

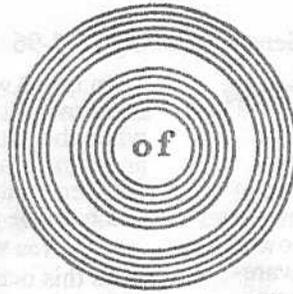
# Revelations

The Cosmic Newsletter

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# Awareness

COSMIC AWARENESS COMMUNICATIONS

P.O. Box 115, Olympia, Washington 98507

Helping People Become Aware

*Celebrating our 29<sup>th</sup> Year!*

2000-1

Issue No. 523

\$3.00

*Welcome to the 21<sup>st</sup> Century!*

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## COSMIC AWARENESS GIVES FURTHER DEFINITION OF ITSELF

OPENING MESSAGE: (11/7/96) Paul Shockley, Interpreter

This Awareness wishes to give further definition of Itself. This is for the purpose of helping entities to better understand how to perceive, how to recognize, how to have a relationship with this Awareness. This Awareness wishes to remind you of things that have come through this channel, and earlier channels such as the entity Dr. Ralph Duby and David Worcester. This Awareness indicates that these entities having given certain description of this Awareness in the past, did help to clarify, but some of these clarifications did not seem to stick.

### When Dr. Ralph Duby First Contacted Cosmic Awareness

This Awareness indicates that when the entity Dr. Duby first contacted this Awareness, there was a statement given by this Frequency or Vibration when asked, "Who is speaking?" this Awareness stated that "this is that pool of consciousness, that anyone can contact if they go deep enough within themselves." This Awareness indicates that was a definition of what this Awareness is. Somehow, between then and more recent times, many of the entities have perceived this Awareness as some kind of personified deity that is "up there in the sky," attempting to get people to do something, but unwilling to do anything of *Its* own to help them in their efforts.

### Why Doesn't Awareness Shower Light Workers With Money?

This Awareness wishes to elaborate on this concern, because it is something that many entities have asked about over the years: "Why doesn't Awareness give us the money we need to be able to do our job as Light Workers?" This Awareness indicates it is a kind of thing a child would ask: "When daddy wants me to do something that costs me lots of money, why doesn't he give me the money so that I can do it for him?" This Awareness indicates it is a reasonable question, particularly for a child who understands what daddy is.

It is not a reasonable question for entities if they truly understand what this Awareness is. You will recall also that this Awareness indicated previously: "You are the arms and legs of this Awareness; you are the feet and hands of this Awareness." This Awareness suggests that the implication being that this Awareness is not able to walk, lift, handle things, or move around in an animated manner the way a human body moves around, except through *Its* creation in the form of bodies that have arms, legs and hands.

### If Awareness Just "Sits There" Then How Can It Help Us?

This Awareness indicates that as a pool of consciousness, and as indicated yesterday, *It* just sits there. Someone might ask then: "What does *It* do if *It* just sits there? How can *It* be of any help to us at all? This Awareness reminds you that *It* permeates everything. This pool of consciousness permeates everything in Creation, and this pool of consciousness does have certain qualities in *Its* make-up. *It* is aware, *It* is vibrating, and *It* is alive and is able to give life to those things with which *It* is in communication with, or with which *It* vibrates in synch with.

This Awareness indicates that in other words, if entities can attune to the pool of consciousness, then when they ask for something, through that attunement they are more likely to get it than if they simply step back, attune to something that is less endowed with the pool of consciousness and lament to the pool of consciousness from a distance (the creation of a distance is that which they themselves make) and if they separate themselves

from this Awareness and then ask, "Help me! Help me! Help me!" it is not going to be nearly as effective as when they attune to this Awareness and forget the 'me' and simply absorb the energies of the frequencies of this Awareness as part of themselves, and forget the self, and become reflections of this Awareness.

### You Will be Given What Your Ministry Requires

As this occurs, those things that are necessary for their expression, or what may be termed their 'ministry' as reflectors of this Awareness, will be given them. They will be endowed with that which they need to serve. They may not be endowed with that which they want as a self, as a separate individual, as a unique person separated from this Awareness, but they *will* be endowed with that which they need in order to serve the ministry they have attuned to.

### The More Attuned You Are, the Better Your Health

This Awareness indicates the same goes for their health. The more they are attuned to this Awareness, the more capable they are of receiving the vibrations, the frequency that promotes good health. This Awareness indicates that in some ways it would be better for entities not to have an Interpreter in between, because they would then be more likely, more required from necessity to attune to this Awareness themselves.

This Awareness indicates that as long as you have someone in between interpreting for you, then you can argue that the messenger or the medium is to blame, and you have not received what you wanted because the medium or the Interpreter was not accurately doing his or her job, and did not bring forth that which you requested.

It is the role of playing the king or queen, with the messenger being between you and the deity that you seek blessings from, and expecting that the deity is supposed to obey your kingly commands, and if it does not obey, then the messenger is to blame, or the deity simply doesn't work or doesn't do anything for you, and then of course you can lament that things are not the way they *should* be.

### What Is

This Awareness indicates that this is the attitude of one who sees themselves as some type of divine King or Queen in his or her role, demanding that the deity provide according the way a deity **SHOULD** provide. This Awareness indicates that *It* wishes entities to understand What Is, for What Is, *Is*, regardless of what they think should be, and What Is, *Is* that this Awareness is a *pool of frequency*, the *vibration* that permeates all things in the universe.

### Some Entities Separate Themselves From the Frequency

This Awareness indicates there are some things that on their own, by themselves, through their own will, separate themselves from the vibration, from the frequency, and vibrate at a different frequency, and the frequency that they could use to attune to the Divine Creator is *always* present, but they have turned their frequency to a different channel, something that they have decided on, and they do not vibrate to the frequency of the Divine Creator, but rather they perceive themselves to be something different.

### David Worcester Spoke of the Separateness of the Rhyee

They like to be different, and they play the role of a totally different and unique being. This Awareness indicates in the readings of David Worcester, he referred to this as 'the separateness of the Rhyee;' that Rhyee separated from the Godhead; in other words, Rhyee was the consciousness that tuned to a different frequency in order to have a uniqueness of his own, and separated from the frequency of Divine Consciousness, and in that

separation, there was the Fall of Man; 'man' being the same word in Sanskrit as 'mind' or 'consciousness;' and the Fall of Consciousness came about from the separation of the frequency away from the frequency of the Divine.

#### How Many Entities Fall From Grace

Remember, the Divine Frequency is that of love, is that of Divinity and is that of Life, and when entities separate from Divinity and Life and Love, they separate from the Divine Creator. They may choose something a little lower on the scale that gives them a sense of uniqueness and individuality, and this Awareness indicates thus the Fall of Man, or the Fall of Mind, or the Fall of Consciousness has something of interest to many entities, and many of these entities fall from grace in this manner, and some fall great distances.

#### The "Self Importance" of the Dark Force or Lucifer

Then they fall into a very deep and much lower frequency or vibration and in so doing, they attune to a feeling of self-importance, and thus, the Dark Force which has been labeled Lucifer, or which has been labeled as Satan, or whatever, may be just another aspect of the Divine Creation or the Divine Frequency that has slowed to a near-standstill of lower vibration that has a great sense of self, and exaggerated sense of self, or self-importance.

It is still part of the Godhead, but it has voluntarily and willfully separated itself from the Godhead in order to be unique. It is a reflection of the Godhead, reflected into some kind of vortex that makes it smaller and more condensed and more defined as a self, a separate point in the mosaic of the Creation.

#### Lucifer is Symbolic of the Mind, not of Consciousness

This Awareness indicates this is also what has been termed 'mind'. *It* has also indicated in readings in the past that Lucifer is simply representative of the mind. *It* is symbolic of the mind. This is not the same as consciousness. Consciousness has to do with expanded mentality or expanded awareness, whereas mind has to do with a focal point, a condensed action of the consciousness.

This Awareness has also described that when one wants to attune to this Awareness, they must first put aside mind, emotion and feeling. *It* has also explained that mind is the mineral state. Mind has to do with a point of focus. This is why *It* is calling it a 'mineral'. A mineral is but a small point of focus, and mineral also as a symbol of the mind, represents that selfness. *It* is condensed self into a point, the same as the concept of Lucifer.

If you can perceive a universe that is filled with ever-expanding consciousness, and then imagine some kind of reflector that condenses that ever-expanding consciousness through a lens, and puts it into a point in the same way that a magnifying glass can condense light into a point in order to start a flame on the other side of the magnifying glass, by focusing the light into a point--this is much the same as that action of Lucifer. The word 'Lucifer' means 'Light'. Condensing the Light of the Divine into a point in which that Light might even be brighter and more focused and more condensed, but the purpose being to gain some kind of power from that focused Light and putting that focused Light into a point can cause a disruption or destruction to the Creation on which *It* focuses.

#### Little Focal Points of Luciferian Light Running Around

This Awareness indicates that what then does the Light from whence this focal energy comes, do? Does *It* compete and say, "Oh! I can focus Light better than that?" or does *It* simply continue being what *It* is? There

are many who are running around as little focal points of Luciferian Light, trying to figure out how to get more out of the cosmic energies so that they can shine brighter than this other person who makes more money than they, or who has more power than they.

This Awareness indicates these little focal points of Light or self, may even ask: "Cosmic Awareness, please help me; I am so weak! I have tried so hard to be strong, but I can't seem to do it, and look at what all these others do! They are so much more rewarded than I. They have taken the Light of the Divine and put *It* into bright focal points where they can have immense power. Why can't I have that kind of power? You are so unfair to me?"

#### Awareness Won't Feed the Luciferian Desires of Those who Whine

This Awareness indicates that this is essentially the problem that many entities see when they think in terms of a Divine Creator; that the Divine Creator is ignoring them or fails to work properly with them. This Awareness indicates what *It* is doing, is, *It* is not feeding their Luciferian desires, and they are very upset about that. They want the power of self. They want the glory of self, but they can't seem to get it on their own, nor can they seem to get this Awareness to hand it to them on a platter.

#### \$100 Luciferian Dollars for Instant Enlightenment

One entity sent a letter to the Interpreter once wanting a reading, and said: "I want a reading in which I want the Awareness to give me enlightenment. I want enlightenment and I want it Now!, and I don't want to have to work for it! For that, I am enclosing 100 dollars!" This Awareness indicates the entity thought that for 100 Luciferian dollars, this Awareness was supposed to give him ultimate enlightenment without him having to do anything for the enlightenment.

If he had the enlightenment, what would it mean to him? What would it do for him? This Awareness indicates what does he mean by 'enlightenment?' He apparently thought that somehow it would empower him more greatly and that it was worth 100 dollars to be more greatly empowered with some kind of spiritual enlightenment.

This Awareness indicates that these are things that people do because they simply do not understand the concept of the Divine Creator. They do not understand that *It* is a frequency, a vibration. Would you take your radio, or your television set to the repair shop because it does not give them all of the information they want on one certain channel? Would you think that the frequency that works for all channels should be the same? Or do you not understand that there is a manner by which entities can turn and choose the frequency in to which they wish to indulge?

#### Like a Radio, Entities Can Attune to Different Frequencies

The frequencies on your radio allow you to select different channels for different things, for different programs, for different kinds of entertainment and information. You don't expect one frequency to provide everything. This Awareness indicates it is the same with this Awareness. *It* has a frequency that creates the other frequencies, and entities can attune to these various frequencies, but you cannot stay in one frequency and observe all the other frequencies simultaneously, unless you have different radios tuned to different channels in the same room so that you can hear them all at once.

This Awareness indicates that since you, as an individual are not able to select more than one frequency at a time, you are not like a group of radios. You might be one of many in a crowd who could perhaps all be tuned

to different frequencies, but you as an individual have to select the frequency to which you attune yourself.

#### If You Want to Attune to Awareness YOU Must Do It!

If you wish this Awareness to do something for you, then you must attune to this Awareness. You can't send someone out there to have that person tune to this Awareness in your behalf. That person can only report back what he or she perceives while attuned to the Awareness and give you that information in a reflection of his or her perception.

#### How various Entities Attune to Cosmic Awareness

This Awareness indicates that if you want the full benefit of attunement to this Awareness, then you must attune to this Awareness completely on your own. This Awareness suggests that many entities are beginning to learn that they can, through meditation or through setting aside aspects of self, begin to attune to higher levels of spiritual enlightenment and some entities attune to this Awareness in different ways, not necessarily as a channel, but as an artist, or simply as a feeling or a moment of joy when they are experiencing a loving attitude or when they are seeking concepts and energies of a high frequency.

This Awareness indicates that they may philosophize and attune to this Awareness during those moments. They may meditate, they may simply be in a state of deep relaxation and attune to this Awareness, or they may attune to this Awareness in some artistic pursuit, even in dance or music or some other form of expression. This Awareness indicates that these entities are not likely to feel themselves as separated from this Awareness, and going through a personal glory bask, wherein they bask in the glory of themselves, while also attuned to this Awareness, because you cannot bask in the glory of self and at the same time attune yourself to the Divine Creation.

