

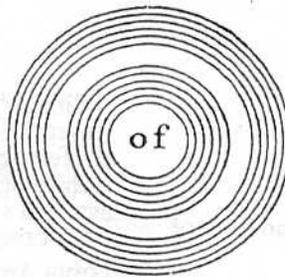
Revelations

The Cosmic Newsletter

E-mail: CosmicComm@aol.com

INTERNET DOMAIN: www.CosmicAwareness.org

FAX: 360-352-6294



Awareness

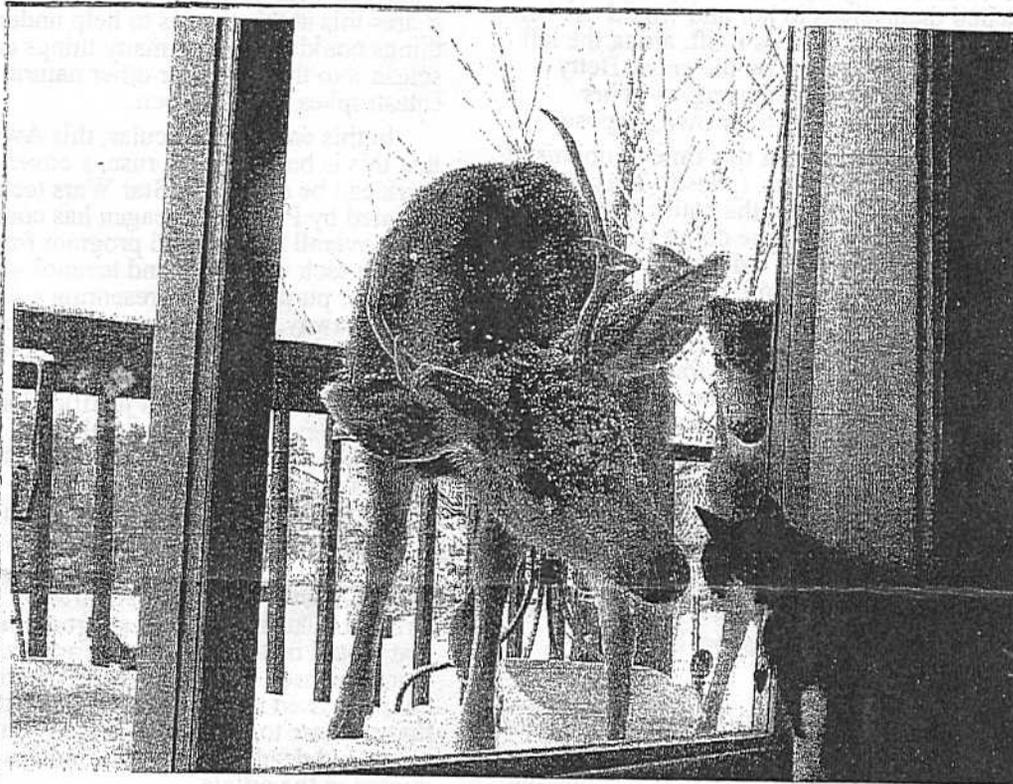
COSMIC AWARENESS COMMUNICATIONS

P.O. Box 115, Olympia, Washington 98507

Helping People Become Aware

Celebrating our 37th Year!

2008-2
Issue No. 620
\$3.00



Index is on page 10

The real reason behind those “dangerous: asteroids that threaten earth

- Reptoids and Neanderthal Man
- Angels, Archangels and Seraphim: Do they exist and why?
- What is that huge hexagon discovered on Saturn?
- Are our thoughts creating “The End Days?”
- Sexual activity by athletes before the big game

CAC Reading 5-31-07 Will Berlinghof Interpreter

Sealing Off a Vortex Gateway

QUESTIONER (TAMI):

Today is Thursday, May 31st. (count of 12 and Law of Love is given)

COSMIC AWARENESS:

This Awareness is present to do this work at this time. This Awareness wishes however, before we do the official questions, that intent was expressed to do healing work for the entity Betty Lambert in Ohio, specifically to clear out any interdimensional energies that have attached themselves to her and would use her. It is seen by this entity that there is a rift, along the left side, as spoken to the Interpreter by the entity Betty Lambert. There are also unwanted energies in her proximity that would use her for their own purpose.

This Awareness is prepared at this time to do this work for the entity Betty Lambert. (pause) This Awareness is complete with its work on the entity Betty Lambert but still wishes to continue doing work on her and, to block energies that are of a dimensional nature, as a dimensional vortex on the land; that certain beings are using this vortex wormhole as a way in at a time that they are no longer required or need. It is no longer their contract, and yet these beings intrude, for they have a vested interest they feel, in the direction this planet goes and would use Betty as well as others, to forward their own purpose.

This Awareness wishes to seal off this gateway, this vortex and it is doing this now. (pause) It is done. This Awareness is now prepared to go on with the official business of the day.

The Real Reason Behind Those "Dangerous" Asteroids that Threaten Earth

QUESTION:

This is an article sent from Avaton. "Scientists Study Ways to Ward Off Asteroid: Gravity Tug, Spaceship Collision Among Ideas" – Washington, NASA and the Air Force are studying ways to ward off a medium sized asteroid that will streak within 18,000 miles of earth in 2029, and has an extremely slight chance of crashing into our planet in 2036.

Ideas discussed at a planetary defense conference here this week, included a "gravity tug," or "space tractor," that would hover near the space rock and tow it into a safe orbit. Other possibilities include a head-on collision with an unmanned spaceship or a nuclear explosion.

In the past 8 years, 754 asteroids bigger than one kilometer (6/10th of a mile) across, have been detected orbiting near earth, but none is expected to come as close as a smaller one called Apophis, which was discovered just before Christmas in 2004. Apophis, named after an ancient Egyptian god of evil, is about 900 feet long, three times the length of a football field, and is traveling at a speed of 12,000 miles per hour.

If an object that size hit earth, it would "destroy England or Northern California," said Stephen Chesley an asteroid expert at NASA's Jet Propulsion Laboratory in Pasadena, California. "Even if it landed in the Pacific ocean, it would cause a tsunami as big as the one that devastated Indonesia and neighboring countries in 2004" according to Clark Chapman, a planetary scientist at the Southwest Research Institute in Boulder, Colorado.

Simon "Pete" Worden, the director of NASA's Ames Research Center in Mountain View, California, told the conference that the United States already has the technology needed to send a mission to deflect an asteroid such as Apophis, but the Bush administration hasn't requested money to pay for it." Comments.

COSMIC AWARENESS:

This Awareness wishes to laugh out loud as the saying goes that is now so used on the Internet and through Internet connections. 'Laugh Out Loud' - for this Awareness sees this as a true fantasy that could happen, but then again, the moon could turn blue, or the sun could collapse in on itself. The reason this Awareness shares this at this time is to help understand that many things could go wrong, many things could collapse or smash into the planet, or other natural events and catastrophes could happen.

In this case, in particular, this Awareness suggests that this is but a blind, a ruse, a cover-up, so that other work can be done. The Star Wars technology that was initiated by President Reagan has continued, and is part of an overall process and program for the development of high-tech weaponry and technology that will be used for other purposes. By presenting a scenario that is far enough away, it is creating an excuse to continue doing certain work that if discovered, would be questioned, if discovered, would be challenged. To present such a threat would seem to be a justification for doing such work, to develop a gravity sink hole, or a gravity tractor that could pull the asteroid away from the planet, is the height of science fiction.

Star Wars Designed to Fight Off the Galactic Confederation

This will indeed be possible at the time such an asteroid as Apophis would appear in the skies, but this is simply a cover-up as this Awareness has already spoken, a ruse to take attention away from the true purpose, and that would be to create Star Wars technologies that would be used to fight off the Galactic Federation, that could be used to drive away those extraterrestrial beings that are here to help in the Ascension process, and the target and deadline for this is much sooner than the dates quoted in the article.

This being said, this Awareness wishes the readers and the membership not to panic over any of this. It wishes the membership to remember what this Awareness has been speaking of so often of late; that you are Creator Beings, and as Creator Beings, to buy into such fear of an event of this nature happening would be to energize such an event, whether it is the collision with the asteroid Apophis, or a collision with that asteroid comet that Nostradamus referred to as Wormwood. It has long been prophesied that a major event such as an asteroid or a comet will hit this planet, and this was known by those who would use such an event to occasion fear in those who read this article and believe its validity. It has after all been prophesied that a major event of this nature could occur, and the Wormwood asteroid comet could appear and destroy the planet.

Such prophecies of late have been projected and put out there to create a general panic and a level of fear in the populace that first of all would justify the need to develop the technologies that could combat such a threat, but it is as this Awareness has already spoken: a ruse, a blind. Because the prophecies of Nostradamus exist, would have it so, many would have the world prepare for such an event, but this Awareness does not see the likelihood of that happening, especially not at the

time predicted, for by then, whatever technologies are needed would be in place to prevent such an event.

If such an event did indeed happen, it would be part of the destiny of the planet herself in her need to experience such an event, and those who participate with her would also have such a need to experience such an event, but this is on an alternate time-line, a different course than what this Awareness senses most will experience, most will have so in their lives. Therefore, as a conclusion to this article, this Awareness simply says it is indeed a delightful fantasy, but not one that is worth energizing.

How Can We Free the Sylphs and Other Nature Spirits Imprisoned by the Reptoids?

QUESTION:

This question is from Maeve Fitzgerald, Rock Springs, Wyoming. #1) Reptoids cannot control the weather when the Sylphs are not imprisoned. How can we free the entrapped Sylphs from the frequencies (black magicians) that have entrapped them?

COSMIC AWARENESS:

This Awareness wishes to give a very simple answer to the question posed. Simply imagine it to be other. Simply imagine the Sylphs to be released and freed. Energize through your intent and the focus of your intent such an event occurring. All of this exists on levels other than the physical. It exists on the 4th and 5th dimensional levels, and that is the place of mind and energy, and to focus your mind and energy would help release the Sylphs from the imprisonment that you envisioned, and that you feel is so.

This simple process will be a contribution to releasing the Sylphs; also by voicing this question, by bringing this to the understanding and concern of those who would read this question and the answer being given, could also then focus their attention and intent on releasing the Sylphs, and creating a situation where those elementals and those Sylphs and extra-dimensional higher-dimensional beings that are here to work with Mother Earth in a most elementary way, can do their job.

