

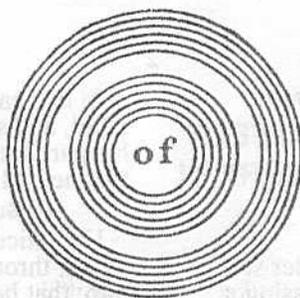
# Revelations

The Cosmic Newsletter

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# Awareness

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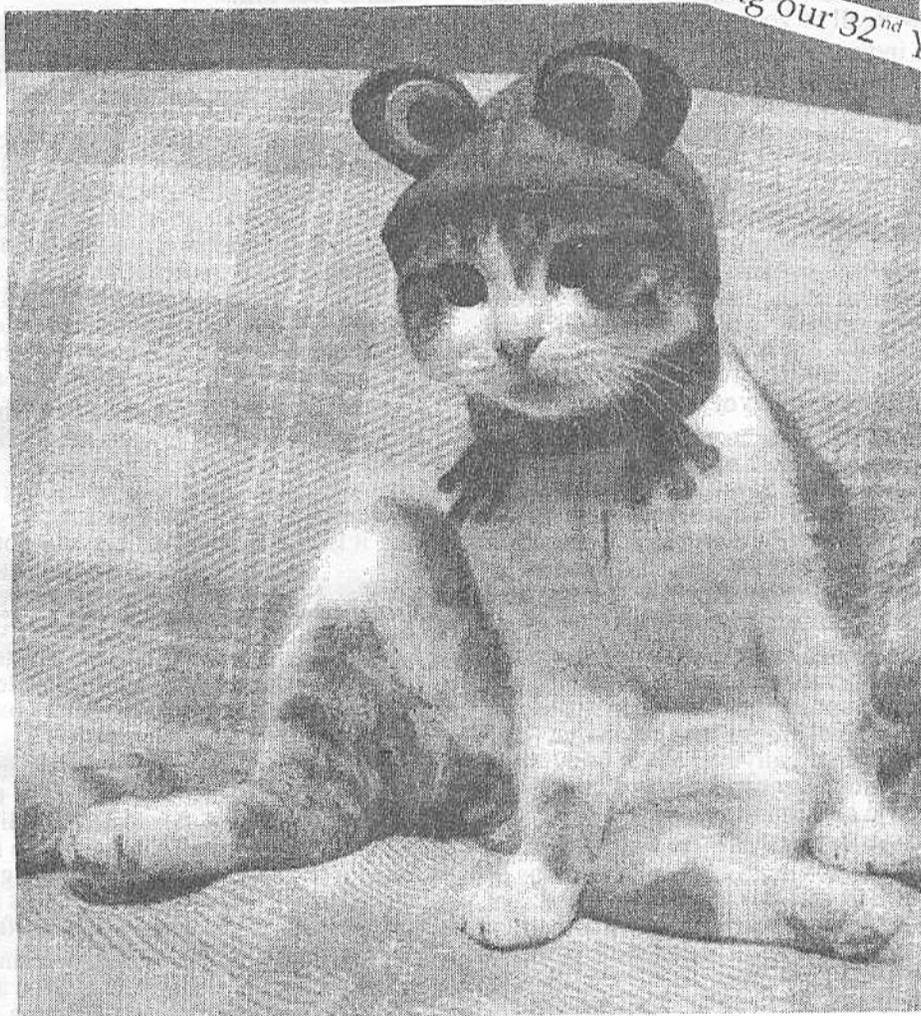
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CAC General Reading 11-10-94. Paul Shockley, Interpreter

## HOW THE REPTILIAN BRAIN CAN AFFECT THE FETUS AND CAUSE GREAT MISERY IN THE ENTITY'S LIFE

### OPENING MESSAGE:

This Awareness wishes to comment on a letter sent to the Interpreter by one of your members, discussing a discovery on his part that he felt was of great benefit to him, and the entity decided to share this with the Interpreter. This Awareness sees this as something that should be shared with all of your members.

This Awareness indicates that the entity describes how, throughout most of his life, he has been suffering from bad luck, one piece of bad luck following another, but that by reading, he ran across some information that helped him to think more deeply about his own situation and come to some realizations that were not even in the material he read.

This Awareness indicates this has to do with the development of the reptilian brain during the fetus stage prior to the development of the rational brain, whereby the child in fetal development is not able to think rationally or consciously, but is still able to put together certain subconscious reasoning levels based on the reptilian brain and its perception of experience.

In his case, he describes how he was led to feel that he was entrapped somewhere. He was being choked or smothered or crushed and could not escape. There was no room for him to escape. This Awareness indicates the entity explained that it was only years later, after finding information from others, that he discovered his mother tried to abort him by wearing an extremely tight girdle and bouncing up and down on the toilet.

This Awareness indicates that the effect of this on his subconscious, or reptilian mind was to cause him to feel that he must have done something wrong. In his terms, he experienced the original sin for his life, in that there must have been something really bad about him that was bringing on all this punishment and it was all occurring prior to his birth while still in the womb.

### The Entity Believed He Was Evil—"The Original Sin"

This Awareness indicates that in his subconscious it took hold and led him to feel this same conclusion throughout his life, that there was inherently something wrong with him, he was evil and needed to be punished. Thus, throughout his life as he grew up, he experienced continual punishment as a result of the subconscious mind dictating that he needed to be punished for his "sins."

He did not fully understand what "sin" he had committed, but this didn't really matter, because he knew that he had done something wrong. His subconscious mind had reached that conclusion prior to his birth. This Awareness indicates the entity points out that this can occur to many people, and that these experiences prior to birth may lead entities to a certain attitude about themselves on a subconscious level that affects their entire life, so that their entire life is affected by which he terms the "original sin," the mistake that occurred prior to birth, which the subconscious perceives to be his fault in some way.

This Awareness indicates that he points out that through hypnosis, hypnotherapy or through prayer, or just through deep meditation, he may have the opportunity to discover that whatever happened to him was not necessarily his fault. Perhaps he did not cause this event to occur which he considered a "sin" on his behalf.

In this case, it was the mother who did not want the child, and sought to abort the child. There was no sin on his part, but most of his life has been spent presuming that he had somehow sinned and was inherently evil.

### He Surrendered to Christ Who Took Away His Sins

He noticed also that in putting this into Christian terms, through the help of a minister who counseled him, that he was able to surrender to Christ, and let Christ take care of his sin and thus free himself of this particular subconscious aberration, and that this helped him to free himself.

He also pointed out that a good hypnotherapist could also have helped him in the same way to realize that it was not his sin, it was simply a problem caused by the subconscious assuming it to be his sin.

This Awareness indicates that the value of this situation in which this entity discovered for himself a way of becoming free of a subconscious aberration is that entities almost all have some kind of disturbance while in the womb. Perhaps not this intense, but there can be other ways of experiencing serious disturbances prior to birth or even shortly after birth, which affects the entire life of the individual, if it takes hold in the reptilian mind prior to the development of the conscious mind which occurs at approximately the age of three.

This Awareness indicates that whereas you might, through the help of prayer, meditation, or hypnotherapy or some deep counseling, release a memory, a prenatal memory, this may not be possible for all entities. You would be lucky if you could recall prenatal experiences, but it is very likely that this will not happen for you.

### Another Option: A Prenatal Astrological Chart

This Awareness indicates therefore, there is still another option which entities may wish to consider or to pursue in trying to unlock the mysteries of their own personal original sin, and this has to do with the prenatal astrological chart; the chart that covers the period between conception and birth.

For example, the entity's experience of having the feeling of being squeezed while in the womb from the overly tight girdle, could be quite likely seen in his prenatal astrological chart as some kind of restriction, most likely that of Saturn, affecting his health, house, and Saturn being constrictive in its effect, would show the tightness of the girdle on his life during that time.

He would not of course expect an astrologer to pinpoint the fact of the girdle, but the astrologer could show there was a strong restriction on the entity during that time as shown by the placement of Saturn. This Awareness indicates in other words, to bring this to the surface of consciousness, rather than letting it reside in the unconscious mind, astrology could be helpful.

A prenatal astrological chart could be helpful in discovering the generalities experienced during that time, but you might not be able to discover the precise incident of the experiences. This does not necessarily matter. If you have a general understanding of the problems occurring during your prenatal experience, you can bring much of the subconscious problems to the surface and see how they affect your life at present time.

### An Extremely Important Field For Future Therapy Research

This Awareness indicates that once this is done, it can be very helpful in alleviating the results or effects of that prenatal experience on your present-time experiences. This Awareness indicates that it is an area and a field which entities may wish to explore further, may wish to research, wherein astrologers may find this to be an extremely important area of future research, wherein individuals may find that this can lead to opening up

new areas for counseling with professional help, to discover, to unlock memories and to release traumatic experiences buried in the subconscious.

This Awareness indicates that part of such therapy might even include some kind of re-enactment of the problem. For example, wherein this entity has discovered through relatives that his mother tried to abort him, he might find that by having ropes put on him and tightened around him, that this experience will help him to recall more consciously his prenatal experience and to release this prenatal experience into his conscious level, rather than retaining it in a subconscious level, so that he can work through the trauma more consciously and thus rid himself of the subconscious memories.

This Awareness indicates that it is a remarkable way whereby entities could help to get rid of basic subconscious attitudes that carry throughout the entire life, if not probed and released. This Awareness indicates that it is clear how such a trauma on a subconscious prenatal level could very easily disturb a future expression, attitude and experience of an entity throughout his further life journey.

This Awareness suggests that entities who find this of particular interest to them may wish to consult a professional therapist and discuss this with them and perhaps probe their own subconscious, either through hypnotherapy, or through meditation or through counseling, to find if this is something that will help to release some of their own aberrations.

### How Could the Entity's Subconscious Make Such a Judgment?

#### FOLLOW-UP QUESTION:

How could that entity's subconscious make such a judgment as that? It was my understanding that the subconscious could not reason, but it only followed instructions.

#### COSMIC AWARENESS:

This Awareness indicates the subconscious did not reason in words. It simply experienced a feeling of being punished and the feeling of punishment implied to the subconscious that it had done something wrong. This had carried over from a previous lifetime. The subconscious carries certain basic memories, and it may have well presumed that punishment and guilt go hand in hand based on its subconscious memory of other experiences in its lifetimes before.

#### Patterns of Thought Carried Over From Previous Life

This Awareness indicates this may also be part of the karma the entity carried over, having certain patterns embedded subconsciously. This Awareness indicates as *It* has suggested before, much of the karma entities carry from one lifetime to another has to do with the patterns of thought, the patterns of subconscious understanding and experiences.

This Awareness indicates that obviously, the fetus does not have words to describe its feelings, such as "guilty" or "punishment." These are not words that the fetus would experience. Nor would the fetus experience concepts associated with words of "original sin." These were the words he used to describe those feelings that he believes were associated with the subconscious experience.

This was a later labeling action, where he labeled the experience with terms that he had learned later in his life, and looking back on the experience with this new linguistic ability, he labeled the experience with these consciously chosen terms.

There was not any particular reasoning involved any more than that of the most basic level, which is common to the subconscious mind. For example, an animal getting too close to fire does not reason that fire burns, it simply reacts and catches the message. It becomes a fact in the subconscious of the animal that when pain is experienced, to avoid the pain you move away. You stay away from that which hurts.

It is not necessarily a deeply thought-out reaction. It is instantaneously learned, and in the case of the entity feeling crushed by the girdle, the entity very likely was not thinking: "Oh dear! I must have done something wrong here! Otherwise I would not be crushed!" but rather, most likely experienced a feeling of "Whoa! What have I done? I am being crushed!"

In other words, for the fetus, it may have presumed that it had moved, or it has twisted or done something to cause the pain it experienced. It may not have perceived the pain as being the result of some horrible sin it had committed, but that may have later developed in the entity's psyche as a result of that basic subconscious sense of having erred and caused itself to suffer, so that as the entity matures, it begins to try to understand the feelings of error in its subconscious and the conscious mind at some point in its development, perceives that it must have done something wrong.

This may not have been the conclusion of the conscious mind until perhaps four, or five, or ten, or fifteen years later, but there is the gradual growing of a sense of having done something wrong based on experience in the past in the subconscious that the entity suffered and someone was trying to destroy it.

If the entity did pick up on the mother's intent to abort him, he could very well also perceive that he must have done something offensive, something wrong, to deserve being aborted. This Awareness indicates after all, the entity was conscious to some degree, even if it was an unconscious experience, or subconscious experience.

