

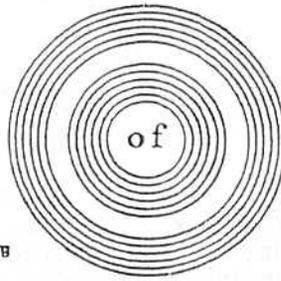
# Revelations

The Cosmic Newsletter

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# Awareness

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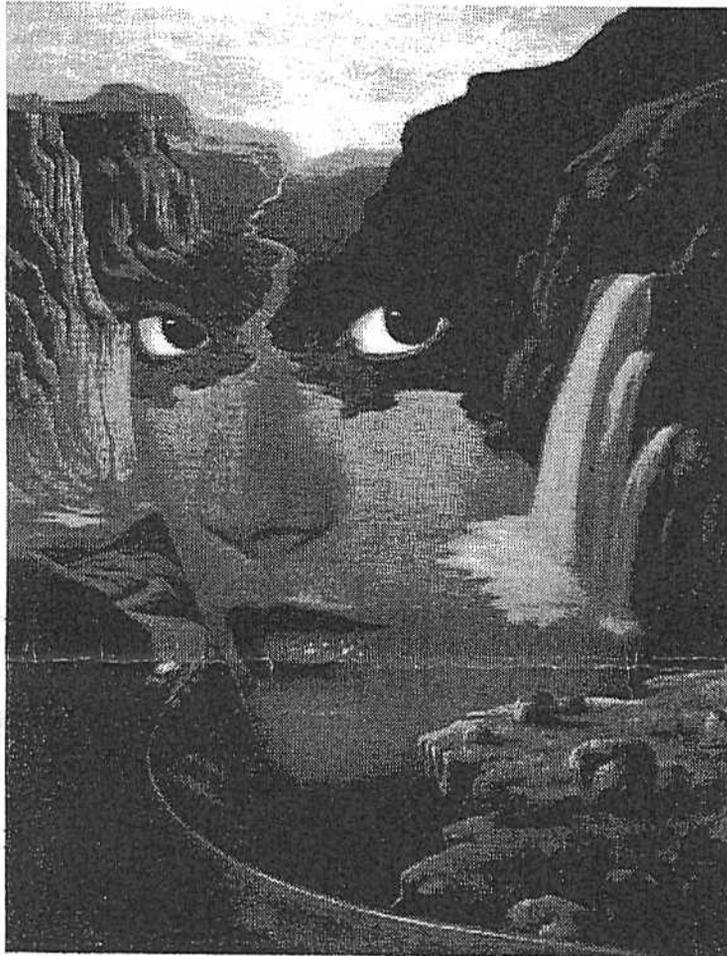
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MotherNature

## Flashbacks while visiting the Great Pyramid

- DU (Depleted Uranium)
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- What Karma awaits a "Sinful" businessman?

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AC Reading 2-8-07 Will Berlinghof Interpreter

The Law of Love is given)

COSMIC AWARENESS:

This Awareness wishes to state that the connections have been made in the level of consciousness that is needed to be able to channel this Awareness, and this Awareness is prepared at this time to enter into the pile of questions that awaits *It*. *It* asks that the first question in this pile of question, this stack of letters that are awaiting to be dealt with, be asked now.

## FLASHBACKS WHILE VISITING THE GREAT PYRAMID

QUESTION:

Frank Sherer, from Mountain Grove, MO, sends in three questions, the first being: "Shortly after the Germans had been run out of North Africa, and the British had control of Egypt, I was fortunate to be able to visit the Sphinx and the Pyramids of Giza. In going through the Great Pyramid, I experienced the feeling that this was old hat, and that I'd been there before, even working on its construction. Is this true? If so, what was my name at this time?"

COSMIC AWARENESS:

This Awareness clearly sees that this entity Frank Sherer was indeed involved in the construction of the pyramids, so many years ago; a time period much greater than what modern historians and archaeologists would like one to believe. Indeed, the time frame is over ten thousand years ago that the pyramids were built, and they were built with alien technology. They were built with the supervision of beings who were not of this earthly planet, who were considered by the peoples of those times as 'the Gods', and these gods had strange countenance for sure.

**It Was Extraterrestrial Technology That Built the Pyramids**

These gods had extra superhuman powers and abilities, but the truth is that these gods being extraterrestrial, knew much more than those people of the time who lived in the region and they were able to use much advanced technology to do the work that needed to be done, and they had techniques and ways of things that could levitate the stones into place. These attempts portrayed on certain shows and programs of duplicating the building of pyramids by modern physical techniques really never understood or give credence to the fact that it was extraterrestrial technology and knowledge that built the pyramids, that levitated the stones into place.

**How Vibrational Energy and Sound Lifted the Massive Stones (The Different Functions of the Three Major Pyramids)**

This Awareness once spoke of this and once spoke of how sound and vibrational energy was used to lift the stones. There was a group of individuals that would gather, this was 122 to be exact, and through the intoning of certain sounds, be able to lift the massive stone blocks that were used in the construction of the pyramid, and this all to a very strict plan, a strict formula that was used in the construction of the three major pyramids in Giza, and these pyramids served different functions. But the Great Pyramid was the pyramid for initiation as well as for astral projection. There was technology available then that would allow individuals to travel great distances through the resonances created by the pyramid and by the shapes of the pyramid and the positioning of the pyramid too, for the pyramids are positioned in the exact geological center of the

mass of the land, the land masses that constitute the world.

**The World Was Once a Super Continent With the Pyramids the Geological Center of the Planet**

At one time, many hundreds, thousands, even millions and millions of years ago, the lands all were one super continent that then drifted apart as the tectonic rifts formed and the plate moved around the world, creating that which is the present day appearance of this planet, but at one point, there was a super continent, and if one were to bring all of these land masses together, that the exact geological center of that super continent would be that very spot the great pyramid and the two other pyramids and the sphinx were built on. They mark the geological center of this planet.

**How the King's Chamber Was Used at the Time**

The pyramids were built at a time when the extraterrestrial gods walked on this planet and used their knowledge and their wisdom to build these structures for purposes other than tourist attractions. The King's chamber that lies within the Great Pyramid is an initiation chamber, a place of great initiation. It is also a place that through the resonances created by the pyramids, and the Great Pyramid in particular, could allow a person to astral travel great distances, to project their consciousness great distances and thus, reconnect with the mother planet, that which is also known in the Sitchin books as Nibiru, and that often, the extraterrestrials who were left on this planet would use the chamber so that they could journey home for visits. It had that function also.

Primarily, the King's Chamber, especially that which is known as the sarcophagus that was placed in the King's Chamber was used for the initiation of the priest class, especially after the extraterrestrials left and were no longer directly involved with the humans that inherited the structure of the Great Pyramid, the two minor pyramids and the Great Sphinx which is also located at the Giza site. The initiation would be often to connect with the gods themselves so that the priest class that was created were actually truly the voice and the eyes of the gods themselves. This is all in the way of background.

**Frank Was Known as the Son of Thoth**

Pertinent to the question asked by the entity Frank Sherer, he was indeed one of those who worked for these alien gods. He was a member of the priest class, and a very high member at that. He himself was a hybrid, or the entity that existed at that time was a hybrid being that had in his physical makeup the genes of the extraterrestrial gods themselves; his mother being one of the hand maidens of the goddess, that was Her personal goddess, but she was also chosen as the vehicle to create the hybrid race that would become the intermediaries for the gods themselves, and Frank at that time, being born of the union of a god with a hand-maiden of one of the goddesses, a mortal being, was produced of the union of the extraterrestrial and human, and he became a very high and respected being himself, a being not quite wholly and completely human, but indeed, of the extraterrestrial stock. So his status was somewhat different than the slaves that worked for the god and the priest class.

He had privy to knowledge and wisdom from the extraterrestrials, from his own father who was seen to be of a very high nature. The name Thoth does come through at this time, and Thoth was the scientist and builder of the Great Pyramid and Frank Sherer was indeed the offspring of the extraterrestrial that is known as Thoth. He was a beloved son and was given much honor and respect from both the extraterrestrials as well

as the humans, those whom he was a leader to and of. He did indeed work on the construction of the pyramids and also of the Sphinx.

He was the intermediary who was able to be the liaison between the wishes of Thoth and the extraterrestrials and the humans, who provided some of the physical labors needed. Most of the heaviest work, that of the actual lifting of the stones was done through the techniques of sound manipulation, of vibrational engineering that allowed the stones to be lifted into place and then directed by those in position, in to the key positions the stones needed to be put into, and this was how the pyramids were built.

#### Sleds That Levitate Were Also Used

They also had practical devices or apparatus such as sleds that could levitate or also work with the vibrational sounds as well as the energy grid of the planet, and move into position so that individuals could be on these sleds and do the surfacing work of the pyramid, for at one time the pyramids all had a very smooth surface and it was at an angle that they could not simply stand on the side of the pyramid and do the work. These levitating sleds would be used to lift up individuals who could do the fine work, the sanding work, the physical work that would be needed to make the fine surface that the pyramid once had.

This Awareness suggests that the entity Frank Sherer can indeed retrieve these memories; indeed, already has done so to a large degree and holds them very close to the surface of consciousness, and if he so chooses, he can actually go in a little bit deeper to retrieve the actual memory of himself living at that time, working for the extraterrestrial gods that walked on the planet at that time, who he was directly linked and related to, and he can remember his time as a high priest of the class that were to serve the masters, but he understood who they truly were, and in that liaison role, he was able to work with his own extraterrestrial parentage and those who were below him in human form, those who were considered the slaves, but were never treated badly or treated as slaves would be treated later on.

This is all available to this entity, if he chooses to go within and fully retrieve the information to the extent and degree that he wishes to or needs to. This Awareness is complete with this question at this time.

#### QUESTION:

Do you have any feeling on what his name was at that time?

#### COSMIC AWARENESS:

This Awareness sees several incarnations of this entity throughout the Egyptian span of time. A later incarnation was that of Ramses the First -- Ramses as a pharaoh in early Egyptian times. The pharaohs were indeed considered to be prodigy of the gods themselves, and the whole mummification principle on one level was to prepare them to return back to their extraterrestrial source, and this indicated the lineage did continue back, or forward if you wish, through time, so that this individual Frank did return again in a role as an emissary of the gods, given a status of pharaoh; that pharaoh being Ramses I.

The earlier incarnation, wherein he worked directly with his father; the closest that this Awareness can come to as a name is Son of Thoth. This Awareness *does* have a name, and that name was Imhotep. Imhotep, often associated with Thoth, and himself given god-status in later lexicons of the deities of the Egyptians. At that

time, Imhotep was the son of Thoth, and that is the name that this Awareness comes up with at this time.

### Is the Source Constantly Cranking Out Souls?

#### QUESTION:

In his book "*Destiny of Souls*", Dr. M. Newton gave me the impression that the Source is constantly cranking out souls and new planets, much like a popcorn machine spewing out popcorn. If this is so, and my analogy is correct, are any of these new planets up for grabs for colonization by like-minded souls, free from greed?"