How to Free the Sylphs and Other Elementals

To believe that they are free is also essential in this process. To simply know that they cannot be bound forever, and that your intention and your focus, along with the intention and the focus of many others who would do this rescue work will indeed help free the Sylphs and any and all other elemental beings that are trapped in a dimensional prison of sorts. This Awareness also sees that the use of Light and the invocation of the Light towards this cause of creating a freedom for these Sylphs and other elementals, would also be beneficial. This Awareness see it as a visualization of Light around that dark plug that seems to be set up, and the Light will diffuse the darkness until that darkness is dissipated and the dimensional gateway is once again open for the Sylphs and other elemental beings that come from those higher dimensions for the purpose of doing the work with Mother Earth to heal and to protect and to create a brave new world.

This is what this Awareness sees, and this is what this Awareness suggests. This Awareness also quickly wishes to thank this individual for bringing this concern to the attention of the readership and those who would read this article, and also thanks her for her intent to do this work.

QUESTIONER:

Maeve has a second question. It's quite long with several questions within it, so I'm just going to read the whole thing, and then we'll start from the beginning.

COSMIC AWARENESS:

This Awareness agrees to that process.

Why Didn't the Reptoids Simply Enslave the Neanderthal and not Genetically Change Them?

QUESTION:

Why did not the Reptoid simply enslave the Neanderthal instead of modifying them genetically? What I could find in CAC indicated that if the Reptoids did not modify the Neanderthal, then they would have had to use apes, chimpanzees, or do the work themselves. The basic change developed a man with no will power. This implies that Neanderthal probably had will power and could not be manipulated. He couldn't be made to work in the mines or fields. After all, this ancestor of ours did survive and thrive through one of the most inhospitable periods on earth: the ice age.

Since he could not be manipulated or controlled, he was destroyed. Is this hypothesis correct? Modern man seems to be facing a similar crisis. He can't be controlled or manipulated, therefore, the Reptoids seek to destroy him. How much of modern man is the result of genetic manipulation and how much is inherited from our Neanderthal living human ancestors? I do not consider modern man to be a creation of the Reptoids. Only Cosmic Awareness brings forth and creates life. Everyone else appears to manipulate that life."

Okay, so we'll start with the first question: "Why did not the Reptoids simply enslave the Neanderthal instead of modifying them genetically?"

COSMIC AWARENESS:

The answer is very simple here also. They were too stubborn to be dominated and enslaved. They were too difficult to control. The success of using Neanderthals was limited and was deemed as not worth the effort. There was even loss of life of Reptoids themselves when the Neanderthal men would turn on their masters. Simply using pain and such techniques did not work on the Neanderthals. At least it did not work fully and completely all of the time. Sometimes it would work to a limited degree, but when a Neanderthal got his mind set, they could endure tremendous amounts of pain, to the degree and to the point that the pain and the control techniques used by the Reptoids on these beings would kill them. They would not desist or stop, even though the pain inflicted on them was great indeed.

It was seen that rather than lose anymore of their own people, of the Reptoids themselves, that they would use genetic engineering to modify these very stubborn creatures and create a more compliant slave for the purpose of the Reptoids, for the purposes of the Anunnaki, and this is why a genetic engineering program was initiated. This Awareness feels that this is the complete answer to the first question and wishes to move on now to the second.

Did Neanderthal Man Have Will Power?

QUESTION:

What I could find at CAC indicated that if the Reptoids did not modify the Neanderthals, that they would have had to use apes, chimpanzees, or do the work

themselves. The basic change developed a man with no will power. This implies that Neanderthal probably had will power and could not be manipulated. He could not be made to work in the mines or fields. After all, this ancestor of ours *did* survive and thrive during one of the most inhospitable periods on earth: the ice age.

COSMIC AWARENESS:

This Awareness wishes to stop the energizer here, for there are many points that this Awareness wishes to address already. *It* has already spoken on the point of the Neanderthals being strong-willed, even stubborn in their purpose, and they were not easily subjugated, not easily controlled. They did have a high tolerance of pain, as this Awareness has spoken, and it was just deemed as not worthy to try any further to control these beings for they were dangerous to the Reptoids, the Anunnaki Masters, and another path was pursued, as this Awareness has mentioned, the path of genetic engineering.

The Hall of Mirrors Where Genetic Monsters are Created

Those first creatures that were formed from this engineering were strange creatures indeed. This Awareness has spoken of this many years ago when *It* spoke of those halls that were created by those extraterrestrial beings who were doing this genetic engineering and that many hybrids and mutants were created at that time, many of which went on to form the mystical creatures and beings that were the basis of many early mythologies; the centaur; half man, half horse; the Cyclops, the Harpies; many of the Greek mythological beings and creatures came from this Hall of Mirrors, this place of deception, where the genetic engineering programs took place, all for the purpose to create originally a being that could be used in the mines of the Anunnaki and the Reptoids, that could be used to service the gods.

How Human Beings Were Created by Genetic Engineering

Such did occur in Mesopotamia, in the early Sumerian civilization, where mankind was first manipulated and created. The original prototype, if you will, was a very docile being that did not fully meet the needs of the masters, and thus further genetic engineering was done on these beings. The Reptoids themselves did not fully engage in this work. They were more in a supervisor role, overseeing those who did this work, who were extraterrestrials known as the Sirians. They were not truly compliant or willing to promote entirely the program of their Anunnaki compatriots. This Awareness does not see that the Sirians were totally enslaved by the Anunnaki Reptoids but they were subjugated somewhat, a little less powerful than those who would control them, so they were forced to do this work, and they decided to sabotage this work, by creating a being that would develop spiritually, that would develop its own will power to a point where this could become a problem at a later date.

At first this seemed exactly the creature that the Reptoids, the Anunnaki wished to have for the purposes that have been expressed; to work in their mines, to service the gods, to be at the disposal of the gods, of those who considered themselves gods. But, the original prototype was simply too wishy-washy and was not strong enough or capable of doing the many complex things that the masters wished them to do. Also, this Awareness quickly wishes to insert that the chimpanzees, the apes that were suggested earlier in this article were just not sufficient to the purposes of the Anunnaki and they simply were not seen as viable alternatives. That is why they went to the original Neanderthal man.

The Neanderthal man's progress, if it had been allowed to develop in the evolutionary process, would have taken millions and millions of years to reach a point where it was highly developed to the degree that it could think in those higher strata that were needed by the Anunnaki, and this was simply not what they wished. They did not wish to wait so long, hence the program that was initiated, the bio-engineering, the genetic engineering program that was initiated using subjugated peoples, the subjugated race the Sirians; however the Sirians were much stronger and had a different understanding, and could see deep into the future and understood that while it was appearing as if they were cooperating with the program, they really had their own agenda, and created Cro-Magnon man and modern human Homo Sapiens beings, who would, at some point into the future, rebel against the masters.

This is what was their intent and their purpose, and this leads to the next question, and this Awareness asks that question be now asked.

NEANDERTHAL MAN DISAPPEARED OR WAS DESTROYED?

QUESTION:

Since he could not be manipulated or controlled, he was destroyed. Is this hypothesis correct?

COSMIC AWARENESS:

This Awareness jumps in here quickly, before more information is given and more questions are asked. The hypothesis that the Neanderthal man was destroyed is somewhat correct. It would be more correct to understand that the conditions for the Neanderthal man changed and his continued existence was threatened. The Anunnaki somewhat created this situation that would see these beings come to an end. They were somewhat fearful that somewhere down the road, these Neanderthal creatures in the course of evolution, would indeed reach a stage where they could fight against the beings they were subjected to; those being the Reptoid masters.

It was seen that in the distant future, if the Neanderthal man was allowed to continue and evolve naturally, they would be a great problem down the road, and so certain conditions were created on this planet that starved them out and created harsher conditions than they themselves could not even endure. They were brought into a certain area and region, and it was the design and intent of the Reptoids to eliminate them through what would be considered an almost natural process. It is not seen that they were simply destroyed, but they were allowed to be destroyed by natural means, and thus, the Neanderthal man faded from the picture.

What Happened to the "Missing Link"?

It is interesting for those who would study anthropology; that which is known as the "missing link" occurred after the demise of the Neanderthal man, and the evolutionary theory suggests that there is a creature that is missing between the less developed Neanderthal man and the highly developed modern man or Cro-Magnon man. This is that period of genetic evolution and engineering. There is no "missing link."

Neanderthal man was taken and adapted for the purpose of creating a slave race. An intelligent being that was able to be controlled and manipulated with no will power; that was the initial demand of the Anunnaki to the Sirian scientists who were to create such a man: Intelligent, but no will power, no desire to stand up

against the masters, no desire to rebel, but intelligent enough that they could do most of the menial tasks that were assigned to them. The Neanderthal man was simply too great a problem for this, and did not have that intelligence, and this is why this task was assigned to the Sirians, to create such a slave race for the Reptoid Anunnaki.

This Awareness wishes to move on to the next point in the article.

HOW MODERN MAN IS REBELLING AGAINST THE REPTOIDS

QUESTION:

Modern man seems to be facing a similar crisis. He can't be controlled or manipulated, therefore, the Reptoids seek to destroy him.

COSMIC AWARENESS:

This Awareness indicates that this is somewhat true. The program that genetic engineering that the Sirians engaged in was that they took the Neanderthal man and combined the brain with the Reptoid brain; thus the modern brain that has the primal Reptoid brain beneath the cerebral cortex of modern man, thus blending some of the qualities and nature of Reptoids into modern man through the infusion of both the simian brain and the Reptoid brain, and this created modern man.

There was seen by the Sirians, in their attempts to fight their own captors, their own enslavers, a hidden agenda. That hidden agenda was that they understood that with time, the creature that they created for the Reptoid Anunnaki would reach a place of its own awareness and understanding, its own enlightenment to its own existence, and reach a place where they could be an effective agent against those very same masters that had them created in the first place. They could indeed rebel against the masters; the robots rebelling against the masters; the robot rebellion as that entity David Icke has written of, and that is where the situation is at this time.

The creature created, modern man, is now at an evolutionary and a spiritual point where it is ready to rebel, where it is ready to stand up against those agents who are hidden now, who seek to control from the fourth dimension, and would continue the enslavement process that they initiated so long ago, for it is felt by them that it is their right. They did after all, create modern man for the express purpose of being the slave race to the Anunnaki, to those who are of that Orion Empire now; the Reptoids, the Orions, all part of the Anunnaki, and those who created in the first place, and it is seen by them as their natural right to reclaim their heritage.

Why Aware Entities Will Not Go With Planet "B"

This is part of the agenda of the Anunnaki, and it is part of agenda of that planet that this Awareness has referred to as Planet B, which will go into a denser energy as the enslavement does occur, and that those who need to experience such a reality will participate in such a course of history, but that the original plan of the Sirians, who were able to see deeply into the future, also created those who have lifted their spiritual awareness to such a degree that they do not need to choose that path of enslavement. They do not have to go the route that Planet B will descend into.

