

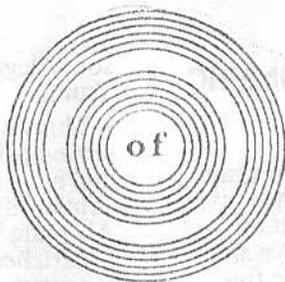
Revelations

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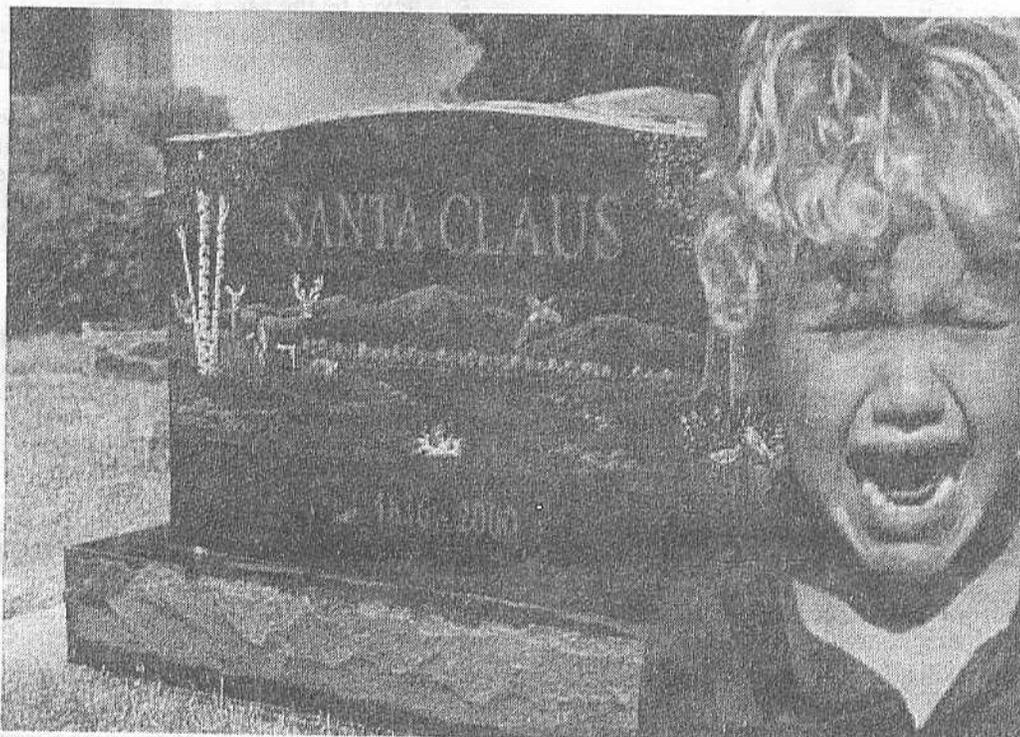
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UNDERSTANDING ELECTRO-MAGNETIC FREQUENCIES

OPENING MESSAGE: (3/6/96)

This Awareness indicates *It* wishes entities to again reflect on certain information this Awareness has given previously. *It* wishes that entities would look at this from a more complete and deeper level. This Awareness refers entities to the resonating electromagnetic frequency scale, being that which is the vibration of the Cosmos. This Awareness indicates that when *It* uses the term 'Cosmos' in this instance, *It* is referring to the Creation in its entirety.

This Awareness indicates that as has been previously given, there are those lower vibrations; the infrasound frequencies, and the sound frequencies which are above that, which are found in the hearing range. But this Awareness reminds you that the human hearing is not capable of capturing or experiencing the full range of sound. It can only hear so high and so low, while other creatures in the universe can hear lower or can hear higher than the human ear.

This Awareness indicates that above these sound frequencies are those associated with the radio frequencies, with the heat frequencies and microwave frequencies, and up into that which is the infrared and light frequencies and ultraviolet frequencies, and above these are those solar rays or frequencies and the cosmic rays or frequencies; the X-rays, which are above the light frequencies, and a myriad of other cosmic frequencies reaching into the higher frequencies that are known as consciousness frequencies.

The Cosmic and the Divine Frequencies

This Awareness indicates that in these higher realms of consciousness frequencies, there are also degrees or octaves ranging from lower levels of consciousness into that which is the higher cosmic and Divine Frequencies.

This Awareness indicates that entities need to realize and understand that all of these frequencies in the higher range are permeating the entire Cosmos, the entire creation, and that those of the highest levels, the Divine Frequencies, are also the creative frequencies. They are the vibrations of the Creator, and they are also the highest levels of consciousness.

This of course indicates and suggests that the Cosmos is a living conscious being, and entities who can set aside thought or mind, emotion or attachment and feeling or concern for that which is happening around them in a temporary state of suspension, can experience the Oneness with the Divine and Cosmic Consciousness levels of the Cosmos.

When You Experience the Oneness You Experience What Is

This Awareness indicates that as entities experience this, it is possible for them to attune to anything, anywhere in the Cosmos on a temporary basis, and from that experiencing, to witness and know **what is**. This Awareness indicates that in the knowing of **what is**, entities may have first hand experience in what may be termed the nearest approach to truth.

The Approach to Absolute Truth

This Awareness does not wish to imply that entities can know the truth in an absolute sense, because the truth would be the experience of the consciousness of the Cosmos in the highest more Divine Consciousness levels, and as long as entities have some connection with self, this becomes polluted by self, and therefore, entities do not enjoy the Absolute Truth, but entities can have an *approach* to the Absolute Truth, which is a matter of moving toward Absolute Truth and being

some degrees closer, or further away from Absolute Truth.

This Awareness indicates that in other words, by setting aside self, entities can approach Absolute Truth and have some hint of the higher or more Absolute Truth. This Awareness indicates any attempt to describe Absolute Truth becomes impossible, because it is an *experience*, not something that can be put into words, for words are only symbols of what is experienced, and the symbol is never the experience itself.

This Awareness indicates the word 'life' is symbolic of the experience of life, and therefore, the word 'life' can never be the same as the experience. Therefore, life as a word is not 'truth,' it is simply a reflection or symbolic representation of the truth of the experience of life.

Consciousness Never Fades, Decays or Dies

This Awareness indicates that for entities to fully understand the nature of the Cosmos, the nature of the Creation, entities must also recognize that Consciousness, in this Absolute sense, or in this 'near' Absolute sense, never dies, never fades, never decays. It is always present. It is not limited to space or to a particular location. It is everywhere present.

This Awareness indicates it is available within your own experience, if you let go of self temporarily, long enough to experience it. Just letting go of thought, mind, attachment, emotion and feeling, or concern for that which is occurring around you allows you to have a void consciousness, a blank consciousness, and that blankness allows the experience of the higher frequencies of Universal Consciousness, even of Divine Consciousness.

The Difference Between Cosmic and Divine Consciousness

This Awareness indicates that the entity Chopra describes the difference between Cosmic Consciousness and Divine Consciousness as one wherein Cosmic Consciousness *recognizes* all of the various things within the Cosmos as having consciousness, whereas Divine Consciousness *experiences* everything as being alive and consciousness. He describes the tree, not as an object, but as a living part of consciousness itself, and this is the definition or characteristic of Divine Consciousness: when everything in the Cosmos is recognized as part of Divine Consciousness.

This Awareness indicates that it is that which does not see the divisions and separations between things, whereas Cosmic Consciousness recognizes things close or things abstract, or things individualized or things that are Pantheistic, and which recognizes objects within the reality of the Cosmos.

This Awareness indicates that it is a good way of defining the difference between Cosmic and Divine Consciousness, and this Awareness sees this as acceptable in terms of definition. This Awareness indicates that when you meditate on these things, experience the Cosmic Consciousness, or the recognition of things as having certain identifications within the Cosmos.

Then experience the entire Cosmos from the viewpoint of Divine Consciousness, in which **all** of it is but vibration, is but frequency, is but consciousness, so that there are no separations in any of the parts.

Like Looking at a Dream and Seeing All the Details

This Awareness indicates it is likened unto looking at a dream and seeing all the details of the dream; this being symbolic of Cosmic Consciousness; or looking at the dream and seeing the whole thing as a dream in an absolutely total experience, without focus on any of its

parts, or any of its details; this being symbolic of the Divine Consciousness.

Every Moment is the Beginning and the End

This Awareness indicates the value of this to you as an individual is that you can see eternity from the viewpoint of Divine Consciousness, and you can see that there is no such thing as an end or a beginning; or you can put it in other terms and say "Every moment is the beginning and the end! Every end is a new beginning, and it goes on indefinitely and eternally!"

The Eternal Now is ever-present and space is never-ending, and the present is always an ever hereafter. The location of any particular moment or place in consciousness is only a beginning in terms of location.

In other words, the spot of Here and Now, no matter how small, no matter how close to the present, can be seen as a never-ending movement toward more and more smallness, or more and more presentness, or it can be seen as moving in the other direction, toward ever and ever-expansiveness, and can also be seen as moving in terms of time, toward ever and ever extension of presentness.

The nature of Divine Consciousness

This Awareness indicates that in other words, the nature of Divine Consciousness is that which lives ever and always Here and Now, or forever after, or everywhere in all directions, forever after, in terms of time and space.

This Awareness indicates when you experience this not in the words that are spoken, but in the experience that is suggested by the words, you will have experienced the Cosmos, the Creation from the view of the Divine Creator.

This Awareness indicates the degree of your experience will be determined by how much you can attune to the consciousness described, and how much you can let go from personal self in your viewing of this consciousness so described as the Divine Consciousness.

This Message to be of Use in Your Meditations

This Awareness indicates that it is intended that this message be of use for entities in their meditations, for even a few moments of Cosmic or Divine Consciousness can be beneficial for helping to bring an entity's entire life into greater meaning, greater focus, with greater benefits for the individual and for the purpose the individual may follow in such a life.

This Awareness indicates that entities who can see the entire Creation from a God's Eye View have a much greater perspective to draw on when experiencing all of the many facets of life.

Does an "Objective Reality" Actually Exist?

QUESTION:

A question from JD in New York. She asks: "Does such a thing as an 'objective reality' actually exist?"

COSMIC AWARENESS:

This Awareness indicates that the term 'objective' is that which has different meanings to different individuals. This Awareness indicates that in some definitions, 'objective' may mean just the opposite of what others think it is to be objective.

This Awareness indicates that some entities perceive 'being objective' means being detached and not to have any subjectivity or personal experience in viewing something. Others perceive objectivity as being strictly oriented to the criteria of the five senses and rationality of the brain trained to believe totally in the five senses, and this is called 'scientific' or 'objective' observing.

This Awareness indicates that for this type of objectivity, the entity thinks that he or she is being objective when measuring everything with data that can be perceived by instruments or by the senses of perception as indicated by sight, touch, smell, taste or sound, and that anything that falls outside those five senses is lacking in objectivity.

This Awareness indicates therefore, before considering this question, entities must agree on what is meant by 'objective reality.' This Awareness indicates that if entities wish to think of the universe as being a collection of material particles forming molecules and substances materialized to be examined by the touch, taste, smell, visual and hearing instruments, then objective reality would be seen as that which is strictly based on those limited areas of perception.

This Awareness indicates that this includes instruments that extend the perception of sight, smell, taste, sound and touch or tactile, such as telescopes, microscopes, and all of the different technological instruments used for helping mankind to perceive beyond the particular range of his own limited sensual apparatus.

Another Paradigm of the Creation is Discussed

This Awareness indicates that there is, however, still another paradigm of the Creation, in which a different kind of objectiveness can be just as valid. This is first necessary to recognize a different view of the universe that is not necessarily perceived only by the five senses, but is perceived by the intellect and by the intuitiveness of the life experience or consciousness of an individual.

This Awareness indicates whereby the intellect describes something that the consciousness perceives intuitively, namely that the universe is composed of consciousness or vibration or frequencies at different rates, creating collections of frequencies which vibrate in certain patterns of clusters, of patterns which appear to be material or which appear to be particles, but which are, if examined more closely, merely frequencies in clusters within vortices in different levels of size and of different vibratory rates within the octaves of vibration, so that everything is vibrating and everything is creating the appearance of substances that the senses and the instruments to enhance the senses can perceive in their own limited ways.

This Awareness indicates entities who see this from the level of consciousness, from the recognition of a different paradigm or pattern of creation, see themselves as being objective, while others who hold the more materialistic and sensual view of life would see this entity as being very subjective.

