

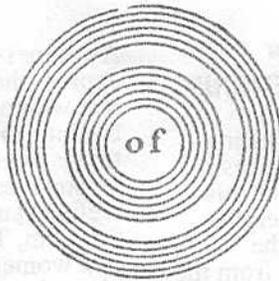
Revelations

The Cosmic Newsletter

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Awareness

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THE ROLE OF WOMEN IN THE NEW AGE

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HEALING ENERGIES FOR THE MEMBERSHIP

OPENING MESSAGE:

This Awareness wishes at this time to send healing energies to the membership. This Awareness wishes also to send healing energies to the energizers for this reading. This Awareness indicates that these energies which this Awareness shall gather and send in the healing purpose as that which shall be gathered from the resonating electromagnetic energy, the White Light, which shall be sent to entities. This Awareness indicates that in order for this to have its proper effect in terms of healing, entities will need to be receptive, to accept the energies and not to block these energies through their own negativities or through the energizing of feelings of guilt. Therefore, if entities have certain hostilities, negativities or feelings of guilt, it would be beneficial that they work with these to remove these blocks so that the energies can have their healing effects.

This Awareness indicates that these energies as being intended not only to heal physically, but to heal emotionally, to heal relationships, to heal financially and to heal in terms of family life, in terms of occupation and career, the difficulties which entities may be encountering. This Awareness indicates that these energies are now being gathered, drawn together. This Awareness indicates these may be visualized as billions of tiny white lights being gathered at this time. These billions of tiny white lights being charged with this energy as expressed by the words and purposes. This Awareness indicates these billions of tiny white light energies as that which shall be directed through the entity Avaton, through the entity Vikki, so that the energies shall follow the Aka-cord connection through the mailings, to those who receive the mailings, whether they are members or whether they are but associates who are touched by these mailings; that the energies for this healing as that which shall touch all of those who receive these and who are, as mentioned, open to receive the energy which this Awareness now sends.

(long pause) This Awareness indicates that this energy as that which has been sent; that this energy, received by entities, may also be passed on through the visualization process, to their loved ones who may also need healings. This Awareness suggests the questions may begin.

Living together in peace...(continued)

THE ROLE OF WOMEN IN THE NEW AGE

(How to Use Their Receptivity to Help Others in Relationships)

QUESTION:

(Thank you very much) A question from Juan and Barbara Dosall, Carmichael, California who writes to Vikki: "Dear Vikki: As they say on the talk shows: long-time subscriber/ first-time questioner. We are close followers of New Age affairs and The Zeitgeist seems to be focusing people's minds on the new role of women in the future. I would dearly love to hear Awareness on the subject. Women are not imitation men, but no one has come up with their actual part in affairs. I don't like the word 'role'. We seem to be moving away from the old Judeo-Christian patriarchal system. Please put this question to Awareness. Thank you."

COSMIC AWARENESS:

This Awareness indicates that the nature of woman as compared to that of men is to be more receptive--this as being one of the more common qualities--is to be more receptive than men. This receptivity as that which can be put to practical use in relationships whereby the woman becomes a listener, to help the man relieve some of his feelings, to help the man express himself. This

Awareness indicates that it is very difficult for men to express themselves in comparison to that of women; that women find it easier to express their emotions and feelings than for men to do so. Men can talk about things outside themselves. Men can talk about their personal accomplishments, but to talk about their feelings and their needs and their emotions, is difficult for them. This Awareness indicates that it is fortunate that women are able to assist men in bringing out this kind of expression, for it can alleviate much of the emotional blockage which men endure and suffer, to have someone who is willing to draw them out, to draw out these feelings and expressions.

Pressure in Men That Eventually Cause Heart Attacks

This Awareness indicates in so doing, it allows men to be relieved of much of the anxiety which would otherwise be built up within the entity to cause negativity and hostility and other problems in the future. This Awareness indicates it is this pent-up energy in man that if not released, causes them to be more aggressive and more hostile than women. This Awareness indicates it is also this pent-up energy which causes men to become more prone to high blood-pressure and heart attacks; that the anger which builds up from entities not being able to express themselves is an energy that tends to enhance high blood-pressure, circulatory problems, and heart attacks, as well as the normal release of hostilities in terms of relationships with others.

The Creativity of Woman: They Hold the Key in a Relationship

This Awareness indicates that in the role of women in a relationship, it is the woman who holds the key to that relationship in her ability to be receptive, to listen to the man. This Awareness indicates that by listening, she can allow him to express himself, or she can block his expression and create a block in the relationship. Wherein she can listen to what he needs to say in terms of emotion and then also express her own emotions so that she does not then turn around and become a vessel for his emotions without being able to express herself, this can allow for a greater relationship to occur.

This Awareness indicates once the male has expressed himself, generally he will back off and be receptive to the woman's expression. This Awareness indicates that this is one of the features that the female has to offer in terms of the relationship, in terms of her ability to be more receptive than that of the man. The man, being more assertive and aggressive as that which tends to move out, basically having the hunter instinct, will go out in search of something to accomplish, to do, to bring home or to perfect. This Awareness indicates that this as being likened unto an endeavor of accomplishment. The creativity of man as that which has to do with creating in the outside world. The creativity of woman has much to do with the holding of feelings, nurturing and the bearing of children in a way that is impossible for men.

This Awareness indicates this kind of creativity, bringing new life to earth, as that which cannot be equaled by the actions of man except in his relationship with the woman. This Awareness indicates that most men in their need to express creativity, find it through the manipulation of outside environment, by farming, tool-working, or working in society in some manner so as to change the outside world. That becomes their baby. Their career then, is that which is their expression of creativity, whereas the woman finds herself having an avenue of creativity that is unique in her own way, which follows nature and can bring new life and continue the species on earth.

WISDOM OF AWARENESS: On Power in the New Age..."The power shall be in the communication and relationship of entities working together." 80-5

Women Placed In Secondary Role by Christian Doctrine

This Awareness indicates that in much of the past teaching, particularly in the influence from the Christian doctrine, woman has been given a secondary role. Much of the Christian doctrine places God at the top in a hierarchy system, the priest or church next, the man following that, and woman beneath that, and this followed by the children. This Awareness indicates that this as that which does have its certain value in terms of keeping a particular kind of priority so that there is a chain of command, but it is also an illusion. This Awareness indicates that it could just as easily be looked at in reverse; that the child could be placed at the top as an entity who has within the spirit of God; that the Divine Forces are with the children moreso than with the adults in that they have just entered this plane, just entered from the spirit level and are infused with the Light of God, the Creator, having such energies that come from the Source, and that they have not yet been conditioned into the ways of man, into the ways of earth.

It could likewise be argued that the woman as that being more receptive and more nurturing and more caring is in fact more of a representative of the Christ energies than is the man, who is aggressive, assertive, and in many ways combative. It can be argued that the man needs to look to woman for his conscience, for she is more merciful, kind, considerate, in terms of spiritually sensitive, if she is treated in that manner. This Awareness indicates that it can be argued that God is everywhere present and does not need the adoration, but that man needs to adore God.

This Awareness indicates that in this sense, it becomes likened unto a circle, that God flows through the entire scenario, flows through man, woman and child, God is everywhere present. This Awareness indicates that the Christian religion has created a particular hierarchy system, but the Christian religion as that which used the old concepts of trinity, based on earlier religions that came forth from feminine deities, and superimposed over these older religions, the masculine deities of the Father, Son, and Holy Ghost. The Catholic Church retained Mary as being a representative for the female qualities. The Protestant church more or less threw Mary out, and retained only the concept of Father, Son and Holy Ghost.

In Our Present Age the Trinities Are Recognized as Integrated Energies

This Awareness indicates that in this present age, wherein individuality is seen as being such that each entity contains Father, Son and Holy Ghost within, and each represents the Three In One, wherein the atom itself is composed of electron, proton and neutron, wherein all things are made from trinities and the trinities are reflections of the deities, and the deities are reflections of the Universal Creative Energies: positive, negative, and neutral, and wherein the concept of YOD HEH VOD as positive, negative and neutral, result in a stability that can be referred to as the whole, or totality, wherein this becomes a unified field force, a unified world of energies that are classified as spiritual, physical, mental, wherein these energies may be seen as working together, and in harmony as integrated energies, the female has a particular role as valuable as that of the male.

In Earlier Times the Female was More Valuable Than the Male

One cannot have one part without the other, yet there are those who place value on the male, and less value on the female, simply because there perhaps is a need for muscle power. There are others who put more value on the female and less value on the male; this particularly

true in past cultures, wherein one male could make many females pregnant, keeping up the population of the tribe, wherein the males could then go out and do battle and be slain without reducing the population of the tribe, and in those days, females were often considered more valuable than males.

This Awareness indicates that all of these things are relative to the needs, to the application to the use of people. It is a utility philosophy that values people according to their sex: What use is the person if he is male, or if she is female? This Awareness indicates that these are not the ways to measure entities. The way to measure entities is by their individuality, what they are, what they can become. This Awareness wishes not to energize sexual differences. The sexual differences are there. This Awareness wishes rather, that entities appreciate each other, appreciate the qualities that can develop from each individual, regardless of sex, regardless of race, regardless of one's capacity to learn. Each individual has something unique to offer, and each individual can help to bring out the best in others.

This Awareness suggests that the role of women (that is the right term) is to forget the need to distinguish greatly between the sexes, and rather, to concern themselves with developing their own individuality with whatever is available to them: their femininity, their intelligence, their height, their health, their associates, their family, whatever opportunities are given, to use whatever you have, to the best of your ability, to be the best you can be. It is also the role of men. This Awareness indicates that it is better not to energize too much concern about the differences in role-playing or in the differences of men and women other than that which is obvious in terms of their abilities to do different things because of their sex.

The Role of Women In the Working World

This Awareness indicates the size of a person, their particular make-up, their abilities as male or female; these have their places and will influence what the entity can do. The male who is big and strong can lift heavy boxes. The female cannot compete with that, but the female who is more able to endure repeated activities for longer periods of time, may be able to hold a certain type of job that a male could not hold. There are also those women who are more muscular than certain men and they should be given the opportunity to do those jobs that they wish to do, where muscles are a part of the activity, if they can handle the job.

This Awareness indicates that wherein the sex of an entity has no bearing on the occupation and only the ability is the concern, then the occupation should be open to both sexes, according to the ability of the applicants. This Awareness indicates that wherein sex is necessary for an entity wherein, for example, an entity of one sex is better able to perform the job activities than the other, then indeed, that job should be focused mostly toward that sex. This Awareness indicates that it must be that entities look toward ability rather than classification of sexual gender.

This Awareness indicates that to define the role of women in the New Age is but to define the need for entities to be themselves, to do what they can best do in accordance with their own particular abilities, and it is also true of men. This Awareness indicates it may also be true of children, depending on the abilities they have, the responsibility, their level of understanding and their level of development should help and influence their capacity and right to do certain things. This Awareness indicates that all of this, of course, is relative and dependent on the culture at hand and the capacities of

the individual being spoken of. The capacities will depend on age, height, size, strength, as well as sex of the individuals and also their intelligence, and other features.

This Awareness suggests that entities first be individuals and be people, and let the sexual differences be given secondary concern. This Awareness indicates it is likened unto the entity who is short or the entity who is tall. You do not need to make a classification saying that short people should have "this" role and tall people should have "that" role nor is it necessary to make the classification that women should have 'this' role and men should have 'that' role, for there are many women who have abilities that are greater than many men. There are many women who are stronger than certain men. There are also many jobs which tall people can do better than short people, and there are many jobs which short people can do better than tall people, so these differences can have an influence on whether or not the entity qualities best for the job.

Likewise, sexual differences may influence whether an entity qualifies best for a job. This Awareness indicates therefore, it is the *qualifications* for the job that should be in demand, and should not be dictated simply by some characteristic, unless that characteristic is part of the qualification needed; thus, if the tall person or the short person, either one could do the job equally well, then height should have nothing to do with whether the entity is selected. Likewise, if the male or female could either one do the job equally well, then gender should have nothing to do with the selection of the individual or the pay of the individual. The same should be said for race and age differences. If these are not part of the characteristics required by the particular job then they should not be considered.

