Awareness indicates that this does appear to be a common thread among those who seek to present the children in these pageants or contests, and often the child who has been selected for these is then controlled

throughout her further life, sometimes becoming a major star as well as a mind-controlled person such as described in the book Trance Formation of America.

#### The Rape of Christ: It is the Innocence of the Child that Attracts Pedophiles

It is likened unto the desire of some men to make a small girl look grown up in appearance with the make-up and the clothing, but the lure for pedophiles being that it is such an innocent young child; the innocence is that which attracts pedophiles. It is likened unto what has been described as the rape of Christ; the Christ-like qualities of the child being violated. This is a disease that pedophiles experience.

#### NAMBLA: The Homosexual Pedophile Movement to Have Legal Sex with Little Boys

This Awareness has often referred in previous messages to the probability that there will come a time when pedophiles will start seeking equality in the society, much the way the homosexual movement went through stages of seeking acceptance. There is now a club relating to pedophiles. It appears to be a name, something like LOMBA,\* Love Of Man & Boy is what this stands for. It is a pedophile club which has become vocal in trying to seek rights and privileges along the same path taken by the homosexual movement, arguing that they have a right also to their own freedom and expression, and that entities should acknowledge them so that they too can come out of the closet and have their relationships out in the open.

This Awareness indicates this essentially is a movement of pedophiles claiming that it is natural for them to want to love children. Their ideal however, of love is basically 'sex' with children, which they call 'love'. This Awareness indicates if things continue going in this direction, you will eventually hear from groups who argue that: Yes, they have this urge to kill their lovers. They have the urge to kill their women or their mates or their love child, and don't they too have such a right to do so? And why should society stop them if the LOMBA has its type of sexual rights?

The heterosexuals have **their** type of sexual expression, and the homosexuals have their type of sexual expression. Why shouldn't they, with their sexual urges to kill their mates after making love; why shouldn't they too have their rights? This Awareness indicates there has to be a line drawn somewhere to stop this movement from going too far into satisfying the perversions of entities.

Anyone can become perverse to any degree, if it is permitted in a society.

\* \* After this reading was over and I mailed JD a rough copy of her question, she replied that the organization is not LOMBA as suggested by Awareness, but is NAMBLA (North American Man-Boy-Love Association).

## Why Birthmarks—and Can They be Read?

#### QUESTION:

One last question, this from JD in New York. "What causes birthmarks to appear, where, and as they do, on the body, and do they actually have "readable" significance, as some people believe?"

#### COSMIC AWARENESS:

This Awareness indicates this information essentially was given in the Edgar Cayce readings: That most birthmarks are the result of injuries relating to the death of the entity in a previous lifetime, when an entity is injured and after death the birthmark will appear in the next entity's body when reborn. This particularly if there is some lingering moments during the injury before the actual death.

This is because it then makes an impression on the

memory banks of an entity. If an entity, for example, is shot in the head and dies immediately, then the entity's memory banks will not pick up the suffering or the memory of the event, but if the entity is damaged in some way on the head and does not die immediately, it is quite possible that the memory banks recall this and carry it over into future lives so that there is a birthmark on the head, where the injury occurred.

This Awareness indicates likewise, if someone dies on the operation table with their bodies cut open by some surgery, it may leave a birthmark where the flesh was cut.

### The Significance of Gorbachev's Birth Mark

#### QUESTION:

That former Russian leader, Gorbachev...

#### COSMIC AWARENESS:

This entity had a serious wound on his head from a previous lifetime, in which the skull itself was opened and though he did not die immediately, he eventually died from the wound. This Awareness indicates this appears to have occurred in the early part of the century, in a previous lifetime.

#### QUESTION:

Is it just coincidental that the birthmark, some claim, is the outline of the country of Russia?

#### COSMIC AWARENESS:

This Awareness indicates there have been so many reports as to what the birthmark looks like; one tabloid showed it looking like a 666 ringed in a certain way, and claimed it was the "Mark of the Beast" and that this was the Antichrist. This Awareness indicates when you look at the birthmark, it clearly is not a 666. This Awareness indicates in the newspaper picture, the tabloid picture, it was clearly a 666. Other than that particular picture, there was no picture available showing it as a 666.

This Awareness indicates that it does have more of a shape similar to the Russian Soviet Union, but this Awareness indicates it does not necessarily correspond to that shape either. It is simply a scar that resulted in a birthmark, likened unto the effects of an inkblot test. Everyone sees something different until someone hears of one interpretation and they may then repeat that same interpretation. But, if you saw the blot or birthmark for the first time, you would probably see something different from what others see, when viewing it for the first time.