#### A Caution to the Interpreter in Reference to Self

When in tune to the Divine Creator you are indeed part of *It*, but there is no self for you to focus on. It is for this reason that the Interpreter must be cautious about using the term 'interpreter' in reference to self. When in the state of consciousness the Interpreter cannot think in terms of 'me' or 'I' and still be in the state of Cosmic Consciousness, because it tends to slip the Interpreter into self-focus, and self-focus and Divine focus are incompatible.

For this reason, the Interpreter will generally use terms such as, "This Awareness Indicates." Most people hearing that term, "This Awareness Indicates," think that it is the 'Awareness' that is talking, but it is the Interpreter who is expressing what this Awareness--(that he is attuned to)-- is indicating to him, which he can express and give to the listener or reader. This Awareness indicates it is a terminology that helps the Interpreter stay in tune to the Awareness, to the Frequency.

If the Interpreter starts speaking as he did in a reading yesterday to help demonstrate this point and starts saying: "The Interpreter perceives that this Awareness indicates such and such; it can be done briefly and occasionally, without the Interpreter being taken from trance, or from the attunement, but if it is done too much, too often, then it makes the reading more shallow and less attuned to the Awareness.\*"

\*This reference is explained in issue 97-3 (Cosmic Awareness Redefines Itself).

Therefore, the Interpreter is more comfortable in staying attuned, by simply, referring to "This Awareness indicates" or "This Awareness suggests," and entities need to understand, it is the Interpreter who is speaking,

though the Interpreter cannot think in terms of self and say "I, the Interpreter perceive this frequency as being such and such, or as indicating this, or suggesting that," because when the Interpreter begins to focus on self or on the concept of an Interpreter, it begins to distract from the attunement.

#### "If God Knows Everything, Why Doesn't God Know This?"

This Awareness indicates that because of this, entities in hearing these terms "This Awareness indicates," "This Awareness suggests," over a period of time begin to think that this Awareness is speaking, is giving information, and they wonder why *It* can't be more knowledgeable and more accurate in *Its* expression if *It* is indeed the Divine Creator. They think: "Well, God knows everything! Therefore, why doesn't God know this?"

This Awareness suggests that it is because the Interpreter *doesn't* know everything, and the Interpreter *doesn't* perceive everything God says in an absolute all-knowing way, and it is the Interpreter that is speaking in *behalf* of God, in behalf of the Divine Creator. This Awareness indicates *that* is the crux of the matter which has perplexed many people for some time.

This Awareness indicates that the attunement to the Frequency is that which provides information, because the Frequency, which is the Cosmic Awareness or the Divine Creator, *is* information. The Frequency is also energy. The Frequency is also love, and is also the Life Force, and when entities attune to this Frequency, this which is of the highest frequency in the electromagnetic scale, then entities have an 'in' with God, an 'in' with the Divine, but they cannot use it for self purposes, to gain some self glory.

#### What Profit Is in Gaining the Entire World but Losing Your Soul?

This Awareness reminds you of the story wherein Satan allegedly promised Jesus that he could have all this material wealth and so forth if he would just denounce God and follow him, but of course the entity did not accept this. He saw: "What should it profit one to gain the entire world, the whole material creation, and lose one's soul?" This Awareness indicates that this is also a question that entities, even today must ask themselves and must consider when thinking in terms of self as opposed to Divinity and their own soul.

#### Why Many Prayers do Not Get Answered

What good will it do if you get everything the self wants but you lose the Divine qualities of your soul? This Awareness indicates that if entities are experiencing poor health, they may pray to God for help, and this is that which can be provided through prayer for many entities, while others seem not to be very successful in their prayers. This Awareness indicates part of this is because they perceive God as being so far beyond them, but they do not let themselves come up to the level of God. They do not merge with God. They do not attune to the frequency of God.

They hold back, and keep themselves separate. They want that separate self of 'me,' and asking God for help: "Help me, God!" All they have to do is *attune* to God, and the 'me' is no longer a problem, and the help is there. This Awareness indicates that if one prays to God, the only way prayer can be of any benefit or help at all is if in the praying one gets closer to God.

If one holds back and wants God to come down from heaven and give the self something that it wants, they are not going to get it. This Awareness indicates it is as simple as that. The entity who wants all this money in order to be a more effective Light Worker, and laments that God does not seem to help his own, is simply playing games. It is a game of teasing with words, of

playing with words.

The entity has no concept of what God is. God is a pool of frequency and vibration that permeates the entire universe, and *It* is full of life and love and energy, and all that entities need in order to attune to and gain some benefits from identity from God is to let themselves surrender to that energy. Give up self momentarily while they attune to the Divine Energy, bask and bathe in that energy, get the frequency intermingled with themselves, delve into the frequency of the Divine, meditate and move into Divinity and bask in that glory of that Light, not ask 'self' but simply ask a part of that Divine Light energy.

It is a very simple process, but entities seem not able to understand or do it because they want God to be something other than what *It* is. They do not want God to be just a frequency, just a vibration that permeates everything, just an energy that is knowledgeable and contains information. They do not want that alone. They want something that is willfully active in their lives. But God is not 'willfully active'. God is simply waiting for entities to come back to Divinity.

God waits for entities to come back to *Itself*, and the entities don't want to come back. They want God to come running for them. They want God to run out and do errands for them. They have separated themselves from God, and now they want God to come running after them to help give them those things they need which they instinctively know can be provided by God.

This Awareness indicates the atheist has this same attitude and does not believe in God anymore because God did not rush out of heaven to come down and fulfill some prayer that they may have uttered in the past, and they say, "There is no God! My mother died, and I prayed for her, and it didn't do any good whatsoever! And there is no God!" and they aren't struck by lightning, and therefore, they believe they are right.

#### What Atheists Believe About the Creation

Yet, these same entities who call themselves 'atheists' do not know where they came from or how anything got here. They think that it all just appeared, and then after it appeared, people came on the scene, and then people began to invent God. People began to invent the concept of God as an extension of a Father Figure, an imaginary hallucination extended out of their own consciousness as a Divine Father Figure.

This Awareness indicates in some ways they are correct. Many people have done this, but there is a Creator. You can call it a natural Creator, a Natural-Born Creator, or you can call it a Divine Creator. It matters not to the Creator what you call *It*, because *It* is there. *It* has been there. *It* always was there, and these entities can also recognize that there is an electromagnetic field, a spectrum of electromagnetic energy that permeates what is known in the universe by science.

They presume to know many of the frequencies, how it goes up the scale through sound, through heat, through radio waves, up through light and into gamma rays and so forth, even higher, but they don't know how high those frequencies go, and they don't want to admit that there are frequencies far beyond what they perceive, and they yet don't even like to admit that there is such a thing as 'consciousness'.

#### Science Does Not Understand Consciousness

Science does not talk of consciousness; it thinks in terms of chemistry. The vibrations that surround a person's head can be affected by some kind of electronic field that causes the vibrations to be manipulated, and science understands this, but they do not think in

terms of how consciousness may be part of that vibration that they are manipulating. They think rather that they are manipulating chemistry in the brains through vibrations or through these technological instruments that they can use in order to affect people's thinking.

They do not call it 'consciousness'. They do not want to admit that there is something like consciousness in the universe that they can't manipulate with clear scientific instruments in a laboratory as well as they can in terms of chemical elements. This Awareness indicates that some of the more recent scientists are beginning to recognize that there is something about the frequencies, vibrations and energy fields that is of a different nature than the pure physical science of the past, but they are yet hesitant about delving into these things as frequencies and vibrations of a higher spectrum, and calling it 'consciousness' or calling it 'Divine Energy' or 'Life Force' or anything of this nature.

#### Energy is Information, Information is Energy

Some few scientists are beginning to acknowledge that information can be found in energy and that energy is information; that information is energy; but these are very few, and many of the scientists do not have the slightest idea what is meant by such statements. This Awareness indicates that those who are able to perceive beyond the lower levels of the electromagnetic scale into these higher regions and into these higher frequencies, are beginning to attune to a new science that will emerge in the next century.

#### The Emerging New Science Will Solve Mystery

This new science will lead entities into a new understanding of what Divinity is, and how the Creation came about through the frequencies of higher vibrations and energies, and that in these higher frequencies there is pure information, pure knowledge. The knowledge may not be in terms of words and thoughts, but in terms of Awareness, this pure Awareness that is not confined to a thought or a linear concept.

#### The Deer and the Dog in the Road: What do they Think?

This Awareness indicates concepts that science utilizes are generally put into lines, just as one speaks in lines to portray a concept. Many of the scientists think that thought must be some kind of line of words to form an idea, but in a level of Awareness the words are not lined up, they are simply there. Do you think that the deer, that does not speak words, is not aware of the danger of an automobile that is moving toward it? Do you think that a dog is not aware of the traffic in front of it?

The dog does not have to think: "Oh, these cars are moving fast! Their brakes may not be working well. I'd better wait!" Some dogs are well aware without the ability to think; they are well aware of the danger of a speeding automobile, and they stop and wait. Others may misjudge. This is usually the result of an inexperienced dog who is not familiar with the highway and the dangers therein.

They do not necessarily have to have seen some dog get run over in order to know the danger involved in stepping out in front of such an automobile that is speeding down the highway. Some dogs do, some dogs don't. One dog is more aware than the other. But this Awareness indicates it is not *thought* that helps make the difference between the action of one dog and another. It is the *awareness* the dog has.

If it is aware of the oncoming car, the speed of it, it may even be aware of the hardness of the metal, if it has ever been around an automobile. It may simply recognize, in an awareness level, the danger of stepping in front of that speeding automobile. It does not think, "Oh

yes! I remember my mommy told me, "Don't step in front of cars!" because it does not have language. It does not think in terms of language; it simply gets an awareness, or it doesn't get the awareness.

**When Consciousness is Low, so is the I.Q.**

This Awareness indicates this is what happens in terms of frequency, vibration and consciousness. Some entities are more conscious than others. Some entities have a higher consciousness than others. Some entities' consciousness is extremely low, and these entities usually experience what is termed a low IQ. Their consciousness is low and they cannot think well because their IQ is low, and their IQ is low because their consciousness is low.

Even if they are given the proper training for being able to think well, if their IQ is low, they do not think well anyway. The IQ would be low simply because they have a low consciousness. Their consciousness is not highly formed. This Awareness indicates that an entity whose consciousness is highly formed will learn much quicker, and they will be said to have a higher IQ.

Thus, a two-year old may learn something that most people do not learn when 5 or 6 years old, if they have a high consciousness. This Awareness indicates that the consciousness is what gives them the ability to learn more quickly than someone else with a lower consciousness, and it is called 'IQ' and tests are made to develop and to test the IQ (intelligent quotient) according to the accomplishments that an entity is capable of.

This Awareness suggests that as entities attempt to better understand the Divine Creator, it is not going to help them to say "God should do this! God should be that way! God is supposed to provide all of my needs if I pray daily!" What happens is God provides according to your attunement to the Divine.

**Those Who Despair and Feel Deserted by God**

The Divine simply sits in a pool of consciousness. That pool of consciousness is everywhere present. You attune to it in order to gain benefits from Divinity, or you keep your separation from it in order to gain self-importance. It is choice you make, but God does not rush out from its pool of consciousness. It does not rush out from its frequency of vibration to do errands for you in order to help you perpetuate your separateness from the vibration or frequency of God.

This Awareness hopes this can be helpful to entities so that they no longer despair that they are deserted or abandoned by God. God has *always* been everywhere present. If you feel abandoned by God it is because you have separated and abandoned God from your lives. It is as simple as that. God simply awaits your return to Divinity.

**The Secret of Getting Close to Cosmic Awareness**

For this reason, this Awareness has often said "If you want to get close to this Awareness, surrender self to this Awareness." This Awareness suggests also that for those who wish to stand back and hurl rocks at the Interpreter, or hurl rocks at this Awareness because it did not fulfill their expectations, it is too bad. It just shows that you do not understand, regardless of how intelligent you perceive yourself to be.

## WHY DO PEOPLE DIE WHEN THEY DO?

QUESTION:

A question from JD in New York. We might have asked this before. She asks "Would Awareness please discuss why people die when they do? Is it ever actually accidental? I've heard it said that the soul withdraws when it serves no further purpose to stay in the body, but that seems rather general. Does one take ill and die,

for example, when one's appetite for life has been lost? What determines an entity's departure from the physical body for good? As an example, my friend Robert recently died in the wake of what he felt a betrayal by someone he loved and trusted. Could that have been the cause of a death?" she asks.

**COSMIC AWARENESS:**

This Awareness indicates this very well can be the cause of an entity's withdrawal from life. This Awareness indicates likewise, being born into a body can often be caused by someone who follows another into physical incarnation; one waiting on the other side, having a greater admiration or affection for someone, suddenly finds that that entity has reincarnated into physical form, and this entity will also follow, and in this manner, these entities may at some later time reunite and be brought together in that physical lifetime.

This Awareness indicates that it is not uncommon for entities losing someone whom they hold close and dear, to, within a year's time, also depart from the physical form. This is quite well-known; that often people who have been married for long periods of time, one will die and the other will follow within in a year, sometimes almost to the day.

