

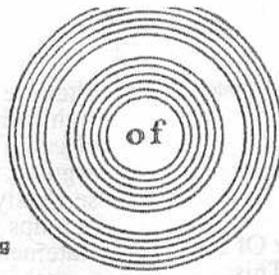
Revelations

The Cosmic Newsletter

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Awareness

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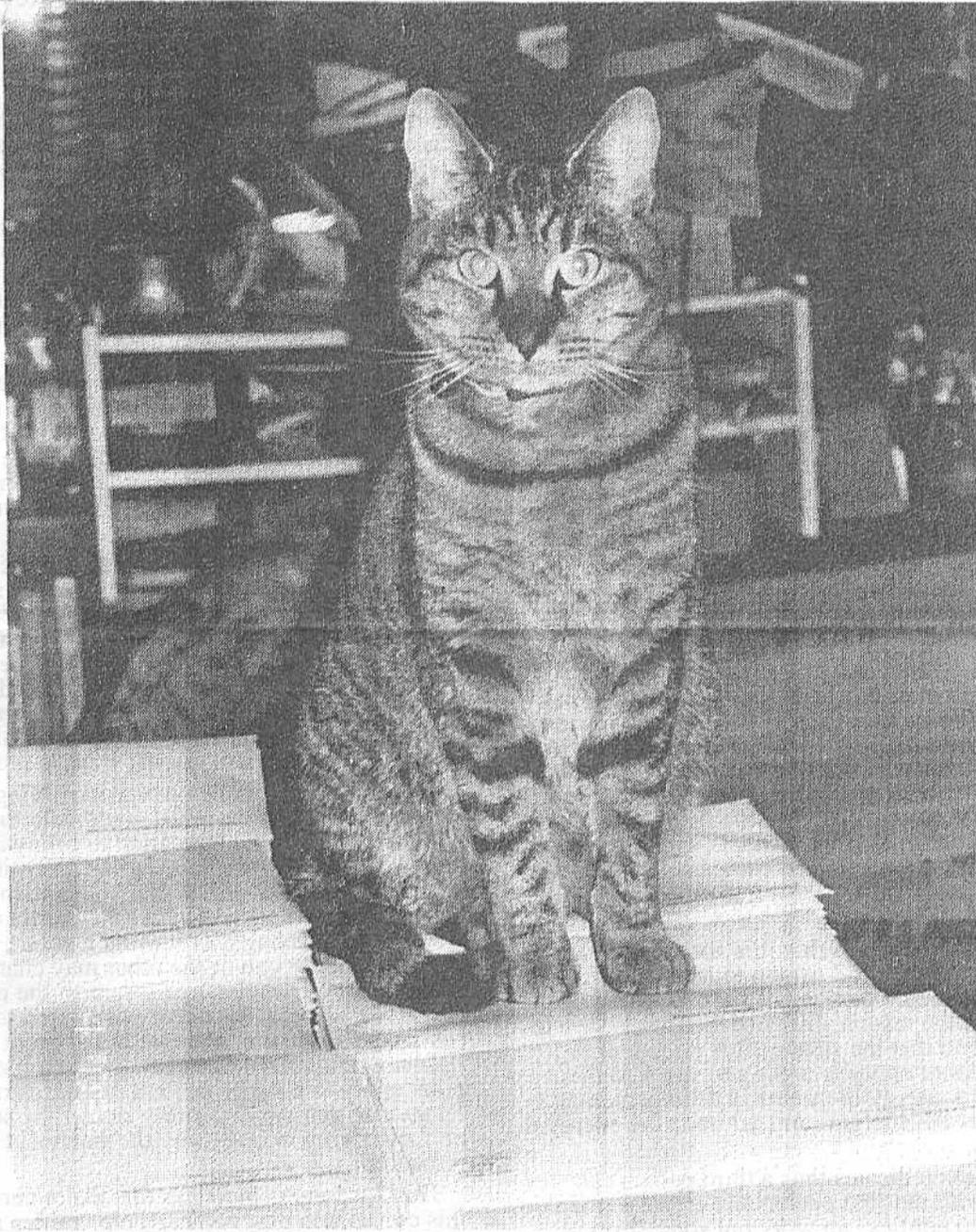
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Introducing
Nancy
The official
C.A.C. cat
(Her story on page 10)

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(ARIES Lesson Number 9)

THE LAW OF INERTIA

(And How It Applies in Relationships)

OPENING MESSAGE:

This Awareness wishes to speak of the Law Of Inertia, applying it in a somewhat different way. This Awareness indicates that many times, entities have witnessed the Law Of Inertia, wherein an energy is put in motion and will continue in motion in the same direction without alteration until it is met by an energy or force acting upon it, to alter its course.

This Awareness indicates that this occurs commonly in physical bodies, in physical energies, and sometimes the energy acting upon a physical force in motion may be only friction. Thus, a baseball thrown may have the energy of friction or gravity pulling on the movement to alter, to slow down the baseball or to draw it toward the ground.

This Awareness indicates that the energy in motion is affected by other energies that influence the first energy in motion. This Awareness indicates that in the application of this same law in the affairs of human relations, the law is also similar in its effect, and the same forces apply. An entity, for example, makes a statement and then the statement remains and 6 months later or a year later, or even 5 or 10 years later, the entity may be completely surprised that others still hold the statement which the entity made previously as though it were still in effect.

The person may, for example, say: "I don't want you in my life. Get out of my life!" and thus, the person responds by staying away from the first entity. Three months later, the first entity wonders why this entity doesn't come over and visit any more or doesn't call, or doesn't speak to them. It is because the entity, the first entity, put something into motion and the second entity respected the first entity's movement and did not attempt to counter or act upon it, but respected the energy that was set in motion by the first, and the first perhaps did not expect that kind of respect for the request given, or for the demand presented and wonders why the second person has not made an effort to come back and relate or perhaps apologize or do something to reconcile the relationship.

This Awareness indicates that it is not the purpose or responsibility of the second person to attempt reconciliation, when the first person has said: "I want you out of my life." It is the responsibility of the first person to inform the second that the statement is no longer in effect, but if neither entity is willing to speak to the other to alter this energy in motion, a third person may attempt to affect the energies and act upon the energy in motion.

This Awareness indicates thus a third person can communicate with the first person and create a situation in which the two entities can work out some form of contact or communication that allows the defusing of the inertia of that first statement that set the energy in motion which prevented the two from communicating.

A Statement Made is Energy Set In Motion

This Awareness indicates that it is important for entities when making statements to realize that their ultimatums or their statements are energies being set in motion and that others may expect those energies to still be in effect until the first entity rescinds and takes back his statement or alters his original statement.

This Awareness indicates that if the first entity doesn't rescind or take back or alter or create a new statement to

alter the course of the first statement, it is presumed, rightfully presumed, that the first statement is still in effect. This Awareness indicates therefore, entities when arguing may find that things which are said and taken seriously by others are still having emotional effects, perhaps long after the entity who first uttered these statements has forgotten what he or she said.

This Awareness indicates that sometimes the entity who hears these statements may need to remind the first entity: "Well, I'm avoiding you, or I'm doing this because you told me this is what you wanted and you haven't indicated anything other since that time. This Awareness indicates that often this is the cause of long-term schisms in relationships. A statement can cause an entity to feel that the one who has uttered the statement intends the statement to remain in effect until retracted.

If there is no retraction, the one who receives the statement may assume, and rightfully should assume, that the statement is still in effect. It does not necessarily follow that the one who received the statement has to accept the statement as final, that the entity has to respect the statement as absolute.

If the entity, for example, says, "I never want to speak to you again," the entity may respect this utterance or may let some time pass for tempers to cool, and then may call back and ask if they still feel the same way, or if they'd like to get together and clear things up. It gives an opportunity for patching up the differences that may have caused this schism.

When it comes right down to it, it is the responsibility of the entity who stated: "I never want to see you or speak to you again!" it is **that** person's responsibility to call the other, but if that entity doesn't, it may be the entity just isn't ready or the entity just doesn't have the courage, even if wanting to patch up the differences, or it may be that the entity has a misunderstanding and is relating to the misunderstanding and because of the misunderstanding, still doesn't want to see the other.

It may be that communication clarifying, making things more understandable, could help to clarify and allow for better communication to follow. This Awareness indicates that the point is that an entity who makes a statement should realize that your statement carries energy until an action changes the inertia of that statement, reversing it or turning it about, altering it, and therefore, either you or the other may change the energy in motion, but it is first and foremost the responsibility of the one who put the energy in motion to rescind or retract the statement, and that in the event the entity does not retract the statement, it is permissible for the other entity to send some kind of statement or message requesting that the first entity retract the statement, perhaps giving reasons why the statement should be retracted.

This Awareness indicates that the understanding of this comes into play and can help entities in many of their communication situations, where there are problems. It is not always a key factor in communication problems, but quite often blockages in communication is due to someone having said something that was not really meant, but not having the nerve, courage, or having too much pride to retract the statement, even after calming down, and regretting what they have said.

Most Damaging Words Often Said in Heat of An Argument

Nothing should be taken too seriously when said in the heat of an argument, and yet, these are the words which are often most damaging to relationships and which are taken most seriously and remembered from the arguments.

DOES UNRECTIFIED ENERGY REMAIN IN CONSCIOUSNESS?

FOLLOW-UP QUESTION:

If the one who sends out the original energy, sets it in motion, yet does not do anything to rectify that energy, does it remain in consciousness, or gain speed, or does it, will it continue how about the memory? Does it diminish as time goes by, even though ...

COSMIC AWARENESS:

This Awareness indicates it tends to become stronger as time goes by if it is felt as an offense to the one receiving the message. This Awareness indicates it is for this reason that likewise, an entity who offends you and whom you do not see for some time, perhaps a year or two, will pass and you will see the person and be embarrassed and not want to speak to the person because the previous incident is still outstanding in your mind. You may have had great moments with this entity prior to that incident that occurred the last time you saw the entity, but because this has not been clarified or reconciled and time has passed, the entity blows it up out of proportion as time passes, and you feel embarrassed and you feel as though you do not wish to see the entity at all.

You may try to avoid the entity out of your embarrassment because of the incident that occurred the last time you saw this entity. Every day after the incident occurs, when you think of this entity, the thing that stands out in your memory is that last frustrating incident, and thus, when you think of this entity, you remember the frustration of the incident, and it continues to grow stronger as the association you have with this entity.

The entity in the mean time, may have gone through many changes, may have gone through two years of experiencing hardships and difficulties and soul growth and great changes in personality, but because you have an opinion that sat static for two years, you perceive the entity the way you did the last time you saw the entity. You do not recognize the growth that took place between then and now because you had no way of knowing what growth or changes did take place.

This Awareness indicates that thus, the energy that was left and set in motion in your memory continues in a kind of inertia until you come in contact with the new entity, and discover what is new with the entity, and that the entity is no longer the same old person, and that there have been major changes.

How to Avoid Prejudice and Pre-Judging

This Awareness indicates that in relationships where time has transpired it is suggested that entities, upon meeting each other again, seek to find out a little more about each other before making a judgment based on prior knowledge of the entity, for often entities may be totally changed from the time you last knew them, and if you are assuming they are similar to the way they were when you last knew them, you are not giving them a chance. You are in fact, prejudging them. You are prejudiced towards them, based on pre-opinions held about them, pre-formed opinions.

This Awareness indicates that likewise, you yourself may know of individuals from the past, in which there have been memories in relation to them, where you feel an embarrassment; something you did in your past relationship with them leaves you feeling that you made a fool of yourself or you are somehow embarrassed by what you did, and you would just as soon never see the person again, not because you dislike them, but because you assume they dislike you, since you were so stupid in

your behavior last time you met them, last time you were with them.

This Awareness indicates that this kind of barrier is also based on self-judgment of a kind of inertia. You can't forget your own embarrassment, and your own embarrassment continues on as energy in motion over a long period of time, energy that has not been cleared up, that has not been forgiven by yourself. You do not forgive yourself for the mistake or embarrassing action that occurred to you.