#### COSMIC AWARENESS:

##### The Creation of Souls and Planets

This Awareness first wishes to comment on the theory that planets and souls are created as popcorn being popped from a popcorn machine. To some degree this analogy is correct, but there is a difference. The difference is that there is a *regulated* creation of planets and souls. It is not simply a freeform creation or creative process that simply produces an abundance of souls and planets. There is indeed a formula for a soul or a planet to be created in the first place. This formula is fairly wide-ranging, and from a greater context it could be seen that the creation of souls and planets is indeed endless and ongoing, but even so, this too has a qualification.

There are so many souls at this time that are available for the different levels of experiences, but there is a limitation as such, on the souls available to any dimensional experience, so that in the third dimension, there are not an infinite amount of souls available to have a third-dimensional experience, but the formula is there to guarantee that the amount of souls that would be needed to have physical third-dimensional experiences can be reached and governed, so that there is not an overwhelming amount of souls available to this third-dimensional experience.

Saying that, there are always new souls that emerge into the third-dimensional, because it is an ongoing process. Old souls also reappear, having as many physical existences and experiences as are needed to complete the journey on the physical, if that is the intent of the soul. The soul is multidimensional and thus, the experience of third-dimensional reality for a soul is only one phase of the soul's overall experiences, so that is why it can be seen that the creation of new souls is like popcorn being popped continually in an everlasting unending cycle.

But even the everlasting unending cycle eventually will come to an end; an end not so abrupt as a complete stop and cessation of the process of creation, but just a retraction back to the original Source, the original point of origin, for the whole process to start up again, expanding outward as far as needed to then reach that outer limit where the process of retraction once again begins. A continually moving experience indeed! And planets also follow this form. The Planets are created continually, as are the suns, the galaxies, the universe, the systems that are in existence at this time.

This theory is commonly known as the Big Bang theory, and this is as good a way to understand this creation, as any other. The expansion out from the original moment of consciousness and awareness; outwards, ever outwards, seeking awareness on all levels, all dimension, until a point is reached of contraction and retraction, and the whole process comes in again. From an earthly point of view, the timespan is so phenomenally long that sometimes it is inconceivable to

actually get one's head around the concepts, so it is much easier to see this as a continuation and out way of things; an expansion/ contraction pattern that is followed over and over and over again.

Therefore, there is plenty of chance for souls to be created in their expansion, as they expand outwards to retrieve all the experiences needed before a contraction of the soul even begins, coming back to the original source, the original point of creation in consciousness, re-assimilating completely and totally into that point of pure consciousness, before starting the process all over again. This Awareness feels complete with the answering of this question and asks to move on unless more is required of *It*.

**QUESTION:**

Are any of the new planets up for grabs for colonization by like-minded souls, free from greed?

**COSMIC AWARENESS:**

The answer to this is a most definite "yes", for these new planets have new requirements, new ground rules, a new and different way or prerequisite of what is required for that planet's evolution, that planet's experience. This would not always duplicate itself as a third-dimensional experience. These planets may be in the present solar system that exists, that this planet earth is part of, and thus may require third-dimensional experiences, or they may not be in this third dimensional reality. They may be in other dimensional realities, requiring completely different experiences.

Indeed, even the souls who would inhabit that planet do not necessary appear there in a bipedal form or that of a human-like creature. They could go into that planet and be part of the mineral kingdom and experience that reality in that form. On this planet this would be known as a crystal entity or consciousness, or perhaps sedimentary rock, or that which is of a completely different form of consciousness altogether. One can see that there would be no greed involved if one came in a mineral form simply to have that experience of the mineral consciousness.

There are other levels of consciousness: the animal level of consciousness for example. Perhaps the planet does have animal life of a rudimentary nature. Again, the experience would be to have that animal consciousness, to have those experiences the animal would have. There is no greed involved, just the natural order. Or the soul could manifest in a completely different form than anything known on the present planet earth and have the experiences that it required, completely free of any greed or manipulation for self-gain or self-importance.

These are experiences largely found on this third-dimensional reality known as Earth, and they are required on this planet to teach certain lessons so that the soul can have these experiences that it absorbs into the fabric of its being. Any new planet that comes into existence does not by necessity have the same requirements, and so the souls that choose to be on those planets, even souls that might come in and have a humanoid form of some kind or shape, do not necessarily inhabit that planet with the same goals or purposes as this present planet. So there would not necessarily be the need to have experiences of greed or any of the other experiences that are negative on this planet.

Even though these experiences are negative in the long run, perhaps they are worthwhile in the overall experience that the soul seeks when it enters into this earthly plane. So, the answer of course is "No!", the new entities or souls that inhabit the new planets do not

necessarily have to be there to have experiences of greed or the other experiences found on this planet that are sometimes considered to be of a negative nature. This Awareness is complete with this question and wishes to move on.

## DID ANCIENT NEFILIM GRANT IMMORTALITY TO HUMANS?

((How the Cuneiform Clay Tablets Worked as Recorders))

**QUESTION:**

Another question from Frank Sherer: "According to the cuneiform clay tablets of ancient Sumer, the Nefilim on the planet Nibiru, have the capabilities of granting immortality to humans from the earth. Is this ability prevalent among occupants of other planets in the universe?"

**COSMIC AWARENESS:**

This Awareness is asking for certain clarification at this time. Is the entity asking if the cuneiform tablets themselves give the immortality that is asked about?

(Question read again)

**COSMIC AWARENESS:**

This Awareness disagrees with this presumption. In fact, this Awareness states outright that this is incorrect. The tablets themselves are simply a vehicle upon which information was recorded. They are not unlike the paper that was developed so that the written word on that paper could convey information. In more recent times, technology has provided other ways of recording information; on cassettes, videos, CD's, and now DVD's MP3 recording devices: technology has come up with many different ways to record information.

The earliest form of recording information were clay tablets, where cuneiform was put into these clay tablets through certain writing apparatus that would imprint into the clay the forms themselves which could be read, and thus the information was retrieved. This Awareness sees that the Nefilim also had other technologies that were advanced beyond the Sumerians themselves of those times. These cuneiforms could read electronically in a form similar to modern technologies and they could be put into devices that then could read the information on the clay disc or the clay form that could then be translated into form that could be displayed on different devices that were available to the Nefilim at that time, be it on their home planet Nibiru or in Sumeria, where these beings existed originally, and then of course went into other areas such as Egypt and Atlantis, and other places that existed at this time.

### Today's Archaeologists Do Not Understand Cuneiforms

It is seen by this Awareness that they also had a form of hologram that could actually create three-dimensional images that were read off of these cuneiform tablets. The cuneiform tablets therefore were in some ways much more advanced than what archaeologists in these times now ever understood or do understand them to be. They could be used directly, and could be read directly. A simple matter such as writing on paper, where a piece of paper with the written information could be held up and read and understood, but they could also be used in another way, and that would be to put them into the advanced technological apparatus that the Nefilim had at that time, and then the messages could be lifted from the tablets, just as the information off a DVD disc is lifted off of the DVD and then the

apparatus itself can display that information for use by the reader.

In some ways therefore, these cuneiform tablets were more advanced than DVD's because a DVD cannot be read visually, whereas the cuneiform tablets could be read visually, if needed. The purpose being that very quickly, a person familiar with cuneiform could read what was contained on the disc or could then put the cuneiform tablets, which were special tablets, into the apparatus that would read it, and perhaps even create the three-dimensional images.

This Awareness wishes now to deal with the question of immortality, for it is seen that there was a working of the tablets themselves in an apparatus that could create what seemed to be immortality. This Awareness asks that this part of the question be read again before *It* answers.

### The Question of Nefilim Granting Immortality (The Sarcophagus in the "Stargate TV Series")

(Question read again)

According to the cuneiform clay tablets of ancient Sumer the Nefilim on the planet Nibaru have the capabilities of granting immortality to humans from the Earth. Is this ability prevalent among occupants of other planets in the universe?

COSMIC AWARENESS:

This Awareness will deal with the first question; that of granting humans immortality. This Awareness wishes to refer to a current television program that is quite popular known as *Stargate*. In the series *Stargate*, there is an apparatus known as the sarcophagus; this apparatus is used for purposes beyond simply placing a body to be stored in after death. In the program *Stargate* the sarcophagus is used for healing and restoration of life and life force. This is what is seen by this Awareness.

The cuneiform tablets that were used would be put into the monitoring device, the apparatus that could read the instructions that were inlaid into the cuneiform itself, into the tablet itself, and it could be transferred, as is done now to apparatus that would act on the instructions, and that one of these apparatus was the sarcophagus that would generate energies that could create life or at least could perpetuate life, extend life. If a human was put into a sarcophagus, perhaps a hybrid human, an offshoot of a Nefilim, who would be given special status and place, were placed into a sarcophagus, that the life force would be given to them that would allow them longevity of life, and allow them to live longer.

#### Sarcophagus Gave Moses and Methuselah Extra Long Lives

This is exactly what happened to certain historical individuals that were known to have had long life; Moses being one of those individuals. There is seen a character even earlier on in the *Old Testament*; the name not clear at this moment, (Methuselah?) who had a life of over 900 years...this too was an individual who was put into the sarcophagus so that his life could be extended beyond the normal span on life that most humans had at that time. Those who would be around him would of course see him as an immortal, because he was given the gift of immortality through the gods themselves.

This was really how it was done. The reading of the information off of the cuneiform tablets that would enact the apparatus, the sarcophagus, that could bring forth and allow the process to occur; that process being the extension of life, the granting of extra life force, extra life vitality to a human that would perpetuate his life, extend his life tremendously. It is erroneous to say that the cuneiform tablets themselves were what caused this

to happen. They were simply the medium upon which the message was stored; a message that then could be interpreted and translated and acted on, by the apparatus involved. This is how this feat was done, how the granting of immortality was given to certain select humans.

It was not immortality as such, in terms of everlasting life, but simply an extension of life well beyond the measure of the norm for most people. This Awareness is complete with this question and wishes to answer the second part of the question now.

QUESTION:

Is this ability prevalent among occupants of other planets in the universe?

COSMIC AWARENESS:

This Awareness says this is in the affirmative. This Awareness suggests that the same gods or extraterrestrials who came to this planet indeed did visit other planets and did create other races based on their gene pool, of their teachings, of their technologies, and thus brought their technology to the other planets, making it available to the inhabitants of those other planets. So yes, the answer is that this was available to inhabitants of those other planets, but this Awareness is complete with that question and wishes to move on.

