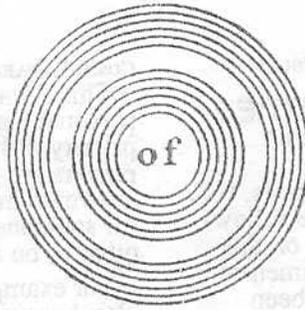


Revelations

The Cosmic Newsletter

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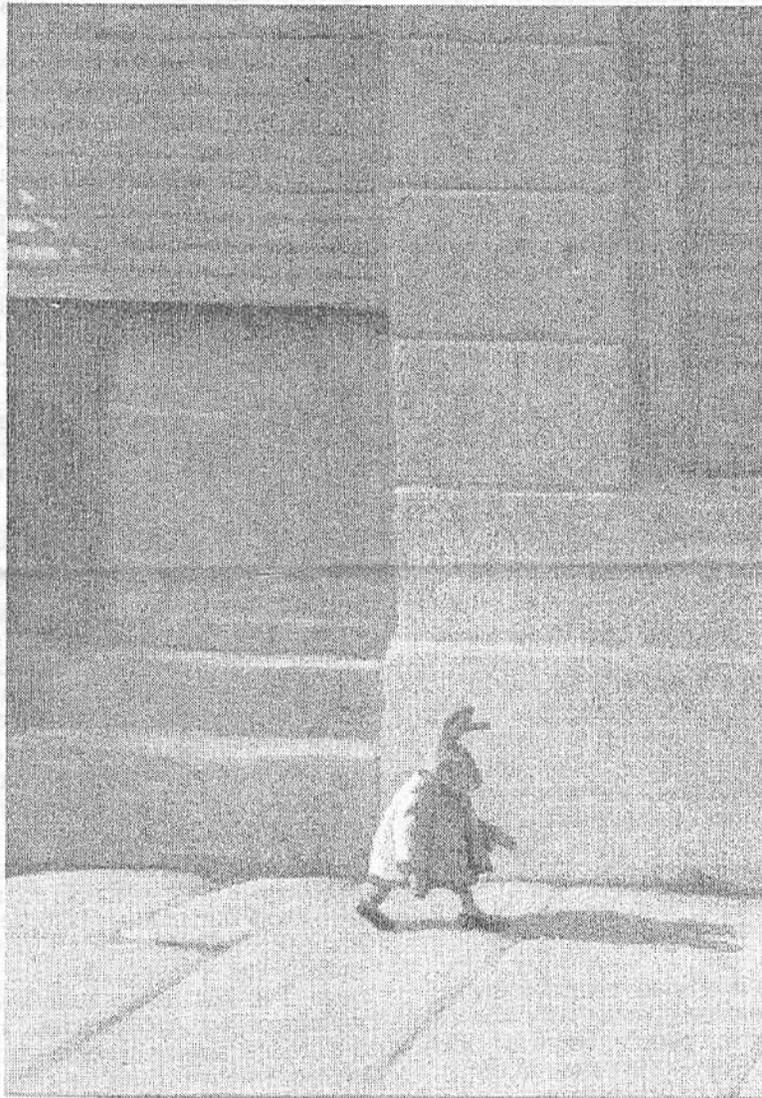
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HOW ANGELIC BEINGS HELP ENTITIES (An Unexpected Thanksgiving Dinner Manifests)

QUESTION:

A question from Pura Anderson, Jamaica Estates, NY. She writes: "Can you please ask Awareness the following? Regarding angelic beings helping entities on this plane; are these angelic beings from another dimension, or from a higher plane? Entities claim to have been saved, carried and provided with a meal by these angelic beings.

"One story touched me. A divorced mother of two have no food for a Thanksgiving meal, just three hot dogs. Returning home with her boys she was greeted by a loving old woman. This woman insisted the three join her for a meal. They ate a grand meal, taking leftovers. The next day she went downstairs to thank the woman, only to find the apartment had been vacant for months.

" Can Awareness share *Its* insights?"

COSMIC AWARENESS:

This Awareness indicates that these angelic beings can take on the form of physical entities. They generally are from higher dimensions. This Awareness indicates the concept of planes and dimensions is often confused in that essentially the word "plane" is often used to describe a different dimension.

This Awareness indicates that dimensions have to do with frequencies or vibrations as do planes. The distinction is not such that there is really much difference in the way the words are used. This Awareness indicates that there are dimensions that are higher in frequency than others and these are often referred to as higher planes. This Awareness suggests that it is more a matter of syntax than reality of any differences involved.

This Awareness indicates that angelic beings essentially are beings of a higher frequency from a higher dimension and these entities mostly have the role of being present in some level for moving energies to and from different dimensions. Their general role is to help bring energy from higher dimensions into this dimension as far as the earth is concerned, and a secondary role is to assist individuals. That is not their primary role.

QUESTION:

How often, roughly speaking, does this occur, that these higher beings assume a physical role and do a good deed, as used in the example?

COSMIC AWARENESS:

This Awareness indicates it is relatively infrequent, but it is something that does occur, particularly wherein there is a real need by deserving people. There are often problems that entities have. That is the nature of the physical earth dimensional realm; for entities to have difficulties and to learn from the difficulties they experience, and most of the time angels do not interfere with these lessons of life, they simply let the situation take its course.

This Awareness indicates, however, on occasion they interfere, where there is some situation in which entities are not the cause of the problem, and there is no lesson they are learning, wherein they are simply suffering from some situation that they don't really deserve to suffer from.

In such situations there is sometimes the intervention of angelic forces.

Prayers Angelic Beings Might Accept

FOLLOW-UP QUESTION:

Do they usually appear without the entity having to pray to them or ask for that type of help?

COSMIC AWARENESS:

This Awareness indicates that when a prayer is for personal benefit, these prayers are not regarded as high priority. Where it is a prayer for someone else, these prayers are given higher priority and are likely to be answered more freely, depending on whether the prayer for someone else is really based on a concern for the other or on a concern for oneself.

For example, an entity may be praying for someone else, because they wish to capitalize on the energies of that other person and hope the other person is able to somehow benefit them if they pray and improve the other person's life. This kind of prayer is not necessarily given the highest priority.

Children's Prayers Are Given Special Attention

This Awareness indicates that prayers essentially call attention of the angels addressed to the needs of the individuals for whom the prayer is intended and the angel determines whether to put forth the energy necessary to help make the changes for that person for whom the prayer is intended. This Awareness indicates that children's prayers are given special attention by angels because of the general innocence of the child, but other entities, older, may also have certain innocence that deserves special attention as well.

This Awareness indicates that wherein an entity is knowledgeable, has the ability to take care of himself or herself, but through negligence or lack of sensitivity or through greed or some other error in character fails to attend his or her needs, then, in a situation resulting from this character flaw finds himself or herself in some kind of trouble, and decides to pray for help; this kind of prayer is not given the highest priority.

This Awareness indicates in some instances these will be answered if the angel senses that the petitioner is indeed sincere in wanting to not only gain from the prayer, but is ready to change his or her life and live a better life. The angelic force may then put forth the extra effort necessary to answer the entity's prayer.

This Awareness indicates in other words, if there is a sincere need and a sincere remorse for mistakes, and the entity has learned the lessons intended by the situation, the angels are more responsive than if otherwise.

This Awareness indicates you must understand that the angels have only sufficient energy to work with a certain amount of miraculous responses and unless they are highly energized by the petitioner, given energy for this miracle that is sought, they are limited as to what can be done. This Awareness indicates the energizing has to do with emotional, subconscious and spiritual energy directed to the angelic being from the entity or groups of entities who are petitioning the angel for help.

FOLLOW-UP QUESTION (VIKKI):

It must have taken a lot of energy to not only manifest as a physical being, but everything surrounding a dinner, and a place where it was really empty, but appeared to be inhabited.

COSMIC AWARENESS:

This Awareness indicates that it appears that there was a different scenario that occurred; one wherein the angel worked on someone to set up this situation and the elderly woman was more or less hired.

This Awareness indicates that it appears in fact, that the landlord was made aware of the situation of the family, and participated in an anonymous setting wherein the elderly woman either volunteered or was hired to create the situation of the dinner, and wherein the dinner and invitation was all more or less an anonymous gift to the family.

This Awareness indicates that the angelic help was in influencing these entities, rather than manifesting itself as an elderly woman and filling an apartment with furniture and goods just to give an appearance of a dinner. In other words, it was not a mirage or scene from a holodeck or hallucination. It was actually set up for the family by someone who did not wish to appear as an overly generous person because the entity did not want to have a relationship that made him seem to be an easy touch, or an especially vulnerable person to the needs of the family.

This Awareness indicates that it appears it was simply a one-time gift, based on the entity's own desire to do something nice for that family, partly because of the children, and to a lesser degree for the parent. It appears the entity was very much concerned about the children, and chose this action. It was also from angelic guidance influencing the entity toward this action.

How Do Prayers Manifest?

QUESTION:

In regard to prayers, a question from Michele Bodine, Santa Fe, NM. She asks: "I would like to know how prayers one sends family members, friends, Mother Earth and all creation are manifested for them? Is it sent in the form of love and light energies, which I request, that can be accepted or rejected by the individual?"

"And what about the prayers for Mother Earth and all creation?"

COSMIC AWARENESS:

This Awareness suggests that the first part of the sentence, at the beginning of this question, be repeated.

QUESTIONER:

"I'd like to know how prayers that one sends family members, friends, Mother Earth and all of creation are manifested for them?"

COSMIC AWARENESS:

This Awareness indicates that every individual who is living on earth has consciousness. The entire universe is permeated with consciousness, and that consciousness is in different frequencies. The highest frequencies are those of the Divine, and when entities issue prayers, the frequencies are directed toward the Highest Divinity that they can conceive of generally, and the prayers, because of the frequency which the entity focuses on when sending a prayer, will go to that frequency level that is intended by the petitioner.

This Awareness indicates this is equal, metaphorically, to turning a radio dial to attune to a certain station. When the vibrations of your radio turn to a certain frequency, it picks up the broadcasts. There is a unity or harmony, or resonance to that frequency from the radio to the broadcast station frequency.

Likewise, when you direct a prayer to a higher spiritual being, you are turning your frequency, seeking a harmonious resonance with the Divine to whom you are addressing. It is the *intent* that helps to link the frequencies from yourself to the frequencies of the Divine, and when you and the Divine reach a harmony in terms of frequency, and the vibration between your frequency, the frequency of your intended message and the frequency of the Divine to whom your message is addressed, are the same; there is a channel open for the message to pass through.

This Awareness indicates that when this channel is open, it is likened unto the frequencies being attuned and the message is carried in this manner from one place to another, or from one plane to another. This Awareness indicates in other words, it is not the words that are said,

it is the intention and the frequencies that are sent which carries the message of a prayer.

FOLLOW-UP QUESTION:

Would a recipient of the prayer have a good feeling or something when they receive it?

COSMIC AWARENESS:

It depends what the message carries in the prayer. The recipient may feel a good feeling, a blessing, or the recipient may simply receive whatever the guardian angel or Higher Force wishes to send to the recipient as a result of the energies sent to the Higher Force from the petitioner.

This Awareness indicates the recipient is not necessarily going to have feel-good energies from someone's prayer unless perhaps the prayer itself was designed to or requested for the recipient to feel good.

Prayers for Mother Earth

FOLLOW-UP QUESTION:

In the last part of Michele's question: "What about the prayers for Mother Earth and all creation?"

COSMIC AWARENESS:

This Awareness indicates that this energy then goes to Mother Earth and all creation as an amount of energy that has been made available from the petitioner. When an entity petitions a prayer for a purpose, energy from the petitioner is directed to that purpose and the energy spreads and goes to that purpose intended.

This Awareness indicates it may go first through an angelic or Divine Being and move into a higher frequency or dimension before reaching its intended purpose. If it can be moved into a higher dimension it will gain greater value, greater ability to make alterations.

If it does not go through the Higher Being, if it is simply a focusing of energy from an entity to a particular situation, the energy being focused may not change into higher frequency levels, and may simply continue on the same energy level as it was when it left the petitioner.

