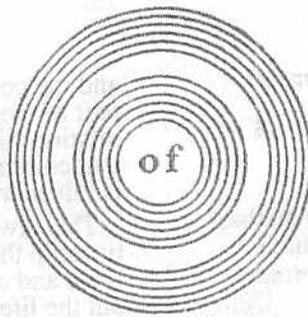


Revelations

The Cosmic Newsletter



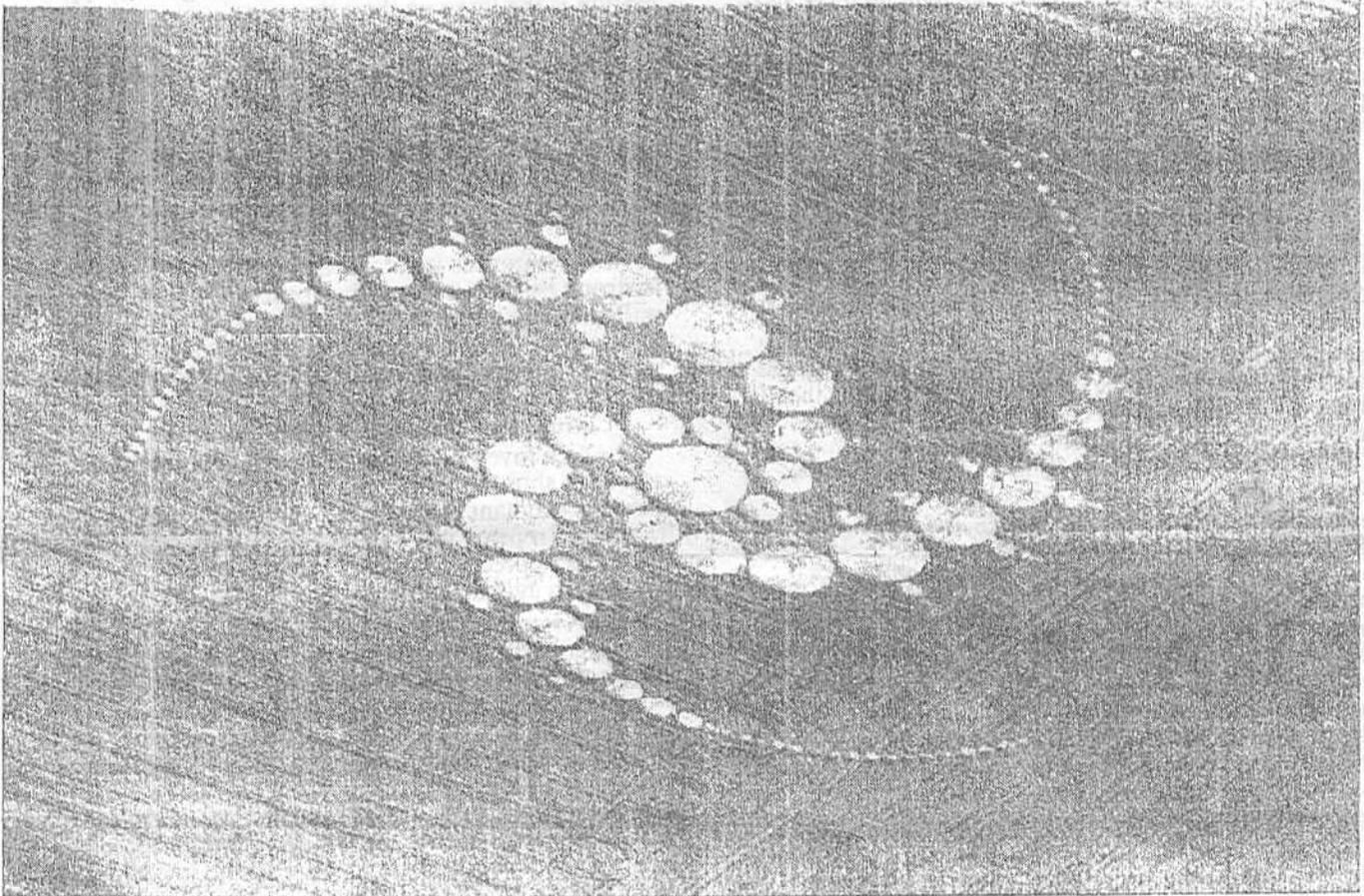
Awareness

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WHAT DOES ONE EXPERIENCE IN A STATE OF TRUE LOVE?

QUESTION:

A question from Huib Groenenberg, in the Netherlands. He writes: "I'd like to ask Awareness three questions. (I'll ask the first one) What does someone experience in a state of true love?"

COSMIC AWARENESS:

This Awareness indicates there are different feelings that different entities experience, according to their previous experiences. This Awareness indicates that one entity may be much more sensitive than another. One may have past memories that have created a certain deep appreciation for certain things, and another entity may have past experiences that cause the entity to have great apprehension when confronted with something or someone whom he or she admires.

This Awareness indicates, however, putting aside the past varieties that different entities may have in terms of their sense of appreciation and devotion, an entity who experiences what might be termed "true love" for them, will have a deep and awesome sense of appreciation toward someone, or toward the object of their love.

This Awareness indicates that when one begins to look at something with such deep appreciation to the point where the entity adores, almost worships the object of their love, this can be termed "true love." The question of course is: "If it is true love, does that mean it will last an eternity? Does it mean it will last till death do us part?"

How Long Will "True Love" Last?

This Awareness indicates that this concept of how long true love lasts will be part of the equation for entities who perceive true love as being something eternal, or as being something durable. Most entities perceive true love as that which is durable if not everlasting. This Awareness indicates that for many of these entities, the durability wears out quickly. For others it wears for a long term, and for others it can last for so long it seems like eternity and even may seem like it will run beyond death into eternity.

This Awareness indicates that true love is really a subjective experience, very difficult to describe objectively so that one can say, "Ah, yes! I fit in this category now. At last! I must have true love because the category description fits that which I feel, which I now experience." This Awareness indicates it is not that simple, which is why some entities fall in love, and the love does not last, because subjectively they see someone else and find that "Hmm. This one is even better than the other one!"

Another Part of the Equation: The Concept of Commitment

This Awareness indicates once this attitude of shopping for true love comes into the equation, the whole concept of true love gets distorted and changes. This Awareness indicates that essentially, the idea of true love is great for the entity who is idealistic and who hopes to find true love as something that is bestowed upon them, but this Awareness indicates there is another part of the equation that entities may not think relates to true love or durable love, and that is the concept of commitment.

This Awareness indicates that if an entity commits himself or herself to another, to be with that person, to stay with that person, not just because the person makes them feel good, or gives them a sense of importance, but because they care for the person, and they commit themselves to helping to attend the needs of that person,

and the commitment becomes an extremely important part of the relationship, not just what one gets from the relationship, but what one gives to the relationship, then that commitment adds to the appreciation of that which is felt as true love.

This Awareness indicates this creates a stronger relationship that allows the entity to reinforce the commitment and appreciation over and over and over, throughout the lifetime of the relationship. This Awareness indicates that many entities think that the glue of a relationship is the love and the appreciation, but the glue of a true lasting relationship is the commitment that each brings to the relationship, and the glue of appreciation is the icing on the cake.

If both are committed to each other, there will be opportunity for the appreciation to occur again and again and again, repeatedly, throughout the lifetime. But if the commitment is not brought to the relationship by both parties, then when the appreciation wears thin it is likely that the parties will separate, at least to some degree, either emotionally or physically, and the relationship will suffer and may not recover.

This Awareness indicates as long as the commitment is strong by both parties, the appreciation, the true love will continue to resurface, just like a heartbeat in the relationship. It will repeat itself, repeat itself, repeat itself, over and over so long as the commitment remains strong.

True Love Comes Like Waves—It Ebbs and Flows

The true love may come in waves, like the waves on an ocean shore. It is not like something that floods and remains stagnant and full, but something that ebbs and flows and repeats itself as true love, over and over, waves of appreciation following and subsiding and flowing in again.

This Awareness suggests if entities look for the flood of appreciation and affection and do not allow for the passing of the waves, the outgoing waves, and give up on the shore, thinking that no further waves of love are available for this relationship, then they may wish to go to a different shore or a different place, or a different person to seek their appreciation, but if there is a commitment, if there is a kind of loyalty, then it is only a matter of time before the waves of appreciation again come to your shore and fill you with the joy of being together.

How Can We Each Help Enlighten the World?

QUESTION:

The second question of Huib Groenenberg ... his English isn't the best, but his questions are serious here; "How can any one of us, let's say in one day, help this sleeping world to enlighten itself or to make it conscious of itself?"

COSMIC AWARENESS:

This Awareness indicates that each entity who is personally aware of the highest and best available in his or her consciousness, who gives attention to the highest and best in each moment becomes for that moment enlightened, and each entity that experiences enlightenment helps to spread that enlightenment to the rest of the world.

Thus, by simply enhancing your own awareness, your own enlightenment, your own devotion to Divinity, you add to the ever-growing energy of world enlightenment. This Awareness indicates it is not simply that your one unit of enlightenment adds to the single units of others who are enlightened, but rather, it is a case of where your enlightenment spreads enlightenment to others, so that more than simply a numerical action is occurring.

When You Become Enlightened It Spreads to Others

This Awareness indicates in other words, when you become enlightened, your personal enlightenment spreads enlightenment for others to tap into and helps them to experience greater opportunity for enlightenment in their own lives. This Awareness indicates to put it another way, hypothetically, if you are in a world of totally unenlightened beings, and one entity in the group becomes enlightened, that enlightenment of the one will eventually turn the others into enlightened beings, if that enlightenment stays strong long enough.

How Will an Entity Experience Oneness?

FOLLOW-UP QUESTION:

Awareness probably just answered his third question, but I'll read it here. "What are the best descriptions of how entities will experience their environment from the viewpoint of an enlightened being? Or in other words, how will an entity experience all oneness?"

COSMIC AWARENESS:

This Awareness indicates that the first experience, the first thing entities will notice is that there is a lack of separateness. They will see that "Yes, I am separate from that person walking across the street in terms of physical separateness, in terms of spatial separateness, but I am **not** separate in the sense of being a human, having certain needs that are the same as his, having certain desires that may be similar to his. I am very much the same entity with my own distinguishable brand of needs and problems and fears and desires, but essentially, he and I are the same.

"Perhaps not identically descriptive of each other in all areas, but we both have certain general qualities that are identical. In that I have my needs, he has his needs, I have my preferences, he has his preferences, I have certain desires, he has certain desires. He has a place he's going, I have a place I'm going. I am going away from something, he is also leaving something. Therefore, we have so much in common that we are not really separate. We are just somewhat different in our detailed make-up."

This Awareness indicates that it is no different than the fact that his hair is darker brown than mine, his eyes colored differently than mine, but he has two eyes and he has hair, and he has certain physical qualities similar to mine, and therefore, we are much the same, although different in some detail.

This Awareness indicates that thus, recognizing every human face is every other human face, entities begin to recognize the oneness of all humans, and when looking at other non-human entities such as the birds, the animals, the fish. You can see that there is also much between these creatures that parallels your own life. They have their desires, they have their appetites, their needs; they are going from something, going to something, and so forth, and these entities are also part of the oneness of life.

This Awareness indicates that as you begin to recognize this driving energy of life in these different creatures and beings, you become much more aware of the part you play and the part they play in the movement of life, and you recognized the sacredness of all things. This Awareness suggests that this can help you to become one with all, even with the allowing of differences.

Hierarchy and "Holoarchy"

QUESTION:

One other thing from this entity, not necessarily a question. Well I guess it is a question. He writes: "I would like to share a viewpoint that has to do with

hierarchy. If Awareness wishes, Awareness may comment. For me hierarchy belongs to the world of duality or illusion, and so, does not exist, because we are all one, but we can use another term, what Kim Wilbur calls "holoarchy" in his book The Holographic Paradigm And Other Paradoxes.

"He uses this term to appoint the "differences" in elements in the periodic table. I got the next images on holoarchy. In a holoarchy, there is no more or less, good or bad, et cetera. There is only a degree in awareness. Imagine a circle which you can call "total" or "Cosmic Awareness." Cosmic Awareness is the circle but is also that which is in the circle. All there is.

"In the circle there are inner circles. These circles are levels of awareness where Awareness can tune into. One circle, close to the center is the circle that has the awareness of the illusion of dualism. That is exactly the degree of awareness most entities on earth are living in.

