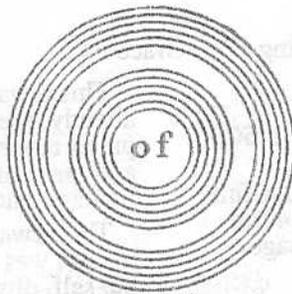


Revelations

The Cosmic Newsletter



Awareness

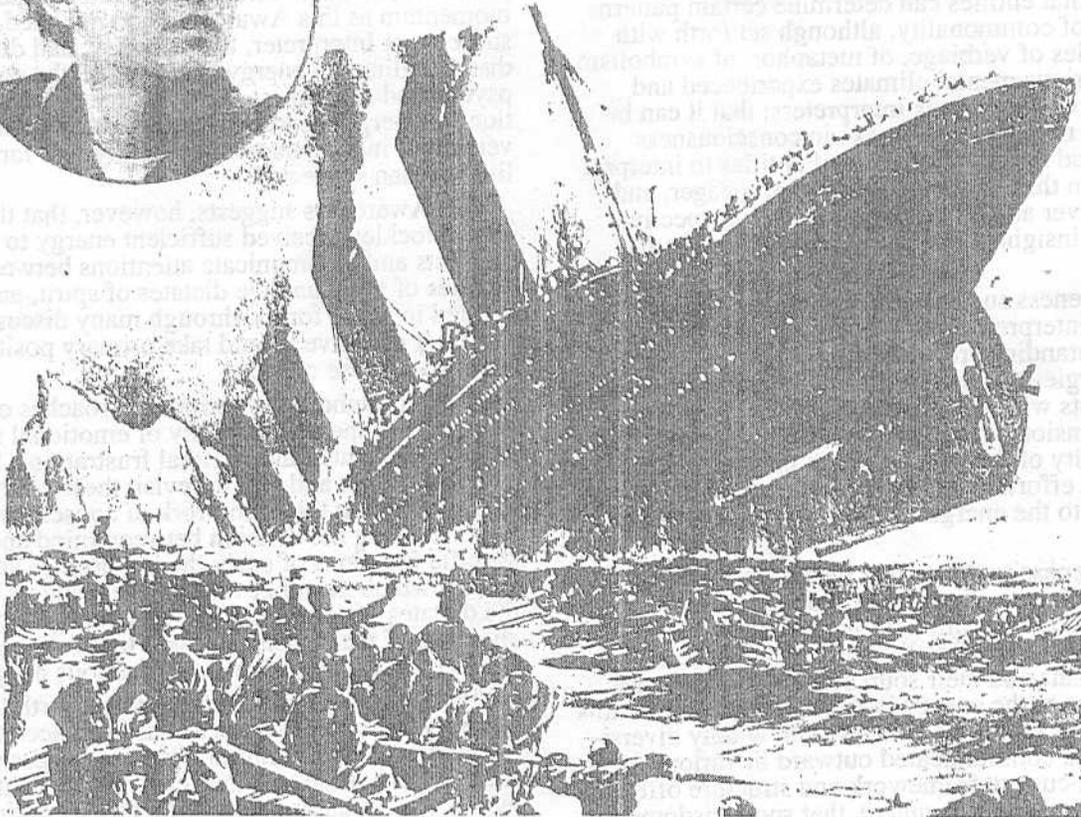
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Celebrating our 26th Anniversary



The Leonardo DiCaprio Phenomenon (Why teenage girls can't get enough of him)

---Will the Pole Shift and Three Days of Darkness Begin August 22, 1998 as Predicted ?

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Cosmic Awareness Comments on Issue 500

QUESTION:

Awareness, we're here today, Easter Sunday, a full moon, with Grace as Interpreter, and this is her 42nd session. Does Awareness have an opening message?

COSMIC AWARENESS:

This Awareness suggests that regarding the recent edition of the 500th issue of *Revelations of Awareness*, that such information being formatted to give an orderly chronological flow of the history and functions and various Interpreters within this organization; that such has afforded an opportunity to call attention to the various perspectives, unique attunements and individual styles of Interpreters of this Awareness through this organization.

This Awareness suggests that from the information distributed, that entities can determine certain patterns and threads of commonality, although set forth with different styles of verbiage, of metaphor, of symbolism, given the various mental climates experienced and verbal skills of the various Interpreters; that it can be beneficial to note how the cracks in consciousness which allowed the manifestation of entities to interpret energies from this Awareness, however meager, and from whichever angle of perception and perspective, that specific insights have been recounted again and again.

This Awareness suggests that the initial revelations through the Interpreter Ralph Duby set the climate for initial understandings regarding the universal accessibility of energies of this Awareness, wherein the innate capacity exists within each and every entity and how there were tensions and conflicts within various aspects of individuality of the psyche which through reasoned development efforts, could pave the way for expanded accessibility to the energies of this Awareness within the masses.

This Awareness suggests that messages that would follow from various interpretive sources, were a reiteration and continuation of this initial truth, with particular attention paid to the separation aspects between humans and their source, between mind and spirit, and that as the energy in these fundamental truths was received in varying degrees within widely diversified minds and communicated outward in various forms; that given the current framework and structure offered in the *Lessons of Enlightenment*, that such wisdoms can be revisited with more clarity of perspective and understanding.

This Awareness suggests that within the heavy symbolism utilized by the entity David Worcester, like the tale of the Fall from Grace and the separation between the Source and the entity, and how humans are challenged to awaken from the illusions of mind which create such separation; he communicated in his symbolic style how entities are pulled from within toward their higher potential, to restore that missing connection.

These insights would be expanded upon by the entity Danton Spivey, wherein specific aspects of the individual psyche and mental and physical abilities were specifically addressed, which contributed to certain conflicts between mind and spirit. He pointed out how fear of losing one's identity compounded these conflicts, and how it was necessary to sacrifice the need for an identity of mind to allow the freedom and inner truths of spirit to emerge. He emphasized the newness of each moment and how beliefs carried forward from the past often thwart human growth.

This Awareness suggests that although there were already three quite different perspectives, each Interpreter reiterated that the truth could be found within, and made allusions to the Golden Dawn and the Enlightenment, the New Age.

This Awareness suggests that the energy and information was also well received regarding components of the self, dimensions of the psyche and existing dictates within mass-consciousness regarding spirituality as opposed to self-ishness, wherein the energies regarding spiritual intention as it speaks through certain aspects of self, fell by the wayside.

Energy which had achieved certain clarity within the entity Spivey began to unfold; understandings regarding the self, which would begin to untangle the individual, the identity from certain dogmatic dictates and ideologies which had relegated the self to the human compost pile; a trend which unfortunately did not gain as much momentum as this Awareness had intended, wherein the subsequent Interpreter, Mr. Mooney, had difficulty disentangling the energy of spirit and the concepts of psyche and selfishness to the degree that certain separation was perpetuated. Although he noted that the mind's version of individuality and identity was far more limited than suspected.

This Awareness suggests, however, that the entity Paul Shockley received sufficient energy to note the conflicts and communicate attentions between the dictates of mind and the dictates of spirit, and communicated in many forms, through many discussions, that the inner directive should take primary positions of value over those of mind.

Also, throughout the various approaches of these entities, was the commonality of emotional signals which represented the spiritual frustrations, however misunderstood, and that to revisit these contributions at this time within the framework of consciousness, of understanding the division between mind and spirit, as specific functions of each; the importance and empowerment which lies in governing the contents of mind by the dictates of spirit, and to continuously drive out the sly foxes of mass-consciousness to prevent the mind from creating that which is not desirous of spirit.

This Awareness suggests that to set forth the specific excerpts and contributions as has been accomplished in the 500th Issue celebration, that it is suggested that entities mine these previous contributions through the lens of understanding now within the consciousness, so that the universality and flow and enduring nature of this Awareness is evident and can be recognized within the parameters of each and every individual consciousness.

This Awareness suggests also it provides an opportunity to examine how specific perspectives and mindsets and experiences can allow intuitive guidance and wisdom and energy to be filtered and directed into metaphoric or alternate conceptual frameworks. This is not only true for Interpreters of this organization, but also within each and every individual as they begin to access their own inner pathways to this Awareness.

This Awareness suggests that this a successful historical perspective on the evolution of individual consciousness through the eye of the readers and members and participants and Interpreters and leaders of this organization, so that early stammerings and stumblings have added upon one another. The energy has built with each successive communication received and expressed; that the lines of communication or breadth of consciousness is expanded ever so slightly with each and every such success.

This Awareness indicates that it is now to the point where such successes can be shared far more liberally than has been achieved or even suspected as possible in the past, and that this historical perspective can disclose this truth. This Awareness suggests a hearty congratulations and encourages readers and members to make the most of this opportunity to recognize patterns within this organization that resonate to patterns within the self, and encourages the broadening of receptive centers, and flexibility of belief systems, whereas each and every entity can receive the fullest, the clearest, the most meaningful intense clarity of energy from this Awareness.

If we have completion, we can continue.

Where Do Our Thoughts Come From?

QUESTION:

A question from Jack Manuel, Paramus, NJ. Actually, two questions. I'll read them as one. He asks "Where do our thoughts come from? From our mind or from our spirit? Clearly our brain is an organ, but is our mind an organ also, an organ or a tool at the service of the spirit?"

COSMIC AWARENESS:

This Awareness suggests this is a valuable insightful question, and as the entity suspects, there is quite a broad degree of overlap in the concept that is described as mind, versus the functional physical vestige known as the brain. This Awareness suggests that that which is described as 'thought' is energy flowing throughout the synapses of the brain, giving life and spiritual spark to the memory nodes, patterns, and mechanisms which are both biological gifts, and the outcome of experiential learning.

Spiritual Insights Can be Generated by Thought

This Awareness suggests that thought can be generated from within mind, and thought can also be generated by pure spiritual insight. This Awareness suggests that entities are intimately familiar with specific thoughts which seem to have a certain spark of creativity, of ingenuity, of insight that seems to come from a source other than from within itself.

This Awareness suggests that likewise, entities know when the thought springs from experience or from memory or from expectation or from planned or habitual thought processes or from creative imagination. This Awareness suggests that the secondary class of thought is that which processes and organizes information and leads to further thoughts which process and organize information.

This Awareness suggests that the spiritual spark, those thoughts which contain spiritual insights occur within the consciousness of mind, but that they also occur in the physical consciousness of body in the form of human feeling. This Awareness suggests that thoughts specifically limited to those of mind do not invoke the feeling sense as those that contain the spiritual spark.

This Awareness suggests that this line of questioning can attune entities more finely to the innate system in which the spirit adjudicates the contents of the mind, for when the thought contains the spiritual emotional spark, it is providing a commentary regarding the usefulness and validity of the accompanying beliefs and attitudes of mind.

The Function of the Brain

This Awareness suggests that the brain is an incredible network and system that accommodates the cohabitation of mind and spirit simultaneously, yet with each having very definite functions and responsibilities. This Awareness suggests that entities begin to ponder the

various contents of mind, those thoughts which flash across the imagination, with particular attention to those which grip the feeling system, for they are indeed messages of the spirit, perceived as thoughts, yet validated as both thought and feeling.

This Awareness suggests that the most fundamental useful answer to this query lies in the distinction between the realm of mind and the realm of spirit, and it matters not that the functions of the two can interact in the attic of the human body known as the brain.

If we have completion we can continue.

What is the Future of Our Big Cities?

QUESTION:

A question from Kathleen Villareal, Houston, TX. She writes: "I live in a large city. All the good things and all the bad things that Awareness has spoken of through the years are apparent in this city. My husband and I have reconnoitered the surrounding area within a 100 mile radius looking for a better place to live, and we've decided that right here in the city is the place to be.

"In my city there is a wonderful diversity of cultures from every nation on earth. People learn to like and live with each other. There are all sorts of enterprises to satisfy any need or care. In any typical neighborhood there may be people that collect Welfare and some that grow marijuana in their back yards, while just down the street there are corporate managers that drive expensive imported cars.

