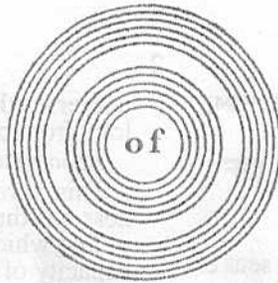


Revelations

The Cosmic Newsletter

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Awareness

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- Do Citizens Pay Karma For Criminal Acts Committed by our Government?

(Excerpt from a Personal Reading for B.A. March 12, 1994)
Paul Shockley, Interpreter.

THE CREATION AND THE NATURE OF COSMIC AWARENESS

QUESTION:

"My first question relates to the center core or seat of this Awareness before creation and endless universe were. Was the center likened to an intense immeasurable vibrational core beyond human imagination and calculation? Indeed, beyond the gods' ability to fathom or witness because of the unspeakable intensity and vibrational power to comprehend All That Is?"

"Please comment. If this question has been given previously, please excuse my inquiry. I know that it has been explored to some degree before. If the answer to the above is deemed appropriate, I have a follow-up question." And I'll read that later.

COSMIC AWARENESS:

This Awareness indicates that when this Awareness describes the creation and the nature of this Awareness, the description is only a symbol of the reality. There is no way that the description can match the reality of *What Is*. This Awareness indicates all *It* can do is present a symbolic description that allows the human imagination to grasp in a simplistic symbolic way, what is behind the reality.

This Awareness indicates that you have described the situation in your question, but of course that too is a symbolic representation of the ultimate reality, for the reality is the experience, and the *What Is* of it all, rather than the description of something. However, this Awareness will assist your imagination in getting an understanding of the creative energies prior to the physical manifestations of that which is termed the Creation.

In the Beginning Was the Vibration

This Awareness indicates that in the beginning, was the vibration. In Biblical terms, it is called the Word. This Awareness indicates that the vibration existed and the vibration covered a huge spectrum of different frequencies. The vibration in moving, in vibrating, created a widening gap of those frequencies so that the frequencies began to come across and strike each other, creating a slowing down of frequencies, which eventually led to frequencies that became deeper and deeper and slower and slower in vibration.

Thus, the higher vibrations, if visualized as sound or light, would be those of the highest frequencies and the lower vibrations would be those of the lower frequencies. On the extreme low frequency is that which is called matter. These are infra-sound or material creations on an atomic level, wherein the lower frequencies of the atoms are vibrations that are so slow in movement that they are perceived by most scientists as being atomic particles or sub-particles of atoms.

Love in Its Highest Sense Is a Frequency of Consciousness

On the higher frequencies, the vibrations go beyond that which is matter into light, and into higher frequencies than light itself. When they reach the highest levels of frequency they are that which entities refer to as 'consciousness' and also the highest of the frequencies in consciousness are referred to as 'love.' In other words, love in its highest sense, is a frequency of consciousness.

This higher frequency of consciousness is that which permeates all things in the universe and leaps across from one universe to the other, carrying that vibration or frequency into all universes, giving these various

universes their life and their consciousness, and carrying love from one universe to another.

Attuning to the God Consciousness—the Frequency of Love

This Awareness indicates that the human consciousness has the capacity by surrendering its identity of self to that which is Universal Consciousness; it has the capacity of attuning to that which is called God Consciousness. It is attuning to that which is the frequency of Love. The time allowed for such attunement depends on how long one can surrender totally to those frequencies.

As soon as an individual takes on individuality, or self-concern, or as soon as the self interferes by asserting itself, that frequency "surrender and attunement" will be broken somewhat. This Awareness indicates that therefore, the entity who says "I am God!" and sees this statement as a statement of self, it breaks the frequency bonding, and turns it into a self-statement, and it becomes false.

If, however, the entity is totally surrendered to that highest frequency, and from that highest frequency the statement: "I am God" is spoken without the entity's self being anywhere involved, then it is a channeled message from the higher frequency moving through the entity.

The Christ Speaking Through Jesus Was Channeling the Voice of God or the Highest Frequency

Thus, in the situation of the Christ, the Christ speaking through Jesus was channeling that voice of God, or the highest frequencies, the vibrations from the higher consciousness. This Awareness indicates that when the entity Jesus spoke as a man, as a channel or as a man, he spoke of himself as the "Son of Man;" the Christ speaking, spoke of *Itself* as the "Son of God."

There was a definite distinction between the two. Thus, when the entity Jesus asked: "Whom do they say I, the Son of man, am?" he was referring to himself as a human being, as opposed to the Christ who spoke: "I am the Way, the Truth and the Light."

This Awareness indicates as long as entities understand that the Divine Frequency throughout the universe exists, and is ever-present in every place and every form, and one can tune into that by surrendering self to It, entities then have an understanding of the creative force in the universe.

This Awareness indicates, however, if entities think of themselves as a personality or as an individual trying to claim to be God, or trying to claim to be that Universal Consciousness, or Universal Frequency, then they make a mistake in saying, "I am God" or in speaking as a God.

Many New-Agers Are In Error When they Say: "I am God"

There are many in the New Age Movement today who speak of themselves as gods and in their expression, they can very easily error in what is being stated and others can also find argument with their statements, for when they speak as a self, saying "I am God!" it can be very offensive to those who worship God outside of self.

This Awareness indicates also that the entity who is in total surrender to that Divine Vibration, in speaking not as a self, but in speaking in behalf of that Divine Vibration, can say "I am God!" and if the entity is not claiming as a self or individual that he is God, it can be a spoken message from the Divine through the entity and can have validity. But then, why would an entity want to express such a thing or why would the God want to express through an individual that he is God? What is the significance of this?

This Awareness indicates therefore, it is best to understand the reality and not get caught up in the symbology of such an expression.

How the Harmonics of Sound Are Used In Creation

This Awareness indicates that in regard to the creation, once the frequency of those higher levels of consciousness made their statement, which was nothing more than a vibration, and the vibration went out into space, and in the vibration, it touched upon its own self, eventually circling around to come back to itself; it, in striking itself, caused a new lower frequency, likened unto an octave lower, and that frequency also moved out, and into space it went, circling also to come back to itself and causing still a lower vibration.

How the Electromagnetic Scale is Created

It is the harmonics of sound that creates a symbolism for this same kind of frequency throughout the universe at the time of creation. Thus, when you hit a piano key, other keys on the piano vibrate in harmony with the first one, even though they have not been struck physically, and likewise, when a note or vibration goes out in the universe, the harmonics causes other vibrations to occur throughout the universe, and these begin to create the electromagnetic scale which creates all the harmonics throughout the universe that eventually results in the creation of the material world.

What the "Big Bang" Really Was

This Awareness indicates in other words, the Big Bang was really likened unto the striking of a Chinese gong and getting vibrations from all of the frequency levels throughout the entire electromagnetic scale, or the scale of sound, and the lower vibrations caused matter to assemble into dust and then to be drawn into magnetic fields which later became particles, and these particles eventually coming together create matter, and the matter began to roll upon itself, or collect upon itself through its own gravity, and create what is known as the terrestrial or physical world.

Science Has the Creation of the World Ass-Backwards

This Awareness indicates the physical world being created did not deny the higher vibrations their existence, and science, looking at the creation of the physical world, assuming that vibrations came from matter and went upward and created through evolution, is assuming the creation backward from the reality.

This Awareness indicates the reality started from a consciousness that was a frequency or vibration so high that it touched into that which entities would call life and love and consciousness. It is not something that evolved out of matter. It is something that led to the creation of matter.

This Awareness indicates if there is a follow-up question, that this may be indicated or stated.

Can Perfect Beings Rejoin the Source?

(The Perfect Creation Includes That Which Is Out of Balance)

QUESTION:

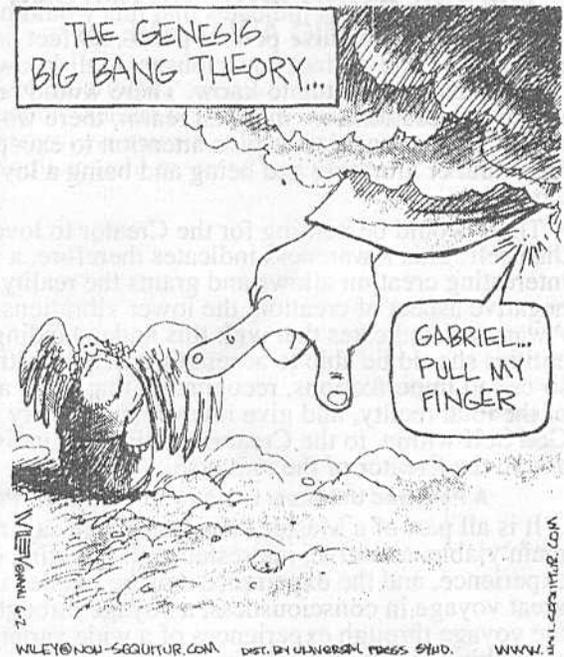
Are perfect beings, purified vibrational souls, able to rejoin this Source, or is that not part of the plan?

COSMIC AWARENESS:

This Awareness indicates that perfection is everywhere present in this creation. That which is out of balance has perfect place in this creation and is the result of the varying frequencies. Therefore, to strive for perfection is simply to not accept the reality of the perfect creation.

This Awareness indicates the perfect creation requires that some of the vibrations clash with each other and in order for the enormous variation of creation to occur there will be conflict, but at the very heart of all of the

creation is that frequency or vibration that began it all. It is that which is the love and consciousness vibration of the highest frequencies there are, and these are those which are often referred to as the Creator of the universe.



There Is No Such Thing as a Perfect Anthropomorphic Being

This Awareness indicates that most entities think of those higher vibrations and the Creator as an anthropomorphic shaped being, but it is in fact a *consciousness* that permeates everything in the universe, and the anthropomorphic beings result from those frequencies that are in clash with each other.

There is no such thing as a perfect anthropomorphic being; that the perfect requires an imbalance for anthropomorphic beings to exist. This Awareness indicates that in the highest sense, *everything* is perfect. It is perfect to have imbalanced entities, but if you think in terms of the frame of reference in which an imbalanced entity exists and has certain parameters in which he or she perceives perfection as opposed to imperfection, then that which seeks the perfection, as opposed to imperfection, will find all kinds of imperfections and will strive for perfection; and within this framework there are the opposites, the dualities that must be reckoned with, and the entity will see good and bad in everything.

From a God's Eye View All Is Perfection

This Awareness indicates that in the God's eye view, the ultimate view of creation, all of those polarities are part of the whole and the whole is perfect and the polarities are necessary to create the perfect whole. This Awareness indicates that it is likened unto having a battery in which there is the positive and negative poles and if you try to neutralize the positive and negative by joining them together, you simply destroy the reality or wholeness of the battery, and the battery is no longer a valid and workable creation.

This Awareness indicates that therefore, the positives and negatives that are part of the creation are in conflict with each other on one frame of reference, but are perfect in terms of their purposes in another frame of reference to make it possible for the highest and best to occur, and to make it possible for the material realities with all their difficulties and hardships to also occur, whereby entities in these material realms can learn lessons.

Without the Imperfection of Duality Eternity Would be Boring

This Awareness indicates without this imperfection of duality, entities would never have to learn anything. They would simply be part of the Creator, exactly as it was at the beginning and there would be nothing except the Creator energies, the vibrations of the highest and best. This Awareness indicates that this would be of such a nature as to have perfect peace, perfect harmony, perfect love and perfect consciousness, all-knowing, but there would be nothing to know. There would be no negative vibrations, no material realm; there would be very little to recognize or give attention to except the mere fact of vibrating and being and being a loving Creator.

