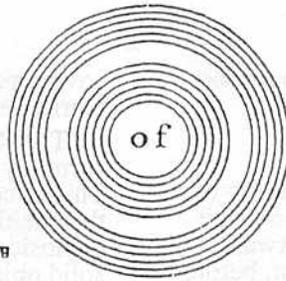


Revelations

The Cosmic Newsletter

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Awareness

COSMIC AWARENESS COMMUNICATIONS
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Helping People Become Aware

Celebrating our 36th year!

2007-5
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Subject: PHILOSOPHY for the day

When you are in deep S....., say nothing, and
try to look like you know what you're doing.

More on what will happen in 2012

- The Rainbow Bridge prophecy
- What happens to the disabled?
- Will prisoners walk free?
- Will the Illuminati get its comeuppance?

The Cosmic Awareness Spiritual Development Course

GEMINI: Volume 3 Lesson number 3

CAC General Reading 2-15-2007 Will Berlinghof Interpreter
The Law of Love is given)

COSMIC AWARENESS:

This Awareness is available for the answering of the questions today. *It* asks however that first the date be mentioned, and for future readings, that this Awareness suggests that the actual date be mentioned first, before anything else, before the countdown or the *Law of Love* is given.

Questioner (Tami):

The date is February 15th, 2007.

COSMIC AWARENESS:

This Awareness thanks the energizer and asks that the first question be presented.

MORE ON WHAT WILL HAPPEN IN 2012

(Will the "Evil Ones" Get Their Just Desserts?)
Will our Government Fall?

QUESTION:

This question is from Beverly Hunt in California. She writes: "In your Message From Matthew, dated 4-18-06, you said that the government would fall. Am I to understand that this means we will be getting rid of those evil dark forces and form a new government as it was intended to be? What will happen to all of the people of this country who are on social security or are otherwise disabled and can't work? Will they still be taken care of? Yes, I am very concerned for my beloved fellow man, and of course I am included also. The Trilateralists, Skull and Bones, Bilderbergers; they are the three who answer to the evil Illuminati. Will they be called to answer for their evil doings also? There are scaler waves creating earthquakes in the Northeast coast. Will this be stopped in time to avert a national catastrophe of which the evil ones will use to try to hold on to their power? Thank you so much for your time and consideration to us here on earth. I look forward to reading your messages."

COSMIC AWARENESS:

This Awareness is prepared to answer this question in the stages given of the two separate questions. *It* asks the first question, along with the entity's name be reread.
(first part of question reread)

"In your *Messages From Matthew*, dated 4/18/06, you (Matthew*) said that the government would fall. Am I to understand that this means we will be getting rid of those evil dark forces and form a new government as it was intended to be?"

**Messages from Matthew* is another channel the editor often includes in his *More Wind From the Editor* supplement.

COSMIC AWARENESS:

This Awareness says that this is so; this is in the affirmative. The existing governments will indeed be swept away with time. The changes that are coming are so powerful and so overwhelming, that all will change, not simply the governments. But this is on one level of reality. There is another level where those governments will continue to exist.

The Rainbow Bridge Prophecy

This Awareness wishes to speak of that which is known as the Rainbow Bridge Prophecy. This is an understanding of what is occurring at this time that will help entities appreciate the magnitude of the changes that are approaching, the changes that will sweep old

governments away and introduce new ones, new social fabric, new ways of things.

The Rainbow Bridge Prophecy states that there are currently two planet earths coexisting in the same space. This of course is not physically the case, for if it was so, then neither could hold that space. There would be an explosion of a magnitude quite unknown, because two solid objects cannot hold the same space. These two planet earths coexist on different vibrational levels, so that it is possible for there to be two planet earths. This is a process that has been long in coming. It has been so for almost two decades. The process will culminate in that time frame known as the 2012 Mayan calendar. Supposedly, the two planet earths will shift at that time out of the energies of each other, in fact, this shift has already begun.

The changes from this time on will start to become more apparent and will help people understand that the shift is coming, that the disentanglement of these two energies is indeed happening at this time, and is scheduled for completion at the end of the Mayan calendar, which is given as December 21st, 2012. This Awareness has of course discussed this matter previously and has suggested that the Mayan calendar may be completed *before* the December 21st, 2012 deadline, but this is not really the issue here.

The issue is that these two planets that coexist in the same space, but on two different dimensional levels are going to see many people coming to one or the other, who hold one set of beliefs or another set of beliefs. The current set of beliefs that are held by the mass consciousness are those beliefs that define reality in a three-dimensional way, that put ahead of the individual, others, including governments, religions, society, family and friends; all others who have more power over the individual. The individual is seen as powerless, and often seen as a victim to circumstances that an individual has no control over.

The other planet earth will be one where people begin to understand that indeed they *do* have power. Indeed, they *do* have control, and it is they themselves who create the reality of their life and their life experiences, and that as creators, *they* decide to create a new reality, a new order of things, and that they come together with other co-creators, others who also have a new awareness and understanding of how things could be, how things could be created differently from what exists now on the third dimensional planet earth.

In fact, both planets at this time can be perceived as third dimensional, but what is interesting is that there is a separation.

Even as one is focused on the planet that they live on, their *beliefs* will define the planet as the experience that they have. So if one holds the old negative beliefs, if one is in that state of self-hypnosis that is created because of the acceptance of the old beliefs, the old paradigms, the old patterns of things, then one will experience that as their reality. More and more are awakening to a new reality.

The Phenomenon of the DVD "The Secret"

Currently there is a DVD entitled "The Secret", where the secret is revealed; the secret of course is the *Law of Attraction*, that like attracts like, something this Awareness has spoken about many times in the past. This is being presented in a new package, a new way that is drawing the attention of many. It has become so popular, that even recently, even that popular show Oprah Winfrey hosted the authors of "The Secret", and those who contributed to the DVD, thus presenting it to

the American public for the first time on a mass scale, but the buzz word has been out on this DVD for a few months now and many are starting to view it, many are starting to become aware that there is another way of thinking about things that takes them out of the victim role, out of the victim mentality.*

*It now is also the top selling book in America. Ed
A New Way of Thinking is Presented to Many

This Awareness indicates that this is a very important event that is happening and sees that many will start to switch their way of thinking about things; that they will start to understand that they *do* have a role in their lives; that they are not simply victims to the circumstances of their lives, the events and the people of their lives, all of which act upon them without any way of making a difference, of being truly just victims to the events and circumstances that befall them. Many are starting to awaken to the truth that *we are creator beings*; that 'The Secret' is presenting a new way of thinking for many.

There is much beyond this way of thinking that still needs to be made apparent. There are other understandings that lie even deeper into how we create our reality, but as a preliminary step, a first step for the masses, this presentation of this DVD of this information is astounding and revolutionary and is helping people shift their focus, their truth, their understanding, and in that shifting, they will start to experience a reality and a world where they are creators of their world, and co-creators of their world.

They will start to experience the *other planet earth*; that which will hold a higher awareness, a higher state of responsibility, and there will be a refocusing to the real matters of this planet, to regaining the planet, of healing this planet, that the new planet earth will actually embrace. So when that timeframe is reached, when that deadline is attained: the splitting of the two planets, where they truly are separate now from the scope of influence that they shared, then that new planet will move forward into a higher realm of things, into a new understanding and awareness of how things really are, how things really unfold, and how those who are on this planet are creators of those very events and circumstances.

The other third dimensional planet, that which the masses will still hold, will carry on, in a third dimensional journey; that many will continue to believe themselves as victims, as powerless, as needing to have those in charge of them, who will continue to lie to them, mislead them, and lead them astray, who will be those very ones who are still in power at this time. So, you see that this is a very interesting question, for it has in effect two answers: one, the affirmative answer that yes, the old government will fall because the awareness of the people will increase, at least those who have decided to shift their reality, shift their perspective of things, whereas, on the third dimensional planet that continues its downward spiral into the density of the third dimension, there will perhaps not be a shifting of the governments.

Many Experiences Are Available to Eternal Beings

Those governments that control and manipulate will indeed continue to do so, because it is part of the agreement that those who experience the third-dimensional reality have made with those people in power. This Awareness wishes you to remember that one and all are eternal beings: *Eternal Beings*. There are many experiences that are available to Eternal Beings. Those who are ready to move on to a planet of higher awareness, higher consciousness, have made the journey through the third dimension before. They have gained

insights and awareness, and are ready to shift into a higher reality, a higher consciousness that is gained because they have made the journey, because they have had many lifetimes before where they have been powerless, where they had been victims, where slowly, step by step, life by life, they have gained a level of understanding that will allow them to step into a new reality, a new consciousness, that will allow them to expand their sense of self so that they can become more than they presently are.

There are those who are new on this path, one could call them "new souls" if one wishes, and they still need the experiences, they still need that sense of loss and separation, of powerlessness, for they are souls who are still learning about such things. Even though it may take millions of years for them to return back to the evolutionary point of departure that has been reached right now, what are millions of years to eternal beings?

Even though this Awareness speaks of that which is known as the Rainbow Bridge Prophecy, of the separating of two planet earths, two levels of consciousness and awareness; both are in order, both are right for those who choose the separate planet that they would wish to continue physical experiences on. One will become a planet of co-creators working in harmony and in balance with Mother Earth, the planet herself, and the other will be one that continues to go down the path of density, to become denser and more separated from spirit, and spiritual understanding and attunement. But this is as it needs be, and this Awareness says that this is okay.

WHAT HAPPENS TO THE DISABLED?

(Those on Social Security Who Can't Work)

QUESTION:

What will happen to all the people of this country who are on social security or who are otherwise disabled and can't work? Will they be taken care of?

COSMIC AWARENESS:

This Awareness wishes to answer at this point that part of the question. In reference to what was spoken previously, this Awareness suggests that those who have need to continue the third-dimensional experience of being powerless, of being less than, of having less than everyone else, may need to continue that experience, and may need to go into a denser third-dimensional reality so that their soul can continue the experience, so it can understand the truth of the illusion of the lie that third-dimensional reality really is; that as creator beings they are *unconsciously* creating this reality, and therefore if they need to continue to live on social welfare, if they are disabled and need to be supported in this role of being disabled, then they will continue to have that experience on the third-dimensional reality that they choose.

They Have the Choice to Create a New Belief System

If they choose to see themselves as creator beings, who can create new situations for themselves, who can move themselves out of their situation of dependency on social aid, or even *understand* that their physical handicaps are part of their belief system, they could indeed create a different belief system, thus removing themselves from social dependency, perhaps even healing themselves to whatever degree would be needed by them. There are of course different layers to this, and some could instantly totally heal themselves of whatever their disadvantage is, whether it is a social economic disadvantage or a physical disadvantage. Others might experience partial healing of their situations as they grow in awareness, having chosen the planet that will

allow them to create new realities for themselves, being supported by many who are doing the same.

