

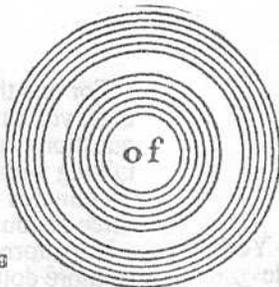
Revelations

The Cosmic Newsletter

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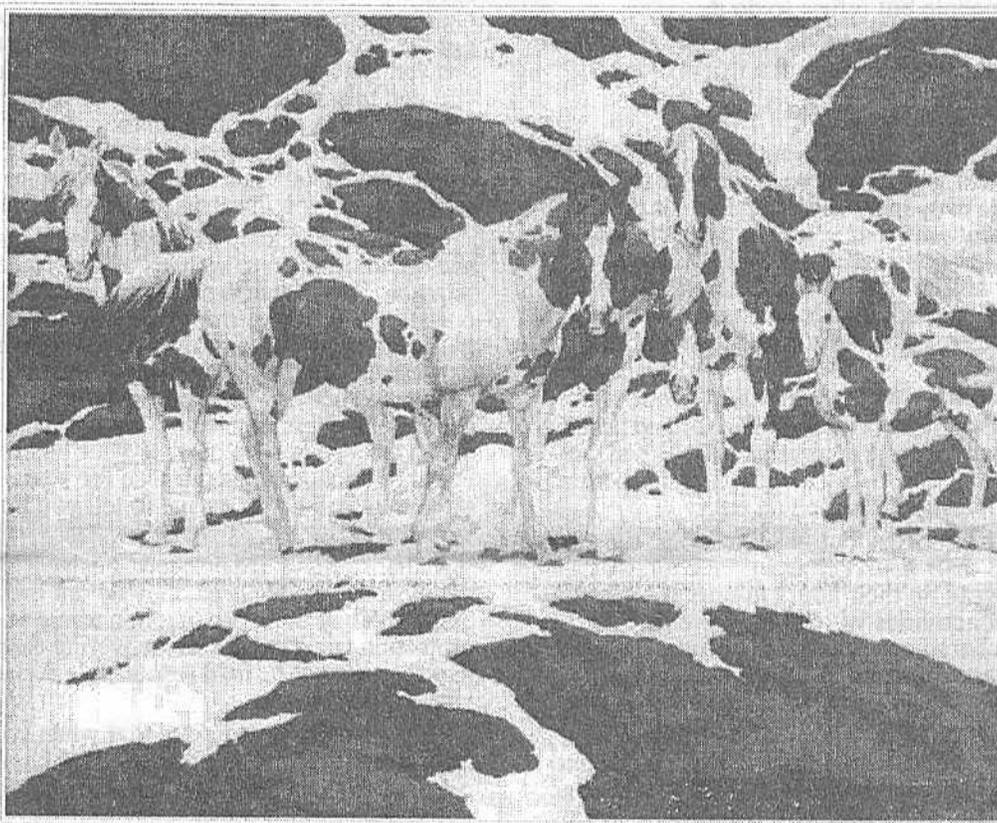
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Celebrating our 33rd Year!

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What to do When You Get Ripped Off by Dishonest and Greedy Entities

QUESTION:

A question from Norma Zachary, Vernon, New York. "How can the average citizen cope with the terrible injustices and inadequacies of those who serve the public? As an honest citizen I am constantly being ripped off by dishonest and/or unethical judges, lawyers, doctors, insurance companies, TV repairmen, garage mechanics, plumbers, etcetera, and the state agencies who are hired to monitor these people but refuse to do it.

What does the average citizen do to survive the dishonesty and greed and power-plays in the world today?"

COSMIC AWARENESS:

This Awareness indicates this is indeed a serious problem for most entities, perhaps in your areas or in your circumstances it is even more difficult than for others. This Awareness suggests that you might wish to call some of the private organizations such as the *Better Business Bureau* and get advice from them as to who to hire for your work, or call friends and associates or other companies in your area to determine which legal firms are trustworthy.

What to Look For When You Hire an Attorney

It may require that you check with friends and associates to find good attorneys to represent you. When you do find someone who is reasonably helpful, it is important to keep a good relationship with such an entity.

This Awareness indicates that in some cases, the attorneys will write up their hours, charging of course by the hours; they will write up their hours in brief three or four word sentences of activities which they have performed for you and will charge you according to these notes as to the time that has accumulated in their work for you.

If you see something that you do not feel is correct, it is important to call them on it, if for no other reason than to let them know you are watching their time schedule and are not simply taking their word for it. This Awareness indicates in some instances they will write down "reviewing client's file" for example, and you may ask yourself, "Why did the attorney review my file? Here is a half-hour of legal time reviewing my file! For what reason?" You may think that perhaps the attorney needed to review the file in order to refresh his or her memory and perhaps this is so, but it is good to ask the attorney if this is the case and *why* the review was necessary at that time. This allows the attorney to know that you are watching the accumulated expense of your billing so that the attorney does not simply create phony charges that are put on your bill haphazardly without any fear of your catching them.

Time Yourself When Talking to an Attorney

This Awareness indicates another thing is to time yourself when you talk to the attorney and find out if the attorney is accurately charging you for telephone time, for many attorneys, if you speak for two or three minutes will charge you half an hour or 15 minutes, while others will charge you perhaps by 6 minute intervals. It is good to know *which way* your attorney charges. Some may charge 15 minutes, even if your call was only a two minute call. Others may charge a half an hour, even though it was but a five minute call. The pattern or method they use should be disclosed to you so that you will know whether you are going to be charged a half hour or five minutes, or what amount of time for the amount of telephone conversation involved.

For one thing, if you are going to be charged 15 minutes, you might wish to formulate your thoughts and questions in order to get a full 15 minutes worth of time talking with your attorney, rather than simply paying the 15 minutes worth of attorney time and only speaking for three or four minutes. This Awareness indicates that when attorneys charge from one hundred to two hundred or more dollars per hour, this can be quite important in terms of how much you are being charged in terms of time for the minutes of your conversation.

Always Formulate Your Questions on Paper First

This Awareness indicates another consideration in speaking with attorneys is to formulate your questions clearly on paper, understand what you need to know, and put the questions in simple concise ways to get the proper answer. If your attorney begins to meander and lecture you and talk about other things, you might simply ask him or refocus him or her on the focus of your concern by restating your original question or saying something like: "Yes, I understand all that, but how does this apply to what I asked you in regard to my particular situation?"

Thus, you can keep your attorney focused so that he or she does not begin to wander off into other areas of thought. This Awareness indicates that some attorneys out-step their own purpose. You hire them for legal assistance and, for example, they may wish to advise you on business matters. The business matters may be more your own concern, and you are not hiring an attorney to conduct business for you as a general rule and for him or her to tell you how to operate your business is *not* in the realm of the attorney's purpose for being hired, and yet often they will do so, trying to tell you how to conduct your business.

Most attorneys are not good business people. They do not wish to take chances, they do not make decisions quickly. They think too much in terms of legalities and protection from the law and covering their own act, so that they cannot be held responsible for advice given to you if it goes awry.

This Awareness indicates that when you have an attorney who starts advising you on your business matters rather than giving you legal advice, which you may need, you should inform the attorney that it is appreciated but *not* necessary, and all you want is the legal advice.

Get Bids When You Need Work Done on Your Home or Car

This Awareness indicates that in terms of getting work done on your home or your car, if you have someone who understands something about these areas and the service involved, this is most helpful in determining whether you are being given proper service for a reasonable price. If you do not have anyone or cannot find anyone to assist you in this sense, then it is advisable that you perhaps call in several people for bids and that you get everything you want done *in writing* before contracting the entity to do it.

Make sure that the entity writes down *exactly* what will be done, signs it, and also make sure that the company does exist and especially that the entities are licensed and the company is real, otherwise, you may simply get someone who is operating out of his apartment and in terms of advertisement claims to be a company capable of doing the job for you, and the person may take a certain payment and not give you the proper satisfaction for the job.

This Awareness indicates if the entity is licensed and if the entity's company is real, you have recourse to go to those who licensed the entity or those who helped to create the company as a bona fide company. Make sure also that there is a **telephone number** which you can use

to call and speak with the entity, so that you're not simply talking to someone who comes to your door and may not even have a home phone or business phone and may be simply operating from a truck or car on the street and looking for people whom he or she can take in terms of money or even effect a robbery of your home.

Some of the ways Crooks and Con Artists Operate

There are many ways in which con people act, some more aggressive and some more criminal than others and it is important to avoid dealing with entities who have no roots which can be traced, no home base which can be found, no address, no phone, no business, no license; only a name which may or may not be real. Thus, by being cautious as to whom you are dealing with and getting in writing that which is to be done, and the price, and paying by check or credit card so that the check can be stopped if it is discovered that the work was not properly done, or the credit card payment can be challenged. These are ways which can help you to avoid getting involved with entities whose focus and purpose is to defraud you.

This Awareness indicates that there are occasionally organizations that work for the consumer to help alert consumers of those groups or individuals that are in the area perpetrating fraudulent activities. There are occasionally organizations that can help the consumer to know how to proceed when a crime of this nature has occurred. They will give advice, but these are more uncommon than common. They are sometimes found in newspapers or on radio shows for the purpose of serving the public, alerting them to misbehavior of others.

This Awareness indicates that in any case, if you have such a service in your area, by radio or newspaper or magazine and can write to entities or communicate by phone, these entities can also give you some good tips to help you find ways of avoiding these charlatans.

What to do When Official Agencies are Involved

This Awareness indicates that it is true that many of the official agencies that are set up to protect entities do not do their duties properly or effectively. In some cases they do, and it would be reasonable to attempt to use these official bureaus or agencies if possible, and if you do not get satisfaction, then perhaps turn to an attorney or to a private organization for further advice.

This Awareness indicates that sometimes the most effective approach is to suggest contact with that agency which you know is involved in such matters but which you would not think of as being able to help you. The Securities Exchange Commission, for example, can be of great benefit. The Secretary General may be of assistance. If you do not get help from the lower bureaucrat, go to the entity's superior.

If necessary, go all the way to the top. You can also contact senators and representatives and ask for their help. Many times these entities will do more for you than will the lower bureaucrats. They will at least put you in touch with someone who can be of assistance to you.

This Awareness indicates that many times the senators and the representatives either of federal or state level will be happy to assist you because they know that you will vote for them in future elections and their help can be given easily because they will simply call upon some other person to give you help, and this other person, seeking the favor of the senator or representative will be happy to help you. Thus, all are pleased in being able to give you assistance if possible.

This Awareness indicates it is something to consider, depending on the circumstance and situation you are faced with.

Corruption Today: Are Alien Energies Involved in Any Way?

FOLLOW-UP QUESTION:

It does seem in the media that more and more professionals and people who *should* be honorable and honest like judges and high officials, it turns out they are being corrupted; and it's usually money that's at the back of it, and I'd like to ask Awareness, of course this sort of thing has always occurred down through the ages, but it just seems like so many people nowadays are being corrupted. Has this anything to do with the alien energies out of Orion that Awareness has discussed before?

COSMIC AWARENESS:

This Awareness indicates that this in the negative in the sense of a direct relationship; there is not seen a direct correlation in this regard.

This Awareness indicates that the Orion influence on the world in general through the economics of various countries has created a climate which allows for entities to have greater power and ability to manipulate and many of these entities take advantage of these situations.

This Awareness indicates that when the higher levels of the government and bureaucracies are thus corrupted with the emphasis on power rather than on duties and official acts, when these entities are focused more on personal power, personal gain from their official positions, it tends to breed a similar type of attitude in the lower echelons of the government or bureaucracy also. That attitude prevails downhill in the structure of society and thus, the lower echelon of bureaucratic servants or public servants may well see themselves not as public servants, but as public maneuverers, those who maneuver the public, herding the public, as though the public were cattle to be moved from place to place, to be kept in order.