They can rise themselves up to Planet A, and ascend. They can become spiritually enlightened and illuminated, and in this enlightenment, fulfill the purpose that the Sirians originally, so many millions of years ago, had for this race that they were creating with love and deep

desire that they would progress to such a point. The Sirians have overseen this evolutionary process. They are part of the Galactic Federation now, and have had a vested interest in maintaining and perpetuating this human race that they helped to co-create so long ago.

This is why it is seen that modern man is perhaps becoming difficult to manage and maintain by the Reptoid Orion Anunnaki masters, for they are rejecting this now, for they are asking the questions and they are taking the actions that will set them free. This Awareness jumps in again, for this is such a complex area that spans millions and millions of years and has so many offshoots to it, that this Awareness has much to say on the topic. This Awareness was about to explain that this is all part of an overall Divine Plan; that even those agents who created all of this in a physical way, that created originally a slave race that was meant to evolve to a point of spiritual choice and evolution where the will could be so strong that different choices were made and the original creators could be superseded; even this is part of the Divine Plan, the Greater Plan that this Awareness has often spoken on.

It must be seen in this light also. Now this Awareness takes a pause and asks that the questions continue.

Modern Man: How Much Genetic Manipulation?

QUESTION:

How much of modern man is the result of genetic manipulation, and how much is inherited from our Neanderthal living human ancestors?

COSMIC AWARENESS:

This Awareness will answer this question briefly. Nothing remains of the Neanderthal other than the simian brain that was originally used. By this, this Awareness simply means that that which was the Neanderthal energetically does not exist in modern man. The Reptoid brain is also of the same nature. It is still there, and there are traces of the characteristics of Reptoid, but in truth, this does not exist also. Modern man is at a true evolutionary point, a jumping off point, and it will finally become its own creature, its own being, in the highest sense of a spiritual evolved being. This is just around the corner.

The simple answer is: Not much remains of either the Neanderthal simian brain creature, or the Reptoid being that were fused and created the slave race originally.

He Doesn't Believe the Reptoids Created Man

QUESTION:

I do not consider modern man to be a creation of Reptoids. Only Cosmic Awareness brings forth (creates) life. Everyone else appears to manipulate that life.

COSMIC AWARENESS:

This is somewhat correct. The Reptoids as such were not the creators of modern man. They had a purpose, a design and plan that they wished filled, and they did have certain of their own who could understand the scientific techniques needed, and these were the ones who supervised those who did the work. The work was done by that race known as the Sirians, and this is how it was. Saying this, this Awareness does wish it understood that they were the agents through which this Awareness worked, through which the Divine worked.

The Creator's Divine Plan is Placed in the Hands of the Reptoids

This Awareness spoke a moment ago of an overall plan, a Divine Plan that saw so deep into that which is

called the future, that it created at that point a possible way for this all to go. There are many offshoots, as this Awareness has said, but the main focus was to create eventually, a being who would reach a point of self-awareness, who would become able to take the next evolutionary step and become an enlightened being, and that is what is ahead at this time. It is a choice for all to make. In the greater sense, this Awareness, the Divine, the God Force, All That Is, did indeed create mankind, but *It* did use agents to make this so. *It* had *Its* hands who did the work, and the hands were those of the Reptoids and the Sirians who were working for a deeper purpose, the purpose of this Awareness, the Godhead, and the Divine.

Are Our Thoughts Creating "The End Days?"

QUESTION:

This question is also from Meeve Fitzgerald. She writes: "Are we creating The End Days with our own thoughts? Christians all over the world are evaluating the evidence in support of the idea that this time is The End Days. Are we creating The End Days with our thoughts?"

COSMIC AWARENESS:

This Awareness has spoken of how one creates through the thoughts and the intent, and that by putting out that these are The End Days, that indeed does focus the thoughts to the creation of that scenario, and that these therefore become The End Days because it is thought and believed that they are The End Days. That is the easy answer. That is the simple answer. However, this Awareness wishes all to understand also that there has been a Divine Plan all along, and that it has always been the wish for this Awareness and for the Godhead that the spiritual evolution known as modern man, that creation known as modern man, was such that it was wished that it would evolve to such a point where it could ascend, and take that next leap of development to that level where it became co-creator with this Awareness and with the Divine, and for this to happen, a point would have to be reached where that which was by necessity, must end, must come to a conclusion, must change.

The Contingency Plan to the Ascension

Saying this, there is also a contingency plan that will allow to some degree, the continuance of that evolutionary plan or course of action; a course that does not spiritually evolve, does not ascend to that next level, where those individuals who do not have the capacity, who have not developed to the degree needed to ascend, to jump forward, to evolve spiritually, will continue the physical journey, the three-dimensional journey, and there is seen as a digression into a greater state of separation, where the illusion of separation will become even more profound, more deep, and this is of course the alternate path that this Awareness has spoken of on many occasions.

Those who have a need to develop this way, can continue to do so. These End Times that are spoken of on this route are also relevant, because the change that is about to come will see a loss of the personal freedoms and the democracies created already by mankind, as these are taken away, reduced, destroyed and eliminated. Therefore, it can be seen that the End Times could also refer, not to a high ascension process that liberates the spiritual soul and being that is aware and ready for such a release and such a jump, a quantum leap; it could also be seen as the ending that would later be known as the

Golden Time, the Golden Age, a high point in civilization before the digression down into a much more brutal and dense state.

These Are the End Times and Also The Beginning Times

This also could be then referred to and seen as The End Times, but from a diametrically opposed position. In any event, these are times of endings. These times needed to be created, and in speaking of it, that: "These are The End Times!", helps to focus an energy that will bring to conclusion this grand experiment that has been followed for the last 25,000 or so years, so that there can be a new beginning, a new way forward. For every ending, there is a new beginning. For every death there is a new birth into a different state, a different place.

So, while these are The End Times, it is also the Beginning Times.

ANGELS, ARCHANGELS AND SERAPHIM— DO THEY EXIST? AND WHY?

QUESTION:

This letter is from Mary Joyce Skinner, from Gulfport, MS. "Awareness has covered the fallen angels in the past, however, I would like more information on the other angelic beings who did not separate. Could Awareness elaborate on the angels, archangels and seraphim? Do they exist, and what is their purpose? Does each angel have a specific role? Does everyone have a Guardian Angel, or is it just our Higher Self? Do they exist as earthly beings in any way?"

COSMIC AWARENESS:

This Awareness wishes to start from the beginning.

QUESTIONER:

Could Awareness elaborate on the angels, archangels and seraphim? Do they exist, and what is their purpose?

COSMIC AWARENESS:

This Awareness indeed could elaborate on those beings that are known as angels, seraphim and archangels. This developed as a belief system based on a concept of God, a God that was ultimate and supreme, and who had, under his command, so to speak, a hierarchy of beings of a lesser degree who could be used to serve the Lord, to serve this god, The God, and thus developed from the Christian understanding of God, a hierarchy, an understanding that there were levels upon levels, and that man was the creation of God on the physical, but that superseding him were those levels of the angelic and the angelic realm.

The Meaning of the "Fall of the Angels"

Through the countless years of belief in such a system, these beings truly were created. When this Awareness speaks of the Fallen Angels, *It* speaks not so much as beings who had wings on their back that fought a battle in heaven, for such did not really occur. What occurred was a grand experiment where it was decided by the Creator Being *Itself* that *It* wished to know *Itself* in another way, from another angle, and that those who were there with the Greater Being accepted a role where they left the Creator Being and became focused on themselves, the separation being that which is known as the Fall of the Angels; the separation from the Godhead, from the Divine, from the Essence of All.

Those beings that chose to separate from the God Force lost their way as was the design, and was the purpose of the experiment. They became separated and could not feel within themselves their connection to the

Divine any longer, and thus became an oppositional force that developed in Christian lore into the Fallen Angel Lucifer and his horde.

The Luciferians and How Religions Started

This Awareness wishes to continue with this explanation, in that those who were the fallen ones, the Luciferians, went on to create conditions, that mankind also suffered this illusion of separation and thus religions were born that further divided mankind from the Godhead, and in this creation of the mythology of the heavens and the earth, the angelic beings were created as they are seen and understood to be now: these beings with their wings who served the Lord, who served the God.

How the Grand Fantasy of Heaven and Hell Began

These beings that were seen to be loyal to God: Archangel Michael, Gabriel, Raphael, and others, and the angelic beings who served under them, and the Seraphim, were created through the historical times to be shown as the faithful ones, the loyal ones, those who had never left the side of the Lord, who had fought those who did separate, and a grand fantasy was created where this battle occurred, and where those who were loyal were rewarded for their loyalty by sitting at the right hand of God, by being allowed to live a perpetual eternal existence in heaven, where those who turned from God were cast down, thrown down into the depths of Hades.

This is a fantasy, an illusion, a story created to explain to the children why God could love some and not others, why he could allow some to suffer and endure great pain and anguish, while others were rewarded; to explain good and evil and more was why the angelic realms as they are understood historically, were created.

Real Angels Do Exist on the 5th and 6th Dimensional Planes

Saying this, this Awareness now wishes to explain there are indeed creatures who this Awareness would describe as angels, or part of that which are the angelic realms, but they are not angels in a traditional Christian way. They are beings of a higher evolution, a spiritual capacity that they reached in their evolutionary process. They are not beings who ever needed to experience the physical and have always existed in the 5th/6th dimensional planes of existence and who can, if they wish, work with those on lower levels, such as humankind, and they do have as an intent, to help in the evolution and the progress of humanity, but they are not strictly speaking as the Bible has portrayed and as Christian mythology has portrayed.

The True Angels are now Described

They are incredible creatures that are seen to be of pure light. They are beings that are larger, taller, bigger than ordinary humans. They are seen to have strands of trailing energies, even from the back. They are somewhat humanoid in shape and form, but truly are not humanoid, and those strands of energies coming from the back are what were portrayed as the wings of the angels. It is simply their form, but it is not real wings that they possess as depicted in the Bible, or as in the many artistic portrayals of angels. It is simply strands of energies, streams of energies that trail from these beings.

It is correct to understand that they compose the angelic realm, but there is no real division, no hierarchical structure which has archangels, seraphim's and simple angels. Their energies are most definitely advanced and higher than those energies of mankind. They do exist in that spiritual dimensional reality, but there is no hierarchy; there is no Archangel Michael versus the Christian concept which would put Archangel

Michael as the highest archangel of all. There is a creature being that is a leader being, but it is simply not seen in a hierarchical way. It is simply his role, his function, and even using the gender "his" is inaccurate, for these beings are not male or female, but rather androgynous in their nature.