It was not as though it was simply a non-living being experiencing the pain. It had some degree of intelligence, and some degree of responsiveness to the pain. Its reasoning may not have been clear or accurate, but it was responsive to its situation, even if the response was erroneous.

### Some Traumatic Prenatal Experiences Could Be Beneficial

#### FOLLOW-UP QUESTION (VIKKI):

Is it possible that in some cases, the aberrations that occur in the subconscious from traumatic prenatal experiences can work okay for you in life without going through and dealing with them consciously?

#### COSMIC AWARENESS:

This Awareness indicates it depends on what the prenatal experiences are. In some cases, for example, a negative experience might result in something, a personality quality or character quality that could be turned into something beneficial. There are many times that a negative quality or characteristic that one sees as being bad, is only bad in a certain context. Stubbornness, which entities usually think of as a bad quality, can be very beneficial in certain contexts, such as the difference between stubbornness and persistence is only a matter of wording.

#### Stubbornness and Persistence Not Bad Qualities

Persistency is usually considered a good quality, but if one is persistent in something negative, it is not usually called persistence. It is called stubbornness. "They are too stubborn to realize when they have made a mistake!" This Awareness indicates that yet people will say the

thing that makes one successful: "It is not intelligence, it is not who you know; it is whether you are persistent in your pursuit. If you never give up, and keep going, you are eventually bound to succeed."

This Awareness indicates that it is the same thing as stubbornness, but you use the term "stubbornness" when it is seen as a negative expression, and you use the term "persistence" when it is seen as a positive expression. This Awareness indicates in other words, that which may be considered a negative quality in a person can be carefully applied to certain expressions or certain fields of action so that it becomes a positive quality.

One who is enthusiastic is said to be expressing a positive quality. But if that enthusiasm is causing them to express themselves enthusiastically towards something that is a bad behavior, such as driving too fast, or getting too carried away with a sense of humor in the wrong place; in other words, enthusiastically making people laugh during class time, then this is not considered a good quality.

#### Having a Temper Not Always a Negative Thing

This Awareness indicates that when an action or quality is properly placed, it can be a benefit. When it is improperly placed, it can be a detriment. This Awareness indicates an entity who has a temper, who easily blows up when pushed wrongly, can be said to have a very negative personality, but if that entity's temper is put in the right place; for example, if the entity is in a situation where a burst of enthusiasm, excitement or adrenaline is important to helping the entity do his or her job, then that exuberance may be of great value.

The entity might be explosive, especially such as in a competitive sport, such as a basketball guard who suddenly explodes and moves in to make a basket. That same entity, and that same explosiveness would not be appreciated if it was used during a communication with other people in a situation where he exploded to make his point, and devastated the other conversationalists in the process. They would say "He gets to erratic. He's too angry! He's too blunt!" and they would think he was not a very good conversationalist, but when he puts the ball in the hole, he is really on target, and really good at what he does.

This Awareness indicates in other words, entities can find ways to channel their negative energy into something of a positive direction and those negatives may turn out to be the most positive expression they have, or most positive qualities they have if they know how to channel or find a way to channel those energies. Likewise, if they have some characteristic that they cannot properly channel, it may be seen as their worst characteristic.

This Awareness indicates in other words, many of the subconscious aspects of an entity's character or personality can be guided or channeled into something good, something beneficial. It does not necessarily require that the entity get rid of all negative qualities, but rather that the entity find a way of turning some of those negative qualities into positives, if they cannot or do not wish to rid themselves of those negative qualities.

### Letting Their Weirdness Work For You

#### FOLLOW-UP STATEMENT (VIKKI):

Sort of like letting your weirdness work for you?

#### COSMIC AWARENESS:

This is in the affirmative. This Awareness indicates an entity who is highly critical, for example, may actually have a consciousness that sees the flaws in things, and in the proper environment or context, that quality could be of great value. For example, the person working on

an assembly line, looking for flaws in the product that passes by could be one of the best persons on the line.

This Awareness indicates, however, that if the entity is using this critical eye to find fault in friends, then the entity could be a very obnoxious person to be around. In other words, whatever quality you have that is harmful or doing you no good, is probably acting in an area that is not the best for it, and wherein you can find a better use for that negative quality, you can turn it into a positive quality.

The critical person might be very good at helping to coach a singer or a person trying to excel in their field, but needing to improve their presentation.

This Awareness indicates likewise, if you hire people who have certain qualities that just don't fit in well with their job, you might think of altering their purpose and giving them something that is more harmonious to their personality rather than firing them.

### ADOPTED CHILDREN: DID THEY CHOOSE TO BE BORN TO SOMEONE WHO WOULD GIVE THEM AWAY?

#### QUESTION:

Some questions from Anne Allen, Chino Valley, Arizona. Awareness has given some information before in this area. These are personal questions, but they might be of interest to others. I'll read her statement and then go back and ask particular questions if Awareness requests.

"I am reading *The Celestine Prophecy* and have some questions for Awareness. This book, as well as others, speaks of choosing one's parents and time of birth. Now I am adopted. Did I choose to be born to someone who would give me away? I don't know how I would have known I would be adopted by the people that did.

"Sometimes I wonder if my adoptive father was also my biological one. We are much alike, looks and behavior. The book also speaks of one's learned control drama, learned from one's parents and using this to determine one's mission here. With adoptive parents though, wouldn't this make a possible big difference in the drama learned?

"I'm also wondering about children with a single parent. My son's father died when he was six. Does this emptiness teach a control drama? I really would like Awareness to discuss adoptions, adoptees in general. Should they search for family, and why would souls choose situations like this? and whatever else you can think of," she asks.

#### COSMIC AWARENESS:

This Awareness indicates that it is not of any particular rule as to whether entities benefit or don't benefit from adoption. It is a matter of individual experience and attitude toward the adoption that will determine whether the entity experiences a benefit or a detriment in the adoption.

#### Some Babies Have One Option: Being Aborted or Adopted

This Awareness indicates that for one entity, being adopted can be a very rewarding experience. The entity may have had only two options, either being aborted, or being adopted, and the entity may have been adopted and may not even appreciate having been adopted, but if the entity knew that the other option was to be aborted, the entity would have every reason to appreciate the adoption.

This Awareness indicates that on the other hand, an entity might feel very upset about being adopted, and feel that he or she was mistreated and wonder what it

would be like to have a real parent. What the entities are actually wanting is not so much a real parent; they are wanting love and acceptance from someone, and they may think that a real parent would be more loving.

It may actually be that the real parent would be very detrimental to the entity. Many times, real parents don't want children, and they don't like the responsibility of having children, and they resent the fact that they have a child, and they feel that they can do whatever they want to the child because "It's my child! And no one has anything to say about it!"

This Awareness indicates that this attitude is not that uncommon with some parents, whereas most adoptive parents want the child, or they wouldn't bother trying to adopt the child. Many entities who are of adopted parents have much more love, much more affection than they would from a true parent.

#### **Every Young Person Sees Something Wrong With Their Parents**

This Awareness indicates it seems to make very little difference. Every young person feels that the parents are not loving enough, understanding enough, or do not behave as they want their parents to behave. There is always something wrong with the parents. This begins usually to intensify a few years into the teens, and as the entities grow in age, it becomes more acute.

This Awareness indicates this is because the teen-age child recognizes that he or she must leave home, and it is much easier to leave their parent if they aware of flaws that their parents have, if they feel that their parents are stupid or lacking in understanding, or have some other flaw, it becomes easier to leave.

Therefore, most teen-agers, as they approach the time of leaving home, begin to find more reasons to leave by looking at the parent. This Awareness indicates it is only after they have been away from home for some time and run into difficulties themselves that they begin to feel a nostalgia about going home to mamma, or daddy.

They realize how well they had it before they left home, and how difficult it is now. And many times, they will either want to go home, or if convenient, they will go home for a certain length of time. They may not stay long, but it is a sense of relief to be home. It becomes perhaps just a place to go, to touch base with a time in their life when they felt a kind of security, even if they had not appreciated that security at the time.

This Awareness suggests that if the question has not been answered in full, or if there are other areas that need further discussion, that these be pointed out.

#### **Did She Choose to be Born to be Adopted?**

##### **QUESTION:**

Let's see. She was wondering, did she choose to be born to someone who would give her away.

##### **COSMIC AWARENESS:**

This Awareness indicates that the action appears to have been that which was karmic, wherein this entity, in a previous (life) time, gave away a child, and in this life experience, felt the other side of her previous action.

#### **One's "Learned Control Drama"**

##### **QUESTION:**

The book *The Celestine Prophecy* speaks of one's learned control drama, learned from one's parents and using this to determine one's mission here; but with adoptive parents, wouldn't this make a possible big difference in the drama learned?

##### **COSMIC AWARENESS:**

This Awareness indicates that it would indeed make a difference as to what the entity learns, but this is the

lesson the entity is to learn in this lifetime. Most entities of adoptive parents receive their experience not by chance, but by subconscious and prebirth choice. You make your choices prior to entering into physical form, and you make some further choices on a subconscious level while in a physical form.

This Awareness indicates in most cases, the adoption or unusual event in the person's birth or birth-time will show in their astrological chart, so that it is clearly obvious that they chose the unusual experience related to their birth.

#### **Should She Search for Her Biological Father?**

##### **QUESTION:**

She wonders if her adoptive father was also her biological one, and if it would be beneficial to search for one's original parents.

##### **COSMIC AWARENESS:**

This Awareness indicates it is beneficial if the entity becomes very concerned about this and wishes to satisfy a deep hunger. This Awareness indicates that some entities would not benefit if they pursued a search for their biological parents. For example, if they, in pursuing their biological parents, discovered that their father was a drug addict and the mother was a prostitute, what would this do to help the child in terms of his or her self-image?

This Awareness indicates that if, on the other hand, they pursued the biological parent and found that the mother was confused at the time of the pregnancy and chose to adopt the child out rather than abort the child because her reputation was a factor, and that the mother now is mature and married and perhaps quite wealthy or at least more solid in her life, it could be of great benefit to the child to discover that the mother felt really bad about losing the child through adoption, but was so confused and so desperate and perhaps being forced by her parents to get rid of the child; and this could lead to a close relationship between the real mother and the child. This could be extremely beneficial.

In other words, the pursuit of one's real parents may be very consequential to the child, or to both parties. It may be beneficial, or it may be detrimental. This Awareness indicates in most cases of adoption, both parties are given the option of whether to see the other before a reunion is allowed by the agencies involved, and this is because some times, one party is just not able emotionally to meet with the other.

Perhaps, for instance, the mother is still prostituting herself, or the father is still involved in drugs or in crime. Would this entity want to see a child who is now older? And if so, what would the entity have to offer? Therefore, the entity most likely would say, "No. I don't want to see him. I don't want to see her."

##### **Go Through the Adoption Agency Before You Look**

This Awareness indicates that in your pursuit of your true parents, go through the agency. Leave your name, and see if your parent wishes to contact you. Perhaps it will be beneficial. Perhaps it won't. Perhaps your true parents are not even alive now. They may have died, or they may be elsewhere, in such a manner as to be unavailable, or their whereabouts are unknown, but you can make an effort to find them, if it appears to be something you need for your own satisfaction.

This Awareness indicates that you should keep in mind that physical birth parents are not necessarily any more real to you or parental to you than your adoptive parents, for they are your adoptive parents because you are important and precious to them. They had the choice. They wanted you, whereas the physical genetic

parents may not have wanted you. They may not have really had a conscious choice, and when they suddenly discovered you were on your way to them, they may have decided they don't want this, and they want to give you away to someone else who does want you.

This Awareness indicates this is an area that you yourself must consider and decide on; whether to pursue your real parents, or whether to forget them. This Awareness suggests that a pursuit would be beneficial, if you can handle the possibility of rejection or of discovering that your parents did not want you. If you can handle that possibility, then it would be advisable for you to find out about your parents just to satisfy some of your deeper feelings.

You might be lucky and you might discover that your parents really wanted to keep you, but there was such a bad situation for them, they had little or no choice, or felt you would be much better off with someone else. In which case you could find it easy to forgive them, easy to understand them, easy to make friends with them, and in this way you could add a new dimension to your life.

### Question Your Adoptive Father

#### QUESTION:

The questioner is now an adult, and she says that sometimes she wonders "If my adoptive father was also my biological one. We are much alike in looks and behavior." I would think she should ask him.

