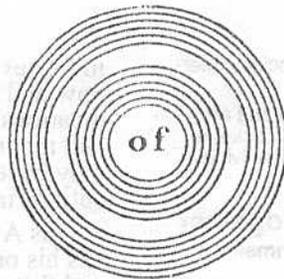


Revelations

The Cosmic Newsletter



Awareness

COSMIC AWARENESS COMMUNICATIONS
P.O. Box 115, Olympia, Washington 98507
Helping People Become Aware

E-mail: CosmicComm@aol.com
INTERNET DOMAIN: www.CosmicAwareness.org
FAX: 360-352-6294

Celebrating our 34th Year!

2005-3
Issue No. 585

\$3.00



INDEX IS ON PAGE 14

How Power Psychics Control the World (Why Satanic sexual practices are occurring)

- Sex: the big mystery
- Which death is best—fast or slow?
- Sexual fantasies and self-gratification
- The Cosmic Awareness Spiritual Development Course
(ARIES: Volume 1, Lesson No. 3)

Excerpt from a CAC General Reading 8-6-93 Paul Shockley Interpreter

ED's Note: Two CAC entities were guests in our house and attended this and several other sessions. They were: Chris Locke, a teacher of English in Japan and Will Berlinghof, a Canadian living in England.

The Reason Why This Group Came Together (Ambassadors of Cosmic Awareness Get Assignments)

QUESTION (WILL B.):

Awareness, is there perhaps a reason why the group here today has come together, especially the addition of the two energizers here tonight?

COSMIC AWARENESS:

This Awareness indicates that this as energy being brought from the East and from the West, from England and from Japan, in a journey across this globe to this place, to ground or plant the energies of certain psychic forces from these countries in a way that brings them into materialization in this room, for now and for future alchemical purposes.

This Awareness indicates that this movement is an alchemical action, wherein the energies of these two great countries come together in a particular way, at a particular time that lends itself to magic in the highest order, whereby the touching of these energies together in the presence of this Awareness allows this Awareness to have access through a physical channel, to these countries, and allows this Awareness to move energies into the psyche of these countries, so that these countries can become blessed by this Awareness and attuned to this Awareness in the coming trials.

The Establishment of the Aka-Cord

This Awareness indicates that it has to do with what the Kahunas refer to as the establishment of the Aka-cord. It is a psychic cord of energy that allows manifestation of a flood in consciousness that can be moved back and forth along that line so that messages and communication will enhance, will grow, and so that energies can be moved back and forth along these threads of psychic communication, to bring about a greater and greater network and future rapport between the entities involved in this connection and between themselves and their representative nations.

It is as though these entities who have come from these countries are ambassadors for this Awareness and allow for the movement of energies that may be of great importance, of great significance, particularly in the future times. This Awareness indicates what is happening now is likened unto tying the knots that ground the energies of the future network of psychic communication.

This Awareness indicates it is somewhat difficult to explain except through the concept of the Aka-cord. The Aka-cord in the Huna philosophy, if you recall, has to do with energies that are likened unto a rope or a spider web, which allow for communication to travel back and forth on a subconscious level, from one place to another, and the more the cord is used, the greater it becomes a means of communication.

Thus, as these entities communicate back and forth by memory, by meditation, by reflection, or in an effort to communicate in present times or in future times, the cord strengthens, the path strengthens, opportunities increase for further travel in one direction or the other, along these lines that have been established.

This Awareness indicates that there may come a time in the future when entities from this place travel to those countries across the sea, or where the entities from these two countries return again to this place. It will have the effect of strengthening the Aka-cord. This Awareness

indicates that this may occur in the future. In between now and that time there are likely to be closer communications that pass back and forth along this Aka-cord, and the information that passes between these entities may have extremely important significance to the entities involved.

This Awareness indicates that likewise, each entity has his or her own network extending from this place, and that network then becomes tied to the Aka-cord and can be affected by this information and energies that flow between these points. This Awareness indicates that in the case of Will, the energies also bring in that country of Canada, because his Aka-cords reach into that country as well.

CAC Now Has An Aka-Cord Connection to Other Countries

This Awareness indicates that any of the places that either of these entities have gone also tie in those energies because those Aka-cords to those other countries are still part of the entity's psyche, thus Will's travel to Germany, to Greece, and other points in Europe are likewise brought into the equation or network whereby the energies tying CAC to these entities allow CAC to have an Aka-cord into each of those places that he has visited.

The same is true of Chris's movements in his various travels. Wherever this entity has been, his Aka-cords are tied now to CAC and to this Awareness, allowing this Awareness easier access to these channels, to influence and touch those various places with these levels of consciousness. That this of course occurs on the subconscious level, whereby this Awareness can send energies along these Aka-cords for healing purposes in all of these places and countries that have been touched by these ambassadors, whereby this Awareness can send *Its* suggestions and visualizations to all of these various places that have been touched by the Aka-cord travels of these entities, to assist in conveying information and influence to those countries, to those places throughout the world that have been touched by these entities in their present, past or future travels.

Aka-Cord Also Connects to Past Lives of These Entities

This Awareness indicates that this is the major effect of these visitation to this area. This Awareness indicates in a lesser degree, all of the travels these entities have made in previous lifetimes and those areas touched during those previous lifetimes through their Aka-cords can also be brought in to the equation whereby this Awareness can use those cords to send energy of a healing nature to those various places as well.

This Awareness is not necessarily using, nor will *It* necessarily use these Aka-cords immediately, but there may be times in the near future wherein this Awareness will use these Aka-cords as networks for sending healing energies to various place in the world, to help bring about greater harmony for these various countries, and the entities who live there.

This Awareness also indicates that it will help to read the energies of those countries by having these Aka-cord connections.

The Law of Love Symbol in Japan

QUESTION (CHRIS):

I have a question which relates to something I've seen in Japan and also here, in the work of CAC, and this involves the symbol which I think has been called the Law of Love symbol, with a blue pearl of mercy in the center. The symbol is actually crescent moons with a circle in the center. I've seen this symbol shown on Nippon TV, at the end of their UFO TV programs, and it struck me very vividly when I saw this, that the only

other place I've seen this symbol is when it has been used in the past by CAC, printed on some of its newsletters, and I'd like to ask Awareness if *It* sees some unconscious connection here, and if so, what is the connection and why are these two identical symbols being used in these two places?

COSMIC AWARENESS:

This Awareness indicates that the *Law of Love* symbol of the two crescent moons with the points facing or touching each other, creating a kind of cat's eye opening in the middle with the circle of the blue pearl of mercy in the center of that elongated opening, is that which carries the essence of compassion in its meaning: Mercy and Love combined.

Akasha: The Spiritual Energy of the Universe

This Awareness indicates that the opening that is made by the elongated space in the middle between the crescent moons whose points touch each other, is also that which in symbology symbolizes Akasha. Akasha is the spiritual energy of the universe. It is neither fire, water, air nor earth. It is neither radiance, magnetism, vibration or stability.

It is Life Force. It is vibration in its absolute and highest sense. Akasha is the consciousness of the Divine. It may be equated in some ways to that which is called antimatter. Thus, you actually have in these symbols, three in one symbol. The crescent moons joining together at their tips, facing in opposite directions so that the tips come together, forming the symbol for Akasha inside, and the blue pearl of mercy, and with this there is also seen that which is a reminder of an eye with the blue pearl of mercy appearing to be the pupil and the Akasha symbol appearing to be the eyeball surrounding the pupil, and the crescent moons appearing to be the eyelids around the eye.

This Awareness indicates that essentially, the concept of mercy, love and perception, are symbolized as carriers of mercy, and this is energizing; wherever it is found it energizes these concepts, thus, if it is inadvertently placed in another country, on television, it has an effect of subconsciously carrying these concepts to those people who see it.

This Awareness indicates it does not appear that this symbol was consciously selected for the qualities in Japan, but it *does* appear that it was selected for some aesthetic purpose and value, and it has its hidden or non-conscious effect on the masses. Because of the energizing of these qualities in the conscious and subconscious levels of those in the Awareness Movement who understand the symbolism involved.

This Awareness indicates that more of these symbols placed around the globe can add to the new and collective consciousness to give messages of a healing nature, as entities consciously help to spread such symbols. It is a way of communicating to these subconscious minds of masses of people without getting out and preaching to them in conscious terms.

It is a way of communicating certain spiritual information to the subconscious of entities without their being offended by your assertiveness or didactic approach.

SEX: THE BIG MYSTERY

(Who Loves Who Confuses Strongbow)

QUESTION:

A question from Jon Strongbow in Seattle, which may relate somewhat to the last reading we had. I'll read his statement:

"I recently met a woman who was in love with another woman. She told me that the love was so strong

and passionate she was convinced it was from another lifetime. Getting to know her a little more, I learned that she had been sexually abused by her father and uncle, and had a lot of understandable contempt for male energy and a subconscious revulsion to the penis, and no wonder!

"I spoke to her about my understanding of the polarities involved in being in the physical world, and how a real fulfilling sexual relationship could only be achieved through the union of the opposites and the interaction of male and female, and that two women or two men together might be fun for awhile, but it was like two South poles trying to connect, when they naturally repelled.

"She understood what I was saying and believed that it was true, however, she was also convinced that she was experiencing another kind of fulfillment with her lover. Far be it from me to lecture her, because she has been through so much and is such a good person, that I let it go, but was pleased to hear that she was dating a man, because the other romance she was pursuing was so intense and strange, according to her.

"But now she tells me that the man wasn't gentle enough, which comes as a surprise to me, because I met him and he was quite a soulful, sensitive person, but she said that when she was with him, she yearned to be with her other girlfriend, because she was in love with her. Far be it for me to condemn love, especially a deep intense one, although I know that it can create many problems of its own.

"I teased her a little bit about it, saying that she was dealing with issues concerning the violations in her past, and that if the guy really loved her, as he claimed, he would be patient and let her be who she had to be, and not demand a sexual union, and she said that she thought he was like that, but it turned out he couldn't wait, and wanted the intimacy too soon. "Now isn't that just like a man!" she joked.

"My question is: The whole sex thing is a deep mystery and oftentimes we don't really have a clue as to our behavior because what happened in the past was so weird and strange that we bury it instead of looking at it, and thinking we can learn from it. But is there a way we can really communicate with our sexual selves enough to make ourselves well and whole enough to allow us to know what is good for ourselves?

"I see so many people pursuing relationships that are not what I would call beneficial, and because we all like sex so much, we try not to make such a big thing out of it, but in reality, it is in fact a very big thing, a big mystery, and it plays a very key role in knowing ourselves, and in knowing what is right for us."

COSMIC AWARENESS:)

This Awareness indicates that the entire sexual issue is that which gets distorted because entities do too much thinking. It also gets distorted because entities experience things in weird ways or ways that are not natural. The action of being raped as a small child or young girl, is not a natural action, and it has had its profound effect on her.

This Awareness indicates that in regard to the question: How can we find a way to communicate normally in sexual matters? The way is available to those who have a normal life. But these are becoming few and far between. There are very few entities who have what can be called a truly healthy normal life, because values are programmed into an entity which may be distorted, opinions distort and experiences distort, so that a person growing up in these times, may have all kinds of confusion about what is proper regarding sex.

This Awareness indicates the movies and one's peers influence them to view it in a particular way. Other closer more intimate friends or family members may have influence in still another direction, and the teachers and law enforcement aspects in one's society may still present another approach to these matters. This Awareness indicates entities become confused.

Confusion is not healthy in one's approach to matters of this kind. Therefore, many entities grow up confused or violated or with distorted ideas. This Awareness indicates there is no particular answer this Awareness can give that can be applied to all entities because each entity's experience is unique for that entity, and because the entity having had unique experiences, requires a particular type of treatment to get back to being healthy and normal.

Distorted Sexual Knowledge From Movies or Churches

It is a tragic state that so many entities learn about sex through distorted presentations such as found in movies or through their friends and associates or through churches and religious teachings that distort the meaning and value and purpose and morality involved in sex, to make it appear to be sinful or evil in some cases; to make it appear to be dirty, and in some cases, to give it a kind of nonchalance as is constantly presented in movies, so that entities have a hard time knowing what to think about sex, how to approach it.

This Awareness indicates that often parents contribute to the confusion, because they see their little girl or little boy growing up too fast, learning about these things too quickly, and the entity's peers or friends present it with their own distorted view so that they too give distorted expressions of sex. Some promote it as a game. Others promote it as a great conquest. Others see it as something funny. Others see it as in the area of an ego-building topic.

