

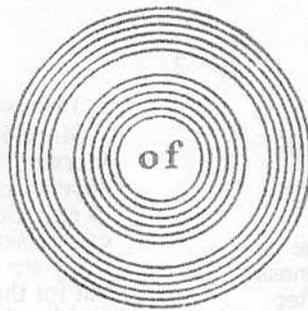
Revelations

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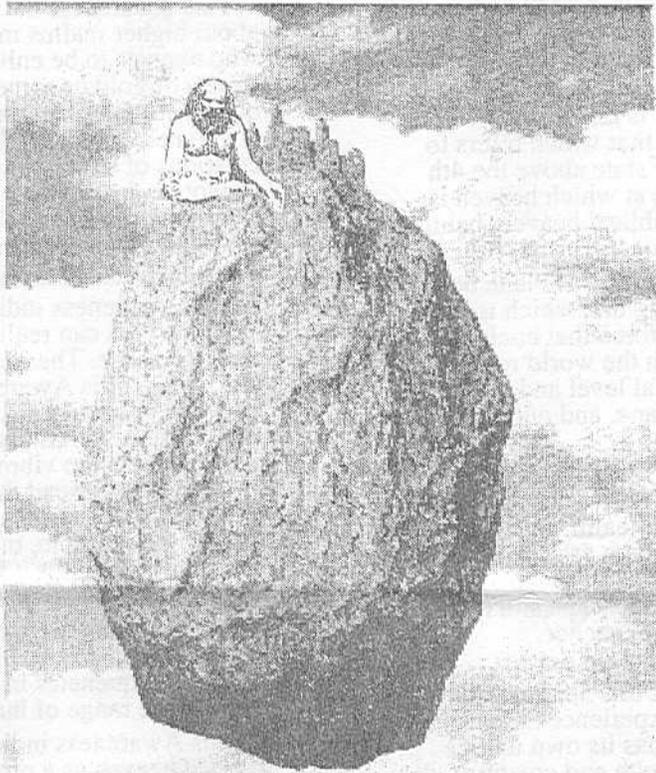
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- What's your location on the spiritual evolution scale?
- The Collective Consciousness of CAC Members

THE 5TH PLANE OF CONSCIOUSNESS

(Sant Mat and Eckankar say this is Heaven)

QUESTION:

A question from R.E. Edwards. He writes: "The 5th Plane: Is this eternity? Eckankar and Awareness have said no one is involuntarily reincarnated after being stabilized on the 5th Plane. Please indicate if this is indeed the hyper-dimensional destination finally of earth humanity in the upcoming few centuries and describe the lifestyle, milieu and awareness of such 5th Plane entities."

COSMIC AWARENESS:

This Awareness indicates that the Eckankar philosophy, taken from that which is known as the Sant Mat path, the Path of Saints, is that which refers to the 5th Plane as a dimension or state above the 4th which is alleged to be the place at which heaven is centered. The concept of the Biblical heaven, being in the 4th level or 4th Plane.

This Awareness indicates that the 5th Plane being beyond that. The 4th Plane being that which is still within the realm of Kal, or the force that controls the world and universe in which the world resides. Therefore, beyond the Terrestrial level and all of its auras is that which is the 5th Plane, and out of the realm of Kal.

This Awareness indicates the term 5th Plane is again simply a term that some entities use. It might be better to refer to it as the 5th Realm, or 5th Dimension, or something other than 5th Plane, a plane implying something of a flat landscape-type situation. It is more than a flat landscape situation. It is more likened unto a realm of existence.

On 5th Dimension Things are Created at Will

This Awareness indicates that this 5th Plane or this 5th realm is a vibrational experience in consciousness. The consciousness has its own unique creativity and ways of dealing with and creating reality on that 5th Dimension so that things can be created at will according to the wishes of the beings who reside there.

Thus, it is not something that can be described as one would describe an earth landscape or a civilization because it is of a nature that is filled with creative energies that are flexible and capable of being molded into realities in consciousness. The closest parallel that could be described for entities on earth would be to think of it as a lucid dream in which you can order up whatever dream you desire.

Sach Kahn—the 7th Plane of Creation

This Awareness indicates that this 5th Level Of Realm is not the ultimate in vibration. It is not what is termed Sach Khan. There are those levels that go beyond the 5th Realm into that which is Sach Khan or 7th Realm, wherein the highest creative actions take place, including the creation of souls.

This Awareness indicates that this 7th Level is that which is beyond image, and into levels of bliss and feeling. The substances that are in the 7th Level are witnessed by entities there as being reality, though in comparison, an entity on lower levels would think of these things as abstract vibrations, but these abstract vibrations of the 7th Level are tangible realities to those who reside in that 7th Level even though others who might touch upon these vibrations would not see them as having anything tangible in their qualities.

Those on Lower Frequencies Can Not Sense the Higher

Since everything is relative to the nature of the vibratory frequency you reside in, entities experience according to the frequencies they are capable of experiencing. Those who are of lower frequencies cannot sense the reality of the higher frequencies. They are seen for earth people as abstract concepts, but for those who reside on those abstract conceptual levels of vibration, these vibrations are substances and are real, and there are tangible realities created by those vibrations.

This Awareness indicates that questions asking about higher realms may not satisfy the questioner who expects to be enlightened with descriptions of streets of gold or some imagery that is of an earthly quality, of tangible and sensual qualities, but this Awareness indicates that these higher realms are creations of Light, creations of Consciousness and cannot be described to suit the needs of entities who simply would like to visualize a wonderful, peaceful setting for their human physical body to rest in.

The Tree, the Flock, the Earth Are Vibrating Creations

This Awareness indicates it is not what you think and no words can really describe these other realms in a true sense. These other realms are created from vibrations. This Awareness indicates that having said that, it should also inform you that your world is created in vibrations also, but that most entities do not recognize the vibrations in the world around them, seeing instead the objects that are vibrating as tangible solid substances, and therefore not recognizing, for example, that the tree is a vibrating creation, the rock is a vibrating creation, and the earth itself is a vibrating creation.

If they cannot recognize the vibration of their own realm, how is it possible to describe realms that lie in other frequencies in vibration levels that are beyond the range of human sense altogether?

This Awareness indicates the entities who described heaven as a place in which streets are paved with gold, falsified this information. There is no such place in the realm of heaven; that heaven is a place of consciousness in which entities perceive images and concepts and ideas in a freedom that allows them to visualize whatever it is they want to visualize as reality.

If they wish to project a vision of streets filled with gold, they may do so, but these are but projections in consciousness of the individuals involved and not an actual place in terms of collective consciousness unless all of the consciousness there works together to create the vision for all to share.

FOLLOW-UP QUESTION:

Then his basic question, the "5th Plane: Is this eternity?" is negative?

COSMIC AWARENESS:

This Awareness indicates that the question itself is not understood, cannot be understood because it does not refer to any reality. Whatever the entity has in mind in his visualization behind the words is not conveyed clearly. Perhaps the entity is speaking of the 5th Realm, but if so, the question is not formulated clearly, for if he is asking if the 5th Realm is eternity, there is a strange leap in concepts between vibrations and time.

The 5th Realm is vibration. What is Eternity in relation to vibration? It makes no sense in terms of your language, unless this entity had some unique definition in terms of his words and meanings that is perhaps left unspoken in his question. This Aware-

ness indicates without clarity of question, it cannot be answered clearly. The meaning did not get conveyed in the wording of the question.

This Awareness indicates it means no more to this Awareness to ask if the 5th Level is Eternity than to ask if water is Eternity.

Genetic Creations: Do They Have Souls?

(More on Jehovah and Robotoids)

FOLLOW-UP QUESTION:

Awareness indicated Sach Khan includes the creating of souls. Previously *It* indicated that souls were created by Jehovah by cloning, and by aliens, the Greys and the Reptilians, by cloning. Are...

COSMIC AWARENESS:

This Awareness indicates that this last statement is questionable. *It* does not see that *It* indicated souls were created by Jehovah or the Greys. The Jehovah created certain genetic creations, but this Awareness does not see that these were souls being created.

QUESTIONER:

But the genetic creations do have souls, do they not?

COSMIC AWARENESS:

The souls entered into these creations, but were *not* created by Jehovah or the Greys. This Awareness indicates that even in more recent times, the robotoids have shown themselves to have rudimentary souls. These rudimentary souls are not created by the scientists who created the robotoids, but are brought into these robotoids through vibration from their earlier origins of Sach Khan.

The vibrations themselves can draw in souls or portions of soul essences. The frequencies of the cells in the genetic creations can pull, through sympathetic vibration or the Law of Correspondence those vibrations of a soul energy into the genetic creation, and thus, like a walk-in the soul may enter into a robotoid or a genetic creation to inhabit that body.

THE FIRST SEPARATENESS—SPARKS FROM AN ANVIL

FOLLOW-UP QUESTION:

Some years back, through the entity David Worcester, Awareness used the analogy when describing, I believe it was the First Separateness Creation, *It* used the analogy of something like an anvil being hit and creating sparks. Does Awareness remember that?

COSMIC AWARENESS:

This Awareness indicates that the anvil as being symbolic of the original foundation and the sparks being that which break off as souls or reflections from the original foundation. The hammer being that which is the catalyst, to create the separation of the souls from the spirit of the original substance.

This Awareness indicates that this is a fair metaphor for describing the separation of souls from the Mother Soul of humanity. The creation of souls from Sach Khan are simply the sparks that fly from the Divine Creator, who resides in that essence or frequency or vibratory rate.

This Awareness indicates that Sach Khan is simply a term used by the Sant Mat movement to describe this original place or source from whence the soul originated. This Awareness indicates that in actuality, it is not a place except as a place in frequency levels; it is a place on the scale of

frequency and vibratory levels. It is more of a vibration or frequency than a place, even as the Divine Being, the Divine Creator is a frequency moreso than an entity.

Yet, if you wish words to have some stretchability, you can stretch meanings to include in the word "entity," energy and vibration, and if energy and vibration can be recognized as an entity, then indeed the Creator is an entity.

This Awareness reminds you that the use of words is very inadequate in speaking of things that go beyond tangible levels of your realm and into realms that reside in frequencies and vibrations, for these words do not clearly reflect the true essences which have not been witnessed by your senses and cannot be thus described in words that are objectified by your senses and experience.

ALL ABOUT THE SANT MAT DISCIPLINE THE PATH OF SAINTS: HOW VALID IS THIS PATH TO LIBERATION?

QUESTION:

Pat Goodchild, of Jackson, California, while we're in this area, has a question. I believe this has been answered before, but I'll read it anyway. "Here's a question for Awareness if you have the space to ask. The Radha Soami, Beas, in India ...

COSMIC AWARENESS:

This Awareness indicates that in this Radha Soami Society; Beas refers to meetings, places for meetings. The Society is that which this Awareness has referred to as the Sant Mat, the Path of Saints. They refer to themselves as the Sant Mat and also as the Society. The greeting between them generally is "Radha Soami" and refers to the master as being one in common.

The word Beas simply refers to their meeting or organizational gathering. This Awareness suggests you continue.

QUESTIONER CONTINUES:

"This society claims that Maharajji Gurinda Singh is the living master and without a teacher, one cannot extricate himself from reincarnating over and over. I am enclosing a self-explanatory guide for applicants that describes this theory. Avaton could then briefly question Awareness on the truth of these teachings."

The guide is an initiation guide for applicants which covers the things they have to do to become one, which includes vegetarianism, abstention from alcohol and drugs, moral living, they must be legally married if sexual relations are to take place. They stress the word "legal".

You must have daily meditation and then you can submit with this form an application to the masters and tell them that you're a seeker and they will decide whether to admit you to the organization. Now, her letter goes on: "I have spent my life searching for God and Soul Realization. These principles seem to bear truth, but I am uncomfortable with some of the teachings. I would really like to know if this master/ teachers way is truly the way to Soul and God Realization and if one is initiated by a living master, one will cease to reincarnate no more than four more lives."

COSMIC AWARENESS:

This Awareness indicates that this is a path. It is not the only path. This Awareness indicates it is particularly appealing to Catholics, in that Catholics

have relied heavily on priests and others to do their spiritual work for them, while they simply obey and follow the directives of the priests.

It Appeals to Catholics Used to Taking Orders

This Awareness indicates that this in reference to those who have a Catholic background, not necessarily to the entities who are present day Catholic, but those who have had a past Catholic influence in their lives are particularly drawn to this approach, this spiritual path.

