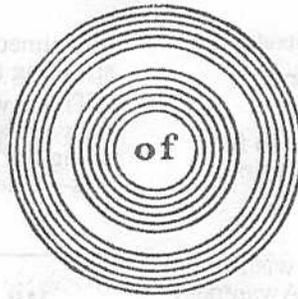


# Revelations

The Cosmic Newsletter

E-mail: [CosmicComm@aol.com](mailto:CosmicComm@aol.com)  
INTERNET DOMAIN: [www.CosmicAwareness.org](http://www.CosmicAwareness.org)  
FAX: 360-352-6294



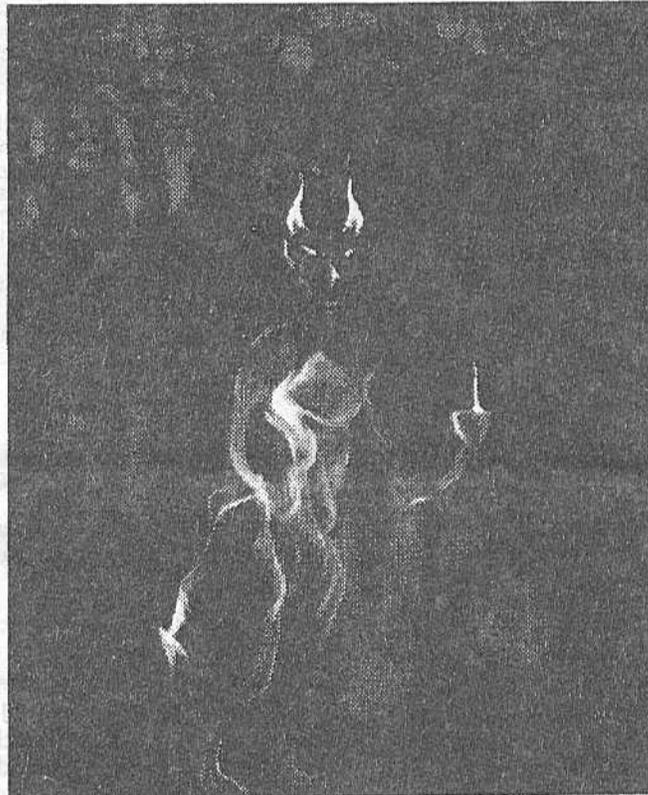
# Awareness

COSMIC AWARENESS COMMUNICATIONS  
P.O. Box 115, Olympia, Washington 98507  
Helping People Become Aware

Celebrating our 34<sup>th</sup> Year!

2005-7  
Issue No. 589

\$3.00



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- How to chop up the aura for healings
- What Cosmic Awareness can do for you
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- The Cosmic Awareness Spiritual Development Course  
(ARIES: Lesson Number seven)

Excerpt from a Personal Reading, Paul Shockley Interpreter

### What Awareness Can Do For You

#### QUESTION:

Awareness has said, "Ask not what you can do for Awareness, but ask what Awareness can do for you." I hereby ask this question.

#### COSMIC AWARENESS:

This Awareness indicates that wherein you wish something from this Awareness that you discover Awareness waits within and move into that realm. Understand when you have moved into Oneness with this Awareness that your world is exactly as you view it. You will discover there is a correlation between imaging and dreaming and your so-called reality. When you moved into this plane which you call reality, that as you entered there were vague remembrances, there were vague and only fleeting glimpses of this so-called reality. This Awareness indicates that when you moved into this plane your world of reality was that which you now look back upon and call imagination, dreams and day-dreaming. The imaginative world of the child is that in which it is moving from one dimension into the next. As adults you say this is reality and you can be very precise about what is reality.

#### This Reality Is Nothing More Than Just a Vivid Dream

As adults you begin defining more and more that which you agree upon as being reality. In this action you all then begin focusing more and more attention into that which is taught and termed reality. This Awareness indicates that you understand this reality as nothing more than just a very vivid dream. Wherein you are capable of falling asleep and going into a dream-state, and giving great attention to certain significances within that private dream-state, that this dream-state then becomes more real. That as this goes on over long periods of time you will discover that the dream state can become ever more real than the so-called waking state, and many people form their realities on these private dream worlds.

Through your lifetime as an adult and into old age you will discover yourself moving into another dream world and creating a totally new reality. In this manner you can constantly create one world from the next while stepping from one level into the next level very slowly and gradually. In realizing this, in knowing that you are this flowing Awareness that moves from dimension to dimension, that in realizing this, you also discover that you are the sole (soul) entity, imagining your world from your point of view. That in your imagining you create that which you see.

This Awareness indicates that likened unto a dream which is influenced by outside stimulus by those forces of other beings, so likewise your reality which you are creating from moment to moment in your imaging facilities also has some interference from those forces which are outside your area of awareness. This Awareness indicates that wherein you understand total Cosmic Awareness as that which has nothing left out; when you understand this, you will discover that *all* entities are the *same* entity, and every human face is every other human face. That you are *all* this Awareness; that you are *all* lights, and cells, and bodies, and souls of this Awareness in different expressions, dimensions, shadows, shapes and forms; yet *totally one*, even as the bones and cells and tissues and blood are together and one within your own being.

This Awareness suggests you understand all these many aspects of this Awareness are all the many

unclaimed aspects of *yourself*, and that essentially in speaking to you, this Awareness is speaking to *Itself*.

This Awareness indicates ask what Awareness can do for you; for you *are* this Awareness and are capable of doing for yourself *anything* this Awareness can do for you---when you are thus aware.

## WHAT IS COSMIC AWARENESS?

COSMIC AWARENESS is the Force that expressed Itself through Jesus of Nazareth, the Buddha, Krishna, Mohammed, Edgar Cayce and other great avatars who served as 'Channels' for the 'Heavenly Father' and who speaks again today as the world begins to enter the 'New Age' of spiritual consciousness and awareness. Since 1963 Cosmic Awareness has been communicating through carefully trained channels. This information is for those who desire to help in bringing in the New Age. Throughout the thousands of 'Readings' given through these various channels, Cosmic Awareness tells us not to believe anything, but to question, explore, doubt, and discover for yourself, through your own channel what is the truth. Cosmic Awareness will only 'indicate' and 'suggest'. Neither C.A.C. or any of the Interpreters is responsible for anything Cosmic Awareness states in any of these readings, nor does C.A.C. or the Interpreters necessarily agree with the statements of Cosmic Awareness. The Interpreters interpret the energies as they see them in trance levels and are not personally responsible for what is said. The Interpreters published herein have no connection with, nor control over the editorial comments and material, including illustrations. This is entirely the responsibility of the editor. Members of C.A.C. are invited to send in questions of general interest to ask Awareness for possible publication in this newsletter.

Excerpt CAC Reading6-3-17-93 Paul Shockley Interpreter

### Teacher Suspects Satanic Abuse of Students (Trying to Deal With Fundamentalist Ministers)

#### QUESTION:

A question from Lynn Mitchell\* in Cottage Grove, Oregon. It's rather long, I'll read her statement.

\*I've changed her name when we publish this. Ed.

"I am teaching pre-school and kindergarten in a small town in Oregon. An astounding number of children in the school have been abused, are abused. It appears that the state's Children's Services Department (CSD) either doesn't care or does not have time and personnel to intervene.

"It is becoming more and more difficult for me to attempt to care for these children because I feel so sorry for them, and I feel so helpless in changing their horrible existence. I have heard now from at least four different sources that there is a Satanic cult which practices in the forest beyond our school. This school is very rural, located 12 miles from town. If there *is* such a cult, then I suppose it is reasonable to assume that some children in our school are victims of Satanic abuse. I suspect three or my students are victims, if not more, but I don't really know.

I used a practice in my classroom last year in which I placed a disturbed crying child on my lap. I taught the other children in the class that we could send love to this hurting child and make him or her feel better. We took in a deep breath, filled our hearts with light. Then I told the children to fill their light with love from their hearts. The light would turn pink with love and we exhaled it, wrapping the loving light around the child in need, and presto! the child was happy the rest of class-time. We did this often in front of volunteer parents who told me it was beautiful, until one Fundamentalist parent objected.



"I visited with her and her minister, explaining I was teaching kids to love and care for one another, but they chose to believe I was opening the children up to Satan. I discontinued the practice. Almost one year later, which was about two months ago, a different minister in town announced to his large congregation that there was a teacher in one of our local schools who practiced witchcraft, using pink light on the children.

"The principal and I went to see this minister. I asked why he chose to instill fear instead of faith. I asked why it was the church was banning me from sending love. I asked why his church was busy with hearsay and third-hand stories. Why didn't he come to me and ask about this pink light and so on and so forth?"

"I am writings these questions in hopes Awareness has suggestions for me to deal more collectively with these children: Question: (I'll read her first question) #1: Is there a Satanic cult which practices near our school?"

#### COSMIC AWARENESS:

This Awareness indicates that it appears this is correct. This Awareness indicates that it is seen as being relatively small in comparison to many such groups, being approximately 20 persons directly involved. This Awareness indicates that it is suggested you wrap yourself in the White Light, wrap the school in the White Light of protection and each child. That the ritual given in the reading for yesterday gives the method by which you may do this.

This Awareness indicates that this be done privately and not publicly. This Awareness indicates that *It* is also aware of problems that may occur from Fundamentalists religionists who see the devil in anything that is not strictly promoted by their own religion. This Awareness indicates that you must be very cautious about how you present your imaging for your students.

#### Instead of Sending Pink Light, Send Love to the Entity

This Awareness suggests that rather than asking them to use pink light, you may simply suggest that they send love to the entity and let them describe the color of light or color of love. This Awareness suggests that in sending pink love or pink energy you will get less flack than if you call it pink light. This Awareness suggests pink love will be easier to use with less flack from the Fundamentalists.

It is very difficult for the Fundamentalists to criticize someone who sends pink love to another child or has the class send pink love to another child. This Awareness indicates that you may also omit the color altogether if you wish. This Awareness indicates however that it does appear that the ritual you used was very helpful and effective.

This Awareness indicates that you may in silence and in secret wrap each of these children with 9 layers of White Light for their protection. These 9 spheres of

White Light will help to protect these entities from any harm, either from personal abuse at home or from any Satanic influence in the area.

#### By Law Suspicion of Child Abuse Must be Reported

This Awareness indicates that you should also know that by Oregon law you are required to report any suspicion of child abuse to the CSD. If you do not feel CSD is taking action, you may wish to write the superior officers of CSD in Salem or wherever it is headquartered.

This Awareness indicates you may simply indicate to the state that you have contacted CSD about this, but that they have so far done nothing to investigate. This Awareness suggests of course, you get all of the evidence together. If children have testified, you should record these messages, send them to CSD. If nothing is done, then send copies to the head offices in the state and inform them that you have notified CSD and that nothing was done locally.

#### How Many Children Are Satanicly Abused?

##### QUESTION 2:

Are many of our Dorena Elementary School children Satanicly abused?

##### COSMIC AWARENESS:

This Awareness indicates it is difficult to see this as an absolute, but to this Awareness it appears there are two children, or two families that are seen as being involved in these Satanic connections. This Awareness does not wish to get you involved in this kind of investigation or probing as it can be extremely dangerous to you. You could very easily get yourself killed by these entities.

It is better to collect any evidence of child abuse from the children and rather than concerning yourself with these Satanists, simply report whatever you know to the Children's Services Division. This Awareness indicates that it appears that you should collect information according to your own occupational requirements and send the information to the Children's Services Division to be processed according to law.

There are very well-defined laws in regard to the reporting of any child-abuse in schools or suspected in schools in the state of Oregon.

#### What More To do For the Children?

##### QUESTION 3:

"Is there an exercise or something I can do to help them?" This would be other than the White Light exercise Awareness indicated previously.

##### COSMIC AWARENESS:

This Awareness indicates that *It* does not wish to complicate by adding some other ritual that would not be any more effective. This Awareness indicates that coupling prayer with the White Light ritual appears to be sufficient. This Awareness indicates that you might also consider soliciting help from the Fundamentalists in this regard, conveying any suspicions you may have that there are Satanists operating in your area.