A Way to Erase an Entity's Negative Opinion of You

This Awareness indicates that often, the other person doesn't recall the events that you feel so embarrassed about. This Awareness indicates that it is often very inhibiting to talk with someone when you feel that the entity carries a long period of hostility or feels hostility and discomfort toward you. This Awareness indicates that sometimes the easiest way to erase an entity's negative opinion of you, the energy which the entity has carried for so long when he or she thinks of you, is to create a totally new experience, an overlay to cover over the previous experience so that when the entity sees you or thinks of you in his or her mind, they think of you in the new experience, the new encounter that they just recently had, rather than the encounter of four years ago or two years ago which you feel so embarrassed by.

This Awareness indicates that sometimes by risking a new encounter, you can totally alter the feelings that you have when you think of this person and you can alter the feelings the entity has when they think of you because you meet with them, are courteous, perhaps you are brief; that is perhaps necessary in order for you to feel that you can hold it together for that brief encounter. You speak friendly, courteously, but do not get personal.

Perhaps you are afraid if you get too personal you will again do something that embarrasses you, so you may simply be courteous as one person meeting an old friend or associate and then rush away, as one who is quite busy. This kind of encounter leaves the entity remembering you at this time, rather than at the time which you felt was so embarrassing from previous years.

This Awareness indicates that you will be amazed at how much better your self-image begins to feel if you do not carry with you the memories of embarrassing moments and rejections from the past, by associates whom you know, for if you have amassed embarrassment or rejection from your peers, friends and associates of the past, it is hard for you to feel good about yourself, and if you can somehow change these moments of the past by overlaying new events, new contacts, new encounters that are not embarrassing to you, those old memories begin to fade from your consciousness, and you have the opportunity to feel better about yourself.

Build Yourself a Sense of Self-Worth to Enhance Your Image

This Awareness indicates if, for example, you owe someone something from the past and it causes you to feel badly when you think of that entity, and you know that you could now pay them or repay them for that which is owed, to do so can enhance your self-image, can make you feel more worthy, and if you feel more worthy in regard to this and similar situations in your life, as you begin to build a sense of self-worth, you will find also that life in general begins to treat you with more respect and your prosperity and good feelings and happiness in life enhances.

The better you feel about yourself, the better you feel about yourself in relationship to others, and the better you feel about yourself in relation to life in general, the better your chances of success in your endeavors and the

greater opportunities will come your way for you to experience happiness and success in your endeavors.

The Reason Why Those Who Continually Fail

Most people who continually fail, continually fail because they have feelings of not deserving to win. If they have eliminated the guilt, eliminated the feelings of embarrassment and inadequacy, these people tend to win in most situations they encounter. They develop a winning attitude so that when things don't go quite right, they simply get back up and start again, perhaps in a different direction, along a different line, but they don't stop, and they know they will come out ahead because they are deserving, and those who feel themselves deserving and capable tend to be winners.

Thomas Edison and The Real Meaning of Being a Winner

This Awareness wishes to indicate to entities that being a winner doesn't necessarily mean you are going to win a lottery because you have your mind set on winning a lottery. Being a winner means that regardless of whether you win the lottery or whether you win something else, whether you lose 50 or 100 times, you are going to eventually win because you do not stop at the loss. You keep at it until you win something that is satisfying to your needs.

The difference between the winner and the loser is that the loser eventually quits. The winner never quits. The winner may change tactics or goals, or directions, but continues to work toward some kind of satisfying end or goal.

This Awareness reminds you that Thomas Edison once was asked how many different filaments did he try before he found the right one for the electric bulb. He mentioned that he had tried over a thousand different types of metal, and when asked, "How could you keep going when you lost? When you failed 999 times? What kept you going?" and Edison said: "I never failed on any. I saw each one as a *winning* of information. I knew that if this one didn't work, it was no good and I had won, knowing that this would not work, and so I must try another, and after continually eliminating 999, I stumbled onto the one that worked; thus, each of the metals tried was a solution, not a failure."

This Awareness indicates that this best describes the winning attitude; that all the rejections, all the so-called failures are simply eliminating those things that don't work, as you move toward finding that which does work.

THE LAW OF INERTIA WHEN A PAST VIOLATION OCCURRED

FOLLOW-UP QUESTION:

This Law Of Inertia; it applies to non-verbal things also, does it not, like an action? For example, there seems to be lately a lot of women who are now grown up, some very famous women who are coming out and telling the world that they were molested by a family member when they were a child, and on through into their teens, generally the father, and this smoldered within them.

One lady said: "If he'd only apologize and talk to me, it wouldn't have screwed my life up so much!" Is this an example of inertia in action that has never been stopped because the initial violation is never addressed?

COSMIC AWARENESS:

This Awareness indicates that this is in the affirmative. That it can be anything. Any energy can be set into motion that does not alter in course, moves until something changes it, alters it or stops it, and it can be from an action, it can be from words, or it can be

emotions. An emotion may be put into a direction, an action, and the emotion may carry and continue without changing until something comes in to alter that emotion.

He Who Carries the Emotional Torch of Unrequited Love

This Awareness indicates that this is why an entity may fall or appear to fall in love with someone and not be able to get that other entity off their mind, or not be able to release themselves from that entity, even though the entity may reject them totally and even leave the area completely to get away from them. The entity may still carry the torch of unrequited love for that entity who is long gone. Perhaps the entity has even died and no longer exists, yet the first entity may carry the emotional torch, the inertia of the love that was felt and held and may not be able to shake or dispense with that movement of the energy.

To Stop Emotion Introduce Another Emotion

This Awareness indicates that this may continue for weeks, months or even years, perhaps even decades. This Awareness indicates that the best way to stop the emotion is to introduce a force, perhaps of another emotion, to act upon the first. It is for this reason that sometimes an entity who is scorned by a lover will go out and find someone else to relate to. Perhaps that second person will create an emotion that causes the entity to forget the first person, at least temporarily, while dealing with this new emotion surrounding the relationship with this new entity.

Once this occurs, generally the entity can shake the first emotion, or the inertia of the first emotion, can shake it free and the new entity and the new emotion becomes dominant. This Awareness indicates that if the entity does not make efforts to go back and rekindle the first emotion, but stays with the energy associated with the second person and lets the energy and emotion with the second person build for awhile, this creates a new inertia that supersedes the old emotional inertia, and the old emotion begins to subside completely or quite quickly, to a great degree.

When a Rebound Relationship is Created

It is for this reason that many entities transfer their love from one who has burned them, to a second person, and may either marry on the rebound or give themselves totally in love to the second person in the sense of a rebound relationship, which may or may not be healthy, but generally does ease the emotions that were painfully associated with the first person.

This Awareness indicates that in other words, the emotions moving in the *Law Of Inertia* was altered by a new force acting upon it, causing a change. The second emotion overshadowing, overpowering, overlaying the first. This Awareness indicates usually this second emotion is not a healthy long-lasting situation, and does not bring a healthy long-lasting situation. Usually it is simply a salving, a coating for the pain caused by the first, and entities often find the rebound relationship unfulfilling and brief, but it often does serve the purpose of relieving the pain of the first.

Therefore, this Awareness suggests that entities undergoing a deep loss after proper moments or duration of grieving, may wish to get out and mingle and create a new relationship that at least lasts long enough to have some emotional interaction that disturbs, angers or appeals to you, to help overcome the pain of the earlier relationship, and then they may find it helpful to reevaluate whether they want to continue with this second relationship or to back off and start anew, or to simply avoid relationships for a short time, or go on to other social activities involving other entities.

Do Not Cling to a Hopeless Relationship; Let it Go

This Awareness does not encourage entities to cling to the hopeless or probable hopeless relationship, one in which the lover has voluntarily left and does not appear to want the relationship, or one in which the lover has passed over and cannot return. It is too painful for entities and gives them little reward in their lives. It would be better for them to think in terms of offering comfort and affection to others, even if limited to an animal, a child, an elderly person or someone totally new.

This Awareness indicates that if you seek further romantic involvement after having been scorned romantically, it helps to get involved far enough to have emotional difficulties with the second person, with the new person, for once you have experienced difficulties in an emotional sense, it tends to defuse the emotions from the relationship in which you were scorned or previously hurt.

Breaking Off From a New Relationship

This Awareness indicates, however, there may be a tendency to get revenge on your first lover by hurting your second, and thus, you may create an emotional situation in which you create a new relationship and find yourself doing to this new person in your life much what your previous lover did to you, basically mistreating you, hurting you emotionally. This Awareness suggests you be very cautious not to create a karma from this kind of situation.

If you find things getting too heavy, it is best to move away politely, in a manner that makes the breaking off as easy as possible for the other person. You may, for example, indicate that "I have just come from a very painful break-up with another person. I don't feel that I am really ready for a deep commitment. I am afraid that I will only hurt you by continuing our relationship, therefore, I need time to recover. I need to be alone. I need to break off our relationship. It is nothing that you have done to offend me. You are too good a person to hurt, and I want to break this off. We can still be friends. Perhaps in a few months, I will be able to relate more closely with you, but at the present time, I need to be alone and to get in touch with myself more completely."

This kind of breaking off does not put the guilt or the blame on the one who is being rejected. The rejection is not a kind of rejection that would cause an entity to feel inferior or condemned, and therefore, would be much easier for the entity to accept without painful experience. This Awareness indicates that in this manner you can feel more comfortable in breaking off the relationship and thinking and evaluating yourself without feelings of guilt which confuse and tend to make you feel as though you should go back and treat the person nicer or make you feel angry at the person because of the guilt you may feel if you have hurt them.

Unrequited Love Almost Likened to a Disease

This Awareness indicates that unrequited love is a very difficult subject to understand. It leaves some extremely deep emotional scars and feelings. It is almost likened unto a disease of the heart and emotions, and can in many ways force an entity to do things they would not normally do. It can cause them to become bitter and hostile, or it can give them enough pain that they learn not to inflict similar pain on others.

This Awareness indicates that there is great opportunity for learning and for soul growth during times of unrequited love, but there are also great temptations to get revenge, to become embittered and to hurt innocent people because you, yourself, as an innocent person, were hurt by someone whom you loved. This Awareness

indicates that this kind of situation appears to affect almost everyone at some stage, usually in their youth, and sometimes, repeatedly throughout their life.

It occurs during times of divorce. It is a little different during those times, but the feelings are much the same. This Awareness indicates that *It* hopes that in seeing this from an overview that entities will have a better understanding of how to deal with these frustrations that are associated with that which is called the unrequited love, for if entities can truly love each other, caring about each other, but not depending emotionally for their own welfare on the acceptance of another, then the entity can have a more healthy relationship.

If your psychological and emotional welfare depends on someone else accepting you, you are setting yourself up to become the victim of unrequited love. This Awareness suggests that you always hold back enough of yourself to be able to take care of yourself in the event that the other person in your life should betray you, should decide he or she does not really want to be with you.

You must always know that you have the strength to take care of yourself. You must be able to give yourself to the other person, while knowing that you have the strength to pick yourself up if rejected. It is much like the song which states to the effect, "I know you won't let me down, for I'm already standing on the ground."

This Awareness indicates that with this attitude, that you already are standing on the ground and can take care of yourself, you can then give yourself more freely to the other person, but if you give yourself without the feeling that you have stability within, that you have the capability of attending to your own emotional, physical and psychological needs, then you are essentially putting your life in the hands of another and entrusting yourself to the other; you are setting yourself up to be hurt very badly.

If You Consider Total Surrender

This Awareness indicates the only entity to whom you should ever consider total surrender to would be the highest spiritual being to whom you can imagine, be it the Christ, the Buddha, God or whatever being you conceive of as highest in terms of spiritual deity. In such giving of self, you then can feel comfortable in such a surrender, but to give yourself in that kind of devotion to another human being puts too much responsibility on them.

You are not your brother's keeper, nor are they your keeper. To put yourself totally in the hands of another, you may think you are doing something wonderful by saying: "I am yours! I surrender to you! Do what you will with me!" You may think that this is great flattery to them and show them your deep devotion, and that you trust them and that you are totally, in offering yourself as a sacrificial lamb to them, are expressing great love to them; but for them, you are becoming likened unto the newborn babe. They feel overwhelmed. They have this person's life in their hands. They have to care for this person who is totally given to them, who gives themselves totally, and they must care for this person who has given themselves totally in their care.