This Awareness indicates the entity who operates from perception coming out of consciousness rather than coming out of the senses, would see the materialist viewpoint, or the sensualist viewpoint as being subjective, and based upon subjective sensual data rather than objective levels of intellect, recognizing that frequencies and vibrations as being the ultimate cause of all that appears to the senses.

This Awareness indicates that the question: 'Is there an objective reality?' is difficult to answer when there are the two opposing views of objectivity and of reality, for the objective reality depends on the definitions involved. It is a matter of semantics. What definitions of 'reality,' and what definitions of 'objectivity' are being used in questioning whether there is such a thing as 'objective reality'?

From the viewpoint of This Awareness, 'objective reality' is **what is**. Everyone sees it. Everyone experiences it, and therefore, it **is**. However, entities think

about it and try to fit it into their presumed paradigm which is based either on sensual data or on consciousness and intellect and experience, and it is from these two different ways of viewing that confusion follows in defining objective reality.

It is likened unto looking at a funnel from the small hole, or looking at it from the big hole and trying to describe which is the objective way of viewing the reality in between. One person gets one view and the other gets another view of the same thing, and they don't agree on what is real in between their two viewpoints.

HOW DID THIS ALL BEGIN?

(Is the Hindu Creation Story Fairly Accurate?)

QUESTION:

Another question from JD. "How **did** this all begin? **Did** it all begin? Is the Hindu Creation story fairly accurate?"

COSMIC AWARENESS:

This Awareness indicates the question itself lacks understanding. The question should be: "How *does* it all begin?" and "Does it all begin?" because it is happening now. It always **was** happening now. It always **was** beginning now. It always ended now.

This Awareness has suggested that the universe appears and disappears every four quadrillionths of a second. This Awareness indicates that this sounds mind-boggling to the human brain, which is used to looking at clocks to determine seconds and time passages, but this Awareness suggests you think not in terms of clocks and a line of time, but think instead of moments and vibrations of frequencies that occur at varying rates throughout the Cosmos, throughout the Creation.

If you can conceive, even in an abstract sense, that something could be vibrating at four quadrillionths of a second, or higher, and that these higher frequencies create resonance that causes vibrations in lower levels or frequencies, and that the lower frequencies create still lower vibrations, particularly when they come in contact with other frequencies and become interfered with by other frequencies to the point of causing a clash or crossing of frequencies, which in turn creates lower and lower frequencies, and if you can perceive in an abstract sense how these lower frequencies create what is perceived by senses and by instruments as being clusters of vibrations that from a distance look like particles, but if viewed up close would be seen as vibrations; if you can abstractly recognize this as a possibility, then you can see how these higher frequencies of four quadrillionths of a second and faster, *could* create what appears to be a partially material universe.

The materialization of Creation, if viewed closely enough, could be seen vibrating at varying frequencies, depending on how many interferences and pressures are put upon a frequency, or upon clusters of frequencies, and how many of these join together forming still more clusters of frequencies, to form the appearance of some kind of substance.

This Awareness indicates if you have seen pictures of something viewed at a distance or something viewed up close, where the camera pans back, and what appear to be small particles up close, when panned back at a distance, turns out to be a typed letter, or some other object. You understand that the frequencies that make up that which appears to be particles can be viewed from panning back your perception to a greater distance as a solid particle, or when moving in closer and entering into the very fabric of the vibrations and frequencies and clusters, may be seen as just that:

vibrations that are clashing with each other and causing some kind of disturbance in space.

The disturbance in space may be simply energy, but when viewed from a distance may look like matter, like substance. This Awareness indicates that as entities understand this more clearly and pan back into greater distance, they may see that the energies they were viewing as frequencies are actually particles that make up what appears to be a giant planet in the galaxy or some great nebulae in the galaxy and may have a pattern of material appearance, or they may find that by looking at something which appears to be solid in the galaxy, looking at it up close, going closer and closer, they may find that it is almost entirely made of space.

The atom itself is recognized as being so small that its particles such as the electron, and proton, would be compared to the size of a football or basketball on a football field, and yet, although most of the atom itself is space, those little particles, small as they may be, when combined together with other atoms, create the appearance of matter.

This Awareness suggests that these small football-sized particles are really just in the atomic field, and if you went small enough into those particles, you would see that they are not particles at all, but are simply vortices of vibrating energy. This Awareness indicates that therefore, with this understanding of the Creation and the mixture of vibrations and frequencies to create that which the sense perceive of as matter, entities can begin to have a new reality, a new paradigm of what reality is.

The New Paradigm of Reality: Mind Over Matter

This Awareness indicates that once this is fully understood to the point where entities begin to recognize that **all** is consciousness, that **all** frequencies and all vibrations come out of consciousness, then miracles and mind over matter will be commonplace, will be easily understood as part of the newly acquired understanding of reality. That will become the objective view in the evolution of consciousness, back to its origin.

The Hindu's Maya—the Illusion of Matter

This Awareness indicates that entities whose consciousness has been set aside to give priority to the five senses, which are the fruit of the Tree of Knowledge; those entities perceive the illusion that has been called Maya in the Eastern religions, particularly in the Hindu philosophy; Maya being the illusion of matter. This Awareness indicates that as entities begin to recognize this more and more, and science has already begun the work in describing the nature of the atomic and subatomic realities; it is simply a matter now of realizing that these are not particles, but frequencies and vibrations and vortices of energies; as this occurs more and more, entities will begin to recognize that not only is there such a thing as mind over matter, but that there is also a science of consciousness as a creating force, in which entities can co-create together in the use of consciousness energies, to create new worlds, new realities, new substances and new experiences of great benefit to all.

Co-Creating New Realities in Consciousness

This Awareness indicates the concept of creating a heavenly or blissful experience through the use of consciousness, especially when entities work together in co-creative fashion, becomes a new reality, a new science, a new way of expressing. This Awareness indicates the more entities work together in such co-creative use of consciousness to create the new world, a new reality, the greater will be their success, and as their success grows with the practice of such co-creative use of

consciousness, the more entities will find themselves encouraged and capable of furthering this phase of evolution, until entities become masters of such use of consciousness in co-creating new realities for the good of all.

Those Black Magicians from Atlantis at Work Today

This Awareness indicates that in the past there have been those black magicians that began in Atlantis, actually before Atlantis, but took hold in Atlantis and have worked down through ages unto the present time to create a negative reality for entities on this plane.

This Awareness indicates that those who would be workers of Light, workers for the good, can co-create in spite of these negative forces of black magicians, by sending White Light to those black magicians, by creating a higher reality, a shining, blinding White Light reality that is cool and filled with life energy to those black magicians in such a way as to turn their darkness into blinding light that is so powerful it fills them with God, Love and blissful experiences and makes them convert from darkness into Light.

How to Co-Create the Darkness Into Light

This Awareness indicates that this will be a way by which the darkness will be changed to Light. It is better to do it in this manner than to attempt to destroy or bind the darkness and to throw the darkness into some bottomless pit. This Awareness indicates that the darkness converted into light by the sheer bombardment of Divine Light shining on the darkness can become likened unto the conversion action, and this conversion is likened unto a white hole, as opposed to a black hole; wherein the black hole sucks in all light.

Let this Light be so powerful that the black hole disappears and begins to shine, likened unto a sun or a star as it converts to light itself. This Awareness indicates that rather than withhold your Light from the darkness, bombard Satan with the Light of God. There are different ways to say this. This Awareness suggests you surely understand *Its* message from the various ways it has been stated.

Help Bring Satan Back Into the Godhead

Rather than separating Satan from God further, bring Satan back into the Godhead. Give God's light, let God's light shine forth on Satan until Satan has no darkness left.

ARE LIGHT WORKERS MORE EFFECTIVE IN PHYSICAL FORM?

FOLLOW-UP QUESTION (VIKKI):

Is there an additional effectiveness for Light Workers who are in physical form to be focusing this reflective action, because we are working **through** the physical form.

COSMIC AWARENESS:

This Awareness indicates that entities in physical form must understand that Divine Light is everywhere present. It is only absent when entities shut it out of their perception, when they fail to recognize its presence, when they ignore it, when they do not recognize it is everywhere present.

When entities recognize that Divine Light is within them, is around them, is surrounding everything they do, is surrounding every place they are, and permeating in and through everything that is; when they recognize this, then they become immersed in Divine Light, and that Divine Light is the Creator of all things, of all that is; and when entities merge with the Creator, they *become* the Creator and lose the self; the separateness from God.

Don't Become Vain Because of Your Experience

This Awareness indicates the one pitfall that some entities may fall into at this stage is once they become One With God and feel and experience that Oneness, they sometimes tend to become vain about their experience. It is likened unto an entity who takes an ego trip on his ego death. The entities become vain about their experience of being One With God to the point where they fall back into self-aggrandizement and self-glory, and in the process, lose their Oneness with God.

They cannot brag about, "How great I am, for I am One With God!" without losing that oneness. They can only find the greatness of the experience by surrendering themselves to God, giving themselves to God, and thus being One with God. It is an humbling experience, rather than an ego or self-aggrandizement and self-glorification experience.

The Bombarding of Satan With Light Energies

FOLLOW-UP QUESTION (VIKKI):

When Awareness gave the suggestion of bombarding Satan with light energies I was...

COSMIC AWARENESS:

This Awareness wishes to make one thing clear; that entities themselves as personal individuals should *refrain* from thinking that they personally are capable of bombarding Satan with light; that they visualize this or give this energy to the Divine Creator; that the Divine Creator bombard Satan with light.

If entities think that they have the power personally to do such, they may simply find themselves getting a little vain about their power, and thus falling into another kind of trap in a type of conflict with Satan, or their version of Satan. This Awareness indicates *It* does not wish to create this kind of delusion or illusion of confusion for entities.

A Prayer to the Divine to Send Light to Satan

If entities want to see this bombardment of Light from the Divine, then entities should give energy to the Divine in a kind of prayer that God give Divine Light to Satan to clear up the negativity that is a fallout from the Satanic concepts or energies.

This Awareness indicates that this Awareness does not wish to imply that Satan is a true being, for the concept of Satan is relatively new in human evolution, and was a creation less than a few thousand years old, a creation by mankind for particular reasons, and the energizing of Satan was done in part by certain churches who felt that there needed to be a villain to drive Christians toward the Light, and this villain was energized.

Entities Now Are to Energize the Concept of the Demise of Satan

Without a good devil, how do you drive people toward the Light of Christ? Therefore, the devil was energized in the Christian teachings to become more than he had been prior to this new paradigm of the emerging religion, and therefore this Awareness is suggesting that entities now visualize the demise of the concept of Satan or the devil.

Satan actually is simply a derivative of the Egyptian god Set, and Set was one of the twins which is represented by the sign of Gemini. This Awareness indicates that Horus and Set being brothers, corresponds also to Cain and Abel, and this Awareness indicates that entities today do not have this fear or fixation on Cain as they do on Satan, and Cain has not taken on the same qualities as Satan because entities have energized Satan to be a more formidable adversary to God in order to cause people to become more frightened and to run to

the light of God in order to escape the dominion of Satan.

This Awareness indicates it is all just part of the paradigm of religion as it was developed to represent a view of reality in accordance with the pattern desired by the religious monks and teachers. This Awareness indicates that in speaking of a paradigm in terms of religion, this Awareness wishes to suggest to entities that everything in the realm of Cosmos frequencies and vibrations passes eventually through that certain frequency level on the way to manifestation that is noted for its ability to create images.

The Tree of Life in the Hebrew Qabalah

This Awareness indicates that in the Jewish or Hebrew teachings there is that which is called the Qabalah. It is the Tree of Life. The Tree of Life is a series of Sephiroth stacked in a certain order. Sephirah simply means spheres, and these spheres are simply levels of vibrations or frequencies, but they are arranged in four different sections.

This Awareness indicates that these four different sections begin in the highest level with Atsiluth, and Atsiluth is the so-called Creator or Creative Energy. This Awareness indicates that modern entities have a set of Qabalah symbols in the deck of cards with the four suits. The clubs represent that which is the highest tree, or that which is Atsiluth, and this symbolism of the clubs symbolizes the higher frequencies or vibrations in the creative consciousness.