Thus, you have policemen, whose role is to serve the public, but whose actions appear to be to keep the public in order, and keeping the public in order can include innocent people who are not causing any particular harm, but who may appear offensive to the prejudices of the police officials.

This Awareness indicates that keeping order and serving the public could be the same thing, but if the emphasis is on keeping the public in order or keeping order in the public sector rather than serving the public, the focus gets shifted, for an entity who is serving the public will do whatever is necessary to keep the public happy and content and keep the freedoms for the public, and if this means arresting a person who is offending the public or violating the public, then they will arrest the entity, stop the violator, but if their focus is on keeping order and keeping the public in order, the attitude toward the offender and toward the public may become confused.

The Police Often Use Their Power to Abuse the Public

The entity who is offending the public, who violates the public, may be seen as the bad guy or evil one, but the public can just as easily become the target for police brutality if the public does not respond obediently to the power of the police. They can very easily think in terms of keeping order as meaning holding their power over the public and feeling challenged if they do not sense the public respecting that power.

Thus, they can antagonize an entity into reacting toward them in such a way that causes them to feel it is necessary to put this public entity in his or her proper place, even though perhaps the person hasn't done

anything other than perhaps expressing or reflecting an attitude toward the police officer that is not acceptable to him.

This Awareness indicates that the police officer is charged with keeping the law. If there is a law that says that everyone in the public sector should have a proper attitude toward the police, and if they are not of the right attitude, the police have a right to arrest them or to harass them, then those laws should be written where the public can find them and be aware of those laws.

If there are no such laws, then the police do not have legal right to harass entities for an attitude problem, or for what is perceived to be a bad attitude toward them. This Awareness indicates that the so-called "bad attitude" which many police officers speak of as excusing them for harassment of the public entities is nothing more than their own desire to show their power over the civilian population and to give themselves the feeling that they have control and are keeping order as they desire it to be.

Public Servants Need to be Reminded of Their Job

This Awareness indicates that in your quest for finding good public servants, sometimes it becomes necessary to remind entities of their job. This Awareness indicates that often those people working in agencies are simply lazy. They are perhaps by job duties and definition required to do certain things, but when you come and ask for their performance in the areas of their duties, they will say "I don't have anything on that!" or "Your papers have not come in yet!"

If you ask them *why*, they may become irritated with you. This Awareness suggests that it is important to be willing to **challenge** them rather than simply walking away, which they want you to do so they can get back to their reading or whatever they were doing. If you challenge them and ask them to check it out: "Find out why my papers are not here! They should have been here three days ago!", if they do not want to check it out and they argue with you, simply ask them: "Can I speak to someone else? **Who is your supervisor?**"

This usually gets the person into action, looking for your papers, and often as not, the papers will be there, they simply have not been attended, or the entity did not want to bother looking for them.

This Awareness indicates that understanding that the entity has a job to do and that they are being paid to do their job can help you to get them to do their job. You may even have to say, "Well, find these papers. It is **your** job to have these papers available." Sometimes the person will say: "Well, you're going to have to get this, this and this." And you may answer that: "I already gave those papers to you last week. I gave you those reports. Now I want the papers that you were to have available for me. It is your job to get those papers."

The entity might even say: "Well I don't have the papers." That is when you can respond by saying: "Must I do your work for you? That's **your** job, not mine. You should have those papers available! Can I speak to your **supervisor?**" Usually this will get some fast reaction from them.

This Awareness indicates that if they do not want to do anything and if they simply threaten further or act belligerent you may simply leave the office and inform them as you go perhaps, that you will call their supervisor and see if the supervisor is able to help. This Awareness indicates that you should follow through on this and usually the supervisor will not like being bothered by a subordinate's inefficiency, thus, you can expect the supervisor will be talking to that person and will wonder why the person did not meet your needs when you were in

the office.

This Awareness indicates if this does not satisfy, and if the supervisor whom you call is not cooperative, simply inform that person that you will give them a certain amount of time to check it out and get back with you and that if you are not satisfied with their performance, you will call their supervisor or call the person in charge of their bureaucratic division at state or county level or whatever the case may be.

The Key is That Everyone Has Someone Above Them

This Awareness indicates the key is that *everyone* has someone above them. The politicians have the public. The bureaucrats usually have a boss above them. Learn to point to the boss above them and ask to speak to their boss or tell them you are going to contact their boss, and usually these entities will stop looking at you as though you were a non-person, an intruder in their world of power, and they will see you being someone who could be a trouble-maker for them, as one who is indeed ready to use power against them, and this usually brings about a reaction that can give them enough motivation to do their job as they are supposed to do.

How Roshana Shockley Dealt with Nursing Home Mistreatment

This Awareness indicates that as an example, the entity Roshana Shockley, the Interpreter's wife, some twenty years ago, worked at a nursing home. She saw the patients being mistreated in the nursing home and questioned the head nurse about this. The head nurse simply told her, "You do your work, and don't worry about other things!"

She was very distraught over watching some of these people being neglected or mistreated in this nursing home. She worried about this for several days, and it became intolerable to her. She finally decided she could not continue working in that nursing home and seeing these infractions and mistreatments of the patients. She decided again to approach the head nurse and supervisor of the nursing home and again she was told with even greater firmness that she was out of line and that if she valued her job, she would stop talking about this and simply do her job and keep quiet. At that point she decided she would have to quit, so she quit the job.

After finding out who the owners of the nursing home were, she quit her job, contacted the owners with a letter and also sent a copy of the letter to the state bureau that looked out for nursing home violations and monitored the activities in nursing home. The owner of the nursing home of course, knowing that the state had received a copy of the letter, had no choice but to contact Roshana and find out more about the situation.

Rather than being distraught with her, the owner fired the supervisor and head nurse and asked Roshana to be in charge of the nursing home. She did not accept the job, but she did have the opportunity and saw that she could make a difference, simply by appealing to those who have interests on a higher level. The petty powers of the supervisor and head nurse which seemed so formidable to her one week, were gone the next, and new people were put in charge to bring about better conditions for the patients. This Awareness indicates that this can occur in **any** bureaucratic level, of any business or federal state or county situation, if entities use a certain degree of wisdom in challenging these bureaucratic ineffective or violative types of behavior.

How "Bambi" Used Publicity to Help her Cause

This Awareness indicates that when the whole strata is corrupt from top to bottom, you can go outside the system and seek public opinion, get an investigation from the news-media or from some source that publicizes what

is occurring. This Awareness indicates the entity Lawren-
cia (Bambi) Bembenek was a police woman in Wisconsin
who was accused of murdering her husband's first wife.
The fact was that she became a pawn inside a drug ring
run by police in the community and these police con-
spired to have her blamed for the killing of her husband's
first wife.

The first wife was killed because she knew too much
and had threatened to tell some of what she knew.
Lawrenzia was blamed for this killing. These entities had
her put in jail. She went to court and was convicted of
murder and has been in prison for approximately 7 or 8
years. She recently escaped with the help of a friend and
went to Canada. While in Canada, there were many
stories that were released on television and in tabloids
detailing her situation and how there was so much
evidence that she was innocent, that the Canadian
government hesitated in letting her be returned to the
United States and let her remain in Canada.

This Awareness indicates during this time, the local
detective that had been helping her found more and more
evidence to help indicate that she was innocent of these
charges. The recent event of her being in Canada led the
prosecutor of her case and the judge to go to Canada and
talk her into coming back to the United States, explaining
to her that there is so much evidence now that she will
probably receive a fair trial and the new evidence should
free her. They sought to get her to come back voluntarily
and she did return. This Awareness indicates that this
new evidence has not yet been presented, or a hearing or
trial has not been effected, but the entity has faith now
that the system could be used to free her and is willing to
take that chance.*

This Awareness indicates that this is again an example
of how a whole bureaucratic system that becomes
corrupted almost from top to bottom can ruin an entity's
life and yet, the entity, by appealing to the help of a few
friends to get publicity for her cause, when she cannot go
to higher courts, then to go outside of the court system to
the media and get public concern and attention.

This entity had a vast number of people saying to her
on her escape: "Run, Bambi, run!", in hopes that she
would make her escape clean and not get caught. There
were tee-shirts sold with those words on them. This
Awareness indicates there were posters. There were
people rooting for her to escape because they saw her as
an innocent victim of a corrupt system.

As yet there has been no clear trial or accusations or
indictments of the police officers being part of a drug
ring, but there is considerably evidence to indicate this
and there have been testimonials by individuals to
indicate this, and the public believes this to be so, thus
the entity through friends has gone outside the normal
system of power and has made an appeal through the
media and to the public, and the public has a greater
power than those involved in the power structure of the
community, for these entities are elected or appointed by
others who are elected by the people, and thus, the people
have the greater power.

This Awareness suggests therefore, entities should
understand that when you are faced with injustice, if you
cannot appeal to the supervisor above the one who is
creating a difficulty for you or causing injustice to you,
then appeal to whatever power that entity serves under.
Appeal to the power of the people or to his or her
superior officer.

* ED'S NOTE: Bembenek was paroled Dec. 9, 1992 and credited with
time already served. Then she graduated with honors from the University
of Wisconsin, the first female "lifer" admitted to an extension program.
She took a degree in the Humanities. A movie about her life, "Woman on

the Run" was developed into a two-part miniseries starring Tatum O'Neal,
from Bembenek's book, *Woman on Trial*. She rode around in a limo,
bought a jaguar, went on a book tour, gave speeches, showed her
paintings, and appeared on Oprah. Eventually she tired of all the attention
and legally changed her name to Laurie. Then she got involved with a
drug-dealer who gave her some marijuana, which violated the terms of her
parole. She spent two weeks in jail and then had to live with an electronic
monitor. When she contracted Hepatitis C, she moved to Washington
state, nearly penniless and wishing that the public, who had called her
"Bambi" would forget about her.

This Awareness indicates that in this culture, this is a
way of dealing with bureaucracy. In some cultures it is
not so easily handled. In some cultures the people do not
have the power, do not have the ultimate power. If there
is no vote, and those in charge are simply appointed, then
the masses and the mass opinion means very little.

In China, for example, public opinion would not
amount to much in terms of a higher power over the
officials of the country. In Ghana, West Africa, there is a
saying: "Be careful how you treat the bureaucrat on your
way up, for you will meet him on your way down." This
relates to entities who try to use this system or method by
trying to get something out of a bureaucrat and being
unsuccessful, they will seek to go to the next higher
official and get their wish or request from him.

The policy in Ghana is for that higher official to inform
the person: "Okay, but you have to get permission from
so-and-so, and then the official returns the entity to the
lower bureaucratic officer who had first refused. Thus,
the entity, trying to use this method of seeking a higher
superior officer when not getting satisfaction from the
lower officer will find himself standing again before the
lower official, making the same request.

Sometimes, the higher official will send a message to
the lower official to direct or to ask that lower official to
reconsider and the entity will be able to get that which he
or she wanted from the lower official, but you still may
find yourself going back to the lower official in your
search or quest for some favor.

This Awareness indicates therefore, this method, which
works well in most Western countries, is not necessarily
the only way, nor is it always effective in all cultures.
This Awareness indicates that the entity asking the
question may find this information helpful in getting more
action out of those bureaucratic officials who seem to
neglect their duties in her request for reasonable action.

This Awareness indicates that it is at least worth a try.
If the bureaucratic official does not respond reasonably to
your request for assistance, the simple statement: "Can I
get the name of your superior," that usually will be
enough. If it isn't, then ask: "Well, may I speak with your
superior officer?", and if that doesn't do it, then speak
indeed with the superior officer.

Ask for the Name of the Person who Refuses to Help You

This Awareness indicates that sometimes you may
simply ask for another person, or you may hang up and
call back and get another clerk to speak with and have
more cooperation from that other person. The important
thing is not to give up, but to keep trying, and not to feel
that when one person fails to do their duty it means that
the whole process has broken down.