So, this Awareness does state that there will be amongst those individuals mentioned in this question, a similar process that will happen to *all* conscious human beings; an expansion of consciousness or a contraction of consciousness—however that would be needed by the individual. This Awareness asks to move on in the question.

Will they get their comeuppance?

Groups Comprising the "Evil Illuminati"

(George Bush a Spiritual Being with a Role to Play)

QUESTION:

"The Trilateralists, Skull and Bones, Bilderbergers; these are three groups who answer to the evil Illuminati. Will they be called to answer for their evil doings also?"

COSMIC AWARENESS:

It would be so pleasant to believe in a reality where the bad guys are punished for their wicked deeds. The "evil ones" are punished. There indeed will be an answering to those acts that these individuals in the different organizations have committed. This Awareness suggests that other organizations could be included in this, so why not the Freemasons? Why not the Lion's Clubs? Why not the different agencies for population control, the CIA, the military complex known as the Pentagon? There are many religions that preach a form of evil, not good and wonder.

George Bush Chose to Take On This Role for a Greater Purpose
(Awareness Asks Us All to Expand Our Consciousness)

This Awareness is simply stating that there are *many* who are unenlightened, who are unaware, *whose purpose and role* it is to lead mankind on a journey. Perhaps it is time to stop looking at these individuals as "evil ones", but more as spiritual beings who have chosen a role to play. Thus, George Bush, despite all that he causes to happen, is a spiritual being also, who chose to take on this role for a greater purpose, and part of that greater purpose was to lead many who need to continue on the physical third-dimensional experience of life, into greater density, into greater separation.

Many who are in the different organizations, the different layers and strata's of government can be seen in this light too. This Awareness is asking each and every reader to expand their consciousness on this matter, to see things from a different angle, a different way, and to understand that *all* have their reason and purpose for their lives. In terms of punishment of these individuals, yes, some will be punished, for it is their need to find the truth in themselves and punishment may be one way for them to atone for their karmic sins, but it would be for their own individual growth and development. It would be so that they can move back into alignment with spirit, having released and let go of the karma of their actions.

Karma Is More a Way of Learning a Lesson

This Awareness wishes to remind the readers that karma is more a way of learning a lesson, learning the lessons that need to be learned through the actions taken in this life and perhaps other lives too. Once the karma is released, those spiritual beings are also released and can return back into alignment with spirit. It is an irony perhaps to say that in truth they *never* have been out of alignment with spirit, because in assuming the roles of the evil ones they are still fulfilling a higher purpose, a higher reason beyond that which is normally thought of, and this Awareness does ask entities to see the greater

picture, to see that even these "evil ones", those members of the Trilateral Commission, the Skull and Bones, the Bilderbergers, the Freemasons; all who would waylay humans on their experience of life are simply providing a service, so to speak.

Ultimately, it is each and every individual's responsibility to awaken into full consciousness of who they really are, what they really are, and when this is accomplished, they will indeed see, each and every individual who reaches enlightenment will see that others in their lives, whether on a personal level or at a societal level, such as our government and our organizations who would waylay and mislead those seeking enlightenment are simply serving a purpose, and have a *reason* for doing what they are doing. While it would be pleasant and supportive of a belief system to believe that punishment will be meted out to the individuals who cause such hardships, such pain, such sorrow, it is not exactly so.

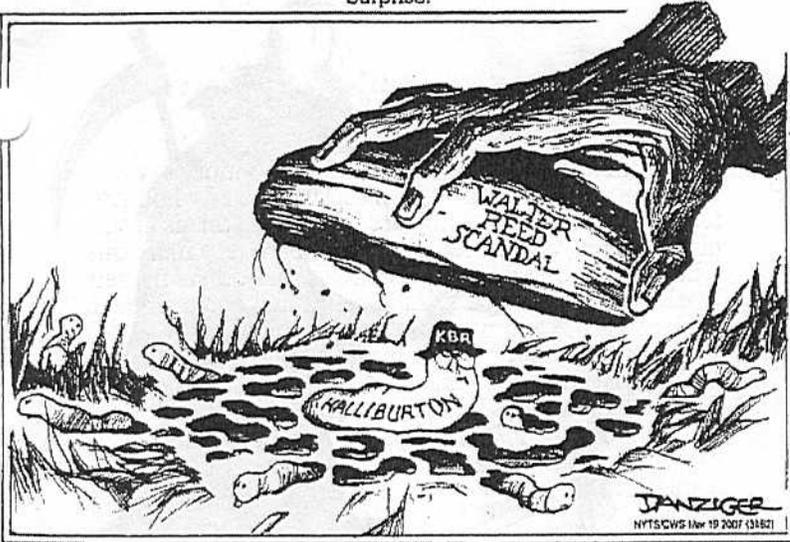
The punishment will be occurring because the individual soul will realize it is time to atone for those karmic sins, so that it may resume its own spiritual journey. The punishment is not meted out simply because one believes that would be a good thing to happen to such a person, yet one must see this issue from a higher perspective and understand that in some ways, those individuals who have chosen such roles, while apparently receiving for their ill deeds, good fortune and reward, are also paying a great price, and a price that will have to be redressed and rebalanced at some point along the evolutionary track of the soul.

They will go into that third-dimensional reality and they will go into that deeper density, and they will suffer on some level, because that is part of the karmic path of teaching. But eventually, they too, as all others, will reach a point once again, where they can choose the light and choose awareness and be in harmony with their own social being, their own High Self and spiritual self. This Awareness asks that the remainder of the question be delivered at this time.

- Tour Extension, Deployment. US Army



Surprise!



....More on Scaler Waves...

Will National Catastrophe be Avoided?
 How "The Evil Ones" Expect to Hold Power
 (How Consciousness in the U.S. Could Change Overnight)

QUESTION:

"There are scaler waves creating earthquakes in the Northwest coast. Will these be stopped in time to reverse a national catastrophe of which the evil ones will use to try to hold on to their power?"

COSMIC AWARENESS:

This Awareness chuckles at this question, for *It* sees it all as part of a grander purpose. Those who are in control *may think* that they will gain control or hold their power through a natural disaster catastrophe, but this Awareness sees the greater picture at the same time, sees the planet shifting in consciousness, sees the events that this entity is asking about as *possible* events that will help shift consciousness, so that those who are in charge who would use such an event will find it backfiring on them, and that it will not actually give them power, but may indeed take power away from them, may destroy the bubble of ignorance and illusion that they maintain around the masses, because it is the way of controlling the masses.

You take away knowledge and true awareness of how things really work, and you control the ignorant masses, who do not understand and simply give away their power because they feel they have no choice, that they are victims. It is this group that the powers that be would seek to control, but this Awareness says that even though scaler waves may be used to create a catastrophe that the powers that be *think* will keep them in charge of things, that it will indeed backfire. This Awareness has spoken before in *Its* forecast for 2006 of these events occurring. *It* stated that *It* sees that 2007 will *not* see these events occurring as the energies have shifted, have changed from 2006, when *It* saw a greater likelihood of these events occurring.

IF Millions Should Die in a Pacific Northwest Catastrophe

This Awareness at this point would like to talk on a more general level about such a catastrophe occurring in the Pacific Northwest region of the United States of America; that while millions may leave the plane of existence at that time because of such an event, it is also seen by this Awareness as an event where millions would *agree* to create a *new* dimension of awareness and understanding. This would be part of the shifting that

this Awareness has spoken of earlier today; of the shifting of consciousness, the creation of the two planets and the choosing of which planet the individual soul and being would wish to go to and be part of.

A natural catastrophe of the magnitude seen by this Awareness would so shift the consciousness of that country known as the United States that it would be seen as an event that *could* bring down that great nation, that *could* eradicate those who are in power, those very ones who would seek to control and manipulate the events. For those who wish to experience a higher awareness, a higher consciousness, this event would be a catalyst to deep and profound changes. In some ways the shift has been delayed because of the delaying of such an event.

This Awareness does not say that this is the only way to shift consciousness, but it is seen that a radical event of this nature would so impact the consciousness of the United States of America that it would change overnight the stature of that great nation. Those who are seen as ill equipped to deal with such an emergency would be ousted from power as being the incompetents that they are or are seen to be. This incompetency was indeed shown in the disaster in New Orleans and the southern regions of the United States when that hurricane known as Katrina and also Rita swept those regions and that agency known as FEMA seemed unable to deal with the situation.

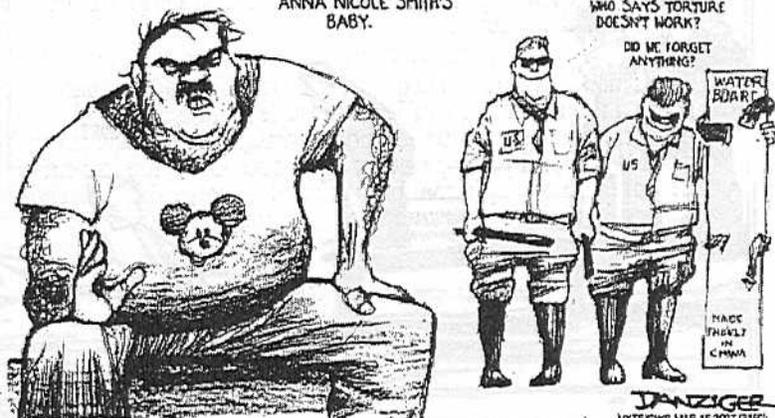
The Real Purpose of FEMA is to Contain People, Not Assist Them

This Awareness actually says that this organization's purpose was *not* to deal with the emergencies and to assist individuals at a time of great need, but rather to *contain* the individuals, contain the situation, allow chaos to build so that a gain was made in that area by the government and certain things were changed permanently, such as great areas of the ghettos being swept away; a solution to a long standing problem. At this time there are still many who have not been able to return to that region because of the effectiveness of the agencies at that time, such as FEMA, who prevented effective help and assistance being delivered at that time.

If there was a great disaster in the Northwest region, it would eclipse those events in the Southern part of the United States a hundredfold and would be so impactful that the catalyst energies would bring sweeping changes, would shift consciousness in the United States away from physical greed and need and having of material things to one of social consciousness, of assisting in helping one another; that which that great nation was built upon, that principle of helping one's neighbors and

Khalid Sheikh Mohammed Confesses Everything

THEN, AFTER I PLANNED 9-11, I ATTACKED LONDON AND MADRID... MORE RECENTLY I INVENTED SUB-PRIME MORTGAGES AND FATHERED ANNA NICOLE SMITH'S BABY.



friends and family would be restored, and the nation would be back on track to its higher spiritual purpose. But the cost would be great.