This Awareness indicates that it is helpful to have entities tell you what to do, how to live, and give you certain formulas which give you the confidence and the feeling that you are on the right path and give you a certain discipline to follow, and thus make you feel that as long as you are following these disciplines you are therefore okay spiritually.

It is helpful in the sense of reassuring. It tends to reinforce your self-image and spiritual worth to know that you have mastered the requirements and that the master of the faith you are following has initiated you and that you no longer have to worry about your soul, so long as you stay on the path.

This Awareness indicates that for some entities, this becomes likened unto a dedication, a spiritual growth and movement and relieves them of any questioning of self or floundering or uncertainty. It requires that you become a true believer. This Awareness indicates that in the teachings of the Sant Mat path, there are many different masters, each following the footsteps and foundation laid by the other.

In some cases there have been breakaways so that the line of masters will go in one direction and a splinter group will break off in another direction, each being said to be the right one, and the other being said to be false.

A Splinter Group of Masters Exist in the Movement

Although the masters, in the splinter groups or off-shoots, never speak against the opposing path or the alternate path or master, the disciples generally do so. They see the other as phony and theirs as real. It is much like the churches of the Western world, who see the other church denomination as being false, and theirs being right.

This Awareness indicates that in most cases, these so-called "Holy Leaders" are seen by the disciples as the embodiment of God, the incarnation of God, though the masters themselves have a more humble attitude and see themselves more as playing the role of the God for the sake of the organization, for the sake of the disciples, the followers, and because they recognize the need to keep the line of masters going.

It is the process that is intriguing, in that like a civilization of ants, the Queen ant, or Queen bee in the case of a bee hive, more or less has to play its part to keep the civilization alive and thriving. Thus, the master has to play the part in order to keep the disciples and followers satisfied.

It is not so much that the master desires that role, for generally, they are selected by the previous master, prior to the previous master's death. This Awareness wishes to tell a brief interesting story that is quite enlightening in regard to this movement.

The Story of Sean When He Heard God Died

The Interpreter's wife, Roshana, is a follower of the movement and has been for several years, and

her master, approximately 3 years ago, died, turning the organization over to, this appears to be his nephew, the present master of the movement.

This Awareness indicates that the Interpreter's grandson, Sean, entering into the office where Roshana works for the Goodship, saw a picture of her Hindu-looking master wrapped in his clothing and turban, and looked at Roshana and asked: "Who's that? Is that God?" She responded; "Yes. That's God," and Sean, approximately 4 years old at the time, asked her: "Where is he?" and she said: "Well, he died last year!"

Sean suddenly, and in shock, remarked: "God died?" with alarm, which brought her to respond quickly: "Well, the man died, and there is a new man now who is God." It took her aback and made some difficulties in trying to explain this situation to a four-year old.

This Awareness indicates that Sean, later explaining to his grandfather, the Interpreter, expressed that God had died, but there was a new God now. This Awareness indicates that the concept that the entities are God is not exactly false, or not exactly true.

Calling the Masters God is Misleading

It would be wiser for these entities to say that their masters are God-realized, or enlightened by God, or One With The Father, as did Jesus, or One With God, or that God speaks through them, rather than confusing the followers by indicating that they are God, for indeed they do have mortal weaknesses in that they die, and they have illnesses and other human problems and weaknesses which cause confusion among the followers.

For example, when they go to large meetings, there is the necessity to search people who enter into the buildings with electronic devices, to make sure they are not carrying any weapons, for fear that the master might be assassinated.

This Awareness indicates that there is some reason for this, in that there are frequently death threats by other religious sects or groups or organizations toward the master, but it leads entities to wonder: "If this is truly God, does God need the protection of these electronic scanners, the kind used in airports, to detect whether someone is carrying guns or knives and might harm the presence of God?"

Masses are Confused that God is so Vulnerable

This Awareness indicates that it confuses the masses to think that God is so vulnerable. Of course, when asked about this security, the master will only reply that his secretary and those in charge of the organization are the ones who are responsible for this unnecessary security; that he himself does not feel a need for it.

This Awareness indicates that there are certain things about this that do not ring true, are not seen as totally honest, and leads entities to wonder: "Is this *really* God, or is this entity simply a great teacher or good channel carrying a message to the masses, and could not this entity carry the message without claiming to be God?"

This Awareness indicates that for an entity to claim to be God is all right if the entity acknowledges that all others are also gods, but if the concept of God is elevated to be that of a perfect all-knowing omnipotent deity and entities attempt to present themselves as such, then indeed, there is something awry in the claims.

Some of the Movement's Claims are Dubious and Deceptive

If, however, these entities were to define God differently, saying clearly that God is vulnerable to certain human foibles and weaknesses and that in their view of God the weaknesses must be acknowledged qualities of a human and that this human represents these definitions of God, and therefore, the entity is honestly capable of claiming himself as God under these definitions, then this is something different.

But to this date, there has not been any effort of significance to explain that these gods of the movement are actually human and have biological needs and have physical needs that parallel other humans and that they may become ill or may not have all the answers for everything that can be asked.

This Awareness indicates that they are generally good channels, mostly because they have read all the books that have been handed down from teacher to teacher in the movement. They are generally conditioned to answer questions similarly to those who were their teachers, though there are, in many cases, diversions and discrepancies between the one god, leader, or master and his subsequent follower.

This Awareness indicates that it is a movement that can be interesting. It is also a movement that appears to have many claims that are unfounded and many areas that are deceptive, yet, in general, most of the followers are good people and those who are not cannot really blame it on their discipline or their teachings.

Not a Religion but a Discipline Focused on Meditation

They do not consider themselves a religion so much as a discipline. Their focus is on meditation; meditation being the heart of the movement toward the higher vibrations. The meditation perhaps is the most important aspect of the movement, wherein they focus on the sound current to move them into higher frequencies, to get back to the source, to the Creator, to the True God.

For Initiates No Eggs No Meat and No Sex

This Awareness indicates that the initiation into the path usually requires that the entity, the student or ... there is a term for the entity seeking initiation that is not clear. (Seekers for the The Gift of Nam. Ed.) The student seeking initiation will need to forego certain things and follow a certain discipline: no eggs, no meat, no animal products other than milk, and milk products, which are acceptable; no sex outside of marriage, and meditation two and a half hours a day or more, and then the entity, agreeing to these things, seeks to be initiated, and if accepted, will be given a mantram or word or tone that allows the student to repeat this mantram in meditation over a period of time for certain purposes.

How the Mantram They Give You Works

This Awareness indicates that most mantrams work in the sense of an hypnotic phrase that tends to become symbolic and affect the subconscious. The mantram being given a meaning that only the student will know, and the student is not permitted to share or tell of the mantram to anyone else.

This Awareness indicates that once the initiation occurs, the student is more or less on their own, with the belief that they are now tied to the master and that the master in his movement into higher realms will take them with him. They become disciples to this master. This Awareness indicates

that in the event the master dies they still retain that master as their master, yet here is one of the discrepancies.

Here is a Big Discrepancy in the Sant Mat Philosophy

They are told and taught that they must be led by a "Living Master" therefore, once their master has died, has passed on, and they are tied to their master, a quandary occurs in that they cannot have another master, they cannot serve two masters, but at the same time, they *must* have a living master, therefore, they continue to meditate with the image of their own master, while seeking the messages and teachings of the new master of the organization.

This Awareness indicates that this appears as a kind of compromise or discrepancy in the teaching that is not clear or clearly explained or satisfactorily explained, but perhaps there is no way to make any adjustment when death enters into the equation.

Jesus Made a Mistake by Effecting Miracles

This Awareness indicates according to the teaching, Jesus was one such master of this organization in the past, but that the entity Jesus made a mistake in going out and effecting miracles. That the masters could effect miracles, but that they are not to do so because it detracts from spiritual teachings and creates too much phenomena and expectations among the masses, and therefore they see that Jesus was crucified because he effected miracles and flaunted his mastership among the masses.

This Awareness indicates that they do not see that Jesus is a continued master because he has since died and no longer is a living master. This Awareness indicates that this organization has many books that have been written to show the parallel of the Christian doctrines and their own teachings and many of the teachings of Sant Mat have expressions of information that can enlighten Christianity considerably, so that entities will gain a new understanding of Christianity by reading these books from Sant Mat and understanding what really is meant by some of the phrases and terms taught by Jesus.

If You Get Involved Don't Swallow Everything

This Awareness indicates it can be very educational. This Awareness cautions entities not to become too fanatical about the teachings, for they are not the only true teachings, though they can be quite informative. It suggests that entities who have an interest in this to study these teachings with some reservation as to the involvement in the movement. Learn what you can, but do not swallow everything hook, line and sinker, for you can very easily become involved without a full understanding of what you have gotten into.

It is not so easy to extract yourself when you give yourself wholly to a teaching that requires sacrifice, for the more you invest in something through sacrifice, the more you stay in order to get your money's worth or your energies out of your investment.

This Awareness indicates that the path of Sant Mat is probably a good thing for many entities who are simply seeking a simple solution to their desire to get off the planet and not reincarnate, but for those entities who are not really concerned about that action, who may have already left the planet and come back as Wanderers, those who feel they are Universal Beings who have the ability to leave or return at will; this path is not for them.

Sant Mat Is Not for the Wanderers in CAC

It is not a solution, for they are not looking for a way out. They are simply acting as servants for the Divine Forces to improve the vibrations of this planet or the next one they go to. This Awareness indicates there are many in this C.A.C. organization who are such Wanderers. They have *already* escaped the karma of this planet and do not need to escape again. They can leave any time they choose without having to follow a master. They have essentially mastered the rights to come and go as they choose.

Others may wish to hook their line or hook their wagon to a master's robe and ride to the higher heavens. This Awareness indicates that for these entities, the movement may be the more clear and precise and un-muddled path into these higher levels.

The Joke About Christians in the Radha Soami

This Awareness suggests, however, that there are many concerns that entities will need, even in following these teachings, even when their purpose is strictly to get off the planet in a spiritual path. This Awareness indicates that there is a joke among Radha Soami disciples that the Christian says, "Become a Christian and experience bliss now!" or in other words, "Fly now and pay later!"

The Christian conversion, likened unto being rewarded now, experiencing the bliss first, then paying for it throughout one's lifetime by good behavior, whereas the Radha Soami movement is "Pay now and fly later!" In other words, "Sacrifice now, give up your meat, give up your pleasures, follow your disciplines as prescribed, meditate daily and in the future you may experience the bliss you seek."

This Awareness indicates that this essentially is a joke which helps to distinguish the characteristics of the Radha Soami movement in comparison to the Christian movement.

OFF THE WHEEL IN FOUR LIFETIMES IF YOU FOLLOW A MASTER?

FOLLOW-UP QUESTION:

Awareness has indicated there are entities down through history who have created such heavy karma by violations against entities that it could take many, many lifetimes to balance it out. This statement that if one takes this discipline ... well, let me put it this way:

Suppose one of these entities who has virtually many lifetimes of karma to balance out gets involved in this organization. Is it true, in a case like this, that by following this path he could get away with only no more than four more incarnation, or is this just the suggestive force that people ...

COSMIC AWARENESS: (INTERRUPTING):

This Awareness indicates that this is the teaching of the Sant Mat Masters and it appears to be accurate. It appears that by entities fully devoting themselves, that within four lifetimes, they could, even under the most severe karmic limitations, free themselves from the earth and its confines.

Sant Mat Perceives Kal as the Negative Force

This Awareness indicates that when *It* refers to "freeing from the earth" *It* speaks in terms of the entire reign and region controlled by Kal. The Sant Mat movement or movement perceives Kal as the negative force that controls the region, ranging from earth to the fourth realm known as heaven.

From earth to heaven is Kal's reign, according to this discipline or teaching, and entities can free themselves from the region of Kal by following this path, and that an entity who follows the path in one lifetime will automatically be drawn into it in the next lifetime so that within four lifetimes, they will have remained true to the teachings and to the disciplines in order that they might leave the region of Kal and become freed.

Ekankar Movement a Spin-Off of Sant Mat

This Awareness indicates that it appears this is valid in the teaching. This Awareness indicates that the Eckankar movement is a take-off of or spin-off of the movement. The entities of Eckankar having taken much of their teachings from these Sant Mat teachings through a teacher in Tibet who knew of this system.