This Awareness indicates that it is very difficult for entities to have normal healthy attitudes toward sex or to know what such an attitude should be. This Awareness does not really have a single answer for entities. *It* would advise entities to think more in terms of friendship and affection, respect and relationship with each other, and let the sex unfold naturally, without too much thought. Without too much opinion, or let it wait patiently while respect, communication, compassion and affection take center stage.

When a friendship strengthens enough, sex will have its place, and will unfold mutually between entities who are truly deserving of each other. This Awareness indicates also, an entity needs to understand the difference between love and biological pressure. Many entities think that because they have strong sexual urges that they must be in love with this person, or that person. Often those strong sexual urges are nothing more than the build-up of pressure, and the entity who can't wait, simply has a lot of sexual pressure seeking release.

To Some Sex Is Painful Pressure Or Lust

It has nothing at all to do with whether the entity really cares for the other person, whether the entity really loves the other person, for if the entity really loved the other person, he or she would be willing to wait until the other person is ready, is compatible, is agreeable to have sexual intimacy with this partner.

This Awareness indicates that this is not the position of some entities. They are not waiting or seeking to be compatible sexually. They simply want to get sex over with because they feel so much pressure inside. It is painful to them. They do not necessarily call it pain, but essentially it is painful, just as being hungry is painful.

This Awareness indicates that sometimes, both entities become painful at the same time and both want release from this pain. It is often referred to as lust, and these entities then, lusting for each other, seek to relieve their pain through each other and in so doing, are satisfied and pleased with each other for helping to rescue them from their sexual lust, from their sexual pain and pressure.

The Nature of the Orgasm is to Release Pressure

This Awareness indicates that indeed, the very nature of the orgasm is a release of pressure, and that is what gives entities the sense of pleasure, because it feels so good to have that pressure removed. This Awareness indicates that entities who look at it in this way, as some biological pressure rather than as a psychological urgency, can be more realistic and can understand that they need not build up the pressure in the first place, but should wait, respecting the other person enough to time things properly, to go slow and easy, in order not to rush the other person, to pressure the other person, to force the other person, because of one's own biological drives.

Every Minute 16 Million Entities All Having Orgasms: Any Significance?

QUESTION:

Jay Leno remarked recently that statistics indicated that at any given moment, 16 million entities around the world were engaged in sexual intercourse, or making love, as they say. If this is true, what if any is the significance in consciousness?

COSMIC AWARENESS:

This Awareness indicates what would one expect consciousness to be or do, when out of 5 billion people, 16 million, are copulating at every or any particular moment? This Awareness indicates it does not make bells ring or stars fall, it simply increases population and relieves pressure for entities and causes entities sometimes to appreciate each other and perhaps to begin to rely on each other and care for each other if they are healthy in their attitudes toward each other.

What it does to consciousness in general simply reflects the nature of 5 billion people's behavior. It does not have any unusual effect on consciousness because the act has been going on since time began with only the numbers changing. The proportion remaining much the same in relation to the number of people on earth. A certain percentage would be found engaging in sexual activity.

The more entities increase in population, the more likely certain entities would increase in their sexual activity out of that group.

What About the Cosmic Significance of All Those Orgasms?

FOLLOW-UP QUESTION:

The reason I asked is because Wilhelm Reich attached pretty great significance, *cosmic* significance, to the function of the orgasm, so I was just wondering if there were cosmic repercussions somehow, of 16 million entities climaxing at approximately the same time.

COSMIC AWARENESS:

This Awareness indicates that the energies in the climax release certain aggressiveness so that the aggressiveness is not expressed in other ways that could be more harmful. This Awareness indicates that the increase in population accompanying this activity does not necessarily mean that it is becoming more pronounced because 16 million people are engaged. That is

actually quite a small percentage, when compared to 5 billion or more people on earth.

If you wrote that into percentages you would see that it is an extremely small portion of the 5 billion people. This Awareness indicates that there are also quite likely 16 million people who *should* be having a release from sexual energies, but who are instead using those sexual energies to violate or express aggressive behavior that could be calmed if they were engaged in sexual activity.

There are also probably 16 million people who wish they had not had sexual activity because they are suffering consequences, as pregnancies or disease, or sense of guilt, or hostility toward the one whom they engaged with. This Awareness indicates that it is all speculation as to what effect that great number of sexual encounters would do to consciousness in general.

This Awareness indicates that there is not seen anything that can be said to explain the effect because there is nothing to compare it with. If all entities were to stop having sex, one might see some kind of change in the behavior of 5 billion people. One might see greater aggressiveness for a moment or two. It might show as a blip on the increase of violence, if records could be kept on everyone.

This Awareness indicates that it is a question that is really not answerable, in terms of what happens in consciousness, because it is all part of consciousness which is ongoing, moment to moment, all the time. It is much like saying "At any given moment half the people on earth are breathing in, while the other half are breathing out. What effect does this have on humanity?" This Awareness indicates it is a question that cannot easily be answered, or made to show a particular significance in consciousness.

The entities could, theoretically, be asked to breathe in together at any given moment and breathe out at any given moment, but even that does not yield any real significance, unless entities could measure the effects on collective consciousness.

This Awareness indicates if it were such that humanity changed its behavior and suddenly went to 16 million people having sex at any given moment to 4 times that amount, then one could ask: "What is the significance in consciousness of this change occurring?" and there would no doubt be some concern that could be considered, but since the 16 million is relatively stable in the equation, its significance is only that it maintains the stability in consciousness that has lasted since the beginning, because the proportion remain the same while the population increases.

One could say that maintenance of that stability is the effect on consciousness.

Ed's Note: Awareness did not address my question but waffled back to the original question on the effect in consciousness. My follow-up question referred to the "cosmic" significance ala Wilhelm Reich, that if each entity is a cell of God (as Awareness has confirmed), one could surmise that if 16 million entities were each experiencing a sexual orgasm at any given moment, it would follow that God must be experiencing one hell of an orgasm. I attribute the response to this question and the remark that men who feel horny are simply in pain, to the 15% error Awareness has indicated applies to this Interpreter.

Self-Gratification or Masturbation as a Means to Relieve the Pressure

FOLLOW-UP QUESTION (WILL):

Awareness, you mentioned that sex was a release of pressure and that there were other ways of releasing that pressure. Are you referring perhaps to self-gratification or masturbation?

COSMIC AWARENESS:

This Awareness indicates this would be one way to relieve pressure in a manner that does not violate another, if one is under such pressure and cannot stand the pressure. This Awareness indicates that it would be better to do that actually than to violate another. This Awareness indicates that also, an entity can become active in some other behavior which takes one's mind off of the focus of sex. One can take a walk or go somewhere, see a movie, or visit a friend or read a book or do something that simply takes one's mind off of the focus on sex.

If one focuses on sex, one tends to feel the building of energy. The hormones begin to kick in and the entity becomes activated in that regard. In other words, thinking stimulates, fantasizing stimulates the sexual energies, but one does not have to think or fantasize if one does not have a healthy outlet for sex.

This Awareness suggests that one can simply engage in different activities. The mind is only capable of thinking at one thing at a time, therefore, one can put one's attention on reading, writing, driving, going walking, shopping or something else, and when doing so, one does not have to think of sex.

This Awareness indicates that of course, once an entity has become aroused sexually, it is more difficult to diminish those energies. It is not impossible. One can simply turn one's attention to something totally different and the energies will gradually subside. This Awareness indicates often, exercise can be a good substitute.

This Awareness indicates however, that *It* is not suggesting there is anything wrong with relieving one's sexual energies. It is only suggesting that it is not right to use another who is unwilling as a vehicle to relieve your sexual energies. It is not right to use another who is not properly suited to relieve your sexual energies. One who is not properly suited, for example, would be an entity who is willing, but not of age, or who is perhaps willing, but not legally allowed, such as a close relative.

This Awareness indicates that in other words, it should be by consent from entities who are lawfully and emotionally and socially acceptable as partners involved in the action, who willingly participate, and it is important that entities have a degree of discipline and a sense of self-control so that they need not or do not let their sexual energies rule their sense of appropriateness.

This Awareness indicates that some things simply are not appropriate and yet, often, entities have no self-control and will yield to the biological urges, regardless of their knowledge that such yielding is inappropriate. This Awareness indicates that entities need to learn how to calm themselves so that they are not slaves to their passions or appetites, not only in terms of sexual matters, but in terms of other appetites as well.

Why Uptightness Over Self-Gratification?

FOLLOW-UP QUESTION (WILL):

Awareness, it would seem therefore, that self-gratification would be a healthy way to relieve some sexual tension and yet, there is moral uptightness in our society over this very issue. Why?

COSMIC AWARENESS:

This Awareness indicates that it generally comes from Biblical admonition, which states that it would be better for a young man to sow his seed in the belly of a whore than on the ground. This Awareness indicates that this is seen as an admonition against self-gratification in this nature. This Awareness indicates that it should be

understood, however, that self-gratification is expressed in different ways.

With "Self-Abuse" One Does Not Feel Abused

This Awareness has just indicated that self-gratification that violates another is less appropriate than self-gratification that does not violate others. It is often called "self-abuse" but in fact, one does not feel abused in that action, while if one sexually abuses another, the other may feel violation and abuse quite acutely. This Awareness indicates it is a matter of which action is more offensive.

This Awareness does not think so much in terms of "sin" although sin is missing the mark and has a validity in that sense. Sin, actually in the Greek language means to "miss the mark" or to be "off course". This Awareness indicates that self-abuse may miss the mark to some slight degree, but it is much more slight a degree than violating another. In other words, there are greater and lesser sins.

This Awareness is suggesting that rather than indulge in the greater sin, it is better to indulge in the lesser sin, if one must sin. This Awareness indicates that it is not necessary for entities to moralize on this. It is simply a matter of logic and most entities would understand that this is completely logical; that a lesser sin is better than a greater sin, and if one's biological pressures are more than one can handle, or one does not have the discipline to calm himself and become relaxed, then rather than indulge in a greater sin or greater error, the entity should indulge in the lesser.

Will Sexual Fantasies Carry Into the Next Life?

QUESTION:

While we're on this subject, a couple of questions from George Lee, La Pier, Michigan. This entity is in a Federal prison. He writes: "Is it possible Awareness could give us a discourse on imagination and visualization sometime? The reason I ask is because I've read so much that warns us to use correctly the imaging force.

"This relates directly to something I wrote you about a few months ago regarding how inmates deal with the imagination because they lack a sexual partner. I have a couple of questions along this line. First: Does using the imaging force, such as creating sexual fantasies for the purpose of masturbation create energies that will endure into the next incarnation?

"Will these seek to become real if they carry over? Or does a person's sexual fantasies, those used over and over, create energies that if not fulfilled during this life, can carry over and attempt to become real in the next?"

COSMIC AWARENESS:

This Awareness indicates that as one thinks, one tends to develop. If one indulges in sex thinking, one tends to seek manifestation of those thoughts. This Awareness indicates that it does not necessarily follow, however, that this will carry over into the next life. It can be hazardous for one to fantasize into areas that are destructive or which could be destructive to oneself or to others.

This Awareness indicates that, however, it appears that fantasies are not nearly as dangerous or hazardous as entities might think, particularly when these fantasies are not indulged in a way that cause the entity to act upon them. If the fantasy is simply a momentary and short-lived experience, satisfying in its own right for a moment of time, it generally is harmless.

Problems begin When Fantasy Becomes Obsession

If one takes these fantasies and carries them around indefinitely, or over prolonged periods of time, those fantasies can begin to operate on the psyche in such a

way as to become an obsession. As an obsession, the psyche may seek to make the fantasies a reality, and therein lies the problem.

This Awareness indicates that this, in the past, has caused some problems with entities, such as in the game 'Dungeons And Dragons' wherein entities engage in fantasies. Most entities playing that game, enjoy the game, and when the game is completed they put it down and go on to other things and it is no problem. But there have been a few entities who engaged in the fantasy and could not let go of the fantasy, even when the game was put down.

They continued to fantasize that they were a warrior or that they were a villain; that they had to slay some demon or witch, and in this obsessive fantasy which they cannot let go, they may attribute that witch title to someone they know, and they may play out their villainous game in reality, even though it was but a fantasy to begin with.

