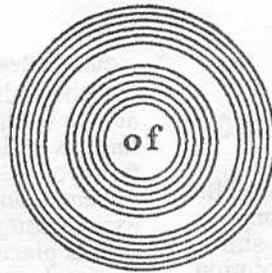


Revelations

The Cosmic Newsletter

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Awareness

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- Are great Avatars here on earth today?
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WORLD EVENTS 2002 AND THOSE COMING

This Awareness indicates that it is essential to keep the unfolding global and local world events in their long-term and spiritual perspective. The consciousness shift toward enlightenment, the unfolding spiritual revolution, marked by the year 2000, is contingent upon reclaiming the inner path, the inner communicative channels, the innate spirituality as the external religious forms of guidance pass away into the archives of human history.

The Core Meaning of Spirituality

As part of this awakening, humanity is in the process of reevaluating and redefining some of its deepest core assumptions that have long been accepted without being examined. One such assumption is the core meaning of spirituality, which is the ability to extract and create meaning from experience, to understand the source and nature of both good and bad experiences, how they relate to natural right and wrong states of mind and body and world, and how to think and act in ways that create the best events.

This Awareness suggests that in the past, religious forms of spirituality have provided simplistic and handy explanations for why good or bad events occur, explanations that placed all creative power, wisdom, divinity, and virtue in the supernatural realm, and relegated humans to the role of children who must submit and comply to the wishes of deities. Worse yet, religious leaders also invented and perpetuated the concept of "Satan" a counterpart evil supernatural force to further distance humans from creative control and accountability and to justify rigid oppression. Then through normalizing such feelings as shame, guilt, and fear and creating cycles of all other negative emotions they keep control over the blindly unaware flock. Indeed, at present most form of morality and ethical guidance are based in the assumption of evil and satanic forces and both sins and virtues all are entangled with the misunderstood power of emotion. Hence, the general spiritual state of humanity is largely one of habit, blindness and automatic withdrawal, and driven by pain.

Humanity has a good deal of catching up to recognize their own creative role and to begin exploring the positive potential power, guidance, and innate virtue within human nature.

The Outcome of Religious Spirituality

This Awareness indicates that one outcome of religious spirituality has been that humans have a very stunted sense of self in time and space that leaves them in a perpetual state of reacting to the past, and only able to extract meaning from unfolding events in the short term. In other words, since humans are not aware that their own thoughts, beliefs and feelings are creating their reality, entities are largely only able to extract meaning from that which has already been created. The general tendency is to blame others, remain confused, or turn to superstition to extract and create meaning. This Awareness suggests, however, that during this time of accelerated growth great and rapid change will be experienced as tumultuous, with specific catalyzing, often catastrophic short-term events that touch off rapid pendulum swings between spurts of expansion and forward development and fits of rebalancing and perhaps seemingly backward steps, both of which carry more intense emotional upheavals in both directions but bear the clearest meaning in the long-term perspective.

Wisdom of Awareness— ON FEAR: (84-18)

"This Awareness indicates fear is the only enemy to enjoyable experiences."

Current Events Placed in the Face of Entities to Awaken Them

Upheavals are being experienced not locally but globally as well, for the species must evolve as a whole and there is still tremendous divergence across humanity in terms of spiritual evolution. Through these intense upheaval and the feelings they elicit, humanity is experiencing a remedial crash course, with current events placed right in their face to awaken them to the spiritual meaning of what they have created.

This Awareness indicates that it is important to recognize that even seemingly devastating back-steps, such as the events of September 11th, 2001, are the fodder for even faster, more punctuated positive growth to come. For they reflect what has been created, the feelings point to the institutionalized beliefs in need of examination, identifying the current challenges at hand, and as such they guide the next steps that are required for accelerated evolution.

A Worldwide Personal Examination of the Power of Fear

The first lesson to be recognized is that the entire global community is now involved in an up close and personal examination of the power of fear. As powerful ripples of fear and avoidance continue across the global economy, entities are witnessing firsthand the power within the tactic of terrorism. Indeed, there will be many other minor examples, such as the sniper incident in Washington DC area, who will try out this newfound power in maladaptive attempts to reclaim authentic power lost to poor beliefs and choices.

This Awareness suggests that in the broader spiritual perspective these events are nothing new, they are simply history repeating itself as humanity has failed to see and harness the power of such feelings as rage, hate, and anger. If given pause to look back through history, there have been many other terrorist acts from within any national community, outside enemies are not necessary. Within the US alone, there have been random, bombings, shootings, poisonings, and murders all born of humans so mired in fear and anger that they have given up on life and want to make a statement about their pain before they complete their self-destruction. Indeed, such acts are part of the self-destructive process, for they are active rejections of membership in one's community, they are the destruction of the spiritually empathic and loving aspects of self. In keeping with this pattern, there will be others who will find perverse pleasure in ripping apart the trust of cooperative communities. There will be others who will discover the power of emotional manipulation and will want to test it, for although humanity has long been using the emotional system in this perverted way, many are only now becoming aware of this largely unconscious process.

This Awareness suggests that although many such incidents will not be covered in news stories, many will recognize the power of utilizing shame, guilt, disgust, anger and contempt to gain submission from others in keeping with the traditional forms of religious morality. Indeed, this is a time of intense examination of the power of all negative emotions, a short time to see them for what they are, to understand their deeper messages, and to begin using them properly.

The Veil of Self-Deception to be Raised Quickly and Painfully

This Awareness suggests it is essential at this time for entities to not lose sight of the long-term themes, the much more positive destiny unfolding, and of the powerfully positive potential and meaning within even the most surprising and painful events. It is crucial to maintain the faithful knowledge that the cosmic or spiritual time scale and scope of meaning and purpose is much broader and long-term than that of the present

human consciousness and the awakening will require the veil of self-deception to be raised quickly and painfully.

From the Spiritual Perspective All Is As It Should Be

The source of This Awareness is much less concerned with the minor shifts, the daily events, or even the individuals' lifetimes and deathtimes, and that from the spiritual perspective all is as it should be, and each entity has more than enough courage, faith, integrity and strength to greet all such changes and honor them accordingly. For each event, no matter how large or how small, is pursuant to the human state of consciousness, and it is human consciousness that holds the keys to its own creative power, progress, social, mental, and physiological evolution.

Entities are encouraged to stay the course, to not be dazzled or engulfed by the daily dramas, but to continue to strive in thought and action for the optimal and positive outcomes. For the energy, the beliefs, the thoughts, the actions, and the feelings of each and every human will contribute to the mass events that will emerge as well as the local daily events. Entities are encouraged to keep all negative emotions and negative judgments about events in proper perspective and continue to hold and set forth clear desires for both personal and species-wide peace, justice, liberty, purpose, compassion, and trust. Entities are encouraged to transform any feelings of shame, sadness, guilt, contempt or hate into the powerful passion of anger and pay forward any perceived individual injustices by *demanding* social changes wherever freedom and opportunity are limited by external controllers.

Understand the Spiritual Meaning and Purpose of Anger

This Awareness suggests that the accompanying lesson to the power of fear is the counterpart lesson to be extracted from the current events is the spiritual meaning and purpose of anger. Of the distinction between right and wrong uses of anger and how righteous anger eventually builds trust.

Trust is the third lesson, for it is the feeling that bonds and ushers the cooperation necessary for lasting civilization. As fear erodes trust in the moment, and breaks down human connections, cooperative interactions and creativity, anger when used properly is what builds them up. Indeed, it has been expressions of anger which have forced positive change both locally and globally in the form of rebellion and revolution. Humanity is encouraged to become reacquainted with the force of anger, which religion and political correctness has all but eclipsed. Indeed *wrath* is not a deadly sin, it is the *natural spiritual safeguard* against injustice and any form of coercive control over the self-regulated human.

Examples When Anger is Righteous

But anger is only righteous when injustice is not misperceived by the mind, anger is righteous only when it occurs in the moment do to legitimate obstacles to one's liberty and equal opportunity. Anger is righteous when it does not come in any of its complex forms such as shame, which is anger turned toward the self in self-deprecating beliefs, or resentment, contempt, rage or hate which is anger turned toward others in divisively limiting beliefs and overly narrow empathic boundaries. Those complex versions of anger are messages that the mind is harboring maladaptive beliefs based upon unresolved angers born of external injustice and finding the actual injustice buried beneath the maladaptive beliefs is the key.

Indeed, it is misuse of anger that drives those who terrorize others, for they feel they have no other way to defend themselves against injustice, no matter how wrong they might be, or how convinced they might be

by their beliefs in satanic evil. Righteous anger is directed at the specific obstacles in the world that prevent any given human from participation in the free market exchanges of services and resources necessary to meet ones needs. Righteous anger is what will take down the wrong-minded limiting social strategies such as injustice hierarchies of value, unequal opportunity, and human exploitation by power-mongers.

How To Understand the Events of 2003

This Awareness indicates that entities who desire to extract the most meaning out of the events of this past year and those to come in the next, can focus upon these three spiritual tasks. To understand the nature and extent of fear in their own lives, and to find the underlying threats to safety, security and rightful freedom that they imply. To understand the nature of anger and how it asks for justice, liberty and equal opportunity---even as it operates within those perceived as 'evil' for the actions they have taken to express their own anger. To understand how trust is the antidote to both fear and anger, as it builds and strengthens the fabric of all human relationships and interactions, how it fosters safety, empowerment, opportunity, creativity and purpose. Entities can find comfort in the knowledge that however difficult and harsh, the lesson within negative emotions must come first before the mind can expand to embrace its optimal destiny of rediscovering and becoming reacquainted with the entire positive emotional spectrum. Entities can rest assured that their faith in the long-term optimal outcomes is well placed despite short-term appearances to the contrary and that each optimal thought and action is facilitating the changes for all of humanity.



WISDOM OF AWARENESS --- On Spirituality:

The spiritual life is that which is responsive to the needs of others, and this can occur in any situation at any place at any level.

Excerpt CAC Reading 9-9-93 Paul Shockley Interpreter-

WHY OBESE PEOPLE ARE SO FAT AND WHAT THEY CAN DO TO REVERSE THIS DEPLORABLE SITUATION

QUESTION:

A question from Stephan Anton in Saskatoon, Canada. He writes: "I have a special request. I have a friend who is very overweight. She is so large she must turn sideways to get through the door and to cross the room with 6-inch steps means huffing and puffing. She has tried many things to lose weight. I know she is suffering. Could you ask Awareness what she could do to slim down?"

COSMIC AWARENESS:

This Awareness indicates that most obese people are obese because they are not digesting the food they take in, and they take in excessive food because they do not get the energy from the food they absorb. They are looking for energy when they eat excessively.

They are, for example, receiving perhaps 5% of the energy from the food they eat, but the 95% is creating excess fat, storing up the energy and not using it. This is because they do not have the digestive enzymes in their system that are necessary to help them extract the energy from the food.

This Awareness indicates without energy of course, they do not burn the calories that they have absorbed and they continue to need more energy, so they eat further, and the food does not get digested or turned to energy and it becomes a vicious cycle. This Awareness indicates that it would appear there are several things that can be done.

You Need To Get More Digestive Enzymes Into the System

One is to get more enzymes, more digestive enzymes in the system.

This Awareness indicates that different types of foods are digested by different types of enzymes. Pineapple enzymes are especially good for digesting certain types of meat, especially beef. Papaya enzymes are good for digesting quite a number of different foods. This Awareness indicates that there are other types of digestive enzymes available in the marketplace that help to digest starches and various types of food.