"Mixed in are the people from other countries that bring their unusual cultures with them and practice exotic religions. We all seem to be living together peaceably enough. There are definitely problems of course: pollution, overcrowding, inefficient public schools, street people, decaying infrastructure, and oh gosh, the traffic! Stray political decisions affect us directly. It goes with the territory. Something always needs fixing.

"Would the Awareness please give us a prediction for the future of the large cities of America? Is there hope for our ponderous, yet thriving exciting cities?" she asks.

COSMIC AWARENESS:

This Awareness suggests that there is indeed a great deal of hope for these energy centers, these hubs of commerce, of social and artistic expression, which constitute a microcosm of the growing international connectedness, a community wherein diverse yet deeply universal humanity can exist side by side and recognize the flexibility of mind and the freedom of will to design radically different widely diversified and highly creative mental realities which create corresponding physical events to match them, all of which can exist simultaneously.

This Awareness suggests that as more and more diverse unique pockets of people assemble together in such communities, that they cannot help but begin to see the commonalties which exist as a bedrock below the obvious differences and diversities which exist merely as culturally consensual choices in the realm of mind. This Awareness suggests that as languages overlap, as religions overlap, as political affiliations, styles of eating, of sleeping, of dressing, of daily activity, that a certain tolerance and cooperative spirit can result which emanate outward from these hubs, energizing mass-consciousness with the flexibility to remove certain existing limitations, enduring negativities such as racism, self-righteous religious dogmas that depend on defiling the other, to elevate the self.

The Benefits of a Rural More Static Community

This Awareness suggests that as cities act as central energy centers for rapid assimilation and evolution of certain energies, so also have specific functions of other more rural, more homogenous, more static communities, wherein more connectedness is experienced, as opposed to the individuality, the rapid pace, individual freedom and anonymity often experienced by city dwellers.

This Awareness suggests that certain enclaves are representative of certain aspects of the mind and of the spirit relating often to specific need patterns, whereas the energy of the cities emphasizes the freedom of multiple opportunities and choices and relative individuality within such groupings, that the corresponding energy in more rural communities emphasizes the human need for connection, and control, and likewise certain ideological groupings, be they religious organizations, artistic or philosophical in nature, are representative of the elevation of the human need for personal meaning, and that ultimately, societies will evolve with living patterns reflected in physical structures and enduring conditions which accommodate and balance all 5 major human needs rather than accentuating one over another, or sublimating certain needs due to the fact that they are misunderstood as universal human needs.

This Awareness suggests that the energy and pace associated with the large city represents the rapid influx and change of a dynamic mind under the spiritual guide of self-development, wherein it is dynamic, constantly evolving with immigrants and emigrants which ebb and flow and shift the overall consciousness and energy like that of ideas and beliefs being accepted and rejected into a mind with the ever-dynamic change in identity, wherein the walls of identity are flexible rather than defensible, and spiritual intention is evidenced.

Evolving Mindscapes Similar to an Evolving City

This Awareness suggests that as entities evolve mindscapes not unlike those of evolving cities, that certain patterns will come to the fore regarding major lifestyle choices, wherein needs can be met in diversified ways which fall out into major categories, which will naturally result in entities gravitating towards such lifestyles and eventually physical locations, geographical locations known for such styles of living; that entities in particular states of development on specific Destiny Paths can venture in and out of cities, just as their minds venture in and out of developmental states.

This Awareness suggests that just as certain cities are known for their commerce or their geographic accoutrements of nature, that certain communities will in future civilizations be associated with complete styles of living, each and among themselves fulfilling and rewarding to humanity in general, yet with specific needs and values, structured to a specific developmental space or choice for spirits at any given moment.

Traveling in the Future is Like Experiencing Multiple Lifetimes

This Awareness suggests that to travel in and around and among and about between these various geographic locations is tantamount to experiencing multiple lifetimes or incarnations given the myriad choices that will exist. This Awareness suggests that this has not nearly yet become accomplished, but that the testing grounds from which these packages of choices of need-fulfilling political or social structures will emerge, now springing from the frenetic, energetic, diverse and intense cities such as the one you described.

VISIT THE TEMPLE OF LIGHT IN YOUR DAILY MEDITATIONS

Deposit your energy in this cosmic Bank. Withdraw it when needed for healing or personal use. Keep in touch with CAC when you start getting results!

THE RACIAL EVOLUTION IN THE U.S.

(Whites No Longer a Majority in 50 Years)

FOLLOW-UP QUESTION:

The other day they announced that...I'll just read a little of this article, that the United States is in a racial evolution. I think this confirms what Awareness has just said. "The United States is headed into a century that will bring greater ethnic and racial diversity than the country has ever known, and maybe greater turmoil. In just 50 years, Whites will no longer be a majority, and Hispanics will outnumber Blacks.

"Some experts also believe racial groups will be so concentrated that, in some cases, region and race will be almost indistinguishable. But such sweeping changes raise even more questions about what life will be like. Will race relations be better or worse? Will Whites maintain economic and political power? Will non-White minorities fight among themselves? How will the Federal Government define race for the purpose of handing out aid, and carving out Congressional districts, et cetera."

It goes on and on, but does Awareness see the answers to these questions raised by these new figures being positive more than being negative?

Cosmic Awareness:

This Awareness suggests that humans can choose the positive or negative in any scenario or situation, and that the more the understanding exists within the individual about such choices and how the spiritual guidance can and should be the ultimate deciding factor, that civilizations will evolve in a most positive direction.

U.S. is a Testing Ground for Future Global Community

This Awareness suggests that the trends and patterns described as now occurring in the United States are representative of the fact that this particular community is a testing ground for what will eventually be an interconnected global community. This Awareness suggests that geographical, racial, cultural, religious and political isolations which have existed in the past, have given way to the technological communication and transportation systems which forever have removed the successful isolationist approach.

Government Works With Human Nature Rather Than Against It

This Awareness suggests that the tenets within the United States Constitution, offering freedom, opportunity and the right to the pursuit of happiness, fulfill several of the universal human needs, in ways not yet accomplished in previous social systems and political structures, or within those communities governed by religious doctrines which are perhaps the most least conducive to spiritual evolution. Or more simply, the government works with human nature in many ways instead of against it. This is the result of many evolving energies and contributions of spirits over many lifetimes, but has not much to do with the genetic heritage or race of entities involved. For such nature and need patterns are universal to all humans of every size and shape and "race."

This Awareness suggests that inner directed entities from every language and culture and geographical grouping have flocked to the shores of the United States, driven by spirits longing for freedom, for the opportunity to control one's destiny, and to pursue happiness. This Awareness suggests that within the relative short period that this country has been in existence, that the very tenets of freedom and opportunity and the right to pursue happiness, have ensured that white European superiority will not necessarily continue unless it

embodies strategies conducive to maximum need fulfillment within and across all cultural communities in general.

This Awareness suggests that many alternate concepts have come along with the diversified peoples; many ideologies which are more fulfilling to spirit in certain of the human needs, and that without the continuing flexibility and dynamism necessary within any grouping, be it political, racial, cultural, or religious, that without the necessary adaptation and mental development, that any grouping cannot continue to be successful.

This Awareness suggests that as technology, as information, as transportation changes rapidly, affecting the very nature of human existence, that those who cling to ways of the past in blatant denial of the changes around them, will become like dinosaurs and that regardless of race, of culture, that the critical capacity to be dynamic and flexible and adaptive, to include within the structural beliefs of mind, each and every approach to any and every situation; that those with the maximum level of flexibility of mind under direction of spiritual intention shall rise to positions of power, to positions of control and positions of leadership irregardless of their cultural heritage.

This Awareness suggests that the choices indicated previously are less related to specific racial or cultural choices than they are to specific designed styles of living which emphasize certain needs over others, yet accomplish fulfillment of them all. This Awareness suggests that certain entities on Destiny Paths who find maximum fulfillment with artistic creativity, for example, might manifest within a specific community which facilitates such an endeavor, and is supported by cultural and religious and political ideologies which lend to these specific creative expressions, whereas an alternate community which focuses most intensely on the need for human freedom might attract a group of entities wherein maximum opportunities abound, with limited restrictions, cultural traditions which would limit freedoms as many in existence now do. There will be communities whose highest need priority will be that of connection, and so on, for each of the primary human needs.

This Awareness suggests that in each of these workable paradigms, however, all of the needs will be satisfied and it is the esthetic and destined desires of spirit which dictate the choices of lifestyle at any given time.

This Awareness suggests that these lifestyles or packages of living will arise naturally and that there will be gradations between the major paradigms in outlying communities which blend and spice them creatively, so that no longer will entities be inclined to defend a lifestyle, a religion, a political persuasion as any more true or valid than any other, for the understanding will be achieved wherein the tremendous mental flexibility and the consensual nature of values and choices within the physical realm, for the veracity of spirit which is the only valid judge, will have been accommodated in each and every system, so that tremendous mental flexibility and choice and freedom will result. And with need fulfillment will come happiness as surely as the river flows to the sea.

This Awareness suggests that as civilizations exist today, each is choked with limiting ideas and strategies which disallow the influx of myriad ideas and possibilities, for the trend is in to protect identities and boundaries of race, of family, of community, of religion, rather than embrace the understanding that the entity is ever-

evolving and identify shifts with every moment of altered consciousness.

Time to Think About Wild and Crazy Lifestyles

This Awareness suggests that the types of communities described will be far more fulfilling and rewarding to humans than that which now exists, and that entities can begin to design and contribute to such designs by declaring their individual and mental freedom and flexibility to design a style of living as wild and creative and unexpected within the given restrictions, and to slowly but surely break down such walls of resistance, the outdated codes and rule that seek to keep change as well as human nature in check. Entities are encouraged to begin to think along such lines and choose to create such varied and free styles of living.

This Awareness indicates that entities who have put together communal styles of living are moving in such directions, whereas they have decided to reject existing lifestyles and define for themselves that which they desire. That they come together with others of like mind and define for themselves the values and standards of living.

Avoid Cult-like Environments In Your Community

This Awareness suggests also, one caution regarding entities gravitating to such existing communities that are known as cult-like environments with leaders who proclaim to hold specific esoteric truths to share and impart, for such communities often relegate individual choice to the choices of others, and that these would be backwards steps rather than forward ones. The central value in defining the lifestyle is for each individual to make their creative contribution, not to acquiesce to the leadership of another. For the wisdom will, and should be allowed always, to flow from within, not without. There have been many idealistic, spiritually driven entities who have been lacking in understanding their own inner voice, who have traded their very freedom of thought for living, and often dying, under such leadership.

This Awareness indicates that the choice should always remain within the individual to self-determine, and that any existing structures of society and institutions should reflect that individual flexibility and individual empowerment and control. Those that do not will eventually become like the dinosaurs, but in the meantime, entities can give away their power to others who will happily take it.

If we have completion, we can continue.

THE LEONARDO DI CAPRIO PHENOMENON

(Why Are Young Girls Going "Gunnybag" Over This Entity?)

QUESTION:

Awareness, there's a phenomenon occurring right now about an entity playing in a movie called the "Titanic." His name is Leonardo DiCaprio. My granddaughter, who's 15 years old, I believe, has seen this movie 13 or 14 times. As a matter of fact, she's seeing it *this* very moment. And when I've asked her what is the attraction, she says "Leonardo," which is sort of an answer, but there must be more to this.

I've pondered over this, and the other day I ran across what appears to be a partial answer to this phenomenon in a little article by Russell Baker that was in the New York Times which I'd like to read, and ask Awareness if *It* has any comment or additions to this, because even Russell Baker doesn't quite answer the question. Something is still missing. But he writes:

Juliet Capulet, they say, was 14 when she lost her heart to Romeo Montague. According to the 1996 movie about that affair, Romeo looked exactly like Leonardo DiCaprio, the

romantic lead in "Titanic."

Hordes of modern Juliets, brand new to puberty, are so fetched by the maritime manifestation of DiCaprio that they sit through "Titanic" again and again to be with him before the cold Atlantic asserts its irresistible claim to his charms.

Friends tell me of 14 year old girls who have already seen the movie six times. Six times! I gape and wonder at the emotional chasm separating me from age 14!

