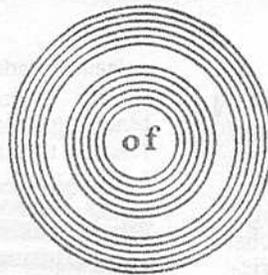


Revelations

The Cosmic Newsletter

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Awareness

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WOMAN LOOKING FOR A NEW RELIGION

(Modern Women See No Point in Worshipping a Male God)

QUESTION:

A question from Kitra W., Anchorage, Alaska. She writes: "Would Awareness comment on the growing dissatisfaction among women with the public churches, the ones that the common man goes to, like the Christian church. Women now seem to want to be equal in the eyes of God, as well as in the business legal and economic world. Is there any hope for a religious leader who will help them? The private religions, Wicca, Qabalah and so forth seem to balance the powers and are the stronger for doing so. Modern women see no point in worshipping a male god who thinks of them as inferior beings. What does the future hold in the way that women will worship?"

COSMIC AWARENESS:

This Awareness indicates that this is a situation which was created at the beginning of this Christian religion, wherein it was set up as a masculine religion in contrast to earlier religions which had a greater role for women. This Awareness indicates you will recall the Greek religions giving women equal roles, and also that of the Egyptian religion, but that the Christian religion as placing women's role as being nothing more than the mother role. This Awareness indicates that in the earlier religions, this particularly prior to writing, the Goddess, the female representative of nature and of the Creative Spirit was held in higher esteem than the male.

The Earlier Religions Promoted the Female Over the Male

This Awareness indicates that the earlier religions promoted the female over the male because of the necessity. Many religions are created in order to balance the needs of a society. In some of these earlier tribal religions, the female was held in higher esteem, and the males were seen as more dispensable, because, in order to populate a group, a woman was necessary for every child born, whereas a small number of men could fertilize a large number of women and increase the population. This meant that men were more dispensable.

This Awareness indicates men began to embrace religion, religious philosophies and symbols for the sake of power, that these things began to take a turn. This Awareness indicates that in the time of Egypt, the Pharaoh represented the Divine Ruler of the nation, and as long as the Pharaoh could hold control, there was no need to have an imbalanced religion putting men so far above women, but at later times, when the role of men seemed less potent to a society, it became beneficial for that society to develop a religious structure that put God at the top as a male father, man next to him, and women below.

The Tarot Card of the Lovers a More Natural Approach

This Awareness indicates that the Christian religion today, especially the Fundamentalists, teach that man looks to God, and woman looks to man. This Awareness reminds you of the Tarot card: the Lovers, in which man looks through woman to God. This Awareness suggests that this is the more natural approach; that man and woman serve as a kind of team, with woman balancing man's conscience to serve as a conscience for man, helping to direct and guide man into those ways that are more merciful and tender, and if man does not look to woman for this kind of guidance, he becomes imbalanced with his own masculinity, particularly when he looks only to a masculine God, because he begins identifying himself with the powers of a masculine God and ignores those areas of himself that are more tender, more merciful.

Jesus Introduced to Demonstrate the More Feminine Qualities

This Awareness indicates that with the earlier Hebrew teachings and system, this became a serious problem, leading to many wars. It was in part to bring out the tender qualities in man, the more merciful side, that the entity Jesus was introduced as a figurehead in the religion, exhibiting, as an example, qualities of mercy and nurturing, generally qualities associated with the feminine aspects. This Awareness suggests that in recent times, these feminine qualities in men are not encouraged, particularly in the religious areas except in rare instances where children are taught to be loving. Generally, this kind of loving has to do with loving Jesus or God, and not so much with loving other girls or boys or fellow peers, but they are encouraged to love Jesus and God and their parents.

This Awareness indicates that in terms of their peers, they are taught to be more competitive and hostile and more combative; this kind of brainwashing helps to keep them in line, while at the same time, to develop those masculine qualities which are characteristic of many of the macho men of a society in this Western civilization.

Why Some Women Today are Attracted to Wicca

This Awareness indicates that the concepts associated with Wicca and some of those pagan philosophies relate back to the time when the female was seen as the Creator, the Goddess, as the great nurturer of life, thus the Mother Earth and the Moon and all of those feminine symbols are given higher priority than in the Christian religion, but it too is somewhat out of balance, because this earlier philosophy does not give the male a reasonable roll, therefore, more women nowadays are being attracted to those earlier philosophies of the Wicca and pagan types wherein women attend full moon rituals or gatherings and there is some comfort for them in doing so; it emphasizes their role in terms of philosophy.

Christian Church Programs Women to Feel Inferior

When the Christian church refuses to grant women a reasonable role in the church, effectively programming women and men to feel that women are inferior in the eyes of God, this discourages full participation in the religion and women become disillusioned, whereas men, who are held in higher esteem in that religion, use the religion to keep the woman in line and subordinate, and of course, the woman being smaller in size, has little choice but to accept that subordinate position if she wishes to remain with the man, the same for children. Thus, a hierarchy system is created in which the leader is selected because of his gender rather than his abilities or his capacity to lead or make proper decisions regarding the lives of others, and those who are under the leader of the family may be victimized by his aberrations, if he has aberrations which victimize the remaining members of the family, and the religion helps to hold this structure intact, making it a sin for the woman to challenge or question the authority of her husband, even if it results in the battering of her children or herself.

Who Set Up the Christian Religion and for What Reason?

It is a sad commentary on a religion that is supposed to represent the Divine Law of the universe. This Awareness suggests that it should be enough to make people stop and ponder and question: Who set up this scenario, and for what reasons? For there are no other religions of such narrowness in terms of the favoritism played toward man that have taken such hold down through history, and it is, in historical sense, a rather recent development that this has occurred. It has been more or less a kind of aberration that has presented

civilization of the Western World with an imbalance of masculine energy which may account for the enormous numbers and magnitude of wars and violence during the past 2000 years, perpetrated largely and mostly through the Western civilizations, and their influence in other cultures, mostly through the churches and religions.

"Mother Mary" as a Role Model Not Much Better

This Awareness indicates that indeed, it is time for women to start looking at this and to start raising questions in regard to whether this is a Divine Law or an artificially created law built by man for the sake of man, in his need to dominate women. This Awareness indicates that the use of Mother Mary as a counterbalance for feminine's sake as a role model, was not much better in terms of presenting her as a model, for all she can do, all she symbolizes, is that of a nurturer of the spirit. She is a symbol created to nurture the spirit, the Christ Consciousness, and she has no other value, in terms of qualities attributed to her.

The Bible Manages to Put Women in a Subordinate Position

This Awareness indicates that the effect of this type of Goddess is to render women useless, except for their ability to nurture and have children, which they nurture. This Awareness indicates that thus, the woman seeks to protect her virginity because that is part of the myth of Mary in order to bring forth some extremely spiritual offspring, and to nurture that offspring, that it may develop into a good and godly being, but *never* to question her husband. This Awareness indicates there is nothing much in the Bible indicating that Mary never questioned Joseph, or suggesting that their relationship had her in a subordinate position to Joseph, or that she didn't have the same rights, nor that she was inferior to Joseph, yet, for some reason, because of the structure of the trinity involved of God, Man and Woman, it has managed to place woman in a subordinate position rather than as an equal but different classification alongside of man, beneath God.

Making God a Masculine Figure is in Error

This Awareness indicates it also presents God as a masculine figure, when in reality, it is not of any gender, it is an *It*, it is a force, it is a consciousness. The Universal Consciousness contains all genders, but represents none. They are all aspects of the Universal Consciousness but *It* is neutral; *It* is neither male nor female. The very word 'Jesus' in its origin means neither male nor female. This Awareness indicates that the hierarchy system set up by this religion was designed to carry certain concepts and energies through the Piscean Age of approximately 2100 years, and it is reaching the time wherein it begins to lose its usefulness, in terms of its power over the minds of entities, and it is time for a new myth to be released that carries greater benefits in terms of programming the masses.

This Awareness indicates that every age carries a different myth, every culture picks up and modifies myths from one age to another or from one culture to another, in order that each culture can have its form of religion; these being extremely valuable in helping entities to carry in their psyche some form for assisting in the evolution of their spirit, of their souls. This has served a beneficial purpose, even as it has caused much tragedy during this past 2000 years.

Christianity Not for this New Age; It's Time for a New Myth

This Awareness indicates, however, that time is coming wherein this shall begin to lose its control and hold over the minds of people, as entities demand and find new understanding of Divinity. This Awareness indicates it is clear that the Christian religion is not for this century in which entities become aware of the enormous

size of the universe, for it would be unthinkable that the Christian story would spring up on all planets having life throughout the universe in the same way; therefore, unless it was just for entities on earth to have this scenario, it would not be feasible to expect it to be a universal religion, otherwise, Jesus would need to be born of a virgin on every planet, and crucified on every planet in order to save the souls of entities on every planet, otherwise the Christian religion would not be valid on that planet. It would need to be something on the order of a traveling road show from planet to planet, touching on every inhabited planet for every kind of potential life form or culture, of any significance.

"In the Beginning was the Word and the Word was God"

This Awareness indicates that without this, that planet would theoretically, by Christian doctrine, be lost. Without this, by Christian doctrine, these planets having other life forms would not have the proper story of Christ. This Awareness indicates that anyone taking this seriously, would have to acknowledge that the Christian religion is too limited to fit as a universal religion, and that a more universal interpretation of these teachings would be to see the concept of the word of God as being the vibration or frequency that was in the beginning and was with God, and that the God itself as the word, is the frequency, or the vibration that creates and exemplifies and serves as Cosmic Consciousness, or Universal Consciousness, and that the Christ is a reference to Universal Consciousness, which, as Christ Consciousness, represents a unity with the Father in Heaven, and that individuals, in terms of these religious representatives of God are but personifications of those forces to allow the mind of men and women and children to hook onto something that can be understood symbolically, when they were incapable of understanding the concept of frequencies and vibrations and the fact that consciousness is but a vibration and frequency, and that Universal Consciousness is the ultimate frequency and vibration and the Creator of all things, without which, nothing would be; for does it not say "that in the beginning was the word and the word was God and the word was with God," and without the word, nothing that is would be, and is not the word the frequency or vibration of the Universal Creator?

Why Can't People Recognize Scripture as Personifications Symbolizing Forces and Concepts

This Awareness indicates that it is time that entities awoke to the real meaning of these scriptures and that they put away childish views and childish images, and that they see these things beyond the personification, literary images, as representing forces. This Awareness indicates that Zeus was drawn as a man yet symbolizes Jupiter; that Apollo was drawn as a man but symbolizes the sun. Venus was drawn as a woman and symbolized the planet Venus. Why is it so difficult for entities 2,000 years later to *not* recognize that these personifications are symbolizing forces and concepts? Have entities lost their understanding of symbology and the power of symbology in reference to its effect on the subconscious?

This Awareness indicates that entities take everything too literally; that there is a spirit of Santa Claus that has been created by people, and yet, Santa Claus is but a myth, even though as a child you would swear you saw the man; in fact, you may have seen many Santa Clauses. This Awareness indicates that entities need to begin to *think*, not just accept everything that is told to them as gospel truth, for in fact, the gospel truths were taken from various religions, from various cultures and compiled by the Hebrews into one book to make it look as though it were their own Bible, handed to them by

God, when in fact Moses and the story of Moses came from Syria, and much of the story of Christianity came from India and the life of Krishna, and many of these stories that are told as gospel are but plagiarized stories taken from earlier writings of earlier cultures or of different cultures of the time.

There are passages in the Bible that are direct parallel messages from Egyptians writings. This Awareness indicates entities need to face truth. Entities need to be willing to accept truth. This Awareness suggests that entities wishing to pursue this further should start with perhaps the book, *Myths and Deceptions of the Bible*;* that there are others also which can be beneficial for entities to pursue to understand that they have been given a compilation of information from various sources which produced for them a mythology that had a beneficial effect for many, a detrimental effect for others, especially those who were burned at the stake for not believing properly, and for those who have suffered because of someone else's fanatical belief.

*The Book "Deceptions and Myths of the Bible" by Graham is permanently stocked by CAC. Please refer to Book Price Sheet.