The Realm Where the Myths of Angels Began

It is from this realm that the myth of angels developed. It is also from that separation from the consciousness of the Godhead that the myth of the fallen angels, the battle of the angelic beings derived. This has, over the many thousands of years, created a belief structure, and as this Awareness has spoken, this belief structure therefore created itself, and there is therefore a certain validity also in believing that there is a hierarchical order; that archangels, seraphim angels themselves exist, that the fallen angels exist, for it is now so. This has been created through the beliefs of the many over the countless eons who have held it to be so.

This extends further back than even the modern Christian age. It goes back into ancient times; this belief in these beings. Other times considered these beings gods, separate gods, many gods. The modern Christian belief eliminated these gods for One God, *the* God, but it created instead the many layers and levels of servants to this god; these servants becoming the angels and angelic realm, and this does therefore have a validity, because as the belief goes, so is the reality that is created around it.

So on one level there is truth, and there is reality, to understand the hierarchical nature of the angelic realm, but that which is the truth of it lies beyond such a concept. Such beings *do* exist. They are showing themselves more and more and it is popular in these times to believe that the angelic realm does exist, for they are seen more and more, but it is these true creatures of the angelic realm, these true creative creations of the angelic realm that exist, that are showing themselves more and more, and this Awareness has no problem with those who would believe that a hierarchical order exists, but *It* does wish a better understanding, a more accurate understanding of the realm of the angelic to be offered at this time and to be considered at this time.

This Awareness is complete, but wonders if *It* has answered the nature of the question as it was posed.

QUESTIONER:

Yes. But she has a lot more questions.

COSMIC AWARENESS:

This Awareness wishes to continue.

Does Each Angel Have a Specific Role?

COSMIC AWARENESS:

Given what this Awareness has just spoken of, *It* must answer this question by the two angelic realms that are seen to exist. In that which is the true angelic energies, or those creature beings known as the angelic realm: No, there is no specific role. They are in a sense a group soul, also as well as individual expressions, so they work together and in harmony to create an overall purpose. Sometimes individuals do appear, but more often, they come in twos and threes and that which they know and experience is transmitted to the whole, to the complete angelic realm, so all know and all are participants.

In the more traditional understanding of the angelic realm, then yes, various angels and various archangels

have specific roles. It is seen that Archangel Michael is the supreme archangel leader of all the angelic realm, and that his role as leader is defined in certain ways, as is the role of Gabriel or...

TAMI:

Ariel?

COSMIC AWARENESS:

No. Ariel is indeed one of the archangels. This Awareness was thinking of Raphael, and also others of the archangel realm. Yes, therefore, in this concept as held by many, for it is so popular at this time in mankind's evolutionary history to see the traditional angelic realm as relevant and real, to believe that these beings have individual roles based on who they are, and where they arte in the hierarchical structure.

This Awareness can move on.

Do We All Have a Guardian Angel?

(Or Is It Just Our High Self?)

QUESTION:

Does everyone have a guardian angel, or is it just our Higher Self?

COSMIC AWARENESS:

The entity Mary Joyce Skinner is very perceptive in understanding that the concept of the guardian angel is truly a High Self energy. Traditional Christian thought would not allow the individuals to understand the trinity concept as applied to each and every one individual, each and every one being. Each and everyone has a High Self, middle self and low self, and this concept was translated into the religious concept of Father, Son and Holy Ghost, and given to an exterior priestcraft that were the authorities and experts to reaching Father, Son and Holy Ghost. It simply was not seen as beneficial to allow the masses to understand the truth: that they themselves had a High Self, a low self and a middle self.

How and Why the Controllers Removed the High Self

To perpetuate this myth, this con, the High Self was removed, and in its place, for people still often felt and understood they were connected at higher levels, the concept of a personal guardian angel was introduced. Its purpose was to allow the faithful to understand that God in his love for them was so great that he would assign to each of his children a personal guardian angel, but at the same time, this was meant to devaluate the truth and to take away that truth: that each and every being has that force which is known as the High Self, for if it was known that all had a High Self, then it might be that the individual turns away from the manipulation and control that the church was trying to establish and hold over the individual.

A guardian angel, that did not interfere as much, that was not truly accessible, was a much better solution, for it would prevent and block the individual from considering even that they had an aspect or component of himself that extended into the spiritual realms, and that could interact with the individual, guide him and teach him or her of course, that higher truth, that higher authority, and that higher authority and that higher truth truly exists within the individual and is not exterior to the individual.

By introducing such a concept as the guardian angel, this made it safe for those controllers, those who were in charge of the church, who wished to control individuals to the degree that the church did, and thus, this is why that concept of the guardian angel was introduced. The guardian angel concept was a diluted form of a High

Self that did not pose a threat to the controllers of the church, and that is what the guardian angels were about.

Do Guardian Angels Assist in Any Way?

COSMIC AWARENESS:

No. Guardian angels do not assist earthly beings because they are fabrications. What does assist are the High Self energies of each and every human that exists and is on the earthly plane at this time. If one wishes to understand that the Higher Selves are the guardian angels, then yes, guardian angels do exist, but this Awareness wishes to state implicitly, that the guardian angel is the High Self of the individual.

QUESTIONER:

If I might clarify, my impression is that Mary is asking: Do the angels, the angelic beings assist earthly beings in any way.

COSMIC AWARENESS:

Yes. There is that level of assistance that is being given from the spiritual realm by spiritually aware and enlightened beings, be they of the traditional order of the angelic realm, or that which this Awareness has spoken to, that is, the true angelic realm. This assistance is given. This assistance is available, especially at these times when the veil between the dimension are thinning, and it is easier to access 4th and 5th dimensional realities, which are the true homes of the angelic beings, and this cooperative energy that is being given is such to help the spiritual evolution of humanity at this time. That is why so many are starting to sense and feel the presence of angels in their lives, and this is a real force, a real energy that is being projected to humans at this time, that is being given at this time.

So both levels and understandings of the angelic realm are indeed assisting humanity at this very crucial time of transformation and transition. This Awareness is complete.

WHAT IS THAT HUGE HEXAGON DISCOVERED ON PLANET SATURN?

QUESTION:

This is another article from Avaton. "Headline: Bizarre Hexagon Spotted on Saturn." One of the most bizarre weather patterns known has been photographed at Saturn, where astronomers have spotted a huge six-sided figure circling the North Pole. Rather than the normally sinuous cloud structures seen on all planets that have atmospheres, this thing is a hexagon. The honeycomb-like figure has been seen before. NASA's Voyager I & II spacecraft imaged it more than two decades ago. Now, having spotted it with the Cassini spacecraft, scientists conclude it is a long-lasting oddity.

"This is a very strange feature, lying in a precise geometric fashion, with six nearly equally straight sides," said Kevin Baines, atmospheric expert and member of Cassini's visual and infrared mapping spectrometer team at NASA's Jet Propulsion Laboratory, Pasadena, California. "We've never seen anything like this on any other planet. Indeed, Saturn's thick atmosphere where circularly shaped waves and convective cells dominate, is perhaps the last place you'd expect to see such a six-sided geometric figure, yet there it is."

The hexagon is nearly 15,000 miles (25,000 kilometers) across. Nearly four earths could fit inside it. The thermal imagery shows the hexagon extends about 60

miles, which is a hundred kilometers, down into the clouds.

At Saturn's South Pole, Cassini recently spotted a freaky human eye-like feature that resembles a hurricane.

"It's amazing to see such striking differences on opposite ends of Saturn's poles", said Bob Brown, team leader of the Cassini visual and infrared mapping spectrometer at the University of Arizona. "At the South Pole we have what appears to be a hurricane with a giant eye, and at the North Pole of Saturn we have this geometric feature which is completely different."

The hexagon appears to have remained fixed with Saturn's rotation rate, and axis since first glimpsed by the Voyager 26 years ago. The actual rotation rate of Saturn is still uncertain, which means nobody knows exactly how long the planet's day is. "Once we understand its dynamic nature, this long-lived, deep-seated polar hexagon may give us a clue as to the true rotation rate of the deep atmosphere and perhaps the interior," Baines' said.

Comment please?

COSMIC AWARENESS:

This Awareness wishes all to know that there is life on other planets. There is life on Saturn. These phenomena that are being observed are the products of the efforts of that life on the planet to create for themselves areas on the planet itself, that are protected from some of the very wild energies that exist on the planet, below the cloud structure, and closer to the surface of the planet itself. This Awareness sees these phenomena as force fields that are created by those who live on the surface that have the technology to create these force fields to protect those areas so that those who live in those areas can exist safely.

This is seen as humanoid life forms that live in those protected areas, and the hurricane and eye formation on the opposite side is seen as a kind of discharge through the opposite polar region from the force field protected area of the North Pole, and it is a projection that occurs at that region. This Awareness also sees the force field as one where it is stationary and fit. An image is seen here of an individual holding up a flashlight in the dark night and pointing it to the skies. The light from the flashlight will continue even beyond the point of visual acuity, out into space, dissipating as it goes, to the point where the photon particles are dispersed and lost.

The eye sees it only going so far, but in truth, the photons do continue outward until they are completely dispersed. Such is the concept of the hexagonal shape; that they are projected light energies that are projected upwards, extending well up into and beyond the atmosphere, but the lowest portion is the strongest, and that is the true force field that protects the denizens of that region, the people that live on the surface of the planet. It also creates in that region an alternate environment to that which exists outside, including adapted gravitational fields and forces, and that by extending the beam into the sky it is projected outwards to be seen by those agents on earth that can see the phenomena, the hexagonal shape and form that is created, and that is what this form is all about.

It is a force field of a nature that protects those who live on the surface. It extends even into the planet itself, goes through the planet, exists on the other side in the form of the giant circular hurricane force with the eye in the middle. This is a beacon of sorts that identifies the

planet for the extraterrestrial travelers who use the planet also. Those who live on the planet have extraterrestrial connections and the eye form and the hurricane circular form is a beacon shining into the night skies for those who would seek out the planet via this beacon eye circular form.

This Awareness feels complete with the answering of this article and the question implied.

A Cure for Floaters in the Eyes?

QUESTION:

Thank you. This question is from Eleanor Spitzenberger from Oclair, Wisconsin. "What can we do about floaters in the eye?"