This Awareness indicates you may wish to do this directly or anonymously through written messages, giving information that you have gathered from the sources or rumors you have heard. This Awareness suggests of course you not tell them that you got this from Cosmic Awareness for this will simply imply to them that you were communicating with spirits or demonic sources.

Most Fundamentalists see these Cosmic Awareness messages as being from the devil. This Awareness indicates you must be very aware of the kind of people you deal with when you talk with Fundamentalists. They have their own narrow view of life. If you have any hard evidence or witness or testimony indicating there are Satanists in the area and can share that information with these entities, this would be beneficial. Since these entities are devil hunters anyway, they would love to pray for and get involved in chasing Satanists out of the territory.

#### **Satanists Have Infiltrated Some Christian Churches**

This Awareness indicates however, *It* also wishes to caution you that Satanists have infiltrated some of the Christian churches and that even though they are Christian in nature, there are within those churches, occasionally, Satanists, who keep track of what is going on in the religious community, and who attempt to use religion for witch-hunts against their own enemies.

It is very difficult to get involved in this kind of situation without endangering yourself, especially if you do not fully understand what you are involved in, and this Awareness would advise you to be extremely cautious or stay out of the arena, sticking to your job, or going to certain authorities. This Awareness indicates for example, it is not uncommon, for authorities in a community to be involved in Satanism.

#### **An Oregon Sheriff Was a Satanist Leader**

A sheriff of one city was one of the Satanist leaders in that community, a small community in Oregon. This Awareness indicates that you can imagine what might occur if someone went to the sheriff to report the Satanist activities when the sheriff himself was one of the Satanists. Therefore, this Awareness suggests that you be very cautious and not assume anything. It is better that you use the magic of White Light.

This Awareness suggests you also may, in your silence and in your secrecy, project White Light to those Satanists for it is extremely frustrating to Satanists to be wrapped in White Light. They cannot function in their Satanist activities when they are wrapped in White Light and it takes long periods of time for them to get rid of the White Light.

#### **Awareness Sends White Light to the Children**

This Awareness wishes at this time to send White Light energy to this teacher, to this school, to these individual children, to protect them. This Awareness wishes also at this time to send White Light energies to those who are involved in the Satanist activities, to shield them from Satanic influences, that they may break free of the Satanic influences.

(Long pause while energies are sent)

This Awareness indicates it appears the energies are now harmonious and soft and clear. This Awareness indicates that this teacher is one who can also energize these White Light spheres around her students, protecting her school and herself and her teachers and staff at any time she feels apprehension or concern for their welfare.

#### **How to Send White Light to the Dark Forces**

This Awareness cautions that when wrapping the Satanic entities with White Light that you keep pouring the White Light in to these entities, onto these entities, around these entities, until you no longer feel any dark force emanating from them. Do not stop pouring White Light until you can no longer sense or feel any dark force emanating from them.

Once the dark force ceases to emanate from them, you may then cease in your effort to pour more and more

White Light around them. They will have then become neutralized and free from the dark force.

This Awareness indicates if you should find that an energy of darkness keeps trying to emanate, even after you have wrapped these entities with White Light for a long period of time, you may focus on that dark force and visualize the White Light pouring onto that dark force wherever it may be, with such power that it wraps around that dark force, binds it tight with Light, with the White Light, and sends that force off into other galaxies, outer space, beyond this universe itself, into areas of the great abyss, between universes, in which nothing exists.

When this dark force is left out there, it cannot bring harm to others. This Awareness indicates that the force of that particular group mentioned in Oregon has been thus treated and the kernel of its essence has been removed and sent into outer darkness to those void areas between universes where there is nothing, where there is no substance, and the darkness itself can only merge with the void, the nothingness of obscurity.

### **How Can Satanic Abuse be Identified?**

(Does it Really Matter? Abuse is Abuse)

How to Deal With Demi-gods Who Claim Authority

QUESTION (IBID):

She had another question. "How can I identify Satanicly abused, as opposed to general emotionally physically abused children?" And then, parenthetically she adds, "Perhaps it isn't so important to ascertain Satanic abuse as abuse is abuse, resulting in the same dysfunctions."

COSMIC AWARENESS:

This Awareness indicates that this is in the affirmative. That without the children speaking of this, and they are not allowed to speak of it for fear of death, either to themselves or to others, it would be most difficult to determine if Satanic influences were involved. This Awareness indicates sometimes you can determine whether children have been exposed to concepts of Satan by watching their artwork, seeing things in their drawings, but that this should be left to people who are more well-trained in such matters. It is not necessary for you as a teacher to become a Satanic investigator.

This Awareness indicates that if one were to seek to investigate what goes on in children's minds, they could simply ask questions such as, "Draw a picture of what you think heaven is like", or "Draw a picture of what you think hell is like", or "Do you think there is such a thing as hell?", or you might ask them if they can imagine what God looks like.

This Awareness wishes to caution you however, that this is very close to teaching religion in schools and can lead to problems related to the separation of church and state. This Awareness indicates it is best for you to stay out of these areas as a teacher. If you wish as an individual to become more involved, you might discuss things with the minister who gave you the hard time. Talk to the minister about your fears of a Satanist group in the area.

Do not express it as though this was something you believed in or were concerned about, but rather, that you heard about through various rumors. If he wants to know who told you, just let him know "It has come over a period of time with different people discussing it and I can't remember exactly who said what. I am simply asking you if you know anything about it."

This Awareness indicates that of course you do not know whether this minister himself might be somehow

ted in with the Satanists. It is more likely that he is not, but this Awareness indicates you can bring it to his attention simply by asking him if he has ever heard of similar rumors and if he thinks there could be such a thing happening.

#### **Many People Are Killed For Knowing Too Much**

This Awareness indicates that you do not want to present yourself as one who knows that there is a Satanist group, for you may put yourself in jeopardy. Keep in mind that very few people are killed for asking a question, but many are killed for knowing too much.

This Awareness indicates even in the time of Communism entities learned that they could speak out in school and say things in the form of a question that they were not allowed to say in a statement. Thus, they could not speak of God in Communist classrooms, but they could ask questions about God and force their teachers to respond to those questions, which in turn could lead to more questions until the teacher was saying more than was allowed in the classroom.

#### **When Endangered Don't Talk About It—Ask About It**

It is the same in life. If there are areas in which you find yourself under threat or potential danger, don't tell about it, *ask* about it. Simply ask the minister if he has heard these same rumors that you have heard. You may also suggest to him that you have had some suspicion that perhaps some of your children may have been abused, either by these Satanists or by family members, but that you do not have any real proof.

This Awareness suggests you may ask them to pray for your children. This Awareness suggests also that you may share any evidence you have as to who the children are so that the minister can talk to the parents, if appropriate, but this Awareness suggests you must keep in mind, there is in the state of Oregon a law that teachers *must* report any suspicion or evidence of child-abuse to the proper authorities, and that is paramount, even before these other things.

Your school could be shut down if the authorities discovered that you have withheld information relating to child-abuse, and if the local CSD does not take action or take your report or do anything with it, then it is your responsibility to go to the higher authorities above them and make your report there also.

If necessary, you may wish to contact your political representatives such as a Congressman or local representative, or the Board of Education for the State of Oregon. But you must be cautious in any form of exaggeration or statement that does not appear to be based on fact. Messages from this Awareness would not be classed as factual evidence to these authorities.

This Awareness indicates that statements from children about themselves or others being abused would be classed as factual evidence; any kind of scars or physical indicators would also be classed as factual evidence pointing to child-abuse. These are the kind of things to gather and to present. If there are any witnesses, this is information of considerable value in your presentation.

This Awareness indicates that behavioral patterns can sometimes be interpreted by good psychologists to get some information that might indicate abuse. This Awareness indicates however, that you must be careful not to let yourself be influenced by imagination alone or by suspicion or fixation; that you must question whether you are really seeing evidence of child-abuse or are simply fixated on the *possibility* of child-abuse and perhaps imagine that a certain child's behavior indicates child-abuse.

This Awareness indicates question first yourself and your evidence, then look carefully at the evidence available, then, if it still seems that there is evidence of child-abuse, take it to the authorities. If the authorities do not consider it seriously and you feel they should be doing so, take it to the authorities above them.

#### **All So-Called "Authorities" Have Someone Above Them**

This Awareness indicates you must realize that all so-called authorities have someone above them. Even the President of the United States has someone above him; this being the public, and there are many who operate to influence the public, such as news media, or various individuals in the government who speak out in behalf of the President or who lobby in behalf of various concerns of the public.

#### **"Can I Speak to Your Supervisor?"**

This Awareness indicates that in most bureaucratic situations, it is much easier to find the supervisor who resides in a position above the boss or administrator or whoever is the appropriate authority that you wish to step above for communicating to his or her boss. You can always go to the one in charge above the one you are speaking to, or at least ask for such an entity: "Can I speak to your supervisor?"

In doing this, the entity becomes vulnerable to you, because the entity does not want you going over his or her head to speak to his boss about a problem that you brought to him or her. The entity wants to get rid of you, so that he or she does not have to deal with you any further.

This Awareness indicates if they cannot get rid of you by telling you: "We'll look into this. It appears there's nothing to this, so don't you worry about it," and if you say: "Can I speak with your supervisor? You have had my report for one month now and you say nothing has been done. Can I speak with your supervisor?" the entity will not want you speaking with his or her supervisor because it could bring the wrath of the supervisor down on them.

Instead, they will say: "Give me another week." Or they will say: "Give me more time, and I'll look into this." If it does not happen, you may then just call the supervisor or ask again if they have done something, what they have found out, and if you can speak to their supervisor if nothing has been done.

This Awareness indicates that to handle bureaucratic demi-gods, simply ask for the supervisor of the particular demi-god you are speaking to and you will see that they will generally jump to your tune, to do what you ask them to do, if it is within their power or within their duties. This Awareness indicates in some instances they will turn you over to their supervisor, and if you do not get satisfaction there, then simply ask for the next person up.

You may finally, at some point perhaps, end up speaking with the owner or speaking with the official in charge of all operations, or at least that may be your hope, and from there, you are in touch with the seat of power that governs all of the little demi-gods below.

This Awareness indicates that it does not usually get that far before someone takes you seriously and starts trying to do something to solve the problem. This Awareness does not suggest that you make a pest of yourself, but that you realize how you can deal with those little demi-gods that do not want to be bothered by your concerns.

This Awareness indicates if you find yourself in a position where they ignore you as a nobody because you have gone into communication on levels beyond your

status, it may be necessary for you to call upon a different hierarchy system. Rather than dealing with the hierarchy or the state, for example, you may find it necessary to go to the newspaper, the voice of the media, to alert the masses.

#### What To Do if the State Authorities Ignore You

If the authorities in the state bureaucracy do not wish to hear what you have to say, go to the masses, to the newspaper, or radio or television, or put up fliers around your town on telephone poles, or take some other action such as going to churches to alert the people, or whatever else may get you a larger voice.

You could put out a chain letter, asking people to reproduce your information, to alert everyone in the area that there appears to be indications of Satanism or that you are concerned that some of the children in your school may have been molested at home. This Awareness indicates of course, any time you take on this kind of rite in your expression, you also have the obligation to back up what you are saying, unless you wish to do this anonymously, just to start an inquiry and start a focus of attention.

You can always anonymously put up fliers around town alerting people to this potentiality, and escape from having to be responsible to prove it. You will still perhaps have some personal sense of responsibility for your actions even if you remain anonymous throughout, particularly if there is nothing to your assertions.

This Awareness indicates that *It* is simply giving you many different options to consider. *It* is doing this in part so that you and others may understand that you have more personal power to influence than you may realize. This Awareness indicates it is also possible for you to write anonymous letters to the various authorities in town, to the church leaders, to the community leaders, to alert them of your concerns.

Doing something anonymously is not necessarily cowardly. It may be the very thing necessary. It may be very wise. This Awareness indicates that it is not always easy to be anonymous. Your typewriter may be traced by the examination of the type on your letter. It is possible that it could be traced back to your typewriter, and you might be questioned as to why you sent out this letter, and what the basis of your assertion came from, why you are making these outrageous claims and statements.