This Awareness indicates that fantasy should only be allowed when one fully understands it is simply a momentary game and is not to be extended beyond the moment. This Awareness indicates that when this is understood, it can be quite harmless. The imagination, in fact, is a wonderful thing when controlled by an entity, for one can indulge in imagination or fantasy and get some great insights or great understanding or have some magnificent imaginary experiences.

But, if the imagination becomes master of the entity, so that the entity is controlled by what is imagined, so that the entity becomes a stooge of his fantasies, so that the entity becomes a slave to his fantasies, becomes a victim of his fantasies, then the imagination becomes a terrible demonic creation that can be very destructive to an entity.

This Awareness indicates in other words, if you indulge in fantasies, make sure you are in control of your mind and imagination so that those fantasies do not take you over and control you.

Sexual Fantasies: What Happens to the Person Who is Fantasized About?

FOLLOW-UP QUESTION:

George Lee's second question: "What happens to the person about whom these sexual fantasies revolve? Do they experience adverse effects? or are the energies sent out only to return upon the creator?"

COSMIC AWARENESS:

This Awareness indicates that much of this will depend upon the entity's sensitivity. In some cases, the entity will feel those fantasies, and even sense who is indulging in them. A very sensitive person can feel psychic rape. Such a person may become very irritated or very angry and feel violated. Other entities who are not so sensitive might not even recognize or feel anything from one's secret fantasies, although their subconscious might, in some cases, recognize that there is an attempt to psychically indulge in some kind of intimacy from that other party.

This Awareness indicates the subconscious would be more inclined to know who was the perpetrator of the psychic energies being put upon the entity. This Awareness indicates that if there is, on the recipient of these energies, a closeness between the subconscious and conscious mind, this might surface into conscious levels so that the entity begins to sense there has been a psychic invasion, and it could have an adverse effect, depending on the entity's attitude upon the intruder, or it could have the effect of causing the entity to think about

the intruder in a more romantic way, if that entity already had a feeling of desire for the intruder.

Psychic Seduction and Psychic Rape

This Awareness indicates in other words, psychic rape or psychic seduction can either be a violation, if not welcomed, or can be a form of communication and intimacy if it is welcomed by the entity who is the recipient of that psychic seduction. This Awareness indicates that wherein there is a rejection or aversion to being psychically seduced, the seducer will receive some karma, not as strong as physical rape might create a karma; this in terms of negative karma, but to some degree a negative karma can come out of a negative psychic rape, even though the entity has not physically touched the other.

This Awareness indicates that in other words, one should be most respectful of the rights of others, even on the psychic level for it is an error to psychically violate another and carried a particular degree of karma. In fact, it is associated with what may be termed "black magic" to seduce or rape another in a psychic or imaginary scenario.

Permission Must First be Asked For Psychic Seductions

This Awareness suggests that you only consider such imaginings where you clearly receive permission in a psychic or personal way. You can, for example, psychically ask the entity for permission to seduce the entity and you will know whether this is permitted or not. This Awareness indicates that if, of course, you are so polarized that you are willing to be dishonest, you may take 'no' as a 'yes', and if you do so, it will be a violation, even though you perceive that the entity said yes.

In other words, you must be sensitive enough to know clearly, to understand and to respect the entity's refusal, if that is what your answer is. This Awareness indicates that indeed, if the answer is "yes" then you should have the nerve to verify it by asking the entity straight out, not psychically, and if the entity says: "Sure, fantasize all you want! It doesn't bother me!" then of course you are free to fantasize.

But if you receive a "no" from the entity in your psychic quest or request: "No, I don't want to have sex with you even on the fantasy level!" then you should totally drop the matter, leave the entity alone, and not distort the information, such as to say; "She doesn't know what she's talking about! She doesn't really mean that!"

This Awareness indicates that if you can't ask the person straight out in a real communication whether they mind your fantasizing, dreaming about them or fantasizing about them, and get a "Yes" or "I don't mind" from them, then you do not really have their permission.

Millions of Inmates Fantasizing: Do These Help Bring About Sexual Crimes?

FOLLOW-UP QUESTION:

George Lee's last question: "And lastly, what do the millions of inmates with their sexual fantasies have upon the mass-mind? Do these aid in bringing about much of the sexual crimes that are happening as are reported in the media?"

COSMIC AWARENESS:

This Awareness indicates that it simply energizes sexual fantasies for the mass-mind to perpetuate throughout. This Awareness indicates that whatever entities fantasize or dwell upon tends to spread throughout consciousness. This Awareness indicates that it does not necessarily create crimes unless they fantasize sex

crimes, in which case there may be some entities who are inclined in that direction, to psychically pick up on these fantasies and act them out.

Results of Maharishi's Transcendental Meditation

This Awareness indicates that evidence for this can be found in other forms of fantasy or meditating. For example, in the Maharishi's Transcendental Meditation groups, there were experiments wherein these entities visualized peace and harmony and meditated on these concepts, seeing peaceful entities relating to each other, speaking to each other, enjoying each other's company, and while concentrating heavily on watching the population in their meditation and fantasies become harmonious, it was found that crime rates dropped during that period.

This Awareness indicates that you can imagine the affect if these entities had been fantasizing on sex crimes during that time period, what might have happened in those cities.

Any Other Sex Advice for Prisoners? (Awareness Explains Another Way to Fantasize)

FOLLOW-UP QUESTION (CHRIS):

Awareness, is there anything else you could advise for these entities in prisons and other places where there are no appropriate sexual partners to relieve their biological sexual pressures over a long term?

COSMIC AWARENESS:

This Awareness asks, other than what? Other than fantasizing?

QUESTIONER:

Other than fantasizing and ...

COSMIC AWARENESS:

And self-abuse?

QUESTIONER:

Yes, these things that have been mentioned in the reading so far today.

COSMIC AWARENESS:

This Awareness indicates that the fantasizing can, if entities are willing, take a different turn, whereby entities visualize themselves having a healthy relationship with someone, having a loving relationship whereby they express tenderness to this entity whom they love, whereby the entity may be imaginary rather than a particular person they have in mind, who may not want to be part of their fantasies.

They can fantasize on someone who doesn't really exist, or whom they may meet in the future. They may fantasize on whom they consider to be an ideal mate that they would like to meet someday, and visualize themselves meeting the person, treating them with great respect and gradually growing more friendly and more close and intimate.

Time: The Difference Between Rape and a Loving Relationship

This Awareness indicates that this kind of fantasizing could be healthy in terms of helping to teach them how to relate in a more tender way. This Awareness indicates that too often entities rush to the goal, and do not care to get acquainted. This Awareness indicates that *It* has previously suggested that the difference between rape and a loving relationship is only a matter of time.

The entity who rushes the relationship to sex activity may be accused of rape, whereby the entity who takes time to get to know another, takes time to get acquainted, takes time to explore the other's fears, concerns, history, experiences, and lets the other talk and listens and takes an interest in the other's life, in the other's joys, pains, goals, hopes and fears, continues to get to know the person, until the person is totally willing

and ready to give himself or herself to the other, that is a relationship of quality and value that does not jump from sexual urging into sex, but moves slowly and gradually into a relationship of deep quality, that may result in sexual union, when these entities are both satisfied with each other's expression.

This Awareness indicates that a prisoner is not likely to stop fantasizing, for these entities, like others, have their sexual urges and want some kind of outlet, but this Awareness suggests that rather than seeing others as sexual objects and rushing to the release, that they explore relationship, explore love, explore the idea of someone who cares about them, and whom they care about, even if it is all a fantasy; that they learn to go slow in their relationships, that they learn to explore each other's psyche, each other's worlds, to share themselves in terms of their hopes and fears, in terms of their desires, and that they listen to the desires, hopes and fears of the other; that they share their past history and family relationships and listen while the other speaks her past relationships and family history.

This Awareness suggests that they talk about various things together and share ideas. This Awareness indicates that in so doing, there becomes something worth fantasizing about, and they learn how to relate in a way that allows them greater and more meaningful pleasures than the mere idea of looking at an entity or looking at a fantasy as a sex object only.

Don't Condemn Prisoners for Fantasizing

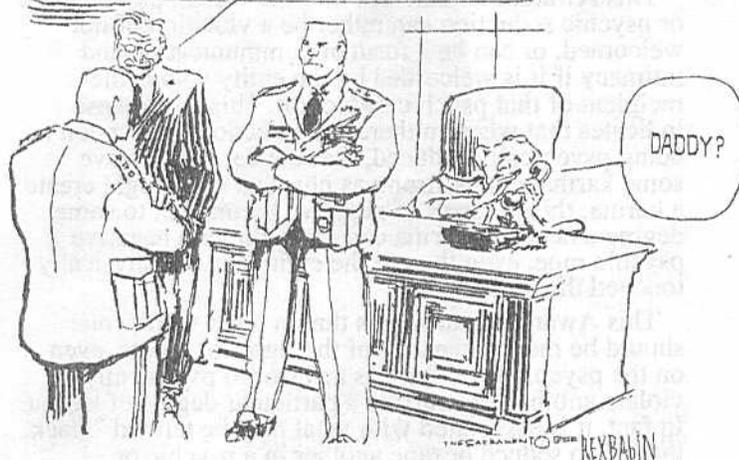
CLOSING MESSAGE:

This Awareness indicates that many individuals are very much alone and very many individuals have no hope whatsoever of being with someone else in an intimate sense, and it is important for those who are not alone, who have intimacy with another, to acknowledge the necessity and appropriateness for an entity who is alone, who is lonely, to have his or her special fantasies, for these may be the closest these entities will get in this lifetime to a real complete marriage or close intimate relationship.

This Awareness indicates it is easy for entities to feel hostile or to condemn someone for having sexual fantasies, but this Awareness suggests it is better not to condemn, for you may not know what these entities suffer, without intimate companionship and how difficult it can be not to have someone whom they love and cherish. This Awareness suggests therefore, recognize your own blessings, but condemn not those who are not so blessed for their fantasies and the pleasure they might receive from those fantasies.

(The Law of Love is given)

THAT'S RIGHT, I NEED YOU TO DRAW UP A PLAN THAT REINSTATES THE DRAFT...



CAC Reading 4-4-19-95 Paul Shockley Interpreter

That Hawaiian Curse if You Remove Lava (Should She Return it to the Place She Found It?)

QUESTION JD:

Awareness, on a different subject, in Hawaii, it is believed by the indigenous people that misfortune follows removing volcanic stone, ash or any other product of a volcano from that volcano and from the area of the volcano, and many stories support this, with people mailing such material back to the national park and then finding the so-called curse has been lifted.

I regarded this as mere superstition and I took some fascinating specimens to show people. Is there anything to this superstition? Had I better return the specimens to the volcano?

COSMIC AWARENESS:

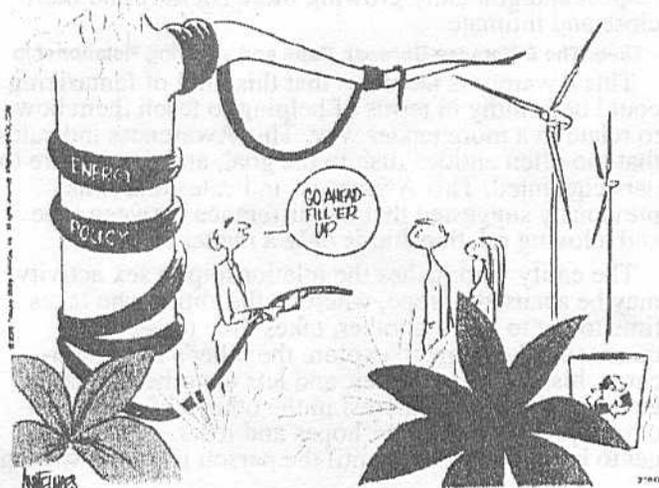
This Awareness indicates that most superstitions of this nature are based on the *Law of Suggestion*. Particularly these curses are strong when entities hear of this law. Even if they discard the concept or the idea of a curse affecting them from such it can still have some effect on their subconscious through the suggestion.

This Awareness indicates that just because one consciously discards the suggestion does not mean that the subconscious has also properly discharged the suggestion. You can either send the substance back or you can work with your subconscious through hypnotherapy or through further suggestions or through some other source that nullifies the subconscious suggestion.