This Awareness indicates that if this has not answered the question, that the area of concern be reiterated.

WHY CLARENCE DARROW NEVER CHOSE A WOMAN FOR A JURIST

FOLLOW-UP QUESTION:

I think that answered the question, but there's some other questions about females. For example, I read that the great criminal lawyer Clarence Darrow wrote that he would never choose a woman for a jurist, and at that time women, for the first time evidently, were being allowed to be on juries, but he said the reason for that is that they have a certain type of programming or opinions that would prejudice them against most of the people he was defending. Does Awareness see any validity to that? He seems to imply that this was part of a genetic thing in females and it wasn't necessarily something that they just acquired.

COSMIC AWARENESS:

This Awareness indicates that this as being somewhat true in his time, but it was not so much genetic as cultural. This Awareness indicates that during this time of Clarence Darrow, and the type of people he was defending, being a defense lawyer, he was defending those ruffians which imbibed in alcohol and which were rather crude in their mannerisms, and therefore, to select women of the day from the society at the time, which required that the juries selected the land-owners, would invite a particular type of woman to be the juror, excluding other types of women who might be more tolerant of the ruffians whom he was defending, and therefore, this entity found that it was best to avoid selecting women because they did not tolerate drinking and did not tolerate the ruffian types which he was defending.

This Awareness indicates they generally would not want to be seen among their peers as being tolerant of such types. This Awareness indicates for this reason, he rejected women in his jury selection. It was not that each woman fit into the mold or category or stereotype which he placed them in, but rather that he had to develop some kind of system whereby he could select a jury quickly and easily that would be sympathetic to his clients and had to use certain general rules to do so. The general rule he selected in regard to women was to reject them totally. Since these were women from homes and social standing he presumed that they generally would rule against his ruffian-type clients, whereas he could select others, such as men with similar qualities to his ruffian-type clients, who would be more sympathetic to those like themselves who enjoyed imbibing, indulging in alcohol or who otherwise might become involved in activities of a similar nature to those which his clients were involved in.

This Awareness indicates the entity also enjoyed the selection of people whom he felt would be sympathetic to all others in general and rejected those whom he felt were judgmental in their approach toward others. This Awareness indicates this was simply his system of jury selection for his particular needs. Had the entity been a prosecuting attorney he would have selected women and men who were of a most prudish type and who might be quite judgmental in their nature, condemning others who were not up to their standards. This Awareness indicates that this as simply being a system, that he, as a public defender defending individuals, as a trial lawyer, to defend the client, chose to use as his system for finding more lenient jurors,

This Awareness indicates that another attorney, seeking a conviction, would find totally different reasons for selecting the juries.

THE LIBERATED WOMAN AND DAY CARE

FOLLOW-UP QUESTION:

About the modern-day woman, the so-called liberated woman, who chooses to pursue a profession, or because of the economics, is forced into the job market, either by herself or with her husband, because they can't make it otherwise, and the question is about the children that they have. They put the children into some kind of a day care situation and allow these people, often unknown, to raise their children for the greater percentage of the time. I'd like to ask if Awareness could discuss the long-term implications of this situation with the children in relation to the importance of the woman's pursuit of a career, for example?

COSMIC AWARENESS:

This Awareness indicates that it is very important that the child spend as much of the first three years with the mother as is possible, this to form a bonding action which helps the child considerably in terms of self-esteem and feelings of security. It is the nature of the child to want the protection and comfort of the mother during those first three years. When the child is deprived of this, then it becomes insecure, loyalties are hard to form and the child, as it grows older and forms other relationships, has a difficult time finding any sense of security in those relationships. This Awareness indicates that it is for this reason that many states allow mothers having young children on welfare to remain unemployed during the first 3 years. It is also recommended that mothers who have children not work for the first 3 years of the children's lives, but to stay with them as much as is possible during that period; that of course, if this is not possible, then the first year and second years allowing the child to spend some of the

third year with babysitters or in some kind of day care center, it would minimize the damage if the bonding were achieved at least during the first two years.

Non-Bonding Confused Children If Day Care Comes Too Soon

This Awareness indicates that wherein some mothers only allow a few months and then put the child into a nursery, or into a home for babysitting, and the child is still an infant, the child tends to become confused as to its identity, or the identity of its mother, on a subconscious level. The bonding does not take properly, and the entity begins to form an idea or image of the mother as that which comes and goes and which is seen on occasion but becomes confused as to whether the babysitter is the real mother, and then when the babysitter is changed for another, or is taken away, the child feels a broken loyalty. Even though this mother who has been going and coming from work remains in the child's life, this mother is not seen as a true mother, and the child begins to develop not the kind of mother bonding concept that entities have when they think of mother, but rather a fragmented type of idea in regard to people in general; that there are those who come and go in the entity's life and meaningful relationships are not developed so that the child simply sees this entity, the mother, coming and going and does not ever develop a deep bonding which has a lasting effect on the entity's subconscious, that can later be developed into a loving relationship with another entity, particularly when the babysitter does not likewise bond or when there is no bonding of a permanent nature with the babysitter.

If there is a brief bonding with the babysitter, and then it is broken, the entity is likened unto being orphaned so that the bonding with the babysitter is then broken. It is much likened unto the mother abandoning the child, thus, these relationships that do not bond are very damaging to the child's subconscious levels of self-worth, of the child's ability to form deep and meaningful relationships with others in future experiences. This Awareness indicates that this can, to whatever degree it is, later develop into relationships that in turn become easily broken and lead to failures or divorces.

This Awareness indicates that it can, in some cases, create a hunger in the child for something more permanent and some children may develop deep and meaningful relationships out of the sheer need for something more meaningful and when the opportunity comes, they may be able to form a deep meaningful bonding with another human being, but it may not be based on a proper level. It may rather be an attempt to fulfill a childhood need rather than an adult and mature need for relationship, thus, the individual may, in an adult relationship, seek in his or her mate, a bonding much like that of forming a mother or comforting type relationship with another, because this was missing as a child.

After Age 3 the Father/Child Relationship Begins

This Awareness indicates it creates a different kind of marriage to attempt to form a bonding with another as a substitute for a lack of bonding as a child with one's mother. This Awareness indicates of course, the same can be said in regard to the father, but the father/child relationship begins to form more strongly after the age of three. It is then that the child begins to reach out for a male figure to identify with, and this then can become much of a similar situation except in regard to the father-figure. This Awareness indicates that wherein a child, for example, has a good bonding with the mother, but the father-figure disappears or there are frequent substitutions or changes wherein different father-figures come and go, the child develops a sense of a lack of

ability to form a deep meaningful relationship with men, in terms of friendships or in terms of deep caring.

Father Figures and Father Figure Substitutes

This Awareness indicates that this is more harmful for males than females to not have the male at this age, but even for female children it can be a source of difficulties though male children without a father can often and generally do find other substitute male figures as role models to which they may identify with and hold as examples. This Awareness indicates that this generally will be a public figure, often in music, sports, television, or politics or locally, some other individual. This Awareness indicates that for young girls who have no father figure of a permanent nature, they may be attracted or search for male figures in a variety of areas, either in reality, fantasy or through television, movies, sports, music or politics; in so doing, to visualize and fantasize in having some kind of relationship with what may be considered a father substitute.

This Awareness indicates in either situation, it is better to have a permanent father/mother relationship with a certain amount of bonding. The bonding, for the child, three and under, being focused mostly on the mother; a gradual shifting at three to include the father. The shifting again may occur at approximately the age of seven or eight, to include bonding with others of the child's own age and peer group, wherein they begin to form friendships that are more interesting to them than their own mother and father.

SHOULD MOTHERS GIVE BIRTH UNDER WATER? WHAT EFFECTS ON BABY?

QUESTION:

Wil Van Gemert of Amsterdam, Holland, would like to ask a question. Awareness has covered this, but not all of it, "Could Awareness comment on what would be the ideal circumstances for giving birth to a child? Is an underwater birth a nice welcome?"

COSMIC AWARENESS:

This Awareness indicates that if this is done properly, with trained specialists, it could be accomplished with little shock to the child, so that entry into this plane would not be the rude awakening that is so common to most children, and this would allow these children to have a greater connection with their source, so that they might carry over into this life, some memory of previous incarnations and information from between lives. This Awareness indicates it is that sudden shock and rude awakening that helps to wipe out the memory of many new born children in regard to their previous lifetimes. This Awareness indicates that if this is properly done with trained experts in this process of child delivery in water, as has been done in certain situations, it could be quite beneficial, but it is not something the average person should try alone or should attempt with unskilled, untrained individuals as assistants, for in such case, the child could in fact be harmed, by entities not knowing what to do in the event of a difficulty.

This Awareness indicates of course, the temperature of the water as that which should be soothing and not shocking to the individual, to the child.

BODY MOVEMENTS AND DANCING IN MAGIC

QUESTION:

Darlene Whitfield writes: "There is a question that I wish Awareness or someone could answer and give direction to research. It concerns dance or body movement in magic. Carlos Castaneda talks about his female allies using little dance steps for casting a spell and so forth. Is there a book source that covers some body

movement as well as total body in a magical way, or could this subject be discussed?"

COSMIC AWARENESS:

This Awareness indicates that this as that which would require considerable energizing and quite some long discussion to cover the topic. This Awareness suggests that the use of body movement as a hypnotic attempt as that which would not be acceptable at this time, for it would require considerable discussion in regard to the proper use, the use of hypnosis and the field of hypnosis itself and how and why such activities would be desirable. This Awareness indicates that the very action of creating rhythm and dance in itself is hypnotic to the dancer and to the onlooker and depending on the intent, attitude and the manner by which the dance is performed, different effects would occur. It is too complex to discuss verbally.

This Awareness suggests you may wish to consider Tai Chi, as also being likened unto a hypnotic dance, having its certain effect on consciousness of the participant; that there are of course, other types of dancing which have influence over observers; that any movement, or any influence through word, action, deed or movement, which influences an entity may be seen as some kind of programming to get a reaction from that entity. It, in many cases is hypnotic; in other cases may simply be direct suggestion or persuasion. The difference is only a matter of degree. Any form of persuasion is but a mild form of hypnosis. Hypnosis is simply a suggestion that takes the entity's will and directs it or influences it to follow the will of the one giving the suggestion.

This Awareness indicates there are many ways to dance suggestively. This Awareness indicates there are certain hand movements which can be accompanied by statements or expressions, even facial expressions, expressions of the eyes, expressions of the body which send messages, and those hand movements along with the expressions can have an influence on an entity, and this then too becomes suggestive or hypnotic in nature.

THOSE BORN WITHOUT EAR LOBES

(A Face Reader Observes "Devil's Ears")

QUESTION:

A question from Vickey Babayco. She writes: "Awareness, I have a question, maybe a problem. A long time ago I was told and shown some aspect about face reading. One aspect has had a real impact on my observations, perhaps too judgmental: the ears. When they are lacking in lobes, having the lower ear stretched to the neck, they were called 'Devil's Ears' and to watch out for them. Now I understand that there is no devil, so I studied, examined, and it seems these entities are into ego-self. Lots of movie stars have these ears too. They seem to be a personality type having general characteristics, or is it my mind which perceives an illusion? Can Awareness go into this at all?"

COSMIC AWARENESS:

This Awareness indicates there does appear to be a tendency among certain entities wherein they do not have ear lobes, to be more inclined to use other people, than for those who have ear lobes. The ear lobes rather tend to suggest the entity as being more sensitive and more responsive to the needs of others. You might say sympathetic than those whose ears are lacking in lobes. This Awareness indicates that it does not mean that those who use others are evil; they may simply be good managers for some project of a worthy nature, but they do know how to use the energies of others to carry on and carry out that project,

This Awareness indicates that one should not judge entities so much by qualities that at first may seem to be negative, for many negative qualities can be properly used for positive purposes. This Awareness indicates that an entity with no lobes, and who uses others can still be quite an asset to society by knowing how and using others for good purposes. This Awareness indicates for example, the entity may be very good at organizing volunteers to work for some worthy cause, and in such doing, the entity is using the volunteers, but the worthy cause may benefit the volunteers as well as the others, as well as many others.

