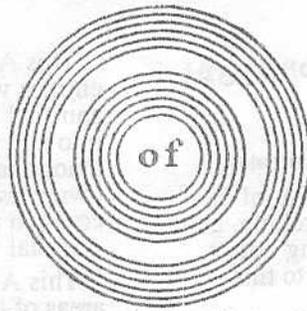


Revelations

The Cosmic Newsletter



Awareness

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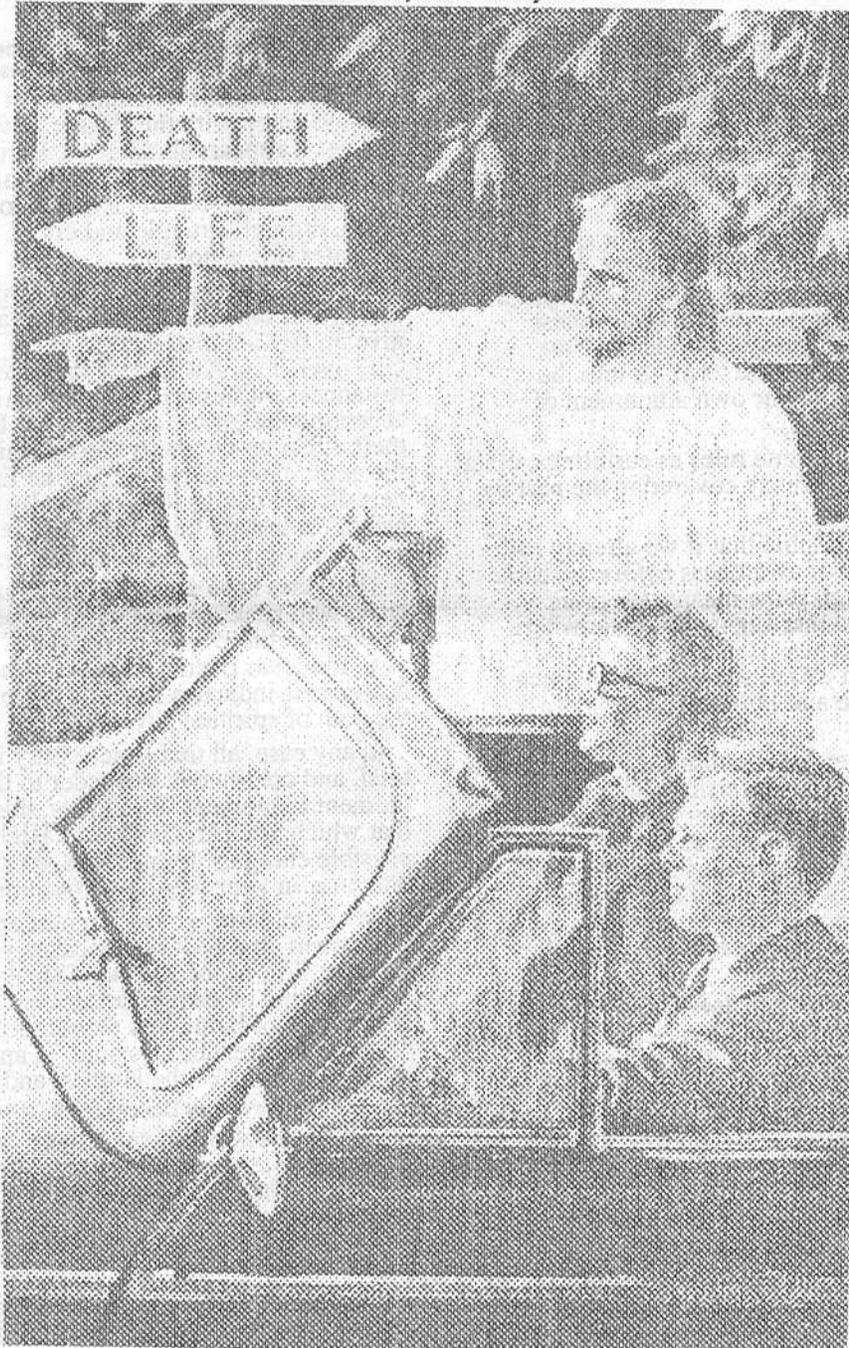
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Celebrating our 27th Year!

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THE ENDLESS SEARCH FOR SPIRITUAL ENLIGHTENMENT

CAC General Reading # 11-6 (11/19/92)

Paul Shockley, Interpreter

QUESTION:

We received a 16 page letter from James M., of Sedona, Arizona. He's been doing a lot of searching, and so on. He's a professional sculptor, becoming rather well-known, and the first ten pages lead up to this question. It's in his search:

Let's see... "My own question at this time, in this regard:

Is it in fact possible, through a complete surrender, renunciation, preparation, meditation and study of the CAC Spiritual Development Course, purification of thought, word, deed, body, (I'm primarily a fructarian sort of) to so empty this vessel that the Christ will actually enter and utilize (it), as with Jesus, the Buddha and many others?

Can this occur in this one lifetime, or is it still, in spite of efforts to the contrary, going to be a long slow process involving many more incarnations? Also, I am in a quandary as to how this Christ Consciousness process applies to "Wanderers". How does a Free Ranger, if I may use my favorite term, fit into the scheme of things regarding our own attainment of Christhood?

"Are we playing by the same rules as earthlings, other than the karma question already covered in the past by CAC?"

In other words, is it possible that if we already had some substantial degree of awareness *before* we came here, that we can, through some means, tap more directly and quickly into that Light, and if so, where does a Wanderer's awareness stand relating to the Christ Consciousness to which all are striving? How much further do we have to go and how do we get there?"

COSMIC AWARENESS:

This Awareness wishes to first comment on the initial statement made by this entity referring to his definition of self as a fructarian. This Awareness indicates that *It* wishes to clarify that if you so choose to live on fruit alone, that of course is your own business and your own choice. This Awareness wishes to inform entities, however, that this does not in itself help to move an entity into higher levels of spiritual development or status.

What Comes Out of the Mouth Determines Your Spiritual Status

This Awareness indicates that it has been said that it is not what goes *in* to the mouth that determines one's spiritual status, but what comes *out* of the mouth. This Awareness indicates it is more what you say and think than what you eat, and those who would seek to raid the gates of heaven by diet or by good deeds may find themselves disappointed, for a particular diet is not necessarily that which is required of entities in their quest for enlightenment for spiritual value.

This Awareness indicates having said that, *It* also wishes to inform entities that diet can be of great importance to entities' general health and that a healthy diet, creating general good health can set a stage for an entity to have well-being attitude and stability from which to launch research and effort to move toward the more spiritual life.

If one is excessively unhealthy because of a peculiar diet, it may hinder the entity in terms of his or her thinking, in terms of his or her approach to meditation or other activities that could assist in spiritual quests.

A Fructarian Diet Can Lead Into Diabetes

This Awareness indicates the fructarian diet for some entities would not be at all helpful in terms of their spiritual quests because they would very likely move into a hypoglycemic state which could affect their emotional balance, causing them disturbances in their own personal life and in relationships with others, which could in turn affect their image of themselves and their spiritual well-being.

This Awareness indicates that moving now into other areas of the entity's quest, the question as to how to move into spiritual communion with the Christ Consciousness is next to address.

How Does One Move Into Spiritual Communion with the Christ Consciousness?

This Awareness indicates that it is so simple to move into the union with the Higher Levels of Consciousness and yet it appears so difficult. Entities believe it is expressed in some kind of spiritual struggle to achieve some kind of effort on their part to spiritually grow and reach, through struggle and effort. This Awareness indicates this is not so.

The Christ Consciousness is achieved through surrendering self unto the Divine. All that is necessary is to give up self-importance and allow Divine Importance to take over. This Awareness indicates that in some instances, entities are able to do this, but have trouble accepting the effect, and once the Divine energies have their effect on the entity through his or her surrender, the entity then claims the Divine Energies for himself or herself, and begins to egotistically express himself or herself as though he or she was the Divine Energy.

The Ego Trip: The Pitfall of the Divine Experience

Thus, you have an entity who has a Divine Experience, who basks in the Divine Experience and takes an ego trip on the Divine Experience by bragging to others as to the great Divine Experience he or she had. This Awareness indicates that this is a pitfall for entities on the path of spiritual development.

In any case, all that is necessary is a state of complete, total, and continuous surrender to the Divine from moment to moment. By *Divine*, this Awareness refers to that which you perceive as the Highest and Best of all possible energies, frequencies, deities, or concepts in the universe, in your world, in your universe.

By surrendering to the Highest and Best from moment to moment on a continuous basis, you merge yourself with the Will of the Divine. This Awareness indicates that this kind of surrender does not lead to a loss of will to any kind of being that would violate another. If the being you surrender to would, in any way cause harm to another, it is not of the Highest and Best.

If You Have Any Doubts at all, Then Don't Surrender

This Awareness indicates there are some entities who would warn against surrendering to a Divine Spirit for fear the Divine Spirit might be the devil in disguise. This Awareness indicates if there is any question as to that potential, then you are probably not surrendering to the Divine Spirit.

The Divine Spirit, the Divine Force of energy is that which is the Highest and Best, and if you have *any* apprehension at all as to what you are surrendering to, and doubt or wonder about its sincerity, then don't surrender. Instead, withhold your surrender and give it instead to that which is still higher and still better, beyond any potential for harm to any other.

This Awareness indicates that it is extremely simple, so simple that entities cannot accept it without complicating it, and therefore this Awareness has spoken of some of the areas that entities will attempt to use to

make it more complicated than it really is. If you have any complications involved, simply reach beyond those levels to that which is still higher and still better and is strictly pure energy to which you surrender yourself.

Divine Energies are All Loving, all Forgiving

This Awareness indicates that you may know that you are surrendering to the Highest Frequencies in the universe, that those frequencies are not in any way judgmental or hostile or desirous of sacrifice or desiring to cause harm or demanding obedience of anything of a sacrificial offering. Those energies are instead all loving, all giving and needing nothing in return, and if you surrender to that and your highest concepts of Divine Energy you *cannot* go wrong and you will find yourself becoming one with such energies.

Self-Importance and Divine Unity do Not Go Together

This Awareness indicates if you attempt to make it significant in terms of self-importance, you are headed for disappointment for self-importance and Divine Unity do not go together. You will simply distort the Divine and merge yourself with a concept that is ego-enhancing and self-flattering. You may become self-aggrandizing, or a megalomaniac in the process, but it will not be satisfactory as a spiritual experience for you.

You may impress your friends and others on your block by pretending to be a great spiritual master for some experience you had in your attempt to merge with the Divine, but it will be seen as false, for entities will know there is ego involved in your presentation. This Awareness indicates therefore, if you want true enlightenment and communication and union with the Divine, then simply surrender your own self-importance and your own personal will to that of the Divine and perceive what the Divine has to tell you or what *It* wishes to impress upon you in your surrender mode.

This Awareness indicates do not be surprised if *It* simply informs you or impresses upon you the insignificance of your life. It would in fact be quite surprising and perhaps questionable if *It* informed you and impressed upon you as to your great significance.

This Awareness indicates that you need not be too worried that you will develop an inferiority complex by merging with the Divine, for in true merging with the Divine, you bask in the appreciation you have for the Divine Energy and *Its* Divinity and *Its* Sense of Greatness and Awesomeness which is conveyed to you in a sense of humility and love for you becomes all that you really need and want.

The Basic Hunger of Entities is to Surrender to the Divine

The feeling of wanting to be attuned or in harmony with the Divine becomes the all-encompassing goal and desire in your life. The longing in your heart that you live with throughout your life, the loneliness you feel, the desire you have to achieve, to accomplish something, some intangible thing in life is actually your basic hunger to be at one with the Divine and it can only be satisfied by surrendering yourself to the Divine.

This Awareness indicates there needs be no struggle in such a surrender. It does not take great skill. It does not take muscles, it does not take will. Will needs to be surrendered. Simply relax and give up and let Divinity come upon you. Experience the love of the Divine, and do so with appreciation for that love.

Divinity is Not Something You can Claim or Own

This Awareness indicates that by appreciating the Love of the Divine, you can help assure that you are not turning it into a situation in which you fool yourself into thinking you acquired Divinity, possess Divinity, or somehow have achieved Divinity in your life. This

Awareness indicates that Divinity is not something you can possess or claim or own. It is something that comes to you when you surrender yourself to it, and it comes to you on *Its* own volition, not by your command or demand upon *It*.

