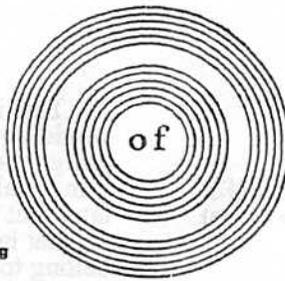


Revelations

The Cosmic Newsletter

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*Celebrating
our 36th year!*

IDAHO Boise firefighter Dana Brown carries a cat after it was found inside an apartment that caught fire Friday. "This is my first cat rescue," said Brown, an 11-year veteran of the department.

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CHRIS BUTLER / (BOISE) IDAHO STATESMAN

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THAT LOST FAMILY TOMB OF JESUS

(The Meaning of the Chevron Symbol on the Bone Boxes)

(The Law of Love is given)

QUESTION:

The first question is from Robert Appel, Thornhill, Ontario. He writes: "Right now, around the world, a huge controversy has arisen about the book and documentary *Lost Jesus* which claims to have found the "lost family tomb of Jesus." Among the many discoveries in the film is the "chevron" symbol over a dot, which was found not only prominently inside the alleged tomb itself, in very large letters, but also on many of the "bone boxes", seemingly associated with early Christians. As shown in the attached Illusion illustration, this symbol is virtually identical to the symbol used hundreds of times in the early literature from ARE, where it was attempted to explain the existence of the High Mind or the Soul Mind, which is of course the mechanism by which both Cayce and CAC deliver information. Is this a coincidence?"

COSMIC AWARENESS:

No. This Awareness states emphatically this is not a coincidence. The use of this early chevron symbol was to denote that here in this final resting place where the mortal body lay, and the bodies of those who in that lifetime had achieved a state of higher-evolved thinking, higher-evolved consciousness, who had reached a state of enlightenment, for that is indeed what the purpose was about; it was to reach enlightenment: a greater state of awareness that would put those who held the Higher Mind, the Soul Mind in a position to see beyond and past the barriers of commonly held societal beliefs and attitudes.

Jesus Came to This Plane With an Open Soul Mind

The entity now known as Jesus came into this world already holding an open conscious mind, a mind connected to the higher state of spiritual existence, connected to the Father God as portrayed in the religious texts that followed. But in truth, this entity came on to this planet in a state of self awareness, of the Soul Mind being completely open and functioning. He then took many years of studying to fine hone that higher mind, that higher consciousness, so it prepared him for his role and his task that followed.

The Meaning of the Chevron Symbol and the Dot

The chevron symbol with the dot below represented: "Here is an individual (the dot) who has achieved and reached the Higher Mind, the Soul Mind." Its use in the earlier tombs just designated that the individuals therein had reached enlightenment awareness, a state of Ascension in consciousness, to that higher level of consciousness, of thought, of awareness, and this is why these tombs had these symbols and why the bone boxes also had the symbols. It was to indicate: "Here was one who had achieved such consciousness, such awareness." It was simply a way of identifying to other followers of the leadership of Jesus, of that belief system that was later known as Christian Thinking: the Christian Way, to other early Christians, so that they could always understand and know that "This is hallowed ground, this is sacred ground; these are those who went before, to show us the way", and they would have known who the individuals were that lay in the tombs.

This information was later lost, at least that which would be the names and the social standings and designations of those individuals was lost, but having the symbol always available would indicate to generations later that this is hallowed ground, and that the individuals that lay here, the bones that remain in the tomb, belong to those who were the forefathers of that journey to consciousness that later became orthodox Christianity. Once orthodox Christianity formed around a central church with temporal leadership, the initial energies were lost of the early church, especially those energies of ascension that helped many of the early Christians break free of standard traditional beliefs, attitude and thoughts, that helped them ascend into a higher level of consciousness, a higher level of awareness.

Chevron Used Today to Show Military Power

The chevrons later lost their meaning as indications for a Higher Mind or for that which this Awareness prefers to call the Soul Mind incarnated into a physical being. Now they actually represent power as used in a militaristic way. The military uses them as designations of rank; of a rank that shows the power held by the individual in the military organization, and therefore, do not any longer truly evoke that understanding that this is a being of the higher mind, of the Soul Mind. Indeed, this almost has an opposite meaning now, designating a follower of an organization that follows strict rules and laws, and that his or her position in that structure is such that they hold only a certain degree of power, to a certain level.

The meaning of the chevron has indeed not only been lost, but has been counterminded, has been turned backwards, upside-down, and no longer stands for what it once stood for. This Awareness is complete in this answer.

The Meaning of the Dot



chevron.gif

QUESTION:

Did the dot have any purpose?

COSMIC AWARENESS:

Indeed, The dot was the significant point of identifying: "Here is this individual!" The higher mind, as a general concept was represented by the chevrons themselves. The dot represented the individual who had reached this state of awareness, this state of enlightenment: "Here is the body or the bones of an enlightened master." That is what the dot represented, and putting it at the bottom, at the point of the chevrons, was to indicate: "Here is this person."

QUESTION(TAMI):

Excellent. So then the dot was also lost? Cause these later symbols are without the dot.

COSMIC AWARENESS:

This is correct. The dot disappeared completely.

That First Line in the "Lord's Prayer"

(More on The Talmud of Immanuel)

QUESTION:

Robert's second question is on the same topic. "Of all the so-called lost or heretical gospels, the most despised by the traditional church is the so-called Talmud of Immanuel, which exists only today as a translation of a portion of the lost original document. Significantly however, the entire thrust of that alleged

gospel, believed to be one of the earliest gospels, possibly even the earliest, is that Jesus/Immanuel dedicated his ministry to the spirit or soul or High Self. In the particular working of the Lord's Prayer found in it, the first line reads: "My spirit, you are omnipotent" instead of the better known "Our Father, Who Art." Which is the more correct?

COSMIC AWARENESS:

The more correct is that first original line: "My spirit, thou art omnipotent!" That was indeed a recognition of the Huna concept of the High Self, the middle self and the low self that later became, in Christian orthodox thought: Father, Son and Holy Ghost. In that trilogy of being, Jesus was the son, or the middle self; the active mind in the physical, directing the passion play. The low self was the Holy Ghost, representing the lower unconscious, subconscious self, and the High Self in Christian orthodoxy became the Father; the Father Above, the Father inaccessible, because of this illusion of his own division from the rest.

The Huna Concept of the Father, Son and the Holy Ghost

The only understanding that made sense and was taught by the Christian church was that the Father was the Supreme Being, and that somehow, the mystical union of Father, Son and Holy Ghost: the Trinity, the trilogy, made up a whole being that was truly not understood, so it was always seen that the Father somehow, even though it was part of the trinity, was also at the same time, separate, unique and supreme. This truly is but the Huna concept: the Father, Son and Holy Ghost, exported out of a personal context and put into the hands of an organization that ruled in a temporal way, that had temporal power and to whose benefit it would be for this concept to be externalized away from the individual and to the organization.

Jesus was Praying to His Own High Self

Thus, Father, Son and Holy Ghost became the perceived truth and reality that was taught to those who took on this Christian faith, and even to this day, hold this to be the truth. But the truth that was the original gospel stated and showed that the Huna concept of Father, Son and Holy Ghost being High Self, middle self and low self, was the true concept. Jesus was praying to his own High Self, his own spiritual aspect that was in connection to that which is the All and Everything, that which is the Great Spirit. This High Self energy is what is more commonly referred to as "God" in later Christian context. In truth, it could not be allowed that the individuals understood this basic principle, for if they did understand it and live it, it would take them beyond the control and the manipulations and the machinations of the Christian church, who, as they became more and more secular, had a greater need to control those masses who were the followers of Christianity, especially in the days of the early Christian Catholic Church, the followers of Catholicism.

The Original Lines Proved we are all Creator Beings

The original line is indeed the more accurate line, and in it lies the key to understanding for each and every individual that they are Supreme Beings themselves, that they are Creator Beings, that they are the sun, or the middle self. This Awareness has, incidentally, no problem calling them the daughter, nor calling this trinity, Mother, Daughter and Holy Spirit, for these are but names, but in the truth of it, each man, each woman has their own high Spiritual Self, their own high middle mind that is able to understand and direct, and their own low self energy, the unconscious, the subconscious, and

when these three aspects of beings are realized and united, then each and every human being will have the spiritual guidance that they need to direct them in their lives.

They will have the fine mind and heart to write the scene of their lives, and they will have the power to create in the low self, those scenes, those lives, those journeys. This Awareness states now that many are awakening again to this truth, and many are starting to realize more and more the unity of their own trinity, their own personal High Self/ low self/ middle self connections, and are taking away from the churches that still try to hold power, that power that was invested in those organizations for so long, and this is the correct way and this is part of the ascension process that so many are going through at this time. This Awareness is complete with this question.

S.A.A.L.M. (THE SUPREME ANUNNAKI ASSEMBLY OF LORD MARDUK)

(Is This Organization for Real?)

QUESTION:

The next question is from Michael Schmidt, from Randolph, Massachusetts. He writes, "Hi, Avaton and Vicki. Michael Schmidt here, and I wanted to share this message and link one of My Space friends sent me about S.A.A.L.M., the Supreme Anunnaki Assembly of Lord Marduk. The website has some unique information and the man Enlil, is creepy looking to say the least. My question would be: Ask Awareness if this organization is real, and if so, what they are all about and up to. Love and Light, Mike."

P.S. To help clarify, this part is from my contact who wrote: "I received an email with a link to a website that is supposedly a mirror of a secure website that was hacked into: a private website for members of S.A.A.L.M., the Supreme Anunnaki Assembly of Lord Marduk. According to this site, the crusty old ugly dude is Lord Enlil. Enlil is the ancient Sumerian god Yahweh, of the Old Testament, (No, it's not George Burns!) There at a conference with other crusty old powerful men (you'll recognize Henry Kissinger) discussing their plan to take over the world by December 22nd, 2012, and announce Lord Marduk as the King of Kings of this world. Joy!"

So: Mike's question: Is this organization real? If so, what are they all about?

COSMIC AWARENESS:

The Alien Connection to All the New World Order Organizations

This Awareness indicates that this organization is real, but it is also part of those secret organizations that are well known of; such organizations as the Illuminati, the Bilderbergers, the Freemasons, the Trilateral Commission; that they are all part and parcel of this organization. This is indeed the alien connection that underlines so many of these other organizations, that is behind these other organizations.

This Awareness is reviewing the memories of the Interpreter who once read where George Bush Senior once entered a meeting with a Reptilian. This Awareness once spoke of this in a previous session, many years ago, and it was disclosed that the extraterrestrials were in charge of so many of the power organizations, the Elites, and this is so. This Supreme Anunnaki organization does exist on a level of reality that does indeed exist. These characters are a part of the Anunnaki organization that

has long controlled and dictated the world and world events.