This Awareness indicates that the Tibetan teacher of Paul Twitchell as the entity who gave this teaching to him; the origin of the teaching as actually coming from the Sant Mat teachings which date back hundreds of years into past history, even thousands of years and are passed from one teacher to another.

This Awareness indicates that at present time there are two different teachers of this system and each ignores the existence of the other, never saying anything against the other, never bad-mouthing the other and never acknowledging the other as a valid teacher.

"The Gift of Nam"—What is That?

FOLLOW-UP QUESTION:

On this application request form, I'd like to read a little of this. There's a question here about something. Upon our receipt of the request form and application will be sent to the applicant whereupon he or she will be referred to the area secretary. The applicant should call the area secretary or the representative for the required initiation interview.

For those who may be outside a general Satsang area, special instructions will be included as to the procedure to follow. Some seekers have raised the questions as to why a true Master stands in need of making inquiries about the background and qualifications of seekers for The Gift of Nam through representatives and why the Master asks for recommendations, when He knows everything about them.

In answer to this question, Daryai Lal Kapur, former personal secretary to the Master has written: "When God comes to earth in human form, he always acts like an ordinary human being. He eats, sleeps, lives, works, suffers pain, insults, imprisonment, crosses and dies just like other men.

"God also follows certain laws, though made by Himself. The question might also be asked as to why He does not call back his children to his home without taking the trouble of coming to earth as Master. Well, such intellectual gymnastics can be of no avail. Saints never call themselves God or assume any superior airs. They call themselves "the servants of the Lord and always behave as such. They have no vanity to feed, nor any personal axe to grind. A kindergarten student will surely get confused if his master of arts teacher were to expose his knowledge to the child, but as the student rises in grade, the teacher unfolds himself to his heart's content. Our intellect is too limited to understand the limitless laws of the limitless Master."

This reference to the Gift of Nam. Could Awareness explain what that is?

COSMIC AWARENESS:

This Awareness indicates that this appears to relate to the concept of transferring Divinity from one to another through the initiation process and the meditation process and techniques.

THE GOD-CELL WITHIN QUALIFIES HUMANS AS GODS—CORRECT?

FOLLOW-UP QUESTION:

There's a lot of entities who believe that when God comes to earth in human form, he always acts like an ordinary human being, but there's also many entities who are taught that because they have contained within themselves the God Cell, that they also would qualify under this classification. Is that correct?

COSMIC AWARENESS:

This is correct. This Awareness indicates that if you create a rule to allow you to play God and define yourself as God while still having the human qualities, that same rule must be applicable to all entities. Thus, any entity in human form could use the same argument that he is God and he has his human weaknesses because he must follow the rules of being human.

This Awareness indicates that there is nothing wrong with this argument so long as it is equally applied. It is likened unto applying the laws or principles used by one for all entities and not simply creating a special law or principle for one that cannot be applied for others.

Entities Must Treat One Another as Gods

This Awareness has indicated that you are all gods and must in time learn to treat each other as gods and recognize the Godhood in all. This Awareness indicates that within each entity is the God Cell, the seed of God, which needs to evolve and be developed. Not all of these gods are complete. Not all of these entities having the God Seed within have grown into completion.

This Awareness indicates that it is not that God comes into an entity and is then complete, but that all entities contain within their being the seed of Godhood which can grow and develop as entities partake of the Divine Vibration to feed that Godhood within.

The Godhood lives on the Divine Vibration. It thrives, it grows, it develops, it evolves on Divine Vibration. The more you feed it Divine Vibration, the more the Godhood within you, develops.

Are we to Witness the Maitreya?

(How the Buddha Recognized Divinity)

QUESTION:

One final question from Bruce Balance, Honeydew, California. He writes: "In Buddhism, the future of Buddha is known as Maitreya. Are we to witness this Buddha or is this future Buddha a generalization?"

COSMIC AWARENESS:

This Awareness suggests that you appear to have caught on; that the generalization of a concept of a Maitreya as that which will be witnessed. The concept of Buddha is best expressed in the story wherein Buddha struggled throughout his youth for Divinity and eventually, after many years, became aware and became capable of recognizing Divinity, and as he became Divine, he noticed that *everyone*

he looked at also contained Divinity, and he began to recognize that all entities were Divine.

Thus, likewise, the Maitreya is within all entities in this sense. It is the Divine Consciousness that grows within each entity. It is the Christ Consciousness that develops within each entity. What name, whatever label, whatever term you wish to use: It is within yourself and is capable of development, growth and fruition.

This Awareness indicates that it will continue to grow, even if you do nothing, but it will be hindered in its growth if you hinder its development by refusing to follow the Divine Vibrations by doing things that are less than wholesome, less than Divine.

MANY PATHS LEAD TO THE TOP OF THE MOUNTAIN

CLOSING MESSAGE:

This Awareness indicates that there are many paths to the top of the mountain. You may circle around and around and around as you climb and go slowly to the top, or you may climb directly to the top without wavering in the straightest line possible. You may start at any point at the bottom of the mountain to make your ascension and there will be some who will tell you that you are on the wrong path and you should follow them, and you may follow them and trust them to climb up the mountain in hopes that they do not become lost or fall into crevices.

This Awareness indicates that as you climb the mountain and reach the top you may grow tired of being on top of the mountain after some time and decide to descend again, perhaps to help others are still trying to find a way up the mountain, and as you descend down the mountain and meet others, you will find many who have discovered a way to get up or have been told a path that leads to the top and they will come rushing to you and tell you: "Come this way! This is the way! This is how you get there!" and you will know that they are intending to be helpful, and you will appreciate their efforts, but you may still descend down the mountain to help those who cannot find their way, and eventually you may find yourself carrying someone's burdens, wondering why you are so tired, why it is so difficult to get back up the mountain, and as you struggle with this burden, you may find that there are others who come to you and say, "Oh, you poor soul! You are having such a hard time! If you'll simply follow my Master, he will lead you to the top of the mountain."

This Awareness indicates that you simply have to acknowledge their concern for you and agree with them: "Thank you very much! I am sure your master knows the way and can lead entities to the top, but for now, I am busy with this and you go ahead. I'll follow later."

Having Been at the Top, for Many the Path is of Service

This Awareness indicates that this may become the path for many: the path of service; not because they need to be of service in order to reach the top, but because they have chosen to serve, even though it may be slower and more difficult, for they have perhaps already been to the top. Perhaps they have seen the view, the Land of a Thousand Rainbows.

Perhaps they have rested long enough at the top of the mountain and simply want to do something to help others who haven't yet arrived at the summit.

This Awareness suggests therefore, that you not judge one another, for even those going down the mountain may have already been to the top. Those who descend to the lower regions may have been to the top and may simply be climbing down to help those below who are stuck on some level and need to be prodded into movement.

This Awareness suggests the Interpreter be brought from trance.

(The Law Of Gratitude is given)

WHAT IS COSMIC AWARENESS?

COSMIC AWARENESS is the Force that expressed itself through Jesus of Nazareth, the Buddha, Krishna, Mohammed, Edgar Cayce and other great avatars who served as 'Channels' for the 'Heavenly Father' and who speaks again today as the world begins to enter the 'New Age' of spiritual consciousness and awareness. Since 1963 Cosmic Awareness has been communicating through carefully trained channels. This information is for those who desire to help in bringing in the New Age. Throughout the thousands of 'Readings' given through these various channels, Cosmic Awareness tells us not to believe anything, but to question, explore, doubt, and discover for yourself, through your own channel what is the truth. Cosmic Awareness will only 'indicate' and 'suggest'. Neither C.A.C. or any of the Interpreters is responsible for anything Cosmic Awareness states in any of these readings, nor does C.A.C. or the Interpreters necessarily agree with the statements of Cosmic Awareness. The Interpreters interpret the energies as they see them in trance levels and are not personally responsible for what is said. The interpreters published herein have no connection with, nor control over the editorial comments and material, including illustrations. This is entirely the responsibility of the editor. Members of C.A.C. are invited to send in questions of general interest to ask Awareness for possible publication in this newsletter.



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The Wisdom of Awareness: -- ON BEING GODS OF MERCY

This Awareness wishes entities to cease passing blame and cease patting themselves on the back and begin prying their eyes open, awakening themselves and others to reality. This Awareness wishes entities to cease listening to the forked tongue of the beast, to cease being hypnotized by the electronic programmer and the printed words and to tune into the Christ Consciousness within. This Awareness wishes entities to look toward each other and cease finding the flaw in each other's eyes and look for the Divine Light that rests behind those eyes, that you may communicate with one another as gods. This Awareness wishes entities to cease being gods of power and begin being gods of mercy and love. (Issue 78-21)

VISIT THE NEW C.A.C. HOME PAGE AND DOMAIN ON THE INTERNET

Much is happening here and new changes are an ongoing thing. We have combined our 2 sites with Dave Alexander's newest C.A.C. Home Page link. Just type in <http://www.CosmicAwareness.org> or <http://www.CosmicAwareness.com>

This site contains current information which is changed often. On this page you can click on our regular staff Home Site as well as a list of current books and resources, various topics in back-issues of the newsletter and Dave Alexander's terrific revitalized Cosmic Awareness site! Dave's site has a wealth of information on the Awareness Movement, the philosophy, the newsletters, readings on Christianity and many other subjects, plus the famous Dr. Beter transcriptions.

AROMATHERAPY: HOW IT WORKS AND WHY

QUESTION:

A question from JD in New York. "How does Aromatherapy work, and just how powerful is it? It seems the effects would be fairly slight."

COSMIC AWARENESS:

This Awareness indicates that aroma therapy works because it is a vibration that affects the consciousness through the sense of smell. This Awareness indicates that in its effect on consciousness, it can create a feeling of well being, a feeling of nostalgia, or a feeling of elation, depending on the smell. There can be many different feelings that are triggered from the smell of the particular aroma that is the subject of the person's interest.

This Awareness indicates that if the odor is pleasant to an entity, or if the odor is reminiscent of something, or if the odor is having an effect on the consciousness, is it not having a powerful effect on whatever it represents in terms of its vibration and smell? If its vibration and smell represents some kind of attitude in consciousness toward one's health, toward one's moods, or toward one's sense of well-being, or towards one feeling of relationship to another; all of these things can be of great importance to the entity and it can be effective as a triggering device for the entity's consciousness.

This Awareness indicates that aroma therapy is effective, just as music therapy can be effective. Music is a vibration that affects the hearing. You can also have touch therapy, wherein certain feelings can have an effect on an entity's sense of well-being, or an entity's sense of apprehension. For example, if you are touching a porcupine or if you are touching a cactus, your sense of well-being would be threatened. You could have considerable apprehension if you were blind-folded in a room full of cacti. You could also have a sense of a different type of well-being if you were blindfolded in a room full of ferns or a room full of flowers.

Touch Therapy Similar to Aroma Therapy

This Awareness indicates that a velvet covered room would be much more comforting than a room full of cacti, thus touch therapy can also have its place in helping entities to reach certain attitudes which affect the well-being of the person for good or ill, depending on what they touch. Aroma therapy is much the same, except it is based on smells. Some smells trigger certain attitudes of well-being while other smells may trigger certain attitudes of danger or threat, and some smells may trigger attitudes of companionship, nostalgia, or something else.

In other words, these therapies of the different senses; you may call them 'sensual' therapies, have an effect on what attitude an entity holds during that therapy session. This Awareness indicates that changing entities' attitudes during a session can be important, but it may be only somewhat temporary. You cannot expect to have permanent change because you have smelled coconut for two minutes, or gardenias for two minutes. The gardenia may remind the entity of a funeral. The coconut may remind entities of a picnic or a social gathering, or of some pleasant far-off vacation. But these are only temporary.

Likewise, the aroma therapy may alter the mood for the time the aroma is at hand, but you cannot expect it to create a permanent change in the entity, any more than the sound of music being heard while a record plays would affect the entity's long-term well-being. This Awareness indicates of course there are some pieces of music that affect an entity so much it can have a change and make a change in their attitude toward life, and it may continue to create a momentum of that attitude. Even after the music is gone, the memory of the music

9 can continue on, so that the entity feels totally different from having heard the music for a long period of time, but if other pieces of music come in to disrupt the momentum, the entity's attitude may again go through a change because of the new music.