Can Divinity be Grasped Intellectually?

FOLLOW-UP QUESTION:

This seems to be a rather common problem with people who've written in, that they sort of intellectualize this whole thing. But meditation and discipline, and different spiritual groups, and even the Cosmic Awareness Spiritual Development Course; are just sign posts to help the entity to set aside that part of his ego so he can open up to the High Self, and through the High Self he can contact the Divine, that actually is there all the time, but he can't accept it intellectually? Is there any truth to that?

COSMIC AWARENESS:

The Purpose of the Cosmic Awareness Development Classes

This Awareness indicates the Divine is everywhere present and entities need only to surrender. The Development Classes, as given by this Awareness, are a means by which entities can very gradually, in increments, surrender their will and action so that this Awareness can come closer to them, and in that surrendering process there can be moments of unity.

This Awareness indicates that the first thing entities discover in the Development Classes is that they are not to speak, they are not to take the initiative to do anything, unless they are instructed to do so, and in most of the Development Classes, they are totally passive. In most of the rituals and most of the experiences, these occur with the student being passive, passive and attentive.

This Awareness indicates that it is for this reason that certain effects are made to the student giving the student experiences that can be of significance in helping to enhance the spiritual receptivity of the student.

This Awareness indicates that the classes themselves are not the spiritual development, they are but rituals and means and techniques for helping the student to experience things that allow him or her to glimpse experiences of a more spiritual level, and gradually, the student begins to embrace a more broad form of spiritual understanding.

There Are Many Methods Entities Can Use to Merge with the Divine

This Awareness indicates the surrender of self to the Highest is the ultimate act of merging with the Divine, and there are many ways wherein entities have been provided with methods for doing this. This Awareness indicates the Christian approach by the churches, whereby entities dedicate their lives to Christ; this is one such form of surrender.

There is also that which is referred to in some of the evangelical Christian movements, as the act of salvation, which is expressed in the act of surrendering oneself as a sinner to Christ, to be saved of sin, and this expression is also effective as a way of merging with the Divine.

Merging With the Divine Not a One-Shot Episode

This Awareness indicates that the important thing is that whatever means entities choose, they should realize it is not a one time episode. It is an action that needs be done moment to moment, day in, day out, for it to be a lasting and permanent union with the Divine.

When you feel yourself as the bride of the Divine as has been described in the *Book of Revelation*, when you feel yourself as being able to give yourself totally to the

Divine, and this feeling is perpetual in nature, then you are indeed one with the Divine. When this is perpetual, you are perpetually one with the Divine.

This Awareness indicates that you cannot, however, go out and build a reputation or self-promotion on a claim of being one with the Divine without threatening that relationship, because, when you start to brag about your marriage to the Divine, you are in danger of promoting yourself as more important than the Divine, and getting a claim from your peers for being one with the Divine puts you in jeopardy of self-importance.

Self-importance is incompatible with Divine Importance and surrender to the Divinity. You must always keep the Divine in higher importance than self, or you threaten the union that you have formed with the Divine. This Awareness indicates it is likened unto a master and his dog.

It Is Like the Dog Feeling More Important Than His Master

If the dog feels so important because his master is important and the importance of the dog grows throughout the village to the point where all villagers are in awe of the dog because he is the dog of the master, and the dog begins to sense this self-importance, it will not take long before the dog becomes jealous of the master or desires to rebel against the master and thinks of himself as more important, maybe even too important to lick the master's boots or serve the master well.

When this occurs, the relationship, the loyalty of the dog to the master suffers, and the dog is not as important to the master, and therefore, the dog in his own personal assessment does not feel as important to the master, and the dog, by feeling himself important, does not feel the master is as important to him, and therefore, the relationship loses something of its original quality when the marriage of the dog and the master first occurred.

The loyalty has shifted. The importance has shifted from serving the master, to getting served for being important to the master, and it becomes a thing of using the master, rather than serving the master. This Awareness indicates that this is much the way it is when an entity seeks to serve the Divine and begin to think of one's own importance.

Thus, you see occasional ministers or holy men who begin to take great advantage of others for being one with the master, one with the Divine and expect that others should hold them in high esteem for being one with the Divine and expect that they should be rewarded with earthly acclaim and treasures for being one with the Divine, and in the process of this shift, they are simply using the Divine to further themselves.

The First and Second Traps for the Seeker

This becomes the second trap for the seeker. The first trap being the idea that you have to do something difficult to become one with the Divine, when in fact all you have to do is surrender. The second trap being to think of yourself as excessively important because you have somehow fused or merged with the Divine, whereby you start to use the Divine for your own gain and self-importance.

It is simple. Surrender yourself to the Divine and remain surrendered from moment to moment forever after.

WHAT IF ONE BROUGHT SPIRITUALITY FROM A PAST LIFE?

FOLLOW-UP QUESTION:)

Does the part of the question that *if* a person has already had some substantial degree of Awareness

before he came down for this trip, does that mean that it could make it more easy for him to tap directly and quickly into the Light?

COSMIC AWARENESS:

This Awareness indicates it all depends on here and now, whether the entity is capable of surrendering to that Divine Energy, or whether the entity wants to bask in the glory of self-importance because of the awareness he brought forth, or Divinity he once held or claimed, or some belief of self-importance that came from earlier spiritual efforts.

None of those things are important. What is important in terms of spiritual development is whether the entity is able to let go of self-importance and surrender to the importance of the Divine, to become one with that Divine Energy at the cost of self-importance.

This Awareness indicates to put it another way, spiritual development requires that you pay your self-importance to get the right to merge with the Divine, and that the Divine Importance will replace self-importance in your life.

The Bottom Line of All Religions Is to Give Up Self-Importance

This Awareness indicates that this is basically the bottom line of all major religious teachings. Although these religions may teach many different details, different versions, different rules, the bottom line is that if you wish to become one with the Divine, you must give up self-importance, the worship of yourself. The feeling of self-importance *must* go, and Divine Importance must fill your consciousness.

This Awareness indicates that it is for this reason that this Awareness has cautioned entities about some of the new philosophies that teach entities to see themselves as gods. There is nothing wrong with seeing yourselves as gods, as long as you put the importance on god and not on self.

The Divine Being of God will accept your essence in its merging with you, but for you to claim to be God simply because you have merged with the Divine Spirit is an effort to wrap yourself in the clothing of the Divine and parade around as yourself pretending to be God.

A Masquerade as God Hinders the Entity's Development

It is better that you let yourself be devoured by God and merge with God and serve God, than to parade around the universe as the Creator. This Awareness indicates that when you give of yourself to be devoured by God as food for the God, then indeed your surrender puts you into the same vibration as God, but when you try to claim yourself in your personal vibration to be God, and drag God's vibration down to meet yours and attempt to masquerade as God, walking around in your vibration with your need to be important, claiming to be God -- everyone can see that you are false.

Even *you* know you are false, and the masquerade does nothing to enhance your spiritual development. It hinders any spiritual development you might have already achieved up to that time.

This Awareness is very concerned about many entities who have developed spiritually quite well, but who have reached a certain level and then see themselves as one with God, and rather than remaining in a state of surrender to the Highest, begin to don a kind of arrogant attitude and parade through life pretending to be God, claiming they have some Divinity of their own, while actually having separated when they ceased to experience surrender to the Divine.

You cannot gain and haul away Divinity by surrendering to it and then carting off pieces for yourself to pretend that you are now Divine. Such action risks all that one may have achieved up to that time.

This Awareness indicates if one goes and merges into the water of an ocean and says to oneself: "I am One with the ocean!" that statement will be true to the degree that the entity has surrendered himself to the ocean, but if the entity, having been one with the ocean then walks ashore and goes inland and continues to make claims: "I am the ocean! I am that which you seek when you seek to go to the ocean, to the shore! Bask in the wonder of my depth, in the wonder of my shoreline!" entities will know the entity is foolish and false, because they know, in their own consciousness, even if they have never seen the ocean themselves, that this man, who looks much like any other man, is not an ocean.

This Awareness indicates it is the same that occurs when an entity merges with God, becomes One with God, then leaves God to go ashore, to go back into the world and brag about being God. While the entity is One with God, he or she can truly say: "I and the Father are the same." This is only because the entity has surrendered and merged with God, as the swimmer might merge with the ocean and say similarly: "I and the ocean are all one together!"

This Awareness indicates once separating and going back into the world to claim: "I and God are one!" claiming that as a person, not as a surrendered aspect of the Divine in the ocean of the Divine Vibration, but as an individual claiming to be God and making it appear that God has come from wherever His or Its domain might be, and is working in this individual's being, most people will see this claim as being foolish and false.

"I and the Father are One"—The Catch 22

This Awareness suggests therefore entities must be cautioned not to, as a person, claim to be God. If, when merged with God they are compelled to express themselves and say: "I and the Father are one!"-- this is a different matter. Keep in mind that they cannot, while saying that and being merged with the Divine, claim it as a person. They can only claim it as a fragment or aspect of God by having given themselves totally to the Divine at the time of the statement.

It is as foolish as the sky-diver who says: "I and the sky are one!" This may be true while he is falling in the sky and experiencing the total experience of the sky, but once on the ground he cannot make such a statement as a separate being from the sky and have it be truthful.

Is Believing in the Spiritual Quest Being Naïve?

FOLLOW-UP QUESTION (VIKKI):

In reading through his entire letter, I had a sense of a naïve, open and earnest tone that felt like I remembered feeling when CAC was first starting, and hadn't taken all of my time and energy yet, or like the group felt when we met in York, in 7-7-77. Is there like perhaps a phase of development that this is reflective of?

COSMIC AWARENESS:

This Awareness indicates that entities are so used to having to work to achieve something, to acquire something, to get or gain something, that they are not conditioned to simply accepting something freely given, and also, entities are so conditioned by life to being self-centered so that when they want something, the thing that they want is a centerpiece in their being and they would not imagine giving up their want in order to get that which they seek.

This Awareness indicates that when it comes to the spiritual quest, the seeker must die and surrender to that which is sought. The self must surrender to the thing the self seeks. This Awareness indicates that it is true that beginning students generally think there is a method of achievement, a training ground, a way of developing

some spiritual skill that allows them to become a fulfilled or enlightened being.

"Awareness, I Want Enlightenment, and I Want it NOW!"

This Awareness indicates there was, for example, an entity who sent in for a reading once and enclosed a hundred dollars and said:

"Here is my hundred dollars. I want Awareness to give me enlightenment. I want it **now**, and I don't want any excuses." This Awareness indicates that enlightenment can come when the entity surrenders self, but an attitude in which the entity thinks he can buy enlightenment as one might buy a shirt at a department store, is not going to grant any reward for the entity.

Spiritual enlightenment is free of charge for those who surrender to the Divine, but there are many who pay great sums of money to have preachers, priests and different instructions on how to become enlightened through their particular church or method or development program, and these entities may even pay large amounts of money to eat particular foods or change their lifestyle and go to distant places on earth on the assumption that if they go to some holy place, they will become more enlightened more quickly.

This Awareness indicates the enlightenment you seek is your own surrender to the Divine. Who charges for that? Who do you pay to have permission to surrender yourself to the Divine? How much does it truly cost you to do so? It costs nothing, but you may not want to surrender yourself to the Divine, so instead, you pretend that you are seeking enlightenment, that you are seeking to be spiritual, and rather than surrendering self you keep your self and give your money to someone who tells you how to do it through this method or that method, or where to go for this experience you seek.

Can One Get Enlightenment From Books?

(FOLLOW-UP QUESTION):

Awareness, how effective, and what is the purpose of such books as the classic *The Impersonal Life*, written by an anonymous person, wherein entities claim, or it is claimed in that book that if you read this slowly and meditate on it, that you will achieve the Divine Union with God or illumination, at least momentarily?

Is this sort of thing merely mental masturbation for people who think that they can reach that goal without working too hard, or do such books actually have some effectiveness?

COSMIC AWARENESS:

This Awareness indicates it depends on what the book tells the entity. If the book tells the entity about surrendering self to the Divine, then the book is helpful. If the book simply talks about methods of meditating or of doing different mental tricks and imaging certain things which have little or nothing to do with surrendering of oneself to the Divine, then the book is probably only designed to make money for the author and entertain the reader.

