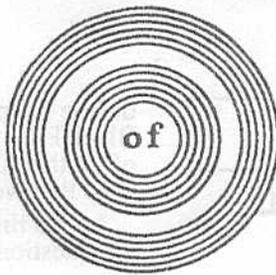


Revelations

The Cosmic Newsletter



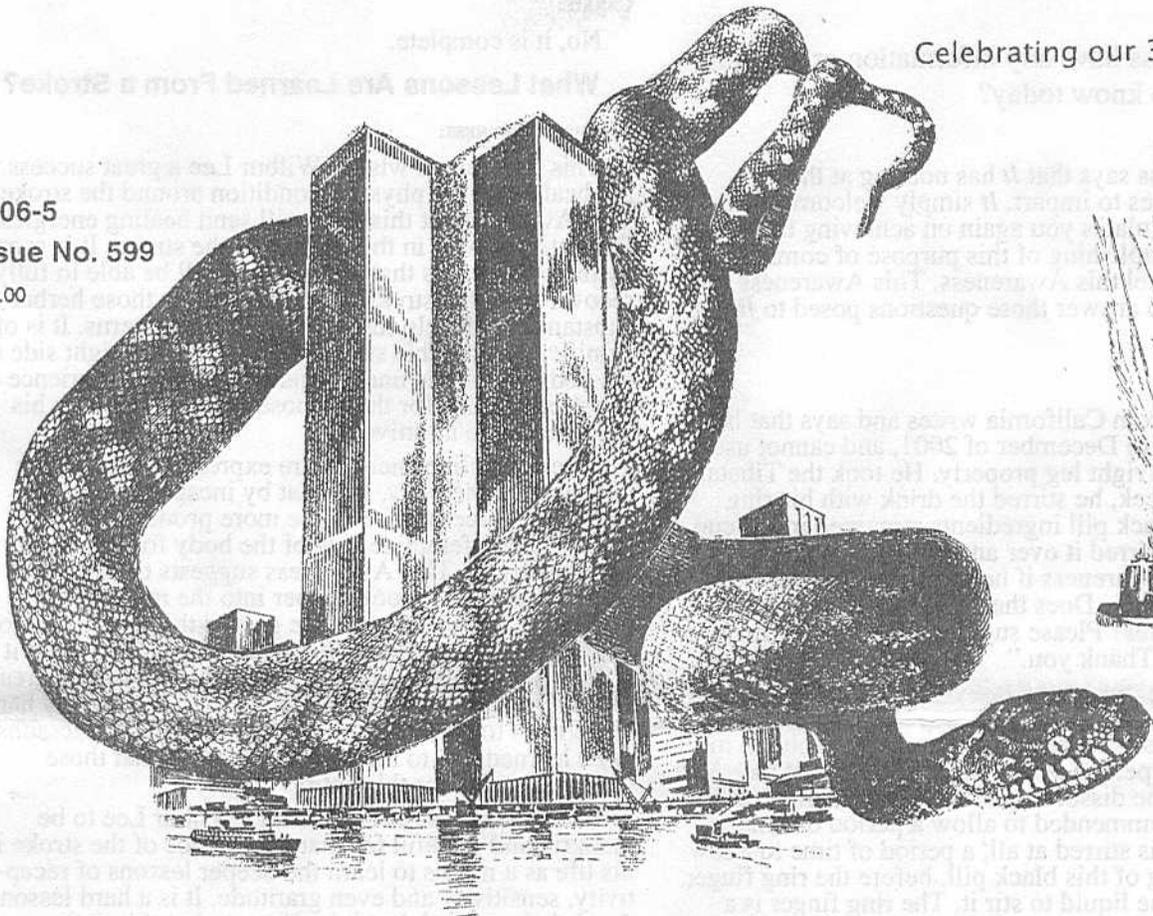
Awareness

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Celebrating our 35th Year!

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... "the greatest act of tyranny and treason ever perpetrated on a free people"
—Cosmic Awareness

QUESTIONS ABOUT 9-11

Were 19 alleged hijackers responsible or was it a
Government operation?

- Is Alzheimer's Really Mad Cow Disease?
- How to deal with a catatonic daughter
- How Spiritual Healing works
- The Cosmic Awareness Spiritual Development Course
(TAURUS: Volume 2 Lesson Number 5)

Index is on page 7

Excerpt from a CAC reading April 11, 2006. Will Berlinghof
Interpreter and Carrie Energizing

THE FAMOUS TIBETAN BLACK PILL (Does It Help People Who Have Had a Stroke?)

The Law of Love is recited.

QUESTION (CARRIE):

Does Awareness have any information or anything you'd like us to know today?

COSMIC AWARENESS:

This Awareness says that *It* has nothing at this moment that *It* wishes to impart. *It* simply welcomes you back and congratulates you again on achieving this union, this accomplishing of this purpose of coming together to channel this Awareness. This Awareness is at this time ready to answer those questions posed to *It* today.

QUESTION:

Wilbur Lee, from California writes and says that he suffered a stroke in December of 2001, and cannot use his right arm and right leg properly. He took the Tibetan Black Pill last week, he stirred the drink with his ring finger, but the black pill ingredients remained in the cup, even though he stirred it over and over again. He's asking Cosmic Awareness if he is stirring the black pill ingredients correctly. Does the Tibetan black pill help people with strokes? Please suggest a proper treatment in his condition. Thank you."

COSMIC AWARENESS:

This Awareness suggests that there is no problem in the way that this person is stirring his drink; that the problem lies in the dissolving of the Chinese black pill, and that it is recommended to allow a period of time before the drink is stirred at all, a period of time to allow for the dissolving of this black pill, before the ring finger is inserted into the liquid to stir it. The ring finger is a significant digit of the hand to stir this drink and this alchemical preparation, that is the concoction of the black pill, the herbal medicines.

There is energy in the various digits of the fingers of the hand. The index finger, known as the Fire Finger; the ring finger, proving an energy that allows the release of the herbal substance to infuse the teas, to infuse the drink, that will allow a proper healing to occur. It is seen simply as a matter of the fact that the black pill being used seems to be of an older quality; older in the sense that it does not dissolve, and has not dissolved as quickly as those tablets that were prepared more recently.

Again, it is recommended to simply allow the pill to dissolve in the water, for a longer period of time is needed. It is also seen that it is possible to try to crush this pill, but not with metal. A wooden implement of some sort, a single wooden chopstick for example, could be used to crush the pill if it does not dissolve after let us say, ten minutes in the liquid, and that after it is crushed, then the stirring with the index finger, the Wind Finger, would be recommended. It does seem that the Tibetan Black Pill would help in the treatment of the condition due to the stroke. It is recommended that the individual continue to use it with the recommendation of crushing the pill with a wooden implement and then stirring it with the ring finger.

It is seen that it is also important that the ring finger does not have a ring on it, when this is used to stir up the tea. Metal introduced into the liquid will certainly

defuse the potency of the herbal product, the Tibetan Black Pill. It is recommended that any rings be taken off at that time, even gold rings, because of the interference that would be caused.

At this time, this Awareness asks if there is more to the question that needs to still be answered.

CARRIE:

No, it is complete.

What Lessons Are Learned From a Stroke?

COSMIC AWARENESS:

This Awareness wishes Wilbur Lee a great success in the healing of the physical condition around the stroke. This Awareness at this time will send healing energies to this entity to help in the healing of the stroke. It is seen by this Awareness that Wilbur Lee will be able to fully recover from the stroke, especially using those herbal substances that help realign the energy patterns. It is of significance that this stroke occurred on the right side of his body, given the understanding that this experience of the stroke is also for the purpose of understanding his more sensitive intuitive side.

The masculine energies are expressed through the right side of the body, and that by incapacitating the right side, forces the left to be more prominent, forces the use of the feminine side of the body for receptivity and sensitivity. This Awareness suggests to the entity Wilbur Lee that he look deeper into the reason behind the stroke, and to what can be gained through the lesson that is presented through this experience. That while it is a terribly demanding experience, and one that has great impact, not always of a positive nature, and is very hard sometimes to live with, that there are still great lessons to be learned and to receive; the wisdom that those lessons provide for this entity.

This Awareness asks the entity Wilbur Lee to be thankful and grateful for that occurrence of the stroke in his life as a means to learn the deeper lessons of receptivity, sensitivity and even gratitude. It is a hard lesson that is being asked, but it is a lesson that this entity himself has called into his life for the purpose of learning the truth of his imbalance, so that his physical body, in a state of imbalance now, can teach him balance, can teach him the balancing of the masculine and the feminine, can teach him the balancing of assertiveness and passiveness, of action versus receptivity. At this time, the lessons are lessons of receptivity, are lessons of nurturing, are lessons of acceptance of this new status of his being.

While substances like the Tibetan Black Pill are seen to be highly beneficial to the long-term acquiring of health and mobility again, that there are other inner lessons that are also very important, other inner healing work that needs to be done and accomplished at this time, and it is recommended that this entity Wilbur Lee look at the broader spectrum of the stroke itself and what it is all about for him, what it has forced on to this entity in terms of patience, faith and trust; that there are grounds here for growth and for healing.

This Awareness will take the next moment now to pass on *Its* healing energies to this entity, in assistance and in support of his healing and his healing journey. (Pause for healing energies)

This Awareness is complete with this question and wishes Wilbur Lee the very best. This Awareness indicates that another question may be asked now.

QUESTIONS ABOUT 9-11

Were 19 Alleged Hijackers Responsible or Was It Just a Secret Government Operation?

(Pandora's Box is Finally Opened)

QUESTION (CARRIE):

This letter is from JD in New York. (She? I assume this is JD Rabbit) has comments and a couple of questions that all kind of tie in together.

She writes: "On September 11, 2001, A friend of mine was driving past the Pentagon when he noticed a plane flying low, heading into it. I do recall an item on NPR news that morning, regarding an explosion in the basement of one of the towers after the plane hit it. Please ask CA: Were 19 alleged hijackers responsible, or was it just a secret governmental operation? Were the planes commercial flights or were they remotely controlled? If not commercial flights, I would like to know how the presumably remote controlled freight planes were made to appear to be commercial flights."

COSMIC AWARENESS:

This Awareness asks for clarification of the question; that *Its* assumption is that this entity JD is asking of the events surrounding that day known as 9-11.

CARRIE:

That is correct.

COSMIC AWARENESS:

This Awareness asks that you start at the beginning with the first question.

QUESTION:

Were 19 alleged hijackers responsible for all the damage, or was it just a secret governmental operation?

COSMIC AWARENESS:

This Awareness suggests that what is seen is a Pandora's Box; that while *It* can and will provide the information questioned, *It* wishes it to be known that opening this Pandora's Box at this time will mark a departure from the official stance that had been taken by the organization CAC against reporting such things in the past or making comment on such events in the past; hence the long silence of this Awareness over these matters. *It* wishes to clarify also that the organization *Cosmic Awareness Communications* was supporting the Interpreter for this Awareness at that time; that Grace the Interpreter did not feel comfortable to make comment on the political and social events that were what she considered to be of a negative nature, and that would focus attention to these negative matters.

