

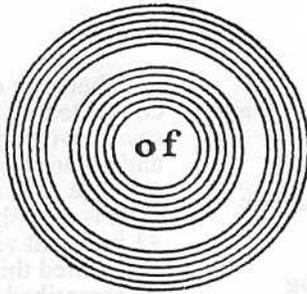
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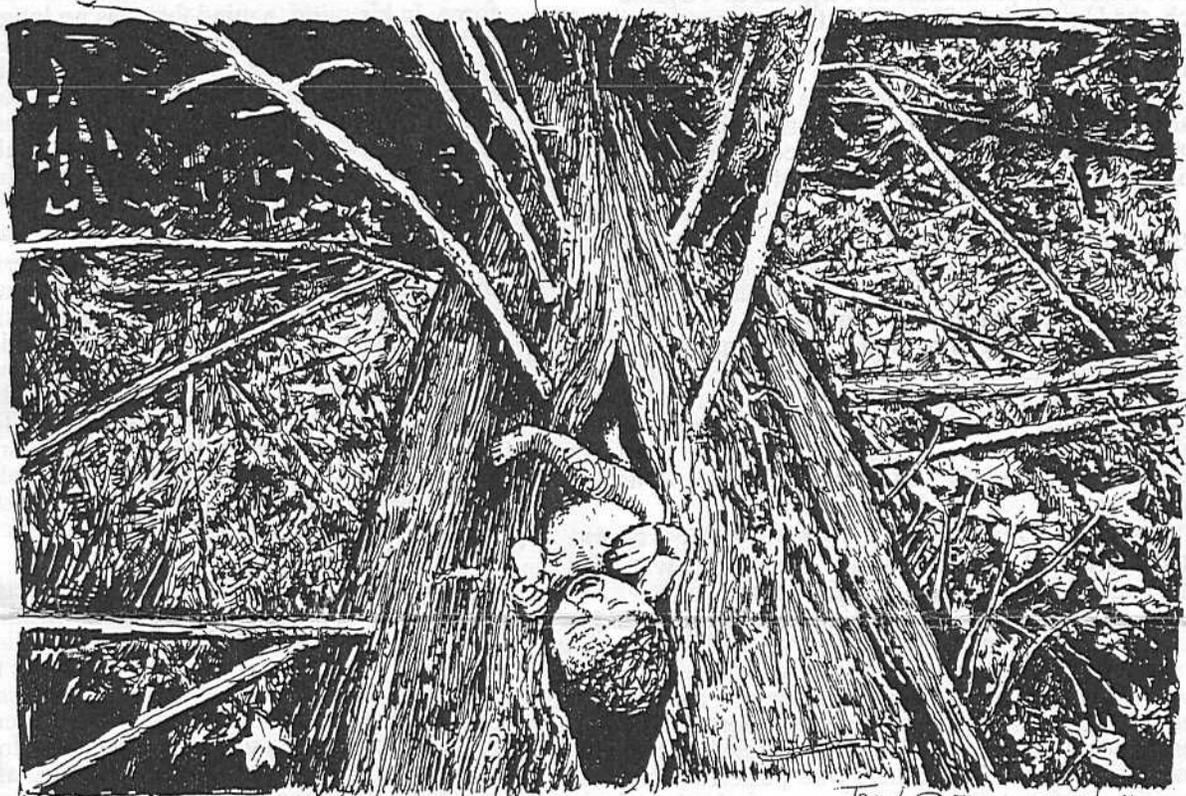
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"TREE GIVES Birth To Man"

Jon Strongbow

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- The Virginia Tech Massacre
- Those Ringing Cedar Trees
- Things aren't as bad as we're being told
- Is the contract with aliens now void?
- How to work with people who have chosen darkness

**The Cosmic Awareness Spiritual Development Course
GEMINI: Volume 3 Lesson number 8**

CAC General Reading 4-17-07 Will Berlinghof Interpreter
(A count of 12 and Law of Gratitude is given) Today is April 17th and this is Session #9.

THE VIRGINIA TECH MASSACRE

(A Reflection at home of an aggressive nation at war abroad)

OPENING MESSAGE:

This Awareness does wish to present an opening comment at this time. This Awareness wishes to comment on the tragedy that has recently occurred in the United States, in particular, in Virginia, at Virginia Tech, the University of Virginia; that of course being the massacre of 33 individuals, at this time. This Awareness is saddened by such an occurrence and yet, *It* does see that these events will escalate in the times to come. This is also part of the process of dissolution; the dissolving away of old energies; the transference from one state of consciousness to another, one form of reality to another.

As this process proceeds, there will be many pockets of resistance. There will be those areas that are thicker in the old dark energies. There will be the attempts by those powers that be to manifest yet again their plans, their intent, their design, and that is why these events will continue to unfold, will indeed continue to escalate. When a nation is in a state of war, in a state of international aggression, it creates such an environment on the home front also. There are individuals who respond to such aggression, such a held state of negative energy, in a negative way, and thus blow out in the society itself, in a social way.

The Influence of Antidepressant Drugs When Entities go Mad

The individual who committed this atrocity was himself besieged by psychotic energies, negative dark energies, to a point where he felt he needed to go to war against those oppressive forces that were besieging him; he saw those forces as being fellow students, Americans, whom he had to lash out against, go to war against. It is seen that this individual was indeed on some form of prescribed antidepressant drugs. It is seen that often in these incidents, the individuals who perform such atrocities, such acts of desperation, are indeed on these antidepressant drugs, these psychosomatic drugs; drugs that are designed to suppress a person's nature, to repress their negative tendencies.

That what it is designed to repress is often not truly negative in nature at all, but simply an abundance of energy. Those children often labeled as ADD, ADHD, are children with natural energies, high levels of inquisitive curious energies that cannot be easily funneled into traditional channels and thus are seen as difficult children who need to be drugged down, made into zombies, and thus the norm has become to give such children at early ages, those psychotropic drugs that literally change their personalities, that open the doors to those dark energies that can enter through their drugged state, their drugged condition.

These psychotropic drugs, these mood altering drugs actually create states of psychosis in those individuals taking those drugs, all for the sake of making it easier for the schools who have these naturally curious, inquisitive children, these high energy, high need children, more controlled and controllable, thus making it easier for the teachers and the administration of those schools. This has become such a norm that these drugs are continued onwards into higher levels of education, into those levels of the universities and colleges of the lands.

There are many who are on these drugs and who are connected by a thin line to reality. They become obsessed with acts of violence until some actually go out and commit acts of violence on a grand scale, escalating, as those dark energies that flood the nation escalate. That is why this act of atrocity, this mass murdering of 33 innocent victims was committed. The individual who committed this act was one of those individuals who was on prescribed psychotropic mood-altering drugs.

He saw himself as a warrior against an enemy and he needed to go out and do his thing against this enemy force. In his mind, a mind that was no longer connected to reality, he saw his deeds as acts of heroism, courageous acts against the enemy. There was also that loss of attachment to social etiquette and social norms that prevented him from seeing anymore that he was about to do as a very depraved act and one that could not, and cannot be sanctioned by society, and yet this individual was not truly in control of his situation, of himself.

Seung Hui Cho was in a dissociative state when he killed 33

He was so divorced from the social fabric of society, the normal behavior held to be the guidelines for society, that he could step beyond the boundaries and go into a place of insanity and madness, that he could create a reality that justified, in his mind, his actions. It needs to be understood that this individual was so divorced from reality that he was in a dissociative state. There were no emotions, and the reality he was seeing and experiencing was a fantasy. He saw himself as a mere player in a game, not unlike various games the individual would play alone on his computer, games of violence and death and destruction.

Thus, when he went out and did his acts of aggression and destruction and murder, he was dissociated from the consequences of what he was doing, from the reality of what he was doing. This was, as this Awareness has already stated, made possible because of the years this individual had been on the prescribed and sanctioned drugs he was on, of the years from dissociation from others of normal mind. He had associated with others of like-mind in his gaming and his seeking thrills through the games. He would play with those who he would connect to who also were in to such things.

A Created Situation by a Drug Dependent Society

This is a created situation by a society that has lost touch with itself. There are many children and young adults and adults who are on socially prescribed drugs, mood-altering drugs that are legally sanctioned, that change one's moods and character. The use of antidepressant drugs is so condoned at this time that fully, two-thirds of society are on those drugs or have at some time used those drugs. Such is the normality of its use. Most individuals may only use these drugs for a short while, and this Awareness even includes those over the counter type drugs to help people relax or even to fall asleep.

It is seen by this Awareness that the society that is being created is one that is drug-dependent. It is dependent on drugs to control unfavorable moods or situations of depression and despair, rather than allowing individuals to cope and to learn how to cope and how to grow in strength and mature into strong individuals who can cope with negative emotional states. This is not seen as being a favorable way of doing it anymore, so the use of drugs are sanctioned, especially those known as psychotropic drugs. This is too, part of the escalation of the negative energies that this Awareness sees in Western nations, and the United States of America leads all Western nations in this regard. Unfortunately this is not a particularly good thing to be at the top of the list for.

It's Part of the Overall Plan of the Dark Powers

This Awareness wishes also to point out that this is part of an overall plan by those powers that be, to create an imbalance in society, to create social conditions of fear and hostility and negativity. Those powers that be are fully aware of the results of such psychotropic drugs and in fact condones and encourages their use, for it is one way that it has planned for society to be controlled and manipulated, so that it can easily assert authoritarian control when the times is deemed right.

Part of a Greater Plan to Justify Gun Control

This Awareness also wishes the readership to consider that this is part of a greater plan to justify the sanctioning of gun control. This Awareness has spoken in the past of how the availability of 10 million weapons to private citizens in the United States of American is a deterrent to those who would wish to control the citizenship, who would wish to control all those that it wishes to enslave, and that reasons must be created that justify the control of those weapons and arms.

It was the British individual David Ickes who pointed out that often when a change is sought by the powers that be, a situation is created that will cause the citizens to stand up and yell to their governments to protect them, at which point a solution will be offered to the very problems that the citizens demand an answer to, but it is those powers that be that created the situation in the first place, for the solution and the direction that they wished society to head was already seen and planned, and what was needed was a way to get the masses to respond in such a way that it would be seen that the government would step forward to provide the solution, the answer to the demands of the masses, and this is seen as one of those incidents.