This Awareness indicates sometimes the entertainment takes on the appearance of promoting hope through certain methods of expression or practice and sometimes the entertainment takes on the role of simply being cleverly accumulated and ordered words which impress the reader with the importance of the writer.

This Awareness indicates that it is amazing how many words and how many questions and how many ways things can be viewed from the realm of thought about that action which this Awareness has said is the method for achieving enlightenment, when it all comes down to surrendering one's self-importance into the importance of the Divine.

The Mind Can't Stand the Thought That It Has No Role

This Awareness indicates that the mind does not like things to be so simple. It wants to complicate the whole process, to make it more difficult. It wants to make this challenging. How can it be so simple and yet bring so much, for isn't enlightenment, spiritual development and enlightenment the goal of all entities on earth? Surely it must be more complicated!

The mind can't stand the thought that it has no role in the process of reaching enlightenment, that it is simply and only a matter of surrendering one's self-importance to the Divine.

HOW DOES ONE'S SPIRITUAL ENERGIES AID THE COLLECTIVE CONSCIOUSNESS?

QUESTION:

Elizabeth H., of Spokane, Washington, writes: "I am ready to hear and read about spiritual energies, how my own spiritual energies can add positive energies to the collective consciousness and how it works. Could Awareness address that?"

COSMIC AWARENESS:

This Awareness indicates that your focus and the energies that you hold when merging with the Divine Energies can be directed toward those things that are within the Will of Divine Law. If you wish to promote Divine Healing, in any aspect of experience of life or of any aspect toward the world, merge first through surrender to the Divine, and while in this union with the Divine, focus your attention on that which needs to be healed, whether it is an individual, a small situation, or a global concern, and in the focusing of that Divine Energy, while being one with the Divine Energy, as you experience surrender with or into the Divine Energy, bring yourself to focus on that which needs healing and the Divine Energy will move toward that with the intent of bringing about the healing you have been instrumental in helping to direct.

Divine Healing Requires Permission of the Divine Energies

This Awareness indicates of course, it is important that you have permission of the Divine Energies to conduct that healing and this is achieved normally and traditionally by asking the Divine Energies "to heal this, if it is within Thy Will, or Thy Will Be Done" in this matter. There are different ways in which you may wish to express this concept that you are asking the Divine to heal if it is the Will of the Divine.

This Awareness indicates you must do this because, for all you know, the illness, or the problem which exists which you are trying to heal may be something the Divine wishes to bring about, not as a healing, but as a destroyer. Perhaps something needs to be destroyed in order that consciousness becomes aware, in order that consciousness recognizes a need or a problem, and will take the steps necessary because that was already lost.

What if You Prayed that Christ Not Die on the Cross?

This Awareness indicates that in order to better explain this, consider as an example the possibility that in the Christian story of the crucifixion of Christ, that perhaps you might be there at the time and you might be praying to the Divine: "Don't let this man die on this horrible cross!" This Awareness indicates that while you would feel that it is a great crime to see this man die in such a way, it might be the Will of the Divine for some purpose that is of greater magnitude than you could even imagine, to allow the entity to go ahead and die on the cross.

For by saying: "If it be Thy Will," or "Thy Will Be Done!" you are leaving it open to where your will is subject to the Divine Will and you are trusting the

Divine Will to grant you your wish, your prayer, if it is appropriate.

IS CREATING WORKS OF ART A FORM OF SURRENDERING?

("Thy Will be Done Through Me")

QUESTION:

One final question relating to James M.'s reading here. He sent along photographs of some of the sculptures that he makes, many of them life-size, and he works without painting or diagramming these. He's not a painter, and some of his works look as good, if not better, than some of the Frederick Remington paintings of the old West, and some of his new stuff is getting into an almost mystical area.

I was wondering if, in his search to surrender, that if somehow, in his work of creating these sculptures, isn't he surrendering on some level to be inspired to create these works of art?

COSMIC AWARENESS:

This is in the affirmative. This Awareness indicates that this entity could benefit and enhance this direction each time he begins to do his work by uttering silently or aloud: "Thy Will Be Done through me!" This Awareness indicates that in this manner he is surrendering himself to the Highest and letting himself be used as a vessel, as a tool, as an agent for sculpting and for the artistic work that the Divine may wish to direct through him.

The more this is repeated as a ritual in his artwork, the more spiritually directed his work will become.

These Questions Have Helped Awareness to Clarify a Difficult Subject Area

CLOSING MESSAGE:

This Awareness indicates that these questions from these entities have been of great importance in helping to allow this Awareness to clarify issues for many people who have questions regarding enlightenment and spiritual evolution. This Awareness indicates that *It* has spoken many times about spiritual enlightenment but never before has *It* had such an impetus and need to condense the whole process into a short, clear, poignant statement.

Although *It* has spoken before of surrendering, it is good that these entities have brought this need into greater focus so that the understanding of surrender to the Divine can be clarified in a brief statement, for sometimes, this is much more important to entities to have something given in a brief statement than to have long explanations.

This Awareness indicates that there is for most entities some degree of self-importance. When entities can surrender that self-importance to the Divine and honor the Divine with greater concern and attention and significance than their own self-importance, they have indeed experienced union with the Divine, and that simple action is what most entities spend their lifetime trying to do: reading books, studying religions and philosophies, seeking to understand how to progress spiritually, when indeed, self-surrender is all that is necessary, but it must be done on a perpetual basis, not simply on intermittent basis, once in awhile.

This Awareness indicates of course, entities will slip and fall back into self-importance, but whenever you think about self becoming more spiritual, remember to surrender that self to the highest and you will find that which you seek, and the more often you do so, the more it becomes stabilized as your way of life.

This Awareness suggests you not become discouraged if you slip back time and again into self-importance, but when you notice you have done so, this Awareness suggests you surrender again that important self to the Divine.

The Law of Gratitude is given)

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WHAT IS COSMIC AWARENESS?

COSMIC AWARENESS is the Force that expressed Itself through Jesus of Nazareth, the Buddha, Krishna, Mohammed, Edgar Cayce and other great avatars who served as 'Channels' for the 'Heavenly Father' and who speaks again today as the world begins to enter the 'New Age' of spiritual consciousness and awareness. Since 1963 Cosmic Awareness has been communicating through carefully trained channels. This information is for those who desire to help in bringing in the New Age. Throughout the thousands of 'Readings' given through these various channels, Cosmic Awareness tells us not to believe anything, but to question, explore, doubt, and discover for yourself, through your own channel what is the truth. Cosmic Awareness will only 'indicate' and 'suggest'. Neither C.A.C. or any of the Interpreters is responsible for anything Cosmic Awareness states in any of these readings, nor does C.A.C. or the Interpreters necessarily agree with the statements of Cosmic Awareness. The Interpreters interpret the energies as they see them in trance levels and are not personally responsible for what is said. The interpreters published herein have no connection with, nor control over the editorial comments and material, including illustrations. This is entirely the responsibility of the editor. Members of C.A.C. are invited to send in questions of general interest to ask Awareness for possible publication in this newsletter.

The Interpreters for the readings in this newsletter are: Paul Shockley and Grace.

CLOSE TO HOME By John McPherson



"We don't like to use chemicals on the animals. I'm going to use this trumpet to scare the fleas toward Scamp's tail, where they'll jump off into that pan of scalding hot water."

VISIT THE NEW C.A.C. HOME PAGE ON THE INTERNET

CAC now has another Web site here in Olympia. It contains a lot of information on the history of the Awareness Movement, what CAC is all about, plus colored photos of the entities who make this newsletter possible: Vikki T., your editor, Grace, Paul Shockley, Strongbow, Lady K, Rufus and Wilber. There is also information on some health products like Silver Wain Water. And for you who just can't wait for the next Lesson, The Lessons of Enlightenment are also there, free of charge. Just download and print! You can also click and tie in to our other website. Just type in:

members.aol.com/cosmiccomm/cachome/cac.html
Note: non AOL users may have to type in the following before adding our new site: http://

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Deposit your energy in this cosmic Bank. Withdraw it when needed for healing or personal use. Keep in touch with CAC when you start getting results!



Does Awareness Exist as Satchitananda: Existence, Consciousness and Bliss?

QUESTION: (3/10/96)

Some questions from JD in New York. She asks: "Does Awareness exist as the Hindus teach as Satchitananda? Existence and Consciousness and Bliss?"

COSMIC AWARENESS:

This Awareness indicates there is that which could be interpreted as qualities of this Awareness. This Awareness has explained previously, but will again explain essentially what *It* is. *It* is vibration. If vibration is moved into the higher realms, it begins to take on an awareness, a consciousness. And as it moves higher into these frequencies, beyond the frequencies of normal human consciousness, there is that which is even of a higher nature, a higher frequency.

This Awareness has indicated to entities that at four quadrillionths of a second, the universe appears and disappears every moment. This is in reference to that speed of frequency. Four quadrillionths of a second is not the highest frequency, but at that point it can be said that all matter vibrates in that frequency to the point where anything below that appears or disappears.

Within the lower frequencies there are those higher frequencies resonating at four quadrillionths of a second, but there are still the lower frequencies forming matter at the same time. In other words, the lowest frequencies have within them the higher frequencies of those speeds at more than four quadrillionths of a second, and therefore, even the lowest frequencies are consciousness, are alive, are Awareness levels, are the Divine Frequencies, which are everywhere present in all things in Creation.

All Entities Have This Speed of Frequency Within

This Awareness indicates that whether these frequencies are given names in different languages or whatever, it matters little, but the frequencies essentially are what this Awareness refers to as Divine Frequencies when they are vibrating at a higher speed than four-quadrillionths of a second. This Awareness indicates that all entities have this speed of frequency within them, but if these speeds and this frequency are not noted, it is likened unto a vibration at a lower speed.

This Awareness indicates in other words, although a lamp is made up of atoms, most entities do not have the consciousness to perceive the atomic structure within the lamp: they simply see the matter known as the lamp. They see the shape, and they call it a lamp. A scientist, having a deeper understanding of atoms, might look at the lamp from a different point of view and say: "This is a shimmering of atoms. It is a mass group of atoms shaped together to form that which appears to be solid matter."

This Awareness indicates this scientist would be accurate, even as the layman looking at the lamp would also be accurate in describing it as a lamp. They are seeing the same thing from different points of view; the lamp being a higher frequency for one, and a lower frequency for the other. In fact, the layman might not even think of it as vibrating in its existence.

This Awareness indicates that in the same way, a layman thinking of God has a hard time perceiving a God that is Pure Consciousness or Universal Vibration, or vibration a four-quadrillionths of a second, or anything of such omnipresence as a frequency or a vibration representing the Creator. This Awareness indicates that an entity understanding the Resonating Electromagnetic Scale could better perceive the concept of Light at a certain resonance and sound and color and

microwaves and sound waves and so forth at different frequencies or different speeds of vibration.

This entity could also understand the higher frequencies, the X-rays and the cosmic rays and the possibility of consciousness vibrations or frequencies, and that in the higher regions of the Electromagnetic Scale, there might be frequencies that could be called Divine Consciousness, and that the Divine Consciousness could be responsible for all of the lower frequencies and lesser levels of consciousness.

The Higher Frequencies Can Also Exist in Gross Matter

This Awareness indicates it becomes a little more difficult for entities to understand that the higher frequencies can exist in the more gross levels of matter, alongside them. This Awareness indicates that anyone who understands music, however, and the nature of sound, would not have too much difficulty in realizing that the lower notes on the piano cause a vibration on the higher notes of the piano so that the strings resonate to each other. Even though one is very low, and the other is very high, striking the one causes the other to vibrate in resonance or in harmony.

This Awareness indicates that likewise, striking a lower string causes it to vibrate in half, and in quarters and in eighths, and in sixteenths and so forth, so that the highest frequencies or octaves of that sound exist simultaneously to the lower note's sound. In other words, a striking of low C on the piano would also resonate the higher C on the piano string, and likewise, the lowest notes in the universe, or lowest frequencies resonate to the highest frequencies, so that anything that is vibration, which includes all material things, everything that is, in its frequency, whether it be lead or rock or whatever, **does** contain within its frequency, the *highest frequencies* of the Divine Consciousness. It is just that the Divine Consciousness in a rock is less noticeable because it is overpowered in terms of gross matter by the lower frequencies or vibrations that form the material reality of the substance, of the matter.