Likewise, aroma therapy can be beneficial and may even linger in the memory of the entity after the moment is gone, but when the entity passes the local garbage dump and smells the new aroma, it will be very difficult for the entity to continue to hold onto the same attitude from the memory of the previous aroma, while being confronted with the new smell of the local garbage dump.

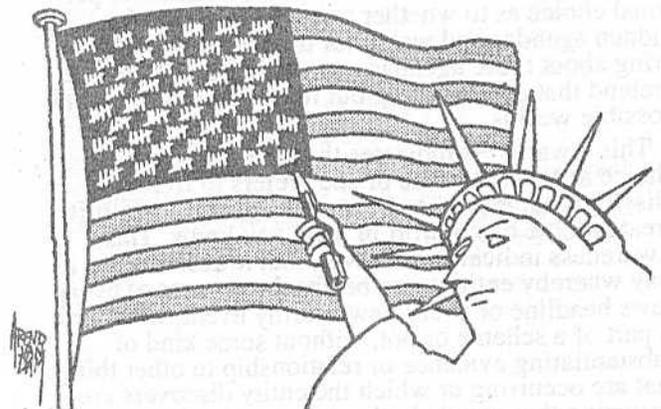
This Awareness indicates in other words, these therapies can be beneficial, but are more often than not very short-lived. They can help to set moods, but you cannot simply smell a certain odor, and have cancer cured, for example, or have some great change in your personality or your relationship with someone, or have a total new change in your life.

There are some entities who may think that by getting these various aromas and smelling them, they are going to change their life entirely: "Now I will become a millionaire because I have purchased this aroma that gives me a feeling of prosperity and well-being!" This is not likely to be any more than a hope or dream. It is not likely to offer that kind of change, no matter how much you smell the prosperity aroma.

If you wish it to be beneficial to you over a long period, then you must continue carrying that aroma over the long period, therefore, if you have a certain odor that seems to give you a sense of well-being and you want that to become more permanent, then you may have to carry that aroma with you wherever you go, on a permanent basis, and it can be somewhat helpful under those circumstances.

This Awareness indicates the entity who carries the coconut with him or her over a long period of time may gradually become accustomed to the coconut smell, and it may become habitual and a kind of personal trademark, but what major effect is it going to have on the entity? It may cause friends to remark that "You remind me of when I was in Hawaii" or something of this nature, but it may not trigger anything more. It may not get you a ticket to Hawaii. It may not get you to some far off island or to any place where coconuts grow. It may simply be a form of indulging your senses in the smell of coconut, and if that is pleasant and pleasing to you, then enjoy it, but you may not want to expect miraculous and major change in your life just because you are wearing the coconut smell.

This Awareness indicates that there are other odors that may have a more lasting, or more dramatic effects on you, depending on what they are and what they signify to your subconscious, to your senses.



Van Dam/Landmeer, The Netherlands

COINCIDENCES ARE NOT COINCIDENCES

(He Wants To Know How Come People Don't Know This)

QUESTION:

A question from Biagio Conti, Carmel, New York. He writes: "I've always wondered if there is a fool proof method on how one can determine if something in the news or some new announced government program or some new event et cetera, is really another step of the elite trying to remove individual rights and liberties.

"For example, Clinton and his wife come into New York on several occasions to push for the black democratic Mayor candidate, or the recent shootings of the tourists in Florida, or the high incidents of taxicab driver killings in New York City. Sometimes the connections and coincidence is so startling hardly anyone I speak to sees it.

"You know of course there's no conspiracy! The world is exactly as people make it out to be!" I find there seems to be a contradiction in people's thinking. Many people know that there is corruption in high levels, but they won't believe that it is conscious and directed. My question is: How can one help other people see that the coincidences are not coincidences?"

COSMIC AWARENESS:

This Awareness indicates that the only way to really see these things clearly as they develop is to know ahead of time the plans of the elite. By knowing what their plans are and the methods by which they intend to implement their plans, you can see these things coming about step by step in the operations in the various events that make the news.

This Awareness indicates that over the years, this Awareness has attempted to help entities to learn to spot these activities. *It* has attempted to explain the elite plans and also to expose certain things as they occurred. In this manner, entities gradually become accustomed to looking for that which is going on behind the scenes to see how it might fit into the developing plans of the elite.

This Awareness indicates that of course there is a slight danger in this approach in that often entities become too accustomed to seeing a conspiracy behind every George Bush, behind every Dan Quayle or behind every president and every action the entities might take. This Awareness indicates that perhaps it is better to be over-paranoid than to be over-naive and never to see any of these conspiracies anywhere.

This Awareness indicates that it is a matter of personal choice as to whether one wishes to see the hidden agendas and watch for the hidden methods to bring about these agendas, or whether one prefers to pretend that all is nothing but roses and the best of all possible worlds.

This Awareness indicates that one must make a choice as to whether he or she prefers to live in blissful ignorance or to be knowledgeable even if it creates some discomfort in what you know. This Awareness indicates, however, that *It* does not see a way whereby entities can be absolutely sure of every news headline or every newsworthy event, whether it is part of a scheme or not, without some kind of substantiating evidence or relationship to other things that are occurring or which the entity discovers are occurring that may help the entity to see the connection.

This Awareness indicates in other words, not every event that occurs on the news is the result of some manipulated plan, but often even when it is not part of a manipulated plan the elite can make use of it. This Awareness indicates, for example, many of the crime wave activities were not necessarily planned or implemented by the elite, but because they appeared on the scene and the elite wanted to make use of crime as an excuse to bring in more Federal police and controls and to control guns and so forth.

The crime activities that were incidental could be used to supplement the crime activities that were artificially created in order to convince the masses for the need of more police, more controls and more gun control to deal with the crime. This Awareness indicates that this would be an example of making use of incidental factors along with artificially manipulated factors to benefit the desires of the elite who might wish to create certain circumstances to serve as excuses for their agenda and programs.

This Awareness indicates in other words, there is no absolute and certain way of knowing each event as to its purpose. Many times there are, for example, train wrecks or other activities and events that happened haphazardly but entities should be aware that a great percentage of the events that occur are either caused directly or indirectly to influence the public.

Shooting Kids at School a Possible Scenario

This Awareness indicates a direct cause would be, for example, creating an assassin whose purpose is to create a situation that would shock the public such as the killing of an important person or the killing of school children in order to shock the public into wanting to get rid of guns. This Awareness indicates that an indirect cause of a certain shocking event might come about from the manipulation of the economy, knowing that when the economy is in a certain state and entities are suffering, their home life will suffer and some of those suffering will go berserk and create certain crises or situations that are likewise destructive.

Some of the random killing such as occurred in instances in which certain post office employees or other types of individuals under extreme pressure and economic difficulties reacted by going into their former place of employment and shooting people they had worked with or the action of entities going in and shooting at judges because of their decision on a divorce, and similar things of this nature are generally indirect actions that result from economic or social policies that affect individuals to the point where they simply feel they cannot cope in society and want to lash out and hurt someone.

This Awareness indicates that these may not be direct events but indirect, based on certain policies that result from manipulation of the economy or of political policies or laws. These can be used by the elite to suggest that people need more controls over the masses, either through eliminating weapons or through being allowed to lock more people up if there is any reason to do so, so that they can get tough on crime and on people who might become irrational in their behavior.

This Awareness indicates that of course there is very little that can be done to stop entities from becoming irrational when their freedoms and their welfare and their family life and their hopes and purposes for living are threatened, and more of this kind of random violence is likely, as freedoms are taken away from people. This Awareness indicates

that indeed, those entities who have existed under totalitarian countries either had to be wiped out or conditioned over long periods of time to accept the futility of resistance to the totalitarian regimes.

This Awareness indicates that those entities who have been accustomed to a degree of freedom will not buy into totalitarian rulership without some kind of resistance and in a country like the United States wherein this has been traditional that entities experience a degree of freedom, there will be large numbers of such entities who are creative in their thinking and who will join together and find different ways to resist a totalitarian effort to control and subjugate them.

Therefore, it is going to be much harder for the elite to bring a complete control over the people of the United States than it might have been in other countries. There of course is the recognition that most entities want security. There is, however, something about the need for a degree of freedom and if entities are pushed too far and too much freedom is taken, that is when the revolution is likely to occur.

This Awareness essentially is saying that in the United States, that line whereby entities will say: "This far and no further will I go in giving up my freedoms!" is much higher than it might be in other countries, and this Awareness indicates that wherein in other countries the cracking point is far lower and entities will toe the line to avoid being harmed.

The point in which entities in the United States will say "No further!" is at a much higher level. In other words, they will not be pushed as far as might occur in some of the other countries who are used to being subjugated by totalitarian regimes. This Awareness indicates that in the United States, many of these entities also are more independent and able to think more independently than in some of the countries where they have been subjugated and dominated by others.

This Awareness indicates when one is in a country that allows individual freedoms, those entities develop individual ways of thinking and a certain amount of independence in their thinking, and therefore, they are more creative in dealing with a situations whereby they can organize or find ways to hinder, to harm the enemy, even if the enemy happens to be an oppressive government.

This Awareness is essentially saying *It* does not see the American people either in the United States or Canada being able to accept totalitarian controls for any great length of time without their building a backlash, a deep and secret movement of the people to overthrow such totalitarian and regimes.

CREATING OUR OWN REALITY

(Awareness Presents Another Side to Consider)

QUESTION:

Another question from Biagio. There's several questions in here. He writes: "I believe we create our own reality. We are responsible for what happens in our world by what we project out. Isn't that the main reason why the elite have so much power? I mean, it's the thinking and attitude in people's minds and how they perceive the world that holds them in. Isn't that a way to make major changes in consciousness, by looking within rather than to the elite or government or outside of ourselves?"

"I don't mean that we should ignore the negativity, but realize that we contribute to it. I believe that by making changes in ourselves, we start making changes in the mass consciousness and therefore, make

changes to everyone in the world, elite or pauper. I also don't mean that we should stop acting and just sit and meditate, but look to the higher aspects in all, and the higher aspects will start coming through more and more.

"Can Awareness comment on how we can all contribute to open lower consciousness?"

COSMIC AWARENESS:

This Awareness wishes to comment first on the belief that entities create their own reality. This Awareness indicates that this is a common statement that many entities make, and it is impressive and flattering to the individual to think that he or she has the ability to create his or her own reality. This Awareness indicates, however, if you are put into a box and you want a sphere instead, you cannot turn that box into a sphere unless there is some kind of change in the reality that allows you to have access to tools or something to make that change.

This Awareness indicates that if you are born a man, and wish to be a woman, it is very difficult to change the reality and become a woman simply by using your mind, your deeper levels of consciousness. This Awareness indicates more likely, you can fool yourself into thinking you are a woman. You can act like a woman, even though you are a man, and you may trick yourself into thinking you are a woman, and therefore say: "I have changed my sex; I am now a woman! This is my new reality!" but the fact is, nothing has really changed other than your mental attitude toward yourself, and what occurs is that your new "reality" may be your own personal reality, but it may have nothing to do with the collective reality which exists around you, and everyone looks at you, and says: "That's guy's crazy! He thinks he's a woman!"

The Difference Between Personal Reality and Collective Reality

This Awareness indicates that if you wish to think in terms of changing your reality, you must decide whether you are speaking of personal reality, or collective reality, for there is a major difference between the two. This Awareness indicates you can change your reality in a personal way and think you are Napoleon, but that does not affect collective reality which remembers you are a certain other person and had nothing to do with Napoleon at all.

This Awareness indicates that anyone can change their personal reality to be anything they want to be. They can be God, they can be a dog, they can be a tree, and believe that, just as if they were hypnotized into that new reality, but it does not change the facts, and the facts are what the general reality or the collective reality considers to be real.

If you do not care about the collective reality then it doesn't matter, but you are not really part of the whole, part of the world, part of the society, if you are totally ignorant of the collective reality. This Awareness indicates therefore, it is a matter for one to decide whether he wants to be in touch with the collective reality or isolated from it and in touch only with his own personal reality.

Therefore, when entities say, "We make our own reality!" they can say that as a collective group: "We, the collective minds of entities, make our own reality!" but if they imply it to mean: "You and I individually make our own reality!" then it takes on a different meaning. "You and I individually can make our own personal reality to some degree if we isolate ourselves from the collective reality."