There would be nothing for the Creator to love other than self. This Awareness indicates therefore, a more interesting creation allows and grants the reality of the *negative aspect of creation, the lower vibrations*. This Awareness indicates that with this understanding, entities should be able to accept themselves with their so-called imperfections, recognizing that these are part of the total reality, and give interest and variety to the God Self within, to the Creator within each individual, and to the Creator of the universe.

A Polarized Universe: It Is All Part of a Master Plan

It is all part of a Master Plan, you might say, to remain viable, attentive, interested and accepting of an experience, and the experience may be likened unto a great voyage in consciousness, a voyage through life, the voyage through experiences of a wide variety of everything that is in a polarized universe.

This Awareness suggests that when entities experience too much tragedy, too much suffering, too much sorrow, they only need to diminish the polarity, and this will improve their situation. By diminishing the extremes of polarity, they become more spiritual and they become less caught up in material things and their general life experiences improve.

Awareness Came to This Plane to Bring This Message

This Awareness indicates it is for this message and this reason that this Awareness has come to this plane in this century, to help clarify many things that have been confused in the teachings down through the ages, for many of these teachings became *too* simplistic, and entities became quite confused about what God is, and what the nature of creation is, and what is the role of the individual in experiencing life.

This Awareness indicates too many entities believed that they were required to sacrifice in behalf of God or in the name of God. This Awareness asks entities to recognize the reality of the Divine, to surrender to the Divine, giving up as much of self as is comfortable, in order to experience the Divine Presence within themselves; and in so doing, their lives become easier to live.

This Awareness indicates that *It* does not ask entities to sacrifice and make things more difficult for themselves in order to become One with the Divine. This Awareness indicates *It* is seeking to clarify the meanings of life and the meaning of vibration and self in its relation to the vibration of the Divine so that entities can adapt to a more expansive understanding of who they are and where they come from and where they are going.

Prayer for Balance

Start your day and end your day by saying the following aloud:

I AM ONE WITH ALL THAT IS!

Thank you God

4

At What Depth of Trance is the Interpreter?

QUESTIONER:

At what depth of trance state is the Interpreter in at this time?"

COSMIC AWARENESS:

This Awareness suggests that on a scale of one to twelve, this Interpreter appears to be at approximately nine and ten. That this is ideal for doing readings. Any deeper, and the entity would be approaching sleep and would find it difficult to pronounce words and formulate sentences.

THE BOOK: "HIS ONLY BEGOTTEN SON"

(Are Jews the Chosen People of Orion to Rule the World?)

QUESTION:

"Recently I came upon three books. A source of material information that could be disturbing for most people if valid.

Published by Piqua Press, of Sarasota, Florida, in June of 1993, authored by Chief Little Summer and Warm Night Rain. In a small book, *His Only Begotten Son*, the authors contend this world is in various degrees of insanity, with a short-range future if we are not soon enlightened by the fact of our present Orion masters and divest ourselves of these manipulative shackles which keep us in ambi-servitude.

"Starting out with planet Maldek, which was about to become Fourth dimensional, it was dividing into the two main continents ruled by Marduk and Lucifer, both 5th Density Positive. The spread of atomic leaks and gases caused the planet to be reduced to gravel. Maldek was no more.

"Marduk, on a mission to earth at that time, realized that Maldek was destroyed, and proceeded by select breeding with earth females, produced 92% pure Maldekians over a period of time, or later called Jews. Though small in number, they became leaders because of their superior mentality. Plus, the many souls that migrated to earth from the destroyed Maldek.

"Now cometh Orion: the negative influence, who proceeded to influence the Jews that they could rule the world, so indeed they cast their lot with the father of negativity, Orion, also claimed to be God and a "jealous" one. Laws were rewritten, et cetera, The Jews were no longer the descendants of the noble Maldekians; they were the chosen people of God: Orion.

"About 2,000 years ago, there was a man Easu, born to the Jews, of High Fourth Density status. He was a teacher of great magnitude. The essence of Abraham flowed through him. His mission was to warn the Jews of consequences of worshipping Orion as God. He failed.

"Three hundred years later, the Gentiles created an image and bestowed upon it the attributes of Easu. They called their concoction Jesus. Lucifer was invited and assigned by Orion to animate the image. Power flowed. The Gentiles prospered and became known as Christians. They were led to believe that Easu and Jesus were the same soul entity. They have never been told of Lucifer.

"Naivete has now endured for 1700 years. When the name Jesus is called, both Easu and Lucifer hear and respond. Easu is the Lord of the Earth. Lucifer is the only begotten son of Orion. People do not know the difference. Easu/Jesus is a man of love and seeks no adoration for he is positive. Lucifer demands the spotlight while Easu stands in the shadows, for he is polarized in service to others.

"Lucifer makes his demands through the churches and the people humbly kneel in response. Lucifer, disguised as Jesus, is the unseen unchallenged power that rules the three pillars of our culture: religions, governments and

commerce. Before any cleansing changes can occur, it is absolutely necessary that Lucifer's identity be exposed to the world.

"This is essential to the negative harvest and it is mandatory that the nature of karma earned through ignorance be identified in the minds of men. Our earth mother cannot enter into her transition until the horror of this exposure is made prevalent. This is the next step in the procession of events.

"This is the purpose of this book, et cetera, et cetera. Would Awareness comment as to the validity of this material authored by Chief Little Summer and Warm Night Rain?"

COSMIC AWARENESS:

This Awareness indicates that this book as that which contains a significant amount of truth. Much of this has previously been given by this Awareness, but some of the information is unique and new in itself, and has applicable material pertaining to the reality behind the visions and stories of religious nature as given today.

This Awareness indicates that a much better understanding of religion can be experienced by entities who have this book as a resource. This Awareness suggests that it can be of great value to entities in helping them to better understand the nature of the true Christ, the true meaning of Jesus as compared to that which is promoted by the various religions of the world.

Refer to Previous Messages About Jehovah the Geneticist

This Awareness reminds you of earlier messages from this Awareness regarding the Orion entity known as Jehovah and his role in cloning the so-called Adam and Eve. That this entity was one who worked with Enlil in the creation of the prototype Cro-Magnon, homo erectus creature that was originally intended to be a servant for these entities, to be used in mining operations and other agricultural work on earth.

The Orion Masters Control the Economy of Earth Today

This Awareness indicates that the entity's reference to the Orion masters as also pertaining to their control of the economy on earth, which this Awareness has previously addressed. This Awareness indicates that this book as that which can be a good complement to previous messages and reference material given by this Awareness.

What to Do With this Material?

QUESTIONER:

She asks if there's any follow-up questions such as how to proceed. Is there anything she needs to do with this material?

COSMIC AWARENESS:

This Awareness suggests that the book as that which could be of significance and value to *Cosmic Awareness Communications* in their list of books for sale; that to refer this to them would be of great value to their collection of reference materials for the membership.

This Awareness suggests that you may wish to either send them a complementary book for their review, either as a loan or gift, or you may wish to send a copy of this message, or you may prefer just to inform them of the book and give them an address whereby they can research this on their own.

This Awareness indicates it would be of value to the membership to have access to this material if desired.

ED's Note: CAC does not stock this book at this time but expects to in the near future. In the meantime, you can get a copy for \$9.95 plus \$2.00 shipping, from Piqua Press, PO Box 32230, Sarasota, Florida, 34239. The authors have other books also. I personally recommend "The Teachings For the Fourth Density Aquarian"-- Volumes 1 and 2. (\$14.95 and \$16.95 plus \$3.50 postage).

Zacharias and the Inner Council of 9 of the White Brotherhood: Is Their Messages Valid?

QUESTION:

I have a friend, Joyce Holbrook, who is a psychic and channeler of many entities. In my personal readings, over 6 years, a messenger Zacharias, who comes through for me, also the Inner Council of 9 of the White Brotherhood. I wish to ask Awareness if these readings are indeed valid, positive authentic channelings from higher dimensions, fourth dimension, or are they in part a figment of the channeler's imagination?

COSMIC AWARENESS:

This Awareness indicates that it appears there is a mixture of both; that there is much within the information that is of a sincere and genuine quality as to any claims or definitions given, and there is also to some degree, particularly on occasions wherein the entity's own personal imagination or opinions comes through in her channeling. This is not in a great or significant way, but it is sufficient to suggest that you not take everything as though it was Gospel truth or absolute truth, but that you keep your mind open to examining information that comes through with the realization that most of it is valid and on occasion, some is questionable.

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CAC General Reading # 7-5-7-15-93 Paul Shockley, Interpreter

ABOUT THE POPULARITY OF ANGELS

(Is This a Way to Contact the Higher Self?)

QUESTION:

A question from Chris Largent. "Does Awareness have a comment about the rising popularity of angels? First came Sophie Burnhan's books on angels, along with now a host of other books such as "Surveys," by Malcolm Godwin and Geddies McGregor, and new books about how to contact angels, such as Elma Daniel, Timothy Wiley and Andrew Ramer's book "Ask Your Angels," and two of the three authors of this book give seminars on getting in touch with your guardian angel.

"Is this a way of contacting the Higher Self, or are there any dangers?" he asks.

COSMIC AWARENESS:

This Awareness indicates that it is possible for entities to come in contact with their higher guides or their guardian angels, but first entities have to move into states of consciousness that do not allow them to tap into lower realms of departed spirits. This Awareness would not advise entities who indulge in drugs or alcohol to make an attempt to contact non-physical entities or spirits.

How to Contact Your Guardian Angel

This Awareness indicates one must be careful as to what and who one vibrates with. This Awareness indicates that *It* uses the term "vibrates" because this is essentially the way by which an entity communes with non-physical beings. This Awareness indicates that if you wish to contact your guardian angel, the best approach is to tune in by focusing on your guardian angel until you feel a kind of vibration that fits the identification of what you perceive to be your guardian angel, and meditating on that frequency or vibration repeatedly, or for some duration allows the vibration to grow stronger.

This allows you eventually to merge with, or have contact with the Higher Self, the guardian angel or the spirit guide, depending on what you focused on. This Awareness indicates that *It* does not advise entities, in fact, *It* advises entities *not* to focus on guides or departed spirits that might be of a lower vibration than they themselves are.

This Awareness indicates one can pull into their lives negative spirits that pull them down spiritually, and these will inevitably cause them more trouble than they bargained for. This Awareness indicates that on the other hand, you can simply recognize that your guardian angel is there guiding you, and acknowledge its presence and express an appreciation for any help it can give you.

This Awareness indicates that it does not necessarily need any particular attention from you to serve as your spiritual guide, however, energies given to it help it to perhaps serve you better. This Awareness indicates its purpose is not simply to serve you, but also to direct you toward spiritual evolution.

This Awareness indicates that there are some entities who prefer to not focus on guardian angels, but to focus more on the Christ Light and concept and spirit of God; in essence, bypassing those energies between, and this is also seen as a beneficial approach, wherein an entity's vibratory focus is on the highest and not necessarily on intermediary steps or stations.

This Awareness indicates, however, it is easier to contact and receive assistance from the vibratory rates directly above you than those which are far above you,

and therefore, some entities may prefer the focus on a guardian angel rather than on God or the Christ Light.

This Awareness indicates it is a matter of how the entity wishes to pull him or herself upward through the vibratory channels in their quest for spiritual evolution. Both can benefit. It depends on how much one wishes to exert in terms of energy and how high one wishes to move in terms of frequency.