This Awareness indicates, however, one may wish to be cautious around entities whose ears have no lobes, to be sure that if you are being used it is not simply for that person's personal gain, and to be sure that you are aware that you are being used.

WHAT CAUSES A LACK OF EAR LOBES?

FOLLOW-UP QUESTION:

Is the lack of ear lobes a karmic thing, or a genetic thing, or a racial thing, or just can happen to anybody anywhere?

COSMIC AWARENESS:

This Awareness indicates it tends to be genetic and also develops according to certain qualities of the individual, as the individual develops. It has much to do with the circulation aspects of an entity's consciousness as well as the entity's nervous system, and also this reflects certain genetics of the individual. It also relates to certain environmental development of the individual; that the environmental development may relate in part to a kind of tension an entity has in certain nerve development as a child so that some entities, having this tension, tend to not develop ear lobes, whereas others, not having this particular nerve tension may develop very large earlobes and the nerve tension is that which distinguishes whether an entity is sympathetic, open and relaxed in regard to others, or whether the entity is fearful and in need of getting something from others.

This Awareness indicates that this nerve tension also relates to survival needs of the young child. It begins in the womb, but carries into life so that even a child whose ears have no lobes at birth may develop lobes as time passes, or vice versa; that the lobes which a child may have at birth may simply not develop or grow much as time passes. This Awareness suggests that entities not make too much of this as it is not something which should be used to judge others. It can be something which entities are aware of enough to watch for in the event of forming a relationship with another so that you are aware that you may be used by an individual, but it is not something which entities should consider as an iron clad rule, that all entities without lobes misuse others. This is not necessarily so.

This Awareness indicates likewise, entities with lobes can also use others, and in some cases they may misuse others even if unintentional. It depends largely on circumstances and other factors, thus, entities in face reading cannot look at a single factor as being an absolute in all instances.

DOES A CREASED EAR LOBE IN MEN INDICATE A FUTURE HEART ATTACK?

FOLLOW-UP QUESTION:

In reference to ear lobes, a few years back there was a report put out by some research group that did a survey and they concluded that men whose ear lobes had an indentation in it, were potential heart attack victims. Later, this report stirred quite a lot of controversy, and I believe, a couple of years later, the word was put out that the report was not really conclusive and for people

not to pay any attention to it. Will Awareness indicate whether an indentation in the lobe of a male's ear is indeed a mark that designates a potential heart attack?

COSMIC AWARENESS:

This Awareness indicates that this is in reference to the right ear. This Awareness indicates that this is in reference to a mark which runs more or less horizontal in direction rather than vertical, and this generally in reference to a mark on the earlobe. This Awareness indicates that there is some validity to this in regard to it being an indicator of potential circulatory problems; that it simply is an indication of certain development in terms of the circulation in the system. It does not necessarily mean that an entity is headed for a heart attack, but it may serve as a mark or warning that the entity should have his or her circulation checked to determine whether there are other factors suggesting potential heart problems.

This Awareness indicates that it generally develops with people as they grow older, just as poor circulation develops as people grow older. This Awareness indicates the depth, strength of the mark also needs to be considered and it should not be presumed that just because a mark is there it is a sign the entity has heart problems. It may have developed at a time when the entity was in some way out of harmony with proper diet and circulation was not correct, or was being influenced adversely by high cholesterol, triglycerides or deposits in the circulatory system, and it may have developed during such time and may remain even though some of the situation has altered.

This Awareness indicates, however, it *can* indicate a potential. It does not indicate a fact, thus, if entities do have such a mark, particularly if it is deep and pronounced, the entity should have some regular or occasional physical examination to check out the circulatory system, the blood pressure, and the heart.

MEDITATE DAILY TO ENHANCE THE NEW AGE ENERGIES NOW FLOODING THIS PLANE

CLOSING MESSAGE:

This Awareness indicates that the harmony that is experienced in regard to this particular year, especially associated with the earth harmony, the general feelings of growing peace, the harmony in terms of the economy at present; much of this has developed as a result of meditations by masses during the past several years, yet, it must be understood that these meditations were also triggered and were the result of vibrations that were coming upon this plane during the past several years, and that as these vibrations continue to enhance the harmony on this plane, there will be more mass meditations which will take those energies and vibrations and enhance and help them to grow and do even more, for meditation serves as a kind of enhancing energy. It is likened unto stepping up the power of the energy that is present so that it becomes even greater.

This Awareness suggests that individuals, in their own privacy, in their own homes, may benefit the planet as well as themselves through their own private meditations, particularly when they focus on the increasing frequencies and vibrations that are now coming upon this plane, and send those energies out, take those energies in, fill their bodies with those energies, heal themselves, and then send those energies on to others, that they too might feel the healing of those new energies.

This Awareness indicates that *It* wishes to encourage entities to set aside five minutes, ten minutes or twenty minutes daily to meditate on these New Age energies, these higher frequencies, these harmonizing vibrations

that are bombarding this plane; that these energies may be enhanced-through the power of meditation.

(The Law of Gratitude is given)

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Couple charged after daughters found tied up

DES MOINES — A couple have been arrested and accused of keeping their two daughters tied up in a motel room while they worked at night.

Police said the girls, ages 10 and 5, wore harnesses that were tied to furniture with leashes.

Detective Brian Danner said the children appeared to be healthy. They had room to walk around but couldn't leave the room.

Donald Ray Melton Jr., 26, and Kimberly E. Melton, 27, were charged Sunday with child endangerment and were being held in lieu of \$13,000 bail each. They were arrested at the Wal-Mart store where they worked.

REALITY CHECK by Dave Whamond



Excerpt CAC Reading 3-8-25-94 Paul Shockley Interpreter

WHAT IS THE SECRET OF THE ETERNAL FLAME AND PERPETUAL LAMPS?

QUESTION:

James Swanson sent in some information and I'd like to read a little of his letter and the information. He writes: "I am an alternative energy buff, and here's a continuation of the ongoing theme that God is alive and magic is afoot!"

While reading *Isis Unveiled*, one section had information on "perpetual lamps" found in tombs. Included in the book were several alchemical formulae to produce an Eternal Flame. If making these lamps is as easy as H.P. Blavatsky says they are, a momentous change in this world could occur virtually overnight.

One mixture consisted basically of melting sulfur into an asbestos wick while adding some borax ($\text{Na}_2\text{B}_4\text{O}_7$), and repeatedly filtering the wick in wine. (Perhaps a fiberglass wick could be used in exchange for an asbestos wick). When the process is complete, "It will burn with a perpetual flame and you may set this lamp in any place where you please."

Another formula suggests distilling vinegar four times (which would produce acetic acid or CH_3COOH) and by "coagulating your extracts...take the antimony...and reduce to a very fine meal (powder)". It goes on to say that it needs to be distilled and then filtered.

Several other methods are mentioned for producing a perpetual flame, one includes filtering mercury through "white sand" seven times which when lit was fumeless. Another talks about using the oil from two metals (silver and gold) to produce an eternal flame. Biblically speaking, Moses himself is attributed to having learned this secret and had placed an eternal flame on the tabernacle. "And thou shalt command the children of Israel, that they bring thee pure oil of olive beaten for the light, to cause the lamp to burn always." Exodus 27:20. "Could you ask Awareness to discuss this subject?"

COSMIC AWARENESS:

This Awareness indicates that there does appear to be some way by which this so-called eternal flame, or eternal light can be created. Whether the formulas presented are the correct formulas or not is difficult to say until the formulas have been tried. There is little reason why an entity rather than just fantasizing, could not make the attempt to put together such a lamp.

This Awareness indicates there are also indications that a paint could be developed using a similar approach, that could be painted on walls in darkened areas to give light to a room without ever having to use electricity or other forms of fuel or expendable energy. This Awareness suggests that by painting it on a room you can create an area that is always light.

This of course is not necessarily something everyone would desire in every room. There may be a need, for example, to have more darkness in order to rest more completely. This Awareness indicates, however, it does appear to be worth studying and exploring to see if any of those methods would be able to produce the effect desired.

The Light Created in Atlantis For Tombs and caves

This Awareness indicates that in Atlantis there was the lighting effect that kept underground caverns and caves and dark tomb-like areas completely light from the painting on the walls.

Lamps That Have Been Burning for Centuries

QUESTIONER:

He included a copy of an excerpt from a book called *Suppressed And Incredible Inventions*, and it discusses this a little bit. I'd like to read this. "Perpetual Lamps And New Light. Over the past few ages there have been well over a hundred writers who have mentioned ever-burning lamps. Most believed that such lamps would burn for centuries, but some felt there were certain varieties that would perpetually be fed by inexhaustible and permanent energies. A good example is the lamp that was found in a hermetically sealed tomb vault opened during the Papacy of Paul III. According to records it had remained lit for 1600 years.

Priests assured Plutarch that a lamp burning over the door of a certain temple to Jupiter of Ammon had been burning there for centuries with no fuel. Other such lamps mentioned in Manley Hall's great "Symbolical Philosophy" book included one created by Numa Pompilius, King of Rome.

One which burned for 2000 years in the Sepulcher of Palles (Virgil's Aeneid mentions Palles), and another which was found in England and which had burned since the Third Century A.D."

Does Awareness see that information as being valid?

COSMIC AWARENESS:

This Awareness indicates there appears to be substance and validity to these legends and claims, and this Awareness suggests that it would be of a great value for entities to pursue this. This Awareness indicates that there is also a certain chemical involved in the paint which this Awareness spoke of, but the name of that chemical is not present at this time. This Awareness may have mentioned this in a previous reading, approximately 15 or 20 years back, but this Awareness does not see the name of that particular chemical at this time. Perhaps this will appear again at a later time.

It is something for entities to be aware of, and as entities become more aware of this and energize it, more information is likely to surface. This is how much of the hidden information does come out; from entities focusing on a particular topic or area of interest.

"The books *Isis Unveiled*" by Madame Blavatsky which contain more information on these eternal flames is available from CAC. Please refer to current book price list for latest price.

CREATING MAGICK WITH SALT

QUESTION:

There's a company or a publisher called Finbar International, 16 Turketel Road, in Folkstone, Kent, England, who's been running and ad for a book called *Salt Magic* for \$12.95, and they claim that new salt magic rites bring incredible results, sometimes within hours, even minutes. They claim this information has never before been made public. This is the first time in print. And a little of their advertisement reads as follows:

"Salt magic works. People have performed it for millennia to solve their problems. Salt is incorruptible, and it is this quality that has given it a magical significance in the minds of many people. It has always been used in magical rituals as a repellent of evil forces.

From time immemorial those acquainted with salt lore would dare not enter a new home without first sprinkling salt outside its door. They would not allow a new baby to leave home without carrying salt; nor would they swear oaths without the presence of salt.

They also claim salt magick brings money, command's another person's thoughts and actions, salt magick for bringing a lover; salt magick for disease and ailments healed,

salt magick for protection" and it goes on and on. Does Awareness see any validity in the use of salt as this outfit claims?"

COSMIC AWARENESS:

This Awareness indicates that it does appear that this has been used over many centuries with benefits by many entities. This Awareness indicates that it appears to be beneficial due to certain vibratory factors of the crystalline nature of salt, harmonizing or carrying the frequency of an entity's intent or prayer or wish or desire, whichever you wish to call it, and that in the holding of an intention, desire, wish, prayer or whatever, while also handling salt, it broadcasts the desire to the salt, almost in the same way that a radio broadcast sends information to a crystal that is a receiver for the radio broadcast.