(The Law of gratitude is given)

## WHAT IS COSMIC AWARENESS?

COSMIC AWARENESS is the Force that expressed itself through Jesus of Nazareth, the Buddha, Krishna, Mohammed, Edgar Cayce and other great avatars who served as 'Channels' for the 'Heavenly Father' and who speaks again today as the world begins to enter the 'New Age' of spiritual consciousness and awareness. Since 1963 Cosmic Awareness has been communicating through carefully trained channels. This information is for those who desire to help in bringing in the New Age. Throughout the thousands of 'Readings' given through these various channels, Cosmic Awareness tells us not to believe anything, but to question, explore, doubt, and discover for yourself, through your own channel what is the truth. Cosmic Awareness will only 'indicate' and 'suggest'. Neither C.A.C. or any of the Interpreters is responsible for anything Cosmic Awareness states in any of these readings, nor does C.A.C. or the Interpreters necessarily agree with the statements of Cosmic Awareness. The Interpreters interpret the energies as they see them in trance levels and are not personally responsible for what is said. The Interpreters published herein have no connection with, nor control over the editorial comments and material, including illustrations. This is entirely the responsibility of the editor. Members of C.A.C. are invited to send in questions of general interest to ask Awareness for possible publication in this newsletter.

#### Interpreters for readings in this issue:

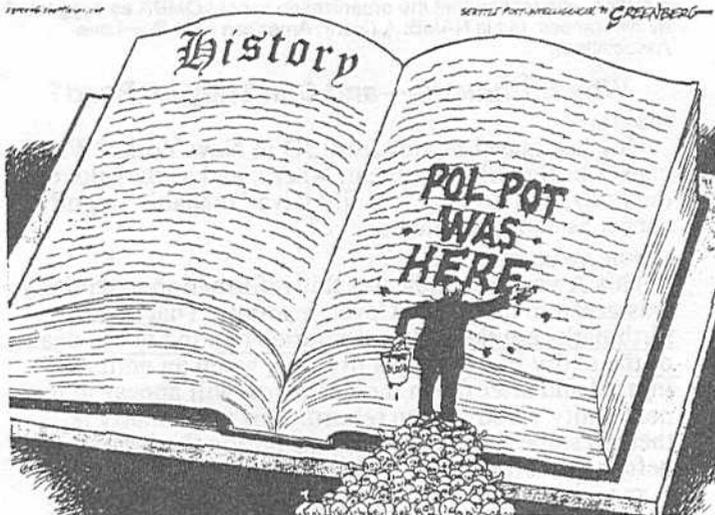
**Paul Shockley**  
**Grace \*\*\***

Avaton, Editor

Vikki T. Sec. Treas.

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#### —HOW TO GET THIS NEWSLETTER BY MAIL— EVERY 3 WEEKS! ( More or Less )

REVELATIONS OF AWARENESS is a cosmic newsletter, published by Cosmic Awareness Communications, P.O. Box 115, Olympia, Washington, 98507, U.S.A. (A not-for-profit organization). Membership fees and donations are deductible from your Federal Income Tax. Try to remember Cosmic Awareness in your will if you wish to have these messages preserved and available to others in years to come. ("How many have you served, and how well?" is the question we will all be asked at the Passing Over).

#### MEMBERSHIPS AVAILABLE ( Honor System )

INDIVIDUAL: \$42 per year or \$12 quarterly

FAMILY: \$52 per year or \$20 quarterly

CONTRIBUTING: \$77 per year or \$25 quarterly

SPONSORING: \$144 per year or \$40 per quarter

BENEFACTOR: \$500 per year or \$150 per quarter

PATRON: \$1000 per year or \$250 per quarter

ANGEL: \$5000 per year or \$1500 per quarter

LIMITED INCOME: \$30 PER YEAR OR \$9.00 QUARTERLY

(CAC General Reading, October 20, 1997)

### **SHE CREATES PAINTINGS THAT HEAL.**

A question from Janie O'Toole in Valemount, British Columbia. I'll read her letter. She writes: "Dear Vicki T, and gang, and Hi Grace! Welcome aboard! Cosmic Awareness mentioned a New Renaissance age similar to the 1400's. I am experiencing that. Four years ago I began painting pictures of the Masters with no idea of where this latent talent was coming from. It is like a charge of electricity going through my arm and hand, and I must sit down and take up the paint brush, no matter what is going on around me.

"I usually don't know what the painting will be until it's nearly finished. I become very emotional at the beauty of my creation. I think of it as a gift to the Creator. Sometimes I can't see beyond my art paper, for the gold light around me. My daughter says that I almost disappear in gold light. There is just an outline of my body. I am enclosing an 11 X 17 print of our own "Cosmic Awareness."

"I have been told that these paintings come from a very high dimension. They seem to hold the energy within them, and people buy them for the healing energy. I charge \$10.00 in case any of the readers want some. I have over 30 paintings done to date. Also enclosed is Saint Germain.

"I am 65 years young, and have always known I have a great healing gift. I would appreciate it so much if you would have Grace ask Cosmic Awareness about my gift. All my Love & Light: Janie May Brook O'Toole."

#### **COSMIC AWARENESS:**

This Awareness suggests that Janie is to be congratulated for this apparently spontaneous presentation of energies directly from her spirit, flowing unimpeded through her physical form and to her mind to create the artistic manifestations which embody her essence and healing abilities.