Can Saint Twinkle Answer Prayers?

QUESTION:

Some years back Awareness created a thought-form called Saint Twinkle, and asked entities to energize it for a while. Now, if today, or perhaps at some time in the future, with more energizing, if a person on earth beseeched Saint Twinkle, or prayed to Saint Twinkle for something, perhaps to do a good deed for somebody; would Saint Twinkle be able to respond?

COSMIC AWARENESS:

To the degree that energy is available for Saint Twinkle to respond. This Awareness indicates that for entities to send energy to Saint Twinkle for a particular purpose helps to magnify the energy that they are sending through the imagery of Saint Twinkle. If Saint Twinkle were energized in the way that some Catholic Saint or spiritual hierarchy Ascended Master might be energized, then Saint Twinkle could be more able to increase or magnify the amount of energy that a petitioner might send for a particular purpose.

This Awareness indicates if, for example, the Pope were to recognize Saint Twinkle and mention Saint Twinkle's ability throughout all of Christendom, the Saint could pick up enormous amounts of energy very quickly, and your prayer to Saint Twinkle then would produce a greatly magnified result. The energies you send would then be magnified enormously, toward a particular end or answer to your prayer.

This Awareness indicates of course, this is all hypothetical, but the purpose in discussing it is to explain how spiritual energies work, how angelic energies relate or fit into the relationship of the equation of mankind and spiritual beings, and of prayer in its activity and usefulness.

How Effective Are Saint Christopher Medals?

FOLLOW-UP QUESTION:

I know of people that carry around Saint Christopher medals and I guess they pray to him for protection, and you also see crucifixes and little images of Jesus hanging from rear-view mirrors of cars, which I assume is to protect the entity driving in the car. Is there anything at all to this type of thing that's related to saints who get energies of prayer, like from Catholic people around the world and make them reflected into a type of image, like a medal, for protection, or is this all in their own mind?

COSMIC AWARENESS:

This Awareness indicates that it is a combination. When you believe in something as a protector, it assures the subconscious that you're better off now because you have this protector. This Awareness indicates that is of the mind, but there is also the energy sent to the protective symbol or object which is real energy, and as it is used repeatedly or extended further, the energy becomes part of a general situation, particularly when you are asking that energizing to be for a specific purpose.

Thus, you are sending X amount of energy to a spiritual being and asking for guidance in some particular affair. The X amount of energy going through this particular being may magnify as $X + 30$ or $4 \times X$ or some other amount, and the entity then energizes a situation to cause the greater effect to result from your prayer.

NEGATIVE ASPECTS IN ONE'S NATAL CHART: DO THEY BECOME INACTIVE AS ONE'S SPIRITUALITY GROWS?

QUESTION:

Sharon Kane, in Roselle, Illinois, writes: "I had a question that Awareness almost answered in the last newsletter, but not quite. (that was issue # 94-15) Do certain negative aspects in one's natal chart, as well as negative transits become inactive as one advances spiritually?"

COSMIC AWARENESS:

This is in the affirmative. This Awareness indicates that, for example, the energies of Uranus are generally, in astrological terms, described as sudden and explosive, and when coupled with a negative aspect to Mars, relates to potential violence. Of course there is always the house that is aspected also for further definition of the results of such aspect, but if an entity is more highly evolved, rather than this becoming an explosive, negative, violent temper tantrum or something of that nature, or an accident of a violent nature; rather than this happening, a higher being, a being who is more spiritually evolved, can tap into higher values of Uranus.

This Awareness indicates the higher values of Uranus have to do with intuition and altruism, and when there is a square then to Mars, which has to do with energy and steel and the militia or militaristic or violent activity, if the entity's attunement in spiritual levels is higher, then Mars becomes an energy. It works through the adrenaline. Thus, you have an adrenaline energy square to altruism and intuition, which creates a kind of sudden insight coupled with or square to sudden energy, wherein an entity might be quite capable in some competitive activity, such as sports or some other area

which requires extreme explosive or extreme sudden insight, either mentally or physically, so that the energies, instead of becoming a violent situation, become a sudden realization or a sudden change, perhaps evading an accident rather than having the accident by sudden split-second realization and response.

This Awareness indicates that in other words, the Uranus/Mars Square for one person could be an indicator of a sudden accident or a certain explosion. For another person it could be a sudden realization and a sudden response to avoid the explosive situation. Perhaps the entity just out of instinct or intuition knows that something terrible is about to happen, and takes a quick sudden action just in time to avoid the problem.

Higher and Lower Aspects of Neptune

This Awareness indicates in other words, when entities evolve spiritually, they raise their horoscope effects from lower experiences into higher experiences that can be much to their benefit over the lower levels of experience indicated by the horoscope. Lower aspects of Neptune have to do with drugs, defections, theft, dishonesty, confusion, insanity; higher aspects of Neptune have to do with beauty, art, spiritual music, the worship of soft wonderful feelings and concepts and images of the highest religious experiences.

In other words, higher aspects of Neptune can relate to the higher experiences of Christian worship. It is of course unprovable, therefore it is very altruistic and imaginative, but these higher feelings of Divinity that entities experience with Christian mysticism may be a kind of opiate for the masses as described by Lenin, the Communist; but at the same time, they are not on the gross level of opium or other drugs. They are indeed higher feelings, higher experiences.

This Awareness indicates the lower experiences of Neptune are more dangerous and degrading than the higher levels of Neptune, for an entity who evolves spiritually tunes in to these higher aspects of the planetary influences, and gains a much higher degree of benefit from influences that might be quite difficult for those who are spiritually unevolved.

This Awareness indicates do to your horoscope's accurately, in terms of interpretation, you should consider the spiritual evolvement of the person if possible, and use the higher qualities of the planets and signs to determine the probable effects more accurately. Or, if the entity is not highly evolved spiritually, you can give warnings of the lower interpretations of the planetary and sign aspects so that you better serve the entity according to the level the entity is most likely to respond to in regard to the planetary aspects.

Warn Entities of Negative Aspects in Their Horoscopes

In other words, if you wish to do a horoscope, you may wish to warn those entities having negative aspects to be careful of certain negative qualities and help to avoid those negative effects of the negative planets or planetary aspects, by becoming more attuned to the higher qualities of the planets.

In other words, if you see the Neptune, or Mars/Uranus Square, warn the entity to become very altruistic during this time and not to make demands on others, but be willing to give up and sacrifice self to some degree, until this cycle has passed.

Otherwise, the entity might fall into triggering the lower aspects of the astrological influences.

Prayer for Balance

Start your day and end your day by saying the following aloud:

I AM ONE WITH ALL THAT IS!

Thank you God

Birth Control Medicine for Teenagers

QUESTION:

A question from David Ross; he sent it in twice. He writes: Since we had the World Population Conference in Cairo a short time ago, and teen-age pregnancy is a bigger problem than ever before, I think this would be a really appropriate time to ask Awareness about birth control medicine." Is there such a thing as birth control medicine?

COSMIC AWARENESS:

This Awareness indicates the term "medicine" is very broad. The entity may be referring to the French abortion pill; the name is not seen clearly. RU something or other; a number follows. This Awareness indicates that the use of medicine to prevent childbirth may be what the entity is asking about. Is there such a thing as medicine to, for example, kill the urge for sex?

This Awareness indicates that could be created, if not already available, but it does not appear there would be much market for such a product. This Awareness indicates if the entity is speaking of childbirth medicine, medicine to help during the delivery of children, there is quite a bit of this in terms of drugs for the mother to help in delivering the child. Some of this is not to the best interest of the child or the mother because often the child gets as much of the drug as the mother and can be damaged if there are side-effects to the drug.

This Awareness indicates that it is somewhat unclear as to what the entity means by childbirth medicine.

Various Contraceptives On the Market

FOLLOW-UP STATEMENT: (VIKKI):

I believe what he was asking for was Awareness's advice as far as the most effective birth control method that could be used now as a contraceptive.

COSMIC AWARENESS:

This Awareness indicates that there are certain herbal formulas that are not very effective. There are rhythmic practices that are only as effective as entities are disciplined, and these are generally prescribed by counselors and family planning groups. There are standard birth control pills. There are recently introduced birth control pills for men. These have not been widely spread among society as of yet. And there are the condoms for men, and recently, for women.

This Awareness indicates that the birth control pills for women have been around for quite some time and are generally well accepted as effective for many years, however, that does not necessarily mean that they are the best available contraceptives at this time, rather it means that they have been proven effective for a long period of time than any of the others.

This Awareness indicates that contraceptive pills for men have not yet had much of a test, nor do they have any track record to speak of for proving their efficiency. This Awareness indicates it appears that the contraceptive pills for women, at this time are probably the most reliable and carry the most proof of reliability. This Awareness indicates that condoms tend to be less reliable, but run a close second.

This Awareness indicates that condoms for women may become more commonly used in the future, but can be misused whereby the woman wishes to entrap a man through childbirth if she decides to use this device in a way that gives an appearance of safety, but whereby she can sabotage the safety factor of the female condom, but this is likely to be quite rare, and likewise, men could also misuse the condom if the man wishes to impregnate the woman against her will.

Therefore it is a matter of whether you can trust your mate to be what you want your mate to be, just to have sex. This Awareness indicates that there are many factors to consider and caution is always the main factor; being sure that whoever you are intimate with is a person you would be willing to live with and commit to, before getting carried away to the point of having sex.

This Awareness also has not discussed AIDS, but this has been discussed elsewhere to the point of near saturation, wherein entities wishing to pursue this should have no trouble finding further information on avoiding AIDS or other diseases.

The Pope of Rome is Responsible: What to Do? (Why Many Young Girls Want to Get Pregnant)

FOLLOW-UP QUESTION:

Awareness, isn't the bottom line for most of these pregnancies and having unprotected sex, the result of the Pope of Rome and his policy of No Birth Control, and scaring his flocks around the world into believing they'll go to hell or purgatory if they defy his dictum on this? Isn't this basically the problem, and the solution would be for the Catholics of the world to petition the Pope or kick him out if he won't change his attitude on that particular subject?

COSMIC AWARENESS:

This Awareness indicates that essentially you are correct about the problem for most pregnancies, but there is also the undisciplined sloppiness of some entities who are neither Catholic, nor concerned about meeting some religious standard. They are simply sloppy. They do not care, or maybe they wish to entrap someone into a relationship through the use of sex and childbirth.

This Awareness indicates that many of these entities want a child so they can get welfare. It is a ticket to a career with the government playing the provider in their lives, and this is another major factor in the relationship between entities. But it is true that the Catholic influence on many entities has resulted in unwanted children or childbirth.

Kicking Out the Pope Will Never Occur

This Awareness indicates a solution of that suggestion to kick out the Pope is perhaps one solution that some might feel would be beneficial, but this Awareness suggests it is totally impractical, it is not going to be done; it is simply a hypothetical expression of hostility toward that entity for his particular stand, which is perhaps not appreciated by many entities but it is not going to happen.

Therefore, it is also out of the hands of teen-age girls and boys, and the ultimate responsibility comes down on them to search for the truth to determine for themselves if they are willing to have sex, are they willing to accept the children of the sex? or if not, are they willing to avoid the situation producing children by using contraceptives?

It is something that they need to think hard about, because society is not going to get rid of the Pope, and if the Pope were to die, the next Pope would reinforce the same concepts. It is traditionally part of the Catholic religion, and tradition is very hard to break.

This Awareness indicates that it is simply a matter of entities determining whether to stay with tradition and risk the probability of having children from having sex, or break with tradition and use contraceptives if they are going to have sex. This Awareness indicates that it is a dilemma caused by tradition and also caused by progressiveness, allowing children these freedoms of exploration whereby the children are socially fed by television

and by parents being out of the home at work so that children are influenced more by their own peers than by their parents; these problems are part of the times, of the times that are in transition.

Many Changes on This Plane Affecting Sex and Young People

There are many changes occurring on this plane. As a result, the changes that are affecting sex and young people are having an influence on society and on the birth of unwanted children or on relationships that are developing from sexual intercourse rather than from love and a growth of a relationship based on respect for each other that matures before sexual intimacy.