This Awareness indicates the salt then picking up the information, then being tossed on the ground or wherever, becomes a transmitter or broadcasting instrument to send that message further into etheric levels, which allow for the collective consciousness to get the message of the prayer, wish, intent or whatever, so that all of these psychic energies are working on the wish, and in this manner it helps to bring about a change that comes from unseen levels.

This Awareness indicates that this is difficult to explain, but perhaps that explanation can be helpful in letting people understand the process: it is more than mere suggestion as with many of the instruments sold as good luck charms, because there is an actual crystalline substance that picks up the frequencies of the wish and transmits that frequency to other levels in consciousness.

Salt Works Similar to Radionics

This Awareness indicates to put it in a different way, the salts works to enhance the power of prayer or desire or intent. It works similar to that of the radionics machine or the Hironymous device, which enhances the thought of the operator, increasing the power of the thought, intent, prayer or desire.

In other words, the salt amplifies the prayer or wish.

FOLLOW-UP QUESTION:

A number of times I've heard of people throwing salt over their shoulder, and putting salt on their doorstep, like it mentions here: that no-one would dare to enter a new home without first sprinkling salt outside his door. Does that have any validity?

COSMIC AWARENESS:

It all depends on the entity's intent or wish or thought that goes with the action. The salt essentially amplifies the power of the thought.

QUESTIONER:

If I remember right, they used salt in one of the old Organization of Awareness rituals.

COSMIC AWARENESS:

This is in the affirmative. This was used in the Advanced Development Classes. It appears it may have been used in the Golden Cloak ritual or one of the other monthly ritual type ceremonies also.

The Book "The Controllers" by Commander X

QUESTION:

Inner Light publishers, in New Brunswick, New Jersey, have come out with a new book by Commander X. In the past, Awareness has recommended some of his books. This one is called *The Controllers; The Hidden Rulers of Earth Identified*. And some of the captions are: "We are the property of an alien intelligence. Our planet is a cosmic laboratory and we are but guinea pigs to those who have kept us prisoner on earth.

"Human kind continues to wage all-out battle with those who have kept us their slaves for centuries. Down through history they have been known by different names: the Soulless ones, the Elders, the Dero, the Greys, the Illuminati, the Counterfeit Race; yet very few know the real identify and purpose of the Controllers, a strange parallel race that is metaphysically programmed to do evil and according to authorities, has complete control of our education process, major philanthropic foundations, the banking system, the media, as well as dominant influence over all worldly governments.

"Since the dawn of recorded history, these negative forces have kept us in human bondage by controlling our minds, planting imperfect thoughts in our heads, kidnapping humans, impregnating women, causing global warfare and ethnic hatred, creating a false economic system, and assassinating or replacing our most trusted spiritual leaders and rulers and elected officials with android duplicates.

"This confidential manual by Commander X, a retired military intelligence operative, exposes the true danger and reveals how they may take the earth back, rid the planet of these sinister beings, live a more fruitful existence and learn to live in peace and harmony with all positive forces in the universe."

I'd like to ask Awareness to look at that book and see if that information is basically valid, and should we offer that book to the membership?

COSMIC AWARENESS:

This Awareness indicates that essentially it parallels what this Awareness has given in many readings of the past, and suggests that it can be a very good source of further supplemental material as well as a synopsis of much of the information that you already know. This Awareness indicates that it will be of interest for entities to also discover whom the author, the so-called Commander X sees as being the force behind this negative activity.

This Awareness indicates that it appears the label or name on the force is not absolutely critical, and that whatever name the entity gives will be still satisfying to the reader who will get a deeper and better understanding of how humans have been manipulated on the earth plane for so long, and what it will require for humans to overcome such control that has been placed upon them.

This Awareness suggests that it appears there will be a good market for this book, and suggests that entities order this quickly, if they do not wish to wait for a second back-up order.

Ed's Note: CAC never did stock this book because we felt the information was redundant.

DO WHALES AND DOLPHIN SHAPESHIFT TO BECOME "MERMEN?"

QUESTION:

Chris Largent, Wilmington, DE., asks: "Have you ever heard Awareness say anything about whales or dolphins shapeshifting to create "merfolk", as I read somewhere recently, but can't find a reference? Or is this all mythical stuff?"

COSMIC AWARENESS:

This Awareness indicates that it does not appear to be anything more than myth even though there have been reports of certain sightings of mermaids and merfolks. It appears it is more of an hallucination caused by various things, anything from being tired or being sick or from lack of certain vitamins in one's diet, that influences entities to see these hallucinatory visions.

This Awareness indicates that as for whales shapeshifting, this is not seen as something that occurs. This Awareness wishes for the membership to define shapeshifting as that action which would be likened unto a polar bear, for example, shifting its shape to become an eagle, or a deer. These have for some time been part of the folklore of some Indian tribes and shaman's visions.

This Awareness indicates that most actions of this nature take place in the mind of the observer. This Awareness indicates that the very statement this Awareness just gave should clue entities to think about the concept of quantum physics. If it takes place in the mind of the observer, is it not quantum physics, and has not this Awareness indicated that quantum physics is the reality of the universe? and if so, then isn't it possible that the shamans or observers who see a bear, for example, turn into a cougar or a deer or an eagle; is it not then possible that this really happened?

This Awareness indicates yes, it is possible, if you attribute it to the quantum reality, but you cannot have it both ways. You cannot say that: Is shapeshifting possible in a physical world that our senses perceive a physical reality? This Awareness indicates that you *can* have it if you say: Is shapeshifting possible in a world of quantum physics where the observer creates the reality? Yes, indeed, you can have it that way!

Those in the material world will call that illusion or hallucination. Those in the quantum world will say: "I saw this cougar turn into an eagle!" and they will swear by it and you cannot shake their belief in their vision.

A Healing Stone from Lake Baikal in Siberia (Is It Really as Remarkable as the Claims?)

QUESTION:

Biagio Conti, Carmel, NY, sent in some literature he received from an outfit called Starlight Elixirs in Arizona, on a stone called Seraphinite. They call it the medium stone, Seraphim, meaning angels closest to God. And in their pitch here it says: "It is believed this stone was brought to earth at the time when the ships from the Orion constellation first came, when the Lake Baikal was region was known as the Pan kingdom."

They claim "This beautiful, rare and semi-precious source, the Lake Baikal, in Siberia, believed by Tibetan Buddhists to be the real Shambala. The area is incredibly powerful and the Russians attribute miraculous healing qualities to this lake. There is reputed to be a mountain one mile long which is solid quartz crystal and a highway that is used by vehicles that is also solid quartz in the region. The Dalai Lama has a lamasery nearby and visits the lake.

The stone is dark green with silver chatoyant feather-patterns. Some stones are translucent, and others have interesting splintered green patterns. Many interesting patterns are formed hinting at angels, wizards, tigers, eagles, bears, dolphins and so forth. The stone has known to change patterns and clear as you work with it, and enter into it meditatively, and it is believed the stone was brought to earth from the ships from the Orion constellation and extraterrestrials created a dimensional interface so that etheric banding of magnetic energy waves high in prana could become the living essence of Divas from Orion.

The Diva having been given material consciousness, could then hold the bridge between two dimensions and act as a medium stone for future times, when conscious communication with other dimensions would be more difficult."

And they claim the uses of this stone on a psychic level: "It enhances one's conscious ability to tap spiritual realms or one's Higher Self and bring down information to a conscious level. Hence, it is excellent for channels. Because it enhances this communication ability, mediums can be more present and less in trance.

And "It's used in meditation. You place it on the third eye and it takes people very deep, very quickly, even accelerating Kundalini in some. It stimulates the pituitary and pineal glands to facilitate increased intuition, clairvoyance, clairaudience and so forth, and it also increases dream memory. Many have reported having flying dreams and lucid dreams by placing it under their pillow at night.

"As a healing stone it is extremely powerful and emits a healing green soothing light on the etheric plane and can be placed on various chakras or on painful areas, circulating in a clockwise direction, then lifting and repeating to remove pain." It goes on and on. You can buy this stone by the carat. The cheapest one is ten carats for \$30.00 and up to 35 carats for \$105.00, and Biagio would like to know if there is any validity at all to this Seraphinite that they are selling and claiming it has all these amazing qualities.

COSMIC AWARENESS:

This Awareness suggests that the location of this be repeated, its natural location.

QUESTIONER:

Lake Baikal in Siberia, believed by Tibetan Buddhists to be the real Shambala.

COSMIC AWARENESS:

This Awareness indicates that it appears there is a certain amount of validity in the claims. It appears also that there is considerable exaggeration and fantasizing in the information, but that some of the claims made, or properties of the stone have validity sufficient to merit the cost. It does not appear to be harmful in using it and does appear to have certain benefits, depending on how entities proceed with their channeling activities.

This Awareness also refers entities to earlier readings by David Worcester, referring to the green stone thrown into consciousness around which the earth formed. This Awareness indicates that this at the time appeared to have been that of a negative quality, but it appears that this could have simply been because the powers of the green stone were misused.

Ed's Note: For more information write Starlight Elixirs, PO Box 228, Boulder, Co. 80306.

She Has a Profound Cosmic Experience and Has Tapped Into the Ultimate Truth

QUESTION:

Rasma Kidd, Saint Cloud, MN., had a couple of questions, but the opening of her letter was rather interesting. I'd like to read it to Awareness. She writes: "The information coming in the newsletter is more and more interesting and astonishing.

"I try to share it with some people in my family and some good friends, but so far, only one of my women friends is seriously interested; the one who remembers being abducted as a child, and my youngest son who doesn't say yes or no, but often he listens and remembers. I think he knows things he doesn't realize he knows.

"Finally I got hold of the book *The Gods Of Eden*. It blew my mind, like a powerful draft went through my consciousness, and all the chaff, rubble and rubbish conditioned in me blew out. Most of all, I was surprised that I wasn't surprised, wasn't lost or bewildered, but

rather a sense of great relief came over me, and a sense of freedom.

"Now I know, now I realize that there isn't any "God Being" out there to whom I owe allegiance who will punish me or reward me, keep track of me, what I do, and pass judgment about that. What there is, is consciousness and I am forever in it, and it is forever in me, and whether I am in heaven or hell, or wherever in between, as long as I keep focused on the consciousness, I am home.

"Everything else is adventure, good, bad or ugly. Right now here on earth I think we are in the middle of the bad and ugly, though some of the good is shining through here and there."

COSMIC AWARENESS:

This Awareness indicates that this entity has had a profound cosmic experience and has tapped into the ultimate truth.

THE CAUSE AND THE CURE OF DYSLEXIA

QUESTION:

She goes on: "There are some questions I would like to ask Awareness. What is the cause of reading and writing disability? Dyslexia, and articulation disability, when a child does not pronounce a number of sounds normally spoken by children of that age? Also, the Attention Deficit Disorder, when a child cannot focus on a task, has a very short attention span, cannot understand cause and effect, and directions, instructions, explanations register very little in the child's mind.

"I have several members of my family who have these problems, and psychologists don't really know what causes these disorders and don't know how to cure them. Please, would Awareness give suggestions how to help?"

COSMIC AWARENESS:

This Awareness indicates it is usually caused by lack of interest at an early age and carelessness in speaking or thinking in the mental process, a lack of defining or clearly recognizing what comes first and what comes second, and going so quickly and so carelessly as to jumble words or letters one before the other, such as saying "psoon" for "spoon."

This Awareness indicates that this kind of reversal is not too uncommon for children who are somewhat careless or not yet familiar with the words they are trying to use. This Awareness indicates that when children are young and this happens, it is helpful for parents to explain to them the proper expression. Sometimes, however, the parents will think it is so cute that they don't want to correct the child, and often, most often, the child grows out of it.

If the child continue the dyslexic pronunciation of words, then it is important for the parents at some point to step in and start helping the child make the proper corrections to his or her pronunciation because that kind of mental process that reverses letters can soon become more common, so that words are misread, and words get misplaced in sentences.

