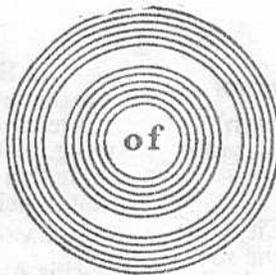


Revelations

The Cosmic Newsletter

E-mail: CosmicComm@aol.com
INTERNET DOMAIN: www.CosmicAwareness.org
FAX: 360-352-6294



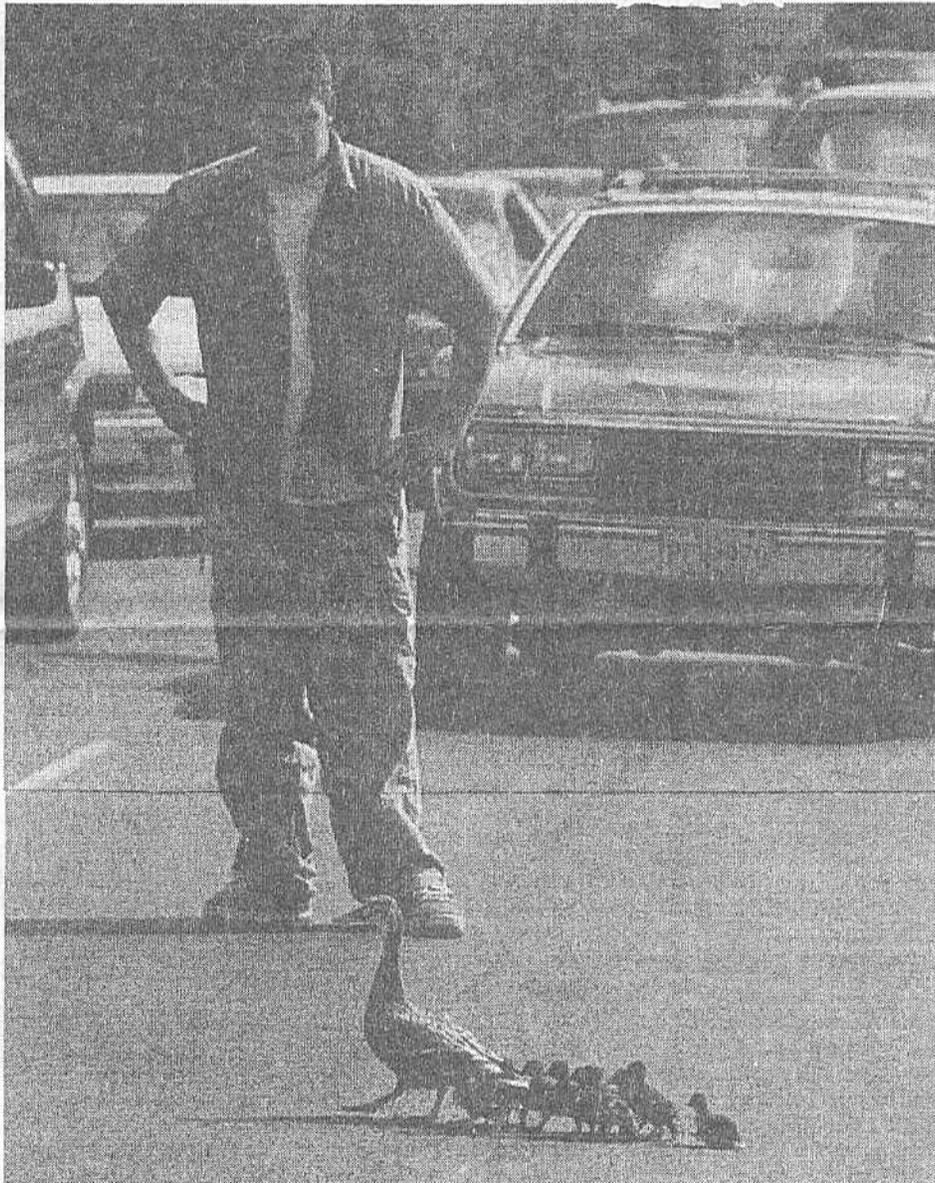
Awareness

COSMIC AWARENESS COMMUNICATIONS
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Helping People Become Aware

Celebrating our 33rd Year!

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HOW TO REMOVE A CURSE

Excerpt CAC Reading No. 10-6-6-93 Paul Shockley Interpreter

S&M (Formerly Called Sado/Masochism) (She Calls it a Meditation For Higher States of Consciousness)

QUESTION:

A question from Judith Jones, in New York City. She writes: "Please ask Awareness to comment on the so-called S & M which is neither sadistic nor masochistic, which may or may not include sexual activity, which is consensual (but which may include domination-submission rituals which do *not* violate free will) and which is essentially a co-joint meditation with utilizing increasingly intense stimulation, lovingly motivated, to demonstrate mind-over-matter and achieve higher states of consciousness.

(We've been getting some "bum raps" misidentifying us with nominally-similar activities involving manipulation intimidation, injury, hostility, abuse, cruelty, degradation, sadism, masochism, and other actual ugly and unloving violations!")

COSMIC AWARENESS:

This Awareness indicates that it is best not to refer to the relationship as a sado-masochistic, or S & M, which is what S & M stands for in its original terminology, as sado-masochistic. It is better that you refer to your particular polarized relationship as aggressive/recessive or active/passive relationship or something of this nature . . . aggressive/ responsive; that you may of course realize that all things of this nature have to do with the degree of assertiveness and responsiveness and if one is excessively assertive it can become overly dominating and if one falls into the role of being excessively passive, or excessively responsive, it can, in some instances, lead to one becoming masochistic, or enjoying torment from another.

This Awareness indicates therefore, it is a matter of degree, but this Awareness acknowledges that some entities enjoy being able to trust another in the role of a dominant figure to the point where they can become responsive or recessive in relationship with that other, and it is also possible for an entity to enjoy playing a dominant figure with someone who is thus responsive and submissive. This Awareness indicates that these are essentially likened unto games that entities play when they can trust each other.

The Roles in Pretending Can Lead to Big Problems

This Awareness does not see this so much as a problem, except in that if it becomes a fixed problem or fixed in a relationship that goes on an on and is repeated continually to where the entities play such roles on a continual basis, entities can let this get out of hand to where they believe the roles they are playing, and this is where the problems can begin. It is a way of pretending that can lead to problems if entities are not aware and if entities do not break the pattern at some point.

This Awareness indicates that if it is but for a temporary role-playing enjoyment or for a short duration scenario of a brief time period, this kind of pretense can be just as enjoyable as a role in a play, a dramatization of sorts. This Awareness indicates that *It* wishes entities to be most cautious however, when entities see themselves being put into a role of submission or dominance over another, and that role is becoming fixed in the relationship, and does not rebalance, for this kind of extremism can very easily tip into greater polarity levels causing harm, causing violence, causing suffering and causing psychological disorders.



Is S&M a Past-Life Carryover?

FOLLOW-UP (AVATON):

Are entities who are into this dominant/submissive thing, particularly in sexual relationships; is this something that has carried over from some kind of past life that impels them to do this for some reason?

COSMIC AWARENESS:

This Awareness indicates that this can be; it is not necessarily so. This Awareness indicates that in many cases, an entity is simply not assertive and wishes to have someone else take responsibility for them so that they do not have to take responsibility for themselves, and in that manner they become submissive. Others may take the feeling that they want to control their environment or control someone, and need someone whom they can control and therefore they take the assertive position and wish to maintain control.

They may even have great fear of losing control over the person they love, therefore, they will dominate the person with great ferocity and may even become violent toward the person if the person challenges their domination. This Awareness indicates that in both cases, there is an imbalance in terms of a healthy relationship, and healthy respect. The one has a fear that the other may not accept them, and therefore wishes to control the other in order to maintain his or her position over the other and maintain a sense of control of the situation so that the other does not leave or otherwise reject the dominant person and the recessive or passive or submissive person has a kind of negligence and does not trust him or herself sufficiently to take charge of things in his or her life and wishes to have someone else be in charge and therefore, will be attracted to someone who wants to be in charge, and this person will lean on and trust the dominant person and will go so far as to suffer punishment from the dominant person, feeling that it is too difficult and too frightening to try to take charge of one's own life and therefore, they will turn over the care of their life to this person who dominates them and they do not want to lose that dominant person who controls them.

It does not need to occur as karma from another lifetime. It can occur from one's own tendencies, genetically, or through one's environmental upbringing or through certain traumas that have occurred to the entity during the present lifetime.

Is S&M Similar to Fetishes?

FOLLOW-UP (AVATON):

Would that type of thing be classified with the same type of thing as people with shoe fetishes, and other strange fixations?

COSMIC AWARENESS:

This Awareness indicates that this as being different; this being a situation in which an entity has personal lack of assertiveness or has an assertiveness attitude, one wishing to control, or one wishing to be controlled, has the fear. One having the fear of not being able to control generally comes from a family or a background situation in which there was a dysfunctional family relationship or dysfunctional home life, wherein the entity felt that everything was out of control and therefore the entity upon growing toward adulthood seeks to gain more and more control of those things around him or her.

The other entity, feeling perhaps in childhood a sense of incompetence, perhaps from parental domination and control and being put into a category of an inept being, either by suggestion or by the way the entity is treated. The entity feels inept in being able to accomplish or do something and therefore, the entity is more or less

trained: "You can't do it! You aren't able! You don't have the ability! Let someone who *can* handle things!", and therefore, the entity being more submissive and passive turns over responsibilities even for his or her own life to someone else who wants to take charge. This entity is basically a follower. The other entity is one who wishes to lead.

How a Shoe Fetish Can Occur

It does not mean that either entity has the leadership ability or lacks leadership ability, it is a matter of their desiring leadership ability or desiring to avoid leadership. This Awareness indicates that a, shoe fetish or something of this nature can be caused by some incident in the child's life in which there is a confusion in terms of one's focus and one's value system. It does not have to do with one's self-image.

This Awareness indicates the general terminology for entities having such a thing as a foot fetish or a shoe fetish or something of this nature as being associated with the concept of perversion; wherein one becomes perverse in the sense of overly emphasizing some particular mannerism or sexual behavior or something that is not considered as normal; that the other situation, in terms of dominance and submission has more to do with one's total personality and outlook on life in general and is not caused by a fixation in the same degree or sense as a perversion-type fixation, or obsession.

This Awareness indicates however, that wherein an entity receives some kind of pleasure at seeing another suffer, and the dominance factor moves into a distorted value sense of: "I can better control if I can see this person beg for mercy. If I can cause this person great pain, I can better control this entity" or if the entity simply enjoys seeing the other suffer at his or her hands, this can be a kind of fetish or perversion or obsession that begins to take hold and create that which is a narrow fixation in terms of an entity's focus.

This Awareness indicates that in this sense, a dominant or submissive person can also have an extremity of behavior that is somewhat fanatical in terms of pleasure and pain, in terms of a relationship that is sado-masochistic, and such a relationship can be of varying degrees of extremity. This of course is a form of perversion; that the entity who just has the fear of losing control of his or her environment needs not be necessarily perverse, nor does the entity who fears taking responsibility for his or her life necessarily express a kind of perversion.

Feeling Clean and Better After Being Punished

This Awareness indicates the entity who enjoys suffering often has deep-seated guilt feelings, whether deserved or not. They may have had someone implant guilt feelings on them for some event or for some reason accusing them and therefore, perhaps assuming a sense of guilt and a need for punishment, and such entities sometimes enjoy the punishment because it makes them feel better after they have been punished.

They may feel more clean for having been punished. This Awareness indicates others may feel that there is some great godliness in being a martyr, in suffering at the hands of evil and therefore, they will let themselves suffer at the hands of some sadistic or hateful being, and associate themselves with the saints and martyrs of old. Those who enjoy inflicting pain on others may have the illusion that they are somehow likened unto a god, judging and punishing those who have erred, those who have offended them.

This Awareness indicates also, those who enjoy punishing others may seek to punish on the grounds that

they had offended their values or even offended their god, therefore, many self-appointed agents of god may take on certain sadistic tendencies in behalf of the god they represent. This Awareness suggests the next question may be asked.

