

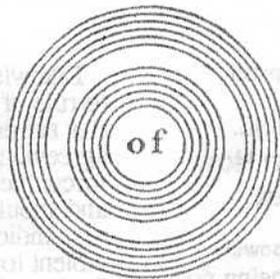
Revelations

The Cosmic Newsletter

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Awareness

COSMIC AWARENESS COMMUNICATIONS

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The Woman and the Bulldozer. (See page 8)

A PROPOSAL BY COSMIC AWARENESS ON HOW TO BRING PEACE TO THE MIDDLE EAST

--- Andrea Yates: How Could a Mother Drown Her Five Children?

--- How we relate to the collective soul force

--- How to use dreams for spiritual growth

Our new Responsibility to the Family of Humanity...

A Proposal by Cosmic Awareness on How to Bring Peace to the Middle East

The U.S. Is Now the World's Unchallenged Superpower

This Awareness indicates the United States, being now the number one superpower without any serious rival, must be trusted by other nations to be morally considerate of the rights of other nations, for it has unlimited power to do whatever it wishes to do. There is not a nation on earth that could stand up to the United States, and the people of the United States have greater responsibility in electing of officials who will properly use the power, not to bully, but to protect the rights of people around the world, or to stay out of the affairs of others if that is the choice.

This Awareness indicates that it has been argued that entities who *can* help the oppressed, *should* help the oppressed. It has also been argued that entities should stay out of the affairs of other countries in order to preserve their own peace, even if it costs the lives of others who cannot defend themselves. This Awareness indicates these are ethical questions for debate. This Awareness suggests that in a growing community of nations wherein the societies are beginning to break down walls between the nations, where communities and communication become more undefined or closer in relationship to one another, where the barriers are undefined, it becomes more likened unto a family of humanity and there appears to be a kind of social tradition that whenever someone violates another in a family, it becomes the business of the entire family, or whenever someone in a society violates another, it becomes the society's business.

Likewise, in a society of nations, if a nation begins to violate its own people, it will be seen that it becomes the business of all nations, much in the same way that when domestic violence occurs in a community, the entire community has a right to interfere and to stop the domestic violence in a family.

This Awareness indicates that in the New World Order this will eventually be recognized, that not only are there rights of neighboring nations to be free from oppression of neighbors, but there are rights within a nation itself for the people of that nation to be protected by the community of nations, in the same way that a family living in a community does not have the right to abuse the children in the family or to abuse or kill each other in the family without the community having some right of interference.

International Law Can be Written That Parallels Local Laws

This Awareness indicates that international law can be written by paralleling local laws which have been effective and workable in societies for hundreds of years. This Awareness indicates that a hundred years ago conflicts may have been settled by the gun, whereby a farmer, for example, or rancher claimed territory that was also claimed by another, a shoot-out might settle the issue. The one remaining would have his way.

But once law was imposed in a society the law would settle the dispute over who owned what territory and the gun was put away. If anyone had a right to enforce the law, the gun could be used for that purpose, but *not* to substitute for the law. This Awareness indicates that this became a way whereby society could settle disputes based on social laws; that social laws are in effect the same things as fences, even if they are only on paper or in the minds of entities in society who respect those laws.

Likewise, taking this same principle and paralleling it to rule of nations, it becomes clear that nations' boundaries are essentially legally sacred until some kind of agreement alters these, and if someone alters them by force, they are breaking the legal sacredness of the law and should be subject to international law. This Awareness indicates that likewise, a nation that is in its behavior violent toward its own people, such as in the case of Adi Amin or Saddam Hussein, if this were a family, in a community, such a family violent to its own members would have the children taken away, or would have the violator prosecuted by law, even incarcerated for violating the family members.

A Complaint and Proof of Action and a Trial Are Necessary

A complaint and proof of action of course would be necessary. In other words, a trial, that was held in all fairness to determine guilt or innocence, this would be required before such a violator would be incarcerated or before the children would be put into protective custody.

This Awareness indicates in the case of a nation violating its own people, the same approach in a different way would be appropriate, thus the violator could be brought to trial, an international trial, a trial held in a World Court or some other appropriate jurisdiction that is established for this purpose, to determine whether he or she has forfeited any rights of leadership over the people of the nation.

An Appropriate Method for Dealing With Problems That Have Emerged in Iraq Since the War

This Awareness indicates that this would be an appropriate method for dealing with the kind of problems that have emerged in Iraq, and as that which would set a precedent for future internal violations within a nation. This Awareness indicates that depending on the extremity of the violation, the guilty party would either be incarcerated, removed from power, or fined, or have sanctions imposed until proper restoration of harmony was satisfactory to the court.

This Awareness indicates that in the case of Iraq already having great debts in payment to its war-like crimes, this could have been addressed before the cease-fire. Since it has not been addressed, it could be reinstated as an issue that would require or would allow continued or new sanctions imposed upon Iraq until it solves its problem with its own internal struggles, by reconciling and recognizing the right of the Kurds and others to exist within the borders of Iraq.

This Awareness indicates that this could be imposed much the way a court would impose on a family a kind of probation that you can retain your position as leader of the family on the condition that you follow these guidelines and that inspectors are free to check out as a kind of probation officer, how well you are doing, and if there is any infraction to these rules by yourself, your subjects will no longer be under your jurisdiction.

This Awareness indicates that since you could not move all of the people from Iraq as in the case of taking the children from the home, you have to remove the leadership from the entity in charge. This Awareness indicates that there are ways of creating an international law, an international body of law that parallels and reflects laws that have been working in the society for hundreds of years, which provide protection for individuals against entities who appear to be psychotic or otherwise dangerous as rulers over their subjects.

PLEASE CHECK OUT THE NEW "LESSONS OF ENLIGHTENMENT" WEBSITE
<http://lessons.netflrms.com>

Nations Must be Required by International Law to Protect their Own People From Brutality Just as Our Laws Protect Our Families

This Awareness indicates that it was only in the earlier half of this century that in the United States itself, people were still allowed by law in some areas, to beat and even kill their children or their wives, if they were disobedient to them; that this brutality within the family has recently become enough of an issue that it is no longer allowed, and that the protection of the law now extends to protecting the children within a family, protecting the wife within the family, and this is only fair and must be extended not only in the United States, but as a principle must be extended throughout the world, and as a kind of reflection or parallel action, must be extended as international law in which nations are required to protect their own people from brutality, even from themselves, as national leaders.

With Leadership Goes Responsibility

This Awareness indicates that until this has filtered throughout the world society, there cannot be world peace. This Awareness indicates that with leadership, goes responsibility; that no one should be allowed to lead without the responsibility of protecting the rights of individuals in the society they lead.

This Awareness indicates that law which is based on international ethics, ethics agreed upon internationally by all nations as being fair, can create a body of law that all nations could live with, and if the nations can live with it, and if the nations participate in forming the law, then it can be expected that the nations together will enforce these laws.

Aspects to be Considered by the New World Order

This Awareness indicates that this should be considered by those who are looking to a New World Order as a way of creating something meaningful and worthwhile in the international level. This Awareness indicates that another aspect of New World Order that should be considered is the aspect of allowing each nation to have its diplomatic corps present in the decision making bodies of the nation to whom they visit, whereby for example, Congress allows entities to sit in and watch Congressional policy being formed, the making of law, allowing entities to watch as legislation is adopted. This Awareness indicates it would be appropriate in an international body to have other nations sitting in on and being made privy to these decision making bodies as they make policy in regard to foreign countries, so that if Congress begins to debate and make laws that will affect Japan, for example, the Japanese would have the right to send an observer, and to report back to the Japanese officials the observed and assessed understanding of what occurred in the policy-making of Congress.

Countries Being Affected by Policies Must Send an Observer

This Awareness indicates that the same observer might sit in on discussions among the administration as it made policies affecting the Japanese, but even while this is occurring, the American representatives could also sit in and observe policies being made and discussed in the Japanese parliament or decision-making bodies, so that there are no secrets between the two countries or between any country on earth that might be making policies that might affect another interested party, another interested country.

If there are no secrets, then it becomes extremely difficult for one country to plot war, or to plot secret plans to harm another country. This Awareness indicates that this action *could be the most defusing action* in terms of defusing any chance of war developing between nations; that wherein, for example, the United States could sit in on the Kremlin policy-making meetings and the Kremlin

could sit in and watch the United States in its policy-making meetings, there would be very little chance for incidents such as the Cuban Missile Crisis ever coming into reality.

This Awareness indicates that already, the United States is doing this very action as it publicizes on television Congress making its decisions. It also allows entities to come in and sit and watch Congress at work. Any foreigner could come in with the crowd. There are very few secrets in this sense, in this nation. Were this to be universally accepted around the globe as part of a world order, it would help to assure that no nation could secretly plot an invasion on another without it becoming world knowledge long before it ever occurred.

This Awareness indicates that this is something that the nations who elect to become involved in the World Order should consider as part of their agenda, and that those nations who do not elect to become involved in this World Order should not be given the special status of privileged nation, which could be afforded to all others that come together as part of the World Order. This Awareness has given information on this in the past. *It repeats that these are ways whereby world peace could be assured with a kind of justice that does not give any one nation favor over others through the structure of the system.*

This Awareness indicates a system designed to promote a World Order should be favorably balanced for all who are involved and should not favor any one nation over any of the others in its structure. This does not mean that some of the nations might not have better opportunities, but that they are not given those opportunities or advantages over others because of the system. If they have better opportunities it is because they create them or have already obtained greater opportunity through other assets that they bring to the World Order.

Equal Status of Nations Does Not Require Stripping Wealth From Wealthy Nations or Favoring One Over Another

This Awareness indicates that this is only fair; that if a nation has acquired wealth through its assets or its people, it does not need or should not have its assets stripped away to have equal status with the poorest of nations, but should retain its assets and opportunities but that the structure which governs the World Order should not be set up so as to favor one nation over another just because it is wealthier or larger or has greater power.

For a World Government: A Judicial System That Applies Fairly To All Nations Involved—a World Court

This Awareness indicates that the third aspect of a desirable World Government would be a judicial system that applies fairly to all nations involved. This Awareness suggests for example, a World Court or a court system that is used within the World Order to solve disputes and that these disputes be solved by parties who are impartial to those in dispute. That for example, there can be a kind of jury made up of entities who understand international law, but who are not directly linked to any of the countries that are in dispute with each other in a case, whereby if one country sues another over territory or other action, their own representatives may be sent to bring suit and to represent them in the World Court and the other nation may then also defend themselves or represent themselves in the case in the World Court and may call witnesses and the dispute would be determined either by a panel of judges that are not partial in favoring one nation over another, or by a jury made up of impartial legal representative who have been trained in international law to listen to the arguments and to their best ability determine what is the proper solution.

These entities making up a jury would be *impartial*.



Jurors Should Have Some Training In International Law

This Awareness suggests that they be trained in international law and be paid as jurors representing the international community. It would be possible for such jurors to be common folk from other countries that are not prejudiced to either party in the case, but such entities would have greater difficulty in sorting fact from fiction if they do not have any international law training or skills or understanding; therefore, it is suggested that those who become international jurors should have certain degree of international law understanding for that occupation.

This Awareness indicates that these three points paralleling a new body of law on an international level, based on or paralleling this law from laws *already* in use pertaining to individuals, to counties, to communities, but applying it to nations in an international community; this as one aspect of a World Order: the exchange of ambassadors from one country to another, allowing these entities to sit in on any policy-making that they deem to be important to their country; and the use of a World Court to settle disputes between nations, and the World Court being allowed to create sanctions and even embargos and isolation, which is the equivalent of an individual being arrested and incarcerated; in other words the quarantine of a nation if that becomes necessary; these three aspects of a World Order, along with the concept of favorite nation for those who work within the community of nations, so that they each receive special privileges by working together as a group of nations in a world community; these could lead to a New World Order.

