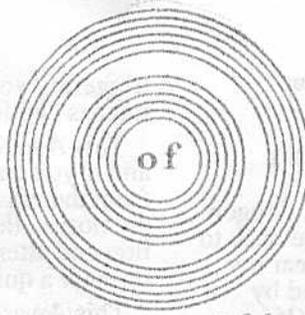


# Revelations

The Cosmic Newsletter

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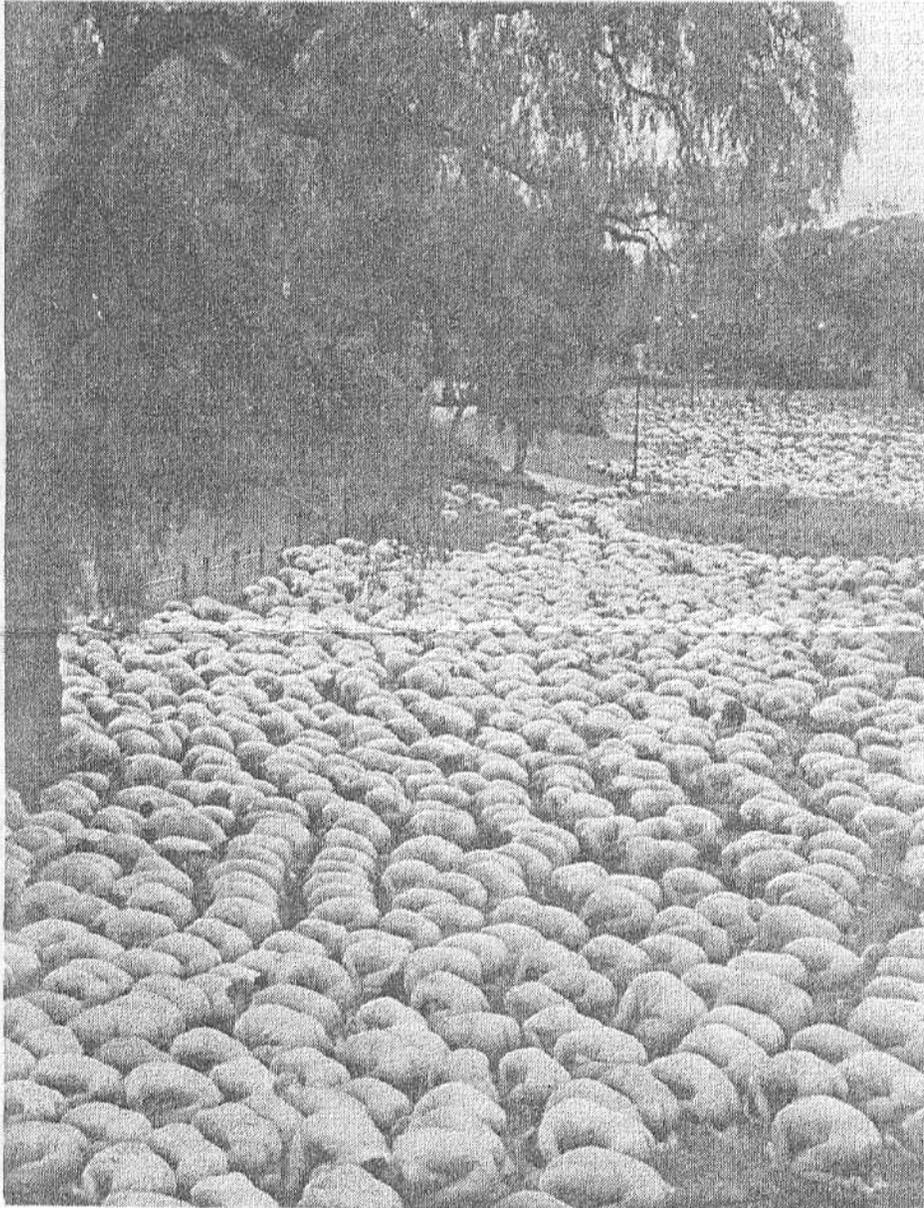


# Awareness

COSMIC AWARENESS COMMUNICATIONS  
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## THE HEALING OF EMOTIONS (How to Release Childhood Trauma)

### QUESTION:

A question from Layne M., in Cottage Grove, Oregon. We've had questions from her before. She's gone back to her maiden name. She writes: "I am trying to clear my emotional body; the emotional body as described by Chris Griscombe (sp) in her book *The Healing Of Emotion*. She recommends reviewing past lives and childhood traumas.

"I have been trying to release childhood traumas, but I only get bits and pieces of memories. I underwent hypnosis, but the child within remains frozen and silent. I am frustrated with my slow progress. Is it advisable to pull these memories out through hypnosis, or is it too forceful? Or is it advisable to pull these memories out via Griscombe's acupressure techniques, or is that too forceful?"

"Some people believe the memory should flow in a conscious state of mind because that would indicate you are ready to receive these memories."

### COSMIC AWARENESS:

This Awareness indicates that in many cases, the memories are not as significant as some entities would like them to be in terms of releasing trauma from the blocked energies of the system. This Awareness indicates that the acupressure or pressure-point activities used in some therapies for this purpose can sometimes help to release those memories into consciousness, and in the process may bring about an emotional release of energies that have been blocked or hidden from consciousness.

This Awareness indicates that in such therapies you should have someone who is well-trained for this kind of release action. The polarity centers, using Dr. Stone's methods as one that has some advance techniques in this regard, using pressure-points to release these blocked up trauma energies. This Awareness indicates that there are doubtless others who have also studied acupressure who may be of assistance in this regard.

### Psychedelics in the 60's Used to Release Emotional Energies

This Awareness indicates that in the 1960s, many entities used psychedelics as a way of releasing these blocked emotional energies to free childhood memories from traumas that occurred so that the entity became more open and aware. This Awareness indicates that Scientology also had a similar system whereby, with the use of caffeine, these blocked energies were released, along with certain counseling technique. This Awareness indicates this, of course, was a very costly process.

### Meditation as a Way to Release Emotional Memories

This Awareness suggests that one of the methods that would be open for you which would be of little expense would be the use of meditation, and this Awareness suggests also, coupling your meditation with music or objects out of your childhood; music of the time or objects that are strongly reminiscent of events and experiences during your childhood while meditating or holding such objects can help you to release memories or recapture the memories in a more vivid way so that these memories can be held in consciousness long enough for you to tune in to the circumstances more completely and in that process release the emotions that accompanied the circumstances.

This Awareness indicates that likewise, if you have recordings of persons you are familiar with or voices of the time, recordings of yourself during that time, or letters or writings or diaries; these can also be helpful in

triggering your memory to open up and allow these images and feelings to surface.

This Awareness indicates if none of this is available and if you cannot remember or do not see any music from the era that is appropriate in triggering certain memories, then you may be stuck with just the meditation and attempt to move into the past, meditating through a quiet and attentive and focused approach.

This Awareness indicates it should be possible for you to find music of your childhood that could be played to help trigger your memory to open to those times. If this is not possible or even if it is possible, you can also then focus on the time, the experiences of the time, and possibly you will notice certain tensions during your meditations, certain tensions in the body.

By putting your attention in the direction of the pain or tension of your body, placing your attention into the center of that particular irritation or tension or pain that you notice, may help to release a memory. This Awareness indicates that in some cases you may find it possible to press on that particular area of the body and the pain and memory will spread and release into consciousness.

### How Someone Can Work With You to Release Memories

This Awareness indicates that someone else helping you on this could also be beneficial. Perhaps someone could press where you tell them to press, when you feel a tension in a certain area during your meditation and focus on a particular time period of your early life and as they press on this particular area you can continue to focus your attention in that direction and in some cases, the memory will be released into your consciousness.

It is good that you describe what you are seeing, so that the other person present can remember and reflect back to you what you have described when your session has concluded, for you may find yourself not being able to remember everything unless you discuss it openly with your assistant.

### How Certain Smells Can Trigger Childhood Memories

This Awareness indicates also, certain smells can help to trigger childhood memories. If, for example, you had a certain favorite cereal or certain favorite food, and you put this before you during your meditation, and it is the same smell as it was during your childhood; this may be helpful in triggering your memory, to bring back certain memories.

This Awareness indicates that sounds, smells, textures, and pictures are all helpful in triggering your memory. You can find snapshots of your parents or loved ones from that era of your early life. This could be helpful. Staring at the pictures of your parents from that time period without necessarily thinking any thoughts, just looking and letting the consciousness flow and move where it will, may lead to certain memories that have long been forgotten.

This Awareness indicates that these various memories help to stir the emotions that were strong during those time periods and this release of these emotions may be helpful in giving you greater energy in your present life, particularly if those emotions have been negative and have been blocked in your system for many years.

## HOW TO HEAL A BROKEN HEART

### QUESTION:

Another question along this line from Layne. She writes: "I am suffering from a broken heart. It has been 6 months and sometimes I feel I have not progressed much. I am using exercises and Chris Griscombe's book

to release this person and the karmic ties. The exercises seem helpful. I sure recommend her book *The Healing Of Emotion*.

Griscombe states: "Most relationships are simply karmic and just a melodrama of two people acting out old emotions. You can rise above this by reviewing past lives and understanding old emotional patterns and rising above it all to reach the Higher Self."

"When I first met this man who broke my heart, a voice inside my head kept saying: 'He is really going to hurt you deeply.' I kept putting off dating him for months, partly because of that inner voice. I finally decided the voice was due to old fears and emotions left from childhood. Now I wonder. Was the voice telling me a true warning which I unwisely neglected? or did my Higher Self think I could rise above the karma?"

And she asks: "Does Awareness have exercises to heal a broken heart? I still have the voice inside that says our karma is not finished and I'll see him again, but I am afraid everything will repeat itself. Should I heed the voice this time?"

#### COSMIC AWARENESS:

This Awareness indicates that when there is karma between two entities it will eventually play itself out in a new experience. This Awareness indicates, however, that this may not be an experience that occurs during this lifetime, or if it does occur during this lifetime, it may not be one that leads to happiness.

The karmic relationship that you have with this entity obviously was something that was of a negative nature or you and he would have come together for harmonious purposes. This Awareness indicates that the fact that the entity hurt you by leaving you suggests that he either is repeating an old pattern from an earlier lifetime and hurt you previously in a similar way, or that the entity was hurt by you in some way and is just getting even.

This Awareness indicates that either circumstance left the karma unresolved. A resolved karma would be one where if you parted, you part as friends, not as one being hurt and the other being the oppressor or cause of the pain. This Awareness indicates that when karma is resolved between two entities it is generally resolved in a way that leaves the emotions of each party grateful for the encounter and each feeling that there is no need for further encountering with this person.

This Awareness indicates that they may feel that if they come across each other in the future they will still be friends, but they do not have to be together, nor do they either owe the other any particular debt. This Awareness indicates that since this is not the case in your situation, it appears there is still some karmic energies that need to be worked out and eventually, either in this life or in a future life you will come together again with this entity and resolve these conflicts so that you and the entity can become neutralized or come into closer harmony with each other.

#### How to Deal With The Unrequited Love Syndrome

This Awareness indicates that in terms of dealing with the karma that still haunts you from the relationship, this Awareness suggests that entities who suffer the unrequited love syndrome or conflict of an unrequited love; that often the best way to get over such a situation is to get involved with someone else, especially to get involved with someone whom you don't get along with very well.

This involvement will lead you into arguments and emotional connections and the emotional distress in dealing with this other person tends to free your emotions from the first person. Once you have been emo-

tionally tugged and trampled by the second person, your feelings for the first person will have changed so completely that the first person will appear no longer to be such an emotional attachment as more like a memory.

This Awareness indicates that of course you must be somewhat careful not to get involved with someone on a rebound in such a way that you end up getting hurt worse than with the first person; that you don't want to end up hurting the second person so that you, yourself, can recover from the emotional hurt of the first person, for the second person may not take it as lightly or as willingly as you may have taken the loss of your first person, and may create considerable trouble for you in a kind of vengeance or harassment or stalking of you. This could be the effect in terms of how he or she would deal with your rejection, if you chose to break things off.

