

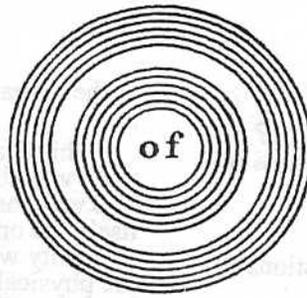
# Revelations

The Cosmic Newsletter

E-mail: [CosmicComm@aol.com](mailto:CosmicComm@aol.com)

INTERNET DOMAIN: [www.CosmicAwareness.org](http://www.CosmicAwareness.org)

FAX: 360-352-6294



# Awareness

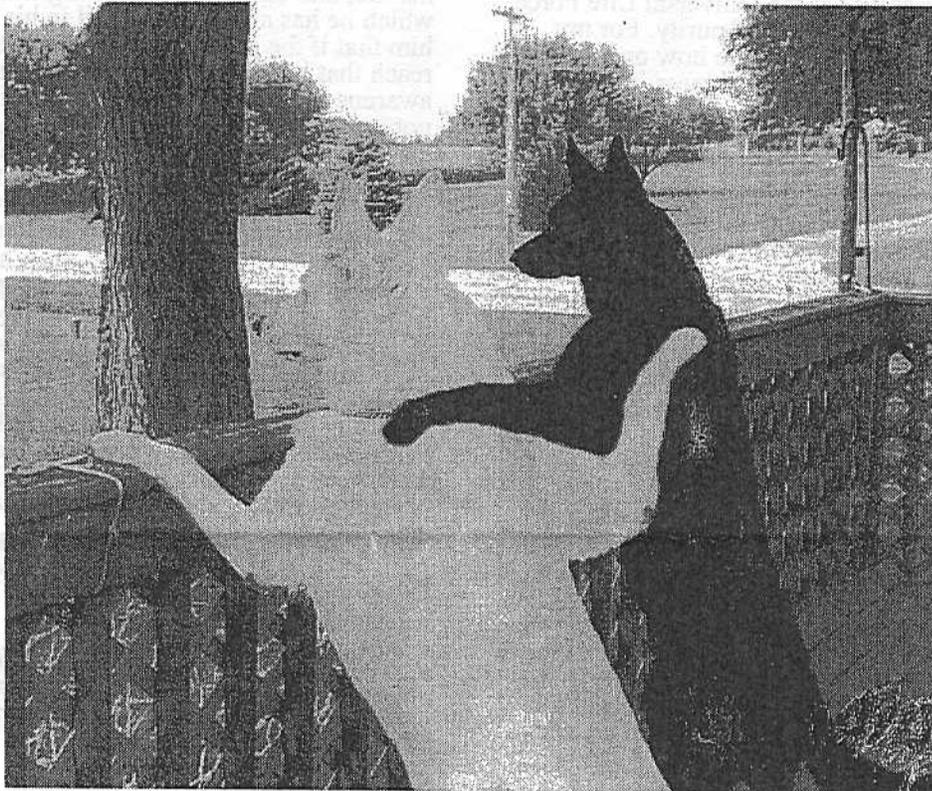
COSMIC AWARENESS COMMUNICATIONS

P.O. Box 115, Olympia, Washington 98507

Helping People Become Aware

Celebrating our 36<sup>th</sup> year!

2007-11  
Issue No. 617  
\$3.00



Index is on page 18

## Who are the Unnaturally black-eyed Children & Adults?

- Will the world as we know it end in 2007?
- The truth about Bill Cooper's death
- What is and what causes Morgellons Disease?
- Who put rat poison in your pet's food?
- The ousting of the Illuminati has begun in 2007
- What goes with John Lear's latest scary alien information?

CAC General Reading 5-29-07 Will Berlinghof Interpreter

## Will Reiki Increase Spiritual Purity?

A count of 12 and the Law of Love is given) The date today is May 28, 2007, Tuesday.

### COSMIC AWARENESS:

This Awareness is prepared to do the questions at this time.

### QUESTIONER (TAMI):

Excellent. This first question is from Rob Lau, in Texas. He writes: "As a Reiki Master and teacher, I have been given to understand that a practitioner will increase channeling ability at the Universal Life Force energy by increasing one's spiritual purity. For my studies and for myself, please outline how one achieves spiritual purity. I send Reiki to Awareness in thanks."

### COSMIC AWARENESS:

#### How to Achieve Spiritual Purity

This Awareness indicates that this entity can achieve spiritual unity and spiritual purity by focusing on such; by making it his main intent and desire, and always being honest with himself, truthful with himself; that he always puts himself in the center of his own circle, and not outside of that circle; that he does not speak spiritual purity or unity for any other purpose or reason other than that is his purpose and his reason. If his intent is pure, if his desire is pure, and all that matters is that he achieve spiritual purity, spiritual harmony and spiritual integration, then his life and his actions will follow his intent.

As long as he remains within the center of the creation of his life and stays focused on his intent, his desire to achieve spiritual purity and spiritual unity, then he will achieve this. Indeed, any and every entity, being and individual who has such a focus will achieve it. This is not to say that he will not be challenged along the way, that he will not have life events and circumstances that do not challenge him. In fact, it is a guarantee. If one chooses spiritual purity to be the highest servant for spirit, then by necessity, that individual will be challenged by life itself.

#### Gone Are the Mystery Schools

Gone are the mystery schools where one could have a safe environment to delve deeper and deeper into spiritual understanding, truth and knowledge. Life itself now is the great mystery school, and as such, life will present those challenges in the form of relationships, personal circumstances, events and individuals who will challenge that soul who wishes to understand his or her spiritual purpose. The goal will always be to come back to one's self as being the source of all that is created in one's life, thus a recognition occurs, that those who come to challenge, those who present the individual with those challenges to maintaining their spiritual integrity, moving beyond those examples of life that would challenge, will find that they are best served by those challenges and those life lessons that come their way.

For these not to be empty words, this wishing and desiring of spiritual unity and spiritual purity, the individual involved must embrace any and all of life's experiences, good and bad. No individual lives in a vacuum. All are interacted on by others and by the very circumstances of life itself. Gone are the days of the mystery schools, where one could hide out, devoting themselves only to attaining spiritual enlightenment and awareness, but doing so because they have taken themselves out of the stream of life outside of the temple

or the monastery or the cave that they may be dwelling in.

This is a safe way to achieve spiritual purity, but it is not a way that is ideally suited to these modern times. The way that is best suited is through the journey of life itself. As one seeks spiritual awareness, spiritual purity and unity with those forces and aspects that are beyond the physical, that are of Spirit, then they will be challenged so that they can learn the lessons and that they can acquire the understanding and the wisdom that they actually seek, as seek their own spiritual understanding, and their own spiritual maturity.

This individual is on the right path to achieve this in his life, and this Awareness congratulates him for that which he has already achieved in his life, but also warns him that if the intent is indeed pure, that he wishes to reach that highest level of spiritual enlightenment and awareness, that he must continue to face life squarely, to not run away from it, to not hide out, but indeed rather embrace life and all that it offers. Dance with life and dance in life, for dancing is the way forward. Engaging life is the way forward to spiritual awareness and understanding, spiritual purity and unity.

#### Life Itself is Spirit and is Spiritual

What must be recognized is that life itself is spirit, and is spiritual. The answering to the call of life is what will propel one toward a spiritual awareness and a spiritual understanding, and if this is what this individual wishes to have, then he is well on his way and needs to continue in the manner he has already been proceeding with. This Awareness wishes this individual every luck and every challenge on his life and in his life that will bring him to his goals. This Awareness is complete with this question and asks to move on.

## A Cure for Hypothyroidism?

### QUESTION:

Thank you. The next question is from Nora Smith, Roseburg, Oregon. "I need a cure for hypothyroidism," she writes. "If you could ask awareness it would be deeply appreciated."

### COSMIC AWARENESS:

This Awareness wishes first to scan the entity and send her energy to help her with her hypothyroid problem. (pause) This Awareness has finished the scan and the sending of the energy to this entity Nora Smith. This Awareness does see that there is a shortage of certain minerals in the individual that causes this hypothyroid condition. Iron is seen to be lacking in her constitution. This Awareness would advocate that this individual takes a high source of iron, but this Awareness also sees the problem isn't that perhaps she takes iron tablets; it is the *assimilation* of the iron and other minerals into the system that is a problem.

This Awareness suggests that the use of Hulda Clark's machine for cleansing the system, removing parasites from the system, would be advocated and advised by this Awareness as part of the preparation of the body to better absorb the minerals that are needed, especially iron. There is also seen that there is a second machine by Hulda Clark to build up the rhythms and energies of the body that would allow the absorption of the minerals which this Awareness is seeing are failing for this individual.

### Silver Colloidal Water and Magnets Will Help

Silver colloidal waters would also be very useful for this individual all in preparation for a state of her own body's health, that would allow her to absorb those minerals that are missing at this time. It is also seen that a powerful little magnet, which is available in health food stores and other naturopathic stores and shops, might be of benefit if it is placed on the region of the body closest to the thyroid. This for a space of 5 to 10 minutes every day. This would help this situation tremendously also.

### She's an Overworked Light Worker in the Dream State

Also seen as a recommendation is drinking plenty of water and receiving sufficient rest at this time. It appears that this individual is engaged in some very deep activities beyond the physical. She is a very active worker for the Light in her sleep state, or in her dreaming state, and that she puts so much energy out for this that she depletes her energy and causes this hypothyroid condition. It would be advisable at this time to simply recognize that she is so involved in activities beyond the physical that it does create an imbalance for her, so that when she wakes up, the hypothyroid condition kicks in, causing a depletion in her system that needs to be shored up, especially with the absorption of those minerals and iron capsules.

There are good sources that are available both in health food stores, as well as through other agencies. This Awareness recommends Dr. George Shabbaz as someone this individual could contact, as she does live in Oregon, as Dr. Shabbaz also does. This Awareness recommends that she see this individual, for he does hold keys for her that would help her deal with her hypothyroid condition. All of these procedures taken together will help Nora Smith and her hypothyroid condition. If more information is needed about Dr. Shabbaz, the organization *Cosmic Awareness Communications* has that information available, and this Awareness suggests that Nora Smith or any other individual suffering from such a condition, contact CAC for the mailing address of Dr. George Shabbaz.

## WHO ARE THE UNNATURALLY BLACK-EYED CHILDREN AND ADULTS?

("Creepy, Unnerving, Sinister and Inhuman")

### QUESTION:

Thank you. This question is from Larry Kell in Indiana. "Invasion of the Black-Eyed People!" Creepy, unnerving, threatening, sinister, even inhuman! These are words that people have used to describe children, adolescents, and adults they have encountered who share a peculiar trait in common: unnaturally black eyes. Black-eyed people, black-eyed kids! Worse; they seem to carry an aura of darkness and danger. Who or what are they?"