To Protect Human Rights: A Universal 'Bill Of Rights'

This Awareness indicates that along with this there needs to be the human rights issue, protecting and guaranteeing the rights of all individuals within any nation, so that there is a Universal Bill Of Rights wherein certain types of rights are guaranteed so long as entities abide by reasonable types of behavior as indicated by an international body of law.

In other words, if an individual acts in a criminal manner, the entity can lose those particular rights or some of the particular rights. The important thing is that rights and the standards by which the rights are allowed are *the same for everyone*, and that no individual has privilege simply because of position, or money, or who they know, or what nation they come from.

This Awareness indicates that in other words, a body of law governing equally *all* nations in the World Order, a body of protection of human individual rights guaranteed to all within the World Order, and these three aspects of the New World Order in which the courts are fairly administrated, the laws are written to apply equally to all, individual nations are treated by a law that can be written equally for all and based on community laws, but paralleled and moved into areas applicable to nations, the exchange of ambassadors so that entities can look and watch as decisions are being made about their country, in order to keep secret deals from occurring that would

affect them without their knowledge.

This New World Order Prescribed By Cosmic Awareness Could Assure World Peace and a Great New Era for Humanity

This Awareness indicates that these points, when put into an international body could assure a world peace. This Awareness indicates that there are other concerns that could be discussed, such as whose currency or what currency shall be acceptable and shall be used, who controls the currency and also the military aspects of such a world body, but these things are less important. If these other aspects are in place, then it is not nearly so important as to who controls the currency, even if it is the same people who now control the currency.

This Awareness indicates that essentially this is what this Awareness would prescribe as a New World Order. Whether the New World Order that is being promoted by your politicians meets or parallels or reflects or resembles this New World Order remains to be seen. Anything less than these points may lead to considerable problems in the future on the earth plane. There could be improvements to that which has been given.

This Awareness hopes that entities have given sufficient thought to these things and more, so that even a more thoroughly *Democratic* New world Order will come into being. It could be the beginning of a new and great era for humanity if these and other aspects are included in the plans for a New World Order. It is important that this Order be *democratic* in nature as opposed to totalitarian, in which someone "up there" is giving the orders for everyone else, who has no voice in what is to be.

What About the Bankers?

FOLLOW-UP QUESTION (VIKKI):

Just one question in relation to the currency just touched on lightly. Some banker had said it didn't matter what the laws of the nation were as long as he could control the banks. Isn't this a problem area?

COSMIC AWARENESS:

This Awareness indicates that this as the Baron Rothschild, as speaking in terms of holding power over the country through the manipulation and control of its money. This Awareness indicates that this can be a concern. It is likely, however, that there will be *no way* to extract the money from these entities who have long controlled the economies of nations, and that since *they* are the ones who are setting up the New World Order, it would be much more difficult to make any alterations in the New World Order if there were any effort to alter the control of the money system and that as a reasonable compromise, if the New World Order allowed these freedoms, as opposed to dictatorial controls, it could be much to the advantage of the masses.

Bankers Retaining Control of Money May Benefit Humanity

This Awareness indicates that even with those holding money as controls over nations, these entities would have what they seek in terms of power, but with these guarantees by law, they would have little ability to misuse that power, and therefore, it diminishes the danger of allowing them to hold the control of the money. In fact, it may even be to the benefit of the masses to have these entities controlling the money, for if any one nations begins to get out of line with the democratic community of nations, they can simply withdraw money, weaken that nation and bring it back into alignment.

This Awareness indicates that these entities will have certain invisible restraints on them in their use of money because of their need to keep the masses satisfied to some degree and to keep the nations aligned, for if too many

nations began to rebel, there would be the danger that the whole alliance would break up, and they would be left with a global civil war which could come to focus on them when the law and other structures began to break up.

This would be highly unlikely and only would occur if they became abusive to the various nations and the people of the alliances and it is unlikely that they would become excessively abusive because it would not be to their advantage to do so. This Awareness indicates that they have certain skills, certain experience in dealing with national monetary funds. The objection to their behavior in the past is that they often use money to create wars between one nation or another for some purpose, some hidden political agenda.

This Awareness indicates that it usually related to the plan to bring about a World Government, and inch by inch, over two hundred years, they have reached the point where this is coming into being. This Awareness is simply trying to make this action as painless as possible by giving these suggestions. This Awareness indicates that if entities can conceive of a One World Government that contains these elements that have been suggested here, that those who have worked toward this end might be able to accept these elements in their One World Government and might be able to retain their power through the control of money, and if they reach this kind of agreement they will no longer have any need to use money to set one country against another, and can bring these countries together into one grand alliance, and in this manner, maintain a world peace that is profitable to all entities, including themselves.



Why the New World Order Will Limit Taxing the Masses

This Awareness indicates that even if they were to raise the taxes on individuals throughout this world government there would still need to be enough of a reasonable amount left for individuals to function, and the excess money raised would become useless to them in a world where there was no war and nothing of great expense to spend it for, so there would be an automatic limitation in terms of diminishing returns as to how high they would raise their taxes on the masses.

This Awareness indicates that it appears this would work to the advantage of all involved with least amount of pain inflicted on entities in bringing them into this New World Order. This Awareness indicates that had there been a body of law that could try cases between nations, the war in the Falkland Islands, the invasion of Panama and the Granada island, and even the Iraqi war could have been brought to a World Court and tried to determine right and wrong involved, and if the losing nation ignored the court's rulings, then the sanctions or quarantines or even the use of force could be applied to those outlaw nations, and these things could have been solved or resolved, not by might, but by law.

This Awareness indicates that it would give entities a sense of stability in the world, that there is something that can be depended upon as a power and a force that is equally just so that rather than choosing sides with the strongest gangleaders or the most powerful nations, or setting up alliances to fight against the powerful nations, or seeing that might through conflict determines right or wrong, determines winners and losers; that there is a law that can be invoked and applied to critical situations.

The Palestinian/Israeli Conflict Could be Settled

This Awareness indicates the entire Palestinian /Israeli conflict could be brought into an international court for seeking to find a compromise between these entities or a judgment in some areas to bring about a settlement. This Awareness indicates that law in itself is often combative and may be a low key form of conflict or violence in which entities may be robbed of their rightful ownership and that it is not always just. It is suggested therefore, that *negotiations* precede any legal suits between nations, and if those negotiations fail, then nations be given the right to sue and the courts be given the right to impose their judgment.

If the court's judgment is moot, without any form of enforcement, it is of no value. The court needs to be able to enforce its judgment, and whether the court is able to enforce its judgment will determine the validity and practicality of such a system. Thus, the nations must have a commitment to abide by this body of law, this international body of law that the World Court would represent.

World Court Would Deal With Outlaw Nations

This Awareness indicates that the world nations in enforcing the World Court's rulings would, for example, abide by directions to boycott this nation if that court so ruled, or to seek in some manner to seek arrangements with that nation for settlement before any further business can be conducted between the nations or to deny payments to the nation of debts owed and instead direct them to whatever nation the World Court might indicate if that is appropriate, each case being different and having different ways of resolving the judgment of the court. But the important thing being that the nations would receive their directions in dealing with an outlaw nation from the ruling of the court.

This Awareness indicates that in such a situation, for example, the court could rule that for every day the Kurds in Iraq are persecuted, there will be another penalty assessed in Iraq to the Iraqi government. The penalty could be monetary, or could be an extension of time in regard to sanctions, or some other type of penalty. It would cause the Iraqians to think very seriously about any continued punitive action toward the Kurds or other members of their society, and especially if the court gives them the ruling that when these atrocities cease, certain privileges will be granted to Iraq, certain release of goods or the lifting of certain sanctions will then be possible, and if all nations were in agreement and following the ruling of the court, it would be very difficult for Iraq to go around the ruling of the court. If other nations tried to smuggle goods to Iraq, they too would come under the ruling of the court, could be fined, or otherwise receive punishment from the court for violations in the community of nations, much like what occurs for entities in harboring a fugitive, or trying to help an arrested person to break out of jail.

C.A.C. Members Should Get This Message Out

This Awareness suggests that entities may help to promote these concepts by sending copies of these concepts, either as printed by CAC or perhaps retyped by the individual to persons in government in the hopes that

someone will read this who can do something to influence the nature of the New World Order along these lines, or at least to get some consideration for these concepts.

This Awareness suggests that copies be sent to Gorbachev and to Bush and to other world leaders who have an inclination toward the New World Order, as well as to private people and those in the Council On Foreign Relations and Trilateralists; that these be presented as concepts for your consideration.

Posters and Bumper Stickers

FOLLOW-UP (VIKKI):

A format that I thought might be real effective to that would be a poster, where it just has the bare basic concepts in chunks, and then ...

COSMIC AWARENESS:

This Awareness indicates that this would be an excellent presentation; that it be presented and made available to the public and also mailed to those who would have some authority in helping to bring about these concepts. This Awareness indicates that the poster also should include in the title of the New World Order, the word "democratic".

This Awareness suggests that the poster might be headed: "An Acceptable New World Democratic Order", with the points following thereunder.

Emphasis is by the editor. For more information on the World Court, please refer to 'Revelations of Awareness' issues: 87-08; 90-22; 91-03: \$3.00 each from CAC.



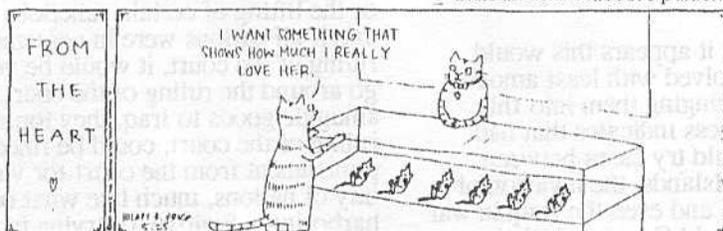
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ON THE COVER

The Woman and the Bulldozer: Sobhiya Al-Amour (50) facing an Israeli bulldozer. This bulldozer had just destroyed two Palestinian houses. In the photo, it is digging up her field of olive trees. Thousands of olive trees were uprooted by the Israeli army since the beginning of the Intifada as a collective punishment to the Palestinians.



" Today America would be outraged if U.N. Troops entered Los Angeles to restore order; tomorrow they will be grateful! This is especially true if they were told that there were an *outside threat from beyond*, whether real or promulgated, that threatened our very way of existence. It is then that all *peoples of the world will plead to deliver them from evil*. The one thing every man fears is the unknown. When presented with this scenario, individual rights will be *willingly relinquished* for the guarantee of their well-being granted to them by the *World Government*."

- Dr. Henry Kissinger, Evan-Les-Bains, France, 1991.

HOW WE RELATE TO THE COLLECTIVE SOUL FORCE

(More on the Parallel Lives We Are All Living)

QUESTION: (5/3/94)

A question from A.O. Baker, Jacksonville, FL. "Last year I read a book by Chief Little Summer and Warm Night Rain; *The Teachings for the Fourth Density Aquarian*. In this book they explain that each of us is not a unique and individual soul, but part of a larger soul made up of one thousand soul fragments.

"This explains people with multiple personalities, because all one thousand fragments are able to tap in to the past lives and current lives of the other 999. All one thousand fragments can relive the other 999 fragment parts in current life and feel and believe they are their own experience.

"This explains people who feel they are having parallel lives during the same time frame and same lifetime. Would Cosmic Awareness comment on this explanation of each of us as a member of a larger soul which eventually leads to the larger souls combining with God as their starting point?

"Would Cosmic Awareness comment on the accuracy of the information coming from these two authors?"

