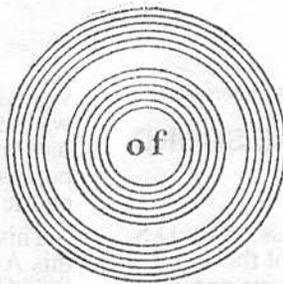


# Revelations

The Cosmic Newsletter

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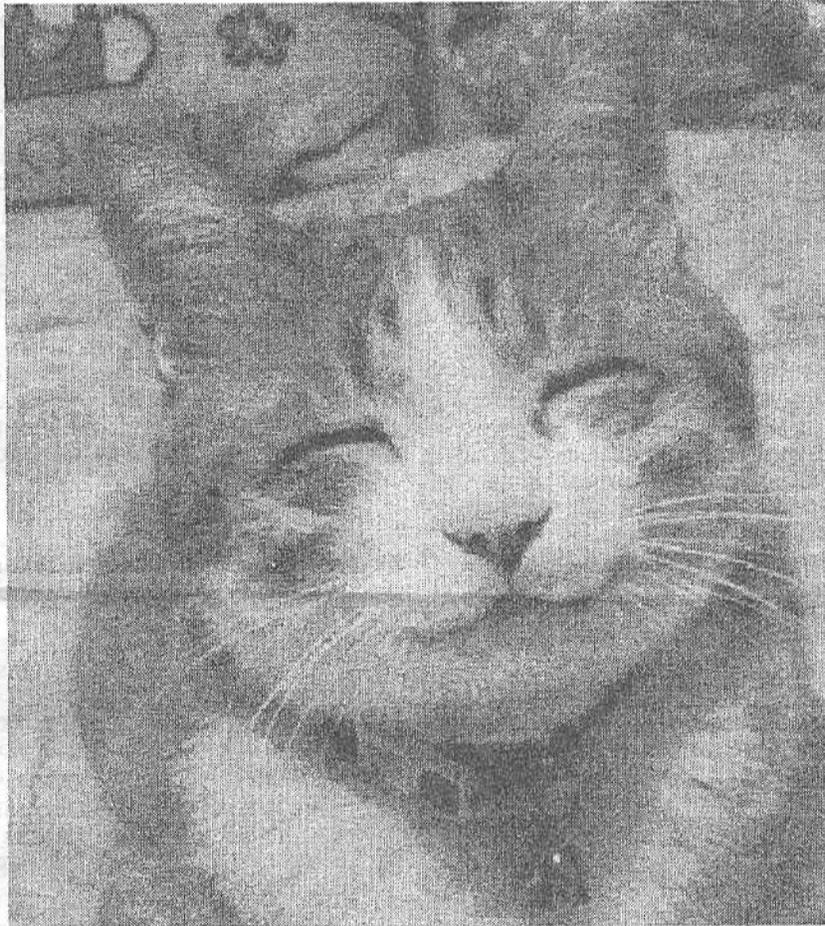


# Awareness

COSMIC AWARENESS COMMUNICATIONS  
P.O. Box 115, Olympia, Washington 98507  
Helping People Become Aware

Celebrating our 34<sup>th</sup> Year!

2005-4  
Issue No. 586  
\$3.00



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## THE BIBLICAL MEANING OF "THE SOUND OF THE TRUMPET"

### QUESTION:

Some questions left over from the last session by D.S. Hoon, JR. He writes: "The Bible says that at the sound of the trump, all shall be raised from the grave and all of their body molecules will be reassembled, whether their bodies were decomposed or lost at sea or cremated or whatever. I find this difficult to comprehend. Will Awareness explain this for me please?"

### COSMIC AWARENESS:

This Awareness finds this difficult to comprehend. This Awareness indicates that it appears to be more of a kind of conjecture and poetic addition to the text that is being presented in this work. This Awareness indicates this appears to be the *Book Of Revelation*, a Masonic writing that is presented in a kind of symbol or coded symbolism.

This Awareness indicates in a way, this could be interpreted as referring to the cosmic trumpet rather than a trumpet, a kind of cosmic vibration that occurs at some point in the future, in which all that is dead or that which is of a material nature is called back to the center.

#### The Concept of the Day of Brahma

This Awareness reminds you of the concept of the Day of Brahma, wherein the breath of God comes and all things are brought together in a condensed ball of Light in which everything is brought from throughout the known creation into this cluster of Light which is called the incoming breath of Brahma, in Hindu terms, which breathes in over so many millions of years, and then breathes out, or spreads this energy outward as described by Hoyle in his Big Bang theory, wherein this energy goes out throughout creation, and when it reaches the outer most expansions of its expression or outgoing breath, it cools and forms material particles.

These material particles cluster together to form planets and substances known as matter. This is in a symbolic sense referred to as "dead," but when it comes back into the oneness of the Light of Creation, it is called "living matter" or "living breath." This Awareness indicates technically, it is all alive, though some might contain more Life Force than other parts of the Creation.

This Awareness indicates that if you think of the symbolism in this passage you described as being likened unto a vibration that goes out into all of creation that calls for the return of the breath of Brahma, or the return of all particles of matter, to reassemble at a center of creation, to create a new assemblage of all Light Forces and energies as the incoming breath of Brahma, then the passage could have some symbolic meaning, but to call it a trumpet and say this vibration going out calls back that which is dead, the graves open and the dissolved bodies restore themselves and come back; this is simply allegorical or fantasy.

This Awareness indicates that in most cases, the graves of the dead are filled with ashes of those who have decayed from the centuries of waiting and the entity who once inhabited that body may have gone on into three or four subsequent incarnations. This Awareness indicates how could the entity go back to all of those previous incarnations of dead skeletons and bones and reassemble each of them in turn just because a trumpet sounds?

This Awareness indicates that obviously, the message is symbolic. The symbolism is that which is not clearly explained and entities can therefore read into it as they

wish. It is more of a poetic license than a fact, as is so with much of Biblical passages. This Awareness indicates that of course there are many parts of Biblical passages that are meaningful, even though they are poetic in nature.

This Awareness indicates that it is not the intention of this Awareness to belittle these passages. They are artistic creations of great beauty, but to take them too literally, and build one's life and belief system entirely on statements that are poetic in nature and allegorical or symbolic or vague, can be somewhat misleading for entities. It can steer them in the wrong direction.

#### How a Religion Could Be Started

This Awareness indicates that it is likened unto the concept of a plane flying over a jungle area and someone accidentally dropping a book from the plane into the jungle, wherein the people below find the book and think it is sent by God and building their entire belief system and culture around the contents of that book.

This Awareness indicates that this could well occur and with certain books, a culture could develop to follow the book as though it were some kind of guide, and assuming the book came from God, entities could value it totally without question as to its real meaning and origin and therefore, make it a sacred book, and if there were things in that book that called forth for someone to be sacrificed, they could add this kind of ritual to their culture, and claim it is part of the religion of their group, and it is from God that they received their religion.

This Awareness indicates that there are so many ways that entities can find excuses for strange behavior based on religion, or find beliefs that are based on faulty premises. It is amazing that entities can survive as well as they do under some of these conditions, some of these religions. This Awareness indicates that most cultural traditions sustain themselves and the sustenance of the tradition holds the tribes together, gives them a sense of continuity and therefore, right or wrong, they continue to promote the traditional values of their society without objective questioning of those values.

This Awareness indicates that as for the passage about the trumpet blowing and all the graves opening, it is likened unto a line out of a song, or out of some Edgar Allen Poe writing. It is artistic. It is not factual.

## THE SIGNIFICANCE OF THE CHRISTIAN "ALTER CALL"—DID JESUS WANT IT?

### QUESTION:

Another question by this entity. Awareness has gone into the philosophy before, but he's got a couple of extra questions I don't believe were covered. He asks: "Billy Graham and many churches practice the 'alter call,' where listeners are beseeched to come forward, kneel, and accept Jesus as their Savior. Is this a practice that Jesus taught or wanted churches to do? Is a person really instantly saved and forgiven by answering the alter call? This I do not understand. Will you please explain it to me?"

### COSMIC AWARENESS:

This Awareness indicates that there is no record of Jesus himself having that particular method or technique of calling forth entities to come to him in the manner of these alter call ceremonies. This Awareness indicates, however, that the alter call ceremony is that which over a period of time developed and was practiced and perfected. This Awareness indicates that in the Catholic church, entities were encouraged to go to the priest and confess in private.

#### How the Alter Call Works

The Protestant church did not acknowledge that the priest should be consulted in one's effort to become closer to God, but suggested instead that humanity go directly to God through prayer, go directly to Christ through prayer. Therefore, by cutting out the priest and the pope, the Protestants had the straight-line communication to the Divine Being he or she worshipped.

This Awareness indicates that the alter call is much like the confession to the priest except that it is intended to be directly to Jesus the Christ, or God, and therefore, the entity in being brought to an alter call in a church experiences this activity in a public way whereby he or she publicly declares himself or herself to be of sin, and to ask the Lord for forgiveness.

Thus, the entities in their movement from their seat to the alter, openly inform the public that they have sinned and want forgiveness. This is a kind of public catharsis that is taking place. They then go to the alter and the entities who see themselves as the elders of the church generally gather around the entity and pray for the entity's soul, praying that God or Jesus will take the entity's sins from him or her, and save them from these sins, and take the entity to the bosom of God as a new worshiper of Christ.

#### In Preparation for the Alter Call Heap the Entity With Guilt

This Awareness indicates that there is a preparation that goes before this which is extremely important for the full catharsis to occur, and that has to do with heaping the entity with as much guilt as is possible. The preacher will preach and explain how guilty the sinners are, reminding them of their sins, so that each entity there will think back on sins he or she has committed, will think back on the mistakes he or she has made, and then the preacher generally informs them that these sins will doom them to eternal fire and damnation in hell for eternity, if they do not get the forgiveness from Christ.

#### Some Preacher's Description of Eternity In Hell

Therefore, after this message has been screamed at them for close to an hour, with descriptions coming in different ways, for example, stating: "Do you know how long eternal damnation is? If a dove came and brushed its wings against a steel ball the size of the earth every ten thousand years, by the time the dove had totally wiped out the steel ball by brushing it so often, eternity would have *only* begun!"

This Awareness indicates of course, the concept is beyond the ability of human consciousness to comprehend, but the entities listening realize that eternity in hell is much longer than they want to experience, even if it were only a golf ball that the dove was brushing every ten thousand years, and with stories such as this that frighten entities to the point of near madness, if they are accepted as a premise, entities may decide: "I don't want to take the chance! What if this entity is right?" And when everyone in the church, or a great number of people in the church are listening intently to the preacher and all seem to accept what he is saying, the entity who has not been able to think clearly in this regard is quite likely to accept the premise that he is indeed a sinner and is doomed for hell if he does not accept the Lord as his savior, and that the method prescribed by the entity, the preacher, may be the only one available for salvation.

Thus, the entity, heaped with guilt and fear, then goes up at the time of the alter call to the alter to be prayed for by the elders of the church and is given such a prayer that the elders are weeping in his behalf and he himself, or she, if the case is such, may even begin to cry and

plead to Jesus to take away those horrible sins that he or she feels are part of his or her being.

#### The Crescendo of Guilt Likened to a Sexual Climax

This Awareness indicates that of course, everyone has made mistakes, but until now, the entity did not realize that these mistakes were eternal condemnation and would lead to burning in hell forever; therefore, the entity begins to feel a desperation, and with the prayers of their own and the prayers of the elders becoming louder and louder, and the emotion becoming stronger, it reaches a kind of crescendo in which there is that which is likened unto a climax.