This Awareness indicates that this was the traditions that are being broken, and the results are many children being born out of wedlock, or to those who are not ready for rearing the children, those who have no funds, no occupation, and no ability to commit to a family. This Awareness indicates that childbirth is often a problem, but it should not be a problem because everyone knows how it happens.

Contraceptives may be a potential solution, if everyone uses contraceptives, even in spite of the Pope, but since not everyone will use contraceptives, other areas are still in flux. Traditions are being broken, while other activities are being allowed, and entities will continue to have problems until something focuses on the problem sufficiently to allow entities to think clearly, to recognize the urgencies involved. Older people, whose sex drive has diminished considerably, are quick to demand celibacy of the younger people, but they have no solution as to how to prevent these younger people from being celibate since they are driven by the hormones of youth, and by the sex drive of youth, and it is as though they want to punish them by making them have children for not being celibate.

Many Parents Expect Government to Pay For Unplanned Kids

It is also a problem that young people do not respond well to the concept of celibacy, and they expect the rest of society to support them in their youthful mistakes, thus they have unplanned-for children. "Let the government pay for it!" They are used to their parents taking care of them. They are not old enough yet to understand full responsibility for their actions, and therefore, they think the government should pay for it.

The parents, of course, are opposed to letting children be too expressive and to get into these problems, but when they do, they too expect the government to pay for it. "Pay for my child's pregnancy! Pay for my child's rearing of her child!" This Awareness indicates that no one wants to take full responsibility, especially the young people, yet they end up with the child, and someone needs to take responsibility for the child.

The parents of these children who have children would like the government to pay for their grandchild and their child until they get on their feet financially, but because the child with the grandchild has never worked at a job, has no experience, and needs to deal with her child, and that in itself is a full-time career, the government is seen as the answer. Otherwise, the parent would have to raise the child and the grandchild.

A Solution: Let the Parents Raise the Grandchild

This Awareness suggests that this might be the ultimate answer; let the parent raise the grandchild, along with their own child until their child is able to get a job. This Awareness indicates that after all, it is the job of a parent to raise the children to be the best that they can be; to be productive and to learn to be responsible, and if they did not raise their child to be responsible and their child becomes pregnant, then perhaps it is their obliga-

tion to continue working with their child, rather than dumping the problem onto the government.

This Awareness indicates that parents can then reconsider whether they wish to promote contraceptives for their children, or wish to deny them contraceptives, if they in fact realize that they could be responsible for their child's pregnancies. This Awareness indicates the male child also should have responsibility for any child he fathers so that both grandparents from both sides take responsibility until the children are old enough or are educated enough or are capable of getting jobs sufficient to let them raise their children properly.

This Awareness indicates that once these entities are able to function as a family, then the grandparents should be relieved of their obligations. This Awareness indicates that this is a way to handle the problem, if entities wish to take the obligation off the government. Otherwise, expect it to be paid by society's taxes.

Tax the Movie Makers That Exploit Sex and Influence Children

This Awareness indicates there also could be an extra tax placed on moviemakers, movie companies that exploit and promote careless sex in movies, who influence children in that behavior, for they too play a role in pushing children into early sex. This Awareness would call it "irresponsible" sex. There could also be tax cuts for movies or movie-makers that promote a more responsible attitude toward sex.

QUESTIONER:

Perhaps television also.

COSMIC AWARENESS:

This is in the affirmative.

Using "Menstrual Regulation" to Sell Abortion

QUESTION:

One last question from Catherine Walters, Canton, Ohio. She writes she got literature in the mail that tells that "Planned Parenthood is using "menstrual regulation" to sell abortion in a culture which opposes it. When you miss a period within 14 days and before any pregnancy is detected by a test, a clinic, funded by Swedish doctors is doing this to avoid legal and social sanctions. Does Awareness see this as coming into America? And wouldn't this be better than what is being done now?"

COSMIC AWARENESS:

This Awareness indicates that it appears to be in the affirmative, in both questions. It would be better because it would occur earlier in the pregnancy, very quickly after the conception and that would be better than waiting for a fetus to develop.

Awareness Suggests File Class-Action Lawsuits Against TV and Movie Makers

CLOSING MESSAGE:

This Awareness indicates that unprepared for child-birth and irresponsible sex is to some degree the result of television, movies and pornography in the society, and it *does* damage society to the point where people must pay taxes for these unprepared for children. Wherein parents cannot take care of their children, society must pay taxes to care for these children.

Since the pornography, movies and television and advertising companies contribute to the atmosphere of loose sex, they are damaging society. They are influencing young people even moreso than cigarette advertisements or liquor advertisements, and such advertisers have been sued in some class action suits, for damages that have been caused.

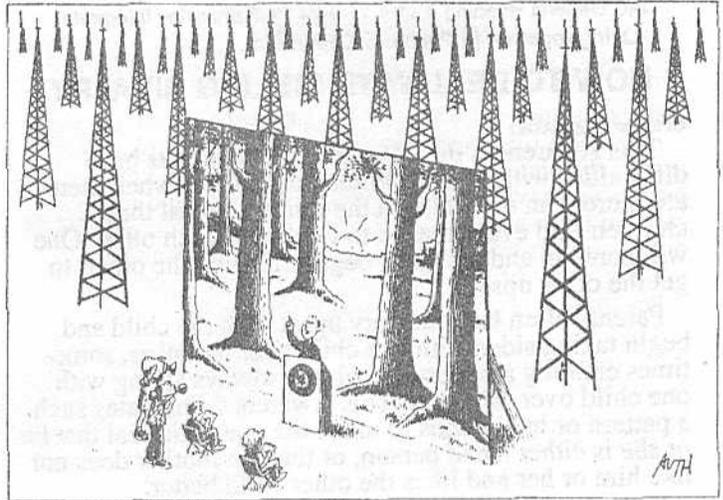
Therefore, This Awareness suggests that it appears class action suits against pornographers, movies, television and advertisers who use loose sex as part of

their money-making efforts should also be subject to class action suits by the people who have to pay tax on these unprepared for births, caused from the loose sex and the attitudes of loose sex that have been promoted by the movies, television, advertisements and pornography industries.

This Awareness suggests that entities may wish to contact Congress people or lawyers or someone to help get such suits considered, and also to get a tax increase on those industries, and also to give tax cuts to any who can show that they have promoted more responsible sex in their influences in society.

This Awareness indicates it appears that the best approach would be to promote the idea of a tax increase or a tax cut, depending on how these industries affect or influence responsible or irresponsible sexual behavior, and entities would have every right to make such objects and demands since they are paying for these Welfare mothers. They could also make demands on young men involved in such relationships, to assure that these entities have some responsibility in raising the children of their wild-oat sowing projects.

(The Law of Gratitude is given)



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WHAT IS COSMIC AWARENESS?

COSMIC AWARENESS is the Force that expressed itself through Jesus of Nazareth, the Buddha, Krishna, Mohammed, Edgar Cayce and other great avatars who served as 'Channels' for the 'Heavenly Father' and who speaks again today as the world begins to enter the 'New Age' of spiritual consciousness and awareness. Since 1963 Cosmic Awareness has been communicating through carefully trained channels. This information is for those who desire to help in bringing in the New Age. Throughout the thousands of 'Readings' given through these various channels, Cosmic Awareness tells us not to believe anything, but to question, explore, doubt, and discover for yourself, through your own channel what is the truth. Cosmic Awareness will only 'indicate' and 'suggest'. Neither C.A.C. or any of the Interpreters is responsible for anything Cosmic Awareness states in any of these readings, nor does C.A.C. or the Interpreters necessarily agree with the statements of Cosmic Awareness. The interpreters interpret the energies as they see them in trance levels and are not personally responsible for what is said. The interpreters published herein have no connection with, nor control over the editorial comments and material, including illustrations. This is entirely the responsibility of the editor. Members of C.A.C. are invited to send in questions of general interest to ask Awareness for possible publication in this newsletter.



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Living together in Peace...(Continued)...

HOW TO DEAL WITH SIBLING RIVALRY

OPENING MESSAGE:

This Awareness indicates that often parents have difficulties with their children, particularly when there are more than one child in the family, in that these children find every reason to fight with each other. One will come in and instantly begin irritating the other, to get the other upset.

Parents often become very upset with the child and begin taking sides with one child over the other, sometimes creating a pattern or habit of always siding with one child over the other. This Awareness indicates such a pattern or habit tends to make the one child feel that he or she is either a bad person, or that the mother does not like him or her and likes the other child better.

This creates a greater sibling rivalry than before, because the one child then has perceived hostility toward the other based on what he perceives as being the mother or father's dislike of him or her. This Awareness indicates that once this kind of perception begins to function in the child's consciousness, his or her behavior may become even more difficult in regard to the sibling rivalry.

This Awareness indicates that as time passes with this kind of competition between the child, the situation can gradually grow worse and worse and make it so that the parent cannot handle the children at all, and the parent then quite often becomes the more abusive of the three.

How To Break a Negative Pattern of Behavior--Like Fighting

This Awareness suggests that there is a way to break this pattern of behavior on the part of the children and on the part of the parent. This Awareness suggests that when you feel you are ready to grab a child and spank the living daylights out of the child, instead of doing so, this Awareness suggests that you go up to the child, put your arm around the child that you would love to spank, and instead tell the child: "Okay you guys, let's do something fun!"

And then grab the other child in the same manner and say, "Let's go for a walk!" or "Let's go out to the park!" or "Let's do this, or that!" or "Let's read a story!"; something to give the children the feeling that they are getting special treatment. This Awareness indicates you will be surprised at how quickly they respond favorably to you and stop fighting with each other.

Most of the time children are fighting with each other they are simply trying to get your attention. They want your attention, they *need* your attention, and they cannot seem to get it in a favorable way, so they think of ways to get it in a negative way and this of course is disturbing to you. It is also painful for them, but some attention, even of a negative nature, is better for these children than no attention at all, at least, that is how they feel.

This Awareness indicates that you will be surprised at how it changes the whole relationship when you go over and hold the child lovingly that you would really like to spank. Instead of spanking the child, instead of becoming hostile to the child, instead of yelling at the child, hug the child and see what happens. Note what happens because you will be utterly amazed at how the child suddenly switches to become more cooperative.

This Awareness indicates of course, if the child is exceedingly angry and you try to hug the child, the child may reject you. This is a natural thing on the part of an angry child. Just as you would perhaps do the same thing if you were having an argument with your spouse, and

you were very angry with your spouse and he or she came up and tried to hug you; you might take it as an insult or as trying to calm you when you had something you wanted to express by way of anger.

This Awareness indicates that in other words, if the child is exceedingly angry at you, it may not be as effective. It may work, but it may not, but this Awareness is suggesting when you are angry at the child, instead of venting your anger, suddenly turn it around and express love toward the child and you will be surprised at what occurs favorably for you and your relationship with your child.

The Same Thing Will Work When You're Angry At Your Spouse

This Awareness indicates the same may be said in regard to your spouse. If you are extremely angry at your spouse, instead of expressing your anger, do something sweet, do something nice. You may be surprised at how quickly it changes the total situation.

This Awareness indicates that when you have done this a few times and have seen the results, it can actually change your way of relating to your spouse or to your children and you may find yourself becoming a much more mellow person, finding more love in your life and less hostility.

This Awareness indicates that if at times your affection is rejected, do not necessarily conclude that it doesn't work. You may need to repeat an affectionate expression. Perhaps you need to give the other a little more time, and then at some time later again do something nice for the person, expressing affection.

It is something to experiment with. Among the various tools of expression, it is nice to be able to experiment with something that allows a reconciliation to occur instead of always trying to win by force.

Defusing Anger With Random Acts of Kindness

FOLLOW-UP QUESTION (VIKKI):

Along a similar vein, a kind of transference technique I found to be very good, for me, anyway; where if one person has done something that has hurt me or upset me, and that person isn't very reconciled with; if I go and do something: random acts of kindness, a kind of nice surprise for some other person, it makes me feel better and it breaks the pattern of the negative.