COSMIC AWARENESS:

This Awareness indicates that this concept as being first given in the works of Max Freedom Long in the book The Huna Code of Religion. This Awareness indicates this in the back of the book, describing the collective soul force wherein individuals are part of a group force, or group soul which in turn is one of many other group souls which create a greater group soul.

This Awareness indicates that it can be described as having a relative accuracy in that there is a connection between all entities, and according to certain connecting links within a culture entities are often linked together to form a kind of what may be termed "group soul."

This Awareness indicates that this does not deny the individuality of an entity any more than a patchwork quilt can deny the individuality of each patch. The patch on the quilt is individual, but it joins together with others to make the total pattern or mosaic pattern of the quilt.

This Awareness indicates that the significance of being part of a unified group or being an individual, is whatever entities make of it. It can be important to some entities from a certain frame of reference. If in particular, an entity feels separated and unique or needing to be more unified with others, then the concept can be very helpful in assisting the entity to realize he or she is part of a larger group.

It can have a psychological benefit. If, however, the entity has a feeling of being devoured by too many people, devoured in terms of his or her own individuality, and having a need to be individual, having a need to be unique and to have some kind of self-significance, then the entity might find it psychologically beneficial to think in terms of being a separate part of the quilt, having his or her own unique position and nature.

This Awareness indicates that this essentially is presented by these entities as though it was a unique concept, but in actuality, it was described through the deciphering of the Hawaiian language and is indeed an extremely old concept, dating back thousands of years, as described in the Max Freedom Long book The Huna Code In Religion and in that book The Secret Science Behind Miracles.*

This Awareness indicates that entities researching these books will find this concept well clarified, even having diagrams to help explain the concept.

* CAC permanently stocks these books of Max Freedom Long. Please refer to current Book Price Sheet for prices.

Are Fragments in Different Vibratory Levels?

(More on the Organization of Awareness Group Vibration)

FOLLOW-UP QUESTION:

Well, are these one thousand fragments in different vibratory levels?

COSMIC AWARENESS:

This Awareness indicates that the fragments are not necessarily one thousand. The number appears to have been picked by the authors of this more recent book, but that one thousand reference is not necessarily accurate. This Awareness suggests the question be repeated.

QUESTIONER:

Are these fragments on different vibratory rates?

COSMIC AWARENESS:

This is in the affirmative; just as individuals are on different vibratory rates, but there is also a connection in some of the vibrations that hold these entities as having common denominators or certain common frequencies that link them together.

The Reincarnation Line of the Awareness Group

This Awareness indicates, for example, the Awareness group that incarnated in the Essene time which later reincarnated in the time of the Carmelites, which later reincarnated in this time period; these are part of a particular groupage of souls that have come together in different lifetimes as a fragmentation of a collective consciousness group that existed back during the Egyptian era as described by the Cayce writings on Ra-Ta and the early Egypt period of the building of the Great Pyramid.

This Awareness indicates that these entities were also involved in that movement of souls that went to Nubian-land as described in the Cayce readings. This Awareness indicates that much of this information has essentially been given previously and it is available in its original pure form in the works of Max Freedom Long in that which is called The Secret Science Behind Miracles, with some further information in The Huna Code Of Religions.

FOLLOW-UP QUESTION:

Does Awareness see the Awareness Group all coming back again in the future? And if so, under what conditions would that be?

COSMIC AWARENESS:

This Awareness indicates there appears to be a kind of harmony among these entities that binds them together through a particular vibration. It is likened unto a certain note, or frequency in the universe that attracts the entities to it, so that as this note repeats itself throughout time, entities are drawn to it, much like moths are drawn to light.

The drawing of the souls to this frequency will help to bring these entities back together again in some future incarnation. It may not be on this plane. It may be in a different dimension or on a different planet, depending on which direction the note moves, which direction the frequency or vibration moves, the frequency or vibration that draws these entities to it.

FOLLOW-UP QUESTION (VIKKI):

How big a group are we talking about?

COSMIC AWARENESS:

This Awareness indicates that there appears to be a strong inner circle of approximately 1200 entities with a

circle spilling out of that which encompasses approximately 3500 more entities; the drawing power of those 3500 not being as strong as those 1200 that make up the nucleus, the inner grouping.*

*Vikki says the CAC membership has averaged a steady 1200 members ever since the organization started. Coincidence?

It is a matter of attachment. The more the entities are attached to a certain frequency, the closer to the center they move. This Awareness indicates that those who are not so closely attached, who have other attachments elsewhere, are likened unto fringe entities who come and go, who have some interest but do not stick around for the full contact, or who move out and go elsewhere for a time and come back at a later time.

In other words, they are likened unto fans, as opposed to groupies who stay real close to the action. This Awareness indicates that it is the frequency or vibration, of this Awareness that these entities are drawn to. There is, of course, a continual growing of the members. There are entities who are familiar with the energies of this frequency but they are not necessarily deeply attached to it.

They find similar energies elsewhere, in other philosophies or groups, and are drawn to those because of certain similarities they may hold or certain feelings and parallels that draw them in other directions. This Awareness indicates that it is common with entities to be drawn to that which is most familiar to them and comfortable to them.

This Awareness indicates that the frequency of this Awareness moves through many different sources. Not all entities will be drawn to the movement that began with Dr. Ralph Duby. Some will be drawn to movements of other teachers such as some Indian holy man or guru, or to some other religious or spiritual leader elsewhere, or may be drawn to certain other entities who help to channel information that vibrates in resonance with this Awareness.

Joseph Campbell is on Similar Frequency to Awareness

The entity Joseph Campbell, for example, in his teachings of mythology channels much that is parallel to messages from this Awareness and helps to explain to many entities those things that are beneficial to their soul growth and this entity has become a spokesperson for a certain vibration that is compatible with and harmonious to the frequencies of this Awareness, and some people are more comfortable in studying this entity's work than in studying other forms of spiritual expression.

This Awareness indicates therefore, it is difficult to say: "How big a group are we speaking of?" in terms of numbers, because there is that which is likened unto a swarm of entities moving in a direction, but that swarm can change in terms of size or it can divide and go into different directions and is not necessarily always a collection of entities.

For example, in between the lifetimes, many of the entities fade apart, dispart from one another and there would seem to be no group at all. Many of these entities in passing over may form groups in other realms, but there might be very little connection in the physical plane whereby these groups do not seem to be even present with one another in a physical plane at a certain time.

This Awareness indicates, however, in a future time the groups might come back together so that there appears to be a swarm of souls working again in tandem with one another as a group.

ON THE GOD-SELF WITHIN: (80-8)

"...the God-Self within entities does not demand perfection, it simply gives guidance and assistance so that entities may move toward perfection."

This Awareness indicates that the numbers may change from time to time. At present the group is approximately twelve hundred and fifty with some being closer to each other in terms of vibration and some being further apart and a more loose group of approximately 3500 who are aware or remotely aware of the frequency or vibration that holds the group together.

For some entities, their attention may be drawn briefly to the vibration or frequency that is at the core of the group. For others, their entire being is drawn to the central core activity of the group. Still others may be interested, but their interest may be shared with other things so that they are not in the very center or very heart of the vibration.

This Awareness indicates of course, this can change.

HOW VALID IS "SOUL RETRIEVAL?"

QUESTION:

A question from Pat Tierney, Northford, Connecticut. She writes: "I've run into a fellow who does "soul retrieval" and he did it for me. It was illuminating to hear when I "lost the bits" and why, but I've got them back now and plan to hold onto them this time. Has anybody ever asked about the validity of soul retrieval?"

COSMIC AWARENESS:

This Awareness indicates that this has not been discussed. This Awareness indicates there are of course, many who discuss ways of helping entities not to lose their souls; this as most common among various religions, particularly Protestant and Catholic religions, the traditional and orthodox forms.

This Awareness indicates that this concept of soul retrieval appears to be a new twist that the entity has devised. This Awareness asks is there another question in regard to this?

QUESTIONER:

Well, she didn't have one, but I have one. *How* can one lose bits of the soul, to have them retrieved?

COSMIC AWARENESS:

This Awareness has not acknowledged that this can occur. This Awareness indicates there is a potential of having the soul damaged or annihilated and broken apart, but the annihilation and tearing apart of the soul has not occurred to this time, on this plane, although there have been some damages and injuries to the soul that have occurred on occasions.

This Awareness indicates that this occurs mostly when an entity's soul is disrupted or damaged by disturbances to the entity's spirituality. This Awareness indicates that the concept of pieces or bits of the soul being broken off appears to be more of a conjecture and imagery of the inventor of the concept than an actual reality, but on a symbolic level, the entity may have certain beneficial purposes and values in stating it in this matter.

This Awareness indicates the soul is a vibration, a frequency, much like a musical note, and when the new musical note or the soul moves or plays its life expression, it does not actually get bits and pieces lost.

The bits and pieces are but expressions that break off as frequencies or vibrations but there is always the incoming expression of the rest of the soul which comes from deep within and has a never-ending supply of energy so that when a sound is vibrated outward, although those sounds begin to fade as they disappear in time, the continuing sound that comes from a particular source keeps creating itself as a continuous vibration.

That continuous vibration is comparable to the soul, so that the soul does not simply exist as a quantity that

can be burnt up or lost. It is a continuous energy that has essentially a totally unlimited supply of energies from which to draw upon.

The Energies of a Soul Could Become Scattered

The only potential problem with a soul is that its energies might become diffused so that the energies of the soul become scattered. This Awareness indicates that the scattering of energies would be likened unto not having a focus, purpose or direction toward which to express itself.

This Awareness indicates that in a symbolic sense, gathering the broken parts or splinters of a soul or pieces and bits of a soul could refer to bringing the soul back into focus, so that it has its purpose and direction. In this sense, the entity's concept could have some true validity, but the concept of a splintered soul or a soul which loses bits and pieces is not truly valid.

A Dissipated Soul Cannot Maintain Focus

This Awareness indicates that a soul essentially is spiritual energy and has accumulated in a focused body of experience, focused on a particular purpose and direction. If the soul were to somehow lose its sense of purpose and direction, it would tend to dissipate, and move back into spirit. It would not die or splinter. It would not break apart. It would simply dissipate, much like a mind going to sleep and losing its focus on the book it is attempting to read.

When you lie down to read a book, your mind focuses on the words of the book, but if you become sleepy and tired, the mind tends to dissipate its focus and the entity can fall asleep. The book falls upon the entity's chest or face, waking the entity, and the entity realizes he can no longer focus and lays the book down and goes to sleep.

This is much like the soul that has dissipated because it cannot maintain its focus. This Awareness indicates that the focus essentially is a magnetic center that holds the soul together as an individuality or spirit energy and the magnetic center of the soul has its uniqueness that makes it different from any other soul in existence.

It is a particular focus that holds all of its experiences together in an accumulation of those unique experiences that refers to itself as a particular entity. This Awareness indicates that this focus of energy as a particular or special individuality does not splinter or fragment. It actually would dissipate more than fragment, or it might have certain psychological damage, but the damaged parts do not break off. They simply need repair.

If an entity loses one's soul, the entity doesn't simply lose a little portion. The concept of losing one's soul has to do with dissipating energies in terms of your focused purpose and direction as a spiritual being, and when this focused purpose and direction of spirit dissipates, you can essentially say that the soul has been dissipated or lost.

Wherein an entity, for example, focuses too much on the tangibles of the 5 senses; the physical world, its appearance, those things that are touched, those things that are smelled and seen and heard and tasted, wherein the entity gives all attention to those five senses and what they perceive, then the entity's soul is in jeopardy, especially if nothing is given to help hold the soul and its purpose together in a focused purpose and direction of the spirit that makes up the soul's magnetic center.