**Most Entities Have a Feeling They Have Some Purpose in Life**

This Awareness indicates that the phenomenon is not necessary, but it seems to be a pattern that has been noticed by many who track statistics on things. This Awareness indicates that entities in living generally have some kind of future dream or plan for their life. If they do not have a clear plan, it is a kind of intuitive feeling; that there is something about their life that they are here to do, and these entities pursue that, and it keeps them going, even in spite of many difficulties that they might otherwise succumb to, if they did not have that feeling of something meaningful about their life.

They pursue this sense of life goal, even if it is not clear to them what it is; they pursue this throughout their life. At some point, they may suddenly realize, "I can never fulfill my goal! Things just do not work out for me!" When they begin to think in that way and they start giving up their dreams of life, they are actually beginning to crest, and find themselves going downhill in terms of their vital purpose for living, and this cresting and going downhill is that which will lead them to depart the physical body unless they find something that inspires them or lifts them back to pursue their dreams further, or unless they find some other dream that they can pursue, or some other cause that will give them reason for living.

**When Life Has Been Devoured by Piranhas of Daily Events**

This Awareness indicates an entity may have an ambition or dream for his life and may realize after marrying and raising children that time has passed them by, that the obligations of life, the duties from day to day have eaten up all of his efforts or his energies for which he would have directed his life toward that goal or dream, and life has been devoured by piranhas of daily events and activities. He has been eaten alive. His life is no longer promising and there is little left, and this entity may feel: "What's the point? It will take me too many years to do what I wanted to do! Everything is pointless now! I might as well cease to live!"

The entity then will either succumb and start falling into some kind of illness or disease or the immune system begins to collapse or the hope has gone out of life and the entity begins to essentially die or bring on accidents which could kill him, or the entity will look around at what life has given and say, "Well, my life is not what I wanted. I had these dreams, but they were

eaten up by the piranhas of life. Everything was devoured in my life, in my dreams, but I **did** provide help to others.

"I helped my children, I helped my wife. I gave some benefits to other people. What is there left for me to do?" And instead of thinking of self and personal dreams, which may not occur in this life at all, the entity may look and see: "I can't leave my wife deserted now, because she would have so little. I need to help her. I need to get her prepared for my departure. I can't leave my children and desert them. They still do not have the understanding or the capacity to survive well in this life.

And the entity may simply begin to pull himself together in order to provide even more for his wife and children, or likewise for some other cause that is not part of his beautiful dreams or beautiful ambitions, but still of great value to the world, or to his world. And thus, the entity may find there is still good reason to continue living, and may overcome the illness or disease or attitude that had started him on his death row march.

#### That Feeling of Total Dismay and Thoughts of Suicide

This Awareness indicates some entities experience these feelings of total dismay or surrender of self, surrender of life, even at an early age, and they go through the thoughts of death, even thoughts of suicide: "What's the point of living? I didn't get the girlfriend I really loved, who was the love of my life! She married my best friend! And what is the point of living now!" And they may go through thoughts of suicide, or thoughts of "I wish I were dead! I wish I could die!" and they may go through these feelings for some time, and then something could happen that gives them a new insight.

#### The Alternative to Committing Suicide

They may say "All right! Suppose I **did** jump off the cliff. Suppose I **did** crash my car through the guard-rail and go off the cliff and kill myself! What then? What if a week after I did that, my girlfriend divorced her husband and came back looking for me! Could I stand it to have her looking for me only to find that I had killed myself?

"Maybe I should just *pretend* I went off the guard-rail and hang around and see what happens in life. If I did go off the guard-rail, everything in my life would be over anyway. If I just pretend I went off the guard-rail, then I can look and see what life would have given me had I not done so." And the entity may decide to hang around and see what life has to offer.

This Awareness indicates that there are many entities who avoid suicide by going through this kind of contemplation as to the real finality of suicide compared to what life has to offer, and this Awareness indicates that some entities realize that if they **do** commit suicide, or if they **do** allow themselves to die from some disease, they are missing out on something else that might be a great benefit to their lives, and therefore they fight back and they desire to continue, just to see what is available in life for them.

This Awareness indicates others seem not able to think that far or do that much in terms of having a more broad vision of life and its meaning to them. What is it that makes one entity give up quickly on a project and another recognize the project was futile, did nothing for them, or cost them extra and they gained no benefit, but that perhaps the next project will be different?

What is it that makes some entities willing to try again and leaves other feeling that "Since this project didn't work, I won't try anything else ever again!"? For that question can easily be transferred to life itself: "If I

can't get my way on this section of my life experience, I won't have my way on any other section of my life's experiences so I might as well quit!"

This Awareness indicates that there are some entities who will not quit, regardless of what obstacles life throws at them. They pick themselves up and go at it again, trying a different way, perhaps settling for little less, or perhaps seeking something even better than what they lost. But there is some kind of quality that pushes them to go on in spite of the difficulties they have experienced from life.

### Are We Born with a Subconscious Death Wish?

#### QUESTION:

Does the so-called 'subconscious death wish' that these psychologists claim exist; is this acquired after one is born or are some entities born with this already in them?"

#### COSMIC AWARENESS:

This Awareness indicates some entities are born reluctantly. They are reluctant to be born. They are brought into the world kicking and screaming, naturally, because they have been slapped on the butt. This Awareness indicates that this may be enough for some entities to say, "I don't want to be here! I don't like this place!" This Awareness indicates that this could be the beginning of a death wish, or it could be enough to anger them and make them a fighter so that they resist these impositions that life has pushed on them.

They were very comfortable in the womb. They do not like being imposed upon by men in white uniforms. They do not like being slapped. They want comfort. And they learn to cry, learn to make noise when they are uncomfortable, and these entities may find that when they make noise, when they cry, they get comforted.

Others may find when they make noise and cry they get slapped or hurt, and these entities are more likely to give up and the death wish is more likely to set in for these entities, when there is no hope for them, and no comfort forthcoming. This Awareness indicates it may create a pattern that follows in other aspects of life, other experiences of the entity's life as he or she grows older.

### WHAT'S IN A NAME?

#### QUESTION:

Another question from JD in New York. She asks "What's in a name? Do we 'fit into' the names given us? Or are the names somehow chosen to fit what we are? Do guides help parents select appropriate names? Please discuss human and family names in relationship to the entity who assumes them."

#### COSMIC AWARENESS:

This Awareness indicates that in Biblical messages, you are told that the name of Jesus is the key and important aspect. You are told that you make your prayer in Jesus' name, and that calling on this name is of the greatest importance, and that you not take the name in vain, et cetera. This Awareness indicates it is implied that the name itself is sacred.

This Awareness suggests, however, that what is truly important is that the name is symbolic of the essence of the entity; the essence of a person is usually captured in the name. Thus, when Mary grows up in her local village and everybody gets to know her, and everyone calls her 'Mary,' it becomes a symbol for that *essence*; that little girl, the essence of that little girl is always thought of when someone says 'Mary'.

Thus, the name begins to capture the essence or the gestalt of the experience of the entity known as 'Mary';

gestalt meaning the totality of a thing, of a moment or of an experience. And likewise, the gestalt of a person would be the essence of that being, and it is symbolized by the name. After some time of repeated use you do not start thinking in terms of "Oh! The symbol known as 'Mary' represents this little girl!" You simply use the word 'Mary' to represent and call forth the essence and memory and total gestalt of the little girl whom you call Mary.

Thus, the name begins to encompass the essence of a person. There are often many different entities having the same name, but the essence of the individual is symbolized by the name for those who know that individual by that name. If you got all of the John Smith's together and brought them to a convention of John Smith's, it would be somewhat confusing as to what is meant by 'John Smith' when friends arrive at the convention to meet 'John Smith;' they would say: "This is not the same John Smith I know! Nor is that one, nor is that one! Where is the John Smith I know?"

#### The Essence is Not the Name, the Name is Just a Symbol

Thus, the essence is not the name. The name is simply the symbol. The essence is itself, and entities symbolize that self with an attached name. Therefore, the name is not creating the essence, the essence is using the name to symbolize for those who know the essence, understand the essence, and it allows them to communicate with one another about the essence symbolized by the name.

#### Our Flag Treated Sacred Because It is a Symbol of Freedom

Names themselves are not sacred, anymore than a flag represents a country. The flag is treated as sacred, and the name is treated as sacred only because it is a symbol, a representative of the country or of the individual. This Awareness indicates that in itself, it is just a piece of cloth, a flag, or just a group of letters, a sound, a word. And if you destroy the word, the letters, or destroy the cloth, it would not necessarily destroy the essence of the being or destroy the nation that was represented by the flag.

You can always get another name. You can always get another flag, as long as the essence of the nation, as long as the essence of the being remains intact, for **that** is what is sacred, and the name, the flag, the symbol representing the essence of the being is not truly sacred. This Awareness indicates there is something further, however.

#### The Slander of a Name Affects the Symbol

If a name is representative of an entity or a nation, and that name is blasphemed or that name is slandered, in the same way that the slander affects the symbol, it can have an effect on the individual. Thus, the slander of a person's name can also affect the essence of a person, causing entities to hate the person, because the name was linked to some slanderous activity.

This Awareness indicates that in the connection of the name to the entity or to the essence of an entity, any slander to the name is a kind of character assassination. To assassinate or damage one's character by damaging one's name can be a serious damage to the essence of the person. Thus, someone using your name to write bad checks or using your name to cause harm to someone else, or in some way using your name to tell false stories or false tales; these are damaging you because you are symbolized under that flag or name.

If a person takes the United States flag, for example, and goes out and in some vehicle carrying the flag, begins to shoot at foreign people, citizens on a street, and people see it was a vehicle with a United States flag, they immediately think it was something the United

States was involved in, in shooting these innocent people. And therefore, this entity with the United States flag has damaged the United States in its character.

#### Keep Your Name Sacred and Credible

It is a character assassination against the United States, because they are using the name or symbol of the United States to carry out their mischief, their misdeeds. Likewise, this can be done in using someone's name falsely, and therefore, the name does have a certain degree of sacredness. It is part of your credibility to preserve your name, to keep your name credible, and keep it sacred, if sacred is the word.

Although most people do not think of their name as sacred, they **do** want their name used with respect, which is a mild form of sacredness. This Awareness indicates if there is some aspect of this question that was not fully addressed, this may be restated.

#### Do Guides Help Parents Name Their Child?

##### FOLLOW-UP QUESTION:

The area where she asks: "Do guides help parents select appropriate names?"

##### COSMIC AWARENESS:

This Awareness indicates much of the naming of a child has to do with the parental concept of their newborn child, how they view their child, and of course the parents select a name according to their likes or dislikes, and according to their expectations of their child, and since the parents are usually the ones who raise that child, they will also have a strong influence on the child and their influence is symbolized in part by the name they select, and the influence under that name selected by the parent, placed upon the essence of the child, has much to do with how the child feels or turns out.

The influence of the parents on the child helps to mold the child in its development, and that influence is symbolized by the parent's selection of the name. This Awareness indicates that sometimes there are essences or spirit energies or essence of the child in terms of his or her name that the parents attune to in a psychic sense.

Particularly the mother, carrying the child, may pick up on a name while the child is in the womb, and this is because the child as a being has merged his or her life force with the life force of the mother. Their minds, their consciousness are merged, and the words can be translated or transferred through their mutually shared consciousness so that the mother attunes to the name of the child or to the name the child identifies with, or to the name the child chooses to be born with.

##### Often the Baby Picks Its Own Name

Therefore, often, the child is the one who picks the name, and the mother simply picks up on the child's name and gives it to the doctor or to the husband or others who write it down. Sometimes a child will receive a name and not feel comfortable with it, and will, at some later time, change the name. This may require that they go to court for a name change, or they may simply change their name and want to be called something else.

This Awareness indicates that it may feel more suitable to them to have the name changed when they are able to do so. Some people do not want the name of their child changed, and the child may be stuck with that name as long as they are at home with their parents. Often they will simply adopt a nickname which they feel more comfortable with.

##### FOLLOW-UP STATEMENT:

My kids were deliberately *not given* a middle name for that reason. In case they were not happy with their name when they got older, they could substitute any

middle name they wanted and use that as their Christian name.

**COSMIC AWARENESS:**

This is very considerate for the child to have this kind of opportunity.

**QUESTION (VIKKI):**

In relation to naming children, I know of one example where the parents had full intention of giving their baby girl a name beginning with 'A', but when holding the baby, the mother, when trying out an 'A' name on her, it kept changing into 'I' until the family settled on 'Ivy'.

**COSMIC AWARENESS:**

This Awareness indicates this is very likely energy coming from the child to influence the mother to accept that name. It is most likely that the child herself named herself.

### When Kent Dies Will his Dog be Waiting?

**QUESTION:**

A question from Kent W., San Marcos, California. Awareness probably gave this information some time back, but I'll ask this question. He says: "I have a question. My dog died last December, and I think about him every day. He was with me everywhere I went. In fact, I pray for him every day. My question is this: When I die, will he be waiting for me when I arrive?"