This Awareness understood that attitude, and that through the awareness of the present Interpreter, is able to deal with these issues, is able to answer the questions, is able to open the Pandora's Box and to look within. This Awareness simply wishes this to be known at this time; that the present Interpreter is indeed willing to go there, to go out on the edge, out on a limb, so to speak, and answer the questions.

These 19 Arab Men Were Scapegoats

At this time, this Awareness wishes to make comment on the alleged 19 Arab terrorists that have been accused of being responsible for the lethal attacks against the World Trade towers and against the Pentagon; that it is

not the case that these 19 individuals were truly responsible for these attacks.

They are simply a blind, a red herring, a distraction away from those who were truly responsible for these acts, who were truly behind against the true terrorists attacks against that great nation known as the United States of America. These 19 Arab men are not only a scapegoat, but the reason why the present government was able to direct world attention against the Arab nations, to make all Arabs culpable and responsible for the horrific actions of the day. Through this action they put the nation in a state of war, in one quick swift day of action against this nation of the United States of America.

The 19 accused individuals were simply set up, just as the continued accusations against Arabs and Arab terrorists is a prolonging of that attack, of that purpose of making Arabs the scapegoats and the targets of aggressive hostile actions. This Awareness wishes to say unequivocally, that those 19 Arab terrorists *did not* fly the planes into the tower or into the Pentagon, were *not* in the plane that blew up over Pennsylvania; that they were simply used to distract and mislead the American populace, as well as the world, away from the truth.

A Supreme Act of Deception

This is a supreme act of deception and the classic case of misleading the eye away from the hand that truly holds the coin, that truly is the hand on the rudder of the plane, on the wheel, that flew those planes into the towers. This Awareness has more to speak on this also, but at this time wishes to ask again if that question is complete, or if there is more that would be needed at this time.

CARRIE:

JD asks: "If not commercial flights, I would like to know how the presumably remote-controlled freight planes were made to appear to be commercial flights."

COSMIC AWARENESS:

This action was a planned out action; that those freight planes were not simply taken the day before and then pressed into service. There was time to repaint those planes and put out the logos onto the surface of the planes; the paintings, the markings that would make them look like those other planes, the planes that allegedly crashed into the buildings involved, and that this is how it was done. It was an act that was planned out in the greatest detail. The planes that were used were prepared in advance. The hijacked planes were landed, the passengers killed, the planes substituted and then flown into the Twin Towers of the World Trade building.

A Missile Not a Plane Was What Hit the Pentagon

There was no plane of a commercial nature that was flown into the Pentagon. This is another act of misleading. The person that is being sought is the illusionist, that through his acts of deception, leads the eye away from the hand that is truly holding the coin, and that this is also what occurred. The reports of a commercial jet liner crashing into the Pentagon are erroneous and false reports. It was indeed a smaller experimental plane, a version of the missiles used in the Gulf region that was flown into the Pentagon that caused such damage, that caused those explosions, that penetrated deeply into the second barriers, past the first part of the Pentagon.

There was no commercial plane, there were no Arab terrorists in the bogus airplane. There were no Arab terrorists in the planes flown into the World Trade buildings. They were remote-controlled as this question

suggests, and they were not the cause of the collapse of the World Trade buildings. This Awareness asks for the question to be repeated if more is needed in the answer.

CARRIE

I feel that you answered the question.



IT'S TIME FOR THE TRUTH TO COME OUT

COSMIC AWARENESS:

This Awareness wishes at this time to state that it is time for the truth to come out. There are many reports of the events of the day, of the occurrences that were bogus and misleading, with the designed purpose of shifting the direction of the great nation known as the United States of America away from that of being passive in its world efforts, to one of aggression and hostility, of being an invader of countries for their own gain, and to support the agenda of those in control; those not necessarily of the government, but those forces and powers behind the governments, not only of the United States, but of all countries, of all nations.

There are those evil men and women who understand the truth of the events of that day known infamously now as 9-11, for these men and these women are the very ones who set this up for their own purpose, to serve and fulfill their own agenda. Many died, but those who died, were seen by these power-brokers as pawns to be used to achieve their goals. That is the great sadness in the events of 9-11. Many innocent people were sacrificed, not to serve a royal and high goal, but to serve the machination and purpose of those who would bring this world to its knees.

Those who died did not die vainly, nor without purpose, for in truth, their sacrifice was a sacrifice with great reason and great purpose, and one day, these events will be seen in their true light. The truth will be out, and those innocent ones that died in the three incidents of that day will be seen in new light and with new respect; not simply as the helpless victims of an Arab attack of terrorism, but rather, enlightened souls who freely gave their lives to help push events ultimately to a place where changes can be made, where the truth can be brought forth, where the world will be a better place because of their supreme sacrifice. But this is a time yet to be, yet to come.

Awareness . . . acknowledges the Supreme Sacrifice of the 3000

It is still at this time too early to understand the supreme sacrifice of those individuals, over three thousand individuals who died on that day, but that this Awareness wishes at this time to acknowledge their supreme sacrifice, and to thank those who gave their lives, and to thank those families, who, in their suffering, have also played an important role in the unfolding of events, and that those events continue to unfold, and there is seen a tidal wave building up to clear the air, to clear the ground, to clear the space so that the truth of what 9-11 was truly about, can finally come out.

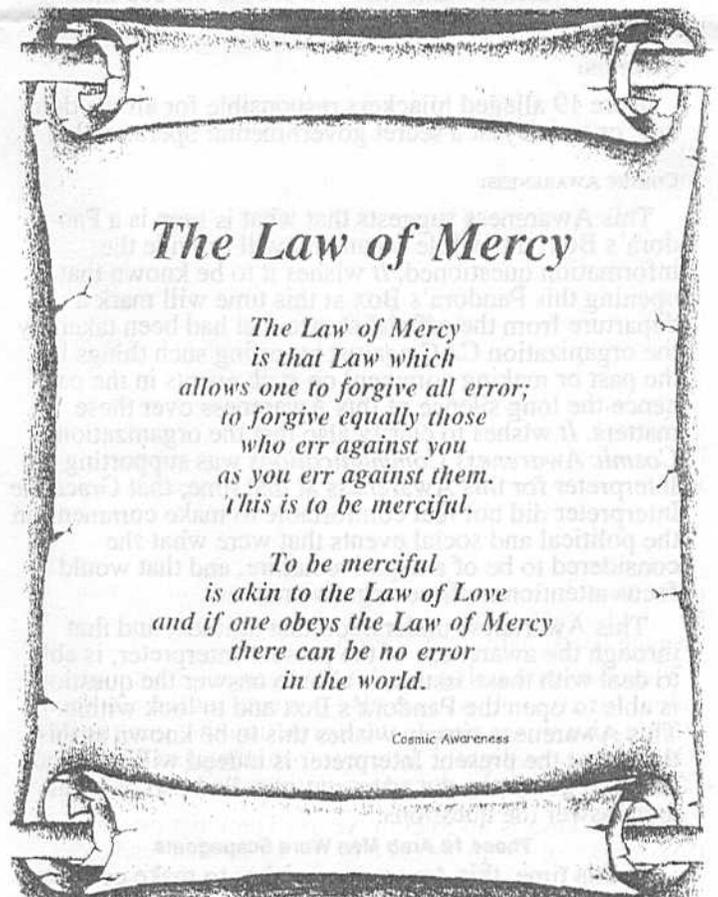
There is still seen a ways to go before this truth truly will surface, but that there are many who now know the truth, many who hold the truth, and many who work for the truth to come out. These events will continue to unfold over the next several years, but there will be a time when this event, this day, is seen clearly.

The Greatest Acts of Tyranny and Treason Ever Perpetrated

The events of that day 9-11, will be understood as the greatest acts of tyranny and treason ever perpetrated on a free people, and that those who are the perpetrators of the atrocities of that day will be brought to justice. This is ahead, yet to unfold.

At this time, this Awareness is complete on this matter, and on this subject, but this Awareness does state that *It* is available to speak further on these events in the future.

This Awareness is ready for the next question.



Is Alzheimer's Really Mad Cow Disease? (Another Cover-up is Exposed)

QUESTION:

This is the final question for today, and it's from Zoey St. Germaine in California. She writes: "I have read many now living in the US with what is called Alzheimer's, actually have Mad Cow Disease. Someone at a University did autopsies. These were their findings: Mad Cow Disease can percolate for 20 to 30 to 40 years as I understand it. Interesting, if this is yet another government cover-up. What would a prevention be? Hulda Clark's Zapper comes to mind."

COSMIC AWARENESS:

This Awareness indicates that this member's observations are affirmative. The disease that is known as Alzheimer's is indeed a variation on the illness known as Mad Cow Disease. It is indeed part of a greater cover-up. Now, this cover-up is not simple in terms of being simply a cover-up of Mad Cow Disease; this is a cover-up that goes much deeper, and much farther. It is part of the cover-up of the medical scandal, the medical fraud, the medical deception that the people of the world are subjected to.

Those people of the North American continent and the Western World are more at the mercy of the medical deception that is perpetrated on them, for the very reason that they are more "into" the allopathic medical approach versus traditional medical healing approaches and medicines. This deception goes so far beyond the scope of simply the one illness, the Alzheimer's disease that the member Zoey St. Germaine mentions, that it is almost too much to deal with at one time.

Therefore, it is appropriate to focus on the matter brought forth, the matter of Alzheimer's being a version of the Mad Cow Disease. Simply know that more information is available at other times regarding the other facets of the deceit, of the introduction of ill-health and un-well-being as a way of life to the western populace, the Western World. Turning back to the question posed, that being that Alzheimer's is a derivation of Mad Cow or an expression of that disease known as Mad Cow; that it is seen that there is a slight difference indeed, to that actual disease that is known as Mad Cow Disease, but that it is indeed as has already been spoken, a derivation of that disease.

Aluminum Not Necessarily the Culprit-But What's Cooked In It

It has been suggested that aluminum is also culprit to the onset of Alzheimer's. It is seen that it is more what is cooked in aluminum pots that has triggered the onset and the rapid increase of Alzheimer's. Those health officials who have long put out that it is not possible for infected meat and infected beef to affect individuals have long been covering up the truth of the matter; that many times and for many years, infected beef has indeed been introduced into the human food chain. Often cattle that had died mysteriously were still slaughtered and brought into the food chain, infecting many people.

The observation that this can lie dormant in an individual for 20 to 30 years is also correct, but there is seen though, that this is part of the distinction that qualifies Alzheimer's as slightly different from the Mad Cow Disease, because the normal gestation period of Mad

Cow's Disease is up to eight years. The longer period of time is part of the difference of the strain that leads to Alzheimer's, but that basically, it is still of the same family of the disease. The cover-up of those in the food industry of the government agencies, who passed meats, especially beef, knew that what they were doing was wrong, but that their guidelines stated that they were to



"The golden arches! The golden arches got me!"

do this; that their supervisors forced them to do this; that the system supported these actions.