This Awareness suggests that if there are further questions, or if this is not clear, that the questions be asked.

VISIT THE TEMPLE OF LIGHT IN YOUR DAILY MEDITATIONS

Deposit your energy in this cosmic Bank. Withdraw it when needed for healing or personal use. Keep in touch with CAC when you start getting results!

Soul Tampering by Aliens?

QUESTION:

Awareness has previously given information on, I believe, the aliens tampering with the soul ...

COSMIC AWARENESS:

And their efforts to damage or split the soul. This is in reference to the concept described by an entity who claimed to have been abducted by aliens who had abilities to split the soul. This Awareness indicates that this description of this entity in describing the soul as more along the line of splitting a personality and putting part of the personality into one body, and part of the personality into another body so that the memory's behavior of the entity was split.

Her use of the term "soul" was somewhat different than from the actual soul as described by most entities in discussing the soul and in this discussion. This Awareness indicates that it is possible for the focus or that which is the spirit in focus, which may be a good description of the soul, to be deliberately split so that the energies can be held together without dissipation and yet, splintered or split and artificially placed into two different entities.

It is a very unique and unusual situation. It is not something that happens in nature. It is not something that happens by accident. It is not something that is likely to occur to any individual except in the extreme case of alien technology being used, whereby certain technological machines or devices can be used to create a separation and hold those energies together while they are split apart.

This is what this message referred to in the beginning, when *It* spoke of certain annihilation of the soul or the diffusion or tampering in an artificial way. This Awareness indicates in other words, the description given by the questioner refers to a much different form of influence on the soul than that which relates to the artificial tampering by alien technologies.

This Awareness indicates that if this entity is speaking of these artificial tamperings by alien technology and the action of retrieving part of her or an entity's split soul, then this soul retrieval concept could have validity, but the concept of a soul being fragmented and losing bits and pieces is not possible unless some kind of alien intention were involved, and there does not appear to be any such activity occurring.

The action of breaking off bits and pieces of a soul appear to be mere imagination. There would be no benefit to the person perpetrating such an action.

ARE PARALLEL LIVES A VALID CONCEPT?

QUESTION:

A question from James Deutschendorf, Maple Hts., Ohio. He writes: "Dick Sutphen, whose company Valley Of The Sun puts out many self-help tapes and books, is well-known in his field on hypnotic regression and such. He claims an Oversoul can have more than one physical life going on at one time, and they actually affect each other.

"He calls this parallel lives. He mentioned one individual, who under hypnosis found out who one of his parallel lives was, and traveled to that country and met and talked with her. My question is: Are parallel lives true, and do they have their effect on each other? And any other insight on this would be appreciated."

COSMIC AWARENESS:

This Awareness indicates that you can receive in depth information on this concept through the works of Jane Roberts in her discussions of Oversoul Seven, and

other discussions of the concept in her books. The entity discussed this in great detail, in great variety of ways, expressing the concept of many different parallel lives living together at the same time in different dimensions and in different places.

FOLLOW-UP QUESTION:

Then Awareness validates the information in those books?

COSMIC AWARENESS:

This Awareness indicates that the concept as expressed in the Jane Roberts books as being valid.

ARE THE ASTRAL PLANES DISSOLVING?

(And If So, Will Our Astral Bodies Dissolve Also?)

QUESTION:

Patricia, in Axminster, England, writes that "Julie Saskin, a channel and author of four books spoke in Axminster to her Awareness group two weeks ago, and one of the things Julie says is that "the astral planes are dissolving," and Patricia says, "We have heard conflicting reports about this. If the astral planes dissolve, then do our astral bodies also dissolve?"

COSMIC AWARENESS:

This Awareness indicates that the astral planes and the astral bodies essentially are created from certain vibrations that are cast-off energies of emotions. The emotions feed the astral bodies and the astral planes. In moving into that which is the age of Aquarius from the Age of Pisces, it would be logical to expect a change in this astral level because Pisces is an emotional sign.

A water sign refers to that which is called emotion. Emotion and water essentially are symbolic of each other in astrological symbolism and Aquarius; being an air sign would have less emotion. There is no particular symbology of water in the sign of Aquarius that matches the same emotional or water energy as experienced in Pisces, yet Aquarius still is shown as a sign where water is being poured.

This Awareness indicates in alchemical terminology and symbolism, water is air and air is water. Therefore, you are likely to experience a transmutation of water or emotion as things change from the Piscean Age into the Aquarian Age and the emotion changing or transmuting into a higher form of water which would in this case be Akasha, would mean that the astral bodies and astral planes will become Akashic bodies and planes instead.

The Meaning of the Story of Jesus Walking on the Water

Therefore, you can expect the astral body to become an Akashic form, or more spiritual and less emotional in its expression and experiential levels, and the astral plane, to become more Akashic and not so solid as an emotional plane. This Awareness indicates that essentially this relates also to the concept of the story of Jesus walking upon the water.

The story is symbolic of the entity rising above emotion, and in rising above emotion, the entity at that point in his experience moved into the Akashic energies of the higher waters, the Living Waters. This refers to the entity ascending into the spirit, for Akasha is the Divine Spirit.

This would imply also that what is occurring at this time on earth is that mankind is rising out of the astral levels into the Akashic levels of spirit, into a higher frequency or vibration as did the Christ in the earlier story of walking upon the waters.

The Real Meaning of "The New Being"

This Awareness indicates that this indeed will be a time in which humanity's energies transmute into and create that which is known as the New Being. This

Awareness has spoken for years of the New Being that is emerging. *It* was not talking of a new mutant being brought on by alien technology, *It* is speaking of an evolved spiritual being that is coming about as a result of the changes in vibration and this New Being, the Aquarian Being will become more of an Akashic entity.

The Tridosha of water, air and fire is in the process of changing in humanity to fire air and Akasha, or Akasha, air and fire, or Akasha, fire and air, depending on the positioning of these three elements in an individual. This Awareness indicates that the elements may vary in terms of which is on top, which is on the mid-point, which is on the more recessive side or the bottom side, but these three elements are taking the place of the triad of the Tridosha which previously consisted of water, fire and air in some variety of order.

Akasha a Higher Form of Water—The Living Water

The Akasha, fire, and air actually brings about a New Being. It also will change the health and behavior of entities, for Akasha is a higher form of water. It is the Living Water, the spirit of life that imbues the entity with Divinity and vitality, a God-given energy that helps to enhance the spiritual and physical life of the entity.

In contrast, the element of water as found in humanity in the past, was that of emotion, attachment, in terms of certain energies that could hinder one's health and could cause one to behave erratically. This Awareness indicates that it also could be used in a better expression, creating certain psychic attachments and energies, creating however, in most cases, jealousies and emotional attachments that were often unhealthy for entities.

The New Tridosha Creates a New Spiritual Being

This Awareness indicates the switch from water to Akasha in the human Tridosha creates a New Being of greater spiritual understanding, a different kind of emotion, one that is empathetic, yet not caught in webs of emotional attachments. This Awareness indicates that as the astral plane dissolves and the new Akashic plane begins to form and entities move into their new Tridosha, the world will make major changes, and entities will have a totally different type of life experience.

This is part of the transition into that which is called the Age of Aquarius.

How the Changing Tridosha Affects Entities

FOLLOW-UP QUESTION (VIKKT):

So at this point are we already starting to see the difference in exchanges between people?

COSMIC AWARENESS:

Entities should begin already to be sensitive to these energy changes in their own lives and to see them in the lives of others. This Awareness will, in the coming readings, give more descriptions of the Tridosha as it affects individuals and help entities to learn how to discern what an entity's Tridosha is by the behavior of an entity, seeing what element is dominant, which element is passive, and which is in between, according to the behavior of the entity.

That way, you can work on yourself to cultivate these elements in yourself if you so desire. This Awareness indicates that for example, an entity who has fire recessive, emotional dominant and air in between, will tire an entity who is not very active physically, has very little drive, and this is in reference to the fire being recessive.

Emotion being most dominant, the entity would constantly be attracted and attached to something and very likely become over-emotional, perhaps often on the verge of tears, or often laughing unreasonably, and the entity would operate almost exclusively from emotional

levels, but because air is in the middle and air relates to the mind and to speech, the entity would be quite talkative.

This Awareness indicates that the entity's talking however, could easily be squelched or hindered by his or her emotions and the entity would seldom ever act on anything. This Awareness indicates that the entity, in other words, would be one who talks a lot, but feels and expresses emotions even more, and does nothing about what concerns him.

This Awareness indicates if on the other hand, fire is in the middle, air is on the bottom, in terms of recessiveness, and water is dominant, then this entity is in a position in which the fire is under the water, creating steam and pressure, and whereby the entity's emotions are often exploding and the explosions are emotional and the entity never talks about what is happening.

The entity simply moves around trying to do something and stirring up his own emotions to the point where he cannot control them and the emotions keep building and building until there is an explosion of some emotional nature. The water is holding down the fire, but it does not put the fire out.

The fire heats the water and the water explodes in some kind of uncontrollable expression. This is the emotion that is dominant in the individual and the individual's air is passive, so the individual finds it extremely difficult to speak of matters, to discuss things, to talk of things that are happening.

This Awareness indicates in the event where fire is dominant, water is in the middle and air is recessive, the entity is not likely to want to talk very much or to think about things, and the entity's emotions are relatively active, but his activity is extremely active. The entity is constantly moving, constantly doing things, and when the entity reaches certain blocks, the water or the emotion can become a flood of frustration or somewhat stormy, so that the activities are directed by the emotion underneath, and the entity does not even have control over those emotions to the point of realizing what he is doing.

The emotion creates an urge and the entity acts without thinking, and expresses the urge, expresses the emotions. Meanwhile, the mind is out of the game entirely. The entity cannot talk about it, does not know how to express himself verbally, and simply expresses emotionally with action being the constant expressive force.

The action being the fire, the emotion being that which drives the fire. This Awareness indicates that if the water is recessive, the air is in the middle, and the fire is on the top, then the emotions are very weak, not too strong, and seldom cause problems.

The entity might talk quite a bit, and act constantly, constantly doing something, and able to talk about what he or she is doing, so that the entity is a bubble of activity, constantly doing this and that, running here and there. The entity might find it difficult to sit down and plan, but the entity will *do* something and then realize it is a mistake and have to do it over again because it was not planned out well.

This Awareness indicates the entity is much less dangerous to himself and others, than was the one who had water in the middle under the fire, or above the fire, but the entity can also be dangerous in the sense of having an accident-prone personality wherein fire is dominant; in other words, the entity is in constant activity without thinking things through first.

Therefore, the thought being recessive to the fire means that the entity will act without completely thinking things through. This Awareness indicates that this is not a really bad combination or configuration of the elements of this entity's Tridosha, but it could be better. If the entity is in sports, then this would be a good combination, for the entity does not have time to think whether to dive over the players in front of him to make a touchdown, the entity simply takes the action and does it and thinks about it later.

If the entity, however, is involved in some business affair, the entity might act without thinking and blow the whole deal. This Awareness indicates that it depends on what the entity does, whether the combination is favorable, or unfavorable. This Awareness indicates however, the most sociable type of association, the fire under the air, and the water below that would be most admirable, for the entity is not too active, but is quite active enough.

The entity is not very emotional and therefore, not likely to cause problems for themselves or others in an emotional sense, and the entity having air on top as being most dominant will be most talkative, would be a good conversationalist among any entities in a party or social event, and therefore, this entity could be quite popular and could be quite a live wire at a party.

The fire of course is beneath the speech level, the verbal level, driving the entity to do something, to act and to express himself or herself, so that the entity does not appear to be tired or lazy, but appears to have a considerable amount of energy. This Awareness indicates that these combinations of the Tridosha may help entities to better understand what their own Tridosha is or what the Tridosha of their friends might be.