This Awareness indicates that isolating oneself from collective reality is very difficult, if not impossible. One could live in a cave, away from all people and create his own personal reality, and his reality would not have to be in conflict or confront any other reality, and therefore, it would be fairly easy, but if one lives in a society and create a personal reality that does not harmonize with the realities that others share, then that entity is out of touch with collective reality, or in their words, they could say: "He is out of touch with reality."

For him, he may say: "I am totally in touch with reality. It's just that my reality is different from yours!" and he would be correct, but for all intents and purposes, the collective reality would see him as being out of touch with reality, at least with their reality. In other words, the entity might insist that he sees invisible beings; that there are angels in great legions who will stand up and fight for him and his right, and his reality, but if no one else sees these angels, they will not be impressed by his claims, and his reality will seem as vague and wispy as a wind passing by, and signifying nothing to them other than that he is insane.

This Awareness indicates that in other words, when entities say: "we create our own reality!" or when they tell you: "You create your own reality! Why are you suffering in this way?" as though it is your fault somehow that you might be suffering, the question of that assertion and premise needs further examination. It is not so simple as it may sound. Perhaps the entity did bring on his own suffering. Perhaps he brings on his suffering because he did not plan well, or did not follow through on a proper plan, or perhaps the entity ran into some other person's reality that conflicted with his which caused his reality to crash and fall apart.

This Awareness indicates this too can happen, where one entity's reality collides with another entity's reality, and the weaker reality is destroyed and the entity is unable to function because his or her reality has been demolished. This Awareness indicates that when you live in a society, you are not the sole creator of your reality. You cannot, for example, stand in the middle of a highway and assume that in your reality, you are Superman and the speeding vehicles cannot hurt you. Even if you have yourself hypnotized to this belief, it still is not going to work for very long. Eventually someone is going to hit you and destroy you even though you have this absolute belief in your new reality that you are Superman.

This Awareness indicates that what then, is the truth, in regard to the creation of one's reality? This Awareness suggests you consider the concept of co-creating realities together, whereby entities join together to create their realities, whereby they help each other by sharing realities that are compatible for each other to experience.

Rather than saying: "I want my own reality, and my reality gives me power over all others, and allows me to hurt anyone I want without consequence!"; rather than creating that kind of reality, for example, you create a reality that works with others whereby they can agree with you, whereby they can feel in harmony with your reality that you wish to create. When they feel that your reality is harmless to them, they can support the reality you want to create, and therefore, not clash with it.

This Awareness indicates that as you work together in co-creating realities with each other, the energies

become exponential, whereby all help one another create the world in which they are working together for a collective reality that all can enjoy, all can share. This Awareness indicates it appears this is what you are working toward. This Awareness suggests that you think in terms of co-creating, rather than creating your reality.

In co-creating a collective reality, the work of many toward the benefit for all can create a new kind of experience, a new kind of world. This Awareness indicates that it allows entities to have a harmonious networking with one another and allows the co-created reality to serve everyone equally.

What About the Four-Quadrillionths of a Second? Isn't That a Reality Change?

FOLLOW-UP QUESTION:

In that information Awareness gave regarding the four quadrillionths of a second, that an entity can carry over his feeling and emotions into that next second, or he could change it; wouldn't this be changing his reality?

COSMIC AWARENESS:

This Awareness indicates this is in the affirmative. You can change the reality which you experience or the way in which you perceive and the way in which you respond to incidents in a very subtle way from moment to moment and you can change your attitude toward what is there.

This Awareness indicates that, for example, one can have a reality in which there are several lions in a cage, in which the entity stands and the entity's reality can be that he is terribly frightened that these lions will attack him, but the entity can also change that reality to be one wherein there are several lions in the cage and the entity is in the cage and he is wondering whether the lions will attack him, and the entity can change the reality still further into recognizing that there are several lions in the cage and he is in the cage with the lions, and the lions do not seem to pay any attention, therefore, he assumes the lions are not threatening to him.

These are changes that have to do with his own perception. In other words, the entity can change his perception about reality. It does not necessarily change the reality in which he finds himself, but it can change the perception and the response to that reality in which he finds himself. Thus, instead of picking up a club and threatening the lions, he may simply stand there at a distance and look around for someone who will open the cage and quietly slip out before the lions awaken to the fact that there was someone there.

This Awareness indicates the change in perception may make a difference in the next reality that would otherwise appear. If you perceive something in one way, you will respond to it differently than if you perceived it in a different way. If it is perceived as a threat, you will respond in a way much different than if you perceive it as simply an interesting situation.

This Awareness indicates therefore, you have a certain amount of individuality that plays in with the creation of the collective reality, and within limits, your individual reality can affect the collective reality. An entity who is a truly strong leader can influence many energies of a collective reality to bring about a considerable change in that collective reality.

In other words, an entity who has strong individuality or strong character and skills may, for example, get up and make a speech to the masses of a collective reality and turn the crowd around to view the situation

in a totally 180 degree different approach so that a crowd that was determined to hang someone, after hearing this person's speech, might determine that they should let the law handle the situation and not lynch the person after all.

These are two different realities that have the option of becoming real: whether to lynch the person or let the law handle the case, and an entity who has a strong personality or leadership qualities can turn a crowd to avoid the lynching that had been planned. Therefore, one entity can change a collective reality to take a different direction.

When One is In Denial of the Collective Reality

This Awareness indicates that without changing the collective reality, the one entity cannot necessarily change the outcome simply by thinking: "I will not allow this to be part of my reality. The hanging of this innocent man by this lynch mob is not part of my reality! They will not hang him! I am going home and forgetting all about it!" This kind of personal reality change may satisfy the entity who is in denial of the collective reality that is happening, but it is not actually changing the reality except in the entity's own mind.

He is deluding himself. The use of delusion to create an alternate reality from that which is the collective reality is very common. There are many entities who live under the delusions that have nothing to do with collective reality, but they are real to these entities. This Awareness indicates therefore, *It* wishes to urge entities to be careful about the concept of "You create your own reality!"

Making an Entity Feel Guilty for His Reality

There are often entities who level this at someone to make them feel guilty or to show them that they are inept because they have not created a better reality for themselves. Perhaps the entity simply could not create a better reality for themselves because they do not have the skill, did not have the muscles or did not have the energy or perhaps they are simply born in a situation that does not allow them to have the ideal reality they would like, in a collective reality sense.

This Awareness indicates that entities who say: "You are in your situation because you create your own reality! If you wanted out, you could create a different reality!" this tends to make the speaker seem as though he or she were quite knowledgeable and superior to the entity to whom he or she addresses and it benefits the speaker, but it does not help the one who is suffering from a collective reality that subjects the entity to a poor position, to say that: "It's *your* reality! You have created it!"

This Awareness indicates that there is, of course, the option of saying: "Much of your behavior has probably brought about the situation you are in. If you can learn not to make similar mistakes, and you can find ways to get yourself out of this situation, you will have a better reality!" this can be true.

Thinking "Positively" Doesn't Always Make Things Alright

This Awareness indicates that to some degree, entities dig their own hole, and to some degree entities have to dig themselves out. If one digs a hole which requires an enormous amount of digging to get out, or requires some special tools to get out, or requires an enormous amount of help from someone else to get out, then the entity is in a situation which cannot be easily removed simply by thinking, as some would suggest:

"Just think positively and everything will be all right!" This Awareness indicates that the entity might have gotten himself into the position by thinking positively. For example, an entity might spend money that he does not have, thinking positively that he is going to win the lottery and pay it back, and when the lottery winning does not come, he sees that he is in a real pickle.

This Awareness indicates that to tell this kind of entity to "Just think positively and everything will be all right!" does nothing to help the entity. Thus, to throw around platitudes or sayings of this type does not always benefit the entities who hear them as much as the sayers would like to think.

This Awareness indicates that entities do, to some degree, and that degree varies greatly, create or help to create their collective reality by the actions they take or don't take, and by the ways and methods they use in attempting to do things in their lives. This Awareness indicates that to put the entire blame of an entity's reality on him or her is unjust, for there are also collective realities that affect the entity, and there are events and individuals that affect the entity.

An entity who is perhaps standing, waiting for a bus and who happens to notice that his shoe string is untied, bends down to tie his shoe string and is suddenly hit by a drunk driver who comes up on the curb, is not really creating that reality. He is a victim of someone else's creation in the collective reality of things. He has been violated and hit by someone who he did not see coming, because he was engrossed in tying his shoe.

It was not a crime or a karmic action to notice the shoe untied and need to tie it, but the entity is nevertheless a victim of the reality caused by the drunk driver, affecting his life for many years to come, or even killing him at the time. This Awareness indicates that in other words, entities are not necessarily the cause of their own reality. There are often many causes outside of an entity's own behavior that affect the entity's life and reality.

This Awareness indicates that to work with others in helping to take the realities that are present and alter them from moment to moment, working in a sense of every four quadrillionths of a second, creating some change in yourself or in your environment, or working with others to bring about changes in their approach to the reality; this can be much more effective.

The more entities involved there are in working with this moment to moment change in the collective reality, the greater the effect will be. Thus, an entity can stand up and make a speech and change the world because all of the entities who listen are affected and change their attitude, and the world thus changes that much.

There is the old saying that: Anyone who breaks a blade of grass has changed the universe. This Awareness indicates that it is the same that entities in affecting others in any way change the universe that much, but to change the collective reality to the point where it is significant requires an entity to work with many others or to influence many others to go along with the change that is needed.

WISDOM OF AWARENESS --- On Guilt For Being Successful:

This Awareness suggests that there is no reason for any entity to feel guilty about having prosperity, so long as it has not harmed any other. This Awareness suggests, however, that there is no way any entity can ever find complete satisfaction and happiness with oneself until he or she is also giving some form of service, assistance, and contributing something to others.

WHAT'S YOUR LOCATION ON THE SPIRITUAL EVOLUTION SCALE?

(Is There Any Way to Measure This?)

QUESTION:

A question from Mario Matas, in New York City. He asked of Vikki, but I'm going to ask it of Awareness; he writes: "Vikki, how can we tell to what evolution does your soul belong to? It is my understanding that there are souls from all kinds of evolutions in third density dimension earth human bodies to help human evolutions make their ascension before 2012: angelic, Mercurian, Venusian, Pleiadians, et cetera.

Many of these share the ignorance with the humanity of earth, due to forgetfulness, manipulation or bondage. Do you know the answer to this question? It is a crucial essential question to me."

COSMIC AWARENESS:

This Awareness indicates that the question does not appear to be truly clear in its description of what the entity refers to as "what evolution?" It is as though the entity sees a number of evolutions here and there. This Awareness would have to conjecture as to what the entity means by the "various evolutions." Perhaps he is speaking of evolutions of different cultures, in which case the question would better be asked: In what culture does one's evolution belong?"

This Awareness indicates that whatever an entity's evolution, regardless of what culture he or she comes from, is essentially the situation in which the entity finds himself or herself. Therefore: "Where I am, is where I am, and this is my level of evolution." This Awareness indicates that in understanding this, the entity may decide, "I am here. I want to be there. Therefore, I move to this state of consciousness, and from here, I will move on to another state of consciousness."

This Awareness indicates in this manner, entities move from place to place according to their wishes and their choices. This Awareness indicates that hopefully, the entities will chose those places to move which are more suitable for higher and more healthy spiritual growth. If entities do so, they continue to evolve spiritually. This Awareness indicates *It* does not see the significance of whether one is of a Pleiadian origin or from another dimension or lacking in some quality as a factor in determining where one is in terms of his or her own spiritual evolution.

It Does Not Matter Where You Came From

It does not matter whether you are a fallen angel or a rising angel, or a back-sliding angel; you are where you are. It doesn't matter whether you are human or Pleiadian or from some other dimension, you are where you are. If you are able to ask a question, you should know where you are asking the question from, for that is where you are, and recognizing where you are allows you the opportunity to move from there to wherever else you wish to be spiritually.

This Awareness indicates that you must first accept yourself as you are. To try to change yourself as to where you are by putting a label on yourself such as: "I am Pleiadian," or "I am from another dimension," does not alter the fact of where you are. The only way to deal with it is to accept you are where you are and you are going to stay there until you are ready to move on to something else.