COSMIC AWARENESS:

This is in the affirmative. This Awareness indicates sometimes a person is carrying anger about some event and they cannot really do anything with the anger they feel. Rather than continuing to carry this around, the action of doing something kind for someone, either a stranger or someone you know who is not involved in the situation that caused the anger; it will help to relieve the anger.

Some Pass Anger By Kicking Their Cat or Dog

This Awareness indicates if you carry anger around with you toward one person, you may find yourself expressing it toward another, or toward your dog or cat. You become angry at someone and find yourself kicking your cat, or expressing anger toward your dog. This is not uncommon for many entities, and it is very common for entities to pass their anger from one deserving party to someone, or some animal that does not deserve the anger you feel.

This Awareness indicates therefore, instead of expressing the anger you feel toward one party toward your dog or cat, it might be better for you to sit down and give your dog or your cat strokes of affection.

Feeling Affection From Your Dog or Cat Alleviates Anger

You will notice that you also feel affection from your dog or cat, which helps to alleviate the anger you felt toward someone else, and likewise you can do this to some other friend or associate or to a stranger, giving some nice affection to someone and in return receiving appreciation can help you to overcome the hostility and you may have felt toward someone else earlier.

The Short Attention Span of Children

(Some Suggestions on How to Deal With It)

QUESTION:

A question from Joan Howell, in Arabi, GA. She writes: "Maybe sometime you could ask Awareness about the short attention span of children these days. They just get started on something, then they lose interest. When my grandchildren are around, it's quite a challenge to keep them entertained. Is it just my grandchildren, or are all the children this way? I was wondering how to meet the challenge!"

COSMIC AWARENESS:

This Awareness indicates it is *all* children who are subject to short attention span. If you will notice, television shows geared toward children have very short scenes, very short limited story-lines, with much change and excitement to constantly grab the children's attention. Without this kind of attention of constantly shifting scenes, the children become very bored very quickly.

This Awareness indicates that children need variety, and do not have much training or discipline in terms of focusing power. They do not focus well in any kind of activity for long periods of time.

This Awareness indicates that it would be helpful if entities could learn to focus long; this especially in regard to children, so that they hold their attention on something for longer periods, but this Awareness does not see this as being an easy action or training for children, and perhaps games could be created to help children keep the focus, and if so, this would be very beneficial for children to learn at an early age, for they could increase their skills in school and learn the rudimentary disciplines such as reading, writing and arithmetic much more quickly if they had better concentration.

Lighting a Candle and Staring at the Wick Teaches Concentration

This Awareness indicates however, it is not likely to occur without someone making a great effort to help children in their concentration and focusing disciplines. This Awareness indicates the exercise of lighting a candle and staring at the wick, where it touches the flame, and watching it burn down without taking your mind off of this point between the flame and the wick helps entities to develop concentration, and helps them to develop their focus and the holding of the mind on a particular focal point. It is an excellent training for concentration, that develops concentrative powers very quickly.

If you are to do this with a child, you must be very careful that the child does not have an opportunity to play with candles without adult guidance because the child can begin to think of fire as a toy, and think that since you and he or she has used this focus concentration procedure, it is all right for him or her to light a candle and do it on his or her own, or with a friend. Such action could be dangerous for children.

This Awareness indicates that if there is *any* possibility that a child could do this on his own, it would be better to avoid the use of a candle. You could instead create a video of a candle burning and play it on your

television screen, so that the child and you stare at the candle on the television screen. This would be something the child could use on his own, so that he could practice, concentrating even if there were no adult present to guide him or her.

This Awareness indicates that there are other possibilities that might be similarly effective, such as staring at a blade of grass, watching it blow in the wind, counting how many times it wiggles or bends in the wind. This Awareness indicates that this is not likely to be as effective a tool for learning concentration as the act of staring at a candle wick, but it can help to some degree.

Making Work Seem Like Fun to a Child

(How To Give Children a Sense of Purpose and Value)

FOLLOW-UP STATEMENT (VIKKI):

One approach I've found that seems to work really well when I'm baby-sitting is involving the kids in a project where we work together like, "What could we do for mommy and daddy while they're gone that they would like?" and get them involved in simple projects like cracking nuts, or shelling peas, or washing windows, doing things that are not necessarily important how you do them, but you're working together.

COSMIC AWARENESS:

This is in the affirmative. This Awareness indicates that when you and children can work together, it makes work seem like fun to the child. It makes them feel important to be able to do something constructive with another adult, something that is needed and appreciated by others.

This Awareness indicates that this is very important to a child's self-esteem, to realize that he or she can do something that is worthwhile that is appreciated by others, and to do it with someone who is an adult and who knows how to do it makes it even more fun for them.

Not only is it fun, but it is also important and it is something that usually brings praise to the child. It helps them to learn to enjoy doing things constructively, and this is a very important aspect of a child's upbringing when they feel they can do something constructively for attention and for appreciation.

Why Children Want to Mess With Their Environment

Most destructive behavior of children is really just an effort to do something that gets attention. If it's negative attention they feel it is better than no attention at all. This Awareness indicates that children, if you will notice, have a kind of obsession to mess with their environment.

If they enter into a perfect environment, they will want to mark it up or break something, or move something to a different place. It is their way of affecting their world, and they want to alter their world as if they were trying to make a mark on their world to show they were there. If they can alter the environment, it proves that they are a force in the environment, and they feel they have some expression or purpose for being and therefore, most children are constantly messing with their environment, either for good or for ill.

If you can help them mess with the environment in a way that improves it, so that they are doing something constructive, they will begin to recognize what is constructive and what is not, what is favorable and what is not, and they begin to understand the value of doing something good and worthwhile, as opposed to doing something negative and destructive.

This Awareness indicates that some children may find a positive expression by making cookies, wherein they

ask you to help them make cookies, and they feel very proud when they have made a batch of cookies that others can enjoy. This Awareness indicates that this is very healthy for children, to do something of a positive nature, and they appreciate the guidance that entities can give them in this regard.

Teach Children How to Make Cinnamon Toast

They love to learn to do things that are constructive. The action, for example, of making cinnamon toast may be of great joy to a child, to find a way to make sugar and butter and cinnamon on toast taste so good, and once they learn this action of making cinnamon toast, with butter smeared on and little sugar, and a little cinnamon, so that they can present it to their mother, father, guardian, or brothers and sisters or friends, and it gives them a sense of being a force for good, of being able to do something for others, to give them pleasure.

This Awareness indicates that this kind of action for children is very simple and yet very pleasing to them. This Awareness indicates that there are many ways that entities can help children to have a sense of purpose and value. The child can help in cleaning the yard, or planting in a garden or picking vegetables or fruit from the garden or cleaning the porch or sidewalks. If the adult is with them, it is always fun. If they are forced to go out there and told to clean up the driveway or clean up the yard, and they are forced to do it alone, on their own, it does not seem nearly so fun for the child. It is more of a punishment than an invitation to work with the adult.

Therefore, it is much better if you can offer the action of "Let's go clean the yard!" or "Let's go clean the sidewalk!" "Let's go clean the driveway!" for if they are working with someone, it makes them feel like they're special, and they love to help. If they are forced to do it alone, or where you act as a supervisor, then it is more of a slave/child experience to them. They feel imprisoned or coerced and the fun does not occur for them. It is felt like a punishment, rather than as an enjoyment.

Getting A Child Into Creative Projects ("What Would Mommy and Daddy Like?")

FOLLOW-UP STATEMENT (VIKKI):

One other constructive activity that the kids almost always seem to be ready and willing to do is creating cards and artistic pieces for the parent, and an interesting thing that happens, especially if you don't know the child too well, is when you ask them: "What would mommy or daddy like?" you get into a whole new level of what their mind perceives as being good things to do.

COSMIC AWARENESS:

This is in the affirmative. This Awareness indicates that they can be very creative in these actions as well as being very constructive, and it helps not only to occupy their time, doing something constructive, it also helps to encourage their behavior to do these things even on their own.

It may not occur easily if they are not encouraged into it, but after they have been encouraged to do this enough times, and wherein an adult participates with them in the project, they gradually get to the point where they do it on their own, even without the adult being involved, and then they find ways of occupying their own time in a constructive manner.

This Awareness indicates another action would be washing the windows. Of course, this will need to be supervised, especially the first few times. After awhile, they may be able to do this without supervision, depending on how tall the windows are, how difficult it is. If it

is too difficult, they can be encouraged to wash the lower windows, up to "this" high, some height that they can easily reach. You can inform them that you will do the taller windows.

Making Household Chores Enjoyable

Another action that children often enjoy is learning how to water the indoor plants, or even outdoor plants, or water the garden, or water the lawn. They love to play with water. They may need some supervision in this regard.

It also helps to show them how to feed the animals or the bird, or the fish, attending to your pets. This can be something quite enjoyable for the child. Another thing would be helping to show the child how to fold the clothes, when taken from the drier, that the child may help to put these clothes in the drawers after they have been folded.

Children enjoy any kind of activity where they are given special attention from an adult, and feel that they are doing something worthwhile that is appreciated. You must be very careful not to be over-critical. You can show them how you want the clothes folded, but if they don't fold them right, instead of getting angry at the child, or making the child feel that he or she isn't doing it right, you can simply either put the folded clothes away and change it later, or you can show the child how to make the fold a little better.

You can say, "That's good. I kind of like it folded this way. You have them inside-out and I like them outside-out, and folded like this! Can you do it this way?" Thus, you are showing the child how you like it done, without saying that the child's way was wrong.

This Awareness indicates it is very important not to get someone to help and then criticize the help they give, for it simply persuades them not to help if they are constantly criticized for the help they give.

Invest in Crayons and a Ream of Paper (Creating Contests For the Kids)

FOLLOW-UP STATEMENT (AVATON):

Probably the best thing I have heard for children to keep their attention is a good stock of crayons and a ream of paper, and assign them and show them something outside or tell them a story and then ask them to depict the story or what it was they saw outside, and have a little contest, and afterwards, pin the works on the wall and a committee of the children decides which is best after each kid describes what he was attempting to do.

And the winner gets a prize of say, two cookies, and all the other kids are runner-up prizes and they get maybe one cookie each, but I've seen that this works. Children will spend hours with these crayons working with them on the papers, and if this lady wants something really to keep their attention for a while, I would suggest she invest in that.

COSMIC AWARENESS:

This is in the affirmative. This Awareness indicates that contests of this nature are sometimes very helpful for children because it tends to pull the very best they can do from them. This Awareness indicates this is especially beneficial when the children are close to the same age or talent level.

If, of course, one child is three years old and others are eight to ten years old in a contest, it is going to leave the three-year old lagging far behind and never able to please, and it could cause the younger child to feel inadequate. Therefore, the contest is not necessarily beneficial for children where there is a great talent or

age discrepancy. This Awareness indicates that you may wish to create several contests, one for the three year olds, if there are more than one, and one for the eight year olds or ten year olds, so that these entities do not feel inadequate for not being the best in their group.

It is also important that when you do select a winner, that those who are not winners are still given great appreciation for their effort, and let them know that this time they didn't win, but maybe next time they will. That you can't be perfect every time, and the person who wins one time is not necessarily going to always win.

If children learn this, they know that there is a time when they may win and they do not need to get discouraged at having lost this time. The danger of contests is that sometimes the losers label themselves losers for all time after only having lost once.

It is good to inform children that *no one* is a loser unless they give up and quit trying. It is also good to allow in future contests that those who lost before have an opportunity to win later. If you always pick a certain child as a winner, this can be very devastating to the constant loser.

This Awareness indicates it is also beneficial to help the child who is inadequate to give special attention to help that child improve his or her work, so that he or she is not always going to be inadequate.

In other words, if you can help the child who is inadequate in his or her artistic efforts, then this child, with your help, can eventually become a winner, and this helps the child to learn how to succeed after losses, so that a loss is not necessarily a sign of incompetence or stupidity, or inadequacy. It is simply a sign of not having put enough into the effort and needing help and getting help so that the child can develop skills to be competitive with others.