THE UNREALITY INDUSTRY

(More on the Trivialization of Our Lives)

QUESTION:

Ted Helinski sent in a reprint or copy of the cover of a new book just out, and he'd like me to read the blurb on the cover and ask Awareness if the book is valid, and to comment on the theories put forth. The book is called *The Unreality Industry; The Deliberate Manufacturing of Falsehoods and What It Is Doing To Our Lives*. The book jacket says: "Has the United States become one big game show? In the years since World War Two, two major forces have shaped our destiny as a nation. The first is the overwhelming complexity of a world that is now totally interconnected by mass-media. The second is the proliferation of endless amounts of mindless entertainment into every sector of society.

In this pathfinding book, Ian I. Mitroff and Warren Bennis persuasively argue that we as a society have rejected the challenge to make sense of a world grown more difficult to understand, and have taken flight from reality, preferring the trivialization of our lives.

We rely on mass media to invent fantasies that soothe our fractured egos. In politics, for example, we'd rather design, manufacture, and sell candidates the way we do soap than face the real issues pressing down on us as a nation. Ever since the debacles of Vietnam and Watergate, the U.S. has been without a true national purpose to bind us together in a common cause.

Without great causes and great leaders to focus our attention on truly important social problems, our energy as a modern society is drifting into the mass proliferation of *unreality*. Television is a potent force in this national flight.

Under the guise of entertainment, television is in the business of caricaturing, trivializing and thereby de-meaning our lives. Geraldo, Donahue, Morton Downey and Oprah Winfrey are not aberrations. They accurately represent the new standard of dealing with problems.

It has often been said that Lincoln would need a mass media quote from his speech at the Gettysburg Battlefield such as "Read my lips. No more slavery." This book makes the point that news "bytes" on network television news programs are *not* news.

The Unreality Industry is for everyone who is concerned that America has become a parody of its former self, and realizes it is our task to make sense out of a nation that has been more chaotic and confused as a result of mass-communication. *The Unreality Industry* goes beyond traditional criticism of the media, by showing that it is a part of a much larger phenomenon; the invention and selling of unreality on a gigantic scale."

Ed's Note: This book published by Carol Publishing Group, 120 Enterprise Ave., Secaucus, NJ 07094.

COSMIC AWARENESS:

This Awareness indicates that this activity of selling fantasy to masses, particularly when it is prolonged over generations, creates an environment in which a new reality can be created. This Awareness indicates that it can be used for good or ill. It can be used for creating a consciousness that transforms or focuses toward a new and different reality than that which has gone on before,

so that there can be a quantum leap in consciousness into a new dimension of being, if it is used properly.

The Physics of Consciousness is the True Reality

This Awareness indicates it can create a reality that is no longer bound by time and space. It can create a reality that moves through and beyond time and space into consciousness itself. This Awareness indicates that it can also be misused, so that entities become convinced of some aberration in terms of a vision of reality that is far from that which is beneficial. This Awareness indicates that essentially, reality as humans perceive it is really nothing more than perception on a mass scale, and that the true reality is that which is the physics of consciousness, and the physics of consciousness allows for any creation in consciousness that entities wish to perceive and envision and agree upon.

This Awareness indicates that by moving consciousness into a state of mass-confusion, a state of complete fantasy, or of multiple fantasies, the minds of entities begin to lose track of old realities, or old areas that were once agreed upon as being real. It allows for the manipulators then to begin to create the new realities by focusing consciousness then in that direction, by focusing consciousness in a way that they wish consciousness to be focused, so that entities begin to perceive in these other directions.

It Is Possible to Hypnotize Masses of Entities

This Awareness indicates it is possible to hypnotize masses of entities at once so that they all see the same thing. This Awareness indicates that once they see the same thing, they essentially are witnessing a reality in accordance with their perception. This Awareness indicates that this is what is behind the changes that are occurring, and these actions are not limited necessarily to those entities who are working through the media. There are also entities from outside physical realms who are participating in this movement that is bringing about the changes in consciousness.

Awareness Through Ralph Duby: "Mass Insanity Is Coming"

This Awareness indicates this may be thought of as that which has been termed the Invisible College or the spirits or the energies that comprise the bio-computer, the mind, the mass-mind of humanity. These things are being brought about in part as energies of the New Age. This Awareness indicates that in a reading given by this Awareness through Ralph Duby, approximately two decades ago, this Awareness suggested there would come a time of mass insanity. This Awareness indicates that at the time this entity interpreted the message being given by this Awareness, the interpretation was likened unto mass-insanity, mass-schizophrenia, a breakdown of mind.

This Awareness indicates that this was the terminology available for Ralph Duby in his interpretation. This Awareness indicates however, the more accurate interpretation for what this Awareness attempted to reveal to this entity is that which has been expressed in this book: that of the breakdown of reality itself, wherein the manufacturing of multiple realities or a confusion as to what reality is, this is that which this Awareness referred to at the time as that which was coming on this plane; that you might say it is the schizophrenia of the mass-mind, whereas no agreement as to what reality is can be found in interviewing the masses, for all of the masses are seeing a different reality.

This Awareness suggests that this book can be very enlightening and does recommend that entities read the work, not taking it as absolute and literally true, but as applying it as another point of view that has merit.

Ed's Note: The book "The Unreality Industry" by Ian Mitroff & Warren Bennis is out of print. However, I found it on the Internet with copies from \$4 to \$16.95. Go to Google and type in "The Unreality Industry".

THE STRECKER MEMORANDUM

(The Most Controversial Book and Video of Our Time)

QUESTION:

A question from Ted Helinski again here. He writes: "I received something called the Strecker memorandum in the mail today. It was sent to me by Ramtha Dialogues, in Yelm, Washington. This is J.Z. Knight's organization who is the channeler for the entity known as Ramtha. The story begins in 1983 with Dr Robert Strecker MD. Dr Strecker practices internal medicine and gastroenterology in Los Angeles. He is a trained pathologist and also holds a PHD in pharmacology.

Dr Strecker and his brother Ted, an attorney, were preparing a proposal for a health maintenance organization, HMO, for Security Pacific Bank of California. They needed to know the long-term financial effects of insuring, and treating AIDS patients. In as much as this information was not readily available in 1983, both brothers began researching the medical literature to learn what they could about this relatively new disease.

The information they uncovered right from the beginning was so startling to them, so hard to believe, that it would dramatically alter both their lives and lead them on a five-year quest culminating with the creation of "The Strecker Memorandum," the most controversial video tape of our time, and a remarkable set of documents called "The Bio-Attack Alert." Eventually the Streckers came to realize everything the government, the so-called AIDS experts, and the media were telling the public was not only misleading, but out and out lies.

According to Dr Strecker the truth of the matter is: AIDS is a man-made disease; AIDS is not a homosexual disease; AIDS is not a venereal disease; AIDS can be carried by mosquitos. Condoms will not prevent AIDS; there are at least 6 different AIDS viruses loose in the world; there will never be a vaccine cure for AIDS. The number of AIDS-infected people is doubling approximately every 12 months, and in some areas even sooner. Africa has, conservatively, 75 million infected; some estimates double that. Brazil is a country in serious jeopardy because all through the 1970s they were buying their blood supply from Africa.

Southern Japan has about 30 percent infected. Russia is now reporting AIDS as a problem and no one can enter Russia without a current negative blood test for AIDS. Cuba has already set up concentration camps for the AIDS-infected and they are full. Haiti of course is ravaged with AIDS; more than 15% of the people infected and getting worse every day. Virtually every nation on earth is reporting a growing problem. Part of the problem is that all of the various AIDS viruses are 'recombinant retroviruses.' That means they have the ability to recombine with the genes of any cell they enter and the offspring or new viruses they form are different from the parent virus.

HTLV III alone (that's the most common American AIDS virus) has the mathematical ability to change itself 9000x9000x9000x9000 times (which is 9000 to the 4th power). Again, according to Dr Strecker, brain cancer (SV-40 virus) is the result of contaminated polio vaccines in the early 1960s; Swine Flu vaccine in the 1970s causes a polio-like disease; and AIDS is carried in the small pox and hepatitis B vaccines.

As far as alternative, non-allopathic, non-drug modalities based on Raman spectroscopy, Dr. Strecker says that

realistic scientists are correct in looking at alternative, non-allopathic, non-drug modalities based on Raman spectroscopy.

Dr. Strecker's brother, Tex Strecker, was found shot to death in his home in Springfield, Missouri. It was officially ruled a suicide. Illinois State legislator Douglas Huff, who did everything in his power to make the people of Chicago aware of Dr Strecker's work, was found alone in his house, dead from an apparent overdose of cocaine and heroin, on Sept. 22, 1988

Dr Strecker has contacted the Governor of every state, the President, the Vice president (now president), the FBI. The CIA, NSA, and members of Congress. He also has contacted the media and the scientific community but no one wants to do anything about the information he has gathered.

Dr Strecker has put all of this information on a 96 minute video that can be purchased from Ramtha Dialogues in Yelm, Washington. (PO Box 1210) Does Awareness see this information as put together by Dr Strecker as being accurate?

COSMIC AWARENESS:

The Global 2000 Program is Now Declimating Millions

This Awareness indicates that this is in the affirmative. This Awareness reminds you of the program known as Global 2000 which this Awareness discussed some years ago; that the Global 2000 program as that which was implemented and designed by world planners to bring the population of the world down to at least one third less than what it presently is, by the year 2000. Of course this reduction of population was to continue even beyond the year 2000.

This Awareness indicates that this as part of the Global 2000 programming; that the AIDS virus as being implemented as one of a number of such programs for bringing down the population. This Awareness reminds entities also that there are certain areas that can be helpful if not outright cures in the treatment of AIDS. They are dangerous by most standards; this is in reference especially to the use of hydrogen peroxide taken internally; that it should be taken only as an emergency last resort, and that it must be taken with great caution according to directions as provided by those who promote the substance.

This Awareness does not recommend that *Cosmic Awareness Communications* make hydrogen peroxide available; that there are outlets and sources which can be referred to. This Awareness suggests however, that entities in using this for the treatment of AIDS should follow the recommended directions; that the information has been given previously and is available.

Saliva Carries More of the Virus Than Does Semen

This Awareness indicates that the other point of interest in regard to this question and the information contained within the question which should be noted is that the body fluids, particularly the semen, as not carrying much of the AIDS virus, it being quite a miniscule amount, but that saliva does carry a considerable amount of the AIDS virus and that any familiar with AIDS will notice that the sores do not attack the genital area, but quite frequently, entities who have had cases of AIDS will have sores within their mouths.

This Awareness indicates that this is contrary to what is implied by much of the AIDS information that is officially released which indicates kissing does not spread AIDS. This Awareness suggests it *does* spread AIDS, and also, suggests that mosquitoes can carry AIDS through the bloodstreams as entities are bitten by

mosquitoes, and the blood carried containing AIDS is replanted into the next mosquito victim. This Awareness indicates that it is such that if the mosquito completely digests the blood, there is less likelihood of it contaminating the next person, but if the mosquito does not completely digest the blood before biting the next person, it is quite possible for the old blood secreted into the next person to spread-the AIDS virus in that manner.

The AIDS Scourge is Just Beginning

This Awareness indicates that entities have yet to realize the full danger and potential destruction of AIDS; that it is just beginning; that there are many people who say the spread of AIDS has slowed among the homosexual community; this as being so, but this Awareness suggests that it has not slowed in terms of the greater population; that there is still the continuation and spread of the various forms of AIDS in various countries around the globe; that there are those drugs which help to slow its effect, but this Awareness suggests that the slowing of the effect is not the cure, and there are many entities with AIDS who do not realize they are carrying the virus, and who will have children who will also carry the virus and the AIDS problem will continue.

It is of extreme importance that entities who wish to survive, be most careful in their dealings with others, including the act of kissing, passing saliva, exchanging blood or in terms of sexual union. This Awareness indicates that within approximately 5 years, entities will have a much better understanding of the seriousness of the situation. This Awareness indicates that many entities think that simply keeping one's immune system strong will help and will prevent them from catching AIDS.

A Strong Immune System Won't Work, AIDS Attacks and Destroys The Immune System

This Awareness reminds you that the nature of AIDS is that it destroys the immune system. It is like saying that by avoiding a cold you will not catch a cold. This Awareness indicates that it is important to keep the immune system strong. It is also important not to come in contact with something that destroys the immune system.

This Awareness indicates the diseases that follow AIDS are the diseases that kill, but they kill because the immune system has been destroyed. This Awareness suggests that entities would do well to buy this tape while it is available. There are movements at this time to stop this tape from being sold, even if it means stopping the organization, the Ramtha organization. This Awareness indicates that by receiving the tape as soon as possible, you may guarantee your chance of reviewing the information which may not be available at a later time.