Awareness Proceeds to Nullify the Suggestion

This Awareness wishes at this time to look at this suggestion with you and to nullify the suggestion. This Awareness wishes first to speak with your subconscious on this topic. This Awareness suggests the subconscious consider that the taking of ash or stone from a volcano harms no one. It does not hurt the volcano. It does not hurt the environment. The volcano is simply an energy that is affecting the soil in the area and there is obviously nothing in the soil that is disturbed by the removal of a few grains, of a handful or more that one person could carry.

Therefore, with no harm being done, the suggestion that a volcano would have reason to be angry or have reason to resent the entity's taking some of the stone which it has itself disturbed so violently is that which is unreasonable. Such a suggestion being so unreasonable



cannot have any true value or true weight for consideration and the suggestion is seen as being nothing more than superstition or suggestion and the subconscious is much too intelligent to examine this in this manner and continue to hold to the belief that it causes negative effects or to feed into the suggestion that it is in some way putting a curse on you or your body or any part of the being in which the subconscious has an influence.

This Awareness suggests the subconscious look at this and recognize it is without merit; that there is no curse; that the subconscious is instead strengthening the entity's health, vitality, and well-being for having had the courage and having had certain interest and love of the volcanic rock, and that the subconscious recognizes this as an action of intense affection for the scene, as an action of taking a small portion of the stone to remember the volcano, and therefore showing respect for the volcano.

This Awareness indicates that the subconscious blesses you and sees you as one who is a friend of the volcano, who admired the volcano, one who cared about the volcano and the beauty of the fury it emitted from the bowels of the earth. This Awareness indicates that *It* too wishes to join with the subconscious to bless you and to assure you of the goodness in this act, wherein your affection for the volcano and your respect for the volcano was exemplified in your wish to retrieve a piece of stone as a memento of this experience with this volcano.

This Awareness is sending you blessings and energy for your complete healing and recovery from any disharmony that you may have experienced for this or for any other reason. This Awareness indicates these energies have been sent to your Higher Self and will be handed down as needed for your complete healing and for the harmonious resolution to your needs.

Excerpt CAC Reading 2-9-27-89 Paul Shockley Interpreter

WHY ARE ISRAELI AGENTS TRAINING DRUG TERRORISTS?

QUESTION (AVATON):

A few weeks ago, Vikki and I happened to catch on the NBC Evening News a rather remarkable thing that seemed to have slipped through the network. It had to do with films taken down in Colombia and the drug barons had just released a video, they were giving to the president of Colombia that showed they had a trained army of terrorists that were going to retaliate if the government didn't take the pressure off of this drug cartel. In one of the scenes it showed a couple of Israelis training these men, and they were speaking in Hebrew, and the Hebrew in turn was being translated into Spanish, and it showed very clearly pictures of two of these people. We couldn't believe what we were seeing; it went by rather fast, but on the evening edition, the later one, this part had been taken out, and the papers and the other networks did not mention this for four or five days. There wasn't any mention, but we knew millions had seen that during the 6:00 national news, and sure enough, the papers began putting small items in about it, and NBC did a follow-up. Israel, of course, said they were only mercenaries. *The Spotlight* came out recently and said they were more than that; they were Mossad officers that the Israeli government had sent down there.

Now, if this is true, would Awareness explain why or what Israel has to do with the drug trade down there?

COSMIC AWARENESS:

This Awareness indicates that this was but one of many operations in Central America in which there are certain foreign elements involved. This Awareness

indicates that likewise, in Guatemala, for the past decade, there have been Mossad assisting. This Awareness indicates not so much at present time, but in times past, the Mossad assisted in helping to set up computerized programs for eliminating certain individuals in the society, this not only in Guatemala, but also in other Central American countries.

This Awareness indicates that this is, in part, related to the drug cartel; in part it is affecting the drug environment within the United States. It is also part of some of the hidden activities associated with the drug wars that are occurring within the United States and elsewhere, but this Awareness suggests it is not limited to the Mossad; that there have been other secret intelligence agencies active and involved in this kind of operation also.

This Awareness does not wish to, at this time, go into great detail on this. It is too controversial and would do little toward the enlightening, for spiritual purposes, of the masses; it would only stir up controversy and argument among your readers. It is not so much value to know of all the conspiracies and details that are part of the events which are in the process of fading--for these, indeed, are beginning to fade away.

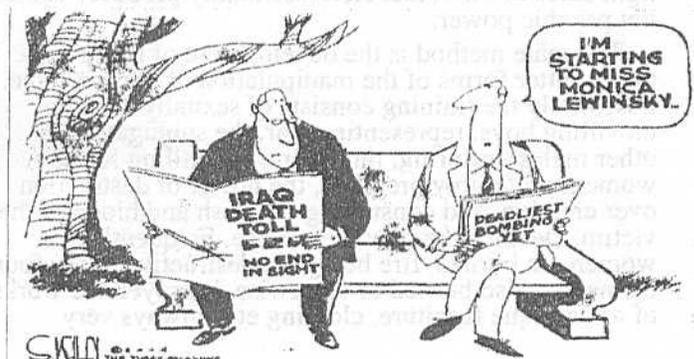
This Awareness indicates that even many of those entities who have been involved in these drug operations are turning their backs and working against those things, so that the time is coming whereby changes in consciousness will bring even many of those who have served the Dark Forces into an alignment more harmonious with the Forces of Light.

Many Skeletons In Religious Closets

This Awareness indicates that there has, in past history, been great corruption among all religions, among many nations; that there is hidden information regarding corruption within the Catholic Church, within Judaism, and within Protestantism, as well as other religions of the Orient.

This Awareness indicates that the intelligence agencies of the western world, of the eastern world, of Russia, and Europe, all have their skeletons in the closet. This Awareness indicates that the drug cartel also has made use of entities from Australia, from New Zealand, from other locations, as being mercenaries training their drug dealers in warfare tactics. Many of these mercenaries not realizing that they were working for drug cartels, thinking instead that they were helping to train entities to fight communism.

This Awareness indicates that there are various expressions of deception that have occurred, will occur, and continue to occur throughout the world in regard to the creation of violence through clandestine actions relating to drugs as well as covert activities. It is nothing new. What is amazing is that it was exposed on television nationwide.



Power Psychics Control the World?

(Why Satanic Sexual Practices are Occurring)

QUESTION (AVATON):

This was a final question relating to the last subject and it's an article written for *Critique Magazine* called "Power Psychics Control the World", by Richard LeFors Clark Ph.D. I'd like to read this because it covers a number of things that Awareness has not exactly covered, but talked about in the past, plus it brings up some other questions. Now I'll just read the thing and then ask Awareness to comment basically on whether this information is valid or invalid, and perhaps some questions.

He writes: "There are two basic systems available for the development of psychic powers, the soft, or passive and the hard or power methods. The soft system utilizes sensory deprivation and suppresses the life force. The techniques employed are the various forms of hypnosis. Psychic abilities of the passive kind can be developed under this system: distant viewing, telepathy, etc. That is, the subject can receive information, but cannot actively affect the lives of others or have power over external events.

The soft system has been developed by the Vienna Circle, and in various other programs both in the US and abroad. The abilities which can be developed are less powerful and less reliable than those of the hard system and are inadequate for military or intelligence gathering purposes. The one advantage of the soft system is that it is cheap to practice and available to anyone. Since there is a good deal of literature on the subject, we will be concerned here with the hard system, which is known to very few people other than those who actually practice it.

As opposed to the sensory deprivation psychic pain methods, the power system utilizes sensory overload, by stimulating the life force through highly pleasurable sexual activity. Its aim is to create in the subject external power to control people and events. The degree to which the powers can be developed depends on the gene code of the subjects. Some are unable to reach the level of intensity required, or if they can, they reach satiety and are unable to sustain it. Those with the correct gene code have a compulsion to perform certain types of sexual acts and bear distinctive birthmarks. Since the gene codes are rare, there are very few who are able to utilize these systems.

The training requires a great deal of money for secluded residences, co-participants, a supply of victims, opulent wardrobes, props and protection from the law. For this reason, the system can only be developed by or with the sponsorship of the rich and powerful. The active system is polarized into the dominant male homosexual death destroyer system and the submissive female lesbian life-builder systems. They are the two extreme manifestations of the life force, or the dark and light sides of the force. Heterosexuality produces babies, not psychic power.

The male method is the development of the projection-emitter forms of the manipulation of the life force. Essentially the training consists of sexually abusing unwilling boys, representing war, the subjugation of other males, torturing, mutilating and killing fertile women, preferably pregnant, the power of destruction over creation, and consuming the flesh and blood of the victim. Death is the devourer of life. Frequently, the women are burned, fire being the destructive of the four elements. Also burned or otherwise destroyed are works of art, antique furniture, clothing etc., always very

expensive and of the finest craftsmanship, representing the destruction of civilization.

The excitement generated by participation causes the life force to increase and concentrate so that it can be projected outward. These projections include the "evil eye", psychic killings and power telepathy. Satanism, voodoo and other forms of ritual human and animal sacrifice are weak versions of this system and produce varying minor results similar to those of the soft system. They also employ hypnosis with chanting and monotonous music. All compulsive murderers experience an altered state of consciousness and extreme pleasure in killing. The power psychic system develops it into a science.

The female system, the inverse of the male system, is the development of the suction absorption forms of the manipulation of the life force. The same powers are developed by a different method. All males are excluded with the exception of the subject, a male transvestite who is sexually a submissive lesbian, far more submissive than the lesbian submissives who attend him or the dominant male homosexuals. The group is ruled by a female who sexually dominates the transvestites and the others.

The acts symbolize the subordination of the male destructive force, the female creative force necessary for the building and maintaining of civilization. The clothing and jewelry worn by all as well as the surroundings are extremely opulent. The excitement generated by participation causes the life force to act as a suction. In the killing method, the life is literally sucked out of the victim, leaving the corpse drawn up in the fetal position. Shamanism is a weak version of the female power system, as is the method used among tribes in the Philippines to develop psychic surges.

Another manifestation of the female system is the chivalric code which requires that soldiers, destroyer males, be not indiscriminate butchers, but defenders of life. In the Middle Ages, the knights derived courage from the adoration of his lady, who set him tasks and rewarded him for his services. In both systems, the subject progresses from initiate through various levels of the adept, according to his innate ability. While the powers of the male system adepts are far less powerful than those of the female system adepts, the gene code of the former is more common, so their advantage is in numbers. Also, being aggressive in nature, they take a greater interest in using their powers.

Female system adepts can perform advanced healings, the best ever being able to regenerate limbs. Male system psychics are destructive only, and cannot heal, but can induce disease. Female system adepts are builders and will only destroy destroyers. Male system adepts will destroy anyone, even their own kind.

The greatest advantage of the female system is that it is able to produce a master, whose powers exceed those of all other psychics combined.

While other psychics can, by power hypnosis, cause one to think that he is seeing nonexistent objects, a master can manipulate the universe's information with his mind, actually creating material objects out of seemingly nothing. He can "raise the dead" by recreating the deceased individual. Unfortunately, the gene code for a master is so rare as to be almost nonexistent. The only master in recorded history was Joshua or Jesus of Nazareth. The human gene pool has greatly degenerated over the last several thousand years, so it is assumed that there were numerous masters in the most ancient times. The male system resulted from the degeneracy. The

power psychic systems were passed down from antiquity through small groups who jealously guarded the knowledge. Schools to develop the power existed in Egypt: the priests of Ra and priestesses of Isis.

However, the principle of least effort caused the systems to degenerate. The psychics became lazy and bored with exercising their power and relied more and more on the brute force of armies to maintain control. In addition, psychics were compulsively emotional and never developed their intellects, so that they were unable to use their powers rationally. The psychics of the female system were dependent on the will of dominant women who were subject to a variety of influences. Joshua squandered his powers performing parlor tricks and preaching his mistress' foolish and dangerous notions of religion. He ended his life vegetating in what is now Mexico.

One thing that even a master cannot do is interfere with the cycles. The death cycle must be completed. During periods of war and anarchy, the power psychic knowledge was divided into segments and stored in different locations. Eventually the schools died out and the knowledge was lost, but another ancient Aryan system was discovered by the Greeks, that of boosting the intelligence far beyond its normal range. They learned this, as well as the female psychic system from the Egyptians and created the Elysian Mystery Schools, but being irrationally oriented and lacking the gene code, it eventually became a sort of mystical religion, later picked up by the Romans, rather than a school for psychics.

