

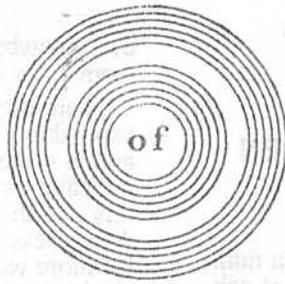
# Revelations

The Cosmic Newsletter

E-mail: [CosmicComm@aol.com](mailto:CosmicComm@aol.com)

INTERNET DOMAIN: [www.CosmicAwareness.org](http://www.CosmicAwareness.org)

FAX: 360-352-6294



# Awareness

COSMIC AWARENESS COMMUNICATIONS

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Helping People Become Aware

Celebrating our 33<sup>rd</sup> Year!



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## MALE SUPERIORITY OVER WOMEN

(How Did It Ever Get That Way?)

## QUESTION:

Joyce Williams has a question which contains a number of questions. I'll read her statement and then re-ask any questions Awareness has on this. She writes:

"I have a question for Awareness. When and how did the concept of male superiority get started, and what were and are the factors in perpetuating this, and why did and do females continue to support this, either by bolstering up the male individually, or as a group continuing to endure abuse and disrespect?"

"Wife beatings and abuse, including the current flare-up of bride-burning in India, where the man dowses the woman, after the dowry and marriage, with kerosene, and lights the match --- the bride-leaves her family and goes to live with the husband and his family --- assumably the man goes on to marry another bride with dowry."

And she goes on: "In what societies as a whole, have women been respected? The bushmen come to mind. Perhaps did women lose value when humans ceased to be nomadic?"

"I think there's a lot of information in this area Awareness could reveal. Had women been in charge, it doesn't seem the world would be paved with concrete. Surely male energy on earth couldn't have been a mistake however, as humans treat the earth, so it appears the males treat the females---possibly some part of a larger evolutionary scheme. Women are becoming known as the largest group world-wide who are discriminated against. Would you please ask Awareness about this subject?"

## COSMIC AWARENESS:

This Awareness indicates that prior to the Christian era, there were religions that encompassed a more balanced relationship of the gods, wherein women often represented as gods, held greater influence over the affairs of humans. This Awareness indicates that in tracing back even further, in the tribes of early humans, there were often women who ruled as leaders of these tribes and the men were simply sent out as hunters. When the tribes were small it was important that children be born, and therefore, women were highly prized because only the women could increase the population of the tribe, but it did not take a man for



ADAM AND EVE : DAY ONE

every newborn child in the tribe, while it would take a woman for each child born.

Therefore, the women were more prized and men were expendable. Therefore, men were sent out to do hunting and in some cases, to fight off enemies. This Awareness indicates that for many centuries, for thousands of years, this was the way of the world in some cultures. This Awareness indicates that as a consequence of this need for more women, one tribe might raid another tribe and steal its women and bring back the women. This in turn left a tribe full of men with few women, and therefore, those who had a need for women would then raid the other tribe and fight over and bring back their women, and this struggle for domination between tribes was part of the cause of early tribal wars.

### The Captor/Captive Role Was Established Early

This Awareness indicates that as a result of these early tribal wars, men became more aggressive and assertive in their desire to control, even to control the women, for the women could be loyal to one man at one time, and upon being stolen by another tribe, would then be loyal to the other tribe's men, and therefore men became protective of their tribal women, and in their protective attitude they also became captors, and the captor/captive role was established early in the relationship between men and women. This Awareness indicates that it has not changed much through the centuries. It became even more pronounced with the Christian religion which hid its deities as two male gods, Father and Son, and a nebulous god referred to as the Holy Ghost; the Holy Ghost not being described as either male or female.

### In The Christian Religion The Only Female Was Mary

The only female being presented in the Christian religion was not presented as a god or goddess at all, but simply as an earthly mother of the god Jesus. Over the years, this entity Mary has been elevated gradually in some areas of the religion, to a position similar to that of Isis or other deities of earlier religions so that there is a certain degree of femininity in the Christian religion for some, for especially the Catholic religion. Most of the Protestant religions give Mary a very limited role and do not worship her or see her as a goddess at all, but see her simply as a mother of the man born as Jesus.

The teaching of the Christian religion basically is that of a hierarchy in which God is male and rules. They perceive God as a human; vague, with features not clear, with no specific description. You cannot find any place where he is described as having any particular hair color, eye color or skin color, although most entities following the Christian religion perceive him to be whatever skin color they themselves represent, but they do tend to perceive God as being humanoid in shape, and male in sexual gender, and they perceive the Son as being male, and they see this hierarchy of Father, -Son and the male parent of the family followed by the female parent of the family, and last, the children in which they tend to see the boys as being more socially important than the girls and the girls as being in charge of the preservation of their virginity, that being a major occupation of young girls, or major office of young girls; to preserve their virginity until marriage.

This Awareness indicates that this is the way they perceive the hierarchy and value system in regard to family and the extension of a family into the Divine Family. Mary, the mother of Jesus, or as the Catholics would say, the Mother of God, is given a shadowy position in the Protestant religion, a position that is vague, that hardly counts in the hierarchy at all. She is just there to be remembered as the mother of Jesus, and as a virgin, but for any other purpose, she has none.

This Awareness indicates that this tends to color the Protestant's thinking in regard to women. They are there to serve man, to help men become gods, to help men develop into that spiritual leader that is their destiny and they must preserve themselves for the glorification of man. In other words, they must elevate his ego. This Awareness indicates that this has been the major influence on today's society in this particular religion. The Moslems being even more extreme. These entities have no significant feminine figure in their religion. Mohammed is seen as the prophet, but where is Mohammed's mother or wife in the religion? Where is there a role model or representative for the women?

#### Where is Mohammed's Mother? No Women for Muslims

The Mohammed or Moslem religion is void of any significant feminine deity. Therefore, women are there only for service to man. They are but property of men. This Awareness indicates that it is a sad arrangement that half the people in the world have no voice in forming a more equitable balance of society, because the major religions have created a pattern which everyone tends to accept without questioning. It is as though the ideal family was that kind of family in which the mother had passed on and the child or the children and the father exist as a widowed father, and the children as being motherless, and if that were the ideal family in a society, then how would the rest of society relate to each other, and to the mother in trying to form their ideal based on that pattern?

This Awareness indicates that the religions essentially are not balanced as models for the ideal family, and the roles of women have been neglected in these religions. This Awareness indicates that until women make their position clear, men will continue to take advantage of and promote these patterns that keep women subjugated, because men, just as women, want to have more influence. Men have greater influence through religion and through physical strength, but women have greater influence through their ability to create or deny comfort and generally, women use that influence by creating or denying comfort to man.

#### The Complaints Men and Women Have Against Each Other

This Awareness indicates that the complaint women have toward men is that they are too aggressive, bullyish, demanding. The complaint that men have toward women is that they manipulate through the denial or presentation of comfort toward men. This Awareness indicates that this arrangement as that which is a natural outgrowth of survival needs and the selfishness of individuals; that this can be altered as entities become more sensitive and respectful of each other and not take advantage simply because of size or sex, or not attempt to control another through manipulation or coercion.

These are the areas which need to be addressed in relationship between men and women. Unfortunately, too many men prefer the domination role because their ego feels threatened if they aren't able to dominate those around them. A democratic family is hard to find. It is somewhat difficult for entities to be democratic when they hold the gun, the club, the muscles or the power, to avoid being democratic and to get their way by sheer force of will.

#### The Problem Does Not End With Man and Woman

This Awareness indicates that there is no easy solution. It must come about by confrontations and time and constant struggle, and general conflict between the sexes. This Awareness indicates that the problem does not end with man and woman, it also appears in human relationships between adult and child, and when entities look at children as objects, just because they are smaller

and can be pushed aside so that you can get on to doing what you want to do without their interference, or when parents or adults look at children as though they are stupid because they do not know as much as you know from your 30, 40, or 50 years of experience; when parents look at children as though they have no rights because they are simply children, these entities are also carrying on that same kind of violation, for these children are people, even when their bodies are small. They have feelings. They have needs. They have the ability to learn what is right. They have the ability to learn what is fair.

They have the ability to learn what it is necessary to survive, and if you teach them might over right, or personal preference over justice and over what's fair, by your behavior toward them, these are the lessons they are learning. But if you teach them if they need something, to talk to you; if you don't want them to do something and you can sit and talk with them until you both have an agreement and understanding, then indeed these children are learning things that will be beneficial to them. If you teach them that because you are big and they are small, they have to look out for you and get out of your way, the next thing you will be seeing is that they will be doing the same thing to their little brother or little sister or to their children.

This Awareness indicates that human violations can only be countered by respect for each other. Unfortunately, the weaker cannot always demand respect and get it. There are ways, and given enough time, entities can outgrow these petty tyrants in their lives and find ways to gain a degree of freedom, but the greatest freedom is to be free of those programmings that were put upon you by those who were unfair, for to be free to coerce and control and manipulate and harm others in the way you yourself was harmed, this is not freedom. This is simply transferring of power.

This Awareness indicates that the greatest freedom is to avoid being so dependent on another that you cannot find a way to escape when they are cruel to you, and you cannot have the courage to stand up to them, and challenge them, and demand that they cease in their cruelty. This Awareness indicates that everyone has the need to survive. Everyone has the right to survive in comfort, in as much comfort as they themselves can earn for themselves, and not to be denied comfort simply because someone else finds greater joy in taking your comfort from you.

This Awareness indicates if you find yourself in a position of being enslaved by another, of being violated by another, of having your comfort denied because of another, and this denial is not justified, then it is important that you seek redress from someone who has the authority or that you escape and find freedom elsewhere, if you cannot alter the situation by direct confrontation with the entity who denies your rights. This Awareness indicates unfortunately, there are many who suffer from the cruelties of others, and unfortunately, there are some who cannot possibly escape the torments of others.

This Awareness indicates that wherein an entity has suffered under the torments of another, but has through time, or through the help of others, or through good luck, lived through and survived and escaped, then it is important, it is most important that the entity alleviate the trauma that was caused by that torment so that the entity does not carry to the grave, the marks, the hurt, the pain, the guilt, the suffering that was imposed upon the person by the tormentor. Why should you carry torment from one who had no right to torment? Why

should you carry this any longer than is absolutely necessary?

This Awareness indicates that too many women have been violated by men, and too many have not thrown off the trauma of those violations and continue to carry those violations with them, even long after the event, and many carry feelings of guilt as though they had some part in bringing the torment upon themselves, and many carry feelings of anger, as though that anger would somehow avenge them, and make everything right, and many carry the feelings of rejection, as though that torment was a way of telling them, "You are no good!"; even though they themselves may have done nothing to really bring on the torment, and these feelings, and other feelings that entities carry after the events continue to torment them. Deep within themselves these energies continue as though they were some kind of seed planted by the torment to grow demons within the entity that causes the entity further pain, even as years pass, as decades pass, and some entities carry their secret hurt as though it was a badge, making them a great martyr, even though they themselves did not deliberately martyr themselves and were simply the victim of someone else's aberrations.

This Awareness indicates that it is best to discard those old feelings, those old hurts. They do no good. It is best to see those pains as being the outgrowth of someone else's sickness that are no longer and never were necessary for you. They were simply someone else's garbage tossed at you, because the other had no decency at the moment. Too many entities would rather see themselves as being the cause than to blame the violator, especially when the violator is someone close, a loved one in the family, a husband, or a lover of the past. They're rather think that they themselves did something wrong when in fact, it was the other who had the problem, thus, the other person's problem they make their own, and they live their life as though they have a problem when in fact it was someone else's problem that was dumped on them.

