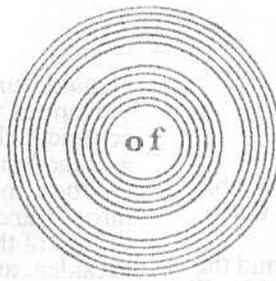


# Revelations

The Cosmic Newsletter



# Awareness

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## The Cosmic Awareness Forecast for 2006

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(TAURUS: Volume 2 Lesson number 2)

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## WHAT'S AHEAD IN 2006?

("A Hard Rain Is 'Gonna Fall"?)

This Awareness indicates this is a forecast of possible events for the year of 2006. This Awareness sees that this will be a time of great challenge and of great change; that only 6 small years lie between now and the great time of transformation in 2012. The year 2006 will bring much personal challenge and much challenge also on the world scene, and in particular to the United States of America. These challenges will be across the board: on the political, economic, scientific and technical levels as well as areas of personal growth and challenge, new lifestyles, new ways, new options that will define the human situation.

### Possible Areas of Change in 2006

This Awareness would like to speak now of certain areas that it sees as possible areas of change in the year 2006. It says 'possible' areas of change because there is always the likelihood and chance that change, as seen at this moment by this Awareness will *not* come to pass because of changes in human consciousness, in human awareness; that other events, unforeseen at this moment, will come to pass that will alter that which is seen and perceived at this time. Despite this, this Awareness chooses to share what *It* sees at this time with the membership of *Cosmic Awareness Communications*.

#### In the Political Area: A Lame Duck President

In the political area, for the United States of America, it is seen that the present government will continue on in power, although it is also seen that it will become increasingly difficult for President Bush to carry on in the manner that he has chosen to start his presidency in and continued it in his second term, and it is seen that the challenges and the opposition and the voice raised against this man and against his regime will increase in the year 2006; that he will become what is known as a lame duck president; that many of the measures that he has implemented will be seriously questioned; that many of the proposals yet that he has to make will not be accepted or ratified. Many will see this period of his presidency as simply a playing out of the time left to him under the terms of his electoral contract with the people of the United States.

There is a reluctance of the people of the United States to stand up to a degree where they would oust the president because they are so dissatisfied with him. The people would rather allow him to carry on in the role of the president, but it is seen that there will be a serious curtailing of his power. Many others in other lands will not understand how it is that the United States of America can continue to support a man that world-wide has become an image of aggression, intolerance, and deceit. But this is part of the lesson for the people of the United States of America, a lesson not of tolerance, but rather of clarity of perception, of waking up to the truth, of realizing that they have been deceived.

There is held by the people, an attitude that does not want to question the authenticity of authority of the office of the president; that those in such office are to be believed because they are, after all, the president. The year 2006 will seriously shake up the people of the United States of America in such an attitude; that many voices will start to speak up publicly against the man known as George W. Bush, not only against him, but against his whole political crew. It will be exposed even more so of the corruption that exists within the office of the United States. It will be questioned in 2006 that it is not right to gain from the actions of the government, to support individuals in power. Vice President Cheney,

Donald Rumsfeld, and how they gain from their involvement with various companies that win government contracts; that Condolezza Rice will be seen somehow as a moderate to all that has gone on, but that even she will be tarnished by the political Bush that is sweeping through and will sweep through in 2006 through the offices of the United States of America, the office of the President and his political crew.

So, expect 2006 to be a challenging year for the President and for his people, but that the people of the United States will still resist impeaching this man, even though many others the world over will not understand why this is so. It will be as stated: a lame-duck presidency, and continue much as it has been so in the last year.

#### Impeachment of Bush a Possibility in the Fall of 2006

There is seen however, to be the slight chance of some scandal breaking at the end of 2006, from the month of September onward, that could seriously compromise the President to such a degree that some action may be taken against him at that point. It is seen that there is the possibility of impeachment at that time, when certain information comes out that is undeniable by the President, by the Vice-President, by the Secretary of State, the Defense Secretary, by any and all of the crew of the President. That it will largely depend on the level of dissent that is voiced openly and publicly against this entity and this presidency; that it does depend on whether or not the nation is ready and willing to impeach a president, to bring down a government, to look at itself seriously and to take action, but this is seen as a possibility in the latter half of the year, from September 2006 onward, and that this action could possibly, if initiated at that time, carry on into 2007. This is what this Awareness sees at this time for the President of the United States and for President Bush and his crew.

#### Opposition to War In Iraq Will Continue

The war in Iraq will continue, but it is seen by this Awareness that the opposition to it will continue. It will increase, as more and more families are touched by personal tragedy with the loss of their sons and their daughters. The nation will begin to rise up and voice its opposition. It will continue to voice its desire to bring back the troops, but it is seen that some attempts will be made in 2006 to appease the masses with some shallow effort of troop reduction; that a great hoopla will be made of this by the government, that they have decided to bring back some of the boys, but their intention is to be a presence in this area so that they can continue to guarantee oil revenues and availability of oil from this region.

It is seen that the invasion of Iraq was an occupational aggressive move on the part of a regime with a hidden agenda. This is becoming more and more visible to the masses, and this will continue to be the case in 2006. Many more people will still die before the government is finally forced to take the action that is being called for by the people, and they will find their voice more and more in 2006. There will be greater political protests as people rise up and show the government their opposition.

This is a time of raising consciousness for the people of the United States, so that they wake up and understand that to simply say nothing and allow a president and his cabinet to do what they will is not good enough. There will be a grass roots movement; indeed this movement has already begun and will continue to expand in 2006 to a point where the government must take notice, must take action. This action will not truly cover the demands of total withdrawal or the demands of

the people, and they will not be satisfied with half measures. The government of the United States still does not get that the people are not in favor of this war any longer, and that this will increase as the opposition of the people to the actions of the government increases in 2006.

The government is slow in acting, because its agenda is other than what it has spoken publicly, and as has been spoken, there will be an exposure of the plans of the American government to the people in the latter part of 2006. It is seen that this is some information that will be available already to many who have access to underground sources of information such as through the Internet and the many sites and sources on the Internet dealing with such matters. This Awareness suggests that this will rather be a public awakening of the sleeping masses that do not totally accept at this time what is the truth of the situation. The truth will come out to such a degree that even those who would seek to ignore and deny the truth of the situation must awaken to it, and when they do, the voice of the American people will be heard.

It is seen that in 2006 the sleeping masses will start to wake up more so than they have in this last year 2005, and when this beast is awoken it will speak against those in authority and demand change. This Awareness suggests this is seen as a strong likelihood for the latter part of 2006, but before this is reached, the killing and the slaughter in Iraq will continue, and there might even be proposed other military actions taken against other countries, such as Iran, and Saudi Arabia; but already the support of such actions will make such an action of aggression unacceptable to the American people and it is not seen as likely to happen. The American people will not accept any more of their boys and their girls dying on foreign fields, or what will be seen as deceptive motives that only serve those of wealth and power.

In the meanwhile however, it is seen that more American soldiers will die on the battlefields of Iraq until finally the people of America rise up and say "Enough is enough!" This is seen as becoming a strong likelihood in the year of 2006.

#### **The Financial Situation for 2006**

In the financial situation for 2006, it is seen by this Awareness that it will continue much along the same lines as it has in 2005, that is until the latter part of the year, in particular, October or November, where it is seen that there may be a crisis in the financial dealings of this nation, This is closely tied into a dramatic event of a geographical nature. Before this event however, the financial situation of America will continue much as it has in the proceeding years. Americans will, however, start to wise up to some of the plans of the government for such things as Social Security. They will not allow the selling off of the Social Security system to benefit those few at the top end of the scale. But generally, there is not seen in the beginning of the year up to October/November, any need to be overly concerned or worried about the country and its financial status.

#### **Possible Social Unrest Could Create Martial Law**

This Awareness indicates it is seen that there will be work available for many, but that there will also be a situation in various economic regions of the United States where there will be high unemployment and a breakdown of the social fabric of society in those areas. These are areas that already experience such problems versus new areas developing, and these areas will simply become worse and worse and worse; that they will be used to spark riots and social unrest so that military actions such as the declaration of martial law can occur.

This is part of the plan to gain even tighter control over the people of the United States by a corrupt government, but these plans will mostly go astray with other events that occur later in the year.

But for the whole of the United States of America, it is seen to be a fairly favorable economic situation for three quarters of the year. It would be wise, however, to be aware that there is the *potential* of a collapse of the economic system with the events that could possibly unfold, and that it would be wise to take measures such as the buying of gold, so that if these events occur, one has a degree of security to fall back on. This is what is seen for the financial situation of the United States of America in 2006.

#### **Possible Cataclysmic Events In The Year 2006**

This Awareness indicates it is seen that 2006 may bring to the United States and to the people of the United States, great cataclysm and destruction. It is important to be aware that there is the possibility of events so cataclysmic, that previous events such as the hurricanes and the tornadoes of 2005 are seen as minor in comparison; that the premiere event seen by this Awareness is a geophysical event of an extreme nature happening in the Pacific Northwest region of the country of the United States of America. This event is seen as a geophysical event, a geophysical event of great magnitude.

This Awareness sees the area that may be affected as being the area of Southern Oregon/Northern California. There is presently a buildup of the pressures along the fault-lines of that region; that there is also a building up of a vast reservoir of molten lava in a huge area in that region. With the energies available in 2006, that there is a possibility of a release of the area's energies in volcanic occurrences along the fault-line in that region. It is seen also that this may trigger activity along the Cascadian fault-line that runs along the Western coast of the United States. One event may trigger the other event.

At this time it is seen that the event triggering this would be the inland event, the eruption and release of the cauldron, the calderas that lies below the lands of Oregon and Northern California; that this alone would have devastating consequence to the country and to the people of this area, but combined with the offshore release of the energies of the Cascadian fault-line would elevate this event to one of staggering proportions. That there will be warnings of the increase of activities in these areas, especially in the area of the Southern portion and part of the United States, by Willamette lake and in that region; that it is asked that those people in those areas be vigilant to the signs that will be given before such an event occurs. There is an awareness by those in power that such an event could possibly occur, and that some measure is being taken and will be increased in 2006 to prepare the people of the region and those people who live to the West of this fall-out zone, to prepare them, but that these measures may be woefully inadequate to the actual events that then take place.

#### **A Possible Major Tsunami Could Hit the West Coast**

This Awareness indicates it is seen that if the cauldron erupts underneath this vast area of the Northwest region, and if the Cascadian fault is thus released, that a Tsunami of major proportions will hit virtually the whole of the West Coast of the United States. That these events taken in combination will be a death blow to the region, and to the country of the United States of America. That while the possibility is seen, it is also possible through the raising of consciousness, to avert such a disaster, but that it is seen that this too is part of a greater plan of the rebalancing of the energies of the

region, of the country known as the United States of America, and the world as a whole.

What is important is not that one takes this information and hides from this information, but rather one takes this information as a *possibility* of cataclysmic change and becomes aware of the need to live in the moment, the need to live in the present. Take whatever measures will be beneficial to ensure survival in the event of something of this nature occurring, and not running away, hiding one's head in the sand and pretending that such a thing could never happen here. It has been shown in 2005 in the events of New Orleans, the Southwestern coastline as well as Florida, that indeed, such events can happen here, have happened here and will again happen here.