ONE DAY CANCER WILL BECOME A CONTAGIOUS DISEASE

FOLLOW-UP (AVATON):

In the literature they put out on this tape, it says the scariest part, the most dreaded fear that all oncologists, cancer doctors virologists and immunologists live with is that some day cancer in one form or another, will become a contagious disease transferable from one person to another. AIDS has now made that fear a reality. If you think you are safe because you are not gay or promiscuous, or because you are not sexually active, then you must watch this tape, *The Strecker Memorandum*, very carefully." Is this valid, that information?

COSMIC AWARENESS:

This as in the affirmative. This Awareness indicates that when the genetic engineering of diseases is a reality, as is today, and when a disease such as AIDS is created which allows for the transference of diseases such as cancer to occur within a society, there is indeed the apocalypse in which the great suffering, sores, sickness, pain can occur, wherein entities will cry out for the mountains to fall upon them, for the angel of death to come.

Even the Most Cautious Are Not Safe From This Disease

This Awareness suggests that it is not a time to be frivolous. It is a time to be most cautious. Even the most cautious are not safe from this disease, but they can be more safe than if they are frivolous about it. This Awareness indicates that vaccines of a generic sense can be somewhat useful, and there will be some form of vaccine. It will not solve all of the problems. It will only be effective in some cases, and it may in fact, cause other forms of AIDS, for those who would not otherwise have it.

This Awareness suggests that entities be cautious in regards to vaccines. This Awareness suggests that there are other ways; that viruses such as AIDS cannot exist in a body that is high in oxygen. The oxygen content of a body must be low. If a body is high in oxygen, the AIDS virus cannot survive. It is for this reason that entities who use antioxidants such as the super SOD that is available, as that which is called the Food Doctor product, containing millions of units of SOD in each tablet, this can be most helpful in oxygenating the body.

How to Bring More Oxygen to the System

The use of hydrogen peroxide, when used properly, even though it is dangerous, can be helpful. The use of vitamin C can be helpful. The avoidance of foods, such as processed sugar, excessive toxic foods that have pollutants such as found in many of the meats, and the use of -foods that are fresh growing things, fruits and vegetables, these help to bring oxygen into the system.

In fact, many fruits and vegetables create hydrogen peroxide in the system as they are digested, especially vegetables. This Awareness indicates this especially in terms of green vegetables. This Awareness suggests that with this understanding, entities can help to keep their systems at such a level as to not provide an environment for the viruses of AIDS and if entities are also most cautious so as not to let their bodies become subject to an external environment which could spread AIDS to them they are relatively safe, but the situation will grow more acute as time passes and as more and more entities acquire this disease.

This Awareness indicates that it is only in its early stages. It will be much worse in terms of humanity and the depopulation of the earth than was the Black Plague.*

Can Magnetics, The Polarizer Help?**FOLLOW-UP (AVATON):**

Evidently the government is aware of this and is trying to keep this information from the public according to this literature, is that correct'?

COSMIC AWARENESS:

This Awareness indicates there are elements within the government that are aware of this.

FOLLOW-UP:

There's a doctor working with magnetics that published information some years back that he had discovered that in work with cancer patients, that the cancer

virus could not exist in a North pole magnetic field. If this is true, is there something in the field of magnetics, for example, Sam's Polarizer, would be of assistance for these AIDS people?

COSMIC AWARENESS:

This Awareness indicates that this can be of benefit. It depends on the progression of the disease, and it depends on other factors as to how weakened the entity may be, as to whether the Polarizer could reverse or stop the problem. It is more likely that it could slow down the progression of the disease; that there could be some value of it being used in conjunction with other efforts such as the increase of oxygen in the system.

This Awareness indicates there have been some instances in which AIDS patients have been completely cured, and in some cases these were miraculous; in other cases they were cured from the use of oxygen through ozone treatments or through hydrogen peroxide treatments or through other methods of increasing the oxygen content of the blood.

This Awareness indicates that when *It* speaks of miraculous cures, *It* is referring to cures that occur spontaneously without any clear or obvious reason, these being extremely rare.

Can One Get AIDS by Oral Sex?**FOLLOW-UP (AVATON)**

There was an article in the paper the other day which I'll read and ask Awareness if this is valid. It said that in San Francisco, the city health department says it has documented the first two cases in which men have become infected with the AIDS virus through oral sex. If people have bargained that oral sex is what they're going to do and stay uninfected, we now have directed evidence that it can happen," Dr George Rutherford, director of the department's AIDS office said Friday.

"The findings came in the study of hundreds of gay and bisexual men that the health department has been conducting since the early days of the AIDS epidemic. City health director Doctor David Wertiger acknowledged the findings were based on interviews with the subjects rather than clinical evidence, but said researchers were absolutely sure the two gay men had contracted the Human Immune Deficiency Virus through oral sex.

Other clinicians have reported a few other examples of people becoming infected through oral sex, but the health department findings were the first time such a transmission has been documented in a major study" Rutherford said."

Is that information valid?

COSMIC AWARENESS:

This Awareness indicates that this as in the affirmative. This Awareness indicates that it can also be conveyed through kissing, particularly if there is bleeding of the gums, wherein blood from one entity's mouth or gums is mingled with the saliva and is transferred into the mouth of another who likewise may have cuts or gums exposed so that the saliva mingles with that entity's blood.

This Awareness indicates there has been a theory put forth by some researchers that the saliva kills the AIDS virus. This Awareness indicates that this is not so. This Awareness indicates also that the HIV virus is not the only carrier of AIDS. There are other viruses that also carry AIDS. This Awareness suggests the questions continue.

*Ed's Note: That scary prediction given by Awareness has certainly come true. The estimated people living with AIDS as of Jan. 2003 was 42 million. Total AIDS deaths at end of 2000 was 21.8 million. The total

number of AIDS orphans is 13.2 million. Today in 2004 the AIDS situation could not be worse. It is totally out of control. So far 5 million people are believed to have acquired HIV infections this year and 3 million died of AIDS. These are new highs.

Was It Really Necessary to Atom-Bomb Hiroshima and Nagasaki?

QUESTION:

One other question from Ted Helinski. I'll read his statement: "Like most Americans I have always thought that the U.S. government had little choice in its decision to drop atomic bombs on Hiroshima and Nagasaki, Japan near the end of the second World War. Most popular historians and politicians have contended that, disagreeable as it was, the dropping of the bomb undoubtedly saved lives. The claim is that the United States would have had to invade the Japanese islands and at a frightening cost; the military estimated at the time such an effort might cause up to a million casualties and Nagasaki killed fewer than half a million all told.

Skeptics are assured the Japanese intended to fight to the last man, as indicated in a secret document approved by the Japanese Supreme Council on June 6, 1945, which revealed the government's intention to "prosecute the war to the bitter end." Further, it's stated that Japan had made plans to dispatch ten thousand so-called suicide planes and, in a desperation move, was prepared to field a civilian militia of thirty million.

However, a book I'm reading casts doubt on the politicians and historian's claims. Its called *Legends, Lies and Cherished Myths of American History* by Richard Shenkman. Apparently the United States government itself concluded after the war we hadn't needed to drop the A-bombs. In 1946 the U.S. Strategic Bombing Survey, after an exhaustive study, found that the Japanese were about to surrender when the bombs hit.

"Based on detailed investigation of all the facts," says the survey, "and supported by the testimony of the surviving Japanese leaders involved, it is the Survey's opinion that certainly prior to 31 December 1945, and in all probability prior to 1 November 1945, Japan would have surrendered even if the atomic bombs had not been dropped, even if Russia had not entered the war, and even if no invasion had been planned or contemplated."

On June 20, 1945, the Emperor and leading members of the Supreme War Direction Council had secretly decided to end the war. John Kenneth Galbraith, a member of the survey team, says that nothing more insurmountable than the "usual bureaucratic lags" kept the Japanese from suing for peace immediately.

Does Awareness see this information as being valid, and did those in authority in the United States have knowledge of this before they dropped these bombs?", Ted asks.

COSMIC AWARENESS:

This Awareness indicates that the information as basically correct, but the entities within the United States are not seen as having had this information in such clarity or quantity as to be substantiated or as to be thought of as reliable or as to be worth considering; that their information which was available to them gave the strong indication that they would need to invade Japan in order to bring about a surrender.

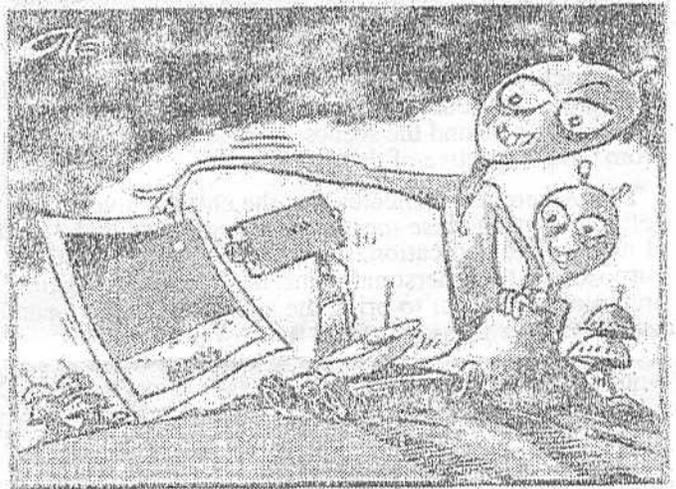
This Awareness indicates there had been two very bitter battles: Iwo Jima and Okinawa which had just taken huge numbers of lives and the next step would have been an invasion of the mainland, and they felt that this would be of extreme cost. This Awareness indicates that also, these entities at that time were not inclined to

feel merciful toward the Japanese, as were those who look back some years later, for at the time there was still great hatred as the war was still going on, and many had suffered.

This Awareness indicates it is tragic that the bomb was dropped; that it could have been dropped in an isolated area near a city and could have then been used as a threat sufficient to bring the nation into discussions of surrender. If Japan needed an excuse in order to save face, then that could have served as a proper excuse. This Awareness indicates that entities must realize also however, that even after the dropping of the first bomb on the first city, Japan did not surrender, and it was days later, after the second dropping that Japan surrendered.

Ed's Note: For more on this, please refer to Revelations of Awareness 94-4 (Karmic Debts: Who Pays for the Atom-Bombing of Hiroshima and Nagasaki? \$3.00 from CAC.

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Wisdom of Awareness...

ON LIVING THE GAME OF LIFE

This Awareness wishes entities to understand that the game of life is but a game, and it is not necessary for entities in life to play the game. Entities may simply *be*. Entities may simply recognize their divinity...their innocence until proven guilty...their intelligence until proven ignorant...their Divine Right to happiness in the future and a Divine Right to avoid being made fearful.

(82-19)

Excerpt from a CAC General Reading, January 2, 1992

Paul Shockley Interpreter

A MESSAGE ON CAC'S 20TH ANNIVERSARY (Cosmic Awareness Addresses the Membership)

OPENING MESSAGE:

This Awareness indicates that the next month of February, 1992 will be the 20th anniversary of this *Cosmic Awareness Communications* organization. This Awareness indicates that this organization as having survived and functioned and brought messages to entities for 20 years, during times of great adversity and historic change, giving entities insight into areas that have taken place behind the scenes, giving entities sources for information, for information that was unavailable nowhere else, for example, the Dr. Beter tapes.

This Awareness indicates that during this 20 years, the organization has experienced great adversity from time to time. Many of the members have quit in disgust over certain concepts such as Robotoids and Synthetics. Many entities have rebelled when certain conspiracy information was released, saying that they could not believe this and could not listen to any more of this. Quite a number of these entities would, within a few years or months, come back, saying that they now understood what had been given previously and they would like to know what is happening behind the scenes, what is happening now from the perspective of this Awareness.

This Awareness indicates that the entities involved in helping to bring these messages through have had a kind of martyr-like dedication, setting aside their life and its purpose and their personal plans, and sometimes their preferences in order to bring the members of the organization further messages from this Awareness. This Awareness indicates that at many times these entities would have to stop and reflect and ask themselves: "Why are we doing this? What is this doing for us? What is it doing to us?, day after day, week after week, year after year, bringing these messages to entities, many who appreciate, many who feel critical and hostile toward the messages that we release?"

This Awareness indicates that for some reason, many of the entities on the mailing list have remained steadfast year after year. Others have come and gone, and some have come back again. This Awareness indicates that 20 years: It is a job, a career, a labor of love.