The only thing that this Awareness would recommend is that you move toward that which you perceive to be in a spiritually higher place each time you move in consciousness, and therefore, you're constantly evolving spiritually. This Awareness does not see the value of determining your location on the spiritual evolution. If it were numbered such as a ruler in terms of height and you were at twelve, would you have any better ability to move higher and go on to 14 or would you be able to jump in great bounds and go to 65 in the spiritual evolution scale?

This Awareness indicates that these numbers mean nothing. All that really matters is that you move into higher spiritual expression, according to what you understand from where you are. There is no measuring instrument to determine your spiritual evolution, nor should there be, for every individual should be aware of where he or she is spiritually, whether it is comfortable or uncomfortable, and if the entity feels discomfort in his or her spiritual evolutionary place, then they consider moving on to a higher spiritual experience.

How Can One Move into a Higher Spiritual Experience?

This Awareness indicates that if you wonder: "How can I move into a higher spiritual experience if I don't know which direction to go?" this Awareness suggests the direction toward higher spiritual evolution is through the surrender to the higher values. Surrender yourself to love for all, to love for God. Surrender yourself to the frequencies of mercy, kindness, generosity, and compassion for those in need. Surrender yourself to this Awareness, to those higher concepts and higher values of life.

This Awareness indicates that the action of surrender is the path to higher spiritual evolution, but this does not mean surrendering yourself to that which is base or of a negative expression. Do not surrender to separateness, to ego, to lust, power and greed, but surrender to those higher values that care about others, that promote justice, freedom, compassion, mercy, and love for all living things. In those movements you will find yourself spiritually evolving.

Stop For a Moment and Look At Your Mate or Friend

This Awareness suggests you stop for a moment and look at someone with whom you are close. How long has it been since you really appreciated the beauty of that entity? Not simply the surface beauty, but the inner beauty, the perfection of the soul of that entity; the tenderness, the kindness that the entity often reveals to you. How long has it been since you really looked at this inner quality of the entity and informed the entity of your appreciation of him or her?

This Awareness indicates this very act of being more attentive to the better qualities of others is a spiritual action. This Awareness indicates that the hunger for being next to that which is Divine is a magnetic action to draw you into higher spiritual evolution. Seeking to be one with God, not for the glory of the self, but the pleasure of being one with God, for the comfort of being one with God; this is an action of spiritual evolution.

This Awareness indicates the silent appreciation for a flower, the silent appreciation of a weed, the silent appreciation of a thistle, of a berry vine; anything that has been put upon earth by the powers of life is an action of spiritual evolution. Just to feel an appreciation for all of the life forms created by the Divine Forces of the universe is an action of spiritual evolution.

Prayer for Balance

Start your day and end your day by saying the following aloud:

I AM ONE WITH ALL THAT IS!

Thank you God

Spiritual Evolution Not Dependent on Religion

This Awareness indicates spiritual evolution is not dependent on religious dogma or lines of Scripture. It is dependent upon the inner heart, its appreciation for the creation of the Divine consciousness, of the Divine Creator, and for all of the parts, all of the creatures, all of the individuals who were created by this Divine Creator, and as you learn to appreciate this creation, you find yourself spiritually evolved.

This Awareness indicates that it is extremely helpful for entities to spend ten minutes daily simply appreciating the creation that is placed before them and which they are placed within.

Parallel Evolution of the soul and the Physical

FOLLOW-UP QUESTION:

In his letter to Vikki, Mario makes a statement. I'll read what he says at the letter's end. I think there's a question here. There's two paragraphs: "It is clear that the knowledge received through CAC is very important and progressive. Would it be correct to say that souls begin to share in cosmic consciousness, from fourth density dimension on, since they were created? So the more you learn, the more there is to learn.

I see now three levels co-existing: spiritual, soul, physical. The physical and soul have their own parallel evolution. The spiritual is the ever-existing cosmic consciousness that souls can magnetize after they have matured sufficiently in third density dimension.

COSMIC AWARENESS:

This Awareness indicates that this is seen by this Awareness as being correct within its frame of reference. This Awareness indicates that the number four as that which means something to the questioner, but means little to this Awareness. This Awareness indicates this in reference to the fourth dimension. This Awareness suggests that it appears the concept of a fourth dimension is in reference to a certain level in consciousness, which implies there are three dimensions before it, and possibly further dimensions beyond it, but this Awareness does not perceive this as being of any great significance to *Its* view of reality, although there are quite likely certain definitions for the three dimensions implied and the fourth dimension the entity refers to.

If the entity had explained this, this Awareness would no doubt agree with the entity's frame of reference. This Awareness does not disagree with the entity's frame of reference; *It* simply does not perceive this in the same level of understanding as the questioner. This Awareness indicates that *It* wishes to comment further on the entity's question, but asks that the question be re-read.

The Collective Consciousness of CAC Members and its influence

QUESTIONER:

"It is clear that the knowledge received through CAC is very important and progressive. Would it be correct to say that souls begin to share in cosmic consciousness from fourth density dimension on since they were created?"

COSMIC AWARENESS:

This Awareness indicates this is in the affirmative; that as entities tune in to higher frequencies or higher vibrations or higher concepts, there is a collective reality that begins to form to bring these entities together in a sharing of this higher reality. By higher reality, this Awareness refers to the reality that is

shared in the sense of concepts and ideas relating to the reality these entities perceive.

The perception of reality by a collective group allows them to share in that perception and the reality that they enjoy together creates a bonding action, bringing them into a new level or new dimension of consciousness. They may still walk on earth, they may still have their mundane furnishings and utensils and foods and clothing, just as others, but they maintain a collective reality that embraces more, and they embrace more than some of the other abstract concepts that other entities may hold, in that their consciousness perceives into frequency levels that go beyond mere concepts about right and wrong, good and evil, and concepts of God and the Devil.

These new perceptions may go into the realities of spiritual energies as being part of the collective reality they share, so that instead of simply words, they experience energies and the experience becomes part of the reality, whereas others may not experience God, may not experience good, but hear the words "God" and "good," and they hear the words "right and wrong," and they work with words as their reality in regard to the spiritual teachings they understand.

Thus, they are not engaged in the vibrations or frequencies which they speak of in their abstract thought, whereas the entities who rise into higher frequency levels experience the Divine Creator, the energies of higher consciousness, the realities of that which is good, the realities of that which is bliss and joy.

The Experience is the Reality -- Not the Words

It is one thing to use the word "bliss" and use the word "joy," use the word "good" or "bad" or "evil," it is quite another to experience the understanding of these words. The experience is a different reality. The words are merely likened unto buckets that carry something which are labeled as words. It is one thing to experience water, it is another to carry a bucket that says "water" on it, when the water is missing.

An entity may carry a bucket saying "water" and think that he or she knows what is going on. The entity may carry a bucket that says "God" or "good" and the entity may form concepts based on these words, and the words may be composed of many buckets that are empty, because the entity does not have the reality, but another entity may rise to a higher frequency level of higher vibrations through much effort and study into these higher dimensions of thought, and discover pools of information as being real, and thus, this entity's buckets that say "Cosmic Awareness" or say "bliss" or "joy" or some other label, are filled with the essence of that which is described by the words and held by the buckets.

This Awareness indicates that without understanding the difference between words and realities that are hidden behind the words, entities cannot really understand the truth that they seek in playing with words, and many religions are simply a bunch of words which are likened unto empty buckets, and entities do not really know what the words mean, and although they can spout all kinds of religious terminology and Scripture, they do not have the essence of the spirit of which they speak.

Entities Who Parade Their Spirituality

This Awareness indicates that entities may find themselves carrying their buckets, their religious words from place to place, the way a man might carry some jewelry or something to show to others that he is educated or wealthy or important, thus you have

entities who parade their spirituality before others who present great pictures of spiritual essences. They do not truly feel the God Energy. They do not enjoy the essence of God's presence in their lives, yet they write "God" on their tee-shirt, or "God" on their forehead and parade around as if they know God personally.

Such entities are proud of their spiritual goodness, and parade their God-like essences to others for the importance it gives them, before their friends. This Awareness indicates that this kind of parading of religion or spiritual concepts is not the same as the union with the spiritual energies, and this Awareness warns entities not to try to find some way to build your ego on your spiritual development, but rather to build your spiritual development at the expense of your personal ego, for the personal ego is essentially the same as Lucifer, and you can't serve both masters.

The Secret of Spiritual Growth: Sacrifice Lucifer

You have to let go of Lucifer, you must sacrifice Lucifer and surrender yourself. Surrender Lucifer, your personal ego to the Divine Creator. This Awareness indicates that this is the secret of spiritual growth and evolution: surrendering your personal ego, the grand "you" the great bright shiny You; your own Grand Self must be surrendered to that Light of God. This Awareness indicates that most entities are reluctant to give up their own ego, or they give it up and turn around and say: "Finally, I've gotten rid of that ego! It was so frustrating! I am so proud of myself for getting rid of my ego!" and all of a sudden they are again with great ego.

Their pride, their egotism about getting rid of their ego may be even greater than before. This Awareness indicates that surrendering yourself to the Divine is not simply a one time action. It is an *eternal* activity.

This Awareness indicates that if the question that was asked was not answered properly or clearly, that it be re-stated. This Awareness appears to have gone off on a tangent somewhat.

QUESTIONER:

Well, the question was vague in the first place and I think Awareness straightened it out in a satisfactory way.

WHY IS COLORADO SPRINGS THE "SUICIDE CAPITOL"?

(Could Cheyenne Mountain and NORAD Be a Cause?)

QUESTION:

A question from Marylee Swanson, in Colorado Springs. She writes: "I have a question. My husband, son and I recently moved to Colorado Springs, Colorado, from Southern California, and it's so beautiful here; clean, clear air, peaceful and slower pace. Also, we are away from the violence, the negative vibrations surrounding California. However, I have noticed from the paper, a lot of young people die here, Thirties, Forties and Fifties. Read the following:"

Then she's got a little clipping out of the paper that says: "Adults commit suicide at a startling rate in Colorado Springs. It is the state's suicide capitol. In 1992, 362 people killed themselves in the city. More than 1,000 people have committed suicide in El Paso county during the past four years." And her question continues: "Do you think it has anything to do with the fact there are three Air Force bases here? One is NORAD in Cheyenne Mountain, possibly a testing area."

"When I read the enclosed article, something clicked, so I thought Awareness might help."

COSMIC AWARENESS:

This Awareness indicates that this appears to be related. It appears also that there are certain vibrations in the area; that these appear to be related to military activities, which have a subtle effect on the psyches of individuals. It appears also that there is a considerably large number of entities who experience loneliness and a kind of depression, partly because of the loneliness, and partly due to the vibration that this Awareness spoke of and that these tend to contribute to the difficulties and stress levels of entities which some entities are not able to cope with.

This Awareness indicates that entities do need to avoid depression, and can benefit from good combinations of vitamins and minerals and amino acids. That as long as entities feel fulfilled physically in terms of their physical body's needs and do not have erratic sugar fluctuations, in other words, the hypoglycemic experiences, and as long as entities have faith in the future and are forward looking in their plans, they are not likely to be candidates for suicide.

This Awareness indicates that entities who feel trapped in the area, who have experienced the loss of a loved one, or who feel psychologically and physically drained or who have certain deficiencies in their metabolism, vitamin/mineral deficiencies; these entities may be more likely to experience the kind of depression that would be triggered by those frequencies and vibrations mentioned to lead them toward a suicidal act.

This Awareness indicates that it is an area that essentially is cursed by the military activities in the location, but some entities are capable of experiencing the curse without effect, a kind of teflon attitude toward it, other entities are more subjugated by it. The vibrations being such that some entities feel a kind of unconscious dread and depression from those vibrations.

This Awareness suggests that entities who experience depression or feelings of hopelessness in the area should look at moving to a different location, at least 25 miles away from that location.

Are the Military Base Vibes Overpowering the Natural Tranquility of the Area?

FOLLOW-UP QUESTION:

Is Awareness saying that even though this lady says, "It's so beautiful here!" Clean, clear air, peaceful, and a slower pace than ever it was in California," is *It* saying that the vibrations from these military bases are overpowering the vibrations of the tranquility there?

COSMIC AWARENESS:

This is in the affirmative. This Awareness indicates also that tranquility is not necessarily a deterrent to suicide. This Awareness indicates that sometimes tranquility is a situation in which entities have more time to think or to focus on self, and to wonder what they are doing with their lives, and to feel more out of place or out of touch with others.