But this is an occasion if viewed in the light of the events of unfolding, that are leading not only the United States of America to a time and point of transition and transformation, but are indeed part of the world's journey towards the change.

#### **An Examination and Forecast of Spiritual Growth and Possibilities in 2006.**

It is seen by this Awareness that the unfolding cataclysmic events may be very disturbing for the people, not only in the United States, but in the world. The events that befall America will have far reaching effects throughout the world. America is still seen as a bastion of freedom and democracy, a foundation stone upon which the world is built. Anything that will disrupt that, that would destroy that, would have impact on all nations of the world. It is seen by this Awareness that the events possible in 2006 can help the individual focus on their own spiritual journey, their own spiritual awakening.

Many of the things taken for granted will simply no longer be available or even exist. The greater question of one's truth and one's being will automatically surface as the masses try to adjust and understand the events that could *possibly* occur in 2006. Many simply will not be able to comprehend or understand, but many more will take a quantum leap forward in their spiritual journeys, in their spiritual endeavor to open up to the greater truth of their own being, and their own reality. This is especially so for those at a greater distance from the actual physical cataclysmic events.

#### **The Long Predicted Spiritual Cleansing Could Occur**

This Awareness indicates the United States will not be in a position to respond to a catastrophe of this nature because it is too great. The country was hard-pressed to respond to the events of 2005 which are seen as insignificant by comparison to the possibility of a disaster of such magnitude that a country itself may flounder as a result of. It will release the individual back to their own wheel of destiny. It will be a tremendous time of spiritual cleansing and clearing, spiritual questioning and spiritual opening for many many many people. Many more than who would have come to this path had these events not occurred in the first place.

This Awareness suggests that this is a time, this year of 2006, for your own spiritual journeys to escalate a thousand-fold. The growth possible during such challenging times is exponential in nature. It is a time for tremendous leaps forward, for the breaking down of old ways and old patterns and for the release of old baggage carried because of entrenched beliefs and attitudes. Those souls who might cross over during this time are doing so to serve a greater purpose, to help in the spiritual evolution of mankind and to assist Mother Earth in balancing her energies once again, of restoring

the health to this planet that has been sapped from her for so many centuries.

Those seeking spiritual understanding resulting from such extreme events will begin to see themselves in a greater role, will begin to see and understand the greater purpose behind such events and behind the journey that is life. It is seen that this will be the silver lining behind such cataclysmic events. These events will also cause a tremendous fracturing of the government of the United States, which will lead it to reevaluate itself and will lead the people to reevaluate their government; that this, hand in hand with some of the political scandals and events that are also seen to occur prior to the geophysical events foreseen here, will cause the beginning of the end to this present government, will cause the beginning of a revision and a return to the Constitution of America, by the American people themselves.

A government of the people, for the people, by the people, will be seen as the highest goal to achieve in government, and people will again take to the streets in these times of change and demand that this be so once again. The potential for spiritual growth and development, for the maturing of the American people is a huge potential in the year 2006.

#### **Developments In Canada and Other Parts of the World**

This Awareness indicates it is seen that Canada in the beginning of 2006, will once again vote in a minority government, and that the situation it presently has in its political arena will continue for another year and a half, to two years. On an economic level, Canada will continue to do well, and will be seen by many as a new land of promise, of possibility and potential, and that many will seek to move to Canada as a way to find their freedom that no longer is available to them in their own countries. This includes many Americans moving to Canada, so that they may find the freedom that they seek in their sexual expression, their political expression, as well as just in the way they would wish to live their life, coming to this country.

It is seen that there will be other catastrophes in the world in 2006 as the planet itself continues to shake itself up, to rebalance itself; that the greatest overall catastrophe is seen to be that which has already been described in the United States, but that other events are seen to also occur; that Japan faces several earthquakes that will devastate that country and cost many lives. It is seen that there is the potential of yet another Tsunami in the Indian Ocean, southwards to that region that was devastated in the tail-end of 2004/the beginning of 2005.

This Awareness indicates Europe seems to be relatively stable during the period of 2006. Much aid will be given from the European countries to countries devastated by their catastrophes. This will not be able to match the need of those countries, but indeed it is seen that the need will be so great that those nations such as the European nations, Canada, Australia, parts of Central Europe, Russia, China, will not be able to cope and that as a result, it is seen that the local areas and governments of the regions affected will have to try to cope on their own. There will be many deaths because of a lack of support and aid coming into these areas simply because it will be too much. This too is part of the overall shakedown and shakeup to release many souls, and to balance the energies of Mother Earth herself.

This Awareness indicates 2006 will also mark a year of increased political and economic activities from that sleeping dragon state of China. It will start to make its presence known to a greater degree than it has ever done

before. It will see the events of 2006 as auspicious and as a clear sign that it is time for it to act. It quite possibly will offer the most aid of any nation to the United States of America. It will be a challenging year.

**The Final Phase of the Evolution and Transformation Of the Planet: Trust That a Higher Order is Being Established**

This Awareness suggests there may well be events beyond the capacity of many to endure. It is also a year that marks the final phase of the evolution and transformation of this planet.

This Awareness asks those who read this forecast to have trust and faith that a higher order is being established, but for the birth of that higher order there also must be the death and destruction of the old order of things. It is imperative not to focus on the negative, but to be open to the positive, to be open to the truth that this is a time of transition. That to 'transit' through this time, one will by necessity need to stay focused and connected to their inner source, their inner being. As men and women evolve into their greater truths, their greater expression of who they truly are, much must fall away. Such is also the case with nations which are restricted and limited by old beliefs and old ways. The death of an individual or a nation is simply an ending to that which is no longer needed, so that which is the new, that which is the way to come, may be born.

This Awareness wishes you peace, Light, love, faith and trust in 2006. May you always see the beacon that this Awareness holds for you, to guide you along the way through these challenging times.

Excerpt CAC Reading 1-2-11-82 Paul Shockley Interpreter

**Peter's Spiral Hexagon**  
(Do These "Healing Discs" Really Heal?)

**QUESTION:**

Peter Kudron, of Worcester, Mass., a year or so ago sent in a Styrofoam hexagram with 19 steel ball-bearings in it, and he wanted us at that time to ask Awareness about this object, and we never quite got around to it, but he's recently changed the base to cedar, a piece of cedar in a hexagon, in which he has implanted these 19 stainless steel bearings in a hexagon shape. He also sent a tape claiming that he had done research on this and found that these "healing discs" as he calls them are very effective in healing bones and in numerous other diseases, and he'd like to ask Awareness if these discs indeed do have healing ability, and if it's something that should be pursued, or made available to other entities.



KEEP REPEATING TO YOURSELF: 'THERE'S NO SUCH THING AS THE NATIONAL SECURITY AGENCY, AND EVEN IF THERE IS, IT MEANS ME NO HARM.' NOW SAY IT AGAIN...

**COSMIC AWARENESS:**

This Awareness indicates that this has its effect upon the etheric fields within the aura of entities. This Awareness indicates that the hexagon shape as that which is peculiar to nature in that it relates to the concept of the transition between the etheric level and that of the material. This Awareness indicates that the crystallization process of vapor into water into ice, as that which occurs through a pattern of the hexagram. This Awareness indicates that this is seen in the snowflake, wherein these all have six sides. It also is seen in the bee-hive wherein the bees create their honeycomb with six sides. This Awareness indicates that this in reference to the catacombs within the honeycomb.

This Awareness indicates that the concept of the six-sided figure as that which is of a geometric shape associated with the crystallization process, and when placed in material form, assists in channeling etheric energies through it. This Awareness indicates that the particular quality of this object, pendant, or hexagon creation is that it serves as a channel to draw in etheric energies and distribute them in a manner of crystallization and also to draw out crystallized energies and distribute them into the etheric level.

This Awareness indicates the ball-bearings as that which have their particular effect in translating or transmuting the energies, as does the cedar. This Awareness indicates that the ball-bearings draw energy from the body on which this hexagon is placed, and the cedar draws energy from the etheric and distributes this toward the body. This Awareness indicates that the combination of this metal, and wood in hexagon shape as that which assists in causing energies to flow into the physical body, and from the physical body.

This Awareness indicates this as an action which allows for the removal of energy that is of a detrimental nature and the replacement by etheric energy to assist in healing. This Awareness indicates these especially are beneficial when placed over areas wherein the aura has been blown, or wherein energy leaks are found on the aura. This Awareness indicates these may be determined by pain, wherein an entity feels pain, or wherein one examining another feels a hot spot that is relatively more warm than the area locally around that spot.

This Awareness indicates that energy leaks of this nature respond to this particular device, and can be assisted and closed by this device; this depending upon the intensity of the energy leak and the application of the device in terms of duration. This Awareness indicates that the shape as that which is also important, wherein the shape is precise, it becomes more efficient.

This Awareness indicates that also, an energy leak can respond to the chakras of one's hand, that wherein one places one's hand over the energy leak, in many instances it will assist in healing or closing that leak. This Awareness indicates that the device does have similar healing powers; in some instances it may be more powerful than the hand, depending on how much healing power an entity has in one's hand, for some entities have great healing powers in their hands, while others have very little.

**FOLLOW-UP (AVATON):**

He also wondered if the effectiveness of the ball-bearings would be increased if he magnetized the ball-bearings, or if they were covered with a thin coating of gold?

**COSMIC AWARENESS:**

This Awareness indicates that this thin coating of gold as that which would be of much benefit, but only

wherein the suggestion is given as to *be* beneficial. This Awareness indicates that the nature of gold is such that it intensifies whatever concepts the wearer of the gold may have. This Awareness indicates that wherein an entity has negative concepts and is in use of gold, it will draw in negative concepts or negative energies to help reinforce the concepts. That wherein an entity has positive concepts, the gold will help to reinforce those positive concepts.

This Awareness indicates therefore, entities using or wearing gold, should only use this substance wherein they are optimistic about life in general. This Awareness indicates that the magnetizing of the ball-bearings as that which can be beneficial in that magnetic fields, along with the hexagon shape will have a combined effect of increasing the healing powers of this object.

This Awareness indicates also, the power of suggestion as that which is of importance, and wherein entities believe in the magic of magnetism, this adds to the healing effect through its suggestion.

This Awareness indicates that also the use of points, wherein rather than ball-bearings, small tacks with rounded heads, the tacks which enter into the wood, creating points which are imbedded into the cedar, this also can be beneficial, for...this Awareness indicates that positive ions flow toward points. This Awareness indicates that in creating points, or sharp tacks imbedded in wood, the positive ion would hover around the points within the wood, and the heads of the tack would have a negative ion hovering around them.

This Awareness indicates that in this situation, one would want to have the head of the tack closer to one's body. This Awareness indicates that it appears the use of tacks such as just described would not be of significant value in altering your device, for the object would be of a different nature. This Awareness suggests that you remain with the device as you already have developed this, and consider the use of gold-plating and of magnetism as being sufficient.

#### FOLLOW-UP QUESTION:

He also wondered if the device would be effective enough for the average entity, to warrant him going into production on these things, and trying to commercially market them.

#### COSMIC AWARENESS:

This Awareness indicates that there are many entities who can benefit from the use of such (a) device; that many entities are quite susceptible to suggestion, and that there are many entities who thrive on trinkets, and actually benefit from the belief in trinkets, even though these may have little or no healing power other than the suggestion.