This Awareness indicates whatever you do is likely to have some degree of risk involved, but if you do nothing, there is also that which is the potentiality of risk. If something happened to one of the children, and you had suspected there was abuse going on, and you did nothing, you could be held partially responsible for not making a proper report, according to the laws relating to that incident.

This Awareness indicates therefore, you have many options. There are many ways situations may come down requiring you to make decisions. Do not feel that your decisions must be limited to your past experience, for there are many new experiences through new options and new ways of doing things that can develop.

This Awareness indicates you may, for example, call a school meeting, an urgent school meeting of all parents, to discuss this issue of apparent child abuse without naming any children or any parents, just to alert all of these parents that it is being watched and to let these parents know that there are entities who are concerned and interested in the welfare of the children so that if any parent is abusing his or her child, they will feel very uneasy about continuing this action.

This Awareness indicates by getting the parents organized, discussing it, concerned about it, it can bring the whole thing out into the open for community discussion and can discourage anyone from furthering any abusive action toward the children. You may also wish to bring in discussions about the rumors of Satanism so that all of the town, all of the parents know about this rumor.

These are risky activities, but by having them out in the open, there is a diminishing amount of risk, or by doing things anonymously, you can diminish risk, or by reaching out to others in the community and asking for their participation in dealing with the problem you can share the risk, and defuse yourself as a target so that you are not the only force causing disruptions or problems for those child abusers or Satanic people, followers or worshipers.

### The Media Cover-up of Satanism (Reasons Why the Media Cover-Ups Certain Stories)

#### FOLLOW-UP (AVATON)

Awareness, this whole subject of Satanism and Satanic rituals appears to be covered up, I suppose is the word, by the media, among other things, even when there are legitimate stories about these rituals and the police find evidence out in the woods that some ritual had taken place. The point of view, from the media, if not in the first story, almost always in follow-up stories ends up ridiculing the concept.

#### COSMIC AWARENESS:

This Awareness indicates this is much likened unto the approach toward UFOs. The reason for this is that one of the roles of the media is to pacify the masses and keep them from getting agitated. The media is supposed to keep people from getting too upset or disturbed because they don't want riots, they don't want mobs, they don't want people out there trying to do something, because people are afraid, for most of the time when people are afraid of something they become irrational.

When people become irrational they could be out with guns wandering around in the woods shooting each other, thinking they had just shot someone who was a Satanist, for example, or an alien, or some other intruder.

This Awareness indicates that the media tends to toe the line of the established government, being occasionally able to probe into areas of investigative reporting to unleash or unlock secrets or information that they believe the public should know, but generally this information that they open up is not the kind of information that would cause the public to panic.

The breaking of Watergate does not threaten the masses. It threatens the establishment. It threatened the President, but the breaking of a story about UFOs landing or about abductions could be seen as a threat by the masses, and if told in the wrong way could start many entities into a kind of agitation that might be difficult to control.

Cattle mutilations could be told in small paragraphs with some kind of authority speaking about their investigation, leaving it a mystery, not asserting that there is some kind of force out there killing your cows, but saying rather that there is "this" theory or "that" theory as to who might be causing these things, and that the sheriff's department is still investigating, which leaves the entity with the gun and the dead cattle wondering what to do.

If the entity were told: "There is a gigantic monster out there killing your cows!" the entity with the gun would know what to do. He would round up his

neighbors and friends and go out after the monster. Or if he were told they were aliens, or if they were told they were devil worshipers killing the cattle, he would know what to do.

But generally, the press leaves it with a question and mystery so that nobody knows quite what they are dealing with, and if they don't know what they are dealing with, they don't know what to do, so they do nothing, which is what the government wants.

This Awareness indicates in that way the police and the authorities can investigate, gather information without hindrances from local farmers, ministers, ranchers or others who want to do something about the situation.

This Awareness suggests that the Interpreter be brought from trance.

Thank you. (The Law of Gratitude is given)

Excerpt CAC Reading 7-5-1-89 Paul Shockley Interpreter

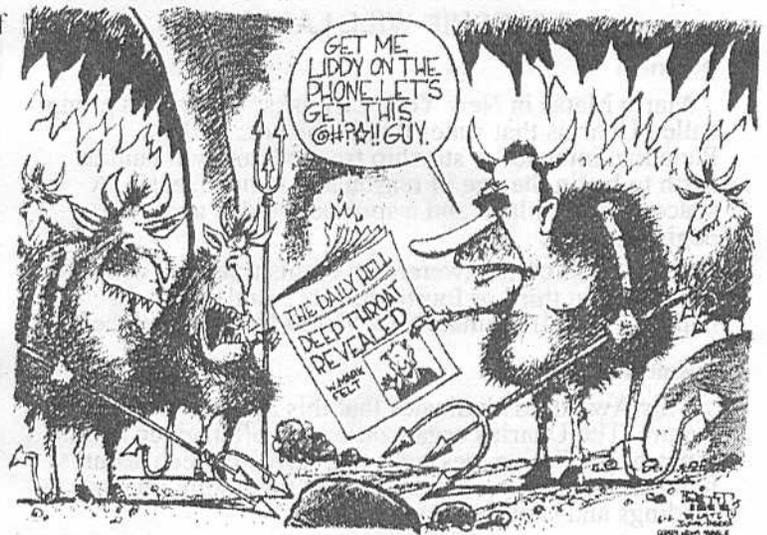
### Ramtha's "Consciousness in Energy" Teaching (Is It Really the Only Technique for Opening the Chakras?)

#### QUESTION:

A question from Jack Ritchey, from Kelowna, British Columbia. He writes: "For approximately the last year, Ramtha has been teaching "Consciousness in Energy". It is basically a breathing technique that is to drive energy from the lowest seal up the body to open all the seals, and ultimately, the 7th seal, the pituitary gland; the pituitary thus releasing hormones to open the unused 2/3rds of the brain so it can receive infinite thought, and also balancing the nervous system and changing the cells to protein activity rather than acid. Now Ramtha says that this is a technique used by all the ancient mystery schools, and the *only* technique that can open the brain and that all Christs knew it and used it. Would Awareness please comment on this?"

#### COSMIC AWARENESS:

This Awareness indicates that this as being a technique by which the chakras can be opened one by one through focusing on the chakras and through breathing techniques. It is not the only method for opening the chakras, or if you wish to say it is the only method, then you must comment that it has variations involved. This Awareness indicates the exclusiveness in this has to do with the exclusiveness that the chakras need to be opened in order to reach these higher levels of consciousness. This Awareness indicates there are a variety of ways whereby these charkas can be opened; that the breathing techniques can assist, that symbolism can assist, that over years of experiencing and incarnations an entity's consciousness will per chance rise to higher levels, and this allows an opening of the chakras to occur; that for example, cultivating mercy will assist in opening the heart chakra; cultivating certain abilities to speak and to relate in terms of social relations helps to open the throat chakra; cultivating psychic powers and concentrative abilities helps to open the pineal chakra.



#### Development Classes And Other Means to Open Chakras

This Awareness indicates that there are also what this Awareness has given as Development Classes designed to open the chakras. This Awareness suggests that Hindus and yogis from India and the Orient and those in America using such techniques through meditation and breathing techniques and concentration techniques have been able to open certain chakras and through these openings have reached the nirvana state or that which may be termed the Christ Consciousness. This Awareness indicates that even the Christian experience known as salvation can have its effect on the chakras, opening the chakras, especially the heart chakra.

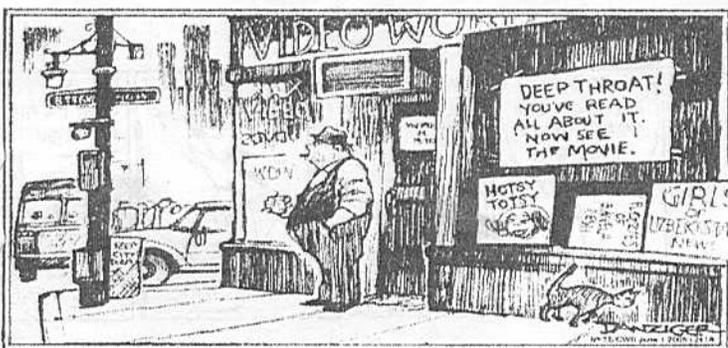
#### Some Ways One can Force Chakras to Close

This Awareness indicates that likewise, it is possible for entities to force chakras to be closed. This Awareness suggests that the closing of chakras often occurs through programing and an entity can be, for example, inducted into the military by the observation and attraction and attachment to that which is pride, to that which is the pomp and circumstance and show, whereby the entity becomes proud of self and then finds after some time that the pride only was for show and now the entity is getting down to the adrenaline level, wherein he must concentrate on killing and fighting, and from there, the entity may even sink lower into those gonad levels, where all he or she can think of are the lower instincts.

This Awareness indicates that in the process of some deterioration, these entities may close off the pride or heart chakra level, the pomp and circumstance may lose meaning to them and they find themselves degenerated. This Awareness indicates that likewise, entities in developing certain knowledge and certain skills will help to open certain of the higher mental charkas. It all depends on which techniques the entities wish to use, how well they use them, whether the techniques are as effective as something else is a different matter.

This Awareness indicates that in many ways, the breathing techniques, being a form of alchemy or yogic meditation techniques using breath and meditation; these do have their special benefits. This Awareness indicates that every technique in and of itself has certain limitations also. An entity can meditate and can open chakras and still not know anything of any significance. Another can study and know all kinds of things, but not have sufficient compassion because the heart chakra perhaps has not opened properly in spite of all the knowledge the entity may have accumulated.

This Awareness indicates it is important not to close any door or to see something as an exclusive path, for there are many paths that lead to where the eternal are.



# UNARIUS GROUP AGAIN CLAIMS PLEIADIAN STARSHIP WILL LAND SOON

### QUESTION:

Mario Matas in New York City asks: "There is a group called Unarius that states that in the year 2001, a Pleiadian interstellar starship from Myton will land on earth to begin the age of reason and logic on earth. A space-fleet will land and a spiritual golden age will begin on earth.

"My question to Awareness: Is this true, and will this take place in third or fourth density? And what will happen to the Illuminati/New World Order force, then?"

### COSMIC AWARENESS:

This Awareness indicates that this appears to be conjecture. The Unarius organization has often given similar types of predictive messages that have not been accurate in terms of reality. They have been predicting saucer landings and such for some time.

This Awareness indicates that *It* does not see this as being of any real substance. This Awareness indicates however, there *is* seen a strong potential for Pleiadian visitations in the future, but it appears this will occur prior to the date mentioned and it may not occur as a world wide event. It may occur in such a way that their message gets broadcast, but their appearance may be limited to a certain few entities.

This Awareness indicates there is also a possibility that some friendly aliens will make themselves known in a way through the channels of governments so that their presence is clear to the masses, but this Awareness does not see this message from the Unarius group as referring to this. It appears to be separate and earlier in the affairs and time period.

Excerpt CAC Reading 3-10-9-92 Paul Shockley Interpreter

## FASCISM AND NAZIS IN THE U.S. (Awareness Gives a Brief History)

### QUESTION:

In a recent letter from Robert Hanzel, he mentions Dr. Beter. Let's see, he's thanking us for putting out the Hot August Night issue and information on the Nazis, and he says: "Thanks too for the illumination concerning the Fascist power bloc. A statement made by Dr. Beter in a personal letter dated September 5th, 1981, now makes sense:

"Which will win? Bolshevism or Fascism? This is the issue today." When I first read it I remember giving it little significance, for I did not think that Fascism amounted to much of a force, but that either/or scenario Dr. Beter shared with me stuck in my mind all these years, and now I finally get it!

"Once again I hope that the few who now know can upset their apple cart." My question from that is: Was Dr. Beter referring to the same Nazi force that's manifested today in America?

### COSMIC AWARENESS:

This Awareness indicates this is in the affirmative. It also should include the Rockefeller forces, for the Rockefeller forces indeed represent Fascism, and have, since prior to World War 2 these forces assisted in the early funding of the Nazi regime.