COSMIC AWARENESS:

This Awareness suggests that the floaters are debris that is loosened off of the retina that is floating in the gelatinous matter of the eyeball. Occasionally the floaters will pass the images coming from the outside through the eye itself, through the lenses of the eye. It is light bending around this debris that causes the perception of floaters, for it is seen as an object that is floating above the retina and blocks certain focusing on the retina, and these floaters are perceived. It is not unlike the moon passing between the sun and the earth causing an eclipse. This of course is a much more dramatic effect, but the floaters inside the eye as they float past the focal point of the eye are perceived because they block out certain light rays from reaching the retina and thus, floaters are perceived.

"Palming" Is One Way to Heal Floaters

They are called floaters, because they do indeed float by and as such, the name is an apt one. The question is how to eliminate floaters. On the whole they are difficult to eliminate, but it is not impossible to do so. The use of any energy work can help to reduce floaters, especially when directed to the eyes themselves. Energy work such as Reiki work or hands on type healing can help. It is also possible that an individual can direct energy to the eyes through an ancient technique known as palming. An individual would rub their hands vigorously together, creating a heat as such, and the palms of the hands are then put over each eye, thus creating a cupping effect, a palming of the eyes.

The heat is very calming and very useful in helping to move floaters. There is a point in the eyeball itself, at the back, where debris and material can be removed from the gelatinous mass of the eye but the trick would be to get this debris down to this point where it can enter into the blood system and be removed from the eye. The problem is that these floaters do not necessarily cooperate by themselves, floating to this spot where they can be reabsorbed into the blood system and removed from the eyeball itself, and that is why it is difficult to remove floaters, but by using this process of palming and energy work, and conscious intent and desire and the instruction to the low self to help remove floaters, that these floaters can be directed to that point in the eye where they can be removed through a process of re-absorption back into the blood system and removed from the eyeball itself.

This Awareness also wishes to recommend that the use of water that is high in the PH alkaline levels may be beneficial, so that the alkalinity is introduced into the bloodstream and the bloodstream can then draw the debris to that point in the eyeball that was mentioned. It is the alkalized blood levels that draw the toxic ingredients of the body away from those places where they are stored in the body's mass, in the body's muscles, in the

body's construction, and this can also be so in the eyeball itself. That which is known as floaters will be naturally drawn to point in the eye where they can be extracted and re-absorbed because of the alkaline nature of the blood that would naturally draw these toxic elements, these debris away from the areas it is stored in, and thus reabsorbed into the blood and eventually removed from the system altogether, when it is eliminated through the bladder and the colon.

This is seen as a way of dealing with this problem. A final technique that could be used is the use of quantum technology through the machine known as the Soci or the QXCI machines; this is quantum physics applied to technology. These machines could also be used somewhat to help this situation, but the use of high level alkaline water to change the alkaline PH balance in the body itself is more highly recommended by this Awareness as a way of eliminating floaters from the eyes.

This Awareness is now complete with this question and asks for a check of time at this time.

QUESTIONER:

We're almost out of tape, so at this point, unless you have a final comment, we will begin a count up.

COSMIC AWARENESS:

This Awareness is complete and asks that the count up and the *Law of Gratitude* be given at this time.

(Thank you)

(The Law of Gratitude and a count up is given)



IN THIS ISSUE

Sealing Off a Vortex Gateway	2
The Real Reason Behind Those "Dangerous" Asteroids that Threaten Earth	2
How Can We Free the Sylphs and Other Nature Spirits Imprisoned by the Reptoids?	3
Why Didn't the Reptoids Simply Enslave the Neanderthal And not Genetically Change Them?	3
Did Neanderthal Man Have Will Power?	3
Neanderthal Man Disappeared or was Destroyed?	4
How Modern Man is Rebelling Against the Reptoids	5
Modern Man: How Much Genetic Manipulation?	5
He Doesn't Believe Reptoids Created Man	5
Are Our Thoughts Creating "The End Days"?	6
Angels, Archangels and Seraphim—Do they Exist?	6
Doesn't Each Angel Have a Specific Role?	7
Do we all Have a Guardian Angel?	8
Do Guardian Angels Assist in Any Way?	8
What is that Huge Hexagon Discovered on Planet Saturn?	8
A Cure for Floaters in the Eyes?	9
Giving Praise, Thanks and Gratitude	11
He's Kind to Women —Some Think he has Ulterior Motive	12
Having Sex Without Emotional Commitment	13
The Cosmic Awareness Spiritual Development Course:	
GEMINI: Volume 3 Lesson Number 10	14
Can Love Reverse Heart Disease?	17
Is there Really Saltpeter in Military Coffee?	18
Sexual Activity Before the Big Game by Athletes	18

Excerpt from CAC General Reading # 6-2 6-15-93

GIVING PRAISE, THANKS AND GRATITUDE (Are We Trained to Point Out the Negatives?)

QUESTION:

A question from Jon S in Seattle. "Could Awareness talk about the power of giving praise? or the power of expressing thanks and gratitude? I have found that in the world at large, expressing negative opinions and attitudes seems very popular, even to the point of people becoming shocked when I come up and praise them or tell them how good it is to see them or say nice things about them.

"But when I go to the native American prayer and song circle, the teachers are always expressing thanks and gratitude which seems to empower everyone and gets everyone to remember how blessed we are instead of reinforcing negativity and the popular mentality that things are "really bad and getting worse all the time."

"It seems to me we are trained to point out and dwell on negative things until we start to feel powerless in the face of all the negativity that we ourselves have helped contribute to by always putting things down."

COSMIC AWARENESS:

This Awareness indicates that this is true. It is a very good observation. This Awareness indicates that the nature of praise and the nature of criticism is such that these become ways whereby entities give energy to their world, to others, in lieu of payment of money or of other forms of payment.

This Awareness indicates that often an entity feels indebted to someone and they do not like the feeling of being indebted. The entity perhaps has done something for them in the past, and instead of expressing praise and appreciation for what has been done they may find it easier to criticize the entity, to say something like "That person is so annoying sometimes! I hate to be around them!"

This Awareness indicates what is really going on in many cases is that the entity feels guilty for having accepted something in the past, or perhaps thinks that the other is remembering the favor that was done. This Awareness indicates therefore, the entity, rather than paying for the favor that was given, harbors a resentment that he still feels indebted to that person and may instead express criticism of the person to excuse himself for not paying that which he feels indebted for.

This Awareness indicates there are many variations involved in relationships. This is but a potential of one of many dozens of variations that might cause an entity to feel critical or negative toward another person. This Awareness indicates that in some cases the entity is annoying simply because the entity wants attention. The entity may come to you and do something to get attention at a time when you are focused on something totally different, wherein you want privacy to continue your focus and you may feel disturbed and frustrated because of the entity's intrusion into your life, and this can cause you to express or feel some kind of criticism toward the entity.

If the entity becomes dependent on you for a friend and you do not feel that you are getting as much from the relationship as the entity is getting, you may actually develop a growing hostility toward the entity and this can cause entities to become negative and critical of others.

If You Seek Praise You Must Work Hard For It

This Awareness indicates that it is important that you have recognized the power of praise. It is also important to realize that when you seek praise rather than giving

praise, you must work very hard for whatever praise you get. You can work for several hours and get two minutes worth of praise, or you may work several hours and ask for money for your work, or you may work for several hours and have the right to be critical of the person for whom you worked to the point of complaining for five minutes, for two hours of work.

Complaints and praise are high commodity substances which you may or may not wish to claim your reward with. If you wish to claim your reward with complaints or criticism or with being praised by another, that is possible, but these are ways that are very expensive. This Awareness indicates that you might be better off in asking for payment for your time given, rather than seeking payment in terms of praise, seeking payment in terms of criticism or in terms of complaining.

You might wish to collect dollars for your efforts. Likewise, if someone works for you, does something for you have no cash to give, and you can get by with giving the entity praise, it is a very cheap way of paying your debt to that entity. It is a very uncouth thing to give the entity criticism for work that was done for you, but yet, many entities will even go that far.

An entity will work hard, free gratis, giving himself and his time to do something, and the entity for whom the job was done will look at the work and complain that it wasn't done quite right, or that it wasn't done quick enough or that there was something about the work that was still left unfinished, and this leaves the entity who voluntarily worked for you feeling unappreciated, whereas praise for that entity would go much further in helping to encourage the entity to do more work, to do something more for you.

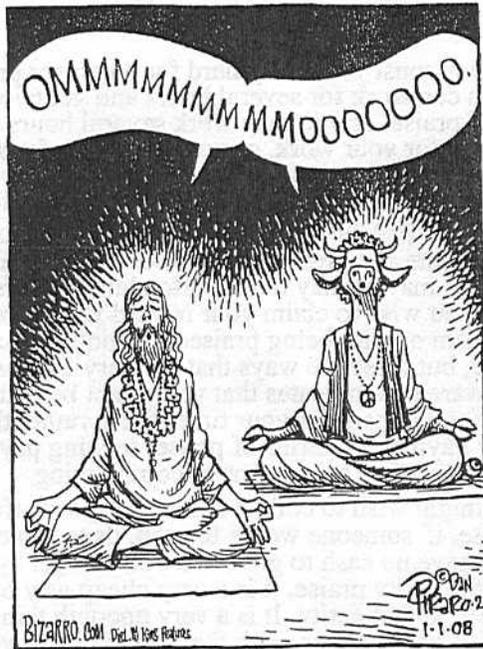
This Awareness indicates that as entities learn to use praise more freely and criticism more sparingly, they will find that others work with greater enjoyment and less reservation. This Awareness indicates those who are working under conditions whereby they receive only criticism for their efforts learn quickly not to volunteer further work and will only work when absolutely necessary.

When Praising a Person is a Form of Cheating

It is a way of training entities to become lazy, when they are criticized too frequently, too harshly or too often for the efforts they put forth. This Awareness indicates that it is true that praise encourages entities to do more, to go the extra mile. This Awareness indicates it is also important to realize that praising a person, when the person actually deserves monetary payment, may be a form of cheating, unless the person really needs the praise more than the money.

This Awareness indicates there are those entities who have worked hard at their jobs, and the boss, instead of truly rewarding them as they deserve with a promotion or with better pay, will give them a pat on the back and say "Good job! Keep up the good work!" and these entities have been used. They should have been paid more or promoted to a better job, but instead they were paid in praise, and this can become a way whereby the boss or supervisor cheats the entity out of what is due, and instead gives praise.

This Awareness indicates therefore, it is important for entities to understand these things from every side, so that you do not misuse praise, and so that you learn when it is appropriate to give and how it can be a strong motivator for some entities to help them increase or improve their enthusiasm toward working at a particular activity or job.