This Awareness indicates that this is an area or a market which could be profitable for you in terms of the money which might be gained. This Awareness indicates that in terms of the actual value of your device, it appears that it is somewhat more beneficial than many which are on the market today. This Awareness suggests that it does not have any astounding value in terms of



healing, but for a reasonable price, it could be an object of both art and beauty, having its value in this area, in this regard as well as having some healing potential, and also as being presented as an object of mystical value.

This Awareness indicates that this could merit the price of the object if kept within reason, and this Awareness indicates that it needs not be promoted as anything other than a mystical device of jewelry, and of possibly having healing effects. This Awareness indicates that it may be promoted as a good-luck and good health charm. This Awareness indicates that other than this, it need not be promoted as a new discovery or of anything astounding which needs to be proven scientifically or otherwise, unless you wish to put an extremely high price on the device, in which case it would be necessary to prove your claims.

This Awareness suggests that you sell this as a good luck and good health charm.

Ed's Note: Peter Kudron died in an auto accident shortly after this reading was given. Somewhere in this office, probably beneath a 3-foot high stack of paper on my desk resides one of these hexagon healing devices he gave me years ago. If any of you out there should decide you want to research and test this device or possibly go into manufacturing them, let me know and I can loan it to you. Both Vikki and I have one and at the time we wore them around our necks for several weeks. I don't recall that we noticed any particular effects from them.

Excerpt CAC Reading 02-11-82 Paul Shockley Interpreter

## DID ARTHUR CONAN DOYLE CHANNEL "THE DEMON DEVICE"?

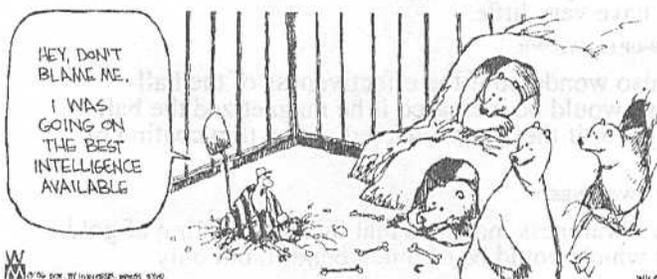
#### QUESTION:

John Weber SR, of Omaha Nebraska had a question; "I purchased from Publisher's Central Bureau, the book *The Demon Device*, by Sir Arthur Conan Doyle, as communicated to Robert Saffron. It is written in the style of Doyle's Sherlock Holmes and purports to be the story of Sir Arthur's activities in World War I in avoiding the secret manufacture of a nuclear bomb."

He would like to know if Awareness could indicate whether this IS fictional, and also whether Doyle dictated it from the Summer Land?

#### COSMIC AWARENESS:

This Awareness indicates that this is in part fictional. This Awareness indicates that it appears that there is some basis for the information at the core of the story.



This Awareness indicates however, that it does not appear that this ever reached the development as indicated in the story. This Awareness indicates that this *does* appear to be some form of channeling through the planes, whereby the information was given in part as based on a nugget of truth, and in part created for the purpose of embellishment and fiction.

Ed's Note: This book is still available in pocket book form. Go to Google and type in the title or go to [abebooks.com](http://abebooks.com) which have many for sale from \$.400 to \$10.

## "The Wreck of the Titan"—Did This Book Foretell the Titanic Tragedy?

### QUESTION (AVATON):

One question relative to books: Awareness gave some information about the Titanic disaster and I've run across an article that said that in 1898, fourteen years before the disaster, a book titled *The Wreck of The Titan* told a fictional story about the world's greatest ocean liner which sank on its maiden voyage after striking an iceberg in the North Atlantic. I'd like to know if that book had any significance at all, or anything to do with the actual sinking of that liner fourteen years later.

### COSMIC AWARENESS:

This Awareness indicates that there appears to be no connection between the book and the event, other than that the book was written by one who had foresight and was being given information from the Inner Plane in regard to a future event. This Awareness indicates the book actually being a prognostication of a future occurrence.

The Cosmic Laws of Cosmic Awareness...

### THE LAW OF CO-CREATION

The *Law of Co-Creation* states that two working in co-creative action have the power of four working individually; and three working in co-creative action have the power of nine; and four working in co-creative activity have the power of sixteen; and one-hundred and forty-four working in harmony can change the world.

Wherein large groups of entities believe and agree on certain images as being real and being stable, this agreement does hold the power of many times that number of energies, if such energies were held by individuals working separately. Wherein groups of entities agree upon certain images, these images do tend to manifest and hold their being in a magnified manner.

Ed's Note: Those who would like to participate in this Law of Co-Creation should contact The Network of Light Visualization Project developed by two CAC members in Europe and which operates on the internet. (The regular Friday night CAC meditation is also linked with these entities). <<http://home.iae.nl/users/lightnet/creator/start.htm>>



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### "The Plague-Spot of Civilization"

That worst outcrop of herd life, the military system, which I abhor... This plague-spot of civilization ought to be abolished with all possible speed. Heroism on command, senseless violence, and all the loathsome nonsense that goes by the name of patriotism—how passionately I hate them! How vile and despicable seems war to me! I would rather be hacked in pieces than take part in such an abominable business. My opinion of the human race is high enough that I believe this bogey would have disappeared years ago, had the sound sense of the people not been systematically corrupted by commercial and political interests acting through the schools and the press.

Albert Einstein

## Health Hints From Personal Readings

(Strict Vegetarian Diet)

### QUESTION:

For the past 15 years I have been strictly vegetarian, with only a slight recent use of goat milk, raw, and some yogurt, which I have now given up. I am physically active and am also given to reading and studying all worthwhile works, eschewing the less useful. Have used reflexology and acupressure occasionally. What particular foods, herbs, etc., should I use in order to acquire and maintain optimum health?

### COSMIC AWARENESS:

This Awareness indicates that much information on diet has been given over a period of years. This Awareness suggests that this may be repeated in part; that there are certain foods which are particularly well suited for healthy living, that others are detrimental to good health.

This Awareness indicates that red meats are detrimental, that fowl as borderline but tending to be beneficial when used on occasion, that fish as tending to be beneficial when not used in great excess, that fresh fruits and fresh vegetables are beneficial in general, that legumes such as beans, peanuts, these foods are beneficial for certain entities in terms of protein needs, this as particularly beneficial for entities moving from the animal type protein diet into the non-animal protein diet. This Awareness indicates that the use of beans be limited to two or three meals per week, as that which is most beneficial, that excessive use of these can over a period of years become somewhat detrimental in relation to the acidity and nervous conditions of the body.

This Awareness indicates that the major portion of the diet to include fresh fruits and vegetables. This Awareness indicates that high carbohydrate and low protein diet as most beneficial. This Awareness suggests that the use of comfrey leaves for spinach and for protein as being that which is one of the better foods, containing many minerals and vitamins that are lacking in other green leafy vegetables. This Awareness suggests that head lettuce as not being a high quality food, that cabbages as having more value in relation to this type of food. This Awareness indicates that the use of lemon juice in place of salt as being a beneficial substitute; the use of health powder as beneficial, the use of black pepper as beneficial, the use of cayenne pepper as beneficial, the use of gotu kola, fo ti tieng, ginseng - these herbs commonly used as longevity herbs - these and others as beneficial.

This Awareness indicates that nucleic acid, vitamin E, wheat germ oil, lecithin, brewers yeast - these as all beneficial; the use of vitamin B-15, pantothenic acid, as beneficial. The basic vitamin needs and mineral needs as expressed in the minimum daily requirement systems, these also are beneficial for entities, particularly those which are of organic nature. This Awareness suggests the use of vegetable oils, especially those of corn, safflower, peanut oil, that cotton seed oil as also applicable, and that soy oil can be used. This Awareness indicates that information has been given on oils in the nutritional readings. This Awareness suggests that corn oil as containing linoleic acid which is beneficial in alleviating a certain disturbances pertaining to stress factors. This Awareness indicates that pantothenic acid as also that which is needed in the diet and can be found in certain oils and fresh fruits and vegetables.

This Awareness indicates that in general, your diet is sufficient. That occasionally, the use of seafood in your diet may become necessary for bringing greater energy

to you for optimum health. This Awareness indicates that this need not be used except on those occasions wherein you feel a weakness. This Awareness indicates that dairy products can be used in limited amounts by your system, that the use of acidophilus culture in yogurt or kefir can be beneficial to you, particularly during those times when large amounts of green vegetables, cooked grains, and starch or starchy types of foods have been taken in and the stomach and digestive system seems to be somewhat malfunctioning.

This Awareness indicates that fruit pectin as sold for canning or through the use of fresh apples, these being approximately six daily, this fruit pectin can be of great benefit to you during those times wherein you wish to clean out your system and become more limber. This Awareness indicates fruit pectin does assist in removing certain radiation from the body. This Awareness indicates that lemon also has this effect, that lemon peel, particularly the peeling that has not been sprayed with chemical poisons, this can be very beneficial in removing radiation toxins.

This Awareness indicates that the various types of fasts, particularly fruit juice fast, watermelon fast, the fast given by this Awareness: the grape juice fast and the fast on pure distilled water, these also can be of benefit. This Awareness suggests that when these fasts have been completed, that the body does need to be replenished with the vitamins that were removed. This Awareness suggests that wherein a good multiple vitamin and mineral supplement, particularly of the organic nature, are used after such fasts, that you can benefit greatly from these fasts. This Awareness suggests also the use of nucleic acid, ginseng, gotu kola, and fo ti tieng being taken after these fasts.

This Awareness suggests that much more could be given, but much has already been given. That in terms of your own diet, the only thing that appears to be in error is the attitude whereby there is a feeling of restriction and hostility, the restriction of being stuck on a diet of vegetarianism, and a feeling of hostility toward those who are not. This Awareness indicates that this as having some slight effect upon your attitude while eating. This Awareness suggests that this as not a major problem, but having some slight effect. This Awareness suggests also that you may benefit from the Fletcher system, this being related unto an action of chewing, whereby you chew each bite until there is no flavor left, this bringing enzymes into the food you eat to allow complete absorption of the vitamins and minerals as it enters the body and is broken down by these enzymes.

This Awareness suggests that the next question may be asked. M770505PB



Excerpt CAC Reading 4-12-4-80 Paul Shockley Interpreter

## What the Ark of the Covenant Really Was

### QUESTION (AVATON):

One final Bible question: A review of a book in a recent tabloid which appears to confirm, and correlate some of the information Awareness gave earlier on the Jehovah. The book is called *Signs of the Gods*, and its another book by Erich Von Daniken. I'd like to read this brief review and ask Awareness to comment.

"The Bible's ark of the covenant which supplied the Israelites with food as they crossed the desert was really a mini-reactor. That's why Moses was willing to risk marching his people through the endless burning desert wilderness.

Who supplied the people of Israel with food? Extraterrestrials helped them, and Moses knew it, for "the Lord" who appeared to him in the burning bush showed him a machine that would take care of any worries about food supplies during the long years of the exodus.

It was a marvelous machine. It stored up water from the night dew, then mixed it with a microscopic type of green algae, (chlorella) and produced as much food as was needed.