"In a holoarchy, all entities are equal, but it is their own choice, what level of awareness or oneness they like to experience. You may ask "Who is the "me" that makes this decision?" To make this more clear, you can say the "me" is the one that makes the decision to resist or not, in surrendering self to the Divine.

"All people are programmed by their environment. To realize this is step one in the process of awakening. Step two is that you realize that you have a choice to let yourself be programmed by your environment or by your own Creator. I refer you to "Who am I?" in *Revelations of Awareness #95-11*... (that was a question of Rasma Kidd that we published recently) ... (and then he goes on) ..."steps three is to surrender oneself totally to the Creator."

That was his statement on holoarchy.

COSMIC AWARENESS:

This Awareness indicates that this is a very good insight and good understanding of the situation of individuals in relation to the total, to the whole. This Awareness indicates that one very simple concept which too many people ignore or forget is the concept of degree. It is very easy to say, "The weather is cold" and to have someone respond, "Oh, it doesn't seem cold to me! It's quite pleasant."

This Awareness indicates that these are two entities expressing their opinion of the weather, which is the same, shared by both, but they are perceiving it differently. It is a matter of perception as to the degree of temperature. Is it because the weather isn't very cold, or is it because one entity likes it cold and perceives it to be pleasant?

This Awareness indicates that in other words, there are the subjective perceptions that entities may have when perceiving something and there are also degrees of that which is described from the perception. This Awareness indicates that this simply reflects the fallacy of words. Both entities are actually feeling the same temperature, but the words and their sensual perception of the temperature gives each a different attitude.

This Awareness indicates that it is much the same with spiritual enlightenment. One entity's spiritual enlightenment is another entity's "ahah!" of yesterday, so the entity experienced that yesterday, and is no longer appreciative of the enlightenment shared by the entity today. This Awareness indicates that does this mean the entity who experienced it first is superior to the entity who only experienced it today?

This Awareness indicates that these are unnecessary questions. It is not important who experienced what first, for the ranking of entities in a hierarchy of spiritual

firmness, or fastness or superior insight is of little importance. It is what you experience that makes you feel you have discovered something new that is of importance.

Is your enlightenment of yesterday still beneficial to you? Or is it old and boring to you? Is it something you can still get mileage from when talking to others? Are you using your yesterday's enlightenment to promote yourself today, when speaking with others? Are you impressing others properly with your yesterday's enlightenment? Who cares?

Is this important to you that you accumulate all of these bits of enlightenment so that you can impress your friends on the block? So that you can impress your neighbors? Your relatives? Who cares if you are impressing them with your enlightenment? What is truly important is whether they are gaining from what you are sharing and not whether you are getting credit for what you are sharing.

Are you sharing something they really want and need? Is it not important whether you are presenting yourself as a great enlightened teacher and getting proper credit for your efforts. This Awareness indicates that these are things that can hinder an entity who would otherwise be enlightened and who would otherwise be of great benefit to a community, were they to simply share their insight without seeking credit for their sharing of the insight.

It is much better for these entities to ask for payment for their insight than to seek glorification for having been so enlightened. This Awareness indicates that if the time it takes you to share your insight is useful to you or is valuable to you; if you could be sanding a boat and making a certain amount of money that is needed, but you take time off to help share your enlightenment with someone else, do you not have the right to choose a payment for your sharing of your enlightenment? Do you not have the right to ask to be paid for your new-found career in sharing your enlightenment with others? This is much more appropriate, to ask for payment, than to simply strut your enlightenment as you move along from person to person, proudly enlightening others with your great enlightenment.

You are receiving praise and glory for your enlightenment, but this Awareness suggests that this should be enough payment, if that is what you want, and you should not seek further payment. But this Awareness does not appreciate the entity who seeks to enlighten others to benefit oneself in terms of glorification of self, for that hinders the entity and hinders his further enlightenment.

This Awareness would much rather see you ask for payment for your imparting of wisdom than to see you ask for praise and glory for the imparting of your wisdom. This Awareness indicates *It* diverted somewhat from the question, because it touched upon an area that to this Awareness is important for entities to understand and seldom gets noticed. This Awareness wished to point this out when the opportunity was present.

If this Awareness did not fully answer the entity's question, because of the diversion, this Awareness suggests the question be repeated.

QUESTIONER:

It was a statement on what he calls the holoarchy, and...

COSMIC AWARENESS:

This is correct. That the entity asked if the Awareness would care to comment. This Awareness indicates that his entity's insight into the concept of the hierarchy and

the holoarchy is that which is very apropos and has given entities much to think about. This Awareness indicates *It* appreciates this entity's insight.

IS OUR HIGHER SELF REALLY OUR SELF MOVING THROUGH TIME?

QUESTION:

A question from Marion Smith Jr., Clarksville, GA. "Regarding our Higher Selves, is it true that each Higher Self is really our self at a much higher level of development moving through time to assist us?"

COSMIC AWARENESS:

This Awareness indicates that this question as that which has several parts. The Higher Self being that which vibrates on a higher frequency in terms of Its resonating with a closer harmony to Divine Spirit. This Awareness indicates that the concept of "moving through time to assist us" is that which appears to have some special meaning to the questioner, but which does not clearly fit into the concept of a Higher Self.

This Awareness indicates it tends to imply that the Higher Self is somewhere out of synch with the present and resides either in the past or in the future, and is moving through time from past or future, to the present time in order to assist entities. This Awareness does not see this movement through time, past or future, to present time as a necessary part of the descriptive quality of the Higher Self.

This Awareness indicates that the Higher Self is capable of moving to the future or to the past to gain insight that might be of benefit to the entity in the present time, but it is not as though there is a self in the future or a self in the past that is rushing to the present in order to be of assistance.

The descriptive term "Higher Self moving from the future, or moving through time to assist us" is that which raises many interesting questions that may not necessarily be of need in the description of a Higher Self.

Parallel Universes and Probable realities

FOLLOW-UP QUESTION:

He had a question preceding that one that perhaps I should have read first, but then again I'm not sure, it seems to be related. Anyway, I'll read this. He asks, "Can Awareness discuss the nature of parallel universes or probable realities as called by Seth in the *Seth Material*?"

"It is my understanding that these are closely similar to our own reality with minor differences. The question I have about earth's parallel reality at this time would be whether or not all the various earths are at the same point as this one is, at a transition point of entering into a higher dimension?"

"Also, will there come a point in the future development of each individual when we come together with all our parallel selves?" And then he adds: "If this is too weird, trash it, but I am curious about it."

COSMIC AWARENESS:

This Awareness indicates that this appears to relate to the Seth concept of each entity having as many as 12 different selves in existence at one time. This Awareness indicates that the entity spoke of the various Oversouls, as if those were separate entities existing at the same time in different places in reality.

This Awareness indicates that this concept implies that if these separate selves exist in different places in reality, then the possibility that they could come together as one would be an interesting phenomenon.

This Awareness indicates that it is possible to better understand this concept if you understand something about music.

There are 12 chromatic tones between each octave on a musical scale. The Middle C is followed by the C Sharp or D Flat; the D is followed by a D Sharp or E Flat, which are essentially the same. The E is followed by an F. The F is followed by an F Sharp or G Flat. The G Flat is followed by a G. The G is followed by a G Sharp or an A Flat. The A Flat is followed by an A or A Sharp, or B Flat. The B Flat is followed by a B, and the B is followed by the C.

This Awareness indicates that the 12 chromatic tones are what may be described as symbolic of the 12 selves described by Seth. The question is if these 12 selves might someday come together as one? This Awareness indicates that if the 12 notes or tones between the Middle C and the next C one octave higher ever came together as one, you would simply have a great dissonance of sounds. They could never be the same note. There is no way they could come together as one single note.

They could come together as a great dissonant sound, by simply putting 12 fingers down on the 12 keys, to create sound from each of the 12 tones in the chromatic scale. This Awareness indicates that it is the very difference of these tones that create the twelve selves which an entity has in the creation of that which is one's own self; the self being likened unto an octave in a scale of harmonies.

Thus, you have your personal note or octave made up using all of these tones available as your particular sound, but your counterparts or Oversouls are likened unto the chromatic scale notes that are out there somewhere but never the same as your own self, nor will they ever be equal to each other as a single note. In other words, they each have their own individual vibration, and they may exist in other spheres of vibration, but never in the same place or the same tone or the same vibratory frequency.

This Awareness indicates that there is also that concept of twin souls, which comes from a similar idea, but which can be best described as harmonic notes. The souls are in harmony in the same way that certain notes or chords are in harmony with each other.

QUESTIONER:

Did *It* cover the question: "Will there come a point in the future development of each individual when we come together with all our parallel selves?"

COSMIC AWARENESS:

This Awareness indicates that *It* discussed this as that which could only occur with all of the notes sounding at once, creating a dissonance as if one were to lay down hands on the piano with no distinguishing note, individualized note, but more likened unto laying down one's entire arm across the keys of a piano, all the notes within an octave sounding simultaneously. This would not be what the entity seeks in his question. He is wondering if these notes could all come together as a single individual being.

It would be possible theoretically for the notes to come together as a dissonant sound created by all of the notes within an octave being played simultaneously. It is not something that would be truly pleasant as experienced for any of the notes involved, nor would it be what could be considered as harmonious or coming together. It would be dissonant, a dissonance in which a clash of sounds would be disruptive to the ear.

This Awareness indicates there may be a time for disruptive sounds, but this is not seen as something most entities would want. This Awareness indicates that it would be likened unto a war of sounds, a war of notes, wherein they clash with each other. Likewise, the Oversouls all coming together in one big expression of self would be an enormously unpleasant clash of the self.

This Awareness indicates that entities who wish to get more understanding of this message should go to a piano and play all the notes between Middle C and the C an octave above, playing them all at once, and ask if this would be considered as a single note or single individual or of what value is it for all these to come together.

This Awareness indicates it would be very similar to the entity, perhaps a child sitting on the piano keys.

WHAT AND WHERE IS "ETERNITY?"

QUESTION:

A question from Terry Tolbert in Florida. He asks: "Can Awareness talk about why the average person thinks eternity is somewhere other than where they are at? Eternity, by definition, says you are in it. Eternity is not a place, it is ongoing. Eternity is not after you die, it is where you are at. But it seems everyone feels as though they don't have it. Instead, they think they have to die to get it. What a travesty!"

COSMIC AWARENESS:

This Awareness indicates this is a very clear insight into the use of words and the transparency of meaning of words. Entities who look at the meaning of the word *eternity* can easily see it is transparent and has no real meaning in a sense of time, for there is no way to measure eternity in the sense of time, therefore it has no meaning, but the entity who can look beyond the word and perceive the concept of eternity can very easily see that there is something that endures forever, even if it is indescribable in words.

This Awareness indicates entities can look and see that something that endures forever exists even now in each moment, and therefore, that entities are presently residing in eternity and that to die would not necessarily make them any more present in eternity than they are at this moment.

This Awareness indicates that with the understanding that time, as used in the word by entities on this plane, is perceived as a line running from now to then, whether future or past, and that line running from now to then has a certain subjective distance that the mind can fill in as being so long, or so short. And therefore, this artificial time creation is just a theoretical equation, likened unto a math problem or geometric problem scribbled on a sheet of paper in which the sheet of paper represents eternity, and the line from here to there represents time, and the entity can draw it at whatever length is appropriate in a subjective decision as to how long time is.

The entity can also cut that theoretical and hypothetical line of time in half or in quarters, or in twelves, and in cutting it into twelves can label it as months or hours. He can cut each month into days, 30 different segments, or hours, 60 different segments representing minutes so that they are creating an artificial symbol for time running from here to there.

They can, if they desire, make the same line again, and cut it in half and in quarters and so forth, and label each segment a thousand years, breaking time into millennium. This Awareness indicates that it doesn't matter what you do with this line of time because it is simply an artificial creation on a sheet of paper having no meaning other than what you give it. That is time

according to man's use of it, and mankind uses that artificial time as a way of measuring events.

The events are not set in time, except artificially by the mind of man. An event that occurs in the year 1600 does not itself relate to time except as man hangs it on time, an artificial creation. The event simply happened within the eternal now, within the moment of now, and man hung it on his artificial creation known as time, and called it 1600 on his artificial scale of time.

This Awareness indicates that in another country, that year of 1600 might be the year of 46,252 and may not have any connection with 1600 in their particular realm or creation of time. This Awareness indicates that once entities recognize time is only an artificial creation of human mind and that eternity is something that exists always and every moment and that humanity is living in the Eternal Now, in the present moment, and that this Eternal Now is always present within each moment, and extends from moment to moment so that it is not enclosed within any moment, entities can begin to recognize also that the idea of a moment is an artificial creation and that a moment can exist eternally or can exist only in a split second.

