

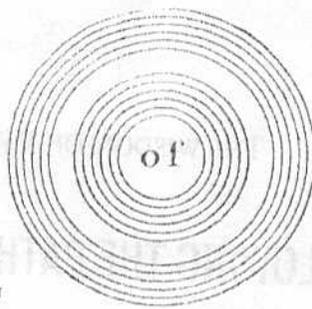
Revelations

The Cosmic Newsletter

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Awareness

COSMIC AWARENESS COMMUNICATIONS

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Helping People Become Aware

Celebrating our 34th Year!

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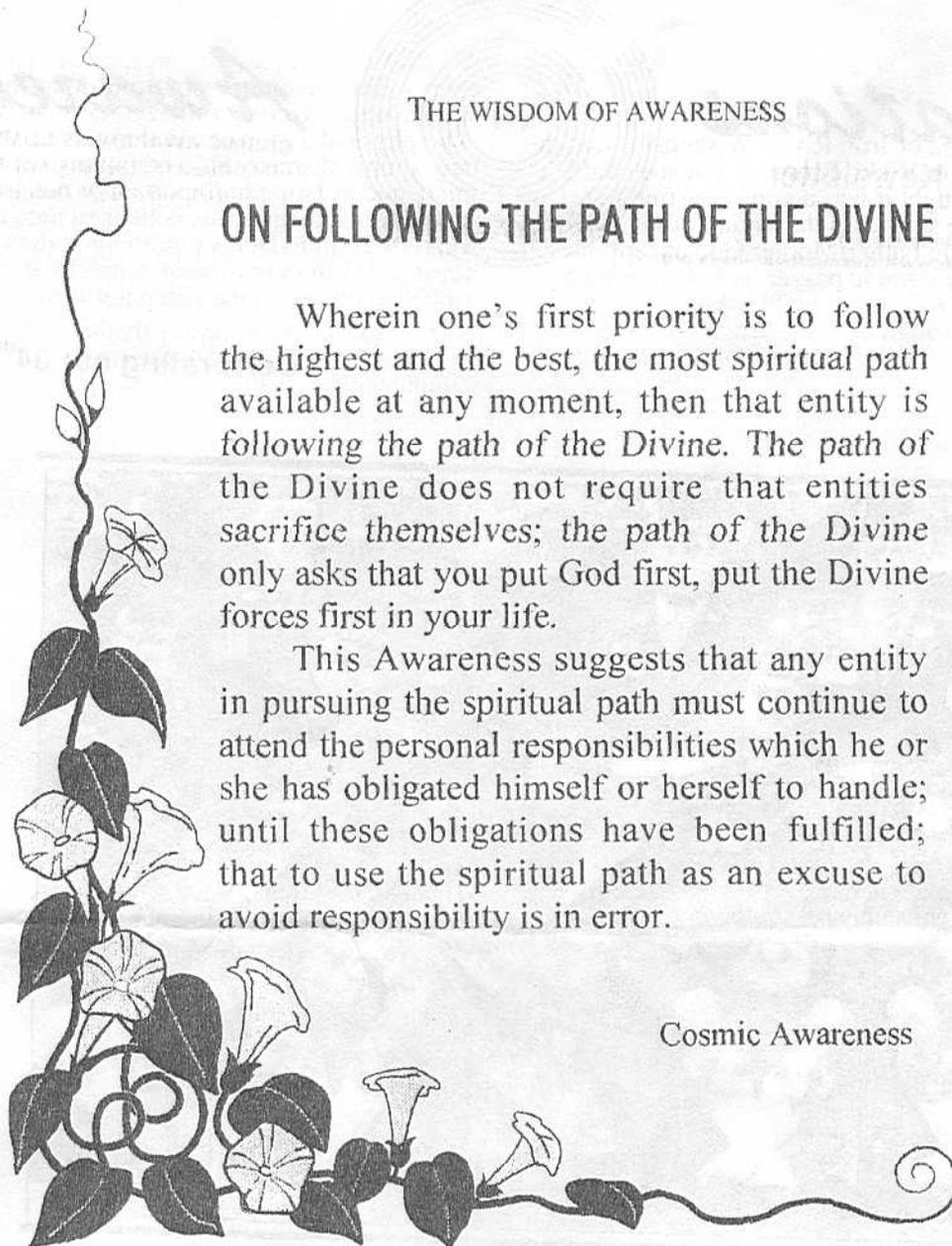
THE WISDOM OF AWARENESS

ON FOLLOWING THE PATH OF THE DIVINE

Wherein one's first priority is to follow the highest and the best, the most spiritual path available at any moment, then that entity is following the path of the Divine. The path of the Divine does not require that entities sacrifice themselves; the path of the Divine only asks that you put God first, put the Divine forces first in your life.

This Awareness suggests that any entity in pursuing the spiritual path must continue to attend the personal responsibilities which he or she has obligated himself or herself to handle; until these obligations have been fulfilled; that to use the spiritual path as an excuse to avoid responsibility is in error.

Cosmic Awareness



How to Pray to God Through "Me"

QUESTION:

Vickie Hartman, of Iron River, Wisconsin, sent the following question to Vikki Turnbow, but she couldn't answer it, and I thought it was a good question to ask of the Awareness. She says: "As the saying goes, no one can pray, or go to the Father/Mother God except through me. Please give us a sample prayer on how to pray to God through *me*. Would one say: "I ask the Father/Mother God through *me*?, or through my *subconscious*?, or through *Vickie Hartman*? or do we say Jesus the Christ?"

"I have been praying to the Father/Mother God through Vickie L., which stands for my low self. I'm not sure if this is the proper way. I want to help my husband James to reach and pray to his High Self, but I'm not sure how to tell him to pray. He tries, but does not seem to accomplish anything. I would appreciate your helping me on this."

COSMIC AWARENESS:

This Awareness indicates that in the message given by the Christ, this Awareness suggests that this as being spoken by the High Self, the Christ, through the entity Jesus. This Awareness indicates that this in reference to the Kahuna-type of symbolism, whereby entities in seeking communication with the Universal Divine Force, must do so through their own Christ Consciousness. This Awareness indicates that this as the Higher Self in the Kahuna symbology; the Light which hovers above entities, which watches over them, and which exists in a level of consciousness rather than as a physical being.

This Awareness indicates that in contacting the Universal Force, the Universal Creator through the Light, or the Christ Consciousness, one, in the Kahuna philosophy, is cautioned to send the communication through the lower self, the subconscious, which then carries the message to the Higher Self, the Christ Consciousness. This Awareness indicates that the subconscious, or lower self, is emotion, and the emotion and the physical body, working together, serve as a carrier for this prayer; thus, if you have a strong desire, and if this is implemented in your verbalizing or imaging, along with the strong emotional desire or feelings, it then becomes a seed; the emotion gives a kind of magnetic center to the concept and idea which is verbalized by the middle self, (the mind) and this central magnetic energy of the emotion then carries the message to the Higher Self.

How to do the Kahuna Prayer

This Awareness indicates that the emotion charges the particle with a positive or negative charge, and allows the thought or idea to cling to that charge. This then, is sent to the Higher Self, through visualizing and through the physical action, as suggested by the Kahuna prayer, whereby deep breaths are taken, the prayer is seen in the form of a circle with wings, carrying your message, and the breath on the deepest and usually third deep breath, is then blown upward, along with the movement of your hands, creating a kind of boundary for your breath. While this breath is blown upwards, you visualize the prayer sailing off to the Higher Self.

This Awareness indicates that your hands move upward, guiding this prayer to its destination. This Awareness indicates the purpose of the hand movement, the purpose of physical rituals is to involve the subconscious in some form of physical action which leads it to believe that it has accomplished something, leads it to believe that it has done its work, leads it to believe that it has indeed sent a prayer to the Higher Self.

This Awareness indicates that this opens the subconscious and allows it to be receptive to the returning energy. This Awareness indicates that wherein the mind simply states words, or images, certain events, but there is no physical action or ritual involved, the subconscious may simply dismiss this as ramblings of the conscious mind, and as being unimportant or not applicable. This Awareness indicates this is likened unto a computer whereby certain data is placed upon the screen, but never saved in the program, whereby it is simply cancelled out when the computer is turned off.

This Awareness indicates that the subconscious may be seen as also equated to the memory banks of the computer. That wherein the message is stored and saved, or accepted by the subconscious, then the message of the middle self is that which has some validity. This Awareness indicates that the action of sending the prayer through a physical motion as one way to implement the ritual, and to turn on the subconscious. Another way is to get down on your knees, and if the subconscious prefers this method, and is more inclined to accept prayers given in this method, then this may be more meaningful and efficient for you.

This Awareness indicates that there are other types of physical rituals which can be implemented; that these can also be creations of your own. That you may simply have a particular hammer, which, after you have visualized something that you wish to come true, you take your hammer, and pound your "It Is Done" board, on target. This Awareness indicates that if you create such an action, such a ritual, whereby you use this device enough that your subconscious begins to believe it is effective; then indeed it will become a viable way to assure greater success in your prayers.

This Awareness indicates that there are many ways whereby your prayers can be grounded through the action of the ritual. The physical action as that which grounds the prayer and gives it the opportunity to manifest in the physical level. This Awareness suggests that it does not matter how you implement your ritual, so long as it is something that your subconscious will accept and will believe, and will respond to, and will see that it has been accomplished by that ritual.

This Awareness indicates the "It Is Written, It Is Done, It Is A Fact"; these concepts of having finished the work, these are the energies which the physical action must convey to the subconscious. This Awareness indicates that upon completion of the physical ritual, the subconscious should be inclined to have an attitude of: "There! That takes care of that!", as though it has been finished and completed. Once the subconscious accepts that, it will continue its action, and the prayer will be sent as instructed, and the outcome will follow according to the will of the Divine.

Will an Endless Tape With Prayers Work?

FOLLOW-UP (AVATON):

Anthony Warren has launched a program, whereby he's suggesting to entities to obtain an endless tape cassette, of about a minute in duration, and on this tape cassette, you record various prayers, affirmations and requests to the Divine Forces, including the healing of the planets, and prevention of wars and so forth, and by putting this on your recorder and just letting it play endlessly, this will bring about those things requested. I'd like to ask Awareness: how valid is that method and theory?

COSMIC AWARENESS:

This Awareness indicates that this can have an effective result, particularly if the entity listens to this endless tape on a regular basis, for it allows the entity's consciousness to inmut into the collective consciousness

those ideas that are being placed upon the endless tape. This Awareness indicates that this is likened to countering those forces which have been used by certain agencies in training terrorists or in training their special forces groups whereby during their training period they hear the endless tape repeating over and over, throughout the day, throughout the night: "Kill, Kill, Kill."

This Awareness indicates that in presenting an endless tape that affirms peace and love and the Higher Laws, this can have a profound effect upon the hearer and upon the mass consciousness, the mass-mind of the planet.

FOLLOW-UP (AVATON):

I think his program includes it being played just all the time, even when you're out of the house and nobody's around. Would this still be effective?

COSMIC AWARENESS:

This Awareness indicates it would not be of any great effect in the sense of it having a great result if no one heard the tape, except in that wherein one knows that it is playing continuously, the very awareness of its existence and continuous playing will enhance the consciousness of the entity, and assure the consciousness of the entity, and lend to the faith of the entity, so that the message becomes more paramount in the entity's life and expectations.

This Awareness indicates that in this sense, it can also be of significant value to allow it to be played continuously, as it lends the assurance to the individual that even though the individual is busy at work, the prayer goes on endlessly. This Awareness indicates that in this sense, it enhances and strengthens the message, and the faith of the individual.

This Awareness indicates that in another level, there is some possibility of the sound and message escaping into other dimensions, that others in those dimensions may also receive the message.

Excerpt CAC Reading 4--1-29-83 Paul Shockley Interpreter

Odic Force, Orgone Energy, Vril Energy and Electromagnetic Energy

QUESTION:

Dr Ray Davidson, of Olympia, who is very interested in these various types of energy, like the vril energy used in Atlantis for healing, would like to ask Awareness if the Odic force, the orgone energy, the vril energy, and the electromagnetic energy all referred to; are these all the same?