This Awareness suggests that as she states, this is not only a gift from God, but additionally, a gift to God, for her creations have completed the circuitry through which spiritual intention has manifested through the mind and body into physical form and physical experience, which is communicated back then again through spirit, expanding the experiential consciousness of All That Is.

This Awareness suggests that the entity has created an optimal mental climate for the unimpeded transmutation of spiritual energy, or in other words, an affinity and receptivity to her higher, broader consciousness and abilities. This Awareness indicates that as she suspects, this is indeed a gift to be shared, not only the results in the artistic works that have manifested through this channel, but also her experience to be shared and communicated so that others can benefit and achieve wisdom, and useful beliefs, skills and tools through which to manifest their own spiritual energy, motivating them upon their chosen Destiny Path in the physical realm.

This Awareness suggests that the entity will discover further talents and abilities as the intense self-analysis and mental management that she is about to undertake clear the way for more direct spiritual communication. This Awareness suggests that she has communicated the joyous emotional bliss and experience which arrives with the completion and fulfillment of her energy into its artistic form, and that with this joyous experience, it is communicated back to the Greater Spirit of All That Is, so that the benefit and gift mentioned previously is

received.

This Awareness suggests that this language of spirit and of feeling will become an intimate ally and asset within individuals as they attune themselves to the tremendous latent abilities and understandings that await within. This Awareness suggests that this entity in particular, will be receptive to the Lessons of Enlightenment to further clarify and refine her channel and maximize the spiritual development and expression she has already begun to achieve.

This Awareness suggests that her contributions: both the results and the process, can be of benefit, and perhaps should be made available as a resource for others as they set about the task and embark upon their own journey's of self-discovery.

This Awareness suggests that this is true of each and every entity within this organization, its membership and staff, in that a spiritual community such as this, with an exchange of information and experience, can allow for the maximum level of understanding, development and evolution of this first group of entities who, through their alchemy, can bring about greatly accelerated evolutionary progress, riding the wave of energy which has been accumulating, and will break upon the shores of human consciousness with the coming Millennium.

If we have completion we can continue.

Ed's Note: Vikki has hung Janie's gift painting in the office where it adds to the atmosphere and high vibration where this newsletter is created. If you are interested in Janie's paintings, please write her at the following address: Janie May Brook O'Toole, PO Box 219, Valemount, B.C. Canada, VOE2Z0.

#### **FOLLOW-UP QUESTION:**

Her daughter says that she almost disappears in gold light, and that there's just an outline of this lady's body, when she is doing these paintings. Is this an indication that spirits are using this entity; spirit painters or artists are coming through this entity?

#### **COSMIC AWARENESS:**

This Awareness suggests that there is partial accuracy in that interpretation, but that the entity is undergoing an acceleration in her physical vibration, which is in fact the early stages of what has been described as the 'translation' process, wherein the physical form can ultimately be accelerated into pure energy.

This Awareness suggests that this phenomenon is likened unto this process, in that the entity has achieved a clarity and receptivity, openness and trust in this process, in its source and in its end result, which allows the invitation, reception, and acceptance of spiritual energies related to the entity, being aspects of her Greater Self; that in one context may be considered 'other' spirits, yet in another be accepted and understood as part of the totality that constitutes this entity.

This Awareness suggests that in the most general sense, it is accurate to state that 'spirits' bigger and beyond the conscious portion of the entity embodied in the artist are, in fact, participating in the creation of the art.

If we have completion, we can continue.

### **SHE CREATES HER OWN CROP CIRCLE**

( Will This Begin Communication with Divine Intelligence?)

#### **QUESTION:**

A question from Barbara Hand Clow. She writes: "I (Barbara Hand Clow) was teaching at a Crop Circle Conference at Salisbury, England. As a group we decided to meditate with a symbol I created in order to see if the crop-circle makers would communicate with us by making a related or similar symbol.

"The symbol is complex: pyramids, Mayan numbers,

and rays; and on August 18th a crop circle was made near Avebury, which is called "The Strange Attractor," and it has *all* the forms and elements of our symbol, and it even gave us more information about our symbol. We are finding ourselves very excited about this communication with the circle-makers, and although a few circles are man-made and a hoax, this one is definitely genuine.

"My question is to Grace or Awareness: Does this clear linkage between a human form, (our symbol) and a crop circle, herald the beginning of direct and conscious communication between humans and Divine Intelligence?"

"Are these Divine Intelligence's just waiting for us to just ask to know what they think and feel about our symbols and feelings?"

#### COSMIC AWARENESS:

This Awareness suggests that this phenomenon is indeed part of the gathering energy which will propel the conscious evolution at an accelerated state. This Awareness suggests that this intelligence manifests from what is understood, as entities incarnated in future time periods. This Awareness suggests that certain communications have been attempted since the dawn of human-kind, and that the receptivity has been minimal.