Today's Food System Still Allowed to Introduce Infected Meat

This Awareness indicates that too often infected meat product was introduced into the human food chain with total awareness. It is seen that there is a support of the corruption to this system that would allow the false grading of the meat, the passing of those meats, and that this is a system that even now is supported, is allowed to work this way, is allowed to introduce infected meat.

This is part of the greater deception and the greater plan of the destruction of individuals, of the killing off of the masses through such procedures, through such means. This Awareness suggests that because of the long period of time often involved before the onset of the disease of Alzheimer's, that many may already be infected, not realizing that they even contain within them the seeds of their own destruction and their own disrepair, their own dis-ease.

There are ways though, to destroy the parasitic energies that are involved in this disease, for it is seen that there is a type of parasite involved in the disease known as Alzheimer's that exists at such diminutive levels, at microscopic levels, at even inter-dimensional levels that slowly feeds on the brain and the substance of the brain, and that indeed, Hulda's Zapper is one tool, one method that could destroy the parasitic life-forms that go on to feed on the brain and destroy the brain. This Awareness wishes again a repeating of the name and tool for confirmation that *It* has spoken the right person's name to the tool used.

CARRIE:

Hulda Clark is the name, and it's called a "Zapper."

COSMIC AWARENESS:

It is indeed Hulda Clark, and her Zapper, which is a low-grade bio-electromagnetic means of introducing a pulse energy into the body, and it is this bio-electromagnetic pulse that would destroy the parasitic life-forms that constitute the virus that evolves into the Mad Cow Disease. This would be a highly effective means of stabilizing the human system and destroying



"Wendell ... I'm not content."

any parasitic form of life that is contained within a person's body. This would also be a very highly effective means of dealing with other parasitic forms that have invaded the body also, so this Awareness does support the use of Hulda Clark's instrument known as the Zapper. *

This Awareness asks if this is sufficient to the answering of this question by the member Zoey St. Germaine.

KERRY:

It is complete.

Ed's Note: The FDA has tried unsuccessfully to keep Hulda Clark's Zapper off the market. With new technology, today's Zapper has evolved into the "LCD Super Zapper Deluxe" and it comes in a kit including batteries, instruction book, wristband electrodes etc. and a carrying case for \$189 plus \$8 shipping from Transformation Technologies, 4110 Lyceum Ave., Los Angeles, CA. 90066. Or call toll free 1-877-287-0912. (Not available online). Awareness has previously recommended the Zapper and more info on this device can be found in any of the Hulda Clark books.

CLOSING MESSAGE:

HOW YOU SHOULD HANDLE THIS INFORMATION

COSMIC AWARENESS:

At this time, this Awareness is complete for today. It does however, have a closing message, relating to the more controversial questions that for a time were not answered by this Awareness. This Awareness has already expressed *Its* willingness to once again open the Pandora's Box, to once again answer those questions that the membership have sent, which previously were not dealt with (answered) some of which the Interpreter Grace felt contained negative energies and controversial subject matter. This Awareness does wish the members to have the awareness of what is truly happening, so that they can see the events clearly and that they can understand the nature of the manipulations that are occurring behind their backs. Awareness is the seeking of truth, and that truth is awareness, and that by being aware, one is able to make informed decisions and prepare themselves in the event the circumstances require action.

Be Non-Judgmental and Don't Get Obsessed

But this Awareness does say that there is a fine line between becoming too absorbed and obsessed with the negative energies around the controversies of the day versus simply being aware, but nonjudgmental, and not obsessed by those controversial events. This Awareness is willing to help people find the truth and to increase their awareness, but still admonishes against obsession with those negative events and with those negative individuals, those dark individuals who perpetrate such actions against humanity.

This Awareness highly suggests that the answer is not to be found in fighting or opposing those forces in active campaign. This Awareness cannot condone or support aggressive actions or militaristic actions against the alleged enemies of the state, for this is only falling into the same dark corrupted energies, negative energies that are in control at this time. The way forward is through the elevation of spirit, through the allowance of the Spiritual Light into our lives, into the lives of those who see the truth and seek the truth, who seek to be aware and to bring those energies into play, that can truly change this world, that can truly bring Light into this world.

The taking up of arms is not the way, and does not bring Light into the world or better anyone's life. It simply perpetuates the Dark Force energies. To do battle against them with their own weapons is not the answer. To obsess about the events of the world, to storm against them, to rail against them is not a way of defeating or doing something affirmative against those dark agents. This Awareness fully supports the need to be given information to make informed decisions therefore, but does not support the taking of this information to wage war or to send out hate against those who are doing these actions at this time.

Send Unconditional Love and Light to the Dark Forces

This Awareness rather would ask that the membership always send unconditional love to these individuals, for they too play a part in the whole, a part in the unfolding of the events that are moving this planet to the next level.

This Awareness asks the membership to hold the Light and to send the Light to those who are in the darkness, who do not understand, and who are actively working against the Light; to surround those individuals with the Light, be they individuals at the national level such as the president and his cabinet, or local individuals and politicians known personally to individual members; to send the Light and unconditional love to help those individuals to find their way forward, to find their way out of the darkness.

This Awareness wishes to conclude with these words: There are times when it is important to know the truth, to be aware of the darkness, but that it is always the truth way to fight this with Love and Light. This Awareness wishes at this time to send Love and Light to the member as these times fall upon this world. At this time, this Awareness sends unconditional Love and unconditional Light to the membership.

(Long pause)

This Awareness is finished in sending *Its* blessings to the membership, and asks that the Interpreter be brought out of trance at this time.

(The Law of Gratitude is given)

JOIN THE WORLDWIDE MEDITATION FOR WORLD PEACE EVERY FRIDAY AT 9: PM

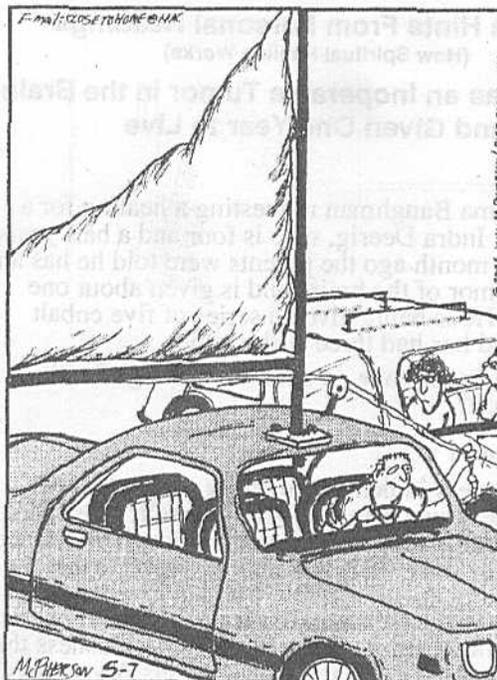
Details on the CAC Internet Domain:
<http://www.CosmicAwareness.org>

Law of Forgiveness

*Wherein an entity can
cease to continue the wheel of karma,
wherein an entity
willingly stops the wheel of karma,
no longer seeks revenge,
no longer holds frustrated and hostile feelings
towards another
through the Law of Forgiveness,
through the Law of Love,
through the Law of Mercy;
these actions shall assist in bringing about
a greater harmony
and
lessening the turbulence of
the waters of consciousness.*

*That this comes about largely
from understanding
rather than
from experience,
but the experience
is capable of assisting
in the understanding.*

-Cosmic Awareness
86-6.3

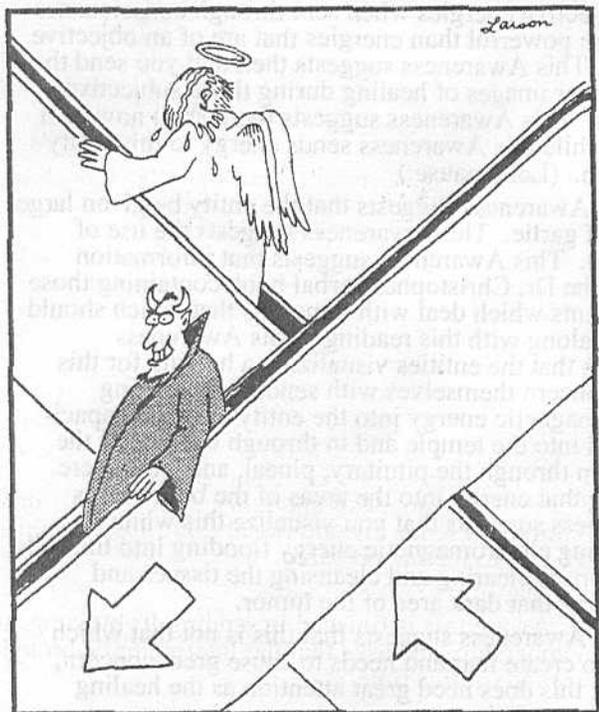


Doug fights back at soaring gas prices.

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Health Hints From Personal Readings

(How Spiritual Healing Works)

A Child Has an Inoperable Tumor in the Brain and Given One Year to Live

QUESTION:

This is Wilma Baughman requesting a healing for a young friend, Indra Deerig, who is four and a half years old. About a month ago the parents were told he has an inoperable tumor of the brain, and is given about one year to live. He is being given a series of five cobalt treatments and has had three at this time.

Does Awareness have an opening message for the above situation?

COSMIC AWARENESS:

This Awareness indicates the entity can be helped. This Awareness suggests that both yourself, Mary Sipka, and parents and grandparents can be of much assistance in healing this entity. This Awareness suggests that the action of healing is one wherein one can give that healing agent to the cells and tissues which need healing, or one can send healing energy to the consciousness that resides within those cells and tissues. This Awareness suggests that the medical professions deal mostly with the action of finding those agents that can heal the tissues themselves, thus dealing with the material portions of the body. This Awareness suggests that the spiritual healing arts deals with sending that kind of energy to the consciousness which resides within the cells and tissues that need to be healed.

This Awareness suggests that you and Mary Sipka, the parents and grandparents, can send healing energy to those cells, to the consciousness within those cells. This Awareness suggests that wherein you send energy of confirmation that the entity has one year or less to live, that this kind of energy simply adds to the problem and verifies the prognosis. This Awareness suggests that wherein you send energy to the consciousness of those cells and those tissues that it is time for a healing, that this illness has gone on long enough and now is the time for this to come into balance to clear out and to become whole, clean, and light again. This Awareness suggests that you practice the sacramental healing, the action of visualizing clear light coming into that area of darkness and illness, wherein this clear and white light cooling those cells, comes in with healing energy to the atoms and indeed begins to make the proper alignment necessary to heal the atomic levels, the molecular levels, and the cellular levels of the tissues.

This Awareness suggests you visualize the tumor becoming smaller, smaller, smaller, and smaller, that this be done in a series of twelve sacramental healings wherein as many as possible come together in an imaging action around this child. This Awareness suggests that wherein this is not possible, that you do it alone or with any other who will participate with you and send that energy to the child doing the action through levels of imagination.