How Delaying an Event Can Delay Sweeping Changes

Often, when attention is put to such an area, it delays such an event. One could argue that this delaying also delays the sweeping changes that would be precipitated and caused to happen because of the cataclysm involved. This Awareness states that there are of course other ways of shifting consciousness, but these are slower, and they are taking place, and this Awareness fully supports the slower changes as well, but if that event ever does occur, that those sweeping changes that this Awareness has spoken about will *also* occur.

The catalyst of change will be found in that sacrifice of the many *who choose* to leave the earthly plane at that time so that the sweeping changes can occur. They might, by leaving the physical life, simply be adjusting to the other vibrational energies of the planet earth, and in their reality will not understand or know that they shifted from one to the other. There will be a continuance of consciousness that simply sees that they went through hard times with the disaster, but emerged on the other side, and are in a new planet, on a new world.

Equally, others who seem to disappear through the passing, through the disaster, may reassemble themselves on the third-dimensional planet earth, the denser earth. This Awareness has called it the third-dimensional earth. It simply means that it will be even more densely material and of a third-dimensional nature, where the higher vibrational force of the physical will shift to the other planet, and there will be much higher spiritual energies on that planet. What will be seen by many as the tremendous loss of life may simply be a changing of perspective to those who are involved. Of course, some will return back into the spiritual fabric of the *All* and the *Everything*, but others will simply change their perspective and emerge on another level of reality that is theirs to create and experience.

This Awareness feels complete with this question. Are there other elements of this question that need to be answered still?

QUESTIONER:

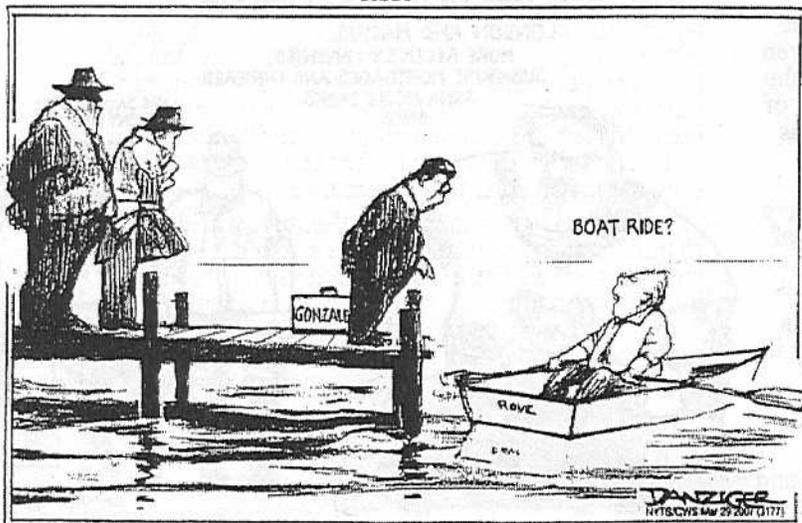
No. This question is complete.

Scaler Waves Not Necessarily a Bad Thing

COSMIC AWARENESS:

This Awareness does understand and suggests that the scaler waves may be used by those powers that be, but this is not necessarily a bad thing, and this will only promote the shift on a more deeper and profound level, or enhance the awareness around the acts of these individuals. Now this Awareness is complete.

Fredo



A Prisoner Finds That Sharing His Painful Experiences Brings Peace of Mind

QUESTION:

Okay. We have a letter here from Jeff Jones of Nevada. He writes: "Dear Cosmic Awareness: I have been in prison almost 18 years. I was 17 years old when I committed the crime. Anyway, I have been going to therapy for the last 5 years, and one of things they encourage is to share your painful experiences that happened to us when we were young, such as sexual, physical and mental abuse, etc., if that contributed to us becoming an angry out of control adult. We are taught, the more we share these painful experiences, the less they become painful, and we end up releasing the emotion that we have been holding inside of us, waiting for it to explode.

Anyway, a lot of guys have a hard time sharing these painful experiences because it hurts too much or they have blocked it out. For these kinds of people, could it be wise to hypnotize them, to help them to relieve these painful experiences so they can confront the pain and release it? Because I have heard of people who've experienced trauma in a past life and they carry it over to this life, and they have hypnotized them to relieve that trauma in a past life, and then they end up releasing it and have no more problems from it.

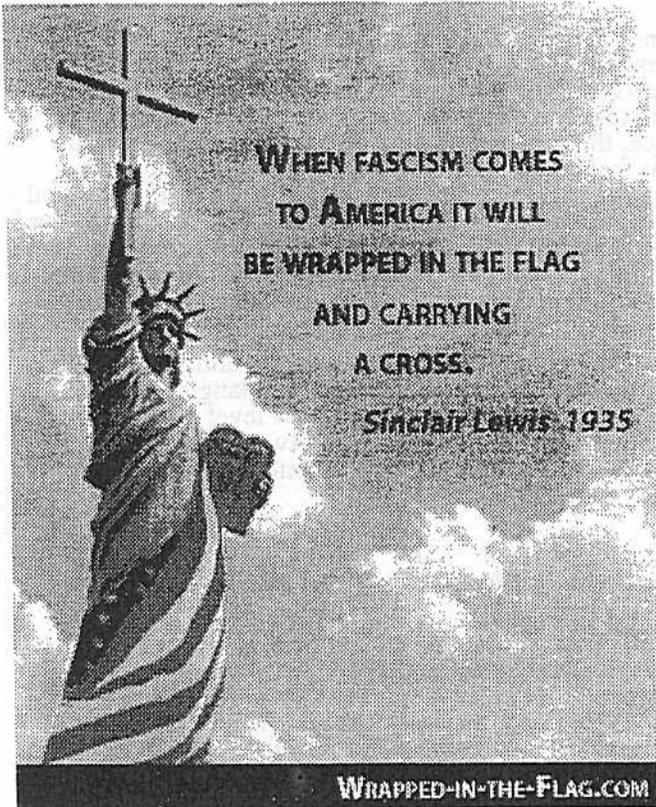
Because I have experienced myself since I have released by talking about my painful past, emotions that were stuck inside of me such as anger, etc., I have felt so much happier, my self-esteem has come back. I love who I am now. I am no longer that angry person, etc., because I truly believe what we went through as a child makes us who we are as an adult. Do you have any comments?"

COSMIC AWARENESS:

This Awareness has many comments on this letter and thanks the entity for the presentation of it, and that this Awareness chooses now to make comment. This Awareness asks however first that the name be repeated first to focus upon.

QUESTIONER:

Jeff Jones, of Nevada.



COSMIC AWARENESS:

Forcing a Person to Relive an Experience is Not Beneficial

This Awareness wishes to start in the middle of the lengthy letter about those individuals who find it difficult to relive those painful experiences for whatever reason. The first thing that this Awareness wishes to state is that forcing an individual to relive these experiences will not be beneficial, for the individual will not truly "get it", will not truly find the release that could occur in reliving and releasing from those experiences, so that unless an individual truly, of their own volition and accord, choose to do the inner work, choose to revisit those experiences and release them, there is nothing to be gained in forcing them to do so.

Self-hypnosis will not work even then because the individual will simply choose to block it and will not be able to go into the depths needed to retrieve the memories, to review the experience and to release the energy around those experiences. If the choice is made that the individual truly wishes to change the tapes, so to speak, that were put down when the individual experienced the experience, then there is merit in going into the life time, whether it be the early life experience of this life, or a what is known as a past life; if that choice is not made, then this will not be an effective way to release this pain in anger and the energy around those experiences.

This Awareness now wishes to address the first part of the letter presented by the entity Jeff, and that is that reviewing and releasing the emotions through talking about experiences allows it to be displayed to the world, to be looked at. It is as if one puts out the wash on a line so that it may dry outdoors. At first it is put up wet, and all see it is wet laundry and this is good, for it will dry outside, but after a few hours when it is dry, there is no more benefit from keeping the laundry on the line, and therefore, it must be brought in so that it can be used again. To keep it out on the line will serve no greater purpose once the laundry is dry. In fact, the weather may change and the rain may come and the laundry might be

soaked with the dirty rains and therefore actually not be clean anymore.

One thinks that keeping it outside is the best for it. This only works for a few hours, at the beginning, while the laundry is drying. So it is with personal experiences. One can put them on the line, can display them to the world, can let them dry out somewhat, but after that, one needs to do more with it than just simply share it with others. There comes a point when the sharing of the story is part of the person's identity. "I am an angry young man because these events happened to me!" is the story, "and this is what happened to me..." and to repeat it over and over and over will actually cause that story to become more entrenched in the individual and even become an excuse for the individual. "Well I did this because I was an angry young man; because these events happened to me!"

This Awareness states that this is a personal identification that allows the story to gain magnitude. It already has power because it was based on events and experiences that happened that becomes the person's tape, but the danger in repeating over and over and over this story, allows the individual to personally identify with it, and it becomes somewhat of an excuse after a time, and this Awareness does not support this process, although it is a popular process, one that is used by many support groups. In effect, often support groups keep people in their old patterns, in their old ways because they replay the events and the circumstances that cause them to become what they were, over and over again.

Every Individual Must Take Responsibility for their Own Life

This Awareness wishes to state that at some point each and every individual must take total responsibility for their lives, even for those unfortunate events that have occurred, that damaged them, that branded them, that set them on the path of their own destruction. Remember that every human is a soul. Every human has a purpose, a reason, and the events that occur to an individual are to help them have the soul experience they are meant to have in their physical incarnation. It is all part of a greater purpose, a greater reason.

As this soul grows towards awareness, as a human individual, seeks self-enlightenment, self-awareness, they must come to a point of understanding that they indeed called into their lives all the participants in their lives, and that would indeed include the abusers, those who used and took from them through the experiences they delivered; that child's life, that child's experience that branded that child, that angered that child, that created at a subconscious level the deep turmoil that may cause the individual to become what he becomes at a later stage, as they become young teens at the age of seventeen who lash out in anger and hatred, who lash out against the individuals and the social systems that caused them the pain in the first place, and then they have another experience. They become prisoners who must pay back through the social way that is held to pay back, to reinforce, to punish the individual for their crime, and they then stay in that energy, because now they are involved in this experience.

While it is good to receive therapy, while it is good to understand the causes and the reasons, that good is not served by simply repeating over and over the story behind it. At some point, even an individual who has been punished must accept that they are responsible for their lives, not the individuals who did what they did to them that caused them such pain and such anger. Those individuals were indeed playing a role. This does not excuse them. They may indeed have their own karma as a result of that which they did; their actions must be



YOU WANT A WAR CZAR?
LOOK, PAL,
PM
THE DAM'
WAR CZAR!