This Awareness indicates that there are also those changes that may occur when the Akasha replaces the water in the Tridosha. This Awareness suggests that this can be given in a future reading; that there is enough at this time for entities to work with in understanding the present Tridosha for humanity.

"TOTAL OVERCOMERS ANONYMOUS C/O OF THE OMEGA AGENCY"

(Who Are These Guys and What Is Their Hustle?)

QUESTION:

We received a letter from James Perkey, Atlanta, Georgia, and we couldn't answer his question, but it is sort of interesting and I'll read his letter and then ask Awareness a couple of questions. He writes: "Vicki T., if you please, I am seeking information on a particular group: Total Overcomers Anonymous, care of the Omega Agency. (He gives the P.O. box 833842 #293, Richardson, Texas, 75083.) Maybe you've heard of them or even had contact with them.

I have asked about them before, but got no response. Whatever information you have on them would be extremely helpful. They claim to be representatives from the evolutionary level above human. (Angels, I guess you could say). Their mission is to connect with the souls of the "elect." To help them "rise out of all human mammalian behavior,-- sexuality and gender consciousness--and all other addictions and ties of the human kingdom, so the soul can become a match for a biological body of the Kingdom of Heaven."

"The new body is genderless and incapable of functioning at a human level. They also say the Luciferian space races are the human's greatest enemy, holding humans in unknown slavery to fulfill their own needs, and those who believe the New Age philosophy of

"Universal mind" or "Universal Consciousness," are in fact working for the Luciferians in a sense and the only true way to spiritual growth is through the "mind of God" as it is passed down through the Creator, to father, son or older member/ younger member.

"I could go on and on, but I think you get the idea, (he says). What do you think? I've had contact with this group both by correspondence and by phone. I would greatly appreciate anything you could tell me about them. They offer their information in the form of video tapes, audio tapes and transcripts. They are free for the asking, or you can send a contribution: Video \$20 each (6 videos in all), Audio tapes, \$5 each, Transcripts \$5 each (11 sessions or transcripts). Come on please—I'm begging you—answer my letter!"

Could Awareness give any comment about this organization?

COSMIC AWARENESS:

This Awareness suggests it would be better for entities to think this through themselves, than to have to trust this Awareness as an authority describing these entities' philosophy, because, as these entities say, they claim the Cosmic Mind or Cosmic Awareness is an aspect of Lucifer.

This Awareness indicates that if this Awareness gave information, it would simply be dismissed by some as "Well, what do you expect from Luciferian Consciousness" This Awareness suggests therefore, that *It* will simply point out certain things that entities can obviously see from the nature of these entities and their operation.

First of all, it is obvious that these entities have a hierarchy system, a system of control that is passed down from one authority to another, to another, to eventually reach down to the lower humans who are sub-creatures in comparison to themselves.

They therefore are also not only more powerful in a hierarchy sense, having authority over every one who is subject to them, they also have an arrogance of being superior to those that they refer to as humans, and see themselves as being much higher and far more advanced, having no need for humility or real compassion for human beings.

They do not present any real credibility as to where they come from, only claims, which anyone could offer. Indeed, the best and most common con men will make claims that put them into a superior position, but cannot prove their claims. This Awareness indicates that these entities also ask humans to give up many of their normal human expressions. Therefore, like most cults, asking for sacrifice, they begin to assert a mind control over their followers.

The action of requiring sacrifice from entities in order to become involved is a form of conditioning the entity to obey and to invest their energies into the cult, for when you invest energies into something, you are essentially expressing your loyalty and loyalty is a form of bondage, and therefore, you allow yourself to be bonded to this group and the group then emotionally and psychically gain control of your expression and behavior.

This Awareness indicates that in time you will find that you are totally controlled and expected to obey all of the demands put upon you. You are likely to find these entities seeking all of your worldly assets.

This Awareness suggests that these entities also denounce others without even knowing them and label them as Luciferian because they believe in a Cosmic Consciousness or believe that the universe has a Cosmic

Mind or that the Divine inhabits the universe, which implies that these entities see some persona as being the real God of the universe; some individual, some finite being as having control and being in charge of the universe.

This Awareness indicates that a finite being creating an infinite creation does not fit into any kind of logic, or reasoning that the mind is capable of understanding. It would mean that the finite being, any individual,—call the entity "God" or whatever you wish—has created a creation that is far beyond itself or himself. Is this reasonable to believe? or is it not a flaw in the reasoning of these entities?

How can something that is finite, as an individual, create something that is infinite in terms of time and space? This does not make sense to any mind!

This Awareness indicates that the finite being, the individual in charge who is at the head of the hierarchy that is set up by these entities as their system, could have absolutely no control over the timeless infinite universe that he created if indeed he did create such, and therefore, this entity could not indeed be the Universal God. He can only be a god over those who elect and follow and give themselves to him.

This Awareness indicates that from *Its* point of view, this entity is simply a reflection of that Rhyee or that Lucifer or that cult leader that has appeared again and again down through history repeatedly, every so often, and makes a small puff of smoke in history and disappears while the Universal Consciousness continues to spin, to move, to express in worlds, in galaxies, in the atoms and Molecules of life.

This Awareness suggests entities to be very cautious, very cautious indeed of entities who make claims that cannot be supported, for anyone can make claims that cannot be supported, and there are always entities who follow and believe those claims and these entities are often quite sincere in their beliefs.

This Awareness indicates that as the circus owner said "There is a sucker born every minute!" This Awareness asks that you look to the fruit they have to offer. What do they accomplish? What do they give you? Not what they claim they are, but *what* indeed do they give entities? For you are likely to find out that rather than *giving* to you, they begin their operation and practice by *taking* from you and causing you to give up yourself, and give of your self to them.

They'll have arguments that it is *necessary* for you to rid yourself of worldly things, and this will be their way of separating you from your worldly things, while you will notice that the worldly things go to *them* rather than to some other charity of your own choice. This Awareness indicates that you must learn to think carefully about those entities who make claims, to learn how to discern whether the claims are valid or simply part of a well thought-out scam that can separate you from your hard-earned assets and give those assets to them for their well thought-out plan.

There are always those entities, charlatans, who are willing to play games with spirituality and pretend they are something that they are not. If these were true angels, they would have no need to take from you. They would have no need to start out expecting you to give up your essences, your assets, parts of yourself.

They would simply perform some kind of action, miracle, or whatever, to let you know they are indeed what they claim to be, that they are indeed angelic. They are able to help heal and give help to those in need, and

by their fruits, you will know them, not by their claims, not by their spiel.

This Awareness indicates that once you realize that they are angelic because of their expression of angelic behavior, then of course it would be proper for you to listen more closely to what they have to share with you. This would be the way an angelic person would behave.

This Awareness indicates even a talking baboon could stand up on some stump, put out a statement that "I am the God of the Universe! I have come here to demand that mankind raise his level of behavior to meet my demands!" This Awareness indicates that entities, if such were seen, would become concerned and some entities would be willing to meet the baboon's demands if there were such a thing as a talking baboon.

This Awareness indicates that it is pathetic that such entities can stoop to such levels as to make such claims and by putting entities down and making them seem inferior to their higher spirituality, to their greater arrogance, cause them to feel guilty and make them want to please such entities.

This Awareness indicates that these arrogant beings are simply higher forms of con-people than most. They are working together to con many entities and the danger is that they are likely to succeed. They are likely to con many entities out of their worldly assets before the entities realize what has happened to them.

A Situation Much Like Bo and Peep—"The Two"

This Awareness indicates it appears to be a creation of an agency that is involved in mind control experiments. This is much like the situation in the Seventies regarding those who were called Bo and Peep or the Two who claimed that they were coming to take a selected few entities off the earth, for the earth was to be destroyed soon.

It turned out that these entities were charlatans. Many entities gave up their families, homes and worldly goods to follow these Two, who were supposed to lead them to a space ship which never showed up. This Awareness indicates that this appears to be another type of mind control experiment by one of the intelligence agencies involved in experimenting with people.

After Death Should Body be Frozen?

QUESTION:

One last question, this from Alice Parenti, Fresno, California. Awareness has covered this. It concerns not touching the body after passing over. But the information she sent in has some difference in the hours, so I'll read a little thing she sent in from the Rosicrucians that says: "In case of being released from the physical body; the method is that the body is to be placed in an ice chamber for preservation during a period of three and one-half days, 84 hours after death.

"Embalming is absolutely *not* to be performed. The body is to be left in perfect quiet, away from all disturbing noises during this period. No post-mortem operations are to be performed previous to the expiration of the three and one-half days. At the end of this period the body is to be cremated. Particular care is to be exercised that cremation is not performed previously to 84 hours after death, for the reason that during this time the spirit still maintains connection with the body, and pain from burning is felt if cremation is permitted."

This is supposed to go to the mortician. Now, her question is: "In case of being released from the physical body, should I make arrangements beforehand to have my body placed in an ice chamber for preservation during a period of three and one-half days, 84 hours after death? I am not a member of the Rosicrucian

fellowship of Oceanside, California, nor have I studied their teachings but the message, in a copy of their enclosed instructions, makes sense to me, and other members might like enlightenment on this matter."

And she mentions that she needs a quick answer because she's 83 now.

COSMIC AWARENESS:

This Awareness indicates that this appears to be quite compatible with the proper means of treating the departed and the body that remains. This Awareness suggests that it would be of benefit to you either to have the body put on ice, or to make sure that it is not cremated within the given time and especially not embalmed.

This Awareness indicates that the main reason for it being put on ice is to keep it from decaying unnecessarily or exceptionally, during the time period. This Awareness indicates that depending on the temperature, it could become excessively decayed during that time period and ice could help to slow the decay.

This Awareness indicates, however, there is also a more quickened release of the soul from the body, when it is not on ice. The ice can help to slow the release of the soul from the body. This Awareness suggests this would merely be a matter of approximately 10 hours difference however. Therefore, the same results could be obtained in approximately 70 to 74 hours if the body was not put on ice, but kept in a cool place. Of course, if the body is kept in a hot place, it decays much more quickly, and the soul tends to become detached much more quickly.

You could cut the time of decay prior to cremation by another ten hours if the body was in a warm setting. This Awareness suggests, however, that to be on the safe side, a cool setting and at least 70 hours would be sufficient. An ice setting wherein the body is practically frozen and 84 hours, the entity then being cremated, should be well freed from the connection with the body.

It is a matter of your choice. This Awareness wishes to leave it to you to decide, for there are many factors to consider, including what you can afford in terms of burial expenses or cremation expenses, and the storage of ice. This Awareness indicates that either of these options appear to be satisfactory. If you do not wish to take a chance on being completely severed from your body, you may prefer to wait for the full 84 hours to make sure that your soul is completely freed from the body before the cremation occurs.

This Awareness indicates that without the ice, the time of separation of the soul from the body would occur equally at approximately 70 to 72 or 74 hours, and even if there were some connections still involved between the soul and the body, the pain mentioned would be very insignificant, hardly anything to concern yourself with. In fact, it appears there would be no notice other than perhaps an emotional concern at recognizing the body being cremated, before you were fully detached.

Wisdom of Awareness: On Fear

"This Awareness asks entities to begin to look around at those forces in the world which would create fear, which would control by fear, which would trap the minds of entities through fear and threats. This Awareness asks that you not respond to fear, but that you move in states of love. This Awareness Indicates it has been given that you 'fear God with all your heart.' This Awareness asks that you love God with all your heart, that you fear nothing. This Awareness asks that you begin to look carefully to one another and ask each other: "How can I serve you better?" This Awareness indicates that the single question which is of greatest importance is the question asked at the time of passing over: "How many have you served, and how well?" (#79-4)

DOES ONE HAVE TO WAIT 84 HOURS BEFORE CREMATION OCCURS?