This Awareness indicates that Fascism does to a degree in a kind of fringe area, link also to the Catholic church, whereas Bolshevism tends to link more with the Zionist movement. That the two appear to have been at odds even in the time of early Nazi movements in Germany.

The Zionists assisted in setting up Hitler to go after Stalin, but Hitler did not follow through and instead turned against Judaism and moved in his Fascistic or Naziistic (sic) path and embraced Italy along with a very subliminal agreement with the Catholic church so that there was considerable criticism from many corners by those who were critical of the church for not being more outspoken against the Fascism of Mussolini and the Nazism that influenced Europe, but in spite of the criticism, the church did not come out strongly against the Nazis or the Fascists in Italy.

### Catholic Church Silent as Jews Were Murdered

Some would argue that they were not in a position to make such a strong statement without being jeopardized and that the church should not take a political position that would perhaps lead to its total destruction. This Awareness indicates that in the meantime however, there were Jews in Europe who were being massacred and slain in unprecedented numbers and the church did not speak out against this.

This Awareness indicates that there are those who would argue that the church did not know of this. This Awareness indicates that it appears strange that the church did not know of this when there were priests throughout Europe, and when the church did have and always has had eyes and ears in knowing what occurs in various countries of the world.

This Awareness indicates that it appears the church had some designs on destroying Russia as a Communist nation and that this was especially strong during the post World War Two era, and that this also is part of the record of Fascism versus Communism. This Awareness indicates there is much available in literature on the conflict on Bolshevism and Fascism during this century.

Some of this information is in areas dealing with conspiracies or dealing with the more secret conspiracy and shady side of World War Two and the Cold War, but this Awareness indicates the entity Dr. Beter in his statement to you was accurate indeed. The book *Pawns In The Game* gives much information on this and proclaims that the only force that works against the Illuminati or the Bolsheviks was or is the Catholic Church.

This Awareness indicates the entity writing the book *Pawns In The Game*,\* Commander Carr, was very strongly aligned with the Catholic Church in his description and writings of the world banking establishments and their manipulations of the masses.

He spoke of Karl Ritter as having been given the job during the period of the Bavarian Illuminati to write the Fascist doctrines that would later be the foundation for Hitler's promotions of Nazi ideals, and that Karl Marx was given the occupation or the commission to write the Communist material which would represent the Leftist or Bolshevik position; that the Bavarian Illuminati was behind both positions, creating the thesis and antithesis, in accordance with Hegel's philosophy.

\*CAC stocks *Pawns in the Game*. Please refer to Book Catalog



From CAC Reading 5/20/80 Paul Shockley Interpreter

## ALL ABOUT ARCHETYPES (A Meditative Technique Based on Them)

### QUESTION:

A question on archetypes, with a long statement by F.G. of Santa Fe, New Mexico, which I'll read:

"In the book *The Inner Guide Meditation* by Edwin Steinbrecker, the author fuses Jungian ideas about the archetypes with astrology and Tarot symbology into an active meditative technique. The idea is that archetypal energies can be modified through the active imagination meditation of an inner world in which an inner guide, which corresponds to one's ninth house in the astrological chart, guides one into direct meetings with the archetypal energies and, in doing so, harmonizes the outer active life of the individual, by directly communing with those archetypes that are creating or correspond to the inharmonious aspects of one's life, whether the problems are money, instability, drugs, sexual relationships, whatever. Since the astrological chart and signs and planets indicate one's archetypal patterns, i.e. one's life and the aspect shows harmonious or inharmonious relationships between the archetypal forces, the author recommends the use of this group of archetypes. However, he acknowledges that this is only because astrological and Tarot archetypes are the most known and understood, but others may be used whether they be Nordic gods or Disney characters, whichever are more meaningful to the individual. Because of the holistic system of astrology and Tarot, these are recommended. Would Awareness please comment on this meditative technique and advise as to its feasibility?"

### COSMIC AWARENESS:

This Awareness suggests that this as a valid concept and can be beneficial for entities wishing to better understand themselves, better understand the concept of archetypes and better understand the workings of the mind in terms of the creation of significance in archetypal symbology. This Awareness indicates that those who study this material can find many pieces of the "big picture" or "big puzzle" coming together. This can link many of the other pieces together; that as entities begin understanding the nature of archetypes and archetypal energies, many of the other areas in their own lives will begin to make more sense, and entities can find ways to adjust and modify certain archetypal points or reference points or energy points in their own lives to become more beneficial to them.

## ARCHETYPES NOT DERIVED FROM GREED, LUST AND POWER

### QUESTION:

He had one other question on archetypes: "It has been stated that for eons, consciousness has been manipulated by certain forces it calls "archetypes" who exist on the inner planes of consciousness. Many of these archetypes perpetuated themselves by utilizing the energies derived from the forces of greed, lust, and power. Are there archetypes that do not utilize energy derived from greed, lust and power, and can Awareness identify these archetypes?"

### COSMIC AWARENESS:

This Awareness indicates that this as in the affirmative; that every major concept in human affairs may be considered an archetypal concept or energy. This Awareness indicates that the concept of liberty or freedom may be considered an archetypal concept. The use of the Statue of Liberty to symbolize this may also be considered as an archetypal creation. This Awareness indicates that symbols or symbology and archetypes are

closely related; that the archetypes basically are the points of reference which entities may use in guiding their lives, for good or ill.

### God and the "Devil" and Mickey Mouse Are Archetypes

This Awareness indicates that essentially there are so many different archetypes that it would be impossible to name them all presently. This Awareness indicates the concept of God as an archetypal energy. The concept of the devil as an archetypal energy; the concept of all spiritual beings, the more they are energized the more energy they receive and transmit, and the more influence they have over those who tune in to them through the belief system or through the acknowledgment of their existence. This Awareness indicates that therefore entities can create archetypes anew, such as the Walt Disney characters, or can tune in to older archetypes which have been created previously.

### The Entity Jesus Is an Archetypal Energy

This Awareness indicates that many entities in existence in the universe serve as archetypes or exemplify certain concepts of energies. This Awareness indicates, for example, the entity Jesus: for many entities, this being exemplifies the concept of sacrifice. This Awareness indicates that for others, he exemplifies the concept of love; that other religions have their own deities, and each of these deities may represent a certain concept which is most significant to that archetypal energy. This Awareness suggests, also, that the astrological and Tarot energies serve as archetypal energies; that many of these Tarot energies have been tapped and used in writing or in other creations.

### Tarot Cards as Archetypes

This Awareness indicates for example, the Tower in the Tarot was also exemplified in that which was known as the Tower of Babel. Likewise, the Strength card in the Tarot, wherein the one entity is opening the mouth of the lion to indicate control over passions or nature, this has been written up into another archetypal story related to Daniel and the lions' den. This Awareness indicates that the Hanged Man in the Tarot has been rewritten as Babylonian and Indian and Christian material, (this also in other cultures), representing the crucifixion or hanging of a being. This Awareness indicates essentially, this Hanged Man in the Tarot means the reversal or the suspended mind, the mind which does not judge, but is in a state of poise, observing and balanced without any particular will, a mind which is in a state of surrender. This Awareness indicates essentially, the Hanged Man in the Tarot, or suspended mind, is another symbology for the trance state.

### The Cross as an Archetypal Symbol

This Awareness indicates that the cross symbolizes the four forces of creation: fire, earth, air and water; or magnetism, radiance, stability and relativity. This Awareness indicates that the suspended mind being nailed to the cross, or strung to the cross, as also symbolic of the consciousness which is integrated with the heaven, earth, and the horizon of emotions and physical and mental actions.

This Awareness indicates that each of these symbols may be considered as archetypal, and may be transferred and reflected in various mystical or symbolic teachings. This Awareness indicates there are many faces or many facets of symbolism and archetypes, and these can become most meaningful in directing consciousness on its path.

### Individuals Like Kings and Presidents are Archetypes

This Awareness indicates individuals, also, apart from being themselves, are often cast in an archetypal

position. This Awareness reminds you of positions of authority, such as a king or a president, that the office itself is an archetypal position. The one who fills that office plays the role for that archetypal energy. This Awareness indicates that once the entity steps down from that role, the role-playing still remains in the position, and the entity returns to being himself. That wherein an entity serves as a symbol, such as an actress or a queen, that entity is a kind of archetypal position which allows others to look and emulate or to avoid emulation, and the position itself creates the archetypal energies or the symbology which affects and influences others.

#### **Richard Nixon Diminished Archetypal Energy of the Presidency**

This Awareness indicates that wherein an entity moves into an archetypal position or office and degrades the office or changes the office, this entity can often have a profound effect upon the archetypal energies of reducing the power of that archetypal position. This Awareness indicates, for example, the entity Richard Nixon assisted in the cosmic plan for the earth by taking away some of the prestige of the position of president, making that position less an archetypal position of prestige and power, showing entities that the position did not indicate that the president was infallible and always correct; but rather, showing entities that they must be careful who they put into such positions, for the influence comes not from the position, but from the entity who holds that power and uses that influence correctly or incorrectly. This Awareness indicates that the people create the influence of that archetypal position, and those who move into that position to represent the people must be watched by the people to be sure that it is their proper expression.

This Awareness indicates that other concepts as archetypal positions are often created by entities who have a particular desire to program consciousness with that archetypal position. This Awareness suggests this as likened unto a hypnotist's bauble or other instrument which is used to induce hypnotism of the clients or patients or subjects; and as the hypnotist swings the bauble or archetypal point and the subjects become entranced by it, the hypnotist then gains control and influences the consciousness in the direction which he or she wishes the consciousness to go.

#### **The Molders of Consciousness Have Always Used Archetypes**

This Awareness indicates that down through history the religions, the politicians, the molders of consciousness have understood and relied upon archetypes, archetypal energies, for influencing consciousness. This Awareness indicates that often these entities, rather than creating new archetypal and symbolic baubles, would simply carry on those archetypal points and symbols which were handed to them from previous generations, previous cultures or their predecessors. Thus, the religions have handed down certain archetypal concepts, ideas and images to be passed from generation to generation in a way which would control and influence the masses.

This Awareness indicates likewise, the politicians, the economists, and the lawyers and judges, the people involved in sports the warriors and the theatrical and artistic people, and scientists, and priests of all types; these entities also have their archetypal points or symbols which are used to influence the future subjects who become involved in their field of interest.

#### **Archetypal Points in Buildings and Structures**

This Awareness indicates that entities may understand archetypal points by entering a building, a geodesic dome, or a structure of any type, looking up at the

rafters and seeing where these rafters come together, and, as these rafters join together, considering that this as an archetypal point of reference for the energies or rafters which flow out and have their influence on the structure. Entities in looking at these points may discover that all of these many archetypal points in these structures add up to a firm, strong covering or roof to cover the activities of the society within its structure.

This Awareness indicates also, that entities may hold that archetypal point as being supreme, perfect in all ways, only to discover that other entities, having a different taste in architecture, prefer a different shape or different covering for their philosophy, and may build a structure or roof of a different nature to cover their activities and their society. This Awareness indicates this as all a matter of taste and purpose as to which archetypal energies a culture will prefer to use. Generally, those born under a particular roof tend to stay there, at least until they have experienced the reality of some other roof, or have become disillusioned under the rules, laws and influences of their own roof-covering.

This Awareness indicates that archetypes are energy points which, when understood, can explain many things to entities about their world, their life and their own individuality.

### **Can Archetypes Be Born Surreptitiously?**

( World War II As An Archetypal Energy )

#### **FOLLOW-UP QUESTION:**

Is it possible for an archetype to come into being without entities being aware of it or giving it energy of any kind?

#### **COSMIC AWARENESS:**

This Awareness indicates that this appears to be negative; but that archetypes can come into being without entities realizing what is happening until it has already occurred. For example, in the flow of history, the archetypal energy known as World War II came into being before entities realized the extent and nature of its being. This Awareness indicates, however, that entities did contribute to and energize its coming into being.