In other words, do not play with other people's emotions for it can be extremely dangerous if you play with the wrong person. This Awareness indicates, however, if you can create a light relationship that can be controlled somewhat to where you can break it off or turn it into a friendship or in some way end it without hurting the other person or being hurt yourself, and if you can do this while also allowing your emotions to get involved to some degree, even if they are not emotions of a loving nature.

If they are emotions of a strong passionate nature or emotions of a conflicting nature wherein you argue vehemently with the person about certain concepts or ideas or you let the entity offend you to the point where you become angry at the entity; in this kind of involvement, the second person helps to diminish the pain of carrying the torch for one who dropped you or left you, abandoned you.

This Awareness indicates that it is the quickest way to get over an unrequited love relationship. This Awareness indicates that in other words, find a "jerk" and go out with him and become so frustrated and angry at this entity that you have no more emotion left to deal with the memory of the loved one you lost.

This Awareness indicates that this is one way; that it does not necessarily totally cure your affection for the first entity, and when you break it off with the jerk, you may still find yourself remembering and being concerned about the first entity, but the pain will be diminished greatly.

This Awareness indicates, of course, when *It* recommends dating some "jerk," *It* also wishes to warn you not to do anything with a person who could be dangerous to you. Do not date some jerk who might be dangerous in your relationship with him. *It* does not recommend that you date a dangerous jerk, just one who you know you would not really care for and who would not likely develop any great mutual love relationship with you.

This Awareness indicates you may also find that going places with friends and family, people whom you love, whom you trust, can be helpful. Keeping active, both physically and mentally, can sometimes help one emotionally. Getting involved in a project or in something that is challenging for you, such as a study group, class, research, a schooling situation; all of these things can be helpful.

This Awareness suggests you might try something different such as trying out for a play, joining a dance class, involving yourself in some unusual sport such as fencing or karate or Ju Jitsu class or just simply going to lots of movies and things that take your mind off of your

ent loss of your loved one. All of these things can be helpful.

#### Important to Get Past the Self-Indulgent Stage

It is important to get past self-indulgence in the emotional fields that leave you feeling rejected or at a loss. You can keep active in other ways and not indulge yourself in the depression and grievance levels of love loss, this can be of great help.

This Awareness indicates, however, that it is also suggested that early in the break-up, some grieving can be of great help to speed up the recovery period. That if you put off the grieving, it may prolong the grieving to keep it from ever reaching the stage of recovery.

#### Make a List of Annoying Things About the Entity

This Awareness indicates another action that can be helpful is to not only look at all the things you liked about the person, but list those things that were really annoying to you, and write down those things that most distressed you or angered you about the other so that you see all the other's faults and flaws with the same or greater intensity than you gave the entity in terms of his loving qualities.

This Awareness indicates that most entities who are in love overlook the negatives of their loved one and see only the good and exaggerate the good. Once a relationship like this breaks up, it is better and easier to accept the break-up if you reverse that trend of falling in love and fall out of love with the entity by seeing all of his negatives and recognizing his character flaws and his excessive ego traits and how juvenile and immature the entity is, or how unfaithful and disloyal the entity is, seeing the various reasons why you are lucky that you got away from the entity before you got more deeply involved.

This Awareness indicates also, that in your development of a relationship with another, it is important to go head first, for the heart will always follow. In other words, select your loved one not by your heart or emotions, but by your reasoning, your head, and how you think the entity will match your needs; then, as these turn out to be satisfactory, then your heart can follow and your love for the entity develops.

#### Lead With Your Head and Not Your Heart

Too many entities jump in with their heart, hoping the loved one will match their expectations as time goes on. This Awareness indicates that the entities often do this, even while recognizing that their loved one has tremendous flaws that need reforming, and they think that they can reform the entity because they love the entity so much, thus, they deepen their love even more, only to find after they have become too attached that they cannot disengage their attachment and they find that the entity perhaps is abusive, cruel, cold, or vicious or psychologically unstable, and love cannot continue, but it is too late at that time to reverse gears and get out of the situation without great damage and punishment.

This Awareness suggests therefore, entering into a relationship with eyes open, with caution, moving very slowly into the relationship, not in an effort to fulfill some dream, and with a naïve belief that the relationship was created just for you because the gods are looking out for you and have led you to this relationship, but looking at the relationship as something that might be of value, but needs to be studied carefully before your heart is committed; this is very important if entities are to have a chance at a good and meaningful relationship.

#### Why Most Men and Women Seek One Another

This Awareness indicates that most women seek men for power and character. Most women are sought by

men for their ability to comfort and to make the man feel self-important. This Awareness indicates that these basic qualities are not necessarily a good foundation for long and lasting relationships. It is important that entities have much more in common than just the need for power and the need for having their egos stroked.

This Awareness indicates that they need to recognize the character of each other as being the kind of person they want to live with throughout their entire life and many entities do not even bother to check out the character, to see if the character that is being presented is real, or is simply a presentation.

This Awareness indicates that many entities think of a personality as being good if the personality smiles and appears to be acceptable to others, and they go for the entity who others seem to like. They do not stop to check and ask: "Is this the person who will be faithful to me? or is this the person who will run around on me, once he gets used to me, once I am commonplace with him?"

This Awareness indicates that entities really do need to be cautious about who they give their heart to. The heart should be held in abeyance while they check out and evaluate the nature of the beast to whom they are prepared to give that heart to.

## USING "THE LION'S PATH" TO ALTER CONSCIOUSNESS

#### QUESTION:

Another question from Layne M. She rambles, sort of a stream of consciousness when she writes, so I'll read this statement and then ask particular questions. She says: "I had a vivid dream about a lion. Two days later a new friend told me to read *The Lion Path*. It involves using cassette tapes which stimulate the hypothalamus gland, via vibrational sounds emitted by the tapes.

"The tapes are bizarre and make me laugh because they are so "space age" --all tones. I feel a little silly sitting through them but they do put me into altered states, and I feel strange cracklings inside my head, sometimes during the tape. One time, I found intense vibrations surrounding my body after the tape had finished.

"About ten minutes later the vibrations were so strong I could hardly stand it and I couldn't move. One time in the past, I felt vibrations like that. I was told that my vibratory rate was being raised. Why? Is that true? I am using the tapes. Some people instead, use very small doses of Ecstasy, a drug. I am afraid to use Ecstasy because I don't know about the side-effects of such a drug, and I love drugs, so I try to stay away from them as much as possible.

"This technique was developed by a man, Musaios, who studies Egyptian writings. In case you guys are interested in this stuff, here is his address: House of Horus, 45911 Silver Avenue, Sardis, British Columbia. The idea is to meditate on given dates. They give you exact dates to meditate on. A \$5.00 charge. According to specific planetary alignments related to your birth-date.

"The planetary alignments evidently enhance your meditation." Now, her first question is: "Does Awareness care to comment upon the effectiveness of *The Lion Path*?"

#### COSMIC AWARENESS:

This Awareness indicates that this appears to be of great significance in its effect on the psyche and on the chakras. This Awareness indicates that it is not the same

as using drugs such as was mentioned because it does not have a biological effect on the physical form, but it does affect the aura and the chakras and the electrical body through the use of sounds.

These sounds can raise the vibration of the psyche or frequency levels in consciousness. This Awareness indicates therefore, it has an important effect in raising the vibrations without effecting the physical body as would drugs used to achieve a similar purpose.

This Awareness indicates that some drugs are often selected because they affect the vibration of the entity's consciousness and these are seen as being spiritually beneficial to the entity, but they may have negative physical side-effects. This type of sound does not have the negative side-effects that would be associated with drugs.

This Awareness indicates that even the sound system needs to be controlled somewhat by the psyche of the individual, whereby the individual needs to know that he or she should always focus consciousness toward the Highest and Best when going into an altered state. This Awareness indicates that it is no different really from the realization that your own mind should always be focused on the Highest and Best and not on degrading and demented concepts and ideas.

This Awareness indicates that when using the electronic methods, sound systems or drugs, entities need even to be more careful about where they allow their mind to wander, for these enhance the vibrations or frequencies in consciousness to intensify the power of the mind, and if these thoughts go toward negative targets or concepts, the power of the mind being enhanced or intensified will only be compounding the trouble, possibly, but if the mind is focused on higher and more worthy concepts and ideas, the intensified power of the mind will be more beneficial to the entity.

### IS IT SAFE TO USE SUCH TAPES?

#### FOLLOW-UP QUESTION:

Her next question is: "Is it safe for me to use these tapes?"

#### COSMIC AWARENESS:

This Awareness indicates it appears to be safe so long as you focus your consciousness on the Highest and Best in a positive way and do not get into self-pity or degrading thoughts of a negative nature. You must still be in control of your attitude, and having a good attitude while using these can be beneficial.

If you get into negative attitudes it would be best to avoid entering into these altered states during such times.

### Can Tapes Duplicate an LSD Experience?

#### FOLLOW-UP QUESTION:

This is my question. Is this altered state via these tapes similar to an LSD experience?

#### COSMIC AWARENESS:

This Awareness indicates this is based more on sound, vibration and the stimulus to certain chakra levels or areas of the mind, to bring about feelings of elation and uplifted attitudes. It is not the same as drug-induced mental states, but there is otherwise some correlating feeling in the sense that one can experience a kind of blissful feeling from these frequencies that is akin to certain blissful feelings provided by some psychedelics.

This Awareness indicates that of course, the psychedelics have their negative side-effects and therefore, this would be much more favorable, plus, it is legal.

#### FOLLOW-UP QUESTION:

So this altered state, via sound, is good in that it will enhance the meditation?

#### COSMIC AWARENESS:

This is in the affirmative. This Awareness reminds you also that beautiful music has a similar effect on the higher chakras in creating blissful states and that one can listen to beautiful music without the negatives that accompany drugs or psychedelics that might also create some kind of blissful feeling. Beautiful music is a much more wholesome approach to altering consciousness than the use of psychedelics or drugs.

This Awareness indicates that this meditative sound system which this entity describes appears to be one which has particularly strong value in terms of releasing certain chemical or hormonal energies from and through the chakras into the physical system, creating blissful feelings. It appears that it releases certain endorphins that are associated with feeling and pleasure.

#### FOLLOW-UP QUESTION:

She asks: "What is the vibration I felt? I have felt it in years previous."

#### COSMIC AWARENESS:

This Awareness indicates this as related to the endorphin release from the higher chakras, or the glands associated with those chakras, particularly the pineal and pituitary.

### Any Value to Meditate on Certain Planetary Alignments?

#### FOLLOW-UP QUESTION:

Is there anything at all, other than psychological, to this idea to meditate on given dates, according to specific planetary alignments, related to your birth-date?

#### COSMIC AWARENESS:

This Awareness indicates that this selection of harmonious alignment or aspects of planetary relationships, when chosen for their harmonious alignment is effective in helping the meditation to be more harmonious for the individual. One can meditate when things are in disharmony, but the meditation will not be as favorable and if it sets a tone for the entire body, one might carry these negative or disruptive aspects, the disharmony from the meditation into future life experiences until a new meditation occurs when there is harmony.

Therefore, it is better to meditate during the harmonious periods. This Awareness suggests it is likened unto taking in the vibrations, charging your cells with harmonious vibrations as compared to setting yourself up, opening to receive negative vibrations during a time period when planetary alignment is not favorable for your particular cellular structure.

This Awareness indicates that in this sense, it is better to charge your cellular structure with harmonious vibrations than those that are inharmonious. This Awareness indicates that you can move through inharmonious time periods without opening yourself in terms of a meditative state, without being receptive to these disharmonies, and therefore, you don't absorb the vibrations as strongly as you would if you were meditating and receptive during that time period.

This Awareness suggests that if you meditate when the energies are more harmonious to you, then you absorb the more harmonious energies and carry these in your cells for a longer period of time. Thus, in answer to your question: "Yes it is more favorable to meditate during times when the aspects or planetary alignments are in your favor."

