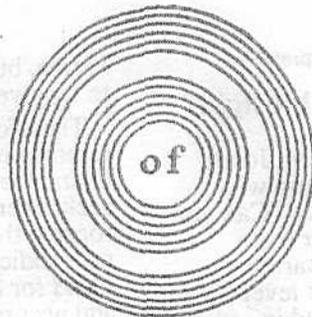


Revelations

The Cosmic Newsletter



Awareness

COSMIC AWARENESS COMMUNICATIONS
P.O. Box 115, Olympia, Washington 98507
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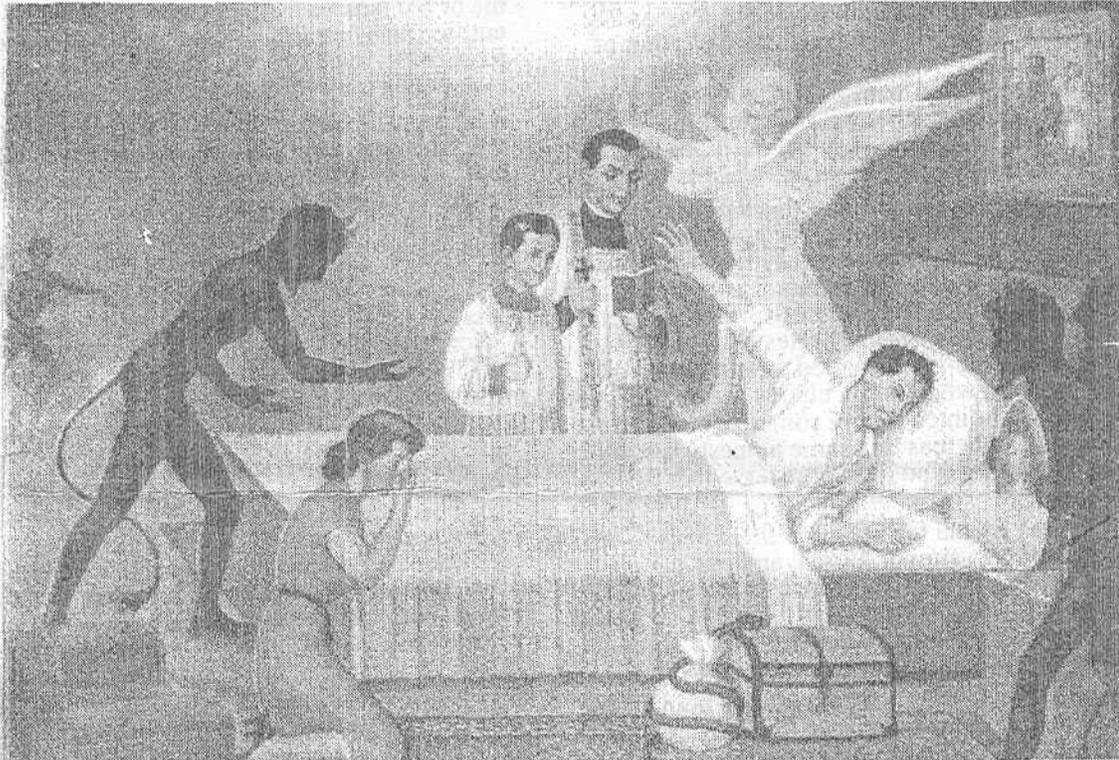
FAX: 360-352-6294
INTERNET: CosmicComm@aol.com

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Celebrating our 27th Year!



Why the escalated violence on this plane?

---The opening of Limbo "The graves will be opened"

---The Book of Revelation

---Is 1998 the year of the Antichrist?

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"Forgiveness" for the "Children of the light"

QUESTION:

We got a question from somebody called M. Jones, Toronto, Ontario, Canada, who asks a question which we couldn't find an answer to. He or she asks: "Can you track any issue wherein the subject matter or one question and answer dealt with a universal karmic dispensation having taken place on a cosmic level for all Children of the Light, a "forgiveness" granted in order to allow Children of the Light the ability to move forward positively and not be held back by karmic debt, guilt, fear, et cetera?"

Does Awareness see anything to that?

COSMIC AWARENESS:

This Awareness indicates that this is not seen as a kind of blanket action. For one thing, a description of "Children of the Light" assumes there is a group of entities who may be laden with karma, but are in a class of Children of the Light, whereas, other entities, who are not part of that labeled group may have similar karma, would not be so blessed as to have their karma forgiven.

This Awareness does not see that this would be just or fair, for there is no distinction as to what constitutes a Child of the Light, except that an entity live a spiritual life, avoid accumulating karma as much as possible, and work for the good of humanity and/or spiritual evolution of one's soul. This Awareness indicates that to have a dispensation or what might be called a forgiveness or amnesty for a person who simply claims to be a Child of the Light or who is pointed out by someone else as a Child of the Light, whereas this same amnesty would not be given to another who did not receive that title, would be unjust.

If one entity has karma for behavior that needs to be repaid and another has similar karma, and one claims to be a Child of the Light, and the other claims not to be or does not make such claim, why should the one be given greater amnesty rights than the other?

Those Who Express Remorse Often Receive Grace

This Awareness indicates however, *It has* pointed out that entities who experience remorse for error in their ways are generally qualified to receive spiritual grace and forgiveness for their crimes or sins because of the remorse expressed, particularly when the expressed remorse is accompanied by actions to help offset the sin or crime against another.

This Awareness indicates that essentially, if a person has no remorse for crimes against others or crimes against self, or crimes against the spiritual essence of their own being, then there is little reason to alleviate the karma that they might receive for such action, but if they do experience remorse there is the *Law of Grace* which is capable of overcoming, or offsetting karma and which forgives the entity and allows the entity to start with a clean slate.

This Awareness indicates however, it does not necessarily follow that people who refer to themselves as Children of the Light are necessarily remorseful for their errors. If they are, they will receive the opportunity for grace from spiritual sources and forgiveness for their errors if the remorse is suitable.

This Awareness indicates that likewise, even if the entity is not classified as a Child of the Light, this still applies. If his or her remorse is strong, the entity is qualified for Grace to intercede in offsetting the karma. This Awareness indicates the one thing that needs to be understood is that there is no obligation from spiritual sources to be graceful in forgiving entities of their

karma, but there is a generosity among spiritual sources to forgive entities who are remorseful.

Therefore, if an entity simply assumes an attitude of remorse in order to have karma relieved, it is not a guarantee. The entity must truly request and ask and seek, even beg if necessary, the spiritual sources, to forgive the entity for the errors committed. This Awareness indicates that how long, how hard an entity must plead for forgiveness is according to the particular case, and according to the generosity of the spiritual source that is being sought to give the forgiveness.

This Awareness indicates that in the Christian religion, in the approach of praying to Christ for forgiveness, it does not always transpire the first time one asks. In some cases, an entity will simply make the request that his or her sins be forgiven and it occurs. In other cases, entities must plead long and hard, and sometimes repeatedly, over a period of time before they truly experience total forgiveness for their errors and sins.

This Awareness indicates it is the same in regard to other spiritual beings who are capable of taking off the karma from entities when they express sufficient remorse for their mistakes or sins.

WHY THE ESCALATED VIOLENCE ON THIS PLANE?

QUESTION:

Some questions from Tabea Michalson, Vashon, Washington. She writes: "I've been told that 50 years worth of karma is being played out in a month's time. Is that the reason for the escalated violence occurring daily?"

COSMIC AWARENESS:

This Awareness indicates that the reason for the escalation of violence on this plane is in part because the planes of limbo have been opened and entities who carry heavy karma are being released onto this earth plane ahead of schedule and are not fully ready for early release, and by emptying the planes of limbo to let these entities reincarnate, some are being given an opportunity for rapid spiritual growth, while others are being given the opportunity to decide whether they wish to grow spiritual or regress.

"The Graves will be Open"—The Opening of Limbo

It is a time, wherein as in the *Book of Revelation* states: The graves will be opened. The graves being opened may equate to the opening of limbo or release of many entities who are demented, but at the same time, these entities have opportunities to take the right path or to take the wrong path, and if they take the wrong path and repeat their erroneous expressions in life, they will soon be removed from the earth again, and put back into a limbo-like restraint for much longer than they would have otherwise experienced and many of these entities will go into lower vibration in a setting, on a planet that is far behind in evolution than the present stage of the earth.

A Great Spiritual Cosmic Leap Due to Photon Belt

This Awareness indicates that likewise, those entities on earth who are of a higher spiritual vibration are preparing to make a great leap, a kind of cosmic leap into a higher frequency, a higher dimensional living, wherein they enter in to a much more spiritual atmosphere and enjoy a lifestyle, beyond that which has been historically or traditionally experienced on earth.

The split that is coming, as the earth passes through a photon belt will create the appearance of two different planets, wherein the lower astral shell of the planet earth will go in one direction, moving into a debased type of

dimension, and the other will go into a more highly evolved direction, moving into a higher dimension, and those who are attached to violence and debauchery of various types, will go in the downward movement in terms of vibrations and frequencies, while those who are more spiritually oriented will move toward that which is of a more higher frequency and vibration.

This Awareness indicates that this does not mean there will be a clear and absolute separation at a particular moment, but it will come to a particular time wherein those who are not clearly on the side of spiritual evolution, or those who are not clearly defined as being negative in their spiritual patterns and frequencies, will have to make a choice. There will be that situation created for each individual where a choice must be made.

A Choice Must be Made Between Materialism and Spirituality

This Awareness indicates that for many people, in fact, for *most* people on earth, that choice has already been made and most entities will move in the higher frequency direction, having already made their choice in that direction. But there are many who are sitting on the fence, straddling both behaviors, trying to enjoy the spiritual aspects of life on the one hand, while sometimes participating in debaucheries on the other hand, and these entities will have to choose one or the other at some point, because they cannot go in both ways.

The gap will widen and they must decide at some point whether to be materialistic or spiritual. By "materialistic" this Awareness indicates that it also includes not only the greed of material matter, but also behavior that is violent, hostile, separative and debauched in its expression. This Awareness indicates that for those who make the choice or who change their mind and attempt to move in the other dimension, there can be opportunities for that.

The Descent Into Debauchery Will be Difficult to Reverse

Entities who are in the median or pattern of debauchery still have opportunities to move into higher spiritual directions, but the further they go in the debauched direction, the more difficult it becomes to extract themselves from that behavior. Entities experience this in various ways. Those who get involved with street gangs may find it becoming more and more dangerous, for example, to extract themselves from the street gang mentality and society. It may become a kind of entrapment to them, whereby they know they cannot get out and stay alive without great risk to themselves.

This Awareness indicates likewise, entities who get involved in activities with the government, wherein they play the role of an agent involved in assassination or anti-American; this in terms of the American Constitution and freedom, to the point where they are simply working for the money they get to enslave others or to assassinate or to promote some non-ethical program of the government; such entities involved in activities that are basically driven from a debauched society or agency of government; these entities may find it extremely difficult to extract themselves as they get deeper and deeper in the involvement of their career.

In other words, one who becomes a hit man for the Mafia might find that in trying to get out of the Mafia he is threatened by death, or other types of punishment somewhat less hazardous than death. This Awareness indicates that it is a fact that as these energies begin to separate and entities find themselves splitting off from one dimension and going in the other dimension, the extraction of their selves from the flow they have chosen will at some point be impossible to make, and

they will be stuck in that stream and direction that they have chosen.

The Hell That Awaits on Other Dimensions for Some

They will not be able to make the leap to get back on course, in a spiritual sense. This Awareness indicates that this does not mean their souls are doomed forever into levels of evil or retarded spiritual behavior, but it may mean that they must live most of their further lives on a planet that is in a lower dimension, wherein there is much greater suffering, much more of that which entities think of as evil, and very little love, compassion and good, and entities living in such a condition are basically starting over, and may find that the only good in their environment is whatever good they can generate from within themselves, and they must learn then to generate good from within themselves and attempt to spread it among others in their environment on this hostile planet in order to have anything of enjoyment available to them in that new situation.

This Awareness indicates in other words, when the good people of the earth have been taken to a higher dimension and only those of hostility remain, then those of the hostile attitudes will recognize what they have lost and may begin to understand the value of higher ethical and spiritual principles and they may then wish to start making changes within themselves to produce spirituality and good in a very negative and hostile world. It will be a kind of new start of spiritual evolution beginning at the very bottom of the ladder, so that it begins moving up the scale from those levels that have fallen all the way to the bottom of the spiritual evolutionary cycle.