This Awareness indicates that it is very easy for a dyslexic person to read the word "saw" and call it "was" or reverse words altogether in that manner. This Awareness indicates that of course the earlier it can be caught, the easier it is to correct the mental process, but at the same time you do not want to become too overbearing toward a child when the child is not mentally mature enough to even understand what you are talking about.

A two-year old is very likely to make mistakes in pronunciation and it is possible that a heavy hand can

inhibit the entity's speaking altogether so that the entity becomes intimidated about trying to speak and the more you work with them, the more it stops them from trying to speak, and therefore, they may become quiet and reserved, speaking very little and learning less.

This Awareness indicates that they should be encouraged to speak and when corrected, it should be done in a way that is fun for the child, wherein you express yourself not with an authority of correction so much as a friendly associating, clarifying something either through the enjoyment of learning how it was spoken and how it normally is spoken and letting the child know that this is the real way to say it, and expecting or showing that you expect the child to say it that way next or even encouraging the child to say it at the time in the correct manner.

This Awareness indicates that light-hearted teaching is the best way. Heavy-handed teaching, wherein you make the child feel that he or she has done something very wrong will tend to inhibit the child from speaking very much after awhile, so that instead of helping, you may hinder the child.

THE CAUSE AND CURE OF ATTENTION DEFICIT DISORDER (ADD)

Does that information apply also to the Attention Deficit Disorder?

COSMIC AWARENESS:

This Awareness indicates that most children have a very short attention span. It can be anything from a second or two to fifteen seconds, depending on what they are looking at in terms of their interest. But also, most children can carry on two activities at once with a divided attention. They can be playing paper dolls, for example, while still watching something on television, or they can be doing their math while watching something on television, and if parents recognize this, then it helps them to not be so demanding on the child whereby they force the child to focus on one thing at a time.

Children have an uncanny ability to look back and forth quickly from one thing to another and gather from both things observed very completely, so that there is no real loss because their attention has shifted. This Awareness suggests that entities do not worry too much about this kind of behavior. If the child simply cannot pay attention long enough to do what is normal for his or her age group, then that is the thing to consider: what is "normal" for that child's age group?

What is really normal for a two-year old, and what is normal for a four-year old in terms of speech, in terms of writing or drawing? This is what entities need to discover before they concern themselves with correcting a child. Most children progress at a certain pace that is along normal lines, but most parents think they should progress much faster than they are, and they may interfere with their growth pattern and normal learning state in such a way that the child becomes inhibited, and that becomes a danger.

This Awareness indicates there are books and there are sources through the schools where entities can find out what is normal for a certain age group, to determine whether your child is ahead, behind, how far behind or how far ahead of the norm, and entities should not get too concerned, even if the child is somewhat behind the norm.

It is important, if the child is behind the norm, to simply pay some attention to him in that regard, helping him or her to catch up by playing with his or her reading or math or whatever, or speech, doing it in a kind of fun way so that you are learning together, so that you are

giving the child attention, pleasant attention to help the child, to encourage the child in his or her learning activities.

Using Flash Cards to Help a Child Pronounce

This Awareness indicates, for example, in reading you may wish to choose flashcards that help in terms of phonetics or in terms of recognizing words, and getting six or ten flash-cards, go through the sounds with the child and help the child until the child has been able to pronounce all of the sounds from the letters, such as the "ph" sound together or the various sounds of "a", so that the child learns these at the moment and then lay the card down, and for every card the child has gotten correctly, you may wish to give the child a dime, which makes the child feel very good about the action and also helps the child enjoy the schooling that is occurring.

After these have been done, you may wish simply to stop for the day and do six more the next day, and so forth. This Awareness indicates there are only 44 sounds in the English language. Therefore, six a day would take about eight days or so to go over once or twice. You can go over the ones the child forgets after that week so that the child begins to have it reinforced, and each time the child remembers the sound of the letters, give the child a dime for that card.

This Awareness indicates if you do not wish to give a dime, make it a penny; something that the child enjoys getting and something to encourage the child in his or her pursuits of learning. The same can be done with mathematic problems so that you reward the child for those that are gotten correctly.

Using flash-cards you can then count what has been done right and keep going until the numbers you have selected are all expressed correctly and then the lesson will be over for the day.

This Awareness indicates you may pull the same cards out the next day and then let the child give you the right answers before you go to the next set of learning cards. This Awareness indicates that this, although very simple and easy, can be of great help to a child in a very short time to put him or her back to their normal age group in terms of their skills in whatever it is they need help with.

This Awareness suggests you limit the work to approximately 15 minutes per day so that it does not become a hard thing and their attention span does not get taxed too heavily. If you wish to do more during the day, let them take a break and come back to it later. Fifteen minutes at a time is approximately the right amount for a 6 or 7 year old. It can be much shorter for two or three year old children.

The attention span would need to be much shorter for two or three-year old children. For the ten-year old, a half-hour at a time will be a reasonable level for the child's attention span.

Astrological Signs in the Fourth Dimension (How Astrologers Work and Think When Doing a Chart)

QUESTION:

One last question from Rasma Kidd. "This concerns astrological signs. In the 4th dimension, are there the same influence as in the third dimension earth?"

COSMIC AWARENESS:

This Awareness indicates that if *It* understands your question, the answer is: Yes. It appears that the astrological sign can be understood fourth dimensionally, which is essentially the imagination or subconscious, depending on how you interpret the word, and entities who are good astrologers will look at an astrological sign and move it into a non-temporal state wherein they look at the energy signified by the sign.

In other words, looking at the Mars symbol from a fourth dimensional level, you recognize it not to be an arrow and a circle, even though that may be what you see, you recognize it to be the principle of assertive energy, aggressive or assertive type of energy such as is common in martial forces such as police or military or martial arts, or Martian type energies, and you see that symbol for Mars, but you also see the meaning for that Martian energy.

It also relates or reflects or is a substitute for the adrenaline qualities in your body. And in understanding this fourth dimensional meaning, or energy or symbolic meaning of the arrow and circle, you then add that energy to the energies of some other planet or house or sign, such as, for example, Venus, and you see these two energies together; Venus representing youth, femininity, the soft and gentle and comforting qualities of an environment; and you see the two of these energies together, adding qualities in the same way that a mathematician would add quantities.

The mathematician would add two and four. You are adding Venus and Mars because they are conjunct in, for example, the second house of a chart. The second house, in its four dimensional or imaginative dimension of its meaning, represents possessions, including money and various types of assets. So you have Mars, which is the energizing planet, and Venus which is the comforting planet in the second house, which has to do with assets, and it indicates you are going after money or assets and the receptive qualities of Venus indicate you get it.

Therefore, you can predict, with Mars and Venus in the second house, that someone is going to benefit from that conjunction. If the question has to do with romance, you apply the energies in that way; the romance house being number 5. The number 5 house also having to do with children. You see Mars and Venus in the 5th house.

You add those energies together and recognize that 5th house means romance, children, sports or competition and you see that the entity will be involved either in some kind of sporty activity, romantic activity, or working with children, and a presentation of some kind, because the 5th house also has to do with Mars, with marketing and with show, such as musicals and staging.

This Awareness indicates you can then predict that if it is a situation where the subject is concerned about a romance, you can predict that on that date signified by the placement of the planets together in the 5th house, the entity will in all probability, have a very romantic time, or the entity may be involved in baby-sitting while someone else has the romantic time. The entity may be working with children. The entity may be enjoying something romantic: theatre, plays, dramas or something, which all are part of the 5th house, or they may go to a sporting event. All of these things are possible under that particular conjunction of energies.

This Awareness indicates that this is essentially how astrologers think and work when they get their symbols together and read a chart. They used the symbols on a 4th dimensional or imaginative level where they add the qualities signified or symbolized by those symbols of the astrological art. It is a matter of adding qualities instead of quantities. Other than that, the astrologer is much the same as a mathematician, but because they are qualities instead of quantities, it is not as precise as mathematics.

It is more of an art, a psychic or mental art.

WISDOM OF AWARENESS: "It is also indicated that where walks the moon, walk I, that you shed a tear and this expresses Me. It is indicated that where sleeps the rose, there sleeps I."

THE MOTIVE OR REASON FOR DYING

QUESTION:

Bertha Semple, in Klamath Falls, Oregon, would like to know; "Does what we die from or what we die for make the dying less or make it more?"

COSMIC AWARENESS:

This Awareness indicates that assuming this question is clear to entities, that it more or less refers to the more meaningful or less meaningful or perhaps it refers to the more painful or less painful, or perhaps it refers to more futile or less futile, assuming there is some understanding as to what the entity refers to.

This Awareness suggests that the motive or reason for dying, if one *has* a reason for dying, can be more easily accepted or can be more difficult to accept in accordance with the nature of the circumstance surrounding the death. The person who believes in a cause and is willing to die for that cause, and is put in a position of having to die for the cause will be more willing and inclined to accept the death with less resistance than the one who is simply being killed or forced to die without any particular personal control or reason for the death.

This Awareness indicates that most deaths that entities endure or suffer have more to do with a lifestyle and behavioral patterns or errors in judgment than in beliefs or causes. Beliefs and causes can sometimes lead up to a situation in which one may be threatened with death, but often the actual death comes about from an error in judgment or from an accident or from some other cause other than actual choice in which the entity has control by making a choice or decision.

This Awareness indicates the question is that which will vary to a great degree in accordance to the circumstances and the question as asked is extremely broad and could be applied to so many different areas, it becomes almost impossible to answer as it was asked, because the application of the broad and wide variety of conditions is not specified in a way that allows for a specified response.

But generally speaking the response to the question, if keeping with reality, would have to be that it depends on the circumstances of the purpose, meaning, and values of the entity, and the circumstances surrounding the event.

FOLLOW-UP QUESTION:

I think that one of the things she was getting at in the question, for example, would be, a relatively young person with his life before him, overdoses on drugs and passes over, as compared with say, an elderly person who had gone through life and maybe just expired from old age or some disease of old age. From the cosmic point of view, would there be any difference between the two, other than the fact that they both died?

COSMIC AWARENESS:

This Awareness indicates that the question is still: what does the entity mean? Difference between the two? In terms of the value of death, in terms of the significance of having wasted one's life or in terms of having lived one's life fully before dying, or some other evaluation of the circumstance? This Awareness indicates the question is incomplete in terms of its wording.

Assuming that the entity wants to know whether the death of one who has a meaningless death in comparison to one who has lived a long life and who simply dies from the body having worn out, it is apparent that the meaningless death is more tragic in that there is a waste of the life energy which could have been useful. This

Awareness indicates, of course, one can also argue that perhaps this energy, if on the wrong course could have been destructive and perhaps it was better that the entity died young before destroying others or destroying the lives of others in some way.

This Awareness indicates that if focusing strictly on the matter of whether a death is more meaningful if one is of greater service to humanity or if one is of less service to humanity, in that particular respect it becomes obvious that humanity is the greater loser if the entity who dies has been of service to humanity.

This Awareness indicates that the question needs to be more clearly presented in order to get a clearer answer in terms of more specific application. This Awareness indicates, however, that perhaps the discussion can assist the entity in determining her own answer from following the line of reasoning presented, when she adds the rest of the equation to her question.

QUESTIONER:

Well, part of the equation then would be the karma or lack of karma that an entity creates for himself in the manner he passes over, would it not?

COSMIC AWARENESS:

This is in the affirmative.

Accidental Death: Is There More To It?

(Like When a Tree Falls on a Car)

FOLLOW-UP QUESTION:

One thing about death that I wonder about, when entities have these guides and a High Self that's alert and so on; there's many strange deaths that occur. For example, there was a story just the other night that a young Washington family right here, driving down a road, as they happened to pass a huge old growth fir tree, it suddenly blew over and fell on their station wagon, killing the parents instantly, but leaving their two children alive. They were trapped in the back, but they got them out alive.

I've often wondered in cases like that, is there anything going on from any other level that could have been responsible for that, or was connected with it in any way, or was it just an accident of circumstance? or maybe something else?