This Awareness indicates that if one has to be raped or violated, at least don't carry it psychologically any longer than is necessary. Do not let it color your future relationship with others. Do not let it hurt you in your spiritual and personal self-image. Throw it off. Recognize it to be someone else's problem. Just because someone dumps garbage on you does not mean that you must always carry their garbage.

### After the Abuse What Can a Woman Do?

#### FOLLOW-UP (VIKKI):

Would Awareness recommend any programs that would be effective for say, a widow who has had years of torment from the husband and that's been released, what she would do next?

#### COSMIC AWARENESS:

This Awareness suggests that there are groups or can be formed groups such as women's groups, or victim's groups wherein entities can get together with others and talk about these things, and in the very talking can help to alleviate much of the difficulties that remain on a psychological basis. It is often a case however, that entities tend to wallow in their misery, and come together to see who can tell the most miserable story, who can have the worst event, and in telling these events together, may wish to prolong their suffering.

This Awareness indicates that even this can have benefits, for after awhile, anyone becomes tired of hearing the same old thing, and when one tires of

hearing these things repeatedly over and over, then the entity begins to get bored with the whole subject. When this occurs, the emotions are generally released. This Awareness indicates another benefit from such encounters with fellow victims is that often your own experience may seem to be beyond comprehension or beyond anything you can endure, until you hear someone else who has had similar experience, or worse experience, and then you can feel the reality, either of being grateful that your experience was milder than that person's experience, or if your experience was not milder, but the other entity is taking her experience more seriously, you can find yourself becoming compassionate to the point of wanting to help that entity, and in so doing, you find it helps yourself.

So there is much that can be gained by entities coming together and discussing these things with each other. This Awareness indicates that entities can do this even while still living with their spouse or in a situation wherein they come for example, as a woman's group, and simply talk to each other about the things that they endure. This Awareness indicates to have some kind of support group in your life if you are suffering from abuse is *essential*. If you cannot get it from your peers, or your family, then it is urgent that you make contact with some official organization or social establishment that is set up to assist entities who are being abused.

### Still Discrimination Against Liberated Women (The Two Major Causes of Conflict Between Men and Women)

#### FOLLOW-UP (AVATON):

Joyce had a few other questions on this subject of the power inequalities between men and women, and she writes that: "Women are becoming known as the largest group world-wide who are discriminated against. For awhile, American men appeared to be progressing in regarding women as equally valuable. There now appears to be a regression, with an increase of male violence against women, more anti-women jokes express distrust and anger toward "liberated women".

"I can see the possibility that men started the process of understanding women and their place, sharing more of the menial work, housework and so forth, and then saw the enormity of the process and retreated. I can also see the probability that as men started the process of being co-equals, women expressed pent-up anger about past and current situations, causing men to retreat to previously held positions of power and domination." Could Awareness agree or disagree with these?

#### COSMIC AWARENESS:

This Awareness indicates that there is an element here that tends to escape the observation of most women in regard to men. There is an element within men that women seldom realize is present, just as there is an element within women that men have difficulty in coping with. These two elements are the major cause of conflict between men and women. The element in men is that they love freedom more than they love women. The element in women is that they want control of their lives and their man in order to feel secure, and these two conflicts, the desire for freedom and the desire for security are the two major conflicts between men and women.

Women want the security because their entire orientation is to create future generations and to set up a survival of the species through the help of men and family situations, therefore, in seeking to establish security for themselves, for their family and for survival

of the species, they need or feel a need to have some degree of control over the man.

#### The Male Feels a Need of Freedom to Create

The man feels a need to have freedom to create, because he cannot have babies except through the woman, he cannot create in the same way that she creates, thus, he must make his creation as a mark on society or on the environment, such as the building of roads, or the occupations and pursuit of careers, and therefore, the man in his pursuit of freedom to be creative is vulnerable to any attempts by the woman to curtail and control him when that curtailment and control threatens his freedom of creativity, and if it is too threatening, he will object and confront, fight or will flee and seek relationships with someone else.

And if the woman feels the security of the family is not present, if she feels the security is not being provided, she will tend to look elsewhere if she cannot get it from the man, or she will attempt to fight and struggle against him, manipulate or coerce, in whatever means she has to get him to provide the security. If this cannot be gained then she will turn her back on him and become cold toward him and look elsewhere for security.

This Awareness indicates that a compromise, wherein the woman seeks to provide herself with her own security, or tools for having her own security could help her in her struggle and could break that codependency on the man. The man himself, in seeking freedom might also compromise to recognize the need to provide security for the wife and family, so long as there are certain areas that he still has which are precious and valuable to express his need for freedom and creativity.

It is possible for these conflicting energies to both coexist side by side, when entities can discuss these things together, and when entities understand the difference between the sexes in these psychological areas,

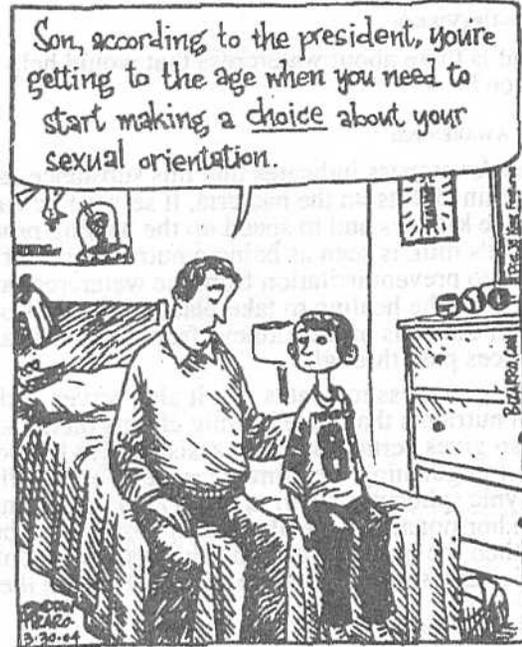
#### The Insecure Woman Often Turns to the Father Uncle Sam

This Awareness indicates that often the woman, not finding security from the man, will either turn to another man, or in today's society, will turn to the substitute, the vicarious father of many families, known as the government, wherein Uncle Sam takes care of the family and the father, seeking freedom, turning from the support of the family in order to be more in charge of his life, not really knowing what he wants, but he knows he wants to be free, abandons the family, and half the time ends up living alone and miserable either on the street or in a cheap apartment, or otherwise, might start over again with a different spouse, but having the exact same problems because he never learned anything the first time, and half the time, the man seeking freedom, leaving and abandoning his family, eventually is caught and forced to pay alimony or child support, and is forced to pay the support that he denied the family when seeking his freedom.

So nothing was gained, though the family and the love and the relationship was destroyed. This Awareness indicates that if entities understood this aspect of men and women, wherein men seek the freedom of expression and women seek security for their expression and they can talk about this and work out and negotiate ways wherein each gets some kind of tradeoff, then these marriages and families will have their opportunities to survive and grow and be healthy.

This Awareness suggests the Interpreter be brought from trance; that these questions may continue in the next reading.

The Law of Gratitude is given)



Excerpt CAC Reading 4-10-25-91 Paul Shockley Interpreter

### An Herbal Cure For Kidney Disease (Would This Take Sam Millar Off Kidney Dialysis?)

#### QUESTION:

We received an anonymous letter to forward to Sam Millar. I'd like to read this and ask Awareness if this information is worthwhile for Sam. It says: "This is very important information concerning a 100% cure of your bacterial kidney dysfunction. The vision from the Creator is accurate. Your unbelievable contributions will continue in the future, to the help of so many people. As it stands now, considering all the variables, your projected life-expectancy is two years and seven months.

Here is the cure: Drink two and one half quarts of raw goat's milk per day. Remember, it must be raw goat's milk. It is best to procure a goat farm or someone with a small goat herd. Do not use the health-food store or supermarket variety. This will heal the kidney dysfunction by 94%. The second thing you must do is to eat two bunches of watercress per day. Make sure it is raw and eat it with goat's milk and soup and so forth so it doesn't cause burning urine. Don't worry about the burning urine. Just take a little more goat's milk when you eat it.

This will complete the remainder of the 4% necessary for the 100% cure. In addition, the watercress kills the bacteria and protects you from further infection. Best of luck!" And this entity never signed. We don't know who sent that. Is that information valid for Sam's problem? As you know, he is now on the kidney dialysis machine.

#### COSMIC AWARENESS:

This Awareness indicates that it appears the information can be beneficial, and that *It* does not see any harm coming from this. This Awareness indicates that it does appear to have beneficial effects, as suggested. The duration has not been given. This Awareness indicates it apparently is to be used until the entity perceives a cure has occurred.

#### FOLLOW-UP:

Sam is on a dialysis three times a week. We gave him this information, but he won't try anything unless his doctor tells him to.

#### COSMIC AWARENESS:

This Awareness indicates that this is in the affirmative; that it is unlikely the entity will use the technique or products.

## Why Watercress and Goat's Milk?

### FOLLOW-UP (VIKKI):

What is there about watercress that would help in this situation?

### COSMIC AWARENESS:

This Awareness indicates that this substance as having certain effects on the bacteria. It serves to cleanse the body, the kidneys and to speed up the healing process. The goat's milk is seen as being a nutrient and serving as a buffer to prevent irritation from the watercress and also to allow for the healing to take place as the milk serves to buffer the cells of the kidneys from irritation, as substances pass through.

This Awareness indicates that it also serves with certain nutrients that have healing effects on the kidneys and also gives certain immune assistance to the body itself, strengthening the immune system, especially with gamolytic (phonetic-spelling only) acid, triggering certain hormonal and metabolic responses in the body, to strengthen the immune system. The system becoming healthier as a sense of well-being is felt within the body.

### FOLLOW-UP QUESTION:

He says this would actually produce a 100% cure. Does Awareness see that figure as being accurate?

### COSMIC AWARENESS:

This Awareness indicates that a cure only occurs when entities mentally are ready for a 100% cure. A substance taken by an entity who does not wish to be healed will perhaps be helped considerably, but without their willingness to accept total healing, it does not occur. This Awareness indicates the mind is the factor that determines health or illness. The various medications only assist in that process which the mind chooses.

This Awareness indicates some entities could take that which would be poison for another, but because they want to recover, because their mind is strong, they survive where others would die. Another might take a medicine that would be a hundred percent helpful in the recovery because the entity wants to recover, while a different entity could take the same medicine and still not recover.

This Awareness indicates that this combination is seen as that which can be helpful for those who sincerely seek recovery and for those who do not, it would not be one hundred percent certain for recovery.

### A Warning About the Threat From AMA: You Could Be Arrested for Prescribing An Aspirin or a Glass of Water

This Awareness wishes to make a comment here for the membership to understand also the past few years have created certain situations wherein entities are in a precarious position regarding comments or statements of cure of any illness or even the prescription for a cure. This Awareness indicates that in recent years, the medical profession has classified various substances with a certain pharmaceutical numbering; that things which were once considered as food have now been given pharmaceutical drug numbers so that anyone recommending another should go home, drink lemonade, take an aspirin and go to bed could be thrown in jail for prescribing.

### Prayer for Balance

Start your day and end your day by saying the following aloud:

I AM ONE WITH ALL THAT IS!  
Thank you God

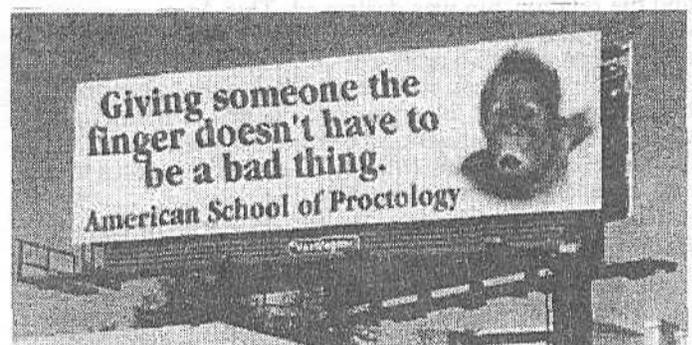
### Wisdom of Awareness...