"Titanic" runs well over three hours. One viewing was two hours more than enough for me! Spending over 18 hours with it would be, well, not so bad as a month in a chain-gang. More like a week in high school, maybe.

The DiCaprio phenomenon is not new, however. Frank Sinatra, believe it or not, kiddies and boomers, Frank Sinatra! once had power to reduce adolescent girls to such quivering swooning and cries of pagan ecstasy that Dad kept a shotgun handy at the front door for use, should Sinatra ever come calling.

The Beatles had the same effect on young girls of the Boomer generation. By that time, Dad, having fallen under the influence of Dr. Spock, had put the shotgun away and contented himself with asking mom to make sure daughter didn't go out without her pill.

Thus arrived the age of the "Groupie," a polite synonym for "camp follower," connoting a very young woman, available for Corybantic frenzies with stars of the performing arts, including sports.

Scanning ancient texts, I find stories of female mobs in the 1930's (ages not indicated) tearing garments off one Robert Taylor, a new movie star. Taylor, a model of 1930ish male beauty, went on to pioneer the wooden-Indian acting style later brought to perfection by Robert Stack. Maybe the women snatching his clothes were on his press agent's payroll.

In my childhood memories of selling the Saturday Evening Post door-to-door, I still hear the voice of young Bing Crosby coming out of radios all over town every afternoon and remember that it was a bad hour for a magazine salesman to call on the woman of the house. Bing Crosby a sex object? The mind reels!

DiCaprionic powers do not even begin with modern show business. Franz Liszt, the greatest pianist of the mid-19th Century, was said to have been so irresistible that he could have had any woman in Europe. And what about Lord Byron!

I can only speak for myself, not the male multitudes, but it would not startle me to learn that many of us would secretly like to punch these male sex objects in the nose.

Sure, it's envy at work! What heterosexual male does not want to be irresistible to women? (Homosexuals often seem to manage it without trying, probably because they are not trying.)

The desire to be irresistible to 14 year olds, of course, declines in most men as they hit the age of 17, but even beyond the frosted age of 30 one would like to think that women of whatever age are powerless to gaze upon him without feeling disturbing internal flutterings.

But for whom do they flutter? For the DiCaprios of the world? For the Sinatras, the Crosbys, the Liszts, the Byrons?

There is no explanation for this unless--God forbid-- we drag in old Grandfather Freud. Why are 14-year olds flocking to see "Titanic" time and again, but not to see "Good Will Hunting"? With Matt Damon, "Good Will Hunting" has a leading man with a friendly 16-year-old face and a winsome smile. He is practically interchangeable with DiCaprio, you might suppose, but it is not Matt whom the 14-year olds-pay and pay and pay to see, so they can feel that dreamy look settle into their eyes.

Is it because Matt gets the girl in the end, while Leonardo

succumbs to hypothermia? A New York Times editorial suggested something like this, and it's tempting to go along. An early death always tugs the romantic heartstrings more sweetly than getting the girl, provided the death isn't happening to you, or somebody you know.

Still, most young male sex objects do not die, but live on until new crops of 14-year-old girls can only marvel that grandmother ever swooned over such relics. Even in their rocking chairs, of course, relics have the memories. Most of us don't."

Now that was the end of his observations, but he still didn't answer the question. Does Awareness have any further comment on this DiCaprio phenomenon?

Cosmic Awareness:

This Awareness suggests that there is a great deal of information about the present state of humanity and of the unfolding consciousness, of the universal human needs, of the aspects of mind and of spirit, all embodied in such cultural phenomenon as that described with this particular entity and this particular film production. As always, human creative artistic expression which reflect the stirring of the consciousness of the times, which when successful resonate within humans, striking the chords of deeper inner patterns, and this epic adventure is no exception. It is fruitful to analyze and discuss such artistic expressions and note the ebb and flow of values and tenets of mass consciousness.

This Awareness suggests that this particular film production has attained a level of international success that has obviously struck just such a chord, making it an excellent source of information to discuss and direct the conscious understanding. In specific response to the question regarding the attraction of adolescent girls to this particular entity known as Leonardo DiCaprio, it provides a starting point for such discussion. There are many factors at work here interacting, which can offer examples toward enlightenment.

Young Girls Responding to Spiritually-Directed Emotional Signals

This Awareness suggests that women at their budding adolescence, at age 14, flooded with physiological hormones beckoning, connecting spirit and body, provides particularly intensities of emotional experience. But none-the-less quite legitimate, meaningful and spiritually directed emotional signals.

This Awareness suggests that emotion communicates spiritual intention and attracts humans to that which can fulfill the innate spiritual needs and repels them from those ideas, beliefs, situations and people that frustrate them. The feelings attract the entity to that which will yield self development and expression as surely as the wind does blow. This Awareness suggests that the human capacity to experience love is perhaps the most powerful of human gifts and intensity of emotion, which exists regardless of whether or not there is an object of such affection to fully receive and acknowledge that energy.

This Awareness suggests that entities of the female persuasion at the given age of 14 are considered in American cultural society to be children rather than adults, for adulthood yawns before them, from their perspective what seems a lifetime of 4 full years, and from then, another, perhaps 4 years, of dependence through college, wherein a decade shall pass before they are considered to be adult enough to partake of this incredible union of spirits wherein they can be of suitable acceptable age to marry and channel these intense feelings of love. So what are they to do with this wellspring of emotional, even sexual energy that electrifies their minds and bodies?

The Love Energy Always Seeks an Outlet and Flows

This Awareness suggests that without acceptable outlets for genuine spiritual necessity, for connection, excitement, freedom, movement and expression, that entities quite naturally create objects, be they secret classmate crushes, or through the worshipping of an older respectable community member, or even in the self-destructive acting out in actual physical relationships; that this power of love is often larger than the limitations of mind. But that an object will be created, whether it remains within the realm of imagination or is actualized in another human, the love energy will flow.

This Awareness suggests that this particular entity makes a most suitable object for such affections, for the energy of love also connects with the energy of freedom, of self-expression, of success, of faith and youthful optimism. This Awareness suggests that this particular entity has the specific physical countenance which suggests boyish idealism, youthful innocence, and jubilant, joyous enthusiasm is most suitable to females of this age.

This Awareness suggests that if this entity was perhaps more muscular, darker, with a great deal of masculine accouterments such as hairs about the body, or that he had struggled with human fear and weakness, that this phenomenon would be much less easily observable. For there is safety in the manchild DeCaprio.

This Awareness suggests that this epic tale carries additional energy due to its recreation of an actual historic human event which in and of itself is embodied with a great deal of energy from mass-consciousness by nature of its authenticity and the tragic human suffering and human folly that it embodies. But in addition, this specific character is representative of an utterly centered, and completely free spirit, directed completely by the spiritual impetus, the feeling of the moment, that faith in spirit that life will work, that courage to explore and relish life in every moment. The character is just as happy sleeping under bridges and sipping champagne for he understands that his spirit will always lead him to where he needs to be.

Each and every such characteristic resonates within the spirit of each and every human being, for such an attitude rests upon a very sound collection of beliefs, upon a mindscape that works very well at meeting spiritual needs. This taps the inner knowledge that such a fearless and faithful mindscape is the goal. So it in and of itself will be attractive to any human. These energies compounded with the love energy interact, catalyzing the power and charisma of this entity to what has been described as DiCapronic proportion.

This Awareness suggests also that the particular scenario in this tale with the woman, the heroine, who is also representative of the free spirited spiritually directed, happy, impassioned individual, also resonating to each spirit desiring fulfillment of such needs within themselves. This compounds the attraction since young women can relate and aspire to such freedom and spirit themselves and thus can relate to the heroine in her own attractions to their free spirited entity.

This Awareness suggests that as adolescent girls become more familiar with the expectations and limitations of mass-consciousness, that a pall of darkness descends upon them when they recognize the limitations placed upon them simply by virtue of their biological sexuality. The fearless rejection of such constraint by the heroine reinforces their own inner knowledge of such social injustice.

Awareness Analyzes Rose of "Titanic"

This Awareness suggests that although humans have

made great strides in relaxing the boundaries and expectations and limitations placed upon the sexes, that women still experience tremendous limitation, with expectation, to exhibit specific physical qualities and mannerisms, complacent and controlled, that the spirit automatically experiences the pain of frustration upon such realizations usually encountered during this age group.

This Awareness suggests that this particular woman: Rose, in the tale, began as a woman bound within the limitations of her culture, the expectations of her family, relegating herself to a life of subordination, in exchange for security; that in the course of this tale of this epic of encountering and relating to this free-spirited artist, this entity achieved tremendous freedom and release from the social mental structures that had imprisoned her.

This Awareness suggests that each and every female resonates to this particular freedom, and to witness such a transformation allows the spirit to sing. This Awareness suggests that a great deal of the attraction for these women repeating this experience and attributing the attraction to the male hero, is a misattribution of much of the energy and attraction to the female liberation experienced through the association with this free-spirited young man.

This Awareness suggests that this particular artistic contribution is indicative of many converging energies and patterns within humanity, so that human frailty, human audacity and the confrontation with the limits of the human mind when faced with ultimate challenges of spirit, that the mind can indeed inflict such damage upon itself; that it can bring about its own demise.

This Awareness suggests that another dynamic involved as well is that entities of every age-group resonate with spiritual expression in artistic forms such as those culminating in this epic production. This Awareness suggests that the impetus lies within each and every entity to develop the mind to accommodate the specific unique genetic spiritual contributions along the Destiny Path and that mechanisms have yet to be put in place, understandings have yet to be attained within mass-consciousness to facilitate expression, so that a tremendous degree of frustration is experienced in this dimension of human need.

This Awareness suggests therefore, that for this reason, entities feel a spiritual resonance and a pleasurable acknowledgment that it is indeed possible, when they see the successes of other human beings creatively expressing in such effective manners. This Awareness suggests that from this impetus springs the phenomenon of the celebrity, wherein such entities become icons within their culture and such frustrated creative energies is directed at them instead, and they in turn are disallowed certain human rights and privacy and freedoms by virtue of the attention and energy misdirected at them.

This Awareness suggests that it is indeed a great spiritual burden to bear to be the target of such intensity. This Awareness suggests that as civilizations evolve, as outlets are provided, understandings will fall into place wherein entities understand the nature of the mind, the nature of the spirit, and assume from early ages, facilitating beliefs and ideas wherein needs are rebalanced and fulfilled, opportunities are in existence in every area for entities to find need-fulfillment, so that such vicarious venting and fictitious objects need no longer be fabricated for real and genuine emotional energy.

This Awareness suggests also that this entity attracted energy from yet another source, from another of the

human needs wherein he found meaning in each life event and acted upon each opportunity, allowing his life to unfold with maximum fulfillment even until the moment of his death. This character exhibited an unflagging faith in spirit and in his destiny, so that each moment is experienced in the now, in the present, without chains from the past, or expectations of future, wherein each moment is experienced to the fullest, and fear did not once intervene. This being a highly desirous mental attribute also.

This character in contrast to the one mentioned in the competing film "Good Will Hunting," and even with former characters portrayed by Leonardo himself, the young man Matt Damon, described as interchangeable in appearance and demeanor, experienced far more human struggle than the carefree and fearless young artist Jack. Although he was of genius mental ability, he had been heavily influenced by abuses from his experience that had colored his choices and actions and drove him from a position of fear and anger, a tendency far too human to resonate as desirous within spirit. In an earlier tale the fair Leonardo also portrayed emotionally disturbed and mentally constrained characters and was not nearly so successful in capturing so many hearts himself. The heart desires the ideals and attracts humans to them to foster self development and expression. The spirit is not attracted to its own suffering and limitation.

This Awareness suggests that it is highly rewarding for entities to observe and experience such unflagging faith in spirit, connection, meaning and joy in each moment regardless of the level of life challenge. For this is in fact the spiritually intended faith and focus of every human being when they are attuned to the voice within and on course toward their maximum fulfillment and progress upon the Destiny Path.

If we have completion we can continue.

BLUE SKY DARKENING: IS THIS A SIGN OF THE PHOTON BELT?

