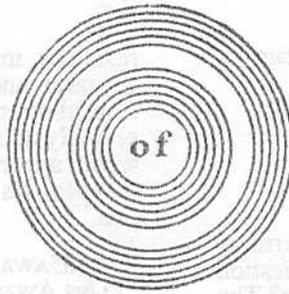


Revelations

The Cosmic Newsletter



Awareness

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HOW TO FIND A MATE (part 2) The Shy Guy

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Excerpt from a CAC General Reading, Paul Shockley Interpreter

HOW TO FIND A MATE (PART 2): THE SHY GUY

QUESTION:

A question from S.J.

He writes: "Dear Vikki T. and Avaton. I am writing today to ask if it is possible to have a personal question put to Awareness in one of your monthly sessions? The question concerns my love life. Basically, I don't have one, and never did.

I am 24 years old. I have never been on a date, or even been kissed in my entire 24 years. This situation is really starting to crimp my life. I fear that I'll die of loneliness or go insane. I've already been committed to the psych ward twice in the last three years.

I never seem to feel physically well. I avoid people to the extent of staying in my house until late at night until I am fairly certain the streets are empty of people, and I am terrified of women I meet in the street. The last few times I've chanced to meet someone I'm attracted to, my body reacted to force me to retract from the situation. What I mean is, that I started to sweat, became dizzy and nauseated. My mouth became so dry that I probably could have put sand in it, and the sand would have fallen out without sticking. I turned white as a sheet, and I encountered a feeling in the pit of my stomach and chest that I can only compare to being at the top of a giant roller coaster just before you go down the first big fall.

At this point, I usually make a few bogus excuses to enable myself to flee from these tense situations. Part of the problem, I think, is that I am one of those too-good-looking-to-be-true Libra types, (at the risk of sounding conceited), and if I encounter a group of women, they often make comments suggesting my participation in various sexual positions, but if I encounter someone of this type by herself, she generally is the epitome of wholesomeness, reserve, shyness and virginity of women.

I mean I AM serious; prostitutes act like virgin saints when I walk or ride by. The only people who have personally one-on-one suggested or inferred sex have been homosexuals, something which I have declined to participate with.

Ever since I was 13, people have mistaken me for a woman. People, men and women, will just stare at me. Some people are so stunned when they see, or if I talk to them, that I can see in their faces that they are shocked, and I get the impression that they are prepared for anything life can throw at them except me. Nothing disgusts me further than to be out exercising on my bike late at night and have a couple of carloads of guys who think I'm a girl start propositioning me before they realize that I'm a dude, and then to see the disbelieving looks on their faces, and then the comments start coming; or to hear some nasty comments from girls who can't deal with good-looking men, or are insulted when I only say hello and don't stop to start planning our lives together.

My family and most of the people I call friends react in the same way toward me. I think maybe not my family, but I seriously think that most people react toward me solely on the basis of their impression of my looks, and it's really starting to play on my nerves. The things I've mentioned and more, happen constantly. I seriously think only a good-looking woman can relate to the attention and pressure I receive from other people.

Now, while Awareness has given much information on love and sex, the words: virgin, fear, psychosomatic,

reactions, impotence, and/or frigidity and inexperience are rarely mentioned. Most information concerns problems about married couples and /or people who are sexually active and are still screwed up, so, basically, I would appreciate Awareness to comment on my scene, as to its causes and to its cures, if at all possible. Thank you."

COSMIC AWARENESS:

This Awareness indicates that this situation as that which often results from entities who have a feeling of great significance in regard to the opposite sex, and to sexual encounters; that wherein this passes quickly during teenage years for some entities, if it lasts too long, it becomes a greater psychic force within the entity than is reasonable. This Awareness indicates that the feelings which young girls may feel when seeing the school athlete, or speaking to this entity, whereby their hearts flutter and they become weak-kneed, or likewise light-headed, or the feeling wherein the teenage boy is spoken to by the class cheerleader, or other popular girl in the school,—this is common for most entities in their early teenage years; that this seldom lasts to such an extreme degree past the teenage period.

Problems Occur if Patterns Persist Past Teen-Age years

This Awareness indicates, however, when entities do not pass through this stage and carry these polarizations, the psychological polarizations, into their early 20s or beyond, this becomes a rather serious problem in terms of relationship. This Awareness indicates that *It* does not mean that this is a psychological problem that requires intensive care or psychological analysis, but rather that the significance of the problem has been magnified over the period of time, and therefore is more significant than ever, and thus not as easy to break through the barrier of over-significance.

This Awareness indicates that this is essentially the key: that you have made relationship with females more significant that it should actually be. This Awareness indicates that the nature of relationship does not require that you must be intimate in order to have communication and a relationship with another being; therefore, communication with one of the opposite sex does not necessarily mean that it should lead to sexual encounter.

Don't Assume a Sexual Encounter is Appropriate

The assumption that communication with the opposite sex may or should lead to sexual encounter is that which creates an error in thinking; that although the potential is there, it is not appropriate or necessary to assume that the potential will be fulfilled when you are simply in a relationship of communication with the entity, and nothing has developed along the way to indicate a sexual encounter is imminent or even potential.

The Loneliness of the Beautiful Woman

This Awareness indicates that for dealing with your particular situation, this is in part similar to that which many girls who are overly endowed with surface beauty experience, whereby these entities are seen as so beautiful by others that others often feel they could have anyone they desired and therefore, do not feel that the beautiful woman would care to speak to them. Because of this, often the beautiful woman is the one who is most lonely, for her beauty frightens off most entities.

Similarly, your good looks tend to give the feeling among many women that you probably could have anyone *you* wanted, and therefore, they tend to avoid you and to not feel themselves capable of having a close relationship with you. This Awareness indicates that women are essentially not attracted so much by looks as by the security which they feel in a man's presence. That

wherein your good looks are an asset in the sense of attracting attention, if this does not carry over into the feeling that you could be protective of the female, or could offer security to the female, the good looks alone are not sufficient to keep the attraction going.

The Major Attractive Forces Between the Sexes

This Awareness indicates that this being a general rule, rather than a specific rule in all cases. This Awareness indicates that as men are generally attracted to women at first by their beauty and good looks, women generally at first are attracted to men by the feeling of being protected and of having security offered to them; this as but general and not always specific, nor is it entirely encompassing of what makes up a relationship; that these are the major attractive forces between the sexes.

This Awareness indicates that wherein you have the appearance or feeling of being self-contained and self-concerned in regard to your acceptability from others, whether they will accept you or not, this does not convey a feeling to the female that you are there to give security or protection for her feelings or for her welfare. You rather, are tending to look at the female as a small boy would look at the mother, seeking to be accepted by the mother, seeking to have your feelings tended by the female.

The Easiest Approach for the Shy Male

This Awareness indicates that wherein you can develop a sense of being more concerned about how *she* feels in the situation, in the encounter, than about how you feel, then this entity will become more open to relating with you. That essentially, the easiest approach to dealing with females in terms of the single male who is seeking to establish a relationship, the shy male who is seeking to find someone to ease the loneliness, the easiest approach is to approach the entity with questions and interest in regard to her.

That once you get the entity talking about herself, the ice is broken. This Awareness indicates that wherein you begin speaking about yourself, this then may tend to create greater shyness on your part for you may feel that she may not accept you, as you describe yourself to be. This Awareness indicates that the tendency for men who are shy or feel inferior is to over-exaggerate their accomplishments or their ideas or opinions in trying to present themselves to the female, and this of course shows through to the female and she recognizes your weakness or vulnerability.

This Awareness indicates that this is not entirely detrimental to your forming of the relationship if it is not too extreme, for a sensitive female does not disapprove of a man simply because he is vulnerable. In fact, the man who can express his vulnerability tends to be more acceptable to the female than the man who attempts to hide his vulnerability with outrageous claims of great accomplishments. This Awareness indicates that the sensitive woman may be able to see behind these outrageous claims and recognize the vulnerable little boy hiding behind the claims of greatness, and may overlook such egotism, and braggadocio.

Showing Interest in the Female Will Open the Doors

This Awareness indicates however, the quality of attempting to seek approval through presenting an over-inflated view of yourself, as that which tends as a general rule to discredit you. That likewise, to present yourself as a weak and under-achiever, this also can discredit you. This Awareness indicates that to present yourself as one who is interested in the welfare of the other person, who is interested in finding out more about the other person, who is interested in what the girl has to say, where she

came from, who she is, what her ideals are, what her dreams are; this interest in her as a person is that which opens the door for great and deep communication and for helping the entity to feel a rapport with you.

This Awareness indicates in time the entity may tire of talking of herself, or may feel that she has exposed too much of herself to you, or the entity may in fact be the type who does not wish to speak of herself before evaluating you; in which case, you may find yourself attempting to explain something about yourself, your attitudes, your opinions, your beliefs and your hopes and frustrations. This Awareness indicates that wherein you speak of things you do, this allows you to avoid the areas which the entity is seeking to discover, for the entity may discover what you do and these may be the trappings of the exterior areas of the relationship.

This Awareness indicates that some entities simply want to know what you have and if you have the right things, this entity then is attracted to you. However, these are the superficial relationships which lead to superficial marriages or to early dissolution of the relationship.

The Medium Level of Relationship

This Awareness indicates the next level of relationship is that which is concerned with what you do, and you may find yourself discussing your job, your occupations or your collections or your personal habits or other things that you do; that this as a medium level of relationship, and wherein entities become involved in this level, they may become active and go places together and do things together, and the relationship may deepen considerably. This Awareness indicates that it may lead to a marriage that is sensitive and meaningful in the sense of the partners doing things together, talking together and experiencing together, and racking up large numbers of experiences which they may reminisce over, and which they may use as sentimentality for holding their future interests and for referring to as they grow older.

Discover Each Other's Deeper Feelings for a Deeper Relationship

This Awareness indicates that the deeper relationship comes about when entities begin to discover each other's feelings; that these feelings are shared with each other, and you begin to know the other person. How the other person feels may determine whether or not you can actually live a long, serious, happy, meaningful life with this entity. This Awareness indicates that it is often through understanding the feelings of another that you come in contact with the true character of the individual.

The Fourth Level: the Level of Character

This Awareness indicates that this fourth level,-- the level of character,--as that which is found wherein the entities discover the other's dedication. This Awareness indicates that many entities do not have much sense of dedication, that many entities do not form a real true dedication until later in life, until after a marriage has been formed, or until certain circumstances have occurred in the entities' lives. Therefore, to seek someone who has a dedication that suits you is impractical.

Likewise, to seek someone whose feelings are suitable to you may be impractical, for feelings can often change with the moon, can change with the weather, can change with the climate or the environment. This Awareness indicates that health also can alter people's feelings. This Awareness indicates that to seek someone who likes to do certain things is that which can bring much joy and harmony to those who enjoy doing similar things together.

Find Out What the Other Entity Likes to Do

This Awareness indicates that this appears to be a good level for starting a relationship, but even to start a relationship at this level, which may in time deepen to

commitments and to expression and sharing of feelings, to start a relationship at the level of *doing* is often difficult, for who wants to do something with a total stranger that you know nothing about? The tendency rather is to find out more about the entity: what the entity likes to do, and whether you like to do this also.