This Awareness indicates, however, that the climax does not take place in the sexual organs. Rather, it takes place in the pituitary and pineal glands, wherein the pineal, focusing on the pituitary, causes a secretion of that which is referred to as the 'sands of gold,' or ... there are other terms for this; it is a kind of energy which occurs when the pineal and the pituitary focus together, and it is also a kind of energy that occurs likened unto a climax in the head, rather than in the sexual organs.

The kundalini energy of course, rising during this time through the heightening of the emotions, leads to this experience, and at the same time the entity feels this occurring it creates a kind of emotional catharsis which others in the vicinity can also pick up on; they all tending to experience it simultaneously, as a kind of contact high, and will feel it as though something powerful just happened, and this powerful event or feeling that occurred is shared by the entities together and they see it as an action of Christ lifting the sins from the entity.

This Awareness indicates the entity of course being very happy to get rid of the sins, gives off these sins just as a confessor in the Catholic church gives his or her sins by confession to the priest, who then absolves them, and the Fundamentalist Experiences may be perhaps ten times or more powerful than the ordinary catharsis caused by confession or the catharsis that might occur through actions based on psychoanalysis or psychotherapy.

This Awareness indicates that psychoanalysis and psychotherapy work very much the same; wherein the entity gets into therapy, the psychologist or psychiatrists works with the entity to delve into his or her feelings of guilt, into his or her background to find out certain traumatic areas, and helps to release these traumatic areas so that the entity is freed, and released from the fixations or, in Scientology, the "engrams," or in psychology, the "traumas," and so that the entity in feeling the release experiences a kind of emotional catharsis and with a good psychologist or psychiatrist, will then inform the entity that he or she is really okay, or that they have done well, or that they have rid themselves of that certain problem, and that they should of course come back for more work for other problems.

This Awareness indicates that psychology and psychiatry work in much the same way but at a much slower and much more controlled and non-emotional pace, so that the releases occur over many, many sessions that may go on for years. The Christian approach is to have it happen all at once in one big gigantic catharsis, so that the entity feels totally forgiven for all of the errors and mistakes and the entity feels totally loved by the Divine Creator and by Christ, and the entity is indeed immediately transformed, emotionally and spiritually from the event.

### The Experience Can Make an Entity One With God

This Awareness indicates that *It* does not in any way wish to describe this so that it appears to be cheapened. It is a powerful experience and this Awareness suggests that if entities could have the experience without buying in to the follow-up dogmas and snobbery and self-righteousness that tends to become part of the Christian path, it would be beneficial for everyone to have such an experience, for rather than having to go through years of psychology and psychiatric treatment or analysis, or rather than having to go through many years of confessions to a priest, you can have the whole conversion occur in an instant, and you can feel the effect throughout all of your being, and you become One with God instantaneously from the purification of your life and throwing off all of the negativities you have absorbed in your life up to that time, giving it all to Jesus, to take from you.

It is a technique and it is effective. It has been used and perfected over many years and it is powerful. This Awareness indicates that *It* does not see this as the *only* way, as many Christians claim, to salvation, and many entities who experience the conversion experience do not remain faithful to it, partly because they did not understand what happened to them.

### Christian Conversion Like a Heroin High

This Awareness indicates that one person having experienced this said it was just like a heroin high. She had used heroin and she had also experienced the Christian conversion. She saw these experiences as almost identical. This Awareness indicates that after a certain length of time, if an entity does not fully understand, the high begins to wear off and the entity is back on earth in the similar situations and circumstances as before.

This Awareness indicates the entity can again be caught up in difficulties and problems and begin to feel he or she has made mistakes and therefore, is not up to par or up to the proper standard, or if the entity does not feel this way, they may begin to look around at others and start building a kind of Christian snobbery which is so common among many of these entities, wherein they look down their noses at others, and find things to criticize because someone is not as Christian as they are.

This Awareness indicates that these two approaches can be a real turn-off to honest and sincere people so that they begin to wonder about the whole Christian approach, whether it is some kind of ego-trip, and indeed for many entities, it does become an ego trip.

This Awareness indicates that if entities can have the experience and still continue to surrender to the Divine, surrender themselves to the Christ Light or to the Divine Creator and remain humble, not a pretentious humility, but truly humble in the face of the Divine Creator, then these entities can remain true Christians throughout their lives. If not, if they begin to feel glorified, self-glorified for being Christian, or if they begin to parade their Christianity before others while condemning others, these entities are not true Christians.

They are simply counterfeit Christians. They are frauds. And they are what gives true Christianity a bad name. This Awareness indicates that again, the conversion or that which is called being "saved," is a technique, a catharsis based on a technique of creating guilt or accentuating the guilt an entity already has, and putting such focus on it that the entity feels totally unworthy of redemption and feels such remorse for having such guilt that the entity totally gives up control of himself or herself to the hands or to the vibrations of the Divine Creator, or Jesus; either would suffice.

This Awareness indicates that in that surrender, the entity feels the lifting of his or her guilt through the grace of God. The entity knows that he cannot control God but can only surrender to God, and praise God and appreciate God for accepting him or her in spite of all of the evils he or she has felt guilty of. This Awareness indicates it is a very simple method, but it is extremely powerful when coupled with strong emotional preachings that go before it and reassurances that occur during the experience.

It can truly transform an entity from being one with a dark purpose and dark soul behavior, or one who has low self-esteem, to one who is light, loving and very compassionate to others. This Awareness indicates that the conversion does not necessarily give an entity high self-esteem, which could be an egotistical quality, but rather gives the entity an appreciation that the Christ could accept the entity in spite of all of his or her negatives and sins.

### Christian Conversions Can Easily Become an Ego Trip

Thus, the entity then feels that he or she has been salvaged or saved by Jesus rather than by their own efforts. If indeed they felt that they had saved themselves, then they might take an ego trip on the event, and they might say: "Look what I did! I had a fantastic experience! I went from being a bad guy to being a wonderful guy! Look how much I did for myself! I totally transmuted my negativities into positive qualities." This would not be the same. It would simply be another egotistical character who may have just as many negative qualities by the time this ran its course as did the person who was discarded before the experience.

This Awareness indicates that by presuming and allowing the concepts that Jesus has taken one's sins, the entity then is not able to take credit for his or her conversion, for all he or she can do is surrender to the Divine Light of Christ.

### You Can Also Surrender in Private

This Awareness indicates of course the experience becomes more powerful if there are other entities present, if there are other entities involved, if it is a public spectacle. One can do this in his or her own privacy. One can surrender oneself to the Divine Creator, to the Christ Light, to the vibrations of the highest which are the love of Christ, the Universal Frequencies of the Highest; one can surrender to these in privacy, and that surrender is just as valid, even if it is not quite as dramatic.

This Awareness indicates that you can privately give yourself to God and it is just as effective, even without the public spectacle and the witnessing of other entities. This Awareness indicates, however, it is important for you to recognize that when you give yourself totally to God, in surrender to God, if you then start bragging about your adventure, you may very easily fall into the trap of building your ego around your conversion, building your new self around the event of having surrendered to God so that you become proud as an individual for having given yourself to God and you may parade your new spirituality to the point of arrogance and absurdity, but it is only hurting your spirituality, it is not building it up.

If you begin to become arrogant about your spirituality, you are indeed losing track of the importance and essence of your spirituality. As long as you can accept the surrendering, the constant moment-to-moment surrendering of self to God, you will continue to evolve spiritually. When you cease to surrender to God and begin to take an ego trip and feel proud of yourself for

your surrenders, your spirituality ceases to evolve and begins to fall backward.

It is a kind of backsliding action. It is not longer evolution, but devolution, or involution, going down the scale rather than up, in a de-evolution cycle.

### Some Converted Christians Appear as Fanatics

(He is Reluctant Toward a Spiritual Possession Takeover)

#### QUESTION:

Another question from D.S. Awareness, I'm sure just answered most of this, but I'll read it here. "The act of conversion appears sometimes to be similar to possession, albeit, by a good spirit as opposed to evil possession. Some converted Christians seem to be fanatics, that is, button-holing people and standing on the street-corners trying to convert people. Should converted persons act in these extremes? I think it would be nice to have spiritual communion with Jesus, but I am somewhat hesitant to have a spiritual takeover of my body to take place. Will you kindly clear this up for me?"

#### COSMIC AWARENESS:

This Awareness indicates that essentially, you have the opportunity to surrender yourself, not to the entity the Son of Man named Jesus, but to the Son of God, or the vibrations emanating from God known as the Christ Light, which spoke through Jesus or vibrated through Jesus who interpreted those vibrations into words. This Awareness indicates if you recall: "In the beginning was the Word, and the Word was God."

This Awareness indicates that the word is the vibration; the entities using the term "the word" instead of using the term "vibration." "In the beginning was the Vibration and the Vibration as God." This may also be used as the Frequency. It is referring to the highest of frequencies in the creation. In the cosmic, or what you may call in God's creation, the highest frequencies were God, and these highest frequencies are also known as Christ.

Christ is related to the word "crest"; in other words, the highest, the crest of vibrations. This Awareness indicates that in these highest vibrations you've surrendered to this, you are not surrendering to a persona, to a person who might possess your body. You are simply surrendering yourself, your own vibrations, to the vibrations that are the highest available in God's creation.

This Awareness indicates therefore, do not worry about being possessed by a good spirit. You are simply becoming one with the Divine, the absolute Divine Spirit, and you may call this Jesus if you wish or you may call it Christ, or you may call it God, or you may call it the Divine Creator. It is not that important. It is important for you to experience the vibration by surrendering to the highest conceivable vibration you can imagine and knowing that this vibration is all good and is capable of all things that are possible in a universe *It* creates.

This Awareness indicates that when you focus your attention on this, which is the absolute Highest Vibration possible, you will find that it is also the energy of love, it is the energy of life itself, it is the energy of purity that allows for no negative expression in its essence. It is pure being, unadulterated, without tarnish, without any dark spots of negativity.

In surrendering to it, it is likened unto seeing yourself merge with the ocean of life, the ocean of consciousness and not holding back any part of yourself, and not having anything to fear, even though that ocean may be filled with dragons and things that swim, and things that

go bump in the night. You know that because your vibrations are as pure as *It* when surrendered to *It*, that you are much like the water in the sea. What fish, what dragon, what demon of the ocean can attack and harm the water? and if you become one with the ocean, or if you become one with God, if you become one with Divine Consciousness, what demon, what dragon can cause you harm, or fear?

This Awareness suggests therefore, surrendering yourself to the absolute highest is that which allows you to rise above all fears and to have an ascension above personal self, into moments of extreme grandeur, as a Divine Being. If you come back from that experience, grabbing your body, grabbing your name, grabbing your personality and try to claim that you as a person, you as a name, you as a body are God, you will find that you have deceived yourself, for you as a person, you as a name, you as a personality, cannot at the same time be one with God.

These are all parts of self that have to be surrendered to God so that your consciousness becomes God's consciousness, and in giving yourself to God, you have the opportunity to experience the consciousness of God but you can't claim in consciousness that you are God, for you, and identity of self are not the same as the consciousness around you, any more than if you were a fish in an ocean.

You could claim yourself to be the ocean, but you have to give up all identification with fish and self, and become the water, the sea, the ocean itself. You may see your fish body swimming about, but you cannot identify with it and say: "It is me and it is also the ocean!" There is a separation. The fish body is a fish body, but the consciousness of the fish can move into the water and become one with the water. It can honestly say: "I am one with the ocean!" but it cannot, from the placement in the fish as a self and personality, claim to be one with the ocean, while also clinging to self.

In other words, self has to go to become one with God. Thus you surrender yourself and merge with God in the highest vibrations of consciousness, and in so doing, you may have those momentary experiences as One with God, wherein you perceive from the eyes of God the creation itself. From that experience you are still allowed to go back into your physical body and put on your personality and become yourself, and you may even still remember the experience of being one with God.