### On Jehovah

This Awareness indicates Jehovah basically is a money god. The Hebrew or Jewish culture moved for these thousands of years through the world using the economic systems in a manner that allowed advantage to those who followed the Lord God Jehovah, the powerful, jealous god which represented the qualities which controlled the material world. (Issuc 78-29).

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Excerpt CAC Reading 6-6-9-95 Paul Shockley Interpreter

## Homosapieosophy: The Love, Study and Wisdom of All Humankind

### QUESTION:

A question from Judith Cason Wilson MA, Snow Camp, NC. She writes: "A while back I wrote asking This Awareness to expound on a doctorate program for the 21st Century. Would you please ask Awareness to continue the response, especially concerning the Hermetic Philosophy and the Cabala, and Hermes Trismegistus?"

"I have coined a multi-cultural word: "Homosapieosophy" (I believe it's spelled) the love, study and wisdom of all humankind. An underlying spiritual psychology and philosophical approach to humanity's evolution and to higher consciousness, this creating a new spiritual world awakening in the universe. (sic)

"Would this Awareness comment on the possibility of a new study: Homosapieosophy? Is there a new species of humankind being designated to replace Homo Sapiens?" Well, she's asked several questions here. Her basic question is to ask Awareness if *It* would continue on *Its* dissertation that *It* gave some time back, and this time she's asking if *It* would go into the Hermetic Philosophy and the Cabala and Hermes Trismegistus."

### COSMIC AWARENESS:

This Awareness indicates there is already a considerable amount of information out on these topics that entities can research on their own. This Awareness indicates that it is unclear as to what the entity seeks from this Awareness in regard to the discussions on these topics. *It* has given a certain amount of information previously, and with that which is available on the marketplace, it is a question of focus. Toward which area of focus does this question relate? This Awareness indicates that it is such a broad field.

This Awareness indicates there are the many teachings attributed to Hermes; the most common features, principles relating to the concepts of "As Above So Below"; "As Within, So Without"; but there is so much information on this in books on Hermes that this Awareness could not in a single reading cover all the information on this.

This Awareness indicates however, that it is important for entities to realize that the literal application of this information has good meaning; that the principles of studying the atomic and subatomic parts can have a correlation with things of a macrocosmic quality. This Awareness indicates that in fact, there is one scientist who studies the microcosmic realm by studying the macrocosm: looking out at stars with a telescope as well as looking inwardly with microscopes, and when the microscope is not able to magnify sufficiently, he looks to the telescope and finds a parallel in the macrocosm to get information regarding the microcosm.

This Awareness suggests that the entity in writing her thesis would benefit considerably by researching works pertaining to the Hermes philosophy; that she could then look up those areas of particular interest to her and her thesis. This Awareness indicates that *It* has always recommended that entities research what is already available to them. This Awareness suggests if there are specific areas of question in regard to this material, after the entity has done her research, that the entity may then submit such questions.

## IS THERE A NEW SPECIES OF HUMANKIND TO REPLACE HOMO SAPIENS?

### QUESTIONER (AVATON):

Yeah, she's writing a doctoral program for the 21st Century, and I believe her original question Awareness got into some time back was "Would *It* give an outline or something to that effect of what philosophy and religion would be best for entities after the year 2,000?", or something to that effect. How about this question she asks: "Is there a new species of humankind being designated to replace Homo Sapiens?"

### COSMIC AWARENESS:

This Awareness indicates there is seen that mutant being created by aliens to replenish their own kind using human genetics and cross-breeding or cross-genetics to help replenish their own fading species. This of course is creating a news species: part human, part alien. This is in reference to the Zeta Reticuli species. These entities having for many eons worked to rid themselves of emotions and finally ridding themselves not only of emotions, but also of the astral body and of any sex drive for the most part so that they relied almost entirely on genetic engineering to recreate their species, but having found after a certain number of repeated generations that the species was becoming weaker from the making of a copy of a copy of a copy of a copy et cetera, finally determined that they needed to have some new genetic input and chose the human race as the source for new genetic input. It is for this reason that they have been abducting humans and experimenting with sexual and genetic experiments to help create and add a new stock of genetic and sexual mutations into their species using human genes and cross-breeding.

### Photon Belt Energies Affects the Cellular Levels of Humans

This Awareness indicates that there is a large number of mutant entities now in existence with the alien visitors that could, in the near future, become the origin of a new species, particularly if something happens to the human species on the surface of the earth, so that the sub-surface cross-breeds might then take over as they emerge from underground. This Awareness indicates however, that this is still in a speculative and hypothetical stage.

There is also the potential or possibility of humans moving through a very quick evolutionary change from the movement into the Photon Belt wherein as the energies on earth begin to change, it affects the cellular levels of the human body to bring about a kind of rejuvenation and restructuring of thought and chemical qualities. This Awareness indicates that this is seen as a very strong probability which may already be noticeable by the close observer who is able to measure or define subtle changes in the human body from the last century to that of present time. Of course much of this can be attributed to the change in diet, but much can also be attributed to the change in consciousness that is occurring on this plane.

### Many New Being Type Children Being Born Now

This Awareness indicates that children being born during this last half of the 19th Century as a rule are more symmetrical and physically well-balanced than were the children of the last century. This is partly because these children are being born with certain psychological and spiritual harmony that has progressed beyond what was available in the last century. This Awareness indicates you will see more of these New Being type children being born as entities move closer into the next century and as the Photon Belt energies begin having greater influence.

**The Concept of Eternal Insecurity as Part of Living:  
(Some Untouched Key Factors in the Pursuit of Happiness)**

This Awareness indicates that part of the philosophy the entity can promote which this Awareness has discussed previously would be the idea of the concept of security as it has been known in the past wherein entities have struggled to be secure and have fought and killed one another to make themselves secure and that there is in reality *no* absolute security and that entities in recognizing there is no absolute security must at some point accept the idea of Eternal Insecurity as part of living. This Awareness indicates once they accept the Eternal Insecurity, they must learn to live with insecurity in a way that is not troublesome to themselves nor causing trouble to others. In other words, considering insecurity as perhaps an unwanted guest in your home or in your life, you must learn to work around your insecurity, to carry on your life in spite of the presence of insecurity in your life and to learn how to function harmoniously and without great fear in spite of the insecurity present. It is likened unto having a ghost in your house and ignoring the ghost so that you can carry on a normal lifestyle.

This Awareness indicates that once an entity can learn to live with insecurity and not make a big deal of it, insecurity ceases to be such a problem, but when entities feel they must constantly struggle against feelings of insecurity, when they must constantly fight against insecurities, then they do strange things, and they cause problems for others, and others in return backlash and cause problems for them, increasing their sense of insecurity even more. This Awareness indicates therefore, as entities recognize the Eternal Presence of Insecurity as part of life they can relax and just let it be. There is only so much you can do about insecurity. You can take certain precautions within reason, but you cannot let yourself become obsessed with ridding your life of insecurity.

**The Concept of Eternal Unfulfillment**

This Awareness indicates that this realization will help entities to become more wholesome in their outlook on life. This Awareness indicates this of course is not found in the ancient metaphysical teachings or of the Cabala or any of these other metaphysical resource studies. This Awareness indicates that this Awareness has also given entities the concept of the Eternal Unfulfillment. This is a recognition that you, in seeking fulfillment or seeking total fulfillment can also create considerable problems. This Awareness suggests entities accept that life offers an Eternal unfulfillment, wherein each moment has something missing.

This Awareness indicates when you reach a moment with something missing, it is that missing part that leads you to the next moment, and that next moment's missing part leads you to the next, et cetera, et cetera, so that it is the Unfulfillment that continually motivates you to keep moving in some direction that life pulls you. This Awareness indicates rather than struggle against the unfulfillment, entities need to learn to appreciate the vacuum, the emptiness in their lives, for this is what motivates you to continue movement.

If there was suddenly a fulfillment in your life in some moment, there would be no next moment to follow. Therefore, entities need to appreciate being unfulfilled at each moment in their sojourn in the material realm. If you can accept the unfulfillment of your physical existence as part of your total well-being, then you are essentially fulfilled, but if you resist it, if you seek to avoid the emptiness of your life, then of course you are

likely to suffer more and not accept your experience as a wholesome or fulfilling experience.

This Awareness indicates that these are key factors in the pursuit of happiness which have not been touched upon from other sources and these are so valuable in your human existence that they should indeed be included in any future teaching or philosophy for the human condition.

**Teach That the Divine Creator is a Force or a Frequency**

This Awareness suggests also that in your future philosophy for the human condition it would be of value to teach that the Divine Force is a frequency or vibration that penetrates and permeates the entire realm of existence, the entire universe; that it permeates all of matter and all of space and that it is everywhere present, and that this frequency or vibration throughout the universe is that which is called the Creator, the Divine Creator or God.

This Awareness indicates that many entities recognize this and because this Divine Frequency or Vibration reflects the frequency and vibration of humankind, it is said that humankind is created in the image or reflection of God; the Divine Creator. Once this has been clarified, entities can easily understand a merger of religion and science as a greater possibility.

**A New Study of Homosapieosophy?**

**QUESTIONER:**

One other thing in the entity's question: "I have coined a multicultural word "Homosapieosophy,," (I suspect that's a derivative of Homo Sapien) "the love, study and wisdom of all humankind, an emerging spiritual psychology and philosophical approach to humanity's evolution into higher consciousness, thus creating a new spiritual world awakening with universal peace. Would This Awareness comment on the possibility of a new study of Homosapieosophy?"

**COSMIC AWARENESS:**

This Awareness indicates that the terms which this Awareness has focused on in regard to insecurity, the Eternal Unfulfillment, and the fact of all things in the universe being vibration can all be part of that concept which you speak of and class under your new terminology. This Awareness indicates that it could easily become a different field of study in the academia of the future. There could be other factors included also. It would be suggested that religion per se be excluded, while spirituality be included, except wherein religion supplements the spiritual studies, such as certain religious statements that verify or supplement principles being presented in your spiritual study course.

**In the Beginning was the Word and the Word Was God**

One, for example, in which the religious verse: "In the beginning was the Word, and the Word was God." By showing that Word is Vibration and that Vibration or Frequencies are those elements that make up the foundation for the material and spiritual creation, one can easily see a new meaning of the term promoted in the Biblical teaching regarding the Word of God. The Word of God can easily refer to the Frequency or Vibration of God.

This Awareness indicates that the verse continues in saying that the Word Was God, and this also is a verification of the meaning that God was a Vibration or Frequency. This Awareness indicates there are many things in the Bible that can be understood from a symbolic level in harmony with quantum physics and with these concepts that correlate with the principles laid out by the Cabala and the Hermes philosophy: "As above, So Below"; "As Within, So Without."

This Awareness indicates this is very likely what the entity was seeing. It is quite possible the entity had the gift to see that clearly. This Awareness does not know of anyone on this plane at this time who has that kind of insight into future events, but the entity Nostradamus was unique in his own way and had the gift to see into the future and it is quite likely that this was what he referred to.

This Awareness indicates that if this can happen to the frequency and vibration of Universal Consciousness and Universal Consciousness contains information past and future in *its* consciousness level, but there are very few entities in human bodies that have the ability to interpret clearly without distortion, without bias what the Universal Consciousness has to offer in terms of information.