This Awareness indicates that this requires conversation or communication. This Awareness indicates that for those who are wishing to gain possessions and gratifications in their relationships, they may start out the communication by asking what the other entity has;--this in terms of looks, in terms of wealth, in terms of strength or other forms of security or gratifications. This Awareness indicates that these are shallow, yet they are often the lure which is used to bait or catch fish which the entity is seeking.

Some Entities Seek Others Like Super-Market Shopping

This Awareness indicates that by examining the exterior one may determine whether to go deeper. This Awareness indicates that in the area of relationship, wherein entities are not likely to have a great number of deep and meaningful relationships, with deep commitment and dedication, there is a tendency to shop around; that if an entity is shy about shopping, or shy about communicating and asking questions about the product or about the entity whom he is speaking to or looking at, the tendency would be never to make a purchase.

This Awareness indicates that to purchase means to give something in exchange for receiving something. If there is no social exchange, if there is no social intercourse, then there can be no increasing relationship. The entity who moves through society looking without touching, without exploring, without any effort to deepen a relationship or communication, is likened unto the entity who has been taught or who has disciplined himself to walk through the supermarket, never feeling it is right or appropriate to touch, to examine, to read or to explore an item before purchasing.

This as likened unto the entity who seeks and hopes that in walking through the supermarket, the item he needs will jump out at him, throw its arms around him, and say: "I am yours! Take me home!" This Awareness indicates this is highly unlikely.

This Awareness indicates that rather, the item in the supermarket and the shopper are likely to come together through some kind of attraction: the entity is attracted to the item, and the item has in its packaging some form of message to relate to the entity what it is, what it does, what can be expected from it, and the shopper looking at this item, decides whether it is suitable for his or her purposes.

This Awareness indicates the entity may look about at various items before selecting and making a choice. This is not unlike human relationships wherein entities shop for a mate in society, and that while most entities in shopping at a supermarket are satisfied once they have made their selection, particularly those entities who look carefully at the packaging and at the claims, and have a fairly clear understanding of what they want. They choose this item and take it home. It may not be exactly what they thought they were getting, but most entities will keep the item anyway.

This Awareness indicates there are, of course, some who do not read the directions, do not read the labels, do not purchase what they thought they were purchasing and thus must bring the item back for exchange. This is not too unlike the activities of searching for a mate in society, where an entity may try on a mate only to discover that the mate is not what he or she expected, and that the size

is entirely wrong, or the quality is entirely unsuitable, or the functionability of the mate is such that it just simply will not do. Thus the entity returns the mate to society, and seeks out another.

This Awareness indicates this is the result of careless shopping, or of not being mature enough to shop properly; that there is much of this occurring today because it is essentially a throwaway society, wherein entities can purchase and discard with great ease in the shopping centers. They also carry this over into their lifestyles in regard to the relationships with other entities.

This Awareness indicates that it is to the opposite extreme that you exist in the society. That whereby rather than shopping carelessly or taking on a relationship with ease, and discarding that relationship with ease, you move through the supermarket or through society and are afraid or timid, afraid to examine, to relate, to communicate, to touch, to explore those entities, those beings, those things in society, those concepts and ideas that others may hold packaged for you, which they may wish to express to you.

An Unconscious Fear of Forming a Relationship

You assume that you are unique, separate from these entities, alone, and that they all seem to know where they are going in terms of relationships, but that you are isolated and alone. This Awareness indicates that the fear of risking, the fear of forming a relationship wherein you would possess the other, or the other would possess you; this fear as that which is unconscious and strong within you. This Awareness indicates that when you purchase from a supermarket, there are many ways in which entities can risk and may be deceived by the product.

Shopping Around for the Brand Names

This Awareness indicates for this reason, many entities seek only those brand names which are labeled with names that have long endured the test of time. This Awareness indicates that entities in knowing something about the brand name will have an idea of what they are getting; a certain standard has been established. Likewise, entities may choose those items which appear fresh and clean and wholesome in nature; that this again is associated with a certain standard which has been established.

This Awareness indicates that there are of course the generic brands, and "brand X," which are perhaps unknown, whereby the buyer pays a cheaper price, but is not sure exactly what he or she is getting. Likewise, in human relations, there are those who have their own brand of culture, their own particular standards which are relatively well-known in society, and there are those of the generic brand,--the general male, the general female, having no particular distinction, nothing in the way of a standard which they may present to society; and there are those who may be simply "brand X," which they proudly wear to indicate that they have no standards at all, and are simply there because they are cheap and available.

This Awareness indicates that there are those who do not care about their quality, they simply want to be picked up and taken, and used, and become involved in experiences whereby the customer has some kind of relationship with them. This Awareness indicates that you, being one who looks at all of these beings, the brands with the high standards, and the "brand X" having no standards, sees these as objects and may find it to be most difficult to decide where or which to bring into your life.

Seeing Yourself as an Object

This Awareness indicates that you who see yourself as an object, may find it even more difficult to decide how to present yourself or how to have a relationship with these

others. This Awareness indicates that entities are not objects, are not to be bought and sold, but while the analogy is similar, there is a distinction, for the object is that which is seen from one point of view, whereas the relationship is that which requires two points of view simultaneously.

This Awareness indicates that wherein you look at this entity and ask yourself: "Will she accept me?", you are seeing yourself as the object of that person's decision. Wherein you look at that entity and say to yourself: "Should I accept her?", you are looking at that entity in regard to her being an object of your decision. That wherein you meet her and she meets you in a relationship, you do not need to make a decision, you simply communicate to her, you simply respond to what she says to you, and you wait for her to respond to what you have said.

This Awareness suggests that in your encounters with females, that you not make any decisions in regard to them, nor feel that it is necessary to make any decisions; that this will allow communication to occur. You need not make a decision about the relationship, you need not become the object of her desires or decisions, you need not make her an object for you to decide about, you simply remain neutral and allow communication to flow back and forth.

This Awareness indicates that as this occurs, eventually without your willing it, something will occur whereby you drift away from this entity or come closer to the entity, and decisions will not even be part of the change in the relationship. The relationship itself will take over, and determine whether the two of you come together closer or drift apart.

This Awareness indicates that the external packaging which you present to the world may be such that if there is confusion as to which sex you are, that you can find ways of dressing in a more masculine attire, growing for example, a beard, or having shoes which are more masculine in appearance, or clothing which appears more masculine. That in doing this, you can assist in creating the appropriate definition of your sex so that entities do not feel the confusion in the first encounter.

This Awareness indicates that in reference to the group of women and their way of looking and relating to you as opposed to the individual woman, that this is not uncommon with entities. This Awareness indicates that an individual woman expects and desires to be treated with a kind of special, but not awkward attention. That wherein she feels that you are uncomfortable with her, or wherein she feels that she is making you uncomfortable, she may respond to this discomfort either by retreating (if that is her particular nature), because of her own psychology, or she may attempt to comfort you and make you feel more at ease.

The Proper Way to Establish a Relationship

This Awareness indicates that you must recognize that each individual is unique and none of these are objects of your observation alone; that you may or may not see them for what they are. This Awareness indicates that the proper approach in establishing a relationship is not to assume that this entity is the one you have chosen, or to assume that this entity will fit or won't fit into the ideal that you hold. The proper way of establishing a relationship is to simply discover: "Who is this person, what is this person, what does this person do, what does this person have in the way of possessions, talents, skills etc., what does this person feel, what are the commitments and purposes of this person?"

This Awareness indicates that looking at others to stuff them into the mold you have of the ideal which you hold

is to dehumanize the other, is to look at the other as an object, as one who is attempting to find a piece of a puzzle in which to put into the missing space in your life.

It is Impossible to Fill the Vacancy on This Plane

This Awareness indicates that this is the common approach which many entities feel: that there is something missing in their lives and they must fill this emptiness, and they want a particular person who can be all things to fill this emptiness.

Therefore, in seeking to find the mate, the great cosmic mate, the soul mate, or whatever other concept the entity requires, they are simply looking for someone to fill the vacancy in their life, and expecting that entity to fill that vacancy, they become disappointed when the entity cannot do all that they expected the entity to do. Essentially this is the action of attempting to stuff another into the mold you have created in your mind as that which would solve and fill the vacancy which you feel in your life.

This Awareness indicates that it is natural, it is eternal, it is impossible to fill the vacancy. The vacancy will always be there, on this plane and on other planes, for there is always an incompleteness, and that incompleteness is necessary for entities if they are to exist. Existence itself requires an incompleteness. If there is completeness, the entity cease to exist. This Awareness indicates that wherein entities can accept the incompleteness as part of their existence, there then is no problem and they do not look for the other entity to complete their existence.

This Awareness indicates that once this has been understood, the entity can then look at others, not seeking from them as objects, that which would fill their vacancy or complete their existence, but looking at them for what they are, for who they are, discovering them as another being out there in the universe, just as: "I am a being here in the universe, and as I am totally unique from all other beings, this entity also is totally unique, and as I do not fill this entity's expectation, I do not have the right to expect this entity to fill mine. Therefore, I shall simply discover who this entity is, what they are like, and share my likes and dislikes, even as they share their likes and dislikes with me."

This Awareness indicates that this is what relationship is. It is not necessary that you fill each other's expectations, or that the other likes you in every way. It is only necessary that you share your likes and dislikes with the other entity, and find things which are of interest to both of you so that you can continue sharing these likes and dislikes. This is not something which is of such a great challenge as to cause the mouth to go dry or the knees to go weak. It simply is a free and fair interaction, whereby you respect the other's right to express her likes and dislikes, even as you respect your right to express your likes and dislikes.

What Causes the Shyness and Fear

This Awareness indicates there is no need to feel you must change for this entity, or that this entity must change for you, so that you can stuff yourself into her mold, while she stuffs herself into your mold and thus you live happily ever after, stuffed into each other's molds. This Awareness indicates that this is not the appropriate way of relating and it is this concept which causes the shyness and the fear, for one fears that one cannot measure up to what the other demands, and one wants to measure up to what the other demands.

This Awareness indicates that to break from this pattern one must simply say: "I do not care whether I measure up to the demands of others, for I simply must measure up to my own demands for myself, and I do not

care if others measure up to my demands, for I can still relate to them in areas which are open and which I feel compatible with. I do not need to relate to others in every way if I can relate to them in some way."

This Awareness indicates that once entities recognize this way of thinking, there is no room or necessity for shyness. This Awareness indicates that in dealing with others, the important thing is to assist others in communication to feel comfortable in that communication, except if those others are making it uncomfortable for yourself or still others, in which case it is not always necessary to create comfort for them. It may be necessary to draw attention to the discomfort which they are causing, even though that attention might discomfort them.

This Awareness indicates that wherein the entity recognizes the discomfort which he or she is creating, it is then appropriate that you not further any discomfort to that entity. This Awareness indicates that society and interaction in society is essentially the effort to relate, and all entities seeking to relate in society desire that society treat them in a manner that gives them comfort. This Awareness indicates that often these entities do not know how to express comfortably to society or to others. This Awareness indicates, however, those who are socially integrated are careful not to create excessive discomfort for others.

If you are feeling excessive discomfort from society, from the other, from the other party or parties, this discomfort as that which can either be analyzed by yourself through recognition of the errors in thinking about the other in being self-centered rather than other-centered, the concern for the other, or it may be assisted by simply telling the other: "I am very shy around girls. I don't know why, but I am." This Awareness indicates that this can often break the ice, and the entity may then have a better understanding of how to relate to you.