The food synthesized from dew and green algae was produced by radiation. Radiation needs energy. Where could it be obtained in the barren desert? What kind of source of energy was it that was unexhausted after 40 years? Today we can erase the question mark. From our knowledge of existing technology it could only have been a mini-nuclear reactor. Reactors of this type exist and have been in service for some time.

References in the bible and other writings of the time all support the idea that the ark was a mini-reactor.

Obviously the ark could not be left out in the open. Perhaps it had to be protected from desert sandstorms, perhaps the very high daytime temperatures, perhaps too, the wandering Israelites were not supposed to know about the mysterious factory which produced their food.

At any rate, an ark, a beautifully made chest was built around it, following the model in the instructions given.

Therefore the ark of the covenant was not the manna-machine but merely the container in which it was preserved and transported.

The twofold goal was reached. The sensitive machine was protected from both damaging outside influences and inquisitive glances. During long rest periods, a tent was erected around "the factory." It was never set up inside the camp because of the dangerous radioactivity.

In a quote from Exodus 33:7 "Now Moses used to take the tent and to pitch it outside of the camp, far off from the camp, and he called it the tent of meeting."

Let us keep on the trail of our material evidence. We already know quite a lot about it, including how it worked. It indefatigably turned out the glutinous foodstuff, "manna" for 6 consecutive days. A 6 day week. The machine was cleaned on the seventh day by the Levites, who had been instructed by Aaron, Moses' brother. Aaron had climbed the mount with Moses and had obviously been given a crash course.

Later, after the Israelites had found the land of milk and honey, the machine was no longer needed—but its reputation made it an object of envy.

After a victorious war, the Philistines, a Hebrew tribe of western origin, confiscated the ark of the Lord. They had noticed how important the mysterious apparatus was to the Israelites and hoped to derive advantages from owning it.



But the Philistines had no instructions for its use. They were quite unfamiliar with it. At any rate, in a very short time they realized that anyone who came into close contact with the ark fell sick or died. They began to pass the apparatus they had requisitioned from town to town like a hot potato, but everywhere it was the same story. All who were curious enough to approach the dubious booty were stricken with boils and scales, and their hair fell out. Children and adults, all were overcome by excruciating vomiting and many perished in a horrible way.

The Philistines were in possession of the devilish object for 7 months, then all they wanted was to get rid of their booty. They put the chest on a cart, harnessed two cows to it and whipped the bellowing beasts to the borders of Beth-shemesh.

In the morning, when the men of Beth-shemesh came into the valley to harvest the wheat, they saw the cart with the ark on it. They slaughtered the cows on the spot and then summoned the Levites, who alone knew how to handle the ark. But 50,070 (fifty-thousand seventy) people who had no idea how dangerous the ark was, died in a horrible way. They were curious and came too near the ark and the Lord smote them.- And they quote (I Samuel 6:19.)"

Would Awareness please comment on this book?

COSMIC AWARENESS:

This Awareness indicates that this is quite accurate in terms of its evaluation of the circumstance. This Awareness indicates that this ark also served as a communicative device with the spacecraft.



CAC General Reading 5-3-81 Paul Shockley Interpreter

## WHAT'S CAUSING WEIRD ALLERGY-TYPE SYMPTOMS AND CHEST CONGESTION?

### QUESTION:

A question from Joyce Williams of Athens Ohio; She writes: "Here in Southeast Ohio, including Columbus, children who have never before had any allergies, the past few months have been showing up in hospital emergency rooms with allergy-type symptoms -- thick yellow and white mucus from the upper throat, profuse enough to filter down into the trachea, causing some breathing problems, although the chest itself tends to be clear-- my 9-year-old daughter among them. Allergy tests are by and large negative. This has been going on for my child since mid-February.

A SPIRAL group from Kennett Square PA., reported people near their area had been getting confused on rainy days with additional symptoms of chest congestion, debilitations, and many have gone to doctors who don't know what causes it. I feel these are related. Could you please comment on the causes, and what people in both areas can do to alleviate or cure this? .

### COSMIC AWARENESS:

This Awareness indicates that this as largely effected by what may be generalized as pollution. This Awareness indicates that the energies of the pollution also including besides chemical pollution also, electronic pollutions through the various microwaves and similar energies, and also to a lesser degree from the increased radiation in the atmosphere. This Awareness indicates however, that mostly this being electronic and chemical pollution in water, in air, in atmosphere, and often brought down in the rain. This Awareness indicates that there also being some occasions wherein a biological pollution occurs as various types of strains of influenza and other diseases occur.

This Awareness indicates that essentially the concern being expressed in this question is related to pollution in the general atmosphere of the area. This Awareness indicates that this in terms of chemical pollution in part, but also in terms of electronic pollution; that both have their effects.

This Awareness indicates the bombardment of infrasound and ultrasound waves and of microwaves as that which is affecting the entire society without entities being fully aware of how much effect this has. This Awareness indicates that it appears there is coming a time wherein entities will find that the electronic pollution is a greater disturbance to the human system than even the chemical pollution. This Awareness indicates however, that there is an invention which may be released soon through the Aquarian Church and *Cosmic Awareness Communications*, whereby the entities can wear this object on their body and create a field around themselves which is stronger than incoming microwaves or other electronic pollutions.

This Awareness indicates this being 1.8 hertz in the electronic vibratory field. This Awareness indicates that this creating a clear or clean aura around each individual which does not allow these electronic vibrations to enter or pollute the entity's energy fields and aura levels. TAI that more information will be made available on this in the near future.\*

### FOLLOW-UP QUESTION (AVATON)

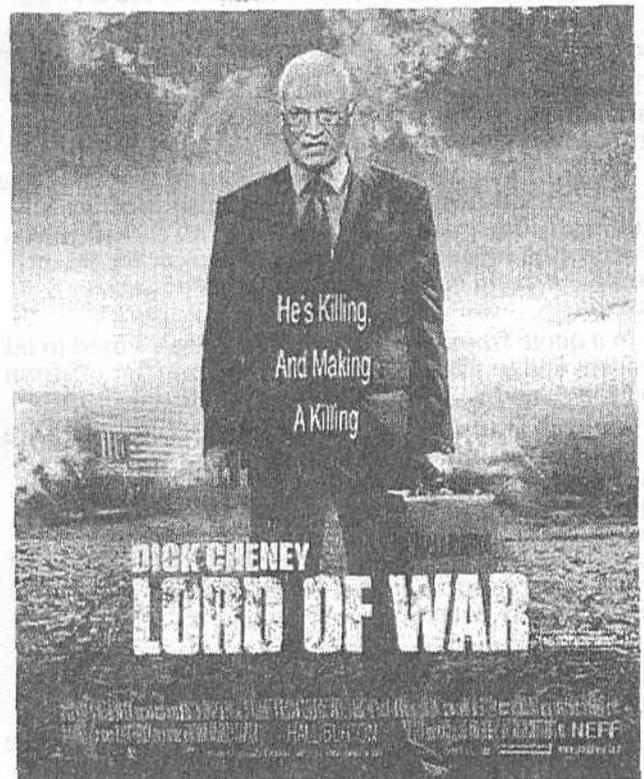
Would the information given on the pollution in Ohio also apply to the mysterious illness that has occurred in

the Red Zone recently around Mt Saint Helens which they are likening to Legionnaire's disease? A lot of entities have come down with headaches, a fever of 103 to 104 and sore throats and so forth, and the Center for Disease Control in Atlanta has been asked to investigate this phenomenon.

### COSMIC AWARENESS:

This Awareness indicates that much of this appears to be of a somewhat different nature. This Awareness indicates however, that there is a similarity. This Awareness indicates that the energies around the Mt St Helens area as that which is in part related to lingering effects of the volcanic disruption; this in terms of the ash particles which entities have breathed into their lungs. This Awareness indicates that there also as being a kind of energy field in that area which has affected many; this in regards to the initial explosion, which was triggered by the particle beams weaponry. This Awareness indicates this having its effects on individuals which have taken some time to surface as health problems. This Awareness indicates whereas in the area of Pennsylvania much of this as related to chemical pollution as well as the electronic pollution.

\*Ed's Note: the invention to be worn around the neck Awareness mentioned never manifested at the time. However, Awareness could have been seeing a similar device further up the road, because 25 years later CAC member Manley Grooms in Florida turned us on to the QLink Pendant which strengthens your resilience and resistance to stress and EMF energies, including EMF energies from computers and cell phones. Both Vikki and I now wear them around our necks, even sleep with them. They list at \$129 but we got them for half that from Nature's Medicine Corp. Call 1-800-408-1525 and ask them for a free brochure. The QLinks don't use batteries and the company guarantees a full refund if you return it in 90 days. We believe we can feel a difference so we kept ours. You might want to check these out. (CAC does not get any kickbacks from the company for plugging this item. We just want to make our CAC people aware that it is available).



## THE COSMIC AWARENESS SPIRITUAL DEVELOPMENT COURSE

### Taurus: Volume 2 Lesson Number 2

#### Question (Avaton):

Awareness, we're here tonight for the second Correspondence Lesson under Taurus: the second lesson relating unto the building of a foundation and a type of security through identification with things.

#### COSMIC AWARENESS:

This Awareness indicates that from the God's-eye view, the entity (whether that entity be an atom, a collection of molecules creating a form, a familiar shape such as animal or human, or a geological shape such as planets, or a system such as galaxies, or whatever), this Awareness indicates from this God's-eye view, the entity can either continue to 'be' or can see that which is, and make distinctions between what it wishes to be and what it wishes not to be.

This Awareness indicates that wherein the distinctions begin to take place and the entity begins to define itself as 'this,' but 'not that,' 'this,' but 'not that,' the entity then finds itself becoming identified with certain levels of being and dis-identified with other levels of being.

This Awareness indicates in this action, separateness becomes more pronounced whereby the entity begins to become exclusive from another part of the Universe which is not included in the definition of what one's self is, of what the entity is. And this exclusiveness allows the entity to feel separated and apart from the remaining aspects of consciousness. This Awareness suggests that at this point, the *Law of Expansion* and the *Law of Inclusion* be read.

### The Law of Expansion

#### QUESTIONER READS:

"This Awareness indicates that the *Law of Expansion* is that inclusion which results when the definition and description of a part or situation is expanded to include something else. That the *Law of Expansion* as that which allows the identification of what is expanded to include even more. This Awareness indicates the *Law of Expansion* as that which is never-ending as long as there is more which may be included by re-describing. Those who understand the *Law of Expansion* will understand that they are more than a body, more than a name, more than a social being, more than a life of action, more than a center of a society, more than an observer and an observed, more than the symbol for humanity, more than the awareness of the earth and solar system, more than the confines of form: that they are all that is and all that can possibly be. They are *what is* and what they may include in describing themselves. Those who move from the *Law of Expansion* into the *Law of Exclusion or Contraction* would describe themselves as being something less than all that is. This being an exclusive law which describes them as being 'this, but not that,' 'this, but not that,' 'this, but not that,' and 'this, but not that,' until they are almost nothing at all in a Universe of overwhelming forces. Beware the *Law of Exclusion*, lest you exclude yourself from all else into the oblivion of the bottomless pit."

#### COSMIC AWARENESS:

This Awareness indicates that the *Law of Description* now be read.