Jones for all of the work that he done while in confinement, and the insights and awareness that he has received. This Awareness suggests now it is time for him to forgive himself also, for having had the experience, the need to walk the path he has walked, and in this forgiveness of self is yet another element of the healing process. Once an entity forgives themselves and accepts that this was the experience they needed to have, and the path they needed to walk, they walked as a result, and now the individual is free to choose another path, to take another course in life of action that will manifest new results and a new way of things.

This Awareness realizes that this entity may be in prison a while longer, but even so, changing this, forgiving oneself will create a new level of experience for this entity at this time. This Awareness thanks this entity for this question, for the letter, and for sharing with the membership.

How to Find Out What Your Rights Are?

QUESTION:

We have a question from T. Gavatos, from Pottstown PA. And they write: "We found out "they" are changing the codes in our area with the intention of zapping huge noncompliant violations on folks. How do we find out what our rights are? Thanks."

COSMIC AWARENESS:)

This Awareness suggests that this is simple enough; that the individual contact local governments, state governments, Federal governments, Federal government agencies, state agencies, local agencies. This is an action of responsibility on their part, that they take action to find answers. This is not really the prerogative of this Awareness to say an exact answer, for their answer lies in actions they take to trace down agencies that are involved at the various levels of governments.

This Awareness would point out that in the *More Wind From The Editor's Newsletter*, that often phone numbers are given to senators, congressmen, who can be contacted. This of course is another level that could be pursued; that senators and congressmen and state agents be pursued and contacted and hard questions be asked of this. This Awareness reminds the individual that there is a responsibility holds to find the answers. This Awareness is complete with this question at this time.

answered at some point of their own spiritual journey, perhaps in this life, perhaps in another. But the individual who received that experience at the hand of others will still need to heal at some point.

The Importance of the Energy Around an Event (Time to Rewrite the Script)

This Awareness suggests that after the events are brought to the surface, then it is time for the individual to go even deeper into the experience. The entity Jeff mentioned hypnotherapy as a way of doing that. This Awareness agrees; that to go deep into the experience to relive it, but not just to repeat it, might be advantageous, for it is at that stage, at that depth of experience, that the script can be rewritten. There is energy that is stored up through any event or circumstance that brands an individual, that defines an individual, and this is what really is carried forward, not the event. The event is simply that which happened in the past. It is the energy around the event that makes it present in the individual's life, that makes the individual lash out against that past event. It is the energy still held by the individual.

Going deep inside, going to event and rewriting, literally seeing it differently, writing a new script, a new outcome, will change the energy around the original event. The original event does not go away. It still occurred, but the energy that is held around that event has been changed, and that is where true healing, true release can indeed occur, and any individual who is prepared to go into the event, not just to relive it and justify why this made them an angry person, but rather who really intends to go inside to change the energy around that event, will derive merit from doing so.

As this Awareness has already stated, it cannot be forced on an individual. An individual must be prepared and ready to go back into the energy around that event, to face it, to deal with it, to release it. This energy is stored at the level of the low self. It is the low self that holds that template, the energies involved in any and all events experienced by an individual in a lifetime, and it is going into the low self energy through such techniques as regression therapy, or hypnotherapy, that will help an individual release the energy around it so that they do not continually define themselves by the energies of the event.

This Awareness sees this as a very strong and powerful changing and healing



WHAT IS COSMIC AWARENESS?

COSMIC AWARENESS is the Force that expressed Itself through Jesus of Nazareth, the Buddha, Krishna, Mohammed, Edgar Cayce and other great avatars who served as 'Channels' for the 'Heavenly Father' and who speaks again today as the world begins to enter the 'New Age' of spiritual consciousness and awareness. Since 1963 Cosmic Awareness has been communicating through carefully trained channels. This information is for those who desire to help in bringing in the New Age. Throughout the thousands of 'Readings' given through these various channels, Cosmic Awareness tells us not to believe anything, but to question, explore, doubt, and discover for yourself, through your own channel what is the truth. Cosmic Awareness will only 'indicate' and 'suggest'. Neither C.A.C. or any of the Interpreters is responsible for anything Cosmic Awareness states in any of these readings, nor does C.A.C. or the Interpreters necessarily agree with the statements of Cosmic Awareness. The Interpreters interpret the energies as they see them in trance levels and are not personally responsible for what is said. The Interpreters published herein have no connection with, nor control over the editorial comments and material, including illustrations. This is entirely the responsibility of the editor. Members of C.A.C. are invited to send in questions of general interest to ask Awareness for possible publication in this newsletter.

The Cosmic Laws of Cosmic Awareness...

THE LAW OF EXAMPLE

The *Law of Example* states that any person, concept or thing which is placed in a position of significance, may serve as an example for others to follow. Those who have served as examples of power, lust and greed, have helped to create the tragedies which they and their followers have spawned. Those who have served as examples of love, service, and the sharing of their better parts, have helped to bring about freedom, joy, beauty and peace that has been allowed upon this plane.

Entities who wish a better world are cautioned to exemplify and portray only those better qualities of love, joy, peace and service to others, particularly to the children who are searching for examples in their world.

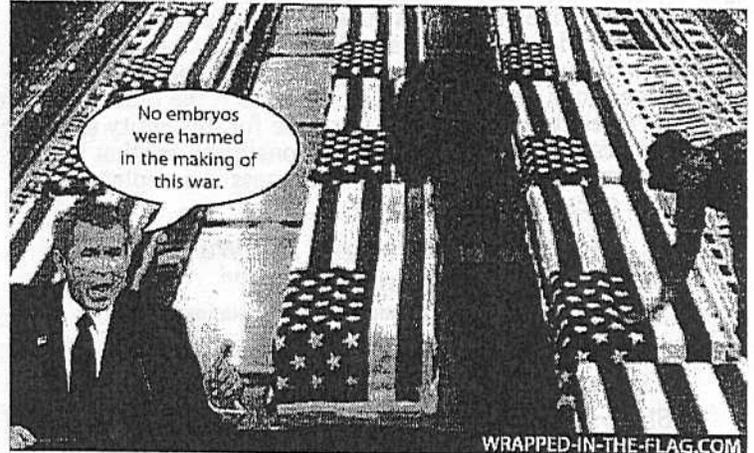
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GOOD QUESTIONS WANTED !

Awareness has indicated questions once again are invited, general questions suitable for publishing in this newsletter. Please write or email them in to us. Thanks.



Can Another Creator God Come Into Existence?

QUESTION:

We have a question from Larry Kell in Indiana. He writes: "Is there an answer to this question? Is there anything from preventing another god from being created the same way our god came into existence? Could it become more powerful and dominate everything already created?"

COSMIC AWARENESS:

This Awareness feels that this question was presented previously, but *It* still wishes to answer the question further, at this time. The whole concept of "another god" assumes that only one god really exists at this time, and this Awareness disagrees with this concept. The whole hierarchy is such that there are many gods that are around at this time. Thus, the quick and easy answer is that yes, it could be that another god could be created for other gods already exist.

In the creation of another god, the assumption is that there would be some kind of competition between the two gods, perhaps even conflict between the two gods. This is indeed the nature of societal conflict in the past that would state "Our god is better than your god! Our god is the True God! Yours is the False God!", and nations and tribes would go to war to prove that one god was better than another god.

This Awareness suggests that these are old concepts that need to be abandoned at this time. There are different levels of spirit, different understandings of that which are called gods, and it is time to understand that we are all gods. This Awareness understands that it is close to that which is called the God Essence, the God Force. It is part of that very essence, just as the individual this Awareness is speaking to at this time is also part of that God Essence, that God Force; that All That Is energy that permeates everything, that is everything.

This Awareness suggests that as gods, perhaps it is time to act as responsible gods. Perhaps it is time to take on that awareness and understanding of your nature as

Creator Beings that create the reality that you experience and live in, and it is time to stop considering such things as creating other gods, or being under the influence of gods who are vengeful and needy and use individuals to support them, to create them, to sustain them.

As Creator Beings, as Creator Gods, it is time to take responsibility for your own creations, be they creations in the physical that you experience, or creations in the mind that could become the physical reality that you pursue. In terms of this question, this Awareness wishes the individual to understand that he is a Creator God who plays wonderful mind games with such concepts of other gods being created. Perhaps he is the other god that he refers to, and perhaps it is time for this entity to understand this and to take responsibility for that which he creates in his life. This Awareness is complete with that question.

“How Much More Crap Are We the People Going to Take?”

(More on Illegal Immigrants and a National ID Card)

QUESTION:

We have another question here from Beverly Hunt. She writes: “I don’t think very many people are aware of the real ID Act that the Congress passed and President Bush signed on May 11, 2005, that mandates that all US citizens will be required to carry this card by May, 2008. Without this card, you won’t be able to drive your car, board a bus, train, plane or enter any federal building, or open a bank account.

How much buying power or selling power do you think you will have if you can’t even get a job without this national ID card? People! Take back your rights, before it is too late! Wake up to what is going on and yes! You can do something about it. It’s called impeach, prosecute, recall vote, and prison, for their crimes. They are in office to serve the people. We’re not here to serve them!

They took an oath of office and they are ignoring it. Maybe, like our president, they think the Constitution is nothing but a “goddamn piece of paper.” Can you shed any light on this and the fall of our government? It seems to me that when our government falls, and it can’t help but, with all the illegals they are allowing in, and they won’t even enforce our immigration laws! They are giving away medical, financial aid, and all kinds of benefits to them, when they should be getting nothing, and sent back where they belong. Enough is enough!

How much more crap are We the People going to take? The time to act is now, before it is too late. When our government falls, they should continue working and doing business in each of the states, but paying all taxes to the governors, and yes, it can be done with the collapse of our government! What are your comments on all of this? Thank you.”

COSMIC AWARENESS:

That Awareness expresses that it actually has made comment on one level already, when *It* answered this entity’s previous questions. Those various agencies that she rails against do have other purposes, higher purposes beyond that which is the apparent indiscretions of their actions. This Awareness has spoken to length on that being the higher purpose that they are serving on one level: to help the consciousness of mankind shift, as the planetary shift is in the process of happening, and this Awareness does not feel a need to comment further on that level.

It will however, comment on a lower level of understanding to the situation and those who are the criminals in the government; that being the present government, as well as many other agencies that enforce the current plan of control and manipulation. First of all, this Awareness wishes to speak on the National Identity Act that this entity Beverly Hunt is referring to. This is simply another tool the government is trying to employ, a method of manipulation and control, so that it is even more in charge, that it has even more power.

This would indeed be a part of the energies of control and oppression that those beings who are in power wish to enact on the people. These other acts and events that the entity was also referring to are also to serve that purpose: to take away power from the individual, but that power can only be taken if the individual gives it away, and part of the way that the individual does give their power away is by not standing up, by not asking questions, by not demanding that the governments that are elected **by** the people and **for** the people, be responsible to the people.