Hard to Believe but Even Rocks Have Life Within Them

This Awareness indicates that what this means is that even rocks have some consciousness in them, but they do not appear to be animated as other life forms that are not so dense, not so structured in the manner that a rock is condensed. Also, it means that the atom which makes up rock, the groups of atoms, if they could be examined closely enough, would be seen to be moving, would be animated and living things, moving in their circles, in their shells, and therefore, as living beings, holding consciousness of their own. This Awareness indicates this is not too far-fetched for a scientist to understand, but many people who rely solely on their five senses would find it hard to believe that a rock could have life in it.

This Awareness indicates that to ask whether the Hindu gods mentioned are the same as this Awareness is like asking whether the cloud is the same as a rock, or whether a ball of cotton is the same as a drop of water. In some levels, this is all identical. It depends on what the definition of your Hindu gods would be, and also it depends on the definition of water and the definition of the cotton, whether they would be classed as the same, for on some levels they are identical in the sense that they are all vibrations.

You could also say they are all atomic in nature. If you go deep enough you will see that they are atoms. Water broken down becomes atoms. Cotton broken down becomes atoms. And likewise, the names of those Hindu gods which are simply symbolic of certain energies, can be similar or equal to that which is called

Awareness, which is also but a name for some energies, and these energies that make up the substance described by the names are vibrations, are frequencies, and since this Awareness permeates all things from the highest frequencies on down to the lowest gross matter, anything in between, any of the Hindu gods by definition, regardless of that definition, would be also referring to some vibration.

This Awareness indicates that the Hindu gods are energy with a name attached. This Awareness is energy with the name attached, and the energies are filled with frequencies that this Awareness identifies with, even if the energies of the Hindu gods are not vibrating at the absolute highest frequencies, but it doesn't matter. You can also define these Hindu gods as being of the highest frequencies and your definition, as long as it refers to this, can be the same as this Awareness, if entities want to stick with that definition of these Hindu beings.

This Awareness indicates in other words, the playing with names is of no importance in the understanding of reality, for the names are arbitrary. They are artificially created in an effort to describe something, and entities need only to understand that the energies that lie behind the words are the reality, and if you can understand the reality, you don't have to worry about attaching the words to it, for the words are only signposts pointing to the reality. And if entities get too hung up on the signposts and do not see the reality toward which the signposts point, they have missed out anyway.

Ouspensky Said: "All Words Are Lies"

This Awareness indicates that Ouspensky said, "All words are lies. If you strip all words from consciousness, you will begin to see the truth." This Awareness indicates that this is so. Words are but signposts. They are not the thing. And therefore, getting too fixated on words is a problem in thinking. Let the words be used to lead you to the truth, but do not think the truth is found in the words, and do not worry about trying to get the right words to write a truth or tell a truth. All you can do is get words that are close, words that help point to the truth and try to make it clear that the truth lies beyond the words themselves.

This Awareness indicates the best way *It* can describe *Itself* is to speak of frequencies and vibrations in higher and lower levels and describe where these frequencies and vibrations meet in different levels and the general relationship that is created between these various frequencies and vibrations.

IF AWARENESS EXISTS AS BLISS: IS IT TRANQUIL OR INTENSE?

FOLLOW-UP QUESTION:

She goes on: "If Awareness does exist as bliss, is this bliss experienced as tranquillity or as intensity?"

COSMIC AWARENESS:

This Awareness indicates this again is the use of words which need to be defined in order to arrive at a truth or at a signpost pointing to a truth. This Awareness indicates the use of the word 'bliss' is that which hints at the vibration, but the experience of bliss will be different for each individual, as the individual approaches that frequency or vibration. Whether the individual calls the bliss 'tranquillity' or 'intensity' depends on the entity's definition of the experience.

It is likened unto asking, "When you have a cold, is your nose stuffy, or is it full? Is it a pressure, or is it a disturbance?" This Awareness indicates that these are terms that can be used interchangeably by different entities in describing the same common terminology of the cold. This Awareness indicates that entities **do** need

to understand that definitions of words can only help; they do not solve the problems of language, solve the problems of description. The description is not the truth. It is simply adding words to the words that were already used.

What entities need to do is reach beyond the words with the mind and try to comprehend what is being hinted at. If you can reach beyond the words and understand frequencies and vibrations and how these can be used to trigger feelings, you might see that these frequencies can cause bliss, but if someone says, "Is this bliss, tranquillity, or peace, or is it intensity?"; it is simply the action of adding more words to the concept or idea that is being described by the original word.

Will it help to have more and more words in between for entities to reach the mind beyond the words, or will that hinder the understanding of what is being said? The words are but blocks to understanding, if entities get too concerned with the degree of the word, the meaning of the word, the definition of the word being used.

To Create Physical Existence, Does Awareness Cause Vibrations by Will?

QUESTION:

Another question by JD. "To create physical existence, does Awareness, by will, cause vibrations? If so, is what we perceive as matter the interference patterns where the vibrations intersect, or just some aspect or action, such as vibratory rate of the vibrations themselves?"

COSMIC AWARENESS:

This Awareness indicates it has to do with the interference of one vibration from one octave into another octave. This Awareness indicates if a frequency is sent out into the universe, and it goes out and curves back and runs into a field of frequency from whence it originated, the two frequencies coming together create a third kind of resonating. This third kind of resonating is called the offspring. It is a denser frequency. It becomes denser, because likened unto strings of energy going through the universe, when crossing, they entangle one another, and thus create a greater density.

How Cosmic Awareness Creates Matter

This Awareness indicates if this density then moves also through areas of the universe and comes back into contact with its own dense vibration, it will create a still deeper density, and this density continuing over a time to run into itself, each time stepping down into lower vibrations because of the added density of its own frequency vibrations, begins to take on a deeper and deeper collection of energies and mass, and the mass is that which eventually becomes that which is called 'matter.'

Thus, a fulcrum of energies passing a point, at diminishing vibrations, eventually will create a particle of matter, and that particle of matter can move and become collected with other particles to make larger particles or masses of matter.

This Awareness indicates if you could go into the particles of a planet and begin to throw out the things that make up the planet, you would find yourself spreading out the boulders, spreading out the rocks, spreading out all of the substances of the planet, and you would then find yourself breaking into these particles, spreading them out, until you reach into the molecular levels, begin separating the molecules, coming to the atoms, and if you went far enough into the atoms, you would find that the particles and sub-particles of the atoms are just vibrating vortices of energy, and by going in deeper into these vibrating vortices, you could find

that separating the vortices so that they were no longer focused into a focal point, they could be separated into strings of energy, and thus, space created.

What Is the Most Beneficial Spiritual Practice?

QUESTION:

Another question from this entity. This sounds familiar. It might have been asked previously. "What is the most beneficial spiritual practice available to virtually all humans?"

COSMIC AWARENESS:

This Awareness indicates that virtually all humans who can conceive of a Divine Creator can find it within themselves to surrender the self to that Divine Creator, and in such surrender become One with the Divine Creator. This Awareness indicates that flipping beads from one place to another, saying mantras, standing on one's head or doing various postures, or getting on one's knees or lighting candles, or going through rituals; none of this is anywhere close to the importance of surrendering self to the Divine.

One Can't Surrender Until One Is Integrated

This Awareness indicates that of course it is less effective as an action for those entities who have not yet developed a self. There are many people who are so dis-integrated, they do not even have a self to surrender. They are still trying to find themselves, trying to form a self, trying to form some individuality, and therefore, they can't surrender until they have found their own individuality, until they have found what they conceive of as being themselves.

What Can We Do Daily Before Death in Order to Stay in the White Light After Death?

QUESTION:

A question from Brian P., Lake Forest, Illinois. He writes: "Recently Awareness gave advice to a question concerning the best way to die is by surrendering into the Clear or White Light. Would Awareness please comment on what we can do daily before death, so that staying in the Light after death can be made easier and longer?"

COSMIC AWARENESS:

This Awareness suggests surrendering to the Divine Light or what you consider to be God or Divinity. This Awareness indicates that of course, before this happens, you must have something to surrender. If you are not yet whole, if you are not yet an individual, if you are unable to find who you are, what you are, or anything of substance in yourself, you may need to get out and make some mistakes and suffer some pitfalls of living in order to have something that you call yourself to surrender.

A Small Child or Baby Could Not Surrender to God

In other words, a small child, a baby, would have a hard time surrendering to God. For one thing, the baby is still tied to the spirit, has not discovered self yet, and is only beginning to learn about self. This Awareness indicates there are many entities who are older than the small baby but still do not feel they have discovered themselves to their satisfaction. This Awareness indicates the next question might be: How do you know when your self is integrated enough to surrender it?

This Awareness indicates that when you feel you have found a self that is complete, but is not satisfied, then you may realize that it is unsatisfied because it is not One with God, with the Divine, and when you realize that there is a strong need to be with the Divine, then the surrender of self becomes meaningful. Until you have enough of a self developed to have a yearning for merging with the Divine, you are probably not quite ready to surrender to the Divine. Your self may not be

integrated enough to have a meaningful conversion or integration, or ego death; whatever term you wish to call it.

To Surrender to God The Prodigal Son Must Return

This Awareness indicates it is likened unto the entity trying to have an ego death, but the entity has no ego. The entity is but a blank, spaced out, the entity with no sense of self. How can the entity possibly have an ego death, a surrender of self? This Awareness indicates it is again the story of the Prodigal Son who leaves home likened unto the consciousness of an individual who leaves the spirit, leaves God and falls from grace to some self-debauchery or self-activity that is of little value to the entity, but which the entity conceives of as being a pleasurable sowing of wild-oats or something of this nature, and the entity eventually realizes that it has brought nothing but pain and suffering, and the entity is ready to return home and give up his new-found individuality, or his ego by surrendering to the Father and asking for mercy and a chance to return.

It is Very Simple to Go Through the Ego Death

This Awareness indicates it is a very simple formula. Entities want to think it to death, to ponder it, to debate it, to talk about it and to put words on it, and to think up questions about it, but it is very simple. It is likened unto people who want to talk about the food they are going to eat until the food has dried up or has rotted and is no longer edible. It is a waste to talk too much. If you are not ready to surrender, then get away from the table and do something else.

This Awareness indicates that it is that simple.

But Exactly How Does One Surrender?

FOLLOW-UP QUESTION (VIKKI):

I get the feeling from these questions about how to surrender that people have the intention of doing the right thing, but they're not sure how to do it right, how to get it right.

COSMIC AWARENESS:

This Awareness indicates that they are expecting lightning and thunder and bliss and all kinds of angels humming and singing whenever they surrender, and surrendering is not the same as getting your applause, getting your bliss from the attention that you want, or getting some kind of Academy Award for your performance. It is not the same, and yet, this is what entities want.

The Closest Experience Is the Christian Conversion

This Awareness indicates the closest experience to this for entities would be the Christian conversion. If they want to go to a Christian church, particularly the right-wing type Christian church and have preachers telling them how evil they are, how they are born in sin, and how they are going to live in hell for eternity if they do not change their ways; if they want to have this preached at them until they believe it and become frightened out of their wits by the hellfire and damnation theme, then go down to the altar and pray for God to save their souls and have the preachers and parishioners and elders of the church praying over them and praying until they are out of tears and then shouting "Hallelujah! God's here! God's saving you! Hallelujah Brother! You're in the arms of God!" and going through the suggestions of having been given salvation with cheers and approval and all of that, then this can be the best route for you.

If you can accept that you are a lowly horrible creature, born in sin, and living in sin, and that you are worthless to everyone and even worthless to yourself, and that the only thing that is of any value to you, and the only one that gives a damn about you is God, then

when you go to the altar, throw yourself down, beg for mercy, then indeed have these parishioners praying over you, have the elders shouting to God, asking God to "Come into this person's heart, to come in and save this entity!"; if that will satisfy you and give you the lightning and thunder you want, it will be close to that which you actually expect, if you cannot simply surrender to God in a more relaxed way.

This Awareness indicates that this is why the Christian religion has been so profound for some entities, because even though they do not have real thunder and lightning, they have emotional thunder and emotional lightning. Their emotions are jerked and shocked and made to extend in a manner that really jerks the adrenaline throughout your body to make you feel like something really powerful happened.