The suit below the clubs is that known as the hearts; the suit of hearts. It is in the Qabalah, the realm of Briah. Briah representing the world of imagery. In the realm of imagery and emotions, concepts and ideas coming out of the higher Qabalah of the clubs or Atziluth, begin to take on images. They become imagined, and the imagination begins to have its place in creating and manifesting the next level down.

This Awareness indicates in the next level, which is the spades in the modern deck of cards, and known as Yetsirah in the Qabalah; the blueprints or outline or details of the imaged thing begin to take place. It has been described, for example, that in the higher level of the Qabalah, the clubs for our present discussion, the concept of sitting might be energized, and in the hearts level, or via the imagination, the concept of a chair begins to be imagined.

As it moves down through the tree of Briah into Yetzirah, the blueprint for the chair is drawn, is designed, and is finally detailed, and in the fourth suit down, that which would equate to diamonds or the manifestation of the material reality, then comes the actual chair itself, and this being the realm known as Assiah in the Qabalah.

This Awareness indicates that entities seeing this from the viewpoint of vibrations, moving down the scale of the Resonating Electromagnetic Frequency Scale, can see how things become manifest through the work of consciousness.

This Awareness indicates that in creating a paradigm or pattern of reality, entities wishing to come up with a religion will create a pattern that has certain elements and work with that through the same steps of the Qabalah, and in that realm known as Briah or the heart suit, would be the level in religion in which the imagination begins to be expressed.

Therefore, in the creation of a religion, to create a paradigm that appears to have a view of reality for this religion in which a devil or villain or adversary against the hero or protagonist of the religion is created; this

would occur in the conceptual level, or the clubs, and move through the imaginary or vibrational level known as Briah or hearts, and its development would then be placed into more detailed description as in written words, and then eventually, hopefully, by the standards of this religion being formed, come into a paradigm or pattern of reality as viewed by that religion in that which would be the diamonds or Assiah in the Qabalah terms, and what humans would refer to as 'material reality.'

Original Satan Created in Persia by Imagination

There are many entities in a religion who definitely believe in a material Satan. It was created in the imagination in Persia, and this has well been documented, under the name of Zamael, as opposed to Ormuzd, the God of Light. This Awareness indicates that it also was later modified when the Hebrews took the Egyptian god Set and gave it the name that later became associated with as Satan.

All Religions Came Out of Astrology

Set essentially represented Saturn, the planet Saturn. Horus represented Mercury. This Awareness indicates that all religions came out of astrology, which is the reason why the Christian religion is so adamant in trying to discourage Christians from studying astrology, because it becomes too easy to recognize the origins of Christianity and its various aspects.

This Awareness indicates the Sun god for example, the 'Son' of God, the 'Light of the world;' and the 'Light that walks upon the water' representing the sunset on the water. This Awareness indicates that these are terms that apply to the Christian religion, wherein the sun sets and is resurrected, and the 'Eternal Light of the World' are descriptions of the solar sun as well as the Christian 'Son of God'. The Twelve Disciples, likened unto the 12 signs of astrology; each sign representing a different cycle.

This Awareness indicates that entities who go back into ancient religions will find parallels, even unto exact quotations from earlier religions, as rewritten into the New Testament and conclude only that the New Testament was either plagiarized from earlier religions, or was just the repeated story of earlier religions and is following the same patterns as was used thousands of years before Christianity emerged on the earth.

This Awareness reminds entities that there is the book *16 Crucified Saviors Before Christianity**, which entities who wish to research this further may find of extreme value. This Awareness indicates that it is a reference to the many different religions telling the same story prior to Christianity with much of the text being quoted from earlier writings, and paralleling, sometimes word for word the statements from the New Testament.

*CAC Stocks this book. Please refer to Book Price List

This Awareness indicates that in the creation of a religion, using the energies from Briah of the Qabalah or Tree, or the hearts of the modern deck of cards as a symbolism for the creation of reality, the addition of Satan into the Christian religion helped to create the polarization necessary to complete that area of the Tree, so that there was a duality and polarization of darkness, of light as had been stated in the Zoroastrian philosophy of the universe and the Creation.

Satan as Necessary to Christian Religion as is God

Therefore, modern Christianity will not allow entities to deny the existence of evil, will not allow entities to deny the existence of Satan. This Awareness indicates that Satan is as necessary to the modern paradigm of the way things are in the view of the Christian religion as is

God. This Awareness indicates that many have argued that you can't have a God without the counterpart of Satan.

This Awareness indicates that there are however, some entities, some religions, some philosophies that do have a 'good' without having a 'bad.' The Korean language, at least up until recently, had no word for 'evil' or 'bad'. There was only 'good' and 'not-so-good.' This Awareness indicates that it is possible to look at the so-called evil persons and simply recognize them as being ignorant or as uninformed or unaware people, or entities who have been distorted by experiences in life and are in need of great help.

Don't Look at it as Black and White but as Degrees

This Awareness indicates that it is not necessary to label them as 'evil.' It is easier, it is childlike, it is the work of a primitive mind to label everything as black or white, good or evil, plus or minus et cetera, but the more aware entity should begin to look at things from a viewpoint of degrees: "How bad was it?" "How good is it?"

In other words, there are 'degrees' of experiences, which many entities do not even consider. If one is experiencing a temperature of 55 degrees and wanted 70 degrees, the entity may say "It's freezing!" This entity has a lack of understanding of degrees. "It's colder than it was" would be more accurate. Freezing is 32 degrees. This is 55 degrees. It is much warmer than freezing, but the entity will put it into extremes because the entity thinks in terms of extremes of polarities.

This Awareness indicates that entities will look at someone who is maybe 55 percent or maybe 55 degrees good, and where the entity wants them to be 65 or 70 degrees good, and say, "This entity is evil!" The entity may not be evil until he gets to 32 degrees good. This Awareness indicates that it is simply a matter of how entities are trained in terms of thinking. Do they think in terms of extreme polarities, or do they think in terms of degrees?

Extrapolating Something Into the Future

Everything should be considered in terms of degrees, rather in its extreme. The only value in thinking in terms of extremes is when you wish to project something into the future, and you want to know what could happen if it went to its ultimate extreme end. This is called extrapolating, and when you extrapolate something to its ultimate end in the future, you may see that it would or could actually create something terrible, or that it could create something mediocre or something relatively good, depending on its nature, but this is only value in terms of helping one to speculate on the unknown. It is not something of value in dealing with the known.

When you deal with the known, you should consider what is known as much as is possible, and not simply throw something into an extreme category of 'good,' 'evil' or whatever extreme is available, when in reality it is somewhere in between. This Awareness indicates at any rate, much of what is found in Christianity as practiced today has to do with holding the paradigm or the pattern of the religion together, and much of what is objected to in Christianity by Christians, is when someone introduces something that threatens the pattern or paradigm of their view of reality.

In other words, if you were to introduce a concept in which you did not believe in Satan, you would be seen as threatening the paradigm, the pattern, the reality that they are trying to create for everyone else, including their own members and those who are not part of their membership. This Awareness indicates that the threat to the paradigm becomes an attack on the religion itself,

because this is for them, an attempt to bring down the Christian religion into full manifestation on the earth as 'reality.' There is the attempt to make the paradigm the reality for all.

A "Paradigm" is Defined

This Awareness indicates that a paradigm essentially is a pattern which is designed to explain the reality for some group or for some purpose or for some cause, and it came from scientific fields in which they would speculate or create some kind of experiment referred to as a paradigm, a reality or a hypothesis, and try to work within that paradigm of certain descriptions, certain definitions, and see if they could come up with some kind of reality based on that paradigm.

This Awareness indicates that creating the rules for a poker game, for example, is the creation of a certain paradigm. Within the rules of the poker game there are certain things that are done. To deviate wrecks the paradigm. To deviate in religion wrecks the paradigm, and entities have been labeled as heretics. Some have been burned at the stake for being heretics because they want to change certain concepts or aspects of the religion, or denounced or deviated from some of the paradigm aspects of that religion.

The definitions of the religion were not to be tampered with because it was to be seen as the 'absolute reality' for this world, for the Cosmos, for the entities to recognize. It is as though they wanted it to become scientifically accepted as reality for all.

Catholic Church Still Causing Misery to Entities

This Awareness indicates that those who do not see it as reality, such as Galileo, and some of the scientists that followed, were labeled as heretics and in many cases suffered great misery and punishment for not following the church's view of things. This Awareness indicates that this still goes on.

Now science has a certain paradigm. These are the physical scientists that represents the 5 senses of knowledge, and there are also the quantum scientists who see things from a slightly different point of view in terms of energies as the pattern representing the new understanding of reality. This Awareness indicates that in *Its* description of the universe being a vibratory experience in which consciousness is everywhere present, *It* is creating a different paradigm also.

This Awareness indicates in other words, there are many different paradigms or view of reality. This Awareness indicates there is room for many different views of reality. There is room for many different paradigms. It is possible for entities to believe in one, and to explore another. The Internet becomes a kind of paradigm. There is a reality of its own nature in those experiences of the Internet. Entities explore the Internet and that is a paradigm for some entities. Others explore the physical world, and that is a paradigm for them.

This Awareness indicates as entities begin to look at things as different kinds of paradigms or different patterns of reality, they may begin to find that there are benefits as well as new experiences in experiencing and exploring the different paradigms of reality or patterns of reality in the same way that entities have explored different cultures and have gained different understanding from the various changes or differences in the different cultures.

This Awareness has suggested that entities in considering the universe as a vibrating body, a living creature, a living creation, can benefit greatly from examining the paradigm, for it can explain far more of the phenomena

experienced in entities lives than can other forms or other paradigms.

ESP, Miraculous Healings, Prophecy all Possible

This Awareness indicates that ESP; all of these things relating to prophetic dreams, prophecy, mental connections between entities and various things that are so-called 'unexplainable' can all be better understood if entities recognize that the universe is alive. Its consciousness is everywhere. It is aware of everything that occurs within its body and entities can tap into that consciousness and experience moments of Cosmic or Universal Consciousness, even Divine Consciousness, and ESP and all of the other things such as miraculous healings that may accompany such experiences in a living universe.

Reflect Your Light Like a Mirror

FOLLOW-UP (VIKKI):

This isn't exactly a question, but I wanted to see if Awareness had any comments on it. As *It* was suggesting sending Light, the image that came to mind was the Light energy, being reflected by Light Workers in their meditation, like mirrors held by each, focusing the Light, and multiplying its effect, like starting a fire by using a magnifying glass to focus sunlight, thus enhancing its effectiveness.

COSMIC AWARENESS:

This Awareness indicates that paradigms are created by the collective activities in consciousness. The more entities who participate in creating a paradigm or acceptable reality, the more solid that view of reality becomes, and entities who wish to do away with certain negative paradigms or certain negative aspects in a paradigm can collectively put forth their energies to help dissolve or change or transform, transmute or transcend certain things.

Thus, your suggestion: "Entities sending Light reflecting from a mirror"—this Awareness suggests that you may use the term 'God' as the mirror, or you may simply let God use you as a mirror to focus the Light on that darkness, and feel the light coming from God or from the Divine Consciousness *through* you and to the darkness. Just don't try to do it on your own, wherein you think you have the Light that can be sent to heal the darkness of some creation of man's collective consciousness that has been energized over thousands of years.

Don't Use Your own Power to Defeat Satan—Use Light of God

In other words, don't try to use your own personal power to defeat Satan. Use the Light of God, or let yourself be a servant to the light of God by reflecting God's Light towards Satan, if you wish. This Awareness indicates that *It* cautions entities to be cautious, and not to get personally in between in the sense of "Oh! Look what I did! I just wrapped Satan in White Light! Aren't I the one!" This kind of attitude can be dangerous for you.

This Awareness indicates that if you simply allow the Divine Light to reflect through you, and directing it toward the concept of Satan, then of course that can help to dissolve the negativity associated with that concept of Satan which has been energized for thousands of years by thousands or millions of people.

This Awareness indicates that it is simply a creation from the realm of Briah or the heart tree of the deck of cards, or you can say it is a creation of imagination of many entities who want desperately to create the reality for everyone else. If you do not buy into that reality, you will be seen as a heretic, but when there are enough heretics, then the reality loses its degree of reality.

These realities only exist in certain degrees of reality, and as the degrees are diminished, those realities lose their substance in the realm of Assiah or in the card symbolism, the realm of the diamond tree, the realm of materialization. They become less material, less manifested.