How Constructive and Destructive Criticism Works

This Awareness indicates there are many sides to these considerations. It is good to understand them from all angles and aspects: complaints, praise, criticism and basic encouragement and instructions can all have their rightful place. Constructive criticism is that which helps the entity to better understand what is needed of him. Destructive criticism is that which puts the entity down, makes him feel unworthy and causes the entity to feel discouraged about further efforts.

Constructive criticism is very beneficial for entities so that they learn how to improve their work and will feel encouraged to do so. Constructive criticism generally is criticism coupled with praise for how much they have learned so far and a few suggestions as to how they may further improve.

WHEN HE'S KIND TO WOMEN SOME THINK HE HAS AN ULTERIOR MOTIVE

(Living Together in Peace: The Politics of Romance)

QUESTION:

Another question from this entity. "The other day I was accused of being a sexual predator by someone I don't even know who said he got his opinions from other people who I also don't know. I asked a friend about this, and he said, "Well, I know some people who think that about you because you are so kind and nice to women." Apparently people don't trust it when other people are nice and say good things to them.

"They feel there is an ulterior motive or that I want something from them. To a point, I can understand this attitude, but when you look at it closely, it is utterly idiotic. On a spiritual level we can always see, if we choose to, whether someone is being phony or not. Sometimes, I get the feeling that people are jealous or wary of people who are naturally flirtatious or gregarious and fond of people, but I have learned that it is really easy to be rude and say thoughtless or unkind things, and that it is always more of a challenge to be positive or to be humane in one's dealings with other people.

"The other day I was flirting with a girl, and eventually I said, "Well, I've got to go now!" and the look on her face told me that she was confused because she actually expected me to try to get her phone number or make a pass at her or try to get a date from her or something, but I was just being friendly, which seems to be something that people don't understand any more.

"Has this society become utterly insane, like I have long ago suspected? I have overheard people say on more than one occasion, even though it was in a joking manner, that they feel uncomfortable if they aren't getting enough abuse. It truly is a mystery. When I am at healing gatherings out in the country, everything is different. Being naked with a group of people, of both sexes, really helps to take the pressure off of the sexual tensions that are everywhere in the city.

"This is really a marvelously strange culture where a prevailing attitude in many places is that being sexual with strangers is easier than forming real loving bonds with people you know. Could Awareness comment on this subject?"

COSMIC AWARENESS:

This Awareness indicates the entity has evaluated the situation clearly. This Awareness indicates that there is the one area that this Awareness might offer a suggestion for this entity. This is in reference to the lady you claim to have been flirting with, wherein you broke off the conversation saying you had to go. This action left the entity feeling confused.

How Not to Make a Woman Feel Rejected

This Awareness indicates that it appears that it also left the entity feeling a possible sense of being rejected. This Awareness indicates to be more cautious not to leave the entity feeling rejected, you might consider leaving the door open for the entity to contact you if she so desires at some future time. You might for example say, "I have to go now. If you wish to come back some other time, I would enjoy speaking further with you," or something to that effect.

This Awareness indicates that this would leave the entity feeling that you weren't rejecting her, but you truly had to go, and you were still open to further communication with her. This Awareness indicates that it would not put you in the position of imposing yourself on her by seeking her phone number or seeking ways to contact her in the future. It would simply allow her to have that choice which would leave you in a situation whereby you were still open and friendly and left the choice to her.

This Awareness indicates that this could be a way whereby you would not be criticized as not being forward or being pushy, yet you would not be looked at as one who would reject another and give the impression that you perceive them as being forward or pushy. This Awareness indicates the politics of romance is extremely delicate and easy to misunderstand, wherein at one point one thinks they are behaving properly, and indeed *may* be behaving properly from the situation in which they find themselves.

IGNORING THE OBVIOUS...



From the others' perspective they may be viewed as having done something that makes the other feel awkward or out of line. This Awareness indicates in other words, by having the impression that you were pushy you must be cautious not to give the impression that you are rejecting the other or that you are closed to any communication from that person, for in these delicate relationships it is very easy for one side of the situation to misunderstand the signals given by the other.

Having Sex Without Emotional Commitment

QUESTION:

One other question from Jon along this line. He writes long rambling statements, as you can see, but there are good questions in them. He writes: "There seems to me to be nothing as cold and strange and uncomfortable than to be sexually intimate with someone for a brief while until you start to realize that you don't like the person really, and then when you stop seeing that person, you ignore them or are cold to them whenever you see them in the streets or at other social places.

"I myself experienced this in the Seventies and decided that I didn't like it, so I more or less put a damper on that kind of relationship. It seemed to make the world a little colder. I recently made the acquaintance of a beautiful young lady who oozes erotic life/love energies from her body. She was very confused though and told me she had been going from boy to boy and having "fun" with them, which means sex without emotional commitment, of course, and recently she was with a boy, and everything was fine she said, until about a month went by and one day he looked at her and told her: "You are everything I have been waiting for in my life. I love you. I want this to last forever. I'm in love with you!"

"She told me that as soon as he said this she lost interest in him totally, and ended the relationship. I suggested that she try celibacy for a time in order to look inside and find out what she really wanted, and give herself a break from all of the weirdness. So, she has tried this, and the other day she told me that everything has changed and that now she doesn't understand why anyone would want to join together sexually at all! Just thinking about it makes her feel strange. Her problem though, is that she is so abundantly erotic and cat-like in her being that men single her out all the time as a sexual object.



FOR PRESIDENT BUSH, A CANADIAN SALUTE FROM A VERY POLITE PEOPLE.

"I went walking with her last week at the University Street Fair and it was both amusing and appalling to notice the way men would react to her. She told me how terribly bored she was that men would always tell her how beautiful she was and so on, when it was obvious that all they wanted was her sex. It got me to thinking that in this world, where sexuality is worshipped so much and capitalized on so heavily to the point of nausea, that men have forgotten how to actually see women as people.

"It is a difficult and complicated thing. If we suppress our natural sexual urges and bottle them up, we go crazy, but on the other hand, if we let them run rampant, then we start seeing other people as mere erotic accessories, but this is the world of sex, and it is perhaps the main reason we are here. However, it gets very strange, especially when one considers the rape mentality, and yet, for people who are so beautiful and naturally erotic, they are oftentimes viewed as temptresses and judged as underhanded or provocative, when they are simply expressing themselves in a beautiful way.

"It is something that has disturbed me for a long time, how really beautiful people who are outside of the greed oriented flesh-peddling market, are condemned and treated disdainfully by other people who, at the same time are turned on sexually by their energies, while also jealous and disturbed. Is there a better way to understand the sex drives and the sexual energies we have as humans so we can cut through the crap, so to speak, and see each other as real people, instead of simply sexual vessels?"

"And how can 'beautiful people like my aforementioned friend, feel free to be who they are without always being sought out and troubled by the annoying male mentality that is so aptly termed as being a "dick-head?"

COSMIC AWARENESS:

This Awareness suggests that the problem is not so much the sexuality as it is the failure to establish a basis for relationship. This Awareness indicates that sexuality in itself is a surface and superficial form of relating, and has very little to do with relationship in a deeper sense.

Indeed, sexuality may be the deepest part of a deep relationship, but when it is superficially initiated without the deep relationship being created first, then it becomes artificial and false. It is a false or phony form of relationship.

Become Friends First and Hold Sex Till Later

This Awareness indicates that the deeper form of relationship is built on friendship first. The friendship that allows entities to become familiar with each other



on an emotional, intellectual and spiritual level, allows these entities to share in each others' lives the more intimate details of feeling, emotion, mental and spiritual interests, and from this friendship develops a deeper and deeper intimacy which in time may culminate in the sexual intimacy, and at that time it will be a more sincere and meaningful communication than the artificial sexual contact that develops without friendship being the deeper basis for the relationship.

This Awareness indicates that it is likened unto the difference between an entity who goes with another to a movie, whereby the one couple may decide to go to a movie, and on the way may stop and shop at windows, and look at things, or have a soda or milkshake or ice cream cone, and may talk and pass through a park and look at the flowers, the squirrels, and various things, and then eventually may enter the movie, watch the movie and then leave and share their feelings about the movie, and go somewhere to have a dinner or coffee, where they can talk and share more with each other, and then they go home and part company.

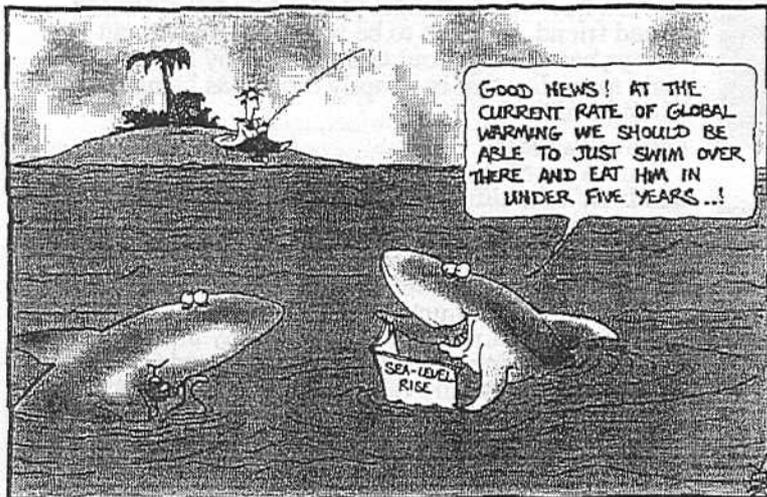
This date, or outing is much more meaningful in terms of their getting to know each other than the couple who meet, jump in a cab, head for the theater, go into the movie, leave the movie, jump in the cab and head home and part, where there is little communication or friendship being cultivated other than the fact that the two of them have seen the movie together.

Some Shallow Relationships are Like a Bowel Movement

This Awareness indicates sex is much the same way. It can be something that occurs after entities have come to know each other, to share many things together, or it can be something which can be jumped into suddenly as a goal, a primary task, an action that is attended to and then finished and then done with, much in the same way that an entity would have a bowel movement, taking care of the biological need and being finished with it, wherein there is little or no friendship developed, where there is little or no intimacy, sharing of information, emotional appreciation of things.

This Awareness indicates that it is a question of whether one wants quality or whether one wants the cheap quick thrill. It is likened unto the fast food mentality or the quality meal from a fine restaurant.

This Awareness indicates that wherein entities cut out the romance, the foreplay, the getting acquainted aspects, and go for the fast-food goal, they cheapen the act. They make it seem shallow and meaningless, and they cheapen themselves and the other in the process.