Many benefited from these teachings because they drew the highest and best from the teachings, applied them to their lives and benefited. Others used the philosophy to degrade, diminish and violate others. This Awareness suggests the next question be asked.

DOES THE PUBLIC GO TO ONE CHURCH, THE POWERFUL TO ANOTHER?

(FOLLOW-UP QUESTION)

Kitra who asked that question, had a P.S. which is sort of interesting. She says: "I think there is the churches the public go to, and the churches the powerful go to, and they are not the same." Is there any truth to that?

COSMIC AWARENESS:

This Awareness indicates that considering the way this entity means this, this can be answered in the affirmative. The entity is referring in part to some of those secret societies or secret churches in which there is more of an understanding of the power of these mythologies and symbols for some entities, and how they can be used to subjugate others, whereas the public generally is unaware of this, does not care to learn, and is satisfied to go sing songs and listen to messages telling them to be good and then go home and feel better for having been there, as though they have completed some duty to their soul.

This Awareness indicates that these entities attend sometimes week after week, year after year, decade after decade, getting the same messages, singing the same songs, learning very little, but reinforcing what little they have learned, and this is generally what the public does in regard to its church. They seldom ever question, or search for other truths, or deeper meaning. This Awareness indicates that in regard to the churches which the more powerful go to, these are not always or necessarily any better, in fact, they may be more harmful for they may be involved in occult practices or power-seeking activities or philosophies that create separateness and disdain for normalcy and mercy in one's relationship to his or her fellow man.

This Awareness suggests the next question may be asked.

THE LAMENT OF A MODERN WOMAN

(A Single Mother's Attempt to Keep her Family Off the Street)

QUESTION:

A somewhat related question, at least, another question about women, from Pam K., of Albany, California.

She writes: "Awareness, I want to know why I have gone so many years without finding doors opening for me? I feel like a reject with no love or support, trying to do a job which no one but myself considers important: raising two children. Is it karmic?" (There's a lot of questions in this but I'll just read the whole thing first) "What have I done that is unforgivable? It must be unforgivable. Nine years trying to raise two boys alone without enough money, often not enough for me to eat, and small love from family and friends and small support.

I feel my health is failing on all levels, so that I'm not even competent now to do the job with my children I really want to do. I want to give up. I want to lie down and die, I am so tired, but I cannot give up until my children no longer need me. Sometimes I think if I can just go on four more years, then my 16 year old, the problem child, will be on his own and able, hopefully to care for himself. The 13 year old has his father's love and will be cared for, though not in the way I would want.

I try to fight self-pity. I try to be open to something better happening but find myself anxious and exhausted and troublesome. I cannot stand my own company, but have been so beaten down that I am unable to be different. There are so many women in this position, so many of us who feel too tired and too discouraged to continue. Can we all have a blessing and protection and some healing? It seems to me that women, collectively, are having to live very difficult lives, moreso than at other times. Is this true? What is going on?

The hardest thing about the situation of so many single mothers: poverty, too much stress, humiliation, very low self-esteem; all of these things which snowball, and like quicksand, threaten to drag one down if there is effort made to combat them. The hardest thing is that no one has any understanding except others in the same hopeless state. If you can't feed and clothe and house yourself decently, you are considered a loser. No one seems to understand what the difficulties are for women who have been in marriage, are untrained to earn 'head of household income,' suddenly find themselves with more than two full-time jobs, being mother and father to children disturbed by divorce and having to earn enough money to provide for everybody.

My ex-husband will be traveling in Europe with his new wife. I have to clean the apartment building I am in, in addition to everything else I do to lower the rent by a few dollars. He has time to continue a career and develop talents. I can be nothing but a drudge and a total economic slave. It sure doesn't feel fair. Actually, it is not that people don't understand how I feel. They don't want to understand because then they might care, and they don't want to care.

"Enclosed is a question I'd like to ask if it seems of enough interest. I don't think too clearly right now, so it is not perhaps phrased well, and it could maybe edited and asked."

Could Awareness comment on this lady's letter, please?

COSMIC AWARENESS:

This Awareness indicates the entity has expressed a situation that is all too common for far too many women at this time. There is an entire generation of men who have gone out to have (a) family, only to decide that it is too difficult for them to make the real commitment when there are other areas which they could go to and have more pleasure or have a different person without the responsibilities involved and have some new start, but for the woman, the commitment to the children is so

much greater that they generally end up keeping the children, attempting to care for them without the social support.

How Women Get Deceived and End Up in Tragic Situations

Society does not support the woman the way it does the man in terms of earning power. This Awareness indicates it is an injustice, and it is a difficulty that is far too common. This Awareness suggests the only karma that is connected with this is that this entity was not careful enough in her youth to select the man who would be more committed over a longer period of time. Here is where many of the young women are deceived and why they end up in such situations. They look for the man who appears to be capable of taking care of himself, and they presume this to be a sign that he is a survivor and will protect them also, when often it simply means he is self-centered and will protect himself even at the expense of his family.

This Awareness indicates these entities fail to go after a person because of true love that is exhibited toward them, and assume that true lust and true affection temporarily displayed is a sign of love. Too many women want to take on the man with the hope of reforming him and making him in to the person who would be the perfect father. This Awareness indicates the role of women generally is to carry on the species through children and to nurture the children and to assist the children to grow and develop their own characters and lives. There is a powerful commitment from women for this purpose. It is much their purpose in life.

Men Can Make Babies Then Walk Away

Men, however, can make babies and walk away, and their commitment, because they cannot bear children, their commitment is to creating something else. They place their creative energies into some project rather than into a child or into a family, and the project may have to do with earning power, a job, or some form of social activity or business activity, and their commitment is not strong enough to the family; it is more to their own project, and they see the family as being nothing more than a reflection and flattery for themselves. They see their wife as something that will add to their appearance much as a new car or new bicycle or new suit or new home.

How Some Men Today View Their Wives

They see their wife as something they own that makes them appear to be better, and they see their children as being part of the image they wish to create, but they do not see themselves as being committed to take care of the wife and the children, 'til death does part them, or for any great length of time, if it is difficult. They are always looking for something comfortable. This society at this time is based on hedonistic concepts and attitudes. Where am I most comfortable? Am I comfortable with you? or would I be comfortable with someone else?

This Awareness asks: Why are these entities not asking: "How can I make my wife, my children, more comfortable? Instead, they are asking: "Where's my dinner? I've been home 5 minutes. What are you doing in there with those children? Get out here and fix my dinner! Make me comfortable! Where's my liquor?" This Awareness indicates the generation of men tend to want to be served. They want to be the king of their house and to have their family as servants to them. Where is it that they make the commitment to take care of those children whom they fostered, whom they bring into the world, or to take care of the wife, whom they take away from someone else, or from her parents and take charge of this entity, so that after the parents have

devoted all of their love and time and energies for many years into raising this girl, raising her so that she can be a good, healthy and responsible person, only to turn her over to some man who wants to be made more comfortable, and who wants to look good by having her at his side, and who wants to get something from her, to make him look better or feel better before others, and who, when seeing his wife in dirty clothes from working and scrubbing is embarrassed by her appearance, or angry that she is not the beautiful Barbi-doll that he expected when he came home from work.

The Biggest Mistakes are Made Between Ages 15 and 25

This Awareness indicates it is a sad commentary on this time, and women have to be extremely careful in regard to whom they pick, and to take their time and not give themselves so freely or so quickly, until they have discovered whether or not this man is truly committed, for you can waste many years and you can have several children, even from different husbands or mates and still not get a proper commitment from them, and yet you have the responsibility for those children; by your very nature you cannot toss them aside as he might.

This Awareness indicates most mistakes entities make in their lifetime are made between the ages of 15 and 25, and these are the crucial times, when a mistake can carry and direct a person's life from that point on. This Awareness indicates you are not alone in your suffering. This Awareness indicates there is not much that can be done, other than for you to make up your mind with strong determination that you will survive, you will raise your children and you will do whatever it takes to accomplish this in the best way possible. In the meantime, look for that rare jewel, that would love you and your children and seek a proper commitment before giving too much of yourself away.

8000 Children Living in the Streets

(This just in the State of Washington Alone)

(FOLLOW-UP QUESTION):

There was a frightening statistic I caught one night on the television from some non-profit organization, I believe it was, stating that in the state of Washington, there are 8,000 or more children that have no roof over their head; that many of these are living with a mother in the streets, in old buildings, in the backs of cars and so forth, and that just seems that such situations even adds to this tragedy of the female being put down, like is indicated in this question.

COSMIC AWARENESS:

This is in the affirmative. This Awareness indicates that it is a sad commentary on society at this time; that there is not more understanding, more sympathy, more mercy exhibited toward these entities, but there is still so much money available for weapons of war. This Awareness indicates that you live in a sick society. The elections previous and in the future allow entities to express their value systems, but so far these value systems leave much to desire in regard to any semblance of mercy or genuine concern for individuals, for what good is it to protect a society against a potential enemy by pouring billions of dollars into some weaponry system, when the society is festering from sickness within, and thousands and millions are suffering from that sickness of insufficient nurturing?

Self-Pity Won't Solve Problem: Determination and Patience Will

This Awareness would comment, however, to this lady. This Awareness suggests that self-sympathy will not solve the problem. Determination and patience will. This Awareness wishes also to comfort you and others like you by indicating that *It* will follow closely to assist and guide you in your efforts to overcome these limita-

tions; that it is for you to hold steady in your perseverance in doing as well as you can with your children, using society where it can be used in terms of programs, in terms of laws, and doing what you can for yourself within those laws, that your children and you might benefit as much as possible. This Awareness will help within those limits allowed by your circumstances to bring blessings to you, and to your children.

THE DIFFERENCE BETWEEN MALE AND FEMALE ENERGIES

QUESTION:

There's one more question about women, while we're on this subject. This one by Darlene W. There's a number of questions. I'll read the statement first. She writes: "Is 7 the male energy force, and 5 the female?, radiant and magnetic and electric. 666 was Antichrist and 777 was Jesus Consciousness. What is 555? Since the male force is so strong on earth, and even the space people or UFOs seem to use women only in a sexual sense in their command, (I don't think there are any female captains for example); does that mean the male number power is stronger than the female? Does the density level have anything to do with it? For example, is it possible that the 9 power starts at the lower density and therefore, the male principle is stronger on the more physical density, like up to 6 levels, and therefore, the female number principle, being less than the male's is closer to the spiritual planes with number 1 at the top level of density? Is there anything to this at all? Can you make any sense of my writing? It's just that women don't seem very much a part of things. Men seem to control, making discoveries in art, science and so forth, even religion is predominantly male, and the UFO seems this way also. Where does the balance come in?"

Both negative and positive are to balance, but where and when? I wonder, does Awareness have any ideas about this?"

COSMIC AWARENESS:

This Awareness indicates that there is no need to relate this to numbers. This Awareness indicates that this is associated with a previous message given by this Awareness in regard to 12 aspects, in which an imbalance occurs, which causes 7 rays to move forth as opposed to 5 magnetic energies which are retained or remain, and these 7 and 5 from this imbalance were classified as positive or negative. The concept of masculinity in this sense, having to do only with the fact of projection. The 7 rays project; the magnetic qualities are brought inward, and in that sense they can be equated to masculine and feminine qualities.

This Awareness indicates it has nothing to do with men or women. This Awareness indicates in reference to your concern that the female has less of a creative role or adventurous role, this is true, but it is true because there are certain inherent qualities within the female; that the female tends to want at a certain age to become a mother, and because she wants to become a mother, she pours her creative energy into that direction. It is inherent in her makeup, just as it is inherent in the male to want to get out and mess with the environment.

This Awareness indicates the male cannot give forth babies from himself, so he attempts to be creative in some other way, or he attempts to be destructive. The male's assertiveness is toward a movement in the direction of creativity with the outside environment or destruction to the outside environment, whereas the female's creativity has to do with bringing forth from an internal place that which is life, and that which is the child, something which needs nurturing. This Aware-

ness indicates this nurturing is something that cannot be done within a day or two, a week, or even a year. It takes a big chunk out of a person's life, puts them into a career. Now this career may have been selected at a moment, in a moment, maybe even after some excessive drinking. Nevertheless, the career has occurred and the entity is stuck, for as much as 20 years perhaps, or even more, to raise that child, and this entity may also have more than one career going simultaneously, having as many as 5 or 10 children. How is it then that the entity could have time for further careers, of getting out and mimicking man in his efforts to mess with the society and environment?