Tranquility allows entities a chance to be lonely, if they are inclined in that direction, or to be moody or to be depressed. Sometimes an entity who is of a nature that is easily depressed or bored or thinks too much in terms of self will find that if they want to snap out of it, they go somewhere, to a crowd, to a dance or to a party, and the activity of many entities

snaps them out of any self-indulgence of loneliness or moodiness or depression.

This Awareness indicates that likewise a society that is highly active and very demanding leaves little time for the entity to think about depression or become engrossed in moods and self-pity. Therefore, the entity, in a fast-moving society may be less inclined to suicide because the entity is too busy to think about suicide.

This Awareness indicates that this tranquility may actually play a part in the suicide rate. This Awareness indicates that of course, any entity in a tranquil place could use the time for some kind of special project: for writing, for developing art, or for doing something that the entity really would like to do, and this of course will keep the entity from experiencing depression or moodiness or any kind of self-indulging pity.

This Awareness indicates that it is what most entities would dream of, to have a place where they can be quiet, and think and write and create and do things that they enjoy doing. This Awareness indicates that as long as entities do keep themselves occupied with a pleasurable activity, they are not likely to experience any types of depression.

This Awareness suggests, however, if entities find themselves unable to cope well, and if they are having depressive moods or mood-swings, or self-pity, they should realize the area is part of the problem and should move away to some more active area, perhaps.

Wrapping Their Home in White Light (How to Do It to Protect You And Your Neighbors)

FOLLOW-UP QUESTION:

Vikki wants to know if the questioner, Marylee Swanson, living there, if she wrapped the area in White Light, if that would be helpful?

COSMIC AWARENESS:

This Awareness indicates this is always helpful to anyone, wherever they live, that they wrap their home, cover their home with White Light spheres, visualizing the light going above the home and down into the ground below the home, from all directions, and also creating a circle in a horizontal manner that goes around the home and then spin these circles so that they create three spheres.

Spin each circle to create three spheres from each direction; above and down, to the right and left and down, and horizontal to the ground, spinning these three circles, creating three spheres each so that there are nine layers of White Light around your home. This will give your home great protection for long periods of time. Every so often you may reinforce these spheres, either by repeating the action or at least by remembering that they are there. The remembrance of their presence reinforces them.

What White Light Does to Your Subconscious

This Awareness indicates so that entities can understand the potential value of the White Light, this Awareness indicates it is not so much what it does to your home, it is what it does to your subconscious that is effective. Your subconscious mind, creating these images of your home being shielded by these 9 layers of White Light, in a sphere surrounding your home cause the subconscious to recognize as a reality the presence of these lights.

The subconscious does not know the difference between that which occurs in the imagination and that which occurs in reality, and therefore, on a subconscious level, these spheres are real. They are nine

layers deep and protect your home from anything negative that might approach.

This Awareness indicates that you can wrap your car in White Light to prevent danger or accidents in this way, and you should also wrap your own body and the bodies of your family members in White Light. It is good also to teach your children and others of the family to use the White Light wrapping techniques, creating these nine spheres of Light as protection to yourselves.

This Awareness indicates that it is a powerful tool of protection, through the use of the subconscious mind, for the subconscious mind can have a powerful effect upon other subconscious minds so that if someone wanted to do harm, and walking down the street was looking for a home to rob or someone to harm, the subconscious minds of your own family members or yourself, even if you were gone from the area, would have an effect on the subconscious of that entity, to warn the entity away from your area, from your home.

This Awareness indicates it is simply a matter of dealing with subconscious energies, of yourself and of others, and when your subconscious creates these White Light protections, it wards off the subconscious energies of others so that they do not want to mess with you. They do not want to come in contact with the White Light if they have negative intentions.

Again: How to Visualize the Protective White Light

This Awareness indicates essentially, the Dark Force does not like being touched by the White Light of Divinity. This Awareness indicates again, to explain the wrapping of White Light, visualize three hoola-hoops, one going North and South, the other going East and West, the other being horizontal or flat toward the ground, but half-way up the height of the other two.

Spin each of these three times, making three spheres for each hoola-hoop. Spin them so that they go up on one end, down on the other, and back up and down, et cetera, until three full spheres have been created. This Awareness indicates that these are not half-spins, they are full spins, so that one end or one position of the hoola-hoop goes a full 360 degrees rather than just 180 degrees.

The full spin, three times around for each of them, creating three spheres each so that there are nine spheres, these are simply done mentally in the mind, but do these so that they cover the entire home, or you can do it to cover your entire land also, if that is desirable. Do that also for your car, your automobile and for your body, so that if your automobile or your body leaves the home area, it carries its own subconscious shield of White Light.

This Awareness suggests you may think of these in terms of the type of shields described in *Star Trek: The Second Generation* wherein they have shields to protect their ship, for these shields that are mentally placed around yourself protect yourself from the invisible dark forces that may be projected towards you from angry people, hostile people, or people who would simply harm you for no reason at all.

This Awareness indicates that *It cannot over-emphasize the importance of protecting yourself with White Light shields in these dangerous times today, for these shields are indeed powerful. Anyone who has used them will acknowledge that when properly placed, they do not allow negative forces to penetrate and harm you.*



More on That Spiritual Evolution Question

(CLOSING MESSAGE:

This Awareness appreciates the questions that were asked. It appears these questions as being very thought-provoking in the sense that they were well thought out and have much value to many entities. This Awareness indicates that it was a pleasurable experience dealing with some of the concepts provided in these questions and this Awareness wishes to encourage others also to send questions.

What Brings Cosmic Awareness Greatest Joy

This Awareness indicates that *It's* greatest joy in communicating to entities has to do with assisting them in understanding the nature of spiritual energies and how they may enjoy these energies and find closer attunement to these energies.

Other readings may have greater importance to individuals in terms of giving them certain knowledgeable material, but this Awareness most enjoys the opportunity to give information on the spiritual evolution and energies involved in helping entities to better understand these vibrations and frequencies.

More on Spiritual Evolution: The Day of Brahma

This Awareness indicates that there is one other message that was a response to a question that was not quite answered. This Awareness indicates that the entity asked in regard to physical, spiritual and soul energies. This Awareness indicates that *It* wishes entities to understand that all of these are part of the spiritual evolution; that the physical energies are also evolving, and eventually, will rise in frequency to the point where the material world itself totally dissolves as the energies go back to the Creator.

This has been referred to as the Day of Brahma, whereby every so many hundreds of thousands of years, or so many millions of years, the physical universe returns to a center of extreme Light and from this eventually it explodes and goes outward and cools and makes matter.

In other words, the material universe is the result of the Breath of Brahma, incoming and outgoing. It is also that which Hoyle describes as the "Big Bang" in science, wherein the universe explodes outward. But the explosion creates the matter of physical reality, when the parts of the explosion begin to cool.

This Awareness indicates thus the cooling creates material form. This Awareness indicates that along with this, there is the soul creation, which is essentially a magnetic center of thought-forms and energies, carrying concepts, memories and ideas from place to place as this collective soul travels through the time and space continuum, in and out of physical form, and this also is evolving. The soul evolves, and there is that which is known as the spirit.

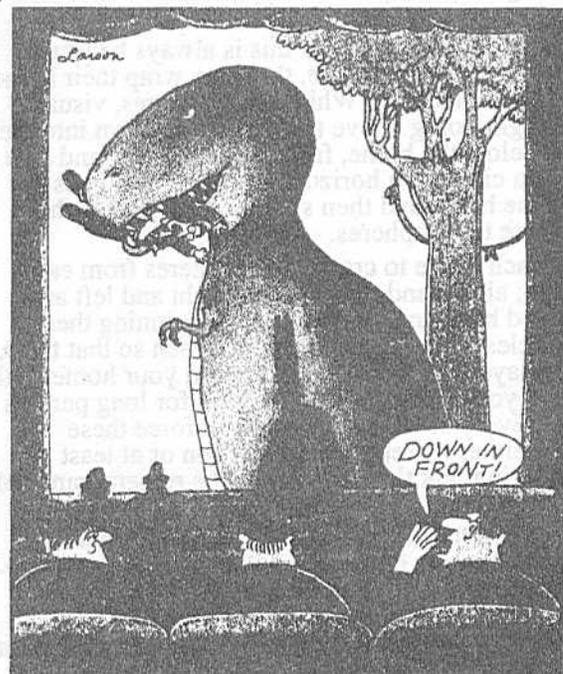
The spirit is that which does not evolve, because it is already evolved. It is everywhere present. It is the Akasha or the Breath of God. It is also the love of God. It is the Life Force of the universe, of the entire creation. It is everywhere present. It is in all matter, and it is in all space. It is more or less the screen on which everything is presented. It is that which holds the forms and shapes and vitalities and energies that are called God's Creation.

This Awareness indicates that entities who want to evolve at an extremely high rate may do so for a few brief moments by surrendering to the frequencies of the Spirit, the highest frequencies in the universe, giving themselves to total surrender, by becoming nothing in terms of self, and merging with the frequencies of Divinity, the frequencies of God, the frequencies of Love, the frequencies of Universal Consciousness.

How to Experience Cosmic Consciousness

By surrendering to that Universal Consciousness, an entity will find that his or her body seems to be part of the entire universe. By laying aside mind, emotion and feeling, and merging with the universe of Cosmic Consciousness, or Universal Consciousness, one's body simply becomes something there, which is likened unto everything else that is there, but which is filled with and floating in the sea of Cosmic Consciousness, and when entities can shift their focus from self and physical things to witness the consciousness that is everywhere present throughout the universe and that focus on that consciousness becomes more real than the material realm that fills and floats in the consciousness, then the entities indeed can enjoy for a few brief moments, that which is Universal Consciousness, or Cosmic Consciousness, or Divine Consciousness.

This Awareness indicates that this comes about through surrendering of self to the Divine Consciousness.



At the Vatican's movie theater

VISIT THE TEMPLE OF LIGHT IN YOUR DAILY MEDITATIONS

Deposit your energy in this cosmic Bank. Withdraw it when needed for healing or personal use. Keep in touch with CAC when you start getting results!

WHY ARE MEMBERS HAVING STROKES?

(Most CAC Members Believe They Are Living Right)

QUESTION:

We've gotten several letters lately from members who've had strokes, and they don't understand why they've had them, and they thought they were living right and taking supplements and so on, but this particular message was E-mailed to us the other day. It's sort of representative of others so I'll read the whole thing here and we'll probably get enough information on strokes that we can send this copy to others who have strokes recently.

He writes: "I am sending you this letter for a good friend of mine. He has been a long-time member of yours since 1977. His name is Allen Uillyot, in Manitoba, Canada. He is not well at the moment, as he had a stroke at the end of 1999. He is quite distressed and wanted me to E-mail his message. Here is his letter. You may reply to his address, or if you E-mail your reply, I will take it to him in the hospital.

"Letter to CAC: I'm utterly alone since I've lost Awareness. I've had a near-death experience in March. On December 16th, 1999, I had a stroke that put me paralyzed on my right side. I don't have Awareness, because part of my brain is affected. I cannot meditate anymore. Without Awareness in my life, I am utterly alone, and am asking for advice on what to do.

Please let me know what happened. Please let me know what I can do about it. After dedicating all my life for 35 years to Him and channeling Him, I now have no companion. I don't know how to go on. I have been a long-time member since 1977 and I've been a devote follower of Awareness.

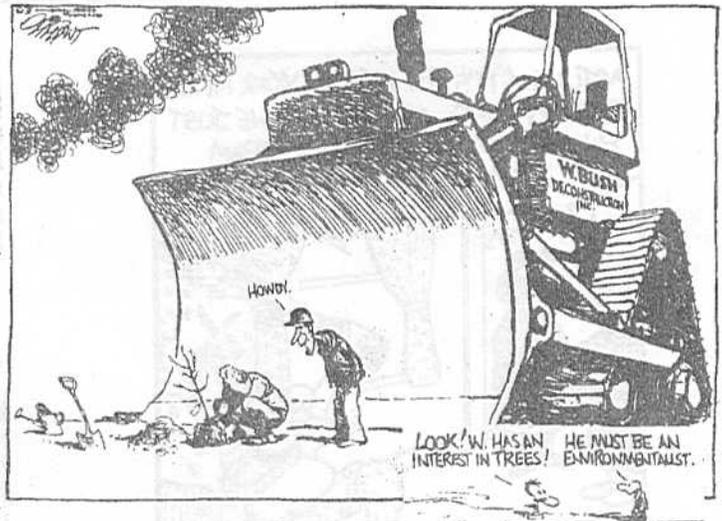
Since then I've had Awareness in my life and he has helped me, consoled me and helped me meditate and been my companion. I've relied on Awareness for everything in my life. To be suddenly shut off from him is devastating. I am in mental torture, not being able to communicate with him any more. I've been trying to reach him, but I can't get the left side of my brain to get through to the right side.