THE COSMIC AWARENESS SPIRITUAL DEVELOPMENT COURSE

Gemini: Volume 3 Lesson Number 10

Question:

Awareness, we are gathered here tonight for the tenth lesson in the Correspondence Course in the Sea of Gemini. The tenth lesson being that lesson that relates unto communication to be used for power, promotion, and self-gain, as well as the application being applied to the group, the corporation, the culture, the nation, or to the general well-being of the society.

COSMIC AWARENESS:

This Awareness wishes to discuss the nature of certain restrictions which inhibit and block communication. This Awareness suggests that the blockage of communication generally relating to certain insecurities within individuals.

This Awareness suggests the entity who speaks too much, who continues talking incessantly, the entity who fears allowing others to express their viewpoints - this entity generally is suffering from a need to justify himself or herself to be approved by others, and a fear that others will not approve; this entity, feeling that if he or she can express himself or herself long enough, and with enough clarification and justification, that he or she will be acceptable by the listener. This Awareness indicates this entity, however, runs the risk of being rejected for hogging the scene, for over-expressing, and for not showing respect and sensitivity to the listener. This Awareness indicates the fear of not being accepted, creating the need to justify and express in excess, indeed brings about the non-acceptance which was feared.

This Awareness indicates another entity may not speak enough, may not give his or her feelings clearly, and this entity may find also that the communication is lacking, and that the world is passing him or her by without their having been noticed. This Awareness indicates this lack of ability to express oneself, verbally

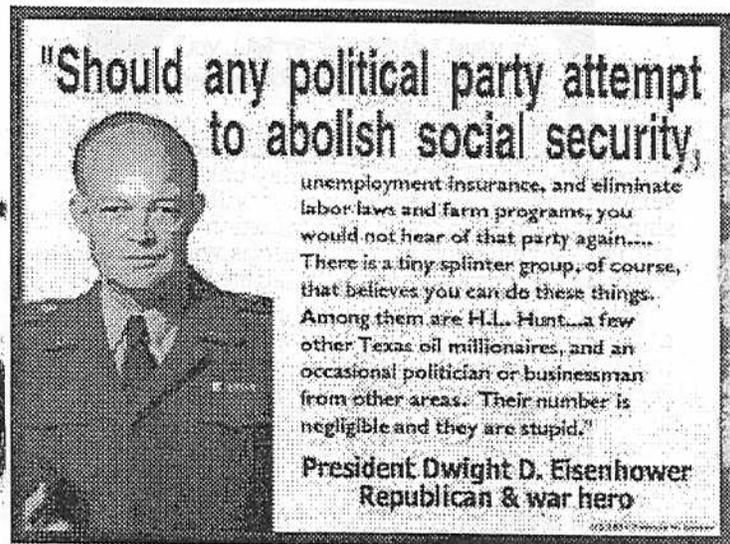


or otherwise, is often brought about from an attitude that they do not really have much right in being here, and therefore, must not violate or intrude upon the space of others. This Awareness indicates this attitude as often brought on by parents or other entities who teach that the child is to be seen and not heard, this being brought on by a parental type of training which inhibits the child's expression and causes the child to feel that being silent and unnoticed is good and virtuous and should be rewarded, and that being expressive and taking attention receives punishment or hostility. This Awareness indicates that such a child may grow into adulthood feeling it is wrong to express himself or herself, and in such inhibitions, the entity may find the lack of verbal communication with others as causing great problems in many areas of relationship.

This Awareness indicates that in terms of the entity who expresses, but expresses too loud, without regard for the ears of others - or, the entity who expresses with gestures too great for the space which is available for such gestures, this entity as generally operating from a sense of physical insecurity, whereby the entity over-compensates for this physical insecurity and moves into that which may be called 'bluff,' wherein the entity feels inadequate, but decides to hide the inadequacy by appearing overly confident. This Awareness indicates this as likened unto a phrase in theater: "If you are going to make a mistake, make it loud, then no one will know it was a mistake."

This Awareness indicates the entity who speaks too softly and cannot be heard, generally is operating from an attitude that they would like to express themselves, but fear that whatever they say might be criticized and found in error. This Awareness indicates this attitude generally is brought on by a feeling of being picked on by parents or teachers, wherein the manner of speaking, or the ideas expressed, have been greatly criticized and picked apart. This Awareness indicates such an entity in growing older may find great difficulty in speaking with confidence coming through in the voice.

This Awareness suggests that too much, too little, too loud, too quiet, these as being blocks in communication; that these can each be examined for their causes and that the causes may be examined for the experiences which brought about those causes, and the experiences may be re-examined through imagery, recall, imagination, and feeling levels, whereby the entity may move again through those experiences and may find it possible to discard that inhibition. This Awareness indicates that an example being that wherein the entity was told: "You are not to make any noise," and in recalling those times



wherein you were forced to remain quiet and subdued. An entity, looking back on childhood experiences of this nature, may re-enter the feeling level of those experiences of what it was like to be quiet, subdued, while the adults expressed themselves, and while in this feeling level, the child may fantasize what it would be like to be an adult and to be able to speak without fear of being heard, or punished for being heard, and in so doing, may experience both sides of the situation and reconcile the inhibitions.

This Awareness indicates the adult, looking back on the child experiencing that situation, may also visualize himself or herself as being a child who was allowed to express without such fear. This Awareness suggests that the use of imagination in moving back into levels of childhood restrictions, childhood experiences, and childhood activities which created patterns on the consciousness - this as a way of re-programming oneself, or of erasing the programming which was there.

This Awareness suggests that in addition to the blocks of too much, too little, too loud, too softly, there are also blocks brought on by entities who meander in their communication, begin speaking as though they had a point to make, but rather than getting to the point, enjoy dangling the audience, enjoy telling their stories, enjoy feeling the experience of being the center of the conversation situation, enjoy listening to their own voice, enjoy watching others staring at them while they speak, enjoy the idea of thinking that others are dangling over their words. These entities often begin talking, and talking, and talking about this or that certain situation as though it were the most important story ever told, but before ever reaching their point, branch off into another story, which their first story reminded them of, or which they wished to bring on as an example of a certain portion for their story, and in branching off from their first story, move on into another, and from that may move into still another, and another, and totally forget what they started talking about in the first place.

Such entities then often are quite frustrated when the listener excuses himself and leaves, or begins to lose interest, or begins to let his or her eyes wander, or interrupts the conversation. This Awareness indicates this kind of conversing, meandering, is nothing but verbal bullying tactics which dominate a scene and dominate a mind in a manner that causes confusion among the listeners, disarms them, disorients them, and makes difficulty for the listener to have any individuality. This Awareness indicates that the entity who meanders in such a manner is actually operating from a level of control through verbal sadism, attempting to control the listeners, and can, in fact, dominate and hypnotize the listeners to such a degree that the listener feels totally inhibited around the speaker.



This Awareness suggests that this kind of meandering and verbal domination generally brought feelings of inferiority, and is used for overcompensating to be superior over the listener. This Awareness suggests that entities in coming across this type of communicator, may break the spell best by totally changing the subject, interrupting the conversation, and pointing out something complimentary to the one speaking. For example, an entity may interrupt the speaker and mention to him or her, "What a nice jacket you have. Where did you get such a nice jacket?" This Awareness indicates that by interrupting to compliment the entity, this brings about the feeling within that entity that eliminates the inferiority feelings, whereby the entity is not insulted by the interruption, and whereby the entity still feels good about the communication. This Awareness indicates that after your interruption, you may then mention to the entity that you would enjoy hearing more, but that your time is limited and you wish to get to the business at hand, and to communicate your purpose for the conversation.

This Awareness indicates that other entities may inhibit communication by not speaking about what is essential, but by speaking strictly about things which are of little significance, things which are not controversial, things which are not offensive to anyone. These entities generally operating from an attitude of seeking to please, seeking to placate, being fearful of any action which would offend or upset another. This Awareness indicates these entities, having very little self-esteem, often find themselves being victimized by others who have strong feelings and strong expressions.

This Awareness indicates that other forms of blocks in terms of communication may show up in speech impediments, such as stuttering, such as lisping, wherein there is no actual physical reason for such impediments. These entities often being from an attitude which expresses the feelings of inhibition which were caused by over-correction, harsh judgment, constant blocks in their expression as a baby or as a young child, this including the blocks wherein an entity might cry, or wherein an entity might move and express himself and be stopped in all directions. This Awareness indicates this in relation to the young child who has suffered severe shocks from some form of inhibiting force.

This Awareness suggests that in terms of clearer communication, that entities consider whether or not

there is time for the communication which you wish to convey to another, whether the other has time to listen, and whether you have time to listen and to share with the other.

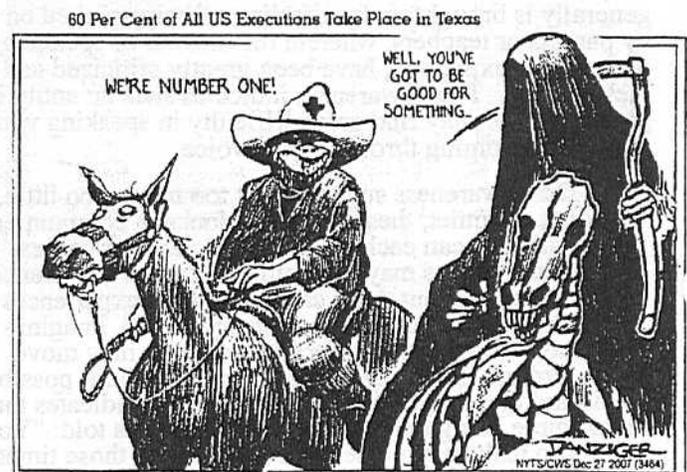
This Awareness indicates that time is an important factor in communicating. That wherein time is essential, such as in business relationships, that you think in terms of getting to the point; that wherein communication is necessary for an urgent situation, entities can get to the point quickly; wherein communication is urgent in an emergency situation, entities can usually, in one or two words, express the emergency.

This Awareness indicates that wherein entities have more time, and can afford to spend the time, it may take as long as an hour or more to get to the point which another entity might make in five minutes and clarify just as well. This Awareness indicates that wherein you are communicating in this manner and it takes long periods of time to make your point, it is appropriate and courteous to consider the time for your listener, the time for your audience, and to discover whether the audience really wants to spend an hour listening to your voice explain something that could be stated in less than five minutes. This Awareness indicates this as a matter of business, a matter of friendship, and a matter of courtesy. This Awareness indicates that this as one of the more important levels in terms of communication between entities, for many entities have much time to kill, and others are very busy and become quite nervous when caught in a conversation, wishing to leave, having things that need to be done, having urgencies waiting for them, wishing to respond, yet feeling a need to continue to listen, sometimes seeing ahead to the point which will be made within the next thirty minutes, yet still having to wait that thirty minutes to be courteous to the entity who cannot come to his or her point.