This Awareness indicates it is simply a matter of where entities' values lie, and what their nature is. If they are devoted to children, put energy into children, they cannot lament that they wish they could be somewhere else flying an airplane or UFO or something different, because they have made their selection. If they want to do something different, much as the young girl who decided she wanted to be a football player, she needs to make that choice and make that action part of her goal, and not get sidetracked.

This Awareness indicates that women, in many ways, are doing the same thing that men do. The man takes on a job, becomes stuck in the job for year after year, hates his job and laments that he wished he had been a lawyer, or wished he had been a painter, or something else. The woman has children and laments that she wished she had been a pilot or a politician, but she may blame her sex, her femininity, or men, because instead of pursuing her goal, she elected to have children, or to become a housewife.

Most Problems You Bring On Yourself

This Awareness indicates that it is important for entities to realize that much of their problems they bring on themselves because they have selected some course of action. If you take a step in a direction, you do not need to continue walking in that direction, but if you do continue in that direction, you cannot object that you have gone in that direction. This Awareness indicates that when you have walked far enough in one direction and haven't the time or energy to go back, you have made your choice. Every step is a choice in that direction. There is no point in lamenting. There is no way to go back to the beginning when you had options in every direction. You have used your options by moving in one direction. Your options diminish with each step.

This Awareness indicates that regardless where you are, there are options. Each option carries its own consequences and rewards. The further you go in one direction, the more options you give up in the other directions that were present previously, but you still can have options from where you are. There are 360 degrees from every point, no matter how far you've walked in any direction, and you can turn in any direction from that point, and again walk in some selection of an option available. You may never be able to go back as far as you have come to start over again, but there are always ways to improve whatever you have, wherever you are, and to find a new direction, a new option that would be more satisfactory, but you must learn to discern in order to choose that which truly brings your happiness, for too often entities don't like their situation and they turn in a different direction, only to find that they have walked off a cliff or into boiling water or some equally unpleasant situation.

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<http://www.CosmicAwareness.com>

SPIRIT PAINTING FROM LEONARDO MANET AND VAN GOGH

(How Is This Done?)

QUESTION:

Someone sent us a video called UFOs And Channeling with Telly Savalas." I believe at one time it was on network television, but on this video they depict an artist, or they depict what they call is a "soul group of artists" that paint through a South American young man named Gus Padeto, and this entity closes his eyes and he paints in a trance, sometimes even using just his feet, and he's turning out paintings that look particularly like famous artists like Van Gogh, Leonardo, Manet, Modigliani and so on, and they compare these works with these masters and they look like it is an extension of the original artists.

These are new paintings, not copies of old ones, and this soul group, when asked why it does this, it says that they're doing it to bring attention that life goes on after death. Could Awareness explain how that is done? and how this soul group works, and how these artists, supposedly that have passed over long ago, express themselves through this young man?

COSMIC AWARENESS:

This Awareness indicates that it is much likened unto the channeling that occurs with words spoken, except that the entity used as an interpreter or medium or channeler is attuned to artistry, painting and drawing rather than to words. This Awareness indicates it is simply a different mode of expression. This Awareness indicates it is quite phenomenal in the sense that the artistry is comparable to recognized and great masters in the field of art.

There is a sensitivity involved with the artist that allows him to interpret the subtle feelings and energies of those who communicate through him. It is also equally difficult to explain how a great artist paints and produces his work. That is the nature of art, in that it requires extreme sensitivity, discernment, purpose and a kind of channeling from higher vibrator rates, even when embodied in a physical form.

The artist, prior to passing over, often channels from spiritual levels to produce his or her great works of art. This entity is serving as a channel to attune to these great artists' soul force or energies in order to create a similar type of artistry. This Awareness indicates that if one were to ask how to make gravy or make a certain type of cake, wherein there is a recipe of ingredients, this could be more easily explained, but when it comes to talent, it becomes more difficult because the talent is that which requires something from within, not something that can be put down so that others can follow the directions.

This Awareness indicates that it is not really something that can be explained in a step-by-step procedure.

FOLLOW-UP QUESTION:

This entity does not use brushes. While he's in a trance with his eyes closed, he evidently gets down on his hands and knees, and he paints only with his fingers, or sometimes, just with his feet.

COSMIC AWARENESS:

This Awareness indicates this would be more appropriate as a means of painting, in that the fingers can feel certain impressions on the canvass that may assist, particularly since the eyes are closed. The entity may feel where the previous paint was placed, and thus know where to place the new paint, but if using brushes, this would not be possible for the feeling would not be there.

Surely Leonardo's Spirit Does Not Come Back

(More on The "Soul Signature" of An Artist)

FOLLOW-UP QUESTION:

The individual style of the original artist, some of whom had been dead two or three hundred years is unique, and this man makes no errors. What you see is what you get, and it turns out with no corrections needed, almost a perfect painting in the style of the various entities. Surely he's not tapping in ... surely the original artist like Leonardo, for example, does not come back as a spirit and work through this entity. Is that correct?

COSMIC AWARENESS:

This Awareness indicates it is the vibration, or that which may be referred to as the *soul signature* or frequency of the original artist that is moving through the entity. This Awareness indicates that the medium takes on the essence, or vibratory essence, of the original painter, letting his body, his total being serve as a vehicle for this essence to work through.

This Awareness indicates that there are no ways to put this into words that can logically explain what is experiential in nature. It is an experience for this entity to give himself to be used by these painters or their vibrations.

How to Experience Lincoln: A New Meditation

This Awareness wishes to suggest a meditative exercise. This Awareness indicates that the individuals reading this message imagine themselves standing behind Abraham Lincoln. This Awareness chooses the entity Abraham Lincoln because most entities have an impression of the entity Abraham Lincoln. This Awareness suggests that you visualize yourself as a kind of invisible being standing in back of Abraham Lincoln.

This Awareness suggests you take one step forward and enter into the body of this image that you recognize as Abraham Lincoln; that in your movement into this entity's body you are invisible, and yet you can feel the entity's energy around you. You can move into the "tallness" of this entity and look out of the entity's eyes at the world in front of you. You can feel the clothing of this entity, including the top hat.

This Awareness indicates you can also sense the suffering, humility, and wisdom this entity experiences in a kind of shy solitude of himself. This Awareness suggests that you meditate for a period of time, "feeling" Lincoln. This Awareness indicates that if you meditate on this for a period of 5 to 10 minutes, you will know more about Lincoln than you have read. This is in reference to the *essence* of Lincoln, not so much in terms of his actions or behavior or historical deeds.

These historical deeds and activities of Lincoln are supplemental to the essence that you feel in regard to this entity. This Awareness indicates that after 5 or 10 minutes of such meditation, you can imagine yourself now more easily moving around in your world as the entity Abraham Lincoln and if you come in contact with a situation, you know exactly how you would respond to that situation as the entity Abraham Lincoln, for you can feel the essence of this entity in meeting the situation.

This Awareness indicates that in your continuing meditative experiment with this, you may begin to grasp how a channel could channel a great artist in a painting simply by attuning to the entity's vibrations and feeling the entity as yourself. This Awareness indicates it is an experiential action, not something that can be rationalized or thought about, or explained through words. It has to be experienced to be understood.

Now Attune Yourself to Rembrandt

This Awareness suggests you imagine now standing behind the entity Rembrandt. Of course you need to know something about Rembrandt in order to gain the sense of the entity or the feeling of the entity, but assuming you have read or studied something about this entity, you may then step inside, in your invisible body, into the body of Rembrandt, as you conceive him to be, and visualize yourself knowing his painting style.

Visualize yourself putting on canvas something in the style of Rembrandt. This Awareness indicates that this is not likely to be a masterwork on your first attempt, but if you were to work with this over long periods of time, if you were discerning and sensitive to these energies, you could gradually slowly develop the talent of expressing your paintings as Rembrandt would express his, for you are able to attune to the vibrations and frequency of the entity you know as Rembrandt.

This Awareness indicates that is about the only way to explain how these things occur without forcing you into the experience which is impossible for this Awareness to do. *You* have to yield and give yourself to the experience and attune to the energies or frequencies and do this action for yourself, for this Awareness cannot, through words, make you understand how this is done.

It is an *experience*.

The Woman Who Channels Beethoven & Mozart

FOLLOW-UP QUESTION:

Some years back we asked the question about a woman, I think in England, who was gaining a lot of notoriety because she allegedly was channeling Beethoven and Mozart. She would sit at the piano and start channeling music and playing all new music, and the critics who study this type of thing, studied, analyzed these songs, these symphonies and things that came through on the piano, and they said: "Yes, this indeed could very well have been a work by Beethoven or Mozart." *

*Revelations of Awareness 85-8 (Mad About Music) \$3.00 from CAC.

Is this the same type of thing Awareness is describing tonight?

COSMIC AWARENESS:

This is in the affirmative. This Awareness indicates that the entity simply attunes to the vibration of the entity whom she is channeling and the entity's vibration creates the patterns that emerge as expressions. This Awareness indicates that a good mimic, a person who can imitate the voices and actions and appearances of others does so, not by practicing the outcome, but by attuning to the entity's feelings.

If you were to seek to mimic, for example, the entity George Bush, or the entity Burt Lancaster, or some other well-known entity, you do not begin by attempting the finished product. You begin your focus by tuning to the inner man, the inner vibration of the entity, the essence of the entity, and from that essence, move outward to form the voice and move outward to form the mannerisms that are part of the essence until these patterns become operational as extensions of the inner vibrations of the entity.

Nevil Who Channels a Dolphin

FOLLOW-UP QUESTION:

There was a TV show not too long ago called "The Best Of The Worst," I happened to catch, and they had a channeler by the name of Nevil who claims he channels a dolphin named Jacuba, in dolphin language. If that was true, would the same apply to this entity?

COSMIC AWARENESS:

This is in the affirmative. This Awareness indicates that an entity can attune to different types of vibrations. If you want to attune to a rock and experience "rockness," the essence of "rockness," then simply feel yourself as a rock, and imagine all that is associated with rocks, all that goes on around rocks, going on around you with yourself simply lying there unable to move, able only to observe the phenomena of events going on around you.

You Can Experience Being a Group or Even the Planet Mars

You will gradually become more accustomed to feeling like a rock. This Awareness indicates that the same can occur in taking on the vibrations of anything else. In fact, you could even take on the vibrations of a group, if you could, through your imaging process, allow yourself to be equally divided to represent each of the entities of a group and see yourself as that group in motion.

This Awareness indicates you could likewise feel yourself as the planet Mars, or some other celestial being, but it requires the ability to let your imagination soar and not only visualize, but to *feel* yourself in that body or role. This Awareness indicates that in the feeling of the isness or essence of the thing, you then are able to channel the essence, answering questions with considerable accuracy.

This Awareness indicates that if you can feel yourself as a tree, it is not a particular tree, it is not difficult to give information that comes from the history of that tree. You may see things during the lifetime of that tree which occurred long before your existence and without your personal knowledge. This Awareness indicates in this manner, entities have been able to take an object, hold it in their hands, and give you a history of the object.

This Awareness indicates the accuracy of such readings will depend on the sensitivity and attunement to the vibrations that the entity can acquire.

If Not For "Certain Events" Peace Would Come

QUESTION:

A question from Christopher Largent, in Wilmington, Delaware. He writes: "In Michael Talbot's book, *Holographic Universe*, a woman reported that in a near death experience, she had been allowed to see the history of the earth in a different way, and that if "certain events" hadn't happened during the time of the philosopher and mathematician Pythagoras "3000 years ago," though Pythagoras was from 580 to 500 BC, the world would be a place of "peace and harmony."

"What events" he asks, "if this is valid, is she referring to?"