#### COSMIC AWARENESS:

This is in the affirmative. She could also seek the agency, ask him to give her the name and number of the agency that handled the adoption, and find out through them if the father is willing to allow that to occur. If there appears to be a block in this, it could be that the father does not want her to know he is her father.

It could be that there was some kind of affair going on at the time, in which the child's mother and he were intimate and he wanted to marry her adoptive mother, and thus, avoided telling the adoptive mother, and made the adoption appear to be that of a stranger.

Or, it could be that in this way of getting his own child from the woman with whom he had had an affair, it eased his conscience, or it could be that she is not his daughter. This Awareness indicates that there are many possibilities involved. It is also possible that her adoptive mother knows about her husband having an affair with another woman, and they both agreed to adopt the daughter, because the woman did not want a daughter without a husband.

This Awareness indicates that there are many considerations that could follow and the entity should pursue to the degree possible, in finding out what occurred in her early childhood, because it will satisfy her curiosity.

This Awareness indicates that it may also help her to better understand why her mother did not keep her. Perhaps her mother had no choice in the matter, or perhaps something happened to her mother that prevented her from being able to keep her. She could have had financial problems, or may have had other children, and the entity might find that she has several other brothers and sisters.

This Awareness suggests that her first step would be to locate the agency that adopted her out to her present parents, and attempt to find out more about herself prior to the adoption.

#### QUESTION:

It's not uncommon that one of the real parents or someone close in the family adopts a baby like that, is it?

#### COSMIC AWARENESS:

This is true. It is not uncommon.

### Children With a Single Parent

#### QUESTION:

Her other question was: "I was also wondering about children with a single parent. My son's father died when he was six. Does this emptiness teach a control drama?"

#### COSMIC AWARENESS:

This Awareness indicates that the term "control drama" is not defined, which makes some difficulty in answering her question in regard to her ...

#### QUESTIONER:

In the book *The Celestine Prophecy* it was called the learned control drama. I don't recall particularly what it meant either.

#### COSMIC AWARENESS:

This Awareness indicates that this referring to the patterns of behavior and situations an entity may find him or herself in because of certain events in the entity's life. This Awareness indicates that indeed this can contribute to an entity's patterns of behavior and what the entity refers to as "control drama."

This Awareness indicates there is no way to escape effects of such nature, but it all depends on how the particular entity responds to the loss of the father. Some children, losing their father, might have much greater difficulty, particularly if they were exceedingly close to their father. However, if the child rarely saw his or her father, the death of the father may not be nearly so significant in its effect on the child, but there will be some effect because of such loss.

This Awareness indicates it is suggested that the child be encouraged to talk about his father whenever he feels like it, and that the subject not be hushed at any time, nor that the child be encouraged to talk excessively, if the child does not wish to talk about it.

#### How Creston's Son Shaun Dealt With His Father's Death

This Awareness indicates that the Interpreter's grandson, who was the son of Creston, or Ron Rummell, was the focus of attention at his school when the people of the school discovered that his father had died, and they insisted that he be sent to a counselor, just to be on the safe side. This was several months after his father's death, when they learned that he had not been to a counselor prior to this date.

The son went to the counselor as directed by the school, and the counselor attempted to ask questions about his father, and after an hour, the son had told him very little, and the son did not want to go back again to see the counselor. The son, speaking to his grandfather about this, explained: "He kept asking questions about my dad. He didn't know my dad. Why was he asking all these questions? He was my dad, not his."

The feeling of the son was that this man was interfering in something very precious and private that belonged to him, and the impression of the counselor was that he had to find out what is going on in this child's mind, because the child might be having a problem with his father's death, and thus, the counselor, trying to pry, and the child seeing this as none of his business, reached a point wherein there was no further communication.

The child did not wish to talk to the man about his father. This Awareness indicates that such an example indicates or shows that some situations just don't fit into the standard expectations of authorities or teachers at the school or the counselors' assumptions that a child who loses his father is going to have problems, for this child did not have a problem. He faced it in its reality,

and understood it. He missed his father, but he had no real psychological problems as a result.

This Awareness indicates in other words, some situations may require the need for help. In other situations, children can be very resilient and can help themselves clearly. This Awareness indicates that therefore, the child at the age of 6 who lost his father does not necessarily have a problem that is unnatural for such a condition or situation, but the child does need to be given attention and the opportunity to express and discuss the death of his or her father, so that it does not become something of a taboo or mystery or great significant secret, or anything of this nature.

The child, in being made aware that this was a serious loss, and that people care about the loss to the child, can be straightforward in discussing the situation, and the child can adapt to the situation without any traumatic psychological disturbances.

The child may still like to talk about the father, or the child may feel sad when speaking of the father, but the child should not be judged by people who think the child should have cried more, or does not seem to feel the remorse that they themselves felt at the father. There are sometimes people who really want a reaction out of the child, and feel cheated or feel that the child will not grow up properly if he or she does not react the way they expect them to. This Awareness indicates that this appears to have been a problem the school officials perceived, because the entity seemed to have accepted his father's death without excessive sadness. As the entity explained to his grandfather: "I don't like to cry about him dying, cause it hurts too much, but I like to talk about him."

This Awareness indicates that different people have different ways of dealing with losses in their lives, and there is no one way that is right or wrong. Your particular way may not be the way for someone else to deal with loss.

### Young Children Who Lose a Parent: Some Positive Aspects

#### QUESTION: (VIKKI):

It would seem, in a case of a child that loses a parent, when they are relatively young, that one of the most positive effects that might come out of that would be the child being more independent.

#### COSMIC AWARENESS:

This can be a result, wherein the child learns to accept losses and the child, in learning to accept a loss of something significant, may become much more mature about things than the child who only suffers the loss of a doll or a plaything, and throws a tantrum about having lost this doll or this plaything.

The child who experiences these serious losses can be deeply, emotionally scarred, or can be able to adjust in a more serious way that is appropriate to the situation. It is not to say that children should have losses, should have suffering to make them a stronger person, but rather that if a child has a loss and suffers, if the child is given respect and not forced into some mode of reaction by surrounding adults, who expect a certain reaction from him, the child may be able to grow from the experience.

#### When a Child Does Not Grieve According to Expectations

This Awareness indicates that there are often people who think the child should cry more, to get the grieving over with, that they will be better adjusted after they have properly grieved over their loss, and the adult who feels this way may try to push the kid into a grieving period, and may even get frustrated, even angry if the

child does not grieve according to his or her expectation.

This Awareness indicates that this is not proper behavior toward the child.

The child's feelings, whatever they are, should be respected. If the child can only talk about things that he or she and the parent who is now gone, used to do, then let that be the child's way of dealing with the loss of the parent.

This Awareness indicates that perhaps the child will point to certain areas where the parent and he or she have been. Perhaps the child will say: "That's where daddy and I walked to one time, and we sat down by those statues." This Awareness indicates that child is expressing his grief at the loss of his father in those words. He does not have to cry, just to satisfy someone's expectations as to how a child should grieve.

Sometimes the child will talk about fun things, enjoyable things that he and his father or loved one once participated in. Remembering the good things is also part of the experience of grieving over the loss of the loved one.

This Awareness indicates that an example, in the case of Shaun, wherein he and his father at one time walked to a park. The name of the park being Maxwell park, and Shaun having the middle name of Maxwell; Shaun Maxwell Rommell, recalls that his father told him: "They named this park after you!" He always now thinks of his father when he passes Maxwell park.

It is a joy for him to remember that venture with his father to Maxwell Park. It is also a way he grieves the loss of his father. This Awareness indicates there are still entities who are disturbed that he does not cry about his father's death. But this Awareness indicates he does grieve in his own way, as he remembers the good things about his father, and recognizes his absence.

#### Some Entities Cannot Express Their True Feelings

This Awareness indicates it is important for entities to respect the way others express their grieving toward those whom they have lost. This Awareness indicates there is, for example, occasionally a situation in which someone is hurt and when the word is passed that this person was hurt, occasionally one person in the group will laugh, when they should be shocked or should cry, and entities will think they are very cold and callused in that they have laughed at the word that someone was hurt.

This Awareness indicates that they may say this person laughed when told of the auto accident. What kind of person laughs when told of an auto accident? This Awareness indicates there are some entities who simply cannot express true feelings. They are afraid of being vulnerable, of being manipulated, and they will express opposite feelings to their own true feelings, so that others cannot manipulate them.

They will do that which is unexpected, and they do this so frequently, so often, that it becomes a part of their own personality. They do not want to appear to be weak or out of control, so they adopt an attitude of "You can't affect me! I'm in control of myself!" and they develop qualities of behavior that are often the opposite of that which is socially normal.

#### The Murderess Diane Downs Who Killed Her Children

This Awareness reminds you of the entity Diane Downs, when in court for having killed her children, they played a rock and roll tape that was said to have been playing in the car at the time she shot her children, and there, while sitting in court, the tape playing, she began getting into the music, nodding her head, rapping

her fingers on the desk, the table, and smiling, to the utter shock of the jury.

Basically, she was unable to express honest feelings, and she was instead expressing detached emotions, letting the jury know that: "If you expect this tape to break me up and make me cry and feel horrible and get a confession from me, you are totally wrong. You cannot control me with this kind of maneuver!" Therefore, she pretended to enjoy hearing the tape.

This Awareness indicates that this kind of behavior is of course shocking to the normal person in society, but it must be understood that behind these abnormal responses of some people, there is a reason. It may not be acceptable, but it may be understandable, if you understand that they are operating on fear, rather than on normal responses.

This Awareness indicates that perhaps they are afraid to show their true feelings, afraid that those feelings will give away their vulnerability. If you understand this, you may be able to reach them, to understand them better, without necessarily buying into the condemnation that most people would feel toward one.

Thus, when the child says, "I don't want to cry because it will make me feel worse; but I like to talk about my father!" it is a legitimate situation for that child, and it needs to be respected, even if you or others think that he should have broken down in tears in the same way that you and others did.

This Awareness indicates that children are able to adjust best if not forced to live up to others' expectations as to how best to adjust.

### **"Embraced By The Light" And Similar Books: Are Dark Forces Involved? (More on the Coming Density Change)**

#### **QUESTION:**

A question from Alice Parenti, in California She writes: "Near-death experiences, like *"Embraced By The Light,"* by Betty Eadie, are now flooding the market with similar books and exposures on countless TV and talk shows. Is this surge to really create more Light Workers?" she asks, "or is this another attempt by the Dark Forces to ferret out and destroy us who consider ourselves to be Light Workers?"

#### **COSMIC AWARENESS:**

This Awareness indicates the purpose of these books coming out is to flood the market with what the writers feel are important messages. The purpose of the publishers is to flood the market with books that will sell, and make the publisher money. The results that are likely to come from such a flood of information, is that which helps to continue the spread of the spiritual material onto this plane, so that more and more entities have more and more opportunities for learning more and more about spirituality, and the issues and messages.

This Awareness indicates that *It* does not see that any Dark Force is trying to benefit from books such as this. This Awareness indicates that there are approximately 25% of the people at this time who are spiritually evolved enough to move into the higher dimension, to experience that which is the rapture of higher consciousness. The rapture being that which is an uplifting to the higher consciousness, and this number is expanding at a very rapid pace.

#### **25% of the People on Earth Are Becoming Enlightened**

Approximately one fourth of the people on earth are becoming highly enlightened. There are approximately 17 more years for this to occur, after which many of the unevolved remaining people on earth will be removed to

another dimension, to another planet. Therefore, the increase in books such as this, the increase in spiritual works will be continuing throughout this 17 years, whereby more and more entities have more and more opportunities for being influenced by the spiritual messages of various books.

### **Could Her Bad Health Spring From Having Paid for Her Future Cremation?**

#### **QUESTION:**

One last question. This also from Alice Parenti. It's personal, but interesting. "Does, or could positive or negative effects on my physical health stem from the fact I recently arranged and paid for my future cremation, when needed. I do not have the sense of relief I expected when I finally settled this matter."

#### **COSMIC AWARENESS:**

This Awareness indicates that it appears you had some higher expectations than the situation called for. This Awareness indicates that it does appear that the settling of the issue has satisfied a certain level of your needs, but that you had given it such higher priority and such high significance that when you finally arranged things the way you wanted them, the high significance did not give you the high satisfaction you had anticipated from having settled the issue.