CLOSING MESSAGE:

This Awareness indicates that this has been a kind of elaboration on information that has been given previously, but is hopefully something that helps entities to better understand, for what was given previously was more likened unto a kind of overview or generalization. This has gone into further detail to help entities get a better understanding of the reality in which you live in this universe.

You could take off on any of the points discussed, think in terms of vibrations and go much further than has been discussed in this reading in your own meditations and pursuit of further understanding of reality, but this Awareness **does** wish to cover some of these areas in enough detail that entities can begin to have a better clarity for their own pursuits and creation of their own paradigm or pattern of reality as they begin to understand a new way of looking.

This Awareness indicates it is essentially likened unto a new model of the universe. This Awareness wishes to give similar information in future readings along similar lines to help make other areas clear. *It* is uncertain as to how much longer this Interpreter will be available for these readings, and therefore, *It* wishes to get messages such as this out and to print while the Interpreter is still capable of doing the work.

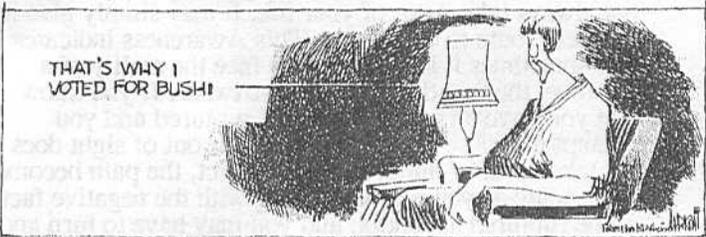
(The Law of Gratitude is given)

Wisdom of Awareness...

On Accepting "What Is"

"This Awareness suggests that wherein entities can accept "What Is", accept the wounds and lessons from errors, and wherein entities can take up from where they are and go forward into productive and constructive activities, these entities can yet find meaning, joy, harmony and happiness from their lives and from their friends and involvement with such." (80-2)





The Cosmic Laws of Cosmic Awareness...

THE LAW OF NEW BEING

The Law of New Being lessens polarities and reconciles oppositions. The Law of New Being reconciles the 'yes' and 'no', right and wrong, good and evil, and brings the concepts of God and Satan together in harmonious resolution, integrated totally under the Law of One. The Law of New Being acknowledges the return of Lucifer to the Godhead or Source of all Being, and realizes there is no longer a force of evil in the world; that there is only the echo, the memory and the fear of evil remaining, and that these are also fading from consciousness. Those who follow the Law of New Being are beings who may transcend matter, or any situation that appears to matter, and may move into new states of being with greater freedom and energies to create the New World of the New Being: *The Unified States of Awareness.*

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WHY DO WE NEED TO KNOW ABOUT THE ALIENS? HOW DOES SUCH INFORMATION HELP US CREATE OUR OWN REALITY?

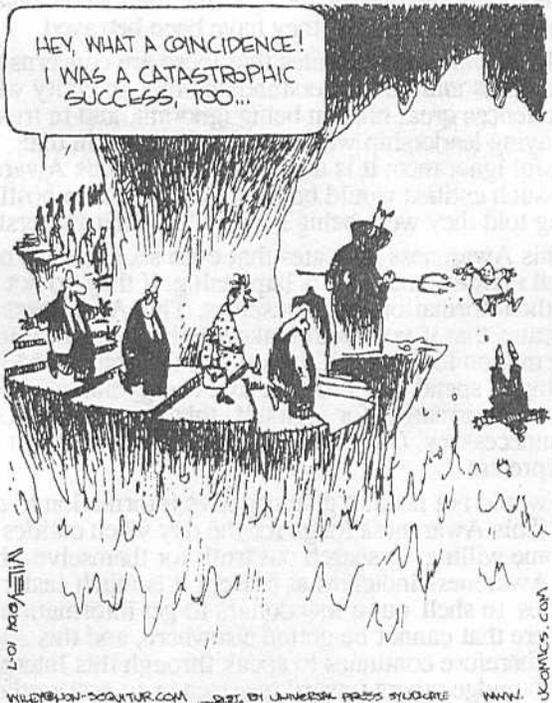
QUESTION:

Hazel Allen writes: I have a bit of a problem. Possibly Awareness could straighten me out. We have been learning from many sources that what you put your attention on grows and becomes a reality for you. If this is the case, how does knowing about the aliens and their part in what is going on in this sector of the universe help in creating the reality you would rather have? It seems to me to be a paradox. There must be something I am missing.

Along with this is the responsibility for allowing wars to continue. I haven't cognated on how these two possibilities can be best handled. I'm not sure if I want to inform people about the things I've studied with CAC or would that be increasing the energies to make it happen faster and more forceably? Any help on this would be greatly appreciated."

COSMIC AWARENESS"

This Awareness indicates that the basic premise is that which is off in the formula. This Awareness indicates that the premise being that you have learned that if you give your attention to something it grows. This Awareness



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indicates it depends on the kind of attention you give and also one could just as easily argue that if you take your attention away from something of a negative nature it begins to grow and develop.

This Awareness indicates that if you give positive attention to something that is positive, you tend to help it to develop along a positive line of growth. If you take your attention away from something that is negative, it tends to grow out of sight. Therefore, many entities, by ignoring the small tumor, may find that it grows into a large cancerous tumor, even though they would like to deny its existence.

This Awareness indicates that you may take your attention off of something that is negative only to find that it increases its size and effect and in your life because you have ignored it. This Awareness suggests that in some cases, you can ignore something and it will go away. In other cases, if you ignore it, it begins to create greater and greater problems.

Erroneous Cliches Some Entities Live By

If you ignore your phone bill for too long, the phone bill grows larger and larger. Thus the premise that you presented is not always accurate. This Awareness indicates that these are simplifications that entities like to fashion in their minds so that the world becomes simple to handle and control. Thus, many entities come up with cliché statements that appear to sound knowledgeable and meaningful so that they have a comfort zone.

Thus, one may say: "Out of sight, out of mind." Another might say that: "The grass looks greener elsewhere," and these kinds of statements that entities present are often taken to be the truth when in reality it may be just the opposite. It may be that one person will say: "Absence makes the heart grow fonder," while the other says: "Out of sight, out of mind." Which of these is true?

They both have a certain ring of truth. They both have a certain degree of truth. When something is not in your mind, or not in your sight, it seems to fade away, and yet, absence of it can make one miss it more, if it is of a certain type of interest to the entity. So these clichés that entities like to live by have their limitations. They may be valuable to the entity in one situation, and be totally out of place or out of synch in another situation.

The Concept of Positive Thinking Is Nothing But Denial

The concept of positive thinking, that if you do not give it attention it will go away, is nothing but denial, and there are stages that entities go through in various traumatic situations that include the stage of denial. If an entity, for example, loses a loved one, the first stage is to deny the reality of the loss. They do not want to face the reality that the loved one is gone.

The second, stage may be anger that the loved one has gone, and a third stage, may be the realization that it has happened and the acceptance of the loss of the loved one. This Awareness indicates that the fourth stage then being resignation and a picking up of one's life and carrying on without the loved one, but with the full realization that the loved one is lost.

This Awareness indicates that essentially, this concept of denial has its place in people's experiences, but it is not of any greater significance than are other attitudes or approaches to dealing with realities, and the entity who thinks that "If I deny the existence of the Beast at my door, it won't be there, it will go away!", this denial is not necessarily true.

Sometimes you can ignore a negative and it does fade away. Perhaps a bill collector will become discouraged when you don't open the door and the bill collector will go

away. This does not mean that the bill collector has ceased in efforts to collect, but that the bill collector has stopped seeking to collect from you in this manner.

The bill collector may then go into some other approach, may turn the bill over to an attorney, and you may then be faced with the knock at the door of the police officer or someone to serve you the subpoena or the claims against you.

This Awareness indicates that ignoring something does not always take it out of your life. It may simply give it a different route to develop in. This Awareness indicates that sometimes it is important to face the reality of a negative, the fact that the negative exists. If you know that you have an appendix that is ruptured and you attempt to ignore it, you will find that out of sight does not take it out of mind, and that in fact, the pain becomes more acute as you neglect dealing with the negative fact of the ruptured appendix, and you may have to turn and look at the reality of the existence of negativity in your life at that moment, and take a positive action to rid yourself of that negativity in a real sense rather than trying to get rid of it by ignoring it.

Why Awareness Sometimes Gives Negative Information

This Awareness indicates that *It* does not give entities negative information just to alarm them. *It* gives entities information regarding threats to their livelihood or to those things which are precious to them when *It* sees that entities are not being told of these things, and when *It* sees that entities need to be informed of things that are happening to them in or under the guise of deception.

It is somewhat alarming to this Awareness that so many deceptions are presented to the masses and there are so few who are willing to speak out and inform entities of the hazards that are being imposed on them from those few leaders who have ulterior purposes in mind.

This Awareness indicates *It* sees this as a most dangerous time for humanity when people's own elected officials are not working for the good of the people, but are concerned about gaining technology for their own benefits at the expense of the masses or gaining some kind of wealth at the expense of the masses or keeping secrets from the masses for fear that the masses will discover secrets of how they have been betrayed.

This Awareness indicates that these are concerns to this Awareness and it is understandable that an entity who experiences great bliss in being ignorant, and in trusting betraying leadership would like to continue in that blissful ignorance; it is understandable to this Awareness that such entities would be frustrated and even hostile at being told they were being betrayed by their leadership.

This Awareness indicates that even so, someone needs to tell entities when this is happening, if they do not dig out the information for themselves. This Awareness indicates that if you would take the time to search for this information for yourself, if you had the ability and were willing to spend years of time and energy and effort to dig out the information for yourself, this Awareness would be unnecessary. *It* would not need to speak through interpreters.

It would not need to give negative information to entities. This Awareness longs for the day when entities become willing to search out truth for themselves, but this Awareness indicates at present it is much easier for entities to shell out a few dollars to get information here or there that cannot be gotten elsewhere, and this Awareness therefore continues to speak through this Interpreter and to nudge others toward research or to assist others in finding information that helps to bring out truth, a little

here a little there, so that those who are open to facing truth, will have that chance.

Excerpt CAC Reading 10-10-6-93 Paul Shockley Interpreter

THE "GREAT PRECIOUS BLACK PILL" FROM TIBET

(Does It Really Heal Us of So Many Health Problems?)

QUESTION:

JD in New York sent some information on a pill from India. I'll read her question and then a little of the information on this. "I'm enclosing a copy of some remarkable instructions on Tibetan medicinal pills. Note the remarks about the new diseases and new diseases of this time. The question concerns the instructions and the pills themselves, of how much value are these pills, and how essential are the directions for their use? What instructions are valid, and which are more traditional or superstitious. These were given to me by a Tibetan who knew I had been ill. These and similar Tibetan medicinal pills can be obtained for you and the readership if Cosmic Awareness finds them valuable. I guess I'd like to know how often the pills should be used and for how long, assuming it has value. They come individually packaged and the Tibetan sent me four with no instructions other than the enclosed leaflet."

And I'll read a little of this. It's called "The Great Pill and is recommended for all types of contagious fever and colic pains. It removes the debility, graying of hair and wrinkles, and strengthens the bones. It is also beneficial in case of allergies, various types of arthritis, peptic ulcers, provides physical radiance and clarity of sense organs. It also purifies major organ systems of the body, and assists in proper regulation of the body temperature.

"The Great Pill is particularly effective against all types of food poisoning, chemical poisoning and metal poisoning and chronic illness of the modern era, especially those caused by the extensive pollutants of our time. It prevents communicable diseases and protects oneself from the evil spirits. For a healthy person, the pill is an excellent tonic. This Great Precious Cold Compound Black Pill contains more than one hundred ingredients, including the metals gold, silver, copper and iron, with precious stones sapphire, emerald, turquoise, ruby and diamonds, all in detoxified form, and a great number of herbal ingredients including crocus, satavis L, Silicious concretions of bamboo, Myristica fragrans Hoult."