### The Law of Description

#### QUESTIONER READS:

"The *Law of Description* is that Law which serves as a tool for creative purposes. This is likened unto the paintbrush of the artist, the chisel of the sculptor. Description as that which carves out images, creates boundaries, creates shapes and forms, creates limitations, creates confinements, and creates also those concepts which expand boundaries to release from confinement. The *Law of Description* knows no morality. The *Law of Description* is capable of creating anything for any entity. This relates unto the *Law of Magic* in that anything described is on its course toward creating a manifestation to the degree of impact of its description. The nature of that manifestation depends upon the intensity of the collective or disruptive energies involved."

#### COSMIC AWARENESS:

This Awareness indicates that in relation to the power of the word, the nature of the word, wherein it has been indicated that "In the beginning was the Word," this Awareness indicates that the 'word' is that force which occurs from the action of focusing, from the action of focusing on any concept, idea, experience, action, or state of being.

This Awareness indicates that the nature of focusing as that which is related unto the 'word,' or the mind. The difference between consciousness and the mind is that consciousness is likened unto a sea of energy floating, whereas the mind is that energy being taken and directed toward a certain type of focus for a particular purpose. This Awareness indicates that the nature of mind, the nature of 'word,' is such that in focusing, it becomes a tool, the chisel, the sword which then can cut and shape the images and create formations in the 'Land of the Magi nation' and this sword, this mind, this word being used by the God: by the entity, by the Creator - this sword begins to mold and create the world and the foundation around about the entity on which the entity builds his or her life. This Awareness indicates that this on all levels, whether from the sub-atomic, the atomic, the molecular, or into the biological levels, or into the levels of cosmic forms.

This Awareness suggests that for the purposes of this lesson, this Awareness will now turn toward the aspects of the human portion of life - this being the human level in the physical form.

This Awareness suggests the child, having moved through definition and focus into physical form, having the desire and having created the appetites through radiance, through magnetism, and through the attentive interest in a certain portion of consciousness around which the entity's energies are moving and swirling - this action does bring the entity into physical form and allows that entity the opportunity to experience a portion of the total with great intensity.

This Awareness indicates that the child in the physical form does experience a great deal of presence in that centered energy which is called the 'self,' which inhabits the body which the child is forming. Yet, there is an even greater amount of experience that goes on elsewhere outside of the body of the child.

This Awareness indicates that the younger the child, the more time the entity experiences in other realms, in other levels away from that physical manifestation.

This Awareness indicates that gradually the entity, through discomforts and pains, through hunger and

through the continued working of appetite and desire - these errors and irritations tend to work more and more on the nervous levels of the body and draw the attention of the psychic, cosmic being into the identification process, which allows the Cosmic Being to move into the physical body of the child and become identified with this.

This Awareness indicates that as the child begins to move more and more into the physical body and begins expressing itself more and more from that vehicle, the thrashing about: the expression through that physical body creates greater and greater opportunities for pain and the infliction of discomfort and irritation upon that physical body.

This Awareness indicates that these discomforts cause the Cosmic Being to become more heavy, to become more grave, to become more serious, and to become more interested and swallowed up by that interesting body to where the Principle, which is the Cosmic Being, is eventually swallowed up by the interest in the physical body and its pains, irritations, and frustrations, and the appetites which come from this radiance and magnetism, the receptivity and the desire to express.

This Awareness indicates that as the Cosmic Being is swallowed up by the physical form (with all of its pains and all of the irritations), the individuality of the being becomes pronounced, and the individual then begins to take on its own shape, personality, and behavior. This Awareness indicates this may take an entire lifetime, that many entities can move into the action of the physical being and can become individual in a short time, while others may thrash about and never completely get grounded, or centered into this action for many lifetimes.

This Awareness indicates that eventually the entity may suffer enough pain, frustration, and irritation that the entity becomes totally integrated into the physical body and to where he or she is 'at.' And from that realization of what 'is,' the facing of the facts, the entity then has reached that point of individuality and then can begin to move out of matter and back toward spirit with new levels of realization.

This Awareness indicates this as related unto the image of the grain of sand which enters the oyster through its shell and begins irritating the flesh of the oyster. The grain of sand becoming more and more irritable over a long period of time does develop that which is known as the pearl.

This Awareness indicates that it has been given that you were 'born in sin.' This Awareness indicates that sin is nothing more than the error which is the movement out of spirit and into identification with something that matters.

This Awareness indicates that wherein the Principle becomes swallowed by the interest, this as that which does create the error. Wherein the Principle can give attention to anything without becoming interested, but giving attention - great attention - the Principle then is not in error.

This Awareness indicates that wherein the Principle does become swallowed up by the interest in that which it observes, the identification process is such that the Principle becomes identified with that aspect which is of interest, and in this manner, the Principle does become earthbound through these heavy-laden burdens of identifications.

This Awareness indicates that this has been called the error or the sin which has brought about the individual in a universe of forces, and the individual, being a separate part of that Universe, is said to be in error.

This Awareness wishes entities to understand at this point, once and for all - there is *no* such thing as 'error' from the God's-eye view. Error only exists from a lesser viewpoint.

This Awareness indicates that from the God's-eye view, the so-called error that created the 'pearl of great price,' which is the individuality of yourself which came from the pains and sins and problems and frustrations of the sand working against your flesh - that individuality is not in error although it came from that which your mind may refer to as error and sin. This Awareness indicates that all is right with the world and Universe at all times from the God's-eye view. From the lesser views, from the view of the individual which does not like being caught and having the irritation of the sand working against its flesh, this may be called error.

This Awareness indicates that many entities suffer from these 'errors,' from these irritations, from these sins, and would like to escape and find ways to avoid such. This Awareness indicates that many entities form religions around concepts which allow them to become dis-attached, which allow them to find excuses to escape into some form of non-existence, or into some form of future hope and dream; yet, this Awareness indicates all of these escape mechanisms and dis-attachments will do nothing except prolong the agony of the individual which is refusing to move through the entire cycle which demands that the entity become the 'part' and then return to the 'Whole.'

This Awareness indicates that entities may spend many thousands of years and thousands of lifetimes avoiding the action of being involved in what they are and who they are and what is occurring about them, and many entities may spend thousands of lifetimes not seeing, not looking to see, being fearful that they should not desire anything, being fearful that they not do anything out of line, being concerned that they might create an error. And these entities shall eventually move into the total involvement, though this may take thousands of lifetimes.

This Awareness indicates that wherein they reach that level where they determine that they are unique and yet integrated and total and a part of the entire whole, and wherein the entity can settle for what he or she is and accept himself or herself as being what they are, not trying to be something other, not trying to be something different, but being what they *are* - even if being what they are included the problem of trying to be something else. This Awareness suggests that if the entity can accept himself or herself with all of their sins, errors, and problems, the entity then has reached that level of individuality and can then be redeemed by the acceptance of self, and the action which accepts the self then becomes the redeemer which brings the entity back to the Source.

This Awareness indicates that in terms of the small child with the appetite which is growing, there is seen the child in the womb with the security of the mother wrapped about. There is the perfect peace in this level of security, but there eventually becomes that concept of energy known as boredom. And the boredom, being created by an ever-expanding appetite, eventually forces the entity to seek, to taste of the Tree of Knowledge, and the entity then is expelled from the 'Garden of Eden' and thrown into the world whereby he or she must make their living by the sweat of their brow.

This Awareness indicates that as the child is born, again it is wrapped in clothing, and this clothing becomes a protection to keep the child warm. This warmth from this clothing is not as protective as was the

mother's body, yet the clothing does allow greater freedoms which could not be experienced while in the mother's body.

This Awareness indicates that the child in the physical body now has the opportunity to thrash and move about, and to experience pleasure and pain. And the pain causes the Cosmic Being to focus in and center in on the physical body, and allows it to ground itself into greater levels of stability. This Awareness indicates from this, entities may begin to better understand concepts of sadomasochism and the levels of pleasure and pain in terms of the seeking that many entities experience.

This Awareness indicates that entities who seek or who accidentally suffer pains are in essence trying to ground themselves into the physical in a manner that allows them to focus-in quickly. This Awareness indicates that there are many kinds of pain which do this: that physical pain is the most direct and quick, that emotional pain, social pain, and religious or spiritual pain also do have their effects.

This Awareness indicates as the child enters into the physical world, the mother, still being protective, creates a cage in which to place the child. This cage originally is being designed to protect the child from the hostile world whereby the child will be given that opportunity to grow and to develop behind the confines of this cage. This Awareness indicates this as referred to by your culture as the crib.

This Awareness indicates the crib allows the child a protection from wild animals, wild people, and from wild thrashings which the child might throw out in terms of its energy. This Awareness indicates the crib also allows the child to have a second body - the first being the physical body which can begin serving as a confine, and the second being the crib which the entity may, from the physical body, begin to observe and discover, and which eventually does also become a confining fence.

This Awareness indicates that as the child moves more and more into the physical body and becomes accustomed to that cage and looks out from the cage of the physical body into the next cage, it begins to forget that the physical body is a confinement and a cage, and begins to resent the outer cage which confines itself - this being the crib. The attention then does not resent the body cage so much as the outer cage. This outer cage being that which draws attention and creates the problem and causes something to matter. This Awareness indicates the expression of the child then is such that it can become frustrated with being in the confines of the crib. This Awareness indicates that meanwhile, as these cribs and cages are being placed around the child, the appetite is continuing to grow and to desire and to call out for that which is necessary to satisfy the nervous energy of this physical creature in which the Cosmic Being has now moved, and which now demands certain energies for its sustenance.

This Awareness indicates that the feeding of this appetite, being such that a nipple is placed into its mouth and brings forth an inner satisfaction which does soothe the nervous system: this as the beginnings of a long journey.

This Awareness indicates that the feeding of the appetite causes the appetite to grow. And the appetite then, in growing, demands more and more. And as the appetite demands more, the gravity of the situation known as the body increases, and weight is gathered, and a heaviness begins to occur, and the entity becomes more and more earthbound and centered into the physical form. This Awareness indicates that the

appetite then is growing, demands more than just a bottle, demands comfort on many other levels also, and eventually begins to seek out a variety of experiences.

This Awareness indicates that eventually the seeking of the variety of experiences becomes such that the entity seeks to escape from the crib, from the cage, and explore out into that world of the forbidden fruit, whereby it can find other means to satisfy its appetite. This Awareness indicates that in this manner the definition needs to be re-defined by the *Law of Description*. And the mother then, in using the *Law of Description*, takes the child from the describing cage known as the crib, and places it into another level, giving it more freedom; thus, that which was once a protection for the entity (a structure which protected the entity) does become a prison as the entity outgrows that need for the protection.

This Awareness indicates this as so on all levels. That concepts, ideas, social systems and structures may all be designed to give security to entities, but wherein the entity outgrows the need for that type of security, those systems - those structures then become nothing other than prison walls of confinement which would prevent the entity from free expression of itself.

This Awareness suggests that the nature of a growing entity is such that it is always creating walls about itself for protection while it grows, and as it grows stronger, then it must break away and allow those walls to fall: those walls, those physical structures, and those mental, emotional, and spiritual structures which are used to give them protection while they grow. As entities begin to expand these so that they can grow out of them, even as the growing child must discard certain clothing as the body grows larger - as this occurs, entities begin moving not only out in terms of size and magnitude, but begin also lifting from the physical into the spiritual levels.

