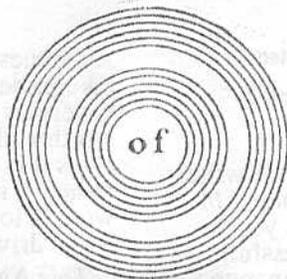


# Revelations

The Cosmic Newsletter



# Awareness

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Celebrating our 33<sup>rd</sup> Year!

2004-11  
Issue No. 581

\$3.00



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## MY EGO AND ME: WHO IS "ME"?

### QUESTION:

A question from Ron Cyrus of Sonora, CA. He writes: "Has Awareness said anything more on the *Course In Miracles*? I finished the workbook a couple of years ago, but I read the textbook every day. It's stressful, and I have had some real conflicts attempting to separate the ego identity and the Holy Spirit. The problem I have is this: For many years now I have been involved in service work. I truly attempt to do the best I can helping people. I have done this for many years, not for spiritual rewards or anything else. I just feel it is the right thing to do and it's the way I live, and it appears to me that it's my body and ego doing this, directed by my mind.

'Now the ego mind is described as hate and fear, and I'm obviously an ego, while functioning in this world of form. Am I sometimes an ego mind, and sometimes something like the Holy Spirit? The *Miracles* state that the ego and God will never meet because the ego is not real and was made by me. My question is: Who is me? Am I something half way in between? Is this a frame of reference problem?

### COSMIC AWARENESS:

This Awareness indicates that there appears to be a misunderstanding as to the role of the so-called ego. This Awareness indicates that the ego essentially is that self-interest that an entity may develop over a period of time. It is not only in the sense of self-interest as normally perceived, but self-promotion and self-concern. This Awareness indicates that it is actually a responsibility of the soul and individual to attend to self. It is as though it is one's office to take care of self, for if one were totally selfless, that entity would need to have someone else taking care of them; therefore, it is not something that should be seen as an identification that should be rejected from self, but is seen as something that is part of the total self, that is part of the necessities of residing on the earth plane.

#### Times When the Ego Can be a Problem

It is only when the ego interferes with an entity's expression in terms of his or her relationship to others, that the ego can be a problem. Generally, when an entity starts to think about self in the sense of talking, rather than in the area of action, when one starts reflecting on their accomplishments rather than just pursuing and attempting to accomplish; when one starts trying to call attention from others to what they have done, what they will do, they can do, simply for the sake of bragging or causing others to take notice of their accomplishments, this then is the time when the ego can create problems for the entity. It is more of a social concern that develops.

Entities do not enjoy watching someone else gloat over their victories or accomplishments. If it is a resume, where someone asks you: "What have you done that can be shown to be of benefit to me if I hire you?" then you may need to list your accomplishments in order to let the entity evaluate your capacity to do something. This, in that case is acceptable also. This Awareness has given suggestions previously. It is the ego that causes the entity to seek to perfect himself in some manner. It is the ego that causes the entity to seek to achieve or to acquire something.

#### The Ego Is Not Something That Separates Man From God

This Awareness indicates without this ego drive, the entity would be of little motivation, would have little to do, would have little incentive to do anything. This

Awareness indicates it is the ego that causes an entity to take pride in his work, in his service for others. It is a necessary part of one's ambition to do something worthwhile with his or her life. This Awareness indicates it is not something that separates man from God, rather, it is something that can help to drive a man or woman to achieve some kind of connection with God, or it can drive the entity to do something else worthwhile.

This Awareness indicates that it is true, however, that when entities perceive the ego as being the pride of an entity, or that which the entity claims as self and thinks of in the sense of bragging or wanting others to adore; this kind of image of the ego, wherein the entity points to 'how great I am' or 'how great my accomplishment was'; this kind of ego expression cannot fit well with the effort of an entity to become One with God, for one can only enter into Godhood through surrender of self and self-acclaim.

The total surrender of oneself to God or to the Divine as that which has no room for self-glory. This Awareness indicates therefore, you need not worry about the ego, when it is in terms of action, doing service, doing work, doing something to help to promote others or to promote self; this kind of ego is acting naturally. It is only when the ego seeks to glory in itself and have others take note of its glorious accomplishments that it is a problem, and when one approaches or seeks to approach Divinity, one must glory in God, rather than in self.

#### Don't Get Caught In The Ego Trap

There are those who glory in their having touched God. There are those who glory in their having had an ego-death. There are those who glory in self for its Divinity. There are those who glory in self for being somehow higher or above others spiritually, and these actions are out of keeping with true Divine connections. This Awareness suggests therefore, you avoid that tendency or impulse or temptation which many entities find to glory in yourself; even avoid the temptation to glory in your humility, for this too is another ego trap.

The ego trap lies in that attempt to glorify self, for any reason whatsoever. It is alright to have a good self-image, to feel good about yourself, about what you do. It is not so good to try to parade this around for others to notice, or to try to make God take notice of your great accomplishments. It does not hurt others. It does not hurt God; it only hurts yourself, for it interferes with your true expression of ego in its natural and proper mode.

## LSD AND THE EGO DEATH

### (Do You Avoid Reincarnation?)

#### FOLLOW-UP QUESTION:

Awareness, back in the '60s it was quite fashionable to read and hear about entities going through the ego death as they were tripping on LSD and other things, and the implication was that if you were able to go through this while you are alive, one way or another, that when the time came for the actual passing over, you could go through the White Light, directly to the plane of Essence or somewhere, and avoid future reincarnations. Is there any truth to that theory?

#### COSMIC AWARENESS:

This Awareness indicates this as having had (a) certain amount of merit in the following sense: that wherein an entity is extremely self-centered and the ego is focused on self-accomplishment or self-worth or self-evaluation in comparison to others, and the entity can move through that mental block and get to a point

wherein self is not that amazing and needs not that kind of glorification, wherein the entity is more able to get outside of self and simply respond to those things that are occurring and to put the energy into action of doing things rather than glorifying in self, then of course, the entity has evolved spiritually, and any spiritual evolution can save an entity from having to return, perhaps again and again to reach that same level of spiritual evolution.

There are some entities who grow very little during a lifetime, and if one is blocked at this state, wherein one is constantly glorying in one's accomplishment, it holds the entity back, and if the entity is blocked throughout his or her lifetime, what's to guarantee the entity won't still be blocked in future lifetimes? But if the entity somehow gets through it now, or in the next lifetime, then there is that much less time needed for evolution, for the spiritual evolution.

This Awareness indicates it is not something where an entity can simply take LSD and then shorten the number of lifetimes he or she might need to reincarnate in order to develop spiritually, it is more a question of whether or not this action or some other action, or just the realization that one must drop all of that self glorification in order to move on; it is a question of which of these movements is proper for the individual.

## WHAT IS THE AFTER DEATH STATE LIKE FOR THOSE WHO BELIEVE EARTH LIFE IS A DREAM OR AN ILLUSION?

### QUESTION:

A question from, Gerald Brockenshire. He writes: "Over the past number of years, we have never asked a question of Awareness, as we felt you had so many to answer from the rest of the membership. If possible, we would really appreciate a couple of questions asked at this time. Could Awareness explain the after-death state for those entities who accept this plane as a dream state or illusion, realizing while we are focused here in the personality we are caught in various belief structures.

"Do we create various realities at transition? Or are we able to continue learning as students with entities who have passed before with more development or awareness?"

### COSMIC AWARENESS:

This Awareness indicates that at the time of the passing over, entities often begin to realize that this entire life has been likened unto an elongated dream, and it is for this reason that many entities passing on to the other side, find it extremely difficult to come back and communicate with entities on this side, which you call real life. This Awareness indicates it would be likened unto yourself waking up and then trying to go back into the dream to tell the entity in the dream that they are simply dreaming and that there is another world outside. This Awareness indicates it can be done, but once an entity awakens from a dream, generally they just discard the dream with an attitude of: "Oh! It was only a dream."

This Awareness indicates that in the movement from one dimension to another, each dimension entered, appears to be a reality, while each dimension left appears to be but a memory, hallucination, or dream. This Awareness indicates likewise, yesterday does not seem as real to you as does today, and yet yesterday seemed extremely real to you, and tomorrow does not seem as real as today, and yet yesterday, your tomorrow did not seem real, which was today. This Awareness

indicates that the Here and Now is that which entities perceive as being real. The past and future and the alternate states of consciousness such as dreams, or the movement into other dimensions or bardos does not seem to be real. These all seem to be but states of mind and are classed from this level in which you reside, the Here and Now, as being false or unreal.

### All of Consciousness Is Subjective

This Awareness indicates that once you move into those other states, they are extremely real to you. It is all subjective. All of consciousness is subjective, but when you move outside that subjective experience of reality and look at it, you feel that you are being objective about it, and you do not see that you are being subjective about the state you are presently in, and you see those other states as being but illusions, subjective illusions in which you were mistaken in regard to their realities.

This Awareness indicates that after passing over, most entities perceive this world as having been but a dream state, an illusion for them, and they do not generally even consider that the entities on this plane are actually in existence, but rather that they are in some kind of conceptual dream world. Once into the other plane, an entity passing from this plane to the other may be greeted as having passed through some kind of initiation and come into a reality. These entities see *their* world as a reality, but do not, during that perception, see this world as a reality.

### It's a Lot Like Watching a Movie

This Awareness indicates it is likened unto when one watches a movie. You are engrossed and involved in a particular movie, watching the characters move through time and space on the screen. If someone sitting next to you were to ask you about a different movie that you had seen previously at some other time, you would find it difficult to relate to that entities in regard to that other movie, because it is but a memory. It is not a reality. This is real, and your focus is on this reality of the moment.

This Awareness reminds you, however, it could be the very same screen that had played both movies. The question is: Which is real? The one you are experiencing now, or the one you experienced previously, or the one you will experience next week?

## DO WE DECIDE BEFORE BIRTH HOW AND WHEN WE WILL DEPART THIS PLANE?

(How Your Allotted Energy At Birth Is Prolonged or Shortened)

### QUESTION:

Ron's other question is: Do we as entities choose our passage from this plane *before* birth, or do we decide to leave the body from another level of reality, or does it even matter?

### COSMIC AWARENESS:

This Awareness indicates that there is a certain amount of energy that is given to you at the time of birth, this in terms of life force; that the amount given to you as that which can be prolonged by your behavior and relationship to other sources of energy during your lifetime, so that you can elongate the lifespan or the energy given to you can be shortened if you dissipate that energy wastefully and do not properly attend to your needs and energy level, you can dissipate the energy so that your lifespan is shortened.

### The Environment Can Alter Your Lifetime

This Awareness indicates that also the environment itself can alter during your lifetime to the point wherein it does not support life as well as it might have origi-

nally had it not been altered so that the time allotted to you is shortened because of environmental factors, whereas you perceived yourself to have enough energy to live a certain length of time, the environment may rob you of some of that time.

This Awareness indicates likewise, there are certain medical breakthroughs that may elongate your life so that the amount of energy you have been born with is able to sustain longer lifespan because of the medical breakthroughs, therefore you are not destined to die at a particular time just because you were born at a particular time, nor do you program yourself to live a particular number of days and then die as if fated, because your allotted days are over.

#### Choosing Your Parents and the Genetic Factor

This Awareness indicates there are factors involved that can elongate or diminish your lifespan. This Awareness indicates, however, there is the action of selecting certain vitality through your selection of parents and their genetic code and through your own vitality as a soul, which allows you to come into the plane as a strong or weak being, this in terms of physical, as well as emotional and spiritual strengths.

