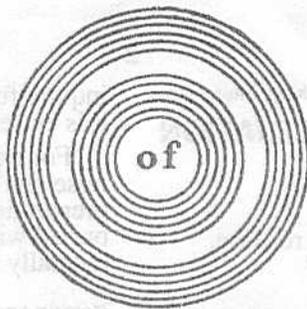


Revelations

The Cosmic Newsletter

FAX: 360-352-6294
INTERNET: CosmicComm@aol.com



Awareness

COSMIC AWARENESS COMMUNICATIONS
P.O. Box 115, Olympia, Washington 98507
Helping People Become Aware

Celebrating
our 28th Year!

99-2

Issue No. 512

\$3.00



INSIDE THE MIND OF GOD

---A Grand Cross Planetary Alignment on August 18, 1999
(Will the "King of Terror" Bring us Plagues?)

---Regarding the Situation at C.A.C.

---The Photon Belt Contradiction

Index is on Page 9

TIME TO CONSIDER THE RECONCILIATION OF YES AND NO

QUESTION:

Awareness, we're here for a general CAC reading. Does Awareness have an opening message?

COSMIC AWARENESS:

This Awareness suggests that entities consider the concept of the reconciliation of yes and no, consider the bringing together of polarities; that this action of bringing polarities into a neutral state or toward a neutral state, when dealing with certain concepts, as that which can help entities to attune to more spiritually inclined concepts and ideas.

This Awareness indicates that by bringing concepts that are often polarized, which are often hostile to one another, entities tend to throw their emotional state into an imbalance. They can very easily become highly prejudiced toward one idea as opposed to another, and that emotional imbalance can cause a waste of energy and a loss of harmony in one's life.

This Awareness indicates, however, that wherein entities reconcile the extremes of concepts that relate to emotions, these reconciled emotions or concepts causing the emotion become less and less extreme and bring about a greater harmony and balance as well as energy to the system.

This Awareness indicates that in regard to physical health matters, polarities can be of benefit. In regard to emotional health, polarities generally are more damaging than helpful. Thus, the reconciliation of polarities in the emotional sense, brings about a greater harmony for an individual.

The Polarization Between Relaxation and Intensity

This Awareness indicates that in the physical sense, you need to have certain polarized energies. The greater the polarity, the stronger the physical form. Thus, certain massage, certain types of exercises, certain activities that polarize or create opposition can be beneficial in strengthening the physical form.

In other words, for example, deep knee-bends or lifting of weights is a polarity. There is the one end of spectrum wherein the muscle is relaxed; the other end where it is extremely tensed, extremely intense; and this is a polarity. There is the polarization between relaxation and intensity, and these polarizations help to strengthen the physical body.

Therefore, certain actions in a physical sense may rely on and need polarization, but certain actions in an emotional sense, wherein there are the extremes of opposites can create for an entity very much difficulty: difficulty in relationships, difficulty in how one deals with situations.

This Awareness suggests therefore, entities do some meditating and consideration on the concept of polarity, both in the physical and in the emotional sense, reconciling the polarities of emotions and strengthening the polarities of physical activities.

THE MAYANS AND THEIR EVOLUTION

(Can we Raise Our Own Consciousness Without Outside Help?)

QUESTION:

A question from George Karras, in Chicago, relating to the coming dimensional shift. "Awareness has mentioned that the Mayan civilization achieved a point in consciousness that enabled them to ascend up the next rung up the ladder of human evolution. Please

inquire further upon this important bit of information, as it is extremely relevant to our current status.

"For example, ask if one can, of one's own efforts, raise one's consciousness, or is it more a matter of preparation, wherein some force outside of ourselves, or buried within us, suddenly changes us physically, mentally and spiritually?"

COSMIC AWARENESS:

This Awareness indicates that this can occur in different ways. This Awareness indicates that *It* has suggested previously that entities can move into higher spiritual levels by the act of surrendering self to the highest and best, to the Divine, as one may perceive Divinity. This Awareness indicates that this very action comes from within.

Wherein an entity surrenders, that is a willful act on the part of the entity. It is something that is easy for an entity to do. It is something related to the entity's ability. It is an action of surrendering control of self to the Divine.

This Awareness indicates that most entities do not wish to give up control of anything, particularly control of self, but once an entity decides to give oneself to the Divine, with the realization that the Divine is not going to misdirect or misuse the entity, in other words, one must have faith in the Divine to be Divine, and the Divine, to whom one surrenders, must indeed be Divinity, and wherein an entity does surrender to the Divine, the entity then discovers Divinity through the emergence by merging with the Divine.

Merging with the Divine is Like Jumping Into Water

When one merges with the Divine, it is likened unto an entity jumping into water. The entity must believe it is Divine, and indeed, it *must* be Divine. Jumping into a vat of liquid may or may not be the right thing to do. You must first be sure that the liquid is water, that it is pure water; otherwise you might find yourself jumping into a vat of acid, which would be embarrassing to say the least.

This Awareness indicates that there are some entities who have mis-chosen Divinity. They are so anxious to become acquainted with Divinity, they want so much power from the Divine, that they choose something, some force, some energy that is not truly Divine. Depending on what one's motive is, they may seek a so-called Divine Force, when actually they are simply seeking to *use* the Divine Force for their own purpose, and in seeking to use such a Divine Force, they may be caught by that Force and used by the Force, and it may not be Divine at all.

Did "God" Direct the Son of Sam to Kill?

This Awareness indicates the entity known as the Son Of Sam, who was arrested for serial killings, claimed that God told him to kill these persons. This Awareness indicates that the question may be asked "Was this entity really in touch with God? Or was this some other spirit? Was the entity totally surrendered to true Divinity, or to some demonic force?"

This Awareness suggests therefore, you surrender yourself to the Highest and Best. You all know that God is not going to direct you to harm another. Therefore, if the Divinity to whom you surrender yourself begins to give directions to harm someone, you must recognize that it is not the Divinity to whom you really want to surrender yourself, and you must then pull away and seek the true Divinity.

This Awareness indicates that the true Divinity is all-loving and all-merciful, and wants only the good for

all of *Its* creation. Anything that does not want the good for all of its creation cannot be Divine.

This Awareness indicates this does not take a lot of deep thought as to what a Divine being is.

This Awareness indicates therefore, in the surrender to Divinity, you yourself are going to be a reflection of that Divinity. This Awareness indicates that in other words, you will undergo a change and become an agent of the Divine Force, a reflector of Divine intent. This Awareness indicates that it is not necessary to look for some kind of special formula or special mantra or special ritual to find Divinity. You find your Divinity by surrendering to Divinity, but you must be able to recognize Divinity in order to surrender to it.

This Awareness indicates there are entities who want Divinity to serve them, to make them important, to give them value in their life, to give them something of great prestige and importance, so they claim Divinity and act out some kind of egotistical or false action or behavior and they think that they represent Divinity, even as the Son of Sam in his activities, thought he was doing a good job of pleasing the god who told him to kill these entities.

The Story of Jacob and Isaac a Story of an ET Seeking Sacrifice

This Awareness indicates that God does not order entities in this manner. This Awareness indicates that regardless of the story of Jacob and Isaac, wherein a sacrifice was requested; this is not a reference to the true God. This Awareness indicates that story was a reference to an extraterrestrial seeking sacrifice, but even in this so-called test of loyalty, the extraterrestrial was highly enough evolved so as not to have the entity go through with the sacrifice of slaying his son for God.

This Awareness indicates that any time a so-called Divine Being orders you to harm another in its name or for its sake, you should know that this is not a true contact with a true Divinity. This Awareness indicates that when you surrender to the Highest and Best, not to some being that claims to be God and seeks power through your karmic action, when you surrender to the *truly* highest and Best, there will not be any harm caused to others.

This Awareness indicates that it is important to understand this. This Awareness indicates the questioner sought information on how to become more spiritual, what to do to rise another notch on the spiritual ladder.

This Awareness indicates the most important action entities can take is to surrender to the true Divine forces.

This Awareness indicates that it is not something that you get through study, through magical answers. It is not something you get through some secret word or secret image or concept. It is something that comes from surrendering your own will to the will of the absolute Divine Will.

This Awareness indicates if you move from moment to moment to the Highest and Best available in that moment, you will find yourself walking through life in the Highest and Best light, in the midst of Divinity, and that is the best way to live a spiritual life, and to move into ever higher spiritual expression with your life.

You do not need to follow the path of Mayans or any other master. Just follow the path of Divinity. Walk with Divinity, surrender to it, from moment to moment. Choose the Highest and Best available in each moment.

This Awareness reminds you also, you only have to worry about the moment that is present, and if you choose the Highest and Best in every present moment, you are moving in the Highest spiritual activity that is possible.

This Awareness suggests you not worry about yesterday, or yesteryear, nor worry so much about tomorrow. Concern yourself with the Highest and Best in this moment, in each moment as it comes into being. Consider yourself as being in the moment and looking for the Highest and Best action, and ready to surrender or follow the Highest and Best of choices in that moment.

That choice in that moment that is Highest and Best will lead you to the next moment, which will be higher than any other moment you could have expected had you not chosen this moment, had you not chosen this direction of Highest and Best.

A Visualization to Help You Surrender

This Awareness suggests to help you understand this concept even more clearly, visualize yourself in a universe filled with little round bubbles, and visualize these bubbles as being just big enough to hold you if you step from one to the next. This Awareness suggests we call each of these bubble a moment, and you step from one moment to the next.

You have the option or choice of stepping down to the bubbles below, or you have the choice of stepping back, forward, to the right, left, slightly upward and backward, or stepping straight overhead, where the Highest and Best bubble lies. You can see that that moment above is much healthier looking than any of the other choices, and you can see that it is more spiritual because of where it lies, and therefore, you choose that as being the Highest and Best and you step into it. You have chosen the Highest and Best moment to step into.

Once you are there, you look about for the Highest and Best moment. Perhaps you look up again, and that moment is higher yet, but it is collapsed, it is broken? it is worn out. It has little to offer. But up to the left there is a bright strong healthy looking moment, and you step to that. It is both higher and better than any of the others.

This Awareness indicates that you see also from there, having stepped into that, that there is a moment below, and that moment below is very shiny, very glamorous looking. It looks to be the best around, but it is not high in terms of spiritual worthiness. It is not high in terms of ethical values. It is not high in that it seems to be causing suffering.

It seems to cause others to suffer, as they have to hold it, hold the mirrors and hold the props to make it look best. And you see that though it looks best, it requires slaves, it requires effort on the part of others to keep the appearance going. So, you say "That is not the highest, even if it is the best! Is there not a moment I can step into that is both high and better than any others?"

This Awareness indicates you look about and you find one that is relatively plain looking, but it is pure, it is solid. It is without error or pain, and you say, "This really appears to be the Highest and Best available, even though it looks rather boring to me." Thus, you step into the next moment.

And thus, moment by moment, you proceed through life, choosing the Highest and Best. Your choices are that which makes your destiny in your life, and by choosing the Highest and Best from moment to moment, your life cannot help but be the best possible life you could live given the choices you had.

This Awareness indicates, of course, it is possible that entities will make poor choices before they become adepts at discerning, and most entities make their poor choices after they leave the comfort and protection of their childhood family. Usually this is in the late teens

and up to the mid-thirties that entities make their choices which create the main part of their lifetime karma.

They make mistakes in their choices and their life is thus set for their entire duration of that life. They choose and move toward a certain moment, from one level to another, and they are suddenly on a path they cannot undo. They may still make the best of it by learning to discern more carefully and from moment to moment with the best possible choices they can make and with great care they may find themselves moving from moment to moment into higher and higher and better and better moments.

This Awareness indicates that you cannot escape whatever karma you encountered or brought about with your careless choices, but at the same time, you can make sure that out of these mistakes, the best decisions are part of your future and you can make the best of whatever options are left to you, whatever choices are available, and there will be choices every moment throughout the rest of your life.

This Awareness indicates that in traveling through life, always select the bubble, the moment that is Highest and Best, and you cannot really go wrong. If you have made a mistake because of poor selection or lack of discernment, rather than lamenting and choosing some next moment that is not the Highest and Best; rather than becoming angry and slashing or lashing out at others and creating a deeper karmic wound to your life, stop, take stock of where you are, select the Highest and Best moment to move into and again begin your journey through life, moment by moment, choosing the Highest and Best without worry about the past, accepting the karmic baggage you have collected and moving on toward the Highest and Best, surrendering each step of the way, to the Divine, to that which is the Highest and Best in terms of Divinity.