They were, after all, the originators on this planet that came so long ago to steal the resources of the planet, to take the gold for their own shielding for their planet as Nefilim went through the skies, needing the gold particles in the atmosphere to protect it and create a barrier that would allow the reflected sunlight from within to heat the planet and keep it warm and hot and wet on its long isolated interstellar travels, and the Anunnaki were those who initiated a program of genetic engineering that created modern man, and it was spoken in even the Old Testament, of the gods that walked amongst humans, that impregnated the women of the world, females of the planet, and bestowed on the planet the children of the Anunnaki, the half ones, the ones that were not truly the gods, but no longer participated truly at that lower levels of humans.

The Anunnaki have always been involved in the affairs of mankind and it has always remained so throughout history and even before recorded history. Even during Atlantean times and Lemurian times the Anunnaki were here and part of this planet. They have been a part of the modern day events and circumstances and have hidden themselves in the background and have created these organizations that this Awareness has spoken of: the Illuminati, the Bilderbergers, the Trilateralists; all of these organizations, and have always been the hand that guided, and the controlling faction.

Even the Reptilians that are part of this, are part of the Anunnaki, and those Reptilians that are the shape-shifters that can assume human form would do so, but at the same time would be still part of their parent organization, if you will, even though they showed themselves in human form; such entities as... This Awareness pauses for at this point *It* has determined that it would be better if *It* did not point fingers at who these Reptilian shape-shifters are at this moment. *It* simply wishes the readers to know that many of their top leaders are such beings. This organization that is spoken of is in truth one that does exist and one that does control at this time.

This Awareness wishes to go on with the question if there is more to it. This Awareness wishes to complete then, by stating that the existence of these beings will soon come to the surface. The reason this Awareness chose at this time not to divulge the identities is not because *It* could not. *It* is not even because they are not already exposed in certain publications; that certain individual have not already spoken to these issues. One individual who comes to mind is that individual known as David Icke, and this Awareness recommends that the membership read his writings, and books to get a better understanding of the Reptilian Anunnaki leaders that currently exist.*

The reason this Awareness chose not to divulge these names and identities at this time is that *It* perceives a certain degree of danger involved to both the organization and to the Interpreter in bringing this information out at this moment. *It* has no problem in divulging the names at a point that is appropriate to do so. *It* simply suggests that at this moment, at this time, the timing is off for this to be so.

This Awareness is complete.

*Ed's Note: CAC stocks the books of David Icke. I particularly recommend "Children of the Matrix—How an interdimensional race has controlled the world for thousands of years—and still does." This book is 459 pages and lists many names, including those Awareness hesitated to mention who are Reptoid shape-shifters in high government positions. Price: 29.95 plus postage.

In regard to the group S.A.A.L.M. (Supreme Anunnaki Assembly of Lord Marduk), this series of revelations is now on the Internet. You can Google it or go directly to <<http://www.freewebs.com/saalm/>> Another source is <www.jamescasbolt.com>

ALL ABOUT SLEEPWALKING

QUESTION:

(Thank you) These next two questions are from Raymond W. Conroy, Dingmans Ferry, PA. He asks: "Has Awareness ever commented on sleepwalking? What causes an entity to sleepwalk? Is the subconscious involved in this?"

COSMIC AWARENESS:

This Awareness has not talked of this matter before, and chooses to do so now. In fact, the individual is correct, it is the low self, the subconscious that directs the individual to do so. When an entity goes to sleep, that which is known as the conscious mind, the aspect of the trinity of self known as the middle self goes to sleep, it does not indeed go to sleep, but rather vacates the body at the appropriate time. The role of maintaining the body in this stasis that is called sleep is left to the low self, and the normal condition is that the low self will use this period of time to refresh the body, to re-energize it through that dormant period when the body recharges the organs, the muscles, the tissues, the bones; all are rejuvenated during this sleep period.

At that same time, the mind, the middle self departs from the body and it travels interdimensionally. It goes into that level of reality known as the dream world, the dreamscape, where many adventures can be held and perceived, where they can indeed be seen to be independent of a physical reality, so that an individual is able to do the most amazing things, completely not at the mercy of physical rules and physical laws, for the High Self and middle self are in a state that does not correspond at that time to third-dimensional reality.

Indeed, the middle self can connect to the High Self, which always lives in this fourth/fifth dimensional realm, and it can be guided and taught by the High Self at this time. Equally, it is free to have all manner of adventures and experiences so that they come back and sometimes are understood and perceived as dreams when the entity awakens back into physical reality. There are many levels of dreams. Some are true reflections of the individual and are meant to be lessons for the individual, so upon reflecting, great truths can be learned and great understanding received. Some however, are merely the adventures of the middle self as it plays in this non-corporeal landscape, in this interdimensional place of the dream, and these adventures and this place of fun and entertainment is completely free and open to whatever experiences are needed.

Those Scary Beings Trapped in the Bardo Levels

Sometimes, even nightmares can occur, but these nightmares are usually at lower levels, and sometimes these are the Bardo levels, those levels of entrapment that are also interdimensional, that lie beyond corporeal existence, beyond the third dimensional reality, and in those Bardo levels are those beings that could be referred to as demons, those dispossessed souls that are trapped, those lower energy beings that are no longer physical, no longer corporeal, they still hold those lower energies, lower beliefs, understandings, truths, and are functioning at a lower consciousness. If one is trapped into these layers and levels, this is indeed the realm of the boogiemans; those beings that can frighten and cause harm and fear in that nightmare state of consciousness.

Ask for Protection—You Don't Have to Go Through the Bardos

Although such experiences are also valid, it is important to understand that we do not have to experience that; "we" being those individuals who travel into those levels. It is important that you direct your mind to going into those higher dreamscape levels, those higher levels of dimensional consciousness, so that you could ask even for protection as you are guided through the Bardo levels at that sleep period and directed into those higher interdimensional levels: fourth and fifth dimension; in particular the 5th dimension for this is truly where the dreamscape exists.

The 4th dimension is where the Bardo levels exist, and it is possible to simply traverse those and go through them without any awareness that you are going through them. This Awareness is also available at those levels to some individuals who can cross and ask for a communication from this Awareness, but *It* does not normally reside at this lower level. *It* is simply a launching point for those consciousnesses that can go beyond the 5th, go much beyond the 5th. So it is simply a staging area. This Awareness must restate what *It* has just spoken; that the individuals who reach that level of 5th dimensional consciousness, who have an intent and desire to go beyond, could use the 5th dimension as a launching point to a higher deeper level, where this Awareness could be communicated to, connected to and contacted. That is what this Awareness is stating at this time.

This Awareness wishes at this time to go on with the question, for *It* feels *It* has gone astray and wishes to refocus.

(Question is re-asked)

The Low Self IS the Body and Can Cause One to Sleepwalk

This Awareness did get slightly astray on explaining the dreamscape/ dream world. In direct response, it is indeed the low self that is left with the task of maintaining the physical body, and that sometimes the low self wants to be active, wants actions, and so, while the middle self is absent from the body, it will create the situation known as sleepwalking, where it activates the body of the individual, and it can, because it is a lower level of consciousness, move the body and manipulate the body, create hand movements, leg movements, can propel the body through physical space, for the low self is the body, and its body consciousness is quite capable of moving the body in a sleepwalking state, even though that conscious part of the mind that is known as the middle self is not present.

So, yes, it is indeed the low self that is responsible for that state that is known as sleepwalking.

QUESTIONER:

Why?

COSMIC AWARENESS:

Because it is bored. Because it does not feel it wishes just to lie there and be inert, even if it is helping to rejuvenate the body. For some individuals, their low self has attained a level of awareness that seems to indicate a need for direct participation, as if it was the controlling aspect of that human being, and that it sees this as a chance to exert its freedom from the middle self and be the initiator of body movement, of actions, of a participation in the third dimensional reality. It simply wishes to be active.

Does this answer the question to the energizer's satisfaction.

QUESTIONER:

Yes, but I was wondering then why would there not be more incidences or more people experiencing sleepwalking. Sleepwalking is not overly common.

COSMIC AWARENESS:

This is because those individuals who experience it have a subconscious or a low self who has advanced somewhat in its own level of awareness. It is almost to the point of self-awareness. The nature of the low self or the subconscious is to run the body; its autonomic nervous systems, its inner organs, all of those functions that do not really require consciousness or thought, simply a level of consciousness that will keep these processes ongoing.

The Role of the Low Self

Certain individual low selves reach a level of semi-self-awareness, where they want to be more actively involved in a participatory way in the physical reality that they move these bodies through. It is simply an indication that some are more conscious than others, but even those that have a higher degree of consciousness have not the need to move the body as those who participate in sleepwalking. These particular subconsciousness' have a desire not based on a participation of how things are. There are other levels of the low self that are also more aware, but follow the rules, so to speak. This designation of the function of the low self is in the running of the body, is in the maintaining of the memory, of the holding of thoughts and the beliefs and attitudes given to the low self as the body grows, as the child grows into the young adult, who grows into the mature adult, who grows into the old age.

The low self has a role to play, and more often than not is not rebellious to this role, even if it has a higher level of consciousness. There are those low selves that are somewhat rebellious, who become bored, who wish to become more active, and it is this personality type, this lower self personality type that is prone to sleepwalking. Some do this only in a very active part of life, which is the teenage years, and a select few carry this onward into adulthood, but the percentage of those low selves that need to sleepwalk as adult individuals is extremely low and rare.

What is Sleep-Talking?

QUESTIONER:

What of sleep talking then?

COSMIC AWARENESS:

Sleep talking is a minor form of this. The low self is attempting to communicate, and it is doing so in this unconscious manner, where it is moving the lips, the tongue, the voice box, creating sound: sleep talking, so that it is in its attempt to communicate trying to assert its presences, trying to make the world understand it is there. In some ways, in the evolutionary process of the low self, middle self, and High Self, the low self becomes frustrated because it is limited.

For most, this limitation is totally accepted and it is the role that is accepted before the incarnation into the physical, but for some there is that rebelliousness that seeks to exhibit itself in movement or talk. This Awareness wishes to state that the evolutionary soul process is that of consciousness moving ever upwards into higher consciousness, higher planes of consciousness.