This Awareness indicates the entity grows out of one structure into the next, moving from the crib into the home, into the yard, into the neighborhood, into the city, into the nation, and into the world.

The entity also grows from the crib into the relationship with the mother, into the relationship with the brothers and sisters and other members of the family, into the relationship with the neighborhood children and people, into the relationship with other entities in society. This Awareness indicates that the relationship the child has with its mother as it grows out of these structures, one after another, relates unto the attitude the child has toward society after the child is grown.

This Awareness indicates that the nature of the nipple, the nature of that which feeds the appetite, does also develop in a similar manner. The child moves from the nipple into the spoon, into the glass, into the bottle, and moving from one type of oral gratification to another, the entity may move into the action of smoking, into the action of testing and tasting different flavors, into the action of different drugs and herbs, into the action of different types of conversations, and into the action of different physical sensations relating unto the satisfaction of appetite. This Awareness indicates this relating also unto thumb sucking - that the nature of constantly searching for the big nipple out there somewhere that will satisfy the appetite, this as that which indicates the entity is still groping for individuality.

This Awareness indicates once entities have reached their level of development and the 'pearl of great price,' the individuality has been developed. The entity then no longer searches for that great goal 'out there,' that great nipple somewhere in the sky, but simply accepts himself

for being what he or she is, and then is ready to merge again with the universal forces.

This Awareness indicates that as the entity from the crib moves out in all of these directions, the energy also moves from the earthbound action toward the deeper and deeper involvement in physical matter, or toward the action of social expression, or toward the action of mental and conceptual analysis and discovery.

This Awareness indicates that these various routes: physical, emotional, conceptual, and other types of experiential levels - these are the paths which have been spoken of in the various yoga techniques of the orient, the different yoga systems: the yoga of wisdom, love, knowledge, physical, breathing, tantric - these various types of yoga being likened unto various paths. These are the choices which entities have in their route from the cradle into the world as a way of moving back toward their source.

This Awareness suggests the entity who moves into the physical action, becoming more and more involved with physical levels, will eventually reach that apex wherein he or she is totally integrated and grounded, and the pearl of great price has been formed, and the entity then can return to the source.

The entity moving toward knowledge can also reach that point wherein the total involvement reaches such a level that the pain and agony of knowledge allows the entity then to begin returning toward the source.

The action of moving toward the breathing techniques - these being the various systems for attempting to free oneself from the earthbound levels - these breathing techniques, or whatever system it might be - this eventually can reach such a level of frustration that the entity reaches that point wherein an apex is reached, and the entity in his or her consciousness finally gives up the efforts to achieve anything through any system, and in that surrender, begins to move toward the source.

The action of moving through the path of love, through the path of emotion - this action of moving in this direction will also eventually lead the entity to such frustration that it cannot suffer the pain and agony any further, and the entity will simply have to surrender. And in surrendering, the entity begins to move back to the Source and discover what true love is. For love cannot have desire for itself, but can only be aware of the needs of others.

The entity moving through any of these various paths through life, through leaning on the guru (whether this be an automobile mechanic, a fellow drunk, a social teacher, a political teacher, a radical leader, or a teen-age pal), whoever this may be that the entity leans on for guidance - this as but another route, and the entity shall eventually become so frustrated that there is nothing to do but give up all gurus and turn inward and begin moving back toward the Source.

This Awareness indicates that all of the various routes entities can take through their earthbound experiences are symbolized in the yoga paths which entities are capable of moving through, and can learn much from. This Awareness suggests that these paths are not necessary, and likewise it is not necessary for entities to avoid these paths, for entities may simply observe life on the physical plane as being a park with many paths which they are allowed to wander about freely upon these paths, wherein they may move through the emotional levels, through the knowledge levels, through the techniques and systems.

This Awareness indicates that all of these various paths entities can take without any problem, so long as

they do not become identified with one path and become caught in the path. For the action of being caught in the path keeps the entity earthbound and creates the gravity which holds the entity in that trap, in that cage which was originally sought by the entity as a means of allowing the entity to grow.

This Awareness suggests that you use each of these paths as the nipple and suck what you can from that path. And when it is dry and gives no further sustenance, that you move on to the next, and that in this manner you continue to travel and grow.

This Awareness suggests that you not become hung up and addicted to any path, to any nipple, regardless of how much joy and thrill came from that nipple, for the addiction and identification with that nipple can become a trap which keeps the entity earthbound. And this Awareness suggests that entities can experience these nipples as long as it is appropriate or desirable to them, but that there are more beautiful, more thrilling, and much greater joys in traveling on and on and on without being hung up and trapped and addicted to one system, to one type of gratification, to one form of experience, to one food, to one nipple, to one path, to one system.

This Awareness suggests that there is the whole Universe for entities to experience, and the Universe is full of many mansions, and entities may grow away from their personal cages and begin experiencing more and more.

This Awareness suggests that whatever choice you make, whether it takes you years and years, or lifetimes to wean yourself from one nipple before moving to another - this as your choice, but this Awareness would inform you that when you surrender one nipple and create a vacuum in your life, there will always be another waiting for you, and there are many, many nipples all about, and your choice is only that which asks, "Which shall I fill my life with next?"

This Awareness suggests that you be very cautious and attentive to the types of nipples which you suck, and to find out what traps, what forms of entrapment accompany those nipples. This Awareness suggests that there are many ways, and many of these give freely - but many of these nipples carry with them barbs, hooks, lines, and sinkers which grab upon the entity and hold the entity and attempt to possess the entity and suck the life from the entity which would suck the nipple. This Awareness suggests that this be clearly seen in all levels of your life and in all levels of relationship in terms of entities, structures, foods, drugs, concepts, and experiences, and thrill, and pleasure-seeking. This Awareness suggests beware of the nipple which carries the hook, which wraps the noose around the neck of the one who hungers.



## WHAT IS COSMIC AWARENESS?

COSMIC AWARENESS is the Force that expressed Itself through Jesus of Nazareth, the Buddha, Krishna, Mohammed, Edgar Cayce and other great avatars who served as 'Channels' for the 'Heavenly Father' and who speaks again today as the world begins to enter the 'New Age' of spiritual consciousness and awareness. Since 1963 Cosmic Awareness has been communicating through carefully trained channels. This information is for those who desire to help in bringing in the New Age. Throughout the thousands of 'Readings' given through these various channels, Cosmic Awareness tells us not to believe anything, but to question, explore, doubt, and discover for yourself, through your own channel what is the truth. Cosmic Awareness will only 'indicate' and 'suggest'. Neither C.A.C. or any of the Interpreters is responsible for anything Cosmic Awareness states in any of these readings, nor does C.A.C. or the Interpreters necessarily agree with the statements of Cosmic Awareness. The Interpreters interpret the energies as they see them in trance levels and are not personally responsible for what is said. The Interpreters published herein have no connection with, nor control over the editorial comments and material, including illustrations. This is entirely the responsibility of the editor. Members of C.A.C. are invited to send in questions of general interest to ask Awareness for possible publication in this newsletter.



KICHKA  
TELAD  
Jerusalem  
ISRAEL

Excerpt CAC Reading 6-6-17-93 Paul Shockley Interpreter

### ANY RISKS IN USING DHEA?

( More on the Profitable Cancer Business )

#### Question:

A question from Stephen Kurzweil, MD, in New York City. He writes: "The chemical known as DHEA is being employed to treat many diverse conditions from psoriasis to cancer. Are there significant risks to the routine use of DHEA, especially with respect to the promotion of prostate cancer?"

#### Cosmic Awareness:

This Awareness indicates that this is not seen as being significant. It is seen that there may be rare side-effects, that there may be minor risks involved from extensive use of this substance. This Awareness indicates it appears that there is considerable amount of information available on this substance and that most of this information is favorable from those who have actually experimented and used the substance.

There appears to be considerable criticism from certain areas whereby special interests are threatened by the use of this substance. Such criticism cannot be trustworthy when the are special interests involved by those who criticized, particularly where the criticism comes from entities who have their own financial interests along other lines and who see this as a threat to their financial livelihood.

This Awareness indicates the cancer business of the medical profession has many forms of expression in terms of how to deal with this disease and many of these entities make vast amounts of money from their own particular method of dealing with the disease, and these entities can be quite critical of anything so simple as this substance and its effect on cancer, and such entities will often create statements that are simply not true, to make it appear that the substance is dangerous.

This Awareness indicates that of course, one needs to be cautious about any form of drug or healing substance, but this Awareness suggests that the substance appears to be relatively harmless and greatly beneficial to entities in the treatment of a wide variety of diseases.

This Awareness indicates that this appears to be such that will help to strengthen the entities' immune system and thus help in treating many different diseases.

Excerpt CAC Reading 4-5-13-91 Paul Shockley Interpreter

### Do Right-Handed People Live Longer?

( Left-Handers Have More Accidents )

#### QUESTION:

There's an article that appeared the other day called "Lefties Beware!" Study shows right-handers live longer. I'll read just a little of this and ask Awareness if this information is valid. "A new study backs up growing evidence that left-handers do not live as long as right-handers, in part because they have more accidents. The study of 987 people found that on average, right-handers died at age 75, left-handers at 66. The U.S. average is 75.

"The gap is most striking among men. Left-handed men died on average at 62, right-handed men at 73. Left-handed women averaged 72. Right-handed women, 78. The results are striking in their magnitude said Diane Halpern, a professor at California States University, whose research is to be published today in the New England Journal of Medicine.

"One reason for the disparity was that left-handers were 4 times as likely to die from injuries while driving and nearly 6 times more likely to die from accidents of all kinds." It goes on, and ends with: "About ten percent of America's population is left-handed, and it's also shown that older mothers are more likely to bear left-handers, presumably because of the added stresses older women face during pregnancy.

"Other researchers have shown that left-handers are more likely than right-handers to suffer from a variety of lows, including insomnia, schizophrenia and allergies!" Is there any truth to that information?

#### COSMIC AWARENESS:

This Awareness indicates this generally appears to be valid with the exception being that the number of cases in the research and the location of those cases as that which does not yield a complete representation. That more sample should have been used and samples taken from many different parts of the earth, because lefties live everywhere on the earth. These samples were taken generally from one or two particular areas, which may have some influence on the outcome of the research.

This Awareness indicates that it appears that entities can counter much of this influence by being more careful. This in reference to those who are left-handed, by being more careful and thoughtful and not quite so spontaneous. This Awareness indicates there is a tendency of left-handed people to be governed by the right brain, which is not as rational, which is more spacious and artistic in its nature, suggesting more spontaneity which can be attributing to the accident-proneness of a left-handed person.

This Awareness indicates it is important to realize that simply retraining oneself to be more right-handed does not alter the outcome of the tendencies indicated in the statistics. This Awareness indicates however, that retraining the brains to be more deliberate and not quite so spontaneous can have considerable effect on any tendency toward accidents which appears to be a major factor in the difference that was found in these statistics.

This Awareness indicates that it is not only physical accidents that play a part, but when an entity is excessively spontaneous they are inclined to lose control of mental processes and may find themselves running into problems in terms of business and relationships because of their being spontaneous and this can create physical stress for the entity to deal with, physical and mental stress, which also takes its toll on the entity.

