

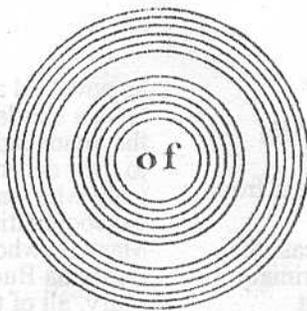
Revelations

The Cosmic Newsletter

E-mail: CosmicComm@aol.com

INTERNET DOMAIN: www.CosmicAwareness.org

FAX: 360-352-6294



Awareness

COSMIC AWARENESS COMMUNICATIONS

P.O. Box 115, Olympia, Washington 98507

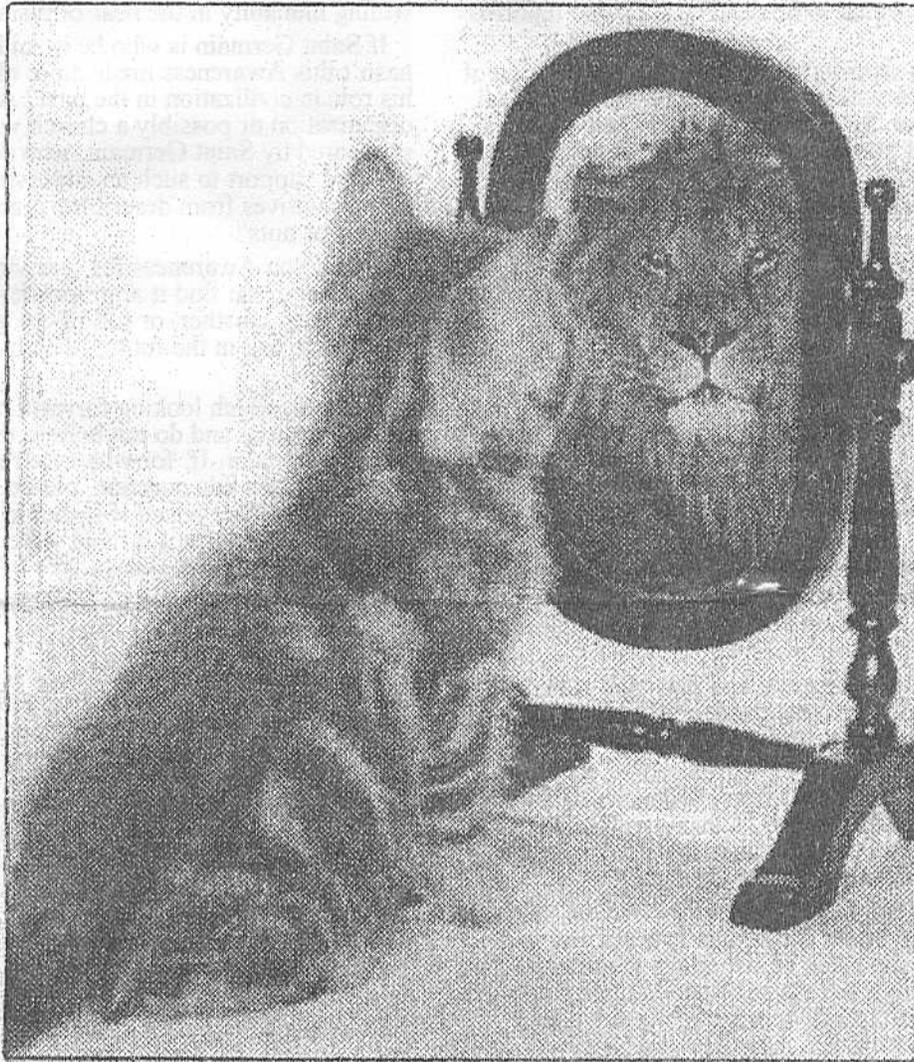
Helping People Become Aware

Celebrating our 32nd Year!

2003-6

Issue No. 564

\$3.00



INDEX

IS ON PAGE 8

The Mystery of Saint Germain: Did He Really Exist?

--- Pleiadian "Channelers"—Are They Believable?

--- Robert Monroe's Out-Of-Body Experiences
and His Views of the Future

THE MYSTERY OF SAINT GERMAIN

QUESTION:

A question on the entity known as Saint Germain from Nels J., Buffalo, New York. He writes:

"There are various publications about which cast the entity known as Saint Germain as perhaps the primary mover of the Aquarian Age. Voltaire called Saint Germain "a man who never dies, and who knows everything." The Encyclopedia Britannica reports his date of death as 1784, but finishes the section by saying that although he was reported to be dead he was also reported seen alive in 1789.

Saint Germain is reported to be the latest incarnation of an entity whose incarnations include the Prophet Samuel, Merlin the Magician, Sir Francis Bacon among others dating back at least to the glory, and ultimate gory days of Atlantis.

Some have reported Le Comte de Saint Germain to be a charlatan. But those who knew him best called him the Wonder man of Europe and have related that he had many extraordinary abilities including:

1. Spoke and wrote in many languages
2. Was an accomplished musician and artist, whose artwork was composed of astral substance.
3. Discovered medicines and elixirs to prolong life and maintain health.
4. Could physically transmute base metals into gold.
5. Could physically travel thousands of miles in the flash of an instant, which led to reports of him conversing with Nobility and political leaders of Europe at approximately the same time, or at least on the same day as he is said to have been conversing with holy sages in the East, India and/or China.
6. That he played an energetic and principal role in the American Revolution, and that the role he played has become an affectionate but unwitting reference to his incarnation as the Prophet Samuel.

It is claimed by some 20th Century followers of Saint Germain that he is known in the Heavens as the God of Freedom. It is also claimed that he is a prime mover of what is termed the Coming Age of Gold, or Golden Age.

Saint Germain translates to mean Holy Brother. As a Brother of humanity, some claim that he seeks and is in fact playing the greatest role of any entity in guiding this planet earth away from the abyss of annihilation toward an Enlightenment heretofore unheard of on this planet (not even in previous Golden Ages such as Lemuria), and that ultimately, once the Enlightenment of the human population on earth is complete, the earth shall translate and become Freedom's Star, to the credit of, and in honor of Saint Germain.

It is also said to be true that Saint Germain demands an almost inconceivable level of loyalty, and that despite his willingness to sacrifice on behalf of humanity, he will not, and indeed cannot divulge his secrets to any but the most loyal.

He ostensibly publishes dictations and books through a publishing house known as the Summit Lighthouse, which claim to lay the foundation of modern alchemy, which is claimed to be the ALL CHEMISTRY OF GOD. There is at least one religious organization on this plane, which has centers in both India and the United States which claims that it is sponsored by Saint Germain.

I would like Awareness to comment on the above claims which have been briefly stated. Is Saint Germain

as powerful an influence on the civilization of this earth? Is he a charlatan? Are those who believe in him following the divine light of Shakespeare, or are they being misled to their detriment? Is there an entity named Saint Germain who wanders the Cosmic Highways, and who with the cooperation of other beings said to be Ascended Masters, who are reported to include among their ranks: Gautama Buddha, Jesus Christ, Confucius, Mother Mary, all of the Archangels, the Ancient of Days, Shiva, Venus, George Washington, Henry Wadsworth Longfellow; intends to bring a Golden Age to the planet earth, and who intends to bestow incredible blessings upon a willing humanity in the near or distant future, earth time.

If Saint Germain is who he is said to be, then why hasn't this Awareness made more of a point of discussing his role in civilization in the past? Also, if there is an organization or possibly a church which has been sponsored by Saint Germain, why does this Awareness not lend support to such an endeavor, and prevent its representatives from describing it and its claims as lunatic or nuts?

Thank you Awareness for receiving my question at this time. I hope you find it appropriate, and to your liking. If there are any further, or follow-up questions which you wish me to ask in the future, then by all means, let me know.

I am very much looking forward to the answer to this entire question, and do not believe that it should be edited in any particular. If, for whatever reason the editor feels inclined to edit this question, please ask Awareness before it is in fact edited if it should be edited in any particular. Proclaim it far and wide, beware of Spiritual Pride."

Does Awareness have an over-all comment for this series of questions?

COSMIC AWARENESS:

This Awareness indicates that many times there are entities who reach such high development and achievement during their lifetime that when they do pass away, the masses of people cannot believe they have really passed on. This Awareness indicates the recent examples of Elvis Presley being seen throughout the world at various places and times, often at the same time in different places, is an example of the way whereby the masses can create mythology based around an entity whose lifetime achievements are outstanding.

This Awareness indicates that also, the entity Zapata, Emelio Zapata in Mexico, during the 1920's, who was slain by the government at that time, left the peasants who followed this entity believing that he did not really die in the ambush, but was out in the mountains hiding and still working for the peasants of the country.

This Awareness indicates it is easy to keep a legend or myth thriving and alive as long as entities are able to find some way whereby they can promote the concept of the person having some type of supernatural abilities or powers. This Awareness indicates that the entity known as Saint Germain did live on this earth and did have many accomplishments and was much described in the questioner's information, being artistic and being an optimist.

The alchemy as that which was capable of turning base metal into gold through the use of a certain process. This process is still available and this Awareness has discussed this in previous readings. [Issue 94-5 Ed.] The process of turning base metal into gold was not the real purpose of the alchemy. The real purpose was to acquire the so-called Philosopher's Stone, the white powder that is capable of turning base metal into gold and also

capable of rejuvenating an entity to keep the entity younger than is normal for people on earth.

This entity did maintain long years of youth because of his alchemical understanding. This Awareness indicates that the entity Roger Bacon, not Francis Bacon, was also an alchemist, and close friend of Saint Germain. This Awareness indicates that these entities, knowing each other, shared information, and there was much communication among other notables of the time with Saint Germain, all of which helped to enhance his legendary status.

This Awareness indicates that after the entity's passing on, the legends continued to circulate to keep him alive, much in the same way that legends and stories of Elvis Presley operate today. There are many people who believe that Elvis is still alive, with the same fervor or belief that follows Saint Germain. This Awareness indicates that this kind of belief in itself is the real phenomena, but for these entities, Elvis or Saint Germain are the phenomena which are most impressive to the entities, and they sincerely believe these entities are still living.

This Awareness indicates the Summit Lighthouse promotes this concept of Saint Germain, it having its roots in the I AM movement and the work of Mark Prophet, who began forming the organization that later evolved into the Summit Lighthouse which is now run by Claire Prophet.

No Truth to Story that St. Germain is Alive on Earth Today

This Awareness indicates that there is no substance to the claims that Saint Germain is physically embodied and alive in the year 1993. There are channels who purport to channel information from Saint Germain or who give information regarding the wishes or messages or location of Saint Germain from time to time, but these are not what would be called evidence of his embodiment in the flesh in these modern times. These are simply stories that perpetuate the legend, perpetuate the myth.

This Awareness indicates that this is not to be seen as denying the value of the myth of Saint Germain, for if there are entities who believe in this entity, and whose beliefs help them to live a happier, more contented life, then indeed, that is a blessing, and in many ways that is the purpose of myths, to help entities believe something that enhances and strengthens their life and their feeling of purpose in life.

This Awareness cannot give great attention and time to the perpetuation of a myth which is not based on substance. It does not mind giving attention to the facts surrounding the entity known as Saint Germain, but to perpetuate the myth that the entity continues to live, to reassert himself here and there in modern times, is not with the intention of this Awareness. It does not deserve to be furthered in this way. If others wish to do this, that is their business.

St. Germain is no Babaji

This Awareness indicates that Yogananda speaks of Babaji as an entity who pops up here and there in time and has been doing so for several hundreds or thousands of years; that this entity is said to pop into this dimension and appear before holy men, give information, messages, et cetera, and then suddenly depart, instantaneously. In one instance Yogananda spoke of Babaji popping up in front of him from the path and giving him a message and that Babaji was a type of Miracle Person or a God-like being who had overcome the limitation of death.

Those Who Claim St. Germain Demands Loyalty Defeats Purpose

This Awareness indicates that this appears to be a case they would like to use for Saint Germain to emulate for the Western world, as this type of being, as though this

were a kind of God-like being who popped up at different times of man's evolution to help and to serve mankind in his quest for freedom. It is a beautiful concept and it is a beautiful myth. It would make a very beautiful religious concept of which many entities would follow and devote themselves to, particularly if such an entity demands devotion and loyalty.

This Awareness indicates, however, loyalty is akin to bondage, and when a spiritual leader demands loyalty, it is not a devotion of freedom that is being perpetuated, but it is instead a desire for followers, and whoever is promoting this concept, stating that Saint Germain demands loyalty, is contradicting the very essence of the entity's alleged devotion to freedom.

The inconsistency there would indicate a problem in the gestalt of who Saint Germain is supposed to be. He can't be one as an entity demanding loyalty or bondage while claiming to be one who frees others. You cannot promote freedom until you learn to free people from yourself.

IS ST. GERMAIN THE FORCE BRINGING IN THE NEW AGE?