COSMIC AWARENESS:

This Awareness indicates that from the practical sense, it was strictly a coincidence that the automobile passed through that precise point at the precise moment that the tree fell in that precise spot on the car. This Awareness indicates that had the tree been a half second or split second behind, it would have fallen on the back seat instead of the front seat of the car, and the circumstance would have been different and entities would have wondered: "Why was it that the parents were spared and the children were not? Was this some kind of fated occurrence? Some kind of preordained incident? Or was it merely coincidence?"

This Awareness indicates that essentially it was coincidence. This Awareness indicates, however, that this does not rule out the possibility of there being in a different level of reality a call or circumstance wherein the parents were called from their bodies and this became the means for bringing them back into their other dimension, to the termination of their personal bodies in their present lifetime experience in the physical body.

This Awareness indicates that circumstances such as this are very likely to appear in an astrological reading of their horoscope. It would relate in part to Uranus and certain aspects associated with the Third House or travel and sudden events; the suddenness pertaining to Uranus

influences and possibly some influence in the area of Neptune or Saturn or some aspect of Uranus from another planet in the individual's chart.

This Awareness indicates that the children would not likely have similar aspects in their charts at that moment. This Awareness indicates that the dangers might show for the children, or the loss of parents might show in the childrens' charts, but the actual personal danger would be much diminished or of a different nature than that for the parents. This Awareness suggests that a good astrologer in looking at these charts would likely find an indication of the accident which would then suggest more than simply coincidence of a tree falling, and would suggest that there is something more at play in the lives of these entities.

This would have to be pursued further for actual indications as suggested by this Awareness. This Awareness indicates, however, that it is not seen that the horoscope would likely be without some indication of the accident and if entities wish to pursue this further, to determine whether it was purely coincidence or whether there might be some higher forces involved; that would be the approach for researching the incident.

Where Was the Guardian Angel?

FOLLOW-UP QUESTION:

I was wondering in a case like that, the role of the guides or the guardian angel or the High Self or whatever they call it; Awareness indicated that when this bullet neared Vikki T., walking down a path several years ago, her High Self or guides had her pause momentarily and look at something and the bullet whizzed by within inches without striking her. Wouldn't this same sort of thing apply to the driver of the car; that he could have sped up or slowed down just for a fraction of a second?

COSMIC AWARENESS:

This Awareness indicates this is making an assumption that the High Self of this entity wanted to interfere or block the danger. This may not have been the intent or purpose of the High Self. This Awareness indicates that it may have been that the time had come for these entities to depart the physical plane, and to interfere and prevent the accident would have been contrary to the higher purposes.

This Awareness indicates the question might also be asked: Why didn't the Higher Self for Vikki T. start her out a little later so that she did not experience such a close call? This Awareness indicates that all kinds of questions may be asked. This Awareness indicates that often things occur due to circumstances and the Higher Self is not always several jumps ahead; may be only one jump ahead, or may not be ahead at all.

This Awareness indicates that it is not the role or purpose of the Higher Self of individuals to save your life from incidents that may occur in or around your proximity, unless that particular incident is untimely, or is not in the fate of your destiny at the time. Many entities assume that the Higher Self is a Divine Being that is put there to protect your interests, much like a caring parent, but they may fail to understand that Divine Higher Self may also serve as a being who is present at the time of your passing over, and may need to help in the transition when it comes time.

An entity might argue: "Well, it should never come time, the Higher Self should always protect me from danger and I should always get through these danger points with the guidance of my Higher Self!" but this Awareness indicates this is not necessarily so. There is a time provided wherein entities may be fated or destined

to pass over, at which time the Higher Self is not empowered to prevent the passing over, and cannot and will not interfere with the passing over, but will simply assist the entity in the passing over.

FOLLOW-UP QUESTION:

Then in the case of this tree falling on the car, killing the two parents, it was in somebody's or some force's judgment that these two were needed elsewhere, and the fact that they would leave two orphaned children wasn't that important?

COSMIC AWARENESS:

This Awareness indicates that this is one way of putting it. Although the "someone" implied may not have been a person or being, it may have been a preprogramming of the energies of these entities, preprogrammed prior to their entering into this plane.

This Awareness indicates it is more fun to think that people are sitting there, dangling strings to control your life and ready to yank you out at the time ordained, but it is not necessarily that way. Much of it is energy deep within your own cells having to do with the programming that you took upon yourself prior to entering into physical form. Some of it has come through genetic sources, some through psychic programming that you selected before you entered into physical form; some of it from your own progressed attitude in your lifetime.

Self-Talk: The Way You Communicate Internally

For example, if you progressively program yourself in a certain way over a long period of time, you can alter your destiny, your birth destiny somewhat. You can either prolong your life or shorten your life by the way you talk to yourself, by the things that you say, by the attitude that you have. There are ways to alter your external circumstances by your inner attitudes and self-talk; the way you communicate to yourself internally.

A THEORY ON PHYSICAL IMMORTALITY

(Getting off the Wheel of Death, Birth, and Rebirth?)

QUESTION:

Larry Kell sent in an article on physical immortality, published in something called *The Eternal Flame*, and it says: "The following is an excerpt from Charles Paul Brown's new book: *Together Forever; An Invitation To Physical Immortality*. I'd like to read this and ask Awareness if this is valid information, and there are some questions in it. He says:

"Many people, when they first hear of physical immortality assume that it has nothing to offer them because they already have some form of eternal life through the spirit, but immortality goes far beyond anything offered by a life of the spirit. The eternity of the spirit world is no more than a pale promise compared to bodily immortality, no more than the earnest of our true inheritance.

Eternal life has taken many different forms. Christianity teaches us to believe in a life after death, in the forms of heaven and hell. The Eastern religions teach karmic law and reincarnation. Much New Age literature talks about past lives, and the schooling of the soul that takes place in a physical existence, in pursuit of some state of spiritual perfection. Even some naturalists tell us that death does not really exist, since the body returns to the earth when it dies, and from there feeds other life forms, in a continual renewal of life.

But once one comprehends physical immortality, all these beliefs become mere rationalizations, thin attempts to anesthetize man from the pain of death and separation, which is real.

Does it really make sense that spirit should return to physical form again and again just to become better spirit? If the physical world is truly base and inferior, then why does our soul have need of it? And, once we admit the possibility of immortality, does it not make more sense that we are here, time and again, to learn to stay here? Because this is where we are meant to be?

Eternal life, with its emphasis on the soul, has devalued the physical body, the unique identity of each physical form. The idea has been that, since the soul survives, nothing of value is lost when a person dies. The body is seen only as a source of limitation, something that gets in the way of a person's spiritual growth.

Nothing could be further from the truth. Each human form is uniquely and infinitely valuable. When any individual dies, the universe loses something that can never be replaced. Each one of us is an irreplaceable organ in a vast living body. All of us, even with our seeming imperfections, are invaluable.

Physical immortality stops the process of spiritual evolution, the cycle of life and death. Immortality allows us to get off the wheel of reincarnation. Karmic law comes to an end, in that we are no longer striving for a state of perfection. In this, we are no longer subject to paths, or sins. We are freed from the splits between heaven and hell, between life and death, between God and man. Immortality puts an end to the separation of spirit, soul and body.

Physical immortality ends the concept of heaven or hell as a place of being after death. It offers instead the power of man to create his own heaven. We are ending the quest for a spiritual paradise in some other unknown dimension. We are taking the mystery out of heaven. In this, immortality is a fulfillment of the promise of Jesus, who according to the Bible said that heaven was within us. We are awakening to our power as divine creators.

People are sometimes reluctant to embrace physical immortality because they fear they will be losing something, in giving up the spiritual dimension. By committing fully to their bodies, they are afraid they will be forfeiting their spiritual side, their out of body experience.

In reality, there is nothing to lose. There is no spiritual dimension separate from the physical body. Our separation of the two worlds is only a matter of perception, a reflection of the split that goes on in man's body.

Man's death-oriented consciousness tries to convince him there are two worlds, tempting him to be in the body part of the time, and in the spirit part of the time.

It is a trick. There has been a seduction there in that split, in the promise of keeping one foot in each world. In reality, as long as the consciousness remains split, the divided man is unstable, he's haunted by the separation between these two worlds, and never attains a feeling of wholeness.

In order to end this split, we must attain a total integration at a cellular level, which will bring about the end of aging and death within our own physical bodies. We must integrate with ourselves and with each other. This integration is necessary to let us see ourselves totally whole and complete as physical entities. It is only this integration that is capable of breaking through the illusions of death, to let us see ourselves as we really are.

One of the latest examples of man's split between the physical and spiritual is the practice of "channeling" entities from the spirit world. In these cases, ordinary people become mediums through which disembodied

spirits are supposed to be speaking to us, conveying messages of great wisdom.

The great lie of channeling is that these messages are coming from some spirit separate from the speaker. Encoded in the cells of our bodies is the sum total of all people, men and women, that have ever lived. Everything that comes out of anyone's mouth is coming from the cells and atoms of their own body.

It is sad testimony to our lack of belief in each other, that we are more willing to give credence to a spirit speaking through a person, than we are to the person himself.

The dream of eternal life has been a way of leaving the door open to giving up the bodies we have now, a way of hedging our bets on the physical world, in case our bodies disappoint us. In this, it has become another of man's excuses to reject the body, another way to convince us that our physical bodies aren't quite "it".

As immortals though, we can accept no belief that separates or divides us from ourselves or from one another in any way. It takes all of our passion, every cell and atom of our bodies, to keep each other's lives, to have each other's bodies together on this planet. We cannot accept any concept of eternal life that would temper this passion by offering us any easy escapes leading to death."

Would Awareness comment on that information please?

COSMIC AWARENESS:

This Awareness indicates that there were many words given in argument, but the words do not do what the argument proposes. This Awareness indicates entities who can move beyond words and experience the spiritual essence of the life force itself can do far more than these words or their concepts will suggest. This Awareness indicates that all the words in the world do not create eternal life.

This Awareness indicates that the experience of being alive is in itself that which can further itself as entities dwell in the life force, emphasize the life force, stay with the life force, cling to the life force and strengthen the life force within them. Words, arguments, will do little.

Things That Harm and Lower the Life Force in Your Body

This Awareness indicates that the life force can be harmed by toxins which are placed within the body which houses the life force so that the life force is eased out by the toxins that are inserted into the body. The life force can be weakened by misuse of it and its energies, by wasting its energies so that rather than growing, it becomes wasted and depleted.

The life force can be focused into useless and wasteful activities. This Awareness indicates the life force can be damaged by excessive environmental influences, including radiation from sunlight, radiation from other environmental forces and toxins. The life force can be damaged by emotional energies that cause disruption to the flow of the life force energy. It can be weakened and damaged in its flow when the physical body is weakened or damaged.

The life force can be strengthened when the physical body is strengthened, when its flow of energy is made more healthy and wholesome. This Awareness indicates that it is a constant struggle to keep the flow of life force energy balanced in the physical body so that the physical body becomes a good conducive vehicle for life force energy, for with most entities there comes a time when the physical body is hindered, damaged or over-used, or under-used, or used in an imbalanced way

so that the life force energy is either depleted or used excessively or not properly charged up in the body.

This Awareness indicates it is an *experience* and that words and arguments and talk have very little to do with the amount of life force energy a body accumulates. This Awareness indicates that the main influence words have on the life force energy is if and when they are capable of creating enthusiasm and good feeling or whether they are creating negative feelings and depression; for negative and depressive feelings tend to weaken the life force energy and enthusiasm tends to strengthen it. But all of the talk about, and argument for living longer, and having better health as an argument is not likely to actually do much to bring about more life energy.

The greater life energy comes about through the *experience* of the energy and the balancing and harmony that is necessary to build that energy. This includes exercise, good diet, good healthy attitudes, and good environment, and even that may not be enough to offset negative influences that will often bombard a physical body in its environment and circumstances.