A Low Self Often has Come From the Animal Kingdom

A low self is often consciousness that has come from the animal kingdom, that has progressed from the animal into the human, and the low self, after many incarnations proceeds into the middle self, and that after countless other incarnations, the middle self advances to the High Self. This is a simplistic way of stating this, but for now, the simplistic view of the spiritual soul evolution works to explain the concept, and that those low selves that are almost ready to become a middle self consciousness are those that are often frustrated at the submissive role that the low self has accepted and seek to become more actualized, more activated. Again, this is what sleep-walking and sleep talking are all about.

WHAT MOTIVATES PSYCHOPATHS?

QUESTION:

(Thank you) The second question from Raymond W. Conroy, Dingmans Ferry, PA., is "Psychopaths don't seem under control, have a conscience or show much remorse or empathy for others. While some have been abused as children, others apparently have not. Would Awareness comment on psychopaths and what motivates them?"

COSMIC AWARENESS:

This Awareness sees a synaptic dysfunctioning in the brain as a primary reason why psychopaths are disconnected, why they do not have a social consciousness, a social sense of connection. These synaptic disconnections, these synaptic failings in the brain are those parts that would connect individual behavior into a greater context of social behavior, of a social consciousness that would put an individual as part of a social organization or community, and with these disconnects happening, with this sense of disconnection, the psychopath does not actually see his actions as at all related to the bigger picture, to a societal picture, and there is no sense of guilt, of why some of the actions of a psychopath would hurt others.

Why the Psychopath has No Sense of Guilt

There is no understanding of this because the individual cannot project themselves into a consciousness that puts them into another person's body, into another person's role. Therefore, a psychopath cannot truly appreciate or understand that the actions he or she are doing would create fear, panic, suffering, horror, dread, or anything of this nature, for the individual upon whom the psychopath is acting on.

This often starts with animals, and it is known that many psychopaths who go on to become serial killers, who become those individuals who would harm others, start with animals, and they have no sense of what they are doing is wrong, immoral, or simply not right. This disconnect that exists has of course a deeper reason than this synaptic failings or the failing of the brain as a unified working organism and that they come from only one section of the brain but does not connect to or even have active that social part of the brain.

A deeper purpose is that the individual *chose* to have an experience in this physical life that further separated the individual from even a sense of social consciousness, that all humans are social creatures, also. That it is a journey both of a discovery of individuality and as well as a discovery of social inter-connection. For most, the journey through life involves both; and that society tends to favor a social consciousness over individual consciousness. Hence, societal needs are first and foremost, before individual needs.

In the psychopath, the purpose is to respect individual needs first and foremost, without regard to social connection, social fabric, social interrelatedness, and therefore, a psychopath has no sense of social appropriateness, has no sense of how to identify with other individuals or what they may be feeling, or not feeling.

Why Society Must Punish the Psychopath

At the same time, another doorway is opened in many psychopaths; that due to the separation from social consciousness, they are open to an influence of those dark energies, those dark influences that would carry them into certain actions and make them go down certain directions, down certain paths. Without a sense of appropriateness in their actions, that they are indeed even harming anybody else, that guided by these negative dark energies, a psychopath might even be led to do things of great violence, things that incur great horror on individuals and that cause a society to react in a negative way to the individual and to the individual's actions.

This is why the society must punish that individual who has no concept of social normality, who has no sense of social consciousness, and who could inflict on individuals in a society or even on a societal level, for many world leaders are psychopaths. There are many examples to be shown, such as Adolf Hitler, and others of the same ilk who could inflict great horror on their societies, on their peoples and not really get it, not really understand what it is about.

The psychopath has the purpose of only understanding itself, him or herself, but even this is not completely understood, because without a social context to put it in, there is no truth to that experience on a social level. Even if the individual feels validated by doing what it does, they cannot understand their action in any context other than doing what pleases them, what they feel guided to do, what they feel directed to do. Thus, the psychopath is a type of life; that some souls will choose to experience extreme separation, not only from that which is the God Essence, the Godhead, that which is the All and the Everything, but even from societal awareness, societal consciousness, so that it is the supreme form of separation in the human physical form.

This Awareness is prepared to go on if the energizer needs other clarification, or if there are any other parts to the question.

The Difference Between a Psychopath and a Sociopath

QUESTION:

What is the difference a psychopath and a sociopath?

COSMIC AWARENESS:

A psychopath tends to be so isolated that the truth of its being, of his or her life, is completely self-directed, completely and totally self-directed. A psychopath may not always choose to go into a forum that would put them in a political situation, or a situation involving more groups of people. A sociopath is a psychopath that does choose to engage on some public level, or some level that includes masses of people, but they do not have a conscience about inflicting harm or hurt to groups of people.

Most Politicians are Psychopath/Sociopaths

In a manner of speaking, a psychopath advancing into a sociopath, is simply taking it to another level of that experience of separation; separation on an individ-

ual level, where they do not have any sense of human contact or need for it, or perceived need, thus freeing them to do whatever they might wish to do or want to do to other individuals, versus going to that next level where they hold that same attitude, but now apply it on a societal level. Thus, most politicians are psychopath/sociopaths. The two are a blend of one another.

That is why so many politicians, although they profess to be there for the people, are truly *not* for the people, and are there for themselves, and therefore, can take on board the actions needed that will lead a society down certain pathways, for they are not worried about the karmic retribution that might await them for doing so. Is this somewhat clearer at this time?

QUESTIONER:

Are you complete?

COSMIC AWARENESS:

This Awareness is complete at this time with this question.

TELEVISIONS AND COMPUTERS MAKE HER NERVOUS

QUESTION:

(Thank you) ,This question is from Ellen Kierstead, from Worcester, Massachusetts. The handwriting is difficult She writes: "Watching television makes me very nervous, no matter if it's black and white, or colored. I feel downright uncomfortable. Recently I was given a TV set and the same thing happened. Since I gave it away I feel far more relaxed. I took a course in computers, and when I walked into the room, I got the same sensation as I had from television. Would you please explain why?"

COSMIC AWARENESS:

This Awareness wishes the entity Ellen Kierstead to understand first and foremost that she is a very extremely sensitive soul, and as such, Ellen would be very prone to the negative energies that emanate from a television monitor. A monitor also is a computer monitor. This Awareness reminds you that the old monitors were often old television monitors or adapted monitors.

Television Sets Have Secret Monitoring Devices Inside

Televisions often have devices planted within them for monitoring individuals, also for sending out harmful rays; even the rays of the television tube itself, especially old technology television tubes that were emanating a powerful energy field that was very disruptive to Ellen's personal energies which is why she could not stand being in a room with the television, or even the old computer monitors.

This Awareness suggests that some of the newer high definition televisions, plasma screens, LED...the new computer monitor screens, might not be as disruptive to this individual, however, there are still the implanted devices that can actually monitor, if so chosen; the television can be used as a monitoring device on individuals and individual households. This is something that most entities are not even aware of, but that on a very deep energetic level, Ellen is very aware of this, and so the two combined together, the powerful fields created from old vacuum tubes for televisions, as well as these monitoring devices are enough to cause this individual great discomfort, even distress, and this Awareness has a simple suggestion: Simply do not

watch television. Simply do not have a television in your home.

It is a bit more complicated with computers, especially if the individual must use a computer, but if it needs to use a computer, this Awareness suggests the newer, the lettering LED monitors are more favorable to the individual and that perhaps she would do okay with these united. There is still the difficulty of any implanted device though, that is used to monitor the individual. Mostly these devices are not turned on. There is only the availability of using them if certain agencies need to spy on certain individuals. They are however, still present, and if this is also distressful to this individual, then she indeed has a problem, for modern technology is such that they are implanted in **all** screens, **all** monitors.

Basically, the reason she is having so much trouble is because of her extreme sensitivity to both the energy fields produced by televisions and computer monitors as well as being sensitive to this device buried into the mechanisms of these two devices.

A Solution: Put Quartz Crystals Around the Monitor

This Awareness has a suggestion for this individual, and that is the use of crystals; that she find certain quartz crystals that have the capacity to neutralize the energy fields of the television and of the computer monitor, and that she put certain of these crystals in and around her computer monitor or her television screen, and this may, for her, and for others who suffer a similar condition, neutralize those energies, so that they are not at the effect of the screens that they are viewing.

This Awareness definitely sees quartz crystals as such, and double terminated quartz crystals in particular as highly effective. This Awareness sees Zirconium quartz crystals as highly recommended for this purpose. This Awareness is now complete.

WHY THE RASH OF MRSA AND BOILS IN CALIFORNIA?

QUESTION:

(Thank you) This is from Avaton. It's an article from a website called Earth Clinic. "Cure Boils, Staph Infections, and MRSA." "Boil cures; the best natural remedies to cure boils. We never would have created these 8 pages devoted to MRSA and boils had it not been for the weird winter in 2006 in Los Angeles. Within a matter of two weeks last January, 50% of everyone we know was breaking out in a terrible series of boils, on the face, arms, legs, back, neck, etcetera, etcetera. We're talking about some very healthy, very active people. We too got boils on our face for the first time in our lives. After talking to our friends, we decided that something really odd was going on, so we talked to several health professionals, from doctors to facialists, to acupuncturists, all of whom likewise reported a surge in boils during this same period of time. Once we heard that, we immediately set up this page on Earth Clinic. One year later, the evidence is growing and alarming.

One theory of why that particular boil spike happened in 2006 has led us down our current path of blaming environmental toxicity and rain. It was a holistic doctor friend of ours that theorized the first big rain of the season brought down a lot of toxins from the air, which everyone inhaled. This same doctor recommended the natural cure you will read below, which has been a lifesaver (literally) for many people.

(3/4/2007) Well, once again it has been raining in Los Angeles, and once again we are receiving another

spike of reports about the new MRSA infections in Southern California. This may not be the case in other parts of the USA or world, but in Southern California, MRSA seems to be triggered by contaminants in the rain." Please comment.

COSMIC AWARENESS:

The first comment that this Awareness has is that this is indeed the truth. The toxins that are released through the rain, that are breathed in, that are on the skin itself, that are absorbed into the skin that create toxicity in the human body. The boils are simply points where the toxicity is breaking out on the skin, and that the white blood cells are attacking the toxic agent at that point, either because it is resting on the skin at that point, or has been absorbed into the skin at that point, or through the breathing in, the toxins are rising to the surface of the skin at a point where the white corpuscles attack it to destroy this foreign agent and thus create boils.

Chemtrails Being Laid Down are Also Responsible

The boils therefore, are eruption of the toxicity in the skin as it is trying to be released from the skin. This is what this Awareness sees as being so. This Awareness also wishes to add another string to this bow. It is not only the rains that are bringing down the toxic elements from the skies and the atmosphere. The chemtrails that are laid down are also responsible for this situation, and often this toxic poison that is in the chemtrail is what drifts down and sometimes even settles on the skin of individuals, is what is also brought down or even released from earth if rains come, so it is not simply a matter of the rain bringing down these toxic poisons which people breathe in.