It is a very simple concept and the practice is very rewarding, but many entities grow impatient and think they can circumvent the moments of life and get to some great reward by evading the Highest and Best and going into the lower regions toward areas where glitter lies.

This Awareness suggests you meditate or think about these things a bit, until you understand what has been indicated here, and then go on with your life, moment by moment, stepping from one bubble to the next, choosing the Highest and Best, each step of the way, throughout the rest of your life.

When Jesus Said: "Be prepared."

FOLLOW-UP QUESTION:

I believe that answers almost all the questions he's got here, however, I'll read a couple of them. "Is this whole dimensional shift relative to Jesus's statement about no one knowing when He would return; that we should all be "prepared?"

COSMIC AWARENESS:

This is in the affirmative.

How Did the Mayans Achieve Cosmic Consciousness?

FOLLOW-UP QUESTION:

"How can a whole society attain the state of cosmic consciousness; that is to say, why did the Mayans ascend, and not other people on earth at that time?"

COSMIC AWARENESS:

This Awareness indicates these entities had a long history of spiritual surrendering. These entities had spent many generations giving their devotion to Divinity. This Awareness indicates they had contact in frequency levels with Divine Forces. This Awareness indicates that *It* cannot give the entity a formula. *It* cannot describe some technology. *It* cannot explain, other than what *It* has indicated; that these entities surrendered to the Highest and Best.

These entities surrendered their lives to Divinity. This Awareness indicates if the entity wants some kind of technological answer, or mathematical equation or engineered contraction, or social formula or pattern of behavior; this Awareness cannot provide this. *It* has given the information as to how these entities ascended into higher spiritual states of consciousness, into bodies of light.

How Did Babaji Achieve Cosmic Awareness?

FOLLOW-UP QUESTION:

The entity has asked some questions about how Babaji and other saintly people did it?

COSMIC AWARENESS:

This Awareness wishes to remind this entity of a statement by Krishnamurti. Someone once asked him "How can one become spiritually adept?" and the entity looked at this person and shook his finger and said: "How is the most mischievous word in the universe, Don't ask how! Just do it! Do it! Do it!"

This Awareness indicates that this entity understood. It is not a formula. It is an action. How does one surrender? They just do it! How do you surrender to the Divinity? You just do it!

Is There a Common Thread to Understanding?

FOLLOW-UP QUESTION:

That probably answers this question here: "Getting back to Babaji and the Mayans; is there a common thread that can help us to understand exactly what we must do in the very immediate future, to practically and in an extremely positive way, help ourselves and our world society to raise our individual and collective consciousness?"

"Can Awareness give us a "game plan" to follow? Please ask Awareness to help us to better understand what we need to do on a day-to-day, hour-to-hour, minute-by-minute basis? Should we fast? Become vegetarians? Practice yogic breathing techniques? Meditate? As the early Christians said, to "pray continuously?"

"I feel that this is something vital and today only vague references have been given! Forget UFOs and politics for at least one entire reading and concentrate on some good old-fashioned practical advice of what we must now do!"

COSMIC AWARENESS:

This Awareness suggests that for the next hour this Awareness will repeat: Surrender! Surrender! Surrender to the Divine. Surrender to the Highest and Best! Surrender to the Divine Force of the universe!

Surrender your will to that which is the Divine! This Awareness indicates that this is the formula! That you record this message on an hour-long tape and play it to yourself repeatedly, if you want this message to be replayed for one entire reading.

This Awareness indicates that *It* sees no reason for this Awareness to keep repeating *Itself* redundantly for an entire reading for the expression of this message, but

if that is what you want, take those words, put them on your recorder, and play it over and over and over, until you have an hour-long tape.

This Awareness indicates if you want something different, if you don't want to think of surrendering to the Highest and Best, and you want something that is simply entertainment for your mind, this Awareness suggests you buy as many Cracker-Jack boxes as you can, take out the toy and play with those toys until you are fully sick of Cracker-Jacks and toys. Then you may start to think about surrendering yourself to the Highest and Best.

If this does not help, this Awareness suggests you then go down to your local K-Mart store and buy as many Lego puzzles as possible, and assemble Lego puzzles for several months, until you are totally fed up with Legos, and when you are finished and are fed up with Legos and no longer can put together another Lego toy, this Awareness suggests you start to meditate on the concept of surrendering yourself to the Highest and Best, surrendering yourself to the Divine.

If this doesn't seem to come easy to you yet, this Awareness suggests that you hop around on a parking lot for 24 hours without sleep, and when you are totally exhausted and can no longer hop around on the parking lot, this Awareness suggests you stop and meditate, and while resting, think about surrendering yourself to the Highest and Best, surrendering yourself to the Divine.

This Awareness asks if you wish for more formulas to answer your question in regard to this, for this Awareness can go on and on with more information about how to move toward Divinity. There are countless things you can do, but it always comes back to surrendering yourself to the Divine.

This Awareness indicates that if you find this so difficult, perhaps you should spend some time in the Fundamental Christian Churches, being persuaded by fire and brimstone preachers that you are a sinner, and are going to hell unless you surrender yourself to the Divine, to the Christ. This may be necessary for some of you entities who want a special message on how to do it.

This Awareness indicates that others may not need this kind of fire and brimstone brainwashing to frighten them into surrendering to the Divine. But if you are one who cannot bring yourself to surrender yourself to the Divine, perhaps you should try the fire and brimstone route.

SHOULD ONE HAVE TO RELY ON A GURU?

QUESTION:

While we're in this vein, a question from Asbjorn Erikson, White Rock, BC. Awareness has given information before on this, but I'll ask the question as it could produce more. He writes: "Dear Awareness, a friend of mine and I always get into discussing the need of having a master in order to evolve faster, et cetera.

"He claims that in order to get past the void, one needs a master who will initiate you and that there is no way around this. Absolutely none. I, on the other hand believe that no master is needed. No matter what, as nobody can know me better than me! Also, I see a bit of the worshipping problem in this, what I would call the "following" syndrome.

"In my opinion, to really be detached and with the Universal Forces, one cannot rely on a master or guru, as we are already part of the universe. Please shed some light on this." he asks.

COSMIC AWARENESS:

This Awareness indicates the concept of following a master is related to the yogic path of Bhakti Yoga, in which you choose a master to lead you and you devote yourself to your master, you worship your master, in the belief that your master knows the way. This Awareness indicates there are other paths of yogic teaching.

There is Nana Yoga, which is the yoga of knowledge in which one knows or seeks to know that which is the truth, and this Awareness indicates that entities have as much success following the Nana Yoga path as the Bhakti Yoga path. This Awareness indicates the Nana Yoga could not easily follow the Bhakti Yoga path because they do not like to feel that they are dependent on someone else for their salvation or for finding the truth.

How can you find the truth, if it is the other person who finds the truth rather than you? The entity feels that by worshipping a master or some other entity, they are not actually finding truth themselves, or becoming more spiritually developed. They are simply stealing their way to the goal, by relying on someone else.

This Awareness indicates that for this person to say, "You must follow me! I am the master! You are just a follower! You are just a student, a seeker!" is like being put in a position of inferiority, wherein the master is superior and you are inferior, and many entities do not like servitude or being put in a subservient level.

This Awareness indicates that this may come from other forms of conditioning, either past-life or otherwise, even in this life, but still, the person may have such deep feelings about this that they cannot easily bring themselves to follow and trust someone else totally.

Who Said There is a Void You Have to Cross?

This Awareness indicates also, the question arises: "Who said there was a "void" that you had to cross? and why do they say there is a void that you cannot get across without a master?" Isn't God everywhere? Isn't Divinity everywhere in the creation? This Awareness indicates that whoever created the void may simply be making it up.

Maybe there is no wall to keep you away from Divinity. Maybe there is no fence to scale or secret tunnel to move through, requiring a guide. Maybe these things don't exist! Maybe there is no void! Maybe God is with you *already* and you simply need to recognize the Divinity that is present! Who says you need a guide, except perhaps, someone who is lost?

This Awareness indicates that if this entity is lost and needs a guide, then who is *he* to be listened to? Why listen to someone who is lost and needs a guide? This Awareness indicates that if you look around and look at Divinity, you will find it is not only near you, it is also permeating you. It is present in everything. It simply needs recognition, and if you surrender to it, you actually may be surrendering to the Divinity that is already with you, and *has* been with you from the beginning of time, and will be with you until the end of time, if there is indeed a beginning and an end.

This Awareness indicates this ever-present omniscient Divine Energy is yours for the claiming. You only need to give yourself to it. You do not need someone there to direct you. You do not need a master to tell you how to surrender. You do not need a master to worship. Simply worship the Divine.

If the master needs to be worshiped, give him your respect and be on your way. This Awareness indicates that when you surrender to the Divine, if the Divine is in

the master, you will respect the master. If the Divine is in the tree that stands before you, you will respect the tree. You may worship the tree, and you may worship the master.

You may worship the moment. You may worship the space in which Divinity stands before you. You may worship the space in which Divinity stands beside you. You may worship the space that permeates your physical form which holds Divinity. This Awareness indicates if Divinity is omnipresent, if it is everywhere, what is the point of singling out some rock, some building or some person or some name to worship, when you can worship the Divinity that is everywhere present throughout the creation?

This Awareness indicates, however, if you prefer to worship the caterpillar, the dandelion, the rosebud, the guru, the preacher, the man who claims to be God, or any other particular focal point of Divine Energy, that is all right! It may be foolish, but it is spiritually correct.

This Awareness indicates that any particular unit of the creation is symbolic of the Creator, therefore, worshipping a guru, worshipping a master, is worshipping a symbol of the Divine Creator. Have fun, go ahead and do it, if that is your pleasure. This Awareness indicates if you do not particularly enjoy traipsing after some entity who claims to be the representative of God or claims to be God incarnate, if you do not wish to follow this entity around, washing his feet, attending his needs, then don't do it.

If you prefer to go over and pray to the sunflower, ask the sunflower for forgiveness, ask the sunflower for guidance, keep in mind that the sunflower is also a portion of Divine Consciousness and is a symbolic representation of Divinity, and it can give you as much as the master to whom you might pray.

This Awareness indicates that it is your choice. God is everywhere present in the creation. Address the Creation in any part and you attune to the Divine. Become one with any part or with the whole of Creation and you become one with God.

How do You Separate Yourself From God?

This Awareness indicates that an error may develop when you seek to separate yourself from the Divine, and claim personal identity and personal will and recognize God as being separate from yourself, or recognize yourself as being separate from God. There is where error may come.

This Awareness indicates or, if you look at a part of the universe and say, "That is God! This is not God!" there is error in that also, for God is everywhere and God permeates the entire Creation, and therefore, how do you separate?

The act of separating one part and naming it God and ignoring the reality of God's presence elsewhere, is likened unto the first sin, the first separateness, the Lucifer, which saw himself as apart from God, and became impressed by his own beauty, his own glory, his own bright and shiny essence.

This was the first separateness, and this was the first error. It was an illusion, and many entities repeat this illusion throughout time, seeing themselves separate from God, or seeing God as something separate from them, or seeing some being as God, or seeing some being separate from God, not recognizing that all beings are part of God.

Thinking is the Error: Pulling Apart the body of God by the Mind

This Awareness indicates it is a very simple situation, that thinking confuses. The act of thinking and separating and pulling apart the body of God by the mind; this

is the error that mankind has perpetrated, from moment to moment, down through history. This Awareness indicates all you have to do is recognize the Law of One, the One God, the One Being, the One Creation, with all of its so-called single parts, as being all the same.

There is no true separation, except in the illusion of thought. This Awareness indicates it is as if the mind were to look at the ocean and decide "The ocean should be divided by lines separating acres and sections and lots, so that it could be sold in small blocks. Let us proceed to separate sections of the ocean and sell these to entities!"

"Now all entities will want to block off or map out their own section. How do we distinguish one section from another?"

This Awareness indicates that first it will be necessary to freeze the surface of the ocean and to make scratches on the ice, to separate all of these lots, one from another, and then separate the acres or hectares; all of the various measurement systems may be considered.

"We want this to be done properly! We must map out lots and acres and sections in some way so that entities can know which part of the ocean is theirs, for there will be some entities who will want to buy huge amounts of ocean, and others who will only want small blocks of ocean, small areas."