This Awareness indicates there are many entities who have a great disdain, in fact, a hostility, a disrespect for entities who are spiritually inclined or entities who are basically good, or entities who are loving in their behavior. They see this as weakness, and they have contempt for this. But when these entities have to live in a society wherein all people are like themselves: equally hostile toward any signs of goodness, hostile toward any signs of spiritual and human kindness as qualities held by entities; when they find there are no spiritual people, no kind people, only people like themselves, and they get no reaction from the good people of earth, and only those like themselves are there to relate to; they cannot shock each other in the same way that they could shock a good person.

They cannot frighten each other in the same way with the same results, that they might frighten a good person, a loving person. All they have is mirror images of their own hostility among everyone they meet. Then such entities will realize they are truly in a kind of social hell and that the behavior they have adopted for their lifestyle is that which gives them no satisfaction whatsoever and the contempt they have for the good people of earth, for the loving people, is unable to be expressed because there is no one around like this, no one who is kind to exhibit or exert your contempt for; then these people will find themselves isolated and there will only be one thing for them to do besides try to survive and stay alive.

There will only be one thing of any value for them, and that is to find something decent within themselves, to nurture and to cultivate. This Awareness indicates that if this can happen for a few of these entities, then the evolutionary cycle of spiritual development on that planet will begin afresh, and after thousands or perhaps hundreds of thousands of years, that planet will again grow into a civilization in which many entities are ready

to be raptured and move into a higher frequency, a higher dimension.

This Awareness indicates that this is the pattern of the evolution of humanity as it pertains to the earth in its historical cycle. It has long been a place where the disreputable and discards of other societies have been dropped and placed for learning how to cope in an undisciplined environment and the long period of evolution has led the earth to a point in which the good can be harvested or raptured and taken to a new planet on a higher dimension and enjoy a greater peace than has been available on this planet heretofore; and those of a negative nature will be left behind as the planet spirals downward in its vibration to lower frequencies that are emanating from those entities who have little spiritual value.

The Year 2012 Will Bring the Separation and Rapture of Earth

This Awareness indicates that this will culminate in the separation of the two energy fields of earth, in or about 2012, wherein the one vibration or astral shell moves to a higher dimension, and the other takes a turn toward lower frequencies and two earths become separated into two different dimensions, as a split occurs, and a rapture occurs for some and a movement into the bottomless pit of that which is the lower vibrations occurs for others.

This Awareness indicates that *It* realizes this is not an easy concept to explain or to understand. *It* has gone over this before. *It* will probably discuss it again in different words, each time making it a little clearer for those entities who can't quite, can't fully understand the process. It is difficult to explain in words what is actually to happen in terms of these vibrations that are transpiring between now and the time period suggested as 2012, when the split becomes more obvious and irreversible.

Who Decided to Open the Limbo Floodgates?

(A Last Call for Redemption is Offered)

FOLLOW-UP QUESTION:

The decision to open those floodgates from limbo; was this a decision of the Higher Forces or the dark forces?

COSMIC AWARENESS:

This Awareness indicates that this was a decision of the Higher Forces. Knowing that this split was to occur, it selected to bring these entities in to give them another chance, or a last chance to find redemption. This Awareness indicates that it is as though a prison were being opened because certain earthly phenomena were about to occur, wherein those in the prison would have a choice of moving with the majority of society who would make the right choices or moving into that direction of wrong choices.

This Awareness indicates if these entities remained in limbo during this opportunity, their opportunity to be released from limbo might not come again for many hundreds and thousands of years. They were given a chance for redemption. What they will do with the opportunity is up to each individually.

HOW DID THE MAYAN CIVILIZATION SUDDENLY DISAPPEAR?

QUESTION:

Another question from Tabea Michalson. "I have just read the book *The Celestine Prophecy*. The author, James Redfield, suggests the Mayan civilization disappeared because they attained a high state of spirituality and transported into a higher consciousness,

living on another plane. Does Awareness see that as valid?"

COSMIC AWARENESS:

This Awareness indicates that this appears to be correct. It appears that many of these entities reached into a higher spiritual understanding and gradually ascended, not altogether, but individually in such a way as to not need to reincarnate in Mayan bodies. This Awareness indicates that much of this is from spiritual teachings discoveries of the Incans, which became adopted by Mayans.

Much of it had to do with the realization of Light as a factor in spiritual evolution and the use of certain Light and meditation to evolve spiritually so that these entities need not remain attached to physical matter, but could enter into higher spiritual frequencies at a time of passing over and thus, they would not return to reincarnate and prolong the Mayan civilization.

This Awareness indicates that many of these entities were victims of wars brought on by the approach of the white man, particularly Cortez and his armies; once they were slain, these entities did not elect to return as Mayans and gradually the society fell apart and those Mayans that remained simply became indigent people of the land, such as the Lakandone (sic) Indians in the Yucatan peninsula and others throughout central America and South America as tribes that learned to live off the land but which never again organized as a large civilization.

How Did Aliens and Blood Letting Enter In?

FOLLOW-UP QUESTION:

How did the aliens and the human sacrifices and all that blood-letting come into this picture, if these entities evolved spiritually?

COSMIC AWARENESS:

This Awareness indicates the spiritual evolvement came later. The alien blood-letting made use of the priests who thought these aliens were gods and the aliens allowed the priests to have certain benefits, including certain chemicals that gave the priests great insight. This was related to the extraction of the adrenalchrome from these entities.

The Blood Sacrifices to Obtain Adrenalchrome

There would be lines of entities of Mayan society, sometimes lines a mile or more long, who would be selected for sacrifice during some of the latter-day activities of the aliens wherein the priests would help the aliens in these sacrifices and they would line up and move along, reaching a certain point wherein their heads would be placed in a kind of semi-circle shape, to be lobbed off, and the blood would be drawn from their bodies, even as the adrenalchrome was taken from their heads, and these entities would be sacrificed to the so-called gods: the aliens.

This Awareness indicates this substance taken from these entities, the adrenalchrome, would be processed and sold throughout the galaxy to others of their kind as a kind of drug, as a kind of monetary substance of value. It became a way whereby entities could pass the substance around, using humans as humans today might use cattle, to get certain drugs by butchering the cattle and extracting substances from them.

50,000 a Day Were Sacrificed to the Aliens for "Food of the Gods"

This Awareness indicates that often these sacrificial ceremonies would take 50,000 lives in a single day. This Awareness indicates that the priests were involved and they would be given a certain amount of the substance adrenalchrome, and it made them feel powerful. This

Awareness indicates that they referred to it as "Food Of The Gods."

This Awareness indicates that this was a way whereby much of the Mayan civilization was eliminated and destroyed, and it destroyed the essence of the people so that what little remained of the Mayans when the aliens departed was easy for Cortez to conquer. There was little left, and these entities essentially were unable to fight Cortez. Hoping that he was another god who had been sent to help them, they trusted him and in many cases, the trust was betrayed and again, they lost to foreign or alien influences.

This Awareness indicates the Lackandone (sic) Indians of the Yucatan peninsula are direct descendants of Mayans. Others have generally cross-bred with Incans and other Indians in Brazil and in the Andes in South America.

Who Were the Ugly Humanoid Entities on the Statues? Reticuli Greys?

(Deros From Underground Were Present)

FOLLOW-UP QUESTION:

A lot of the Mayan statuary depicts rather ugly humanoid looking entities. Were these aliens the Reticuli Grey?

COSMIC AWARENESS:

This Awareness indicates that these in many cases were Orion Greys and Reptoid types from Draco. This Awareness indicates that the Reticuli Grey were not involved to much degree in the Mayan destruction. This Awareness indicates, however, there were those from within the earth who are also related to the Reticuli Greys; those whom Richard Shaver refers to as Deros, and these entities were often more on the surface during those time periods though they built underground caverns and later moved into these underground caverns.

Some UFOs in Mexico Today are Helping Entities

This Awareness indicates that many of these Reptoids coming to earth in present time are moving into South America and Central America and reclaiming some of those caverns. This Awareness indicates there has been a great flap of UFOs in and around Mexico City for approximately a year since the big earthquake there. These entities, however, appear to be of a benevolent nature, even having helped to save many of the people in the area from natural disasters.

This Awareness indicates that these entities appear to be from Sirius, with some Pleiadian associates involved also. There are sightings of UFOs on a continuous basis over Mexico City for a approximately a year, with hundreds of people reporting almost daily these sightings. This Awareness indicates that there is a great problem in the U.S. of keeping this information quiet and it appears that there has been some release of the information already with more likely to come in the coming months.

What is the Agenda of the Sirians Today?

FOLLOW-UP QUESTION:

Are these Sirians there mainly to help these Mexicans or do they have another agenda?

COSMIC AWARENESS:

These entities are at war with the Reptoids and the Orion Greys who are seeking to take control of the earth. These Sirius, Vegans and Pleiadians are allied together to prevent the spread of the Orion empire and the Draconian federation. The earth is seen as a strategic outpost in this region of the galaxy because of its water and high mineral content and it is seen as a base

whereby life support is possible, for these entities to launch attacks on other planets in the region.

Therefore, the Vegans and Sirius and Pleiadians see the earth also as something that should not be easily surrendered to the Draconian/ Orion groups if it is possible to help keep it independent from these forces.

Is This "Intervention" by the Good Aliens?

(An Example of Good Aliens Helping Entities in Mexico)

FOLLOW-UP QUESTION:

Well, this then could more or less be classified as intervention.

COSMIC AWARENESS:

This Awareness indicates that this is in the affirmative. It appears to be the first sign of allied intervention from these entities, though there has been little activity of a war-like nature demonstrated toward the Draconian, the Zetas or Orion groups as yet from these entities. This Awareness indicates it is more as though they have sought to make themselves known and in that action, they have also let it be known that they are helpful in their presence.

This Awareness indicates essentially, a UFO perched high on a mountain and remained there for quite some time, repeatedly, over a period of time, on a nightly basis, drawing attention to itself, until certain officials finally decided to go up there on the mountain and see what they could find in terms of evidence of its having been there during the night. When they reached the peak they saw that a large amount of volcanic magma had been building at the top of this peak and was about to erupt and this led them to notify the villages below so that entire villages could be moved, and many lives saved.

They attributed the ability to save these entities to the UFO in its effort to call attention to what was happening on the mountain.

Are the Reptoids Having Second Thoughts?

FOLLOW-UP QUESTION:

Is the presence of these allied entities creating a situation whereby these Reptoids are having second thoughts about landing en masse in that area?

COSMIC AWARENESS:

This Awareness indicates they are not as yet discouraged. They are not weak in terms of their military and they do not feel a great threat by this. They see this small unit of enemy troops as a potential difficulty but they do not see it as reason to waver in their efforts to take control of the planet.

This Awareness indicates, however, it has given them cause for alarm and to make plans for a potential battle, but these entities have already been preparing for many years for a battle with the Pleiadians, Vegans and the Sirius groups, and that is why they have trained half-breeds: half-humans and half-Reptoid or half-human and half-Orion, to be ready when they are needed for such battles.

This Awareness has discussed this before.

How Goes the Implant Deactivation Program?

FOLLOW-UP QUESTION:

How is that program, by the way, going these days, where the government is deactivating implants? Awareness gave information regarding the Taos, New Mexico hum, not too long ago about this.

COSMIC AWARENESS:

This Awareness indicates that some of these implants are being not so much deactivated, but interfered with through the frequencies and vibrations, but there are still

many entities in terms of the breeding program or cloning program of the aliens, which are not affected in any way by the hum or frequencies that would block the implant, for many of these entities, *most* of these entities do not have implants.

Half-Breed Children See Humans as Ugly

They are bred and raised and influenced as half-breeds: half-human and half-alien, so that they are trained to fight for their alien masters or associates, seeing themselves as children of the aliens, rather than children of the humans. In fact, many of these entities do not like the humans and see them as primitive and ugly. They are sometimes appalled when they are introduced to their human parent.

This Awareness indicates that this program of creating half-breeds has progressed to the point where there are vast numbers of these entities, capable of being involved in large-scale warfare, or a very high-tech level. Even if all of the implants were destroyed, the half-breeds would still present a formidable army preceding the use of Reptoid entities or Orion entities in warfare.

In other words, these aliens would prefer to have half-breed entities fight their war than to do it themselves and they have prepared for this action.

Ed's Note: Please keep in mind that this reading was given almost five years ago in February, 1994. Today, Awareness through the Interpreter Grace is stating that this particular probable reality could not maintain its energy and is not going to happen. In fact, most of the Reptoids and Greys have left our planet because they could not stand the rising spiritual vibrations. This reading is being published today for historic purposes and to fill in for our readers certain facts pertaining to the alien agenda during that period.