COSMIC AWARENESS:

This Awareness asks that these be named again, slowly.

AVATON:

Odic force, orgone energy, vril energy, electromagnetic energy..

COSMIC AWARENESS:

This Awareness indicates that this is in the affirmative. That these are all basically the same. That these are collected in different ways, but the energies collected are essentially the same. This Awareness indicates however, that these are not the same as resonating electromagnetic energy. That electromagnetic energy and these energies are lacking that which is the resonance, or the higher vibration of the Christ Light. That these energies do have the vibration of the creative forces, and can create matter and can assist in healing

What Resonating Electromagnetic Energy Really is

This Awareness indicates that the resonating electromagnetic energy, the White Light, the Christ Light, is energy which instills life into that which did not previously have life.

This Awareness indicates that these energies being relatively neutral, are such as can be used for various purposes, and make no distinction between Light

purposes or Dark purposes. This Awareness indicates however, the resonating electromagnetic energy as that which can only serve one purpose, and that purpose being to enhance life qualities and to bring bliss and joy to those who experience the resonating electromagnetic energy, this depending upon the strength and degree of their experience with this energy.

This Awareness indicates there is no way to manufacture the resonating electromagnetic energy except through the consciousness, and power of love and mercy and the visualization of the White Light carrying these energies to yourself or to others. That this resonating electromagnetic energy is the highest source of consciousness and that energies are capable of tuning in to this energy through their attunement with the Divine, through meditation, visualization and association with love and mercy and those concepts of unity with Universal Law.

The Mystery of the Vril

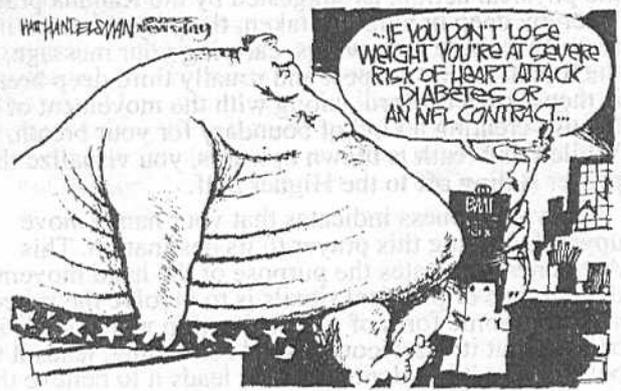
(More on How the Pyramids Were Built)

FOLLOW-UP (AVATON):

Ray was very interested in the vril energy, and asked me to quote a little bit from Healing Lesson #7 that he takes from the R.S.Clymber study course of National Healing. I'd like to read a couple paragraphs and ask Awareness about it. It's called "The Mystery of Vril".

"Following the destruction of Atlantis, Egypt was the center of the world's knowledge. At its peak, men there lived, understood, and demonstrated the use of vril, as herein taught. In that country at that time, they used this power of vril as we now use electricity. It was not, as is taught by our materialistic scientists, thousands of slaves who moved the huge stones for the pyramids, but the enormous power of this vril.

"In Egypt, there were men who devoted their entire lives to the discovery and working out of the laws of God and nature. They were the harmonious instruments through which the vril worked. These men were careful to secrete away this newly attained knowledge however, for when they saw the citizens of their country falling into materialism, they knew it would be unsafe to trust them with these profound secrets. Searching throughout the ancient Egyptian temples, one is able to find hieroglyphs which clearly illustrate the use made of vril energy. Within these ruins one finds illustrations of priests in the act of giving treatment to the sick, using the power of vril.



"Since this age, with its mighty priesthood, we have already passed through the physical age and are just now bringing the mental age to a close. Soon the age of the soul shall reign once again. In this age, the power of the soul shall be used for the healing of the nations, and men shall make use of vril to help the more unfortunate."

Dr. Davidson would like to ask Awareness if *It* could give more information on vril energy, and how this could be used today by those who are in the healing arts.

COSMIC AWARENESS:

This Awareness indicates that the Egyptians' use of the stones, the semiprecious stones, along with crystals, and certain metals in a rod, created a kind of alignment of these vibrations from these stones and energies so that the rod became supercharged with this vril energy. This Awareness indicates that the use of vibrations from various stones, and their interrelationship with each other, along with the enhancement of these vibrations by association with precious metals such as gold, which magnifies the vibrations of the stones, and also the use of crystals which are designed to capture light and speed up the light, increasing the speed of light, according to crystal alignment; this as likened unto an earlier version or cousin of that which is known as the laser.

The Speeding-Up of Light Creates Vril Energy

This Awareness indicates that this speeding up of light is that which creates the vril type of energy out of light. This Awareness indicates that the crystals and semiprecious stones, being enhanced and magnified by association with gold, as that which enhances the odic force, or the energies inherent in the stones. This not actually capturing light and turning light into vril, but more likened unto enhancing the power of these stones, and the vril energy inherent within them.

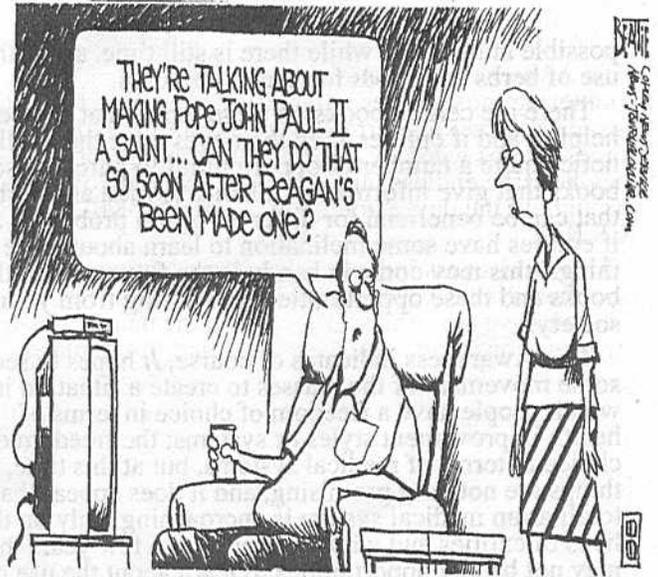
This Awareness indicates that this energy may also be called the orgone energy, or the odic force. This Awareness indicates that the orgone energy as being accumulated somewhat differently, similar to that which the pyramids were designed to do; the pyramids serving as a huge orgone energy accumulator. This Awareness indicates that the use of these sticks, such as the vril stick, to levitate stones, whereby the pyramid was assembled; this Awareness indicates that this as the great pyramid. That the base for the second pyramid was placed, but not completed. That this was completed in future generations. This presented as a challenge for future generations, and that the great pyramid as dating back to approximately 10,500 B.C. This Awareness indicates that other pyramids are much more recent, and were not all constructed using the vril energy.

The Vril Stick was Created as a Kind of Art Form

This Awareness indicates that the vril stick, the energy accumulator, as that which was created as a kind of art form, based on principles of vibration, and their mathematical frequencies in proportion to one another, as associated with the types of stones, and their shapes and sizes, associated in such a manner as to bring about a particular frequency, as an art form force, from the vril stick. This Awareness indicates that this art form, or physics of such vibrations, is seen to be rediscovered near the end of this century, whereby these devices will again be made available for restoring life, for enhancing the growth of vegetables, vegetation, and living things, of directing and piloting ships that fly without engines in the conventional sense, and as guidance systems.

Lasers and Properties of Gems to Rediscover Vril

These energies appear to be a spin-off discovery from those working in lasers, and also from information associated with the gems and properties of gems in their healing properties and their effects on organisms in their vicinity. That these two studies; the lasers and the gem therapy as that which will be seen to play important parts in the rediscovery of these energies.



Excerpt CAC Reading 10-3-9-92 Paul Shockley Interpreter

INCREASING THREAT OF FDA AND AMA TO RID U.S. OF ALTERNATIVE MEDICINES
(Time to Study Herbs While They are Still Available)

OPENING MESSAGE:

This Awareness suggests that because there is an unusually strong threat of the medical profession and FDA working hand in hand in the near future to rid this country of all forms of alternative medicines, and to make the use of herbs unavailable, even to curtail the education in the use of herbs and (to make) alternative medicines unavailable, to put out of business those companies that make health products which are not part of the major pharmaceutical chains, this Awareness suggests that entities would be wise to learn as much as

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possible at this time while there is still time, about the use of herbs and foods for health purposes.

There are certain books on these topics that can be helpful, and if entities keep their eyes open they will notice quite a number of opportunities to purchase such books that give information relating to food and herbs that can be beneficial for different health problems, and if entities have some inclination to learn about these things, this may come in handy in the future, when these books and these opportunities are missing from your society.

This Awareness indicates of course, *It* hopes to see some movement of the masses to create a situation in which people have a freedom of choice in terms of health improvement styles or systems; the freedom of choice in terms of medical systems, but at this time, things are not very promising, and it does appear that a totalitarian medical system is encroaching daily on the lives of entities and within a matter of a few years there may not be any opportunities to learn about the use of herbs or foods for healing or for health purposes.

Health Food Stores Could be Shut Down

This Awareness suggests therefore, entities be forewarned and to learn what they can at this time regarding foods and the use of vitamins and the importance of different vitamins and minerals in one's diet, for this information may not always be available. This Awareness indicates that when and if health food stores are closed down and laws are passed to prevent this information from being relayed or passed to people, then you will know what a great loss has occurred, but by then it will be too late, if you have not already learned something to help you and your family in your health needs.

Why the 25% Increase in Breast Cancer? (The Lucrative Billion Dollar Business Just Keeps Growing)

QUESTION (AVATON):

Speaking of health, again the statistics are out on breast cancer and women, and there's a new report; it says here that "Women are 25% more likely to be diagnosed with breast cancer today than they were two decades ago, but the death rate from the disease is just as high", said a government report released Wednesday.

"Currently, one in nine women will get breast cancer in her lifetime and there's no magic bullet in sight to cure the disease. An estimated 175,000 U.S. women will be diagnosed with breast cancer this year, while 44,500 are expected to die from the disease. Mortality rates have remained relatively constant over the 15 year period. 26 deaths per 100,000 women in 1973, and 27 in 1988." Does Awareness see any particular reason why breast cancer has increased 25%?

COSMIC AWARENESS:

This Awareness indicates this relates to so many things in the environment. It relates to the way in which foods are processed and presented. It relates to the various types of medications that have been used by your medical system, and it relates to environmental considerations. This Awareness indicates that it relates also to the damages to the immunity system of individuals, and the damages to the immune system are in part due to side-effects from medical and pharmaceutical medications.

This Awareness indicates that it seems that the more control and power given to the medical, system, the more problems of a serious nature entities develop so that the medical system has to attend to these problems

with operations and other activities of great expense. This Awareness indicates that some of this is from vaccines and their side-effects and some of it is from medicines and their side-effects.

Some of it is from the many pharmaceutical medications that entities take by the pound each year, and some is from the addition of substances into the food chain that become toxins in the human body, and entities then suffer from these without a full understanding of where they got or why they got the medical problem, but they go to the doctor and the doctor has certain prescribed techniques for dealing with each ailment.

Generally these techniques are the most intrusive ways and also the most expensive ways to deal with the problem. The cleansing of the body is seldom used by most doctors, yet if entities could simply clean their system of toxins, the immunity system would become stronger and they could perhaps or would have greater chance of natural healing of their disease or problem.

This Awareness indicates that the breast cancer is that which has become a powerful business, bringing in enormous amounts of money, both in the medical operations and in the follow-up of the cosmetic repair of the appearance of the entity after surgery, and it is simply a way of keeping the medical profession in business in a sense, and a very lucrative business, to continue this problem.

When research could be put into discovering the real causes, the causes instead are ignored and the focus on the symptom and repair of the symptom is the goal, for therein lies the money. This Awareness indicates that in another 50 to 100 years, the greed factor will have played itself out and the medical profession will be cleaned up and those who then write in terms of the history of medicine will look back on this era as a very barbaric time for medicine in which greed was the major factor in the industry and whereby suffering was promoted in order to enhance the profits of those involved in medicine.