### COSMIC AWARENESS:

#### As There are Light Workers There are Also Dark Workers

This Awareness sees that these black-eyed individuals the entity Larry Kell is referring to are those who have come into this time and space to assist not moving the planet into Lightness, but rather, its opposite. As there are Light Workers, there are also Dark Workers; those who have as their life purpose, directing many towards the darkness, many towards that condition and state of humanity and of the earth progress that would not be inclined to seek out the Light.

### Similar to Those Fallen Angels in the Bible

This Awareness wishes to call these individuals 'soulless', but at the same time, this Awareness does also indicate that these individuals do have a soul. It is very suppressed, and it is not their purpose at this time to work at a soul level, or at an enlightened level. These individuals could be seen somewhat as fallen angels; that analogy used in the Bible that indicated those agents of heaven, those angelic beings whose purpose it was, in coordination with a greater purpose, to direct man-womankind into a place and a state of separation; separation from the Godhead, separation from the God Force.

This would allow all who traveled down that path the opportunity to experience the separation from the natural state of being; that being one in unity and in harmony with its source, with the source of all life: the Godhead, the God Force. This was a tremendous and wonderful experiment into separation, into that dislocation of spirit from source, and at this time, such a process is once again proceeding forward, as the planet earth comes to that point of separation where the two planets can divide and move into those vibrational rates, those higher frequencies or those lower frequencies that either planet is moving towards.

This of course is a reference to that which this Awareness has referred to in the past as Planet A- the Ascension Planet, and Planet B- the planet behind or below Ascension. Those who would work to create such a condition have taken on board a purpose that is to serve the greater purpose, the soul purpose; that being of assisting those entities who would experience and even greater degree of separation from the Godhead, a separation more profound and more dense than anything known upon until this time, could do so.

These soulless ones, although not truly soulless, have themselves reached a higher level of separation and have appeared in a physical form that is actually discernable; not simply the physical form being discernable, but the energetics, the feeling around these individuals is discernable; that feeling be one of soullessness, or separation from the Light. It is said that the eyes are the window to the soul, and often the Light of Spirit shines through the eyes. When that is veiled, or cloaked or hidden in the eyes of these black-eyed individuals, then the soul cannot be seen, cannot be sensed, cannot be experienced, and this is what this Awareness is referring to when It says that these beings are soulless.

#### They are Storm Troopers Coming for Those who Choose the Denser Reality of Planet B

It is more that they are cloaked from spirit and they choose not to let Spirit shine through their eyes, be reflected in their eyes, nor a passageway be found through their eyes, to the soul. These individuals are the storm troopers, if you will, of that state of being that is coming for those who choose this denser reality; this greater sense of separation. As this Awareness has spoken of in the past, one cannot judge this. One only understands that it is a way that some will choose. In some ways, many will choose this way, but not all.

There is nothing to be feared from these individuals; simply an understanding of why they have come at this time, and what their purpose is at this time. It is not that they are evil, it is not that they are going to create for anyone difficulties and problems, other than those that are drawn in because of their purpose. The children with the black eyes will grow into those adults with the black eyes. Again, there is nothing evil of these beings as such,

but in their attempt to bring humanity into that darkness, they may not always be coming from a place of goodness, a place of service to the Light. In fact, their service will be to the darkness, and this may be interpreted by some as being in a state of evil.

#### The Word "Evil" is the Reverse of the Word "Live"

This Awareness wishes to remind one and all that the spelling of 'evil' is the reverse of the word 'live', and life that is not devoted to seeking the Highest and being in alignment with Spirit, finding the spiritual power within, in fact in denying it, will reverse the process to one of evil. Simply speaking, this is only a concept. This is an act that is contrary to being alive, to living, to life itself. These black-eyed individuals are part of the times. This Awareness would say that the *recognition of why they are here will help individuals* avoid such entities, for they do not need to be called into anyone's life, but if they are encountered, remember always to surround oneself with the highest level of Light and Love, for as these are beings of darkness, they would absorb any Light that is unconscious in the individual.

It is with focus, desire and intent that one holds the Light Shield around them and denies not evil, simply recognizes it and allows it to be what it is without having an effect on an individual who is committed to Spirit and the Light. This feels complete with the answering of this question at this time, unless there are further questions involved.

### What Causes Prostate Problems: Too Frequent Sex or Too Little Sex?

#### QUESTION:

No. Thank you. This next question is from Mike El, Evansville, Indiana, who writes: "I am nearing middle age (46) and my doctor says this is a prime time to get checkups on my prostate. What causes the prostate in men to degrade? Too frequent sex? Or too little sex?"

#### COSMIC AWARENESS:

This Awareness wishes to divide this question into two parts. The first part is not asked directly, but this is an important area that this Awareness wishes to discuss at this time, before moving on to a more specific discussion of the prostate and what causes its degradation, and the problems around the prostate that men in this age group sometimes experience.

#### The Main Problem is the Belief System of Doctors and the Public

This Awareness wishes the first part of the question, that being what the doctor said about this being a prime time to get checkups on the prostate...this is all part of a belief system that the doctor is expressing to the patient, a belief system held by the medical industry as well as by society on the whole, that it is considered a prime time for prostate problems for men in those middle-aged years, and that the belief system holds that all men will be subject to problems with the prostate. Hence the need to look for the problems.

The belief is what often creates the problem. The individual holding that this is a prime time for them to have problems with the prostate could, if that was their need and desire, create problems with the prostate, thus reinforcing the belief system that men in middle age and beyond are subject to problems with the prostate. This is the *expectation*, and this is what is indeed found and thus, the expectation is reinforced.

Once one is caught in this web, an energy goes out, the energy of belief that being a prime candidate for a prostate condition, that prostate can and will be affected, and this is something that this Awareness warns against. Simply because a doctor holds that this is the prime age group where prostate problems occur for men does not truly make it so. Just because the medical industry, which gains great financial reward for treating such problems, holds it to be so, *does not make it so*. What makes it so is the individual himself, who subscribes to this belief system, *who buys into what their doctor is saying*.

#### Most Aren't Aware How They Give Up Their Own Power

This Awareness suggests that doctors and experts and authorities in the health industry hold tremendous power. *Most individuals are not aware of how their own beliefs will create those situations and conditions that they experience*. They are so wrapped up in giving power away that it is not understood or seen that they give their power to a doctor, or another health authority who would say to them that they live in an age where there is the high possibility of creating and experiencing prostate conditions.

If there are other intervening circumstances and beliefs that also play a part, then the individual will indeed create a problem around the prostate, especially if it is held by society and the medical industry and by the doctors to the individuals that this will be so, that this is a likely possibility. This is why this Awareness wished to speak out on this issue at this time, to help the individuals understand that really what is involved here are the belief systems held by the medical industry, by the doctors, by the individuals, and that to succumb to those opinions and beliefs will put an individual into a situation where they can be affected by the beliefs held by a doctor, by one's own personal family doctor.

#### Don't Bother with Prostate Tests—They Are All Unreliable

If the doctor were to say that you are a prime candidate for prostate cancer, or prostate conditions, that sets into motion an even stronger belief system in an individual, that subscribes to this opinion or this belief, and it really does become a situation where that individual himself may be actually creating this once diagnosis is made. In truth, the state of the prostate varies from individual to individual. Those tests that are run on a man to see the state of the prostate are unreliable, and often indicate a problem, an enlarged prostate which is assumed automatically to indicate a problem with the prostate. An individual may or may not have a problem with the prostate simply because the tests show that there is an enlarged condition.

This does lead of course to a colonoscopy, the testing and the intrusion into the colon region to take biopsies, to test the prostate, all this can introduce more anxiety and fear in the individual, and can create a belief system where the individual, fearful of the condition, actually believes in the condition, and that condition does appear. An enlarged prostate does not always mean that there is a problem with the prostate. It simply is that the individual has a larger prostate. There is no total standard that indicates 100 times out of 100 times that a large prostate mean this individual has a prostate problem or condition. *It is simply an averaging that is done*. There is a medical model that says the prostate should be a certain size or a certain condition, and anything else indicates a problem, and does not allow often for individual variance on the theme.

This Awareness does not recommend that a man concerned with this problem ignores this situation. This

would be erroneous of this Awareness and not responsible on *Its* part. *It* simply wishes all men to consider and think about the situation that is being created when they are told by society, by the medical industry, by their doctors, that they are prime candidates for such a problem. They would be better served to believe in their health and believe in a healthy prostate that is not subject to such problems, and to *energize this concept and belief within themselves*, rather than follow a line of reasoning and beliefs that would take them into a dangerous area where the problem could indeed be created, and made so.

#### Too Little Sexual Activity Blocks Energy

This Awareness has finished with the first part of the explanation and wishes to move directly into the second part. In relation to this part of the question, this Awareness indicates that the problem is too little sex, or the denial of the sexual energies, which causes blockages which can turn into problems. It is the condition of a man to vent his sexual energies in ways that will release that buildup of energies. It is seen traditionally that the best way to do this is to be involved in a heterosexual relationship that allows *frequent* sex, but this is not always possible. This is not always the case, and what is sometimes needed are other alternative ways of releasing the sexual energies.

#### A Spate of Prostate Problems Among Buddhist Monks

It is seen that there was a spate of prostate problems being experienced by Buddhist monks because they denied their sexual energy. They were not able to move their sexual energies, and these very spiritual men became afflicted with prostate problems. This Awareness does not deny that the prostate cannot develop conditions or be cancerous. *It* simply wishes those reading these words to understand the belief systems held by the individual can very much affect the state of health, not simply with the prostate, but on all levels, but there is very much a condition that does occur when the proper flow of sexual energies is stymied, is blocked and denied, and therefore, it is imperative that these energies be allowed to move, and be released.

#### Masturbation is Ok and is a Natural Way to Release Energies

The greatest problem in this is seen the lack of a sexual partnership and the many taboos held around sex in the society that this individual lives in, and because there are taboos around it, the proper expression of sexual energies is denied, is ignored, is blocked, and this is what often creates a situation. This Awareness wishes all men to understand that it is part of a man's nature to express their sexual energies, be it in a relationship or not in a relationship. That concept known as masturbation is a taboo subject in society and one that many do not wish to touch or dwell on, and yet this is a healthy way of self-release.

This Awareness suggests that society needs to develop new concepts around the release of sexual energies that do not make it a taboo. Masturbation, which holds such strong negative energies, could be redefined as self-pleasuring, and as long as an individual does this in a manner that does not hurt anyone, and is not out there in a public way, but is done in a private and respectful way, that there is nothing wrong with the release of sexual energies at this level. This Awareness does not hold that this is an evil and ugly act. Spirit does not hold this to do be. It is a concept held at a societal level, especially amongst very conservative religious groups that hold this to be so.