This Awareness indicates some skills, some activity of children can be best expressed without the competition of a contest, and it is not always necessary for the children to be in contest with each other, but whereby the child puts forth an effort and you look at the effort the child put forth, ask the child: "What was it you were seeking to do here?" and let the child explain his or her intentions.

Recognize Humor and Artistic Expression In a Child

This Awareness indicates, for example, if the child draws a wiener-dog and puts two feet in front and two feet in back, and two more feet in the middle to hold up the sagging stomach, does this mean the child is mistaken or is wrong so that you give the other child who draws a different type of wiener-dog with only four legs an A, and you give this child an F because he or she put six legs on the wiener-dog?

This Awareness indicates that there are some teachers who would do that, but if you are truly sensitive to children, you might see that the child who drew the 6-legged wiener-dog is simply expressing a sense of humor, showing that this dog needs another set of legs in the middle to hold up his sagging stomach.

This Awareness indicates that in recognizing the child's sense of humor instead of punishing the child or degrading the child by saying that his drawing is wrong, you inform the child: "How clever! You have a good sense of humor! This is a good cartoon dog!" and you also credit the other child who only gave four legs to his or her dog.

"This is very good! It's a very good drawing of a wiener dog!" This Awareness indicates that in other words, each of these entities is expressing their creativity in a different way, but each is precious. Each needs to be

encouraged and recognized for their clarity and understanding and one for his or her sense of humor.

WHO ARE ALL THOSE "BABY BOOMERS"?

QUESTION:

A question from Elaine Amaron, in Spain. This is in another area now. She writes: "No doubt many of your members are baby-boomers like me, and would be interested about what Awareness has to say about that generation and its significance, especially now as we approach middle age with its attendant anxieties.

"Who are all those extra souls who came to earth at that time? I know the surface reasons, the end of the war, et cetera, but wonder about the deeper factors involved? It seems to me that we are special, and not just because there are more of us, though that alone must be important. I'd be thrilled if you could ask Awareness about this.

"For example, the music of the Sixties, the effects we're having now and in the future. I find it an exciting generation to belong to."

COSMIC AWARENESS:

This Awareness indicates that the generation preceding the baby-boomers was a generation that experienced the tragedy of World War Two, and the music of that generation expressed the longing, the separations, the loss, the suffering that this generation endured as a result of World War Two.

Many of the entities in that generation lost their loved ones, either through death or through unrequited love, and expressed their hurt through song. The songs of the Forties and Fifties were often ballads of sorrow, even ballads of self-pity, and some of these were very beautiful laments. Some were too much of the lamenting quality.

In Music A Joyful New Sound for The 60's

At some point, the baby-boomers expressed their frustration with that generation and its music by getting a new sound, a sound that did not portray self-pity or lamentation, but simply a joy of love, a joy of being in love with life and with each other.

For example, the song *I Want To Hold Your Hand* as sung by the Beatles, is an uplifting enjoyable expression; there is very little lamentation involved. This Awareness indicates there are many of the baby-boomer songs that express this kind of shallow nonchalant expression of love, wherein there is a joy without deep sorrow or deep heavy emotion being expressed.

Some of the baby-boomer songs did express some sorrow or loss, but it appears that quite a number of songs of the baby boomers, particularly in the Sixties and Seventies, expressed a great sense of joy in life. Therefore, in terms of the music, the baby-boomers started a new trend away from the sorrow that was expressed from the generation that experienced World War Two with all its tragedy and suffering.

Baby Boomers Are Reincarnated Victims of World War II

This Awareness indicates in terms of the people known as the baby-boomers, these entities born shortly after or during World War Two, particularly after World War Two, many of these entities are reincarnated from the victims of World War Two. They died in great numbers.

They suffered greatly before dying, and yet, they come back alive with a new start, and a new sense of beginning and joy at being alive and particularly at being free from war and violence, and thus, these entities have a

new lease on life and they wish to experience and express the freedom and the joy and the pleasure of life.

This Awareness indicates that there is a different kind of exuberance wherein the earlier generations are hesitant, paranoid and fearful after having experienced the tragedies of World War Two, the New Being of the next generations are more exuberant, excited about the energy they feel toward life, and they do not have the kind of apprehension based on experience of tragedy and suffering so they look to each other and look to the world, and find more to cheer about.

They March In Objection to Nuclear Threats and Vietnam War

They see the threat of nuclear war. To them it is something that should not be, and they are quick to express their opposition to this threat. Thus, they march in objection to the Vietnam War, or to threats of nuclear war. They are courageous in that they know they could be killed, but they also realize on a subconscious level they were killed in World War Two, and yet they came back to survive and start again.

They do not want to live their life under the threat of annihilation, so they are not afraid to march for what is right. They are not afraid to object to the threats of nuclear war. They are not afraid to object to the wars that are occurring in their world and these baby-boomers know that they are a force that can be beneficial in bringing about a new kind of environment, a new kind of political reality and a new kind of world in which to raise their own children.

It is not that they see the older generation as being wrong. They simply see the older generation as lacking in the vision, as being afraid to let down their guard, afraid to put down the power they feel is necessary in order to keep peace or win peace.

The Baby Boomer's Vision of Peace VS the Older Generation's

They see peace as something that develops out of love and compassion for one another, whereas the older generation sees peace as something that comes from winning over an enemy, and therefore, the older generation, in developing all of its weapons of war to win a peace are actually the threat to peace, as seen by the baby-boomers.

This Awareness indicates the baby-boomers see the peace as something that must come from entities relating to one another across cultural differences, across borderlines, across nationalities and across racial and cultural lines, linguistic lines, and economic lines.

This Awareness indicates that in some ways, the baby-boomers are even naive in believing that peace can be so easily won, for in these diverse cultures across these national lines, in these conflicting ideologies, there are still competing forces that are willing to go to war to spread their doctrine.

Baby-Boomers Often Naïve About Defense Against Tyrants

This younger generation with its naive hope and belief that there is no need for defense against conflicting forces, would, if they had their way, totally disarm all of the nations within their power, and feel the world would be safer, but those who went through World War Two and saw the rise and fall of the Nazis and saw how quickly a power can rise to spread its ideology, its hatred and its barbaric hostility onto others, these entities are not so quick to disarm, are not so easily persuaded that communication is the absolute key.

They see also that having the ability to defend militarily an aggressive adversary is also part of the equation for peace. Absolute power, they recognize, can be extremely dangerous, so they do not wish to disarm themselves and let their adversary gain absolute power,

and they see the entities who believe peace comes with flower-power as being somewhat naive, even if they are well intentioned.

Shifting Positions Between the Older and Newer Generations

This Awareness indicates fortunately, as the one generation grows stronger and older and gains more maturity, the older generation that is cautious, that is careful about giving up security is still able to have an influence in the world, and the security is given up gradually as the new generation grows more responsible and takes on some of the careful attitudes of the previous generation.

This Awareness indicates that in other words, the new generation and the older generation begin to shift positions slightly as the older generation fades and the newer generation comes into power. Your baby-boom generation now has its place, recognizes its responsibility in keeping the peace and is no longer flippant and naive about disarming totally and this new generation now is aware of the potential danger of tyrants that can rise out of the political arena with an agenda that is totally hostile toward human decency and values of peace and goodness.

This Awareness indicates that with the understanding that these negative forces can rise in power, the new generation that seeks peace, but has recognized the potential for entities to misbehave, has adopted a sense of conservative caution in regard to disarmament, in regard to letting their guard down. They do not now feel as comfortable about letting their guard down all the way, as they may have felt 20 years ago, or in the Sixties, when they marched for peace without reservation, or in the Seventies when they sought total disarmament.

Baby-Boomers And the New World Order

(Many Are For It, Many Against It)

FOLLOW-UP QUESTION:

So many of these entities are probably aware of the New World order plan, are they not?

COSMIC AWARENESS:

This Awareness indicates that there are mixed feelings among these entities. Some have a sense of affinity toward the New World Order, in the belief that a One World Government would be the end of duality conflicts. Others recognize that a One World Government in which the powers in control govern the masses, would simply be another form of police state. It would be likened unto the Third Reich of World War Two having spread itself across the globe, wherein the rulers and the servants make the players of the game.

They see that this is not the kind of global community they had hoped for. Unfortunately, these entities appear to be in the minority and most entities think that a One World Government would be the end of all the problems of mankind. They do not yet stop to think: "Who is giving the orders in the New World Order? And who must follow those orders? And how are the masses to be assimilated in this New World Order?"

"Are they to be slaves and servants or are they to be pampered and coddled by their leaders, by the administrative forces of the New World Order?" They of course hope that they will have all the goodies of life, without the war, without the danger of conflict, but again, they are naive in thinking that a powerful ruling class over the masses will obviously be merciful to those masses.

This Awareness indicates that the baby-boomers are not necessarily any more intelligent in this regard, than

were the entities of the previous generation. They are simply more hopeful than were their ancestors.

This Awareness indicates, fortunately, there are many in this group who have studied history or heard enough of history to know the dangers, and they have learned enough about the reality of the world to know those dangers are real, and that the New World Order is but a continuance of that New World Order which Adolf Hitler promoted in 1933, in which he hoped to rule the world as a Third Reich.

This Awareness indicates that many of these entities today recognize the New World Order being promoted now is but a Fourth Reich of that same quality on a larger scale, than that which Adolf Hitler promoted in the Thirties, when he came to power.

Are Boomers Still a Force For General Good?

FOLLOW-UP QUESTION (VIKKI):

Back in the 1960's when we naively knew we were changing the world, we were convinced this was happening, even if we couldn't prove it. In the ensuing years, in which people have been involved in their own trips and necessities for their own lives; has this compromised this essential element, or is the baby-boomer generation still a force for general good?

COSMIC AWARENESS:

This Awareness indicates it has forced the real world which has awakened the baby-boomers to what may be termed a "rude awakening" to the reality of life, has caused them to become more realistic and less idealistic. They still have ideals that gained their attention in the Sixties, and the ideals have still grown within these entities, but they have been tempered with the hard facts of life, so that they are not so naive in their idealism as they were in the Sixties.

There is still a kind of blindness among many of these entities wherein they just can't see the threat of negative reality and anyone who speaks of these negative energies that are threatening today's reality are seen as being part of the old generation, being that which is unrealistic and out of place. They are seen as dinosaurs in comparison to the new faith and hope of the more positive naive approach to life.

The Real Issues Today: Politics, Gays and Heterosexuals

This Awareness indicates that while these entities have their hopes high and their ideals relatively high, they have their guard down. They do not wish to hear about the potential of a new rise of totalitarian expression across the land. They think that the real issues of today have to do with Republicans and Democrats, Gays and heterosexuals. They think today's concerns have to do with health care and money and jobs and taxes.

They do not know about the build-up of forces that are eroding the constitutional guarantees, that are ignoring the Constitution and taking entities' rights, that are testing the ability to destroy entities practicing religion or to destroy a culture just to see if it is possible to get by with it. The Waco situation sent shock-waves through certain groups in this baby-boom generation, but others simply watched with interest: "Oh my! Look what they're doing now! Oh look at that! They've started a big fire! Those people! How could anyone get involved in such a strange cult!"

Will Naivety Survive the 4th Reich Scenario?

This Awareness indicates that there are so many who are so naive in this post-war generation that it will be a wonder if they survive the coming chaos, the Fourth Reich scenario, as it moves in to take over the land of the free, for the free are being squeezed so that there will

be no free people, if this naivety continues in this post-war generation.

This Awareness indicates that many entities will believe they are free, as long as they can switch channels on their television set without being restricted in the process of doing so. They will think they have freedom of choice as long as they can choose which television program to watch.

The Republican Victory and the NWO Agenda (Why A Changed Election Is The Best Thing to Happen)

FOLLOW-UP QUESTION:

Will the overwhelming Republican victory in the election yesterday have any effect at all on those who are eroding our Constitution and moving the New World Order agenda forward?

COSMIC AWARENESS:

This Awareness indicates that every time there is a major change in the powers that control the country, it slows down the agenda of the forces that are using both parties in their effort to take over this country.