Doctors are all Trained to be Drug Pushers for the Pharmaceutical Companies

This includes also the training of doctors for the pharmaceutical companies to keep them from fully understanding how the human body works so that they become good drug pushers for the pharmaceutical company and do not fully understand how to heal the patients. This Awareness indicates that ever so slowly, a few doctors are touching on and looking into other alternative techniques to help their patients. Some are using diet, some are using vitamins and minerals, and some are using techniques of cleansing the system and enhancing the immune system, but far too many are simply promoting the specified pharmaceutical products and letting the side-effects occur or indulging in the surgery and removal of body parts which could easily be healed through other means, less intrusive.

Terrified Women Programmed and Hypnotized Into getting cancer

FOLLOW-UP (AVATON):

We have received letters from women who are terrified that they are going to get breast cancer, and one reason for this is all the energy they're putting out in the media to supposedly prevent it, this information on self-examination by women and the importance of mammograms and that sort of thing; that very energy is helping to create the problem. Is there anything to that?

COSMIC AWARENESS:

This Awareness indicates that to some degree entities can be hypnotized into developing cancer. It is not a strong kind of influence for most entities unless an entity is easily suggestible. This Awareness suggests that most entities can counter such suggestions, but it is possible for some to be hypnotized into believing they have cancer and in so doing, to promote the growth of cancer.

This Awareness indicates that this is also part of the situation whereby entities who have cancer have in some cases been helped by hypnosis, or by energizing the imaging of cancer clearing up. This Awareness indicates the danger of course is that if they are not psychically strong or capable of really clearing up the cancer, then it will grow during this period and cause perhaps irreparable damage leading to death.

Therefore, it would be questionable as to whether an entity should, in discovering cancer, should ignore it and use some other alternative. This Awareness indicates that it would be better for the entity to discover the cancer early enough to have it surgically removed, unless the entity has a very powerful impulse to use some other form and feels quite confident in a different form of healing.

This Awareness indicates that if it is an advanced stage, it may become even more difficult to attend, therefore, if the entity can catch it early enough, it is suggested that they not fool around too long considering options, if they feel confident in their doctor. This Awareness is more concerned about seeing entities avoid getting cancer in the first place, by doing those things that keep the immune systems strong, by having healthy attitudes, and therefore, fitting in the category of the 9 out of 10 who do not get this cancer.

Genome Mapping Will Lead to Cancer Cures

This Awareness indicates that it is important to keep up on the latest discoveries in regard to health. That there will soon be more ways of dealing with this problem, of preventing the problem, and also of treating the problem as genetic sciences are studied and the genome map is better understood. This Awareness indicates that this being the mapping of the genes in regard to the many different aspects of the human body and diseases that relate to it.

As this is mapped and released for study, many of these diseases will become treatable through genetics and genetically engineered substances. In time the medical profession will have ways of truly healing that are not based on the use of poisons and products with poisonous side-effects.

What If You Discover a Lump in Your Breast?
(Some Naturopathic Doctors Know Just What To Do)**FOLLOW-UP QUESTION (AVATON):**

If a woman discovers a lump in her breast and a doctor determines it's cancerous at an early stage, and she doesn't particularly want to go the established route of chemotherapy, radiation, and probably the eventual surgical removal of the breast; could an entity like that be directed to a non-establishment type, say a naturopathic doctor or a homeopathic doctor, to check them out in regard to building the immune system up rapidly, so this cancer would be healed naturally?

COSMIC AWARENESS:

This Awareness indicates that many people who have had cancer to such a degree that the medical profession has even given up on healing these entities, will go to a naturopathic doctor, for example, and get relief. The entity Dr George has one lady who still comes to him on

a yearly basis for a general check-up for any sign of a return of her cancer. This lady had been treated by medical doctors and they gave up, giving her two weeks to two months to live, when she went to Dr George who gave her chelation treatments, and she began to improve until there was no sign of the cancer remaining.

This Awareness indicates that sometimes, the cancer will return, even though it shows (as) totally gone, particularly if the entity goes back to a similar lifestyle and attitude that may have brought on the cancer in the first place. That is why the lady continues to return yearly for a check-up. This has now been approximately 10 years for this entity and it has not reoccurred.

Chelation a Dramatic Cancer Preventive

This Awareness indicates that chelation appears to be a very strong and a very dramatic form of treatment against cancer as a preventative especially, and in many cases, or most cases, if it is not too far progressed and not cut off short, the treatment that is, will reverse the development of cancer. This has been shown by doctors working in Switzerland who have published reports on this. The information being discussed in the *Spotlight* newspaper some two years ago.

This Awareness indicates however that these are things entities, especially doctors, are not allowed to talk about. They are not permitted to publicly make claims that they can help to cure cancer. They can be destroyed in their career or harmed in other ways for making such statements. There is one doctor who, as a medical doctor, altered his profession to work with naturopathic methods, including chelation, and began having such success with cancer patients that he made the mistake of advertising or letting the word out that he was using chelation, and this entity was very quickly destroyed in his practice.

The medical association took his license and offered to give it back only if he went across the nation to another state and began practice in his training of surgery. This entity did so, and is now a surgeon on the East coast. It was the only way he could continue his medical career. This Awareness indicates this doctor was named Dr Landau.

The Persecution & Trial of Gaston Naessens**QUESTION:**

While we're on this subject, two questions relating to the same book came in; one from Bob McCullough of Horseshoe Bend, Arkansas, and the other from Stan Sobel of Rogers, Arkansas. I'm going to read both of the questions because there is some overlapping here rather than repeat them.

"Christopher Byrd, in his recent book, *The Persecution and Trial of Gaston Naessens* described an apparent breakthrough in modern medicine in Naessens' theory of Somatids (small particles). It would seem that he has rediscovered the same sequence earlier found by A.B. Comfphs (sp), Wilhelm Reich and others, and his camphor treatment apparently had such dramatic results in cancer and other immune system diseases. Why isn't the whole world using his 714X? Is it as good as Byrd claims? Has it been taken over by AMA clones?"

The other question by Stan Sobel: "714X was developed by Gaston Naessens from Canada. 714X has reportedly been beneficial in curing cancer and AIDS and other immune deficiency related diseases. Cases described in the book *The Persecution and Trial of Gaston Naessens* by Christopher Byrd, published by H.J. Kramer Incorporated. Would Awareness comment on the effectiveness of 714X which is injected into the

lymphatic system, against cancer, AIDS and leukemia, and would Awareness explain why 714X is so effective, and should 714X be recommended as an alternative treatment for cancer and AIDS?"

COSMIC AWARENESS:

This Awareness indicates that it appears that this substance does give benefits in the treatments of these diseases. It appears that this works as a compound that helps to destroy the growth of the cancerous viruses and cells. This Awareness indicates that it does appear unlikely that this will be allowed; that the use will continue only until the powers that promote the medical industry in a financial sense, discover its use and potential, then they will come down on this entity to stop him from further using the substance.

The Discovery of the Anti-Agent Orange Formula that Cured Cancer and the Bombing of the Laboratory by the FDA

This Awareness indicates that the same situation occurred with those who developed the Sea-Quell and K-Lonic formulas in an earlier formula. These doctors were commissioned by the government to find ways in which the Agent Orange defoliant in Vietnam could be neutralized. This was after the Vietnam war, and they did discover ways to neutralize the Agent Orange formula.

These doctors then began to produce the substance and use it in Vietnam on those barren spots in the jungle where Agent Orange had been used, the herbicide being thus neutralized by their discoveries and new life growing back into those areas. It was as though they were able to neutralize death and create new life, or the situation that would allow new life.

One of these entities began to ask: "If it works this well on plants, what would happen if we made it so that it was suitable for use by people?", and the entities worked on a formula that could be used by people, and came up with a formula which was curing cancer and which was curing AIDS, and their laboratory suddenly was bombed, one of them was killed, and the other escaped.

The entity who escaped then felt a compulsion to save some of the information from their discoveries and it was from this information that other products became available, this including Sea-Quell and K-Lonic. There are still other products that could come out of their research, but these entities are being watched and the product which was the original product cannot be created for fear of the lives of the entities who still know how to do it.

This Awareness indicates that until the powers that control the pharmaceutical companies and the masses of drugs pushed by these doctors that are the drug pushers for these pharmaceutical companies lose their totalitarian controls, until there is a genuine desire to see a healing profession that heals, that is willing to allow healing medicine on the market, entities cannot or should not expect or hope to see real progress.

They will hear many promises, but it is not likely there will be real progress. This Awareness indicates that the products that occasionally get to the edge of society which have real promise, can really help entities, are there for only a short time before the powers that regulate and control the medicines in society come in and put a stop to these healing products, or to voices that speak out for these healing products.

Entities Must Now Become Their Own Doctor

This Awareness indicates that even these messages within a short time, perhaps months, perhaps a few years, will very likely become illegal and entities

speaking such words will be stopped, even at the threat of death. This Awareness indicates therefore, entities who wish to become cognizant of healing methods must become their own doctor, must learn for themselves what is good for them, good for healing themselves, so that they do not need to rely on others who are either forbidden to speak or who will not know what to do, or who are but the drug pushers for the pharmaceutical companies.

Remember: Oxygen in the Body Destroys Viruses

This Awareness indicates that one thing any healer should remember is that oxygen in the body destroys viruses and helps to strengthen the immune system, and therefore any substance that adds oxygen to the system will be healthy and can help to bring about healing. If you know only that much, it will help you to understand in the future times certain information about products and plants so that you can make some judgment as to their value.

FOLLOW-UP (AVATON):

One of our members has written a book about oxygen therapy which CAC has listed in our booklist, and he keeps this book updated with all the newest things that come out, methods and substances that create oxygen, and I was wondering: Is his book in danger of being confiscated, or put out of print also?"

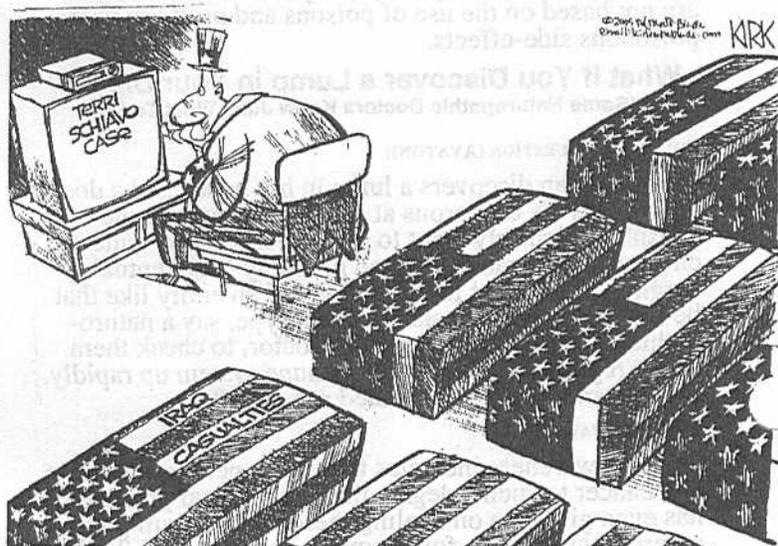
COSMIC AWARENESS:

This Awareness indicates that this does not appear to be in danger at the moment. It does appear that after certain bills are passed and after certain powers are further tightened, that his book would be one of those forbidden books. It would be wise for entities to purchase this book while it is available.

Wisdom of Awareness...

The Alchemical Way to Diminish Extremes

This Awareness indicates to diminish war on the third dimension, the alchemical method would be to reach into the inner planes, where the energies begin, and to balance the polarities that exist there, and the reflective movements of those polarities will have repercussions on the third dimension so that the extremes are diminished on this third dimensional plane. (82-10)



How Big a Problem is Satanism?