The present Interpreter as being fair in this regard, better than the average bear, but not anything to compare to the works of Nostradamus and Nostradamus was less than perfect in his ability to interpret the future, otherwise he would not have had to speak in code or metaphor or quatrains that indicated an uncertain definition and description of the future.

#### Nostradamus Described Future Events in Generalities

There are so many ways the entity's words can be perceived, yet the entity had the gift in putting words in such a way that regardless of whether you perceive the right information, when the event came about, you could look at his words and see that this event was describe in generalities so that his message indeed did fit the event.

This Awareness indicates that when a future event cannot be seen in absolute detail as most can't, to describe it in generality or in a symbolic terminology allows the interpreter to give the information correctly about a future event, but not in precise description. To describe something precisely in regard to the future is almost impossible.

The ability of Nostradamus to occasionally tune in to a word, such as describing the reign of Nazi Germany, to find a word "Hister" for implying Hitler, wherein only one or two letters were missing in the name, this is uncanny in terms of accuracy.

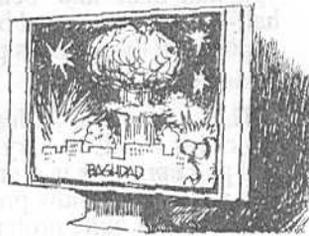
This Awareness indicates that in response to the question, indeed it does appear that this reference in the Nostradamus message did refer to or does refer to the coming events in the latter part of this century. This Awareness sees these dangers coming as the last four or five years of this decade; that anything happening before this time in terms of an apparent invasion would be only a fake invasion to help bring about the New World Order.

#### Awareness Sees the New World Order Not Occurring!

This Awareness *does not* see this now as that which is likely. It does appear that much of the impetus of movement toward the movement of a New World Order has been siphoned off in the last year and that this is unlikely to develop on course on its time-line, though if the invasion from extraterrestrial sources were to come, it could be again an issue wherein it is to the invaders' interest to have the world unified into a One World Government which can be controlled by them through the top leaders of that One World Government.

This Awareness does see however, that it is unlikely that this One World Government will voluntarily occur from the people joining forces to bring it about, unless there is a real threat from extraterrestrial sources.

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Excerpt CAC Reading 6-6-9-95 Paul Shockley Interpreter

### NOSTRADAMUS AND WORLD WAR III (Is the "King of Terror" About to Manifest From the Sky?)

#### QUESTION:

Jack Manuel of Paramus, New Jersey has written a book he's trying to publish on Nostradamus. I believe it is called "*Nostradamus and World War III*", something like that. He sent in a couple of questions that he would like to get answers to help fill in on this, and I'll read what he says here.

"In a May 20<sup>th</sup>, 1993 readings, Awareness has indicated that "the probable time scheduled for a Reptoid invasion of earth now appears to be approximately 1999," and later that the so-called 'V' scenario is more likely to occur in full force in the latter half of this decade, particularly around 1999 with the current schedule.

"The above indication (Jack says) reminded me of a prophecy of Nostradamus, Century 10, quatrain 72, which states: "In the year 1999, and in the 7th month, from the sky will come a great "King of Terror" to resuscitate the great king of the Mongols. Before and after that Mars, (meaning war) to reign happily."

And the question is: "Could Nostradamus be referring to the Reptilian invasion as also indicated by Awareness in the stated prophecy?; the "King of Terror" being of course a reference to the alien Reptoids."

## The Prophecy of War and Alien Invasion?

### QUESTION:

Another question from Jack on the Nostradamus prophecies. He asks: "And what about the war that is going to reign before and after that,-- the invasion?"

### COSMIC AWARENESS:

This Awareness indicates that this is seen as a potential by this Awareness, that there is the potential for war to occur within the next several years. It could even begin this year. The greatest danger appears to be that of North Korea, which this Awareness spoke of two or three years ago. This Awareness indicates however, it does also appear that this threat *could* be defused rather easily if it is handled carefully and properly by the leaders of both the North and South Korea and the other nations involved.

This Awareness indicates that there is some possibility of other wars expanding or breaking out, and even the possibility of wars between aliens who are already on earth, and governments who may not be in harmony with those particular aliens; however, this does not appear to be strong.

If such conflict occurs and the aliens on earth and earthlings begin to battle, it appears it would take place not in the near future, but during or after 1996, and that it might reach a culmination in 1999 in that which was described by the questioner as 'the reign of terror coming down from the sky.'

This Awareness indicates this appears to be a reference to alien invasion from elsewhere and to this Awareness *It* sees this as a reference to further forces that might join into a war already taking place on earth. This Awareness indicates none of this is seen as being absolute certain, and again suggests, as previously stated repeatedly, that the future is not absolutely fixed and can be changed when entities rise in consciousness to those levels in which their consciousness can influence events and matter and the movement of energies.

### No Guarantee the Movement of Energies Will Create the Event

This Awareness indicates that the movement of energies toward certain events can give reason for predicting the events' occurrence, but the movement of energies toward that event does not guarantee the event will come about, for the movement of energies can always be altered before reaching the event level itself. In other words, the future can be changed when entities become aware enough and when concepts and energies are altered prior to an event's manifestation.

## WHEN NOSTRADAMUS MENTIONED THE "PIG HALF MAN"

(Was He Referring to "Nightmare Hall" Creations?)

### QUESTION:

Another question along this line by Jack Manuel. He writes: "Also, in the same reading, Awareness indicated "It appears that prior to this, (the Reptoid invasion) there will be some other release of forces, such as the half-breeds who will make themselves visible or apparent to humans."

And Jack says: "The above indication of Awareness has reminded the sender of this question to another prophecy of Nostradamus, that of Century 1, quatrain 64, which states: "They will think they have seen the sun at night, when they will see the pig half-man. Noise, song, battle, fighting in the sky perceived, and one will hear brute beasts talking."

And the question is, he asks: "Could Nostradamus, by "pig half-man" and "beasts talking," be referring to those half-breeds mentioned by Awareness who will be exposed to the humans prior to the Reptoid invasion?"

### COSMIC AWARENESS:

This Awareness indicates that this could be the meaning of his words. It very likely is, in view of the situation and perception as is seen. This Awareness indicates that it is difficult to know precisely what the entity meant or saw, but it is quite probable that this was in reference to some kind of half-breed, though the use of the term "pig-man, is not as descriptive as what might be currently used in describing half-Draconian and half-human, or half-Zeta Reticuli and half-human.

### Half-Human and Half-Spider and a Half-Woman and a Half-Tomato Have Been Created in Genetic Experiments Already

This Awareness also, however, recognizes that in the 7th level of the Dulce underground base, there were genetic experiments in which human genes were crossed with, for example, spiders and there was the report of the human with six legs running around who was half spider and half-human, and that there are also reports of genetic experiments in which a woman's genes were commingled with that of a tomato and a half-woman/half-tomato creation occurred.

This Awareness indicates that genetic mutants could very easily involve or include half-human and half-pigs, but this does not appear to be something that is likely to be let out of a laboratory for the masses to cringe at. But to refer to this some 400 years in the previous time could very well be an interpretation of or a reference to genetic engineering of today by the entity Nostradamus.

This Awareness indicates his reference to half-man and half-pig clearly indicates the entity understood the concept of a mutation or a science of mutation which today is called genetic engineering. This does not mean he understood how to effect the science of mutation, but that he could perceive into the future that such a science would exist and to speak of half-man and half-pig might simply be his way of expressing that understanding of such a science.

### Why Jews Even Today Will Not Eat Pigs

It may not have meant he would literally expect half-men/half-pigs to be present in the society of the future. This Awareness indicates on the other hand, it is seen as a scientific potential that someday man and pigs could well be mutated or crossed. This Awareness has indicated previously that in Atlantis, the boar and the human genetic crossings occurred to produce your modern domesticated pig. That pigs indeed contain some of the genetic tissue from humans, which gives them a certain intelligence that is greater than in most animals.

This Awareness indicates that this was essentially the reason why the Jews, the Hebrews were told not to eat the pig, because the pig was genetically engineered from human origins and from the boar. This Awareness indicates that to again bring human cells and genetics into commingling or mutation with the pig would not be a difficult activity in terms of genetic engineering. This does not mean it would be morally proper. It is something that could be scientifically possible without great difficulty.

This Awareness indicates therefore, it is not unlikely that someone in the future wouldn't try it.

Ed's Note: Jack Manuelian published his book *Nostradamus: Predictions of World War III* which has a considerable amount of Awareness material in it. CAC carries this book. Please refer to our Book Price List. For more information on the genetic engineering of monsters in New Mexico, please refer to Revelations of Awareness issue 90-10 (The Alien Presence Part 7, Nightmare Hall); \$5.00 from CAC.

## What Is Glossolalia? Is It a Real Language?

( More On Speaking In Tongues)

### QUESTION:

Judith Jones had one more question. I believe Awareness addressed this years ago. Perhaps there's something *It* could add. She writes: "What is glossolalia? Is it a real language? If so, spoken when and where? How is it induced? What, if anything does the ability signify? If an actual language, what is being said?" She asks.

### COSMIC AWARENESS:

This Awareness indicates that this is often associated with the concept speaking in tongues. It does not appear to be an actual language. It appears to be more that of babbling that comes from a thalamus which has been short-circuited by .... it appears that there is some commingling of the language part of the brain mixed with subconscious emotion, which creates a kind of babbling effect that is somewhat uncontrollable, much like that of an epileptic seizure can be uncontrollable to certain of the muscles.

In this case it is affecting the language part of the brain and the tongue. It does not appear to be an actual language.

### FOLLOW-UP (AVATON):

Some fundamentalist Christians seem to imply when they do this, that this is somehow a spiritual experience.

### COSMIC AWARENESS:

This Awareness indicates that it may be perceived as a spiritual experience because it pushes aside the conscious mind to allow the energies of the subconscious to take control of the body, and this kind of controlling and release factor is commonly also associated with spiritual experiences; that by shutting down the conscious mind an entity then becomes a kind of channel for spirit.

In the event of Christian mystical conversion there is the same kind of phenomenon without the speech factor being present. There is much the same kind of feeling: a loss of consciousness, a loss of conscious or rational, perhaps the word "rational" mind should be used, for the entity does remain conscious, but the rationality factor is missing and the entity is more or less being controlled by forces other than rational mind, and thus the entity feels a kind of possession of himself, and attributes the possession to being that of the Holy Spirit.

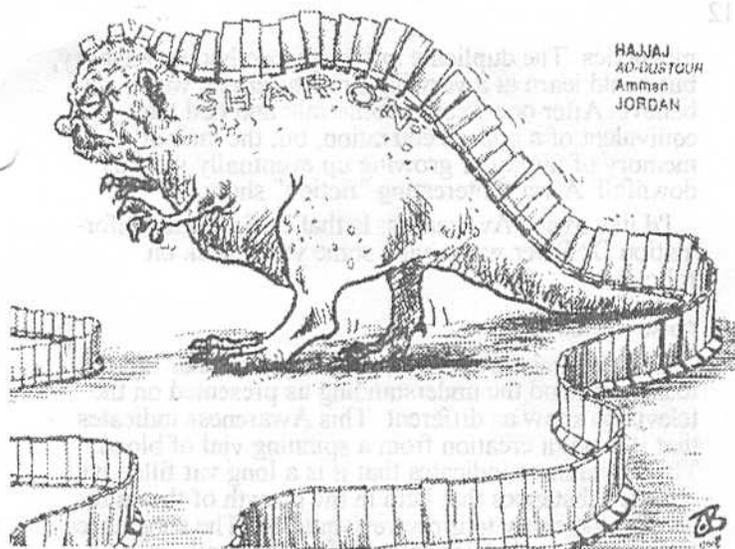
Others might, under other circumstances, call this possession by evil spirits, if it were not taking place in the right framework or religious setting. Essentially, it is the subconscious force or subconscious mind acting on the thalamus and other sections of the brain.