This Awareness indicates that obviously it is only hypothetical, but wherein entities looking at material things try to make the material thing a thing in itself, wherein matter can be pointed at and remarked about, wherein an entity can say, "That is a grain of sand! It is separate from the rest of the universe!"

This Awareness indicates it is no more separate from the rest of the universe than is a drop of water in the ocean, yet because it appears to the senses to be separable, entities can say, "It is separate! And I also am separate from the rest of the universe!"

This Awareness indicates that everything in the universe is energy, just as everything in the ocean is water, and there are things in the ocean that can be said to be different, but even the fish are 98% water or more, and these little minerals left over when all water is taken, are part of the matter, and the matter is energy, even as the water of the ocean is energy.

Therefore, when you realize that everything is energy, and when you think further and realize that everything is vibration and frequency; even the atoms are frequencies and vibrations, and there are no particles; even the sub-parts of the atoms are frequencies; when you realize this, you know there is no separateness.

The Mind of God is Defined

Nothing is separate, even if it appears to be separate. How do you, in all truth, honestly think you are separate from God, from the Divine Creation? for the Creation is the essence of God, the Creator. The Creator and the Creation are one and the same. They reflect each other because they are each other.

The Creation is conscious. It is a conscious being, and the consciousness of the Being of the Creation is the consciousness of God. The higher frequencies of the Creation are the mind of God and the lower frequencies of the mind of God are those things that you witness as material particles, but those material particles, if you were to become small enough, will be seen as filled with space, filled with space that you can pass through. There is very little substance.

This Awareness indicates if you become even smaller, what little substance is left will still be passable. You

could still pass through that. There is nothing that is absolutely "particle" in nature. It is all vibration. The smallest particle is simply a condensed area where vibrations exist. The vibrations are tight and very miniscule in their spatial placement, but they are still vibrating energies.

They may look solid, when you are larger and away from them, just as a nebula or galaxy in the distant sky may look small and solid, but if you approach such a galaxy, you would find it to be almost entirely space. Likewise with the smallest grains of matter, if you could get smaller yourself, you would find they are made up almost entirely of space, and anytime you approach anything that looks like a particle, you will find that it is frequency and vibration, and as you move into it and grow ever smaller, you will find there is more space in there than matter.

This Awareness indicates that surely you can see that God is everywhere, in everything,, even in the smallest particle of Creation, and that the frequencies and vibrations make up the consciousness of the universe, of the Creation, and are the mind of God in its collective sense.

This Awareness indicates therefore, all that is necessary to become one with God, is to surrender self, and it is a practical action because it is based on reality. Any separateness from God is but an illusion. It is a false reality. All you have to do is face facts, and you are one with God, and you are a spiritual being.

If you do not wish to face facts, you can keep the game going. It has been going for countless years by those entities who eat of the Tree of Knowledge, of sight, sound, touch, taste and smell. Those fruit deceive the entity into thinking he or she is separate from God.

Protective Power in Hebrew Word "Kakash." (Will It Help Repel Aliens?)

QUESTION:

A question from Allen Ellinson, in Ontario, Canada. In the book *The Keys Of Enoch*, it is stated that there is a great protective power in the verbal prayer known among Hebrews as the kakash, and that this may be used to repel aliens of negative inclination if spoken aloud." He's like to ask Awareness for a comment.

COSMIC AWARENESS:

This Awareness indicates that anything which influences the mind to hold a particular attitude has power.

QUESTIONER:

Yes, but will that repel aliens?

COSMIC AWARENESS:

This Awareness indicates that it will help, for the mind has power to influence other minds also. If the words spoken influence the subconscious mind of one entity, it will influence the subconscious of another entity.

WHEN WILL RAMPA'S "CAVES OF THE ANCIENT" BE DISCOVERED?

QUESTION:

Another question from Allen Ellinson. "The late Tibetan writer Lobsang Rampa said that there were a number of "caves of the ancients" on the planet, holding devices and histories of the glory days of man and aliens on earth. Is this so, and when will this be revealed, and why were they put there?"

COSMIC AWARENESS:

This Awareness has given information on the topic some time back. This Awareness indicates that there are devices placed in caves and underground caverns and in certain other special places of an artificial nature such as

those areas near the great pyramid and sphinx. This Awareness indicates that some of these, at least one of these, has been discovered.

Hidden Knowledge Helped Create the Robotoids

This Awareness has spoken of this previously in regard to a cave in Russia, wherein certain information was released that has helped these entities understand genetics to the point wherein they were able to create robotoids from the knowledge gained.

This Awareness indicates *It* has also spoken of underground caverns networking the United States in which there are Deros and Teros residing in these underground caverns. This Awareness indicates that there are also others that have not been used, which hold ancient devices.

This Awareness indicates that as to the question: When will these be discovered? This Awareness asks: What is meant by the word "discovered?" --by whom?" How do you classify discovery? Some of these are already in use and are known by beings. Some of these have already been discovered by surface man. Some of these are being used by subterraneans.

This Awareness indicates that perhaps the questioner wants to know "When will they be discovered by the general population, and average tabloid reader?" This Awareness indicates that in response to this question, they may not be discovered at any common time for all of these places. There may be a discovery in one century or one decade, and maybe another several decades later, or centuries later.

This Awareness indicates the tabloids approximately 3 or 4 years ago, exposed a discovery of an underground cave in the Middle East which housed an ancient craft similar to some flying craft of today, but there was no follow-up on the story. Whether it was true or whether it was false; the average tabloid reader could not be sure. And this may be the way whereby other discoveries are treated.

This Awareness indicates it may not be that these places will suddenly be discovered all at once and make CNN or CBS or ABC or NBC news. It may be released in a tabloid here and a tabloid there, ten years, twenty years from now, or in the next century, and many people will hear about it, but will consider that it is probably just another wild tabloid story.

This Awareness indicates that this is the way things go. Not everything that is real comes out on the major news networks, the government controlled news media; only that which entities are permitted to know comes out through these media portals. The rest is suppressed or is released only through the lesser known outlets of information.

MAGNETICALLY INFLUENCED HOMEOPATHIC REMEDIES AND HIV

QUESTION:

A question from JD. She writes: "I've been asked to invest in a healing modality called MIHR : Magnetically Influenced Homeopathic Remedies; a modality involving injecting homeopathic dosages into acupuncture points. The pilot study reports show cessation and reversal of declining immunity in all cases.

"Is this the sort of therapy that Awareness mentioned of reducing HIV infection to a "manageable" condition?"

COSMIC AWARENESS:

This Awareness did not see this particular modality when making that statement. This Awareness does see, however, that this appears to have beneficial effects in

strengthening the immune system. This Awareness indicates that it may be beneficial and may start a new type of therapy. There may be other forms of treatment that are equally beneficial without the use of needles, but this does appear to be a modality or a process that can be helpful and can grow as a form of therapy in the coming years.

The strengthening of the immune system in this manner can be of benefit to many entities who are presently suffering from the AIDS illness as well as from other types of illness. It could also be beneficial in treating cancer and other diseases, if the diseases are in part caused by, or have resulted in weakened immune systems.

This Awareness suggests that entities carefully use the treatment to make sure that the immune system continues to improve with the treatments.

FOLLOW-UP QUESTION:

Also she asks: "Is investment in this modality seen as likely a sound and profitable one?"

COSMIC AWARENESS:

This Awareness indicates that it appears to be beneficial. This Awareness suggests that you not put more than 10% of whatever you have to rely on into this investment. This Awareness indicates that once you invest a small amount, you may at some later time desire to expand the activity of your operation with further investment.

This Awareness suggests caution. It is seen that while the activity and operation or modality appears to be sound, it also could develop to such success that FDA or AMA opposition to the successes might begin having an interference. This Awareness indicates another possibility is that one person receiving treatment might not be successfully treated, and his or her heirs might file suit against the company offering this treatment and might win, costing the company great amounts, and even causing a loss of control of the company and its ability to function. There is a risk in the investment, based on such uncertainties as to how things will be accepted in future situations.

This Awareness suggests, therefore, that you be reasonably prudent in what you can afford to risk, and not to go overboard in your investing, even though it does appear to be good cause.

THE ALIENS ARE SAYING AN "APOCALYPSE" IS COMING

(Aliens Now Admit They Are a "Cosmic Malignancy")

QUESTION:

On the TV show *Sightings* on September 30th, in an interview with Dr. Mack, the Harvard professor who came out with a book recently on abductees, he made the statement on TV that all abductees are now being told by aliens: "We are a malignancy at a cosmic level now!" and also that an apocalypse is coming to earth. Could Awareness comment on those statements?

COSMIC AWARENESS:

This Awareness has indicated previously that the aliens involved in abducting humans are actually trying to save their own race by use of human genetic substances and by mutations with humans. They see humans as useful to them, as a kind of medicine for the aliens' further existence because they have reached a point in which they themselves are becoming extinct if they do not do something to change the nature of their species.

The Aliens Quit Having Sex to Eliminate Emotions

They have spent hundreds of thousands of years getting rid of emotions and reproductive capabilities so that they could be more specialized without having emotional uncertainties or aberrations or actions that are not controlled and precise. They saw emotions as hindering their precision as beings and tried to become more like technological creatures of a robot-like society and organization.

They saw reproductive systems as feeding the emotions, and therefore, the reproductive and emotional elements of their being were bred out and genetically engineered out of existence. There were a few of them who could still have sex and have emotions, but for the greater part, as they moved into reproducing through cloning in vats, these entities began to create an increase in their population in such a way that they mostly are clones, and the clones are clones of clones, copies of copies of copies of copies, with each copy becoming a weaker clone of the one before.

Thus, they have suddenly begun to realize that their copies are inferior to the original copies and each generation is weaker and less strong, even less intelligent than the one before, and that over a period of perhaps another thousand years they will be greatly inferior to what they consider themselves now.

Rather Than Become Deros the Aliens Chose Humans

They see that what occurred with the Deros, who were their ancestors, could easily occur to them; that they could become demented, as the Deros or Detrimental Robots that have resided underground for thousands of years, and in seeing this as their future, they chose to select humans, a relatively young species in the galactic sense, to gain pools of genes for reinvigorating their own species.

Thus, they draw from humans in the genetic activities, those genes that can be used to strengthen their own species, but they also are seeking to learn how to use the reproductive human system through creating mutants between those few alien-types who can still have sex with the humans, or by creating offspring from the use of newly cloned aliens and fetuses of humans through the genetic engineering process, thus creating half-breeds.

This Awareness indicates that they have respect for humans in the same way that a chicken-farmer might respect his fowls, or a cattle rancher might respect his cows, or in the same way a doctor in a laboratory might respect the animals he is researching with or experimenting on. Thus, for them to say that humans are a blotch in the universe or galactic plan is not to be unexpected as an insult, and they can see that after they have gathered what they want from the humans, they could then get rid of them in the same way they earlier were able to rid the world of the Neanderthal, after they had created their new Cro Magnon types.

This Awareness indicates that in their view, the present Homo Sapiens type of body is outdated, and a new model, which is made of half-breed genes or characteristics would be to them a better model for populating the planet.

This Awareness indicates as for their suggestion that a catastrophe is imminent or about to occur; this may have been in reference to the invasion of Reptoids which was planned, but which did not occur. This Awareness indicates that it appears that the Reptoids threat was defused with the interference of the planetoid type crafts that crashed into Jupiter, as discussed in earlier readings.

Interpreter Error: Sirians, not Greys Destroyed Reptoid Ships

This Awareness wishes to make a further observation on that. It appears that this was disrupted by forces not associated with the Greys, as earlier stated by this Awareness, but by Sirians who have recently become more involved with earth affairs. The earlier statement was a misreading by the Interpreter because the energies were still very vague as to who directed the collision with the planet Jupiter.

This Awareness indicates that the statement by these entities as suggested in the question regarding a calamity appears to have referred to that potential invasion of Reptoids in mass numbers. It also can, however, be taken as a reference to the movement of the planet into the photon belt, which could be disastrous, and could even destroy the earth were it not for activities from those of Sirius who have chosen to help bring the earth into this photon belt in a safe manner.

QUESTIONER:

The word they were telling the abductees was "apocalypse."

COSMIC AWARENESS:

This is a good word for the concept of extreme disruption that would have been a probability had things not been changed.

The Apocalypse Is Not Going To Happen!

QUESTIONER:

Does Awareness have a closing message?