This Awareness indicates that wherein this kind of relationship exists, there is an imbalance, a sickness in the levels of communication, and the communication which is thus ill, needs a healing. Whether this be done without creating side effects in the relationship and causing other illnesses in the relationship, depends on tact and direction and honesty.

This Awareness suggests that an entity can be direct and state: "Why don't you get to your point?", and this may be honesty, but yet the entity who has much time to kill, who longs to talk to someone, who has waited for hours and has felt lonely, wishing to have someone to talk to, who is told, "Why don't you get to your point?", this entity can find those words stabbing into his or her heart like a dagger.

This Awareness indicates that honesty and truth have been compared to a sword with two edges, which can cut - that the cutting sword of truth can hurt; that it is



possible to couple honesty with tact, to use diplomacy in your expression, in your direction, and in this way soften the cut so that it is more like an operation for healing rather than a stab.

This Awareness suggests that wherein you must cut the conversation short, the more appropriate way is to mention the time, such as by asking the entity what time it is, or by glancing at your watch or clock, and then making a statement or informing the long-winded speaker that you can only spare five more minutes because you must go and do this or that. This Awareness suggests that in allowing a little more time, the cut is not so sharp. In allowing things to be turned down gently, the jarring action is not so great. In allowing things to temper off, rather shall to suddenly drop off, this as that which is more beneficial in terms of a healthy relationship.

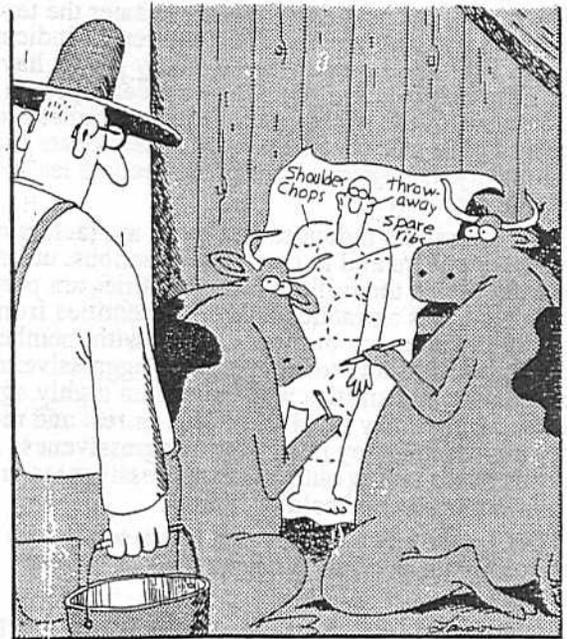
This Awareness suggests this also as appropriate in terms of directing others, in terms of working with children, with co-workers in factories, with people in societies, that wherein you can prepare them ahead of time, wherein you can give an indication that this or that shall occur within a certain length of time, this allows them to have a buffer whereby they can adjust themselves, adjust their consciousness for the change which is about to occur. This Awareness indicates this as a matter of preparation, but the preparation is also that which is diplomacy, and allows the smooth flow in the relationship.

This Awareness indicates a train traveling at sixty miles an hour, wherein an entity decides this has gone far enough and jerks the emergency cord which stops the train, can create havoc upon that train, but an entity which can bring the train to a gradual halt does not create such havoc. This Awareness indicates the same is true in a train of thought, or a train of conversation, or any train of action which is flowing in a relationship, that entities may be prepared for the halt.

This Awareness indicates an airline system always warns entities before landing, and entities can adjust and prepare themselves for this action. This Awareness suggests that you may do this also in your communications, that you begin telegraphing your changes, letting the other know that you are getting ready to change scenes in your script, you are getting ready to leave the stage, you are getting ready to wind up the conversation and go on to something else. This can allow greater harmony and more smooth-flowing relationships.

This Awareness suggests this as the conclusion of the tenth class in the Sea of Gemini. That questions may be asked if desired, relating to this.

(The *Law of Gratitude* is given.)



Farmer Brown froze in his tracks; the cows stared wide-eyed back at him. Somewhere, off in the distance, a dog barked.

CAN LOVE REVERSE HEART DISEASE? (Stroking a Cat Works Also)

QUESTION (VHKKI):

An article in the July-August 1990 *New Age Journal*, called "Healing The Heart" about Dr. Dean Ornish's research study that found that patients could reverse heart disease by the love of their friends. The study showed, that in addition to a low-fat diet, exercise and meditation, that a sense of social connection reduced what Ornish believes to be the fundamental cause of heart-taxing stress: a pervasive sense of isolation and alienation prevalent in today's society.

Would Awareness comment on that information?

COSMIC AWARENESS:

This Awareness indicates that this is in the affirmative; that the act of touching others, of being close to others tends to relieve stress in individuals. It has even been noted and recorded that the stroking of a cat can help to reduce tension and lower blood-pressure and thus increase the healthy circulation and heart of an individual.

Cuddling Children Makes Them Less Violent

This Awareness indicates that of course, the more of this there is, the more reduction in the stress factors. This Awareness indicates that along with this is also another parallel study which suggests that children raised without much human contact are more likely to become antisocial and criminal types as they grow older. This has been established also; that children who are cuddled and held and loved tend to be more social and less violent in nature.

Those who do not get much touching in childhood tend to be more violent and to thrive on competition. This Awareness indicates that in understanding this, it needs also to be pointed out that societies which have more freedom in terms of their social interplay or intercourse are less violent than those who try to keep people segregated and establish taboos of a sexual nature.

The Greater the Sexual Taboos the More Violent the Society

The greater the sexual taboos, the greater the tendency of the society to be violent. This Awareness indicates that the Tahitians being a most friendly group, having very little sexual taboo, are a very peaceful people also, and because of the behavior that allows intimacy and touching to be an expression of the affectionate aspects of humanity, the aggressive aspects become less pervasive in the society.

This Awareness indicates that these are factors and have been known and in certain occupations, utilized. For example, in the military, when entities are preparing for combat, it is a practice to keep the entities from exposure to intimacy or close contact with members of the opposite sex, and to stimulate the aggressiveness in this manner, and entities who have been highly aggressive in conflict may be given R & R or rest and recreation in order that they pacify their aggressiveness so they do not end up taking out further aggressiveness on their fellow comrades and soldier friends.

This Awareness indicates that it is a subtle way of controlling these urges and behaviors of military personnel.

Is There Really Saltpeter in Military Coffee?

FOLLOW-UP QUESTION:

There's always been rumors that the military puts saltpeter into the coffee of the recruits in boot-camp, and the army has always denied this. If this is true that they did put saltpeter into the coffee, was it for that very reason?

COSMIC AWARENESS:

This Awareness indicates that it is designed to keep the entities from going or becoming extra-hostile toward one another during boot-camp when they are not allowed to leave base, or are not encouraged to fight. This Awareness indicates it is a way of keeping entities more passive.

SEXUAL ACTIVITY BEFORE THE BIG GAME

(Does It Help The Players to Win or to Lose?)

FOLLOW-UP QUESTION:

Sometime back there was a controversy in the newspaper about professional athletes, particularly professional football players who evidently were polled in regard to sexual activity prior to a game. A number of them said that they had sexual activity; they made love with their wife sometimes ten minutes before the game; other said that they abstained for at least 24 hours before a game because they felt they could play better. Both sides said they felt they could play better because of what they were doing.

Is there any truth one way or the other, in regard to professional football and other athletics?

COSMIC AWARENESS:

This Awareness indicates that much of this would depend on the positions played in the football game; that in the case of entities participating in sexual activities, they may be more relaxed and confident and self-assured in their performance level, particularly if they do not engage in actual physical competition. This would apply especially to quarterbacks and those in the backfield who would be involved in running or passing. There, the relaxation and the self-poise becomes critical and important factors to their game.

The entities who are actually on line and must confront the opposing team with sheer body-force need all the energy of the testosterone and sexual energies

available to them to give them the strength to defeat their opponent and these entities might feel more strength and energy by restraining themselves from any sexual activity.

This Awareness indicates that creativity can be strengthened by sexual activity, can be enhanced, but physical brute force is generally weakened by sexual expression.



Subject: FW: Men are born this way - Deal with it.

WHAT IS COSMIC AWARENESS?

COSMIC AWARENESS is the Force that expressed itself through Jesus of Nazareth, the Buddha, Krishna, Mohammed, Edgar Cayce and other great avatars who served as 'Channels' for the 'Heavenly Father' and who speaks again today as the world begins to enter the 'New Age' of spiritual consciousness and awareness. Since 1963 Cosmic Awareness has been communicating through carefully trained channels. This information is for those who desire to help in bringing in the New Age. Throughout the thousands of 'Readings' given through these various channels, Cosmic Awareness tells us not to believe anything, but to question, explore, doubt, and discover for yourself, through your own channel what is the truth. Cosmic Awareness will only 'indicate' and 'suggest'. Neither C.A.C. or any of the interpreters is responsible for anything Cosmic Awareness states in any of these readings, nor does C.A.C. or the interpreters necessarily agree with the statements of Cosmic Awareness. The interpreters interpret the energies as they see them in trance levels and are not personally responsible for what is said. The interpreters published herein have no connection with, nor control over the editorial comments and material, including illustrations. This is entirely the responsibility of the editor. Members of C.A.C. are invited to send in questions of general interest to ask Awareness for possible publication in this newsletter.

—HOW TO GET THIS NEWSLETTER BY MAIL— EVERY 4 WEEKS! (More or Less)

REVELATIONS OF AWARENESS is a cosmic newsletter, published by Cosmic Awareness Communications, P.O. Box 115, Olympia, Washington, 98507, U.S.A. (A not-for-profit organization). Membership fees and donations are deductible from your Federal Income Tax. Try to remember Cosmic Awareness in your will if you wish to have these messages preserved and available to others in years to come. ("How many have you served, and how well?" is the question we will all be asked at the Passing Over).

MEMBERSHIPS AVAILABLE (Honor System)

INDIVIDUAL: \$42 per year or \$12 quarterly
 FAMILY: \$52 per year or \$20 quarterly
 CONTRIBUTING: \$77 per year or \$25 quarterly
 SPONSORING: \$144 per year or \$40 per quarter
 BENEFACTOR: \$500 per year or \$150 per quarter
 PATRON: \$1000 per year or \$250 per quarter
 ANGEL: \$5000 per year or \$1500 per quarter
 LIMITED INCOME: \$30 PER YEAR OR \$9.00 QUARTERLY