The "Big Bang" Theory of Creation is Explained

As fast as one can slap their hands together, a moment has come and gone, or as long as it takes for the sun and moon and stars to be created, can also be a moment in time, in the Cosmic Time. This Awareness indicates that it is all simply a matter of mind and not of reality. What is real is the eternal presence of Now, and like the moment, Now can be eternally stretched so that Now can refer to a time before the universe existed, or a time in the future, beyond the existence of all matter.

What is Now? It simply is a matter of one's own interpretation of the word Now. What is Eternal Now? It is again according to your own interpretation of the meaning of the term Now. This Awareness indicates that *It* has just given the Big Bang theory and described the Big Bang of Creation in a way that has not been seen previously. The Big Bang of Creation as an eternal ongoing event that occurred now, that occurred in the Eternal Now that is still in occurrence.

THE SECRET OF THE CROP CIRCLES IS REVEALED?

QUESTION:

Another question from Terry Tolbert. "I have been interested in an studied crop circles, space language and ancient as well as modern glyphs. I have noticed something quite extraordinary. First let me say that I feel there is much to be learned from these and that their true messages are meant to be understood when the time is right. They also clearly point to space travel and alien beings.

"Anyone can prove this for themselves by simply photo-copying a couple (of crop circle photos) and doing as I outline here. Artist's rendering in dark blot diagram form are best for this. First, simply photo-copy several different ones. One excellent source is the book Crop Circles: Harbingers of World Change by Alec Bartholomew, available through RTM Publishing Group. Both the glyphs and the crop circles will produce very interesting results.

"Second, a fallout of my spiritual studies, where I learned that everything in the universe is a mirror just for me; I was guided to take these photo-copies and mirror one to the other, flipping one over and then holding both up to the light. What I saw knocked me off my feet. All sorts of comprehensive pictures began appearing. Most were of alien-looking beings and crafts.

These pictures were exact and precise. It worked with multiple combinations and multiple angles.

I also used this technique with pictures in Sitchin's books. The results were the same. An *exact* representation of the "Flower of Life" was obtained by this method from the Barbary Castle crop circle, and the words "Deede-10 Bho-3" and "Heeh, inverted C, Hboh-3" from the Milk Hill Agriglyph crop circle, to name just a couple."

And his question is: "Awareness, are these messages coded in this way, as well as others? I am sure. The shroud of secrecy seems to be lifting on everything. If this technique is valid, why has such a simple process for interpreting the glyphs and crop circles not been noticed prior to now?"

COSMIC AWARENESS:

This Awareness indicates that there are too many entities creating a controversy over whether or not they are hoaxes and there is too little research in taking them seriously and attempting to find out what they are all about. This Awareness suggests that since you have started this action and have looked at these things in a serious way, it is quite likely that your further research will begin to be noticed as you produce more information on this, and that you may write a book explaining this and creating a new field of study by serious scholars.

This Awareness reminds you that Stonehenge existed for hundreds of years without entities understanding anything about its purpose until someone began to look at it as though it were a kind of clock to mark times of the year. This Awareness indicates that once it was viewed as a cosmic calendar, it then became a fairly simple action of understanding the meaning of Stonehenge and the purpose of Stonehenge.

This Awareness indicates you appear to have come across the keys to unlocking the mysteries of these glyphs and this Awareness suggests that because you have come across these keys, it becomes a responsibility for you to further research and expose the discoveries available to you.

This Awareness indicates if you do not want the responsibility then it becomes your responsibility to find someone who will follow through on the research you have started.

FOLLOW-UP:

If these mirror-images really make sense, I would think the entity could publish these in a book and the book would be quite a seller.

COSMIC AWARENESS:

This could be a very lucrative book for the entity. It would require a certain degree of writing and of demonstration showing the diagrams in a kind of mirror-image wherein perhaps the one behind facing, would be presented in a dotted outline, and the one in front being of solid lines, or better yet, if the entity could have these placed on the pages so that the pages could be held up to the light with the front and back part of the page holding different images superimposed on each other when held up to the light.

This Awareness indicates that this could be very easy for the publisher to make such arrangements. It would be important for the author of such a book to make sure that in his work the mirror-image of these pictographs would be placed so that the publisher could easily see which ones went together on opposite sides of the same page.

This Awareness indicates of course this will also lead to further discoveries of other information from the

mirroring images of these pictures as they are placed together. This Awareness indicates that by using the same page, or same sheet, and putting the printed version of the crop circle on each side of the page so that they are superimposed over the other when held up to a light, it saves much effort by entities who would otherwise need to have two pages or two copies of crop circles on different sheets, and holding the two sheets and lining up the sheets. In putting them both on one sheet, on opposite sides, the one studying the work would not have to line up the sheets to get the proper placement.

This Awareness indicates that this could break open the whole mystery of the crop circles and create a new understanding of what is going on in regard to the phenomenon of crop circles, as well as creating the realization that indeed there are extraterrestrial contacts on earth that cannot be denied or ridiculed.

QUESTIONER:

The printers nowadays can also print on this clear plastic and use these as an overlay, right in the book.

COSMIC AWARENESS:

This is in the affirmative. This Awareness indicates that in some cases this may be the better approach, but in other instances it may be better to have the two different sides so that the crop circle can be better distinguished on each side of the sheet and shown how it can reflect as a mirror image when a light is held behind the sheet.

This Awareness indicates in other words, if one image is placed on one side of a clear plastic sheet and another on the other side, it becomes difficult to tell where the paint or ink is, whether it is on the one side or the other side, except by perhaps feeling, whereas on a sheet of paper it is clearer and easier to distinguish the single crop circle on one side and the single crop circle on the other side, and to still see how they compliment each other when held in front of a light.

New Codes of DNA Revealed in Crop Circles

QUESTION:

The entity has one other question in this area. He says: "I have seen codes of DNA that would lead me to believe that if the crop circles were assembled in the proper order, that they would reveal new codes of DNA. Can Awareness tell us if that is so?"

COSMIC AWARENESS:

This Awareness indicates that this is in the affirmative; that they also would reveal other information related to microscopic symbols and pictures; that entities who are used to examining things under a microscope can recognize many similarities in the crop circles. That there are certain ancient drawings that may be found to reflect crop circle diagrams also.

This Awareness indicates that it appears there are also some cosmology symbolisms presented in these crop circles. Some of the lines from one point to another being symbolized as paths or space routes to another heavenly body and if entities are familiar with astronomical star systems they may find parallels in some of the crop circles to represent some astronomical system, but may find that the lines running between different circles in the diagram are actually symbolic of space routes.

This Awareness indicates that some of the large squares in the crop circles may be symbolic of areas in a cosmic quadrant or place that are representative of a territorial claim of certain entities so that a crop circle could symbolize a place from which the craft originated,

even if it does not look like a starry system in the crop circle.

This Awareness indicates that this appears to be something that would come out much later in research after the more obvious research is completed.

ED's Note: When I sent Terry a copy of this reading in 1995, I told him I would not publish the reading for two years, which would give him time to do more research and get his book written. Last year he wrote me back stating that he was not going to write the book due to his time schedule and to go ahead and publish the reading. I feel there is some really important information in this reading and hope you crop circle freaks out there will take this information seriously and run some experiments of your own. Please keep in touch with us and when you publish your book we will help to promote it for you.

**What Does the Term "Second Death" Mean?
(Also What Does "Recycling of a Soul" Mean?)
(More on Cimmeria)**

QUESTION:

A question from Brian Flannery, Bronxville, NY. It's sort of odd. "What does the term "second death" mean? Is this when a soul does not pass judgment and is recycled? Does the soul "sort of get a frontal lobotomy" and have to start all over again from a baby soul upwards? If the term "recycling of a soul" has nothing to do with second death, then could you expand upon this term "recycling of a soul?"

COSMIC AWARENESS:

This Awareness reminds you of a reading that this Awareness gave some years ago, relating to four major regions of cosmology. This Awareness indicates the region known as Terrestria, which is the region of matter and the material world; the region of Celestria, which is the heavenly world; the region of Hades which is a kind of realm in which nothing has been completed and everything is still being worked on and entities therein labor for a kind of self-chosen punishment, because they do not perceive themselves ready to enter into Celestria; and that region which this Awareness referred to as Cimmeria: a seething, shimmering swamp-like region of existence in which nothing is in solid form and where souls are sent when they have reached a state of non-redemption.

Cimmeria a Cesspool Where Certain Entities Stagnate Together

When they are no longer capable of being redeemed, restored to a decent quality of being, the souls then are drawn like a magnetic attraction to these swamp-like seething energies of Cimmeria, where they, as pure psychic energy dissolve all form and merge as a sort of swamp-like mist and energy. It is from this swamp-like energy that new souls can in some future time be re-created anew, but for the time being, they are likened unto a cesspool, wherein they simply stagnate together.

This Awareness indicates that when a soul goes into that quagmire of Cimmeria it is said to have been given the second death, for it will be stagnating for eons of time before it ever returns to a full conscious body, to be given a full conscious body in which to reside.

This Awareness indicates that though it is a much more final type of death, it is not eternal, for there will eventually be a time when all of those energies of Cimmeria are recycled into new souls, but the time will be likened unto eternity. This Awareness indicates of course, these entities do not feel pain. They do not feel regret. They do not feel anything except existence and inability to do anything.

They cannot do anything. They can only *be*, and what they will be is a kind of swampy-like energy, stagnating together with other swampy-like energies.

This Awareness indicates that this may be thought of as a similar place to the land of Limbo, but far in

extreme in its nature, for in Limbo, entities can still cry out, can still want to escape, can still seek help. Here, these energies cannot even recognize their own existence, let alone seek anything.

Clothing to Protect You From Reptoids

(Can A High Concentration of Aliens Be Found Out West?)

QUESTION:

Another question from Brian He writes: "In regard to the Reptoid aliens, Cosmic Awareness stated they have infra-red vision. If I wore clothing that hides my body heat, could I walk past a group of Reptoids and they wouldn't notice me? Are these Reptoids in disguise walking in towns? And if I wore these clothing, would they bump into me?" And he adds, "I also read somewhere that there are high concentrations of aliens living in towns out West."

Evidently, the question is: Would certain clothing keep Reptoids from spotting him? The infra-red resistant type?

COSMIC AWARENESS:

This Awareness indicates that this could be helpful; that it would be necessary to wear clothing that held body heat inside. This would prevent them from being able to recognize your presence.

This Awareness indicates that *It* does not see the towns out West as having any greater concentration of aliens than anywhere else, except perhaps some of those particular places that are notably close to alien bases, such as Taos, New Mexico, and similar towns associated with alien bases or near the outlands, but it should be understood that most of these aliens prefer to stay away from surface towns and humans, except if it is their choice to move to such places for a particular purpose.

She Has a V of Freckles on her Back

QUESTION:

Another question from this entity. "I saw this girl who had strange markings of freckles on her back. The freckles were in the shape of a V. What does this mean, and could you expand upon this?"

COSMIC AWARENESS:

This Awareness indicates that it is quite possibly nothing more than a tattoo that the entity had put on herself deliberately. This Awareness indicates it appears that it also could have been a coincidence that she had developed freckles in that shape, but this Awareness does not see it as the probable reason for these. It appears that these were purposefully placed on her with her consent as a kind of tattoo.

Photon Belt Symbolologies—a New Concept

QUESTION:

James Tierney, a member in Kirkland, WA, sent us a rather interesting dialogue that occurred on the Internet, in regard to the Photon Belt. There's all sorts of information going back and forth as a result of Nidle's book. I'll read the message that brought forth the reply, which is the interesting thing, and my question.

The question from Michelle Aschenbrenner she put out on the Internet: "I was wondering if anybody on the net has any information about the Photon Belt that we are supposedly going to enter very soon. My boyfriend and I just received a letter from his mother who lives in Hawaii, telling us to start stocking up on candles and bottled water. She says that she has been hearing we are going to enter the Photon Belt sooner than expected."

"How she knows this, I have no idea. Possibly, the beginning of May. This would mean complete darkness

for approximately 3 to 4 days. During this time candles and batteries will not work."

Now the response, a rather interesting one, comes from an entity named Lawrence Baldwin, and he sends it to her. He writes: "I believe that channelings like this taps into a level of consciousness similar to that of dreams. That is, the content needs to be understood in a symbolic manner, not a literal one."