This Awareness indicates that perhaps you do not feel the significance as being nearly so important, as it had previously felt. This Awareness suggests, however, that you have made a very significant decision. You have things taken care of, and you can feel satisfied with the concept of the cremation. It does not mean that you need to continue your focus, or continue keeping it in a state of high importance in your life.

You can now relax and know that your decision has been made, and that others are not going to put you in a box and bury you in the mud. This Awareness indicates that perhaps that knowledge that things will be properly attended according to your wishes, is really all you need. Perhaps you do not need to have further great significance on the issue. Perhaps you should now focus your energies and attention on living the rest of your life in a manner that is satisfying, enjoyable and to the fullest of your expectations.

Perhaps now you should think of things to do to fill the moments of your remaining life, and find ways to give the rest of your life significance and meaning, according to your best ability, and just let the issue of how you will be disposed of at the end of your life drop in importance, while the issue of how you will live the rest of your life is moved into greater focus and significance.

### **Many Areas of This Reading Can Benefit Entities. Concepts Should be Meditated Upon**

#### **CLOSING MESSAGE:**

This Awareness indicates that there have been many areas of discussion in this reading that can be of considerable benefit to many entities in not only bringing about certain areas to think about, but also in providing concepts on which to meditate. To meditate on concepts discussed in this reading can help entities to experience certain feelings and discover certain understanding. Some of these things influence the sensitivities of entities.

#### **Look Into the Subconscious Prenatal Energies**

This Awareness especially suggests that entities look at the prenatal subconscious energies in their own lives in order to attempt to tune in to these areas that are basically hidden from them. By meditating on these

feelings, entities may begin to unravel some areas in their subconscious that can be very helpful to them.

This Awareness indicates that entities can also help each other, particularly the older entities who recall or who have a memory of what happened to you while in the womb before birth. Many of you can find information from those who are older who are still living about your pre-birth experiences.

You may, for example, talk to your mother, or your father, and see if he or she can recall anything that may have affected you during your prenatal experiences, and if you can find out anything of this nature, it may be of great benefit in helping to unlock certain behavioral patterns from your subconscious so that you are no longer controlled by these things.

**Check Out Leonard Orr's Rebirthing Process**

This Awareness indicates that there is also seen similar assistance in the work that Leonard Orr began in the late Seventies, whereby this entity would take people into a kind of rebirthing experience and the entity would in this manner help entities to recall certain experiences during their birth situations. This Awareness indicates that if it is possible to contact people who have been through the rebirthing experiences and to learn how these occurred, or if the entity Leonard Orr still gives these messages and teachings, or if there is still information available on this, this could be a source of help.

This Awareness suggests that it appears the act of meditating, of prayer, of focusing on a prenatal horoscope, or of using hypnotherapy; all of these things, along with counseling techniques, can be helpful in unraveling some of the mysteries that lie deep within the subconscious of entities, and this can help free entities, even changing their good fortune and luck, by taking away some of the subconscious blocks that may have prevented them from feeling free of the "original sin" as described by the entity William Johnson.

The Law of Gratitude is given)

**WHAT IS COSMIC AWARENESS?**

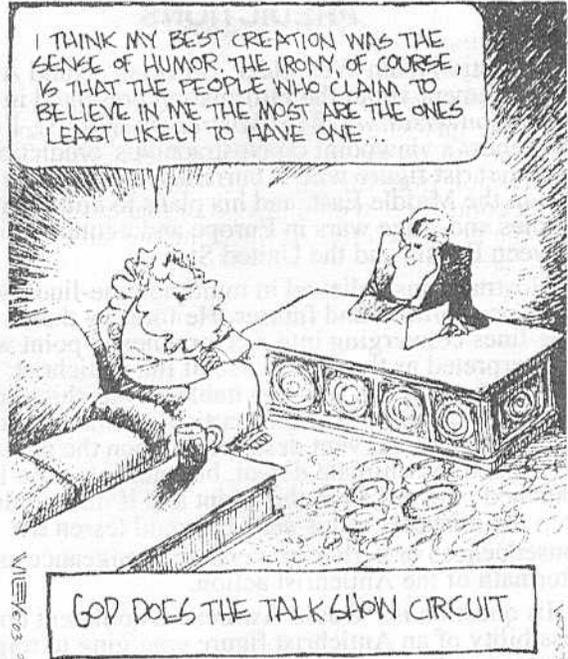
COSMIC AWARENESS is the Force that expressed itself through Jesus of Nazareth, the Buddha, Krishna, Mohammed, Edgar Cayce and other great avatars who served as 'Channels' for the 'Heavenly Father' and who speaks again today as the world begins to enter the 'New Age' of spiritual consciousness and awareness. Since 1963 Cosmic Awareness has been communicating through carefully trained channels. This information is for those who desire to help in bringing in the New Age. Throughout the thousands of 'Readings' given through these various channels, Cosmic Awareness tells us not to believe anything, but to question, explore, doubt, and discover for yourself, through your own channel what is the truth. Cosmic Awareness will only 'indicate' and 'suggest'. Neither C.A.C. or any of the Interpreters is responsible for anything Cosmic Awareness states in any of these readings, nor does C.A.C. or the Interpreters necessarily agree with the statements of Cosmic Awareness. The Interpreters interpret the energies as they see them in trance levels and are not personally responsible for what is said. The Interpreters published herein have no connection with, nor control over the editorial comments and material, including illustrations. This is entirely the responsibility of the editor. Members of C.A.C. are invited to send in questions of general interest to ask Awareness for possible publication in this newsletter.

**Prayer for Balance**

Start your day and end your day by saying the following aloud:

**I AM ONE WITH ALL THAT IS!**

**Thank you God**



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# NOSTRADAMUS AND HIS ANTICHRIST PREDICTIONS

## QUESTION:

A question from Wes Elder. He asks: "Could Awareness comment about the information presented in the books *Conversations With Nostradamus*? First, I'd like Awareness's viewpoint on Nostradamus' prediction of an Antichrist figure who is currently residing as a young man in the Middle East, and his plans to unite the Arab peoples and wage wars in Europe and a future alliance between Russia and the United States?"

"Nostradamus believed in multiple time-lines with many possibilities and futures. He foresaw these time-lines converging into a central nexus-point which he interpreted as the emergence of the Antichrist. From his perspective, this was inevitable. It was this entity's destiny to come forth at this particular time and attempt to seize power and vent destruction upon the planet. He envisioned his ultimate defeat, but multiple time-lines branched outward from this point and if man could learn from the mistakes of his past, he could lessen the consequences or perhaps reverse the vengeance and aftermath of the Antichrist action.

His question is: "Could Awareness comment on the possibility of an Antichrist figure emerging to reign terror upon the masses?, and on a cosmic scale, would such an individual play a part in the evolution of the human race into a more enlightened fourth-dimensional type of reality?"

## COSMIC AWARENESS:

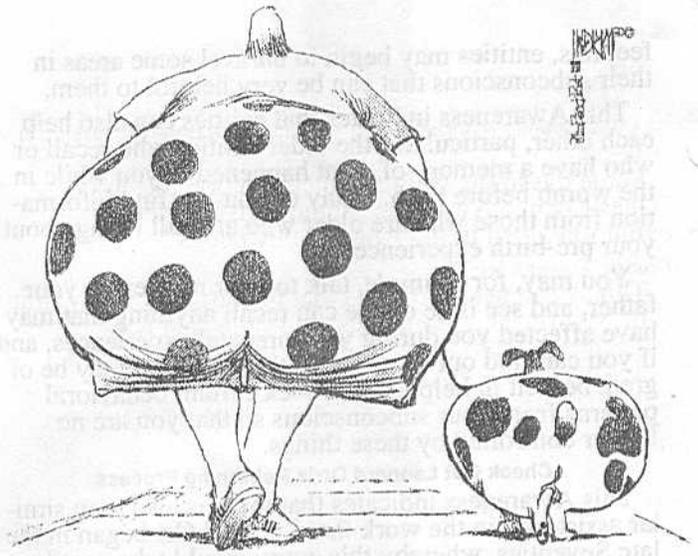
This Awareness indicates that there is also at this time a Jewish fundamental sect awaiting the emergence of the messiah, who is expected either this year or the next. This Awareness indicates the two may be the same. It is not clear that this is what the Nostradamus prediction is referring to, but Nostradamus predicted the Antichrist would rise in the Middle East, and have a blue turban. The blue turban was, in the time of Nostradamus, symbolic of a certain type of Jewish Rabbi headdress, which would imply that the Antichrist was Jewish, in that particular sect of Rabbis. This Awareness indicates that *It* sees this as being a possibility, but *It* does not see this as an absolute certainty; that there is also a strong likelihood of a warrior-like person coming into power in the Middle East who is not Jewish at all, and rising in power to bring about war and great destruction.

This is seen also as a strong possibility in terms of a time-line action. This Awareness indicates that it is difficult to analyze the predictions of the entity Nostradamus because the entity no longer is present on earth and his predictions are written in quatrains that have been translated by many different persons having cultures somewhat unrelated to Nostradamus in his time, therefore, you cannot be sure you are getting the proper translation.

It is much like asking this Interpreter or asking the Awareness to evaluate another channel and his messages, when the channel has lived some 400 years prior. This Awareness indicates that energies on this are not clear to allow a good clean analysis at this time. It may be that in asking the question at a later time, when the Interpreter has more psychic energy that the question could yield a better answer.

### WISDOM OF AWARENESS --- On Priorities

This Awareness wishes entities to understand that there is nothing more important in their life than the spiritual development and growth and their movement toward Awareness.



AMERICA

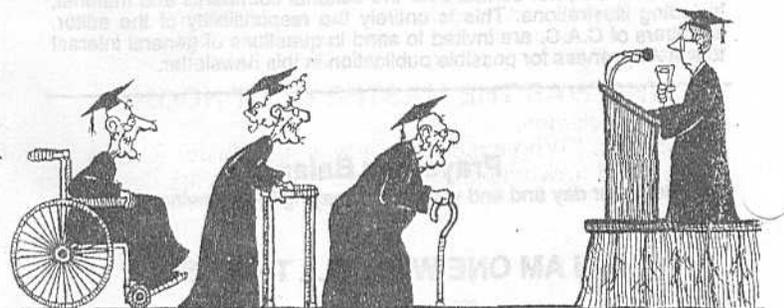
The Cosmic Laws of Cosmic Awareness...

### THE LAW OF NEW BEING

*The Law of New Being* lessens polarities and reconciles oppositions. *The Law of New Being* reconciles the 'yes' and 'no', right and wrong, good and evil, and brings the concepts of God and Satan together in harmonious resolution, integrated totally under the *Law of One*. *The Law of New Being* acknowledges the return of Lucifer to the Godhead or Source of all Being, and realizes there is no longer a force of evil in the world; that there is only the echo, the memory and the fear of evil remaining, and that these are also fading from consciousness. Those who follow the *Law of New Being* are beings who may transcend matter, or any situation that appears to matter, and may move into new states of being with greater freedom and energies to create the New World of the New Being: *The Unified States of Awareness*.

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## EVOLUTION: WHAT IS THE TRUTH?

(Does Cosmic Awareness Agree With Alice Bailey's Version?)

### QUESTION:

Some questions from JD in New York. She asks: "Does Cosmic Awareness agree with the view of evolution given in the Alice Bailey books?"

### COSMIC AWARENESS:

This Awareness indicates that in part, this information is of benefit. This Awareness indicates that it appears the concepts this entity holds are not entirely correct. This Awareness indicates that essentially, the idea of so-called "evolution" as that which correlates more correctly to that which was given in the Cayce descriptions of cosmic or universal spirit playing with the energies of polarity and creating an intensification of polarity in such a way as to cause a fall of consciousness, whereby the consciousness of higher beings came down to Earth and worked with creatures on Earth to be used in such a way as to create from those creatures, a new evolutionary cycle or movement.\*

#### Spirits Mating With Ape-Like Creatures Helped Raise Them Into An Evolving State Later Called Human

This Awareness indicates that this in the earlier levels of evolution, wherein consciousness surrounding or entering into close proximity of ape-like creatures helped to raise these entities into an evolving state so that they gradually began to change and become more attuned to that which was later to be called human. This Awareness indicates that these were some of the earlier actions that led to the evolving of earlier forms of anthropoids.