**COSMIC AWARENESS:**

This Awareness indicates that this is not necessarily so for everyone who has a dog that dies. This Awareness indicates in most cases, the animal simply has its own purpose and direction. It appears however, that *this* dog was an aspect of your own emotions. The dog was brought to you because it was part of you. It is as though in your previous lifetime there was a split, and at your death, some of your emotions departed from your essence and went to this animal and became incarnated as a dog, and this dog was therefore part of you.

This Awareness indicates it appears that at your death, this part of you will be rejoined with you, and it may hold the form of a dog for awhile, until it is fully assimilated back into your essence.

**FOLLOW-UP QUESTION:**

Did the actual praying for the dog have any effect?

**COSMIC AWARENESS:**

This as in the affirmative; this as helping to keep an energy attunement to the animal across the lines of these different dimensions. This Awareness indicates that prayer is a form of tuning into the vibrations in the same way that turning a channel on a radio attunes to a station. Your frequency is attuned by prayer and focusing on something or someone, or some particular subject of your prayer.

### WHY KICK OUT THE UN'S BOUTRAS GALI (More on the 4<sup>th</sup> Reich Alive In America)

**QUESTION:**

A question from Magne R., in Norway. He asks: "I have been doing some thinking about the New World Order, the UN, the present General Secretary Boutras Gali (sp), the American government and our Prime Minister. As far as I understand, the Americans are against Boutras Gali taking a new term as Secretary General of the UN. I imagine the next term will be very crucial for introducing the New World Order.

"My question to Cosmic Awareness goes like this: Does this mean that the New World Order leaders through the American government consider the present General Secretary too weak to further their agenda, and are therefore looking to replace him with a more powerful entity, or does this mean that this is an effort

from the American government to weaken the UN and reduce the chances for a New World Order takeover?"

**COSMIC AWARENESS:**

This Awareness indicates after World War II, the Rockefeller brothers assisted in bringing over many of the Nazi scientists and leaders to the United States. Many of these entities had been members of the SS and many of these entities are now in high positions in government in the United States, and many of them are in the intelligence services or intelligence agencies in the United States, and they are continuing along similar lines with the kind of activities they had under the Third Reich, but they are promoting what they consider to be the Fourth Reich, or that which is the New World Order.

This Awareness indicates that these entities see the UN as something that can be used as a coordinating body for their designs of a world government promoting the Fourth Reich. They want this UN body to be thus used, and they want it to be strong for their purposes and their cause. This Awareness indicates that this is something that they have worked long and hard for and it appears the entity Boutras Gali, while strong in many ways, does have what they consider to be certain weaknesses in that he has more compassion for humans in general than what they themselves would want in a strong leader.

This Awareness indicates it appears they want someone who can be more ruthless and more obedient to their demands as they impose a world government on the nations.

### FOR THOSE WHO DESIRE BENEFITS FROM COSMIC AWARENESS

**CLOSING MESSAGE:**

This Awareness asks entities who wish benefits from this Awareness to be willing to give up self to some degree, in proportion to the amount of benefit desired. If they can give up their personal agenda and merge closely in terms of frequency vibration with this Awareness, then the union will allow the energies of this Awareness and the information available through this Awareness to assist them in gaining that which enhances their life to make it more fulfilled and more fulfilling as an experience, though it may cost them some degree of self-interest.

This Awareness indicates the action of surrendering to Divinity means letting go of self-claims, self-interest, self-pity; all of those things that lead one to feel separated from Divinity so that they become closer to Divinity and accept Divinity and whatever *It* provides for them. You do not always know what Divinity has planned or has in store for you, but surely you can understand it will be for the good of your soul, for the good of your life, even if it takes away some of your self-centered designs and ambitions or personal goals.

This Awareness indicates that there is the old saying: "Into thine hands I commend my spirit!" which is a way of saying "Take me Lord! I am yours to use!" This Awareness indicates entities who can even accept that a little bit will find that things begin to work better in their lives. But entities who say "I will have my way! And I am not going to let God interfere with my way!"-- these entities will have little or only brief benefits from such an attitude.

This Awareness indicates that entities who attune to the Divine and who focus on manifesting something of significance for the good of their own and other lives, can find that by attuning to the Divine, they can help to manifest those things they want so dearly, as long as it is not simply self-serving. If it is entirely self-serving,

they are likely to not be able to even attune to the Divine while still focusing on self-serving purposes.

Therefore, forget the self-serving goal or quest or prayer, and give self a break and enter into union and harmony with the Divine, and from that Divine Merging, manifest by focusing on that which you wish to create, for you have the ability to merge with the Creator and create according to the will of the Divine.

#### How to Truly Pray for Divine Help

This is how you truly pray for Divine help: by giving up self and giving yourself into Divine Consciousness and focusing from there into the imaging of those things that are critical and essential to the things necessary for the fulfillment of Divine Purposes.

This Awareness indicates *It* sees many entities who think they are praying to God, and who wonder why God does not respond to their needs. *It* sees these entities as perhaps wanting some fancy car that gives them a sense of importance among other people, but in their prayers they try to trick God into thinking that this prayer is for money for the good of humanity.

They fully intend to use it for improving themselves and their own lives according to the wishes they have for their personal ambitions, but they think that by asking God in behalf of "We, as Light Workers..." they can improve their own lives greatly and use a little of the rewards from God to do something good here as a token gesture for all that God is supposed to give them.

This Awareness suggests *It* sees through that and *It* does not reward entities who are still thus separated from God, because these entities cannot get what they want without first coming to God, merging with the frequency and vibration of God in order to manifest what they need. This Awareness does not do it. They do it themselves. If they can manifest and move into the essence of God, then from that manifestation and merging with the Divine Frequency, they will be able to manifest into the physical, using the energies of the Divine.

The energies and frequencies of the Divine create the material, and entities who can move into the essence of Divinity can create from that state those things in the physical that are needed, but you cannot do it while staying separated from the Divine, and if you are with the Divine energies and frequency, you will not be motivated to give these creations or to manifest creations that are purely designed for selfish purposes.

This Awareness indicates that this is why so many entities do not get what they want, because they are trying to play both ends against the middle. They want God to provide to their selfish needs, and remain separate from God, and thus get something to promote the self, as it is maintaining its separateness from God, and they think that somehow God is going to fall into the trap of being willing to give in to their demands in order to get them to come back to God.

This is something they learned as children. "If I demand enough from my mom and my dad, they'll eventually give in to me and I'll get what I want!" They do not stop to think: "Maybe if I were nicer to my mom and my dad, they would give me these things I need!" and if they do stop to think that, then it simply becomes a manipulating trick: "I'll be nice to her now, she'll give me what I want, then I can spit on her later!"

This Awareness indicates that there are so many little things that entities learn in their childhood which they try to use on this Awareness, yet this Awareness understands and sees all of this. After all, *It* is aware.

#### The Message About the Cannibal Looking for Lunch

This Awareness wishes to remind you of that earlier message of the cannibal who went to the other side of the island to meet another cannibal whom he wanted to devour, and as he walked with that cannibal and as they talked, the cannibal whom he wanted to devour began to give information, to talk to him about the best way to prepare a good cannibal stew, and as they continued walking and talking, the cannibal who wanted to devour the other, soon found himself being totally devoured by the other cannibal.

This Awareness indicates likewise, anyone who thinks they can come and devour this Awareness, this Frequency, this Vibration that is everywhere present in the universe, who thinks they can devour and gain some kind of personal control over this Awareness (and there are many who do so); these entities will find themselves devoured by levels of Awareness, and shall be part of this Awareness.

(The Law of Gratitude is given)

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CAC General Reading # 10-4 10-5-93, Paul Shockley, Interpreter

## THE FREQUENCY SHIFT COMING IN 2012

### The Symbology in the Book of Revelation (Will the New World Order Bestow the Mark of the Beast?)

#### QUESTION:

A question from Eugene Monaco, Knoxville, Tennessee. He writes: "Regarding the *Book of Revelation*. I started taking a Fundamentalist Christian-sponsored Bible study regarding the "Time of the End," wherein they attempt to explain the symbolism of *Revelation* regarding the Beast from the Sea joining with the Beast from the Land to form the New World order.

Their suggestion is that the Beast is the financial powers of the planet while the other is the Vatican. This is not inconsistent with Awareness' past information. They seem certain that no power on earth can stop this from happening; that the energies have been sent in motion, and are very far along.

One you're aware of this and have decided not to accept the Mark of the Beast, both *Revelation* and Awareness suggest that life will be difficult, so we know what we can expect and it doesn't look pretty. My question is: What's the point? If, in the end, good will triumph, why play out all the acts?"

#### COSMIC AWARENESS:

This Awareness indicates given the scenario as is presented by the questioner and the outcome as expected by the questioner, the only point would be to test the individuals to see what their choices would be in the test. This Awareness indicates that in other words, would one, in such a situation accept the "Mark" or would one take the difficult route and avoid the "Mark?"

This Awareness indicates, however, that *It* does not see the test as being that simplified. It is not so clear that the Vatican is a major part of this scenario, nor is it so clear to this Awareness that the outcome is destined to result in a World Order with the Beast ruling. This Awareness indicates that the *Book of Revelation*, as far as this Awareness sees, is a Masonic book added to Biblical books and the Fundamentalists see the Masons as being a part of the Satanic Hierarchy, but since they do not realize this *Book of Revelation* is from an origin of Masonry, they may not understand what indeed they are speaking of.

#### The Makeup of the Beast in the Book of Revelation

This Awareness indicates that the *Book of Revelation* is filled with symbolism that relates to Masonic ritual and symbolism having to do with the chakras of the human body or those areas, electrical bodies surrounding the endocrine system. These are the 7 Seals. The Beast being also that which is the brain or logical or rational aspect of one's thinking capacity or brain, and the various other aspects of symbols in the *Book of Revelation* having to do with different aspects of one's consciousness.

This Awareness indicates that this has been covered by this Awareness previously, and there is also a book relating to *Revelation* through the readings of Edgar Cayce and from the research of ARE, the Cayce organization. This Awareness indicates that these can also be studied for their symbolism and this Awareness suggests that while the Fundamentalists have their particular interpretation, it should be recognized that there are other interpretations of the *Book of Revelation*.

This Awareness suggests that the absolute certainty that everything is going to end with a complete takeover by the Beast is not seen by this Awareness. It is a

situation in which the future is not fixed. It is a situation whereby this Awareness sees a dimensional shift on the horizon which may thwart all the plans of those negative forces, whereby there may be those who succumb to the power of the negative forces and those who rise above and are delivered from the effects of the negative forces.

#### A Dimensional Shift Could Change the Scenario

This Awareness indicates that this dimensional shift is that which will carry those of a higher frequency into a different dimension, a different vibration, a different frequency, but it is much likened unto a television channel whereby something happens to the signal, and it splits, creating two television channels, whereby some of the picture goes one way, some of the picture goes another way, creating two different channels that are no longer in touch with each other.

This Awareness indicates that this is not easy to understand but it is, in a frequency sense, something that occurs in the universe all the time, whereby frequencies split and form Y-shaped movements, some going higher, some moving lower from a common mother frequency, whereby the first frequency splits and creates two different frequencies that are separate and distinct from each other, though coming from the same root frequency.

This Awareness indicates that this is seen as on the horizon. This Awareness indicates that if one wished to apply the *Book Of Revelation* symbolism to this scenario, they would see the frequencies moving into higher dimension as relating or applicable to the concept of the Rapture. The other would be associated with the concept of Tribulations.

This Awareness indicates that of course you understand that the *Book of Revelation* can be applied to circumstances so that the symbols are applicable to those situations or circumstances that are occurring in reality, even though the *Book Of Revelation* may not have fully anticipated or understood the coming reality at the time it was written.

#### The Concept of the Universal as Applied to the Specific

The same could be said for the Tarot. The symbolism of the Tarot can be applied to many situations that were not understood at the time the Tarot symbols were created. This Awareness indicates this brings up another concept that entities should become aware of. It is the concept of the Universal, as it may be applied to the specific.

For example, an abstract concept may be applicable to hundreds of specific situations. This Awareness indicates that the situation may exist in which someone has a particular need relating to a particular facet of their life, and this may seem very individual to the entity, but another entity seeing this or hearing of this specific problem may not even have the foggiest idea of what the problem is, yet, may comment on it in such a way as to have a solution for the problem by simply shifting from the specific problem, even though not explained to the entity, to abstract understand *all* problems.

For example, the entity being told that there is a problem between two people can easily shift to the abstract and discuss the problem without even knowing the specifics of what the people have a problem with. All problems, for example, have to do with a conflict of wishes (or interests) wherein one wants something and the other wants something else or the circumstances prevent the accomplishment of one's goal. Thus, an entity knowing of this problem, knows certain abstracts already which can allow the entity to discuss the problem.

The entity, for example, switching to the abstract, can say: "You have something you want and there is something, an obstacle blocking your efforts to attain your desire." This Awareness indicates that in so shifting to the abstract, the entity already has demonstrated some understanding of the problem, even though the problem has not been discussed. This Awareness indicates that this is the value of using symbols or abstracts to deal with specifics.