It is seen that there is still a desire to introduce gun control, gun registration to control those many who could stand up to those forces that would oppress the common man. This Awareness has spoken of this before, and *It* is simply pointing it out once again, for *It* wishes now to go one step further. *It* wishes for all who have seen this atrocity, who've been affected by this mass-event, to understand it is essential and important *not* to be drawn into it, *not* to believe everything that is written or reported, and to hold a space for all those who have transited back into spirit, including the gunman himself, to understand that this is all part of a bigger picture, and rather than be one of the many who howl for solutions, for an answer to this tragedy, to recognize there are deeper implications.

This situation is being created by those who have power over the masses. After all, it has been the citizens themselves who gave their powers away, and who have been manipulated time and time again, until this situation is reached and is unfortunately becoming the norm. This Awareness wishes the readership to focus not on the negative events and not on the giving away of further powers, of passing new prohibitive laws against guns and weapons, but rather to send light and energy to those who have passed over, to all schools and all institutes where many gather, and see them as safe. See them as not ever coming into harm's way.

See Your Children Protected by the Light of Spirit

This Awareness wishes first to emphasize that one does this with their own family. Those members who would have children attending schools and higher places of learning see their children as protected by the Light of Spirit, see their schools being protected by Spirit, see the institutes of higher education being protected by the highest spiritual powers. Rather than focusing the

attention to the negative events, or even to the words that this Awareness has spoken previously, to go through that, to understand those words, to understand those implications, but not to become fixated on them. Don't become stuck in that energy, a place where one's energies can be used against oneself; rather, supersede those qualifications of belief that the powers of this society would have you believe, the powers that be would have you believe.

It needs to be understood that these events are going to be taking place as the worlds start the separation process, as the powers that be desperately lash out and try to affect all who would come under their control, all who would be manipulated by them, to create even tighter energies of restriction and control. To become absorbed in these events and incidents would put one into those energies and not beyond them. This Awareness yet again speaks out against being absorbed into these events and being taken over by them. To acknowledge them and to understand them is one thing, but to be taken over by them and absorbed by them is another.

It is imperative to move beyond these events. The greatest thing that could be done for individuals who have experienced this tragedy on one level or another, is to send those who have passed over light and love in whatever way an individual deems this to be appropriate, but not to be absorbed into the panic and the fervor of these events; not to become part of a howling mob clamoring for a solution that the government already has prepared and is just waiting to be asked to bring into play a solution that will take even more rights away from individuals.

This Awareness is indeed saddened by these events, but does understand that it is part of a process of change, of transition. This Awareness at this time wishes to extend energies to all those who passed in this tragic event, but also wishes at this time to extend *Its* energy to those individuals who have had loved ones taken away and those others who may have been traumatized by those events. This Awareness wishes to do this now. (pause) This Awareness is complete with the sending of energies to those who are in need at this time, who were involved in one way or another in the events that recently transpired.

This Awareness wishes to complete this opening commentary by pointing out that those who have passed over are indeed in a space beyond that which was the physical, and they have already begun their own personal ascension process. They will move on to the new realm that this Awareness has labeled as Planet A, for that was part of their destiny, part of their purpose. This Awareness is complete at this time.

Will the Lost Continents of Atlantis and Lemuria Resurface Soon?

(Much More Than a Physical Event is Occurring)

QUESTION:

Excellent.

This is a question from Avaton, called "The Mysteries of the Atlantic." Scientists have discovered a large area thousands of square kilometers in extent in the middle of the Atlantic, where the earth's crust appears to be missing. Instead, the mantle, the deeper interior of the earth, normally covered by crust many kilometers thick is exposed on the sea floor, three thousand meters below the surface. In addition, the mantle that lies below the surface crust will thin out slightly, causing a series of

massive upwellings of magma in the precise locations to enable the lost continents of Atlantis and Lemuria to rise once more.

As a preface to these grand earth changes, the process of bringing the "lost continents" of Atlantis and Lemuria to the surface has already begun. For example, the seismic activity around the mid-Atlantic ridge has increased due to the intensified subluxation of the tectonic plates that form the Atlantic Ocean basin." Avaton's question is: "Is this true?"

COSMIC AWARENESS:

This Awareness affirms that this is indeed true. This Awareness sees those regions as described as the areas where the continents of Atlantis and Lemuria once existed. This Awareness sees also a thin veil between the reality of a situation perceived scientifically through observable facts and figures versus a situation that could support the existence of those continents upon which Atlantis and Lemuria once resided and rested. This Awareness sees a thin layer between those two realities, a veil, as this Awareness has spoken it a moment ago. There is more to this than just an upheaval of those previous continents, so that they would once again emerge in modern times.

A Breaking of the Dimensional Veil is Now Occurring

There is also a breaking of the dimensional veil that exists between the reality of Atlantis or Lemuria, and the reality that exists in the 3rd dimensional plane of existence. The rising up of Atlantis again will not just involve a physical event, where the ocean surface rises up and projects the continent of Atlantis above the surface of the waters once again, or the continent of Lemuria above the waters also. Another event must also occur, and that is the breaking of the dimensional veil that would allow that continent of Atlantis to rise up and to be seen once again, to be known once again.

The Infamous Bermuda Triangle is Also Involved

There is much involved here that also includes that area known as the Bermuda Triangle in the Atlantic region, and the Devil's Sea in the Eastern region, but the Bermuda Triangle exists over that area that was once known as Atlantis; the Devil's Sea over that area once known as Lemuria. The strange phenomena associated with both regions, the disappearance of ships and planes and individuals in those areas, are seen by this Awareness as events whereby the veil that this Awareness has spoken of is breached by those very ships, planes or individuals, and that they cross through the veil, emerging to the other side, to that which is Atlantis, or Lemuria.

Much has been made of these events, of extraterrestrial participation and abduction, of vortices and black holes, of mini-wormholes that have been responsible, but this Awareness suggests that what is really responsible is the dimensional veil that exists between those areas known as Atlantis and Lemuria and present day land-masses, or more accurately, sea or ocean masses. What will occur with the dimensional shift that is coming, with the separation of the two planets: Planet A and Planet B as this Awareness has labeled the two planets of Ascension and that which will be beneath or behind Ascension; is that the dimensional veil that now exists, will be breached, and therefore, Atlantis will rise again, as the whole vibrational shift occurs that will allow for the dismantling of that veil that exists between the two realities.

Atlantis and Lemuria will Appear Only on the Ascension Planet

This is seen more to occur on the Ascension Planet, versus the planet that will not ascend, that will stay in the dense physical energies. On that planet, Atlantis and Lemuria will not reappear, for the conditions will not be right for this to happen, but for that planet which is of a higher vibration, a higher frequency, the rising of these two areas, and in particular the rising of Atlantis will be an event that will occur. This Awareness feels complete with this question, unless there are further questions to the original question.

THINGS AREN'T AS BAD AS WE'RE TOLD

(Even Cosmic Awareness Rejoices at the Statistics)

QUESTION:

No. This next question is from Dan O'Connell. There's no address given. He writes: "I found this item of good news and thought it would make a good subject for Awareness to comment on. This was in Rob Brezney's latest astrology newsletter. "The world is better than you've been told. The world has become dramatically more peaceful since 1992, according to the Human Security Report. The number of wars, coup d'etats, and acts of genocide has declined by 40%. Weapons sales between countries have dropped 33% during the same time, and the number of refugees has diminished by 45%.

It seems that amid all the media focus on conflict, we've been making progress after all. This E-mail, by the way, was submitted in October of 2006, and would you please comment on the article?"

COSMIC AWARENESS:

This Awareness rejoices that finally some good news is being reported. This Awareness wishes to reinforce the importance of focusing on good news, of looking to a positive swing in things; a positive side to things. It is the function of the controlled media to always paint a picture of doom and gloom, to promote negative events and negative energies. This is part of the plan, and it is for this reason that this Awareness states that it is imperative at this time to become much more focused towards positive events, towards those events that show growth and progress, versus decline and destruction.

It is indeed true, that there has been a shift in consciousness already, and that this has brought forth some of the statistics quoted in this E-mail and in this report, but this report is not given sufficient attention by the controlled press to impress on the populace that things are getting better. Indeed, such reports are often suppressed or even neglected altogether rather than give the impression that things are getting better. Instead, greater attention is given to events of tragedy and destruction, events such as the massacre at Virginia Tech, or the war in Iraq and Afghanistan or many other events that are tragic and negative in nature.

This Good News Should be Shared With Others

It is imperative to understand this, and while perhaps being aware of this negative information, not to energize it, not to give it too much attention. Simply acknowledge that such is so, and is part of the changes that are happening. Rather, look to such positive news as worthy to pay attention to, focus on, to share with others. This good news event is indeed an event to be shared with others, to be passed on to others, E-mailed to many, to give that knowledge and outlook that things are indeed getting better, for they are.

To focus on such things is to raise one's vibrations and energies which is part of the process of Ascension: a

breaking away of purely being at the control of those powers that be, of the controlled media, of being manipulated into places of fear and despair, where one is easily controlled and manipulated. To become positive in outlook, positive in action, supporting a new way of things, supporting a new outlook and belief in what is happening; this may be diametrically opposed to the outlook that is commonly held both by the masses, and by those who would control the masses, but this is part of the unfolding towards an expanded and enlightened awareness of the reality that each and every individual needs to create both for themselves and for those close to them.

Co-Create the New Reality With Others

This Awareness wishes to emphasize that one must create such possibilities within themselves first. The individual is not responsible for others creating it, but they can, by voicing and sharing with others, give to other individuals an insight and an awareness that may help them also to shift their view of reality, and by shifting their views of reality, may create a new reality, and thus, coming together, co-create with more and more individuals, more and more entities, the new reality, the new energies that are there and available and just waiting to be experienced.

This Awareness rejoices at this good news, at these very positive facts and figures.

THE MYSTERIOUS 13 TOWERS IN PERU

QUESTION:

Thank you. This is a question from Avaton, and I just wanted to let you know, we're getting close to the tape switch.

COSMIC AWARENESS:

This Awareness suggests that the tape be turned.

QUESTIONER (TAMI):

An ancient astronomical device has recently been discovered in Machu Picchu, Peru "which not only calculates summer and winter solstices, but also the days and weeks of the year," the researchers said. The mystery of the mysterious 13 towers, a line of low stone towers that have spanned an arid Peruvian slope like a massive set of prehistoric teeth for 2400 years has been finally solved.