FOLLOW-UP QUESTION:

Awareness has established that the entity is not embodied on this plane at this time. Is there any substance at all in this part of the statement where he claims: "It is claimed that he is a prime mover of what is termed the Golden Age of Gold or Golden Age. Saint Germain translate to mean Holy Brother. A brother of humanity, some claim that he seeks and is in fact playing the greatest role of any entity in guiding this planet earth away from the abyss of annihilation toward an enlightenment heretofore unheard of on this planet, not even in previous Golden Ages, such as Lemuria." Is there any substance at all to that statement?

COSMIC AWARENESS:

This Awareness indicates there is a smidgen of substance found in the beliefs of the followers who believe this to be true, but that in proportion to the number of entities on earth is so minuscule as to be insignificant. If you were to talk to the billions of people on earth about Saint Germain without disclosing any information about him, if you were to ask these entities if he is the force that is moving the earth into the New Age, these entities would have no idea what you are talking about. Only a very, very minuscule number of people on earth would accept this premise.

What Really Creates the New Age

This Awareness indicates that if only a minuscule number of people accept a premise, it cannot be said that the energies of this entity are the greatest force in promoting a New Age. This Awareness indicates the New Age is not something that is controlled by any particular individual. The New Age is that which comes about through the movement of heavenly bodies through different alignments of the solar system in the galaxy and the planets in relation to other heavenly bodies.

What the New Age is Really About

It is the movement into the Aquarian segment or division or sign that is normally considered as the force that determines what age the planet has entered in this Aquarian Age. This Awareness indicates this relating to the procession of the equinox and the cycles within the great 25,000 year cycle that is divided into 12 Ages. This Awareness indicates that this information is available through research into certain astrological works and it has nothing to do with Saint Germain declaring a New Age or promoting a New Age or anything of this sort.

The fact is that because entities are moving into a New

Age, entities are more inclined to look around for some mythical or real being that they can label as a New Age type of deity. This Awareness indicates that Saint Germain is not really a model god for the New Age, but until another arrives, the entity might be drafted for this role by those who are already his followers.

This Awareness indicates it does not look to this Awareness as though there is to be any symbolic individual playing the god of the New Age; that essentially, the concept of the Aquarius symbolism is that of man pouring water, or an angel pouring water, which simply could be symbolized by people giving service to each other.

WHY ARE THE BIG CATS OF THE WORLD BECOMING EXTINCT?

QUESTION:

A question from Jean. M., Harbor City, California. She writes: "I have just come from a tour of the Exotic Feline Breeding Compound in California. They gave us a fascinating tour and demonstration how when these big and little cats are given lots of attention and love, they are gentle and loving and somewhat tame.

Also, to my surprise, we were told that when caged cats are ignored, they may go into depression. If their keepers or someone they know do not give them attention and love, they often just give up and die within a few days. These beautiful cats (some of them are breathtakingly gorgeous) are endangered, with some having only 16 to 20 left."

She attached a brochure, which includes the Ocelot, the Snow Leopard, the Siberian Tiger, the Golden Cat, the Puma, and the Clouded Leopard, among others, which she's referring to here, and the reason for this prologue she says is that "I remembered what Dr. John said many years ago. Dr. John was "introduced" in your last newsletter and printed in the last newsletter.

"Dr. John said that many species of animals would become extinct and that man would blame himself for this, but he said that man was not the cause. He never, to my knowledge told us what the cause was. It breaks my heart to see these beautiful creatures leave us, without knowing why, and what is their destiny? Would Awareness please explain this and not leave us up in the air as Dr. John did?"

COSMIC AWARENESS:

This Awareness indicates that *It* cannot speak for or against statements made by Dr. John in *Its* evaluation of the situation, nor does *It* presume that Dr. John's statement that people are not responsible is necessarily accurate.

This Awareness indicates that as seen from this Awareness's point of view, these animals have developed and grown in a relative environment that was suitable for them to reach a certain degree of perfection in their own individualistic way, but that the environment, the overall environment in which these animals live or have lived has been undergoing great change, sudden and dramatic change in comparison to the past, and the new environment is not nearly the same as before.

This Awareness indicates that when these animals could group together with their own kind and have family interaction, they did not need love from humans. They did not need particularly to have any special attention from outsiders, for they had each other, and their attachment to each other helped give them a sense of purpose and meaning, and a feeling of communal acceptance.

Without these things, these entities do not survive well.

They are a social type of animal. This Awareness indicates that because of the change of environment, particularly where these animals have been isolated or cut off from others of their kind, their changes for social integration diminished, their will to live diminishes and their ability to survive and re-mate, to start new families, diminishes.

Even Alien Half-Breeds Die if the Loving Touch is Missing

This Awareness indicates that even the aliens on earth, with all their genetic experiments in creating mutants, have found that by taking fetuses at the age of 3 months and incubating these entities from the human/alien cross-breeding experiments, and being able to grow their half-breed children, that these experiments in the interbreeding program have produced too many offspring who die early.

They do not survive because they do not have that loving touch. The alien energies are not of the loving touch to keep these entities healthy and thriving, and by abducting the parents, even for a short time on a regular basis to be with these half-breeds, the half-breeds have been able to survive longer periods.

This Awareness indicates however, they have more recently discovered that by letting the fetus go to a full 8 months before taking the fetus from the mother, the human mother, the half-breed tends to survive in greater quantities without the need for human contact in its future times.

Mothers of Half-Breeds Can't Fool Their Doctors

This Awareness indicates that with this understanding, they are increasing the life-span of the hybrid or alien/human half-breed, but in the process they are leaving themselves open for discovery, for when a mother goes 8 months carrying a child, and the child is suddenly removed without any breaking of the water or any indication of childbirth occurring, the doctors are going to become very much aware of some unusual happenings, and in most cases, the mother who knows she was impregnated by abduction and techniques that followed in the UFO environment will be encouraged to tell what happened to the child, and it is quite possible that more and more of these abduction children scenarios involving aliens will be released through more and more doctors and health practitioners.

Parallel Needs Between Humans and Animals

This Awareness indicates that the parallel between human and animal needs is almost exclusive to the mammals on earth. Reptiles do not have this need for family contact in the same way as mammals. This Awareness indicates that it is also noted that mammals can substitute as vicarious mothers or guardians for each other, such as the babe who is raised by wolves, or the wolf that may be raised by another animal. These things happen, and seem extremely unusual, yet it does occur.

This Awareness indicates that the phenomenon also reaches into certain areas of the bird or fowl family, whereby an egg from one chicken may be placed along with an egg from another species. The Ugly Duckling story would be such, whereby a goose egg is placed with the duck's eggs and hatches. The only difference here is that usually, any chicken or fowl that is not like its brothers or sisters in the brood, is usually pecked to death by the rest of the brood. They do not like creatures in their midst who are different from them.

This Awareness indicates that the peculiarity that is natural to mammals, whereby they normally care for each other, especially when one is helpless and the other is strong, when one is a baby and the other has protective instincts, is found not only in the various intellectual

groupings, such as humans, or anthropoids, but also in cats, in dogs, with pigs, sheep, goats et cetera, for they care for each other, even if they are not the right mother.

Puppies Raised by a Mother Cat

This Awareness indicates that recently there was the story of the dog who did not want to be a mother and would not feed her puppies, and a cat who, after having lost her kittens, was willing to let the dog's puppies suckle her. This Awareness indicates that this kind of tenderness or caring is almost unique to mammals, or at least is of a greater strength than in other species.

This Awareness indicates particularly the Reptoid or reptilian groups seldom have this kind of compassion for one another. It is simply lacking. They do not care to take care of each other's brood, and normally, turn cannibalistic toward each other's brood. This Awareness indicates that these cats simply reflect the nature of the more genteel qualities of mammals, and this can be encouraged and brought out, and in the process could help to save their species from extinction.

This Awareness indicates a better environment for these animals is necessary barring that they may simply cease to be and be gone with the Sabre Tooth Tiger and other creatures of old.

Have Aliens Air-Lifted Our Animals to Another Planet to Protect Certain Species?

FOLLOW-UP QUESTION:

Is there any truth to the notion that over the centuries certain aliens from other planets, other systems, have lifted herds of creatures off the earth that were endangered species and they took these to another planet where they would be safe and be able to reproduce?

COSMIC AWARENESS:

This is in the affirmative in some instances. It does not appear that this has occurred recently as of yet with many of the creatures who are near extinction. This Awareness indicates it also does not appear that it is part of an important agenda in Reptoid or Grey thinking.

This Awareness indicates the Pleiadians and Vegans are somewhat compassionate in this regard and have helped to preserve some of these creatures in other environments that are relatively safe for them. This Awareness indicates in fact, there are many species now extinct on earth that live elsewhere in the galaxy due to those efforts by extraterrestrials who are more compassionate, who have taken the time and effort to preserve some of these creatures.

Trying to Communicate with killer whales

FOLLOW-UP QUESTION: (VIKKI)

We were recently at an aquarium where I had a chance to have some sort of inter-species communication with some killer whales, and part of what I was doing was just sending up general energy, and part of it was expressing the fact that I recognized they were smarter than I was, and more developed than I was, and part of what I did also was in effect, try to give them like a rubbing on the neck through the glass, which technically couldn't happen, but it seemed as though they sensed that and there was some sort of connection, and I was wondering how much of those three different things that I thought was going on were they receiving?

COSMIC AWARENESS:

This Awareness indicates it appears these entities are capable of sensing your efforts to communicate. The sensing process was such as to communicate the tone of the energy that you sent them, so that they knew you were of a friendly caring nature and they felt the compassion that you expressed. There was not felt any specific

thought or detailed intention that may have been expressed.

In other words, they could sense that you cared about them and that you were friendly, just as you, in looking at a kitten can sense that it knows you're watching, it cares about you, it wants you to pick it up. These creatures also knew you cared about them.

The action of imagining or visualizing yourself rubbing them under their neck was too specific to pick up psychically, and it does not appear that they felt this specific intention.

ARE SECRET AGENCIES TAPPING THE INTERPRETER'S FREQUENCY?

(More on Bob Lazar Being a Government Mouthpiece)

QUESTION:

A question from Paul S., Bucyrus, Ohio. He gives a little rap about a TV show before he gets into the question. I'll read his statement. He writes:

"We have a local TV station which carries a program on UFOs and space exploration. Generally it doesn't have much to offer us that we do not know. However, a guest on the show was a NASA scientist from Greenbelt, Maryland, who may have told more than they would allow him.

He saw Robert Lazar as a person that the government selected to release information to the public. Mr. Lazar had been at MIT and then a California Technical institute before taking a job for the government at Los Alamos, New Mexico. After that he was brought to Area 51 in Nevada and was working in S4 areas where he was free to examine some alien space ships.

He could see that the seats before the command panels would not fit a human person, and so forth. After having time to see things and to think of these things, the person was then put through a stressful time of making demands on him which resulted in him leaving his employment and subsequently going public.

This was seen as a pre-planned strategy of getting someone who would release information to the public. The government had a built-in safety factor, since they obliterated any student records of his on any course-work he may have had in either of the colleges, and also of ever having worked at the Los Alamos facility, so if a person wants to believe Mr. Lazar, that's fine and good. The government doesn't care. They, on the other hand, can deny everything he's saying and will, until the time comes when they want the public to know about the alien presence."

Now here's the question: "The most important thing this man had to say involved channeling information. He said that the government scientists have been able to monitor the frequency for channeling information for some time, and now they have learned how to introduce their own information on the frequency used. If this is so, could they use the frequency which the Interpreter receives his information on, to introduce what they want the public to hear? In other words, is there no sense of privacy in what Awareness gives us through our Interpreter?"

How do we go about getting a straight answer from Awareness when we have someone else on the line? The Interpreter is not to be faulted, but we might have to be very questionable about what he received. Am I being paranoid? There is a parallel situation like this with certain government intelligence services picking up microwave information and then introducing false information."

COSMIC AWARENESS:

This Awareness indicates that the idea of government interference into the synopsis of a channeler's brain implies some kind of implant through which they could channel the messages. This Awareness indicates that this Interpreter does not have any implants in his head or anywhere in his body, and the Interpreter as clear for channeling, strictly through the channel that has been opened to this Awareness.

This Awareness indicates that for the government to influence this Interpreter there would need to be a kind of base from which the government would operate, and as they do not generally have any concept as to when the Interpreter arrives or when the meetings would be conducted, they would not likely be able to set up a base for focusing on the Interpreter during such readings.

It is also unlikely that the Interpreter could go into an Awareness level of trance to do readings. The Interpreter would sense any interference and this has occurred on several occasions wherein the Interpreter would sense a monitoring during or before a reading, and when this occurs the Interpreter simply stops speaking. He cannot do a reading or stay in communication with this Awareness when there is any electronic interference.

The Type of Channels the Government Generally Taps

This has been recognized on at least two occasions and was mentioned to the energizers at the time that the need for a pause was present and that there was an energy field that had touched or entered or interfered with the reading. This Awareness indicates that the types of channeling that the government generally interferes with have to do with entities who generally claim to channel messages from alien beings who speak as mediums, and these mediums, speaking through their channels, often give messages that are programmed by government sources.