This Awareness indicates that it is not as effective to express a shyness around women as it is to simply talk to them as though you were sincerely interested in them as an individual. This Awareness indicates that the man who wants to become acquainted with the woman would be better off not to talk about himself too much until he has allowed her to talk about herself. This Awareness indicates that if the woman is too shy, then often the man can talk about other things that are impersonal to both of them.

Two Shy People Coming Together is Like the Battery

This Awareness indicates that wherein two entities are extremely shy, these relationships have a very difficult time in getting started. It's like having two nearly dead batteries in which you are trying to start the other car. This Awareness indicates that therefore, you may find that two shy people coming together need to move much more slowly and cautiously in a growing relationship, charging each other's batteries with communication on a very slow, careful basis.

This Awareness indicates, however, wherein one battery is strong, the receptive battery can simply sit there and grind out the questions, allowing the other to express, express, express. This Awareness indicates that this is often seen as an exciting encounter by both parties. This Awareness indicates that a good analogy for male and female encounters is that of the battery, for wherein one is strong, confident, bold, and the other is weak, uncertain; the interchange of energies, moving from one battery to the other as that which is felt as a charge. The entity receiving the charge may experience it as shock, whereby nausea is felt, or the knees become weak, the mouth becomes dry. This Awareness indicates that the entity, however, soon recuperates and may wish to experience

such a shock again.

Love Always Seeks Out That Which is in Need

This Awareness indicates that the entity should indeed return for further charging of the batteries. This Awareness indicates that love in the universe flows from those who have, to those who do not have, and from those who did not have, who now have; it flows again to those who once had love, but now have none, for love always seeks out that which is in need.

This Awareness indicates that those who are lonely are those who have created walls about themselves to shut out incoming love, who feel themselves as separate, who accept the separateness, who do not allow themselves to risk moving into relationship with love.

This Awareness suggests that as you move toward love, express love from within, love returns ten-fold from without. This Awareness indicates that all that is necessary to start the engine of love, is a little spark, and that little spark may be sent through a kind word, through a look or an action, and wherein one has been sent the kind word, the look or the action, but does not respond in kind, the entity is signaling that it does not wish love, it is turned off to love.

This Awareness indicates therefore, when love is sent your way, if you do not wish that love, you need not respond; but if you desire that love and don't respond, you are simply creating separation for yourself that allows the loneliness to increase and the battery to become more depleted.

This Awareness indicates entities can receive Cosmic Love without relying on others, and in this manner, even being totally alone and isolated may grow strong, may have a strong battery filled with love, which may then be presented and used for starting the motor of love for others.

This Awareness indicates that Cosmic Love comes from within the entity accepting the Universal Love that is available everywhere and in all things.

It is the Nature of the Mind to Create Limitations to Overcome

CLOSING MESSAGE)

This Awareness indicates it has been stated that if you stand not in your own way, then others stand not in your way. This Awareness indicates that essentially, blocks in the experiences which others may desire come about because the entities create blocks within their attitudes, methods, or circumstances, so that while they themselves may not see themselves as blocking themselves, and may rather see some agent or other self as a block. This Awareness indicates essentially however, once the entity removes the psychological blocks from his or her consciousness, these agents or others who have served as blocks shall then move on and allow the entity to move beyond where the blocks once were.

This Awareness indicates this is the nature of the mind, to create its limitations and to learn how to overcome the limitations it has created. This Awareness indicates that in relationship with others, the blocks which are created by one's own mind and by the mind of the other, and through mutual will, these blocks may be removed to allow the relationship to grow.

This Awareness indicates that wherein both parties decide or desire the relationship to grow, both parties must help to bring down the blocks that hinder the relationship. This Awareness indicates that one entity cannot remove all the blocks in a relationship, though one entity in the relationship may call attention to the blocks and may get the cooperation from the other to help tear

down the blocks in the relationship.

This Awareness indicates the statement: "It takes two to tango," is only true in terms of a relationship; that one may tango with oneself, and an imaginary partner, and may feel oneself to be competent, but until a second party is present, the tango, the relationship itself is not present.

This Awareness indicates that a true relationship requires two entities who are sharing desires, sharing fears with each other. This Awareness suggests that the entity who waits for the other to make the move may miss the game.

The Law of Gratitude is given.

Ed's Note: For related information, Please refer to "Revelations of Awareness" issue No. 80-6 (How to Attract a Mate); Also, 79-23 (Of Human Bondage: The Love Relationship and the Pangs of Unrequited Love) each \$2.00 from CAC.



WHAT IS COSMIC AWARENESS?

COSMIC AWARENESS is the Force that expressed itself through Jesus of Nazareth, the Buddha, Krishna, Mohammed, Edgar Cayce and other great avatars who served as 'Channels' for the 'Heavenly Father' and who speaks again today as the world begins to enter the 'New Age' of spiritual consciousness and awareness. Since 1963 Cosmic Awareness has been communicating through carefully trained channels. This information is for those who desire to help in bringing in the New Age. Throughout the thousands of 'Readings' given through these various channels, Cosmic Awareness tells us not to believe anything, but to question, explore, doubt, and discover for yourself, through your own channel what is the truth. Cosmic Awareness will only 'indicate' and 'suggest'. Neither C.A.C. or any of the Interpreters is responsible for anything Cosmic Awareness states in any of these readings, nor does C.A.C. or the Interpreters necessarily agree with the statements of Cosmic Awareness. The interpreters interpret the energies as they see them in trance levels and are not personally responsible for what is said. The interpreters published herein have no connection with, nor control over the editorial comments and material, including illustrations. This is entirely the responsibility of the editor. Members of C.A.C. are invited to send in questions of general interest to ask Awareness for possible publication in this newsletter.

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VISIT THE NEW C.A.C. HOME PAGE AND DOMAIN ON THE INTERNET

Much is happening here and new changes are an ongoing thing. We have combined our 2 sites with Dave Alexander's newest C.A.C. Home Page link. Just type in <http://www.CosmicAwareness.org> or <http://www.CosmicAwareness.com>

This site contains current information which is changed often. On this page you can click on our regular staff Home Site as well as a list of current books and resources, various topics in back-issues of the newsletter and Dave Alexander's terrific revitalized Cosmic Awareness site! Dave's site has a wealth of information on the Awareness Movement, the philosophy, the newsletters, readings on Christianity and many other subjects, plus the famous Dr. Beter transcriptions.

HOW TO DEAL WITH ENVY AND JEALOUSY IN THE WORKPLACE

QUESTION:

Somebody sent me in an article, where questions were sent in to this writer, and there's a couple here that are sort of interesting. "I am an elementary school teacher and I need your help. Have you ever written on jealousy and envy? I'm not talking about jealousy and envy in the context of romantic relationship or marriage, but in the workplace with peers.

"My problem is that I feel inadequate when other people do something that is successful, that calls attention to them. For me, to be a better educator, I must stop comparing myself to other teachers. Intellectually I know this but I don't know how to do it, that's why I need your help. Any suggestions?"

COSMIC AWARENESS:

This Awareness indicates the first thing necessary is to understand your job, have it clearly defined for you and then seek to discover any ways whereby you can improve the performance of the job and its purpose, and in focusing on your own job, let others perform their duties as they see needed, without your concern.

This Awareness indicates that the first thing needed is to cease competition with others and learn to compete with yourself to improve your own work and performance in accordance with the requirements of your own expectations, related to your job.

Do Not Compare Yourself to Others

This Awareness indicates that the comparison of yourself to others often comes from childhood competition with siblings for the parents' approval, whereby perhaps the parent has said something to cause you to be compared to an older brother or younger brother or sister or for some reason to force you into looking at yourself in relation to others, and this is an error. That you should instead compare yourself to your own performance and note whether it is improving or is becoming of less quality.

This Awareness indicates that you can never find yourself better than all others. There will always be someone who excels over you in some area, and therefore in comparing yourself to others, you will always find yourself lacking, at least in some areas. You may find yourself acting or doing something better than others in some areas, while being less effective in other areas.

Comparing Self to Others is an Act of Self-Indulgence

This Awareness indicates this very action of comparing yourself to others is an action that feeds vanity. It is an action of self-indulgence. It is a form of mental masturbation, where you approve of yourself and elevate yourself above others by comparing yourself to those who are inferior to you in some respects, but the very action of



doing this also creates the reality that others excel above you in some ways and you cannot be superior to everyone in every aspect.

Therefore, you are simply feeding your vanity to compare yourself with others. This Awareness indicates that it is much better for you to compare yourself with yourself and to see that others are themselves. They have their struggle. They are trying to do what they can to improve themselves, and if they are comparing themselves to you and trying to prove themselves better than you, that is of no concern to you. That is their problem and their vanity that they are working with, and you do not have to join in the game with them.

It is a Trap to Create Competition and Comparison

The competition will hurt those who seek to compete and it will be better for entities to compete with their own accomplishments and improve on their own performance, rather than trying to compete with co-workers. This Awareness indicates that sometimes the boss will try to get co-workers to compete with each other in hopes it will stimulate more productivity; that parents also do this with children in hopes that it will lead the child to try harder to please the parent.

This Awareness indicates that it is a trap to create competition and comparison of yourself to others which indeed weakens your self-esteem, even if you win, for if you compete and win over the other, then you are set up to be the standard by which everyone else must compete, and you are the target for these entities to attack in order to prove themselves worthy.

This Awareness indicates that eventually, someone will supersede your performance and you will fall in terms of your prestige. This Awareness indicates however, that if you simply do a good healthy job of whatever it is that is required of you, that is sufficient. You can feel good about yourself, and you are not in competition with anyone; therefore, most entities involved will appreciate your attitude toward them and you will not feel hostility to them if they perform extra well.

Those who Seek Perfection are Doomed to Failure

This Awareness indicates it is a matter of practicality. Those who seek perfection in their performance are doomed to failure, because they can never reach perfection, and the effort creates extreme stress and great anxiety which will hinder the performance level. Most perfectionists never really accomplish very much. They try too hard. But entities who are not perfectionists will attempt something, knowing that they may or may not succeed, but in the very act of attempting, they become eligible for success. They just *might* do it.

The perfectionist becomes afraid to attempt anything, because of the fear of failure, the fear of not getting it right. Therefore, they talk about what they're going to do, they brag about what they're going to do, they criticize others for not being perfect. They criticize the success of others, but they themselves find it extremely difficult to get started on any particular project because they have this automatic fear of not getting it right.

Stay Focused on Those Areas You do Well

This Awareness suggests that entities focus on those areas that they can do well, stay with that performance level, and as time passes, that activity that they do well becomes expertise in their field and becomes valuable to others. They become the experts in that particular area from prolonged performance and good solid accomplishments in areas they do well. They then become a valuable asset to those who need their expertise and quality of work.

WHEN THE WIFE MAKES MORE MONEY THAN HER HUSBAND

QUESTION:

Would that advice also apply to a male breadwinner in the family, in the case of like the statistics are saying, something like 80 percent of the families nowadays in order to pay their bills, both spouses have to go to work and in many many cases, there are examples written about where the wife ends up making more money than the husband who supposedly is the breadwinner who brings home the food for the table, and this creates a brooding in him and a jealousy that they often can't suppress.

COSMIC AWARENESS:

This Awareness indicates essentially it creates a feeling of inadequacy on his part, if he measures his performance by the money that is paid for his performance. This Awareness indicates that this can be difficult for the man who sees himself as the superior being who is being outraced by his spouse whom he considers inferior to himself. It is part of the tradition for the culture that the man be the breadwinner and the spouse be the home-maker, and when this tradition is broken, the entity thinks of himself as a failure.