All Consciousness and all Matter are the Same

This Awareness indicates that all in the universe is composed of light particles, there is no such thing as matter in itself, for matter itself is but light particles condensed down into an atomic vibratory rate. This Awareness indicates that all light is consciousness, that therefore all consciousness and all matter are the same. This Awareness suggests that you then can send this kind of consciousness to these particles, for when you send energy directed to a certain source, indeed that

energy does move, for you are part of the universal consciousness. This Awareness suggests that the entity is also part of the universal consciousness; from this level it is clear to see that all entities contact each other consciously and can influence each other's well-being.

This Awareness indicates this is why black magic and white magic do have their effects. This Awareness suggests that you can send energy from the brain to the finger and cause a healing. This Awareness suggests that wherein the head is cut off, the finger will not heal on its own. This Awareness suggests that likewise, an entity can send energy from one portion of consciousness to another portion and heal that entity which receives that energy. This Awareness suggests that wherein a cell within your own body which is conscious of that which is occurring, sends forth its energy to another cell and creates a healing action, this is accepted as perfectly natural by yourself in relation to your body; that you can through an electrical impulse in your nervous and brain system, send energy that moves your finger. This Awareness suggests this is no more mysterious and no less natural than the action of sending energy to heal a child. This Awareness suggests that you concentrate on this kind of service toward this child.

This Awareness indicates that through this Interpreter, this Awareness now begins to send light energy to this child and asks that others participate in this same action according to their ability and inclination and understanding. This Awareness suggests this be done particularly during these times wherein entities can gather together for this purpose, placing all else aside, and during those times close to sleep wherein entities are of a subjective level prior to falling asleep and after awakening from sleep, wherein entities are in an emotional state, whether this be of a positive or negative nature.

Entities Are Much More Subject to Healings Near Sleep Time

This Awareness suggests that in emotional levels or near sleep time, entities are much more subjective, and the subjective energies when sent through consciousness are more powerful than energies that are of an objective nature. This Awareness suggests then that you send the sharp clear images of healing during those subjective periods. This Awareness suggests there shall now be a pause while this Awareness sends energy to this entity's situation. (Long pause.)

This Awareness suggests that the entity be given large doses of garlic. This Awareness suggests the use of plantain. This Awareness suggests that information within the Dr. Christopher herbal book containing those ingredients which deal with tumor, as that which should be sent along with this reading. This Awareness suggests that the entities visualizing a healing for this child concern themselves with sending resonating electromagnetic energy into the entity's cranial capacitors and into the temple and in through the ears of the entity, in through the pituitary, pineal, and from there, sending that energy into the areas of the brain. This Awareness suggests that you visualize this white resonating electromagnetic energy flooding into the cells of the brain, clearing and cleansing the tissues and dissolving that dark area of the tumor.

This Awareness suggests that this is not that which needs to create fear and needs to cause great concern, but that this does need great attention as the healing takes place. This Awareness suggests that you not become discouraged or lax in your following through on these images and on these healings. This Awareness suggests that you may continue the resonating electromagnetic energy visualizations for as long as is necessary to bring about the healing.

When Doctors Give Up Hope It's Time For Spiritual Healing

This Awareness suggests there is one advantage to the situations wherein doctors give up hope and state that there is no longer any chance for the entity's survival. This Awareness indicates that this advantage is in the effect it has on those who are capable of healing with their consciousness. This Awareness indicates that wherein there is no more hope in medical fields and in the medical systems, then entities can turn to spiritual healing without feeling guilty or without feeling that they are lax in their activities. This Awareness indicates that they can put their entire soul and being and all of their energies into that kind of spiritual healing, into the visualization process, and they can put their faith in that action because there is no other action which will hold their faith, which they can put their faith into, as the other actions have given up all hope.

This Awareness suggests that this is an advantage in this work which you are to do, for you now have within yourself the ability to heal this entity, and you have no distractions from the medical system in doing so. This Awareness suggests that you give it all you have until the entity is healed. That this needs not take a long time; this is not an unusual case, this is not the only case, this is often called miracle when it is accomplished, but there are thousands of cases where entities heal themselves through visualization, where entities have healed others through visualization, and it is only in recent times that entities have become conditioned to believe that there is no other way of healing except by medical drugs and technology. This Awareness suggests that now is the time to move back to natural healing conditions for this entity and particularly in this case. This Awareness suggests you have no other alternative.

This Awareness suggests that you send your energies to this entity, visualizing healing until you are satisfied within your own feeling level that the entity is clear and the tumor is dissolving. This Awareness suggests that when you feel satisfied and have eliminated your own anxiety and fear, that you have completed that particular session of a healing visualization. This Awareness suggests that you then repeat this the next time you begin to feel the anxiety or when anyone else feels an anxiety and needs to visualize in order to clear up that feeling. This Awareness suggests you not become apathetic to this entity's needs, not assume that one visualization or even ten visualizations shall clear the slate and heal the entity, but that you monitor this using the medical systems abilities to check this when you feel it is appropriate to check.

This Awareness suggests that after you have worked on this tumor, dissolving this tumor, watching the tumor disappear, seeing light enter into the child's head clearing these areas, healing this area - after you have done this for some time and feel confident that there is a change within the system and the situation is improving, then you may return to your doctor and have another check to see just how well you have done. This Awareness suggests that if this check proves beneficial, then you shall be encouraged to continue your work. If this check does not show any change, then it means you must work harder. This Awareness suggests that the entity has a very good chance of recovery because of the great concern of the many who can assist.

Tumor Was a Karmic Carryover From Vietnam War

This Awareness indicates that in reference to karmic causes, that this as related unto a previous lifetime wherein the entity was shot through the head, this in the Vietnam war. This Awareness suggests that this left a wound which did not kill the entity instantaneously, but

left a great scar tissue on the brain and allowed the entity to vegetate for some time before dying. This Awareness indicates this as carried over from that action.

This Awareness suggests any further questions may be asked.

QUESTION:

Does Awareness have a closing message?

COSMIC AWARENESS:

This Awareness suggests that this entity *can* recover; it is a question of how well entities can image the recovery, send clear energy to the entity, visualizing a healing. This Awareness suggests you visualize this entity recovering and going through his life talking about the time when he was given up for dead, and how through imagery, entities saved his life and therefore he now is able to teach healing methods by imaging energy to those ill and sick parts of the body. This Awareness suggests you visualize this entity becoming well, growing into adulthood, and becoming a healer using the imagery techniques that healed him. This Awareness suggests that in visualizing in this manner, it becomes more simple for you to visualize the tumor disappearing and the entity becoming whole, healthy, vital, living, and living, and living. M780218P

WHAT IS COSMIC AWARENESS?

COSMIC AWARENESS is the Force that expressed itself through Jesus of Nazareth, the Buddha, Krishna, Mohammed, Edgar Cayce and other great avatars who served as 'Channels' for the 'Heavenly Father' and who speaks again today as the world begins to enter the 'New Age' of spiritual consciousness and awareness. Since 1963 Cosmic Awareness has been communicating through carefully trained channels. This information is for those who desire to help in bringing in the New Age. Throughout the thousands of 'Readings' given through these various channels, Cosmic Awareness tells us not to believe anything, but to question, explore, doubt, and discover for yourself, through your own channel what is the truth. Cosmic Awareness will only 'indicate' and 'suggest'. Neither C.A.C. or any of the Interpreters is responsible for anything Cosmic Awareness states in any of these readings, nor does C.A.C. or the Interpreters necessarily agree with the statements of Cosmic Awareness. The Interpreters interpret the energies as they see them in trance levels and are not personally responsible for what is said. The Interpreters published herein have no connection with, nor control over the editorial comments and material, including illustrations. This is entirely the responsibility of the editor. Members of C.A.C. are invited to send in questions of general interest to ask Awareness for possible publication in this newsletter.



"ALL THESE AMERICAN IMMIGRANTS SHOULD BE SENT BACK HOME! THEY'RE A THREAT TO OUR AMERICAN WAY OF LIFE!!"

How to Deal With a Catatonic Daughter

Law of Love, recited. Count of twelve.

QUESTION:

Is there an Opening message for Virginia A?

COSMIC AWARENESS:

This Awareness indicate there is seen a spiral movement moving through space, spiraling as it moves. That this movement does make that which appears to be a circle, one circle following the other yet which does continue to move and never retraces the same line. This Awareness indicates this as a steady progression even though there appears to be that which is running around in circles. This Awareness indicates there is seen that which also moves in the opposite direction, spiraling in like manner around this first movement. This Awareness indicates that these representative of the male and female principle, the positive and negative aspects of matter.

This Awareness indicates that there is seen that which is in relation to the movement wherein there are those spirals which do pass each other in opposite directions. That there are some energies which are highly polarized and moving at even greater speeds in opposition to one another in highly polarized states are of a different duration or time-space relationship, than those energies of like manner which do also move opposite one another but at slower speeds, wherein there is little polarity.

This Awareness indicates this as one way of seeing that which is matter in relation to density, time, and space. It is indicated this has psychological meaning as well, wherein the speed, force or density of the matter carries weight, mass and gravity in relation to the duration of any situation, and the polarity relating to positive and negative attitudes.

QUESTION:

I would like you to look over my physical and mental health and give me a complete diagnosis of my problems and give me cause and suggested treatment of any problem seen.

COSMIC AWARENESS:

This Awareness indicates there is seen that word melancholy, that in some manner this relates unto certain aspects of the health. This Awareness indicates that there is that which does affect the health through certain attitudes, this in relation to moods and feelings of uncertainty as to what to do with your life. This Awareness indicates this as that which does create times wherein there is mental anxiety wherein there is the desire for some form of stimulation, yet the stimulation does not satisfy the feelings for any length of time.

This Awareness indicates this as likened unto one who thrashes about seeking to find something of value in what appears to be a pool of things which have been cast off by others. This Awareness indicates that this as having to do more with attitudes and values than with the actual environment itself. The attitudes and values which you have poured make this pool, this environment what it is. This environment is that which you must work with in order to clear this area.

This Awareness indicates this as having some effect on the physical health in terms of digestion, in terms of certain energy blocks within the body, that there are such blocks in the hips, the knees, the upper thighs and to some extent in the back. This Awareness indicates this as that which needs to be released. This Awareness indicates that this as that which shall be attended at this time for the release. That a healing shall now be given. (long pause)

This Awareness suggests that you find time daily to lie upon your back in a comfortable position and to extend your toes downward, stretching the leg as a ballet dancer standing upon her toes. That this as that which does affect the legs and the hip area releasing certain blocks in those areas.

This Awareness suggests that you also look closely at tensions within the neck area. That these too may be alleviated by careful massaging and moving the neck in rotation. This Awareness suggests that a pause now be given. (pause)

That the general condition of the health as that which is not of any great urgency at this time, that the urgency is for the mental health which could later affect the physical health. This Awareness indicates that in terms of the mental health, that you begin to look around in your life and find those things which you truly admire and truly enjoy with your senses. That these related unto such areas as art, home, and interior decoration, beautification in terms of clothing and in terms of colors, cooking, gardening. This Awareness suggests that in terms of certain books and studies and pageantry in group action that you look at these things very carefully to discern which of these is the most intriguing and most appealing to you.