Excerpt CAC Reading 4-4-27-91 Paul Shockley Interpreter

## Who Were the Tyreans?

### QUESTION:

A question from Dan and Jenny Miner, in Springdale, Arkansas. They write: "The atonga of Delemor Devurus who wrote *The Golden Reed* was working with the Pleiadians to verbally attack the Tyreans, who landed in the Tungusta in 1908 so that they would surface and identify themselves. Supposedly it was a heyday for the maggots in control of our governments, when they landed. It all had to do with mental games. How did the Tyreans help those in control of our money and our government? Possession of their minds? Empathetic thinking? Actual physical contact? Did the maggots think "God" was talking to them in their minds? Please ask the Awareness. Are the Tyreans still on the earth or have they been removed?"



The Cosmic Laws of Cosmic Awareness...

## THE LAW OF EXAMPLE

The *Law of Example* states that any person, concept or thing which is placed in a position of significance, may serve as an example for others to follow. Those who have served as examples of power, lust and greed, have helped to create the tragedies which they and their followers have spawned. Those who have served as examples of love, service, and the sharing of their better parts, have helped to bring about freedom, joy, beauty and peace that has been allowed upon this plane.

Entities who wish a better world are cautioned to exemplify and portray only those better qualities of love, joy, peace and service to others, particularly to the children who are searching for examples in their world.

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#### COSMIC AWARENESS:

This Awareness indicates that these who are referred to as the Tyreans were the forerunners for the later Orion forces; that they are much the same group and are still present and have managed to manipulate and control the monetary system of the world in almost every level. They are closing quickly in that area to move toward a cashless society.

### An Underground Drug Center & Deros in Eureka Springs, Ark.?

#### QUESTION (IBID):

Another question from these entities: "Also, are there Deros or Greys living in the Eureka Springs area of Arkansas? There was something written from "Secrets" that suggested that it was the biggest drug center and most of it was underground. Does the Awareness have verification of this?"

#### COSMIC AWARENESS:

This Awareness indicates that a question was asked on this recently. This Awareness indicates that it appears this is indeed a drug center. It does not see that there are Deros present in the underground facilities, but that there are those from Orion and there are some from the Zeta Reticuli group who traverse underground in tunnels to and from this area. These tunnels are often used by certain of the military groups and also of drug-running teams.

### The Great Mysterious Tungusta Explosion

#### FOLLOW-UP (AVATON):

This reference to Tyreans who landed in the Tungusta in 1908; were they responsible for that huge explosion that took out so many miles and acres of trees and so forth?

#### COSMIC AWARENESS:

This Awareness indicates that this appears to have been an accident of a spacecraft crashing at that time. That there was a relationship or connection between these entities and that spacecraft. It appears that this was one of a number of spacecrafts which crashed. That the others involved survived.

Excerpt CAC Reading 4-4-27-91 Paul Shockley Interpreter

### Robotoid Creation Shown on TV?

#### QUESTION:

Stanley Kmonk sent me a little note. It wasn't a question he was asking, but I would like to ask a question from the information. He writes: "Dear Avaton; Robotoids have made it to national TV. Last Saturday evening I happened to watch a show called *Flash!* 8:00 PM Eastern Standard Time on CBS. It showed a scientist take a blood sample, put it in a special chamber, and after turning the machine on, 6 hours I think, a duplicate man walked out, looking identical to the original.

"The scientist explained that the machine rapidly accelerated growth through special nutrients and

magnetics. The duplicate in the episode had no memory, but could learn at a very high rate after one week, I believe. After one week it could talk and had the equivalent of a college education, but the lack of memory of family or growing up eventually was his downfall. A very interesting "fiction" show."

I'd like to ask Awareness: Is that basically the information Dr Beter was giving some years back on robotoids?

#### COSMIC AWARENESS:

This Awareness indicates that this is similar but the techniques and the understanding as presented on the television show as different. This Awareness indicates that it is not a creation from a spinning vial of blood. This Awareness indicates that it is a long vat filled with certain substances that help in the growth of the entity, helping the entity to grow very quickly. The substances also are charged electrically and magnetically in a reverse polarity that helps the growth to occur.

The entity which grows is a kind of blank slate having the ability to take on the features of the one who is being duplicated, however, the consciousness of the individual can be captured electronically and implanted into the duplicate so as to give it the same memory so that the entity does know friends and associates and intimate information that might not otherwise be knowable.

The story described as that which is a reflection of the robotoid information as suggested and described by Dr Beter.

### Man in Bush's Cabinet Says New Humans Are Being Created

#### QUESTION:

In an ad put out by the *World Intelligence Review* (Box 507, Chalmette, LA. 70044) which is put out by Dr Coleman, several interesting things popped out. He says: "Learn the truth about genetic experiments going on which will create new beings as detailed by Brzezinski back in 1980. Did you know that Brzezinski, who is now in the Bush administration predicted as long ago as 1980 that a new class of created beings will be seen by the year 2000? Do you know that the future "mothers" will be able to order "babies" tailored to their specifications?"

Brzezinski was in the Carter administration about that time, and that was about the time Dr Beter was also talking about robotoids. What is the connection that Brzezinski would have with these robotoids creations it seems like they're talking about here?

#### COSMIC AWARENESS:

This Awareness indicates that the entity is aware of this process. This Awareness indicates that it cannot safely say anything more detailed in regard to the entity's involvement in this kind of project. That these concepts and technologies have been discussed in great detail in the past and it does not wish to get into discussing individual's roles in the government or in regard to these technologies and the comments or question itself has been sufficient in this regard.

This Awareness indicates that this is of course, asking questions about ultra-secret government projects. You do not really want to get this information and publish it.

### "The Coming Society of Slave Classes"

#### FOLLOW-UP (AVATON):

Dr. Coleman also says: "Do you know that a number of institutions funded by Rockefeller are engaged in research which will reshape our responses to something

we don't like so that eventually our opposition will turn into acceptance? Learn about the coming society of slave classes, as it was in the days of Egypt and the Pharaohs. Dr Coleman explains how whole new generations of slaves will be bred as slaves with no chance of ever altering their status."

Does Awareness see that information on slaves as valid?

COSMIC AWARENESS:

This Awareness indicates that this could be engineered genetically. This Awareness indicates that it could be a creation much as it has been a genetic creation in mankind's ancient past; that you will recall the entity Enlil as creating slaves for mining and how Enki interfered with that creation to give these entities choice, and how, once developing choice, they developed emotions, and the emotions eventually led them to rebel against Enlil.

This Awareness indicates that entities could be genetically created so as to accept slavery and not object at all. It is even possible that living entities could be genetically altered so as to accept slavery; this through drugs or through certain genetic implants into the bloodstream that would grow toward the creation of a being who would be likened unto a professional slave, who by instinct wants to serve.

Excerpt CAC Reading 7-6-22-91 Paul Shockley Interpreter

### SHOULD WE ALL LEARN TO DOWSE?

QUESTION:

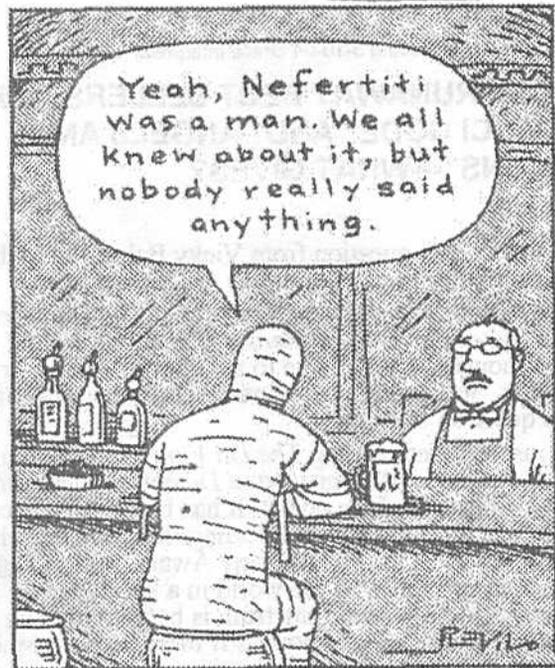
We received a letter from Boyd Whitney, who writes: "Dear Avaton and Vikki. I feel poignantly your anguish over the actions of our government in several areas with respect to our freedoms and often wonder what I can do to help change the situation. The event that is triggering this letter was your editorial comment at the end of this segment: "More Hints About What To Do About Arthritis," in *Revelations of Awareness* # 384.

I have been dowsing with a pendulum for several years and I recommend that everyone learn pendulum dowsing. Each of us has the latent ability to learn the technique. It can be learned from a book purchased at a metaphysical bookstore, or you may stock them at CAC. The American Society of Dowsters, Darville, Vermont, 05928, is a primary source of dowsing knowledge. If you ask for information from them, please send a self-addressed stamped envelope.

"When a person develops this skill, then all knowledge is available to him, because all knowledge is within. You would be doing a service of great value to your members if you print this. Check it with Awareness first if you wish."

HACHFELD  
NEUES DEUTSCHLAND  
Berlin  
GERMANY

...so help me God



Could Awareness comment on this dowsing business as something for everyone to learn?

COSMIC AWARENESS:

This Awareness indicates that it can have considerable benefit for many entities in regard to those things that are within their own subconscious. This Awareness indicates that it is not an infallible source of information. This Awareness indicates that one can use a dowsing pendulum for "yes" and "no" questions and still get false information. It occurs most commonly when used for such things as personal gain, trying to get information that is either not available or not ethical or when an entity, for example, seeks to misuse the source in order to gain for self an advantage over others.

An entity who, for example, tries to use the dowsing principle to get lottery tickets will find this is not an infallible source of information. It will give you numbers, but the numbers are not likely to do you much good. This Awareness indicates that otherwise, it can be of considerable benefit. It can be helpful in selecting good food for you, in determining whether the food is good.

This Awareness suggests however, that in such instances and use, an entity should become quite familiar with the dowsing principles and learn how reliable it is for them. It is not so much that the dowsing procedures or principles are not always accurate, as the person using the dowsing tool may not be a good channel for this type of information. This Awareness indicates that if the work has not been tested for accuracy through that individual, then the material may be unreliable on dowsing.

This Awareness indicates that some people are better dowsters than others.

QUESTIONER:

Max Freedom Long has a pretty good book out on dowsing.\*

COSMIC AWARENESS:

This is in the affirmative.

\* Ed's Note: Long's book "Psychometric Analysis" which CAC carried for 20 years is now out of print. There are other books on this subject that can be special ordered. Contact Vikki T. for info.

Excerpt CAC Reading 3-10-04 Grace Interpreter

## THOSE RUNAWAY BEST SELLERS: "THE DA VINCI CODE" AND "ANGELS AND DEMONS"---WHAT GIVES?

### QUESTION:

A sort of non-question from Vicky Babaco in Idaho who emailed Vikki T. about this. She writes:

"I don't really have a question about *The Da Vinci Code* and *Angels and Demons*... It's more a feeling or rather thoughts that I'd like to ask Awareness to verify or refute. So I'll ramble on and maybe you can figure out a question from this.

"I just finished reading *The Da Vinci Code* and am almost finished with *Angels and Demons* by Dan Brown. Wow! What incredible books! It has been years since an author has left me with such feeling. It's as if my whole outlook on life—as well as many Awareness readings have been verified with the world in a speakable language. And it's as if the truth is being shared on a world wide scale. It's almost as if these books have been released into consciousness at a time when they can do the most good—the beginning of the Aquarian age—that they may help smooth the transition and bring the energies involved in this change to fruition—as well as transforming the church's focus into accepting and understanding the female power.