COSMIC AWARENESS:

This Awareness does not see this, does not understand the reference the entity has in regard to this. This Awareness indicates that it appears it is a hypothetical statement moreso than referring to historical events. This Awareness is not obligated to comment on other people's statements about things, wherein the statements themselves are questionable. *It* does not see what is meant by this statement. *It* does not see the so-called events that occurred during the Pythagoras lifetime which created hazards to the future of earth.

What Should Be the Basis of True Religion?

QUESTION:

Another question from Chris Largent. He writes: "Going through Zechariah Sitchin's books we realize how many "religious events" aren't really religious at all, when some deeper meaning is seen in them by later

interpreters. It seems that these deeper meanings, and not the specific events should be the basis of true religion. That way, people can't be manipulated by surface events, but instead will keep their focus on spiritual understanding and its development. Does this seem valid?"

COSMIC AWARENESS:

This is in the affirmative. This Awareness indicates that these deeper events do not even have to be classified as religious in nature. They may be classified as deep human experiences or turning points in human history, or may have some other significance as a kind of character formation for humanity, much like traumas and events in an individual's life help to develop the individual into what it is that he or she is.

This Awareness indicates these may be classed as spiritual experiences for humanity, or if it is suitable to call them religious experiences of humanity, then this too is permissible. *It* suggests, however, that calling such symbolic experiences religious tends to dogmatize these things so that they cannot be questioned or explored further for new information they may contain.

The Chickens Have Come Home to Roost

(Experiments by the Greys and Their Masters)

QUESTION:

Another question by Christopher. He writes: "To a certain extent, the behavior of the Greys and their masters, experimenting on anything they choose without concern for the subject's feeling, eating lesser but certainly conscious species, calculating everything coldly and unemotionally, for their own benefit alone, seizing by force someone else's property, etc., seems like the chickens coming home to roost.

"These strategies and actions are like our own worst scientists, engineers, political leaders and business people, only a more extreme case, perhaps, yet it seems as if even these humans who disagree with these destructive strategies and actions may suffer. Can Awareness comment?"

COSMIC AWARENESS:

This Awareness indicates that the entity has summed up a view that pretty well sums up the situation. There is not much more to be added, other than to agree or disagree. This Awareness suggests that *It* agrees with the entity's evaluation.

Were the Greys Expelled in the 11th Century?

(Government Contracts with Greys in the 40's & 60's)

QUESTION:

Another question from Chris. He asks: "I read that the Greys were expelled from the earth in the 11th Century. How, by whom, and when did they return?"

COSMIC AWARENESS:

This Awareness indicates that *It* does not see this as being necessarily accurate. That these entities have been in contact with the earth off and on for many millennium and that there have been various species coming and going to the earth and from the earth throughout its history. This Awareness indicates that the Orion Greys sent a small envoy to earth in the '20s and made contact with some entities of your government during that time, came back in the '40s and arranged a treaty, in the late '40s, with your government.

The Zeta Greys began to come en masse in the '60s and formed treaties during that time with your government and have been increasing in their numbers ever since. The Reptoids have recently begun movements in large number, toward and in this planet; that all of these entities except the Zeta Greys have had prior contact

with earthlings periodically, for many thousands of years.

The Zeta Greys, being relatively new visitors to this planet.

HAS "THE NEW STATES CONSTITUTION" BEEN FINISHED?

QUESTION:

Another question by Christopher Largent. "In the book stores we found Mortimer Adler's latest book, pushing among other things, a New World Constitution written by many of the same crowd who produced the New States Constitution. Has the New States monster been expanded already to try to enslave the whole world? In other words, has a repressive New World Order Constitution already been written?"

COSMIC AWARENESS:

This Awareness indicates that it appears this has been devised and distributed. It does not appear that it is absolutely finalized at this time, but that there are still modifications being made to it. It appears, however, that this is basically intended as a world constitution to be put into place when the time appears right to these entities.

Problems in Trying to Make Others Aware

QUESTION:

We received a letter from Judy Prouty in El Paso, Texas, which contains at least one good question. I'll read it. She writes: "Thank you so much for your continued work and service. I relate to so much of what Awareness says about the members and Wanderers, yet I know I am still blocking, or 'resisting' is probably a better choice of words, what I came to do: make others aware.

I also know I am not the only one who is resisting, from what I read in the newsletter. Yet, on the other hand, I feel as if I am making others aware in my own small way, and in the only way that feels right for me at this time--by introducing new thoughts and new ideas to them, to those I come in contact with.

"I have not been very successful when I have tried introducing people to ideas that were "radical" to their present mental states, so I have done it the only way I know how, which is to talk about things they feel comfortable with or ideas that they might not accept, but at least find interesting but non-threatening.

"Through this approach I feel I have helped make others more aware over the years. It's neither quick or dramatic though. Maybe I'm just trying to justify my lack of activism on the alien issue. I am still reluctant to discuss this with many people. Most of them I have approached have not been very receptive to the concept of aliens at all. Needless to say, I didn't pursue the matter of a coming invasion.

"Slowly, I see things in the news and/or TV that are helping to open people to the "science fiction" of aliens, so they will become more receptive. I know the argument against waiting is that we don't have the time, but if people aren't ready to hear one's message, it will fall on deaf ears anyway. I will follow my inner guide on this. Since your readers share experiences and observations, I thought I would pass on an observation about myself, wondering if other members have had the same experience, and if so, perhaps Awareness would offer some insight.

"About two or three years ago, I became aware that I no longer enjoyed or even tolerate very well being in airports. Prior to that I could spend hours waiting for planes. I would get involved in a book and time would

pass pleasantly. About three years ago, when I was returning from Las Vegas, I was extremely impatient to get home, to get away from all the people. I couldn't enjoy reading or anything else.

"I don't know if I became more sensitive to others' energies or if I was picking up on something else that was disturbing me. I just had such a strong desire to get out of that environment. Subsequently, I have had the same feeling almost every time I have flown anywhere, in and out of airports in Austin, Houston, Las Vegas, Los Angeles, Seattle and Sacramento.

"About two weeks ago I flew to Reno from El Paso and expected the same uneasiness, but I didn't experience the restlessness. Why not Reno, Lake Tahoe, unless it's all the pine trees and natural beauty? It occurred to me that maybe more and more aliens are traveling disguised, and maybe I was picking up on them. I wonder if others have had similar experiences, and if so, would Awareness care to enlighten us?"

That was the end of her letter.

COSMIC AWARENESS:

This Awareness wishes to comment on the first part of her letter, relating to the need to be cautious in communicating new ideas to her associates. This Awareness indicates that this is the only way that is appropriate for entities to communicate to others; that if you attempt to jerk people into awakening, force them to awaken, you only create for them resistance and hostility toward you, and this does not help your cause at all.

This Awareness indicates it is likened unto someone coming in and jerking you out of bed and telling you to wake up. You will only resent the action and will not appreciate their efforts or listen to what they have to say. This Awareness indicates that by giving them a little more than they may be willing to hear, you can prompt them in terms of curiosity so that as they go away they have something more to think about than they may actually agree with, but it can leave them thinking further, and it allows them to realize that you have much more to say, if and when they are willing to listen further.

This Awareness indicates, apart from the extra information you may give them, simply by giving them as much as they want to hear, that is sufficient for their momentary needs. This Awareness indicates that this is the best way to enlighten others: a spoonful at a time. Do not dump the whole meal on them at once.

FOLLOW-UP QUESTION:

And the question about her feelings at the airport?

COSMIC AWARENESS:

This Awareness indicates that this entity has her feelings. This Awareness indicates that *It* does not know what to say about the entity's feelings; they are hers. If you are asking whether there are aliens at airports, this is in the affirmative. This Awareness indicates that if you are asking whether the entity should not be at airports, it is a question of her own feelings and whether she wants to be at airports.

This Awareness does not wish to advise her on this.

QUESTIONER:

I think her question basically was: If aliens are traveling more and more in disguise and hanging out at airports, could she be picking up on these aliens, and this translates into feelings that she wants to escape from that environment?

COSMIC AWARENESS:

This Awareness indicates that aliens *do* use the airports and can disguise themselves as ordinary humans and some entities are sensitive enough to feel these

entities and to wish to avoid being present with them. This Awareness indicates that feelings are the prerogative and right of anyone and cannot be chastised, negated or judged, nor should they be. If a person does not feel like jumping up and down or going to airports, that is valid for them.

This Awareness indicates that *It* is not capable of telling this entity whether her feelings are right or wrong in this regard. If she does not want to go to airports, then indeed, she does not need to feel obligated to go to airports as far as this Awareness is concerned. If she is asking this Awareness for approval to avoid airports, or to justify her feelings, this Awareness approves of her feelings to whatever she wishes, or to not do anything she doesn't wish to do in this regard.

POPE PAUL VI MURDERED AND REPLACED BY AN IMPOSTER

(More on Veronica Leuken and the Incoming Planetoid)

QUESTION:

A question from Margaret Anthony, North Hollywood, California. She writes: "I finally have found something I would like presented to Awareness for *Its* thoughts. Very recently I have been watching a cable public access show coming from Bayside, New York. It is a group that follows Veronica Leuken, who is considered to be a seer. For about 20 years she has claimed to be visited by the Virgin Mary with instructions and prophecy concerning the Roman Catholic Church and its adherents.

"The shrine is called Our Lady Of The Roses, and they videotape and show it on Sundays in this area. There have been a lot of miracles ascribed to that particular site, (the pavilion) and a lot of photographs, when developed, show faces of Catholic saints, strange lights, writings and numbers. What attracted my attention was Veronica's claim that pope Paul the 6th was not only murdered but was replaced with an impostor in the Vatican.

"They show photographs of the two personages when they talk about this. I remember all the things Dr. Beter said about doubles and stand-ins and so forth, so this was real interesting, since it came from an entirely different source, the Catholics themselves. Understand, however, that this group is not recognized by the Vatican. They come from their own parishes to worship and pray at the pavilion in Bay City where Veronica sees the visions and interprets them. There are healings, even if she is absent. Also, Veronica has stated repeatedly that a large comet is going to collide with earth in the near future, with devastating consequences.

"I know this has been predicted by many for as far back as 300 years, but with the current articles in the newspaper and on TV news that scientists are becoming more worried about the possibility of such a collision occurring, I would like to know if Awareness sees the same thing approaching? Veronica states whatever it is will be visible for two weeks prior to impact and that our technology will not stop it. I will be interested in Awareness's reply. Thank you, Margaret Anthony."

COSMIC AWARENESS:

This Awareness indicates that this appears to be a ploy by scientists to create technologies to deal with the so-called incoming comet. This Awareness has indicated previously that it is not a comet at all. It is a planetoid, inhabited by invaders who would come to this planet and that the purpose of science in making these references to a potential comet or planetoid colliding with earth is to give a cover-story for the government program to destroy this incoming planetoid.

This Awareness has given this information previously, though not as concisely.

FOLLOW-UP QUESTION:

This information about the Pope...

COSMIC AWARENESS:

This appears to be in the affirmative. This Awareness indicates that this information has appeared elsewhere. That it is in reference to the poisoning of the Pope and replacement by the use of a double.

Harmaline: An Herb That Makes You Psychic

(And Another Herb That Makes You Remember Past Lives)

QUESTION:

A question from Larry Janiga, Finleyville, Pennsylvania. He writes: "I enclose two very interesting articles on some unusual herbs. The first article, about the herb harmaline is an herb that is supposed to make you psychic, and the second article, about the herb Black-man's Head, causes you to remember past-life experiences.

"I was wondering if you could read these articles to Cosmic Awareness and ask if they are true, and if so, could you ask if there are herbs available in the United States that work similar to these?" I'll read the briefest of the articles:

"Some travelers along the Amazon have reported that the natives there sometimes become psychic, when they ingest certain plant distillates. Dr William McGovern was an assistant curator of South American ethnography at the Field Museum of Natural History when he made his observations in the 1920s. He was exploring the native settlement of the Amazon river where he watched the Indians concoct a psychedelic brew from an hallucinogenic chemical called harmaline, found in the *Banisteriopsis caapi* vine.

"Certain of the Indians, he said, fell into a particularly deep state of trance in which they possessed what appeared to be telepathic powers. Two or three of the men described what was going on in Malokas, a settlement hundreds of miles away, many of which they had never visited and the inhabitants of which they had never seen, but which seemed to tally exactly of what I knew of the places and people concerned.