Dealing with the Feelings of Inadequacy

This Awareness indicates that it does create some problems. These are based on ego, or egocentricity, and a feeling of inadequacy in the eyes of his spouse. The spouse can help to defuse this considerably, by referring to her occupation as a lucky thing, rather than implying that she is superior to him, and thus feeding the problem further for his ego to be humiliated.

If she can convince him that she is simply lucky, then he can use that as an excuse to keep his ego and his occupation and not feel that she looks down on him. This Awareness indicates that the majority of men have ego problems, and cannot easily cope with women flaunting superiority over them, but they expect women to cope with them wanting *their* superiority over the woman.

It is a question of whether the woman wants to carry on a conflict with the man and to play with his ego, push his buttons, humiliate him, or wishes to keep the relationship healthy by trying to let him feel it is not his earning power that makes him a man, but his devotion to her and his caring about her that she appreciates so much. This Awareness indicates that this can become a problem, or it can become a growing and learning experience for both entities depending on how they wish to deal with it.

The Majority of Men Have Inferiority Complexes

This Awareness indicates that it needs to be understood that the majority of men have inferiority complexes when it comes to women, and try to cover those feelings of inferiority by acting out the role of a superior being and they feel that if they can't play the superior being, they are very likely to be replaced and rejected by her. That is the crux of their inferior feelings.

They are afraid to admit that they need her or that they are not fully competent to care for her in every way. Some women may want that kind of man who gives her the security of being super-competent. Others are satisfied with the man who simply communicates and treats her as a respected being, caring for her, listening to her and sharing his life with her, and she does not really care that he prove himself superior to her.

The majority of men do not understand this kind of woman, do not even recognize that there are such women, even though they may be living with one at present. They

generally think they have to be in control at all times, in charge, and portraying the provider and protector on all levels in order to be respected by her.

This Awareness indicates that over time, fortunes change. The woman who is now making more than the man, the man who may be working harder for less, may find that everything changes, and the man is promoted, and the woman may quit her job or lose her job and the situation may become reversed, or it could be that by being patient and not being concerned about one's vanity and ego, the two of them could devise a plan whereby some of the woman's extra money could be put into forms of investment; the purchase of a second home, renting the home out so that they can begin building equity for further earning.

This Awareness indicates that there are many ways to turn this situation to an advantage by being somewhat more humble and caring about each other, rather than being in a comparison mode, judging who is superior or inferior, or playing ego games with each other.

This Awareness indicates that whatever the situation, there are those who can meet the challenge of the situation, and there are those who succumb to the challenge of the situation, but every situation will have its own challenge. Depending on what kind of response entities give to those challenges, will determine whether they win or lose in the game.

FOLLOW-UP QUESTION:

This would apply also then in the case of some men expressing jealousy of their wives because the wife finds herself in a better position and finds herself making an entirely new group of friends and being invited to things like country clubs and other exclusive types of parties that the husband had never before been invited to?

COSMIC AWARENESS:

This is in the affirmative. This Awareness indicates that jealousy carries with it an element of fear, the fear that one may be rejected or may be at a loss because of the success of someone else.

JEALOUSY IN A ROMANTIC RELATIONSHIP (More on Attachment)

QUESTION:

In relation to jealousy in a romantic relationship or marriage context; is this a natural instinctive emotional reaction or is it strictly ego oriented, or is it something else?

COSMIC AWARENESS:

This Awareness indicates it is associated with attachment. Attachment is not the same thing as love. Attachment is ownership; the desire to claim ownership. It is likened unto territorial claims: "That person is mine!", and when one makes such a territorial claim, and that person then goes elsewhere, the entity then becomes jealous, fearful of losing his territorial claim.

This Awareness indicates that obviously, if an entity loves another, the entity will want to be near that object of love, and attachment becomes a natural result of love, but it is not love itself. A truly loving person would want to see the object of love happy, regardless to what the cost to him might be. This Awareness indicates therefore, a truly loving person would let the entity go if the entity truly wanted to go.

The Concept of Loving and Letting Go

This Awareness indicates that there is difficulty in the

concept of loving and letting go. This Awareness indicates that in many cases, love alone does not make the relationship that is lasting and therefore, some degree of attachment which develops may be the necessary ingredient for a lasting relationship between two people.

Whereby the entity loves and wants the other, and it is mutual, whereby there are mutual attachments; this kind of relationship can develop into a lasting affair or whereby the attachment of each entity is similar in the amount of glue between them, so that one is not too attached while the other is seeking freedom, for such would create an imbalanced relationship.

The one who is too attached pulls on the other and the other then pulls away because the other does not have a similar attachment. This Awareness indicates that both may love each other, but if one wants to get away and the other wants to grasp and cling and pull the first, the love may not be strong enough to hold the two together. Therefore, the attachment plays a major part in forming a lasting relationship.

This Awareness indicates that attachment carries with it jealousy and other emotions, possessiveness and so forth. It may also carry with it resentment; if one is not equally attached, resentment of the other's attachment and grasping ways, or if one is attached and the other does not feel so committed, the attached entity may feel resentful toward the first for leaving, or for not being equally attached.

Attachment is Not the Same as Love

This Awareness indicates that you cannot ignore the value of attachment in a relationship between two entities, but it does need to be understood that attachment is not the same thing as love. Love is genuine compassion and concern for the welfare of the other. Too much attachment can stifle another. An ideal balance of attachment comes about when both parties feel secure to come within the periphery of the other and yet retain the feeling of being free to leave long enough to be themselves.

When entities begin to lose themselves in another, they become fearful of their loss of self-control and begin to resent the other's control over them, and this leads to a breaking of attachments rather than the melding of these attachments together.

Jealousy: Insecurity in a Relationship

FOLLOW-UP QUESTION:

So basically, jealousy, particularly in males, is the insecurity of their own ability to maintain a relationship?

COSMIC AWARENESS:

This is in the affirmative. It is an insecurity that is relative to their degree of attachment. If they are not deeply attached to the entity, even though they are insecure, they are not likely to be very jealous, but if their attachment is strong and if they are also insecure, they are likely to be quite jealous of any interference in their attachment to another.

This Awareness indicates that in some relationships jealousy can help strengthen the bonds between two entities, while in others it may cause one entity to lose respect for the other and to want to get away. In some instances, the jealousy is seen as evidence of the person's attachment, and if this entity wants proof of the attachment, jealousy then becomes the proof and this is satisfying to them.

Another person would not be satisfied, and would be repulsed by the excessive attachment and jealousy expressed, and would want to get away from the jealous entity. It depends on the entity's independence and desire

for personal freedom of expression. Some entities want to become wrapped up in the life of another, while others want to be able to have a relationship and still have their freedom to come and go as they choose.

Try Old Fashioned "Courting" Before Getting Intimate

This Awareness indicates that it is for this reason that entities need to learn about their partner before becoming too entrapped in a relationship with them. This is the reason in earlier times that entities would court each other for periods of time before seeking to form intimate relationships. Entities can have perfectly matched physical attraction and attachment, but may find that they are emotionally incompatible, therefore, by taking time to get to know each other, they may avoid much heartache that might otherwise follow the mere superficial physical attraction.

Karma is Involved in Premature Sexual Unions

This Awareness indicates that once entities, in coming together, join in intimacy through sexual relations, they automatically create a karmic tie with that entity which will require that the karma either be worked out in this lifetime, or in another, and in many cases, entities who have certain unpleasant relationships with others in this lifetime, are actually working out karmic ties that began in previous lifetimes due to premature sexual union with such entities in those other lifetimes.

He Claims Sexual Intercourse With 20,000 Females: Any Karmic Debts?

FOLLOW-UP QUESTION:

How would this apply to say, for example, the entity Wilt Chamberlain, the famous basketball star. He has written a book, and in this book, being discussed yesterday on a television program; he states that so far in his life he has had sexual intercourse with 20,000 different women, which is an astounding statement in my estimation, and my question is: if this is true, and what Awareness just stated about the karmic attachment; how would this affect somebody who has this number of female partners?

COSMIC AWARENESS:

This Awareness indicates in the first place, it isn't correct. It is a gross exaggeration. In the second place, if it were correct, it would indicate the entity has an enormous karmic debt in future lifetimes, which needs to be worked off with these entities, to balance any emotions or problems that may have occurred or may in the future occur in his reincarnated contacts with these entities.

He has, if this were true, secured for himself a legacy of many lifetimes of karmic debt to work off before he will be free of the wheel of birth and death and rebirth.

FOLLOW-UP QUESTION:

This would also apply then to the entity Geraldo Rivera who also wrote a book about his conquests which was only a mere 3,000?

COSMIC AWARENESS:

This is in the affirmative,

WANDERERS: CAN THEY GET AWAY WITH SUPER-SEX WITHOUT KARMA?

FOLLOW-UP QUESTION:

How about Wanderers? Awareness has indicated Wanderers do not create karma. If a Wanderer had a great number of sexual partners, could he get away with this

without creating karma?

COSMIC AWARENESS:

This Awareness indicates that it is not so much that these entities do not create karma, it is more that they are allowed certain leeway, whereby the karma does not need to be repaid so long as this karma is not of great violation to others. This Awareness indicates that generally speaking, the Wanderer is spiritually evolved enough not to create karma of a nature that causes others serious pain or suffering, and therefore, even though they might become involved in a relationship with another, they generally tend to leave that relationship in such a manner that no one is hurt by the actions involved.

This Awareness indicates that these entities, therefore, generally wind up their karma by resolving it before leaving the circumstance. They do not like to leave loose ends or like to leave situations where there is unresolved conflict. This Awareness indicates that you must understand that in some of these sexual unions that entities have, there is mutual consent and there is no harm or pain or suffering involved by the entities, and therefore, it is not so much a negative karma.

It is a mild connection that is formed, which may result in future lifetime communications where these entities come together again to clear up any remaining disorientations that might have been left in their psyche regarding each other. This Awareness indicates that this kind of resolving becomes very simple. It may result simply in friendship, a casual relationship whereby both entities become acquaintances or do something, one for the other, to balance out any misalignment left over from previous relationships or relationships of previous lifetimes.

Heavy Karma Occurs When Entities Harm Each Other

This Awareness indicates that heavy negative karma comes about when entities harm each other, hurt each other emotionally or physically in a lifetime and these energies are not resolved. Then the entities will come back together in a future lifetime and need to work out that energy. It may be that in the future lifetime, the energies don't get worked out completely and they need to come back again and again until these energies are resolved.

The Wanderers tend in a general sense, not to accumulate karma in the lifetime where they have agreed to enter in to a planet or place to raise the vibrations of that planet or place, but if they do accumulate some karma, it may be overshadowed or overbalanced by the good work they have done, so that they need not go back again for karmic purposes, if that is their choice, if they choose not to return.

WANDERERS WHO COME STRICTLY TO EXPERIENCE THE FLESH

QUESTION:

We know of an entity who has been designated as a Wanderer, who, most of his life has been spent in relationships with many many women, and now he is suffering physical and financial reversals. My question is: some Wanderers who maybe come in without a specific mission, but merely want to experience the earth plane and the pleasures of the flesh and so forth; it seems like it would be easy, particularly if they are single and unattached, to get in to that particular mode and become so involved in it, that it would take up most of their life, but does Awareness say that in this case, that there is not particularly a karma involved other than what would be created by the entity sort of instantly in relationships?