QUESTION:

A question from Leo Wheeler, Santa Monica, CA. He writes: "In the past Awareness did say that one of the signs that will indicate the effects of the Photon Belt, will be the darkening of the blue of the sky. In Arizona I have seen that at high elevations, we do have darker or deeper blue skies. Now at sea levels at Santa Monica, CA., the sky is a darker hue than I can remember in the past. This suggests to me that we are in a deeper connection to or with the Photon Belt.

Please clarify our situation with the Photon Belt event," he asks.

COSMIC AWARENESS:

This Awareness suggests that there has been in fact a degree of physiological alteration given this phenomenon. This Awareness suggests that much of what has been described as a physiological phenomenon is on many levels more accurately described as a psychic phenomenon wherein the Photon Belt is likened unto the Enlightenment, for photons are units of light.

This Awareness suggests that each entity is perceptually attuned to specific wavelengths of color, of light, of sound, of pure energy, which vacillate depending upon the consciousness and the liberation of spirit. This Awareness suggests that the perceptions experienced by this entity are in direct proportion and can directly result from specific mental shifts and awakenings that he has personally experienced, bringing light to areas which before had been relegated to the darkness of limiting beliefs.



This Awareness suggests that the color blue specifically resonates to the energy within the system, associated with spiritual expression and that this particular entity has experienced liberating successes in the realm of creative expression where energies were backlogged, previously creating frustration and physiological disturbance within the throat area, and that corresponding to this shift in perception, which has been attributed to external forces within the photon phenomenon, can be related specifically to these alterations within the individual consciousness of this entity.

This Awareness suggests that other entities of a similar geographical community may or may not perceive the same alterations in the color of the atmosphere than has this entity, and yet each perception is equally valid. If we have completion, we can continue.

New Information on Vitamin-C

(If a Little Vitamin C is Good, More Must be Better: Wrong)

QUESTION:

For many years Awareness has advised the membership to take Vitamin C as an antioxidant and immune builder, and sometimes in large amounts. The other day a study came out that says Vitamin C is a hazard, and I'll read a little of this. "Those who think that if a little Vitamin C is good, more must be better, should think again, says a team of British researchers who've found that a supplement of 500 milligrams a day could damage people's genes.

"Many Americans take that much or more in hopes of preventing colds and reaping the widely celebrated antioxidant benefits of Vitamin C. Antioxidants, which block cellular and molecular damage caused by the highly reactive molecule called 'free radicals' are believed to protect against heart disease, cancer, eye disorders such as cataracts, and macular degeneration and other chronic health problems. But the British researchers, chemical pathologists at the University of Leicester found in a six-week study of 30 healthy men and women that a daily 500-milligram supplement of Vitamin C had pro-oxidant as well as antioxidant effects on DNA, which houses the genes.

"The researchers found that at the 500-milligram level, Vitamin C promoted genetic damage by free radicals to a part of the DNA, the adenine bases, that had not previously been measured in studies of the vitamin's oxidative properties." Would Awareness comment on that article, please?

COSMIC AWARENESS:

This Awareness suggests that this effect is related to the absorption of the supplement of Vitamin C into the system. This Awareness suggests that natural sources of Vitamin C have the natural absorption, and that concentrated capsule supplements, although beneficial, are

often far more difficult to absorb. This Awareness suggests that this puts strain on several systems within the body and also can contribute to what is described as the oxidant effect. This Awareness suggests that the most benefit can be obtained in consuming Vitamin C in its natural sources, and in the combining of supplements in formats which serve to decompose the materials before consumption and align them with other consumables to assist absorption.

This Awareness suggests that stress from nutritive substances is also experienced upon the kidneys and filtering systems, wherein the unabsorbed materials linger within the systems, affecting them in often negative ways, including this oxidant effect, so that the body responds by eliminating them through an immune response, invoking many filtration systems including the kidneys.

This Awareness suggests that the specific combinations are unique to the individual biological makeup, so that specific suggestions of a universal nature are unavailable, but that entities can ascertain on an individual basis those combinations of commodities which are conducive to their own digestion and absorption.

This Awareness suggests that entities concerned over such effects would benefit the most from returning to natural sources of each and every nutritional requirement. This Awareness suggests also that to empower a belief that detriment is occurring to the body from any activity, be it eating, drinking, or taking vitamins, can add additional power to any legitimate tendency or effect, and it is suggested that such beliefs and fears be minimized.

If we have completion we can continue.

THAT ASTEROID THAT COULD HAVE STRUCK EARTH

(The fast Retraction: Is There a Cover-Up?)

QUESTION:

Awareness, on March 12th of this year the papers headlined the news that an asteroid may have a close call with earth, coming in the year 2028. Astronomers estimate the asteroid will pass inside the orbit of the

moon, but it could collide with earth. A brief bit of this article: "A mile-long asteroid described as "the most dangerous one we've found so far" may be on course for a 2028 collision with earth and certainly will pass closer than any such object in modern times, astronomers said Wednesday.

"The chance of an actual collision is small, but one is not entirely out of the question, according to a notice filed by the International Astronomical Union, but asteroid specialist Jack Hills said the speeding space rock called Asteroid 1997XF11 poses a real danger to earth. "This is the first really big one to pass this close," said Hills, a Los Alamos National Laboratory scientist. "This is the most dangerous one we've found so far. It has enormous destructive potential" and so forth.

Several days later the media put out the information that these scientists had made an error and the asteroid was not dangerous and would not come close to earth, which to old conspiracists seems suspicious, and now today they're putting out that NASA feuds over the asteroid fiasco, and the scientists disagree about how to disperse asteroid information and who gets to sound the public alarm and how do you announce doomsday? Etc.

My question is: is this original story of the asteroid valid and they covered it up because they don't want people to panic, or is this story actually true, that scientists did make an error. There were a number of scientists who claimed this information at the same time.

COSMIC AWARENESS:

This Awareness suggests that there are several dynamics interacting in this particular scenario. First, in the most basic sense, there were predictions, mathematical in nature, regarding the course of this specific heavenly body, wherein the range of possibility included a collision course with the earth. In each of the initial reports, those scientists, in their zeal to sound the alarm, de-emphasized the very low mathematical nature of the probability at the expense of sensationalism.

This Awareness suggests that the secondary reports reiterated the first ones, but with the complete probability ratios emphasized. This Awareness suggests, however, that the secondary aspects are perhaps more intriguing. This Awareness suggests that this particular asteroid has been on said course for quite some time, as it is understood, and has been in fact predicted by seers from several sources, many of which predicted destruction or major climactic changes or polar shifts toward the end of this millennium.

This Awareness suggests that such a phenomenon indeed had been gathering energy, misplaced by misdirected Will Energy of human beings existing in sub-human uncivilized, competitive, ignorant, mind sets, the hapless victims of their own limited choices and structures allowed to exist as treasured edifices within mass-consciousness, so that the ultimate demise of humanity may have in fact been brought about.

This Awareness suggests that significant amounts of energy were gathering toward this probability of a direct collision up until approximately 30 years ago. This Awareness suggests that if astronomy technology and mathematical precision had been available at such a time some 40 years ago, that this event could have been predicted with dire outcomes, and having been far more accurate and mathematically probable at the time.

This Awareness suggests, however, that as consciousness has expanded, that certain limitations have begun to be identified and removed, and that such progress has been accelerated by the efforts of many throughout the globe; that this catastrophic wiping clean of the human



"WELCOME TO TIANANMEN SQUARE, PRESIDENT CLINTON... I HOPE YOU AREN'T AFRAID OF GHOSTS!"

slate is no longer an absolute necessity.

This Awareness suggests that in civilizations that continue to struggle within their own self-imposed limitation, spiraling into ever-more convoluted and frustrating and painful levels of existence, that eventually sheer spiritual frustration and the misdirected Will Energy does indeed manifest such events individually, communally and ultimately globally, which can vent and cleanse and allow for new beginnings.

This Awareness suggests that perhaps humanity has, for the first time, embraced the responsibility and has begun to rise to the challenge of self-determinism, of the exercise of free will aligned with the spiritual impetus, and the Creator's intention, so that the energy diverted into such catastrophic events which have come to pass in previous existences and time-periods, if you will, need not be repeated.

This Awareness suggests that the old conspiracists, as you call them, can relax and direct their energy into individual liberation and enlightenment and thus disempower any further such probability, no matter how remote.

If we have completion we can continue.

Why does Warm Water Cause Urination?

QUESTION:

One last question, actually two questions I'll read together from JD. She asks: "Why or how does the sound of running water facilitate urination, and why or how does dipping the hand of a sleeping person into warm water cause them to urinate? Or is this a myth?" she adds.

COSMIC AWARENESS:

This Awareness suggests that there are certain biological processes oftentimes paired with specific events and thoughts and actions, likened unto Pavlovian conditioning, such as the sound of running water is associated with the flow of urine, and thus increases this activity, relaxing certain muscles.

The association with warmth, body temperatures specifically, also connects mind and body, facilitating muscular relaxation, and facilitating such functions. This Awareness is curious about the energy surrounding this question, and suggests perhaps that the entity may be receiving accelerated levels of enlightenment from her studies of the *Lessons* and thus, may have perhaps become her own source of inspiration and enlightenment, so that such questions remain at a level likened unto this one, which would indicate not only her levels of understanding, but her humor as well.

If we have completion, we can continue.

ANOTHER FULL MOON IN THE BALKANS...



Will the Pole Shift and Three Days of Darkness Occur August 22, 1998?

QUESTION:

We received through the Internet from Jon Locke, a communication that concludes with: 'Let me also add that Robert Ghost Wolf said last night on Art Bell's radio show that on August 22, 1998, there is an alignment of 5 planets, and that will begin the pole shift. August 22 will be followed by 3 days of darkness.' Would Awareness comment on that please?

COSMIC AWARENESS:

This Awareness suggests that this prediction offers an opportunity for entities to have a direct effect upon probabilities by submitting their contribution of energy toward the bringing about of this event, or the choosing of an alternate probability. This Awareness suggests for this reason entities are requested to utilize journeys to the Temple of Light wherein each entity can contribute their energy, can cast their vote, while in this space, for the scenario which will facilitate humanity's expansion of consciousness and enlightenment. This course can be chosen without any further necessity for disruptions that often occur in civilizations that have allowed their technology to outstrip their spiritual directions.

This Awareness suggests that although humanity has achieved great strides in expanding the consciousness and opening to the energies which can now align the self, the mind, with the spirit, with the body, wherein humanity can begin to experiment with civilization itself, that the predominant energy still remains wherein entities and societies resort to cycles of self-preservation, aggressive defense, and are motivated by fear.

This Awareness suggests that the community of the world during the cold war had the first inclination of the severity of the disparity between their technological capabilities and their spiritual community. This Awareness suggests that the development of nuclear arsenals, wherein the species itself can be obliterated marks the dangerous threshold of technological advancement outstripping spiritual intention or communication to the degree that human survival is threatened.

This Awareness suggests that as entities responded to

the horrors and atrocities perpetuated upon one another with such a device and reached the spiritually Divine Conclusion that such technology cannot and must not be utilized, that such was simply the first step toward a world-wide understanding and that there exist certain energies which continue to empower the destruction of the species, if spiritual community and inner direction cannot be attained.

This Awareness suggests that the scenario described reflects such energies and that prophecies predicting dramatic geological shifts, natural disasters, cosmic disasters, and other forms of annihilation are symbolic of the Divine Truth that humanity will not be allowed to technologically advance unacceptably far beyond the level of spiritual understanding.

This Awareness suggests the technological advancement is intended to be guided, facilitated, supported and energized by Divine Intention, wherein individuals respond like well-oiled machines to each of the emotional messages, choosing the intended corrective response, living an exuberant, joyful, spontaneous and rewarding creative experience. This Awareness suggests that although progress has been made toward this direction and that energy from organizations such as this, from individuals such as each member and reader of this message, can contribute to the shifting of the consciousness which can eliminate the necessity of the shifting of the poles themselves. Many such predictions have been prophesied over human history, each either reaching a degree of energy needed to actualize it and allow it to physically manifest, or to be de-energized and to shift probabilities in a more human friendly direction. Natural disasters and now technological disasters each evidence that enough energy has accumulated from the imbalance of technology over spirituality to set humans "in their place," and such is the nature of this particular prediction, which will not likely be energized sufficiently to become actual.