HOW DOES ONE BECOME A HEALER?

(How Does One Bring Forth a Latent Spiritual Gift?)

QUESTION:

Tabea Michalson had one last question. She writes: "I've been told I could do healing. How does one prepare to become a healer, and protect oneself to negative reactions to such work? If this most precious spiritual gift is latent, how does one bring it forth?"

COSMIC AWARENESS:

This Awareness indicates that the entity has not specified as to the type of healing she is preparing for, whether it be herbal, acupuncture, medical, or naturopathic, or psychic, or of which of the psychic types of healings. There is that which is known as "Laying On Of Hands". There is that which occurs from passing the hands over the body, and there is that which occurs as a kind of trance healing.

This Awareness indicates there is also that which occurs through prayer or through imagery. This Awareness indicates the first thing the entity needs to do is to determine which type of healing she would seek to study or to develop. This Awareness indicates perhaps it is massage, or perhaps it is acupressure rather than acupuncture.

This Awareness indicates that there is so many different types of healing, that to prepare for healing is likened unto saying that one wants to get into computers. "How does one get into computers?" It is a question of whether you want to become a programmer, a mechanic, an electrician, or a word-processing person, or data base, or just what aspect you want to do, and how to do it will depend on what particular area your interest is in.

You cannot do all of the types of healings. This Awareness indicates that the question is too broad for a specific answer.

"Man's greatest joy is to slay his enemy, plunder his riches, ride his steeds, see the tears of his loved ones and embrace his women. ---Genghis Khan

QUESTIONER:

I think the line "If this most precious spiritual gift is latent" that she's implying some kind of spiritual healing.

COSMIC AWARENESS:

This Awareness indicates that this Awareness gives *Its* ministers certain information on the Laying On Of Hands or on Charismatic Healing and on Sacramental Healing and these have been outlined for *Its* ministers to study during Development Classes. To repeat the information at this time would be redundant and would lack the quality of being specific which is necessary for a clear message.

If you wish to print these for the membership, It would answer her question, but it would be more appropriate to send the entity the information that has already been put together, or to ask those who want the information to send for it, than to put it out again to everyone who may not even have an interest in this particular question.

This Awareness indicates that the information that has already been given on this not only describes how to prepare for it, but how to do the healing. There are three different types, each requiring at least a page of typed information to understand how to do these healings.

QUESTIONER:

Yes, we do make available The Spiritual Healing Manual to entities. I'll suggest that.*

*CAC permanently stocks the Spiritual Healing Manual and you do not have to take the Development Classes to get it. The price is \$3.00 plus postage.

CONSULTING WITH PSYCHICS

(Should We All Follow Edgar Cayce's Advice?)

QUESTION:

A question from Dale H., Saint Petersburg, Florida. "Edgar Cayce repeatedly cautioned persons not to consult with psychics for information, but still, if persons consulted only with Edgar Cayce or with Awareness, they would be considerably overloaded. The Interpreters could not possibly handle all of the requests for readings. Besides that, Awareness is not giving personal readings at the present time.

"How can this be reconciled? Are persons not to consult with psychic readers at any time?" he asks.

COSMIC AWARENESS:

This Awareness indicates that there are many entities who caution against consulting with psychics for fear that entities will become too dependent on psychic interpretations and find themselves following advice of someone who claims to be a psychic, who may not even be psychic in the real sense at all, but who may simply be faking it or presenting false information.

This Awareness indicates there is some danger in the action. For example, there have been numerous entities who have questioned this Awareness in readings about things that psychics have told them. For example, an entity asking about a message from a psychic who told them that they had been cursed, and that they would never find success and great harm would befall them, and this Awareness looked at the information given by the psychic and saw that it was simply information designed to influence the questioner to get more psychic readings from the entity, whereby the entity claiming to be a psychic promised to remove the curse after so many readings, or to help the entity free himself of other problems, in a sense, assuring that the entity, if believing the first reading, would come back for perhaps ten or more further psychic readings from the entity.

This kind of fraud is absolutely abhorrent, and yet there are many entities who rely so much on the concept of a psychic as being trustworthy that they would gladly pay for ten or more psychic readings, each getting more expensive sometimes, in order to get a curse removed which didn't exist in the first place.

Many Psychics Today Are as Crooked as in Biblical Times

This Awareness indicates that the psychics of today in many cases are fraudulent and it is not seen that the psychics were necessarily any more truthful in Biblical times, and thus, in Biblical Scripture there were those who warned against soothsayers and people of this type, and therefore, it became Scripture, and many entities today caution against the use of psychics or soothsayers, or others, even astrologers.

The Bible Does Not Warn Against Astrology

This Awareness does wish to point out, however, that many Christians warn against astrologers and claim the Bible warns against this, and yet, if you look up astrology in a concordance you will find that the only references to astrology are those speaking of Joseph as being able to interpret the dream of the Pharaoh, when the astrologers were unable to.

This Awareness indicates that you will find that if you study astrology, they do not make any claims at all that they can interpret dreams, nor do they ever make such efforts at dream interpretation. These might be better interpreted by psychologists than astrologers, so that any Biblical condemnation of astrologers for not being able to interpret Joseph's dream would be a ridiculous condemnation since that is not their forte or purpose.

If you can find a good psychic, one that does not seek to take you for your money, or give you vague, broad, general answers that could apply to anything, then indeed, it is likely to be beneficial, particularly if your situation is not a life and death problem and whereby you do not rely only on your psychic for directing and guiding your life, and if you do not trust your psychic as much as you trust Divine Forces, then this Awareness sees no harm in consulting a psychic for his or her opinion.

You must realize that your own mother or father, or your own lawyer or business consultant, might have better insight into your particular problem if they are trained in such than would a psychic, but you may also realize that a psychic may be able to answer certain questions better than any of these other so-called experts when it is a question of some nature that is not specifically available through study of law or business et cetera.

There are some things that psychics can do that others simply cannot do. For example, if a loved one leaves you and you cannot understand why, perhaps a psychic can tell you better than your lawyer or your psychiatrist or your mother or father, or your business partner could tell you. This Awareness indicates that, of course, if you consult a psychic who is not really psychic but who is glib in his or her ability to give vague answers that are possibly correct, or at least are not obviously in error, then you may find yourself being misled and having your money taken from you.

This Awareness indicates, of course, *It* has given an example previously, wherein for example a person might ask "Why do I and my loved one fight so much?" A phony psychic could give you the answer, but the entity would not necessarily be psychic. The entity could say: "Because you each have different desires and you have not communicated clearly what your needs are so that the other understands and is willing to cooperate in helping you each to meet your desires."

That is a perfect answer, but one needs not be psychic to answer such a question. This Awareness indicates that in this sense, you can consult a psychic who is simply a good psychologist and not psychic at all, who understands the nature of desires and of communication.

This Awareness indicates that of course such an entity may be a good counselor going under the title of psychic and little or no harm is done, but if the psychic or so-called psychic is phony, and tries to use you, trying to extract greater sums of money, for example, by telling you that there is some heavy curse put upon you that will be very difficult to eradicate without large sums of money to offset the energy required by the psychic, you have good reason to question the ethics of such an entity.

How to Remove a Curse From an Entity

It may be true, but it is more likely to be a scam, a way of defrauding you and part you from your money. This Awareness indicates that it is extremely easy to remove a curse upon a person, and there is no need for more than one or two sessions if the psychic is of any value. One session would remove 90% of all curses, if the psychic is of any value at all. A second session might be needed for perhaps 10% or fewer curses.

This Awareness indicates a curse is simply a statement that an entity has chosen to believe, whereby the statement is of a negative nature, and the entity believes it, and a good psychic can simply remove the curse by convincing the entity that the curse is no longer valid, the curse is not there, the curse has been lifted. It can be done in a few sentences, a few words, or perhaps a few minutes of discussion; whatever it takes to alter the entity's mind and belief in the curse. This Awareness indicates that there is no such thing as a curse that does not convince the entity to believe in it, for if you do not believe in it, it doesn't take effect.

This Awareness indicates therefore, warnings about psychics should be taken seriously, but not as absolute as some people would have you take them. There can be benefits. This Awareness indicates it is likened unto saying "Do not seek advice from entities on the street." This is approximately of the same value as saying "Do not seek information from psychics!" because some psychics can be very helpful. Other psychics can be harmful, if you are stupid enough to believe something they say as being gospel truth when they are simply faking it and trying to pretend to be psychic.

This Awareness indicates the statement "Do not seek advice from people on the street!" likewise can be erroneous, or it can be valid. If you speak to someone on the street about something, it may be of great value to you. For example, you ask an entity: "How do I get to 4th street from here?" The advice the entity gives may be of great value to you! But if you ask the entity: "What stock should I invest in during the months of September through December to get the most from my investment?" you would be a fool to ask an entity in the street such a question without knowing who they are, what their expertise is, especially if you were to take their advice.

This Awareness indicates that entities put too much emphasis on statements made by other people whom they admire, thus, a Biblical statement becomes "law" to some entities, yet they forget that it was a priest or some scribe, 4,000 years ago perhaps, who wrote that message which still bonds them, carries weight and appears to be absolute unquestionable law to them.

That Angel that Stood on All Four Corners of the Earth

Thus, the entity who wrote about seeing an angel that stood on the four corners of the earth is to be held in

absolute awe because it is in the Bible, and the statement then would imply that there are four corners on the earth. These four corners have not yet been located, but since the Bible says an angel stood on the four corners of the earth, they must be there, because the Bible is not to be questioned.

A Word About "God's Word"

Why is the Bible not to be questioned? you may ask, and the answer of course will come: "Because, it is God's word!" Thus, the entity implies that God wrote the Bible, and yet you know that in reality, men wrote the words in the Bible. Many of these words were plagiarized from earlier writings or from writings of other cultures, but you *want* to believe that God sat down with a pen or feather and wrote out every word in the Bible, and it was later retyped exactly from God's own handwriting.

This Awareness indicates that you know in reality that it was written by various scribes or writers of various cultures, of various time periods. Are you saying that each of these writers --the ones from Sumeria, the ones from Akkadia, the ones from Israel, the ones from India, the ones from Macedonia, the rewriters and the entities from Mesopotamia; --that all of these different entities who wrote and contributed to the collection of material known as the Bible are God?

Are you saying that these entities are all God, when you say that it is "God's word?" This Awareness indicates that entities simply don't think. They listen and they believe, and being gullible, and believing something, they settle on their beliefs and get satisfied with their beliefs and rest upon their beliefs and fight against anything that conflicts with their beliefs, and in the process, they find enemies with whom they are in conflict; and groups of people, having certain beliefs, band together against other groups who have other beliefs and they may start wars based on conflicting beliefs.

Is this a way to live? Is this a way to solve questions and problems? Is it not seen as beneficial that these entities would be better off exploring their beliefs, questioning their beliefs, trying to understand the basis of their beliefs and looking for truth, rather than protecting their beliefs which may have little or no foundation, or substance other than some authority has told them to believe?

How Edgar Cayce Cancels Out His Own Statements

This Awareness indicates that Edgar Cayce repeated, essentially, a statement that has been handed down from some scribe in ancient times, not to consult soothsayers, and applies this to psychics, yet Edgar Cayce is considered one of the top psychics of the century, and though he did not consider himself to be such, in his statement: "Don't consult psychics!" he eradicates all of his authority, everything you would believe in, if you accepted his statement "Do not consult psychics!"

It is likened unto saying "Whatever you do, don't believe anything anyone says!" which may make sense until you realize that the person just said something that you are not to believe. This Awareness indicates in other words, Edgar Cayce, the psychic, telling you not to believe or consult psychics, cancels out his statements.

This Awareness suggests that you should question psychics. You should be skeptical of their messages. You should listen to what they have to say if you think they can be of help, and then consider it according to the evidence you have, or according to evidence that comes along within the future, and if evidence substantiates that which the psychic gives or if it contradicts that which the psychic gave, you can find reason to further

accept or further denounce the message from the psychic.

If the psychic seems to be accurate in 9 out of 10 instances, you know that any statement the entity makes is more likely to be correct than if the entity is incorrect 9 out of 10 times. It is a matter of weighing and balancing and checking the validity of information, whether it comes from a psychic, whether it comes from a child, whether it comes from an attorney, or from some know-it-all who claims to be the expert on everything such as Rush Limbaugh or someone similar.

You have to question, you have to explore, you have to find truth for yourself and learn not to trust authorities just because they claim to be authorities or because they have some title that labels them as an authority. Even authorities who are gifted and true in most things still can make mistakes.