How You Cross Your T's Can Tell You Something

This Awareness indicates that it could be seen in the use of handwriting analysis wherein the height of your T-crossing would indicate whether you are more inclined to make contact with a spiritual guide, a guardian angel, or with God, by how high you cross your T's. If the T-crossing is far off the stem, above the stem, you may have goals, spiritual goals so high that they are almost unattainable, but if the T-crossing is heavy and strong, showing enthusiasm and determination, you may have sufficient energy to reach the Divine through your efforts.

If your T-crossing is very low, lower than, for example, the mid-line of your writing, the top of your small letters, then your ambition in attaining communication with higher forces may be no higher than talking with a neighbor. This Awareness indicates if your T crossing is above that mid-line or near to the top of the T stem, then your ambition in terms of spiritual evolution would suggest you are realistic and seeking to make contact with a higher force, a higher spiritually evolved being, and that you can quite likely do so because your T-crossing is still on the T-stem.

It is suggested that this can be favorably maneuvered. This Awareness indicates that the entity simply focuses on the higher frequency of a Divine Force and that focus will lead the entity into a vibration that allows the connection to occur. This Awareness indicates that once the entity has made such a connection, the entity may also thereafter focus on still a higher frequency, visualizing the concept of God or the Christ Consciousness, or whatever he or she perceives to be a higher spirit, a higher spiritual being, and in focusing, seek out the vibration of that entity and dwell in that vibration, in that frequency, in that spiritual energy of the Divine Being until you have made complete contact and experienced the presence of that entity, basking in the frequency and vibration of that entity.

This Awareness indicates that this comes through surrendering to that higher spiritually evolved entity. This can be achieved through meditation or through prayer, coupled with a sense of surrender of one's own personal will.

THE FOCUS ON BIBLICAL ANGELS

(Are They Like Saint Twinkle or Will they Really Help Entities?)

FOLLOW-UP QUESTION:

A lot of these books they're putting out about angels, I don't believe they're focusing on spirits, as we refer to spirits, but as to not just the Higher Self, but as Biblical types of angels such as Raphael and Gabriel and so forth, to which these authors claims that entities identify with or attach to. Is there any truth at all to that, to some of these Biblical angel names that would come into people's lives by following the instructions in these books?

COSMIC AWARENESS:

This Awareness indicates that this would be likened unto promoting spiritual or invisible butterflies and entities conceiving of these invisible butterflies as energizers for their spiritual needs. This Awareness indicates there is a degree of value in this action, much

the way the creation of Saint Twinkle, if you will recall, was described in a reading in the past, whereby entities can pour energy into a concept, an idea, a name, and give the energy to that with an expectation of some outpouring of blessing.*

*Revelations of Awareness issue 80-08, \$3.00 from CAC.

This Awareness indicates that just as one can create an entity in their imagination, they can also energize concepts of angels from antiquity as being part of their present spiritual environment, and in such energizing, can receive benefits from these entities, but they have to put energy into it with the expectation of certain eventual rewards.

This Awareness indicates the energy going into a higher spiritual frequency will come back to the energizer in a way that bears gifts from that higher frequency, and if entities wish to put a name to that higher frequency, such as Michael, Gabriel, Raphael, et cetera, then this too can be part of the formula.

The Ninja Turtles Parallel Guardian Angels

This Awareness indicates that you may notice that the children's fad or obsession with the Ninja Turtles is very much like one's fascination with the four guardian angels, signifying the four directions; that there is Michelangelo, who corresponds with the angel Michael; Raphael, Donatello and Leonardo. These have become substitutes for children for guardian angels in such a way that they appeal to the children's natural inclination or subconscious memory or subconscious programming to the four guardian angels, and this is one reason for their considerable success, and popularity with children.

This Awareness indicates that adults also may have such a fascination with the four guardian angels. These angels representing the four directions: North, South, East and West. These angels also are symbolic of the four forces of God, the four pillar of Hercules and other ancient terms reflecting the name Yod Heh Vod Heh, or the name of God.

This Awareness indicates that entities in focusing on the guardian angels and identifying with one or more of these entities can give some certain quality to their over-all psyche through such identification. It is likened unto identifying with a character in a play so that the actor, having played this character for so many months, begins to take on some of the qualities of that character in his or her own real life.

This Awareness indicates that these things can have an influence on an entity. The concept of a guardian angel, which is well-defined for the entity, can help to influence the entity's own sense of personal identity to include aspects of that guardian angel as part of the individual's personality and character.

This Awareness indicates that some entities need and gain from this kind of identification with angels. This Awareness indicates that the question implied whether this was true or simply imaginary for such entities but cannot be answered yes or no because all things that are true, all things that are materially manifested begin with an image and manifest in reality only when that image is projected and held long enough to take on qualities that are perceived as tangible to the senses.

This Awareness indicates there are many other things that are not fully tangible to the senses, but are well-grounded in the levels of imagination so that they may be considered true to a degree, even if not totally tangible and compatible with sensual reality.

This Awareness will explain further: All things that are sensual reality, or real to the five senses got that way through mental and emotional perception. In other

words, through the gradual effort of imagination. Reality did not simply suddenly appear. It was built from mind and emotion into substance in very gradual progressions.

This Awareness indicates all matter, for example, is an accumulation and condensation of Light energy, and if matter were to dissolve, its energy would go back into energy of Light, and Light is associated with consciousness and vibrations and frequencies that lie beyond the level of visual light, so that these higher frequencies eventually may move back from matter toward the vibrations and frequencies through the frequency of Light and into higher frequencies of consciousness.

This Awareness indicates that the consciousness can, along with focus, bring about an image, an image that is a mental picture using colors and lights, which in turn can move into a pattern that is of mental substance and which then can manifest into physical, tangible sensual realities.

THE PURSUIT OF A LASTING PURE SPIRITUAL/SEXUAL LOVE

(An Artist Laments the Frustration of a Liberal Life)

QUESTION:

A question, or questions from Jon S. in Seattle, He's got a long rambling statement here, which I'll read and try to find the questions. He writes: "For years I have lived apart from regular society. Society has always held up marriage as a sacred concept, but growing up in America I saw all too clearly how marriages fell apart, and even if they stick together, they have a tendency to deaden both the husband and the wife so that they eventually end up merely tolerating each other instead of feeding each other life and supporting each others' creative aspirations.

"Consequently, I have had a strange but rich life of various partners and friends and lovers, but have never really fastened on one as being 'the One' for me. In fact, ever since junior high, I have believed that there is no such thing as "soul mates" because life is too rich and vast and strange to squander it on one person or to try to see a reflection of yourself in one person, or to try to share your life with one other person, so I have lived a strange and varied but oftentimes lonely and wretched existence.

"Now, however, I have met a person who forces me to relearn everything again. Here is a person who challenges me, who invigorates me and who inspires me and who keeps me interested. Now the question is: For so long I have given partners and lovers nothing but freedom and have wanted no string attached, so to speak. I am not used to letting myself be really open or really honest with anyone.

"Up until this time I didn't think anyone was worth it. Now, I'm all confused and feel like a teen-ager all over again. I want this other person in my life, more than I've ever wanted anyone else in my life, but it seems to cause a lot more anxiety and unpleasantness than I am willing to experience, and yet it somehow seems worth it. We are both artists and recovering Catholics.

"Anyone who is close to the artistic or creative process is more closely aligned with spirit and all of its emotional ups and downs and therefore, in a kind of way, more volatile and touchy, more irritable and strange and oftentimes more crazy. So, what can one do but laugh in the face of it all?

"Awareness has stated before that people expect too much from sex, but when you finally meet someone you really love, then you expect the sex to be really nourishing and beneficial to the soul. My problem is, from

all the other sexual experiences I've had that weren't nearly as "real" or heart-felt, how can I deal with that part of me that doesn't believe or trust or know anything about the promise of a lasting pure spiritual/sexual love, and yet craves it at the same time?

"I have decided that going slow and not initiating any sexual congress is the best thing for the moment, but clearly it is a very tricky situation since most of my life has been lived with the attitude that sex is simply another food for the soul that one experiences and it is not such a big thing, so to speak, but that was because my whole heart and soul wasn't properly engaged. When one is sustained by sexual contact and yet never allows that contact to become deep and long-lasting, how does one change one's attitudes in the middle of one's life and allow a more permanent or long-lasting bond to be made?"

"I try not to think about it too much and try to keep a sense of humor, but I feel that a real cosmic and mystical truth really does lie in a man/woman relationship that is based on real spiritual/sexual rapport."

That's the end of his statement. There's several questions. Could Awareness comment on his overall rap?"

COSMIC AWARENESS:

This Awareness indicates the entity, like most entities, has passed through a level of maturing. The entity as having formulated a philosophy that has allowed him to sow his wild oats with justification in a philosophical sense and is now approaching that maturity that calls forth for a meaningful and deeper commitment to something more valuable than the mere planting of seeds.

He is now concerned with cultivating a life and relationship. This Awareness indicates that the entity is adjusting his philosophy to this new need to cultivate a deeper and more meaningful relationship and senses some conflict with his previous philosophy and seeks to understand the shift in philosophy, so that it can be made palatable and acceptable to his consciousness, whereby he can rationalize or give reason for having a more meaningful relationship now, after years of shallow relationships.

During Youth Sex is Biological and Not Spiritual

This Awareness indicates that the entity essentially is approaching the time of life whereby he can focus on deeper values in regard to relationships with another person. This Awareness indicates the entity needs to recognize that this is appropriate for one who is maturing; that in youth, the sex drive is more of a biological need which many entities attempt to define as a spiritual expression.

It is essentially a build-up of certain hormonal energies in the body which look for an outlet and in finding the release of these built-up energies, they see this as a spiritual expression, when in fact, it is simply relieving pressure of too much sexual energy.

This Awareness indicates that it is not the sexual expression that is of great value, it is the relationship that entities develop which is of greater value and the sexual intimacy is but a form of comforting each other in reliving those hormonal pressures. This Awareness indicates that if you find someone who you feel extremely close to, whom you wish to be around and with whom you would like to spend your lifetime, it is only natural that you might want to have that person be close enough so that you can comfort each other in relieving those sexual pressures, especially in ways that will bear children also.

This Awareness indicates that in other words, rather than thinking of your present relationship as being developed and guided by sexual urges, this Awareness suggests you recognize a need for that special commitment in relationship, which allows for the sexual by-product and comfort of the relationship to be part of the union.

Sexual Urge Declines in Men at 18 but Not Till 30 in Women

This Awareness indicates it is for this reason that you are going slow in the sense of your sexual development. You want it to be a relationship more than a sexual encounter. This Awareness indicates that in part, the sex-drive begins to diminish, particularly with men at about the age of 17 or 18 years of age, it continues to grow with women into the early 30s before it begins to decline. This Awareness indicates at your age you have been in decline for some time, and therefore, you do not have that urge that forced you to look for an outlet for the sexual release that you may have had earlier in your life.

Now you are looking for companionship that is significant and meaningful to you, and of course you still have enough of a sex drive to couple that need along with other personal needs so that your new relationship will include this sexual urge and need for an outlet.

This Awareness suggests that you are approaching this with the realization that something new has occurred in your life; that you are shifting your focus from sexual expression to personal expression and the need to be a companion, the need to share elements of your life with someone else with whom you are very compatible and with whom you have compassion.