#### A Rock Is Also Consciousness and One With God

It is important, however, not to think that you, as a personality, as a being, a body, a name, an individual, were God, for you were not in personal terms "God" anymore than is a rock God. This Awareness indicates that if you understand this, and you know that a rock is also capable of being consciousness and one with God, then you may also recognize that from a particular point of view, from a God's-eye point of view, God would consider you and the rock as *Itself*, as being a part of *Itself*, but from the point of view of the rock and the point of view of a personality, you cannot honestly consider yourself as God, for God is so much more than your personality could ever be.

God is so much more than your personal individuality will ever be. But in surrendering your personal individuality and your own personal concept of self, then you move and merge with the Divine Self, which encompasses all things and is known as God.

Let men be on guard against those who flatter and mislead the multitude: their actions prove what sort of men they are. Of the tyrant, spies and informers are the principle instruments. War is his favorite occupation, for the sake of engrossing the attention of the people, and making himself necessary to them as their leader. ...Aristotle

## What is the Merkaba or "Wheels Within Wheels" Mentioned in Ezekiel?

### QUESTION:

A question from Yves Martin, San Mateo, California. He writes: "We have formed a metaphysical study group here in the Bay Area that we call the Family of Light, and have met twice a month for the last two years. We are all very interested in what's going on in us and around us that can improve and enhance our lives physically, emotionally, intellectually and spiritually.

"The CAC newsletter is well-known among our ranks and your answers will be appreciated by all of us. I'm asking Cosmic Awareness for more information about the merkaba, or "wheels within wheels" mentioned by Ezekiel in the Bible. We have been told briefly that the merkaba is a field of light surrounding the physical body and it can be reactivated to be used as a vehicle for our ascension into the next dimension.

"Since we are currently in the third dimension, the merkaba can be used to visit or move permanently into the fourth dimension, and that this dimensional shift could happen at any time now; in fact, we're already forty or fifty percent into it, according to several sources.

"We are told that there is an ancient way of breathing that can actually be practiced in connection with this merkaba activation, and its main effect consists in opening up the heart and reconnecting with the Christ Consciousness. We have also been told that the study and practice of the merkaba is an immense science that is currently being practiced by many entities at all levels of creation.

"This statement alone surprised us. Many of us are practicing metaphysicians since birth and it is the first time we're hearing about it. Does Cosmic Awareness have more information to give about this merkaba?"

### COSMIC AWARENESS:

This Awareness indicates that the wheels within wheels that Ezekiel spoke of had many different levels of meaning. This Awareness indicates that as you know, the universe itself is created of cycles within cycles, within cycles, within cycles, within cycles; all the way from the spinning of the galaxies, in fact the universe itself, down to the spinning of parts of atoms.

This Awareness indicates that each of these spinning cycles or wheels has its own destiny and these spinning wheels create certain vortices that create certain further effects on the reality of things. This Awareness indicates that of course the artificial time-keeping refers to time as it affects certain cycles, the cycle of the year or the cycles of the planets around the sun, and of the moon around the earth.

This Awareness indicates that these are wheels within wheels within wheels, that entities live their lives in, and of course, inside entities are these spiraling wheels of energy that relate especially to the chakras. This Awareness indicates the chakras being certain center points for certain energies, and as these energies move up the spine, the vibrations or each chakra point becomes a higher frequency.

### A Strong 8<sup>th</sup> Chakra Often Produces a Halo Around the Entity

This Awareness indicates that as these frequencies increase in their vibratory rate, entities' bodies become more filled with that frequency and vibration so that by the time the higher chakras, the pineal, pituitary and that which is the 8th chakra, which is outside the body, above the head, and is equated to the Christ Chakra, by the time entities move into those levels, the aura or

Light Body around the upper part of the entity's form is quite strong.

Thus, when the Christ Chakra, the 8th Chakra is strong, a halo is often seen around such entities, a strong halo. This Awareness indicates this of course is the beginning of the formation of the Light Body and the physical body becomes less important to such an entity for the body itself is merging into Light, and when it totally merges into Light, the Light Body is capable of ascending beyond the physical dimension into a higher expression, a higher dimension.

### Light Bodies to Ascend Into Next Dimension In 2012

This Awareness indicates that *It* sees this as part of the process that will take place between the present time and the year 2012 or 2013 approximately, wherein at such a time, many entities will ascend from their physical bodies into Light Bodies and into a new dimension in which the earth also sheds its heavy dark qualities and creates a Light Body that follows these entities into the next dimension.

This new Light Body is likened unto a Blue Planet which entities will follow and experience. It is what the *Book Of Revelation* referred to as having seen a new world. This Awareness indicates that this new world comes into being, but the old world does not die. It simply falls into a deeper darker dimension, and those who have attached themselves to the heavy materialism, and negative forces, will remain attached to that old world which goes into a darker dimension.

This Awareness indicates that by meditation, by working on these chakras, by raising the vibrations of these chakras, by focusing on the chakras that appear to be weak or dark, entities can raise the vibrations, beginning with the lower chakras, and raising them throughout the body to the higher chakras, entities can indeed speed up those higher chakras simply by focus, by meditation, by recognition of Divine Energy flowing into each of these chakras to strengthen and to speed the vibration available to these chakras.

This Awareness has given various meditative procedures; the Meditation of Disappearance; the Meditation of the 7 Colors; these are helpful also in bringing these chakras into higher frequencies, and as they increase in their frequency, they each open, releasing new energies to affect the next higher chakras. This Awareness indicates that also the Development Classes this Awareness has given are designed to open these chakras. They are quite elaborate and cannot simply be presented as a few words of information. They are approximately of 20 to 30 hours of information and ritual.

### Other Ways to Open Up the Chakras

This Awareness indicates, however, there are also other ways whereby entities can help to open chakras. This Awareness indicates the key appears to be related to bringing in the higher frequency of Divine Love into one's life, and if you can focus it on the various chakras, that will help to enhance and speed up its effect and as each chakra opens, it creates an opportunity for opening the next chakra above it.

The heart chakra being one that equates to the Christ-like energy, but that there are also four other chakras above that, and this Awareness indicates that the highest or 8th chakra as that which is the true Christ Energy. When one experiences the opening of the 8th chakra, the light above the head, the chakra outside the body and approximately 6 to 8 inches above one's head, that chakra as the Christ chakra is that which would suggest the entity has become One with God and one who is

Christed or christened with Divine Energies and consciousness.

This Awareness indicates, of course, that chakra also must be maintained. It is not that simply that it suddenly opens, and once opened, never closes, for one can have chakras open and they may also close if one does not keep them opened. The highest chakras, especially the 8<sup>th</sup> chakra, remains open when the others are open and one totally surrenders to the Divine Frequency of Universal Creation, the Frequency of God.

When one *totally* surrenders, to become One with God, the 8<sup>th</sup> chakra opens, but one must be in continuous surrender to keep that chakra open. This Awareness indicates that *It* is not attempting to suggest that entities have to keep the chakra open all the time. An entity may need to work on the brakes of his car, or do the dishes, or housework or yardwork and it is very difficult to focus on the 8th chakra, total surrender to God while doing other things, and the entity may find that while doing these chores, the 8th chakra closes somewhat.

This Awareness indicates that the entity may find himself or herself frustrated because the lawnmower doesn't work right, and in jerking at a vine, the entity may feel anger and the energy may affect the 8th chakra so that it tends to close somewhat.

There is no harm in this. It is important, however, to realize how to re-open the 8th chakra; that you can control these chakras at will by surrendering to the Divine and experiencing the Divine energies of the 8th chakra at times when it is important for you to understand things better, and that it is also important to know there is a time when you need to pull weeds, and you may feel the extra energy from the adrenaline gland when you are angry at the weed; this can help you pull it better.

This Awareness indicates in other words, there is a time for mundane activities and a time for spiritual activities, and these things do not have to always be of the highest spiritual expression at every moment of your life. You can also realize that the pulling of a weed can be a spiritual experience, even if the weed causes you some discomfort.

This Awareness indicates that the important thing is to realize that the more you accent and focus on the higher vibrations, the quicker you will reach those levels of vibration yourself, wherein you can step off of the darker world and into the lighter world of the Blue Planet as it ascends and separates from the earth in its present dimension and goes into yet a higher dimension, shortly after the turn of the century.

**FOLLOW-UP QUESTION:**

Are we, as suggested in the question, already 40 to 50% into this new change?

**COSMIC AWARENESS:**

This Awareness indicates the word would better be stated as 40 to 50% *prepared* for the change. This Awareness reminds you that magic is in the preparation and magic is the change in consciousness. Therefore, the preparation that is occurring is changing consciousness for the new creation and new experience that is to come.

**FOLLOW-UP QUESTION:**

In his question, is this statement correct? "We have also been told that the study and practice of the merkaba is an immense science that is currently being practiced by many entities at all levels of creation."

**COSMIC AWARENESS:**

This Awareness indicates that this is somewhat correct, even though most of these many entities referred to may not comprehend their practice under that name. It is

not as though they were taught this term in practicing their spiritual evolution and the work that comes through the heightening of the frequency of their chakras, and raising the levels of their consciousness within their psyche.

This Awareness indicates in other words, the term as that which is not as commonly known as the entity believes from the information he has received.

**EAR-CONING: THE PROS AND CONS**

(Can It Remove Implants, Make You More Aware Etc?)

**QUESTION:**

Another question from this entity. Awareness has given some information on this, but this question appears to have another possible aspect. He writes:

"Several times recently we've come to something called ear-candling or ear coating. The patient lies on a massage table on his right or left side. A conical hollow candle, made up of wax material, sometimes sprinkled with herbs, is gently introduced in the ear, while the other extremity is lighted up.

"A powerful vortex of heated smoke is produced in the hollow cone that reaches down into the ear, but gently. The attendant makes sure the burnt-up wax material of the hollow cone or candle is cut off once in awhile with scissors and extinguished in a bowl of water. Excess wax drops down into the remaining cone and cools before reaching the ear opening. There is almost no sensation of heat in the ear, and when done properly, the entire operation is safe and benign.

"Once the coning is finished with one ear, the person lays down on her opposite side and the other ear is treated similarly. The entire operation can be repeated several times for each ear, using each time a new hollow candle or cone. It depends on how the patient feels. People have reported a sense of increased awareness, clearer perceptions, process and clearing of past experiences and karmic conditions, even the removal, elimination, or deactivation of etheric implants of alien origin, mostly the work of the Greys.

"It seems that the element of fire, coupled with the will of the operator and belief and cooperation of the patient produces a sort of "magical atmosphere" that has definite benefits. Does Cosmic Awareness have more information about this practice? What forces are at play here, other than what we mentioned above? We've been told it was a healing practice among the Atlanteans, Mayans, Egyptians and Tibetans and that it was also used in connection with initiations to open up the spiritual centers and cleanse the physical, emotional and mental bodies.

"Does Cosmic Awareness have something to say or to add to this practice of ear-coning? Would it be of benefit to have one's ears coned?"

**COSMIC AWARENESS:**

This Awareness indicates it appears that if done properly, it can indeed be very beneficial. This Awareness indicates that in general, most of the information that you have given is correct. This Awareness indicates that another aspect that is missing from your description is that the action of creating the fire at the outer edge of the cone is such as to create a kind of pulling effect, likened unto a vacuum pulling certain energies out of the ear.

This Awareness indicates that it has long been a practice and recognition that a fire burns negative thought-forms, and when entities buy a home or enter a room, they may find that taking a candle from corner to corner, and burning out the thought-forms, tends to clean the

room of negative thoughts that may have been there left by others.

#### Ear-Coning Can Pull Out Negative Thought-Forms

The same can be said of this action in that the fire pulls out negative thoughts from the individual's own head, for these thought-forms can be stuck within the entity's head, and may move around within the entity's head, and may remain there for years as thought-forms from different experiences and therefore, when a fire is placed in this vicinity, these thought-forms are drawn to the fire and eliminated. This in reference to negative thought-forms in particular.