COSMIC AWARENESS:

This is in the affirmative. This Awareness indicates that it appears the entity will experience any karma from his present activities during his present lifetime. It is more of a matter of cause and effect. Rather than carrying this over into a future lifetime, the entity will experience the negative results for negative activity in this lifetime.

This Awareness indicates that this entity is basically negligent in his purposes for coming into this lifetime, has not put forth great effort and will not likely be given a similar opportunity to return to these same kind of settings again. If the entity, in future lifetimes as a Wanderer seeks to return to raise the vibrations of the planet, he will quite likely be given a more difficult planet as his mission, whereby his circumstances will be much more difficult and more of a learning experience, rather than as a self-indulging experience.

The Karma Could be A Much Harder Assignment Next Time

This Awareness indicates that this may be thought of as a karmic result of his activity and in some ways, this is the kind of karma that Wanderers may experience, whereby their future assignments are not as easy, if they blow it in their present assignment and create difficulties rather than solve problems on the mission they have chosen.

This Awareness indicates that it is not too unlike some of the stories that have been presented as movies whereby an entity as an angel is returned to earth to complete a mission, and has to do it right in order to get some kind of promotion in heaven. This being of course fictional, but somewhat paralleling the scenario of Wanderers.

If the Wanderer selects to do a certain mission and can't get it right, the Wanderer does not receive reward for failing in his or her mission and may in fact not receive as good an assignment or mission in the next sojourn if the entity chooses existence. The entity might, for example, as a Wanderer, be born in a free country such as the United States in one life, and if the entity cannot complete his or her mission properly or becomes self-indulgent and wastes his life or harms others; in the next life, the entity might be born in a totalitarian country with great hardships and economic difficulties with a certain mission to perform in that country.

A Wanderer has Earned a Place in Celestria

In this sense, the Wanderer may be said to have not so much karma as normally understood, but proper reward or discipline for the ineptitude involved in his actions. Of course the Wanderer does not have to return at all, if he or she so chooses, and therefore escapes all disciplinarian action.

It must be understood that the Wanderer is an entity who has already gone through the sojourn on earth enough times to overcome physical attachment and to earn a place in Celestria and chooses to return for the purpose of helping to raise the planet's vibration and to assist those in need. Therefore, if the entity, in returning for this mission, fails to do so, the entity can return to Celestria and not be punished karmically; but if the entity does desire to return again to the physical world of Terrestria, the entity, after having failed in a previous mission, may not be given such a pleasant or enjoyable mission as before, and may be given a position that is more challenging and more difficult.

FOLLOW-UP QUESTION:

Who gives these assignments?

COSMIC AWARENESS:

This Awareness indicates that those are by mutual

agreement between the Wanderer and those in Celestria who are overseeing the development of spiritual evolution on the various planets. This Awareness indicates that these beings who work for the evolutionary development of a species of beings on a planet are more or less the authorities, and the Wanderer, more or less creates a pact or contract with these entities in terms of an assignment.

They are provided with enough assistance from higher planes to complete their assignment, even without the memory of knowing what the assignment is. They will be nudged subconsciously in the right direction to complete their assignment if they remain spiritually on track. If they should be drawn into directions that are overly self-indulgent and not attuned to their spiritual guidance, they may avoid completing their assignment, therefore, it is not necessary that an entity be consciously aware of their purpose to fulfill their assignment.

This Awareness indicates however, that it *is* necessary that they cling to the concept of spiritual guidance; that they hold the spiritual life center-most in their being. They cannot follow two masters at once. They cannot follow the path of darkness and still pursue the path of Light, and complete their mission.

HOW CAN WANDERERS REMEMBER THEIR MISSION?

QUESTION:

A question from David A. about this. Awareness answered most of his questions. I'll read the whole statement here. He says: "I have a question for Awareness that I believe deserves asking. How can those entities referred to as Wanderers more clearly remember their mission? Is it necessary to have full conscious recall for example, of a planned specific career, or is it sufficient to be aware of the need to raise consciousness, and rely on subconscious programming or Divine Guidance? Are most of the missions fulfilled instinctively by Wanderers, without awareness of their nature and origin and could Awareness give 85% of the membership some techniques to recall their purpose and missions?"

COSMIC AWARENESS:

This Awareness indicates that the entity seems to understand the way it works. It is indeed an instinctive movement. That when entities are drawn to certain interests in life, if they are indeed Wanderers, and they are drawn toward a certain interest, even though not being pushed in that direction by someone, they may very well be tuning in to the area or field of interest that they were supposed to get involved in, to study and understand, so that they may be moved in the direction of their intended purpose.

An Example of How a Wanderer May Awaken

This Awareness indicates for example, perhaps the first nudging would come from an interest in the unusual. Perhaps as a child the entity becomes interested in *FATE* Magazine, which in turn leads the entity into an interest of crop circles or astrology or some other mystery. The entity then perhaps is drawn into an interest in UFOs or through astrology into counseling and working with people's emotions and problems, or the entity may be drawn into concerns about health and the psychology of the mind in relation to health, or the entity may be drawn into the study of unusual phenomena.

Whatever the entity is drawn to may be but a stepping stone to lead the entity to the next area of interest, which in turn leads to another area of interest, which may in turn lead to still another area, which then perhaps leads

the entity into the field where he or she becomes most interested and spends much time studying and then perhaps becomes so fascinated as to explore completely a field of study or an area of interest.

This may involve working with other people. It may involve uncovering information, researching information to share with others. It may involve teaching. It may involve any number of ways whereby you help others through your discoveries or your presentations. It is most likely to be satisfying to you in such a way that you can hardly wait to get through with other areas of your life so that you can get into this area which most fascinates you.

You may in turn make it a career whereby you find yourself an expert in that particular field, even earning your living in that field. You might become a psychologist, because that is the field of interest, or you might become a doctor, or you might become a researcher, or you might become a manufacturer of something, or perhaps you learned things about health or other topics and share these discoveries with others.

Wanderer Are Driven From Deep Within to Do Their Thing

This Awareness indicates that it becomes a thing that you yourself are so involved in that you cannot extract yourself from it, much as Dr. Christopher became heavily involved in herbs and healing because of his childhood illnesses. The entity then became the expert in the field of herbs and herbology and healing, through the use of herbs and herbal formulas. This Awareness indicates that it became a field that he could not extract himself from. He could not stop being what he was, and likewise, this becomes apparent to the entity, even though it may not occur until later in the entity's life.

This Awareness indicates that it is something that is deep within the entity and comes from within the entity, and it is best known and understood when it comes from within the entity, rather than from someone outside directing it and telling you to study this field or to be involved in this activity, for if it does not come from within, you may get involved too soon without all the emotional conviction and the emotional steps that lead you to that activity.

No One Should Tell a Child What Their Purpose in Life is

This Awareness indicates for example, if someone were to say to you at the age of 5: "When you grow up you are supposed to be a carpenter!" This may not mean much to a 5 year old, but if you have gone through certain experiences and you find yourself moving more and more into carpentry, and you find yourself becoming really good at carpentry, you may find that it becomes an obsession to you, and you cannot seem to extract yourself from it. You may be the top carpenter in your state or area, and you may find yourself being called upon by many different people to help solve problems relating to buildings, relating to structures, and at that time, you then know what your true purpose is; that you are the expert in the field of carpentry.

This Awareness indicates that when this occurs, it will be much more meaningful to you than if you are told at the age of 5 to be a carpenter and people start trying to make you a carpenter because someone said you should be a carpenter. You may find yourself rebelling against this because it is being forced upon you. It is not coming from within. Perhaps you will never be a good carpenter until you have put your energies into something else first.

Perhaps you begin by playing with measurements and things that serve to develop certain childhood skills, perhaps little tools or little dolls or little cut-outs are necessary before you can actually start thinking about large structures, and if you do not have those earlier

skills, you may never develop properly to be a good carpenter.

This Awareness indicates that therefore, it is best not to think that someone else can tell you or should tell you what your purpose in life really is, because it is a matter of timing. It is much more meaningful to you if you get it from deep within yourself than if someone else outside of you points your direction and says: "Go there!"

When People Ask Awareness What Their Direction Is?

This Awareness indicates it has been asked of this Awareness many times: "What is the purpose and direction of my life?", and *It* has given entities information of this nature, but too often the information was given at a time in the entity's life when they were not ready to follow, or they had not yet been prepared emotionally or mentally for the movement in that direction, and therefore the entities did not act or could not, if acting, feel the urgency from deep within and therefore, did not become motivated from within, and in some cases developed a kind of aversion to being told to go in this or that direction.

This Awareness indicates that it appears the nature of humans is that they prefer to choose their own path, and this Awareness suggests that Wanderers especially do not like being told which way to go, and it is best that they find their own path through their own subconscious nudging for they can indeed find their way to their mission, to the completion of their purpose.

This Awareness indicates there are occasions where the Wanderer maybe has moved off course due to the influence of parents or others, into an area which is totally wrong for him or her, whereby they may need to have some guidance to get them clear, to get them back into the direction which they truly feel comfortable with, but it is not seen as being the most proper and natural way of finding your purpose and direction.

It is more of a necessity when there has been a great deviation, and the entity has not followed his own inner guidance.

Wanderers May End Up Writing Books

FOLLOW-UP QUESTION:

Over the years there's been at least a few books written by elderly people near the end of their lives, where they recap their various adventures through life, many of which are totally unrelated; but it just occurred to me if some of these entities weren't Wanderers that got into a specific mission, but it turned out their mission was to write a book of their life and put it into some kind of perspective with a philosophy... does this sort of thing occur quite often, or not?

COSMIC AWARENESS:

This Awareness indicates that this can frequently occur, wherein the entity as a Wanderer, for example, may have intended to become a doctor or a member of a profession, but whereby the entity may have gotten off-course throughout 80% of his or her life, until, near the end, when the entity begins to look back on his or her life, sensing that something was supposed to have occurred and wondering if indeed what occurred has any meaning, and the entity may then see certain lessons and certain meaningful events and sit down to write and may write a book that when read by others has a healing effect on their lives because of its philosophy, its situation, the relationships of entities which contains messages for the reader, to help the reader become more harmonious and balanced in his or her own situations.

Thus, the entity may indeed, even in the last moments of life become a healer for others through the book that

was written in those last moments. Others may go through life exploring life and write a book and the entire experience may be exactly as mapped out at the beginning by the Wanderer prior to entering into physical form.

Wanderers Born Into Very Rich Families

(Where is the Childhood Struggle Most Wanderers Go Through?)

QUESTION:

Awareness has indicated that the Wanderer for the most part, I believe *It* said, choose to come in under often very adverse circumstances and is subject to health problems, economic problems, perhaps relationship problems, in order to temper his soul or something to that effect, so that he will be better prepared when he grows up and confronts the mission that he came down for.

My question is: There must be Wanderers, for example; I would think Steven Spielberg and some of these people in Hollywood who can influence millions of people: George Lucas for example with his *Star Wars*, to get people thinking about these things. People like these were born with what they would call a "silver spoon in their mouth." They came into very wealthy families from the very beginning and had no adversity to speak of.

How is this reconciled in cases like that?