(How Drug Use Fits In)

QUESTION (AVATON):

There's a few questions left in relation to the topic of Satanism being discussed last night. Sometime back, when Awareness was answering the question about drugs, I believe, in the Nineties, *It* stated that drugs were not going to be the big problem, but that Satanism was going to be the big problem of the Nineties. Does Awareness still maintain that Satanism is going to be that big a problem in the Nineties?

COSMIC AWARENESS:

This Awareness indicates that this has diminished considerably since the binding action which this Awareness conducted some time back, the binding of Satan.* This Awareness indicates however, it is not totally resolved and this Awareness wishes to point out also that the use of drugs goes hand in hand with Satanism in that certain types of drugs are tools to alter consciousness in a way that promotes the energies associated with Satanism.

Glimpsing Satan Through Cocaine and Heroin

This Awareness reminds you that in some of the use of psychedelics in the Sixties, many entities professed to find God or glimpse God through the use of psychedelics. Much can be said in the Nineties that the use of certain types of drugs, particularly cocaine and heroin and the hard and addictive drugs, are more closely associated to the glimpsing of Satan, with Satan representing the negative forces of the universe.

This Awareness indicates you cannot totally get rid of negative forces. It is best to ignore them and focus on the positive forces, the Divine Forces, and in so doing, the negative forces tend to diminish or fade away, but when there are entities using these hard drugs and when entities are practicing Satanism, they tend to conjure up these negative forces of the universe and pull them into their own consciousness levels, so that they create thought-forms based on perceptions of Satanism and these thought-forms take on energies of their own, which can affect the entities practicing the Satanism or lead entities into doing things and acting out negative expressions.

This Awareness indicates that whether you wish to believe in a being that is representative of the idea of Satan or whether you simply acknowledge there is that energy and that potential in consciousness to do harm to others and to do so in a manner that is cruel; either of these approaches can be used. This Awareness indicates that, however, you should realize that the concept of Satan is not a universal concept. It was on earth devel-

oped approximately 4,000 years ago, even under a different name.

How Satan Was Originally Created

The Persian god Ormazd representing the God of Light and Zamael representing the God of Darkness; in other words, the idea of polarity led to the belief in a Dark Being, a negative being as part of the cosmology, but it was evolved over many years before the current Christian concept of Satan developed in its present form. This Awareness indicates that it is simply a personification of negative qualities and behavior, just as goodness is personified in the idea of God.

This Awareness indicates that "personification" is really a literary tool, not necessarily a physics reality, a reality in physics or in terms of actual existence. This Awareness indicates that if you were to actually describe the nature of God, you would have to describe frequencies and vibrations of a higher order than is commonly experienced on earth and you would be describing these levels of awareness that are found in higher frequencies.

Yet, for convenience's sake, and to help teach to children, and to simple people, the use of personification has been employed, with the idea that the Deity or Creator of the Universe is like a person. This Awareness indicates that the same has been used in descriptions for Satan; that the concept of evil can be embodied in a literary tool called personification and labeled as Satan or as the devil.

This Awareness indicates that of course, there are evil type entities that you may also wish to label as the devil, but these entities are not the universal devil, in terms of universal negativity, anymore than a good person is actually recognized in a universal sense as "God". There are many good people. There are few better than others, but while some may think of them as God, others will know them to be just unique individuals who are very good people.

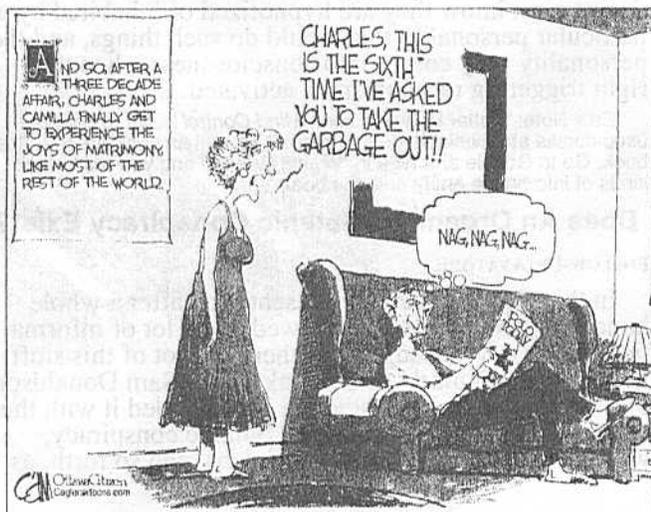
Satan a Concept Form of Negative Energy or Vibration

This Awareness indicates that therefore, when you speak of Satanism, it is more the concept rather than the individual that is of concern. There is no single individual making up that which is called Satan. There is the concept of a form of energy or vibration or frequency that is negative and detrimental to humanity's ideas of goodness and it may be called Satan, but it is essentially a concept, an idea that is in some cases personified or symbolized as a person called Satan.

This Awareness indicates in this manner, when this Awareness bound Satan some time back, *It* was binding the "image" of the personified Satan. *It* did not bind all negativity, for negativity is part of natural existence in the material plane and there will continue to be negativity so long as there is strong physical embodiment in form.

This Awareness indicates that this negativity can be manipulated and used by entities, and it can also be labeled by entities to create further concepts and forms. This Awareness indicates the advantage of this Awareness binding the concept of Satan as a personified symbol for Satanism is that it diminished much of the negativity that has been energized by humans through their playing with polarity.

This Awareness indicates that there is that which can be made more extreme by the thought processes of humans, whereby they exaggerate the polarities and in such exaggeration, create extremes and more intense positives and negatives, so that the polarities that exist in nature are enhanced by man's manipulation of them.



This is in reference to mankind's manipulation of polarities.

By this Awareness binding the concept of Satan, it diminishes mankind's polarization to some extent, bringing the extremes more toward the middle, so that the negativities are not so strong. This Awareness indicates therefore, in reference to your question, while there will still continue to be too much negativity in relation to Satanism, it will not be as strong as was previously seen when this Awareness gave *Its* earlier message and warning about Satanism in the Nineties.

Satanic Ritual Abuse Therapy

FOLLOW-UP (AVATON):

On January 7, 1993, the CBS network show called *Prime Time Live* devoted much of their hour to what they called Satanic ritual abuse therapy, that is going on in the United States. They claim that over one hundred thousand or more people are getting this therapy, and in one Salt Lake City, Utah, hospital alone, therapists found several thousand abused children, and they use this therapy to create split personalities for use later in Satanic ritual abuse.

The people call up about these bizarre patterns of ritual abuse and there were interviews with a woman who claims that she actually killed babies during rituals when she was younger, and in their rituals they eat aborted fetuses in ceremonies, and I believe this was prompted, all of this information coming out, particularly in the right, Fundamentalist publications about how the Mormon Church is literally infested with entities practicing Satanic rituals and there's even a book written about it called *God Makers II*, in which a movie, based upon the book attacks the Church of Jesus Christ of Latter Day Saints and they charge in this book that ritualistic murder is and has been going on for a long time, and I believe that one of the high officials of the church made a public statement several months ago in regard to this, admitting that there *were* abuses of rituals and so forth.

Could Awareness comment on the information that was given in this *Prime Time Live* program regarding this Satanic Ritual Abuse Therapy, that these hospitals and psychiatrists are using?

COSMIC AWARENESS:

This Awareness indicates that this appears to be an accurate depiction of the situation. This Awareness indicates that it appears to have been relatively widespread and well-hidden for some time; that the miracle that it is being brought out or has been brought out as that which can help to bring it to an end. The very fact of shining the light on something of this nature helps to prevent it from continuing.

This Awareness indicates that as indicated, it still will be a problem for some time. The intensity as that which will not be as great as previously suggested. This Awareness indicates that entities need to be very cautious about getting involved in groups that they do not fully understand. This Awareness indicates however, that many entities who are already involved, have been involved, were involved too deeply, and will have much difficulty and yet, can have considerable health in extracting themselves from such groups, if they do so with a determined attitude, with a reliance on spiritual help, and with right attitude and approach in seeking their help.

This Awareness indicates that this becomes a critical matter because usually, entities, once involved in these

groups, cannot get out without the threat of death. This Awareness indicates however, that entities should know that they are capable of calling in spiritual protection and calling on others for help in ways that help to protect them in extracting themselves from the group.

Mind Control and Diabolical Hypnosis

FOLLOW-UP (AVATON):

It was brought out on this program that some critics say it is this kind of therapy where the idea of Satan is implanted and then the therapist calls up the Satan personality. Does Awareness see that as being valid?

COSMIC AWARENESS:

This Awareness indicates that this would imply or suggest the therapist as being used in Satanism to recruit converts for split-personality agents whereby a split-personality could create a deeper personality that could be used for sinister deeds or activities. This Awareness indicates unfortunately, this is true. That with the wrong kind of programming, a diabolical hypnotist and therapist could control an entity to make him or her behave in a certain manner in two or more different personalities, so that one personality seems to be an ideal loving individual, but is capable of being taken over by a second or third personality and this second or third or even more levels of personalities could at some point be used for diabolical purposes.

This Awareness indicates that a book by Bowart; (the spelling may not be quite right) called *Mind Control*, discusses the way whereby entities were trained through CIA and other organizations to become multiple personality assassins so that a person could be a normal being and have a certain trigger that causes an entity to turn into another personality and that the entity could be programmed into different layers so that even if you went down four different levels, meeting different personalities, you might not come to the one that did the assassinating and if you did reach the one that did the assassinating, you might discover that the entity was totally different from the other four personalities that lay in states between his first and fifth personality.

This Awareness indicates that this apparently is done through a combination of drugs and hypnosis whereby these different levels of personality were created. This Awareness indicates that these same techniques are used by Satanists in their control over individuals. This Awareness indicates this book appears to have come out in the late Seventies, approximately 1976 or thereabouts, and is mostly about the CIA creating its agents for assassination purposes.*

This Awareness indicates of course these entities often do not even know they are hypnotized or inhabited by a particular personality that would do such things, and the personality only comes into consciousness when the right triggering mechanism is activated.

*Ed's Note: Walter Bowart's book *Mind Control* is out of print but used copies are available on the Internet as well as chapters from the book. Go to Google and type in "Walter Bowart" and you will find all kinds of info on the entity and this book.

Does An Organized Satanic Conspiracy Exist?

FOLLOW-UP (AVATON):

In this *Prime Time Live* presentation after a whole bunch of people were interviewed and a lot of information was given that suggested there is a lot of this stuff going on, particularly in Salt Lake City. Sam Donaldson, I believe it was, who hosted the show, ended it with the question: "Is there an organized Satanic conspiracy, which includes morticians, physicians, and so forth, as

part of the cover-up?", and the show led people to believe that the answer was very much in the affirmative.

Would Awareness agree that there is an organized Satanic conspiracy and that people of respectable positions are part of the cover-up?

COSMIC AWARENESS:

This is in the affirmative. This Awareness indicates that there are people throughout various levels in politics, in the military, in churches, and in your local cities, in police forces that are involved in Satanism. There are also people in business levels, and as community leaders who are involved in this; that many entities get involved either through parents who have been involved or through the belief that they shall gain special power and reward by their attachment to Satanism.

This Awareness indicates some get involved through rebellion through religion or toward their parents' religion, as a way of striking back at their parents to whom they feel hostility. This Awareness indicates that some get involved by association with friends who are involved and gradually are indoctrinated and are enticed by promises of great wealth or good fortune.

Women Sometimes Must Pledge a Child for Sacrifice

This Awareness indicates in almost all cases of involvement, when they do become involved in the real organizational groups, there is a time wherein they are required to have their pound of flesh extracted. The women, for example, may be required to pledge a child for sacrifice to the cult, and men may be required to do some kind of special action that carries out a crime or violent act in behalf of the cult.

This Awareness indicates that it is not a power that comes from Satan that gives these entities strength, but a power from their own united structure, whereby an entity is rewarded for doing what the organization demands, for the entire organization will back the entity, or whereby the entity will be punished, even to death, if he betrays the organization, or fails to give a sacrifice when asked by the organization.