It goes on with a bunch of strange ingredients. Delphinium, I recognize. Most of them seem Latin. Except "in cases of emergency, the Great Precious Cold Compound Black Pill is to be taken on auspicious dates. For maximum benefit, one should try to observe the following dietary restrictions: For a period of at least two days after taking the medicine, one should avoid

eating meat, eggs, raw fruits or vegetables, fried pungent sour food and garlic. During this period one should also refrain from strenuous exercise, sexual activity and cold baths. The Great Precious Cold Compound Black Pill is to be taken early in the morning. On the evening before, remove and crush the great pill and then place it in boiled water in a clean and unbroken cup. Cover the cup with a clean white cloth and allow the pill to soak overnight. On this evening, it is particularly important to dress warmly and to be warm during sleep. Early the next morning, one should drink the mixture after stirring it thoroughly with the ring finger. This should then be followed by drinking a cup of warm boiled water. It is important that this pill should not be exposed to direct sunlight or bright artificial light. It should be prepared and taken only in dim light." And it's signed: The Tibetan Medical and Astral Institute and it gives an address of the district of Kangra HP, India.

Now JD's basic question is, if Awareness would comment on the efficacy or non-efficacy or benefits of this pill, and if those instructions given were adequate.

COSMIC AWARENESS:

This Awareness indicates it appears this is beneficial. It is a pill that has been developed over many hundreds of years of research, and gradually brought together. It is likened to a culmination of a medical research that has been brought to a particular focus into one pill. This Awareness indicates it is likened unto taking all the most important herbs and bringing them together into one pill that covers many of the needs that could be treated by that grouping of herbs.

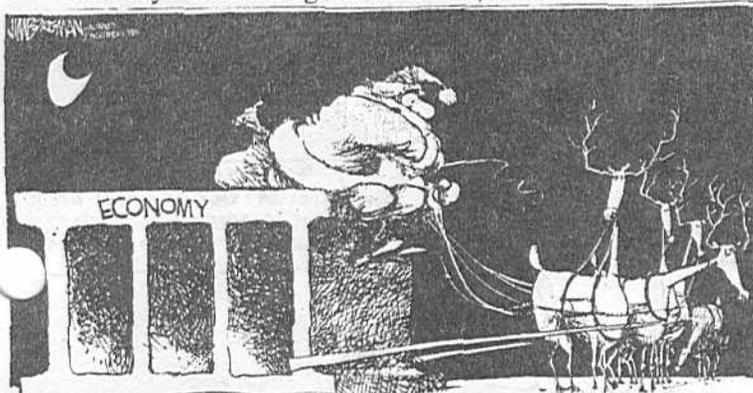
This Awareness indicates that of course, in some cases, in doing such a thing, entities could create problem, particularly wherein the herbs are not compatible to each other. This Awareness indicates that in this case, the Tibetan research over many years has perfected the work in making sure that the herbs are not counter-productive or do not, in mixture, create problems.

This Awareness indicates that essentially, the directions given are clear and appropriate. Some may be somewhat strange sounding. The mixture being stirred with the ring-finger may seem somewhat unusual, but it may also have a certain benefit in regard to psychological and physical effect relating to the acupuncture meridian of the body.

Why You Drink It In a Darkened Room

This Awareness indicates that likewise, to drink this when your body is warm from being warm throughout the night, can have its purpose as relating to the body being of a temperature to bring about a desired effect on the solution and also the darkened room or shadowy room being that which may be beneficial in regard to certain hormonal effect in the body, for it is true that light has a certain effect on the metabolism and on some hormones within the human body. Thus, in bright sunlight, it may be that the body would develop a certain metabolic balance that is not as favorable for this substance as if the body were still in a more soft light, therefore being more relaxed.

The harsh lights of the morning can tend to remove the relaxation which the body would normally experience early in the morning after sleep. All these things may have their particular purpose in regard to this pill and its use, therefore this Awareness suggests that it be used in accordance with the instructions given which have been researched over long periods of time and countless uses. This Awareness indicates that it is not simply an arbitrary finding by some single individual, but something that has been perfected for many years of research and application.



"ON VISA! ON MASTERCARD! ON AMERICAN EXPRESS!"

It Removes Wrinkles and Gray Hair?

FOLLOW-UP (AVATON):

Is the copy stretching it a little when it claims it removes debility, the graying of hairs and wrinkles?

COSMIC AWARENESS:

This Awareness indicates that it can have an effect on these areas because of its effect on the cells and on the nourishment needed by these particular cells in the body. This Awareness indicates in other words, it has a certain rejuvenating effect on these cells by supplying nutrients to them in a way that has been developed over many years of research.

This Awareness indicates that you may not find one application or one ingestion of the pill to create the total desired effect. It may be that you will need to repeat the use for some time to get the coloration in the hair for example, but this Awareness suggests that it *does* appear to have benefits in this direction, affecting certain cells in the body and supplying certain nutrients to these cells, to help restore the coloration of the hair.

This Awareness indicates that repeated use appears to be a factor for most entities to receive the full benefits available from this pill.

The Benefits of Precious Stones, Gold Etc.

FOLLOW-UP:

The precious stones: sapphire, emerald, turquoise, ruby, and the metals: gold, silver and so on, in a detoxified form, they also have some kind of benefits?

COSMIC AWARENESS:

This Awareness indicates that these substances cannot be beneficial if ingested in their usual state, but they can be turned into ingestible substances by certain methods of growing plants in soil that has been permeated with these substances in such a way that the salts of the substances goes into the plants and is later extracted from these plants, and ingested by humans. In this way, the human gets the salts from these substances and can benefit from them without any adverse effect. It is likened unto gaining the vibratory essences without receiving the heavy metals or substances in its original form.

Is It Worth the Investment?

FOLLOW-UP (VIKKI):

One other question in regard to the Great Pill. Between whatever cost is involved and the commitment you have to make for the proper protocol of taking it, does Awareness see the benefits from the pill being worth that investment?

COSMIC AWARENESS:

This Awareness indicates *It* sees this as being quite beneficial for some individuals, and not so beneficial for others who are not really in a position of needing this kind of nutritional assistance for their body. That for some entities it can be extremely beneficial, for others, it would be only mildly helpful and therefore, perhaps not beneficial enough to warrant the cost. As entities become older or as entities suffer health problems that are particularly affected by this combination of substances, they will benefit more from its use.

Ed's Note: There is more information on this pill on the Internet. Go to Google and type in "The Great Precious Cold Compound Black pill".

JD can no longer supply The Pill but gave me the address in India where they can be purchased: Tibetan Medical & Astro Institute. Khara Danda Road, Dharamsala Dist. Kangra H.P. (India).

CHECK OUT THE NEW MASTER INDEX at www.CosmicAwareness.org There is now 95,706 new entries!

FEBRUARY 12, 2004: THE DAY THE DEMOCRATS LOST THE ELECTION...



ENERGIES OR ENTITIES COMING FROM CONSTELLATIONS? AREN'T THESE ILLUSIONS?

QUESTION:

A question from Judith Jones, New York City. She Writes: "We commonly hear of beings or energies coming from constellations Orion, the Pleiades and so forth. I can imagine them coming from planets or stars, but are not constellations merely illusory groupings? Due to differences in brightness, stars that appear clustered together or which are seen from earth as comparable in magnitude, in fact, in the depths of space may be nowhere near each other and utterly unrelated except apparently from earth's point of view." And she asks Awareness to comment on this.

COSMIC AWARENESS:

This Awareness indicates that this is in the affirmative; that these constellations are simply focal points for entities to get an idea of the location, the general location in which the planets reside; that in reference to the Unholy 6 in the Orion constellation, this is referring to 6 planets. *It* did not refer to 6 star groupings. This Awareness indicates that the Pleiades being a close cluster indicates a close focal direction that is well known for its pattern.

This Awareness indicates there are also other planetary systems that are not clustered in these familiar pattern groupings. The concept of entities from Orion, for example, has caused some confusion among readers who think that anyone from the Orion constellation must be of a negative nature, yet there are also those from Clarion and Sirius who are recognized as being highly evolved beings. This Awareness indicates that these representing Orion entities from different star systems in the area, different planetary systems in the area, in the general area of Orion.



Encountering Aliens When in Your Astral Body

QUESTION:

Bob Race of Red Oak, Iowa, asks: "I have a question for Awareness. If a person were to encounter the aliens while in his astral body, could the aliens see him, or harm him in any way? This may sound rather far-out, but I would really like to know."

COSMIC AWARENESS:

This Awareness indicates that this appears to be in the affirmative; that they do appear to have the ability to recognize the astral body. It depends of course on which type of alien is being present. The Reptilian types or Reptoid types could recognize the astral body because of the heat, but it would be of such a subtle vibration, they would not likely even notice it unless they were looking for it.

The Greys appear to have the ability to sense the vibration of the astral body. It would appear that they could perceive it with some difficulty. It would be approximately two or three percent visible as compared to a physical body. Thus, an entity might be able to avoid detection. This Awareness indicates however, there is, for these entities, the psychic ability to recognize the presence of an astral body on a psychic level. They would sense the entity's vibration and connect if they chose, to the entity's physical body through that frequency of the astral body.

It would not be advisable for entities to psychically connect with these entities, these aliens. That is one way to contact them; through astral psychic connections. It is the way whereby entities may call them into their lives. It is suggested that entities avoid this kind of communication with these entities, for you may find yourself being visited by them, and these visitations may not be to your liking, or, once experienced, may become irreversible.

Excerpt CAC Reading 6-9-11-91 Paul Shockley Interpreter

Aliens Covet the Magnetic Properties of Earth (4th Dimensional Physics Now Being Researched)

QUESTION:

William Freeman, in New York City writes: "On page 109 of the book *Cosmic Top Secrets* by William F. Hamilton the third, regarding the aliens, are the following sentences: "Thomas also says the aliens don't want the land, (he's referring to this entity Thomas, who entered the various levels of the Dulce facility) the gold, the minerals, or the water that we possess, nor even the human or animal life. What they do want is the magnetic power that surges on and through the earth.

The aliens harvest this magnetic power in a way unknown to us. Thomas says the aliens recognize this power as more valuable than any other commodity on our globe," and William Freeman wants to know, if possible: "Will Awareness explain this?"

COSMIC AWARENESS:

This Awareness indicates that this has been discussed remotely in previous observations and readings describing aliens who suck the gravity from planets. This Awareness indicates that it appears there is an energy that can be tapped and used in the technology of the aliens for charging certain mechanical or electronic apparatus to use these powers in part for propulsion systems, and also for their own home planet.

This is dealing in part with the grid factors of the planet. This Awareness indicates that *It* does not however, see this as being the highest priority of the aliens' visitation. It appears to be one of a number of



priorities; that it does appear to this Awareness that these entities *do* want the control of the planet, the land, the people, the minerals etcetera, and believe that they have a claim on this. This is in reference to those who might be termed hostile aliens.

Hoagland's Book "Monuments of Mars"

This Awareness indicates that the grid-line energies or magnetic energies of the earth can be used as power sources for some of the technologies used by these entities, and has its essence and value. This Awareness indicates that this technology deals with a kind of 4th dimensional physics that has been described in a rudimentary form in the book by Professor Hoagland called *Monuments of Mars* and has been described further in his subsequent research on the subject.

It is not yet fully understood by the human mind, but is gradually being studied in a kind of 4th dimensional physics research that is occurring among some of the researchers. This Awareness indicates it has to do with interlocking tetrahedrons that form energy fields at the point which can be tapped and used for creating third dimensional realities out of 4th dimensional physics.

"Ed's Note: the book "The Monuments of Mars: A City on the Edge of Forever" by Richard C. Hoagland is available on the Internet. Go to Amazon.com for new or used copies.



Excerpt CAC reading 7-5-1-89 Paul Shockley Interpreter

Traumatic Accidents Like Sudden Appendicitis (When Alternative Medicine Can't Do the Job)

QUESTION:

We got a letter from Robert Baran, who just hours before, he and his wife Lisa were going to come to the Awareness gathering in Arizona, when she was hurried off to the hospital and she was diagnosed as having acute appendicitis, and they took her appendix out. He had sort of a question here, regarding trying to live the holistic lifestyle, and using alternative medicines and so forth and channeling various energies, but he wondered what can one do about traumatic accidents like this one, like appendicitis, that they could have done maybe to have perhaps prevented this from occurring?