It is also held that homosexual expressions are evil and taboo, and that this too would be erroneous and

wrong and not seen as a legitimate way to release sexual energies. Again, this Awareness suggests that this is a moral concept, a moral taboo, a societal taboo, and have very little to do in actuality with the healthy flowing and moving of sexual energies, and when those sexual energies are stymied, are blocked, are prevented, then problems can occur, both with men and women.

#### Too Little Sex in Woman Can Bring on Breast Cancer

For men it exhibits itself in prostate cancer, testicular cancer, and other such conditions. For women it can also express itself as cervical cancer, breast cancer, and other sexually related conditions.

Both genders are denying the flow of the sexual energies, which causes problems in the sexual region. In answer to this individual's question, it is a lack of moving sexual energy, a blockage to the flow of sexual energies that causes a problem for most men, a problem in the prostate region, not overuse of the sexual energies. Overuse of sexual energy is not seen to be the culprit here, but may create other circumstances and other problems, however, not towards the prostate. This Awareness feels complete with this question. Question:

### The Truth About Bill Cooper's Death

#### QUESTION:

A question from Lloyd Klapperich, who writes: "Vikki. Per the last sentence of the above paragraph of the article enclosed, did Awareness ever comment on the details of Bill Cooper's death?"

The article reads: "William Cooper shot dead! 10:12 Wednesday, November 7, 2001. The author of *Behold a Pale Horse* was shot dead yesterday at his own home, by SWAT officers. The issues surrounding his death are very sketchy and uncertain. Are they finally starting to eliminate the outspoken patriots, one by one? Of course, the officers claim that Cooper was shot in self-defense, that Bill fired the first shots. But again, we can't get Cooper's side of the story, since he is dead. It must also be noted that this wouldn't be the first time that officers lied about Cooper in order to nail him down. He is a very dangerous person to them. He helped expose much of the government conspiracy."

The Awareness must tell us the truth surrounding his death. "

#### COSMIC AWARENESS:

This Awareness wishes to answer categorically that the murder of Bill Cooper was orchestrated and planned. It was indeed the intent of the Federal forces that went in to arrest this man to not have to bring him out. It was their intent to murder him and eliminate a strong voice of opposition to the New World Order, especially that New World Order power structure as it was exhibited in the United States of America, against which Bill Cooper spoke out vehemently.

This Awareness does state outright that Bill Cooper was assassinated by those government agencies that saw him as too great a problem for him, and one that needed to be eliminated. Saying this, this Awareness does have a further comment on this situation. It is seen that the entity Bill Cooper also saw himself as a militant, saw himself as an opponent to the oppressive system, and believed that at one point they would come and get him. It was also his belief that created a situation of opposition. It was the chosen way that he wished to go out, because he felt at a very deep level, that if the events ever came to this and that he was indeed murdered, eliminated, that this would validate that which he

believed, that which he was a spokesperson of: that there is a secret government and that secret government was plotting to overthrow freedom and democracy.

In effect, this entity's choice was that he wished to be taken out, to reinforce for those who he spoke to through his works and through his personal presentations and appearances, the truth; the truth that there is such an organization, a hidden government, a cabal of power that is seeking to enslave humanity and to eliminate large portions of that same populace, and his death served as a very clear indicator that this was so, that it could not be denied, that he had conjectured enough times openly and publicly that he would be eliminated, that they would come after him, and this belief system was indeed fulfilled in the end. Both parties played their part to achieve this.

It really does not matter if Bill Cooper shot the first shot or not, for the intent was to shoot him down, and justify the shooting with the excuse that he opened fire. This is of course the excuse that was given, but even if he had recognized the danger and shot first to defend himself, he was still doing something that he believed in and that he believed that the ultimate sacrifice would wake more people up; that it would be the ultimate sacrifice to awakening American people to the threat that was on their doorstep, and it was a sacrifice that this man Bill Cooper was more than willing to make.

#### Bill Cooper's Life and Death Should be Celebrated

This man did not go out a martyr to a cause. Rather, he went out a hero to the truth. His willingness to allow his life to come to an end this way was seen by many as an act of heroism, and this Awareness understands this, and does support that this was a courageous act by this man to help expose the truth, to help expose that which is the corruption and the lie. This Awareness suggests that this individual's life be celebrated and that even his death be celebrated. While it may be considered by many as an unfortunate thing that happened and indicative of those secret agencies that support the cabal that is in power, at the same time, this was the act of a very brave and courageous man, who believed in democracy and freedom above everything else, to such a point that he was willing to make this ultimate sacrifice, the sacrifice of his own life so that others would wake up to the truth of what is really truly out there.

Again, this Awareness does suggest that his belief that he would need to die in such a way, also propelled this event, also brought this event to fruition, so that he could fulfill and serve out the logical conclusion of a belief system that saw such an enemy around him all the time, and enemy willing to snuff out his life, and that by allowing it to be snuffed, showing others that these people did indeed exist, and that he was not simply paranoid or crazy. This is all part of the overall understanding of what this situation was all about and why it occurred for both sides. He was seen as an enemy to the plans of this cabal of the powers that be, and it was deemed necessary to eliminate him, and that he himself, William Cooper, saw that through such a sacrifice, his clarion call would go out and others would hear it, would see the results of what happened, and then understand that what he had spoken about for long was indeed based on the truth of the actual situation.

This Awareness feels complete at this time with this question.

TAMI:

Thank you

## WILL THE END OF THE WORLD AS WE KNOW IT OCCUR IN 2007?

### QUESTION:

This next email question is from Ray, no last name, at Protonic Creations, Saint Louis, Missouri. "It has been calculated that the Gregorian year 2007 is in fact the Mayan year 2012. If this is accurate, the end of the world as we know it is to occur sometime this year. What does Awareness say on this matter?"

### COSMIC AWARENESS:

This Awareness says that it really does not matter, as the actual exact timing, for the events are indeed underway, and that there are many surges of energies that are bringing things to conclusions at this time. The ultimate ending that is considered the Mayan Calendar prediction of 2012 is but an arbitrary date, and that this Awareness has already spoken on this in a previous reading, where *It* suggested that 2012 was erroneous; that it would occur sooner than 2012, in fact, October, 2011, would be the final completion of that event, that is, the ascension process, or the splitting of the two planets: the Rainbow Bridge Prophecy.

#### The Gregorian Calendar Was Inaccurate

This individual, by suggesting that the Gregorian calendar is more correct, and that the actual event of this final ascension process, this final splitting of the two planets is in this year 2007, is not seen as entirely correct. The Gregorian calendar was an inaccurate for many reasons and the substitute of the modern day tracing of time was more accurate to the events than the Gregorian calendar was; in particular to this prediction of an ending to this ascension process, to this splitting up the Rainbow Bridges process.

#### The Year 2007 Is the Beginning of the End Times

This Awareness simply sees that this year, 2007, will begin the End Times, the final years, the completion process coming to its fullest completion in that period around 2011 to 2012. It is not a singular event that will precipitate a rapid ending, a conclusion, a completion that is done with that one event, but a series of events, a series of completions. This Awareness, in *Its* prophecies for the year 2007, suggested that there would not be a singular radical cataclysmic event, and the energies around that had been somewhat delayed, but that there would be many events, especially events of extreme weather, extreme hurricanes, tornadoes, drought, flooding, all of these conditions occurring more and more as the process speeds up and earth changes are being seen as more and more prevalent.

This Awareness again, focuses on that prophecy for this year, the predictions for 2007, as energies that do indicate that things are changing, that the vibrational energies as reflected in the earth conditions and the climatic conditions are ending. The year 2007 is also a very important year in the shifting of consciousness and many more individual tuning in to higher level consciousness, as what draws them, what motivates them, what guides them, and this too can be seen as a completion process that is beginning the final stages of being translated to many many more individuals until it reaches a point of completion, in or around the time this Awareness has already spoken of.

2007 is a significant year in that this process has now truly entered the final stages, but it is not seen by this Awareness as the completion year, or the year when

this process is complete and events move forward from that point on.

Ed's Note: See *Revelations of Awareness* Issue 2007-1 for the Cosmic Awareness Forecast for 2007. \$3.00 from CAC.

## WHAT IS AND WHAT CAUSES MORGELLONS DISEASE?

(More on Nano-Technology and Ways to Kill Us)

QUESTION: (IBID)

What is the main causative factor for Morgellons Disease? It is theorized that it is at least in part some kind of nano-technology. We believe that no disease can stand up against an empowered immune system. Is Morgellons actually a disease, or is it something else? There seems to be a systematic modification to DNA in those affected. Please expand on this.

COSMIC AWARENESS:

This Awareness does agree that this is a systematic alteration of the DNA codes and the genes and genotypes, and that this was created in laboratories and thus is manufactured. It was released on the human populous as one of the many ways to create that situation where vast amounts of people would die off inflicted by man-made and man-created diseases. There is also seen some extraterrestrial technologies involved in the creation of this situation. It was asked if there was nano-technology involved. This Awareness does affirm that this is indeed so.

This nano-technology is part and parcel of a program that would eliminate these huge amounts of people from the earth system, as it is seen that there are too many people on the planet itself, and those who would have it all for themselves see the only solution is the elimination of many many many people, both through illness and disease, especially those manufactured, such as AIDS, such as the West Nile Virus, such as the Bird Flu Virus, and this Morgellons problem is seen as simply another disease being released at this time by the powers that be, the cabal that would eliminate masses of humanity.

### What an Empowered Immune System Can Do

This Awareness wishes to go on to some of the other points made by this individual. Concerning the idea that no disease can stand up against an empowered immune system, this Awareness indicates that this is correct. What needs to occur is the empowerment of the immune system through the many ways, shapes and forms that are available to empower and to increase the health of the immune system.

One of the things this Awareness wishes to speak on at this time is the problem with acidity in the individual's body. Acidic conditions in the human body are the breeding grounds for illness, viruses and disease. The bacteria's grow in acidic conditions. There is technology coming out now that allows the PH balance of water to be alkaline versus acidic. Most water, be in a city-sourced tap water, bottled water, is acidic in nature, and that alkaline water is a healthier variation, for it would draw a lot of the bacteria, the virus, the illness, out of the body and create a more balanced neutral immune system that is empowered and strong.