This Awareness indicates that the later development of modern man came about from the cloning and genetic engineering activities of the aliens in their attempt to create a creature that could be used for mining purposes as described in the works of Bramley and Sitchin and in earlier messages from this Awareness, whereby these entities working with the genetic engineering concepts helped to bring about the Cro Magnon type humans in the early civilizations of Sumer and Akkadia in the Middle East, in that area which is now Syria.

This Awareness indicates that these created a sudden leap from the earlier forms or anthropoids to the more modern-type human, particularly after the mammalian brain was genetically fused into the creation. This Awareness has discussed this previously. This Awareness indicates that the Alice Bailey information has some symbolic qualities that can be beneficial in regard to understanding the hierarchy of vibration as it applies to manifestation of beings.

Much of that which is the hierarchy is actually symbolic of the electromagnetic scale and the hierarchy of energies more so than actual beings.

\* The book "There Is A River" the Story of Edgar Cayce, by Thomas Sugrue, explains this animal relationship in the last chapter called "Philosophy"--information which Awareness has indicated *It* delivered to Cayce, not the spirit sources which provided the bulk of Cayce's channeling. This book is permanently carried by CAC.

## WHO WAS THE MASTER KOOT HOOMI?

### FOLLOW-UP QUESTION:

She asks: "Who exactly is or was the Master Koot Hoomi and how was this massive body of work channeled?"

### COSMIC AWARENESS:

This Awareness indicates that the entity or energy involved is that which came through the... This Awareness indicates this is likened unto a kind of channeling action, but it is extremely difficult to answer such a

question. It is likened unto saying, "Who exactly was John Wayne?" This Awareness indicates the entity's life is there in his actions. One could answer: "The entity in his non-stage name!" Or one can look at the entity's entire life and explain who he was in terms of what is historically known about the entity, but you cannot simply say that this entity was this or that other person.

The entity was who he claimed himself to be. This Awareness indicates that it is best to say the entity was as he was described. There is not seen an alternative name or entity with which to describe the entity. Who in fact was Jesus Christ? The record in regard to this entity may be somewhat fabricated and there can be some various interpretations as to who this entity was, but you cannot clearly say that the entity was this or that being other than as presented historically. Likewise, with anyone.

This Awareness indicates that asking who, in fact, one really is, is more of a subjective experience for the person to discover their own deeper selves, and if entities go deep enough within themselves, they find this Awareness. This Awareness suggests therefore, that the question of whether this entity was who he described himself to be can either be believed or can be disbelieved.

This Awareness indicates that the entity appears to be who he described himself to be. This Awareness indicates that *It* does not understand the question which implies that the entity may be something other than who he described himself to be. This Awareness finds the question perplexing in that it insinuates the entity was not who he claimed to be. This Awareness does not see him as attempting to misrepresent himself.

The entity being a teacher, as that which in the encountering between himself and others who learned from him, appears to be as he claimed; a teacher of certain entities. The information being available in those records left in regard to him.

### QUESTIONER:

Then he's the one who channeled the information to Alice Bailey?

### COSMIC AWARENESS:

This through the entity and to her and others.

## WHO ARE THOSE ENTITIES IN THE SO-CALLED "SPIRITUAL HIERARCHY"?

### QUESTION:

JD had another question here: "Who in your view are the following entities as a group?" And she lists Koot Hoomi again, Djwal Khul ("D.K."), Serapis Bey, El Morya, and Sanat Kumara, Hilarion and Saint Germaine.

### COSMIC AWARENESS:

This Awareness indicates that some of these entities having been Tibetan in earlier earth incarnations, but in more recent times, are simply the names given in the spiritual hierarchy as representing entities in a spiritual hierarchy. This Awareness has indicated previously that it appears these entities are more of a symbolic nature suggesting points in the electromagnetic scale of symbols symbolic of different frequencies rather than actual entities.

This Awareness indicates of course one can say that energy is an entity with some degree of correctness according to whatever entities choose in terms of semantics, that energy and entities are the same may be correct in a certain semantic sense, or entities can think of these points of energy or frequency nodules as being personified creatures in the spiritual hierarchy if it suits their notion and identification and definitions.

### Some Give Frequency Nodules Angelic Names

It does not matter to this Awareness how entities wish to classify these energies. A person having an electronics understanding would see these as certain frequency nodules in the electromagnetic frequency scale, whereas a person into the spiritual hierarchy would see these as different angelic or hierarchy-type entities and give them names as though they were people, and they might even visualize these entities as being people, having certain features, and there are those who paint and draw features and faces for these different electromagnetic nodules on the electromagnetic scale and claim that these entities are the spiritual hierarchy.

This Awareness indicates that in the same way, many entities draw God as a little old man sitting on a cloud with a white beard, but God in reality is Ultra Consciousness which permeates the entire universe. It is personal because it permeates every person also. There is God within everything. There is that Ultra Consciousness that created all that is in the universe.

But to say that the person who thinks of God in a personified way is "wrong" would be unfortunate, because if an entity wants to personify water and say something about the angel of water or speak of water as coming across the land to visit you at your home, the symbology has a certain quality that can have meaning and truth, even though water may not act in a personified manner.

The old North Wind is often drawn in children's stories with the shape of a man's face, with lips blowing and entities accept this. They know what wind is, but they understand the figure of speech known as personification, and to personify the north wind as a man blowing wind is to simply use a writing technique.

Thus, to call God "the old man on a cloud," or the "White Haired White Bearded Ancient One" is not so far off in terms of symbolic representation, because the entity is indeed ancient, and in the sense of the energy known as God, going back to ancient times.

### Some Think Pantheism Equates to the Devil

This Awareness indicates that the concept of Pantheism, or universality of a Greek god, Pan, represents the broad universal qualities of God, but Pan or the broadness of God has been personified to be a little elf-like character blowing on a flute. This Awareness indicates that in some circles, this elf-like character blowing on a flute has been equated to the devil because entities think that Pantheism is of a Satanic nature since it is not the White Haired Little Old Man On The Clouds that they identify with as God.

This Awareness indicates unfortunately, God never left a picture of himself as an anthropomorphic being and artists in their interpretation have left pictures in different ways and some of these pictures are rejected by masses, and some are accepted by masses and the masses don't always agree with each other. It is the same with the concepts presented by Madame Blavatsky and Alice Bailey and others associated with the hierarchy school, that many of these so-called 'Master Teachers' are not always accepted by everyone as being who they claim they are, while others may feel perfectly comfortable with their claims and may pray to or give allegiance to the various Masters of the spiritual hierarchy.

### Spiritual Hierarchy is Childish and Not to be Taken Seriously

This Awareness questions whether the spiritual hierarchy should even be considered seriously because it so distorts the truth of the electromagnetic scale and frequencies and vibrations which are the reality, and entities who are serious about becoming aware in the view of this Awareness should put away these childish

notions of the personified beings such as the North Wind being some man who blows air to the South, or the idea that God is a Little White-haired old Man Sitting On A Cloud, or someone who looks like George Burns in a supermarket.

All of these things are childish, and to encourage this kind of childish explanation of reality can misinform entities and create a misunderstanding so that entities become locked into thought patterns that have no basis in reality. The purpose of thinking and the purpose of symbols is to help entities understand something that is complex.

This Awareness indicates but to take something as simple as the electromagnetic scale, the frequencies which move up and down in the electromagnetic scale in which higher frequencies are more attuned to the Divine Qualities, to take something so simple and complicate it by assigning personal names, as though these points or nodules of the electromagnetic scale were personified beings in a spiritual hierarchy, only adds confusion to simple concepts.

This Awareness indicates that by adding such confusion, entities can make the trip of understanding much more complex and difficult, and that is why this Awareness does not give much validity to those entities who promote and teach the concepts of the spiritual hierarchy. This Awareness suggests rather, that entities should focus on higher sounds, frequencies, and the light frequencies associated with the Clear White Light of that Higher Vibration; whatever you conceive of as being the Highest Vibration available in your conceptual consciousness is that which should draw you.

### Forget the Lower Nodules, Just Contact the Highest You Can

Remember of course that the Light represents the Christ Consciousness and Christ Consciousness is next to The Divine Consciousness of God. This Awareness indicates that this highest consciousness being that also which is experienced as spiritual love; both having life and love and a vibration or frequency that is consciousness itself in the highest form.

This Awareness indicates of course you can go up and down in that electromagnetic scale, and if you so desire, you can decorate this like you would decorate a Christmas tree, by posting guards or guardian angels on various stations along the way, down to where your vibration awaits, and you can have your Master Teachers in there as part of the decoration of this electromagnetic scale, and use them to know where you are, if you so desire.

But, this Awareness suggests that rather than fooling around with these lower level masters or vibrations, why not simply move to the Highest possible, and meditate on that highest frequency available to your consciousness, and learn to move there quickly, comfortably, and when it becomes more familiar, you may then wish to think in terms of a still higher frequency toward which to work your consciousness to.

This Awareness indicates in meditating on that, you move your consciousness still higher.



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**IS THERE AN OVERALL DIVINE PLAN?**

(Is the Creator Oblivious to What is Happening on Earth?)

**QUESTION:**

A question from Vivien Morris in Los Angeles, who mentions that on December 20th she turned 92, and she writes: "If I may add another question: Is the Creator oblivious to all that is happening on earth? If there is an overall Divine plan, what is it?"

**COSMIC AWARENESS:**

This Awareness indicates *It* does not have an obligation to reveal the overall Divine Plan to you or to anyone else. This Awareness indicates that *It* is not oblivious to what is happening on earth. The Divine Plan is that which is partially hidden from human view because humans are incapable of comprehending or understanding or seeing, even with description, the Divine Plan.

**The Dark Forces Can't See the Divine Plan Either**

This Awareness indicates that likewise, there are those higher forces in the Satanic Hierarchy who likewise seek to know the Divine Plan in hopes of overcoming that. Many of these entities can see into the future, but they cannot see in the higher regions to understand how the future can be changed by the Divine Plan.

Therefore, the Dark Forces may follow according to what they perceive as their understanding of the Divine Plan and they may have their own plan for thwarting this, but they cannot see beyond a certain level, and therefore, as they proceed with their own plan, be aware that the Divine Plan will supersede the Satanic Hierarchy plans, and that those negative plans will come to nothing in the end, but that the Satanic Hierarchy in its efforts to grow in power, to gain power, will find themselves in the process doing things that help to further the Divine Plan even though it is not their intention or will to do so.

**The Dark Forces Pursue The Spiritually Weak**

This Awareness has once before indicated that the Dark Forces and their purpose is much like that of the wolves that chase the caribou, killing off the weaker of the herd so that the caribou herds become stronger because of the wolves. The Dark Forces go after those humans who are weaker spiritually and in the chase make the humans who are spiritually stronger even stronger yet.

This Awareness indicates that this is sufficient for you to understand in regard to the Divine Plan. The Divine Plan simply seeks to drive those entities in need of becoming more spiritual to move toward the higher and more spiritual vibrations, by learning humility and by learning to trust in the Divine Energies which they are blessed with in their lives.

This Awareness indicates that all you need to know is to surrender to the Highest and Best in every moment of your existence. Can it be any more simple? You do not need to know the workings of some Divine Plan. This Awareness indicates there is a song by Leonard Cohen in which he states: "I never had a chart to get me to the heart of this or any other matter." This Awareness

indicates this is also the case with other humans. There is no map which you need to consult.

This Awareness suggests all you need to do is to surrender yourself to the Highest and Best of every moment. Surrender yourself to the Divine which you can conceive as being the Highest and Best.

**The Mind Is The Trap. It Is The Lucifer**

This Awareness indicates that the mind is the trap, and if you have too much information and begin letting the mind work on it, the mind will simply create webs and cobwebs and confusion and knots and tangles so that you have no clear understanding whatsoever, and it wants to know more and more as though it were some kind of liberator when in fact it is the Lucifer, it is the Rhyee, it is that which would entrap and entangle your spiritual body into knots and confusion and entanglements.

This Awareness indicates that the mind has its own purpose in your life, and its purpose is to serve you, not to rule you, and yet it is very demanding, and if you give it everything it wants, it will become more powerful than you. In your own soul, in your own understanding, all you need to be is attentive and spiritual to the spiritual energies that are available to you from the Divine and to surrender yourself to these Divine Energies.

**Surrendering To The Divine Is A Simple Act**

You do not have to have words to describe the color of hair God has, the color of eyes or skin of God. You do not have to think about such things. They are all illusion, thoughts. They are all confusion. They are all misrepresentation. Everything the mind thinks in terms of words is only a reflection at best and often a distortion is the real result of mental thinking about such things.