### DU (DEPLETED URANIUM)

(Information the Military Doesn't Want You to Know)  
More on the Secret Plan to Reduce World Population

QUESTION:

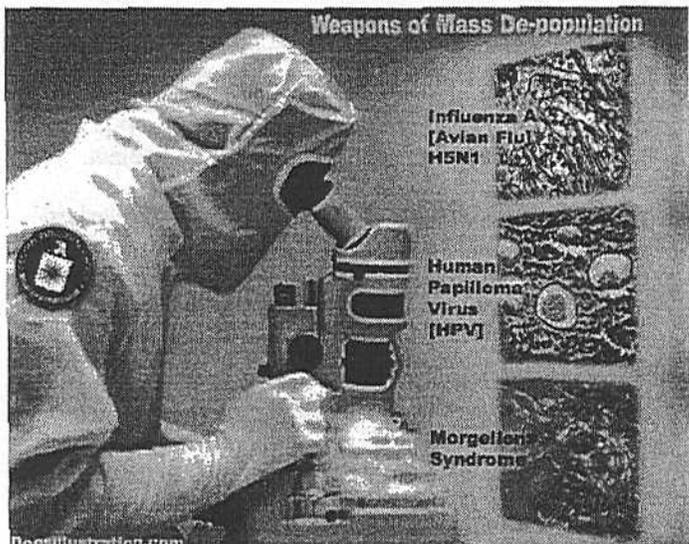
Excellent. This next question is from Else Wierbicki, from Sevierville, Tennessee. She asks: "Did Cosmic Awareness ever discuss about DU (depleted uranium) which is used by our military in abominable quantity?"

COSMIC AWARENESS:

This Awareness sees no previous reference to the use of deteriorated uranium, DU, but wishes to make comment at this time on that subject. This Awareness wishes the readership to understand that the government's true purpose, the government being not simply the government elected by the people for the people, but the secret government, the government that lies behind the apparent government that has been put in place by the people; that this government, the secret government, has ulterior motives, and that one of the prime ulterior motives that it has at this time is a drastic reduction in the world's population.



# LAW



It does this through various nefarious ways and means, and one of those ways is the use of deteriorated uranium, or depleted uranium: DU. One reason it does that is to destroy and create even more death and destruction amongst humans so that the overall population can be ultimately brought down. The first victims of the use of DU ammunition is of course, the very people who handle it the most, or have it go off in their proximity. That would be the military and the soldiers who were subject to it in the first war in Iraq, the war known as Desert Storm.

This has been used subsequently in the second invasion, the second Desert Storm and is continued to be used as a way of killing off human beings or causing radiated energies to be released that can lead to the death of these individuals who handle it or were in the proximity of its detonation. Also, this is seen as something that will remain in the grounds where the detonations occur of the shells that contained depleted uranium, and this is seen as a long-term effect that would affect the inhabitants of the area where such shells were used, and the radiation levels would increase in those levels, thus creating a toxic area that has the ability to further irradiate individuals in that area, further pollute the individuals who have to live in the areas where these shells exploded.



This too is part of the overall purpose. It is not simply of radiating the soldiers, the men and women who handle these shells and this ammunition. That is part of it; but the long-term would be to also disease those who must live in those areas later on, who are going to come into contact with the polluted areas themselves, as well as the polluted and depleted uranium that might still exist in the landscape where the shells and the ammunition detonated. So, this Awareness suggests that this is part of an overall plan to decrease the human population of those that are considered the non-essential humans, those that are simply considered fodder in the cannons of those who would decrease human population by whatever means.

The use of depleted uranium is simply one of many many ways to achieve this purpose.

## THOSE TORTURE PHOTOS TAKEN OF ABU GHRAIB PRISON

(When Humans Separate Themselves From Spirit)

### QUESTION:

The next question is from Chris Locke, an English teacher in Japan. He writes: "Those widely publicized torture pictures at Abu Ghraib prison in Iraq, were the pictures real and what is the message being sent? Is there something occult about the hoods? And will intelligence agents who ordered them ever be brought to justice?"

### COSMIC AWARENESS:

This Awareness chooses to deal with each question as it comes forward, so *It* will ask for the repeat of the questions, as this Awareness endeavors to answer Chris Locke's question. But first, *It* does have a comment to be made, that *It* wishes to make; that the primary purpose of the taking of the pictures at Abu Ghraib was for the degradation of those prisoners held there as well as a kind of human moroseness of a showing of superiority. These pictures indeed show how low the human spirit can sink if there is not an elevated awareness of the rights of human beings, the dignity of human beings.

### Why It Is Possible to Reach Degraded Levels of Human Spirit

When a situation is created of "us and them", where "them" are considered the enemy, and that any means to degrade and defeat the enemy on a mental, physical or spiritual level is okay, then it is possible to reach such degraded levels of human spirit. Using the word "spirit" in some ways is an insult to the word "spirit" but this Awareness uses it as a way of indicating how low humans can sink when they are not in connection with the Divine Spirit, when they are separated from that which is their Divinity, their True Essence, and that this is indeed the existence of most humans at this time; this separation from spirit that would allow a human to sink to such low levels, where they would degrade and torture other humans and then take pictures of them to display amongst themselves as some way of gloating further that they have visited on these humans who they see as "them", who they see as the enemy and who they see justified in doing this to.

This is the opening comment that this Awareness has at this time to the question asked by Chris Locke. *It* is now prepared to answer each individual question.

### QUESTION:

Were the pictures real and what is the message being sent? Is there something occult about the hoods?

### COSMIC AWARENESS:

These pictures were indeed real. In some ways there was no message being sent. They were simply taken to display the superiority of those who were the captors

versus the prisoners, those who were the "us" versus the "them", and if there was any purpose, it was to degrade those individuals who were seen as prisoners, who were seen as the "evil ones" who deserved such treatment. It is possible that part of the hidden agenda was to put these pictures out in the magazines that were eventually available to display the pictures. This was not ultimately the reason. These pictures were taken for private reasons to be displayed amongst those who were the captors, those who had control, those who were the torturers and the guards for their own twisted pleasures, but they did have a higher reason.

This reason can be seen now as bringing this to light. This was not the true intent or the agenda, but this is what Divine Spirit wished to happen so that the actions could be brought into public domain and be seen for what they were: acts of depravity against fellow human beings that are not tolerated by a civilized society, and thus there was a higher reason, quite beyond the personal reasons for taking the pictures in the first place. This is seen to also be a play, even though this was not part of the original agenda, so to speak, or the personal agendas of the guards who took the pictures, who were trying to flaunt their superiority to the prisoners and to themselves.

This Awareness feels that *It* has completed the answering of this part of the question and asks for the second question to be asked.

**QUESTION:**

Is there something occult about the hoods? Etc.

**COSMIC AWARENESS:**

This is indeed part of the hidden agenda. There are certain Satanic elements involved in all of this. Those who understood the Satanic elements were the higher-ups, who gave these hoods to the hoods who perpetrated the torture and degradation. It was part of the breaking of the spirit of the prisoners, so that they would talk, so that they would give up whatever information it was felt they held and had. It is to be remembered that at the time these pictures were taken, at the time this information was sought, that certain information needed to be brought forward as to the hiding places of certain individuals high on the list of Saddam Hussein. Saddam Hussein himself was sought at that time, but that was only the justification given to the public, to the world, to justify the techniques used to get this information. The justification was that torture was an approved means to retrieve information that would bring these individuals to justice, that would capture them. But the means do not justify the end, and although that was the justification, it was not the truth.

**Satanic Methods Used to Raise High Levels of Fear**

The truth was that other forms were using Satanic means to elicit high levels of fear from these individuals. This Awareness wishes the readership to remember other information given by this Awareness previously to the purposes of the Satanic rituals; that being to elicit high levels of adrenaline through fear, and that certain entities would feed off of that fear and that energy that was produced through the torture and degradation



processes of Satanic ritual. These were brought into the Abu Ghraib prison, and that is why the occult significance in these pictures of hoods and arms placed in certain positions and geometrical design; all of this being part of an even deeper knowing of how to elicit deep terror and deep fear in the victims, for these individuals were indeed victims to this process.

It is not seen that the guards themselves understood that which they were taught, for they were taught these acts and these ways of eliciting such deep fear and terror; they were taught in schools of military origin for the purpose of breaking the prisoners. They were taught these techniques as ways of breaking them so they could get this information that they were told was needed by the military intelligence, so that they could find Saddam Hussein and others, but that there was really a deeper reason behind teaching them these techniques that went well beyond the elicitation of information or the retrieval of information from these individuals held.

The individuals being referred to being the prisoners, being the victims of the torture and degradation that was done to these individuals. The deeper principles were eliciting deep fear and dread, thus promoting elevated adrenaline levels, thus the energy that was coming from these individuals could be literally sucked from them, taken from them; the purpose of which is that it was a type of narcotic for other individuals higher up on the food chain, so to speak, who could take this elevated adrenal energy and feed on it. This lies well beyond the understanding and the scope of the prison guards who often used such techniques.

They themselves did not actually feed directly on it, but they did receive a "high" from creating such fear in their prisoners, in their victims, and this is part of the euphoria that seems to have pervaded this prison; that the guards themselves indirectly fed off or were subject to, which would allow them to move beyond normal levels of human compassion and understanding, thus allowing them to do these actions in the first place. But yes, there is indeed an occult element involved in all of the torture and degradation of the prison in the Abu Ghraib prison system and in the prison itself.

This Awareness asks now to go on to the next question.

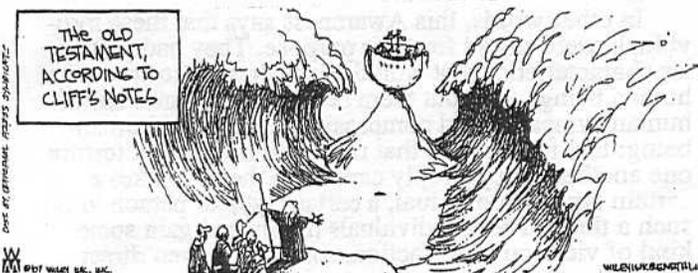
**Will Justice Ever Occur to Those who Ordered this Atrocity?**

**QUESTION:**

"And, will intelligence agents who ordered them, ever be brought to justice?"

**COSMIC AWARENESS:**

This Awareness wishes to state that: "No." They will not be brought to justice, as justice is known on the human plane. They are the hidden ones. They are the



DRAWN BY CLIFF WITTE. ARTIST: CLIFF WITTE.

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ones that lie beyond the veil, that issued the instructions and orders in the first place so that these prisoners could be tortured, so that this substance could be removed from them, this energy could be tapped into, but they themselves are hidden and they will not be brought to justice in earthly courts. It will be and indeed it was, for these matters have already been dealt with; the guards themselves who tortured the prisoners that will be brought to justice, so to speak, but that these individuals are simply scapegoats, so that they can be offered up, and that those who truly are behind it, who truly held the truest level of power, who received the most benefit from the torture that was done on the prisoners; they will never be brought to justice in earthly courts, but they will face justice in the courts that await them beyond the veil, beyond life itself.