This Awareness indicates, however, *It* does wish to caution entities that this is not without some danger, and that playing with fire over an entity's head and melting wax can be hazardous if it is not done quite carefully.

#### QUESTIONER:

There must be something good in the practice because the FDA has been raiding stores lately that sell these candles and confiscating them.

#### COSMIC AWARENESS:

This is in the affirmative.

#### Will Ear-Coning Deactivate Implants?

#### FOLLOW-UP QUESTION:

Is this information about ear-candling deactivating etheric implants of alien origin valid?

#### COSMIC AWARENESS:

This Awareness indicates that this appears to have some validity, depending on how the implants have been put in, and the types of implants. It appears to be beneficial in the case of almost all implants in that these implants give off thought-form energies, give off certain vibrations and frequencies and these vibrations and frequencies form a kind of thought-forms or magnetic forces and energies that can be burnt off through the use of these candles.

This Awareness indicates this does not mean that the implants which may still remain are incapacitated. They may not necessarily be incapacitated, but the effects may be reduced for some time after this process has been used.

#### FOLLOW-UP QUESTION:

He mentioned that this ear-candling also increases awareness, clearer perceptions, processing and clearing of past experiences and karmic conditions ...

#### COSMIC AWARENESS:

This Awareness indicates that this as part of the burning off of thought-forms that may be lingering inside the head of an entity. This Awareness indicates that in regard to burning off such thought-forms, entities can also do this simply by holding candles near their head. It does not have to be through the use of these candles inserted into the ear.

This Awareness indicates, of course, one must be extremely careful not to burn one's hair during such activity.

Ed's Note: The way you avoid burning the hair is to punch a hole in an old pie pan or aluminum pan, stick the ear candle through the hole and let the plate rest on the side of your head over the ear. The bottom of the candle goes into the ear and the burning part is above the plate, which will catch any dripping wax without it touching your hair or skin. Although the FDA busted ear candle shops and put the makers out of business, I checked on the Internet and found "Spirit Breath Ear Candles" at <http://www.heal-all.com/candles/prices.html>

You can order them direct or write Healthy Alliance Publications, PO Box 2272, Winter Park, FL. 32790 or phone 407-339-4050

## More Benefits of Sharing Information

#### CLOSING MESSAGE:

This Awareness indicates that people are beginning to look beyond the experts of religion and medicine as presented by the mainstream, for something that offers more or better service, and in the looking for something else, people are finding these things. They may need to look for activities, methods, teachings from other lands, other cultures, but in the process, someone finds something and within months or years, it is available for others and others may also share in the benefits of that new discovery.

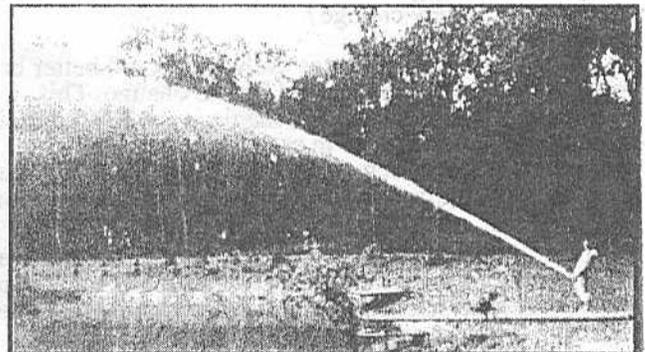
That is part of the result of an ever-growing communication system that spreads throughout the world and makes the world a little smaller, and the community a little larger for everyone, so that they begin to learn from each other, even when the other is across the world in another land, another culture, for many of these cultures have part of the answer, or part of an answer, and when communication begins to spread around the globe, many entities who have some of the answer, find more of the answer from others elsewhere who also have part of the answer.

This Awareness indicates that this is an action that eventually will lead to greater and greater discoveries by all of humanity, so all may benefit by the sharing of information, and in that sharing and gathering of information, more insight will be made available for each probing mind, so that eventually, more and more knowledge and understanding of the mysteries of life and the ways whereby life can be improved will become available to all.

Thank you. (The Law of Gratitude is given)



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Beer and Viagra  
Don't Mix!

Wisdom of Awareness...

On the Results of Violence

... Violence does not deliver anything but further violence. (80-30)

## Wisdom of Awareness...

**A Message to Teenagers**

This Awareness indicates that the ages 16 through 22 are the ages where body and mind are in conflict, for those of these ages are those that represent an idealism, and this idealism is that which is created without careful understanding of example; and when that ideal, and those ideals are smashed into bits by environment and circumstance, then those of these particular ages are those that walk down strange streets, that meet with adversaries they are not able to cope with.

This Awareness suggests as a solution to this problem that those of these particular ages understand that the gods and heroes that they establish and build are those that need to be built with caution, for those on the physical plane are those who have created false gods and as these gods fall asunder the pieces shower upon them causing tragedy, sorrow and suffering.

This Awareness asks those who are young to worship that which is *within* and understand that all that is created in reference to form and which is god-like is that which is within and without.

This Awareness suggests that in reference to those who shall soon guide many of the ages of 16 through 22, that there be established for those entities that understanding of moral and ethic example through that actual recognition which does not place those who are entities acting other than the will of this Awareness in positions of high estate—those of great soldiers or statesmen, actors or actresses, are those who from the ages of 24 through 34 are not set up as examples to revere.

**Creating that Symphony Called Love**

## CLOSING MESSAGE:

This Awareness indicates that for many years and for many lifetimes, this Awareness has watched the movement of these many forces in and out of various bodies, in and out of various situations, in and out of various activities and attempts to come together, only to see them fall apart.

In looking at all this activity, the rustle of these forces is likened unto a symphony of life wherein the nodes or notes or individuals move through their roles only to appear in one measure of life and disappear and show up again in another; that these various disappearances and reappearances as that which is likened unto the echoes of themselves.

Occasionally the entity touches on this reality, touches on his own reality and realizes who in fact he really is, regardless of all the other harmonic chords and dissonant chords that are, at the same time, impressing those vibrations upon him.

Occasionally the entity discovers his own note and discovers his own truth, and discovers which of these forces and notes and vibrations and dissonant chords are his own identifications and which are those of others. In this manner, the entities begin to discover themselves in relationships with others, rather than simply seeing that dissonant chord and rebelling against the whole thing and identifying with the chord and saying, "I hate myself."

This Awareness indicates that entities in discovering their own note, their own being and seeing the relationship of their being when it comes in contact with others whether there is harmony or dissonance, as those who are capable of creating that symphony which is called love.

Force always attracts men of low morality, and I believe it to be an invariable rule that tyrants of genius are succeeded by scoundrels.

...Albert Einstein

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Excerpt CAC Reading 2-9-27-89 Paul Shockley Interpreter  
More on the Symbology In the Book of Revelation...

## THE SECOND COMING OF CHRIST (Is a Physical Appearance Today Really Possible?)

### QUESTION:

One final question from Walt Williams. He writes: "I know Awareness has stated that the Second Coming is the awakening of humanity to the Christ Consciousness already present within us, but does this necessarily preclude the possibility or probability of a great soul assuming human form for the express purpose of guiding the masses within the New Age metaphysical movement, and anyone else who might suspect that there just might be a greater truth than fundamentalism; into the twentieth century, or is this simply not on the Cosmic agenda? I think this is a fascinating and particularly significant subject as we prepare to enter the final decade of this century, and would be grateful for whatever shards of light Awareness may deem fit to shed on this question. Thank you."

### COSMIC AWARENESS:

This Awareness indicates that the Second Coming, as presented in the *Book of Revelation* in its original meaning and symbology, as that which was intended and understood by those who were involved in the secret mystery schools, from which this writing was taken, to represent the Second Coming of the Christ-Light to the individual, in the sense of the rapture that occurs within the individual upon the realization of the Christ within.

This Awareness indicates the seven churches as the seven chakras. The symbolism in the *Book of Revelation* is essentially metaphysical in nature. The reference to the Beast as that which relates to the pineal. The reference to the seven seals, that are opened by the angels, as that which relates to the opening of the chakras to expose the various evolutions, spiritual evolutions that take place within an individual. The great earthquake that occurs in the *Book of Revelation* relates to the opening of the pineal.

This Awareness indicates that as the pineal and pituitary merge, working together, it opens the entity's consciousness to the higher realms, to the realm of realization that the universe is a living being, and that each entity is a reflective part of that universal deity.

This Awareness indicates that if in this time of this age, an entity poses as a personal representation of the Christ, takes on a personification role, pretending to be

the Enlightened One returning, or the Christed One returning, and if the masses should choose to believe that lie, and if the entity, in portraying that role, effectively can lead the masses into higher levels of consciousness, into higher spiritual realities, this will be a matter of social phenomena, rather than spiritual phenomena, and has no connection whatsoever with Biblical intent in regard to the original meaning of the *Book of Revelation*, other than that it is a plagiarism taken from the *Book of Revelation* and acted out on the stage of life.

This Awareness indicates it will not be the first time, for passion plays that have taken place in the mystery schools have previously been acted out on the stage of life.

### The Story of Christ a Passion Play of the Mystery Schools

This Awareness indicates the story of Christ, the story of Jesus, as portrayed in the New Testament, is basically the story plot of the passion plays that are used in the secret schools, that were used in the secret schools of the time, in which the candidate to be initiated was sacrificed symbolically, and in which the entity being sacrificed did not know for sure but what, indeed he was being led to slaughter, but the entity, upon reaching the point at which he feared he might be sacrificed, would need to remain courageous even in the face of death, and then the entity, experiencing psychologically, the act of coming face to face with death, of losing everything that was himself, was suddenly freed, resurrected, again brought back to life in a higher form, initiated into the higher order of the secret school.

This Awareness indicates that the action as told in the New Testament portrayed this as an actual event acted out in a society as a reality.

This Awareness indicates that likewise, the New Testament *Book of Revelation*, as that which could be used as a plot for future dramatizations on the earth stage.

This Awareness indicates that it can also be interpreted from symbolic level as certain events occurring now can symbolically be presented or represented by elements within the *Book of Revelation*.

This Awareness indicates that likewise, past history, if studied carefully from their perspective in the 16th century, in the 12th century, and in other centuries in which entities of the time studying the *Book of Revelation* could also see parallels in their time to those events portrayed within the *Book of Revelation*. It is a book that can be applied to any time, to any generation, much like the Tarot cards can be applied to any situation in symbolic meaning.

This Awareness indicates the literal expression of the *Book of Revelation* could occur if entities put forth the effort to make these things occur, and if attention was called to the masses to observe how what is occurring parallels the script in the *Book of Revelation*.

This Awareness indicates that it would not be out of line for certain entities to use the script as written in the *Book of Revelation*, particularly those who want that book to come true, to follow the script, and to bring about events that would justify and verify the events as described in the script of the *Book of Revelation* in a kind of interpretation which they perceive as being implied in their perception of its meaning. But it would not necessarily follow the intended purpose and meaning of the script, for the *Book of Revelation* originally was written for the mystery schools, with symbolic meaning that was essentially metaphysical in nature relating to chakras, relating to the movement of energies up the

## A Blessing to All Who Read These Messages

### QUESTION:

Thank you. Does Awareness have a closing message?

### COSMIC AWARENESS:

This Awareness indicates that at this time, *It* wishes to extend a blessing to all entities who read this information, to extend healing energies to all such entities, to give to those entities and to all those entities whom they come in contact with, the blessings of this Awareness, the energies which this Awareness touches in regard to the Christ-Light energies. That these Christ-Light energies be directed to these who come in contact with this information, and to those who are associated with these who are in contact with this information, so that this Christ-Light begins to spread and flow from one to the other, and again to others beyond.