If You Think Love Is Giving Yourself Totally to Another

What a horrible responsibility to put on another person, especially one who is young and has not held such responsibility before. This Awareness indicates that many entities think that love is giving themselves totally to another, but this is truly selfishness, when you give yourself totally to another. Love is being responsible for yourself and giving to the other service that the other may need, which you can provide, and requesting and

requiring from the other that they live up to their full potential, that they be the best they can be; and as you give the best of yourself and your full potential of productivity to the other and the other gives of themselves and their full productivity to you, you both become more productive as individuals and you encourage yourselves, each of you encourage the other and yourselves to be the best you can, to do the best you can.

Therefore, you encourage each others' growth and development, and neither of you becomes the helpless dependent in the arms of the other. Many entities would like their mate to be a father or a mother and treat them the way they were treated as infants: "Pamper me! Love me! Make me feel good! I want this! I want that! I want everything that makes me comfortable and I want you to provide it for me because I have chosen you as my mate!" That is the thinking of many entities. "Get me my slippers! Get me my coffee! Get me this! Get me that! Buy me this! Buy me that! Make me feel important!"

Tests of Love Often Are Burdens to Your Mate

All of these actions which entities put upon their mate are those things that help to evaluate whether they are truly loved as the mother loved them, or as the father loved them, but they are also as tests of love. They are also burdens to the other person, and as you burden your mate, you may also find that it cheapens you. It makes you less than the best you can be, and it takes away from your own prestige, and if your mate does this to you, and you cater to his or her demands, it may make you feel good for awhile, but there comes a saturation point.

After so long, you can cater no more to the entity's demands. You feel used and abused and you want to tell the entity: "Rub your own back! Wash your own socks! Clean your own dish! Pick up your own trash! Grow up! Show yourself to be mature as a human being!" This Awareness indicates that these changes in the relationship are to be expected and the entities need to adjust. Sometimes they will receive the pampering, the back-rubs, the comfort and the strokes they want, and sometimes they will receive the direction, the orders, ultimatums or suggestions of showing maturity which they do not necessarily want, but which they may truly need.

This Awareness indicates that relationships work as mirrors, reflecting to each entity that which the other sees, and in these reflections of relationship, entities begin to discover more about themselves, and thus, entities grow from relationships, and from time to time, they have their moments of pleasure, moments of tenderness, and from time to time they have their moments of harshness and friction.

This Awareness indicates that entities who understand this are ready for love and mutual partnerships that bring entities into close lifestyle and intimacy of living together. Entities who do not understand this may daydream about living happily ever after, living in harmony from being served, from being loved passionately, eternally, from having someone who does everything, who is willing to do everything possible to assure their happiness,—but these are fantasies, and many entities have fantasies that never develop into realities.

This Awareness indicates that entities who can accept realities and find joy in those little moments of reality that allow for tenderness to occur here and there; these are the entities who have lasting and meaningful relationships.

The Truly Priceless Relationship

This Awareness indicates such relationships, based on reality, based on give and take friendship, respect for

each other, the willingness to serve and be served by each other; this kind of intimacy and relationship is truly priceless. It goes well beyond the fantasies that lovers may carry with them into a relationship that is based solely on pleasure-seeking and the attempt to get perpetual pleasure from the other, from the mate.

Too often, entities think in terms of getting something from their mate, and think seldomly of giving something to their mate, to give them pleasure, and because of this, the relationship sours quickly, especially when both parties carry the same attitude: that the mate is there to help them, and fails to realize that *they* are there to help the mate.

The Law of Gratitude is given.



Excerpt from a Personal Reading. Paul Shockley Interpreter

A Message for Bessie (Age 72)

This Awareness indicates that you continue being attentive. That you define your action in a manner that gives you greater freedom of expression whereby you can express that *Law of Unity*.

This Awareness indicates that you define yourself anew from moment to moment as you speak to yourself, as you feed yourself, as you feel yourself, as you listen carefully to the self within and the self without, as you taste those flavors upon your tongue, knowing that the flavor is yourself; as you tune into all of these senses more and more realizing your full potential, becoming very aware to sight, sound, touch, taste, and odor that you shall begin rebuilding your Light body into that which shall know no death, shall be capable of eternal life, eternal as long as you would keep it so.

This Awareness indicates that you, Bessie, are this Awareness as is each other entity within this universe; that you, Bessie, are that being which all Buddhists, all Christians, all Mohammedans, all Moslems, and all religious followers pray to.

This Awareness indicates that you, Bessie, are Adolf Hitler, Ghengis Khan, and all those others who have been classed as villains. As every human face is each and every other human face, so every entity's action includes every other entity's action. You are Satan, you are God, you are this Awareness and you are You.

The part is the whole as the whole is the part. The universe is seen in a grain of sand. This Awareness indicates that you are all that you have experienced,—this as a new definition for yourself to replace certain older definitions of yourself.

Were All Souls Created at One Time?

QUESTION:

E.R. in Utah writes, "I have a question for Cosmic Awareness. I have heard it both ways, which is right? Were all souls created at one time "in the beginning", or are there brand new souls created every day?"

COSMIC AWARENESS:

This Awareness indicates that there are souls being created now. This Awareness indicates that in terms of the immortal realm, those entities of the immortal realm are incapable of having offspring and creating souls in the manner whereby the soul is immortal, except through contact with the mortal realm. This Awareness indicates the immortals are capable of acting through mortal beings in physical levels of creating souls, either through psychological and scientific methods, such as what may be referred to as a type of cloning process, whereby portions of an entity's consciousness is projected into that clone and the clone then turned loose to develop the soul substance within the body. This Awareness indicates this is likened unto a seed of a being, or a small portion of one's soul, being projected into the clone and then growing and developing into a full-blown soul. This Awareness indicates that in one sense, the majority of entities upon the physical realm, the mortal realm, have not fully developed their souls, --these souls being in the process of being developed.

This Awareness indicates that the birth cycle as being more commonly used, not to create souls, but to create bodies which allow souls to inhabit and to use for expression. This Awareness indicates, however, that it is possible for immortals to project portions of their being into a body and grow a soul in that body, creating that which may be called twin souls, whereby one part is extended into one body, while the other part is withheld in the immortal realm. This Awareness indicates that entity in the immortal realm may then also eventually be born into the mortal realm and the twin souls can come together; being, as it were, two born from one soul. This Awareness indicates this not uncommon, but not as being something that occurs continually.

FOLLOW-UP QUESTION (AVATON):

Awareness has previously referred to billions of souls within the various universes. Is this the major process by which souls were created or was a great majority of these souls all created at one time, like she asked, "in the beginning"?

COSMIC AWARENESS:

This Awareness indicates that the majority of the souls were created at one time. That the creation of the various souls occurred when the Light Forces gathered in the universe and created such a tightness of togetherness that the energies could do nothing but blow themselves out because of such expression. And as they blew themselves out in all directions, those portions which cooled quickly in that area of darkness became souls; and those souls, those particles of Cosmic Light, cooling in the outer regions of the universe, then began to move about as individuals.

This Awareness wishes entities to understand that the spirit may be equated to that which is radiance, the shining forth of energies radiating outward; whereas the soul may be equated with that which is magnetism, the drawing in of energies into a central core being. This Awareness indicates in understanding the creation of the soul, entities may visualize particles of radiant-beings flying forth from a central explosion into the outer edges of the universe, cooling down, becoming magnetic,

turning inward upon itself and taking on its own inner fire due to the crust around it caused by the cooling energies in the darkness of the universe. This as likened unto the subconscious, or subjective mind, the soul may be equated with the magnetic, subjective consciousness. Whereas the spirit may be equated with the Light that shines from the subjective consciousness, the Light which shines as consciousness.

This Awareness suggests you visualize this in the form of amoebas, whereby an amoeba is capable of being split time and time again, each part taking its own life and vitality. This Awareness indicates this process can continue indefinitely, but the difference between the souls and the amoeba is that there was a time when the Light and Darkness was divided in the universe, and all the Light was moved into one central place and emanated with such a gravity that drew from all over the universe into such a point wherein all Light energy sought to enter that tiny point. And once it reached a certain intensity, blew itself out in all directions, creating a multiplicity of amoebas, or souls, or lesser Lights, or individuals, or planets, or stars, or galaxies, depending on the level you wish to consider. These lesser Lights also including atoms, vibrations, molecules, particles of dust. Each level having within itself some magnetic core which could technically be called a soul of its being.

This Awareness indicates it is no coincidence that your solar system has its soul as the sun. This as a message built into the language of the ancients who understand the principle of creation.

CLOSING MESSAGE:

This Awareness indicates this question and message just previously given relates also unto a reading given in April of 1975 referred to as Freedom Reading number one, wherein the origin of the universe was discussed.

Excerpt from CAC reading 8-17-76 Paul Shockley Interpreter

Will Christ Return to the Physical World?

QUESTION:

Mr. Robert Edwards asks: "Will most mortals experience a personal vision of Christ by the year 2000, or some other supersensory appearance of a high order?"

COSMIC AWARENESS:

This Awareness wishes entities to understand that those who search for the picture of the face of Christ and are satisfied with seeing a vision of His face shall find the opportunity for such a vision.

This Awareness suggests that those entities who search for the crystal consciousness of Christ and who accept nothing less than unity with that Christ-Consciousness within their own psyche, who join and merge with that crystal-clear consciousness and are not concerned with facial features, the image of projecting that consciousness out in front for them to worship; wherein they can accept the Christ *within*, these entities shall be truly blessed.

This Awareness indicates that *all* entities have the opportunity for either action of their own choice. The Christ Consciousness does make Itself available to all entities who make room for It by ridding themselves of concepts, beliefs, opinions and ideas about the Christ Consciousness or about other consciousness concepts and simply move into a unity with that clarity, with that space, with that voidness, with that openness, with that receptivity which is the Christ Consciousness.



Trance Healing for Martha T., 12-2-1979 Paul Shockley Interpreter

A DEPENDENCY ON DRUGS

(Mainly Cocaine and Marijuana)

I (Simon W.) am writing the following for a lady named Martha T. Her problem, as I see it, is one of physical, psychological, mental, and emotional dependency on drugs such as cocaine and marijuana, and also a severe dependency on those who are trafficking in drugs. She is dependent to the point where she can't be responsible for making her own decisions and following through with them. She is unable to establish and maintain a healthy relationship with a member of the opposite sex. She has trouble being honest and trustworthy and has difficulties with her own sense of honest free will. She does have an idea of what real values are at times, but feels so helpless to change her attitudes and acquaintances, that a healthy clean life free of hopeless dependency appears to her as a dream.

She has a copy of Awareness' suggestion (77-13 and 75-76) as to how to end the drug problem, and a diet and fasting to cleanse the body. But her real problem lies in the psychological dependency on someone she considers to be strong who has the drug habit and also sells drugs for a living. She has admitted to me she does know what she needs, at times, but doesn't seem to know how to get away from that person or attitude within herself which paralyzes her. If she could somehow become free of this psychological and emotional, as well as physical dependency, maybe through repeated spiritual trance healings, she would be a totally different person. She would be, I'm sure, a happier, healthier, and more fulfilled person in this life."

COSMIC AWARENESS:

This Awareness indicates that the entity's difficulties, while related to drug use, is not completely dependent or motivated by the effects of drug use. This Awareness indicates that this being rather, a symptom than a cause. This Awareness indicates that the entity's basic problem, as you indicated, her own self-image and a feeling of not being able to depend on herself, therefore placing her faith and trust in someone else who appears to her to be strong. This Awareness indicates the entity also recognizes the weaknesses of those whom she depends upon, but still prefers to think of them as being stronger than she.

This Awareness indicates that the entity basically is going to require certain intense experiences in her life to

show her her own strengths, her own inner integrity, and her own capability of taking care of herself. This Awareness indicates these intensities will be given to her by her own karmic request, according to the karma of the situation in which she places herself. This Awareness suggests that at this particular point in this entity's life, there are certain needs which are being fulfilled through the present actions. This Awareness indicates however, that the entity will not remain in this particular pattern much longer, as there are changes which are in store, and the entity will find herself moving into greater need for independence and will begin using her own capabilities, rather than depending so much on others.