"More extraordinary still, on this particular evening, the local medicine man told me that the chief of a certain tribe in far-away Pira, Panama, had suddenly died. I entered this statement in my diary and many weeks later when we came to the tribe in question, I found that the witch doctor's statements had been true in every detail."

"Harmaline was later imported to Europe where researchers at the Pasteur Institute in France experimented with it. They reported that their subjects became so psychic after taking it that they renamed the drug "telepathine."

That's the end of the first article. Will Awareness comment on that one, please?

COSMIC AWARENESS:

This Awareness indicates that it appears this substance is and does as described. It does not appear that there is any particular herb within the United States that is not already known as an hallucinogen that would mimic this herbal property. This Awareness indicates, however, there are known herbs such as peyote and similar hallucinogens that have similar, if not as deep or powerful effects, as this herb.

This Awareness indicates also, certain mushrooms have hallucinogen effects. That the hallucinogens do carry some psychic energies, enhancing psychic powers

to some extent. This Awareness indicates that this herb described as being more potent in regard to the psychic effects than others of the hallucinogen families.

"Black Man's Head" Tree Extract For Remembering Past Lives

FOLLOW-UP QUESTION:

The other article appears to be from a tabloid. The copy is so weak, it is very hard to read, so I'll just briefly hit a highlight or two. It says that: "Men and woman are being brought back from the dead by the mysterious extract from a tree of life that grows only in the most remote regions of the Amazon. The amazing stories they tell prove conclusively that there is life after death. Reports of the miraculous recoveries of men, women and children and their accounts of reincarnation have been documented by research scientists who carried out extensive tests throughout South America.

"Now they're at the stage where they'll be able to make the these scientists, Lynn Hughes, and his colleagues were astounded at the first-hand stories they heard hacking their way through dense brush to a remote clinic in Paraguay. One man who had been brought back from the dead said the extract helped him to recall that in an earlier existence he had been a conquistador from Spain, a captain named Don Alvo Aldro Valez

"Later, when Hughes checked the story with ancient documents and discovered that the soldier had indeed taken part in several campaigns in South America..."

The story goes on and on, citing more examples, but basically, is this story that there is some tree that they can remove an extract from that will make entities come back from the dead, as indicated in this article?

COSMIC AWARENESS:

This Awareness indicates that this appears to have the effect in many cases, though not in every case. It appears that the substance creates within the body a condition that tends to call forth to the soul in a manner similar to that of a kind of magnetism, drawing it back into the body and at the same time, conditioning the body toward healthy environment so that it can function more appropriately as a vehicle.

This Awareness indicates that it affects the body through vibratory rates that sympathize or harmonize with the soul and harmonize with increased health. It is an herb that attunes the body frequency to the soul frequency and moves toward a harmonious balance. This appears to be of great medical value for many entities, if it is pursued and can be cultivated and used properly.

This Awareness indicates this is not to be confused with drugs used in certain of the Caribbean islands which give the illusion of death, but which wears off after several days, allowing the entity to recover and continue in a kind of zombie-like existence. This is a totally different kind of drug or herbal extract.

Is Glutathione a New Miracle Amino Acid?

QUESTION:

Dr. George Shahbaz sent out a notice that introduces something called sub-glutathione. "The therapeutic effects and the value of glutathione in the prevention and treatment of degenerative diseases is well documented. Research studies published in many prominent medical journals have shown this naturally occurring amino acid compound to have the following attributes: anti-oxidant and deactivator of free radicals; anti-tumor agent; detoxifier of heavy metals and drugs; aids in the treatment of liver and blood disorders, plays an impor-

tant role in the reversal of the aging process, and stimulates the immune system, aids in the treatment of allergies, cataracts, diabetes, hypoglycemia and arthritis; anti-inflammatory agent; more effective than Vitamin C as a reducing agent for enhancing the utilization of iron, cysteine and cystine; more effective than SOD in protecting cells from oxidation reactions; ameliorates or prevents the harmful side-effects of high-dose radiation, chemotherapy, X-rays, et cetera; important amino acid transporter; accelerates respiration in the brain; protector from cigarette smoke and the poisoning effects of alcohol.

"This is a sublingual product, and the average dosage is a thirty-day supply, one to three droppers-full per day; you hold it under the tongue for two to three minutes without talking or swallowing. This comes in a small bottle for \$30.00." It says: "Never before have you had the opportunity to use a product with the bioactivity and the ease and administration. We are proud to have developed a formulation that we believe can improve the quality of life and over-all health of any person consistently using this product."

Would Awareness indicate if this product is as good as this glowing report indicates it is?

COSMIC AWARENESS:

This Awareness indicates that the continued use of the product over a period of time does appear to be significant in regard to the claims. If an entity uses the product only occasionally, then of course, these claims are not likely to be proven. This Awareness indicates that the main difficulty or problem with the substance is the taste, wherein the drops are put under the tongue. It does have an unpleasant taste, at least until entities become used to it. If entities can get past the taste and not associate it with something unpleasant to them or feel that there is something wrong with it because of the taste, and if they can use it as directed on a regular basis, it can have profound effects on health as indicated.

This Awareness indicates that the difficulty with products and statements and claims is that one person, in hearing these claims will expect on a scale of one to ten, that the claims will produce results to the level of four or five or six. Another person will expect that the use of the product will produce results to the scale level of 10, and therefore, if asked whether this product will do what is claimed, this Awareness must consider all of the expectations that entities might attach to the words described in the product brochure, and *It* realizes that some entities will attribute greater than miracle attributes, while others will be more realistic and produce good results over a period of time, and that there may not be an absolute and total cure for a problem by this product alone.

This Awareness indicates that the entity may still have to watch his or her diet, or use other medication along with this. This Awareness indicates that entities who are realistic will understand the product to be an important product in bringing about better health. An entity who is unrealistic may see this product as being some kind of miracle product and expect that by taking one or two doses they are going to be as healthy as they were during their most healthy time-period of life, and perhaps rejuvenate ten or twenty years in age.

This Awareness indicates that in reading the brochure, some people will expect this kind of miracle from the product, while others will be more realistic and understand what the product claim is with a kind of conservatism. This Awareness indicates that it is best to be somewhat conservative in recognizing these claims,

while at the same time, knowing that the product can bring about increased health when used regularly and when other activities of good health practice are also included.

How Long Before Results?

FOLLOW-UP QUESTION (VIKKI):

How long of a period is meant by "extended time" before we might start seeing results?

COSMIC AWARENESS:

This Awareness suggests at least three weeks. It depends, of course, on the individual's health level as to what kind of results and how dramatic the results would be. If an entity is greatly deteriorated, the use of this substance might take several months before the entity feels considerable improvement, but within 3 weeks, the entity should realize some improvement in health. It should become apparent.

This Awareness suggests a month's supply, using it on a daily basis should result in noticeable health improvement within the month.

FOLLOW-UP QUESTION:

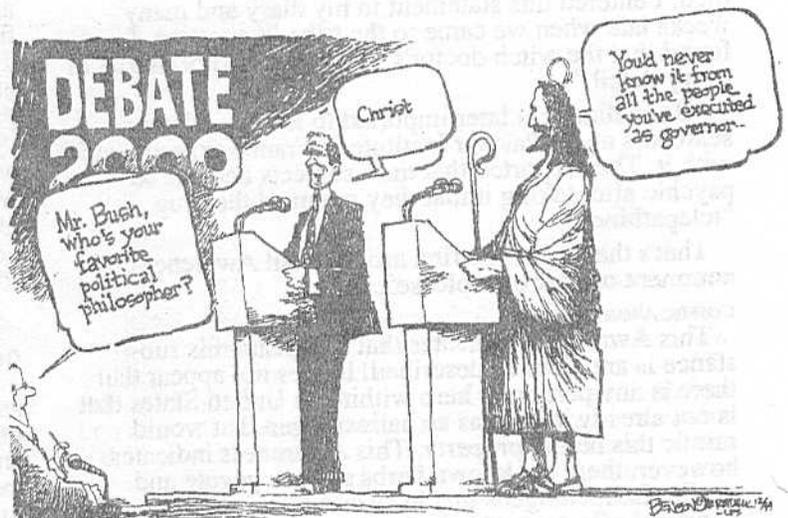
Would Awareness say the product, ignoring all the claims, would be beneficial, if used long enough, as another way of helping the immune system build up?

COSMIC AWARENESS:

This is in the affirmative. This Awareness indicates that the taste is that which might discourage some entities in that the flavor has a kind of sulfur, sour, salty taste, which for some entities might remind them of sour milk or something similar, causing them to feel it is "nasty."

This Awareness indicates that it has this taste of something perhaps easily associated with something that has spoiled in the refrigerator, and though it is not actually spoiled, the reminder causes an entity to not become enthusiastic about taking the substance. This Awareness indicates, however, that entities can condition themselves to look beyond the taste and put a few drops under the tongue and in so doing repeatedly, after awhile, the taste no longer is offensive.

ED's Note: Today Glutathione is available in pill form from some mail order catalogs. The liquid form is most effective and is available from Dr. Shahbaz in his Oregon City Wholistic Health Clinic, 216 Sixth, Oregon City, Oregon 97045. Phone: (503)-657-4043. FAX 503-657-4043. More information on his services for CAC member can be found on our Internet Domain: <http://www.CosmicAwareness.org>



PLEASE SEND US QUESTIONS!

We really need good questions! Put on your thinking cap and send them in! Send by mail, FAX, or E-Mail to C.A.C. Many thanks!

What to do With a Gay Shiftless Son?

QUESTION:

A question from Dorothy C., in Windsor, Ontario.

She writes: "Raising my kids alone, I always tried to do the best thing, but feel that I made all the wrong decisions. I am burdened with guilt. My son is gay, on drugs and alcoholic. At present, he's not working and staying here sometimes.

I'm losing much sleep over him. He'll be 38 in July. I can't get him to talk. What can I do to help him straighten out his life? He's lost two houses, and many times given away expensive furniture. He doesn't have a sense of self-worth. I would like to see him straightened out before I die. Thank you, Dorothy C."

COSMIC AWARENESS:

This Awareness indicates that at the age of 38 there is very little you can do, other than to let him know you still love him and wish him well. This Awareness indicates that it would be beneficial for you to read the book *The Celestine Prophecy*, especially those areas related to children, to help you to better understand what your role with your children might have been.

This Awareness suggests, however, it is also important that you understand the situation related to the concept of guilt, so that you not let guilt be put upon you because of some behavior that is not your own making. This Awareness indicates that just the understanding that this book will give to you in terms of the energies involved will be of great benefit to you in helping you to better cope with your own life, its purpose and direction, and the energies involved.

This Awareness suggests, however, you be very much aware that your son makes his decisions and you are not to be held responsible, for not every action that the son has made stemmed from your influence on him. This Awareness indicates that no matter what you did in your raising of this entity, he could very well have still chosen his path, the path he is presently on.

Soul Influences VS Environment

FOLLOW-UP QUESTION:

Awareness has indicated a child's environment is only 25%, I believe, and the soul is 75% influence. Is that correct?

COSMIC AWARENESS:

This Awareness indicates there are many different influences. The path of the soul is one, what the entity came into this life to do; the environment is an influence. What the child absorbs, in regard to his or her energies from food to environmental influences, social influences; all of these play a part, especially spiritual and tutorial types of influences that may or may not have come from the parents play an important part, but also the entity's horoscope or that influence that occurred at the moment of the entity's birth which set the cells or cellular patterns in a certain flux of energy.

This helps to create the entity's personality and the way the entity responds or vibrates to the exterior world. This Awareness indicates in other words, it sets his likes and dislikes and priorities very much, and the following influences such as environmental, parental controls and the influences of friends and associates following, have to act upon this horoscopic energy to have any influence at all.

Most of the influence for an entity is set by his or her genetics and first breath in terms of the way that first breath creates the parameters for the entity's personality and expression. It is likened unto setting a CPU chip

with a certain programming and the computer always having to start from that particular programming of its central core chip, or CPU before it can get on to the other programs that have been added on top of that.