Masses Easily Distracted While their Rights Disappear

This is unfortunately the way of the masses at this time. They would rather be entertained through the death of a celebrity, such as recently happened with the Anna Nicole Smith. The sensation around this entity’s passing, or earlier on, when that entity known as Michael Jackson was taken to court, or the many many sidelines distractions such as sporting events, as well as entertainers who go afoul from the law, taking up more time in the public’s mind and taking their attention away from the truly important issues and matters.

While these distractions happen, then individuals stay in that role of being victim to their governments and victims to those agencies that would take their power away, who would enslave them while presenting them with petty entertainment to distract them, to prevent them from seeing the truth of the world as it is. This Awareness however, does state that the way forward is not openly combating these forces in any militaristic way of taking up arms to force the governments to change or to be responsible, for this would simply be a prolonging of the same energies at a different level.

The way forward would be instead to speak to others, to tell others, to awaken others to the truth; this being on a very individual level. The writing of letters to the papers is also seen as an effective way to get people to think about these things, to share with others the perspective and the understanding. There is another way that this Awareness wishes also to emphasize. Once an individual understands that those powers that be are doing this to gain control, to take the masses into that planetary energy of that third-dimensional planet earth, the dense dimensional energies where the separation from spirit will become even stronger and even more profound, that individuals can start creating a different reality. They can choose to focus on the reality of the higher vibrational planet earth that is also emerging at this time.

Energy Flow Goes Where Intent Goes

Entities can start to become focused on the changes possible and visualizing and seeing a new planet, a new way of things, new governments that are responsible. This Awareness wishes to remind the individual that energy flows goes where intent goes. This means that when you put intent into the negativity of a situation, that the energy will go there, and that negative situation will be continued, it will carry on, because the energy is going into it, and this is really not the best way of things.

While this individual in her moral indignation, in her anger, needs to be heard, as she has very important points to make and needs to share them with others and needs to help society as a whole to open up to others; this Awareness would also suggest that in addition to this, this individual Beverly Hunt express to others the need to co-create a new reality, a new way of seeing things, of passing energy and light to those individuals at this time seem hell-bent on carrying the masses into total enslavement. The energy put out in a negative manner must be pushed to a positive source, a positive outlook, so that a positive result can be created.

Awareness Asks Beverly to Cool It!

While this entity rants and rails at the government, at their actions, at that which they are trying to accomplish, she is only giving energy to this actually happening. This Awareness asks her to stop doing this. While on the one level it is important to be aware of such things, it is also important to not to energize such events, such circumstances, such powers, for that is defeating exactly what this individual wishes to accomplish. She must also begin, as all individuals must begin to put out a positive spin, rather than a negative spin. While one sees the actions of these governments, one can also put out that there will be and is a new way of things, and individual can start taking responsibility for creating the new way of things, and thus, they will indeed, create a new reality, a new future.

It's Time for Entities to View Alternative Outlooks

It is important for individuals to start thinking in this new way, expanding out beyond the thoughts of their own self-beliefs, their self-concepts, their self-hypnosis to the reality that they experience, because as long as they hold it, it will be so. This Awareness suggests that it is time to expand one's awareness, to view alternative outlooks, positive outlooks, and to energize those positive outlooks as a means of changing one's reality, of putting one in the vibrational energies of the new planet earth that wishes to ascend to new levels of awareness and new levels of consciousness.

This Awareness challenges the individual Beverly Hunt to do exactly that. This Awareness challenges the whole membership of the organization *Cosmic Awareness Communications* to do exactly that. This Awareness is complete with this question at this time.

In 2012 Will Our Bodies Actually Change?

(How the Thought Creates the Reality)

QUESTION:

This is a question from Mr. Alvin Cobb, from New York, who writes: "I'm reading newsletter 2004-2, and a terrible troubling thought now goes through my mind as I read the article. Will our bodies actually change as we near 2010?, which I would like."

COSMIC AWARENESS:

This Awareness wishes to make a comment first. Again, carrying on in the line of reasoning presented by this Awareness at this time, that the thought creates the reality. The energy given to the thought creates the reality. If this individual is afraid of something, that it is highly likely he will experience that reality. There are changes that have been happening over the last two years since the entity wrote this question; this being actually going into three years since this question as asked. There have been many changes in the human body, in the DNA structure, in the emotional levels of mankind and many are feeling these changes.

Many do not understand these changes, or what is occurring to them. There are organizations that are explaining this. There are sites on the Internet that explains it. This Awareness suggests that there is a site entitled *What's Up On Planet Earth*, that this Awareness recommends individuals turn to, to keep up with the types of energies that are happening at this time. It is in the present time that this Awareness is speaking, this period of time of February 2007, where energies are existing and happening that are changing the human body, the human mind, the human emotional system.

Emotions of Anger, Frustration and Hopelessness are Changing

The emotions even are changing, and many emotions are being brought up. Anger and frustration and hopelessness are some of those emotions. Again, it is important to pass through those energies, to see through them, to come to the other side, for all that is happening mostly is that the energies are defining new spaces, uncomfortable spaces, and that often those energies exhibit themselves as agitation, anger, frustration, hopelessness sometimes, even depression sometimes. It is as easy to see that these are unknown energies that need to be understood and embraced so that they become familiar, and once they become familiar, they will actually translate into energies of joy and happiness and feelings of fulfillment and accomplishment.

It is important to be aware that energies are shifting, energies are changing as the two planets start that process of separation. Indeed, this process has begun already, so that the changes entities are experiencing on a bodily level as emotional changes, mental changes of beliefs and attitudes can be accommodated, can be embraced and taken in. This Awareness wishes to continue with the letter at this time.

Will Prisoners Walk Free in 2012?

(What About Sick People in Hospitals?)

QUESTION:

I would like to ask Awareness: What about prisoners who created terrible crimes? Will they just be able to walk free as their bodies change? And what about sick people in hospitals...

COSMIC AWARENESS:

This Awareness wishes to stop at this time, because there is so much that is seen by this Awareness that it wishes to address about the concepts of prisoners. This Awareness first wishes all readers to understand that every human chose the life experiences they needed to have, including those who would choose to engage in criminal activities that would wind them up in jail, but they too are changing.

Given the nature of the crimes, they will have to answer for them and that means that even if their body changes that if the present system of imprisonment remains, that they will have to serve out their prison sentences even though their awareness, their understanding has changed, that they bodily have changed; all of these things will also be part of their purpose; that even those changes occur, that the life purpose may still ask that they stay in prison for a length of time to serve the punishment, to clear the karma around the crime committed and also other lifetime crimes, which might be one of the reasons they choose to be incarcerated in this lifetime.

The only way that they would come free is if society itself adopted a more enlightened understanding of crime and the punishment of crime. In truth, the present prison is rather archaic in nature. It is not proven that individu-

als who serve time will come out of prison being reformed. It is more the case that many will wind up going back into prison because they know no other way. There are indeed individuals who change in prison, who change their mental attitudes and their emotional beings as we exhibited through the entity Jeff Jones in an earlier letter that was presented in today's session. Those individuals have changed tremendously, but they will still be required to serve their sentence if the prison systems do not change; if a more enlightened way is not found for entities who can come out being changed individuals, who understand the deeper truth and who are ready to become meaningful members in society, working in society, not against society.

This is not seen as something immediately available; the change of the prison systems. At least not until the shift in the realities that will occur through the division of the two planetary bodies known as Planet A and Planet B.

This Awareness is using this labeling process at this time as a simpler way of understanding that Planet A may be the planet of ascension, while Planet B may be below ascension: choosing not to ascend. In that planetary system, then punishment will continue along similar lines, becoming even worse as they fall into the denseness of materialism and the physicality of Planet B continues. Whereas those who continue on the ascension process, on a planet that is also ascending, may come up with more enlightened ways to reform those who commit acts of crime and violence.

This is seen as a greater issue that will be resolved as the planet ascends upwards, or beyond that which is held to be so at this time. This Awareness wishes to answer the next part of the question; that of those who are sick.

Sick People in Hospitals—What About Them?

QUESTION:

What about sick people in hospitals? What will happen to them?

COSMIC AWARENESS:

They will change, as needed. Some will pass over, choosing to leave the present reality, either to return back to the spiritual being, their essence, or back into a new perception of reality. One of the things that will occur as the planetary shift, the dimensional shift (perhaps a better way of understanding this) occurs, is that many will seem to disappear from the realities of those who choose a different way. For example, those who choose to ascend unto Planet A, who choose to put their focus of attention on higher spiritual values and take responsibility for their lives will simply seem to no longer be part of other people's lives who choose to stay on Planet B, who choose to descend into the below, who choose to descend into even greater density and physicality.

One way they will seem to disappear is that they will seem to die to those individuals who descend, whereas they themselves, those choosing to ascend to Planet A may see the others as dying or simply contact being lost and no longer knowing anything about them to the point that one does not even think about those individuals because they simply are not part of the perceived reality in either case anymore. So that even those who are sick will indeed make choices of how to advance spiritually; to ascend and thus even take responsibility for healing themselves, or to descend and to experience the consequences of staying on Planet B versus raising up and

ascending on that which this Awareness is choosing to call Planet A: the Ascension Planet, at this time.

This Awareness suggests that the energizer go on with the question.

Spirits Causing Problems Imprisoned in Glass? (No Such Thing as "Eternal Punishment")

QUESTION:

"I remember reading in a book I have called *Yada Speaks*, where he says "Spirits, when they start causing problems (yes they do have problems there!) that they are imprisoned in glass from which there is no escape." Is that true?

COSMIC AWARENESS:

This is an entertaining concept but totally erroneous. For this to be so, suggests the possibility of eternal punishment, and such a thing does not exist. This Awareness dismisses this whole concept as pure fantasy. This Awareness is done with this question.

QUESTION:

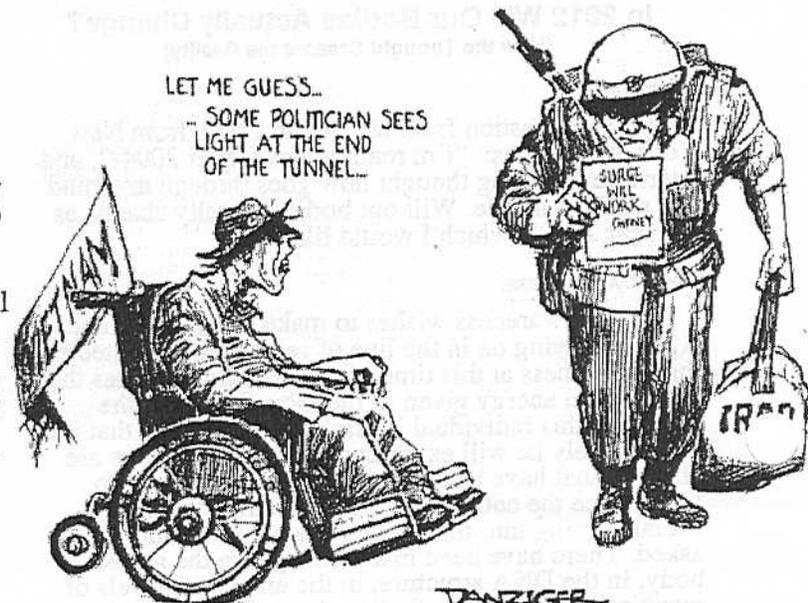
The tape is almost complete.