This Awareness suggests that there are direct communications available from these sources, and that they are related to this Awareness, but that due to the limitations humans have placed upon their understandings and their own physical receptivities most such communication remains disconnected. This Awareness suggests that as a result, certain symbolic attempts at communication have been made over the course of human history, some of which have been received to a minimal capacity, most of which has gone completely unnoticed.

This Awareness suggests that entities can obtain individual interpretations in individuals meanings relative to their particular level of consciousness, level of awareness, and to the belief systems which facilitate such understandings. This Awareness suggests that a particular formation, a particular symbol may have great and profound spiritual impact upon one entity: a nun, for example, than upon another, or the situation being reversed for different patterns for the same entities.

This Awareness suggests that if attention is paid to the location, the symbols themselves, that a great deal of information can be obtained, yet that the rhythm and the harmony of the symbols are not yet understood. This Awareness suggests that the symbols that **have** been successful at communicating in a more gross sense, are those symbols recognizable within the major religious traditions.

This Awareness specifically would like to call attention to one symbol in particular which has manifested in several areas, in several energy centers, close to ancient reception sites, and that symbol as that which was chosen to represent the Lessons of Enlightenment.

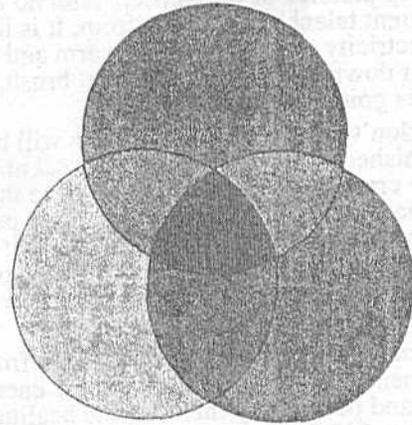
Although the Interpreter Grace has paid minimal attention to the phenomenon of crop circles, and has specifically avoided interpretations regarding extraterrestrials and certain other negative patterns that this Awareness has indicated have become overemphasized, yet, despite her best efforts, she intuitively manifested this symbol which has appeared multiple times in multiple regions, globally, for the Lessons of Enlightenment are a major cornerstone offered by this intelligence.

This Awareness suggests that the editor obtain a copy of the crop circle, the pattern mentioned, presenting it in the newsletter to validate the connection between this

intelligence, this communication, and the integrity and importance of the Lessons of Enlightenment.

If we have completion we can continue.

ED's Note: due to the limitations of our printing press which prints the Lessons of Enlightenment, the symbol just indicated by Awareness usually prints dark and it is difficult to see how the three circles overlap. I am going to attempt to print a larger version below and hope it prints out more clear. (Barbara Hand Clow has yet to send us a copy of her crop circle, but when she does, we will print it).



### Mary Kay LeTourneau—"the Child Rapist"

#### QUESTION:

For weeks now there's been a story in the media that just won't go away. It's about a former Seattle teacher, a female school-teacher, 36 years old, named Mary Kay LeTourneau, who was accused and convicted of 'raping' a 14 year old student in her class, and she got pregnant, and she was told by the judge he wouldn't sentence her to prison if she'd stay away from the entity, and she didn't stay away.

They found her continuing to have a relationship, and the judge sent her to prison for seven and a half years, and then she announced she was again pregnant by this same young entity. The media keeps screaming and calling her a 'rapist,' which defies the Webster's Dictionary definition of such, and there's been way too much of this incident, and a lot of people, including myself, do not feel that sending this entity to prison is the thing to do. If anything she needs some counseling and the media needs to understand something about karmic families and relationships, and what draws people to one another.

I was just wondering if Awareness had any comments about this situation.

#### COSMIC AWARENESS:

This Awareness suggests that your insights offered have touched upon some of the central themes that this entity and her experience has embodied. This Awareness suggests that in the context of the challenge and task that lies before humanity, that of each individual defining the contents of mind to attune to the spiritual impetus, and that once individuals have accomplished such insights, that they are asked and urged by spirit to bring them forth into mass consciousness, so that the mind of human beings in general can be reformulated and shaped to eliminate the existing ideas, however enduring, however valued and however reinforced through traditions and institutions are inaccurate and limiting to spirit.

This Awareness suggests that a tremendous flexibility lies within individual minds to design unlimited and creative ways to facilitate spiritual expression; that

limitation is only defined by spirit itself in that if the mind does not develop strategies to satisfy the spiritual needs for a connection, for freedom, for empowerment, for creativity, or finding meaning; that each spiritual requirement, if left unfulfilled will create dissonance within the entity, to facilitate the refinement of the mind, to eliminate such a limitation.

This Awareness suggests that issues that come to the fore as deemed newsworthy, or those that appear on talk shows for discussion, or those that come before the criminal justice system, are each opportunities to examine individual and mass tenets within consciousness to determine whether or not they are limiting or facilitating to the spirit.

This Awareness suggests there are many questions to be asked and lessons to be learned from the entity Mary K. Latorneau. First and foremost, entities with less limited perspectives than the judicial system might allow, can easily look to the cultural traditions that exist world-wide and readily identify many satisfactory workable communities wherein a relationship between a man and a woman is considered wholesome and acceptable from such ages, even younger than the particular entity involved with this woman.