### Create a PH Balance Slightly More Alkaline

This is something this Awareness asks individuals to look into, to create a PH balance that is slightly more alkaline, to help with the body's health and well-being. There are other things more readily available perhaps than machines which create such water. There are alkaline drops that can be added to water, to help change

the acid/alkaline balance towards an alkaline state. There are also other machines and other technologies now available. This Awareness has spoken of the Hulda Clark bio-feedback machine many times, but there are also other machines that use Rife technology that are based on quantum physics that are also available.

Such a machine is that known as the SCIO\*, a machine that uses modern computer programming and technology to trace the body system and to restore certain balances once an imbalance is made. They are not claimed to be curative, simply more diagnostic, but this is also high-level medicine that is starting to appear now that will help create the balance in the body of energies needed to create strong improved immune systems. This Awareness fully endorses and agrees to the statement that ultimately, individuals need to restore their health to improve the immune system, to combat many of these diseases and illnesses that are being released at this time.

\*SCIO is a 2<sup>nd</sup> generation of the QXCI (Quantum Xroid Consciousness Interface). Check the Internet for more information. The Interpreter's personal consultant who has a machine is Tandra Fedoroshyn. Like Rife technology, treatments can be given over sub-space which opens up the potential for long-distance healings. Her rates are reasonable and if anyone in the membership is interested in her services please telephone her at 403.355.5279

It is seen and known that an alkaline system cannot support many of the viruses that are being released, and thus, this would speak well to a defense against such illness, and that is what this Awareness fully endorsed.

## They Sense a Benevolent Presence During the Trance Sessions

QUESTION (IBID):

Thank you. "In our deep trance meditation sessions, we have collectively and individually sensed a benevolent presence which seems to be residing just out of etheric sight. It is as though It resides in some powerful areas which we have not yet accessed. What can Awareness tell us of this presence?"

COSMIC AWARENESS:

This presence is part of the higher consciousness of Spirit, of that force that would help humanity achieve awareness, enlightenment and illumination. All that is needed now is to stay open and focused, and to understand that there is a timing involved in this, and the timing is now what is opening up. This is also part of the greater plan, and that this benevolent spirit and energy is part of this Awareness, is part of Cosmic Awareness, and that this is indeed part of the greater picture and the greater plan, that this Awareness understands is relevant to bringing humanity to that higher level of consciousness.

The intent and the focus of being channels to this benevolent energy is what is most required; this and patience; the patience to understand that this is a process whose time is coming, has already begun, and there are those who have understood how to channel this energy and are already doing so. This Awareness through this Interpreter, and previous Interpreters are channeling this energy at this time, as it is part of his destiny, as it was part of the destiny of so many before him, who worked for this Awareness, and who allowed this Awareness to work through them.

This benevolent energy this individual is referring to is indeed part of the Awareness Energies, and what is being asked of this individual, and those who are channeling at that level, is to continue doing so, continue

in their own progress, their own development, as they themselves purify their own being, so to speak, bringing them to a higher state where they are more able to handle these high-level energies of this benevolent force that this individual is referring to.

In this process, through the practice of channeling and being a conduit to these energies, they will indeed reach that point where they are those conduits, those channels of that benevolent energy, of this Awareness' energies, that are ready to start flooding this planet on an even greater level. This too is part of the final process, part of the ascension, part of the drawing upwards those many beings that would move upwards, who are being drawn to those higher levels of consciousness, those higher levels of Spirit.

### The Use of Animal Organs in Humans

#### QUESTION:

Thank you. A final question from Ray. "All actions set forth energy towards certain directions. This process creates pathways upon which we travel, and which lead to specific results. Where does awareness see the creation of functioning human organs within animals taking us? What implications will it have for us as a society?"

#### COSMIC AWARENESS:

This Awareness wishes to express that a baboon's heart is the heart of a baboon, not of a human being. Using a pig's liver to help or replace a human liver is not a human liver. Those medical researchers and explorers who think that using animal organs to save a human life is justified are misguided. They are misguided and separated from the truest understanding and honoring of all life. In the perceptions held that human life is the most sacred, before and beyond that of animal life, is erroneous in its nature, for it would put man in that position of dominance over the animal world, and that what is occurring now, is that a recognition of the animal world is needed and necessary, for all animals, all consciousness, be it of an animal variety, a plant variety or a mineral variety, is consciousness, and mankind does *not* have the right to take away life from a creature who has every right to be alive, as much so as any human has the right to be alive.

#### Alien Misuse of Genetic Engineering Created Monsters

Doing this is part of a very old program, which this Awareness sees has been around since earliest times, with extraterrestrial genetic engineering. This Awareness has spoken to this issue previously, where experiments were done that combined the human genotype, human DNA with animal DNA, even plant DNA, creating these ghastly hybrids that were the source of many fables and many mythical creatures. This was the result of genetic engineering that seemed to be justified at the time, for those doing this genetic engineering, those extraterrestrial types, had no regard for human life or animal life. It simply was something to be used, controlled, manipulated and created as they wished.

This is the attitude that this Awareness sees again happening, using organs of animals for human transplant. It is that attitude of arrogance and separation from true awareness of the sanctity and sacredness of all life, *all* life. Not just man, not just human life, but *all* life. As an answer to this question, this Awareness does not support or encourage the use of animal organs for human life to be sustained. This is a lack of understanding and a lack of harmony to that which is sacred, that which is

life itself, on all levels and in all forms. This Awareness feels complete with this question unless there is more to this question.

### What Goes With John Lear With His Latest Scary Alien Information?

(The Real John Lear is at Last revealed)

#### QUESTION:

Thank you. This next question is from Edith Mikula, Parma, Ohio. She writes: "Here's a question for Awareness which I have wondered about for a long time. John Lear (son of the inventor of the Lear Jet) was on *Coast to Coast*, the nightly radio program, last year I believe, where he stated that certain aliens told the government people that there is no God, which we believe in. Lear believes that some of these aliens are soul recyclers, and our souls go to a place on the moon, and somehow are reprogrammed electronically, after we die, for further use. When we go to the Light, or see the Light, this Light is produced for us and we should not choose to go in that direction. What would Lear gain by saying this, and scaring listeners? What is his agenda? I would very much like to know what Awareness has to tell us regarding Lear's statements!"

#### COSMIC AWARENESS:

This Awareness first of all wishes to clearly pronounce that the entity John Lear is a disinformant. In other words, John Lear's purpose is to disinform, to mislead, to misguide. His original information of Area 51 and the agenda of the US government with the extraterrestrial force that they were in cahoots, and were contracted with, did indeed ring of the truth, for it had the truth involved in its expression of a situation that did exist, but at the same time, it was to hook many so that you give a small bit of the truth, and then you provide a large degree of disinformation, that will actually detour an individual from a path that will bring information and knowledge forth, to one that will mislead and misguide.

#### When Lear Said All Souls Would be Electronically Reprogrammed

This Awareness wishes to now make comment on the statements made; that the souls would be electronically reprogrammed. A level of this is being tried out, but this truly is a fantasy. The soul cannot be electronically manipulated, cannot be electronically reprogrammed without the expressed intent, desire and cooperation of the soul itself as part of its overall long-term soul experience. Then and only then would the soul allow itself to undergo such a transformation, but in truth, it would be an illusion, so that the individual soul can have a further experience, perhaps a further experience of separation from itself, of being asleep to itself.

If this was the intent and the desire of the soul, that it could allow such a process to occur, but by definition, such a process cannot take away the soul, cannot reprogram the soul, because the soul is far far far beyond an electronic device that could somehow reprogram it. The purpose of this man John Lear, is to create a belief system in some that see that those extraterrestrial forces are powerful beyond belief, that nothing really can be done, if they can actually alter the soul itself and reprogram or destroy it, what hope is there against such creatures who have such power, who have such a capacity?

This is part of the purpose of putting out such a claim, but this is truly but a fantasy. However, if one wishes to believe in a fantasy and give power to such a fantasy, then that fantasy will have power over one, and

thus, could be considered as a dangerous and harmful fantasy. This Awareness wishes to speak out clearly against this fantasy, and wishes the readership not to fall for it, not to believe it and accept it as a valid truth, for it is not a valid truth. This Awareness has spoken.

## THE USE OF YOGANANDA'S THIRD EYE MEDITATION

### QUESTION:

Thank you. We have a question here from a person (JL) who wishes to remain anonymous.. Written April, just passed, he writes: "I got the latest question of CAC today. In it you ask for questions from readers. I am careful to whom I mention this, because they either think I'm bragging or lying, but in 1968, I was studying Paramahansa Yogananda's meditation techniques. I also subscribed to their full realization fellowship magazines. In one issue it mentioned Yogananda's birthday celebration.

It said "That guru had everything, and there was nothing we could give him, but the guru could give us gifts on his birthday if we prayed for them." I was doing the Third Eye technique at the time, which involved pressing gently against my eyes with my fingers. I asked Yogananda to give me the vision of the third eye. He did. I saw a golden ring form one half at a time. In the center was a white star of many points. I asked to be given that vision every time I practiced the Third Eye technique, and over the years, it has been true.

I don't do it every day, just two or three times a year, as I do not want to abuse a privilege. I wanted to ask Cosmic Awareness if there is anything I might do while looking at it, that will improve my spiritual life. Please do not use my name as I do not want to be laughed at. Thank you."

### COSMIC AWARENESS:

This Awareness first wishes to express that the gift given from Yogananda was indeed a true one and a real one. This Awareness asks this entity why he is afraid to be laughed at for speaking the truth and for living the truth? This is of course his choice and his decision, and this Awareness would not force him to stand up and proclaim this to the world, if that was not his comfort zone, but this Awareness does wish to speak further to that event that this entity explained at this time and shared at this time.

This Awareness sees one way to improve the quality and the power of this spiritual exercise is by repeating it more often. This Awareness sees no reason for the entity to hold back, to deny himself the power of this experience. He comes from a place of limitation when he does so, and is limiting himself in believing that he cannot do this too often and must confine this to only a couple of times a year. This is not necessary.

This Awareness suggests that the entity can do this every single day, two, three, four times a day, if he so desired. It is he himself, through a concept or belief that he cannot or should not overdo it, that it is somehow wrong for him to take too much, that is really the cause of his problem. It is not so much a problem as a limitation. He is limiting himself by believing this. There is no reason why he cannot practice Yogananda's technique on a daily basis and receive on a daily basis the wondrous energy and reward that Yogananda has to give to him. It is that sense of not being worthy enough that

truly limits the entity from receiving the gift that is freely given and given daily, not simply a couple of times a year.

This Awareness would suggest that the entity step forward and receive the gift with an open heart, and understand that he is entitled to this gift for it was given to him in the first place. He does not need to limit the receptiveness to the gift. By being open to it and being allowing of it, he will receive greater benefit from it, and his spiritual growth and advancement will be promoted and improved. This is something that this Awareness wishes this entity to think on, but more importantly to feel within his own being, to feel in his own heart, that he is deserving of the gift that has been given, and is deserving to receive it everyday of his life, if that is his desire.