COSMIC AWARENESS:

This Awareness indicates that there are some things which occur in a situation that do require serious and quick and sometimes violent remedies. This Awareness indicates the idea of using alternative medicines and preventive medicine in order to keep one's health and the treatment of illnesses at a level that can be more comfortable is that which this Awareness encourages. This Awareness indicates however, that in some instances, the alternative medicine is not sufficient to attend to an emergency such as this. This Awareness indicates that there are many different causes in terms of environmental and psychological hazards that affect an entity's physical being. It can range from ingesting certain foods during certain times in which the body's balance may be somewhat off due to psychological encounters or emotional imbalances, whereby the food which might normally be beneficial or harmless, may, during such times cause a different kind of reaction in the system.

This Awareness indicates that one would like to think that there is some magical way or some special knowledge which will allow them to always be in control of events in their lives, but this is not the case. This Awareness indicates that there will always be those uncertainties, those sudden experiences that may occur. This Awareness indicates inflammation generally is seen in an individual's chart; this in terms of astrological chart, as something relating to the planet Mars; things dealing with digestion, and things dealing with bones and skin and the various activities of the organs and circulation. All of these things are in some ways influenced astrologically. It would be impossible or nearly impossible to keep track of all the astrological movements that might have some effect on their physical well-being in order to be prepared for the sudden unexpected event or to ward off any hazardous influences.

Astrological Effects on Health Needs to be Researched

This Awareness indicates there is much research that needs to be done in terms of astrological effects on health. This Awareness suggests that the Pluto/Saturn square which is generally a long-lasting event in an entity's personal charts wherein transiting planets and fixed, or birth planets are in square, can have adverse indications and likewise, with the more quickly moving planets, these squares can have adverse indications of temporary illnesses. This Awareness indicates the long-term chronic illnesses are influenced by squares and oppositions of the more slow-moving planets in transit over an entity's charts in regard to that entity's slow-moving planets.

For example, Saturn square Saturn, or Saturn square Pluto in an entity's chart, wherein the square is between the planet and the transiting planet, or wherein an entity's chart shows such squares as Saturn square Pluto or some other slow-moving planet; these things can be

indicators of physical illnesses as well as other influences on the entity's life, but only by considerable research into the areas of astrology would an entity be able to make use of this information sufficiently to be prepared, and the question arises, is it really worth the time to continually work at astrology in order that you not be caught off guard by some event?

This Awareness indicates that more often what can occur is that even an entity having considerable interest in astrology may simply wait until an event happens, then may look to see -what planets are doing what at that time. This Awareness indicates if you know your chart well and you understand the nature of the planets and what they might do, you can often realize when there are certain aspects coming up which will cause you some kind of difficulties and in such realization, you may begin to prepare ahead of time, through diet, or through meditation or through arranging your affairs so that you are not contributing to the problem,

This Awareness indicates that this appears to be the more viable solution to avoiding this uncertainty, such as a sudden appendicitis attack. This Awareness suggests however, that it is not some simple solution, such as eating more of this or that, or changing your diet or using different medications. There is no simple solution to ward off the uncertainties of life.

WHY WAS ACUTE APPENDICITIS SO PREVALENT IN THE PAST?

FOLLOW-UP) AVATON)

Awareness, when I was growing up, acute appendicitis was a very prevalent thing going on among people, and it seems though that over the years this has sort of disappeared. Was it something in the diet of people back in those days that created that or was it something else?

COSMIC AWARENESS:

This Awareness indicates it appears that the food today is much more commercialized; that in earlier times there was much more of the natural raw foods and much more eating of raw foods; that on occasion entities would experience inflammation from eating some food that was perhaps lodged in the appendix due to not being fully digested or chewed, such an apple seed or some husk or something of this nature which could in turn trigger an appendicitis. This Awareness indicates that today there appears to be more processed or softened food available for entities so that they are not eating quite as much of the roughage that was once a major part of the diet.

This Awareness indicates that in many ways this creates greater problems in other areas, but in some ways it is beneficial as far as the danger of appendicitis is concerned, because in part the roughage of earlier diets contributed to the appendicitis. This Awareness indicates that this not in terms of fiber; that fiber in the diet is beneficial and helpful in keeping the digestion working properly. In earlier times, when mostly white bread was eaten, this in fact contributed largely to poor digestion and could have assisted in higher rates of such diseases as relating to appendicitis and diverticulosis.

This Awareness indicates that in earlier times, also especially during the time of your childhood, there were fewer protections in terms of flu, colds and the common viral type diseases and these could sometimes throw the system off-balance so that a certain kind of delicacy in terms of one's constitution made the entity more susceptible to some of the common diseases. This Awareness indicates this in terms of the childhood diseases of the time, This Awareness indicates that the remedies, in other words, were not as quickly obtainable during your childhood and occasionally, entities would become much more ill and the remedies not being as obtainable

or easily available resulted in these various diseases as being much more threatening than at present time, therefore, they were more newsworthy, and the same can be said of appendicitis.

The appendix now can be so easily removed and is no longer seen as news, whereas during your time, as a child, this became news when an entity had an appendicitis, therefore it was more notable. This Awareness indicates that today there are probably far more appendix being removed per capita than during your childhood but it is no longer seen as news.

FEWER TODAY ARE BORN WITH APPENDIX AND TONSILS: WHY?

FOLLOW-UP (AVATON):

I think I read somewhere that some babies being born these days are being born without appendixes and I believe, tonsils. Is there any truth to that?

COSMIC AWARENESS:

This Awareness indicates that these organs are designed to filter off toxins in the system and wherein over a period of time of being useless or of little value, they begin to atrophy, and from generation to generation the genetic code of entities, wherein these have been removed will tend to pass on to the offspring the signal that the appendix or the tonsil is missing in the parent genetic code. This Awareness indicates that various diseases and events and operations that occur to an individual do have an effect on their genetic coding so that the effect may be passed on to children or offspring.

This Awareness suggests that this is contributing to the elimination of these organs in some instances.

QUESTION: WHY DOES HAIR GET GRAY?

One final question for this reading; this also from Jack Manuel. "Why is it that the hair starts changing color and turns to gray after fifty?"

COSMIC AWARENESS:

This Awareness indicates that this relates to certain chemical changes in the body; that the hormonal and chemical and mineral balance begins to alter in part because certain factors relating to aging increase in their activity. This Awareness indicates that those who have an understanding of the GH3 or that which is known as Gerovital, may have read about the substances in the body that increase after the age of 40 at an ever-increasing pace, which cause an ever-increasing aging process, and how GH3 tends to slow the release of this substance.

This Awareness indicates that this substance that is countered by GH3 so that the aging process is slowed, is not the only substance in the body that contributes to aging. It is a major part of substances in the body that contributes to aging, but it is not the only one, and there are others and these substances that contribute to the aging process also contribute to the graying of the hair.

This Awareness indicates there are some vitamins and minerals that do have some effect on slowing down the graying of the hair, but this Awareness indicates that these do not have much notable effect and even with the vitamins and minerals that would work for this purpose, it appears that the hair will continue to age and grow gray over a period of time, so that you might keep your hair from growing gray for 6 months to a year by using all the right vitamins and minerals, but it will eventually catch up.

Stress the Greatest Factor in the Graying of Hair

This Awareness indicates that stress is probably the greatest factor in bringing on the graying of the hair. The more stress one is experiencing during the late Forties

especially, the more likely the hair will begin to gray rapidly. This Awareness indicates it is even possible for a stressful situation to turn a young person's hair gray in a very short time.

This Awareness indicates that there are likewise, rare situations in which an entity's hair may turn gray overnight, because of some frightful or traumatic event occurring to the entity. This Awareness indicates that if entities can live a more relaxed life, they are likely to be able to keep their hair darker, or more its natural color, than if they experience these intense stress factors.

Excerpt CAC reading 9-10-26-91 Paul Shockley Interpreter

WHY THE SUBCONSCIOUS MIND CAN REFUSE TO CONTACT THE SUPERCONSCIOUS?

QUESTION:

A question from A J Geiger, Columbus, Ohio. He writes: "The Kahunas of ancient Hawaii maintained that in most people, the subconscious mind refuses to contact the superconscious mind and operate in a cooperative partnership with it because, due to buried guilt, it considers itself ashamed and unworthy to be in contact with the superconscious, which it considers to be Divine. Is that teaching true?"

COSMIC AWARENESS:

This is in the affirmative. It is for this reason that when any Kahuna begins to do work for a client, the first thing they ask is that the client do something good, in the sense of giving up something of value to help someone else, for this alleviates some of the guilt the entity may have in his or her subconscious.

This Awareness indicates that if an individual wishes to have a communication between the subconscious and the superconscious, the individual would need to work on clearing out what the Kahunas call "knots" and "tangles". The knots and tangles are subconscious guilts and frustrations or traumas, complexities or complexes that inhibit the subconscious from feeling clear in its relationship to the Higher Self.

This Awareness indicates that in Jesus' teachings, he referred to these as demons and cast out demons. This Awareness indicates in psychology, these are called fixations and traumas. In Scientology they are called engrams. This Awareness indicates they are essentially knots or traumatic blocks that are in the subconscious which tends to prevent the entity from feeling good about himself or herself, and these need to be worked on and cleared, for the entity to have free access to the Higher Self through the subconscious.

Ed's Note: The Cosmic Awareness Spiritual Development Lessons cover this subject in depth and explains how entities can remove these "knots and tangles."

FOLLOW-UP (IBID)

He had a couple of sub-questions on this question. "If the answer is affirmative, is the subconscious's refusal to contact the superconscious because of guilts based only on guilts which occurred during the present incarnation or is it also based on guilts which occurred during previous incarnations?"

COSMIC AWARENESS:

This Awareness indicates that this relates almost entirely to present incarnation; that there can be some slight carry-over from other lifetimes, but that this is so insignificant as to be of little concern.

HAPPY HOLIDAYS FROM THE CAC STAFF!

"THE GODFREY INCIDENT" IN 1975

("An Unspeakable Incident that Threatened Mankind!")

QUESTION:

Mike Goscinsky of Garnerdale, New York asks: "Has Awareness given a reading on the Godfrey incident? Do you have any information on it?" And he attached an ad for a film. I don't know where he got this from. It was page 69 of something. It reads: "The Godfrey Incident. In the Fall of 1975, an unspeakable incident took place in Godfrey, Illinois, an incident which for 7 days threatened the future of mankind; an incident involving terrorists from outer space. The C.I.A. became involved and as a result the incident *never happened*."

In the spring of 1977 Larry McNeely uncovered the truth and produced THE GODFREY INCIDENT. A surrealistic nightmare featuring noted UFO researcher Dr. J. Allen Hynek which exposed the facts. Upon completion of the motion picture McNeely disappeared. Six months later his decomposed corpse was discovered in a concrete storage bin. That same year Columbia Pictures released *Close Encounters of the Third Kind*. A movie based on the same occurrence but one which twisted the horrifying tale into a happy one. The *Godfrey Incident* was never released. Since then Dr. J. Allen Hynek has also lost his wife under mysterious circumstances.

Now for the first time *The Godfrey Incident* is finally available. Order now and learn the truth about UFOs and the equally frightening story of Larry McNeely. However, please act fast, this controversial picture will most certainly be targeted for suppression once its available is discovered.

Notice: Although we will use every means possible to keep our customer file confidential, your acquisition of this tape and subsequent knowledge of the facts presented therein may lead to your becoming a target of future actions of the CIA and other clandestine government agencies. You have been warned!"

Is this ad some kind of hype or is there substance to what it's talking about in this Godfrey incident?

COSMIC AWARENESS:

This Awareness indicates that the entities involved appear to be sincere in their concerns and statements. It appears also that there is an excessive amount of imagination and paranoia involved, and that the so-called incident is less notable than is hyped up to be. There is considerable hype, as you say, in the ad, to give it greater mystery and intrigue than is necessary, as will be seen when entities view the material itself.

This Awareness indicates that this is much like a tape that was released some few years ago claiming to be an actual tape recording of a UFO/human contact, but wherein upon receipt of the taped recording you realized it was so absurd it was like a farce; it was staged and presented almost like a play. This Awareness indicates that there is more hype than fact in regard to this so-called incident, but there is some substance in terms of claims which are based on... This Awareness indicates it appears that it was enough to trigger the imagination of entities to help create the idea for the movie *Close Encounters*.

FOLLOW-UP QUESTION:

When he uses the expression "terrorists from outer space," this is probably part of the hype, more than fact, is it not?