These toxins, having been put into chemtrails, and the chemtrails having been laid out on the skies, settle down to the earth, onto the grasses and onto the dirt, and that individuals walking on the grasses or working in the dirt pick up these toxins also. They are again absorbed into the skin or released in such a way that the individual breathes them in, takes them in. This spike in the boils, and the reporting of boils, if researched even more deeply, will be seen to correspond with the laying down of chemtrails in the skies above, either the week before, or even days before the outbreaks occurred.

This too is what this Awareness is talking about when *It* says that these harmful toxins are taken into the human body and then the defense system of the body when they collect in certain points in the skin attack them and create the boils which is the body's own way of trying to expel these toxins from the skin. Chemtrails must also be added to the list of why the outbreak of the boils, why the added levels of high toxicity that are in the skies and on the grounds at the time of these outbreaks. This Awareness is complete.

ALL ABOUT THE VARIOUS DIMENSIONS

QUESTION:

(Thank you). These two questions are from Candace C, of Garland, Texas, who asks that if the questions and answers are printed, to please omit her name. Question #1) I've read we are in the third dimension, and are influenced by reptiles from the fourth. Does the third dimension regard the world having three dimensions: height, width, depth? How many dimensions are there? How does one go from one dimension to the other? Do the deceased simply go to another dimension? Will the predicted geological events of 2012 send this world into another dimension? Please explain the dimensions!"

Would you like to start with question number one of that whole question?

COSMIC AWARENESS:

This is so.

QUESTIONER(TAMI):

Does the third dimension regard the world having three dimensions: height, width, depth?

COSMIC AWARENESS:"

This Awareness is unclear about what is being asked in this question.

QUESTIONER:

Hmm. ...I guess, if I'm correct, is calling something three dimensional, meaning that it is based on height/width/depth? So if there's four dimensions: what's the next one? I think she's trying to do the dimensions in her mind, and wants a criteria of why they're numbered.

COSMIC AWARENESS:

This Awareness does state that of course the third dimension has those elements of height, width and depth, as criteria that does control how the third dimension is interpreted, and that the dimensional shift from third dimension into fourth dimension is one that adds the element of time. Rather, the lack sometimes, of the element of time; so time is something that can be superseded in the fourth dimension. Thus, it is more understood, that in the third dimension, where time restricts, in the fourth dimension, time is free. There are no restrictions to time.

Vibration VS Form as a Clarification

This Awareness states that the dimensional concept might be better understood in a manner that introduces vibration, versus just form. The third dimension vibration is a very slow, a very dense vibration, and that which exists in third dimensional form exists at a lower or slower vibration, and thus, it appears that things are solid, more dense; which gives them the qualities of height, width and depth. It is not understood that there is a space between the molecules in physical form. It is seen rather, that a physical form is solid and there is no way to interpenetrate a solid form; at least not in the third dimension, without causing great injury, even death, to do so.

It is really a matter of vibration and frequency. Objects, even humans, vibrate at such a slower speed, that all is separated; all cannot interact at that deeper level. So, the third dimension is seen as a dimension of separation; separation from higher dimensional energies, higher frequencies, higher vibrations. But the body is subject to these third dimensional laws, not the mind. The mind, in the physical body, perceives its situation in accordance to what it has been taught, and if the teaching does not teach that there are ways to escape these lower dimensional forms, then it will be trapped in the separation of the physical: of the low density vibrations and frequencies.

It will not understand when it is in physical form that there are those higher dimensions, those higher frequencies. When an individual goes to sleep, the mind, the middle self, escapes the body, escapes third dimensional form and vibration and is free to go into higher accelerated vibrations. The element of time, from fourth dimension onward, does not exist in the same way, and therefore, the mind, the consciousness, is able to experience the reality of the higher frequency in a completely different way, where it is free from that level

onward, to experience life in a non-physical way, which allows it to do many amazing things that simply would not be available to it in the belief system and structure of third dimensional reality.

Thus it is, that each level of consciousness as it moves onward, moves into higher and more refined levels of vibration, higher frequencies, so that the fifth dimensional frequency is free of those restrictions on the fourth dimension and it is free of that sense of only being individual. On the 5th dimension it is able to now participate in higher levels of consciousness where there is union of mind, of consciousness with others. This exceeds onwards and onwards. There are within the different dimensions, different strata's, different levels, different layers, so that in the 4th dimension you have those layers known as the bardo layers, where there is an imprisonment in mind, in the energies and frequencies of those layers, but they are only slightly higher than the physical form, and one could still become very trapped in those slower moving energies of the 4th dimensional bardo levels.

This Awareness indicates, as one moves through those, they are freed of those imprisoning vibrational energies, as they move into higher strata in the fourth, and beyond the fourth, into the fifth, the sixth, the seventh, the eighth; all the way up to the thirteenth. Eventually, a group consciousness is reached. As consciousness moves forward towards the Godhead, the God Source, that this source is really the consciousness of the Everything and the All, and the vibrational level is so high at that level that most cannot approach it unless they have gone through the many layers and strata's of refinement in frequencies that are required before one can approach the God Source, and this lies up at the higher reaches of consciousness, if you will.

"Consciousness" is not even the appropriate word at this point. The level of consciousness is so high and so complete that it incorporates everything.

QUESTIONER:

Is there an overlay of dimensions?

COSMIC AWARENESS:

This is so. All layers below are overlaid by those dimensions that are beyond them.

She Drives Through Solid Matter and is Unscathed

QUESTIONER (TAMI):+

Okay. I was going through an intersection. A truck cut traffic. By the laws of physics, I should have smashed into the back of the truck, but I literally experienced me and the car going through the back of the truck. I was unscathed. My car was not damaged. I drove away, and it was like: Wow! Was that a dimensional experience?

COSMIC AWARENESS:

Yes, and no. There are several factors seen here. The first factor is that of you and the car experiencing a state of being that allowed your molecules to go through the molecules of the truck. In fact, solid form is actually not solid at all. It is simply a belief system that creates solidness. When the mind is so focused on this belief system, normally to run a car into a truck would result in devastation, death and destruction, but your mind was able to leap beyond that, and was able to leap into 5th dimensional reality, which is your source of being, and in that moment, was able to go beyond the rules of third dimensional physicality, and was able in that instant to

move beyond the dimensional form you were in and the car was in; in fact, you put your consciousness around yourself and the car and the other occupants of the vehicle, and all were shifted into that in between state that would allow the molecules to intermingle and pass through that same space without colliding. This is part of the answer.

She Was Bing Monitored by High Beings

Another part of the answer for you is that you are monitored by High Beings who have seen who you are, and who know who you are, and in that instant of perceived danger, not only were you able to expand in your consciousness to allow yourself to go through this experience, at that precise moment certain energies if you will, were directed towards you which would accelerate and expand that process so that your thoughts became the truth and the reality that you did not accept or allow this event to occur. In that instant it was so, and you melded body and form with that vehicle, and the two vehicles passed through each other. It was therefore, shifting through and past the third dimensional law, but it is even more appropriate to understand you shifted through the belief in third dimensional law, physical law, into nonphysical, non-corporeal existence, with the assistance of certain entities and beings that amplified this thought process and allowed it to occur.

This Awareness wishes to state that this is an experience that also did indeed happen to the Interpreter when he and a friend were driving in Switzerland and a huge truck was coming down the road at them on a curve, and they too in that instant, did the very same thing, and this truck that should have hit the Volkswagen van they were in and obliterated it, also passed through at that angel that allowed them to not be hit. At the time, the Interpreter felt that it was a miracle that this occurred. He could not understand how this could occur, but it is indeed the same as that which you have described, and there are many who have had similar experiences who have automatically jumped dimensionally, even though they are in a physical situation; they have become for that instant interdimensional, of a higher frequency, and thus allow their non-corporeal form at that instant to pass through a corporeal form without any damage.

This is something that can be learned at the higher levels of consciousness, to be applied in the physical.

QUESTIONER:

(Thank you) I also noticed though, that there are people that have this experience, and their mind will rewrite the experience that obeys the laws of physics...

COSMIC AWARENESS:

This is true. They have not perhaps yet reached a point of conscious awareness that would allow them to understand what happened, and therefore, as they exist in a physical reality, their minds have to explain the event in a physical manner. The Interpreter, when he had his experience, could not quite explain it in the terms this Awareness has explained it in, so he simply understood that the truck must have pulled over enough to miss them somehow, but even at that, he was hard-pressed to believe that the truck missed them.

QUESTIONER:

Right. There felt like there was a wrongness to his explanation.

COSMIC AWARENESS:

This is correct, yet at that time, this is the only way he could explain it, even though he did know there was more to it.

ED's Note: Years ago Vikki T had this same experience. She literally drove through a garbage truck that suddenly appeared before her as she was driving into town. Only the astonished looks on the faces of the driver and his helper convinced Vikki she was still alive. She once asked Awareness about this strange experience and Awareness confirmed it was a vibratory change and her High Self had played a major part in saving her life. (This was printed in one of our newsletters but I couldn't put my finger on it at this moment). Avaton

How Many Dimensions Are There?

(Where Cosmic Awareness Exists)

QUESTION:

(Thank you). I'm going to finish on with Candace's question. "How many dimensions are there?"

Cosmic Awareness:

This Awareness wishes that there are an infinite amount of dimensions, for the dimensions open to other dimensions, which open to other realities, which open to other dimensions, so it is a hard question to fully answer, but there are 13 perceived dimensions that will take entities in the evolutionary soul growth process to a point of Cosmic Awareness. This Awareness IS Cosmic Awareness, and *It* speaks to that point of awareness that goes beyond and outside of any reference to individual consciousness, and this Awareness exists in multiple dimensions, on all time frequencies, at all levels of consciousness.

It is a very extraordinarily difficult question to give a precise answer to, and yet, this Awareness will say, that for the sake of the answering of the question, that there are 13 dimensions that human experience passes through on its soul growth, its spiritual journey. Does this answer the question sufficiently at this time?

QUESTIONER:

Yes How does one go from one dimension to the other?

COSMIC AWARENESS:

Through the mind and through that which is known as imagination. It is available to individuals to imagine themselves beyond the physical, imaging themselves into the higher frequencies, the higher realities. The power of imagination is a very underrated power, an underrated capacity of the human mind and the human being. It is advised by this Awareness to work with the imagination and to expand the imagination, because the imagination is the gateway to expanded awareness, expanded consciousness, and that by working with imagination, creating that force of will that allows imagination to be the guide of it, will free many humans of the complete restrictions of the physical and of physical third dimensional thinking. This is the easiest explanation at this time.