Certainly, if you look at predictions made from channeled material over the last century, it has a horrible track record, if you take it in a literal sense, except for predictions so vague they can't fail such as "There will be disturbances in the weather, and volcanoes and earthquakes will come" and so forth. The "science" described in this piece has no relation with actual science.

However the symbolic meaning can be quite worthwhile to study. I am not interested enough to spend a lot of time with this, but there is an immediate connection with Saint John of the Cross, "Dark Night of the Soul" (part of "The Ascent of Mount Carmel"). That is, one must first go through a period of darkness in order to reach the light. The "electrical" appliances do not work, as one can no longer switch on the light at will. Instead, one must learn to "light a candle."

Actually, this applies quite well to the change in midlife as well. The "midlife crisis" which prepares one for the wisdom of old age typically involves darkness, liminal consciousness, and the risk of "nuclear" reactions. I recommend the book In Mid-Life--A Jungian Perspective, by Murray Stein for a more detailed view, particularly for the role of Hermes, (Mercury) in this process.

A similar phenomenon applies to flying saucers. I have a developer who is convinced he has been abducted by aliens and so-forth. Carl Jung wrote a book on flying saucers exploring their symbolic meaning and purpose."

Could Awareness comment on his theory, particularly in regard to the darkness and the light as expressed here?"

COSMIC AWARENESS:

This Awareness indicates that the entity is attempting to equate the information from the book to symbology of an individual's life experiences, and this Awareness indicates that there is some benefit in this equating process, much in the same way as the Cayce works equated the *Book of Revelation* to a reference to the human body with the 7 seals or 7 chakras, and the Beast as the rational mind and so forth.

This Awareness indicates that these symbolologies are always what may be termed overlapping from reality to one thing to another, and the human experience, the human body is a reflection of cosmology and the world, and therefore, there can be symbols that are parallel within each, symbols that apply to both the individual and to the world. This Awareness indicates that these are always interesting. It is, however, seen that the symbolism is not the only proper interpretation of the material in Nidle's book. This Awareness indicates that there is also a cosmological happening which is described and which can become an aspect of non-dream reality. This Awareness indicates, of course, as entities move into the Fourth Dimension, into that which has been described as the realm of imagination, it will be experienced as a similar reality to dreams, for imagination and dreams are essentially Fourth Dimensional realities.

If you are in a dream, would you know whether your dream was real, or simply imagination, and either way, is it not the same thing as Fourth Dimension? This Awareness indicates in other words, things will be happening and you don't know what they are, do you, Mr. Jones? This Awareness indicates the old Bob Dylan song will apply, even in these times.

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WHAT IS COSMIC AWARENESS?

COSMIC AWARENESS is the Force that expressed Itself through Jesus of Nazareth, the Buddha, Krishna, Mohammed, Edgar Cayce and other great avatars who served as 'Channels' for the 'Heavenly Father' and who speaks again today as the world begins to enter the 'New Age' of spiritual consciousness and awareness. Since 1963 Cosmic Awareness has been communicating through carefully trained channels. This information is for those who desire to help in bringing in the New Age. Throughout the thousands of 'Readings' given through these various channels, Cosmic Awareness tells us not to believe anything, but to question, explore, doubt, and discover for yourself, through your own channel what is the truth. Cosmic Awareness will only 'indicate' and 'suggest'. Neither C.A.C. or any of the Interpreters is responsible for anything Cosmic Awareness states in any of these readings, nor does C.A.C. or the Interpreters necessarily agree with the statements of Cosmic Awareness. The Interpreters interpret the energies as they see them in trance levels and are not personally responsible for what is said. The Interpreters published herein have no connection with, nor control over the editorial comments and material, including illustrations. This is entirely the responsibility of the editor. Members of C.A.C. are invited to send in questions of general interest to ask Awareness for possible publication in this newsletter.

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Grace ***

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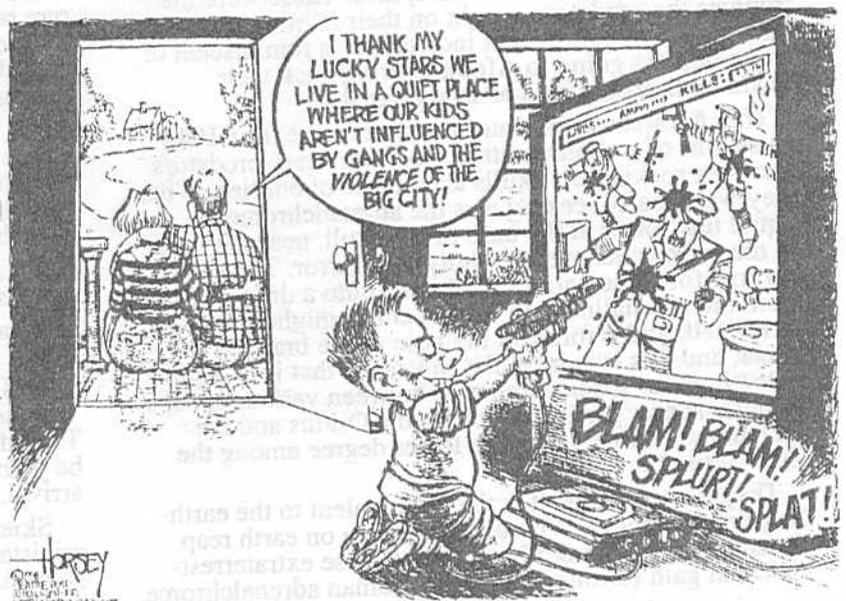
Cover Picture: Triple-Armed Spiral, July 29, 1996, Windmill Hill, Avebury, Wiltshire, England.

For more on crop Circles, please refer to "Revelations of Awareness" issues No. 92-15, 94-15, 95-08.

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members.aol.com/cosmicomm/cachome/cac.html



THORPE
THE ART OF
THE FUTURE

A B-17 CRASH IN BELFAST IN 1944: DID ALIENS BUTCHER THE CREW?

QUESTION:

We received a letter from Renee Maguire on a letter-head of the Glenravel Historical Group, Belfast, Ireland. And she writes:

"Dear sir or madam: A friend who uses the Internet has suggested contacting yourselves with reference to a story I have been working on for over a year now. In 1944, a B-17 crashed in Belfast in a 'fog' (official version, not true at all). All the crewmen died, but whether death ensued from the crash or from medical intervention, we cannot tell. All we know is that human remains have been found which would indicate deliberate surgical application of a surgeon's saw in the mid-brain area, below the hypothalamus/pineal, and also carving up the bases of spine-- in the middle of a forest.

"We employed the top Irish psychic Anne Semple, to attend the site. She recoiled in horror and told us she wanted nothing more to do with the project, but that it involved "Something not of this earth." Do you have any knowledge of alien goings-on which may relate to this? It's circa-1944. I would appreciate any assistance or direction" she says.

COSMIC AWARENESS:

This Awareness indicates that this relates to similar reports out of Vietnam during the Vietnam War in which the United States was involved in that area, wherein a large aircraft crashed in the area, and the crew there also was butchered by what appeared to be alien technologies. This Awareness indicates that it appears the crash in Belfast was indeed related to some alien activity. This Awareness refers you to the movie *Predator II*. It appears there was a reference to a black policeman in the New York area, wherein the drug wars involved some alien creature that became intertwined with drug-lords who were at war with one another and the black man getting involved was eventually led to the realization that he was dealing with someone from outer space, and the aliens were simply visiting earth as predators seeking their trophies. The trophies being the brain and spine of human beings.

This Awareness indicates when the policeman entity invaded the space craft, all of the victims of the predator were mounted on the walls of the spacecraft as trophies; this in terms of their head and spines. These were the trophies the predators sought on their hunting trips to the earth. This Awareness indicates it is reminiscent of white hunters going to Africa to bring back their mounted head trophies of wild animals.

This Awareness indicates that in essence, this 1944 crash was of a similar nature, however these predators were not seeking the skulls and spines of entities. What they were really seeking was the adrenalchrome, a liquid that forms at the base of the skull, near the back of the neck, whenever an entity is in terror. The adrenalchrome for these entities is likened unto a drug. It comes from the adrenaline rush that an entity might feel when terrorized, and it forms at the base of the brain by the spine, and this is a drug-like substance that is of high value in outer space commerce between various groups in outer space, particular among the Orions and the Draconian cultures, and to a lesser degree among the Zeta Reticuli.

They do trade this. It is their equivalent to the earthling drug business. Wherein the people on earth reap fortunes from trading illegal drugs, these extraterrestrials can gain fortunes by trading human adrenalchrome,

the adrenaline fluid taken from the brain of individuals of humans on earth. This Awareness indicates that they have a special way of processing this and of extracting it so that it becomes valuable to them as a kind of galactic drug, and thus appears to be what was behind the crash and mutilations in Belfast, in that area in 1944.

The Foo Fighters of World War II Were Alien Craft

This Awareness reminds you that during the time of 1944, just prior to the end of World War II, many reports of Foo Fighters were given by both the Germans and the Allied armies. Foo Fighters were thought to be a new weapon of the opposing forces. It was only later that Foo Fighters were deemed to be something extraterrestrial or not of this world. These were extraterrestrial beings active in Europe prior to the end of World War II.

Shortly after the end of World War II the first official flying saucer was reported in the state of Washington. This Awareness indicates that it was called a flying saucer because its shape was similar to that of an upside-down saucer flying through the air, but these entities were around several years prior to that official sighting and naming of the 'flying saucer.'

What's the Alien Situation in Ireland Today?

QUESTION:

What is the current situation in Ireland and the British Isles in regard to aliens today?

COSMIC AWARENESS:

This Awareness indicates that there are still occasional crop circles that have been left, but in general there are not seen as many sightings during the past decade as in earlier times. This Awareness indicates that Mexico appears to be a place where more sightings are experienced; that there have been reports in Europe. Also there are many sightings now in China, but most of this is not reported in the world wide press, or press releases. In other words, in Ireland and the British Isles, much of the UFO activity has diminished considerably in recent years.

"RAINMAKER" JOHN: IS HE FOR REAL?

(He Ends Drought Wherever He Goes)

QUESTION:

We received an article from the Headlight newspaper in Deming, New Mexico. And I'd like to read this and ask Awareness if this is valid. It says

"In an occurrence straight out of *The Twilight Zone*, a rare rainstorm hit Deming Thursday just minutes after a Jacksonville, Florida, man pledged to bring rain to the area. John "Rainmaker" Skierski said he's traveled throughout the United States and 100 foreign countries in his effort to bring rain to parched areas.

"He stopped by the Headlight office this Thursday morning claiming to have brought four separate rainstorms to Ciudad Juarez, Mexico, recently, ending a six-year drought.

It was during the trip to Juarez that the 70-year old RVer said he was inspired to do the same for Deming.

"I had an inspiration, and it hit me to go to Deming. When I come in with an inspiration, that starts the ball rolling!", Skierski said.

"Skierski, a tenant at Roadrunner RV park, promised Thursday morning to leave Deming once it rained, and he pointed to darkening clouds as evidence of his arrival. It began to rain moments later.

Skierski, a World War II veteran and former Baptist minister, said his understanding of the environment helps him to produce rain. Among other feats, he

claimed to have ended a five year drought in Monterey, Mexico, during the early 1980's.

"Skierski said his rain-making ability involves a system of crystal quartz pyramids, objects he claim help balance the earth through electromagnetic powers. He sports miniature pyramids on his car and RV.

"Pyramids balance the earth and balance against tornadoes, hurricanes, earthquakes and even fires," he said.

Local ranchers praying for rain can hold onto their wallets. "I don't charge for rain! I'm a humanitarian," he said.

The article goes on; but is there any truth to that story, that this entity actually creates rains from using these crystal objects?

COSMIC AWARENESS:

This Awareness indicates that it appears to be correct and valid. This Awareness indicates that it is largely a matter of the entity's ability to concentrate and to hold an image in an expanded manner. This Awareness indicates that entities do not have a great problem in concentrating on small things and helping small things to become manifest. There are many entities who can do this without great difficulty. Concentrating and focusing their energies and manifesting something by that concentration is not that rare.

It is more rare for entities to be able to hold an entire region in their mind and focus energies for the region. This Awareness has previously given entities the information on how to dissolve clouds or to bring clouds into being through the focusing action, and there have been many who attempted this action and found it to be effective. This Awareness indicates that taking the mental activity a step further, one could form clouds, draw clouds together, darken the clouds and bring these clouds into a more condensed focus and thus help to create rain .