## Any Negative Side Effects in Use of Ecstasy?

### (FOLLOW-UP QUESTION)

Her final question on this particular topic, (I believe Awareness has given this): "Are there negative side-effects in the use of Ecstasy?"

### COSMIC AWARENESS:

This Awareness indicates that there are some negative side-effects in the use of any type of drugs. That this particular drug Ecstasy, tends to have a down-side, leaving some depression or feeling of depression after its use. This Awareness indicates that during the use of the drug, one feels great elation. It follows with a feeling of let-down.

This is kind of a manic-depressive effect on the entity's psyche. The manic effect lifts the entity into high exhilarating feelings of bliss and the depressive results brings the entity back down to a kind of negative feeling of abandonment.

This Awareness indicates that the drug simply effects the endorphins to release them from the pituitary and pineal glands into the system in such a manner that it floods the system with feelings of great elation and joy, and then depletes the endorphins by causing extreme or excessive release so that the entity then afterwards becomes depressed to some degree.

This Awareness indicates that with the music, and sound system previously described, the endorphins are not so totally depleted and the entity does not have the great let-down as is commonly associated with the use of drugs.

This Awareness indicates also, in using the drugs, it tends to affect the general functioning of the pineal/pituitary relationship whereby if this drug is used repeatedly for too long a period, the pineal/pituitary relationship becomes damaged and the endorphins are not produced as abundantly as is normal. They become weakened in a gradual way.

Eventually, with continued use, one would become immune to the effects of the drug Ecstasy so that the pineal/pituitary relationship would not be able to produce the ecstasy associated with the drug. At such a time, the entity's pineal/pituitary relationship would be damaged in terms of normal functioning, much as one could damage one's pancreas by over-eating sugar for too long a period of time.

## The Significance of the Album "The Vortex"

### (FOLLOW-UP QUESTION):

David Worcester, years ago, used to recommend and played an LP record called The Vortex (I believe it was called), which in my opinion was pure cacophony, and very weird strange sounds and actually hurt my ears after about 5 minutes of it, but he seemed to think there was something mystical about listening to this album over and over, and it just occurred to me with this question, perhaps this might have been similar to the sounds on these tapes in the previous question. Could that be what was going on, or what was the significance of that album The Vortex?

### COSMIC AWARENESS:

This Awareness indicates that the album The Vortex, which the entity played, as that which followed no pattern, and because it followed no pattern, the mind could not control or latch on to any particular pattern. It simply scrambled consciousness, scrambled thought so that one could only let go and flow with the cacophony or the sounds that were being presented.

It was a kind of training tape to teach entities to let go of control. This is especially valuable for those who have to control everything in order to feel secure. When

one cannot let go of control and needs to feel in control of everything, they often have certain psychological problems, or relationship problems whereby they feel a need to control everyone about them, to control their environment, and to control the thoughts and ideas and words of others also.

The entity saw this as unhealthy, and for many entities, to break-down these needs for control is a way of releasing the entity's consciousness so that they can be more creative, so that they can be more tolerant and able to flow with life's experience without so much stress and discord.

This Awareness indicates in other words, if one can be like a bird flying on winds, currents that the bird has no control of, if one can be like a bird flying on the sounds that have no pattern, no particular sense of direction or purpose, that cannot be figured out logically, then one is in a state of surrender.

If one enters a state of surrender in certain aspects of one's life, it allows them also to become capable of surrendering to the Divine Force. This Awareness indicates that by surrendering to the Divine Force, one can then become One with the Divine Force. This Awareness indicates if entities need to be secure, need to hold on to security, need to have some kind of control, they cannot easily surrender to the Divine Force.

This Awareness indicates that of course there are times when entities must be in control. You do not drive a car down a highway and let yourself give up all control. You must hold control. But there are also times when it is important or advantageous or interesting to simply give up all control and by putting on a tape or record such as The Vortex, in the description given, wherein no sound had any particular pattern, one can simply surrender to the music or sounds, whether they are agonizing or harmonizing or whatever, and simply let them be without any attempt to control them, mentally or emotionally or otherwise.

This is a kind of training that some entities could benefit from. If you can do this with music, then you may find it is also possible to allow your mother-in-law or your wife or your friend to talk about something without your imperative need to interrupt and make corrections.

This Awareness indicates that there are certain benefits in being able to watch the traffic go by without feeling the urgency to direct the traffic.

## Why Not "Surrender" With Classical Music?

### FOLLOW-UP QUESTION:

Well, can't this same surrender be obtained with less cacophony; for example, a lot of classical music, like say Beethoven's 6th Symphony, The Pastorale; Sibelius; Mozart; that an entity just sort of takes a bath in music like that; wouldn't good music like that produce a similar effect?

### COSMIC AWARENESS:

This Awareness indicates that in most such cases, the music is likened unto a boat ride down a river. As you have gone over this once before, you have heard the melody, you know where the river flows to, you know where the sounds go, and you know that your boat, or your attention is mid-stream, following a course that does not change and is totally predictable from start to finish.

You are essentially in control of your journey because you are familiar with the currents, the ripples, the changes in the flow of the energies. This Awareness indicates it is that feeling of control and security in

knowing where you are going with the sounds and music that give the entities a feeling of comfort, thus, entities listen to the familiar music and feel comforted because they know where it goes.

It is very much different from music that has no pattern. This does not mean that patternless music, or pure cacophony of sound is more beautiful. It does not mean that it has any greater value, for there is the need sometimes for entities to feel secure and flow down the river that is familiar and walk familiar paths. It gives them a sense of peace and harmony.

But, there is also that potential of losing control and letting things outside oneself have their moment, whereby the entity can do nothing but watch, can do nothing but observe and cannot control or create a pattern out of the cacophony of sound.

This Awareness indicates it would be like the entity going down a familiar stream, suddenly coming into an area that he has never before explored, and finding himself going over a waterfall that he cannot control. He cannot guide or row or direct the boat because the waterfall is in total control of him and his boat.

That total surrender to the unknown has its particular value even if it only exists for a moment or two. This Awareness indicates that *It* certainly does not recommend that entities spend their entire life being out of control. *It* only recommends that this be experienced in a way that is not dangerous, such as going over the waterfall, but is effective, such as listening to the cacophony of sounds that have no pattern.

This Awareness indicates that this can have some effect that is somewhat beneficial in helping an entity to let go of the need to be in control all the time. There are some people who cannot let go of that need to be in control all of the time.

#### The Anal-Compulsive Entity

This Awareness indicates that if you were to speak to a Freudian psychologist in regard to this they would describe the person as being what they term as the anal-compulsive, the person who is still caught in toilet-training mentality levels, whereby he or she cannot let go of control and must constantly be in control of self, and in control of the world around them.

This Awareness indicates that the cacophony type of sound such as the Vortex record spoken of, can help entities overcome that toilet training syndrome of the anal-compulsive qualities.

This Awareness indicates that such anal-compulsive entities needing absolute control might be the type of person who always leaves everything, and insists on everything being in a particular and certain place such as the entity who leaves his office at night, places his pencil and eraser in a certain direction on his desk at certain places, perhaps even places a paper-clip in a certain place and then goes home when everything is perfectly placed, and the first thing the entity will do upon arriving home is check the yard to see if there is any paper or debris or piece of grass that is out of place, then enters into his home, goes through a particular routine, exactly the same every day so that everything is controlled from start to finish, from morning to night, and the entity's world is totally and completely predictable.

This Awareness indicates that such entities insist on everything being exactly the same for them at every moment, day in and day out; this would be an extreme example of the anal compulsive. It comes about because an entity's toilet training was frustrated and he or she believes that he or she must be perfect and must control

their toilet activity exactly right, or things will become chaotic.

Thus, the control of the bowels dictates the pattern of their life from that period on. This Awareness indicates that most people are not so extreme, but most people have some frustration in this aspect of their lives and feel a great need to be in control of everything or in control of most things in their lives and are easily frustrated if that control gets disturbed in any manner.

#### How Composer Bela Bartok Created New Music

Therefore, this Awareness suggests that it can be healthy for an entity to listen to music or sounds that are nothing more than a cacophony, such as the tuning of an orchestra, that follows no pattern whatsoever. This Awareness indicates the composer Bartok created certain sounds that deviated from the usual compositions. He did so by totally scrapping the "Do Re Mi" or the major and minor keys, and using instead, all 12 notes of the scale, including sharps and flats.

The entity Bartok creating music that skipped around all those 12 notes, so that there was no pattern associated with the usual "Do Re Me" of the major or minor scales, which tend to have leading tones and half-tones arranged in such a way as to make patterns as to allow entities to anticipate the next note and to usually be right in their anticipation.

The music of Bartok being such that it skipped all over the scale with no apparent pattern, or if the pattern existed, it was created out of a new type of order, not the familiar classic order of the major or minor scales. This Awareness indicates the music of Bartok can be most frustrating to those entities who want everything to fit into certain patterns of familiarity.

This Awareness indicates that this would be a kind of medium between the pure cacophony and the familiar music of most composers; that if one cannot accept the cacophony that is presented by that Vortex record or something similar, one might be able to better accept the music of Bartok.

This Awareness indicates Stravinsky is even more closely aligned to the space between Bartok and the familiar patterns of composition, wherein the 12 notes are used instead of the major and minor chords and scales.

This Awareness suggests the Interpreter be brought from trance.

Thank you) (the Law Of Gratitude is given)



## The Killers of John F. Kennedy Are Revealed

### QUESTION:

Thank you. Several have sent in an article that made the news wires called "CIA Denounces New Kennedy Theory." I'll read this and ask Awareness if this is a pretty accurate account of what happened.

It says, "In Dallas, dressed in blue jeans and a dusty black cap, a former oil field supply salesman said Monday that his father left clues that indicate he was one of three U.S. Intelligence agents who killed President John F. Kennedy on November 22, 1963.

Ricky Don White, 29, of Midland, Texas White said his father, Roscoe Anthony "Rock" White—a former Marine sergeant, Dallas police officer and welder who died in a fire in 1971—also shot and killed Dallas police officer J.D. Tippett when Tippett learned of the plot. The generally accepted version of events is that Tippit was killed while trying to apprehend suspected assassin Lee Harvey Oswald. Tippett was a friend and fellow officer who learned of the plot to kill the President during a conversation between White and Oswald, the man the Warren Commission believes killed Kennedy, and who Roscoe White indicated was set up to take the blame for the assassination."

White says his father shot from behind a fence atop the grassy knoll that was to the right and front of Kennedy's limousine when he was shot. He says the other two gunmen were behind the limousine in the Texas Schoolbook Depository, where Oswald also was, and in a second building.

That was the main gist of the story, published in the Fort Worth Star-Telegram and it was in the paper for about one day and then there was nothing more said about it. I'd like to ask Awareness if that information is basically true.

### COSMIC AWARENESS:

This Awareness indicates the information as that which speaks for itself, and anyone can draw from the information their conclusion, without too much effort. This Awareness does not wish to be used to point fingers in regard to this Kennedy assassination toward individuals. It has, in some instances, given information regarding others who also were involved. It suggests that the information is obvious to those who read the material, and that it is not necessary for this Awareness to do so in naming names.

This Awareness suggests that the information be printed as it is; that entities can draw their own conclusions; that the value of the story as presented is in that most newspapers around the country did not even print this much of the information; that this particular story was inclusive enough to present a more complete story for detailed information than is available to most entities.

For more on the assassination of JFK please refer to the following "Revelation of Awareness" newsletters:

78-44; 82-09; 85-02; 88-13; 90-11; 97-3; \$3.00 each from CAC.