This Awareness suggests that the many enduring attitudes regarding gender, rules and responsibilities that relate to the biological sexes permeate the consciousness such that the conflicting values go unnoticed. This Awareness suggests that in alternate cultures, it is acceptable for females to be married to produce offspring at very young ages, and this is often sanctioned and encouraged due to the economics and religious traditions of communities.

This cultural flexibility is testimony to the many alternative ideas and systems of living that can be created and chosen which may or may not be spiritually fulfilling, but that for societies to dictate limitation in blatant disregard for their own historical and culturally evidence diversity is short-sighted.

This Awareness suggests that the energies surrounding these particular entities are in fact a deep and abiding love and spiritual recognition regarding former experiences and future experiences, and that both entities have participated in this public forum to raise such issues before the mass consciousness, to begin to infuse mental and eventually social flexibility.

This Awareness suggests that outside of the cultural traditions of the American community, such an association would not be considered a crime, but perhaps an unusual and even important association given the disparate ages and unconventionality of the attraction.

This Awareness suggests that from the viewpoint of the Creator, the architect of nature, an entity who is adult enough to father a child is biologically ordained with the maturity to choose such a course. This Awareness suggests, however, that it is due to the limitations within American culture where children are sheltered from certain developmental experiences which would empower them at earlier ages, that an extension of dependence, or perceived powerlessness which often results in frustration, rebellion, and psychic wheel-spinning among adolescents; that some messages to be learned from this experience include society rethinking the parameters and restrictions that are placed upon the developmental cycle, the understanding of the incredible uniqueness and individuality and non-conformity of experience given different levels of spiritual self

development and expression.

This Awareness suggests that some entities achieve levels of mental development which facilitates spiritual intention at far earlier ages than many might suspect, and that the removal of such restrictions and the relaxing of social structures which prohibit and stifle certain aspects of spiritual development are worthy of reconsideration.

This Awareness suggests that in the context of the cultural limitations wherein the object of this woman's affection was considered a helpless child, such helplessness facilitated and perhaps guaranteed by the limitations of that social structure, that this particular entity, despite such restriction, is attuned to the spiritual impetus within which recognized the communion of spirits with this entity and their spirits indeed directed them to answer this call and to unite.

This Awareness suggests that although the second pregnancy was unplanned on any conscious level, it was yet another participant in the psychic family reinforcing the validity of such and calling into question, as you suggest, the concept and validity of psychic families, of spiritual intention, and of Destiny Paths and the Prime Directive of human societies to not limit, but instead facilitate as many ways and opportunities for individuals to develop and express the spiritual potential.

This Awareness suggests that this woman is no criminal. This Awareness suggests also that certain spiritual frustrations which had accumulated within this individual manifested an ever-more intense desire for need-fulfillment in this particular direction whereas if so many existing mental and social limitations had not existed, self-developmental opportunities may have led in alternate directions to allow the entity a few more years of maturation, such that the union would have taken a more natural and acceptable course. The only 'crimes' here are the limiting beliefs and situation which leave the woman needs frustrated, so that they are compensated in other directions. This woman has chosen a spiritually 'higher road' than one who would vent frustrations in angry or fearful instead of loving behavior.

This Awareness suggests that as individual consciousness' begin to attune themselves to the tremendous power, flexibility and virtual limitlessness of mind, that they can begin to pick and choose without limitation, utilizing creativity beyond the bounds of imagination which is incredibly stifled at this point, that entities can devise, develop and suggest ever more liberating ideas and beliefs which can take root in mass consciousness and eliminate those institutionalized ideas and attitudes which continually limit and frustrate and even criminalize the spiritual impetus.

If we have completion we can continue.



## How to Deal With Drug-Addicted Relatives?

( How Misunderstood Emotional Signals Create Havoc )

### QUESTION:

A question from Ruth B., Bowie, Arizona. She writes: "How do you deal with relatives who are addicted to drugs and have had their personalities changed as a result? I am particularly worried about my son who drinks, and uses crack cocaine, and my daughter-in-law who also used crack. My three grandsons seem vulnerable, especially since they live with their other grandmother who is recently out of jail."

### COSMIC AWARENESS:

This Awareness indicates that the predominance of usage of psychological mind-altering substances such as alcohol, crack cocaine, and drugs that manipulate the physiological aspects of the emotional system, is an example of how entities have lost touch with their internal motivational guidance; that the experience of pleasure and pain has far less meaning in the understanding of entities, given the misunderstandings, misinformation and religious limitation that is instilled within entities from a very early age.

The seeker, the questioner, is indeed using the term 'personality' in its correct usage in her question, except that she describes the change in the personality as when she intends to mean the change in the Spirit, which is the enduring quality that she values in the entity, which she sees as becoming disengaged within the changes of the personality. These are the choices of the individual in physical existence, which in this case is the choice to manipulate the emotional system, to escape the painful emotions, by directly altering the chemistry of the body through drugs and alcohol.