### CAN ASTROLOGY PINPOINT THE DAY YOU WILL DIE AS WELL AS THE TIME?

(The Ad Says That for \$15 You Can find Out)

#### QUESTION:

There's a full page ad in the publication, *Psychic News*, I believe it is, which is heavily into Astrology, and this ad is by an entity who claims, if you'll send him \$15.00 he will tell you the exact day and year you are going to die--any entity. Is this type of thing always valid just because it might say so in the stars? Evidently he takes your horoscope or something to determine the exact dates. Is this time and date of death something that is changeable and not necessarily something to be pinpointed by anybody using any methods?

#### COSMIC AWARENESS:

This Awareness indicates that this is not accurate. It is possible to see tendencies in astrological energies; it is *not* possible to use it as a precise science to determine exact events. This Awareness indicates it can show days in which you might be weakened, or might develop, (this in reference to times, rather than just days); it can show times when you might be weakened or times when you might be susceptible to some tendency. It cannot show the exact date of one's birth or death. This Awareness indicates that it can show times when you are likely to form contracts, marriages, agreements, but it cannot show the nature of that pact in terms of its precise expression, for there are always influences other than the individual's chart which may modify that individual.

This Awareness indicates, for example, one may have a tendency to form a contract at a particular time. One may even have an appointment for such a contract, but someone else involved in the contract may have a need to change the schedule, and though your charts show it is time for this agreement of contract, the other entity's cancellation of the appointment can leave you wondering what happened because astrologically it showed a contract.

This Awareness indicates that instead, you may find that the rest of your day is spent negotiating between yourself and someone else over some kind of differences that you have, perhaps even an argument may follow that finally gets resolved before the day is over, and upon looking back you will see that the contract

which you anticipated early in the day which did not develop, which was shown by astrology, was actually fulfilled astrologically in the negotiation or argument which took place that allowed you and a different person to reconcile your differences into a kind of agreement, and that agreement may not have been in written form, but in verbal form.

#### In Astrology Only the Influences Are Shown

This Awareness indicates that astrology is likened unto weather trends where there may be a tendency to have cloudy and wet rain or cloudy weather at a certain time, and you can prepare for that weather, but you cannot control it, and it may alter because of some unforeseen factor so that you don't get caught in the rain, or you, having prepared, are in a safe place when the rain breaks. Astrologically, you cannot say the exact manner by which the influences may affect your life. You can say that the influences will be there, and you can take precautions to avoid putting yourself in jeopardy of those influences.

This Awareness indicates that this was tested by one astrologer, wherein she looked at her chart and realized that on a certain date indications of her death were strong, therefore, she locked herself in her room at that time, refused to go out, had sufficient food and necessities so that she would not need to leave her apartment for several days, while the influence was there. During that time, she did not die, but her neighbor died, her dog died, and a relative died during that period of time. Death struck around her, and death showed in her chart, but it was not her death that was expressed. Had she been out on the streets, it might have been a different situation.

#### Taking Out An Insurance Policy Because of an Astrological Prediction of Imminent Death

This Awareness indicates that the story is that there have been certain astrologers who have foreseen their death and though, throughout their entire life had never had an insurance policy, and upon seeing the possibility of their death, they take out a large insurance policy just weeks beforehand, and true to their predictions, die, and collect on the insurance policy which for them was an inexpensive cost. This Awareness indicates that it is possible to foresee the trend or tendencies of something. It is perhaps beneficial for some entities to have the tendencies pointed out when the death experience might occur. It is not possible to guarantee, for an entity may be able to take precautions in some way as to avoid the experience, particularly when they can look ahead and know when the experience might occur.

#### A Death Prediction and the Power of Suggestion

This Awareness indicates that this can be of value for such predictions as this one offered. This Awareness suggests, however, that on the negative side, if an entity is susceptible to suggestions and is told by someone years ahead that he or she will die at a certain age, at a certain time, is there not a danger that this becomes likened unto a hypnotic suggestion planted in the subconscious? and if the entity believes this, is it not creating that event for the entity's future to occur at that time, or at least, creating the tendency for the entity to set up the death experience subconsciously, so that when the time arrives, the entity subconsciously contributes to his or her own death? That is the negative danger of such predictions.

If one believes the prediction, they contribute to it. It can become a self-fulfilling prediction. If one does not believe it, the entity may ignore it, perhaps consciously, but subconsciously fear it, and it may still have its subconscious effect in making it a self-fulfilling prediction. On the other hand, if the entity accepts it as a

trend or tendency that might develop at the time, and perceives it as a warning to be careful during that time, then the entity in placing a belief that he or she can circumvent that time and survive that time may not contribute to their own self-fulfilling prophecy of death and may find somehow that they have managed to circumvent that dangerous moment and live beyond the allotted time.

This Awareness indicates that it will depend on the individual whether or not he or she thinks the information would be valuable or detrimental. This Awareness never tells entities when they are going to die, though there have been many who have asked this Awareness, for the statement indicating when one is to die can very easily become a powerful suggestion.

#### **Voodoo Curses: The Power of Suggestion at Work**

It is the same thing that occurs in voodoo curses, wherein an entity discovers that they have been hexed by some voodoo curse, and they then become fearful and wonder when they are going to die and they can no longer avoid the fear that accompanies this alleged curse, which is to a greater part nothing other than the power of suggestion, yet, if the entity believes this suggestion, it can indeed take seed in the subconscious and bring on that predicted death.

This Awareness indicates that it is this knowledge that you have been cursed by some voodoo priest that gives the greater power to the curse. Were you not aware of such (a) curse, it would have little effect on you, and were you to be aware and yet also be aware that the power of the curse lay in its ability to frighten you and make you believe in its power, you could then take precautions, such as visualizing yourself wrapped in White Light and the curse being bounced off of you, going off into space, unafflicting your being, so that such (a) curse would not actually receive any energizing from you.

This Awareness indicates when there are voodoo curses put upon entities, generally, there is the effort to let the entity know that he or she has been cursed, and when you know this and fear it as being a valid thing, you tend to become a partner in energizing that curse. You begin to feel yourself as the victim, and in such feeling, you help to energize the effects of that curse. If entities understood that they need not be the victim, that the curse is powerless without their participation; that the curse has little energy without their participation, and that they have the same powers, the same psychic powers as the priest to protect themselves by some imagery and physical routine or action symbolizing protection. It can be nothing more than stomping your feet three times and visualizing White Light wrapped around yourself.

The more elaborate the ritual is the more you will believe it. The use of physical action is to help your subconscious accept it as fact. This Awareness indicates that in so doing you can avoid any repercussions from the alleged curse. Likewise, you may do the same with astrological projections; wherein you see a time coming that shall be difficult according to astrological suggestions, you may not be able to totally avoid such, but you can minimize the dangers.

For example, it is seen that there is danger of accidents. It is best then to put yourself in a position where there are few opportunities for an accident. If there is seen to be a danger of fire, it is good to put yourself in a position where there is not much chance of a fire breaking out. These energies are still present, but may assert themselves in a different way. The fire energy then, may assert itself more in terms of perhaps some

kind of emotional outburst rather than actual physical fire, or you may have some kind of stomach acid difficulty, so that it becomes a sort of burning inside. There will be some form of expression of the energy, but it needs not be the most apparent level of expression.

#### **What to Watch For When Uranus and Mars Get Together**

This Awareness indicates that many times, for example, the planet Uranus, which suggests sudden and explosive action will be involved in an aspect with some other planet such as Mars, which suggests militia, or police or military or iron and weapons or knives and possibly fire, and when Uranus and Mars are in certain aspect to each other, an astrologer might warn you: "Watch out for fire, watch out for violence, sudden explosive violence that might occur." This Awareness indicates that this energy is not going to go away just because you ignore it, but you can create a situation where you avoid those potentials, the worst potentials.

There may be, for example, someone who comes up to you and starts wanting to pick a quarrel with you. All of this would come under the aspect of Uranus and Mars in certain conjunction or in square to each other, and if you engage or involve yourself in this action, it could result in something greater, such as physical violence, knives, gunshots or something to do with militant action, perhaps even fire, but because Uranus also has other qualities besides sudden explosiveness, and because Mars has other qualities besides the militant factors, you can appeal to that energy in a different way and respond to that energy in a different way so as to rise above the ordinary.

Uranus, for example, contains altruistic qualities. Mars is also an energizer, giving adrenaline type of energy; therefore, if you appeal to whatever the situation is in an altruistic manner, in other words, giving up self-demands or self-interests for the sake of another, and energize some kind of action that is beneficial to the other, you may totally avoid the conflict that would otherwise have existed.

This Awareness indicates likewise, with the planet Saturn, its general action is to be oppressive, but the way you can get around its oppressiveness is to take on the responsibility which it demands of you voluntarily, and once you face all of that heavy responsibility, it cannot be oppressive to you, therefore, it is no longer your enemy, it is simply a director helping you to face the responsibilities which you must face at that time. This Awareness indicates that this is the value of understanding and knowing astrology and using it to your benefit.

This Awareness indicates in terms of life, its events and the predictions that astrology has to offer, the value of knowing and following astrology is not to let yourself become fated or compelled by astrology, but to see where the influences are so that you may best prepare and circumvent or use those influences, just as one would do with weather forecasts.

### **ISN'T IT UNETHICAL TO PREDICT DEATH?**

#### **FOLLOW-UP QUESTION:**

Awareness, it seems to me that it's unethical for a professional astrologer or anybody else to advertise that they will tell you when you are going to die for \$15.00. Sam Millar, for example, has often seen certain death in his Tarot layouts for various people, but under no circumstances would he ever tell them that. And I was just wondering: Is this unethical, or isn't it?

**COSMIC AWARENESS:**

This Awareness would suggest in terms of the usual concept of ethics that this would be considered unethical because it could harm others. This Awareness indicates that in some instances, entities could benefit from this knowledge if they did not yield or succumb to the negative side of the information, because they would be able to have a certain amount of forewarning and time to put their life in order prior to this energy flux which might result in death. This Awareness indicates that whether it is unethical or ethical for this entity to do this would depend largely on the case by case relationship and whether the entity giving this information could properly assist the recipient in having the right use of the information, so that the entity did not unethically violate others with the information, such as going out and charging thousands of dollars on credit cards two weeks before dying, or so that the other didn't become victimized by the suggestion and die when he might otherwise have survived, or so that the other doesn't take the information and use it as some kind of psychological control over his or her friends: "I am going to die at this time," or so that the other doesn't take information for a friend to discover when the friend or business partner is going to die and misuse that information for self-gain, but in such (a) case, this would be the recipient who would be having the ethical problems in some cases as well as the astrologer.

This Awareness indicates that the astrologer is bordering on actions which could be harmful to others, and in some cases will surely be harmful to others, but in other cases can be helpful. It is a question of borderline ethics, and it is not absolutely in every scenario unethical for this information to be given, nor is it ethical. There are some aspects of unethical behavior and there will surely be unethical actions in regard to this, but there are also some benefits for individuals. On the whole, for the majorities of entities, the tendency would be to be more harmful to them than to be of benefit, but this is not a strong assertion.

It appears at this time, most entities who sense that this is unethical for them or harmful for them would avoid seeking the information. This Awareness suggests that there are some who will seek the information in order to somehow benefit. It is a question that relates to your concept of ethics as conceived in your philosophical levels as whether it brings good or harm to others and in this instance, it bring some good, and potentially brings more harm. This Awareness indicates the question of ethics might be important here also, for entities to question: what is ethics in relation to who is harmed and who isn't?