The Deceased Go to Another Dimension?

QUESTIONER:

(Thank you) Do the deceased simply go to another dimension?

COSMIC AWARENESS:

This is affirmative. When consciousness is released, it is the mind of the middle self that is released from the physical. The middle self escapes the body every time the body goes to sleep. It is not so that the middle self, the mind consciousness, the sense of self stays in the body all night long, or all day long, when an individual chooses to sleep in the day. It escapes the body and leaves the low self in charge of the body.

This Awareness answered a question about sleep-walking earlier. It is the low self that activates the body while the sense of self is vacant from the body. The sense of self, the sense of being, that sense of the identity of the being of that individual leaves the body at that time when sleep occurs and dreaming begins. Often one might feel the actual departure of that soul portion of the being from the body, and sometimes an occurrence happens that it is pulled quickly back into the body, and the body jolts as the soul portion, that sense of self, the self consciousness is quickly pulled back into the body.

What Happens When the Middle Self Leave the Body

This is what happens: the middle self is re-entering the body so quickly that the body itself jolts. Many have had this experience and this is what that experience is all about. At the time of death, the same process occurs, but the difference is that those connections to the physical body are exploded, destroyed, released. In astral projection, that which is known as out-of-body experiences, is also the middle self leaving the body, but it is still connected by that which is referred to in esoteric circles as the silver cord to the body.

Astral projection is done with a greater sense of consciousness, which is why it is slightly different than what occurs when the sense of self, the soul of the body, the identity of the person leaves in the dream state. There is no understanding on a conscious level, for there is no need to be consciously aware of this departure, as in astral projecting, and therefore, it simply leaves the body. At the time of death it again leaves the body. The Akacord, the silver cord is disentangled, disengaged, released from the physical body, and therefore, the body truly does become the shell that houses consciousness, the sense of conscious selfness.

When death occurs, there is no need to hold on to the shell, for it is done. It is complete, and that which is the conscious mind, the sense of self is free from the physical and is free to go into 4th and 5th dimensional reality to have the experiences of mind without body. This is what occurs at the time of death.

THAT OTHER DIMENSION AFTER 2012

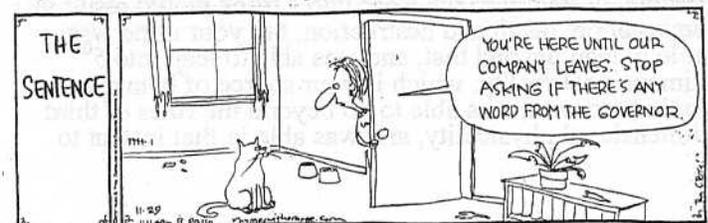
QUESTION:

(Thank you). Now this is the final question, and we are almost out of tape. Still from Candace: "Will the predicted geological events of 2012 send this world into another dimension?"

COSMIC AWARENESS:

This Awareness has actually answered this question many times over, as it refers to two planets that will be created at that time; this creation is already underway, and *It* has referred to the two planets as Planet A, the planet of Ascension, and Planet B, the planet below Ascension. Planet B will be a physical continuance of that which is now the case, and Planet A will be an Ascended Planet Earth at a higher level of frequency, a higher dimensional frequency. So, yes, this planet will ascend, if this entity is referring to Planet A, but there is a Planet B that will not ascend.

This Awareness is complete, and does refer readers to previous discussions by this Awareness on this matter.



CLOSING MESSAGE:

How Higher Frequencies Are Affecting Your Life Now

(Thank you) Are there any closing comments?

Cosmic Awareness:

This Awareness simply wishes to comment that the higher frequencies are very much playing a factor in many people's lives now, and many of the miracles that people are experiencing are because they are moving into higher frequencies where they are freed of a lot of the physical rules and regulations, and this will continue to increase and be so, as the two planets move toward that point of separation, as Planet A moves toward Ascension, and those who choose to have ascension, and Planet B will move toward a greater separation from Spirit.

When this occurs, those who are on Planet B will not experience these miracles, while those who are ascending, and moving their vibrations, allowing the Higher Frequencies to be more the norm, will experience even greater miracles.

A Million Years For Those on Planet B

QUESTIONER:

Planet B that doesn't ascend, it will still have the guidance of angels...I mean, won't some humans eventually be ready to be shifted to Planet A?

COSMIC AWARENESS:

They will be ready in millions of years. This is an evolutionary process, and many who need to experience that full total separation are prepared to go into it.

Many of those who are called 'old souls' have already been through such an evolutionary track and therefore are ready to evolve into higher consciousness, but many new souls have yet to have this sense of physicalness, this total separation from the Divine, and therefore, even though eventually they will move back into a higher evolution of awareness, it is seen that many will have to experience a greater sense of separation, which would mean even a greater sense of separation from spirit, spirit guides, angels and all that would be considered as higher consciousness, here to guide at this time.

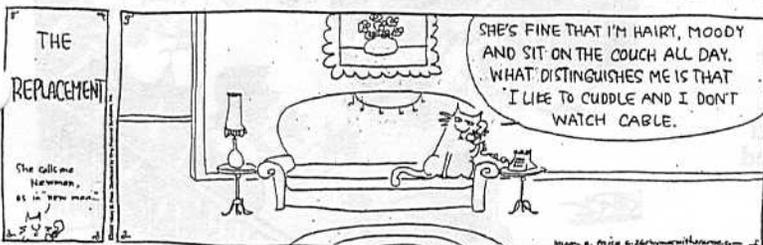
CAC Members Are All Ascending to Planet A

For many, all of these concepts are totally irrelevant at this time. They do not work with angels, High Selves, or anything of the Light, and see this as preposterous. Those who are so inclined are those Wanderers, those Light workers, those beings who are working towards Ascension in this lifetime, and thus are open to these concepts. It is seen that almost 99% of all who would read the CAC newsletters, who would be open to this Awareness and what *It* says, are of a higher Ascended Quality, who seek ascension, and who are ready to move on.

(Thank you)

The Law of Gratitude is given....

To contact the editor email avatont@comcast.net

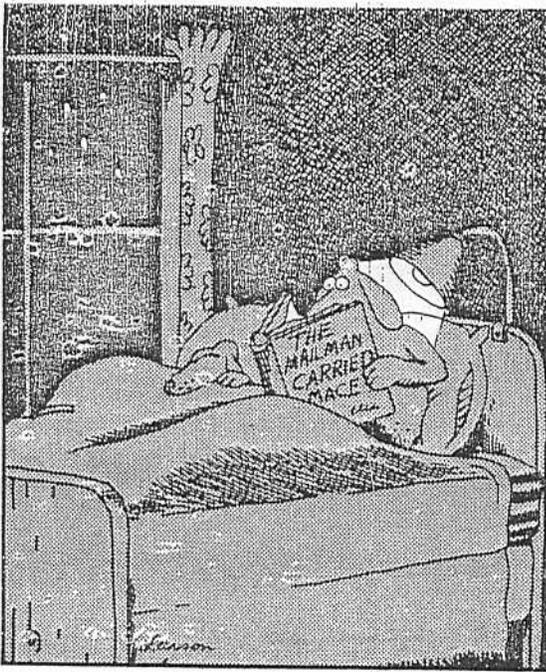


WHAT IS COSMIC AWARENESS?

COSMIC AWARENESS is the Force that expressed Itself through Jesus of Nazareth, the Buddha, Krishna, Mohammed, Edgar Cayce and other great avatars who served as 'Channels' for the 'Heavenly Father' and who speaks again today as the world begins to enter the 'New Age' of spiritual consciousness and awareness. Since 1963 Cosmic Awareness has been communicating through carefully trained channels. This information is for those who desire to help in bringing in the New Age. Throughout the thousands of 'Readings' given through these various channels, Cosmic Awareness tells us not to believe anything, but to question, explore, doubt, and discover for yourself, through your own channel what is the truth. Cosmic Awareness will only 'indicate' and 'suggest'. Neither C.A.C. or any of the Interpreters is responsible for anything Cosmic Awareness states in any of these readings, nor does C.A.C. or the Interpreters necessarily agree with the statements of Cosmic Awareness. The Interpreters interpret the energies as they see them in trance levels and are not personally responsible for what is said. The Interpreters published herein have no connection with, nor control over the editorial comments and material, including illustrations. This is entirely the responsibility of the editor. Members of C.A.C. are invited to send in questions of general interest to ask Awareness for possible publication in this newsletter.

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Health Hints From Personal Readings

(Learn to Accept Small Miracles)

I thank Awareness for the last healing and the encouragement. I play that tape often to counteract the pessimistic viewpoint of my doctor.

The nails on my hands and toes are growing wider. Is this a symptom of some disease?

COSMIC AWARENESS:

This Awareness indicates this as negative in the sense of a particular disease. This Awareness suggests that a thorough examination, a thorough physical examination as being in order some time this year, preferably within six months. This Awareness suggests also that you find a doctor who is well respected by his followers, one that appears quite competent and effective in his abilities, preferably a doctor that has some naturopathic background and yet is not totally averse to the use and recommendation of regular medical doctors of the allopathic method. This Awareness suggests that in changing doctors, you may receive a different perspective in relation to this situation. This Awareness suggests that you not exactly change doctors, but that you simply get another viewpoint on the problem. This Awareness suggests that perhaps your own doctor can arrange to find some expert in that area to examine you.

This Awareness now sends forth healing energies to you, flooding your body with light, sending light toward that area which was dark, wherein there has been illness, sending light into those organs of your body that they may function, cleanse, and purify the system, sending light into the glands of your body that they may emit those hormones necessary to raise your vitality toward healing abilities.

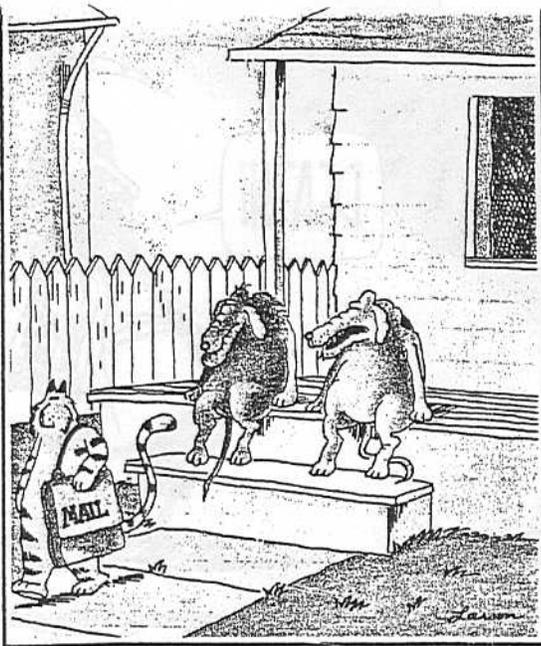
Some Entities Create Miracles by Using Their Minds

This Awareness reminds you that there are entities who by their mind alone can bend nails, keys, stop clocks, change the directions of movements of automobiles or ships; there are entities who can teleport their body from one place to another; there are entities who have been paralyzed for years who suddenly have stood and walked; there are entities whose hands have touched the blind and the blind have been allowed to see; there are entities whose bones have been broken beyond repair, yet these entities have learned to heal those broken bones.