Archeo-astronomer, Clive Ruggles, of the University of Leicester, one of the authors of the paper in today's issue of the *Journal Science* said, "It seems extraordinary that an ancient astronomical device as clear as this could have remained undiscovered for so long," he said.

Avaton's question is "How was this used 2400 years ago?"

COSMIC AWARENESS:

This Awareness wishes first to comment on the general nature of that area known as Peru, and some of the ancient sites that still exist there, such as Machu Picchu and other areas in that region. This is seen as an area that was once linked to that continent known as Lemuria, and this area has been an area of highly advanced beings, many many thousands of years ago, who used this area in ways that only now are being recognized and discovered. The different towers were aligned to different astronomical events; the solstice, the equinoxes, simply as two more readily recognized events.

Both Solar Year and Lunar Year Were Measured

It was also seen as a way to measure the path of the moon across the sky, reaching certain elliptical points in the orbits or cycles of the moon over the year; the 13 moon cycles being aligned to the 13 towers. There is a progression of the moon across the heavens, and the towers were used for the alignment of the moon. There was once a time when the year was not only measured by the solar year, but also by the lunar year, a year that constitutes 13 months of 28 days, versus a solar year, existing of 12 months of 30 or 31 days, not including of course, February.

Their lunar year was seen as more stable in nature for the time span was more constant, and that ancient civilizations who existed in these regions would use the maternal energies of the moon cycle as the basis of their measurement of a calendar year. This would predate those civilizations that are now understood to be masculine in nature, fraternal. In fact, this Awareness states that this was during a time when the maternal was worshiped, when the Goddess reigned supreme, and thus, it was natural to view the moon cycles as the logical way to measure out the year.

The solar calendar and solar cycle were also known, but the relevancy of the solar cycle became more prominent when a fraternal system came into being, a system based upon the masculine versus the feminine. This is all part of the region's significance, of the 13 towers' significance. It was also tied in to other areas, other regions, such as Machu Picchu and a city known as Cuzco, that was also an ancient site.

Nasca Markings Used to Direct Space Vehicles

There are also the planes of Nasca, with their strange markings seen from above, understood to be images that are not seen on the ground as readily. They can be identified from higher elevated areas, but this whole region was used by these ancient ones and was marked and set up as observation points, as beacon points, as places seen from above, to direct those space vehicles, those aviation vehicles, and point the way to other places where they could land, or where observations of the natural astronomical events could be observed.

This was so extensive, so far-ranging that many of the sites even now still have not been truly recognized because of the expansive nature of the vision that was used at that time to incorporate the whole of the land and the landscape into the thinking of those ancient ones; those who worshiped the Goddess and held the feminine as the divine way of understanding the principles of life. This is basically what the towers were used for: observation points to align the lunar energies and to create the lunar calendar that these people used.

NEW COW DRUG CEFQUINOME WILL HARM MEAT EATERS

QUESTION:

(Thank you) This is another article sent in by Avaton. "Will FDA Put Humans At Risk With Cow Drug?" - Antibiotics used in cattle will speed resistance in microbes, critics say. The government is on track to approve a new antibiotic to treat a pneumonia-like disease in cattle, despite warnings from health groups and a majority of the agency's own expert advisors that the decision will be dangerous for people. The drug Cefquinome, belongs to a class of potential antibiotics that are among medicine's last defense against several serious human infections. No drug from that class has been approved in the United States for use in animals.

The American Medical Association and about 12 other health groups warned the Food and Drug Administration that giving Cefquinome to animals probably would speed the emergence of microbes resistant to that important class of antibiotic, as has happened with other drugs. These super-microbes could then spread to people." Avaton's question is: "Is this true?"

COSMIC AWARENESS:

This Awareness confirms that this is indeed true. The drugs would be passed on to humans both through the consumption of milk and milk products as well as the actual flesh, the meat of the animal that is consumed by humans. It will have a negative effect, an undesirable effect on humans. It will create conditions of reduced immunity to other things that the human body has a resistance to, and in the weakened state where the immune system is negatively impacted, humans will respond badly. They will acquire other illnesses and diseases that will have a negative consequence on them.

This Awareness cannot condone or favor the use of these drugs on these animals. There is a natural order of things that has evolved over countless millennia that sees the balance as a very fine one, and one that needs to be maintained, rather than disrupted. The use of these antibiotics disrupts the natural order and balance of things, and thus actually introduces the possibility of greater harm, greater destruction. This of course is seen as part of an overall plan that would see the reduction of large portions of the human population.

This Awareness would recommend that individuals shy away from meats and milk products that contain these substances. This Awareness is aware that this might be a difficult thing to do, given that these substances are not necessarily labeled, not necessarily shown to be in the meat or milk products. Thus, this Awareness recommends the use of organic milk where possible, or organic meat where possible, for those who would still eat meat. This is what this Awareness recommends at this time.

CONTRADICTIONS IN THE BILLY MEIER INFORMATON?

(Did Ptaah Really Mean Alien Abductions are Delusions /Lies?)

QUESTION:

Thank you, I have several question here from Magne Roinas, from Krokstadelva, Norway. Q#1) He writes: "I'd like to ask Awareness through Interpreter Will Berlinghof, some questions. The first question has to do with the alien situation. I'd like to refer to the Billy Meier homepage. Awareness has on several occasions, talked about human abductions. What about Ptaah's statement "What has to be said in respect to the married couple Hill, and all other persons who were allegedly abducted or even medically harmed or who supposedly had implants implanted and who under hypnosis, exposed these occurrences, is that these occurrences have never happened, and are nothing but illusions, imagination, delusions and deliberate lies."

Q#1) Are we to believe that there has never been any human abductions or implants done by the aliens? What has Awareness to say in this connection?

COSMIC AWARENESS:

This Awareness states the negative to that question. It has indeed occurred in the past, is occurring in the present, and will continue to occur in the future, until there are greater changes, until mankind is introduced to

their alien neighbors once again. It used to be very common in times gone passed, in those regions of Atlantis and Lemuria to walk with extraterrestrial beings who would visit and were known, but in recent times the shroud that has been pulled down that would prevent individuals from knowing that there are extraterrestrial beings who are part of the history of this planet and are even now present, is perpetuated, for it is seen by those who have control and power over these things as something that society need not know about.

One of the reasons given is that it would cause mass-panic, mass-hysteria, but in truth, this is not so. There would perhaps be a panic of sorts, perhaps high anxiety at the beginning, when it is revealed that extraterrestrials walk among the human populace, but this would pass, especially if it was introduced in a way that would allow the human populace to understand that not all extraterrestrials are evil or wicked in their nature, or have ill intent towards human beings. Indeed, there are many who have come at this time to assist in the transmission process of the human species as it moves toward ascension, and an expansion in consciousness.

There are indeed cases of alien abduction. There are indeed cases of implants being implanted, of experiments and procedures being done on individuals. It is more disinformation that would have you believe that such incidences never occurred. This Awareness states that this is an attempt at what *It* would refer to as damage control. It is an attempt to dissuade people that there are any such things as extraterrestrials or that they are here having interaction with the human populace. *It* wishes to control the situation a while longer, while at the time, being in complete communication with those aliens that have been signed up, so to speak; more that certain governments have been signed up by aliens. Certain contracts, certain agreements have been made, where technologies are exchanged; alien technologies, extraterrestrial technologies to those governments who have made agreements with those extraterrestrial forces that would allow them to abduct humans, to use them as guinea pigs, and to implant in them devices to control or monitor those individuals.

This is actually done with awareness by those various agencies in governments around the world, and it is part of the disinformation process to deny such events, such occurrences, thus trying to contain a situation that is uncontainable. There is an event seen by this Awareness on the horizon that will see a final introduction at last, of extraterrestrial beings. *It* asks that the individual be aware that this introduction of extraterrestrials may not be what it seems, and to be open to these events, but not to simply believe everything that is presented. There will be a shift in consciousness that will expand to allow extraterrestrial beings as part of the overall dimension that one experiences on this 3rd dimensional reality level.

There will be more unfolding with times to come, but this Awareness simply wishes to go back to the original question and state once again, unequivocally, that there are indeed abductions, implants, experiments, that have been performed on humans, and this reporting that it is not so, is merely disinformation. This Awareness wishes to move on to the next question.

QUESTION (TAMI):

If I'm reading this correctly, it appears that there was more said in this news article. In question #2, without the news article, is saying "Could Awareness please comment on what else Ptaah is saying in this meeting with Billy Meier? I like to say that personally, I am very

skeptical to any information that goes against Awareness.

COSMIC AWARENESS:

This Awareness is somewhat confused at what is being asked of *It*.

QUESTIONER (TAMI):

Essentially there was an interview between Billy Meier and Ptaah, another channel, and Ptaah made comments that Magne is asking you to reply on, but we do not have this article in front of us, and it appears that he's saying that Ptaah was giving information that goes against what you, Awareness, subscribe to.

COSMIC AWARENESS:

This Awareness is aware of Billy Meier, is aware of the entity Ptaah and those extraterrestrial beings that have been in contact with Billy Meier for many years now.

QUESTION (TAMI):

May I ask, are you saying Ptaah is alien?

COSMIC AWARENESS:

This is correct. Ptaah is an alien entity. (A female.Ed.)

TAMI:

Which is why he's saying that aliens are not abducting? That's your damage control?

COSMIC AWARENESS:

This is part of it. This Awareness wishes to state that the entities that are in charge and are communicating with the governments, that are in agreement and in contract with the governments, are not the same group of entities that connect to Billy Meier. It is seen as the Pleiadians and the Galactic Federation that is in contact with Billy Meier, and it is this group that does not abduct, and has held humans as sacred and honors humans and human life as sacred. It is the other faction, the Orion faction, the Zeta Reticuli, the Greys, these have abducted traditionally, and have hosted and conducted experiments, and even this is seen as part of an illusion to keep mankind boxed in and contained; those that would have UFOs and extraterrestrials as in cahoots with the government.

There are indeed agreements that have been signed, contracts have been signed; but the government itself now have technologies where they have their own extraterrestrial devices and spacecraft or UFO's. This is perhaps what the entity Ptaah is referring to. Some of the alleged abductions are done by the governments themselves. This Awareness does confirm that there have been in the past alien abductions, and that those still continue, and if those aliens who conduct such abductions had their way, would still continue to carry on, but this Awareness does see that this will come to an end soon as human awareness is raised to the presence of these beings, but Ptaah is correct in that those of the Galactic Federation do not do human abductions for a negative purpose, negative reason.