The mediums actually hear voices within themselves and speak the words of those voices. It is more of a mediumship rather than the Awareness channeling. The Awareness channeling is not really so much channeling as attunement. It is an attunement wherein if the attunement is broken by any interfering force, the message is simply put on hold or stopped until that force leaves.

There is No Way the Awareness Can be Compromised

This Awareness indicates it is not the same as an entity who is channeling or serving as a medium for voices that speak through the entity's psyche. This Awareness indicates that this same question has come up over the years many times, in many forms. It would seem that *It* has answered this repeatedly. If there is not clear understanding that the nature of communication between this Awareness and the Interpreter for these messages has not been discussed enough, this Awareness suggests that *It* will accept detailed questions on this again so that the question can be answered once and for all.

It does not see the point in answering the question for every entity who comes into the organization, repeatedly answering the question for each entity each time someone wonders about this concern. This Awareness suggests that these questions that have been answered over the years could be compiled into a booklet for these entities.

This Awareness indicates that it is important that these entities understand that an Awareness reading, a truly Awareness reading, cannot occur if there is interference between this Awareness and the Interpreter. There are many who would like to think that the government has the kind of power that could put words in the mouth of the Interpreter and take words out of the mouth of this Awareness, but this simply does not allow for this kind of interference.

The Interpreter would simply come from trance. By setting aside mind, emotion and feeling, there is a void, and that void is broken when anything interferes with the void other than this Awareness, and that void is open only to this Awareness. And when energy from this Awareness enters the void, the Interpreter interprets the energy into words that are fitting for the publication.

WITH THE NEW TECHNOLOGY MEDIUMS WHO CHANNEL SPIRITS CAN BE MONITORED BY GOVERNMENT

FOLLOW-UP QUESTION:

Awareness and the Interpreter excepted, is it possible that with the advanced technology the government does have, that they could, as this entity implies, monitor the frequency for channeling information without an implant? This would be applied to say, other channels around the world.

COSMIC AWARENESS:

This Awareness indicates this is in the affirmative, making use of frequency control devices that could be attuned to a particular individual's frequency. You must understand that when mind, emotion and feeling are put aside to enter an Awareness level, the frequency of that void is of such a level as to be beyond capacity of any of these devices.

This Awareness indicates it is at a high level, ranging into Cosmic Consciousness and the devices do not reach such levels. The devices do not attune to such levels nor could they attune to Cosmic Consciousness. They would need to be living organisms to do so.

Thoughts Could be Projected Similarly to Radionics

This Awareness indicates that it is possible for operators to attune a frequency device to that of an entity in beta consciousness levels or alpha consciousness levels, or beta or delta, and attuning to those frequencies of that individual, the operator could then project his own thoughts to that medium or channeler, much the same way that in radionics the operator can project thoughts to the frequency of a disease, or to the frequency of a medicine, or to the frequency of a particular emotional circumstance that they have attuned the machine to.

This Awareness indicates that the concept of the radionics is that sympathetic vibrations can attune to vibrations sympathetic to the first. Thus, when two things vibrate in harmony or in sympathy to one another, they are basically on the same vibration. This Awareness indicates that for them to attempt to vibrate to a level of Cosmic Consciousness, the machine would have to experience Cosmic Consciousness, and the entity doing the test or doing the attunement would have to experience Cosmic Consciousness in order to reach any kind of agreement or attunement with the Interpreter, who is in a state of Cosmic Consciousness.

This Awareness indicates that if such an entity were to attune to Cosmic Consciousness in an effort to influence the Interpreter in a state of Cosmic Consciousness, that the first person would not be able to influence any thoughts of his own without first coming down from the Cosmic Consciousness level. If the entity were to remain in Cosmic Consciousness and attune to the Interpreter in Cosmic Consciousness he would simply add energy to the Cosmic Consciousness of the Interpreter and energize the reading, because he would need to be on the same vibration, where mind, emotion and feeling are put aside, and therefore could not influence an answer any more than the Interpreter could influence an answer and still remain in trance.

This Awareness indicates, however, for mediums, the

entity could tune into the frequency of a medium who is channeling a spirit or an individual who is operating from a different frequency and the entity could, in the tuning to that individual distort certain messages or information, or give information that could be picked up by the medium as coming from Saint Germain or some other entity whom he thinks he is channeling, and in this sense, the answer to your question is yes, it is possible that the government could interfere with channels who are channeling personalities, or individuals, whether in embodiment or in spirit form.

Some People Think the Interpreter is Channeling a Spirit

This Awareness indicates that there is great confusion among many entities who are familiar with spirit channeling, who think that this Interpreter is channeling the spirit who calls himself Awareness. This Awareness is not a "himself"; *It* is not a self at all. *It* is simply a vibration in higher consciousness, beyond human consciousness, and therefore, has no individual self. *It* is not an action of channeling the spirit, of being a medium, *It* is simply a force without embodiment, without individualistic qualities.

Its entire being consists of Universal Consciousness, consciousness that extends throughout all things and this is different from spirit channeling. This Awareness indicates the difference means that there is no way whereby the individual Awareness can be contacted as a person, personality or persona, for there is no persona. This Awareness indicates that over the years there have been many entities who have tried to influence Awareness in answering their questions in a certain manner.

The Entity Who Stood Over the Interpreter to Cast a Spell

There have been efforts by many to get Awareness to answer so that they could have some kind of authority in their answer by which they could argue a point or a belief. This Awareness is untouchable by such entities. This Awareness indicates there was an instance where an entity seeking a private reading stood over the Interpreter, waving his hands, attempting to cast a spell after a certain question was asked, and after the reading was over, asking in confusion, "Why is it I couldn't contact your spirit while you were in the trance? I attempted to contact, but there was nothing there to contact!"

This Awareness indicates that the entity discovered it was not an entity speaking to him. This Awareness indicates likewise, there was the instance in which one entity attempting to go into an Awareness trance, was asked if there was a message from Awareness and found that he could not speak because he wanted to say, "I love you," but discovered there was no "I" from which to speak.

Why Awareness Refers to Itself as "this Awareness"

This Awareness indicates that upon leaving the trance, he explained his problem with great perplexity. He was greatly perplexed by the situation and only understood, when it was explained to him that Awareness is not an "I", is not an individual. It is for this reason that this Awareness refers to *Itself* not as "I", but as "this Awareness." *It* cannot speak of *Itself* honestly as an "I" or a "me", for there is no center in this Awareness known as "I" or "me."

This Awareness indicates the government monitoring or devices for influencing channels operates to influence the "I" or "me" of the message. This Awareness indicates that if the messenger speaking through the medium has a center known as "I" or "me", such as would occur with, for instance Ramtha or Saint Germain, or any of the others who see themselves as disincarnated spirits or hierarchy beings, then this government device could

communicate, could influence and could read these energies.

This Awareness indicates that where there is no self, there is no frequency in which to tap, or tune a machine to.

People Who Channel "Pleiadian" Energies: Can We Always Believe Them?

FOLLOW-UP QUESTION:

There's a lot of channels these days who claim they are channeling from the Pleiadian energies and they're writing books and articles and so forth, and some of these strike me as rather suspicious, when they get into the area of the Greys, the Zeta Reticuli and their business on earth, for some of these make them out as friendly little fellows, and they're not a threat and so forth, and I was wondering, if the government can interfere with the Pleiadian energies and if in fact, do interfere in cases like this where the Zetas are made out as kindly friends?

COSMIC AWARENESS:

This Awareness indicates there are many who claim to be friends with the Pleiadians, from the Pleiades, assuming that humans recognize the Pleiadians as being friendly. There has as yet not been much effort to discredit the Pleiadians and therefore, it is assumed in the UFO circles that Pleiadians are the "nice" people so that if the government wishes to influence the thinking of entities, it would seem reasonable to pass themselves off as Pleiadians, and if they wish the people to think of the Greys as friends, who better to promote the friendly Greys than the Pleiadians, who are already accepted as being friendly to humans?

This Awareness suggests however, that you should view these utterances as propaganda and with suspicion; that there are not a great many Pleiadians who are truly aligned with the Greys. There are few Pleiadians who are in conflict with the purposes of most Pleiadians and will sell themselves out to the Greys, just as there are a few Greys who have sold themselves or allowed themselves to be more aligned with the human causes, but the majority of Greys have hostile intentions toward humans and work for Reptilians and the Reptilians are very much into taking control of the planet and getting rid of humans.

Therefore, realizing that within each group there are traitors, and that most Pleiadians are more inclined to help humans, if possible, and most Greys have their allegiance with the Reptilians, or Reptoids, you can almost read from their attitudes and statements to determine where these channelers are coming from. Some are simply stooges for the Reptoids, and some may be sincere; and you can tell from what they say, from whence they come.*

This Awareness indicates it is important for entities to get this kind of understanding very clear, for this Awareness may not always be available to clarify when someone channeling makes a claim; when someone working for the Reptoids says that the Greys and the reptiles are here to help make the world a better place. After all you have learned, if this Awareness is not here to respond to your questions regarding that, will you then say, "Oh! I guess things have changed. The reptiles are nice guys now!" Or will you understand that many of these channelers can be used to further their diabolical scheme? *

This Awareness cannot guarantee the continued use of this Interpreter for years to come, or even for months to come. You have to be able to make discernments based on all the things you perceive over many years, and evaluate these things in accordance with what you have learned through your many studies.

*Benjamin Creme, who claims to channel information which promotes the so-called "Maitreya, the World Teacher" proclaims that there are no Greys or Reptilians, that all extraterrestrials are good guys. Do we want to trust this guy?

**TV SCENARIO "V" STILL IN PROGRESS
(Alien Landings and Announcement Could
Come as Early as 1996)**

CLOSING MESSAGE:

This Awareness indicates that the scenario given in the television series "V", which was presented in the early 1980s decade as that which still appears to be in progress; that at some time, it appears now to be perhaps as late as 1999, but perhaps as early as 1996 that a landing will occur in which Reptoid entities masquerading as human types could appear in society, having control of a society that has already been set up for their arrival.

This Awareness indicates that anything before this that indicates an alien landing and perhaps followed by a world treaty with these aliens is most likely an attempt to prepare the way for this greater mass landing to come.

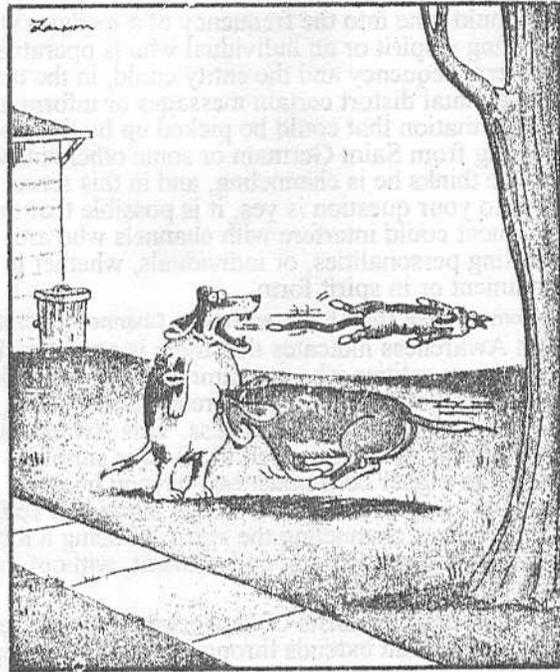
This Awareness indicates it appears that the true friends, the Pleiadians, may not be permitted to land or make contact with the masses and that the Reptoid types may masquerade as Pleiadians. This is all yet too far in the future to state definitely what will occur and plans are in constant need of change when circumstances or attitudes or environments change, so this may perhaps not even take place in the time zones mentioned.

This Awareness indicates however, *It* does see the need to disclose these time frames for entities to be aware of in the event things do follow plans. This Awareness indicates that *It* cannot guarantee that it will be possible to communicate warnings in the future, therefore *It* presents these messages now, while the opportunities are presented.

This Awareness indicates that you may energize and pray and visualize that help from Pleiadians and awareness and unity and harmony among your kind can prevent these things from occurring. This Awareness indicates that one thing that you need to know is that the Reptoid technology for war, for power and control and their understanding of manipulating the masses is far greater than anything the Greys have at their disposal, so that even with the help of the Greys, the Reptoid technology would be far superior.

This Awareness indicates that the Greys of course have far superior technology than anything humans possess. This is to put things into perspective. This Awareness indicates that intelligence may be the final factor, along with unity. If humans work together and use their highest intelligence, they may be able to out-do the alien forces.