### **When Planning Your Next Incarnation Is This a Factor to Consider?**

#### **FOLLOW-UP QUESTION (AVATON):**

Before an entity incarnates onto this plane, and is putting together the type of program and entrance into this world, is being left-handed or right-handed one of the factors that he considers?

#### **COSMIC AWARENESS:**

This Awareness indicates that this appears to be a consideration that an entity may choose to put into the equation. Some entities do not care. Others do care. This Awareness indicates that it appears prior to rebirth that some entities are most cautious in their planning, many having assistance from those who would help in the preparation for rebirth, and may assist in determining whether to be right or left-handed, male or female, tall or short, or whatever other qualities the entity may choose in order to most effectively hinder or help oneself in a kind of guidance program to let the entity become what the entity most needs to be for that particular lifetime.

An entity may put certain restrictions on himself or herself in order to assure a movement in a particular direction. This Awareness indicates that the entity may also give or program the self toward certain talents and benefits as part of that action of directing the self toward certain purposes and directions in that chosen lifetime.

Most of the difficulties entities experience in childhood were the result of the entity selecting situations that resulted in those difficulties. An entity may choose a particularly difficult parent in order to have certain difficulties in childhood which would allow the entity to push against those difficulties for some future achievement.

#### **The Quality of Resentment In Being Successful**

This Awareness indicates that many entities who achieve great things in life do so only because they had difficulties in a childhood which caused them to feel resentful. Resentment is very closely linked to the quality of ambition. As an entity resents something, the entity also tends to seek to push against that which is

resented and to move toward something more acceptable in the entity's life.

This Awareness indicates the point being that various qualities of character and personality may develop by problems that appear to be hindrances and these character qualities may turn out to be very valuable to the entity in later stages of his or her life. Some of these things are programmed prior to the entity's entry into the physical body with the full knowledge that these difficulties are going to be the cause of some future benefit, or character quality that is needed for a benefit.

### **WHY WANDERERS ARE BORN WITH PROBLEMS AND DIFFICULTIES**

**(If You Have a Mission Why Can't it be Easy?)**

#### **FOLLOW-UP QUESTION (AVATON):**

Awareness once indicated that the Wanderers, who came to earth for specific missions, many, for example, to alert entities to the alien threat, I assume; Awareness indicated that these entities often have a rather miserable childhood, healthwise and so forth, and major obstacles coming up into their lives. I'd like to ask: Why is this? If they have a mission, why wouldn't they try to come in and have as easy a go of it, for more opportunity later on for their mission?

#### **COSMIC AWARENESS:**

This Awareness indicates there is that consideration called character building; that entities generally enter into a situation without any great personality or character qualities given to them at birth. They are essentially blank slates, and the experiences they encounter begin to affect that blank slate to give it character quirks and distortions and impressions and from this, a personality begins to develop, character qualities begin to develop, qualities such as: determination, or surrender, or depression, or self-pity. Either negative qualities or positive qualities.

Perhaps the quality of combativeness. And therefore, in order to develop the qualities that the entity may sense are important in regard to his or her mission, the entity may choose a childhood that has certain problems which in turn develop for the entity those qualities that will be needed in the future work of the mission.

This Awareness indicates that you visualize an entity going into a situation in which he or she may be called 'into battle'. This mission of the battle which they may eventually encounter requires certain characteristics within their psyche. If they are taken in for training to a camp in which they are fed, massaged, pampered and given pleasures of the flesh, and of the appetite, they are not likely to develop qualities that would make them good combat material for the battle they will soon encounter.

Likewise, an entity who has a great challenge before him or her in terms of a mission in life, who comes into a family in which they are fed and pampered and have no obligations, no chores, no duties and are simply spoiled rotten; such entities coming to the purpose in their life, having a mission to perform, would crumble at the first difficulty, at the first sign of resistance, and therefore, would be unready and unable or unqualified for the mission they came for.

#### **Wanderers Tend to be Misfits--Rebellious In Nature**

This Awareness indicates that this is the reason why many of these Wanderers have difficulties. Another reason being that they are not exactly molded mentally to accept the earth life as given. They tend to be rebellious in nature, freedom-loving and somewhat misfit to

the society of the earth. It is as though they know they are different and they do not want to fit and become entrapped in the mold society would put them in, and therefore, by being resistant to the norm, they alienate themselves from others and cause themselves social problems, but so alienating themselves, they also keep their distance from being totally integrated into the world system which they wish to change as part of their mission anyway.

Excerpt CAC Reading 4-10-16-88 Paul Shockley Interpreter

## HAS TIME SPEED UP? (Or Are We Just Getting Older?)

### QUESTION:

A question that came in a couple of years ago from Emily Zuckett I'm going to ask at this time because I've heard people discussing the same thing lately and Awareness has discussed this in the past. She writes: "A question for Awareness: In the last year or two I have noticed a lot of people commenting on time. They say things like "time has speeded up", or "time goes faster these days". I'm wondering if this is a phenomenon of getting older, or if indeed time is somehow different than it used to be? Is it possible that because of the coming graduation or change to the fourth dimension that we need to make so many changes in our consciousness in a relatively short time that it feels like time is going faster because we are having more experiences and awareness in a certain amount of time than previously?"

If it is just "getting older", could Awareness explain how this works? Whatever the reason, whether new or not, it is something that a lot of people talk about and I would appreciate Awareness discussing this."

### COSMIC AWARENESS:

This Awareness indicates that in the level of reality, science has acknowledged that there has been a slight speeding up in terms of time; this in reference to the speed of light. This Awareness indicates that this is so slight however, that it would be unnoticeable in terms of human experience. This Awareness indicates however, that from the human experience and perception, time is relative; that for the entity who is awaiting something, whether it be Christmas, awaiting someone to show for an appointment, awaiting release from jail, waiting for something which they are anxious to experience: time goes slow.

This Awareness indicates that for younger people who are anxious to grow up, to become free of parental domination, to get out there and make their mark; time drags slowly. Thus, the younger the person and the more anxious to get out there and do something, the more the entity experiences dragging time, time moving slowly. This Awareness indicates that for the entity who is involved in something enjoyable, who wants the enjoyment to continue, who is engaged in an enjoyable or pleasant or meaningful conversation, who does not want this conversation to end, who does not want a relationship to end, who wants to keep things as they are, but sees time eating away; for this person, time is speeding up. It is relevant to the attitude one has toward what is occurring in one's life.

This Awareness indicates that were you given a period of three days with someone you love, knowing that the person will then leave and may never return; those three days will fly by at extreme speed. Were you waiting for three days for someone you have not seen in years, and you are anxious and can hardly stand the wait; those three days creep by so slowly. It is a subjective percep-

tion, when entities observe time as speeding up or slowing down. It is a matter of how you want time to go, and when you want it to speed up it seems ever so slow, and when you want it to hold and wait for you, it seems ever so fast.

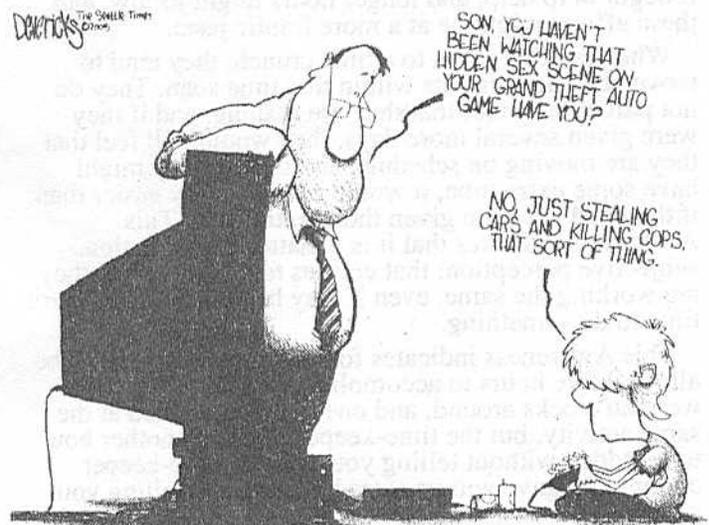
This Awareness indicates naturally, the older one gets and the more the entity sees that which is the prime of life slipping away by time movement, the more the entity perceives time as speeding up. This Awareness indicates as one in youth seeks to get to the prime of life, time seems to go slowly. This Awareness indicates that poets have spoken of this in many ways and it still affects everyone the same. When clinging to something which time is eating up, entities feel that time moves too fast. When waiting for something to liberate, to give benefit, time moves ever so slow.

### The Duration of Events Is Speeding Up

This Awareness has given in previous messages statements to the effect that time is speeding up, but this refers not to time itself, but to duration; the duration of events are speeding up. The duration of matter and how long it remains in its present form will speed up to accommodate and accompany the frequency of consciousness; that as entities rise in higher consciousness to perceive things in a more broad view, to see the whole life in one scan, time seems to speed up; the life's duration becomes more brief than for the entity who is involved only in mundane thinking and cannot perceive the entire life in one scan, for such an entity who lives from day to day without looking forward or back to any great degree, time seems to drag more slowly.

This Awareness indicates that with the nature of television reminding entities of the past, reminding entities of the future, the perception in consciousness expands to include future and past in a scan of life that is more suitable to one of higher consciousness than was available in past generations, where entities were not reminded of the past or future but were focused mostly on today's activities, the jobs that need to be done here and now in order to survive.

This Awareness indicates that essentially, all of the new electronics in terms of their application to the media, to history, to showing history, wherein an entity can watch on the television screen, stories of the future, discussions of the future, and in the next half-hour, be watching something that is out of the past, either ancient Egypt, or 40 years prior to the era of depression or World War 2, or to the last century; whereby all of these can be scanned within 2 or 3 hours in an evening so that an entity has a broader scope of life; this has the effect





of speeding up the entity's perception of time, of allowing the entity to see more clearly the duration of life, of his or her life, and in so observing, the entity then becomes more acutely aware of the speeding up of time.

This Awareness indicates that this has its affect on lengthening or shortening the duration of events so that an entity who might otherwise hold to a particular philosophy or a particular group of entities who set a philosophy which would endure for centuries in the past, now may have their particular group thought gathering and discussing their ideas, and within a week, may abandon those ideas for something new that has come along, thus, the duration of some pet idea may be very short-lived in this generation, whereas in previous centuries that same concept might have been the basis for a religion or club or group or society which lasted for several hundred years.

This Awareness indicates in this sense, the duration of things is that which speeds up and finds its destiny sooner than in the past.

### Murphy's Law At Work at C.A.C.?

#### FOLLOW-UP (AVATON):

Vikki and I were discussing something along this line the other day. We were observing that for over 10 years we've been getting the CAC newsletter out every two weeks, and a year or so back we switched to three weeks, for various reasons, and now it seems like we're putting in the same amount of energy and time, and it seems like it's taking as much time to do it in three weeks as we used to do it in two, and we marvel how we were able to do it in two weeks for that long a time, and I was just wondering if that was an aspect of time speeding up or was it simply a variation of Murphy's Law at work?

#### COSMIC AWARENESS:

This Awareness indicates that this as likened unto the Murphy's Law principle; that given a certain amount of time to get something done, entities will use that time it will require to do it. This Awareness indicates that in essence, more effort in terms of the quality of work goes into the action at this time, whereas in previous times, there was the rush and often others would need to be brought in to help, and longer hours might follow, and these efforts might be at a more frantic pace.