QUESTION(TAMI):

My impression of this question is that Magne feels Ptaah is giving information that goes against or contrary to the information you are giving.

COSMIC AWARENESS:

This is correct. This Awareness has a further comment here. This Awareness does understand there is a contradiction here. That is why this Awareness chose to specify the two alien groups involved here, and that

while Ptaah is suggesting that no alien abductions have occurred, this Awareness states that this is so, only to those that are part of that which is known as the Galactic Federation, but as this Awareness has already stipulated, does not involve those who are of the Orion Federation.

EASTER ISLAND: FROM WHERE AND WHEN POPULATED?

(More on the Mysterious Heads on the Island)

QUESTION:

Thank you Magne Roinas goes on to say "I am curious about the mysterious Easter Island. I cannot find that Awareness has said anything about this island. My questions are : Where from, and when was this island populated, and could the Awareness give a brief description about how this isolated society developed independent from the rest of the world." Thank you.

COSMIC AWARENESS:

This Awareness again wishes to state that this region was connected to that continent in the Pacific Ocean known as Lemuria. The heads all face Eastwardly, pointing to the continent of Lemuria. The original heads that were constructed there were an honoring of the home world, or the home continent, if you will. It is seen that Easter Island was once a colony of the Lemurian Empire, and the colonists sometimes constructed these heads as an honoring of their homeland. This honoring is why these effigies were raised up facing home, facing Eastward, reminding the colonists of their origins, of where they came from.

These are seen as later attempts of this that were copying the effigies and the gods. These would have been constructed after the demise of Lemuria and that the original thread or connection to the homeland had been lost. At that time, when those heads that were constructed in later periods were raised up, they were more done from a superstitious level, to appease the old gods, but the original heads were simply reminders of the homeland that the original colonists came from, that homeland being Lemuria. This Awareness feels complete with the answering of this question.

Is the Contract With the Aliens Now Void?

(The Contract Signed by President Truman and the Greys)

QUESTION:

Okay. Now this question was submitted September of 2006, and all we have is an E-mail address from Rev666@shop.ca, and the question is: "Since the Greys have violated aspects of the treaty between themselves and the governments, wouldn't this discredit the value of the contract, if not void it?"

COSMIC AWARENESS:

This Awareness wishes Rev666 to be aware that the entire contract is null and void. IT is null and void because it was not signed by an aware human populace, but rather signed by government officials, government agents; in particular this Awareness is referring to the historical document signed by that president known as Harry Truman, who signed an agreement with the extraterrestrials, the Greys that allows for the taking of human hostages, or human guinea pigs to be experimented on, to be tested on. The original contract states that it was for the purpose of *observing* the development of humans, and that humans would not be harmed or abused through those procedures that would be used on

them; that they would not even have a memory of these events.

It has of course been seen over the many years of abductions that have taken place, that this simply was not so. Many individuals had a very deep subconscious memory of these intrusions, of these abductions, where they were intruded upon, experimented with, where the implants were put into them and certain tests were done on them. Especially it is seen as tests around the sexual organs, and this of course was in defiance and disagreement, so to speak, with the contract itself, with the agreement signed by Truman and by others. The agreements were violated by the actions of those extraterrestrials who abducted and experimented on those individuals.

This Awareness wishes one and all to be aware that in fact, this agreement between the political leader of one nation does not bind all of humanity to the terms of the contract that was signed. This is why this Awareness states that the whole contract is null and void, because it is not valid, because it was not done through a voting process by which all humans could place their vote of whether they wished to be in touch with the extraterrestrial factions, whether they wished to be experimented on and abducted by these self-same extraterrestrials. In the greater scope of things, this contract, although still held by those alien beings as being a valid contract because it was signed by the president of the United States at that time, is not valid, and it would take an awareness of what occurred to spark humanity, to help them stand up and say "No! We do not agree! We refuse! We will not allow or tolerate such activity any more!"

This Awareness does wish to state that with the events progressing and unfolding as they are, it will soon become public awareness that such extraterrestrials do exist, and that such contracts were indeed made between leaders of the world's nations and certain extraterrestrial groups, but that these contracts are no longer valid. They no longer hold energy or power.

THOSE RINGING CEDAR TREES (And Vladimir Megre's Book "Anastasia")

QUESTION:

Thank you, These questions are from Jerry Doffing of Frederic, Wisconsin and they're based on a book called *Anastasia* by Vladimir Megre, available from Ringing Cedars Press, Columbia, Missouri. Briefly, in 1994, a Siberian elder told the entrepreneur Vladimir Megre a fascinating story about the ringing cedars: trees respected from Biblical times for their curative powers and their capacity to reconnect human beings with the Divine. The elder told him where such a ringing cedar was growing in the Siberian backwoods. Vladimir Megre set out on an expedition to find the tree, but his encounter with the elder's granddaughter Anastasia, transformed him so deeply that he abandoned his commercial plans. Penniless, he went to Moscow to fulfill Anastasia's request that he write a book about the spiritual insights she had shared with him.

What happened next thrilled and inspired millions, as Anastasia promised it would. With no advertisement other than the word of mouth, the Ringing Cedar series has become an international best-seller, with over ten million copies sold in Russia alone, and translations in 20 languages. It has touched the hearts of millions of people worldwide. *Anastasia*, the first book of the Ringing Cedar series, tells the story of entrepreneur

Vladimir Megre's trade trip to the Siberian Taiga in 1995 where he witnessed incredible spiritual phenomena connected with sacred ringing cedar trees. Megre spent 3 days with Anastasia, who shared with him her unique outlook on subjects as diverse as gardening, childrearing, healing, nature, sexuality, religion and more.

Jerry's questions begin with: Is this book based on a true story?

COSMIC AWARENESS:

This Awareness affirms to the positive that it is indeed based on a true story.

QUESTION:

Does the "Ringing Cedars" actually produce anti-aging effects?

COSMIC AWARENESS:

Again, this Awareness affirms that this is so. This Awareness wishes to speak on this matter a little bit more at this time. This Awareness sees that it is not simply the ringing cedars that hold such qualities, but that several trees hold such qualities, and all trees are indeed special in nature. In terms of the vibrational rate of the trees, they are the closest to the human condition, to human energy, and that is why it is possible to stand by a tree, to lean against a tree, to hug a tree, and to receive from that tree healing effects, or even insights and information. This has always been understood at a very basic primal level, which is why humans have always felt good when they are amongst trees, and it is a human practice to sit by trees and rest by trees, to build homes from the wood of trees, and other trees have other qualities that humans were able to tap into and to use.

The Druids of ancient times understood this of trees, and various trees were understood to have various powers or qualities. The oak tree was a master healer and thus became very significant and special to the Druids in their ceremonies. The Rowan tree was also highly praised and highly used; often as a way to connect telepathically with others who would sit at the base of a Rowan tree. It is seen that often a Druid would sit at one tree while hundreds of miles away another Druid may sit at the base of another Rowan tree, and that telepathic communications could occur through the use of the two Rowan trees, of tapping in to the energies of the Rowan.

Thus, the shamanic practice of using the ringing cedars is a continuance of such previous practices used by such as the Druids and other shamanic oriented people; shamanism being a practice of working with Mother Earth and with the trees, plants and animals of planet earth. This Awareness feels complete at this time in answer to the question.

QUESTION:

Thank you.

He has several more about this Ringing Cedars book: "Is Anastasia a real person, or just fictional?"

COSMIC AWARENESS:

This Awareness states that Anastasia is based on a real person. The name may have been changed to protect this person, but it is seen to be based on a real individual. This individual Anastasia has been trained in the practices and ceremonies of her grandfather and of others of her tribe or her people, who knew the shamanic techniques to connect with the plant world, as well as the



animal world, as well as that which is known as Mother Earth. This is what is seen by this Awareness.

QUESTION:

Having answered that the Ringing Cedars and other trees actually produce anti-aging effects and other curatives, Jerry's actual question is: "If so, where can some be obtained to improve the health of the CAC members?"

COSMIC AWARENESS:

This Awareness sees that what is now available is that which is known as homeopathic preparations of various trees, plants and other substances. This Awareness wishes the readers to remember that that which is known as aspirin is originally derived from the bark of the willow tree. It was long known that the bark of the willow would reduce pain, and reduce those which are known as headaches, and it was often used in a preparation steeped in water, made into a tea and drunk. Aboriginal peoples would use this to deal with these problems and dilemmas. Homeopathy then goes one step further and it takes the substance, and by an elaborate process of reduction, creates the essence and energies of the substance that can then be used in a medicinal form, and it is a modern homeopathy that could indeed provide the solutions that would be restorative and healing in nature.

A homeopathic rendering of the Ringing Cedars would be that which this Awareness recommends as being sought, so that it could be used for the qualities mentioned in this report.

QUESTION:

Thank you. Jerry also asks is the logo for Ringing Cedars used by occultists?

COSMIC AWARENESS:

This Awareness asks for further elaboration of this question.

TAMI:

The logo; unless it is something that is inside the book, there is nothing that I can give you for clarification.

COSMIC AWARENESS:

This Awareness does not see sufficient energy in this question to actually give an answer to.

QUESTION (TAMI):

Excellent. How can this book have a healing effect just by reading it? Jerry asks. And please note that we are close to the end of the tape.

COSMIC AWARENESS:

This Awareness' answer to that is fairly simple. It can have a healing effect, simply by opening up new perspectives, new understanding, new belief, thus making possible the acceptance of other forms of healing that are expressed in this book. That is the answer that this Awareness presents at this time.

*Ed's Note: CAC has received a dozen or so letters from members asking if we had the books available and if not, where can they buy copies? No we don't, but we'll tell you who has. There are a total of six books, "Anastasia" is the first and most popular. Retail price is \$14.95 These books are now available in most any language but the English versions are available from:

Ringing Cedars Press
C/O PSSC, Suite 1
46 Development Road
Fitchburg, MA 01420
Toll-free tel: 1-888-365-6367

Toll-free FAX: 1-888-365-6367 (ext.4)
Internet: www.RingingCedars.com

If you order all six book they have a package price at a nice discount. Be sure to ask about this!

QUESTION:

Do you have any closing comments, because we do have time.

COSMIC AWARENESS:

This Awareness has answered several questions of those kingdoms or lands known as Atlantis and Lemuria and connections in modern locales, such as in Peru or the Eastern Islands with Lemuria. It is seen by this Awareness that these lands will once again be known, and that this will happen shortly. This Awareness does say shortly, but of course it may still be several years before true information is released to the masses that support that these lands once existed, but it is an event to look forward to and to energize.