This Awareness says it is right and his privilege and this Awareness supports him in doing this, and receiving the gift given. This Awareness is complete.

## Any Role for Elijah in the Second Coming?

### QUESTION:

We have one here from Sharon Neuhaus, Easton, PA. She writes: "I would like to ask Awareness about Elijah; what role he will play in the future, and second coming?"

### COSMIC AWARENESS:

This Awareness is slightly confused in regards to the question. The inference is that there is a being, an entity available at this time known as Elijah, who is somehow part of a process of bringing in spiritual awareness and understanding, but there was also the Prophet Elijah, in the Old Testament, who served a similar function, but his function at that time, to hearken the Messiah and the knowing of a Messiah to come, was a deception.

This Prophet Elijah worked for those beings that were the gods of the time, the hidden masters. They had already started to hide themselves and construct the religions that they would control and dominate, and Elijah was one of their minions, one of their people, so to speak, who gave out the official party line of the extraterrestrials in control and in power at that time. The Annunuki, The Nefilim, were those extraterrestrials who Elijah was a spokesperson for.

He was himself fooled by the extraterrestrial types that presented themselves to him, and he did believe that they were true gods, the True God, for this is what they wished him to know and this is what they wished him to believe; that he was to be for them a voice that spoke to others, to convince the others of the power of the god that Elijah worshiped and was in service to and spoke to, and spoke for. In some ways, his deception was not intentional, for he too was deceived, but at some point he also began to understand the truth of the situation, and yet exceeded to request made of him to continue being the spokesperson, the prophet, the seer for the One God, which he agreed to.

There were benefits for him to be this and to do this, and these benefits were seen as advantageous to him, and he did not wish to buck the system, so to speak, so he continued to be the voice of the new god, the One God, and many believed him and he was recorded in the stories of the Old Testament of being a prophet for God. This Awareness wishes to move forward to the new prophet Elijah, the new voice for the god and the gods. It is seen again that this entity who refers to himself as Elijah knows more of what the true role of Elijah was

than is generally known or reported, and it is with intent and purpose that he chose to call himself Elijah in this lifetime.

It is a kind of secret joke on those who do not know what the truth was at that time, or the truth of Elijah, and this Awareness suggests that there are other purposes behind this individual; that there is somewhat a hidden agenda and that which he serves is not what it seems to be. He again is here to convince the masses of that which he is prophesizing and predicting, but it is a manipulation of the truth, a misleading and misguiding of the masses who would believe this modern-day prophet and seer.

#### How to Discern a False Prophet Today

This Awareness asks all who would follow such a guru, a voice, a prophet, to always be open to the message; that they look deeper than the messenger. Often the voice of truth resounds to capture the interest and create the follower, so that afterwards, when erroneous teachings are introduced, erroneous and misguiding concepts are portrayed, that those individuals who have been hooked in will stay hooked and follow the false prophet, the false seer. It is predicted that there will be many false prophets and seers at this time, and it is a difficult task, a chore indeed to ascertain who is authentic and who is a false prophet.

The way to do this is to hear the words through the heart, to feel the truth that is being spoken, to go into that deepest place and to ask for spiritual guidance from within, to determine and understand if that which is being spoken by any individual, be it Elijah or any other spokesperson for these New Age times is indeed the truth of it. When one goes within oneself and asks for one's own inner guidance, their own High Self to help determine and understand that which is being spoken, then one will be led truly and accurately.

This individual Elijah does have material of merit to share, does put out some very interesting prophesies and predictions, but this Awareness does ask one and all to be very wary of simply following this man, this individual, because he speaks of himself as the Prophet Elijah, as if he was a reincarnation of that first Elijah, that this somehow makes him more honest and more reliable. This is not so. That which he offers needs to be felt at the deepest levels, that which is of import be taken on board, and that which is not be disregarded and rejected. If it is in one's highest interest to truly believe and follow this man, then there is a lesson in that also.

Those who are discerning and wish to find the deepest level of truth and the deepest level of Spirit need to always ask questions, need to always be somewhat skeptical. This Awareness has spoken of *Itself* in the past in this regard, and has said "Do not believe everything or anything that this Awareness says or speaks. Simply be open to what is spoken, what is shared, and then go out and research it, question it, look deeper into it."

If that which this Awareness shares with the readers and those who are seekers truly rings true, then they will find a resonance in their heart to that which is spoken by this Awareness, and they will find confirmation in exterior sources or others who speak the truth also, and it will become apparent to the individual that this Awareness has spoken the truth, at least perhaps a truth for that individual, and if it fits them, then they can take that truth on board, having confirmed it through other sources and through their own heart and their own feeling of the truth.

It's Your Spiritual Responsibility to Always Question

This Awareness does not recommend that one blindly accepts something spoken by someone who alleges to be a prophet, a seer, a voice from beyond, as the truth. It is the spiritual responsibility for a seeker of the truth to always question, always ask, always look deeper than simply that which is spoken and that which is presented as the truth. If the individual does this, then they will not be misled, they will not be taken down those erroneous pathways that will lead to their own demise perhaps, or certainly their own entrapment, misleading them to a place where they are stuck and do not move forward spiritually.

At this point, this Awareness is complete.

### Using White Light On Your Pets Today (How the Dark Can Use Your Pets to Cause You Sorow)

#### QUESTION:

Thank you) This question is from Rosemary. There's no last name given, nor is there an address. "Without sounding extreme at this time, I was told to shield the household pets with White Light and to spend some extra time with them talking over and clarifying with them how much they are held in love and respect. When my guides told me this, I did so immediately. The day after I received this from my guide, another friend in the Light called and said that the saying had been suggested to her and her friends that had pets.

Apparently the Dark has been backing off on the beings that are solidly in the Light and is now looking for another way to cause sorrow and loss of focus. I do not know if this is so, but I do know how many of us have been aided through this time of transition by our beloved pets. I truly feel that they are worth the prayer and the Light shielding."

#### COSMIC AWARENESS:

This Awareness asks first of all if a date is attached to this letter.

#### QUESTIONER (TAMI):

Yes. It would be August 21<sup>st</sup>, 2006.

This Awareness wishes the entity to understand that the advice she was given was completely accurate, and indeed foresightful to the events that were to occur later on, at least events that became world-wide; this being the events around the poisoning of animals through their food and through their food-source, which caused many animals to die or to become very ill, which caused many owners to go into a deep state of stress and distress.

The warning was given in advance to protect those beloved pets, so that when the events that were planned were released on the world, especially in the United States and Canada, that those individuals who had received the preceding information could protect their animals, and indeed they were already being protected, so that when those poisonous substances in the contaminated food was sold to the public and many animals were affected, those who had received understanding that the need was there to protect the animals would indeed have had their animals protected.

This is because those individuals have already attuned themselves to higher information, higher understanding, higher sources that can guide and lead forward, especially in these times. This Awareness suggests that all need to start developing their capacity to hear their inner voice, their High Self, so that when such warnings come forward, that they are heeded, and in the heeding

of such warnings, those events can be circumvented and sidestepped, and once this is so, and the events happen, they can be viewed in hindsight; both the events, as well as the warnings given earlier, as a participation at a higher level of awareness, a higher level of consciousness that can be seen to be available to the individual.

Especially in these times coming, these massive times of change and chaos, when there is such confusion, such destruction all around, that the inner voice, the inner guidance, will lead individuals to those places of safety so that they can circumvent and sidestep those disastrous chaotic events that may affect them otherwise. This was the reason and the purpose why these individuals were given this information in August of 2006. The plan was that these contaminated pet foods would be released so that beloved pets and animals could be adversely affected.

There is another reason for this that this Awareness wishes to speak to at this time. The reason this was done was to get to many of the Light Workers, many of the Wanderers, many of the Spiritual Warrior who are here to raise consciousness. They have increased their own awareness and strength to a degree that a head-on attack, a direct assault would not be as effective as it might have once been, and so it was seen to attack through a secondary source; this secondary source, this back door if you will, being the beloved pets of such individuals.

It was deemed that if these individuals could be affected emotionally by the death of their pets, that they would then be weakened, and in their weakened state they could then be attacked psychically and spiritually. This being spiritual in the sense of 'anti-spirit', if you will, and it was seen as a way of circumventing the spiritual defenses of individuals and this orchestrated plan or action designed at killing beloved pets was endorsed and acted upon, and this was one of the reasons to do so.

#### The Dark Does Not Honor Life of Any Kind

It is also seen that those forces that would work with Darkness that come from a place of separation, have no honoring of life on any level, be it human life or animal life or plant life. They have no honoring of Mother Earth, Gaia, and would only use her for their own purposes, just as they would use the animals, the planets and mankind itself, for their own purposes. So this is all seen as a larger plan of action that was orchestrated and carried out to create chaos and upheaval for the many who would be affected through the loss and the illness of their beloved pets.

This Awareness feels complete in the answering of this question at this time.

### WHO PUT RAT POISON IN PET FOODS?

(Why the ASPC Remains Silent)

Thank you. Surprisingly, we have a question that I think you've already answered. I'll read it anyway. It comes from Cathy Walters, Canton, Ohio. "Does anyone know who put rat poison in pet food? My cats don't eat that kind of recall food. My dog eats the Nutro Natural Choice Dry, but she is okay. I wonder how many shelter pets have died. Last year, 70 dogs died and it was never reported by ASPC. Trust will ruin donations for ASPC."

#### COSMIC AWARENESS:

The ASPC would not wish to report such an event, for to do so would of course affect funding, but more so, might actually cause questions to be raised, and while the organization as such is indeed a pure one, one that

has the highest intent to protect the rights of animals and to ensure proper and good conditions for animals, it is seen that there are agents within the organizations, infiltrators who have misguided it, who have misled the organization for they understood and knew what was coming.

This Awareness has spoken on this issue, this problem, and has said that this was an orchestrated event to create a back door, to affect many individuals who are attached to their pets, individuals who, through the love of their pets, would be adversely affected, and allow deep emotional energies into their lives through the suffering and loss of their pets, and this is seen as why this was done; as a back door, as this Awareness has already spoken. This entity Cathy Walters is indeed correct in her assertions and observations that this was deliberate, the putting of rat poison and contaminated substances into the animal food chain to be sold to the pets was intentional.

#### Put White Light Around Your Pets, Their Household, Your Home

This is what this Awareness sees at this time. Those who were warned of this, as some entities were, put Light around their animals and in a way, were prevented this tragedy. They also were led not to buy the source of foods that were contaminated, just as this entity herself was guided not to buy certain foods, and was guided to other foods that were wholesome and healthy. This Awareness at this time wishes all who have pets to understand that it is important for them to shield their pets also, to put the Light around their pets, as well as their household, their homes, and all individuals in the household, so that all many be protected.