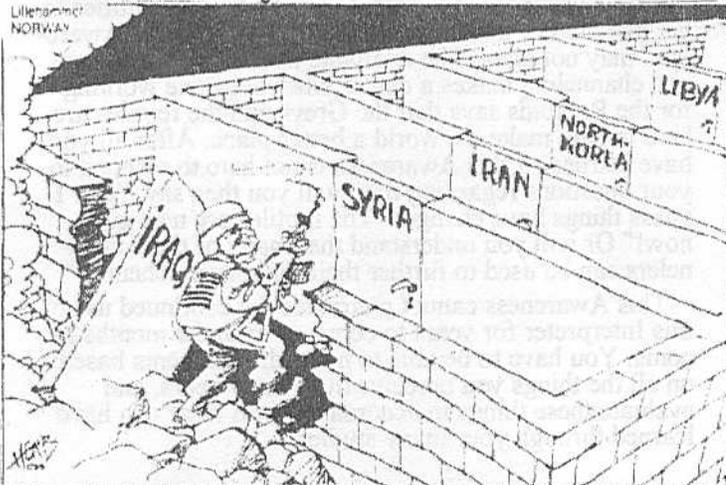
The Law of Gratitude is given.



Fortunately for Sparky, Zeke knew the famous "Rex maneuver."

IN THIS ISSUE

The Mystery of Saint Germain	2
Is St. Germain the Force Bringing In the New Age?	3
Why Are the Big Cats of the World Becoming Extinct?	4
Have Aliens Taken Our Animals to Another Planet?	5
Are Secret Agencies Tapping the Interpreter's Frequency?	5
Mediums Who Channel Spirits Now Being Monitored	6
People Who "Channel" Pleiadian Energies...	
Can We Always Believe Them?	7
TV Serial "V" Still in Progress	8
Entities Who Evolve From Matter Into Light	9
That Light At The Moment of Death (Do We or Don't We?)	9
Robert Monroe's Out-Of-Body Experiences And His View of the Future	10
What Causes Twins or Multiple Births?	11
Siamese Twins: How Come?	11
That \$100,000 "Donation" to Tara Center	11
Do the Globalist Know About Photon Belt?	11
Do Globalists Realize Aliens Have Set Them Up?	12
Will Burning Frankincense Cure Drug Addicts?	12
Today's TV: Slow Poison on the Eyes and Ears	12
TV a Conspiracy to "Dumb-Down" the Viewers?	14
Exposing Children to Non-Exciting Things	15
A Healthy Child When It Is Held Continuously?	16
Why much of the Audience is Leaving TV	16
Today 200 Channels and Nothing to Watch	17
UFO Cures a Woman's Terminal Cancer	17
Thanks For Sending in Questions	18
Where Is the Plane of Forgiveness?	19
That New Book on Jesus: "The Bible Fraud"	19
Are the Terms "Heterosexual" and "Homosexual" Meaningless Since We've All Had Male & Female Lives?	20



That Light at the Moment of Death (Should We Head To It or Not?)

QUESTION:

A question from Sally Francis. Awareness has covered this, but, she says, "I have a question for Awareness, very important. I just finished reading *Gods of Eden* by William Bramley. What a great book! In his chapter on the Supreme Being, he unequivocally states: "People should *not* be counseled to 'merge with' or 'go to the being of Light' during meditation on death. They should stay away from it if they can."

This is the opposite of everything I've read elsewhere, and I know you've said Awareness said otherwise. I consider Bramley's research to be excellent, so I want to know what Awareness says once again, since this applies to all of us, I hope you'll ask soon. Thanks so much."

COSMIC AWARENESS:

This Awareness indicates that this entity is making an assumption that the material world is made up of light and that by meditating on light the entities are locking themselves into the material world. This Awareness indicates that there have been numerous arguments placed in this kind of reasoning. This Awareness suggests however, that light is a vibration and frequency, and the higher the frequency the closer to the Divinity an entity will move.

The Spiritual Light Beyond the 49th Octave

If an entity has passed, in terms of vibration, the 49th Octave known as light in which the material world has been formed, from 49th Octave on down, then the entity does not need to concern himself with physical light, the light that is available to eyesight, but there is still the spiritual light which lies beyond the 49th Octave. It is simply the vibration that exists beyond the physical light, and may be perceived in consciousness as a higher light.

This Awareness suggests that at the moment of death entities are not looking at physical light at all. They are looking beyond at the Divine Light. It is a matter of terminology, and for most entities, when you speak of meditating and moving toward the light, the entities understand you are speaking of the spiritual light and not the physical light.

This Awareness indicates that perhaps it needs to be distinguished as spiritual light rather than physical light. This Awareness indicates that whatever the case, entities should move toward the highest vibration available.

UM...WHICH PART OF
"THOU SHALT NOT KILL"
DIDN'T YOU UNDERSTAND?



Excerpt from CAC Reading 7-5-21-91

Entities Who Evolve From Matter Into Light

QUESTION:

A question from Jack Tomaso in New Jersey. He writes: "Ramtha has stated that no woman has ever ascended this earth plane into super consciousness, and that no one since Jesus has raised or speeded up his vibratory frequency into light and taken the body with them through ascension. On the other hand, Saint Germain, an ascended master, has stated that approximately two people ascend the earth plane very year, and according to his and other I AM discourses, many are women.

Would Awareness clarify the truth regarding the apparent discrepancy of views and point out how two ascended beings of superconscious levels could state opposing and different views regarding a matter of ascension?

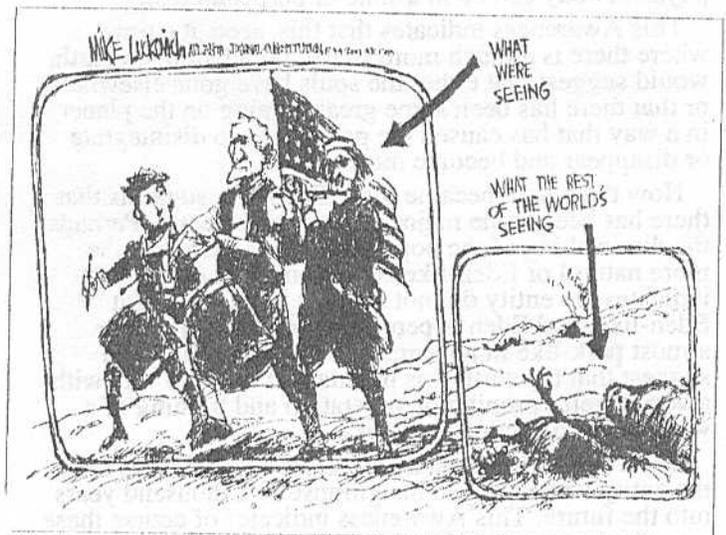
COSMIC AWARENESS:

This Awareness indicates that *It* cannot engage in explaining how two highly evolved beings can have different views, because this would imply that the assumption that these entities are perfect, is a starting point. This Awareness indicates that these entities are capable of making mistakes in interpretation just as are any beings.

This Awareness suggests that in regard to the other aspect of the question, it appears that whether one is male or female, when the vibrations are of high enough order, the ascension can occur. This Awareness indicates that there are indications that the ascension of entities from physical form into light being is possible, but rare, and that it does not matter whether they are male or female, but how strongly they identify with the Light.

The Strength of Will is Part of the Equation

This Awareness indicates that the strength of will as being part of the equation. When entities want strongly enough to be with the Divine, they move in that direction. When it is not too important, but somewhat desirable, they move in that direction, but not too far. It would take extreme desire for entities to evolve from matter into Light. It would take *extreme* desire over long periods of time.



CAC General Reading 11-2-96, Paul Shockley, Interpreter

Robert Monroe's Out of Body Experiences and His Views of the Future

QUESTION:

A question from Michael Schmidt in Randolph, Massachusetts. He writes: "Robert Monroe, author of *Journey's Out of the Body* and two other books on the out-of-body experience has developed tapes to be used with headphones called "Hemispheric Synchronization" or Hemi-Synch that puts a different sound frequency into each ear which causes the brain to "resonate" to a frequency in between the two, and create other states of consciousness, which can give some people the out-of-body experience.

"Mr. Monroe has been able to visit many other realms, even without the use of tapes, such as the energy of his past-life selves; his Higher Self, experience other beings both physical and non-physical, experience flight as a bird does, and visits future events.

"During one of his out-of-body experiences, his Higher Self took him to life on earth 1000 years in the future. He saw earth in a much more "Eden-like" state with a smaller population, in which people spent the majority of their time outside the body, while the body was left protected from the weather and animals, by an energy field surrounding the body and keeping it in a kind of suspended animation.

"He called this energy a 'resonant energy balloon.' People could use their body when desired, and even use other people's bodies freely. Also, these bodies are much easier to maintain than are our bodies today. Would Awareness please comment on Mr. Monroe's out-of-body experiences, the Hemi-Synch tapes and his vision of the future?"

COSMIC AWARENESS:

This Awareness wishes to point out first that the vision of the body being used as a kind of physical landing pad or port for the astral or etheric or mental body, which ever is being experienced, as that which occurs in the vision of the future in such a way that was described, and can be explained as not needing so much care or concern or maintenance effort because it is essentially in a state of suspended animation.

Since it does not use much energy while in such a state, it can be kept in a prolonged state of maintenance without much effort in terms of feeding, in terms of it scrounging or looking for something to satisfy its needs, because its needs are not great. Therefore, while the etheric or non-physical bodies are out doing things, the physical body can be in a state of perpetual rest.

This Awareness indicates that this, seen at a time where there is a much more sparse population on earth, would suggest that either the souls have gone elsewhere, or that there has been some great purging on the planet in a way that has caused the population to disintegrate or disappear and become more sparse.

How the planet became more Eden-like suggests that there has been some major change on the earth. Perhaps the diminishing of the population itself has made the more natural or Eden-like condition. This Awareness indicates the entity did not suggest jungle-like, but Eden-like, and Eden is perceived generally as being almost park-like in appearance. Therefore, it would suggest that the earth was maintained in some way with a very careful pruning of vegetation and training of a wilderness to become park-like.

This Awareness indicates that this appears to be what the entity was seeing in his glimpse of a thousand years into the future. This Awareness indicates of course these

visions of the future may be said to be purely subjective and that it is not necessarily an objective reality or glimpse of the future; that it may simply be the entity's own subjective vision of the future.

This Awareness indicates that his particular experience of the future could differ from someone else, if someone else were to give their projection from their own out-of-body experience; therefore, until sufficient numbers of people travel out of body and into the same time-zone, there will be a question of whether this is an objective view of the future or simply a subjective experience of one individual.

This Awareness indicates the entity's question of some comment from this Awareness in regard to this entity's out-of-body experience could have many different types of motive or interest and it is unclear as to what the particular question seeks to discover from the experience this entity has related. If there is anything further on this question, this could be stated to clarify what the questioner seeks.

QUESTIONER:

The other area was the Hemi-Synch tapes.

COSMIC AWARENESS:

This Awareness indicates that this appears to be a technique that helps the two hemispheres of the brain to gradually, through careful influence from the vibrational sense, come to a mutual center-point, wherein they harmonize or vibrate together at the frequency of the particular sound that is between the normal vibrations of the right or left hemispheres.

By creating a frequency in between, it tends to draw each of the hemispheres of the brain toward that frequency as the entity listens to that particular frequency, which in turns helps to synchronize the left and right lobes of the brain into a common ground or common vibration.

This in turn allows the entity to have a greater perception based on the harmonious vibration of the two sides of the brain, so that when the entity focuses on any particular subject or focal point, both sides of the brain are focused together, which can allow the entity to have more clear insight into a reality that utilizes energies not of this particular dimension, which can allow the entity to move into different time zones according to the mutual agreed upon time zone of both hemispheres of the brain.

This Awareness indicates in so doing, the two parts of the brain then synchronize together, see into the future or past or into a distant place, harmoniously, so that a clearer experience can be unified and the entity is not divided or put into a schizophrenic mentality, wherein one part of the brain sees a reality of this or that time zone or place, while visualizing another time zone or different place with the other part of the brain, which causes the entity to feel as though one part of the experience is imagined and the other is real.

This Awareness indicates when the two brains do not function together, it is difficult to believe either reality is actual, for the experience of some future or past time, or distant place is always perceived to be but an element of imagination, whereas the aspect of the brain that is focused on the here and now perceives that to be the basic reality.

This Awareness indicates when this kind of basic reality is present, the entity cannot truly put faith in his vision of future or distant events or past events, because they seem to be less real than the here and now, and therefore are perceived as imaginary; but when the two aspects of the brain are synchronized, whatever the

entity focuses on or visualizes becomes an ultimate reality in the experience of the entity, and the experience will be as though the entity actually traveled into a future or past, or to another place, away from the body, or from the body's origin, before the journey.

What Causes Twins or Multiple Births?

QUESTION:

A question from JD in New York. She asks: "What causes twins and other multiple births? Is it purely physiological, such as genetics or biochemical, or is this caused by the intent, the will of the incarnating soul or souls?"