COSMIC AWARENESS:

This Awareness suggests that it is time to end the session for today, and that *It* thanks the energizer for her questions and her wonderful energies that she contributes to this session, at this time. This Awareness suggests that the *Law of Gratitude* be given now and that the Interpreter be brought from trance.

(The law of Gratitude is given and the count of 12)

Vietnam War, Iraq War, Light at end of Tunnel



DANZIGER
NYTS/CWS April 15 2007 (3200)

HOW TO SEARCH THROUGH MEDITATION FOR INNER CONFLICTS?

QUESTION:

A question from Francine Stebbins, Madison, Wisconsin. She writes:

"I have a general question for Awareness. In newsletter 87-10, on How to Communicate With Your Subconscious During Meditation, Cosmic Awareness mentions that: 'If your subconscious is rebellious to you, you must find out why by either questioning or by searching by meditation to discover what inner conflicts you have between your emotions and your mind, between your emotions and your personal will.' My question is: Exactly how would a person search through meditation for these inner conflicts?"

COSMIC AWARENESS:

This Awareness indicates that by going back into memory of childhood values, often values which were not your own selection, but which were imposed on you, but which you eventually accepted as reality, which by now have been rejected in your adult new value system, you may find that there is still in your subconscious a clinging to these values because your subconscious has not yet let go of the childhood values. But your new value system, built upon realization of conscious decision making and evaluation, allows you to consciously seek to do certain things which are in contrast to things in your subconscious or childhood memory and value system, so that the childhood memory and value system may still be clinging to certain truths which it holds dear that are not cooperating with the new value system that you have.

If a Childhood Value System Believed Having Money was Evil

For example, if your childhood value system believes that it is evil to be wealthy, to have lots of money, and your new consciously developed value system believes that "with a little more wealth I could be a little more effective in helping my friends," you may have a conflict in which the childhood value system in your subconscious refuses to assist you in your new value system, and until you can bridge that gap, you may not be able to resolve this conflict. You may always have a kind of deep down feeling that it isn't really right for you to make a lot of money, even though you may do it to help your friends.

A Conflict Between Christianity Teachings and New Age Healing

This Awareness indicates that another example: one may have a strong childhood attachment to a certain form of Christianity and values related to religious programming, and the conscious development of new ideals, concepts and values, such as interest in metaphysical concepts may have been developed consciously over periods of time to the point where the entity's conscious thinking is now accepting the metaphysical concepts and may be very interested and engrossed in studying such metaphysical concepts, but if the entity keeps having trouble manifesting using metaphysical concepts, or in healing oneself, it can perhaps be caused by the childhood values, which now are subconscious within the individual, and the bridging of these two may require that one go back into memory, and discuss with the child, or the minister or preacher or priest or teacher or nun or parent who instilled, or helped to instill those childhood values into you.

Imagine Yourself in Conversation With Your Programmer

Go back in memory to those times when these values were set, and visualize yourself in a conversation with these entities about the programming of your subconscious, using your metaphysical knowledge and informa-

tion in the discussion, though this may be an imaginary discussion, and continue talking and listening to their arguments and discussing your opinions.

Imagine yourself in this conversation with the child within, sitting in the room listening to you and others discuss the child's value system with your purpose being to get the child to understand your present value system by talking with these teachers from your past, so that the child begins to hear both sides simultaneously, so that the subconscious begins to recognize *both* sides of the argument, so that the child within does not feel a disloyalty to his parents, teachers, preachers, priests or nuns by listening to you and considering what you have to say.

The things You Call "Reality" Are Really Illusions

This Awareness indicates when this is properly done, the subconscious, the child within, will begin to take on a different attitude toward you and realize that perhaps you are not so bad after all, and perhaps you weren't really being disloyal to those parents and teachers, and therefore, it can be more cooperative with you. This Awareness indicates these things are in the imagination, the subconscious, the memory of the childhood, the memory of the values. All of these things take place in imagery. This Awareness indicates, however, this is where reality actually lies. The senses of what you call reality, based on sight, touch, taste, hearing and smell; those things which you call reality, are in fact illusion, and the true reality lies in the feelings and in the images that occur within your psyche, and when you enter into this kind of imagining and going back into these areas of childhood and self, you are in fact adjusting yourself to the new reality, adjusting the value system to the realities.

Going Back in Time Can Heal Many Things in the Present

This Awareness indicates it is possible for entities to heal themselves from diseases, from misaligned attitudes based on childhood beliefs or misunderstandings. It is possible for entities to go back into time, have conversations with their parents, gain understanding as to why their parents betrayed them, failed them, hurt them.

Often it is possible for entities to return to their childhood, ask questions: "What were you going through when you left me, when you deserted me? Why did you do this?" and such entities may discover that it had nothing to do with you. The parent perhaps was going through some kind mental turmoil within his or her own psyche, trying to preserve sanity or feeling himself or herself to be a total failure as a parent, as a mate, and may have simply left out of desperation, not thinking of you, not considering you because of their own inner desperations, and yet, in your mind you may have blamed yourself, or may have felt: "Somehow I did not please my parents, or why would they have left?"

This Awareness indicates that the child generally centers everything around themselves, and sees every action as being the result of their own behavior, but when you are an adult and look back and you engage in an imaginary conversation with your parent of the time, and experience the feelings that the parent may have had, you will get a totally different picture of what was really happening at that time, and though you may have lived many years feeling that you personally were rejected by your parent, it may in fact be revealed to you that your parent was rejecting your mother or your father, or the stress of the job, or the entity was having inferior feelings and feelings of incompetence within himself and just simply was not strong enough within to cope with the demands of his or her life, and it may have had nothing to do with you personally, nor was it something wherein the entity rejected you personally.

Feelings of Rejection Often Cause Cancer Later

This Awareness indicates once this is understood, that entire experience of feeling rejected over the years will leave you instantly, and you will discover that you were *always* lovable, and that the departure of your parent had nothing to do with your lovability, and when you discover this, all the diseases that have resulted from your feeling of chronic rejection will be healed. This Awareness reminds you that cancer often results from feelings of having been rejected; that this may take many years to manifest.

Anger Causes High Blood Pressure and Heart Disease

This Awareness indicates that high blood pressure and heart disease often result from feelings of being angry and unable to express yourself and it may take 20 to 30 years to develop, and if you can go back to that time when you felt most angry, and bottled up your anger, and you can imagine yourself talking to that entity who made you so angry, and saying those things which you then did not dare to say, and getting out the expression that you had locked up inside yourself, expressing yourself even in the level of imagination, you can clear up that anger from your system that has been locked in for 30 or 40 years, so that the high blood pressure and the heart disease can begin to come down, can begin to balance, can begin to heal, for as the anger is released from your system, the body begins to heal itself.

Obesity Often Caused By Giving Baby Food Instead of Love

This Awareness indicates that often obesity is caused from a childhood feeling of neglect wherein the entity instead of being loved, is fed something so that it will keep its mouth shut and quit crying. The entity begins to confuse love with food. The entity wants attention and instead gets food, and as the entity grows older and older every time the entity wants love or affection or attention, he instead is given food. Thus, as the entity becomes more of an adult, he quits seeking love and affection and begins to reach for food, and the entity then builds a life around eating food instead of expecting to be loved, to gain attention from those whom he loves, and the entity's life then becomes one of obesity.

This Awareness indicates that when one goes back in time to remember those childhood experiences and sees the parent ignoring and finds the parent does not have time to pick you up, to hold you, to love you, but instead sticks food in your mouth, when this occurs and is clearly seen from an adult conscious level, the entity can begin to make the changes, to talk to that imaginary parent of the past, to say those things which need to be said: "I reached out for you, I wanted you, and you only gave me food. I refuse the food! I want the attention! I want the love you withhold from me!" and visualize that parent picking you up and holding you tightly and loving you the way you always wanted it, and in so doing, you create a new image in your memory, in your imagination.

How to Visualize So Your Obesity Will Disappear

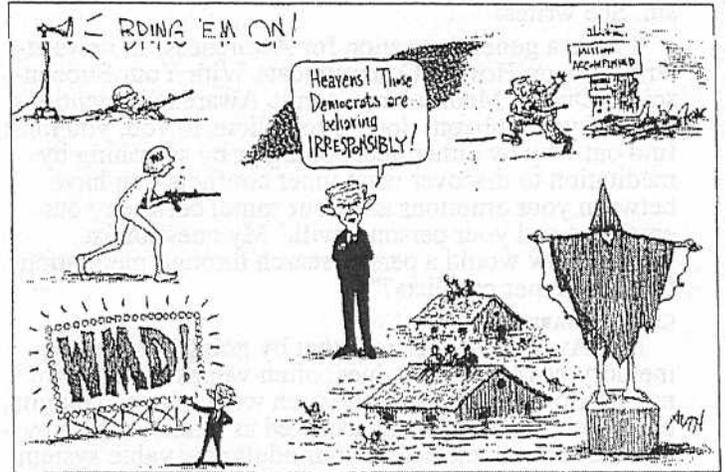
Visualize this clearly, hold to this. Consider it an experience, for the subconscious cannot distinguish from that which is imagination and that which actually happens, and consider this imaginary experience as being a re-experiencing of your childhood, in which indeed your parent loved you, and when you do, you will not again substitute food for love. You will not again settle for the inferior instead of the real thing. You will not again turn to food when you really want love. You will see that food was but a false form of love.

Visualize yourself taking that food your mother gave you and throwing it against the wall: "I don't want that! I want you!" This Awareness indicates as you go through these past childhood memories, you are clearing up the blocks, the confusions in the subconscious mind, and

you are opening up a new value system based on your adult awareness of what, in fact, you really desire in your life.

This Awareness suggests the Interpreter be brought from trance.

Thank you. (The Law of Gratitude is given)



Health Hints From Personal Readings

(Lumps or Rough Skin On the Neck)

QUESTION:

What are the lumps or rough skin on my neck, and are they an indication of something I should be aware of, and can they be gotten rid of?