This Awareness indicates another important factor is to
ask for the **name** of the person who refuses to help you. If
you can get the name of the individual, this puts them on
the spot. You are no longer simply a voice over the phone
and they are no longer simply a voice reacting to the
voice on the phone. You are an individual out there who
has their name and they know that their job depends on
their effectiveness, and if you were to report them, it
could cause them trouble.

This Awareness suggests that when entities are ineffec-

tive in their jobs, they should not get by without being reported.

The 50's & 60's Consciousness Changes (The Computer and Reconciliation of Right and Left Brains)

QUESTION:

A question from David Ard, Austin, Texas. "It seems like the mass-mind or consciousness in the Fifties and before was very rational, logical, materialistic and left brain, etc., than in the Sixties. The pendulum began to swing back toward the more spiritual intuitive, creative side. All this seems like the rocking back and forth of a set of scales or balance.

"Isn't the trend from now on going to be balancing these two sides? It appears that the time has come for the reconciliation of polarities to bring humanity into true peace, balance and harmony. Will Awareness comment?"

COSMIC AWARENESS:

This Awareness indicates this is in the affirmative; that It has moved into right brain consciousness from the mid-sixties, or early sixties, actually it began in the late fifties, but very slightly so. It gained momentum in the Sixties and continued up until the Eighties and as the Eighties progressed and computers began to appear, there has been a new kind of left-brain activity occurring.

The whole computer movement that has occurred during this right-brain pendulum movement has lifted the rationality to a higher level which borders on intuition so that many of the math problems, for example, are being solved by finger movements rather than by mental calculations. The entities who are evolved in using calculators and computers for doing accounting and engineering formulas and mathematics do so with very little mental calculations and considerable amount of finger movements.

This Awareness indicates yet it is a rational logical left-brain activity, but the activity is merged somewhat with right-brain activity, dealing with space: the space between the keys, the placement of the letters on the computer or calculator or adding machine.

This Awareness indicates that even the spacing on the printed page makes use of right brain symmetry in that many of the reports are put together not only for mathematical content but for layout appearance. Graphs are used to help create a greater symmetry and appearance for the presentation of a report.

This Awareness indicates that the entity who trained in math in the early Fifties and Forties would be lost if not having experienced some transition into the computer area of the Sixties, Seventies and Eighties, and business that still relied on Forties and Fifties mathematic processes could not survive in today's world, or if surviving, would have to remain extremely small and ineffective.

This Awareness indicates that this is a kind of reconciliation of right and left brain activities. It also has had its effect on society and in all structural systems and levels, including the structure in society itself. Governmental structure also is affected.

The New Being is Being Created

This Awareness indicates that more and more the balance of right and left brain activity will continue and entities will find the brain becoming more holistic, wherein the right and left side begin to work together in greater harmony, almost as a marriage of male and female counterparts. This will give greater creativity to the mind and create that which this Awareness has referred to in the past as the New Being.

This is in terms of a jump in evolution, not in reference to genetic engineering which may create new beings of a different kind.

How the Dark Force Furthers the Divine Plan

QUESTION:

One other question from this entity. "Can Awareness tell us more about how the Dark Force can further the Divine Plan because they don't understand it? I guess if they did understand the plan, they wouldn't and couldn't be dark forces anymore."

COSMIC AWARENESS:

This Awareness indicates that they are capable of seeing into the future, up to a certain point, and thus the dark forces have more ability than do most human entities in determining the events of the future, in bringing about certain events, but they are not capable of seeing in the higher spiritual sense, certain elements of the Divine Plan that would occur to their own plan, which they see extending into the future.

This Awareness indicates that the dark forces have their blueprint for the future, have their agenda, and it has a certain degree of validity in terms of the future. The spiritual forces override those darker forces and see these darker forces as leading to a point in which the power is developed only to be snatched away at the last minute by the more spiritually evolved forces, so that it never fully satisfies the dark force and the dark force is left with nothing from all the effort except the realization that it has furthered the Divine Plan in spite of its own efforts to do otherwise.

The Analogy of the Wolves Chasing the Caribou

This Awareness indicates that analogy may be helpful. It has previously suggested that the wolves chasing the caribou weed out the old slow or unhealthy caribou from the herd, the ones that cannot keep up, the ones that cannot outrun the wolves, and this weeding out of the weaker, strengthens the herd. This of course means that the next time the herd comes by, or is met by wolves, the herd in general is faster and stronger than before, for the weaker ones are gone.

This Awareness indicates that the very act of the herd being chased by the wolves strengthens the herd and the taking out of the weaker caribou strengthens the herd and the genetic strength of those that remain bring about offspring that are stronger. This Awareness indicates therefore, the herd becomes enhanced and greater because of the attacks of the wolves. Thus, the wolves, paralleling the activity of the dark force, which weeds out the weak, leaves the stronger enlightened to carry on and to build the new and greater civilization.

FOLLOW-UP QUESTION:

On another level, isn't that precisely the rationale of the global planners, those who plan the Global 2000 project?

COSMIC AWARENESS:

This is in the affirmative; that these represent the wolves, the dark forces; that even out of these dark negative forces comes a greater strength for those who are enlightened, for those who are strong. It is not to say that this is right of them to do so, but that in the doing, the Divine Plan allows room for these negative forces to express themselves, and out of this total expression comes a new stronger more enlightened humanity.

This Awareness indicates the global planners of course, as the wolves, accumulate their own particular karma for their activities.

The Role Played by Earth's Energy Vortices

QUESTION:

A couple of questions from Dorothy and Marcus Hermans of Carlton, WA. They write: "We are members of only a few months, and we would like to ask some questions. As energy levels are increasing, could Awareness comment on the role that the energy vortices in the earth will play in this?"

COSMIC AWARENESS:

This Awareness indicates that these energy vortices have an effect mostly in the sense of certain auric energies on the Earth and also in their own locale, and also on that which is called the Earth grid. The works of Bruce Cathic describe the Earth grid which is a kind of energy pattern on the earth made of ley lines that traverse continents and flow around the Earth and which are used as energy sources and guidance systems by certain advanced craft, particularly those known as UFOs, whether alien or earth created.

This Awareness indicates that some of these crafts are alien and some are created on earth by humans. They operate in part by the use of these grid lines and the energies that emit from them. The vortices are likened unto energy leaks of the Earth itself and are sources for tapping into certain magnetic and energy fields which some of the alien craft use.

This Awareness indicates that these also represent energy fields which can be portals for leaving the earth's atmosphere or grid into other dimensions.

FOLLOW-UP QUESTION:

Another question. "Are vortices connected in groups or in series in some way?"

COSMIC AWARENESS:

This Awareness indicates that it appears there are certain connections deep within the earth where the energies of these vortices come together. It relates to a tetrahedron pattern of the earth's core or crust or skeletal fields.

This Awareness suggests that entities wishing to study this further may benefit from a book by Hoagland on Mars and its monuments. This contains much information that can be helpful in understanding the tetrahedron that is the skeletal formation for the Earth.

Also, there can be benefits from studying the works of Bruce Cathic and his grid-lines through various books such as *Harmonics 371244* and his more recent book *Harmonic 695*. They are available through Cosmic Awareness communications.

What Can We Do to Help Open the Vortices? (More on the Bermuda Triangle)

FOLLOW-UP QUESTION:

One final question on this subject. "What role or roles can we as Light Bearers play in opening or helping to open these vortices to help the raising of the earth's vibrations?"

COSMIC AWARENESS:

This Awareness indicates that these vortices are basically open as energy leaks and are not in need of any particular manipulation. They have long endured and are unaffected by human efforts. The main thing that entities can do is enjoy them, experience them, perhaps shift into other dimensions through meditating in the vortices if that

is desirable.

It would be suggested that shifting into other dimensions must be done with considerable care for not all such shifts are without extreme consequences. The Bermuda Triangle, for example, is a large vortex which allows entities to shift into other dimensions, often without their control of the experience. They shift out of control and may not return, or may not return in the same life or in the same condition.

Potential Hazards in Shifting to Other Dimensions

This Awareness indicates there are in others, potential hazards in shifting to other dimensions and entities should not move into such activity without being prepared. This Awareness indicates *It* is not going to tell entities this is a no-no, but *It* suggests that entities recognize there are considerable risks which shifting to other dimensions, either through the use of vortices or through drugs or even through certain meditative techniques.

This Awareness indicates that entities should be well aware of potential hazards and be well grounded in their motives, purpose and aware of risks involved and hopefully, clear enough to not go too far and not go out of control without familiarizing yourself with the territory you are entering.

This Awareness indicates the entities who can go a little ways, look around and come back and then again later go a little further, look around and come back, these entities will have greater success in learning how to enter into other dimensions and return than those who simply flip out into other dimensions without keeping track of where they have gone or how they got there.

It is like the child who wanders into the woods and does not leave markers as to how to return out of the woods.

Always Find Some Landmark When You Alter Your Consciousness

CLOSING MESSAGE

This Awareness indicates that in the movement of consciousness, entities need always to be able to find some landmark, some object or image, some word, some thing, in every moment which they can hold onto, while traversing that moment of consciousness and moving into the next, so that as they traverse and travel from one moment to another, there is always something solid, something of substance to which they can cling.

This Awareness indicates that in this manner, entities may move from place to place, from thought to thought, from moment to moment and still always be able to find their way back to any particular place, thought, ideas or time to which they wish to return.

This Awareness indicates that *It* has spoken before about orientation. As entities learn to orientate themselves, they then become capable of moving out further and returning, moving still further and returning, so as to never become lost in realms of imagination, in realms of consciousness, in realms of the unknown.

This Awareness indicates that this is what it means to preserve sanity. To lose sanity is nothing other than to lose orientation and to cling to something that is unstable in consciousness.

This Awareness suggests that you get a strong meaningful center, either a philosophical reality, a physical reality, a value or state of consciousness that is solid and is not easily destroyed, something that is permanent and meaningful as your home base and move out from there.

Use Awareness as Your Home Base

This Awareness suggests that entities use this Awareness as that home base. See yourself as this Awareness.

Consider yourself as being this Awareness, and from this Awareness you may move out into consciousness and experience various things and always return to this Awareness. This Awareness suggests that in so doing, you have that which allows you absolute sanity and ability to move into realms, world, fantasies, and always to return to the clarity and peace of this Awareness.

This Awareness suggests that for those who prefer to use other concepts, philosophies, terms, words, names; get something as home base that remains permanent in consciousness, then branch out from there. All your explorations into the unknown can then be effected without fear of getting lost.

(The Law of Gratitude is given)



BUT, TODAY, THANKS TO ELECTRONIC VOTING, AN ELECTION CAN BE STOLEN BY A 19-YEAR-OLD HACKER IN HIS DORM ROOM IN WINNIPEG...



AMAZING NEW MASTER INDEX

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The Cosmic Laws of Cosmic Awareness...

THE LAW OF CO-CREATION

The *Law of Co-Creation* states that two working in co-creative action have the power of four working individually; and three working in co-creative action have the power of nine; and four working in co-creative activity have the power of sixteen; and one-hundred and forty-four working in harmony can change the world.

Wherein large groups of entities believe and agree on certain images as being real and being stable, this agreement does hold the power of many times that number of energies, if such energies were held by individuals working separately. Wherein groups of entities agree upon certain images, these images do tend to manifest and hold their being in a magnified manner.

Ed's Note: Those who would like to participate in this Law of Co-Creation should contact The Network of Light Visualization Project developed by two CAC members in Europe and which operates on the Internet. (The regular Friday night CAC meditation is also linked with these entities). <<http://home.lae.nl/users/lightnet/creator/start.htm>>



Wisdom of Awareness...

On Judgment and Discernment

This Awareness wishes to define *judgment* as an action of discerning with the implied or explicit purpose of determining superior or inferior destiny, of acceptance or rejection according to that discernment.