For example, if one knows that one is to die at a particular time or expects to die at a particular time and takes out insurance, is that ethical in regard to the insurance company, for isn't it cheating the insurance company? This Awareness indicates that is one question of ethics. Then, another might add: "But the insurance company is unethical, because they take tests, they do statistical analysis and they figure how they will win over the customers by demanding certain health classification before insuring the entity and by knowing from statistics that this number of people will live *this* long and pay *this* much before they ever receive anything in return, and therefore, the insurance companies make much, much more than they ever pay out.

This Awareness indicates that maybe it isn't such a question of ethics as it is a question of who is playing the game with whom, and how can one play the game better? This Awareness indicates that it all depends upon the perspective or viewpoint of the one who is

speaking ethics or considering what is ethical. That is not to say there is no need to concern yourself with ethics; the generalities of ethics are those that help entities to avoid harming others. This may not always be clear, for if an entity, for example, has some kind of physical problem that needs correction, is an operation, which cuts and hurts, harming that entity, or is it perhaps saving greater harm to the entity?

This Awareness indicates that there are areas when considering ethics that are impossible to be certain about, and some entities make mistakes. The operation may be a failure and may hasten the death of the entity, or the operation may be a success and prolong the life of the entity. Where does ethics fit in to such a case? Is it not somehow connected with intent, and one's own belief or evaluation of what he or she is doing? Thus, the astrologer may not be so unethical in his own mind. He may feel that this is indeed a service which he is giving and there may be many others who agree, while, at the same time, on occasion, the entity may feel that giving this information to a certain person is bordering on unethical behavior, contributing to that entity's earlier death or misuse of the information, and likewise, the entity receiving the information may have ulterior motives, therefore, there can be some unethical behavior involved.

It is not something that can be judged. This Awareness reminds you: Judge Not. Discern, without judgment. This question has been looked at with discernment. It is not so much necessary to determine how to judge the entities as to understand and discern the aspects involved in this. Let each entity make his or her own discernment of What Is in regard to this kind of question.

### **IS IT CHEATING OR JUST GAMBLING? (Making Money on Insider Information)**

**FOLLOW-UP QUESTION:**

Well, forgetting the question of ethics, there is ... it is considered a felony crime, for example, for people trading on the New York stock exchange to make money buying or selling a company stock on which they have received insider information. This seems to me that in the example Awareness gave, of the entity knowing the day of his death and taking out a lot of money on insurance is sort of like insider trading because it is obviously an attempt to cheat or gain money from this company.

I was just curious, if from a cosmic point of view, and from the point of view of the entity's soul growth, is this considered more like he was gambling, or is this considered the fact that he was actually cheating?

**COSMIC AWARENESS:**

This Awareness indicates that it would be more on the order of gambling or playing the odds, according to his evaluation of the odds. This Awareness indicates that the action of the majority of entities would not rely on astrological information, they would rely instead on some other reason for their purchasing of the insurance with the intent of coming out ahead in some way, and this entity in believing in and using astrology, is doing nothing other. If the entity is using astrology, and others do not accept it as having validity and he does, he is using his belief in something to help him evaluate a good deal on the marketplace.

It is a question not so much of ethics or cheating, although some might call it cheating if they believed in astrology and see this as his way of cheating, it is more a question of whether or not the entity has somehow found a loop-hole in the program or structure of insuring

the masses, in such a manner that the insurer always wins. It is likened unto the casino, wherein the games are always rigged for the house and someone finds a loophole, and finds a way to win; is this entity cheating? Is the entity who finds the loophole cheating the house who is cheating the crowd?

This Awareness indicates it's all part of the game.

### IS SEEKING KNOWLEDGE NOT FUTILE?

(Isn't All Knowledge Available When We Merge With Divinity?)

#### QUESTION:

A question from Eugene O'Leary in Saskatoon, Saskatchewan: "Is our thirst for knowledge not blinding us? Is knowing little and putting a lot into action not more profitable to the soul in its eternal development or does the attainment of Cosmic Awareness use both or all methods simultaneously? Is not all knowledge instantly available to the soul, when merging with Cosmic Awareness? If this is true, then is seeking knowledge not futile? Does striving on the path of love, not knowledge, not bring about the greatest advancement for the soul, or is it both?"

#### COSMIC AWARENESS:

This Awareness indicates that it is important that entities develop through action the life of service, but it is also important that entities understand how and what actions are most suitable, and this requires a certain amount of understanding or knowledge. This Awareness indicates that many entities act out of their love for someone, but their actions harm that entity. You may love someone so much that you do not want to see them hurt, and therefore you prevent them from ever having their own experience and you over-protect them, and in so doing, you end up hurting them or keeping them from developing their own life needs and expressions.

This Awareness indicates there is too often under the umbrella of loving someone, a smothering or some other kind of harm to that entity, but this can be avoided when entities have (a) greater understanding of how, when and in what manner love can be expressed, but this understanding is that which depends on the knowledge and knowledge is found in the experiencing or sharing with others in terms of their experiencing. This Awareness indicates therefore, knowledge does have its place in the evolution of things, and action has its place, for knowledge without action, is meaningless.

#### The College of Frivolous Knowledge

If you do not act on the knowledge you have, then what good is the knowledge. This Awareness indicates that if you act without knowledge, your chances of doing something in error are as great as your chances of doing something worthwhile. This Awareness indicates, however, that entities need to be aware, that the collection of frivolous knowledge, which cannot be useful, which cannot be applied, can become a distraction preventing them from putting more important knowledge into action.

### ALL ABOUT THE NON-COLOR BLACK

#### QUESTION:

Another question from Eugene O'Leary: "I had a discussion with my father-in-law about the non color: black. It is the complete and total lack of light or color. Do we need black in this material dimension? Does black exist in other dimensions? And is Celestria a total Light dimension?"

#### COSMIC AWARENESS:

This Awareness indicates that black is a composite of all pigment colors. Light is absorbed and does not reflect, and therefore, is not seen in the black. Whether or not it is needed is a moot question, for it IS. It has to do with the visual organs, the eyes, which perceive this phenomenon. What is the point of questioning whether the eyes should or should not be aware of this phenomenon known as black? This Awareness indicates that it is simply part of the myriad of colors, the mandala of life. This Awareness suggests that it has its place, just as white, or blue, or any other color.

This Awareness indicates there could be an elimination of black, hypothetically speaking and entities would be asking: Is there some other color that we do not see? This Awareness indicates there are already colors that are outside of the spectrum of your eyes, of your vision, which you cannot see. Do you want to add another?

## AMAZING NEW MASTER INDEX

### NOW ON CAC'S WEBSITE:

Just think of any subject Awareness has ever talked about, type in a keyword, and before your eyes will appear a listing of almost every newsletter published that contains information on that subject. Thanks to Jon Strongbow's 25 years of research, our website has now added 95,706 new entries for your convenience. New members who need back issues can now type in the subjects they are interested in and order back issues for immediate delivery. You can order on line using Paypal ordering system or just mail your order to CAC. All back issues are \$3 each and postage for any amount ordered is only \$1. Check it out!

[www.CosmicAwareness.org](http://www.CosmicAwareness.org)

Wisdom of Awareness...

### On the Forthcoming Karmic Cleansing

This plane is due for a deep karmic cleansing, that this shall occur with the blessings of entities who are willing to accept the cleansing, who are willing to take the cleansing upon themselves, who are willing to cleanse themselves; or this shall occur from forces outside, which shall cleanse the earth of its scum. This basically is the message which this Awareness wishes entities to understand: that there is a great need upon this plane for change... (Issue 78-26).



## WHEN YOU FACE THE LIGHT AT THE MOMENT OF DEATH

This Awareness suggests that at the end of one's life, when entities pass beyond the final curtain and move from their character, drop their robes of their character, drop the performance on this physical stage, move back into their true identity of their soul, then they come to that which is called 'the moment of truth' wherein they are confronted by the Clear, White Light of reality—the All-good Buddha, the Christ Light of Truth.

This Awareness suggests that this Light which occurs to entities the moment of death, this Light does not have difficulty in discerning the differences in terms of language, in terms of intellect, in terms of any of those levels of evaluation which may confront other types of critics. This Awareness indicates this Light which occurs at the moment of death is nothing other than the Light of Truth, Love and Crystal Clarity.

This Awareness indicates that this Christ Light, this is that which does *not* judge you at the moment of death, but which simply reflects yourself to yourself by its very presence, wherein you, yourself, compare yourself with Light which is present.

This Awareness indicates if you stand next to perfection you cannot help but see your imperfections.

This Awareness indicates that the *only* question which the Light asks is the question of whether or not you accept yourself, and have served others—and served them well.

This Awareness indicates the Light does not judge, does not criticize, does not condemn, does not preach, does not write up records of evaluation to tell you where you made your mistakes in the play, does not compare you with others, does not evaluate your performance in terms of what it could be, in terms of what the script called for, in terms of what others would have done with such a script—the Light simply *IS*, and the Light simply radiates love, which causes the entity to ask, "How many have I served? How well? And do I love myself as much as the Light loves me?"

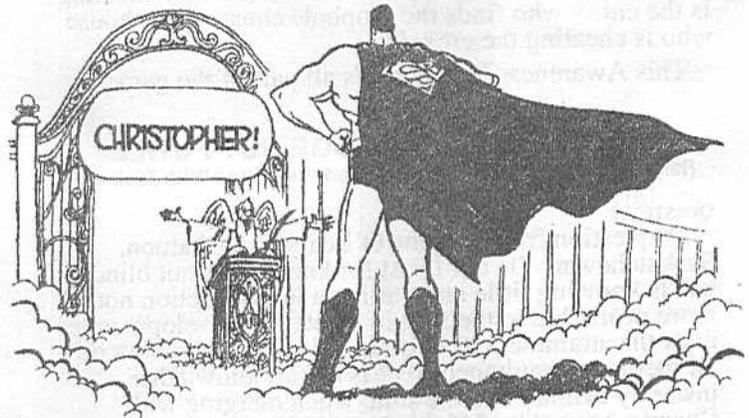
This Awareness indicates that you, as an actor, you as a soul, are your *only judge* when the play is over. You compare yourself to others. You evaluate yourself. You criticize yourself. You punish yourself. You praise yourself. You compare yourself to what you could have been, and you feel the remorse and the joys that are yours to feel, according to your own inclination.

This Awareness indicates the final critic is *yourself*, and this critic comes out. The final judge is *yourself*, and this judge comes out. The final executioner is *yourself* and this executioner comes out when you are confronted with the Light of Love and Truth. For this Light of Love and Truth becomes the spotlight which shines upon you and upon your entire life as though you, yourself, were the stage, the actor, the plot, the play, the scene, the script, the situation, and the director, and producer of your show.

This Awareness indicates that you, yourself, being all of these, are also the audience of your show.

This Awareness suggests that this Light serves simply as an observer and reflector, that you may see yourself as you are in the mirror of the Light of Truth at that final curtain when the moment of truth flashes across the universe of your being.

Excerpt from the 12<sup>th</sup> Lesson of the Sea of Leo of the Cosmic Awareness Spiritual Development Course available from CAC.



A HERO'S WELCOME

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## OPINIONS AND BEING OPINIONATED

### OPENING MESSAGE:

This Awareness indicates that most entities have opinions about almost everything and that this may be totally unnecessary and that in some cases, the opinions are more harmful than good. This Awareness indicates that *It* wishes entities to think about opinions and being opinionated, for some entities actually bring upon themselves more difficulties by having strong opinions on things, when these opinions may not be necessary.