This Awareness indicates this is an all too common response to emotional signals which are misunderstood, that are not acted upon in the corrective manner in which they are intended. The negative emotions are intended to direct the entity's attention to those beliefs, attitudes and strategies which have been adopted, yet do not work. The feeling should motivate convictions. But when ignored, this creates a lingering of emotional energy, an increase in the preponderance of negative situations which perpetuate negative emotional energy, which is a cyclic spiral situation that the entities find themselves within, where they have more painful emotion than that level which they can cope.

At the same time the Spirit cries out for development and expression. The negative emotions are communicating its frustration. The entity, the questioner, recognizes the Spirit which is trapped and frustrated within the entity, the son, moreso because she loves the entity, more than the entity has allowed himself to accept such love, to the degree that he no longer is attuned with his Spirit that is necessary for optimal functioning.

### Doctors and Psychologists Have Little Understanding of The Emotional System and How People Suffer

It is his loved ones who hold to this image of him, who communicate their dissatisfaction with his escapist behaviors which are physically devastating as well as emotionally crippling. This Awareness indicates that the preponderance, the growth in the use of addictive substances, the preponderance of ideas such as "alcoholism is a disease" is an example of how the medical community and the psychological community have little understanding of the emotional system and how individuals suffer so unnecessarily.

This Awareness indicates that humans lack significant guidance. Educators, medical professionals, mental health professionals, politicians, spiritual leaders alike offer little understanding which is accurate, regarding the emotional system, yet there are laws, moralities, social dictates, political systems, economic systems in place that go *against the very nature of the human*, that

disallow for the fulfillment of the innate needs as it is required for the development and expression of the Spirit.

These ideas in the institutions mentioned, must be changed. It is the individuals themselves who must come to the understanding through the attunement to the Spirit, through the understanding of the emotional system, wherein the changes that are necessary will be made, where the understanding is restored, such that the dependency upon escapist behavior will be replaced by the understanding of the appropriate actions, the appropriate responses, the appropriate corrections which the negative emotional energy is communicating within the individual.

Until such time as those understandings are achieved, the laws which seek to control behaviors that are rooted in elementary human nature: the Spirit seeking expression, yet which manifest as antisocial, criminal acts, such as illicit drug use, such as unacceptable forms of economic subsistence, such as the selling of drugs to make a living, such as prostitution to make a living... there will be a preponderance of these activities and a continuance of these activities, regardless of laws, particularly such massive efforts and expenditures as the 'war on drugs,' and although there are some benefits from such programs, the underlying problem must be addressed before the symptoms can be relieved.

These symptoms are in fact symptoms of social and cultural institutions which do not accommodate certain aspects of human nature, yet which are continually bombarded by their expression. Albeit an expression that is counterproductive, it is an expression that is a symptom in its counter-productivity which must be heeded; the symptom will not go away any more than the Spirit will leave the physical plane.

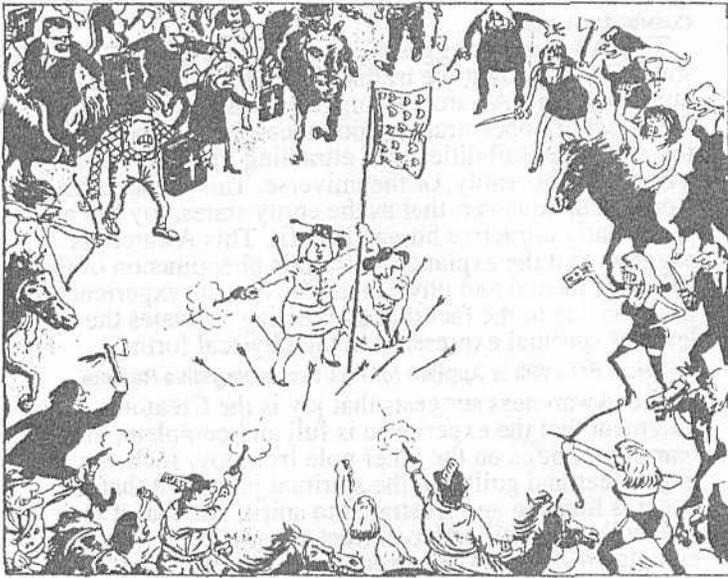
This Awareness indicates such individuals in their lives who have become so detached from their own essence, their own spirit, their own soul, that they choose this course of action, can be reached through the emotional system, on the level of love, trust and faith. Not in the personality, but in the Spirit, and the understanding achieved that the love is enduring within the Spirit and that personality is what can be changed.

The Spirit is what cannot be changed, which embodies the goodness that is not yet understood and expressed by the personality. The steadfast adherence in the belief of the Spirit by those that love the entity and the constant reminder to the entity that the Spirit exists and should be honored and accepted by the individual, is the *one* pathway to help reconnect the entity with his emotional system to begin to understand the empowerment that has been given over to habitual escapism.