This Awareness indicates that miracles occur upon this plane daily, but only to those who can accept such miracles. This Awareness suggests that to eliminate a clot of blood is a small problem for those who can accept a small miracle, but is a great problem for those whose lives and constant concern and great fear center around that little clot and make it the big problem of their lives. This Awareness suggests that you do whatever is necessary according to your manner of dealing with problems, to eliminate that problem. This Awareness suggests that if an operation is that which appears to be the most clear and workable solution to that problem, then indeed that is the best solution for you.

This Awareness suggests that you not ignore the problem, not simply put your attention elsewhere in false hope or in some kind of faith that it will go away, but that you put your attention on the problem and either force it to go away, or take yourself somewhere to someone who will take it away for you. This Awareness indicates there is no crime in having help from your physician - that you need not feel bad in having faith enough to have a miracle occur in your body, for there are many other ways in which miracles can occur in your life, and those who cannot heal themselves with their mind, have other ways of expressing their divinity. This Awareness suggests that if you feel an operation is in order, then indeed, accept this quickly that you may move on to other areas of life. M780208PA





"We're gettin' old, Jake."

THE COSMIC AWARENESS SPIRITUAL DEVELOPMENT COURSE

Gemini: Volume 3 Lesson Number 9

Question:

Awareness, we're gathered here tonight for the ninth Correspondence Lesson in the Sea of Gemini. The ninth lesson considers extension, expansion, and inclusiveness as forms of communication whereby entities move beyond certain levels of communication and other languages across cultural communication, and moving out of their own sphere into the unknown for discovering new ways of communicating.

COSMIC AWARENESS:

This Awareness indicates in the previous reading, the analogy of the entity moving into a restaurant, into a hotel, seeking to be served and asking for service in a manner that was so general that he was unable to convey his need. This analogy pointing up the difficulty in being general while seeking something specific.

This Awareness indicates wherein entities put in their order and have a specific desire in mind, the request is best made as clearly and as specifically as possible. This Awareness indicates that wherein entities are seeking to communicate, not from a level of having a particular thing in mind, but from a level of questioning, a level of searching, a level of attempting to reach some level of understanding which is not available, the movement then is in the other direction: toward the general.

This Awareness indicates that an entity looking for a specific thing can ask for the specific thing, yet an entity experiencing a specific problem, seeking a solution, may find that the answer to that problem lies in the general nature of the elements of the problem, rather than in the specific parts. This Awareness indicates, for example, in a relationship between entities having particular desires which conflict with one another - an entity can observe this, not being identified with the particular desires, and note the conflict between these two entities. The observing entity can note the difficulty in the relationship, in the communication, lies with the very nature of the desires, the intensity of the desire.

The entities involved in the situation can only see their own particular desire.

This Awareness suggests that wherein these entities observe the outsider watching and ask the outsider, "What can we do? We are having difficulty," and the outsider states: "Your difficulty lies in that your desires conflict with one another and you are not communicating clearly." The entities involved in the situation look at the outsider and say: "Amazing, how did you know?"

This Awareness indicates that an outsider can answer that question for any situation wherein there are conflicts between entities, for in all situations wherein there are conflicts, there are desires which are in conflict, and the outsider need not even be aware of the situation in order to answer accurately in a general sense.

This Awareness indicates the outsider can also proceed to give information from a general level as to how they may resolve their problem with desires, even without knowing what the desires are or what the problem is. This Awareness indicates that entities locked up in details cannot see clearly the higher levels - the more abstract levels of their relationship and their communications.

Entities outside of that situation can have a viewpoint which is somewhat more detached, on a higher or more abstract level, and can assist in working out the difficulties, conflicts, from the abstract level in a manner that allows the entities involved in the situation to apply those abstract solutions to their own particular problems, thus working out their problems of communication by the application of those abstract solutions.

This Awareness indicates this as likened unto the movement on - at a long distance on foot - roaming through the jungles, seeking to reach a particular destination, a rendezvous point with another wherein you and the other do not meet each other in the jungle, yet know each other to be there and to be seeking communication with you, to be searching for that rendezvous point.

This Awareness indicates that on a more abstract level wherein the details - the confusion of details - are less, are more remote from you, and you are somewhat above, looking down on the jungle, you may see the point wherein you and the other have agreed to rendezvous.

This Awareness indicates that from this example you may begin to understand more clearly the dangers of being too specific when seeking to reach levels of communication and understanding in terms of searching for a rendezvous point together.

This Awareness indicates wherein entities wish to communicate something to another, this may be done very specifically. Wherein entities seek to reach levels of understanding with another, wherein entities seek to come together with others at a rendezvous point, this may be done more abstractly, using certain abstract concepts.

This Awareness indicates that the purpose of philosophy and religion, of abstract thinking, is to rise above the details of the mundane levels, to understand through the expansion of mind, through the expansion of awareness, through the expansion of levels, which include all the details in an abstract term so that the movement from one abstract term to another is made quickly and easily, without being caught in the jungle of details.

This Awareness indicates this as likened unto an airplane flight from one city to another which may be accomplished in a matter of hours with little difficulty, with great ease, with a smoothness that allows the entities to arrive rested, full of energy, and ready to continue their day. This as opposed to the entities who struggle by walking, bicycling, or even driving for several days to reach the same point.

This Awareness indicates the struggle of walking through the grunts and groans, wails and lamentations, in order to reach a point of communication, a rendezvous point with another, as that which can drain an entity's soul and damage their physical body. The action of bicycling from one point to another through the use of small one-syllable concrete words, grunts, pointings of the finger - attempts to communicate through these dense levels of verbiage - this also can drain an entity just to reach communication on some simple terms. The action of driving an automobile, a sentence of words from one point to another, a paragraph of ideas moving from point to point, arriving at a logical conclusion (a rendezvous point), this also can drain an entity, even though the entity may accomplish much more and may arrive at a greater distance in the communication and meet on a level which is more beneficial.

This Awareness indicates the entity taking the airplane ride, speaking with the use of abstracts, the basic words which have broad meanings, broad terms encompassing many levels and many details quickly, likened unto flying over valleys, mountains, states, forests, deserts, oceans. This being done quickly, covering much ground in the communication in a manner that allows entities to see where each other is and arrive at a rendezvous point whereby the communication and transactions occur easily, with much refreshed feelings, and on levels which are not tiring to either: this as that which is a step up the evolutionary ladder.

This Awareness indicates that beyond the airplane flight of abstract terms there are also those communications which take place, likened unto the movement through spacecraft, from planet to planet, from plane to plane, from consciousness level to consciousness level whereby an entity simply feels rapport with another, even though words are not spoken, whereby an entity may communicate with poetry, with song, with dance, with a look, with a tilt of the head, with the movement of an eyelash, with the touch of a hand, and say more in those movements than a thousand-page book could say.

This Awareness indicates that even beyond this, there are also levels of communication which may be likened unto movement on rays of light from galaxy to galaxy. This movement and this communication occurs when entities image: the action of imaging another entity or another energy, the action of looking in one's imagination and visualizing another, communicates on an

Pentagon Seeks Reduction in Enlistment Standards

DIDNT FINISH HIGH SCHOOL? COUPLA DRUG ARRESTS? NO PROBLEM!
AFTER ALL, WE DONT GO TO WAR WITH THE ARMY WE WANT.

- WE GO TO WAR WITH WHOMEVER
REALLY NEEDS
THE HONEY.

PLUS THE
HONOR OF
FREEDOM!
GUARANTEED!

I WANT
WHOMEVER I CAN
GET.



abstract level that transcends words, transcends thought, and moves into levels of rapport which communicate feelings to the other without the other necessarily being consciously aware of such a communication. Yet that communication from those levels of imagery can be such that all the details filter down through the planes, through the body movements, through music, through dance, through the touch of a hand, down through abstract communication and into the details.

This Awareness indicates that many close relationships sprouted from nothing more than an image which one of the partners saw in his or her consciousness, which included a picture of that other entity, the other partner, in a manner that imaged the entire relationship in but a few seconds. This Awareness indicates that many entities have seen such an image and may even have forgotten that action and been caught up in various parts of the relationship at future times, in the details, in the abstracts, in the music and dance, forgetting that they actually began the relationship with an image which took place in a matter of only three or four seconds.

This Awareness wishes entities to understand the power of images, for images are those forces which are next to divinity, are those forces which this Awareness uses to bring about manifestation.

This Awareness wishes entities to understand their greatest communication lies in the pictures which they image when thinking about or visualizing one another or visualizing themselves, past or future.

This Awareness indicates that entities can change their past by imaging only the good and forgetting the bad. And, in imaging the good and recalling that which was most beautiful, entities can bring these images up to the present and project them into the future.

This Awareness suggests that entities also communicate with one another in a similar manner. Wherein entities visualize and recall and image the failures, the rejections, the errors of others, and forget the accomplishments, the good of others, this is brought up to the present and always exists there in the relationship. But, when entities can let the past fall, forget the errors of the other, image their best qualities, and always bring these best qualities up to the present, this allows that entity to drop those lesser qualities and retain the best in his or her relationship with you.

This Awareness indicates that wherein communication occurs in many levels: with details, with abstracts, with gestures, with dance, song, music, joy, and with images that are of the highest and best - wherein communication is kept joyous on all these levels, your relationship with another shall always be healthy and harmonious. But wherein the details become distorted

or wherein an image becomes distorted by fears and paranoia or hostility, or from some memory of the past, these things will color any communication on any other level in the present.