When I thought I was dying I was utterly alone in a tunnel. Awareness was not there. This doesn't make any sense to me, because I've always known the existence of Awareness. I know positively He exists because He's talked to me and directed me in my life in many ways. My understanding is that I met Awareness on the Other Side and joined him so that there was no more separation between Him, and I was Awareness myself, rather than there was Awareness and myself. I became Awareness.

Does this mean I have to handle all the problems myself? Is this His plan to see if I can do it myself? Awareness has left me to overcome my stroke and paralysis by my own means. I don't know. I find it very difficult to do so. I cannot contact my constant companion for advice or help. That is my problem. Whenever I had a question, he answered it.

I spent most of my daylight hours meditating on him. We were like two peas in a pod. He became my best friend. Did I assume too much? Did I not show him enough respect? I don't understand the blackness of my dreams and thoughts and some of them are very terrible. My thoughts are so horrible, it's as if I'm on an opposite world. It's a struggle without Awareness.

I'd like to share this with other people who have had strokes, so that they can do something about it. I know I had Awareness! What is the meaning of having this stroke? Why all the despair, trying to live in half a



body? I can't do anything now. All my life I was a narcoleptic, half asleep, not knowing what was going on around me. Now, why this stroke that cripples me physically?

Awareness has taught me that there is a reason for everything, but he's not here to help me, to explain what is happening now. Am I ever going to be aware again? Did Awareness cast me out? Am I going to be in hell like this forever? I've contemplated suicide so many times, but I don't want to make the situation worse than it is.

Prior to December 19th, 1999, I was getting healthier. I expected to be a helper to Awareness, to be a demonstrator for what is coming up, and I did believe that. I felt joy in my being. It overflowed. I still feel God coming into my heart. I don't understand it any more. Why can't he contact me? I feel that I am Awareness now. Please, Awareness, tell me what to do!

The other side of my brain seems to be working, but the right side of my brain is not working since I had my stroke, so that some of the nerves are affected. I can't seem to bring both sides into focus. I just need his help. You healed me before, many times! Please hear me! I'm waiting for your reply. Please pray for me. Thanks to all the CAC members. Bless you all!" And that's his letter.

His reference to Awareness as "He" is rather strange, but...

COSMIC AWARENESS:

This Awareness suggests that there is both a personal aspect to this entity's predicament and a general aspect of stroke in the human experience. This Awareness suggests at the universal level, indeed, all experiences have meaning and despite the misunderstanding of the limitations of the human mind, that each experience has been chosen by the entity for a specific reason.

This Awareness suggests that oftentimes entities need to be reminded that the physical experience is but a small portion of something much bigger and much grander and that there is a message about connectedness and relative isolation which comes from the stroke experience. On a personal level, this entity has connected with the energy of This Awareness, recognizes It as an aspect of himself, and yet still questions his separateness and his isolation from that force.

Join the worldwide meditation
For World Peace
Every Friday at 9:PM
Details On The C.A.C. Internet Domain:
<http://www.CosmicAwareness.Org>



This Awareness suggests, however, that the entity also recognizes that he experiences God in his heart, and that therefore, there still is a connection to the Higher Aspects of consciousness with which this entity allies. This Awareness suggests that it would be most beneficial for this entity to summon the faith and the emotional resonance of trust and love and communion through the experience of God through the heart, and use this empowered energy to visualize the reconnection of the neural fiber in the brain structures that have severed the connections so recently.

This Awareness suggests that the fear and isolation of the belief in disconnection is discouraging the neural networks from rerouting and the brain to recover from the stroke experience. This Awareness suggests that regardless of the physical condition, the connection is pure and strong between the entity and This Awareness and that the experience of isolation and frustration is yet a challenge to overcome, as part of the spiritual challenge regarding the 7th chakra.

This Awareness suggests that specific physical exercises that create a joyous physical and emotional movement experience and specific vocalizations can improve the neural networks compromised by the stroke. This Awareness suggests also that as with regular such activity, it will become easier and more successful to regain the meditative states and alternate manipulations of consciousness as the neural networks reestablish themselves.

This Awareness suggests that there need be no fear of disconnection. There need be no fear of the physical limitations of being housed in a human body, for such is the nature of the physical experience and at the entity level there is laughter and mirth over the struggles of the personality and his mind, with such a conviction and fear that separation has occurred.

This Awareness suggests that the faith in the ultimate connection shall replace the fear that creates the illusion of isolation and tremendously increase the blood flow and the neural restructurings that are now necessary. This Awareness suggests that the peace experienced in the heart can be manipulated and mobilized throughout the mind and body through the activities recognized, but that most essentially for the entity to recognize that it is

indeed impossible to be disconnected; that such a recognition and realization can lift the pall of negativity and grief that is slowing down the recuperation process; that This Awareness is with this entity and that the healing energies of the community shall go forward, and the entity has only and merely to open and receive and accept them with the faithful understanding and the loving inspiration that they have never been missing.

AS EARTH'S VIBRATIONS RISE, SHARE YOUR EXPERIENCES WITH OTHERS

CLOSING MESSAGE

This Awareness suggests that the membership might benefit from an exchange and sharing of experiences and energy shifts thus far experienced in the new millennium. This Awareness suggests that there have been many subtle and many dramatic experiences, and that the sharing within the Cosmic Awareness Communications community can be beneficial in refocusing energies toward the positive, optimistic, empowered creative abilities and away from the past historical confusions and fears and disempowerment of a consciousness which no longer exists.



—HOW TO GET THIS NEWSLETTER BY MAIL— EVERY 4 WEEKS! (More or Less)

REVELATIONS OF AWARENESS is a cosmic newsletter, published by Cosmic Awareness Communications, P.O. Box 115, Olympia, Washington, 98507, U.S.A. (A not-for-profit organization). Membership fees and donations are deductible from your Federal Income Tax. Try to remember Cosmic Awareness in your will if you wish to have these messages preserved and available to others in years to come. ("How many have you served, and how well?" is the question we will all be asked at the Passing Over).

MEMBERSHIPS AVAILABLE (Honor System!)

INDIVIDUAL: \$42 per year or \$12 quarterly
 FAMILY: \$52 per year or \$20 quarterly
 CONTRIBUTING: \$77 per year or \$25 quarterly
 SPONSORING: \$144 per year or \$40 per quarter
 BENEFACTOR: \$500 per year or \$150 per quarter
 PATRON: \$1000 per year or \$250 per quarter
 ANGEL: \$5000 per year or \$1500 per quarter
 LIMITED INCOME: \$30 PER YEAR OR \$9.00 QUARTERLY

To that Cosmic Awareness family out there....

Happy Valentine's Day!

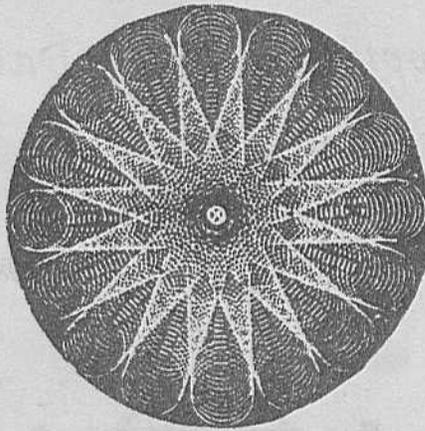
"We Love You guys!"



The Editor and Vikki T
Toasting the New Year
And CAC's 30th Anniversary
this February 10th—Valentine's Day

Cosmic Awareness Communications

P.O. Box 115
Olympia, Washington 98507



Memo from Vikki T.

HAPPY VALENTINE'S DAY 2001 !

New members had no way of knowing about this, but back in 1981, we put together a booklet of "Love Letters to CAC." It has 13 pages and a collection of 137 letters from CAC members and if nothing else, it's fun to read as a 'blast from the past' and it shows you what our Cosmic Awareness family, people like yourself, really feel about Cosmic Awareness, its projects and its philosophy and urgent messages of that time.

So just in case you're low on "warm fuzzies" about now, we have this booklet available for \$3.00, including postage and handling.

And speaking of "warm fuzzies," any love offerings in honor of Valentine's Day (or for whatever reason--we're flexible) will be warmly accepted.

Sincerely,

Vikki T.

ORDER FORM

Dear Vikki T. Yes, please send me a copy of your "Love Letters to CAC." I enclose the \$3.00. Many thanks.

Name _____

Address _____

City _____ State _____ Zip _____

If you feel inspired to add a Love Offering in honor of CAC's Valentine's Day, please indicate the amount and whether you want me to send you a receipt. Thank again!

\$ _____

- Please send a receipt
- No receipt necessary

Cosmic Awareness Communications
PO Box 115, Olympia, Washington 98507 USA

Vikki, I feel that I have been with you, Avaton and Paul on an unbelievable journey. So long. So far. So bizarre. It is hard to share. No one could understand it. You three have had a profound influence upon my life. Is there anything that I can do for you? Name it. It is done. Would you give my love to Avaton and Paul and Bill, too. I am enriched by his sharing. Of course I send my love and gratitude to you. H.C., Palatine, Ill.

Dear friends at C.A.C....I just wanted you to know that the reading on suicide arrived in my mailbox the day I was planning to depart this plane. I had very carefully planned the event, had all the loose ends tied up--even to how my body was to be disposed of. My final thought before I was to jump was to read what Awareness had to say about suicide. I am deeply grateful and eternally in your debt that this material arrived when it did. I literally owe you my life. I have since taken a good look at myself in light of the Awareness material, and the light within which I had thought had sputtered out, has leaped into a living flame of joy. I have been released! There is no way, absolutely NO way I can thank you people and Awareness enough. Sincerely, W.T., Los Angeles.



Please save this document for possible future use

PSYCHIC TAROT READINGS NOW AVAILABLE TO THE MEMBERSHIP

(Revised Prices and Information as of February 2001)

You can get any and all your personal questions answered from the CAC psychic Tarot reader, Will Berlinghof. Will has been doing psychic readings for many years; in fact he makes his living this way.

Will is a Canadian, a long time member of CAC and was living in England when the CAC staff met him in 1990 during a visit there to meet with our members. He took them on a tour of some of the most mystical spots in England: Stonehenge, Glastonbury, Bath, and all those places where King Arthur and the Holy Grail legends originated.

Now Will is back in Canada giving readings. He works with his wife, Peggy, and channels information when he lays out the Tarot cards and she asks the questions you send in.

In addition to answering specific questions you mail in, Will also offers full **Life Path Readings** or a **Past Life Reading** (full one-hour readings that combine Tarot and channeling on a cassette tape). You will be amazed at the amount of information that comes through. You will find out what you wanted to do and accomplish in this lifetime when you programmed it before you entered this plane, and the past life information will tie into this and in all probability, your life will begin to make some sense.

Will also specializes in personal questions that arise in your daily life, which you will find most helpful, such as: changing jobs, moving, selling or buying a house, relationships, potential lovers, health, money and love, etc. For any important decisions, it is wise to check out the cosmic aspects before deciding.

NEW RATES

\$18 PER QUESTION. The answers to 2 questions will be typewritten. Three questions or more will be tape-recorded on cassette tape).

A full Life Path Reading or a Past Life Reading (Full one-hour readings that combine Tarot and channeling on a cassette tape: \$90 which includes postage and handling.

Payment can be in cash, check or money order. Please

Make payable to:

Will Berlinghof

PO Box 63188

2604 Kensington Rd.NW

Calgary, Alberta, Canada T2N 4S5

Please allow 2 to 3 weeks for your reading to be given as Will has an extremely busy schedule. Thank you.

Note: Postage to Canada is 60 cents (U.S.) for up to a one ounce letter.

Vikki T says: "I just love Will's readings; it's like seeing a movie play and you're the star! I would recommend his readings, especially the Past Life and Life Path forms. He's especially good on tape, and these are faster for him to do as well. So if you want to give yourself a treat, try him out."