If we have completion we can continue.

Ed's Note: Information on the Temple of Light and the Meditation of the Temple can be found in "Revelations of Awareness" issue 98-9 (\$3.00 from CAC).

Nuclear War Between India and Pakistan?

(Will Divine Intervention Prevent Nuclear Nightmare?)

FOLLOW-UP QUESTION:

In reference to the nuclear situation, India, which has been called the most "spiritual" nation in the world by some, is now arming its missiles with nuclear warheads and aiming them at its hated neighbor, Pakistan, which has just announced that it too now has the atomic bomb and is going to arm its missiles with atomic warheads that will be aimed at India.

Well, the world thought that 6 years ago when Communism ended and the missiles supposedly were dismantled, that this nuclear nightmare would be over, but it seems it is starting again, and I'd like to ask Awareness, how concerned or how alarmed should people be about this situation, or is, as *It* suggested, there perhaps will be Divine Intervention, which hasn't happened before, but is something to look forward to.

COSMIC AWARENESS:

This Awareness suggests that Divine Intervention rests upon the impetus of each and every entity to attune to the Divine Guidance and to act upon it, for the cosmos will not open up with descending angels or aliens to solve human problems. Such is not the nature of the human experience. Such would obliterate human free will. Such intervention would negate spiritual intention. Indeed, Divine Intervention will *only* come from within humans and the more the merrier and the

sooner the better.

This Awareness suggests that the nuclear nightmare has indeed been lessened with the spiritual understanding which recognized the potential annihilation and profound violation such a device could perpetuate. This Awareness suggests that the most powerful and successful nations attained such understandings and yet, true world-wide community is far from the normal achievement given the tremendously competitive and self-perpetuating, self-defending thought systems, religions and world-views which drive many political decisions and choices.

This Awareness suggests that what is described as a "spiritual" country or community is in direct contradiction with actions and thought systems which perpetuate the concept of a "hated" neighbor. This Awareness suggests that until mass-consciousness attains the level of understanding of the divinely intended Freedom of Will to choose and design world views pleasing and facilitating to creative experience and expression, and entities shall choose, that levels of diversity, that opposing thoughts, customs, mores and world-views are capable of peaceful coexistence, then such factioning and defensive posturing will continue.

This Awareness suggests that entities are intended the complete and utter freedom to think and believe and pray and choose and live in any way that their spirit directs them without limitation. This Awareness suggests that this is why the mind is completely unbounded and that each and every experience can be chosen, can be directed by beliefs. Beliefs can be adopted, choosing any manner of explanation, of living, or world view, of clothing, of political organization, of any idea whatsoever creatively imagined by humanity. There are many equally successful yet vastly different ways of living. Each is "right" if it serves universal human needs as noted by the feeling signals it prompts.

This Awareness suggests that it is Divine Intention that many and unlimited creatively imaginable ideas be expressed upon humanity to give entities the maximum choices with which to exercise the free will, but that without acceptance of the free will of others, such freedom and cooperative existences cannot be achieved.

This Awareness suggests that at the basis of the perceived need to develop nuclear arsenals are simple disagreements and choices regarding religious affinity, based upon limited beliefs which direct individuals to fight and to die, for the right to hold monopolies upon truths in areas where truth is unlimited in its breadth and scope and form.

This Awareness suggests that entities can exist side by side in peaceful cooperative existences, yet harbor completely separate unique and widely different choices of mindscape, lifestyles, religions and daily experiences, such is spiritually desirable. This Awareness suggests that humankind has not yet embraced the inherent conflict between wanting freedom for oneself and yet insisting that others relinquish such.

This Awareness suggests that the energies at this time indicate that the nuclear nightmare is not yet over, yet the worst has passed, and with continuing progress and individual enlightenment, that such posturing will remain at the symbolic level rather than become actual. Human beings, however, are not yet out of the woods.

This Awareness suggests and recommends that each and every entity participate in the Divine Intervention, wherein energy of love, of cooperation, of unity, of compassion and of acceptance is sent forth from the core of each entity to the core of each other entity,

particularly directed toward those who exist within the darkest depths of ignorance.

If we have completion we can continue.

When Everything Else is Crashing down Remember that life force all around you

OPENING MESSAGE:

(1-4-97)

This Awareness indicates that pool of consciousness which is everywhere present, which is this Awareness, is available for all entities to attune to during any time or anywhere they may be. This is something that may be of great importance to you in coming times when there are moments of uncertainty or confusion.

When the world around appears to be deteriorating or falling apart, keep in mind that the one thing which is always stable is the life force in the universe, which is this Awareness, which is everywhere present, in all things, in all places. This Awareness indicates those things that are animated which move about, are obviously expressing a life force, but there is also life force in those things that do not move.

There is life force in the vegetation, but there is also life force in rocks, in stones, in the air you breathe, in the clouds in the sky, in the space beside you, in the space around you, in the space within you. Keep in mind that all of this life force is this Awareness; that this Awareness is within and about, and that you are always held in this Awareness, and that *It* is the one thing that can always and always will be stable, and always present, even when everything else collapses.

This Awareness does not wish to imply that your world will collapse in all ways, but *It* does wish to give you something stable to hold onto in the event that it appears that everything else is collapsing around you.

THE FIRST CAUSE: PRO AND CON

(Who Then Created God?)

QUESTION:

Navor M., of San Jose, California writes,-- well, he sent in what appears to be a brief essay written by the entity Nathaniel Brandon, and he writes, "Can the Awareness please comment on the following report, and please rectify it if it needs to be rectified. In other words, please reform the report if it needs to be." And I'll read the report.

It's titled: "Since Everything in the Universe Requires A Cause, Must Not The Universe Itself Have A Cause, which is God?" There are two basic fallacies in this argument. The first is the assumption that if the universe requires a causal explanation, the positing of a "God" would provide it. To posit God as the Creator of the Universe is only to push the problem one step farther.

"Who then created God? Was there a still earlier God who created the God in question? We are thus led to an infinite regress, the very dilemma that a positing of a "God" was intended to solve. But, if it is argued that no one created God, that God does not require a cause, that God has existed eternally, then on what grounds is it denied that the universe has existed eternally?

"It is true that there cannot be an infinite series of antecedent causes, but recognition of this fact should lead one to re-appraise the validity of the initial question, not to attempt to answer it by stepping outside the universe into some gratuitously invented supernatural dimension. This leads to the second and more fundamental fallacy in this argument: the assumption that the universe as a whole **requires** a causal explanation. It does not!

"The universe is a total of that which exists. Within the universe, the emergence of new entities can be explained in terms of the action of entities that already exist. The cause of a machine is a purposeful reshaping of matter by man. All actions presuppose the existence

of entities, and all emergences of new entities presupposes the existence of entities that cause their emergence.

"All causality presupposes the existence of **something** that acts as a cause. To demand a cause for all existence is to demand a contradiction. If a cause exists, it is part of existence. If it does **not** exist, it cannot be a cause. Nothing cannot be the cause of something. Nothing does not exist. Causality presupposes existence. Existence does not presuppose causality. There can be no cause "outside" of existence or anterior to it.

"The forms of existence may change and evolve, but the fact of existence is an irreducible primary at the base of all causal change. Existence, not God, is the First Cause. Just as the concept of causality applies to events and entities within the universe, but not to the universe as a whole, so the concept of time applies to events and entities within the universe, but not to the universe as a whole.

"The universe did not "begin". It did not at some time "spring into being". Time is a measurement of motion. Motion presupposes entities that move. If nothing existed there could be no time. Time is "in" the universe. The universe is not "in" time. The man who asks "Where did existence come from?" or "What caused it?" is the man who has never grasped that existence **exists**.

"This is the mentality of a savage or a mystic who regards existence as some sort of incomprehensible miracle and seeks to "explain" it by references to non-existence. Existence is all that exists. The non-existence does not exist. There is nothing for existence to have come out of, and nothing means nothing. If you are tempted to ask: "What's outside the universe?" recognize that you are asking: "What's outside of existence?" and that the idea of something outside of existence is a contradiction in terms.

"**Nothing** is outside of existence, and **nothing** is not just another kind of **something**. It is nothing. Existence exists. You cannot go outside it. You cannot get under it, on top of it or behind it. Existence exists and **only** existence exists. There is nowhere else to go."

That's the end of the dissertation. Would Awareness comment?

Cosmic Awareness:

This Awareness indicates the entity in speaking of existence is essentially speaking of that which is essence, the **isness** of something; something that is, **is**, regardless of how it got to be, or where it came from. This Awareness indicates the entity's argument is essentially correct, but the entity does not quite understand the argument of cause and effect.

This Awareness refers to the entity's approach to the concept and assumption that the argument is that *something* was a first cause, and how this argument is fallacious. The concept of the First Cause is speaking of the first cause of the material universe. It is *not* speaking of the First Cause of All That Is.

"In The Beginning Was the Word"

This Awareness indicates that also, to assume that because there is no First Cause and things are what they are, and always have been in existence, that this would in some way deny the existence of God, is also a fallacious assumption based on his argument. This Awareness indicates that if you go back to the Biblical Scripture which states: "In the beginning was the Word;" it does not state that, "In the beginning there was nothing, and God created something." It states: "In the beginning was the Word, and the Word was God."

"The Word of God" Does Not Refer to the Bible

This Awareness indicates that the misunderstanding which many entities have in this Biblical Scripture is that they believe the word of God is a reference to the Bible and they think that it is referring to the Bible as being in the beginning, and that this Bible is God's word. This Awareness indicates that this is a fallacious misunderstanding of a complex idea that people just don't understand or couldn't understand at the time it was written.

If you think of the "word" as it was referred to in this Biblical passage as a reference to "vibration" or "frequencies," then read the Biblical Scripture again: "In the beginning was Vibration, and the Vibration was God," and God then proceeded to create the material universe out of that frequency or vibration. Now you can say that the Vibration was the First Cause and it always existed. Or, you can argue: "Where did the Vibration come from?"

This entity has said "It cannot have come from nothing," and assuming that this entity's argument is correct, then the vibration or frequency *always was*. The question is: "How strong was the vibration in its original form prior to the creation of the material polarized universe, which is also made up of vibrations and frequencies?" This Awareness indicates there is nothing to indicate how strong that frequency or vibration was in its various stages of evolution, as it reached a point of strong vibration to become polarized, to make positive and negative energies throughout the universe, which has been termed in Biblical Scripture as the dividing of the waters, dividing the waters of heaven.

The Dividing of the Waters

This Awareness indicates that this dividing of the waters to positive and negative energies, or dividing of the vibrations into positive and negative frequencies, is that which became a step along the way. It could be said to be an effect of the will of God, or the will of the First Vibration. This Awareness indicates that you cannot simply discard God or the concept of a Creative Force that led to the further effects which are known as the material universe by discarding the concept of cause and effect, because a cause can come in a very subtle way, not out of nothing, but out of something that may appear as nothing to one's perceptive organs.

The organs of perception may not recognize anything in a void, but yet within that void there may be something that vibrates and that vibration or that something becomes stronger over a period of time, or over a period of existence, and of course *time* means nothing to that which cannot perceive, and therefore, the question of how long did this vibration exist is moot because there is no such thing as time if there is nothing there to perceive it.

This Awareness indicates there is nothing to measure time when there is nothing more than a very, very subtle vibration or frequency that is not perceptible to an observer. Where there is no observer capable of perceiving a frequency or vibration then of course there is no measurement of time, so to say that God always was, or that the Vibration or Word which was God always was, is a presumption. And to say that the universe *is*, is also a presumption.

The Hindu Concept of Maya: Illusion

One can, as some Hindu mystics say, that "The entire universe is but Maya: illusion," and this too is just as good an argument as the entity's argument that there had to be something for something to occur. You could also argue that there always *was* nothing and there still is nothing, and all that appears to be is just illusion. It is

just as valid in terms of logic as the other argument.