At about this time a mysterious and malevolently brilliant people began to make their imprint on history. Groups of gypsies who had given up nomadism for a relatively sedentary life and intermarried with local populations settled in various parts of the world and achieved great political influence through the use of occult arts accumulated during their travels. These sociopathic people were able to dominate and then destroy every nation in which they lived. They understood the two basic forces of the universe and called themselves Ishrael: the female and male forces of the Creator, or Israel, later Jews.

In Rome, where they both created and destroyed the empire, they invented a history, a religion, and a holy book for themselves, the book being a collection of the myth and bits of history that they had picked up around the world. As their religion was exclusive and militant, they created a complimentary religion, universal and submissive, based on the teachings of Joshua, for their enemies, the Gorgios, in Gypsy, or Goyem. The plan was that everyone would be either with them or not, against them. The one thing they needed for world domination was the knowledge of the power psychic systems which they had heard about.

One of the many reasons for the crusades was to acquire the lost knowledge. Their Knights Templar were successful in collecting the fragments. The Jews then abducted those with the desired birthmarks and bred them into the elite Jewish families. One of the purposes of the Inquisition of the Roman Catholic Church was to provide a training program for producing power psychics within the Dominican, to name a significant order. They were able to develop the male system to the maximum extent, but had no success with the female system, due to the transvestite's lack of cooperation. At the same time the Jews developed the intelligence boosting system so that they could use their powers rationally. By the 16th Century they were well on their way to complete control of their numerous enemies.

They established headquarters in Switzerland and created subsidiaries in various countries, a myriad of secret and supportive societies. These groups: the Club of Rome, the Bilderbergers, Freemasons and so forth, are well publicized not to inform the masses who don't believe in conspiracies, or if they do, can't do anything about them but to allow those who are part of the power hierarchy to be aware of the structure and of their place within it. It is not important to the outsider to know the specific functions of the hydra's many heads. What is important is that they are controlled by homosexuals and are all subservient to the power psychics, the Tyrannosaurus Rex and his court.

Total centralization and a rigid hierarchical power structure is essential in a destroyer system, since there is no instinct for group survival, only individual survival. A system designed to create anarchy, must prevent anarchy within its own ranks at all costs. The power network encompasses the entire world. We have had a One World Government for centuries through the illusion of national sovereignty, which was maintained as long as possible. The power psychics are only extreme versions of the non-psychic types of men who assume leadership in human affairs. Deviation from the heterosexual norm is the rule rather than the exception among the most influential people of all ages.

Male transvestites have higher IQs than people of any other sexual orientation. They are highly rational and are prominent in the sciences and the upper levels of the military: Napoleon, Rommel, and so forth. Bisexuals also provide military leadership: Julius Caesar, Alexander, and so forth. Submissive homosexuals are prominent in the arts. Men of genius are different from other men in many different ways, and that includes their sexuality. However, in a healthy state, the majority of the people, including those in all positions of authority and influence must be heterosexual, for it is only they, who due to their feelings for wives, children and grandchildren, have a vested interest in the future of the state.

While lesbians have little impact on society, male homosexuals are the greatest scourge ever visited upon mankind, not excepting the Bubonic Plague. They are not, as their propaganda would have it, just like everyone else except for their taste in sex partners. Sexual orientation is one of the most important influences in the development of an individual's world view. The homosexual psychological makeup is entirely different from that of others. Dominant male homosexuals are essentially psychopaths who hate women, children, animals, plants, the entire life process. Unlike other predators in nature, their victims are not the deformed and unfit, but the healthiest and most beautiful. From their ranks come history's mass-murderers, from Stalin, to the serial murderers on the street. In addition, they are known for their remarkable cowardice. While they love war and delight in sending the flower of heterosexual males to their death on the battlefield, they themselves always manage to secure positions of safety, frequently as interrogators. In their relations with those more powerful than themselves, they are fawning and servile. Since they fear the one thing that can destroy them, a militant defense of life, they disarm potential enemies by promoting pacifism, the hand maiden of the destructive forces.

While the submissive homosexuals lack the dominant's extreme hatred for the life process, they are indifferent to it and are supportive of the dominant male power structure. Just as dominants have none of the positive male traits, but only the negative ones, the

submissive ones have none of the positive female traits, only the negative ones. Peevish, petty and catty, having no regard for women, family or nation, they are common among informers and traitors, eager to do the bidding of their masters. A good example would be Winston Churchill who ordered the bombing of Dresden, a city of no military significance, but rich in art treasures and occupied mostly by women and children, over 100,000 of whom were incinerated by British airmen, assisted by Americans, all of whom were following orders.

Compare this event, humorously referred to by its planners as "torching the Dresden Doll" with the male power psychic training systems already described. When homosexuals get a foothold in any organization they immediately begin to group up and organize themselves. Eventually they squeeze heterosexual males and women out of whatever fields they choose to take over. After they have gained control of all the major institutions of a society, its disintegration follows rapidly. In all of the analyses of the causes of the death of civilizations, homosexuals have received little attention, usually being classified in the general category of "decline of morality." Actually, when homosexuals become powerful, they promote the dissolution of heterosexual sexual morality. Then, in an atmosphere of 'anything goes' make their bid for public approval.

Psychiatry, the pseudo-science created by Rex reveals little or nothing about the psychopathology of the homosexual. A very large percentage of psychiatrists are themselves homosexual and are part of the Jewish homosexual power structure. Every leadership promotes and prospers those of their own kind in the society at large. As above, so below. In the current death cycle, homosexuality is rewarded and therefore rampant. In the world today, at least 75% and probably close to 90% of all positions of any influence whatever in the military, government, media, religion, entertainment, higher education, arts and businesses, are occupied by homosexuals. Most particularly at the higher levels are required for appearances to marry and produce children. Loyalty is secured by threats. The homosexuals are secretly taped and/or filmed in their sexual activities for possible exposure and rewards.

Occasionally, one who is out of favor is exposed, making him seem an anomaly rather than representative of the system. In addition to the monetary rewards, the sexual rewards are liberal, but decline going down the hierarchy. At the top is the complete Roman circus: blood, boys and songs. At the middle level there are snuff films and the sex partners are choice, the willing and often rented, rather than unwilling. It is unknown how many women and children classified as missing or runaways are abducted for the most brutal events, never to appear again. The rewards actually increase at the bottom outlaw level, outside the official hierarchy. Homosexual rapists and street murderers enflamed by homosexual produced splatter films and misogynous pornography are prospered by judges and attorneys who are also part of the system. Such is Homo-ocracy, into which every patriarchy eventually degenerates.

A long cycle is difficult to perceive because the rise and fall are gradual, with many peaks and valleys, but it is easy to see the growth and death of a power tenure like an empire or a single regime. When a new cycle, in the present case a death cycle, begins, it is carried forward effortlessly by the energy of its new power. After it reaches its apex, having overcome all obstacles and solidified its power, it must go into the maintenance mode. Since there are no enemies, it must create them as Rex created national socialist Germany. When action

ceases, decay sets in, but monstrous bureaucracies are established which are so cumbersome and inefficient that even the smallest action is doomed to failure. Since major actions would shock the system into self-destruction, all efforts are concerned with maintaining a state of inaction.

Actions which should be taken to repair the system are discarded or postponed indefinitely. The system, unable to eliminate its waste products is now in a state of advanced decay. Everyone is aware of this and hopes that the system will last ten more years, or for his lifetime. The system now declines precipitously. All discipline breaks down, and in a destroyer system, the destroyers fall upon one another in a feeding frenzy. If it is not yet time for a builder's cycle, this can be hygienic, since the higher elements of the population have been wiped out in numerous wars, leaving the predators to proliferate, there is an unhealthy ratios of predators to prey, so a drastic reduction of the predator population will buy time for the system.

If the time has come for the end however, the builders will come forth and a life cycle will begin. The Tyrannosaurus Rex has, like its power psychic predecessors, abandoned himself to pleasure and delegated the duties for which he was bred to think-tanks and an international police. When one is trained from childhood in total self-indulgence, it is difficult to take duty seriously. As is usually the case with the powerful, he is totally isolated from reality. It is unlikely that he ever reflects upon his namesake, the great beast who ruled the world for awhile and was wiped from it in a moment. If Draconian measures are not taken, his empire will slide into the abyss. There are unmistakable signs that he has at last set in motion the means by which to reduce the predator population drastically.

Also, since his psychotronic policing system has proved inadequate, he has authorized the Soviets to develop the male power psychic system. This is a desperate and dangerous measure that will lead to escalation. He may then have no choice but to develop the female system adepts, the standard bearers of the nascent life cycle. If all fails and there is no way to avoid the abyss, he may choose to unleash the ultimate weapons and in one last orgiastic convulsion, destroy both the earth and himself, in which case, the earth cycle could stop entirely.

There is good evidence that three cycles are closing at the present time: the great death cycle which began at the time of the end of the Aryan empire, about 10,000 years ago; the Jewish era, since about 500 years ago, and the Zionist Capitalist / Communist empire which dates from World War I. One would like to say that love is more powerful than hate, but in fact, the two systems are coequal, have always coexisted and are mutually dependent. One is creative, the other destructive, and they cycle like day and night. The universe knows nothing of good or evil, and cares only that its systems are balanced."

That's the end of the article.



"This is *not* a public restroom!"

QUESTION (AVATON):

That's the end of the article. Would Awareness briefly analyze, or look at that information. Is this material valid or invalid, or what percentage can we assume is believable?

Ed's Note: This reading was given 15 years ago. Today, some could say the information may be politically incorrect. I am including this information because it sheds some light on the subject of Satanism, which today is being exposed all over the Internet and we are preparing to release a series of readings Awareness gave on this subject which have been deliberately withheld up until now. Awareness has previously suggested Satanic rituals and practice exists in many places, including Free Masonry, Buckingham Palace, the Bohemian Grove, and has been discussed in books such as *The Franklin Cover-Up and Trance Formation of America*.

COSMIC AWARENESS:

This Awareness indicates that the information as a well-organized and carefully analyzed consideration of forces that are in action on this plane, and have been in force for many centuries; that this may be seen as symbolic as well as a form of political reality.

This Awareness indicates that the situation as that which was reported in the story of Sodom and Gomorrah in which this energy reached its peak and led to the destruction of that great city. This Awareness indicates that both Sodom and Gomorrah suffered from the effects of overindulgence in these energies. This Awareness suggests that this civilization today is also approaching that same kind of energy flux, but This Awareness suggests there is also emerging along beside this energy flux, that which may be referred to as the feminine aspect, as described in this material, in which there is a kind of creative force occurring, in which the love force is presenting itself, so that there may be a balancing action that occurs before and preventing that total destruction described in the article.

This Awareness indicates that this article can be considered as a classic in its depth of understanding of these forces; that is not to say that every detail expressed is accurate, or that every understanding or interpretation which entities perceive from the details in this article are properly perceived by the individuals, but rather that as a general symbolic overview of certain energies put into practice by groups of individuals and the conspiracies involved in this overview and the activities, and the power structures involved in using these energies, and their resultant organizations and activities, as they relate to nations, cultures, countries, religions, arts and other fields of endeavor; that these indeed are often, far too often dominated by certain forces working in a kind of conspiracy network, that prevents the ordinary person from having much input.

Homosexual Rituals to Create Psychic Power

This Awareness indicates that there *are* strange rituals involving men in unison in secret places, wherein the homosexual practices in group activities for those secret societies are enacted in these modern days, in modern times, in modern cities, for the mere purpose of generating power. This Awareness indicates the previous Interpreter, David Worcester relates a story of having been taken by an associate in New York, to a man's club, high in one of the buildings, in which the men stood around in a circle comparing the length of their organs and engaging in sexual activities, just to generate some kind of psychic power, and that these were men of high public office and business credentials, and this was one of their past-times.

This Awareness indicates that this is not fantasy, this is the way things are, in some areas. This is part of the

sickness that keeps this plane in constant turmoil, that creates upon this earth the reputation of a planet that is violent, turbulent, unpredictable and of questionable vibration. It is this that has put this planet as one which is in the lower vibrations of inhabited planets in this galaxy. This Awareness indicates that it is not necessarily to the benefit of entities to know this kind of facts about their society, without having some way of dealing with this perversion and ugliness in regard to the society, but because this information is released, and entities now are learning those things that have long been hidden, entities must be able to open their consciousness to face such reality, and to deal with this kind of understanding, with enough compassion and wisdom that they are not sickened or are not harmed by the knowledge.