This Awareness indicates that if entities have opinions on abstract concepts or ideas that do not particularly affect anyone, this generally is harmless and does not create problems as a general rule, but those entities who have opinions on every little thing and express those opinions in a way that imposes their opinion and their influence on another should consider carefully whether it is really necessary to be opinionated to such a degree.

This Awareness indicates that sometimes an entity can have an opinion that influences another's life in such a way as to bring misery or frustration to that other, simply because the entity has a strong opinion which really may not be appropriate in terms of imposing it on someone else.

This Awareness indicates that to be imposing on another person is not much different from a tyrant in a society that imposes his opinions on the masses. If there is only one entity under a tyrant, the entity may still be a tyrant with only one subject but is no less a tyrant if he or she is imposing on another excessively in a tyrannical manner.

This Awareness indicates that sometimes an entity can express themselves without imposing or influencing through an opinion, by asking a question. You might, for example, ask: "What do you think of this, or that situation in the news?" and in this manner you let the other person express their opinion.

Perhaps their opinion is different from yours. Perhaps it is an opinion that you do not accept or agree with, and you would love to jump in and say, "That's not right! Here is the way it should be seen!" and then express your opinion about it, but this Awareness suggests you might try something different.

Rather than indicating to the entity that you disagree with his or her opinion, you might try asking: "Why do you think that?" and let the entity explain further why he or she has formed this opinion. In this manner, instead of imposing your opinion on another, you give them the space, give them the opportunity to express their opinions and to explain their opinions, and there is a possibility that you might learn something that you would never learn if you expressed your opinion and didn't give them the opportunity to do likewise.

This Awareness indicates that *It* does not wish to tell entities they should not express their opinions; *It* is simply suggesting that you not be so quick on the draw with your opinions, that you are constantly shooting down others without giving them a chance, for if you do, you may dominate others, but you may not be very likable, and you may not learn very much from others as you would if you were to allow them to express themselves and be receptive to what they have to say.

This Awareness indicates it is just something to think about for there are, it appears, far too many humans who are quick on the draw with their opinions and far too few who are willing to listen to the opinions of others.

## THE MAKING OF CRIMINALS

(Who Is Responsible for Future Violence?)

The Child or the Parents?

(More on the Origin of Cancer and Heart Problems)

### QUESTION:

A question from George Lee, La Peer, Michigan. He writes: "In the 90-4 reading Awareness stated that spanking a child with heavy passions and emotions can and often does create seeds that develop and grow into violent demons later in life. One can assume then that beating and whipping the child in anger and rage can bring about similar, if not more serious problems.

"The question is this: Who is responsible for the acts of future violence? The grown child who expresses him or herself in violent ways, or the parents who planted the original seeds?"

### COSMIC AWARENESS:

This Awareness indicates that the responsibility lies with both. The parent may instill his or her personal anger and hostility into the child through the beating, but the child allows this to grow and fester into its matured demonic fruition. This Awareness indicates that it is not so much that it becomes a full-blown demon; it may express itself in a different way, as an illness.

#### How Anger Can Express Later as Cancer or Heart Attacks

It can express itself as anger, as it was received, that festers within the child, unexpressed, until time passes, and the child simply becomes laden with anger, unexpressed anger, or inhibited anger or some other emotion, or the child may convert it and turn it against himself and it can become the kind of demon that creates an illness for the child, such as high blood pressure or cancer or some self-destructive attitude that leads, for example, to alcoholism or some other self-destructive habit.

This Awareness indicates that if the child turns this into an attitude of rejection and self-pity it can very easily become the seed for future cancer in the body. If the child carries it around as pent-up anger and hostility, it is more likely to come out as circulatory or cardio-vascular problems.

This Awareness indicates that it may express itself as high blood pressure, or some other cardio-vascular expression that eventually leads to strokes or heart attacks, or kidney breakdown. This Awareness indicates that anger is the more common way of expressing the anger that one has received.

#### A Beaten Child Will Usually Beat His Own Children Later

The child who is beaten by an angry father is most likely to develop anger within him or herself, and this may be passed on to the next generation. The child grows up who was beaten by a parent and turns around and beats their children also, and entities think that high blood pressure or cardiovascular disease runs in the family, when it may only, in reality, be perpetrated in the family through the behavioral patterns that pass from generation to generation.

This Awareness indicates that the same may be said for cancer. If there is a tendency to reject or to feel rejected, the entities who experience the feelings of rejections often turn those feelings into a kind of self-negation which becomes an attitudinal breeding ground for cancer within the system and allows it, along with other environmental and biological things within the system, allows it to develop.

### Anger Attitude Leads to Cardiovascular Problems

Some entities would never get cancer. Most entities who have anger in their system, do not develop cancer, they develop cardiovascular problems, and most entities who take the passive route and become more concerned about being rejected, will develop the cancerous condition.

This Awareness indicates sometimes, there are exceptions to this situation, but often these exceptions are not due to the attitudes so much as to environmental or dietary causes. The entity who, for example, becomes more aggressive in anger may also tend toward a diet of fat or a diet of foods that contribute to cancer, and thus, may in some instances develop cancer in spite of the hostility that is carried within the system that normally expresses as cardiovascular disease.

This Awareness indicates that therefore, it is not something entities can classify as a 100% way of evaluating what kind of disease they might come down with because of their attitudinal type. The attitude plays a part, plays a role, but it is not the only factor that contributes to different types of disease.

The environment might, for example, contain some toxic waste that contributes to the cancerous condition that may not have anything to do with attitude. This Awareness indicates that if this did not clearly cover the question, that it may be re-asked or that other questions may be asked in this regard.

### VIOLENT PEOPLE WHO END UP IN PRISONS: IS IT KARMA OR A VIOLENT HOMELIFE? (The Sins of the Father Visited Upon the Children)

#### QUESTION:

George has a follow-up question here. "Following this line of thought, it is common knowledge that a great many individuals who are in prison for acts of violence are people whose home life was full of violence from their parents. Are they to be held accountable for seeds being planted for which they had no control over, or were these prisoners used as errant spirits in flesh form to fulfill a karma, or the Divine Providence of God?"

#### COSMIC AWARENESS:

This Awareness indicates that it has been said in Biblical terminology that the sins of the fathers are visited upon their children. This is an example of how the sins or misbehavior of a parent can be passed on to children. This Awareness indicates that it is possible for any individual at any time to stop the flow of karma.

Just because one is beaten does not mean that they have to turn around and kick their dog or their child or their wife or someone else. This Awareness indicates that each entity has free will. If they are total robots to conditioning, then indeed they would be very likely to turn around and kick whatever weak person or thing is near them, but most entities have the choice, or the opportunity to make a choice about what attitude they will express in regard to what has happened to them.

This Awareness has indicated that most entities are operating from conditioning that is imposed upon them by environmental situations, and that there is very little free will, but the free will that is available is found mostly in the area of attitude choice. You may choose what attitude you wish to feel and experience in regard to what occurs to you.

#### Soul Development Makes the Difference in Choice or Attitude

Some entities will cry when water is sprinkled on them. Other entities will laugh and enjoy it, even under the

exact same conditions. What makes the difference in the choice of attitude? That is the question, and it has much to do with soul development.

If an entity's soul is developed to the point where little things do not bring the entity down into base and vile behavior patterns or attitudes, then the entity is spiritually healthy and can overcome those events that are damaging to the entity.

If the entity's attitude is such that he or she has faith in some Higher Powers, then even the most difficult and trying things that occur will not get the entity to act on a base level, a cruel level, or to take on hostilities that are dangerous to others or detrimental to others.

The entity will simply accept a punishment, perhaps undeserved, and go on and try to recuperate and make something worthwhile from his or her future experiences. This Awareness indicates that each entity has the ability to select the highest and best in each moment, and moving from moment to moment, choosing the highest and best, allows the entity to show the spiritual evolution, to experience the spiritual evolution, to grow with a spiritual evolution.

The entity who experiences a set-back and becomes bitter and angry and chooses the lowest and worse of the moment in terms of expression will find that from moment to moment, with each choice of the lowest and worse, his life/her life, becomes more meaningless, more destructive and more unbearable, not only to self, but to others also.

#### Earth Experience is a Test of One's Spiritual Development

This Awareness indicates entities need to understand that their purpose and their experience on earth is likened unto a test of their spiritual development and growth and each experience may be another question as to their response to it, and the grade they receive will depend on their attitude to the experience and how they respond to that experience.

Some entities may receive more punitive experiences than others and it is possible that they have carried this over as a karmic burden from a previous lifetime, in which they need this kind of discovery and discipline and lessons, therefore, they may be born in a family that is abusive to them and may need to learn how to overcome that abusiveness with an attitude that lifts them up rather than makes them more hostile and bitter.

Therefore, if they become more degraded because of their parental abuse, they are failing their lessons in this life, and if somehow they overcome their parental abuse and make the best of a bad situation, then they may be learning from the lessons of this life so that they can go on to higher lessons that are not so demanding of them or not so punitive towards them.

This Awareness indicates that karma is karma and entities can point the finger and blame the parents, and perhaps make themselves feel better temporarily, but they still may carry the scars of the karma which they themselves owe, and if they can learn to carry their karma without so much complaint or blaming of others, then they can get through the karma more quickly and grace will prevail to lift some of their karma accordingly.

This Awareness indicates if an entity who is burdened down with karma himself or herself can be gracious, then they too are deserving of grace to lift some of their karma from them, but if the entity is burdened down with karma and looks for someone to hate and to blame for it, they deserve no grace. They will not likely receive any grace and will need to continue carrying their karma until they have repaid whatever debt they owe.

## A MESSAGE TO PRISONERS: MAKE GOOD USE OF YOUR TIME

### QUESTION:

One final question from this entity. He writes: "I understand that not all inmates are products of the society, but what about those who are? It seems that we are getting a bad rap for situations we had little control over, unless of course, when choosing our experience we filled it with such miseries and mysteries. Any insight would be appreciated."

### COSMIC AWARENESS:

This Awareness indicates that last aspect of the statement is the key; that most entities who enter into prisons either have done so because they have accepted that role as part of their karma, or have some other destiny or purpose to fulfill. Those who are truly innocent, who are in prison, often need that time to become more focused on their purpose and meaning in their lives, and can gain from the time, if they do not develop a hostile attitude of blame toward others and can make use of the reality of isolation and imprisonment to their favor.

Thus, some entities in prison will use the time to study, to learn and to develop new skills and the time becomes useful rather than wasted. It is a matter of what an entity wants to do, and how the entity wants to face adversity, either by blaming others, which is the most common approach, or by making the best of a bad situation and seeing what can be developed during such a time that would be of benefit to the entity or to the others.

This Awareness indicates the entity who seeks to blame others or who seeks to show that others are to blame for his behavior is in a state of denial, in the first place denying that he or she has any control over his or her life, and assuming that all others have control, and if you cannot accept that you have control over your life, you are never free. You are always a prisoner.

Your imprisonment begins with the assumption that others control your behavior, control your conditioning, control your life, and if you seek to blame others for your own choices, you have automatically imprisoned yourself and put yourself under the control of others so that you do not even have the freedom of choice.

Thus, you are the first court to sentence yourself by blaming others for your behavior and by not taking responsibility for your life. This Awareness indicates that if this continues, the entity will never have any sense of freedom, not even the freedom to be responsible for his or her own actions, but will always see that others are in control.

### Taking Responsibility is the First Step to Freedom

This Awareness indicates that once the entity begins to take responsibility for his or her own actions, that is the first step in becoming a free person, and must occur before any other actions can free the entity further. By blaming others for your behavior, you put the responsibility in their hands and deny yourself any chance of having a choice in choosing freedom.