### VISIT THE NEW C.A.C. HOME PAGE AND DOMAIN ON THE INTERNET

The CAC Bulletin Board has come alive since the WTC tragedy. We invite you to post your comments and observations. Let us know how you feel. These are very trying times. Also, please check in to the CAC "Chat Room" and communicate live with other entities familiar with the Cosmic Awareness readings. Much is happening and this website is constantly being updated. Go to:

[www.CosmicAwareness.org](http://www.CosmicAwareness.org)

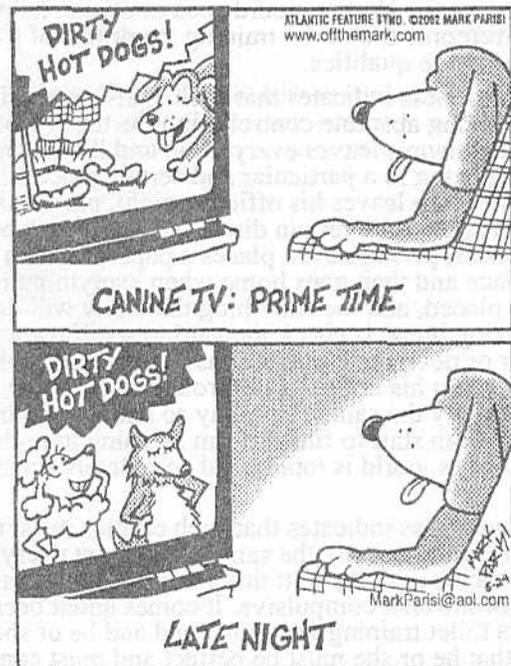


### Wisdom of Awareness --On High Magek

"In more recent times, in circles within the scientific community, scientists are beginning to recognize that there are certain particles, subatomic in nature, which do not fulfill the scientific criteria of matter, for they do not respond the same way in the same situation, but will be altered by the thinking or attitude of the scientist studying the subatomic particles.

These scientists are beginning to recognize the effects of their own thinking on these subatomic particles and how the mind, or consciousness, is tied in with matter itself, and that all is connected throughout the universe in the subatomic level, and that the minds of individuals are connected to this subatomic ocean of consciousness and matter....When entities fully grasp this realization, they also have the key and the understanding to mental magic, and that which has been termed "miracles," and it then becomes merely a practice of using the mind with the use of that realization and those principles.

This Awareness indicates that wherein the mind does not accept this, it automatically creates barriers to such magic. Wherein the mind understands and recognizes this, it automatically has capacity to mold matter." (Revelations of Awareness #82-22)



## THAT SUPERNATURAL LIGHT IN A GERMAN CAVE THAT HEALS

### QUESTION:

A question from JD, in New York. She writes: "A cave on the grounds of the Hotel Tommes in Nordandu, Germany, was recently found to be infused with a supernatural light. Of 46 visitors who entered and stayed there awhile, 30% reported complete cure of whatever ailed them, another 28% said they were very much improved, and a further 26% reported being somewhat improved."

"What is the origin and nature of this phenomenon?"

### COSMIC AWARENESS:

This Awareness indicates that this appears to be related to an energy that was known during the time of Atlantis, wherein there were certain substances: minerals and such in combination that were used as a kind of paint that could be painted on walls, which allowed the walls to emit light in the darkness. This Awareness indicates that this formula is of a combination of minerals, some of which are known and some of which are not well known to mankind.

#### How The Power of Suggestion and Energies of Many Entities Present Can Create a Healing For Others

This Awareness indicates that the combination of these minerals, working together, is that which causes the light emission which appears to come from no particular source, but still emanates from the walls. This Awareness indicates that it appears that power of suggestion had much to do with the healing effects, and that many entities hearing of this place began to develop myths about its supernatural origins and supernatural qualities so that when entities arrived, having certain problems or illnesses, they had great expectations and the power of suggestion played a major part of the healing process.

This Awareness indicates that this appears to be the main source of the healings that occurred. Also, the fact that there are many energies from individuals present, and these energies being in harmony can, in many cases, help to create a certain kind of calmness and relaxation that removes stress factors and this can also contribute to the healing.

#### How Sacramental Healing Given by Awareness Works

This Awareness indicates that entities need to understand that getting a group of people together who are in harmony, who focus on one another's illness, preferably singularly, one at a time, the groups of energies from many focusing on one can very often result in a healing for that one who is the subject of focus. This Awareness indicates particularly this can be done and has been given by this Awareness in certain healing techniques whereby entities, forming a circle, can heal the central subject in the middle of the circle, through focusing light on that entity, healing light.

This Awareness indicates that it is simply a use of the collective energies from the auras of the many. It relates to the Huna technique of gathering Mana and gathering this Mana from the many to focus on the one for healing purposes, essentially is a form or method of healing. This Awareness indicates that when groups of entities get together, the mass amount of Mana formed can have a healing effect on entities.

**The Wisdom of Awareness; --Concerning Security --**  
..." You have no security to lose. (Issue 78-47)

### Getting Healed at a Rock Concert

Often an entity will go to a concert or play or some other place where there is a large crowd and if there is the ability for the crowd to express itself, many times an entity who is feeling ill at the time of arrival will leave feeling better, because the energies that are circulating are picked up by the entity in need of more energies.

This Awareness indicates that likewise, and contrarily, an entity may go to a meeting where people are generally quiet, and if the entity sits near someone who is ill, for example, having a headache or feeling nauseous, in quiet setting it is quite common for those entities near the ill person to begin feeling ill themselves.

This has been demonstrated at various times, wherein a speaker will ask: "How many of you had headaches when you arrived?" and one or two people may raise their hands. Then he may say: "How many have headaches now?" and several people near that original entity will raise their hands, showing that their proximity to the entity may have contributed to their present headaches. This Awareness indicates that this is not uncommon, and can be tested by entities to see whether it holds up as a phenomenon.

This Awareness indicates that for entities to go into a place that has been rumored to be supernatural in a positive way, it is not surprising that some will feel a healing from the experience.

### Is This The Paint Used to Light the Pyramids?

#### FOLLOW-UP QUESTION:

Is this luminescent paint in this cave in Germany the same paint I believe Awareness indicated years ago was used to light the tombs in Egypt, like inside the great pyramid?

#### COSMIC AWARENESS:

This Awareness indicates that this is in the affirmative; that it does not appear that this light still is effective in the great pyramids, but that originally, this was in place and it was used in Atlantis. This Awareness indicates that this includes a substance known as magnetite. It includes also certain other substances including phosphors and other electric conductive-type metals or minerals that help to activate vibrations in a way that allows them to oscillate and this Awareness indicates that it is a complex form of energy flux that was used in ancient times and which appears to be on its way to being rediscovered.

### Is Time 15 Years Ahead of Our Calendar Year? ( And How Will This Affect the 2012 Transformation?)

#### QUESTION:

A question from Colleen Grider, of Olympia, Wa. "We read that our time is accelerated to the point of being approximately 15 years ahead of our present calendar year. Could Awareness please comment, if this will have any effect on the transformation predicted for the year 2012?"

#### COSMIC AWARENESS:

This Awareness indicates that the concept of time being out of synch with time is that which is more or less incompatible as a concept. The activity known as time or the circumstances known as time is artificially created, and has to do with the use of cycles that are measured and marked by calendars. This Awareness indicates to say it is 15 years ahead is simply to argue that someone has made mistakes on the calendar and that time itself is some kind of force that moves without regard for the calendar.

This Awareness indicates that in actuality, it is an artificial creation using the calendar to measure the cycles. This Awareness indicates it all depends in fact on when your calendar was first initiated, for there are some cultures whose calendars are far different from the one most people in this country use. The calendars in China, for example, are not in synch with the calendars in the United States, nor is the Israeli calendar the same.

Many of the various calendars from different cultures are thousands of years different in their rendering of the date. Just to say that you are 125 years behind real time is not logical in this sense, so whoever made this statement apparently does not take into account these considerations.

This Awareness indicates, however, that in recent decades, science has begun to notice that time is speeding up, based on the measurement of the speed of light and that in this sense, the time reference is not to calendar or artificial time, but to the relative motion of light as a standard by which to measure the speed of light and time, and therefore, if for some possible reason or some possible way an entity could have perceived the speed of material cycles in relation to the changing speed of light and somehow come up with a 15 year difference which does not appear to be fathomable, then perhaps there was some basis for the entity's statement.

In general, however, this statement seems to be totally fallacious and without meaning. This Awareness does not see how 15 years of time would elapse in regard to the speed of light and cycles during the time period of the Gregorian calendar.

#### QUESTIONER:

She gave no references as to where she heard that information.

#### COSMIC AWARENESS:

This Awareness indicates *It* is often asked questions to comment on certain presumed information from dubious sources wherein the premise is faulty to begin with and Awareness is asked to build some information based on that faulty premise. This is not possible if one is concerned about truth.

This Awareness indicates if one simply wants to present a hypothesis such as: "Assume that time has speeded up, and we were 15 years behind reality, what effect would this have on the year of the dimensional shift?" This Awareness indicates that this kind of hypothesis or imaginary fiction or fictional frame of reference could then be discussed, but if you are seeking meaningful information, you have to begin with a premise that is factual in order to make any kind of factual conclusion.

### **Pleiadians Say Humans Are Reorganizing Their DNA Into a 12 Helix Configuration**

**Will Humans Now Regain Their Original Spiritual Completeness? (More on Chakras And Their Significance In Spiritual Unfoldment)**

#### QUESTION:

A question from John Snyder, in California. This might be another one. In her book *Bringers of the Dawn*, Barbara Marciniak, channeling the Pleiadians, says that humans on this planet are in the process of "reorganizing their DNA into a 12 helix configuration." The Pleiadians, claiming that the double-helix DNA is a result of genetic engineering done thousands of years ago by the Reptoids, so that humans could be controlled and kept at a low level of functioning.

"Does Awareness confirm this, and is it beneficial to take RNA/DNA supplements?"

#### COSMIC AWARENESS:

This Awareness indicates that the Reptoids *did* create certain limitations in the DNA when genetic engineering was used to create the Cro-Magnon and Homo sapien types. This Awareness indicates that the work of Sirius genetic engineers as that which created within the humans in their follow-up experiments, wherein they added the mammal part of the brain on top of the reptilian brain; these entities created in the DNA certain time-release cells or substances that would eventually grow into and unlock these aspects of the DNA that would allow the human to regain its original spiritual completeness.

This Awareness indicates that the entity Marciniak as one who has essentially given the correct explanation of this is regard to the DNA of humans, but this is something which is being released through evolution, and the human, because of the work of those engineers from Sirius, will regain their original 12 strands in the DNA helix.

#### **Chakras A Kind of Time-Release Capsule that Awakens Entities**

This Awareness indicates that much of this has to do with spiritual understanding and spiritual growth and enlightenment and the opening of chakras in the body as entities become more aware, and the changes that are occurring occur over periods of time as a kind of time-release capsule that allows humanity to awaken in certain time periods simultaneously.

Thus, many entities awaken at a certain time in their evolution, to another level of consciousness so that a chakra for humanity in general becomes opened and as time passes in some thousand years later perhaps, or several thousands of years later, another chakra in the body of humanity begins to open, allowing for more understanding.

#### **Mankind Is On The Verge of Opening the Crown Chakra**

This Awareness indicates that much of this is symbolized in the *Book of Revelation*. This Awareness indicates that mankind at present is on the verge of opening the crown chakra. There are two chakras that are closely associated: one relating to the pineal, the other to the pituitary. The pineal as that which, when opened, allows an entity to have considerable power, and many entities reaching that opening of the pineal, consider themselves to have arrived at the apex of their evolution.

#### **The Pituitary Is The Door To The Divine**

Their focus is on power and the ability to do things with their mind and will. This Awareness indicates that this equates to the rod in the Tarot, or the rod of the magician. However, there is still another chakra which is above the pineal, and that is the pituitary. The pituitary is the doorway to the Divine, and when it opens, coupled with the pineal, the two of them working together, create a light, a transformation of energies and a light body that helps the soul of the entity to enter into a totally different dimension.

This would reflect into that which this Awareness has spoken of as the dimensional shift for humanity. Those who move beyond the stage of power or pineal level and accept the pituitary as the doorway to God or the doorway to the Divine, wherein the pineal yields and gives its energy and all that it has gathered to the pituitary, then the two of them merge together.

#### **The Bride and the Christ and the 2012 Dimensional Shift**

In Biblical terms this is called the Bride and the Christ, and these energies merging together, create an 8th chakra that is beyond the physical, above the head of the

individual and beyond the physical realm of earth and this is the higher dimension that is spoken of in reference to the future dimensional shift to which many entities will move.