This Awareness indicates you can easily understand the importance of surrendering self to the Higher Self, to that Self that makes up the Highest and Best in terms of spiritual energies. Surrendering to the Divine as you perceive the Divine to be is a very simple act. It does not need thought. It does not need understanding in a mental sense.

**ARE HUMANS DESIGNED NOT TO KNOW  
THE DIVINE PLAN?**

( More on Relationships and Making Commitments )

**FOLLOW-UP QUESTION (VIKKI):**

Isn't part of the Divine Plan is that we humans have to act without consciously knowing the Divine Plan?

**COSMIC AWARENESS:**

This Awareness indicates that you could put it in those terms; that this appears to be a part of the overall experience; that if you knew what your trip was, you would not have any real experience in taking the trip. If you plan your trip too completely, it takes the fun out of the experience.

This Awareness indicates it is likened unto the entity who decides to throw a party and plans exactly what will happen from the time the guests arrive until the guests leave, and the entities come in and you have it all planned out that they are now to play certain parlor games and these games will follow in the following manner: one game will be of *this* nature; *this* will be followed by another game of a different nature. And then comes another game, and you will follow each of these games through, wherein everyone who comes to your party must obey the rules, not only of the games, but also of the party itself. It is so structured there is no room left for entities to enjoy themselves or to relax.

This Awareness indicates that this kind of planning is a structuring of the mind which takes away the life of the party, the reason for coming to a party. If you are simply coming to a party that is controlled by some entity's over-structured mind, there is no room left for spontaneity, for creativity or for just enjoyable conversation between one person and another, and you cannot really think of it as a party. It is more of a disciplinary routine that you are caught in, and it can be extremely painful and boring and unenjoyable to your guests.

#### Why God's Plan Should Not Be Presented to Entities

Likewise, if God's plan were to be presented to everyone who was involved, most entities would feel that they simply wanted to get done with it. Why did they have to go through this or that difficulty, when they know that it's going to turn out such and such anyway, and therefore, they do not have the opportunity to learn from their experiences, because they know the end result, and the experiences mean nothing to them.

They do not have to experience something when they already know the end results. Therefore, whatever experience they are in may even be avoided by some entities who do not see the purpose for going through the experience if they already know the outcome. This Awareness indicates but if the entities do *not* know the outcome and they go through the experience, there may be considerable growth and learning that is involved.

#### Those Wanting to Know the Divine Plan Are Seeking Control

This Awareness indicates entities who want to know the Divine Plan basically have a problem in that they are seeking to control. The need to control is something that entities should look at carefully. It often comes from homes or childhoods that have had chaotic relationships or wherein the family is dysfunctional in terms of relationships between the members of that family, and dysfunctional families usually create entities who grow up seeking to control; and for entities to continue seeking to control throughout their lives, they never are able to fully enjoy and experience life and find an experience in some event that they do not have the urge to control.

Thus, the entity seeks to direct traffic throughout all of his or her life, in every nook and cranny, in every little episode or every little experience, trying to direct traffic, telling someone how to comb their hair, telling someone where to put this tooth-pick or that set of napkins or telling everyone around how to do whatever it is that should be done.

This kind of control pattern is common with many entities. They cannot simply let something happen without their input. This Awareness indicates it is likened unto the entities who go downtown and cannot simply watch the traffic go by, or see the crowd walking on the sidewalks, they have to tell everyone where to walk and how to walk, and direct the traffic in its movement.

They may very easily interfere with everyone and annoy everyone, but they do not see that they are part of the problem. They see themselves as having the solution, if everyone would simply give them their way. This Awareness indicates it is extremely difficult for these people who seek to control everything. This Awareness indicates the entity Leonard Cohen also has a song in which he states: "Oh you, who must leave everything that you cannot control. It begins with your family, but soon it comes round to your soul."

The meaning being that this kind of controlling effort by so many people usually is first expressed in trying to control people within your own home, or within your own family, but gradually they begin seeking to control

their own soul, or the souls of others, and soon they lose not only their family and friends from trying too much to control them, but they begin to also begin to lose control of their own soul.

(Transcriber's note: Paul insists on misquoting Leonard Cohen. Paul said "lose" but the word is quite definitely "leave" which is the way I wrote it, being a long-time fan of Leonard Cohen and having access to his lyrics; however I must include this note, because the story that followed after the misquotation seems to make more sense when seen in the context of the misquote: "lose everything" instead of "leave everything." Jon)

It is a very sad thing for these people. They think they can have someone by controlling the person. They think if they love someone they need to herd them into the pen, into the corral, where they can control them, lock them up and make them safe from escape. This Awareness indicates that many of these people are great manipulators and they manipulate in order to control the person they want, to control the person they love, so that the person will not leave them.

#### Those Who Can't Control the Aging Process—Chase Younger Women and Start Over

This Awareness indicates that it is a very tragic state of mind to feel that you must control everything in your life in order to have it as part of your life. This Awareness indicates that there are entities who cannot control the aging process and thus, as they get older, as their mate grows older and the mate begins to age, and the beauty begins to fade somewhat, some of these entities may look for a younger spouse, more beautiful, because they want to be younger and start over, and they think that by getting a younger mate it will help them to start over and be younger themselves.

Thus, men at certain ages may leave their wife or the wife may leave her husband, but these entities do not start over, and in seeking to make the change, they simply create a different karma for themselves to experience. This Awareness indicates that it is a very tragic thing for entities to think they can control life rather than accept what's happening.

This Awareness indicates that as entities age in this manner, it is not necessary, and they must learn it is not necessary to possess beauty or to possess a beautiful mate. You have had a beautiful mate and the beautiful mate has aged somewhat, and some of the beauty has faded. Is it not enough that there are other beautiful people out there in the world on which you can feast your eyes once in a while? Is it not enough that you can see beautiful scenes in terms of nature? Do you have to own those scenes? Must you possess those scenes? Must you possess the Grand Canyon? Or the beautiful mountain scenery?

#### Beauty is Available Everywhere. You Don't Have to Own It

This Awareness indicates that it is not necessary to own the waterfall to enjoy seeing it. It is not necessary to own the beautiful model in order to enjoy her expression and presence. All you need to know is that if you have the urge to see a beautiful horse, a beautiful woman or beautiful scenery, is that there are ways by which you can flip through books or turn on television or go to a movie and feast your eyes if there is that hunger on something of beauty, on something of art, and that is enough.

It is available any time you need it in today's society. You do not have to own it. You do not have to possess it. You do not have to purchase the waterfall or own the horse that you like to watch when it runs across the field. You do not have to own the beautiful movie star. You do not have to possess everything you see as art and beauty. You can enjoy and feast your eyes on so many things and you can still maintain your marriage,

your home and your growth into elderly status with a kind of dignity and security that makes your life full and meaningful in terms of purpose, while still enjoying the artistic beauty that is everywhere present around you.

This Awareness indicates likewise, the entity on the street does not have to direct the traffic in order to watch its movement. You do not have to control the children in every detailed expression. You can let things occur spontaneously. You can enjoy the creativity, the spontaneous actions and behavior of others.

This Awareness indicates of course there are times when your influence can be of value to others and you may wish to give your information, your opinion, in order to help, but to control simply for the sake of proving yourself important is an action that should be questioned.

#### Many Seek to Control Others Just to Get Attention

This Awareness indicates that many people simply seek to control others just to let others know they are there, because otherwise, who would pay attention to them? Who would care about them, if they did not exert some kind of control over them? This Awareness indicates there is a bumpersticker that has been put on some vehicles: "If you love them, let them go! If they don't return, hunt them down and kill them!" This Awareness indicates that this apparently is supposed to express some kind of humorous parody on the statement that says: "If you love them, let them go. If they love you, they will return!"

This Awareness indicates that this is a way of distorting a spiritual message that has some value, but to say "If you love them, let them go. If they don't return, hunt them down and kill them!" is a very negative and unspiritual statement, even if given in jest.

This Awareness indicates it *does*, however, reflect the kind of attitude of the person who seeks to control everything for their own insecurities, and the entity who is highly insecure, will understand that concept of not letting anything go that could be controlled. This Awareness indicates it is truly tragic when entities have this attitude of having to be in control of everything.

This Awareness indicates it is based on fear. It is based on insecurity. This Awareness indicates that you are more likely to be loved if you are able to give love to someone, make them feel comfortable about coming around you, knowing that they can come and go freely and without great fear of your holding any control over them.

#### The Proper Approach If You Wish to Have a Close Relationship

This Awareness indicates, of course, if you and the other person are seeking a close relationship and in that close relationship you want a commitment before you give yourself totally to the other person, that should be discussed. The commitment of course being that you expect certain kinds of loyalty and commitment in return for your commitment to them.

This does not mean there is a control. It is more likened unto an agreement: "I will give my heart to you, and give myself to you and do things for you. I will work for you, but I want your reciprocal love and affection and commitment to myself."

This is not the same as trying to control someone by insisting and demanding that they love you and that they stay with you, regardless of whether they want to go or not. You give them the choice of staying with you and list the conditions that you have them follow if they stay with you. This Awareness indicates that this is the proper approach for entities seeking to have a close relationship.

#### Women Who Give Themselves Too Quickly To a Man

The improper approach, which leads to so much tragedy is wherein one person says: "You can't leave! You are mine! You cannot do this! You cannot do that! I am telling you: do what I say!" This Awareness indicates this does not come only from men to women, but also comes from women to men, wherein the woman seeks to control and dictate the behavior of the man.

This Awareness suggests the tragedy in this is that sometimes women give themselves too quickly, too easily, and do not have the commitment from the man, and therefore, because they gave themselves, they think the man should be committed to them, and they expect these commitments and begin making these demands, and the man says: "Enough! I don't want to be around you anymore! I'm leaving!", and the man leaves, and the woman wonders: "Why did he go? He was such a cad!"

#### A Common Mistake Many Women Make in Relationship

This Awareness indicates that perhaps you foolishly gave yourself before there was commitment on his part. Perhaps you as a woman then become pregnant and have a child, and your life is frustrated by having to spend every waking moment of your life attending to his child, and he is long gone. This Awareness indicates in your hope to seduce him, and get him in your life, you end up driving him further away and burdening yourself with his child.

This Awareness indicates that this is a common mistake by many women in their relationships with men. And men, of course, do not wish any more than do women to have a woman controlling their every move and action, and women, likewise, do not wish to have a man dictating everything she should do and making demands on her and controlling her, and therefore entities have a conflict when one or the other attempts to control the life of the other person too much.

You can, however, have a relationship that is based on mutual enjoyment of compatible partnerships wherein you come together with someone and you feel compatible, you know you can leave if you want to, but you don't want to because you enjoy being with the person. The person makes you feel comfortable, and you in turn want to make that person feel comfortable, and therefore, you each comfort the other and you each enjoy hearing what the other has to say and watching what the other does, and knowing that you can leave makes it easier to be comfortable.

Once there is a commitment to stay together and the commitment is mutual, then your bonding becomes more complete and you can become more intimate. This Awareness indicates that this is the more appropriate way to form a close relationship, so there is no controlling of the other. There is a mutual growing of compatibility.

#### Exceptions To Not Directing the Traffic In Your Life

This Awareness reminds you: Do not think you must direct the traffic in your life. You can simply watch the traffic go by. This Awareness indicates there may be exceptions to that rule, wherein you see that there is a problem on the road ahead, and that if this movement continues in that direction, someone will be hurt or injured, in which case you may have the duty and the obligation to stop the traffic, to warn the traffic: "If you proceed in this direction, you are going to have real problems!"

For example, your child is getting into drugs or drink or into careless lifestyle, and you may see that the child will become pregnant or become addicted or something, and you may feel it is necessary to warn the person as to what lies ahead if they do not change their course.

In this case you are directing traffic, but you are directing it because it is necessary, not simply to show how important you are to yourself or to others. This Awareness indicates that this kind of self-importance control, the attempt to control things to show your own importance to yourself, or to make sure that everything is handled correctly according to your needs; this is what this Awareness warns about.

Too much control can truly injure your soul growth. It can also injure your social growth, your marriage growth and many other areas.