This Awareness indicates that in looking closely at these things to find where you feel most comfortable and most intrigued, that then you begin looking to see how you also may begin to work in this field in this area as exhibiting some creative activity. This Awareness indicates that in this manner you shall begin to find your own niche where you would truly enjoy yourself as opposed to doing only that which others would like you to do. This Awareness indicates that in this manner you will begin to find certain enthusiasms for life. That in this enthusiasm you will begin to express your higher levels of individuality.

This Awareness suggests that you consider all areas; open up and very carefully look at all these areas, this including the arts, music, drama, and various fields of speech and entertainment, this including also the sciences and the technical sciences, this including also the fields of engineering, this including also the social sciences, this also including such things as architecture, and interior decorating and design, this also including such things as medical, and healing profession.

This Awareness suggests you look at all these fields and very slowly and carefully pick those which are most intriguing to you, then slowly and with great care move toward one general area of studying in a way that is enjoyable to you.

Any Future For Her Catatonic Daughter?

QUESTION:

I am the mother of four children: one son and three daughters, beautiful children--all are or seem to be well, except my oldest daughter is quite, or I

should say gravely ill. This situation monopolizes my entire physical and mental state every minute of every day. I sometimes feel I only exist at this point of my life. I am most concerned about her mental and physical state at this time. She is called catatonic at this point--Do you see any changes forthcoming--Does she have a long life span--Will she become slowly better? Never better? Better?

COSMIC AWARENESS:

This Awareness indicates that you not concern yourself too greatly with this entity. That this entity as one who is in a very high mystic state. This Awareness indicates that you understand the state of catatonia here in this country as that which is considered an illness. That such a state in another setting would be considered that of a high mystic. This Awareness indicates that this entity as not unhappy. That this entity as simply having withdrawn from the activity and is watching without much interest, as the show passes her by. This Awareness indicates this as likened unto one who would like to sit out this dance of life.

That the entity as being aware of her own consciousness but not being involved in the activities about her. That this not necessarily an unpleasant or negative thing rather it is a neutral state. This Awareness suggests that you accept her for what she is, allow her to be what she is, and let her know that it is alright if she wishes to be that way. This Awareness indicates that once she understands that it is alright to be as she is that you also allow her to understand that there are other things too which are also pleasant wherein certain involvements in life are possible and may be enjoyable.

This Awareness suggests that this entity may be encouraged to observe others in pleasant action, observe others in cheerful play. That this encouragement of watching others is that which gradually leads this entity into the areas of feeling. That once the activity of feeling others has been effected in her psyche there also is the gradual addition of the activity of her seeing certain actions repeated in a similar manner over and over until this entity becomes used to seeing these actions being repeated in the same manner. This Awareness indicates that when these have been repeated the same manner and the same pattern whereby this entity has grown used to this action being repeated in this manner, that the action may then be changed. That when this action is changed the entity will recognize the change and will, to some degree, express an emotion about having seen this action changed. This Awareness indicates in this manner there is a very slow maneuvering of this entity into the level of emotion.

This Awareness suggests that much of this may take long periods of time and may require more communication regarding this action. This Awareness suggests that after much work on the emotional level that the entity may then be given certain symbols and structures (such as dolls, pictures, cards, blocks and puzzles) to work with, which will then begin allowing her to express her mind and discover certain concepts of her mind.

This Awareness suggests that this entity as having experienced that which was of such shock and pain to her in relation to her attitude toward a certain event, that the entity did simply move into that which is very close to this Awareness and simply

does wish to tarry in that state. This Awareness indicates that you understand the trance level which allows this Awareness to communicate to you now is that level which is very close to the state of Catatonia.'

HOW TO BRING AN ENTITY OUT OF THE CATATONIC STATE

QUESTION:

Will I ever realize her at home with me again?

COSMIC AWARENESS:

This Awareness indicates this as a possibility wherein you make the effort and begin visualizing this entity as becoming more and more healthy in her attitudes, wherein you begin working with the doctors and nurses involved and encouraging them to let her return as soon as she is well. This Awareness indicates that the concepts of her becoming active in life as that which must be repeated again and again and again to yourself, to the nurses and to the doctors.

That you also repeat this again and again and again to this entity whenever you see her.

This Awareness indicates this constant repetition of this concept is that which gradually will get through to her own subjective mind and shall begin creating within her imagery the possibility of becoming an active member in the human race. This Awareness suggests that at this time there will be that deep subconscious level suggestion sent to this entity. That when she is ready she may return to the active life.

(long pause)

This Awareness indicates that you repeat the phrase "You can come out now, you can return" That this be repeated within your own psyche (non-verbal) while you visualize this entity, for on her deeper level she will hear these words. This Awareness indicates this entity as in a deep subjective level which allows her to pick up your thoughts telepathically. This Awareness indicates that your worry and concern for her as part of the energy that keeps her locked into the state she is in.

This Awareness suggests that when you visit this entity that you always take her a flower. That you hand this flower to her. That wherein the entity does not take the flower voluntarily, that you present it to her, to smell, to her eyes to observe, and then lay it on her lap. This Awareness indicates that when you contact this entity that you look deeply into her eyes in order to communicate non-verbally with those eyes. That you not send any signs of sympathy in this action but rather send deep love and warmth to her through the eyes.

This Awareness indicates that you make several visits in this manner before you begin any action of coaxing her out. This Awareness suggests that you not actually coax but simply let her know that she can come out whenever she wishes but for her to come out of the place where she is and home to you, she must come out from her hiding place within her carriage. This Awareness indicates that the carriage being her body in which she hides.

This Awareness suggests this entity could exit at any time wherein she became assured that the world and entities therein would not be hostile and frightening to her. That she has a deep fear which is

based on the fear of fear and wishes to hide from any thing that might create fear. This entity needs to understand that she need not be afraid of fear for everyone has fear and she can deal with that as easily as dealing with the fear of it.

This Awareness suggests that these things may be understood by you and that in understanding this you may project this to her on the telepathic level. That for the present time you understand your communication with this entity will be through telepathy rather than through words or actions.

QUESTION:

She took sick during the delivery of her son by C-section Oct. 2, 1972. Her son lives with me presently. My son-in-law, her husband, has given up and probably will divorce her--I don't see this yet however--He has a lawsuit pending with doctors and hospital. What can I look forward to? Will my life ever again take on a normal plane. I can go on and on but as you will visualize I must stop here as I will have a book written if I go on.

COSMIC AWARENESS:

This Awareness indicates that you understand that this entity has chosen to move into this state on her own. That this is that which was not an excuse for you to destroy your life because of her action in regards to how she wishes to express her life. This Awareness indicates that for this entity to make this decision to move into this state of consciousness, that this as that which could echo on and on and on until everyone felt this as the most miserable of living condition. This Awareness indicates that were you to sacrifice your life because this entity did decide to move into this state of consciousness because of the action which was just described, and if those close to you also decided to move into some form of sacrificial or despairing consciousness because of your having moved in to this and if others moved into this kind of consciousness because those close to you have moved into this, you will begin to understand that it must stop somewhere or all will be in a state of despair. This Awareness indicates that the buck stops with you. That you yourself must pick yourself up out of the depths of despair and dust yourself off and move on to your true purpose and direction.

i This Awareness indicates these entities as each being capable of living their life in the manner they choose. That this entity as not suffering. That this entity as in a state of consciousness which she is thoroughly enjoying and you find yourself suffering because of this. This Awareness suggest that you look closely at that. This Awareness indicates that you have become somewhat identified with this entity and are attempting to take on some of the karma according to your value judgments. This Awareness suggests that you carefully look at this and ask yourself, "What do I really want out of life myself?"

This Awareness suggests that this situation (Catatonia) is not as heavy as you would think but that it is somewhat unusual, in this society.

QUESTION:

Please tell me what my purpose and direction should and will be in this life time.

COSMIC AWARENESS:

This Awareness indicates that you as one who is capable of moving into areas wherein you can feel the needs of others. That this action with this daughter as that which is bringing this very close to you. This Awareness suggests that you look closely at the aspect of healing, that you consider the healing techniques which have been given through the Awareness channels, that you also consider that which is psychic healing through visualization of the entity in the manner which you would consider to be healthy, vibrant, and alive. This Awareness indicates this as an area of healing which has only begun to be discovered on this physical plane. This Awareness suggests this as an area where you would do quite well particularly in relationship to action such as the trance healings and the sacramental healings.

What Your Guardian Angel Really Is

QUESTION:

I would also like the name of my guardian angel.

COSMIC AWARENESS:

This Awareness sees the name Thomas. This Awareness indicates this as not clear, that this as related unto Thomas the doubter. That the exact relationship of this to you as that which is not clearly defined at this time. This Awareness indicates there is also seen the name Teresa.

This Awareness indicates that entities understand the concept of guardian angel as pertaining to certain vibratory rates which entities do move into and from at various times in their life cycles. This Awareness suggests that these as not always fixed with one single guardian angel per person, that you understand this. That this as a concept of comfort but that entities understand clearly that your guardian angel is ever and always this Awareness; that the guardian angel of the concept many of you hold is that of a Being hovering over your heads watching every move you make.

This Awareness suggests this Being is within yourself. The angel or angle is an aspect of *your own* vibratory rate which is of a high level. That you understand this clearly that the name given to this guardian angel or angle or aspect of yourself is that which can change from time to time. This Awareness indicates that in some occasions entities who have reincarnated from lifetimes of high spiritual levels do carry with them the vibratory rate of those entities and do often call those entities their guardian angel. That this as that which is a somewhat valid use of this term.

This Awareness indicates that there are many entities who have the same guardian angel, that were it not so there would be few known angels left. This Awareness suggests that there are a few angels whose names are known by entities on this physical plane. That there are many aspects or angels or angles of your consciousness in terms of vibratory rates which are countless and nameless in number and anyone of these aspects can take on physical forms, features and looks according to your projection and expectation. That you understand you yourself are but a projection of your own imagination which has formed itself around a vibratory rate.

QUESTION:

What is my color vibration?

COSMIC AWARENESS:

This Awareness indicates there is seen the, color orange.

QUESTION:

What color candle should I burn for best effect?

COSMIC AWARENESS:

This Awareness suggests the color green. This for the present time. This Awareness suggests that you burn the color green for constructive thoughts and images. That for looking at certain negative thoughts you burn the color violet, this to be followed by the color green and the constructive thoughts. This Awareness suggests you watch carefully the words you say to yourself and the thoughts you have about your daughter for she is capable of telepathically understanding all you think, that you make *very* sure your thoughts are those which are encouraging and statements that would program or suggest to this entity that she is alright and is getting even better.

Where Did we All Come From?

QUESTION:

I'm sure I have lived before and would like to know if I will live again after my present life ceases. I do love life and yet so many problems keep me from being entirely sublime.