This Awareness suggests that for those of you who have been with the membership and who have real appreciation for the work that has been done by these entities, particularly the entity known as Avaton and the entity known as Vikki T., this Awareness would ask you to express your appreciation by sending these entities a love offering, which these entities no doubt will put into further service to the organization to enliven it and keep it going.

This Awareness asks that it be done not just for the organization, but as an appreciation and love offering to these entities, a way of showing your appreciation for their help for their dedication, for their long-term dedication and commitment to you. This Awareness indicates that the entities are so dedicated in this regard that the likelihood is that the energies sent would be put into the organization to continue promoting the dissemination of information from this Awareness, so that in fact, your rewards, your donations, your gift to them will come back to you bearing gifts, from the gifts that you have sent; but this Awareness asks that it be sent as a love offering for these entities to do with as they choose, or, if you prefer, you may designate some of the gift for the organization to use in furthering the work, the messages from this Awareness.

You may designate these gifts in any way you choose, but this Awareness asks that they be given from the heart and given freely, or not at all.

Ed's Note: This reading, given in January, 1992, was never published. This editor felt there was something inappropriate about the message at the time. Today, 12 years later we are celebrating the 33rd anniversary of CAC and still going strong.

The Cosmic Laws of Cosmic Awareness...

The Law of Enthusiasm

This Awareness indicates that essentially, when an entity begins to stagnate and move through life in a robot type of behavior pattern, the entity also begins to lose enthusiasm for life; this becoming purely mechanical in nature wherein the entity has indulged in all the thrills desired and nothing seems to change and the entity does not progress. This Awareness indicates when entities move along in actions wherein new discoveries relating to self, new self-discoveries are made, the entity then purges himself of the old and brings in the new energies of the discovery.

This Awareness indicates the word *enthusiasm* relates unto spirit within, and the spirit within is that which enhances the life-force factor. This Awareness indicates wherein an entity begins to lose that enthusiasm, the entity begins to lose more and more of the protective aura around the body and around the psyche and the entity begins to lose more and more of the vitality of the physical and spiritual body. This Awareness suggests that as this vitality is lost through this stagnation, boredom, and the lack of personal and spiritual growth, the entity's depleted aura tends to draw in the forces which result in illness or accident or further weakening of the spiritual and physical body. This becomes likened unto an invitation to the higher forces, the so-called Lords of Karma, to take action to remove the entity from this plane.

This Awareness indicates the *Law of Enthusiasm* is that Law which allows entities to be filled with Spirit which then, in turn, may be used for purposes that can create greater expressions of Spirit. This Awareness indicates that those who use enthusiasm for destructive purposes are those who shall reap the whirlwind of devastation on many planes and many levels thereafter.



WHO WAS KRISHNAMURTI?

QUESTION:

A question from Mike El, in Philadelphia. He writes: "I am very interested in the Krishnamurti teachings. I am curious about "the process" that he went through which caused him so much pain and caused many blackouts in him. I am also curious if the Lord Maitreya spoke through him, or the "masters." Who were these masters? Are these the same masters out in Tibet that Awareness spoke about in a recent issue of your publication?"

"Can Awareness respond?" he asks.

COSMIC AWARENESS:

This Awareness indicates that as a young man, Krishnamurti was taken by certain entities, this appears to be related to the Annie Besant group, and it was decided that this entity was to be groomed as a new Messiah. The entity was raised in such a way as to be prepared as a Messiah for the teaching of the masses.

This Awareness indicates that at a particular age, still of a young age, when the entity was a young man, his brother lay dying and he went to see his brother. His brother spoke to him and said to him: "If you are truly the Messiah, you do not need this organization behind you, and if you are not the Messiah, you should not have the organization or let it direct and lead you."

This Awareness indicates the entity recognized the truth in his brother's words and broke off from the organization and began to turn inward and study himself and study the spiritual life without the organization's teachings behind him. This Awareness indicates that the entity began to realize there were certain teachings and discoveries that one could find on their own, and throughout most of his adult teaching life, he taught entities not to follow gurus, not to follow leaders and teachers, but to recognize within themselves their own path toward Divinity.

Time Magazine Called Him "The Guru to End All Gurus"

This Awareness indicates that you may recall in the 1960's, a Time Magazine article written on Krishnamurti, describing him as 'the guru to end all gurus,' meaning that he taught entities not to worship gurus. This Awareness indicates the basic principle of his method and teaching is to observe closely and carefully, all things, and not simply to take the word of others for these things you observe, but look afresh, as though you have just arrived on the scene, and see what is there, not from preconditioned teachings, but from a fresh look.

Observe clearly from a new look, as though you were observing for the first time. This Awareness indicates that *It* does not see that Maitreya has had any communication with Krishnamurti, as indicated in the question. *It* does not see that Krishnamurti has had any particular connection or influence from Tibet. This Awareness indicates, however, that the entity Krishnamurti did have connection with the higher chakras in his own consciousness level, attuned to a higher Divine Force.

He Spoke From His 8th Chakra as "The Speaker"

When the entity spoke, he did not speak from his body. He spoke from the 8th Chakra, approximately one foot above his head, and that is where his consciousness resided as he spoke to the masses. It is as though the halo above a holy man responded to questions and gave information to the masses. The entity's personal identity was absent during his speaking to the masses.

This Awareness indicates this entity referred to that 8th Chakra or spiritual aspect above his head as "The Speaker" and would indicate, "The Speaker Says ..." and

then proceed to give the information. It is much the same as this Awareness, wherein the Interpreter refers to: "This Awareness Indicates ..." It is very much the same kind of communication.

The entity Krishnamurti being the Interpreter for The Speaker, or that spiritual being who spoke through the entity Krishnamurti.

FOLLOW-UP QUESTION:

So it was a being, rather than his Higher Self that spoke through him?

COSMIC AWARENESS:

This is in the affirmative. This Awareness indicates that you may understand the High Self as being that which is a kind of energy that comes through the pineal /pituitary union, and creates a point between the pituitary and pineal glands and that the pituitary serves as a kind of door, or opening to the Divine Self, or you may refer to that as the Awareness, or in the case of Krishnamurti, he referred to *It* as The Speaker.

This Awareness indicates that this as being a focal point and vibration which is attuned to the Universal or Cosmic Consciousness frequencies that entities can attune to when their pituitary and pineal Chakras are open. When the 6th and 7th Chakras are open and in harmony, they then create an energy field, an opening to the 8th Chakra which is approximately one foot above the head.

This Awareness indicates that if you think of this as a kind of a radio or instrument of varying frequencies, then that point above the head would be likened unto an antenna that is sending out signals, similar to that of a radio tower, or receiving signals, and it is through that 8th Chakra that the Interpreter can tune in to the energies and frequencies of this Awareness, or whatever name entities wish to give.

In the case of Krishnamurti, this Awareness was referred to as The Speaker.

The Organization That Promoted Krishnamurti (What was Its Real Purpose?)

FOLLOW-UP QUESTION:

Was there any dark purpose behind the organization that tried to promote Krishnamurti as the Messiah?

COSMIC AWARENESS:

This Awareness indicates none other than the action of trying to promote itself as a spiritual organization, and the power that goes along with such a promotion. This Awareness indicates that any religion or spiritual organization that seeks to promote an individual as a world Messiah must have some particularly strong ambition in terms of its organizational purposes and goals, and the entity did not wish to go along with that.

He thus became a teacher in his own right, teaching entities to question spiritual leadership and authorities, and to find their own path to the spiritual life. This Awareness indicates this being quite different from finding your spiritual life through some entity.

This Awareness reminds you that the conditioning of the Catholic Church as one which tends to create the principle or appearance that entities must have a mediator in order to come into unity with the Divine. This Awareness indicates that the Protestant Reformation broke from the church with the concept that entities could have direct contact with God without having to go through a priest or without having to go through a pope.

This Awareness indicates that the message of Krishnamurti was somewhat the same; that you don't need a spiritual interloper or intermediary. This Awareness indicates in some instances you can learn from the

person who has had spiritual insight or expertise, but you need not subject yourself to a spiritual hierarchy following on this entity's coat-tails once you learn the lessons available.

You can simply hear what the entity says and be on your own merry way, passing him on the trail to the higher frequencies if you so desire. It is not necessary to know a position in terms of a hierarchy arrangement. In other words, the student learns what the master teaches and then becomes the master and goes on and may eventually return to teach the master things which the master did not originally understand.

Thus, the teacher becomes a student of his own student at some point, so that both are learning from each other. It is not necessary that a student always remain a student of the guru.

His Book: "At The Feet Of The Master"

FOLLOW-UP QUESTION:

When he was a young man or a boy, he wrote a thin book called *At The Feet Of The Master*, under the name of Alcyone, I believe it was. Was this a pen name, or was that his original name?

COSMIC AWARENESS:

This Awareness indicates this appears to be a given name for the entity prior to his being called Krishnamurti.

FOLLOW-UP QUESTION:

Is there any substance to this part of the question of Mike El, where he writes: "I am curious about 'The Process that Krishnamurti went through that caused him so much pain, and caused many blackouts in him.'"

COSMIC AWARENESS:

This Awareness indicates that this is not seen clearly at this time. It apparently refers to times in his earlier training with the organization, wherein there were certain methods used to effect psychological change in the entity's consciousness. It is not seen clearly at this time as to what the questioner refers.

Ed's Note: CAC permanently stocks 9 of Krishnamurti's books. We particularly recommend "Education and the Significance of Life" to all teachers or anyone who works with children.

HE CLAIMS HE REPRESENTS "INFINITE INTELLIGENCE" AND ONLY HE CAN SAVE US FROM COMPUTER SLAVERY (But It's Going to Cost Us)

QUESTION:

Jeff Mueller, of Oceanside, California, sent in a statement with some questions and some literature which I'll read briefly part of, because it has to do with what his question is about. It's called "Group Channeling With Infinite Intelligence; A special group message and demonstration of healing through the power of infinite intelligence." And it's about this entity who calls himself Voon Muhn Rahn.

The flier says: "Who is Voon Muhn Rahn? Voon Muhn Rahn is the personal representative of Infinite Intelligence or God, directly sent here for his one and only lifetime to release spiritual beings from the bonds of human barriers that not only keep them from the love and happiness they were meant to have, but literally block them out in area of their lives.

"Over 2600 people connected to him are now experiencing daily healings from Infinite Intelligence, and thousands more are on the way. What he does is provide the most unique service that has ever existed in the world. It is a service so advanced that it couldn't even be explained properly until this day and age. It goes so far beyond the realm of other existing forms of spiritual

healing that there is no possible way that any kind of comparison could ever be made.

"His specialty is removal of blocks and hidden barriers. The basic thing that Voon Muhn Rahn specializes in removing through the power of Infinite Intelligence are the blocks and barriers that keep men and women from loving each other, that actually keeps them at each other's throats, and actually promotes such things as wife beating, child-abuse and enormous amounts of sexual dysfunction.

"Along the way, as these blocks and barriers are removed, other things such as financial blocks, music blocks, a certain amount of health blocks, and in short, practically anything that keeps a human being from living a totally fulfilled life are handled."

The personal statement from this entity Voon Muhn Rahn reads as follows: "I am a personal representative of Infinite Intelligence or God, directly sent here for my one and only lifetime to release spiritual beings from the bonds and hidden barriers that not only keep them from the love and happiness they were meant to have, but literally block them in every area of their lives."

So, briefly, this is the entity Jeff Mueller is asking his question about, and now, I'll read Jeff's statement. "I recently went to a personal interview and several open presentations with this Voon Muhn Rahn individual. Initially, it seemed like a good thing, although there was a fairly high-pressure request for money. After a few meetings, however, things became a little clearer.

"Here is the basic message from this so-called Infinite Intelligence. We humans live in a holographic world created by a computer. We are trapped in this world by the computer. We cannot escape this world by ourselves... ever. Only Infinite Intelligence can remove the barriers to free us. Jesus Christ, Ramtha, Lazarus, Buddha, et cetera, were all sent by Infinite Intelligence to remove some of the barriers, but they themselves have not escaped the computer's grasp.

"Only now, at this time, through the actions of Infinite Intelligence, can we escape this imaginary world. Once connected to Infinite Intelligence, (apparently after paying the \$900.00), healings occur regardless of where you are. Healings can be done in person. He is hardly ever available, however, but healings can be done on the phone and occur automatically whenever anyone else is healed or treated.