Discernment in itself is not the same as judgment, for to discern implies only that you see clearly *what is*. To judge implies that you pronounce a sentence affecting the determination of where that concept, idea, or entity is to be placed.

Wherein a judgment rejects or accepts, or sends into damnation or salvation, that judgment carries with it a threat to the thing, to the individual, to the concept, and whereby entities practice being judgmental, rather than discerning, entities tend to create separateness.

This Awareness indicates that discernment brings about a balance in the forces and energies so that reconciliation can be found as the parts are discerned clearly.

This Awareness asks entities to practice discernment, to avoid judgment.

(Issue 82-19)



Come on George—What's so damned clever about Teaching your dog to get your newspaper?

Excerpt CAC Reading #5-5-30-77 Paul Shockley Interpreter

FOR THOSE WHO THINK C.A.C. IS DOING THE WORK OF THE DEVIL

QUESTION (AVATON):

Awareness, we occasionally get little tracts, religious tracts and things like that in the mail implying that what we are into is the work of the Devil, etc. and they can back this up with Biblical references. We occasionally get letters like the following and we would sort of like to have something compact that we could print up in reply to this type of letter. He writes:

"I am really frightened to initiate contact with C.A.C. I am told by my sister that soothsaying and Tarot-reading are prohibited by the Bible. Also that Cosmic Awareness is the work of the Devil. However, I have been reading your publications and I think that it is good. How am I going to be able to figure out what the truth is? You see, my sister feels that the only intention of Cosmic Awareness is to separate people from believing in Jesus Christ. Thank you for your consideration in this matter." and this was signed by Mike Borell.

COSMIC AWARENESS:

This Awareness indicates that the purpose of this Awareness in communicating with entities on this plane is to separate entities from the feeling that their God, that their divine gurus and teachers, whether Jesus, Mohammed, Krishna, Buddha or whatever name, that these entities are 'out there' somewhere and that there is a separation between one's self and one's deity. This Awareness wishes to bring about the realization that the Christ is within, the Krishna is within, the Buddha is within, Brahma is within, God is within, the Kingdom of Heaven is within, the Guardian Angels are within, this Awareness is within each of you.

Many Are Missing the Teachings of the Christ and the Purpose of the Crucifixion

This Awareness wishes that entities begin to understand that as long as they kneel before a crucifixion, as long as they project the concept of their Christ being 'out there', suffering for them, they are missing the teachings of the Christ, they are missing the purpose of the Crucifixion. The action of the Christ, the action of the

Crucifixion of the man, Jesus, the action of the Christ moving into the physical body of the entity Jesus.

This action was designed to bring about a realization that there is no need for separation between the human being and the Father in Heaven. The teachings of Jesus were such that it said the Father in Heaven and the Christ within are the same. "I and the Father are One". This Awareness indicates that the Christ entering into the physical body of the man, Jesus; Krishna entering into the physical body of the followers; the entire concept of the Christ, of the Messiahs; the purpose of these actions is to inform entities that the consciousness, the Christ Consciousness, the crystal clarity, the Cosmic Awareness levels of consciousness are at your own disposal. All that is necessary is to lay aside the rational, thinking mind, the mind which is Lucifer, which assumes to *know* but does not have wisdom.

The crystal clear consciousness is all about entities and entities can attune themselves to this consciousness, and when this occurs the Christ does indeed enter the entities. This Awareness indicates that wherein you understand that the Christ is waiting within, and that you may open your door and allow that consciousness to become One with you. Then you shall understand the meaning of the Second Coming, and then your eyes shall see the Christ.

The Meaning of the "Second Coming of Christ"

This Awareness indicates that the teachings of Jesus were that every eye shall see Him when he returns. This Awareness indicates this was the Christ speaking through the body of the entity Jesus, the Christ Consciousness. That wherein entities become open to the Christ Consciousness, indeed every eye shall see this Christ, this crystal clear Consciousness as *It* returns in *Its* Second Coming. This Awareness indicates that the majority of entities prefer not to take the responsibility for their own actions; prefer to think in terms of having forces above and below themselves; prefer not to think that they are One with the Creator; prefer to think that they are separate from God, separate from Christ, separate from the creative forces; prefer to think that they are apart from the Christ and must struggle to be blessed by the Christ, prefer to think that they are apart from God and must struggle to be part of God; prefer to wallow in the concept of being a sinner; prefer to wallow in the concept of being in error so that they can improve themselves.

Those Who Enjoy Thinking Theirs Is The Only Path

This Awareness has asked entities not to judge themselves, not to deny themselves, not to compare themselves with others, but to love themselves, to love others above self and to communicate with one another as though you were addressing gods, for indeed, within each of you there is the Christ, there is the God, there is the Divine Force. This Awareness wishes entities to understand that those who wish to assume that Christ and God and Divine forces are above themselves are also inclined to assume that they are progressing up the spiritual path toward these Divine forces and that others are far below them, and these entities tend to point to those below themselves and say that they are sinners, they are in error, they are of the Devil. This Awareness indicates that those entities who enjoy thinking that they have the only path, the only answers; those entities are only involved in furthering their own ego trips, their own self interest, their own lust for power through their excuse that they are claiming to be the chosen ones of the only God, the only truth.

This Awareness indicates that there are many books of authority within the world today. The Bible does have much truth within it but the Bible is a collection of many different writings by many different entities who held portions of the truth. The works of the Vedic writers, the works of certain Sanskrit writers, the works of certain religious groups all over the world also contain much truth. This Awareness indicates that it is not only foolish it is also very petty and disillusioning for an entity to think that by reading simply one book because it has been stated as being *the* book that that entity has the only truth.

This Awareness indicates that the Bible itself is full of threats, is full of curses, written by those priests who cursed those who might change their writing; that throughout the Bible there are the uses of curses and promises, curses and promises: "Do what I say and you shall be rewarded. Fail in what I say and you shall be damned forever." This Awareness indicates these curses and promises are not the will of this Awareness, are not the will of a Divine Being even though they claim to be from a divine source. This Awareness indicates that any entity who has the slightest intelligence can begin to see that there is trickery involved in certain of the Biblical teachings. This Awareness indicates that there is also great wisdom in certain of the Biblical teachings; that it is not necessary to discard the entire work as being unworthy, nor is it necessary to accept the entire work as being the only source of divine information.

This Awareness indicates that entities who cannot move beyond their own limitations, cannot take their nose out of one book, become so hypnotized by their own belief system; these entities are simply caught on a rung of a ladder and are not progressing even though they may look around at others and point the finger of condemnation, still they have not learned the truth for the truth is in constant change, the truth is in constant expression.

A Test You Can Make If You Believe the Bible

This Awareness indicates this earth and the inhabitants of the earth have existed for some 30 million years with human consciousness from this plane. The earth itself is more than 3 billion years old. This Awareness indicates the Bible is less than 6 thousand years old. The stories of the Bible as less than 6 thousand years old. The compilation of those stories less than 2 thousand years old, taken from various texts, written by various entities, various priests from different religious sources of the time.

This Awareness asks you to sit down and to chart out a map of increments tracing the existence of human life upon this plane by making lines on a sheet of paper--40 lines each 1 million years of duration; then on the last line mark off what would be in proper proportion, 2 thousand years or even 6 thousand years, and then examine and ask yourself if all of the truth of human existence is actually expressed in a book that was written and held for that brief duration.

This Awareness indicates that the 2 thousand year mark upon a line the last million years will be nothing but a dot, yet you are assuming that everything that has ever been said, or everything that can be said in terms of truth is expressed in that tiny dot and there can be no other interpretation of truth, for that dot, that period is the *final* word. This Awareness indicates that this is very foolish of entities. That the importance of spiritual teachings is the *spirit*, the spirit of what is being conveyed rather than the personality cult, and the concept of self-righteousness and judgment against others; hostility, wars, violence, condemnation; these are ways of error.

This Awareness indicates that any who follow these ways of judging, pointing fingers, casting devils, attributing devils to others who are looking toward truths, looking for truths, examining, questioning; these entities who set themselves up as supreme judges shall surely find themselves being judged by their own condemnations.

WHAT IS COSMIC AWARENESS?

COSMIC AWARENESS is the Force that expressed itself through Jesus of Nazareth, the Buddha, Krishna, Mohammed, Edgar Cayce and other great avatars who served as 'Channels' for the 'Heavenly Father' and who speaks again today as the world begins to enter the 'New Age' of spiritual consciousness and awareness. Since 1963 Cosmic Awareness has been communicating through carefully trained channels. This information is for those who desire to help in bringing in the New Age. Throughout the thousands of 'Readings' given through these various channels, Cosmic Awareness tells us not to believe anything, but to question, explore, doubt, and discover for yourself, through your own channel what is the truth. Cosmic Awareness will only 'indicate' and 'suggest'. Neither C.A.C. or any of the Interpreters is responsible for anything Cosmic Awareness states in any of these readings, nor does C.A.C. or the Interpreters necessarily agree with the statements of Cosmic Awareness. The Interpreters interpret the energies as they see them in trance levels and are not personally responsible for what is said. The Interpreters published herein have no connection with, nor control over the editorial comments and material, including illustrations. This is entirely the responsibility of the editor. Members of C.A.C. are invited to send in questions of general interest to ask Awareness for possible publication in this newsletter.

ON THE COVER: Can you find the 8 horses?

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Excerpt CAC Reading 2-3-19-89 Paul Shockley Interpreter

Ariel Sharon Says Arafat Should Be Killed (What Will It Take For Peace to Come in the Middle East?)

QUESTION:

There's an article the other day that in Jerusalem, the industry Minister Ariel Sharon said: "There will be no peace in the Middle East as long as Yasser Arafat runs around alive," and that "Israel must do more to counteract the PLO leader's peace initiatives." It says: Sharon's comments in an interview with Israel Radio reflected a personal opinion that Arafat should be killed." Is this true? It seems to me that Arafat indeed is trying to make peace in the Middle East, but with a story like this, is there any validity to that?

COSMIC AWARENESS:

This Awareness indicates that the entity Arafat as one who has realized that it is no longer practical to expect the Israeli nation to simply fold up their tents and move out of the area. He realizes it is essential to recognize the existence of Israel as a nation. The only alternative left for Arafat is to seek, for the Palestinian people, their right to coexist also as a nation.

This Awareness indicates this situation goes back to the decade of the 20's and 30's wherein Britain set up the Palestinian area for those entities to coexist together.

This Awareness indicates that in the late 40's after the World War 2, when the effort was made to establish Israel as a nation, the British having then pulled out of the area, it became important to establish a sense of equality between the Palestinians and the Israelis. This Awareness indicates this state of equality began to break down quickly once Israel became a nation, and the Palestinians were given status of secondary citizenship. Prior to this time, the Israelis only wanted to be treated as equals, having equal right to the land. After the establishment of the Israeli state, the Israelis wanted more than mere equal status, and the Palestinians were given secondary status. It must be remembered that prior to this maneuver, this was Palestinian land.

This Awareness indicates the Israelis claim this through ancient history rather than modern history. They claim it through prophecy rather than historical ownership, and this is not satisfactory to the Palestinians, therefore, they have resisted calling Israel a nation. They have considered this as their land, having been taken by force, and through maneuvers with Britain from them, to the place whereby they were being subjugated into secondary position, and Israel being given a control over their land. This Awareness indicates it is for this reason that Arafat and other Palestinians have refused to recognize Israel.

Dr. Beter Loses 8 Million Listeners for Saying "Palestineans"

This Awareness indicates that it is only in the last decade that the Palestinians have been recognized officially as even existing in Western Press or news or television. In fact, the entity Dr. Beter, in his broadcasts on radio in New York had his show cancelled because he mentioned Palestineans, and the very mention of the term was forbidden. This Awareness indicates that this entity as having lost 8 millions listeners at that time, which then led to his opening with the Audio Tapes, which he continued through the 70s.