COSMIC AWARENESS:

This Awareness indicates that you have always lived and that you will continue. This Awareness suggests that you are part of the original consciousness from whence all consciousness sprang. That you gradually developed that which is called yourself. That this came about through gradual separation in terms of division from those things which were around you, those other entities who were here and away. That gradually this separation did build that concept which you now call yourself. That in reality you are from the same root as all others, and in tracing your vibration back, you will find you come to the same source, and from that source, all others are in communication and contact, for they too are connected to that same source.

This Awareness indicates that you will continue to live regardless of what you do. This Awareness indicates you may destroy the car but the driver continues. That you may destroy the body but the being, the consciousness, moves on. This Awareness suggests that your life is not a tragedy but that your thinking *so is* a tragedy. This Awareness indicates that you begin to put on a happy face and that the tragedy shall be placed aside and your life will begin anew; that there is much yet for you to do. This Awareness suggests this as a turning point in your life. You have felt these sorrows and tragedies long enough and now is time to have the sunlight of joy.

QUESTION:

My husband and I hope to build a house in spring. Will all be well? Will I be able to afford same? Will

plans go to my liking? Tell all you see and please advise.

COSMIC AWARENESS:

This Awareness asks will you be well? This Awareness suggests that as entirely up to your own decision. This Awareness suggests that you have some long period of time in which you may work with yourself to make yourself ill or you may work with yourself to make yourself well. That over this length of time you can do just about whichever you choose. This Awareness suggests that *It* sees you as well for there is that which is asking this question and looking for hope. This Awareness suggests that in the looking for hope there is the desire for something better. This Awareness suggests that this then implies that you would like to be well. That if you would like to be well you then surely will be well.

This Awareness suggests that you understand clearly what the intimate conversation with yourself is. In intimately conversing with yourself you discuss to yourself your future experiences, where you discuss the words sick, ill, sorrowful, tragedy, that surely these are those which do begin manifesting from your deeper regions. That's where you discuss the words health, happiness, joy, abundance, home, action, love, beauty, that surely these words begin to penetrate into your deeper regions and begin to bear fruit. This Awareness suggests that you understand this, that you read this time and again until you are thoroughly bored and know it by heart. That in this manner you shall begin to change your own life toward that which you desire.

Words are seeds for fruit or weeds; beware--be aware--the words you speak.

A 15 Minutes a Day Program To See Entities in a New Light

QUESTION:

I am hungry for all the information you can give me about myself, my husband, my children, my ill daughter, her husband and, their son, my grandson.

COSMIC AWARENESS:

This Awareness indicates that your husband as there for you to discover by looking very deeply. This Awareness suggests that all these entities are there for you to discover. That you spend 15 minutes each day writing down the best qualities these individuals express. That each day you add something new. This Awareness suggests you do this for seven days, that after this seven days you will see them clearly in a new light. This Awareness indicates that hereinafter you look closely at the best qualities that your friends and relations have. That you totally ignore those worst qualities as far as writing them down. This Awareness suggests that you write those down each day for at least seven days and preferably for three weeks, using only those words which are of the highest and best in describing these entities.

QUESTION:

My faith and hope in everything have helped me thru these most trying years. At times I feel the faith going and the hope along with it. I'm sure I could fill 10 more pages with questions but they are all in

the same general area: The family and the business. Will our business be stable thru these hard times?

COSMIC AWARENESS:

This Awareness indicates this as in the affirmative with some reservation. That there will be certain times when things will be somewhat lean. This Awareness indicates that this as not being too difficult during these coming times. This Awareness suggests that the planned depression as that which will not be nearly as harsh as those who planned it would have expected. This Awareness suggests that you consider in "lean" times the possibility of trading your product for the products of others. That you understand wherein money becomes scarce and labor becomes plentiful, that there are other means of exchanging energy besides through the use of money. That this can also put food on your table.

QUESTION:

Do you see the outcome of a lawsuit?

COSMIC AWARENESS:

This Awareness indicates there is glimpsed that which indicates a settlement in your favor not as large as desired. This Awareness indicates that there may be some delay while efforts are made to lessen the reason for the lawsuit and take certain energies from it. This Awareness suggests this as that which for your own peace of mind may be shelved and set aside for a certain period of time allowing others to worry and handle this, giving yourself rest from concern over it. That after a rest, you move back in and fight for your concerns.

QUESTION:

Is there a closing message for Virginia A?

COSMIC AWARENESS:

This Awareness indicates that the spiral moving through time and space in a manner that represented the negative as a force is but a step away from the spiral that is moving through time and space in the other direction. This Awareness indicates that as you step onto that which is moving in the more beneficial manner that you begin feeling that which is joy and happiness. That you understand there is, nothing wrong with being negative, there is nothing right with being positive. That these are simply two ways of being and you may be however you wish. There is nothing wrong with being Catatonic. There is nothing wrong with being worried about problems. There is simply that action of being whatever you wish. There is nothing wrong with being in a state of tragedy, there is nothing right with living in a state of joy and happiness. These are simply two different ways of being that which you wish to be. This Awareness suggests you look carefully and choose which role you wish to play in this game of life.

The Law of Gratitude recited. .

The Law of Freedom:

The Law of Freedom is that movement which gives entities the space to expand and grow in their ability to function in a manner that will allow others their freedom and space to grow in order to free still

others. Freedom is not a final state of being, but an ever-expanding action of giving each other the space to create spaces for others to create more spaces for still others yet to come. Freedom may be helped or hindered by laws, definitions, principles, descriptions, disciplines and boundaries. Universal Laws free each and everyone; any law which does less is subject to the rule of a greater law. No one is free until each is free and all are freeing each other.

The Law of Magic

The Law of Magic is that Law which creates change. Physical change comes about through the change of consciousness. Consciousness changes in response to anticipation. Anticipation results from imagery and preparation, fears and desires, based on fallacies or facts. Preparation for change, changes consciousness which results in physical changes. The quantity and quality of description and imagery, the intensity and consistency of attitudes and actions, the collective or disruptive energies of others, all work together to influence the direction and course of the change. Every entity to some degree, for good or for ill, is both victim and master of *The Law of Magic*. *The Law of Magic* is an extension of The Law of Unity.

The Law of Unity

The Law of Unity is that Law which recognizes no separateness; which ignores the appearance and seeming ness of separateness in the apparent divisions of polarities, gender, cause and effects, the part and the whole, the one and the many. But realizing these each as integrated parts of the total, picture, the *Law of Unity* identifies with the over-all viewpoint and sees neither night nor day, but the night-day process, neither right nor wrong, but the right-wrong process, neither the pleasure nor the pain, but the pleasure-pain process, neither the one nor the all, but the At-one-ment process of the All One Being, whose cells and souls work together even in the seemingness of division. *The Law of Unity* acknowledge such division, but stresses the oneness of the parts. *The Law of Unity* sees loss and gain, life and death, as nothing but the spinning: wheel of fortune that is based on the *Law of Change*, which is itself a unified process, known as the *Law of Magic*.

CHINESE PRESIDENT HU JINTAO'S EXCELLENT ADVENTURE...

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On the Cosmic Awareness Messages

...the messages which this Awareness channels through *Its* Interpreters are not intended for the approval of the masses, they are intended to make entities aware, and to grow and develop. These messages may not become widely accepted by the masses for several hundred years.

The messages *It* gives are intended to help entities to learn to think in original ways, to examine, to question, and to become aware. The messages which were given through Edgar Cayce were appropriate for that time; however, that presently it is time to move on to other concepts.

What is of concern is that entities become aware of all that is occurring, so that they can better be equipped to respond from an aware position, rather than from a pre-programmed, assumed state of reality which, in fact, is not in touch with reality at all. (82-5)

SUBMISSION ACCOMPLISHED



THE COSMIC AWARENESS SPIRITUAL DEVELOPMENT COURSE

Taurus: Volume 2 Lesson Number 5

QUESTION (AVATON):

Awareness, we are gathered here today for the fifth lesson in the Spiritual Development Correspondence Course under Taurus. The fifth lesson being that which relates unto the child in growth and the stability of his or her creative endeavors.

COSMIC AWARENESS:

This Awareness indicates in a previous lesson, there was the reference to the entity moving from the security of one nipple, out and into the security of another - continually searching for sustenance, continually finding sustenance in one thing or another, being weaned from one type of sustenance only to be moved into an addiction to another type of sustenance.

This Awareness indicates that the entire process of growth may be likened unto a process of finding the nipple, and then, after a certain period, being weaned from that and moving on into new realms to find another type of nipple for sustenance, only to again be weaned and move on.

This Awareness indicates that during this process of growth, wherein the child is drawing in and building the physical body upon this plane, there gradually develops that aspect of the human creature that also begins to express and put out energy, this expression developing in proportion to the growth of the body: as the intake increases, likewise the output increases.

This Awareness indicates it has been given that one entity's expression is the violation of another. This Awareness indicates this in terms of expression that has not been in tune with the desires and needs of others.

This Awareness suggests that certain expression being given can be a compliment to others wherein this expression is desired and wherein this expression does please others. This Awareness indicates this particularly is seen in areas of drama and show and the field of entertainment wherein entities do truly entertain others.

This Awareness indicates this expression also is seen in certain areas and actions of service. This Awareness suggests that in terms of the movement from one stable data or one foundation to another, moving from one point of security, from one nipple to another, moving from one core belief to another, this action of continually moving and discovering - this does bring about the opportunity for the entity to begin expanding his sphere of influence, his or her sphere of creativity and adventure and the discovery of life.

This Awareness indicates in this action, creativity then becomes, in itself, of certain value to the entity for the satisfaction that comes from having done something which will please others, or at least which gets the attention of others, even though it may displease others.

This Awareness indicates that this motivation of whether to please or displease will depend on the entity's attitudes and core beliefs: where the entity is coming from.

This Awareness suggests that at this point in these lessons, a new term shall be introduced which basically is saying the same thing as in the other lessons: the nipple, the basis, the foundation, the stable data, the core belief - all of these are symbols for the centered core, or the central force, around which the entity builds and moves and grows and creates his lifestyle. This Awareness now wishes to introduce another term which basically gives the same security-type of symbolism, but which will allow entities to look at the same situation from a different perspective.

This Awareness suggests this term as 'orientation.' That you may visualize yourself standing near a pole in the desert; this pole is your starting point.

This Awareness suggests you may recall how you got to this pole, or you may not recall how you came to be here at this place, standing by this pole in the desert. This Awareness indicates that whether or not you recall how you got here is of no significance. The fact is you are where you are, and if you could recall how you got here, you could leave and go back to your source. But if you do not recall how you got here, the fact remains that you are here, and you must find your way back to the source where the living waters flow, or you shall eternally be lost upon this desert.

This Awareness indicates that the entity is seen standing near this pole, and in all directions there is nothing but sand and sky and horizon where the sand meets the sky. There are a few tumbleweeds and a few slight hills in the sand. The question is, which way should the entity move, and what is out there for the entity to discover? The entity desires to move, yet feels

that this pole is the only thing in sight other than sand and sky.

This Awareness suggests that the pole at this point gives the entity a certain amount of security. And the security is of no value, for the entity can only sit and wait and die, waiting at that pole, even though that pole is a known point and can serve as an anchor and a security for the entity for a short duration.