This Awareness indicates that this energy is that which is seen as carrying certain healing value and as carrying harmony and prosperity and benefits and joy for all. That this energy as that which this Awareness wishes, at this time, to extend as a flowing energy, ever-expanding to the masses on this plane.

This Awareness suggests that this to be a flash point, wherein entities throughout this plane experience another increment of progression in soul growth, in spiritual attunement.

Thank you. The Law of Gratitude is that sense of satisfaction where energy which has been given receives a certain reward.

spine, relating to certain psychological experiences, and relating to the experience of rapture that comes to an entity upon the recognition and atonement with the Christ Consciousness within.

### "Second Coming" Essentially the "Born Again" Experience

This Awareness indicates that the Second Coming is essentially the same experience that many Christians refer to as the Born Again experience.

This Awareness indicates it is essentially the act of letting go of self, letting go of all things, and embracing the Christ Consciousness with all one's might and all one's heart. Therein lies a sense of being enraptured.

This Awareness indicates that as consciousness raises in spiritual evolution, entities move more and more to embrace that which is called Christ Consciousness, so that eventually every third eye, every pineal, every eye shall see Him. Every eye shall witness the Christ Consciousness; every individual, every identity shall experience the oneness of that ultimate vibration; and this, indeed, will be experienced as the Second Coming, or the Coming of the Christ.

This Awareness indicates that this does not rely on television, as many entities today believe, that television has made it possible for all entities to see Christ coming again, in physical form as the entity chooses. This Awareness indicates that *It* is referring to psychological recognition, rather than visual recognition.

Excerpt CAC Reading 5-8 5-20-93 Paul Shockley Interpreter

## HOW THOUGHTS CREATE REALITY

(Why Many Manifestations Do Not Occur)

### QUESTION:

A question from ChrisLargent. He writes: "We often hear it said that thoughts create reality. But of course, if I think about being wealthy, I don't automatically become wealthy. We are also warned about the power of negative thoughts, yet, if I think about harm befalling say, Senator Bob Dole, harm does not necessarily befall Senator Dole. Could Awareness explain about what's really involved in thought creating reality and such things as will, intention, collective consciousness, whole belief systems and even karma?"

### COSMIC AWARENESS:

This Awareness indicates that thought, when held steadfast can bring about manifestations. This Awareness indicates there is the question of how one can manifest a reality and many entities will take a few seconds to image their dream and then move back into their own reality, which does not accept their dream, and these entities wonder why their manifestations don't occur.

### The Importance of Staying Focused

If entities can hold their thoughts steadfast long enough, they can move mountainous concepts into manifestation. This Awareness indicates that it is extremely important to keep the focus and this means holding your concepts in your mind, perhaps for a long period of time, not just once in awhile.

This Awareness indicates that also, one must remember and realize that the thoughts of others have their influence on many of the manifestations. When one begins to manifest a reality that affects others, he or she must realize that the others involved may have their own agenda and manifest something different.

This Awareness indicates one entity cannot manifest and change the whole world to suit himself simply by

visualizing a world in which he or she dominates. This Awareness indicates that it is often said that you create your own world, but this is only true to a limited degree. You create aspects of your own world by the way you think, by the way you image, by those things you draw into your life through your thinking.

This Awareness indicates that many entities are quick to criticize someone else for not having their life together, and they will say: "Well, it's your problem, you create your life! You create your own world, so why tell me about it?" But it is often fact that the person cannot alter certain facts of his or her life. Perhaps other people are meddling in your dream. Perhaps other people are stomping on your visions. Forcing you to live a life does not have room for your wishes.

In other words, entities can interfere with each other's dreams by their visions and one person cannot always create his or her life just by what he or she visualizes. Entities must take into account the influence of others in creating the collective reality. This Awareness indicates that if this hasn't answered the question that was asked, that those areas be restated which need more clarification.

### AVATON:

The basic question was: "Can Awareness explain about what's really involved in thought creating reality and such things as will, intention, collective consciousness, whole belief systems and even karma?"

### COSMIC AWARENESS:

This Awareness indicates that will essentially has much to do with one's ability to hold steadfast in his or her focus. Collective consciousness has been discussed in that collectively entities create the collective reality that each must live in. An entity can pretend that what is

## THE WORLD'S VIEW OF US

HENG  
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SINGAPORE  
SINGAPORE



the collective reality is unreal, and create for himself his own private reality which others would call unreal, but it is very difficult for one entity to have much of an impact on the collective reality of all.

### How to Influence Collective Reality

The only way this can be possible is if that entity can get others into visualizing with them or with her in such a way as to collectively alter the image of the reality. Thus, an entity may move into a high position of social influence and in that position of social influence may get others to contribute their energies and together, they may influence changes in the collective reality and thus have some effect on reality that is greater than any one individual could do alone.

This Awareness indicates that belief systems play a part in that if entities collectively believe something, it can help to bring about an influence through their beliefs on collective consciousness. This Awareness indicates in reference to the question relating to karma and the role of karma on manifesting a reality, this Awareness indicates that it is so broad a concept that it is not clear as to what the entity asks in this regard.

### The Role of Karma In Creation of Reality

Can karma play a role in collective creation of reality? This Awareness indicates of course it can, or perhaps it won't. Karma is not directly involved in the focusing unless it is somehow stimulating or influencing one to focus on some manifestation, but karma is not necessary for focusing on a manifestation or an effort to manifest. It might have some influence on what an entity wants to manifest.

This Awareness indicates that *It* does not see a direct correlation between manifesting reality and one's personal or private karma, although *It* acknowledges that an entity may have a karmic destiny to acquire considerable influence of such nature as to alter collective consciousness.

### The Karmic Destiny of Adolf Hitler

This Awareness indicates for example, the entity Adolf Hitler carried in considerable influence that led him to rise in power through some karmic destiny, to give him the influence necessary for his fulfillment of his destiny. This Awareness indicates that in most cases however, karma is not something entities can manipulate or call on to use for manifesting some event or situation.

If the karma itself dictates a particular lifestyle or circumstance in one's life it could be an element in the manifesting process.

From the Cosmic Laws of Cosmic Awareness...

## THE LAW OF CORRESPONDENCE

This Awareness indicates that an ancient axiom of Hermetics states:

"As above, so below."

This Awareness indicates that in ancient times this *Law of Correspondence* was clearly understood by entities because entities were not bombarded by thought, words and ideas to the extent that they are today in this present plane. This Awareness indicates, "As above, so below," to the ancient was a clear and meaningful experience. For prior to the multiplication of words, where few words were used and the words were simple, entities knew how to look beyond the words at the meanings, whereby the words stood halfway between the seeker and the sought, and the words themselves were like signposts pointing toward a city, rather than the final destination for the questioner, as in present time, whereby the question is asked and the words are answered, and the answer is the final movement of the mind which perceives no further than the word which was given as an answer.

This Awareness indicates that for the present mind, this Awareness shall elaborate on the true meaning of the *Law of Correspondence*: 'As above, so below.'

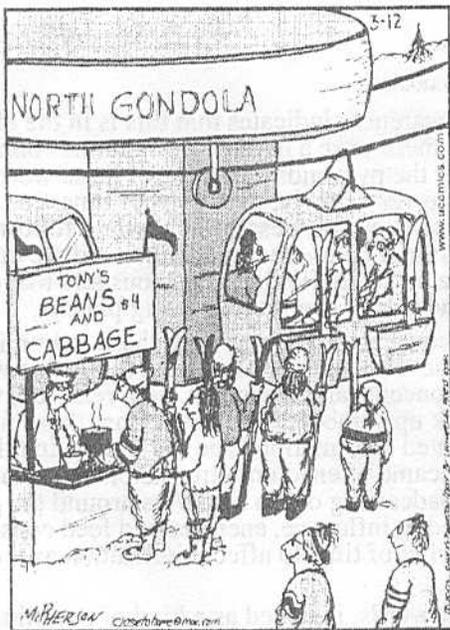
As it is above, so likewise there is a corresponding action below. As it is within, so likewise there is a corresponding action without. As it is in the past, so likewise there shall be a corresponding action in the future and in the present.

Yet these correspondences are not exact; are distorted, likened unto a reflective mirror which does not have a perfectly flat surface. This Awareness indicates that as the cycle of one level is in correspondence to the cycle of another level, so likewise the souls of one entity have a correspondence to the souls of humanity which make up the cells of the body of this Awareness.

(ED'S NOTE: For further elaboration on this Law, please refer to Vol. 3 Lesson No.1 of the Correspondence Course),

## Subject: New Fuel Gauge!





Bad moments in skiing.

Excerpt CAC reading 7-14-92 Paul Shockley Interpreter

## WHAT USE WERE THE PYRAMIDS? (Why Were They Built In the First Place?)

### QUESTION:

A letter from Charles Sinex, Virginia Beach, Virginia. Awareness has given some of this information, but I'll try to read his question here, which is sort of hard. It's written in long-hand. "I have just had a quadruple bypass surgery after cardiac arrest. I seem to be mending well, but would greatly appreciate the blessings from CAC and Awareness.

"Since I didn't see the White Light I assume I am still here for a purpose. I hope when the time is right, CAC would ask Cosmic Awareness some questions about the pyramids of Giza. Since I was one of the architects, I wonder about all of the books that have been written about the prophecies built into the corridor measurement. Also, books about the former uses of the pyramid, including the Sitchin books.

"Could you ask Cosmic Awareness what uses of the pyramid were made, it's purpose and any future it may have as far as mankind is concerned? What is represented by the pyramid and is it a model of the universe or of the development of mankind?

I am so thankful for Awareness and CAC. It has really been a lifeline to me. I wish you all great blessings and happiness. Thank you."

### COSMIC AWARENESS:

This Awareness indicates the pyramid essentially was created as a symbol to represent society of the future. The action of creating a pyramid shape symbolizes civilizations spreading out from a central point. The point of course, being Egypt and the land of the pyramids; spreading that civilization outward and downward into lesser civilizations. It symbolized hierarchy as well as structure and the spread of authority through the masses. This Awareness indicates it was not so much a symbol of the universe as a symbol of mankind, of humanity in a civilization. It was designed to create that symbolic image in the minds of entities to associate their thinking with the hierarchy system of knowledge coming down from above and being spread throughout the world and also the concept of climbing toward that knowledge, toward that all-seeing eye, toward the peak or point of power which does not ever fully materialize.

The pyramid, being flat on top symbolized power without its capstone, symbolized the incomplete search for power, whereby one never reaches the apex. This Awareness indicates that these are loose subjective symbolisms in the pyramid. There were also more specific symbolisms in the chambers and corridors which have been written about extensively in many books and it is not seen as necessary to reiterate what is already available.

This Awareness indicates the symbolism also represents the sense of permanency and stability, going out from a center point toward a wide base symbolizes extreme stability and security. This Awareness indicates that this stability being part of a society gave entities a feeling of permanency and a feeling of security with and in their society. If nothing else holds together, the pyramids hold together and there is always something that entities can turn to find something solid in their lives.

Therefore, it became a symbol of solidity and permanence. It gave many entities security or a feeling of security, even if it was based solely on a vicarious symbol.

## THE ALIEN CONNECTION?

(Only the Pyramid of Cheops had Alien Assistance)

### FOLLOW-UP QUESTION:

It was not some alien marker of possession such as the pyramid on Mars that Awareness indicated was a marker showing ownership by the Jehovah or some other alien?

### COSMIC AWARENESS:

This Awareness indicates that there were extraterrestrials involved in helping to bring the great pyramid of Cheops together. The following pyramids were built mostly by slave labor. The pyramid of Cheops appears to have been built largely through alien technology, using sound and vibration and anti-gravity for levitating of the stones.