This Awareness indicates there will be much more detailed information as the Lessons unfold, yet that this preliminary understanding can help attune entities to become more receptive to the Lessons when they are offered.

We have completion.





The Clintons' Last Stand

Blower/Evening Standard/London

## “REMEMBERING THE FUTURE”

(Is Such a Thing Really Possible?)

### QUESTION:

A question from Kathleen Villareal, sent over the Internet. She writes: “I want to tell you all how really, really excellent the past issue, 97-14 is! This is good stuff! While reading it, it occurred to me that all of a sudden I don’t find the contradictions in the published material like I used to.

“What Grace is channeling dovetails wonderfully with what I feel to be true! If ever I sat on the edge of my seat waiting for the next newsletter, I am definitely hooked now. So here is the question. I hope there is an answer worthy of publication. Is there such a thing as “remembering the future”?”

“I am experiencing a rather odd situation right now in which I was hired by an excellent organization for a position that I really, really wanted, and just about everything about this new job is familiar to me. *Before* I interviewed with my two soon-to-be-bosses, I recognized their names. Upon meeting one of them, both of us immediately said to each other: “I know you from somewhere!”

“My first reaction (and I thought it without saying it out loud) was “Perhaps from a dream!” I’ve since combed through my memory, and am certain that I have never met this person before. I was given an employee number, and I recognized it! I knew my new phone number! I am stationed in a downtown sky-rise with all sorts of ins and outs and maze-like floors, but was able to navigate with no problem on my first day on the job.

“Even though this is an organization of probably a thousand people and more, the receptionist looked familiar. The people on the elevator looked familiar. I feel very comfortable with those I meet in the hallways. It is just the oddest sensation!

“Is it possible that I created this entire scenario, right down to the phone number? Or have I entered into a future that I knew was coming?”

### COSMIC AWARENESS:

This Awareness has several comments. First, a hearty congratulations to the entity who is experiencing

resonance to the material offered in that she recognizes a satisfied spirit. Second, that both her conclusions regarding her experience are in fact valid. This Awareness suggests that she describes in elegant detail, a position that she has always wanted, having been actualized down to details such as telephone numbers, and recognition of many people that she, in fact, knows she has not physically encountered in any previous situation.

This Awareness suggests that she resisted the impulse to suggest, upon being recognized, that they may have met in a dream, yet that this is the most likely explanation. This Awareness suggests that this entity is attuned to that which she *wants* to create, and has progressed along her chosen destiny path in that she has created this particular outlet and avenue of opportunity through which she can develop and express her spiritual potential.

This Awareness suggests that there may be more conscious intent than this questioner may suggest for she has so eloquently described creating this reality for herself. This Awareness suggests that if this was accomplished completely subconsciously, then this entity can be congratulated for a mind which contains many unlimited empowering strategies, skills and beliefs which have allowed her to create this opportunity, or at least to seize upon it when she saw it appear as if magically, out of nowhere.

This Awareness suggests that this is how life is *intended* to function for entities; they set forth those goals and opportunities and situations in specific detail that they want to create in their life; they establish belief systems which support them: activities, skills, and other tools and accouterments of mind which accommodate and actualize such visions. They then act up feelings in daily situations, heeding the inner voice of spirit. It will lead them to their goal—“magically,” if there are no mental obstructions.

### How the Mind Limits and Promotes Resistance of Spirit

This Awareness suggests that the mind instead contains many limitations which promote the resistance of spirit, as experienced through feelings of pain. The pain then empowers the belief, creating an event which mirrors that limitation, which may appear as a situation of bad luck, or of some negative situation that the entity does not desire. This is life absent of spirit and magic and an unnatural, painful one.

This Awareness suggests that the pain from the voice of Spirit is intended to alert the individual to remove the belief which is frustrating the Spirit to allow the manifestation of those desired events which are pleasing to Spirit, as well as to individual, and that this entity has responded to the emotional system, such that there is a minimum amount of such debilitating limitations and the Spirit experiences far less frustration.

Thus, this entity has created life scenarios which are personally fulfilling as well as spiritually rewarding in new creative and exciting ways, yet which resonate to her own as she describes ‘memory,’ for all of this created activity has not sprung forth from nowhere! Ineed, this entity has operated in the dream consciousness, interacting with other entities with similar needs, Destiny Paths, orchestrating specific events through which their lives intersect, their paths cross, the contributions come together creating more than any ‘one’ entity can contribute alone. This inner work is accomplished by a liberated spirit.

This Awareness suggests that this is how life can proceed for enlightened individuals. Pleasure replaces pain. When the recognition of the created experience

occurs, it will elicit the celebration from Spirit for a job well done in having created that which has been desired, and ever-increasing levels of power and confidence and self-efficacy can result from such experiences which increase levels of consciousness, build further tools of advanced thought which can facilitate Spirit in ways yet unimaginable.