COSMIC AWARENESS:

This Awareness indicates there is the electromagnetic field of an entity who is merged into the body of a potential mother that if divided into two strong essences or beings, such as might have perhaps been a split personality in a previous life and now moving into a mother for reincarnation, that split personality may have an effect of joining two eggs or two parts of the eggs together and merging them into a union so that when fertilized, each takes on an aspect of the individual that once was a split personality.

This Awareness indicates that this is often the cause of a set of twins that are identical in their features, as opposed to the types of twins that are different, which comes from two separate eggs, but which do not have identical qualities. These being two different essences or two different individuals inhabiting two different eggs that become fertilized simultaneously, or very close together, perhaps even by two different sperm.

This Awareness suggests the question be repeated; that *It* wishes to be sure the question was answered according to her wish.

QUESTIONER:

"What causes twins and other multiple births? Is it purely physiological, such as genetics or biochemical, or is this caused by the intent, the will of the incarnating soul or souls?"

COSMIC AWARENESS:

This Awareness indicates that to a great extent, two twins that are not identical are simply the aspect of the genetics and the accident or incident of the cells being fertilized in the natural way, but whereby the two cells are fertilized and the result being two different entities being born.

How Identical Twins are Created

But, in the case of what is termed the 'identical twins,' it often is the result of a single split personality as a soul, influencing the eggs to form two different entities in which the two aspects of the schizophrenic soul can split and have their own individual life as a separate being, in which case, it then is a part of the entity's will in its effect on the eggs that result in the offspring being two separate and distinct, but yet identical type twins.

This Awareness indicates in such a case, the identical twins will have the same genetics, and therefore will behave very much the same, even though in their split personality in their previous lifetime, the two personalities might have been greatly diverse or different in their characteristics.

Siamese Twins: How Come?

FOLLOW-UP QUESTION:

In a follow-up question, JD asks if Awareness will please discuss further "the karmic and/or karmic reasons why entities, whether they caused the multiplicity or merely make use of it, choose lives as part of a set of

twins or triplets, and please, similarly address the situation of the so-called Siamese Twins."

COSMIC AWARENESS:

This Awareness indicates that the Siamese Twin is the situation in which the personalities are not fully separated. The egg chosen is not split. It is similar to that which occurs in a chicken, wherein the chicken's egg has two yolks, and if a chicken were born from an egg fertilized with two yolks, then the chicken thus born might be a two-headed chicken, or in some other way likened unto a Siamese version of a chicken. This Awareness indicates that in a similar way, the egg of the mother which gives birth to the Siamese Twin is likewise fused with another part of an egg so that the two aspects of an egg joined together are not properly or correctly separated.

Part of this could well be associated with a karmic situation in which the soul, so choosing to make use of these types of eggs, is so connected to another aspect of itself, that it cannot let go. It cannot distinguish itself from another being, and thus, the two beings are joined as one in such a way that their electrical body, the electromagnetic body known as the soul, is not individualized, and therefore, selects this kind of fused egg, so that the aspects of the soul can remain together, even in the fused egg, and thus they are then born as Siamese Twins.

This Awareness indicates that this of course creates a serious problem for the entities, for it is one thing to live in etheric and astral or mental levels fused with another being, but it is much more difficult to do so in physical form.

That \$100,000 "Donation" to Tara Center

(Benjamin Creme's Maltreya Gets New World Order Support)

QUESTION:

Another question from JD in New York. She writes: "In a previous session, Awareness balked at naming an anonymous donor to a Tara Center project. I was not requesting or expecting that. I merely wanted to know whether the \$100,000 donor to the newspaper announcement project was a believer and sympathizer or a Globalist New World agent thinking they could use the World Teacher for their agenda. May this be told?"

COSMIC AWARENESS:

This Awareness suggests that it appears to be the latter situation; that it was motivated by a motive of seeking to use the Tara Center to further some Globalist goal or plan. It was also seen as rewarding the Tara Center for previous actions that had been beneficial to the Globalists' plan.

Do the Globalist Know About Photon Belt?

A question from Debilyn Gardner, in New York City. She asks: "Do the Globalists know about the coming Photon Belt and dimensional shift?"

COSMIC AWARENESS:

This Awareness indicates they know about this in the scientific sense. They do not fully understand the metaphysical interpretation or how it is being perceived on a metaphysical level, nor are they very interested in the metaphysical interpretation of such. They do not recognize fully that Light, as implied in the concept of Photon Belt energy, is indeed spiritual energy; that it is Anti-matter and spiritual in nature; that it is infused with higher vibrations, of a kind of Divine Energy.

They do not understand this aspect of the Photon Belt phenomenon. They simply perceive that it is an energy which the earth is passing through and they do not have a record of its having been experienced in previous

recorded history. Therefore, they are waiting to see what happens. They have done certain scientific calculations and projections and theorizing as to what may occur, and hope that somehow they can make use of this phenomenon to help influence the masses, to help further their own agenda.

This Awareness indicates they do not appear to recognize that there will be a change in consciousness accompanying the Photon Energies and that people will become much more highly aware and approach Cosmic Consciousness levels, which can give an enlightenment to the masses, so that those things which the Dark Forces would like to keep hidden can no longer be hidden, and that many of these negative plans will be exposed because of the Photon Energies that are imminent on this plane.

Do Globalist Realize Aliens Have Set Them Up?

QUESTION:

Debilyn also asks: "Do the Globalists realize yet that they are just being used by the aliens to set up the new economy, and then they'll be ousted?"

COSMIC AWARENESS:

This Awareness indicates they do not believe they will be ousted. They believe they are securing a position in the New World Order for themselves by compromising humanity with the alien agenda. They believe this will secure them a significant place in the New World Order so that they will be partners with these extraterrestrials, and therefore, will be secure, safe, and benefit along with the extraterrestrials in their rulership.

This Awareness indicates they will be coddled by the extraterrestrials for a period of time, as long as they are seen as being of value to the ET agenda.

Will Burning Frankincense Cure Drug Addicts?

QUESTION:

Another question from Debilyn Gardner. "There is hearsay that the burning of Frankincense resin can cure a drug addict. Is this true?"

COSMIC AWARENESS:

This Awareness indicates it appears to be effective on some drug addicts, depending on the individual's basic nature as to what qualities cause the entity to become addicted, and depending on the types of drugs used. It appears that it can be effective on some of the drugs, according to the type of individual experiences and characteristics of the person.

Whereas an entity who might have certain characteristics which promote addictive behavior might be influenced to shun the addiction from the burning of incense, another type of drug used by the same entity might not be as easily broken or the addiction might not be as easily broken.

This Awareness indicates in other words, there are two factions that will determine the effectiveness of this; whether the entity has used a drug and become addicted to a drug that can be influenced by the burning of this substance, and whether the entity's addiction or the causes of the addiction can be influenced by this substance, and in some cases it is effective for an entity, whereas in other cases it may not be quite as effective or in rare cases, not effective at all, regardless of how it is used or how often, or how frequent.

TODAY'S TV: SLOW POISON ON THE EYES AND EARS AND OTHER PROBLEMS

QUESTION:

A question from Dan Chilinski, in Toledo, Ohio. It's more of a statement. I think he wants Awareness to

comment. He writes: "I have enclosed a newspaper article from the July 31st 1996 *Toledo Blade* titled "Unwanted TV Noise Is Like Slow Poison To The Ears," by Milli Benson. I fully agree with this article" he says, "and it is nice to see that someone else notices the lack of peace and ugliness of today's TV network prime-time trash.

"She doesn't say anything about the equally bad video camera techniques today TV uses. They use a jerking, jabbing, jumping camera technique where it seems they can't focus on a scene more than one second without suddenly changing the video scenes rapidly. Your normal eyesight does not operate like this, and it has the effect of killing any peaceful quality.

"It's an eyesore the way the TV movies and commercials are recorded or edited today. Almost all the old movies from late 1920's to late 1960's have disappeared off the TV. There is only one station on the cable TV called AMC that still runs the old movies, where you can notice that they were not using the ugly video or soundtracks so much in the past like they do today.

"In fact, in a lot of the old movies there were periods of dead silence. No sound track whatsoever. And not even the actor's voices would be heard. If they put background sound in, it was low volume level, flutes and harps, like C. B. DeMille movies. It was nice and peaceful. In today's movies there would never be a moment of silence and also, the actors' mouths are constantly jabbering without stop.

"This noise and video pollution is particularly bad in children's animation cartoons, and the teenager's videos they put on the MTV cable TV. There's a program called VR Troopers that has a simply awful soundtrack and video techniques intended for children. I do like this VR Trooper program, but they wreck it with the noise and chaotic video camera techniques. This program is on the FOX TV network.

"Most people who complain about TV having low morals usually refer to the story-line content, but never pinpoint the chaotic video techniques and noisy soundtracks approaching the level of jet engine noise as a source of destroying any peaceable quality to the eye or ear and a major source of input of the Dark Force into the masses—starting with kids."

COSMIC AWARENESS:

This Awareness indicates that the reason for this kind of jerky video technique and the noises in the background that have no sustainable or calm pattern is that it causes a kind of anxiety in the viewer because the viewer loses control. The viewer has no basic control and the control is taken from the viewer by the camera.

Just when the viewer is starting to see something it is jerked away. Just when the viewer starts to hear a familiar pattern it is shifted so that the sounds are disrupted. The viewer never can find anything it can hold onto. Everything becomes chaotic. Thus, the viewer experiences adrenaline reactions from the chaotic conditions which are part of the show which the viewer is watching.

Viewers Get Adrenaline Rush Because of the Chaos

The story-line is all that holds steady for the viewer, and it may be of little importance, but because it is holding still and the viewer is getting an adrenaline rush because of the chaos involved, the viewer then feels a need to stay with the chaotic condition, hoping to see something that will reconcile. It is likened unto creating a constant climax throughout the entire story or show.

This Awareness indicates in drama of old, a story built to a climax. In this kind of programming, the

quick chaotic visual sensation captures the entity's emotions and creates an adrenaline condition every split second. The value of this to a programmer is that anyone switching channels who comes to a situation like this cannot quite determine what the show is about, and when trying to see if it is something worth watching, stopping for a moment only to find the channel changing every split second with video jerks and changes, can only experience the adrenaline rush of the sudden shift of scenes and therefore, will stay and watch a little longer to try to determine, "What's going on there anyway? There is excitement on the screen, but what is it?"

This Awareness indicates the curiosity, along with the adrenaline rush that forces the entity to linger, to try to determine something, to make sense of what is being seen, tends to draw the entity into continuing to watch. This Awareness indicates it is a trickery to manipulate people to keep viewing a scene in hopes of understanding what's going on, so that they can make a decent judgment as to whether they want to watch or not.

In the meantime, while they are waiting to determine whether they want to watch, they have watched the scenes shift repeatedly over and over, from one scene to another, and have started to become aware of the storyline, but have not yet come to understand in a clear way what is going on.

It is likened unto a entity who is put in a situation where they want to ask: "What is going on here?" Anyone who sees a situation in which that question is asked is not likely to walk away until they know what is going on, and these techniques, these video techniques create that question, "What is going on here?" and the viewer is stuck trying to find out what is going on, and thus, they do not change the channel so quickly.

If they can understand, "This is a children's show. I am not a child!" then they may change the channel. But if they are a child and they see this, they are likely to stay and watch to find out what is going on. This Awareness indicates it is for this reason that these manipulations of video techniques are being used.

Also, the sounds are used for the same purpose in the same way: creating patterns that are not fully understandable. The patterns of sounds are chaotic, are uncertain. Just when you think you start to understand a pattern, something new comes in, some sound that wasn't there a moment ago, some sound that changes or doesn't fit with the previous patterns of sound.

This Awareness indicates it is all designed to create a sense of confusion and chaos, and the confusion and chaos attracts attention because the mind constantly works to make sense out of whatever is seen. If it cannot make sense of it, it continues to watch, to try to find something that it can grasp and make some kind of sense out of.

The Viewer Loses his Self-Control

This Awareness indicates this is the purpose for these kinds of techniques. It of course takes away the control of any mental condition that the viewer has. It simply hooks the viewer so that the viewer is no longer in control of self. The viewer does not have a desire to think for himself. He is letting the television cameras and sounds think for him. This Awareness indicates this of course removes the control from the entity who then cannot even think to change the channel.

The entity is simply stuck with an understanding of what is being done to the entity; that there is no reason to try to make sense from these chaotic circumstances. An entity can better realize the manipulation involved, and when the chaotic condition starts, he can simply say

"Oh, it's that same old trick, trying to suck me into their stupid movie!" and can switch channels to something else.

This Awareness indicates but when an entity does not understand what is going on, they are very likely to get sucked into that particular show simply because of the chaotic conditions which are controlling them so that they lose control of their own ability to make a decision to change channels or to look elsewhere for something different.

This Awareness indicates beyond this, there is the effect of creating a mind that is constantly seeking adrenaline rushes with everything that it experiences so that it is in a state of high anxiety, so that it is constantly seeking excitement. If it does not find excitement from outside, it will create excitement within, and thus the entity becomes hyper.

Why Are Children so Hyper?