This Awareness indicates that the Palestinians then began to gradually creep into the news, through references to them in terms of acts of violence. This Awareness suggests that during the mid 70's there were underground publications by Palestinians showing the brutality that they were suffering, even back in that time from the hands of the Israelis.

Both Israelis and Palestineans are Considered Terrorists

This Awareness indicates that this conflict has gone on for decades, and that Arafat himself is not so much the cause, he is an outgrowth of policies and religious conflicts and conflicts over land. This Awareness reminds you that the Israelis and Palestineans, in their conflict over the same piece of land may both be considered as terrorists in each other's eyes. It is a question of whether you want to side with one, simply because that one is your chosen, or whether to side with the other, or to see the situation as that which needs to be resolved without taking sides.

This Awareness indicates in the past, the United States has always sided with Israel, and has supported and supplied Israel at great expense, with military and economic aid. This Awareness indicates this is part of what has caused so much hostility toward the United States from various countries in the Middle East who side with the Palestinians. This Awareness indicates that the policies of Israel have at times, shocked Americans, but the criticism generally was held to a minimum. In many ways, the Israelis have also been used as lackeys for US policy in the Middle East, wherein the Americans' administrations wanting something done, would simply have the Israelis do it, and therefore remain with clean hands themselves and put all of the responsibilities on the Israelis.

This Awareness indicates that it has worked both ways, whereby Israel has benefited from the relationship with the United States and vice-versa. At this stage, the United States is finding it to its advantage to be more fair or neutral in its approach to Middle East problems. It is therefore showing greater concern for the Palestineans. It is very difficult to excuse Israel when the Israeli soldiers are firing bullets at unarmed children throwing rocks. It is very difficult to excuse this kind of violence saying that Israel has to protect itself.

This Awareness indicates the public in the United States is becoming embarrassed, in fact, many of the Jewish communities in the United States are embarrassed by the actions of Israel. This Awareness suggests therefore, that the new approach by Arafat to capitalize on this new climate and attitude, as being one who is a reasonable man, representing the people who are presented as victims of Israeli brutality, as that which has a much better chance of obtaining a Palestinian strip or homeland for the people. This Awareness indicates that this is being recognized more and more by the Americans and by other nations in the area, as being the way out of this continual plight.

This Awareness indicates that it is also only fitting that when one group of people come in seeking to have permission to live on the land of another group of people, and then, as time passes, this group gains greater power and becomes a nation upon the land of those people, then subjugates those people; it is only fitting that if those people do not wish to be subjugated on their own land, on what was previously their land, that they be given a portion of land, whereby they can rule themselves.

This Awareness indicates that it appears this is the direction which would solve the crisis, which would solve the problems of the area. It is possible that the Israelis will also see this solution and move in this direction, but if this is not seen, it appears there will be considerable dissatisfaction among many of the citizens in Israel, and conflict may continue in the area for some time.

This Awareness indicates that this may create greater problems in the future for Israel as well as the Palestineans, but in the end, it appears that without such a solution, the Israelis will lose the most.

Ed's Note: This reading was given 15 years ago.

Excerpt CAC Reading 8-8-13-92 Paul Shockley Interpreter

HAS THE ARK OF THE COVENANT BEEN DISCOVERED IN AFRICA?

(This Book Claims World's Greatest Mystery Is Solved)

QUESTION:

There's a new book out called *The Sign And The Seal*, the quest for the lost Ark of the Covenant, by a newsmen by the name of Graham Hancock. A brief part of the book review reads as follows: "He's not Indiana Jones. It's better than that. British journalist Graham Hancock says he has located the lost Ark of the Covenant, the most sacred symbol of the Jewish religion, in Aksum, Ethiopia, zealously guarded by Ethiopian Christian monks.

"There's more! The Ark and the Holy Grail are the same object, Hancock says, and the entire Grail legend was instigated by the secret order of the Knights Templar who had the epic poem Parsifal written to point the way to the Ark.

"This is not the stuff of tabloids or adventure movies. Rather, it is the amazing story of a quest across continents, centuries, religions and cultures. History buffs, Bible scholars, anyone who likes a great intellectual detective yarn will plunge into *The Sign And The Seal* and not come up for air until the end.

"According to Scriptures, Moses came down from Mount Sinai with two tablets containing the Ten Commandments. The Ark was built to house them, and it figures prominently in the Old Testament until the fall of the first temple, after which it vanishes without a trace.

"Nobody mentions the Ark again, except the Ethiopians. They maintain they have the genuine article, brought to Ethiopia by the son of King Solomon and the Queen of Sheba, an Ethiopian, for safe-keeping. Has Graham Hancock solved one of the great mysteries of the ages? Maybe, maybe not, but like an alchemist, this inquiring journalist has tested himself in the fire, transmuted himself into a scholar, and brought forth a reading experience of pure gold."

That is the book review. Now a question from Jack Manuel: He writes: "It was reported on May 8th, 1992, on the CNN news network that the Ethiopian Orthodox Church in Ethiopia has the Biblical Ark of the Covenant. They will not show it to anyone; however, their Bishop has told the reporter that the Ark is in a box made of gold and it fits the description given in the Bible.

"Other sources claim that the Ark is buried somewhere in the sand or hidden in a cave in modern Israel. The story of bringing the Ark to Ethiopia has more validity to it since the Jews could have taken the Ark with them to Egypt. The Jews had a settlement in the south of Egypt, and from there the Ark could have found its way to Ethiopia.

"How does the situation appear to Awareness, and does the Ark really exist today after so many years, and if so, is it in good condition and does it still have some use?"

COSMIC AWARENESS:

This Awareness indicates that it appears this Ark is in reasonably good condition, is in Ethiopia and has use as a tourist attraction or as a religious icon and also as a container which it originally was built for. This Awareness indicates it appears that it does not have any other great purpose except as an historical monument attesting to the stories attributed to it for many centuries. It is not

seen as something having mystical powers, if that is what the questioner asks.

It is simply an antique item extremely old, extremely valuable because of its place in the history and it is worthy of being displayed in the proper setting for people of great curiosity and interest. It could help to raise large amounts of money through tourism in Ethiopia which is a relatively poor nation.

This Awareness indicates that it does not spurt light as in *The Raiders Of The Lost Ark*. It does not play music. It sits there to be observed.

FOLLOW-UP (AVATON):

I believe Awareness indicated at one time that the original Ark was radioactive. Would there still be radioactivity?

COSMIC AWARENESS:

This Awareness does not see this as being radioactive. This Awareness does not see it as being a radio as it once may have been, whereby it concealed a kind of battery-like substance and rudimentary radio that could broadcast information from an overhead ship. This was how it was once used. It does not see this as having these qualities now. It sees this simply as a kind of container that is empty.

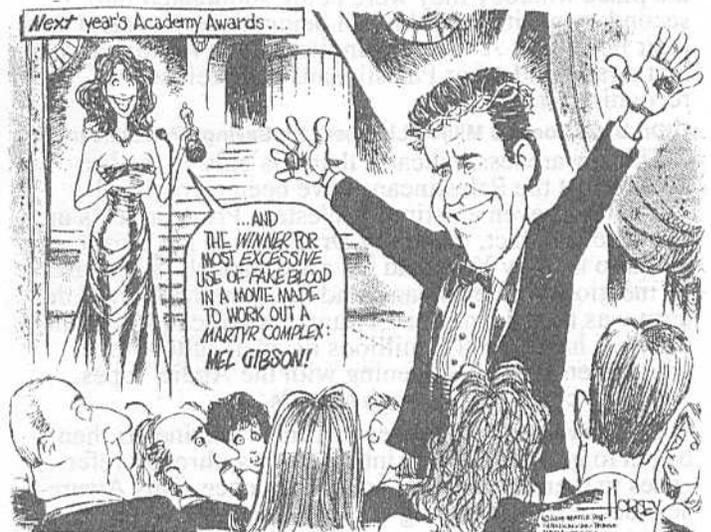
FOLLOW-UP QUESTION:

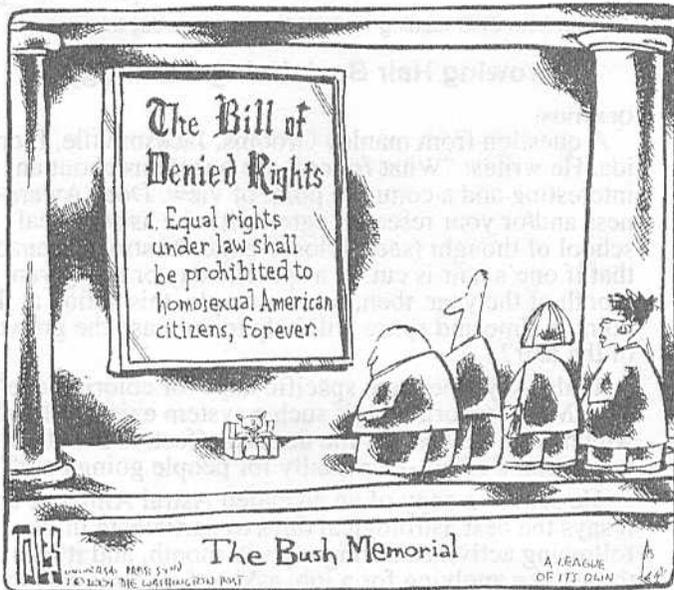
Does Awareness agree with this author Graham Hancock's theory that the Ark and the Holy Grail are one and the same object?

COSMIC AWARENESS:

This Awareness indicates that this does not appear to be the same in terms of traditional definition. The Holy Grail is defined by tradition as the cup or chalice which Jesus drank from at the Last Supper. It does not see the Ark of the Covenant as being this object.

This Awareness indicates the entity may be taking poetic license or metaphorical leeway to suggest there is a similar sacredness between the two. This Awareness does not see an actual sameness, does not see that they are the same thing in terms of traditional definitions.





Excerpt CAC Reading 3-10-04 Grace Interpreter

What Is Happening To Those Elk in Wyoming?

Question:

Steve Lawson up there in British Columbia sent this to us over the Internet with the request we ask Awareness what in the world is going on here, what is killing all those elk in Wyoming?

Mass Elk Deaths in Wyoming May Be Tied To Seismic Activity...03/07/04

by Mitch Battros (ECTV)

Earth Changes TV Exclusive!

Beginning on February 6th 2004, ECTV was the first to break the news of a "removed" seismic event measuring 5.3 magnitude. This event was placed on the USGS (United States Geological Survey) seismic event website, and then suddenly removed sometime later. However, this 5.5 mag. event remained on the EMSC (European-Mediterranean Seismological Center).

In ECTV's investigation as to the cause of the removal, USGS representative Pam Benfield states "the 5.3 mag. event was not an earthquake; it was a mine-blast". This was the reason given as to the removal from the USGS website. When contact was made by ECTV to the Wyoming State Geological Survey in Laramie, Wyoming, supervising representative Jim Case stated "we were told that a 5.3 earthquake had registered on Feb. 6th in Wyoming. We believe it was a glitch and have no further information to report". When I informed Mr. Case of Pam Benfield's USGS/NEIC statement the event "was a mine blast", Mr. Case reacted with disbelief and

stated "no, I don't think it was a mine blast. If it was an explosion, and measured 5.3, we're talking something on the scale of MOAB or a nuclear device." He went onto to explain that it could have been a "mine collapse". However, a mine collapse would still not measure up to a 5.3 mag, but more likely a 2.5 to 3.5 quake.

After the Feb. 6th event, three other seismic events in the central and western part of Wyoming occurred. This time however, the USGS was quick to confirm all three post events were in fact earthquakes. The last seismic event occurred Feb. 21st and originally measured 3.2 mag. Then within 24 hours was escalated to a 3.6 mag. On Feb. 22nd just one day later, two elk still alive but paralyzed were first found by hunters. The Wyoming Game and Fish Department has since discovered over 300 dead and dying elk by combing the area on foot, four wheelers and by airplane.