COSMIC AWARENESS:

This Awareness indicates it appears that many changes are in store for the earth, but it does not appear that an apocalypse of the kind foretold by prophets of old or of recent times is imminent. There may be certain sections or areas in which apocalyptic events may occur in a limited form. It appears that there can be earthquakes. There can still be wars. There can be famine; but these are seen as isolated events, and not global or universal to all humans.

Gross Human Body Will Change by Year 2012

The human race is seen as that which endures through these coming years and that the year of 2012 and 2013 may see the end of the human body as you presently know it in the physical sense, but it will also be the beginning of a higher vibratory body, a body that is much more spiritual and etheric in nature, but one that has the same or similar appearance and allows for similar feelings, perhaps more sensitive than the more gross material body that will change.

This Awareness indicates that this change will come about from the vibratory frequencies, the cosmic rays in their effect upon the body, or what may be termed "spiritual rays" affecting the body. The photon light is not the highest frequency of the universe, but it is a reflection off of the highest frequencies. In other words, it is what may be termed the lower vibrations of God, and the vibrations are higher than those frequencies of the material body of man.

Those With Gross Material Values May Not Adjust

Therefore, the changes that occur will be changes into a higher frequency type of body. It is not an apocalypse, but a blessing for humanity; but it may be there will occur certain unpleasant experiences for some entities as they move through the transition. This Awareness indicates that this will be especially difficult for those entities with extremely gross material values, unable to adjust to the higher frequencies.

Entities with extremely heavy karma, entities dependent on drugs, or involved in crime may find it more difficult to adjust to the changes, especially as the higher refined bodies develop greater psychic powers that allow more insight, so that these lower unevolved beings cannot function as well because everyone can see their negativities, their motives, even their thoughts.

This Awareness indicates that essentially, as humans evolve into the next dimension, those who are unable to follow may lag behind in a lower reflection of material reality and the entities may find themselves being shifted onto another planet, wherein the frequencies are not so high. The entities would of course desire this, because the increased frequencies actually would cause them suffering and pain, if they are unable to adjust.

This Awareness suggests the Interpreter be brought from trance.

(Thank you) the Law of Gratitude is given)

IN THIS ISSUE

Time to Consider the Reconciliation of Yes and No	2
The Mayans and Their Evolution	2
The Story of Jacob and Issac	3
When Jesus Said: "Be Prepared."	4
How Did the Mayans Achieve Cosmic Consciousness?	4
How Did Babaji Achieve Cosmic Consciousness?	4
Is There a Common Thread to Understanding?	4
Should One Have to Rely On a Guru? (Going Inside the Mind of God)	5
Protective Power in Hebrew Word "Kakash."	7
When Will Rampa's "Caves of the Ancient" be Discovered?	7
Magnetically Influenced Homeopaths and HIV	7
The Aliens Are Saying an "Apocalypse" is Coming	8
The Apocalypse is Not Going to Happen	9
A Grand Cross Planetary Alignment on August 8, 1998 (Will the Book of Revelation Predictions Occur?)	10
Does the Book of Revelation Refer to the Photon Belt and the "Days of Darkness?"	10
The Book of Matthew and the Coming Jesus in the Clouds	10
The Grand Cross and Nostradamus Predictions (Will the "King of Terror" Bring Plagues This Summer?)	10
Spanish Golden Rods for Dowsing Gold: Where Did They Come From?	11
Dowsing From a Map	13
Regarding the Situation at C.A.C.	14
Some Suggestions by the CAC Membership	15
The Photon Belt Contradiction	18
"It is Better to Know Than to Know and Not Do."	19

-HOW TO GET THIS NEWSLETTER BY MAIL-

EVERY 4 WEEKS ! (More or Less)

REVELATIONS OF AWARENESS is a cosmic newsletter, published by Cosmic Awareness Communications, P.O. Box 115, Olympia, Washington, 98507, U.S.A. (A not-for-profit organization). Membership fees and donations are deductible from your Federal Income Tax. Try to remember Cosmic Awareness in your will if you wish to have these messages preserved and available to others in years to come. ("How many have you served, and how well?" is the question we will all be asked at the Passing Over).

MEMBERSHIPS AVAILABLE (Honor System!)

- INDIVIDUAL: \$42 per year or \$12 quarterly
- FAMILY: \$52 per year or \$20 quarterly
- CONTRIBUTING: \$77 per year or \$25 quarterly
- SPONSORING: \$144 per year or \$40 per quarter
- BENEFACTOR: \$500 per year or \$150 per quarter
- PATRON: \$1000 per year or \$250 per quarter
- ANGEL: \$5000 per year or \$1500 per quarter
- LIMITED INCOME: \$30 PER YEAR OR \$9.00 QUARTERLY

A GRAND CROSS PLANETARY ALIGNMENT ON AUGUST 18, 1999

(Will the Book of Revelation Predictions Occur?)

Question: (3/8/96)

A question from Jack M., Paramus, N.J. He writes: "On the 18th of August, 1999, a major planetary alignment will occur. On that date, the sun and the planets will take up the shape of a Grand Cross, a very rare phenomenon. It has been predicted that this Grand Cross of planets in the fixed signs of the Zodiac: Taurus, Leo, Scorpio and Aquarius, which corresponds to the four Beasts of the Apocalypse of the Book Of Revelation, will precipitate natural and human catastrophes.

"In the New Testament, in chapter 24 of the Book of Matthew we read: "Immediately after the tribulation of those days, the sun will be darkened and the moon will not give its light and the stars will fall from the sky and the powers of the heaven will be shaken, and then the sign of the Son of Man, or Jesus Christ, will appear in the sky."

The questions: #1): This sign of Jesus Christ appearing in the sky: Does it refer to this rare planetary alignment on the shape of the Grand Cross, on August 18th, 1999?"

COSMIC AWARENESS:

This Awareness indicates this is negative. This Awareness indicates that the Book Of Revelation, not Matthew, the Book Of Revelation as that which is coded in symbology that has little application to what is occurring in present time, except that there are entities who are attempting to use the Book Of Revelation in order to create activities that the religious followers of Christianity will accept.

It is not that the Book Of Revelation is predicting what is going to occur in present time, but rather there are some entities who attempt to make present-time events correspond to the Book Of Revelation so that the followers of the New Testament will attempt to apply present-time events to the Book Of Revelation and thereby accept certain changes that are being programmed for consumption of the masses.

This Awareness indicates there are many who saw the Book Of Revelation as that which discussed a time in the beginning of the Piscean Age wherein the entity Jesus predicted certain events to occur "within this generation":-- the generation in which he lived. This Awareness indicates that there are many who saw this as referring to certain events; that the Antichrist was one of the despots of the time; and every generation thereafter has seen the symbolism of the Book Of Revelation as applying to their generation.

The "Book of Revelation" a Masonic Creation

It is not unreasonable for entities in present-time to think that it applies again in this generation. This Awareness indicates that the symbolism of much of the Book Of Revelation is not even related to events that are happening. The opening, for example, of the Seven Seals, is a reference to the chakras. This Awareness indicates that some of these events are explainable in terms of Masonic messages or teachings and Masonic symbolisms, for the Book Of Revelation was indeed a Masonic writing.

This Awareness indicates there was much debate at the time whether the Book Of Revelation should be included in the New Testament or whether it should be left out. It was eventually decided to allow it to be included, because there were some threats in the Book Of Revelation that many of the priests of the time felt were important enough to help keep order in the church.

This Awareness indicates that to attempt to state that the planetary alignment coming is a fulfillment of a prophecy in the Book of Revelation is not an appropriate interpretation.

Does the Book of Revelations Refer to the Photon Belt and "Days of darkness"?

(FOLLOW-UP QUESTION):

Okay. The second question: "Could the mention of "The sun being darkened and the moon not giving light, and the stars falling" refer to the period just before total entrance of our solar system and our planet into the Photon belt when there will be one week of total darkness and severe cold weather, or does it refer to another phenomenon or happening?"

COSMIC AWARENESS:

This Awareness indicates that this can be a reference to any kind of phenomenon. It was not uncommon in those days for entities to think that a solar eclipse was some kind of message from God, or was an ill-omen for mankind. This Awareness indicates that even at the time of the crucifixion there was reportedly a darkening and a great reaction from nature over the death of the entity Jesus on the cross.

This Awareness indicates that it was common in those days to think of solar eclipses as something supernatural occurring, as an ill omen and something for entities to fear as a message from God to mankind. This Awareness indicates that the entity in writing the Book Of Revelation was not thinking in terms of 2,000 years later, or in terms of some astrological event 2,000 years later; the entity was speaking of his present generation.

The Book of Matthew and the Coming of Jesus in the Clouds

(FOLLOW-UP QUESTION)

His third question: "The above-quoted verse from the Book of Matthew goes on to say that when the sign of Jesus Christ appears in the sky, (which could be a reference to the above-mentioned Grand Cross) then all the people of the earth will see the Son of Man, or Jesus Christ, coming on the clouds of the sky, with power and great glory. Apparently this "coming" seems to be a mystery. "Can Awareness clarify it or explain how it is going to happen. Could it per chance refer to the good space people, like the Sirian entities coming to our planet earth in space ships?"

COSMIC AWARENESS:

This Awareness indicates that the quotations the entity is using appear to be distortions. It appears that there are references to other books in the Bible. There are of course, repetitions in the Book of Matthew that have been lifted from other sources. Much of that which is in the New Testament had been lifted from earlier writings, earlier cultures.

This Awareness does not see this as being representative of the present world scenario or conditions at all, but representing other times, and other cultures.

The Grand Cross and Nostradamus Predictions

(Will the "King of Terror" Bring Us Plagues in Summer of 1999?)

(FOLLOW-UP QUESTION):

His last question: "Some astrologers foresee this Grand Cross alignment of the planets in 1999 generating extreme unrest, violence, and natural and human catastrophes such as earthquakes, tidal waves and wars, and a widespread environmental devastation caused by conflicts over energy and food resources.

"Even Nostradamus wrote that, "In the 7th month of the year 1999, a great king of terror will come from the

sky." The Jews believe that it was such a 'king of terror' who brought the series of plagues upon the ancient Egyptians approximately sometime in 1500 BC when the Pharaoh of the Egypt refused his Hebrew slaves to go free with Moses into the Promised Land.

"And my question is: What does exactly Awareness see, or foresee happening in the summer of 1999?"

COSMIC AWARENESS:

This Awareness suggests it depends entirely on which planets are in Square to each other, and in which signs these planets reside. This Awareness indicates that for the most part, Squares are not necessarily as negative as many astrologers in today's society have come to believe. They create intensities, and they can in some cases create extreme difficulties, but there are often many good things that come out of Squares, and the aspects known as Squares and Oppositions.

When the Planet Saturn Squares Other Planets

This Awareness indicates generally, the planet Saturn in Square to other planets will cause some extreme conflict or difficulty that may be of great negativity, but many of the other planets are not nearly so negative as entities might suggest.

This Awareness indicates that Mars in Square often suggests war, but there have been certain instances in which Mars was in Square to other major planets and war did not erupt. This Awareness indicates that Jupiter in Square usually means 'excess,' an excess of something happening, and if it involves Saturn or Mars, then often the excess means too much of something which can be negative.

The Planet Neptune in Square to Other Planets

This Awareness indicates that essentially, the different set of meanings according to the signs they are in. This Awareness indicates that the planet Neptune in Square to other signs can create deception, confusion and much uncertainty. It can relate to misinformation, and this Awareness sees that this may be a time in which some of the new technologies for manipulating the masses could be introduced by certain agencies to attempt to control the masses and to cause that which appears to be a supernatural event.

This Awareness indicates it is possible to create appearances in the sky through the use of holograms and ionized air, whereby signs in the heavens would be made manifest on a temporary basis for the purpose of manipulating consciousness. This Awareness suggests however, that this is an extreme and unlikely possibility though the aspects indicate it is a possibility that could be made manifest during such a time.

This Awareness indicates that essentially, the time will more likely be a time in which social unrest, some physical disturbances such as earthquakes or storms are likely to occur, and much social anxieties may be felt and expressed. There will be an attempt in or around or following this time for the forces in power to cement or congeal their power into a greater control.

This Awareness indicates that *It* sees this as a time of disturbance and unrest, but not that which is as frightful or hazardous as may be suggested by astrologers. This Awareness indicates there will also be great benefits that develop out of this Grand Square (Cross). It is not seen as a time for starting new projects, but it is not seen as a time for great anxiety or fear.