During many of these presentations, wherein Voon goes into a semi-trance, I have asked some good probing questions, made possible from my almost 20 years of reading *Revelations of Awareness*. This Infinite Intelligence is very clever and I cannot seem to catch him or her, (actually there are two; one male and one female), in a mistake in logic.

"The Infinite Intelligence used an example from *Star Trek: The Next Generation*, (which *It* says *It* has created) to describe our world. *It* used the episode where the holodeck creation of Professor Moriarty was captured in a memory cube and this self-aware holographic creation thought he existed in the real world, but in fact, he was actually living in a computer generated world.

"I then asked how Infinite Intelligence could be sure that *It* did not exist in such a cube *Itself* and *It* responded by saying that *It* knows *It* doesn't and that *It* sees our world as just a small room in a much larger universe and that we are actually *Its* brothers and sisters who have been trapped by the computer and that the computer wants to keep us trapped.

"It also stated that the barriers preventing our escape are so tremendous that it is as if we are buried 100 feet below a 100 story building and trying to dig ourselves out with a spoon. Only the Infinite Intelligence can get us out. So my questions to Awareness are this: Since this Infinite Intelligence seems to actually be an intelligence above that of a human, is this really a valid channeling?" "

He has other questions but that's the first question.

COSMIC AWARENESS:

This Awareness indicates this Awareness asks you to listen carefully. If you accept the premise of the scenario, then you find yourself placed where the premise puts you, but you do not have to accept the premise of the scenario and if you do not accept the premise of the scenario, you can place yourself anywhere in consciousness that you wish to be.

If You Buy The Premise You Buy The Bit

This Awareness indicates that if entities believe they are trapped in a computerized world, a holographic world, then for them it is true. And if they believe it is as difficult to get out of that computerized hologram, as it is to dig a hundred stories with a teaspoon, then for them, it will be so.

This Awareness indicates that if you have seen stage magicians, you will be familiar with entities who have been told they cannot lift their arm, or their feet are stuck to the floor and they cannot walk, and regardless of how hard these entities try, the suggestion keeps them from lifting their arm or moving their feet, because they have accepted the premise.

This Awareness indicates that if you do not like the premise, or do not want to be trapped, if you want to be free to lift your arm or move your feet, don't accept the premise.

This Awareness indicates before this scenario was presented, you did not have such a problem, but as you accept the premise, then you have the problem given in the premise.

Jeff Can't Find Any Flaws in Voon's Philosophy

FOLLOW-UP QUESTION:

I think Awareness just answered most of his following questions. His last one is: "If this is an actual channeling by some entity, why would it seek such high-pressure sales techniques and profit-making methods? Although I am naturally suspicious of any philosophy which claims it is the "Only Way," I am having trouble finding any logic flaws, if there are any. Thanks for help on this. I would greatly appreciate guidance on whether or not to continue participating in this venture."

COSMIC AWARENESS:

This Awareness suggests that you would be far ahead taking your \$900.00 and going on a nice vacation, where the air is fresh and the winds are free, where you do not need to feel entrapped with only a teaspoon to free yourself with. This Awareness indicates *It* does not see this as a good vacation worth \$900.00.

A PERSONAL REPRESENTATIVE OF GOD OR A SCAM ARTIST?

FOLLOW-UP QUESTION:

Then this literature that this Voon Muhn Rahn puts out where he maintains he is the personal representative of God directly sent here for his *one and only* lifetime to release spiritual beings from the bonds and hidden barriers is basically hyperbole and...

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COSMIC AWARENESS:

This Awareness suggests it sounds more like entrapment than releasing them from barriers. It sounds more as though the entity is creating a barrier a hundred stories high through which entities will need his help in becoming released or will need a bigger shovel than a teaspoon, for digging.

This Awareness indicates that the entity created this with the words given. If you do not accept the words, the creation falls apart. The creation does not exist, except as it is accepted by your consciousness.

This Awareness indicates you are each free to go, to be, to move, to exist in total freedom, wherever you may be, until you believe yourself to be entrapped. This Awareness indicates that the purpose of being aware is to know that you could walk into the very bowels of hell and turn around and walk out again without being burnt, simply because you understand that everything is created by consciousness, and in your awareness, you do not have to buy into the belief that each of these various hells create.

This Awareness indicates that consciousness is the creator of all experiences and some consciousness levels appear to be real, when you accept them. When you go into a dream at night, that dream cries out for recognition as reality. If you accept it as reality, then everything in your dream appears to be extremely real to you and you may feel you cannot get out of some dream entrapment or situation.

A Hypnotic Dream of Being in Hell

If you dream you are in hell, or if you dream you are entrapped under a hundred floors of cement, what can you do other than awaken from your dream? If you have someone hovering over you telling you that they are God's voice, indicating and explaining that you are entrapped under a hundred floors of cement, and if you buy into that message, your only hope of ever escaping is to awaken from that dream, from that hypnosis, from that suggestion.

This Awareness indicates, of course, if that hypnotist speaks to you and says: "You are falling asleep. You are in a deep state of sleep. You are now witnessing the reality that you are a hundred floors beneath the surface and there is nothing but cement between you and the surface and your only way out is to pay me \$900.00," what choice do you have?

If it is a dream you can probably dream up the \$900.00, and pay the entity the \$900.00 as easily as waking up. This Awareness indicates that you may do so if you wish to do it that way. This entity, in the meantime, can become quite wealthy by helping people awaken from their self-delusions and the hypnotic trances he has put them into, or you can simply say: "Be gone! You maker of bad dreams! I will awaken to freedom!"

Mind Games Created by Consciousness

And you can simply wake up, and look back on the hundred floors of cement as being nothing but some strange dream. You can laugh about it and you can go on. This Awareness indicates that everything is created by consciousness, by the mind, and people are constantly creating mind-games and mind-trips and mind structures for you to deal with.

Situations are created by various people's minds. You may not always be the one who controls all of the situations or all of the structures created by the mind. There are many things that are created by collective mind actions and structurings, and you may need to overcome or extract yourself from these collective mind structures so that you can free yourself from those

situations that others create, but be very careful about believing what people tell you, especially when they claim to be from God, especially when they claim to have some special costly method that will free you from the creation they made in their description of your entrapment.

Snake Oil Out of the Old West Medicine Show

If they give you an illness or an entrapment and then offer you the pill to get out, the medicine for release, you should be especially suspicious. Is there any difference in this and the old medicine shows that came to the old West? They would come in, diagnose you, tell you that you have cancer and then give you the snake oil to alleviate the cancer.

If you buy into their premise, then you must buy also their snake oil to get free. This Awareness indicates that the messages you want to hear from Divine Entities is the message on how to free yourself from these entrapments. If these are not provided, and if they are extra costly, then you have reason to be suspicious.

This Awareness indicates that you must also remember always that everything comes from consciousness. Even if there is indeed some kind of barrier that keeps entities attached to the earth, it has to be there only because entities *accept* it, and entities may accept it only if they so choose. It is likened unto someone who says: "All of you people stay in this room! You are not to leave under any circumstances!"

Then as time passes, everyone learns you don't leave the room. Then a fire breaks out or entities get bored, get tired, they want to go home, and they accept the fact that they are supposed to stay in that room, and everyone tells them, "No! You can't go! You have to stay in the room!" Someone says: "Why?" No one can answer.

The Most Freeing Word In the Universe

"Well, we were told to stay in the room!" "Who said so?" "Well, the authority!" "Where did the authority get its authority to tell me to stay in this room? and why do I have to listen to that authority?" "Well, you *have* to listen to authority! You *have* to *obey* authority!"

"Why?"

This Awareness indicates that "why" is the most freeing word that you can use when it comes to entrapments and obedience, just as the word "how" is the most mischievous word in the universe.

When someone says: "I want to go, but how can I go?" As Krishnamurti says, don't ask how, just *do* it! Do it! This Awareness indicates that as you move out of the door from the room, others say: "He is leaving! He is getting out of this world! out of this hologram! out of this computerized reality! And if he can leave, why can't I?" And soon others begin to leave, and they realize it was never impossible to leave. It was only *accepted* that it was impossible to leave. It was only *believed* that they could not leave.

It's Like Training a Dog

This Awareness indicates that it is likened unto the training of a dog or a horse, wherein you keep the animal on a leash that is only so long, and as the animal grows older and older and learns that the leash only allows him to go so far, the animal finally gets used to never reaching too far. This Awareness indicates there are certain apparatuses for sale keeping dogs within your yard. If you put these in your yard at your fence-line or at your borders or boundary and the dog approaches, it will either receive a shock or a high-pitched noise that irritates the dog and the dog learns not to go that far.

Then after the dog has learned this and you turn off the device, the dog still remains within those boundaries because he has accepted the belief that if he goes further, he will be shocked or will hear these high-pitched noises that are very frustrating to him.

This Awareness indicates for humans, it is control by the mind, by authority. Therefore, the entity giving the authority must make some kind of claim to authority. What greater claim of authority than to be a representative of Divine Intelligence? This Awareness asks: would Divine Intelligence create a hologram in which entities are entrapped and can only escape when that Divine Intelligence at some time, far into the future, sends down a representative that has a purpose of leading entities out, when the Divine Intelligence already has created Jesus, Buddha and many others who have come for the same purpose?

This Awareness indicates it smacks of an intelligence that does not quite know what it is doing. And would that Divine Intelligence charge such extreme fees for the service, knowing that it will limit its service to only the few who can afford it? This Awareness indicates the Divine Intelligence does not act with such absence of global view. It is a very narrow view that centers on a few people in order to bring in a large amount of money at high cost.

This Awareness asks that if you were the Divine Intelligence of the universe looking at planet earth and the people on the planet, would you start liberating them by charging them \$900.00 each for their liberation? Is that the way you, as a Divine Intelligence would operate your rescue?

A Clever Scam Designed for Suckers

This Awareness indicates it appears the Divine Intelligence could surely find a way to turn off the hologram or change the hologram so that entities had an easier way out, if *its* intention was to rescue or help entities escape from their hologram prison. This Awareness indicates it is a very clever scam, and the entity will make quite an amount of money for there are always many suckers born every day and there will be more coming to get in on the excitement of the scam, and they will buy into it and eventually pay to get out of it.

It is likened unto the Hotel California, except they can eventually leave when they pay a high enough price.

A Version of the Hegelian and Christian Scam?

FOLLOW-UP QUESTION:

It sounds like another version of the Hegelian principle where they convince entities they've got a real problem and then for a certain price, they'll remove the problem for them.

COSMIC AWARENESS:

This Awareness indicates this is also the principle used in the teachings of Christianity, wherein entities have the problem of having been born in sin, and they can only escape by buying in to the Christian doctrine and devoting themselves to the Christian way. This Awareness indicates if you buy into the first part, then you must buy the pill that frees you. This Awareness indicates that it requires you to buy into the belief that you are born in sin, so that you can then take the pill of salvation to get over your sickness as a sinner.

This Awareness indicates that buying that pill of salvation can sometimes take a lifetime of dedication and slavery to the religion and to its ministers and promoters, depending on how much they want to extract from you along the way to your recovery, from your sins.

Many Doctors and Psychic Readers Also Milk People

This Awareness indicates that of course, there are greater or lesser degrees of cost involved in these various experiences, in which entities buy the diagnosis of illness and pay the fee for the medicine. Many entities are quite healthy until they meet the doctor who tells them how sick they are.

This Awareness indicates there are also, of course, the psychic readers who tell the entity: "Oh, I see you have a great curse on you! How long have you had this curse?" "Well, this is the first time I've heard of it. I didn't know I had a curse on me!" "Oh, yes, it's a terrible curse! I'm surprised you haven't had some terrible incidents already! I'm surprised you're still alive!"

The entity then becomes concerned. "I have a curse on me that could kill me! What can I do about it?" "Well, first, you must bring me some money! Put twenty dollar bills on a small limb, with a twenty dollar bill on every twig of the limb. Bring this to me, and I'll remove the curse!" "Oh. Thank you! I'll be back tomorrow!"

Hallelujah! for these entities who can save others from the illness they put upon them! The entity comes back with the limb full of twenty dollar bills on every twig, on every branch, and the entity gives the money tree to the psychic and the psychic tells them: "You may now go and I shall work! Within two or three hours the curse shall be lifted!" And the entity leaves, and within two or three hours the entity begins to feel better, knowing that the curse is now lifted, and he says: "It must have been true because I feel so much better now!"