The latest reports state the Elk were first paralyzed. "They are alert, but they just have no strength," said Kent Schmidlin, Lander, Wyoming region wildlife supervisor. "When we find them, they are lying down on the ground but they can't get up, almost like they are paralyzed in their lower extremities." Veterinarians, toxicologist and pathologist have been called to the scene, and are analyzing about 10 of the carcasses to determine what caused their death. Poison, disease and other factors are being explored, with preliminary results expected early next week.

Mr. Schmidlin of the WGFD states "The elk were all in good condition and there was no evidence they were harassed or run until exhaustion. Mother Nature can't be blamed either." Then what was the cause?

What would "paralyze" wild animals? Could it be toxic fumes such as "sulfur", which is known to kill animals and often occurs prior to a volcanic eruption? Is it radio active poisoning from an underground nuclear blast? Could it be methane gas fumes due to a mine-collapse?

Once again, far too many questions, and not enough answers. Are we witness to the first curb of a "Three-mile Island" cover-up? Is it just a coincidence that "four" seismic events occurred days prior to now over 300 elk suddenly dying by unknown causes? And finally, is it underground military

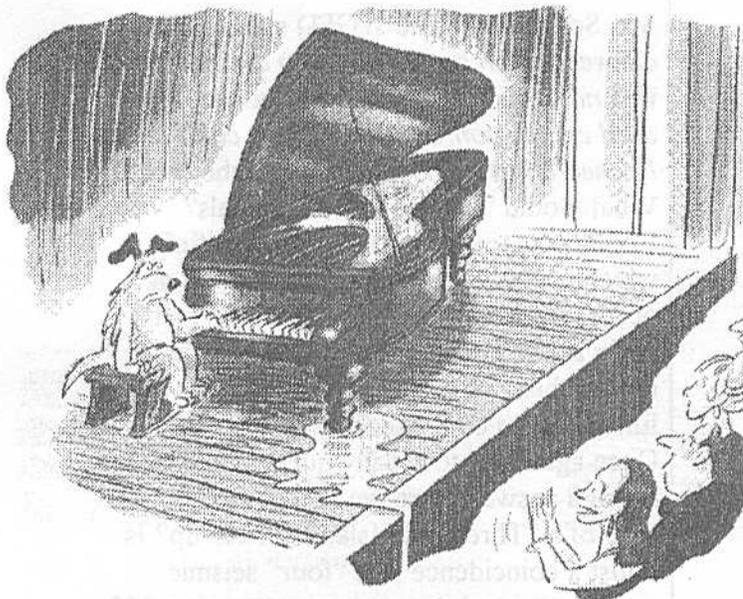
testing of bio-warfare which went terrible wrong?

Joe Nemick who is the lead wildlife biologist on the scene made the following hair raising statement: *"Right now, we are asking folks to stay out of the area so we can do our investigation and find out what is killing these elk."* Several square miles have been closed to the public. At the time of this writing, I have not confirmed if Yellowstone Park Super-Volcano is to remain open.

COSMIC AWARENESS:

This Awareness suggests that this event is the result of a combination of factors including geophysical phenomena, human activity, and the general population dynamics of the elk in the area. The most significant human factor is the encroachment upon habitats which has left many elk in a malnourished and weakened condition. Another human factor is mining activity that has altered the geological landscape in ways that have expanded connections between natural underground networks in ways that have constructed venting pathways for chemicals associated with volcanic activity. These networks are further expanded by seismic activity that creates many new fissures and more places for volcanic chemicals to vent into the air and otherwise create imbalances in the ecosystem.

This Awareness suggests also that the mass consciousness of the elk species has also contributed to this event, with the energy from their ever-increasing dissatisfaction of the limited life afforded them by humans, not unlike the situation with domesticated cattle. This as well as the collective energy from the spiritual pain of all species contributes to the seismic activity and other Earth-purging geophysical events.



Brilliant! - pity he disgraced himself between the third and fourth movements.

Excerpt from CAC reading 4-13-27-91 Paul Shockley Interpreter

Growing Hair Back Using Astrology?

QUESTION:

A question from manley Grooms, Jacksonville, Florida. He writes: "What follows are questions about an interesting and a common point of view. Does Awareness and/or your research agree with the astrological school of thought (see enclosed page, "Astro Almanac") that if one's hair is cut on a specific day or any given month of the year, then, for a example, this action at that point in time and space will help to increase the growth of the hair?"

It also says there are specific days for coloring one's hair. More importantly, if such a system exists to label which days are best for the desired effect, is the effect worth one's effort,--especially for people going bald?"

He sent in a copy of an ad called Astral Almanac and it says the best astrological days to participate in the following activities during a given month, and it lists things like applying for a job, asking for raises and so on; but he's interested in "cutting hair for added thickness."

It gave the month and about five different days for cutting hair: 2,6,7,16,24. Cut hair to increase growth: 3,12,17,21,30. Cut hair to regard growth: 5,10,13,25. And so his question, again, is: "Does Awareness, and/or your researchers agree with the astrological school of thought of the Astral Almanac attached, that if one's hair is cut on a specific day of any given month of the year, then will this action at that point in time and space help to increase the growth of the hair?"

"It is also said that there are specific days for coloring one's hair. If that is so, which astrological data best calculates the specific days. For example, is the position of the moon the only factor to consider, or are their others? More importantly, if such a system exists to label which days are best for the desired effect, is the effect worth one's effort, especially for people going bald?"

COSMIC AWARENESS:

This Awareness indicates that it appears the person doing the research or promotion of this concept has used astrology based on certain principles involved relating to the mineral content of hair, the make-up of hair, and certain astrological principles that have to do with planting of seeds and growth factors of the growth cycle, such as promoted by the Farmer's Almanac in growing crops.

It appears that the researcher made a leap in logic that if the growing of crops can be predicted, or influenced astrologically through the moon cycles in the various houses or signs, then the same principle should apply to the growing of hair. This Awareness indicates that it appears this is an unreasonable leap in logic.

This Awareness indicates that the aspects of the ingredients of hair and astrology could be logically linked in terms of the chemical and vitamin/mineral content in the hair as it relates to astrological influences. This would require a considerable amount of research to bring this into a workable system of analysis and projection. It does not appear that the entity who is promoting this information has researched this sufficiently.

This Awareness indicates the astrological classification of various vitamins and minerals found in hair would be the first requirement. That this may be done through the Dr. Schuessler's Cell Salts system and this Awareness indicates that then the application of the astrologically identified elements or substances in the hair could then be analyzed in terms of their growth, the

influence they have in the growth factor and whether the moon influences that particular metal or mineral or vitamin in a particular sign could be considered until all aspects of the hair/chemical relationship are determined in relation to astrological aspects.

Placebo Effect and Faith Could Grow More Hair

It would take a considerable amount of research and compiling of data to develop this into any form of scientific value. This Awareness indicates, however, that the one area that does appear promising in the proposed system is that of the power of suggestion: the placebo effect. If an entity cuts one's hair at a prescribed moment with the belief that it is going to cause the hair to become thicker, just the matter of faith may have some degree of influencing a thicker head of hair.

This Awareness indicates that it does not appear that this would benefit everyone, but might benefit those who are easily influenced by suggestion, especially if the suggestion is repeated over long periods of time so that the entity continues cutting the hair at a prescribed time for a particular purpose.

Male Pattern Baldness and Heart Disease

QUESTION:

Manley has one other question. He sent in an article about ... it says: "Male Baldness/ Childbearing linked to Heart Disease." In San Diego, (this was in last March) bald-headed men and women who bear five or more children develop blood cholesterol patterns that might raise their risk of heart disease. In a study of 872 electronics factory workers in Italy, they discovered that they found blood cholesterol and blood pressure levels rose with age among the 278 men with male pattern baldness, defined as a receding hairline and a bald spot on the crown of the head.

"The small but significant increases weren't found among the 320 men with full heads of hair or the 273 with receding hairlines, but not a balding crown." And Manley says: " My father died of a heart attack while in his late 40s. He also had male-pattern baldness. The question is: Is this report of any significance and have any truth to it?"

COSMIC AWARENESS:

This Awareness indicates that it appears to reflect the testosterone level in the male, which helps to cause the male pattern baldness and also plays a role in heart disease.

FOLLOW-UP QUESTION:

Does Awareness mean as the testosterone level declines the hair recedes?

COSMIC AWARENESS:

This Awareness indicates as the testosterone level is higher in a particular male, in other words, the male is more male, or manly than another might be, the entity will tend to bald more and the entity's testosterone level will cause a greater influence in terms of adrenaline and the so-called type A personality, which leads to high blood pressure and leads entities also into the more assertive lifestyle, which in turn reflects into the entity's diet.

High Testosterone Makes For More Meat Eating

The more the entity is assertive in this kind of energy, the expressiveness, the adrenaline type energies and so forth tend to influence an entity into heavier meat-eating. This Awareness indicates that an entity who is angry can, for example, revert back to primitive, what is called the reptilian mind/emotions, although they are not really emotions; reptilian instincts of wanting to devour

something, to destroy, to chew, to bite. It becomes a substitute for killing one's enemies as one chews on meat and therefore, the entity who has high testosterone levels may tend to become more involved in this kind of meat eating. The chewing actions helps to pacify the fighting instinct.

The biting and chewing relates to the more primitive instincts of the individual and the mixture of this diet, the adrenaline factor and other hormones related to the anger that an entity may feel can affect the circulatory system in building more cholesterol in the circulatory system. This Awareness indicates that the combination of higher cholesterol in the system and the testosterone effects on the entity's adrenaline and eating patterns which build that cholesterol contribute to the heart factor and also to the male pattern baldness factor.

Suppressed Anger and Baldness in Males

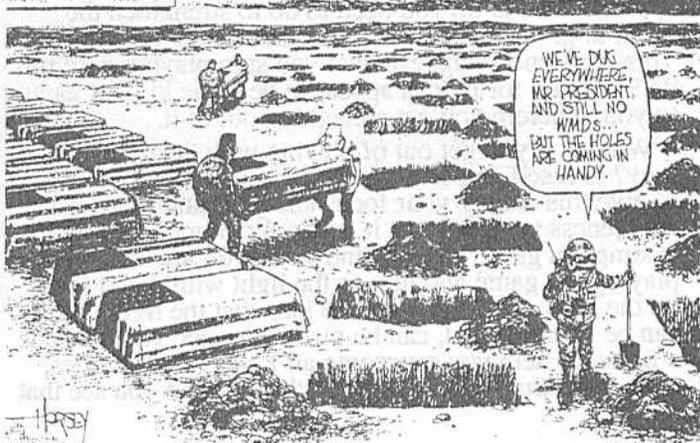
This Awareness indicates that generally, there will also be triggers such as incidents that cause the triggering of the adrenaline and these become factors to perpetuate the anger that entity's may hold. This Awareness indicates that sometimes the anger is unreleased, is held, and does even greater damage than if it is released through some kind of physical action such as mowing the lawn or working or doing something of a physical nature.

This Awareness indicates that it is better to let out this anger in a more productive manner in which one physically expresses oneself than to do so in a manner that is destructive to relationships or properties. This Awareness indicates that entities who have higher testosterone levels would be wise to avoid red meat and to eat meats of chicken or turkey or fish which is less harmful in creating and feeding the adrenalines or promoting the cholesterol in the system.

This Awareness indicates of course the switch to a more vegetarian or lighter meat diet such as fish and the chicken without fat; these are ways to reduce the cholesterol in the system and also reduce the amount of psychological dependency as a way of dealing with frustration; that when one is psychologically dependent on ripping meat apart to pacify anger, this can make for a very difficult habit, and if repeated enough can lead to heart conditions, poor circulation and high blood pressure.