### IS THE MISSION OF THE ROTHSCHILD DYNASTY TO CONQUER EARTH?

#### QUESTION:

A question from Mario Matas, NYC. It's rather long, and contains a number of questions, but I think he's asking Awareness if the way he has this overview laid out is correct. He writes: "Awareness, would it be correct to say that the fall of the angels occurred 250,000 years ago, and that this is a phenomenon that occurs every time there is a Big-Bang, a new creation, and the purpose is the polarization between so-called good and evil, negative and positive and selfishness and altruism.

"Would it be correct to say that the highest "fallen angel" is Ahriman, and that it remains in the 6th dimension, since after the 6th dimension one has to go beyond polarities? Is it correct to assume that the focus of the Ahriman force in this galaxy is Orion and that the Rothschilds are a human/physical outpost of the Draco/Orion/ Ahriman force on earth? Would it be correct to state that the mission of the Rothschild dynasty is to conquer earth for Orion?"

#### COSMIC AWARENESS:

This Awareness indicates that this appears to be relatively correct. This Awareness indicates that it appears the time mentioned as less than the proper time. It appears that it is approximately a third longer for this so-called Big Bang. This Awareness indicates the timing is off as described in your thesis. The Yuga cycles may be likened unto cycles within larger cycles, and the Big Bang cycle as being much greater, into that which would be termed billions of years, whereas in the shorter cycles, your figure would be more close to accurate.

#### The Big Bang and the Photon Belt

This Awareness indicates that in the shorter cycles, the levels of consciousness are altered as entities move through the cycles. The approach to that which has been described as the photon belt comes to focus, and within that photon belt, consciousness moves into a new level that begins to allow it much greater understanding of the workings of the universe and matter becomes less solid and consciousness is seen as having dominion over matter.

This Awareness indicates that at such a stage, the polarities between spirit and matter diminish greatly. This Awareness indicates, however, these cycles moving through to this photon belt and beyond are more closely aligned to the figures given by this entity rather than to that which has been referred to as the Big Bang.

This Awareness is referring to the Big Bang as described by Dr. Hoyle, who has theorized that the universe began with a Big Bang and all of the energies were shot upward and matter extending far enough, began to cool and form in a crystallized way that is basically what entities conceive as the material realm.

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This Awareness indicates that the other parts of the theory appear to be relatively correct in terms of the summation of the statements presented.

### IS THERE ANY CURE FOR CARPAL TUNNEL SYNDROME?

#### QUESTION:

A question from Dorothy Porter, New Hope, Kentucky. She says: "Would you ask Awareness what can be done to cure Carpal Tunnel Syndrome? There are lots of people with this malady today. Some who have had surgery have less pain but lose partial use of their arm."

#### COSMIC AWARENESS:

This Awareness indicates there is seen a benefit from the use of magnesium, chromium picolinate, which is a more absorbent form of chromium. This Awareness indicates also Vitamin E, Vitamin C. This Awareness indicates also there are seen benefits from Superoxide Dismutase, and this Awareness indicates there is also seen benefits from Saw Palmetto herb, in that it helps to rebuild cellular tissue.

This Awareness indicates that it appears there are a number of vitamins, minerals and herbs that could be combined to bring about formulas, and indeed that there are formulas available for treating this situation. This Awareness indicates that it appears the Interpreter has a piece of literature on this particular problem, that he could locate without too much difficulty.

This Awareness indicates the entity sees the information in the area of a bookcase near the door in his bedroom. It should not be too difficult to find this information.

### CATERING TO INSECURITY

(More On Those Who Try to Control Others)

#### CLOSING MESSAGE

This Awareness indicates that there are some entities who simply because of their own youth and immaturity will seek to control others in a way that stifles the expression of another, and if they do not have that control, they will feel insecure, and perhaps quite frustrated. The security they get from controlling others may be unnecessary, but it also may be critical for them in terms of their sense of well-being, and a mature partner who understands this may be somewhat lenient and tolerant in allowing that kind of insecure control to continue.

This Awareness indicates, however, the mature partner in catering to this kind of insecurity can also enable the insecurity to continue, thus, it is suggested that if you do not wish to challenge the entity's control patterns, you might at least consider pointing them out from time to time when the entity is in a controlling mode or trying to control everything.

You might ask the entity: "Are you feeling insecure?" This Awareness indicates that this can open a conversation to help point out that, "Well, it seemed as though you were being overly controlling and I thought perhaps you felt insecure about something, like things were out of control or something," and this can be helpful if it is done tactfully, so that gradually the entity can become reassured by you that you care, so that he or she does not have to rely so much on keeping control at every movement or every situation.

This Awareness indicates that these little frustrating controls of details are especially annoying if they continue day in and day out, and do need to be pointed out and discussed, and eventually alleviated from your relationship if possible.

Thank you. (The Law of Gratitude is given)

## SHEDDING SOME LIGHT ON THE AMAZING RUDOLF STEINER AND HIS CHANNELINGS

### QUESTION:

A question from Bon Mates. He writes: "I have a question for Awareness. I've recently been reading a lot of Rudolf Steiner, and I've become more amazed the more I read. Can Awareness shed some light on who this man was and where his inspiration came from? He claimed to enter the spiritual world in full natural consciousness, rather than in a trance or dream state. Is this possible for an ordinary person with strong and sincere will, and what, if any, are its benefits and drawbacks in contrast to the method the Interpreter uses?"

### Cosmic Awareness:

This Awareness indicates that the entity as having had the ability to enter into what may be termed 'conscious channeling'. The conscious channeling as essentially an attunement, much likened unto that which the Interpreter uses, but wherein this entity attuned to abstract concepts and ideas. This Awareness indicates that this entity was not attuned to the Universal Mind so much as to abstract concepts or symbolism associated closely with what Jung calls the 'collective unconscious'.

This Awareness indicates that the concept of Ahriman and the Christ, and the Lucifer principles which the entity deals with in his messages, was more along the lines of tuning in to concepts or collective energies of these qualities of Lucifer and qualities of Ahriman. This Awareness indicates that the terminology as being related to certain ideas associated with German mysticism and previous works which this entity had studied. This Awareness indicates the entity also was quite aware of many of the occult terms and teachings of which others in Germany at the time were familiar with also.

This Awareness indicates that he was quite aware of the occult energies associated with Nazism, and worked in the effort to counter much of this information. This Awareness indicates that this entity spent much of his lifetime formulating his interpretation of the universe, in terms of mystical analysis. This Awareness indicates that there is much value in the works of this entity but it should be understood that the works of this entity are basically like a packaged unit of information with its own peculiar terms and ideas, of which one must become thoroughly familiar with in order to understand what is being said. This Awareness indicates that this is also true of scientology; that it is essentially the metaphysical philosophy and terms, or some of the metaphysical concepts, terms and philosophies wrapped up in different clothing, using different terms, different examples and different metaphorical placement.

### Old Concepts Reinterpreted: Christ, Lucifer and Ahriman

This Awareness indicates that these concepts are generally similar except in terms of the words used in describing them. This Awareness indicates that in the case of Rudolf Steiner, this entity took many of the old concepts and reinterpreted them, using the principles or symbolism of the Christ, the Lucifer and the Ahriman principles, Ahriman actually being from Persian and Zoroastrian origin as an early version of that which later was called Satan. This Awareness indicates that he saw these things emerging as forces and related to a kind of personification of these forces as though they were individuals of a different, other than human dimension.

This Awareness indicates that by Steiner's interpretation, the present day technology would be of Ahriman energy forces and the deception that occurs, the intrigue

that occurs would be of luciferian qualities, the Christ qualities being that which is of pure and honest nature in your present-day society. This Awareness indicates (that) by Steiner's interpretation the Ahriman forces would be more cruel than the Luciferian forces which are more along the lines of those who would sap the energies of others, likened unto vampirism, or leaching off the energies of others, such as is attributed to many of those who use the money system to capture the energies of other people.

This Awareness indicates that you may see the Steiner version of present day humanity as being represented by Luciferian energies which sap the energy of other people; the Christ energy as that which serves other people, and the Ahriman energy as that which enjoys violating other people.

### How a Cosmic Awareness Interpreter Operates

This Awareness indicates in reference to the second part of the question which is not fully clear, the Interpreter for this Awareness attunes to Universal Consciousness, which is in itself an energy, and being attuned to that energy, awaits for a question to stimulate a certain focal point in that universal energy, and when that particular focal point, such as a concept or question is thrown into the void of the Universal Consciousness, before the Interpreter's vision, the Interpreter then, who's attunement to Universal Consciousness, follows as the Universal Consciousness moves in focus to that question and observes the combination of question and Universal Energies and awaits a signal, symbol, image or word to emerge and then the Interpreter speaks words which describe what is recognized from the merging of Universal Consciousness with the question.

This Awareness indicates it is not essential that the Interpreter be lying down in order to answer, it is not what many think of as a trance, in which the Interpreter is absent from his body and another being is speaking through. This Awareness indicates that the energies are presented for the Interpreter, who, in turn, interprets the energies into words, and the less distraction there is, the clearer that interpretation can be, and it is for this reason that the Interpreter lies in a deep meditative state, so that by putting aside mind, emotion and feeling, there are no personal distractions to prevent clear interpreting.

### How Psychic Mediums Operates

This Awareness indicates that in what entities generally think of as a trance, it is presumed that the entity is asleep elsewhere and some being has entered the body, taken over, and is speaking through the body. This Awareness indicates that this is generally called mediumship. This Awareness indicates that in mediumship, an entity loans his body to a disincarnated spirit for a brief period of time to allow that disincarnated spirit to speak through him, or her.

This Awareness indicates in the channeling of this Awareness, the entity attunes his or her consciousness to that of the Universe, to that of this Awareness and in that attunement, reads or interprets what is seen. This Awareness indicates in the case of Steiner, this entity tuned in very similarly to that of an Interpreter, but tuned in to higher concepts of an abstract nature, such as tuning in to the Christ Force, tuning in to the Luciferian force, and tuning in to the Ahriman force, not as entities, but as concepts, and in such attunement, was able to decipher or analyze information which he then presented as philosophy that could make sense out of what was occurring on this plane.

This Awareness indicates it is not absolutely clear that the entity fully understood all that was occurring. It was more of a kind of deductive reasoning, based on an interpretation of fundamental principles. This Awareness indicates for example, the entity presumes that Ahriman

qualities are such and such, presumes that Luciferian qualities are such and such, presumes that Christ qualities are such and such, and from these presumptions, comes to conclusions which can be quite elaborate in their formation. This Awareness indicates these presumptions require that the entity make certain definitions of what he interprets as being the Christ force, the Ahriman force and the Luciferian force.

#### Much of Steiner's Work Was Deductive Reasoning

This Awareness indicates that it is as though a scientist working from empirical information extrapolates from that information to reach a theory, but in the event of Steiner, the entity went from a theory to extrapolate or deduct, to reach a conclusion; this being in reverse of the scientific approach. It was not based on intuition or on information from a spirit level. It was based more on deductive reasoning, where one deducts from a theory, a general principle or idea, reaching conclusions as to how things are in the universe. This was the way people reasoned in the earlier philosophical times, such as in ancient Greece and prior to that of the advent of science which took on a different approach in which conclusions were met only after evidence was gathered. That is the theory of the scientific approach anyway.

#### Light and Dark Forces the Basis of Zoroastrian Philosophy

This Awareness indicates science isn't always that way. Often science will have its own prejudice and find energy or evidence to support that prejudice, but in so doing, they are not being purely scientific. This Awareness indicates that many of the early religions were formed by deductive type reasonings, such as assuming there is a good and bad force in the universe, this Light and Dark force as the basis for Zoroastrian philosophy, and from this Zoroastrian philosophy came most of the subsequent religions in which good and evil were fighting for power in the universe. This Awareness indicates that this pits the positive and negative, yin and yang, good and evil and other polarities, one against the other.

This Awareness indicates that these concepts led to further analysis, based on the assumption that they were true. This Awareness indicates that this assumption could bring about details as to what is right and what is wrong in one's every day life by analysis rather than by evidence. This Awareness indicates that this is where the philosophy or idea of a field of knowledge comes from above and filters down to one's every day life through a gradual analysis of a presumed reality. This Awareness indicates it is moving in the opposite direction of the scientific approach which is alleged to take evidence and combine the evidence to reach a conclusive theory based on fact. This Awareness indicates that is the alleged idea of science.