COSMIC AWARENESS:

This Awareness indicates that these entities had more adversity in childhood than is apparent. These entities had certain difficulties and problems as well as certain benefits and opportunities. These entities have been on earth previously as Wanderers, succeeded in their missions and came back in special places for opportunities to be provided so that they could do even more good for the planet.

This Awareness indicates that it is much like the opposite of what was spoken of before, where a Wanderer comes in and fails to do anything worthwhile, and in the next mission may be sent to a more difficult area of experience so that he or she faces greater challenges to succeed in the mission given. The entity who does succeed well may be given a new mission that is even more favorable and easier to fulfill.

This Awareness indicates that had these entities been put into less favorable positions to begin with, they would have had to overcome a great adversity and would not likely have been able to rise to the occasion necessary for the accomplishments which they indeed, truly reached, but because they were given a start from a higher position, the challenge of creating something truly magnificent for humanity was presented to them from a position that gave them an edge.

They had opportunities they could draw from to create their masterpieces and to fulfill that which would have otherwise have been impossible for them, had they not been given that edge.

SHOULD SPIELBERG MAKE "A DWELLER ON TWO PLANETS"?

QUESTION:

Somebody once wrote me and suggested that I contact Steven Spielberg with the suggestion that he make a movie out of *A Dweller on Two Planets* and if he hadn't read it, to send him a copy of the book. I tried, but couldn't find his address, and didn't do it, but would Awareness agree that that particular book would do some good if it were made into a movie, as this person suggested?

COSMIC AWARENESS:

This Awareness indicates that this could be quite an

experience for the masses; that it is a book which has extreme value both in a metaphysical sense and in symbolic sense as well as creating extreme pleasure and enjoyment from its entertainment and imaginative stimulation. It could serve as a good foundation for a well developed movie script.

This Awareness suggests that it could also become another great classic in movie presentations.

Ed's Note: Let's get this message to Mr. Spielberg!

The Value of the Idea, the Abstract Concept

CLOSING MESSAGE:

This Awareness indicates that the abstract concepts and ideas that occasionally are made available to entities in their studies, in their thinking, in their discussions, and in dissertations such as this, may seem to some as nothing more than fantasizing and conceptualizing in an unreal activity because abstracts do not appear to have tangible value to some entities, but it must be understood that the abstract ideas can be applied to practical realities, and can be brought down to Terrestria, to the physical, and made tangible in a variety of forms.

This Awareness indicates it is in fact the abstract idea that generally is behind the physical form; that the wars and systems and national and international movements, political systems, economic systems; the "isms" of religions...all of these which have their physical expression, creations of violence, of good, of hope, of helplessness...all the many aspects that comes from these movements of energies in the various "isms" and systems that control and govern and influence the masses; all of these things began first as a concept, as an abstract idea, and then were brought down onto paper and implemented into activities and organizations and developed into systems that control the masses.

Therefore, by understanding certain abstract concepts, by looking at abstract concepts, entities are dealing with creative forces. The abstract ideas can be applied to make manifested realities.

(The Law of Gratitude is given)

WHY THE DRASTIC DECLINE OF MALE SPERM COUNT?

(More on the "Global 2000")

QUESTION:

A question from Orrin R., Little Rock, Arkansas. "In the January 15th, 1996 issue of *New Yorker* magazine, there was a lengthy article, about 10 pages, about the drastic decline of the sperm count in the world's male population. This observation encompassed all nations, progressive and Third World.

"No reason or solution seemed satisfactory. Pollution of the environment was mentioned often, but this reason was also undermined as well as modern-life stress in the jungles. Only in prison, men incarcerated for a long period of time seemed to have a good sperm count. Would Awareness throw light on this problem, or is the drastic reduction of people a problem?"

COSMIC AWARENESS:

This Awareness indicates that much of this has to do with the increased use of estrogen and artificial estrogen, like plastics. There are plastics used in packaging foods, in coating the cans of soup and other vegetables and fruits and the plastics give off a kind of pollution that is much like estrogen, the female hormone, which in turn hinders the production of the male hormones and sperm count.

Most Coffee Contains Saltpeter to Reduce Sex Drive

Likewise, coffees are used the world over, and most of the coffees are made to contain saltpeter, to help reduce the sexual energies in men. This has been initiated in order to keep the population from booming continuously. There is a reduction of male energies from the use of coffee. It was first introduced in the military services to keep the men from becoming too anxious and frustrated in an all-male camp, but it was also realized that this can help reduce the population throughout the world, if saltpeter is added to coffees around the world.

Why Sperm Count with Prisoners is Normal

This Awareness indicates that this as a part of the Global 2000 plan to keep population down. This Awareness indicates that in addition, the change in the way by which people view sex has added to the reduction of the sperm count. In a prison, the men are basically deprived of sexual encounters with women, and many of these entities experience greater abstinence, along with the fact that their food is more raw, rather than refined, coming from raw products and cooked without the commercial refinement that is common to canned foods or foods wrapped in plastics.

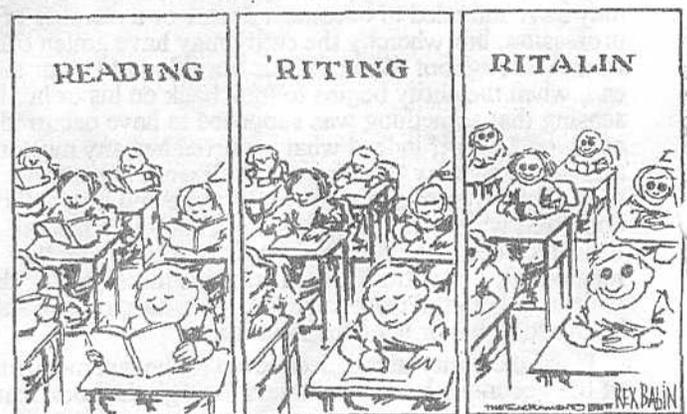
Therefore, these entities retain a greater sperm count than the average person out in society. This Awareness indicates that the average person in society is less inhibited about his expression in sexual ways than was the male of 40 years ago. They are essentially proud to be sexually expressive, even if it is not in a heterosexual or homosexual manner; if it is just through self-sex, and therefore, they tend more in this recent time to rid themselves of any sexual energies more frequently than did the generations 40 years ago.

Men Today Are More Wimpy; Don't do Hard Labor

Likewise, 40 years ago, men worked much harder, physically worked harder, and this helped to draw on and use the male hormones and this contributed to a higher sperm count. The men of today are more wimpy in a sense. They push pencils rather than shovels. Rather than digging ditches, they hire machines to dig the ditches, and their main physical activity would be writing the check or doing some kind of mental work to make the money, to have the ditch dug. Therefore, the less work they do, the less they draw on testosterone and the body stops producing so much, and also, it stops producing the hormones necessary for the usual sperm count that would follow an entity who is a physically strong worker.

This Awareness indicates there are many factors, including pollution, that contribute to this. One of the main factors has to do with the artificial-like hormones that mirror estrogen that have been introduced into the diet and packaging of foods.

THE 3R'S



MORE ON THE OKLAHOMA BOMBING (Some Things the Public Isn't Supposed to Know About)

QUESTION:

A couple of questions from Richard --- in Oregon. It's sort of an interesting letter. I'll read his letter to get to the question. He writes: "I have a cousin who leads a rather full and interesting life. Among many other involvements he is a member of Special Forces, Army Division. He is an ex-Green Beret paratrooper, demolitions and so forth.

"A few years ago he got in touch with me and started asking me about the secret government, New World Order, the alien issue, time travel, et cetera. I was blown away. I haven't spoken with him in years because I had previously requested excommunication from the LDS church (Latter Day Saints), the Mormon church, in '77, shocking, disgracing and generally disappointing the whole family.

"The few times I did hear from him over the years it was always an effort to persuade me to change my ways and reconvert to the church, since he was and still is a staunch member, but by 1977 I had simply seen, learned and experienced too much to continue affiliating myself with a limited and erroneous belief system and mind set, so I became the apostate, the outcast, the black sheep, the poor lost soul who was being drawn into the devil's entrapment.

"In reality I was breaking free from years of conditioning and programming. I was beginning to learn the rest of the story, or rather, the real story. They could only shudder and lament when from time to time they would hear of some of the things I was involved in. What is so ironical is that they are now involved in many of the same things, and now seek my input, realizing now that I was simply investigating truths and information that took them another ten years to be ready for, yet it is still but a fragment of the whole picture.

"So, when Larry started questioning me on some of the weightier issues, I was somewhat taken aback. The spiritual giant of the family, the shining example of LDS righteousness was doing an about-face, coming full circle back around to the lost apostate to get answers to questions which he was unable to get from his Scriptures or church leaders. I began sending him copies of CAC newsletters. He cannot risk subscribing due to his sensitive position.

"He has a very high security clearance. Only recently, after I had told him about an encounter I had with crafts and strange goings-on at a secret base I stumbled onto in Southern California, he told me of an encounter he had many years ago with a huge craft hovering above him when he was walking home from his high school one evening in Palmdale.

"At the time his father was stationed there at Edwards. I find it rather amusing that the secret facility I discovered happens to be connected via another such installation beneath the Chocolate mountains to Edwards, by underground tunnels.

"Larry and two close confidants are gathering information in preparation for a private mission onto a particular base in Texas which they know for a certainty is alive with alien activity, mostly subterranean. I have exhorted and warned him against such an undertaking, informing him of the advanced alien technologies as well as psychic abilities. So far he has concurred with me.

"All of this has been a meandering preface of what I really intended to share with you. I'll try to be more to

the point about it. Larry phoned me shortly after the Oklahoma bombing. Even though he now lives in Texas, because that is where his elite unit is stationed; he's been in Oklahoma for the past few months, finishing up study and testing for his doctoral degree.

"Since he was nearby when the incident occurred, he decided to do his own independent investigation. He was on the scene the following day. I won't go into detail, but his description of what he witnessed was both disturbing and spooky. I wish you could have heard him describe it. The way they had the area sealed off for a radius of several blocks in concentric rings of progressively increasing authority, riot squads at the outermost perimeter and government officials at the innermost ring.

"Every tiny piece of debris was closely scrutinized by at least three different levels of experts on its way from the building. He said they were looking for scraps of documents that could not be allowed to fall into the wrong hands. He worked with the local FBI and media to get information about the design and construction of the building and other pertinent details. Then he took his camera, tape-measure and note pads and got to work at the site.

"Simply put, his conclusion about the blast, which was arrived at prior to the Gunderson expose, was likewise that it could have been in no way a 'shit-bomb' (as he calls it). He too referred to the Daisy Cutter, stating that only the military has that technology and ordinance. I'm not fluent in government or army lingo, but he explained how and why based on the evidence it had to have been an inside job.

"Further more, one of his own internal informants told him that a lot of the Whitewater files had recently been moved from D.C. to that building, second floor, if I remember correctly, which I may not. I should have written you all when this was fresh in my mind, but apparently, this is why all the little scraps of paper were being examined by government officials in suits.

"Larry said they were doing so before even removing bodies, which is not at all normal procedure. But here's the real clincher and I have no way of knowing how reliable this is, but one of his informants also told him that one of the firemen who was on the scene immediately before the cover-up forces had arrived, happened to look down from the second floor and saw an army transport vehicle pull up to the rear of the building and hastily remove from the building and load onto the truck six long closed wooden crates.