This Awareness suggests that the use of Bromelain as an enzyme for digesting foods is an excellent way to begin losing weight. The Bromelain and the papain, or papaya type enzymes are two types that can be most beneficial for entities. That these will have to be taken regularly and on a continuous basis over long periods of time.*

*Health food stores now stock these enzymes. Vikki gets ours from Doctor's Trust, PO Box 680651, Orlando, FL 32868. Get their free catalog. Phone 1-800-266-4929

Many entities have lost a considerable amount of weight just by using enzymes alone, and couple this with a careful attention to the diet, wherein fats and carbohydrates are eaten separately, whereby one does not mix the two in the same meal; this can help to keep the body from absorbing the calories from the fat without converting the fats into energy.

Never Eat Carbohydrates and Fats in the Same Meal

This Awareness indicates that when the carbohydrates and fats are eaten in the same meal, the energy becomes stored and it is not burnt or turned into energy, but when carbohydrates and fats are eaten separately or avoided, wherein for example, carbohydrates are avoided for a

day or two, one can absorb some fat without it turning into fat in the body. It turns more quickly into energy. Or otherwise, one can avoid fat altogether and eat carbohydrates for several days, and the carbohydrates will gradually turn into energy, but when one mixes carbohydrates and fats together, there tends to be a storage action where the fat is stored in the body and not used.

Absolutely Avoid Any Form of Dieting that Restricts Calories

This Awareness indicates that there are also certain diet and exercise programs that can be employed after one begins to regain a certain amount of energy. This Awareness suggests the entity should absolutely avoid any form of dieting that restricts calories. The entity should partake of foods that are fat-burning type foods such as green leafy vegetables, and should also indulge in protein foods, but not to the point of reducing calories to an amount that creates hunger or feelings of starvation.

When an entity begins to feel hunger and food deprivation, it has the effect of lowering the metabolism so that it burns calories more slowly. It is a defense mechanism against starvation, and when the body burns calories more slowly, the entity ceases to lose weight. It is better for the entity to feel that he or she can eat all he or she desires, but to eat those foods that are not excessive in storing fat or carbohydrates; in other words, green leafy vegetables, such as salads, beet greens, spinach, and foods such as cauliflower, broccoli; any of those foods should be eaten in large amounts.

Tomatoes also. Potatoes may be eaten with vinegar or lemon juice so that you do not end up putting grease or oil or butter or fat on the potatoes, but by putting lemon juice or vinegar on the potatoes they will not cause you to gain weight.

This Awareness indicates that it would be better to eat baked potatoes, but one could also eat steamed potatoes. The French fried potatoes being laden with oils and are not highly recommended, but they would be better than eating potatoes with lots of cream or cheese or other sauces placed on them.

Fruit High in Enzymes: Eat Peaches, Apricots, Citrus etc.

This Awareness indicates that fruits such as peaches, apricots, nectarines, citrus fruit, melons; these are seen as being acceptable because they are high in enzymes, but the fruit should be eaten before other foods, or alone, rather than with or following other foods. This Awareness indicates that it is also seen as beneficial to drink juices. The Snapple type juices are seen as a good source for various fruit juices, having no preservatives or other additives, and other juices can be beneficial, because they do not contain fats.

How to Handle Juices

It is best to avoid drinking juices while at the same time eating fatty foods. In other words, wait at least a half hour after drinking juices before eating fat foods, or after eating fat foods, wait for approximately 45 minutes or an hour before drinking juices. Giving the body the time to absorb the foods before mixing with juice is important in keeping the juice carbohydrates and the fats from coming together, for this will cause an increase in weight.

This Awareness indicates that one of the benefits of juices is that it is filling and it gives energy. The detriment to it is that it does not last for any length of time. It is a quick short burst of energy that is given. This Awareness indicates that the use of steamed rice and pasta-types of food, when used with sauces that are not fatty in nature, can be used for sustaining energy over a longer period of time, and this can be helpful.

Snacks Rather Than Heavy Meals Can be Helpful

This Awareness suggests that snacks, rather than heavy meals can be helpful, and can help to keep the weight from getting out of hand. The important thing however, is to make sure you receive every day after, or with meals, the proper enzymes to help digest the foods you are eating, and to keep from mixing fats and carbohydrates in the same meal.

Expect a weight-loss to occur gradually, over a period of months and not dramatically, because the dramatic weight losses almost always result in a following rapid weight gain. This is why diets are not helpful. A complete change in lifestyle is what is needed. In other words, start eating in a way that you could adapt as a lifestyle, whereby you lose weight very slowly, perhaps a pound a week or at the beginning, probably more than a pound a week, but eventually, it will slow down and make sure that you are digesting the foods you eat and not just gorging on more and more food in order to get a tiny bit more energy.

Drink Plenty of Water Before and After Meals

The energy of the food you eat should be sufficient to keep you energized if you are digesting the food. The digestive enzymes are the key. Drink plenty of water before and after meals. The excessive use of water before meals will help you to ingest smaller amounts of fat-laden food and will give you a sense of fullness.

This Awareness indicates that soups can be good in this regard also. The more watery soup is preferred over the heavy creamy soup. This Awareness indicates that you do not want to deprive yourself of too many calories. If you have at least 2,000 calories daily, up to 2500 or even 3,000 calories, you can still probably maintain a weight-loss program without feeling deprived, without slowly down the metabolism, if you use the proper enzymes to go with those meals.

This Awareness indicates if you deprive yourself of calories to the point of 1100 or 1500 calories per day, your metabolism will begin to slow down so that it doesn't burn the calories very quickly, and your entire weight-loss activity will diminish so that your reduced calorie intake will have no value in terms of weight loss.

This Awareness indicates that this reading is more of a general guideline for an obese person. It is not intended as a specific prescription for any specific individual. Individuals may vary, and if individuals have other health problems, this can contribute as a factor also. This Awareness suggests therefore, that individuals should consider discussing with their doctor any change in eating habits before participating in any major change.

FOLLOW-UP QUESTION (AVATON):

Was that last statement just a disclaimer? I read that the AMA put out information that most of the doctors know absolutely little or nothing about nutrition and aren't taught nutrition in their schooling...

COSMIC AWARENESS:

This is in the affirmative. This Awareness indicates however, that because neither the Interpreter, nor this Awareness is a licensed nutritionist, they are not permitted to give nutrition prescription to any individual.

WHY NASA WITHHOLDS MARS PHOTOS

(More on that Face on Mars)

QUESTION:

A question from Joe Alexander, in Pueblo, Colorado. "It's just been reported on the news that radio contact

was lost with the Mars Observer unmarked space craft just before it was to go into orbit around Mars, and contact has not been regained, and it is assumed that the craft and its mission are now lost, over nine hundred million dollars down the drain.

"My question is: Does NASA want to keep all of the data the Mars Observer sent back secret, and if so, are they telling us that radio contact was lost so that people will not be asking to know what the Mars Observer has discovered?"

COSMIC AWARENESS:

This Awareness indicates that there appears there is some evidence or truth to this evaluation. It appears that there were certain pictures taken and these pictures were of the face on Mars and the pictures were much more clear than had been anticipated. This also having been published in a tabloid in recent weeks, showing the face on Mars in a much clearer way than ever before.

Because it became so clear, it evidenced the historic presence of a life-form on Mars at some time in its past, which could have shaken the foundation of science and religious teachings. Therefore, the pictures were not intended to have been released, even though they were released and printed in the tabloid.

The space craft was to have been indicated as having shut-down and information unavailable from it in order to avoid responding to the great attention expected when the craft approached Mars and particularly the face on Mars that has been sought by Professor Hoagland in his efforts to get NASA to photograph more closely the face on Mars.

This Awareness indicates that this being that which is set in an area that has been reflective of a pattern that is presumed by some to be a man-made city or set of monoliths on Mars. This Awareness indicates that by claiming to have lost contact with the satellite, the NASA reports can be withheld from the public for their own viewing and they can, if deciding later to release the reports, they can then claim that the satellite began emitting contact photos again with NASA and they can then release further information.

This way they have the option, of withholding or later presenting the information that has been currently withheld. This Awareness indicates the fact that a picture was inadvertently released to the tabloid is somewhat damaging to the NASA story, but at the same time, they can always say: "Well, you know how these tabloids are. They'll make up anything." They can argue even that the picture was simply a clay mock-up that was photographed.

FOLLOW-UP QUESTION:

With all the space stations around the world and the technology, is NASA the only source that can receive data from this satellite?

COSMIC AWARENESS:

This Awareness indicates that depending on what code or channel or frequency is used, they can scramble or confuse the coding or information so that only they can receive it, or they can leave it open to the public, but that is not what they generally do. They usually have a kind of descrambler to allow them to pick up the messages from their computerized satellites.

AVATON:

The tabloid, the *Weekly World News* is notorious for computerizing photographs into something that they're

not. Like they can take a cloud formation and make it appear that a satanic face comes out of it, et cetera.

COSMIC AWARENESS:

This is in the affirmative.

AVATON:

Or they can show a photograph of James Dean and Marilyn Monroe riding on a motorcycle that they've taken from separate photos and computerized it. How certain is Awareness that the tabloid didn't use computerization on this Mars photo?

COSMIC AWARENESS:

This Awareness indicates that it appears that this is a genuine photo that was smuggled from NASA by an employee and released to the magazine. This Awareness cannot do more than indicate *Its* observation. It appears that this is on a scale of one to ten, approximately 8 in terms of probability, if that is the kind of measurement you seek.

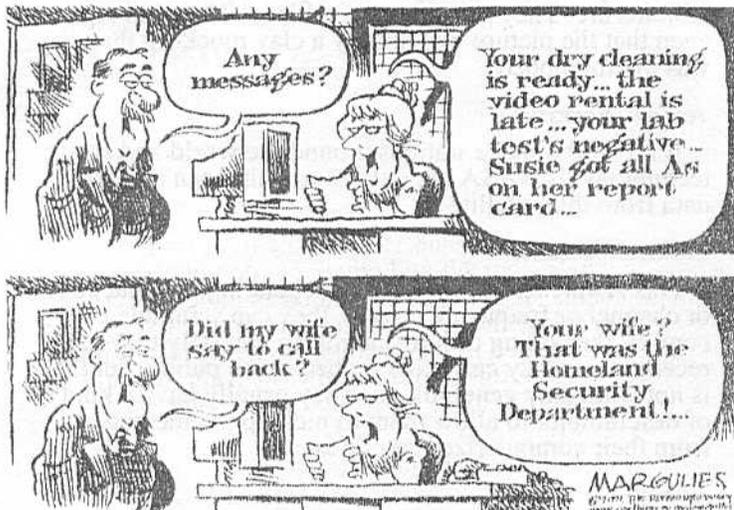
FROM THE COSMIC LAWS OF COSMIC AWARENESS:

THE LAW OF UNITY

The Law of Unity is that Law which recognizes no separateness, which ignores the appearance and seemingness of separateness in the apparent divisions of polarities, gender, cause and effects, the part and the whole, the one and the many; but realizing these each as integrated parts of the total picture.

The Law of Unity identifies with the overall viewpoint and sees neither night nor day, but the night/day process; neither right nor wrong, but the right/wrong process; neither the pleasure nor the pain, but the pleasure/pain process; neither the one nor the all, but the At-One-Ment process of the All One Being, whose cells and souls work together even in the seemingness of division.