When all return back into spirit, eventually all must answer for the actions of their lives, of the lives experienced. This is where the ultimate justice will be dealt. This is not seen as a Christian concept of being punished and thrown into hell for actions, but that those individuals who caused such suffering will indeed themselves experience a form of suffering later on, perhaps in other lifetimes, where they themselves are the victims of torture or abuse. There is ultimate justice that is served also, so that even though they may escape justice and retribution for the actions they initiated on this plane of existence, does not mean that they will ultimately avoid any form of justice or punishment on some level, on some other plane of existence, or at another time, another lifetime.

This Awareness is complete with this question.



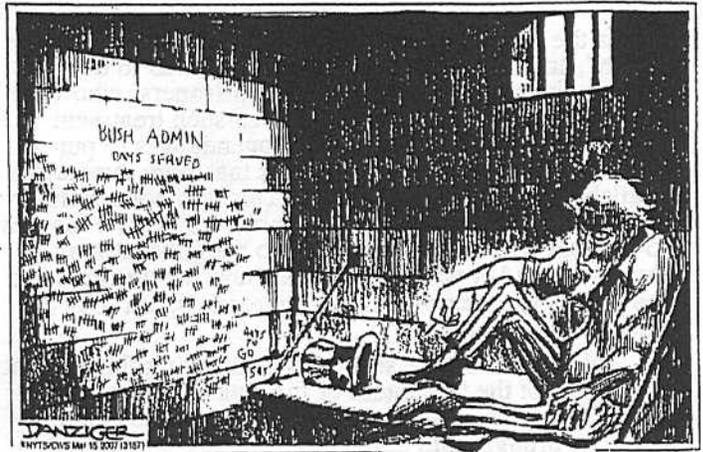
#### A Purpose for the One on the Pedestal?

Question:

Chris goes on with this question: "Also, I noticed the one standing on a pedestal was geometry...hands at a 45 degree angle, etc. Was there a purpose for that?"

COSMIC AWARENESS:

This Awareness explains that this is part of the occult techniques taught to the individuals who perpetrated the torture and the degradation. The individuals themselves were not always aware of why they were asked to do things a certain way, and that the individual pictured here may not have understood why he was doing this particular action, holding this particular pose, but it was



a pose that opened up certain doorways and allowed certain energies to be siphoned off the individual or even for those who are at the higher level, even on another vibrational level, to actually absorb those energies that were being created through the torture process, and thus, it is seen that the occult element was indeed displayed and shown in this picture. It is a Satanic ritualistic pose that was used for the purpose of opening up energetic dimensional gateways to allow the energies to be siphoned off those individuals being tortured, even of allowing fourth dimensional beings to partake in the torture itself, thus, feeding off the individuals, the victims who were being tortured and degraded.

It is also to be remembered that the Moslem victims that were tortured were and are of a very traditional orientation, and to be tortured and degraded by women in that culture is itself a very degrading experience that produces a high level of negative adrenaline-based energy that would be used to feed those beings that have as their agenda the creation of such energies in the first place. Therefore, this entity's pose is indeed part of the Satanic ritualistic poses that were taught to the guards so that they could be used to initiate and create the energy that other hidden entities could then feed off and use. This Awareness is complete with this part of the question and wishes to add some further comments to the last series of questions.

#### Prison Guards are Screened and Hand-Picked

This Awareness has suggested that the guards were not innocent of what they did, but ignorant of the significance of why they were told to do things in a certain way. They accepted that this is the way to best break down the prisoners, to degrade them, to use torture against them, as a way of totally demoralizing them, degrading them, breaking them, and they thought this was justified because they felt that their purpose was to retrieve this information that they were told was necessary and needed to capture the leaders of the Saddam Hussein government and regime, however, this Awareness also wishes to point out that those individuals who were chosen to be the guards in this prison of Abu Ghraib were asked certain questions and screened, were hand-picked and hand-chosen because they showed certain psychological attitudes and certain characteristics that were seen as beneficial to pursue this form of torture.

In other words, this Awareness says that these individuals were suited for their purpose. They had particular characteristics that would allow them to torture other human beings, that put them beyond the normal kin of human sympathy and compassion for another human being; that makes it so that most humans cannot torture one another. They simply cannot go there. It takes a certain type of individual, a certain type of person to do such a thing. These individuals did indeed gain some kind of vicarious satisfaction, sometimes even direct

satisfaction through the torturing and degradation of these individuals who were seen as the "them", the "enemy", the prisoners, and that all means justified the retrieval of this information.

They did indeed get some kicks out of torturing these individuals and degrading and demoralizing these individuals. This Awareness sees that the taking of the pictures was to create a vicarious experience, a reliving of what was felt and achieved and gained when the individuals involved did indeed torture these people and degraded them in the normal course of the day. Looking at these pictures was to regain some sense of the high that they felt when they did these actions against these individuals, and this was somehow able to trigger in them a satisfaction that they could have such power over these individuals and that is why ultimately the personal pictures were taken of the torture and degradation. It was never the intent to purposely release these to the magazines that printed them. This was Spirit's intent and reason and purpose.

But for the individuals who originally took these pictures, it was to regain the vicarious thrills of the experience that they had when they performed these actions against the prisoners. This Awareness is now totally complete with this question and this series of questions given, and is prepared for the next question.

### Using Papaya Seeds to Cure Glaucoma

#### QUESTION:

This is from Mr. Clarence R., Saint Lucia, The West Indies. He writes: "Tell us (me) how to apply papaya seeds to cure or ease glaucoma."

#### COSMIC AWARENESS:

This Awareness first of all suggests that applying papaya seeds in their seed form would be inappropriate and indeed painful. This must be transformed into a medium that can be applied to the eyes, versus the seeds actually being put into the eyes. This Awareness sees a process of grinding the seeds down, drying them first, and then grinding them into a paste of some description. The fibrous bits of the shelling of the seeds must be extracted somehow. This is seen as a rather laborious process, but it can be done. The seeds must be ground down into a fine paste using a mortar and pestle, if one is doing this by hand, and that once ground into this paste, can be applied, not directly into the eyes, but it is seen into the corner of the eye, where the eye has that spot where it can take in the elements of the paste, of the papaya seeds themselves that could be beneficial for the treatment of glaucoma of the eyes.

It is seen that the eyes are closed and the paste is put on the outside of the eyelids. It can be put across and around the eyelids into that area that is closest to the nose that can absorb the essence of the papaya seeds that are ground up. This Awareness is seeking another use of this, rather than the external use that *It* has just described. It is seen that this paste could be ingested, taken internally, and this too would have some benefit, but not as strong a benefit as perhaps using the paste on the eyelids and in the corner of the eye. Generally speaking, this is not the best way to treat glaucoma. It is seen as somewhat beneficial, but there is a lot of work involved in grinding the seeds to such a level that it is a paste, and to make it a stickier paste, a substance could be added that would be the base that the paste could be added to create a slightly stickier substance that would adhere to the eyelid.

The purpose of putting it to the eyelid and to the corner of the eye, is that the active property that would be released by the grinding of the papaya seeds could be absorbed first through the eyelid and then into the eye itself. That is the purpose of putting it in this manner to the eyelid, and that a base would be needed that would allow it to adhere. This Awareness is seeking such a base. It could be an ordinary hand-cream that is used, but if this process is used, then of course this substance is not to be taken internally afterwards. It would simply be a way of combining the paste created by grinding the papaya seeds with an agent or carrier that could then be applied dermatologically or to the skin, to the eyelids themselves.

This Awareness would ask that a neutral hand cream, a hand cream that did not contain a lot of various elements be used for this purpose. Of course, one danger is that any hand cream that is applied to the corner of the eye could cause irritation of the eye and this would therefore be recommended not to be applied to the corner of the eye directly if a hand-base is used, and only to the lower parts of the eye, and only for a limited amount of time with it being wiped away afterwards. A limited time period of ten to twenty minutes is seen as an adequate time-frame to allow the absorption of the essence of the crushed papaya seeds. If the papaya paste is taken directly, it does not need to be mixed with the base or a hand cream, and can be taken directly.

This is what this Awareness sees as the proper use of the papaya seeds. A final comment is made here at this point, and that is that the papaya seeds, if wished, could be taken and chewed upon, allowing the essence to be released also, and the actual fibrous part of the seed spit out afterwards, but this is the least effective way of all to release the healing property of the papaya seeds, but it could be done, if the entity wishes to do so.

### Using Marijuana to Relieve Glaucoma

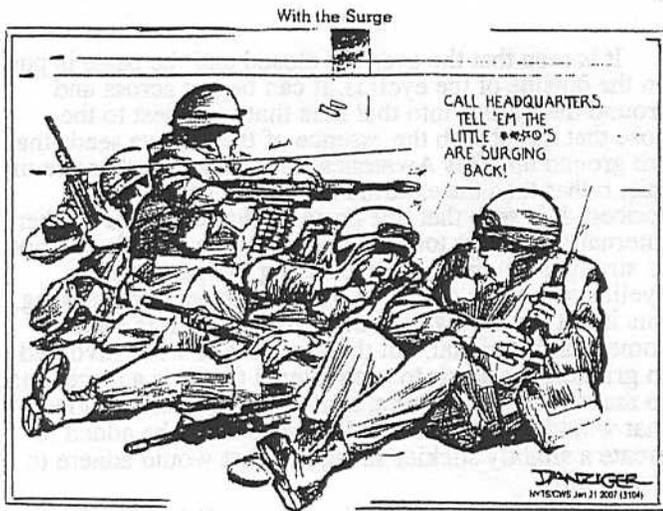
#### QUESTION:

Clarence wants to know how to apply marijuana to cure or ease glaucoma.

#### COSMIC AWARENESS:

This Awareness first of all wishes to state that the use of marijuana is an illegal substance and *It* cannot condone or support the use of marijuana for this purpose, only in that it could cause individuals of this organization difficulty and legal problems, and therefore, *It* cannot in good will promote the use of marijuana for the purpose of reducing glaucoma. In the country that the individual lives in, marijuana is widely used, and in the country that the Interpreter lives in there is that which is known as medical marijuana that is used for the





purpose of reducing the pressure of glaucoma. It is seen as something that is allowed and tolerated in Canada, the country the Interpreter lives in, but it is not seen as something that is allowed or tolerated in the United States of America, so therefore, this Awareness truly cannot recommend the use of marijuana as a way of reducing glaucoma in the United States of America.

However, this Awareness does wish to state that marijuana used in a respectful manner can indeed be used to reduce glaucoma in countries where the use of marijuana is tolerated or even allowed to some degree. It has a property of its nature, of its being, that allows the pressure that is built up through the glaucoma to be relieved and reduced, so that the smoking of marijuana would be how one could reduce the pressure of glaucoma. While this Awareness sees this as a natural product, and that there really is nothing wrong with the use of a natural product to relieve such a condition, *It* also understands that the legality of using it in certain countries prohibits its medical use, even if it is a way of reducing such pressure. This Awareness feels that this is a shame that this is so, but it is so, and *It* cannot recommend its use therefore, for individuals in the United States of America, for this reason.