The great pyramid was built in this manner, with foundation base partly laid for the second pyramid, but not completed. The second pyramid was partially placed as a kind of challenge for future generations because in the future generations, being faced with a completed pyramid and one that was only built to the point of a foundation, it left challenge for completion.

A pattern had been completed and an incomplete pyramid resulted in a challenge. The originators of the first pyramid knew that such a challenge would require civilizations working in harmony to complete the second pyramid and this would in turn cause that society to



become organized in a hierarchical manner, with leaders at the top and subordinates lower, and slaves at the bottom, and thus would force the future generations to become an hierarchical society in order to complete the task which was presented to them as a challenge.

Thus, not only did the first generation complete the pattern pyramid, the original, but it created a challenge and knew that the challenge would bring about the activities symbolized in the first pyramid; the symbology of a society built on hierarchical principles.

This Awareness indicates that once the second pyramid had been built by such a civilization, it left the next civilization, the next generations the task to repeat, and thus, the pattern of society was implemented by the alien influence from the first pyramid and its partially completed foundation of the second.

This Awareness indicates the hierarchical society of Egypt then spread to other civilizations as governments in the societies and gradually evolved into the kingships and monarchies of other places throughout the world.

This Awareness indicates the Greeks received much of their philosophy from Egypt, but also the Greek alphabet was a spin-off from the Sumer alphabet of the Akkadians and Sumer's civilizations, and thus, the Greeks, being influenced from two different sources of ancient technologies became creative.

Creativity comes about from conflicts and from the merging of different ideas and the Greeks, coming into contact with the ancient Sumer influence, Akkadia and Egypt, received different ideas from very different sources which they merged together, and this helped to lead them to the concepts of the Democracy and of the Republic as social forces.

This Awareness indicates therefore, the societies of this nature developed under Greek influence which altered the hierarchy societies of Egypt.

### ANY FUTURE USE OF THE PYRAMID?

#### FOLLOW-UP QUESTION:

What uses if any, would the pyramid have in its purpose for anything in the future?

#### COSMIC AWARENESS:

This Awareness indicates it once served as a kind of navigational beacon for flight during the time of Atlantis and thereafter, when flight was still occurring. There were extraterrestrial voyages to earth and from earth during these early times. Many of these ceased to exist later, but during these early times, the pyramids were much like your lighthouse is to a ship.

#### The Purpose of the Lines of Nazca

This Awareness indicates the lines of Nazca in South America were designed to point in certain directions to help incoming extraterrestrials to locate the direction they were to go. When these craft went far enough in that direction, they might come in contact with some special point in Atlantis or with the Egyptian pyramid or some other special landmark and thus, by use of these monolithic structures they would have a navigational system to help them find places on earth.

### MUMMY ENERGIES AND THE PYRAMIDS

#### FOLLOW-UP QUESTION:

Did the pyramids have anything to do with the energies of various mummies hidden in that area? Did it have anything to do with the energies these mummies were putting out to control consciousness?

#### COSMIC AWARENESS:

This Awareness indicates that this is in the affirmative; that there were a number of mummies buried within and under the pyramids and some of these were such as to emanate very slowly, over eons of time, certain amounts of consciousness, which would follow the lines of the pyramid up to the top and then radiate out into the biosphere, into that field of consciousness that exists around the planet as a kind of living plasma.

These concepts, radiating from these mummies, would serve those who were sensitive and telepathic who could pick up concepts and ideas that were released, who could pick up symbols or feelings from those mummies who radiated information. The mummies, in other words, became likened unto transistors in a transistor radio, broadcasting out to receivers around the globe and this helped to influence, energize and feed consciousness over a period of time to affect civilization as it developed.

In other words, it served as a kind of psychic programming device to the consciousness of the earth; a kind of time release programming system that gave off energies with suggestion and information to be received by entities at certain times in the history of earth.

#### Mummy Energy Today Is Changing Our DNA

This Awareness indicates that it is this energy that will have an effect in the next century of releasing the DNA vibrations or ... This Awareness indicates there is that which is called the double helix in the DNA of humans, but there is also that which once had twelve helices or helixes rather than two, and these twelve, having been tampered with and blocked by forces who wishes to retard or prevent the human from using its full potential, reduced it to double helix, or to using a fraction of consciousness that is available to humans.

This Awareness indicates that as the consciousness in the pyramid mummies begins to alter and change and rise in frequencies, it will change the genetic make-up of humans on earth so that eventually the twelve helix DNA becomes a reality, and humanity has total godhood as its final stage.

#### FOLLOW-UP QUESTION:

Will man also be smarter, using more than the ten percent of the brain capacity?

#### COSMIC AWARENESS:

This is in the affirmative. The ten percent of the brain capacity is due to the inability of the DNA to function more than approximately ten percent of its capacity.

#### FOLLOW-UP QUESTION:

This entity Charles Sinex says he was one of the architects. Did he reincarnate for that particular job as an Egyptian, or did he come from some other system to work on this pyramid?

#### COSMIC AWARENESS:

This Awareness indicates that the entity appears to have been one of approximately four hundred architects that worked together on construction of the system. This Awareness indicates that it appears he was schooled in this kind of mathematics and procedures that allowed him to become professional in his field of expertise and as one who knew how to do the job, he was selected in this kind of operation, along with many others.

The entity was an earthling, not an extraterrestrial in that lifetime.



### The Cosmic Awareness Spiritual Development Course: ARIES: Volume 1, Lesson No. 4

**Question:** Awareness, we are gathered here tonight for the fourth lesson in the Correspondence Course. The fourth lesson being the individual becoming aware of itself and its environment and its relation to its environment in a manner that allows it to become sensitive to that which is called pleasure and pain. The role of pleasure and pain is also discussed.

#### COSMIC AWARENESS:

This Awareness indicates as the organism, the part of consciousness, the entity, the individual, the self - as this becomes aware of the extreme of polarities, as this becomes aware of the intensities and the differences in the world around, as this becomes aware of the "me" and "not me," as this becomes aware of the "do" and "don't" in life - the areas which are allowed and those areas which are not allowed, the actions which are approved and those which only receive "disapproval" - as the entity or the part of consciousness becomes aware of these different limitations and begins creating its own value judgments on this or that type of activity based on its own personal experience, the entity then begins to make finer distinctions and finer refinements in terms of what is proper and what is improper.

These discernments and distinctions, these concepts of proper and improper, generally are brought about by the influence of forces which bring about pleasure or pain to the entity. This may be a psychological pleasure or psychological pain, as well as a physical pleasure or pain, for often the psychological forces are just as much a part of molding the entity as are the biological forces.

This Awareness indicates that the pressure from the peer group, the pressure from the family, the pressure from the society in general, and the pressure from the cultural and religious and moral ethics of any entity and his or her associations, does have much to do with the values which the entity does accept as bringing about the pleasure of that entity's life and experiences.

This Awareness indicates these have much to do with the molding of behavior. This Awareness suggests this may be termed the "comfort zone" of the organism. Wherein the organism learns to survive under certain types of behavioral patterns, this becomes the comfort zone.

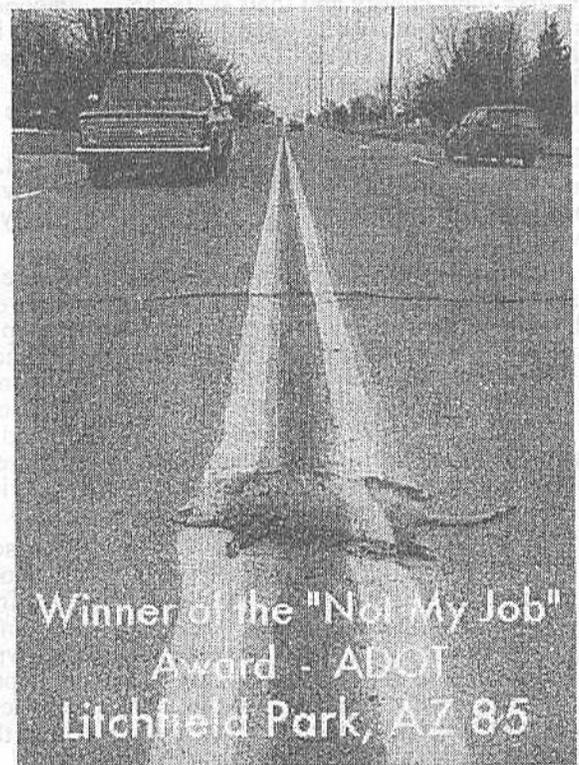
This Awareness indicates that the comfort zone also allows the entity certain areas wherein that individual may express himself or herself freely. This may take place in certain forms of rebellion against those forces which do hold restriction upon the entity.

This Awareness indicates this rebellion may occur in ways that are not of a destructive nature, or the rebellion may occur in ways that are destructive, wherein the entity feels safe and secure in such rebellions, or the rebellion may occur in such blatant actions that the entity does not care whether or not he or she is punished and caught.

This Awareness indicates that wherein the rebellion occurs in areas that are relatively harmless to the outside environment and the forces of restriction, this allows the entity the feeling of some dignity and self-expression which releases certain types of frustrations and hostilities that have been bottled up by those restrictions and forces imposed upon the individual by the environment and its forces.

This Awareness indicates that wherein the rebellion occurs in a manner that is hidden and unseen by the environment and its forces, such as through theft, through deception, through manipulation, through other hidden acts of destructiveness or through a rebellion against self, or through rebellion using certain psychic sources against others or against self for purposes of destructiveness - this does have deeper ramifications and can become a problem for the entity.

This Awareness indicates this problem may become such that the entity becomes very adept at hiding the rebellion, at moving from place to place, from entity to entity in a manner that allows the entity to avoid being detected, and thereby may sustain the actions of deceptiveness, thievery, or whatever form the rebellion takes. This Awareness indicates wherein the rebellion is open and blatant, the environment generally reacts in such a manner that eventually the entity, the organism does meet its match and is slapped down by those forces which will not allow that kind of expression to occur.



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[www.CosmicAwareness.org](http://www.CosmicAwareness.org) There is now 95,706 new entries!

This Awareness indicates that this type of limitation upon the organism, creating pain, does eventually have an effect upon the entity, allowing it to become even more discerning; yet in terms of survival, wherein the survival now centers not only around the concept of surviving as an organism, but centers now around the concept of surviving in comfort, and in that comfort, finding a way it may express itself with an energy that allows it to have the security that it can survive under adverse conditions and can fight back against adverse forces. This Awareness indicates this relates unto certain areas of competition.

This Awareness suggests that this action of the individual moving into concerns for comfort, thereby then begins to create the attitude that pleasure is good and pain is bad, and that anything which is pleasant is leading toward a more fulfilled and enjoyable life. This Awareness indicates this can lead entities into an action of over-indulgence in the pursuit of pleasure, and can lead entities to that point wherein the over-indulgence leads to a reaction and brings about pain. This Awareness indicates gradually this experience of the over-indulgence and the reactions to that over-indulgence does eventually bring about the wisdom that can lead to temperance in all things.

This Awareness suggests that in terms of the comfort zone, the mother, or the place of sustenance (whether this be an object or an energizing action or a direct ancestor to the organism), this mother - the mother earth, the physical mother, the mother of the concept or whatever is being discussed which gives the organism its vitality; this is the first comfort zone.

This Awareness indicates we are not talking only of entities and living creatures in the physical form, but are speaking also of concepts, for concepts also have their "mothers" and have their places from which they receive their energy and their sustenance and concepts and ideas, actions, behavioral patterns; all things have their "mother" and their "father," and these things come forth from that merging of the mother and father, and the birth of these things is sustained for a short while by the energy from the mother and by the guidance and direction of the father - whether this be a concept, a religion, a science, a philosophy, an idea, a behavior pattern, an organism, an entity, a nation, a society, or whatever.