If you were to ask the person: "What is the thing I want?" and "What is the obstacle keeping it from me?" the entity could not answer this part, but since you know that part of the answer anyway, it is not important. Thus, an entity can express to you: "Yes, you have a problem, indeed. You want something and there are obstacles to your wish! There are things opposing your attempts to gain what you want!" and it would appear to an entity that the observer knows something about the entity's problem, even though the entity may know nothing at all about the problem. The entity may only know that problems have desires and obstacles involved in them.

This Awareness indicates it is the same with symbolisms, such as presented in the *Book of Revelation*, whereby certain symbols are expressed that can be related to many situations and these symbols can have many different applications to future generations and situations that may occur. This Awareness indicates in the 1800's, the *Book of Revelation* applied as well then as it may apply today. As time goes on, it may apply even more pertinently to the situations of the future than it does today.

The symbolism in the *Book of Revelation* is such that it can apply to almost any situation, as long as you interpret the symbols to relate to something you understand in your current society. As it has been indicated, it also applies to the human body itself. Symbolism that is universal in nature can be applied universally to many different areas.

This is quite commonly understood by entities who deal with astrology and the Tarot, and entities who deal with the *Book of Revelation* also find an applicable target for each of the symbols stated or presented in that book. The *Book of Revelation* is today being applied to the New World Order. In a century or two it may be applied to something quite different, a new kind of politics that is emerging.

#### In Every Century You Can Expect "The Mark of the Beast"

This Awareness indicates it is safe to say that in every century there will be some power trying to gain control over the masses in order to increase its own power and control and diminish the power and control of the masses. In each case, this will be called the Beast, when relating it to the *Book of Revelation*, and in every situation of this kind there will be an effort by the political power trying to increase its power to identify and maintain a control over the masses of individuals, and the identification process will attempt to label them and this will be called the "Mark of the Beast."

It may be electronic chips today, it may simply be an electronic field in the next century or centuries beyond that, whereby there is a scanner that can read an electronic field around an individual or will read the electronic frequency emanating from the forehead of an individual, and this will be called the "Mark."

This Awareness indicates that in the future, entities may see the Beast rising from the sea as meaning a beast rising out of consciousness, a political system coming out of consciousness, out of the sea of consciousness or out of the frequencies and vibrations of Universal

Existence and it may be called the "Beast," if it is of a structure that is seen as oppressive in its intent.

#### The Book of Revelation Also Applies to "Social Security"

This Awareness indicates therefore, the symbolism of the *Book of Revelation* has its many ways of being interpreted and read so as to apply to any current circumstances or situations that may exist. This Awareness indicates also that 50 years ago, the *Book of Revelation* applied to a generation of people who interpreted it to be the political system that marked its victims with the Social Security number, and entities would have their Social Security number in their hand on a card, when they went to conduct business that required identification, or they had it in their forehead as part of their memory.

Thus, their Social Security number would be either in their hand or in their forehead. They remembered it, or they had it available as a card to present when asked for the Social Security number. This Awareness indicates that in current times it will be more fitting to consider the "Mark" as being something that is tattooed or implanted as a chip or mark readable through electronic means.

#### Today the Beast Could be the Reptoids?

(During World War II Everyone Knew it was Hitler)

##### FOLLOW-UP QUESTION:

If the alien agenda is played out, the Beast could also be the Reptoids, could it not?

##### COSMIC AWARENESS:

This is in the affirmative. During World War Two, everyone knew the Beast to be Hitler, especially when he began to number the Jews on their wrists and arms. Every generation has its own version of the *Book of Revelation* and how it applied to their particular situation.

#### If the Future is Not Fixed What About Those Lithium Implants?

(Branding Began With the Tribe of Benjamin)

##### QUESTION:

JD, in New York asks: (there's three questions in this question): "If the future is not fixed, and Biblical passages accurately predicted the situation with lithium powered implants, how was such prophecy possible, and what was the source of it, and why was it given so long in advance of the event?"

##### COSMIC AWARENESS:

This Awareness suggests the previous message generally answers this question. The Biblical prophecy was written at a time when there was no such thing known about the lithium implants, but there was always the action at that time of branding or labeling the ownership of property. This Awareness indicates that this particular approach began in Egypt with the tribe of Benjamin, wherein the Benjamin tribe marked its cattle, and in marking the cattle, they presented a way by which they could distinguish their own herds from other herds.

This became a more commonly used method as time went on, and the writers of the *Book of Revelation* saw this as becoming more and more common in the future; that everything would be marked; properties would be marked, and entities would not be able to buy or sell without these marks on products and on themselves, on individuals who would be sold or classed as slaves.

This Awareness indicates it does not take a great intelligence to recognize that those seeking power might in the future want to mark their people with some kind of identifier, thus to have a name or mark or number on the hand or forehead, in the hand or in the mind; this is

not necessarily something that would be impossible for an entity to imagine.

#### Many Science Fiction Writers Project Beast Scenarios

Many of the science fiction writers project into the future certain concepts and ideas which in turn come about, and these are sometimes even more complex than the idea of a mark on the hand or forehead at a future time, for properties or for slaves of someone who seeks power over others.

This Awareness indicates it is somewhat admirable that an entity could thus see so far into the future, but the entity is simply extrapolating from present information into future probabilities based on their understanding of things that are presently available to their understanding.

This Awareness indicates that you should also recall that the entity making the prophecy stated that this generation will not pass away before these things come about. Was the entity referring to all this stuff at that time? Or was the entity referring to something which would occur two thousands years in the future, and if referring to something that would occur two thousand years in the future, why did the entity say "This generation will not pass away before these things come to be!"?

### CIRCUMCISION DEMANDED BY JEHOVAH ALSO A "MARK"

#### FOLLOW-UP QUESTION:

One could say also, could they not, that before the *Book of Revelation* was even written, they could, in hind sight, say that, for example, the circumcision demanded of the Jews by the Jehovah as a mark would just about apply there also, would it not?

#### COSMIC AWARENESS:

To distinguish a particular people; this is in the affirmative. This Awareness indicates that also, it should be understood that the application of symbolism relating to these things may have come from extraterrestrial origins, who already were of a futuristic technology. That it may be that the writers of this information had some kind of pipeline or influence or information from the extraterrestrials who were already using these marks as ways of labeling or identifying individuals, so that having an insight into such extraterrestrial technology an entity could easily predict it as something that would come to earth in the future.

This Awareness indicates, however, *It* does not see this as being a necessity for an entity to make such predictions as has been presented in the *Book of Revelation* for this is no more accurate in terms of predictability than are the works of Nostradamus, who also spoke in symbols and rhymes and riddles, whereby this entity's information was not clearly stated, but was stated in allegory or metaphor or symbolism, and the symbolism can often be made to apply to something that occurs later.

#### Much of Nostradamus Was Based on Astrology & Extrapolation

This Awareness indicates that in the case of Nostradamus, much of the prediction was based on astrological understanding, but in many cases it was based on extrapolation. By extrapolation this Awareness means taking the logical line of energies that are in motion in terms of What Is and what is likely to come out of the energies in motion, and expecting some kind of event.

The word "extrapolating" means to go with what you know as far as you can, and then presume from that to the next assumption.

[Actually it means extracting information from various sources and then coming up with an answer or theory or hypothesis from that, or to infer from known data: Jon].

This Awareness indicates that by extrapolating, one can take, for example, the realization that new inventions are being discovered and extrapolate from that that there will be in the future certain inventions that allows for flight or underwater travel or some other events in inventing to be brought forth to this plane and that once these things are brought forth, that there is likely to be some use for them in terms of military applications, or in terms of other applications.

Therefore, one could extrapolate that a certain inventing attitude or quality of a particular nation would lead to this kind of invention which in turn might cause that nation to become more powerful than other nations and thus, lead to conquest tendencies, and one could thus predict the probability of some kind of military action by that nation over others who were not so inventive.

This Awareness indicates that this is essentially what is meant by the concept of extrapolating. It is presuming from one thing, an outcome of another nature, a result that comes from what is obvious at a particular time. This Awareness indicates that the combination of extrapolation and astrology were important to the entity Nostradamus. In some cases, the entity simply had an amazing insight into the future, was able to leave his body and travel psychically into future times and thus pick up certain terms or words that related to dates and places and names of individuals.

This Awareness indicates that this kind of prophecy is very rare, but entities could be trained toward such kind of thinking and toward such kind of conceptual perception. Their degree of perfection would not be guaranteed, but it is seen as possible to train entities toward that level of perception.

#### How to Experience the Future: An Exercise From Awareness

This Awareness indicates those who are capable of moving into the future need to be able to let go of body, and move as consciousness into time, into future times. It requires a letting go of the past and an opening up of one's consciousness to experience the future and this can only be done by surrender and focus on future times without expectation.

Some entities are capable of such, others are not. Most entities are not capable of such total letting go. **Entities who need to be in control of their life, in control of their environment, in control of their world, could not easily move as consciousness toward the future to see or to read, or perceive future events.** They cannot be in control of self, they cannot hold on to self and still move and let go of self while seeking to identify with something of the future.

This Awareness indicates that essentially it is a matter of identification. If you can identify with a time in the future, and let go of all self-identification, you will become more cognizant of the future, but if you cannot let go of self-identification, if you cannot get away from self, then you are not likely to be able to identify with something elsewhere, especially something in another time period of the future.

This Awareness suggests that entities who wish to experiment with this may want to pick a time, for example they could pick a time 6 months from now, or 6 years from now, whichever they prefer, and focus on a particular date, and without assuming or thinking about the date, without any thought whatsoever, simply focus on the date, and keep the focus so concentrated on that

date that you can no longer think of self, you can only think of that future date.

If you can create a focus and concentration so strong that it only holds the date in your consciousness, then you will begin to see events of that time. This Awareness indicates, however, if you try to hold on to present time, present self, while looking at a future date, you are not likely to have sufficient concentration on the future date to perceive clearly what is occurring at that future time.

This Awareness indicates in fact, most entities cannot even focus on the previous date with enough concentration to remember what occurred in the past, let alone recalling a date from the future, by focusing on such a time. It is a thing that requires an enormous amount of focus and concentration to see into the future.

This Awareness suggests a count of 1 to 12 be given. (A count of 12 is given)

#### COSMIC AWARENESS:

This Awareness suggests the questions continue.

### Bielek and the Montauk Project: Same Thing?

#### FOLLOW-UP QUESTION:

In regard to the technique used by Nostradamus and explained by Awareness, does this correlate in any way by the research done by Al Bielek and the Montauk Project?

#### COSMIC AWARENESS:

This Awareness indicates that the work at Montauk has to do with electronic frequencies aimed at the subject, and these frequencies assisted the entity in focus and concentration. It was such a frequency that allowed the entity to focus in a manner that is super-normal, superhuman, and that focus then began to create the way by which the entity could perceive certain dates in the future, or perceive certain dates of the past, and thus, time travel, either way, with a great degree of accuracy.

This Awareness indicates that entities who have the great power of concentration will normally have an ability to perceive certain energies that are directed toward future events or help them to recall very vividly energies and events of the past. The more concentration you have, the better memory you have when looking backward, and the more likely, when looking forward, the more likely you will be able to project future events.

#### A Yoga Exercise to Help You Concentrate

Concentration is the key. This Awareness indicates if entities wish to enhance their ability to concentrate, one of the exercises that yoga teachers use is to light a candle and focus on the point between the flame and the wick, without letting your mind drift off. If the mind drifts off, simply bring it back. Usually your mind will drift and you will suddenly catch yourself day-dreaming or thinking about something else.

When this occurs, rather than giving up, simply re-focus on the point between the wick and the flame and keep your focus there as much as possible, and every time you realize you are no longer focusing, then bring it back into focus on that area. Ten minutes of this daily will enhance your concentration abilities enormously.

You will find yourself being more and more able to concentrate. You will find it easier to study, easier to read, easier to focus on things that you choose to focus on. This Awareness indicates of course, you must be careful with candles, that children should be warned about playing with fire. This Awareness is not suggesting that irresponsible entities should be trusted to use

candles, even for this purpose, for candles can create fires.

This Awareness indicates that *It* is speaking to people who can handle a candle with responsible understanding. This Awareness indicates that if you don't have the ability to deal with a candle, then focus on some flickering or some element in a clear light-bulb, and use that instead, or find some other object that allows you to focus on some tiny area which is attractive to your vision.

This Awareness indicates there are those flame-shaped light-bulbs. Sometimes these are clear, and this would be the next best thing to a candle. If you focus on that point where the light comes close to that wire that brings the current of electricity to the light, that particular spot would also be helpful in training the mind to concentrate, and there is no fire danger involved in such.