COSMIC AWARENESS:

This Awareness indicates this as a deposit of a residue in the blood system that has built up over some time. This Awareness indicates that the deposits at this point are not dangerous, but that it would be beneficial for you to begin purifying your system, particularly the blood, whereby these deposits shall begin to be eliminated. This Awareness indicates that these may be likened unto warning signals that there is a growing problem within your system.

This Awareness suggests that the use of garlic and cayenne in your diet can assist in breaking up these deposits. This Awareness suggests also that an external application of castor oil mixed with pumpkin seed oil as that which can be beneficial in treating these deposits. This Awareness suggests this also as beneficial to the skin itself.

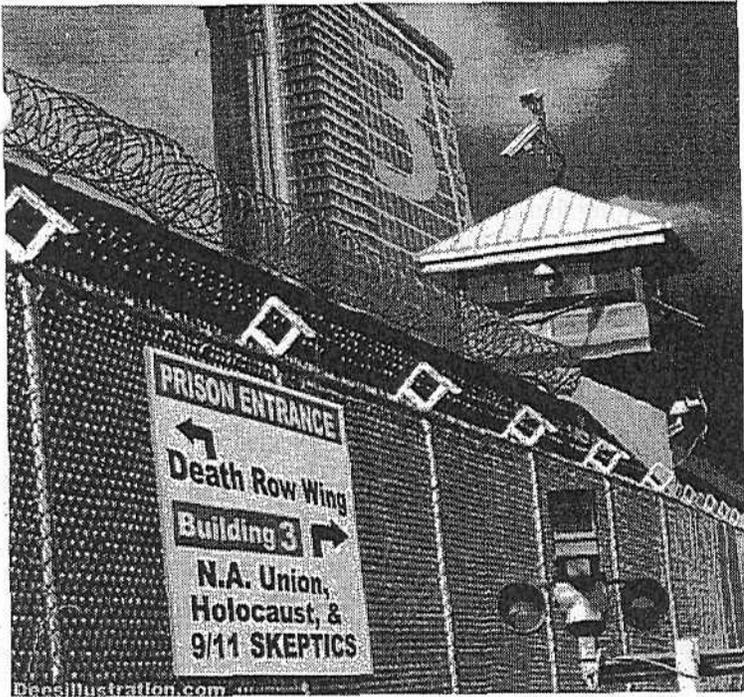
This Awareness suggests that you keep an eye on these and that during your next visit for a physical checkup with your doctor, that this be examined by the doctor and that this be watched until these do subside. This Awareness suggests that in keeping your diet relatively clean for a long period of time, these shall diminish and dissolve. This Awareness suggests that you drink large quantities of D-Cell water, this being approximately one quart to one-half gallon daily, that fruit juices as also beneficial. M771227P

When did my wild oats
turn to prunes and bran?



It ain't the age. It's the darn mileage.

One good thing about Alzheimers...
you get to meet new people everyday.



Prayer for Balance

Start your day and end your day by saying the following aloud:

I AM ONE WITH ALL THAT IS!

Thank you God

Wisdom of Awareness...

IS AWARENESS A RELIGION?

This Awareness indicates that the Old Testament was written for the age of Aries, the New Testament written for the age of Pisces, that now there is time for a new writing and a new form of understanding to occur; that the old ways are based on form, the new ways are based on understanding and realization, wherein each entity can have the opportunity to become One with God, can become One with the Father, with the Mother, with the Son.

THE COSMIC AWARENESS SPIRITUAL DEVELOPMENT COURSE

GEMINI: Volume 3 Lesson number 3

QUESTION (AVATON):

Awareness, we are gathered here tonight for the third Correspondence Lesson in the Sea of Gemini. This lesson explores the polarization of communicative words, ideas, thoughts, and concepts.

COSMIC AWARENESS:

This Awareness indicates that wherein the entity seeking to communicate with another finds oneself standing in a certain position, wishing to communicate his or her viewpoint to another, yet finding that the other is also positioning him or herself in such a level and in such a space as to be different and separate and also wishing to communicate his or her viewpoint with the

entity, but neither being willing to listen to the other, each being concerned about self-expression and having his or her point of view thoroughly explored and seen by the other, yet being fearful of looking at the other's point of view - wherein this occurs, communication breaks down.

This Awareness indicates there can be no communication without listening, without receptivity to the other. That the majority of communication break-downs come about when one or both entities become overly concerned about expressing their own point of view and fail to realize the need to be receptive to the other's point of view. This Awareness indicates that when this communication breaks down at that crucial point, the conversation may drag on into disagreements, into arguments, or into levels of refusing to listen while another talks, and placing one's own argument together in one's mind to be ready to shoot that argument forth whenever the barrage of words ceases. This Awareness indicates that wherein this kind of communication is attempted, wherein this kind of battle of words: words being shot forth like bullets, like bombs, with the intent of piercing through the armor of the other - wherein this occurs, entities often feel frustrated at the other, feeling that they, themselves, would like to communicate, but the other simply refuses to pay attention or to listen to their own particular point of view because the other is too concerned about his or her own interests and refuses to listen.

This Awareness indicates wherein this occurs, the battle of words can move into physical attempts to communicate and violence can erupt. Or, if entities recognize the nature of the problem, the words can simply cease and shift to a level whereby the other entity is touched gently, looked at carefully, and a new type of communication on the physical level may occur.

This Awareness indicates that wherein entities look carefully into the eyes of the entity whom they are attempting to communicate with, the communication shall be enhanced. This Awareness indicates it is difficult for entities to maintain a position of separateness when looking into the eyes of their opponent. This Awareness indicates it is difficult for entities to maintain a sense of separateness when looking at a smiling face. This Awareness indicates that some entities, realizing this, can use the smile, can use the eyes to deceive, to disarm their opponent, the smile being one of the most potent weapons for disarmament.

This Awareness indicates that there are some entities whose smile becomes more treacherous than a gun or whip. For the deception which comes through the action of the grinning teeth totally disarms the entity and allows the entity to be so vulnerable that it becomes likened unto a baby chick being eaten by a cat.

This Awareness suggests that *It* does not ask entities to be gullible, to be naive, but to be aware. *It* does not ask entities to be so meek and passive that they are devoured and trampled by the wolves, the beasts, and the wild ferocious animals, whether in the wilderness or in the cities. *It* does not ask entities to be totally disarmed, but does ask entities to be aware of what "is" and to be able to cope with what is happening through levels of communication. For wherein entities can communicate with the beast, with whatever ferocious force they encounter, the action of communication can transform that force into a friendship. The action of communication can disarm armies, can turn the enemy into a friendship, into a relationship that can become such that battlefields shall be placed aside and gardens shall grow in those spaces.

This Awareness indicates the nature of polarity is such that communication is hampered to the proportionate degree of polarized opposition between forces, between entities, or between concepts. That wherein a concept becomes polarized, the difficulty of communication is intensified as the polarization is intensified.

This Awareness suggests that wherein a relationship is polarized and one entity feels violated and would violate another, or the other feels violated and would seek revenge or rebellion, the polarization of that relationship is intensified to the degree of conflict and intensification of the positions those entities take toward one another.

This Awareness suggests that a conversation between such entities can create a greater gulf, a greater gap in the relationship, or can bring forth a reconciliation as the entities begin moving closer and closer in terms of understanding. This Awareness indicates the action of mutually listening to each other, as that which brings the relationship closer. The action of refusing to listen to the other, except perhaps in order to refute the other's argument clearly and logically, this action of refusing to understand the other while seeking to make the other understand your own side, this is that which causes the relationship to move into greater and greater differences, and a greater gap occurs.

This Awareness suggests that wherein an entity feels it is useless to attempt to communicate, hoping that the other entity can see your despair, becoming silent in order to get the other entity to ask, "What is wrong? What would you like to say? Why are you not speaking?", or to get the other entity to be concerned because you have no way to express yourself clearly because you feel inadequate in your position, because you do not have the 'gift of gab' to present your side of the argument clearly so as to be understood. This type of silence is a form of communication to the other entity, yet that other entity may have even greater difficulty in understanding what your silence is conveying, what the message is that you would give through your behavior, and the other entity may feel greater frustration, and the gap may widen.

This Awareness indicates that wherein this kind of gap in communication begins to create a breakdown in relationship, that one entity involved in that relationship cannot always assume total responsibility for bringing the relationship back into harmony, regardless of how much that entity would like to communicate. This Awareness suggests that there are trained counselors who can assist entities in their actions, who can assist entities in understanding where they break down in their communication with one another, so that entities can begin to spot those levels of communication breakdown when they approach those moments, and can back off slightly and look again and resume their communication.

This Awareness indicates that there also are certain books which can be beneficial and helpful in relation to this. This Awareness suggests a book, *People Making*, by Virginia Satir. (*) This Awareness suggests also the various books on Transactional Analysis, *I'm O.K., You're O.K.* That there are several other books on the market which are beneficial in terms of the Transactional Analysis. This Awareness indicates this form of psychology recently being introduced upon your plane as that which deals with communication levels and as that which shall bring about a greater growth of harmony within families than all of the previous psychological systems for the past fifty years. This Awareness indicates this as that which gets to the 'nitty-gritty' of communication and does not concern itself so much with

the personality, the psychological problems of the entity's emotional behaviors.

This Awareness indicates that in becoming aware of the action of sharing oneself, ones emotions, and ones feelings without feeling shame or guilt at having such feelings, and in allowing others that same opportunity for sharing themselves, the communication can become clear, and when communication is clear, the other aspects of the relationship shall fall into their proper places.

This Awareness now wishes entities to look at the nature of polarization wherein communication does break down. This Awareness indicates that for the past many thousands of years, entities have been programmed to think in terms of dualities. This Awareness indicates it has been given that every action has an equal and opposite reaction, this as the *Law of Cause and Effect*. This Awareness indicates that for every swing upwards there is a swing down. For every movement to the right there is a movement to the left. That there is the *Law of Rhythm*. This Awareness indicates that these various laws do create situations wherein there are oppositions. The day follows the night. The night follows the day. This Awareness indicates that the waves of the ocean rise and fall and rise and fall.

This Awareness suggests that you visualize an entity sitting upon a rubber boat in the rising and falling waves of the sea. This Awareness indicates this sea being that which is known as the sea of consciousness. The entity rises upon the heights of the waves, the rhythms of the Universe - rises upon the heights of ecstasy, and then, reaching the apex, begins to fall and fall, until the entity reaches the depths of despair and again begins to rise. This Awareness indicates that these currents, these waves do continue to move in the psychic sea, the sea of consciousness, and entities can rise and fall and rise and fall.