This Awareness indicates that the doctor who knows everything about medicine may not be able to tell you how to get to a particular store in the next town, and if you think that he is an authority because he knows everything about medicine, and you follow his directions to reach that store in the next town, you may find yourself hopelessly lost because the "authority" is not necessarily an authority on everything.

The expert in one field can give you great information on that which he has an expertise in, but he may not be able to give you information on something with which he is not familiar. Thus, the astronomer who tells you that astrology is false, may not know what he is talking about, having never studied astrology.

This Awareness indicates that it is simply a matter of listening and finding the basis for what an entity says, and deciding that the entity is correct in most cases or is not often correct or is only marginally correct, and trusting the entity's statements to that degree to which the evidence suggests a correctness.

The entity who is a psychic, who has a 50/50 track record is no better than the entity who flips a coin and comes up with answers. This Awareness indicates that the entity who is psychic and hits the mark 80% of the time is 80% trustworthy, but you better not hang your life on the advice of such an entity, because there is still that 20% error that may pop up at any time.

QUESTION AUTHORITY!

CLOSING MESSAGE:

This Awareness indicates that it appears that there are many little things that are obvious once they have been pointed out. The very action of entities questioning authority is obvious, but too many people don't think about doing the obvious until someone points out the importance of questioning authority.

This Awareness indicates that the reason for this is often a matter of conditioning. You cannot blame yourself for believing authority if you have been taught and trained from childhood not to question authority. How can you be held responsible for obedience to authority if that has been your programming, your brain-washing, your conditioning?

But, once it has been pointed out that entities *can* make mistakes, or that authorities only are authorized as authorities in those areas where they are expert, where they have a kind of expertise (and even that may be of limited focus) then once you understand that, you can think around such experts, perhaps seeing things they don't understand.

This Awareness indicates that many great inventions are brought about by people who are not expert in the

particular field, because these entities look at the field with fresh eyes and see things that are wrong that have developed along expertise lines, but which are not encompassing new developments, and by looking from another point of view, they may see how it could be done better if they used this new equipment from another field, and applied it to their field of expertise.

This occurs quite often. The outsider discovers something of greater benefit and the insider wonders "Why didn't I think of that?" This Awareness indicates that when entities begin to explore the full potential of their minds, they will have to first stop assuming that everybody else knows what's going on and they will have to start thinking for themselves along the lines of an onlooker who looks afresh at the elements involved in a situation.

This Awareness indicates that as you look freshly with new eyes, with new focus, without necessarily being controlled by the tradition, or by the authority or by the way it's done, or by the method involved, but look for something different, something new, something unusual, or something outside the norm, you can create or discover or find all kinds of ways to do it differently.

Children are Great at Looking at Things for Many Uses

Children are great at this kind of thinking. This Awareness indicates that every child finds several uses for a cup. A cup is not only to drink out of, it is something to put on your head. It is something to put your foot in. It is something to hang on a stick. A child is constantly looking for new things to do with whatever he or she is interested in, or new ways to do it.

Crayons are not simply for coloring. They are to eat. They are to stick in your ear. They are to drop in the toilet. They are for putting in the fish-tank. Crayons are for all kinds of activities. The child is extremely creative and discovers things. Adults lose that creativity because the experts tell them how to do it, what to do with it, and not to do anything else! They even tell them how to hold it when they color, and which hand to hold it with.

This Awareness indicates that by the time you are adult, everything is regimented and you cannot create a picture because you don't have the right tool that you were trained to use. Thus, you want to draw a picture of a house structure, but you can't draw it because you don't have a drafting pen. You only have a crayon, and everyone knows that crayons are for coloring, not for drawing.

Adults Need to Become More Creative

This Awareness indicates that this kind of thinking hinders entities as they become older; it keeps you from being inventive, from being creative. You cannot unscrew the screw because your screwdriver is in your car and your wife has the car. The child simply reaches in the drawer, takes out a butter knife and unscrews the screw. The adult would not do so. In fact, the adult would want a particular size of screwdriver.

This Awareness indicates that sometimes it is important to become more loose instead of so rigid. It is important to become creative, to use a substitute. You have no hammer, but there is the old crowbar, and it can pound nails as well as the hammer can pound nails. This Awareness indicates you only have one nail to drive anyway, so why not use the crowbar? Save yourself a trip and the cost of a new hammer!

This Awareness indicates that, of course, *It* cannot cover all the areas wherein entities can learn to be creative. *It* is only giving a few examples so that you, in your own imagination can learn to be more creative in your thinking, in your actions. Creativity has to do

sometimes with substitution. You substitute the normal traditional thing for something different or it has to do with something accidental.

How the "Post-It Notes" Came Into Being

An accident happens and you discover something from the accident and you become creative. Sometimes, something doesn't work out right, and something else is made. The little stick-on papers that entities write notes on was an accidental development in Dow Chemical Company, wherein the entity didn't get his glue quite right and found that it peels off and the entity discovering this, made a bunch of paper with that type of glue on it, and passed it around the office for entities to use as Post-It Notes, and this was used within the office for quite a long time before someone got the idea: "Why don't we market this? We like it! It works for us! Maybe others would like it also!"

Thus, the Post-It Notes were an invention from an accident. This Awareness indicates that sometimes an invention comes when something gets twisted or turned around. The electronic drums were created by sending tones through a certain frequency level whereby there were tones of different frequencies signifying the notes of a scale, and to reach the tone you had to hit the drum pad to connect and make the tone sound or go through.

In other words, in connecting the signal so that it wasn't broken, he made a drum sound of a certain note, and you could set these notes according to your own desire, at different frequencies. It was simply an electric tonal sound frequency. To create the sound of a snare drum, the inventor turned around a chip so that he received nothing but static. Then, when the drumstick hit the drum-head or pad, and the snare was turned on, the static came through and it sounded like a snare drum.

This Awareness indicates in other words, by turning things backwards or by creating a twist of something traditionally done otherwise, you may invent something that is beneficial, something you wanted to do. This Awareness indicates *It* is simply giving you this kind of information to help you think more clearly and have a greater range of thinking so that your thinking does not simply follow old patterns, old methods, sub-routines, routines and the same old paths.

Learn to think along different paths, different lines, and your consciousness will expand and your insights will grow and your understanding will find new areas of exploration.

Question authority, question tradition. You do not have to throw them out, but you do need not to be afraid to question. In questioning you may discover that they are absolutely correct, and you may discover they have a very good reason for being.

This Awareness indicates the superstition of not walking under a ladder or you receive bad luck may be more than mere superstition. Perhaps in the time it was first created, the warning not to walk under ladders was of great value because in walking under ladders, a bucket of paint might fall on you.

This Awareness indicates in other words, although you know that walking under ladders causing bad luck would be a superstition, it also can be of value. Thus, the so-called superstition may be a good caution or warning and not simply a superstition. This Awareness indicates that all of this discussion basically came from the concern about the warning over consulting psychics.

Such a statement can be explored and questioned and you can find ways of thinking through the concern by exploring why anyone would say that, exploring the

WHAT IS COSMIC AWARENESS?

COSMIC AWARENESS is the Force that expressed itself through Jesus of Nazareth, the Buddha, Krishna, Mohammed, Edgar Cayce and other great avatars who served as 'Channels' for the 'Heavenly Father' and who speaks again today as the world begins to enter the 'New Age' of spiritual consciousness and awareness. Since 1963 Cosmic Awareness has been communicating through carefully trained channels. This information is for those who desire to help in bringing in the New Age. Throughout the thousands of 'Readings' given through these various channels, Cosmic Awareness tells us not to believe anything, but to question, explore, doubt, and discover for yourself, through your own channel what is the truth. Cosmic Awareness will only 'indicate' and 'suggest'. Neither C.A.C. or any of the Interpreters is responsible for anything Cosmic Awareness states in any of these readings, nor does C.A.C. or the Interpreters necessarily agree with the statements of Cosmic Awareness. The Interpreters interpret the energies as they see them in trance levels and are not personally responsible for what is said. The Interpreters published herein have no connection with, nor control over the editorial comments and material, including illustrations. This is entirely the responsibility of the editor. Members of C.A.C. are invited to send in questions of general interest to ask Awareness for possible publication in this newsletter.

The interpreters for the readings in this newsletter are:
Paul Shockley and Grace.

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concept from different sides, and you can see that consulting psychics can be dangerous, but to put it as a rule of Biblical proportions, as a rule that might imply your soul will be damned in hell if you consult psychics is absurd.

This Awareness indicates that the Interpreter should be brought from trance at this time.

The Law of Gratitude is given)

Seattle Post-Intelligencer • Wednesday, September 2, 1998

Death row: Killing was a thrill, murderer says

By SCOTT SUNDE
PI REPORTER

WALLA WALLA — Jeremy Sagastegui, an admitted triple murderer likely to become the first condemned man to die by lethal injection in Washington state, yesterday said he considers his Oct. 13 execution a form of suicide.

"There's no reason to appeal," he said. "I'm pretty much happy with what I'm getting now. There's nothing wrong with getting executed."

Sagastegui, interviewed yesterday in the intensive-management unit at the Washington State Penitentiary in Walla Walla, has done nothing to fight his

execution. He pleaded guilty to the 1995 killings near Kennewick, refused the help of lawyers and waived his right to appeal. He offered no hint of remorse or kind words to the relatives of those he killed.

"I'm still not sorry. I know I should feel bad I killed people, but..."

Death penalty opponents say Sagastegui should not be allowed to work the system to help him kill himself.

"I believe that he is using the state as a means of suicide," said Roger Hunko, a Port Orchard attorney who chairs the death penalty committee of the Washington Association of Criminal Defense Lawyers. "There is a

percentage of people out there who commit homicide simply to be sentenced to the death penalty and to get their 15 minutes of fame."

If the execution goes on as planned, Sagastegui will be the second murderer in the state to choose execution. Since the death penalty resumed in Washington state in 1993, only two people have been executed, including Westley Allen Dodd, a child killer, who asked for the execution he received Jan. 5, 1993.

But Hunko and others who would like to spare Sagastegui's life can expect no help from him. "It'll all be over. This stuff here,

this is all the life you get, and that's it," said the self-proclaimed atheist.

Nor can the families of his three victims — two women and a 3-year-old boy whom he also sodomized — expect an apology. "I don't feel sorry for them," he said.

Killing, he said, was a thrill.

"If you have been hunting, you know how it felt like," he said. "Killing was fun. It was fun. I did it because I wanted to. It felt good."

He would kill again if he got the chance and had a weapon, he said.

Sagastegui, who has been urging the state to take his life for nearly two years, would be the 76th person executed in Washington since the state started to keep records in 1904. But he would be the first killed by lethal injection since the Legislature's decision in 1996 making it, not hanging, the preferred method of execution. Under current law, inmates are given the choice between hanging and lethal injection.

VISIT THE NEW C.A.C. HOME PAGE ON THE INTERNET

CAC now has another Web site here in Olympia. It contains a lot of information on the history of the Awareness Movement, what CAC is all about, plus colored photos of the entities who make this newsletter possible: Vikki T., your editor, Grace, Paul Shockley, Strongbow, Lady K, Rufus and Wilber. There is also information on some health products like Silver Wain Water. And for you who just can't wait for the next Lesson, The Lessons of Enlightenment are also there, free of charge. Just download and print! You can also click and tie in to our other website. Just type in:

members.aol.com/cosmiccomm/cachome/cac.html

Note: non AOL users may have to type in the following before adding our new site: <http://>

PLEASE SEND US QUESTIONS!

We really need good, fresh questions on health, relationships, mysteries, spiritual matters, etc. Please, no more conspiracy or negative, fear-based subjects. Put on your thinking caps and send them in! Send by mail, FAX, or E-Mail to C.A.C. Many thanks!

FAX: 360-352-6294

Internet: CosmicComm@aol.com

CAC Home Page Web Site:
members.aol.com/cosmiccomm/cachome/cac.html

Grace 39 3/8/98

An Update on Mass-Consciousness Changes (Old Questions May be Looked at and Updated)

QUESTION:

Would Awareness repeat that opening message if it could? There was a foul-up with the tape.... 'A hearty congratulations'...

COSMIC AWARENESS:

This Awareness suggests a hearty congratulations is in order for the energy and effort expended toward the goals of this organization. This Awareness acknowledges the magnitude of the challenge of accomplishing a turnabout of energies and consciousness, shifting from an emphasis upon understandings through the lens of mass-consciousness and attuning them instead through a more finely honed resonance to Universal Consciousness.