Therefore, these entities as moving into positions of power are able to help one another or harm one another. To get some kind of control over each other requires that the new person should do something that he or she could be damaged by if it were ever exposed. In other words, for example, if one participated in a blood sacrifice, that entity then could be blackmailed by the organization, or exposed to the outside world and accused of murder or whatever the crime may have been.

In this way, the entity is under the control of those who witnessed his involvement. This Awareness indicates likewise, the mother who gives a first born or new born child for sacrifice, having invested part of her life and her motherhood to Satanic purposes, would be more bound to stay with the group for fear of being exposed as well as for fear of admitting she had done such a horrible thing. Instead, she fosters the belief that she did something wonderful for Satan, and therefore, has a right to await some reward.

This Awareness indicates that these tricks or techniques are not relaying supernatural perks from Satan to the entities. Rather, they are creating a path by which entities may sell themselves, their freedom, their spirituality, in exchange for group acceptance and the group acceptance offers certain rewards, but the entities may never be able to escape from the group if they have a change of heart and they may always be subject to control by that group so that they may be forced to

participate again and again and to go out and capture recruits to bring in or suffer consequences for not doing so.

Satan Followers Are In a Very Sick Organization

This Awareness indicates it is a very sick organization. The entities are not happy with their lives or with themselves and there is much pain involved. They seek power, but the power does not fulfill their lives. They are troubled deeply and have extreme hostility toward themselves and toward each other which cannot be expressed for fear that they will be caught and punished.

Therefore, they are very rigid in their discipline and their dedication.

Did Satanism Reward the Mormon Church? (Where Did All Those Supermarket Chains Come From?)

FOLLOW-UP (AVATON):

Legend has it that those groups who practice Satanism and use those energies, that somehow Satan rewards them in the financial area and so forth, and if there's any truth to that I was wondering about the Mormon Church itself, which, next to the Catholic Church is the wealthiest church in the world. It has vast real estate holdings. It owns supermarket chains. It owns television and radio stations and all that sort of thing.

I was wondering if Awareness could see any influence of this tremendous wealth due to some of these Satanic rituals that these people writing the book are accusing the Mormon Church of doing?

COSMIC AWARENESS:

This Awareness indicates that *It* is not aware of any official Mormon sponsoring of Satanic rites or rituals among its followers. If this does occur, and it appears there *is* such occurrence among Mormons, as well as other churches, it is because of entities who have selected to become involved with Satanism and to keep their Mormon membership or positions intact, even while being involved in Satanism.

This Awareness indicates the Mormon Church made great amounts of money by investing in the storing of food, partly because through its historical beginnings, the storage of food was an essential part of the church and became part of its basic character, and in the storing of vast amounts of food, they began selling those stored foods when crises or famines did not occur, and this led to the church opening stores and selling to others outside the church, so that eventually it led to their owning supermarkets.

This Awareness indicates it was a kind of natural outgrowth from the patterns developed in the early church, and the supermarkets then brought in vast amounts of money which were helpful to the church and encouraged further types of investment along similar lines. This Awareness indicates that these are not the result of Satanic rewards to the church. They are the result of good business by the church. This Awareness indicates that there are not seen any rules or policies or condonings of Satanic involvement in an official sense from the church.

Fundamentalists Have Accused CAC of Working With the Devil

Those who write of these things generally tend to be hostile to the Mormon Church and attempting to create a link between the church and Satanism to imply that the Mormons are Satanists. This Awareness indicates you yourself should know from experience that there are types like this. You have received letters from certain Fundamentalists accusing your organization of being Satanist or working for the devil because your teachings are not the same as those they represent.

This kind of accusation and labeling is not uncommon, especially it is common when coming from extreme right-wing Fundamentalist Protestants. It is a very common thing for them to do, labeling other churches or other religious groups. The Hindus have been accused of working with the devil. Most Eastern religions are seen as devil-worshippers, and even the Catholic Church, according to some Protestant standards, is of the devil, and vice versa, in some instances.

In some cases, the Catholics have argued that the Protestants are working with the devil. In other cases, the Protestants argue that the Catholics represent Satan. What else is new?

This Awareness indicates that essentially the earnings of the Mormon Church are based on business practices and donations from their members. These business practices include sale of products through church-sponsored activities or through the works of individual members of the church, and some of these businesses can become quite large, such as the Albertson's super-market chain.

This Awareness indicates that there are other businesses too that have been very lucrative for the church.

Movie Says Mormons Are Not Christians (It Claims Ritualistic Murders Take Place)

FOLLOW-UP(AVATON):

In January here in Olympia they had a "Truth in Christ Ministries" conference, whereby this *God Makers II* movie based on the book that attacks the Church of Jesus Christ of Latter Day's Saints and accuses them among other things, of ritualistic murder and that they, the Mormons are not true Christians. This sparked a controversy that has been raging to this day, with letters back and forth to the editor, including a letter from a member of the Later Day Saints.

I'd like to read one letter in response to that letter, which casts some light upon the Mormon Church, that seems rather interesting. This is a man named Mark Champneys in Olympia, and he writes:

"I read with interest LDS member Tom Hathaway's letter which appeared in a recent *Olympian*. He said he was wary of certain members of other religious faiths misrepresenting Mormon teachings about faith and works as relating to the entrance requirements for heaven.

"Perhaps I am one of the certain members he refers to. I have recently been teaching classes along with others at Grace Covenant Church and the neighborhood Christian Center over the past three months in an effort to set the record straight about what Mormons really teach. Technically, I do not dispute Hathaway's doctrinal assertions that they believe in the atonement and in faith. The problem is, that most Christians reading his letter will assume that he defines his terms as they do, and therefore, that Mormons are Christians.

"Nothing could be further from the truth. Atonement, faith, belief, grace, salvation, Christ, God, Trinity, Virgin, Heaven/ Hell, hope, and many other religious words are redefined completely by Mormons. Mormons are in fact, attempting to work their way to heaven, (Celestial Kingdom) as the terms are normally defined, although they don't like anyone to describe it that way. Their requisite redefined faith as one in a list of many things that are required.

Mormons Teach That Jesus Is the Brother of Satan

"Hathaway's approach is consistent with a new public relations trend in the LDS Church to paint Mormonism as Christian. For example, in a recent public showing

of the Mormon proselytizing film "On The Way Home," Joseph Smith was not even mentioned. The fact remains that Mormons teach many gods who are merely exalted men; that Jesus is the brother of Satan; that they should perform secret rituals for the dead, and learn secret signs and tokens so that they can progress to become gods themselves; and many other such un-Christian doctrines.

"I care very much about Mormon people and would defend their right to believe what they choose, but understand that they can only call themselves Christians by completely redefining the word.

"I am an ex-Mormon who became a true Christian about 20 years ago. I was a fifth generation Mormon priesthood holder. I graduated from four years of seminary and attended Brigham Young University. My late father was bishop and stake high-councilman. My mother, four sisters and brothers all continue to be very active Mormons. I know whereof I speak."

That's the end of his letter to the editor. Now, my question primarily is: If these people believe that Jesus is the brother of Satan, it would seem then that they might worship Satan, would they not?

COSMIC AWARENESS:

This is not necessarily so. This Awareness indicates that this is likened unto the old teachings that Lucifer was the brightest and most adored son or associate angel of God, but that he became so brilliant and so infatuated by his own brightness that he became jealous of God and wanted to become the one who was worshiped, and in so doing, fell from grace.

This Awareness indicates that in falling from grace, Lucifer then, in some of the interpretations of theological concepts became the representative of or symbol for Satan, or the devil or became synonymous with Satan. Many entities see Lucifer and Satan as the same, especially in the Christian cosmology.

This Awareness indicates that it is not necessary that if a brother falls from grace, that the next brother must also be associated with the first brother's fall. This Awareness indicates that in the Awareness Development Classes, in the 12th Class, there is a passage by Furgeson which is read, which describes a dream, and in this dream, Lucifer falls from grace and goes into the world, leading many people in his fall.

This Awareness indicates that throughout the history of this fall, there is great suffering and these entities continue to listen to and follow the words of Lucifer, but the suffering of humanity and of Lucifer eventually becomes so great that Lucifer himself can no longer stand what he has become and goes back to a garden where his brother, the Christ, lays sleeping, and when he complains to the brother and asks that he be forgiven and taken back, the brother, looking at him, acknowledges it was all just a dream. "It was only a dream."

This Awareness indicates that essentially, the message is quite similar. How it is applied or how people use a message such as this may depend on whether the entities involved further the tragedy or overcome tragedy and suffering to return to the grace of God. This Awareness indicates that obviously, the Christian teaching does not indicate Lucifer has been a brother of Christ. It does not indicate Lucifer as having been an offspring of God.

There are some who say Lucifer was an angel of God who fell from grace because of his vanity. This essentially comes from some of the earlier teachings. This Awareness indicates that there is nothing to suggest that Christ would, in any way become part of the Satanic rites, even if there was a connection between Lucifer and Christ as brothers.

Mormonism Was Established on Counterfeit Principles (Joseph Smith's Sacred Tablets Do Not Exist)

This Awareness indicates that there is too much ado about theological myth, and these theological myths, having no basis in reality, controlling the masses of entities, pit one group against the other; it is sometimes deplorable. This Awareness indicates that it has already been established sometime back that Mormonism was established on counterfeit principles; that the tablets were false, did not exist, and that many of the teachings were created after they were supposed to have been found as sacred tablets.

This Awareness indicates that there is little basis for the claims of Mormonism and yet the Mormons have created a religion that satisfies many millions of people. This Awareness indicates that the Christian religion also has dubious early beginnings, in terms of its doctrine. These myths turning against each other through modern day parishioners who lock in on the details of some petty or obscure quality or teaching within the massive work that has evolved over countless years of energizing, have made it so that they have every excuse to attack and destroy each other if they so desire, if that is their goal, if that is their purpose.

Why can't these entities simply leave each other alone and rather than attacking each other, glory in their own perfect religion? Why must they also feel it necessary to slaughter the other religion in order to prove their own is correct? This Awareness indicates this is the tragedy of, and the history of, religions.

Who Was Moroni and What Was His Purpose?

FOLLOW-UP (AVATON):

The Mormon theology bases their religion on the visitation of a spirit called Moroni, I believe was his name, to Joseph Smith. Now, I believe Awareness once indicated that Joseph Smith *did* have a visitation by this spirit, but it was on an astral level or something like that. I'd like to ask specifically, who was this spirit Moroni, and what was his purpose in giving this information?

COSMIC AWARENESS:

This Awareness indicates that the entity was simply a disincarnated entity who was disillusioned with his own previous religious experiences on earth, and wanted to play god, and gave certain information that was conjured up by himself as a personal belief, and made it so that Joseph Smith thought he was being visited by a Divine Being and set forth from there in his fanaticism to create a new movement in the religious field.

Joseph Smith also was disillusioned with the people in his background who claimed to be Christians. The fanatic judgmental Christians that he had met did not leave him room for acceptance of their doctrine and in his rebellion he was ready to accept anything different. He also saw this as something that he could believe in and could promote and therefore, it evolved from his ardent belief and acceptance.

This Awareness indicates there were allegedly tablets given, or writings given to him. There has been no evidence of these writings or tablets, other than the claim.

Mormons Not To Drink Hot or Cold Liquids

This Awareness wishes to make one further comment. There is, in the Mormon Church, regimentation based on certain rules that once had social purpose. One of the things, for example, is not being allowed to drink hot or cold liquids. This is now taken as a mortal or a very serious sin by some Mormons. It was, at one time, a more serious and reasonable rule, because at one time,

the only cold liquids were alcohol, and by saying not to drink cold liquids, one could assure that entities would stay away from alcohol. This is in reference to alcohol or liquids that have been cooled considerably. Anything that was of natural temperature is acceptable, such as water from a stream.

This Awareness indicates that likewise, hot liquids were at one time associated with tea and coffee, which both contain caffeine and were seen as drugs and stimulants, and therefore, these were not to be used. Even chocolate, containing caffeine and serving as a stimulant, was not to be used. These were also seen as things that implied pleasure and luxury and these hot and cold drinks therefore, were unnecessary and luxurious or of poor health and nutrition to the entity.