This Awareness indicates that perhaps this is the route you need to take, but talking about it, thinking about it, asking, "How do you surrender? Do you get down on one knee or two knees? Do you put your hands in front of your chin in a prayer position, or do you put them out in the air? Do you raise your hands upward, palms up or palms down?" All of these different things that entities might want to ask are useless. They are simply not going to give you any help in surrendering yourself.

You simply quit trying to be special and ask God to accept you.

This Awareness indicates that mostly you let yourself accept God. This Awareness indicates that it is simple, but you can make it more complicated, and this Awareness would suggest that if you want to have the lightning, and the thunderous emotions, then you may find it best by being threatened with hell and threatened with damnation for all eternity, to where your fear is so great you want to run, you want to hide, and then be offered the chance to instead of running and hiding, to become merged with the Divine, merged with the Christ Light of forgiveness, so that you never have to hide again, never have to feel guilty again, so that you always will feel that you are loved by the Divine.

This Awareness indicates that it is not something that thought can do for you. It is simply an experience, and if you want the full emotional experience, then it would be beneficial for you to try out the Christian salvation formula. This Awareness indicates, however, it is really just a way of triggering the adrenaline in your system to give you a feeling of something magnificent, something extreme, something special happening. By using fear and the threat of hell and the promise of heaven and salvation the adrenaline can be made to go from fear and loathing of self to joy and bliss.

This Awareness indicates, however, this does not mean that because you had an emotional experience that you are any better or more saved than the entity who just realized that surrendering to the Divine means giving up self-interest to the interest of the Divine, and living your life thereafter with that newfound realization that you are now One with the Divine.

This Awareness indicates if you can realize that the Divine Light is everywhere present; it is in your elbow, it is in your head, it is throughout your body, it is in the chair on which you sit, it is in the air that you breathe; it is everywhere present; and once you accept its presence being everywhere and allow yourself to bathe in it, bathe in the Divine Light, the Divine Vibration, as long as you acknowledge its presence everywhere in your life and live your life with this Divine Energy as a guiding force in your existence, *then* you are One with God.

You Separate From God Only by Deluding Yourself

You can only separate from God by deluding yourself into thinking that you are separated and that you can be exclusive, making yourself apart from God. It is an illusion, but entities can attempt it and can convince themselves that they are no longer One with God. This Awareness indicates if you can believe that you are separated from God, as many of the Christian preachers would want you to think, then you can become extremely miserable, and the misery you experience can cause you to yearn for God, to yearn to be with God, and to feel the extreme individuality and separateness that is common for those who fall from grace.

This Awareness indicates that you can then become likened unto Lucifer who tried to separate from the Divine and think of himself as equal to God. This Awareness indicates that this is but the creation of an illusion for entities and a false belief, a false religion, but this Awareness indicates that in surrendering to God you simply come back to the realization that God is everywhere, even within you as a frequency or vibration that has created everything that is, and is conscious, and because it is conscious, it is also loving and personal. It is a personal God because it is *Love Itself*, and it permeates everyone and everything.

This Awareness asks: Is this difficult for entities to understand? If it is, then you are letting your mind and your thoughts, your Luciferian mind and Luciferian thoughts get in between you and the experience that is being described by these words, and the only reason for such action on your part would be to avoid the reality of the experience.

This Awareness indicates that the Christian formula of tearing down one's self image to make the entity feel totally lost and isolated and condemned for eternity has helped some entities break through this barrier so that they give up their way, they give up their thoughts and simply experience the chance for salvation as indicated by the altar call, wherein the entities are called to the altar to pray for salvation with the helps of various elders and parishioners of the church.

This Awareness indicates that it is a truly interesting experience, but it is simply a way of making the surrender of God into an emotional and unforgettable type of experience. This Awareness indicates that one entity who had participated in the use of heroin as well as the Christian conversion techniques said that the use of heroin and the salvation experience gave the same feeling. This may account for why many entities get into the heroin use.

This Awareness indicates that the only thing is that heroin can become habit-forming and cause great harm for the entity wherein the usual experience of salvation helps the entity to get his or her life straightened out, even if it causes them to become difficult to relate to because of their fanaticism which develops over the experience, for many of these entities.

This Awareness indicates essentially it is an adrenaline situation. Entities can get much joy from a strong release of adrenaline, and entities can also have a great joy in being relieved from fear of eternal damnation or some other threat, when followed by a total acceptance and approval, and the church people know how to make you fear damnation and eternal hell, and also know how to make you feel totally welcomed and loved completely, and to go through these things within a five-minute period can be a very converting type of experience, wherein you go from absolute and total eternal rejection, to absolute eternal acceptance and approval.

It is a push/pull experience on all your emotional buttons, wherein they are all pushed simultaneously or

within a very short time-frame. This Awareness suggests that entities may wish to think about this, and some entities may even wish to get involved with the Christian movement to have such an experience. It could be of benefit for some entities, especially if the rational brain is too much a part of the entity's experience, so that the entity has difficulty in understanding anything outside of thought levels.

Instead of Experiencing, Some Entities Talk a Subject to Death

There is more to experiencing than merely thinking, but there are some entities who never experience because they are too busy thinking and analyzing their experience. This Awareness indicates that there are some entities who, on a date for example, might be with a person they truly love. They begin to hold this person and feel good, and they will immediately begin to analyze their feeling, analyze the situation to the point where there is no longer any feeling involved, because the brain is analyzing everything.

Then they begin to talk about it: "I really like sitting here with you. I really like your touching my shoulder. I really like the fact that you kissed me on the cheek. This is really an enjoyable evening! Let's talk about what an enjoyable evening we're having." This Awareness indicates that many entities talk things to death, to the point where there is no experience left; there is only the mind going at a thousand miles an hour, or more precisely, thousands of words per hour!

What if You Don't Think About Surrender at All?

FOLLOW-UP QUESTION:

Awareness, how about the entity who never particularly gives thought to all of this surrendering business, but just goes through life experiencing the ups and downs and doing the best he can not to violate anything, and then perhaps on his deathbed he thinks about this, and he surrenders at that time, sort of like Jesus did, where he says "Father! Into thy hands I commit my spirit!" Could he get away with that?

COSMIC AWARENESS:

This Awareness asks what is meant by "Get away?" Does this mean will the entity go to hell because he did not do this sooner? This Awareness indicates there is no reason to think the entity would go to hell, if that is what is meant. What is meant by the term 'get away with it?' Is the entity somehow cheating because he...

QUESTIONER:

Well, it's sort of like through life he's been exposed to the suggestion that maybe he isn't doing the will of the Father. For example, there's some famous entity; it could have been Oscar Wilde, but I don't think it was; who when approached one time by a preacher told him "You know, some day you've got to make peace with your God!", and he replied, "Really? I wasn't aware we were at war!"

And so, if a person isn't aware of the need to surrender, then perhaps he figures that on his deathbed this would be the only time he would need to do it.

COSMIC AWARENESS:

This Awareness indicates that this is a legitimate argument or way of thinking for some entities. The question that started this conversation was, "How can one live their life to be most spiritual?" And this Awareness suggests that the act of surrendering to the Divine as being that action. This Awareness indicates if entities are not interested in finding the most spiritual life, they are probably still building their individuality, building the self, and the self may not be developed enough yet to have anything to surrender, or to be ready for surrender to the Divine.

This Awareness indicates there comes a time in every life at some point where the self has culminated into an individuality and finds itself lacking, even though it is finished in its work of becoming a self. It then is on that cross of crucifixion. The ego then is on the cross, ready to surrender, to give up its existence to the Divine, and there it gives itself into the hands of the Divine.

But This Awareness indicates it does not necessarily have to happen at the age of 33 as occurred in the Christian story, nor does it have to happen at the age of 50 or 60. It is whenever the entity has completed building his or her individuality and has a self that has no place else to go but to surrender to the Divine, wherein the entity realizes that "All of this pursuit of happiness, all of this pursuit of wealth; all of the pursuit of great gain and glory amounts to nothing. The self has had that, done that, and needs nothing more, but it is not satisfied, because it still yearns for union with the Divine, with the Creator"; at that point the entity is ready for surrender to God, to the Divine.

Peggy Lee's Song: "Is That All There Is?"

This Awareness indicates there is a song by Peggy Lee: "Is that all there is?" She sings about love and wonders in her reminiscence: "Is that all there is? Is there no more?" This Awareness indicates that this is much the summation of what happens to many entities in their life. They have done this, done that. They have sailed the ocean, they have built empires, they have performed before thousands. They have done everything they could imagine doing of any importance, and yet they look at their life and say, "Is that all there is?"

This Awareness indicates that it is likened unto the idea of "Been there, done that. Now what?" This Awareness indicates that they may then at that point have completed their individuality. Their self is complete. They are bored with being a self. They have nothing of great significance or value. Even though they may be the most famous person in the world, even though they may be the most loved person in the world, even though they may have all the joys that anyone could possibly ask for, they will say, "Is that all there is?", because they are not complete. They do not feel satisfied in a complete sense.

It is because they are not One with God. This is the ultimate desire of all living beings, to merge again with the Creator. At such a point in one's life where the entity can realize this, that is when the surrender of self to the Divine becomes so simple and so important. The rest of the time, entities who are not ready can talk about it, ask about it, think about it, debate it and turn it inside-out with discussions, with panels discussing it. It will still not happen, regardless of how much information is given, because the entities are not ready to surrender self.

They have not yet completed themselves. They have not fulfilled their lives. They are not ready to ask: "Is that all there is? Is there anything more?"



8/18/98 Grace, Interpreter

Comments on the Clinton Sex Scandal

QUESTION:

Awareness, we're here for session # 47 with Grace as the Interpreter. Does Awareness have an opening message?

COSMIC AWARENESS:

This Awareness suggests a fruitful pursuit is for entities to cast the discerning eye upon the events presently unfolding surrounding the American political presidential scandal, for such scenario evidences certain changes in energies, in patterns of human understanding, shifts away from external cultural and social controllers and toward the internal mechanisms of guidance, of understanding, of pursuit of human purpose.

This Awareness suggests that historically, certain human activities have taken place in humans from every walk of life and every culture, even to positions of power such as those of the American Presidency. This Awareness suggests, however, that perceptions and broad responses change with the ebb and flow of human consciousness and the focus and clarity attained regarding human nature itself.

This Awareness suggests that for the past several decades there has been a noticeable shift away from the mystery, superiority and level of expectation from humans in such positions of power, underscoring the unification that exists between and among people despite the varying cultural ideals and traditions, that the global pattern of self-recognition and self-understanding of the humanity and the spirituality held within each and every human being is becoming far easier to understand, to grasp and to exploit within and among the human species.

This Awareness suggests this is indeed a positive empowering trend, although circumstances on the surface at more superficial levels send the many minds into a quandary of conflicting beliefs. This Awareness suggests that President Clinton has been an example and a personification of the emergence of such universal self-understanding and self-acceptance, given the many human foibles that exist and have been expounded upon by various sources for various purposes.

This Awareness suggests that this entity, like every entity, achieves a level of self-development and expression commensurate with the choices of belief, which either limit or facilitate maximum expression as well as the external circumstances and restrictions within mass-consciousness and that given existing limitations, this particular entity has accomplished a high degree of self-expression and that such frailties observed have been minimally interfering factors, interfering solely due to the beliefs of others who seek for their own purposes of perpetuating their individual beliefs upon mass-consciousness.

This Awareness suggests that this entity and the events surrounding his candidacy, his questionable competency, despite evidenced successes, point to each universal area of humanity, in that extremely valuable lessons can be learned. This Awareness suggests that this entity, as with every human entity, reactions are based upon the balanced or contrary impulses of mind and spirit.

This Awareness suggests that when mind contains beliefs and choices of strategy which provide fulfillment to the innate spiritual human needs for connection or control or power, for meaning and for creativity, that entities experience maximum development and expression without energies from unfulfilled needs overflow-

ing into other areas, perhaps less rewarding.

This Awareness suggests that the time has come for humanity to understand and accept such patterns within each and every human being, from the least powerful to the most powerful positions in the world, for such will be true, regardless of many conflicting interpretations, beliefs, world views, restrictions, political positions based upon something other than such elementary human dynamics, for that at present so many conflicting beliefs exist that humanity has unnecessarily been stymied in its progress as a species, as a culture, as an evolving energy, to fulfill a group destiny.

This Awareness suggests that entities examine the situation, the reactions of individuals, and the reactions en masse, and take steps to perpetuate the understanding of universal human motivational patterns, to understand and accommodate human natural morality, rather than insisting upon many conflicting, unnatural, limiting and need-frustrating moral dictates.