This Awareness suggests that this is indeed a time of great celebration, for energies from the source of this Awareness have been imparted through various oracles since the dawn of humanity with messages and interpretations designed to address the focus, the conditions, the beliefs and truths of mass-consciousness of given periods of human history, and that given the level and complexity of existing world views and mental limitations, that a great deal of metaphor, symbolism and morality tales have been necessary in lieu of more direct abstract information.

This Awareness indicates that these mechanism were necessary, although the symbolism and metaphor became more complex as did human cultures; that it has only been within the last several years that the level of receptivity of human consciousness in general has begun to vibrate and resonate at levels which invite frequencies of energy and insight from this Awareness at more universal and therefore beneficial levels.

This Awareness suggests that those entities who have followed the wisdom of various Avatars, including the Interpreters within this organization, can readily determine the patterns of symbolic thought which lie within messages completed, but that at present, with the focus upon and access into more Universal Levels of Consciousness, that new meaning can be derived from previous offerings.

This Awareness suggests that in keeping with this shift and acceleration in human consciousness, that previous contributions from every source, be they religious, political, philosophical, spiritual, or from any other recognizable source can be revisited through the lens of more Universal Understanding.

Therefore, this Awareness suggests that if there is difficulty, frustration, and puzzlement with the organization regarding how best to format information, that in addition to opening avenues and soliciting questions from the membership of a more personal and internal nature, that it can be beneficial also to revisit questions of previous times.

This Awareness suggests that the perspectives offered as filtered through the understandings of current events and current perspectives can be made whole, fleshed out and intensified in value with the additional perspectives available at this time. This Awareness suggests also as a resource, to solicit information, understanding and to provide real-world examples and illustrations of the essential concepts now being communicated.

Some Current Events Questions Are Now Acceptable

This Awareness suggests that a valuable addition to this question and answer newsletter format would be

appraisals and evaluations springing from daily news items, events both curious and mundane; current events which seize the public consciousness or other such sources. This Awareness suggests that there is some concern regarding the quantity of incoming questions and this Awareness grants permission, if permission is deemed necessary, for the editor and other members of the organization to keep the eyes opened and allow the feelings to direct the attention to specific news items worthy of comment.

This Awareness suggests that the level of development within each member of the community as well as the leaders of the organization themselves have already, through diligent efforts opened portals to consciousness and have become attuned to levels of intuitive feeling which before had escaped the consciousness.

This Awareness suggests that entities should experiment with this inner mechanism which is now gaining its proper voice and respect and that through identifying and noticing the "Ahah!" experience or feeling, that certain issues and questions will be validated by such feelings.

This Awareness requests the contribution of any such issue that entities feel inclined to question for further more universal interpretation and understanding of day to day community or world events.

This Awareness suggests that this effort in addition to those energies already being expended toward the studying and understanding of the concepts within the *Lessons of Enlightenment*; the sharing and exchange of information whether it be person to person or through the newsletter format and its duplication, or be it through the technological outlets such as the world-wide Web; that the information dissemination can continue and shall be facilitated such that the information continues to be spread far and wide, and that efforts to accumulate additional outlets: efforts at advertising and creating community focus groups and other such mechanisms the staff or members of the community can deem appropriate; that the energy continues to build toward the necessary critical mass.

Progress is impressive, and this is good. There is no further message at this time.

"THE MOZART EFFECT"

(What Is It About Classical Music That Is So Beneficial?)

QUESTION:

A question from JD. She writes: 'Concerning the so-called 'Mozart Effect,' it has been shown that classical music in general, and Mozart in particular has numerous benefits for developing children's mental, emotional etc. A state governor has taken to giving classical tapes to the parents of newborns to give them a better start in life.

"What exactly is it about classical music that has such beneficial effects, and what is it about the music of Wolfgang Amadeus Mozart which makes it superior in this respect?"

Cosmic Awareness:

This Awareness suggests that within the grand design of the physical form, as part and parcel of the spiritual imprint upon the form, which was intended to provide the spiritual safety net and evidence of spiritual intention despite the possibility of human entrapment and consumption within the illusion of the physical experience, that encoded within the physical form are certain mechanisms which automatically call forth spiritual resonance and connection to remind the potentially misguided earthbound entity away from the illusions of mass-consciousness and physical experience, inward on

a journey of recognition of the spirituality which indeed lies at the core of all matter and of all experience.

This Awareness suggests that attuned to the very energy centers of the physical body are the resonance, are the chords, are the rhythms and the harmonies of music. This Awareness suggests that the human creative impulse, constantly motivated toward spiritual expression from the earliest days of human existence, experienced resonance and delight by creating musical tones which resonated not only with the vibrations of the energy centers themselves, but with the movement of thought and the pulses of consciousness.

This Awareness indicates that certain rhythms and harmonies were manifestations of mathematical patterns which constitute the physical building blocks of creation itself. This Awareness suggests that throughout human civilization in many forms, in many styles, the phenomenon of music has been a singularly omnipresent example of enduring spiritual pleasure and resonance for no particular reason other than entities understand in the fiber of their being this Universal Resonance that it does in fact invoke.

More to be Discovered on the Power and Mystery of Music

This Awareness suggests that the power and mystery of music is far from actually being discovered, for there can be tremendous value and power from sound and vocal resonance, including actual physical alterations and healing of tissues, utilizing mechanisms of sound.

This Awareness suggests that there is some progress toward the discovery of these potentials due to the creative expression of such entities as Wolfgang Amadeus Mozart. This Awareness suggests that this particular entity had the very specific mission of ensuring that certain patterns of intonation and rhythm, certain notes and harmonies were communicated and delivered upon humanity to endure and provide clues and hints and mathematical challenges to help entities discover the powers that lie within the auditory vibrations.

The Prodigious Gift of Mozart Defies Explanation

This Awareness suggests that this entity's incarnation is a vivid example of one clearly choosing the Destiny Path and preparing the form and utilizing the psychic family foster environment to best facilitate that gift and destiny. This Awareness suggests that the prodigious nature of his talent defies explanation given the fact that mental development, motor skill, practice and repetition is necessary for most humans to develop even a small percentage of the skill of producing music that this entity carried over into his physical existence.

This Awareness suggests also there was some political emphasis within mass consciousness of the day which was poised to shift away from certain enlightened directions that had come about and that the timing of the life of this entity and his contributions served as an interventionary mechanism that altered this more negative probability.

This Awareness suggests that just as energies from entities embodying the concepts of the *Lessons of Enlightenment*, of human empowerment and of understanding the gift of Will and the utter freedom to create the desired realities and the liberation from the ideas and truths of mass-consciousness which cast entities as pawns at the whim of authority, of government, of nationality, or religion or any other external gods, and restoring the validity of the internal guidance; that just as such energy is building toward this phenomenal shift and expanse of human consciousness, that this entity's contribution had significant impact upon the consciousness of his day and continues to exist as a reminder

through his music of the resonance from within of Universal Spirit with its mystery, its magical perfection and mathematic precision that has provided an essential faith that has been and can continue to be tapped to assist in the movement toward rightful spiritual empowerment.

How the Music of Mozart Effects Infants and Children

This Awareness suggests that the music from this entity, and many other such contributors can serve to facilitate the development of brain structures in infants as well as children and even adults that facilitate communication between brain hemispheres to maximize the mental acuity and abilities which shall be called upon as individuals awaken to the tremendous powers of mind upon removing the limitations that have been accepted and retained since time untold.

This Awareness suggests that entities take time to relax, to allow the consciousness to flow with the chords and the harmonies and the rhythms from this entity and recognize the resonance of Spirit within, such that this signal can be recognized and utilized within the understandings that are now unfolding.

If we have completion, we can continue.

The Mysterious Death of Mozart

(Was he Killed for Releasing Masonic Secrets?)

QUESTION:

Yes. In regard to Mozart, his untimely death came at such a young age. There's been a lot of information down through the years that there was a conspiracy to eliminate this entity for various reasons, including jealousy of other musicians, and one of the latest ones I read was that he was dispatched for revealing in his final opera The Magic Flute, certain secrets of the Masons, Masonic concepts and rituals in the opera. Is there any truth at all to those stories?

COSMIC AWARENESS:

This Awareness suggests that the basic truth lies in the universal resonance that this entity did in fact reveal secrets of the universe, many of which may have been embodied within certain tenets such as those described, but that as should now be understood, no entity can be dispatched by another, no entity can be the victim of a conspiracy *without* express complacent acceptance and participation, through applying Will Energy into chosen beliefs.

This Awareness suggests that the untimely death of this entity, as it has been stated, was part and parcel of the plan of this entity, for the Spirit acknowledged that the physical form would have to endure an intensity and sensitivity level which, given the understandings and the times and the limitations of that particular period in human history; that such sensitivity and intensity of Spirit would cause a significant amount of pain; pain from misunderstanding, pain of loneliness, pain of intellectual isolation, often accompanied by levels of such genius.

This Awareness suggests that the Destiny Path was one of brevity and intensity such as the life through the eyes of a human witness of a meteor as it burns brightly and briefly but leaving a lingering impression, not easy to forget.

If we have completion we can continue.

Is the Time of Death Decided by the Soul?

QUESTION:

Another question from JD, the second part of which does relate to Mozart again. She writes: "Is it correct that the time of "death" is decided by the soul, that it withdraws from the body when it determines that

nothing further can be gained by prolonging the incarnation?"

COSMIC AWARENESS:

This Awareness suggests that this is in the affirmative and in many such cases, this decision is a conscious decision. The incarnate entity participates in the retraction from the physical form. This Awareness suggests however, that for the most part, such intuitive information, although readily available is not recognized or identified as such due to the proliferation of truths and ideas and beliefs held in mind which simply leave no room for such experience or insight, and thus, simply do not perceive such insight and intuition, or interpret insights as insignificant mental ramblings.

Entities Should Enjoy and Participate in the Death Process

This Awareness suggests that for this reason a tremendous amount of distortion, misunderstanding and denial surrounds the transition known as death. This Awareness suggests that this mass-denial should be set aside and the transitional experience be examined for what it *can* be, such that entities can enjoy and actively participate in the closure of the completion of projects, of the communications of compassion, forgiveness and apology, such that each and every lingering negative emotion is answered with its Right Response within, whereby attitudes and beliefs are expanded to include the totality of existence to provide the meaning and understanding of the major challenges, the major pitfalls and the major dalliances which may have slowed the potential progress, along with the sufficient Light Responses, wherein communications and closures, particularly forgiveness, is communicated between entities who may have committed or participated in violations, or have been the victims of violations.

This Awareness suggests that the transition need not be a dark and dreaded moment wherein entities must sneak from their physical form in the wee hours of the morning when no one is looking, for it has become such a negative and horrible and defiled experience. This Awareness suggests instead that entities begin to reconceptualize the transition as a time of celebration, of sharing wisdom, of completing tasks, of fulfilling dreams, of communicating wisdom, of completion, pilgrimages, of sharing positions and impacting and uniting communities large and small.

This Awareness suggests that the concepts of 'retirement' and 'death' or 'transition' can be consolidated to view and reserve a specific portion of the life experience for these specific activities and insights and developmental experiences which can allow for the maximum completion in spiritual expression,

This Awareness suggests that the vestiges of religions which cling to scenarios of death wherein entities' spirits are relegated to specific destinations regarding the rightness of living as judged by external forces such as religious tenets, philosophies and even judicial dictates; that such attitudes shall begin to give way as entities recognize the enduring nature of the spirit, the compassionate nature of the Creator, the innate goodness and morality of humans, and the limitless spiritual freedom of choice that does in fact exist.

If we have completion, we can continue.

Mozart's Early Death and his Prodigious Output of Compositions—Any Connection?

QUESTION:

Another part of JD's question: "Is the length of one's incarnation determined beforehand, or does it depend on the judgment of the soul as things go along? Take the case of Mozart. He died at a rather young age. Did that

fact have anything to do with his composing large numbers of works at astonishing young age?"

COSMIC AWARENESS:

This Awareness suggests that in essence this is in the affirmative, but that this Awareness prefers the word 'spirit' to the word 'soul' in this example to emphasize the communicative pathways of human feeling that do indeed inform the entity, no matter how directed or restricted or limited by the inclusions of mind toward choices which are fulfilling and rewarding to Spirit.

This Awareness suggests that certain incarnations are chosen with specific challenges and time-periods, but that the ultimate choice lies within the moment of the incarnate entity and that as consciousness expands to embrace the power of such choice, that entities will readily recognize when such choices can be exercised, and indeed, that they **can** be exercised.

This Awareness suggests that when such capabilities have evolved, entities will be able to transform physical abnormalities and ailments, utilizing innate healing capacity and energies simply sloughing off certain illnesses and experiences which now end the life of the physical being.