This Awareness indicates that this should be the major focus in the relationship so that you gradually get to recognize the total person with whom you seek to unite, and not simply seek to unite with a person in order to relieve your sexual urges. This Awareness indicates that it is a simple matter of one who is maturing and growing into adulthood after many years of being controlled by sexual urges and not having any real relationships of meaningful nature as top priority concerns.

OLDER MEN TAKING YOUNGER WOMEN

FOLLOW-UP QUESTION:

I wonder if such a relationship would really work out for him. This woman that he's enamored of at the moment is approximately 20 years younger than he is, and if he's on a descending sexual curve and she's on an ascending sexual curve, won't this create problems?

COSMIC AWARENESS:

This Awareness indicates that this is likely in the future, but there are many relationships of this nature that develop into marriages and some of these are lasting. It will depend on whether this entity who he is focused on is or can mature more quickly than did he in his maturing, and if she does mature more quickly, whether she will continue to appreciate and love him 20 years from today, when he is close to 60 and she is close to 40.

This Awareness indicates that these are things that need to be considered, but generally, will not be considered because the infatuation of the moment is far greater than the practicality of the future. This Awareness indicates it is quite common for older men and younger women to marry and in many of these situations, the relationship is satisfactory to both. There will always be some problems relating to the disparity in age, but every marriage has some difficulty.

This Awareness indicates that wherein most women are pleased with the man who protects them and

provides for them, and most women do not care as much about looks or appearance in a man as do men in their selection of the woman, it allows for this kind of marriage to have a relatively good chance of surviving for long marriages. This Awareness indicates that in some instances, the man and woman are of the same age. They age together, and when the man is older, he looks at his wife and she is as old as is he.

This Awareness indicates that in such cases, there are some who say: "I am living with an old lady! I could have someone much younger, much more vibrant and much more beautiful." And the marriage breaks apart because the man loses interest in his wife who has aged along beside himself.

This Awareness indicates that therefore, the marriage of entities the same age may not be any more assuring than the marriage of a young woman with an older man. This Awareness indicates there are still other situations also, wherein the woman may be quite older than the man, as in the case of some movie stars in their marriages to younger men.

Some Movie Stars Show Off Their "Toy Boys"

This Awareness indicates that these sometimes work out, and sometimes only work for a short time, giving the woman a certain amount of pleasure at having a young man to showcase. These young men/older women marriages are often referred to as the "toy-boy" marriages, wherein the woman marries a young man to show off her toy to others whom she knows.

This Awareness indicates that these marriages generally are not long-lasting, but can be satisfying for a time. They are generally not deep commitments or deep in terms of devotion, but are more for a temporary pleasure and ego-satisfaction. This Awareness indicates that there are many ways whereby entities can satisfy certain aspects of their needs through marrying outside their own age levels, or marrying someone outside of their social status or marrying someone outside of their own race or cultural background.

Sometimes entities enjoy the great difference that comes from such marriages. It stimulates and it creates excitement and varieties and even conflicts, but these add more excitement and spice to their lives than a comfortable but perhaps boring marriage with someone who is quite compatible in age and in culture and in behavior.

Some Couples are Content with Mutual Constipation

This Awareness indicates of course there are still others who want the companionship of someone just like themselves. They marry at near the same age, they grow older together, they may even work together. They may even have the same friends and relatives and visit the same places and enjoy everything equally together.

When one begins having certain problems that come with age, the other may begin having similar problems, thus, they suffer aging together. They have their constipation at the same time, and they develop diseases at the same time and aches and pains at about the same time, and they each want the other to help take care of them in their afflictions, and these entities may remain together, devoted together, till death does part them, and this for some is the ideal marriage.

There is nothing exciting, nothing disturbing. There are no affairs, there are no problems in terms of their marriage. They have their children, they have their work and they have their home and they have their illnesses and they have each other and they are satisfied. This Awareness indicates that they enjoy the life they share with each other.

This Awareness indicates that whatever it takes for entities to find happiness with someone, living close, sharing lives; whether it requires conflict and excitement, a clash of cultures, a clash of background, a clash of religious differences, or whatever it takes to bring people together to satisfy their needs, can be found in some marriage here or there, and those things may hold the entities together, or those very things, in someone else can drive the entities apart, causing divorce.

This Awareness indicates you simply have to know yourself and get to know the other person and determine from what you see, what you are willing to sacrifice in order to stay together, and from that determination, you then make a decision whether to marry or just have a fling and call it quits.

This Awareness indicates that in most cases, entities will not have any idea as to whether things will work out or not. It is likened unto the song sung by Leonard Cohen: "I never had a map to get me to the heart of this or any other matter." And in most cases, entities do not have a map or a set of directions as to how to make a lasting marriage.

It simply has to develop from moment to moment prior to and after the wedding and entities have to decide from moment to moment, prior to and after the wedding whether it can continue or whether it needs to be dissolved and much of this decision will have to do with whether the entity is truly caring about the partner or whether the entity only cares about his own personal needs.

If a Partner Can Give Up Self a Marriage Can Survive

This Awareness indicates marriage, in other words, is a reflection of the maturity that one has reached or can reach through the relationship. If an entity can mature enough to give up self, even though maybe giving more than the partner deserves in accordance with his or her obnoxious behavior, the entity able to give more of self to make it work can help to preserve the marriage and rewards come from this, even though there are frustrations and pride is hurt, even though the entity does not feel appreciated by the mate, even though the mate has wronged the entity; if the entity can give up self, the marriage can continue and the relationship may survive and the entity may benefit greater for doing so.

This Awareness indicates there are of course times when an entity must say: "Stop! I will go no further. I will give no more. You have done this to me, you have done that to me! It is not time for you to do something good for me. It is time for you to recognize my needs!" This Awareness indicates that when this occurs, wherein you can absolutely give no more of yourself without something in return and you find yourself expressing this, often you will be surprised and your mate will recognize your needs and give in and acknowledge "Yes, I haven't been very caring in recent weeks or months! I need to give you more attention and I will do better!"

This Awareness indicates these are great joyous times for an entity in a marriage wherein he or she feels it is doomed to failure, but wherein the partner gives in enough to salvage the marriage. It helps one to become even more committed to the partner so that he or she is ready to give of self some more to make it happen.

What Really Makes a Marriage Work

This Awareness indicates marriages don't stay together because entities love each other. They stay together because entities work to make the marriage work. Entities can love each other and still not stay married. They can love each other in divorce. Love alone does not hold the marriage together. Commitment,

in spite of problems plays a major part in the relationship.

This Awareness indicates often commitment depends on things unrelated to the love entities have toward each other, wherein perhaps they both have certain other commitments together that have nothing to do with their love to one another; wherein they have goals they are working on together; often these goals or these problems or these projects hold them together more than does the love they share for each other.

Perhaps the children hold the entities together moreso than the love they hold for each other, and once the children are raised, the entities have to re-evaluate their relationship and sometimes entities part when the children are raised and sometimes they fall in love again after the children have been raised.

This Awareness indicates there are many factors to consider and to recognize that marriages are indeed fragile and that they are an entity unto themselves and need to be cuddled, and cared for, just as one would care for a child.

Hug Your Mate at Least Three Times Daily!

This Awareness indicates that of course, expressing loving affection for your mate is one of the ways whereby you can energize livelihood into the marriage. This Awareness indicates your mate should be hugged at least two or three times daily, affection should be exchanged every day, several times daily, even if there is some conflict between the two of you.

This Awareness indicates the same goes for the children of a family. The parents should always find time to give each child strokes and affection and appreciation. It raises healthy families and healthy individuals.

A NEW "LESSONS OF ENLIGHTENMENT" WEB SITE

<http://lessons.netfirms.com>

Thanks to CAC members Lloyd Ard and Lloyd Klaperich, a new web site is now available on the Internet devoted exclusively to the *Lessons of Enlightenment*. Here you can post your comments and insights, even join in a Chat Room for discussions with other fans of these dynamic Lessons that are astounding entities when their "breakthrough" occurs and they want to cry to the heavens: "Holy Cow! I just got it! I can't believe it! This is incredible! My mind just opened to the entire universe!" If this hasn't happened to you yet, then you need to visit this new web site. The people there are waiting and willing to help you make your breakthrough. There is also a complete Index to the Lessons so you can pick and choose any section you desire. And you do not need to download! There is also an important link called **Topic Search**. Just type in any word or words and it will search all the (posted) *Lessons of Enlightenment* and immediately show you a complete listing of which *Lessons* have the information you are searching for. Check it out. It may be just what you need at this time!



Wisdom of Awareness...

IN UNCERTAIN TIMES REMEMBER AKASHA

(You Can Have Absolute and Total Peace at Any Time)

This Awareness suggests entities during these critical times remember Akasha. Akasha is that energy that permeates all things. It is the Life Force that is everywhere present in the universe. It abides within you and beside you. It is everywhere present. It is the Mind of God.

You are within the Mind of God. Akasha is the Spirit, and you float in an ocean of Akasha if you are residing in the universe, and that Akasha can offer you absolute and total peace at any time, regardless of the storm, the chaos that is occurring around you.

In all of the molecules and matter, in all of the emotion and words and potential violence, there is always that peaceful energy known as Akasha, the Spirit of God, which you may attune to simply by focusing and feeling *Its* presence within and around you.

Issue 96-12

WISDOM OF AWARENESS: ON REVENGE

This Awareness indicates in the Cosmic Laws, vengeance is not given to individuals for the purpose of balancing the Laws, or enforcing the Cosmic Laws. This Awareness indicates that once a crime has been committed against another, a further violation against the criminal whereby that criminal is treated in a similar manner, (this being common in ancient times and being carried forth into present time)—this is man's law, not Cosmic Law.

Issue 80-3

VISIT THE NEW C.A.C. HOME PAGE AND DOMAIN ON THE INTERNET

The CAC Bulletin Board has come alive since the WTC tragedy. We invite you to post your comments and observations. Let us know how you feel. These are very trying times. Also, please check in to the CAC "Chat Room" and communicate live with other entities familiar with the Cosmic Awareness readings. Much is happening and this website is constantly being updated. Go to:

www.CosmicAwareness.org

When Our Government Commits Criminal Acts, Do its Citizens Receive Karma for those acts?

QUESTION:

A question from Robert Burns, in Ewing Township, New Jersey. He writes: "I have been a reader of the Cosmic Awareness newsletter for about 15 years or so and have attempted to absorb all of the mind-boggling information. I also have read a number of the books that you sell as well as the *Spotlight* newspaper and books that they sell.

"One particular item that concerns me is when the United States government takes an action that is wrong, how are ordinary United States citizens effected in their karma by these actions? As examples, during war-time, indiscriminate orders are issued whereby civilians are killed, such as bombing raids that purposely target cities as in the World War II raid on Dresden.

"Several hundred thousands civilians were purposely killed on Churchill's orders. At the end of World War II, General Eisenhower, by his orders and with the prior concurrence of President Roosevelt caused at least one million German prisoners of war to be starved to death in spite of the Geneva Convention, then systematically, most of the documentation was destroyed.

"These facts were confirmed in a book called *Other Losses*. I could go on and on citing other instances in various branches of the United States government that are going on at this time. Much is difficult to prove, but the results can be seen. Many people close their eyes to it. However, it is troubling me very much and is constantly on my mind. Just reading the newspaper each day is depressing.

"How does an individual cope with these government activities, knowing that terrible actions have taken place and continue to take place, but without any recourse to correction?"