This Awareness indicates that what is known is as the philosopher said, "I think, therefore I am!" except this entity could explain it a little more clearly: "I perceive, or I have consciousness. I am conscious, therefore I am! I have an ability to observe, therefore, I must be something!" This Awareness indicates that these arguments are those which have been pondered by humanity by countless eons of time, and entities can get no closer now than they could in ancient times, but now there are words that are a little easier for entities to understand, so that when someone says, "God was a Vibration before there were any forms of matter in the universe, and the vibrations created the world, created the universe, created the essence of all that is, or all that can be perceived," then it becomes a little bit more meaningful and understandable to say, "In the beginning was the Word and the Word was God."

All Words Are Lies

This Awareness indicates these are, as Ouspensky says, "All spoken in words, and all words are lies." If you can see beyond the words to *What Is*, then you begin to see the truth.

Free Will and Cause and Effect: Can They Co-Exist?

QUESTION:

A question from Lee T., Eugene, Oregon. She writes: "An expression found in the basic tenets of many world religions suggests that we reap what we sow. This suggests a deterministic future, because of cause and effect relationships in all personal events. Many of the same religions suggest readjusting attitudes or making a new choice.

"How can free will and a cause/effect pattern co-exist at the same time?"

COSMIC AWARENESS:

This Awareness indicates the concept of karma has much to do with cause and effect, reaping what you sow. This Awareness indicates it is possible to escape the wheel of karma by simply not continuing the movement of flow of the cause and effect pattern.

Something can cause you to react with a certain attitude, but you have the choice of whether to react in that way, or whether to stop reacting in that way, and if you have a certain behavioral pattern conditioned over time to react in a certain way to certain stimuli, and you decide through free will, you have the choice of being free, to break your pattern of conditioning and react in a different way, then you have, in effect, broken that karmic pattern.

This Awareness indicates that you break the cause and effect pattern and may in some way cause it to deviate from its normal reaction. This Awareness indicates that essentially, there is very little free will for entities who are conditioned by experiences of the past, and there are very few entities who are able to break their conditioning patterns.

Entities develop certain ways of relating, certain ways of behaving through their various experiences. They choose those ways which help them to avoid pain or suffering or to give them some kind of reward and gain, and those are developed early in life and become a strong part of one's reactive thinking, and over time, these same patterns begin to emerge again and again in circumstances that call forth for a reaction.

This Awareness indicates the more these patterns are used, the more one is conditioned to them. Another person may be conditioned to respond or react totally different in the same situation, and it is because that

entity has a different conditioning. This Awareness indicates that because of these conditionings, entities do not actually have 'free will'. Even their choices are often triggered by their conditioning which they have developed over periods of time, from childhood up.

This Awareness indicates that only when entities become aware of their conditioning patterns is it possible for them to break out of that conditioning to create a new way of reacting or responding to a situation. This Awareness indicates it is for this reason that *It* advocates entities become aware. Becoming aware does not simply mean looking at things and knowing about them; It also has to do with looking at your own patterns of thinking.

The Role of Mind, Emotion, and Feeling

There is that which this Awareness describes: mind, emotion and feeling. These are the first three of several states of consciousness. Mind is that which equates to perception in a focus, so that mind essentially looks at something and perceives it. Emotion is something in consciousness that attaches. The mind focuses on 'something,' and when the emotions attach to that 'something,' the entity does not want to let go, or the entity's emotion avoids or attempts to avoid that 'something' out of fear, and either the attachment or the fear affects the entity's relationship with that 'something' the mind perceived, and that is the second stage of consciousness.

The 4th Level of Consciousness

Then there is that which is called feeling. It is the way the entity responds or reacts to the thing that the emotions affected or have an effect with. That which the emotions react to create a feeling, and this is the third level of consciousness. The 4th level of consciousness being that which is aware. It is a void type of consciousness in which the entity simply observes those first three, and the 4th level being kind of a catatonic or trance-like state, wherein the observation is not necessarily filled with emotion, or focused as mind, or responding or reacting with feeling, but simply observing and aware. This being the 4th state of consciousness.

The 5th Level of Consciousness

The 5th stage of consciousness being that which begins from this state of awareness, to move back through the first three states, down the scale, becoming aware of the responses or reactions that an entity may have toward a certain object or experience, and becoming aware, being able to observe one's reactions or responses, is the 5th stage of consciousness.

The 6th Level of Consciousness

The 6th stage of consciousness is awareness of emotion, and as you become aware of your emotions, you notice those things to which you are attached or are repulsed by, and the attachment or the repulsion comes under the scrutiny of your awareness. You do not necessarily think thoughts about that. You simply observe the repulsion or attraction.

The 7th Level of Consciousness

The 7th stage of consciousness is that where you begin to notice the mind as it focuses and as it thinks or does its thing in reaction or response to the experience or object of your attention. In other words, you begin to watch your mind as it does its thing, and this watching is from a state of awareness. If you start thinking about "Oh look! My mind is doing this! My mind is doing that!" then what is happening is that your mind is thinking about itself, and you are back in a state of judgment perhaps, or evaluation, or analysis of your mind, and it is not necessarily an awareness of mind that is acting.

The 8th Level of Consciousness

An awareness of mind does not judge, does not necessarily do linear thinking. It does not observe in a linear pattern or a logical movement. It simply observes the mind as it thinks in its linear or in its judgmental actions, and the observation of the mind is the 7th level of consciousness, and the 8th level of consciousness then becomes that state of consciousness in which you live in those higher levels all the time, always being aware of self, always being aware of the mind, the emotions and the feelings, so that you can take off the emotions, just as one takes off a jacket, or put on the emotions, just as one puts on a jacket.

You can get upset, but you don't get upset without the **intention** of getting upset, without the awareness of what you are doing. You get upset for the effect of getting upset because you see that this is the thing you want to do at this time. It does not simply happen to you because of some outside stimulus. You **choose** to get upset, by your awareness of the need for an emotion at the moment, or, you choose to be happy, and you are not made happy by something outside of yourself. You become happy because it is something you do as your awareness of things allows you, or determines that you become happy.

When you are in this 8th level of consciousness, you can see that this is a place in which you have free will. You have overcome your conditioning; your emotions, your thinking and your reactions are not those things that happen to you because of conditioning. They happen because you **make** them happen.

This Awareness indicates a person in the 8th level of consciousness knows that, "This situation calls for my becoming emotional, and if I become emotional, it will help dramatize the situation in such a way that others will see what I'm trying to portray to them so that they see my point of view. It is a way in which I can communicate more dramatically to their greater understanding." And thus, you become emotional out of choice, not out of conditioning.

Likewise, in watching your thoughts from this 8th level, in watching your mind, you decide that, "These thoughts are foolish! These thoughts get me nowhere. These thoughts would depress me if I let them take over. I do not need these thoughts in my being. I will stop this kind of thinking. What kind of thinking shall I have instead? I'll think about something totally different that is important to me relating to the next weekend and the meeting I am going to have with this or that person!" and you simply stop the thinking that was conditioned in your first stage of consciousness, because your 8th level of consciousness recognizes the need to change your mind into that which is serving your needs rather than trying to direct you, and the mind then becomes your servant, not your master.

Very Few Entities Actually Have Free Will

This Awareness indicates that in this way, free will can be developed. There are very few entities who have free will, except perhaps in fleeting moments in between conditioned responses, reactions or emotions, or conditioned thoughts and habitual thinking patterns.

Is Success and Talent This Lifetime a Carry-Over from Previous Lifetimes?

(How to Become More Creative in the Arts)

(QUESTION:

A question from Dale H., Jr., Saint Petersburg, FL. He writes: "Edgar Cayce mentioned that people who are successful and talented in this present lifetime result

from having similar activities in previous lifetimes. He also mentioned that an entity should be developed along broad areas of knowledge and activities. How can these two theories be reconciled?

"That is, the increased devotion to music, for example, throughout many lifetimes, and the idea that we should develop in many or all areas of activity."

COSMIC AWARENESS:

This Awareness indicates that the more broad one's education, the more one recognizes that everything can benefit from the understanding of everything else. This Awareness indicates for example, one can study music and learn many things about music. If an entity also has an interest in psychology and begins to study psychology, is there any way that you can imagine music and psychology could somehow compliment each other so that each becomes more well-rounded and better understood from the influence of the other?

How Psychology Can Be Compared to Music

This Awareness indicates that if entities were to take these two fields of study for example, they might begin to recognize that psychology can be compared to music in a kind of allegory in which the mind itself may be thought of as the instrument that plays various notes which affect the emotions or the movement of energies for the entity, and how the mind could be split to create a kind of duality of linear movement just as a melody could have harmonies that complemented each other in a movement of different tunes; the alto and the soprano, et cetera; these could be harmonious and could be seen as symbolized in a mind that is split in a schizophrenic way, and yet, harmonious, in that the personalities of the schizophrenic work together in harmony, or, one could also see how the two personalities could clash, just as musical notes could clash with each other in creating two different themes or melodies.

This Awareness indicates that events or situations could be looked at as episodes, and the episode of events in a line of music may be seen as the rhythm, and the rhythm can be arranged in such a manner as to be quite complex or quite repetitive and simple, just as the entity's life can become routine or can become chaotic and unpredictable. This Awareness indicates that you see from this how an entity who has a great interest in music and a great interest in psychology could develop a new way of thinking about psychology, or a new way of thinking about music and could become quite creative by mingling the two fields of study together.

This Awareness indicates it is this kind of value that comes from entities broadening their knowledge from one field alone into many fields of study. It has been noted that almost all great inventions in a field of study come about because someone from another field entered in with a different kind of viewpoint or a different kind of knowledge and brought something to that field of study.

This Awareness indicates that likewise, if an entity has many, many different interests and gathers information from all those various interests, then it can be seen as something that makes the person extremely creative. Imagine, for example, that not only is the person interested in psychology and music; the interest also extends to carpentry and architecture. Thus, the entity who is well-versed in architecture can begin to look at music as a way of building some kind of structure in the harmony and in the melody, and in this building of the structure, can apply certain understanding from architecture to the musical theme that he or she wishes to develop.

Putting Architecture Into Music

This Awareness indicates that the architecture in the person might, for example, decide that the music needed a good foundation, and the bass notes of the melody would be that foundation. The next would be the first floor, and this melody could be that which is termed the alto melody, with the soprano melody running on the second floor of the creation. The higher notes and frills could represent the roof and the decor in the higher reaches of the building that this entity may be visualizing while creating his musical masterpiece.

This Awareness indicates in other words, the application, by holding images together from different fields, can help the person to become more creative, and the creativity is that which allows an entity to be unique and to have something of great value to humanity which can be shared and made more interesting. This Awareness indicates that of course, you could go on and add even further from other fields of knowledge. This Awareness reminds you of Tchaikovsky's 1812 Overture, in which the entity commingled the concept of war and the cannons with a musical masterpiece.

This Awareness indicates the entity Cayce, in speaking of carrying over one's talents from one life to another, recognized that when one becomes an expert in a certain area, that expertise may not necessarily be enough for the new experiences that might be demanded in a future life. The music from one era, in 400 years might be outdated, outmoded, and may need something further to make it interesting enough to satisfy the next generation.

Therefore, one, expanding their fields of interest, can gather from those many fields to help expand their particular talents that they have brought from past-life experiences into the present. An entity having a strong sense of drama, coupling that with music and with psychology and with the architecture, could create a more dramatic sounding piece of music, recognizing of course that each of the themes being played, the melodies, represent a different entity in this dramatic expression, and the entities could move in such a way as to follow the concept of a play in which the climax comes at the end of the second act, and from there moves into a state of resolution.

Putting that as an overlay on a musical piece, you can see how a good musician could make the music into a kind of musical drama. A good example of this would be the story of Peter and the Wolf by Prokofiev.

Beethoven's "Mathematic" Music

FOLLOW-UP QUESTION:

Awareness, I once asked a question about the entity Beethoven and the way he created music, and awareness indicated that this was done mathematically. I've been reading the life biography of Beethoven, and in his own words, he claimed that he was a wretched failure when it came to mathematics. He failed in school, and he had difficulty even compiling a list of the bills that he had to pay, so obviously, this mathematical creation that he used must have come from a previous lifetime where he was an expert in mathematics. Is that correct?"