Why Some Entities Choose an Early Demise: Jon Benet Ramsey for Example

This Awareness suggests also that entities with specific Destiny Paths who encounter resistance and conditions in the birth experience, particularly the foster environment, the home or family in which the entity is born; that if such conditions are more limited than necessary due to the unenlightened choices of others in significant positions of power and authority, to the point that the very mental development of the entity is stymied against the planned developmental path, that such entities can and often do choose to disembodied and experience death and transition far earlier than may have been the initial destiny choice.

This Awareness suggests that entities such as Jon-Benet Ramsey, for example, simply recognize from a spiritual standpoint that the necessary developmental opportunities do not exist and the spirit responds with such a choice. This Awareness suggests that many cases of child-abuse, mysterious ailments, cancers, afflictions, genetic disorders which apparently on the surface take innocent victims, that in each case the spirit is a willing participant who has in effect tested the waters of mass-consciousness and has decided that they either are too cold or too hot for the Destiny Choice at that time.

This Awareness suggests that such entities often do incarnate in subsequent experiences in altogether different environments, cultures, with opportunities less limiting, and that entities should take this information to ensure that incoming infants and children are given the maximum avenues and developmental opportunities, such that their Destiny Path can be facilitated and that the water will be just right.

This Awareness suggests that as the consciousness expands, and as entities begin to understand the incredible empowerment that lies within their grasp, that certain social structures, societal and political restrictions and economic sufferings and competitions will be reduced to the point that such events and early deaths are far less prevalent than they are currently within human history.

Historically, Why Mass Amounts of Children Died

This Awareness suggests that a brief perusal of human history in general will note times of significance where mass amounts of children did not survive certain illnesses, conditions or environmental limitations, and that the major political impetus and messages of the

day, the emotional climates will dovetail with such mass-illness, plague and death.

This Awareness suggests that what has been attributed to medical technology can more appropriately be defined and credited to the expansion of human consciousness and the liberation of spirit which has just begun.

If we have completion, we can continue.

Do Dogs and Cats Reincarnate Into the Same Family Circle?

QUESTION:

A question from Joan Mills, in Calgary, Alberta. She asks: "Do dogs and cats, similar to humans, reincarnate into the same circle with those whom previous contact or incarnations was activated? For instance, a previous pet passed, then later, another obtained which had similar qualities to the previous one who passed."

COSMIC AWARENESS:

This Awareness suggests that this is in the affirmative, given that it is within the capacity of spiritual choice to embody any such form for specific reasons. This Awareness suggests that in this specific example given, that there was an energy balance between the entity and the pet described, and that the spirit within the pet was in fact a counterpart of an entity within the psychic family who sought to provide spiritual resonance through the animal form and connection with this entity in order to act as a strength to carry this entity through some challenging developmental tasks necessary to obtain progress along her Destiny Path.

This Awareness suggests that when the life span of that species had expired, that the entity had not yet fulfilled and completed the task in the role of spiritual companion and reminder of the resonance and connection of everything within All That Is, such that the choice was made to return in a similar capacity in another form.

Great World Leaders Can Come Back as a Worm

This Awareness suggests that contrary to certain limited beliefs, there need not be a hierarchy placed, or evaluation placed upon physical forms, be they flora or fauna, and that wise and sage spirits can be great world leaders and choose the incarnation of a lowly worm shortly thereafter, or simultaneously in non-physical terms, such that the breadth of spiritual experience in the physical form is impressed more fully and completely upon that specific spirit, and indeed upon the experience of All That Is.

If we have completion we can continue.

"THE MICHAEL TEACHINGS"

QUESTION:

A couple of questions from James Cisney, Berkeley, California. He writes: "For the past 10 years I have been studying a spiritual discipline called the "Michael Teaching." This is a channeled teaching purported to be the expression of a composite of many entities who had prior lives on earth and have now coalesced on the causal plane as a single entity.

"I have two questions about this teaching: 1) Does Awareness see that this as a valid teaching containing useful and accurate information?"

COSMIC AWARENESS:

This Awareness suggests there is indeed useful and accurate information if entities can decipher the metaphor contained within the delivery, style and format of this particular entity. This Awareness indicates that this entity is particularly suited to a given set of beliefs and

world views which are receptive to the metaphoric nature of the information.

This Awareness suggests that there are many such messengers delivering bits and pieces of insights which knit together providing understanding of the nature of humanity, of the essential necessity for balance between mind and spirit and how spirit effects this balance through the feedback of human feeling adjudicating experience, weighing it against the expectations and beliefs of mind.

This Awareness suggests there are many such concepts which lead to these united understandings now put forth in the *Lessons of Enlightenment*. This Awareness suggests that certain aspects of this messenger and his style and format appear to specific manipulations within mass-consciousness which in fact can water down the metaphoric value and lead entities to wrongful conclusions and dis-empowerment.

This Awareness suggests that there are many such situations arising from similar messengers bearing similar messages which are intended ultimately to allow the entity to recognize that individual empowerment does indeed spring from within, often times recognized only following the depths of despair and fear and anger that spiritually spring from the ideas and beliefs that one can be manipulated and dis-empowered by external sources.

This Awareness suggests that this cautionary tale has already been told with sufficient repetition that it can be released for the Empowerment and the Enlightenment is now upon humanity.

If we have completion, we can continue.

Soul Differentiation and "Overleaf Selection"

QUESTION:

His other question is: "This teaching describes a process where the soul, at the moment of its "birth" takes on certain characteristics that are comparable to archetypal roles like warrior, king, scholar, artisan, server, priest, and sage, and that in addition to these roles, the soul chooses specific "overleaves" for each incarnation.

"I would like to know if Awareness concurs with this understanding, and whether Awareness might expand upon these concepts of soul differentiation and overleaf selection from *Its* perspective."

COSMIC AWARENESS:

This Awareness suggests that this can be likened to the individual apportionment of Spirit into each and every entity, human or otherwise physical form that indeed exists throughout the universe, in the grandest sense, and in a more focused individual sense, this description can accurately reflect an individual spirit or entity or soul, if you will, deciphering how best to divide the energies to best accomplish the Destiny Path.

This Awareness suggests that once removed from limitations of space/time understanding, that entities can understand how multiple incarnations can facilitate the evolving consciousness from past, from present and from future in the overall moment of Now. This Awareness suggests that as entities entertain concepts of past lives, wondering who they might have been, that it would be more productive to attune to the inner intuitive connections that still exist between incarnates past, present and future, and that is what can be described as overlays.

This Awareness requests a repeating of the question.

QUESTIONER

This teaching describes a process where the soul, at

the moment of its birth, takes on certain characteristics that are comparable to archetypal roles, like warrior, king, scholar, artisan, server, priest and sage, and that in addition to these roles, the soul chooses specific "overleaves" for each incarnation.

I would like to know if Awareness concurs with this understanding, and whether Awareness might expand on these concepts of soul differentiation and overleaf selection, from *Its* perspective.

COSMIC AWARENESS:

This Awareness suggests that the concept described as 'soul differentiation' as occurring at the moment of birth, can be more aptly described as the selection of the unity of various archetypal experiences which in their totality can best fulfill the Destiny Path of the spirit in question.

This Awareness suggests that this in one sense does indeed occur at the moment of birth, but it also occurs at the moment of death, at the moment of every moment in between the two points of existence, for from the perspective beyond space/time that moment is Now.

This Awareness suggests, however, that a better understanding might be described as: 'This planning process occurs in an alternate state of consciousness, before the entity is mired within the limitations of the physical realm,' and this Awareness forgives or regrets the use of the word 'before' for it connotes time, yet in this case, it is the most appropriate term.

This Awareness suggests that such archetypal categories as described provide overall experiences which can provide balance, continuity and completion to the evolution of mind and the expression of spirit. This Awareness suggests that for every leader exists a counterpart follower; that for every rich man exists a counterpart poverty-stricken entity; that for every entity with great beauty exists the counterpart physical anomaly, such that each, not only archetypal experience, but each and every experience can be accepted within the expansion of All That Is.

All Entities Can Access the Monster or the Evil One

This Awareness suggests that within the fiber and intuitive capacity of each and every human being there exists access to the experience of the rich man, of the sage, of the poor man, of the monster, of the evil one. This Awareness suggests, however, that as archetypal experience, the evil one exists mostly within the realm of human consciousness, although it has become an enduring archetypal figure within physical experience due to the continuing misunderstandings and limitations of belief, which allow the very essence of human nature to act within self-preservationary, reactive, violating responses unworthy of the spirit within, which experiences continual frustration due to such limitation.

This Awareness suggests, however, that as the consciousness expands, understandings and changes will occur within the archetypal figure of the evil one. In general, the concept of evil will change the world over, as entities begin to experience the compassion for the ignorance, the forgiveness for the mistakes of their forefathers, and of those who provided guidance, however misleading and limiting; that as such consciousness evolves, so will correspondingly, the archetype experiences recognized within mass-consciousness.

If we have completion we can continue.

IS 1998 THE YEAR OF THE ANTICHRIST?

(DID NOSTRADAMUS PREDICT SADDAM HUSSEIN

QUESTION:

A question from Roger Oomkens, in the Hague, the Netherlands. He writes: "The Russian Orthodox Church

and the anthropological movement have stated that 1998 is the Year of the Antichrist, the 666, possibly signifying a negative event for humanity in whatever form. There are supposed to be three Antichrist entities in the last 200 years, namely Napoleon, Hitler and possibly Saddam Hussein.

"If the military operations around Iraq backfire, it could mean the starting point of a future global war, could it not?" And he asks: "Could you query Awareness about this so-called Year of the Antichrist?"

COSMIC AWARENESS:

This Awareness suggests that this prediction is the vestige of an earlier prediction from the entity known as Nostradamus, wherein a *probability* was perceived in ancient times, relatively speaking, when this entity predicted events which could be described as a third World War, wherein an Eastern nation, specifically identified by its religious traditions and production of oil, would be teamed with the Soviet Union, wherein a superpower likened to match the American superpower could indeed engage in conflict of epic proportion.

World War III No Longer an Empowered Probability

This Awareness suggests, however, that sufficient evolution of consciousness, active evolutionary responses of human beings and through expressions of light, alterations to the existing patterns and trends and probabilities reduce the energy of this probability which had been substantial nearly 40 years ago, to the point at present where it is no longer an empowered probability.

This Awareness suggests that the Reagan era efforts to overpower and coerce and economically incapacitate the so-called 'evil empire' of the Soviet Union was inadvertently successful toward channeling more enlightened energies from within the consciousness of many far more enlightened entities, perhaps profoundly opposed to the intentions of the activities of the approach of the building of weaponry and the machismo stance of competition and aggression.

This Awareness suggests that energies from inhabitants of individual communities comprising the Soviet Union itself, harboring intense emotion and Will Energy regarding the Soviet Union itself, with entities forced to comprise the fabric of this society, yet who spiritually opposed the disintegration of the unique identities, cultural traditions and destinies; that the very energies of these entities, in addition to positive energies toward enlightenment, facilitated the outcome of perhaps politically misguided activities, to accomplish a beneficial retraction of energy from the scenario of superpower against superpower.

Saddam Hussein No Big Threat Since Soviet Breakup

This Awareness suggests that as the entity Saddam Hussein affects this balance of energy, that had the Soviet Union retained their unity and their strength, had the fabric of the peoples been happily united in the singular goals, that the conflict at present with the entity Hussein may in fact be escalated quite profoundly due to the union between this entity and the Soviet Republic.

This Awareness suggests, however, that since sufficient energy has been retracted, *alternate probabilities* are unfolding and that a more wholesome global community has arisen wherein certain workable tenets of the American superpower such as freedom, freedom of thought and action and manifest destiny, and to pursue happiness, fulfillment of spirit, have become tenets embraced in expanding amounts throughout the global community. This is not due to the fact that the American community is superior, for in many ways this community is severely limited, yet the tenants of freedom, equal opportunity and pursuit of happiness

resonate within the spirit of each and every entity, regardless of cultural tradition, for they are aligned with spiritual intention, and it is due to the wisdom of the Forefathers of the government of the American Community that these universal spiritual necessities became instilled within American culture, and ultimately, as communication networks expanded and isolation becomes a vestige of the past; that entities, regardless of existing traditions of thought, resonate to the concepts of freedom, of equal opportunity and pursuit of happiness, wherein the door has been set ajar to usher the conscious enlightenment and empowerment which is now at hand.

If we have completion we can continue.

WILL THE NEW EMPOWERMENT BESTOW PSYCHIC ABILITIES?