When entities get in to a time crunch, they tend to move at a pace that fits within that time span. They do not particularly feel that they are rushing, and if they were given several more days, they would still feel that they are moving on schedule, and though they might have some extra time, it would not seem any easier than if they had not been given those extra days. This Awareness indicates that it is a matter of perception, subjective perception; that entities tend also to feel they are working the same, even if they have been given extra time to do something.

This Awareness indicates for example, were you to be allowed five hours to accomplish something and there were no clocks around, and one day you worked at the same activity, but the time-keeper allowed another hour to be added without telling you, and the time-keeper continually gave you an extra hour without telling you, so that every day you were working 6 hours and thinking

it was five hours, you would gradually reach the point where you felt you were working the same as you had all along, even though during the transition you might feel that it was easier this time than before; once you become used to the six hours, it will see as though it is the same speed as before.

This Awareness indicates that time, for an entity who is unconscious is very difficult to measure on a subjective level. Likewise, an entity who is totally distracted from time, even though conscious, will have difficulty in knowing how much time has passed. This Awareness indicates that one can be so engrossed in something as to be able to spend several hours without realizing that hours have passed. The entity may be working on something, and sit there working, engrossed, with great attention and focus, and then look up and see that it is dawn and the birds are starting to chirp, and the entity might wonder: "Where have I been? I thought it was only about two o'clock in the morning!"

This Awareness indicates this is because the entity's focus is not on time, but on the duration and the accomplishment of the project. This Awareness indicates that the entity in giving total attention to the project, without relating it to other things by which to measure time and duration, will lose track of time, and it is also such that an entity in mid-life tends to be so much more concerned with things that are going on in his or her life that weeks begin to fly by very quickly, and Christmas comes around more often than when the entity was a child. The entity who is a child can hardly wait to get out of the first grade and into the second, out of the second and into the third. The entity who is a child can hardly wait to get from one birthday to another. It is urgent that the entity grow up as fast possible. The entity is seeking to get to the point, to the place in his or her life where he or she can do what they came to do. This Awareness indicates that because of this sense of urgency to hurry, time seems to go very slowly. It is as though the child were in some kind of prison, putting in years before release.

This Awareness indicates that all of this, of course, is timed by the same clock, the same clock for everyone. The old man, whose life is passed, who feels himself rushing toward the grave, attempting to cling to those things of the past, sees that clock moving ever so fast, sees the years passing by ever so quickly, while the child, at his knee sees life dragging ever so slowly, the clock barely moving, the ticking taking so long between seconds, the hour-hand hardly moving at all, the minute-hand moving so slowly you can hardly see it; the child waiting, waiting for all of these enormously long hours, minutes, days weeks, years to pass, so that the child can do what he or she has come to do. It is an enormous amount of time that the child must experience in order to finally become and to do what is his or her purpose, but for an elderly person, the time, the minutes fly by. The entity glances up: four hours have passed since he started to do something. He was going to do some simple job. He forgot. Four hours went by. It's too late now to do it today. Tomorrow perhaps.

The next day the entity looks up and decides to start the work. An interruption occurs. Another, and another, and the entity realizes he's tired, it's too late to complete that job, and so the job is put off again. Two weeks later the entity has still not completed the job. Perhaps filling out certain things in the book, doing his taxes or doing something that should have only taken a few hours, but the entity is still waiting to get the job done and days have passed, and time is running out. This Awareness indicates for this entity, time goes ever so quickly, and

yet, it is the same clock, observed by the child as moving ever so slowly.

### Will Time Start Running Backwards? (More on Black Holes and the "Big Bang")

#### QUESTION:

Speaking of time, John Dandsdill, of Broderick, California, sent in a tabloid article which I'll read. He had the request that, as far out as it is, we ought to maybe have Awareness check it out.

"Expert says Time will start running backward in 1989. Time will stop its forward march and start running backward in 1989 causing history to start repeating itself in reverse. That's the mind-twisting claim of Dutch physicist Jan Colson, who says the universe will stop expanding and actually begin to recede on January 21st, 1989.

Einstein predicted the effect decades ago, and modern methods confirm it", the expert told reporters in Amsterdam, Holland. The implications are staggering. Instead of growing older, people will all become younger and younger until they cease to exist. "Every man, woman and child who has ever lived, will live again."

Dr. Colson's report, not surprisingly touched off a debate among scientists around the world. Better than 60% of physicists called the idea of time running backwards impossible. Others said it is possible for time to run backwards but disagree that Dr. Colson's prediction that it will happen next year.

Undaunted, Dr. Colson insisted that his projection is totally accurate. "From 1989 on, time will run backwards", he said, "and it will continue to run backwards until the entire universe is small enough to fit on the head of a pin." If Dr. Colson is right, the older a person is today, the better. "A 90 year old person will have a guaranteed lifespan of 90 years" said Dr. Colson, "but a one year old baby will have only one year to live. Of course, the end of life will not be death as we know it today. We will merely drift back through the bliss of infancy until we disappear. When our generation vanishes, the previous one will rise up from the grave. They too will grow younger until they cease to be, and the next dead generation appears."

German physicist Otto Wolf, called Dr. Colson's projections intriguing, but far-fetched. "We physicists often wonder whether time can run backwards and what might happen if it did", he told reporters. "Personally, I think time can run backwards and one day will, but I don't think it's going to happen any time soon, at least not in my lifetime."

End of article. Would Awareness please comment on that article?

#### COSMIC AWARENESS:

This Awareness indicates that this is indeed far-fetched in terms of the concept itself; that it is totally illogical in the way the entity has described this phenomenon. This Awareness indicates for example, the child who moves back in time, becoming younger and younger, would then, in fact, if time were running backwards in this literal sense, need to return to the womb and become a fetus, growing ever smaller until the moment of conception which would not have occurred, but would be retracted at that moment and the entity would then never have consummated, and therefore, these entities then would also return, in time, to the womb from which they came. This Awareness indicates it is utterly illogical that it would be in that manner.

Transcriber's Note: There is an amazing science-fiction novel written about just this event! called *Counter-Clock World* by Phillip K. Dick.

#### The Breath of Brahma Will Eventually Occur

This Awareness indicates however that in reference to a more logical understanding of time moving backwards wherein the universe retracts and goes back from the Big Bang to a tiny point of immense energy, things could and indeed will someday move toward that return of the energy. It is what is called the Breath of Brahma, whereby the Big Bang is the outgoing breath and all things in the universe move outward as a kind of explosion that results from the compression of energies to a central point in the universe, and that central point being so compressed it can no longer compress any further, moves through a transmutation and energies begin to radiate and emit outward, and when moving far enough, cool and result in the formation of matter.

This Awareness indicates that in time, when the matter has moved far enough, it begins to create a vacuum in the center from whence it came, at the center of that which is termed the Big Bang, and all these things then begin to rush back to that vacuum, and as they do they become more and more closely aligned, creating friction and heat and compression, and they again become very close and tight and that which has been termed the black hole, in which light moves into gravity with such immensity that it becomes a black hole; this then begins to compress to the point where it again reaches a point in which there is an emanation of energy coming forth.

#### When We Enter That Black Hole Called Sleep

This Awareness indicates that of course, each particle in the universe is a reflection of this black hole activity of creation, and within every individual, within every living being, there is this black hole. Entities in moving into that which is termed sleep enter in to one side of the black hole within their own being and upon leaving that sleep, come to the other side. It is the yin and yang, and entities move to and from that black hole which occurs in a particular dimension for everything; that the death itself, the death process is one in which the soul moves from one side to the other in terms of this black hole effect.

#### The Make-Up of "All That Is"

Essentially, the universe moves into that which is the black hole of magnetism, is drawn as a great gravity or magnetic pull to the black hole, and then from there radiates out into that which is light, and that becomes the emanating force known as the Big Bang that creates the so-called universe. This Awareness indicates that this pulsation which is known as the yin and yang in oriental philosophy, and which exists in all levels from universal size down to the most minute particle of the atomic level is that which makes up all that is.

This Awareness indicates that the movement of these energies to and fro is the only way that time can be measured. Measurement of time is but the duration of one thing in its movement to another, thus, you may measure time as how long it takes a car to pass a train when the train is moving at one mile an hour and the car is moving at 60 miles an hour, it would take a car one minute, and this would be equivalent to the movement of an hour hand in relation to a minute hand. This Awareness indicates that this is in reference to the train moving one mile and the car moving at 60 miles an hour, and thus the car would be moving one minute in order to pass the train during that time.

This Awareness indicates that in reference to the time which is commonly used, in which artificial clocks have been made to measure the movement of time of the earth spinning around one day, and the minute-hand spinning

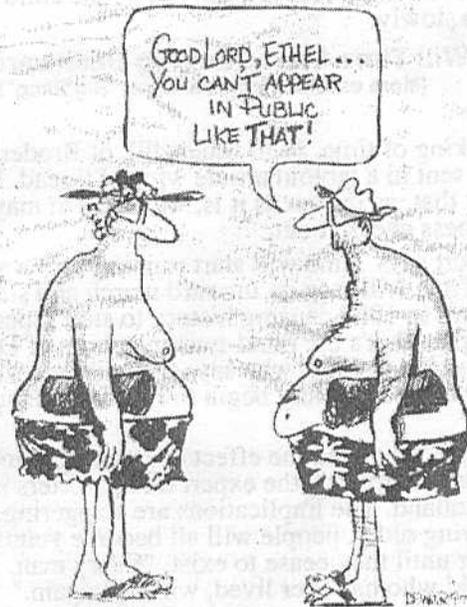
around each hour, that this is not really a measurement of time, but merely a measurement of the duration of certain cycles, and when entities say that time will reverse and everything will move backwards, it would require that the film itself move backwards and everyone go back and do those things which were done minutes before, in a backward motion, just as turning the film around.

This Awareness indicates that this is not the way things work; that the reverse of time is an illogical concept. The reverse of matter is the concept that may occur as the energies begin to reverse and move back toward their source. This Awareness indicates even if such energies did reverse in 1989 and begin moving back toward the source of the Big Bang, entities involved in life would continue moving forward toward new experiences, rather than moving back toward the old experiences, for time does not exist, only duration and direction of movement exist, and if particles began to reverse themselves, if polarities reversed themselves, the entities' polarities would also reverse themselves, and although they might, in many ways change, they still would move in new experiences rather than reversing and going backwards like a film.

**Entities Will Move Into the Spirit World of Antimatter**

This Awareness indicates in fact, if polarities reverse themselves, entities would in actuality move into that which is termed the antimatter realm, or that which this Awareness calls the spirit realm, wherein spirit becomes more dominant than matter. This Awareness indicates this indeed has validity, that as entities move forward in time, or that illusion of time, they approach more and more that moment in which a flashpoint occurs. In fact, there are many such flashpoints in which increment after increment, things change and polarities diminish until a balance-point is met, so that the polarities are not so much rocking the boat, but are in harmony, and balance occurs, and when this moment of balance occurs, great harmony throughout will be felt, and then if energies proceed to reverse the polarities, entities then will become more spiritual in nature and less material, and shall, at that point begin reversing their movement and going back towards the source, the beginning of their being.

This Awareness indicates this is what is in store for humanity; that this of course can take eons of time, or entities can find that reconciliation and move into immediate harmony with the Divine and begin moving toward the source of their being.



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