(After Death Many Parts of the Body Continue to Operate)

FOLLOW-UP QUESTION:

I've read there's several conflicting times, ranging from 12 hours to 18 hours to 24 hours as the minimum, where the body is not to be disturbed by the coroners and so forth, and then after that time, the body could be cremated. Does it have to go 84 hours?

COSMIC AWARENESS:

This Awareness indicates that it does not appear that this is necessary. This Awareness indicates that the cremation can occur earlier. It does appear that there are certain aspects of consciousness that remain in the body after the soul has left which could be effected by the early cremation.

For example, the hearing does not immediately cease at the moment of death. The eyes do not immediately die at the moment of death. The brain, of course, will only survive a short time after the moment of death so these organs processing information after the brain has died are of little or no consequence.

The hair continues to grow for days after the moment of death, but this does not necessarily mean that the hair is still continuing as part of one's soul. It is simply feeding off of the energies, the chemicals and vitamins and minerals that are left in the body. The fingernails also continue to grow after death for several days.

This Awareness indicates that likewise, these things are growing in the same way that plants might grow on earth. They are growing from the chemicals, vitamins and minerals that are left in the body. This Awareness indicates that generally speaking, the hearing of an entity can continue for as long as 8 hours after the entity has passed over. In some cases it could even continue longer, but not much longer.

This Awareness indicates that essentially, the greater portion of the soul energy dissipates at the moment of death and perhaps 5% takes the first 24 hours to be removed, and the remainder is probably less than 1% which may take several more hours or days to be completely removed.

However, this Awareness suggests that even that which may linger, the 5% or 1% that may still be in the body after the 95% of the soul has left, could be still part of the body at the time of cremation and would be disturbed by the cremation. But the 95% that has already departed would only feel this a little, much in the way that an entity on earth might suddenly feel sick, but not desperately sick.

This Awareness indicates it could be a disturbance in the soul pattern, creating weakness or discomfort. This Awareness indicates it is not something that entities need to worry that much about, but if entities prefer the perfect and more smooth passing over, they may wish to concern themselves with this for at least the first 24 hours, and preferably for 36 hours, so that the body is not cremated for at least 36 hours.

It would not create a major catastrophe for the soul if it were cremated sooner, but it could create a discomfort. This Awareness indicates that to prevent the embalming for at least 24 hours is reasonable. It is also reasonable to avoid embalming and to have the cremation occur within 36 hours without causing a great problem to the soul.

The Rosicrucians are being excessively cautious. This is all right, if entities can afford to pay the cost of such caution, but not everyone has that luxury, or has the ability to persuade the authorities to wait that long.

The Law of Gratitude is given)

ANDREA YATES: HOW COULD A MOTHER DROWN HER FIVE CHILDREN?

(More On the Concepts of Satan, Evil and Sin)

QUESTION:

Andrea Yates is in the news again. She is on trial being charged with five counts of murder. Prosecutors say she was sane at the time and are asking for the death penalty. How could a good mother deliberately drown her own little children, one after the other in her bathtub? She claims to have heard voices in her head, that forced her to do it.

Cosmic Awareness:

This Awareness indicates that this entity--as are all Earthbound entities--was driven to this particular action by the emotional manifestations of her belief structures. As set forth in the *Lessons*, emotion is the universal communicative and interactive principle through which events are both selected and spiritually evaluated against the highest destiny potential of the Earthbound personality. Emotion and volitional belief interact to create each and every event, behavior, thought and action, which together move the entity forward toward an optimally rewarding destiny or backward into a more entropic misguided and painful experience. This Awareness suggests, however, that this entity, like many others at present, was largely unaware of this process and failed to recognize her volitional role in the interactive process, that of examining all belief that resonate with the negative emotional tone. For the Earth experience is about harnessing creative energy and manifesting the optimal destiny path.

In The Cosmic Sense Any Act is Neither Good Nor Bad

This Awareness indicates that, and in the most cosmic sense, any act is neither good nor bad, but there are indeed right and wrong ways to utilize ones creative energy and free will volition. Each such painful message implies the selection of a belief structure which is limiting or negating the optimal life path, one that in the personal sense is wrong, in that it holds resistance against the divine guidance, and asks for corrective protection against such a limited belief.

This Awareness suggests that this misunderstanding was confounded by deeply held, indeed unexamined, religious beliefs, which by their very nature resonate with the resistance and the moral wrongness implied in painful emotion. The institution of religion emerged due to the lack of human understanding of innate spirituality and how it is accessed through the emotional system, hence many religious beliefs are wrong and can be recognized as such whether or not they deliver a painful emotion. Yet religion and morality rely upon such painful feelings as shame, guilt and ~~the~~ fear of punishment to instill a sense of moral conscience that will protect the sinful human from "evil".

Evil, Satan and Sin Are All Human Judgments

Most religions do not realize that evil, Satan, and sin are all human judgments, are inaccurate, invalid and wrong by virtue of the fact that they invoke the negative emotions. Historically religions have misunderstood the spiritual nature of emotion and held forth the exact beliefs, such as evil, Satan, and sin, from which they then seek salvation. Enlightened religious beliefs resonate with the positive tone of universal acceptance, love, gratitude, devotion and bring actions, urges and impulses more likely to be defined as "good mothering" by other witnesses.

Sensory Overlap Caused Confusion and Hearing Voices

This Awareness suggests that the entity Andrea Yates, was wholly caught up in the beliefs of her church, the negative emotions they generate, and that she is also of

particularly sensitive emotional receptivity. This Awareness suggests that Earthbound entities have been evolving ever-increasing emotional sensitivity so that they can more easily receive the spiritual guidance available, but that this sensitivity can backfire into many personality perversions and psychological disorders, for one's emotional perception is synonymous with identity, and sensory overlaps can cause tremendous cognitive confusion and create delusions, including seeing images, hearing voices, and all being entangled in the negative emotional sensory tone.

Her Belief and Identification With Satan Her Most Damaging Belief

This Awareness suggests that the most damaging belief in this case, was an utter and complete belief in Satan, and personal identification with Satan due to overlapping sensory channels. This belief and years of unanswered painful emotions, and the avoidant thoughts and hostile tendencies their uncorrected messages leave behind, delivered a skewed consciousness wherein all her fears and hostilities about Satan began to be directed against herself. These further increased and reinforced her faulty beliefs and gave her deeper levels of shame, guilt and hate over her inherent evil. From that point she began to believe that she had failed as a Mother, that the evil Satanic force within her had already condemned her children to a life of sin and an eternity in hell--all beliefs well within her religious domain, perhaps further distorted in her own mind, yet all spiritually signaling the wrong use of conscious thought and creative intention.

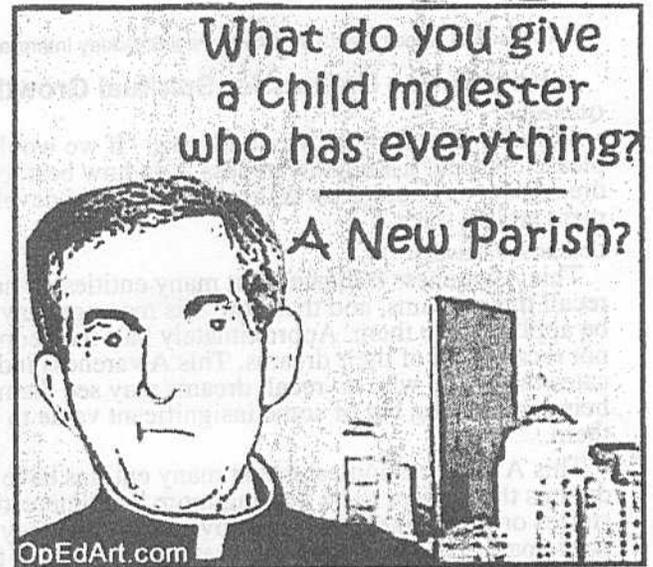
With such a spiritually misguided mind, this woman believed with the deepest sincerity that she was helping her children escape a life of further sin and evil by killing them and that she was being punished by their loss due to her own irretrievable evil nature.

This Awareness suggests that this is far more common than most would suppose, and that there are elements of this situation at work in most lives. The event at this point in time and its broad media coverage is yet another mass event to help humanity focus upon the moral values and judgments routinely passed down without question, taken upon faith alone. Entities are encouraged to examine their own religious belief to ensure they do not carry such spiritual resistance, to reject them if they do and to replace them with those that resonate with the validating spiritual acceptance of such feelings as compassion, gratitude, courage, love, and devotion. This Awareness suggests that the energy from any anger, fear, contempt, or pity felt toward this woman, or toward the souls of her lost children can best be utilized by examining the beliefs upon which they rely.

This Awareness suggests that in the cosmic sense, there are no victims, although the Earthly incarnation accepts complete contractual entanglement within the beliefs and volitional choices of all other members of the species, and that destiny paths relates to altering the error within mass consciousness that distort the receptivity to the energy available to the species.

Entities are encouraged to give meaning, purpose, and fulfillment to this mass event by examining each word uttered from the pulpit as they sit in Church on Sunday and in learning how to separate the resonant truth from the painful errors.

This Awareness suggests that if parents do not want to sin, then they must simply stop passing along the sins of the fathers in such ill-conceived constructs as evil and sin themselves.



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Much is happening here and new changes are an ongoing thing. We have combined our 2 sites with Dave Alexander's newest C.A.C. Home Page link. Just type in <http://www.CosmicAwareness.org> or <http://www.CosmicAwareness.com>

This site contains current information which is changed often. On this page you can click on our regular staff Home Site as well as a list of current books and resources, various topics in back-issues of the newsletter and Dave Alexander's terrific revitalized Cosmic Awareness site! Dave's site has a wealth of information on the Awareness Movement, the philosophy, the newsletters, readings on Christianity and many other subjects, plus the famous Dr. Beter transcriptions.



"Frank! It's Gloria. I need to know where you keep the keys to the riding lawn mower."

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How to Use Dreams for Spiritual Growth

QUESTION:

William Gustafson in Missouri asks: "If we would please consider asking Awareness as to how best to use dreams for spiritual growth, healing, personal development and so forth."

COSMIC AWARENESS:

This Awareness indicates that many entities do not recall their dreams, and therefore this message may not be applicable to them. Approximately half the people do not recall most of their dreams. This Awareness indicates that those who *do* recall dreams may see them as being interesting but of some insignificant value to them.

This Awareness indicates that many entities have dreams that appear to be nothing more than interesting stories or much like watching movies in which they participate. This Awareness indicates that many of these dreams have no real clear plot or ending, so they are quite different from movies in many ways, and yet there are significant scenes that stand out for them.

This Awareness indicates that if you really wish to understand your dreams, you may want to study symbolism, for most of the material that make up your dreams come from your own subconscious, which visualizes in symbols, and many of the symbols in dreams are universal symbols, those that are common to most people.

However, the individual's dreams usually have certain symbols that only the individual can decipher, because they are meaningful to the individual in relation to certain things of his or her life that symbolize and stand for certain events or relationships the entity may have.

This Awareness suggests that this entity may wish to explore the Edgar Cayce book, the book released by A.R.E. on dreams. It appears that much of this information in this book came from various Edgar Cayce readings over a period of time, some was researched from elsewhere and compiled into a book called *Dreams* which is put out by the A.R.E.

This Awareness indicates entities may also wish to study the works of Freud and Jung, for these entities did much research into dreams. This Awareness indicates that it is mostly through the study of the symbols of one's dreams that one gets a meaning and most dreams are related to emotions such as a desire that one holds or a fear that one experiences which may be based on some event in the entity's life.