This Awareness indicates that as this entity, the corporal being, the corporation, the concept, or whatever thing is being discussed, as this begins to develop itself and to grow from the nourishment of its father and mother (the direction of its father, the nourishment of its mother), as it begins growing and developing its own direction, it is then capable of taking on more and more responsibility for its own pattern of expression, yet this pattern of expression comes largely from its previous history, its own memory from its past experience.

This Awareness indicates that for this very reason, very few things in the universe have free will. Most entities in this universe only have the *illusion* of free will because they are controlled by their own past, controlled by their own beliefs, their own concepts, their own ideas - and yet, these concepts, ideas, and beliefs, and patterns of behavior are not really their own, but were placed upon them by the environment of the past forces that acted on their organism as it was developing.

This Awareness indicates these entities, often at the age of sixty years of age, are still reacting with patterns which were placed upon them when they were but one or two years of age, are still reacting with memories and frustrations placed upon them by their

parent who has long departed from this plane, are still reacting from forces placed upon them by teachers who worked with them at the age of three, four, five, or six - are still reacting with concepts which were placed upon them fifty years prior and which are now obviously outdated, even in their own consciousness. Yet, many entities of fifty, sixty, or seventy years old can still be clinging to these old concepts and the energies generated by those concepts, even though they obviously do not believe in the validity of these concepts.

This Awareness indicates that many entities in being told of Santa Claus, expect throughout their lifetime that someone, somewhere, is going to come along and give them a present, and in this expectation, they plan and work hard to be ready for that present, and they spend many wasteful hours in simply hoping for something, when they could actually manifest that present themselves by simply moving into an action of doing so.

This Awareness indicates that likewise many entities, being taught that God favors those whom He likes, spend many hours of their lifetime waiting for God to deliver unto them some sign that they are appreciated and liked. This Awareness indicates that gambling and those forms of chance-taking are often but a symptom that the entity is seeking some kind of divine recognition - a stroke of luck that says "God is on my side."

This Awareness indicates that entities in forming their comfort zones, those areas which are acceptable to them wherein they can function in comfort, may also discover that their own comfort zone does not seem to be the same as the comfort zone of another. Entities often look at the comfort zones of others and feel jealousy; the "grass is always greener" elsewhere. This Awareness, indicates that for one entity, the comfort zone may be poverty (even though that entity may complain bitterly about that poverty), yet when offered the opportunity for a different comfort zone, the entity would quickly turn that new comfort zone into the same old pattern and would quickly find himself back in states of poverty.

This Awareness indicates that entities may also be placed in situations wherein the comfort zone is messy, confused, and may appear likened unto a cyclone after a storm, wherein all things are disorder, and many entities consider this to be the proper comfort zone for themselves, even though they may wish verbally to change the action to have everything organized. This Awareness indicates that were these things organized, these people would very quickly create disorder in that action to bring back their own familiar comfort zone.

This Awareness wishes entities to examine carefully their own comfort zone, for as entities can begin to create changes in what they consider their area of comfort, they can also begin to change their own lives, their lifestyle. For those areas of comfort which are placed about an entity in his or her environment are also reflective of what goes on inside the entity, inside the soul; wherein entities are totally disorganized in their comfort zone, there is also much disorder within their own philosophy, within their own soul, and within their own being.

This Awareness indicates that as entities learn to place their lives in order, both within and without, there is the possibility for greater efficiency in living. This Awareness indicates that this is not to become a fanatical action, and wherein entities can find the area which is most comfortable to them, this is satisfactory, even though others may not find that comfort zone so appealing.

This Awareness indicates that wherein one entity would require that everything in the room have its proper place and nothing be out of place, and there not be a speck of dust in the room, that another could be just as comfortable with dirt on the floor and dishes in the sink and papers scattered about, and feel that the home was livable and happy.

This Awareness indicates the balance between order and freedom must be considered.

That entities can have so much freedom that there is no room for order and no room to allow others their space for actions, yet there are also those who can have so much order and having everything moving like clockwork, and their lives become a problem as the clock breaks down, the heart stops ticking, the machinery goes awry, the teeth of the gears fall apart, and the entity finds himself so uptight that he cannot function as a normal human being in relationships, in a world which is not geared mechanically to his timing.

This Awareness indicates that entities must learn to understand and respect each other's comfort zones. That wherein there may be many entities living together, that a balance must be created whereby the comfort zones can be merged in that level that gives each entity a chance, an opportunity, and an environment which is appropriate for that entity.

This Awareness indicates that wherein entities are of such an extreme nature - one being slovenly, the other being excessively uptight about the placement of things and the territorial rights - these two entities simply should not try to merge their trips unless they wish to work out some kind of compromise and do this action as an experiment for the lessons that would be learned.

This Awareness suggests that entities can not change one another unless the entities both agree to allow some change in their lives.

This Awareness suggests that wherein the comfort zone of one entity is pleasant, that it may be painful to another, and the other's comfort zone may be painful to the first. This Awareness suggests that wherein the pleasure and pain of an entity is such that it can merge in levels of compromise, of harmony with the pleasure and pain comfort zone of others, that this may allow entities close levels of relationship, for some entities do not mind sharing the same dish, the same toothbrush, the same room, the same towel - and these entities then can be perfectly happy in that type of comfort zone, whereas other entities would simply be totally freaked out by such a system.

This Awareness indicates that all entities must be given their space to have that kind of comfort zone which they desire so long as those other entities who associate with that level of comfort zone, so long as entities who are in that area do not have their own comfort zone hindered or disrupted. This Awareness indicates for this reason, there may in the New Age be those areas which are specifically set aside, likened unto zonings created in cities wherein entities may have their certain type of residential zone that allows to have broken windows, messy yards, and dirty homes; whereas other entities in other areas shall have their zone which allows them to have their mowed grass, their well-painted homes, and their up-kept flower gardens. This Awareness indicates that these zones arranged in ways which allow different lifestyles, wherein certain entities may be allowed to walk around nude in this certain part of town and not allowed to walk around nude in other parts of town. These comfort zones may eventually become commonplace upon this earth,

wherein entities are given freedom to be what they would be, yet are also giving each other the respect and the right to have their own territorial areas restricted or defined in the manner which they choose, and the respect for each other's comfort zone shall become one of the concerns in a growing and aware society.

This Awareness indicates that which applies to the society likewise applies to individuals, wherein entities may also learn to allow each individual to have their own comfort zones.

This Awareness suggests also that entities having comfort zones of poverty, of slovenly behavior, may look at this carefully, for their children and their children's children may likewise develop patterns of behavior, following the same systems of slovenly behavior.

This Awareness suggests that the action of a system wherein entities' behavior is slovenly, is such that their general lifestyle also becomes one which is non-productive and slovenly, wherein they take no pride in their life and are simply wallowing through from start to finish.

This Awareness indicates that the problem is one of psychological and emotional lack of personal integrity and personal respect.

Wherein entities have little self-respect, they do not take much pride in caring for their life and their physical needs, but prefer to wallow in the mire while watching a television show, escaping into novels, into movies, into reading about the great and magnificent people on earth, or reading about certain metaphysical concepts that allow them to vicariously live another life - even though their body is still wallowing in the mire.

This Awareness indicates that these entities can be helped, but the action comes not from cleaning up their mess nor from giving them a helping hand in terms of economy, but comes rather from assisting them psychologically in such a manner that they begin to find a true meaning in life and become involved in pursuing an action which requires that they give attention to their own lifestyle.

This Awareness indicates that what is true for the individual is also true for society, and what is true for society is also true for that which occurs within the consciousness of an entity. For many entities have a comfort zone relating to the kind of thoughts they think, the kind of images they visualize, the kind of ideas they dwell upon, the kind of philosophy they enjoy.

This Awareness indicates that many entities choose certain types of movies or entertainments, for these entertainments do fit into their own personal comfort zones, and much of this is nothing other than garbage. This Awareness indicates that the garbage also exists not only in thoughts and images, but also in languages, and many entities find their comfort zones in terms of language as being that which is harsh, guttural and foul.

This Awareness indicates that these entities do have that right to speak in that manner, even though it is offensive to others. This Awareness suggests that in that offensiveness, they are expressing their disturbance with life and with themselves, and in that offensiveness and in those crude and vulgar ways, entities are letting it be known that they would like something better in their life, even though they do not know how to ask for it clearly. This Awareness indicates that this, too, is a psychological problem and needs to be handled in these levels rather than in forms of seclusion or in forms of chastisement.

This Awareness indicates on the other extreme, there are those who become so rigid, so uptight, so ordered, that they are likened unto a crystal and shall break at the sight of something as loose and as lax as the first class.

This Awareness indicates that entities must learn to become adaptable, must learn to develop their ability to be anything that they need to be, and above all to be tolerant of each other and whatever each other is being at any moment, so long as that other is not threatening the being of another entity.

This Awareness indicates that the freedom of morality does not include the denial of others in their right to be.

The freedom of morality only allows the entity to have his or her freedom so long as it does not harm another.

This Awareness indicates the comfort zones of entities does not allow them to create discomfort for others. For the *Law of Freedom* is the principle which is behind this action, and the *Law of Freedom* asks entities to create the space which allows others to have the space to create spaces for others to come to have their freedom.

This Awareness indicates that this as the conclusion of the fourth lesson. (The Law of Gratitude is given-)

Excerpt CAC Reading 9-10-9-26-91 Paul Shockley Interpreter

**MANY HEALTH PROBLEMS ON GUAM: WHY?**

**QUESTION:**

A question from Harold Hayashida, in Hawaii: "Why is the elderly Guamanian plagued by high incidences of Alzheimer's, Parkinson's and Lou Gehrig's diseases?" (Guamanians evidently, are entities living on Guam.)

**COSMIC AWARENESS:**

This Awareness indicates that it appears there are certain substances in the diet or environment which are having a detrimental effect on these entities over long periods of time. It appears that it is related to toxic pollution; the aluminum being one substance that is seen in connection with these entities. It appears Mercury as being another. That these toxic metals in the system are having a negative effect on this entities.

This Awareness indicates that hair analysis could reveal the presence of toxic metals and other types of chemicals that are hazardous and detrimental to these entities. It appears the Mercury may be originating from some of the fish in the area, or the sea shells on the shore, the sea food on the shore. It appears there has been some Mercury spill that has polluted the area's sea food.

**HIGH VOLTAGE POWER LINES  
(Can They Damage One's Health?)**

**QUESTION (IBID):**

Another question by Harold Hayashida. "We have a high voltage transmission line, 138,000 volts passing through our property. We have lived here since 1964. Is the electromagnetic force affecting our health? I remember once Awareness had a message about installing copper wire around the eves and grounding it. Would this help?"

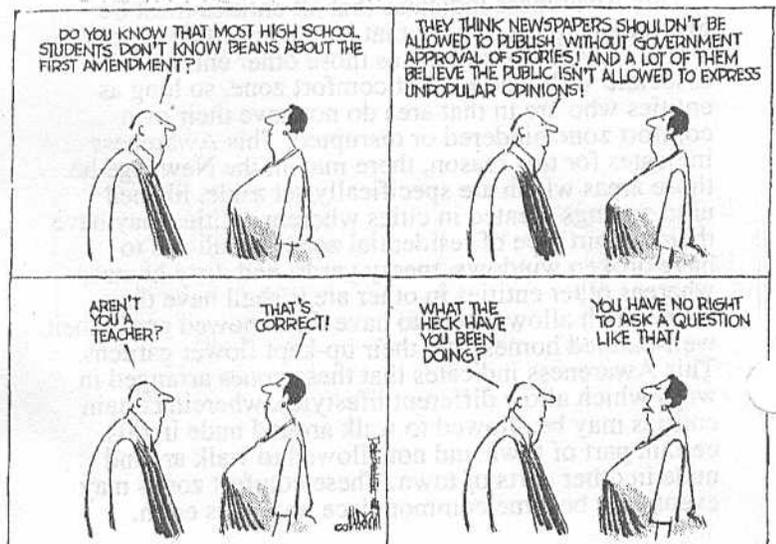
**COSMIC AWARENESS:**

This Awareness indicates that this would be beneficial. It does appear that there is some negative effect radiating from this wire which could be, over periods of time, hazardous to the general health. It affects the aura of the individual and can contribute to cancer risks and other types of electromagnetic disturbances to the electrical body of individuals in close proximity.