This Awareness is complete at this time and has no other comments. Thank you.

(The Law of Gratitude is given- and a count of 12)



Ed's Note: When you tap into the Friday Night World Meditation on the CAC website which we have been promoting these last eight years, you are tapping into the Light Network Visualization Project started by longtime CAC member Jan Van Toorn from Holland. On its 8th anniversary, Cosmic Awareness sent the following message:

Excerpt CAC Reading 9-9-07 Will Berlinghof Interpreter

Anniversary Message from Cosmic Awareness for the Lightnetwork Visualization Project

lightnet@iae.nl

COSMIC AWARENESS:

This Awareness is now ready to proceed with the special greeting to Jan in Holland and to the Lightnet work and the Light Network Visualization Project.

That this Awareness wishes first of all to congratulate all those who have participated in the Light Network project over the last eight years. That even though this is the anniversary of their eighth year, in truth this marks the completion of the effort, of the project itself as the ninth year is about to commence and that much has been achieved by Jan and those who have been involved in the Light Network and the Light Network Visualization Project; much more than is apparent in a physical way. That this Awareness wishes *It's* own initial message be re-issued, to be put out again as to what the purpose of the Light Visualization Project was; that purpose being the establishment of a grid network of Light, a Light Network, so that original message given eight years ago will once again be energized, will once again be put out there for those who are new to the organization, so that they too have a sense of the original purpose of the project.

As well it would be beneficial to those who have been engaged in this visualization project for the last eight years, those who have energized The Light Network, who have held the Light Space on Planet Earth, who have connected with those other agents of Awareness who too have been doing the Light work in their own ways, infusing the Planet with Spiritual Light, Love and Energy. That much has been achieved as the world stands on the periphery of the events that are about to unfold.

That it must be recognized that one reason why the Planet is where it is, is through the efforts of those who have held the Light Space over the last eight years and even before. But specific to the project that has been running for eight years and specific to those other Lightworkers, those other Wanderers who have held the Light Space, who have worked towards visualizing Light on this Planet, those efforts have indeed been fruitful, have borne results and that even though those results are sometimes not obvious, they are ready to leap forward now at this time of completion and at this time of new beginnings.

This Awareness spoke a moment ago of the fact that this project has now completed eight years and is about to move forward into it's ninth year. This Awareness wishes to state that this is an auspicious moment, for the celebration of this anniversary falls on the ninth month, the ninth day and, due to the numerological addition of 2007, the ninth year. Thus all of the energies of completion are in alignment and it will be an auspicious year for this ninth year of the project.

That much that has gone before will come to a completion in this year ahead and much will be seen that is at this time still hidden, that is at this time not obvious to those who have been working so diligently, so strongly, over the last eight years. That this time ahead, this ninth year of this project, will see a completion of the project as it moves forward into a One year; that 2008 being the advancement, the next stage, the next level. That much will be seen as this ninth year which is about to unfold completes itself.

This Awareness is truly excited and pleased to see that the efforts that have been held so diligently, that have been worked so strongly over the last eight years will indeed bear fruit, have already done so but will be even more obvious in this year coming.

This Awareness is complete in *It's* message to Jan and to the Light Network and the Light Visualization Project. *It* simply does ask that the efforts continue over the next year and that when we come in one year's time to another point of anniversary, it will be seen how much has finally shifted and that the direction itself may also shift. That a new message will be issued at that point but that this year coming is indeed that year of completion and until that year is complete that it is better to leave unsaid what to expect. Rather to simply go forward now with open heart, open mind, open soul towards the completion of the Light Visualization Project, to the completion of something that has been so great in it's purpose and has held such a strong space that all who have been involved directly and indirectly are to again be truly complimented and congratulated on an effort well done, a job well done!

ENERGIZER TAM-

Thank you. Do you have any more comments that would be beneficial to this Light Network?

COSMIC AWARENESS:

This Awareness has a final comment for the Light Network; it is not so much a comment as the sending of energies to the Light Network, to Jan and to all those who are participating in the Light Network Visualization Project. This Awareness wishes to send the healing energies as well as those energies that will continue to empower and amplify the work being done by the Light Network Visualization Project to the Light Network organization Now!

Energy is sent to Light Network by this Awareness.

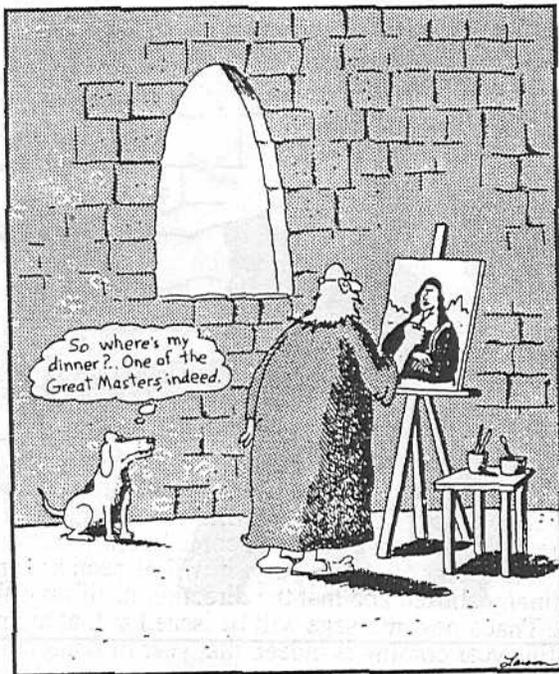
This Awareness is complete in sending energy to the Light Network organization. *It* plugged into the grid work that has been established over the last eight years of this project. This grid work is very strong and very stable and will now begin to truly flourish, if you will, with the new level of participation and energy in this final year of this project. That once this final year is complete a new direction will be given but that for now, the work has been spectacular in its nature and its effect. And this Awareness will complete with this final congratulation to one and all for a job indeed and truly, well done!

This Awareness is pleased.

This Awareness is complete for this session.

ED's Note: If you haven't already, please check out these LightNet guys, these Cosmic Voyagers. You'll be dumbfounded at the huge amount of Cosmic Awareness material on their website as well as access to hundreds of New Age sites on the Internet.

Go to <Lightnetwork.com>



THE COSMIC AWARENESS SPIRITUAL DEVELOPMENT COURSE

Gemini: Volume 3 Lesson Number 8

Question:

Awareness, we are gathered here for the eighth lesson of the Correspondence Course in the Sea of Gemini. This lesson explores transference, symbolism, transactions, and the storage of information likened unto storage banks and libraries, whereby information is stored and made available through exchange as forms of communication.

Cosmic Awareness:

This Awareness indicates this to include also other forms of energy exchange.

This Awareness suggests that entities visualize that cosmic bank in the sky - this as a bank that deals not only with money and such energies of symbols and exchange, but with actual items, experiences, pleasures, enjoyments, as would please any appetite.

This Awareness suggests you visualize yourself driving along the road, the highway of life, coming upon this huge, gigantic bank - this bank looking more like a hotel than any bank you have ever seen. This Awareness suggests that you pull your vehicle into a parking place and enter into this hotel-like bank - this dream inn, wherein you find all your dreams coming true.

This Awareness suggests that as you enter, you are greeted by a doorman who asks you where you would like to go. You tell him, "I want to enter." He asks you, "Where do you wish to go?" You tell him, "I want my needs satisfied." He asks you, "What are your needs?" You tell him: "I wish to enter and to sit and to have my needs satisfied." This Awareness indicates that the entity finally tires of asking you, and takes you into the lobby and allows you to sit.

At this point a waitress or hostess approaches and asks you, "Put in your order. Tell me what you want." You tell the hostess, "I want my needs satisfied." The hostess asks, "What are your needs, what do you want?" Again you repeat, "I want my needs satisfied." The hostess then asks again, "What are your needs? Put in your order, and make it clear." At this point you realize

that you have not communicated clearly, and you state, "I am hungry." Now you have communicated clearly, the hostess realizing you have a specific need, leads you into a room wherein this appears to be a restaurant. There are foods present. You sit, and a waitress enters, approaches your table and asks, "May I help you?" You answer, "Perhaps." The waitress then asks, "What is it you would like?" You answer, "I am hungry." The waitress then says, "What would you like? Put in your order and make it clear." You respond, "I am hungry." The waitress, again feeling frustrated, asks you again: "Please make your order clear." You then say, "I am hungry. What do you have?" The waitress then shows you a list of all the things which are available. Reading this list, you respond, "I don't want this - I am hungry." She then asks, "What are you hungry for?" And you reply, "I am hungry for affection." The waitress, then, realizing that you have been brought into the wrong room, sends you to another hostess who then takes you to another room.

You are approached by this entity who asks, "What is your need? What can I do to help you?" You respond, "I am hungry." The hostess then says, "Hungry for what?"

"I am hungry for affection."

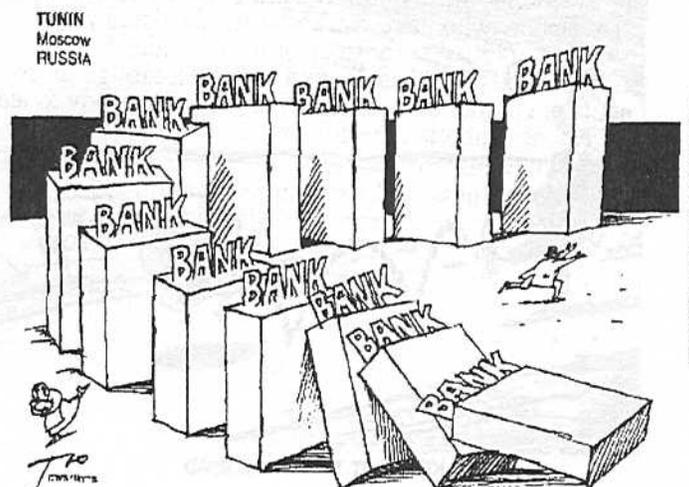
The hostess then asks you, "What can we do to satisfy your hunger for affection?" Your statement then is, "Hold me." The hostess then puts her arms about you and holds you.

This Awareness suggests that you can now see the difficulty in communicating a simple desire by being vague, by not being specific.