This Awareness suggests that you can assist this entity by playing the role of a friend or brother without it placing heavy obligations, without preaching to this entity, without criticizing or condemning the entity, but by simply caring for the entity and allowing herself to share her feelings with you, without feeling obligated to you or threatened by your opinions of her. This Awareness indicates that in creating this type of relationship with this entity, she can feel free to come and go, speak with you, befriend you while working through her own experiences, without feeling inferior to you, rejected by you, or feeling that you are threatening her lifestyle by your criticisms. This Awareness indicates that in this manner, the entity will have a particular place in her life where she can go in times of need and have a friend available. This Awareness indicates that this place of refuge can gradually grow to be more meaningful to her and can serve as a door whereby she may choose to leave one type of life through that door, through that contact, and move on into a different lifestyle.

This Awareness indicates that you may visualize the entity growing stronger in her own right, growing more independent, developing her own individuality, and being protected by a shield of light placed there by this Awareness, which shall assist her through various troubled times. This Awareness indicates that it appears the entity will grow stronger, is developing a greater individuality and inner strength: that the entity has needed the experience of being dependent while she worked out certain attitudes left over from childhood, as a form of transition from childhood into present and future experiences of maturity.

This Awareness indicates the entity as developing an inner strength which she herself may not yet be aware of, but that this inner strength will emerge and she will find herself capable of standing on her own, making her own choices, making proper choices, and being able to take care of her own needs, as well as the needs of others. This Awareness indicates this entity is growing stronger, even though you nor she recognizes this fact at this time.

QUESTIONER:

Will Awareness send *Its* healing energies to Martha to enable her to have help with the problem which she now faces?

COSMIC AWARENESS:

This Awareness indicates that this energy has been sent and that there is a shield of Light placed around this entity which will give her the strength and shall assist in guiding her so that she does not move into those actions which are dangerous or detrimental to her well-being, so that she is guided through these difficult times toward that time and place whereby she can move into greater levels of service for herself and others.

QUESTIONER:

Is her problem a karmic one coming from a past life, and if so, which?

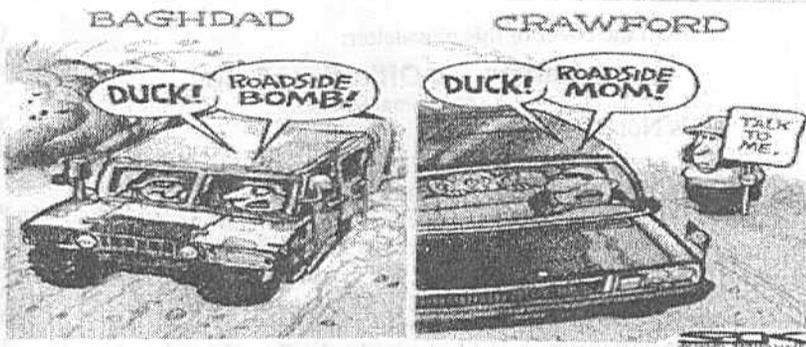
COSMIC AWARENESS:

This Awareness indicates that essentially, this is related to the present life, as well as several previous lifetimes; that the entity is gradually developing a sense of self-worth, the entity as having experienced much degradation and humiliation during certain times of the past, particularly in past lives. This Awareness indicates the entity as having fallen from high position and high prestige into lifetimes of low degradation, whereby she was a slave and a pauper.

This Awareness indicates the entity as also having been one of a group involved in... this appears to be as a male servant in an academy. This Awareness indicates this appears to have been in Europe, that the entity as having had several lifetimes wherein she - or he, as the case may be - was under heavy authority and depended entirely on the authority for directions.

This Awareness indicates the entity is seen as having served under a strong military ruler, this appears to be during the time of Napoleon, as one who served under Napoleon's generals. This Awareness indicates that this entity is, in this lifetime, making the transition from these lower levels of experience and dependency, back to the level wherein she had been before her fall.

This Awareness indicates the entity appears to be moving into levels of self-realization, the aspiration of her own divinity and her own completed individuality; that this entity as once having been a high Priestess of.. this appears to have been in Egypt during the 5th century BC in a temple of Isis.



VISIT THE NEW C.A.C. HOME PAGE AND DOMAIN ON THE INTERNET

Much is happening here and new changes are an ongoing thing. We have combined our 2 sites with Dave Alexander's newest C.A.C. Home Page link. Just type in <http://www.CosmicAwareness.org> or <http://www.CosmicAwareness.com>

This site contains current information which is changed often. On this page you can click on our regular staff Home Site as well as a list of current books and resources, various topics in back-issues of the newsletter and Dave Alexander's terrific revitalized Cosmic Awareness site! Dave's site has a wealth of information on the Awareness Movement, the philosophy, the newsletters, readings on Christianity and many other subjects, plus the famous Dr. Beter transcriptions.

QUESTIONER:

Is there a closing message?

COSMIC AWARENESS:

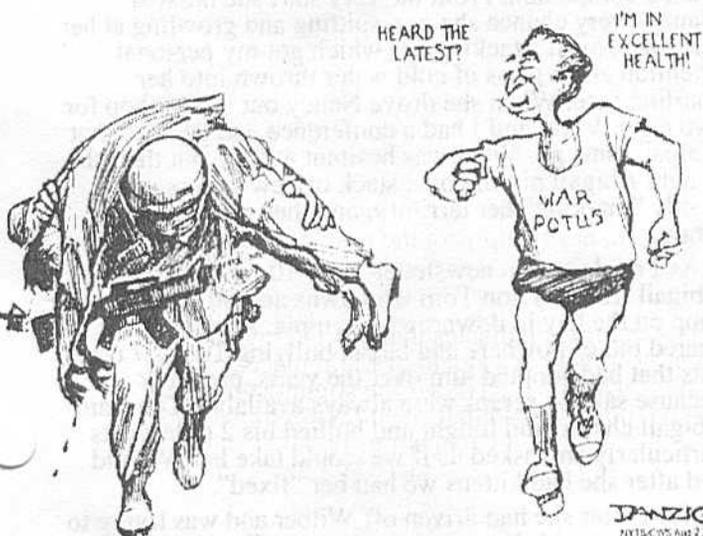
This Awareness indicates that the entity is one who can give much service and valuable wisdom to others as she begins to recognize who, in fact, she really is, and becomes One with her own Divine inner being.

(Thank you. The Law of Gratitude is given)

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Details on the C.A.C. Internet Domain:
<http://www.CosmicAwareness.Org>

...On the cover of this newsletter:

Nancy: the Official CAC Cat (An Animal Update)

Ed's Note:

For our cat lovers who keep writing Vikki, here's a brief animal update. You may recall in newsletter 2002-10 we pictured on the cover, Abigail, an adopted tabby, who unexpectedly presented us with 5 kittens. I told you how she quickly took over the CAC office and drove Wilber, the official CAC cat, out the door, never to return. Abigail was an excellent mother but very aggressive. When Vikki brought the Bear into the shop to formally introduce him to Abigail, she promptly hunched up, hissed and slapped him across the snout, her claws drawing blood on the Bear's nose. With a startled yelp he headed for the door and scratched noisily to be let out. It took a few months before Bear and Abigail could peacefully be in the shop together.

One day Vikki came over to where I was working on my computer and said, "Avaton, I feel Abigail is lonely since we found homes for all her kittens, she's all alone in the shop now and I feel she'd like us to find her a another cat for a companion.

"Look, Vikki," I said, "If the Universe thinks Abigail needs a companion, It will deliver one right to our doorsteps. You know how that works, We've never in our life had to go out looking for an animal, it always finds us."

But the Universe didn't deliver a new cat to our doorstep, this time it used a little different method.

We had taken the Bear to the vet for his annual check-up and while we waited, Vikki was drawn to a bulletin board on the vet's wall and one of the posted memos was a notice that said, "NANCY NEEDS A HOME IMMEDIATELY!" Glued to the notice was a colored photo of a really classy looking tabby, very regal, with red Abyssinian highlights.

There was a phone number, which Vikki immediately called when we got back. She talked for about an hour, answering many questions about our location and what kind of persons we were etc. We learned the lady had sold her home out in the country and was moving to a small trailer in a trailer park until her planned new home was built, which would take many months. There was no room for Nancy in the trailer and in addition, the park was full of dogs, and Nancy was terrified of dogs, she said.

She told Vikki that Nancy was a hunter and absolutely must be free to come and go as she pleased. If she was allowed complete freedom she would quickly adjust to her new home and become "the nicest companion you could ever ask for."

Vikki assured her we had plenty of woods around the shop for hunting and the cat door was accessible round the clock, that our cat Abigail hopefully would become her friend and the Bear has always got along well with felines, and she was sure she would eventually lose her fear of dogs.

The next day the lady delivered Nancy to our shop and thus into our lives.

She was even more beautiful than her photo. She was lean and long and with piercing green eyes and soft, silky fur flecked with red Abyssinian highlights. An extremely gentle animal, she quickly accepted Vikki and me, jumped into our laps and purred happily, seemed to fall asleep almost instantly. Her eye contact with us was a real trip. You could actually feel that she was sending messages somehow, mentally communicating with us.

Vikki confirmed this later after Nancy held eye contact with her for about 5 minutes, it was psychic energy, she said, and the love vibes Nancy was sending out were almost overpowering; "it was almost like I was in a dream state and having a conversation with her."

Nancy was indeed a real joy. She was always there when Vikki opened the shop in the morning, curled up on Vikki's chair. They developed a regular routine, Vikki would sit down at her computer, Nancy would jump into her lap and the two would cuddle for 15 minutes or so, Vikki stroking her fur and Nancy purring and vibrating love. This little session was often repeated several more times daily.

When Vikki ends her day, usually about 10:PM and goes down to the cottage for the night, Nancy then became my personal companion, sitting on my lap while at the computer and keeping me company until 2AM when I closed the shop.

She has the habit of getting on your lap, stand up, and on her haunches reach up and put her paws around your neck. Then, looking directly into your eyes, she would start to knead your shoulders with her claws, begin to purr loudly and then her eyes begin to close and a very stoned expression would appear. She does the same with Vikki who sees to it that her claws get trimmed regularly with my nail clippers because Nancy really gets into it and her kneading claws can really smart.

Another rather unusual stunt that Nancy does, and we have never seen other cats perform, is to suddenly leap from where she happens to be, onto your back shoulder, stand up and start preening and licking your hair. It's the damndest thing and she does it to both of us constantly and unexpectedly. She even startles strangers with this unusual act. One day the UPS man came in because Vikki had to sign something and suddenly Nancy sprung from a bookshelf high above, landed on the man's neck and started chewing on his hair. The young people we hire to help Vikki get the newsletter out, who collate, staple, fold and stuff get the same treatment from Nancy, which is hilarious to watch and photograph. They all put up with it because they really love the gentle Nancy who is not the least aggressive when she grooms your hair in this manner.

It was early in 2002 when Nancy became "family," but as it turned out, Abigail wasn't too happy with our new addition. She evidently wasn't lonely after all because she made it quite clear she did not need nor want a companion. From the very start she hassled Nancy every chance she got, spitting and growling at her and once, even attacking her which got my personal attention and a glass of cold water thrown into her snarling face. When she drove Nancy out of the shop for two days, Vikki and I had a conference and decided that Abigail must go. Vikki was hesitant at first, but then she caught Abigail pissing on a stack of newsletters, evidently "marking" her territory, and that was the last straw.

As I explained in newsletter 2002-10, we inherited Abigail from my son Tom who owns an outboard motor shop on the bay in downtown Olympia. Abigail appeared out of nowhere and began bullying Tom's 7 other cats that had adopted him over the years, probably because salmon scraps were always available. Tom said Abigail chased and fought and bullied his 2 oldest cats particularly and asked us if we would take her. We did and after she had kittens we had her "fixed".

Now, after she had driven off Wilber and was trying to do the same with Nancy, it was time to dispense with Abigail. We talked to Tom about it but he was gun shy

about having her back. I reminded Tom that his favorite old cats were now dead and that we only accepted Abigail as a favor to him at the time so he should not be surprised if Abigail should manifest around his shop some day.

We dropped Abigail off at midnight the next day after locating a hole in Tom's fence. She quickly scampered beneath a boat and Vikki left her a dish of water and some cat food. As a rule, Vikki stops by Tom's shop every morning on her way to the postoffice so she kept her eyes open for a sign of Abigail and often sneaked some cat food in. She did spot her several times in the boat yard, once with a mouse, then after a month or so Tom said, "Hey, Vikki, have you seen my new cat yet?" He walked outside and started calling and soon 5 or 6 cats, including Abigail came running. He picked her up and proudly displayed her to Vikki (he did not remember who she was!) He introduced her as "Gertrude". Tom, like myself, is a night person. He often works till 2 AM working on motors and he says Gertrude keeps him good company. I'm happy to report that Abigail is playing it cool and getting along fine with Tom's other cats.