The Law of Unity acknowledges such division, but stresses the oneness of the parts. The Law of Unity sees loss and gain, life and death as nothing but the spinning wheel of fortune that is based on the Law of Change, which is itself a unified process known as the Law of Magic.



Latest tabloid photo at top. Digitalized photo at bottom

WILL FINGERPRINTS REVEAL YOU'RE GAY?

QUESTION:

There was an article in *Weekly World News* tabloid, I believe, that states "You can pick out Gays by their fingerprints." I'd like to read a little of this and ask Awareness if there's any truth at all to this. It says:

"You can find out if your friends, co-workers or loved ones are homosexuals in two seconds flat by comparing their left and right fingerprints!", a leading expert confirms. All you have to do is get the person to show you the tips of their index fingers or have them press them on an ink pad and transfer the prints to paper.

"You'll need a magnifying glass to compare prints from the person's left and right fingers. If the left print has more lines and ridges than the right, in all likelihood, your friend is Gay."

Does Awareness see any truth to that?

COSMIC AWARENESS:

This Awareness indicates that it does not appear that this is strongly verifiable. It appears there is approximately 60% accuracy. There tends to be some inclination as indicated. This Awareness indicates that this does not necessarily suggest that entities are born with inclinations toward homosexuality, for prints can change over a period of time as entities' attitudes and behavior undergoes change.

In other words, your prints as a child may change by the time you reach adulthood to some degree. These changes are not major, but there is some potential for change to occur as entities pass through various life experiences. This Awareness indicates it appears approximately 60% accurate as a way of determining one's homosexual or heterosexual preferences.

QUESTIONER'S COMMENT:

Yeah, later in the article it says "It is based on research that shows an unusually large percentage are left-handed and for reasons unknown have more ridges on left fingertips than right fingertips."

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Are Great Avatars Here on Earth Today?

(Do Many Use Mind Over Matter Like Jesus Did?)

(How to Manifest the Things You Need)

QUESTION:

A question from Scott Towner of New York City. He writes: "I think your newsletter is one of the best and I hope you keep up the good work. I have a newsletter that I put out myself that gives similar information as Cosmic Awareness although it doesn't give it the same way. Anyway, I would like to ask Awareness a question.

"It was obvious that Christ had mind over matter abilities as evidenced by him walking on water, rising from the dead et cetera, and he made it quite clear that he was here on a mission for the Creator. I always thought that there were others like him with all of the same abilities and powers, but had not only been here before him, but after as well. I think there are even some here today. I think that these self-aware avatars have not chosen to go public, as Christ did, but prefer to keep a low profile. Would Awareness please comment on this possibility of these great avatars being here on earth even today?"

COSMIC AWARENESS:

This Awareness indicates this is in the affirmative. This Awareness indicates that there are actually a considerable number of entities around the globe who in times past, present and in times future have or will have experienced and expressed certain recognition or realization of the ability for mind to influence matter.

Quantum Theory Scientists Moving In this Direction

This Awareness indicates that in fact, the entire cutting edge of science is now moving in that direction with the quantum theories of science. The idea of the quantum theory being that the mind of the observer affects the outcome and nature of the observed.

This Awareness indicates that when consciousness comes in contact with matter, it can influence the nature of that matter. Entities can prove this for themselves simply by using the technique given by this Awareness some years ago relating to the dissolving of clouds.

How to Dissolve a Cloud and Prove You Have Mind Over Matter

If you take a small cloud that is rather compact and well-defined and stare at that cloud intently for several minutes, until your vision starts to play tricks and create the feeling or appearance of that which is likened unto a negative of a photograph where white turns black and black turns white, and as you stare at that cloud for a continuing amount of time after this occurs, before letting your vision slip back into normalcy, you will find that the cloud has diminished, has become smaller.

Continual focusing on that cloud can totally dissolve it to where the cloud ceases to exist, even though other clouds in the same area have not changed at all. This Awareness indicates that this is the effect of mind on matter and can be proven by entities, especially those who have reasonably strong energies in their aura, who are filled with the energy of youth; these entities are especially good at this kind of cloud dissolving.

It requires both concentration and the energy of what might be termed youthful vigor. This Awareness indicates that this energy is also described as Odic Force or the Hunas refer to it as Diana. This Awareness indicates the Diana or Odic Force, or Auric Energy is built by a combination of sugar in the blood and oxygenation.

Therefore, deep breathing and enough blood-sugar, say, from having eaten a piece of fruit, or after having eaten, or just whatever blood-sugar is available, along

with deep breathing can strengthen the Auric Energy which an entity would use for this kind of concentration and focusing of energies.

This Awareness indicates the focusing of such energy, using concentration of the mind, requires a certain amount of discipline of the mind; thus the discipline, focus, and Auric Energy combine to dissolve a cloud that would otherwise remain if it were not affected by the mind of the observer.

This can be done by most entities, usually on the first effort, and if not on the first effort, then after a few efforts, it can be accomplished. This Awareness indicates that you may need to combine energies with another person if you have difficulty doing it the first time so that both of you concentrate on the same cloud.

This Awareness indicates that this can be a rudimentary lesson to show how the mind does indeed affect matter so that once this is recognized, you can go on to other areas and have mind over matter experiences in more meaningful ways. This Awareness indicates that sometimes, the use of what may be termed the Huna prayer is helpful, where you visualize that which you want to occur.

How to Use the Huna Prayer to Create "Magic"

Take three deep breaths and put that image of your request or prayer into a symbolic seed; wrap it in White Light, and in your breathing, take three deep breaths with each being deeper than the one before, and blow that seed out through your hands as they rise upwards above your head, creating a pathway and then the palms turning outward and upward, to allow the seed to fly into the heavens above, and silently, in your prayer state: "The prayer goes up, let the rains come down."

In this manner the seed that you plant in the heavens is then turned over to the Higher Forces to be manifested in your life within a reasonable time. You let go of the concern. You let go of the need to control it and when the Higher Forces deem it proper, the manifestation planted by your seed begins to sprout in your world, in your reality, and your prayer comes true.

It is important that your prayer be well-defined, clearly defined, so that you do not get muddled bits and pieces of it here and there, or in some distorted way. This Awareness suggests you start out with something that is meaningful to you, but something that is not an impossibility or near impossibility. As you practice this Huna prayer for manifesting things, gradually, over a period of time it will become more and more effective so that you have greater and greater success.

If Your Manifestation Doesn't Happen, Here's Why

This Awareness indicates that when a prayer or manifesting effort affects the lives of others, or detracts from their well-being, you may find some difficulties in creating the manifestation. It may simply not work, or it may work in a manner that does not benefit you or may even cause you considerable problems.

This Awareness indicates it should be used for those desires that help yourself and others but do not cause harm to others. This Awareness indicates in other words, it is best not to use the Huna prayer for competitive issues. It can be used in such competitive affairs, but it is best to avoid these for it does not always bring the right results when there is a use of magic to overcome competition with others.

This Awareness indicates that a more proper use in a competitive event would be to use the Huna prayer to reconcile the conflict between competitors, if that is possible. This Awareness indicates that of course, one

person in a competition cannot reconcile if the other does not have a willingness to do so as well.

Sometimes a karmic situation in which there is conflict simply has to be played out until both parties recognize their own loss or gain from the conflict. Even though others viewing the conflict may see that this could be resolved, it sometimes is not ever resolved properly and the conflict, because of the karmic intensities, continues until a resolution comes through one losing and the other gaining, or perhaps through both losing. Of course, the ideal solution would be for both entities on both sides of the conflict to win, but not all situations conclude with a win/win outcome.

This Awareness indicates that the various avatars or people who have these special powers of manifestation, or mind over matter, do not always see themselves as special or as having anything special to work with. They are sometimes quite simple and quite normal and humble people, but the questioner is correct: There are many such people, have been many such people, and will be many such people.

They do not always get great attention or publicity, and usually are quite humble and do not force themselves or push themselves or seek attention from others. They are unobtrusive.

Can Entities Create a Cloud and Rain?

FOLLOW-UP QUESTION:

In regards to dissolving clouds, could entities do the reverse of that? For example, on a clear day, concentrate on *creating* a cloud and perhaps the cloud getting darker and actually dropping some rain?

COSMIC AWARENESS:

This Awareness indicates this is indeed possible. It requires more concentration, however, to bring the atmosphere into the formation of a cloud. This is best done by staring at a spot and feeling energies rushing in to that spot as though that spot were a magnetic field in the sky. As you stare at that spot and feel your energies going toward it, you will notice it becoming lighter in appearance, and after some time you may find that there is a cloud there.

Your eyes again will go out of focus for a period of time while this is occurring because the concentration must come from the third eye, between the eyebrows, and as you focus between the eyebrows, toward that spot, the energies of the area surrounding, rushing in to that spot, you can feel this and you can see it psychically happening, but your eyes will tend to go out of focus, and you may not actually witness the cloud until after you have formed the cloud for some time. It may take several minutes of time before a cloud appears.

How to Artistically Create Creatures In Clouds

This Awareness indicates there is also a similar action wherein an entity can put arms and legs or feet or a head and eyes on a cloud to create creatures or animals from the clouds and this has been done by entities with good concentration. It is not something that is miraculous. It is simply a demonstration that the mind has power to influence matter. It is a good and relatively easy activity. It is harmless and fun. It is also very educational.

How to Use a Candle to Increase Your Concentration

It is difficult for many entities to concentrate in this manner, but it is also good practice. If entities would like to strengthen their power of concentration, one of the best meditative exercises is to light a candle and stare at the spot between the flame and the wick and continue to focus on that spot between the flame and the wick and when your mind goes off or you begin to think of something else, even while your eyes continue to stare,

you simply bring your mind back to the area between the wick and the flame and gradually your mind becomes capable of staying on that point along with the eyes, as the eyes remain focused.

It is much easier to focus the eyes on the spot than to keep the mind focused on the spot, but it is also important to keep the mind on the spot because that is what strengthens the power of concentration.

A Meditation to Train the Mind and Will Power to Work Together

This Awareness indicates there are other types of meditation that are used for training for other things besides concentration. For example, the focus of your attention on the mind as it wanders around from one thing to another can help you to gradually gain a kind of control or merging of your will and your mind so that a strengthening of mental will becomes possible.

Let the mind wander. You can hold the eyes focused or let the eyes wander too, if you prefer, but let the mind wander from one concept to another and simply watch where the mind goes.

By watching where the mind goes as it focuses or changes focus from one thing to another, you gradually begin to find the mind and your observer within coming into greater and greater unity so that while you look at this one thing, your mind may be a thousand miles away on some acquaintance or friend or someone from the past, and you simply change your attention to focus on that someone from the past and hold on that image until you notice that the mind is elsewhere, thinking about a vacation, about a trip or about some movie scene or something else, and then you turn your attention to totally focus on that.

Gradually, this kind of focusing and movement of mind and attention from one thing to another brings mind and attention together so that your mind becomes subject to your will and does not wander off like a mischievous child, always splitting from what you are trying to observe.

There is a tendency for the mind to be rebellious against one's will and this kind of meditation where you follow the mind totally so that if it runs off, you are right there with it, focusing on whatever it wishes to focus on, as though you were following some small child in a park; this kind of meditation is that which trains the will power and the mind to work together so that the mind becomes a tool of the will.

This Awareness indicates this is related closely to the transcendental meditation technique and is very effective also.

The Ritual Catholics Do Before a Sports Event

(Does Spouting "Hail Mary" Give Their Team the Edge?)