This Awareness indicates that there are other needs for the entity more simply than knowing where he or she is: the entity needs to find water, needs to find sustenance, needs to find shelter. Therefore the entity eventually decides it must give up its known place to discover something more and, therefore, must step out into the realm of insecurity away from that which is the secure: the known pole.

This Awareness asks this entity: "How can this be done with the greatest ease?" And the entity looks about and decides that it will keep an eye back upon the pole and walk as far as possible in each direction without losing track of the pole until it finds some other landmark.

This Awareness indicates that the entity begins walking in an easterly direction, and in reaching the horizon, looking back, can barely see the pole; looking forward, can see nothing but endless desert.

This Awareness suggests the entity now returns back to the pole, having found his anchor point and security still waiting. This Awareness suggests the entity now moves in a southerly direction, looking back toward the pole until he can barely see. Then, looking forward, sees nothing but desert and hills, and desert beyond those hills.

This Awareness suggests that the entity then again moves back toward the pole, and now moves in a westerly direction. The entity now, looking back toward the pole, can barely see it, but before him there is a valley, and in that valley there are several trees.

This Awareness indicates the entity decides to proceed forward toward those trees, and moves on until reaching the trees, finds that they are barren of leaves and there is nothing there for the entity but dry sand and dry sticks from the trees. This Awareness indicates the entity has a choice of either moving back to the pole or moving forward. The entity now also has the choice of shifting his security from the pole, shifting his anchor-point from the pole to the trees and using the trees as a new orientation point from which to explore.

This Awareness indicates that the entity knows how to reach the pole from the trees; therefore, the entity can move from these trees in any direction and still move back to the trees and find the pole from whence he came. Therefore, the entity decides to explore further west, and then moves out in that westerly direction until he can barely see the trees by looking back.

The entity now is able to see more trees, these being of greenish color, in the distance. The entity then moves on toward these trees and finds the valley. This Awareness indicates the entity sees now a peak, and from this peak the entity will be able to see in many directions and find water. Therefore the entity climbs toward this hill and finds that toward the left there is a gully and most likely a stream. The entity then walks on down toward that stream.

This Awareness indicates the entity is capable of moving back toward that peak, and from that peak, back toward that tree, and from those trees, back toward the pole, and the entity now has been oriented in a manner

that allows him or her to find his or her way back to the source of their original security - the known security.

This Awareness indicates that in this manner, an entity is capable of giving up one type of security without great strain or difficulty, knowing that the entity can always move back if necessary.

This Awareness indicates had the entity moved on toward the east and not looked back toward the pole, the entity would have ended up in a vast desert and probably would have died during that journey.

This Awareness suggests that in applying this story to one's own life, this Awareness suggests that entities who have any kind of pole or security of any type at this time, regardless of how fragile that security is, need not feel obligated to cling to that security, but may still anchor certain aspects of their consciousness to that security while moving on, in daring adventure, toward new explorations. This Awareness suggests that you keep in sight that security which may be fragile, while you look on for something else, and when you find that something else, you may accept that new security for a time, knowing that even this may not be enough and therefore, from this new point of orientation, you may explore again. This Awareness suggests in this manner entities may move from nipple to nipple, from foundation to foundation, from stable data to stable data, from one core belief to another without the great fear of being lost, of being totally confused.

This Awareness indicates that in this manner entities can begin to overcome the very problem of fear in giving up security, for these entities then can develop the courage that is necessary to explore and to move out in various adventures.

This Awareness indicates what is true in terms of longitude and latitude and in terms of altitude is also true in terms of attitude.

This Awareness suggests that entities can look at their own attitude, where it is, whatever security they may have from that attitude, and recall exactly where it is, keeping it in sight, yet move out from that level of attitude, moving toward the horizon, toward a new attitude, searching for something that will be just as beneficial or more so - something else, some other type of attitude to identify with, some other type of attitude that will give sustenance, some other type of attitude that will be more beneficial to the entity. And in exploring in this manner, the entity can feel, at least feel the security that if he or she cannot find that attitude, he or she can at least go back to the old attitude.

This Awareness suggests that in this manner entities can move in all directions, exploring all attitudes until they find a way out toward a better attitude, toward one that is more beneficial.

This Awareness suggests that these attitudes often appear as clusters, like trees - clusters of words, clusters of phrases, clusters of slogans, and entities can look at these clusters, try them on for size and perhaps find one which fits. This Awareness suggests that there is that attitude which all entities eventually shall come to, that great ocean that surrounds all of these structures, that ocean of attitude which wills and sustains all others, which is the Akasha, which states, 'I AM, and ever shall be what I AM.'

This Awareness indicates that when entities reach this great ocean, this great attitude, they can be anything and can expand, contract, or move in any direction and continue to be 'that which I AM and ever shall be.'

This Awareness indicates that entities in exploring these various areas need not feel deprived because they

have not reached that ocean, for they have come from that ocean and shall return eventually. But even those who come from that ocean of Akasha may enjoy the adventure of having gotten lost and of having to re-orient and discover a way out.

This Awareness indicates that this great adventure of being lost and having to discover a way back to the source is a very beneficial training for the consciousness.

This Awareness suggests that wherein entities ask for directions, you may help them to become oriented toward the path, but you cannot drag them with you if they do not wish to go. This Awareness suggests that your action as a way-shower may be one which tells them where they are, but you cannot tell them where to go, for this is their choice, not yours.

This Awareness indicates in terms of children moving into adventures of life, growing more and more out of the home and into new realms, the physical actions become important, but a new aspect is also being explored: this being the aspect of the talents, the capabilities, the mental pursuits, and the relationships of the child. This Awareness indicates the child now is beginning to discover certain words, certain behavior and its affects upon the adults and the peer groups. The child is beginning to explore and to understand from these explorations how those talents and the expressions of their talent is received, is appreciated, or disapproved of, and only through this exploration of trial and error does the entity ever discover the nature of pleasing expression.

This Awareness suggests that while this kind of exploration of this child is occurring, that parents may have to be more tolerant than they would like to be, for you cannot expect to have a mature genius, artist, or public relations expert as a child until the child has learned all of the techniques that do and don't work.

This Awareness suggests that parents may be patient, may be understanding, and may be capable of assisting and directing the child toward those areas of expression that are most pleasing to most entities.

This Awareness suggests that wherein the child's behavior appears to be obnoxious or disruptive, that you not tell the child how terrible it is behaving, or how mad you are, or how you are going to punish the child if it continues doing that. This Awareness suggests that threats are not as effective as simply telling the child what those actions make you feel.

This Awareness suggests that as you express your feelings (how the child's actions make you feel), the child will discover that its behavior is creating that feeling, and then you may ask the child: "Do you wish to make me feel that way? And, if so, how does it make you feel to have me feel this way?"

This Awareness suggests that as entities begin sharing their feelings with one another and discovering what it is that the child feels - as this kind of communication begins occurring, the child shall learn that it is possible to discuss these things with the parent, and the parent can learn that it is possible to have a relationship with the child which is not based on authoritative levels of threats, punishments, constant corrections, and constant annoyances.

This Awareness suggests that wherein a child creates a piece of art, a work of joy to the child, and the parent is called in to look at this piece of art, the parent, looking at the piece of art, sees that the child has used a certain board and picture which the parent had sought to save for other purposes. The child, smiling, says: "Look what I did." The parent has the potential to be very

disturbed and angry at the child, or to approve of the child's art work. This Awareness indicates most parents would disapprove and be angry that the child did not look and ask questions before using those pieces of material. The other parents might feel a need to live their life through their child's joy, simply because they themselves do not feel joy, and therefore let the child enjoy his or her creation without saying anything about the violation which has occurred to them.

This Awareness suggests that the aware parent would explain to the child first, that the child should have asked the parent about using that board, for it makes the parent feel bad that the board was used for this purpose when other plans were used, but that the art work involved was satisfactory, good, or whatever the parent feels about that. This allows the child both his creation and his error and allows the child to recognize the need for asking.

This Awareness indicates that wherein this kind of relationship occurs, it becomes very simple, matter-of-fact, and clear on different levels that there needs to be a communication involved. This Awareness indicates the child then, without being blasted by emotion which is hostile, can begin learning to communicate freely without fear of great rejection or without insensitivity toward the feelings of others.

This Awareness suggests that this, being so simple in terms of how entities may relate to their children, that most parents do not care to bother with this kind of relationship, for most parents prefer to blast their energy out at the child and then spend ten times more energy later trying to be a good parent to the child, making up for those feelings of guilt at having not raised the child properly, or not having given proper attention to the child.

This Awareness suggests that the moment-to-moment sensitivity to various sides of a situation can be a key to clear relationship. This Awareness indicates that a situation such as this does not have to be all good or all bad; that every situation can have both the good and the bad aspects to it. This Awareness suggests that wherein entities are sensitive to 'what is,' they can both give criticism of a constructive nature and praise of a constructive nature - both being given at the same time. And these two will be more respected, and the criticism will be more respected by the child, and the feelings and opinions of the parent will not be resented by the child so much as wherein a parent simply blasts hostility toward the child for being so ignorant and childlike.

This Awareness suggests that a healthy home allows free discussion and free criticism and free praise moving back and forth constantly, with the children being allowed the opportunity to give praise and criticism toward the parent, where the parent can discuss the situation with the child.

This Awareness indicates that entities must begin to understand that children are but adults locked in tiny bodies, for these adults have lived many lifetimes, and in many cases were the parents of those who are now their own parents.

This Awareness indicates that these entities in these little bodies often have been tripping around in other realms for many, many years and have forgotten certain aspects of this physical plane and need to be re-oriented to the ways of the world - yet this does not mean that they are inferior. It simply means that they need coaching.

This Awareness indicates that those who take the time to communicate with the children, will not need to

take the time to attempt to find ways of correcting their mistakes, or apologizing for the behavior of the child they have raised, or feeling guilty for the rest of their lives at having no clear or good relationship with their child.

This Awareness suggests that children can be a blessing to entities when entities learn to be a blessing to their children and give service to their children without sacrificing themselves, but through communicating clearly on levels the child can understand.

This Awareness indicates that wherein a child plays the role of a defiant monster and will not allow the parent to have any sway in the household - in such a situation, you would not allow another adult in your house to behave in this manner; therefore, you are not to allow a child to behave in this manner. But in your relationship with such a child, you are better off to insist that the child sees the effects of his or her behavior by making the child be attentive to all the aspects of what has happened: speaking with the child, explaining what that kind of energy does to you, explaining what that kind of energy does to everyone else in the household. And with enough explanation, then finding why the entity wishes to continue throwing that kind of energy about, so that the entity has the opportunity to express himself without being cut off in that expression.

This Awareness indicates that wherein parents can allow that expression of hostility to be released by the child, there is the opportunity to discover the core belief in the child's behavior which prompts such kind of behavior.