**WHAT IS COSMIC AWARENESS?**

COSMIC AWARENESS is the Force that expressed itself through Jesus of Nazareth, the Buddha, Krishna, Mohammed, Edgar Cayce and other great avatars who served as 'Channels' for the 'Heavenly Father' and who speaks again today as the world begins to enter the 'New Age' of spiritual consciousness and awareness. Since 1963 Cosmic Awareness has been communicating through carefully trained channels. This information is for those who desire to help in bringing in the New Age. Throughout the thousands of 'Readings' given through these various channels, Cosmic Awareness tells us not to believe anything, but to question, explore, doubt, and discover for yourself, through your own channel what is the truth. Cosmic Awareness will only 'indicate' and 'suggest'. Neither C.A.C. or any of the Interpreters is responsible for anything Cosmic Awareness states in any of these readings, nor does C.A.C. or the Interpreters necessarily agree with the statements of Cosmic Awareness. The Interpreters interpret the energies as they see them in trance levels and are not personally responsible for what is said. The interpreters published herein have no connection with, nor control over the editorial comments and material, including illustrations. This is entirely the responsibility of the editor. Members of C.A.C. are invited to send in questions of general interest to ask Awareness for possible publication in this newsletter.



Excerpt CAC reading 4-1-29-83 Paul Shockley Interpreter

## How to Help Those Living in a Retirement Home (She Created a Dance and Exercise Program)

### QUESTION:

A question from Dorothy Schaefer, (Montgomery, Alabama). It's sort of a personal question, but it has ... it concerns elderly entities in a program, so I'm going to ask it. She writes: "I have a question for Awareness. Maybe it should be more universal, but here goes. Since last March, I've been doing an exercise and dance program for a retirement home, Seatonhaven (sp?). It has been very successful. The newspaper gave us almost a full page. P.M. Magazine did a feature on the program. I got this exposure arranged, hoping to get volunteers, so that there could be a program for other retirement homes, churches, nursing homes, and so forth; but no luck.

"My next thought was to hire teachers, buy equipment, music and so forth. So far, I have had no financial help. What I need to know is: Should I just be satisfied that the folks at Seatonhaven have fun, excitement and total exercise in their lives: mental, physical, spiritual and emotional, or should I become more aggressive for help, and reach out with this program to other places?"

### COSMIC AWARENESS:

This Awareness indicates that it appears that there is a need for this program, not only where you are, but in other areas. This Awareness suggests that you continue with the program where you are, and that you print up a brochure-type of paper, with pictures and mentions of your P.M. Magazine show, and that you present this bulletin to other retirement homes as a questionnaire, asking the individuals within that home if they would have any interest in such a program in that place, and if so, to please inform you, that you are attempting to ascertain how many people, how much interest is present and whether it would be beneficial to implement such a program in their retirement home.

This Awareness indicates that as the feedback from these various retirement homes comes back to you, you may then present this information, either in ads or to the news in requests for volunteers or help in giving these programs to these entities. This Awareness indicates that there was not a great deal of response to your program whereby entities rushed forth to volunteer their services, partly because entities do not have the imagination to see what you see, and need things spelled out more clearly to them.

This Awareness indicates that by creating the need, it will be more easy to fill the need. This Awareness indicates that in finding entities who would appreciate

and desire such a program, you are in effect bringing to consciousness, bringing into focus the need for this program. This Awareness indicates that thereafter you may more easily find the assistance you need to implement the program. This Awareness indicates if there are any doubts about your ability to find the assistance, you may inform those when you are requesting information as to their interest in this area; you may inform them that you cannot promise anything, but you are simply checking the water to see how much interest there would be if you were to provide such programs.

Excerpt CAC Reading 4-3-20-89 Paul Shockley Interpreter

## Rub Olive Oil in Your Naval and Lose Weight

### QUESTION:

In a recent letter from Anne Johnson, of the Ensearch Foundation, she writes: "I have a little bonus that might be of interest to your *Fantazia* users. It is a bit unusual, but it is working for me and others I have told about it. For *Fantazia* users who are overweight and desire to lose weight, they should try the following. Rub pure olive oil into their navel in a clockwise direction at least three times a day. It normally speeds up the metabolism, the detoxification process and the weight just disappears. It is slow, but it has been steady for me. I have lost 37 pounds in 6 months. I have not modified my eating habits in any way nor has my normal amount of physical activity been changed. I frequently use the olive oil more than 3 times a day since I leave it sitting out in my bathroom as a reminder. I have simply made it a way of life. A very simple process that just takes a few seconds a day, and I eat what I please.

"If an individual has not had *Fantazia*, the process seems to remove the bloat from the stomach area but it does not seem to cause a weight loss. It is important to 'grease' the navel in a clockwise direction, otherwise it won't work. Perhaps Awareness could explain this? I'm sure it has something to do with, the fact that mankind's energy is like a right-handed corkscrew. If you decide to make this information available to your readers, I would appreciate any feedback you receive. A discussion with *Heraldine*, author of the fascinating book: *Lithium and Lithium Crystals; Nature In Harmony*, initiated my research relative to this phenomenon. She had this desire to do it and couldn't figure out why."

I'd like to ask Awareness, is this valid, and if so, how does it work?

### COSMIC AWARENESS:

This Awareness indicates there does appear to be some validity to this approach. It is an action which works through certain etherical energies. This Awareness indicates that in the physical sense, the olive oil itself, rubbed into the navel as that which creates a psychological feeling of well-being. It is a kind of reminder of nourishment from the mother, while the entity was still in the womb. In other words, it works as a subconscious stimulation to substitute for eating through the mouth. This Awareness indicates it is a kind of reminder of the way one ate before being born, and helps to inhibit the normal appetite that developed after birth.

This Awareness indicates that the action does appear to work on the etheric body more than on the physical body; this as also associated with the *Fantazia* and its effects in the etheric body.

### What Type Olive Oil To Use?

### FOLLOW-UP (AVATON):

Will any olive oil work, like the kind sold in supermarkets?, or would it be better to order the cold-pressed olive oil that the health-food stores sell?

American History



United States purchases water from Canada, and in turn gives Canada certain benefits for the water.

This Awareness indicates that this could occur, in other words, even if the New World Order program does not happen, but the entity brought this into his book partly because he sees it as an emotional issue to rally Canadians against the New World Order. This Awareness indicates it is likely that the action would be part of a New World Order plan, and therefore the entity's focus is not unwarranted, but is somewhat exaggerated, as a kind of emotional motivator to rally Canadians against the plan.

The rest of the information appears to be valid in terms of its general presentation.

### The Church of Satan Has Penetrated Canada?

FOLLOW-UP (AVATON):

Is there anything to this statement: "And the astonishing penetration of central Canada by the church of Satan."

COSMIC AWARENESS:

This Awareness indicates that these entities are much more prevalent around the world than most entities would imagine. They have penetrated not only in central Canada and its government, but also in almost every other English speaking country in the world and have used their positions to help spread paganism into almost every community in the Western world.

This Awareness indicates that some of the Oriental countries and to a lesser degree, Russia, have not been influenced as greatly by these Satanists, but there are other forces in these countries that have certain negative qualities that are ripe for further indoctrination and takeover by these Satanists when these countries are more closely tied together in the New World Order if this becomes the case.

This Awareness indicates that essentially, the New World Order is that which is being created by and in cooperation with the Satanist movement and there are many of course who are not part of the same Satanist movement, but who are working toward a New World Order out of some naive idealism, thinking that it will bring unity and harmony to all people.

This Awareness indicates that if everyone joins together in a common gang, some entities would see this as a way of ending wars because they see different philosophies as the causes of war, but if they do not understand how a gang can be set up from top down in a hierarchy wherein those on top make enemies of those on the bottom, then they do not properly perceive the nature of this "unity" known as the gang, or as the One World Government or New World Order.

This Awareness indicates if the concept of "enemies" continues, even though everyone is involved in the same group and those on top see those on the bottom as being servants or slaves, it does not matter whether there is one single group. Entities can still have enemies, even with a unified World Order.

Some entities, having certain ideals, believing that a New World Order would bring peace to the world are naive insofar as not recognizing that peace can only come when all entities respect each other from the top down and from all sides.

Ed's Note: The book "New World Order in Canada" by O'Driscoll & Elliot contains 632 pages and is priced at \$35. At the time of this reading you could order a copy by calling 1-800-294-5250. However, in scanning this reading recently, I checked the internet and found the book is now out of print. If you can't find a used copy yourself, let me know as there are rare and used books sites available on the internet and we can probably locate a copy for you. (Avaton)

HOW TO SUBSCRIBE TO THIS NEWS

This Awareness indicates that the cold-pressed olive oil, that olive oil also which is marked as 100% virgin olive oil; either of these is sufficient; that there may be some slight extra potency in the cold-pressed olive oil, but there is no need to order any special olive oil. The olive oil from your health-food store or grocery (store) should be sufficient. This Awareness indicates so long as it is 100 virgin olive oil and contains nothing else, and also, the cold-pressed olive oil, having a slight increase in potency for this purpose.(sic)

Excerpt CAC Reading 2-4-18-95 Paul Shockley Interpreter

### New World Order Corruption in Canada

QUESTION:

James Sicard, in Quebec, sent me some information on a new book and he says: "The book I am referring to is *New World Order Corruption In Canada* by Professor Robert O'Driscoll and Elizabeth Elliott." And the information on the sheet on the back of the book says that " *The New World Order Corruption In Canada* is the first book of its kind in Canada and casts rays into the deepest reaches of outer space, and at the same time reveals the figures in the political carpet at home, diagnosing the disease that now infects that core of Canadian life, in Parliament, the Civil Service, the banking system, medical and social services, the Christian churches, the military, National Security Intelligence, CSE and CSIS, academia and the astonishing penetration of Central Canada by the Church of Satan.

"What we have come to realize", German Canadian Rolf Rentmeister writes, "is that somebody or some group has been hard at work to create a different version of Canada from the country our ancestors created, and in which their families chose to live." Now, it goes on, but it lists the plan for the New World Order to take over Canada, and I wanted to ask Awareness to see if this is valid. That "The first step of a plan was devised by George Bush, Ronald Reagan, and the leading industrialists of the United States in 1982, and which was implemented in Canada by Mr. Brian Mulroney.

"The second step is to get Quebec to separate. The third, is to integrate the rest of Canada into the United States. The fourth is to get the natives in Northern Quebec to revolt. The fifth is to send in the military from the Drum with blue berets, and the Sixth step is to build a grand canal by which the waterways of Canada will be reversed, maintaining the bread basket in the United States, while Canada turns into a frozen shield.

"The resolution will not be found by turning the Canadian people against the American people, or vice versa, but by incensing both people against the invisible rulers of both countries."

Does Awareness see that information as being basically valid?

COSMIC AWARENESS:

This Awareness indicates that in a general sense, the first part of the information is seen as being valid. It appears that there is some slight distortion in a latter part referring to the US/Canada relation in which the waterways of Canada would be directed to the United States. This Awareness indicates that this is invalid. It is that this is a focal point to rally Canadians against the concept of the New World Order which this entity imagines would be a strong emotional motivator.

This Awareness indicates that yes, the United States has an envious eye on Canadian water, but this is not part of the United States' nature for quite some time and it could be an action that would be worked out with some other type of agreement in which the