**Entities Will Speak From the Light of the Infinite Which Resides Above Their Head as Did Krishnamurti and Jesus**

This Awareness indicates that in this sense, entities enter into a new level of consciousness, a new realm of existence, and the seat of consciousness for such an entity individually will be that which exists above the head rather than in the head. Thus, the entity speaks from that Light of the Infinite which resides outside the head, above the head and to which the entity communicates with and from, when speaking.

It is that force which Krishnamurti referred to as the Speaker, when he talked before audiences. He never spoke of himself as giving a lecture. He would speak of "the Speaker sees this," or "says, this is the way." This Awareness indicates it is what Jesus spoke of when he spoke as the Christ. It is the Christed energy above. It is the halo portrayed by artists around the head of the Christ Jesus.

This Awareness indicates that it is more like a central Light in consciousness centering itself above the head by about 6 to 8 inches. It is more like that than a crown or rainbow-like aura around the head as many artists depicted. This Awareness indicates, however, the description of a kind of rainbow-like aura serves as a good symbol for this energy. When entities experience it they will know it is real, because they will feel it. It can be felt above the head as a real state of being as part of one's Higher Self.

**In The Pineal Level One Can Reject the Key to The Kingdom**

This Awareness indicates it is reached through the merger of the pineal and pituitary energies coming together. The energy of the pineal itself is that which is associated with the seeking of power, and possessions. It is more closely associated with that of the Satanic energies, although not every one will use this pineal energy for negative purposes as the Satanic types.

But the entity who stops short of moving further into the opening of the higher chakras sells himself short and in residing on the level of the pineal, the entity fails to reach higher levels of compassion and spiritual unfoldment that is equivalent to the opening of the gates of heaven or opening into the higher regions of consciousness and spiritual enlightenment.

This Awareness indicates it would be likened unto getting knowledge of the keys of the Kingdom, but not getting the keys, or not unlocking the gates to enter.

**Are RNA/DNA Supplements Beneficial?**

(FOLLOW-UP QUESTION):

"Is it beneficial, (he asks) to take RNA/DNA supplements?"

COSMIC AWARENESS:

This Awareness indicates this is beneficial but not for spiritual purposes. It is beneficial for health to use these supplements. They can also be found naturally in beets, and certain other foods that one uses in one's regular diet. That the use of DNA and RNA tablets can be beneficial in helping one to keep a healthy heart, and keep the body from experiencing excessive free radical problems.

They are essentially much like antioxidants to the body, helping to keep the body free from excessive oxidation.

**A Dr. Who Works With Alien Abductees**

QUESTION:

Some questions from Dr. James D., Granada Hills, Ca. It's a long rambling thing, but I'll read it and pause at one point, where he didn't ask a question, but I'm going to. He writes: "Dear Awareness. As a Minister of Awareness, chiropractor, naturopathic and homeopathic physician, I have become increasingly aware of the malefic nature that ET implants are having on the mental, emotional and physical health of individuals, especially those considered "worthy opponents" in the struggle for the domination of this remote piece of real estate in this far-flung portion of the universe.

"It is not enough just to know about what is surreptitiously going on behind the scenes. We must now do something active to counter this frequency control form of slavery that is becoming epidemic in this world. The present immediate threat seems to be from Zeta, Orion and Draconian forces. Much of this is possible due to genetic predisposition based on ancestral involvement with these forces both here and in other dimensions.

"Many so-called victims appear to have had past-lives in Orion and/or Draco constellations as Toad/Lizardian types of hybrids that are aesthetically more pleasing from a humanoid viewpoint. These types of implants appear to affect the bone marrow, which directly imprints the blood, most likely through the hemoglobin which goes everywhere within the physical organism. The effect is to distort the emotional/physical health and "short out" the spiritual potential for self-realization and self-actualization. Maybe this helps to explain why so many are called and so few are chosen.

Another way in which the Light Work is compromised is by sexual union with souls who are in alignment with the purpose of the Orion/Draconian forces. Many souls are living with such individuals, and in the moment just after orgasm, when most of the shields are down, all kinds of mischief goes on without resistance.

"Most of this is so subtle as to go undetected, unless one looks to the negative events that occupy the daily life. Most of it gets blamed on "karma" in the popular sense. It is instead, the karma of the 'now' that manifests."

Now, I'd like to stop at this point and ask Awareness to comment on this information given so far.

COSMIC AWARENESS:

This Awareness indicates the entity appears to have a good understanding of the nature of the situation. It appears the entity has had some special insight in this and perhaps has even worked with entities who have had problems in regard to this situation.

**Living With An Entity With Alien Energies  
(Just After Orgasm All Kinds of Mischief Goes On?)**

FOLLOW-UP QUESTION:

Will *It* comment on this statement: "Where many souls are living with such individuals and in the moments just after orgasm, when most of the shields are down, all kinds of mischief goes on without resistance."

COSMIC AWARENESS:

This Awareness indicates that in the event an entity is in a situation wherein they are close to one who has lived on Orion in the Draco constellation or as a Zeta in a previous incarnation, or some hybrid of such; these entities carry certain energies that can have an influence on the aura of a human with a background of other than those places mentioned.

In other words, assuming someone who has had a background from the Pleiadians or Sirius or Vega or some other more humanlike origin, meets with an entity who has a previous lifetime experience from Orion or the Draconian empire, and both are in this lifetime in human forms, the merger and intercourse of these entities at the time of climax would leave both parties open to absorb from the auric energies, or vibrations of each other.

This Awareness incidentally suggests that this is why intercourse with anyone carries a karma, creates a karma with that entity. But back to the topic: the intercourse, with the auras being shared at the end of the climax, allows the energies to pick up energies from the other, and if you are getting energies from someone who stems from a soul background of a negative origin such as the Draconian past, or Orion past, then you gain some of their karma and negative energies as part of your auric shield and essence.

This Awareness indicates that this merging of these energies can of course express itself in the coming days or weeks in some kind of personal experience that is alien to your normal life, so that you may have an unusual experience as a result, and it may be, not only an unusual experience, but a negative experience as a result of your encounter with that entity.

This Awareness indicates, of course, if such entities are married to each other, then the karma intensifies even moreso over a lifetime of mutual merging.

### **"Walk-Ins" Who Claim to Deactivate Implants** (Germanium Helpful in the Removal)

#### QUESTION CONTINUES (IBID):

This letter from James goes on: "Another problem encountered is that many so-called "good alien incarnates or walk-ins" who claim to be able to remove or deactivate these implants, are actually hooked up with the Orion/Draconian/Zeta forces themselves, and when a person in desperation or upon advice of some psychic consults them, ends up worse off than before the so-called "healing" took place."

#### COSMIC AWARENESS:

This is in the affirmative. This Awareness indicates that in some instances a doctor can remove the implant if they are located in a position that is not life-threatening. There have been implants removed from bones in the legs of entities, for example; however, in most cases, implants are put into such precarious and critical areas, that to move them could very easily create a dangerous situation, such as those put in the back of the neck or in the area above the nose, next to the brain or near the optic nerves.

This Awareness indicates there are sometimes situations whereby the only thing entities can do is leave the implant where it is. This Awareness suggests the use of ... This Awareness indicates there is a mineral that can be used to help corrode certain of these implants.

#### Question (Vikki):

Is that Germanium?

#### COSMIC AWARENESS:

Germanium. This Awareness suggests that word be repeated.

#### (VIKKI):

Germanium.

#### COSMIC AWARENESS:

This is in the affirmative. This Awareness indicates it is not always effective on every type of implant because

some of the implants use different types of housing and in some cases Germanium has no effect, but in many cases, it is effective.

## **MISSION-ORIENTED LIGHT WORKERS WITH CHIPS ON THEIR SHOULDERS**

(Enlil and Enki and the Installation of the Reptilian Brain)

#### QUESTION (IBID):

This letter from James goes on: "I personally have had to live this scenario throughout my life, only becoming aware of its insidious nature by bits and pieces. Thanks to Awareness and past readings, at least the framework was presented, even though to the conscious personality, it seems far-fetched and should be relegated to the science fiction realm.

"It will seem that the dragon will thrash its tale all the harder to maintain the control that it has had on this planet since man seems to be able to remember. It is time to stand and be counted, while there are still enough of us left to do some good. But here too, is another problem.

"Many Light Workers who are "mission oriented" souls have been forced into survival modes. This sets up an automatic "flagging response" that is often interpreted as a "chip on the shoulder." This invited the universe to supply someone or a set of circumstances to knock it off. This is not intentional on the part of the belabored soul in its incarnation or re-embodiment, but by the effects of this flagging, becomes a target for abuse and potential failure."

And his first question is: "Would Awareness present a solution to the "flagging response" set up by hardship and our own self-destruct tendencies which are fully taken advantage of by the opposition?"

#### COSMIC AWARENESS:

This Awareness indicates that in the genetic engineering of the human species, the Reptilian or Reptoid god Enlil, used the reptilian brain on top of the spinal column in the genetic creation, and the reptilian brain as that which still exists for humans today. It is in science referred to, in fact, as "the old brain or the reptilian brain." It is often called one of the other by science.

#### Genetic Seeds of Human Not From Primates But Dolphins

The influence of Enki, the Sirius genetic engineer who came along some time later, was to infuse upon the top of that Reptilian brain the seeds or genetic seeds of the brain of mammal, the mammalian brain. This Awareness indicates that most entities think of this mammalian brain as being that which comes from the primates, in particular the chimpanzee, but this Awareness suggests that it is closer to that of the dolphin brain; the genetic seeds for this came from dolphins.

This Awareness indicates that in the production of the human brain from the old brain upward to the mammalian brain, through the genetic seeds of dolphins, the emotions were created, along with the astral energies and that which is called the subconscious brain or the soul in some of the terminologies. This Awareness indicates that still, on top of this came the cortex, which was later part of the development out of the mammalian genetic seeds.

#### When the Reptilian Brain's Survival Mode Takes Over

This Awareness indicates that when a human entity is in a crisis, he or she automatically goes into a survival mode. The survival mode is linked to the reptilian brain, and when an entity is in fear or in need or concern about survival, the reptilian brain is called into play. Thus, by creating a crisis for humans in which they have to

concern themselves with survival, they tend to move more into the reptilian brain behavior and away from the higher consciousness levels so that they lose touch with their spirituality.

#### To Know You Are a Spirit in a Physical Body Solves the Problem

This Awareness indicates that essentially, this is the problem, and obviously the solution to this problem is to find a way to recognize your survival does not depend on the physical body or physical world, and once you recognize that you are spirit in the body instead of a body having a spirit, then, as spirit in a body, you can recognize yourself as immortal, an immortal being with a temporary body, and this alleviates the survival panic that would plunge you into the reptilian brain at every threat to your physical form.

This Awareness indicates it is a matter of choosing a lifestyle in which you see yourself as a spirit inhabiting a temporary use of a physical body, just as you as a person often have a temporary use of a car. This Awareness indicates that being in a car does not necessarily mean that you are the car, and a threat to the car is a threat to you. This Awareness indicates you can get out of the car, you can ditch the car and get another.

Likewise, as a spirit, if your body is threatened, you can know that your spirit is safe and if the body crashes or is somehow destroyed or breaks down, you can leave it and go get another at some future time. With this understanding, you are not as likely to go into state of panic and enter into the reptilian brain and function out of desperation for survival.

This Awareness indicates that the point being made is not to get you to become careless with your body, but show you how to avoid so much fear, so that you are not trapped by fear, unnecessarily, over every little threat or every imaginative threat. This Awareness indicates that once you realize you are a spirit, you will have a totally different attitude about the world in which you live.

You can be much more objective and calm during times of crises and you can be more logical as to finding a solution for getting out of trouble that might otherwise call for panic.

#### Light Workers Need a Cloaking Mechanism

(How To Accomplish Their Missions Without Being Caught?)