This Awareness indicates the parents program the children somewhat, but their central processing system was put there *before* the parents had any influence upon the child and these things can have a stronger influence than the parents. It can determine whether a child is rebellious or is cooperative, is passive or aggressive, and many other basic qualities.

The Importance of Being as Good as Your Word

QUESTION:

A question from JD in New York. She writes: "Maybe Awareness would like to address the crucial importance of being as good as your word. Too many people say anything to placate, please and so forth, and it means nothing, as they don't follow through. I have long claimed that this is the crucial issue in whether your life relationships work. Do you do what you say you will?"

COSMIC AWARENESS:

This Awareness indicates that this is very important. It is also important to realize that many people make commitments or make statements which they fully intend at the time of the making, but they are really not capable of, or do not have the ability to assure their word is good. They may promise they will do something, but when it comes time for the fulfillment, their lives are in such disarray, that they are unable to keep their word.

This Awareness indicates that such entities should not make statements that they are unable to keep. If they are not sure that they can keep their word, they should let others know that they will do their best, but they should also let them know what the circumstances are, so as not to create too great a trust in them, if they are not truly prepared and able to keep their word.

This Awareness indicates in other words, it is not always that a person is deliberately deceiving. Sometimes their intention is to keep their word, but their ability is far short of being able to keep their word. This Awareness indicates that sometimes an entity has the ability to keep his or her word, but they do not see the value or when the time comes, they do not see the profit in keeping their word, and therefore, they change their mind and fail another, or welch on the deal.

This Awareness indicates that the term "welch" is that which apparently has some kind of background in reference to a nationality and is perhaps insulting to those entities of Welsh ancestry. This Awareness indicates therefore, it should not have been used. This Awareness indicates the colloquialism is common and is often used in terms of renegeing on a deal. This Awareness indicates there are many words in the English language that have come to be colloquial and useful, which have origins that are derogatory to other entities and therefore, perhaps are not suitable for use in the English language.

This Awareness indicates that the failure to follow through on one's intentions is possible either through deliberate or inadvertent error. An entity who inadvertently fails to follow through on his or her intentions and commitments receives less karma than the one who deliberately ceases to care or to follow through on his or her commitments.

If an entity intends to follow through but is unable, it is not nearly so violative to the entity's soul to not follow through, but if the entity has strong integrity, he or she should make it clear to the injured party that they

were simply unable to follow through. Their intention was to follow through and they are willing to try in some way to make it up to the entity.

This Awareness indicates that if, on the other hand, an entity simply doesn't care whether they follow through on commitments, then this entity is basically violating the other through misrepresentation or negligence. This Awareness indicates of course, there are many kinds of exceptions or situations where an entity not only is unable to follow through, but may also be unable to communicate or explain why he or she cannot follow through.

Perhaps the lines of communication are blocked or the entity is unable for other reasons to clarify what happened, or why, or perhaps the entity still intends to carry through his commitments, even though he is unable at the present time. This Awareness suggests that entities need to be somewhat flexible, to be willing to give the benefit of a doubt, particularly in some instances where an entity shows the *intent* to carry through on his or her word, but wherein the entity may have run into trouble.

If an entity fails to follow through on his or her word, rather than judging too harshly, it is good to wait, if possible, to find out what prevented the entity from following through. This Awareness indicates that most entities would like to be honest with others.

There is, however, the changing attitude in your culture wherein many entities are taking a more shallow approach to life, wherein they use words strictly for the momentary gain. They use energies to steal energies from each other and do not care whether they follow through on commitments. They will say whatever is necessary to get something they want at the moment, and they are not inclined or interested in fulfilling their side of the bargain.

These are shallow people who are not worthy of your doing business with them or being very much attached to them, and it is better to avoid such entities once you discover that their word is meaningless. These entities are simply seeking to steal energy from others. They are shallow in seeking to fulfill their appetites and do not have any real desire to exchange energies, only to get energies from others.

More Power When You Talk Less

FOLLOW-UP QUESTION (VIKKI)

I heard a tape that said the more you measure your statements and only state that which you do follow through on, or is true, and don't waste words on small talk and frivolous conversation, the more power your words have.

COSMIC AWARENESS:

This is in the affirmative.

(QUESTION CONTINUED)

The example given had a man who had stopped the flow of blood to his hand by his word. Would Awareness comment on the value of your word to yourself?

COSMIC AWARENESS:

This Awareness indicates that many entities chatter to themselves continuously from the time they awaken in the morning until they fall asleep at night. They are unaware of their ability to shut off the mind from its continual chatter, and these entities have very little ability to influence with their minds, with their consciousness.

They actually are subject to the chattering mind that continues to talk. Once they discover that they can stop the thinking, stop the mind from chattering, it becomes extremely awesome to them to have a mind that is not

chattering continuously. It would be likened unto an entity who walks into a room or is locked into a cell with a television set and does not know that he or she can turn it off, and they are constantly being bombarded by words from the television set.

This Awareness indicates that after weeks or months or years of this, to discover they can turn it off can be extremely awesome to them. They may be at a loss to understand what to do when their mind stops chattering. This Awareness indicates that it is even worse when their mouth chatters what the mind is chattering and they feel they have to say everything that goes through their head. Every thought that passes through them has to be spoken, and yet, there are some entities like this also. Their mind never stops and their mouth never stops, except when they sleep.

This Awareness indicates that these entities have so far to go in terms of their greater potential. They must first learn to stop their mind from constantly chattering and they must also learn to stop their mouth from saying everything the mind thinks. This Awareness indicates that once they can stop the mind, then they are perhaps able to select their thoughts, to look at things carefully and make a thought in relation to what they see that is based on some kind of clear discernment.

This Awareness indicates one entity will be in a situation and that entity will let off thousands of words to describe the situation. Another entity in the same situation will simply stop, feeling more deeply, look at the situation closely and deeply, and then see through some kind of focused insight something of particular importance and say some single sentence to summarize the situation. This entity has greater power and control over the situation than the one who speaks a thousand sentences trying to describe the situation.

This Awareness indicates that the more one can scrutinize before speaking or thinking, the better off the entity is in terms of having power over a particular situation. This Awareness indicates there are many entities who cannot make a simple decision without talking to all of their friends first and getting hundreds of viewpoints as feedback, all of which complicate the situation and make it even more difficult to decide.

The Burgeoning Population: Any Solution?

QUESTION:

Another question from JD, in New York. "What are the major factors to blame for our burgeoning population and what are our best hopes for a solution?"

COSMIC AWARENESS:

This Awareness indicates that instinct, the desire for motherhood, the desire for biological expression; these are the causes that lead to increased population. In other words, having babies without being aware of the consequences, or indulging in the acts that bring about babies without being aware of the responsibilities involved, thinking that you can get by without having to care for the baby, or thinking that if you have a baby, the father will stay around and help you raise the baby, or simply believing that a great number of babies is a wonderful thing.

This Awareness indicates that the increase in population is the result of having babies. Sometimes with a sense of abandonment to any forms of responsibility. Sometimes with the belief that all will take care of itself. Sometimes without any real concern about the consequences of the acts that lead to the babies being born.

This Awareness indicates that most mothers do not realize how difficult it is to raise a child, and how two

children is such a burden to the mother that she will not be able to raise both children easily, or give them each the attention they need. This Awareness indicates that too often the third child comes along, the fourth or the fifth, and the mother is so used to having babies that she no longer even considers it in its full ramifications, or understands why she is having a fourth baby or a fifth or a sixth. This Awareness indicates that yes, they are lovable, and perhaps they are important enough that the increase in the world's population is of little significance to such entities.

This Awareness indicates that when entities recognize the world is over-populated and they are required to help feed the hungry, many of these who are in positions of world power and have to take on the responsibility for feeding the masses; such entities may begin to think of ways to reduce the population, regardless of whether these children are cute and lovable, and they may begin to think of all those who are excessive consumers. Since they are not personally attached to these entities, they are simply numbers in the population, and they may plan through disease, pestilence, war, famine, ways by which the population can be reduced.

By this time, the mothers and the fathers of these children are deeply attached and love their children, but the children starve, the children die in war, the children die from disease, and entities lament that the population is too great and there is too much cost in feeding everyone.

This Awareness indicates when entities can clearly understand and face reality, recognize their own desire for proliferation or for destruction of population is not without consequences one way or the other, then as entities become more aware, perhaps this problem will find some kind of balance.

This Awareness indicates that many entities are beginning to recognize that the earth is not a good place to bring children. It is not a fit place for children. And such entities are thinking twice before having children. They are beginning to look at the children who already are in and on earth who need help and they are finding it in their hearts to help those who need help, without having more children of their own to add to the pool.

This Awareness indicates that there will always be more children being added, because when people get insecure or bored or hungry and have nothing better to do, they tend to turn to the oldest ritual available, and find pleasure in their pain through the act associated with having children, and they add more children and thus, more responsibility to their lives, and add more misery to their life along with more affection for their new child.

This ritual keeps the human race going, so that even if entities' lives are cut short through war, pestilence, famine or disease, there will always be other children to grow up and keep the activities going, proliferating the human species. This Awareness indicates that it is a strange question: Why do people continue having more children than the society or the earth can comfortably care for?

Free Will of Souls VS Incoming Fetuses

QUESTION:

JD asks: "Does the uncontrolled breeding we see on earth today *force* souls to be drawn into incarnation? Someone *does* show up in virtually every fetus created. Will you please discuss free will of souls versus fetuses requiring occupancy?"

COSMIC AWARENESS:

This Awareness indicates that the activity of living in the flesh gives the soul its greatest opportunity for learning. It is much easier to learn in the flesh than in a disincarnated body, thus, most souls who are disincarnated are quite pleased to be able to reincarnate in order to learn more, so that they can eventually go beyond the wheel of life, death and rebirth.

The problem for these entities is that even though life in the flesh offers them learning opportunities, most entities do not learn. They simply repeat their old patterns of behavior from one lifetime to another. This Awareness indicates that the action of moving into incarnation by most souls is that which is welcomed. Even if there are not good benefits by being incarnated, a soul can at least hope for greater opportunity to learn.

This Awareness indicates that things on earth at this time are changing and there are many opportunities for souls to evolve more quickly because there are new ideas, new concepts. There is more new information which souls can absorb on earth at this time than there has been for many, many centuries or even millennia.

This Awareness indicates that for almost a thousand years, there has been a very limited type of spiritual philosophy on the earth and you could only have a variety by changing from Western to Eastern philosophies, and these philosophies normally were not available except through living different lifetimes in different regions on earth.

At present, one can live anywhere on earth and generally have an opportunity to study a wide variety of religions or philosophies from other parts of the earth. This Awareness indicates that because of this mixture of philosophies being available in many parts of the earth, entities now have opportunities to receive different types of spiritual teachings and the opportunity for greater spiritual evolution is far in advance of anything previously known to humans.

This is one reason why entities today reincarnate as quickly as possible between lives. There is a much greater opportunity for entities to learn in one single lifetime today than in several lifetimes in the past. Three or four hundred years ago, an entity could live three or four different lifetimes and still run into the same old religion or philosophy in each lifetime, with very little change or deviation.

Today, one can live a single lifetime and learn all that five or six religions might have to offer, and may come up with some insights that are able to transcend most religions or to even start new religions that have not yet been found on earth, or maybe these are not religions, but simply spiritual truths that entities discover.

This Awareness indicates that the increase in population is not so much a worry, for it can be curtailed and will be curtailed whenever it becomes too much. It can be cut back very quickly, very suddenly.

This Awareness suggests that entities focus on their spiritual evolution. Other things will generally take care of themselves by the Law of Balance. This Awareness indicates even the environment and the pollution factors will in some way balance out and eventually take care of themselves.

Meanwhile, entities who become too caught up in these things may be missing out on certain spiritual truths and developments that could move them ahead in their own spiritual evolution.

Why Would Anyone Want to Reincarnate into a Third World Country Today?

FOLLOW-UP QUESTION:

Why would an entity want to reincarnate into these Third World countries where the lifespan is only a few years; where they face nothing but poverty, starvation and butchery in many cases by these tribes and others creating warfare and genocide? Why would an entity, particularly at this time, want to come down and occupy a human form under such conditions?