It is sometimes believed that if you can blame someone else you can escape the consequences of the action. In some cases this has occurred with children who blame their brother or their friend or someone else, and they escape the consequences of their own behavior.

This Awareness indicates that this becomes part of the prisoner's thinking; the entity who will eventually become a prisoner, because an entity who can blame another for his or her behavior and not take responsibility for his or

her actions and behavior, is essentially saying: "I am not responsible. I am not in charge of myself. This person, that person, or this conditioning or that event in my past created what you see: an irresponsible person, and I can't be held responsible for what I do. Therefore, I need someone in charge of me, since I cannot control myself."

This Awareness indicates that is the beginning of imprisonment. It is the attitude that leads entities into imprisonment at some point in their lives, whether it is a state or federal prison, or whether it is a situation that imprisons the person. Many entities are out in society, but are just as imprisoned in their situations as another who is behind walls and bars.

You need not have bars in front of you to be imprisoned by circumstances and situations, but anyone who is imprisoned generally got there by blaming others and by refusing to take responsibility for his or her own actions.

## VICTIMIZATION: THE BELIEF THAT ONE HAS NO CONTROL OVER HIS LIFE

(Perry Como's "A Prisoner of Love")

### FOLLOW-UP QUESTION:

There's an old song, re-popularized by Perry Como some years back called "Prisoner of Love". Is this metaphor, it seems like by what Awareness just described, that this metaphor has more truth than lyric to it; that entities, as implied in the song, could theoretically or figuratively be bound in chains over some entity that they fancy they're in love with.

### COSMIC AWARENESS:

This is in the affirmative. This Awareness indicates there is also a song that says: "Don't blame me for falling in love with you," which implies the entity has no control over his or her life, and that they are simply the victim of some mysterious force called love. This Awareness indicates that as long as entities feel they have no choice, as long as they feel they have no control, and that life and life circumstances are in charge of them, they are into the victim mode or the prisoner mode of thinking.

### Most Criminals See Themselves as Victims

This Awareness indicates most prisoners blame others, and most prisoners see themselves as victims. Most criminals blame others and most criminals see themselves as victims, even though they may have victimized others. Even though they may have murdered or injured others severely, they think of themselves as the true victim, and the other as simply an object of their victimization, and that if they have hurt someone, it is because something else; society or someone else "made" them do it.

That is the typical aggressive oppressive criminal's mind-set, and until they get away from that, they are not likely to become free individuals, even if released from their confinement in a prison or jail. Each individual must accept the responsibility for his or her behavior and violations toward others, if such occurs.

A true entity, who is free, does not have to concern themselves with hurting others because they would never do it, and therefore, they are free of the concern. They would be so careful not to hurt others they would not even give a great concern about the fear. They would be aware from moment to moment of others near them, of their needs, of their situation, and be responsive to these others, and if they found themselves moving into a situation in which there might be some form of endangerment to that entity, they would simply remove themselves and avoid contact with that entity until the threat or danger of them harming the entity had passed.

The entity who is sensitive to the feelings, to the welfare, and concern for others, is sensitive because, to hurt another hurts them. They do not look at others as simply objects or things, especially not things that get in their way, as do some entities. They look at others as living beings in which there is a relationship to themselves.

#### The True Meaning of the Golden Rule

They see the other as an extension of themselves. The truly sensitive person sees all people as extensions of themselves and would not hurt another any more than they would want others to hurt them. This is the true meaning of the Golden Rule: "Do unto others as you would have them do unto you."

The wording may not be precisely right, for what you want others to do to you may not be what they want you to do to them. This Awareness indicates that a more precise wording might be: "Do to others as they would want you to do to them, even as you yourself would want them to do your wishes."

This Awareness indicates that essentially, however, the spirit of the Golden Rule is clear and the meaning of it is to treat others with the courtesy, kindness and gentleness that you would expect or hope they would give you, and it is to be cautious and sensitive to their rights, and this becomes a priority.

#### Most Criminals See Others as Objects, Not as Living Beings

Most entities of a criminal nature look at others as though they were objects. They do not see in the little old lady walking down the street with a purse; they do not see her feelings, her life, her agonies and pains, her little hopes and wishes for the remaining years of her life. They do not see her concern for her children or grandchildren. They only see her as an object with a purse, and the purse may have money in it, and therefore, this little old lady is discardable if necessary in the quest for the purse.

Most criminal thinkers see others as objects. They do not see them as extensions of themselves. They do not have sensitivity toward others. They do not view them as living beings inside those bodies. They simply see the bodies as things on the street, as objects on the street. This Awareness indicates this is the difference between the enlightened being and the unenlightened being in terms of how they view each other.

#### How An Enlightened Being Views a Criminal

Even the enlightened being, looking at a criminal, does not see this criminal as an object that should be disposed of. They generally see this entity as a being that has somehow gotten off course and they would like to see some redemption and some rehabilitation, a kind of repair, to bring the entity back into an acceptable mode of expression.

This Awareness indicates, however, the criminal mind, looking at an enlightened being, simply sees this entity as a physical object, and in some cases, may see the entity as no more valid or meaningful or having no more rights than a statue, a stone or marble statue, and if they are vandalizing in their nature, they could vandalize the statue by hitting it with a sledge hammer, or they could hit the enlightened person with a sledge hammer, equally, and without any greater sense of compassion.

This Awareness indicates that it is hard for an enlightened person to imagine another with that kind of view or attitude toward people. Likewise, it is almost impossible for the criminal type to look at another person with a sensitivity that sees the other person as being an extension of himself, as being wrapped up feelings, needs, experiences, concerns, wrapped up in skins, in face, in body, in clothes, and underneath the name and behavioral patterns, being almost identical to the

same feelings that the entity himself has inside.

Most people are the same in the deeper levels. They all feel. They all have needs. They have hungers. They have hopes and dreams and wishes. They have loved ones. They don't usually feel very much loved or deserving of love, and most people are willing to put themselves out somewhat, but their limitations, because of experiences, may be different.

In some of the more shallow levels, they may have had experiences which have left them bitter, hostile, angry, even violent; and therefore, in these more shallow levels, they are different from each other, but the sensitive person recognizes the deeper level that all people share together.

The more shallow and criminal type see only the surface features. They don't like the skin color. They don't like the name. They don't like the face. They don't like the fact that the entity has a nicer suit than they have ever been able to afford. They don't like the fact that the entity appears to have purpose in his life, while they feel their life is meaningless.

Therefore, the criminal type sees the other as an object of contempt or an object that could provide them with something. This is the difference between attitudes that entities experience, and it is important, for those who would be aware, to understand these difference and not get caught in the criminal-type mind set, and yet, to understand how it came to be the way it is and how it is, so that you do not get caught by it, for there are some who would as soon shoot you or stab you as to look at you.

You are but an object in their eyes, having no substance or meaning whatsoever as a human being.

### IS THE SCHOOL OF NATURALISM INVALID?

(People Can Rise Above a Suppressive Environment)

#### QUESTION:

In the literary world, the school of Naturalism concerns books whose writers show how the hero or the anti-hero could not rise or fulfill his life's potential because of suppressive or repressive forces that would not let them rise above it. He was at the mercy of forces he had no control over.

This then is an invalid premise, is it not?, this Naturalism school of thought, for every entity, regardless of environment has a potential, indeed, the obligation to rise above it and can, if he really works hard at it. Is this valid?

#### COSMIC AWARENESS:

This Awareness indicates that there was an entire generation who were conditioned to believe that the environment created their character and that entities were nothing more than the results of the environmental influences. This Awareness indicates that this concept has been generally discarded to be replaced by the realization that the environment has an influence on everyone, but everyone has within them, some inner drive, inner guidance system, some kind of inner strength that they can draw on to help them rise above environmental influences and to make wise or stupid choices, and that in their inner guidance system, they can either move towards something profound and worthwhile, or something that is less desirable.

This Awareness indicates that for entities to seek to blame the environment, it is simply a way of escaping or trying to escape responsibility for their own lives, and this has been, of course, the subject of literary stories and

movies of the past. But this Awareness suggests it is not an accurate portrayal, for within each entity there is the seed of success that needs cultivation if it is to grow and the success that entities can achieve requires that the entities work hard.

#### Talent and Intelligence Will Always Rise to the Top

It is not something that should be handed to entities on a silver platter by someone else. It is something that they need to work for. They must use all of their intelligence and all of their talent, and talent and intelligence in any situation, in any environment, will rise to the top, given enough time.

Entities who put forth effort to achieve something will find themselves moving toward higher achievement in that direction. Given greater time for greater expression toward that achievement, they will rise even further. Effort put forth results in rewards for the effort. It is the *Law of Gratitude* that energy that has been given, receives its certain reward.

#### FOLLOW-UP QUESTION:

The same applies to talent, does it not?

#### COSMIC AWARENESS:

This is the affirmative. The same is applied to negative energies that are expressed. Negative energies given receive their certain reward.

#### FOLLOW-UP (VIKKI):

The proportion of the effect of environment versus the self brought back something Awareness said in talking about child development, where *It* said 75% of how you develop is from something within and only 25% from the environment.

#### COSMIC AWARENESS:

This Awareness does not recall the specifics of such a statement, but it does appear to be accurate.

## LAUGHTER WHEN PAIN OCCURS

#### QUESTION (VIKKI):

In regard to the various responses that people may have in situations, in getting therapeutic massage, the lady that worked on me commented that of all the people she had, I was one of only two, that when she hit a spot that was painful, my response would be to laugh. I would like to think that that's expressing something other than just being a masochist, but what might that be?

#### COSMIC AWARENESS:

This Awareness indicates that laughter is a way of releasing tension; that most of your humor in jokes and so forth have a certain degree of tension that is released by the punch-line or images that follow the punch-line and the laughter that follows releases that tension.

It is not truly uncommon for various parts of the body that are tense to become ticklish and the tickling, leading to laughter, causes the tension in those zones, to be released. This Awareness indicates that many of the jokes that entities tell are told relating to topics that are serious in nature, tense or very somber, in which the punch-line suddenly lifts the seriousness, the tension or somberness of the concern and releases the whole thing into a levity.

This Awareness indicates that this is the nature of humor and of laughter, to relieve tension. Therefore, when you see someone who laughs at a funeral, it may not be that they are callous and indifferent; it may be that

they have been extremely tense and something has allowed them to have a release for a moment.

## WHAT PERCENTAGE OF CANCER TODAY WAS CAUSED BY CHILDHOOD ANGER?

#### QUESTION:

In the regard to the cancer cause Awareness alluded to earlier in this reading, if it were possible to trace the origin or the beginnings of cancer, through such things as rejection or anger or childhood trauma, I guess you could say psychosomatic in origin; what percent of the many people today who have various cancers, could be traced to this?

#### COSMIC AWARENESS:

This Awareness suggests approximately 60%; that the others may be more related to diet and environment. That what is commonly called heredity in terms of cancer has much to do with the attitudes that carry from generation to generation and also the diet that carries from generation to generation and environmental qualities that may be experienced by generation after generation in a particular area.

This Awareness indicates that of course, habits such as getting sun-tanned, wherein the sun's rays may create free radicals in the system that are not removed properly may lead to cancer. These are environmental things. This Awareness indicates that generally, the attitude contributes approximately 60% to the breeding ground for cancerous conditions. Other factors may trigger the cancer itself to occur in that breeding ground.