This Awareness indicates that actually, the best thing that can happen to this country is for every election to bring about a change, because it takes time for the officials to again become bribed, to again become persuaded and conditioned to go along with the powers of the international bankers of the Rothschild agents in their pursuit of New World Order agendas.

In other words, an election of this type throws a road block in the momentum that has become part of the Clinton administration in its push toward New World Order. This Awareness indicates likewise, the Clinton administration, coming into power, created a kind of road-block in the plans of the Bush administration, which was also being used by these forces to push for the New World order.

This Awareness indicates there is always that factor of each political entity pledging allegiance to the Constitution, after being elected to office, and that pledge of allegiance usually lasts in the mind of the new official, for at least a month or two after taking office, and therefore, it is helpful to have elections that alter the powers from one party to another, for it slows down the speed of the take-over efforts.

This Awareness indicates that of course, within 18 months, the entities who are now taking office will be groomed and influenced to vote along the lines of the New World Order promoters, according to that which they see as being the way by which the New World Order can be augmented.

This Awareness indicates that entities should ask themselves at this moment: "What about the GATT program? What about all these new people voting now on the GATT program? It is some 20,000 pages! How are these new Congress people and Senate people going to vote on this? Will they simply vote without reading it? Will they feel an obligation to read, to study, or will they simply go along with it, with their eyes closed?"

This Awareness indicates that they may even rebel against it because they think it is a Democratic program. This Awareness indicates obviously, it has been slowed down somewhat because many of these entities will want time to study it. This Awareness indicates essentially, because the new election has caused a great change in the power set-up of the Senate and House, there is likely to be some slowing down of the momentum that has developed in the push toward the New World order.

Yet, at the same time, it needs to be recognized that these new people may also be more easily influenced, because they do not know what is going on in some of these areas, and by the time they do find out, they may have already been influenced to commit themselves along certain lines that help to promote the New World order and its agenda.

In other words, these new people may be misled, misinformed to be used, or they may demand the right to more time in which they can study things with greater independence and clarity than the counterpart who was voted out.

An Ancient Passage is Found in the Sphinx (Is This The Secret Passage Described by Edgar Cayce?)

QUESTION:

Gunnar Zuzan, Broadview Hts., Ohio, has a question. He sent in an article from the *Cleveland Plain Dealer*, which I'll read and then ask his question. "Ancient Passage Found In Sphinx." This was dated October 8th, 1994. "Workers repairing the ailing Sphinx, have discovered an ancient passage leading deep into the body of the mysterious statue, crouched at the foot of the Giza pyramids.

That the tunnel is old—very old—is not in dispute, said Giza antiquities chief Zahi Hawass. Evidence indicates it dates from pharoanic times.

What's puzzling is who built the passage? And where does it lead?

Hawass said mystery lovers will have to bide their time to learn what the passage is all about. He doesn't plan to remove the stones blockings its entrance until at least February.

The secret tunnel burrows into the northern side of the 240-foot-long limestone statue, about halfway between the Sphinx's outstretched front paws and its curved tail.

Though Hawass said he's thrilled about the new mystery of the Sphinx, he warns that treasure-seekers are likely to be disappointed. Based on long experience with the Sphinx, he predicts that antiquities workers will find nothing more than rocks as they maneuver down the passage.

Few, if any, structures are as haunting and mysterious as the Sphinx, built by pharanoic artisans 4600 years ago as half-man, half-beast. Egyptologists debate much about the Sphinx, including whose placid and alluring face was the model. Most agree it's Pharaoh Chephren, son of the pharaoh of the Great Pyramid, Cheops.

Treasure-seekers have searched inside the Sphinx since antiquity. Because so few relics survive from the days of the early pharaohs, some believe there must be a cache somewhere inside.

No treasure is known to have surfaced, although in 1987 a secret passage yielded some shoes and an early 20th century newspaper.

The new passage was discovered by restorers repairing frail portions of the statue. Ancients crafted the Sphinx from good and bad rock. Ever since, man has been trying to keep the Sphinx from falling apart.

Restorers had reached the halfway point on the Sphinx's left side last summer when they were intrigued by a patch of rocks that seemed different from those around them.

Hawass said the team consulted thousands of old photographs of the statue, looking for answers. They found them in a 1926 picture taken during a restoration effort after the Sphinx was dug out of a sandy grave. The

photo showed a man standing at the entrance of a passage.

The passage was sealed by new blocks, and restorers didn't record what was found, Hawass said. "We hadn't thought much about the photo, and we didn't know which rocks were the ones in the picture," he said.

"It's amazing," Hawass said. "After all this time, the Sphinx still holds its secrets!"

That's the end of the article, and Gunnar's question: "A recent newspaper, (see attached) claims that workers repairing the Sphinx at the Giza pyramid have uncovered an ancient passage on the Sphinx's left side. They also uncovered different kinds of rocks, sealing the passage, which from a search of old photographs dating back to 1926, show that this passage was previously opened, but then for some reason sealed again without recording what had been found.

"Please ask Awareness if this is the same passage to the Hall of Records which Edgar Cayce predicted some day would be found. Also, if it was found before 1926, why was it covered up?"

COSMIC AWARENESS:

This Awareness indicates that this appears to be a portion of a passageway; that there appears to be a seal within that portion and that the portion that is behind the rock is only a short portion. That there are more passageways yet to be discovered. This Awareness indicates that it appears that this portion does not reach to the Hall of Records, but that there are other passageways that may be discovered after this is opened which will lead to the Hall of Records.

This Awareness indicates it appears the Hall of Records lies between the Sphinx and the Great Pyramid of Giza. It appears also that the Sphinx is much older than is believed, but that it has been recovered and rebuilt at approximately the time indicated. It appears also that the entity's face is not representative of that which the article speaks of.

This Awareness indicates it appears the Sphinx is closer to ten thousand years old, and that the 4600 years is inaccurate. This Awareness indicates that the Sphinx was much larger, the head was much larger in its original creation and that it has been reduced down in size because of eons of time in which the rocks weathered. Heavy rains and a new face has been carved on the remaining rocks left from the erosion of the old face.

The old face being more like that of a lion. The new face being more like that of a lion man, much smaller in size than the original Sphinx's face.

Further Openings Remain Sealed Since Antiquity

This Awareness indicates that the question as to why the opening was resealed; it was resealed to keep entities from entering. It was briefly explored, and there were seen no clear artifacts inside and it was assumed that the tunnel had been explored to the end of its existence. This Awareness indicates that there are in fact still further openings that have been sealed up in times of antiquity which have not been opened in thousands of years.

This Awareness indicates that these may be opened at a later time, allowing entities to discover the Hall of Records as discovered in the Cayce readings.

WISDOM OF AWARENESS --- On Perfection:

This Awareness wishes entities to understand that *It* does not ask entities to be perfect in the sense of an ideal perfection; that *It* asks you to accept yourself and love one another. This Awareness indicates that you are perfect when you can accept your imperfection and the imperfection of others, and still work toward improving yourself.

What Was The Original Purpose of the Sphinx? (And Why Was it Originally a Lion's Face?)

FOLLOW-UP QUESTION:

Would Awareness refresh us on the original purpose of the Sphinx, and why was it originally a lion face?

COSMIC AWARENESS:

This Awareness indicates that this is a symbol representative of the Age of Leo. It is a symbol of the future in which the lion stares at the rising sun. This Awareness indicates that it was built in the Age of Leo with the help of extraterrestrials. It stares constantly to the East, to the rising sun; and the East is symbolic of the future.

This Awareness indicates that as it stares toward the East and the future, it symbolizes the movement from the Age of Leo into the future as a symbol of those entities of that age, in which they recognized that they were creating a mark, a symbolic trademark for visitors from other worlds to see, to indicate that these particular lands are possessions of those who used the lion as a symbol for their people.

Sphinx a Trademark of ET's and Predates All Written History

This Awareness indicates that even as the planet Mars had a face on it, in that area of Caldera, (sp) likewise, the Sphinx served as a kind of trademark of an extraterrestrial people. It is likened unto the cattleman who brands his cow, except that these are extraterrestrials who brand their planet, the planet which they claim.

This Awareness indicates that these entities creating the Sphinx, were attempting to give the message that this is their territory. This dates back to the time of Sumer, or Sumeria in which the entity Zechariah Sitchin writes. The Sphinx pre-dates all written history. It pre-dates the pyramids.

This Awareness indicates that by having it face the East, it is saying: "I am that which looks to the future," and it tells all future generations that there has been a civilization of great advancement prior to your civilization.

This Awareness indicates that it appears to be symbolic of the constellation Leo, from whence the extraterrestrials, who were part of this action, came.

FOLLOW-UP QUESTION:

They weren't the same as the Jehovah.

COSMIC AWARENESS:

This is in the affirmative. The Jehovah were from Orion and came much, much later.

WHY NO DRAWINGS SHOWING FRONTAL VIEW OF THE EGYPTIANS?

QUESTION:

One last question here, this one also from Gunnar Zuzan. "I recall Awareness once mentioning that the world was not ready yet to know about why the Egyptians never showed frontal views of humans in drawings, reliefs, et cetera. It was always the side-view. Are we ready yet, for the reasons of this mystery?" he asks.

"Has it anything to do with the fact that they were aliens and that a front view would clearly show this?"

COSMIC AWARENESS:

This Awareness indicates that this is in the affirmative; that not all of these Egyptians were genuine or full-blooded aliens. Some were mutants, part human and part alien, but a frontal view would have shown the excessively wide area of the upper head and the narrow

mouth, the pointed chin, in a kind of triangular-shaped face.

This Awareness indicates over the years, many of the royalty of Egypt began to change and take on a more human appearance, but some of the earlier Egyptians were of the triangular-shaped faces. This Awareness indicates that as you know, many of the statues or busts and heads in carved features show entities who are essentially more human than alien.

This Awareness indicates that not all of the drawings of ancient Egypt were depicting faces of aliens, but there were a few, and it became more of a tradition to show a face from the side, rather than from the front.

This Awareness indicates in other words, in the earlier times, when the leaders of Egypt were aliens, the tradition of the artist was to show them from the side rather than from the front. This was the policy. Gradually, the faces of Egyptian leaders began to change so that the triangular-shaped face was no longer as common, and entities could have had their face shown from the front, but the tradition had been established to show these faces from the side.

Much of the beauty recognized by the Egyptians had to do with the side profile, rather than the frontal profile of a head. This became the preferred way by which entities wanted to be represented. It became admired more than a frontal picture. This Awareness indicates that eventually, the carved replica of a face, such as found in the Tut artifacts, was devised as a means of artistic replication.

Even the mask of Tut became expressed as a frontal approach, but this artistry related to Tut was many, many centuries after these earlier artistic depictions.

THE HUMANNESS OF KING TUT

(Was This the Result of Aliens Interbreeding With Humans?)

FOLLOW-UP QUESTION:

Was the humanness of Tut representative of the lineage of the Pharaohs and so forth; was this the result of aliens interbreeding with humans?

COSMIC AWARENESS:

The *original* Egyptians were more alien in appearance, but after many generations of human breeding with these original mutants, the human factors became stronger and the Tut appearance was that which had very little alien appearance remaining.

Awareness Pleased by Today's Questions

CLOSING MESSAGE:

This Awareness appreciates the questions that entities sent in for this reading. There were very many areas touched and much that has not been previously discussed. This Awareness asks that entities continue finding stimulating and new questions that can be submitted as it becomes beneficial to have such questions, to keep the areas of interest open for further exploration.

This Awareness indicates that these were questions that have interest to a wide number of people, and this Awareness wishes to give *Its* appreciation for this to these entities who have asked these questions.

Thank you.

The Law of Gratitude is given)

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Excerpt CAC Reading # 1-7 1-14-94 Paul Shockley Interpreter

Subliminal Programming Detected on TV (Or Did This Lady Just Imagine It?)