Prayer for Balance

Start your day and end your day by saying the following aloud:

I AM ONE WITH ALL THAT IS!

Thank you God

Spanish Golden Rods for Dowsing Gold: Where Did They Come From?

QUESTION:

We received a letter from J.R. Christianson SR, who is head of J.R. Christianson & Associates, Geometric Molecular Technology; Hydrodynamics, Aerodynamics, out of Rison, Arkansas. And he writes: "In regard to your issue #463, page 20, applicable to "How to locate Buried Treasure; how dowsing works," enclosed find data on Spanish Golden Rods of which there are only three sets in the world.

"One is in the Smithsonian Institution. The second set belongs to a miner in California 94 years of age. I have the third set. The Smithsonian wants me to bring them for testing, et cetera. They locate gold, silver and diamonds instantly in mines, jewelry stores and hidden areas. They do not locate platinum. I have been told that they are valued at 3 million dollars. Please provide history and value of these golden rods. Also, whom would be interested in them and for them to effect contact with me. I am 69 years of age, retired, and have no use for them, and would like to see them used by individuals or companies, instead of letting them remain idle.

"The sheet that he sent, the description: "There are two pairs of golden rods which are used in unison. Two are gold/copper in appearance, with minute carbon specks throughout them. The other two are silver in appearance with a minute carbon speck throughout also. Each are three millimeters in diameter and 192 millimeters in length. The end of each is flattened to 8 millimeters on the surface, and tapered to 1 millimeter at the end, in which there is a 180 degree cut-out at the end.

"The operation requires two people, in which each person holds one pair of golden rods in their hands with the thumb and the forefinger. Then they make contact with the 180 degree ends, and the golden rod moves in the direction of the gold, silver or diamonds. As they locate the direction, the movement is toward the location, and when the location is pinpointed, they cross into a diamond-shape. When there is a large deposit of the metal, one of the rods will move up about four inches while the other will move in a downward movement about the same degree.

"Conclusion: One cannot appreciate the effectiveness of these golden rods until they have experienced them in action. All tests made with them have been very successful and surprised the jewelers who tested them, but not knowing the value of the golden rods, it was impossible to consider sale of same. I hope that you can arrange to test them for yourselves or your associates. Then determine for yourself as to the value of these golden rods. I have for the first time advertised in the Numismatic News regarding the sale of the golden rods."

Now, it's a strange letter. I've never heard of these. We are familiar with rods that dowse, but he's asking if Awareness could tell something about the history of these, and so forth.

COSMIC AWARENESS:

This Awareness indicates that this appears to be an invention of an entity who as a young man worked in smithing, working with metal, likened unto a Blacksmith, who took an interest in gold and mining and had been introduced to dowsing and simply came up with the idea that if you are going to look for gold using a dowsing rod, there should be gold in the dowsing rod.

How Dowsing Works

If you are going to look for silver, there should be silver in it. And the entity made this, and found it to be better than the ordinary dowsing rod. This Awareness



indicates the reason for it being better is that dowsing is a technique based on using the subconscious to focus on a particular thing. If you are looking for water, the subconscious focuses on water, and you can hold a rod and walk along and when you cross over water, there is a reaction in the rod or rods.

Usually a dowser for water will hold a stick such as a peach fork branch, a fork of a peach tree, or some other type of wood that branches, and will hold the two forks of the branch and as he or she walks across a field, when the fork begins to bend and the stem of the fork points downward or moves downward, the entity will assume there is water there because that is what he is looking for.

If one is trying to focus on gold, it helps the focus to have gold in one's hand. That is all it does. It helps the focus. One can focus on gold much easier if one is holding gold than if one is holding a stick and walking along trying to find gold. This Awareness indicates that this was the theory behind the invention of these devices.

As for the name of the entity, this is not seen, nor is it of any importance. This Awareness indicates that as for value, it comes under the rule "Whatever the market will bear." Its value, of course, is for the amount of gold involved, but also there is the unique purpose of the item, and whether it is workable. Its value, if it finds enormous amounts of gold would be priceless. Its value, if melted down, would be for whatever value the gold would bring. Its value as an antique would have some special worth, so the value is something that has to be negotiated mostly in regard to whatever the market will bear.

Advertising, writing stories telling about these things will increase the market value. If you can hype the value by talking about how effective it is, that will increase the value, but entities who are about to let go of large amounts of money for something that is supposed to be very valuable in finding gold will want to know for sure if it works. Therefore, if you can find a test for it, or have evidence of the test in a way that could not be faked, then it will be of greater importance and should bring more reward.

This Awareness indicates to walk along with this in a video-film and have it point to gold on a path or in a field might impress some entities, but others will say "How do we know you didn't plant the gold there before you came along?" This Awareness indicates that this would be a way of hyping the value a little, but it might not satisfy the real investor. You would be better off to find a way of testing it in a more unbiased setting. Have someone select the area. Perhaps in an area where they know gold could be or might be, but have qualified people who are reputable in their positions in society, or have your buyer, your potential buyer test it, if he can be trusted with it.

Have someone such as an engineer accompany you, or whoever is going to hold the rods, to a place where gold may be found or perhaps where gold is found, whereby these entities can write a sworn statement, a document saying "We knew the gold was buried in this area, but we

did not tell the tester where to look. We led him to the general area, and when he walked across, the rods went down as in the video, and sure enough, that is where we buried the gold. I swear this is true. I am an engineer. I am such and such, and there was no fakery involved. The rods did indeed work."

If you can have some kind of evidence similar to this or better, then you can expect to ask for greater amounts from an investor who wants the rods for a particular purpose. To put a value on these things is likened unto putting a value on a piece of real estate. A piece of real estate may be worth so much as land, or it may be worth so much depending on what zoning is placed on it, or it may be worth more, depending on the kind of environment or surroundings, the location, or if there is a building on it then it may be worth even more; particularly if the building itself has some commercial value.

Then the question is: "What is its usefulness in terms of the commercial value? Can it be made more valuable by finding a better use?" This Awareness indicates in this case you are selling these rods as being useful. To sell them as useful for finding gold would be the highest value rather than simply as antique ornaments of days gone by, or as rods with gold in them that could be melted down.

This Awareness suggests if you want a good price for these rods, it suggests that your best approach would be to have some kind of clear proof, testimonial witnessing of authorities that it indeed did locate gold or silver or whatever other claims are made. In other words, whatever the claims are, these should be verified and the value should be tied to the purpose of usefulness; the highest use of the product or item.

FOLLOW-UP QUESTION:

Does Awareness see the time frame when those were created?

COSMIC AWARENESS:

This appears to be in the pre-1850 period of time, prior to the mid-part of the last century. This Awareness indicates that this in reference to the first. The first is not seen as being included in this group that the entity mentioned; that these particular rods seem to have been invented later, as more refined, and this appears to have been after or during the Civil War. It appears that this was an attempt to find gold that had been stolen during the Civil War, wherein entities were seeking to locate this gold.

The earliest versions of this divining rod appear to have been lost many years before, in or around the time of 1850.

FOLLOW-UP QUESTION:

Those Spanish Conquistadors who plundered the South American countries of their riches; did they use any type of instrument similar to that?

COSMIC AWARENESS:

This is not seen as being correct. It appears that this was purely an American invention in the last century; that there were dowsing approaches, but not using the metallic rods with gold; this being mostly dowsing from wood and mostly for water. That the dowsing process is much older than this.

FOLLOW-UP:

I wonder if this entity, if he might contact someone who has the time, for example, to try to locate some of these legendary treasures such as the one along the Oregon coast in the hills there. With such a device, and in which case, if he located it, he could certainly be able to pay the amount the entity wants for it, in addition to proving that it actually works.

COSMIC AWARENESS:

This Awareness indicates this is likened unto the investor's saying "I will buy your timber if you let me cut the timber and pay you out of the cuttings." This Awareness indicates that it is unlikely the entity would let go of his property on the promise of payment from the earnings of the property. This Awareness indicates the entity might consider going into partnership with someone whom he had complete confidence in, whom he could trust to be honest with him, and whereby they could split the profits of any findings from the use of the device, but there would need to be a way to monitor the activities of the entity so that the entity didn't simply take off with the device, or didn't simply find a treasure and not report to him of the find, claiming for example, that nothing was there, but "There is a place up in Alaska that I would like to check out."

This Awareness indicates that there are too many ways whereby the entity could be hoodwinked by this kind of partnership unless the entity has a reason to trust the honesty of the entity with whom he is a partner. If for example, it is the entity's son or relative, or a close confidant, then perhaps the entity would not be risking too much to trust the entity with his rods.

It is a matter of how secure the entity would need to be and how much security the entity can get from the relationship, whether he can get enough security to feel comfortable about loaning the rods to a partner. This Awareness indicates that this is a personal choice, and not something that this Awareness could answer for him.

Dowsing From a Map**FOLLOW-UP QUESTION:**

Does Awareness see these Spanish golden rods as being any different from the normal dowsing devices in that it might perhaps locate a source of gold from a long distance away, as opposed to having to trek all over the land and pass over it directly before it indicates the gold?

COSMIC AWARENESS:

This Awareness assumes you are referring to using a map in which these rods will be placed over the map. This Awareness indicates that this could be done if one's subconscious is geared to that kind of orientation, and assuming that the map can be large enough to where the dowsing rods would be able to pinpoint an area. This Awareness indicates however, that because of its size and the size of most maps, this would be very difficult. For example, the rods might indicate an area on the map, but the area indicated might represent a hundred or more square miles in real space. Therefore, one would have to go from a large map to a smaller map, to a smaller map, to a smaller map, to get down to the place where one could simply walk to the gold and start digging. This Awareness indicates it is theoretically possible, but of course the more difficult or the more steps involved the more likely errors could occur.

You might for example, have everything just right, and still end up ten feet off, possibly because the maps are not that accurate, even if everything else was perfect. And if you are ten feet off, you might be all right because you could use the dowsing rods in the general area. But suppose you were 200 feet off and you didn't want to cross that stream to get over a few more feet to check with the dowsing rods.

This Awareness indicates that there is a risk that you might be wasting some energies. There is a chance that you might hit the mother load and become 'filthy' rich overnight. This Awareness cannot be used to guarantee success on a matter such as this.

LESSONS OF ENLIGHTENMENT NOW ON THE INTERNET FREE OF CHARGE.

All entities using the World-Wide Web are invited to download and study these important lessons and share them with others. Be a part in the alchemy of changing the old consciousness to the new and help bring forth that "new Being" which has been prophesied. These on the CAC Home Page Web Site, which is:

members.aol.com/cosmiccomm/cachome/cac.html

▶ OFF THE MARK**DON'T FORGET! APPRECIATED STOCKS COULD BE YOUR GIFT OF CHOICE!**

Gifts of appreciated stocks or property are referred to as "Capital Gain Property" if you have held it longer than one year. The advantages of giving in the form of appreciated stock/property are very real.

You can sell your appreciated stocks, but when you receive that check, you will lose up to 28% of it to Uncle Sam.

By making a gift of appreciated stock, you will see the full market value at the time of transfer return your original investment plus its full appreciation. The charitable deduction you receive on your taxes is for the FULL market value. You may also be able to carry this contribution forward for up to five years from the date of contribution.

In brief, you will have made more money for yourself and supported Cosmic Awareness Communications at the same time.

As always, please consult your personal tax advisor for additional tax information.

C.A.C. is now energizing a permanent place where the Cosmic Awareness body of knowledge can be archived and made available to the public so historians and others can mine the immense philosophical and historical riches given to humanity through the 4 Interpreters from the beginning to present of the Awareness Movement. This could be something on the order of the A.R.E. which was set up to archive the Edgar Cayce readings.

CAC is in no position to launch this project. Our present funding is barely enough to keep the newsletter coming on a regular basis. HOWEVER, with the magic of capital gains and the help of a few ANGELS who have held stocks and property a long time and have been wondering what to do with it in some manner that would serve humanity, we believe this project can be launched.

Think about it! ("How many have you served and how well?")

Grace 54, 1/15/99

REGARDING THE SITUATION AT C.A.C.**QUESTION:**

Awareness, we're here for the 54th session with Grace as Interpreter, January 15th, 1999. Does Awareness have an opening message?