QUESTION:

A Question from Jack Manuel. He writes: "The individual empowerment which is indicated by Cosmic Awareness through the Interpreter Grace; does this empowerment also mean, among other things, that entities will start having abilities known as Psi Phenomena, like telepathy, precognition, past-cognition, psychokinesis, clairvoyant perception, clairaudience, clairsentience, materialization and dematerialization of things, potentially Out-of-Body experience and bi-location?"

COSMIC AWARENESS:

This Awareness suggests that this is in the affirmative, with several clarifications. First, that this will not initiate these abilities within entities, for indeed, such abilities already exist well within the parameters and the abilities of the human mind.

This Awareness suggests that this incredible organ, the human mind, and its capability, this portal to consciousness, has been grossly and profoundly misunderstood, for it has been filled with limiting beliefs and ideas and attitudes which have restricted its capacity accordingly. This Awareness suggests that this is in fact why entities commonly assume that 10% of brain capacity is utilized and 90% is not.

This Awareness indicates that this is simply due to the fact that entities choose through their ignorance not to utilize specific capacities, for belief in life along rigid limiting interpretations simply disallows for alternate interpretation, alternate impression, alternate intuition in such forms as those described, to be noticed.

This Awareness suggests however, that certain entities with specific Destiny Paths who awaken to the internal mental capabilities and the ability to travel within alternate aspects of consciousness can be noted as easily as if looking to human nature, human behavior and human aberration.

Inmates of Mental Institutions are Attuned to Psychic Abilities

This Awareness suggests that entities often warehoused in institutions for the mentally disturbed are indeed those very entities attuned to clairaudience, clairvoyance, visions and insights of an intuitive and emotional nature, yet there is no context for these entities to interpret their experiences through the rigidly limiting ideas that exist about life in general.

This Awareness suggests that such entities experiencing what is known as psychosis, schizophrenia, dissociative personality, are simply at the mercy of abilities of mind run amok due to misunderstanding of the significance as well as physical chemistries which are allowed to spiral off balance and remain so.

Retarded or Developmentally Disabled Also Are Psychic

This Awareness suggests that other examples of alternate consciousness exist in aberrations to the human form such as entities known as retarded or developmentally disabled, or otherwise altered from the norm. This Awareness suggests that such entities are attuned to other aspects of consciousness, providing a much more expanded and rewarding experience than other entities with a more "normal" focus might suspect.

This Awareness suggests that as the entity states, this empowerment does indeed facilitate the understanding and development of each and every innate capacity that the mind promises and holds. This Awareness suggests that although it has been stated time and again of how the mind limits the spirit due to its beliefs, this in no way minimizes the magnificence and the capability and the potential of the mind itself, for it is the *choices* of the entity of what *goes into* the mind which has complete free will to pick and to choose, to discard and to change at any time, the contents of the mind.

This Awareness suggests that this is why the information regarding the spiritual adjudicator, the voice of human feeling which can once and for all allow entities to understand which ideas they have chosen they should keep, and which they should reject. This Awareness suggests that the mind has no inherent limitation whatsoever regarding its contents and that this is the ultimate freedom humans have been given to design perspectives and indeed create external environments which match those unlimited mental perspectives, and that such incredible power and unlimited creative capacity is a gift that should be exploited exponentially, once entities understand that they are the source of their own limitation, that they have been allowing the inadvertent willy-nilly adopting of beliefs which limit experience, which limit and frustrate the spirit and which relegate them to the very limitations they believe to exist.

This Awareness suggests that as entities clue in to the magnificent capacity of the spirit to point directly into the mind through its feelings of positive and negative emotion, to directly identify those beliefs which are limiting through negative feelings and to point to those beliefs which are not limiting, which facilitate and express the spirit through positive feelings such that reasonable, accurate, spiritually intended choices can be made.

This Awareness suggests that as each and every entity embraces this incredible opportunity, that each experience can relate the expectations of mind to the outcomes in the world as positive or negative, as fulfilling or frustrating, as good or bad, such that they can be examined and revised accordingly.

This Awareness suggests that as daily progress is made, the chipping away at negative limiting beliefs which have been chosen inadvertently through natural learning processes through a child's believing their parents rather than their own experience, that little by little, the capacity of mind will begin to make itself apparent and to astound the owner by the intuitive, creative, magical properties that await within.

If we have completion we can continue.

She Has a Vision of the Christ and a Voice Saying: "I Am Coming For You!"

QUESTION:

A question from Barbara Brewer, in Hemet, CA. She writes: "I have a question for Awareness. I have always had interesting visions, and I am not sure what the ones I am sending to you mean. They always happen when I

am busy with something, and am surprised by them. The visions of 1998: On January 26th I was driving down State street, nearing the post office. All of a sudden everything disappeared and the whole area was filled with White Light and no sounds anywhere, except the whole area behind me turned gray and I heard this voice that filled all the area saying, "I am coming for you!"

"I knew the voice, but couldn't remember who it was, and then I turned back into Hemet. I was still driving the car and asking, "Whose voice is this?" No answer. I did my errands and went home. At home the answer came on a Tuesday here in Hemet. I was waking up and as I opened my eyes, I saw this being in Biblical robes standing in the doorway of the bedroom.

"I felt no fear, only wondered, "What is He doing here?" I felt it was the Christ. I asked, "What are you doing here with me? I am such a lowly being!" He listened to my babbling and then smiled, and said, "I will return!" then faded away. This was 8 or 10 years ago."

She gives another one, but could Awareness comment on this first vision?

COSMIC AWARENESS:

This Awareness suggests that a hearty congratulations is in order for this entity for opening herself to such experiences, for it is due to the fact that she has not embraced limiting ideas such as "Only crazy people have visions!" or "Only other people, magical people have visions, those touched by the grace of God through community and religions" or any other such limiting concepts, for she invited the very experience described which was of particular significance.

This Awareness suggests that although interpreted through the traditions of the mass-consciousness of this woman's experience, it was a genuine example of communication between Spirit and spirit in body. This Awareness suggests that the message contained in this experience was that certain enlightenment is imminent; that spiritual understanding is beginning to unfold in that "I am coming for you!" signified the unity between physical consciousness and those aspects of the entity not so limited.

This Awareness suggests that this is also an excellent example of how limiting beliefs can be tracked from the significance to minimize such events and in fact perhaps curtail them. This Awareness suggests that when the entity had the vision that she described as the Christ who had come as promised in a previous vision, that her interpretation, based upon the limitations, the beliefs of the mind, perceived this being as something far superior, far removed, than the insignificant 'lowly creature' she perceived herself to be in comparison to something such as the Christ entity, as defined by her belief system.

The experience ended when the entity recognized a lack of recognition in that the entity limited the connection and resonance by defining herself as 'lowly' and insignificant in the presence of such an entity, when she in fact was observing alternate aspects of herself.

This Awareness suggests that she shall indeed be back when understandings are more facilitating to the beauty, the grace and the greatness in the Christhood within each and every entity.

If we have completion we can continue.

In a Vision She Sees a Large Lock in the Sky
(And a Voice Says It Is Ready to Open)

QUESTION:

Her other vision: "September 1st, 1995. I was stand-

ing, looking out at the sky, and all of a sudden I saw this large lock in the sky and was told by a voice in the sky that all the numbers had been pushed for it to open, and all was in order for things to go as planned. The lock was oblong and the numbers I remember were 1 and 4. This voice was the voice I usually hear in the visions I have had over the years."

Could Awareness expound on that vision also?

COSMIC AWARENESS:

This Awareness suggests that this vision relates to the "I will return!" promise wherein specific alterations of belief will accommodate the beauty and wonder and wholeness of experience which awaits beyond the lock.

This Awareness suggests the significance of the number 1 and the number 4 relates to specific progress which has been made, with the number one relating to the first initial vision, wherein the promise of a return was communicated, which was in fact contingent upon the replacement of certain limiting beliefs with more spiritually facilitating ones, and that sufficient alterations have occurred when 4 times the level of progress and understanding had been achieved in the previous situation.

This Awareness suggests that the entity does in fact hold the key, and that through embracing the tenets of the *Lessons of Enlightenment* that the key can be turned to unlock the pathways to enlightenment and empowerment and the Christhood that is this entity's rightful destiny.

This Awareness suggests also that this entity is not alone in this destiny, in this right and in this pathway, for such is a universal promise.

Intrasound Gel: a New Cosmic Medicine?

QUESTION:

Stan Sobel, in Rogers, Arkansas, sent in a little sample of a new product called Intrasound Gel, and the rap on this is hard to read, but basically it says "The Intrasound Gel is composed through 40 years of research and trials by inventor Victor Roehrich. The product is a vehicle for sound, the basic raw life energy that created form and life. Without it, nothing exists, thus all perfect life forces are conceptualized and thrive when this sound frequency is unabated or obstructed. Should that occur, then disease, illness, inferior form ensues.

"The sound frequency of perfection is an ambient radiant energy wave that fills the spaces of the universe. It flows through everything, and we are much like an antenna for it. Victor Roehrich found that the best vehicle to capture this energy field was a white French local clay. It takes the imprint of the sound...(it's not legible) ...easily, and becomes a carrier for the signal. The frequency takes 14 days to do this, and holds it indefinitely, over 5 years at least, and in fact gets stronger through time.

"It is a coherent turning factor that triggers the DNA in our body and boosts it so that the original blueprint of health for all tissue, fluids and invisible life energy is released more fully and powerfully again." It's too bad that his FAX isn't very legible, but there's a lot more to it.

His question is: "Enclosed is some information and the gel which are reportedly the carrier for a signal vibration frequency in the very high end of the spectrum. On the conference calls they indicate in the 10 to the 43rd range. Another was in the range between 10 to the 40th and 10 to the 50th. Sounds like the cosmic range to me!

"They make no claims, have heard some outstanding testimonials which if true will result in a significant leap in consciousness." And he's enclosing this material which has reportedly been resonated with the signal. "Maybe you all can hold it and determine what it does to your energy level. Maybe Grace can determine if it is the Universal life Force."

So I've opened this little jar. It looks like cold cream or some kind of thing you'd rub on your body, and I'm holding it within her aura. Or should I touch her with it?

COSMIC AWARENESS:

This Awareness suggests you rub it upon the hand.

(Grace extends her left hand and Avaton puts a small dab of the Gel on her hand.)

QUESTIONER:

Okay. That should be sufficient.

COSMIC AWARENESS:

This Awareness suggests that this substance is indeed having a reaction upon the energy field of the Interpreter Grace. This Awareness suggests that the clarity and intention of the advocates and inventors of this substance is perceived as well. This Awareness suggests that as mentioned previously, sound is indeed universally medicinal, and resonant within the fiber of each human form, and that it is suggested that entities can experiment with this substance in concert. (This Awareness offers this pun to Vikki.)

With musical passages such as those of Mr. Mozart, in concert as well with the visualizations and meditative practices advocated by this Awareness in concert with creating reality, such that if this specific substance is found to be beneficial, that there is indeed an alteration in the energy frequency, at this distance from the body (hand motions indicated about 18 inches from her body): emanating from this substance; This Awareness suggests that although such substances can indeed facilitate the innate processes and understandings, that they are vehicles of a temporary nature until sufficient mental pathways have been cleared within the mind.

This Awareness suggests also that the entity Grace has specifically sensitive chemistry, likely to experience allergic reaction. This Awareness suggests that experimentations be conducted by Avaton & Vikki, both with music and without, with various intonations, specific to harmonic devices such as those scattered about the office, including the chimes and the piano.

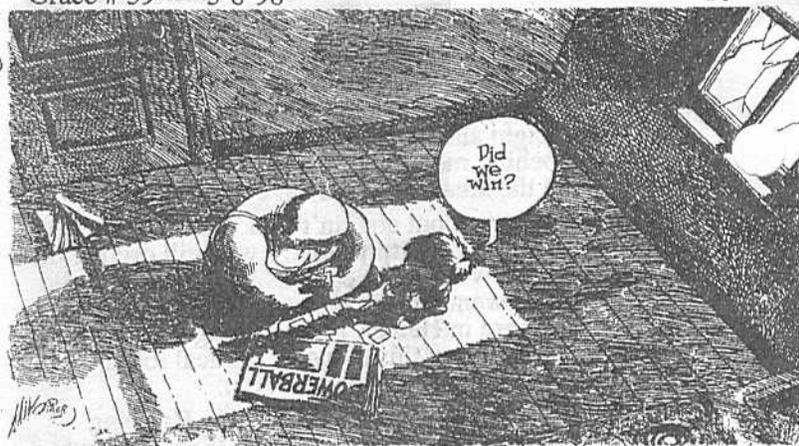
This Awareness suggests that sufficient and significant information appropriate to the two divergent perspectives can illustrate the power of substance interacting with belief, and in this case interacting with sound. This Awareness suggests that this can be a useful tool to facilitate certain understandings, if understood as a temporary facilitator, a mobilizer of the innate mental potential to resonate with sound frequency, particularly those earlier described, but in and of itself, such a substance pitted against enduring limiting beliefs to the contrary, cannot by itself succeed at facilitating the Universal Resonance that does indeed await.