The pyramids are simply the man's triggering devices for his own concentration, for his own ability to concentrate and focus. The pyramid energies created by these crystals add to the entity's own mental focus. The focus of the mind sends certain neutrinos into the atmosphere, and these neutrinos help to bring about the movement of energies to form the clouds, to condense the clouds, to darken the clouds, to allow the rain to fall.

This Awareness indicates in words, this is essentially the way by which this works. Of course, words are not the answer. Words are simply the sign-posts. The **doing** is the answer, and until entities do it for themselves, the words are hollow.

FOLLOW-UP QUESTION:

Suppose a group of 12 entities who practiced this together went to a part of the country that had suffered a drought, for example, like Texas, the worst one in many, many years. Would the effort be multiplied?

COSMIC AWARENESS:

The multiplication would be of great benefit, providing the entities are able to hold their concentration together. If the entities are scattering their concentration, they might even be defusing one another, so that the action would not occur, but would be defused. The one entity who is able to concentrate totally might have his or her focus defused by being around others who are cracking jokes, making funny remarks or distracting the attention of the one who would otherwise be capable of doing this himself or herself.

It is a matter of whether 12 people can concentrate in unison, whether it would be multiplied in its power.

Are Hot Water Heaters Harmful to Health?

QUESTION:

A question from Stan S., Rogers, Ark. He writes: "Some researchers have detected a vortex of positive ionization energy radiating from the top of hot water heaters, gas or electric. These energies have been reported to affect the health of the individual who may be spending time above the hot water heater, like the bed, their favorite chair, or the bathroom. Would Awareness answer these questions: 1) Is there a vortex of energy radiating from above the top of a hot water heater?"

COSMIC AWARENESS:

This Awareness indicates this is in the affirmative. This Awareness indicates that generally, entities who live above an underground stream of water, or who live over water that is moving, do have some potential for detrimental frequencies coming off of the water. This Awareness indicates that some entities may actually thrive from the movement of underground water. Most entities do not, and therefore, it has been found that those who do not thrive, who have detriments from sleeping above moving water, will benefit from the use of copper wiring strung along or nearby the stream to help ground that energy created by the stream, even if the stream is underground.

This Awareness indicates that driving copper or metal pipes or stakes into the ground near the stream helps to keep that energy grounded and entities living nearby, especially above that stream, then are not affected so much by the moving water energies. The hot water heater is filled with moving water, and it is because of this that the energies are not usually beneficial for entities sleeping above such moving water.

Sleeping Near Moving Water Can Cause Aches and Pains and Even Arthritis

QUESTION:

He wants to know: "Does this energy radiate throughout the home wherever the hot water pipes run?"

COSMIC AWARENESS:

This Awareness indicates it is not so much the hot water that is involved, it is the moving of water whether it be hot or cold, and moving water, wherever it is creates an energy. It is when an entity sleeps near or particularly above, that certain energies come off of the water which can be detrimental to an entity, causing certain blockages in the electromagnetic field of the entity which may affect the entity by way of causing stiffness or even arthritic pains and feelings of stiffness when the entity sleeps.

The entity may for example, be sleeping over a pipe in which water is moving, or sleeping over a stream where water moves underground. The entity may wake up being more stiff and having more aches and pains in the body from having slept there, whereas sleeping at a different place in the home without underground water in movement, the entity might have a better and more eventful sleep.

Can Water Energies be Neutralized?

QUESTION:

He asks one other question: "These researchers have developed a 'Tri-pack' which reportedly neutralizes the energy. Is this Tri-pack an effective neutralizer?"

COSMIC AWARENESS:

This Awareness indicates that this appears to be effective in neutralizing the energies. It appears to have some kind of effect on the electromagnetic field that is given off by these energies so that the electromagnetic

energy is more or less neutralized and the entity in that area is not then affected by that electromagnetic energy.

Would a Copper Wire Around the House Help?

QUESTION:

Years ago we put a copper wire around this entire house here, which is still there, because we have an underground stream, but in the case of this entity who doesn't have an underground stream, but has a water tank and pipes that he's worried about, would employing a copper wire around his house in a similar manner do any good?

COSMIC AWARENESS:

This Awareness indicates it can be beneficial, but the entity can also be benefited by putting a copper wire around his bed from one leg to the other, particularly if the bed is above the hot water heater, or above water pipes that allow water to be in motion while the entity sleeps. This Awareness indicates in most cases water is turned off at night. There are seldom any purposes for water to be running at night unless the entity is washing clothes or watering the lawn or something during the night-time.

This Awareness indicates that wherein the water is turned off, usually it is not creating a problem. In the case of the hot water heater, the energy may have built up during the daytime when hot water was being used and water was moving through the tank and the energy may not have dispersed. If the entity sleeps over the hot water heater, such as might occur if the hot water heater is in the basement or floor below, then the entity could benefit from putting copper wires from one bed-post or bed-leg to the next or around the bottom of the bed.

This Awareness indicates if the hot water heater is under a room that the entity does not sleep in, it does not create a problem for the entity anyway, but by placing a copper wire over the hot water heater, and running it down to the ground, the entity can eliminate the effects of that energy vortex above the hot water heater.

How Was the Sun Repaired by the ET's?

QUESTION:

A question from Adam H., Challenge, Calif., who writes: "It sure would be nice to know exactly what and how the repair job to the sun was that saved our collective derrieres in 1972. I have reread issue #446 several times. It seems that Awareness digressed in answering the query near the bottom of page 10, i.e., "Does Cosmic Awareness have information that *It* wants to share about what happened exactly in 1972?" This is not to minimize the quality of other information in the Cosmic Awareness responses."

COSMIC AWARENESS:

This Awareness indicates that the information given was that which this Awareness wanted to share. *It* did not want to share everything in terms of the technology used by the extraterrestrials in their effect on the alterations to the sun. This is not something that earthlings have a right to know, nor is it something that they have a need to know. It is neither necessary, nor is it appropriate for earthling to know the technology of those beings who are extraterrestrials and who are essentially looking out for humanity's welfare in keeping the sun in balance.

This Awareness indicates there are many entities who would like to know the secrets of Coca-Cola or the secrets of IBM in its latest research, but these are areas that are private to these companies, and to have this Awareness spy on the secret information of others, secret because it is their own personal research or their own personal technologies; to broadcast it to others so

that they might have the same technologies; this is not the purpose of this Awareness nor of *Its* use to humanity.

Sun Rays Harmful?: Is There a Conspiracy?

(More on the Evils of Food Additives)

QUESTION:

A question from David C. in Victoria, Australia. He writes: "I have a suspicion that the current attitude toward the sun's "harmful" rays has gone a little too far. While I would never suggest people go out and roast themselves, I do suspect that the very large increase in skin cancer has been drummed up by the medical establishment and that in fact, the sun's rays are extremely beneficial and that we don't need to protect ourselves from them, but simply use common sense. What are Awareness' views on this?"

COSMIC AWARENESS:

This Awareness indicates that the sun's rays are beneficial in moderation. They can be helpful. But in excess, they can be very dangerous. This Awareness indicates it is not so much that the ozone layer is better, but it is that certain additives to the diet and ways of creating the foods and sustenance for humans has changed so that the skin cannot handle the excess in radiation from the sun. This Awareness indicates that the skin serves as a second filtering device similar to that of the liver, and because of the food additives over periods of time and the pollutions that have been dumped into humanity's food chain, there are weaknesses in the body, its various organs, and the skin itself has become weakened, having less resistance to damage from the sun, and therefore, being more vulnerable, it cannot, as a general rule, take as much sunshine and recover as quickly as it was once able to do in years passed.

This Awareness indicates that there are some ways whereby the sun on the skin can be neutralized. This Awareness indicates that there is a vitamin that can be absorbed which helps the skin to avoid damage from the sun. The vitamin is found in GH3; the use of PABA, a B Vitamin, the main ingredient in GH3; the procaine helps to bring this vitamin into the cell and helps to rejuvenate the cell and it is this particular vitamin that is of significance to helping the skin counter any damage from the sun.

This Awareness indicates that entities who use GH3 will have a noticeable change in the coloration of their skin in such a way that the skin then tends to tan rather than burn after they have used GH3 for some time.

MORE ON THE WONDERS OF MELATONIN

QUESTION:

Awareness has given information on his second question, but he's got a few more questions on it. He writes: "Two friends of mine are using melatonin as a natural sleeping pill and are reporting really fantastic results. Does Awareness see any problem in health risk in its use, either short-term or long-term? And does Awareness see melatonin as an effective antioxidant? The literature suggests that pregnant and breast-feeding women not take it along with those women trying to get pregnant or those with immune system disorders."

COSMIC AWARENESS:

This Awareness indicates that *anything* taken in excess can be damaging, including water. This Awareness indicates that used in proper amounts, this can be of great benefit to entities in helping them sleep more naturally. It is a substance that the body naturally creates to help entities sleep. If they are not sleeping well, then to have a supplement is indicated as beneficial.

This Awareness indicates the caution relating to the pregnant and lactating mothers is that which applies to extreme cases, but it is important that the manufacturer of the product put this on the labeling so that if a rare case was to cause difficulties, the manufacturer would be protected. These kinds of warnings are common, to keep companies from being sued. This Awareness indicates it is not seen as something that the average person needs to worry about, if they are not pregnant and not lactating. Therefore, it is not something indicating the product is dangerous to others.

FOLLOW-UP QUESTION:

I've seen lately, references of dramatic results in anti-aging by the use of melatonin. Does Awareness see that as being valid?

COSMIC AWARENESS:

This Awareness indicates there are many claims; that these claims often sprout up from various distributors of any new or any well-marketed supplement. The pycnogenol and the proanthocyanodine (sp) or grape-seed form of pycnogenol also have had their testimonials from entities indicating that it is a rejuvenator, but many of these claims are simply subjective claims by users and often a letter sent to a distributor might be simply one person's subjective opinion that they are feeling younger from using a substance, and this then gets passed on to the masses as a testimonial by the distributor and other people read it and then they too report feeling younger.

In other words, much of it is suggestive in nature. There may be some actuality involved, or it may all be suggestion that is repeated by entities. This Awareness indicates that if you were to ask medical experts, they would deny any rejuvenating properties to melatonin, but they may not have had any particular basis for such denial. There may be no research that has been done, yet the knee-jerk reaction of most medical experts would be "This is not true! Melatonin does not rejuvenate!" If you go to the person taking the product, they may say, "Yes, I saw the article that indicated rejuvenation, and yes, I do feel somewhat younger from having taken the substance!"

This Awareness indicates much of it is subjective. Much of it is a matter of the power of suggestion. You can take sugar-water, and if you tell entities it will help rejuvenate them, then many of these entities will testify that this has made them feel younger and healthier, particularly if they do not know it is just sugar-water. If you tell them it is a new secret formula for rejuvenation that a scientist has invented and give it to them to drink, telling them: "Take ten drops daily, and wait for two weeks and you will feel much younger!", the entity is *expecting* to feel much younger, and in two weeks, many of the entities you thus direct will report back that indeed, they do feel much younger.

A few of the entities will deny any difference.

What is Killing the Florida Manatees?

QUESTION:

A question from Marie T., Springfield, Mass. She writes: "Our scientists at this time have become puzzled as to what it is that is causing death and illness to the Florida Manatees. This may lead to their extinction, as many are dying in record numbers. Can Awareness shed some light on this manner?"

COSMIC AWARENESS:

This Awareness indicates that it appears there is a considerable amount of pollution that has affected the immune systems of these creatures over a period of many years, generally culminating in their susceptibility

to disease that seems to spread within their culture or species. Part of the pollutants are in the form of toxins, so that the immune system is also compromised by collective toxins in the systems of the entities.

Should We Avoid Green and Red Peppers?

QUESTION:

One last question. This one also from Marie. I'm not sure how valid this is, but I'll read it. She writes: "Several times it has been given we should avoid the consumption of peppers, especially the red ones. Recently, one of our top nutritionists highly recommended the red pepper and even suggested several recipes in which to use them for health benefits. The average gardener grows peppers. They seem to be abundant in most foods all of us consume regularly. Please tell us why then should we avoid the common green, red, yellow and now black pepper?"