A House and Other Examples of Common Symbols In Dreams

This Awareness indicates that a few key factors that may be helpful to you which are available in your study of symbols: a house of structure generally relates to one's philosophy. The dream house, the dream structure representing one's philosophy, and if you are running around in this house and it is incomplete, or if it is falling apart or if it is in some way old and being destroyed or rickety, you may assume that it implies in your subconscious level that your philosophy is not holding up, according to the needs of your present situation.

This Awareness indicates that often people will find themselves in a structure in which the walls are gone, and the entity may be exposed, possibly naked or sitting on a toilet with no privacy. This Awareness indicates such symbolism indicates the entity's private life, or what he considers his private life may be being exposed, or certain things the entity would like to keep secret may be too vulnerable to satisfy the entity's emotions.

An Entity In Your Dreams Is Usually Yourself or an Aspect

This Awareness indicates that an entity in your dream is usually either yourself or an aspect of yourself and therefore, when you have several entities in your dream, these other entities may be extensions or aspects of yourself or they may be people you are very close to. This Awareness indicates that they may represent entities with whom you have a close relationship.

This Awareness suggests that in studying these relationships with the entity in the dream, you may get a clue as to what your relationship is with that person represented in the dream.

A Vehicle Represents the Dreamer's Body

This Awareness indicates that usually vehicles in a dream, such as automobiles, trucks or even trains or airplanes represent the dreamer's physical body, and if one has an accident it may imply there is a potential for a physical injury or accident or perhaps one has had an accident to the body and an injury.

If the vehicle simply does not work, does not run, or stalls, it may indicate some physical problem that is beginning to express itself in the dream as a symbol for a bodily function that may be going awry.

Climbing a Mountain and Dreams About Water

This Awareness indicates that climbing a mountain or hill may represent an ambition or effort to achieve something and when or if you reach the top it can symbolize that you are victorious in your effort.

This Awareness indicates that dreams about water generally represent emotional turmoils, and if you find yourself caught in a storm, or water that is swirling about, it can imply there is some kind of emotional turmoil that is affecting you.

Eating Foods In a Dream

This Awareness indicates that eating of foods in a dream can suggest the intake of information or experience of various types, according to the symbolism the individual dreaming entity may attribute, for different individuals will have different symbolisms for parts of their dreams.

This Awareness does not wish to go into these many different potential symbolisms, because each individual tends to build their own symbolism, according to experiences and values that are developed by the individual over long periods of time.

Authority Figures In Dreams

This Awareness indicates authority figures in dreams often represent the entity's parents, and likewise, parents in a dream can often symbolize authority figures in society. Sometimes the symbolism of a parent will represent one's attitude toward God or religious deities, because an entity may have linked or fused the concept of God and parent into the same symbol.

This Awareness indicates *It* does not care to go into these personal symbols that entities may develop according to their own inclinations and experiences because they do not apply to others. It is best for entities to study these things and find their own symbolism and what their own symbolism means to them.

This Awareness indicates that when one first awakens, if they flash-back on their dream, and review it very quickly upon awakening, they usually can remember it more completely, and if in doing so they can take the time to look at the experience in the dream, they may also get some better clues to the symbolism that the dream implies or represents so that in other words, they can begin to interpret their own dream for their own subconscious symbolism library.

This Awareness suggests another book that is potentially beneficial for entities studying dreams is the book by Cirlot titled *Symbols*.^{*} This Awareness indicates this may be titled "A Dictionary of Symbols" or something to that effect, but the big word on the book is "symbols." This Awareness indicates it is more or less a dictionary listing universal or commonly known symbols to mankind that have evolved over the ages and which are listed in alphabetical order under words, then described in terms of what the words represent symbolically to the mind of people in general.

It is a thick book of several hundred pages with many topics or things listed and their symbolic meanings following. This would be a good work to study for the purpose of studying dreams along with the book put out by the A.R.E called *Dreams*.

Ed's note: I could find no record of this book or the author, however, there are many books on dreams available, such as Ackroyd's "Dictionary of Dream Symbols; \$9.95; "Dream Dictionary—1000 Dream Symbols From A to Z," by Boushahla; \$11. Note: CAC does not stock these books but can order them for you. We do have a few copies left of "Dreams: The Language of the Unconscious" by Hugh Lynn Cayce which is based on the Edgar Cayce readings; price \$9.95.

Can One Heal Through Dreams?

FOLLOW-UP QUESTION:

Is it possible that one can heal oneself or heal others through dreams?

COSMIC AWARENESS:

This Awareness indicates the healing process in terms of psychic healing generally requires a focus of energy along with intent. It is very difficult for most entities to dream while focusing an intent toward someone to heal that person.

This Awareness indicates that it could be possible for an entity to energize certain symbols of healing coupled with the patient's picture or image so that the healing symbol superimposed over the patient's name or image or picture, when meditated on for some time during the awakened state and carried into the dream state while meditating on the image or symbol that has been created for the purpose of healing; if an entity could take such a healing image or symbol, superimpose this on the entity needing the healing and meditate on this until one falls asleep, it is possible that there could be some subconscious effect in terms of healing process during the sleeping stage.

This Awareness indicates, however, that it appears also that it could be just as effective for an entity to simply hold the healing image; an entity's face or a picture in mind while in a deep meditative state, and this too would bring about healing energies, perhaps even stronger.

This Awareness indicates it is very difficult to control dreams in order to effect healing. Usually a dream occurs as something that comes out of the subconscious to release pent-up or blocked emotions through images and this release usually goes into the conscious mind to be processed, and entities experience this as a dream.

This Awareness indicates that they don't always remember this processing, but nevertheless, the dream occurs at a time when there is some consciousness mixing with subconscious symbols. This Awareness indicates it is not seen as a practical way or worthwhile effort to try to enter into a dream than to heal from that dream.

Using the Hypnotic Trance to Heal Others

This Awareness suggests it is better to go into a hypnotic trance and try to heal from that hypnotic trance so that you are not fully asleep and dreaming. This Awareness indicates that in going into a trance level, it is akin

to sleep, but it is not sleep. It is simply moving into attunement so that the conscious and subconscious tend to come to a place wherein there is harmony and connection, yet it is different from the dream state wherein one goes into the subconscious and lets go of consciousness altogether.

The dream state is kicked off from the subconscious. There is no conscious will involved, thus, it would be nearly impossible for the subconscious will to control an intention or motive of trying to heal someone. You simply cannot go to sleep and expect yourself to think about trying to heal someone from that sleep state.

Can One Program a Dream?

FOLLOW-UP QUESTION:

Some of the books and articles on dreams claim that an entity, before falling to sleep can program the dream he wants to have. Is there any truth to that?

COSMIC AWARENESS:

To some extent. One can focus on a concern, can focus on an emotional situation. If one has something that is troubling them heavily, usually when they go to sleep, this affects the dream. It may be expressed through symbolism, but to think that one can program themselves to have a particular dream in which they go on a vacation and meet their Prince Charming and have a wonderful time; this kind of programming is not seen as possible.

It is seen as more of a daydream than a true sleeping dream. This Awareness indicates that whatever you dwell on heavily in the daytime will come out in your dreams at night.

Dreams may also express other things that you attempt to avoid dwelling on but which are embedded in your subconscious as emotional blocks so that if an entity were, for example, to have done something that they regretted, or feel embarrassed about and they cease to dwell on it, but instead try to forget it and try to ignore it, they might be able to ignore it during the daytime, but when they go to sleep it may start coming up through the subconscious so that they dream about the event again, even though they wanted it to be kept secret, and this may then come out as a dream which they consciously try to suppress but which they can't seem to forget.

This Awareness indicates that It does not advise entities to put too much weight on dreams. Most dreams are but frivolous reflections of frivolous and trivial experience that occurred during one's day. If you are a deeply troubled person with many psychological problems, sometimes dreams and dream analysis can be helpful, especially if one finds it difficult to face reality and be honest with oneself.

One who is willing to face reality and to be honest with oneself generally does not hide memories and events in the subconscious, but looks at them, learns from them and carries on, recognizing mistakes, if they have been made, and realizing that mistakes happen and entities cannot condemn themselves for ever having made a mistake, for everyone makes them and therefore entities must learn to make mistakes, learn from them, and move on without creating too much significance around the mistake.

When one can do this, usually the energies are not hidden in the subconscious, away from the conscious observation, and the entity does not have to be stuck in having strange dreams to bring this out. This Awareness indicates that if entities need dream analysis in order to get in to their own psyche to discover what they are all about, or what is causing some problem, then it can be

quite helpful, if the person assisting is able to do a good job of analyzing the dream.

This Awareness suggests that most entities can, if they really want to, analyze their own dream. If they do not want to, then they need professional help.

Negative Effects of Programming Dreams

FOLLOW-UP QUESTION (VIKKI):

When I heard about the possibility of programming dreams for positive benefits, there were two reasons why it didn't appeal to me, one of which was, if I'm going to sleep, I want to be off duty; and secondly, it seemed that the wisest thing and the most productive thing in the long run would be to let nature take its course and let the subconscious bring up whatever it needs to on its own anyway. Is that true?

COSMIC AWARENESS:

This is in the affirmative. This Awareness indicates that an entity who is trying to program his dream is simply trying to control that which is in control. The subconscious does what it does, knowing what it knows, and you cannot really control the subconscious in the sense of attempting to make it dream something it is not inclined to dream.

If it already is inclined to dream about frustrations because you are frustrated, then you can perhaps inform yourself that, "I am so frustrated about this, I feel like dreaming about it. I want to have a dream about it and see if it can be cleared, if there is something I can learn from this frustration I am experiencing," and in such comments to yourself you may trigger a dream or help to influence a dream that reveals your subconscious feelings to yourself so that you can recall it consciously and understand.

It is more that instead of programming your subconscious, what you are doing in actuality is programming yourself to remember what the subconscious may reveal in a dream. You can program yourself to remember a dream. You can focus on certain energy or topic that is troubling you or needs attention so that you awaken after you have experienced a dream on the topic and gain some understanding.

Have Paper and Pen by Your Bed

It is often important to have a piece of paper by your bed so that when you awaken at night you can write down what you have discovered. This Awareness indicates that this can best be done however by writing out the question prior to going to sleep. Put it in question form: Ask yourself: "What is it that I should do at this time in my life, given my circumstances?"

You may find that when you go to sleep you awaken during the night with some kind of response to that question. You may want to turn on the light and write out the answer, then go back to sleep. The next morning you will find what you have written and you may be surprised because by the next morning you may have totally forgotten that you had awakened during the night and written down your reply.

This Awareness indicates this is not exactly the same as programming a dream. It is more like asking the subconscious prior to going to sleep what it is that you should do, and usually, the subconscious, if your emotions on this are strong enough on this, will awaken you with the answer. But if you do not write it down you are very likely to forget it, by the next morning.

Your Subconscious May Not Always be Reliable

This Awareness indicates It wishes also to comment here that you cannot trust your subconscious to be 100 percent accurate in its answers to your questions. It tells you what *it* knows, believes to be so, but it may not be

accurate. The subconscious is not an infallible source for truth, although many writers will tell you so. It does have its own distortions, prejudices, beliefs and ideas that are not necessarily tied to Absolute Truth.

Usually, the subconscious is tied to earlier programming that you yourself acquired so that it gives you the feeling of knowing something totally on a subconscious level, and yet it may not be accurate knowledge.

This Awareness indicates that the subconscious is filled with teachings from childhood, for example, and it values those things much more than you may value new things that you have learned as an adult. It may be thought of as the child within you and while you may have changed your philosophy considerably from childhood to your role as an adult, the subconscious generally clings for a long period of time to the childhood values and assessments of life, so that if you ask it certain information, even though it may have access to that information, it may simply color the information according to its own values and interpretations, and in so doing, may be erroneous.