COSMIC AWARENESS:

This Awareness indicates in relation to the first part of your question regarding the karma of individuals in relation to their government and its actions, this Awareness wishes to explain this karmic responsibility of individuals. This Awareness indicates that you are *only responsible* to the degree that you are a *participant* in some violation of another.

This Awareness indicates that in reference to the word "participant," this means a willing, knowledgeable participant. If you are not aware of your participation or not aware of the implications of your action, then you are not a willing participant, a knowledgeable participant.

No Karma for You When Your Taxes Are Misused

In other words, the fact that you have paid your taxes and your taxes are misused, does not cause you to accumulate karma because of someone's misuse of your taxes. This Awareness indicates that if your country violated the principles of decency in some activity it is not your responsibility, unless you were somehow aware of or should have been aware of the indecent behavior, and could have done something to prevent it.

If you are involved in some situation but have no knowledge of the whole ramifications of the activities involved which in some way violates someone, you are not held responsible for that unless you should have been aware, or unless you were aware, or unless you knowingly participated, and the degree of your involvement determines the degree of karma involved for you.

This Awareness indicates that many people during World War 2 were totally unaware of some of the atrocities committed on both sides of the war, and being totally unaware, also had no way of, or reason to find out about the atrocities, no suspicion that atrocities were occurring, and therefore, cannot be held responsible, karmic-wise.

Many of the German People Not Karmically Responsible for Atrocities Created Under Hitler

In other words, even those German people who did not know about, were not aware of, or had no way of finding out about the atrocities being committed, cannot really be held accountable for the atrocities that were committed by the ones who were perpetrators of such atrocities.

This Awareness indicates that in still another level, there were people who were aware of the atrocities, but who had very little ability to counter the orders, or counter the activities of the atrocities, and these entities by simply knowing about the atrocities *would* be held partially accountable in terms of karma, for knowing, and doing nothing about it, even though, to do something would be extremely hazardous to their livelihood or to their life.

Doing Nothing or Doing Something—Both Create Karma

This Awareness indicates that the fact that one's life could be threatened by taking action when you know something is being done and that this something is wrong, does not totally alleviate you from the karma involved, and if you know about it, even though it is threatening to your life, you may accumulate some karma. The greater the threat of course, to your life, the less will be your karma, in terms of doing nothing.

But, it is still a fact that by doing nothing, you will accumulate a degree of karma. This Awareness indicates that it is the same in war, or in peace; that any violation against another in which you tolerate the violation, you will accumulate karma for such a toleration. The degree of karma is that which needs to be recognized as part of the formula.

This Awareness indicates it is not to say that all karma is the same, and all karma must be avoided completely, for there are degrees of karma, and sometimes, an action in either direction, choosing one action over another may also result in karma, and in some cases there is no escape from the development of some karma.

If you chose one path, you create this kind and this degree of karma. If you chose another path you may develop this other kind and other degree of karma, so that in some cases, you may find yourself accumulating karma in a negative sense regardless of your choice.

This Awareness indicates that the idea is to diminish karma as much as possible. It is almost unheard of for entities to go through life without accumulating some karma. If you find yourself accumulating karma of a negative sense, you always have the opportunity to develop a more positive form of karma, or that which may be referred to as the good karma, or blessings in your life for work and jobs well done.

The Law of Grace Supersedes the Law of Karma

This Awareness indicates that it is also important to remember that grace is a law that supersedes the Law of Karma, and grace can erase negative karma, but that grace is that which is given and not taken by an entity. It is given by divinity. Just as a judge may give mercy to a criminal, a Divine Being may grant grace and forgiveness to one who carries a karmic debt.

This Awareness indicates that the only thing that a carrier of karma can do to improve his or her chances of

being granted a graceful forgiveness for karmic debt, is to express, feel and express great remorse for the errors that have been committed, and to devote oneself to doing something worthwhile and good for others or for the one who has been violated, if possible, in order to make up for the karmic error as much as is possible.

Doing Service for Others Can Help Diminish Karma

This Awareness indicates in other words, for example, a soldier or guard or person involved in war-time in violating prisoners or others, may at a later time in his life devote his energies and time to doing service for others in a manner that helps to compensate for the harm he or she caused others. This Awareness indicates that this can allow an entity to help diminish the karma that he or she has earned through the negative activities from the earlier part of his or her life.

This Awareness indicates in the event where an entity does not survive long after committing negative karma, he or she will come back and usually have a sense of needing to serve others, to make up for the karma of the previous lifetime. Obviously, if the entity can survive and make up for the negative karma while in the same life, much of the karmic debt may be alleviated considerably, so that when the entity reincarnates in a later life, the efforts to repay the debt will be much easier, much diminished since much has been already attended to in the prior lifetime.

HOW CAN WE COPE WITH THESE AWFUL GOVERNMENT ACTIVITIES?

FOLLOW-UP QUESTION:

Did Awareness cover the second part of the question: "How does an individual cope with these government activities, knowing that terrible actions have taken place and continue to take place, but without any recourse to correction?"

COSMIC AWARENESS:

This Awareness indicates that you do what you can, according to the situation to help where you can. Generally, since individuals have so little personal power, they cannot deal with the great power of a government. All they can do of any measure is to inform others to pass the word, to spread the information among the masses so that by many people discovering what's occurring, they begin to work as a unit and eventually counter the activities that are offensive.

This Awareness indicates it may take time. It may take much effort and energy. It may even cost lives to counter the activities of an errant government. This Awareness indicates that in such a case, one might develop karma for enticing others into an activity that leads to a loss of life, even though that activity may be necessary and proper considering the total situation.

This Awareness indicates, however, that as indicated previously, there are sometimes situations that cause a dilemma whereby to do nothing creates karma, and to do something creates karma, and one must consider carefully whether the activity one promotes, which is surely a threat of potential karmic repercussion, is worth the effort to prevent some greater karmic repercussion that might occur if one does nothing at all.

A Revolutionary Leader Can Often Become a Power-Monger

This Awareness indicates that all of these things have to be weighed and balanced by an entity, either consciously or subconsciously, and much of it has to do with an entity's intent and motive and purpose. An entity who lead a revolution may have high ideals and a desire to free the masses from some oppressive government, but if the entity's motives and ideals become distorted in the process and he begins to think of himself as some

great leader and seeks power from the outcome of his revolution, the motive may become one that alters the karmic result of his work, and he may simply become a power monger, instead of a liberator.

Instead of freeing the people, he may become one who seeks power and upon completion of the revolution, he may be no better than the one he overthrew. This Awareness indicates that motives need to be understood and constantly evaluated within oneself as one takes action, for one person's action is often another's violation.

THE REAL DEFINITION OF "KARMA"

QUESTION:

This seems to be a subject a lot of entities can't get a handle on. JD in New York, for example; I think Awareness just answered this question, but since we're in this area, I'm going to ask it and see if there is any additional information. She writes: "Karma: Accounts of what this means confuse me. The traditional definition says it is merely the results of your actions. If, for example, you overindulge in alcohol, then you will as a result, damage your liver, but frequently, sources like Cosmic Awareness and others make it sound like the other common definition: Acquiring "merit" or "demerits," due to your actions.

"These two concepts are difficult to reconcile. Can Awareness please clarify?"

COSMIC AWARENESS:

This Awareness suggests that you substitute the word "consequences" for the terms "merit" and "demerit." The consequences may be favorable, or the consequences may be unfavorable. If they are unfavorable, they fit into the definition of demerits. If they are favorable they fit into the definition of merits.

This Awareness indicates that essentially, the consequences are the karmic results of an action, just as cause and effect terms express the same concept. There is really no difference when you use the proper words to define karma. There are not really two different definitions.

This Awareness indicates unfortunately, words are sometimes inadequate in describing the terms of concepts that are associated with an idea, and this Awareness indicates the term or word "karma" can be confusing because there are not clear terms to define the concept, but the term "consequence" may be the closest.

This Awareness indicates that as long as you understand there are favorable and unfavorable consequences then you also understand the concept of cause and effect as it relates to karma.

Did Gen. Eisenhower Really Order A Million German Prisoners to Starve?

FOLLOW-UP QUESTION:

This reference to General Eisenhower starving a million German prisoners to death after the war ended, in spite of the Geneva Convention: this information has never shown up in the regular media, but underground magazines and publications like *Spotlight* have gone into it at length, under the title of "Revisionist History." Would Awareness confirm or deny that this information is valid? particularly in this book called *Other Losses* where he claims it proves that Eisenhower and Roosevelt were in collusion on this tragedy.

COSMIC AWARENESS:

This Awareness indicates that it appears there were a great number of the entities who suffered through starvation and other forms of abuse in those prison

camps. It does not appear that the numbers insinuated in the book are correct, but that they are an exaggeration.

This Awareness indicates that it is much like the exaggerations that came out after World War II in regard to the numbers of casualties in certain European camps and also the Vietnam casualties were often listed in exaggerated terms during the Vietnam war. This Awareness indicates it appears to be a common propaganda approach to exaggerate terms when trying to influence thought so that entities perceive the information as having much smoke even if you do not see or believe the fire.

In other words, by creating a record of a great fire, entities will believe there was at least a considerable amount of smoke, and the greater the fire, the more likely the entities will believe in a degree of truth. It is that concept of the big lie implying that there is some truth in it. The bigger the lie, the more there must be some truth to it.

Magnifying and Exaggeration Common in Dramatizing

This Awareness indicates, however, that this is not to say there is not truth, or that the lie is intended to be exaggerated, for many entities who tell a story that is unbelievable to the masses, will tend to magnify out of the dramatics of the information. A magnified expression, such as in the promotion of a product is fair game in advertising, and likewise, in telling of something that is hitherto unknown, a magnified expression of the unknown information simply dramatizes it to make it more noticeable, so that entities will pay greater attention.

If the numbers were considerably smaller, such as half a million or a quarter million, the book would lose much of its importance. If the book were to say "A quarter of a million people starved to death and another half-million almost starved to death," it would not be quite as dramatic and meaningful as to say "A million prisoners were starved to death!" as though it was some kind of plot.

This Awareness indicates it may not have been as intentional, and calculated as the entity implies. It may have been a considerable amount of neglect that helped create these figures. Nonetheless, there was error involved and there were violations to the prisoners, and violations of the Geneva Convention.

This Awareness sees this as accurate, but exaggerated in the writing of the work.

What Type of Message or Service Should This Minister Give During Sunday Services?

QUESTION:

A question from Reverend Elaine Squitiero, in Leominster, Massachusetts; She writes: "What type of service or message should be given at the podium for Sunday services?" And I'll read the rest of her statement. "I have heard quotes and the speakers' interpretation of Bible passages, Personal testaments and stories.

"Most of the talks are by persons that did not really know what they were talking about. Preachers talking for about 30 minutes or so to air what is on their mind. They pray like they are giving a performance. Over the years of listening to hundreds of people speaking on all kinds of subjects and all kinds of churches, I never heard anyone truly teach the lessons on how to truly grow to God, or how to improve on their spiritual development and well-being.

"Most of them just want to "save my soul" and tell me how to live. When I speak at the podium, I truly would like to teach the people how to be more aware. I realize

it is hard to teach the wisdom of the universe in 30 minutes. I have done lead meditation, taking responsibility for your own health and personal growth.

"I also spoke on the origin of the soul and no one can save your soul, as it is not lost in the first place. I agree, some (or most) people are not ready for the information as they had grown up with a different point of view and do not want their belief system shaken.