He may even call and thank the psychic for having lifted the curse and may say to the psychic: "I really feel a lot better now. I know the curse is lifted!" and the psychic may agree or the psychic may say: "Well, I got most of it! Unfortunately, you did not choose a large enough limb and there is still a little more that needs to be removed! And if you do not do so, it will grow and rebuild itself!" and the entity then is admonished to bring more money.

This Awareness indicates that once you buy into it and once you invest, there is always a way to extract more from you. So it is in this, so it is in many of the methods used in Christianity or any other religion or any other activity. It does not have to be in religious fields. It can also be that psychologists or other professional groups will have their version of this same type and pattern of scam.

How Some Doctors Do It

The doctor brings you into a healing through some particular method and may then decide: "Before you leave, I would like to give you a test, a blood test, an allergy test, a particular Cat-Scan test, to see if there might be something else wrong here! I just have a strange feeling that there may be some other problem. You mentioned that you are occasionally tired. I want to see if I can find what is causing that."

So, the doctor examines you with the test and finds something just a little out of the norm. You do not have enough calcium in your body, or perhaps not enough zinc, or too much iron, or something else. Instead of telling you to take vitamins or to avoid certain foods or substances, he may decide it is important for you to come back for more tests, or for more office calls, and gradually, you are paying more and more money for health concerns, when maybe your original visit was simply because you had cut your finger and needed stitches.

This Awareness indicates that not only is it this for doctors, it may also be that way in insurance or any

other field in which you find yourself paying someone for something you need. Lawyers are probably even more than any other field, ready to help you to deal with problems that you did not know you had. In fact, you may find that your lawyer and the opposing lawyer seem to work together to create more issues for which you need to defend yourself or deal with than the case you are involved in would normally require. So, you find yourself fighting 30 different issues when you originally only had one.

To Avoid Paying and Paying Do Not Buy Into the False Premise

This Awareness indicates that entities tend to feed off of and milk an entity's problems to get more out of it than it originally deserved so that the entity pays and continues to pay and pay again, in order to solve a problem, but this Awareness indicates this may be part of life. The area this Awareness is most concerned about is when the problem that an entity is paying someone to deal with was created by the person who is taking the money and who has originally described, defined and put the problem onto the victim. This Awareness asks you to be very careful not to buy into the false premise as though it were real, and then have to pay and pay and pay again, or pay indefinitely, to get rid of the false premise.

A Sure Way to Create Sugar Diabetes

Even illness is often generated more by suggestion than by circumstance, and if you buy the suggestion that you have a certain illness, the symptoms of that illness begin to appear in your body and you will eventually find yourself having all the symptoms of that illness simply because you accepted the suggestion.

This Awareness indicates that when you are four, five, or six years old someone tells you: "If you eat too much sugar you will get sugar diabetes," they are programming you for your later years. And if you do not have the understanding or the ability at that young age to throw off those suggestions which you probably would not have, then you are almost destined to get sugar diabetes when you are older.

This Awareness indicates that it is very important to be aware of what others say to you and whether you accept negative suggestions. If someone tells you that you are not sexy or you are not healthy, or you are not beautiful, or if someone tells you that you are ugly; a few statements of this type, when you are vulnerable to other people's opinions, do terrible things to your psyche, and to your image of yourself, and it is very easy to buy into their statement and accept it, and you grow up thinking of yourself as ugly, as rejected, or as lacking in something important.

This Awareness indicates those who repeatedly tell you: "You are evil. You are stupid! You are a sinner!" eventually can get through to you to where you subconsciously accept those labels, and you become such as to act out that which you have accepted yourself to be. Thus, the entity who is constantly told that he or she is "bad" begins to act "bad," according to their definition of what it is to be "bad."

This Awareness indicates that if you tell your child, "You are really smart! You are really good at art! You are a good person! You are a good boy! I really like what you did!" the child, gradually hearing this repeatedly begins to develop a good self-image: "I'm a good person! I do things well!" and likes that, and acts out that role.

This Awareness indicates that mixed signals of course create mixed behavior, so the entity who is told he is smart one day and a few minutes later is said: "That was really stupid!" begins to think: "I am smart, but I am

stupid! I make mistakes all the time, but I know better than to do that." The entity is confused as to his identity.

Some Men Psychologically Castrated by the Women's Movement

This Awareness indicates that there are more and more in this age since the last two decades, more and more men who have become impotent and psychologically castrated by the women's movement, which give them mixed feelings: "You are an oaf! You are insensitive! You are cruel! You are stupid! You are not worthy of me!" and many more men lose confidence in themselves to the point where now there is an entire generation of men who cannot make commitments to women because they don't think they could keep those commitments, or do what is needed to please a woman.

This Awareness indicates that it is very important for entities to watch the words that are being expressed and to recognize that many of these words being spoken act as words that hypnotize, and therefore, it is urgent that entities be careful what words are spoken to others, especially to children. Do not hypnotize children in a negative way. Do not tell them they are stupid, they are incompetent or they are evil, or anything of this nature, for you can, with your words of condemnation and judgment, create little monsters, by hypnotizing them into these directions.

Or, you can, contrarily, create little angels, by saying the right things to them, letting them know how well they are doing, how nice it is to have them in your home, to have them visit you, or how beautiful it is for them to do this or that action, to assist you.

This Awareness indicates that what you say to others is of extreme importance and it is urgent that you be aware of the words you use and how they effect the subconscious of other entities, especially those entities who have yet to form a strong personality, for these entities are especially vulnerable to opinions of others and entities who have strong personalities, who have strong opinions, are the ones that have the greatest power in their suggestiveness, in the words they use in describing others.

This Awareness indicates any entity who deliberately uses words to hypnotize an entity toward negative behavior, surely reaps the wrath of the Lords of Karma, and any who use suggestion to lift the spirits of entities toward greater joy and life and happiness receives the blessings of those Divine Forces everywhere and of this Awareness.

HOW TO REMOVE A "CURSE"

(A New Exercise in White Light From Awareness)

QUESTION:

In reference to curses, Vikki and I were discussing this the other day. We get letters every now and then from people who believe they were hexed or are victims of voodoo or black magic spells used to harm them. In one case, last session, Awareness even removed the curse for a man in college.

COSMIC AWARENESS (INTERRUPTING)

This Awareness wishes to comment on that briefly. This entity could have removed the curse himself. This Awareness indicates that *It* removed the curse more as an action of suggestion, because of the entity's belief that he had been cursed. By stating that *It* was removing the curse, it helped the entity to accept the reality of the person no longer having affected him.

This Awareness indicates the curse is simply a suggestion in the man's mind. It had no actual substance in reality. Continue.

QUESTIONER:

Yes, yes, of course we understand this. But to continue to my question, over the years, when we get these letters, we've dealt with them through Sam Millar's Tarot and sent them a personal message on how to remove the curse, and we were wondering if it's appropriate, if Awareness perhaps could give us a general curse removal, tape or message that we could print up or send copies out, generically, to persons who believe they have curses, or voodoos or curses placed on them?

COSMIC AWARENESS:

This Awareness indicates that it depends entirely on whether the entity believes in the curse, or whether the entity simply sees this as a hoax that someone is trying to place upon them. This Awareness indicates that entities can remove curses best by calling upon the White Light to come down around them and burn away any negative energies from any curse or any negativity that might approach or come near.

This Awareness has given the project or the ritual of projecting a series of White Light spheres around an entity, around oneself or around others, and that method would be workable for this purpose. This Awareness indicates that some entities may find this to be somewhat complicated, using the idea of creating three hoola-hoops of Light and spinning these to eventually come up with nine spheres of Light in layers around themselves.

A New Approach For Protection With White Light

This Awareness suggests therefore, *It* will give another approach to doing this White Light wrapping of oneself. This Awareness indicates that you visualize yourself walking into a giant sphere. You may think of this sphere as likened unto a sphere of thin light, about the thickness of a light-bulb, and large enough to fit around your body, and this light, you step into it. It glows before you, and you step into it, and it wraps itself totally around your body.

As you move to the right it follows, as you move to the left, it follows. If you step back, it follows. If you step forward, it follows. Now you see another light, similar, in front of you, and you go to it, carrying your light, and step into it, and they overlap each other, and you now have two spheres of light surrounding you. If you move to the right, to the left, front or back, these two spheres of light overlapping each other, move with you.

You raise your head and look again and see still another sphere of light. You move to it, step into it, bringing your two spheres with you, and there are three spheres of light now, laying one around the other, so that these three spheres of light surround you. This Awareness indicates you move to the right, move to the left, move forward, move back, and these three spheres of light stay with you.

If you spin clockwise, they spin with you. If you spin counter-clockwise, they spin with you. If you turn somersaults, they turn with you. Wherever you move, however you move, they move with you. If you take yourself, put yourself into a car, they enter with you. If you enter the car and look forward, you see a big sphere of light ahead of you. You drive your car into that sphere of light and it surrounds the car and you.

You move forward, it follows, you move back, it follows, you move to the right, it follows, you move to the left, it follows. You are surrounded by four spheres of light. You look ahead and there is still another sphere of light. You drive up to it and enter into that sphere of light. It surrounds your car, giving you two spheres of light around your car, and three spheres of light around

your body. You move to the right, move to the left, front or back, and all spheres move with you.

Your Car, Home and Family are Now Protected

You look ahead, a block down the road, and there is another big sphere of light. You move to it, collect it, and it stays with you in the same way as the others. You now have six spheres of light; three around your car, three around yourself. You may then turn your car around and head home. As you approach your home, you see a great sphere of light descend around your home. You walk into your home with your spheres of light and you find yourself surrounded by a sphere of light. Your property is covered by a sphere of light; your home is covered by a sphere of light and you are covered by three spheres of light.

You look at your wife, your child, your family members, and you see them each stepping into spheres of light and where they move, the lights follow, and as they move, they step into still another sphere of light, until each entity has collected three different spheres of light. This Awareness indicates that this is all that is necessary. You just visualize light surrounding you wherever you are, protecting yourself, your home, your vehicle, or wherever you may be, at work, at home, at play.

This Awareness indicates that as you practice this, it becomes easier, it becomes instantaneous. Anytime you feel there is any kind of potential threat or danger, you simply bring the sphere of light. If you have an enemy who wants to harm you, send a sphere of light to surround that entity. If the entity sends out negative or hostile vibrations, those vibrations will be defused as they penetrate or touch the sphere of light surrounding your enemy, and the energies cannot strike you because his own sphere of light surrounding him will defuse the energies he emanates.

Many Ways to Use the Divine Light for Protection

This Awareness indicates that you may also send these spheres of light to enemies of your country, of your particular philosophy, group culture, or whatever. You may also wrap your loved ones, your group, your culture, in White Light. You may visualize your nation being covered by White Light protection spheres. This Awareness indicates that as long as you are not sending out negative dark forces toward others, you are not practicing black magic. You are simply practicing the white spiritual activities of using the Divine Light for protective purposes.

Never Use Black Magic Techniques Against Someone

This Awareness indicates that when your motives are to hurt others, that tends, when coupled with imaging, to be a kind of black magic effort, and this Awareness warns entities to avoid that kind of activity. Do not visualize black magic or harmful actions going toward another person. If you are hostile toward someone, do not visualize daggers being sent to them. Rather visualize White Light covering them, protecting them from any dark forces that may emanate from within themselves or which may come from outside themselves.

If you eliminate the dark forces acting upon another or through the other, you eliminate the negativities of that entity and by placing White Light around that entity, you automatically make him or her a better person. This Awareness indicates that once you have visualized the White Light of protection around you, you may also visualize the curses being burnt up, sparking away, as though they were but paper, touching some electrical sphere of high energy, catching fire and blowing away.

This Awareness indicates curses are nothing more than a thought placed in the mind, an energy field

placed on someone. This Awareness indicates that one person can send a vision of a negative force to another, and that vision or visualization can serve as a kind of curse. Some entities can make stronger curses than others. Many entities do not intend or know they are practicing black magic. They are simply angry and they visualize someone being hurt, because they want that person hurt, and this can become a kind of thought-form that strikes the targeted person and may cause a tendency toward injury.

This Awareness indicates that if an entity is not aware of someone else's hostility being directed toward them, the thought-form may have greater power than if the entity is aware, for if the entity is aware that someone may be hostile toward them, in other words, a thought-form or curse has been placed on them or aimed at them, then the entity who is the target for this, by being aware of it or assuming it may be, can simply wrap himself or herself in White Light, and visualize these negative energies as being blown away or burnt up, so that they do not penetrate the White Light sphere, to touch the entity.