This Awareness indicates that wherein you come in contact with a need, you may find there is the fear that if you express your need, you will be rejected, that in this banquet of life, there may not be that item, that experience, that desire which can fulfill your need. This Awareness suggests that so long as you have this fear, so long as you feel deprived, you may find it difficult to make your order clear.

This Awareness suggests that wherein an entity enters a restaurant and mumbles to the waitress, or makes an order unclear, asking for a doughnut, when really desiring a piece of pie, this will bring about disorder from your order.

This Awareness suggests that if you have a need, make your order clear. Put in your order and make it clear. Request what you need exactly as it is. Do not be vague, do not be fearful, but express it exactly as it is.



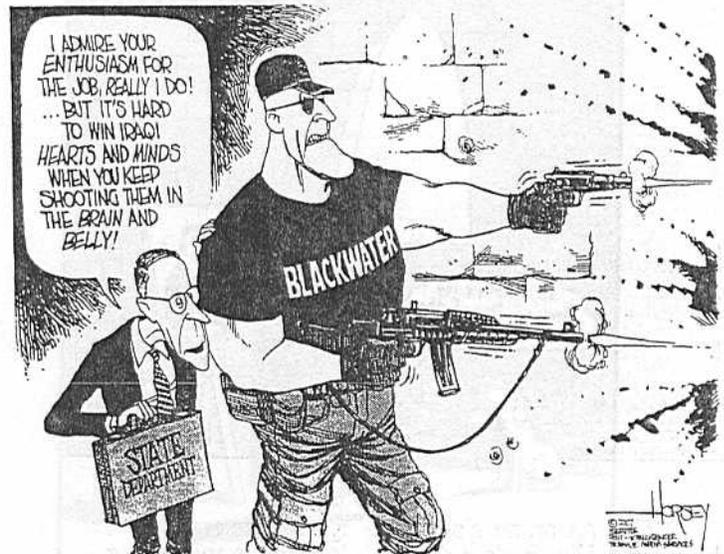
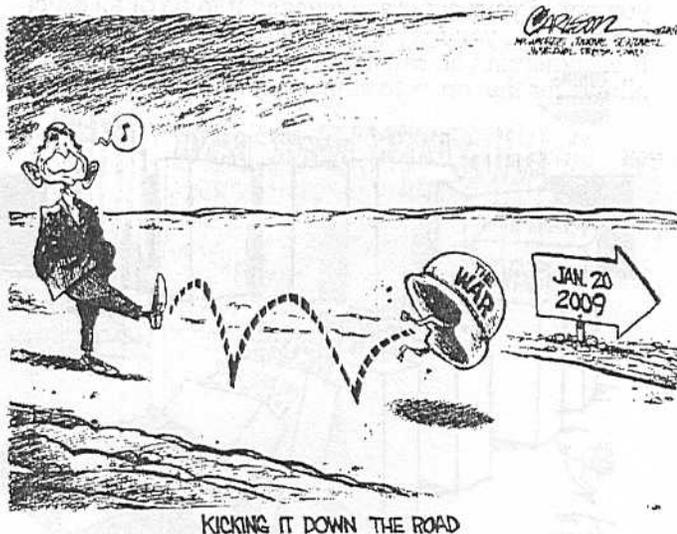
This Awareness indicates you may not get what you think you need, you may not receive what you desire, you may be rejected or refused, yet the very action of making your order clear will increase the likelihood and your chances of receiving exactly what you want. Wherein your order is confused, wherein your request is vague, the chances and likelihood of receiving what you want becomes more confused and vague, and your order becomes disorder.

This Awareness suggests that in a relationship with another entity, wherein you have certain expectations, hopes, dreams, or wishes, yet you do not express yourself for fear of rejection, for fear of being turned down, for fear of not being acceptable - wherein this occurs, there can be no clear understanding between you and the other in terms of your desires. This Awareness suggests that you shop carefully and make sure you are in the right room for receiving that which you need.

This Awareness suggests that when you enter into a relationship with one entity, having a specific need, yet finding out that that particular entity is not capable of supplying you with that need, then you have not only wasted your own time and the time of the other entity, you may also have found yourself having created a certain kind of karma through the inability to relate clearly.

This Awareness suggests that before entering into a relationship with great expectations of a particular nature, these expectations should be discussed and communicated clearly to discover whether that other entity is capable of producing and giving you that which you request. This Awareness suggests that you not enter into a relationship thinking that you can change another entity into being what you would like that entity to be, but that you enter into the relationship because that entity is that which you need, and that entity is all right as he or she is, and you can relate with that entity.

This Awareness suggests that there are certain needs that entities have which can be fulfilled easily. The need for affection can be found in many places. The need for food can be found in many places. The need for productive expression can be found and satisfied through many outlets. This Awareness suggests that the more particular an entity is, in terms of what their needs are, the more difficult it is for that entity to find the exact place for receiving that particular need that satisfies. This Awareness indicates that there is a great difference between the entity who wants food and the entity who wants shrimp covered with a certain particular type of sauce having a particular type of spice.



This Awareness indicates that the more particular you are about what it takes to satisfy you - those likes and dislikes - the more difficult it is for you to find your place and to find a situation which is satisfactory. This Awareness suggests that these situations become those which approach and appear in your life only rarely, depending upon your satisfaction and dissatisfaction with various things. This Awareness indicates that the entity who is not extremely particular, who is happy to be alive, wherever he or she is, does not have this problem. The entity who is happy to be in relationship with another, regardless of who that other may be, whether that other suddenly appeared as accident before your eyes or whether that entity has been there for years. The entity who can have a satisfactory relationship and is happy to be able to communicate with anyone, is an entity who is blessed with joy. The entity who feels a need to have only a particular type of person near - one who behaves in this particular way of living, following these particular modes of behavior, living up to your own particular expectations - this entity shall find it difficult to experience happiness except at certain moments which are very particular and are very rare.

This Awareness wishes you to understand the nature of being particular is that which causes you to have only these certain particular moments of happiness.

This Awareness indicates that entities who, in search of their joys, in search of those actions which satisfy and fulfill their needs, do have many areas wherein the hunger can be satisfied. An entity may hunger for information and may find that the information which is available does not satisfy that particular hunger. This Awareness suggests the entity having hungered for a kind of satisfying relationship bringing forth affection, and having not received this satisfaction, may seek out information that would allow such a satisfying relationship to be brought into his or her life - this creating another hunger, the hunger for the proper information that will satisfy the hunger for the particular affection desired. This Awareness suggests as this entity begins to explore the libraries of information, searching out for the various types of information available in order to find that information which will satisfy the criteria for explaining how to find this particular type of affection, the entity may enter into a library full of storage banks and information, and be approached by a librarian who asks, "May I help you?" The entity then states, "I want information."

Just in Time! A Book by Alan Greenspan!



This Awareness suggests again, this entity, not being specific, finds it difficult to receive the proper information. Thus the librarian says, "Which type of information are you seeking?" The entity then begins to be more specific, "I want information relating to affection." The librarian then asks, "Would you like to read some romantic novels?" You answer, "No, the information I seek is that which would assist me in finding a way to satisfy my need for affection." The librarian then asks you, "Would you like a book on psychology?" You decide this may bring forth the desired information and you agree to examine this.

You now have a choice of 500 or so books on psychology, and you begin to search through these books to find that information which would lead into that area which explains your need for affection and how to satisfy this. This Awareness indicates that as you discover a certain book which seems compatible to the explanation of that which is your situation, you find reference to various types of approaches and methodologies or systems which can help you to bring forth a satisfying relationship with another entity. Therefore, gleaming this information, you realize that this has answered your question, and you return now into the streets with your particular answer for your particular problem.

This Awareness indicates that now you are ready to seek for affection and find that the answers bring forth a relationship with another entity who responds in an affectionate manner. This Awareness indicates that the response is satisfying until you realize that the entity has certain expectations and wishes certain things, and wishes you to perform these things for him or her in order to remain capable of receiving your affection and giving affection in return. This Awareness suggests that now you have another problem. This Awareness suggests that from this situation you begin to see that life is a series of problems, a series of exchanges, a series of actions wherein you must go to new sources, go to new areas to explore and to discover those things which would satisfy those things which would satisfy those things which would satisfy.

This Awareness suggests that desires compound upon desires. Interest compounds upon interest. And that the greater your desires, the greater the needs for exploring and discovery.

This Awareness suggests that as you continue to explore and move into the discovery of what life is about, as you discover more and more the levels of your own being, as you explore more and more the nature of that which is available in the banquet of life, and as you delve into the mysteries and keys which unlock and give

you the key to unlock the door that leads to a key which unlocks another door, you begin to understand that the banquet of life is such that it is never-ending, and that the desires you have are created within and can become a tormenting hell or can bring forth the general joyous expressions of your life.

This Awareness indicates desires can become motivating forces which drive you, yet desires also can become those forces which drive you insane or drive you both to your death. This Awareness suggests that you keep in mind: desires come from within, and that it is often easier to change the desire than to beat your head against a brick wall which cannot produce the end result for you. This Awareness suggests that in putting in your order clearly, your chances of receiving that which you wish are greatly increased - that you also learn there are certain things which can come about more easily than others. The entity who wants a new dress can receive the new dress much more easily than if she wanted a new farm, a new boat, ship, or a vacation around the world.

This Awareness suggests that children's desires generally are satisfied much more easily than those of adults, for children want those simple joys of little things which can be brought easily into their lives - that the joy adults receive in giving to children is largely in part the feeling that they can satisfy their child though they, themselves, cannot be satisfied. The adult finds difficulty in having satisfaction because too often their desires are too great to be satisfied.

This Awareness suggests that as an entity's desires increase, they desire greater things in life. The ability to bring forth those satisfactions becomes more difficult. Thus an entity desires more and more, greater and greater things; that entity must also develop patience or the situation shall become unpleasant. This Awareness suggests that you understand the nature of patience as that which allows entities to wait while the desired effect is brought about.

This Awareness suggests that in terms of communicating with others, entities who want something fantastically great, some particular item, some particular way of life clearly defined, defined so clearly and with such peculiarity that there is nothing else they will be satisfied with, there is no way they can take a substitute - these entities must find within themselves the ability to wait, or they shall find themselves becoming extremely frustrated, because the more particular they are about what they desire, the more difficult it is to produce that particular thing. This Awareness suggests that wherein you put in your order and demand it to be of an exact certain way, you may as well expect disappointments in life. Wherein you can have a level of tolerance that allows for that order to come back slightly altered from



*FLOODS, FIRES, TORNADOES - UNCLE DICK, WE COULD HARDLY HAVE DONE IT BETTER OURSELVES!



what you hoped, and you can still find happiness within - even though you did not get exactly what you ordered, you will find it an enjoyable life.