COSMIC AWARENESS:

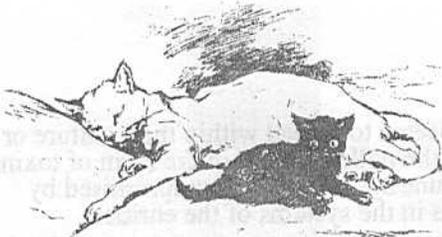
This Awareness indicates that for the most part, the red peppers, the hot peppers, are beneficial to the circulatory system. They also are helpful in treating parasites, ridding the body of parasites. Generally they have beneficial qualities in many ways. The circulatory system is generally very much helped by the use of peppers. Peppers can also be beneficial in certain applications, applied externally on some injuries for example.

Peppers Tend to Aggravate Neuropathy and Arthritis

This Awareness indicates that it is only because some entities have difficulty in eating peppers that they become hostile to the hot spicy foods made by others, and they begin to create arguments that these are not good for you. This Awareness indicates, however, there is one area where entities should be careful about using foods from the pepper family, which includes the nightshade family, the tomatoes and such, even green peppers; and that is wherein an entity has arthritis or has the neuropathy that is common among diabetics. The peppers tend to aggravate that neuropathy and aggravate some of the arthritic conditions that entities experience. Otherwise, peppers can be of great benefit in the diets of entities.

Black pepper is not seen as being harmful. Foods with excessively hot spice, particularly black pepper, can in some instances cause some entities heartburn, but if you do not have this problem, then the peppers are generally good for most entities otherwise.





"NEW AGERS" AWAKEN AT 3:AM AND CAN'T GO BACK TO SLEEP

(Are They All Going to the Same Classroom?)

QUESTION:

Several people recently have essentially asked the same question that Cheryl Crabill sent Vikki through the Internet. She writes: "Hello Vikki! Some friends and I have noticed that we are waking up somewhere in between 3:00 AM and 4:30 AM at night and we can't manage to go back to sleep. Usually we get up for an hour or so and then go back to sleep. Do you think we are all in the same classroom, and that's when they let school out? Just thought you may have had other reports similar to ours."

And like I say, we have. She adds: "I can usually keep it from happening if I take a melatonin before going to sleep. I am in Florida, and the friends I speak of are all metaphysical and they are in Ohio. It seems not to be happening to "ordinary" people."

COSMIC AWARENESS:

This Awareness suggests that this is indeed a phenomenon common to those entities currently actively promoting the expansion of their consciousness, particularly those affiliated with this organization, and diligently and sincerely studying the *Lessons of Enlightenment*, in that the information is allowing shifts in consciousness, alterations to the fabric of mind, and indeed group studies or travels in alternate focuses of consciousness at the dream state wherein insights are exchanged and shared far more than one might suspect.

This Awareness suggests that the effect need not be detrimental and that certain habit patterns of beliefs and expectations regarding normal physical requirements of sleep can be tailored accordingly, for if the body is awakened and the mind is flooded with insights and strategies and the body is energized and motivated to jump from the bed and enthusiastically tackle the challenges of the day, to listen to the feelings of spirit to obtain the next level of mental alteration and so forth throughout the day in a cyclic feedback between mind and spirit and world, that such is energizing to the form, and that entities formerly requiring extra amounts of sleep, or even what is considered to be normal sleep levels, will find themselves experiencing new-found energy and vitality, enthusiasm as well as physical health.

This Awareness suggests that in response to the annoyance of awakening in the middle of the night, when the rest of the world is geared for slumber, that entities simply utilize the time to further study, to further analyze and absorb the feelings and messages both from waking and sleeping states, to further focus upon the areas of interest, to manifest creative desire through meditative visualization practices such as the *Meditation of the Clock*, and that entities can utilize this extra time and adjust the daily schedule accordingly, feeling free and without guilt, should they decide to relax with an afternoon nap.

Share Your Wee Hour Experiences with Vikki T.

This Awareness suggests that it is to the credit of this individual and those experiencing these heightened levels of energy, for it is a most certain sign that enlightenment and empowerment is in process. This Awareness suggests that every entity who is experiencing such an effect to please forward that information to

Vikki T., so that the communication can be shared, regarding similar experiences and that creative approaches, alterations to the schedule or unique ways to fill the wee hours be communicated and shared.

Group Meditative Exercises Can be Organized

This Awareness suggests also that as entities begin to understand the nature and size of this phenomenon, that group meditative exercises can be organized and offered wherein entities upon awakening in the wee hours, following their learning sessions in alternate states of consciousness, can combine focused energy toward specific goals, toward specific group goals in addition to individual goals, wherein certain focused energy can be directed toward any perceived limitations within the community, the government, the religious or political institutions and that from such practice, a great deal of benefit can be obtained.

If we have completion we can continue.

Little Boys With Guns Killing Children

(Why These Atrocities? What Is Going On?)

QUESTION:

Recently, two middle school boys in camouflage hid in the woods behind their school and then opened fire on classmates and teachers when they came out during a false fire alarm. Four girls and a teacher were killed, and 11 people were wounded. The boys were 11 and 13 years old.

People, of course, are asking "Why?" but there's been numerous shootings like that in the past few months in various parts of the country. For example, in December of '97 a youth opened fire on a student prayer circle in a high school in Paducah, Kentucky, 3 students were killed, 5 wounded. A 14 year old student described as 'emotionally immature' was arrested.

In October of '97 a 16 year old outcast in Pearl, Mississippi was accused of killing his mother, then going to school and shooting 9 students. In February of '96 a 14 year old student turned an assault rifle on his algebra class, killing two classmates and a teacher in Moses Lake. And there's lists of others, but I'm sure people are going to write and ask for Awareness to comment on this situation, and I wonder if we could ask *It* to give some comments on this tragic situation, and possibly what motivates these kids to do such actions.

COSMIC AWARENESS:

This Awareness suggests that the recent outcropping of such phenomenon over the past several decades, with a cluster most recently, is a phenomenon symbolic of the American community specifically, and humanity in general, in a situation where technological capability has outstripped the spiritual attunement and intentionality.

This Awareness suggests that these seeming aberrant children stalking schoolmates, parents and their community with weapons and arsenals are symptoms screaming for mass-consciousness to examine its truths, its teachings, its scientific understandings of the nature of the human being. Of course, changes in individual consciousness actively expressed is the way to create change within Mass Consciousness.

This Awareness suggests that such attention-getting news-line-grabbing events impress even the most convinced and rigid minds that **something** is wrong. This Awareness suggests also that certain conditions within the lives of such violent angry children point specifically to those beliefs and tenets which contribute to such spiritual frustration that culminates in these ultimate acts of self-preservation and violation.

Unleashed Anger Originating From Mind

This Awareness suggests that as entities begin to understand the nature of the spiritual feeling system and how the belief systems of mind can wrongly interpret the emotional feelings and the motivational impulses, allowing human beings to act upon the impulse of self-preservation to the point where the mind is utterly and completely convinced of its own righteousness and that the world must change, -- that the limiting people must be eliminated, or exterminated, and that the anger is simply unleashed.

This Awareness suggests also that such cases of children creating atrocities within their communities are also symbolic of the need for humans in general to understand the utter and complete freedom and isolation of an individual mind. This Awareness suggests that within the mindscape of these entities, delusional versions of reality are shared and reinforced such that they are driving forces creating the reality for these entities, and outwardly forced upon the external environment.

This Awareness suggests that the fine line between fantasy and reality is far finer than anyone can suspect, and that what might seem to the juvenile mind as an exciting potential scenario coupled with the intensity of anger of a frustrated over-controlled spirit, that the combination of the two can result in such heinous violations.

This Awareness suggests that in each and every one of such experiences, be they children or perpetrators of more advanced age, that underlying each and every act is a strong, powerful emotion of anger which is symbolic of a spirit severely frustrated by the limitations of mind, and the perceived limitations of the world.

This Awareness suggests that when perceived limitations of the world are based on distorted facts which are shared, expanded upon, becoming ever-more twisted and all-consuming, that without understanding adequate feedback from the environment, such severely debilitating slivers of mind become the driving reality, which ultimately will be created externally.

Factors Contributing to Spiritual Frustration

This Awareness suggests that where there exists such degree of anger and spiritual frustration, there almost certainly exists an over-controlling, limited influence, being it a restricted world view, a domineering over-controlling parent, an absent or invalidating parent or foster community, a rejection or isolation which allows the entity to experience the spiritual frustration natural to each and every spirit that meets rejection, condemnation, judgment, and lack of opportunity in the world.

This Awareness suggests, however, that if the anger is not understood and acted upon with appropriate expressions and light responses, wherein the entity communicates the unacceptability of the rejection or the lack of opportunity, of the judgment as the spirit intends, that the anger will continue to build and reinforce delusional versions of reality within the mind.

Frustration That Ends in Flight or Fight

This Awareness suggests that if anger is not addressed with the appropriate expressive response which seeks to alter the external environment to allow the acceptance, expression and opportunity the spirit requires for self-development and expression, the anger will automatically motivate actions and thoughts of a self-preservationary nature, where the entity will either take flight or fight, and in the severest of cases, the fight ends in death and destruction.

This Awareness suggests that if each an every of these

entities is examined, the common thread of isolation, of rejection, of inadequate outlets for spiritual expression, of lack of understanding and acceptance, and most importantly, mechanisms to allow the entities to understand the unlimited capacities of mind and yet the isolation that can result, wherein guidance, feedback, learning opportunities and continual mental development has been interrupted.

This Awareness suggests that these entities creating such heinous acts are a combination of a mind left to its own devices, to fester within its own poisonous content, coupled with external frustrations and limitations to which the spirit screams for liberation, yet the mind is not prepared in any way, shape, or form to accommodate the wishes of spirit to bring about the necessary changes; that the mind acts within the limitations and responds automatically in self-preservationary violent reaction.

This Awareness suggests that there is no mystery to this behavior. It is repeated in many, many scenarios, whether they be as dramatic as this, or as simple as an entity clinging fast to an outdated belief which continues to close opportunities and create spiritual frustration of a far more minor degree, so that the pain, the anger, is directed at self, or at others, or masked under distractive or addictive compulsions, but that underlying each and every maladaptive behavior lies an unanswered spiritual / emotional signal which, when misunderstood, is not acted upon toward self-development and expression as the spirit demands, yet the safety net, the physical biological motivation to self-preserve kicks in, causing self-preservationary acts of fight and flight.

This Awareness suggests that there are many dramatic examples and many not so dramatic examples, but that when entities begin to understand the cycle of information between mind and spirit and world, and how to respond appropriately, to alter the mind with the strategies to eliminate the external obstructions, the spirit is pleased and fulfilled, the life is on track, and there are a greatly reduced amounts of aberrant reactions; but that until this connection is made and the spiritual sense of feeling is understood and utilized for the wisdom it contains, such acts will continue to haunt and plague humanity until they get it.

This Awareness suggests that these most dramatic examples of children killing children, wielding weapons of destruction, correspond in severity to the necessity of the expansion of consciousness to receive the understandings that are now coming upon humanity, infiltrating mass-consciousness from many directions, embodied in the wisdom of the *Lessons of Enlightenment*; that it is possible that the turnabout away from such atrocious behavior can begin.

This Awareness suggests that it is the duty and responsibility of each and every entity to understand the self-system, to heed the voice of spirit, to answer only to the adjudicator of spirit, and to select the contents of mind upon the direction of spirit, regardless of the truths and dictates of mass-consciousness, for it is those limitations and truths which perpetuate the limitation cycle, and the spiritual frustration that manifests as vented emotion and anger upon society. Let the mind "judge not."

Instill Children With Spiritual Understandings

This Awareness suggests that it is also critical for communities and institutions to embrace the understandings of the spiritual communicative system and instill it within children from the earliest of ages. This Awareness suggests that a simple unconditional love communicated from parent to child will eliminate this

type of behavior, and that within the context of this love and connection, entities generalize the understanding of connectedness to each and every entity, be it human or other forms, such that this spiritual connectedness in an automatic understanding, never squelched or imposed upon by the tenets of mass-consciousness, by dictates and traditions which defy and go against spiritual intention, such as the training of youngsters to utilize high-powered artillery to massacre wildlife.

This Awareness suggests that in the most recent example, that this was one of the conditions that perpetuated the separation of this entity and his consciousness from the consciousness of his peers and of other spirits, for it had become a tradition and an expected occurrence and acceptable activity to display power and superiority through the death and destruction of alternate animal forms.