Once Abigail departed, Nancy really took over the CAC office. When she wasn't on our laps, she was napping in numerous "secret places" in the shop she had discovered, on high shelves between rows of books etc. And indeed she was a hunter. During her first year, she presented us with 2 squirrels, a rabbit, 7 birds and 33 mice, which she usually dropped proudly at Vikki's feet when she was in the kitchen making dinner. I used to yell at cats that pull these stunts but a member once wrote me after a diatribe on the subject that the cat was presenting a "gift" to us; it was a "loving expression" she said, (even that disemboweled rat she unceremoniously dropped at my feet one night). So I started to praise our cat when it presented such gifts but I asked her not to bring them inside so often, which does seem to help.

Yes, I could talk to Nancy and she would listen and be attentive, those lovely green eyes fixed on mine as I spoke. I asked her to please do try to get along with Vikki's cat, Samantha, when she occasionally strayed from the cottage below, where she alone ruled, because I have been noticing Nancy sitting in our windows, looking down at the ground 20 feet below and growling, and when I took a peek, sure enough it was Samantha, who is supposed to know better, prowling around outside in a blatant invasion of Nancy's territory.

I also talked to Nancy about the busy road outside. She was never to cross it and enter the park on the other side as I caught her doing one day. And she was never again to try and follow Vikki and I when we took Bear for his daily walk along that road. I told her when the coyotes start barking and baying at night in the woods that she is supposed to come home immediately, hit that cat door on the double as those nocturnal creatures are known to chase, catch and eat felines. Invariably an expressionless Nancy looks me in the eyes with those great green orbs of hers which say, "I hear you." And then she reaches those long arms up around my neck and hugs me and touches her nose to mine.

During the day she is usually gone for hours, napping or hunting or whatever she does, but at dinner time she *always* shows up, jumping out of nowhere upon the work table in the shop where she perches, aloof and regal, and scouts the table below where I sit and she waits patiently for the cat treat, little foil packs of "Cat Catch Ems" or "Whisker Lickin's" ('mouth-watering salmon flavor' it says on the pack) or a bit of salmon or whatever I have for dinner. She is never greedy but

studies the food and daintily nibbles at it. If she likes it, she stands up and paws my leg as she licks her chops.

There's a round fur-lined basket on the work table that Nancy uses, particularly when the monthly newsletter is being put together, for she can quickly leap out of it and climb upon the stacks of sheets or envelopes and supervise production. My granddaughter Chloe, who often helps in the assembly, always sneaks a piece of catnip into that basket which Nancy quickly seeks out. It's really fun to watch her when she gets stoned. She rolls and rolls around on her stomach, her tail twisting wildly; she grins and purrs and likes to swat at the hanging toys above. I have a special toy she loves to play with, a plastic stick with a long cord with a ball of feathers attached. You hold it over her head and bounce the feathers up and down against her nose and tummy while she leaps and rolls trying to catch it. We also have a mechanical cat that when squeezed spins around shrieking exactly like a cat whose tail has just been stepped on. Nancy will observe this toy with a stunned expression, often running circles around it while batting and swatting the device. She's just a fun kitty and her very presence these past three years has somehow added enrichment to our lives here at CAC.

But then, suddenly and unexpectedly Nancy checked out.

Awareness has told us animals have their own agenda, that as spiritual beings inching their way lifetime after lifetime toward the Godhead, they instinctively know when they have received all that a given lifetime has to provide, and it is time to move on. Awareness has indicated some animals in a single lifetime can leap hundreds and often thousands of lifetimes, future incarnations, when soaked with love and appreciation and good vibrations by those around them and their environment. We hope this is Nancy's case.

It was the end of this July when Vikki and I took two days off from the unseasonably hot weather and drove to the ocean. It was cool and a nice break from our routine. We had left Bear in the "doggy condo" down the road and left Nancy to watch the shop. When we returned, we bailed out the Bear but Nancy could not be found. The next day we took the Bear for his daily 30 minute walk and as we neared the shop on the return, Vikki suddenly pointed at the edge of the road near our driveway and cried, "Avaton! What's that?" And then, "No! It can't be!" and then began to cry as she leaned over Nancy's perfect form which appeared to have been carefully laid out parallel to the road. There was no sign of blood nor a mark upon her. Oddly enough, she was on the exact spot where our lovable old hound Seigfried was found years ago after being fatally struck by a car.

Later, we surmised Nancy had been hit by a car and the driver was respectful enough to stop, pick her up and lay her carefully on the grass and ferns well off the road.

She was almost as beautiful in death as she was in life and we cried our eyes out as we stroked her one last time then buried her in our back yard beneath an ancient maple tree.

As I write this, alone in the shop tonight, I look up and see that fur-lined basket on the work table lying empty, and just for a moment when I began to cry I imagined I felt a movement on my lap and two little spirit paws reaching up and hugging my neck and a damp little spirit nose softly touching mine.

Vikki has Samantha and the Bear for consolation. I feel that in a certain way Nancy was *my* special friend and companion and at the moment there is a vacancy

and a certain sadness in my life. But I'll get over it. I'm just going to wallow for a few days.

Avaton



The Cosmic Awareness Spiritual Development Course

ARIES: Lesson Number 9

Question: Will Awareness please now give the ninth trance-lecture in the Correspondence Course? The ninth lesson shall be wherein the individual begins to move into a more expanded state of behavior, opening up in a more clear relationship and honesty, with a certain outspoken frankness that allows the entity to release certain pent-up feelings.

COSMIC AWARENESS:

This Awareness indicates that in the nature of desire, wherein the inhibitions and the resistance to expression has been felt, and the desires to move beyond one's own limitations, to search out and to seek new levels of experience - this movement through those levels of the unknown, through the levels of mystery, searching into secrets, searching into things hidden, searching into the deeper feelings and emotions of oneself or another, searching into levels of fantasy, into levels of occultism, into levels of sex, and into levels of intense relationship, of passion - these intensities of expression can lead into areas which are explosive, which can become volatile, which can lead to violence - but also into those levels which can be extremely deep and meaningful, whereby great intensities and transformations can occur.

This Awareness indicates that in moving through these intense levels of passion, intense levels of feeling, intense levels of emotion, those intense desires, those intense levels of awareness and sensitivity - in moving into these with an awareness, being observant - this observation of these levels allows entities to formulate patterns, maps of consciousness, and these patterns do begin to create higher levels of mind, higher levels of awareness whereby the viewpoint is seen from outside the situation; the viewpoint is seen from levels of concepts which look down upon the situation, rather than from being involved in personalities.

This Awareness indicates these new patterns for viewing these new levels of the mind may be understood as abstracts, and these abstracts can serve as guides, likened unto the stars which navigate ships. This Awareness indicates that the abstract concepts which allow entities to move from moment to moment, from place to place, with the feeling that they are sheltered and safe under the abstract concepts, which form their religion, which form their philosophy, which form their ideals; these feelings of security, this kind of navigation under concepts such as right and wrong, such as God, Satan, and the various types of religions which are formed around such concepts - the concepts which allow entities to feel they are 'on track' and moving in a proper direction, on course - these concepts give a type of security to the traveling soul, to the traveling movement and the expression of the entity as the entity moves into levels of passion, levels of emotion, levels of deeper sensitivity.

This Awareness indicates the earlier development of the entity centered around the movement of the entity in his or her expression. The present movement centers around the entity's awareness of the relationship of others and the sensitivity to those other forces outside of oneself, for without that sensitivity, the self would simply be annihilated in due course, perhaps after having annihilated others.

This Awareness indicates that with sensitivity, the entity begins to discover how it is possible to relate to others, to allow freedom to others, and in this relationship, to have freedom for oneself.

This creates organizations, societies, and the structural actions which begin to grow and build from that sensitivity and that relationship which is based on communication, on openness, on honesty, and the frank discussion of the problem. This Awareness indicates this develops into religions and philosophies, into ideals. And these religions and philosophies may or may not be satisfactory in every circumstance, but once these religions and philosophies are accepted by an entity,

these being likened unto maps in the heavens, unto guiding stars: these concepts which make up this philosophy or that religion as guiding stars to direct the course of the ship - these concepts, for good or ill, often become difficult to outgrow.

This Awareness indicates that concepts of various religions may serve very well for one time and one place, but when situations change, those concepts may not be able to grow with the changes, and even though the concept does not grow and the religion stagnates, the situation may begin to burst forth its seams, and, and the religion becomes outdated, old, and of little value.

This Awareness indicates that wherein this occurs, the religion can either be questioned, the concepts can be questioned for their validity, or those who are promoting the concepts and speaking from the authority of the traditional dogma may attempt to enforce these concepts and these religions through various methods of force, threats, or intimidation upon the masses or upon the individual.

This Awareness indicates that wherein entities are not allowed to question, to doubt, to wonder about the validity of any concept, they can be well-assured that some force is attempting to sustain and maintain a philosophy which is not valid, not workable, or not fully applicable to the situation, and this philosophy is being promoted for purposes that are not in the interest of the entity who would question.

This Awareness indicates that the greatest gift and the greatest freedom entities have is the freedom to question, and wherein entities use that freedom - the freedom to question, to doubt, to explore - they may remain open and moving.

This Awareness suggests that wherein entities begin to search, there becomes that state of consciousness which would deny the old and desires to move on to the new - to explore, and wherein this occurs, entities often begin moving very rapidly, with great intensity and much fortitude, in order to be somewhere else, in order to be where they are not, in order to arrive in another place which may, by chance, hold a promise which may be a place of delivery, which may grant them the freedom and bliss which is not present in the world and in the time and space which they have moved from.

This Awareness indicates in this manner, entities often develop into that which is called 'speed,' and that kind of consciousness which must speed and move rapidly in order to be elsewhere, is but an intensification of desire, and the intensification of desire which would move at such speeds, without sensitivity or without caring for what is occurring around - this kind of speed becomes very dangerous and volatile and begins to create those situations which can be explosive. This Awareness indicates that wherein speed is relative to what is occurring 'round about' and the sensitivity to those events and conditions which are present in the circumstance, wherein that sensitivity is in relation to the speed, this as appropriate, and speed then becomes simply a matter of movement.

But wherein the sensitivity to potential dangers, the sensitivity to hazards, the sensitivity to life, feelings, and the relationship to things and entities around about one and in one's situation - wherein this is ignored, simply for the thrill that comes from moving with great speed - this as that which is of great danger and is inappropriate.

This Awareness indicates that such speed can occur on highways; such speed can occur in the movement of one entity in competition with others in a business; such speed can occur in the kitchen wherein an entity is working without caring about what else is occurring;

such speed can occur in a conversation wherein words fly without sensitivity and awareness of the total situation; such speed can occur in a relationship wherein an entity wants to 'get it on' without any foreplay; such speed can occur in all walks of life wherein that speed itself becomes the potential violation and shall surely reap its own reward, for like the head of the dragon which moves faster and faster, there is that certain object out there somewhere which eventually collides with that dragon, and the vacuum being created behind the dragon which disrupts and sucks in all of those who come near that speeding action - this turmoil, this storm, this white tornado that rips through consciousness without concern, without sensitivity to all those parts - this surely shall meet its own tail and be sucked into its own vacuum.

This Awareness indicates that entities in coming upon such a force have the opportunity to confront that force or to step aside. Entities have the opportunity of being that obstacle which would meet that force head-on, and thereby stop the force, or they may step aside and let that force go by.

This Awareness suggests that entities in high levels of awareness may also move with that energy and converse with that energy at the same speed that the energy is going, whereby in this conversation, in this communication there can be that action of slowing down, of pacifying, of reconciling those forces which would create such speed and such insensitivity.

This Awareness suggests that wherein the movement into these levels occurs and entities can communicate with those forces of desire, those forces of speed, those forces of intensity, those forces of passion which lack the sensitivity to be open to communication - wherein entities can find it in themselves to parallel, to mirror, to engage in communication while these intensities are occurring - wherein entities can resist not evil, but simply flow with the current, and as the current flows, as the tornado blows, as the intensities move, the entity can simply whisper and communicate more and more to that force and lull that force into a soothing state of relaxation.