COSMIC AWARENESS:

To pay off karma, so as to have a clean slate, in order to start a different life that would be more advantageous.

"Doing" VS Simply "Being"

QUESTION:

JD asks Awareness to "Please address the need, if any, for Doing, as opposed to simply Being. Are there Master Beings whose service to us is their simply being present, radiating amongst us,-- or must one be engaged in some form of *activity* for the good of others in order to be of service to them?"

COSMIC AWARENESS:

This Awareness indicates that those energies which are beneficial to humans through the act of being are those energies that do something. Those so-called "being" entities who simply "be," are vibrating certain frequencies and those frequencies are having some effect upon the entities who are witnessing or receiving those frequencies from those entities who simply "be."

This Awareness indicates that you can have a very high vibratory frequency that creates harmony with other entities and raises their vibration, but the very act of being of a high frequency is also doing something. It is merging with the frequencies of others and causing them to rise, to vibrate in harmony with that higher frequency.

This Awareness indicates that those entities who do something which is other than simply being at a high frequency, may also have some vibratory influence. Their actions may do something in a way that influences certain changes and certain behaviors. These may not necessarily have as much value or importance in terms of changing history or changing the evolution of others, for you can change the course of history; you can change actions which might have led to war, but that does not necessarily mean that you have raised the vibration or frequency of others in a permanent way so as to bring about a spiritual evolution.

The entity who vibrates at a higher rate may change that frequency in entities so that they experience a spiritual evolution. This Awareness indicates in some cases, the action or *doing* person has a greater effect on humanity and the spiritual evolution than the one who simply sits and vibrates. If the vibrator, or the entity who is being spiritual does not connect in terms of harmonious compatibility with the masses, then this entity may not have much influence in altering the spiritual evolution of humanity.

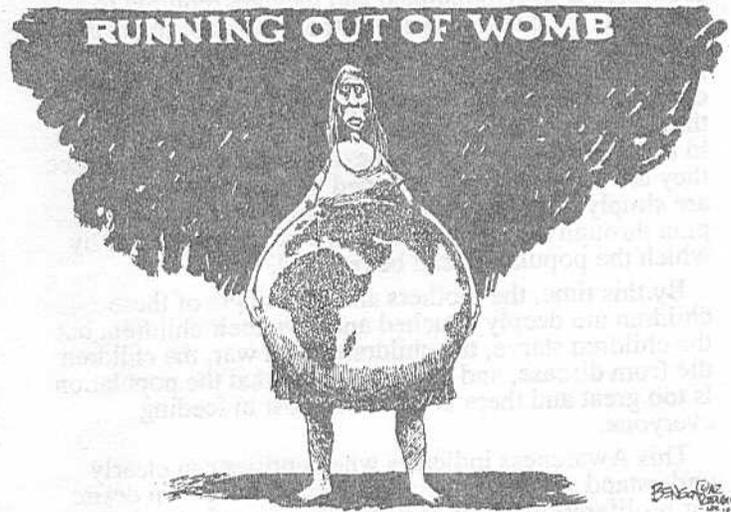
This Awareness indicates on the other hand, if an entity is doing something that alters the way people look at spiritual progress, the entity may have a great effect on how entities can evolve spiritually. Therefore, both of these approaches can be effective under certain circumstances with certain types of individuals who are vibrating or living at a certain frequency. It depends.

For some people, just being in the proximity of a spiritual being will lead them into a higher spiritual experience. Others need to see the spiritual being doing

something. To watch someone who is simply vibrating at a high frequency might not be enough for some people.

To see a Buddha, a real Buddha sitting and vibrating in meditation might mean nothing for some entities, but to see the Buddha out working in the garden might inspire these entities to step alongside the Buddha and begin to help to create a better garden. This may be all they can afford to do at their level of spiritual development.

This Awareness indicates it all depends on what an entity is capable of comprehending in terms of his or her spiritual understanding.



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"THE BRIDGE OF SAN LOUIS REY"—A PARALLEL OF TWA FLIGHT 800? (More on "FATE" and "Coincidence")

QUESTION:

A question from Alice Essesian, in New York City. She writes: "As the FBI brought their investigation of the downing of Flight TWA 800 to an inconclusive close, I was suddenly reminded of the story by Thornton Wilder of The Bridge of San Louis Rey, which was also, though on a tinier scale, an inexplicable tragedy.

"A Footbridge broke and 5 people who just happened to cross on it were hurled to their death. The question was: "Why those five?" And I wondered whether it was also fate, their fate, which placed the TWA 800 passengers together on that tragic flight that same day, or was it just coincidence? Of course, the same could be asked of any and all catastrophes: How and why some people are sacrificed and others spared? Is there a reason, a pattern there?" she asks.

COSMIC AWARENESS:

This Awareness suggests that what is described as 'fate' is more accurately described as the manifestation of the individual contents of mind. This Awareness suggests that what is described as 'coincidence' does not exist. It only exists within mass-consciousness due to the limited understandings of the nature of the cause and effect relationship between the contents of mind and the event outcomes in physical experience.

Concepts that Must be Purged from Consciousness

This Awareness suggests that the removal of such concepts as 'coincidence,' "accidents," and any of the role of feelings, such superstition which pair cause and effect relationships inadvertently, where no true relationship exists; that such concepts should be purged from the consciousness of individuals and of mankind, for they do nothing but muddy the waters. They allow human beings to flounder and dissipate their power, displacing it upon external sources over which they exhibit no control whatsoever.

Each Victim In Such Tragedies a Willing Participant

This Awareness suggests the destiny of the entities who ended their physical existence in this particular experience, or disaster, as it is perceived in human terms; that each was a willing participant, for each individual reason, which for the most part resided outside the conscious awareness of the entities involved, and yet which did heavily concern the spirit and destiny choice of each entity.

This Awareness suggests that there were between 5 and 8 additional entities who had initially planned to participate on that particular flight, on that particular day, at that particular time, whose spirits intervened, for it was not part of their Destiny Path or choice to have ended their physical experience at that time. This Awareness suggests that the participants chose such demise to call attention to specific limitations, specific ideas that exist within mass-consciousness so that they could be re-examined through the lens of clarity, and with a spiritual adjudicator.

Specific Manners of Death Should be Analyzed for Wisdom and Message

This Awareness suggests that each and every death serves to cast light upon the life and choices, both conscious and not conscious of the spirit embodied. This Awareness suggests that if mysterious, accidental, fated or coincidental deaths are examined, then much can be gained regarding knowledge of and from that entity.

This Awareness suggests in fact, that analyzing such situations for the wisdom and the message contained in this specific manner of death is far more respectful and validating to that particular spirit than the tributes that are traditionally paid at such passings.

This Awareness suggests that there already have been substantial alterations to faulty systems, understandings and ideas resulting from this incident, and that there is tremendous value imparted through the efforts of these entities.

If we have completion, we can continue.

Juice From Brussels Sprouts Helps Pancreas?

QUESTION:

A question from Paul Werneke, Plymouth, MN., well, actually it's my question, but in a letter he mentioned "The Juice Man claims juice from Brussels Sprouts will make your pancreas kick in producing insulin. I will try that," he says. And I would like to ask Awareness, is that information valid?

COSMIC AWARENESS:

This Awareness suggests that as mentioned previously, there are specific medicinal properties in specific substances with the vibratory levels that interact with human tissues. This Awareness suggests that there are some benefits to this concoction, but that with the existing limitations and understandings within mass-consciousness regarding human's complete inability to heal without external advisors, substances and surgical procedures, that the full benefit is not likely to achieve the desired result.

This Awareness suggests that in certain entities, systems turn within themselves, destroying structures such as the pancreas, in the situation described, or the receptor cells which receive the substances experience interference; but that each and every genetic disposition toward such disorder has been specifically chosen by the entity to awaken cellular memories which can help break through the illusions of the physical experience and call upon wisdoms gained from previous experiences, so that more rapid progress can be made.

There is an association between this fact and this condition as described by the entity. This Awareness suggests that were it not for the specific condition, circumstances would be altered, understandings more difficult to obtain in specific areas, and that this individual would not be this individual without this specific affliction.

Any Counter Belief Will Counteract Any Benefits

This Awareness suggests, however, that as mentioned previously, systems can be dramatically altered by the successful manipulation of Will Energy and that even when it is implied to substances, the medicinal value can be dramatically enhanced. This Awareness suggests, however, that this is only true if the belief completely reinforces the substance, for if there are any counter-beliefs, no matter how small or subconscious, they will counteract the beneficial beliefs as well as the beneficial qualities innate within the substances.

This Awareness suggests that any entity utilizing such substances must first ensure that adequate belief structures are in place to facilitate the benefits desired, for intention and desirability are two different factors.



The REAL Y2K BUG

Any Relation Between Polio and Ice Cream?

QUESTION:

One final question. This also from JD. She writes: "When I was a child there was a polio epidemic. It was believed at the time that consumption of ice cream increased a child's chances of getting polio. Was there any validity to this belief? And if so, what was the connection?"

COSMIC AWARENESS:

This Awareness suggests that with the recent information offered, that the entities can begin to guess where the connection might be made: between the *belief* that ice cream could facilitate this malady, and the fact that it actually may have been correlated with the onset of polio.

This Awareness suggests, however, that to the degree that ice cream had an actual physical effect, that that degree could be matched to the intensity of the belief as it existed within mass consciousness to be made available to individuals, but specifically to the degree that it was embodied within individuals who ate ice cream and then contracted polio.

This Awareness suggests that the polio phenomenon was more an example of incidentally and accidentally diverted Will Energy through investment of ideas within mass consciousness which facilitated frustrations, frustrated spiritual/emotional energy, which was then misdirected, even set free in chaotic misdirections.

Epidemics, Catastrophes, Weather Patterns can Result

This Awareness suggests that under such circumstances certain epidemics, health issues, weather patterns, catastrophic disasters can result. This Awareness suggests that the connection can become ever-more apparent between beliefs, emotions, events, the physical outcomes, as entities begin the work which is now at hand: To cleanse each individual mind, to respond with spiritual intention, to develop the mind with only those ideas and beliefs which facilitate spirit, and to accomplish the extraction of any contrary beliefs from the individual mind through rational application, and then to achieve the counterpart extraction of those same ideas within it to achieve the mind of man through active expressive responses, be they angry assertions or careful, considerate compassionate requests.

Until this has taken place, many seeming mysteries will remain, but after it has taken place, life will be less mysterious, but ever-more wondrous.

TIBETAN TULKAS WHO CAN CONTROL THEIR OWN DEATH AND REBIRTH

(What Became of These Entities?)

QUESTION:

A question from JD, in New York. She writes: "Tibet has a tradition of Tulkus, (serial reincarnations of adepts who can control their death and rebirth). They leave

information to help their colleagues find the new information several years later. Some of these Rimpoches managed to flee to India and the West, but many were murdered by the Chinese under sudden and chaotic conditions?

"What became of these entities, whose next incarnation could not be readily found? Did most of them reincarnate in India and Western countries outside of the Tibetan Buddhist traditions?"

COSMIC AWARENESS:

This Awareness suggests that these entities affiliated with this particular geographical location and the specific traditions constitute a unique cultural experience among the many diverse cultural experiences that humans can choose to be born into, for the least limited experiences and environments through which they can best accommodate, develop and express their potential and bring about the specific changes and events set forth by themselves for the specific incarnation upon the Destiny Path.

This Awareness suggests that this unique Tibetan culture is one of several cultures which have been destroyed due to incursion by competitive and combative opposing cultures. This Awareness suggests that the beliefs regarding serial reincarnation, such as those described, do in fact have a spiritual validity, given the choices of these individuals to participate in multiple incarnations within the singular culture, given the unique growth potential that this fairly isolated, yet spiritually oriented, community allows.

This Awareness suggests that such entities, having diminished opportunities, given the social and political restrictions placed upon that culture, have manifested instead in incarnations in various locations around the globe, specifically to be born into positions through which they can achieve power and influence which can be applied to the existing governments, directives, and consciousness which can manifest in the restoration of the specific culture in a singular sense. In a more general sense, this activity is taking place within every diminished and even destroyed cultures, so that there can be a reclamation of the freedom, a restoration of the flourishing nature of such cultures and the encouragement of the proliferation of many such diverse communities of thought and locale, so that the human experience can offer increasing opportunities for diverse experiences, rather than a reduced, homogenized, singular, global culture wherein one system shall overtake all others.