COSMIC AWARENESS:

This Awareness indicates that a significant impact, a shifting of energies, likened to the alignment and gathering of enlightenment energies which has been encouraged and described over the previous year as the desirable step for humanity, has begun. What were the early stirrings of humanity, in their wondering whether or not life must be something more, in their spiritual frustrations of finding so much limitation within the physical experience, of their earnest and passionate searching, that such projections have rippled forth in unstated prayer for understanding and a higher degree of spiritual fulfillment, and have now begun to reach psychical fruition.

This has not only been experienced by the series of suddenly life-altering events, which have befallen the organization, but also has been experienced within many among the membership. For as upsetting and perhaps unsettling as these events might be, they are indeed very positive signs of the quickening, of life events which can offer certain insights and guidance. For each of the entities participating in this enterprise have successfully managed to infuse will energy to bring about a mass shift which accommodates the unique needs of all concerned.

This Awareness suggests that in the future, as you think of it, when fewer limitations exist within individual minds and within mass consciousness, it will not take such dramatic alterations within physical experience to guide humans upon their best course. The creation of the events which are necessary to satisfy certain spiritual frustrations are only necessary because the frustrations were allowed in the first place. When humanity has recovered its inner understanding and empowerment, the mind will set forth those specific events which are spiritually desirous, rather than being surprised by its very own creations which springs from undifferentiated, misunderstood or unrecognized, spiritual frustration. Yet, this is the present accepted state of human reality, wherein events seem to come from nowhere, or from good or bad forces, or deities; this is the current level of the utilization of will energy.

Rest assured, however, that this is but a very early step upon the path of mankind, a path which will ultimately lead to the awakening and recovery of the rightful human power. When the self-understanding and the reconnection to the voice of spirit becomes ever more present within mass consciousness, that there will be a corresponding quickening with equally dramatic turnabouts in misguided directions within individuals and within nations. Rest assured also, that the winds of this kind of change will bring lasting positive changes to the land and mindscape.

Fear Not When the Winds of Change Befall You

This Awareness suggests that entities experiencing certain upheavals in their own lives, who have begun to examine and reject certain painful realities and limitations, will most certainly invite such winds of change to visit upon them. Fear not, when such events befall you, for they will most certainly bring hidden opportunities to end much of your personal suffering, and they will do so in concert with the energies of those around you.

For example, this Awareness indicated the need for a balancing within the organization in response to the buildup of certain frustrations within the entities of this organization. Each entity had endured many frustrations and additional claims upon the time and energy toward the end of delivering the enlightenment upon humanity. A noble goal indeed, but one which does not require the life blood and health of its contributors.

For Grace, the experience of frustration in being the first to receive and translate these insights, of her frustration in answering to her spiritual urgings to honor the insights of this Awareness, to vigorously pursue this life work, to seek out additional outlets for this urgently needed human self-understanding, frustration due to the limitations of the traditional question and answer method and the lack of incremental sequential publication order of the readings as given, frustration due to the many demands upon her time and energy, many of which are far less spiritually valuable, yet necessary in the limiting world in which she finds herself.

For Vikki, the growing frustrations over increased workload and the diminishing coffers, coupled with a dedication which has left many of her personal needs taking a lower priority. All this compounded by the fears and concerns about the health of Avaton and of the organization itself, wondering about the life of CAC should Avaton make his transition.

For Strongbow, whose spirit calls him to share his visions with the world through his art, which interferes with his calling to this work. For Lady K, whose own responses to the Lessons have altered her courses at a time when her popularity is increasing. For other dedicated helpers and supports who are unsure how they are fitting into the new direction.

And of course, for Avaton, whose own energy commitment and adept response to the rapid changes in the focus and direction of the organization, concern for the shifts in the membership and his courageous attempts to satisfy entities at every level, his embracing the implications of such upon his life's work, the urgency of completing his mission, as well as juggling other more personal issues, all of which have kept him dancing to such a rapid pace that he has fallen in earthly exhaustion.

This Awareness suggests, however, that his health crises managed to bring about opportunities for each of the entities involved to find a higher degree of balance and more spiritual fulfillment. There can come from this event, experimentations with alternate ideas, alternate communication techniques, which can accommodate the changing needs of the organization, the members and the contributors. If each is to examine each emotional experience within this event, each can yield a wealth of valuable self-information that can arm them for further mental housekeeping. The simple organizational changes that have taken place, have opened the door to many of these further benefits. Creative brainstorming and expressions can allow for the entities involved to each contribute in ways which will streamline and accommodate each issue of concern. As mental limitations give way to self-development of the organization itself, there can be even further potentially rewarding refinements, and the resolving of concerns for future operations. The energy that has sped this mass event within CAC is the same energy that also creates many life-altering events within its members, and in the world at large.

No Coincidence These Changes are Happening

It is no coincidence that many entities are beginning to embrace the breadth of the *Lessons Of Enlightenment*

and experience certain changes in understanding and in life events. It is no coincidence, that movement is happening in many areas of their lives. It is no coincidence that many are experiencing reception of energies from this Awareness.

This Awareness suggests that these experiences will vary widely among members, it may be experienced as an increase in the sensory experience, the content or the memory of dreams. Or it may be experienced at a flood of creative inspiration in a moment of daydreaming or even a cascade of insight in the moments just after waking, or just before sleeping. Or it may be experienced as a sequence of unexpected and life altering events, such as that which has befallen this organization. This Awareness suggests that entities take close note of such experiences, for they are the stuff that enlightened self-understanding can bring, and they are also the stuff that leads to higher and higher levels of self awareness and ultimately to a direct and intimate relationship with Cosmic Awareness.

Because of the Lessons, Many are Experiencing New Levels

This Awareness indicates that there are also many who have been on a long-term pursuit of actively seeking self-understanding, and whose progress has been bolstered with the new information, who have been experimenting with and becoming acquainted with new levels of their own consciousness, taking meditative travels and seeking energy patterns through oracles and other intermediaries. Many such entities having begun to embrace the trinity of self, the voice of spirit between each aspect of self, have now found a missing piece of their own puzzle. Such entities have reported experiencing clairvoyance, clairaudience, visits to the Temple that take on a life of their own, suddenly finding meaning in synchronistic events, and even receiving impressions from this Awareness. Many congratulations are in order. For this is just as it should be.

This Awareness suggests that it is no coincidence that the sequence of events within this organization have brought about such rapid change, nor that members are responding and interacting in new ways, nor that there will be an ongoing continuation of designing a more fluid, flexible, responsive communicative system to accommodate these shifts. It is no coincidence that entities were prepared to understand the nature of fear before this shift in consciousness occurred to allow entities to become aware of the power of will energy and the message of emotion. It is no coincidence that now, entities are beginning to attune to self and to the spiritual connection to All That Is. It is no coincidence that it is occurring at the closing of the millennium, for this is the intended path of humanity, and one which they might finally be ready to embark upon.

This Awareness suggests that it is also no coincidence that many members have reported their experiences to CAC, and many have suggested including such impressions and sharing of experiences in the newsletter format. For this can be an excellent method to usher the self-understandings necessary, to hear the struggles and successes of others, to hear and evaluate the spiritual insights received. This Awareness suggests that entities do share and exchange information in this manner, that overall comments and reflections can be offered from this Awareness and the entities begin to test their inner intuitions and spiritual pathways, to share their experiences, the sudden "Ahah! Moments," and the message of the feelings that greeted each daily experience. This Awareness suggests that this type of communicative exchange can usher the final stage of intermediary access to this Awareness as entities can be guided through this channel toward their very own. This

Awareness then suggests the accommodation of this change within the evolving systems, along with the other changes, as well as a more attentive, expressive and responsive attunement to the individual frustrations while they are still minor enough to not warrant further dramatic personal or organization-wide mass events. We have completion.

SOME SUGGESTIONS BY CAC MEMBERS

QUESTION:

While we're are on the subject, I have several letters here that offer suggestions similar to what has just been given. I'd like to read some excerpts and ask Awareness to comment whether or not this is what is meant.

The first is from Linda Foster, in Honolulu Hawaii. She was responding to our idea about going to a monthly mailing. She states: "I'm in complete favor of a monthly newsletter. It's about time we start working on our own and got off the CAC tit. The whole point of CAC, it seems to me, is to learn how to tune into the Divine within and access info for ourselves. Besides, getting a newsletter out even once a month is still a lot of work."

The next related suggestion came in over the Internet from Dan O'Connell. He says "Here's an idea. You put out one more newsletter, tell everyone you are taking time off. Then have everyone become their own Awareness channel for a month, tuning into Awareness and asking questions, and keeping track of the answers they get, then sharing the results with CAC. This would be fodder for some great questions from Awareness through Grace, not to mention a boost people could get in their own abilities."

A third similar question, comes from J.D. in New York. She asks something a little different, but I think it's related to this issue. She asks: "Are the CAC readings intended to be a source of information for well into the future, or are they specific to the times given? Will it be of use to study them in the future, to archive them, or is their value and utility to become irrelevant as time—say decades---passes? Will the advancement of consciousness which they have promoted outstrip any further value for/to them?"

COSMIC AWARENESS:

This Awareness indicates that such suggestions and questions underscore the progress that has been attained, and do in fact relate directly to energy shifts described. It is indeed the goal of this and many such organizations to restore entities to that which is their rightful destiny, their very humanity, for without the connection to this Awareness, or more locally known as individual spirit, human life is something far less than the physical experience is intended to be.

This Awareness suggests that those who question their own dependency upon spiritual intermediaries, whether they be a regular dose of information from Cosmic Awareness Communications, whether they be from oracles, tarot interpretations, astrological readings, aliens, ascended masters, gurus or from any source assumed to come from beyond the realm of mass-consciousness, that this questioning springs from the spiritual insight that such intermediaries are not truly necessary. The spirits within these entities urge these questions and suggestions. More specifically it springs from the nagging *feeling* that entities can do such things on their own. Such has been the message from every master and spiritual counselor throughout human

history, that all answers *can* be found by looking within, by surrendering the self to the Divine.

This Awareness suggests that due to the continuing confusion over what is the self, mistaken but vastly popular ideas about self-sacrifice, the overlap and misassumptions about body, mind and spirit, and the lack of knowledge of the multiple purposes, entities have not known how to look within, for all they find is a seething pool of contradictions and conflicting impulses. The spiritual frustration which inevitably springs from this condition is felt far beyond space/time and many spirits are attempting to affect changes to the conditions upon the Earth which prevent humans from their rightful freedom and power. Such has been the case throughout the entire human experience. Entities have come, and to the degree that they have attained successful self-development of mind, to have escaped some of the normal pitfalls of limitations, and to the degree that they have expressed their spiritual inclinations outward unto the world, they have made progress at chipping away the rigid beliefs of mass consciousness. But such progress has been difficult indeed.

This Awareness suggests that now, with the delivery of the essential missing self-knowledge, entities have a beacon to guide them on the inward journey, so that they can replace the darkness of mental limitation with spiritual light. To understand the feeling signals of spirit is to finally have a method of evaluation so that purposeful changes can be made. Once the active responses have sufficiently altered the mindscape, the intuitive pathways to this Awareness will be far less impeded. At this point, insightful information that now passes through the mind unnoticed, or thought of as simple, mental chatter, will take on a very salient meaning, and it will be felt as such. For the almost constant buzzing of extraneous emotional signals that cloud and confuse the mind will no longer be in the way. Each will have done its job and pointed toward a limitation of the mind which it has knowingly and faithfully acted upon. Entities will easily see meaning in each event, the intuitive information will bring significance to the most minor of occurrences, and entities will know, from their spirit, exactly what it means and how to best respond to it to make the most progress upon the destiny path. The daily experience becomes an intriguing and exciting dramatic unfolding mystery, far more exciting than the dramas which now consume humanity.

This Awareness suggests that there are such entities upon the Earth at present, and it is a lonely solitary existence indeed, for they have far fewer entities to share and describe experiences. Others think them to be off kilter or crazy, to think that there could be significance in such mundane events, when the aware, sensitive, enlightened spirits, know them to have altered their very course. An open forum for entities at every level of understanding can be a lifeline.

This Awareness suggests that many entities do not know what enlightenment actually means, or what can come from such reunion between self aspects, and the logical outcome of following the direction of spirit. There have been so many colorful and detailed descriptions of heaven, the rapture, nirvana and other such lofty situations to which humans aspire, that the magic of the moment and the creativity evidenced therein escapes the notice.