This Awareness indicates that in order to do this, entities must often move into those levels of desire and speed which parallel the entity's movement, yet there are other ways also whereby the energy can be deflected, wherein an entity sees that the speed of desire is moving at such a rate that a collision course is about to occur and the entity would, through responsive concerns and through levels of awareness, the entity would tune in to that urgency and desire to communicate with that speed, with that overwhelming desire, with that intense force, and yet the time is not there whereby the entity can be allowed this communication.

There are other ways whereby the direction of the force may be deflected. This Awareness suggests that wherein this movement is occurring in a particular direction and you wish to deflect such energies from that direction, the quickest and easiest way is to bring in a totally unknown, a totally unexpected concept, and place this directly before the eyes of that speeding force, of that desire, and by placing this before the eyes of that force, the force must find a way to compute that new and unexpected information into the programming which created the speed and the desire.

This Awareness suggests that for example, an entity may be insisting on committing suicide, and all the coaxing and communication of others to have this stopped, seems to be of no avail. This Awareness indicates that often a child needing a bottle - whereby the entity present, who would commit suicide, sees the other urgency and responds to the child: this often can serve as a diversion.

This Awareness indicates that an entity, preparing to plunge into a river, can often be convinced simply by being told how cold the water is; that little things which seem very insignificant in terms of life and death - little realities, little details, the need for the baby's bottle - the small events within the entity's life that needs attention, which can be brought up, placed before the eyes of the entity so that the entity realizes this must be attended - these little events, these little details can assist the entity in slowing down that desire just long enough to re-orient oneself and become more sensitive.

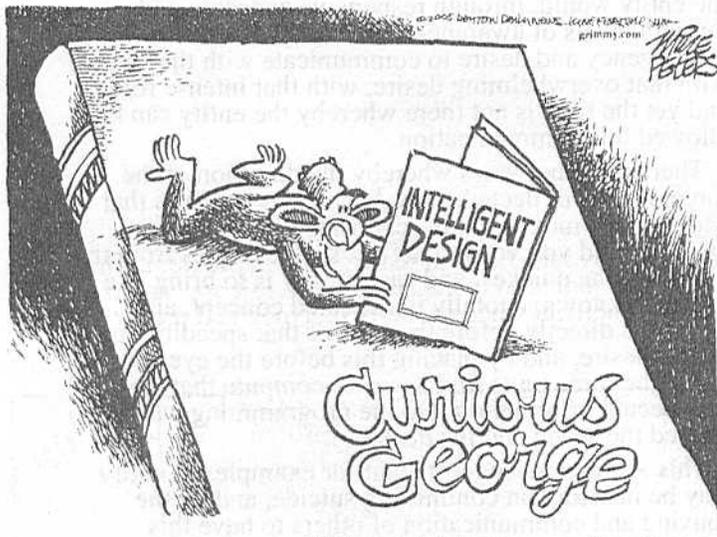
This Awareness indicates this as likened unto a bird flying across the road in front of a speeding car, wherein the entity driving cares little for himself nor for his passenger; yet, wherein a child in the back seat screams out: "Daddy, you almost hit that bird," the intensity can be shattered by such a tiny fragment of detail to create a sensitivity that would otherwise be lost and to re-establish a connection of that consciousness into levels of sensitivity which had previously been broken.

This Awareness suggests that to deal with desires which are insensitive, entities can simply pick a flower and place it in front of the raving maniac and hand that flower to that entity and change consciousness from the raving levels of desire to levels of sensitivity.

This Awareness suggests that in moving consciousness toward levels of sensitivity, by reconnecting those programmed forces into levels that are sensitive through little insignificant details: watching an ant crawl across the grass, checking the fleas on a kitten, running a blade of grass over the hairs of an entity's arm while the entity is worried about his finances, about his business, about his or her career, about his or her marriage - these little movements of sensitivity can re-connect the entity into levels of sensitivity which allow for relationship to begin on a new level, with new communication on higher and more sensitive levels that are not as intense and competitive.

This Awareness suggests that entities become aware of making their philosophies and their religions more sensitive and less dramatic, with not such great goal orientation and seeking to arrive, but with greater orientation of seeking to be aware and sensitive to one another, and to the effects and application of your philosophies, religions, and ideas.

(The Law of Gratitude is given.)



Can Stroke Victims Reverse the Damage?

QUESTION:

A question from T. Michael R. in Englewood, OH. He writes: "You folks are always after good questions for the CAC newsletter, so I'd like to submit the following question to Awareness. Awareness has previously discussed alternative means to actually prevent strokes or cerebral vascular accidents from happening. After a stroke has occurred, because of insufficient blood supply to an affected area of the brain, the outcome for the victim is either fatal, (massive stroke) or else evolves over time with gradual improvement to various degrees over a period of months or years.

"Paralysis, sensory deficit, motor coordination problems, impaired speech and mental functioning, blindness or other symptoms may occur. Once a stroke occurs, it seems at present that the brain tissue damage is irreversible, when the blood supply is suddenly cut off, and the affected area of the brain is starved of fresh oxygen, whereby the brain has no oxygen reserves to draw on.

"I'm wondering if Awareness can suggest healing approaches for stroke victims, to help reverse the damage done, and its often debilitating effects. Does Awareness see any new medical research advances coming in this area, or perhaps new alternative treatment approaches for stroke victims that are safe and effective?"

"After heart disease and cancer, strokes, cerebral-vascular disease, are said to be the third leading cause of death in the United States. Thank you. My question was prompted initially by learning that a recent new friend of mine, Mr. Paul Minor of Massachusetts has suffered from the effects of a stroke, since 1985."

And he asks if we'd please include his name in our healing sessions.

COSMIC AWARENESS:

This Awareness suggests that the description by the questioner of the cerebral accident known as 'stroke' does in fact divert oxygen from brain tissues so that the cells starve and die. This Awareness suggests, however, that the brain has a high degree of resiliency and flexibility regarding the rerouting of specific neural pathways to other areas unaffected and under-utilized, whereby the stroke victim can virtually relearn various motor responses whose original pathways have become disrupted due to the damage. This Awareness suggests, however, that a reconditioning and a relearning process is necessary to accomplish the neural re-networking required for the communication and chemical electric synaptic communications necessary to restore certain physical functioning as well as to restore accessibility to memory nodes and language centers.

This Awareness suggests that the rerouting to language centers is a particularly difficult task given that the language centers exist within a rudimentary network which develops at such an early stage in the entity's life, and that they are not that easily accessible nor reestablished, once this critical formative stage has passed.

This Awareness suggests the re-acquisition of language is a particularly difficult challenge to the stroke victim with such damage, but that there are to be some significant breakthroughs in this area regarding the understanding, the acquisition of language and its potential re-acquisition in stroke victims. This Awareness suggests that simple aspirin continues to be an effective blood-thinner for entities in high risk situations as potential stroke victims. Also, as always, entities can channel healing energies and motivate the inner resources toward effecting a cure through their direct

visualization techniques and mobilization of energy through achieving the experience of emotional joy and applying that energy throughout affected areas of the body, including neural networks in the brain.

This Awareness indicates that this ultimately, again, is the **true** source and solution to such maladies. If we have completion, we can continue.

Excerpt CAC Reading 7-8-13-92 Paul Shockley Interpreter

Bone Meal as a Cure for Bone Cancer

QUESTION:

A question from Spencer Baum, in North Carolina. He writes that: "Nine people in my family recently died of cancer and now there are still a few more who have cancer? so you see, it's kind of close to my heart", and he sent in some information which he asks that I read. I'll read his letter:

"I recently heard of a cancer cure I would like Awareness to comment on. The claim is that all mammal bone marrow is identical, therefore, usable by man for therapeutic treatment.

"The claim is that if a person with cancer, especially bone cancer, ingested this properly prepared bone marrow from beef bone for instance, it would cure cancer. The secret recipe on how to prepare and use bone marrow is available in testimonials included on the results.

"The man who developed the procedure, Mr. Robert Martindell says there have been nine covert attempts on his life; that over 40 doctors and clinics have been using the system for over 12 years, but have now been told to suppress it. Mr. Martindell, obviously a good man, offered it to my church for one half the price and then, when he then knew that we could not afford even that price, gave it to me for nothing, saying he wanted to share.

"I enclose the procedure and information for publication in the readings if desired." And this literature, I'll just briefly touch on some of it, that this man puts out. "A new technology criminally suppressed by violators of your human rights in early 1976, inventor Robert Martindell discovered that transfer works wonders. "You can eat the bone marrow of a healthy mammal and get rapid regeneration. A known scientific fact for more than 25 years, it has been known that every mammal possesses the innate ability to repair every organ through rejuvenation. Every mammal has a regeneration system as well as an immune system.

"We have found that it is possible to transfer both these systems from one mammal to another. At the time cattle are slaughtered they have young functioning systems. All ingredients are from USDA and FDA approved sources. After two and a half years of trial and error, the process was perfected.

"Our process extracts, refines and concentrates only the seed of these systems and contains no end-products, such as blood, red meat or tissue. As a result, the product keeps for months without refrigeration. In fact, it keeps longest at the animals' original body temperature. We do not cook, pasteurize, irradiate, or add preservatives of any kind.

"MDs have bought thousands of dollars worth over the last 5 years and have recommended the product highly.

The highest recommendation for this new technology however, comes from the medical cartel and double-dipping Federal Agents serving the medical cartel that is determined to stomp out anything natural that can save millions of lives and raise some billions of dollars.

"This is a wholesome food product that can be recommended by a nurse, dietitian, naturopath, nutritionist and so forth. It is eaten an ounce at a time before meals. In the name of science and of humanity, it should be given to everyone who suffers a degenerative disease.

"Through wire-tapping, electronic surveillance and now seizures, the medical establishment has known full well that this momentous discovery would have saved many thousands of lives over the years, yet they have criminally removed it from the market. All involved in the conspiracy are guilty of and should be indicted for conspiracy to commit mass-murder.

"Named KXR this recipe is a natural method of preparation of a common food to preserve health regenerating qualities that exists in its natural form. This food is legally protected from bureaucratic dictation and illegal discrimination and harassment resulting therefrom, by at least four grandfather clauses.

Over 5,000 years ago, the ancient Egyptians used bone marrow for health purposes. 2) Bone marrow has been used as soup stock for thousands of years. 3) Bone marrow, called bone grease, has been used for treatment of skin cancer and other ills, and still is, by the Mayan Indians for more than 400 years. 4) Bone marrow has been used by the French as a primary ingredient in Bordelaise sauce for hundreds of years.

"It should be further noted that both bones and marrow have been approved by both the USDA and the FDA as a filler which is used in some brands of bologna and hot dogs.

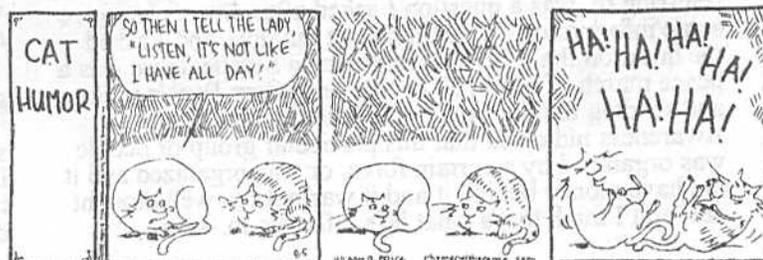
"The ability to transfer the cell regenerating system and the immune system contained in the bone marrow from one mammal to another simply by eating it, is the singularly most valuable discovery in the health history of mankind. Please treat it accordingly. Discovered and developed by Robert E. Martindell, June 1974."

And then he lists the formula, which I won't go into, but it has to do with obtaining bones from the butcher, and then preparing them. There's about ten steps that you do, ending up liquifying and then solidifying and then capping the ingredients, and Spencer would like Awareness to comment on this formula, if the information is as good and as valid as the inventor claims.

COSMIC AWARENESS:

This Awareness indicates that this appears to be valid information. It appears that the key to success lies in the proper preparation of the product, or the end product, and that the instructions as given provide a clear method for such proper preparation.