QUESTION:

Some questions from Ted Helinski, Fond Du Lac, WI. He writes: "In the magazine *Connecting Link*, Issue # 20, there is a story by Anne Loader McGee, in which she says that while practicing the first exercise of the Tibetan rites as given in the book: *The Fountain of Youth* by Peter Kelder, (this is the one where you spin around clockwise, with arms outstretched) she noticed words appearing on her television screen for brief periods of time, much like in the movie *They Live* by John Carpenter.

"Some of the words she noticed were: 'Fear, Rape, Fire, Trap, Hate, Envy, Kill, and Evil.' Was this just this woman's imagination, or is someone using this type of subliminal programming on the populace by the way of TV?" he asks.

COSMIC AWARENESS:

This Awareness indicates that it appears in her movement in a circle, she was spinning at a speed which allowed her to see those subliminal suggestions on her screen because of the timing of the spin, and because the rest of the television scenes were being shown while she was facing away from her television set. The timing happened to be just right for her to key in to the subliminal words.

Had she been off on the timing, she would have not seen those particular subliminal words. This Awareness indicates that had she moved faster, slower, or been facing a different direction at the time those words came on, she would not have seen the words that were being broadcast subliminally.

It's Part of An Effort to Create More Crime in the US

This Awareness indicates that this is, of course, part of the effort to create more crime in this country so that more of a police state can be set up and so that arguments relating to gun control and the confiscation of guns from the people can be made to be more valid in regard to the need for controlling crime.

This Awareness indicates, of course, you first have to have the crime before you can make the argument that violence and crime are caused by excessive guns and the need for more police.

FOLLOW-UP QUESTION:

In the accompanying *Connecting Link* article, it said on that particular morning she had just turned on the TV to watch the weather report, which implies that it was local. How prevalent is this type of subliminal programming, if it's getting down to the local level like that?

COSMIC AWARENESS:

This Awareness indicates it appears there are agencies or agents throughout the United States that are able to infiltrate various local television stations. This Awareness indicates that *It* does not necessarily suggest that the weather report which she watched was a local weather report. This Awareness suggests, however, that there are some agents in local areas that help to get the subliminal messages onto the cable and network television.

This Awareness indicates that it is possible for entities to do this kind of spinning and with luck, to attune to the timing that would allow them to see these subliminal messages on their television sets. This Awareness suggests that if you do not see the messages, you might stop and start again, repeatedly, until your timing is more in synchronization with the subliminal messages.

If You Spot Subliminal Ads Write to Your Local Newspaper

This Awareness indicates that upon finding this, it would be valuable to write letters to your local newspaper editors or to discuss this in public forums such as at churches or school meetings or whatever, to get the word out to as many as possible, in order to stop these kind of subliminal messages from going out, keeping in mind that children are watching and receiving these messages as well as adults.

FOLLOW-UP QUESTION:

The most popular television program for teen-agers is the MTV, which is a channel with current music, rap, and rock and roll, and so forth. Does Awareness see that channel having this type of thing being programmed also?

COSMIC AWARENESS:

This Awareness indicates it appears there are some instances of this on those channels.

FOLLOW-UP QUESTION:

Is there technology available and being used, whereby this type of subliminal propaganda can be inserted onto the networks without them being aware of it? For example, from an outside source?

COSMIC AWARENESS:

This Awareness indicates this is in the affirmative. This is a possibility. It is also a fact.

ARE THERE OTHER FORMS OF SUBLIMINAL PROPAGANDA?

FOLLOW-UP QUESTION (VIKKI):

If a TV was on and you weren't looking at it, is there any other form of subliminal that's going out other than visual?

COSMIC AWARENESS:

This Awareness indicates that there is a way by which non-visual messages could be broadcast on radio and on television, but this Awareness does not see this occurring at this time. This Awareness indicates that this may, however, become a means in the future whereby, for example, spoken words could be speeded into a higher frequency so that the subconscious might hear without your own hearing of these words being spoken or could be presented in lower frequencies that are in the deeper audio range, wherein entities would not even associate the deeper sounds as being heard.

Subliminal Programming Has Been Used in the Past

This Awareness does not see this occurring at this time, however. This Awareness indicates also, there could be use of words in lower volume and words spoken backwards or recorded and played backwards. This Awareness indicates, of course, this has already been documented in some of the music recordings and has been used in the past; this action of recording words backward in music and song. It could also be done in advertisements and in spoken dialogue on television, wherein the wording could be reduced in volume and played backwards and have a kind of sound without people recognizing any pattern or consciously understanding what the sound was, while something was being played at a higher volume over it, to totally distract the conscious mind from the subliminal message.

This Awareness indicates subliminal messages have been used on television, even back in the early Seventies, and to some lesser degree, prior to that.

Wisdom of Awareness: On Bringing About The New Age

"This Awareness indicates that love and communication, that these two are the vital factors of bringing about the New Age and the consciousness that unites all entities together." (Issue 80-5)

WHO IS RESPONSIBLE FOR MESSAGES LIKE "RAPE," "KILL" ETC?

FOLLOW-UP QUESTION:

What group or organization or source is responsible for putting out such subliminal messages as "Rape, Kill, Fear" and so forth?

COSMIC AWARENESS:

This Awareness indicates it ultimately goes back to those who are promoting the New World Order and who seek to create an environment that would confiscate guns from the citizens of this country and turn the citizens into demanding that the government do something, even if it takes away freedoms and rights.

This Awareness indicates that this source would, of course, use many different agencies and individuals as it selects to do so. This Awareness indicates there does not appear to be any strong association or any association with the Christian factions involved in these subliminal efforts, but there are other secret organizations and government agencies who are involved.

There are, in some instances, simple agencies of the government, such as the IRS and Social Security branch who create messages to be released subliminally, particularly when there is a desire to have some kind of effect on a vote or on a program or project that is being promoted by the New World Order or government agencies working for the New World Order.

The Subliminal Message Revealed During Nixon's Speech

This Awareness indicates that entities may recall during the Nixon campaign against Barry Goldwater, there was a speech being given by Nixon where the subliminal messages from the Social Security department or agencies, promoting the Social Security program, had a subliminal message that got stuck on television during Nixon's speech so that the Social Security words and phone number stayed on for a half-second before flashing off and returning to Nixon's face and speech.

This Awareness indicates that this came on slowly where the flashes remained longer each time until it was on long enough that it disrupted the face and speech and simply stayed on the screen for the moment before going off again. This Awareness indicates essentially, this was a subliminal message that got stuck for a brief moment. It had much to do with the information in his speech which he was talking of, and as a subliminal message, was helping to sell his pitch, his message.

What Can Do About Subliminal Programmings?

FOLLOW-UP QUESTION:

Is there anything a person can do other than just shutting off the TV if they are aware this type of thing is being put out on television? Is there anything they can do, a ritual perhaps, or whatever, to be able to continue to watch the television, but not be subjected to these subliminal messages?

COSMIC AWARENESS:

This Awareness does not see this as being something that can be affected simply by taking pills, herbs, vitamins or anything of this nature. Some people are more easily persuaded by suggestion than others. This Awareness indicates that many entities can be given suggestion, and never seem to be affected by the suggestion, others are easily affected by suggestions.

A Device You Can Build to Spot Subliminal Messages

This Awareness indicates that it is possible for entities to build a kind of device which, likened unto a fan or something turned by a chain, a wheel being turned by a peddle and a chain, perhaps from the bicycle, could be

erected in front of a television set in which the operator could create a narrow space, or a few narrow spaces in the wheel to see through the television set, and began turning the pedal in such a way as to reach a certain speed by which the space in the wheel and the television subliminal messages coincide, and by keeping the speed even, one could see these more clearly and precisely because the wheel opening would be timed just right for the subliminal message.

This Awareness indicates that this is something that some of your membership might like to experiment with. It could be a small chain, smaller than that of a bicycle or it could be done with a belt or even a rubber band, and a little cardboard wheel on an axis with a rubber band reaching down to the handle, or wherein one could simply have an axis on a stick with a wheel at the end of the axis and a handle on the other end, which one would turn.

This Awareness indicates that it would be better, however, to have your hand out of the line of sight, so that belt or rubber band reaching from the axis to the handle, which then turns the wheel would be used, so that the entity can look through the wheel at the slot in the wheel and see the television screen, then gradually increasing the speed, eventually find the speed at which the subliminal message shows up each rhythmic turn.

In this manner, entities could see just what it is the perpetrators are trying to get across in the message and with witnesses and documentation, they could present evidence of the subliminal messages being used, which is illegal, and they could call this to the attention of authorities and it could have some effect in helping to open this up for legal action to stop this from occurring.

Using a Video Camera to Detect Subliminals

FOLLOW-UP QUESTION:

Would it be possible for someone with a video camera, these small handcams, to photograph, say a news-program on TV and alter the speed somehow of the camera, and then, when they play it back, perhaps catch those subliminal messages?

COSMIC AWARENESS:

This Awareness indicates that if it could be played at a much slower speed, they might catch these messages, or if it could be put on film and the film frames examined carefully, they might catch these messages, or if a camera could be used to look through the slot on a device as described by this Awareness, which was tuned to the speed of the recurring subliminal message, then the camera might indeed pick up the message.

This Awareness indicates that the mere action of filming a television scene that is playing subliminal messages would not in itself be of great value, because it would not be any easier than the naked eye, but by slowing down the film, or using a film with frames, one could examine these frames individually, and perhaps in that manner, catch the subliminal message on film.

This Awareness indicates, of course, these messages are not portrayed on television 24 hours a day throughout every moment. They are put on in certain times, with certain selected subject matter or programming. This Awareness indicates there is also the potential of entities training themselves to see subliminal messages by watching movie films that are interspersed within the film with frames that have messages, and entities watching this film, first at a slow rate, where you can see the message, then gradually speeding it up to its normal rate, and still watching for that message, it is possible in a few days to train oneself to catch those messages, particularly if you begin slowly and know where they

are in the film, and then gradually, by speeding the film up and repeatedly catching the frame, you can get to where you are able to read the subliminal message or see the subliminal message clearly.

The Technique Used in the TV Series "I Spy"

This Awareness indicates that this technique was taught in the navy back some 30 years ago, wherein the movie television series "I Spy" was used to send messages to certain naval trainees who were off-base to tell them when to come back to the base. They would be told to watch that show daily. After having been trained to read subliminal messages, they would be told to watch that show and at a certain time on a certain date when the show appeared, a subliminal message would inform them to return to the base or to call the base immediately.

It was a way of conveying messages. It was a way that could be enhanced for future use in conveying messages to personnel without the use of the telephone or beepers.

Would Using White Light Help?

FOLLOW-UP QUESTION:

Surrounding your TV set with White Light wouldn't prevent these from coming in, would it?

COSMIC AWARENESS:

No more than it could prevent a cartoon from being shown or any other filmed program from being shown. This Awareness indicates that this is not something White Light could do. The White Light surrounding yourself *could* be presented or used for protection against influence of negative subliminal messages.

One could put White Light around themselves and say they want this White Light to keep them from being negatively influenced by subliminal messages and this could be beneficial to some degree. It could help to counter the influence of such messages.

It would be likened unto giving a message to the subconscious *not* to let those subliminal subconscious messages be taken seriously or be acted upon.

Ed's Note: This reading was given six years ago and today (Nov. 2000) Washington State's crime rate hits a 10-year low, mirroring a national trend where murder and violent crimes is down 22% to 30%. These figures suggest that those forces intent on increasing violent crime in the US by using subliminal suggestion techniques, have probably abandoned this practice. It's still a good idea to check the TV now and then, perhaps with a device like Awareness suggests. If you spot anything sinister, please alert this editor, who will pass the information along to others. Kelder's book, by the way (Ancient Secrets of the Fountain of Youth) which contains the whirling exercise which exposed the subliminal hate messages, is available from CAC. Please refer to our Book Price List.

A Drug for Cancer and AIDS You Can't Get (Hydrazine Sulfate is Being Deliberately Suppressed)

QUESTION:

Ted Helinski has another question. He writes: "Enclosed is a long article titled "Hope, Heartbreak and Horror" which first appeared in the April 1993 *Penthouse* magazine. I'll quote from the beginning of the article: "If you or someone you love should come down with cancer or AIDS you will probably be denied the one drug that may offer the best possibility of an effective treatment with the least side-effects.