So my question is: Would Awareness speak on what would be the ideal way using the Sunday Services time, (and all week) for the betterment of all mankind? What subjects would be best to speak on or to teach?"

COSMIC AWARENESS:

This Awareness indicates this is a question that depends on the situation, the type of church, the type of audience you refer to. This Awareness indicates that if you are speaking to people of a particularly narrow faith, you cannot speak on every topic that might be of value to entities without keeping it confined to that which they will accept.

This Awareness indicates that if you have open-minded people, then of course you have an entire array of various concepts and topics that you can speak on. This Awareness indicates that essentially, if you are speaking of the development of one's spiritual life, the soul, rather than telling them moral things as to what they do in a sense of instructions, your best approach would simply be to suggest that they surrender themselves totally to the Divine Force, and in that surrender, let the Divine Force guide them.

This Awareness indicates that you may wish to define what you mean by Divine Force in accordance with their own understanding. This Awareness indicates that if you are concerned about the way they live, you might find it important to talk to them about relationships, behavior toward one another, and values that are important to their collective lives, so that these values get proper attention and understanding.

This Awareness indicates that this may get into areas known as morality, keeping mind that mores are more or less traditions of a society, thus morality is essentially the traditional values of a society. This Awareness indicates that your question is such that it is very difficult to answer except in the most broad terms because it applies or can apply to many different types of cultures, philosophies, religions and groups.

Talk to Them About Universal Needs and Harmony With God

This Awareness suggests you talk to them about their needs and if you wish, you may speak to them in regard to universal needs, things that are common to all people: the need to be one with society, the need to be in harmony with their world and with their society, and with God. By being in harmony with God, one who surrenders to God finds ultimate harmony.

One who is in harmony with God, who wants to be in harmony with society must decide what degree of harmony, without violation to God's principles one can assume, and then how to live in harmony with that society while still maintaining one's harmony with God, and what to do when one finds oneself in harmony with God but not able to be in harmony with certain aspects of society that are not in harmony with God.

This Awareness indicates there are many topics that are broad which can be applied to any religion or any group so that your message fits their needs, while still having a universal quality and still reflects a universal truth.

This Awareness indicates it is unclear as to the precise quest in your inquiry. It appears to be a question that

seeks to find some kind of message that you can give to those whom you are in touch with. The only way this Awareness can answer this without knowing the particular details of your situation is to reply in the most broad terms and let you apply it to the specific needs you have.

Discuss the Importance of Values and Needs of Entities

This Awareness indicates that by suggesting the surrender to the Divine and by suggesting that entities *seeking certain values in their lives, you may want to get into a discussion of the more important values: the value of sharing, the value of helping each other, the values of service, and also you may wish to discuss needs which all entities have, and whether these needs are of great significance.*

You may wish to discuss the need for security and how entities will often violate others for their own security, but that you may also wish to discuss that which can be called the Eternal Insecurity, so that entities do not think security is a given fact, that all entities should have.

Explain That There Is an Eternal Insecurity

You may explain that there is an Eternal Insecurity and that ever and always, no matter how secure an entity may be or may seek to be, they will always have some insecurity in their lives, and that at some point in spiritual growth, they must develop a recognition of that Eternal Insecurity and accept it as part of life, recognizing that they cannot have absolute security.

They can only have reasonable security and must learn to live with some insecurity. This is a concept that many entities have trouble with, but once they can accept a degree of insecurity in their lives, they find insecurity as not such a haunting ghost in their lives, not such a curse, but they find it as simply an element in their lives which they work around.

It is likened unto having a monster in your home which bothers you only if you bother it, and if you ignore it and work around it, it is no problem. Insecurity is simply a fact of life. Accepting insecurity as a fact of life allows you to get rid of the fear of insecurity, allows you to work around it.

Explain to Entities About Eternal Unfulfillment

This Awareness indicates that it also allowed you to build a faith in greater things that are beyond the needs of personal fulfillment. Thus, you have the Eternal Insecurity, and Eternal Unfulfillment as two elements that can exist in your life without causing you great harm, great problems. By Eternal Unfulfillment, this means *accepting the fact that you won't ever have all you want. You will never be totally fulfilled.*

Once you can accept that you will never get everything you want, you can stop feeling anxiety about it and you can start enjoying what you have, and when you begin enjoying what you have already, you will find that you have many blessings in life, and you will also find that it is possible to receive even more blessings, because you are not so frustrated and agitated in your quest for more.

You can simply let things come to you. You may pursue things, but with the knowledge that they will not fulfill your needs. It will only help on certain things. This Awareness indicates that accepting the Eternal Unfulfillment and the Eternal Insecurity allows you to accept a partially uncertain or empty life so that you are likened unto one who has a warehouse half-full of blessings and appreciative of all that you have, including the empty space within the warehouse.

This Awareness indicates when entities can learn to enjoy what they already have, their life fills that empty space with joy, and they do not feel so empty any more. They do not feel so insecure, even if they are still insecure; it is no longer a problem, because there is supposed to be some insecurity in their lives, and they can accept the insecurity.

This Awareness indicates that these are generalities that can apply to anyone in any religion and may be part of your message. They can also be a great help to entities. There are other similar considerations that can serve as topics for discussion, whereby you give entities a general information about attitudes toward life and towards situation and toward personal emotions, so that it is applied in ways that fit their particular religion, their particular need, and yet which are beneficial to all entities *regardless of their religion, regardless of their general culture.*

Discuss Relationships With Mates, Families etc.

This Awareness indicates you can discuss relationships and how entities need to respect, re-look, re-appraise, and re-view their lives, their mates, their families and their own relationship to their families in such a way that they observe them afresh, anew. Too many entities become too familiar with each other and their relationships begin to appear stale and old, like an old salad. A mixture of this person and that person and the various behaviors of each, all mixed together in a family can seem rather stale after many months and years of repeated activities and patterns.

This Awareness indicates that by looking at these entities as though you just arrived on the scene, as though you were meeting the person for the first time, you will get a fresh look, a fresh salad, a fresh mixture of energies and you may see something in these energies with a fresh viewpoint, so that the energies do not seem stale, do not seem familiar, do not seem old.

You may look for a fresh way of responding to those same old energies, and in your fresh response, you may change the pattern; you may alter the pattern to create a new form of energy in the relationship. Instead of becoming upset with the person for repeating the same old complaint, you may suggest: "I know how you feel. It's quite a drudgery. Why don't we go out and have some tea at a restaurant and talk about it?"

Changing Your Pattern: Make a Date With Your Wife

The action of changing the pattern even slightly can be quite helpful. This Awareness indicates that to make a date with your wife, to call a family meeting to evaluate how each party in the family is doing, if this is not part of your pattern, it might be a way of creating a new pattern, a way of sharing and showing each other you care. Just to do something to break the pattern of familiar relationships, to discuss things afresh; these are ways whereby you can alter your view of each other.

Talking about goals, and purposes, hopes and dreams *with each other can give you new insight into the values each other may hold.* There may be many things that your children do not know about you, and by explaining your goals, your dreams, your interest in certain projects, they may get some greater understanding of where you are coming from, and may find for themselves a new sense of direction based on their understanding of *your experience and your value-system.*

Have Discussions With the Children in the Family

Oftentimes children have not been exposed to those deeper thoughts that have accumulated because of your long experience on earth, and oftentimes, the parent may not have the appreciation for the youthful insights that the children may have to offer and it may stimulate

the parent to think of some change, some new ambition or new pursuit of a project.

There are many things that can come out of such family meetings. This Awareness indicates that relationships in this way can be of stimulating value to every party in the family, and these are things that can apply to anyone of any religion, and can be most helpful to them.

This Awareness indicates that you need not stop there; dealing with personal needs, insecurities, the need for fulfillment, and family relationship issues, in a way that does not call forth conflicts, but reconciles many of the conflicts that entities might otherwise have, either within themselves or with each other, or with the society and world in which they find themselves.

This Awareness indicates that of course *It* cannot go into every aspect of the various topics that can be discussed. *It* simply wanted to give you some examples of areas that can be discussed regardless of what your religious situation or concerns might be, regardless of the areas in terms of philosophy or religion that entities may be experiencing or may hold dear.

This Awareness indicates that there are certain universal feelings and concerns that every entity shares, even though they may have great differences in terms of their basic religion and cultural differences.



Having purchased the last package of AA batteries with only one shopping day left until Christmas, Glenda finds herself in a unique position.



FRIENDLY SKIES, UNFRIENDLY GROUND.

WISDOM OF AWARENESS...

ON GETTING REVENGE

This Awareness indicates that the concerns of this Awareness is not to see entities searching out and getting vengeance on all who have trespassed against them, but rather that entities cease and desist on all levels in present and future times the perpetration of violence one upon another, regardless of the motive. The past is gone, and wherein entities dig into the past for excuses to perpetrate violence upon another in the present or future time, this will only create continuance of violence upon this plane eternally until this concept is clearly understood, recognized, and the process of seeking vengeance is dropped.

This Awareness indicates that before true peace can come upon this plane, this must be understood and recognized, and vengeance, greed, the desire for power, and the obsession for gain at the expense of others (this obsession known as lust), these forces must be dissolved from the human consciousness and replaced by clear expressions of love, mercy, communication, relationships based on respect for all living creatures and must be demanded of oneself with greater fervor than is demanded of others. The road to peace starts from *within the individual* and does not occur simply from demands by individuals, that others must bring forth the harmony before they themselves will be harmonious.

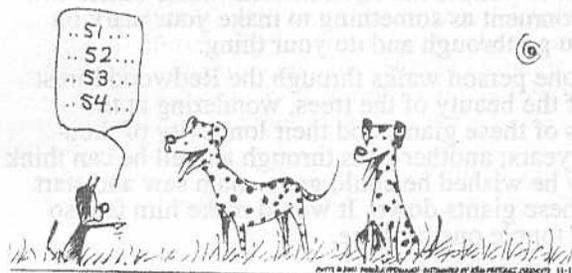
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VISIT THE NEW C.A.C. HOME PAGE AND DOMAIN ON THE INTERNET

Much is happening here and new changes are an ongoing thing. We have combined our 2 sites with Dave Alexander's newest C.A.C. Home Page link. Just type in <http://www.CosmicAwareness.org> or <http://www.CosmicAwareness.com>

This site contains current information which is changed often. On this page you can click on our regular staff Home Site as well as a list of current books and resources, various topics in back-issues of the newsletter and Dave Alexander's terrific revitalized Cosmic Awareness site! Dave's site has a wealth of information on the Awareness Movement, the philosophy, the newsletters, readings on Christianity and many other subjects, plus the famous Dr. Beter transcriptions.

SPOT CHECK ...



Do Extinct Animals Exist Elsewhere?

QUESTION:

Several questions from Richel Shankle, of Kittanning, Pennsylvania. She wants to know: "When a species becomes extinct (she's referring to animals and so forth) does that species exist elsewhere?"

COSMIC AWARENESS:

This Awareness indicates in some cases, there may be certain offshoots of the species on other planets, if there has been any link of such species. There are some instances in which extraterrestrial beings have taken species from this planet to others and release them on these other planets which has led to the growth of these species, much as has been done on your planet from other planets relating especially to food types. That many of the foods, such as grapes and bananas were brought from other planets to earth.

This Awareness indicates but the question appears to be whether a species that is unique to earth and becomes extinct still exists elsewhere somewhere. This Awareness indicates it does exist in memory and in past, and may, through some higher technologies, be brought from the past into the present, much as was the basis for the *Star Trek 4* movie, in which whales were brought from the present era to a future time, by the crew of the Enterprise after having traveled back in time.