FOLLOW-UP QUESTION:

In reference to Awareness's statement about using the Kahuna prayer, for competitiveness, I was wondering if there's any edge given to these competitive sports players in Catholic schools, because they all seem to do a ritual before the game, sometimes kneeling, crossing themselves and in a silent minute, or they're saying "Hail Mary" or something to that effect.

They do this on the Notre Dame football games that are played on TV and Notre Dame this year has a pretty impressive record. Other Catholic schools that I've personally seen in competition in high school sports were sort of so-so, maybe 50%, but my basic question is: Like the powers in the Kahuna prayer, is there something other than placebo power in this ritual that these Catholics do before competing?

COSMIC AWARENESS:

This Awareness indicates that it is likened unto the asking of the question: "Does God favor those who pray to Him before battle?" This Awareness indicates that the effect is mostly in the mind of the one who prays. The entity feels more comforted and more calm for having prayed or expressed some ritual of a prayerful nature.

This Awareness indicates that were the entity not to have prayed or not to have expressed his ritual, he might think of it, realize that he has overlooked doing so in the midst of the battle, and become less confident because of it or may feel guilty because he has not prayed to his Lord and therefore, he may suffer from that sense of guilt or the loss of confidence from his omission.

Therefore, it can be a two-way thing. If he prays he saves himself from guilt and feelings of having omitted something important and that can be just as important as any special assistance he may assume will be given to him.

The Gods Don't Get Involved When Ego is Present

This Awareness indicates that actually, the Higher Forces do not let themselves be used in meaningless contests of an ego nature between humans, and that is what sports are. It is important in certain levels of human activity for entities to challenge one another, but the importance is only on an egotistical level and has nothing to do with cosmic matters and the gods do not get involved in helping one person have an inflated ego at the expense of another's ego.

Therefore, the prayers that entities give are mostly for their own gratification, for their own sense of self-confidence. They become more confident if they pray, thinking that their prayer has power, and therefore, they feel better about themselves before entering the game. But that is essentially nothing more than placebo or suggestion, for the energies of the prayer are not going to be affected by the Divine Spirit in regard to some ego contest.

This Awareness indicates there may be some rare instances where Divine Forces can lend assistance when the outcome of such a contest has repercussions that extend beyond ego, such as if entities are in a contest and the outcome will affect the well-being of many other people.

For example, a person in a contest with another to save the lives of other people: The Divine Forces may interfere or may influence the energies of such a contest in order to justify the balance of energies so that the people who need to be spared are spared.

Such a situation would be very rare, but it has on occasion occurred.

Can Ritual "Psyche Out" the Opposition?

(Some Psychological Edges in Competitive Sports)

FOLLOW-UP QUESTION:

Is it possible these rituals done before the sporting event help create a psychological advantage in that it might 'psyche-out' some of the players on the opposing team who might be superstitious or something like that, thinking they are invoking some Divine Force or God that's going to give them an edge?

Is there anything to that?

COSMIC AWARENESS:

This is in the affirmative; that if the entities of an opposing team all got down on their knees and had a loud and plaintive prayer that they would win, it could have an effect on some of the players on the other team, if they felt their opponents' prayers were being legitimately heard and expressed to a god that they too believed in.

This Awareness indicates that it is possible that psychological edges could be gained from such things, but also you may consider that it is also possible for one team to gain a psychological edge by painting their faces to make them look more frightening and some tribes of natives have used these techniques for a psychological edge.

This Awareness indicates that the psychological edges are not always enough. It is simply one more element of many in the contest. This Awareness indicates you could also pay someone who claims to be a witch capable of casting a spell for your team to win, and if you gave the entity a certain amount of money and told the rest of the team you had done so and they all agreed that "We really need a good spell to make us win!" then this too would create a psychological edge for this team.

They would feel that they had done something together that would give them a winning edge. This Awareness indicates that it may not be enough, but if they feel better, then perhaps there has been some gain in their performance level to help them win, and of course it is often said: "Every little bit helps," so the prayer, the ceremony or whatever, may be a little help, even if not enough, or it may be just enough help to give them the winning point.

This Awareness indicates if a team believed it was fated to win, that this was its destiny, and all of the members on the team believed so, it would have a very profound effect on the performance level of that team, much moreso than, for example, the team that believed it was fated to lose and there was no way it could win.

Therefore, these psychological edges can be very important in competitive events.

He's A Lighting Rod for Abuse: Continually Gets Mugged, Robbed and Cheated

(What is this Guy Doing Wrong?)

QUESTION:

A question from Judith Jones in New York City. She writes: "A friend I traveled with recently to Russia got robbed, mugged, pick pocketed, cheated and so forth, six times in Russia alone. He's a real lightning rod for abuse. He's always getting mugged in New York City and no one ever bothers me, and I go everywhere at every hour.

"This might be an interesting question for the readers, why some people are such mugger-bait while others are never bothered." Could Awareness expound on that?

COSMIC AWARENESS:

This Awareness indicates that there have been studies which indicate that the way an entity walks helps to determine in the mind of the attacker, whether to attack the entity or wait for someone else, and the thing that was most commonly noted was that people who walk with a seeming purpose, as though they know where they are going, and what they are doing, are usually left alone, and those who walk with a kind of stagger or uncertainty, where they are not sure of themselves or give that impression, are usually the ones who are chosen for mugging or attacks by those who lurk in the shadows.

FOLLOW-UP QUESTION:

Is that the only factor?

COSMIC AWARENESS:

This Awareness indicates that when a mugger is watching a person walk down the street, they do not have many ways of assessing the behavior of the person. They can only observe the person by the way the person walks and behaves. If the person of course is drunk, the person wobbles, the person appears weak. If the person stumbles, shuffles his feet, the person appears to be

weak. If the person looks confused, uncertain as to where he or she is going, the person appears to be weak.

The mugger does not want to attack someone who is strong, who might turn and fight back. They want to attack someone who will give in easily and quickly and therefore, they attack the person who appears to be weak. Of course they also do not wish to attack people who appear to have nothing of value, so this could be another factor. If the person appears to have something of value, then along with the weakness, the person would become a prime target.

Thus, the clothing, the appearance, the general look of a person and their apparent weakness would be reasons for a mugger to select a person as a target. Also, it would matter whether the person were walking on a well-lit street with other people or in a dark area where no one would be likely to interfere with the mugging or see the mugging take place.

This Awareness indicates that the place where a mugging occurs or might occur should be avoided by entities who are prone to being targeted for mugging. The entities should also walk briskly and should not put on too many indications of wealth, to make them attractive as a target. The big diamond ring, for example, or the sharp suit would indicate an entity who is carrying credit cards and a fat wallet and perhaps jewelry of considerable value.

This Awareness indicates that as entities avoid dark and shadowy places, walk with more of a purpose and look relatively solid in their self-confidence, and do not put on the appearance of being loaded with valuables, they diminish the elements of a mugging target and are safer.

This Awareness indicates a person who is frequently targeted for mugging who does not wish to carry weapons of a serious nature might consider carrying an umbrella and walk sharply with the umbrella being used as a kind of walking cane, or accoutrement in the event of rain, so that the mugger can see that: "This person has something he can strike me with. It does not look too dangerous, but who knows how the person will use it!" and it could serve as a kind of deterrent, perhaps not a great deterrent, but just enough to dissuade the mugger from doing his thing.

Using the White Light For Protection

FOLLOW-UP QUESTION:

How effective is the White Light if an entity pulls this down over him before taking a stroll through a big city? How effective is this as a protection against muggers?

COSMIC AWARENESS:

This Awareness indicates that this is very effective. That entities who wrap themselves in White Light create not only a spiritual energy field around themselves which does not allow the psyche of a mugger to get through to their subconscious and give back a sense or feeling that this person is dominatable (sic), that "I could dominate this person easily!"

It protects the entity from that kind of subconscious reading by a mugger and it also gives the entity a sense of confidence and protection so that when the entity walks down the street they appear more confident and capable. Thus, the mugger is discouraged on two levels: one by obvious appearance and one from the subconscious level of feeling that the entity is not available to dominate.

Using White Light Attracts Guardian Angels

This Awareness indicates, of course, there are also guardian angels that entities can call upon for protection, and when one wraps oneself with White Light, it

automatically tends to bring in these guardian angels closer, so as to add greater protection. These guardian angels can feed off of the White Light and strengthen their own energies to help protect one.

New York Beggar Projects Dignity and Wisdom (How Does He Do This?)

QUESTION (VIKKI):

I witnessed something in a street person in New York City. We were walking by this man set up on the street on the concrete, sitting on just a piece of cardboard, but there was some quality about this man as you walked by that was so strong, that he had a dignity and a sense of wisdom about him that was so strong, that I felt inclined to want to go over and engage him in conversation.

We didn't, but the question I have is: What was this, or how was this sent out in such a way that it was obvious without any outward signs on a physical level?

COSMIC AWARENESS:

This Awareness indicates that the entity P.D. Ouspensky speaks in his writing of a magnetic center; that entities build a magnetic center, and that this magnetic center helps to draw to them things that they are interested in.

How a Magnetic Center Works

It is what occurs within a person when one is walking along a street and has this strong inclination to enter a particular store and is led to a particular shelf where something that has been needed appears on a shelf before them. They do not know why they were led into the store or why they approached that shelf, but they see exactly what they want and need on the shelf, purchase it and go home and feel very happy from the experience.

Sometimes, they may not have even known why they were directed to go downtown, but the magnetic center within their being is that which draws them to that particular thing. This Awareness indicates that the strengthening of the magnetic center is part of the development of individuality. An individual becomes individualized because of certain focuses and directions in his or her life and these focuses and directions express themselves in the magnetic center that the entity develops over a period of time.

Thus, one entity may have a magnetic center that is focused on purchasing real estate and everything the entity does seems to lead him into one better purchase after another. Another may be focused on finding bargains in second-hand stores, and everything the entity does when he walks down the street is constantly drawn from one second-hand store to another, finding special bottles and things of great value to him.

Another entity may be focused in such a way as to find special cards, greeting cards or Valentine cards and such, and this entity's focus is such that he or she manages always to find just the right card for the person in mind, and this is a magnetic center development, and it helps to develop the individuality of the person.

This Awareness indicates that in regard to the person sitting on the street, the entity is independent in many ways and yet has a certain type of individuality that allows him to know his own worth, even without having any money of apparent value. He knows his own inner worth and sees other people passing by as potential people who could recognize his inner worth and as potential associates or friends, so he is capable of looking at them not as superiors, but as associates, if they wish to associate.

He is not afraid to talk, and when entities pass by, they do not sense that he is shy, nor do they sense that he is pushy, so they do not feel fearful of him, and because

they do not feel fearful of him being pushy, there is an inclination to find out more about this person since he is so vulnerable and open, sitting right there on the street, to be seen as a homeless person.

It makes one feel inclined to relate to this vulnerable person. The entity is not of course as vulnerable as he appears, because he knows who he is and what his inner being is, and he can open up and use or leave the area without any problem, and using the area as he is, allows him to be who he is and knowing he can leave the area allows him to still be who he is without feeling threatened or without feeling a need to protect his territory.

This Awareness indicates that this is part of the energy you felt from the entity. There also could have been some attention that the entity gave to you which you perceived to be respectful and not threatening or needy. Most people are afraid of those street people who appear too hungry and too needy, for fear that if they relate to them, they may never be able to get away from taking care of them, and most people do not want added dependents in their lives.