#### **An Automobile Accident as an Archetypal Event**

This Awareness indicates each reference point of any event or personality or concept can become or may be used as an archetype or symbol within its own framework or frame of reference. This Awareness indicates that an automobile accident can also be considered an archetypal or symbolic event in an entity's life. And not only is it real, but it also has an influence on the energy flow of the entity and, therefore, is a turning point or a strong influencing field of action or archetypal influence on the entity. This Awareness indicates that even though it was an accident, the energies which entities put into creating the accident can be considered as energizing of the archetypal force in the entity's life, though it may not have been consciously willed as a creation.

#### **"Who Was That Masked Man?"**

This Awareness indicates that likewise, personalities may grow to become archetypes without realizing their influence, even until long after their departure. The question has been asked: "Who was that masked man?" even after the Lone Ranger had ridden away. This Awareness indicates, likewise, there are entities who grow into archetypal points of reference without realizing their significance until they have departed the scene and others around notice that they are missing and recognize their contribution when they were there by their absence when they are gone.

This Awareness indicates that the entity Jesus, if this entity had lived to a ripe old age, would probably not be

known today; but by the crucifixion and his sudden absence, the significance of his message became much more profound, and therefore, the entity became an archetype in consciousness.

### The Christ Consciousness As An Archetype

#### FOLLOW-UP QUESTION:

The entity became an archetype in consciousness. Would this also apply to the concept of the Christ Consciousness?

#### COSMIC AWARENESS:

This Awareness indicates that this also in the affirmative; that wherein entities begin to recognize the concept of Christ Consciousness and energize that concept more and more, then this also becomes an archetypal energy, a reference point. This Awareness indicates that the Christ Consciousness or Clear Light, has existed eternally, but if unrecognized would not actually be considered an archetype for consciousness.

Excerpt CAC Reading 3-10-92 Paul Shockley Interpreter

### How Was the Hindu God Ganesha Created? (How Was Donald the Talking Duck Created?)

#### QUESTION:

Elizabeth Ulrickson, Austin, Texas, asks: "I would like to submit the following question to Awareness. Please clarify the mechanics of how the Hindu God Ganesha was created. Ganesh is an incarnation of Krishna and has an elephant head and human body. Did the dark forces interfere in his creation through genetic engineering of some sort?"

Dark forces meaning the reptilian gods who are master geneticists."

#### COSMIC AWARENESS:

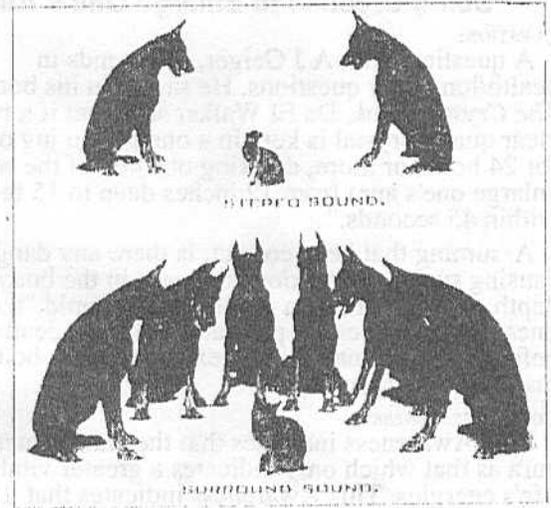
This Awareness indicates that this appears to be a question based on a hypothetical assumption; whether this creature actually exists does not appear to be a question. It is assumed the creature exists. This Awareness does not see this as a valid assumption. It sees this creation as a symbolic or metaphorical creation and that it is simply a symbol rather than a fact.

How to describe something that was created when it was not factually created presents a dilemma. This Awareness indicates that entities who create illusions simply create from their imagination. The symbolism as that which is easily created through the imagination and is of little real concern.

It is like asking: "How was Mickey Mouse created? Were the alien geneticists involved in Mickey Mouse's creation? And also, how was Donald Duck created? The thought of a talking duck is very strange. How did they make Donald Duck talk?" This Awareness indicates that these are questions which could better be answered by children with powerful imaginations or by the creators of the hypothetical or mythical creations.

Those who create these characters for mythology sometimes have purpose in their symbolism. Oftentimes, they are simply telling imaginative stories to deliver a kind of message in story form, and instead of the message getting through, the audience becomes fascinated by the characters used in the story line and want to focus on the characters so much that the characters become more important than the message and they want to believe in the characters and lose track of the message.

This Awareness indicates that for example, one could tell the story of three geese: a tall goose with two heads; a short goose with four feet, and a medium-size goose with one head and two feet, and how these three geese



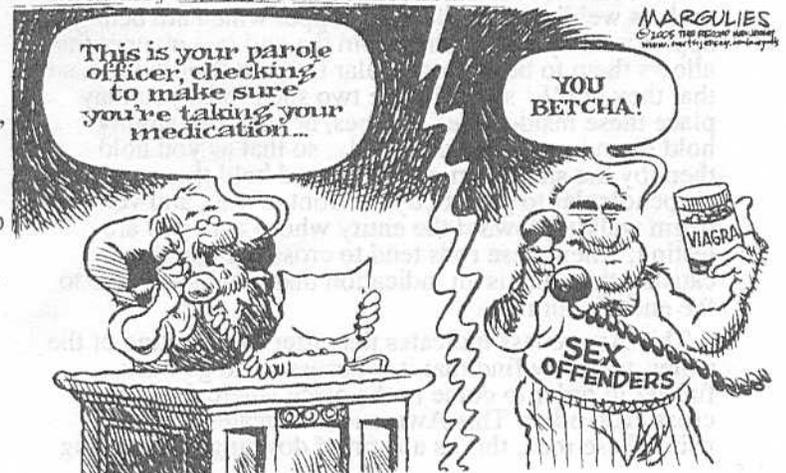
get involved on some incident that carries a particular message of importance in terms of relationship, in business or in dealing with some situation.

Now, the description of the geese in the creation by the author is of little importance, and the story of what occurs with these geese may be of great importance to the author, but if the entities who listen to the story forget the story and are concerned only with the geese, then something has become distorted and the entities may carry on the legend of the geese without recalling or paying attention to the story, when in fact the geese are simply made up and meaningless, and the story was that which carried meaning.

This Awareness indicates such things that are bizarre tend to stick in the mind. A god with an elephant's head is very difficult to forget. This is common practice in advertisement. The Wall Street advertisers always create an ad that has something unforgettable and bizarre involved so that entities do not forget their ad, in hopes that they won't forget the product the ad discusses. Usually, the ad somehow links the product with something in a bizarre manner.

This Awareness indicates that this creation of a god with an elephant's head is simply a symbol of remembrance, a symbol of a god that does not forget, and the other qualities associated with its behavior may be attributes of the god which entities or creators of the story or the legend also want remembered, but the action of taking such a creation literally was not anticipated by those who created the myth.

This Awareness does not wish to contribute to the myth in turning it into a reality by attempting to explain it genetically. You can't mix science and myth together when they have no real connection.



## Using Crystals to Enlarge One's Aura?

### QUESTION:

A question from A J Geiger, who sends in health/longevity questions. He says: "In his book titled *The Crystal Book*, Da El Walker says that if a two inch clear quartz crystal is kept in a one gallon jug of water for 24 hours or more, drinking one cup of the water will enlarge one's aura from 12 inches deep to 15 feet deep within 45 seconds."

Assuming that he is correct, is there any danger that causing such a tremendous increase in the body aura's depth and strength on a regular basis would "burn oneself out" and cause premature old-age death years before one's normal time by exhausting the body's ATP-manufacturing facility?

### COSMIC AWARENESS:

This Awareness indicates that the enlargement of your aura as that which only indicates a greater vitality of life's energies. This Awareness indicates that it does not burn one out, in fact, it would stimulate the cells to greater renewal. This Awareness indicates, however, that in reference to the suggestion that one could stimulate the aura from such a small amount to such a large amount; the preciseness of this statement as that which would be questionable because it would depend more on the general health of the individual, and while it may be so for some entities, not every entity would have the same results.

There are some whose auras might increase only slightly or might not increase even to half that which is suggested, This Awareness indicates it will depend largely on how well the entity absorbs the vital energies, if the body is highly polluted, if the body is old, if the cells are old, or if the energy as having been weakened by illness or by some other problem. This Awareness indicates that regardless of this, however, the information as being of significant value; that entities may benefit from such use of crystals, provided the crystal has been positively charged and carries no great negative characteristics, and providing the entities are absorbing healthy water, or using healthy water to begin with.

### D-Cell and other Waters: Any Effect on Aura?

(How to Create Rods to Test Your Aura)

### FOLLOW-UP QUESTION:

Does drinking D-cell water have a similar effect on increasing the aura?

### COSMIC AWARENESS:

This as in the affirmative; that D-cell and S-cell water, and also the Flanigan Water are all beneficial in this regard; that there are also other waters available: the Willard Water as also beneficial, This Awareness suggests that you can test the aura or at least most entities can test the aura's size by having copper rods such as welding rods made of copper which are bent approximately four inches from the end in a manner that allows them to be perpendicular to the rest of the rod, so that they are 'L' shaped; take two such rods; you may place these inside tubes or pipes, or you may simply hold them in your hands loosely, so that as you hold them by the small part of the 'L' and hold them out perpendicular to your body, in front of you, and you begin walking toward the entity whose aura you are testing; when these rods tend to cross without your causing this, that is an indication that you have come to the entity's aura.

This Awareness indicates that after the drinking of the water, you may find that it is necessary to go back further in order to come to the place where the rods cross each other. This Awareness indicates that when using these rods, this as a form of dowsing; when using

these rods, you give the instruction, mentally or verbally, as to how the rods are to behave in accordance with what you are seeking to find, Generally, you will have them cross when you come to a particular point that you are seeking, and generally they will do so according to your instruction.

This Awareness indicates that it is important for you not to anticipate or try to assume you know where the rods are going to cross so that you do not influence consciously influence the crossing of these rods. This Awareness indicates that you could, in theory and in practice, test your own aura by placing a marker at the point where you stand. Indicate to the rods that you are going to walk out to where your aura extends from that marker, from when you were standing at the marker, and it will indicate the place where your aura was while standing at the marker, even though your aura in fact will have moved with you as you walk from that point out to measure your aura.

### An Aura of 20 or 30 Feet Indicates a Healthy Person

This Awareness indicates another method is to have someone walk past you holding rods so that the rods cross when they enter your aura, and uncross when they again leave your aura. This Awareness indicates that an aura of 20 or 30 feet or more is generally the sign of a healthy person.

### There Are Different Levels of Auras: How to Measure Some

This Awareness indicates that there are also different levels of auras. There are auras that are very close to the skin, perhaps an eighth of an inch extended from the skin; there are auras that are a few inches from the skin, and there are the auras that extend further out. This Awareness suggests that of course you cannot measure with dowsing rods those auras that are close to the skin, but these can be seen through your third eye, preferably by placing your fingers or hands in front of something dark and staring at the areas between the fingers, looking for a discoloration of the energy that lies between the fingers.

You will notice that there are certain energy colorations that follow around the fingers; these are the electrical bodies or aura of the fingers, surrounding the fingers. You will notice that they have a definite line, but that this is a nonphysical energy. It is visible, particularly if you stare from a point between the eyebrows and look at the energy around the fingers. You look beside the fingers, not directly at the fingers, nor do you look beyond the fingers. You look at the energy between the fingers and you can see this energy. If you have difficulty, place the fingers before something dark. If you still have difficulty, try some other background, perhaps even a lighter background.

The important thing is to stare from between the eyebrows as though looking from the third eye. Some entities will see these auras in color. Other may not see the colors at all. The more you practice, the easier it becomes.

### How to Chop Up The Aura For Healings

#### CLOSING MESSAGE:

This Awareness indicates that there are also other benefits in regard to understanding the aura; that when one is weakened such as with flu or chills or cold, to take one's hands and chop up the aura around an entity without touching that entity, and then to smooth the aura down. This Awareness suggests the chopping of the aura may take approximately 30 seconds to one minute. Simply chop it up all over, from head to foot, and then starting from above the head, at a point above the head, bring the hands down around the entity's body, all the way to the feet, smoothing the aura out, front and back and sides, without touching the entity with your hands and without touching the hands together.