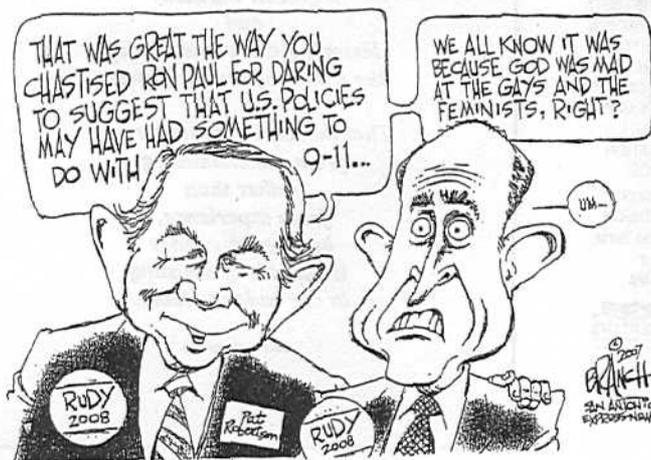
This Awareness suggests, therefore, that entities, in communicating with one another, recognize the art of communication has little to do with the behavior of the other entity, has much to do with what is going on in your own head, for an entity who visualizes another entity as being of lesser significance, or of being deceptive or cruel, or in error, even though you attempt to communicate courteously to that entity, the image you hold will distort and color the communication. For that entity shall surely know on the inner plane of his consciousness that you are not in rapport, regardless of the type of communication and the efforts and the words and details which you present.

This Awareness indicates that it is not a matter of what the other entity is doing, it is a matter of your own attitude toward that entity which creates communication. And, wherein your attitude is correct and appropriate, and wherein your attitude is that which expresses love, and wherein your images of that entity are such that you can see clearly who and what the entity is, yet can also see that even though there are errors within the entity, there are beautiful qualities as well. And, wherein you can nurture and care for and love those beautiful qualities, and can play down and ignore to some extent the lesser qualities, this assists in communicating with that entity, even though the entity may not wish to communicate with you.

This Awareness indicates that this does not mean that you totally ignore any negative actions taken by others, but that you do not allow the negative actions to distort your love for that entity, to distort your ability to communicate with that entity, that you not allow that entity's negative actions to cause you to react negatively to the entity. This Awareness suggests that you simply point out that you understand the entity's feelings and you recognize the entity's expression, yet you also see that there is this other which can be nurtured and which we must consider and work with.

This Awareness suggests that wherein an entity insists on promoting the negative expression and bringing forth his or her negative action for you to deal with, that you deal with this quickly, with great energy, and give the entity the response which he or she desires for that, then just as quickly forget the negative and get on with a positive and constructive rapport - communicating with those aspects of the entity which would like to find harmony.

This Awareness suggests that in terms of your own way of thinking and organizing your own consciousness, that you look at the general abstracts, and from there move down into details. In this manner you may



organize your mind, programming your computer in a way that is efficient and workable for you.

This Awareness suggests that you consider contrast and relationship, for these are the two most abstract terms there are. For contrast points up the differences, and relationship brings forth the similarities; that beneath the contrasts and relationships there are an entire array of other concepts which may be likened unto archetypes, for thinking purposes.

This Awareness suggests that in examining any concept, you look at the contrast - how this concept is different from others, and you look at the relationship - how this concept is similar to others and how it relates to others. This Awareness indicates that beneath these there are other concepts: concepts of polarity/ opposition, concepts of sameness/ similarity, concepts of superior/ inferior, size: large or small - this being magnitude, concepts relating unto dimension/ density. All of these coming under that concept of polarity or similarity, and under the concepts of relationship and contrast.

This Awareness suggests that you consider your various religions and philosophies in terms of these concepts, for in certain levels, they all say the exact same thing. There is that which is superior, that which is inferior. There is that which is greater, and that which is smaller. There is that which is opposite: the good, the bad - the right, the wrong.

This Awareness has asked that you reconcile polarities, and in reconciling polarities, you may begin to understand the nature of using concepts to wipe out details which have been detrimental to mankind upon this plane.

This Awareness indicates the polarities which have existed upon this plane have assisted in creating matter and spirit as opposites; yet, when polarities are wiped out, when polarities are reconciled, entities may begin to recognize that spirit and matter are one and the same. That it is possible to live in a universe of images without superior or inferior concepts, without feeling small or large, without feeling a need to compare, to be opposed, to defend your right against an opposition, to create any form of polarity in order to have a reason for being.

This Awareness indicates that it is possible for entities to be, without considering not being. It is possible for entities to be good without having to consider bad. It is possible for entities to be happy without even considering unhappiness.

This Awareness indicates that entities can simply create within their being, joy, and live in joy without any form of opposition to that joy.

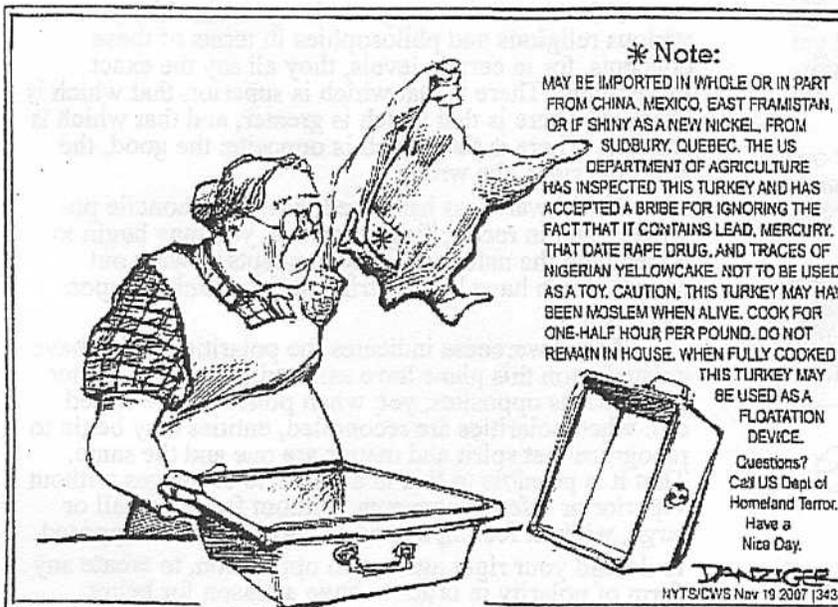
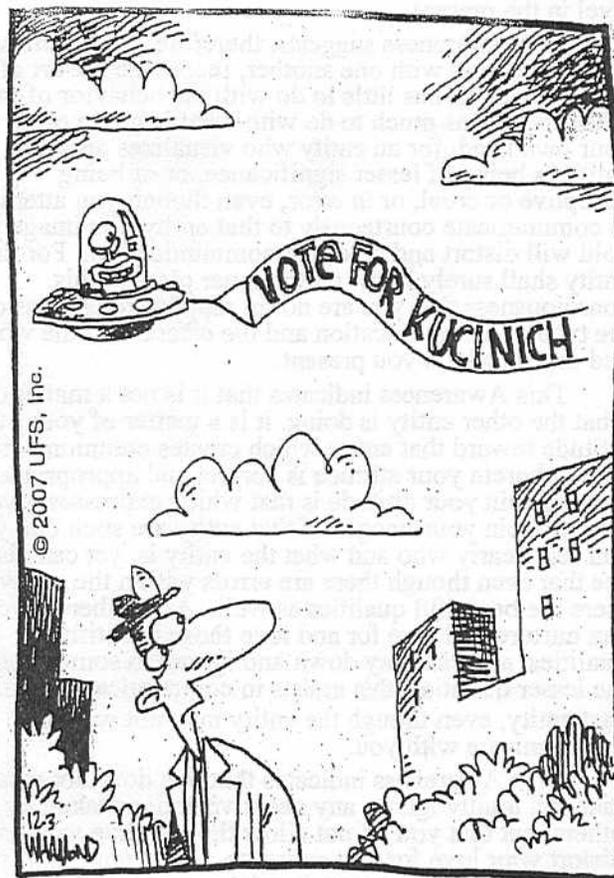
This Awareness indicates that wherein entities begin to build their religions, build their philosophies, build their abstract concepts around those central core concepts which are not in opposition, but are simply the foundation, the pure bliss of being - when entities begin to build their lives upon these stones, then it becomes possible for a new kind of lifestyle to occur within this universe.

This Awareness suggests that the old ways of structuring through opposition are falling away, and that the new way of being, not in opposition, but simply being, is that which is now approaching upon this plane. That more and more entities shall decide how they shall be: whether they shall be in joy or in some other state, and once entities do choose that state of joy, of bliss, they may begin experiencing totally new ways of communicating. And the communications which come forth from that level will not need to worry or be concerned with whether or not they are saying the right thing - how it should be said, whether it will be rejected or not - for they are not interested or concerned about rejection. Such entities are filled with bliss, and whatever comes forth from their communications simply spreads that bliss and joy.

And all movements from these levels then begin to have their effect on others, and communication which comes about from the general levels, the attitudes, the vibration of love becomes the highest language there is, and transcends all other cultural levels, and the use of words becomes secondary and having little meaning.

This Awareness suggests this as the completion of this ninth class in the Sea of Gemini on communication. That any questions may be asked if desired.

(The *Law of Gratitude* is given)



Law of Forgiveness

*Wherein an entity can
cease to continue the wheel of karma,
wherein an entity
willingly stops the wheel of karma,
no longer seeks revenge,
no longer holds frustrated and hostile feelings
towards another
through the Law of Forgiveness,
through the Law of Love,
through the Law of Mercy;
these actions shall assist in bringing about
a greater harmony
and
lessening the turbulence of
the waters of consciousness.*

*That this comes about largely
from understanding
rather than
from experience,
but the experience
is capable of assisting
in the understanding.*

Excerpt CAC Reading Paul Shockley Interpreter

IS THE AURORA BOREALIS RESPONSIBLE FOR ALASKA'S HIGH SUICIDE RATE?

QUESTION:

Adrien Carlsen, Vancouver, British Columbia, has a question, and sent in a small news item which I'll read. "A Psychology professor at the University of Alaska at Fairbanks is trying to prove that geomagnetic storms generated by the Aurora Borealis are responsible for Alaska's high rate of suicide.

"No one knows what part of the body detects these Northern Lights disturbances. Professor Anita Bush thinks it's the retina. "Perhaps a special pair of glasses could shield humans from this cosmic danger," she says." (This appeared in the *Vancouver Province* paper). Adrien's question is: "Is there any truth to this article? How can a reflection of Northern Lights cause these suicides?"

COSMIC AWARENESS:

This Awareness indicates that this could have some effect on the brain-wave patterns. The electrical synapses in the brain carries certain information in an electrical sense, from one synapses to another, which is what is used in the thinking process. If the brain is somehow disturbed by some kind of frequency or vibrational influence, it would have an effect on the way a person thinks.

This Awareness indicates that it *does* appear to this Awareness, however, that a more likely cause of high suicide rate in these Northern areas would be that as has been found to high states of depression in terms of gray skies, cloudiness, and lack of light. The areas that are generally cloudy over long periods of time tend to create more depression or feelings of depression, and entities who have experienced heavy depression find that an increase in light and color in their lives perks them up and makes them feel less depressed.