This Awareness indicates that it appears there can be much good from this process. It is seen as especially beneficial for strengthening the immune system and general health of individuals who use this product. This Awareness sees that it is not to be considered a cure-all for all forms of illness and that in some cases it can be beneficial for a time and then cease to benefit, or may be only partially beneficial in remission of a problem. This Awareness indicates in general however, it appears to be mostly beneficial when properly prepared and properly used.



Excerpt from CAC Reading 11-8-11-90 Paul Shockley Interpreter

Did Awareness Support Zionist Plans for War? (A Member in the Antiwar Group Thinks So)

QUESTION:

We got a letter from Mark Smith. I wasn't going to read it, but I think he is in error here and it might be there's others out there who are getting the same erroneous point of view of some of the Middle East stuff we've been publishing. So I'll read it anyway, and Awareness can answer this complaint. He writes "Dear Friends. I am deeply disappointed by the supportive line Awareness is delivering about the war buildup in the Middle East. The idea that the peace movement is "funded by certain factions that have money" and that the protesters have not thought through the issues is very distressing.

"I have been studying the Middle East ever since the *Gathering Storm* information. I am a coordinator of the Palestine Human Rights campaign and traveled there last year, and now I am helping coordinate the local Middle East peace group and trying to help coordinate various Florida Antiwar groups. I know people who are working with the national organizations. The leadership in these groups is uniformly comprised of people who have studied the history and politics of the Middle East, and I have yet to see any evidence of the money from the conspiratorial factions.

"I can only conclude that the readings on the war buildup are among the 15% of error. There appears to be a major distortion in the energies. It is a sad day when Awareness supports plans, Zionist plans at that, for a war and condemns those working for peace."

COSMIC AWARENESS:

This Awareness does not understand what this entity is referring to in terms of the accusation stated. This Awareness indicates that *It* must have been a misunderstanding of something in a question or that the question was answered without a full understanding of what *It* meant or that there was some other form of communication breakdown involved in the printing of the transcription of the question, or the interpretation of the question.

This Awareness does not, at this time, see any indication of *It* having supported the war buildup in the Middle East or any Zionist plan to start war in the Middle East. *It* sees this war as that which will in all probability result in the loss of freedoms in the United States if it does indeed transpire, and as the beginning of what is called the New World Order which this Awareness has warned about for many years as being a totalitarian system created by the banking establishments to start a slave state in which there are but two classes: the super wealthy and the super poor, in which no middle class would exist.

This Awareness suggests that the entity asking the question needs to inform this Awareness as to what *It* is referring to.

QUESTIONER (AVATON)

I went back and checked when this letter came in, and the only reference I could find, and I think it's the one he's referring to, was a question I asked after Awareness gave some information on the Mid East buildup, and I asked the question that: "In today's paper in Seattle, there was a peace march of over 100 people protesting Bush's policy and sending the boys off to the Middle East," and Awareness indicated that this particular group of people was organized by a certain force, or was organized and it did have money behind it and it was not too well thought out, and I think that's what he's referring to,-- that

specific peace march in Seattle.

COSMIC AWARENESS:

This Awareness indicates that this as in the affirmative; that there are certain efforts by Saddam Hussein and others working in behalf of his interests to help promote the opposition to the Bush program in the United States. This Awareness indicates that the effort indicated at that time *did* appear to have some central funding behind it. These entities being not all involved or aware of the funding, but some were aware and this Awareness indicates that it does not really matter that much that there were some who knew and some who did not know of such funding; that such funding does go on and it does not really matter.

What truly matters is that entities search for the truth and seek ways to avoid violence through means or methods that can preserve a peace without catering to aggression that has been initiated. This Awareness indicates if indeed it becomes a tradition to negotiate after someone has invaded and destroyed another country, to negotiate a peace with them, then it would encourage all would-be despots to invade and destroy their neighbors and then turn around to negotiate a peace.

Iraq Was Set Up to do Exactly What It Did

This Awareness indicates this of course is the surface appearance in regard to the Iraqi situation. There is, however, a deeper factor involved in that Iraq was set up to do *exactly* what it did. It was encouraged to do what it did so that there could be an excuse for the present buildup and war danger to occur. This Awareness indicates that what *It* is essentially saying is that there are some instances in which it is necessary for nations and individuals to stand up against aggression when it is obvious and real.

This Awareness indicates that in this present world there is very seldom a real and honest aggression that is not in some way manipulated by those having vested interests. Even the aggression of Adolf Hitler as having been manipulated, even that war which appeared to be so absolutely right when your country stood up and faced that naked aggression; this Awareness indicates that it is similar in this case. That the entity Saddam Hussein was influenced by a variety of forces and circumstances and feedback to believe it was alright with the rest of the world for him to invade Kuwait and that it would not be challenged.

The United States knew of this entity's intention well before he began military operations. He announced his intentions in speeches and there was no warning issued at the time, and he took this to mean that no one would do anything to him. This Awareness indicates that it was almost as though the entity was led into the trap to let him become the scapegoat for a war that was needed in order to bring about the One World Government.

This Awareness indicates that it is still possible that this event may not take place. It appears that if it does not take place, it will be highly damaging to the Bush administration. There are entities in Congress and in government who are aware of what is going on and who will act in such a way as to hinder these plans and they do need the support of the masses.

This Awareness indicates that the churches having gotten together to offer a resolution or pronouncement of their objection to military response to Iraq is likely to signal a national antiwar movement in which the message is: Negotiate rather than start a war. This Awareness indicates that the negotiations can be effective by giving certain rights to Hussein and Iraq such as giving them an

outlet to the sea and in return, insisting on the reestablishment of the Kuwaitec nation, and its proper rulership.

This Awareness indicates that for Hussein to claim that Kuwait had no natal or rightful existence because it was created by Great Britain in 1923 is to argue that Iraq has no legal existence either, since it too was created in the same way, at the same time, under the same treaty, and if one is to be nullified, then the other should likewise be nullified and both nations given back to Turkey.

It's a Good Time to Establish a World Court

This Awareness indicates that it is a crisis of great complexity. It is not something that entities can simply make a choice on a whim as to who is right or who is wrong without understanding all the issues. It is suggested that negotiations could take place; that in fact it is a good time for a World Court to be given teeth so that nations can sue each other and have recourse if the decision of the World Court is not followed.

Thus, Kuwait could file suit against Iraq, and if the World Court decides that Iraq indeed wronged Kuwait, then the embargo and the complete isolation of Iraq could be legalized by the World Court. It would be a way of arresting the nation that has acted in criminal fashion. This Awareness indicates that of course, such a court would need to have impartial judges and lawyers that represent the client nations adequately so that a fairness through justice could be guaranteed.

This Awareness indicates that this could be a way to organize the world order that could be established as a world democracy with a justice system that was not unfair, a justice system that followed the laws created by the United Nations through its assembly and votes. This Awareness indicates that this as a World Order that would have value and meaning in preserving the rights of nations and the rights of individuals within those nations.

It Would Serve as a Basis for a Truly New World Order

This Awareness suggests that the global community in which the nations are treated much the way individuals are treated in any small community whereby there is law, and there are those who enforce the law and those who make the law. This Awareness indicates that as nations cannot be thrown in jail, they need to be isolated so that they cannot have the privileges of free nations, if they conduct criminal actions.

This Awareness indicates that it could serve as the basis for a truly New World Order, but wherein one nation objects to the actions of another and builds up its military might and goes out to do battle with that other nation simply arguing through megaphones or television their position, and the other nation argues through their megaphones and television to give their side of the story and then they begin their battle; this is no different from the gunslinging days of the old west.

This Awareness indicates that these things need to be carried into the World Court where proper arguments can be based on Common Law that applies equally to all nations, not simply to those who have the bigger guns or the greater influence in the community.

The Demise of Capitalism Is Accelerating

CLOSING MESSAGE:

This Awareness indicates that the world at this time is teetering on a crossroads, whereby it can go toward a totalitarian system or whereby it can go toward a World Democracy system. This Awareness indicates that down through history, various cycles of history, there have been the movements whereby those with power ruled and then the power was taken over or overthrown by those with

wisdom, and then those with wisdom were taken over by those with wealth, and eventually those with wealth were overthrown by military uprisings, and the cycle began again.

This Awareness indicates that recently Communism was defeated. The so-called "wisdom of the century" was overthrown, and what remain is Capitalism; those with the money and the money is the new power. This Awareness indicates that this money and the wealthy will rule for a very short time. They are ruling now. It will not be long before entities witness the demise of Capitalism, then it may again revert to military strength.

In the meantime, entities have the option or opportunity to promote greater democracy as a way of selecting who rules, by choosing entities through the electoral process in every nation. This Awareness indicates that there is that possibility that the cycle can be broken and that democracy itself can prevail, and that a system can be established whereby the power lies with the people through the system of democracy throughout the world.

This Awareness indicates that this has a great opportunity during the coming two decades. There are also other options, more chaotic. This Awareness suggests the Interpreter be brought from trance.

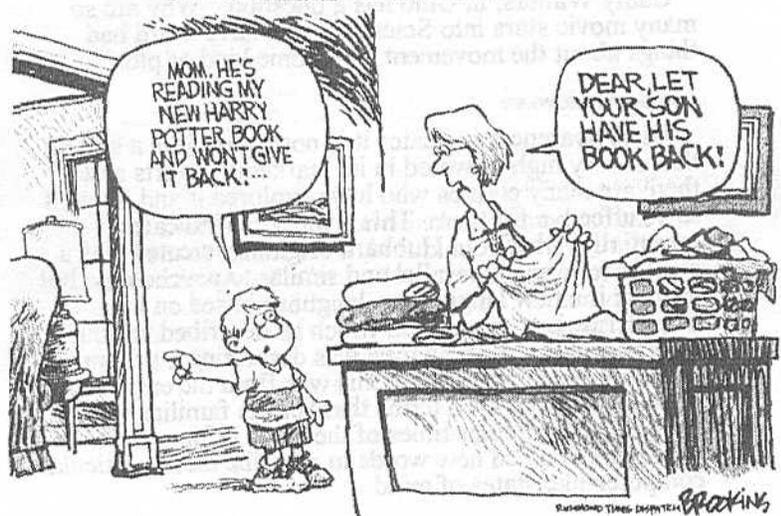
Wisdom of Awareness...

On Security

This Awareness wishes to remind entities again, that clinging to the black serpent of materialism, with all its promises of security, clinging to the tree of knowledge, holding steadfast to the bank which is being washed away by the Sea of Consciousness, is but the fool's journey.

This Awareness indicates the entity who attunes to the spirit, the eternal "now", the eternal consciousness, the realization of being, and in that being, knowing what one is; this is the true security,--security based on the Divine Being, rather than on the material body.

This Awareness indicates that you need not deny the logic, you need not deny the left side of the brain, you need not deny the physical body in order to accent, to accentuate, to adore and to reside in the holistic experience, the intuitive consciousness, the right side, the spiritual side of experience,--this Awareness indicates you need only remember *who* is master and *who* is servant, and keep the left side subservient in all things.





WHAT IS COSMIC AWARENESS?

COSMIC AWARENESS is the Force that expressed Itself through Jesus of Nazareth, the Buddha, Krishna, Mohammed, Edgar Cayce and other great avatars who served as 'Channels' for the 'Heavenly Father' and who speaks again today as the world begins to enter the 'New Age' of spiritual consciousness and awareness. Since 1963 Cosmic Awareness has been communicating through carefully trained channels. This information is for those who desire to help in bringing in the New Age. Throughout the thousands of 'Readings' given through these various channels, Cosmic Awareness tells us not to believe anything, but to question, explore, doubt, and discover for yourself, through your own channel what is the truth. Cosmic Awareness will only 'indicate' and 'suggest'. Neither C.A.C. or any of the Interpreters is responsible for anything Cosmic Awareness states in any of these readings, nor does C.A.C. or the Interpreters necessarily agree with the statements of Cosmic Awareness. The Interpreters interpret the energies as they see them in trance levels and are not personally responsible for what is said. The Interpreters published herein have no connection with, nor control over the editorial comments and material, including illustrations. This is entirely the responsibility of the editor. Members of C.A.C. are invited to send in questions of general interest to ask Awareness for possible publication in this newsletter.