### WHAT KARMA AWAITS A "SINFUL" BUSINESSMAN?

(He Has Sexual Intercourse With His Female Employees)

#### QUESTION:

Another question from Clarence R. He writes: "What negative karma will this business man face or suffer in his next or any other incarnations for the following transgressions or sins or misdeeds? I have worked for his company for about 30 years now. Here are some of the sins, transgressions and misdeeds this company's managing director has done. #1) Over the years he has been having sexual intercourse with some of his female employees, unmarried as well as married ones. #2) He uses the company's money to pay hotel bills for his concubines who he sometimes sends to rooms in hotels overnight, where he goes to copulate them. #3) He grossly underpays me and some other hard-working members of his staff. #4) I and very few others, usually the underpaid ones, are used as the real mental work-horses or "slaves" to use another word. #5) The company vehicles are used only (surprised?) by his relatives and friends, not by shareholders. That is after working hours. #6) Whatever he sells, he sells expensive, regardless of if it is worth the price or not. Whatever he buys, he buys at the lowest price. Example: If it were possible, he would buy, say, a used car, for \$1.00 and then sell it next week for \$10.00.

Yet, a psychic from England tells me that it is in his next or other coming incarnations, he will become rich again. Why is this? Why do the Lords of Destiny allow this?"

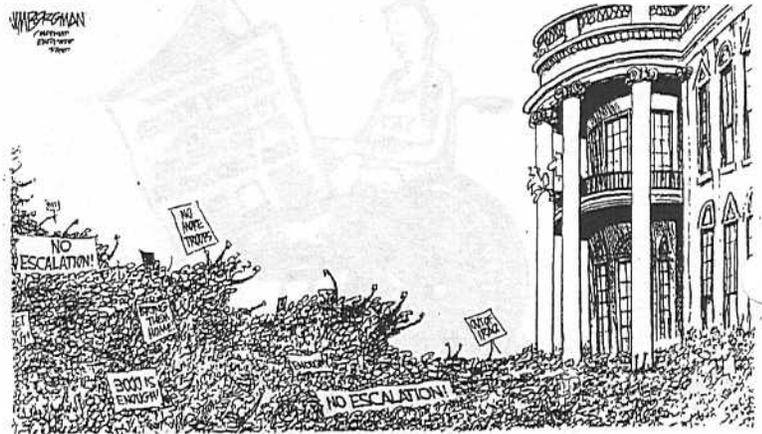
#### COSMIC AWARENESS:

This Awareness in intrigued by Clarence's questions, by his concern, and also by his lack of action to change his own personal situation. This Awareness is intrigued because the questions really go around the point and are not the point itself. The point that this Awareness sees that is truly relevant in this whole series of questions is why Clarence is so concerned about the karma of his overlord, for he describes him in such a way that it appears that he, Clarence, has no power or control over his own life and is subject to the actions of this overlord, this boss.

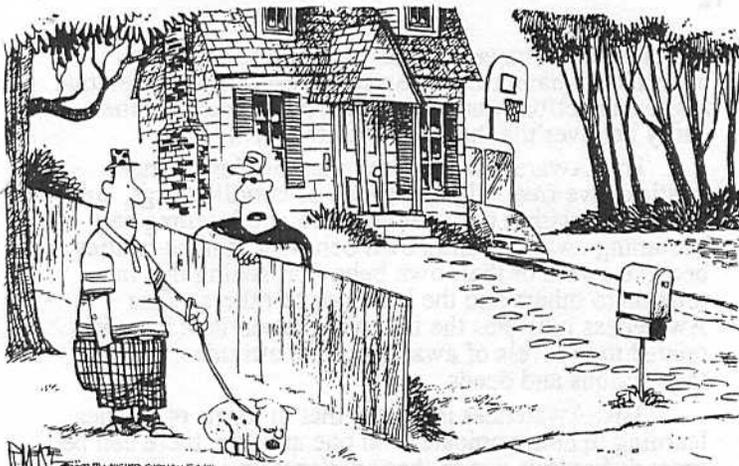
It really is not Clarence's concern of what karma the boss creates for himself in this lifetime, for it is that man's karma, not Clarence's. Clarence's karma is whether he chooses to do something about it for himself in this lifetime, whether he chooses to take action to stop what this man is doing that is by Clarence's definition a sin or transgression. If it is so bad, and it hurts so many, this Awareness asks Clarence why he has not done something about it, why he does not do something about it? The very least that Clarence could do if such transgressions and sins are so distasteful to him, is to quit the job he is in, to take himself out of the situation, to relieve himself of the pressure that he seems to feel, the anger that seems to arise in him through the actions of his boss. Clarence's responsibility is to himself to do something about it.

The simplest thing to do would be for him to quit this job rather than complaining about the boss, rather than pointing out what an evil man this man is because he copulates with women that he assumes blackmails into having sex with him; that he uses the company cars; that he sells things too expensively. If these are all things that irritate Clarence, then Clarence has a responsibility, at least to himself, to do something about it.

If he, Clarence, feels he has a responsibility on a higher level to protect the people that the boss is taking advantage of, then this Awareness suggests that Clarence does something about it at a higher level; that he makes known what the boss is doing to other individuals who can take action against the boss, who can take action against this overlord and punish him for what he is doing that is immoral, indiscreet, that uses his power over people inappropriately. If he indeed is blackmailing or pressuring women of the company to have sex with him at the cost of their job, which they obviously need, then there is some action that could be taken against him.



"IT'S THE COUNTERSURGE, SIR."



"I LIVE IN CONSTANT FEAR OF TERRORISM, BIRD FLU, GLOBAL WARMING, and NOW APPROACHING KILLER BEES... OTHER THAN THAT, I CAN'T COMPLAIN... HOW ARE YOU?"

It appears that the women who are forced into such position of sexploitation, cannot do something for fear of losing their job. Clarence could do something, unless he too has a fear of losing his job which allows the tyrant to continue in his role of tyrant, which allows the overlord to continue to have power over him and others; that a lack of actions on Clarence's part, due perhaps to a fear of losing his own job might be seen as enabling the boss to carry on with his actions, to carry on doing what he is doing. If Clarence feels so deeply over it, then perhaps he must step to the bat and he must take an action against this man that would bring him down, that would end his exploitation and his sexploitation and that would free the victims of this man's power, this inappropriate use of power.

This Awareness also suggest however, that there is karma involved in taking such a course of action. Sometimes the karma is one that will be of a positive nature. If this man truly is using people as he does, and is gaining inappropriate profit at the expense of others, then the karma that could be created would be positive, not negative. However, if Clarence would be coming at this issue as a matter of vengeance against this man, of payback against this man, of reducing him to nothing because it serves Clarence's own purpose, then he must be careful of doing such an action because it could create negative karma. It could tie him in to a karmic situation with this man, where he would have to repeat again and again lifetimes with this individual, and that the importance is to break the karmic pattern that already exists between Clarence and his boss, not to perpetuate it. So any actions taken must be taken from the highest level, and with the highest purpose.

**Assuming Being Rich Would Bring Happiness is Erroneous**

This Awareness finally wishes to address the matter of the boss being rich in other lifetimes. This may well be so, but it is also so that at some point along the way, along the path, along the line, this man will be answerable for that which he created. Being rich is not always to be seen as some great reward, but perhaps some great punishment. So even if he was rich in another lifetime, this does not mean that this individual would be happy because he was rich. The assumption that being rich would bring happiness is erroneous, false, wrong.

Simply because this individual might come back in another lifetime as a rich man once again, does not mean that all rich people are evil by nature or take advantage of others. There are individuals who are rich who are highly spiritual, who are very generous, who give of their moneys so that this man coming back as a rich man might be in a position of paying back some of the people he took advantage of in this lifetime, so he would be using his wealth for a higher purpose, not a lower

purpose. To presume that he will be coming back a rich man, doing the same thing again and yet again, would be erroneous, and this Awareness cannot support that assumption.

**There is Divine Justice in the Universe**

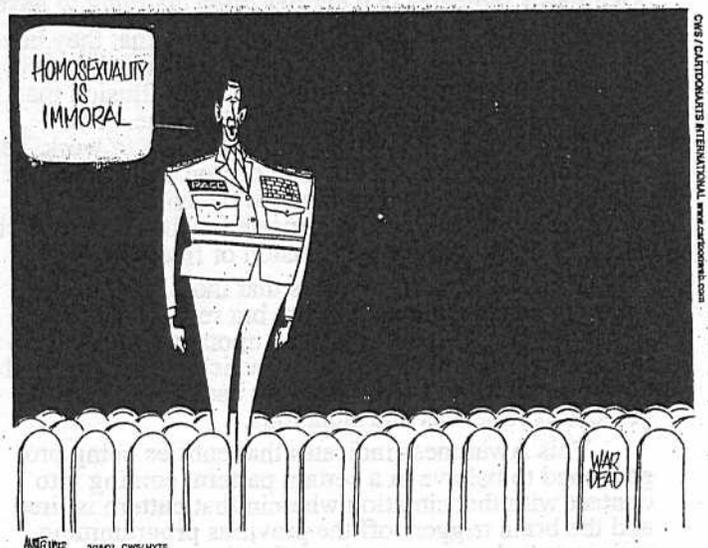
This Awareness also wishes Clarence to understand that there is Divine Justice, and at some point, this individual will pay back the karma that he is creating in this lifetime and has created in other lifetimes. It is not Clarence's role or indeed his task, to be the judge of this individual. It would be more beneficial for Clarence to understand that this individual does have his own spiritual path and the experiences and lessons he has are for his highest growth and development, just as the experiences that Clarence has are for his highest growth and development.

This Awareness suggests that Clarence steps out of a place of envy or anger, or any negative emotions he feels toward his boss, for this is not actually beneficial to Clarence; that he does indeed take action to free himself from this chain of events that ties him to his boss, whether that action involves him stepping out of the circle that exists, that he plays in with, working with this man, or whether he does take action that ends this power-tripping of this individual is up to Clarence, as long as he is aware that he needs to do something to take himself out of this karmic interaction he has at this time with his boss.

This Awareness does suggest that the best thing for him to do is to send light and unconditional love to this man, either sending it to him through his High Self or perhaps envisioning this man finding a higher understanding of his actions, thus leading to his changing his way of things; this being if Clarence does not feel he can step out of the circle, but needs to stay in for whatever purpose. This would be the most positive way forward. This would be the most positive action to take against this boss who uses others, who uses the company, who uses even the stockholders for his own personal gain and his own personal benefit; that Clarence sends this man the highest energy possible, that of Light and Unconditional Love.

This Awareness states that if Clarence were to do so, the best results would be achieved, and this Awareness is now complete with this question.

(The Law of Gratitude is given)



ANGEL: 3/16/07 CWS/MYE

Winter: Just One Dam' Inconvenient Truth After Another



## THE COSMIC AWARENESS SPIRITUAL DEVELOPMENT COURSE GEMINI: Volume 3 Lesson Number 2

What is Free Will? The Precept "Deny Self" is removed

### QUESTION (AVATON):

Awareness, we are here today for the second Correspondence Lesson in the Sea of Gemini. This lesson explores the foundation for clear communication.