This Awareness indicates that often the anger that entities feel are angers that have been held in check for many years, even from childhood. It is best to find ways to eliminate the anger, perhaps through counseling or perhaps through meditation wherein one may forgive those who have in the past caused the anger, so that the anger can be dismissed and the entity can go on with life without carrying past anger into each new experience.

IRAQ, ONE YEAR LATER...



Excerpt from CAC reading 3-10-95 Paul Shockley Interpreter

PSYCHIC SELF-DEFENSE: IS HE BEING ASTRALLY ATTACKED

(He Is Playing With the Dark Energies)

QUESTION:

We got a letter from Charles F., Marquette, Michigan, asking us for information on psychic self-defense. I'll read part of his letter and ask Awareness if there's something we can tell this entity. He writes:

"I am tired of getting attacked on the astral plane while I am sleeping. I have tried White Light meditations, chanting, calling out to angels and guides, candle rituals; you name it. I still do not have strong enough defenses. I want to build a strong powerful defense against any attack I might encounter.

"I do not know if it is one person, a group of people, or earthbound spirits or other astral entities. Whoever it is, or whatever it is, I want it stopped. Thought-forms I can handle, but this is much stronger than a Thought-form. It could be black magic or some other demonic influence.

"Anyhow, please send me the most powerful method you have for keeping myself free from these kind of influences. If you know anyone who is an expert in self-defense, please give them a copy of this letter. I would appreciate being instructed, either in written form or a cassette tape, by someone who has had experience in these matters. If in the meantime, please send me your recommendations on what you feel would be the best course of action."

COSMIC AWARENESS:

This Awareness indicates that it appears there is some psychological quality in your own mind that has strengthened the notion of psychic attack. In the sense that you believe this force is strong, it will remain strong for you. To the degree that you see it as weak, to that same degree it will become more weak.

This Awareness suggests that the best approach would be to look within yourself until you find a strong spiritual light and meditate on that spiritual light within yourself, giving it your strength, giving it your attention, and seeing it growing ever-stronger within yourself. As it grows stronger, you will find that the negativity you are concerned with grows weaker.

The more you strengthen the light within yourself, the greater your control over the negative force. This Awareness indicates, however, if you give the negative force your power, by thinking it is strong and powerful, then you will be weakening the light and the dark force will indeed grow more powerful.

This Awareness indicates it is all a matter of your own approach. What do you need to do to strengthen the light, to give yourself back the power over your life? This Awareness suggests that you stop playing with this dark energy, for it does appear to be some kind of game to you, wherein you get something out of it.

What is it you get out of playing with the dark energy? Is it self-importance? Is it curiosity that drives you to give this energy your focus and your attention? This Awareness suggests that it is simply unimportant and it is simply a game for you, and when you are through playing the game and turn to the light within and focus on the light within and get the idea that the light within can be strengthened, can be made stronger, can be made a friend to help you overcome all kinds of adversities, even more than this little game thing; when you see that

the light within can help you to accomplish great things with your life, and your focus turn toward building the Clear Light within, you will see that your little game with the dark force is not only unimportant, but even silly and foolish and you will lose interest in it, and you will focus on accomplishing something much more important with your life through the energizing of the clear light, the spiritual body within.

FREE ENERGY MOTORS CONFISCATED BY U.S. GOVERNMENT

(More on the McClintock Air Motor)

This isn't a question by the writer, but it's my question. Paul LeBreton in Burnett, Texas writes: "In October of 1943, with world War Two raging in Europe, an engineer brought an unusual motor to the office of Naval Research near Washington D.C. He laid it on a worktop bench. It was approximately 16 inches long, and 9 inches in diameter, and was running, and producing 290 horse power on the dinometer (sic) without electricity!

"Phone calls were made, and in walked three men in black trench-coats, flashed top secret ID cards, and took the motor and vanished." And Paul writes: "I can certify that this story is truthful and is the inspiration for MY magnetic motor." Now he's written to us before with plans about his magnetic motor and so forth. I'd like to ask Awareness two questions: Is that story true?, and secondly: Has Paul duplicated this motor?

COSMIC AWARENESS:

This Awareness indicates that it appears this story is true. It appears that the engine which this entity has created contains some of the similar principles but is not precisely the same. This Awareness indicates there is also the McClintock engine that was of a similar nature which was taken by General Electric and tested and used, which was also confiscated and hidden from humanity.

This Awareness indicates that a transmission taken from the same inventor was modified by the government during that time and introduced to military vehicles for World War II use, but this was later released after the war and became the prototype for the early automatic transmissions that now are used in most automobiles.

This Awareness indicates there may at some time in the future be a release of some of these unusual motors and inventions, but as long as entities have money locked up in use of carbon fuel sources, it is not likely that these free energy motors will be released.



Excerpt CAC reading #5-5-10-77 Paul Shockley Interpreter

Are There Mutants After the Atomic Bomb? (Some Surprising Information Regarding Antimatter Released)

QUESTION:

We have a question from Mary Gransberry, Shepardstown, West Virginia who has sent this question in several times. She writes: "I recently wrote asking you about the mutation of those born in the atomic age. Is it true that souls that incarnated after the debut of the atomic bomb are mutants which accounts for their being so different from those of us born prior to the atom bomb? Will Cosmic Awareness please comment on it?"

COSMIC AWARENESS:

This Awareness indicates that the release of atomic energy within the atmosphere of the earth; the radiation effect upon the atmosphere is likened unto bringing an influx of anti-matter into this plane. This Awareness indicates that anti-matter is Spirit; that, in general, the spiritual energy, the vitality and life force upon this plane as that which has increased since the advent of the atomic bomb.

More Spiritual Energy Isn't Always a Good Thing

This Awareness indicates that spiritual energy does not necessarily mean that things are better, for the energy of anti-matter is an energy that is of greater intensity. This Awareness indicates that an entity having greater life force than another may use that life force for good or may use that life force to bring harm to another. That an entity having greater spirit than another is not necessarily a more spiritual person. This Awareness indicates that the effect of anti-matter upon this plane may be likened unto a life force that is radiating within matters within consciousness, and within forms of the biological beings upon this earth, and the intensity can be harmful or can be beneficial depending on how this intensity is used.

This Awareness suggests that the general direction is such that those that use this energy for releases, for loving, for radiating, for expanding, for communicating, those entities shall profit and benefit from this radiation. Those who use this energy, feeling greater intensity and life force but turn inward and become selfish, seeking power, seeking to contain this energy, seeking to hold themselves separate and apart can use this energy to focus, to direct, to order and to control with greater intensity than they could have used before the energy was unleashed, but those entities holding this kind of energy shall find this energy creating various types of diseases. This Awareness indicates that they shall literally be burned up over a long period of time by the use of this kind of energy for selfish and personal controls.

LSD Is Also Anti-Matter Spirit

This Awareness suggests this may be understood better when viewed from the point of the use of LSD. This Awareness indicates that LSD was and is anti-matter-matter-spirit that has been placed into material form which, when unleashed, intensifies within the consciousness of the entity unleashing that anti-matter matter, intensifies the consciousness to such a degree that the entity feels himself or herself expanding with spiritual forces. This spiritual energy, this anti-matter can be turned toward the expansion of consciousness and heightening of awareness or can be turned toward facing some hostile force, toward directing some power and lust and greed concept, toward the worshipping of such forces, or toward the observance and conflict and confrontation of personal fears. And in such action the entity can have what is termed a "bad trip", a freakout situation. The entity can actually experience a living Hell.

Separating the Wheat From the Chaff

This Awareness indicates that the effect of nuclear fission being released upon this plane was likened unto the earth taking a dose of LSD, and each time this was repeated the entire earth experienced a new level, a new "trip". This Awareness indicates that the overall effect, while harmful in many ways, does have its better effect in that the vitality and life force, the consciousness levels must rise in higher vibration or shall be burnt through the aging process, through disease and radiation sicknesses. This Awareness indicates that this as a way of separating the wheat from the chaff; those who can raise in their vibratory rates shall thrive. Those who cannot shall perish.

This Awareness indicates in terms of the question, the entities born after the release of the atomic energy may be called mutants, if that word is desirable. In essence these entities were simply those who were brought into this plane under an influence of greater anti-matter. This Awareness indicates that entities giving birth to children wherein the mother or father has indulged in the use of LSD have created what may also be called 'mutants', if that word is desirable. That the effect is an altered state of consciousness, an altered state of balance between magnetic and radiant energies which would have been somewhat different in the case of the entities who had not indulged in the use of LSD, or in the case of entities having children prior to the release of atomic energy.

This Awareness indicates this basically is but a slightly altered proportion of magnetic and radiant energies; that each entity has some magnetic energies and each entity has some radiant energies, this referred to as the Yin and Yang balance; that the effect of nuclear energy and of LSD as altering the proportions of those energies; that this also can be altered through diet, through attitudes, through environment, and through weather to some degree.

TALK ABOUT DÉJÀ VU!

Another War Before Election Time

This Awareness indicates that there is another area that needs to be considered and looked at; this is in regard to further escalation of war, probably in the Middle East, between now and election time. This Awareness indicates that it appears that there is ample reason for some forces to see another war as being necessary for further manipulation of the masses toward the One World Government, and between now and election time, there will be some efforts by certain forces to bring off another war.

This Awareness indicates that the masses can be easily manipulated into war and from war into peace, and the manipulation can also direct other events or create directions for political movements that could not be easily created without the war being present as a motivating force to change direction of the masses. Thus, by creating a war and using the war to direct the thinking of the masses in a certain direction in order to achieve a lasting peace, the masses can be manipulated into accepting certain political controls over their lives that they might not otherwise accept, were it to have been imposed without the background of war.

Ed's Note: Here is evidence of Awareness's predictions being chillingly right on, just off by two administrations and 12 years!





"AT LAST... MY PRECIUSSS...!"

Excerpt CAC Reading 57-3-26-99 Grace Interpreter

Cause and Prevention of Alzheimer's Disease

QUESTION:

Another question from JD. Actually three. I'll read all three of them. "What is the ideology/cause of Alzheimer's Disease? What preventive measures can be taken against it, and what treatment can cure it? If not, what can halt or slow disease progression?"

COSMIC AWARENESS:

This Awareness suggests that in the highest most abstract impression, that this path of experience known as Alzheimer's, exists as an opportunity for entities to elongate the transitional periods between physical incarnation and the next step upon one's journey; that the very concept of it as a disease is distorted.

This Awareness suggests that although human interventions and environmental onslaughts have upset specific ecological balances, which do contribute to such disease processes which bring about the experience of this particular disease, that ultimately, it is a personal choice with spiritual benefits.

This Awareness suggests that on a more physical level, there are associations with specific genetics, again tying in to the spiritual choices, as well as specific deteriorations in neural/ synaptic pathways as well as accumulations of toxins in the tissues themselves. This Awareness suggests, however, that entities becoming overly involved with fearsome projections about such experiences do far more harm than good, and that in this particular case, there appears to be an energy associated with a belief that the gift of intelligence has been given and can be taken away through such a malady, and that such beliefs structures are entangled with those self concepts of worth and grace previously discussed.

Visualize an Alternative for the Alzheimer Patient

This Awareness suggests that entities seeking to prevent or eliminate such a course can, from a spiritual symbolic perspective and intervention, create through visualization techniques and thought projections, alternate endings. Rather than this particular slow and prolonged experience, entities can set forth in any present moment and effect alterations to chosen paths, and from a physical perspective to avoid toxic substances and lifestyles which perpetuate physical deterioration, as well as maintaining active self-development through intellectual stimulation, far on into the experience at every age, and not to assume that mental deterioration is inevitable, et cetera.

If we have completion, we can continue.

When Uncle Vern got Senile

(A Different Version of "Spirit Possession")

FOLLOW-UP QUESTION:

When I was a little boy, my Uncle Vern lived in the area, and he was getting old. I don't know how old he was, but at the time, he was getting strange, and one of the things that he did was he put on his old World War I officers uniform, and dug out his old World War I rifle, and chased his wife around the house. They'd been married many, many years and had children, yelling at her that he was going to kill the Kaiser. He saw her as the Kaiser of Germany who'd precipitated that particular war.