##### QUESTION (IBID):

James' narrative continues: "I am convinced that spiritual growth sooner or later is the outcome of all tribulation and suffering. However, the body count grows by the generation. If there is any truth in the message contained in the book *Bringers of the Dawn*, then it would seem imperative that the remnant that will hold the "frequencies" that will create a standing square wave, like the one that toppled the walls of Jericho, will have to go invisible within the next three years less they be sought out and eliminated.

"How do we moderate the soul wattage so that it is ample to accomplish the mission without blowing out the circuits of others who are not able to handle those frequencies, and arousing the anger response that has wasted so many saints and avatars? In essence, I am asking for a *cloaking mechanism* that will enable those of us in this particular predicament to respond appropriately. Wrapping oneself in White Light doesn't seem in and of itself adequate."

##### COSMIC AWARENESS:

This Awareness indicates that wrapping oneself in White Light is the best cloaking device there is and entities who have used this practice in times of crisis should understand how powerful it is. This Awareness

indicates the other action is remaining calm and recognizing yourself as a spirit that is permanent in nature. Once you understand this, you cease to have fear and especially unnecessary fear.

This Awareness indicates that this does not mean you cannot recognize danger. You can recognize danger and act to avoid danger, but you can do it without having great panic, for panic and the kind of fear that makes one's heart beat and one's pulse race excessively to the point where they cannot act logically or meaningfully in a crisis, is not to an advantage.

This Awareness indicates there is a time wherein entities can gain through the use of adrenaline rushes, wherein they are forced to run or flee, or forced to fight, to stand and fight. This Awareness indicates, however, in most situations, entities are not forced into either of these positions, yet they may panic and have a reaction to fear, which is hard on the body and difficult to deal with.

#### Walking Through the Valley of the Shadow of Death: You Don't Need a Tank Escort: The White Light Will Protect You

This Awareness indicates that *It* cannot give you a way of sheltering your life from any form of danger. The entity knows the Lord's Prayer, and the situation when walking through the valley of death that you need not fear evil, for the Divine can comfort and protect you, but if this is not sufficient, and you want a tank escort, or a battalion escort to take you through the valley of the shadow of death, then you may need to think in terms of something other than spiritual assistance.

This Awareness indicates the wrapping of White Light around yourself is much likened unto, but actually *superior* to the rod and the staff. The rod may serve as a weapon or the staff may serve as a weapon, giving some comfort to an entity who is walking through danger, but the White Light gives the subconscious a shield, a cloaking device, a way by which it knows it is safe, and it acts in a manner to assure its safety because it does not sense any fear when the White Light is surrounding the entity.

It is a way of informing the subconscious to keep everything safe and the subconscious has that ability. This Awareness suggests you practice using the White Light as a cloaking device, as a shield and as a protector, any time there is the uncertainty and fear of danger, either for yourself or for a loved one.

Every entity should learn to wrap their children in White Light, to wrap their spouse in White Light, to wrap their home in White Light, and to wrap themselves in White Light. In so doing, they will begin to find peace in a disturbed world, and that peace will prevail, even when there are disturbances around them.



## WHAT TO DO WHEN ALIENS DISTORT INFORMATION AND MONITOR ENTITIES?

(Another Exercise Using White Light)

Question (ibid):

In the final part of James' statement, he writes: "Another problem that is becoming more universal as an affliction is that when alien forces are not able to infiltrate the inner recesses of an entity, a "lamine" akin to a plastic encasement is placed around an individual wherein he/she/it can be monitored and all incoming spiritual information is distorted, as if one were looking at the "truth" or mission-oriented information through a fish-bowl.

"No wonder that those of us with outer-spatial origins feel disoriented, misunderstood and uncomfortable in the earth plane. This seems to persist for long periods of time, in and out of embodiments. How can this laminate be removed, and what can be done to prevent a reoccurrence of this process?"

COSMIC AWARENESS:

This Awareness suggests you create a White Light around yourself within this laminate box and visualize this White Light growing until the box shatters into many pieces and falls as debris around yourself. This Awareness indicates that the mind, in its ability to image, creates for the subconscious mind its reality. Whatever you consciously image that is allowed to go into the subconscious becomes the reality of the subconscious mind.

Therefore, because the subconscious mind is the genie that grants your every wish, all you have to do is to visualize what you want and if you can visualize it clearly and if it is within the realm of the parameters allowed by the subconscious mind, then you can indeed bring it into manifestation.

**The Movie "Aladdin" Shows How Your Subconscious Works**

This Awareness suggests if you haven't already seen the movie *Aladdin* that you watch this movie with the recognition of the symbols as to what they are. The genie being the subconscious, the lamp being that which allows you to call forth the genie. It is that state of harmony wherein you contact your subconscious. It is the action of rubbing your wish and visualizing the subconscious coming forth in your behalf.

This Awareness indicates that essentially, your body is the lamp, in terms of the symbols in this story. You may enhance your connection to the subconscious by rubbing your stomach as though it was a lamp, as though it was Aladdin's lamp you are rubbing. And in so doing, you then make this a ritual for contacting your subconscious and you then express your wishes to the genie within the subconscious mind.

This Awareness indicates the more friendly you can become with your subconscious mind, the more it will do for you.

### Can One Prevent Telephonic Ear Implanting?

FOLLOW-UP (IBID):

He also asks Awareness to explain how telephonic ear implanting is accomplished, and how one can prevent this from happening.

COSMIC AWARENESS:

This Awareness indicates that the implants are usually produced at the time of abduction or can be produced in one's bed while the entity is either asleep or awakened, but usually the entity is made to forget such intrusions, either those in one's bedroom or those wherein the entity

is taken aboard a ship. They are usually made to forget these experiences, but the ear implant is much like the nose implant or the implant in the back of the head.

This Awareness indicates that it is likened unto a very miniature telephone being inserted which can be triggered not from a line, and not having to have a base on which to hang up the phone, but by a signal that is sent through the airwaves, just as radios are made to pick up signals. It can be turned on or turned off so that you hear nothing, or so that you suddenly hear voices speaking within your ear.

This Awareness indicates it is not really that far ahead technologically to that of the telephone system that is already present on earth. You have your wireless or cordless phones. Just imagine a cordless phone that is made the size of a pearl inserted in your ear so that instead of a ring, the voice simply speaks, and you hear voices from these alien sources.

This Awareness suggests you look at how far the telephone has come in a hundred years and imagine your civilization 500 years from now and what might grow out of its telephone technology and it becomes obvious that telephones planted in the ear are not likely to be that far away.

### Energies From Gems and Flower Essences

FOLLOW-UP QUESTION:

He also asks if Awareness would discuss the value of flower essence and gem essence therapy, or lack of, in jamming alien frequencies.

COSMIC AWARENESS:

This Awareness indicates it is a field that would need to be researched and developed. For one thing, you would need to experiment with the frequency of various gems, until you could find which gem correlated to the particular frequency being used by the alien. You cannot simply hope that a gem would block the frequency. You would need to have a gem that vibrated in accordance with the purpose you needed and the same with Bach flower, or other flower essences.

If you can find the frequencies used to communicate to yourself or to one who has this problem, then there are many ways to block that frequency. Finding that frequency would be the greatest problem. You could block the frequency electronically or you could block it using gems that vibrate to a similar frequency or you could perhaps use flower essences, but finding the frequency would be the first step in trying to perfect such a technology as to block the frequency of the alien trying to communicate.

This Awareness indicates that you might be better off to create a device that allows you to move up the scale in frequencies to that which goes beyond hearing so that when you feel there is some kind of vibration of a negative nature communicating or attempting to communicate to you, you simply move a lever to create a signal that goes higher and higher until you match that signal of the particular frequency touching you or attempting to contact you, and in matching the frequency you may then give a message in return to "Get out of here!" or "Leave me alone!" or "Go elsewhere!" or whatever you wish to say, for you have tuned in to the wave-length of the party who was trying to communicate with you and you would be tracking back on that wavelength to that entity.

It would be an action of broadcasting rather than simply receiving. This Awareness indicates, however, you do not even need to create such a vibration or frequency or signal, if you can bring yourself to have

powerful concentration, whereby when you hear or receive a signal from an alien source, you can use the same signal to communicate in that direction and you can simply send a message using their signal.

#### You Can Send a Message to the Alien Monitor

For example, you may have a ringing in the ear, and you sense that it is not the usual type of physical phenomena, but it is someone trying to communicate with you, and you sense it is of an alien nature. Instead of trying to get away from that, turn your attention to it, and shout at it. Shout either in silence, mentally, or shout aloud at it, and you may startle the entity on the other end of the frequency.

This Awareness indicates that this of course may or may not put an end to the experience, depending on how determined the alien communicator might be. This Awareness's point is that communication can go either direction. If you are being monitored by an alien frequency, you can also send a message to monitor, to communicate something to the alien over the frequency it sends to you.

#### How To Deactivate and Remove Alien Implants (Does Awareness Have Any New Information on This?)

##### QUESTION (IBID):

His last question is: He'd like to know if Awareness has any new information not previously given, on how to deactivate and remove the various types of implants and in which bodies these implants are generally to be found.

##### COSMIC AWARENESS:

This Awareness indicates that the last sentence of the question be repeated. The last clause.

##### QUESTIONER:

"...and in which bodies these implants are generally to be found.

##### COSMIC AWARENESS:

This Awareness wishes to know what your interpretation of this entity's use of the words "in which bodies". Is the entity speaking of physical, astral, ethereal?

##### QUESTIONER:

He's speaking of physical.

##### COSMIC AWARENESS:

Is he speaking of the body types that might have implants, or the names of the entities who have implants?

##### QUESTIONER:

I think he's asking if there are particular types of bodies to look for that could have implants.

##### COSMIC AWARENESS:

Endomorph, mesomorph or ectomorph types? This Awareness indicates that this part of the question apparently is unclear and therefore, not something that can be answered without further questioning. This Awareness indicates that in regard to the first part of the question, this Awareness does not yet see a way by which with present medical tools the implants can be removed. This Awareness indicates however, it depends a lot on whether the implants were recently placed, or whether they were placed long ago.

In some of the earlier placements the implants are more easily removed. They are made more crudely, and as indicated, Germanium can corrode some of these earlier implants. The greater concern is in finding them and in isolating them so that they can be removed

without excessive damage to surrounding areas, particularly those areas where there is critical organs or arteries or other substances flushed that is of a dangerous proximity.

This Awareness indicates that It does not see the new types of implants as being easily removed except by the aliens' own higher technologies. This Awareness indicates *It* has already mentioned that some help can come from Pleiadians who will in some cases help entities to have these removed.

This Awareness indicates that it appears in the future, this is some time within this century, but still some distance away in time, a device can be used or created that vibrates or moves of different frequencies and when placed close to the implant and moved up in frequency slowly or at different levels, it can defuse the implant.

By defuse, this Awareness means it can deactivate the implant so that it is not functional. This is likened unto using sound waves to destroy something when it comes into a certain frequency. This Awareness indicates that this device has not yet been created for use in this regard, but *It* does see that this could or may be created within the next 5,6, or 7 years.

#### Was Bill Clinton a CIA "Spook"?

##### (Drugs and Guns and Close Ties to the Catholic Church)

One last question tonight. *The Spotlight*, the September 27th, 1993, issue has an interesting story I'd like to read a little of and ask Awareness if this information is basically true. It's called "Clinton Named As A Long-Time Spook." "A private researcher claims to have found the smoking gun linking President Bill Clinton to the CIA as a long-term operative. The ties were obvious in the 1980s when the agency used an airstrip in Western Arkansas as part of a money-laundering drugs for money scam, and continues today through Clinton appointments.

"New information adduced by investigator Stu Webb points to the likelihood that Bill Clinton has been a deep-cover CIA agent since his days at Georgetown University. Ivy League schools are well-known as a recruiting ground for the CIA. The man Clinton defeated for the Presidency, George Bush, an alumnus of Yale, is widely believed to have been recruited as an undergraduate.

"CIA agents are sworn to place their loyalty to the agency above anything else. They are also expected to lie about their association with "the company" as it is called, whenever asked, including under oath. Of course the CIA has its unique ways to enforce discipline. With a budget secret from the taxpayers and its unknown legal and illegal businesses around the world, its total income is estimated at 35 billion dollars per year.