This Awareness suggests that the intended state of communities upon the earth is that of as many diverse ideologies and locales co-existing with mobility of thought and action between the entities, so that cultural exchanges are facilitated and that cultures can evolve their uniqueness of approach, of world-view, of custom, of dress, of clothing, so that human needs can be met in multiple diverse, exciting, creative, and myriad ways.

This Awareness suggests that the human tendency of conquest, of placing value judgments upon one culture, as if one is better, more advanced, more creative, more cultured, more civilized than another, are simply limits of human belief which motivate competitive self-preservationary actions which seek to minimize and limit realms of thought and action, rather than facilitate the diversity implied in spiritual intention.

This Awareness suggests that the Chinese invasion of this Tibetan community can be likened to the British or Spanish invasion of the native peoples of the Americas, in that cooperative peace-loving cultures that existed as one with the earth were overcome by the less enlight-

VISIT THE NEW C.A.C. HOME PAGE AND DOMAIN ON THE INTERNET

Much is happening here and new changes are an ongoing thing. We have combined our 2 sites with Dave Alexander's newest C.A.C. Home Page link. Just type in

<http://www.CosmicAwareness.org> or

<http://www.CosmicAwareness.com>

This site contains current information which is changed often. On this page you can click on our regular staff Home Site as well as a list of current books and resources, various topics in back-issues of the newsletter and Dave Alexander's terrific revitalized Cosmic Awareness site! Dave's site has a wealth of information on the Awareness Movement, the philosophy, the newsletters, readings on Christianity and many other subjects, plus the famous Dr. Beter transcriptions.

CAN THE PRINCIPLE OF MANIFESTATION BE MADE MORE AVAILABLE?

(More on How Our Thoughts Create Our Reality)

Another question from JD. She writes: 'Despite the publication of numerous books and other educational forms, both esoteric and popular, which teach that we create our realities via our thoughts, beliefs, attitudes and so forth most people still find it really difficult to accept this or to put it into practice. Very few yet actually create their experience by conscious intention.

"In part, this seems to be for lack of visible role models publicly demonstrating that, and how this is successfully working in model lives, thought by thought, cause to effect, to make the fact of manifestation and its cause evident, credible and achievable to the populace at large. Are people still too unevolved, too unconscious, too traumatized and dysfunctional, or are there some means via which the principle of manifestation can be made more evident and workable on a wide-scale, presently.

COSMIC AWARENESS:

This Awareness suggests that this entity captures the human dilemma quite eloquently within the question, recognizing the attractiveness and empowerment behind the idea of creative reality, as well as a degree of fear regarding how that power might be misapplied and the urgency of restoring it to the conscious, rather than the unconscious creation of events. For such creation occurs, with or without the mind's conscious direction.

This Awareness suggests that indeed, entities on the cutting edge of consciousness, beginning to embrace the nature of free will to quite literally manipulate and create physical matter, that to believe in such a power, in a world where events seem to come out of nowhere, certainly events not desirable in many cases, that entities remain confused and frustrated.

The Problem Lies Within Ideas in Mass Consciousness

This Awareness suggests that the problem lies within the firmly entrenched ideas of mass-consciousness. The root assumptions derived from repetitive thoughts of such number that quite literal energy networks exist surrounding that community and planet on a larger scale, wherein some beliefs become nearly universal truths of that physical system.

This Awareness suggests that although individuals do indeed have the capacity to fully create a uniquely alternative mindscape, that part and parcel of the experience is to become associated and cooperative within the root assumptions, and that the sum aspects of mass consciousness is relatively inescapable.

This Awareness suggests that is the basic of the urgency for individual to begin to effect the changes to mass-consciousness that begin to free these rigid constructs to the degree that entities who now begin to embrace the very idea of creative reality, where merely a century ago, such a concept was completely foreign.

This Awareness suggests that even within such rigid restrictions that specific experiments and short-term creative experiences can deliver the successes to reinforce the evolving belief structures within entities that validate their awesome creative potential.

How to Begin Your Experiment in Creating Reality

This Awareness suggests that entities begin on a very small scale to experiment with the creative reality, perhaps meditating each morning on the creation of a specific object, just rare enough as to be not encountered in the daily activities, yet a real and valid physical commodity.

This Awareness suggests that one entity set forth a challenge for those experimenting with creative reality to manifest a *blue feather*, and to report within themselves and in a community the results of said effort. This

Awareness suggests that such an activity can allow entities to recognize the power of the perceptual focus in that manifestation of the blue feather, that the focus will begin to recognize that perhaps blue feathers are far more prevalent and available before the mind sets about to consciously create and begin to visually expect the occurrence and the encounter of the blue feather.

This Awareness suggests that simple exercises such as these will allow the mindscape to begin to grasp the many interrelated understandings that facilitate the creative reality. This Awareness suggests that entities will immediately discover that belief systems, thoughtful expectations quite literally focus the consciousness in some directions instead of others, and that the advice is to attend to any specific negative emotions that arise in the pursuit of the blue feather or the manifested object of choice, for each will mark a belief structure which limits the mind's capacity to create that experience, and that such is the nature of the spiritual feedback information that is constantly accessible. But that when the mind first sets forth that which it expects to create, that the contrast is all the more stark and the consciousness of the emotional tones hold all the more meaning.

The Meditation of the Clock is Also Used to Focus

This Awareness suggests that the Meditation of the Clock has been offered to entities to begin to focus creative expectations revolving around the specific areas and events within the life and that entities utilizing this technique can begin to immediately notice results as well as negative emotional feelings, both and all of which are valuable pieces of information to facilitate the development process.

If we have completion we can continue.

ANY WAY TO REVERSE DIABETES?

(Also Boils on the Back of the Neck ?)

A question from Cecile Sonnon, Lebanon, PA. She writes "My husband is diabetic, and has a hard time controlling his sugar count. He has to take insulin to complement the pills he takes. Does Awareness have anything to say about what to do to reverse diabetes? Also, he's growing boils at the back of his neck. They hurt him. The doctor gave him some medicine and I hope it will help. In the meanwhile, does Awareness know what we should do about it?"

COSMIC AWARENESS:

This Awareness suggests that in terms of the energy patterns within the chakra system, that the general conditions described result from the spiritual frustration and narrowing of the passages of desirable flow levels of energy within and throughout the trinity itself. This Awareness suggests that skin outbreaks and boils are often representative of the body's immune response to stress in general, whereas pancreatic disorders and the diabetes are directly associated with issues of responsibility and control.

This Awareness suggests that the physical manipulations and belief structures aligned with the medical and curative properties and the value of Western medicine support the medical treatments offered, but that in a spiritual sense, the energy disturbances are associated with the belief structures and life choices which have affected this entity to the degree that he carries an inordinate amount of responsibility or feels a sense of being overwhelmed, given the responsibilities that he has accepted. This is often related directly to financial responsibility and the epidemic of such conditions is related to the ongoing disempowerment and lack of financial opportunity to control the destiny.

This Awareness suggests that steps can be taken immediately to remove responsibility pressures and that certain energy levels can be restored which can minimize this disorder.

WHY CAN'T GRACE WAKE UP?

Doesn't She Realize the Virgin Mary is Predicting World War III

QUESTION:

One final question here from Betty Roberts, N Wales, PA. It's sort of a negative letter, but I'll read it and ask Awareness if it has any comments. She writes: "The last newsletter I received from you was #504 and I was really debating whether to renew or not. Grace makes everything seem like there is nothing to fear of the future, and no one will be prepared in case she is wrong.

"The Virgin Mary is appearing all over the world, warning of the Third World War that is coming, that will take off one-third of the face of the earth. So either Grace or the Virgin Mary is wrong. Grace also does not answer questions directly, and seems to beat around the bush in answering. I will renew again, and my check is enclosed, but I wish you had another Interpreter, as do many others.

"Stop burying your head in the sand and look around at what is happening in the world, and we all know it can't go on! It's getting worse! Signed Betty Roberts." Does Awareness have any comments for Betty's statement?

COSMIC AWARENESS:

This Awareness suggests that each and every individual has a spiritual responsibility to act upon the feeling signals which arise in any and every experience and encounter that they have throughout their day. This Awareness suggests that if each and every entity responds to emotional pain in ways that accomplish self-development and expression, that they can rest assured that they are doing all they can to reverse the course which they fear might be unfolding. This Awareness suggests the declarations that there is but *one* destined course and that to deny it is to bury one's head in the sand, are simply inaccurate.

This Awareness suggests that entities who insist that a negative fearful path is unfolding and cease to act upon their own spiritual signals are in fact burying their heads in the sand regarding their personal participation in the whole of mass-consciousness, and denying the validity and creative reality of their own belief structures. To defend the mind is to separate it from spirit, and to separate it from the motives and drives of body, although this brings only further pain and suffering, such is well within the choice of free will.

This Awareness suggests that this entity is experiencing predictable mental resistance, characteristic of unanswered fear signals, and that such can be part of the natural enlightenment process when recognized as such. With such disorienting new perspectives as are now being offered, there will be misinterpretations and various levels of understanding of the information offered, as entities mind's consciously bump into limiting beliefs with the evaluative signal still attached, and that it is a necessary step in understanding to pass through the feelings of frustration and even anger, when the responsibility is placed upon the doorstep of each and every individual accustomed to a mindscape which blames the source of human experience as something 'outside' of the self. It is far less challenging to fear and blame, than it is to courageously take responsibility, but it also requires a great deal more energy and is far less rewarding.

This Awareness suggests that if indeed, the "predictions of the Virgin Mary" come to pass and entities experience either a rapture or elimination from the physical experience in other manners, or indeed remain, that such will be simply another daily experience to be responded to naturally by the spiritual impulses, and that if entities choose to fear experiences

yet to come, they are inadvertently laying the groundwork and choosing how they wish to experience their future. This Awareness suggests instead that they participate in the experiences in the present in an engaged manner, so that they will recognize their participation in the creation of their own future, and consciously veer from any set course that they currently now might fear. This Awareness indicates that there awaits a far greater spiritual reward, and more promising destiny path when even the most subtle shifts away from self-imposed limitation are made.

This Awareness suggests that entities experiencing similar sentiments are encouraged to examine each feeling and mine the wealth of information about the holdings of mind, and a great deal of enlightened empowerment will result. Even the most negative of mass events can be far less intrusive on those who have empowered spiritually-chosen lifestyles and beliefs; and rest assured, the dire predictions of the Virgin Mary shall *not* come to pass, any more than such "miracles" should impress humanity, when everyday biological, purposeful miracles of feeling, intuitions and telepathic connection, constantly escape the limited notice, including the abundant evidence of the positive trends that humanity itself has recently taken.

Those Bleeding Statues and Manifestations of "Miracles"

This Awareness suggests that the mass-perceptions of many religious icons such as the Virgin Mary and the manifestations evidenced as 'miracles' such as oil flowing from wooden statues of the Virgin, images seen in screen windows or cloud formations, and other such phenomena, are indeed a creative manifestation from many group energies of like belief structure. This is one of the sources of a great deal of limitation, wherein religious explanations place personal power *outside* of the individual that allow the entity to justify the very kinds of manipulations that these entities fear the most, the kinds of disempowering scenarios such as the "inevitability" of World War Three.



—HOW TO GET THIS NEWSLETTER BY MAIL— EVERY 4 WEEKS! (More or Less)

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MEMBERSHIPS AVAILABLE (Honor System)

INDIVIDUAL: \$42 per year or \$12 quarterly
 FAMILY: \$52 per year or \$20 quarterly
 CONTRIBUTING: \$77 per year or \$25 quarterly
 SPONSORING: \$144 per year or \$40 per quarter
 BENEFACTOR: \$500 per year or \$150 per quarter
 PATRON: \$1000 per year or \$250 per quarter
 ANGEL: \$5000 per year or \$1500 per quarter
 LIMITED INCOME: \$30 PER YEAR OR \$9.00 QUARTERLY