This Awareness indicates it is best to see this as being the outgrowth of a long festering cancer upon the face of the earth, running its course through humanity, touching some entities, and seeing this as likened unto a plague, or seeing this as the cells of the great Beast, wherein some contribute their lives to fostering the Beast, while others evade the Beast. This Awareness suggests that you can help to neutralize these energies through the action of sending White Light energy to those darkened souls, to those shadows, to those distortions; that this energy can awaken something within these beings, to realize there is more to life than the pursuit of power.

This Awareness indicates that in regard to the military use of this system, that this again is that which contains and expresses the elements of sadism, and as mentioned in the article, the practice of this kind of action by Satanists as that which has grown considerably during the past several years in their pursuit of power.

This Awareness indicates that all this must change, all this false power of the Beast must be defused, and that energies can be set in motion to help defuse these energies, to help disarm and take away this kind of false power.

Cosmic Awareness Defuses the Energy of the Power Psychics

This Awareness indicates that *It* now is gathering energies from the far regions of the universe. *It* now is calling forth all of those energies of health, life and beauty. *It* now is bringing forth these energies to be placed as a healing balm over the face of the earth, to help to defuse these negative forces, to help defuse these forces of destruction. This Awareness indicates that this energy as that which carefully is being placed as a curtain across the face of the earth to rain down upon these energies that vibrate of life and love, harmony and beauty; that the destructive forces, the power that creates destructive forces, will be diminished, here a little, there a little, then a little more, increment by increment, decaying as though touched by acid rain, melting off the power.

This Awareness indicates this diminishing of power as that which already has begun, and for twenty years has been in the process of decay; that this healing at this time as that which shall speed up this decay of this false power, the energy of this Beast. This Awareness indicates that with the binding of Satan and with the diminishing of the power of the Beast, a new energy shall come forth, likened unto Springtime, whereby joy of the heart can thrive; this being different from pleasures of the flesh. This Awareness indicates these energies have been collected, have been placed across the face of the earth, are now in position and are now raining down the vibrations that will help to continue to diminish this power, this false power.

This Awareness indicates that all those involved in this kind of negative energy, homosexuality and the devel-

opment of these unnecessary powers, must reconsider the direction of their movement and reorient themselves and align themselves to that which is the highest and best, and that which is harmonious to the creation. This Awareness indicates that those who pursue the direction of homosexuality always fail to achieve true joy, even though they may attain some temporal power.

This Awareness suggests the Interpreter be brought from trance.

WHAT IS COSMIC AWARENESS?

COSMIC AWARENESS is the Force that expressed Itself through Jesus of Nazareth, the Buddha, Krishna, Mohammed, Edgar Cayce and other great avatars who served as 'Channels' for the 'Heavenly Father' and who speaks again today as the world begins to enter the 'New Age' of spiritual consciousness and awareness. Since 1963 Cosmic Awareness has been communicating through carefully trained channels. This information is for those who desire to help in bringing in the New Age. Throughout the thousands of 'Readings' given through these various channels, Cosmic Awareness tells us not to believe anything, but to question, explore, doubt, and discover for yourself, through your own channel what is the truth. Cosmic Awareness will only 'indicate' and 'suggest'. Neither C.A.C. or any of the Interpreters is responsible for anything Cosmic Awareness states in any of these readings, nor does C.A.C. or the Interpreters necessarily agree with the statements of Cosmic Awareness. The Interpreters interpret the energies as they see them in trance levels and are not personally responsible for what is said. The interpreters published herein have no connection with, nor control over the editorial comments and material, including illustrations. This is entirely the responsibility of the editor. Members of C.A.C. are invited to send in questions of general interest to ask Awareness for possible publication in this newsletter.



AMAZING NEW MASTER INDEX

NOW ON CAC'S WEBSITE:

Just think of any subject Awareness has ever talked about, type in a keyword, and before your eyes will appear a listing of almost every newsletter published that contains information on that subject. Thanks to Jon Strongbow's 25 years of research, our website has now added 95,706 new entries for your convenience. New members who need back issues can now type in the subjects they are interested in and order back issues for immediate delivery. You can order on line using Paypal ordering system or just mail your order to CAC. All back issues are \$3 each and postage for any amount ordered is only \$1. Check it out!

www.CosmicAwareness.org



IN THIS ISSUE

The Reason This Group Came Together	2
The Law of Love Symbol in Japan	2
Sex: The Big Mystery	3
Every Minute 16 Million Orgasms: Any Significance?	4
The Cosmic Significance of All These Orgasms?	4
Masturbation as a Means to Relieve Pressure	5
Why Uprightness Over Self-Gratification?	5
Will Sexual Fantasies Carry Into the Next Life?	6
Sexual Fantasies: What Happens to the Person Who is Fantasized About?	6
Millions of Prison Inmates Fantasizing: Do These Help Bring About Sexual Crimes?	7
Any Other Sex Advice for Prisoners?	7
Don't Condemn Prisoners for Fantasizing	8
The Old Hawaiian Curse if You Steal Some Lava	8
Why Are Israeli Agents Training Drug Terrorists?	9
Power Psychics Control the World (Why Satanic Sexual Practices are Occurring)	10
The Cosmic Awareness Spiritual Development Course (ARIES: Volume 1, Lesson No. 3)	15
Concerning Those Who Died Slowly	17
Which Death is Best—Fast or Slow?	18
Slow Death Can Occur to the Aware & the Unaware	18
The Hidden Trigger that Causes Breast Cancer	19
The Cosmic Law of Suggestion	20
How Mohammad Ali Cured Parkinson's Disease	20

The Cosmic Awareness Spiritual Development Course

ARIES: Volume 1, Lesson No. 3

This Awareness indicates in this third correspondence lesson there will be a discussion of how the organism becomes aware of the so-called duality in nature, and in this awareness, does begin the selective rejection of polarity-type of thinking. This being the development of the rational mind.

This Awareness indicates the organism (whether this be a micro-organism or whether this be the individual entity or any states between vegetable or animal), does have that action in its experience wherein as it takes on certain attachments, makes certain territorial claims, wherein it attaches itself to something either through physical attachment, psychic attachment, emotional attachment, feeling attachment, or conceptual attachment - that organism often runs into conflict either with the thing being sought (the attachment itself), or with other forces which also wish to claim that territory, that concept, or would deny the organism its chance for attachment to that concept, territory, or item.

This Awareness indicates that as this conflict occurs, which may be likened unto a conflict of interest between two different interested parties or parts of consciousness - as this conflict occurs, the organism slowly begins to realize that it can't have everything it seeks, for there are obstacles to prevent this possession. This Awareness indicates that as these obstacles become such that their strength is more than the organism, the organism or entity begins to make distinctions between what it can have and what it can not have, what it can conceive of, what it can identify with, what it can possess, and what it can claim as its own.

This Awareness indicates that the entity or organism also begins to make distinctions in terms of time and space wherein it realizes that at certain times it can possess, certain times it can conceive, certain times it can attach, and at certain times it can make identifications with an object, idea, concept, or territory and get by with this action, while at other times it cannot. This Awareness indicates the organism also begins to recognize that this relates likewise unto space. That at certain points in space an action can be taken, an action can be expressed, an attachment can be made, whereas at other points in space, this is prohibited. This Awareness indicates that in this manner, the organism begins to recognize the difference between "mine" and "not mine," between right and wrong, or right and not right, between yes and no, between good and bad, between positive and negative - these relating also unto pleasures and pains, rewards and punishments, acceptance and rejection, affection and hostility.

This Awareness indicates as those polarized concepts are placed on the organism, the organism begins to learn what makes the environment and how to survive with the least amount of pain by allowing room for others and not violating others who could return that violation tenfold. This Awareness indicates that as the organism begins to learn of the dangers of the world, the selective rejection process of the mind through association begins to function. This Awareness indicates that these activities are not always accurate for every entity, but for the particular entity's experience. These experiences become triggering mechanisms which become likened unto warning devices whereby the entity in having certain actions occur approximately three times (depending on the sensitivity of that action), these

actions can create within the sensitive organism known as the brain - the mind of the entity - this feeling that there is danger or there is reward, and the triggering devices for danger and reward can come to the entity in many types and faces and forms.

This Awareness indicates that wherein, for example, an entity is shown a flower just before receiving a good hard spanking, the action (being carried out approximately three times) can cause that entity to never like flowers. This Awareness indicates that, on the other hand, wherein an entity is seeking excrement and this being placed before the entity just prior to being rewarded, the entity would indeed have an attitude which would be approving of this. This Awareness indicates that it matters not the inherent nature of the trigger, but the collective effect in regards to the pleasure/pain, punishment/reward, in essence the survival mechanism of the entity, and what these triggering devices are made to symbolize in the mind of the entity.

This Awareness suggests that in this manner, programming of entities does occur, often in great violation to the values of a decent society. This Awareness suggests that for this reason, entities must constantly re-examine their own programming. Entities must look carefully to determine why they react in certain situations in a manner that is detrimental to their relationships with others and to themselves. For often these situations contain within them certain triggering mechanisms which are but memories of childhood experiences which have gone unexamined, and these experiences of childhood may not actually have any validity other than haphazard circumstance.

This Awareness indicates, for example, an entity who has had a certain fever as a child and has had a certain bad dream (perhaps stemming from a punishment or a threat to the entity during that day or a few days prior to this bad dream), can be awakened from that bad dream, by a certain noise, and that noise can trigger in the consciousness of that semi-asleep entity the feeling of threat. This Awareness indicates that in the situation wherein that noise has a certain sound, such as perhaps being a yowling cat or a growling dog, this action being associated with the bad dream can cause the entity feelings of apprehension. If this occurs at a time when something else occurs which leads to a problem such as, for example, the entity not feeling well also has a toothache or an earache - along with the bad dream or the growling dog or yowling cat - this total situation of three certain unpleasant stimuli, can trigger off a pattern within the consciousness of the entity.

This Awareness indicates wherein this becomes repeated again: a yowling cat, a growling dog, a bad experience during the day (and perhaps this occurring the second time with a frightening storm outside) - the entity then can be triggered into having a bad dream, and may also be triggered into having a fever or a type of illness associated with the other actions previously. This Awareness indicates that these triggering actions can continue to add one more triggering action at a time by happenstance, by the act of sheer circumstance. This Awareness indicates that in this example, six years later the entity may again be sleeping; a dog growls, a cat yowls, a storm is brewing; the entity, half asleep, begins having the triggered devices of his consciousness activated, and then begins developing the fever, and the situation which occurred within that day then begins to work on the unconscious levels in a manner (that to this entity) begins to look as though it were unpleasant, even though that entity may have felt this situation to have been pleasant. This can lead the entity on an unconscious level (the semi-asleep level) to feel an apprehension about the relationship or situation which occurred during that day.

This Awareness indicates that as the entity awakens the next day and again faces that relationship which occurred the day prior to this sleep, the entity may carry into that relationship the same feelings of apprehension which were triggered by those actions during sleep which reminded the entity of actions during the earlier childhood - and this apprehension in that relationship can indeed cause the entity to react in that relationship in such a manner that it becomes unpleasant. This Awareness indicates that the pattern then is deepened and made more difficult to break. The pattern can be carried on from day to day, from month to month, from year to year throughout life.

This Awareness indicates in this manner, entities who have had serious situations such as wherein the parents fought during the night, or wherein their parents died during a particular type of night, or during a particular situation, this action of the loss of a parent or the pain of some experience, coupled with other experiences that occurred during that time (which may have gone totally unnoticed), these experiences can become triggering devices which, later activated, can create devastating situations in a person's life wherein otherwise they need not have them. This Awareness indicates it takes about three triggers, three triggering situations to set up a pattern, and when this pattern is repeated three times, this becomes a permanent action of the consciousness of entities - particularly if the entity is not aware of the pattern.

This Awareness indicates that once entities become aware of these patterns, they may erase the tapes - erase these triggering patterns which are played over and over in their experience. This Awareness suggests that entities must learn to examine their present behavior, their present concepts, their present ideas in light of experiences which were traumatic during childhood.

This Awareness suggests that entities learn to meditate deeply, and in their meditation to recall every possible unpleasant situation in childhood, and wherein possible, to reactivate those situations and the triggering actions that were occurring around and about that situation. This Awareness indicates that wherein a situation may have had an unpleasantness and you can recall a red blanket being on the bed at that time, or a yowling cat, or a dripping faucet, that you repeat in every way possible the situation: placing a red blanket on the bed, allowing a cat in to yowl or otherwise be present, to allow the faucet to drip, and attempt to re-experience totally without resistance that situation which seemed so totally unpleasant to you, and in doing this, looking back on that situation, you shall be able to cancel out that tape and release that programming which has been damaging to your relationships and to your experience from that time until the present.