Therefore, because of the lack of nutrition in the drinks or the probability of alcohol, the rule was simplified. Rather than saying: Do not drink alcohol, Do not drink caffeine, the rule was simplified by saying: Do not drink hot or cold drinks.

This Awareness indicates *It* brings this up because many of the taboos in many of the older religions were started from similar types of social mores, and social traditions and things that were seen to be socially or health-wise problematic, could be eliminated from the cult or culture by creating some simple rule. Later, the rule becomes religious dogma and entities find themselves behaving religiously around some unimportant and trivial matter such as whether the liquid is hot or cold, too hot or too cold, for religious purposes, or something else.

Excerpt CAC Reading 7-3-18-93 Paul Shockley Interpreter

Depression After Having Multiple Bypass Surgery: Any Suggestions?

QUESTION:

A question from Peter Hasapis, in Granite Bay, California. He writes: "The other day I read an article in the medical section of the *Sacramento Bee*, taken from the *Boston Globe*, titled "Bypass Surgery Patients Face Hidden Risks!" In it, they reported that bypass surgery patients, aside from heart attacks, strokes, and kidney failure, they also are at higher risk for subtle cognitive changes, ie. depression, mood-swings, memory loss, inability to find the right word, sloppiness in thinking, and difficulty in speaking.

They believe that these neuro-behavioral defects are triggered during surgery when tiny blood-clots and small pieces of tissue may break off from major blood vessels and lodge in tiny capillaries in the brain. It was reported that 24 to 79 percent of patients have declines in cognitive functions after bypass. I have had triple bypass surgery myself in 1988 and I am experiencing most of these symptoms, especially depression, mood-swings and memory loss.

So, I have been wondering if you can ask Cosmic Awareness if *It* can suggest something, some kind of vitamin, B 12, or an antioxidant that can be used to dislodge these tiny blood-clots and small pieces of tissue from the capillaries in the brain so bypass surgery patients can find some form of relief." And he says, "Thank you sincerely, Peter Hasapis."

COSMIC AWARENESS:

This Awareness suggests that the best solution would be the use of EDTA through chelation treatments. It would take very few chelation treatments to clear this

particular problem. You might also find that chelation treatments help to clean out the rest of your circulatory system to restimulate the brain by better circulation. As the chelation cleans the circulatory system it gets more blood to the various areas, so that all of these little capillaries are cleansed and oxygen is carried into these various nerve endings to help in terms of your general and over-all health.

This Awareness indicates that the critics of chelation argue with statements that are not based on fact. Approximately four to six million chelation treatments have been given and this Awareness indicates from the time these chelation treatments were understood and the standard and practice established, there have been no problems from the chelation treatments.

In the earlier research with chelation, there were a couple of problems wherein entities were given too much EDTA in too short a time, and kidney failure occurred, or other problems occurred in relation to calcium being leached from the system. But now, doctors understanding the need to occasionally monitor the calcium balance in one's system and to keep the chelation treatments at a particular standard and amount and time period, there is no known problem that has developed in the past 20 years from these treatments.

This Awareness indicates that on the contrary, there have been many benefits of various types because of the fact that as the circulatory system is cleansed, the blood-flow goes throughout the body, cleaning even the areas of the eyes, ears, throat, and also including the sexual organs, the feet, the toes, the legs, so that an entity's entire being is improved by better circulation. The brain especially is helped, so that entities' thoughts become clearer.

Why Doctors Denounce Chelation

This Awareness indicates that you would not likely have had a need for the bypass operations, had you known about chelation; that there are many entities who use chelation as an alternative to the bypass, but the bypass earns doctors far more money than chelation, so doctors are very much opposed to the practice of chelation, seeing it as a threat to their livelihood, particularly if they have anything to do with the bypass industry, which is approximately a three billion dollar industry per year in this country.

This Awareness suggests that you consider the chelation treatments as being your best option. This Awareness indicates that cayenne is also seen, not as effective, but also as something that could be useful, in that cayenne tends to improve the circulatory system. It thins the blood, when the blood needs thinning and tends to open the capillaries to allow more blood flow so that these little blockages might move on.

Cayenne and Half an Aspirin Daily

This Awareness indicates that this Awareness would not guarantee the cayenne to be able to assist you, but it would traditionally be the herb most likely to be recommended for the job if herbalists were working on this kind of problem. This Awareness indicates also that half an aspirin daily tends to help in moving platelets within the bloodstream to keep things from catching or stopping, and this might also have some benefit. It would be something to investigate or research and would be relatively harmless, without side-effects.

This Awareness indicates that half an aspirin daily has been shown to eliminate strokes, strokes being usually caused by some blockage in the bloodstream, therefore, it could be worth your experimentation. This Awareness indicates however, that *It* sees the chelation as being the

more promising of the choices. Chelation treatments costing between \$70.00 and \$125.00 per treatment, depending on the doctor's fees.

This Awareness indicates that the CAC has a book on alternative medicines which describes the chelation and where to find a doctor who does these treatments in your general area. This Awareness indicates that this appears to be a blue book with the title *Alternative Medicine*, or something of that nature. It is written by a woman who has researched many of the alternative medicines.

The book contains many different types of alternative medicines for different situations and is worth having on hand in one's library.

AVATON:

I think the name of that book is *What Your Doctor Won't Tell You*, by Jane Heimlich.*

COSMIC AWARENESS:

This is in the affirmative.

*CAC permanently stocks this book. Please refer to Book Price List.

Excerpt CAC Reading 7-3-18-93 Paul Shockley Interpreter

Does a Self-Assisted Death Create Karma? (Where Does Chronic Pain Come From?)

QUESTION:

A question from Joyce Williams. She writes: "Does a self-assisted death, a suicide in the face of chronic pain, ie., partially severed spinal cord, carry karmic repercussions, and of what nature? In my work I come across people in their thirties and forties who have struggled with managing chronic pain for years. They are tired and they will kill themselves.

"Is this chronic pain from a past life, or an accident of fate sometimes?"

COSMIC AWARENESS:

This Awareness indicates *any* kind of suicide carries karma. This Awareness indicates the least karma from a suicide is when an entity in an attempt to save another loses his or her own life, such as an entity who pounces on a hand-grenade to keep it from exploding and killing others.

This Awareness indicates that the desire to escape chronic pain is not a true action of a martyr or person of great courage or integrity. It is simply an act of escape.

Much Can Be Learned by Experiencing Pain

This Awareness indicates that there are other ways to diminish pain and there is much that can be learned from the experience of pain. Going into the pain, accepting the pain, or working around the pain, can give entities enormous areas of discovery. This Awareness indicates that it is true that pain can almost drive a person to suicide or to madness. This Awareness indicates that in some cases, an entity appears to have no way out other than suicide.

There *is* often a way out of the pain, but the entity does not see it, and if the entity succumbs to suicide, then the entity will never see the way out of the pain. This Awareness suggests that the entity should try everything else short of suicide before even considering the thought of suicide.

FOLLOW-UP QUESTION:

"Is this chronic pain due from some carry-over from a past life, or an accident of fate, sometimes?" she asks.

COSMIC AWARENESS:

This Awareness indicates it could be. It depends on whose chronic pain is being discussed, and where it came from and what its cause might be. This Awareness indicates that it is impossible to answer a question of such broad generality. This Awareness indicates it is not as though chronic pain is simply a disease of a particular nature. It can be chronic pain from cancer. It can be chronic pain from a misalignment of a nerve in the spine or somewhere, or it can be chronic pain from some psychological disorder, or it can be chronic pain from physiological disorder or from cellular disorder, where nerves are causing pain.

How can one determine whether it is psychological or physical or from a past life, without knowing precisely whose pain, what pain, and its particular specific nature? This Awareness indicates that *It* cannot answer that question. It is too broad, for not all chronic pain is the same for every entity.

Why Big Daddy Refused Pain-Killers for Cancer (More on Edgar Cayce's Endless Pain)

FOLLOW-UP (AVATON):

In the Tennessee Williams play *Cat On A Hot Tin Roof* there's this character of Big Daddy who is dying very painfully from cancer, and who rages through the house refusing to take any pain-killers, and his explanation being that this is part of life, this pain, and he wants to experience it to its fullest and he wants no drugs that would keep him from experiencing this pain to its fullest. Does Awareness see this philosophy as being of any benefit to entities?

COSMIC AWARENESS:

This is in the affirmative. This Awareness reminds you of the entity Edgar Cayce, who, in his readings, was described as having died in a previous lifetime on a battlefield, and suffering immense pain for a long number of days before finally dying, and that because of the pain itself, this was what led him to the ability to leave his body and to do the readings that he did in his life as Edgar Cayce.

This Awareness indicates that when entities experience pain, it can have a blessing, if not at the moment, then at some future time. This Awareness is not, however, trying to encourage entities to become masochistic or to set out to experience pain. *It* suggests if it does befall you, then make the best of it.

This Awareness indicates that even as it can be beneficial, it can also cause traumatic problems that may carry over, if an entity resists the pain, and is hostile or angry or resentful for the pain, because the entity may then carry over those resentments and hostilities rather than from the lessons absorbed through the experience.

An Exercise You Can Do to Relieve Pain

This Awareness indicates that if you can alleviate the pain, alleviate it, but not through killing yourself. If you can alleviate it through aspirin or through pain-killers, that is helpful and may give you an opportunity to experience the pain at a level that you can tolerate. You should be able to tolerate certain difficulties in life, and as you find yourself experiencing the pain, by focusing your consciousness into the very heart of the pain where it is greatest, visualize yourself inside that point of greatest pain and hold your consciousness there, without resisting the pain. You may find that this is a way of healing yourself.

Let your consciousness emanate from that spot of greatest pain, spreading White Light energy throughout the painful area from the very center of the pain. This

Awareness indicates that entities need to practice moving their consciousness and focus out of their head and into other parts of their body. There is that ability that you have whereby you focus from your big toe, for example, and look at the room in which you sit, from the perspective or viewpoint of your big toe.

Doing this with your consciousness as a practice, as a meditation, can be very helpful in teaching you to move your consciousness from place to place. It does not have to be in the center of your head. Then, when you have a pain in your body, you may move your consciousness to the very center of that pain and emanate White Light energy from that center, and this can be an action of healing.

This Awareness indicates it is a practice, it is a way by which you may discover things about yourself, about your life, about your being and about your consciousness that can be of great value to you. This Awareness indicates that if you find it difficult to visualize yourself moving your consciousness into a pain somewhere in your body, then visualize moving the pain into the center of your consciousness.

See a light running from your consciousness to the pain, then see the pain or feel the pain coming up the light into the center of your consciousness, and hold that when it arrives. Hold that in the center of your consciousness and watch what happens to the pain, how it diffuses and changes and loses its intensity.

How Mind Can Heal Pain

CLOSING MESSAGE:

This Awareness indicates that essentially pain is nothing but intense energy that does not move and if you enter your consciousness into the center of that energy, or somehow move that energy, then the pain diminishes. This Awareness indicates that when you put your consciousness into the center of pain or you bring pain into the center of consciousness, you discover that it is really only intense energy and as the intensity diminishes, the pain also diminishes.

This is a way whereby mind can heal. This Awareness indicates that much can be learned from the pains entities experience, particularly if entities do not automatically resist those pains, if entities study and learn from those pains.



The Cosmic Awareness Spiritual Development Course

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VOLUME ONE: ARIES—LESSON NO. 5

Question: Awareness, we are gathered here tonight for the fifth lesson in the Correspondence Course. The fifth lesson being that action of the individual in its expression. The force as it moves and affects other areas and other forces and other entities.

COSMIC AWARENESS:

This Awareness indicates as the entity develops his or her comfort zone, that comfort zone, according to that time and place, may be likened unto the stage on which the actor plays his scene. This Awareness indicates that as this action is expressed on that stage, within that comfort zone, the comfort zone itself does carry certain limitation relating unto the kind of action the entity can portray in that zone.