#### Why Heavy Meat Eaters Vent Some Anger

Attitudes sometimes even contribute to the diet that contributes to the cancer or the high blood pressure or cardiovascular problems. This Awareness indicates that many of the entities who eat heavy meat and fat diets are influenced by anger and the chewing on a piece of meat is a way of venting some of the anger.

It goes back into primitive feelings of the nature of hunting and destroying your enemy and eating or tearing at his flesh, and the anger can be pacified somewhat by eating a heavy steak or meat after such anger is experienced and this can contribute to the cardiovascular problems that develop, if the entity who is carrying around a lot of pent-up anger develops a diet around any meat-eating.

Thus, researchers will find that the diet heavy in meat-eating contributes to cardiovascular disease, but they do not necessarily make the connection between attitude or anger and the cardiovascular disease. This Awareness indicates that in other words, the attitude triggers in many ways the type of diet the entities may have which in turn contributes to the disease that follows from the attitude.

This Awareness indicates, for example, the entity who has suffered rejection generally develops a strong carbohydrate diet based on sweets and goodies to make them feel better, and the excess of sugar in the system helps to deplete the immune system and helps also to deplete oxygen in the cells, and this contributes to the potential for cancer.



## DOESN'T EVERYONE CARRY ALL DISEASES?

### FOLLOW-UP QUESTION:

Well, there's the school of thought that all entities have within them *all* of these viruses and *all* of these heavy potential diseases: cancer, even HIV, and they can live with it unless something triggers it. Is this basically true?

### COSMIC AWARENESS:

This Awareness indicates that this is true to a strong degree; that not everyone carries the HIV virus, but in other levels, this is generally an accurate assessment. There are enough viruses within an entity that at any time, if these viruses were to be given full expression by a weak immune system or some traumatic condition that weakened the immune system, or shocked it in some way, the viruses could create any number of problems for an entity.

This Awareness indicates it takes approximately 20 years or more for childhood hostilities from anger that has been developed within the child or youngster to begin developing the high blood pressure or cardiovascular symptoms. It may take 40 years or 50 years before it reaches a critical and dangerous level of development.

If the entity can learn to release some of those pent-up hostilities and frustrations from childhood during that time, then the condition is diminished. Even in later years, if an entity is able to go back into time and release these conditions that promote the continued hostilities within the entity, then the condition is also diminished, even in those later years.

The same may be said for cancer and other chronic diseases.

## SOUTH AFRICA: WILL THINGS WORK OUT?

### QUESTION:

One final question. This from Bhadrash Dullabh, in Spring, South Africa. He writes: "I still keep wondering when Awareness is going to give some information as to how things might work out in South Africa. I really would appreciate if Awareness was approached by your questioner to give a general reading on possible scenarios for South Africa in the near future."

Sometimes there's so much hope like the Yes vote in the recent referendum, but then again, the day-to-day picture is something like Beirut. AK 47's, Russian automatics are used just about daily and civilian killings are the order of the day, and then there's still the threat from extreme white Neo-Nazi groups who vow to fight to the end for a "Snow White" South Africa.

Please, please, please, do request Awareness to shed some views on South Africa. I've requested this type of info at least three times since 1986 and not once has anything gone through. (That statement is in error: Avaton). You may feel that very few CAC members would be interested in such information. That may be the case, but considering some of the trivia that gets to Awareness, I do think that the questions of South Africa is a reasonable request. (sic)"

### COSMIC AWARENESS:

This Awareness indicates this is indeed a reasonable request. This Awareness indicates that the situation in South Africa appears to be such that it does not have a clear and reasonable solution in the near future. It does not appear that there is any particular event that will bring about harmony. Even if something is agreed upon, it appears that there will be those who refuse to acknowl-

edge the agreement, and the problems will continue for some years in the future. This Awareness indicates that there does appear to be a potential which is not particularly strong for some outside interference into the affairs of South Africa, at some time in the future.

This does not appear to be very strong, given approximately 15% possibility at this time. This Awareness indicates that generally, it appears more likely that much the same will continue for several years as it has continued in Ireland; that the Irish Republican Army and other factions continue their clashes in that area and that South Africa will continue in the same general line that has been occurring in the past several years.

This Awareness indicates that it may diminish somewhat to fewer clashes, fewer killings, and then flare up again here and there. This Awareness indicates that this is troublesome, but that because of the deep-seated conflicts between opinionated people on the one hand, who have claims in terms of wealth and land, and others who have claims in terms of power and acquisition and hopes of future acquisition.

The conflict appears to be fueled by all of these opposing desires and does not appear to have any real solution for some time to come. Perhaps, if and when external sanctions have been lifted and the economics are altered somewhat to allow more wealth to develop in the country, there would be sufficient change to satisfy some, or if more sanctions were imposed so that entities who have a reasonable amount of wealth began to feel the pinch, they might show some willingness to compromise in order to have sanctions removed, then perhaps there could be some change, but *It* does not see that these sanctions are going to be imposed more strictly or heavily while the hostilities remain as they are, and unless there were some extreme events to shock the world, the external forces are not likely to interfere through additional sanctions or through the imposition of external influence and controls.

This Awareness indicates it appears to be a continuation of much the same for a number of years to come.

This Awareness suggests the Interpreter be brought from trance.

Thank you. (The Law Of Gratitude is given)



## Psychic Readings Over the Phone (Is There More to Them Than Meets the Ear?)

### QUESTION:

A question from Ted Helinski. "I just finished watching a program on TV advertising psychic readings over the phone. I also have noticed a growing number of ads for such services in many magazines. Are such services and organizations being used to keep track of psychics and so-called New Agers, perhaps even without the knowledge of many of the people in charge of such organizations?"

### COSMIC AWARENESS:

This Awareness indicates that this does not appear to be a deliberate motive. It appears that this is simply a way of capitalizing on the 900 number opportunities whereby entities pay per minute for phone use in calling for these services and that it has also taken a tangent toward 1-800 numbers, wherein entities calling the free number are given the opportunity to have a reading for a set price without the 900 number being involved.

This Awareness indicates it is simply something that reflects the interest of the masses in the psychic phenomena whereby there has been the realization that there is a great market and need for someone to be able to answer people's questions through psychic and astrological advice. There is the request of many who do not have good access to astrologers or psychics or tarot readers to find answers for their questions from people whom they do not know.

Often, entities cannot speak with their friends about their particular problem, for fear of being embarrassed or disclosing things they do not wish their friends to know and to talk with someone who is a total stranger about their problems is much easier, particularly if they have the belief or hope that the stranger has some mystical powers for answering their needs.

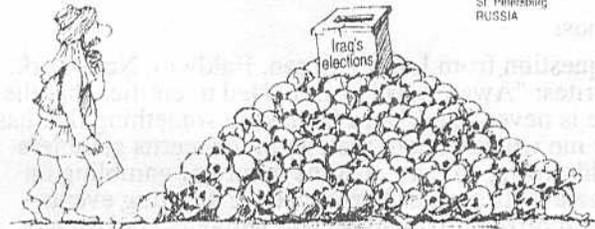
#### Some Telephone Psychics are Charlatans

This Awareness indicates that in many cases, these telephone psychics are charlatans. In other cases they are very much capable of giving good readings. It does not appear that there is any particular conspiracy in locking psychics into a group to control or watch them by Big Brother, or monitoring people who need psychics by controlling or getting their names. This does not appear to be part of the equation.

This Awareness wishes one more comment on the previous question. Most of these psychic sources carry a statement, a disclaimer indicating that their action is for entertainment purposes only. That statement is designed more to satisfy legal requirements of some states. There are still some states that do not allow psychics, astrolo-

## THE WORLD'S VIEW

ZUDIN  
ORSHAVA GAZETA  
St. Petersburg  
RUSSIA



gers or Tarot readers to promote themselves as serious counselors for dealing with people and answering their questions, or for predictions and thereby, in stating that the offer or services for entertainment purposes, they legalize the action so that they are not held in violation of certain state laws.

This Awareness indicates that the good psychics still do the work of good psychics, even if it is advertised as entertainment. This Awareness indicates that there are certain charlatans involved, people who are simply guessing, or who are just not very good at what they do. Therefore, you may not get a good reading the first time. It may take some time before you find one who gives you a good reading and at three or four dollars per minute, this can be quite expensive, before you find someone who knows what they are doing.

This Awareness suggests that one group that appears to be generally good is the Psychic Friends Network. They have been monitored fairly well by those in charge. There are other individuals that are relatively good, and it is suggested that you hang up quickly if the entity does not appear to be knowledgeable and is asking too many questions of you to fish for information and simply commenting on your information.

#### How to Save Money Talking to Psychics

This Awareness indicates that it is important to give enough information to get them attuned to your situation so that you do not waste time and money on the phone while they are trying to tune in to your situation. It can take a psychic, even a legitimate and good psychic considerable time to tune in to something you could tell them in 30 seconds or less, and if it is clear that some information given to them helps them to tune in and the information they begin to release to you is pertinent and makes sense to you, then it is worthwhile to continue listening.

This Awareness indicates that if you give them in a nut-shell, the background for your inquiry and they want more detail, and do not comment on anything of further substance to you, and cannot seem to give anything new, but simply appear to be there to give you a shoulder to cry on: "Oh yes, isn't it true! Isn't that the way men are!" for that kind of comment it is not necessary to speak with a psychic. You can get that from your neighbor.

This Awareness indicates that you may prefer to hang up and try again a different number. In some instances, you can hang up and call the 900 number and have the previous bill erased, because you did not like the work of the so-called "psychic". This Awareness indicates that by complaining to the telephone company or to the person in charge, you can often have such a charge removed from your telephone bill.

This Awareness indicates that if you have given someone sufficient information to allow them to tune in generally to your situation, and they can pick up from there and carry on with information that fits what you already know, then you can appreciate that the entity is probably tuning in accurately and you may then seek further questions of the entity as the accuracy continues to fit.



## Gamblers Who Hit Losing Streaks (He Questions Whether the Future Is Never Fixed)

### QUESTION:

A question from Larry Hansen, Baldwin, New York. He writes: "Awareness has indicated to entities that the future is never fixed, but I have seen something that has made me wonder about that, and it concerns gamblers who hit losing streaks. Just the nature of gambling on chance events such as horse races or sporting events makes it difficult enough to win with any consistency, but I have witnessed and have participated in "losing streaks", in which no selection you seem to make wins.

"In fact, you seem to lock into bets, whether teams or horse, that look like they're going to win, only to have events turn at the last moment, and you lose. (There's several questions here) Is this a matter of the subconscious or Higher Self tapping into the near future to guide you to the wrong selections because you are not deserving of winning, or is it just a matter of things running into cycles and once the gamblers gets into a losing cycle, it's hard to get out?

"If the future is never fixed, then how can one get in a situation when they are destined to select losers over an extended period of time?"

### COSMIC AWARENESS:

This Awareness indicates that first of all, the odds are rigged against you from the beginning, and you are probably only playing out the odds. However, in some instances, with the odds against you, you can also have a period of bad luck in which, even though the odds would have you eventually win, luck would have you continue to lose.

This Awareness indicates that in terms of the future never being fixed, this can be taken to extreme. This Awareness indicates for example, if you know you are planning to walk across the room in five steps or approximately five steps, you get up to walk across the room, is not the future fixed to some degree that you will make it across the room?

This Awareness indicates of course there is always that element of chance that you may not make it across the room. An earthquake could occur. An airplane could crash into your home, or you could have a heart attack on your way, and fail to make it across the room, thus the future is not fixed in absolute terms.