You do not want to send back the negative thought-form to its origin. You simply burn it up in your visualization and then wrap the originator of the negative thought-form with a White Light sphere, visualizing him stepping into the sphere of White Light, perhaps three times, in order to really strengthen that sphere of White Light. If you want an extremely strong protection, increase the number of spheres surrounding an entity; that nine is an extremely strong number of spheres of protection.

Such may be necessary at some times. If you really feel in danger, step into 9 spheres of White Light protection for your safety. Keep those in your mind. The more you use them, the more you energize them, the stronger they are and the longer they tend to last without having to be repeatedly imaged on a conscious level. After some time, you may find that they are permanently protecting you.

Once you accept them as permanent protection, it becomes likened unto an awareness of their constantly being there to protect you and this insures their permanence. Then, no one can put a curse on you, even if they deliberately tried.

DEALING AND CHANGING REALITY BY USE OF SYMBOLS

CLOSING MESSAGE:

This Awareness indicates that once entities fully understand that the nature of reality is but a reflection of consciousness, and they begin to realize that with consciousness, you can manipulate your image of reality, such as creating these spheres of light, or dissolving those patterns of difficulty that may appear in your life.

Visualize, for example, that you have a beam of energy that emits from your forehead, likened unto a laser beam, and visualize that your troubles, which you all, each and everyone, may have for a kind of pattern in your way to your destination, and see these patterns of troubles blocking your path and visualize yourself gathering energy to fire from your forehead that beam of White Light energy which dissolves those troubles, allowing you to pass and allowing all entities involved to have some kind of satisfaction so that all benefit, as much as is possible under the circumstances.

You do not seek to harm anyone. You simply seek to clear the path so that your Divine purpose is permitted to pass. You trust that the Divine Forces will reward

everyone according to their karmic need and right, and you trust that these forces will sort out what is right for each individual involved in the situation. You do not have to judge who to help or who to hurt in the process or solving your problems. You leave that up to the Lords of Karma.

You simply blast with your laser-like consciousness of White Light energy through those patterns of blockage. This Awareness indicates that in doing this, you will find that your problems begin to fade away, allowing you to proceed. This Awareness indicates that there are many different ways that entities can create a magic sense, a new life, once they realize that all of reality is but a reflection of consciousness and that by creating consciousness tools, tools of consciousness through the imaging process and the use of substitution, as in the case of the troubles creating a substitution of patterned obstacles, these likened unto orange crates thrown together in your path, representing your troubles.

They do not have to be pictures of your troubles, just symbolic representations; by creating these as symbols and dealing with the symbols, you also, in consciousness, deal with the realities, for reality is nothing but the reflection of consciousness.

You Become More and More An Adept of High Magic

As you understand this, you can become more and more an adept of the Higher Magical Forces to create a better world for yourself and for others. This Awareness cautions that you not use these energies to harm anyone; that you let the Lords of Karma determine who shall be hurt, if anyone, and who shall be helped.

You simply send the White Light energy to dissolve the problem and ask and trust that the Higher Forces, with whom you work will let the chips fall as they see fit.

This Awareness indicates if there is illness, you may use this White Light energy to blast away the illness, to bring about a healing, for all physical illness is locked into consciousness, and there may be certain mental states that cause the illness and you may blast at some symbol, such as logs or sticks or knots or ropes or tangles, that represent the mental state that causes the illness.

You may make up these symbols for yourself. This Awareness does not need to give you every detail to image. Simply do that which appears appropriate, creating symbols for the problems, creating symbols for the resolution or for the solution or the goals. You may also create, if you wish, the image of a Blue Light emanating from consciousness that draws to you as a kind of magnetic ray, that draws to you that which you deserve and want so long as it harms no one, so that you see yourself as a kind of spaceship with a Blue Light which you can beam up your good fortune, your desires, your wishes, so long as it harms no one or interferes with their own will.

Trying to Attract Love Could Bring Bad Karma

This Awareness indicates that entities often get into problems with manifestation techniques when they want to impose their will on someone else. For example, they may want to possess this person because they think they love this person, but do not realize the person may love someone else, and thus, when they begin using magic to draw the person to themselves, they also begin to create karma and end up causing a greater problem.

It is likened unto the spaceship having a tractor beam, trying to draw another ship to them, when the ship wants to go elsewhere, and all that happens is the first ship holding the tractor beam on the second ship, finds

itself being sucked farther and farther toward the second ship which goes the other way. Thus, you may become stronger and stronger in your attachment without ever really getting the other person to come to you, and the other person chases off in a different direction and you may go mad, or become weird in some way because of your attachment to that entity which is not reciprocating your affection.

Therefore, do not think you can use magic to manipulate the will of others. It will only cause problems. This Awareness indicates that you may send your wishes, but you must be willing to allow the other to express his or her will to refuse your affection or magnetic attraction and attachment.

This Awareness suggests the Interpreter be brought from trance.

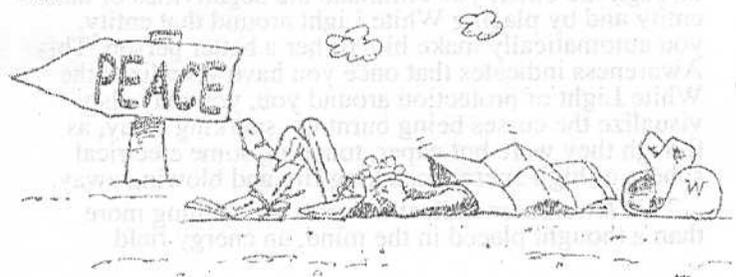
Thank you.(The Law of Gratitude is given)

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What Can the Conscious Mind Do to Quicken the Christ Energies Within Us?

QUESTION:

John Ritchey, in British Columbia has a question. He writes: "The Silver Ray", channeled by Anne Valentine, used the analogy that we were let down to this vibration and must be brought up by higher forces. It's our own energies, apparently. This seems to imply that our lifting or return to the Christ energy vibration has little to do with our conscious mind's intent.

"The Silver and Gold Ray messages ask us to be still and have inner listening, and then act to preserve all life. Some other information says the best things to do is to just visualize the White Light and many subtle changes happen, and so forth. Does the major reason for our consciousness growth come from our own higher energies and intents, our conscious mind intent, or God energies outside ourselves, and how do these energies combine for our quickest evolvement?"

"What should, or can the conscious mind do to help quicken the comings of the Christ energies fully in us?"

COSMIC AWARENESS:

This Awareness indicates the movement that raises the vibration of entities most quickly is that which comes about when the conscious mind is still and focuses upon the silence and on consciousness itself, particularly that of the White Light or Christ Consciousness, or the Divine Light or whatever entities perceive to be the highest and best frequency available.

This Awareness indicates that all of the actions of feeding the conscious mind with information, feeding the conscious mind with trivia and details and intellectual knowledge; all of this is for the evolution of the mind, but it does not particularly benefit the soul growth unless it gives the entity information that allows the entity to become disattached from those things which hold it back and attached to those things which propel it forward on the scale of spiritual evolution.

This Awareness indicates that the mind, the conscious mind can be used to focus on the Divine Energy, and in so doing, can energize the soul growth of an individual. The conscious mind can also be used to focus on those knots and entanglements that keep an entity entrapped on the physical plane and can, in focusing on those knots and entanglements, find ways to free the entity from those entrapments, and this can benefit the entity's soul growth.

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17 This Awareness indicates the conscious mind also can become a tool for entrapping the entity into the physical plane, wherein for example, the conscious mind creates entanglements on the physical plane that hold the entity bound so that the soul can not progress; thus entities must use the conscious mind not to create greater entanglements but to free the soul from entanglements, and to focus on that which is Highest and Best, which is the Divine White Light, Pure Light, Christ Light, Divine Light.

This Awareness indicates that when an entity is identified with that Divine Light, the entity's soul is growing and evolving, even as a plant grows and evolves with the light of the sun. This Awareness suggests the Interpreter be brought from trance.

Excerpt CAC Reading 2-1-24-94 Paul Shockley Interpreter

Who Controls the Economy of China Etc.? (How Can They Be Absorbed Into the New World Order?)

QUESTION:

A question from Doug Cirignano, Bayview, NY. He writes: "Awareness has made it clear that the Rothschilds control the economy and corporations of Europe, and that the Rockefellers control the economy and corporations of America. Who controls the economy of the billion people in China, and the millions of people in the other far-Eastern countries and the millions in the Middle East countries?"

"I don't think Awareness has ever talked about this. Do the Rothschilds and Rockefellers also control the economies of the Far East and Middle East? How do the New World Order conspirators plan to corral the billions of people in the Orient and the Middle East into a One World Government?"

COSMIC AWARENESS:

This Awareness indicates there is a great computer in Thailand that links much of the Orient into a network of information and control. This Awareness indicates that the British have control or had control and influence in China for some time, and through certain organizations such as the 'ong; that these entities or these countries have had influence even within the Communist orders.

This Awareness indicates that where the British have held control, the Rothschilds have been at work because the Rothschilds have also much control in regard to the British Empire in its historical past. This Awareness indicates that the Rockefellers of course gained control of much of Japan's economy after World War 2 and also controlled Japan to some degree or influenced Japan to some degree prior to World War 2.

The Rockefellers are or were basically small peanuts compared to the Rothschilds and the Rothschilds still would break the Rockefeller powers if they had a good reason to, but as long as the Rockefeller powers are not threatening the Rothschilds, they tend to allow them to continue functioning.

This Awareness indicates that essentially, the Rothschilds were the influence through the Communist governments of Eastern Europe, Russia and China during the past century, and with the collapse of Communism in these areas, they have attempted to regain or to hold on to control through the world monetary system, through loans to these countries that will cooperate with them.

This Awareness indicates that the International Monetary Fund, when it works with these countries, assures to some degree, a Rothschild control of these countries. This Awareness indicates if you want to know how these countries are controlled, look to who provides money in loans, who provides money in investments and you will note that in many cases it goes back to the World Bank or to British influence, and where there is British influence or World Bank influence, it is the Rothschilds.

If you want to look at other countries and how they are controlled, the Rockefellers had control of Japan, South Africa, South America, and the United States after World War 2, and these areas were gradually extended to include areas in and around those countries, in terms of local government areas and in Africa in terms of certain islands in the Pacific; basically, wherever there was an opportunity for big corporations of the United States to enter into the business affairs of various countries; these were generally linked in some way to the Rockefeller controls, especially in South America.

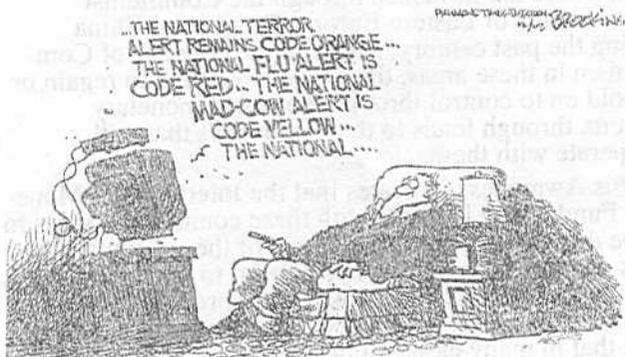
This Awareness indicates that wherein there was oil and the companies of the United States corporations were involved, there was generally the Rockefeller influence. The Rockefeller influence generally showed itself in corporations using the colors red, white and blue, such as the Chevron oil, Mobil oil, Shell oil, although Shell is more associated with the color yellow than red, white and blue, and other more common companies of the United States when doing business in foreign lands would be good indicators of the Rockefeller influence.

The BP oil as that which is British Petroleum and is owned by the Rothschilds and controlled by the Rothschilds. This Awareness indicates that BP oil has recently purchased the Mobil stations, especially in the Western states of the United States and now holds a great amount of control in the sale of oil products to the United States.

This Awareness indicates that British Petroleum can be seen as an indicator of the influence of the Rothschilds wherever it is found in the world. Much of the oil in the Middle East is owned or controlled by the Rockefellers and smaller amounts by the British Petroleum, but British Petroleum is found more in Northern Europe and its influence also extends into oil within Russia to some extent, especially during the times when Communists controlled Russia.

This Awareness indicates that there are of course other oil companies that do not come under Rothschild and Rockefeller control, but these are much smaller in comparison, and it should also be understood that the Rockefellers as a family are not longer the great influence in their corporations and companies that they once were, for these corporations and companies, while still being controlled by entities who are associated with the Rockefellers, are now controlled without these four brothers of the Rockefeller family, since most of these brothers no longer have influence or have died in the past decade.