WORD: An Attentive Person Tends to be Very Noticeable

This entity did not appear to be a dependent, and indeed, appeared to be independent, capable of taking care of himself. This Awareness indicates there is also a thing about people who are attentive. The person who is very attentive, who focuses on something with great attention tends to be very noticeable and those who see someone who is very attentive to something or to someone else, tend to want to be acquainted with that.

There is a tendency to give greater attention to the person who is very attentive than to the person who is scattering energy everywhere. It has been noted that in watching gangs, they can tell who the leader of the gang is because the leader of the gang moves less, says less and gestures less than the rest of the gang.

Most people's energies are flashing around, throwing gestures here and there, laughing, making noise, speaking and continuing to toss energy everywhere, while the leader generally appears to be quite calm and still and rather quiet most of the time, speaking and acting only as is necessary.

This Awareness indicates this kind of attentiveness, where the attention of energy is given toward that which is important to the entity tends to cause others to have greater respect and to focus on that quality and attentiveness of the entity, so when you find yourself becoming attentive to someone who is a stranger, it is usually because that entity himself is attentive, and rather quiet in a certain sense with no excessive waste of energy.

FOLLOW-UP QUESTION (AVATON):

There was a real charisma about this man. He was a big black man with a beard, well-dressed, but yet he was acting out the role of the beggar, but you could feel something as you passed him, you were attracted to him for some reason. Is that what Awareness was saying in response to Vicki's question?

COSMIC AWARENESS:

This is in the affirmative. The fact that the entity was relatively attentive to what was happening around him without trying to draw attention to himself, made him more noticeable, and he was emanating a certain degree of personal energy. You could sense that he had energy of his own. He just was not wasting it and throwing it around recklessly, as might occur with some people, nor was he trying to get the attention of others in the sense of pestering them or trying to go overboard in influencing them to notice him.

This Awareness indicates that this kind of quietness often draws a respectful attention, whereas a pest on the street often draws hostility and causes entities to want to cross the street to get away and entities will not be attracted. They will in fact attempt to avoid the entity.

The Importance of Avoiding small Talk (Unusual things Draw Attention)

FOLLOW-UP (VIKKI):

The casual expenditure of energy brought up a similar casual expenditure of words. There was a discussion of a kind of a discipline where you don't make small talk, you don't say anything that's not important to say and that has meaning and is true; the point being that you make your word true and you stay true to your word and you don't say anything that is not important on that level, and this was supposed to give people strength, a self-discipline and a strength, so that when they did say something, their word carried a great deal of weight and energy. Could Awareness comment on that?

COSMIC AWARENESS:

This Awareness indicates that this is true. If you have a room full of people who continuously talk, and you have one person who never says a word, and after these entities have talked for several hours, all of a sudden, they notice that the entity who never speaks is about to speak. There is something very significant that happens. They see it is significant. A non-speaker is about to speak. Is it any more important that this entity speaks than it is that the others have been speaking? Why should all of these people who have been speaking stop what they are saying to look at this entity who has not spoken yet?

This Awareness indicates it is because of the extreme contrast between what has been happening and what is about to happen. Contrast draws attention and makes things appear more significant through the comparison. You have 20 people speaking and one person who doesn't speak, and then suddenly, the one person is about to speak.

There is something unusual happening. Unusual things draw attention. They become significant. Then, when the person speaks, the words may be simply: "It is time to wait!" or some other foolish statement, but everyone will look at those words as though they were more important than the tens of thousands of words that have been spoken in the last two hours and they will try to find some significant meaning out of those few words: "It is time to wait!"

This Awareness indicates that the reason is because the entity has done something, has said something unusual. It has been unusual because the entity did not normally speak and when he did speak, the words were strange and unclear and unusual, and therefore, entities try to put more weight on the words than they deserve.

It could be the entity was simply retarded and does not know what to say in a crowd, and the entity in saying: "It is time to wait!" may have simply been thinking about something else, such as perhaps, he wants an ice cream cone, but he can't leave because everybody's there and he doesn't want to disrupt everything, so he says to himself: "It is time to wait!" In other words, he is saying: "I must be patient!"

But because the words are unusual, everyone wants to attribute something significant to these words. This Awareness indicates there are often times when the silent person, the person of few words, gets greater credence for what he does say than what is actually deserved.

How One Good Sentence Can be Long Remembered

This Awareness indicates indeed, fewer words are more significant than massive words, but the important thing is the ability to communicate and if it takes ten sentences to communicate a concept where one word or one sentence would communicate the concept just as well, then you should use the one word or one sentence, but if one word or one sentence cannot fully communicate the concept as is necessary, then it is important to use the ten sentences.

This Awareness indicates that sometimes a little thought going in to the ten sentences can narrow down all of those extra words into one good pithy sentence, and the sentence will be remembered far longer than the ten sentences or what the ten sentences were trying to say.

The Fewer the Words the Greater the Power of Those Words

This is the way whereby slogans and sayings and famous quotes have come about, wherein entities down through years afterwards will give a quote based on some pithy sentence that seemed to be valuable: "Out of sight, out of mind!" has been stated over and over and over, as a kind of pithy sentence that means something important. One could also have stated the same thing in two paragraphs or 20 sentences or 50 pages, or an entire book, but by putting it into one sentence, it gets repeated by people over and over, down through the ages. This Awareness indicates it is not necessarily correct, but it sounds good! "Out of sight, out of mind" is true sometimes, but what about: "Absence makes the heart grow fonder?"

This Awareness indicates there again you have one pithy sentence. It contradicts the "Out of sight, out of mind!" concept. It says that "Absence makes the heart grow fonder!" Thus, these statements need not necessarily be true to be repeated. They only need to be pithy, short and sweet and to the point.

This Awareness indicates in this sense, the fewer the words, the greater the power of those words, whether they are right or wrong.

OSCAR WILDE & DR. SAMUEL JOHNSON

(They Had Entities Writing Down Every Word They Spoke!)

FOLLOW-UP (AVATON)

How about people like Oscar Wilde, and Dr. Samuel Johnson, where it seems like almost every sentence they uttered was along this line and got written down for posterity. In fact, Dr. Johnson had an acquaintance or a servant, named Boswell, who got famous by just writing down the statements of Dr. Johnson, to which this day are still being read in colleges and in other places. Is this a special gift, or why are certain entities able to do that?

COSMIC AWARENESS:

This Awareness indicates the entities have made a point of probing thoughts more deeply than just rattling things off the top of their head, trying to get their thoughts out by talking all around a topic. There are many people who don't quite know what they want to say when they start talking about something, so they keep talking until they get it out. They eventually get it out.

It is likened unto the probe that flies around in circles, eventually getting to the target, to the prey it seeks. Many people go around and around and around, until they finally find some words that convey their message, and this is a kind of lazy way to do it because it takes so much energy from others who have to listen as you circle around and around and around the heart of your statement.

Other people, more like an archer, focus on the heart of their message, and then, once they've seen the message clearly, know exactly what they want to say, find the proper words for saying it in the clearest way possible. It is just a matter of different ways of expressing.

Johnny Carson's Spontaneous One-Liners

(How Does He Knock These Out totally Unrehearsed?)

FOLLOW-UP (AVATON):

These people seem to see a situation so perceptively that they can make a statement in one or two sentences. Johnny Carson has a similar type of thing where he can, off the top of his head, pull off these one-liners, totally unrehearsed, time after time after time. Is this ability basically learned, or is this a way he has specially trained his mind?

COSMIC AWARENESS:

This Awareness indicates it is learned, but not always consciously. Sometimes an entity learns this because they are not given opportunities to speak on their first inclination. Sometimes they are told to be quiet and they are quiet until they see things so clearly that they know exactly what the problem is and then they speak out with very precise and clearly defined terms, and this, as a child, helps to develop them for later expression so that even without their consciously making an effort to develop these qualities over a lifetime or many years of experience and certain kinds of restrictions, they are trained by circumstance to think this way.

This Awareness indicates that other children may be given complete freedom to speak, express themselves whenever and however they want in a room full of people within their family so that they never really have to think much about "What do I really want to say?" and these children may grow up using many words, being good salesmen, being able to talk all about their product, expressing it, explaining it from all kinds of levels with all kinds of stories and examples, and the person, when you leave, you feel you have been talked to death, you have had your ear talked off, and you feel relieved to have some silence, but at the same time, you are filled with the information the entity wanted to give.

You may, however, not be able to remember very much because you had so much given that you simply could not retain any pithy slogans or qualities or special remarks.

A Nightmare Stopped Him From Writing the Newspaper About an Alien Invasion

QUESTION:

Jack Manuel, of Paramus, New Jersey, has a question: "Almost a year ago, when I read issue # 371 of *Revelations of Awareness*, which tells about the soon coming fake alien invasion and fake rapture and the great deception, I decided to write a letter to the editor of our local newspaper, which has one quarter million circulation, about that subject.

"However, I did not, because that same night while sleeping, I had a unique nightmare experience. I could distinguish a couple of Caucasian type male figures telling me forcibly not to write about it. Those types were not kidding. They were very stern and angry and they looked like government agents.

"When I woke up in the morning, I had the memory of what I had been through and kept telling myself: "Okay, I will not write it. I will not write it!" My question to Awareness is: Was I really having a confrontation with the government agents in the so-called astral realm, or was the whole affair the result of my own imagination and my subconscious mind playing tricks on me?"

COSMIC AWARENESS:

This Awareness indicates that this appears to be a clear warning from your subconscious mind at the time to avoid that experience. The so-called "dream agents" were part of the warning. They were not actually government agents, but they were a part of the warning and it was clear and meaningful, and a good warning not for you to expose yourself at this time.

This Awareness indicates that the message would not likely have been printed and if it had been printed, there would have been some repercussions to you, and also, it would not have been accepted in the manner that you would wish. It would have been perceived as something from some kooky person.

The message, without sufficient background, would appear on the surface to be quite insane, but those who might understand and know about these things would take down your name and you could very easily then be put into a category to be watched.

This Awareness indicates that therefore, the subconscious, in a dream-state suggested you avoid sending the letter. This Awareness indicates there may be a time when a letter like this would be very important. If the fake invasion becomes imminent and starts to occur, it would be good for many entities together to share their feelings and express that they believe the invasion to be fake.

It would have to be a quick action, and then to stop, for once the invasion has been effected and the official government story has been presented, anyone who then goes counter to the official government story would be seen as trouble-makers and these entities would be marked as future problems, or put on a list.

Writing Letters to Editors is a Matter of Timing

This Awareness indicates that in other words, the problem with the writing of letters is a matter of timing. Too soon and your letter won't be printed or won't be taken seriously as no one takes alien invasions seriously at this time. Too late and you might be seen as defying government official stories and put on a list of trouble-makers.

The exact timing would have to occur just before the government comes out with its official version and yet, after some indication of alien presence is officially recognized.

This Awareness suggests the Interpreter be brought from trance.

Thank you. (The Law of Gratitude is given)

WISDOM OF AWARENESS:

MEDITATING ON PEACE

This Awareness suggests that entities meditate on peace; that entities visualize peace; that entities think in terms of chaotic potentials as diminishing, as moving away, toward peaceful settlement; that entities communicate their desires for peaceful settlement; and in this way the mass mind shall have its influence from its parts and that influence toward peace may overbalance the influence of other parts seeking war.

(From Issue 80-7)

Prayer for Balance
 Start your day and end your day by saying the following aloud:
I AM ONE WITH ALL THAT IS!
Thank you God

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THE BRAZILIAN SPIRIT RELIGION (Do Spirits Really Take Over the Dancers?)