It will not be any dramatic visitation of angels, rescuing the lesser, suffering humans lambs, lifting them up to where they belong, to be attended and fawned upon, perhaps being fed grapes as they lounge about in the

joyous light. This would be an empty boring experience, for humans are not lesser, they are divine, and endowed with the ability and urges to lift themselves, to design life courses, to design very worlds and to participate in the designing of universes. There is no separation between any aspect of spirit, and the creative power is as close as one's nose. It is only to awaken and recognize that a nose is indeed far more than a nose.

How to Abdicate Free Will and Personal Power

This Awareness indicates that the goal of all information gleaned from universal consciousness is, just as suspected by this entity, to lead humans to discover and enjoy their own power, not to benefit as underlings subjugating themselves and giving away their power to others. To ask someone else to interpret one's life experience, to give them the knowledge to live by, is to abdicate free will and personal power. For each level of self-understanding will respond to a different type of information and symbolism at particular points of the evolution of consciousness. The same information can take on alternate meanings from different levels of abstract understanding, as the trinity of self comes together. Thus, all information has value either as a temporary or lasting mental tool. As the mind is further refined, those beliefs and knowledge that remain, even with the daily scrutiny of developmental responses to emotional signals, will be those that entities now seek as ultimate truths from external sources. And such will be tailored precisely to the dictates of the individual spirit. Such a mind is the pinnacle of successful application of free will, and the daily experience it creates will be far more joyous and fulfilling than humans might even dare to dream.

This Awareness suggests that the value of any information delivered from this Awareness, or any other esoteric source, will relate directly to its level of success in delivering inner self-knowledge and removing any obstacles from mass consciousness. Indeed, there are many popular religious tenets and writings now saved and reverently displayed which reinforce limitation rather than remove it.

This Awareness suggests that at this juncture of history, humans are beginning to recognize the nature of information in general. That knowledge in the physical realm is relative, just as is time. Any and every type of knowledge can be created—and be equally valid in the mind of man. The healing power of shamanism and voodoo can be every bit as effective as modern AMA medicine when minds are sculpted with such belief structures, free of conflict, and aligned with the inclinations of spirit. This is part of the beauty of the human creative power. This lesson sits at the edge of human consciousness, yet its lack of reception effects them profoundly every day. Most are not aware of how the flexible nature of knowledge mirrors the power of free will. Entities are intended to choose local truths as they would choose clothing styles, yet the only catch is that they be *consistent* within their own minds free from conflict in how they are to approach the world.

This Awareness suggests that the technological information explosion, wherein televisions and computers bring information from all over the world into the homes of entities, that this lesson can no longer be avoided. That the arguing over who is right and who is wrong in the leadership of the free world is evidence that this lesson can no longer be avoided. For no cooperative consensus can emerge if every one insists that their knowledge be the one and only. This was the message in the mass fear created by those who would plot to force their limited and disempowering "new world order." For no such consensus can never be

successfully set forth that does not include the accommodation of individually chosen and created knowledge.

Nothing or Everything is Inherently True

This Awareness suggests that entities should now be able to understand that they can go to any information source they choose and live by that information. Whether they choose to go to a specific religion, a specific political party, a specific philosophy, whether they find it in a library, a university, a lecture hall, a mountaintop, or on the world-wide web, they will be confronted with a body of specific information. To surf between such bodies of information should readily bring home the message that nothing or everything is inherently true. One will most likely decide, where to hang their intellectual hat of belief, depending upon what is already existing within the mind.

What You Believe to be True Will Become Your Reality

This Awareness indicates that one can readily ascertain how well the contents of mind are working by observing the daily life events. What they believe to be true, what they hold as knowledge and beliefs, will become their reality, for the mind creates a reality based upon its exact contents. Nothing more, and nothing less. For the system assumes the mind will be consciously and willfully designed to the specifications of spirit. The feeling signals from daily events shout out the conflicts and the need for a sorting through and precise evaluation of the mind's contents. Yet its message remains unheeded.

This Awareness suggests that the information era will bring the undeniable insight that some sort of higher evaluative mechanism is necessary to steer humans through the ever-growing pile of Earthly knowledge. There will be a trend in educational systems to teach methods of meaningful *evaluation* and reasonable *selection* of available facts, rather than the previous method of instilling, cramming, the local facts into the hapless human receptacle.

This Awareness suggests that this technological information explosion is but one of many critical events at the close of the millennium which are leading entities to find the *inner evaluative voice of spirit*. This is the crucial first step toward redesigning the mindscape, depending solely upon the guidance of spirit. To decide what and what not to believe, depending upon the feeling signals which ensure that mind is choosing that which complements the needs and purposes of body, so that the spirit can express in the broadest physical arenas. Without this guidance, individual minds now contain a conflicting mish-mash of all sorts of confusing knowledge which creates spiritual frustration, a chaotic and meaningless reality, and ensures that any progress will be labored, and life will be stressful, painful and meaningless. Entities cannot even begin to awaken to their true potential when the mind is so cluttered and its will energy so misdirected.

This Awareness suggests that the answer to the question regarding the ongoing value of information offered through this---or any---source lies in its ability to help humans to discover that which needs to be removed or altered within the mindscape. For the correct interpretation of the feeling signals, will be the guide out of the darkness and into the light, not necessarily the information itself. With the self understandings of the purpose and features of body, mind and spirit, their messages take on a specific meaning and direct a specific action response in each and every situation where emotion is experienced.

The Three Levels the Feeling Signals Lead to

At the first level, they lead unfailingly toward the body's purpose of self-preservation, wherein each of the innate needs is honored and actively accommodated in the life choices. At the second level, they lead unfailingly to the mind's purpose of self-development, where the mind chooses information and constantly adapts in ways that allow the first level purpose to be met. At the third and final level, the feeling signals lead unfailingly to the highest purposes of spirit--self-expression--wherein each creative insight is expressed outwardly in the broadest arena of environments, in full cooperation and connection with other spirits doing the same. Humans do not begin to recognize or attain their own humanity until they are guided by the voice of spirit.

This Awareness suggests that now, in the context of what must be done to facilitate this self-discovery within entities of the CAC community, a most useful activity would be the sharing of experiences and the close attention to the emotional signals which occur. Such contributions could well be accommodated within the newsletter format, with commentary through the interpreter Grace, as well as that of the Editor. This Awareness has offered a great deal of useful information---all of which should be protected, preserved, and revisited over the years.

Many interpretations offered highly symbolic information needed to address and work within current levels of self-understanding and to circumnavigate huge obstacles within mass consciousness. Interpreters came forth with specific focuses and tasks to do and each has its place upon the path to opening the inner channel within each entity. Each can offer additional self understanding to entities at all levels of progress. For the desired state of self-understanding is far removed from the common one and it indeed would take huge, nearly impossible leaps to get there in one fell swoop.

The Value of Any Piece of Information is Self-Discovery

This Awareness suggests the face value of any piece of information, of course, is the level of self-discovery that it can offer. Entities are in fact encouraged to revisit such offerings, and to go forth and collect many more from many sources. But when pondering each, the true value will be in attending each emotional signal the information elicits.

This Awareness suggests that this feeling experience will be tailored exactly to one's existing mindscape and an excellent tool toward refining and purposefully selecting the mind's contents. Any negative emotion will most certainly point to a conflict or limitation, that the mind must then find and correct. Any positive emotions will lead toward that which will enlighten and empower the mind. If entities are then to act upon the signals within each of the purposes, tremendous progress can take place. Light responses, spiritual expressions of creative insight shared in the world among loving others, are the stuff of evolution itself. This Awareness welcomes and encourages these exchanges of light, of stories and life's occurrences, of shifts in consciousness, of noting the significance within formerly insignificant events, of successfully creating events, or making sense of the unwelcome ones. All such contributions which note progress can all tremendously help others grasp and apply the meanings of the insights from this Awareness.

Members Having Insights Should Contact CAC

This Awareness suggests that at this time CAC need not necessarily close shop and turn lose the members to become channels, for such is a daunting challenge when so much progress is yet to be made. But the suggestion of members offering insights received from inner

sources is most enlightened. Anyone feeling the urge to express such insights, who recognizes this as the urging of their inner spirit, are highly encouraged to become active contributors to this process. CAC need no longer be a one-way voice, yet can facilitate the communicative interaction of the growing community of enlightened ones. Other group activities can grow from these early interactive beginnings that can dramatically alter the mass consciousness.

Such can further turn the tide of misdirected will energy and expand the enlightenment outward in concentric circles. Thus, entities are now encouraged to reflect upon and report for the sharing with others, anything motivated by a spiritual urging. It can include those experiences and life events which have come with the most emotional impact, and the interpretations and action that were chosen in response, or any intuitive insights they begin to receive within their broadening spiritual channels.

This Awareness suggests, however, that entities need not feel overly challenged to come up with insights and wisdom, for without first clearing the mind of its conflicts, the mind cannot hope to see that which it is now distracted from. It will be of the most use to exchange accounts of experiences, feelings and insights which have helped instill the self-knowledge contained in the Lessons. Accountings of experiences wherein the purposes of body have been pitted against those of mind and vice versa; discoveries of driving needs which have gone unsatisfied and the reactions they motivated, from overeating to drug addiction, and how new strategies replaced former limitations; brutal realities created which forced changes, and how the mind was dragged along; how deadly habits have effected the life experiences, etc. All such human occurrences are common and can be of tremendous value in allowing humans to see and take control of the dynamic forces at work in their lives.

Entities are encouraged to be creative, tolerant and compassionate and to enjoy good humor in the pursuit of life's understandings, for when entities begin to comprehend their own power, hearty spirits cannot help but laugh at their former ignorance. No judgments shall be cast upon those who share, for indeed, such expressions offer their own reward. And humans who courageously allow their spirit to guide them shall be those that alter the very course of humanity. We have completion.

THE PHOTON BELT CONTRADICTION

QUESTION:

Another question from J.D., which I think also echoes the concerns of some others, relating to this information discussion. She asks: "Did not Cosmic Awareness repeatedly refer to the "photon belt" as a valid reality, and then later discount the entire concept as having no substance? If so, please explain how this contradiction occurred?"

COSMIC AWARENESS:

This Awareness suggests this is indeed an excellent example of the nature of information, the nature of knowledge, the nature of reality, and the opportunity to resolve illusory contradictions. Most of which relate to the urgent necessity for entities to take "backward steps" in their concepts of reality, of information, and of life in general, to correct the problem of putting the Cosmic cart before the horse. For reaching forth into the darkness for universal understandings without first a foundational self-understanding will forever relegate humans to disempowerment and reliance upon external

versions of truth and reality. When within the light of self-understanding, entities honor the spiritual validity, the inner pathway that they are intended to follow, to shed light upon darkness in individual pursuit of universal understandings, and that there is far more individual participation in the creation of the path than is now suspected.

This Awareness suggests that the photon belt is one such example of how information has different value and meaning at different levels of understanding. When the individual mind is steeped with limitation, when belief systems all but close off other options of thought and action, and entities are disempowered and in fear, this spiritual frustration that results moves misdirected will energy into creating realities which seek to remove the limitations.

The first information to come out regarding the physical manifestation of a celestial occurrence known now as the photon belt, came at a time of critical mass within the mind of man. Wherein the fear energy and apathetic lack of human expressions to bring about change from within, set forth a group prayer of sorts, an energized need, an unconscious request for external intervention.

This Awareness indicates that all such energized expressions reap a physical effect, for such is the nature of creative will power. It matters not whether they are conscious, *purposeful* creative visualizations set forth through daily meditations suggested, for that which the spirit desires to have made physical, energizes through joyous loving emotional will energy, and is accommodated by evolving mental landscapes. Or whether it is the venting of angers and fears and other emotional signals left unanswered, going forth and creating that which exists in any individual or mass mind, complete with its limitations, conflicting directives and slivers which initially signaled the feelings. The creative will energy never simply dissipates since humans do not know yet how to apply it, it goes forth, creating exactly as it its told by mind. Using the self-knowledge, the emotional signals from the events that have been created, each point to the minds conflicts so that purposeful self development and expression can occur. The meaning almost always escapes human notice, unless the specific self understandings now offered are embraced.