### Cosmic Awareness:

This Awareness indicates in the Sea of Aries we examined the nature of individuality, of how individuality developed. In the Sea of Taurus we examined the nature of concepts related unto security and identifications and the establishment of a base from which one could operate without threat of being destroyed. In this lesson of the Sea of Gemini, relating unto communication, we shall examine the nature of how to build a type of communication, or grow toward a communication that can be clear.

This Awareness indicates that wherein security of an entity is threatened, or wherein the individuality of an entity is threatened, that entity will be defensive or will create a kind of maneuver to protect those levels and defenses against any who would violate such. This Awareness indicates that entities often claiming to have free will, believing themselves to be such that they have free will, shall step out of a situation, refuse to communicate, do what they will, acting from the illusion that they have free will to do as they well please. This illusion of free will does appear for a while to work, yet all actions taken from the stance of free will whereby others are ignored, eventually lead the entity into a movement which must compensate for the action which had been taken during that illusion of free will.

This Awareness indicates that most actions believed to be free will actions are but response or reactions triggered by patterns based upon previous conditionings from prior experiences, which may be likened unto programmings that the entity uses in response to present experiences and situations.

This Awareness indicates that entities being programmed to behave in a certain pattern, coming into contact with that situation wherein that pattern is fired and the brain triggers off the previous programming reactions and responses, the entity then moves, stating perhaps, "I don't have to take this. I have free will to do

as I choose." The entity then moves into the same pattern of behavior that the entity experienced when that triggering action was fired in previous times, yet the entity believes that he or she has free will.

This Awareness indicates the only level where entities have free will, being free of conditionings, are the levels relating unto being aware and learning and becoming aware of one's own behavior, and as entities become aware of their own behavior, seeing this in relation to others and the behavior of others. This Awareness indicates the free will that entities have is related unto levels of awareness and attitudes, rather than actions and deeds.

This Awareness indicates that in terms of entities learning to communicate with one another, there can be great difficulties due to these patterns and conditionings, particularly when entities are not willing to look at themselves and their own behavior, their attitudes and their levels of awareness to discover more about themselves, but wherein instead they choose to express their free will in terms of actions, and feeling that their actions are justified, and being willing to make their move in terms of actions without exploring deeply their own motivations and triggering mechanisms.

This Awareness indicates when two or more entities come together, each believing himself or herself to be justified in taking whatever action he or she chooses, this is not a basis for clear communication, and the results shall be reflected in the relationship between these entities.

This Awareness indicates that the clear communication between entities can only come about when entities are willing to look and discover what it is about themselves that is contributing to the difficulty in the relationship. And wherein the entity can look at this objectively without feeling it to be a threat to his individuality or security, and without threatening the individuality or security of the other entity.

This Awareness indicates that wherein entities can relate in a manner that explores and asks to discover what the other entity wishes, what the other entity desires, what would please the other entity, this can allow for communication only if the entity who is truly listening does not feel threatened by what is being said. This Awareness indicates that too often an entity will either refuse to listen to the other side of the argument, refuse to listen to the needs of the other entity, or if



listening, will hear those arguments and needs as threats to his or her own individuality and security.

This Awareness indicates this form of refusing to listen, or the listening while being threatened, blocks the communication and does not allow a rapport to be established. This Awareness suggests that you may listen to the needs, desires, and wishes of another entity, fully listening, solely for the purpose of understanding and communicating, but you need not be threatened by the feeling that you have to supply or fulfill that other entity's desires. This Awareness suggests that you separate your feelings of obligation and duty to that other entity long enough to fully hear what they are saying, long enough to fully feel what they are needing - long enough to establish a clear communication wherein you do not feel threatened and in turn do not become aggressive and hostile. This Awareness indicates this can allow you to become a receptive listener and to deal with the situation calmly from an objective level that cannot possibly be present if you feel you must fulfill the expectations of that entity who speaks to you about his or her needs.

This Awareness indicates that likewise, if you block the expression of the other entity, whereby that entity cannot say what it is that is felt and needs to be expressed, you are reaping the whirlwind. For that entity (if the entity does stay around in a relationship with you) shall surely find a way by which the expression can be radiated, though it will not be direct, or spoken clearly in clear relationship. Now you not only have the desires of the entity to express his or her feelings, you also have the task of attempting to find out exactly what the entity is trying to convey to you, for the entity, if stopped from expressing clearly, will express in a round about or deceptive manner.

This Awareness indicates that these types of expressions which are not clear may not necessarily be the result of your own actions and relationship to that entity, but may stem from previous experiences of that entity with other entities who have stopped and stifled his or her expression.

This Awareness indicates the problems in communication are brought on by not just language and cultural differences, but by family differences, by relationship differences even within the family, and by behavioral differences within a family, also by peer group pressures. So that wherein two entities come together, it is a wonder that they can communicate about anything at all, for the patterns which are formed upon this plane in terms of communications have too often been based upon threats to entities' individuality or their security. And, being constantly threatened by one's peers or superiors, or through other relationships, the entity begins to feel it is wrong to have a clear desire - it is wrong to feel a need, and it is even more wrong to express clearly what your desire is, and even more wrong to express clearly your needs.

This Awareness indicates that entities begin to feel it is wrong to express themselves in manners that show anger, in manners that show frustration, in manners that show self pity, in manners that show concern for one's own being. This Awareness indicates these feelings being instilled in children, causing the child to grow up feeling it is wrong to express any form of self-interest, any form of self-concern, any form of personal desires, any form of personal expression or personality expression - the child, growing older and becoming more involved in relationships, then either moves toward states of rebellion against those who are outside of himself, or moves toward states of self-denial.

This Awareness indicates that in earlier communications, during the time of the early *Organization of Awareness*, a phrase was entered into the Precepts: "Deny self." This Awareness asks that you no longer deny self. That the action at that time did have some merit, for the entities involved at that time were of such a level of behavior that the majority of those entities were into levels of promoting self over others through occult forces and the pursuit of power to such a degree that an opposite concept had to be introduced to balance out.

This Awareness indicates that at present time, and to those who are listening to this information and shall in the future hear this information or read this, the greater majority shall be those who have too often and too much denied themselves. This Awareness asks that you not base a lifestyle upon the concept of self-denial. That you look at the needs of others and look at your own needs also, and from an objective looking, begin to find a way of communicating with that other entity, listening to their expressions, listening to those who would communicate their needs to you and feeling free to communicate your needs to them. For there is no great virtue in self-denial, as this shall surely lead to rebellion, frustration, hostility toward those for whom you deny yourself.

This Awareness indicates self-denial as related unto sacrifice, and there has been enough sacrifice and martyrism, and through communication, all entities can win and none must lose.

This Awareness suggests that in terms of establishing a base, a foundation whereby you may establish clear communication with another or with other entities, there must be a removal from the relationship, any threats to the other entity or any threats to yourself. This may exist only during that period wherein a communication, a clear communication, is desired.

This Awareness suggests that wherein two lifestyles are so totally different, or the belief systems are so totally different that it appears there can be no way that the two or more entities can ever reach agreement, there still needs not be a fight or hostility or violence exchanged if entities can simply stop worrying about what they want, or feeling threatened by the desires of the other, and can agree that they would like to communicate as free agents.

This Awareness indicates that in allowing the other the space to say, or to express, and in being given and allowed that space of your own to express without threats being involved, this can bring out the best in each of you so that your own individuality and freedom begins to blossom and grow, and the individuality and freedom of the other begins to blossom and grow.

This Awareness indicates that wherein this is not allowed, wherein one entity feels possessive of the other and does not want to see that other entity have freedom of expression, surely not only that other entity shall find his life energies being stifled, but likewise, you yourself shall find your own energies being stifled, and both shall be retarded in your expression and growth.

This Awareness suggests that you understand the need and nature of clear freedom in expression to one another whereby you can communicate without fear, without feelings of obligation or duty, without feelings of loyalty or bondage, but simply communicating because you would like to share your feelings with the other and would like them to share their feelings with you. This Awareness indicates wherein this kind of communication occurs, within a few words, an entire

array of hostilities and frustrations can be discarded from a relationship. This Awareness suggests that wherein this kind of communication is clear and is occurring, and one entity then begins to move back into the pattern of seeking to dominate, seeking to judge, seeking to obligate the other, seeking to make the other feel guilty, to make the other feel wrong - wherein this begins to happen, the one entity, being the violated, may simply say, "I can't talk any further. It doesn't feel clear to me now." And at this point, close off the communication on that level and be open to communication that does not condemn, does not create feelings of guilt, does not threaten one's individuality or security.

This Awareness suggests that entities may learn to distinguish between those sentences that threaten and those sentences that share. For there is a great difference. This Awareness suggests the following sentence be looked at: "You really know how to make me feel bad."

This Awareness indicates the next sentence be looked at: "I really feel bad when you do that."

This Awareness indicates the first sentence is an action of blaming. The first sentence is an action designed to heap guilt upon the other entity for making you feel bad. The first sentence is an action of accusation.

This Awareness indicates the second sentence is a statement of your own feeling and expression, a statement of fact: "I really feel bad when you do that." This Awareness indicates this as an action, a statement which does not accuse, which simply expresses clearly what you feel. When the other entity looks at this, the entity then can determine without your own coloration, whether he or she wants you to feel bad or whether they could have communicated without making you feel bad.

This Awareness indicates that the majority of entities do not want others to feel badly except when they, themselves, are feeling badly. This Awareness suggests that if you wish to have clear communication with others, simply state how you feel from various actions and situations and from relationships, and various modes of expression that come from those situations and those entities with whom you relate. Express how you feel, but do not blame others, do not accuse others, do not make others feel guilty for your own feelings.

This Awareness suggests that communication is as simple as that: letting others know how you feel without trying to make the other feel bad.

This Awareness suggests that in terms of relating with others, when they have the opportunity to express themselves, seek to find out how they feel when you do this or that. For in discovering how each other feels, that basic action shall begin to put your communication and your entire relationship into perspective and into harmony, whereby a closer, more intimate level of sharing becomes possible, and the space in which you live needs not be quite so great, for the space in which you live contains more harmony and love, and you need not drive others out in order to have your expression.

This Awareness suggests that only when entities feel violated, do they need to drive others away from themselves in order to have their space to be. When entities feel a close communication, there needs not be a great deal of space.

This Awareness indicates your right arm and your left arm, being friends to one another, do not need to fight for space, do not compete for greater room and freedom of expression. This Awareness indicates that if

your right arm and your left arm for some reason became enemies, your body would not be large enough or give enough space between them for them to have their expression and they could be at war with one another, and you would seek to find a way to separate them so that they would not violate each other. This Awareness indicates so likewise in terms of relationship. Entities can have such hostility that they cannot stand to live near one another, even though they may be one hundred miles or more from one another, and other entities can be mouth to mouth, skin to skin, and still be friends and in harmony and unity. This Awareness indicates it is only a matter of being able to share and to communicate without feeling threatened, without feeling that you must give your life, your individuality, your expression totally in order to satisfy another.