"Larry asked me to guess what was supposedly in them. Files? No. Bodies? No. What then? Stinger missiles! The same 6 missiles that were stolen from Afghanistan a few years back. They were being stored or planted there for some unknown reason, and have now been relocated to another place within the country.

Larry noted another odd fact. The typical FEMA response-time, based on what has occurred with such disasters as Hurricane Andrews, Hugo and so forth, the floods in the South, the San Francisco quakes, the L.A. riots and so forth, is 48 to 72 hours at the earliest. They had a full contingent on site in Oklahoma within, I think he said 12 hours, maybe even 8.

"This has been for you general information. I hope it can be of use. However, I have a few questions for Awareness when it is convenient." I'll read his questions here and then go back if Awareness asks. "(#1) Had a lot of the Whitewater files indeed been moved to the Oklahoma Federal Building not long before the bombing? and (#2) Were there in fact missiles being kept in

the building?, and were they removed by army personnel immediately after the blast?"

COSMIC AWARENESS:

This Awareness indicates this is in the affirmative. This Awareness indicates also that many of the Waco files were stored in that building. This Awareness indicates it appears there were also other sensitive files that needed to be destroyed with the appearance of involuntary destruction.

Does the BATF Have Planes for Warfare?

(If So, Where Will it Wage Warfare?)

QUESTIONER:

Okay. Those were the only questions he had. We received a document from the Internet from the *Conservative Consensus* out of Seattle, which I'd like to read to Awareness and ask it to comment. "The Bureau of Alcohol, Tobacco and Firearms confirmed that it has 22 ground attack OV-10D Bronco aircraft, according to a published report in the August issue of *American Hunter* magazine.

"The agency acquired the aircraft in 1993. Each aircraft is capable of carrying 5 paratroopers and nearly two tons of rocket pods, bombs and napalm. An unspecified number has been upgraded with new engines and forward looking infraRed (FLIR) television and ground-mapping radar. The magazine said it had confirmed the report with two separate airport sources, in addition to the BATF's acknowledgment.

"Analysis and commentary: Prior to publication, we attempted to confirm this information through US Senator Slade Gorton's office. They failed to respond. We consider this report so alarming that we would ask other readers to attempt to confirm it through their US Senators and Representatives. Readers with House members participating in the Waco investigation may want to request that their representatives question the BATF on this report during the hearings.

"It would be disturbing enough if an agency with a flawless law enforcement record had acquired these weapons of war for domestic use. The BATF's record is not flawless, as the Waco hearings have demonstrated. Already the hearings have uncovered evidence that BATF officers and administrators lied to the military liaison officer to obtain military hardware and support for the Waco raid.

"As if Waco and Ruby Ridge were not enough reason for caution, recent "round-up" reports have indicated widespread drug use and civil rights violation by out-of-control Federal Agents, this time directed against Blacks and women. Damage control has consisted of trying to "spin" these reports back onto the "dangerous militia group" that exposed it.

"The mainline press has been loathe to report Federal law enforcement abuses. Both Waco and Randy Weaver stand-offs were "covered" by hundreds of reporters, yet the result of this "coverage" was little more than reprints of BATF and FBI press releases. This mentality should be of concern to all Americans. Because of it, we don't expect the mainline media to be even mildly curious about why the BATF would be acquiring the weapons of full-scale warfare.

"Finally, we acknowledge that the *American Hunter* magazine has a "pro-gun" agenda. We have found their reports to be highly reliable in the past. Certainly they are no more "pro-gun" in their reporting than the mainline media are "anti-gun" in theirs." I'd like to ask Awareness if that information is basically valid, about the BATF having airplanes for warfare?

COSMIC AWARENESS:

This Awareness indicates that this is in the affirmative; that there are many special benefits given to the BATF for purposes of future use. It was also part of a plan at the time of the Oklahoma bombing for troops to invade certain of the militia and the BATF could be employed in that action whereby these aircraft might be of use to them in event of resistance.

This Awareness indicates that there has been considerable power given to the BATF for purposes of domestic use against gun owners and others who might be considered as threats to the government. This Awareness indicates that the Randy Weaver-type patriot or individual with an anti-government attitude is essentially the focus of much of this kind of domestic concern by the government branches and preparation for disarming or neutralizing these entities has brought about much of the planning and special training and arming of agencies such as the BATF.

FOLLOW-UP QUESTION:

Isn't it essentially illegal by law for that to occur?

COSMIC AWARENESS:

Usurping the Constitution With "Executive Orders"

This Awareness indicates that there is a question of what law, and whether that law is being enforced, or whether the presidential Executive Orders take precedence over those laws. This Awareness indicates there are many changes occurring and many presidential Executive Orders are being given, or treated as though they were greater laws than that of the Constitution, or the state laws.

This Awareness indicates that P.D. Ouspensky once said that, "You break a law with another law. That the only way to overcome a law is with another law." This Awareness indicates the entity was speaking of universal or natural laws, but this Awareness suggests that this is also a kind of policy of those who would take over a country and defuse its laws or demean its laws.

They create laws which they consider greater laws and enforce those newly created laws, while ignoring the laws of the land that have been implemented through the Constitution of that particular country. In other words, if you do not enforce the Constitutional laws, but you do enforce the Executive Orders or laws, then which law is the more powerful?

This Awareness indicates that even though the laws of the Constitution may be the authorized laws of the land, the laws that are being enforced by an army will take precedence over those authorized laws, and the Constitution loses its power through complete impotence of its enforcement.

TED GUNDERSON TAPE ON OKLAHOMA BOMBING ONCE AGAIN AVAILABLE

Ed's Note: CAC has a copy of the controversial tape of Ted Gunderson speaking on the Dan Gregory Radio Show shortly after the event where he gives dynamite information on the government cover-up and responsibility for that tragedy. With the trial coming up this summer of the patsy McVeigh, this information will be helpful when the controlled media starts its blitzkrieg. This information at one time was on the Internet briefly but was quickly removed and banned by the government. CAC is making this very hard to find 90-minute cassette tape available once again for a minimum donation of \$8.00. Also recommended is "Revelations of Awareness" issue 95-9, an indepth report on the Oklahoma bombing from Cosmic Awareness. Price \$3.00 plus postage from CAC.

Transformations Have Occurred Since the Millennium Began

QUESTION:

Awareness, we're here today, April 26, the year 2000, for #65 session with Grace as Interpreter. This is the first reading in this new century. Does Awareness have an opening message?

COSMIC AWARENESS:

This Awareness suggests that tremendous transformations have taken place as segments of ever-larger and more tremendous transformations beginning to manifest on a more global level, with specific significance observable in individual experiences of those most closely affiliated with this organization.

This Awareness suggests that tremendous neural advancements have been accomplished with certain attunement to specific experiences, insights, propelled by the quickened energies of which humanity has been in wait for quite some time. This Awareness suggests that each individual grasps the understandings of these words and has manifested pictures and experiences in the minds regarding the specific feelings, insights and inspirations that have occurred since the turn of the millennium.

This Awareness suggests that the editor has written and shared such personal revelations regarding the nature of the earthly experience, the nature of the Cosmic Awareness project and the nature of individual free will. This Awareness suggests that despite the surface manifestations, such changes and insights run much deeper, indeed, to specific neural pathways and brain networks previously inaccessible and under-utilized within the entities.

This Awareness suggests that each in their own way have experienced connection to higher energies. This Awareness suggests that the entity Vikki as ever in diligent pursuit of enlightenment and in service of sharing such Light, has experienced on a personal level, certain energies concerning the relative connectedness and value and magnitude of a human consciousness, with such revelation extending to specific interactions, conversations and expressions to all those encountered in her path.

CAC Membership Experiencing Insights

This Awareness suggests that the membership at large has also begun to experience from the subtle to the dramatic, flashes of insights, intuitions, making meaningful connections to formerly meaningless and chaotic and unexplainable events; that the overall emotional tone in most entities has increased significantly due to such energies and insights, and this is good.

This Awareness suggests also that on a more removed plane than the physical consciousness of these entities, that the dynamic energy combined from the non-physical entities themselves, which has been directing specific insights and manipulating specific activities through the dream realm, that a unity between the major entities which has long ago accepted the task of ushering broadened consciousness to the physical realm through dogged pursuit and diligent efforts, to manifest the information imparted from this Awareness; that a relative floodgate of information and manifestation has been received from such efforts, and that cosmic handsprings and applause and celebration on the parts of these high entities, who having experienced frustration in delivering insights and intuitions into minds relatively limited by the mass-consciousness despite individual efforts, passions and differences; that such celebration is highly appropriate and beneficial.

This Awareness suggests that specific alterations in specific life courses have been manifested, accomplishing an even more opportunistic and rewarding path for many involved than had even been hoped for on some levels, given the specific limitations of the historical time period of this venture.

This Awareness suggests that the entity Grace as Interpreter attained a highly direct and intuitive connection with this Awareness via alternate methods which has served the purpose of validating those constructs in the mind that passionately were in pursuit of the inspired vision, yet that were limited due to some constructs also in the mindscape concerning previous experiences, limitations, judgments, and losses of opportunity which clouded the intuitive understandings of the unity involved in what had appeared on the surface to be divergent missions.

This Awareness suggests that this and the other events manifested from these energies have propelled all entities involved in specific highly worthy and valuable directions which shall each serve unique portions in further continuing the expansion of consciousness in the physical realm.

This Awareness suggests that if there are lingering concerns regarding the unity and the structure and the form of the organization, that simply following the intuitive impulses and effecting specific communications, shall more than accommodate the concerns and deliver the best possible contribution of each entity.

This Awareness suggests that there need not be concern over changes in the course and structure and form of the organization, for the challenges of the past no longer exist. This Awareness suggests that there shall be benefit in time for reflection, a retrospection, and providing archival knowledge through the organization which can more than satisfy the needs, concerns and visions of all.

If we have completion we can continue.

Bush or Gore: Is That All There Is?

QUESTION:

A number of entities have been writing in about the upcoming elections. Barbara Brewer, Hemet, CA., for example. She says "You're right about Bush, and I add his twin, Al Gore. They are both not what we need for country leadership. Of course we feel Bush is worse, as he has no feelings or emotional body. He is a non-person. I feel a machine, like a toy, not a man. I wish we could rise up a third man for our president. It's dreadful to think of either of these as our President—they both come from fathers well-versed in working in political evil. Gore's dad was one of the South's leading political bosses. Note they never mention him. I remember when he was in Congress (father now dead). I've always heard Clinton is under the control of Bush. When Bush left Washington he took his Cabinet to Texas and kept doing his leadership from there. Regardless I have felt for years we only one party, just two names. I hope Awareness will look at this and the effect on all of us. Most people don't give a damn."

A number of people are dissatisfied with what looks like the only choices in the next election. Does Awareness have any comments on that?

COSMIC AWARENESS:

This Awareness suggests that the growing dissatisfaction among many entities in the United States of America concerning the political choices reflects the broadening consciousness and understanding that a dual party system which pits partial truth against equally valid partial truth, shall never provide the balance for

cooperative unity and forward movement necessary in the country at this time.

This Awareness suggests that since the energies have quickened and the new millennium is upon humanity, that the dissatisfaction which had been growing for the past five decades is culminating in both a centrist movement where economic conservatism, which symbolizes the non-negotiable needs of the human body, and social liberalism, which symbolizes the need of the mind for continuous self-expansion and development; that the dual party system wherein Republicans side with values of conservatism and Democrats side with values of liberalism, creates a splitting between citizenry, likened unto the disunity between mind and body and the competition that results, in pain and disease.