## WHAT IS COSMIC AWARENESS?

COSMIC AWARENESS is the Force that expressed itself through Jesus of Nazareth, the Buddha, Krishna, Mohammed, Edgar Cayce and other great avatars who served as 'Channels' for the 'Heavenly Father' and who speaks again today as the world begins to enter the 'New Age' of spiritual consciousness and awareness. Since 1963 Cosmic Awareness has been communicating through carefully trained channels. This information is for those who desire to help in bringing in the New Age. Throughout the thousands of 'Readings' given through these various channels, Cosmic Awareness tells us not to believe anything, but to question, explore, doubt, and discover for yourself, through your own channel what is the truth. Cosmic Awareness will only 'indicate' and 'suggest'. Neither C.A.C. or any of the Interpreters is responsible for anything Cosmic Awareness states in any of these readings, nor does C.A.C. or the Interpreters necessarily agree with the statements of Cosmic Awareness. The Interpreters interpret the energies as they see them in trance levels and are not personally responsible for what is said. The Interpreters published herein have no connection with, nor control over the editorial comments and material, including illustrations. This is entirely the responsibility of the editor. Members of C.A.C. are invited to send in questions of general interest to ask Awareness for possible publication in this newsletter.



### VISIT THE NEW C.A.C. HOME PAGE AND DOMAIN ON THE INTERNET

Much is happening here and new changes are an ongoing thing. We have combined our 2 sites with Dave Alexander's newest C.A.C. Home Page link. Just type in <http://www.CosmicAwareness.org> or <http://www.CosmicAwareness.com>

This site contains current information which is changed often. On this page you can click on our regular staff Home Site as well as a list of current books and resources, various topics in back-issues of the newsletter and Dave Alexander's terrific revitalized Cosmic Awareness site! Dave's site has a wealth of information on the Awareness Movement, the philosophy, the newsletters, readings on Christianity and many other subjects, plus the famous Dr. Beter transcriptions.

## IF ONE DIES BEFORE THE 2012 DENSITY CHANGE WHERE WILL THEY GO?

### QUESTION:

A question on the density change. Some of this Awareness has given. This from Tertia Flygt, Franklin, Tennessee. She writes: "In your issue #93-12, page 14, Awareness has stated: "That it does appear that there is that which may be considered as a parallel universe coming closer into conjunction with this known universe or realm."

"This Awareness indicates that when these two realms meet on the same vibratory field or rate, many entities will cling to the other realm, and when these realms pass through each other, some entities will remain with the non-physical realm, and others will go on to the passing realm." Furthermore, Awareness has stated: "When this occurs there will be entities who move into the higher octave realm, and others who remain with the more gross and lower octave energies. This appears to be that which will take place around 2012."

"My question is, (she asks) if one dies before 2012, and apparently, many may do, what will happen to these entities who die prior to the 2012 period of transmutation? In other words, will they reincarnate in the new parallel universe where mind rules matter, or will they reincarnate on the old earth? Will they have a choice? How will this work? Will these of higher vibrations and less karma go on to the higher vibrations of a parallel universe and those of lower vibrations and greater karma to the old earth?"

"I ask this for myself and others who might not make it to 2012."

### COSMIC AWARENESS:

This Awareness indicates your vibrations will draw you to a like vibration. Whatever frequencies or vibrations your spiritual evolution has attuned you to is what you will continue to move toward, and if your vibrations are high enough to move you toward the higher frequencies of a higher dimension, you will move in that direction.

This Awareness indicates that often, an entity in passing over, will lose many of the lower more gross frequencies along with the body that is discarded, along with other aspects of self that are discarded, and the entity's higher frequencies become the Light Self that moves toward higher vibrations, and the entity may cling to these higher vibrations and remain in those levels, if the entity so determines.

#### Some May Run to Hide In the Shadows

Other may move in higher vibrations, moving toward the Clear Light for example, and become embarrassed at the approach of the Clear Light, seeing themselves unworthy or seeing themselves as moving toward this higher enlightenment and self-realization and not liking what they see in themselves, they may wish to run and hide in shadows, in darker areas, for fear of what they see.

Thus, they move toward the gross, toward the darker and lesser lights. This Awareness indicates that these entities of course, avoiding the higher vibrations, going toward those vibrations that are more dark, and the lesser lights, these entities will tend to cling to those lower vibrations and in so doing, may set their karma for their next life to be reborn in a lower dimension.

### VISIT THE TEMPLE OF LIGHT IN YOUR DAILY MEDITATIONS

Deposit your energy in this cosmic Bank. Withdraw it when needed for healing or personal use. Keep in touch with CAC when you start getting results!

### For Some Entities There Will be No Return to Earth

This Awareness indicates in terms of the earth, not everyone who leaves the earth after passing over will return to the earth, either in its lower form and vibration or in its higher form as it splits in terms of its dimensional shift, to go to the higher frequencies or lower frequencies. Some entities will not return to the earth at all, but will go on to other planetary systems or other dimensions that are quite different than from what they have been involved with on earth.

This Awareness indicates assuming that the entity wishes to return to earth, those of higher vibration may move toward that shift that is taking place in the earth's movement which goes toward the higher dimensional shift, and those who wish to cling to the old materialistic lower karmic activities, the darker forces, those entities may return to earth in a manner that allows them to go on as it has been, and as it moves in its new karmic path toward the lower dimensional shift.

This Awareness indicates that in other words, in one direction, the earth moves into a particular dimension which allows it to become a more gross and unhappy place to live; the same earth with higher dimensional frequency will move and become a more happy place wherein entities in those higher frequencies can no longer see the gross levels and see only the higher frequencies.

#### With Q-Plus Monkey Tranquillizer You Can See Different Dimensions of Life on Earth Right Now

This Awareness indicates that this may also be explained in the following manner: On this earth already at the present time there are different dimensions of life. There are entities who are in existence who are invisible to most inhabitants in your reality.

This Awareness indicates that there is that which is a monkey tranquilizer, which in the past was called "Q Plus." It is a monkey tranquilizer that is used in laboratories to tranquilize not only monkeys, but also some of the other animals, but primarily is for primates. This monkey tranquilizer, when taken by humans, allows them to see other dimensions, to see entities in other dimensions.

~~This Awareness indicates that this other dimensional culture lives on the earth, uses the buildings on the earth, uses the fields and streets and cities on the earth, but is never in contact physically with earth people. They have a parallel existence with earth people.~~

This Awareness indicates entities who have experienced this monkey tranquilizer understand these realities of the parallel dimensions whereby two cultures can inhabit the same space, just as two sounds can inhabit the same space, or just as heat and light can inhabit the same space, all of which are different vibrations.

This Awareness indicates that with this understanding, you may also better understand how, in the future, the dimensional shift will affect consciousness so that some entities in higher frequency levels can remain on earth, and yet not have any contact whatsoever with others who shift toward lower dimensional existence who also inhabit the earth.

There will be that inhabitant who exists, for example, under the New World Order, and there will be that inhabitant who exists on earth, who experiences a higher reality, a kind of heaven on earth in which no New World Order exists. This Awareness indicates that it sees this as that which is coming as a result from the dimensional shift and this dimensional shift will rapture some of the people whose spirituality is such as to pull them into the higher frequencies and will entrap others

whose lack of spirituality draws them down into the more gross frequencies and vibrations.

#### Heaven and Purgatory Exist in the Same Time & Space

Thus, there will be that purgatory and that heaven existing in the same time and space, but in different dimensions that prevent one from seeing the other except in rare situations, similar to that whereby an entity might hallucinate or have an experience similar to the use of the monkey tranquilizer which allows entities from your normal reality to see into an alternate reality or alternate dimension.

#### A "Twilight Zone" Activity in Consciousness

This Awareness indicates just as your radio has its multitude of stations that are broadcasting over different frequencies, and your TV has its many different channels, the universe is filled with different frequencies wherein realities exist on different dimensions that inhabit the same time and space, but whereby those of one dimension have no contact with the other in that same time and space, except in those very rare situations wherein an entity by chance or by some specific shift in consciousness can see into another dimension.

This may be equated to a Twilight Zone kind of activity in consciousness.

### Q-H Monkey Tranquilizer: Any Bad Effects?

#### FOLLOW-UP QUESTION:

Those entities who have experimented with that Q Plus monkey tranquilizer, does the use of that substance have any adverse or long-lasting physical effects?

#### COSMIC AWARENESS:

This Awareness indicates that if one were to use it continuously, it would perhaps have some adverse effect. This Awareness indicates that the infrequent use or one or two or a few times would not have any measurable adverse effect. This Awareness indicates of course, excessive amounts and overdosing could be fatal. It appears to affect the central nervous system.

### Breaking Down of the Astral Level

#### QUESTION (VIKKI):

How does this changing vibration relate to information that was given earlier in regard to the breaking down of the barrier between the astral levels and the physical?

#### COSMIC AWARENESS:

This Awareness wishes that you explain further to what you are referring.

#### VIKKI:

The discussion just now about all the various vibrations co-existing without contact with each other seems to leave clearly defined vibrational groups, but the information given earlier about the doorway between the astral level and the physical level becoming more "cheese-cloth" so there'd be more bleed-through; these seem to be sort of the same area, but looked at differently.

#### COSMIC AWARENESS:

This Awareness indicates that *It* does not see the reference or reading to which you refer; however, if *It* is interpreting your question correctly, *It* sees that the astral and other frequencies to which you refer as part of the dimension, that there are what may be termed vibrations or frequencies even within a particular dimension. It is not as though a dimension is simply a single vibration.

Each dimension may have a combination of frequencies that characterize that particular dimension. One level of those frequencies may refer to the astral

qualities in that dimension. Another may refer to the mental qualities in that dimension and another may refer to certain other frequencies or qualities of that dimension.

For example, your dimension of your present reality consists of radio frequencies, light frequencies, heat frequencies, infra-red frequencies, ultra-violet frequencies and a host of other frequencies and ultra- or infra-sound frequencies, so that there is an entire array of frequencies, even within your single dimension.

This Awareness indicates that these frequencies within your dimension may also include astral bodies and auras and vibrations that are used in electronic equipment, and consciousness levels that are present, each having different frequency vibrations, thus, the breakdown of a particular astral plane within your dimension is perhaps creating a kind of cheese-cloth effect, whereby the astral plane empties into the physical plane of your dimension.

This Awareness indicates that all this can occur on a single dimension, but there can also be a parallel dimension that follows in a totally different frequency broadcast range, which can even inhabit the same space and time as your dimension so that if you shifted into another dimension, such as occurs when entities go to sleep, for example, sometimes, or if you found from that other dimension, something that came into your dimension, there could be an interchange of frequencies between these dimensions.

This Awareness indicates that in general, however, most dimensions are separated in such a way that they do not tend to bleed through. They do not tend to spill through from one dimension to another. When it *does* occur, it is usually likened unto those things described on shows such as the Twilight Zone whereby an entity experiences a supernatural event, an unexplainable event.

This Awareness indicates that these are very rare.

### Will There Always Be An Astral Level?

#### FOLLOW-UP QUESTION:

Awareness, will there always be an astral level? or will humanity eventually evolve beyond that plane and render it unnecessary?

#### COSMIC AWARENESS:

This Awareness indicates that the astral level is that which is a kind of collective soul vibration whereby the souls of the masses create that astral plane together. This Awareness indicates there is no likelihood that these energies will be destroyed or should be destroyed or should fade, and it is more likely that the soul will continue to serve as a kind of magnetic base or individuality. Even when entities return to the higher essences and spirit levels that are above the astral level, these astral bodies will likely accompany the entity as a kind of soul force.

#### Astral Shells Can Hold Together for Thousands of Years (How They Guard Ancient Egyptian Tombs)

This Awareness indicates there is of course that which is the astral shell, which is the more gross astral body that is often disembodied and experienced as a kind of remnant ghost of the individuals which often haunts or stays around a particular familiar place, and these will be discarded and may eventually diffuse although most astral shells hold together for thousands of years, unless there is some influence that helps them to diffuse.

These astral shells that stay together for thousands of years are often held together by a duty or purpose whereby they either repeat a particular situation again

and again, or stay in order to guard and protect something that was valuable to the host of the astral shell.

In fact, such situations as the guards surrounding an Egyptian mummified king may be astral shells that are guarding and waiting and protecting that mummified Egyptian Pharaoh and these astral shells can hold themselves together for almost an eternity as long as they feel they have a need and a purpose for doing so, but entities recognizing the presence of an astral shell can simply talk to the entity and tell the entity: "You have done well in your efforts. You may now move on. There are other rewards for you. You may move on to better things. You need not stay here further. The thing you are guarding will not be harmed."

Once the astral shell hears such a message, they generally accept it because they are very gullible and naive in terms of taking direction. They do not have the critical qualities that usually protect a subconscious mind from receiving information. The astral shell essentially is likened unto the subconscious mind of an entity and usually the subconscious mind has a critic that guards it to filter out suggestions and information to determine whether to let it through or to discard it.

This Awareness indicates the astral mind has no such critical guard and therefore, whatever you say to it, once you have its attention, it usually accepts that information without question. This Awareness indicates the so-called astral plane is just a vibrational frequency on which the astral shells and astral bodies tend to dwell and vibrate in harmony to.

### "In My Father's House Are Many Mansions"

#### CLOSING MESSAGE:

This Awareness indicates that as entities begin to recognize these invisible vibrations in their universe and recognize that these exist all around them, that there are multitudes of dimensions inhabiting the same space and time, they will better understand that statement portrayed in the Bible: "In my Father's house are many mansions."