"One of the businesses attributed to the CIA by many researchers is gun and drug smuggling. The small airport at Mina, Arkansas, has long been known as a trans-shipment point used by the CIA. Webb estimates that some 36 billions dollars in drugs has gone through the Mina airport during the years 1981 to 1988. Clinton was governor of Arkansas during the year's 79-81, and 83 to 92.

"The controlled press barely batted an eye when investigators revealed Bill Clinton organized protests against the Vietnam War in Europe and traveled behind the Iron Curtain as a Rhodes scholar in the 1960s. *The Spotlight* has learned Clinton's trips were more than youthful adventures. Clinton was working for the CIA according to Webb. According to sources within the CIA, Clinton was used by the agency to infiltrate protest groups, and report on their activities.

"In addition, Clinton used his cover as a Rhodes scholar to view the Khrushchev memoirs, and then he stole documents for the company, Webb said. According to sources, Clinton was answering to London bureau chief Cord Meyer when he took the Khrushchev documents. Contacted in Washington, Meyer denied Clinton was working for the agency, the CIA."

The article goes on and on, but is there any truth to that story?

#### COSMIC AWARENESS:

This Awareness indicates that this is in the affirmative. This Awareness indicates that this also accounts for the entity's close ties to the Vatican, and the Catholic Church. This Awareness indicates that the CIA is very closely linked to the Catholic Church through the Jesuits. This Awareness indicates that it appears the entity's connections are those which have been of long standing in this regard and that there are many in government who know this, but who themselves are also connected in this same way to the CIA, and therefore, do not speak out or discuss these things.

This Awareness indicates that the cover-up of the involvement in Arkansas with the drug-dealings as that which could not have happened had it not been for the help and assistance from those who also are pawns for the CIA, working in positions of government and in areas dealing with news release and media broadcasts.

#### Both Bush and Clinton Have the Same Globalistic Goal

This Awareness indicates that this is not surprising to most entities, even if it is new information, for most entities recognize that Clinton is still pursuing much the same policies as George Bush, even if some of the lobbyists that Bush catered to are not receiving the same benefits from Clinton, and even though Clinton may be owing to other lobbyists and special interests, which makes it appear that there is a difference between the Republican and Democratic parties.

This Awareness indicates that in fact, there is very little difference other than the action of who each party caters to. The general policy from each party remain much the same. Each party tends to further the work of the global internationalists and super rich.

#### Always Be Watchful at Christmas and Holidays (Events Often Occur That Affect the Masses)

#### CLOSING MESSAGE:

This Awareness indicates that in the coming months, entities will be focusing on holidays, but always be watchful during these holiday times for events that occur on or around the holiday period, for these are often very significant in that they can often be events that have powerful effect on the lives of people in one way or another.

This Awareness indicates that generally speaking, many things slip through on or around Christmas time, wherein most people are focused on Christmas and family and do not have much concern or interest in the affairs of the nation during those moments. Therefore, things can be done of a mischievous nature without getting too much attention, or without the attention getting in the way of what is being done, for the people generally remain more attentive and focused on family matters.

This Awareness indicates the same can be said for Thanksgiving in a much lighter way since it is not celebrated with the same focus and intensity as is Christmas and the New Years Holiday period.

(The Law of Gratitude is given)

## WHAT IS COSMIC AWARENESS?

COSMIC AWARENESS is the Force that expressed Itself through Jesus of Nazareth, the Buddha, Krishna, Mohammed, Edgar Cayce and other great avatars who served as 'Channels' for the 'Heavenly Father' and who speaks again today as the world begins to enter the 'New Age' of spiritual consciousness and awareness. Since 1963 Cosmic Awareness has been communicating through carefully trained channels. This information is for those who desire to help in bringing in the New Age. Throughout the thousands of 'Readings' given through these various channels, Cosmic Awareness tells us not to believe anything, but to question, explore, doubt, and discover for yourself, through your own channel what is the truth. Cosmic Awareness will only 'indicate' and 'suggest'. Neither C.A.C. or any of the Interpreters is responsible for anything Cosmic Awareness states in any of these readings, nor does C.A.C. or the Interpreters necessarily agree with the statements of Cosmic Awareness. The Interpreters interpret the energies as they see them in trance levels and are not personally responsible for what is said. The Interpreters published herein have no connection with, nor control over the editorial comments and material, including illustrations. This is entirely the responsibility of the editor. Members of C.A.C. are invited to send in questions of general interest to ask Awareness for possible publication in this newsletter.

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**Cover Photo:** The Sheeple (Fearful Entities who willingly exchange "Security" for their Constitutional rights)

**The 5000 Year Old Book of Prophecy**  
 (All Predictions in The Bhavishya Purana Have Come True)  
 Even to the Present Day

**QUESTION:**

A question from Gunnar Zuzan, in Ohio. He writes:  
 "Here's a question for Awareness. Western astrology students are often astonished to discover that there are ancient texts in India that already reveal their personal life history, with parent's names, place of birth, dates of key life events, et cetera, and similar information for many people yet to be born.

"This information, according to a Doctor Vedavyas of India, is contained in a 5000 year old book of prophecies, or Bhavishya Purana, preserved since the beginning of the Kali Yuga, on palm leaves. Please ask Awareness on the validity of this type of information, and also, who prepared them, and for what purpose. Also, is there a counterpart to this in the Western world?"

**COSMIC AWARENESS:**

This Awareness indicates that there is not seen a counterpart of this in the Western world. This Awareness indicates that it is difficult to describe or comment on something of this magnitude. The genius of such a system cannot easily be explained or described. This Awareness indicates that names as attributed to astrological charts are a possibility, but the efforts that would go into such an action are so complex that to attempt to explain something of this nature would be enormously difficult.

This Awareness wishes to state that things move in cycles, and these cycles occur over certain periods of time, and things that occur at one time are reflected at a different time in the cycle, so that there is what appears to be a mirror image in that cycle. Thus, by mapping or recording effects at a particular cycle or time and then projecting to the next time, that same pattern occurs, one can presume the same events will occur.

**Entities' Names Are Found by the Principle of Vibration**

This Awareness indicates that when the thing is a circular cycle and entities can see that there is a far side on that circle, entities can also make an assumption that when energies reach the opposite part of the cycle, there will be a reverse, but mirror image of the same events.

This Awareness indicates the question of how entities' names could be found relates to the concept of vibrations; that certain vibrations, such as those that relate to numerology, wherein numbers are assigned to letters, and therefore names can be numerologically analyzed for certain patterns of behavior; this is a part of the science or art behind this astrological system that relays names of individuals.

**How Nostradamus Referred to Hitler**

This Awareness indicates that you may recall how Nostradamus spoke of Hitler in his predictions, but called him Hisler, missing one letter in his name, having written of him some 400 years before his birth. This Awareness indicates this attuning to letters or names in future times has to do with the astrological layout in which letters are assigned to different signs of the zodiac, and whereby these letters' assignment has to do with certain frequencies or vibrations.

It is not arbitrarily placed on the zodiac, but it is assigned *naturally* by the vibrations. This Awareness indicates that this can be somewhat distorted by the letters of a particular culture for some cultures might alter the alphabet in their basic language development to the point where their particular language may not fit precisely the value systems that were attributed to astrology and linked the letters to that particular frequency in the zodiac.

This would account for Nostradamus having a mistake in the lettering of the word Hitler.

This Awareness indicates that much of the ancient lettering came from extraterrestrials as described by Zechariah Sitchin and the language of the Sumerians became transplanted almost precisely into that which later became the Greek alphabet. This Awareness indicates that the Greek alphabet drew from Egyptian and Hebrew and earlier writings that stemmed from Sumer.

The Hindu and Vedic writings appear to have carried a more pure line of lettering that was more genuinely tied with astrological vibrations so that the language resulted in a more pure translation in modern terms of the letters associated with the astrological elements of the chart that was created in these ancient times.

This Awareness indicates it is an extremely complicated and difficult system to explain, but this is basically a rudimentary explanation of the system. More detail becomes ever the more difficult.

**Who Prepared the Book of Prophecy and Why?**

**FOLLOW-UP QUESTION:**

So the system *is* valid. His other question is: Who prepared this book of prophecies and for what purpose?

**COSMIC AWARENESS:**

This Awareness indicates that this dates back to a time prior to the Aryan migration to India. It appears to be from certain priests that were trained by those extraterrestrials that taught in the secret schools and mystic orders of the Sumerian priestcraft.

Those entities who came to the earth eons ago to set up the civilizations that grew in the area of the Tigris/Euphrates, wherein new plants, new foods were grown, wherein systems of government were developed, wherein space craft landed and left the areas; much of this being described in the Sitchin books, *The Twelfth Planet*, these were the entities who brought this kind of knowledge, along with other types of knowledge to humanity.

This Awareness indicates however, that most of this knowledge was kept within the secret schools that were developed for the priestcraft that was created to help direct the course of humanity and its evolution, which down through the many ages that followed, continued by secret schools and secret organizations that have influenced the civilizations of various nations during the past 15,000 years.

**Surely It Can't be a Book But Some System**

**FOLLOW-UP QUESTION:**

Surely, this book can't really be a book. It must be some sort of system, for there are literally billions of entities on earth and more to come, which would literally take billions of palm leaves to record this information. There must be some way they're tapping into the information rather than actually recording it.

**COSMIC AWARENESS:**

This is in the affirmative. This Awareness indicates



that *It* does not suggest that it is a book full of pages, as entities commonly perceive books to be. It is seen as a system of divining information. That the book itself holds the information on the system for such divination, so that by following from one point to another, entities could unravel a chart for an entity who has or who may yet be born, even to the point of finding his or her name, based on a birth time.

#### CLOSING MESSAGE?

This Awareness indicates that mysteries that entities find in life which often seem so revealing, have a way of eventually becoming commonplace so that entities may feel they have now come to realize so much that was once hidden. Yet, even when entities feel they have unlocked some of the deepest mysteries of life, life has a way of offering up new mysteries for entities to pursue, and those mysteries often seem so deep that entities see they could spend a lifetime and only scratch the surface of such mysteries.

This Awareness indicates that as time passes, even these mysteries begin to give up their secrets and entities begin to understand a little more about the mystery so that it does not seem quite so deeply covered, so deeply hidden, and gradually entities begin to know more and more about that mystery. So it is with these things. Entities may, within a hundred years or so, be studying these ancient systems that were once used, but which now seem so profound, so far beyond understanding.

This Awareness indicates there are many different sciences, that man has begun to realize exist, let alone have an understanding of them. Who, for example, a hundred years ago, could have begun to imagine the field of genetic engineering as is known today? Yet, genetic science was always present. It simply awaited someone to discover it. So it is with many of the other sciences of nature, of the universe. And many of these things which seem so impossible or so unbelievable at present, may, within a hundred years, be the new science for mankind to study.

Ed's Note: I was fascinated by this reading and went to the Internet and typed in *Bhavishya Purana* on the Google search engine. There are many websites and references. One site contained "Predictions from the *Bhavishya Purana*" and explained that this is an ancient text authored by Sr Vyasa Muni, the compiler of the Vedic texts. It is listed among the eighteen major Puranas. *Bhavishya* means "future" and *Purana* means "history", so the text's name would translate literally as "The History of the Future". Though the text was written many thousands of years before the recorded events took place, by power of his mystic vision, Sri Vyasa was able to accurately predict the happenings of the modern times.

The website contains Part one: The history of the Bible. Part two: The prediction of Islam; Part three: The Prediction of Buddhism; Part four: The predictions of India's Kings; plus several others. Here is the website:

<<http://www.indiadinvine.com/bhavishya-purana.htm>>



## HAVE SCHOLARS REALLY PUBLISHED AND RELEASED THE DEAD SEA SCROLLS?

(Has the Catholic Church Finally Lost Its Grip?)

#### QUESTION:

The Dead Sea Scrolls have been in the news lately. I'll read a little bit briefly, of several long articles. "In New York: Researchers using a desk top computer say they have broken the grip a coterie of scholars has held for 40 years on the Dead Sea Scrolls, one of the great finds of Biblical archaeology.