This Awareness indicates that likewise, if you are attempting something that is stacked against you, for example, you say "I can jump from this cliff across the canyon to that cliff", and you believe it is possible, but you recognize it is quite a challenge and that you have never before attempted such a feat, and that every jump you have made previously only has taken you half the distance necessary to make this leap, then of course, even though it is said the future is never fixed, the likelihood may be set against you that you will fail to make the leap and fall to your death in the canyon below.

This Awareness indicates odds for, and odds against you are part of the future, and the fixation of the future. There is always some element of chance, thus the future is not fixed, unless what you are attempting to do is absolutely certain or absolutely uncertain.

If you are attempting something that is absolutely certain to fail, or absolutely certain to succeed, your likelihood of the future being fixed is relatively great. You are talking about likelihood rather than absolutism. This Awareness indicates an entity might argue that the future is absolutely fixed. The sun will rise tomorrow. It

has done so for millions of years. The entity is likely to be correct. But something at sometime in history might occur wherein the sun doesn't rise, wherein, as in the Old Testament, the earth stands still, and darkness covers the earth, the earth does not rotate as when a heavenly body passes by the earth to stop its movement. Such an event has happened before. Such an event could happen again, for even in terms of the sun being fixed to rise every morning, this is not an absolutism. It is a probability, a likelihood.

### The Real Intent of "The Future Is Never Fixed"

This Awareness indicates anyway, the principle or intent of this statement: "The future is never fixed," was not intended to apply to issues such as gambling. It was intended to inform entities that you cannot predict the future with absolute accuracy and certainty.

Excerpt CAC Reading 7-5-6-81 Paul Shockley Interpreter

## Is Suffering the Result of Our Thinking?

(Taking a Positive Attitude Will End It All?)

### Question:

A question from Sharon Kane. She writes: "We get the message that our suffering is a result of our thinking; that if we think in a positive way, take a positive attitude about any distressful situation, we need not suffer; that we create our pain or pleasure by our thinking. Yet Awareness has said we must experience each reality we face in life, avoiding any form of escapism, experience pain totally to dissolve it. How are we to know when to suffer with a situation and when to change our attitude?"

### COSMIC AWARENESS:

This Awareness requests that the first two sentences be re-read.

### AVATON:

"We get the message that our suffering is a result of our thinking.."

### COSMIC AWARENESS:

This Awareness indicates that this is often stated in metaphysical circles. This Awareness indicates however, this is not always correct. This Awareness indicates that much suffering entities experience is not the result of thinking, but is the result, in some cases, of entities taking on the karma for others or taking on the karma of the world in general. This Awareness suggests the next sentence be read.

### AVATON:

"that if we think in a positive way, take a positive attitude about any distressful situation; we need not suffer...."

### COSMIC AWARENESS:

This Awareness indicates that in every situation wherein there is suffering, in every situation where there is any choice of any kind, entities can look for the highest and best attitude, or can succumb to the lowest and worst attitude about the situation. This Awareness indicates that those who can look and choose the highest and best attitude about the situation will suffer less. This Awareness suggests the next sentence be read.

### AVATON:

"...that we create our pain or pleasure by our thinking...."

### COSMIC AWARENESS:

This Awareness indicates that the thinking or attitude about the pain or pleasure intensifies or reduces the intensity of the pain or pleasure, according to one's

personal approach. This Awareness indicates that if an entity is suffering from a pain, and focuses on the pain and says, "This is very painful. This is more than very painful, this is *extremely* painful. I must call my friends and tell them how extremely painful this is. This is not simply extremely painful, this is totally unbearable. It's true: I can no longer bear what I am bearing. This is not simply unbearable, it is destroying me. I cannot live under these conditions. I am dying from what is occurring to me." This Awareness indicates this entity as energizing the painful aspect, creating more pain than was originally experienced.

This Awareness indicates the other entity, or other attitude of the experience, would be to express; "This is a painful situation. How long must I endure this painful situation? Well, if I am to endure this painful situation, I may as well make the best of it and not make it any worse than it has to be. Therefore, I can at least clean up the house, get the kids off to school, so they don't suffer;--at least I may as well clean up myself. Maybe I should go buy myself some new clothes, a new hat, or perhaps a record, or book to entertain myself with. I might even go out and visit some of my old friends to keep myself occupied so that I don't need to think about all of this painful situation any more than is necessary. I might as well walk around town while going through this experience: maybe do some window-shopping;--keep myself occupied; maybe paint a picture or write a poem."

This Awareness indicates the entity then may continue thinking of things to do so that the painful situation is not as painful as it could be, and may even find something good coming from the situation, whereby the entity, years later, points to a picture and states to a friend: "I painted that picture shortly after my husband's death. I wrote this poem shortly after his death. I made that dress shortly after my marriage broke up." This Awareness indicates that in this way, certain benefits can come out of the painful situations whereby entities grow and develop qualities and talents which help them not only overcome the painful situations, but also produce certain items, or works of art, creations, or circumstances or situations, that they can look at later with a sense of pride in their creation.

### No Goodies From Divine Forces

#### CLOSING MESSAGE:

This Awareness indicates that many entities believe that the Divine Forces are supposed to give forth goodies and bountiful rewards. This Awareness indicates this is not so. The Divine Forces give forth opportunities whereby entities can grow and develop, can learn,--and if entities are worthy, can receive blessings: physical, mental, emotional, and spiritual. This Awareness indicates that the worthiness as that which is determined by the Divine Forces, not by the individual who deems himself or herself worthy of Divine Blessing.

Wisdom of Awareness...

#### WHAT AWARENESS EXPECTS OF YOU

"This Awareness desires to help entities become aware and to learn how to learn, to learn how to become aware. This Awareness does not simply wish to inform entities what to think, what to believe, or what to accept. This Awareness is interested in seeing that entities open their minds, look at different things, learn how to look and study and determine with awareness, with understanding, with discernment, with wisdom, with evaluation, with perception, what is occurring in their world and in their lives, so that these entities may speak from understanding, from wisdom, from their own knowledge, and from their own awareness." (80-28)



### How Did Pleiadians, Arcturians, Sirians, Etc. Avoid Conquest and Enslavement? (Why the Aliens Want Our Earth)

#### QUESTION:

Another question from Judith Jones. "How did Pleiadians, Arcturians, Sirians and so forth avoid conquest and enslavement by negative entities?"

#### COSMIC AWARENESS:

This Awareness indicates they have not avoided it. They have in fact been suffering great casualties in their effort to avoid it. They are still in a galactic war with these entities and are in jeopardy at this time. The Draconians and the Zeta Reticuli and Orion Empire pose a severe threat to the Galactic Confederation, and there are many casualties in this galactic war that is still being waged.

The Earth is at present but one potential battleground. It is a place of attention because it is being prepared as the next battleground. There are many of the planets in the galaxy that have been enslaved by the Draconian Reptoids and their mercenaries, the Zeta Reticuli, and the Orion Empire. This Awareness indicates that the Earth is seen as a kind of valuable outpost in this region of the galaxy for it contains water and minerals that are needed by both sides in this war.

#### Earth Was Once a Galactic Penal Colony

The Earth, of course, was once a kind of penal colony, wherein many of the renegade beings dropped off those who were less than satisfactory, and entities were abandoned on Earth to develop without great help from others in the galaxy, much the way Australia began as a penal colony of Great Britain, and developed to become a civilized continent, having its own government culture. Now, there are forces that could look at Australia and wish to have more influence and control of that continent.

Likewise, there are forces that look at the Earth as being a prized jewel in space having water, and minerals of great value, plus a great force of potential slaves to work in accordance with any plans for mining or for restructuring the Earth, which these aliens might devise.

This Awareness indicates that in the minds of the Draconians and Orions and Zeta Reticuli, the Earth already belongs to them. Their only concern is how to organize the slaves in the way they desire for their control and running of the planet. This Awareness indicates that this is not the view of the Galactic Confederation and the groups that make up this Confederation in the way they view the Earth.

They see it as belonging to humans and wish to keep it that way. This Awareness indicates it is much the way nations might look at a small country on Earth that has been invaded by foreigners and the nations may be inclined to organize to protect that small country against the foreigners who have invaded. The Kuwait situation as a parallel type of situation scenario is an example, wherein many nations came together to free Kuwait.

It is much the same attitude that the Galactic Confederation might have toward the Earth after it has been taken over or nearly taken over by Draconian, Orion and Zeta Reticuli Forces. This Awareness indicates, of course, there is some difference, wherein with Kuwait, the United Nations' powers were greatly superior to the invading Iraqi forces. With the Galactic Confederation, these forces are not nearly so powerful in comparison with the Draconian, Orion and Zeta Reticuli forces.

This Awareness indicates, however, that there has been some assistance in the Earth forces whereby alien technologies are being developed by Earth people to allow the Earth people to become a more powerful force in dealing with the alien presence. This would be likened unto strengthening the Kuwaitee army if the United Nations' armies were not strong enough.

This Awareness indicates that by strengthening the Earth forces, it is hoped that the aliens will not so easily intimidate and control the Earthians and that the Earthians can still more freely connect with and align themselves with the Galactic Confederation, rather than be intimidated and forced to align themselves with the Draconian, Zeta Reticuli and Orion forces.

## HOW MANY HERE WANT THE GREYS?

(The 40 Million Entities With Implants?)

### FOLLOW-UP QUESTION (VIKKI):

Speaking of the humans, most on earth don't know about the ulterior motives and the plots and the Greys. Many who do know about the Greys don't want them. My question is, how many people that know about the Greys want them here?

### COSMIC AWARENESS:

This Awareness indicates that there are many who have been implanted with devices and these entities are more or less at the disposal of the Greys, even if they do not recall their abductions and implants being made, and therefore, many of these entities are subjects of the Greys and whether they want them or not is a moot question. They do not necessarily even recall the experience, but they are still under the control of the Greys at any time the Greys wish to exercise their control through the implants.

This would number approximately 40 million entities.

## ARE THE POWER BROKERS ALL IMPLANTED?

### FOLLOW-UP QUESTION (VIKKI):

Now the power brokers that have been working with the Greys over the years, are these also implanted people or do they want them here just for their own greedy purposes?

### COSMIC AWARENESS:

This Awareness indicates that many of these entities are so deep into the conspiracy with the Greys they are afraid to extract themselves, and are therefore loyal through fear. They do not necessarily in every instance have implants, although some of them do. This Awareness indicates that there are a good number of these entities who have in the past gone along with the plans of

working with the Greys, but who are pulling away from that program and turning toward the realization that the Greys are untrustworthy and that the nation needs to develop protection against these aliens and their cohorts, the Draconians and the Orion groups.

More and more there is the tendency to pull away from the cooperation with aliens. It is being seen that the alien presence and treaties served as entrapment rather than as means of developing a meaningful exchange. This Awareness indicates they see they cannot trust the aliens as they once believed possible and therefore there is an effort at this time to develop super-weapons that can be used in the event a war must be fought with the aliens.

### The Cosmic Laws of Cosmic Awareness...

#### The Law of Essence

*The Law of Essence* states that what is..IS, and *what is*, is not changed by any opinions or beliefs about it, but IS what it is. This *Law* states that actions and motives which are the highest and the best, the most inclusive and encompassing, the most appropriate and essential, create those movements that lead to the Gates of Essence, behind which all things are exactly *as* they are, *while* they are, for Essence is the ever-changing truth that was, is and forever shall be.

The essence is the is-ness of what is happening at any moment regardless of the length of time included in that moment. This Awareness indicates that awareness of what "is" is total bliss and total union with the Godhead.