This Awareness suggests this be done, brought down, smoothed down after the chopping, several times; that the hand movements coming down several times in front, in back, and at the sides, as though stroking a cat. This Awareness indicates that this action as that which is called smoothing the aura. It is not necessary to re-chop the aura after smoothing it. This Awareness suggests you chop the aura, then smooth the aura, then, when completed, bring the hands from the floor up in front of the entity, as though lifting the aura, or lifting energy from the ground up to above the entity's face.

**Chopping the Aura Removes Negative Thought-Forms**

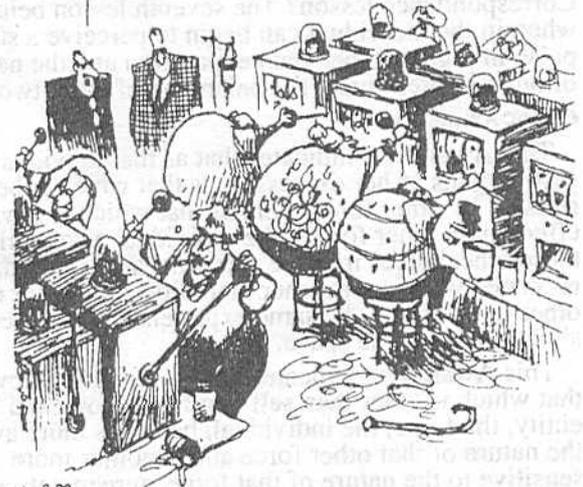
This Awareness indicates that this movement of lifting or raising the hands in front of the entity with palms up at completion of this ritual as that which then allows you to open energy above the entity's head, palms up, to solicit higher energy to come into the entity's aura. It also helps to recharge the entity. The chopping of the aura is that which rids the aura of all negative Thought-forms that may have affected the entity, which in fact may have been the cause of the weakened condition, the cold or other infirmity. By chopping the aura, it breaks up the pattern of the Thought-forms that are hindering the entity's vitality levels.

By smoothing the aura down, you are clearing up the aura with new energies, and by lifting from the ground up, you are recharging the aura with higher energy levels. You are strengthening that aura. This Awareness suggests that while this is occurring, you can indicate to the entity with suggestions that the entity will feel better. While the aura is being chopped you can express that you are chopping away all of the old negative patterns; you are breaking them up; the negative patterns that have caused the cold or the illness, or the headache, and when you begin smoothing the aura, let them know you are smoothing the aura. This will help them to feel better, and when you raise from the ground up, raising the energies upward, above their heads, let them know that you are now energizing to give them greater vitality and energy, and that they will feel better.

This Awareness indicates that this as a way of dealing with many of the little pesky conditions that entities so often experience, particularly when they have run into someone or some situation of a negative nature and it disturbs them emotionally so that they become imbalanced emotionally to the point of weakening their condition and making them susceptible to colds or other stress and weak feelings.

Ed's Note: D-Cells are no longer available. However, the Patrick Flanagan water is. If interested, please write Vikki T. because she uses it regularly and can tell you how to obtain it.

I DON'T KNOW WHY IT'S SUDDENLY SUCH A BIG DEAL. WE'VE BEEN PRIVATIZING SOCIAL SECURITY CHECKS FOR DECADES...



3-22 WWW.UCOMICS.COM wileyink@comcast.net

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## The Cosmic Awareness Spiritual Development Course

ARIES: Lesson Number Seven

### QUESTION:

Would Awareness please give us now the seventh Correspondence lesson? The seventh lesson being that wherein the individual can begin to perceive a state of poise in regard to personal expression and the nature of one's impressions - the balancing of these two.

### COSMIC AWARENESS:

This Awareness indicates that as the individual begins realizing his or her expression is that which is being resisted by other forces, and as that which is having an effect upon other forces, the individual also realizes that these other forces must be recognized, respected, and reckoned with in a manner that allows room for each other to be within the same experience, the same situation, the same space.

This Awareness indicates as this sensitivity toward that which is other than self begins to grow, and the entity, the force, the individual, becomes more aware of the nature of that other force and becomes more sensitive to the nature of that force, agreements and arrangements, contracts, relationships, rules can be brought into play that allow these forces to both exist within the same situation, the same location, the same experiencing levels, the same space whereby neither party is violated so long as they agree to respect each others' rights in the covenant, so long as they agree to go by the rules of the game, so long as they are sensitive to each others' feelings in the matter.

This Awareness indicates the action of becoming aware of the other and recognizing the rights of the other in relationship to oneself, is the beginning of harmony and is the beginning of Justice.

This Awareness indicates that there is often that aspect of the agreement whereby an entity, not seeking total agreement with another, seeks to find a way in the contract to give oneself greater advantage than is being given the other. That this is likened unto offsetting the scales of justice just slightly in one's favor - 'laying on the thumb' to bring about the appearance of equality. Yet, through that deception, the action does create in reality an imbalance in the universal scheme of things.

This Awareness indicates that the effort to control the balance of things, the effort to control harmony, the effort to enforce law, the efforts to guarantee justice - all of these are but actions of laying the thumb upon the scales to favor oneself or one's own identifications over the other. And wherein entities could simply remove their thumbs and allow balance and justice to be, and be sensitive to that balance and that justice - wherein this was viewed openly by all parties involved, then there could be harmony within the universe on all levels.

This Awareness indicates that wherein the Universal Law of balance is recognized, then there is nothing out of harmony, but wherein entities feel that they must create harmony, create order, enforce law, enforce rules to guarantee harmony, peace, order - wherein entities feel this is necessary, that action alone tips the scales and begins to create the imbalance on all other levels, including creation of the outlaw: the entity whose consciousness rebels against justice, against balance, against harmony.

This Awareness indicates the creation of the outlaw is the result of the efforts to control the law, to control harmony, to control balance.

This Awareness suggests that the order of things is such that in reality, all is relative to the viewpoint, and the problems come into being when one entity assumes that his or her viewpoint is more correct and 'right on' than the other entity's viewpoint, and therefore sets himself up to be a judge of right and wrong. The entity, in effect, lays his thumb on the scales and attempts to enforce relationships, enforce agreements, enforce social systems, enforce laws, and enforce the will of one group over the will of another.

This Awareness indicates this entity also assumes the ability to interpret law; that other entity assumes the ability to write law. This Awareness indicates that these laws often become repeated again and again from generation to generation without ever being questioned as to whether they are just or not.

This Awareness indicates the concept of authority, the handing down of the law with the origin being so remote from the results of the law, the concept of passing judgment from eons of time back, down to the present, from the great grandfather down through the father, down through the child unto his children's children - the process of passing down these judgments through books kept sacred simply because of their age, through words held as 'gospel' simply because of their unknown origin, through concepts held as tradition simply because they have been repeated - these types of authorities are nothing other than echoes of the father who laid his hand upon the scales of justice to enforce balance.

This Awareness indicates that balance 'is,' harmony 'is,' justice 'is,' and the Universal Law 'is,' and there needs be no control to enforce these laws, to enforce these harmonies, to guarantee these balances, but wherein entities simply remove their hands from the controls - from the efforts to control - and become sensitive to one another's needs, through the concept of "Thy Will be done" - wherein this occurs, harmony follows.

This Awareness indicates that control may be surrendered and 'sold' or bartered for communication and sensitivity, for that communication and sensitivity is the greatest bargain entities can purchase in substitute for control, for the control is that which is falling and falling and is being eliminated from this plane, for there is that Universal Law which is the control that controls control, and has been moved into action at this time.

This Awareness indicates that this occurs in every life, in every cycle, whether the cycle is of the microscopic level or the macrocosmic level, for in every situation there comes about that time wherein balance and harmony and justice must be met. This as the time of reaping.

This Awareness indicates that wherein the individual becomes sensitive enough to allow this time of reaping to occur at the exact same time as the sowing, wherein the entity becomes aware that his actions do automatically and inevitably bring about the equal and opposite reaction, whereby the entity becomes aware that the seed which has been sown brings forth its own fruit according to its own motivation, the entity then has the opportunity and the wisdom which allows that entity to become sensitive and to move toward states of poise and harmony in his or her affairs.

This Awareness indicates this sensitivity toward one's behavior, towards one's expression and the results of that expression, this sensitivity without judgment of right or wrong but simply with discernment of what is fact - this sensitivity can become so acute, so clear, so sharp that there is no choice, for one can only see that which is urgent, necessary, appropriate, and happening

directly in front of himself or herself during this particular moment.

This Awareness indicates that in this discernment there is no judgment, no morality, no right or wrong, no question of 'should' or 'should not,' but simply that which is occurring and must be faced.

This Awareness indicates this sensitivity and discernment can become so sharp that the entity is said to be walking the 'razor's edge' from moment to moment, neither polarized to the right nor the left, neither higher nor lower, but simply 'right on' in relationship to what is occurring.

This Awareness indicates that wherein entities can be this sensitive and this discerning, wherein there is no choice, wherein there is no law to interpret (for the entity is within the law itself, within the central balance point of that law), wherein the entity is so sensitive and discerning that the experience and the experiencer merge into unity as one, wherein the observer and the observed become integrated totally as one, there becomes that atonement - that at-one-ment with the universe, and this atonement is known as poise.

This Awareness indicates that as entities tune in more and more into these states of poise and give less and less concern in those areas of trying to create order, trying to put things in order, as entities tune in to these levels of poise, they serve as a gyroscope - a universal gyroscope - and their very poise begins to serve unto this central point of a teeter-totter. And all other areas which appeared to have been in disorder begin to center around that entity who is in poise, and that very poise begins to spread harmony without any form of control at all, simply attentive to 'what is' and responsive to the sensitivities of all forces involved.

This Awareness indicates this as the balancing of the soul, and this can occur with the individual, and as it occurs with the individual, a new level of expression then is possible. For in this new level of expression there comes about a union with other forces around and about which are likewise moving toward this harmonious balance with the entity. This union which has come from sensitivity and attention, rather than from control - this may be termed marriage, may be termed partnership, may be termed a covenant, may be termed agreement.

This Awareness indicates that as this agreement occurs, the union which follows, which results, is such that the entity is no longer one, but is involved as another unit - in terms of the unit of a partnership, of a marriage, of a family, of a business, of an arrangement, or of an agreement. And this union is based on relationship and harmony, rather than on efforts of the partners to control one another.

This Awareness indicates the sensitivity involved may be such that written documents are given, written agreements and contracts are devised to define each other's rights, and entities may, in finding the partnership or relationship deteriorating, may revert back to these written documents as reminders, and entities may also use these written documents as forms of control to enforce the relationship, to enforce the agreement. Yet, wherein the agreement that initially prompted the document is missing, wherein the harmony that initially brought the union together is lacking, the documents can only create greater disruption and antagonism between the entities involved.

This Awareness indicates the enforcement of law as a control to enforce harmony and peace simply creates greater disharmony.

This Awareness suggests that as a substitute for law enforcement within an entity's life, as a substitute for the enforcement of agreements, as a substitute for the enforcement of a relationship which has begun to falter - as a substitute for this kind of control, this Awareness suggests that you learn to communicate and counsel and share your feelings with one another, to mediate rather than to attempt to force any form of relationship through duty, obligation, contract, agreement, or for any other pre-determined reason. This Awareness suggests that the only effect of such enforcement is to disrupt and throw the scales of balance even further out of line.

This Awareness suggests that wherein entities recognize their marriage exists, their partnership exists, their relationship exists, their peace and harmony exists from moment to moment according to their ability to communicate and share themselves openly, and according to their insistence on opening and sharing themselves and allowing the others involved those same opportunities - this is that which creates the continuing relationship, the continuing marriage, the continuing partnership, the "peace that passeth understanding."

This Awareness indicates there is no way that entities can enforce peace, but there is a way whereby entities can insist on peace from moment to moment: through clear relationship, through expression, through sharing, through respect, and through moment-to-moment creation of peace treaties on all levels available.

This Awareness indicates that not every moment contains the availability for a peace treaty, but every moment contains at least some portion which can be made into a treaty, and there are certain areas in every moment where greater harmony can occur.