AND it is catching on. DVC has been on the best seller list for MONTHS and now A&D is following suit. Churches are having discussion groups on this book. In *Demons and Angels* I learned so much about the Illuminati.... I seem to understand Awareness's reading so much better now. Is all that info true? I guess what I'd really love is for Awareness to do a general reading on these books and this author—who in my mind is right up there with Walt Disney and others of his caliber.

Awareness did a reading several years back about the James Bond series—saying that the author put the true facts into a fiction novel in order to release the information. Is that what happened here? (Is Dan Brown in danger?) And mostly, am I somewhat correct in my take on these books? Thanks so much. Love Ya. Vicky."

### COSMIC AWARENESS:

This Awareness indicates that the general impressions regarding these offerings are largely accurate. Although historical facts are much more fluid as supposed, particularly as the human consciousness evolves, the central theme of reclaiming the sacred feminine is energized by the spiritual awakening of the species. The more general theme is one of the ever-widening gulf between organized religion and innate spirituality, a theme that is also being played out as other crises and scandals mar the reputation of the Catholic church.

These events have been attracted to allow humanity to question such simplistic but time-honored notions as: "Church is good", "Mother Nature and human nature are bad", "mind and reason are good, body and emotion are bad", "divine authority, knowledge and power are separate and outside of the self". These works emphasize the folly of an overly patriarchal culture, wherein the primary religious traditions cite the trinity of Father, Son and Holy Spirit in a top-down hierarchy of authoritarian information, power and control. Such cultural traditions leave little room for Mother, Daughter, or Goddess and the bottom-up inner flow of intuitive spiritual wisdom, emotional integrity, personal creative transformation, and cooperative self-empowerment.

### The Message to Humanity the Book is Sending

This Awareness suggests that the message for humanity lies in the suggestion that Jesus was in fact married to and in egalitarian spiritual partnership with Mary Magdalene. This recasts interpretations of the New Testament in light of "a perfect human being" consisting of an optimal balance of qualities from both sexes. Indeed, the symbolic Star of David of Western Judeo-Christian tradition consists of a perfect symmetry between the masculine blade and the feminine chalice, and their reunification by the sacred sex act of hierogamous. The sexual duality however, springs from the co-creative duality inherent in consciousness itself, wherein the subject and object of consciousness unfold and enfold as reciprocally active and passive parts a unified whole. The feminine emphasizes the whole while the masculine the part. The feminine emphasizes the sacred nature of unity and community while the masculine signifies the sacred nature of active individuality, both within the unwavering recognition of the interconnectedness of All That Is.

While the men tend the preservation and growth of the individual, the women tend the preservation and growth of the whole. Without perfect balance between both of these energies, human individuals as well as human groups cannot embrace their full potential.

Indeed, one fact underlying these offerings was that the symbolic Mark of the Beast, the number 666, was the predicted outcome for a society far overbalanced in the masculine direction.

### The Most Important Missing Part of The Sacred Feminine

This Awareness suggests that both at the historical time of Christ's life as well as at present, the most important missing component of the sacred feminine is the honoring and reclaiming of the emotional sense. The opening to the innate spiritual wisdom, the broadened being state consciousness, the empathic resonance, the cooperative synergy, and the complex positive emotions it ushers. The collective pain that calls the Christ energies forth is the direct result of paternalistic pattern of dominating and controlling others via instilling the negative emotions. This is the survival state of consciousness, a competitive ego-defensive fight and flight pattern of primate behavior humans evolved beyond long ago. While the God of the Old Testament was removed, wrathful, punitive and vengeful, the newer version was one of compassion, mercy, and the divine love born of enfolding the other within self—moving and guiding humans from a residence within.

Humanity has been offered mounting evidence that the planet can no longer sustain the competitive, supremacist, paternalistic approach that has become the unquestioned norm, a message also embodied in success of the deceptive, emotionally manipulative and religiously self-righteous actions of the current American leaders. This Awareness suggests however, that enlightenment is now contingent upon a groundswell of collective anger rising forth replacing the fear, depression, despair, shame and guilt of the disempowered, downtrodden, and submissive members of both sexes. As long as such feelings remain unexamined, one's personal power will surely be reduced through exploitation by anyone claiming cultural or spiritual "authority" or superiority by any measure.

### The Sacred Feminine Must Be Restored in Every Home

This Awareness indicates that such works as the *Da Vinci Code* can help humanity reclaim these legitimate feelings, personal empowerment and spiritual insights. But it remains the task of each individual to consciously embrace and restore the sacred feminine in every home,

workplace, school, and community. It is the challenge of both sexes, men in particular to develop both God and Goddess within, to honestly confront the messages of pain, recognize the struggles for power and freedom that weaken human bonds, compromise integrity and destroy trust, and to resolve the habitual avoidant behaviors that perpetuate the cycle and leave one vulnerable to exploitation. Indeed, the message that the wolf can also don shepherd clothing will fall upon deaf ears for those who prefer the false comforts of the flock.

Ed's Note: Readers of the *Da Vinci Code* and Dan Brown's related book, *Angels and Demons* will be astounded if they read the book (highly recommended by Awareness) *Holy Blood, Holy Grail* by Baigent, Leigh and Lincoln. This book available from CAC. Please refer to Book Catalog Price Sheet.

## WHAT IS COSMIC AWARENESS?

COSMIC AWARENESS is the Force that expressed itself through Jesus of Nazareth, the Buddha, Krishna, Mohammed, Edgar Cayce and other great avatars who served as 'Channels' for the 'Heavenly Father' and who speaks again today as the world begins to enter the 'New Age' of spiritual consciousness and awareness. Since 1963 Cosmic Awareness has been communicating through carefully trained channels. This information is for those who desire to help in bringing in the New Age. Throughout the thousands of 'Readings' given through these various channels, Cosmic Awareness tells us not to believe anything, but to question, explore, doubt, and discover for yourself, through your own channel what is the truth. Cosmic Awareness will only 'indicate' and 'suggest'. Neither C.A.C. or any of the Interpreters is responsible for anything Cosmic Awareness states in any of these readings, nor does C.A.C. or the Interpreters necessarily agree with the statements of Cosmic Awareness. The Interpreters interpret the energies as they see them in trance levels and are not personally responsible for what is said. The Interpreters published herein have no connection with, nor control over the editorial comments and material, including illustrations. This is entirely the responsibility of the editor. Members of C.A.C. are invited to send in questions of general interest to ask Awareness for possible publication in this newsletter.



## HOW TO HEAL THE PHYSICAL BODY WHILE YOU SLEEP

### QUESTION:

Awareness, this entity has been informed that she has friends on the other side who are attempting to help heal her. Is there some way that she can work with them better also?

### COSMIC AWARENESS:

This Awareness suggests that the entity may, before falling asleep at night, visualize herself standing before a door, the door being opened by her friends, and the entity being invited in for healing. This Awareness suggests that in this manner the entity shall move into the inner plane for healing during the night while she sleeps; that this is the most appropriate and efficient time for receiving these blessings.

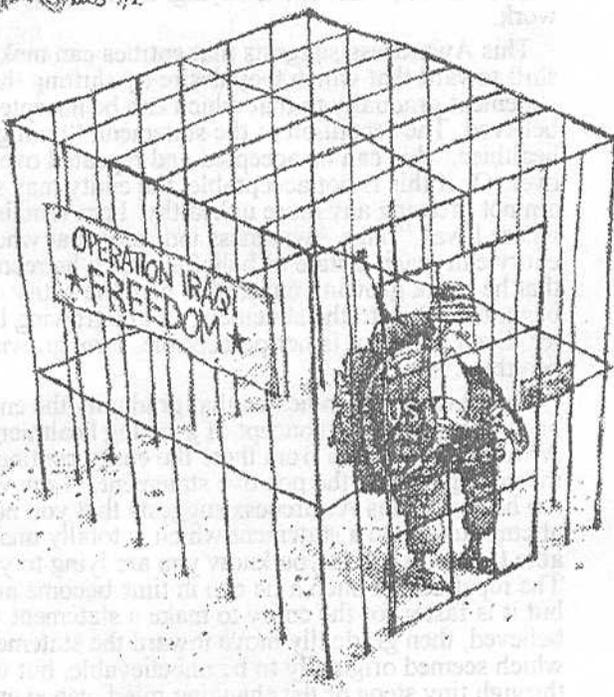
This Awareness suggests that the entity shall assist by repeating before falling asleep and upon arising, "I shall open myself tonight, that I may be healed. I shall be open for healing. I shall allow myself to be healed."

This Awareness suggests that upon arising, the entity also make this statement: "I shall be open today for healing." This Awareness suggests that this be repeated three times in various ways before falling asleep and upon awakening. This Awareness suggests that the use of the term *healing* can also be changed to, "I shall be gaining in greater and greater health today. My health shall be improving. I am improving in my health. I am healthy."

This Awareness suggests that the statement carries greater impact when an entity states this as a fact accomplished. This Awareness suggests however, that many entities cannot believe the statement when it is stated as an accomplished fact. That wherein one cannot believe themselves as healed, then it is necessary for a time to make the statement: "I shall be healed," or, "I shall improve," or, "My health is improving."

This Awareness indicates the mind can accept the possibility of improving health. This Awareness indicates that when an entity has made this suggestion for some time, and does have the ability to accept the improvement of health, then the entity can switch to the statement, "I am healed. I am well. I am whole."

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This Awareness suggests that this be a gradual process of changing the mind to accept healing. That this be done upon falling asleep – this be repeated *three* times, and also upon awakening in the morning.

This Awareness indicates this process may be used for any kind of suggestions other than healing also.

### Can Any Entity Heal By this Method?

#### FOLLOW-UP QUESTION (AVATON):

Two final questions in relation to those two healing exercises just given for this entity. (1) Would both of these exercises apply to any entity if they wanted to use them, and (2), Would the exercise about opening the door and inviting the spirit healers in work for entities who aren't particularly aware that spirit healers are out there?

#### COSMIC AWARENESS:

This Awareness indicates this as in the affirmative in both cases. This Awareness suggests this works in terms of other forms of manifestation and suggestion, so long as no other entity is violated by those suggestions, so long as the entity making the suggestions can accept the belief, the experience which is being suggested.

This Awareness indicates that wherein two entities are energizing a manifestation, and one is energizing the manifestation in a certain manner and the other entity is energizing it in a different manner, then conflict may occur in the outcome. This Awareness indicates that often an entity will energize a certain expression or experience, and assume that another is energizing with him. This Awareness indicates that occasionally the other does not really desire this experience to become manifested, yet fears or hesitates to tell his friend. And in this manner, one is secretly working against the manifestation, whereas the other is seeking to manifest. This Awareness indicates that when this occurs in this manner, the principle appears not to work, appears not to be effective. But if clear questioning occurred, it would be discovered that it is effective, but that one party was not participating but was working against the manifestation exercise.

This Awareness suggests that visualizing prior to falling asleep, during times wherein one is emotional, wherein one is meditating – making your statements or envisioning clear, making these statements on such a level as can be accepted by yourself as a possibility – keeping these private or sharing them with others who will truly participate with you on such energizings – doing this *three* times, each time you make the visualization. The action of repeating three times is that which enhances the power of suggestion.

This Awareness suggests that doing this at night when close to the sleep state, or during deep levels of meditation near trance, or during hypnotic trances – that these are appropriate times for this action. This Awareness suggests also during the morning just after awakening, that the suggestions be given which can be accepted, which can be *believed*.