"It's called Hydrazine Sulfate. It's cheap, simple to make, and easy to take. It works for roughly half of all the patients who have received it, and it is being deliberately suppressed by some of the most influential doctors in the United States cancer establishment. As a result, a million Americans alone are being denied life-saving benefits, each year."

"The rest of the article goes on to document the effectiveness of Hydrazine Sulfate and the scandal surround-

ing the suppression of this drug by the medical profession. According to Dr. Joseph Gold, the developer of Hydrazine Sulfate, this drug overcomes cachexia, the inability of cancer patients to process food, which results in slow starvation of the body and eventually causes death.

Ted's question is: "How does Hydrazine Sulfate aid the body in processing food and would this drug have any other applications?"

COSMIC AWARENESS:

This Awareness indicates that this helps in the break-down of the food in terms of its cellular make-up and fibers and helps to separate the nutrients from the food. This Awareness indicates that the second part of the question be repeated.

Hydrazine Sulfate and the Immune System

QUESTIONER:

Would this drug have any other application?

COSMIC AWARENESS:

This Awareness indicates that this would be beneficial for any entity who is suffering from a weak immune system because it is the immune system that helps to break-down food in the body and helps in the ridding of foreign bodies that might be attacking the body.

This Awareness indicates that essentially, when you eat a food, the body attacks that food and breaks it down, and in that action, the food is digested. It is the immune system or aspects of the immune system that helps you to digest your food.

This Awareness indicates that any substance that can enhance the effect of the immune system in its effort to break-down foods can leave the activity of the remaining part of the immune system available for other efforts in keeping the body free from other particles: foreign objects or foreign substances.

This Awareness indicates this will allow the rest of the immune system to deal with those agents and objects, particles, bacteria, viruses that the body needs to fight off in order to preserve health. Thus, essentially this substance would be of benefit in the battle of a weak immune system in helping to act as a kind of enhancement to the immune system.

It is likened unto adding reinforcements for the work that needs to be done to help clean and purify the body from foreign objects or substances. This Awareness indicates the substance also helps to attack certain viruses and bacteria.

SHE IDENTIFIES WITH THE ENTITIES IN NIGHTMARE HALL

QUESTION:

A question from Selene, in Greenwich, Connecticut. She writes: "For months I've been meaning to ask Awareness about this but have hesitated as the subject is difficult to write about. In 1990 I saw a movie called *Swamp Thing* or *Return Of Swamp Thing* with Louis Jourdan, a French actor. In it there's a scene of caged grotesque humans who have been genetically experimented on. The scene greatly disturbed me.

"After reading about Nightmare Hall, I began to realize I am, and have been psychically connected to my brothers and sisters in this hall. Nightmare Hall became very real to my conscious memory. I kept seeing their faces and hearing their cries throughout my working hours. The veil between worlds seemed to be lowering.

"A few months ago I had the realization that in an ancient civilization, I had also experienced being genetically altered. (And I guess these are her questions.

I'll read them and then go back, if Awareness asks): Has part of Nightmare Hall been destroyed? Aside from compassion, what are some of the significant lessons a soul learns from such an experience?

"Am I one of many who minister and holds the Light for my brothers and sisters in Nightmare Hall, or am I imagining this? If I am visiting Nightmare Hall in dream states, does Awareness have any words that might let me feel less resistant about visiting there? For I am sure that I have chosen to do so."

COSMIC AWARENESS:

This Awareness indicates that it appears in a previous lifetime, this appears to be approximately 7 lifetimes back, you were, as you say, a victim of such genetic engineering. This appears to have been in a different setting, a different planet. This Awareness indicates that the idea of being a protector or guardian to those entities in the Nightmare Hall scenario or situation is that which is your own identification, one created in part through sympathy and imagination.

You feel a need to be of help to these entities. It is not something that is karmic. It is not something that is factual. It is more of a chosen mission on your part, and the dreams are not necessary for the fulfillment of your purpose on earth.

This Awareness indicates that it is, however, something that does have some benefit to these entities who are suffering in a way that is on a threshold between reality and imagination, whereby their experience is more likened unto a nightmare and delusion than reality, and therefore they can communicate with you when you are in dream-state and can experience some compassion on your part.

This Awareness is concerned, however, that too much identification with these entities can be harmful to yourself, in the sense that there is really nothing that you can do and to dwell on this too heavily could drive you into a kind of fixation or obsession, and such would not be good for your mental health.

This Awareness suggests that all you can really do is pray for them and live your life in an exemplary manner that helps those whom you can help around yourself in your reality, and trust that Divine Forces know what they are doing and will eventually free these entities either in this or in an afterlife, to have the happiness that they should have.

Nightmare Hall Entities Are Working Off Heavy Karma

This Awareness indicates that many of these entities in Nightmare Hall are working off heavy lifetimes of negative karma. Some of these entities were involved in the torture of others in other lifetimes and are now undergoing a repayment of that torture, wherein they themselves are being held captive or tortured in some ways.

This Awareness indicates that it is not healthy to dwell too heavily for too long on these concerns. There is nothing, for example, that can be done for the person who is genetically created as a six-legged person who will run around on six legs throughout this entire lifetime. Nothing can be done for that person other than to relieve the entity from his life, which is not what the entity would want.

This Awareness indicates that the use of these genetic engineering techniques for growing organ parts or extra arms, legs or whatever, for use in surgical operations; these are unethical, cruel, barbaric and demented in terms of scientific activities or technological activities, but being as they are, and being as aliens have used

these kind of genetic engineering technologies for generations, for thousands of years; they are not new.

This Awareness indicates that they are horrible in terms of human values, but there is really nothing that one individual such as yourself can really do to change the horror in consciousness that some entities are forced to suffer.

This Awareness suggests that all you can do is devote your life to working toward the happiness and the good of all, and whatever you can add to that measure of improving life, for all is a measure that can be matched by others, so that over time, more and more entities, working to help improve the life situations of others, can alleviate more and more of the tragedy, suffering and sorrow of the world.

This Awareness suggests that dwelling in negativity, even as sympathy, only spreads the pain to yourself. Sympathy allows entities to take on, but not to alleviate the pain of others, and thus, you may take on pain and suffer with someone, but it does not necessarily, nor does it frequently or ever fully alleviate the suffering of the other.

This Awareness indicates that if you have compassion for the other and can act in a way or on some level that alleviates some of the pain of the other, this is healthy and wholesome, but to simply suffer for another, when you can do nothing for him, only spreads the misery. It does not end it or alleviate it.

Therefore, this Awareness does not recommend that you sympathize in a way that helps to spread the misery to yourself. You can empathize in that you understand, and in your sympathy, you may wish to find some way to practically work in helping to alleviate the misery and pain of others, but do not simply take on the misery and pain of others and let it spread to yourself out of sympathy.

This Awareness indicates in other words, do not vibrate at the same frequency as the suffering of others. Understand the suffering, but do not indulge in the same suffering yourself.

Ed's Note: Nightmare Hall is located deep beneath Dulce, New Mexico, operated by certain government agencies in cooperation with Zeta Reticuli aliens (Greys). For more information please refer to "Revelations of Awareness" Issue 90-10 (Nightmare Hall); \$5.00 from CAC.

The Strange Venus Flytrap From Space

(This Exotic Meat-Eating Creature Lives Only In One Spot)

QUESTION:

In *Strange* magazine, issue # 12, there's an interesting article called "Flytraps From Space." I'd like to read a little of this and ask Awareness a couple of questions about it. "The carnivorous Venus Flytrap is certainly one of the most marvelous life-forms on the earth's surface. This exotic meat-eating creature grows naturally on only one spot on the entire planet.

"Where would you guess it grows? The rain forest of the Amazon? A swamp in the Congo? No! That spot is a 100-mile radius around Wilmington, North Carolina, and at the center of the circle is a meteor crater. Charles Darwin studied the Venus Flytrap and concluded that it is unlike anything else on earth, proclaiming it the most wonderful plant in the world.

"There are many reasons why the Venus Flytrap should still evoke a certain amount of awe and fascination, not the least of which are its traps, which it uses to catch and digest insects and other small animals. Many carnivorous plant experts consider the Flytrap to have the only "active trap" for catching insects in the plant kingdom.

"Experts are generally in agreement that the Venus Flytrap is found no further North than Chocowinity, North Carolina, and no further west than Moore County, North Carolina, and no further south than the Santee River. This clearly puts the natural distribution of the Flytrap firmly within a 100 mile radius around Wilmington, North Carolina."

And evidently, there was an old crater in there. It's a long article. Could Awareness give us some information on the Venus Flytrap, where it came from, who put it there, and what it is actually for, perhaps?

COSMIC AWARENESS:

This Awareness indicates it has no particular value in terms of what it is for. It is simply a life-form from an alien origin. It evolved separately in its own way on a different planet, that makes it unique to this one. This Awareness indicates that there has been some speculation that part of the Venus Flytrap could be beneficial in discovering a cure for cancer, but this has not yet occurred.

This Awareness indicates that there is a possibility that some of the substances in the Venus Flytrap could be used for medicinal purposes, but this Awareness does not see that has occurred yet, nor that it will, particularly near future times be used for this purpose. It is more of a novelty to humans, and it has its own unique way of catching its food.

Venus Flytrap Has Super Intelligence

This Awareness indicates that it is a phenomenon of unusual proportion, because it is not from the Earth itself, and it does not behave in the manner of other earthly creatures. It has a kind of intelligence far beyond that of most plants, approaching that of an animal.

FOLLOW-UP QUESTION:

So these plants do exist on other planets, is that correct?

COSMIC AWARENESS:

On certain other planets.

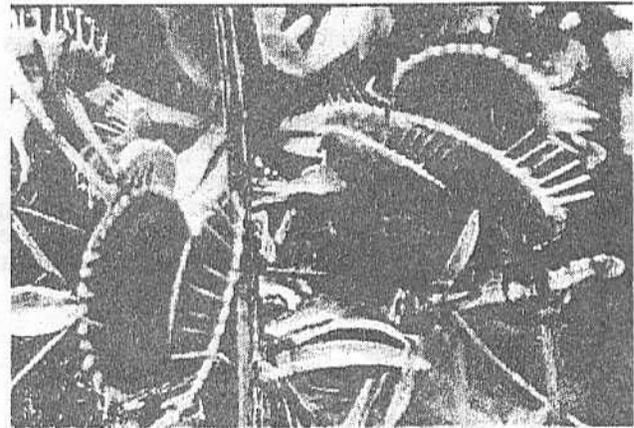
QUESTIONER:

What was the purpose of the aliens bringing it to earth?

COSMIC AWARENESS:

This Awareness indicates that it does not appear that the aliens had anything to do with it coming to earth. It appears that it came as a result from the falling of a meteorite or asteroid. This Awareness indicates that it was a kind of spore or fungi on the meteorite and from that developed and grew, keeping its original genetic nature.

This Awareness does not see any purpose in this. It was more of a fluke of nature, an accident, if you will. It was not as though there was some kind of intelligent decision made by someone to cause this to occur in that area on earth, but that it simply happened as a natural occurrence.



Venus Flytrap Visual by www.P3Images.com



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MEMBERSHIPS AVAILABLE (Honor System!)

INDIVIDUAL: \$42 per year or \$12 quarterly
 FAMILY: \$52 per year or \$20 quarterly
 CONTRIBUTING: \$77 per year or \$25 quarterly
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 PATRON: \$1000 per year or \$250 per quarter
 ANGEL: \$5000 per year or \$1500 per quarter
 LIMITED INCOME: \$30 PER YEAR OR \$9.00 QUARTERLY

Wisdom of Awareness: On Saving the Creatures

"This Awareness suggests that you not be discouraged; that you continue as long as there is still a whale, a bird, a fish, an animal, or a bush left living on this plane. For there is that which needs protection; and as long as there is one who can speak for those who cannot speak, this is a responsibility and a duty to do so." (Issue #79-2)