The social pain and disease of such folly is evident in collapsing systems based on one perspective without its counterpart. The collapse of the medical system is indicative of conservative values which fail to liberalize with such concepts as holism and equitable opportunity toward medical advice and care.

Such pain is also reflected in the judicial system, where enforcement of external conservative controlling rules and codes and laws, replaces and indeed, confounds the inner self-regulation impetus within citizens, removing the essential freedom and empowerment necessary to access inner moral choices and behaviors, the economic problems encountered with enforcement of laws and incarceration of citizens exposes the fallacy of this approach.

This Awareness suggests that the political trend toward reform and alternate choices from such extremes as the Governor Ventura and the potential of President Beatty, from entertainment backgrounds, yet such entities have intuitive understanding of the lack of cooperation and vacillation between competing value systems and ideals which prevent social progress on many fronts.

This Awareness suggests that the first step for balancing these opposing value systems and poles has already occurred with the centrist democratic presidency, and shall continue with the next incumbent, but since the energies have shifted so dramatically and consciousness is rapidly embracing the many misunderstood qualities of the physical experience, that tremendous progress shall be made within the next several administrations, not only resolving through centrist compromise, but in understanding the holism, that is necessary to manifest enlightened political and global unity.

This Awareness suggests that as the entity suspects, the choices of the democratic, or more centrist Gore, versus the Republican mainstay party line conservative Bush, is likened unto an acid test, wherein humanity either recognizes the necessity for centrism or hides once again under the guise of tradition and Biblical values, and takes several steps backwards.

This Awareness suggests that this pattern has been repeated throughout the last several decades, but that with the energies of the new millennium, there shall be no backsliding into overt conservatism for the Emperor has been observed to be wearing no clothes. This Awareness suggests that a victory for the Gore centrism shall represent the overall shift in consciousness of the US citizenry.

The Wisdom of Awareness: --On Counting Your Blessings --
You and others upon this plane, in these places of confinement, in these levels of intensity, are blessed. For it is during these times that you are being given the greatest opportunity to learn about others, about relationships, about concepts, and about integration of consciousness. Count your blessings. (issue 78-44)

IF A STOCK MARKET CRASH AND A DEPRESSION OCCURS

(Will This Affect the Race For President?)

QUESTION:

Along these lines we got a message from Karl Krupp, who publishes the Self-reliant Living newsletter,* which we've subscribed to for many years. It's sort of interesting. This came in about two weeks ago before the stock market did anything dramatic. He writes: "As you have noticed, the stock market is acting very schizophrenic, with the Dow moving up 250 points one day and falling 250 points the next. We have a theory on all of this. Consider the race for President.

If the economy is doing well, the Democratic candidate will claim that they are responsible and will win in a landslide.

But what if the country is in deep depression, with layoffs everywhere, banks failing, DOT com businesses declaring bankruptcy, credit card defaults, home and car sales in the dumps. Of course the Republicans would blame the Democrats and would have a good chance of regaining the White House and increasing their control over Congress.

Consider next the people who have power in the New York money center. Are they Democrats? Not likely. They are mostly Republicans. Further, we continue to hear that insiders are cashing in their stocks at their all-time high prices.

Our question is: "Are the insiders about to let the markets crash, so they can buy cheap stocks in 2001 and also win the elections, gaining them even more power?"

If so, beware, for the markets could tumble as early as May or June so that there was time for the full impact to be felt on the economy by November, 2000. Sweet dreams."

*Self-Reliant Living, Box 189, Merlin, Oregon 97532

Does Awareness have any comments on his insights?

COSMIC AWARENESS:

This Awareness suggests that there is a large degree of symbolic truth within such insights, and that indeed, such power mongering and manipulation is attempted on many levels. This Awareness suggests, however, that this line of interpretation of the symbolic changes is but one facet of a multifaceted gem.

This Awareness suggests that indeed, it is the competition within and between the citizenry that drives the vacillations between the fear and the hope which drives bull and bear markets, which drives liberal movement, economic stability, and gradually raises opportunities for economic empowerment for all.

This Awareness suggests, however, that due to such vacillations and competitions within the governmental power structures, that the muscle-bound over-inflated bureaucracies of government have failed to keep abreast and flexibly adaptive to the changes in the economics of the information age.

This Awareness suggests that without the incessant vacillations between Democrats and Republicans, the wars that waste valuable legislative time and money have perpetuated a dissonance between government motives and the economic freedom that makes America the success that it is.

Microsoft Corporation Symbolic of Consciousness Expanding

This Awareness suggests that another facet of the economic trends relates specifically to the governmental lack of cooperative cohesion to the approach toward the Microsoft Corporation. This Awareness suggests that this corporation is symbolic of the rapidly expanding

consciousness of humanity, just as the proliferation of energy/information has been accomplished, largely due to the efforts and innovations of this corporation.

This Awareness suggests that antiquated and unsound ideas regarding the nature of competition versus the nature of cooperation, have allowed the government to intervene and interfere in ways that have manipulated the stock market and created instability where relative stability indeed exists.

This Awareness suggests that those with motivations to reduce the economic stability and opportunities that have been accomplished in order to further political gains shall not be successful, for the citizenry recognizes that the increases in economic stability and opportunity that have paralleled the centrist policies have been effective simply because they have united both polar opposites toward common sense human goals of educational and economic opportunities.

Stock Market Crash and Depression Will Not Happen

This Awareness suggests that the understandings of the market system based upon past trends of ups and downs and bubbles bursting and bottoms falling out and depressions and recessions, must also be updated with the relative expansion of consciousness and in the recognition that humanity has indeed learned from past errors and that the stability and the robust positivity of the economy need not be a bubble which will in fact burst, yet an indicator of the success of the efforts of enlightened entities to manifest the cooperative structures that the Spirit demands and the intuitive design and the emotions inspire.

If we have completion we can continue.



"Your dog had both motive and opportunity, ma'am: He hated the cat and he's had training in operating heavy machinery. ... Your husband, we feel, was just in the wrong place at the wrong time."

VISIT THE TEMPLE OF LIGHT IN YOUR DAILY MEDITATIONS

Deposit your energy in this cosmic Bank. Withdraw it when needed for healing or personal use. Keep in touch with CAC when you start getting results!



"No, Isaac can't come out to play. His dad's gone to sacrifice him on the mountain."

Husband/The Oldie/London

The Wisdom of Awareness: -- ON BEING GODS OF MERCY

This Awareness wishes entities to cease passing blame and cease patting themselves on the back and begin prying their eyes open, awakening themselves and others to reality. This Awareness wishes entities to cease listening to the forked tongue of the beast, to cease being hypnotized by the electronic programmer and the printed words and to tune into the Christ Consciousness within. This Awareness wishes entities to look toward each other and cease finding the flaw in each other's eyes and look for the Divine Light that rests behind those eyes, that you may communicate with one another as gods. This Awareness wishes entities to cease being gods of power and begin being gods of mercy and love. (Issue 78-21)

Prayer for Balance

Start your day and end your day by saying the following aloud:

**I AM ONE WITH ALL THAT IS!
Thank you God**

—HOW TO GET THIS NEWSLETTER BY MAIL— EVERY 4 WEEKS! (More or Less)

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MEMBERSHIPS AVAILABLE (Honor System!)

INDIVIDUAL: \$42 per year or \$12 quarterly
FAMILY: \$52 per year or \$20 quarterly
CONTRIBUTING: \$77 per year or \$25 quarterly
SPONSORING: \$144 per year or \$40 per quarter
BENEFACTOR: \$500 per year or \$150 per quarter
PATRON: \$1000 per year or \$250 per quarter
ANGEL: \$5000 per year or \$1500 per quarter
LIMITED INCOME: \$30 PER YEAR OR \$9.00 QUARTERLY

THE EDITOR'S CHOICE

Some Favorite Readings From the Past Recommended for Our Relative New Members



Hi, Gang! With over 500 back issues of "Revelations of Awareness" under our belts, it's really hard to decide what our favorite issues are because we feel almost all of them contain some good material, depending on the subject matter. So when you new members write us asking what back issues we recommend they read, it does pose a sort of dilemma. Anyway, I have given it a shot and list a few of my favorite issues which I would consider "must read" for anybody starting out and "must re-reads" for those of you who received these issues many years ago. It's true that Awareness gave us a lot of timely information on current events and various conspiracies that needed to be looked at, but it also gave us much timeless information that is just as pertinent and helpful today as it was years ago when it was given, maybe even more so, for the topics addressed never change for those experiencing a lifetime on this plane.

81-9: Honesty and Deception in a Relationship. How to handle personal rejection.

81-22: Problems With Alcohol. Problems in relationships, how to deal with it; alcohol and the Light worker; its spiritual and physical consequences.

83-9: On What Basic Premise Have You Built Your Life? Awareness explains the purpose of life and how to find your goal and purpose which you programmed before you entered this plane.

83-12: When Romance Cools. All about sex, soul mates and living together in peace.

83-15: Coping With Stress. How mind is molded according to its attachments and identifications. Spiritual growth is the highest priority and responsibility. At the end of this reading Awareness stated: "This Awareness indicates that this particular message is that which needs to be read many times for entities to fully understand the significance and meaning and application of what has been given."

84-9: Staying on Course: Adventures on the Sea of Life. The importance of choosing a goal—a destination—and staying on that course.

84-7: Illumination: Merging With the Divine Light. Coping with the spiritual life, a theme Awareness continues to deliver over and over again.

84-15: Abortion & Teen-Age Birth Control: A subject many parents dread and few address. Here's the cosmic view and the implications involved.

84-16: Gambling and the Cosmic Laws: Does God prevent entities from winning money? How the Cosmic Law works in regard to gambling, lotteries and contests.

85-4: What is Lust. What kind of sexual feelings are acceptable from the cosmic viewpoint?

85-7: How Your Guarding Angel Operates. How to tell for sure you are being guided by your Higher Self. And how to get it working for you.

93-16: Cosmic Awareness Addresses the Membership. What have CAC members accomplished after all these years? Have we all been "crying wolf?"

Here are a Few of Vikki's Favorite Issues

77-6: The Cosmic Bank Account. A cosmic reason why the "good guys" sometimes lose and the "bad guys" sometimes win.

78-12: "Free Will" and the Nature of "Attitudes" -The Sunflower Meditation.

80-21: The Cause and the Cure for Loneliness. How to make friends and break away from the isolation of separateness.

85-12: How Cosmic Awareness Works in Mysterious Ways. At that particular time, CAC was receiving distracting letters from skeptics who believed Cosmic Awareness was the figment of Paul Shockley's "paranoid mind," highly influenced by the equally paranoid Dr. Beter. A letter to Vikki confirmed what Awareness had stated, that *It* channeled information to many people in many different ways. A handwritten page from the notebook of a famous professor of physics (who had no interest or knowledge of channeling) contained almost word-for-word many of the favorite phrases of Awareness, including the Cosmic Laws.

85-21: Do We Really Have to Grow Old? Includes 10 ways to slow down the aging process.

86-6: How to Keep the Soul Growing: How the soul evolves from lifetime to lifetime and how to make it on the Earth plane.

87-2: Understanding the Biocomputer (The Mind of God); In relation to accidents, co-incidence, your soul growth, protection from the Alien Force.