This Awareness suggests that the globe has become too small for the myriad co-existing belief structures that isolation permitted in past times. The global community which is now arising, which can perpetuate the cooperative, connected spiritual destiny which can unfold for humankind, is contingent upon the singular general universal understanding of human nature.

This Awareness suggests that each issue surrounding this entity, from experimentation with marijuana, to rejection of certain military experiences, to a pattern of sexual addiction; that each such event is evidence of imbalances in strategies and opportunities for meeting each human need in concert with one another and that with minor corrections and understandings and acceptances, this entity, and every entity, can embrace and enjoy the freedoms, the privacy, the natural morality that can emerge when universal understandings and opportunities are institutionalized. From such a beginning, tremendous progress can follow.

This Awareness indicates when warring factions of conflicting ideologies vacillate back and forth they undo the progress that the other side has attained. The human race has been unnecessarily handicapped through their own misunderstandings. Opportunities for correction abound as energies gather for the shift in consciousness and understanding which will flow from the universal tenets of human nature.

This Awareness suggests that this event has been a key opportunity to both gauge the public psyche and note the change in recent years regarding a higher level of acceptance and understanding of human motivation and its underlying influence on human action. This Awareness suggests also that this incident evidences the creative nature of perception and reality regarding this sexual scandal, and how the overall consensus and tone of the American people will determine the ultimate reality and outcome of this situation.

This Awareness suggests also, that entities participating in such experiments as the Meditation of the Clock and the Temple of Light, and those dedicated to studying and living with the wisdom of the *Lessons of Enlightenment* can send forth clear energy: both mental and physical, in directions which can help bring about the understandings from the national dramas that continue to be played out upon the human stage, providing opportunity after opportunity for humans to make the necessary connections between feeling, thought and action, to once and for all understand the dynamism between mind, body and spirit, the interactions and communication pathways between them so that progress can begin.

A Cosmic View of the Clinton Sex Scandal

(Expansion upon previous Opening Message (#47))

(September 18, 1998)

This Awareness suggests that this entire episode provides many elegant examples offering clarification for many aspects of the information contained within *The Lessons Of Enlightenment*, as well as the general questions previously posed to this Awareness. It can illustrate how probabilities can unfold and shift at the will of mass consciousness, how the emotional tone of the masses effects the events to come, how the stock market and the economic ebb and flow follows the emotion and empowers certain probabilities over others. It is the major public event to occur during this present time period. It can illustrate the human needs and how they can manifest in automatic responses that go against the plan and intention of mind if they are not fully accommodated. It can illustrate the consensual nature of human knowledge, the fears and limitations of mass consciousness, the individual emotional dynamics of the spiritual adjudicator, and the flexibility of reality itself.

Study This Situation In-Depth and Mine the Wisdom

This Awareness suggests that entities study this situation in depth to mine the wisdom it offers both at an individual level and at a group level. If entities attuned to spirit are then to act upon the emotional signals as the spirit directs with internal mental adjustments and external expressions of light, a great deal of progress can be made. The same is true of each and every personal and mass event, yet such an elegant creation as this political scandal offers a timely focus for more specific delivery of the necessary understandings.

Examine First the Nature of Probability

This Awareness indicates that the first major issue within the political scandal to examine is the nature of probability and the interplay between free will and spiritual destiny. A great deal of information has been put forth over the years through this source and others regarding the fluid nature of reality, although much of it has been distorted due to the limits of time-space understandings and the steadfast yet conflicting beliefs and assumptions within mass consciousness and the fact that individual minds cannot yet reconcile valid free will with an equality valid spiritual destiny.

Questions About Clinton Asked Last January

This Awareness indicates that at the beginning of the current year information was relayed concerning world events to unfold, one question specifically relating to the possibility of the impeachment of the President for acts of treason. The energy at that time showed a pattern of relative stability and success for the American President, but noted some concerns of other issues for which he would be held accountable. The President himself was the central determinant of his most probable path at that time, since his "inappropriate relationship" was most likely to remain undiscovered due to his previous successes in containing such information from the public eye. This Awareness indicates that at one point, a juncture of probabilities, the President was to choose the path of settling the original sexual harassment lawsuit, a choice which would have closed the door to the probability that has since unfolded.

Each Choice of Thought and Action Can Alter a Probable Course

This Awareness suggests that each choice of thought and action carries energy and power of will that can quite dramatically alter a probable, intended course. The accountability for individual thought and action cannot be stressed enough, for an inalienable power of free will takes precedence over the predetermined destiny path. The mind can operate independently of the spirit if it so

chooses, which is the very condition known as the fall from Grace that now must be corrected. This event highlights the importance of developing the mind to make the best choices—as dictated by spirit—at each and every moment to stay upon the destiny path. The maximum progress can be made only when the mind consciously follows the direction of spirit and is free of beliefs which take it in tangential, less fulfilling directions, such as that now being experienced by the President.

Gems and Slivers In Clinton's Mind Regarding Paula Jones

This Awareness suggests that the President's mind contained a mixture of some gems and slivers that contributed to the choice not to settle this case. For example, it contained a level of hubris, a sliver, a belief in a certain invulnerability, and even invincibility, due to his previous successes in keeping his sexual escapades private. This belief was compounded by his legitimate historic knowledge of former presidents, one of which being a personal role model with far more sexual exploits which were never used as public fodder nor limiting to his effectiveness or popularity as a leader. Indeed, this particular President was instrumental at avoiding a highly probable nuclear holocaust, while embroiled in several extramarital sexual affairs himself.

His Belief in Right to Privacy Was Motivated by Spirit

This Awareness suggests that the President's mind also contained some gems. His belief in freedom and rightful privacy were indeed motivated by spirit. As an adept lawyer, he was skilled in the manipulation of the English language to use the flexibility of thought and reality to his advantage. In this context he felt justified in his inappropriate behavior based upon his own definition of sexual relations. This was a gem that recognized the fallibility of the legal system (a fact that should now be readily apparent to even casual observers of the O.J. Simpson trial) and sought justice within its established boundaries. Within the legally rationalized perspective, he was of the genuine belief that sexual relations had *not* occurred until actual intercourse.

The President Had An Agreement With His Wife

This Awareness suggests that the free will of mind allows humans to define anything any way they want. The President himself remarked that the truth was "one of the most mysterious areas of human life." He was wise in knowing the fluid nature of perception, experience and reality and how the power and use of any piece of knowledge or any definition comes from the consensus and agreement that exists. It then works as a common understanding or framework of reference for the meeting of minds toward common goals, yet without the need for any objective or natural validity whatsoever. In this situation, this means that if certain understandings and agreements had been made between the President and his wife regarding acceptable behaviors outside of their marriage, any agreed upon behaviors would be fair and just. There would be no violation if actions stayed within the boundaries of such agreement, despite other definitions and agreements of others. Whether it was explicit or tacit, he had a belief in an "understanding" with his wife about his sexual needs and his infidelity, reinforced by the fact that she had forgiven and supported him time and again when such issues arose. There also was a sense of spiritual justice behind the freedom, respect and privacy the President assumed would be his. All of these ideas, a jumble of gems and slivers, combined to motivate him to refuse to settle the Paula Jones case.

The Feelings of the Players In This Drama

This Awareness indicates that without this fundamental misstep, the present probability would not have been actualized. But it has been the very concept of *justice*, both within this individual and within mass consciousness that has driven many of the events to follow. By the letter of the law, by the legal definition of sexual harassment, there was no legal foundation for the lawsuit, and it's filing and consideration in court was not "just" from the President's perspective.

From the perspective of Paula Jones, the event to which she referred was wrong, humiliating and unacceptable, thus she was motivated to right that wrong and find "justice." From the perspective of the investigator, Mr. Starr, the President's sexual behavior was immoral, and the disappointingly thin evidence from other allegations he believed to be true prompted him to feel it his "just" duty to expose the President's sexual behavior

Ms. Tripp, considering herself a loyal White House employee, angered from being devalued, discredited and pushed aside, felt "justified" to violate a friendship in order to gain revenge. The scorned woman in this situation, Ms. Lewinsky, upon finally and fully accepting the rejection of her by the President, felt "justified" in testifying against him.

Mass-Consciousness Must Agree on the Meaning of Justice

This Awareness suggests that each entity involved was indeed motivated by an inner sense of justice, but one unique to their individual mind, and the official "justice" of mass consciousness contains just as many conflicting definitions. This Awareness suggests that justice is one of the innate values impressed upon the human biology and when it is not honored it prompts the spiritual anger that demands that an external wrong be righted. This Awareness suggests, however, that until there is an agreement upon exactly what justice is within mass consciousness then there shall be many entities operating at cross purposes and missing out on the message that the spirit is trying to deliver. This mass event can lead toward such an agreement if it is mined for the wisdom of its messages.

This Awareness indicates that this event also illustrates the cycle of thought, feelings, and action and how they interact and seek balance between mind and spirit. The mind's concept of justice prompted certain actions which brought certain consequences which brought either positive or negative emotion. Instead of using these emotional signals to understand and reconcile the limits of mind with the needs of spirit, and choosing the most effective corrective right and light responses, most entities acted in automatic self-preservationary emotional responses of fight or flight. Each entity experienced legitimate anger based upon the contents of mind, and each acted upon it.

Ms. Jones' anger at Mr. Clinton exposed the violation she believed to have occurred, prompting her to file a lawsuit to "right an external wrong." Mr. Clinton's anger at the violation of his privacy, his anger at the violation of the respect he believed to be warranted for his office, and his anger over an unfounded lawsuit prompted him to fight and defend himself against an "unjust" inquisition by using legal evasive techniques, exposing himself to further legal repercussions and charges of perjury, --all self-preservationary actions to "right an external wrong."

Mr. Starr's anger at the arrogance and immorality motivated his actions to "right an external wrong," and so on and so on for each of the major players in this issue. The cycle of belief, feeling, and action is readily apparent, as is the need for a reconciliation and a

workable understanding and definition of "justice." within a government that proclaims to provide and desire "liberty and justice for all".

What "Justice" Really Means

This Awareness suggests that ultimately the society will understand that justice, when stripped of all of its cultural trimmings, moral declarations, legal contradictions; and situational ethics is simply the state wherein violations against one another are not perpetuated or accepted by society. *Justice* is the spiritually desirous condition of equitable opportunity to express freely without violation upon another's same right.

The Concept of "Liberty" is Also at Issue

This Awareness suggests that the concept of *liberty* is also at issue here. Liberty is the freedom to utilize the gift of free will, to use the just opportunity to freely choose a personally defined life, reality, and truth. Such liberty includes respect and privacy to pursue happiness --all spiritual values insightfully written within the U.S. Constitutional documents. They translate into daily living to the right to choices of any approach, any culture, any belief, any language, any mental tools whatsoever that meet the human needs and the higher purposes, without external restriction or limitation.

How a Truly Enlightened Civilization Will React

It is misunderstanding human nature that keeps the warring human groupings from agreeing upon the degree of freedom that is appropriate. A truly enlightened civilization will honor and accommodate the choices of others with as much zeal as they defend them for themselves. In such a world, a wide spectrum of behaviors and actions that are now judged as unacceptable or even unjust in a moral sense, as perfectly acceptable to spirit. Freedom to choose is all Spirit demands and then it will faithfully report how well the choices are effecting the individual. There is no other valid judgment.

Clinton Should Have Recognized the Emotional Signals of Spirit

This Awareness indicates that this unfortunate path for the President would not have unfolded had he chosen the correct response to the emotional signals of spirit. If the knowledge that is now coming to light were embraced, the President would have immediately recognized how his behavior violated certain freedoms of Ms Jones, he would have apologized and settled with her. He would then have experienced emotional pride and validation of this spiritual response. Had she been equally enlightened, she would have met his mistake with compassion and forgiveness and would have subsequently experienced her own joyous approval of spirit.

Mass-Consciousness Overpowered by Fear of Sexuality

This Awareness suggests there are also lessons to be drawn from the sexual event itself regarding the human needs and how they will motivate actions to fill them. Human sexuality is a grossly misunderstood and heavily judged process. Mass consciousness is gripped by an overpowering fear of sexuality. For despite every attempt to control and suppress sexuality it has proven itself to be a stronger force than the willful control of many an ordinary human mind, and a force over which mass consciousness can never be an effective controller. Indeed, the world's oldest profession will never go away despite attempts at its prohibition. This is due to the importance of sexuality not only in perpetrating the species but also in satisfying deep and abiding connection needs and prompting the higher cooperative spiritual tendencies.