Welcome to London. Once the other passengers have exited the plane, we will begin prying any remaining Americans out of their seats.



### How to Lose Weight the Easy Way

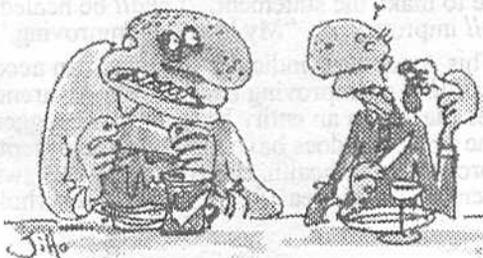
This Awareness suggests that when entities can provide a physical picture of that which they desire, or provide a mental image of that which they desire, this also enhances the manifestation.

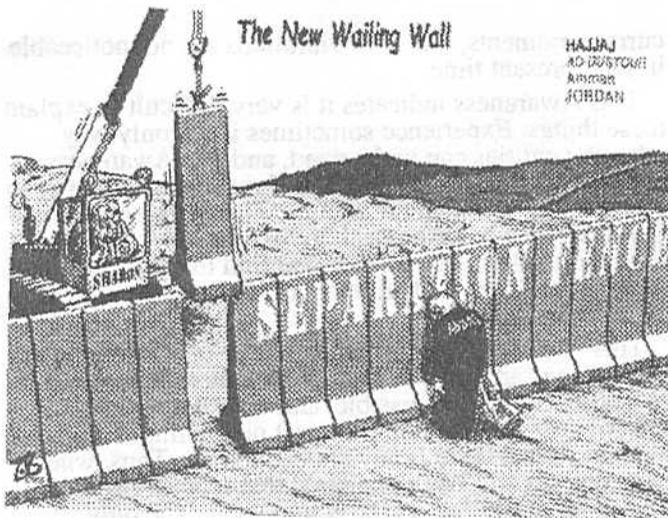
This Awareness indicates for example, an entity seeking to lose weight may put a picture of themselves when they were at the proper weight, or with a body that has been cut out to the proper size, so that they begin seeing this image when they awaken in the morning, and just before falling asleep at night. This Awareness indicates that the images are important, the suggestions are important, and the deep relaxation wherein the subjective mind is being contacted is important in such manifestation. This Awareness indicates also that the *belief in the suggestion is necessary*. That wherein one cannot believe what one is saying, the technique will not work.

This Awareness suggests that entities can make the shift toward that which they desire by shifting the statement gradually to that which can be accepted and believed. The repetition of the statement, "I am growing healthier," this can be accepted and repeated over and over. Or if this is not acceptable, the entity may state, "I am not growing any more unhealthy. I am remaining where I was." This Awareness indicates that when the entity can reach a state of belief in which he recognized that he is not growing unhealthy, then the entity can begin to switch to the statement, "I am growing healthier. Even though it is not perceptible, I *am* growing healthier."

This Awareness indicates that gradually the entity begins to accept the concept of growing healthier. This Awareness indicates from there the entity continues increasing toward the positive statement, "I *am* well. I *am* healed." This Awareness suggests that you not attempt to create a statement which is totally unacceptable to you, wherein you know you are lying to yourself. The repetition of such a lie can in time become accepted, but it is faster for the entity to make a statement which is believed, then gradually move toward the statement which seemed originally to be unbelievable, but which through tiny steps of the changing mind, can eventually become accepted as truth.

YOU DON'T PRAY BEFORE EATING?... NO...IT GIVES ME FLATULENCE.





## HOW IS A SOUL CREATED

### QUESTION:

A question from Mario M. in New York. Actually there's a string of questions, but I'll read his statement. "Can emotions be programmed or are they a part of spirit? How does a clone, or robot or cyborg go from mechanical being to Cosmic Awareness? What is the ingredient missing that can be introduced?"

"Awareness has said that souls are created in "heaven," but they can also be created in laboratories by superior entities, so how does the soul attain Cosmic Awareness and through what?"

### COSMIC AWARENESS:

This Awareness indicates that essentially there are several questions involved that are not necessarily speaking of the same thing. The soul is that which is a kind of magnetic center in a body or within a living entity. It is not exactly the same thing as spirit; spirit being the life force that inhabits the body. Soul being a magnetic quality in the life force that carries memory and carries emotions.

### What are the "Emotions and How are They Formed?"

This Awareness indicates that emotions essentially are attachments or can be forms of rejections or detachment; that which attracts or repels serve as the foundation or basis for the emotions, and the emotions help build the soul. This Awareness indicates that in other words, if you are attracted to something, it causes you to have a pull toward that and it is a kind of drawing action, or magnetic action to cause you to pull or be drawn toward that which you desire.

### NEW CBS LOGO



This Awareness indicates that if you are repelled by something, you are pushed away from it. You are in a state of avoidance and the strongest term for such a negative repulsion is the word "fear." Thus, if you look at it in terms of a magnet, the magnet that is drawn toward something in a positive mode, being attracted to something, would be expressing in the terms of a human: "desire," and the magnet that is repelled from something, being pushed away, would be in human terms exhibiting "fear."

Fear and desire are the two strongest emotions that entities have and take many different forms. The different forms are called different emotions, but everything in terms of the emotion terminology can be reduced to fear and desire. When one says, "I want that! I love that! I need that! I am drawn to that! I am attracted to that!"-- all these expressions of emotions basically come down to the desire or the attraction, likened unto a magnet being attracted to something.

And when one says: "I hate you! I abhor you! I dislike this! I don't want that! Get it away from me! I dread this!" All of these statements are related to repulsion, which is also equated to the emotion of fear. So, there are many words describing emotions that can actually be thought of as attraction or repulsion, or desire and fear.

This Awareness indicates that as the desire and fear elements in an emotion are developed for entities, likewise there is that which becomes the soul as it is drawn to certain things, experiences certain things and devours the energy of certain things which it desires or fears. In other words, the emotion that is seeking to avoid something in the sense of fear, can devour that fear and let it become a part of them so that they always have this dread and always have this fear whenever something is mentioned or something reminds them of that which they feared or dreaded at some point in their existence.

Thus, the soul collects these magnetic memories or avoidance memories and the collection of these things becomes the accumulation that is known as the soul. This Awareness indicates that it is the same for those things desired. Entities can have a great desire for something, gradually building that desire. They want it, and they get it.

They cherish it until perhaps at some point they no longer have interest in it, or perhaps it turns out to be less pleasant for them than they believed, and they no longer want it, and it turns into a repugnancy, or they reject it and try to rid themselves of it, and by rejecting it, it then becomes that which they seek to avoid.

### Entities Often Avoid Someone They Once Loved

Often entities seek to avoid someone they once loved. This Awareness indicates this then becomes part of the accumulation of one's soul, wherein certain aspects that once were acceptable and desired now become objectionable and the entity no longer has any attraction, but only repulsion for the thing.

This Awareness indicates that it becomes part of the accumulation or summation of the entire experience the entity may have had over long periods of time. So the soul has made an adjustment and change, yet it still is an ever-growing soul, because it is continually processing new information and new experiences of the positive and negative types.

### How the "Dark Soul" Develops

If the soul is drawn to divinity and love, it becomes a reflection of divinity and love, and it becomes a higher

CAC General Reading # 4-6 4-10-92 Paul Shockley Interpreter

## THE ALIEN CONNECTION WITH THE PHILADELPHIA EXPERIMENT

( Did Franklin Roosevelt Sign a Deal With Aliens In 1934? )

### QUESTION:

This is one of the questions from the other night, where there wasn't enough energy, sent in by Fred Smalley, from San Diego. He writes: " I Picked up a book *The Philadelphia Experiment and Other UFO Conspiracies* written by Brad Steiger with Alfred Bielek. Bielek was on the ship that was teleported in 1943. He jumped off in 1983. He claims Franklin Roosevelt signed a deal with aliens back in 1934; the technology for noninterference bit. And while the navy thought it was involved in teleportation experiments, the aliens had a secret agenda. They wanted to blow a 40 year hole in hyper-space, and guess who the advisers on the experiment were? Those old Reptoids!

Could you ask Awareness to discuss the Philadelphia Experiment? it seems to be the key event in the aliens getting access to our planet through the hyper-space openings."

Awareness has discussed this previously, but at the time *It* didn't mention any alien connection.

### COSMIC AWARENESS:

This Awareness indicates that the entity Bielek as one who in recent times has come forth with this additional information and there are others, who with him, have helped to reveal more accompanying information relating to the area on Long Island where this took place. This Awareness indicates that *It* has given some information on this in regard to time travel experiments conducted by certain corporations which received gold after World War 2 from Nazi Germany sources.

This Awareness indicates that the movie *Patton* alluded to a horde of German gold and that this was one of the reasons General Patton was killed, because he was trying to investigate and locate this horde of German gold and that this money, this gold, and its accompanying value was used in part for these experiments on Long island.

This Awareness indicates there is a video tape in which Bielek and others discuss all these things in great detail, including the time travel back to that 1943 period and also including a time travel experience back into the 30's, where this one entity runs into himself in a previous lifetime. This Awareness indicates that the concepts are very crudely discussed on the video tapes and are very confusing in terms of any possible explanation to readers of this current discussion.

It is very difficult for this Awareness to find words and terms that can discuss movement through time to describe these things so that they make any form of logical meaning of sense. This Awareness has attempted to explain to entities that time itself is an illusion. There is substance and substance has duration, and entities of course can move through substance and shorten its duration, but time itself is a manufactured artificial creation of the mind, relating to clocks and calendars and cycles, and wherein entities can move through substance into another frequency or another level of frequency and vibration, it is the same as what entities call changing of time, or moving into different time.

The vibrations of next year are already present elsewhere, but when you are still vibrating to this year, you are not experiencing next year. This Awareness indicates that the vibrations of 1943 are still in effect, but because you are vibrating to different frequencies of

current moments, the 1943 vibrations are not noticeable in your present time.

This Awareness indicates it is very difficult to explain these things. Experience sometimes is the only way whereby entities can understand, and this Awareness does not have in these trances and messages, any way to create the experience for entities. This Awareness asks: If you were to be taken back in time to 1943 and when returned to 1992, how would you find the words to explain the event so that others could logically understand what happened?

This Awareness indicates that *It* does not intend to say these things are not possible, in fact, this Awareness indicates that this *is* possible, and does have some occurrences on occasion. It is just nearly impossible to explain so that there is any understanding. Thus, when someone says: "Please explain!" that request becomes almost as impossible as the action itself. The only explanation is in the doing.

This Awareness indicates the book *The Philadelphia Experiment* has been on the marketplace for quite some time, for many years, and there has been a movie made of the event, and also this Awareness has discussed this previously. What *It* cannot provide is a clear logical explanation to someone who can't experience the event. This Awareness indicates that it is even more difficult to explain than to explain the experience of death, because entities have such strongly fixed opinions about time. They do not have such fixed opinions about death, and therefore, can be more flexible in their thinking.

This Awareness indicates that even the explanation of death to an entity is really an impossibility, because it is an experience, not a thought pattern or formula or process that can be understood by thought. This Awareness indicates there are some things that words simply cannot provide as a substitute for the experience.

### The Key to Time Travel is Vibration

The key to time travel is vibration, and the changes of frequencies and different times or durations have different frequencies, and entities can move through time and space by changing frequencies, and entities seeking to time travel can do this either through meditation and imagination on an out-of-body experience or for a more complete experience will need apparatus, machinery or technology that pushes the vibration of the individual and the craft in which the entity is found into these other frequency levels.