This Awareness indicates entities want to know "Why are children so hyper? It must be the sugar. It must be the caffeine, or in the pop that they drink!" Often it is simply the shows that they watch on television which creates all the excitement in their mind, adrenaline rush in their bodies, and they cannot calm down, and if they do calm down, they feel that there's something wrong with them. They are bored. There is nothing exciting happening, and they are frustrated.

Thus, they want to dash outside and get on with something exciting. Soon they will dash back inside because whatever happened outside was also boring, and because they are used to the constant adrenaline rush they will seek out excitement from these types of shows, or from activities outside that appear to be exciting to them. They begin to rely on the excitement of life, rather than on anything peaceful and calm and normal.

If these entities get into this kind of anxiety, they may find themselves becoming aggressive just to stimulate excitement. They talk back to their parents just to get some reaction from the parents so they can get excited. They excite their parents by creating some kind of challenge so that the parents will shout at them, get angry and so forth because that helps them to generate adrenaline and feel more excitement in their life.

Camera Techniques Create "Excitement Junkies"

They are excitement junkies, and much of this is caused by the kinds of camera techniques and sounds that are constantly taking control from an entity's mind and holding the mind hypnotized by the excitement on the screen. This Awareness indicates it has been found that the best homes for raising children are the homes that have little excitement in them.

The children study better, the children learn better, get better grades and are more peaceful and more calm and generally happier and develop into more mature and responsible adults, if the homes they were raised in were generally lacking in excitement. This Awareness indicates that wherein excitement reigns, it does not take long before the parents also tune into the excitement and before long, the parents feed the excitement to the children also.

The child is excited about something, the parents get excited with the child. Then the child gets frustrated and excited in his or her expression. And the parents get excited in their reaction to the child's excitement and frustration, and thus the quarrels and fights begin, wherein the children and the parents cannot calm down enough to talk, to work things out, but have to yell at each other and create problems in relationship.

This Awareness indicates this often also leads to parents fighting each other in regard to the way the children were handled by the other parent, or vice versa.

TV a Conspiracy to "Dumb-Down" the Viewers?

FOLLOW-UP QUESTION:

Awareness, is this directly or indirectly part of the conspiracy to "dumb down" the viewers and to create problems and relationships in the families, or is this trend of noisy cacophony and so forth that is indicated in the statement simply what the writers and directors think is the "in" type of thing and what the public wants?

COSMIC AWARENESS:

This Awareness indicates they have found that it is what captures the attention of the audience and therefore, using these techniques to grab the minds of entities, it becomes a kind of hypnosis, hypnotizing the viewer to stay with the channel rather than switch channels.

This Awareness indicates this is likened unto the director who discovered that if the play got really boring, he had to liven it up. If the story wasn't exciting enough, he would simply have a character run across the stage every so often shouting, "The sky is falling! The sky is falling! The sky is falling!" or do something similar to create a more lively stage.

Thus, the audience would remain attentive to the play and not get up and walk out from boredom. This Awareness indicates that it is the same kind of techniques being used now on television, wherein entities are constantly being fed some kind of enlivening trick or technique to keep them from turning the channel. Just when you are starting to catch on to what is being said, and you are curious about what is happening elsewhere, and you are just getting ready to change channels to see what is happening on some other station, some technique comes in and gives you something unusual or something quite different from what you were watching without a clear understanding immediately being given.

Thus you stay with the channel long enough to find out "What is this? What is happening?" The "What is happening?" question is what they are striving to put to the audience so that the audience will ask, "What is happening? What is going on here?" Those questions can be stimulated by various tricks.

It is not so much that they are deliberately trying to "dumb down" the audience, for they already presume the audience to be dumb and simply wanting entertainment. They just want to be sure they are the ones providing that entertainment for the audience so that they can sell the products of their sponsor.

They are not interested in creating high quality shows that are culturally beneficial to an audience. They do not care to give the audience Shakespeare or some other great work of art. They simply want to capture an audience and hold the audience so they can sell the products they are being paid to sell.

This Awareness indicates that it is not some kind of sinister effort to bring about a dumber audience. It is an effort to sell the products they are being paid to sell, because that is how they make their big bucks. This Awareness indicates that in a sense it is all the result of money being in control of everything.

There was a time, even one or two generations back, when money was of a necessity to everyone, but there were other things of great importance too. Freedom was once of great importance to entities in this country. Today, people would sell their freedom, if they were

paid enough to do so. Now, the bottom line is money, totally, and entities are willing to sell their souls for the proper amount of money.

Something Very Sinister Is Happening and It Concerns Money

This Awareness indicates they are willing to give up their freedom. They are even selling children in some of these countries so that they can have the money the children bring on the market for body parts or for prostitution or whatever. This Awareness indicates there is something very sinister happening, and it is based on the over-emphasis on the value of money.

There was a time when money was desired because it could help bring about greater freedom, or greater benefits in life or it could help to give your children something worthwhile: an education or better clothes or something of benefit to the children, to the family. Now entities are ready to sell their family, to sell their own souls to get more money, even though the money does not bring them happiness, and cannot bring them happiness, if they have sold their soul, if they have sold their families out.

The Dark Forces Use Money to Control and Enslave Entities

This Awareness indicates there is something very sinister happening based on the money factor which is the bottom line control of the Dark Forces. The Dark Forces were well aware that the use of money could be a hook, could be the bait, could be the way by which humanity was snared into the servitude and slavery of the Dark Forces in their global agenda, and in this case, even the entities holding the cameras and presenting entertainment for the masses are ensnared to use these entertainment techniques to capture audiences in order that they themselves, the entertainers, can make more money.

They are not interested in pure entertainment or giving enjoyment to an audience. They are interested in getting audience from the audience to buy the products so that they themselves get more money from the advertisers, get higher ratings for their shows and so forth. This Awareness indicates everyone appears to be selling out that which is of value in life for the bottom line of money.

This Awareness indicates that if you look carefully, you will see that the people with the most amount of money are not satisfied. They are not happy with life. They are without the joys that could have been theirs' and which many entities in the past few generations have experienced. They are indeed miserable, but they still, because of habit and because of training, they still seek to find their happiness by increasing the amount of money they have.

Money Can't Buy Happiness Even for Billionaires

They may have 40 billion dollars, but they feel unhappy because their lives are not fulfilled, and instead of finding relationships that are fulfilling, they turn to business and seek to gain greater wealth, using their 40 billion dollars to make 80 billion, and when they have 80 billion, they will still not be satisfied, not be happy. They will want to turn it into 160 billion dollars, and each new goal, when fulfilled, only creates a new goal for greater money, but they do not find happiness because that request for more and more money does not provide them with the happiness they seek. This Awareness indicates they do not seem to recognize the futility of their pursuit, and they will still sell their mother or their best friend, if they can gain more money from doing so.

This Awareness indicates that the television techniques of capturing the minds of entities through these camera tricks and sound tricks is not necessarily a

cause. It is a symptom of the greed that has taken control of your society. It is a result of that greed and it is a symptom of the sickness that has resulted from the greed. It, in turn, creates its own kinds of further symptoms, which is a generation of anxiety-ridden children.

Exposing Children to Non-Exciting Things

QUESTION:

In regard to non-excitement for a healthy home life, there must be a delineation between stimuli of a positive nature and negative emotional excitement. It seems that exposing children to nature, fine art, classical stories, music and such is very good and beneficial for their happiness and development.

COSMIC AWARENESS:

This is in the affirmative. This Awareness indicates the stimulation of various kinds of high quality experiences for children is of great value. Taking children to the zoo, taking children to a museum, taking children to the beach, taking children skiing; active enjoyment wherein the physical and emotional and mental stimulation is great is very important.

It is that strange excitement that is generated simply for the sake of excitement, the violence that is often seen in cartoons and movies and particularly those things which are generated just to cause adrenaline rushes among children; these are the things that are of little value to the child.

Problems of Adrenaline-Stimulating Excitement in Kids

The excitement that is generated from this kind of adrenaline-stimulating excitement is that which leads to the child becoming addicted to the adrenaline rush, which in turn leads the child to stimulate fights and stimulate conflict, just for the sake of the adrenaline rush. This Awareness indicates when this child gets into this kind of mode, it easily spreads to the parents, for the child will enjoy getting the parents riled, because he in turn gets an adrenaline rush when the parents get an adrenaline rush, and they can mutually manipulate each other. The child can manipulate the parents into screaming or yelling at him, and he gets excited from the adrenaline that comes and can create a similar reaction from the parents so that they get a greater adrenaline rush, which in turn leads them into reacting to him with their adrenaline, and the entity then gets a further adrenaline rush.

Thus, the adrenaline junkies manipulating each other for the excitement that can easily lead to violence or to pain and disturbance, which can in turn create very traumatic experiences for children and parents alike.

This Awareness indicates the problem also is that it can be started at a very, very young age. At the age of one or two, a child can get into excitement and the desire for excitement, and can very easily start manipulating the parents by using the excitement of crying or of doing something to disrupt or annoy the parents.

The parents who take this personally can then in return react to the child in a violent or excitable way, which in turn could lead to the child being hurt or otherwise being traumatized by an overly angry parent. This Awareness indicates that if not a parent, perhaps an older brother or sister.

This Awareness indicates that the anxiety that comes about from entities getting easily excited in a negative sense is that which needs to be carefully avoided as much as possible. If, for example, you have a child who is screaming and having a tantrum, rather than slapping the child or beating on the child, which may be a desirable action, it would be better to, if possible, just

reach over and give the child a hug and say: "Let's relax a bit and see if we can work this out!"

Holding the child in a comforting hug can change the entire situation. This Awareness indicates this is not always a solution, but it is worth trying. Perhaps you cannot calm the child with a hug. Perhaps the child will be too outraged or be too violent in his or her expression to find any kind of calming from such an action, but it is worth a try, and if the child does not respond to your attempts to make peace, then do not become equally outraged and start shouting, "If you don't want to make up, then let's fight!" or something of that nature, which puts you back on the level of the outraged child.

How do You Deal With an Adrenaline Junky?

You cannot find a solution by joining in the outraged child behavior yourself. This Awareness indicates it is simply a matter of "How do you deal with a child who is a kind of adrenaline junky? who gets kicks from the use of the drug known as adrenaline and excitement? For it is just as much a drug, if it comes from your own system as it is if it is taken orally or injected intravenously.

This Awareness indicates that you must recognize that these children become junkies of emotions, junkies of adrenaline and so forth, and therefore, by being very much aware of the nature of these substances on the children, you can begin to think in different ways of how best to treat the child. This Awareness indicates often a child's behavior is the result of excessive sugar intake, or even more so, the result of artificial colors in candies, in pops, or in other substances, for these artificial colors can often create a hyper-anxiety within the child.

The Evils of Food Colorings for the Child

They are chemicals. These chemicals are effective in the same way as drugs. Some of these colors cause extreme anxiety among children, particularly if the child has an allergy to those colors, and you, not realizing the potential hazards of a color, food colorings and so forth, may think the child is simply being unruly and needing discipline, and you may choose to discipline the child by spanking or beating or screaming, or yelling at the child in some way to create further excitement, further trauma for the child, and the anxiety that results because the child is on this drug known as food coloring, may become even more increased.

When the Child Begins to Speak of Suicide

At some point the child may even begin to speak of suicide and you cannot ignore that concern because some of these children actually *do* commit suicide. Much of it is because of the excessive use of food coloring, the excessive use of sugar, or other substances in their diet that they are allergic to, and the way it has affected them, and the way it has affected their relationships with others, and the feeling they get from the reaction of others that they are worthless, that they are horrible; that they are evil, and the child perhaps, while trying to defend himself and stand up for himself against a shouting parent, while shouting at the parent himself, is actually afraid that he is evil, and does not have a right to exist, and the entity may seriously begin to think about suicide, or destroying himself because he is so horrible.

Often a child will not say, "I am a horrible person!" for if so, the parent would say, "Oh no! You're all right. I was just angry at you!" But the child will defend himself and try to attack the other person. But at the same time the child can very easily believe what the parent says: "You are horrible! You are mean! You are vicious! You are cruel!" et cetera, et cetera. And therefore the child may suddenly, for some unforeseen

reason, show up dead because of this gestalt of events and situations.

This Awareness indicates it is something parents must be careful about: keeping excitement down, being very much aware of the negative value of certain foods and food colorings and the way they may affect the children, and also in regard to the kinds of television shows the children watch. It is not so much that these television shows are too violent, although that can be a major concern, but because many of these television shows create anxiety within the child that causes the child to feel a constant need for adrenaline, a constant need for excitement.

If a child begins to constantly seek excitement, you may find it important to watch to see what shows the child is watching, and whether that kind of continuous need for excitement may be stimulated by those shows the child watches. That is as dangerous as the violence that is shown on these television shows.

A Healthy Child When It is Held Continuously?