There is much to this process of bringing the Light in and asking for Divine Protection and Divine Light to be introduced into the household, to surround each and every person and pet in that household, as well as the individual making such a request. This attunement to the guiding light of Spirit will always help an individual steer clear of possible problems, especially when one attunes themselves to the guidance that is given them, both directly or indirectly. This is what this Awareness recommends that all do; that all bring the Light in on a daily basis and that one understands to do so is highly effective, both for the individual as well as the loved ones that surround the individual.

This Awareness is complete.

### The Ousting of Illuminati Has Begun in 2007

(More on Planet X -Will it Hit the Earth?)

#### QUESTION:

Thank you. This question is from Paunee Uberuaga, from Folsten MD. "I am hoping you can ask Awareness more about Planet X and if it will hit earth. Will the Light Workers be in another dimension by then? Will those full of love for all also rise up in the Ascension with earth? Will our Space Brothers and Inner Earth people help us with the coming earth changes? I get the feeling a lot of the earth changes and government changes (Illuminati ousting) will be this year, 2007. Is this right? Thank you"

#### COSMIC AWARENESS:

This Awareness wishes to start with the last question first, that being the question of the ousting of the Illuminati types who are being exposed to the world and to those who wish to understand and see at this time. This process has indeed begun in this year of 2007, but it is only just beginning. There will be more exposure of

these individuals in the years ahead, but this has begun in this year: 2007, and it will be seen in history that this was the time such exposing of these hidden ones, these Illuminati types did indeed begin.

#### **Planet X Will Not Hit the Earth—Only Come Close**

This Awareness wishes to go back to the first part of the question. This Awareness wishes to state at this time, that it is not seen that Planet X will hit planet earth as such. It is seen that Planet X will come close, and that its energies will be such that everything will be shaken. Many of those cataclysmic events that this Awareness has alluded to in the past, could indeed come to pass because of the close proximity of another large planetary body that affects the magnetic core and the gravitational fields of this planet.

While this may be so, and events of cataclysmic proportion may occur, it is not seen that the Planet X will collide with planet earth. It does see that these energies that will be provided by the close passing of Planet X are also integral to the shaking up of both Planet A and Planet B that will cause the final separation of the two planets at that vibrational level, that level of the frequencies that they once shared, but which will be shaken apart as one is shaken completely into the higher frequency energies, while the lower will be shaken out of those higher frequencies into denser frequencies.

#### **Many Light Workers Are Already at the Higher Vibration**

This too is the result of this planet and its magnetic gravitational fields affecting the magnetic and gravitational fields of the planet earth. This Awareness wishes to go to the next question. Many of the Light Workers will have ascended to the higher vibrational earth that will not be as profoundly impacted as the lower density planet, and this ascension process has already begun. Many are already at a different level of vibration, where they will never experience the cataclysmic events that this Awareness has spoken of because there will be no need to, not directly at least. They will largely escape any direct participation in these events and they will be outside of their life experience, having already ascended.

Others who are still here on a planet that has not quite ascended may experience these cataclysmic events to a large degree, but again, as they focus on their own journey towards spiritual awareness and understanding and the sharing of that journey with others, they too will start to move beyond a physical participation in those events and if they do experience them, it is only part of a process that will shift them out of this planet where there is great density at this point, to that which this Awareness has labeled Planet A.

Those who do not ascend may see these individuals as those who were affected by the events, those who died as a result of those events, and this will be perceived as a catastrophe that affected these individuals, by those who remain, but in fact, this may be understood to be part of the Ascension process these individuals went through so that they would move beyond and move into that higher frequency planet earth, Planet A. This Awareness feels complete and asks that the next question, if there is one, be asked.

#### **Will Those Full of Love Ascend Also?**

##### **QUESTION:**

Will those full of love for all also rise up in the Ascension with earth?

##### **COSMIC AWARENESS:**

Many indeed will do so, but many, because they are full of love for their fellow human beings, will remain until the bitter end, will be the last to ascend. This Awareness sees several waves of ascension occurring. Some have already advanced to a higher level of vibration, where the earth that they are experiencing is already different in quality to that which many who are still on this earthly plane are experiencing, and yet there is a dove-tailing of experiences in a manner of speaking, yet they will not experience those most dramatic of events, because it is not their desire or destiny to do so.

#### **Many Good Souls Will Remain Till the Bitter End**

Other however, may experience them until the final wave is complete, and at that point, those who have that great love, that great desire to help in this transition of many to that higher level of awareness and consciousness, will also at that time ascend. But it is seen it is because of their great love for humanity and for the purpose of ascension at this time for many, that those who have that great love will remain behind until the bitter end to help as many cross over and ascend as is possible, but when all is said and done, and it is known that an ending has been reached and that it is now time for them to also ascend, they will do so, and join their brothers and their sisters on a planet whose spiritual vibration is high enough to support life and to support the progress of that spiritual journey toward the Light and towards spiritual union and spiritual purity.

At that time, those who have that great love, even though sad at heart for having to do so, will abandon the planet that is meant to stay behind, or as this Awareness has referred before, 'digress' in consciousness and go into that denser energy. They will not participate in that. They will remove themselves from the planet at that time and join others on Planet A.

#### **Will the "Space Brothers and Inner Earth People Help"?**

##### **QUESTION:**

The final part of the question: "Will our Space Brothers and Inner Earth people help us with the coming earth changes?"

##### **COSMIC AWARENESS:**

The Space Brotherhood and the Inner beings that are referred to will indeed help because they have that as their intent, but they will not put themselves in danger by doing so. Their help will be more in helping those who would ascend do so, as they themselves will also ascend to a new conscious level of awareness, and so, in direct answer to the question: Yes. Those Space Brothers and Sisters, those inhabitants of the inner world of Inner Earth will also help in this process. This is part of the greater picture and it is seen as that which is likely to occur.

#### **Not All Extraterrestrials are Good Guys**

This Awareness wishes to speak momentarily to the fact that not all extraterrestrials are of the Great White Brotherhood variety, or of the Galactic Federation that would help humanity at this time. There are some parts of the Orion network of consciousness that seek to create the opposite and they would be working against the Ascension, against the transition of many at this time. This Awareness wishes to suggest that those who are here for the purpose of helping in the Ascension process

will do so. Those extraterrestrial forces who are not here to help in the Ascension process will not do so.

This Awareness feels complete with the answering of this portion of the overall question.

QUESTION (TAMI):

Thank you. We're close to turning the tape. I have a question.

COSMIC AWARENESS:

This Awareness is open to the question the energizer has.

### Who Is That White-Hooded Entity in the Window Who Just Now Appeared?

QUESTION (TAMI):

When we began our sessions I noted a white hooded entity in the far window take up guard, or position to watch, and as we proceed just now a second has joined and there is a flaring of light through the window. Do you have any comment on this?

COSMIC AWARENESS:

These are Divine Guardians here to protect the space of the Interpreter. He has been under extreme psychic/spiritual attack over the last few months and he had been under a very deep psychic attack at the time preceding the session today, and the guardians are here to help create a stronger space and a protected space for the Interpreter so that he could remove himself from that place of attack that he had been under and allow the process of channeling this Awareness to proceed.

The guardian forces are indeed strongly with the Interpreter, though he sometimes fails to understand this and remember this, and thus falls into great bouts of depression and despair that he is an effective voice, or that he is indeed doing anything at all to allow this process to occur; that he is indeed at all an effective part of this process. This Awareness is working hard to help this Interpreter understand how important he truly is to the process, and how strong he is to this procedure and to what is unfolding through these sessions.

The guardians are not simply in front of the window that you see, but indeed surround the whole house. If you were to look behind you at the windows behind, you would also see them standing guard. They have been sent from the Ancient Ones to be participant to this process as part of the overwhelming energy that is needed to allow the channeling to occur; the protection that is needed. It is because the energizer herself is at a very deep level with her psychic eye open wide that she can see the guardians standing there and protecting and can feel their participation and their energies.

This is what this Awareness shares with the energizer at this time.

### What is Needed to Stop a Psychic Attack? (The Invocation of the Guardians)

QUESTION:

What is needed to stop a psychic attack?

COSMIC AWARENESS:

The invocation of the Guardians. That is what this Awareness wishes the Interpreter to understand; that he does need to invoke the Guardians to help him through those times when for whatever reason he feels drawn into negativity, he does indeed hold the space beyond the time that he channels this Awareness, where he is a

conduit to the energies that are part of the transformational energies of this planet, and sometimes those energies put him into overwhelm and the overwhelm causes him to go into personal places of distrust, where he questions himself and his value as a participant in these times to help the transition and transformation.

This Awareness asks the Interpreter to remember he is guarded, and these beings, the Guardians stand around him at all times, but they need to be called in. When he gave in to this process of the channeling of this Awareness, that this Awareness and the Ancient Ones could come in as they have, could stand guard as they are, but when the Interpreter is not channeling, he needs to remember that he himself can call in those Guardians and they will respond and keep out those energies that attack the Interpreter in those times of his own doubt and despair.

### Unhappy Recipient of a Personal Reading (Things to do when you send in For a Personal Reading)

QUESTION (TAMI):

Thank you. One more question. In our personal readings, there was a reading that was sent where the receiver was less than impressed, in the time span and in his ability to understand what you were trying to convey. Do you have a comment on this that would allow the Interpreter to release responsibility?

COSMIC AWARENESS:

Yes. Indeed. The Interpreter did take this very personally, and felt that he himself was somehow inadequate or somehow had failed the individual who was receiving the reading. What this Awareness wishes all to understand who would submit for personal readings is the need to *energize their questions*. If they energize the questions, put thought and feelings into the questions they ask, then this Awareness is better able to tap into and tune into the individual, and to give a stronger and even longer reading.

The individual involved in this situation did not give a lot of thought to the question that was presented; the question being that of a scan of the individual on the mental, emotional and physical levels, and thus, this Awareness did not have a lot to go on, did not connect as deeply as *It* might. This Awareness does continue with this discussion, because this is important for those who would send questions both in terms of personal questions for personal readings, as well as questions to the organization *Cosmic Awareness Communications*. When the questions are flippant or are not energized to any great degree, this Awareness has greater difficulty in tuning in to the individual asking the question, or even in the answering of the question. This Awareness does recommend that a period of time precedes the question being asked, as well as once the question is written down, again, a period of time, minutes perhaps; that time is spent energizing the question.