This Awareness indicates that wherein an entity refuses to relate, refuses to discuss the possibility of reconciliation, refuses to discuss the opportunities for peace, refuses to discuss the possibility of a treaty, of a partnership, then there is nothing that any entity can do to enforce a treaty, and the action which would be most appropriate is to allow the entity time to work through the imbalance alone. This Awareness indicates that in that allowance there also must be the communication of that part of consciousness which waits for the return of that part of consciousness which would not relate, and in that communication given toward that which has moved out and will not return, there must be clarified that the portion of consciousness which waits for the return, is open to further communication and is open to further discussions of peace, and is open to relationship at any time that portion which has moved away wishes to return to the conference table.

This Awareness indicates that in this action there is nothing more that can be done other than the waiting, and therefore the portion which awaits needs not sacrifice, needs not follow, needs not martyr itself to the whims of the other, for in that martyring the portion which first left the conference table has gained control and has moved into levels of sadism and mastery, and any who follow shall simply be slaves and servants to that appetite which is developing.

This Awareness indicates that the action of awaiting in poise for the return of that portion of consciousness which has left the conference table, this as the most appropriate action possible.

This Awareness indicates that entities who, in states of poise, await their sons and daughters, await their mothers and fathers, await their husbands and wives, await their friends and relatives, await their nations, and await the masses of entities round about them to

return, are doing all that is possible for them to do, and were they to leave their state of poise and move into states of polarity, the action can only be that which is temporary, for to leave that state of poise and to move into states of polarity shall simply create greater turmoils.

This Awareness suggests that wherein you leave your state of poise to move into emotional turmoils, to move into pursuit of situations and energies, to follow another, to dramatize a position - this as appropriate wherein you recall and remember the purpose of leaving the state of poise and the urgency of returning there as soon as possible.

This Awareness indicates that when Lucifer left the rest of consciousness - when Rhyee went out, Isis followed, and as soon as Rhyee returned to the unity of consciousness, as soon as Rhyee returned to the Law of One, Isis followed.

This Awareness indicates that the action of returning to that state of poise and letting go of the control, as that which restores the balance. The action of leaving the state of poise to move out into a confrontation with other forces, this is that which is to be very rarely used, and only with great wisdom, for this then moves into levels of the Magician and can create storms upon the relationship, upon the psyche of the individuals, upon the emotional levels, upon the societies, upon the world, the solar system, and throughout the Universe.

This Awareness indicates that wherein an entity moves out into a position to confront another, this is sometimes essential in order to be in response to the energies.

This Awareness indicates that wherein an entity moves out from poise and sets himself or herself up to be in opposition to your state of poise, there is nothing you can do but to reflect that opposition. This Awareness indicates that you, yourself, need not create a separation, to be separate from another who insists on separating from you. Therefore you, yourself, may remain in harmony, may remain in poise, may remain as one unseparated from the rest of consciousness even though another who is in relationship with you insists that he and you are separate, and in his or her viewpoint of seeing separateness, this entity can continue to relate to you in manners that create disturbances, frustrations, turmoils, and psychic storms for endless days.

This Awareness indicates that you, remaining in your state of poise, can simply watch the storms go by and recognize all as one, that you are one with all, and there is no separation even though there is the 'tipping of the scales,' moving back and forth and churning with the waves of emotion and the psychic sea.

This Awareness indicates that wherein you become concerned to control the ship during these storms, you yourself can lose your poise, and instead of being responsive and sensitive to what is occurring, you can react, and in the reaction, create even greater turmoil.

This Awareness suggests that in as much as is possible, entities be aware that even though they are moving up and down on the opposite end of a teeter-totter, opposed to their so-called "enemy," that they are one with the enemy, they are one with that force they are confronting - they are, in a relative sense, in absolute poise and harmony even though they may be screaming at the top of their lungs.

This Awareness indicates this is the "peace that passeth understanding" wherein an entity is in tune with what he or she is doing at any moment and feels totally that all else which is occurring is likewise in tune and can simply let go and do whatever it is that wants to be done, whether this be a scream, a dance, a smile, or a caress.

This Awareness indicates that the letting go, the path to surrender, is the path toward universal harmony.

This Awareness indicates that the path of surrender may also include surrendering unto the intensities which build within oneself and causes one to shout out what he has kept bottled up.

This Awareness indicates that surrender is a way of letting go of your control - with attention, sensitivity, poise, and respect for all others, and with the awareness that there is a Universal Law which brings about a universal harmony if the control is given over to the Universal God.

This Awareness suggests this as the completion of this lesson.

(The Law of Gratitude is given.)

## What is "Untreatable Malignant Hypertension"?

### QUESTION (AVATON):

Thank you. In reference to heart attacks, one of our transcribers, a lady from Sequim, Washington -- what is her name, Vikki? (Frances Burns.) Frances Burns, moved recently to California to work with children who have mental problems, and she wrote us today that she is returning to Washington State because she had a slight heart attack -- stroke -- and the doctor said she had "untreatable malignant hypertension." Would Awareness look at that please, and explain what that is, and is it really untreatable?

### COSMIC AWARENESS:

This Awareness indicates that this as in reference to hypertension that cannot be treated by their particular methods, in that it does not respond to the usual drugs used for reducing hypertension, high blood pressure. This Awareness indicates that term 'malignant' as that which implies it will become progressively more acute. This Awareness indicates, however, that in this terminology, it is a reference used by medical doctors that is part of their particular approach to this circumstance and from their particular approach they do not see any means by which to treat the condition without greater harm, and therefore, this particular doctor sees this as something that he does not wish to pursue.

This Awareness indicates that another doctor would have a different approach, and also, that another type of doctor would find this as treatable. A Naturopathic doctor would approach this from a different standpoint using diet, and certain other substances, such as vitamins



and perhaps chelation treatments, and could very easily bring this blood pressure down to normal.

This Awareness suggests the use of carnatine as being beneficial. The evening of primrose oil and those other substances mentioned earlier in this reading are seen as beneficial, such as Vitamin C and A through betacarotene, and the EPA or cold water fish oil. These are all seen as beneficial.

This Awareness suggests also relaxation can be of great help. This entity as having experienced some benefits from relaxation, this not being of great significance or lasting effect, but the use of chelation is seen as being of significant value to this entity.

This Awareness suggests aloe vera juice can be of considerable value to the entity, this being drunk on a daily basis.

This Awareness indicates that it *is* treatable, but not treatable by that particular doctor, because of that particular doctor's inability to treat it.

Excerpt CAC Reading 4-6-19-81 Paul Shockley Interpreter

### **The Brotherhood of the Psychic Crystal** (More on How Cults Operate)

#### QUESTION:

Ron Schade of Brownsville Texas, says he would be interested in what Awareness would have to say about this Brotherhood of the Psychic Crystal. He writes: "I sent them the \$5.00 they asked for, with name and address and signature, along with a letter asking for a reason for either being accepted or rejected. They say if your application is rejected, your money will be returned." Now he enclosed a full page ad they put out that was in the *Globe* tabloid of February 17th and I'll read a little bit of it.

"Top Secret. Secret weapon of the Ancients can end all wars, bring you money, love and happiness! YES! Suddenly without warning the explosive power in the psychic crystal is released at your command. Thousands of pounds of crushing psychic fury, makes mincemeat out of your enemies, levels all obstacles in your path to happiness as quickly and as easily as Sherman tanks plowing through a field of egg shells" was one of the lines. "Atomic war is imminent. It will mean the end of the human race as we know it. Our cities will be vaporized, our countryside will be ravished by radiation. All the hopes and dreams of mankind will be shattered for all time. The purpose of the Psychic Brotherhood is to ensure the survival of mankind by teaching the 7 principles.

"We are now looking for people who will live by the 7 principles and save humanity. These people will be given the Psychic Crystal. They will be the saviors of humanity; they will have tremendous power.

"Who are we? From the beginnings of time, the psychic crystal was sought desperately for the wondrous powers it is known to endow. Hidden for centuries, its true identity was known only to the ancients who kept it concealed for fear it would fall into the wrong hands. Nevertheless, despite their many precautions, the secret leaked out. The powers of the crystal fell into the hands of such ruthless men as Caesar, Napoleon, and Genghis Khan. Traveling by way of secret routes and channels, it resurfaced in the 20th century to be possessed by no less of a monster than Adolf Hitler, who harnessed the dark side of the crystal to execute his own demonic designs. We could allow it to go only so far. Then, despite our ancient oath, on June 14<sup>th</sup>, 1943, we interfered with Hitler's psychic crystal and turned the tide of war. We

are no other than the Brotherhood of the Psychic Crystal; an ancient organization established to protect mankind against those who would abuse the psychic crystal. We are going public at this time, because for the first time in a thousand years, a new and sinister menace looms over the free world."

Would Awareness please comment on this organization?

#### COSMIC AWARENESS:

This Awareness indicates that essentially, the so-called psychic crystal as that which is a metaphor. That the psychic crystal as that which is within the consciousness of any entity; crystal clarity, or the use of crystal clarity in focusing on any particular action; the Dark side being that which focuses on the destructive tendencies or motivation whereas the Light side as that which is focusing upon constructive, cooperative, or harmonious evolutionary-type of activities.

This Awareness indicates that in terms of the organization; that this does appear to have some roots into ancient times, although the name as that which is relatively recent and the organization as not having existed per se during all these several thousand years. This Awareness indicates however, that in terms of information available through this organization; that there is some valuable information which entities could use. This Awareness indicates that much of the advertisement is what may be termed hype or sizzle, thereby the product is over-advertised with certain forms of exaggeration. This Awareness indicates however, that even so, there is some value in researching and communicating with this organization.

#### **Beware of Organizations That Ask You to Cut Off Ties With Other Organizations**

This Awareness suggests that entities be cautious in involving themselves with any organization which asks that they cut off ties with other organizations, or that they cease to have external contacts with others, or that they devote themselves totally to the organization and its purposes. This Awareness indicates that wherein you can become involved with an organization while still remaining free to live your own life, thus being able to receive from the organization without being caught up in the organization; this then is sufficient and beneficial without being a form of entrapment.

This Awareness indicates that essentially, entities should be aware of the nature of that which would be termed a cult in the general sense of modern concepts. This Awareness indicates that a cult generally as that which has a personality figure whose word is not questioned, and who dictates policy, and who asks the members of the cult to give up their contacts with outside establishments and family ties, or with external organizations and associates, and who asks the membership to give its wealth to the organization and let the organization take care of them, and who secludes the members of the organization so that the greater influence over these entities comes from within the organization rather than from external sources, and who cuts off external communications to some degree, whereby the entities must receive their information from within the organization, and whereby members of the organization may watch and guard each other's loyalty to the organization or to the leader.

This Awareness indicates that not all cults have all of these qualities; some being, moreso than others. This Awareness indicates that you will notice many of these qualities as that which is prevalent in certain of the Christian denominations. This Awareness indicates particularly in terms of the guardian of each others' thinking. This Awareness indicates also the personality leadership which is not to be questioned, often is part of

these cults. This Awareness indicates also that often these cults will use threats or punishment as forms of mind control and emotional control to keep the members in alignment with the cult purpose. This Awareness indicates however, that in terms of this organization questioned about, it appears that this is one whereby much information can be received through the mail; therefore intense personal involvement would not be required. This Awareness indicates that it appears this to be an organization which can provide interesting and enlightening information of some value.

Excerpt CAC Reading 9-5-2-89 Paul Shockley Interpreter

### "Healing Stones"—Do They Really Heal?

#### QUESTION:

Larry Kell sent in some literature from a company called Tin-Tin Products, out of Orangeville, California, and he asked us to read this to Awareness and find out if this information is valid. It's called Healing Stones, and it says: "A Healing Stone is a stone that has natural energy, the same energy that your body has. There is no difference. Healing stones were recently found in 1988 in volcanic country. They are called Healing Stones because they transmute this energy to your body and your body does the healing with the extra ability the stone gives it. Wear them on your person all the time.

Another word for health is energy, pure and simple. No need to prescribe anything else for your body besides energy because energy is what the body uses to do the healing. First you will have more pep, then you will notice that you can breathe deeper and your lungs feel clearer, a calmness comes over you, many things begin to change, you start to feel younger and it's all because you are getting extra energy. Healing Stones? Well, the body does the healing; the stones only supply the power to heal itself.