This Awareness indicates that the more wholesome an entity can live, the more healthy an entity can be, the greater the vitality available to the entity and the stronger the life force for that entity.

Is the Author Afraid of Death

FOLLOW-UP QUESTION:

Why would the author of that book write material like that? Is he actually afraid of death, and is he in a state of denying it by composing ideas like this?

COSMIC AWARENESS:

This Awareness indicates that entities usually write about things that fascinate them, the things that they would like to understand better, and many entities have very active minds and the minds dwell on certain topics, and they believe that anything can be solved by thinking. It appears that the entity would like to think about death and solve the mystery of death through thinking.

This Awareness indicates that words are not always sufficient to answer questions. Words and ideas are not always capable of solving mysteries. Sometimes, the experience cannot be lived through the use of words, by a string of words, or by a collection of words in a book. Meditation cannot be done properly with words alone. Life cannot be experienced with words alone. The life force is not built on words, concepts or ideas.

Words, concepts and ideas may result and come out of the life force, but it is not the other way around. Too often entities rely too heavily on words for their answers, and some things words are insufficient to answer. Some things can only occur in experiential levels.

"SELF-TALK"—WHAT IS IT?

What You Say to Others is a Carbon Copy of What You Say to Yourself. Curse Others, You Keep the Original

QUESTION (VIKKI):

Speaking of talking, I'm not sure that I'm very good at identifying what my self-talk is; but isn't the way you talk to other people a reflection of your self-talk too?

Cosmic Awareness:

This is in the affirmative. Those things that you say to others, the way you speak to them, whether there is hostility, contempt or arrogance; these things reflect your own image and the way you feel toward yourself. They often indicate a kind of self-contempt, if there is a contempt expressed toward others, and in some cases, they may reflect the way you divide yourself in your attitude toward yourself so that it has been said: "What

you say to others is likened unto a carbon copy of what you say to yourself," so that if you curse or express hostility to others, you give them the copy and keep the original for yourself.

If You Damn Another You Damn Yourself as Well

It is likened unto any time you call someone else a name, you are calling yourself that name, and the more hostile your expression to others, the more hostile you express toward yourself, and if you curse another, you put that curse on yourself as well. You keep the original and give the copy to the other. Thus, if you damn someone else, you damn yourself as well.

If you put a curse on someone else, you put the same curse on yourself, and it may act with greater power on yourself than it does on others because you are more intimately close to your own words and do not filter it out, whereas, another, hearing your curse on them, may filter out the curse and prevent it from taking root in their psyche.

This Awareness suggests you be very cautious in cursing others. If you find yourself constantly running into bad luck, you may need to examine to determine if the bad luck comes from your own cursing of others.

FOLLOW-UP QUESTION:

Is that essentially the *Law of Gratitude* returning to an entity?

COSMIC AWARENESS:

This is an aspect of it.

How About Those Old Jewish Curses?

(How Effective Were They?)

FOLLOW-UP QUESTION:

There's been a lot of jokes made, particularly by Johnny Carson, when he does the Man From the East. He will lay out some old Jewish curse or something of that nature, which is generally hilarious, but I have read in a number of books before, that the Jews of old, at least, took the curse very seriously, and I was wondering if Awareness could discuss that briefly as to the effects or non-effects of such curses or their origin?

COSMIC AWARENESS:

This Awareness indicates it is what any curse is; it is an effort, when entities seek to curse someone, to put a curse on someone, it's an effort to harm them through a form of black magic, whether it be from one culture or a different culture, it occurs all over the world. In some cases it is simply calling someone a name and while it may be a name that carries no particular harm, it may be repugnant to the entity who is called the name.

To call someone a repugnant name may be to belittle them or cause them to feel inferior or angry or hurt, it is less dangerous to be called a repugnant name than to have someone mutter a curse upon you. To curse you by calling upon forces to do harm to you can be more harmful in a sense, and some entities have greater power in uttering curses on others and making them stick than do other people.

Cursing is Like Black Magic

This Awareness indicates that it is simply using black magic or words as power to push concepts into the subconscious of another, to cause the other harm. There is not much that can be said that is not pretty easily understood about this kind of black magic. This Awareness indicates entities may be cursed without knowing it, or may be aware that they have been cursed by someone. If they feel that they have been cursed, it is good to rid themselves of such curses through meditating and bringing in Clear Light to wipe out or dissolve any negative forces or curses.

This Awareness indicates these curses have no more power than entities give them, but if entities are not aware of a curse that has been put on themselves, it can have a power and act upon them, even in their lack of awareness, and therefore, it is suggested that entities occasionally meditate to bring in White Light to rid themselves of any negative curses or negative projections of energy that emanate from someone else to cause them harm.

A Long Distance Curse on an Unaware Entity Still Works?

QUESTIONER:

So, a curse, even from a great distance, directed at an entity who is unaware of the curse, the energy of that curse actually will seek the entity out then. Is that correct?

COSMIC AWARENESS:

This Awareness suggests that many of you have read the book *The Secret Life Of Plants*, wherein entities focused on plants growing in their home, and one entity would, for example, pray for or send happy energy to a plant and that plant would grow to be more healthy. It was also discovered that if an entity looked upon a plant with hatred and hostility, that gradually, they could kill the plant, just with their thoughts and attitudes toward the plant.

By emanating negative energy toward someone, you are essentially putting negative energy into their subconscious and this serves as a kind of curse. This Awareness indicates of course you must remember not to do this because you simultaneously are putting the curse on yourself, since you keep the original and pass on the carbon copy.

Meditation and White Light Will Dispel a Curse

This Awareness indicates that being aware of how the energies work, it is important for entities to realize that when someone is angry at them, they are projecting negative energy toward them, even if they are half a world away. It doesn't matter how far away they are. This Awareness indicates that if you wish to rid yourself of someone else's projection of negativity toward you, simply meditate and draw in White Light into your aura and visualize it wiping away all negativity that is within your aura.

This Awareness suggests that you must also wipe away your negativity that you hold toward the other, otherwise, your own negativity can poison you as surely as another's negativity can poison you. This Awareness indicates if you have hostility toward another, that hostility festers within yourself as well as the other and therefore, both of you suffer. It is good to rid yourself of any hostility held toward others.

This Awareness indicates that this does not mean you cannot take action if necessary to deal with another who is wronging you. You may need to deal with the person in a legal sense, or in a business sense or some way, and you may do so as may be appropriate for the situation, but this Awareness suggests you do not have to have heavy negative emotion behind your action of dealing with the individual. You can sue another entity, for example, take the entity to court, seek justice, without being emotionally hostile toward the person. You can do it simply because you know it must be done.

Her Ears "Are Burning"—Is Someone Talking Negatively About Her?

FOLLOW-UP QUESTION:

Several times, while at a party or in conversation with a group of people, one of the entities, usually a woman,

will make the remark that "my ears are burning. Someone must be talking about me!" and she will turn around and scan the crowd and try to pick out somebody. Is this an example of what Awareness is talking about? A person can actually pick up an energy where someone is discussing them or thinking negatively when they're not there?

COSMIC AWARENESS:

This Awareness indicates that this is in the affirmative; that not all entities feel it in that manner. This Awareness indicates that you can test this out for yourself. You can have someone else go into another room, while you sit in a separate room, and have that other entity emanate an emotion toward you and while you sit in a separate room where you can't see the entity, be still and feel what emotion you pick up coming from that entity and then compare notes.

You will find more often than not, you correctly read the emotion that the entity sends your way.

The Shallow Breathing Problem

(How Some Allergies are Created)

FOLLOW-UP QUESTION (VIKKI):

Is there a particular self-taught pattern that manifests itself as a breathing problem, as an effect on the person emanating it? (sic)

COSMIC AWARENESS:

A breathing problem, as in "breath"?

VIKKI:

As in being able to breathe clearly.

COSMIC AWARENESS:

This Awareness indicates that the nature of shallow breathing could indicate a desire not to take in the energies in an environment which might, for example, include the energies of someone in that environment or some force or object or energies representing forces, objects or energies. The shallow breathing action could indicate the entity as being closed to whatever forces are outside of the entity.

This Awareness indicates that, for example, if there is a large amount of mail on one's desk and the entity does not feel enthusiastic about answering the mail; if the entity is reluctant to deal with the mail, an entity might take an attitude of wanting to shut out the mail from his life and thus, have difficulty breathing in the proximity of the mail because breathing requires taking in air from outside, and the entity might find that dust from mail causes problems.

This Awareness indicates that this would be a kind of psychological block. It is not seen as necessarily an approach an entity would choose in avoiding some dreaded task, but it is an approach that might be used for an entity who dreads a task. This Awareness indicates the breathing problems can commonly relate to the wish to avoid accepting something fully. By not taking something in by breath is a way of shutting it out of your life.

Thus, entities may also develop allergies, by shutting out certain things in their environment psychologically, they create allergies so that they do not have to deal with them. They have an excuse to keep them out of their lives. This Awareness indicates that this is not necessarily to say that anyone who has an allergy developed it as a way of avoiding whatever caused the allergy, for this may not be the case at all.

But, it can become a way of avoiding certain energies; that one can unconsciously create problems that allow the entity an excuse to avoid confronting that which he or she wishes to avoid.

FOLLOW-UP QUESTION (VIKKI):

One last loose end in relation to the happy energy that Awareness referred to in the plant experiment. I found myself asking over and over to the pets: "Are you a happy dog? Are you a happy cat?" and "happy" being a criteria. I wondered why I was using that expression? Is that relating to helping what their best condition would be? (sic)

COSMIC AWARENESS:

This is in the affirmative. Most happy creatures are healthy creatures, not only healthy physically, but healthy emotionally as well.

She Has Hit Three Deer on the Highway

(Will the Sonic Devices on the Market Help Prevent This?)

QUESTION:

Speaking of animals, Sandra Long, of Elkford, British Columbia, has a couple question. She writes: "This is the first time I have submitted any questions." She wants to know: "Do the sonic devices that are sold to go on your car have any effect at all in forewarning animals to get off the road?" She says: "I have hit three deer on the highway, and have felt terrible about it!"

COSMIC AWARENESS:

This Awareness indicates that these devices can be helpful, depending on the quality of the device. This Awareness cannot speak for all devices sold as to their quality; that in theory, these devices would be capable of warning off animals by sending forth ultra-high pitched signals that the animals can hear and which could serve to cause them irritation, which would cause them to seek to get away from the sound.

This Awareness indicates that the best approach would be to talk to those who sell the devices, check out several different types and talk to entities who have purchased such devices, if possible, to find out their reaction and experiences with the devices. This Awareness indicates that in the alternative, you could take a device and try it on your dog or other animal to see if the animal reacts in such a way as to seek to get away from the sound.

FOLLOW-UP QUESTION:

She'd also like to know: "Why don't animals have any concept about traffic?"

COSMIC AWARENESS:

This Awareness indicates that some animals do; that most animals have come concept; that some are more ignorant than others, and some do not have a good sense of timing. There are some animals that are quite trusting and there are some animals who have been in the highway numerous times and managed to cross safely, perhaps with the help of certain drivers, and they become more lax and trusting of drivers as they manage to cross time and again.

Then suddenly they become too lax, or the driver is not alert enough, or does not care enough and they are then hurt. This Awareness indicates that many animals are very cautious about crossing highways. They do check traffic before wandering out into the highway. Others just assume that the vehicles will stop or go around them.

This Awareness indicates it is harder for animals to learn traffic because they do not understand words from humans when humans try to warn them in the same way that a child might understand, nor are they as intelligent as a healthy child.

**VISIT THE TEMPLE OF LIGHT
IN YOUR DAILY MEDITATIONS**

Deposit your energy in this cosmic Bank. Withdraw it when needed for healing or personal use. Keep in touch with CAC when you start getting results!

Why Are Deer Attracted to Light?**FOLLOW-UP QUESTION:**

Why are some animals, deer in particular, attracted by the headlights of cars or by flashlights?