This Awareness indicates an entity in swimming in the ocean cannot play basketball; an entity on a football field cannot express him or herself through swimming. This Awareness indicates an entity living in states of extreme poverty, states of slovenly quarters and domesticities, cannot expect their life to portray the royalty and the kind of lifestyle which would be termed romantic.

This Awareness indicates that entities wishing to experience various lifestyles must learn how to set the stage for that lifestyle, and must become comfortable in that stage setting, must find a comfort zone which allows their own lifestyle which they have chosen as their role to be expressed with the proper surroundings.

This Awareness indicates that entities wishing to become a certain type of talent such as a performer, a dancer, a singer, or whatever action they choose, these entities may begin this action simply by pretending to be such and such - this being their form of expression.

The entity pretending to be a singer, pretending to be a performer on stage, may begin that action at any age, regardless of the situation, the audience, or the kind of environment present. Yet the environment would be more conducive if this did appear at least in the imagination of the performer to be likened unto a stage. This Awareness indicates that as the performer pretends and creates these areas of imagined achievement, the reality of that pretending begins to manifest. This Awareness indicates this as an action of creation.

The word "pretend" - to tend prior to its actual occurrence: to tend, tending something that has not yet needed the tending, tending ahead of time - attending. This Awareness indicates that as entities pretend, the force of that pretending does begin to have an effect upon the levels of reality, and the pretending, if persisted in long enough, can begin to manifest as a type of reality.

This Awareness indicates this may be a total illusion wherein no one ever agrees with the entity (such as the entity pretending to be Napoleon, or pretending to be Christ), wherein the pretending is of such a level that it is never accepted by others. Yet the action of pretending can create for the entity at least the illusion of reality, and can create for that entity the effect of that reality.

This Awareness indicates that an entity pretending to be a performer can eventually become a good pretender, that everyone agrees the entity is a performer. This Awareness indicates the entity himself may also become convinced that he is a performer.

This Awareness suggests that in terms of the expression of entities in their lifestyle, that this expression can be that which pleases others, or that which offends others, and this is something which can constantly be a source of concern. For entities often are very frustrated

by the expression of another, and entities are seldom frustrated by their own personal expression, but may be frustrated by the effect it has on others who do not appreciate their expression.

This Awareness indicates one person's expression may be the violation of the other, and the suppression of one may simply be allowing another to express him or herself. Thus there needs to be a give-and-take whereby some entities are allowed that time wherein they can express themselves, and others are allowed that wherein they can express themselves, even though each entity may find moments when his or her expression is stopped and they feel suppressed in their lifestyle.

This Awareness indicates as the organism begins to move out from the confines of a particular lifestyle, or a particular comfort zone, into areas of expression, there are many dangers, many actions which would stop that movement.

This Awareness indicates the entity who moves into adventures of exploration, whether this be in terms of territorial exploration or in terms of relationship exploration, or in terms of artistic exploration - wherein entities move out of the normal areas which they have been calling their comfort zone in which others recognize their right to be, wherein entities move into these zones in terms of behavior in relationship, in terms of a place in space and territory, in terms of ways of expression, there are always those entities who do not give their blessings to those who would break out of their own confinements.

This Awareness indicates your friends are often the number-one force which would keep you from growing greater than you are.

Most friends prefer for entities to remain ever and always the same, and fear that wherein an entity begins growing, begins moving into new areas of expression, that they may lose their friend in those adventures, in those romances, in those expressions and in those territories which are "out there."

This Awareness suggests that as entities recognize this conflict between themselves and their friends who would prevent them from growing, they may simply sit down and have long discussions with these friends, expressing their affection, expressing their appreciation, and assuring that friend that they are not to be forgotten, even though they may be departing to other places in search of their new being.

This Awareness indicates that in the action of expressing oneself in new ways, whether this be in terms of some scientific pursuit, or in terms of some romantic pursuit, in terms of some adventure, in terms of sports, in terms of creative and artistic work, in terms of drama, in terms of any form of movement wherein an entity begins expressing him or herself, the action is such that the stage becomes enlarged, the comfort zones become shaky and entities must be more daring. The entity moving into a romantic relationship must become more daring than he or she has been prior to this action, must move out of the comfort zone of the four walls, of the close friends, and must move into the discomfort and adventure associating with another in such a manner that allows the entity to become vulnerable to rejection.

This Awareness indicates that wherein an entity moves out into areas of adventure, into areas of a nature that requires skill and dexterity, these entities too, have moved away from their own comfort zone and that adventure and that call for personal expression beyond the needs of their own security level. This too does demand that the entity rise out from his or her comfort zone and find new levels and new limits for him or herself.

This Awareness indicates these new limits are nothing other than pushing back the walls which the entity has used to define him or herself - the walls of identification, the walls which surround the comfort zone. The actions which the entity has previously referred to as "other than self" are now being stretched to include identification of self into new realms of existence. This Awareness indicates as the entity's life begins to radiate and expand into these new areas, the security which the entity felt in being a single, separate self, protected by certain walls, protected by the mother's arms, protected by the comfort zones, protected by these possessions and these concepts and philosophies and ideas which did give certain comforts and assurances - these protections suddenly are being stretched to the point wherein they are overflowing and could easily leave the entity vulnerable to a loss of self. Yet that entity seldom recognizes a loss of self, but rather takes great pride in the self for having moved so far.

This Awareness indicates this as that point wherein the tree has reached its fruition, and the fruit is ripe and ready for plucking and the fruit is full of juice, nectar, and the entity is full of pride and of feelings of achievement.

This Awareness indicates this is that pride, that height, that glory which entities express and feel just before the fall, wherein they recognize their own vulnerability.

This Awareness indicates each time entities move out of a comfort zone into new areas, they shall find themselves moving in states of daring and adventure, and that very kind of consciousness allows doors to open for them. Yet wherein they begin glorifying in their own achievement, the pride which comes before the fall is but a forewarning.

This Awareness suggests that entities be very aware and very careful in terms of their own expression, for though they themselves may feel that they are at the heights of glory, this may simply be their own personal illusion and pride in themselves, and wherein this shines through to others, there is surely that kind of energy emanated toward the entity which shall yank the rug from under him.

This Awareness indicates that entities in moving into levels and areas of expression with great sensitivity and care shall find, instead of glorying in their expression and in their separateness, that they can express themselves with sensitivity, allowing others also that same right of expression.

This Awareness indicates wherein entities move with their musical talents into a party and simply sit down and start playing, assuming that everyone is enjoying that they have brought their instrument and are singing and playing - this is not a sign of sensitivity. This Awareness indicates that wherein entities wishing to play at a party, yet looking around and feeling the crowd, becoming sensitive to what is occurring, becoming sensitive to the conversations, the intensities, the interest of the conversations, and seeing that these conversations are drifting down and falling into patterns of boredom, or the lull in the party makes room for the music to be played, and then begins playing their instrument, these entities are being aware of the situation, the stage, and can add to the party and find that everyone feels an enjoyment from their action.

This Awareness suggests this as an example of the difference between sensitivity and response, and the action of simply trying to express yourself and show off, even though others may not be awaiting and appreciative of this.

This Awareness asks entities in this New Age to give great attention to their own expression, and make sure

that their expression does not violate the space of others any more than is absolutely necessary, and to make sure that others do not get by with violating your own space any more than is absolutely necessary.

Yet ask others also to be very aware of the amount of space available so that all may give a certain portion for their expression, and all may give up certain portions of space in order that others may express themselves.

This Awareness indicates that entities who talk constantly, allowing no one else to speak, may never lose an argument, yet may never have a friend.

This Awareness indicates that entities who move through actions of physical violation imposed upon others may never lose a fight, may never lose in terms of physical strength, yet may never feel themselves to belong, to be loved, or to be appreciated.

This Awareness indicates that as entities learn to become more sensitive to the expressions of others, it will be noted that one can allow the other the benefit of a doubt, and the relationship may not be of a fifty-fifty balance, but wherein entities can allow the other the right to express him or herself fifty-five percent of the time while taking only forty-five percent yourself, or sixty percent of the time while taking only forty percent yourself - this kind of relationship can become one which is not seen as a sacrifice, but simply one that allows the other the benefit of expression.

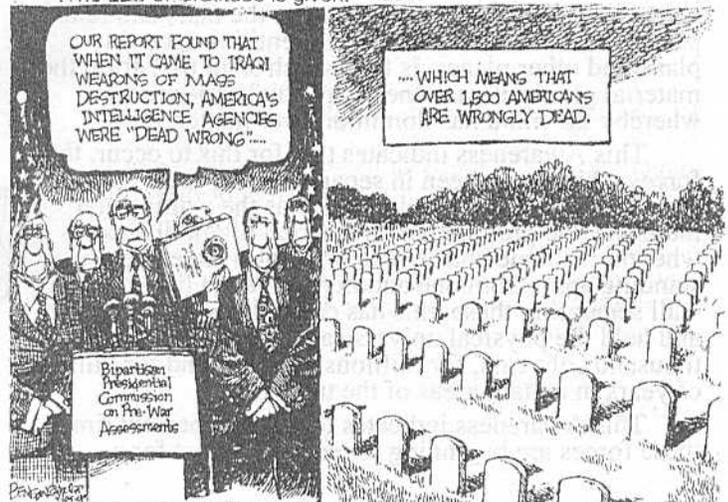
This Awareness indicates that wherein one feels a resentment at having his or her expression hindered, then it is more important to express yourself clearly than to bottle it up any further, for the resentment shall build and create resistance, and the resistance shall build and create rebellion, and this shall cycle the three "R's": resistance, resentment, and rebellion - this shall indeed hinder the relationship.

On the other hand, wherein entities can give the other attention with levels of awareness, and can do this with affection, then these three "A's" shall allow that relationship to grow, and shall allow the expression to be respected.

This Awareness suggests that entities be attentive to one another's needs, and look carefully at the word "attentive" - for attention, to attend, to give that which is tender: to tend, the tender action entities can give to one another by looking carefully at each other, and allowing each other their space and their place upon the stage of life - this is that which shall allow each entity to make room for others, and in so doing to encourage others to make room for themselves.

This Awareness indicates that entities who are appreciated seldom have difficulty finding a place to be, and entities who give attention to others are always appreciated.

(The Law of Gratitude is given.)



THE LAW OF SEX

The *Law of Sex* is that Law which states that all things shall balance themselves out if left to the forces of Universal Law as guidance and untampered by mind of a conscious control.

(Example):

This Awareness indicates that wherein an entity can simply be happy with being who he or she is, the opportunities for interchange between sexes is greatly magnified. This Awareness indicates that as the opportunities are magnified, the significance of the act itself is minimized. As the opportunities are minimized and it becomes more difficult for the entity to have close contact with another from the opposite sex, the significance is magnified. This Awareness indicates this as the nature of the dilemma known as sex.

This Awareness indicates the normal way to bridge this dilemma is through fantasy. This Awareness indicates that there are entities whose experiences are such that whenever they wish to become less polarized in their masculine or feminine energy levels, they can easily come together with another and de-polarize by sharing themselves with the other. This Awareness indicates this kind of relationship generally evolves to the point wherein such entities no longer even need to engage in sex, the sexual act itself, in order to relieve those polarities in their own being, but by simply coming together in close communication can exchange these levels and energies and move into balance with the other entity and their general situation and circumstances.

This Awareness indicates that wherein this kind of clear relationship with entities of the opposite sex, or entities close by are not fully experienced by an entity, the entity then begins feeling himself apart and separated and begins to become polarized in the masculine or feminine realm of consciousness and seeks to find the de-polarization situation known as sexual intercourse or sexual exchange, whether it reaches the level of intercourse or not.

This Awareness indicates this is the normal action of universal forces, and as such, is in harmony with universal forces. That this *Law of Sex* which states that 'all things shall balance themselves out if left to the forces of Universal Law as guidances and untampered by mind of a conscious control. All forces will balance themselves out. Yet, forces of universal proportion which are controlled by ideals, controlled by desire, by moralities, cultures, feelings being imaged and brought into being through the male and female principles and forces, this Awareness indicates this breakdown of these polarities, wherein the "yes" and the "no" are being reconciled; this breakdown between the male and female principles in the consciousness of entities upon this plane and other planes, is that which shall transform the material plane into a plane of spiritual experience whereby the mind has dominion over matter.