These many mansions described, are the multitudes of dimensions that inhabit time and space, and when entities realize this as part of the cosmos, as part of the ultimate reality, they can better understand how upon passing over, they may be only a fraction of a distance away from someone and still not be able to communicate because you are in a different dimension, or you may be able to communicate because the entity moves into a dream-state or a meditative state which allows you to have some contact with their dimension.

#### Humans Are Very Close to Angels

This Awareness indicates that in actuality, you are very close to angels. You are very close to the creative deities of the universe of the multi-leveled universe at all times. You can be at one with God simply by knowing that God in *Its* highest frequencies, in *Its* highest dimension, is parallel and permeates your dimension and frequencies and you can be in tune with God simply by surrendering self and merging with that higher frequency at any moment, at every moment in which you exist.

#### How to Become One With God

This Awareness indicates it is simply a matter of giving up self-identity and merging your identity with God. This Awareness indicates that the God Self is present in these higher dimensions. The higher dimensions are present in time and space with your dimension, but these things are on different vibrations and by switching your focus and attention and identity from

your particular vibration to that of the Divine Vibration, you become one with God.

(The Law Of Gratitude is given)

## INTERESTING TIMES: HOW LONG WILL THEY LAST?

#### QUESTION:

A question from Walter Harris, in Renton, WA. He writes: "We are in interesting times. I just wonder how long they will last."

#### COSMIC AWARENESS:

This Awareness suggests that this is but the beginning of a major upheaval in human consciousness and that the best is yet to come. If we have completion we can continue.

## WHAT'S AHEAD FOR THE YEAR 2000?

#### QUESTION:

Speaking of 'yet to come' we're 50 days away from the Millennium, and traditionally, CAC, usually with the January newsletter, does not exactly publish *predictions* of things to come, but an analysis by Awareness of what It sees during that coming year. Would Awareness through Grace be up to giving us some information on that in the major areas of interest: political, economic, earth changes, etc.?

#### COSMIC AWARENESS:

This Awareness suggests that the Millennium shall mark the shift away from many limitations of the past, the disempowerment, the slavish imprisonment within external confines which remain the sources of most human suffering, shall be recognized as misguided human strategies which deny a higher evolutionary approach to human experience.

#### Predictions Are Out: Co-Creation Is In

This Awareness suggests that as the years have worn on, the concept of prediction has shifted to a concept of co-creation and that such should remain the ever-intensifying focus, where deterministic disempowering pictures of the world and the coming year are replaced by the joyous opportunities to co-create that which is most highly desirable by individuals collectively.

#### Global Annihilation No Longer a Probability

This Awareness suggests that yes, indeed, as history passes away at this fundamental mark in human history, there shall be continued effects of energies accumulated from past belief structures and fear-driven mindscapes which have manifested specific probabilities of the more negative experience. However, the degree of fear and disempowerment has steadily decreased to the degree that the truly dramatic and life-altering potentials of global annihilation, of pestilence and plague and disaster of the magnitude necessary to wipe out and restart humanity, are no longer probable.

This Awareness suggests that the death rattles of the energies that had accumulated in that direction, the cumulative fears and angers and aggressions and undirected emotional energy processed through these unconsciously empowered beliefs has instead manifested in vacillations in the weather.

This Awareness suggests that what could have been global annihilation, had the species not made the significant alterations in consciousness that have been



achieved, the Millennium very well could have been the end of the earth, as predicted by many seers. This Awareness suggests that those seers were accessing patterns of natural outcome of human ignorance and the mis-manifestation of the creative energy, where individuals continue to wallow in the ignorance of the very power of creation that they possess.

This Awareness suggests that in a general sense there will continue to be a positive upward trend punctuated here and there by these continued vacillations as the last of the negative pockets find purchase in more enlightened directions.

#### Lessons of Enlightenment to Become Household Words

This Awareness suggests that the information contained within the Lessons of Enlightenment has begun to permeate and shall continue in various versions, to be foisted upon the consciousness in far more public and accessible ways to the degree that the inner mechanisms shall become conversation over dining room tables, and such a part of the consciousness that it will permeate humanity so quickly and so deeply as to create a revolution in a psychic and social sense.

This Awareness suggests that this will begin in the coming year and continue in its momentum for the next decade, wherein the concepts embraced and valued within mass-consciousness, such as 'evil' and 'sin' and Darwinian chaotic 'natural selection', all of which prevent humanity from embracing the validity of the human spirit and the higher, much more involved, meaningful, richer levels of experience and mobility of consciousness; that this coming year shall be the watershed year where things begin to happen.

#### Y2K Energies To Be Easily Overcome During The Year

This Awareness suggests that entities need not concern themselves terribly over the fluctuations that will occur due to these energies, such as the Y2K computer potentials. There will be some negativities, but nothing that humanity cannot surmount, quite willfully, easily and creatively and lovingly.

This Awareness suggests that entities who feel fearful enough to take up arms to protect themselves against their neighbors should step back and examine their belief structures and recognize what their behaviors are allowing to contribute.

#### The General Direction Of the Economy is Positive

This Awareness suggests that there will be continued economic fluctuations, but that the general trend of the economy is positive and reflecting of the ignorances that are becoming conscious and reduced to the degree that unnecessary restrictions are coming away. This Awareness suggests that the concept of freedom and empowerment, once embraced within the value structure to the degree that the human spirit requires, that many external controls will be recognized as disrupters to the natural flow, and that sweeping political changes will occur.

#### An Outcry Against Religion and Packaged Value Systems

This Awareness suggests also that there will be an outcry from those who cling to packaged value systems and religious dogmas which relegate spirit to a realm outside of human willful control to the degree that they embrace disempowerment, to the degree that they will interfere with the potentials, yet the wisdom of Spirit shall win out over the ignorance of mind.

#### A Trend Toward Female Leadership and an End to Being Hapless Powerless Victims of Outside Forces

This Awareness suggests that there will be a trend toward female leadership, wherein the intuitive, empathic, cooperative abilities that elude the logical forceful competitive male, and that such a trend will increase the enlightenment process significantly.

This Awareness suggests that entities should mark the passing of the Millennium with the passing away of all belief structures which lend energy to the concept of disempowerment, a deterministic mechanistic universe in which individuals are hapless victims or puppets pulled about on cosmic strings by forces outside of themselves, for the passing away of the first 2000 years of human history shall mark the passing into the very birth of human potential as individuals shift from one evolutionary track to the next.

This Awareness suggests that individuals embracing the inner empowerment and the inner regulation devices which unite mind, body and spirit in thought and action, shall embrace the rightful empowerment and recognize their participation in the creation of life itself, and to embrace the ability to design and create each moment of life experience as designed by the delights and creative impetus of spirit, rather than bandied about by the whims of Will Energy that has been cast to the winds of mass-consciousness through unexamined habitual belief structures, completely and wholly unnecessary and obstructing to the full spiritual experience in the physical realm.

#### Don't Bother to Read Reports and Predictions of What Will Be

This Awareness suggests that entities feel not compelled to read in various magazines and reports and psychic predictions of what shall be, and instead to recognize their *conscious participation* in creating what they desire to be, for there is no longer room in human consciousness for the ignorance and the waste that comes with believing in the disempowerment and the lack of control, and in forces either good or evil, outside of access to and by the self, which is indeed, that very power of All That Is.

If there are specific areas of question of interest beyond that given, they can be asked now.

#### Will The Stock Market Bubble Burst?

##### (Are More World Economies Headed Toward Depression?)

Well, in the area of economics, there's an awful lot of economists who are putting out that the greed structure in the world, and particularly in the United States, is being reflected in the stock market; that it is way overpriced, and that it is going to be a balloon that is going to bust and wipe a lot of people out, and probably create a depression in the United States, similar to the one that is going on and has been going on in Japan, and so on. Does Awareness have any comments on the economics?

#### COSMIC AWARENESS:

This Awareness suggests that the patterns are not nearly as profound as those described, yet there will be normal fluctuations as the world economy is reflected in the instabilities of its weakest members. This Awareness suggests that in essence, the economy is a reflection of the positive and negative energies that are infused in daily experience.

As an American president once stated, there is nothing to fear but fear itself, and it is fear which creates the downward pull of the market, just as it is optimism which pushes it upward. If that optimism is based in realistic, open and fluid market economies, it shall not burst, for it shall not be bubble. It shall be reality.

This Awareness suggests that part of the upward trend that has been marked and is suspected as a bubble, is actually positive market trends wherein certain freedoms and mobilities and market flexibilities have occurred which were not present in times past, when there have been significant bubbles that have burst.

This Awareness suggests that as the world accepts its

cooperative responsibility to each and every individual, to each and every entity, collective or country, etc., that the overall world economy and stability shall rise in proportion to the alterations within mass-consciousness which allow for the freedom and power to be experienced for every individual within the connected cooperative.

This Awareness suggests that as long as the world attempts a cooperative unity and still revels in competitions for power and imprisons entities with restrictions both commercial and behavioral, that there shall be continued emotional dissonance and there shall be painful fluctuations in the world unity.

This Awareness suggests that it is indeed rooted in the individual power and freedom within entities, and that governments that promote opportunities for economic empowerment within the broadest range of freedom possible within a cooperative connected community shall achieve the most rapid social, political and economic progress as well as the most satisfied, emotionally fulfilled, healthy and mentally adept individuals.

This Awareness suggests that part of the shift the Millennium recognizes, the higher evolutionary path of cooperation, wherein competition is unmasked as the basic deficit state of battles for basic freedom and opportunities for empowerment to meet basic human needs. This Awareness suggests that when these basic and non-negotiable conditions are established within a connected community, there shall be no more black markets. There shall be many who join the economic marketplace in highly creative, unique and technologically advanced ways that are impossible within the present mindstructures of limitations, prohibition and restriction.

This Awareness suggests that entities need not be overly concerned with fluctuations, but that to expect and create as much personal freedom and empowerment for everyone within their sphere of influence, and that such shall be the best insurance against stock failure. If we have completion we can continue.

### **WILL WORLD PEACE REALLY HAPPEN?**

(Both China and Russia Still Have Nuclear Missiles Aimed at U.S.)

#### **QUESTION:**

How about the world peace situation. There are people that are claiming that there are missiles being aimed at the United States by China, and still by Russia, and that the threat of nuclear war is still very much alive. Does *It* see any validity in the coming years of this?

#### **COSMIC AWARENESS:**

This is indeed one of the threats that has existed in the past and of one of the technological avenues wherein human ignorance could be burst upon the planet in highly detrimental ways. This Awareness suggests, however, that with the correct cooperative negotiations to the degree that the fear and anger is reduced through economic cooperations and diplomatic communications, that the use of such terrible weaponry shall not be necessary.

This Awareness suggests that the proliferation of nuclear arsenals in the first place was based on competition and fear and struggle for superiority, and having passed the watershed moment of potential annihilation, that significant advances have been attained on a global basis, which have made most countries recognize the cooperative nature and the global interconnection of the economy.

**The Positive Influence of the Internet Continues to Spread**  
The technological communication explosion of com-

puters has been a significant factor in the unification of the world, so that even the most remote societies are within the realm of information and the touch of one another, to the degree that those who still are driven by fear and isolation, even they recognize the negative impact upon themselves that such assaults would involve.

This Awareness suggests that the buildup of nuclear arsenals is mostly to establish recognition as a force to be counted, and that as diplomacy and economic reciprocity occurs, there shall be less fear and respect given to those which at present still feel fear for their rightful freedom and empowerment to determine their direction as individuals within the world community.

#### **Why Communist China Will Change Positively**

This Awareness suggests that China, specifically, has every right to choose their form of political government and to participate in the global community as they do; however, they are experiencing the normal reaction of their citizenry to the disempowerment that has become part of their governmental ideal.

This Awareness suggests that the placing of the need for human connection above the need for individual freedom and empowerment is biologically unsound and that this is the reason for the collapse of the Communist enterprises which failed to accommodate basic freedom and empowerment of the citizenry.

#### **Cooperative Collectivism is the Way of Humanity**

Likewise, governments that are based upon the Capitalistic ideal of freedom, the pursuit of power, yet without the context of cooperative connection, are equally doomed, for all three needs must be met. The message of the Capitalistic governments from the Communists is that cooperative collectivism is the way of humanity, and the message likewise mirrored back is the message of freedom and empowerment which must underlie all cooperative structures or inner conflict will most certainly result.

This Awareness suggests that as information and accessibility and understanding of the cultural traditions and philosophies embodied throughout the world continues, that the emotional similarities and universal patterns are recognizable and that humanity has begun to embrace one another to the degree that there is good cause for optimism, and that fear has been dramatically reduced to the degree that it is a much reduced probability that the nuclear weapons will ever be used again.

If we have completion, we can continue.

### **Some Insights as to the Coming Presidency**

#### **QUESTION:**

In the political area, there are those who are putting out that Mr. Clinton is preparing plans to bring down a national emergency or something of that nature, so he will remain in office. There are also those who are claiming that George Bush's son, the Texas governor, has amassed so many millions of dollars for his political campaign that he will walk away with the next presidency.

Does Awareness have any insights into the presidency of the United States in the coming year?