FOLLOW-UP QUESTION (VIKKI):

In regard to holding a child; that reminded me of something I just saw on TV the other night about a society somewhere on some small island where the newborn child is held by somebody in the community constantly. For the first two years of life their feet never touch the ground, and then, at two years of age they have a ceremony where they make a big deal about when it's going to stand on its own two feet for the first time.

That's probably not practical in this society, but something along that line, where the child is held more, is this generally healthier?

COSMIC AWARENESS:

This would be extremely valuable and healthy for a child. This Awareness indicates that wherein the child is not permitted to touch the floor or the ground for two years could appear to be impractical in that the child would not get proper exercise to have the legs strengthened, but if the child is being carried it is not necessarily important for the child to have strong legs, and the legs will surely strengthen after two years, once the child is put on the ground.

This Awareness indicates, however, even if you are carrying the child for the first two years, the child can have opportunities to strengthen the legs by pushing on certain things while being held. This Awareness indicates in other words, the society appears to have found a way by which the child is given a kind of basic security that is of great value to the child and it does not appear to be such that it retards the children in the society, though they may not be walking until the age of two, but they will learn quickly. Once they are put on the ground, they will learn how to walk, because their legs will be stronger, they will be more mature, and will have the ability to learn quickly in terms of these motor skills.

Bow-Legs and Pigeon Toes for Kids who Walk Too Soon

This Awareness indicates that often parents try to get their child to walk earlier than is reasonable, and by holding the child's hands and forcing the child to walk before the legs are strong enough can be of great detriment to the child. It can cause them to become bow-legged or pigeon-toed, and by forcing a child to walk at eight months or even nine months or any time before a year, it can be hazardous to their health.

If, however, the child voluntarily seeks to stand, and then, after some time, learns to take a step or two, this is the result of the child having developed strong legs and

is not to be discouraged, because the child is doing it on his or her own. It is when a parent tries to make a child walk before the child is actually ready to do so on his or her own, that danger to the legs could be caused, wherein the child could become knock-kneed and pigeon-toed or one or the other. Or bow-legged.

Why Much of the Audience is Leaving TV (TV Bigwigs Wonder Where Millions of their Viewers Went)

QUESTION:

In reference to television, there was an interesting item that came over the Internet recently. An excerpt I believe from some columnist in some newspaper. And it's called "The Collapse of Network Television Audiences Continues." "The annual Sun Valley Conference, a 'power retreat' for entertainment big-wigs, focused on the issue. ABC had just hit the lowest prime time ratings in the history of the medium: a 6.3 rating. Also, CBS recently set their lowest weekly rating ever, and NBC, who won the week, is close: a 7.7 reading.

"NBC's broadcast of the 1996 Major League Baseball all-star Game on Tuesday night scored the lowest rating since the annual contest has been televised. Combined, the big three networks claimed a 20.5 rating last week in prime time, down from a 47.6 rating eight years ago. "Where the hell are they going?" asked a friend as we walked around the water fountain outside of the ABC offices in Century City.

"We are down 24% from just two years ago and it looks like there is no end in sight. There was a time when people would watch us, not be ashamed to say they watched us. I'm beginning to wonder if those days are gone!" Television researchers are starting to pick up on a very curious trend. It's being called "The Vanished;" millions of people who once watched television have just disappeared. They can't find them.

"It is just plain and simply a massive viewer drop-off, not seen since the television era began." If that article is true, what is the significance of that?

COSMIC AWARENESS:

This Awareness indicates it appears to be true. It appears that there are many viewers switching to VCR rental movies. There are many others who are switching to reading books with their children. There are also activities in which the family does things together. There are also just the quiet periods in the evenings.

Of course there are many entities who have switched to watching other than major network television channels. In general, however, the action of television viewing has dropped off considerably. Many of the young people spend more time playing with their friends or visiting friends without the company of a television set interfering with that visit.

This Awareness indicates it appears that entities have just gotten enough of sitting and viewing, and many of the shows that were designed to capture entities have become so commonplace that entities have lost interest in them and are looking elsewhere for something to do. This Awareness indicates there are many families who do not like what is being put on television, and thus, they tend to discourage their children from watching these television shows, and they themselves have turned off the television shows.

Those pass-time sports that once captured the minds of entities across the United States now have lost their excitement. The millions paid to the players and the strikes and the squabbles between the players and the management have caused many entities to stop watching or to lose interest in some of the sports, so that even the big sports which once captured the audiences no longer

have the drawing power that they had even a few years ago.

Basketball and Football is Now Boring to Many

This Awareness indicates that even the great teams, the great sports, are losing their power over the masses. Who, for example, can hardly wait to see the Chicago Bulls win a fourth year in a row? You have seen them win once, twice, three times; who really cares if they win a fourth time? Likewise, with the football teams, the conflicts in sports and the conflicts between the teams are being seen as not really that important, anymore than the World Wrestling Federation and its various wrestling matches are seen as being of any importance.

This Awareness indicates that the excitement of some cops and robbers or police and drug-dealers movie that may have captured audiences some several years back, has been repeated over and over with different players and different situations so many times that entities begin to feel, "If you've seen one, you've seen them all! Why bother watching this one? It is exciting, but I've seen this kind of excitement so many times, it is boring to me!"

This Awareness indicates that the camera techniques as mentioned before, are being used, and as indicated, the reason for their use is to create an adrenaline rush, but many entities are also aware of this, have lost interest in those techniques, are so familiar to the entities that the techniques no longer captivate, and when the TV is turned on and entities find something happening on one channel and they say, "What is going on?" and then recall that "I have seen this kind of thing repeatedly before! Who cares what's going!" and switch channels only to find another channel doing the same thing, then gradually reach a point where they say, "Why bother watching this? What about that book I started to read 6 months ago? Where did I put that?"

This Awareness indicates that many entities are just losing interest in being captivated and entertained by excitement on television and the tricks of the trade, which they have seen so much of that they are becoming bored by the excitement. It is all artificial excitement anyway. This Awareness indicates people are beginning to yearn for a simpler life, something that they can simply relax and enjoy with their family.

Their work itself, their job, is exciting enough. They want to come home and relax. People are working harder now than ever before on their jobs. They are working longer hours and getting paid less for the work they do. They are working more efficiently, and it requires two parents in each family to work full time in order to just keep up with the costs of living in today's world, and both parents coming home from work, tired, having their household chores to do, having time with their children; this is the focus of their attention. Many do not have time for television.

Newscasts the Same Old Boring Thing Day After Day

This Awareness indicates even the excitement of the news broadcast, in which a building is blown up by some terrorist, or in which a ship is sunk or a plane is downed; all of these things have become so common, and everyone knows it is the government that is doing it, and everyone knows that when it is done, the government will arise and point to the right-wing, to the Patriots, to the terrorist, to the foreigners; everyone knows the game. It has been done over and over and over. So why even bother watching the news? What is left to watch?

You have seen all the shows worth seeing, and the shows today are just repetitions and variations on the shows of yesterday. You have seen all of the comedies

of today and they are just repetition or one-line shockers, similar to shows you have seen before. It is not that you don't really **want** to watch them, it is just that there is no **need** to watch them. You have seen Married With Children. You know what it's like. Every day is different, but so much the same, that it isn't going to hurt anything, if you miss an episode.

This Awareness indicates likewise, the repeats of I Love Lucy you may have missed 30 years ago, but you have seen so many it is not going to hurt if you miss another. This Awareness indicates likewise with everything else that television presents. What is there on television that you cannot live without? What is there that you haven't already seen or seen some imitation of? This Awareness indicates there are so many shows so similar to one another that it is not urgent for you to see another similar show.

Few of the shows are of high enough quality that you **really** need to watch it.

Today 200 Channels and Still Nothing to Watch

QUESTIONER:

It's like Bruce Springsteen said in his song "54 channels and nothing to watch."

COSMIC AWARENESS:

This is in the affirmative. This Awareness indicates it is now occurring that the new small satellite dish allows entities to see 200 channels, but it is not seen as being that which will give much improvement for the viewer. If you cannot find something worth watching on 54 channels, do you think you can find something worth watching on 200 channels?

This Awareness indicates you will spend all your time switching from one channel to another and missing the movie that was playing on channel 198, which you should have seen perhaps. There are so many to choose from it becomes more difficult to make a choice, and you constantly shift from one to another, trying to find that ultimate show "that is so high and wild" (Awareness is quoting Leonard Cohen again), you'll never have to turn the channel.

This Awareness indicates it is not likely to make much difference or bring the audience back to television. There will always be those who watch television. The high numbers will have dropped off considerably however.

UFO Cures a Woman's Terminal Cancer

(More on Nano-Technology From the Good ETs)

QUESTION:

In a dispatch from over the Internet from Periscope, a weekly newsletter, under "Something Strange is Happening," they list a number of strange things that are happening, but one of them is this: "Monday, October 21st, UFO Cures Candidate's Cancer!" It states: "20 years ago, Florida County Councilwoman Lynn Plaskette was dying of terminal lymphoma, but four months after her initial diagnosis, as she lay in bed, she heard a sizzling sound, like high voltage electricity.

"Her room filled with mist and she began to rise into the air unaided. While she floated above her bed, a small "dinner-plate" sized disk flew in and passed over her from head to toe three times. The next day she knew she had been cured, even before consulting her physician. Now, she's running for office and has gone public with her extraordinary story. What **really** happened to Lynn Plaskette? Will her tale increase or weaken her support from her constituents?"

Well, I don't know if the entity got elected, but I'd like to ask Awareness, if that story is true, what actually

did occur in that instance?

COSMIC AWARENESS:

This Awareness indicates that this is a case of Batteries Not Included, the movie with Jessica Tandy. This Awareness indicates that this is a very similar situation, wherein these entities did indeed make contact with the entity, and did help to bring healing energies to her. This Awareness indicates that these are not the Greys. These are not the Reptoids. These are not the Orion Greys. These were entities from a very friendly civilization.

These entities are capable of using that which is called nano-technology. They are capable of changing size. These entities appear to be from Andromeda. They are capable of using that which is using nano-technology, in which they can switch from one size to another.

Nano-Technology Used by Ancient Sumerians

This Awareness indicates the ancient Sumerian civilization, that civilization of Sumer which was in existence at the time of the beginning of civilization on earth and the creation of Cro Magnon man, learned to use the alien technology of what is called nano-technology: the ability to switch size by condensing molecules so that there is an entire civilization on earth that is so small that they are essentially invisible to the naked human eye.

The Sumerians of ancient Sumer learned to reduce themselves in size, so they do not take up much space. They are able to go into tiny places, so small you could not see them if you looked directly at them. They also have the ability to become larger, and these entities have contact with Andromeda, a civilization in the Andromeda galaxy, so that they can traverse the distance very quickly and have become very much a part of the holistic universe.

They are beyond the three-dimensional reality. They are places, to know what is occurring, to be less noticeable than a fly on the wall. They are able to watch what is happening, to monitor, to be aware of activities throughout this entire civilization, and because they are so small, they have gathered enormous amounts of intelligence, data and understanding of our civilization. This Awareness indicates that by "our" *It* is referring to your civilization.

They are capable of using this information to help benefit humanity in its present struggle. It is this Force of Light that may have the final influence on your civilization to help balance the negative forces and to bring them into the Light of the spiritual reality that is destined for your planet.

This Awareness indicates this craft which this entity experienced as a healing tool, was from among these entities. This Awareness indicates that the entity Dr. Merkel has begun a serious and deep research into nano-technology, and it is seen that the entity will at some time in the not-too-distant future, release a book on the subject.

Thanks For Sending in Questions!

CLOSING MESSAGE:

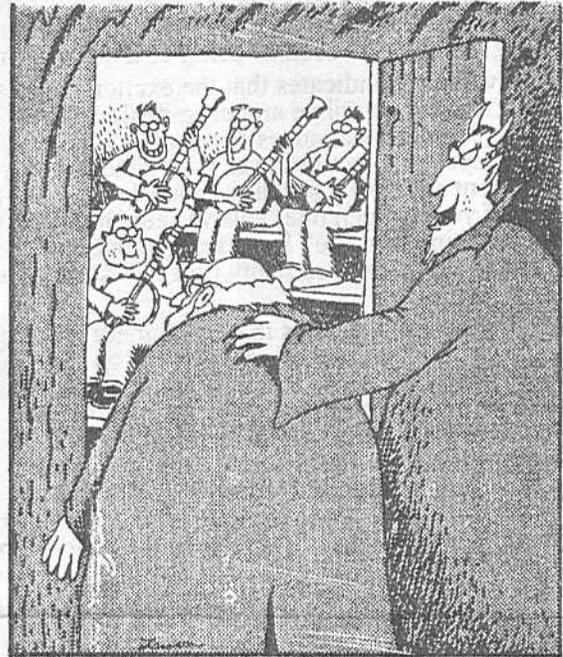
This Awareness wishes to thank the entities who sent in questions. That these questions are very helpful and important in helping to open up areas for further exploration. This Awareness indicates that as you understand, this Awareness cannot respond to needs unless those needs are expressed and the questions are a way of expressing a need to know.