The meditative process before the asking of the question will get the question more clearly fixed in the mind of the questioner, and thus will allow Awareness a greater degree of energy with which to work, and that energizing the question also, during the writing of the question and afterwards, will do the same. The more energy and the more focus put into a question will allow this Awareness to answer the question more thoroughly.

The individual involved did feel somewhat disappointed that the question was answered so briefly and he felt that there was a dropping of the ball on the answer-

ing of this question. This Awareness wishes to state that *It* did not drop the ball. The focus that *It* gave is underlying of the general condition that this Awareness is suffering from, and while it is important for the individual to deal with the condition which was mentioned by him in a later letter to Vikki, it is also important for him to realize that perhaps this Awareness was seeing something that was underlying the condition and needed to be dealt with, and this Awareness did give suggestions of how to proceed with this.

This Awareness still stands by that which *It* gave at that time for the individual, and does again suggest that in the future, if the individual who was disappointed with the answering of his question wishes a more thorough answer to be given that he needs to energize the process and the question that much more thoroughly and that much more completely. This Awareness is complete in the answering of this question, unless the energizer has any other questions of *It*, so that *It* can give even more information.

QUESTION(TAMI):

Should another reading be given to this person and sent?

COSMIC AWARENESS:

This Awareness indicates that *It* feels complete with what was given, but that the Interpreter still has a sense of a personal failing for not having given enough, so if the Interpreter wishes to once again look to the question that was presented by the individual, that this Awareness would be happy to refocus on the individual and to give further information and insight.

One other thing that this Awareness wishes to state is that the individual involved in the issues that came up as a result of the answering of the questions non-satisfactorily for the individual, that indeed he was one of the very first personal readings that the Interpreter did, and that the Interpreter himself was still getting used to doing personal readings. The Interpreter does have a bit of a difficulty of allowing Awareness to speak to the personal issues on the physical level of questions, so that when he has to answer a physical question, do the physical scan, the Interpreter struggles with that, because he feels that he has not the right, or does not trust what he receives about a person's physical circumstances is correct.

This Awareness suggests that this is not so, and it is a matter of learning how to simply trust that Awareness is a strong and effective voice speaking through the Interpreter that the Interpreter himself needs to understand and accept and he is in the process of doing so. Indeed, the quality and depth of the sessions has improved radically, even since the question that was answered so briefly by the entity occurred. Afterwards, this Awareness was able to come through more strongly and an incident occurred that helped the Interpreter trust and believe that Awareness was indeed tuning in to the question of the physical scan.

The incident being that of the Interpreter perceiving and seeing an entity asking a question for a physical scan, was seen to be holding her back in great pain, and then the entity in the question went on to explain that her problem was her back and an operation that needed to be done on the back, and she was asking Awareness whether she should proceed with this or not. This gave the Interpreter great confidence and great understanding that he truly was able to allow Awareness to speak to

him and through him, and to give him information that was indeed valid.

This was seen to be a turning point for the Interpreter as he works to become an even stronger and better channel for this Awareness. This Awareness wishes this Interpreter to understand that he is here because he deserves to be here, that he has worked long and hard in this lifetime to be able to become a voice for this Awareness and that he has worked long and hard in many other lifetimes for the same reason and for the same purpose. This Awareness is truly satisfied with this Interpreter and encourages him to let go of many of his own doubts and misgivings of his ability to be a channel for Cosmic Awareness, for this Awareness, for he is a true and strong voice and will become better at this with more practice.

Excerpt from CAC Reading 5-29-07 Will Berlinghof Interpreter  
Waiting for the Lady With the Turquoise Eyes

## The Interpreter and his Energizers

(Possible Problems that Could Affect the Readings?)

QUESTIONER(TAMI):

Now I'm getting ready to move in a different direction. The Interpreter is concerned about a permanent energizer or anchor. Is there someone being drawn in, is there someone there who needs to step in and permanently take this position?

COSMIC AWARENESS:

This Awareness is working on that. This Awareness asks the question to the energizer: Are you referring to your own situation, where you understand that you will be moving on soon, and that your role as energizer has been a temporary one?

TAMI:

Yes. The Interpreter is concerned, or feels it has been a struggle to bring in the true energizer.

COSMIC AWARENESS:

This Awareness intervenes at the moment, by asserting that you, the energizer Tami, are a true energizer, and have always been a true energizer. That does not mean that your permanent role is to be the energizer to the Interpreter as he interprets this Awareness.

TAMI:

Right. That's what I'm saying. Is there someone that will be a more permanent role as energizer moving in the direction of the Interpreter?

COSMIC AWARENESS:

This Awareness answers in the affirmative. There is an individual who is coming towards the Interpreter, who is about to enter his life in a grand way. This Awareness understands that the Interpreter himself has been going through a personal journey and has had to deal with many of his deep-seated doubts and disbeliefs; the belief that such a permanent association, although he has sought it and understood it, is coming to him, is never going happen. This belief is erroneous.

The individuals who have been in his life of late have all propelled him forward through the challenges that they have presented him, and his original awareness that there is a permanent partner that is moving towards him is still true and accurate and this individual is moving towards him. This individual is seen as a female,

who will have a great role to play in his life, and who will be partner to him as he does this work of Awareness and other work that this Awareness sees the Interpreter doing.

This Awareness does state that this partner will be essential to the process and to the work that is yet to be done, but the partner herself was not ready to move into a permanent role and position earlier on. Had she done so, it may have blown her out of the water, for her not being ready would have been detrimental to be put into such a high energy state. The present energizer, through her own power and stability held a strong space for the Interpreter to grow and to progress, which he has done. He has more growth ahead of course; all do, but he has advanced himself tremendously because of the present energizer as well as others who have worked with him earlier. Even though they were temporary and not able to hold the space and grow with the Interpreter in his capacity to be a stronger voice for this Awareness, they did indeed play a role.

Each individual and each energizer to date has played a role, and the person coming forward at this time, was not able to hold the energy or hold a space for the Interpreter, so it would have been detrimental to introduce her earlier. This Awareness, however, does state that she is on her way and that she will come soon, for this Awareness wishes to proceed with the work with this Interpreter, and the new energizer who is coming.

TAMI:

So, for clarification for the Interpreter, who felt it was his own personal failing, that each energizer was temporary, could you clarify that each was a specific stepping stone maybe? That it was meant to be temporary?

COSMIC AWARENESS:

This is indeed so. Each individual had a role to play and their own personal lives would move off in other directions, or would reintroduce at a different level at a different time. The first energizer, Carrie, was meant to help the Interpreter get started, and she was very good at helping him do this, but when she herself moved in another direction, she could no longer hold the space and thus had to move out of the space that this Awareness works at. She was not strong enough to take the Interpreter to the next level.

The entity Carrie was very important in the beginning of the work and the beginning of this process for the Interpreter so he could start to interpret Cosmic Awareness, and this Awareness is extremely thankful for Carrie and the role she played at the beginning. The next energizer, Shari, is still involved with this energizing process, but not in the same way that the energizer, yourself, Tami is. Her role is still a developing role and is seen to be as a floater, who can participate in sessions that will be beneficial for herself as well as helping to hold a space for the Interpreter, but her role is not the essential one that this Awareness is talking about as an energizer who will be partner to the Interpreter and work with him on many levels, not simply the channeling of this Awareness.

There is much work the two will do together, and Shari is not that person, but she is a floater, an individual who can come in and co-energize with the main energizers and others, and it is also seen by this Awareness that there will be a circle of individuals who work with the Interpreter, who create a circle of power that will allow energies to be channeled through the Interpreter, not simply verbal messages, or verbal communications, as is

happening now, but the stronger energies that this Awareness is ready to start funneling onto the planet and into humanity at this time; all part of the process of transition that this Awareness is participating in and that the energizers and the Interpreter are also energizing and participating in.

This Awareness says that *It* spoke to a question earlier on in the session of that matter, of the beneficial energy that is ready to be channeled in, and that this is the energy of Awareness ready to be channeled in at a deeper and stronger level, and this too is coming as a circle of energizers will be created to help this be so.

TAMI:

May I ask you on a personal level, for the Interpreter, this person who is coming in as an energizer, is this going to be the lady that Will dreamed of, the turquoise eyed lady?

COSMIC AWARENESS:

This is in the affirmative.

TAMI:

So this is a life partner?

COSMIC AWARENESS:

This is indeed a life partner, and a great love is seen in this relationship; a great connection that has been of many lifetimes will be found again in this lifetime. The Interpreter has been sensing it and feeling it deep within himself. It could be said he has always felt her presence, and has had many relationships with many wonderful individuals who have been for him loves that were very deep, but always did he sense that deep love, that woman with the turquoise eyes that he dreamed of recently.

TAMI:

Then this latest relationship that he has suffered and has been finding so difficult to release; this was not his primary life partner?

COSMIC AWARENESS:

The individual referred to could have been the primary life partner, but it is as has been spoken by the energizer herself in discussions with the Interpreter, that she entered his life to introduce that energy, that possibility, to introduce the feel of such love, such a deep and powerful love. This Awareness wishes it to be understood that this entity herself could still be that person, if she sees something in herself, and understands that, but that this is not necessarily so, that it will happen this way, or that it needs to be this way.

She has already played her part, so to speak, and if she comes back, it will not be the same woman, in a manner of speaking, that initiated this experience in the first place. She herself needs to go through a very deep and profound transformation, and this will be one that occurs soon, if it is to be her at all, but if it is not her, and this is perhaps a bit paradoxical, then there is another who is seen ready to enter. The entity Marilyn herself had beautiful blue eyes and it is with this understanding that the woman with the turquoise eyes must be understood.

It is not simply an allusion to a specific woman. It is to the energy of those who have those blue eyes, because they are of the old soul. They are of a very deep spiritual nature, and it is that which the Interpreter recently tuned into. He saw in his dreams a woman with these brilliant peacock turquoise eyes, and he understood her energy at the deepest level. He recognized her at the deepest level,

as he did with Marilyn recently, but it is now her task to move forward in her growth and development or not, and if she chooses not, then it will not be her who is reintroduced, and it time now for the Interpreter to release her, to let her be what she needs to be, even if that is moving her away from him, but to trust and to know and to believe that the individual whom he dreamed of is ready to enter his life at this time.

TAMI:

Right now, the lady that is moving out, the Interpreter has made several attempts to release, and it didn't appear to work. How can that be? Why would that be?

COSMIC AWARENESS:

It's very simple. The Interpreter himself wasn't ready truly to release; to truly let her go, to truly let go of the love that he felt so deeply, that was so powerful and so beautiful in his life and gave him such vision of promise of what could be, and so at that deepest level, he has not been ready to let go, just as she too has not been really ready to let go, so she too energetically is still very attached to him.

There are two things that this Awareness suggests now if the Interpreter is truly ready.