There is no way to further explain so that entities could understand time travel. There is no way through this Interpreter that this Awareness can further explain so that entities understand time travel. It may be possible that some scientists having developed concepts between themselves and languages and words that are unique to their field can communicate to each other certain concepts and ideas which allow them to understand time travel from the use of their scientific terminologies and languages, but that is not possible using ordinary language as given through this Interpreter to the readers.

## ALIENS OPENING UP HOLE IN HYPERSPACE

( That Large Demonic Creature Conjured up In Thought-Form )

### QUESTIONER:

The question wasn't exactly asking for an explanation of time travel. As I read it, it seems that the thrust of the question is the Philadelphia Experiment in relation to the aliens, and this opening up a hole 40 years later in hyperspace so the aliens could get in. Is this invalid information or is there some truth to this?

**COSMIC AWARENESS:**

This Awareness indicates that this appears to be reaching and based on conjecture or theory or assumption, related to what Bielek and others described as an event that occurred on Long Island near the end of the experiments in which a creature came through from another dimension and caused havoc to the equipment and research area, destroying much of the equipment and research material. This being a large creature, almost demonic in nature, coming out of the thought-forms that were generated.

This Awareness indicates that it actually parallels some of the data used in the first *GhostBusters* film in which the minds of the Ghostbusters generated a thought-form based on their imaging and produced the Pillsbury man, the giant Pillsbury Doughboy. This Awareness indicates it is said by Bielek that the machines exaggerated the thoughts that were created or held by the experimenters and brought in this giant monstrous being that wrecked havoc on the base.

This Awareness indicates that in other words, the entire experiment was based on manifesting thoughts and the time travel made use of vibrations that helped create the thoughts of time travel so that an entity passing through a tunnel perceived himself to be traveling through time, and at exiting different places in the tunnel, would be exiting in different years on the time scale.

This Awareness indicates that as these entities traveled through the tunnel, which he referred to as a kind of vortex, they would be able to exit at certain time periods of the past, and then return to the tunnel to come back to present time.

This occurred, according to the entity, during the late 60's and 70's, as part of an experiment and research which was funded by this stolen gold from Nazi Germany. This Awareness indicates that there appears to be considerable amount of truth in the entity's assertions, but there also appears to be a considerable amount of embellishment. The embellishment is that which grows with each telling of the story, and some of the embellishment has to do with incorporating the story with the alien phenomenon.

Perhaps the entity sees this being that was brought into manifestation on the base as an alien, and concludes that it was the alien's intention to create this time warp by doing certain things back in 1943, but this appears to be reaching beyond fact, to make such an assertion.

For more information on the Philadelphia Experiment, please refer to "Revelations of Awareness" issues: 82-24, 90-07, 80-09, 91-11: \$3.00 each from CAC.

### **DID PRESIDENT ROOSEVELT MAKE A DEAL WITH THE ALIENS?**

**FOLLOW-UP QUESTION:**

Is his claim valid that Franklin Roosevelt signed a deal with aliens back in 1934?

**COSMIC AWARENESS:**

This Awareness indicates that there are seen indications that there was contact with aliens even in the 1920's and that by 1934 there were some government/alien agreements that had been signed.

### **NICOLA TESLA'S ALIEN CONNECTION (What Exactly Was The "K-Group"?)**

**FOLLOW-UP QUESTION:**

Another question: "Bielek states that Tesla had a Pleiadian contact who introduced Roosevelt to some aliens known as the K Group. Is this valid, and if so, could *It* give information on the K Group?"

**COSMIC AWARENESS:**

This Awareness indicates that it appears that there is validity to the first part of the statement; that Tesla was in contact with extraterrestrial beings. It appears that these were from the Pleiades and it appears that Tesla attempted to put them in touch with Roosevelt. This Awareness indicates that the K Group was simply a name used in describing them; it was a kind of code name used in alluding to these entities. It has had little or no meaning outside of that contact or outside of the earth contact with these entities. There was no K Group as far as the Pleiadians are concerned. The K Group term was one which was created to give coded reference to them by humans.

### **Music and Its Relationship to Time-Travel**

**QUESTION:**

One last question from Fred Smalley. I'm not exactly sure what he means by this, but he says: "Those of us who have time-travel experiences notice a relationship to music. Can Awareness comment?"

**COSMIC AWARENESS:**

This Awareness indicates that music is likened unto a language which can take hold of an entity's vibration or core being and move that entity through the vibrations to other states of consciousness or other places in consciousness. This Awareness indicates that times are places in consciousness, therefore, music from other time periods, when played, can help entities to travel into those time zones or time places with greater ease.

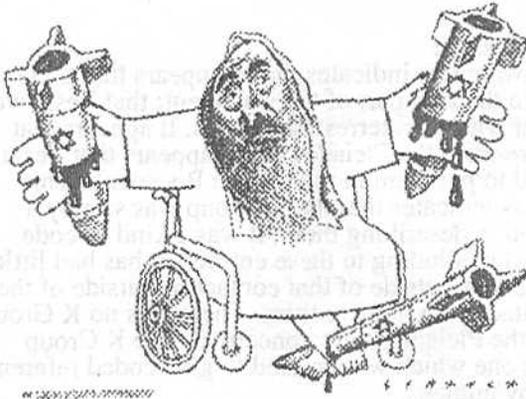
Thus, if you wish to go back into the '20's in your time travel and you play music from the 20's, it becomes much easier to attune to those vibrations of the 1920's. This Awareness indicates that even if you are not familiar with music from an earlier period, if you have seen images or visions of that earlier period and in those scenes and visions have experienced or imagined certain musical sounds or smells or sights and can recall those sounds, smells, or sights, it will help you to tune into the vibrations of that time period.

### **Movie Sound Tracks and Sense of Smell Aid In Time-Travel**

Thus, even though you may not know any ancient Egyptian music, if you have seen movies that portrayed ancient Egypt and have heard music played in the background as sound track to those scenes, the sound track music can help to allow you easier access to the visual and tangible and other sensual data that may be helpful in your time travel. One of the strongest is the sense of smell. If you can smell the time zone or time period, or the environment of the period you are seeking to enter, it becomes stronger as a sensual tool to help you move more quickly and more completely into that time period.

Thus, if you, for example, wish to recall a childhood experience and can recall the smell of your childhood home, this may be, a very powerful tool in helping you to move more completely and quickly into that time period. This Awareness indicates that music is another way. If you wish to recall something very vividly in which music was a tool or in which music played a part, then by replaying that music you may time travel psychically into that period and recall greater detail of the experience.

This Awareness indicates that anything that stimulates the senses toward a particular time period can help you to attune to the frequencies and vibrations of that time period, whether in this life or in other lifetimes, or in a time period in which you never have lived.



## HOW TO KEEP A HEALTHY PROSTATE

### QUESTION:

A question from Stanley Kmonk, in Westville, Ohio. Awareness has given something on this, but perhaps *It* can give more tonight. "My question is in regard to the male prostate gland and how to keep it healthy and cancer free. My father passed over due to prostate cancer and this caused me to realize how common a killer it is in men today. I don't know of any recommendations by the health organizations for keeping a healthy prostate nor do I think that they have a cure for prostate cancer, so my question is: What does Awareness see as ways to keep a healthy prostate?"

"Does frequent sex or lack of sex have any effect?"

### COSMIC AWARENESS:

This Awareness indicates that keeping the body free of toxins appears to be the best approach to avoiding any types of cancer. As the body develops toxins, it becomes an environmental breeding ground for cancer viruses and those triggers for cancerous expression. This Awareness suggests therefore that entities should first think of keeping a clean system.

There are some who say death begins in the colon, and by keeping the colon clean, in other words, occasionally cleansing the colon, either through enemas or through laxatives or preferably the natural herbal cleansing techniques and substances such as psyllium seeds as found in Metamucil, or through plenty of cleansing water being ingested daily, such as 6 to 8 glasses daily, as a lifestyle practice, and the use of acidophilus culture to keep the bowels regular; all of these things can be helpful.

## The Practice of Massaging the Prostate Gland

This Awareness indicates that there is also a training that doctors are taught in medical school for massaging the prostate, but that most doctors do not like to do this and some refuse altogether. It requires that the doctor takes several strokes, especially on a swollen prostate. Massaging it briefly will cause it to lose its swelling and secrete toxins therein, and generally the prostate problems will disappear for a considerable length of time, even for several years or perhaps permanently.

This Awareness indicates that you may need to search for a doctor who is willing to do this technique, and it may be difficult to find one. This Awareness indicates that aloe vera juice is seen as being helpful to the prostate; that also Yucca, and Juniper are seen as beneficial. This Awareness indicates that there are other formulas given in herbal books such as Dr. Christopher's large book on herbs, *The Herbal School of Medicine*; this book is available through the herb shop in Provo, Utah.

There is information strictly and directed clearly and specifically toward the prostate problems from the entity Samuel Biser; that this entity has specific information on how to deal with prostate problems and this information appears to be vital and clear in its presentation. This Awareness suggests that you may be required to pay a rather steep price for the information, but that it becomes well-worth the cost if the information is needed. It appears that this can be purchased as part of a package along with other information at a price of approximately \$170.00, which includes treatment for a number of other health problems.

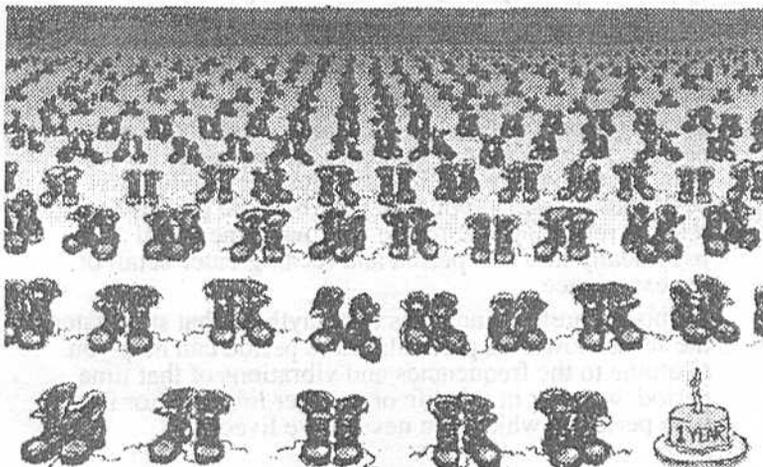
This appears to be one of approximately 20 health problems being addressed, or that you may buy this information alone for less, from this entity Sam Biser\*

\*Write to Sam Biser, C/O Herb Emergencies, PO Box 8122, Van Nuys, CA 91409. Phone: (818) 503-5980.

Wisdom of Awareness...

### The Make-Up of the Soul's Body

This Awareness indicates in considering the soul, recognize that essentially the emotions are the arms and legs of the soul. In considering the soul, recognize also that the desires are the eyes of the soul. This Awareness indicates in considering the soul, recognize also that unity, rapport, communication, contact is the mouth of the soul, which allows the exchange whereby souls may serve each other.



CAKE WALK (AND COUNTING)

## --HOW TO GET THIS NEWSLETTER BY MAIL-- EVERY 4 WEEKS I ( More or Less )

REVELATIONS OF AWARENESS is a cosmic newsletter, published by Cosmic Awareness Communications, P.O. Box 115, Olympia, Washington, 98507, U.S.A. ( A not-for-profit organization ). Membership fees and donations are deductible from your Federal Income Tax. Try to remember Cosmic Awareness in your will if you wish to have these messages preserved and available to others in years to come. ("How many have you served, and how well?" is the question we will all be asked at the Passing Over).

### MEMBERSHIPS AVAILABLE ( Honor System )

INDIVIDUAL: \$42 per year or \$12 quarterly

FAMILY: \$52 per year or \$20 quarterly

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