This Awareness indicates that as entities learn to re-program their consciousness, wherein entities learn to depolarize their concepts, their attachments, their feelings of frustration, there becomes the possibility of starting anew with greater understanding, and of being able to relate more clearly with others, respecting their territorial rights, yet having the ability to communicate in such a way that the entity wishes to take you in as a friend and share those territories with you.

This Awareness indicates that the nature of the mind is such that there can be effects on the de-polarizing action of the mind through the reconciliation of "yes" and "no," reconciling the right and wrong, reconciling the good and bad, reconciling the acceptance and rejection, and all those polarities which were previously mentioned in this reading. This Awareness suggests that wherein you can apply the concept of reconciliation to any polarity, this too can allow you to re-program your consciousness. This Awareness suggests that you examine carefully the

workings of your mind and to discover which areas are polarized, which areas you feel strongly about, which areas you feel are good, and which you feel are not so good - which areas you feel create pleasure, and which areas you feel create pain. All of these extremes of opposites must be examined and must be reconciled in order for entities to be free from the fears, frustrations, and programmings which have created those confinements that limit the entity in his or her present life.

This Awareness indicates that in breaking these limits from the past, you may be likened unto an entity who just arrives upon this plane - understanding the ways of the plane, but not being confined by any particular pattern of your own past - and in this action of being aware without confinement of personal psychological programming, you can move into areas of new activity without great personal limitations.

This Awareness indicates as entities break their own limiting forces (which they themselves have placed upon themselves by allowing these triggering devices to rule their lives), as entities break free of these limitations, it becomes possible for them to create new definitions in their lives, to expand their limits and to allow themselves more room, more space in which to function.

This Awareness suggests that as this is done, you make very sure to allow others that same space, that same opportunity for unlimited action in regards to their own personal limitations.

This Awareness suggests that there must be limits to all entities' actions, particularly in areas wherein there could be violation to the territorial rights of others; yet these limits must be consistently examined to allow a greater communication and freedom to occur whereby the territorial claims need not be so totally defined, but may allow a sharing of these territories, of these ideas, of these attachments.

This Awareness suggests the action of examining one's tapes - those tapes which play in your own consciousness, that record which has been recorded as your prior experience, previous to now - this examination can be conducted without any form of judgment, condemnation upon self or others, for in any kind of judgment or condemnation of any experience that has occurred to you in the past, or any experience that you have perpetrated which you condemn - any of these condemnations are damaging to the tapes which you would like to create at present.

This Awareness indicates that you need not replace the old tapes with new hostilities and frustrations and condemnations, but simply allow the old tapes to be erased and add to these old, clear, erased tapes, only those things which are of the highest, which you wish to be a part of your new thinking and your new programming.

This Awareness suggests this as the completion of this correspondence lesson, unless there is a question.



Question (Vikki):

One question in relation to the tape programming we have within us. What can one do when the subconscious has created a memory block over some possibly unpleasant occurrence in childhood which prevents you from remembering this or reaching down to see it?

Cosmic Awareness:

This Awareness suggests that you examine all of the memories leading up to that situation and all of the memories just following that situation and look at those memories with great joy, without any kind of fear, and simply link the memory prior to the situation with the memory following the situation, and seeing between these two a dark bag of emptiness which cannot be recalled. You then begin to stare at that emptiness and start to feel what that feeling is that comes from that emptiness between which cannot be recalled.

This Awareness suggests that you go into the feeling, rather than attempt to look at what happened or to recall the complete situation and details of that experience.

This Awareness suggests as you move into the feeling which you get, there shall be those moments wherein you would feel unpleasantness. This Awareness suggests that you not identify with this, but simply look at this, recognizing this occurred at another time, another space, and to another entity, for you are not that same entity. And in this kind of disidentification, you shall be able to experience an even deeper level of feeling, and in this manner there shall come about a gradual releasing of the memory through the level of feeling.

This Awareness suggests that this be done with an assistant who can help you, and one who you can trust completely, who can help you to recall these feelings and will assure you that it is all right, and all is well, and there is no pain now.

This Awareness suggests that this may be through a professional counselor or through someone who is very sensitive to the potential pain which you could experience in recalling this action.

This Awareness suggests also, that entities in attempting this themselves, not dwell for great lengths of time on these areas, but simply to go into that area, feel it for a certain length of time, then get out of it and experience something more pleasant. Later, then moving back into that feeling again, with a kind of detachment and examination rather than dwelling in this action and feeling great sympathy for what one once experienced.

This Awareness indicates that entities who dwell in any kind of action which is unpleasant, can indeed bring about that same vibration into their lives. Yet, entities who can move into those areas which were unpleasant, examining them clearly and letting them go, letting those vibrations be loosened into their consciousness, and from their consciousness, released unto God - these entities then can free themselves from these deep-seated, hidden karmic drives and memories, and those patterns which become heavy forces in their experience.

(The Law of Gratitude is given.)

CONCERNING THOSE WHO DIE SLOWLY (More on the "Long Body")

QUESTION (AVATON):

Awareness, I had one final question that relates back to the question on the near-death experience. It's a question about those entities waiting for death. This is prompted by an experience Vikki and I had last fall when we traveled to Astoria to see my ancient aunt who is in one of those euphemistically called 'rest homes'. While we were there we noticed all of these entities who were obviously waiting around to die. While we were there we witnessed a number of these ancient entities who were doing very strange, and what seemed like almost tragic things in their final days.

For example, there was one old lady who paces the floor carrying a well-worn old teddy bear snuggled in her arms, stroking it. My aunt (who is still very sharp mentally) told us that women spends every hour of the day walking the floors, holding onto that teddy bear, and she's been doing this for months. Another lady was sitting at a table writing with her fingertip, writing sentences and then rubbing them out, rubbing them out with circles just as hard as she could, almost like her fingers would be bleeding. My aunt told me she does this 12 or 14 hours a day and has been doing it ever since she was there.

My question is: these entities who are in such places awaiting death; is this the working out of karma or something,--waiting to get realizations so they will be able to experience the death experience to their best benefit, or is this what most entities can expect when they reach those ages?

Cosmic Awareness:

This Awareness indicates that this action wherein entities pass over very slowly rather than suddenly, is that which may be described best as the movement of the 'long body', or the movement of the soul through the eye of a needle. This Awareness indicates this likened unto trying to put a sweater through a needle's eye. This Awareness indicates there is only one way which it can be done, and that is to unravel it and re-knit the sweater on the other side.

This Awareness indicates that part of the entity has already passed over and is dwelling on the other side. Part of the entity still remains on this side. This Awareness indicates that the more progressed the condition is, the more of the entity which has passed over, the less that remains; and that which remains is generally the most early portions of the entity's experiences,--the child. The child within the entity remains. It is for this reason that elderly people very often are called childish or childlike. This Awareness indicates that the adult portion of these entities is dwelling on the Inner Plane, preparing for the complete passing over. This Awareness indicates that wherein an entity reaches a sudden death, or a passing over, this does not necessarily happen.

This Awareness indicates that the passing over in this manner, actually begins as soon as the entity begins to conceive of something beyond the physical. This Awareness indicates that wherein an entity is born, the entity clings heavily to life and the physical world. The entity may have a desperate fear of death and may cling strongly to materialism and may not wish to think of death or of any afterlife or of anything which cannot be proved by the senses. This Awareness indicates that as soon as an entity's consciousness begins to perceive abstracts and other concepts of a world beyond, portions of the entity's consciousness move into those realms.

RHYMES WITH ORANGE By Hilary Price



This Awareness indicates that these entities, in moving into those realms, have use of the energies from those Inner Planes and can apply those energies to life on the physical planes. This Awareness indicates it is for this reason that most of the great successful people have had psychic experiences, or have been involved in some way in metaphysical teachings or metaphysical concepts, or at least if nothing else, have a strong spiritual aspect of their lives which is more important to them than the physical life. This Awareness indicates that these entities are drawing on the spiritual energies which help in their physical expressions. This Awareness indicates however, these entities also have portions of their consciousness spread into the other realms.

This Awareness indicates that as the entity grows older, the spiritual realm or the Inner Plane becomes more and more important, and the entity may cease talking about these realms, or cease drawing these energies into the physical, and may simply reside in the physical, but emotionally and mentally be living in the spiritual or Inner Planes. This Awareness indicates that as more and more of the entity's energies transfer into these spiritual levels, less and less remains for physical activities; and entities looking at that body may see that it is sedentary or inactive, or almost dull in its behavior, lacking in flexibility, lacking in adaptability of a physical nature, and the entities begin to recognize old age and childlike behavior. This Awareness indicates that as this progresses, the old-age effects on the body and the childlike behavior may intensify.

This Awareness indicates that often you will see elderly persons spending more and more of their time asleep or meditating, and only occasionally coming out to recognize the 'world out there'. This Awareness indicates that this as indications of the final stages of passing over, wherein most of the entity,--in terms of attention and interest,--is on the other side, and only occasionally comes back into the physical plane.

This Awareness indicates that for entities who wish the best of both worlds, who wish to live a long physical life; it is important that they learn how to draw on the Inner Planes, how to have the consciousness that enters into those Inner Planes, and yet also have a firm grounding in the physical plane with enough activity, exercise, and purpose to keep them involved in the physical activities of life.

This Awareness suggests that wherein entities' interest goes; there also follows your soul and your energies. That it is important for entities to have an interest in both the physical and the spiritual realms. For in this manner, the entity will live a long physical life, learning much and having many opportunities for growth in the physical plane, while also being given much opportunity by focusing on the spiritual realms, to learn and receive from it energies necessary for growth and fruition.

WHICH DEATH IS BEST--FAST OR SLOW ?

FOLLOW-UP (AVATON):

In the discussion of entities in rest homes, and their slow form of passing over, the question came to mind of what it was in the makeup of a person who dies slowly in this manner, portion by portion, that is different from those who die suddenly: in their sleep, from a heart attack, stroke,---the sudden, the clean-cut exit. It seems that the sudden passing overs are more gracious and easier on all involved, and I would like to understand the comparison of these two methods of leaving the physical plane.

COSMIC AWARENESS:

This Awareness indicates that the more gradual movement is that which allows the entity to condition himself or herself into the other side, or other plane, well before fully entering. This slow transition allows the entity to

become more adjusted, without the shock of a sudden passing. This Awareness indicates that the entity who dies suddenly may experience a period of disorientation, not understanding what occurred,---in some cases, not even realizing that one has passed over. The entity may feel completely disoriented, confused, and unable to adapt to the new situation. This Awareness indicates that in most cases, there will be those from the Inner Planes, or other dimensions, who will assist the entity in realizing what has occurred; but in some situations, particularly wherein there are masses passing over at the same time,--often there are not sufficient guides to assist these entities in fully understanding what has occurred. However, there are usually, among those masses, enough companionship to help each other to adjust to the situation of sudden change.

This Awareness indicates that it does not really make a great difference how entities pass over in terms of their ability to adjust. If an entity passes over suddenly, and experiences a disorientation, that disorientation may be more brief an experience than if the entity is long-suffering and passing over more gradually. This Awareness indicates however, in many cases, entities passing over gradually can use those moments of being in and out of the body much in the manner of a deep meditation, to allow a deeper understanding of the death and pain process.

How Edgar Cayce Started Trancing

This Awareness reminds entities of the message regarding Edgar Cayce as having suffered greatly on a battlefield for some days before passing over; this suffering being that which had allowed the entity to experience certain states of consciousness which later contributed to his ability to enter into trance reading levels.

Slow Death Can Occur to the Aware as Well as the Unaware (More on Natural Catastrophes)

FOLLOW-UP (AVATON):

Those entities who take the slow, painful route of passing over; are these generally entities who have little or no understanding or belief in the hereafter?

COSMIC AWARENESS:

This Awareness indicates this not necessarily appropriate to this type of passing over; that it can occur to anyone, regardless of their state of consciousness. This often relates more to the environment in which an entity finds itself,--whether the entity is capable of letting go, whether the entity is of a strong will, needing to wait around until certain events are completed upon this plane before removing the entity's influence upon these events. This Awareness indicates that often entities linger and linger, in part to help watch over those whom they love, and to continue having some influence on the affairs of those whom they love.