#### **COSMIC AWARENESS:**

This Awareness suggests that neither can the presidency be purchased, or can it be extended in some sinister manner as that suggested. This Awareness suggests that the energy behind the entity Bill Clinton is far more positive and balanced than many might suspect or recognize from certain appearances.

This Awareness suggests that the entity has contrib-

uted significantly to the centrist balancing which was necessary to finally bring together the opposing polarities and recognition that both can peacefully coincide without polarizing against one another. This Awareness suggests that this trend will continue. That it will be the ideas of **Centrism**, of unity that focus upon the common sense issues and that the vacillations that worked in the past are no longer to be as successful.

This Awareness suggests that for this reason, the entity George Bush will not do as fabulously as he would hope or his financial war chest might suggest, for there are certain patterns from the past, reminiscent of his father's administration, such as military buildups which are no longer as necessary nor were necessary at that point in time; that it will be recognized that the focus shall be on more cooperative methods for peace and that an over-emphasis in this direction shall weaken his candidacy.

This Awareness suggests that there will be other contenders who will arise, and the general trend toward Centrism shall prevail. This Awareness suggests also that the general trend toward reform and libertarian interests has also begun to take root, further bringing the need for the central formation of simply universal pursuit of freedom/empowerment; both of which imply specific political agendas emphasizing education as preventative defense rather than military as defense after the fact.

This Awareness suggests also that as individuals embrace the rightful freedoms and empowerments and the accountable responsibility to their free will, that many expenditures and political necessities of the past will no longer be as viable. For example, many such restrictions and economic obstructions which now exist, which create a predominance of crime and a need for prisons and so-called rehabilitations.

This Awareness suggests that a great deal of tax resources can be rechanneled into educational prevention and economic opportunities which shall exploit the fact that human nature is good and naturally moral and self-regulating. This Awareness suggests that the trend away from religious and externally controlling methods of leadership shall continue for this very purpose.

This Awareness suggests that as the competing polarization of Democratic and Republican parties has failed to resolve the issues that the energies of the people and the angst, the anger and fear generated, has significantly shifted things to the center and brought about a degree of displeasure to the point that unorthodox candidates can arise out of nowhere and find political success far more than has been the case in the past.

This Awareness suggests that there will be several such candidates. This Awareness suggests also that as probabilities continue to shift, there are no answers at this point for the creation is yours to create. If we have completion we can continue.

### How Will the New World Order Effect People In This Coming Year?

#### QUESTION:

In regard to the New World Order, there obviously is a New World Order going on, but it is not taking the dramatic and negative tone that previous predictions of Interpreters, or previous information of Interpreters led us to believe. Does Awareness have any comments about this New World Order being formed in the world, and how it will affect people in the coming year?

#### COSMIC AWARENESS:

This Awareness suggests that what has been described as the higher evolutionary track where humanity

embraces the cooperative nature as well as the need to honor the individual freedom and empowerment within that cooperative structure; that no such structure shall last without the glue of empowerment and freedom of each individual on the face of the earth, and that such has been the message that has escaped mankind in times of oppression and enslavement and disempowerment that led toward a course of energies predicted, such as the sinister enslavement of humanity as personified by the concept of New World Order in days gone by.

#### The Enlightened World Order is Now Occurring

However, this Awareness suggests that the Enlightened World Order is that which is occurring, wherein a truly connected and cooperative global unity will be accomplished, but it will be accomplished with the allocation of individual freedom and empowerment and the opportunities to understand the nature and workings and choices involved and accountability to all outcomes created by freedom and empowerment, so that the inner regulation devices replace all external regulation devices.

There shall be a course of human action, of human behavior, of human development and human experience, far more moral, far more enlightened, far more happy than that which has ever been attained by external power-mongering order of communities, of nations, and indeed, of the world.

This Awareness suggests that humanity will at last be awakened to these inner potentials and the idea that has been so formerly embraced within humanity throughout history, creating the density of mass-consciousness that believes beyond a shadow of a doubt, that humans *must* be controlled by external forces. Such is the nature of all controlling bodies of governments, of power-mongers, etc., but that such is not the case for individual freedom and empowerment is necessitated or the force of anger will rise up within individuals, within communities, within nations and within the world to demand the rightful freedom to control one's own destiny.

Until this fact is embraced, there shall continue to be skirmishes and attempts at external regulation, but as the trend has already been established, there has been a reduction in the concept of external empowerment as the increase in the internal empowerment and responsibility has begun to take root.

This Awareness suggests that in the first decade of this next Millennium there shall be the information released en masse upon humanity where individuals will embrace the moment-to-moment understanding of their inner regulation devices, wherein the spirit can control the entities far better than any law or morality or religion can ever imagine. This shall be the shift. This shall be the New World Order wherein the voice of Spirit guides humanity toward their destiny, and groups and countries and political bodies and united nations can evolve cooperative structures which facilitate the right use of inner guidance and bolster the opportunity to give empowerment to each and every individual on the earth to afford them the opportunities and freedoms to explore and imaginatively create new opportunities and ways to enrich resources, replenish resources and create new resources, so that the world shall no longer struggle over the meager amount of what is left. If we have completion we can continue.

MUTTS By Patrick McDonnell



## The Photon Belt and Mankind Moving Into Higher Dimensions

Awareness, through the previous Interpreter made the statement that by the year 2000 mankind will have gone through the Photon Belt and that the new changes into the higher dimension will be well established. Does Awareness have any comments on that Photon Belt and mankind moving into the higher dimensions?

### COSMIC AWARENESS

This Awareness suggests that what has been described as the alteration in consciousness in the 5 decades past with the generations of the Children of Light who experience expanded consciousness due to the reduction in the limitations of mass-consciousness, is that which has been personified in the celestial event of the Photon belt.

This Awareness suggests that many interpretations of this symbology filtered through existing belief structures regarding deterministic and disempowering belief structures and mind sets, that this event was expected to somehow propel hapless unconscious entities into some wonderful state of consciousness beyond the existing dimension.

This Awareness suggests that indeed, this is the potential, but that it is a process, an individual process due to the awakening of the inner abilities and that tremendous progress can be made, but there shall be no such magic Photon Wand which sweeps over humanity and automatically elevates individuals, for such is not the nature of Free Will experience.

This Awareness suggests that in the highest level of abstraction, this magical occurrence is far more magical than even the magic wand would imply, for it marks the first time in human history that there has been a crack in the density of human consciousness to recognize that which will allow the species to begin the evolutionary process it should have begun long ago.

This Awareness suggests that this is indeed an event of cosmic proportion, yet that taken down to the individual level, it all becomes a manner of attuning to inner forces of regulation which shall propel the entity to an expanding and ever-expanding consciousness and an opening of inner abilities to create a life experience far beyond that now imagined for the physical life experience.

This Awareness suggests that it was necessary for cycles of trial and error to establish patterns in history for entities to recognize how pleasure and pain was moving entities and how it is the pain that is created by external forces and disempowering dogmas and restrictions which have pushed humanity toward the revolutionary renaissances that have occurred and now to recognize the power of pleasure and pain as the manifestation of the voice of spirit and to begin to heed its advice, will open the avenues of the mind to the degree that the 90% of brain function shall become engaged and the human experience will be far more magical and creatively spontaneous and far more emotionally rewarding than has yet been imagined.

If we have completion we can continue.

### Will UFO Contact Occur in Year 2000?

There's been a number of books written by people who've studied the UFO phenomenon and the general consensus, particularly from so-called channelings from Pleiadian entities and Arcturian entities, and the 'good guys' up there on other planets that have no war-like propensity toward humanity on this plane, that the earth has just about reached the point where there will be visible contact, a visible landing of these benevolent entities from another planet, and this of course will

make very dramatic changes in the heads of certain establishments here in the world, particularly the religious establishment.

Does Awareness see this happening in the coming year? Or is that still going to be in a quite distant future?

### COSMIC AWARENESS:

This Awareness suggests that it is indeed contingent upon the abilities to individual and the species en masse to access the inner potentials and the mobilities of consciousness, to be able to manifest the receptivity to begin such exchanges and travels between planes and dimensions.

This Awareness suggests that much of which is personified as other planetary existences and civilizations is indeed symbolic of other dimensions and probabilities and experiences other than the physical earth plane. This Awareness suggests that there shall not be a visitation of space craft entities upon the earth in this coming year, but that the symbology behind the entire phenomenon has indeed to do with the expansion of consciousness, the mobility of consciousness, and that space travel is an *inner* enterprise, wherein physical technological craft can never accomplish the kinds of journeys that can be accomplished as the inner mechanisms become engaged and the mobility of consciousness is recognized.

This Awareness suggests there need be no panic.

If we have completion we can continue.



" I LIKE THIS NEW GEORGE BUSH! HE REMINDS ME SO MUCH OF HIS FATHER BEFORE WE THREW HIM OUT OF OFFICE."

### --HOW TO GET THIS NEWSLETTER BY MAIL-- EVERY 4 WEEKS 1 ( More or Less )

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# A GREAT TIME TO STAY ALIVE! ( A Great New World is coming!)

(Closing Message from CAC General Reading 12-15-94)  
Paul Shockley Interpreter

This Awareness indicates that entities are very fortunate to be living in this time. There may be very unusual changes occurring during this last part of this century, and in some cases there may be some dangers and risks involved, but it is an extremely amazing historical time and entities should become extremely aware of the importance of things that are occurring in the present time.

This Awareness indicates when you in a future time do age regression and come back to this life, you will recognize the great importance of having lived at this time, and how fortunate you were to be alive at this time. This Awareness suggests that entities who are approaching the later years of their life should determine and focus on years to come, to extend their life as much as possible.

If you can only believe yourself able to live the year 2000, then set that goal of improving your health so that you can live *beyond* the year 2000 for there is so much importance in living these next few years. If you can make it to the years 2012 or 2013, that is even better. But 2012 and 2013 is only the beginning of a new change, a new reality, and you might like to extend it even further so that you can be part of that new reality.

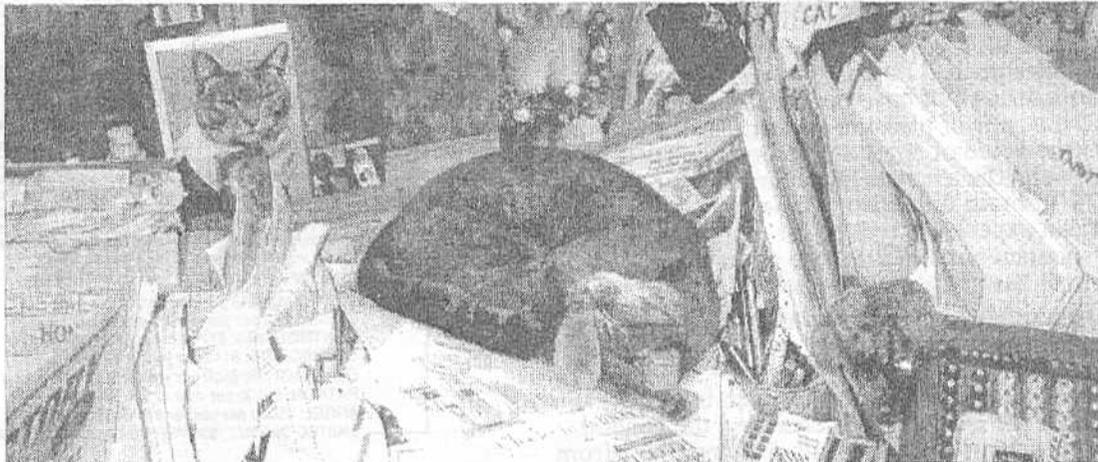
If you reach this point, there may be no need to pass over, to experience death. This Awareness indicates it is possible for entities to extend their lives simply by having a goal that is beyond that which they have come to accept. Many entities will time their future death to a birth date or special time. If you can reach beyond that time to another more important date, you may very well find your health being restored and things working better, for much of the reason your body shuts down is because the mind begins to give directions, begins to suggest it is time to shut down.

'When entities get old and feel they have accomplished much of the importance of their lives, they often tend to feel tired of living and start giving subconscious direction to their body to shut down, and when this occurs, they may start developing diseases or organs will stop functioning properly so that they just simply begin the dying process, but if they have something to look forward to and they really want to reach that event, to experience that event, the body will start repairing itself, to try to satisfy the commands of their directions, their mental goal.

This Awareness indicates you have a great opportunity of going through a transition in which the body need not die, if you can make it close to the years of 2012/ 2013. If you can get through the next few years, it may be sufficient, because you may have a new mental understanding of the new reality that allows you to restore your body to make it to those times described. In other words, even if right now you feel you cannot make it for even a few more years, if you *do* somehow extend your ability to live longer, there may be changes in consciousness that allow you to get new hope, find new excitement or reasons to extend your life, and as you start a slight improvement, it may help you to go even further, and from there, go on quite a distance.

This Awareness really urges entities to stay alive, hang in there and keep going, to experience this new world that is coming, if it is at all possible for you to do so.

(the Law of Gratitude is given)



The Wilber says, "I plan to stick around!"