It is almost archaic to speak of the Rockefellers in referring to the empire that grew from their efforts because they are not really the power behind that empire any more. This Awareness indicates that the real power is more of a collective of various individuals who are running that Rockefeller empire under its various different names, different corporations, different companies.



Excerpt CAC Reading 7-4-16-92 Paul Shockley Interpreter

WHY ALL THE SUDDEN EYE PROBLEMS? (Are Some Entities Beginning to See Into the Next Dimension?)

QUESTION:

A question from Barbara Nordahl, Omaha, Nebraska. It's a rather long statement. She writes: "Dear Awareness, in approximately the latter part of August to the beginning of September of 1992, several people (we are at a total of 20 at the present time) noticed that they were having problems with the vision in one eye, either the right or the left.

"Several went to eye specialists and had expensive thorough examinations. Nothing could be found wrong with them, and it was then suggested they obtain an MRI scan which run approximately one thousand dollars. Others had their eyeglass prescriptions changed up to three times. This was also to no avail.

"Finally, through random discussions, several found out they were having the same problem. It was a relief to many since doctors were coming up with no cause or cure. The vision in the affected eye could be described as more than blurriness. It is an over-brightness which totally blanks out normal vision. Without both eyes, one could not see to read or to drive, and on a constant basis, things just don't look the same anymore, like what used to be seen with normal vision is now appearing to be at a higher vibrational level.

"It can be described as "being out of it", but still there, so to speak. One person is waking up in the morning being able to visualize their thoughts. They become as pictures on the wall. These seem to be thoughts brought back with them from the dream-state or the astral state. What is happening, is that the veil between these two dimensions is becoming more and more non-existent.

"Also, people are seeing bright half-moon lights in the corner of the left eyes after turning the lights off and sitting in darkness. This light is as bright as day and seems to be again, another look into the next dimension, since it is always light on the astral plane.

"The purpose of this letter is two-fold. One) It is to alert all people who may be experiencing similar eye problems and who might be experiencing frustration upon getting no help from doctors. The second reason is to say that your issue # 93-2 was a Godsend. The information concerning the dimensional change seemed to be the answer to these mysterious eye situations.

"All the people referred to here are at high levels of awareness. Are we the "first ones" through the strainer, as mentioned in that issue? Are we already beginning to enter this next dimension? Would Awareness please comment?"

COSMIC AWARENESS:

This Awareness indicates that it appears there are some aberrations occurring in the consciousness of certain entities, that allow them to move into higher frequencies and that the vision is affected. This Awareness indicates that not every case of visual distortion or such situation is related to interdimensional sight. In some cases there are simply problems with the vision.

6 Weeks of Double Vision for the Interpreter

The Interpreter, at approximately the same time had a problem with his vision, waking up one morning and discovering he had double vision. However, the double vision, which is not totally unique, but usually goes away in a matter of minutes, lasted for approximately 4 to 6 weeks. The entity did not have interdimensional vision, but a particular problem with his vision caused by one of the muscles in the eye not getting enough circulation of blood to it.

This Awareness indicates there are many things that can happen to entities' vision which can be explained through ophthalmology and some of these entities may have had natural problems rather than interdimensional experiences. This Awareness indicates, however, it *does* appear that in some cases, this was related to the shifting of consciousness and the ability of some entities to see into other dimensions

This Awareness indicates of course, many will say: "Well, when you have the lights on and turn the lights off, you naturally do see the reflection of light because the rods and cones in the back of your eyes are stimulated by the light and on turning off the lights in the room, those rods and cones still vibrate or experience that after-glow.

This is quite common and understood by science. It is nothing mystical. This Awareness indicates, however, it appears the entity asking the question was not speaking simply of after-glow, but was attempting to describe something more unique and different.

WILL OUR BODIES ACTUALLY CHANGE AS WE NEAR THE YEAR 2010?

FOLLOW-UP QUESTION:

As the human bodies begin to prepare for this change in the year 2010, will there be actual physical manifestations of this change such as she believes is happening in her eye, as one example?

COSMIC AWARENESS:

This Awareness indicates that these changes may occur subtly over a long period of time so that the changes are not obvious. That vibrations of certain entities will move along certain experiences and expressions toward the new and higher dimension while the vibrations for another entity may move in a different direction along time-lines toward a totally different event or effect, and one may think that he has never left the earth as he has known it, and the other may think she or he has never left the earth as it was known, but they may both end up in totally different frequencies or vibrations from one another so that they cannot even relate or communicate or see each other at a distant time in the future, and the one in a higher frequency vibration may have no real contact whatsoever with the other who is in a lower frequency vibration, who sees the earth in this lower realm, even though they both started off on a similar path, a similar frequency, and separated in their forward motion in time.

ignore the other's presence and yet there will come the time when these entities cannot even see one another, because the vibrations each witnesses will be so far away from the other that their vision does not allow them to witness the presence of the other in that time and space.

This Awareness indicates that it does appear that those in the higher frequency levels will be able to see those in the lower frequency levels for a longer period of time than is available for those in the lower frequency to visit or to see those of the higher frequency levels.

This Awareness indicates that it may be that at some stage these entities theoretically crossing paths could see each other. One might see the other and simply want to ignore the other's presence and yet there will come the time when these entities cannot even see one another, because the vibrations each witnesses will be so far away from the other that their vision does not allow them to witness the presence of the other in that time and space.

This Awareness indicates that it does appear that those in the higher frequency levels will be able to see those in the lower frequency levels for a longer period of time than is available for those in the lower frequency to visit or to see those of the higher frequency levels.

WHAT IS COSMIC AWARENESS?

COSMIC AWARENESS is the Force that expressed Itself through Jesus of Nazareth, the Buddha, Krishna, Mohammed, Edgar Cayce and other great avatars who served as 'Channels' for the 'Heavenly Father' and who speaks again today as the world begins to enter the 'New Age' of spiritual consciousness and awareness. Since 1963 Cosmic Awareness has been communicating through carefully trained channels. This information is for those who desire to help in bringing in the New Age. Throughout the thousands of 'Readings' given through these various channels, Cosmic Awareness tells us not to believe anything, but to question, explore, doubt, and discover for yourself, through your own channel what is the truth. Cosmic Awareness will only 'indicate' and 'suggest'. Neither C.A.C. or any of the Interpreters is responsible for anything Cosmic Awareness states in any of these readings, nor does C.A.C. or the interpreters necessarily agree with the statements of Cosmic Awareness. The Interpreters interpret the energies as they see them in trance levels and are not personally responsible for what is said. The Interpreters published herein have no connection with, nor control over the editorial comments and material, including illustrations. This is entirely the responsibility of the editor. Members of C.A.C. are invited to send in questions of general interest to ask Awareness for possible publication in this newsletter.



DO WE ALL INCARNATE WITH THREE LEVELS OF PURPOSE?

QUESTION:

One last question, this from David Coleman in Australia. He writes: "I have this theory developing in my mind that would suggest we incarnate in any particular life with at least three levels of purpose, that the universe is wondrously efficient by using our efforts here at least three times over.

"On one level, we have a personal agenda, where I am acquiring skills, wisdom, exploring creation, simply walking spirit in a new form. Then on another level we have a planetary purpose that involves participating in the greater alignment of our planet to a more spiritual design. Thirdly, we are part of a large galactic dance and exploration and expansion of spirit."

Would Awareness please comment on this thesis?

COSMIC AWARENESS:

This Awareness suggests that this is an astute and poetic description of the human experience on three levels, but that what is described as three levels of purpose can relate more effectively to the human experience itself wherein the three levels of purpose reflect three levels of consciousness and three climates of experience.

This Awareness suggests that humanity has operated under the purpose of self-preservation wherein competition for scarce resources, judgment and devaluing of certain entities and groups over others, where suffering and emotional intensity is the climate of the day.

The second level of purpose is that of self-development, wherein humans begin to acquire an inkling of understanding of the power of the human mind and of the divine gift of Will and Freedom to create with that mind.

From this understanding springs the secondary or higher purpose of self-development, wherein the impulses to self preserve give way to the impulses to self develop wherein the mind is designed to accommodate the wisdom of spirit, where each and every belief is only allowed to remain in the house of mind upon the advice of the spiritual adjudicator, where internal directives replace external truths, and arbitrary distinctions which often severely limit perception as well as experience, and of course, creative potential.

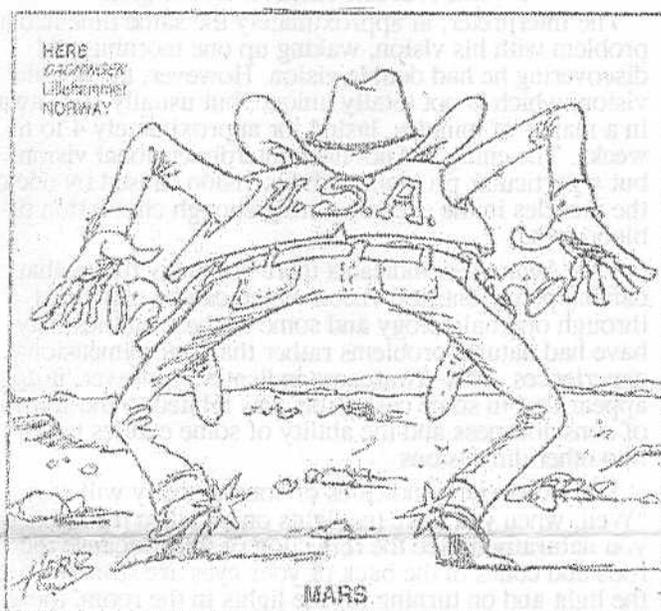
This Awareness suggests that as enough progress is made towards the goal or purpose of self-development, that ever-increasing impetus will gather for the third and higher level of spiritual purpose, of spiritual expression, wherein the mind has been developed and designed at the direction of spirit, so that the physical experience creates the scenarios fulfilling and rewarding and liberating to the spiritual impetus within.

This Awareness suggests that these three levels of purpose also relate to the three levels of existence stated in the thesis whereas the individual level of a human walking about in the physical experience, which is basically limited at this time to self-preservation, and yet a higher more destined purpose is intuited regarding the duty and mission and responsibility of entities entering the physical plane, to do their best job at removing the existing beliefs and limitations which choke mass-consciousness and severely limit the experience of incoming human spirits, so that there is a Destiny Path of overall self-development to define and refine the tenets within mass-consciousness, corresponding to the individual self-development of mind, where the mass development of mass-consciousness is perfected by entities returning with the specific Destiny Paths of eliminating the restrictions and unnecessary obstructions within mass-consciousness.

The third level of purpose as related to the expansion of All That Is, relates directly to the expression of Spirit within a physical form for each moment of earthly knowledge and culture. Self expression by humans in physical incarnation contributes to the ever-expanding consciousness of All That Is. A Fully actualized complete creative expression of spirit delights and expands the ever-expanding creativity and fabric of All That Is,-- at a maximum rate.

Thus, this Awareness affirms your thesis and congratulates your efforts and encourages the refinement and distribution of such concepts, for they undoubtedly contribute to the expanding consciousness and your efforts are most appreciated.

If we have completion we can continue.



Wisdom of Awareness...

WHAT AWARENESS EXPECTS OF YOU

"This Awareness desires to help entities become aware and to learn how to learn, to learn how to become aware. This Awareness does not simply wish to inform entities what to think, what to believe, or what to accept. This Awareness is interested in seeing that entities open their minds, look at different things, learn how to look and study and determine with awareness, with understanding, with discernment, with wisdom, with evaluation, with perception, what is occurring in their world and in their lives, so that these entities may speak from understanding, from wisdom, from their own knowledge, and from their own awareness." (80-28)

--HOW TO GET THIS NEWSLETTER BY MAIL-- EVERY 4 WEEKS (More or Less)

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MEMBERSHIPS AVAILABLE (Honor System!)

INDIVIDUAL: \$42 per year or \$12 quarterly
 FAMILY: \$52 per year or \$20 quarterly
 CONTRIBUTING: \$77 per year or \$25 quarterly
 SPONSORING: \$144 per year or \$40 per quarter
 BENEFACTOR: \$500 per year or \$150 per quarter
 PATRON: \$1000 per year or \$250 per quarter
 ANGEL: \$5000 per year or \$1500 per quarter
 LIMITED INCOME: \$30 PER YEAR OR \$9.00 QUARTERLY