Teaching Children to Kill Animals Thwarts the Spiritual Within

This Awareness suggests that such attitudes and traditions do nothing but thwart the spiritual impetus within, and derail the unfolding connectedness and understanding and resonance with each and every aspect of the natural creation. This Awareness suggests that although many mistakes and faulty beliefs exist within mass-consciousness, that a critical combination: an absence of the unconditional bond and validation of a loving relationship, coupled with a mind allowed to accumulate beliefs, attitudes and views which do not accurately reflect the needs of spirit, nor the external environment, together with external frustrations which cannot be overcome, which create powerful spiritual frustration and anger; that this fatal combination of these three components brings about each and every heinous event and violation.

This Awareness suggests that if entities take a brief historical peek into the most heinous and incomprehensible of crimes, that these will easily find the strand of understanding, wherein the emotional motivation coupled with aberrations to the biological system, limited and grossly inadequate mental strategies, combined with external need frustration, to light the fuse of human explosive violation.

This Awareness suggests that as these understandings begin to accumulate and that external expressions from individuals who become enlightened and attuned to the spiritual impetus can effect changes upon immediate communities, changes within the political and religious and other institutions; that finally a civilization can begin wherein such inhuman behavior becomes a distant vestige of history.

If we have completion, we can continue.

Where Was the Killer's Higher Self?

FOLLOW-UP QUESTION:

Awareness, I've always been under the impression that children, particularly, were open to guidance and protection of their Higher Self, or the Guardian Angel or whatever you want to call it, if for no other reason, that they haven't had time to build up a wall to keep such guidance from coming through. Evidently, that idea has been in error, because it seems like their Higher Self did not come to their rescue, or give them any advice, or stop them from perpetrating this act.

COSMIC AWARENESS:

This Awareness suggests that you need not discard this explanation, for it is accurate with certain qualifications. This Awareness suggests that what you describe as a receptivity of children, that they do not erect a wall of resistance and that they therefore have a purer, more clear attunement to the Higher Self, as you put it; that

these statements resonate with validity of the human experience.

However, what is referred to as a 'wall' is nothing more than a network of beliefs and ideas and attitudes which have been learned from the experience, from the offerings of the foster community, be it parents, be it religion, be it political affiliation; that this is indeed what constitutes a wall between the purer communication capacity with which entities are born into the physical plane, which includes an innate attunement to the spirit or Higher Self within.

This Awareness suggests that in each and every such case, such a wall has in fact already been erected, wherein the belief systems choke the mind and limit the inspiration, the innate morality, the intention of spirit. This is the exact condition that creates the frustration and feelings of anger in the first place.

The Very Power of Spirit is Behind This Destructive Force

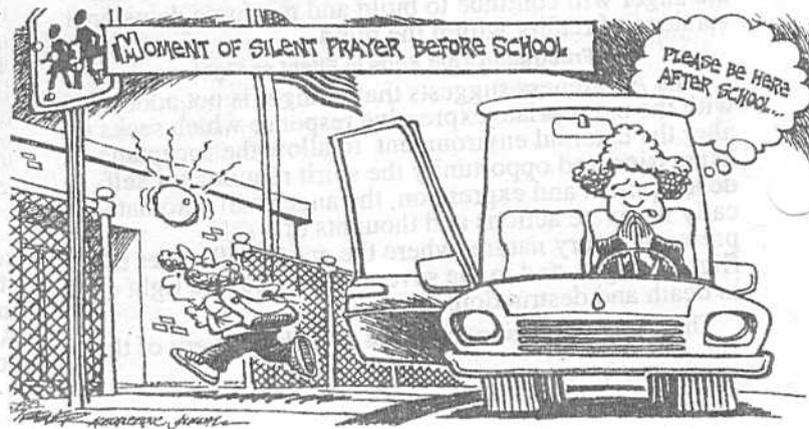
This Awareness suggests that at any age entities can attune to the Higher Self or Spirit within, should they return to the purity of mind, or the flexibility of mind of a developing child before such walls are erected. This Awareness suggests that although the emotional responses of such a violent nature can wreak havoc upon civilization and communities in general, it is the very power of spirit itself behind this force, and that any power misdirected can reap destruction, when its power can be directed beneficially and reap incredible evolution instead.

This Awareness suggests that the intensity and level of heinousness of this act reflects only the intensity and power of spirit that each and every entity is born with, a right to harness and control to create the desired existence. This Awareness suggests that when the spirit is not frustrated, that such energy is directed in far more productive and pleasing directions, both for the entities themselves and for the communities at large.

This Awareness suggests that this is merely an aberration and misuse of an elegant, powerful, wonderful system, and that with appropriate, correct understanding and use, that the High Self or Spirit remains a counterpart influence and overarching guide from the moment of birth to the moment of passing, wherein a lifetime absent of competition aberration, of resistance, of revenge and violation becomes a lifetime of cooperative development, expression, creativity, fulfillment and spiritual reward.

This Awareness suggests that such events and aberrations of any age, of any situation, exist as a constant reminder of the human misuse of the empowerment with which they have been blessed. It is simply the choice to regain command and understanding of such power that stands between humans and their civilization, which is yet to come.

If we have completion, we can continue.



"GO OUT AND HAVE A BALL"

(Why the New World Order Won't Happen)

QUESTION:

A question from Vicky Harisis, in Sidney, Australia. She writes: "Dear Awareness, recently we members were told to "go out and have a ball" because "the New World Order just wasn't going to be allowed to happen," and although I know Awareness does not wish to put any more energy into the negativity of the New World Order, but I am not asking for negativity, only positivity in that I and many other members, I'm sure, would like to know, on *what* do you base this suggestion?"

"More clearly, please tell us why the New World Order isn't going to be allowed to happen. Has the Light over-balanced the Dark Force? Has it reached critical mass? I ask this since it appears that the New World Order agenda is still in full swing, and it's hard to, become joyful and "have a ball" without some explanation as to what has happened that has caused this reason to rejoice.

"Please give us grounds to accept this with our "logical left brain" in order that we can more easily have faith and put vital energy into our "right brain" activity to bring this about."

COSMIC AWARENESS:

This Awareness suggests that the statement of the Light over-balancing the Darkness and the attainment of the necessary critical mass is a very accurate statement regarding this particular issue. This Awareness suggests that what had once been a powerful rapidly unfolding probability, due to incredible limitations within individual minds, exploited within mass consciousness by others, equally unenlightened, but that with gathering energy and the restoration of individual control and empowerment that has begun to occur, and has been achieving ever-increasing momentum over the past two decades, there has been a shift.

Look Around Your Community for Signs of NWO Scenario

This Awareness asks the seeker to walk outside of her doorway out into her community, and make a mental note of each and every activity which supports her declaration of the impending New World Order scenario. This Awareness suggests that each and every entity holding concerns over such outcomes of any source, can justly do the same, and note any effects in their community, in their life, in their family, in their workplace, in their home, which are not pleasing to Spirit which control, which minimize freedom, and this initial exercise can bring some perspective regarding the situation and how expectations and imagination and mental limitation can create scenarios and perceptions which may be exaggerated when compared to the actual daily occurrence.

This Awareness suggests that as entities identify the limitations within their sphere of operations that they take the necessary steps of re-empowerment, offering their resistance through cooperative Light responses or even fight responses, if necessary, to maintain their rights, their freedoms and their ultimate spiritually intended power.

This Awareness suggests, however, that a great deal of the perceived limitation is simply that: perceived, given the belief systems and historical perspectives which have been chosen and valued and energized above others.

This Awareness suggests that also within the mental

realm of this particular entity resides some very powerful positive and empowering scenarios which have been minimized due to the over-emphasis upon the New World Order specifically, and that it is the spiritual impetus within this entity to bring this to the attention, so that more positivity can be appreciated, as the entity does indeed walk outside her doorway and into her community and perhaps does not notice some of the beauty, the cooperation, the goodness and the humanity, for fear of an impending invasion of personal power, and the removal of right and personal responsibility.

This Awareness suggests that the energy within this entity has also achieved benefit from certain community, certain mental shifts regarding her own empowerment and is beginning to place a hand, a grasp, a hold upon the power that awaits, and the Spirit urges the setting aside of past concerns, stepping into the present and re-assessing the situation to allow the full grace of her spirit to run free.

Write CAC and Let Them Know What is Going On!

This Awareness also requests that those who do step outside their door and observe the freedoms, the opportunities, the manipulations, that do go on in their sphere; that they report them to this organization for discussion. It is also requested that if the environment, when looked upon with a fresh and unlimited perspective as if the new day dawned a new experience and a fresh mental horizon; that if such freshness results in understandings of empowerment, opportunity, cooperation and grace within a community, that this should also be reported and shared, for the power of perception, the incredible creative capabilities of the mind are at issue, and once the abilities of mind are fully understood then the **human** race can begin.

If we have completion, we can continue.

WHAT DRAWS SOME MEN TO SEXUALLY ABUSE CHILDREN?

QUESTION:

A question from JD. She writes: "What is it that draws many men to physically, psychologically and sexually abuse children? What is the "draw" psychologically?"

COSMIC AWARENESS:

This Awareness suggests that this psychological impetus is not necessarily limited to men; however, there is a manifestation in the masculine body form of such impetus given restrictions and restraints placed upon male entities regarding appropriate male behavior; specifically as it refers to human feeling and understanding the emotional impetus. For it is the understanding of the feeling signals of Spirit that are the human being's only hope for a life which can be accurately defined as civilized.

The Female is the Keeper of Emotions and Feelings

This Awareness suggests that the female of the species has been afforded the luxury and perhaps the responsibility of being the keeper of emotion and feelings in most every human culture, and fortunately, they have been effective at keeping the Spirit and Its communication alive, however minimal that might be.

This Awareness suggests that the specific motivation to abuse physically, emotionally or sexually, a child, springs from misunderstood emotional energy, which is backlogged due to limited, inaccurate, conflicting and debilitating beliefs of mind, which have been accepted as truths and are acted upon in a day-to-day basis.

What is not understood within these entities, is that as they go out into the world carrying these beliefs and ideas, they will create experiences which will reflect

them accurately, yet they do not understand the feeling signals from Spirit which point to the deficits, the frustrations, the limitations in belief and mind, so that the beliefs are allowed to continue and the negative emotion is simply cycled throughout the entity, vented vicariously or subdued with actions which cause and bring physical pleasure and momentary relief, yet the problem remains.

Where the Emotion of Anger Springs From

This Awareness suggests that the emotion of anger springs from a perceived lack of opportunity, lack of power and lack of control, and that if the mind is not the source of this feeling experience, then external changes in the world are necessary.

However, in each such case where physical, emotional and sexual abuse occurs, it is the severe inaccurate beliefs and limitations in mind which **perceive** the world to be lacking in opportunity, which blame external sources for internal problems and focus the anger energy, which is intended to manifest positive results in an unfair world, to manifest negative results on the unfortunate and powerless, who are often in many cases, children.

This Awareness suggests that this is a rampant tendency, one that can find rather immediate relief, once the given understandings are in place. This Awareness suggests that those who feel powerless need to feel powerful and instead of developing the mind to express fully the power for altering the world creatively, to evolve cultures which facilitate the individual use and development of power, that the self-preservationary impulse takes over and allows the haphazard venting of emotion, anywhere and everywhere, particularly on those most vulnerable.

Frustrated Anger in Youth Causes Sexual Deviance

This Awareness suggests that when there is a sexual component, that there has been an experience of domination and powerlessness, perpetuated upon that entity in his own youthful experience, which was never analyzed and understood, accepted, then forgiven, so that the frustrated anger and energy from this experience creates scenarios in life which reflect domination, frustration, powerlessness, which in turn must be vented, and is often vented upon the powerless.

This Awareness suggests that unless entities and the world at large absorb the wisdom of the Lessons of Enlightenment and as the understandings are once and for all imparted regarding the human nature, the human senses, particularly the overlooked emotional sense which connects mind, body and spirit and restores the spiritual intentionality, the innate morality, and the productive living and enlightened living, such patterns will continue.

If we have completion, we can continue.

Why Japanese TV Cartoon Triggered Mass Convulsions

(Is the New World Order Responsible?)

QUESTION:

David Nihoa, Fallon, NV, sent a question over the Internet recently, and a news story from Reuters, from Tokyo, which I'll read, and then ask his question. "A Japanese television network Wednesday called in doctors, psychologists, and animation experts to find out why a television cartoon show based on the video game 'Pocket Monsters' triggered convulsions among hundreds of children nation-wide.