This Awareness suggests that wherein you can relate to another without the feeling of being threatened, but simply being willing to listen, to discover and to share, then the degree of communication which is established from that action creates the opportunity whereby you can relate together in closer and closer proximity, even though you occupy your life together more and more and in closer proximity to one another.

This Awareness indicates that wherein there are threats and wherein there are violations, accusations, guilts being thrown upon the other - wherein there are feelings of hostility and frustration and those feelings that another is damaging your expression, blocking your expression, chipping away at your security, destroying your individuality - the space in which you can relate to that entity must grow larger and larger, and the times in which you can relate must have greater gaps and more distance. This Awareness indicates this may be a measure, may be seen as a way of measuring your ability to communicate clearly with others. How often and how long can you remain close with another? If this is not often and not long, then the likelihood is that you are either making the other entity feel guilty, or are a threat, or that you are feeling threatened yourself, or feeling guilty and must withdraw. This Awareness suggests if this is the case, this then is that which must be communicated, and you may simply go to the entity and say, "When you talk like that to me, I feel threatened." Or, "I feel guilty, and it affects me so that I wish to leave." This Awareness indicates this as clear communication.

This Awareness indicates that you then may ask the entity if there is something about you that the entity would like to express which may account for the reasons why the entity feels guilty or feels a need to threaten as he or she speaks with you.

This Awareness indicates that there are many ways of communicating. That verbal communication is but one of many levels and is not necessarily the most effective. This Awareness indicates there is the communication that comes about through touching; that wherein an entity is too much involved in verbal communication and talks incessantly in order to express himself or herself, the quickest way to break through all those words and to communicate is by touching that entity or by showing that entity a flower or some tangible object, by appealing to the entity's feeling level, rather than just those words and concepts.

This Awareness indicates that there are ways of communicating that do not use words. Communicating clearly by leaning toward an entity as they speak, says in effect, "I am listening carefully to what you say." When leaning away from the entity it says, in effect, "I am trying to get away from your words and your expression."

By closing your eyes, the statement is, in effect, "I do not wish to look at you. I wish to feel what you are saying without the external sensation of seeing your face."

By holding your head back while speaking to another, tilting your head backwards, it says, in effect, "I am looking down on you as we communicate." By tilting your head forward, eyes rolled up, this says, in effect, "I am humble and wish you to see me as humbled by you."

This Awareness indicates that there are books out on body language which are very appropriate as a new way of communicating and reading that which is not spoken. This Awareness suggests that entities who would care to move further into this, to study these books on body language and gestures, for there is a language which everyone uses and which entities often try to speak with, but which few entities can read and few can converse in clearly.

This Awareness suggests that likewise, there are actions in terms of arts: painting, music, sculpture, architecture, and all of these also are languages of communication. This Awareness suggests that these also may be explored in terms of their language and what they are saying.

This Awareness suggests that many psychologists use these as tools for studying their patients. The Rorschach tests and tests which asks entities to draw a tree or to draw a house, graphology tests, actions wherein your handwriting may be analyzed, and from this a language that goes deep into the subconscious levels and reads deeply: these also are forms of communication.

This Awareness indicates likewise your horoscope and your bio-rhythms and numerology can also be forms of communication.

This Awareness indicates the clarity of the communication depends greatly upon moving away that which confuses, looking at the essentials, and being unafraid to see and say and share.

This Awareness indicates communication essentially is an action of show and tell.

This concludes the second trance lesson of the Sea of Gemini.

(The *Law of Gratitude* is given.)

## GOOD QUESTIONS WANTED !

Awareness has indicated questions once again are invited, general questions suitable for publishing in this newsletter. Please write or email them in to us. Thanks.

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Email questions and comments to the editor:

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Excerpt CAC Reading 3-1-19-90 Paul Shockley Interpreter

More on Eckankar....

### Riding on the Coattails of a Living Master (Is This the Only Way Entities Can Rise in Consciousness?)

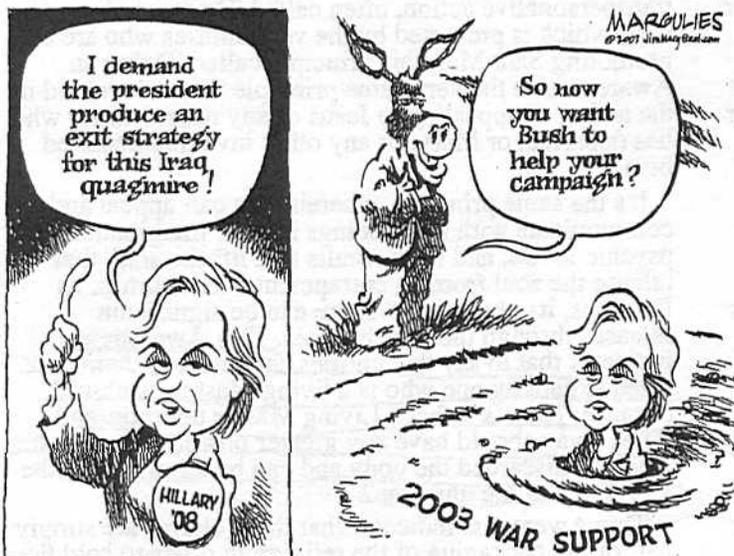
QUESTION (AVATON):

I had one follow-up question on the last reading regarding Eckankar. Robert McElwaine sent in an attachment to his letter, and one of the statements in it I'll quote: "True salvation is achieved only by reaching at least the soul plane, which is five levels or universes above the physical universe, and this cannot be done without the help of a perfect Living Master."

Now, I'd like to ask, is that disinformation, or at least it seems manipulative in reference to the earlier reading, if this is so.

COSMIC AWARENESS:

This Awareness indicates that this is assuming that there are different degrees of essence in the universe; that there is the physical universe, the various other levels of universes being separated by some division that allows a measurement of five or more classifications. Such is a way of categorizing levels and naming these levels and this is one method of connectivity. It is likened unto saying: "I have five fingers on this arm",



whereas another could say: "I have one hand on this arm."

This Awareness indicates what *It* is saying is all of these levels are one. What Eckankar is saying is that there is the physical realm, and there are realms above this. This Awareness indicates that this is an approach of looking at vibration based on the ability of one's senses. If one had different types of senses, one would not see these divisions in the same way. One would not see physical matter in the same way that humans witness physical matter if humans had a different type of sensing.

This Awareness indicates that because of the sensing: hearing, seeing, touching, smell and taste; these five senses tend to create divisions in the realm of energy, but in reality, the energy is all one, divided only by frequencies, vibrations. The vibrations of matter are the same energy as thought, but are at different vibratory rates. The energy is all the same, throughout the universe, throughout all so-called universes, but the energy is of different frequency level; different vibratory rates. ,

#### What is a Living Master?

This Awareness indicates the question of what is a Living Master must be looked at. Does Living Master mean a Master who is embodied in a dense physical form? and if so, how dense is that physical form? or how etheric? how nebulous? This Awareness indicates that the idea that a Living Master must be present to bring a soul into those higher frequencies has to do with the belief and principle that an attunement must take place. In order to attach to something, something must have a similar frequency.

Thus, the disciple attempts to attune to the Master's frequency and to some degree may do so, then, as the Master moves upward into higher frequencies, the disciple is allegedly or theoretically pulled with the Master into those higher frequencies. This is the principle behind the concept that souls can only be brought into higher frequencies with the help of a Living Master, the Living Master being symbolic of an entity whose frequency is capable of being in tune with the entity who is also physical.

This Awareness indicates that this is the theory, and in essence is workable, but it is not to be seen as exclusively the only way wherein entities can rise to higher levels of consciousness. This Awareness indicates that it does not matter whether the entity is embodied in physical form as a Master or if the entity is out of body. What does it prove to have a Living Master three or four thousands miles away, or ten thousand miles away, and to rely on that Living Master to deliver you into higher realms by focusing on that Living Master? What does it matter whether the entity is in physical form, or whether the entity's psychic and etheric body is attuned to your soul, whether the Master's spirit is touching your spirit?

#### Dead Masters or Jesus of No Use to Eckankar

This Awareness indicates that those who follow this teaching assume that even though the Master is ten thousand miles away, it is still workable, because the entity is in a physical form somewhere, but for a Master to have died and left the body and still be in spiritual form; these entities assume this is not workable. It cannot lift the soul according to this teaching.

This Awareness indicates that these entities would therefore reject the potential and possibility of the Christ Light, or spirit of Christ through an entity, Jesus, or other who had previously lived, but whose body had been discarded. They would not accept that, as a Master who would be possible to lift the soul, even though

countless numbers have had their souls lifted through the teachings and through the identification with the entity Jesus in his spiritual or spirit form.

They simply do not think through. They take the word of the teacher and do not think through whether the word is accurate. This Awareness indicates the fact that Jesus passed on, Krishna passed on, and dropped their physical bodies, is no less a reason to reject their spiritual essence as a Master than it is to say your Living Master in a physical form can only save you if he is awake and not asleep. If his body is asleep, he is of no effect to your soul.

This Awareness indicates that this too would be in error. Just because the physical body is asleep or because the physical body is missing has no difference in the effect of the spiritual body of the Master, for the spiritual body of the Master is that which animates and gives life and has its attunement to the higher frequencies of the universe. The physical itself is nothing but clay. It has its animation only because of the spiritual, the essences of the spirit coursing through the clay.

This Awareness indicates that essentially the teaching has a certain degree of value in that an entity who is in physical form is easier for others to identify with. It is easier for an entity to identify with one who is physical, to touch and to be raised by the energies of that physical being than it is to identify with one who has departed, but it is not that much easier.

#### Rewriting the Script: "Doing An Awareness"

This Awareness indicates that one can in fact project the image of an entity who is long-departed into a chair, carry on a communication with the entity whom you recall, in a manner that allows you to work out unfinished karma, while simply dealing with the imaginary image of that entity without the body being anywhere present, even if the body has been cremated. You can still project, for example, your father, your mother, a friend to be sitting in a chair opposite you and talk to that entity as though he or she were present and resolve problems that did not get solved while the entity was still alive, and these energies, in dealing with that entity, can allow true and real releases in your psyche.

You can relive a situation, by rescripting, rewriting the script, rewriting the event with the agreement of that entity as an imaginary being sitting there talking with you, and you can exchange places with that entity and have that entity speak through you to your self. This Awareness indicates the principle of this action of transpersonative action, often called 'Doing an Awareness' which is promoted by the very entities who are also promoting Sant Mot, this principle called 'Doing an Awareness' is the very same principle that is involved in the action of appealing to Jesus or any other Master who has departed, or Mary, or any other invisible departed being.