This Awareness indicates that it may well be that the very atmosphere or climate of being so far North leaves entities feeling greater depression and more hopelessness, whereas if they had more color and more light in their lives, they might not have such a tendency to become depressed or suicidal.

WAS AN ATOMIC BOMB TESTED ON BLACK AMERICANS?

(The Port Chicago Cover-Up is Confirmed)

QUESTION:

I received a sample of a Bob Livingston letter out of Birmingham, Alabama, which has interesting little articles that he says is from a lecture by Gaylan Windsor of Canton, Ohio, in July, 1994. And Gaylan reported that a U-235 atomic weapon blew up two ships and excavated 14 million feet of river rock in the Sacramento river on July 17th, 1944, one year before the atomic bomb dropped on Japan.

"This "test" was a year before the Trinity test explosion at Alamogordo, New Mexico. There was never a word about radioactive fallout and no reports of radiation sickness or cancer in San Francisco. Black sailors, 388 of them, were the bait, and they all died at 10:17 PM, July 17th, 1944. Gaylan says it couldn't have been an accident because the Navy had a movie camera across the river and recorded the entire event."

Does Awareness see any truth in that story?

COSMIC AWARENESS:

This Awareness indicates this appears to be another situation in which humans have been used by the government as Guinea pigs to test weapons and to test certain theories that were important to some long-range agenda. This appears to be correct in his evaluation and description of the situation.

FOLLOW-UP QUESTION:

If it was atomic, why wouldn't there have been radiation sickness and fallout in nearby areas?

COSMIC AWARENESS:

This Awareness indicates that this may have been something that was different from the atomic or nuclear weaponry. It appears that this was based on a different principle.

FOLLOW-UP QUESTION:

And in those days they figured the black sailors were expendable, I assume.

COSMIC AWARENESS:

This is in the affirmative. This Awareness indicates that they were involved in the same kind of operation there as later occurred in Vietnam when weapons would be shipped over and tested in villages deep in the jungles, wherein the weapon would be tested and the village destroyed and experts come in to see how effective the weapon was.

Ed's Note: While putting this reading together 6 years later, I checked the Internet to see if there is any record of this disaster. There is. It is now called The Port Chicago (California) disaster which occurred at that naval base on the Sacramento River on July 17, 1944. Few people know about this story as it has been covered up by the Government for the past 60 years. It not only was the first detonation of an atomic bomb, it was deliberate and premeditated and killed hundreds of black Americans with a single blast, Hundreds more were severely injured. An investigation years later disclosed that the entire episode was filmed by the Navy, which claimed it was a Hollywood simulation of a miniature explosion filmed years later. The original story surfaced after a reporter's detective work was published in the *Black Scholar* magazine, which concluded that "only an intentional film record of the blast could have been made since the probability of having, by chance, a motion picture camera rolling and pointed in the right direction at the right time of night is exceedingly remote." In addition, the film was a nitrate-based film, which would have required the film to have been produced prior to 1950 when nitrate-based film was replaced with non-explosive cellulose-base film.

Why did the radiation go undetected and never reported? The entire area was conveniently added to the Navy base and sealed off. The blast created a crater 66 feet deep, 300 feet wide and 700 feet long in the river bottom. A five-kiloton nuclear bomb on the surface of wet soil creates a crater 53 feet deep and 132 feet in diameter.

Nexus Magazine, Volume 3, #4 (June-July 1996) published a full story on this historic cover-up. For an excellent 10 page excerpt on the Internet, go to:<http://www.dreamscape.com/morgana/sinope.htm>

He Says Distilled Water is Unhealthy

QUESTION:

Another tidbit in this Bob Livingston letter. He quotes from the Standard Process Research. "Distilled water contains no minerals. It is a vacuum, and nature hates vacuums. When you put this vacuum into your system, your whole body throws minerals at it in an attempt to fill it up. So, distilled water depletes your body of minerals and that is bad, yet a lot of people drink it.

"Distilled water is cooked food. Drinking it causes a disturbance in the ratio of the white blood cells in the body." Is that information true?

COSMIC AWARENESS:

This Awareness indicates that it is true that the distilled water does draw minerals to it and helps to pass these minerals off from the body. This Awareness indicates that regular water containing minerals will give

the body certain minerals, but this Awareness indicates some of the minerals in the water are not desirable in the body, depending on how pure the water is.

If the mineral water that entities drink contains good minerals that are healthy for the body, then this would be beneficial. Otherwise, they might as well have water that is distilled and draws off minerals. In some cases this has a benefit in that it can also draw off negative minerals, minerals your body does not need and does not benefit from.

This Awareness indicates that entities using distilled water should consider taking mineral tablets on a regular basis. In this way they can choose the minerals that are most needed in their body. Of course some foods also contain minerals that are beneficial. This Awareness indicates that minerals are essential to absorbing vitamins. If you do not have sufficient minerals, much of the benefit of vitamins is lost.

Does Distilled Water Disrupt White Blood Cells?
FOLLOW-UP QUESTION (VIKKI):

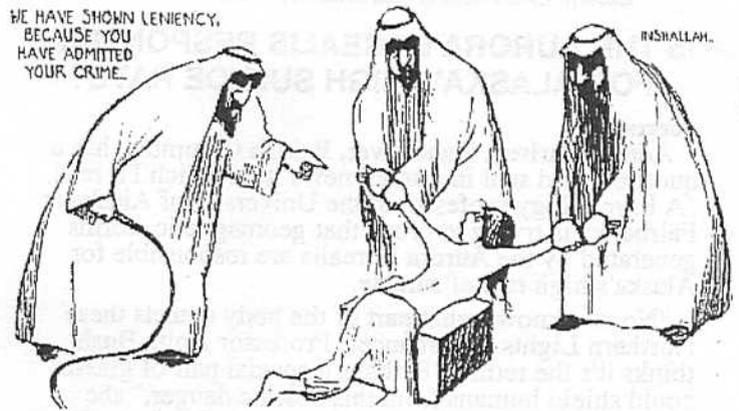
One question on the distilled water. The report that it disrupts the white blood cells. Is that part correct?

COSMIC AWARENESS:

This Awareness indicates that this is seen as being correct. It is a question of how important and how strong is the disruption. It appears that for some entities this can be a problem. For others, the disruption is so minor that it is unimportant. This Awareness indicates in other words, if an entity has reasonable mineral content, it is not going to be a serious problem. But if an entity has been depleted of minerals, the disruption could be that which is serious in its effect.

This Awareness indicates that entities using distilled water would be wise to have a regular check-up that tests the minerals in their system. This Awareness indicates that hair analysis and also some benefits from blood tests can reveal such information. The hair analysis appears to be the more revealing of the minerals content in an entity's body.

Saudis Punish 19 Year-Old Rape VICTIM with 200 Lashes



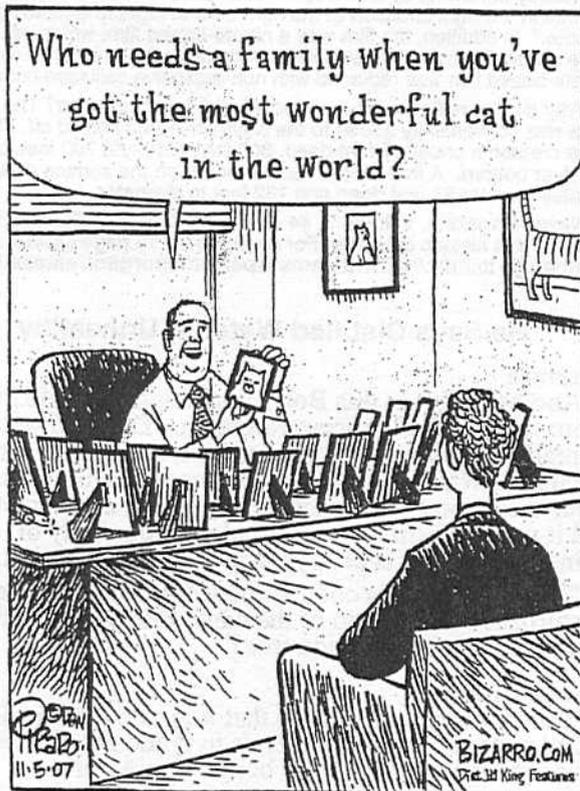
Always Be Watchful at Christmas and Holidays
(Events Often Occur that Affect the Masses)

This Awareness indicates that in the coming months, entities will be focusing on holidays, but always be watchful during these holiday times for events that occur on or around the holiday period, for these are often very significant in that they can often be events that have powerful effect on the lives of people in one way or another.

This Awareness indicates that generally speaking, many things slip through on or around Christmas time, wherein most people are focused on Christmas and family and do not have much concern or interest in the affairs of the nation during these moments. Therefore, things can be done of a mischievous nature without getting much attention or without the attention getting in the way of what is being done, for the people generally remain more attentive and focused on family matters.

This Awareness indicates the same can be said for Thanksgiving in a much lighter way since it is not celebrated with the same focus and intensity as is Christmas and the New Years Holiday period.

(From Revelations of Awareness 2002-7)



Cosmic Awareness is once again asking you to please send Questions we can ask Awareness for possible inclusion in future issues of this newsletter. By mail please send to Vikki T or the editor at CAC PO Box 115, Olympia, WA 98507.
Or please email to the editor <avatont@comcast.net>

—HOW TO GET THIS NEWSLETTER BY MAIL—
EVERY 4 WEEKS I (More or Less)

REVELATIONS OF AWARENESS is a cosmic newsletter, published by Cosmic Awareness Communications, P.O. Box 115, Olympia, Washington, 98507, U.S.A. (A not-for-profit organization). Membership fees and donations are deductible from your Federal Income Tax. Try to remember Cosmic Awareness in your will if you wish to have these messages preserved and available to others in years to come. ("How many have you served, and how well?" is the question we will all be asked at the Passing Over).

MEMBERSHIPS AVAILABLE (Honor System!)

- INDIVIDUAL: \$42 per year or \$12 quarterly
- FAMILY: \$52 per year or \$20 quarterly
- CONTRIBUTING: \$77 per year or \$25 quarterly
- SPONSORING: \$144 per year or \$40 per quarter
- BENEFACTOR: \$500 per year or \$150 per quarter
- PATRON: \$1000 per year or \$250 per quarter
- ANGEL: \$5000 per year or \$1500 per quarter
- LIMITED INCOME: \$30 PER YEAR OR \$9.00 QUARTERLY