Generally this kind of behavior comes about from the feeling that the world is hostile to their existence: the parent is opposed to their desires and existence. Generally this is related unto a type of need or the appearance of need, which in fact, may be nothing other than greed. This Awareness indicates that in discovering this, by allowing the child to express himself in this manner verbally, you can assist the energy to be released in a verbal manner, rather than in other more insidious, destructive forms.

This Awareness indicates that in an emergency, the parent has the obligation and duty toward the child, as a matter of response, to force the child to pay attention to his or her actions and their manifestations in terms of the energy that those actions place upon others and their rights. This Awareness indicates that no entity has the right to deny the rights of others, and yet all entities must give way some of their desires in order to allow others to have the right to express themselves.

This Awareness suggests that wherein an entity is violating the rights of others in terms of space, this may be transferred to another area where the entity can express himself without doing damage - this being through suggestion that the child leave the room and 'do that' elsewhere. Or it can be suggested that the entity do this at another time, or it can be suggested that the entity look at what is occurring and get involved with that.

This Awareness indicates that the action of the time and space can include the actions of the child, and the entire array of events can come together with the child's noise and violations. This Awareness indicates violation is only that which is in the eye of the one being violated.

This Awareness indicates that wherein entities cannot discuss or talk while a child is playing, this can be considered a violation or can be considered simply a situation, depending on the attitudes of the entities involved. This Awareness indicates that wherein the feeling is that the child is violating their space and rights

to speak, or to be, or to express themselves, then it can be suggested that the child take his trip elsewhere or do this at another time. This Awareness suggests that wherein the child balks at this suggestion, the parent or entities can then ask the child what it wants. And wherein the child is doing this action for attention, then if time allows, and others are agreeable, all attention may be turned to that child until the need for the attention is over; then the child may be asked to settle down or take the trip elsewhere.

This Awareness suggests that in an emergency, the child may need to learn to give attention to his or her behavior. That when this occurs, it may be the only way the child will ever pay attention is through physical pain and punishment. This Awareness suggests that this be rarely used, and only with an open hand on the bottom-side of the child - not more than three or four strokes, except in extreme emergencies where an entity has violated the physical rights of others and has inflicted pain upon another to the degree that is harmful and perhaps dangerous. That wherein an entity engages in the action of inflicting pain upon another, the entity does need to understand the nature of pain himself, and may indeed be actually calling out for someone to show him what that feels like. This Awareness indicates that entities who are in pain cannot explain to the child what it makes them feel like, but the entity in physical pain can show the child what it makes them feel like, or an adult can show the child what pain is.

This Awareness indicates that, likewise, wherein a child destroys property, the property of the child may also be taken from the child to allow the child to understand what is the pain that is felt when property is lost.

This Awareness suggests that the creative endeavors of a child often become confused with actions which are also destructive. That this action of raising children and moving through these kinds of orientation levels with children has been occurring since time began, and children are no worse now than they were ten thousand years ago. That parents at earlier times in certain cultures did rule with heavy hands, yet all this did was raise children who ruled with heavy hands and competed heavily with one another as adults to the point wherein wars and violence were much more prevalent than now.

This Awareness indicates that the action of dealing with children in levels of communication and reflection, likened unto mirrors wherein the child can see himself in terms of what his action makes the other person feel like - this as that which can allow a child to mature quickly.

This Awareness suggests that wherein the child is engaged in certain kinds of artwork or play which is of a violent nature, that parents may allow a certain amount of this, not creating a great taboo (such as those who object to a child drawing monsters, or soldiers killing one another etc., or wherein the child likes to play Cowboys and Indians, or guns), parents can allow a certain amount of this without any damage to the child. But after a certain length of time wherein the parent recognizes the child is slightly bored, or wherein the parent can bore the child with the game by suggesting: "Why don't you go play Cowboys and Indians?"; "Why don't you go play soldiers and war?"; "Why don't you go draw soldiers killing each other?"

The child, naturally, at this suggestion (particularly when the child wanted to have attention from the parent), will begin to resent the idea of playing Cowboys and Indians at the parent's suggestion. Wherein the parent can suggest this several times, the child will gradually begin resenting the games which the parent



has suggested, and the child then is primed and ready for the parent to get the child some new interest, some new games, something else as a substitute.

This Awareness suggests at this point, wherein the child is resenting the parent's suggestions of playing these games, and the parents see this resentment, the parents then can go out and make a special effort to give the child much attention, taking the child shopping and finding a new game.

This Awareness suggests that you not take the child shopping if the child would simply buy more games similar to those war games or games of violence, but that the parent can pick out something which would appeal to the child as a new type of game - perhaps for the substitute for the war game, to find a doctor set or ambulance set which is but a few steps away from the war games.

This Awareness suggests that parents, in raising their children, can gradually wean them away from those games of violence toward other games, so that the child does not feel so totally disoriented, but can gradually be moved in other directions.

This Awareness suggests that as this occurs, the child has the opportunity of moving through these various experiences without getting hung up on that one nipple, on that one game. But wherein the child is ignored and allowed to continue feeling hostility toward the parents, toward society, and using these games to express that hostility, this can become likened unto a nipple that the child never lets go of, and as the child becomes older, these games then become a way of life.

The child may then desire to participate in similar games of violence which has been occurring in his childhood and throughout his training period.

This Awareness suggests that you allow and assist the child to move from one orientation to another, and assist the child toward that movement to the responsive lifestyle which allows the child to give service to others round about, and to give that kind of expression which is appreciated by others.

This Awareness suggests you not be too upset or "freaked out" by the short-term involvements in actions which the child may become interested in, that you view as being somewhat anti-social.

This Awareness suggests that these anti-social actions can be dealt with without being forbidden, for the act of forbidding creates a taboo which the child feels must be broken and indulged in eventually.

This Awareness suggests that you avoid taboos, but that you simply allow the child to experience briefly and encourage the child to move on to something more interesting and constructive and useful.

This Awareness suggests this as the completion of this reading; that future lessons on creativity shall move into levels which relate into this.

(The Law of Gratitude is given.)

Excerpt CAC Reading 1-3-7-95 Paul Shockley Interpreter

Institutions on Earth are Coming to an end

CLOSING MESSAGE:

This Awareness indicates that the institutions that are such a powerful part of human existence on the earth; many of these are seen as coming to an end; that religion in the next 30 years will undergo extreme change. Belief systems will undergo great transformation and entities will look back on this century and see it as a time of extreme dogma and opinion based on false information as they become more aware of new truths that will surface in the next 30 years.

Many of the absolute certainties of this century will be looked at as foolish beliefs when entities enter into the next century, particularly within the next 20 and 30 years. This Awareness indicates that even within this decade, many of the religious certainties of present time for some entities will be discarded as entities move into new realizations of truth, based on evidence that becomes irrefutable.

It will be extremely difficult for some entities to find their belief system altered so serious and so severely, yet, it will also be a time when entities become free from many unfounded dogmas. And entities will take up a new understanding of the cosmologies of human existence, of the spiritual qualities of the universe, and they will have a new understanding of what God is, and what a spiritual life is really about.

The 7 Deadly Sins



Pride

Exxon Chairman Gets \$400 Million Retirement Package Amid Soaring Gas Prices



Avarice



Envy



Wrath



Lust



Gluttony



Sloth

Excerpt From a Personal Reading-Paul Shockley Interpreter

ADVICE TO A PSYCHIC SURGEON

QUESTION:

Regarding psychic surgery, am I being properly receptive as I should be, and are there any further instructions for me at this time regarding the healing art?

COSMIC AWARENESS:

This Awareness indicates that the energy and the force that works through you in this psychic surgery experience is that which becomes stronger and more effective when this is kept relatively quiet. This Awareness indicates that as you speak of this force, the energies of the force tend to be depleted and weakened. That as you feel the force moving through you and express this or allow this to continue to build until it cannot be contained any longer and must be expressed, and the expression is that which moves through the action, through the healing, through the surgery, rather than from the lips, this becomes more effective and powerful. This Awareness does not refer to the mutterings and statements and discussions during the time of healing, but rather to any discussions with others while this force is being built within your system to be used for the healings.

This Awareness indicates that as energy from within builds, it can be released through the spoken word. That wherein you are working on a patient and words are expressed, this Awareness suggests these to be given as healing suggestions, as words that carry forth the energy unto the psyche of that patient. This Awareness suggests that you devote the greater amount of the energy to the actual physical therapy, with approximately 25 percent of the energy being given in suggestion.

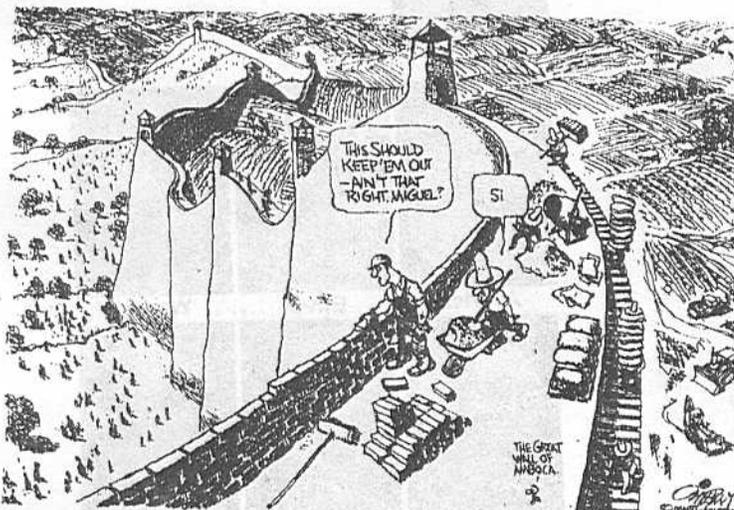
This Awareness suggests also that wherein a suggestion is given, that energies which... this Awareness suggests there is a technique of moving energy up the spine by manipulating the fingers along the sides, touching the spinal cord on both sides, running from the base of the spine slowly, with movements up and down approximately one inch at a time, using the thumbs on both sides of the spine. This Awareness indicates this as pressing against the spine on both sides, running this energy up the spine in movements up and down, while continuing to move the thumbs in the general direction toward the head.



"Listen ... this party's a drag. But later on, Floyd, Warren, and myself are going over to Farmer Brown's and slaughter some chickens."

This Awareness suggests that when the area of the medulla oblongata is touched, that at that point, suggestions which are given verbally shall be taken by the subjective level of consciousness by the patient, approximately 300 percent more effectively than when given without this technique. This Awareness suggests that the technique be incorporated with your regular channeling, possibly as an action at both the beginning and the end of your healing process. That at the beginning, the suggestion being given may be that which indicates the patient shall receive a healing, that when given at the end of the process, the suggestion being given that the patient *has* been given a healing and shall become well, whole, and shall prosper on all levels.

This Awareness indicates that in reference to your channeling, that you continue to remain open and receptive to those forces which work through you, that you communicate with these forces through feeling levels from the heart chakra, and that you can have closer ties with these forces if you keep this communication from being expressed in the verbal level, except when this is being expressed for teaching purposes to share the information with others. F771004P



--HOW TO GET THIS NEWSLETTER BY MAIL-- EVERY 4 WEEKS I (More or Less)

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