It's the same principle, wherein you can appeal and communicate with these beings in your imagination or psychic levels, and have results that lift the soul, that release the soul from its entrapments, its traumas, its fixations, its obsessions. There can be significant releases through these techniques. This Awareness indicates that to say that entities cannot have their soul lifted except by one who is a living Master, is absurd, because: How is it that a Living Master ten thousand miles away should have any greater power than a Master who has discarded the body and can be anywhere in the vibrations of the universe?

This Awareness indicates that these claims are simply part of the packaging of the religion in order to hold the

membership and the followers in line. This Awareness indicates that there are certain benefits in having a Master whom one can reach out and touch, or travel by rail or airplane to feast the eyes upon, or to hear speak, but these benefits have more to do with personal satisfaction and strengthening one's beliefs in the Master than in actual soul growth, for what can an entity do in a body that an entity can't do outside a body if that entity is God Realized?

This Awareness indicates that often an entity who's body has been discarded has greater flexibility and has greater power than those who are entrapped in a body in a particular area and cannot travel freely to see or contact all of their disciples, except through out-of-body travel, and what is out-of-body travel other than the same thing as that which occurs when an entity discards the body?

#### "We Have the Only Way" is Characteristic of Many Religions

This Awareness indicates that these arguments that: "There is only one way, and we have the way," are characteristic of many different religions. Of course each religion has its own unique way which differs from the others, and each claims to have the only way. This Awareness indicates that such claims should be taken either as humorous, with tongue-in-cheek, or as satirical, or as forms of packaging to cause an entity to accept that statement thoughtlessly, or to make the entity think about the statement.

This Awareness indicates that when an entity becomes wise enough to see through the statement, the entity then has a greater understanding of truth, for there is no "only way" other than the way by which the entity may flow into the higher vibratory rate. It matters not whether the entity travels through this guru, that teacher, this path, that path; it matters only that the entity must, in order for the soul to rise, the entity must allow the soul to attune itself, merge with the Creator, and become one with the Creator.

If one attempts to follow by hanging on to a Master Teacher, there must come the time wherein the entity goes beyond the teacher to merge with the Creator, otherwise, the entity will always be a subject of the teacher, a station below the teacher, and the entity who wishes to merge with the Creator, to become one with the Father, cannot find his or her full salvation by hiding behind or under the Master who is in movement to become One with the Creator.

This Awareness indicates that entities may be God Realized, meaning that they realize their essence as God, they realize that God is everywhere present and that they can surrender into that essence, but as long as they are in physical form, they will have also their areas of self that is less than God Realized Being. They cannot maintain at all times on all levels the identity of surrender to the Creator. They must have those brief moments in which they, as physical beings, experience physical ailments, discomforts, and in so doing, they have their human side.

#### Jesus Spoke as a God-Realized Being

This Awareness reminds you that when Jesus spoke, he spoke sometimes as the Christ, and sometimes as the Son of Man, Jesus. As the Christ he spoke as the Son of God, channeling or speaking as a God Realized Being, channeling or speaking the enlightened energies of the "Word", the frequencies of Divinity, the mind of the Creator, the Higher Consciousness. As the entity spoke for himself as a man, as the Son of Man, he spoke for the physical entity Jesus, the man. There are two aspects represented in any Living Master: the enlightened aspect of the God Realized Master, and the physical entity who

is human, and as human, subject to the ills and weaknesses of human flesh.

This Awareness indicates that to have human qualities does not make a Divine Being any more Divine; the Divine Being remains Divine, even without the anchor of a flesh body, and entities may attune to that Divine Being without going through the pope, the priest, the guru, or the Living Master, if the entity is aware of the Divine Being to the degree that the entity can attune to those frequencies of Divinity.

This Awareness indicates that such awareness depends on the teaching that can allow an entity to perceive, to feel, to experience that Divinity, and it does not have to come through one's Mastership, or following a Master. It can come from a book, or from someone who teaches verbally. It can come through channelships, it can come from ancient writings.

#### The "Initiation" In Eckankar and Sant Mot

This Awareness indicates the term 'initiation' used in the concept of Eckankar and Sant Mot, is nothing other than a substitute for the fundamentalist Christian concept of salvation. Salvation may be considered an initiation. It is a time in which an entity takes a pledge to give his or her life to Christ, just as the initiation is a time in which the entity following Sant Mot or Eckankar takes a pledge to give his or her life to that path.

These systems could be placed in overlays, much like the old medical books that had drawings on plastic pages, one laying over the other to compile a picture of the human body. These overlays could be placed in such a way that these religions are seen to be representative of the same pattern, having different labels, different names for different junctures or placements within the religion.

#### Sach Khan VS the Christian Heaven

Thus, Sant Mot speaks of Sach Khan, Christianity speaks of heaven, but for the Christian, heaven is perceived in the same manner as Sant Mot's Sach Khan. With Sach Khan and Sant Mot, heaven is perceived as a lower realm, much more inferior than their higher Sach Khan realm. Is this not just one-upmanship, through the use of semantics and language wherein one says: "My heaven is higher than yours! Your heaven is of a lower realm."?

This Awareness indicates that in Christianity, they warn about being caught in this or that place, and getting caught in purgatory or getting caught in areas that cause backsliding or being in realms of experience in which you do not succeed as a Christian. In Sant Mot they speak of going into the higher regions, higher realms beyond any realm you have ever perceived before in your limited Christian background, and in so discussing these higher realms, they have an expanded religion that is likened unto the difference between a simple computer program and one that has many overlays and is taking up much more RAM in the computer, taking much more space in the computer and allows for greater expansion of self and soul. They have essentially a movement that is more sophisticated for a more sophisticated mind with greater numbers of levels.

#### The One-Upmanship Game in Religions

This Awareness indicates it is likened unto the entity who says: "My philosophy has 62 rooms." Another may say: "That's nothing! Mine has 74!" Another may say: "I have 84 rooms in my philosophy!" Still another may say: "Well you guys have only just begun, I have 278 rooms in my philosophy." This Awareness asks: Where does it end when you start dealing with quantity and numbers and numbers of realms, and does it matter if your philosophy has more realms than another philoso-

phy? What really counts in religion? What *really* counts: the number of realms in your philosophy, or the quality of your living, the quality of your devotion to the Highest and Best?

#### What Really Counts?

What really counts: The way you number and name your philosophical rooms and realms? or does it count whether you have served others and served them well?, whether you have helped those who were downtrodden?, whether you have given yourself in service to others?, whether you have surrendered yourself to the Highest and Best you can perceive?

This Awareness indicates that one entity may say: 'God is just on the 4th level!' Another may say: 'Ah! But the God of My Philosophy is on the 12<sup>th</sup> level!'; another may say, "Ah! But I have an even higher God! He's on the 14th level!" What does it matter? The entity who has a God on the 14th level may not even know what God is, may only know that 14 is higher than 4, and the entity who has a God on the 4th level, may have an ideal of God that is far greater and more meaningful than does the entity who claims the God on the 14th level.

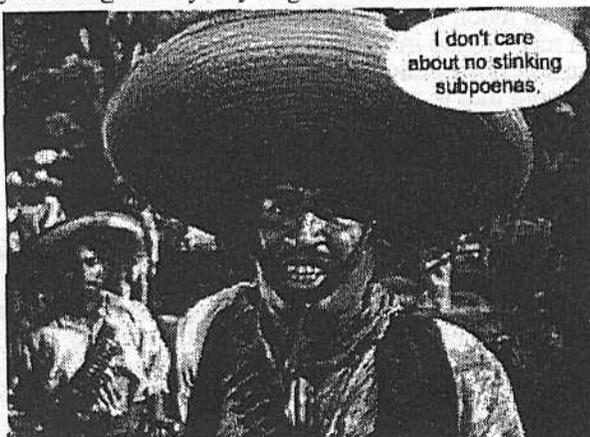
When you start using numbers to do one-upmanship, and are not concerned with quality, but with quantity, it deteriorates into a game-playing, and life is much too serious to end everything, to end thought with mere games. This Awareness suggests you go beyond the games and look at energies, essences, realities, and the qualities involved. How are you living your life? Who cares what philosophy you have read? Who cares if you have read the best philosophy in the world, if you cannot apply it, if you do not use it, if it does not affect the way you relate to others, what good is it?

Too often entities turn their philosophy into a big stick, an ego weapon. "My stick is bigger than yours." "My philosophy is bigger than yours!" "My beliefs are better than yours!" Who cares! What are you *doing* with your beliefs? What are you *doing* for others? How are your beliefs helping you to be a better person? These are the questions.

#### The Question You Are Asked Upon Passing Over

The question on passing over is not: "Were you an Eckankar follower?", or "Were you a member of Sant Mot? Did you eat fish? Did you have sex outside of marriage? Did you remain chaste?" These are *not* the questions that are asked upon passing over. The question that is asked of entities is: "How many have you served, and how well?", and in the service to others, you are asked also to *serve yourself*, and *serve yourself well* by serving others and serving them well, for it all goes hand in hand.

Anytime you serve yourself, you serve others. Anytime you serve others, you serve yourself, for *every* human face is every other human face, and every agony experienced by any, is an experience for all, and every joy that is given by any is given to all.



TELNAES

### WHAT IS COSMIC AWARENESS?

COSMIC AWARENESS is the Force that expressed itself through Jesus of Nazareth, the Buddha, Krishna, Mohammed, Edgar Cayce and other great avatars who served as 'Channels' for the 'Heavenly Father' and who speaks again today as the world begins to enter the 'New Age' of spiritual consciousness and awareness. Since 1963 Cosmic Awareness has been communicating through carefully trained channels. This information is for those who desire to help in bringing in the New Age. Throughout the thousands of 'Readings' given through these various channels, Cosmic Awareness tells us not to believe anything, but to question, explore, doubt, and discover for yourself, through your own channel what is the truth. Cosmic Awareness will only 'indicate' and 'suggest'. Neither C.A.C. or any of the Interpreters is responsible for anything Cosmic Awareness states in any of these readings, nor does C.A.C. or the Interpreters necessarily agree with the statements of Cosmic Awareness. The Interpreters interpret the energies as they see them in trance levels and are not personally responsible for what is said. The Interpreters published herein have no connection with, nor control over the editorial comments and material, including illustrations. This is entirely the responsibility of the editor. Members of C.A.C. are invited to send in questions of general interest to ask Awareness for possible publication in this newsletter.

#### Prayer for Balance

Start your day and end your day by saying the following aloud:

**I AM ONE WITH ALL THAT IS!**

**Thank you God**

#### --HOW TO GET THIS NEWSLETTER BY MAIL-- EVERY 4 WEEKS! ( More or Less )

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#### MEMBERSHIPS AVAILABLE ( Honor System! )

INDIVIDUAL: \$42 per year or \$12 quarterly  
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 PATRON: \$1000 per year or \$250 per quarter  
 ANGEL: \$5000 per year or \$1500 per quarter  
 LIMITED INCOME: \$30 PER YEAR OR \$9.00 QUARTERLY