There are other good things to report. Place a stone over any poison for 10 seconds and it will nullify it. Place it over any pain and note the results. Put one in your fruit bowl and the fruit will never spoil; it will dehydrate but not spoil. The food which weevils infest will be protected by putting a stone in each container. Once you have the stones, you will find many uses for them. Always hold a stone over everything you eat or drink for at least 5 seconds and it will render it non-toxic; besides the food and drink will taste better.

Now comes the benefit that most of us are desiring to know about—How to lose weight. Hunger is the signal that the body is running low on energy, so we eat. But when you wear the stones, they give you extra energy and you do not get hungry so soon. When you do eat, you do not eat so much. Now, doesn't that make it easy? You do not overeat because you are not hungry; you do not have to starve yourself.

Another cause of overweight is brought about by additives to our food. The body cannot eliminate all of these toxins so it manufactures fat to store them in. The fat keeps them out of circulation so they will not harm you. If you go on a program to lose a lot of fat in a hurry, and there are a lot of poisons stored in the fat, you will be putting them back into circulation where they can do you harm. Many have done this and have become ill, some have died from crash diets. This is the sensible way, the sure way, the safe way. It may take some time, but in the end, you will come out healthier. Simply place or hold a healing stone over your food before you eat it and it will nullify all of those additives. If you want to go further and take a cleansing diet to cleanse all of the debris out of your system, I can help you with a program that has been a success for over 65 years, or one to rid your body of arthritis. This is a very easy one to administer



Never think old, never say die, never look back and never cry. You can buy two stones for ten dollars."

Would Awareness look at that? Is this information valid, or is this a put-on?

#### COSMIC AWARENESS:

This Awareness indicates that there is much hype and exaggeration involved in this but that there are certain benefits in these stones. This Awareness indicates that they function much like the Polarity Pillow, which was discussed some years back; that you can test these stones to see how effective they are in regard to how quickly food rots with a stone in the same environment, and situation as without a stone, or with a different stone altogether. This Awareness suggests that entities would be wise to experiment in this manner before assuming too much from the stone.

#### World War II Pilots all Took "Good Luck" Charms With Them

This Awareness indicates however, that there is also, as with all of these things, certain psychic powers that come into play when a suggestion is given. This Awareness reminds you that during World War II, for example, many of the American and British pilots would take with them on their flights good luck charms. These good luck charms were not something which people sold, it could be anything from a picture of their family, to some rabbit's foot or some other trinket, even a handkerchief or scarf and if the pilot, for some reason, forgot his charm, it was quite common that the pilot would not return. This became quite an issue among these entities during this time to remember their particular security blanket or good luck charm because they saw so many of their friends failing to return when they forgot their charm.

This has to do with the-power of suggestion, and to attributing qualities to some trinket. This Awareness indicates that it can be done with a stone. It can be done with a paper clip, or something else; if you can believe it generates power for you, that suggestive belief does indeed carry great weight for the subconscious mind and it is the subconscious mind that is actually working in creating these benefits and it simply uses the trinket as the catalyst or hook on which to focus in order to create its influence.

This Awareness indicates that this does not mean that these things do not have their own intrinsic energies as well. The polarity pillow and these stones do have certain value, but they can be greatly enhanced by the faith an entity has in using them, and the more one repeats and believes in them, the greater the power of these trinkets.

## Concerning Shifting Earth's Energies.

### QUESTION:

A question from a CAC member in the San Francisco area who asked to remain anonymous. He writes:

"I keep hearing that the energies are shifting on Earth and that we are quickly approaching a time when it will be much easier for us to create the experiences, the relationships, and the things that we want. I'm told that these will come to us with greater ease and less effort through focused use of our intention and our ability to relax and allow them to come to us (in other words, living in faith, not worrying any longer about whether we will receive them.

If this is true, when would Awareness expect this shift to take place? At what stage are we in the transition? (Are we just starting shifting into this new space or can we expect it to take many more years for the shift?)

Finally, do you foresee there will be a time when we "awaken" to knowing who we are as spirit and begin living more as our Higher Selves on Earth during this life?"

### COSMIC AWARENESS:

This Awareness indicates that this is in the affirmative. At present there is a connection between the shifting in Earth's energies, the evolution of human consciousness, and the reconnection with one's Higher or spiritual self. They are connected by the growing ability of individuals to take control of their creative abilities by using both incoming and outgoing emotional communications to manifest more desirous and fulfilling personal and mass events. It involves awakening to the process of creative manifestation and acceptance of the responsibility it entails in the majority of humans, as well as the honing of the powers in those with an already more advanced breadth of awareness and creative prowess.

### Humanity is Now in the Final Stage of Transition

This Awareness suggests that humanity is in the final stage of this transition, poised at the threshold of a critical tipping point that will allow all humans much easier access to their innate creative powers. The fulcrum rests upon how well each individual begins to harness emotional power, belief and intention and need no longer succumb to manipulation of the feelings and actions by outsiders. It will be those who learn to correct the beliefs and circumstances that bring personal and shared pain that will help reduce the overall charge of negative emotion within the species which presently limits both consciousness and free will creative control.

This Awareness indicates that this shift will usher humanity into the full being state of existence with heightened mental acuity and free will and enriched spiritual purpose, a hard-won victory in rising above the crude survival levels of awareness and bodily reaction. This will free up the mass consciousness that is now invested in simple reactivity, habitual defense, and competitive cycles of resistance, resentment, and revenge. This will allow far more understanding of one's personal thoughts, beliefs, and actions, as well as ushering those that resonate with the higher emotional tones, the positive feelings, and enjoying the unified and cooperative actions and virtues they deliver. This will be when many can indeed embrace and utilize the resonant acceptance of faith, as well as love, gratitude, compassion, honor, courage, and devotion and outgrow the dissonant resistance of worry as well as shame, mistrust, contempt, guilt and hate.

This Awareness indicates that it may take far fewer

than many might suspect to hurtle humanity into this next stage of existence, and that stepped-up efforts to envision this shift can hurry its occurrence. Each individual effort can and will build toward the critical mass, such that even a novice experimenting with creative visualization might provide the one final straw that tips the critical point for the entire species.



Excerpt CAC Reading 10-6-6-93 Paul Shockley Interpreter

## Amazing Patch Melts Off Beer Bellies

### QUESTION:

There's a little tabloid article, which I'll read and ask Awareness if this information is valid. "Amazing patch melts off beer-bellies! A miracle medical breakthrough that helps pot-bellied men to slim down is expected to be on the market within a year. Doctors have found that small doses of the male hormone testosterone, absorbed through the skin from a patch worn on the tummy trims waistlines by at least an inch.

"The amazing patch works wonders by shifting 10% of male body-fat from the belly to other areas of the body. "With the patch, men don't lose weight, but the location of fat changes", explains Dr. George Bray of the Swedish Obesity Research Group. "Paunches," he says, "particularly from fat around vital organs are more common in men, while women tend to gain weight in the hips and thighs. Getting fat away from vital organs is healthier."

"By shifting fat from their belly, men reduce their blood-pressure, cholesterol, blood-sugar, and toxins in the blood, but a steady stream of testosterone has other benefits." He says: "High testosterone levels boost the sex drive and slice the risk of prostate cancer. And as a side-benefit, men look younger without their pot-bellies, and that's important too!" he says.

Is there any truth to that?

### COSMIC AWARENESS:

This Awareness indicates that most of this is accurate, except that it is not seen as being so effective as might be implied. It appears that the use of this may take considerable amount of time to reduce the fat content by 10 percent or whatever amount was indicated. This Awareness indicates that it will of course depend a lot on what the entity does in addition to having this patch.

There may be, and appears to be, a greater energy release for the entity, which helps to get the entity into more physical activities, which in turn can help to

supplement the desired effects. This Awareness indicates that therefore, an entity who follows certain exercise procedures along with the use of the patch would benefit more than the entity who relies solely on the patch and the time period for its effectiveness can be reduced when the entity using it also involves himself in exercise procedures or programs.

This Awareness indicates of course the testosterone hormone tends to create an attitude for the one receiving the hormone, to indulge in more physical activity than might otherwise occur.

### Are Satellites Being Used For Mind Control?

(More on the Super-Secret "Woodpecker" Project)

#### QUESTION:

A question from Jan Van Toorn, in Eindhoven, Holland. He writes: "I would like to ask Cosmic Awareness to comment on the issue of mind control practices through the use of satellites. Several sources are mentioning this technique for present and future use to be able to control mankind. Is this already happening, and how does this work?"

#### COSMIC AWARENESS:

This Awareness indicates that there is a certain amount of experimentation that has been conducted along these lines using certain frequency broadcasts to affect consciousness of entities and to aim these at certain cities or town and monitor the effects on the people. This Awareness indicates there is one such project called "Woodpecker," which beams an inaudible vibration to a city over a long period of time, and then turns off the inaudible sound and watches for any change in the behavior of the city, including crime rate rising or falling during the on or off period.

This Awareness indicates that the use of electronic population control is indeed considered as a serious and viable technology for future control of masses, but not enough data has been accumulated to put these practices into their full use and potential as of yet.

#### The Sinister Use of Chlorinated Water

This Awareness indicates that chlorination of water is the main approach to keeping population in cities in a passive mode so that resistance of the masses is held in check and so that the masses obey and follow directions of authorities without much resistance to them. This was first tested in Nazi Germany and has since been implemented in cities in Europe and in the United States through the chlorination of water.

This Awareness indicates that when entities drink chlorinated water, there is an effect on portions near the back of the brain that cause them to become more passive and easy to get along without competition. This Awareness indicates that entities who might otherwise be more resistant and competitive will become more passive due to the chlorination build-up in the back of the brain; that in the near future, this will be augmented or replaced with the electronic technologies.

This Awareness indicates that also, temperatures have effects on the behavior of entities. When the temperature rises above 90 degrees, entities tend to become more irritable, even though they are inclined to be less active and desire to get out of the heat and relax, but the irritation that comes in the hotter temperature may flare up a few hours later in the cooler areas so that as on a summer night, when the temperature is high during the day, the competition may assert itself later in the evening as the temperature begins to drop.

This Awareness indicates that likewise, a cool temperature creates a more passive individual, or an entity who is more thoughtful and less physical in nature. The mind becomes more active in cooler weather. Entities in excessively hot weather can become very physical and physically reactive without thinking of the conse-

quences of their actions and this can lead to conflict when others are also irritable.

#### FOLLOW-UP QUESTION: (AVATON):

One of the poets, Lord Byron, I believe it was, once stated: "Where the climate is sultry, there is more adultery." Does that also apply?

#### COSMIC AWARENESS:

This Awareness indicates that this appears to be accurate, but that entities in cold climates and cold weather, while perhaps not so much involved with adultery, tend to cuddle more or get together in order to experience the warmth of each other's body heat and in hot weather this becomes a detriment to intimacy, if the temperature is hot enough, except in cases where lust plays a major part in drawing entities together.

It may be that this contributes to the adultery factor.

#### The Cosmic Laws of Cosmic Awareness...

### The Law of Change

This Awareness indicates there is a Law which governs all things, and allows no thing to remain unchecked, and allows no checks to remain unchanged. That in anything seen, done, experienced or known, you may look at it and say with absolute certainty: "This too will pass." This Awareness indicates this as the *Law of Change*.



#### —HOW TO GET THIS NEWSLETTER BY MAIL— EVERY 4 WEEKS! (More or Less)

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#### MEMBERSHIPS AVAILABLE (Honor System)

INDIVIDUAL: \$42 per year or \$12 quarterly  
 FAMILY: \$52 per year or \$20 quarterly  
 CONTRIBUTING: \$77 per year or \$26 quarterly  
 SPONSORING: \$144 per year or \$40 per quarter  
 BENEFACTOR: \$500 per year or \$150 per quarter  
 PATRON: \$1000 per year or \$250 per quarter  
 ANGEL: \$5000 per year or \$1500 per quarter  
 LIMITED INCOME: \$30 PER YEAR OR \$8.00 QUARTERLY