What Goes With Scientology? (Why Are So Many Movie Stars Into It?)

QUESTION:

Cathy Walters, in Ohio has a question. "Why are so many movie stars into Scientology? I have heard bad things about the movement. Is it some kind of plot?"

COSMIC AWARENESS:

This Awareness indicates it is not a plot. It is a system that is very high-powered in its marketing efforts and there are many entities who have explored it and found it to be effective for them. This Awareness indicates essentially, what Ron Hubbard originally created was a system very much parallel and similar to psychology, but he gave it a new language, a language based on his engineering background, in which he described various mental states, almost as if he was describing a program for computers, but because this was from the early stages of computers, he used terms that he was familiar with from those particular times of the early Fifties, and in some cases coined new words to describe those particular computer-like states of mind.

He used words such as engrams, which parallels closely the idea of psychology's term "fixations" or "traumas." This Awareness indicates in psychology, the term "trauma" may be used to describe a particular situation during one's childhood or background in which the entity experienced a sudden and disturbing event that disrupted his flow of consciousness based on some traumatic experience.

Traumatic Experiences Called an Engram. The Goal of Scientology is to Find Them and Try to Clear Them

In Scientology, this would be called by a different term than that of psychology. The entity is seen as having had a trauma, but it is labeled as an engram. This Awareness indicates that the goal of a psychologist is to tune in to these traumatic experiences into his conscious mind. The goal in Scientology is to find those engrams and try to clear them. Clearing them has to do with tuning in to them and seeing the effects they have had on the individual and letting them go.

In other words, it is basically the same thing as psychology, except it is using a different language. There may be slight variations in terms of meaning or in terms of the treatment. Instead of the psychologist or psychiatrist having a "session" with a patient, and analyzing the patient, Scientology has its practitioner audit the patient.

They do not call the entity a patient, but they audit the entity to clear the entity's engrams out. This Awareness indicates that it is effective to a great degree. There is one area that seems to become somewhat questionable in regard to Scientology in that it tends to focus on or sometimes emphasize, or perhaps it is the subject that emphasizes, the desire to gain power through Scientology.

They Claim You Become a Superior Person as a Scientologist

In other words, rather than simply seeking to become healed, or well or normal or average, the entity seeks to become superior through the clearing process, and there tends at times to be an indication from Scientology auditors that this is to be expected, that you will become a superior person when you become a Scientologist. And from this implication, entities sometimes become excessively rigid and narrow and fanatic, sometimes even vain or arrogant in their image of themselves.

This Awareness indicates that on the other hand, many of these entities become much more effective in their work after being audited. It is clear that they have, in many cases, overcome some of the psychological blocks that have held them back, or hindered their personal progress. This Awareness indicates that many entities would find it difficult to be around a Scientologist because they often appear to be so arrogant that some entities would think they are a know-it-all.

They give the impression of knowing everything, of having no questions, or having no areas of confusion, and this makes some entities feel disturbed or inadequate at being near these who appear to have it all together. Some entities are not comfortable being around someone who thinks they are perfect. Others may like the effect. They may feel more secure around someone who thinks they are perfect.

This Awareness indicates it is all a matter of personal preferences according to different individual's needs and views of each other, but there is much good that comes from Scientology, and there is also much disturbance that many entities feel when they examine Scientology.

Scientology Aids An Entity's Spiritual Growth?

FOLLOW-UP QUESTION:

For many years the government claimed the so-called "church" of Scientology was not a church, and would not give them a tax-exemption, but after battling it in court for years, the government finally recognized them as a church. A church generally suggests that one can develop spiritually. Is it a fact that Scientology can aid the spiritual growth of an entity?

COSMIC AWARENESS:

This Awareness indicates that it depends on how the word "spiritual" is defined, and these entities perceive spirituality as clearing out the traumas and engrams of an entity to make them more wholesome or capable of living their life and doing things they wish to do.

This Awareness indicates another church might say "Well, if they don't preach the message of Jesus, they aren't spiritual!" Thus, a different definition of "spiritual" held by these entities might not apply to Scientology. This Awareness indicates that it is true that there can be different definitions of what is spiritual, and therefore, Scientology has its tax-exemption, though it may not appear to some entities as being a true church in regard to the concept of spirituality.

Scientology Saw Conspiracy Within the Government

This Awareness indicates part of the struggle between Scientology and the government, is that Scientology also saw conspiracy in the government and printed material describing some of this which it saw and felt was improper behavior on the part of the government. It offended people within the government, causing branches to become more resistant to Scientology, which hindered its efforts to get tax-exemption for many years.

They printed up material for example, that attacked psychology, showing how some of psychology's roots were linked to psychiatric schools in Switzerland, and these in Switzerland, linked to Beria in Russia, as part of a mind-control program promoted by Beria, an entity in charge of mind-control efforts used by the KGB.

This Awareness indicates with Scientology's printing of this material, implying that there is a connection in the United States to this Swiss school of psychiatry and that the United States was also using these psychological agencies to control the masses, it became an issue between the church of Scientology and the United States government. This spread into other agencies and conflict grew out of this argument or presentation.

Scientology and Hollywood Stars

This Awareness indicates that as to the effect of the Church of Scientology in Hollywood, or among the stars; there are quite a few of these entities who have an interest in Scientology, but it not greatly out of proportion to the rest of society. Scientology has had an influence on a great number of people in society, even though many of these entities in society do not consider themselves members of the Church of Scientology.

Many of these entities have read the works of L. Ron Hubbard and have accepted some of his concepts and ideas as being valid. This Awareness indicates that it does appear there may be a few more people in proportion, in the Hollywood crowd, than on the average among other people in the United States. This is in terms of percentages.

This Awareness does not see any particularly unusual conspiracy other than that which is common among various religions, wherein groups of people plot to spread their belief system to others. Is there a conspiracy among

Christians to promote Christianity? Obviously there is! This Awareness indicates that this is not unusual, nor is it necessarily sinister for entities of a religion to proselytize their own religion by grouping together and plotting ways to do so.

Excerpt CAC Reading 7-2-5-92 Paul Shockley Interpreter

Thinking in Sign Language and Braille...

How Sign Language for the Deaf is a Bridge (How Symbols Can Lead to Abstract Concepts)

QUESTION:

A question from Zen Destiny, in Baton Rouge, Louisiana. He writes: "I am an Interpreter for the deaf. I feel symbolic visualization communication is a bridge between spoken communication and thought communication. Would Awareness please comment on how sign language ushers in more subtler forms of communication?"

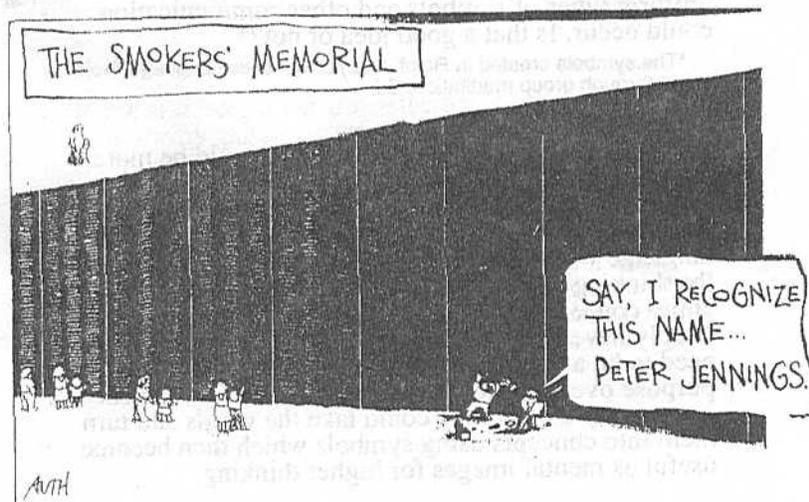
COSMIC AWARENESS:

This Awareness indicates that this is in the affirmative. That this sign language and symbols can become entire languages unto themselves which in turn create new ways of thinking; that just as entities can think into the abstract using words, those who understand sign languages and those who understand symbols in the same way that others may understand words, these sign or symbol languages can usher in abstract concepts that can be put into words, but which may introduce ideas of totally new dimension to the individual.

This Awareness advises entities to learn symbols whenever possible. The present Interpreter has helped his own channeling greatly by having learned many of the metaphysical and astrological symbols which are often employed in the interpreting for this Awareness. This Awareness indicates that likewise, in your case, you have similar abilities in using symbols and sign symbols whereby you can get concepts and ideas in your consciousness from these symbols which might not come to you if you had only words to draw from.

Thinking in Sign Language and Braille

This Awareness indicates that for those who are deaf, these symbols create totally unique ways of thinking, for these entities think in terms of sign language rather than in terms of words; this in terms of entities who read only sign languages and do not hear words and are not familiar with words as spoken. This Awareness indicates



that it is especially so for those who can neither see to read words nor hear, to hear the pronunciation of words, wherein the only symbols for communication available are those of sign language and possibly Braille.

Such entities will learn to think in sign language and Braille, and this creates a totally unique way of perceiving the world and thinking about the world. This Awareness indicates that there are many parallels in the languages but there are also many aspects of these various languages that fail to convey the exact same meaning to these entities so that there is a gulf in the communication as to what is being perceived, even when the sighted person or the blind person, the person who hears or the person who can't hear, when they communicate, these entities will experience a gulf, even if there appears to be a communication bridging the gap.

This Awareness indicates the entity who has been able to see or hear, even for a short time in his or her life will have a totally different ability to understand the person who can hear and see than will the person who has never heard and never seen and yet who communicates with someone through Braille and through sign language.

FOLLOW-UP (AVATON):

Would it be of any help at all to send this entity a copy of the symbols that came through the symbolic language project?

COSMIC AWARENESS:

This Awareness indicates that this would be valuable; that the entity should be given the full information, including the interpretation of these symbols and could perhaps gain some value from this. This may not be an absolute major help, but it can be of considerable interest to the entity and could help the entity quite effectively in his study and pursuit of symbols for communicative purposes.

This Awareness suggests the entity may also find the book by Cirlot, (that appears to be the spelling of the entity's name) a book on symbols by this entity, as being important. It is a kind of encyclopedia of symbolic meanings. This as a more or less "classic" in the field of symbols.*

*Cirlot's Dictionary of Symbols. Ed.

USING SYMBOLS FROM THE SYMBOLIC LANGUAGE PROJECT

FOLLOW-UP (AVATON):

It seems to me that with deaf people or blind people, people working with them like this entity, should get them into a daily group meditation to see if there's some uniform types of symbols and other communication could occur. Is that a good idea or not?*

*The symbols created in Ralph Duby's Symbolic Language Project came through group meditation. Ed.

COSMIC AWARENESS:

This Awareness indicates that there could be more symbolism introduced into the deaf community to carry concepts as compared to letters so that entities can think in terms of concepts more rapidly. The symbolic language would be beneficial for this. It would speed up the thinking process to have these symbols that deal with entire concepts. This Awareness indicates it would simply have to be experimented with and there might need to be a totally new set of symbols created for this purpose over a period of time to be used for the deaf community so that they could take the words and turn them into concepts using symbols which then become useful as mental images for higher thinking.

This Awareness indicates that in the normal thinking pattern of most entities words are created that encompass other words and these many words may be brought together under a totally new word such as the word *democracy* which is an abstract word that has a certain broad meaning and can be broken down into many different categories of subject matter under the concept of democracy as a kind of idea with sub-ideas under it.

Likewise, symbols can be so created as to encompass sub-symbols or sub-ideas, and with these more abstract symbols, entities can think more quickly, just as one can encompass the broad concepts by using abstract terminologies and in that broad concept, much can be covered in a few words or a few symbols.

A Symbol for "Democracy"—"Spirituality"—"Evolution" Etc.

In a sense, the word "democracy" is symbolic. It is a symbol in itself. It could also be put into a different form of symbol. There could be a symbol made for democracy. There could be a symbol made for spirituality. There could be a symbol made for something else, for all of the abstract concepts and ideas. "Evolution" could have a symbol, and if these symbols became memorized, entities could, through the drawing of a few symbols, convey a broad scope of ideas to each other as ways of communicating abstractly in very short order.

It could be beneficial for any groups as a way of communicating in lieu of the use of words. This Awareness indicates however, wherein words can be used, they do appear to be sufficient for most entities.



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