This Awareness suggests that in terms of communicating, the entity who insists on having everything to be a particular way, will find that although this is effective and causes others to jump, to squirm, to move about in a manner that responds nervously and attentively to their needs, these entities gradually begin to resist and resent having to satisfy such a demanding person, and the relationship suffers in proportion to the amount of control and demand exerted against the entity. This Awareness suggests that the use of being particular is all right for entities who wish to do this work themselves. The entity who is a perfectionist, wishing to produce that piece of art, that particular meal in an exact way - this action is appropriate, for the entity's demands are only upon him or herself, and in this manner, this becomes an action which the entity can express without forcing others into a kind of confinement. That an entity who is willing to pay for being particular, this also is appropriate. But for an entity to be particular about certain things and force that particular demand upon others without being willing to pay those others for their response, without adding any form of reward to those others for responding to their particular demands - this entity is out of line and needs to be made to understand that there cannot be such demands placed upon others.

This Awareness indicates if you are an entity who is too particular and expects others to follow your own demands, or if you are an entity who is being violated in this manner by a particular entity, there is a great need for communication regarding this, and the need is that



entities put in their order clearly, and to discuss whether or not they wish to respond by bringing forth that order in that particular way, or whether they will be satisfied with something less than that which is demanded.

This Awareness indicates that there is no need for entities to become upset, frustrated if they enter a restaurant and demand certain types of service, and the restaurant says, "I'm sorry, we do not give that service." This Awareness indicates that in a personal relationship there is no need for an entity to feel that he has to supply a particular demand for another person. This Awareness suggests that you learn to say, "I'm sorry, I don't supply that demand. If you wish that, you may go elsewhere."

This Awareness suggests that entities must learn to understand each other, not so much as the forces of demands, not so much as a series of actions, not so much as end results and forms of energies which create work or difficulties, but that entities begin to understand each other as a series of feelings, a conglomeration of feelings, and that they begin to share how they feel with one another, rather than so much what they expect, what they demand, of one another.

This Awareness indicates wherein entities begin to understand their feelings and to share these feelings, and to listen, not to demands, but to the feelings of the other, the relationship then will begin to move into new levels of sensitivity and the communication will be increased from the psychic level, from the sensitivity level, and will not be hindered so much by the threat of the demand, by the fear of not being able to fulfill the demand of another.

This Awareness suggests this as the completion of the eighth lesson in the Sea of Gemini.

(The Law of Gratitude is given.)

Health Hints From Personal Readings

(Arthritis in the Fingers)

QUESTION:

I have arthritis in my left hand, the top of it being swollen and painful. The finger next to the thumb being swollen and inflexible. On my right hand, the middle finger also being inflexible too. I have been to the V.A. hospital for this also, and all they recommend is aspirin. I have tried Chinese acupuncture and faith healers, but this has not helped to date. What can you and I do for this?

COSMIC AWARENESS:

This Awareness suggests that the diet indicated previously as that which can be very beneficial. This Awareness suggests also the use of fruit pectin in your diet as beneficial. This Awareness suggests the following drink: that which is composed of one tablespoon of fruit pectin, one tablespoon of lecithin, two tablespoons of brewers yeast, and one tablespoon of wheat germ oil. This Awareness indicates that this may be blended into a juice such as citrus juices, particularly that which contains some lemon juice.

This Awareness indicates that the use of nucleic acid as that which can also be beneficial. This Awareness suggests this be used for breakfast drink, that nucleic acid be taken in capsules, cayenne, approximately one-half teaspoon to one teaspoon each morning in capsule form or as a mixture in the drink. This Awareness suggests also the use of multi-vitamins and minerals. This Awareness suggests a pause.

This Awareness suggests these vitamins and minerals be taken along with this and that pantothenic acid and folic acid also be included in your daily vitamin intake, this in slightly larger quantities than as available in the multi-vitamin content. M771006P

Excerpt CAC Reading 8-5-20-93 Paul Shockley Interpreter

An offer of \$500,000 For Proof of Aliens

QUESTION:

There's an advertisement being run in some UFO magazines by an outfit called AI-TRAD which means Alien Information Technology Research and Development out of Security, Colorado, and they're running this ad that they want solid evidence and will pay \$500,000 dollars to anyone who can produce solid evidence that aliens and alien space-craft actually exist here on planet earth.

Evidently they want either a live or a dead alien or an actual space-craft. Would Awareness look at this organization and tell us a little bit about it? Is it a front for something or is it legitimate?

COSMIC AWARENESS:

This Awareness indicates it is seen as a debunking type organization whereby their purpose is to imply that there is no such thing as alien presence or any substance to the alien scenario, and even if something were presented, they would not acknowledge it. This Awareness indicates of course if you were able to create a situation whereby you could find an ET and take the ET to them, along with members of the press, they would have little opportunity to weasel out of their offer.

This Awareness indicates however, there are very few opportunities to find any little ET that would be willing to subject himself to such an event. This Awareness indicates that the ETs are not that interested in \$500,000 to be put on display and paraded around for humans to vent their emotions and excitement over.

This Awareness indicates that likewise, if an alien were to be captured and taken there, the government would see to it that everything was quieted so that no one heard about it, unless of course the government decided to make this a way of bringing out the information of the alien presence on earth.

Rewards Offered to Find the Soul in a Human Body

This Awareness indicates in other words, the whole thing is a kind of sham. It is like someone saying: "You claim that Jesus is in your heart. I'll give you half a million dollars to show me Jesus in your heart!" In the Twenties and Thirties people used to offer rewards for anyone who can find the soul in the human body. They would ask the question: "In what part of the human body is the soul? Where is it located? Any anatomy student who can point to the soul will be rewarded!" This Awareness indicates of course, no one could receive the reward that was offered because the soul is not an organ of the body in the same sense as other organs. This Awareness indicates that there *is* photographic evidence. There have been situations in which crashed UFOs have left evidence.

In most cases, the government, upon discovering such evidence exists, quickly confiscates the evidence and it is never seen or heard of again. There are many records of such happenings. Pieces of metal that are totally alien to the earth are found frequently and serve as evidence to the few people who find such metal but are quickly confiscated when word leaks out about their existence. Therefore, until the presence of aliens is to be publicized officially, you are not going to find public information or evidence circulating around the public for any such alien presence.

This Awareness suggests the next question be asked, that this has been beaten to death.



Hours later, when they finally came to, Hal and Ruby groggily returned to their yard work—unknowingly wearing the radio collars and ear tags of alien biologists.

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He Meditates While Holding a Globe (Did Earth Stop Rotating?)

QUESTION:

Another question from this entity. "You will recall suggesting in a reading to once each day hold Terra in your hands and bathe her in the rainbow. You were the third source of this suggestion that I was exposed to and I have, since the first request, done so. For a long time, she rotated, as I held her, but then perhaps a year ago, it ceased its rotation and changes continue, albeit slowly.

Up to a few days ago, I saw her as a kind of fiery gaseous mass, still a globe, not rotating, the South American continent a visible seeming salad and only the Eastern portion of the United States discernible, but not as solid as South America. Now she seems to be without form. Is this my imagination at work?" he asks.

COSMIC AWARENESS:

This Awareness indicates this is in the affirmative; however, this Awareness reminds you that *everything* is imagination at work. Do not make the mistake of diminishing your visions simply because they are imagination.

The imaging process is also the creative process.

Why Can't Humans Access the Other 90% of Their Brain? And What Is Its Purpose?

QUESTION:

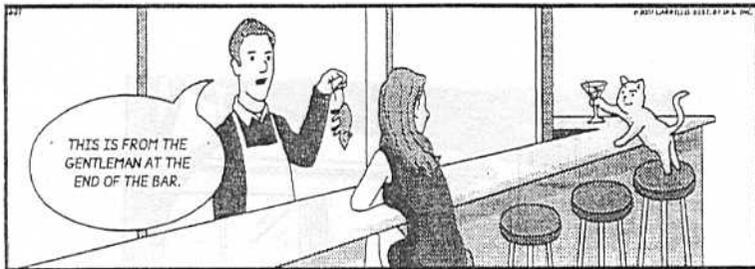
One last question from this entity. "Our scientific community is in agreement that we humans only use, I think they say, about 10% of our brain. What is the purpose of our unused portion? Why are we not able to access this unused portion and how can I develop the ability to make use of it?"

COSMIC AWARENESS:

This Awareness indicates that it is much like having a computer in which you have only filled one tenth of the hard disc and only use about one tenth of the RAM in the computer. It is nice to have something extra if you want to expand or use more of your computer.

This Awareness indicates that your question: How can you use more of it? has much to do with the fact that thought in itself is very slow. The brain tends to work with words and concepts and ideas which in turn tends to drag down the speed by which the brain functions.

This Awareness indicates that it is likened unto a micro-processor that works at 4 Hertz, compared to one that may work at 33 Hertz. This Awareness indicates that as the micro-processing chips are made to work at higher speeds, more information can be processed.



Changing earth Vibrations Verified (Will his 7.5 Hertz Device Work at 15 Hertz?)

QUESTION:

A question from John Stroker again. "Awareness has said that until about 1930, the natural resonance of Terra was 3.75 Hertz; that it rose then to 7.5 and most recently it again increased to 15 Hertz. I have a device which generates a 7.5 Hertz frequency and thus helps to keep the biological clocks of those within a certain distance in proper synchrony. That is one of its capabilities.

"Now that the frequency has been increased harmonically, is this device still of value in this respect? Has its ability to assist in the raising of the consciousness of the possessor been effected?"

COSMIC AWARENESS:

This Awareness indicates it appears that it does not have the same capacity to vibrate at the rate of your new vibration, however, it is vibrating at half speed. This does not necessarily mean that it drags you down. It simply would be likened unto a metronome, or rhythm being sounded at every second heartbeat rather than every heartbeat, for example.

This Awareness indicates that this does not throw the heart off, to have every two heart beats in rhythm with a device. It does not however, synchronize with a heartbeat if it is sounded with every other heartbeat. This Awareness indicates if these devices can be modified or can be replaced by devices that are synchronized to the higher frequencies, it would be beneficial at some point to make the changes, but in the meantime, it is not something to be too concerned about, because it does not affect the new vibrations or frequencies. It simply marks every other one, or in the case of doubling the frequency, it would mark every fourth one.