This Awareness indicates there are times when this Awareness can attune to certain needs and can discuss those needs in opening messages, but this is somewhat

limited to the strength of the urgency and it is necessary for this Awareness to have further questions for these readings to continue. This Awareness appreciates the effort that entities put into thinking and asking these questions. Much effort on their part goes into finding the right questions to ask, which can be of benefit to many.

Thank you

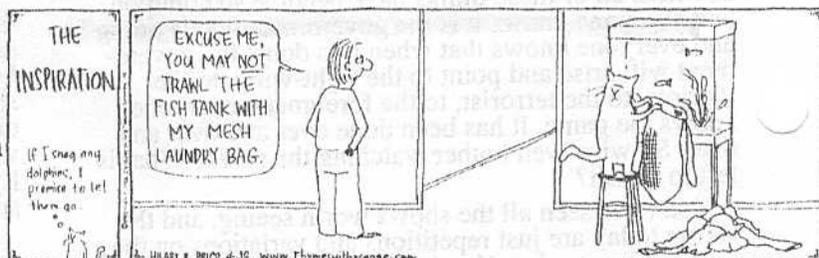
(The Law of Gratitude is given)



"Your room is right in here, Maestro."

WHAT IS COSMIC AWARENESS?

COSMIC AWARENESS is the Force that expressed Itself through Jesus of Nazareth, the Buddha, Krishna, Mohammed, Edgar Cayce and other great avatars who served as 'Channels' for the 'Heavenly Father' and who speaks again today as the world begins to enter the 'New Age' of spiritual consciousness and awareness. Since 1963 Cosmic Awareness has been communicating through carefully trained channels. This information is for those who desire to help in bringing in the New Age. Throughout the thousands of 'Readings' given through these various channels, Cosmic Awareness tells us not to believe anything, but to question, explore, doubt, and discover for yourself, through your own channel what is the truth. Cosmic Awareness will only 'indicate' and 'suggest'. Neither C.A.C. or any of the Interpreters is responsible for anything Cosmic Awareness states in any of these readings, nor does C.A.C. or the Interpreters necessarily agree with the statements of Cosmic Awareness. The Interpreters interpret the energies as they see them in trance levels and are not personally responsible for what is said. The Interpreters published herein have no connection with, nor control over the editorial comments and material, including illustrations. This is entirely the responsibility of the editor. Members of C.A.C. are invited to send in questions of general interest to ask Awareness for possible publication in this newsletter.





Excerpt from CAC Reading 7-5-21-91

Where is the Plane of Forgiveness?

QUESTION:

A question from Ruth Soper, San Jose, California. She writes: "About our guides. I understand they are spirits on the plane of forgiveness who have forgiven themselves. My question is: Is this plane of forgiveness on the mental plane?"

COSMIC AWARENESS:

This Awareness indicates that *It* has not heard this version before. There are always new ways of expressing things. This Awareness indicates that it appears in the context of this particular version that the plane of forgiveness would be somehow associated with both mental and heart or compassionate planes. There is a degree of compassion involved which ties it to the soul for compassion is tied in with soul energies.

This Awareness indicates it is not simply a mental thought involved in this kind of perception. This Awareness indicates there is compassion involved in this, that if you view this from the concept of the Cabalistic view of creation, the highest frequencies would be in the realms of creative energies or conceptual levels. The next would be in the realm of emotional levels and the next in levels of thought, followed by the next as physical levels.

This Awareness indicates that these energies of a higher level reach quite some distance beyond thought; that levels of essence and conceptual levels have to do with Divine Creative Energies, thoughts which are below emotions and compassion have more to do with structural energies and definitions. These structures are formed by words, thoughts and definitions, and a plane of forgiveness, if there is such a thing, would be a concept in the conceptual level.

It is a creation that entities can energize. It carries with it the energies of compassion.

4-4-03 Grace Interpreter

THAT NEW BOOK ON JESUS: "THE BIBLE FRAUD"—HOW VALID IS IT?

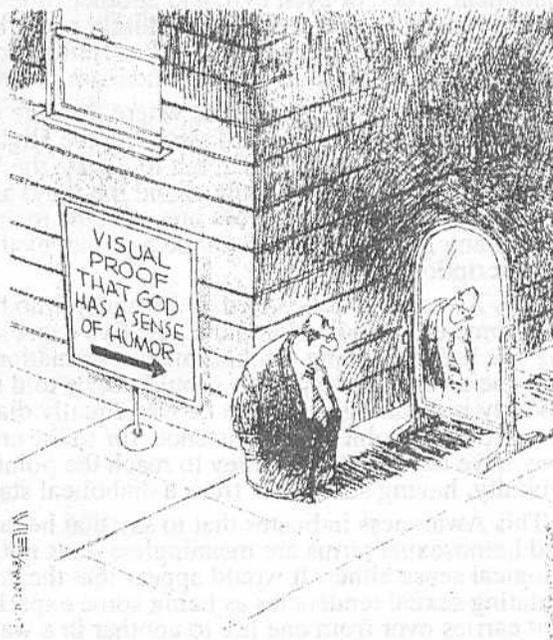
QUESTION:

A question from JD in Vermont. She writes: "The recently published book titled *The Bible Fraud* is reminiscent of much that CA has said on the matter, and the author has clearly done some remarkable research on numerous texts relating to the lifetime of the alleged Jesus of the Bible as well as other candidates for the stories. My question for CA is just how accurate is the author's research/conclusions in the book. I get the comfortable impression that he is not flogging any pet point of view but merely looking into massive numbers of accounts of the times and trying to sort out the truth of the matter."

COSMIC AWARENESS:

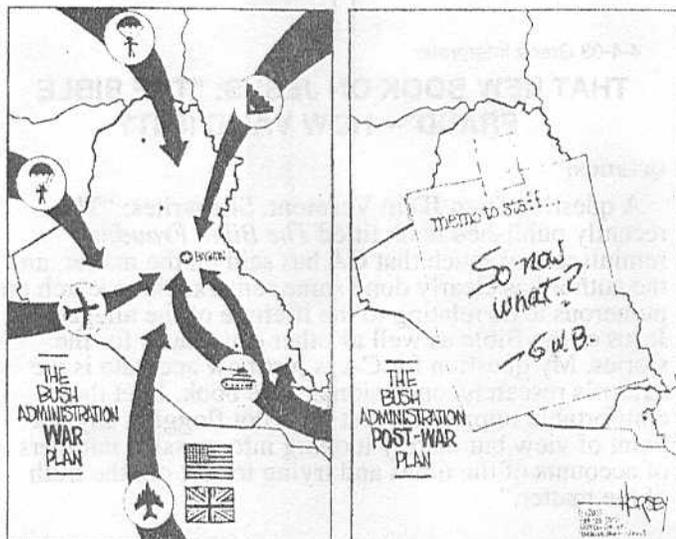
This Awareness suggests that this book in an important offering for those who still harbor the belief that the Bible offers the definitive and singular path to divine knowledge and truth. This myth has long been the source of submissive enslavement through threat of punishment, and induction of guilt and shame for experiencing the inner desires for freedom and personal control. The details offered in the book are far less important than the shift in belief that rejects the legitimacy of any external authorities. Such a book can foster the shift toward the symbolic kernel of truth contained within all Holy Scriptures, the common theme that all answers lie within. The themes that direct the human consciousness to the innate spiritual language of emotion and the creative empowerment and evaluative wisdom it offers from within and the virtues of trust, gratitude, devotion, compassion, forgiveness, and innate divinity that unite humanity as one body, one mind, one spirit.

NON SEQUITUR By Wiley



VISIT THE NEW CAC INTERNET HOME PAGE AND BULLETIN BOARD

www.CosmicAwareness.org



SINCE WE'VE ALL HAD MALE AND FEMALE LIFETIMES AREN'T THE TERMS "HETEROSEXUAL" AND "HOMOSEXUAL" MEANINGLESS?

QUESTION:

A question from Robert Smith, Vancouver, British Columbia. He writes: "Since as eternal genderless souls, each and everyone has experienced being both male and female in many, many lifetimes, does Awareness agree this makes the terms "heterosexual" and "homosexual" ultimately meaningless?"

COSMIC AWARENESS:

This Awareness indicates that this is not ultimately meaningless, because normally you are not multi-gender simultaneously. This Awareness indicates that many entities, at one time in their eternal soul, may be very diabolical, cruel, or even evil, and at other times, may be very spiritual, divine and exceedingly good, but because they have experienced both extremes does not mean that the divine and the diabolical are meaningless.

This Awareness indicates that where they are at any particular time, may be out of step with the Highest or it may be in tune to the Highest, but to equate the lowest and the highest, or the diabolical and the mind as being equal because entities go from one extreme to another in their many lifetimes, would not be a proper evaluation or description.

This Awareness indicates that the entity who has overcome the diabolical and the negative expressions of his one life by moving through many incarnations to become a very divine person should not be told that his divinity is meaningless, since he was equally diabolical at some other point in his existence, for to the entity, it may have been quite a journey to reach the point of Divinity, having started off from a diabolical state.

This Awareness indicates that to say that heterosexual and homosexual terms are meaningless does not track in a logical sense either. It would appear that the entity is equating sexual tendencies as being some experience that carries over from one life to another in a way that has no meaning, because perhaps the entity was masculine in one life and had sexual experiences with women, and in another life, is feminine and has had sexual experiences with men, and therefore, somehow the entity perceives this as equal to homosexuality. This does not track logically.

This Awareness indicates the action of being male in one lifetime and gradually, over several lifetimes turning into a female, may mean to some entities that masculine and feminine qualities are meaningless, but if you are in a male body, it is not going to seem meaningless to you, or if you are in a female body it is not going to seem meaningless to you, particularly when you give birth to a child, it is very significant.

This Awareness indicates that what occurs from one lifetime to another may be seen in a condensed view; that men can become women and women can become men, and therefore, it is meaningless, but it is not meaningless to the individuals in those particular bodies. Sexual differences are very important to the entities when they are in a particular body.

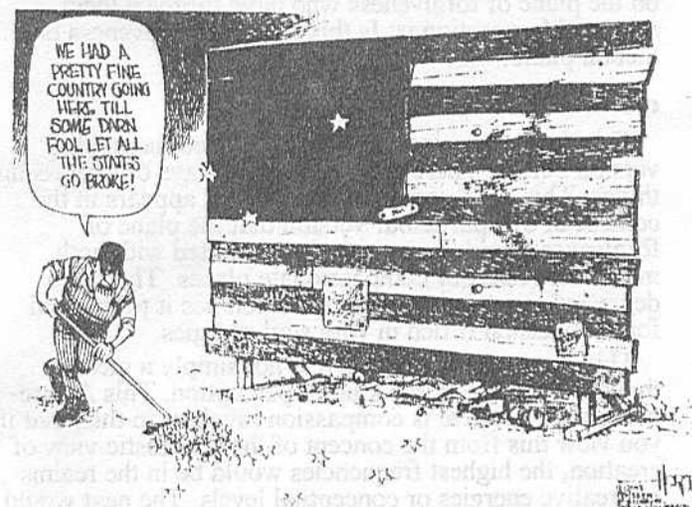
This Awareness indicates that *It* does not follow the reasoning of the questioner that homosexuality and heterosexuality terms are meaningless, because entities live many different lifetimes and their sexual nature change from one lifetime to another, from time to time. It does not follow logically or in any clear way that this has anything to do with homosexuality or heterosexuality.

QUESTIONER:

He says "ultimately" meaningless.

COSMIC AWARENESS:

This Awareness indicates it is no more "ultimately" meaningless than if you are born as a woman or if you are born as a man to claim that this is ultimately meaningless. This Awareness indicates that you can also argue that entities experiencing perhaps 20 or more lifetimes, you could say that "lifetimes" are ultimately meaningless because you have had so many and you can't recall them and therefore, what good are they if you cannot take from each lifetime something to carry



**--HOW TO GET THIS NEWSLETTER BY MAIL--
EVERY 4 WEEKS ! (More or Less)**

REVELATIONS OF AWARENESS is a cosmic newsletter, published by Cosmic Awareness Communications, P.O. Box 115, Olympia, Washington, 98507, U.S.A. (A not-for-profit organization). Membership fees and donations are deductible from your Federal Income Tax. Try to remember Cosmic Awareness in your will if you wish to have these messages preserved and available to others in years to come. ("How many have you served, and how well?" is the question we will all be asked at the Passing Over).

MEMBERSHIPS AVAILABLE (Honor System)

INDIVIDUAL: \$42 per year or \$12 quarterly
FAMILY: \$52 per year or \$20 quarterly
CONTRIBUTING: \$77 per year or \$25 quarterly
SPONSORING: \$144 per year or \$40 per quarter
BENEFACTOR: \$500 per year or \$150 per quarter
PATRON: \$1000 per year or \$250 per quarter
ANGEL: \$5000 per year or \$1500 per quarter
LIMITED INCOME: \$30 PER YEAR OR \$9.00 QUARTERLY