COSMIC AWARENESS:

This Awareness indicates they do not recognize anything behind the light. They simply see in the darkness a bright light. The bright light may grow larger in size. To them it is just a light and there is curiosity as to what it is. It is the strongest thing in their view and so they stare at it in a manner that could be equated to being obsessed or being hypnotized by the light.

FOLLOW-UP QUESTION:

Sandra Long also asks: (I think Awareness has gone into this before) "Is there anything that can be done to help an animal once it has been hit and is dying, such as sending it White Light?"

COSMIC AWARENESS:

This Awareness indicates that charismatic healing can have some effect. Charismatic healing being that of touching the animal and sending healing energy through the hands. This Awareness indicates, however, in most cases the animal will be frightened if you approach to touch the animal. This Awareness indicates that you can mentally send White Light energy to the animal. You could also hum or sing, as you approach the animal.

It is important to be cautious about approaching a wounded animal, for it can become quite frightened after being injured and could, in fright, attempt to jump up or move. It could either kick you in its fear, not with malice, but out of fear and cause you harm, or it could attempt to jump up and run and cause itself even greater injury.

This Awareness indicates that in some cases, a deer being hit by a car will seek to lie down, but if an entity approaches the deer, it will attempt to jump up and run away. It might even try to jump over a fence or something and thus create greater injury for itself, particularly if it has a broken leg. This Awareness indicates that there is not a lot you can do other than say a prayer, or send White light or call the police, who in turn may call a veterinarian and hopefully help the animal to be healed or in some way returned to the wild.

This Awareness suggests entities be cautious In driving in areas where animals are likely to run out into the roads.

Do Dogs and Cats Need Supplements?**QUESTION:**

One last question from this entity: "Do pet dogs and cats also need supplementary enzymes to help with their digestion?"

COSMIC AWARENESS:

This Awareness indicates that this can be quite helpful in letting the entities live longer and healthier lives. This Awareness indicates that the Food Doctor enzymes are available for cats and dogs through some healthfood stores; that the price is the same as the other for humans but it is sufficient to last for approximately 6 months for the animal.

This Awareness indicates that these enzymes can give the animals longer lifetimes.

Many Things to Know About Energies**CLOSING MESSAGE:**

This Awareness indicates that there are many things to understand in terms of energies; that energies can be quite subtle, or can be quite pronounced and sudden. This Awareness indicates that the more sensitive entities are, in their sensitivity toward energies, the better they

will be able to use energies to their advantage for healing, or for reading of energies.

This Awareness indicates that this is so in terms of either human relations and the energies involved or in terms of pets or in terms of group energies. When entities become sensitive to energies that are being bandied about in groups or individually, there is generally a new sensitivity and new understanding that takes place.

This Awareness suggests entities begin to watch the energies involved as well as words that are spoken and body activities and languages, for not only are messages communicated through body language and through words, but also through energy fields that are moved and transferred from entity to entity or from group to group. Learn to watch these energies as they are transferred and what transformation may take place in the process of such a transfer of energies.

Excerpt CAC Gen. Reading 8-14-00, Grace Interpreter

A 30 FOOT "CADUCEUS" ON 7 CONTINENTS TO ENERGIZE WORLD PEACE AND HEAL THE PLANET

QUESTION:

James Muir sent in a proposal to us, which I thought we'd run by Awareness. He's a nationally known sculptor and he does very excellent work, and these are in many museums and cities. He writes "Dear Vikki T., Avaton and all. My renewal is enclosed along with an order for books. I will not encumber you with my normally lengthy rambling of questions. Suffice it to say I still keep getting sidetracked in accomplishing my purpose, whatever that is! but do manage to occasionally accomplish something potentially significant, or at least in the right direction.

Photo's enclosed are of "Caduceus" (pronounced Kuh-doo-see-us) along with brief highlights of some of the symbology involved." He sent photographs of this huge new sculpture of this Caduceus, which is recognized universally as a symbol of medicine. "She is 12 feet tall and has fountain capabilities if desired. The goal: divinely inspired or just wishful thinking, is to do her at 30 feet and have one placed on each of the 7 continents of the world as a symbol of international unity in the quest for peace; a focus for healing the planet and all creation.

Any recommendations as to appropriate height from Awareness would be most gratefully appreciated, if the project is indeed spiritually inspired. My proposal to you, is for a change of a financial nature, providing your non-profit status will allow some way to legally do it; to wit, the 12 foot sculpture has four already sold, one in Saint Louis at the University and three fittingly in Phoenix. The piece also has fountain capabilities.

She retails at \$175,000, and if you are interested in helping to find good homes for the others, anything over \$116,000 can be to your organization if we can do so in accord with your non-profit status. Perhaps as a "donation" to CAC. The colossal size, if, God-willing, I am enabled to do it, would be for each of the 7 continents, is tentatively expected approximately 2 million dollars. The sales commission or donation would be appropriately substantial.

All we need are 7 spiritually guided multi-millionaires, one on each continent. Antarctica could be tricky. Piece of cake (he adds). There you have it. As you will probably ask Awareness, let me know the response as I need all the help and guidance from that source I can get to stay on course." And he goes on, but that's the main gist of James Muir's letter.

COSMIC AWARENESS:

This Awareness suggests that this entity is indeed

recognizing the energies fairly well perceived as directed by the entity in regards to this project. This Awareness suggests that indeed, an artistic globally unifying venture of this type can lend further external cultural monumental validation to the globalization of enlightenment.

This Awareness suggests that this entity is well aware of size and cost and methodologies necessary and that part of the Destiny Challenge is to identify said individuals and allowing the intuitive pathways which have manifested this creative impetus to continue to connect and manifest on an individual basis.

This Sculpture is Already in the Temple of Light

This Awareness suggests that the energy stimulated by the publishing of this enterprise within the community and energy can be infused into the project by entities upon visiting the Temple of Light for such a structure is in existence as a fountain within the Temple of Light, as erected by the entity Mr. Muir, and is readily available for those visiting the temple to approach and lend their positivity of love and faith and compassion and visualize this project reaching fruition.

This Awareness recommends to the entity Mr. Muir, to continue to have faith in your intuitive abilities to spontaneously recognize opportunities to bring about the dream for your abilities are considerable. If we have completion, we can continue.

Ed's Note: We don't know 7 millionaires but we do know that when Awareness addresses a subject it automatically goes into consciousness; this is reinforced when published as well. In a P.S. to his letter, James Muir added: "I propose also to do a "Peace" Bell, an allegorical work involving children with doves as well as a major monument to the victory of human spirit through non-violence. All of these will have the greatest impact if we can place them in appropriate locations throughout the world."

We certainly wish him well on this consciousness-changing enterprise. You can get more information by writing the J.N. Muir Studios, PO Box 120, Greer, AZ 85927. E-Mail: info@jamesmuir.com

Internet Web Address: <http://www.jamesmuir.com>



Photo of Sculptor James Muir working on one of his 12 foot "Caduceus." His goal is to make her 30 feet tall and put one all 7 continents to energize world peace and a focus to healing the planet and all creation.

WHAT IS COSMIC AWARENESS?

COSMIC AWARENESS is the Force that expressed itself through Jesus of Nazareth, the Buddha, Krishna, Mohammed, Edgar Cayce and other great avatars who served as 'Channels' for the 'Heavenly Father' and who speaks again today as the world begins to enter the 'New Age' of spiritual consciousness and awareness. Since 1963 Cosmic Awareness has been communicating through carefully trained channels. This information is for those who desire to help in bringing in the New Age. Throughout the thousands of 'Readings' given through these various channels, Cosmic Awareness tells us not to believe anything, but to question, explore, doubt, and discover for yourself, through your own channel what is the truth. Cosmic Awareness will only 'indicate' and 'suggest'. Neither C.A.C. or any of the Interpreters is responsible for anything Cosmic Awareness states in any of these readings, nor does C.A.C. or the Interpreters necessarily agree with the statements of Cosmic Awareness. The Interpreters interpret the energies as they see them in trance levels and are not personally responsible for what is said. The Interpreters published herein have no connection with, nor control over the editorial comments and material, including illustrations. This is entirely the responsibility of the editor. Members of C.A.C. are invited to send in questions of general interest to ask Awareness for possible publication in this newsletter.



Cow poetry

VISIT THE NEW C.A.C. HOME PAGE AND DOMAIN ON THE INTERNET

Much is happening here and new changes are an ongoing thing. We have combined our 2 sites with Dave Alexander's newest C.A.C. Home Page link. Just type in <http://www.CosmicAwareness.org> or <http://www.CosmicAwareness.com>

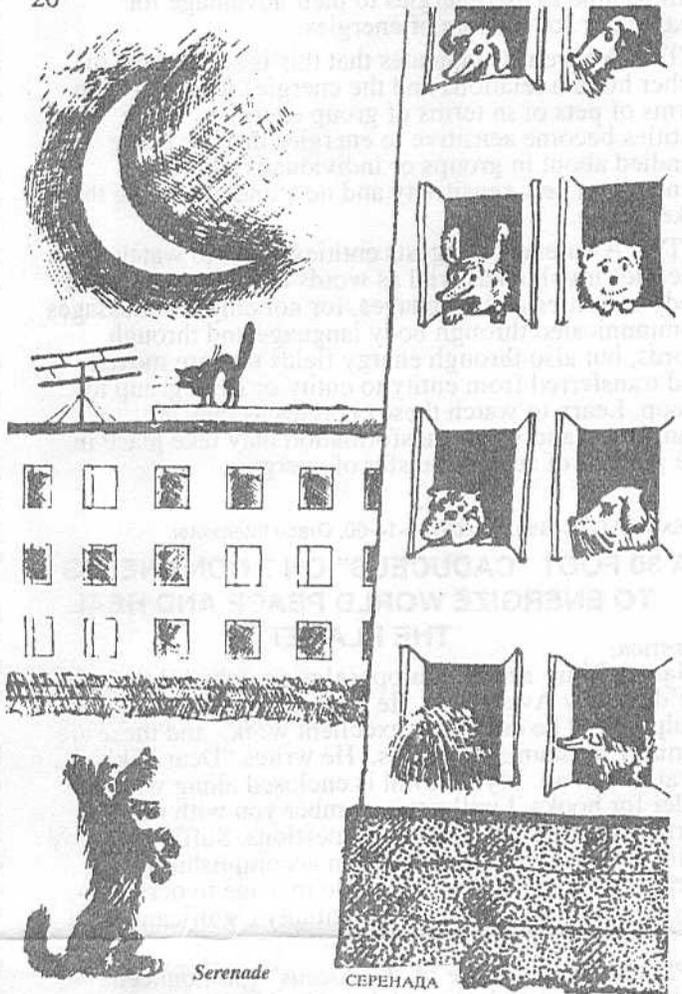
This site contains current information which is changed often. On this page you can click on our regular staff Home Site as well as a list of current books and resources, various topics in back-issues of the newsletter and Dave Alexander's terrific revitalized Cosmic Awareness site! Dave's site has a wealth of information on the Awareness Movement, the philosophy, the newsletters, readings on Christianity and many other subjects, plus the famous Dr. Beter transcriptions.

Prayer for Balance

Start your day and end your day by saying the following aloud:

I AM ONE WITH ALL THAT IS!

Thank you God



**-HOW TO GET THIS NEWSLETTER BY MAIL-
EVERY 4 WEEKS I (More or Less)**

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MEMBERSHIPS AVAILABLE (Honor System)

- INDIVIDUAL: \$42 per year or \$12 quarterly
- FAMILY: \$52 per year or \$20 quarterly
- CONTRIBUTING: \$77 per year or \$25 quarterly
- SPONSORING: \$144 per year or \$40 per quarter
- BENEFACTOR: \$500 per year or \$150 per quarter
- PATRON: \$1000 per year or \$250 per quarter
- ANGEL: \$5000 per year or \$1500 per quarter
- LIMITED INCOME: \$30 PER YEAR OR \$9.00 QUARTERLY