This Awareness indicates a duck, sitting upon these waves, will rise and fall and rise and fall and enjoy the movement and change. The entity sitting within the rubber boat rising feels great joy, falling feels despair. This Awareness asks you to look at this, asks you to question why it is necessary that the entity in falling must feel despair and in rising feel such elation, while the duck enjoys both.

This Awareness suggests that entities may experience pleasure and pain, for pleasure and pain are twins, and when pleasure is present, pain awaits just nearby for its cue to enter.

This Awareness indicates that entities who cannot accept the pain and who seek constantly for greater pleasure, and who seek to maintain greater pleasure and to avoid pain - entities who make the heights of the wave too significant and despair at the bottom of the wave, entities who seek glory and despair at the being alone and forgotten, entities who seek to promote themselves toward levels of great significance, great pleasure, great joy, great prosperity, and who dread and fear the levels of lower realms wherein lessons can be learned - these entities are creating for themselves greater polarity than is necessary, and their expectations and their hopes, dreams, and wishes soar and seek. And in that seeking, creates a feeling of despair, and the levels to which they sink create even greater despair.

This Awareness indicates that to the degree that entities create oppositions and polarities in their life, to that degree unhappiness enters, and to the greater degree the polarity is emphasized, to that degree unhappiness is emphasized. This Awareness suggests that in reconcilia-

tion of 'yes' and 'no,' in the reconciliation of heights and depths, in the reconciliation of the light and the heavy, in reconciling the relationships, the beliefs, the positions, the concepts, the dualities one feels - in reconciling these, entities begin to move into states of poise, whereby an awareness can bring forth a life, not of pleasure and pain, but one which feels joy and bliss, regardless of the external situations.

This Awareness indicates that there are cultures, there are philosophies, there are religions which thrive on dualities, which thrive on polarities: the religions, cultures, and philosophies which create the messiah and the devils, the demons and the gods, those dreaded creatures which shall 'get you if you don't watch out,' and those wondrous angels who look over you if you are good. These philosophies, religions, and systems (this also including certain political systems), these create situations wherein entities begin to think more and more in terms of polarities, in terms of right and wrong, good and bad, heavy and light, serious and fun, beautiful and ugly, tragic and glorious. And wherein entities emphasize these polarities strong enough, they begin to have definite fanatical opinions about everything, seeing the world in terms of black and white forces, seeing the world in terms of good and evil forces, and an entity can't simply buy a shirt because the shirt looks nice, but must buy the shirt because it looks nicer than another. The entity can't simply build a fire in order to be warm, but must build a fire because he hates to be cold. The entity can't simply like a friend, but must like the friend because he hates that other person. The entity must not simply love God, but must love God because he hates the Devil.

This Awareness indicates the entity in living in polarized levels of consciousness cannot simply 'be,' but must be in order to avoid not being. The entity in living in polarized states of consciousness, sees duality in all things and cannot simply allow things to be in harmony, in oneness as they are. One in such a state of consciousness, being ill, cannot simply be ill and get through the illness and become well - the entity must be ill because of an opposition to some force or due to some force. The entity always sees the forces of dualities. The entity, being ill, is ill because he or she is not well; the entity in being well is well because he or she is not ill. This Awareness indicates the mind of such an entity cannot simply be well or be ill, but must have a reason which is based on the opposition forces, which is opposed to something.

This Awareness indicates wherein an entity is constantly opposed to something else in order to be what he or she is, such an entity lives a life totally and constantly divided and separated, and constantly and totally in opposition to something. This then creates a dis-integration in that life, and the entity can become highly suspicious of others in their actions of communication, in their beliefs, in their behavior, or in various factors which make up their lifestyle.

This Awareness indicates that in living a life which is constantly opposed to something in order to be what you are, such a consciousness cannot find peace, for always there is an enemy. Such a consciousness can only communicate with those who feel the exact same beliefs and who are polarized in the exact same positions as that consciousness. This creates teams or gangs or groups and cults which band together in opposition to others.

This Awareness indicates we can all agree that purple leaves are perfect and all other leaves are evil, and therefore begin having war on all trees and plants

which have leaves other than those which are purple. But because we agree upon this, does that actually make it so? If we are at war with any aspect of the Universe, are we not actually at war with aspects of ourself?

This Awareness suggests that all entities are integrated with all forces in the Universe, whether or not this is realized. And that any entity who sees an 'enemy' 'out there,' anywhere, simply is failing to communicate with that aspect of himself or herself which is waiting for such communication.

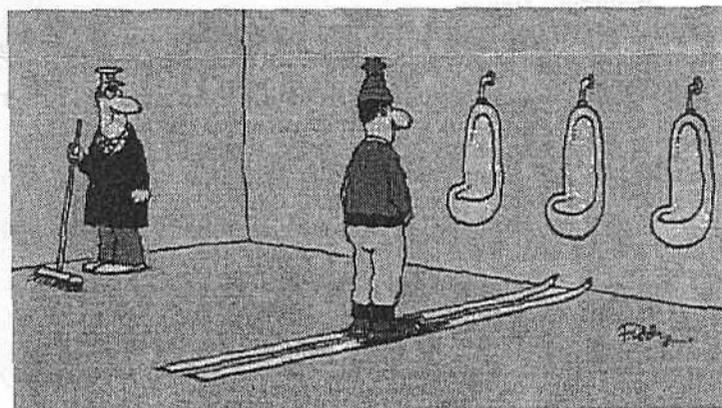
This Awareness suggests that whatever force you fear in the Universe, if you can turn and look at it fully in the face and speak to it and ask it, "What would you like to share with me, and will you let me share with you?", and if you listen, those forces shall begin to move closer, and the fear, hostility, and all separateness shall begin to break down and communication shall begin to emerge, and polarities shall begin to be reconciled, and integration and unity shall begin to occur.

This Awareness suggests that the forces of evil are nothing more than forces which evolve out of separation, dis-unity, division, and concepts that are polarized.

This as the conclusion of this third trance lesson in the Sea of Gemini.

(The Law of Gratitude is given.)

*Editor's Note: We were unable to check out this author's name, but spelled it as it sounded on the tape recording. It could be misspelled.



Excerpt CAC Reading 7-7-2-80 Paul Shockley Interpreter

NEW INFORMATION ON THE TAROT

(How It Was Used to Escape the Inquisition)
Using Magic to Promote Jesus

QUESTION (AVATON):

Sam Millar says he has learned recently that the Tarot set of cards really number 114 instead of the 78 cards we have grown to know. There is a fifth suit which is secret and has been since the Inquisition and never shown to the public, plus there are 14 ghost cards and these represent the 14 faces of the ghost. According to Sam, the Protestant religion came into being in those days because those who could read the Tarot traveled around Europe readings and telling about Jesus, doing magic tricks and so forth. These were called magicians, and by using certain magic tricks in their routines managed to spread the truth to people while doing this routine. They thus escaped the Catholic Church's Inquisition because it did not realize that what was occurring was much more than tricks. Would Awareness please comment on this?

This Awareness indicates that this does not appear to be that which is of extensive purpose or value in relation to the Tarot. This Awareness indicates that the Tarot as having many different types, that there are various ways whereby it is used and varying groups modify the Tarot for their purposes. This Awareness indicates that this particular use was an innovation by certain entities during that time and indeed did have its place in the activities of those who were referred to as magicians and these entities did indeed assist in spreading certain occult truths among the religious heretic groups of that time.

This Awareness indicates that the particular Tarot of that time referred to by this entity was more of a recent invention to that period for certain purposes, to convey messages which were being released to have influences upon the heretics from the Catholic church. This Awareness indicates this in part coming from those forces of the secret schools in an attempt to convey information from ancient teachings. This Awareness indicates that the magic tricks as being not too unlike certain card tricks used today to impress entities and cause them to believe the magicians held supernatural powers.

How the Tarot Deck Equated to Elements Etc.

This Awareness indicates that the Tarot deck having that which equates to fire, water, air, earth as suits or that which is equated to the fire being the wands, clubs or rods; that which is equated to water being cups, chalices or hearts; that which is equated to air being spades, swords or spears; that which is equated to earth being diamonds, coins or stars. This Awareness indicates that in one particular deck the coins, the earth cards, as including stones.

This Awareness suggests that these four suits as representing the four Kabbalahs: of Atziluth which is fire, Briah which is water, Yetzirah which is air, and Assiah which is earth. This Awareness indicates these four Kabbalahs representing the four levels of creation: fire being the Causal realm, water being the imagery or form realm—that of vibrations and images; air being the structural or mental realm; and earth being the physical or earth realm.

Seldom Mentioned Qliphoth of the Lower Kabala

This Awareness indicates that in addition to these four, there is also a lower Kabbalah seldom mentioned, and this being known as the Qliphoth. This Awareness indicates that this representing the limbo realms or the lower realms of consciousness. This Awareness indicates that above the Atziluth realm, or that which is Causal—the spirit realm, is the antimatter or Ain Soph.

This Awareness indicates that these realms are symbolized in the Tarot by the four suits; each of these Kabbalahs having ten different spheres or Sephiroths and twenty-two paths. These Sephiroth being related to the numbers on the cards and the paths being related to the Tarot cards of the Major Arcana. This Awareness indicates that this as being the most original and common form of the Tarot in its earlier versions from Babylonian and Hebrew sources. This Awareness indicates the Egyptians as having an altered deck.

This Awareness suggests the Hebrews as having the 22 paths or major Arcana cards relating to the Hebrew



alphabet, wherein each letter stood for one of these paths. This Awareness indicates in the earlier Egyptian Tarot there were 16 such paths and letters commonly used. This Awareness indicates, however, that these various cultures did use different forms, different Tarot systems and modified these at different times.

I Ching and Tibetan Mandalas Similar to Tarot

This Awareness indicates that even the Tibetans with their Mandalas are in one sense using a system not too unlike the Tarot, for the various Mandalas contain certain philosophical patterns and meanings. This Awareness indicates likewise, the I Ching of China as similarly having certain pattern meanings. This Awareness indicates all of these as carrying both philosophy and concepts and divination qualities.

This Awareness suggests that as time passed and various groups created their own version of the Kabbalah and the Tarot or the Mandalas, the nature of each of these changed somewhat, according to the philosophy and intentions and culture which used these systems. The Medieval Kabbalah varied from country to country. The Tarot of the gypsies and Bohemians, the French or Spanish—each had variations in both the presentations, philosophies, use, and in the layout and meanings.

This Awareness indicates the particular Tarot system referred to by the entity Sam Millar in this instance as being a creation for a group of entities who were in part occultists and in part Protestant Christians seeking to secretly contact others through a carefully guided system. This Awareness indicates these entities also closely tied to Masonic lodges and other secret schools.



—HOW TO GET THIS NEWSLETTER BY MAIL—
EVERY 4 WEEKS ! (More or Less)

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