QUESTION:

A question from JD in New York. She writes: "In the Brazilian Spirit Religion, which originated in Africa, participants sing, dance and frequently enter a trance-like state in which they become "taken over" by one of the distinct recognizable spirits. Is this actually what happens? If so, who or what are these spirits? What is their origin? How and why do they take over the dancers? And is this harmful to those who are temporarily possessed? And is it beneficial, and if so, how?"

There's a lot of questions here, but I can go back and ask them again.

COSMIC AWARENESS:

This Awareness indicates that these entities create in their imagination certain spirit entities that may or may not have any substance in reality, and they may be ancestral spirits, or they may be simply imaginary spirits such as was described in the experiment known as "Conjuring Up Phillip," wherein entities created different qualities for a hypothetical being which they called Phillip.

This Awareness indicates that it doesn't matter whether the entity is real or not. What occurs in the dancing is that as the entities begin to dance, certain inner movements begin to occur repeatedly so that the entity no longer needs to consciously think about the dancing. At some point, the conscious mind simply stops thinking about the dancing and the repeated action is taken over by the subconscious and it becomes an automatic action, in just the same way that walking on a hike becomes automatic without having to consciously think about walking.

This Awareness indicates that in the dance, the entity simply continues making certain movements in a rhythmic pattern. The rhythm becomes the controlling factor. If there is music or sound or rhythm occurring, this rhythm keeps the body moving, moves the body through the rhythm's effect on the subconscious. The impression that an entity will have is that they are no longer in control of the dance; that the dance is controlling them, and they will assume it is the spirit that they have sought to contact, which is dancing *them*.

This Awareness indicates it is a way whereby they can let go of control of themselves in a safe way for a period of time and in letting go of themselves, the body tends to move subconsciously in such a way as to loosen the tensions, loosen the stiff areas and bring about a release from certain tight, tense or stiff muscular areas of the body.

As these tensions are released, a healing occurs for the entity because much of the illness that entities suffer is due to stress and tension and when the body begins to dance itself and the conscious mind lets go, then the body can move with the subconscious to the point wherein all of those stiff tensed areas move around until they are released and relaxed.

It can be very beneficial for entities. It does not usually have anything to do with actual spirits inhabiting the body, although it can easily be interpreted that way since the conscious mind does not feel it has control of the body. It feels as though it is being danced by something else.

This Awareness indicates of course it is possible for entities to be possessed by a spirit, but this is rather rare,

even with the Brazilians, who open themselves up and remove the conscious sensor part of their consciousness.

THE PURIFYING GRACE FROM GOD (Subud, Quakers and Speaking in Tongues)

QUESTION:

A question from Garret Kemler, of Philadelphia. He asks: "Awareness, is it true that the force that was at work at the Pentecost in the Bible, speaking in tongues, et cetera, was a purifying "Grace" from God? Also, that this force was at work in some of the early Quakers? That this is the same force that is present in the Latihan of Subud members today?"

"If all of the above is true, can Awareness comment on the validity of the statement that Grace is the fastest means to spiritual growth relative to the above comments?"

COSMIC AWARENESS:

This Awareness indicates that the Subud Latihan as that which is very similar to that which this Awareness spoke of in the previous question, wherein the subconscious mind sets aside its control and allows the subconscious to move the body, to take control of the body through certain rhythmic patterns of movement.

This Awareness indicates that it is very similar to that which occurred at the Pentecost and also to the actions promoted by the Quakers. This Awareness indicates that the Quakers' meetings used to, and in some cases still do encourage entities to be silent until they are moved by an inner voice to speak.

In other words, it is encouraged that the mind of the entity not think of what he or she is going to say, but rather just be silent and be open and receptive to the spirit moving the entity, to move the entity to speak at the meeting. This was the way Quaker meetings were originally intended to occur, wherein Spirit would move the entities to speak and not that entities would think about what they were going to say to the others at the meeting.

This Awareness indicates that when the conscious mind is set aside temporarily and the spirit is encouraged to take over, depending on what kind of spirit is being encouraged, the entities expect a Divine Spirit to speak. This Awareness indicates that some churches find this dangerous. They would say "You must not let anything take over! You must not even meditate, for you do not know what will come through! The devil may speak through you, may enter into your being!" and they discourage entities from meditating or from being open to movement from the spirit.

The Subud Latihan

This Awareness indicates that in Subud, the person who is a seeker, who wants to join, is encouraged to come to the meetings but they are not allowed in. Usually they are kept outside the door for several weeks until finally they are allowed to come into the meeting, and then the Latihan encourages them to stand and simply observe themselves, and when they find themselves moving, to observe the movement, and allow this movement to continue; and in this way, before long they are moving and dancing without ever having chosen to move or dance or consciously deciding or thinking about how they are to move or dance.

In other words, it is opening up to allow the spirit to move them. This Awareness indicates these entities too are intending for the spirit to be that which is of a high Divine Nature, not some demonic possessing spirit. This Awareness indicates what you encourage or intend generally follows according to the intentions.

If an entity were to intend to be possessed by a demonic spirit, they could very easily draw in a negative spirit in the same way using similar methods. It would be very dangerous for entities to engage in such an action, because they could lose control of themselves to such a negative spirit, but as long as the intention is to be touched by the higher more Divine Spirit, then there is little danger in this kind of activity, especially when there is good supervision from experienced spiritual guides or teachers.

This Awareness indicates that if this did not clearly answer the question that the question should be repeated.

All About Receiving Grace From the Divine

QUESTIONER:

He was asking if all of these various things was, as the Bible claims, a purifying Grace from God?

COSMIC AWARENESS:

This Awareness indicates the entity also asked in reference to an assertion that Grace was the highest movement of spiritual growth. This Awareness indicates that Grace comes from God as a kind of gift. It is not something that entities can manufacture or cause on their own. The only thing entities can do to encourage Grace is to be remorseful for any errors they have committed and to be devoted to the Divine Energies of God.

This Awareness indicates that the rest is up to God as to whether God would give Grace. This Awareness indicates that the action of what this Awareness calls alchemy is an action of changing consciousness, and this is said to be the quickest route to spiritual growth, wherein you change your consciousness from one pattern of thinking or being to another.

This Awareness indicates that in the changing of consciousness, one of the most important actions that entities can take to move spiritually is to surrender self to the Divine. This is an action that is used in the Christian Salvation techniques. It is also suggested that entities in surrendering themselves to the Divine, give up their ego, give up their self-glory, give up their personal prestige, just to be One with the Divine, and this action moves entities very rapidly, very quickly in their spiritual growth.

Rituals are Also Designed to Change Consciousness

This Awareness indicates that rituals also are designed to change consciousness. An entity moves through a certain ritual and the activity of a certain ritual gives the subconscious a sense of having done something to make a change, and the change becomes more real to the subconscious because of the ritual.

An entity can change his or her attitude, his or her mind, his or her opinion, and there is that slight change in thinking, but this is not nearly as effective as the total change that comes from an action which incorporates not only the conscious mind, but also the subconscious, such as comes about when ritual is engaged in a movement to change consciousness.

Adding a Physical Action Impresses the Subconscious

Thus, when one seeks to surrender self to the Divine through a certain ritual, or using a certain ritual such as falling to one's knees, this is much more effective than simply mouthing the words: "I give my self to you, oh Lord!" This Awareness indicates that the action of going to one's knees becomes a physical action which the subconscious can embrace and understand and recognize as something of significance, whereas the subconscious does not consider words spoken as being absolutely meaningful, because entities speak so many

words that have no meaning or are easily dismissed ten minutes later.

This Awareness indicates the subconscious knows that when an entity utters words without solemn ritual or some kind of physical grounding, that these words may be of little value, full of sound and fury signifying nothing. This Awareness indicates that when an entity states words and makes those words seem more meaningful through some physical action, which is the basis of ritual, then the words take on a meaning for the subconscious and the meaning is taken more seriously by the subconscious, and the subconscious will change its energies and the meaning becomes real.

This Awareness indicates that this is the nature of alchemy: to change consciousness and to make something else a reality so that one is not simply mouthing words that mean nothing.

The Importance of "Grounding" With a Physical Action

This Awareness indicates that when one surrenders self and grounds it with physical action, and particularly when that physical action is accompanied by some kind of emotion, wherein there is sense data, such as sight, sound and touch, and there is emotion involved, and it is grounded through an action such as going to one's knees or holding one's hands in a certain position, or as one entity used to do: snap his fingers after his prayer was uttered; a kind of physical grounding, an emotional baptism of the concept, and the sight, sound, touch, or taste that can be employed in a ritual; all of these things can cause the subconscious to recognize that something real occurred to make the change in consciousness, the change in opinion, the change in spiritual meaning and value to become a reality.

This Awareness indicates that when an entity goes through such a ritual and says, "I am now on the path of spiritual growth," and a ritual has been employed to reinforce that statement, it becomes much more meaningful because the subconscious has also joined with the conscious statement to make it so.

Why the Awareness Development Classes are Important

This Awareness indicates that this is why the Awareness Development Classes are so important to entities who want to truly progress spiritually. Words and written messages can help to enhance an entity's understanding, but there is more to the spiritual growth or to speeding up spiritual growth than written or spoken words alone.

The rituals and the activity employed, as given by this Awareness in these Spiritual Development Classes requires a combination of music, candles, various types of paraphernalia as symbolic things; certain movements and actions; anything from walking in circles together to holding hands, closing a circle, or use of mirrors, use of flowers, the various types of symbolism and visualization which are employed in the different Classes; all of these things are employed in a particular way to help move the entity through a series of 12 Classes that bring the spiritual energy up through the chakras, opening each chakra unto the Crown Chakra, and allowing the entity to grasp through realization and suggestion the various levels of existence in different planes of existence, through the Bardos, and also through the realms of limbo and into the Land of a Thousand Rainbows where Essence and the Stairway to the Eternal lead entities into those Higher Levels of Spiritual Development.

This Awareness indicates that these are activities that cannot be conveyed in words. Thus, when entities say "Could Awareness give us the Development Classes? Our mailing address is such and such..." it cannot be

sent to you through the mail. It is something that is a participation, an experience that cannot be read.

There *is* information read to you during the classes, and there are many other types of activities and behaviors, but essentially it is an experience which draws from your imagination, which uses your imagination, which uses sound, music and various tools as symbolic instruments: the cup, the glass, the chalice, the mirror, the sword; all of which are part of the total gestalt of the movement of the soul through symbolic levels so that the subconscious actually experiences these events as reality.

When one goes through these classes, it is as though they have moved through an adventure and discovery, and it is as real as if they actually had been to limbo, or to the Land of A Thousand Rainbows or had experienced the crucifixion or other areas as described through the various Bardos and through the various regions as described.

This Awareness indicates the subconscious cannot distinguish between reality and imagination, when the imagination is properly fed details and imagery. Thus, the imagination will believe itself as having experienced these journeys into these various realms.

This Awareness indicates that entities wishing to find out more about the Awareness Development Classes can contact Neil Hale in Ohio, who has taken over from Tom McQuay as National Coordinator for the Development Classes, or they can contact the Interpreter at the Aquarian Church for other information regarding the Development Classes.*

*CAC keeps its members informed when Development Classes are forming. For a long time the only ongoing classes are in Tucson, Arizona, conducted by Rev. Robert Hanzel.

"Speaking In Tongues"—What's Going On?