"The scholars have published transcriptions of less than half of the scrolls and have allowed only limited access to the rest. The scrolls containing accounts and insights into the history of Judaism and the origins of Christianity, have long tantalized Biblical researchers who have sharply criticized the slow pace in publishing transcriptions and translations of them.

"But in what amounts to an end of the run-around the scholarly blockade, two researchers at Hebrew University College in Cincinnati devised a computer program that used a listing of all the words in one collection of scrolls to reconstruct part of the original text.

The listing, called a concordance, is organized like a dictionary, listing every use of every word that appears in a text, identifying the places where the word is found, and also giving the context in which the word is used.

They claim that "As far as we know, no ancient text has ever been reconstructed by computer."

In another article on this subject: "A long-running bitter dispute over Biblical scholars over access to the Dead Sea Scrolls is about to become moot. A California museum has decided to release a complete set of photocopies of the priceless Hebrew manuscripts that date to the age of Jesus. The Huntington library, a research center and art museum in San Marino, California, will make available immediately on microfilm its complete set of 3,000 photographs of the scrolls through the inter-library loan system that links the nation's universities.

"With that stroke, the Dead Sea Scrolls, the greatest archaeological find of the 20th Century, will become as easy for scholars to view as ordinary books that university libraries routinely exchange on behalf of their researchers."

And there was another article, which I don't have, but when this information came out, Israel started hollering that this was all illegal, and that people had no right to have access to this information. I'd like to ask Awareness: What is the significance, if any, of the Dead Sea Scrolls suddenly popping up, and evidently will be made available to anyone, and particularly these people with the computer program who are deciphering them?

#### COSMIC AWARENESS:

This Awareness indicates that this information as that which can then become public with some translations involved, and the publication of this information as that which may result in a total diffusion of organized religion, as it has been based on writings that are distortions of earlier documentation.

This Awareness indicates that the effects of this in long-term duration over the next two decades can be phenomenal in terms of the influence on religion itself. This in terms of the Western World religion of Christianity and Judaism. This Awareness indicates that it appears it will alter the basic foundation of the Judeo-Christian religion in terms of what is considered authentic doctrine and what is the fabricated doctrine that has evolved through the churches and organized religion.

## FOLLOW-UP QUESTION:

Will these scrolls eventually reveal information about the aliens at that time?

## COSMIC AWARENESS:

This Awareness indicates that this appears to have some revealing factors for those who are able to understand what they are reading. For those who do not understand this aspect, these scrolls could be read without comprehending what is meant by certain of the passages.

## FOLLOW-UP)

Would that supplement or compliment the research of Zechariah Sitchin?

## COSMIC AWARENESS:

This Awareness indicates that it appears that this will be complimentary in many ways. You must remember however, that these scrolls are much more recent than many of the documents used by Zechariah Sitchin in his research.

### CAN ANYONE GET THE "GIFT" OF HEALING?

(Healing the Sick by Laying On of Hands)

## QUESTION:

A question from David LeVasseur, Fair Oaks, California. Actually, there's four questions, but I'll read the statement, and then will re-ask if Awareness requests.

"Awareness has said that healing the sick is one reason for being on this physical plane. Considering the expansion of consciousness being experienced on the planet and the acceptance of alternative forms of healing, should we be seeing more and more people practicing the art of the laying on of hands, and / or touch therapy, accessible to the many throughout this country?"

"Is this an example of the "healing the sick?" If a person senses that this is what they would like to do for others, as I myself do, is this something that needs to be learned? A belief in oneself? What barriers of self must one conquer to claim this ability?"

"I have heard of others acquiring their "gift" only after an accident of some kind to their physical body, such as a lightning strike. Can anyone with the desire be expected to gain this ability or is it something that you bring with you into this life?"

## COSMIC AWARENESS:

This Awareness indicates that healing the sick can mean many, many different things; that the healing does not necessary have to be involved with the physical body or have to start with the physical body. The healing of an entity's emotional or psychological or mental processes can also have an effect on the physical body.

Healing an entity's financial problems or relationship problems or spiritual problems can also have an effect on an entity's health and happiness. This Awareness indicates there are many ways to think in terms of healing the sick. This Awareness suggests that in regard to the laying on of hands, this can be learned through practice.

That the Charismatic Healing and touch therapy, these are ways that can be helpful in learning how to practice the action of storing up magnetic energy in both the right and left hand, and touching the entity in such a way as to allow the right and left hand energies to pass through the body can effect some relief from pain and to some degree a healing.

This Awareness indicates that it does not usually happen the first time. It may require an entity practice the action repeatedly for months before it becomes pronounced enough to where you get dramatic results quickly. This Awareness indicates the booklets on meditation and the book of healing that this Awareness has given in the past; these should be used in conjunction with any desire to move into work of laying on of hands for healing purposes.

This Awareness indicates that these are provided to students of the Development Classes, and to Ministers of the Development Class which this Awareness has given. This Awareness indicates that it is not seen as necessarily that you engage in calling forth lightning or that you have a motorcycle accident or any other haphazard shock to your physical body in order to become capable of healing, but it does require that you understand certain principles and practice those principles to make them grow stronger.

There are very few entities who acquire the healing art of healing through touch simply by some fluke accident.

### The Book "Futility" Forecast the Titanic (Was Mass Consciousness Affected By those Who Read it?) (More on Antimatter and Your Dreams)

## QUESTION:

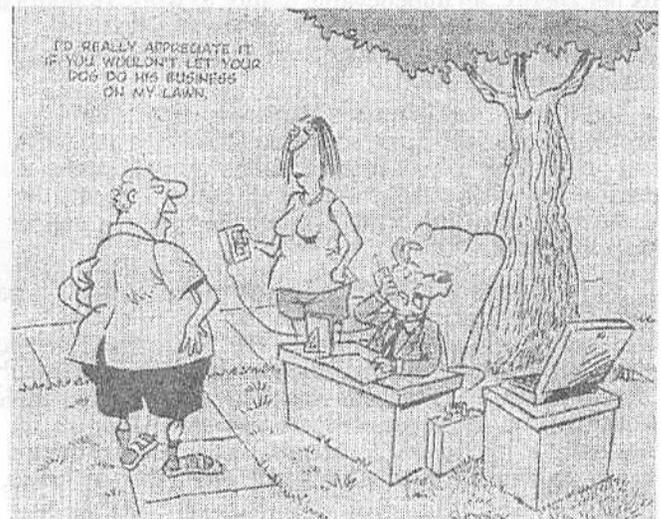
A novel called *Futility* (Vikki put this question together) was written about the maiden voyage of a fabulous ocean liner, a ship far larger than any previously built, labeled "unsinkable." The vessel set sail for New York from Southampton, England, with a cargo of complaisant passengers, strikes an iceberg in the North Atlantic and goes down. The ship was inadequately stocked with lifeboats, resulting in heavy casualties on a cold April night.

"The name of this ship was the *Titan*, and it was a triple screw liner that could travel up to 25 knots, could carry up to 3,000 people, was 800 feet long and displaced 26,000 tons. This novel, by Morgan Robertson was written 14 years before the *Titanic* lived this scenario.

"All aspects of the book, with extremely minor variations played out in fact, 14 years later. My question is: How much did the reading of this book affect mass-consciousness toward making the story a true one?"

## COSMIC AWARENESS:

This Awareness indicates that it does not appear the reading of the book brought on the events that followed. It appears instead that the events which followed were picked up by the writer of the book; that he saw into the future, glimpsed into the future. The story which he wrote was based on the events which were to come.



**Antimatter Often Experienced in Dreams: Forecasting the Future**

The entity, by some slip in consciousness attuned to the future event and wrote the story, even to the details which were very close on all of these levels. This Awareness indicates that when entities tune in to antimatter, they sometimes see into the future because antimatter moves in the opposite direction of matter.

This Awareness indicates that antimatter often is experience in dreams, and if entities could clearly recall their dreams, many of those dreams would give them images of the future. This is not the case with every dream, but only with those dreams that reflect antimatter as it relates to time.

This Awareness indicates that most entities upon awakening, flip out of antimatter, into the material realm and lose memory of the antimatter experience, at least to a great degree. Sometimes entities recall their dreams, but do not recall them in their entirety.

This Awareness indicates that some entities recall their dreams, and recall certain experiences in the dream, and later have those experiences become a part of their reality. In other words, some entities do have cognitive dreams that reveal to them the future, but this is not as common as entities would think it should be, if dreams are touching into antimatter, and antimatter reveals the future.

The main reason entities can't remember these dreams of the future is that the awakening process wipes out much of the memory, and also, entities are in various levels of sleep for some of the dreams, and if they are in a certain level of sleep, the dream does not surface to the conscious mind to be remembered upon awakening.

It may go deeper into the subconscious, rather than surfacing to the conscious mind.

Excerpt CAC Reading 7-25-2001 Grace Interpreter

### AMMA THE HUGGING LADY (She's Hugged Over 20 Million People!)

There's been in the news recently a rather interesting story of an Indian lady who was on a tour here, and she's hugging entities, and I'll read just a little of this. "Her name is Amma or Mother. Her followers compare her to Mother Theresa, and say she has embraced more than 20 million people all over the globe. Amma is now on a ten city US "hugging tour" which includes stops in Los Angeles, Chicago, Washington and Boston. She is traveling with an entourage of 50 supporters, volunteers who say she is changing the world with simple tenderness.

Nobody can deny there's something magic about her. Its her energy, an unbelievable ability to work 18 hours a day, often 7 days a week. She works in two sessions, morning and evening, always smiles, and breaks only to meditate, eat and sleep."

And it says "At Columbia University many Hindu people kneel on the lines, so too do Christians and Jews and presumably people of other faiths. Amma rarely preaches. She says she embraces all faiths. It seems her doctrine is fairly universal. She hugs people as a mother hugs her child.

Some call it supernatural. There are stories that she has cured lepers, but that is in India. In a city of cranky Americans, it's simply a miracle that hundreds of people will wait in line for hours for something that theoretically should be waiting for them when they get home: a simple hug." This is a long article featuring information about her, but I'd like to ask Awareness to comment if there's anything significant about this lady doing this, and if so, what is it?

This Awareness suggests that of course there is significance in the act of each thought and each action of every individual upon the planet, however, the manifestations from this particular entity are an excellent reflection of the positivity and the unification, and the experiential shift toward the value of love and the motivator of love, and of its long-term, long range self-reinforcing synergistic power to create, rather than the fear energy, which is shot-range, individualized, protective and seeks only to halt forward progress when instability is detected.

This Awareness suggests that through the simple act of offering equal respect and expression of kindred affiliative love, as that exchange between a mother and child, with the complete faith and trust and love, that that individual is worthy of respect, has innate value, that the world should help foster and bring out, is a walking, talking expression of the attitudes which all of humanity shall embrace, and the sooner the better.

This Awareness suggests that the public intrigue and curiosity associated with this particular activity and this particular entity, reflects the growing awareness and optimism and rekindles the ancient awareness that love, respect and connection is not only our destiny, but it is our situation and the situation of the entire history of the species, of all material forms, of the entire physical ecosystem, so that equal respect, equal cooperation, reciprocal interactions and self-unity is the principle upon which all life depends, and yet with the emergence of complex individual identity, that such an ancient truth, so real and so important and so valuable as the air that humanity breathes for life, is now being recognized as something that has always existed, and yet which can only continue its existence with full conscious participation and active participation from the human species.

It is indeed most magical, as well as completely ordinary in its beauty and power. This Awareness suggests that all entities should communicate the gratitude and the love and the respect through offering as many hugs to their loved ones and co-workers and indeed, strangers, to perpetuate and facilitate the consciousness of public trust and caring and respect that will be necessary to ensure the perpetuation of the species and finalize the eclipse of the very devastating negative destinies that humanity could still perpetuate upon themselves through continued ignorance, fear, separation, defense and anti-hugging behavior.

If we have completion, we can continue.

#### —HOW TO GET THIS NEWSLETTER BY MAIL— EVERY 3 WEEKS 1 ( More or Less )

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