COSMIC AWARENESS:

This may simply have been a contact experience with Grey Reticuli or others, and if entities were terrorized or frightened by the contact, they could refer to it as terrorists from outer space, without actually believing

they were lying. These entities would not even have to be armed to be considered as terrorists from outer space. This Awareness indicates if entities were frightened by them, they could be classed as terrorists, and if they were frightened, they could even say that they were assaulted, because the definition of "assault and battery" requires only that an entity is *afraid* of being harmed for assault and that battery does not need to occur for an entity to be assaulted or frightened. The terrorizing of an entity only requires that someone scares and frightens the entity, even if not intentionally.

FOLLOW-UP STATEMENT:

They want \$19.95 plus \$2.50 postage and handling for this.

COSMIC AWARENESS:

This Awareness suggests that for purposes of satisfying the curiosity, it would be worth the price, if entities have no better use for the money, but if entities do not feel a strong curiosity, or have better need for the money, they can live without this and not feel any great loss in their lives.

QUESTIONER:

We don't like to plug material like that unless it will fill in certain areas that people need information about UFOs that is valid.

COSMIC AWARENESS:

This Awareness suggests that it would be of value to check it out before making any strong conclusions as to its worth. It does appear to have some value, but is not as valuable as it sounds in terms of the advertisement.

Ed's Note: The CAC treasurer was too tight to release the \$22.45 required so we never did check it out. The address given was M.R.C. Films, 920 E. Lincoln, Birmingham, MI 48009 if you want to.

HAVE ALIENS BEEN ABDUCTING OUR PRISONERS?

QUESTION:

George Lee, Who's a prisoner in Lapeer, Michigan, has sent us information that he's receiving through some kind of contact with some kind of channeling; that essentially aliens have been abducting prisoners in the prisons around the world for a considerable length of time and this is still occurring. I won't go in to reading all this; there's about 10 pages he sent in, but I'd like to ask Awareness how prevalent is this, if it is prevalent at all, that abductions and implanting of prisoners is happening?

COSMIC AWARENESS:

This Awareness indicates that it appears this is occurring and that there is a greater percentage of prisoners being abducted than in society in general, per capita. These entities are easier to keep track of. They are seen as entities who could be influenced for various types of activities by the aliens and that upon certain signal, or critical timing they could be abducted and removed from the prisons and released on the street for whatever purpose the aliens have for them, or put into crafts and used in accordance with alien intentions.

FOLLOW-UP QUESTION:

There's one thing he mentions, that advice was given about prisoners who aren't familiar with being victimized, that they were told if you place a blue light around yourself in the auric field, that this would be of benefit and help prevent abductions. Is this valid information?

COSMIC AWARENESS:

This Awareness does not see clearly that this is valid, though it appears to have some benefits. It does not appear to be an infallible or strong effect. If an entity is being harassed or fears being harassed, a blue light in his or her auric field could be of some slight benefit. It does not see this as strong.

PLAYING TAPES BACKWARDS: CAN YOU HEAR THE WORDS OF SATAN?

(More on Reverse Speech Technology)

QUESTION:

A question from Elena M., in Montana. She writes "In 1983, a man named David John Oates ran a halfway house in the outback of Australia. One day David discovered some boys playing music tapes backwards. A creature had told them they would hear words of Satan. In experimenting with running conversations and speeches in reverse, he discovered what he terms "Reverse Speech Technology."

"David John Oates is now a counselor, a certified hypnotherapist, with a practice in San Diego, California. According to D.J. Oates, Reverse Speech reaches the core structure of the subconscious mind and is an extremely powerful tool for accessing the subconscious. It goes right to a person's problems or issue with the first tape made, for/of, of a client speaking. Numerous tapes were played on Art Bell's radio talk-show of this reverse speech, September 30th and October 5th, 1996.

"If people have lied in the forward speech, reverse speech reveals this. Tapes of world-famous people were played: Bill Clinton, Bob Dole, Robert Tilton, a TV preacher, Whoopi Goldberg, an astronaut, O.J. Simpson, and somebody's twins, at 7 months, baby gibberish, then reverse the words: "What's that?" referring to the microphone D.J. Oates was holding.

"At 14 months, he recorded child baby gibberish, then in reverse; one could hear the words "I can't come here." He has been on TV and radio and a book "Reverse Speech: Voices From The Unconscious" will be available with a tape, for \$27.95, (and they give a 1-800 number). And she asks: "Would Awareness please comment on this seemingly far-reaching tool for bringing truth back into our lives, and anything of importance in connection with this that we should know?"

COSMIC AWARENESS:

This Awareness indicates that there appears to be some degree of validity to this study and to this technique; it appears however, that it is somewhat limited in terms of its being of a real value. It appears that the action of reversing tapes so that words are played backwards, in many cases, will simply result in sounds that *appear* to be familiar words, but which are simply coincidental, and by the appearance of being familiar words, entities will read into these sounds something that they project, rather than something that is actually there. They can project the belief that they are hearing certain information and make a supposition that these words were being said, when in actuality, it may simply be a coincidence that a combination of words played in a certain forward direction create the impression of familiar terms when played in a reverse direction.

This Awareness indicates this does not mean, however, that it is a coincidence. It is quite possible that on a subconscious level the subconscious mind is well aware of what words to put together to bring about the reverse sound that says something else. To put this in a different, more clear way, it is quite possible that the subconscious is aware of what words to say forward, which when reversed, would bring about a different set of words when heard.

This Awareness indicates that this is the part of the technology that the therapist would be seeking to find and which could be of considerable importance in this work. This Awareness indicates that it must be recognized however, that some of these sounds of a reverse order when the tapes are played backwards, are indeed just coincidence in that they sound just like certain other words.

This Awareness indicates if you create a cacophony of sounds or even if you lie quietly, listening to a rippling brook it is very easy to start hearing noises, to begin hearing words from the bubbles and the sounds of the water in the brook. This Awareness indicates that imagination and the brain tends to hear patterns that are familiar to it, in sounds that are meaningless, just as staring at a Rorschach ink-blot can lead an entity to see certain pictures that are really not there, but are imposed by the mind of the observer onto the ink-blot page.

This Awareness indicates the therapist might be better off to have the person who speaks on the tape, speaking forward, to listen to the tape when it is played backwards and ask the entity: "What words do you hear from the sounds of this tape? What words are you hearing? Write down anything that you hear." It is not suggested that the entity necessarily be told that it is his own voice speaking on the tape, but simply ask the entity: "Can you hear anything being spoken?"

This would then be similar to a Rorschach test, but would be conducted for audio rather than visual consumption.

FOLLOW-UP QUESTION:

In a related story on this on the Internet, it says "His own eight month old kid before she learned to talk, still doing cooing, gurgling baby-talk, asks him clearly, and I mean 'clearly' on the reverse tape: "What's that?" when she looks up and sees a microphone he's got in his hand following her around." Is that just coincidence or is that actually valid, that this little girl, eight months old...

COSMIC AWARENESS:

This Awareness indicates that this is difficult to ascertain without going into the subconscious of the child. It is probable that the subconscious played a part in this situation, and that the subconscious of the child **did** express that inquiry and it may have come out in words or gurgling sounds when played forward that would in reverse create sounds that the entity could hear in English when played backwards; this is a possibility.

FOLLOW-UP QUESTION:

The entity also thinks a great deal of ESP, so-called ESP, hunches and feelings we get from others as we talk to them. Is our subconscious *actually* 'hearing' clear verbal messages from...

COSMIC AWARENESS:

This is in the affirmative.

QUESTIONER:

Okay.



THE FOUR DISEASES OF MANKIND

QUESTION:

Another question from this entity. She writes: "Awareness speaks of tuberculosis and numerous other diseases. How do these figure into the four diseases of mankind?"

COSMIC AWARENESS:

This Awareness indicates that TB, syphilis, Gonorrhea, and diabetes appear to be the diseases that are considered by some to be the four major diseases. This Awareness indicates the TB essentially is a disease that has developed over considerable amount of time and takes on various forms which have to do with everything from asthma to emphysema. This Awareness indicates that the diabetes as related to blood-sugar, and the levels of sugar in the blood as it affects the circulatory system.

Syphilis Travels Genetically and Ends Up as Cancer

This Awareness indicates that syphilis as that which carries genetically through a family and often emerges as cancer. It has also been used in the creation of AIDS as a major part of the disease called AIDS. This Awareness indicates that these various diseases change their form from time to time to be of greater or lesser effect, and the diseases also tend to have an effect on the genetics of individuals down through the blood-line, or more correctly, down through the genetic line, to emerge in different families genetically, as different types of diseases.

This Awareness indicates that the yeast, which is such a common problem with many entities is also a factor, and relates in part to the gonorrhoea disease. This Awareness indicates that this helps to increase the yeast. This Awareness indicates that the question as being: How does tuberculosis relate to these various diseases? This Awareness indicates that this as a way by which the lungs are weakened, by which the breathing or respiratory factors are diseased through the various different types of diseases that relate to the respiratory system, including pneumonia, emphysema, and asthmatic difficulties, and these can be passed down through generation to generation through genetics.

The Genetic Result of Grandfather's Bout With Tuberculosis

This Awareness indicates that it is not necessarily that everyone who has a form of respiratory difficulty has full-blown tuberculosis. For example, an entity may be from a family in which tuberculosis was the factor and the entity may have children after having had tuberculosis. These children may grow up without much difficulty but may have children of their own. The grandchildren from such a genetic line may have asthma, or may have some kind of weakened lungs that lead to a problem in that area, either through asthma, bronchitis or through pneumonia or something of that nature, simply because genetically, the lungs are weakened from the grandfather's bout with tuberculosis.

This Awareness indicates that the four diseases that are common to all other diseases have been researched by Dr. Terska, of Papoose, Oregon, and this entity has considerable amounts of information in regard to the various connections between these diseases. The entity as having been the founder of the Naturopathic College in Portland, Oregon, for training Naturopathic Doctors in these and other matters.

This Awareness indicates that his information appears to be available in notes. It does not appear that the entity has written any book on the subject, as of yet, or has not published any work on the subject as of yet. This Awareness indicates that there may also be others, and there appear to be others from whom this entity has likewise studied in regard to his findings, from other sources.

ARE RED PEPPERS IN YOUR DIET BAD FOR YOUR IMMUNE SYSTEM?

QUESTION:

A question from Jim Gerber, from Omaha, Nebraska. I guess I'll have to read it here in his rather long statement. He writes: "Regarding *Revelations of Awareness*, issue # 419, 93-10,"

(I believe that was the AIDS issue)

"On page 3 of *Self-Healing Tips For The Nineties* by Edgar Cayce and the Crystal Circle, channeled by Laurel Steinhice, we, the readers are reminded that, "It is well that you should know this: The reader cannot rely on unflinching accuracy of information from any source. Each piece of information must be tested and evaluated in the light of one's knowing from within."

While reading this book and *Revelations of Awareness* back to back, I noticed an apparent overlap of information concerning the value of adding red peppers to one's diet. While the book's discussion of red pepper indicates *clinical* value in adding them to the diet, *Revelations of Awareness* indicates a precaution to take with respect to red peppers in the diet, as they may tend to *weaken* the immune system.

"A reprint of the pertinent passages are enclosed with this letter. While it may seem to be an apparent contradiction on first glance, I am not at all certain in my mind that I truly understand the full interpretation of the material presented in each passage. If I may, I would like to ask for evaluation and comment through Cosmic Awareness. I greatly appreciate your kindness and trust that my request is not an imposition on your valuable time." And he was quoting from a program for curing AIDS, where Awareness stated:

"This Awareness indicates that an entity would be better off to fast for a time to get the drugs out of their system, and then to begin a program using lots of exercise, lots of water, lots of health-growing nutrients in diet and food and products that are fresh with life force, such as fresh fruit and vegetables, staying away *entirely* from drugs, including teas and also from peppers, particularly the red peppers which tend to weaken the immune system."

And then *It* goes on to recommend rest and exercise and so forth. And the reference he got supposedly from Edgar Cayce talks about: "Unlike ginger, curry, cayenne and jalapeno derivatives, black and white peppers are only preservatives not digestive aids and should be avoided."

The routine use of hot spices as body purifiers is recommended for everyone, from those who seek a higher degree of wellness to those in the throes of life-threatening illness. This is a particular important therapy for those who have AIDS and other immunology disorders. The spices won't kill the AIDS virus or otherwise cure immune system disorders, but they will assist in destroying impurities in the body that the immune system would have dealt with had it not been impaired.