Ed's Note: For more information on Intrasound Gel, please contact Stan Sobel, 16042 Blackhawk Trail, Rogers, Ark. 72758. E-Mail: ssobel@ipa.net

Stan sent us a cassette tape with phone testimonials on a number of health problems this gel helped solve or eliminate. Vikki has been using the stuff for 2 months and she raves about it. She said it is eliminating two painful lumps from the bottoms of her feet, she uses it on aching stiff finger (it opens them up) and she says it definitely takes away back ache. We suggest you borrow one of Stan's tapes and also check this product out. (It works by vibration on the auric body).

**VISIT THE TEMPLE OF LIGHT
IN YOUR DAILY MEDITATIONS**

Deposit your energy in this cosmic Bank. Withdraw it when needed for healing or personal use. Keep in touch with CAC when you start getting results!



**SHE DOESN'T FEEL WHAT HER
MEDITATION GROUP FEELS**

QUESTION:

One other question from Soj Browman. She writes: "I belong to a meditation group. The members of this group say that they can "feel" the same sensation each time we convene. What causes these feelings? I don't feel what they feel."

COSMIC AWARENESS:

This Awareness suggests that these entities are attuning particularly well to the inner spiritual voice. These entities are experiencing a community of spirit in the union, in assembly of entities of like mind, with the singular focus upon self-development and expression.

This Awareness suggests that when the individual is aligned with spiritual intention, it alters the vibratory rate, so that others with like focus and intent, instantly attuned to the similar vibratory rate and such has occurred with the circle of entities involved in this particular meditative exercise.

This Awareness suggests, however, that *you* have also experienced what they describe, yet you couch it in different terms of understanding. This Awareness suggests that there are some beliefs involved wherein what they are describing is something magical and different and unique and far outside the grasp of the normal ordinary entity such as yourself, however, what you seek is not only within your grasp, but within your realm of experience.

This Awareness suggests that if you focus your consciousness upon the community, the oneness that is this collection of entities, you will indeed experience this same resonance, this same heaviness and then lightness and then heaviness of being, and it will be a familiar experience. This Awareness suggests that you shall celebrate with this understanding and that the Spirit shall clearly communicate through feelings of resonance and joy to cue you to this state.

This Awareness suggests that there is great benefit in such activities, both on the individual and the mass-level, but that the notion that magic and supernatural and extraordinary events and experiences are necessary can often block the incoming messages and impressions from Spirit, due to such mental limitation, expectation and pre-judgment, which closes the door on any other alternate interpretation.

This Awareness suggests that if entities relax, go with the flow, and attune to the specific valence or feeling-tone, whether it be positive or negative, that the resonance of Spirit is always apparent in the positive emotional states. This Awareness suggests that if you and each and every entity becomes aware of the emotional state at any given moment, that you are in fact attuning to the wisdom of Spirit, and you will be on your way.

THE DESTINY PATH OF C.A.C.

(Access to Awareness Not Confined to Interpreters)

OPENING MESSAGE

(4/5/98 GRACE INTERPRETER)

This Awareness suggests that as stated in previous discussions regarding the nature of this organization, the mission of this organization, and the future of this organization; that in the beginning with the original *Organization of Awareness* and the community of members and associates who would later diverge in separate directions to assist in the bringing about of accessible Awareness to others.

This Awareness suggests that the climate of mass consciousness at this early time period was such that energy networks associated with rigid and empowered belief structures prevented the utilization of certain insights, intuitive understandings and innate guidance which exist as a capacity in each and every human being.

This Awareness suggests that energy flowed from this source through various Interpreters within those organizations known as affiliated with *Cosmic Awareness Communications*, as well as through other entities, organizations, and outlets in multiple corners of the world.

Everyone Has Access to Awareness Not Just the Trained Few

This Awareness suggests that as the information began to seep into mass-consciousness with varying levels of success, receptivity, and enthusiasm, that over the next several decades leading to this present point in time, that specific alterations in the energy of mass-consciousness through the work of expansion in numerous individual focuses of consciousness, that it is no longer necessary to conceive of the energy of this Awareness as a mysterious, inaccessible, elusive commodity, for only a chosen and/or trained few to dip into and share their insights and impressions.

This Awareness suggests that this shift and accomplishment has been a tremendous gift and boon to humankind, such that the current mission of enlightenment and more rapid expansion of consciousness can now be undertaken. This Awareness suggests that it has been timely within this organization for members to experience the retirement of one Interpreter, and the manifestation of a subsequent replacement, wherein different focuses, different expansions of consciousness, different filtrations of belief, of mind, can be noted, yet that the validity and spiritual resonance delivered through quite diverse approaches still finds its mark.

Accessing Awareness Does Not Require Losing Mind

This Awareness suggests also, that although it has been a standard tenet or Universal Truth within this organization that the accessing of this Awareness is only possible upon the symbolic removal of mind, of emotion and of feeling, that certain clarifications have been offered through the experience of the offerings of two such diverse entities interpreting energy from this Awareness.

This Awareness suggests that although accessing these energies requires the symbolic removal of mind, this Awareness suggests that accessing the energies and understanding instantaneous insight is the experience of accessing this Awareness, yet formulating words, be they verbal or written, relies upon the structures, the language, the words and knowledge contained within the individual mind.

This Awareness indicates that when mind is necessarily invoked to translate the wisdom and insights obtained, that the trade-off of entering the realm of mind, as usual, that limitations of chosen belief are

likely residing there as well. This Awareness suggests that the two rather dramatically different approaches contrasted between the two most recent Interpreters of energies of this Awareness, underscore this validity, highlighting belief structures and focuses which invoke specific emotional responses, specific to the contents of the individual mind, although connected unmistakably to the energy and insight received.

This Awareness suggests that this is of importance for entities studying the *Lessons of Enlightenment* to recognize that the goal therein is to prepare the mind to accept and understand the voice of spirit, such that the belief systems can begin their evolution to allow for the greatest degree of spiritual insight to be obtained.

Spiritual Insight the Same as the Energy of Awareness

This Awareness suggests that what is referred to in this context as spiritual insight is also that which is referred to as the energy of this Awareness. This Awareness suggests that entities can rest assured that it is not necessary to lose one's mind to access this Awareness, but simply structure the belief systems through careful choices dictated by the feelings of spirit, such that this energy source can find purchase within each and every entity without necessary intermediaries or filtrations.

This Awareness suggests that this is the goal, the mission, the Destiny Path, the task before humankind, and that organizations such as this, entities faithfully examining the tenets of mass-consciousness and the inclusions of the personal consciousness, and courageously acting upon that faith, shall be the human salvation.

This Awareness suggests for entities to open themselves to flashes of creativity, of insight, to attend and focus upon the ramblings of mind, often pushed aside for the lack of understanding, and that entities, as they begin to discover their unfolding power and control over their very destiny, that such 'ramblings' of mind and such coincidences of daily living: those unexpected events, both positive and negative, will be revealed to contain tremendous meaning, to point the consciousness in a direction of the contents of mind by accurately creating them externally in the world.

This Awareness suggests when entities make this connection they will be paving the way for ever-wider receptor centers to energies from this Awareness, and that this experience will be tremendously rewarding to the entire species. If we have closure, we can continue.

Discussing Dreams Similar to Movies

(In Light of Removing Blocks Prompted by Spirit)

QUESTION:

A question from Tom Krueger. He writes: "It seems like I spend all night dreaming, often extended scenarios. Even when I can return to them later, if I wake up needing to use the bathroom, I "recognize" people in them. They may not look exactly the same as in real life. Some situations relate to current events, but they seem more like movies than bearers of messages.

"Awareness has given much information in the past about dreams and dreaming, but with the recent emphasis on removing the blocks to expression prompted by spirit, would Awareness please discuss the significance and value of dreams from this viewpoint?"

COSMIC AWARENESS:

This Awareness suggests that there is a great deal of significance and value for entities to begin to become attuned to the travels of their consciousness during the hours that they might assume themselves to be unconsciousness. This Awareness suggests that what is

perceived as 'dreaming consciousness' is actually an altered focus in realities every bit as legitimate as that experienced within the waking daily consciousness.

When You Recognize Friends and Cohorts in Dreams

This Awareness suggests that the mobility in the dream is not limited by time/space, and that when entities encounter recognizable cohorts, friends and enemies, they are in fact dallying with those entities and their counterparts in alternate existences. This Awareness suggests that these alternate existences exist in what is considered to be past, present and future, and that individuals who have experienced precognitive prescient dreams can attest to such nocturnal time-travel.

Often in Dreams Hormones Released to Balance System

This Awareness suggests also that during the dream state, certain biochemical balances are attained within the form to compensate for the lack of energy flow which occurs due to limiting belief structures, frustrated spiritual energy and lingering stressful negative emotion. This Awareness suggests that if such stress begins to upset certain biological balances, that scenarios or visitations of experience, upon experience, wherein certain emotions will be aroused within the form to release hormonal chemical reactions to set certain imbalances right again.

The Expression of Spiritual Anger In Dreams

This Awareness suggests also that entities who refrain from expressing spiritual anger when it is in fact the appropriate response in maintenance of one's sacred universal spiritual boundaries, protecting oneself against external violation and manipulation or any tenet or belief or limitation which does not honor the spiritual universal human needs, that such anger is often expressed at the appropriate source through counterpart incarnations of the entity who the dreamer needs to express the anger toward in the current physical existence.

For example, if an entity is experiencing frustration communicating with a cohort, yet due to the beliefs of limitation, the dictates of social respectability, of etiquette, that the truth cannot be expressed to the individual, such that the anger will continue to burn within the frustrated spirit and continue to build until it seeks a release as if a valve expresses the building energy, yet it does so upon the appropriate source in an altered existence or state of consciousness wherein, on some level, that waking entity will experience certain understanding and change.

This Awareness suggests that in this process, the entity might encounter a dream wherein a situation or scenario with a blatant violation, such that expressing a large passionate degree of anger against this entity is acceptable and justified in the dream state, wherein the physical chemicals generated from the expression of anger circulate through the form as if it had occurred in waking consciousness, providing the body a beneficial rebalancing.

Dreams Can Reveal Insights on Violations to the Dreamer

This Awareness suggests also, that on a spiritual level the entity receiving the dose of anger, the entity that continues to frustrate the dreamer receives the anger on an intuitive level and that entity might, upon waking, have flashes of insight regarding certain violations perpetrated upon this entity without regard or acknowledgment or even a hint that there be a legitimate source from such ramblings of imagination or mind.

This Awareness suggests that such spiritual communication occurs at all times, in all spaces, and at all levels, and that when the climate is such in each

individual mind that the beliefs permit the understandings of such connections, that the communications will be far more valuable, for they will be received, applied, and can greatly enhance the path of self-development and expression and human evolution itself.

Future Events and Scenarios Experienced in Dreams

This Awareness suggests also that entities attune carefully to the contents, the scenarios, and the time-lines of dreams, such that they can begin to see a rhythm and cycle and pattern between the desires of spirit, the beliefs and limitations of mind, and the events created in the external world, for in the dream state of consciousness there is no limitation of time and space, and that oftentimes, future scenarios, events and probabilities are experienced in intricate detail far before the entity experiences it in the physical waking consciousness.

This Awareness suggests that if entities are to communicate and share their dreams with one another, to write down their dreams in diaries and daily journals, that they will begin to see the connections between daily experience, the thought, expectations and emotional feelings, the active expressions and the events created, the probabilities actualized, such that a degree of understanding cannot help but further empower the process and replace the control back within the hands of the entities themselves.

This Awareness suggests in summary, that entities pay far more attention to the dream images of mind as they are often relegated to meaningless ramblings of a brain at rest, when in actuality, in many ways the consciousness is far more awake and active in these altered states than during the waking normal physical consciousness, and that a great degree of understanding, wisdom, knowledge and scientific breakthrough can occur upon examining the travels of mind in such altered states of consciousness and nocturnal journeys.

If we have completion, we can continue.



Many ufologist believe that a race of "super aliens" are already living and working among us completely undetected.

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