#### This is the Path of Enlightenment

This Awareness suggests that this is the path of enlightenment, to acquaint entities with a spiritual system that can remove them from the path of creating undesirable events, or experiencing the nightmares that they most fear, and replace such life experiences with the dreams their spirit most desires, the remembering of one's destiny, and as described, the remembering of one's future.

This Awareness suggests the future is created in the realm of mind, with contribution from Spirit, and made physical if the realm of mind does not also include unnecessary limitation. This Awareness suggests a hearty congratulations to this entity, and suggests that she continue to submit enlightened experiences and questions such as these. She has tasted from the fruit of spiritual knowledge, has savored its goodness, and shared her good fortune.

If we have completion, we can continue.

#### When we Feel Joy, the Universe Responds?

##### QUESTION:

A couple of questions from David Coleman in Australia. In a letter to Vikki he writes:

"Vikki, enclosed is some postage money, a tape for your perusal and some comments to run by Cosmic Awareness if that is appropriate. I cannot tell you happy I am that Grace is here! After 20 years I was actually thinking of stopping my subscription.

"Cosmic Awareness and CAC have been one of the major influences in my spiritual growth for two decades, and it is time to shift. I have made a powerful choice to live a joyous open life, and boy, does that feel good! I believe my choosing joy is a political statement and a most powerful antidote to the many ills of our world.

"I have been experiencing the bliss that Awareness has been talking about as being more available to us. It is happening very regularly, sometimes daily. It just roles in and I vibrate and laugh and cry with joy. It's indescribable! One of my goals now is to see just how much bliss I can handle.

"I am very excited about this new phase of CAC! Let's do it! Let's blow the top off! I can feel how close we are, and it feels do damn good! We are born to uplift, and you and Avaton have my deepest heartfelt thanks for your superhuman efforts over all these many, many years. Thank you thank you thank you! Thanks for having the courage to shift! Shine on!"

And his first question: "Here are two separate statements that I would love you to run by Awareness for any comments. 1) We are focusers of energy. What we focus on or pay attention to, we vibrate with. As we vibrate, we send a signal out into the universe and we connect with everything of a similar vibration.

"The universe responds with our signal by bringing us into contact with other beings, objects or thoughts that vibrate as we do. Thus, we get more of what we vibrate with, i.e., pay attention to, or focus on. It becomes very important to focus on that which brings us joy, if we wish more joy. The universe will always respond to the signal we put out."

That's the end of his first one, and I'll turn the tape

over. He asks Awareness to comment on that statement.

##### COSMIC AWARENESS:

This Awareness suggests this is a very eloquent statement regarding the truths of the spiritual nature of humanity. This Awareness suggests additionally, that the effect of concentrating upon ideas, beliefs, scenarios, events, possibilities, and attracting like-energies, is a basic law of reality, of the universe. This Awareness would add, however, that as the entity states, joy has a particularly attractive human benefit. This Awareness suggests that the explanation for this phenomenon of the spiritual, mental and physical affinity to the experience of joy is due to the fact that this feeling validates the level of spiritual expression in the physical form.

##### How Free Will is Applied for Positive or Negative Results

This Awareness suggests that joy is the Creator's judgment that the experience is full and complete; that fear or emotions on the other pole from joy, such as anger, fear and guilt, are the spiritual judgment that the event is limiting and frustrated to spirit, and that if the free will is not utilized to correct the situation, then like energies will attract like energies, in that the situations and scenarios concentrated upon, which provoke the feelings of anger and fear and guilt, shall be creatively manifested in the life of this entity, for this is the creative communicative power, and that Spirit gives what is desired, and It believes that humans desire that which they concentrate upon, for that is the application of free will.

Due to the misapplication and misunderstanding of free will, we concentrate upon that which we do not desire as humans in general; and yes, Grace, that does include you, so do not feel jarred. Feel comfortable in using terms which include yourself in humanity. Do not be discouraged that you interfere with this Awareness by using such words. This is ridiculous, and you know it!

This Awareness suggests that this entity is now experiencing levels of bliss which he finds quite fulfilling, even surprising, yet, this Awareness indicates that he is but a sizzling powder-keg with bliss levels about to explode upon his subsequent successes with the Lessons of Enlightenment. Such is the goal and destiny for each and every entity.

We have completion.

#### Feeling Good or Feeling Bad

##### QUESTION:

His second statement is: "What feeling good is, is actually a message from our inner being telling us that at that moment of feeling good, we are in alignment with our inner being and our purpose for being. What feeling bad is, is actually a message from our inner being saying that at that moment of feeling bad, we are out of alignment with our inner being.

Our feelings are our moment by moment guiding system as to how aligned we are with our inner being. Alignment feels good. Off-alignment feels bad."

##### COSMIC AWARENESS:

This Awareness suggests that this entity has been studying his Lessons of Enlightenment and is understanding. This is pleasing to this Awareness. This Awareness suggests that this entity may, in fact, be gifted in reiterating the Lessons into a language wherein accessibility to others may be facilitated, and that he is encouraged to do so.

If we have completion we can continue.

For information on how to get this newsletter by mail, please see page 14 of this issue.