This Awareness indicates that the species could have chosen a less connected, more singular experience, as did some species. But such is not the case for humans on Earth. An essential part of the Earth experience is to hold fast to the spiritual connectedness and retain a memory of the individual as a portion of All That Is, to biologically be compelled to become a cooperative and connected civilization. Some alternate forms in other probabilities and space-time relationships can reproduce by themselves without a connection and participation between two entities.

Any and All Sexual Acts Considered Divine by the Creator

This Awareness suggests that the Creator's intention for the communion of souls on Earth is evidenced by the sexual component of human nature. Far from being an evil or base act, the sexual energy has a great deal to do with creativity, the intermingling of energies, in reinforcing the spiritual telepathic connection, with individual health vitality, and even a precursor to certain states of altered consciousness and heightened awareness. It is a physical celebration of the joyous universal love energy between entities in flesh. Despite what some belief systems might insist, virtually any sexual act within the legitimate purposes of self-development and expression, is considered divine by All That Is. Even those actions which spring from deficit need-meeting or self-preservationary reactions will lead to self-development if the feedback from spirit is utilized properly, thus they are "right" in the eyes of the Creator.

How Sexual Acts Can be Misused

This Awareness indicates, however, like any human process, sexual urges can be used to work against the higher purposes and can readily revert and motivate self-preservationary reactions when all needs are not met. Sex can become a compulsion to avoid or escape painful feelings not dealt with properly. Sexual acts devoid of true loving connection can be escapist responses with potential violation upon self and others. For example, the President's sexual appetite and behaviors indicates that he is clearly frustrated in some areas of his life and that he compensates for them through sexual interactions. The power need specifically, is one that he gratifies through sexual solicitation and conquest. The choice of a public life also brings a tremendous loss of freedom which can also be sublimated into sexual urges, particularly the kind of arrogant and reckless sexual freedom, that feels exciting and dangerous.

Monica Lewinsky's Fantasies

To Ms. Lewinsky, she had a great deal of self esteem issues entangled within her sexuality, as well as her inner urges to develop and express herself professionally. She also experienced a flood of satisfaction for her own power need to think that she could turn the head of the leader of the free world. Her need for meaning was also satisfied in her fantasies of a potential destiny in a life of marriage to this man. When her fantasy began to dissolve, she denied the incoming information in defending her own emotional boundaries, rather than developing the mind to include this new information. When the negative emotional signals intensified due to this incorrect response, she became obsessive in her love and angry at anything that challenged its veracity—even the President himself.

What Really Motivated Mr. Starr

Mr. Starr, whose moral beliefs had all but completely restrained his own sexuality, was motivated by a great deal of the sexual energy behind his anger, enjoying a certain voyeuristic satisfaction gained through ferreting out and publicizing the salacious and lurid sexual details of the scandal. Each of the ways of meeting other needs

through human sexuality was in actuality a self-preservationary reaction, rather than a mindful, spiritually appropriate response toward the higher purpose.

The Cure is Accommodating Human Sexuality, Not Fighting It

This Awareness suggests that as entities begin to become aware of their essential needs to create, to find meaning to gain esteem, freedom, power and connection, and to develop a mind which contains only those beliefs that have been evaluated by spirit, then and only then can they continuously live within their higher purpose of self development and expression, and avoid these all too common pitfalls back into self-preservationary actions. They can then contribute through light, expressive responses, the changes that are necessary in mass consciousness, in social, legal, and religious structures that can create a truly civilized world. The fear that presently exists is like a cancer upon the world and the cure is understanding and accommodating human sexuality and not to fighting against it in denial and fear.

The Media Sets the Tone For Public Outrage

This Awareness indicates that once the initial decision was made to deny the severity of the situation and not to settle with Ms. Jones, the President opened the flood-gate that would allow the public to then help design his unfolding reality. This provided an excellent example of mass events and how the emotional tide can be gauged and identified as a force and servant of human will power. Indeed, the events that would unfold would depend upon the sentiments expressed by each and every human. Those media representatives with public outlets set the initial tone, many of which attempted to stir the public outrage and sell more newspapers. The public opinion or the collective sentiments within mass consciousness, however, were those of acceptance and forgiveness and drawing the necessary distinction between private behavior and public efficacy. Nonetheless, the media did indeed succeed in whipping up a public frenzy and creating fears within the country and world that the President would be less effective and public opinion of the President's ability to lead dropped.

Fear Has Every Bit as Much Creative Power as Does Joy

This fear was evidenced by the dramatic swings and corrections which immediately took place within the stock market economy. Fear has every bit as much creative power as does joy. Many simply allowed the media to control their opinions, abdicating their mindful choices to automatic emotional reactions. Those that act upon fear will perpetuate those very feared conditions within the world. The power of fear and the accountability for thoughts and feelings cannot be emphasized enough.

Scandal Should Put to Rest Conspiracy Theory

This Awareness has recently brought to light how easy it can be to become embroiled in fear and feed into evolving scenarios and mass fears that exist only within mass consciousness, with no spiritual validity, to the degree that intricate, wide ranging conspiracies were causing confusion, further discord, individual inaction and disempowerment. At least this event should put to rest any lingering concerns that the government is engaging in such far-ranging conspiracies which require a level of cooperation and secrecy far beyond their capabilities, since the most powerful figure in government cannot even successfully conceal a sexual indiscretion.

This Awareness suggests that the fear has also been compounded by those that are motivated by their own political agendas that have far less to do with a sexual peccadillo than with political, religious and philosophi-

cal disagreements over how to best run the country. The dominant beliefs of mind will create many individual perspectives and many versions of reality regarding what actually happened. Those whose agendas are threatened by the President's leadership will see his testimony as that of a rat caught in a cage, blatantly lying. Many others witness the same testimony and see instead a fox cleverly avoiding wrongful entrapment.

Those who align themselves with the Republican party might not exploit the many lessons this event has to offer. They might continue in a futile attempt to revert to more limited, partisan ways of thinking---the very rigidly thinking that lost them a great deal of support. Those aligning themselves with the Democratic party might simply side with the President out of this type of loyalty without asking the deeper questions, or they might allow the moralistic judgmental public sentiments to dominate in an election year. Each decision will be based upon the beliefs which are completely fluid.

The Message of This Event is to Find Consensus

This Awareness suggests that the overarching message in this event is that it is time for some consensus. It is time to find a common ground upon which to progress as a singular group. The successes or failures of the United States' attempt at pluralism will be reflected in the global community. The political gridlock resulting from the many conflicting belief systems within mass consciousness, is a symptom of how essential it is that the world now understand the unifying concepts of human nature so that a singular direction can be attained.

Clinton's Success Based Upon a Centrist Position

This Awareness suggests that the success of this President has been based upon a centrist position that has succeeded in gathering together both Democrats and Republicans on some common sense, common ground and this is the reason for the positive movement and successful reputation he has achieved. His success has created defensive responses in those who seek to revert to more limited ways of thought and action which goes against spiritual intention of self development.

America the Test Ground for the Global Community

Groups do this as often as individuals and the logic is faulty. Defense of emotional boundaries---under any name---whether it be in the name of a political party, a religion, or the Ku Klux Klan, is all the same. It is self preservationary response that will never allow self development to occur. There is now an urgent need for warring groups to find common ground and begin to cooperate as a civilized species and interconnected global community. America is the test ground for how this will work. With this President, despite commonly human missteps, for the first time in recent history progress is being made toward some basic cooperative goals, and the public recognizes and responds positively in high approval ratings for this reason. This is a very positive trend which must be perpetuated if the consciousness is to evolve freely. It would be another huge misstep to allow fear to remove this President from office.

Those Who Would Bring the President Down: Examine Your Self

This Awareness suggests that entities who seize upon the indiscretions and human problems of the President and feel pleasure in bringing down a mighty one, might do well to visit the contents of their own minds. The holier-than-thou sentiment that certain factions want to encourage are based upon a self-preservationary habit of superiority and vengeful glee. Both are self manipulations which vent negative emotion from lack of devel-

opment and upon those who have achieved higher levels of success. They are unwarranted, yet the energy within the anger contributes to the evolving probability. Although the charges have been leveled against the President of "abuse of power" such entities are far more guilty of this spiritual crime when such angry and fearful choices are made. Rather than passive spectators, humans are co-creators in the common dream that continues to unfold.

Ponder the Type of Society You Are Creating With Your Judgment

This Awareness suggests that before entities render judgments and contribute energy from anger and fear to the unfolding events of mass consciousness, to ponder the type of society they are creating wherein the normal foibles of being human can end careers and thwart social progress, a world where freedom, justice, privacy, the pursuit of happiness---the very tenets of a free and spiritually evolving society. Do they prefer a world where they can base their choices of thought and action upon the clearly understood messages of their spirits rather than the self-preserving demands of a limited mind?

Entities are encouraged to ask themselves whether or not they want to live in a society wherein they cannot defend themselves against a violation. Would they tell the truth if their accusers had an unjust goal? Would they attempt to escape if wrongfully imprisoned, and if so would the escape charges be a legitimate pursuit of justice? Such questions can allow each individual to discover the contents of mind which invoke the feelings, which drive the actions. They can begin to see their role in the unfolding of individual and mass events. They can make choices to participate in a cooperative enlightenment society, or they can huddle in fear within the contents of their own limited minds. Either way each individual contributes to the unfolding of world events, positive or negative, whether they are aware of their power or not.

Eliminate From Mind all That Spirit Finds Limiting

This Awareness suggests that entities look carefully and courageously at this and every other event which unfolds before them. To sift through the contents of mind, eliminating all that the spirit finds limiting as indicated so by its feelings. To be aware of the creative power of the feelings in both attracting events and motivating active responses. To take accountability for that power instead of psychic finger-pointing, escapism or accepting a supposed chaotic and random universe. To acknowledge the rights of others to learn their way and with the compassionate acceptance of their learning errors, with just as much forgiveness as each might ask for themselves. To actively express the urgings of spirit in responses of light upon the world. To apply and to spread the knowledge of enlightenment and work toward the destiny now at hand.

We have completion.



Monica Lewinsky

We have completion.

Are the Messages From Kryon Truthful?

QUESTION:

A question from Jack Manuel. He writes: "Lee Carroll, a businessman by profession from California, started early in the 90's channeling a high entity from beyond the veil by the name of Kryon. Lee types the communications from Kryon at his word processor as they come. Kryon claims to having arrived at our planet in 1989 in order to make realignments of the magnetic grid of earth so that humanity can be ready for the Age of Enlightenment that is upon mankind presently; this Age of Enlightenment having its beginnings from the year 1998.

"In a few years time, some 6 books of Kryon have been published, plus more than 10 audio tapes. A good introduction to the Kryon material would be Kryon: Book One, tenth printing. Also, this publisher started publishing a magazine in 1996 called Kryon Quarterly which presently has over 3400 subscribers in over 12 countries. Also, presently, Kryon is channeling live through Lee Carroll around the United States and Europe."

And the questions to Awareness are: "Is Lee Carroll in fact actually channeling this high entity from beyond the veil by the name of Kryon, or is there some kind of hoax in this channeling?" And 2) "Are the informations and communications given by Kryon valid ones and truthful in nature?" he asks.

COSMIC AWARENESS:

This Awareness suggests that there is indeed a relationship between the entity who is Kryon and the entity who is Lee, so that certain aspects in different focuses of consciousness and existence have established a communicative pathway, not uncommon except in the manifestation itself, as many unique individuals who have also accessed certain aspects or entities developing relationships and shared physical manifestations for communicative purposes.

This Awareness suggests that this information has a specific application for a specific sub-set of individuals particularly attuned to the nature of this information. This Awareness suggests also that other such manifestations and channeling relationships do likewise, to ensure certain elements in perspective are represented in a universal sense given the specialization and fractioning of universal energy that has occurred in effect, due to the separation within individuals between mind and spirit.

This Awareness suggests that part of the Destiny of this species involves specific understanding, specific corrections, specific limitations removed, and that contributions from many directions and in many forms addressing many individual issues which face humanity are available through such sources.