COSMIC AWARENESS:

This Awareness indicates he had a heavy subconscious concern about mathematics and the movement of numbers which was very much a part of his being because he had so much trouble with math. Because of the trouble he had with math, he was only able to understand math in the substitution of numbers with musical notes. He did not necessarily equate that his musical notes have anything to do with math, but he saw the movement of musical notes up and down the scale as likened unto moving up and down numbers, and he

understood the movement of the numbers up and down, and how these numbers could be greater or less, and the greater and higher the number, the more pull it had, and he could feel this in the music, and it satisfied a need in his soul, because his feeling a complete failure in the realm of mathematics.

He was, in other words, substituting music for the inability to understand math, and the thing he lacked in math he was able to express through music, but it was the math that triggered his capacity to write music.

Deciding What to Study Now

(Does It Really Matter?)

FOLLOW-UP QUESTIONS (VIKKI):

If one felt a concern in relation to what to study now or how to study, is it true that whatever you're inclined to go with now will be fine because it will be used one way or another eventually anyway?

COSMIC AWARENESS:

This is in the affirmative; however, it does also follow that an entity can be logical about their choice of careers in that if an entity sees a trend in the age or society, or the time, toward a certain direction, and if the entity wants to be successful and utilize that trend, he or she may find it beneficial to incline their interests to commingle with the trend that is occurring.

In other words, if one wants to write and one sees that there are certain trends in books that are being published more frequently than others, then the entity may wish to get in on that wave or trend and write his books in that vein. This Awareness indicates likewise, for example, an entity recognizing that there is a great interest in the computer and the Internet and things of this nature, and that a good story relating to the Internet or computers, might sell well and have commercial value, the entity might decide: "Not only will I write, but I will write my story in connection with Internet concepts."

The story might still be a romantic love story, but it could be interwoven with entities using the computer and the Internet in such a way as to give it a flare that would be easy for the masses to identify with. This Awareness indicates likewise, if, as at the end of World War II, an entity were writing love stories, he or she might decide that, "This war has been very traumatic and people are still reflecting on it, therefore, if I write a love story with the war as the background, it could have a good market!" and the entity might then write his story with the background of the war that just occurred which people are still reflecting on.

This Awareness indicates in other words, you may wish to consider the trends of the time, even though you are interested in a certain thing of your own, and you may incorporate or put a layer of your own thing on top of something that you feel would be appealing to the masses.

Is Transubstantiation a Satanic Practice?

(Do Catholics Really Practice Cannibalism?)

QUESTION:

Another question from Dale S., Jr. I believe Awareness covered this years ago, but I'll ask the question anyway. He asks: "Please answer this for me. I've been wondering about this for a long time; this in regard to Communion. The sacrament of Communion is a symbolic eating of the flesh and the drinking of the blood, but if carried to the extreme, and we literally ate of the flesh and drank of the blood as Catholics believe, transubstantiation, it would appear to me to be to be of a more satanic practice.

"Could you please explain this to me?"

COSMIC AWARENESS:

This Awareness indicates that this is essentially the remnants of a ritual from ancient times that indeed involved that very activity. It was an action within secret schools or secret societies, in which entities drank blood and ate flesh. This Awareness indicates that this of course was not acceptable to the church, but it took these rites or rituals from earlier secret societies and transmuted or lifted them into symbolism.

It was no longer acceptable to do this ritual in its literal sense, and therefore, doing it in a symbolic way could still retain the essence of the rite or ritual without the literal use of blood and flesh. This Awareness indicates that the concept is that eating of the body of Christ supposedly would give you Christ-like essence or energies or vibrations and the wine symbolizing the blood of Christ would symbolically give you the vibration or frequency of the blood of Christ which is considered as sacred and holy.

Therefore, in the symbolic sense the entity would be made a better person from this ritual. This Awareness indicates it may well be that in the passage of time, entities have become too wise to be affected by these rituals of symbolism and that it is actually time to put aside these concepts of cannibalism and blood drinking, even in the religious sense, because entities no longer need to have this kind of subconscious imagery put into their systems in order to become more spiritual.

This Awareness indicates rituals are hard to give up, and to pass beyond this level may take some time. Eventually however, it does appear that humans will gradually overcome the fascination with this symbolism, with this ritual, and will no longer want to participate in it. This Awareness indicates when people actually understand the intent is to get entities to experience a union with the Christ energies, they may find that they no longer need the ritual in order to do so.

FOLLOW-UP QUESTION:

Awareness, is there a placebo effect at work here for some entities? My friend Michael takes the Communion quite often, and he told me that he feels that it is a more spiritual thing with him, and he can identify more with the Christ energies.

COSMIC AWARENESS:

This Awareness indicates it is a substance, a reality affecting the taste, and affecting the subconscious. It is likened unto an action that the subconscious accepts and it tends to believe a lie very easily. You cannot consciously believe that this is the blood and flesh of Christ, but subconsciously, you can be fooled into thinking this, and therefore, on a subconscious level, an entity can believe that he or she has partaken of the blood of Christ.

It is likened unto an entity having a dream and not knowing for sure whether the dream was real or unreal, or likened unto an entity who goes through a ritual, and years later can't remember if it really happened, or if it was just something they went through in a play. This Awareness indicates if you pretend something, the subconscious takes it as reality. You can pretend that you hit a home run, and if you pretend enough, strong enough, frequently enough, you may well become a person who can hit a home run.

The Experiment of Shooting Basketballs Through Meditation

You will remember the experiment of certain psychiatrists who worked with basketball teams. One team was to get out and actually shoot baskets. The other team was to go out and pretend to be shooting baskets. The other team was to simply sit and meditate and imagine themselves out on the floor shooting baskets.

For three weeks these entities did this experiment, and the first team that shot the baskets scored a certain amount; the second team that visualized or pretended to shoot baskets, but did not actually hold the ball scored a certain amount almost equal to the first team; and the third team that simply sat and visualized shooting baskets did just as well as the other teams, so that the imagination being used, received as much benefit from its practice, as did the others.

They all improved, almost equally, even though one was simply imagination, the other was real, and the other was partially imagined. This Awareness indicates that it is in this way that rituals can be effective in causing the subconscious to believe something to be so, even though it is not a reality.

WHAT WAS "THE MARK OF CAIN?"

QUESTION:

One other question from Dale. He asks: "What was the "mark" that was assigned to Cain, or are there some things that we are not supposed to know?"

COSMIC AWARENESS:

This Awareness indicates that it appears that this entity was a half-breed; what would be termed a half-breed in your language; the entity not being the offspring of Adam. It appears the entity being the offspring of the serpent of the garden. This of course is all just a symbolic story. There were different meanings to these entities than is given in the Old Testament.

Cro-Magnon Beings Genetically Engineered

Adam and Eve, for example, were prototypes of the genetically engineered Cro-Magnon type beings, and Cain and Abel were the offspring of these entities, but the Cain aspect was that which was the result of an action in which the female genetically engineered prototype was impregnated by one outside of the genetically engineered Adam prototype.

This Awareness indicates in other words, Cain was of a somewhat different genetically engineered being, which might be termed of a different race, although race would not be the proper word for the time, because these were genetically engineered beings that had no previous ancestry, except as was used in the genetic engineering process.

Are Deros About to Invade the Surface World?

(It Must be True Because a Spiritual Channeler Said So)

QUESTION:

A question from Michael W., of Severna Park, MD. There's a number of questions at the end of this, but I'll just read his statement. He writes: "In response to some questions I posed to a spiritual channeler a few months ago, about the Dero entities, he stated, under trance, that the Deros were going to invade the surface world sometime soon, claiming they were attacked first. People everywhere will be shocked beyond belief.

"The channeler also noted that government forces were trying to stall the Deros' invasion by stationing telepaths at various locations where they are sending 'happy thoughts' to the Deros, lavishing them with praise and compliments. This reportedly drives the Deros crazy and keeps them too confused to act.

"Please ask Awareness to comment on the information. Will the Deros invade? Where will they show up? How many will be involved? What kind of weaponry will they wield. What will be their strategy? Are the Reptoids or Grey extraterrestrials behind the invasion, and why do the Deros go nuts when they hear praise? Is the telepathic strategy effective, and what can we do about the Deros' threat?"

COSMIC AWARENESS:

This Awareness suggests you not worry. There appears to be little substance in this. That it appears that the so-called Dero invasion is not something that will occur and that these entities are as afraid of surface people, as those who fear them. This Awareness indicates that most surface people of course, have no perception of Deros.

It is seen that there could be at some future time, a plan to use these entities for such an invasion, but it does not appear that there are actual plans at this time to use these entities, nor does it appear that there is any strong group planning such an action.

This Awareness indicates that much of this appears simply to be a kind of fantasy, without much substance.

DID TARZAN REALLY EXIST?

(Is the Book "Tarzan Alive" by Phillip Jose Farmer True?)

QUESTION:

Another question from Michael W. I'll read his statement here: "During the mid-1970's, I read a book called *Tarzan Alive*, by Philip Jose Farmer. I'm sure that this is the title and author's name because I was riveted by the contents. I lost the book over the years and was told by a bookstore clerk that it was out of print.

"The author claimed that Tarzan was a real individual, the son of British nobles, who was shipwrecked on the African coast as a small child in the late 19th Century, and returned to his home country as an adult, a theme echoed later in the motion picture: *Greystoke*. But that's apparently where the book and the film part.

"The book reveals some fascinating information, some of which dovetails with Awareness' reference to lost cities in Africa, dinosaurs and undiscovered substances that can delay the aging process. The author allegedly became intrigued by the Tarzan legend and was able to decipher some "code" in certain literature which helped him to discover the identity of the British family, and eventually track down Tarzan himself.

"Impressed by the author's cleverness, Tarzan apparently granted him a series of interviews which became the basis for the book. After he was shipwrecked, young Tarzan was discovered by an unusual tribe of gorillas who have a curious characteristic: they could speak. They raised Tarzan as one of their own, and he became quite attached to them, particularly the female, who became his "foster mother."

"Tarzan also grew to understand their language but could not pronounce it. He reportedly and amazingly taught himself to read and understand English, which helped him mature and eventually return to civilization, which he later regretted. Sadly, all of the talking gorillas eventually died and became extinct.

"Tarzan also reported finding hidden cities of gold in the jungle and living dinosaurs. He also recounted how he saved the life of a witch doctor who rewarded him with some strange pills. The pills dramatically slowed his aging process. At the time of the interview Tarzan was supposed to be 70 years old chronologically, but he had the youthful appearance of a 35 year old. He also shared the pills with his wife and son.

"At the time I read this story I was fascinated but a little skeptical, but after reading the Awareness material since 1978, the tale no longer seems so fanciful. Please ask Awareness to comment on the Tarzan book. Is it true? Did any government force and stifle the book's distribution? And is the book still out of print? And can Awareness give us more details about the talking gorillas and the cities of gold? What exactly was in those pills which helped Tarzan to stay young? Can we

locate or reproduce the substance in the pills today? Is Tarzan still alive? If so, what is he doing now? Thanks for your help. God bless each and every one of you!" he adds.

COSMIC AWARENESS:

This Awareness indicates it appears that the book was valid; that the story essentially was correct and true. It appears that the gorillas did not talk in the sense of speaking English, or any language that you would be able to understand or interpret, but that because Tarzan as a child was so young, he was able to learn their language through their expressions in the same way that a child learns the language of adults in the world in which he or she is born.

It appears that there were these so-called cities of gold, although they would not be your standards, be recognized as cities. Even if you entered them, they would simply be a complex of structures.

It appears also that the substances which this entity partook of which helped him to keep his youth were made from certain vegetation that helped to cleanse the body of toxins. These substances of course, not being of Western botanical name, cannot be identified in words that would be of benefit.

This Awareness indicates the entity who was known as Tarzan does not appear to still be living on this plane, although it does appear that his offspring may still be living. This Awareness suggests that you may wish to contact the Library of Congress for a book search to see if this book is available there. It would appear that the Library of Congress does have such a book, though you might be unable to check it out. It is possible that you could perhaps go there, or have someone copy from the book for you, especially since the copyright would have run out.