#### Good and Evil in the Universe are Only Polarities

This Awareness indicates that the presumption that there is good and evil in the universe is in fact but a recognition of polarities, and indeed there are polarities in the universe, but whether or not they are good or evil depends on how one perceives them and judges them. This Awareness indicates for example, day and night are two polarities of the cycle of a daytime or nighttime cycle. This does not mean that night is evil or day is good, or vice versa, it just means that there are two sides of the cycle which are different from each other. There is a certain kind of opposite influence.

#### The Role of the Gods of Darkness and Light

This Awareness indicates opposition does not necessarily mean there is a moral judgment of one side against another. Just because there are sunny days and rainy days does not mean that you have to decide which is good and which is bad. You may like both rainy days and sunny days. This Awareness indicates that in the

earlier cultures such as the Egyptian culture, which had its gods of light and gods of darkness, they did not see the gods of darkness as being restrictive and the gods of light as being more beneficial, but saw them all as necessary for a functioning universe. The gods of darkness had their role and place in helping entities to evolve and the gods of light had their role and place in helping entities to enjoy their lives.

This Awareness indicates that both were seen, as necessary and were not considered as evil or good in an absolute sense. This Awareness indicates that likewise, if one fully recognizes how the polarity philosophies came about; by polarity philosophies this Awareness refers to that polarized concept of a universe filled with good and evil; it is possible to take the good and evil concept or polarized concept one step higher and see that the ultimate creator as that which was neither right or wrong, yes or no, good or bad, light or dark; it was energy, pure, blissful, clear, universal, absolute energy, and if one sees the universe as being made of this, having different aspects, just as a head has a face and a back, and is neither good nor bad because of having a face or a back of the head, you do not have to choose whether the back of the head is good and the face is bad, or vice versa; you can simply say: "There is the head from whence all came," and that can be sufficient as a philosophy and then from that you can deal with the realities of all that is.

This Awareness indicates it's not necessary in that state to judge anything in terms of good or evil. It is not that there cannot be a judgment, it is just that it isn't necessary. You can deal with pain by working to avoid it if it is troublesome to you. You do not need to judge pain as being evil. You can deal with terrorists by working to stop them from troubling you if they do; you do not have to say they are evil. This Awareness indicates that likewise, on all things it is not necessary to class something as being evil in order to have good. You can simply have things being what they are and deal with them according to what they do and what you prefer that they do.

This Awareness indicates that there is too much emphasis on the fruit of the tree of good and evil. This Awareness indicates that when one begins to eat of good and evil, the mind then becomes highly polarized and loses wisdom. This Awareness indicates in the works of Steiner, this entity has in fact shown that these qualities of the Luciferian nature, the Ahriman nature and the Christ nature are all a part of the ongoing evolution of mankind and contribute to certain phases or stages of that evolution. He does warn about the outcome of some of these influences and the philosophy in general can be said to be of high quality and high understanding. The entity did have great insight and as far as deductive reasoning is concerned, this entity is a master, in deducing from abstract terms, to reach a philosophy that could be applied in an entity's life to better understand things.

IRAQ~~N~~



(C AC General Reading 12-17-92)

## CAN OUR EARTH BE MOVED AT WILL TO ANYWHERE IN THE UNIVERSE?

### QUESTION:

A question from Paul S., in Bucyrus, Ohio. He writes: "I finished reading *Mary's Message to the World* printed by Blue Dolphin Press, Grass Valley, California. This is very revealing of the times to come. I have no problem with the earthquakes, the terrible storms, the mud-slides, the torrential rains, the volcanoes, and the land-masses rising and others sinking.

"She comforts us by saying there will be no third world war, and doesn't mention any Nazi takeover. However, Mary and Jesus both imply that there will be a new world and there will be a new heaven. Our solar system will have two stars and we will have a milder climate.

"The question I have in my mind is not with the earth becoming 4th Dimensional. Could it become like the destroyer escort used in the Philadelphia Experiment, and thus it could be moved at will to any place so chosen in the universe?

"Could you ask Awareness about this aspect?"

### COSMIC AWARENESS:

This Awareness indicates this is seen as a possibility. This Awareness indicates that there are two factors which can be linked to this hypothesis or potential scenario, one being that there is the plan described previously, whereby Jupiter would be made into a second sun. There is also, in one of the current tabloids, an article suggesting that the earth, in gaining certain weight and gravity will be thrown slowly out of the solar system.

This Awareness indicates that this may link into your hypothesis or assertion of the earth being moved to other places. This Awareness indicates that it is also a possibility that the earth could, under certain technology, be made into a space craft that could be moved from place to place, but this Awareness wishes you to realize, such technology is far into the future. It will not occur in your lifetime.

This Awareness indicates that it is something that is not impossible and it is quite possible and is a technology that has been and is used within this galaxy today, but that the earth technology has not reached the level whereby this could be accomplished in these present times, or near present times.

## HOW DID SUBMARINE MOVE 10,000 MILES IN 3 MINUTES?

### FOLLOW-UP QUESTION:

He had one other question. "Since writing this I ran across an account of a United States naval submarine that was within minutes translocated from off the coast of Florida to ten thousand miles east of Africa. This was a ten thousand mile relocation. Please ask how this was done, along with the underlined request above." He doesn't send any documentation of where he got this information.

### COSMIC AWARENESS:

#### More on the Philadelphia Experiment and Teleportation

This Awareness indicates that this is the continuation of the technology that began in the early Forties with that which is referred to as the Philadelphia Experiment. This Awareness indicates it is also connected to alien technology for flight in space, whereby a point is chosen in space far ahead of the location of a particular vehicle, and the frequency or vibration of that particular

point is matched to the instruments in the craft and the craft in attuning totally to that frequency or vibration is automatically teleported there.

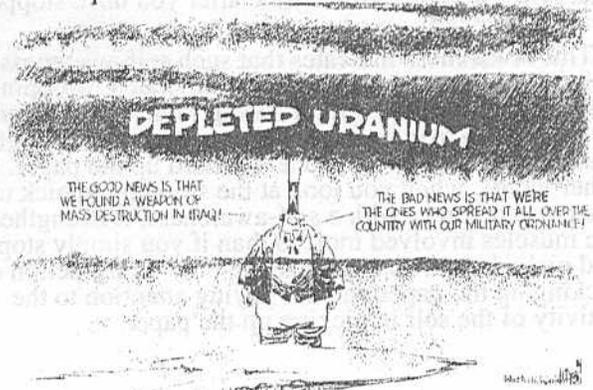
It is a way of traveling outside of a particular dimension. The movement of the craft is interdimensional and then it reappears in the dimension. It is a matter of reassembling the molecules at the target point. This Awareness indicates that it appears beyond comprehension to the human mind, but if you could go back a hundred years and have someone trying to explain how it is possible that a picture taken in New York could instantaneously be broadcast on thousands or millions of television screens all across the country, thousands of miles way, this would also seem incomprehensible.

But it is true that a video tape inserted in a machine and broadcast on a television in New York, could be filmed with camera so that it is broadcast to Seattle, Washington, or Los Angeles, California, and appears instantaneously in those areas. This Awareness indicates to a more primitive mind, the mental concern would be: "How did that picture get from New York to Los Angeles? instantaneously?"

This Awareness indicates that there are so many various technological aspects in doing this, that it is almost impossible for this Awareness to describe how the picture moved from one area in New York, to another area in Los Angeles, and if this is almost impossible to describe because of the multi-number of technological activities involved, how can you expect this Awareness to describe the movement of a craft from one place in space to another several light years away in an instantaneous movement?

The technology is far more complex than the television technology of moving a picture from place to place. The results are simple to describe, but the means is that which is ultra-complicated, and is incomprehensible, even if it could be explained. The best this Awareness can do in describing this is to indicate it is done by working with frequencies and vibrations, just as the broadcasting of television pictures works with frequencies and vibrations.

This Awareness indicates that you must remember that all atoms are vibrations and frequencies and atoms make up molecules and molecules make up things. Understanding this, you may also understand that a pattern of molecules that could be broadcast over a fraction of a second for ten thousand miles, could, technologically and theoretically, be reassembled at the destination point so that these molecules come back together, according to the pattern that was broadcast and the object formed by the molecules at the point of origin should technologically and theoretically reassemble in the same manner at the point of destination. This Awareness indicates the key would be in reading a pattern based on frequencies, holding the pattern, broadcasting the pattern and reassembling the pattern based on frequencies.



(3-24-94)

## THE MEDITATION OF SELF-AWARENESS

### OPENING MESSAGE:

This Awareness wishes to give entities a meditation. This Awareness suggests this may be called the Meditation of Self Awareness. This Awareness indicates that you may practice this according to your inclination. This Awareness suggests that wherever you are, whatever you are doing, you may practice this meditation; it is not something that requires a special setting or special manner of behaving or presentation. You simply meditate in the following manner, wherever you are or whatever you are doing.

This Awareness suggests whatever you are doing, wherever you may have to be, that your turn attention not only to what you are doing and what you are experiencing, but also to yourself as you do and experience the action. This Awareness indicates for example, you are working at something; you drop something on the floor; you bend over to pick it up. Observe yourself bending over picking up the thing you dropped.

This Awareness suggests that when you have picked it up and you have turned to sit down in your chair, observe yourself, look at yourself sitting in the chair. Be aware of whatever you are doing, giving yourself special attention in terms of what is happening to you, what you are doing. This Awareness indicates it requires a certain kind of splitting of the attention.

Wherein you look at something, work on something, your attention may be directed toward that activity, but if you also direct some of the attention to yourself looking at and working at something, it takes on a different kind of awareness. You become self aware. Your awareness of yourself doing the action is quite different from an awareness of the action to be done.

This Awareness indicates that the more you meditate and the more you pay attention to yourself doing what you are paying attention to, the more self aware you become. This Awareness indicates that this kind of meditating also give you extra energy. It is a way of enhancing your energy level throughout the day, when you slip into this self-awareness activity.

This Awareness suggests that you not split your attention to the point of forgetting what you are doing, by paying too much attention to yourself, but let the energy in your activity be strong enough and give some attention to yourself as you are doing it, so that you observe yourself doing what you are doing. This will give you extra energy during the time of the self-awareness and it can be used in long periods of time, more than just a brief second, to enhance your general energy level for some period.

In other words, it does not necessarily end your energy level that you have gained after you stop being self-aware, but that energy level from being self-aware, even for a few minutes, will help you to continue having energy for long periods of time after you have stopped being self-aware.

This Awareness indicates that such self awareness can help you enhance your strength and vitality. Stooping to pick up a paper for example, being looked at as a form of exercise as you do it, will give you greater strength than if you simply stopped and picked up the paper. In other words, when you look at the stooping to pick up the piece of paper with a self-awareness, it strengthens the muscles involved moreso than if you simply stopped and picked up the paper focusing only on the action of picking up the paper and not paying attention to the activity of the self in picking up the paper.

This allows the entity to see every movement in his or her body throughout normal mundane activity as being a kind of exercise. This Awareness indicates that by looking at yourself and your movements as exercise, it enhances and strengthens the body in the same way that exercise would do so.

This Awareness reminds you of the action of T'ai Chi, wherein movements are made very slowly, but because the entity is self-aware during the T'ai Chi activity, it becomes a very powerful exercise, and the entity's strength is enhanced, the muscles are strengthened from the T'ai Chi activity or exercise.

This Awareness indicates you can make every movement in your life a strengthening act, an exercise, a physical exercise, simply by being self-aware of those movements.

### WISDOM OF AWARENESS...

#### ON THE NEED TO BE ETERNALLY VIGILANT

"...One protest or millions of protesting entities over a short period of time may have an effect during that time, but this does not mean that a future time is to be affected by that protest. Entities must ever and always be aware and awake and vigilant in the pursuit of liberty and peace." (82-2)



#### --HOW TO GET THIS NEWSLETTER BY MAIL-- EVERY 4 WEEKS ! ( More or Less )

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#### MEMBERSHIPS AVAILABLE ( Honor System! )

INDIVIDUAL: \$42 per year or \$12 quarterly  
 FAMILY: \$52 per year or \$20 quarterly  
 CONTRIBUTING: \$77 per year or \$25 quarterly  
 SPONSORING: \$144 per year or \$40 per quarter  
 BENEFACTOR: \$500 per year or \$150 per quarter  
 PATRON: \$1000 per year or \$250 per quarter  
 ANGEL: \$5000 per year or \$1500 per quarter  
 LIMITED INCOME: \$30 PER YEAR OR \$9.00 QUARTERLY