The first is a cord-cutting of a shamanic nature that the Interpreter is aware of, of a process that he has done and knows who could do, and to pursue it, to make it so and not to let it slide. The other is to allow this Awareness at this time to send energies forth that will allow him to truly release at a deep level, not releasing with a sense of loss and misgiving and pain, but to release in joy and happiness, to celebrate that which was, that which given; the gift that was given by Marilyn, to help him understand and finally realize the template of that true love within himself that he was, for this really truly is only about the Interpreter himself.

It is about him truly finding love within himself and saying to himself that he is loved and he deserves love, and that he is open to receiving that love that he himself is a reflection of, and that will be reflected back to him by whomever it is he calls into his life. To call in the turquoise-eyed woman, the beautiful woman he has felt always so close to him, is to finally admit to himself that he deserves such love, that he deserves to have such happiness and such a partner in his life, because he is enough.

TAMI:

The Interpreter seems to take on the judgments of others. From childhood on, he has kept tabs of how he's been described through the eyes of others and he takes it very personal into his being. Is there something that can help him release all of that? It should be his description of himself that is the truth and not someone else's.

COSMIC AWARENESS:

This is indeed what the Interpreter is moving towards in his own personal life. It is the way he chose, and there is nothing wrong in this. He gets so frustrated and hurt and lost sometimes because his soul is so great, his capacity to love so huge, that he feels a personal responsibility and obligation when he feels he's failed others. This is of course an illusion. He cannot fail anybody. The only one he can fail is himself, or even that is an illusion, because that is part of his belief that he fails himself, and that he fails others.

This is part of what this Interpreter is working towards understanding now, but more than even understanding, towards releasing. The Interpreter knows that

he is in a very interesting time in his life, where the planet Pluto, the planet of death and change and release and transformation, is in close proximity to his Sagittarius moon, the moon that gives him the capacity to shoot high, to aim high, to be the visionary, to be that who would bring the truth to the many. There are many mind sets and beliefs that the Interpreter holds through his own personal journey and upbringing, that while serving a greater purpose, need now to be understood as erroneous, need to be released and let go of, need to die to that truth of his own life, the truth that would set him free, the truth that allows him to see himself in a new light, an expanded light, and accepting light.

This is the journey at this time that the Interpreter is going through. On some days he is high in that understanding of this truth, and is full of the joy and the beauty of it, and yet the roller coaster sometimes takes him crashing down into the depths. This is also part of the energies at this time that are on this planet, and these energies are taking many to heights and to depths they have never encountered or experienced before. This Interpreter has it also as part of his personal journey at this time to face those energies and those beliefs that he has held for so long, and even though they sometimes cast him down into pits of despair, those are pits he must learn how to swim in and swim out of and to rise himself up again.

This Awareness is prepared at this moment to send *Its* own energies in a very personal way to the Interpreter, to help this release process, the release of old beliefs and old patterns, so that he can open his heart to the love of self, to understand self-love, to understand himself, to accept himself and to let go and release those areas of his own belief structure, his own belief patterns that interfere and block him from loving himself and being open to this greater love that this Awareness wishes to present at this time, and this greater love is Spirit, and it is the destiny of the Interpreter himself to understand this deep truth, to transform himself to a being who can accept this truth in himself and be its truest strongest reflection.

This Awareness wishes at this time to pause and send this energy to the Interpreter and does so now. (pause) This Awareness is complete in sending this energy to the Interpreter at this time, and will be available to the Interpreter at all times. One of the things that this Interpreter needs to understand is how prevalent and how close this Awareness is to him, and how easy it is for him to tune in to this Awareness. New things are ready to open, new levels of work that this Awareness can do with the Interpreter himself, and this will provide for him greater awareness, an understanding of who he truly is and why he truly is.

For now, this Awareness is complete with this. This Awareness simply wishes the Interpreter to understand he is loved, very deeply, by very very many, more than he could ever begin to understand in the physical temporal way, for he is much greater than he thinks he is, and he is in that journey of self-understanding to this truth.



COSMIC AWARENESS:

This Awareness is complete and is ready to bring the Interpreter back at this time, and does suggest that you do so.

TAMI:

Thank you.

Then with that I will give the *Law of Gratitude*.



KNOWING YOUR FRAME OF REFERENCE MEDITATION

This Awareness wishes to give entities a meditation type of exercise, and suggests this be used each night before falling asleep and upon awakening as is convenient.

This Awareness suggests that you visualize two picture frames. These picture frames upon a black wall of consciousness; the two picture frames as being the only outlook from that wall into the world in which you live; these two picture frames as looking out at the moment, at the Eternal Now. Beyond each picture frame is that which is occurring in your life, in the scenario of your experience at each particular moment - these moments appearing and disappearing in frames, one each four-quadrillionths of a second.

This Awareness indicates there are two picture frames. The one on the left which you may look from is that picture frame which sees the moment, but in looking at the scenario and the situation and experience of the moment, though seeing the exact same picture, carries with it an assumption that the image shall become worse and worse, and worse, more painful, more difficult, more tiresome.

The picture frame to the right carries with it an attitude and feeling that the image seen is but the beginning of a vision that begins to unfold into greater and greater joy and happiness. The picture frame on the right is the mask seen in the drama field known as the smiling, happy face.

Above the picture frame to the left is the depressed and sorrowful face. This Awareness suggests that you stand back and look at these two picture frames, seeing each clearly prior to falling asleep. Just as you begin to move toward the threshold of sleep, you move to the right and enter into the scene which improves your situation, bringing about greater and greater joy and harmony.

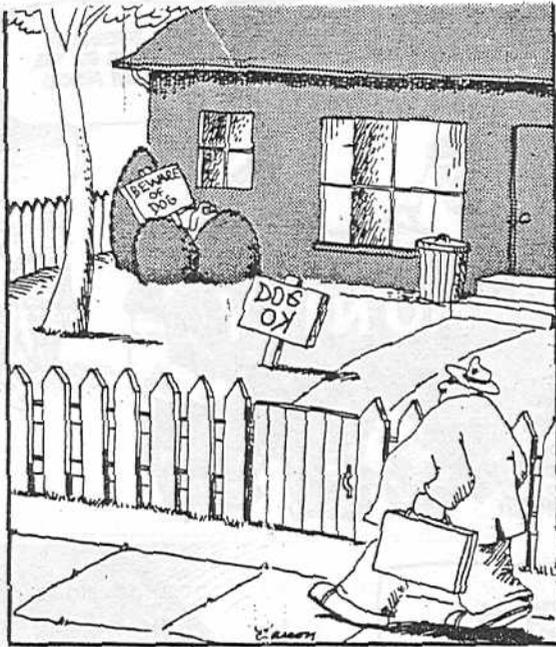
Upon waking, you move in a similar manner, visualizing two picture frames, one to the left and one to the right, and find yourself entering that frame which carries with it the smiling face, moving into the awakened state, entering the moment with the attitude and assumption that things are going to be more beautiful and harmonious.

Any time during the day when you take the time to flash upon these picture frames, this Awareness suggests you always check yourself to see which frame of reference you are using in your observation of the moment. (77-26)



Uncle Dick





## WHAT IS COSMIC AWARENESS?

COSMIC AWARENESS is the Force that expressed Itself through Jesus of Nazareth, the Buddha, Krishna, Mohammed, Edgar Cayce and other great avatars who served as 'Channels' for the 'Heavenly Father' and who speaks again today as the world begins to enter the 'New Age' of spiritual consciousness and awareness. Since 1963 Cosmic Awareness has been communicating through carefully trained channels. This information is for those who desire to help in bringing in the New Age. Throughout the thousands of 'Readings' given through these various channels, Cosmic Awareness tells us not to believe anything, but to question, explore, doubt, and discover for yourself, through your own channel what is the truth. Cosmic Awareness will only 'indicate' and 'suggest'. Neither C.A.C. or any of the interpreters is responsible for anything Cosmic Awareness states in any of these readings, nor does C.A.C. or the interpreters necessarily agree with the statements of Cosmic Awareness. The interpreters interpret the energies as they see them in trance levels and are not personally responsible for what is said. The interpreters published herein have no connection with, nor control over the editorial comments and material, including illustrations. This is entirely the responsibility of the editor. Members of C.A.C. are invited to send in questions of general interest to ask Awareness for possible publication in this newsletter.

## IN THIS ISSUE

We Sure Told That Iran Dude!



Little Miss Helpful



Will Reiki Increase Spiritual Purity	2
A Cure for Hypothyroidism?	2
Who are the Unnaturally Black-Eyed Children & Adults?	3
What Causes Prostate Problems: Too Frequent Sex Or Too Little Sex?	4
The Truth About Bill Cooper's Death	5
Will the End of the World as we Know it Occur in 2007?	6
What is and What Causes Morgellons Disease?	7
They Sense a Benevolent Present During the Trance	7
The Use of Animal Organs in Humans	8
What Goes With John Lear With his Latest Scary Alien Information?	8
The Use of Yogananda's Third Eye Meditation	9
Any Role for Elijah in the Second Coming?	9
Using White Light on Your Pets Today	10
Who Put Rat Poison in Pet Foods?	11
The Ousting of the Illuminati has Begun in 2007 (More on Planet X—Will it Hit the Earth?)	11
Will Those Full of Love Ascend Also?	12
Will the "Space Brothers and Inner Earth People Help"?	12
Who is that White-Hooded Entity in the Window Who Just Now Appeared?	13
An Unhappy Recipient of a Personal Reading	13
The Interpreter and his Energizers	14
Knowing Your Frame of Reference Meditation	17

### —HOW TO GET THIS NEWSLETTER BY MAIL— EVERY 4 WEEKS! ( More or Less )

REVELATIONS OF AWARENESS is a cosmic newsletter, published by Cosmic Awareness Communications, P.O. Box 115, Olympia, Washington, 98507, U.S.A. ( A not-for-profit organization ). Membership fees and donations are deductible from your Federal Income Tax. Try to remember Cosmic Awareness in your will if you wish to have these messages preserved and available to others in years to come. ("How many have you served, and how well?" is the question we will all be asked at the Passing Over).

#### MEMBERSHIPS AVAILABLE ( Honor System! )

- INDIVIDUAL: \$42 per year or \$12 quarterly
- FAMILY: \$52 per year or \$20 quarterly
- CONTRIBUTING: \$77 per year or \$25 quarterly
- SPONSORING: \$144 per year or \$40 per quarter
- BENEFACTOR: \$500 per year or \$150 per quarter
- PATRON: \$1000 per year or \$250 per quarter
- ANGEL: \$5000 per year or \$1500 per quarter
- LIMITED INCOME: \$30 PER YEAR OR \$9.00 QUARTERLY