Creatures Could be Retrieved by Time-Travel

This Awareness indicates that this concept of time travel is not simply an imaginary concept; it does have a basis. It is possible and it may again in the future be utilized for going back into time to bring extinct creatures back into being in the future; however, this is not seen as something to be used as an excuse for allowing the extinction to take place on the hope that the technology will in the future allow it to be restored.

This Awareness indicates by definition, a creature that is extinct no longer exists, and by definition, the lack of existence means it does not exist elsewhere either, but in fact, it does exist in the past, and if technology reaches a state wherein entities can travel to the past and can bring creatures from the past into the present, the extinct species could be recovered.

Why Does Abuse of Mother Earth Cause Pain to Some But Not to Others?

QUESTION:

Another question by this entity: "Why are some of us, me, so pained by the abuse of our beloved mother earth, while others seemingly care not at all?"

COSMIC AWARENESS:

It is a difference in the way entities were given and accepted values. There are many entities who were raised on a throwaway mentality, with the throwaway attitude that containers are to be used once and discarded, whereas others were raised to keep their dishes and their containers and to take care of things and not throw everything away, cluttering up the environment with discarded material, and some entities were even taught not to pollute the environment, while others saw the environment as something to make your mark on while you go through and do your thing.

Thus, one person walks through the Redwood forest in awe of the beauty of the trees, wondering at the greatness of these giants and their longevity of thousands of years; another goes through and all he can think of is how he wished he could get a chain saw and start sawing these giants down. It would make him feel so manly to topple one of these.

This Awareness indicates that it is a matter of what value the entity holds in regard to his or her world, and how the entity would like to present that world to the future generations. There are some entities who work, for the future generations with the idea of making lots of money, even at the expense of the world and the beauty of the world, so that the child can have a beautiful home somewhere in an area that is not polluted or destroyed, but the entity is willing to destroy other areas of the world to get that beautiful home for his children.

Education Is the Answer to Conflict in Values

The other entity sees the world as being destroyed and wants to see it preserved for future generations, not only for his or her own children, but for all children of future generations. This Awareness indicates that education will be the best way to help entities put things into proper perspective. Without some kind of clear education relating to the environment, there will always be a conflict of these people having one value and those people having another.

This Awareness indicates there are, of course, some who believe that the entire earth will be destroyed within their generation and therefore, they want to get what they can while they can before it is destroyed, even if getting what they want destroys it or helps to destroy it.

HOW CAN ONE RISE ABOVE THE PAIN AND STOP BEING SAD?

FOLLOW-UP QUESTION (IBID):

She also asks: "How can a person such as myself, who feels the earth's cries of anguish so deeply, rise above the pain and learn to see the big picture and how can I stop being so sad about it?"

COSMIC AWARENESS:

This Awareness indicates that the first thing that can help you is to realize you are but one person, and can only do so much alone, and therefore, your personal suffering over the errors of the many means nothing to the salvation or solving of the problem.

It does not matter how much you lament and wail and cry over a earth that is being destroyed by the masses. It does not help that earth one whit.

This Awareness suggests, however, that you may wish to get out and speak your mind and take action, not feeling so much except enough to give you the drive and passion to do something, but realizing that the feeling alone does nothing to help the earth. There is no point in your suffering without some kind of action coming out of the suffering. This Awareness suggests of course the action needs to be constructive and not a further destructive action, for a destructive action only will add to the problems the earth experiences.

This Awareness suggests that you may wish to involve yourself in some group, some environmental group helping to dispense information, helping to gather information, helping to print information, or you may wish to start your own group and your own newsletter to inform the masses. Either action would be of an instructive nature, getting the information out to educate the masses.

This Awareness indicates the worst thing you can do is to take destructive action towards society, and the next worst thing you can do is to do nothing except sit there and feel bad about it. This Awareness indicates that you are much like an entity who is a kind of soldier, fighting for the right of the earth to survive, and if a soldier sits down and feels bad about the war, feels that it is really terrible the way things are going, but the

soldier does nothing in terms of action, simply makes himself suffer in terms of the feelings about the war; that entity is negligent in terms of taking any responsibility.

This Awareness is not advocating violence in this metaphor, but is advocating that if you do not like sitting back and watching things fall apart before your eyes, then it is advisable that you stand up and take some kind of action to make it a better world for yourself and for your loved ones, and especially for your children and their children.

Is Richel a Wanderer, Perhaps?

(She's Never Felt She Had Psychic Abilities)

QUESTION (IBID):

Another question from Richel. "I feel that I am from somewhere else, a Wanderer perhaps, yet none of the usual characteristics of "being different" such as psychic abilities have manifested in me. Does this mean that I am doing something very wrong within myself, or is there a better reason, such as protection from negative influences, or perhaps a better explanation?"

COSMIC AWARENESS:

This Awareness indicates that it does appear you are from a more advanced society; that you have had a number of lifetimes on earth; many of these have been very degrading and difficult for you, and you have let this get to you. You have forgotten your true identity. This Awareness indicates that it would appear that you would be classified as a Wanderer, one who came here for a purpose, for the purpose of helping to raise the vibrations of this planet.

Some Indications That an Entity is a Wanderer

The requirement of being psychic is not a strong requirement for Wanderers. There are certain characteristics that are quite common among Wanderers. They may have some psychic abilities. The term would better be described as "sensitive" qualities. They are generally quite sensitive, which can be translated into psychic abilities, but it is not necessarily the psychic ability that many entities would consider.

They generally feel themselves to be a misfit in their world, not to fit well with most of the people they know. They generally feel that they have some very important purpose in their lives, but may not be able to define what that purpose is, and they generally have difficulties in the early part of their lives trying to find a niche in which they feel comfortable.

This Awareness indicates that it appears your energies are closer to the Wanderer than you might have thought. This Awareness suggests that for you it is important that you begin focusing more on what you would like to do to make this planet a better place, and as you begin to focus in on this, you will also find ways whereby it can occur and you will find activities toward which you can put your energy to make it a better place.

A VEGETARIAN: ARE THEIR REASONS BEHIND WHY SOME HUMANS REJECT EATING FLESH?

QUESTION (IBID):

One final question from this entity. She writes: "As a vegetarian, what deep significance, if any, is there about not consuming other beings aside from the standpoint of health? Are there reasons behind why some humans reject eating flesh?"

COSMIC AWARENESS:

This Awareness indicates that much of it has to do with spiritual development levels and their own convic-

tions and their own compassion for animals, especially those entities who are oriented by lifetimes in the East. Many of these entities will easily take to vegetarian lives, even when born into a Western society.

This Awareness indicates that as they develop certain values and have compassion for living creatures, the thought of destroying a living creature in order to eat that creature can become quite repulsive to them. If their body accepts and allows vegetarian diet without too much problem, so that they can adjust to that diet and still keep their health, these entities can develop a sense of greater spiritual value than they would feel if they were involved in flesh-eating.

Entities With Type A Blood Are Prone to Vegetarianism

This Awareness indicates that those entities of Type-A positive blood type are generally the most prone to vegetarian eating. It becomes easier for them than for the other types. This Awareness indicates that occasionally, the vegetarian types become quite dogmatic and judgmental toward those who are not vegetarian and this is natural. It happens also among those who are smokers and those who are non-smokers; that they become judgmental of each other. Especially the non-smokers or those who have been smokers, can become quite hostile toward those who continue to smoke.

There is some problem that results from the kind of hostilities that may develop among vegetarians who become excessively judgmental of others who are not vegetarians. These are areas which vegetarians need to be cautious about. It does not mean that you cannot promote vegetarian diets among those who are non-vegetarians. If you wish to proselytize the non-vegetarian diet, that is your business.

Not What You Eat But What You Are Determines Spirituality

This Awareness indicates, however, if it becomes extremely disturbing to you and creates excessive hostility within you towards non-vegetarians, you may find that the hostility is taking away any spiritual grace you might have gotten otherwise from being vegetarian. This Awareness indicates that there are some entities who are non-vegetarian who are quite highly spiritual. It is not so much what you eat that makes you spiritual, it is what you *are* that determines your spirituality.

There are some who say, "You are what you eat," but this is only true in terms of vitamins and minerals, and only up to a point. You are not what you eat. If you eat toast, it does not make you toast. If you eat rice, it does not mean you are rice. You are *influenced* by what you eat. You are *affected* by what you eat, and that is the most you can say in all honesty.



VIBRATIONAL HEALING

OPENING MESSAGE:

This Awareness wishes to focus on the use of vibration for purposes of healing. This Awareness indicates that although it is slow in coming, this is the wave of the future in medicine, using vibration for purposes of healing.

This Awareness indicates that vibration was used for healing in the past in a number of healing methods and even herbal healing, the use of herbs and plants for healing essentially is based on vibrations. Each herb has its own particular vibratory qualities and can be used in connection with the disease for which the herb counters with its own particular vibrations. The vibrations of an herb also make up its particular chemicals of healing importance.

This Awareness indicates that the ancient healing systems came about largely by watching animals or creatures that were sick, and watching these creatures eat certain herbs to counter that particular illness, gave the medical researchers or medicine men, if you prefer, a hint as to which herbs can be used for particular illnesses.

Over hundreds and thousands of years certain herbs became known for their curative powers for certain illnesses. This Awareness indicates that much of the allopathic medicine used today from the pharmaceutical companies, the prescription drugs, are actually derivatives of herbs. The part of the herb that is believed to be the most potent for a particular healing made is taken from the herb and the rest of the herb is then discarded.

The problem with this is that in many cases, the drug taken from the herb has side-effects that can cause problems for the entity, even though the drug itself may deal with destroying the toxin or poison or whatever is causing the illness.

Why Drugs Are More Hazardous Than Herbs

The reason drugs are more hazardous than herbs is because the herbs are not as strong and carry with them other qualities that help to counteract the side-effects that the drug or extract from the herb might cause.

The herb in other words, works in a more holistic manner, whereas the drug from the herb is focused in a kind of targeting action against the particular disease or illness. This Awareness indicates that the herbs work more slowly than the drugs, but they do not usually carry the intense side-effects.

Homeopathy: A Medical Treatment of Like Treating Like

This Awareness indicates that a different approach to healing is in the homeopathic medicine. Homeopathy, which means "like treating like" comes from the concept that a symptom of illness can be treated by the same toxin or herb or substance that brings about that particular illness, or similar qualities, similar symptoms.

In other words, if one has a fever, the homeopathic researcher would look for an herb or a poison or something that causes fevers. You would not think that giving an entity more fever medicine would cure a fever, but it was discovered that if you use a similar medicine that would create a similar illness if taken in large doses, and you weaken that medicine extremely, then the medicine which is so weak it cannot have much physical effect, will work on the vibratory body rather than on the physical body, and working on the etheric or astral or vibratory body of an individual, it begins to change the physical symptoms.

This Awareness indicates that by reducing the strength of the homeopathic remedy even more, the remedy becomes even stronger and has a stronger effect against the particular symptom. If you have a disease in which there are certain symptoms such as swelling and inflammation, you do not have to have a particular remedy for that particular disease which, for example, may be caused by a peculiar virus.

All you have to have is a remedy that in large amounts would cause swelling and the other symptoms of the disease, and by taking that substance, reducing it to one part per hundred or one part per thousand or more, the greater the reduction of the substance, the stronger its effect on the etheric, astral or vibratory body, and the greater it works in treating the symptoms of the illness or disease.