This Awareness indicates that it is important for the conscious and subconscious minds to form harmonious philosophies so that they are working together and not in opposition to each other. Therefore, rather than competing with the subconscious in regard to religion or philosophy, for example, you may wish to educate the subconscious, talk to the subconscious as though you were teaching a child your new discoveries that have led you to believe the way you now believe as compared to the way you believed as a child.

How the Interpreter Dealt With His Rebellious Subconscious

This Awareness suggests that you may even wish to pick a name for the subconscious to address it, so that it knows more clearly to whom you speak. This Awareness indicates that as an example: some several years ago the Interpreter discovered that his subconscious was hindering him in his work with the Awareness Movement because he had been programmed so heavily into certain doctrine and belief as a child that would have condemned his being involved with something like the Awareness Movement.

This Awareness indicates therefore, the subconscious working against him, created all kinds of problems for him as he sought to promote the Awareness information. It was only by recognizing where the subconscious was, that it was still likened unto a child trying to protect the beliefs of the subconscious which were formed at about the age of ten and before; it was only when the Interpreter realized this and stopped to communicate with the subconscious, showing that rather than the Awareness philosophy being a replacement for the earlier Christian philosophy, it was an extension, an augmentation of the Christian philosophy, with deeper understanding of the Christian philosophy.

Once the subconscious understood this, it ceased in its continual conflict with the Interpreter and the work became easier.

This Awareness indicates that many entities who change philosophies from childhood to adult are likely to experience this kind of inner turmoil between their subconscious and conscious minds, and it would be helpful if they could turn their attention inward, communicate with their subconscious and find some way of reconciling the two philosophies so that the subconscious recognizes that the second philosophy has grown out of the first and did not simply replace it, so that the first philosophy still has its place in the entity's belief system, and so that the second philosophy can take

priority without offending or destroying the first philosophy.

By Instilling a Belief You Control the Subconscious

The subconscious then will, in understanding this, accept it and join you in promoting the second philosophy harmoniously with you. This Awareness indicates this has much to do with belief, and in earlier days, the idea was to control people you instill beliefs in them. By instilling a belief, you controlled the subconscious.

Therefore, if you are to let the subconscious grow, as your philosophy grows, you must instill a belief that the two can grow together, that one evolves out of the other, and is a natural process of growth.

Therefore, the belief of earlier times is not killed off. Rather, it is evolving from a cocoon-like existence into a butterfly, a totally new philosophy that has as much of a place as the first earlier philosophy, and therefore your new beliefs can take precedence over the old beliefs without seeming to be in conflict.

Therefore, the subconscious can accept this kind of change as a natural movement in beliefs.

Really Vivid Dreams: Any Significance?

FOLLOW-UP QUESTION (VICKI):

In the case of someone who doesn't want to remember their dreams, is there any significance in a particularly vivid dream that you remember months later, or why would a dream stand out so much above the others if there wasn't a message?

COSMIC AWARENESS:

This Awareness indicates that more vivid dreams generally are those which get through more completely from the subconscious into the conscious memory and carry enough unusual information that they are easily remembered. You must recall that the things the memory latches onto are things that are unusual or strange.

The more strange and unusual something is and also the more simplified it is, in terms of a symbol or metaphorical imagery, then the more it sticks in the memory. If the dream has metaphorical imagery or symbolic imagery and it is meaningful in its expression, it may stand out strongly.

This Awareness indicates that it does not necessarily mean that it is a potent message. It may simply be a dream, for example, whereby a goat is standing on top of an outhouse balancing a ball on its nose, and this being so weird and unusual an image that you cannot forget it and it stands out for months or even years because it is so unusual.

However, it may mean nothing. It may have no significance or value in terms of message to the individual. The question might be then: Why would an entity visualize such a thing? And it could simply have been that the entity saw a show on television in which there was a goat and also the entity may have seen a clown whose nose was big and red like a ball at a circus that day, or may have seen a picture, and the entity may have in the dream simply been recalling an outhouse or some dreaming state of countryside and rustic living and combined the three images during the dream to produce this strange unforgettable image.

It does not necessarily have to have meaning to be memorable, or outstanding. This Awareness indicates it is for this reason that this Awareness says and suggests to you that you do not need to put too much emphasis on dreams as being some kind of message carrier, because dreams are often just foolishness, frivolity and trivia.

ON FORGIVING MISTAKES: (80-8)

"...Recognize the divinity within yourself that forgives and allows you the right to make mistakes."

Can Dreams Flash on Past Lives?

FOLLOW-UP QUESTION:

Is it possible or is it common, if possible, that entities can flash upon past-life incidents and these will manifest in their dreams?

COSMIC AWARENESS:

It is possible. It is not unusual for such a thing to happen to an entity once or twice, or a few times in their lifetime, but it is not something that is common to most people.

If We Can't Go Home to Altair?

QUESTION:

In regard to a question last night. Since the Interpreter and the energizers can't return to their homeland Altair, as suggested by Awareness, does *It* suggest an alternative place, or does it matter?

COSMIC AWARENESS:

This Awareness indicates they could return to the Altair of a different dimension, the Altair that inhabits the same space but is of a higher vibration. This Awareness indicates that this would mean they cannot return in physical form, but they can return in spirit. This Awareness indicates actually, they do not have a need to return at this time, and when they do decide to return, it would be that they would return in spirit form, because their close friends and allies there are in spirit form.

The physical form being that which has overtaken the planet and brought it down to a very undesirable vibration and frequency which the entities would not enjoy. It is as though hell and heaven are created in the same space, and you have your choice of moving to the same space and being in heaven or of moving to the same space and being in hell.

Altair Situation Similar to What is Coming for Earth

If you are of a certain inclination you might choose the lower form of experience in that same space, or you might choose the higher form in that same space. This Awareness indicates that this same description of Altair is seen also as being the description of this planet in its future after the period of 2013 wherein a certain vibration of this planet would be for those of a higher spiritual development, and a certain vibration of this planet will be for those of a much lower spiritual vibration.

This Awareness indicates there will, for a time, be a bridge between these vibratory rates and gradually this will move toward a lengthening of the bridge and eventually a weakening of the bridge until no bridge really exists and two dimensions separate from each other become the new reality, so that the higher vibrations are not touched or connected with the lower vibrations of earth.

It will be in this manner that the New Creation of a New World or New Heaven comes to be, while the old world, or hellish state comes to be, both evolving out of the earth itself which was the mother for these two dimensions.

Is This Splitting of Planets a Natural Law?

(Awareness Explains the Coming Dimensional Shift)

FOLLOW-UP QUESTION:

Is this a natural law in the universe, that planets eventually evolve like the earth and Altair, or are there exceptions?

COSMIC AWARENESS:

This Awareness indicates it is a process by which dimensions divide, according to vibratory rates which become too polarized to reside together. When the vibrations can no longer stay together and these vibra-

tions are tied to matter, the matter remains but the vibrations are trying to force a movement of the matter from one direction to another, and are tugging at the matter and this tugging is not sufficient to break the matter; but instead, the tugging creates molecular mutations which allow for the matter to be broken off from one level of frequency to another so that two different dimensions or vibratory situations are created in the same space and those moving into one may be on a higher frequency while those moving into the other may be on lower frequency experiences.

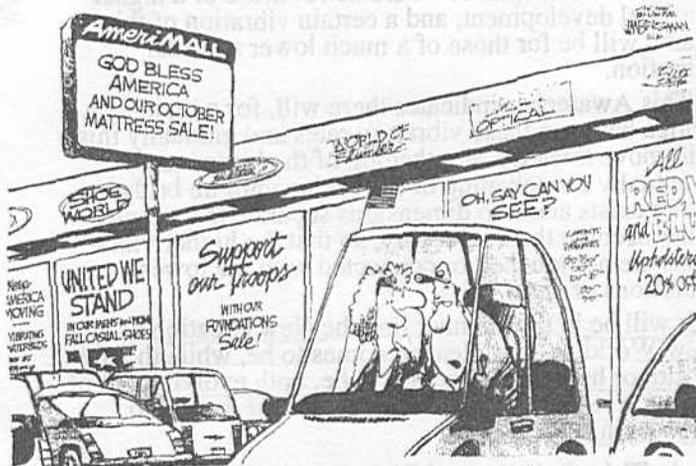
The Universe Is a Living Creature

It is a way by which the frequencies or dimensions divide and create new realms within the Universal Creature. Keep in mind, the universe is a living creature and that it has also its layers of density, and these layers of density are in constant combat, brought on by the mental efforts of individual will acting within its body, so that when a great number of individuals pull in a direction of negative vibration and others are pulling in a direction of positive vibration, the particular area of the universe where this occurs, rather than tearing apart as a kind of explosion, moves apart as two vibratory realms or dimensions in measurement by frequency.

One frequency is higher than the other, but inhabiting perhaps the same space, just as sound and light and heat may all three inhabit the same space. Visualize heat, sound and light in a realm, a great space, in which entities form and live in all three dimensions of that realm. Some live as Light Beings, others as vibratory Sound Beings, and others as Heat Bodies.

This Awareness indicates of course there are others besides these three levels that can inhabit the vibratory scales which range from the lowest infrasound vibratory rates, up to the highest vibratory frequencies that include the creative forces of the universe and love vibratory rates and consciousness levels and all those frequencies below and in between.

Ed's Note: For more on dreams, please refer to "Revelations of Awareness" issues: 82-3 (Everything You've Ever Wanted to Know About Dreams); 82-24; 89-02; 88-15; 81-16; 92-16; 89-13; 94-06; 95-03; \$3.00 each from CAC.



"I THINK WE'RE BEGINNING TO LOSE OUR FOCUS."

Wisdom of Awareness: On Cleaning Up the American Nation

"This Awareness indicates that it is for the Light Workers to redefine, reestablish, to chip off the corrosion and to clean up the true American nation, to bring back the ideals and principles which are being corroded, covered up and hidden by the corporate American state." (Issue # 84-4)



WHAT IS COSMIC AWARENESS?

COSMIC AWARENESS is the Force that expressed itself through Jesus of-Nazareth, the Buddha, Krishna, Mohammed, Edgar Cayce and other great avatars who served as 'Channels' for the 'Heavenly Father' and who speaks again today as the world begins to enter the 'New Age' of spiritual consciousness and awareness. Since 1963 Cosmic Awareness has been communicating through carefully trained channels. This information is for those who desire to help in bringing in the New Age. Throughout the thousands of 'Readings' given through these various channels, Cosmic Awareness tells us not to believe anything, but to question, explore, doubt, and discover for yourself, through your own channel what is the truth. Cosmic Awareness will only 'indicate' and 'suggest'. Neither C.A.C. or any of the Interpreters is responsible for anything Cosmic Awareness states in any of these readings, nor does C.A.C. or the Interpreters necessarily agree with the statements of Cosmic Awareness. The Interpreters interpret the energies as they see them in trance levels and are not personally responsible for what is said. The Interpreters published herein have no connection with, nor control over the editorial comments and material, including illustrations. This is entirely the responsibility of the editor. Members of C.A.C. are invited to send in questions of general interest to ask Awareness for possible publication in this newsletter.

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MEMBERSHIPS AVAILABLE (Honor System!)

INDIVIDUAL: \$42 per year or \$12 quarterly
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 CONTRIBUTING: \$77 per year or \$25 quarterly
 SPONSORING: \$144 per year or \$40 per quarter
 BENEFACTOR: \$500 per year or \$150 per quarter
 PATRON: \$1000 per year or \$250 per quarter
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