How to Upgrade a Vril Stick

QUESTION:

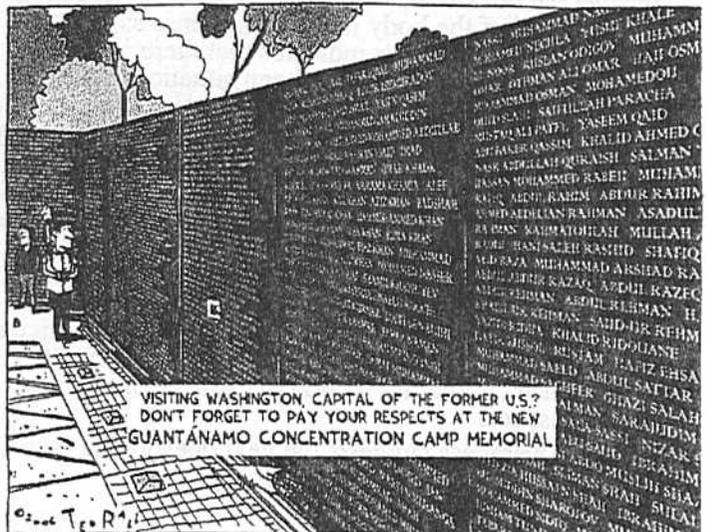
Another question from John Stroker. "I have a crude Vril stick which I would like to upgrade. How shall I proceed?"

COSMIC AWARENESS:

This Awareness indicates that the frequencies to which this stick vibrates should be your first and major consideration. These can be set by the use of crystals or by electronic means. This Awareness indicates that by increasing the frequencies or by setting frequencies that can be regulated for different uses and purposes, giving the stick more flexibility in terms of its use, or uses, would be of benefit.

This Awareness indicates that this may be best affected through electronic means. This Awareness indicates that it appears you may need to enlist the help of someone who has a good understanding of electronics for the technical consulting that you may require in some of your effort to upgrade this device.

This Awareness indicates in the event you should choose to use crystals or stones, you may wish to consult with someone who is expert in the frequencies or vibration of these stones.



Likewise, with the brain, there is the possibility of more storage in terms of memory, in terms of experience, but it is important to keep the functioning aspect of the brain working properly so that things do not jump around, so that information does not get lost, and therefore, as one's consciousness increases, as one's personal control diminishes and the divinity within an entity is given greater control over the mind or brain of an entity, that mind, moving toward divinity, evolves into a more efficient type of computer, working at higher speeds, based not so much on slow pondering and studying, but on a higher and faster cognitive approach in which it is linked with intuitive applications to perceive simply by willing to perceive, so that information is experienced, and the experience is processed through the brain, through the mind, and the entity just simply knows the truth, understands the reality, and it occurs faster than words can be thought.

Walter Russell Accessed all 100% of His Brain

This Awareness indicates you may wish to read the information relating to Walter Russell, the man who wrote *Atomic Suicide* and other books, for this entity experienced a kind of cosmic consciousness that kept him involved in writing notes for approximately 40 days. His wife believed he had gone insane and brought out psychologists to check him out. After they checked his notes, looked over his work, they came out convinced that he was not insane by any means; that his information was most profound, but that he was not functioning in the normal state of mind.

This Awareness indicates that the entity was allowing the full use of his brain, rather than thinking from a two-dimensional thought pattern or three dimensional thought pattern. The entity had allowed the brain to move into fourth dimensional cognitive activity. It is the difference between focusing on something and knowing what needs to be recognized about that something and what is normally experienced, where one looks at something, thinks about it in words, in syllogisms, logically building from one precept to a conclusion, very slowly and methodically, in order to gain some kind of understanding.

The slow methodical approach is what most people consider "thinking" and the focusing and knowing intuitively is quite unfamiliar to most entities and though the brain may be entirely engaged in such intuitive approach, it is generally not even recognized as participating in the process.

Thus, when the brain is participating close to a hundred percent, the entity may not even be aware of its presence in the process of recognizing a truth, or coming to a realization or conclusion about some matter.

The Summer of 2007...



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MORAN
The Miami Herald



At the Dog Museum

HOW TO WORK WITH PEOPLE WHO HAVE CHOSEN DARKNESS?

QUESTION:

A question from Roland Bartur, Galveston, Texas. He writes: "Many people choose to live in close proximity to some very disturbed people. During our planetary transition to the New Age, many find themselves closely involved with persons who may be very out of balance physically, emotionally, socially or spiritually."

"Many of us have chosen careers which connect us with situations that would otherwise be very removed from our experiences, while serving populations as a civil servant, medical professional, or teacher. How can we better serve these people and their families?"

"And on a deeper level, how can one interact closely with people who are very ill or have chosen to live in darkness while directing our goals toward the light?"

COSMIC AWARENESS:

This Awareness indicates that the best approach is to keep yourself in the Light at all times. Be very much aware of the highest and best in every single moment and to focus your own Light toward those who are in darkness, so as to respond, rather than to seek to serve others. Respond to those others needs, as you are forced to do so, by the Light that directs your energies.

In other words, rather than choosing to serve the needy, live in the Light of the Divine. Live in the Christ Consciousness, and let that Divine Consciousness move you. If you let your mind decide how to serve others, you are simply allowing your ego to control your life, but if you devote your being to the Divine Light of the Christ Consciousness and that Christ Consciousness directs you, not through words, but through spontaneous response to an urgency, wherein you discern a problem, simply because you focus and you see the problem, and your discernment compels you to respond to the problem, then you are acting not from an ego level, but from the Christ Consciousness within you.

How to Avoid the Ego Response

That Christ Consciousness never misdirects you, and your response will always be appropriate to the situation. If there is an error in your response, it would indicate you must have responded from an ego premise. This



Awareness indicates that the best way to avoid the ego response is to resist responding while continuing to give your attention to the problem, to the urgency of the moment, focusing on the highest in each moment, as well as the urgency of the moment, and resisting the tendency to do something about the urgency prevents the ego from jumping in and trying to show its importance.

This Awareness indicates if the ego does not have the opportunity to prove its importance and you are compelled by the urgency and the focus on the urgency, while keeping yourself in the Light, in the highest and best in that particular moment, in each particular moment, then your response to the urgency will be not from an ego level, but from the highest and best, from a Divine attunement.

When Not to Respond to an Urgency

This Awareness indicates that often, entities feel guilty if they do not respond to an urgency. This Awareness asks you to try not responding, but to focus on the urgency and attune yourself to the higher frequencies of divinity, to that which you consider to be the highest form of divinity. This Awareness suggests the Christ

Light, and attuning to this Christ Light or whatever other Divine Source you wish to attune to, while attuning to this and focusing on the urgency, and avoiding any response to that urgency, there will come a moment in which you find yourself responding, not out of choice, but out of the *spirit* of the circumstances.

You will simply be responding choicelessly to the urgency at hand, and this will not be an ego-caused response. It will simply be motivated from spiritual energies. This Awareness indicates in this manner, your help will be directed from spirit, not from ego or personal importance.

General Petraeus



The Laws of Cosmic Awareness...

THE LAW OF PROSPERITY

The *Law of Prosperity* states that one prospers in direct proportion to the enjoyment one receives in seeing the prosperity of oneself and others. And that one's prosperity is denied in direct proportion to one's own feeling of guilt for being prosperous, or at the envy and hostility one feels on witnessing other's prosperity.

This Law states that that when *one* prospers *all* may prosper. The *Law of Prosperity* works for those who hold images, feelings, actions, dialogues, and attitudes associated with beauty, joy, love and prosperity, and works against those who hold images, feelings, actions, dialogues and attitudes associated with ugliness, self-pity, complaints, envy and hostility toward oneself or any other person, group, race or class.

Those who think, feel, act and speak of themselves as being poor and needy must spend *three times* the energy for the same prosperity received by those who think, feel, act and speak of themselves as being wealthy and prosperous. An attitude that dwells in depression leads the way to physical, spiritual, mental, social and financial depression. Those who maintain prosperous attitudes, even in states of poverty, are foreign to such states and will not be allowed to remain out of place in those poverty situations, but will instead be deported to those prosperous states where such prosperous attitudes belong.

This Awareness indicates that this Awareness brings forth not only a psychology, but a sociology and a way of looking at history, at the mystery of life and does also bring forth deeper understanding of self and of consciousness. This Awareness suggests that this may be called religion, may be called cosmic science, may be called by any name; that the categorization is not necessary, but if you wish to put this Awareness and the messages into a category, that is your own choice.

WHAT IS COSMIC AWARENESS?

COSMIC AWARENESS is the Force that expressed itself through Jesus of Nazareth, the Buddha, Krishna, Mohammed, Edgar Cayce and other great avatars who served as 'Channels' for the 'Heavenly Father' and who speaks again today as the world begins to enter the 'New Age' of spiritual consciousness and awareness. Since 1963 Cosmic Awareness has been communicating through carefully trained channels. This information is for those who desire to help in bringing in the New Age. Throughout the thousands of 'Readings' given through these various channels, Cosmic Awareness tells us not to believe anything, but to question, explore, doubt, and discover for yourself, through your own channel what is the truth. Cosmic Awareness will only 'indicate' and 'suggest'. Neither C.A.C. or any of the interpreters is responsible for anything Cosmic Awareness states in any of these readings, nor does C.A.C. or the interpreters necessarily agree with the statements of Cosmic Awareness. The interpreters interpret the energies as they see them in trance levels and are not personally responsible for what is said. The interpreters published herein have no connection with, nor control over the editorial comments and material, including illustrations. This is entirely the responsibility of the editor. Members of C.A.C. are invited to send in questions of general interest to ask Awareness for possible publication in this newsletter.

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MEMBERSHIPS AVAILABLE (Honor System!)

INDIVIDUAL: \$42 per year or \$12 quarterly
 FAMILY: \$52 per year or \$20 quarterly
 CONTRIBUTING: \$77 per year or \$25 quarterly
 SPONSORING: \$144 per year or \$40 per quarter
 BENEFACTOR: \$500 per year or \$150 per quarter
 PATRON: \$1000 per year or \$250 per quarter
 ANGEL: \$5000 per year or \$1500 per quarter
 LIMITED INCOME: \$30 PER YEAR OR \$9.00 QUARTERLY