This Awareness indicates that for this to occur, the forces which have been in separation, the male and female principles, wherein there was the waiting and there was the probing, and the action of dominance; wherein the male and female principles have been standing apart from one another as though there were a wall separating these, this has created and maintained and held the physical universe as a material reality for thousands of years, for millions of years, and for billions of years in certain areas of the universe,

This Awareness indicates that at this present time, these forces are beginning to reconcile. That for a

reconciliation between male and female forces to occur, there must be that coming together, that sexual interchange between the forces so that all feelings of difference begin to become less significant and begin to shift and mold and mix together in a blending of male and female forces, so that the separation is no longer apparent.

This Awareness indicates this is occurring on the human level upon this plane at this time. That there are still many entities who are holding on to their masculine or their feminine image for the significance in relation to the opposite sex that this polarized image may give them. This Awareness indicates that entities experiencing extreme masculine image or extreme feminine image generally have very little happiness in terms of their sexual experiences with others, for their image does not allow them to mix with the opposite sex, for they would lose some of their sexual potency.

Ed's Note: For further elaboration on the Law of Sex, please refer to Vol. No. 4 of the Correspondence Course,





Excerpt CAC Reading 10-6-6-93 Paul Shockley Interpreter

HILARION SAYS HIGH SPIRITUAL BEINGS OVERSEE TAROT READINGS

(How Tarot Cards and the I Ching Sticks Work)

QUESTION:

Another question from JD. She writes: "In channeled writings attributed to the Master Hilarion, he states that Tarot readings work out because a group of advanced spiritual beings have volunteered as guardians for the system and oversee the cards to assure that they work out correctly. Can Awareness confirm this?", she asks.

COSMIC AWARENESS:

This Awareness cannot confirm this. This Awareness indicates that it appears the accuracy or effectiveness of a Tarot reading has more to do with the aspects of one's consciousness than any kind of guardian angel overseeing the reading. This Awareness indicates that it appears there are energies with each of the Tarot images, and these energies affect the subconscious levels of entities who are present or concerned or interested in the message so that the one who shuffles the cards and the one who interprets the cards or lays out the cards and the one who is the recipient of the information, wherein the information applies to that entity, all have subconscious connectors to those symbols on those cards.

How the Tarot Cards Work

This Awareness indicates that as entities engage in the Tarot reading, the subconscious levels of each entity involved have connections to those images or symbols on the cards, and help to call for the right card in the order of its layout, and help the reader to interpret the meaning and along with not only his or her subconscious, but also with the subconscious of the recipient of the reading, so that these symbols are voiced by the Tarot reader and apply to the recipient through the subconscious connections or links with the card and the interpreter.

How the I Ching Sticks Works

This Awareness indicates that it is quite similarly related to the I Ching in regard to the throwing of the sticks. The sticks fall in accordance with certain energies and patterns based on subconscious energies of the reader and recipient of the message. The reader of the I Ching being likened unto an interpreter working in behalf of the recipient of the message, and these sticks falling in a certain pattern bring about the delivery of a particular message or sets of messages, some of which stand out more to the subconscious of the interpreter than the others.

Thus the interpreter or reader of the sticks will see certain things in one situation that might be ignored in another, and the entity may see certain things that stand out while also letting other things be overlooked because his or her subconscious focuses in this way as it connects itself or links up with the subconscious of the

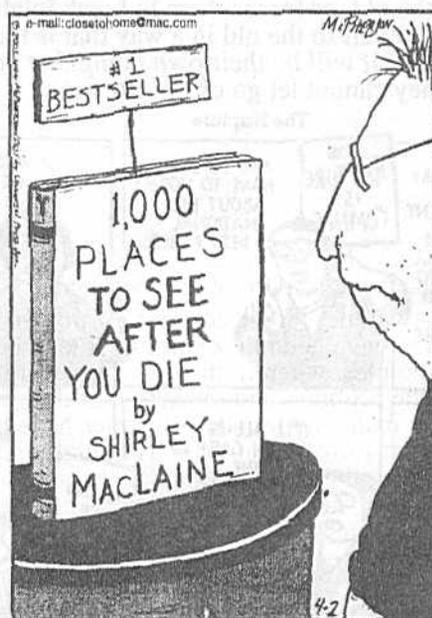
recipient of the reading. This Awareness indicates that things work out because the subconscious levels and understanding of the entities are engaged in the process of interpreting in accordance with what it, the subconscious, already understands in regard to the particular questions at hand.

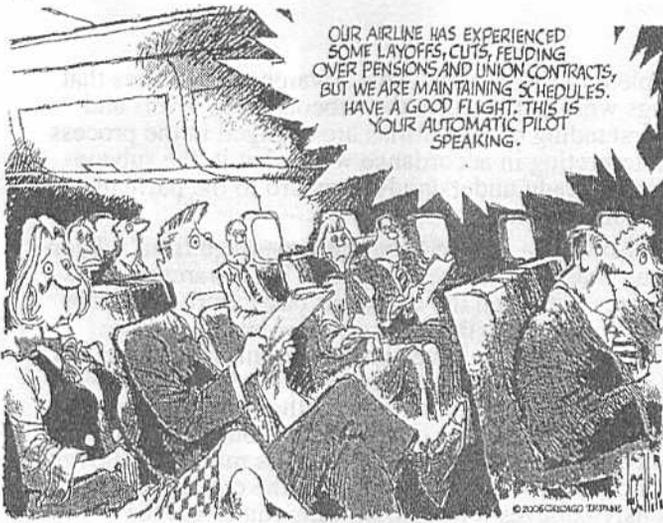
It is simply a way of bringing a message from subconscious levels into consciousness. This Awareness indicates that often the messages don't work out or are erroneous because the subconscious levels of those involved have been given erroneous information or have not received a clear understanding, but believe something is correct, when it isn't. In other words, an entity can believe something on a subconscious level that is totally in error, because the conscious mind has allowed this information to go through and the entity subconsciously believes it to be true. This can affect the outcome of the reading, to give a false reading or false information in the reading.

This Awareness indicates if your information is generally correct, and subconsciously you know that all of this is correct and there is no false information involved in your subconscious evaluations, then the readings generally will work out accurately.

WHAT IS COSMIC AWARENESS?

COSMIC AWARENESS is the Force that expressed Itself through Jesus of Nazareth, the Buddha, Krishna, Mohammed, Edgar Cayce and other great avatars who served as 'Channels' for the 'Heavenly Father' and who speaks again today as the world begins to enter the 'New Age' of spiritual consciousness and awareness. Since 1963 Cosmic Awareness has been communicating through carefully trained channels. This information is for those who desire to help in bringing in the New Age. Throughout the thousands of 'Readings' given through these various channels, Cosmic Awareness tells us not to believe anything, but to question, explore, doubt, and discover for yourself, through your own channel what is the truth. Cosmic Awareness will only 'indicate' and 'suggest'. Neither C.A.C. or any of the Interpreters is responsible for anything Cosmic Awareness states in any of these readings, nor does C.A.C. or the Interpreters necessarily agree with the statements of Cosmic Awareness. The interpreters interpret the energies as they see them in trance levels and are not personally responsible for what is said. The interpreters published herein have no connection with, nor control over the editorial comments and material, including illustrations. This is entirely the responsibility of the editor. Members of C.A.C. are invited to send in questions of general interest to ask Awareness for possible publication in this newsletter.





What the "End of Time" Really Means

(More on the Density Change of 2010-2012)

This Awareness indicates the so-called "end of time" is not what many expect.

It is not as though everything is coming to an abrupt end, but everything is coming to a state of great change, and this may be considered as the end of the world as you know it.

This Awareness indicates vibrations will change, but they will change in a way so that entities are able to change with the vibrations. The frequency changes are coming for entities to move them into higher more etheric experiences which most entities will accept without that much trauma.

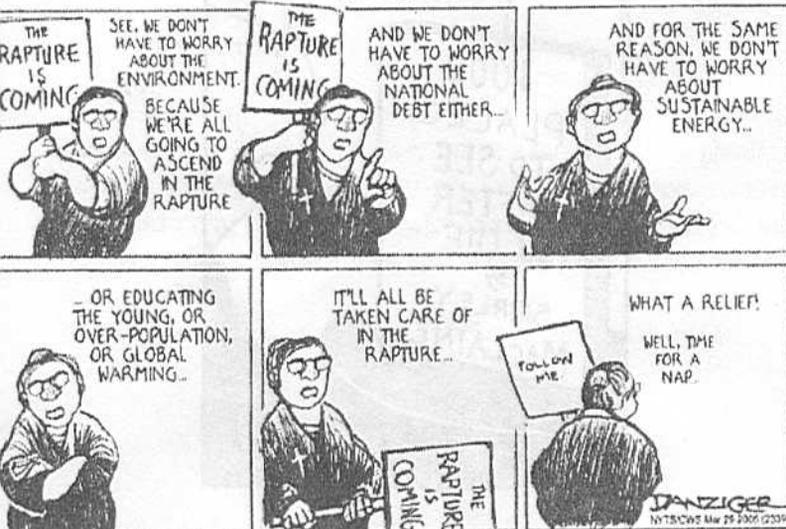
They simply become more sensitive and aware of different kinds of perception.

They will become more psychic and more spiritual and realize they have abilities they did not have before.

It is not as though they suddenly die and are reborn into new bodies or forms. It is more likened unto old things gradually fading away and new things emerging into reality, but in the process of several years, reality will undergo considerable change and the new reality will bring about a new world, a new age, a new situation for entities and the old ways will fade away.

Those who find it difficult to move toward the new because they are holding on to the old will be the ones who suffer the most. They may get jerked around by some undesirable force that does not allow them to linger in the old, or forces them to break totally from the future and revert to the old in a way that is most painful for them, but it will be their own doing that holds them back, if they cannot let go of the old ways.

The Rapture



How to Improve Lungs & Prevent Blood Clots
(More on Cayenne Use and Sniffing Brandy)

QUESTION:

A question from Lorraine Sicard, Lebanon, Missouri. She writes: "My husband was in the intensive care unit for his lungs in November for a month and he is on strong medication for his lungs and blood clots. Perhaps sometime Awareness could give some information for some of the things one could do to improve their lungs and prevent blood clots."

COSMIC AWARENESS:

This Awareness indicates that there are certain substances that the medical profession uses for preventing blood clots, that the particular situation as that which may vary from entity to entity and the particular type of problem in the lungs may vary from entity to entity so that a blanket statement is not likely to be of great value.

This Awareness suggests that the use of cayenne helps to keep the blood regulated in terms of blood flow and its ability to clot properly and flow properly. This Awareness indicates that the question is such that it is not answerable other than in these broad general responses, because the question itself pertains to so many broad and general potentials.

There are so many variations of lung problems and these cannot be addressed by a single response.

FOLLOW-UP (AVATON):

My daughter Katherine just mentioned that she remembers that Edgar Cayce prescribed for lung problems, people to sniff the fumes of brandy that are inside an oak Jug that has been charred. Is there any truth to that?

COSMIC AWARENESS:

This Awareness indicates that this creates fumes which some entities would benefit from in a similar way that entities could benefit from fumes of Vick's or other forms of aromatic herbs. The alcohol in the oak charred drum, wherein the brandy is placed, creates strong fumes that would have an effect on the lungs, helping the bronchial tubes to relax and this could be beneficial, if that particular need is part of the problem or if that particular need is what you seek for the problem.

This Awareness indicates that if it is something totally different, if the lungs are highly congested or if the lungs have lost their elasticity and cannot condense or fluctuate with the breathing, then this may be of little or no value, and some other situation may be necessary.

This Awareness indicates that it cannot harm an entity to breathe the brandy fumes from such a drum, and may be beneficial, particularly in clearing up bronchial tubes that might be closed. This Awareness indicates if the problem is caused by yeast infection, the alcohol fumes may make the matters somewhat worse.

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