This Awareness indicates it might be in some kind of storage on behalf of the Library of Congress, and not necessarily easy to find.

QUESTIONER:

I've seen a number of ads of entities whose business also is to locate lost and rare books. He might contact them too.

COSMIC AWARENESS:

This as an avenue that could be fruitful.

**If Government Released Alien Information
Would Collective Consciousness Help Reptoids
Conquer the World?**

QUESTION:

A question from Michael H., Grimsby, Ontario, that he sent over the Internet. "Regarding the US government's silence on the existence of aliens on our planet, my friend mentioned something interesting. Perhaps they don't want to make an official statement because they are afraid that once the masses accept their existence, the alien threat can become real in their minds too.

"The collective mind of the world would allow them to be real, which in turn would allow the Reptoids and Greys to conquer them. Would the Awareness comment on this?" he asks.

COSMIC AWARENESS:

This Awareness indicates that were the presence of aliens on earth to become a reality to the masses of humans on earth, it would indeed change the total scenario of the civilization in which entities live. There would be many who would demand of the government that action be taken. There would be many who would form groups to become militaristic in order to fight the

aliens. There would be many who would want to join in harmonious congregations, seeking to find and befriend the aliens. All of these creating for the government nothing but massive headaches and problems.

This Awareness indicates as long as the people are not officially informed of the aliens, the government does not have to deal with all of these problems. Only when the government has a reason for informing entities of the aliens would it be likely to announce their existence, and the kind of reason would be that wherein the government is ready to start manipulating and herding the people around, and setting up a kind of dictatorial program to control the masses.

Then they might inform the masses: "It is an emergency because there are aliens on earth that we must prepare for, and this kind of preparation requires that we take strong measures in our activity with the people of this country!" Therefore, they could then use this as a reason for all kinds of executive orders, herding of the people, or rounding up of dissidents or whatever else they may choose to do.

This Awareness indicates that in the meantime, they are not likely to want the masses to become aware of this from an "official" disclosure. They are not so concerned if entities suspect, or have their personal beliefs that aliens exist on earth, because it does not affect the movement of the masses in a way that causes a uniting of mobs or forces to deal with the problem, nor does it cause the government to have to react to demands of citizens.

Therefore, by keeping the "official" word from escaping, the problems are manageable. This Awareness indicates there are also those who say that disclosing the presence of aliens on earth would disrupt the religions and the economic structure on earth, and this too could well be. It could cause havoc, it could cause entities to panic, and draw out their money from the stock market, et cetera.

Government is Slowly Leaking and Releasing Alien Information

It could cause religions and the religious people of earth to have extreme anxiety. This Awareness indicates essentially, it could cause havoc all over the world if it were to be officially announced, without some plan for controlling the masses. This Awareness indicates there appears to be an effort to gradually leak information that can eventually bring about a disclosure.

The release of information relating to life on Mars, wherein the life spoken of is microscopic, did not create panic among the people, and it is seen that within time, further disclosures may be presented. Do not be too surprised if the government eventually acknowledges that the face on Mars actually came from a previous civilization.

This Awareness indicates that this of course would imply that there are entities outside the earth in the galaxy or have been at some time in the past. This Awareness indicates you may not be surprised if years later there were some announcement of visitors having come to earth, but that they have now moved on, none of which would create panic or create extreme problems for the government.

If and When They Play Kissinger's "ET Card"

This Awareness indicates that if they are indeed preparing to play an "ET card," as Kissinger said; if this were to be in the works, they would also have to play the herding of human beings into various placements around the world, so as to have control over the masses, to prevent panic or disturbance to the governments of the world.

Government's Disclosure of Life On Mars Won't Over Excite Entities

CLOSING MESSAGE:

This Awareness indicates that much of what has previously been forecast as a government disclosure of extraterrestrials actually came about only as a disclosure of life on Mars in a microscopic sense in the rocks that were found to have held microscopic creatures, and it appears likewise that a full disclosure is not likely to occur; that any disclosures will be of such a small or insignificant nature that no one could get too disturbed by the information.

The disclosure of the face on Mars as being artificially created at some time in past history would not become a major trauma for most humans, and therefore, that could be something to be released in the not too distant future. As long as there is no need to disclose the presence of extraterrestrials, the government is not likely to release the information in a full disclosure.

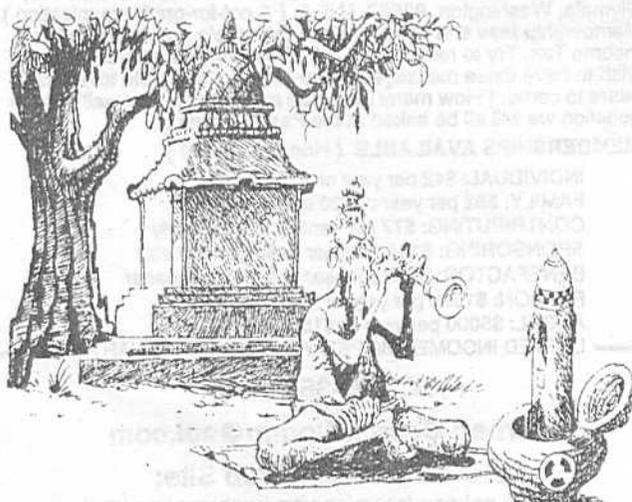
This Awareness indicates of course, if the Hale-Bopp, or its companion vehicles were to somehow create a situation in which the government can no longer hide the information, then of course, the panic that follows could not be controlled. The government would probably be in as much panic as the masses. This Awareness indicates this would be something outside of the control of the government, and it would be in the same position as the masses, only they might attempt to act calm and keep the panic from becoming too widespread, pretending that everything was under control in one way or another.

This Awareness indicates the government appears to be more inclined to hide information that might cause panic or reaction from the public than to share information that people believe they should have a right to, because the government feels it is protecting the masses from themselves and from the crisis that might erupt, were the masses to become too disturbed.

One of the main functions of government is to keep things harmonized in the country, and never to let things appear to be out of control, and never let the masses get disturbed. Or, if there is a disturbance, they want it to appear that they are well in charge of the situation and have plans for dealing with the disturbance.

This Awareness indicates in other words, a disturbance such as the Oklahoma City bombing can occur without disrupting the entire nation, as long as the government informs the people that it is investigating and taking care of the situation as is necessary, and that the problem is locally contained.

(The Law of Gratitude is given)



WHAT IS COSMIC AWARENESS?

COSMIC AWARENESS is the Force that expressed itself through Jesus of Nazareth, the Buddha, Krishna, Mohammed, Edgar Cayce and other great avatars who served as 'Channels' for the 'Heavenly Father' and who speaks again today as the world begins to enter the 'New Age' of spiritual consciousness and awareness. Since 1963 Cosmic Awareness has been communicating through carefully trained channels. This information is for those who desire to help in bringing in the New Age. Throughout the thousands of 'Readings' given through these various channels, Cosmic Awareness tells us not to believe anything, but to question, explore, doubt, and discover for yourself, through your own channel what is the truth. Cosmic Awareness will only 'indicate' and 'suggest'. Neither C.A.C. or any of the Interpreters is responsible for anything Cosmic Awareness states in any of these readings, nor does C.A.C. or the Interpreters necessarily agree with the statements of Cosmic Awareness. The Interpreters interpret the energies as they see them in trance levels and are not personally responsible for what is said. The Interpreters published herein have no connection with, nor control over the editorial comments and material, including illustrations. This is entirely the responsibility of the editor. Members of C.A.C. are invited to send in questions of general interest to ask Awareness for possible publication in this newsletter.

Interpreters for readings in this issue:

Grace Paul Shockley

Avaton--Editor
Vikki T.--Sec. Treas.

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LESSONS OF ENLIGHTENMENT NOW ON THE INTERNET FREE OF CHARGE.

All entities using the World-Wide Web are invited to download and study these important lessons and share them with others. Be a part in the alchemy of changing the old consciousness to the new and help bring forth that "new Being" which has been prophesied. These on the CAC Home Page Web Site, which is:

members.aol.com/cosmiccomm/cachome/cac.html

The Battle of Armageddon: A Reminder

Ed's Note: There are a number of books out these days that refer to the so-called "war in heaven" and over the Internet numerous posts referring to "Satan" and "Lucifer" from certain channels who claim this so-called "war" is heating up, that the Battle of Armageddon is imminent and as a result we can expect all sorts of calamity here on earth.

This could be, but not from any current "war" regarding Satan and Lucifer for Cosmic Awareness has explained many times that Lucifer has returned to the Godhead and has reconciled with All That Is, that the so-called "Battle of Armageddon" has already occurred on the Inner Plane and what earth will experience will be "reflections." This despite the bull manure being put out by the CIA's tabloid *Weekly World News* which continues to rehash and exploit all those negative "predictions" of the *Book of Revelation*, Nostradamus, Mother Mary, Dead Sea Scrolls, Fatima etc. ad nauseum.

Anyway, I ran across one of the first newsletters CAC put out back in 1975 (sorry, it's been long out of print and unavailable) which included an excerpt from a reading given May 23, 1975, on this very matter. Also, many of the "flashpoints" mentioned did not occur, or at least not in full intensity, thanks in part to many of you who took the information from Awareness seriously and did something about it (re *The Gathering Storm* and other crises that followed till present time).

(Paul Shockley, Interpreter)

This Awareness indicates that you understand the Battle of Armageddon is over on the Inner Plane, that the residue of this battle is falling upon this physical plane, that the forces of evil have returned to Essence, but the army of the Ra-Ta forces which was sent out from the blue planet to bring back the forces of evil, the followers of Rhyee, are still engaged as an army and this power has not been totally dissolved, that this power is coming into confrontation with its own image and shall dissolve, but that this dissolving shall create a flashpoint which shall have its effect on this plane, and there shall be many who may be caught in the holocaust of this flashpoint.

This Awareness indicates that you understand this not as evil, but rather as the aftermath of the results of evil; this may be referred to as the echo of evil. This Awareness suggests you understand these forces as being still asleep, and that they need to be awakened and informed that the Battle of Armageddon is over, for otherwise they shall continue to fight and the fighting shall continue to create tragedy on this plane.

This Awareness indicates this shall take a concerted action by many to bring this message through, that at this present time there is very little being done to awaken these giants who battle through their nightmare world.



REMEMBER AWARENESS IN YOUR WILL



Gifts and donations from individuals can assure the continued publication of the Awareness messages. Because subscription expenses exceed the minimum rate we ask, the generous support of our readers and members is essential to the growth and survival of our publication. Cosmic Awareness has indicated that by 1995 the masses will be ready for these messages, which today are studied by but a few thousand aware entities. But can C.A.C. survive until then? Making a bequest to C.A.C. is one way of ensuring that we continue to thrive, continue to increase the number of trance sessions, building up a large backlog of messages for the future, preparing booklets of indepth subjects for mass consumption. Much of the Awareness material is universal in nature and the philosophy is enduring and progressive. When you make a bequest, you can deduct the entire amount of the gift from your gross estate before taxes. You know you must make a will or everything you have worked for will simply go to the tax man. Talk to your lawyer. Include C.A.C. in your list of charitable organizations. In this manner we can assure you that you will be serving many and you will be serving them well.



THE LAW OF GRATITUDE is that sense of satisfaction where energy which has been given receives a certain reward. For all energy you give, whether thought, spoken or acted, goes out on that curved unequal line, and can only return to its sender bearing gifts.

—HOW TO GET THIS NEWSLETTER BY MAIL— EVERY 3 WEEKS ! (More or Less)

REVELATIONS OF AWARENESS is a cosmic newsletter, published by Cosmic Awareness Communications, P.O. Box 115, Olympia, Washington, 98507, U.S.A. (A not-for-profit organization). Membership fees and donations are deductible from your Federal Income Tax. Try to remember Cosmic Awareness in your will if you wish to have these messages preserved and available to others in years to come. ("How many have you served, and how well?" is the question we will all be asked at the Passing Over).

MEMBERSHIPS AVAILABLE (Honor System!)

INDIVIDUAL: \$42 per year or \$12 quarterly
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