In those days they called it 'senility.' They didn't say that people who did weird stuff like this was Alzheimer's Disease, but at the time, even though I wasn't too aware of such things, I told my mother that Uncle Vern was possessed by a spirit, and I'm not at all sure that he wasn't. Could Awareness give a little insight on that? Was that theory true, or did he have Alzheimer's Disease? Or what was it?

COSMIC AWARENESS:

This Awareness suggests that again, there are unnecessary distinctions being made between one spirit and another, however, this entity was indeed possessed by a spirit, yet it was that which belonged to the identity of the entity that was recognizable as "your Uncle." This Awareness suggests that the differences observed between his normal orientation, his normal personality and individuality that was enjoyed as "your Uncle Vern," at the age when you witnessed this event, that the spirit perceived to be acting out in the manner described, as if chasing an enemy; the Kaiser in this specific case, is indicative of the traveling and disfocus of his consciousness.

This Awareness suggests that the appearance of a different spirit, or a different personality, is indicative only of the mobility of consciousness within a disfocused state, such as that of dementia or senility, wherein normal steps of consciousness passed in and out without ordinary perception throughout the day and throughout the dream process, and the pathways between normal focused mind consciousness and unfocused mobility of spirit.

This Awareness suggests that as the entity's spirit began to enjoy more mobility, yet still embodied in the entity known as the Uncle Vern, that he began to be respondent to alternate sequences of time wherein those limited to the momentary sequential experience of ordinary conscious focus would perceive the disparity in his focus upon an experience related to an aspect of his being from an alternate point in time and space. This event can be accurately described as your uncle's returning in his consciousness to a prior physical event or probable aspect of his own war experience, as he began to play with his newfound mobility of spirit. Mobility of spirit is the mechanism at work that has created the distorted belief in demonic possession.

Time to Rethink the "Demonic Possession" Concept

This Awareness suggests that the concept of demonic possession and such, has permeated throughout many religious traditions to the degree that entities have been kept from natural developmental understandings of their own mobility of consciousness and alternate focuses which would greatly facilitate their own development and expression, and overall purposeful progress.

If we have completion we can continue.

Excerpt CAC Reading 5-10-21-91 Paul Shockley Interpreter

WHY DID CATATONIC ENTITIES AWAKE, START TO LIVE AGAIN AND THEN GO BACK TO SLEEP?

(El Dopa and the Movie "The Awakening")

QUESTION:

There was a movie called *The Awakening* based on a book and research on a true story that occurred in a hospital somewhere in New York, wherein catatonic patients with problems of epilepsy, I believe, they all had this sleeping sickness, encephalitis when they were very young, and for 30 years they were institutionalized as the living dead, and then along comes this drug called El Dopa, which they were experimenting with and this awoke them from their sleep and catatonic states and they'd become human beings that would go out on little trips through the city and art museums, and they were all acting really happy and joyful and actually human for the first time in 30 years.

But after experiencing this life for a few months, they returned to their catatonic state. The drug evidently just stopped working. My question is: Why? Why would it stop, and wasn't 30 years long enough for these entities to live like vegetables, and what karma, if any, are they going through in this experiment?

COSMIC AWARENESS:

This Awareness indicates that disease in itself may be a kind of karma, but in many ways the cause and effect of a disease is something that bears its own timing and effects separate from any action of the individual during the course of the disease. The fact that the entities were ridden with the disease may have been karmic in terms of the initial contact with the disease.

This Awareness indicates that it is not seen that they contracted some kind of karmic debt because of the disease. This Awareness indicates that the drug or substance used in the temporary cure or near-cure of this disease was simply stimulating certain facets of the endocrine and hormonal system to function in a manner that helped to counter the effects of the disease, but as the body became used to this El Dopa, the body also became somewhat immune to it and it did not have the same effects.

This Awareness indicates that it was not a final or permanent cure. It simply dealt with the body in another way that stimulated it to produce substances that overcame some of the symptoms of the disease.

Does Awareness See a Solution?

FOLLOW-UP QUESTION:

In the story they didn't really know, the doctors didn't, what caused their problem, but they had the one thing in common, this encephalitis which is called sleeping sickness, which I think they get from a horsefly biting them or something. Does Awareness see any solution or any hope for entities caught in this, since the El Dopa doesn't seem to work?

COSMIC AWARENESS:

This Awareness indicates that it appears the work that is being done in genetic studies and research ... the name of the project is not seen...It is the study of the genetic mapping of genes in the human system and has been underway for several years. It is seen that this project will lead to the discovery of a deeper understanding of this particular disease, its cause in the genetic map, and the way by which it can be treated.

This Awareness indicates that it appears this will be one of the earlier diseases cured from the knowledge being acquired in this research and that in the future, the genetic mapping research will prove to be the foundation for an entirely new form of treatment of most diseases and that most of these diseases that have long been misunderstood or have not had cures, will be treatable.

This Awareness cannot describe a treatment for this disease in terms of genetic points on the genetic map which are not named or which do not have definitions in your language. This Awareness indicates therefore, the cure will have to wait for the mapping process to be completed.

Excerpt CAC Reading 2-3-19-89 Paul Shockley Interpreter

Doctors Make an Old Man Young Again?

QUESTION:

R.E. Edward copied an article from *Weekly World News*, February 28th 1989. I'd like to ask if this information is valid. "Russian Scientists Make An Incredible Breakthrough and Reverse Aging." It said: "Doctors Make Old Man Young Again. He's grown back all his hair and teeth. Amazing Victor Worshenski looks 65, but he's really 144. In 1947 Russian scientists began giving Victor Worshenski a drug they believed would reverse the body's aging process. Now, almost 42 years later, he's still alive, and growing younger every day. A full report on the astonishing achievement was made by Soviet researcher, Dr Karl Jedruchiev, after he gave up his post at the Institute of Gerontology in Kiev and defected to the West.

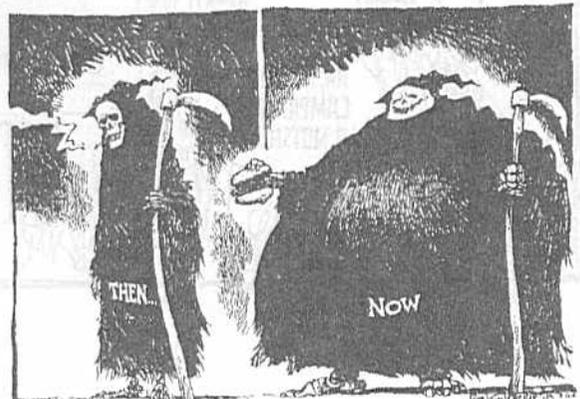
Dr J said: "We now have a drug that not only stops aging, it rejuvenates old cells and initiates new cell growth. Victor Worshenski is living proof that the drug really works, the drug Y344 (I believe it is) really works. "In actual years, Worshenski is 144 years old but looks, acts and feels like 65. His photo looks 65. The dark brown hair he had in his youth has grown back, and he again has all of his teeth. His wife said, "It wasn't easy watching him grow younger, while I grew older."

The story adds, "The rejuvenation is in a series of injections. It's stabilized aging. It's widely tested and works uniformly, and they think since the cold war thawing with the USSR, that the drug will become available in America."

Will Awareness comment on that information please?

COSMIC AWARENESS:

This Awareness indicates that essentially this information as accurate. This Awareness sees this as being introduced in approximately five years and being available to entities between five and ten years from now, without great difficulty, as time progresses.



Are There Any Anti-Aging Products Now?

FOLLOW-UP (AVATON):

Is there anything new on the market that would help entities along this line until this new drug is introduced?

COSMIC AWARENESS:

This Awareness indicates that those things which have been previously mentioned, as GH3 and SOD and all of the antioxidants are seen as beneficial. This Awareness indicates also beta-carotene and the use of vegetables. This Awareness indicates particularly, the greens and those vegetables which grow above ground, along with carrot roots and certain other root vegetables; the ginseng and also gota kola is seen as beneficial. This Awareness indicates that there are benefits from certain minerals and vitamins. Germanium as being one. Coenzyme 210 as beneficial. This Awareness indicates that bee pollen as being highly beneficial, in keeping entities in appearance.

This Awareness suggests the entity Ronald Reagan and Nancy have used Bee Pollen for many many years, and this as being attributed to his youthful vigor and appearance. This Awareness indicates also, royal jelly as having benefits. This Awareness suggests that other things which can help keep entities young are proper exercise, good oxygen in terms of healthy air to breathe and good diet. This Awareness indicates also, a healthy frame of mind in terms of one's attitude toward life. The happier the entity, the more the entity will enjoy and cling to life and the greater happiness and enthusiasm, the greater vitality the entity has in terms of strengthening the immunity system.

Things to Strengthen the Immunity System

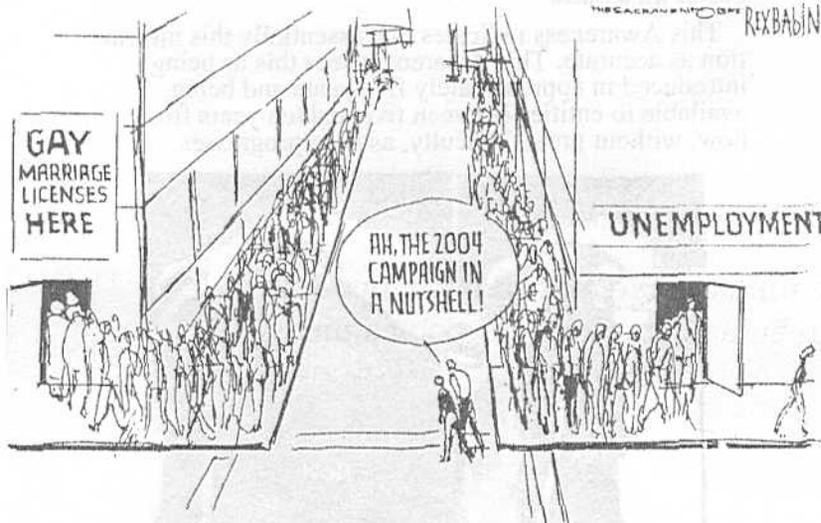
This Awareness indicates also, there are certain things beneficial to the immunity system: the use of Vitamin C, beta-carotene and all of the antioxidants, can be beneficial in strengthening the immunity system. Essentially, much of living long life has to do with warding off disease or malnutrition, but there is also this other element in which by strengthening the cell itself, rejuvenating the cells, the actions becomes more pronounced, whereby the immune system is strengthened along with the rejuvenating action, so that one needs not depend so much on external foods and supplements to strengthen and preserve the immune system.

How do you think WE feel? Allowing gays to marry makes a mockery of ALL SEVEN of OUR marriages!



This Awareness indicates that the immune system is damaged by toxins from environmental and from dietary and from mental states, and the immune system can be strengthened from these states when given beneficial influence on the body. In other words, the right diet, the right environment, the right exercise and the right mental state can strengthen the immune system. This Awareness indicates that these other substances, such as this rejuvenating drug in the form of shots, may be seen as a different type of rejuvenating factor, to feed the cells more directly, to bring greater vitality to them, and this can have a more pronounced effect, not so much in warding off the aging process, which is essentially due to radiation and toxins, but in *reversing* the aging process by removing radiation and toxins at a greater speed, and by also feeding the cells the vitality characteristic to them for their own needs and rejuvenation.

This Awareness indicates that this as that which appears to be available within approximately five years; that in some instances, entities may find the ways of acquiring it sooner.



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MEMBERSHIPS AVAILABLE (Honor System!)

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 SPONSORING: \$144 per year or \$40 per quarter
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 PATRON: \$1000 per year or \$250 per quarter
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