"We strongly suggest increasing one's taste and tolerance for hot spicy foods. The hotter the better. Cayenne is an excellent example of a hot spice which aids in blood purification." And so forth. Could Awareness comment on that?

COSMIC AWARENESS:

This Awareness indicates that the use of peppers, particularly the use of cayenne is that which is especially beneficial to the circulatory system. It helps to balance the blood and can be of great benefit to the immune

system in that sense, and to balancing the circulatory system, which in turn can carry purifying blood to areas in a way that improves the system's ability to help bring about a healing to those areas which receive better circulation.

This Awareness indicates that the reference to the concern about weakening the immune system in regard to AIDS is that in all things, in all foods the body absorbs, it tends to digest those foods by attacking them as foreign bodies or foreign objects in the body. When an immune system is extremely weakened, it cannot attack the foods to digest those foods as easily as when it is strong.

In other words, the food you eat is destroyed or broken down because your immune system attacks that food and breaks it down, and it does so because the food is a foreign body, a foreign object in your body, and all substances that are put into the body which are foreign to it, are attacked by elements that make up your immune system.

This Awareness indicates that red peppers, when ingested as food call forth for the immune system to rally around and attack these substances more than other types of food because they are hot in nature in the sense that they created pain; they create a burning sensation and therefore are attacked by elements of the immune system in a way that senses a kind of desperation. Therefore, the immune system must be strong, stronger to fight against these hot peppers than to attack, for example, spaghetti or some milder food that does not bring about pain in its digestive activity.

This Awareness indicates that in other words, the hot pepper requires an emergency action on the part of the immune system for the digestion of the substances. This Awareness indicates that the activity is perhaps healthy for an immune system that has a relative degree of strength, but it may be very difficult for a very weakened immune system to respond to this kind of substance, and the substance may not get digested properly when the immune system is extremely weakened and if it is not digested properly, it could then become putrefied and toxic within the system.

This Awareness indicates it is a matter of how strong or how weak one's immune system is as to whether one should use the red peppers in the diet. If one's immune system is still relatively effective in digesting food, then one could use the red peppers without any difficulty, and it would probably be beneficial for the entity.

FOLLOW-UP(AVATON):

I believe this entity is compiling some kind of book on AIDS and he gives the sources and so on, so Awareness stands on the statement, that basically, if you are suffering from AIDS, you should avoid the cayenne.

COSMIC AWARENESS:

This Awareness explained that it is a matter of how weakened one's immune system is in its particular stage of the AIDS disease. If the entity has AIDS in its earlier stages, then the cayenne may be helpful in that it can help to increase the circulation, and perhaps in detoxifying areas of the body where fresh blood is circulating.

If the entity's AIDS is of a stage wherein there is very little immune system working, then the hot peppers would call for an enormous amount of attack on the hot peppers and over-tax the immune system in the process and the hot peppers may not be digestible in such a weakened system. Therefore, the lack of digestion would leave the substances to putrefy rather than to be digested properly, and the putrefaction can add more toxins to the system.

This Awareness indicates therefore, it is a matter of degree, how far along one is in the dementia of AIDS.

Re: Women's Clothing: Do They Dress in Order to Attract Men Sexually?

QUESTION:

A question from Zoeyzen which came over the Internet. "A question for Awareness: Do women in the U.S. dress in order to attract men sexually, or, as I maintain, the majority are unaware, or dress fashionably, or in a way that feels good to the individual woman."

COSMIC AWARENESS:

This Awareness indicates that clothing serves many purposes beyond warming and protecting the body. It makes a communicative statement about how a person sees themselves in relation to their world, often a reflection of how the world sees them. Through choices of dress, individuals and cultures send signals about their needs, their values, and ideologies and these signals in turn elicit responses in others that serve certain social purposes.

This Awareness suggests that the best explanation for why women of any country dress as they do is based upon a combination of several of the answers suggested. The first concerns what feels good to the individual woman, and the second is the level of one's awareness of why any one particular style of dress feels good or bad--- which concerns one's inner needs and spiritual desires. Both good feelings and bad feelings merge into overall motives that lie just below the surface of the mind that guide judgments and choices whether or not the process is understood. When feelings are understood it becomes clear that they speak of the fulfillment of such needs as power, freedom, connection, esteem, creativity, and meaning. The social purposes served by choices of clothing largely have to do with alliances between individuals and groups and how safe the woman is as a member of any group, they center around the *connection* need and how much freedom and power the woman enjoys in that group and how important the group is to her identity.

This Awareness suggests for example, that if the choice to dress in any one particular way is motivated by fear, shame, guilt, it is likely that such a woman is struggling with issues of power and freedom within her cultural group. For example, those cultures that declare the human body to be impure or sinful are likely to reduce the freedom of choice through mandatory dress codes, and those that declare women to be inferior are likely to limit the power she has over her own decisions. Through the seeding of such limited beliefs culture instill such feelings as shame, fear, and guilt, which then can be used to manipulate from within the mind of the woman herself. She is then motivated to adhere to the strict rules, to cover her body and hide her abilities in order to maintain the safety of her membership in the community.

Power Over Men by Dressing Provocatively

In other examples, there are social injustices that prevent a woman from having sufficient economic power to control her own destiny, in which case she can gain power over men by use of her sexuality. If this is the case, dressing in sexually provocative ways can meet several needs at once: she can gain power over the man, forge a sexual connection and perhaps legal bond with him, that affords her access to his economic resources.

This Awareness suggests however, that wielding sexual power over men yields a directly opposite on the esteem, freedom and power that she then holds within her female sisterhood. For dressing provocatively shows a competitive rather than cooperative attitude and she may then be considered a predatory threat. She will then be subject to anger, contempt, envy, mistrust, jealousy, and hate and subject to avoidance, exclusion, and perhaps retaliatory

gossip or aggression from other females.

American Women Have Much More Freedom of Choice

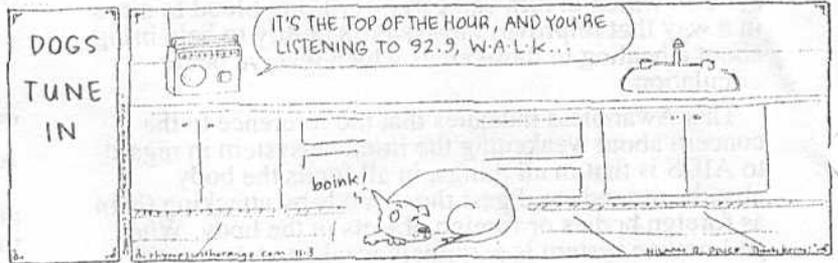
This Awareness suggests that American women are afforded much more freedom of choice and also given more equal empowerment such that the higher needs motivated by good feelings such as joy, comfort, and pride. When the three needs for freedom, power and connection are all met at once, the woman can then become motivated by her need for esteem within the social community. She may then choose to wear clothing and jewelry that communicates her social status to the other women in the community.

Choosing to Dress Fashionably

Choosing to dress fashionably often falls into this category, wherein fashion is little more than a display of ones financial power, the dynamic being the same as dressing provocatively to gain sexual power. However, fashion often does set the boundaries for moral acceptability and tastefulness that allows women to balance looking attractive to men with looking respectful, responsible and non-threatening to other women.

This Awareness suggests however, that as a woman develops spiritually, as she gains self awareness and attunement to who she really is as an individual without any mask or persona created by a uniform or costume, her feelings and motives will reflect this growth. At this point she may begin to feel dissatisfied by dressing to please others and then choose to please her self in honor of her needs for freedom, creativity, or simply to find higher meaning. She may then go against conventional expectations of those who judge a book by its cover, reject to be a slave to fads and fashions, and choose instead to dress in ways that assert personal uniqueness, personal artistic style, or ensure personal comfort.

This Awareness suggests that all women can find valuable information about themselves by trying different styles of dress and watching the social feedback and their emotional reactions in light of the universal needs. All humans will find happiness in styles of dress or any other lifestyle choices which can satisfy all needs in a balanced way over time.



WHAT IS COSMIC AWARENESS?

COSMIC AWARENESS is the Force that expressed itself through Jesus of Nazareth, the Buddha, Krishna, Mohammed, Edgar Cayce and other great avatars who served as 'Channels' for the 'Heavenly Father' and who speaks again today as the world begins to enter the 'New Age' of spiritual consciousness and awareness. Since 1963 Cosmic Awareness has been communicating through carefully trained channels. This information is for those who desire to help in bringing in the New Age. Throughout the thousands of 'Readings' given through these various channels, Cosmic Awareness tells us not to believe anything, but to question, explore, doubt, and discover for yourself, through your own channel what is the truth. Cosmic Awareness will only 'indicate' and 'suggest'. Neither C.A.C. or any of the Interpreters is responsible for anything Cosmic Awareness states in any of these readings, nor does C.A.C. or the Interpreters necessarily agree with the statements of Cosmic Awareness. The Interpreters interpret the energies as they see them in trance levels and are not personally responsible for what is said. The Interpreters published herein have no connection with, nor control over the editorial comments and material, including illustrations. This is entirely the responsibility of the editor. Members of C.A.C. are invited to send in questions of general interest to ask Awareness for possible publication in this newsletter.

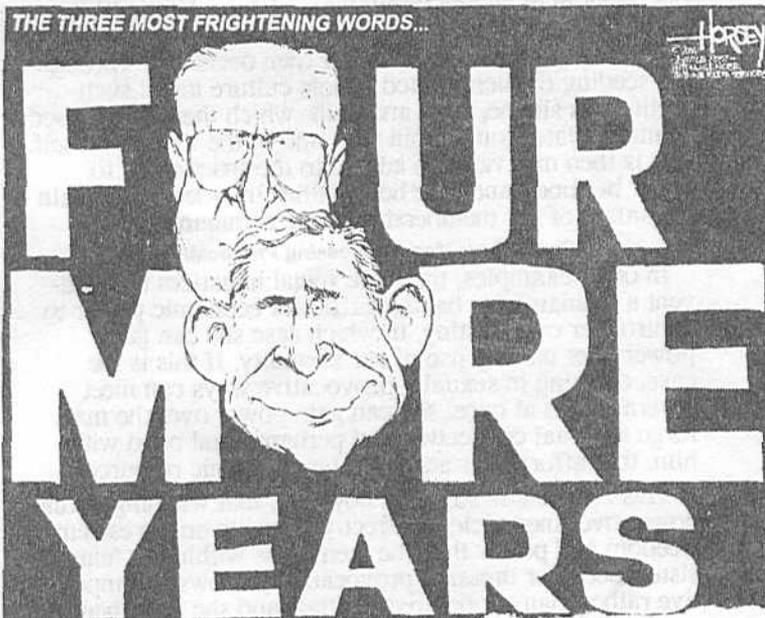
Always Be Watchful at Christmas and Holidays (Events Often Occur that Affect the Masses)

This Awareness indicates that in the coming months, entities will be focusing on holidays, but always be watchful during these holiday times for events that occur on or around the holiday period, for these are often very significant in that they can often be events that have powerful effect on the lives of people in one way or another.

This Awareness indicates that generally speaking, many things slip through on or around Christmas time, wherein most people are focused on Christmas and family and do not have much concern or interest in the affairs of the nation during these moments. Therefore, things can be done of a mischievous nature without getting much attention or without the attention getting in the way of what is being done, for the people generally remain more attentive and focused on family matters.

This Awareness indicates the same can be said for Thanksgiving in a much lighter way since it is not celebrated with the same focus and intensity as is Christmas and the New Years Holiday period.

(From Revelations of Awareness 2002-7)



—HOW TO GET THIS NEWSLETTER BY MAIL— EVERY 4 WEEKS! (More or Less)

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MEMBERSHIPS AVAILABLE (Honor System!)

INDIVIDUAL: \$42 per year or \$12 quarterly
 FAMILY: \$52 per year or \$20 quarterly
 CONTRIBUTING: \$77 per year or \$25 quarterly
 SPONSORING: \$144 per year or \$40 per quarter
 BENEFACTOR: \$500 per year or \$150 per quarter
 PATRON: \$1000 per year or \$250 per quarter
 ANGEL: \$5000 per year or \$1500 per quarter
 LIMITED INCOME: \$30 PER YEAR OR \$9.00 QUARTERLY