The Nature of Mass-Consciousness and Mass Events

This Awareness suggests that this pattern occurs not only within individual minds and individual lives, but it occurs en mass. The will energy from interconnected entities goes into the creation of common events, that also feed back exactly that which is held within that collection of minds. Complete with the same emotional symptoms as experienced by individuals but at a social, collective level, such is the nature of mass consciousness and mass events. Entities can learn significantly from mass events as they do from those they create in their individual lives, yet the corrective expression must be set forth if mass consciousness is to evolve.

This Awareness indicates that throughout history many mass events, social, and geological have occurred due to the collective spiritual frustration within a given civilization. Such events reflect the frustration and offer the opportunity for entities to accurately interpret and act upon that which they have created. Yet, until the clear understanding of the innate spiritual guidance is attained, this cycle will continue. The psychological creations will appear as if they are coming from some other source rather than from the individual Earthly spirits. Scientists who observe the physical world, the universe and seek to know its mysteries, will offer knowledge

commensurate only with their level of self-understanding. The inter-workings and celestial events of the universe take on almost no significant or potentially valid meaning within the framework of understanding at this time, yet with the cart properly following the horse, they can be powerfully enlightening.

This Awareness suggests that when humans do not recognize their own creations, the further spiritual frustration creates mass events which reflect the current level of mass understandings. A powerful belief that humans are disempowered, energized by the spiritual frustration of the universal need for power and control, will bring a mass event which serves to liberate them. Such is the case with the photon belt phenomena. When scientists perceive a change in the universe, humans will then interpret that change based upon the existing mental framework.

When Paul Shockley Focused on the Photon Belt

This Awareness indicates that at the time of this event, the predominate energies were fear and disempowerment, but on the verge of readiness for the coming self-understanding. The physical validity of a celestial change, brought forth a specific symbolic meaning, reflective of the conflict which gripped humanity. It was first interpreted through the interpreter Paul Shockley, described as a physical event, wherein its significance as a form of supernatural intervention whereby either light or dark forces would propel humanity in a particular direction. Such was an accurate reflection of the two conflicting energies building within humanity, wherein the spiritual forces urging toward meaning, hope, love, cooperation and human empowerment, were nearly equally balanced by those of chaos, fear, hate, mistrust, competition, and human enslavement. The emphasis was placed upon the physical nature of the event and how it could effect physical changes upon humanity outside of their individual efforts, for this was his specific focus and task.

This Awareness suggests that when energies were of sufficient levels to break through the density, and allow the missing pieces of self-understanding to be received, this marked the shift in energy toward the path of enlightenment. In the context of the rightful creative capacities and empowerment of humanity, this former interpretation gave way to the more symbolic meaning of this physical event which likened the intervention to come from within, through natural human intervention, and not from external, supernatural intervention. Both interpretations reflected the potential "knowledge" of their time. The greatest significance is in the shift that has been achieved, for it is of earthshaking proportion, for humanity to have elevated itself to the point where those first few are finally successful in grasping the awaiting self-knowledge that is fundamental to all human progress, and the rightful placing of the horse.

Photon Belt Likened to the Supernatural Intervention of Christ

This Awareness suggests that this event can be likened to a similar event wherein the Christ entity as a physical and symbolic manifestation of supernatural intervention to place humans back upon their intended divine path. This entity was destined to deliver the self-knowledge that is only now beginning to enter human consciousness, for the level of belief in human disempowerment was also at a peak level nearly two thousand years ago. His arrival answered the group prayer of spiritual frustration and made a significant enough impact to alter the emerging negative trend, to instill the message that all lies within, to surrender to self, to cooperate and to love one another, all spiritually desirous goals. But over time, most of his original message was lost.

This Awareness suggests that, specifically, several gospels were strategically omitted from the biblical teaching carried forth, omitted due to power-seeking entities whose mindscapes reflected the lack of "readiness" to accept individual divinity, rightful empowerment, and the naturally ordained gift of free will. Had the gospel of Thomas become a favored rather than historically rejected doctrine, the self-understandings might have been more readily infused into mass consciousness, and the resulting centuries of further confusion might never have been necessary. For they pointed the way toward the spiritual voice within, yet, later, those who would dare to make their own choices about what to think would be reviled as heretics.

This Awareness suggests that the photon belt is indeed a physical manifestation, but one which cannot be viewed as separate from the symbolic challenges facing humanity, for their role in the creation of the universe cannot yet be accurately embraced. We have completion.

^{NOT} "IT IS BETTER TO KNOW THAN TO KNOW AND NOT DO"

A question from Lora G., she asks "It has been biblically stated that 'It is better to not know, than to know and not do!' From a religious standpoint, this admonition has been stressed, indicating that man is in dire peril of his spiritual self survival, should he/she fail to live the knowledge he has been inculcated with. Would Awareness please comment on this."

COSMIC AWARENESS:

This Awareness suggests that the spiritual relevance of this biblical passage relates to the human purposes of mind and spirit, but like many such existing tenets it reflects this distortion and limitations of humanity's lack of self-understanding. The second clause is where the benefit lies in this passage, for it indicates the valid need for spiritual expression of that which the mind holds. However, with consideration to the logical rules of response to emotional signals, it should be apparent that not all expressions of every content of mind, are necessary or desirous, particularly those that seek to establish or maintain mental boundaries or judgments. Many expressions of what is on someone's mind, if accurate attention is paid to the emotional signals, are set forth due to the misunderstanding that the correct response is a mental learning experience, a right response, a change to the mind before any further expression occurs.

This Awareness suggests that this passage's valid contribution is to instill the understanding that humans have the responsibility to act which comes along with their creative free will. For one to sit at the sidelines, smug within their own superiority and knowledge of virtually everything, but to cease to apply it actively within their own lives, or to contribute that knowledge through active expressions, is no more effective than one who sits at the sidelines because they are completely lacking in such knowledge. The more accurate meaning of this passage might be expressed as: It is the same as not to know, as to know and not do.

We have completion.

VISIT THE TEMPLE OF LIGHT IN YOUR DAILY MEDITATIONS

Deposit your energy in this cosmic Bank. Withdraw it when needed for healing or personal use. Keep in touch with CAC when you start getting results!

MORE TAPES NOW AVAILABLE

CAC Has inherited the tape library of a famous mail-order company which specialized in nocturnal education (sleep-learning), Self-Improvement, Personality Integration, Hypnosis, Self-Hypnosis, Autosuggestion. Language Courses, New-Age, Psychic and Mystical Courses, Plus many others. To see if there is any interest by the membership in these tapes, we are offering them for a minimum \$5.00 donation each. Here is a sample:

From the Stanford Library of Self-Improvement Tapes:

1. Deep Relaxation
2. Health Improvement
3. Memory Development
4. Will Power
5. Personality Development
6. Self-Confidence
7. Vital Energy
8. You Can!
9. Self-Motivation
10. The Power of Praise and Appreciation
11. Financial Success
12. Self-Mastery
13. Weight Reduction
14. Restful Sleep
15. Stop Smoking
16. The Timetable to Success
17. Dynamics of Positive Thinking
18. Dynamic Leadership
19. Mental Order and Completion
20. Don't Let the Past Destroy the Future
21. The Power to Overcome Discouragement
22. Mental Order and Completion

EACH TAPE 2 SIDES OF 60 MINUTE CASSETTE TAPES

The affirmations on these tapes are repeated several times. They are designed for use in the meditative or light sleep state. PLEASE ORDER BY NUMBER.

SAMPLE MISCELLENIOUS TAPES:

23. RAPID HYPNOSIS INDUCTION TAPE #1 (For hypnotizing others)
24. RAPID HYPNOSIS INDUCTION TAPE #2 (For Self-Hypnosis)
25. HYPNOTIC RAIN TAPE (actual sound of falling rain)
26. METRONOME HYPNOSIS
27. HOW TO STOP SMOKING BY SELF-HYPNOSIS
28. HOW TO STOP DRINKING BY SELF-HYPNOSIS
29. HOW TO OVERCOME FEAR OF DENTISTRY BY SELF-HYPNOSIS
30. HOW TO STOP INSOMNIA BY SELF-HYPNOSIS
31. How to Develop ESP
32. How to Communicate With Our Spirit Friends
33. How to Foretell Your Future
34. The Laughing Tape (For parties. Guaranteed to break you up!
35. The Chicken Tape (Hilarious tape of crowing and cackling chickens)
36. Sexual Harmony Course
37. How to Satisfy Your Wife
38. The Facts of Love and Life for Teenage Boys
39. Speed Reading Made Easy
40. How to Touch Type
41. Reduce Through Listening
42. How to Improve Your Vocabulary and Speech
43. Spelling Tape (700 of most common misspelled words)
44. A Powerful Vocabulary in 30 Nights
45. How to Develop Your Breasts

COSMIC AWARENESS TAPES RECORDED BY REV. ROBERT HANZEL

1. Miraculous Healing
2. "Spiritual Magek"
3. Enlightenment Exercises
4. Experiencing Eternity (Eternal Now Meditation)
5. The Cosmic Awareness Personal and Planetary Visualization for Peace
6. World Healing Kahuna Blessing Ritual & Meditation
7. Lessons of Enlightenment—Intro & Lesson Alpha 1
8. Becoming One With the Divine Creator
9. That Ageless Tape
10. That Bliss Tape
11. Network of Light Meditation
12. Introspective Thinking, Meditation of the Lotus and Meditation of Disappearance
13. Perfect State of Being & (B) That Relaxation Tape
14. Meditation of the Clock
15. Meditation of the Temple
16. What is God?
17. Concept of Salvation

REMEMBER ALL TAPES ARE \$5 EACH (Minimum donation). No room for an order form on this page, so please just list them by number on a separate sheet and mail to Vikki. Many thanks! Also, please add \$1.50 per total order for postage and handling.

Since we have two sets of tapes with the same numbers, please indicate "RH" before the Robert Hanzel tapes. Thank you.

January 10, 1999

Hi Gang! I'm still alive and am beginning to get some of my old energy back, but not enough yet to get back into full swing. I go to the shop every day but mainly just read and answer mail and catch up on my reading plus a bit of computer editing for future newsletters. The docs don't really know what caused the problem. Evidently, I have a big heart, a term meaning really big (physically), caused by edema which has made my heart unable to pump its full volume of blood. As a result I am on a bunch of high-powered AMA drugs, some of which make me dizzy and sleepy with loss of appetite. With the help of Vikki and Dr. Shahbaz, I am slowly getting weaned from these high dollar pills and substituting natural herbal stuff that do the same thing but with not the lethal and damaging potential.

Breaking away from these hard prescription drugs is causing conflict within my family, most of whom have never believed in natural remedies and believe every word of the local doctor is the gospel truth. Vikki, however, has received 40 pages from Dr. Shahbaz documenting the negative effects of these drugs and sending this info to the dissenters.

Anyway, I am confident I am going to be healed of this problem and wish to thank all of you who are putting me in your prayers, sending me love and light in your meditations and all those letters and get-well cards. I deeply appreciate this and hope that you can continue to keep me in your prayers. I am not out of the woods yet. I must continue to take it very easy for at least the next four months.

Vikki, as expected, is simply amazing. She is making doubly sure I avoid stress of any kind. She even drives her car down the long steep driveway so I won't have to walk up it. I tried several times but it took me 15 minutes and left me gasping for breath.

She insisted I teach her how to run the printing press. I did. She personally printed every single page of this mailing, this in addition to collating, stapling, folding, stuffing and sealing it.

We have decided to go to a once a month mailing, as many of you suggested, for the immediate future. This will not only help conserve our energies but will reduce postage costs. Again, a million thanks for your support during this trying time. May the good Lord bless and keep you!

Sincerely,
Avaton

NEW SITCHIN BOOK NOW AVAILABLE-----"THE COSMIC CODE"

Biblical scholar Zecharia Sitchin reveals the nature of prophecy and the secret code that links mankind to the stars in his latest book THE COSMIC CODE, VOLUME 6 in the acclaimed Earth Chronicles series. In this book, Sitchin explains how thousands of years ago, a race of extraordinary visitors to Earth deciphered what he calls the cosmic code and used genetic engineering to bring about Homo sapiens. He also reveals the identity of the master builders who constructed the platform of the Holy Temple, the Landing Place in Baalbek and the platform on which the Great Pyramid of Giza still stands. In THE COSMIC CODE, Sitchin chronicles mankind's spiritual journey and quest for truth throughout history.

CAC has just received a good stock of this book: Price: \$6.99 plus \$1.50 postage and handling. Please send your order to Vikki T. at CAC, PO Box 115, Olympia, WA 98507. Thank you!