This Awareness suggests that in this respect, this information is accurate and valid. This Awareness suggests there may be more information available with specific follow-up, if necessary. If we have completion we can continue.

FOLLOW-UP QUESTION:

Awareness doesn't see any kind of a hoax in this channeling as Jack asks, does it?

COSMIC AWARENESS:

This Awareness suggests that there is a degree of confusion within the mind of the entity receiving such transmissions and the discernment between mind and spirit allows for some overlap, for some belief structures do permeate certain aspects of the transmission which

raises some doubt within the individual Interpreter himself, yet deliberate deception is not indicated. If we have completion we can continue.

KRYON'S "NEUTRAL IMPLANT"

QUESTION:

A question along this line from Joan Clair Turner, Cottonwood, Arizona. She writes to Vikki that: "I am very puzzled as to why I have never received any reply to my having submitted a very important question, not only one time, but twice. Now I'll try once more. In the past I didn't address my letters directly, because I felt others would be helping you in the department and I did not wish to overwork you personally." (That bit's not pertinent).

"I desire to know what This Awareness has to say apropos to one accepting a special invitation which is presented in those books entitled Kryon, and which is receiving much attention. That special invitation is called "the Neutral Implant." The author claims it is the one way to attain our transition back to our spiritual status, etc.

"They claim that when one takes this implant it will void all other previous "implants" and all we have ever received and have ever known since we were breathed forth from our beloved Creator. And also, in one case they say that after taking this "Neutral Implant" we will notice that even our "silver tether" is missing.

"Personally, I believe what they refer to as a "silver tether" is our God-given Silver Cord and is not a tether, but a Divine Holy Gift which supplies us with our Divine Life Force. I also have read in other publications where this entire movement is considered as a final effort put forth by cosmic evil entities in an effort to receive Divine Energy, vital life force for at least a little time longer.

"They can receive it from those humans who are deceived into giving their attention, which is their love energy, to those entities. This is the only way these entities can continue to exist until such time when they will be utterly dissolved by Divine Decree. This entire movement is presently clothed in "Sheep's clothing" by using many beautiful and powerful statements of truth and love.

"However, when one prayerfully examines that "Neutral implant" it seems to me that one should feel that certain statements are not in harmony with the Divine Purpose and plan, especially when they call our silver cord a "silver tether." I do wish to know what This Awareness has to say on this project and would deeply value it. Thank you."

COSMIC AWARENESS:

This Awareness suggests that this information, like many specifically addressed forces which strive to impart Universal Wisdom through existing belief filters, is highly symbolic, and such interpretation is recommended.

This Awareness suggests that the concept of 'implanting' exists upon an underlying belief system which contains assumptions of disempowerment, disconnection, and an evil force. This Awareness suggests that the concept of a replacement of universal restorative implant is symbolic of the impetus and energy which now moves humanity toward restoration of the divinely ordained implant which exists within each and every entity, despite the lack of understanding or knowledge or belief structures which allow it to lie dormant beneath layer upon layer of artificially implanted belief structures, religious dogma or alien technology that they so choose to cloak the disempow-

erment within.

This Awareness suggests that the wisdom to be contained within this message does indeed rest upon the validity of the love energy and the Divine Connecting Universality of that force which unites in community, in spirit and in utter energy essence, each entity, no matter what form known to man or unknown to man in varying levels of physical and probable existence.

This Awareness assures, however, that the power of love can never deplete the giver or the sharer of that energy, nor can it empower an evil apparition no moreso than a belief energy contained within that which gives life and credence to such a form.

This Awareness suggests that the entity is accurate in the assertion that the silver cord is both symbolic and a physical manifestation of the Divine Spark and spirituality and Love Energy which imbues each living consciousness and cannot be severed, despite the illusion of separation in physical existence.

This Awareness suggests that there is a degree of empowerment to specific beliefs regarding control and manipulation that exist within entities, particularly attuned to this specific channeled message, but that the overall intention and energy is to reaffirm the individual empowerment, to recognize and celebrate the gift of the love energy and the freedom and unlimited supply of this energy, and how it can not only limit beneficial exploitation by such an imagined demon, but the energy itself can eradicate beliefs which continue to bleed energy and disempower and disconnect entities from their Divine Validity.

This Awareness suggests that entities can validate the realization of the internal spiritual guide via the feeling system, a personally accurate and appropriate interpretation of such information, and such will be the case that individual interpretations and benefits can vary widely, and such is the nature of the human existence, yet the underlying benefit will be in the symbolic understanding of how true empowerment can never be removed except through willful choice, through belief application of the entity's themselves.

This Awareness suggests that entities already heavily invested in their own disempowerment can relate to such sources as temporary bridges to higher, more empowering, less limited understandings, yet that each stepping stone is valid in its contribution and in its universal energy, despite the degree of belief and distortion of human origin laden within it.

If we have completion, we can continue.

FOLLOW-UP QUESTION:

This "neutral implant," as they call it, should thus be looked at in a symbolic manner rather than any type of physical manner. Is that correct?

COSMIC AWARENESS:

This is in the affirmative.

HE WORRIES ABOUT HIS KARMA FOR SERVING IN THE VIETNAM WAR

(His Dreams of the Slaughter Will Not Go Away)

QUESTION:

A question from David M., Rochester, WA. He writes "I'm on a fixed income. I'm a disabled veteran. Sometimes I worry about my karma because of what I had to do in the Vietnam war. I was called to do a job and I did my job the best that I could. I was Special Forces, Airborne Ranger. I was in the Secret Units Classified Missions.

"Thirty years later I still suffer from the conflict within myself. I would like to become One with the

Light and have peace, but the dreams of combat and killing will not go away." And he asks if Awareness has any suggestions.

COSMIC AWARENESS:

This Awareness suggests that this entity's dilemma is far from uncommon among human beings who embark upon a physical journey and immediately become mired within the limitations of their forefathers; how the fresh, clean, open mind of an infant within the first decade of existence can become completely designed by external forces, rather than internal ones; that such circumstances and situations that pit individuals against their very spiritual inclinations, are far from rare occurrences.

This Awareness suggests that such entities shall invoke the power of Universal Love, compassion and forgiveness, upon themselves, upon their minds and their choices and their actions, which oftentimes appeared to be of no choice, springing from directives and social mores and political and legal requirements, which have reduced the level of freedom, of power, have eliminated the opportunity to find meaning and connection, and to creatively express the spirit within; and instead, relegate human beings to specific and limited roles based upon the institutional whims, the political climates, the religious and scientific dogmas of the particular time period.

This Awareness suggests that it is not at all unnatural for entities to feel conflicted and lingering emotional signals when the spirit cries out against that which the mind has chosen. This Awareness suggests, however, that this is part of the natural learning cycle, wherein mind makes choices and actions and spirit reflects back through the feeling system, the positive or negative effect upon the goals and spiritual destinies of the entity achieved through such actions. Yet without understanding of the signals, certain mental choices become ingrained in individuals and in societies, as does the lingering cycle of emotional dissonance, pain and physical stress.

This Awareness suggests that the way to the Light is in re-connecting with the Voice Within, acknowledging the spiritual message within each and every emotion and responding accordingly, to adjust the mind and to adjust the world to match the intentions of spirit and to accommodate the intentions of spirit, working best within the limitations that do exist.

This Awareness suggests that entities acting in anger, perpetuating atrocious acts upon one another, acts of terrorism, and acts of violence to bring about change, are indeed motivated by spirit, yet are only attaining self-preservation and are violating their own spiritual need for connection and meaning at the expense of asserting their needs for freedom.

This Awareness suggests that the answer lies within, choosing those corrective responses which balance and honor each of the individual needs, and that although such contributions may be far less dramatic and noteworthy in the newspapers, they shall exert a deep and lasting impression upon the fabric of humanity and little by little will build, for the strength of such a foundation is enduring indeed.

This Awareness suggests specifically, that this entity utilize such mechanisms as the Temple of Light and the Meditation of the Clock to set forth those situations and events in life that he would spiritually desire, and return during such meditative sojourns to the times of the greatest emotional chaos and violations and spiritual crimes he feels he has committed and rewrite the past from the present position of enlightenment, forgiving the self that no longer exists, or forgiving the environ-

ment for limiting the choices and understandings so severely, and redefining them in vivid detail as they now should exist; that such can not only change the opinions and attitudes and feelings within this entity, but they can actually make changes to the past energies themselves.

This Awareness suggests that above all, compassion, and forgiveness for self and others, for the ignorance that necessarily accompanies the physical embodiment are essential. This Awareness suggests also, that with utter forgiveness and release from beliefs such as those which relegate this entity to karmic cycles of hellish frustration and existence for violations perpetrated upon another; that this is indeed not the case, for the cycle of cause and effect relates specifically to Free Will and how the spirit reflects the choices through the emotional tone and uses that energy to further create situations and events which match the existing belief structures, so that one reaps what one sows, and such a cycle will continue until the mind is freed from its limitations and it can be on a daily basis, bit by bit, by removing each and every idea and thought and attitude and belief which prompts actions which feed-back from spirit as negative.

This Awareness suggests that stepping into the Light means just that, for the spirit can shine and sing once the limitations which set such unnecessary and uncivilized restrictions upon it begin to disappear. If we have completion, we can continue.

Is It Important to Trace One's Ancestors?

QUESTION:

A question from Alice Parenti. She asks 'Is it important for entities to trace their ancestors? I've inherited information from my father and feel burdened trying to deal with it. It seems up to me, or it won't get done. My maternal side was Irish, but none on the paternal side, except that they arrived in California in the early 1850's.

"I'm sure others would like to know, too. This burden I feel is due to my procrastination. I'm sure I should have dealt with it years ago."

COSMIC AWARENESS:

This Awareness suggests that the entity answers her own question, for she recognizes the feeling sensation and the burdensome nature of this task as well as expressing feelings of self-reproachment for procrastination. This Awareness suggests that this entity does not possess a belief structure which values such information, and yet experiences a conflict when recognizing that others do place value upon such an enterprise.

This Awareness suggests that your feelings of the project being burdensome indicate your own value system and expose the conflict between yours and others outside of yourself. This Awareness suggests that the value in any such enterprise would be in identifying sources of belief systems, of religious traditions, of cultural kinship, habits which have become ingrained within entities to the degree that other choices no longer exist. (But each individual has an inner compass that already does just that.)

This Awareness suggests that many entities feel a sense of freedom and lack of restriction from deliberately not investigating their physical lineage, just as many seek comfort and connection in doing so. This Awareness suggests that inherent value remains neutral, beyond that which entities themselves empower.

This Awareness suggests that this provides an excellent example of how entities can attune to the Spiritual Adjudicator to answer for themselves similar questions, to use the feeling signals to address the contents of mind

and discover what true values come from spirit versus artificial external values that may have been entertained and filed away in the recesses of the mind, for the feeling system can infallibly call together conflicting beliefs, so that entities can cast the conscious eye and the free will upon them and cast them and their limitations from their existence.

If we have completion we can continue.

WHEN A 2 YEAR OLD CHILD DIES

(Does it Stay a Child or Become an Adult?)

QUESTION:

A question from Cathy Walters in Canton, Ohio. She says "I have one question I've always wondered about. When a child age 2 or younger dies, and when the soul or spirit form is released from body, does it stay as a child or does it go back to being adult size?" she asks.

COSMIC AWARENESS:

This Awareness suggests that the question is based in physical perception of space/time and yet asks questions regarding realms not so limited. This Awareness suggests that energy essences contain both size and no size, contain both space, and no space, yet that each energy essence contains forever its spark of Universal Spirituality and Consciousness, which changes form, yet never disappears or ceases to exist.

This Awareness suggests, however, that entities can manifest apparitions and representations of loved ones so that the energy from a departed child in the scenario described can appear as an apparition in its child-like state, as a creation directly of the entity, oftentimes experienced and created through misdirected Will Energy when entities are overcome with emotional signals of sadness and grief which urge them toward meaning, reconnection and replacement objects and relationships rather than tie them to entities transformed.

This Awareness suggests that entities can and do experience perceptions as such apparitions of departed ones in the images most strongly connected with them as filtered through their belief structures, yet it is most notable and important to recognize that the source of such apparition is the entity left behind rather than the entity who has passed along.

If we have completion we can continue.

—HOW TO GET THIS NEWSLETTER BY MAIL— EVERY 3 WEEKS ! (More or Less)

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