"TV Tokyo programming division manager, a Mr. Mori, told reporters more than 700, mainly school-children, were rushed to hospitals after watching the

program Tuesday night. The Home Affairs Ministry said 208 people, from age 3 upwards, including a man age 58, were still in hospital with epilepsy type symptoms, more than 24 hours after the showing. "We are investigating the cause of the incident using outside experts," Mori said.

"The seizures began about 20 minutes into the 30 minute program which airs on Tuesdays at 6:30 PM. The blame was put on a scene depicting an explosion, followed by 5 seconds of flashing red lights from the eyes of the most popular character, Pikachu, a rat-like creature.

"The episode featured characters entering a computer, to fight each other. The explosion was set off by a "vaccine bomb" detonated to destroy a computer virus. Even Japanese Prime Minister Hashimoto was drawn into the national debate which dominated news headlines through the day. Commenting on the cartoon assassination with ray-guns and laser-beams, Hashimoto said, "Their portrayal should be carefully considered, because they were 'weapons.' Their effect on viewers have not been fully determined" he said.

"Mori says the offending section passed inspection before broadcast, but in hindsight "We believe there may have been problems with presentation and production techniques." TV Tokyo imposed a health warning on future episodes, telling viewers that watching Tuesday's installment of Pocket Monsters could cause fainting and nausea."

David's question is: "This morning on the news there was the story about 650 children in Japan who were passing out and going into convulsions from watching a cartoon called Pocket Monsters. What is causing this? Is this an intentional thing? Is Japan being picked on again because of not cooperating with the New World Order, such as the Kobe earthquake?" he asks.

COSMIC AWARENESS:

This Awareness suggests the source of this incident lies within and not without. This Awareness suggests that as human technological capability outpaces the spiritual understanding that was intended to accompany the human experiences from the first initial dalliances upon the physical plane, that the human condition in absence of the spiritual impetus allows for certain technological creations and leanings to be devoid of spiritual intention.

This Awareness suggests that the phenomenon observed had more to do with the timing and the technique and the production as stated, of this particular sequence of frames which coincidentally, in some definitions, created a rather dangerous optical experience.

This Awareness suggests that the word 'coincidence' in this context does not imply an accident or a fated event, yet one that was outside of the conscious awareness of the designers and engineers of this particular piece of art. This Awareness suggests that a rather unique and unlikely combination of lights, time, colors, furred together in this sequence which perpetuated confusion in brain structures in many 'normal' considered viewers, rather than those who would normally be susceptible to epileptic seizure activity.

This Awareness suggests that this can be likened both to the experience of disorientation and discomfort associated with motion sickness as well as certain neural disturbances from repetitive cyclic flashes of image and of light. This Awareness suggests that this was mostly a fluke, but that it exposes a potential technological ability to create intentional sequences of frames which can bring about similar results for more sinister purposes.

This Awareness suggests that the ultimate source of this coincidence does indeed reflect upon certain frustrations within the consciousness of this particular cultural region, in that certain negativities are emphasized which can manifest and bring about events otherwise less likely to occur. In this case, a statistically unlikely sequence of events thrown together to create this negative outcome was based upon the negative holdings of the mental majority, regarding the expectation of negative outcomes in many areas.

This Awareness suggests that this incident can lead to specific testing and manipulation of this technology to bring about negative results, but entities can protect themselves with certain simple suggestions and protective spiritual barricades. This Awareness suggests that there is no need for panic in a situation such as this, yet a caution to be aware and apprised that certain creative minds with perhaps limited perspectives, may seek to recreate such technology for more devastating results.

If we have completion, we can continue.

WHAT ARE "SKY QUAKE" ? (And What is Causing Them?)

QUESTION:

Another question from David Nihoa. He writes: "I have a question for Awareness. In the past few years there has been a major increase around the world of what people are calling "Sky Quakes". They are very loud booms heard in clear weather, with no visible aircraft in sight. Will Awareness comment on what is causing this?"

COSMIC AWARENESS:

This Awareness suggests that this phenomenon has to do with electrical fields and energy associated with the phenomenon of lightning and thunder. This Awareness suggests also, that the energy held within a local community can influence substantially these types of physical phenomenon, and in the area where such Sky Quakes are occurring, that the collective energy is facilitating and interacting with the natural electrical cycles and influencing them in this manner.

This Awareness suggests that there should not be an abundance of concern, but that this can afford an interesting opportunity for group studies and experiments regarding consciousness and its focus, wherein certain parallels are drawn between the local community, certain occurrences, accepted thought frameworks, and such activity as the Sky Quakes mentioned.

This Awareness suggests that the scientific study of this phenomenon can begin to point consciousness in directions which shall eventually bring about the reality of the association between emotional energy, existing thought systems and electrical activity, and even specific weather patterns. This Awareness suggests that entities stay tuned for such activity.

If we have completion, we can continue.

FOLLOW-UP QUESTION:

Could the HAARP project in Alaska, the secret HAARP project, have anything to do with the Sky Quakes?

COSMIC AWARENESS:

This Awareness suggests there does not appear to be a direct connection between any physical activity described under such a plan, however, this Awareness does indicate that certain energies associated within entities generating fear from such projects, can actually be a much stronger creative influence upon such physical phenomenon than the activities of those involved themselves.

If we have completion we can continue.

Who is George Soros?

QUESTION:

A question from Eve Martin, in Honolulu. She writes: "A question for Awareness. Who is George Soros? He was featured in *Time* magazine recently and described as a billionaire financial genius and master social engineer. He strongly supports education, freedom of speech and human rights projects. I figure a man who "broke the bank of England" can't be all bad, but the master manipulator image bothers me.

"Is he playing a major role in rejoining and reshaping the world's financial system? Is he playing a positive or a negative role?" she asks.

COSMIC AWARENESS:

This Awareness suggests that both positive and negative evaluations can be rated upon these particular activities depending on those making the evaluations. This Awareness suggests that certainly those having experienced being broken financially do not consider this entity's efforts to be positive; however, in a more universal sense, in the spirit of the question asked, this entity appears to be aligned with spiritually intended values such as affording opportunity and freedom and education, and that he accepts the limitations of mass consciousness and the actions that are necessary to affect change within skewed and unreasonable situations, and that manipulation of money markets and financial industries is the necessary and most effective technique to bring about his long-term goals.

This Awareness suggests that this is one of many entities attuned to the necessary changes, the centrist, the balance, the ending of the polar shifts between opposing perspectives, so that war energy and community can be pooled and utilized rather than a continuing struggle of tug-of-war between opposing mental climates. This Awareness suggests that this is part of the shifting consciousness and the essential political building blocks are now in place to facilitate the rush of progress and the shifts of consciousness which shall rapidly expand and accelerate human civilization at the turn of the millennium.

Share and Spread Your Light to Hurry Up the Big Change

This Awareness suggests that entities can begin to align themselves with activities which facilitate freedom, opportunity and education, so that they can add individual energy and impetus to bring about this change even more rapidly, and that the specific Light-workers associated with this organization can exert a powerful influence upon their immediate community, so that the critical mass can be attained, even more quickly, with even more fulfillment than promised.

If we have completion, we can continue.

ARE WE CREATING A "CULT OF DIANA" ? (Why Her Untimely Death Profoundly Affected the World)

QUESTION:

A question from Noah Phillips, in Philadelphia. It's more of a statement than a question, I think, but I'll read it. He writes: "Could I ask you a question? Now, I may not be on the band-wagon. Are we creating a cult fashion with Diana? I mean, if I were rich and famous, of that sort, I would do some things too.

"I understand it was really hard on people close to her. I give Prince Charles a little credit. It's not about liking him, but he was a little guy once too, distant from love. Okay, you grow up, you are supposed to know better. At least he stood up to the Queen. He probably has a dark side too. I just feel there is something we should be

careful of when there is a mass fan club. All kinds of things can creep in."

Could Awareness comment on his statement?

COSMIC AWARENESS:

This Awareness suggests that what is described as a mass fan-club exposes the power of mass-consciousness and how it can be applied for positive appropriate reasons, or for any reason mutually agreed upon. This Awareness suggests that such a mass fan-club perpetuating energy toward a negative outcome can manifest just such a negative outcome.

This Awareness suggests, however, that given this specific example of the British royalty and Princess Diana, that there was more to this 'fan club' than a simple object upon which the mass-consciousness could focus. This Awareness suggests that there were certain universalities personified by this entity, as well as certain cultural expectations, hopes and dreams, and that the Destiny Path of this entity was to call attention to such conflicts between cultural expectation and spiritual intention.

This Awareness suggests that this entity chose the experience of the public spotlight and proceeded to be a human being acting upon external directives and trying them on for size. This Awareness suggests that the entity, a naive and hopeful young woman entering a realm steeped with external dictates, the duty always requesting that they be placed above the internal dictates of Spirit.

This Awareness suggests that in her integrity and hopes to succeed, she adopted such external dictates, which, one by one, frustrated her spiritual inclinations to the point that tremendous negativity and emotional experience resulted. This Awareness suggests that this was played out before the entire world, as they watched the transformation from one young and eager to please, following the external dictates to the 'T,' down to appropriate curtsies and smiles without regard to the spirit within, or interest of the spirit within, yet this particular entity was attuned to the spiritual signal to the degree that she was aware of the spiritual frustration and chose the message of Spirit over the external dictates of the entire established community.

There was a deep resonance within the spirit of each and every entity observing this incident upon the royal human stage, wherein each and every entity intuitively understood the 'rightness' of her decision to be a human being in a living spirit, rather than a trophy or a figure-head, or a mouthpiece for outdated tradition, stifled and spiritually frustrated.

This Awareness suggests that each and every celebrity who captures the attention and takes their place upon the world's stage indeed offers an opportunity for entities to explore their own relationship between mind and spirit, between external dictates and social codes, and internal impetus and signals from spirit.

This Awareness suggests that as entities absorb the information and understandings contained in the Lessons of Enlightenment, that a great deal of wisdom can be obtained from analyzing those who appear upon the public stage, who produce mass fan-clubs and who live and die in the public spotlight.

This Awareness suggests that the concern regarding where mass-consciousness and attention and value should be placed is a quite legitimate one, in that the take-home message is that entities should individually ferret out those belief systems within the individual mind and take active steps to remove the faulty ones from themselves and from their community as well, so

that when mass-consciousness does indeed focus its intention, that intention is clear and aligned with Spirit, rather than frustrated, maligned and painful.

Advice for Women Who Check Their Breasts

QUESTION:

A question from Florence Peters, Santa Maria, California. She writes: "I have been a believer of religion for over 50 years. This belief I have tried to follow because it teaches people to love all of God's Creations and that your mind controls the body. So, when the doctors say that a woman must check her breasts every month, this is the scenario:

Woman: "I must check my breasts!" Mind: "What are you looking for?" Woman: "I'm looking for lumps." Mind to Body: "Let's give her some lumps!" and she asks, "Can you check this theory with Cosmic Awareness?"

COSMIC AWARENESS:

This Awareness suggests that there is a great deal of validity in this statement, particularly if the seeker understands that the woman is also the mind. This Awareness suggests that there is a certain mania within human consciousness regarding cancer, its sources, its threats and its cures, so that the suggestion alone can facilitate conditions which support the disease rather than prevent it.

This is accurate as described. This Awareness suggests that were it not for a belief that cancer is imminent, that the action of searching the breasts would not follow. Without the existing belief, such intention is less likely to be communicated, however, given the existing hysteria with reports from mass media citing cancer-causing effects in everything from climatic conditions to energy fields, the disease itself is far more empowered.

For this reason it is essential for entities to put in place active belief structures which facilitate the innate healing which is their potential and their destiny and their right. This can be accomplished with the daily meditations described, particularly in the Meditation of the Clock,* in the area of physical health; that a body bolstered by a daily dose of energy supporting the belief in its well-being and innate capacity to self-maintain, would be a far better cure than the daily fear and anticipation and the physical seeking-out of the inevitable outcropping of a cancerous tissue.

This Awareness suggests also, that as entities become attuned to the emotional feeling system, then as mind, body and spirit become the interactive harmonious dynamic system that they can be, that the prevalence of such immune disorders as cancer become far less than they exist presently.

This Awareness suggests that this entity who subscribes to this thought system has struck upon some universal truths regarding the manifestation of Will Energy as it relates to the belief systems held, and that utilizing this understanding, reversing it and replacing the expectations of ill health and cancer, the expectations of positive health, balanced immunity, happiness and wholesomeness to facilitate that alternate result.

*The Meditation of the Clock can be found in "Revelations of Awareness" No. 97-12 (\$3.00 from CAC)

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