This Awareness indicates that often, also, entities have other reasons for remaining. This Awareness indicates that in some cases entities have a death wish and desire to move quickly into other dimensions, or may have a death wish not quite so strong, and may take greater time; this depending in part upon the degree of intensity in the death wish, or the degree and intensity one feels toward life. This Awareness indicates that each situation is unique, according to the attitude of the individual.

This Awareness indicates that essentially, each entity picks his or her own path for departure, even though this path may be of a subconscious direction. This Awareness indicates that in some cases, however, this is a cultural karma, rather than a personal pattern or karma. The pattern of departure, for example, wherein an entity becomes victimized by a mass catastrophe, such as in

Nagasaki and Hiroshima, or areas wherein natural catastrophes have taken the lives of thousands,---this Awareness indicates this not necessarily the subconscious wish of an individual. This Awareness indicates that in some instances this as more likened unto the death of a particular culture rather than a death of individuals, and the individuals are simply victimized under that cultural death.

This Awareness indicates that these experiences usually find a balancing or justice at a future time, or are in some other way balancing the scales from a past situation.

The Hidden Trigger That Causes Breast Cancer (Find Something Daily to Get Excited About!)

QUESTION: (AVATON):

Speaking of Sam Biser, he sent out some literature on breast cancer. He says "You don't have to die and you don't have to lose your breasts. Medical doctors are learning a 300 year old discovery that has been confirmed again and again and again by the leading cancer specialists in the 18th, 19th and 20th Century. Isn't it time you were told?"

"There is a better alternative than the knife or the grave. Find out how to turn off the hidden trigger that causes a breast tumor to grow." And essentially, he's dug out information going back as far as 1701 where surgeons and doctors have discovered an emotional trigger that causes breast cancer to explode, and the gist of it is that it's an emotional...let's see. It's based on things that happened to the person emotionally. Let's see. How can I get it without actually reading it here? It takes two things to set a breast cancer on its deadly path: (1) a hereditary disposition, and (2) an emotional trigger that 'releases' the latest cancer. The trigger is personal misfortune or profound frustration that results in despair about ever achieving real personal happiness in life.

This doctor writes: "An array of human emotions is activating the secondary cause in the activation of human cancers. These emotions he sought put the cells in a state that it was sensitive and receptive to the carcinogens. That is the basic premise. And they claim that women who have suffered a loss of a loved one or a death in the family, particularly death, and they get a feeling of despair and hopelessness; that this triggers that emotional thing that makes the cancer, which almost everybody seems to have in their system; it activates the cancer.

Basically, that's it, and Biser claims that normal psychotherapy is built on what's wrong with you, and the new therapy is built on what's *right* with you, and what makes you excited about getting up in the morning. In other words, if you don't dwell on miserable things that have occurred to you like sorrow and loss, that you get up every day and find something positive to get excited about, that women will never have this breast cancer problem because those emotions might activate this latent and potential problem. I'd like to ask Awareness if this theory is basically correct?

COSMIC AWARENESS:

This Awareness indicates that this is in the affirmative. That there is also the factor of a sense of rejection which can trigger the cancerous reaction; that when entities feel a loss either through death or through the loss by rejection, they may release these self-destructive forces within themselves.

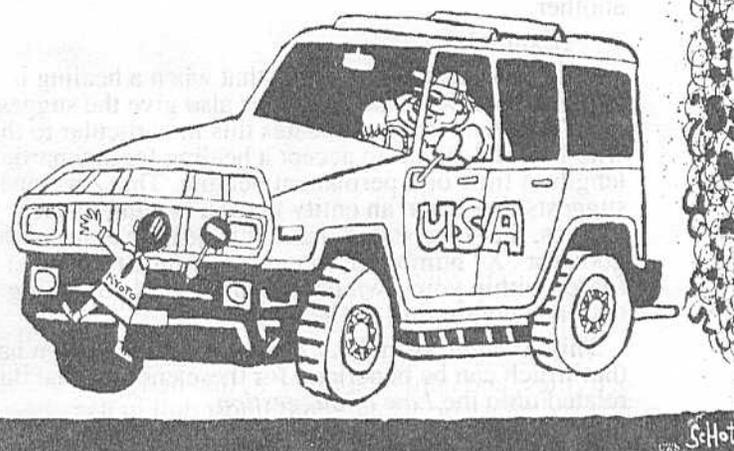
How to Reverse the Death Wish

This Awareness indicates that it is possible for entities to reverse this by developing a will to live, a desire to live, and this will and desire to live can overcome the effect and strength of the cancer which is essentially a

THE WORLD'S VIEW OF US

SCHOT
ALGEMEEN DAGBLAD
Rotterdam
NETHERLANDS

CWIS / CARTOONARTS INTERNATIONAL www.cartoonweb.com



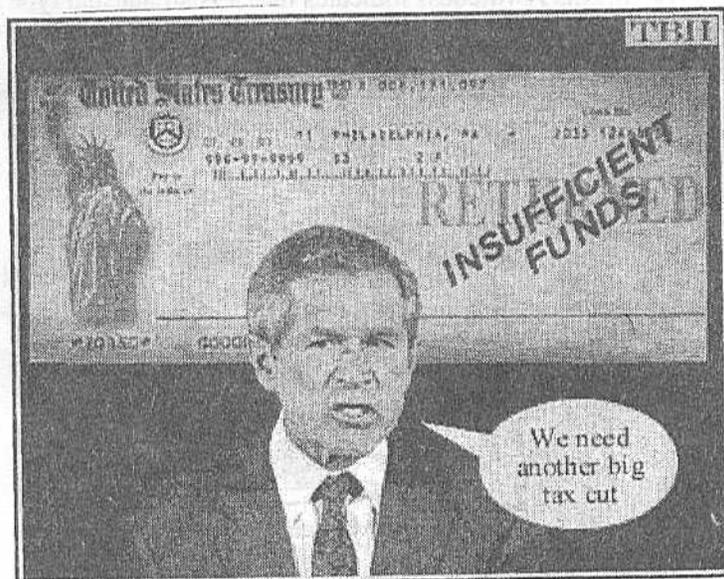
death wish expression in physical form.

This Awareness indicates that much information on this concept on cancer and the death wish and cancer and rejection has been given previously and it is generally well established that cancer has developed in entities who have suffered emotional losses.

This Awareness indicates that it is good information, especially for the prevention of cancer and if you have a loved one who has suffered an emotional loss and can be available to help that loved one work through the time and difficulty of the loss, it may prevent the entity from experiencing the condition of a cancer reaction.

If you abandon an entity during such a time, the entity has more time to energize the loss, to think about the loss and to activate those forces that might trigger the cancerous condition. This Awareness indicates that therefore, whether this is a child or a parent experiencing an emotional loss, be aware of their greater need for you than mere mental or emotional support.

It can also be a life-saving or life threatening condition to them, not simply a drain of their emotional well-being.



The Law of Suggestion

This Awareness indicates the *Law of Suggestion* is such that a statement carries with it an impact associated with the *Law of Description*. When given through certain levels of consciousness and moments of expression and situations of experience, such suggestion may have a terrific impact upon the psyche of oneself or another.

(Example):

This Awareness suggests that when a healing is given for entities, that the healer also give the suggestion. This Awareness indicates this in particular to those who find it difficult to accept a healing for any particular length of time or a permanent healing. This Awareness suggests that when an entity gives a healing to such entities, that it be stated that "This healing appears to be good for "X" number of months, at which time other forces within your own psyche are capable of taking over and continuing the healing."

This Awareness indicates that such a suggestion has that which can be beneficial for these entities, that this as related unto the *Law of Suggestion*.

Excerpt CAC Reading 7-8-12-92 Paul Shockley Interpreter

How Mohammad Ali Cured Parkinson's Disease

QUESTION:

A tabloid recently had a story on the legendary boxer Muhammad Ali, who has had Parkinson's Disease for a number of years, with great trembling and slurring of words, and a friend talked him to going into Damascus, Syria, to undergo a special treatment they had there, which is basically taking 4 teaspoons honey and a dash of vinegar mixed in a gallon and a half of water, taken daily for 40 days, and as much unsweetened mint tea as two patients want, two hours of jogging a day and a daily enema of one teaspoon salt in a liter of water.

It says that after undergoing only 24 days of this therapy, the 49 year old boxer was forced to cut short his treatment because of a family crisis back home, but by this time, the symptoms had disappeared. He stopped trembling and slurring his words for the first time in years and has lost 55 pounds. I'd like to ask Awareness, is that an unusual type of treatment and worked only for this entity or would this type of treatment work for other people with Parkinson's?

COSMIC AWARENESS:

This Awareness indicates that it is an unusual type of treatment for this disease, but it appears that it will work



favorably for anyone with the disease as it helps to cleanse the body, to provide certain nutrients and to detoxify much of the body so that the body is able to help overcome the disease itself.

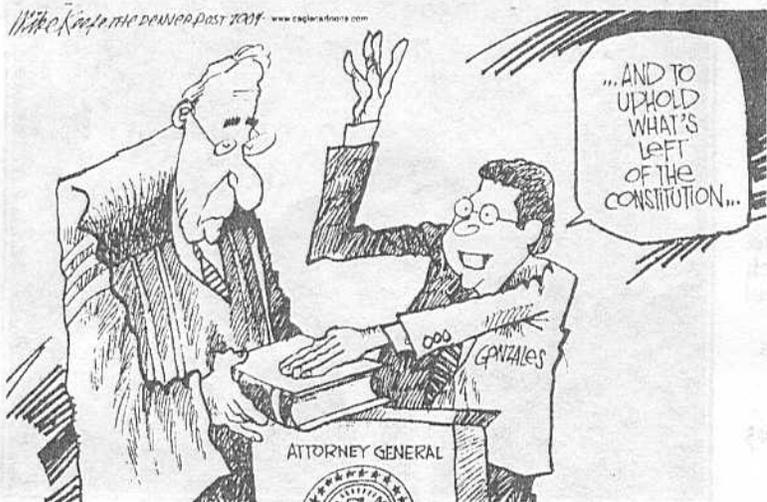
This Awareness indicates that there can be variations to the treatment but that these appear to be generally effective: the use of mint, the use of honey and vinegar are seen as beneficial. This Awareness indicates that lemon and honey could also be beneficial, or lemon could be added along with the vinegar or in place of the vinegar for a time so that a combination or a period of alteration between vinegar and lemon could be included. This Awareness indicates that the important thing is that the use of the larger amount of liquid than usual and the honey and vinegar or lemon are all seen as being effective in helping to detoxify and also give nutrition to an entity.

AVATON:

The article concluded that Muhammad was going to finish the 40 day cycle in America, and after he's done, the champ would be cured, says this doctor at his clinic, and he says the treatment also cures migraine headaches, asthma, arthritis and blood poisoning, and one of the things about it is you don't have to take any of the drugs the regular doctors have prescribed, like Muhammad Ali no longer takes drugs for this disease that he has.

COSMIC AWARENESS:

This is in the affirmative. The use of natural nutrients and detoxifiers as that which is the most effective and strengthens the immune system and when the immune system is strengthened, the entire health of an individual is improved considerably.



—HOW TO GET THIS NEWSLETTER BY MAIL— EVERY 4 WEEKS! (More or Less)

REVELATIONS OF AWARENESS is a cosmic newsletter, published by Cosmic Awareness Communications, P.O. Box 115, Olympia, Washington, 98507, U.S.A. (A not-for-profit organization). Membership fees and donations are deductible from your Federal Income Tax. Try to remember Cosmic Awareness in your will if you wish to have these messages preserved and available to others in years to come. ("How many have you served, and how well?" is the question we will all be asked at the Passing Over).

MEMBERSHIPS AVAILABLE (Honor System)

- INDIVIDUAL: \$42 per year or \$12 quarterly
- FAMILY: \$52 per year or \$20 quarterly
- CONTRIBUTING: \$77 per year or \$25 quarterly
- SPONSORING: \$144 per year or \$40 per quarter
- BENEFACTOR: \$500 per year or \$150 per quarter
- PATRON: \$1000 per year or \$250 per quarter
- ANGEL: \$5000 per year or \$1500 per quarter
- LIMITED INCOME: \$30 PER YEAR OR \$9.00 QUARTERLY