QUESTION:

Awareness, in regard to speaking in tongues, I heard an entity do this one time and it sounded to me like pure gibberish and nonsense, but that was just my opinion. If indeed entities doing this, for example, if it was tape-recorded and maybe the tape slowed down or played backward or analyzed by linguists, would there indeed be found a spiritual message or a spiritual language or something of that nature in what they were spouting?

COSMIC AWARENESS:

This Awareness indicates that it depends on the genuineness of the experience for there is much hypocrisy that occurs in some of these actions. This Awareness indicates that there have been many who have witnessed the apparent speaking in tongues, who realized that the person speaking was speaking a kind of broken Spanish, as though they didn't really know the Spanish language that well, but knew enough about it to think it.

Those Who Spoke In the Angelic Tongue In Ancient Times

There have been also instances in which the entity would speak in a language that is archaic. There is that which is known as the Angelic Tongue. It is not taught. It is not really known, but in ancient times, there were those who spoke in the Angelic Tongue and some of the writings are known by a few and there have been reports that some entities speaking in tongues were actually speaking this Angelic Language.

Therefore, there *are* some instances wherein this is genuine. This Awareness indicates, however, for the most part, the action of speaking in tongues in today's churches is more for show; an effort to fit in with the religious belief and to demonstrate a religious superior-

ity of being able to speak in tongues. If an entity can speak in tongues at a religious meeting, it generally implies that they are very spiritual in representing their particular religion, and therefore, entities feel the urge to try, and this can be a phony or false effort or false demonstration of speaking in tongues.

The spirit is not actually moving these entities in this case. It is simply a desire, an emotion pushing the entity to give it a try and these are not genuine.

From What Levels do Quakers Contact?

FOLLOW-UP QUESTION:

In regard to the Quakers, when they sit in their meetings in silence, isn't it often that these entities are conscious channels to their High Self or to Awareness, and when they speak that they are speaking from that level?

COSMIC AWARENESS:

This is the intent. This Awareness indicates that the nature of man is to try to fit in with the group, to try to impress them if possible. Therefore, there will always be some who are not genuinely moved by the Spirit, but who are seeking to show others that they are very spiritual and also are attuned to the Spirit, and these entities will attempt to give that impression.

They will speak, they will voice some kind of message which they hope and attempt to make appear to be from a Divine Source. This Awareness indicates usually entities who are truly attuned to Divine Spirit can sense the fakery and fraudulent efforts of such entities, even if the entities themselves believe they are doing a great job of showing how spiritual they are.

This Awareness indicates it is very easy to spot an ego in action in trying to fake spiritual spontaneity.

FOLLOW-UP QUESTION:

Wouldn't it be more effective if a question was presented to these entities before they went into their silence, and then they asked the Divine or the Spirit to provide the answer, and then when they get it they would speak it?

COSMIC AWARENESS:

This Awareness indicates this would be meaningful if they had questions to ask. It would also be beneficial to present a topic for entities to meditate on and to discuss from Divine Attunement. This Awareness indicates that in general, however, the Quakers tended to leave the topic of discussion open to the Spirit as well as the discussion the Spirit might give.

High Weirdness From Subud

QUESTION:

Another question from Garrett Kemler. He writes: "The man who founded the spiritual group Subud was once asked about the existence of beings living in other parts of the universe. He said that there were beings that would appear to us to have their heads between their legs. I think they do or did live on Venus.

"On Neptune (he said) there were what appeared to be huge red clouds that were a type of being. Also, he once said that one of his granddaughters had lived on the moon in a previous life, but not as a human being.

"Does Awareness see these statements as true, and if so, can some detail be added?"

COSMIC AWARENESS:

This Awareness does not see this. It appears the entity was speaking more in terms of symbolic generality that did not carry a detailed reflection of truth. The entity appears to have simply been having fun with the answer and did not intend for the answer to be taken literally, but did intend only to suggest that there are other

entities living in other places that might not have similar forms.

It was as though he was saying, "Clouds are entities. Anything having energy is an entity, and there are many entities having many different forms on various planets, and even the moon." This Awareness indicates that it can be said that all energies have intelligence and all intelligence are entities.

Therefore, all energy is an entity, and when there is energy swamps or pockets of energy, these are entities with a certain amount of intelligence.

This Awareness indicates the entity was answering a question in such a way to convey that kind of meaning. He was simply having fun in his response. This Awareness indicates this appears to be the entity Pak Subuh.

Is the Fatima Secret Prophecy About Aliens?

QUESTION:

Another question from Garrett. He asks, "Awareness, is it true that part of the unrevealed Fatima secret is about the aliens?"

COSMIC AWARENESS:

This is in the affirmative.

QUESTIONER:

Does it concern alien information Awareness has already given; does it concern information on aliens that has not been given?

COSMIC AWARENESS:

This Awareness indicates that this appears to relate to a warning of alien invasion, or influence in human affairs. It appears that this prophecy warned of alien intrusion in the affairs of humans, and that the prophecy has not become as manifest as it was seen at the time of the prophecy.

In other words, the invasion and intrusion has not yet become manifest on earth. It may not become manifest to the degree of its prophesied outcome.

Allens Losing their Hostility and are Now Integrating

This Awareness refers to those negative aliens and also wishes to mention that even some of the negative aliens have reached a point where they recognize their dreams of total conquest have little chance of success and therefore, they are more willing to consider behaving in such a way as to become integrated with human values rather than hostile in their expression and relationship with humans.

Time to "Do Something" by Those Involved in the Awareness Movement

(Awareness Explains How the Awareness Energies Work)

QUESTION:

A question from Dr. Henry Smialek, in Wisconsin. Actually, there's more than one question. I'll read what he says here. "I seem to 'feel' that I worked with Paul Shockley in the cobra venom mummy project in Egypt. Could you ask Awareness about this period and ask for further information on how the CAC/Aquarian Church members, Ministers of Awareness too have regrouped now to do 'something' important in this millennium period?"

"The cosmic kaleidoscope is turning and facets have fallen together in this time for some specific purpose. I feel it. Please ask Awareness for additional guidance on how the membership can help more to do the job of high order which we came back here for.

"As a Minister of Awareness I feel that it *has* been time for a call to go out in higher resonance. Not the call to arms, but the call to Awareness!"

COSMIC AWARENESS:

This Awareness indicates that the actions for which these entities have come together have been occurring from the beginning of this Awareness's entry onto this plane in the times from 1963 up to the present. There have been some things happening that are not obvious even to the membership, and to those who read the material.

The Greatest Value of the Awareness Movement

This Awareness indicates the material itself is not the full purpose of this organization or of this Awareness. The material has meaning and value to many entities in a limited sense, but the higher value, the greater value is the opening of the channel for this Awareness to send forth vibration onto this plane.

It is a way in which energies from the higher levels of Cosmic Consciousness can be funneled through the Interpreter, through the organization, through the material, through the membership, out into society and onto the earth plane. This Awareness indicates if you could see this energy, if you could see this higher frequency that comes through, you would realize that it has spread throughout the world, even into areas where this Awareness's messages have not reached.

An Unprecedented Growth of Consciousness on This Plane

The energies have spread and are touching and allowing entities in those areas to have greater Cosmic Insight. The growth of consciousness throughout this plane since 1963 has been totally unprecedented in all of previous history on this plane, and for the most part has occurred without the benefit of the written or spoken, without the benefit of entities receiving messages from this Awareness.

The energy itself as a vibration on the plane is that which stimulates the masses spiritually, and helps and encourages them to look for spiritual information energies, and to find things that help them fulfill their urge to become spiritual. This Awareness indicates that the more entities can uplift their own levels of Awareness, the more they can enhance their own spiritual qualities, the more they help channel this energy onto the earth plane also.

It is suggested that all who read and study these messages, all who are touched by these messages, all who are members of CAC or the Aquarian Church should recognize the importance of uplifting their own spiritual nature, because that draws the higher frequency of consciousness down from the Creator, the Universal Consciousness, the Divine consciousness onto this plane, and uplifts the consciousness of all of humanity.

This Awareness suggests that entities may wish to become active and may think that they need a project from this Awareness to join together and to work for some significant movement or goal. This Awareness indicates that the greatest action entities can take at this time is to develop their own spiritual qualities, uplift themselves by becoming more aware of the spiritual energies available to them.

This Awareness indicates as each becomes more spiritual, the spiritual energies on this plane increases tenfold because that spiritual energy that goes through *you* goes out to others who in turn begin to grow spiritually and increase the energies around themselves, and with those they know, and it enhances the total energy.

Spiritual Energy on this Plane has Peaked

This Awareness indicates there is a point in which the spiritual energy begins to mushroom in its growth. This point has already occurred and the earth is taking on a

greater and greater spiritual aura. It has begun with a few. It grew to many, and the many have allowed the masses to experience spiritual energy, and the masses are multiplying the amount of spiritual energy coming in on this plane at this time. It is more than doubling, tripling, quadrupling.

It is mushrooming at this time, so that by the year 2000, the spiritual density on this plane will be of such magnitude that you will be in the transition to another dimension. This Awareness indicates if you want something to do, just concentrate on the spiritual evolvment that is available to you and assist others in their spiritual evolvment.

This Awareness indicates it is a good time for entities to begin working on the Spiritual Development Classes for these can assist entities in very rapid and very powerful movement into higher spiritual evolvment.

This Awareness would suggest if entities wished to do something as a group; those Ministers who have completed the Cosmic Awareness Spiritual Development Classes may wish to think about joining with others who have also become Ministers, forming your own charter or forming a group to give Development Classes to others who have not yet become Ministers.

It is a good time for these actions to become more available to entities. This Awareness indicates that this could be made available through word of mouth, through contacts with various members and also through the spread of information on the Internet as to how entities can take these classes.

What to do With Henry's 220 Pound Crystal?

QUESTION:

Henry has one other question. "Please ask Awareness if *It* has any suggestions for the 220 pound planetary quartz crystal which I have dedicated and is in my trust. It came to me directly from a ship from Madagascar."

COSMIC AWARENESS:

This Awareness indicates that there is seen a time when this can be used as a focal point for the gathering of energy, wherein entities put energies around this crystal for good fortune, or for blessings. This Awareness indicates that this is seen as something that can develop within approximately four to five years as something very significant.

It is not seen as something to be hurried. It is something that needs to be energized with deep meditation and contemplation, over a period of time. A kind of symbolic obelisk or focal point for use in church gatherings, wherein entities pass by and touch the stone, giving energy to others and receiving energy from others through the stone, which energy from this Awareness is directed.

This Awareness indicates that there needs to be a time wherein certain rituals and patterns of focusing on the stone can occur to give it a spiritual charge which thereafter allows entities to have contact with it, giving their blessing and receiving blessings in return, as a kind of symbol.

This Awareness indicates that there are certain symbols in other religions that take on special value, such as Mecca, such as the cross of Calvary. This Awareness indicates that this could also become symbolic of the Clear Light, the Crystal Consciousness, and could also be given charged vibrations from entities for the use in the blessing of others so that the masses offer healing energies to this stone, which in turn can be used by those in need of a healing.

This Awareness reminds you of certain healing techniques in which entities form a circle and send healing energy to the entity in the middle of the circle, who may symbolically represent someone else who is in need of a healing. This Awareness indicates that this stone can also serve a similar function as a healing stone representing all those who are ill and in need of healing, whereby all of the members can send healing energy to this stone, for the healing of others.

This Awareness indicates that there is seen a need to do further meditation on this, and it is suggested you not move too quickly in describing the purpose of the stone, for a description that is prematurely given limits the potential and rather than limiting the potential, taking time to thoroughly explore, meditate and consider all of the possibilities can help you to create a more unlimited potential for this as a healing symbol, or a symbol for blessings.