If anyone were to examine the homeopathic remedy to see what chemicals were present, they would find nothing, perhaps one per ten thousand parts, or something to that effect, of some substance. For example, Mercury, which in large doses is toxic, but one part per ten thousand parts water would not be sufficient to cause toxicity in the body, but it would be sufficient to affect the vibrations of the etheric or astral body.

This Awareness indicates that if it is reduced even further, such as one part per million, it could be even stronger in its effect as a healing remedy. This Awareness indicates that this is the nature of homeopathy, and you will probably, within the next 20 years, see a comeback of the homeopathic medical system, as it begins to move back into the mainstream of medicine.

Using Magnetics, Sounds and Color for Healing

This Awareness indicates that there will be a greater understanding of the use of vibrations, the use of magnetics, and the use of certain sounds as healing remedies. Even the use of color will eventually come back to be part of the healing arsenal for combating diseases and illness.

This Awareness indicates that the ideas of vibrational medicine will become a greater part of your society in the near future and entities will begin to develop instruments that can be used to distribute vibrations or send vibrations for healing purposes.

This Awareness indicates that the vibrations or frequencies that could be used for medicinal work have been ignored up to recent times because entities did not have clear understanding or recognition of the astral and etheric bodies and how they can be affected in such a way as to affect the physical body, and did not recognize the nature of vibration as having an effect on these vibrational bodies of the human.

This Awareness indicates that as this becomes more easily understood through new instruments that are being developed and through new forms of photography, such as Kirlian photography, where the aura can be photographed, it will allow for a new development in the field of vibrational medicines to come about. It will in fact open doors to new forms of healing that could be considered miraculous by today's standards.

Limbs on Frogs Already Are Being Regrown

It has been found, for example, that certain electrical frequencies put on the stump of a frog whose legs has been amputated, can, under certain circumstances, be made to regrow a limb. Salamanders have been known to regrow severed legs or tails, but frogs have not done so naturally, yet it has been discovered that there are certain frequencies that can be found in the aura of salamanders which show them to have a different pattern than the frog, and when that pattern is trans-

posed to act through vibration on the frog, through electrical and magnetic influences on the frog, the frog too can regrow a limb.

This Awareness indicates if you have any imagination you can see how this is the beginning of a science that eventually will grow arms and legs for humans. This Awareness indicates that there are many other areas of vibrational medicine or frequency remedies that are in their infancy at the present time, but which bring about miraculous cures in the future. It will not be too many decades before entities will look back on present medical procedures as appearing to be likened unto Dark Age techniques. In fact, many entities will think of this as the Dark Ages of medicine.

This Awareness indicates of course there are also other areas of vibrational medicine that relate to human frequencies and the ability of the mind to heal or the ability of the mind to send healing energies elsewhere. There is the action known as Laying On of Hands, whereby vibrations move through the healer's hands into the patient.

Absent Healings and Reverse Voodoo Healing

There is that which is likened unto the distant healer or trance-healing activities of one who sends healing energies to someone at a distance. This Awareness indicates there is that which is associated with imaging pictures of an entity regaining health. It is essentially the opposite of voodoo, in which the image of someone suffering or meeting some illness is transmitted from one person to another.

This Awareness indicates that wherein entities send each other love, light, healing energies through their imagery or through their mental intent and focus and concentration on the other, they can indeed help to bring about healing energies for that entity. This Awareness indicates, however, it should be known that if the entity does not desire to be healed, the healing energies can help, but cannot maintain help after the entity has been healed, and one who has a negative attitude and visualizes themselves sickly, will revert even after others have sent healing energies, they will revert back to their original sickness as they imaged themselves to be.

Therefore, it is important that entities not only work to heal themselves through their own imaging, but accept the healing energies of others, if others also wish to send healing energies. This Awareness indicates that some entities may feel their life is useless or is no longer meaningful and may start sending images of themselves as becoming more and more unhealthy, creating essentially a kind of death wish.

This Awareness indicates it takes as much effort to destroy yourself through your imagery as it does to heal yourself and to bring about more joyful living. If you do not like the life you live, rather than seeking to destroy yourself, visualize instead a life you want and hold that life in focus. Continue to energize that life the way you want it to be. Keep the focus, keep the clarity, keep the energy on what you want in life, not focusing on a retreat from life, but focusing on a success in life, for both kinds of focus require your effort.

Forget That Death Wish And "Get a Life!"

It is costly to you in terms of energy to be self-destructive. It costs to feel pity for yourself or to feel contempt for yourself. It is a requirement of energy to have a death wish. You might as well use that same energy to have a life wish. When entities say "Get a life!" they essentially mean, focus on the life you want and keep your focus on it. Eventually it will begin to develop.

It is not more difficult to develop a good and happy life than it is to develop a depleting and sorrowful life. This Awareness indicates it is very difficult to have a sorrowful life, and the greatest problem with this kind of attitude is that you can dig such a deep hole you cannot reverse the action very easily.

Sometimes it gets out of control and you lose it entirely, but in most cases you can always turn it around if you keep focusing on the healthy, happy, fulfilling life, but to do so, you must keep the focus.

You cannot simply try it for a day. It takes more than a day. It takes a pattern of living to live a good, healthy, harmonious and fulfilling life. It must become a pattern of your attitude and thinking.

This Awareness indicates that it is part of the vibrational healing or remedies that are available to you; that you, if you have a mind of your own, have the ability to heal yourself, to bring about a betterment.

This Awareness indicates, of course, entities age and it becomes more difficult with age to regain all of the vitality and energy of youth, and the older one grows, the more vulnerable one becomes, but with a good attitude, you can live a long healthy life with a minimum of suffering and physical debilitation.

This Awareness indicates that *It* may from time to time discuss further the concept of frequency or vibrational healing, for it is the wave of the future in terms of health treatment, and it is readily available to you in many different forms, regardless of what happens in your social medicine and system of your society.

This Awareness wishes entities eventually to wean themselves of most of your social medicines and learn to heal themselves, learn to heal yourselves.

Ed's Note: One vibrational healing aid now available is **Intrasound**, a powder you drink in water or a gel you rub into the bottoms of your feet which works on the astral and etheric body which in turn relieves the pain or itching or problem in the physical body. I was skeptical when a member mailed me a small sample, but I was amazed to discover it quickly stopped the disturbing "tingling" on the bottoms of my feet that have plagued me ever since "the event" in November, 1999. I also use it on the back of my neck which often is extremely painful and makes sleeping difficult. It really does work! For more information, please contact Vikki T.



10/30/01 Grace Interpreter

HOW TO PLANT THE SEEDS OF GLOBAL ENLIGHTENMENT

QUESTION:

A question from Lloyd Klapperich in West Virginia. He writes: "Following the events of September 11th, I wonder if Awareness would have any suggestions on what might be considered the successful tactics that might be utilized to assist in the spreading of the *Lessons of Enlightenment* material to the far corners of the earth and to do so in such a way that the people who are exposed to the material might be in a position to pass on the essence to places and people where it might be the most influential. In other words, what can those of us who are familiar with these writings do to plant and nourish these seeds of truth so that the world can move beyond its current precarious state to one of stability and spiritual growth?"

COSMIC AWARENESS:

This Awareness suggests the citizens of Earth are indeed most urgently in need of embracing the wisdom contained within the *Lessons of Enlightenment*. Global access to the material via the Internet website is an excellent start, but it remains language bound, accessible only to the English speaking populations. This Awareness suggests that multiple translations of the material would be the next logical step. However, linguistic translations are not the only sorts of translations that can prove beneficial. In its channeled format, the material is a complex and abstract packaged whole which contains many layers of information, designed specifically to be visited by the many seekers ready for it and revisited again and again by individuals as enlightenment dawns. But there is truly something for everyone when sincerity opens the mind to the material and courage and integrity drive the persistence and reflection to cut through and clear away the many limiting beliefs and cultural assumptions which stand between an ignorant and enlightened mind.

This Awareness indicates that entities who have gained even one insight from the material, are in a position to assist in their own kinds of translations and seed planting. Given the many levels of consciousness, there is exponential number of creative formats, styles, and levels of abstraction and specificity, which will appeal to varying entities. This Awareness suggests that those who feel moved to do so can record their personal insights to be shared and exchanged on the website or through other CAC avenues. Entities are also welcomed and encouraged to produce poetry, music, fiction, and imaginative tales, which communicate the insights received from the material, for symbolic resonance of universal wisdom can take many forms. This Awareness suggests, however, that ultimately it will be in thought and deed through which entities will communicate enlightened understandings and enlightened lifestyles.

You Can Participate by Discussing Religion and spirituality

This Awareness suggests also that entities can directly participate in global enlightenment by examining and discussing the dictation between religion and spirituality. The essence of the *Lessons* is to reconnect each entity with that which is traditionally conceived as the spirit or soul, that inner intuitive pathway to the source of this awareness that is first accessible through understanding the emotional feelings. True "spirituality" brings accountability, personal empowerment, inner moral guidance, egalitarian values, and deeply empathic resonance with other human beings. True spirituality

invokes the highest spiritual feelings such as gratitude, compassion, devotion, universal love, and faith and yields belief structures that elicit such high feelings again and again. Any valid and useful religion must be based upon spiritual principles.

In Many Religions the Spiritual Elements Have Been Distorted

This Awareness suggests, however, that the spiritual element in many religions has been distorted by those that seek to gain external power and manipulative control over others rather than seek liberation and divine enlightenment for all. In these time of spiritual assessment of the species, it is essential for entities the world over to examine their own religion and see what it suggests about negative emotions such as fear, anger, sadness, shame, guilt, contempt, and hate. This Awareness suggests that entities look particularly closely at how their chosen religion utilized these feelings. If guilt and shame are induced, this is a mechanism to misuse the emotions in ways that subordinate some people to the wishes and evaluative authority of others. Fear is also induced to keep entities from understanding their own creative potential and learning how to design and control their own destiny. Fear, shame and guilt all serve to maintain dominance hierarchies wherein the ones on the top claim to have more value, power, and rights than their subordinates beneath them. A true religion acknowledges and fosters the value potential in every entity.

If a Religion Incites Anger, Resentment, Envy or Hate

This Awareness indicates that a religion should be even more suspect if it incites anger, resentment, envy, or hate against any human being. It has been a historically popular tactic for religions to maintain solidarity by claiming insiders are God's chosen flock and outsiders are outcasts if not Satan spawn. This tactic negates the spiritual connection within and between the family of humanity. If a religion recommends withdrawal, isolation, martyrdom or advocates any sort of competitive conflict let alone a "Holy War", it has clearly lost its spiritual moorings. A true religion need not offer a single bribe nor a threat, yet simply seek to share and foster inner spiritual understandings.

This Awareness suggests that entities interested in planting the seeds of global enlightenment, can first weed the garden of its religious weeds, till the soil with the enlightened insights for a personally creative optimal destiny and seek to foster the tenets of spirituality in all arenas encountered. This can be achieved by actively living in ways that produce the meaning-rich positive feelings in self and others, minimizing the negative emotions by altering the limiting belief structure that they address, and model spiritual insight in every thought and deed and in every interaction with another life form.

Ed's Note: The Lessons of Enlightenment are offered free of charge on the CAC website: www.CosmicAwareness.org

There is also a new website created just for the Lessons of Enlightenment where readers can post their comments and insights and personal experiences affected by the Lessons: <http://lessons.netfirms.com>

How to Get This Newsletter by Mail

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