This Awareness indicates that when you reach that level, you may not know what to chant, you may simply be whatever you are at any moment according to what is occurring within your sphere of experiencing. This Awareness indicates that wherein you then tune into the chicken, the dog, the cat, a person, a flower, a horse, garbage or whatever, that none of these is necessarily less important than anything you would chant, for any of these things which pop up before you are there for you to deal with by giving or denying your attention during that moment, for these are *what is*, and the isness is where it is, and it is *here and now*.

This Awareness indicates when you become totally aware of the here and now you have moved into the fourth dimension. This Awareness suggests you may become a dweller of both the third and fourth dimensional levels with equal ease and may be capable of changing your lifestyle on a moment to moment basis, as a magician of high order which does not exclude any part of the Universe.

From "Revelations of Awareness" issue 86-3

## WHAT IS COSMIC AWARENESS?

COSMIC AWARENESS is the Force that expressed Itself through Jesus of Nazareth, the Buddha, Krishna, Mohammed, Edgar Cayce and other great avatars who served as 'Channels' for the 'Heavenly Father' and who speaks again today as the world begins to enter the 'New Age' of spiritual consciousness and awareness. Since 1963 Cosmic Awareness has been communicating through carefully trained channels. This information is for those who desire to help in bringing in the New Age. Throughout the thousands of 'Readings' given through these various channels, Cosmic Awareness tells us not to believe anything, but to question, explore, doubt, and discover for yourself, through your own channel what is the truth. Cosmic Awareness will only 'indicate' and 'suggest'. Neither C.A.C. or any of the Interpreters is responsible for anything Cosmic Awareness states in any of these readings, nor does C.A.C. or the Interpreters necessarily agree with the statements of Cosmic Awareness. The Interpreters interpret the energies as they see them in trance levels and are not personally responsible for what is said. The Interpreters published herein have no connection with, nor control over the editorial comments and material, including illustrations. This is entirely the responsibility of the editor. Members of C.A.C. are invited to send in questions of general interest to ask Awareness for possible publication in this newsletter.

## ESSIAC: THE CANCER CURE YOU AREN'T SUPPOSED TO KNOW EXISTS

### QUESTION:

Lydia Garvey of Rosebud, South Dakota writes: "Keep up the good work along the FDA etc. suppression of simple treatments. I was lucky to get some K-Lonic," she says. "Enclosed is the end part of an interview of a known cure for cancer, AIDS, etc., that has been suppressed. I got the formula. Please spread the word before this source dries up."

It's an article in *Wildfire* magazine about something called Essiac. Could Awareness look at this Essiac and comment on its validity?

### COSMIC AWARENESS:

This Awareness suggests the article be read.

### AVATON:

Okay. It's a formula. (1) You purchase herbs and it makes a formula. It's six and a half cups Burdock root - cut, 16 ounces of Sheep Sorrel Herb-- powdered; one ounce Turkey Rhubarb root, powdered; 4 ounces Slippery Elm Bark—powdered. You mix this thoroughly; (2) you put this in a five gallon stainless steel pot, with lid; you bring sodium free distilled water to a rolling boil in a five gallon pot with the lid on. (Approximately 30 minutes at sea level.) (3) Stir in one cup of Essiac formula. Replace the lid and continue boiling for ten minutes. (4) Turn off stove. Scrape down sides of pot with spatula and stir mixture thoroughly. Replace lid. (5) You then allow the pot to remain closed for 12 hours; then turn the stove to full heat for 20 minutes. (6) You turn off the stove, strain the liquid into a three gallon pot and clean the five gallon pot and strainer. Then strain the filtered liquid back into the 5 gallon pot. (7) You use a funnel to pour hot liquid into bottles immediately, taking care to tighten caps. Allow the bottles to cool, then tighten the caps again. (8) Refrigerate. Essiac contains no preservative agents. If mold should develop in the bottle, discard it immediately. And caution: All bottles and caps must be sterilized after use. Bottle caps must be washed and rinsed thoroughly and may be cleaned with a 3 % solution of food-grade hydrogen peroxide and water.

The directions for use: You heat four tablespoons (2 ounces) sodium free distilled water in a stainless steel pot. Add four tablespoons of Essiac, (shake bottle first). Mix and drink. Take at bedtime on an empty stomach at least two hours after eating."

And it says questions regarding the recipe and dosage should be directed to a Dr Gary Glum, P.O. Box 92856, Los Angeles CA 90009

And the article is concerned with this Essiac, if you go through all this formula that it is a definite cure for cancer and AIDS.

### COSMIC AWARENESS:

This Awareness indicates that it does appear to have curative powers in this direction; that of course the use must be consistent and continue until complete remission is experienced. This Awareness suggests also that it would be wise not to rely only on this substance as there is always the possibility that your particular system might not respond according to the norm, and that it may be less effective or the formula may not have been quite right, such as for example, some of the ingredients may not have been as strong as normally expected for the formula, or that something in the processing may not have been exactly right.

Therefore, total reliance on this may not be perfect. This Awareness suggests that also, the argument by most doctors is that while a particular medicine or formula

may not be harmful, it may simply be slowing up your efforts to receive their expert help and rather than give them this argument, you may prefer to seek their expert help while still using the formula in conjunction with whatever other advice or medicines they wish to provide.

It is a matter of personal choice and this Awareness does not wish to advise anyone on how to deal with their particular situation since each individual situation in terms of timing, in terms of severity, in terms of their own personal psychological needs and attitudes and the effects of these things on them will be unique and different.

This Awareness simply points out certain things to think about in the event such a problem occurs.

### FOLLOW-UP (AVATON):

This article on this Essiac formula...

### COSMIC AWARENESS:

This Awareness suggests that this be printed in total, so that all entities on your mailing has this information available as it may not be possible for them to get it at a future time, if this is not presented now. This Awareness suggests you continue with your statement.

### AVATON:

It says you can use it as a preventative also and that there has never been any deleterious effects. The information was released through Ralph Nadar, but a big disinformation campaign followed, to keep it from being accepted by the public, and it says: "Essiac elevates the enzyme system and gives all cancer patients and all AIDS patients the enzymes that have been destroyed.

"Essiac elevates the enzyme system. It elevates the hormone system which elevates the immune system, so the body can cure its own disease."

### COSMIC AWARENESS:

This appear to be accurate, and appears to be very effective in this regard. This Awareness indicates that the flavor may not please everyone, but it is better to take a medicine flavor than to suffer the illness. This Awareness suggests therefore, keep the formula. It would be wise to experiment with the use of the formula prior to any serious disease, for the use of the formula can enhance the immune system, even without having a disease and can enhance the level of health that entities may experience.

Ed's Note: Today, despite the efforts of the FDA, Essiac is legally available in Canada and does ship orders into the U.S. For full info write: PRAXEA, P.O. Box 298, Lazo, BC Canada V0R 2K0. They have Essiac available in herbal powder form or the liquid extract for \$32. Phone: 1-877-338-8836. Their website is <<http://www.praxea.com>>



'I'M YOUR MOTHER AND I APPROVED THIS MESSAGE.'

Excerpt CAC Reading 4-6-19-81 Paul Shockley Interpreter

### Hung Hsiuch uan the Chinese Avatar

(He Called Himself the Son of God and Brother of Christ)

#### QUESTION:

In reference to the Passion Play, acted out by so many entities in the past that Awareness has mentioned-- Krishna and Jesus and so forth; there was an article in the May 7<sup>th</sup> *Wall Street Journal* I'd like to read just a little bit of, and ask, Awareness if this entity is part of this cycle or was something else.

"In Peking, China, in the 1850s, China witnessed the biggest peasant uprising in its history; the Ti Ping rebellion led by Hung Hsiuch uan. Interestingly, the rebellion had overtones of Christianity and Western democratic ideals. The leader styled himself "the son of god" and "the brother of Christ" who had come to earth to save mankind. The rebels established what they called a heavenly kingdom on earth. At the height of their power, they controlled Eastern Huper province and most of Teang Si, and on Li, with their capitol in Nan Jung. (spellings merely phonetic approximations) The Ti Ping rebellion has always been a subject of great academic interest in China, and the communists have published reams of articles about the rebel leaders and their class consciousness, interpreting history in the standard Marxist manner."

Would Awareness comment on this particular entity?

#### COSMIC AWARENESS:

This Awareness suggests the name again be repeated.

#### AVATON:

I'm going to spell it! Hung Hsiuch uan.

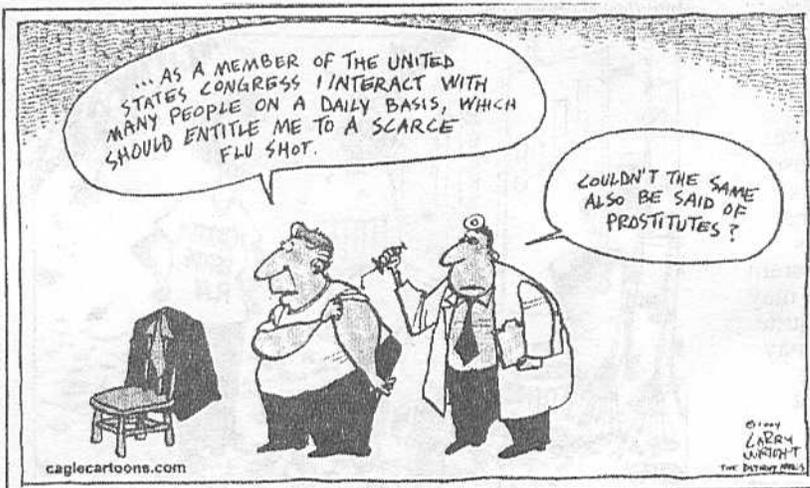
#### COSMIC AWARENESS:

This Awareness indicates that it appears this entity as having received certain training in Eastern mystery schools and temples, and this entity as having recognized the pattern which would bring forth a reaction from the masses. This Awareness indicates that the entity did indeed feel himself to be destined to lift the people to higher levels of awareness through the use of alchemical techniques, affecting the mass-consciousness through this form of the Passion Play. This Awareness indicates that much of this was of relative value to that particular area and to the people, lifting them from certain drabness into a feeling of purpose and cause. This Awareness indicates however, that it did have significant effect in terms of the area and social impact upon the culture of those entities in that area.

This Awareness indicates that there are still benefits experienced by entities of that area because of the action of this entity. This Awareness indicates however, that this as somewhat overshadowed by more recent political movements of the Communist entry into China in such a manner as to create an insignificance of this action in terms of the relative relationship between present time and the earlier movement. This Awareness indicates that this entity as having been highly inspired by forces from the Inner Plane.

### VISIT THE TEMPLE OF LIGHT IN YOUR DAILY MEDITATIONS

Deposit your energy in this cosmic Bank. Withdraw it when needed for healing or personal use. Keep in touch with CAC when you start getting results!



#### —HOW TO GET THIS NEWSLETTER BY MAIL— EVERY 4 WEEKS! ( More or Less )

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#### MEMBERSHIPS AVAILABLE ( Honor System! )

INDIVIDUAL: \$42 per year or \$12 quarterly  
 FAMILY: \$52 per year or \$20 quarterly  
 CONTRIBUTING: \$77 per year or \$25 quarterly  
 SPONSORING: \$144 per year or \$40 quarterly  
 BENEFACTOR: \$500 per year or \$150 per quarter  
 PATRON: \$1000 per year or \$250 per quarter  
 ANGEL: \$5000 per year or \$1500 per quarter  
 LIMITED INCOME: \$30 PER YEAR OR \$9.00 QUARTERLY