With all Those Changes Coming: What's a Safe Place to Invest Your Money?

QUESTION:

We've received about five or six similar questions to this one I'm going to read from John Thornton, from concerned entities in regard to certain information on the Photon Belt we've put out in the past. He writes: "With all the big changes that are expected on our planet in the near future, there is one question that bothers and interests me. My wife and I are retirees and live on a fixed income. We just sold our house and we expect to realize the capital gain when we complete our effort to buy another home nearer to our children.

"It is important to us to find a very safe place to put the extra money so we can live on it. Would you please ask Awareness what kind of investment senior citizens can make that will remain dependable with all the tremendous changes about to take place? Utilities have always been regarded as safe and conservative places to safeguard money, but it appears to me that utility bonds and/or stocks might be in big trouble when electricity no longer works.

"Is it possible that the Fourth Dimensional world has no need for money? Like everybody else, I want to make sure that our family can remain self-supportive, and possibly even enjoy a small measure of affluence, if that is possible in the world to come. I really want to know what I can do to protect my assets in such a way as to make sure my family will never be destitute because of ignorance or foolishness on my part.

"It seems to me this should be a concern for most of the people of planet earth, if very many have any idea of what is to come. It will not make me sad to find out that we are finally going to outgrow the need for personal acquisitiveness, but I do not want to see everything I have disappear and then go back to where we started with very little savings to provide us with creature comforts.

"Thank you very much for bringing my question to the attention of Awareness, and express my gratitude to Awareness for the answer to this thing that has bothered me. Thank you."

COSMIC AWARENESS:

This Awareness indicates that it appears the safest way to be comfortable about your assets will be to place them strategically into a variety of areas. This Awareness suggests that precious metals could be a place to put some of the assets. This Awareness indicates that by putting your assets into a variety of investments you will have a greater chance of preserving something than if you put all of your eggs or assets into one basket.

This Awareness suggests that putting some of your assets into precious metals which you can store or hide safely somewhere where you can get to it is seen as one very good way of investing your assets. Putting some of your assets into collector's items such as precious coins or special editions in regard to things that are likely to gain in value over time.

This Awareness indicates an example which may not appeal to you, would be comic collections, beginning with issue #1. This Awareness indicates that these comics which are well-known or which are destined to become popular, when collected from issue #1 one can be of considerable value as time passes. This Awareness indicates the lower the number on the volume issue, the more likely its value will increase, especially comics from one to fifteen or one to twenty in the volume issue would be of considerable value.

This Awareness indicates occasionally you see opportunities to purchase autographed baseballs from great baseball players or autographed basketballs from a special winning team. These kind of collectibles can be of great significance in terms of holding value. Occasionally you even find special clothing of someone who was a celebrity being auctioned off and you may benefit from purchasing something of this nature.

You must of course be careful to get things that you are relatively confident will appreciate in value. This Awareness indicates that if this kind of thing is foreign to you, and you feel uncomfortable about doing this, then it is probably best to stay away from collectibles, but there is much money in collectibles and you can often purchase them at very low price and watch them go higher over periods of time.

This Awareness indicates significant events often have certain collectible items that accompany them such as for example, the Woodstock event in the Sixties. Anything related to that event would have great value today.

This Awareness indicates that there is also seen benefits in certain investments in some of the solid stock that is available on the market, particularly in fiber optics and technologies of such nature that will become a part of the future technology.

This Awareness indicates that there is also seen some benefit in stocks and utilities, perhaps not so much in the electrical utilities, and especially not in the nuclear utility field, but in terms of investments in water utilities and recycling, wherein the recycling is owned by private companies, or if the municipal recycling allows for entities to purchase bonds.

This Awareness indicates there is also seen benefits in the field of textiles; the future of clothing, particularly in natural textiles stock such as cotton, flax, linen; these areas look beneficial for the future.

This Awareness indicates computer technology does appear to be very lucrative but that there may come a time when this will go through a major change and investments in the area might suffer if the change does not embrace the particular area of one's investment. Therefore, this Awareness would caution entities about this area of investment.

This Awareness indicates it appears the chemical industries are fairly solid in the future. Housing does still appear to be relatively sound. Real estate appears to be relatively sound in terms of investments, particularly in the areas where there has been a downturn and the economy is beginning to regrow. These areas would be beneficial for housing and for office space, for as an area diminishes economically, entities move away and

properties go down in prices and as the area begins to have a come-back, then the properties begin to take on more value and prices go up, and if one has property in such an area, it is a good investment.

This Awareness indicates one way to determine whether an area is likely to come back to have a good growth is whether the area has, in the past, depended on a single type of industry such as oil or timber and now is expanding to bring in other types of industry such as computer technology or other types of businesses, particularly a wide variety of businesses, and if the area creates a tax benefit for such businesses it is likely to start luring them into the area, particularly if there is a good labor force, people who are out of work, for this becomes a good area for businesses to begin new operations.

This Awareness indicates once businesses move into such areas, the real estate of the area will begin to grow. This Awareness indicates also there is the consideration of infrastructure. Is there a railroad nearby? Are there good highways to the area? Is there an airport? Are their shipping lanes in the area? All of these things indicate a potential growth for the area and suggest that properties will begin to rise as new businesses enter and grow in that area.

This Awareness indicates that there are seen benefits in investments into medical and pharmaceutical companies, because this kind of business will continue to be a major part of the future, especially since there seems to be a continued threat of new diseases and the spread of various diseases. Therefore, such investments would be lucrative.

This Awareness indicates there are quite likely many other areas to consider, such as transportation and manufacturing of certain types of metals or certain commodities. The packaging of various foods may offer some benefits. This Awareness suggests, however, that it cannot continue listing everything at this time. This Awareness suggests that the next question be asked.

Strange Reports Around NORAD

(Did Government Find Mountain Already Hollowed Out?)

QUESTION:

This question came in on the Internet by a person named Laurie. I'd like to read this and ask Awareness if there is anything to this. "A friend of mine claims that NORAD, in Colorado Springs, Colorado, Cheyenne Mountain Air Force Base was never really hollowed out by the US military. Supposedly, the government found this mountain already hollowed out.

"He claims that they also found alien-type technology in there: mostly crystal powered devices for communication, data-storage, et cetera. There were even flying saucer-type craft that were powered by crystal and mercury technology. It is also interesting to note, and I have confirmed this directly, that the term that many military refer to NORAD with is "The Crystal Palace."

"Also, within the past few weeks there has been lots of reported UFO activity in the NORAD area, i.e., the strange heat source reported by the NORAD satellite, and numerous residents reporting strange green orbs floating in the sky between Colorado Springs and Security, Colorado. There was even a two-page spread in the *Denver Post* about all of the weird things going on down there.

"Has anyone heard of the crystal technology found inside NORAD, or have any other thoughts on what is going on down there? Or is there a better explanation?" she asks.

COSMIC AWARENESS:

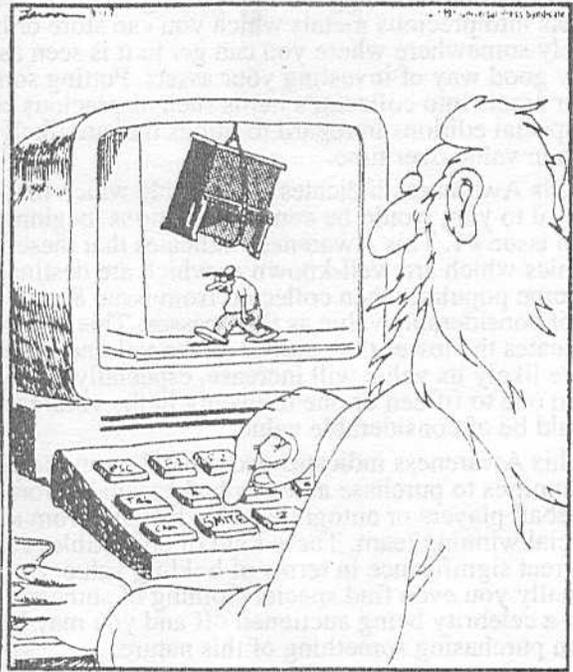
This Awareness has spoken of underground crystals used by aliens on earth and how there have been raids by certain select forces into these underground tunnels, in attacks against these aliens. This was discussed some decade or so back. But this Awareness indicates this particular crystal mountain has not been discussed by this Awareness prior to this question.

This Awareness indicates that these crystals appear to have a benefit for the aliens as communication devices, as energy devices to help in the energizing and powering of space craft, and also as relating to grids, the global grids, and also weather modification techniques that are desired by the aliens

This Awareness indicates that much has been learned from the examination and research on these crystal devices. The government has explored these areas and the devices within the areas to discover great amounts of information about alien technology. This Awareness indicates that the sighting of various alien craft in and around the area is related to a kind of treaty agreement between the government and the aliens, in that these aliens have reached an agreement whereby they share some technology with the government in exchange for continued use of the area.

There is a mutual sharing of the area. This Awareness indicates that it appears the aliens have the greater control of the area than does the government, but there is enough control by the government to allow it to have certain desired technology and to have certain use for the purposes Of NORAD.

This Awareness indicates that this area appears also to be connected to Salt Lake underground bases as well as to the bases in New Mexico; that there are other underground tunnels which can be used to link it to various places throughout the United States in the underground bases.

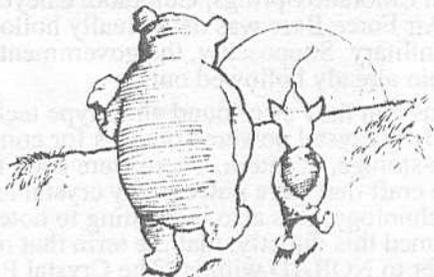


God at his computer

WHAT IS COSMIC AWARENESS?

COSMIC AWARENESS is the Force that expressed itself through Jesus of Nazareth, the Buddha, Krishna, Mohammed, Edgar Cayce and other great avatars who served as 'Channels' for the 'Heavenly Father' and who speaks again today as the world begins to enter the 'New Age' of spiritual consciousness and awareness. Since 1963 Cosmic Awareness has been communicating through carefully trained channels. This information is for those who desire to help in bringing in the New Age. Throughout the thousands of 'Readings' given through these various channels, Cosmic Awareness tells us not to believe anything, but to question, explore, doubt, and discover for yourself, through your own channel what is the truth. Cosmic Awareness will only 'indicate' and 'suggest'. Neither C.A.C. or any of the Interpreters is responsible for anything Cosmic Awareness states in any of these readings, nor does C.A.C. or the Interpreters necessarily agree with the statements of Cosmic Awareness. The Interpreters interpret the energies as they see them in trance levels and are not personally responsible for what is said. The interpreters published herein have no connection with, nor control over the editorial comments and material, including illustrations. This is entirely the responsibility of the editor. Members of C.A.C. are invited to send in questions of general interest to ask Awareness for possible publication in this newsletter.

PEACE



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MEMBERSHIPS AVAILABLE (Honor System)

INDIVIDUAL: \$42 per year or \$12 quarterly
FAMILY: \$52 per year or \$20 quarterly
CONTRIBUTING: \$77 per year or \$25 quarterly
SPONSORING: \$144 per year or \$40 per quarter
BENEFACTOR: \$500 per year or \$150 per quarter
PATRON: \$1000 per year or \$250 per quarter
ANGEL: \$5000 per year or \$1500 per quarter
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